



**Friday, May 8, 2020**  
**Gold Retreat Star**

Vrischika Rasi: 8.45      Tithi 17

277234469

Creative Work    Siddha Yoga  
Until 7:03PM  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Parigha\* Yoga Tailila/Gara Karana Dvityayam Titau

**Gulika**    6:48AM – 8:36AM  
Yama        3:45PM – 5:32PM  
**Rahu**       10:23AM – 12:10PM

**Anuradha Until 7:03PM**  
Parigha\* Until 10:03PM  
Tailila Until 12:07PM  
**Dvitiya Until 10:46PM**

**Ganesha:** Purple      *Sunrise:* 5:01AM  
**Muruqa:** Clear        *Sunset:* 7:19PM  
**Nataraja:** Clear  
Moon – Orange

**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Des Moines, IA  
Sutra 26  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**1**

**Saturday, May 9, 2020**

Vrischika Rasi: 23.11      Tithi 18

277234469

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Vanija/Visli\* Karana Tritiyayam Titau

**Gulika**    5:00AM – 6:48AM  
Yama        1:58PM – 3:45PM  
**Rahu**       8:35AM – 10:23AM

**Jyeshtha\* Until 5:23PM**  
Shiva Until 7:10PM  
Vanija Until 9:37AM  
**Tritiya Until 8:35PM**

**Ganesha:** Purple      *Sunrise:* 5:00AM  
**Muruqa:** Clear        *Sunset:* 7:20PM  
**Nataraja:** Clear  
Moon – Orange

**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Des Moines, IA  
Sun 1      Sutra 27  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**2**

**Sunday, May 10, 2020**

Dhanus Rasi: 7.13      Tithi 19

287234469

Creative Work    Amrita Yoga  
Until 4:42PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthiyam Titau

**Gulika**    3:46PM – 5:33PM  
Yama        12:10PM – 1:58PM  
**Rahu**       5:33PM – 7:21PM

**Mula\* Until 4:42PM**  
Siddha Until 4:50PM  
Bava Until 7:46AM  
**Chaturthi\* Until 7:06PM**

**Ganesha:** Clear        *Sunrise:* 4:59AM  
**Muruqa:** Clear        *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon – Light Blue

**Vaisaka-Chaitra**

**Devaloka Day**

Des Moines, IA  
Sun 2      Sutra 28  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**3**

**Monday, May 11, 2020**

Dhanus Rasi: 20.47      Tithi 20

288244469

**Family Home Evening**  
Routine Work    Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya/Subha Yoga Kaulava/Tailila Karana Panchamyam Titau

**Gulika**    1:58PM – 3:46PM  
Yama        10:22AM – 12:10PM  
**Rahu**       6:46AM – 8:34AM

**Purvashadha\* Until 4:39PM**  
Sadhya Until 3:10PM  
Kaulava Until 6:40AM  
**Panchami Until 6:24PM**

**Ganesha:** Purple      *Sunrise:* 4:58AM  
**Muruqa:** Orange      *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon – Light Blue

**Vaisaka-Chaitra**

**Sivaloka Day**

Des Moines, IA  
Sun 3      Sutra 29  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**4**

**Tuesday, May 12, 2020**

Makara Rasi: 3.53      Tithi 21

288244469

Routine Work    Prabalarishta Yoga  
Until 5:15PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shashthiyam Titau

**Gulika**    12:10PM – 1:58PM  
Yama        8:33AM – 10:22AM  
**Rahu**       3:47PM – 5:35PM

**Uttarashadha Until 5:15PM**  
Subha Until 2:08PM  
Gara Until 6:23AM  
**Shashthi\* Until 6:32PM**

**Ganesha:** Purple      *Sunrise:* 4:57AM  
**Muruqa:** Orange      *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon – Light Blue

**Vaisaka-Chaitra**

**Sivaloka Day**

Des Moines, IA  
Sun 4      Sutra 30  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**5**

**Wednesday, May 13, 2020**

Makara Rasi: 16.37      Tithi 22

298244469

Creative Work    Siddha Yoga  
Until 6:55PM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vistli\*/Bava Karana Saptamyam Titau

**Gulika**    10:21AM – 12:10PM  
Yama        6:44AM – 8:33AM  
**Rahu**       12:10PM – 1:59PM

**Shravana Until 6:55PM**  
Sukla Until 1:42PM  
Vistli Until 6:54AM  
**Saptami Until 7:25PM**

**Ganesha:** Clear        *Sunrise:* 4:56AM  
**Muruqa:** Orange      *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon – Purple

**Vaisaka-Chaitra**

**Devaloka Day**

**Chidambaram Abhishekam**

Des Moines, IA  
Sun 5      Sutra 31  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**D**

**Thursday, May 14, 2020**  
**Retreat Star**

Makara Rasi: 29.01      Tithi 23

298244469

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    8:32AM – 10:21AM  
Yama        4:55AM – 6:44AM  
**Rahu**       1:59PM – 3:48PM

**Dhanishtha Until 9:03PM**  
Brahma Until 1:49PM  
Balava Until 8:08AM  
**Ashtami\* Until 8:57PM**

**Ganesha:** Clear        *Sunrise:* 4:55AM  
**Muruqa:** Orange      *Sunset:* 7:25PM  
**Nataraja:** Clear  
Moon – Purple

**Vaisaka-Vaikasi**

**Devaloka Day**

Des Moines, IA  
Sun 6      Sutra 32  
Sarvari 5122  
Moon 5 - Phase 4  
Ashtami

**Friday, May 15, 2020**  
**Retreat Star**

Kumbha Rasi: 11.1      Tithi 24

298244469

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Indra/Vaidhrili\* Yoga Tailila/Gara Karana Navamyam Titau

**Gulika**    6:43AM – 8:32AM  
Yama        3:48PM – 5:37PM  
**Rahu**       10:21AM – 12:10PM

**Shatabhishak Until 11:28PM**  
Indra Until 2:20PM  
Tailila Until 9:56AM  
**Navami\* Until 10:57PM**

**Ganesha:** Clear        *Sunrise:* 4:54AM  
**Muruqa:** Orange      *Sunset:* 7:26PM  
**Nataraja:** Clear  
Moon – Purple

**Vaisaka-Vaikasi**

**Devaloka Day**

Des Moines, IA  
Sun 7      Sutra 33  
Sarvari 5122  
Moon 5 - Phase 4  
Navami

|                                  |             |                                        |                                           |                                                                                                                                                                                                     |                        |                                     |  |
|----------------------------------|-------------|----------------------------------------|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-------------------------------------|--|
| <b>1</b>                         |             | <b>Saturday, May 16, 2020</b>          |                                           | Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visiti* Karana Dashamyam Titau |                        | Des Moines, IA<br>Sun 8<br>Sutra 34 |  |
| Kumbha Rasi: 23.1                | Tithi 25    | <b>Gulika</b> 4:53AM – 6:42AM          | <b>Purvaproshtapada* Until 2:29AM Sun</b> | <b>Ganesha:</b> Red                                                                                                                                                                                 | <i>Sunrise:</i> 4:53AM | Sarvari 5122                        |  |
|                                  |             | Yama 1:59PM – 3:49PM                   | Vaidhriti* Until 3:06PM                   | <b>Muruqa:</b> Orange                                                                                                                                                                               | <i>Sunset:</i> 7:27PM  | Moon 5 - Phase 5                    |  |
|                                  |             | 218244469 <b>Rahu</b> 8:31AM – 10:21AM | Vanija Until 12:06PM                      | <b>Nataraja:</b> Clear                                                                                                                                                                              |                        | 2nd Phase                           |  |
| Routine Work                     | Marana Yoga |                                        | <b>Dashami Until 1:14AM Sun</b>           | Moon – Clear                                                                                                                                                                                        |                        | <b>Devaloka Day</b>                 |  |
| Until 2:29AM Sun                 |             |                                        |                                           |                                                                                                                                                                                                     |                        | <b>Vaisaka-Vaikasi</b>              |  |
| Then Creative Work - Amrita Yoga |             |                                        |                                           |                                                                                                                                                                                                     |                        |                                     |  |

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| <b>2</b>                         |             | <b>Sunday, May 17, 2020</b>           |                                           | Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau |                        | Des Moines, IA<br>Sun 9<br>Sutra 35 |  |
| Meena Rasi: 5.04                 | Tithi 26    | <b>Gulika</b> 3:49PM – 5:39PM         | <b>Uttaraproshtapada Until 5:26AM Mon</b> | <b>Ganesha:</b> Red                                                                                                                                                                           | <i>Sunrise:</i> 4:52AM | Sarvari 5122                        |  |
|                                  |             | Yama 12:10PM – 2:00PM                 | Vishkambha* Until 4:00PM                  | <b>Muruqa:</b> Orange                                                                                                                                                                         | <i>Sunset:</i> 7:28PM  | Moon 5 - Phase 5                    |  |
|                                  |             | 218244469 <b>Rahu</b> 5:39PM – 7:28PM | Bava Until 2:27PM                         | <b>Nataraja:</b> Clear                                                                                                                                                                        |                        | 2nd Phase                           |  |
| Creative Work                    | Amrita Yoga |                                       | <b>Ekadashi* Until 3:38AM Mon</b>         | Moon – Clear                                                                                                                                                                                  |                        | <b>Devaloka Day</b>                 |  |
| Until 5:26AM Mon                 |             |                                       |                                           |                                                                                                                                                                                               |                        | <b>Vaisaka-Vaikasi</b>              |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                           |                                                                                                                                                                                               |                        |                                     |  |

|                            |             |                                       |                                   |                                                                                                                                                                                    |                        |                                      |  |
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| <b>3</b>                   |             | <b>Monday, May 18, 2020</b>           |                                   | Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Priti/Ayushman Yoga Kaulava/Tailita Karana Dvadashyam Titau |                        | Des Moines, IA<br>Sun 10<br>Sutra 36 |  |
| Meena Rasi: 16.56          | Tithi 27    | <b>Gulika</b> 2:00PM – 3:50PM         | <b>Revati Until 8:10AM Tue</b>    | <b>Ganesha:</b> Green                                                                                                                                                              | <i>Sunrise:</i> 4:51AM | Sarvari 5122                         |  |
| <b>Family Home Evening</b> |             | Yama 10:20AM – 12:10PM                | Priti Until 4:56PM                | <b>Muruqa:</b> Orange                                                                                                                                                              | <i>Sunset:</i> 7:29PM  | Moon 5 - Phase 5                     |  |
|                            |             | 219244469 <b>Rahu</b> 6:41AM – 8:31AM | Kaulava Until 4:51PM              | <b>Nataraja:</b> Clear                                                                                                                                                             |                        | 2nd Phase                            |  |
| Creative Work              | Siddha Yoga |                                       | <b>Dvadashi* Until 5:59AM Tue</b> | Moon – Clear                                                                                                                                                                       |                        | <b>Bhuloka Day</b>                   |  |
|                            |             |                                       |                                   |                                                                                                                                                                                    |                        | <b>Devaloka Time: 3:PM to 6:PM</b>   |  |

|                  |             |                                       |                                     |                                                                                                                                                                                          |                        |                                      |  |
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| <b>4</b>         |             | <b>Tuesday, May 19, 2020</b>          |                                     | Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Gara Karana Trayodashyam Titau |                        | Des Moines, IA<br>Sun 11<br>Sutra 37 |  |
| Meena Rasi: 28.5 | Tithi 28    | <b>Gulika</b> 12:10PM – 2:00PM        | <b>Revati Until 8:10AM</b>          | <b>Ganesha:</b> Green                                                                                                                                                                    | <i>Sunrise:</i> 4:50AM | Sarvari 5122                         |  |
|                  |             | Yama 8:30AM – 10:20AM                 | Ayushman Until 5:46PM               | <b>Muruqa:</b> Orange                                                                                                                                                                    | <i>Sunset:</i> 7:30PM  | Moon 5 - Phase 5                     |  |
|                  |             | 219244469 <b>Rahu</b> 3:50PM – 5:40PM | Gara Until 7:08PM                   | <b>Nataraja:</b> Clear                                                                                                                                                                   |                        | 2nd Phase                            |  |
| Creative Work    | Siddha Yoga |                                       | <b>Trayodashi* Until 8:10AM Wed</b> | Moon – Clear                                                                                                                                                                             |                        | <b>Bhuloka Day</b>                   |  |
|                  |             |                                       |                                     |                                                                                                                                                                                          |                        | <b>Devaloka Time: 3:PM to 6:PM</b>   |  |
|                  |             |                                       |                                     |                                                                                                                                                                                          |                        | <b>Vaisaka-Vaikasi</b>               |  |
|                  |             |                                       |                                     |                                                                                                                                                                                          |                        | <i>Pradosha Vrata (Fasting)</i>      |  |

|                                  |               |                                        |                                 |                                                                                                                                                                                                      |                        |                                      |  |
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| <b>5</b>                         |               | <b>Wednesday, May 20, 2020</b>         |                                 | Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Saubhagya Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau |                        | Des Moines, IA<br>Sun 12<br>Sutra 38 |  |
| Mesha Rasi: 10.47                | Tithi 28 – 29 | <b>Gulika</b> 10:20AM – 12:10PM        | <b>Ashvini Until 11:04AM</b>    | <b>Ganesha:</b> White                                                                                                                                                                                | <i>Sunrise:</i> 4:49AM | Sarvari 5122                         |  |
|                                  |               | Yama 6:40AM – 8:30AM                   | Saubhagya Until 6:27PM          | <b>Muruqa:</b> Orange                                                                                                                                                                                | <i>Sunset:</i> 7:31PM  | Moon 5 - Phase 5                     |  |
|                                  |               | 229244469 <b>Rahu</b> 12:10PM – 2:00PM | Visiti Until 9:11PM             | <b>Nataraja:</b> Clear                                                                                                                                                                               |                        | 2nd Phase                            |  |
| Routine Work                     | Marana Yoga   |                                        | <b>Trayodashi* Until 8:10AM</b> | Moon – White                                                                                                                                                                                         |                        | <b>Bhuloka Day</b>                   |  |
| Until 11:04AM                    |               |                                        |                                 |                                                                                                                                                                                                      |                        | <b>Devaloka Time: 3:PM to 6:PM</b>   |  |
| Then Creative Work - Siddha Yoga |               |                                        |                                 |                                                                                                                                                                                                      |                        | <b>Vaisaka-Vaikasi</b>               |  |

|                                 |               |                                       |                                   |                                                                                                                                                                                                       |                        |                                      |  |
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| <b>Retreat Star</b>             |               | <b>Thursday, May 21, 2020</b>         |                                   | Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Des Moines, IA<br>Sun 13<br>Sutra 39 |  |
| Mesha Rasi: 22.51               | Tithi 29 – 30 | <b>Gulika</b> 8:29AM – 10:20AM        | <b>Bharani Until 1:31PM</b>       | <b>Ganesha:</b> White                                                                                                                                                                                 | <i>Sunrise:</i> 4:49AM | Sarvari 5122                         |  |
|                                 |               | Yama 4:49AM – 6:39AM                  | Sobhana Until 6:54PM              | <b>Muruqa:</b> Orange                                                                                                                                                                                 | <i>Sunset:</i> 7:32PM  | Moon 5 - Phase 5                     |  |
|                                 |               | 229244469 <b>Rahu</b> 2:01PM – 3:51PM | Catuspada Until 10:56PM           | <b>Nataraja:</b> Clear                                                                                                                                                                                |                        | Amavasya                             |  |
| Creative Work                   | Siddha Yoga   |                                       | <b>Chaturdashi* Until 10:05AM</b> | Moon – White                                                                                                                                                                                          |                        | <b>Bhuloka Day</b>                   |  |
| Until 1:31PM                    |               |                                       |                                   |                                                                                                                                                                                                       |                        | <b>Devaloka Time: 3:PM to 6:PM</b>   |  |
| Then Routine Work - Marana Yoga |               |                                       |                                   |                                                                                                                                                                                                       |                        | <b>Vaisaka-Vaikasi</b>               |  |

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| <b>Retreat Star</b>             |              | <b>Friday, May 22, 2020</b>             |                                | Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Des Moines, IA<br>Sun 14<br>Sutra 40 |  |
| Vrishabha Rasi: 5.02            | Tithi 30 – 1 | <b>Gulika</b> 6:39AM – 8:29AM           | <b>Krittika Until 3:29PM</b>   | <b>Ganesha:</b> White                                                                                                                                                                             | <i>Sunrise:</i> 4:48AM | Sarvari 5122                         |  |
|                                 |              | Yama 3:52PM – 5:42PM                    | Athiganda* Until 7:03PM        | <b>Muruqa:</b> Orange                                                                                                                                                                             | <i>Sunset:</i> 7:33PM  | Moon 5 - Phase 5                     |  |
|                                 |              | 229244469 <b>Rahu</b> 10:20AM – 12:10PM | Kintughna Until 12:18AM Sat    | <b>Nataraja:</b> Clear                                                                                                                                                                            |                        | Prathama                             |  |
| Creative Work                   | Siddha Yoga  |                                         | <b>Amavasya* Until 11:39AM</b> | Moon – White                                                                                                                                                                                      |                        | <b>Bhuloka Day</b>                   |  |
| Until 3:29PM                    |              |                                         |                                |                                                                                                                                                                                                   |                        | <b>Devaloka Time: 3:PM to 6:PM</b>   |  |
| Then Routine Work - Marana Yoga |              |                                         |                                |                                                                                                                                                                                                   |                        | <b>Jyeshtha-Vaikasi</b>              |  |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

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| <b>1</b>                         |             | <b>Saturday, May 23, 2020</b>          |                                | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        | Des Moines, IA<br>Sun 15 Sutra 41 |  |
| Vrishabha Rasi: 17.24            | Tithi 1 – 2 | <b>Gulika</b> 4:47AM – 6:38AM          | <b>Rohini</b> Until 5:22PM     | <b>Ganesha:</b> Green                                                                                                                                                                    | <i>Sunrise:</i> 4:47AM | Sarvari 5122                      |  |
|                                  |             | Yama 2:01PM – 3:52PM                   | Sukarma Until 6:54PM           | <b>Muruga:</b> Orange                                                                                                                                                                    | <i>Sunset:</i> 7:34PM  | Moon 5 - Phase 6                  |  |
|                                  |             | 239244469 <b>Rahu</b> 8:29AM – 10:20AM | Balava Until 1:15AM Sun        | <b>Nataraja:</b> Clear                                                                                                                                                                   |                        | 3rd Phase                         |  |
| Creative Work                    | Amrita Yoga |                                        | <b>Prathama*</b> Until 12:49PM | Moon – Yellow                                                                                                                                                                            |                        | <b>Bhuloka Day</b>                |  |
| Until 5:22PM                     |             |                                        |                                | <b>Jyeshtha-Vaikasi</b>                                                                                                                                                                  |                        | Devaloka Time: 3:PM to 6:PM       |  |
| Then Creative Work - Siddha Yoga |             |                                        |                                |                                                                                                                                                                                          |                        |                                   |  |

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| <b>2</b>              |             | <b>Sunday, May 24, 2020</b>           |                                | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Des Moines, IA<br>Sun 16 Sutra 42 |  |
| Vrishabha Rasi: 29.57 | Tithi 2 – 3 | <b>Gulika</b> 3:53PM – 5:44PM         | <b>Mrigashira</b> Until 6:40PM | <b>Ganesha:</b> Green                                                                                                                                                               | <i>Sunrise:</i> 4:46AM | Sarvari 5122                      |  |
|                       |             | Yama 12:11PM – 2:02PM                 | Dhriti Until 6:25PM            | <b>Muruga:</b> Orange                                                                                                                                                               | <i>Sunset:</i> 7:35PM  | Moon 5 - Phase 6                  |  |
|                       |             | 239244469 <b>Rahu</b> 5:44PM – 7:35PM | Taitila Until 1:46AM Mon       | <b>Nataraja:</b> Clear                                                                                                                                                              |                        | 3rd Phase                         |  |
| Creative Work         | Siddha Yoga |                                       | <b>Dvitiya</b> Until 1:33PM    | Moon – Yellow                                                                                                                                                                       |                        | <b>Bhuloka Day</b>                |  |
|                       |             |                                       |                                | <b>Jyeshtha-Vaikasi</b>                                                                                                                                                             |                        | Devaloka Time: 3:PM to 6:PM       |  |

|                                  |             |                                       |                             |                                                                                                                                                                                   |                        |                                   |  |
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| <b>3</b>                         |             | <b>Monday, May 25, 2020</b>           |                             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                        | Des Moines, IA<br>Sun 17 Sutra 43 |  |
| Mithuna Rasi: 12.42              | Tithi 3 – 4 | <b>Gulika</b> 2:02PM – 3:53PM         | <b>Ardra</b> Until 7:23PM   | <b>Ganesha:</b> White                                                                                                                                                             | <i>Sunrise:</i> 4:46AM | Sarvari 5122                      |  |
| <b>Family Home Evening</b>       |             | Yama 10:19AM – 12:11PM                | Shula* Until 5:34PM         | <b>Muruga:</b> Orange                                                                                                                                                             | <i>Sunset:</i> 7:35PM  | Moon 5 - Phase 6                  |  |
|                                  |             | 339244469 <b>Rahu</b> 6:37AM – 8:28AM | Vanija Until 1:49AM Tue     | <b>Nataraja:</b> Clear                                                                                                                                                            |                        | 3rd Phase                         |  |
| Creative Work                    | Siddha Yoga |                                       | <b>Tritiya</b> Until 1:49PM | Moon – Yellow                                                                                                                                                                     |                        | <b>Bhuloka Day</b>                |  |
| Until 7:23PM                     |             |                                       |                             | <b>Jyeshtha-Vaikasi</b>                                                                                                                                                           |                        | Devaloka Time: 3:PM to 6:PM       |  |
| Then Creative Work - Amrita Yoga |             |                                       |                             |                                                                                                                                                                                   |                        |                                   |  |

|                    |             |                                       |                                |                                                                                                                                                                                            |                        |                                   |  |
|--------------------|-------------|---------------------------------------|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-----------------------------------|--|
| <b>4</b>           |             | <b>Tuesday, May 26, 2020</b>          |                                | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Des Moines, IA<br>Sun 18 Sutra 44 |  |
| Mithuna Rasi: 25.4 | Tithi 4 – 5 | <b>Gulika</b> 12:11PM – 2:02PM        | <b>Punarvasu</b> Until 7:57PM  | <b>Ganesha:</b> Purple                                                                                                                                                                     | <i>Sunrise:</i> 4:45AM | Sarvari 5122                      |  |
|                    |             | Yama 8:28AM – 10:19AM                 | Ganda* Until 4:21PM            | <b>Muruga:</b> Orange                                                                                                                                                                      | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 6                  |  |
|                    |             | 341244469 <b>Rahu</b> 3:54PM – 5:45PM | Bava Until 1:25AM Wed          | <b>Nataraja:</b> Clear                                                                                                                                                                     |                        | 3rd Phase                         |  |
| Creative Work      | Siddha Yoga |                                       | <b>Chaturthi*</b> Until 1:39PM | Moon – Blue                                                                                                                                                                                |                        | <b>Bhuloka Day</b>                |  |
|                    |             |                                       |                                | <b>Jyeshtha-Vaikasi</b>                                                                                                                                                                    |                        | Devaloka Time: 3:PM to 6:PM       |  |

|                   |             |                                        |                              |                                                                                                                                                                                         |                        |                                   |  |
|-------------------|-------------|----------------------------------------|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-----------------------------------|--|
| <b>5</b>          |             | <b>Wednesday, May 27, 2020</b>         |                              | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Des Moines, IA<br>Sun 19 Sutra 45 |  |
| Kataka Rasi: 8.53 | Tithi 5 – 6 | <b>Gulika</b> 10:19AM – 12:11PM        | <b>Pushya</b> Until 7:55PM   | <b>Ganesha:</b> Purple                                                                                                                                                                  | <i>Sunrise:</i> 4:45AM | Sarvari 5122                      |  |
|                   |             | Yama 6:36AM – 8:28AM                   | Vridhhi Until 2:48PM         | <b>Muruga:</b> Orange                                                                                                                                                                   | <i>Sunset:</i> 7:37PM  | Moon 5 - Phase 6                  |  |
|                   |             | 341244469 <b>Rahu</b> 12:11PM – 2:02PM | Kaulava Until 12:33AM Thu    | <b>Nataraja:</b> Clear                                                                                                                                                                  |                        | 3rd Phase                         |  |
| Creative Work     | Siddha Yoga |                                        | <b>Panchami</b> Until 1:01PM | Moon – Blue                                                                                                                                                                             |                        | <b>Bhuloka Day</b>                |  |
|                   |             |                                        |                              | <b>Jyeshtha-Vaikasi</b>                                                                                                                                                                 |                        | Devaloka Time: 3:PM to 6:PM       |  |

|                                  |             |                                       |                                |                                                                                                                                                                                          |                        |                                   |  |
|----------------------------------|-------------|---------------------------------------|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-----------------------------------|--|
| <b>6</b>                         |             | <b>Thursday, May 28, 2020</b>         |                                | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        | Des Moines, IA<br>Sun 20 Sutra 46 |  |
| Kataka Rasi: 22.2                | Tithi 6 – 7 | <b>Gulika</b> 8:27AM – 10:19AM        | <b>Ashlesha*</b> Until 7:17PM  | <b>Ganesha:</b> Purple                                                                                                                                                                   | <i>Sunrise:</i> 4:44AM | Sarvari 5122                      |  |
|                                  |             | Yama 4:44AM – 6:36AM                  | Dhruva Until 12:51PM           | <b>Muruga:</b> Orange                                                                                                                                                                    | <i>Sunset:</i> 7:38PM  | Moon 5 - Phase 6                  |  |
|                                  |             | 341244469 <b>Rahu</b> 2:03PM – 3:54PM | Gara Until 11:14PM             | <b>Nataraja:</b> Clear                                                                                                                                                                   |                        | 3rd Phase                         |  |
| Creative Work                    | Siddha Yoga |                                       | <b>Shashthi*</b> Until 11:56AM | Moon – Blue                                                                                                                                                                              |                        | <b>Bhuloka Day</b>                |  |
| Until 7:17PM                     |             |                                       |                                | <b>Jyeshtha-Vaikasi</b>                                                                                                                                                                  |                        | Devaloka Time: 3:PM to 6:PM       |  |
| Then Creative Work - Amrita Yoga |             |                                       |                                |                                                                                                                                                                                          |                        |                                   |  |

|                                  |             |                                         |                              |                                                                                                                                                                                          |                        |                                   |  |
|----------------------------------|-------------|-----------------------------------------|------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-----------------------------------|--|
| <b>Friday, May 29, 2020</b>      |             | <b>Retreat Star</b>                     |                              | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Des Moines, IA<br>Sun 21 Sutra 47 |  |
| Simha Rasi: 6.04                 | Tithi 7 – 8 | <b>Gulika</b> 6:35AM – 8:27AM           | <b>Magha*</b> Until 6:30PM   | <b>Ganesha:</b> Purple                                                                                                                                                                   | <i>Sunrise:</i> 4:43AM | Sarvari 5122                      |  |
|                                  |             | Yama 3:55PM – 5:47PM                    | Vyaghata* Until 10:33AM      | <b>Muruga:</b> Orange                                                                                                                                                                    | <i>Sunset:</i> 7:39PM  | Moon 5 - Phase 6                  |  |
|                                  |             | 351344469 <b>Rahu</b> 10:19AM – 12:11PM | Visti Until 9:29PM           | <b>Nataraja:</b> Clear                                                                                                                                                                   |                        | Ashtami                           |  |
| Routine Work                     | Marana Yoga |                                         | <b>Saptami</b> Until 10:24AM | Moon – Red                                                                                                                                                                               |                        | <b>Sivaloka Day</b>               |  |
| Until 6:30PM                     |             |                                         |                              | <b>Jyeshtha-Vaikasi</b>                                                                                                                                                                  |                        |                                   |  |
| Then Creative Work - Siddha Yoga |             |                                         |                              |                                                                                                                                                                                          |                        |                                   |  |

|                                 |             |                                        |                                   |                                                                                                                                                                                                          |                        |                                   |  |
|---------------------------------|-------------|----------------------------------------|-----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-----------------------------------|--|
| <b>Saturday, May 30, 2020</b>   |             | <b>Retreat Star</b>                    |                                   | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Des Moines, IA<br>Sun 22 Sutra 48 |  |
| Simha Rasi: 20.03               | Tithi 8 – 9 | <b>Gulika</b> 4:43AM – 6:35AM          | <b>Purvaphalguni</b> Until 5:11PM | <b>Ganesha:</b> Purple                                                                                                                                                                                   | <i>Sunrise:</i> 4:43AM | Sarvari 5122                      |  |
|                                 |             | Yama 2:03PM – 3:55PM                   | Harshana Until 7:55AM             | <b>Muruga:</b> Orange                                                                                                                                                                                    | <i>Sunset:</i> 7:40PM  | Moon 5 - Phase 6                  |  |
|                                 |             | 351344469 <b>Rahu</b> 8:27AM – 10:19AM | Balava Until 7:20PM               | <b>Nataraja:</b> Clear                                                                                                                                                                                   |                        | Navami                            |  |
| Creative Work                   | Siddha Yoga |                                        | <b>Ashtami*</b> Until 8:26AM      | Moon – Red                                                                                                                                                                                               |                        | <b>Sivaloka Day</b>               |  |
| Until 5:11PM                    |             |                                        |                                   | <b>Jyeshtha-Vaikasi</b>                                                                                                                                                                                  |                        |                                   |  |
| Then Routine Work - Marana Yoga |             |                                        |                                   |                                                                                                                                                                                                          |                        |                                   |  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


|          |                             |                                       |                                                                                                 |                                    |                        |                        |                  |
|----------|-----------------------------|---------------------------------------|-------------------------------------------------------------------------------------------------|------------------------------------|------------------------|------------------------|------------------|
| <b>1</b> | <b>Sunday, May 31, 2020</b> |                                       | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                    |                        |                        | Des Moines, IA   |
|          |                             |                                       | Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Gara Karana Navami/Dashamyam Titau           |                                    |                        |                        | Sun 23 Sutra 49  |
|          | Kanya Rasi: 4.17            | Tithi 9 – 10                          | <b>Gulika</b> 3:56PM – 5:48PM                                                                   | <b>Uttaraphalguni</b> Until 3:21PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:42AM | Sarvari 5122     |
|          | Creative Work               | Amrita Yoga                           | Yama 12:11PM – 2:04PM                                                                           | Siddhi Until 1:45AM Mon            | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 7:40PM  | Moon 5 - Phase 7 |
|          |                             | 351344469 <b>Rahu</b> 5:48PM – 7:40PM | Gara Until 3:27AM Mon                                                                           | <b>Nataraja:</b> Clear             |                        | 4th Phase              |                  |
|          |                             |                                       | <b>Navami*</b> Until 6:06AM                                                                     | Moon – Red                         |                        | <b>Sivaloka Day</b>    |                  |
|          |                             |                                       |                                                                                                 | <b>Jyeshtha-Vaikasi</b>            |                        |                        |                  |

|               |                             |                                       |                                                                                                |                           |                       |                        |                  |
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| <b>2</b>      | <b>Monday, June 1, 2020</b> |                                       | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam |                           |                       |                        | Des Moines, IA   |
|               |                             |                                       | Hasta/Chitra Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau                   |                           |                       |                        | Sun 24 Sutra 50  |
|               | Kanya Rasi: 18.45           | Tithi 11                              | <b>Gulika</b> 2:04PM – 3:56PM                                                                  | <b>Hasta</b> Until 1:32PM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:42AM | Sarvari 5122     |
|               | <b>Family Home Evening</b>  |                                       | Yama 10:19AM – 12:12PM                                                                         | Vyatipata* Until 10:21PM  | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:41PM  | Moon 5 - Phase 7 |
| Creative Work | Siddha Yoga                 | 361344469 <b>Rahu</b> 6:34AM – 8:27AM | Vanija Until 2:04PM                                                                            | <b>Nataraja:</b> Clear    |                       | 4th Phase              |                  |
|               |                             |                                       | <b>Ekadashi</b> Until 12:35AM Tue                                                              | Moon – Green              |                       | <b>Devaloka Day</b>    |                  |
|               |                             |                                       |                                                                                                | <b>Jyeshtha-Vaikasi</b>   |                       |                        |                  |
|               |                             |                                       |                                                                                                |                           |                       |                        |                  |

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| <b>3</b> | <b>Tuesday, June 2, 2020</b> |                                       | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam |                             |                       |                        | Des Moines, IA   |
|          |                              |                                       | Chitra/Svati Nakshatra Variyan Yoga Bava/Balava Karana Dvadashyam Titau                           |                             |                       |                        | Sun 25 Sutra 51  |
|          | Tula Rasi: 3.22              | Tithi 12                              | <b>Gulika</b> 12:12PM – 2:04PM                                                                    | <b>Chitra</b> Until 11:24AM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:42AM | Sarvari 5122     |
|          | Creative Work                | Siddha Yoga                           | Yama 8:27AM – 10:19AM                                                                             | Variyan Until 6:50PM        | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:42PM  | Moon 5 - Phase 7 |
|          |                              | 361344469 <b>Rahu</b> 3:57PM – 5:49PM | Bava Until 11:07AM                                                                                | <b>Nataraja:</b> Clear      |                       | 4th Phase              |                  |
|          |                              |                                       | <b>Dvadashi</b> Until 9:36PM                                                                      | Moon – Green                |                       | <b>Devaloka Day</b>    |                  |
|          |                              |                                       |                                                                                                   | <b>Jyeshtha-Vaikasi</b>     |                       |                        |                  |

|          |                                |                                        |                                                                                                 |                           |                       |                        |                  |
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| <b>4</b> | <b>Wednesday, June 3, 2020</b> |                                        | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam |                           |                       |                        | Des Moines, IA   |
|          |                                |                                        | Svati/Vishakha Nakshatra Parigha* Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau          |                           |                       |                        | Sun 26 Sutra 52  |
|          | Tula Rasi: 18.02               | Tithi 13                               | <b>Gulika</b> 10:19AM – 12:12PM                                                                 | <b>Svati</b> Until 9:04AM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:41AM | Sarvari 5122     |
|          | Creative Work                  | Siddha Yoga                            | Yama 6:34AM – 8:27AM                                                                            | Parigha* Until 3:18PM     | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:42PM  | Moon 5 - Phase 7 |
|          |                                | 361344469 <b>Rahu</b> 12:12PM – 2:04PM | Kaulava Until 8:06AM                                                                            | <b>Nataraja:</b> Clear    |                       | 4th Phase              |                  |
|          |                                |                                        | <b>Trayodashi</b> Until 6:36PM                                                                  | Moon – Green              |                       | <b>Devaloka Day</b>    |                  |
|          |                                |                                        |                                                                                                 | <b>Jyeshtha-Vaikasi</b>   |                       |                        |                  |
|          |                                |                                        |                                                                                                 | <b>Vaikasi Visakam</b>    |                       |                        |                  |
|          |                                |                                        |                                                                                                 | <i>Pradosha Vrata</i>     |                       |                        |                  |

|          |                               |                                       |                                                                                                 |                              |                       |                        |                  |
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| <b>5</b> | <b>Thursday, June 4, 2020</b> |                                       | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  |                              |                       |                        | Des Moines, IA   |
|          |                               |                                       | Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                              |                       |                        | Sun 27 Sutra 53  |
|          | Vrischika Rasi: 2.4           | Tithi 14 – 15                         | <b>Gulika</b> 8:26AM – 10:19AM                                                                  | <b>Vishakha</b> Until 7:05AM | <b>Ganesha:</b> White | <i>Sunrise:</i> 4:41AM | Sarvari 5122     |
|          | Creative Work                 | Siddha Yoga                           | Yama 4:41AM – 6:34AM                                                                            | Shiva Until 11:54AM          | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:43PM  | Moon 5 - Phase 7 |
|          |                               | 371344461 <b>Rahu</b> 2:05PM – 3:58PM | Visti Until 2:26AM Fri                                                                          | <b>Nataraja:</b> Yellow      |                       | 4th Phase              |                  |
|          |                               |                                       | <b>Chaturdashi*</b> Until 3:45PM                                                                | Moon – Orange                |                       | <b>Sivaloka Day</b>    |                  |
|          |                               |                                       |                                                                                                 | <b>Jyeshtha-Vaikasi</b>      |                       |                        |                  |

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|-------------------------------------------------------------------------------------|-----------------------------|-----------------------------------------|---------------------------------------------------------------------------------------------------|-----------------------------------|------------------------|------------------------|------------------|
|  | <b>Friday, June 5, 2020</b> |                                         | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam |                                   |                        |                        | Des Moines, IA   |
|                                                                                     | <b>Copper Retreat Star</b>  |                                         | Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau               |                                   |                        |                        | Sutra 54         |
|                                                                                     | Vrischika Rasi: 17.08       | Tithi 15 – 16                           | <b>Gulika</b> 6:34AM – 8:26AM                                                                     | <b>Jyeshtha*</b> Until 3:31AM Sat | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:41AM | Sarvari 5122     |
|                                                                                     | Routine Work                | Marana Yoga                             | Yama 3:58PM – 5:51PM                                                                              | Siddha Until 8:40AM               | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 7:44PM  | Moon 5 - Phase 7 |
|                                                                                     |                             | 372344461 <b>Rahu</b> 10:19AM – 12:12PM | Balava Until 12:03AM Sat                                                                          | <b>Nataraja:</b> Yellow           |                        | Purnima                |                  |
|                                                                                     |                             |                                         | <b>Purnima*</b> Until 1:11PM                                                                      | Moon – Orange                     |                        | <b>Devaloka Day</b>    |                  |
|                                                                                     |                             |                                         |                                                                                                   | <b>Jyeshtha-Vaikasi</b>           |                        |                        |                  |
|                                                                                     |                             |                                         |                                                                                                   | <b>Penumbral Lunar Eclipse</b>    |                        |                        |                  |

|                               |                            |                                        |                                                                                                    |                               |                       |                             |                  |
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| <b>Saturday, June 6, 2020</b> | <b>Silver Retreat Star</b> |                                        | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam |                               |                       |                             | Des Moines, IA   |
|                               |                            |                                        | Mula* Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau                        |                               |                       |                             | Sutra 55         |
|                               | Dhanus Rasi: 1.22          | Tithi 16 – 17                          | <b>Gulika</b> 4:40AM – 6:33AM                                                                      | <b>Mula*</b> Until 2:37AM Sun | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 4:40AM      | Sarvari 5122     |
|                               | Creative Work              | Siddha Yoga                            | Yama 2:05PM – 3:58PM                                                                               | Subha Until 3:18AM Sun        | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:44PM       | Moon 5 - Phase 7 |
|                               |                            | 382344461 <b>Rahu</b> 8:26AM – 10:19AM | Taitila Until 10:09PM                                                                              | <b>Nataraja:</b> Yellow       |                       | Prathama                    |                  |
|                               |                            |                                        | <b>Prathama*</b> Until 11:01AM                                                                     | Moon – Light Blue             |                       | <b>Bhuloka Day</b>          |                  |
|                               |                            |                                        |                                                                                                    | <b>Jyeshtha-Vaikasi</b>       |                       | Devaloka Time: 3:PM to 6:PM |                  |



**Sunday, June 7, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA  
Sun 1 Sutra 56

Dhanus Rasi: 15.15 Tithi 17 - 18

382344461  
Gulika 3:59PM - 5:52PM  
Yama 12:13PM - 2:06PM  
Rahu 5:52PM - 7:45PM

**Purvashadha\* Until 2:13AM Mon**  
Sukla Until 1:19AM Mon  
Vanija Until 8:51PM  
**Dvitiya Until 9:24AM**

Ganesha: Blue Sunrise: 4:40AM  
Muruga: Orange Sunset: 7:45PM  
Nataraja: Yellow  
Moon - Light Blue  
Jyeshtha-Vaikasi

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga  
Until 2:13AM Mon  
Then Routine Work - Marana Yoga

**1**

**Monday, June 8, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Brahma Yoga Visi/7/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA  
Sun 2 Sutra 57

Dhanus Rasi: 28.46 Tithi 18 - 19

382344461  
Gulika 2:06PM - 3:59PM  
Yama 10:20AM - 12:13PM  
Rahu 6:33AM - 8:26AM

**Uttarashadha Until 2:20AM Tue**  
Brahma Until 11:55PM  
Bava Until 8:14PM  
**Tritiya Until 8:26AM**

Ganesha: Blue Sunrise: 4:40AM  
Muruga: Orange Sunset: 7:46PM  
Nataraja: Yellow  
Moon - Light Blue  
Jyeshtha-Vaikasi

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Family Home Evening**  
Routine Work Marana Yoga  
Until 2:20AM Tue  
Then Creative Work - Siddha Yoga

**2**

**Tuesday, June 9, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA  
Sun 3 Sutra 58

Makara Rasi: 11.53 Tithi 19 - 20

392344461  
Gulika 12:13PM - 2:06PM  
Yama 8:26AM - 10:20AM  
Rahu 4:00PM - 5:53PM

**Shravana Until 3:29AM Wed**  
Indra Until 11:06PM  
Kaulava Until 8:20PM  
**Chaturthi\* Until 8:11AM**

Ganesha: Red Sunrise: 4:40AM  
Muruga: Orange Sunset: 7:46PM  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga  
Until 3:29AM Wed  
Then Routine Work - Prabalarishta Yoga

**3**

**Wednesday, June 10, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA  
Sun 4 Sutra 59

Makara Rasi: 24.38 Tithi 20 - 21

392344461  
Gulika 10:20AM - 12:13PM  
Yama 6:33AM - 8:26AM  
Rahu 12:13PM - 2:06PM

**Dhanishtha Until 5:09AM Thu**  
Vaidhriti\* Until 10:48PM  
Gara Until 9:09PM  
**Panchami Until 8:39AM**

Ganesha: Red Sunrise: 4:40AM  
Muruga: Orange Sunset: 7:47PM  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Vaikasi

**Devaloka Day**

Routine Work Prabalarishta Yoga  
Until 5:09AM Thu  
Then Creative Work - Siddha Yoga

**4**

**Thursday, June 11, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Vishkambha\* Yoga Vanija/Visi\* Karana Shashthi/Saptamyam Titau

Des Moines, IA  
Sun 5 Sutra 60

Kumbha Rasi: 7.05 Tithi 21 - 22

392344461  
Gulika 8:26AM - 10:20AM  
Yama 4:40AM - 6:33AM  
Rahu 2:07PM - 4:00PM

**Shatabhishak Until 7:12AM Fri**  
Vishkambha\* Until 11:00PM  
Visi Until 10:35PM  
**Shashthi\* Until 9:47AM**

Ganesha: Red Sunrise: 4:40AM  
Muruga: Orange Sunset: 7:47PM  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

**5**

**Friday, June 12, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA  
Sun 6 Sutra 61

Kumbha Rasi: 19.18 Tithi 22 - 23

392344461  
Gulika 6:33AM - 8:26AM  
Yama 4:01PM - 5:54PM  
Rahu 10:20AM - 12:14PM

**Shatabhishak Until 7:12AM**  
Priti Until 11:34PM  
Balava Until 12:29AM Sat  
**Saptami Until 11:28AM**

Ganesha: Red Sunrise: 4:39AM  
Muruga: Orange Sunset: 7:48PM  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

**Saturday, June 13, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA  
Sun 7 Sutra 62

Meena Rasi: 1.2 Tithi 23 - 24

312344461  
Gulika 4:39AM - 6:33AM  
Yama 2:07PM - 4:01PM  
Rahu 8:27AM - 10:20AM

**Purvaprosarthapada\* Until 9:59AM**  
Ayushman Until 12:20AM Sun  
Taitila Until 2:41AM Sun  
**Ashtami\* Until 1:32PM**

Ganesha: Clear Sunrise: 4:39AM  
Muruga: Orange Sunset: 7:48PM  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga  
Until 9:59AM  
Then Creative Work - Siddha Yoga

|                   |               |                              |                                                                                              |                                                                                                                                                                                                 |                                                                                           |                                                 |  |                                                           |
|-------------------|---------------|------------------------------|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------|--|-----------------------------------------------------------|
| <b>1</b>          |               | <b>Sunday, June 14, 2020</b> |                                                                                              | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                                                                                           |                                                 |  | Des Moines, IA                                            |
| Meena Rasi: 13.16 | Tithi 24 – 25 |                              |                                                                                              |                                                                                                                                                                                                 |                                                                                           |                                                 |  | Sun 8                                                     |
|                   |               | 312344461                    | <b>Gulika</b> 4:01PM – 5:55PM<br><b>Yama</b> 12:14PM – 2:08PM<br><b>Rahu</b> 5:55PM – 7:48PM | <b>Uttaraproshtapada</b> Until 12:50PM<br>Saubhagya Until 1:14AM Mon<br>Vanija Until 5:00AM Mon<br>Navami* Until 3:49PM                                                                         | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon – Clear | <b>Sunrise:</b> 4:39AM<br><b>Sunset:</b> 7:48PM |  | Sutra 63<br>Sarvari 5122<br>Moon 6 - Phase 9<br>2nd Phase |
| Creative Work     | Amrita Yoga   |                              |                                                                                              |                                                                                                                                                                                                 |                                                                                           |                                                 |  | <b>Devaloka Day</b>                                       |

|                            |             |                              |                                                                                               |                                                                                                                                                                        |                                                                                           |                                                 |  |                                                           |
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| <b>2</b>                   |             | <b>Monday, June 15, 2020</b> |                                                                                               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sobhana Yoga Visti* Karana Dashamyam Titau |                                                                                           |                                                 |  | Des Moines, IA                                            |
| Meena Rasi: 25.1           | Tithi 25    |                              |                                                                                               |                                                                                                                                                                        |                                                                                           |                                                 |  | Sun 9                                                     |
| <b>Family Home Evening</b> |             | 312344461                    | <b>Gulika</b> 2:08PM – 4:01PM<br><b>Yama</b> 10:20AM – 12:14PM<br><b>Rahu</b> 6:33AM – 8:27AM | <b>Revati</b> Until 3:33PM<br>Sobhana Until 2:07AM Tue<br>Visti Until 6:08PM<br>Dashami Until 6:08PM                                                                   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon – Clear | <b>Sunrise:</b> 4:39AM<br><b>Sunset:</b> 7:49PM |  | Sutra 64<br>Sarvari 5122<br>Moon 6 - Phase 9<br>2nd Phase |
| Creative Work              | Siddha Yoga |                              |                                                                                               |                                                                                                                                                                        |                                                                                           |                                                 |  | <b>Devaloka Day</b>                                       |

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| <b>3</b>         |             | <b>Tuesday, June 16, 2020</b> |                                                                                               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau |                                                                                            |                                                 |  | Des Moines, IA                                            |
| Mesha Rasi: 7.05 | Tithi 26    |                               |                                                                                               |                                                                                                                                                                             |                                                                                            |                                                 |  | Sun 10                                                    |
|                  |             | 322344461                     | <b>Gulika</b> 12:14PM – 2:08PM<br><b>Yama</b> 8:27AM – 10:21AM<br><b>Rahu</b> 4:02PM – 5:55PM | <b>Ashvini</b> Until 6:29PM<br>Athiganda* Until 2:48AM Wed<br>Bava Until 7:15AM<br>Ekadashi* Until 8:17PM                                                                   | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon – White | <b>Sunrise:</b> 4:40AM<br><b>Sunset:</b> 7:49PM |  | Sutra 65<br>Sarvari 5122<br>Moon 6 - Phase 9<br>2nd Phase |
| Creative Work    | Siddha Yoga |                               |                                                                                               |                                                                                                                                                                             |                                                                                            |                                                 |  | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM         |

|                   |             |                                 |                                                                                                |                                                                                                                                                                             |                                                                                            |                                                 |  |                                                           |
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| <b>4</b>          |             | <b>Wednesday, June 17, 2020</b> |                                                                                                | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadashtyam Titau |                                                                                            |                                                 |  | Des Moines, IA                                            |
| Mesha Rasi: 19.06 | Tithi 27    |                                 |                                                                                                |                                                                                                                                                                             |                                                                                            |                                                 |  | Sun 11                                                    |
|                   |             | 322344461                       | <b>Gulika</b> 10:21AM – 12:15PM<br><b>Yama</b> 6:33AM – 8:27AM<br><b>Rahu</b> 12:15PM – 2:08PM | <b>Bharani</b> Until 8:57PM<br>Sukarma Until 3:15AM Thu<br>Kaulava Until 9:16AM<br>Dvadashti* Until 10:07PM                                                                 | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon – White | <b>Sunrise:</b> 4:40AM<br><b>Sunset:</b> 7:49PM |  | Sutra 66<br>Sarvari 5122<br>Moon 6 - Phase 9<br>2nd Phase |
| Creative Work     | Siddha Yoga |                                 |                                                                                                |                                                                                                                                                                             |                                                                                            |                                                 |  | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM         |

|                      |             |                                |                                                                                              |                                                                                                                                                                         |                                                                                                |                                                 |  |                                                           |
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| <b>5</b>             |             | <b>Thursday, June 18, 2020</b> |                                                                                              | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau |                                                                                                |                                                 |  | Des Moines, IA                                            |
| Vrishabha Rasi: 1.16 | Tithi 28    |                                |                                                                                              |                                                                                                                                                                         |                                                                                                |                                                 |  | Sun 12                                                    |
|                      |             | 323344461                      | <b>Gulika</b> 8:27AM – 10:21AM<br><b>Yama</b> 4:40AM – 6:33AM<br><b>Rahu</b> 2:09PM – 4:02PM | <b>Krittika</b> Until 10:50PM<br>Dhriti Until 3:21AM Fri<br>Gara Until 10:54AM<br>Trayodashi* Until 11:32PM                                                             | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon – White | <b>Sunrise:</b> 4:40AM<br><b>Sunset:</b> 7:50PM |  | Sutra 67<br>Sarvari 5122<br>Moon 6 - Phase 9<br>2nd Phase |
| Routine Work         | Marana Yoga |                                |                                                                                              |                                                                                                                                                                         |                                                                                                |                                                 |  | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM         |

|                       |             |                              |                                                                                               |                                                                                                                                                                            |                                                                                             |                                                 |  |                                                           |
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| <b>6</b>              |             | <b>Friday, June 19, 2020</b> |                                                                                               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                                                                             |                                                 |  | Des Moines, IA                                            |
| Vrishabha Rasi: 13.37 | Tithi 29    |                              |                                                                                               |                                                                                                                                                                            |                                                                                             |                                                 |  | Sun 13                                                    |
|                       |             | 333344461                    | <b>Gulika</b> 6:34AM – 8:27AM<br><b>Yama</b> 4:02PM – 5:56PM<br><b>Rahu</b> 10:21AM – 12:15PM | <b>Rohini</b> Until 12:33AM Sat<br>Shula* Until 3:01AM Sat<br>Visti Until 12:03PM<br>Chaturdashi* Until 12:25AM Sat                                                        | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon – Yellow | <b>Sunrise:</b> 4:40AM<br><b>Sunset:</b> 7:50PM |  | Sutra 68<br>Sarvari 5122<br>Moon 6 - Phase 9<br>2nd Phase |
| Routine Work          | Marana Yoga |                              |                                                                                               |                                                                                                                                                                            |                                                                                             |                                                 |  | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM         |

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| <b>●</b>              |             | <b>Saturday, June 20, 2020</b> |                                                                                              | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                                                                             |                                                 |  | Des Moines, IA                                           |
| <b>Retreat Star</b>   |             |                                |                                                                                              |                                                                                                                                                                                |                                                                                             |                                                 |  | Sun 14                                                   |
| Vrishabha Rasi: 26.12 | Tithi 30    |                                |                                                                                              |                                                                                                                                                                                |                                                                                             |                                                 |  | Sutra 69                                                 |
|                       |             | 333344461                      | <b>Gulika</b> 4:40AM – 6:34AM<br><b>Yama</b> 2:09PM – 4:03PM<br><b>Rahu</b> 8:28AM – 10:21AM | <b>Mrigashira</b> Until 1:33AM Sun<br>Ganda* Until 2:15AM Sun<br>Catuspada Until 12:40PM<br>Amavasya* Until 12:45AM Sun                                                        | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon – Yellow | <b>Sunrise:</b> 4:40AM<br><b>Sunset:</b> 7:50PM |  | Sutra 69<br>Sarvari 5122<br>Moon 6 - Phase 9<br>Amavasya |
| Creative Work         | Siddha Yoga |                                |                                                                                              |                                                                                                                                                                                |                                                                                             |                                                 |  | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM        |

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| <b>●</b>            |             | <b>Sunday, June 21, 2020</b> |                                                                                              | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau |                                                                                             |                                                 |  | Des Moines, IA                                           |
| <b>Retreat Star</b> |             |                              |                                                                                              |                                                                                                                                                                           |                                                                                             |                                                 |  | Sun 15                                                   |
| Mithuna Rasi: 9.04  | Tithi 1     |                              |                                                                                              |                                                                                                                                                                           |                                                                                             |                                                 |  | Sutra 70                                                 |
|                     |             | 333344461                    | <b>Gulika</b> 4:03PM – 5:57PM<br><b>Yama</b> 12:15PM – 2:09PM<br><b>Rahu</b> 5:57PM – 7:50PM | <b>Ardra</b> Until 1:53AM Mon<br>Vriddhi Until 1:05AM Mon<br>Kintughna Until 12:43PM<br>Prathama* Until 12:32AM Mon                                                       | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon – Yellow | <b>Sunrise:</b> 4:40AM<br><b>Sunset:</b> 7:50PM |  | Sutra 70<br>Sarvari 5122<br>Moon 6 - Phase 9<br>Prathama |
| Creative Work       | Siddha Yoga |                              |                                                                                              |                                                                                                                                                                           |                                                                                             |                                                 |  | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM        |

Father's Day  
Annular Solar Eclipse

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang

|                              |                                                                                                                                |                                                                                                                                                                           |                                                                                        |                                                                                                            |                                                                                                                                                                    |
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| <b>Monday, June 22, 2020</b> |                                                                                                                                | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                                                                        | Des Moines, IA<br>Sun 16<br>Sutra 71                                                                       |                                                                                                                                                                    |
| <b>1</b>                     | Mithuna Rasi: 22.1<br>Family Home Evening<br>Creative Work Amrita Yoga<br>Until 2:02AM Tue<br>Then Creative Work - Siddha Yoga | Tithi 2<br>343344461                                                                                                                                                      | <b>Gulika</b> 2:09PM – 4:03PM<br>Yama 10:22AM – 12:16PM<br><b>Rahu</b> 6:34AM – 8:28AM | <b>Punarvasu Until 2:02AM Tue</b><br>Dhruva Until 11:30PM<br>Balava Until 12:16PM<br>Dvitiya Until 11:50PM | Ganesha: Light Blue<br>Muruqa: Orange<br>Nataraja: Yellow<br>Moon – Blue<br>Sunrise: 4:41AM<br>Sunset: 7:51PM<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <b>Tuesday, June 23, 2020</b> |                                                | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau |                                                                                        | Des Moines, IA<br>Sun 17<br>Sutra 72                                                                       |                                                                                                                                                                |
| <b>2</b>                      | Kataka Rasi: 5.33<br>Creative Work Siddha Yoga | Tithi 3<br>343444461                                                                                                                                                       | <b>Gulika</b> 12:16PM – 2:10PM<br>Yama 8:28AM – 10:22AM<br><b>Rahu</b> 4:03PM – 5:57PM | <b>Pushya Until 1:37AM Wed</b><br>Vyaghata* Until 9:35PM<br>Taitila Until 11:21AM<br>Tritiya Until 10:43PM | Ganesha: Purple<br>Muruqa: Orange<br>Nataraja: Yellow<br>Moon – Blue<br>Sunrise: 4:41AM<br>Sunset: 7:51PM<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <b>Wednesday, June 24, 2020</b> |                                                                                                          | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Harshana Yoga Vanija/Visiti* Karana Chaturthiyam Titau |                                                                                         | Des Moines, IA<br>Sun 18<br>Sutra 73                                                                           |                                                                                                                                                                |
| <b>3</b>                        | Kataka Rasi: 19.09<br>Creative Work Siddha Yoga<br>Until 12:44AM Thu<br>Then Creative Work - Amrita Yoga | Tithi 4<br>343444461                                                                                                                                                           | <b>Gulika</b> 10:22AM – 12:16PM<br>Yama 6:35AM – 8:29AM<br><b>Rahu</b> 12:16PM – 2:10PM | <b>Ashlesha* Until 12:44AM Thu</b><br>Harshana Until 7:24PM<br>Vanija Until 10:02AM<br>Chaturthi* Until 9:15PM | Ganesha: Purple<br>Muruqa: Orange<br>Nataraja: Yellow<br>Moon – Blue<br>Sunrise: 4:41AM<br>Sunset: 7:51PM<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <b>Thursday, June 25, 2020</b> |                                                                                                    | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau |                                                                                       | Des Moines, IA<br>Sun 19<br>Sutra 74                                                             |                                                                                                                                |
| <b>4</b>                       | Simha Rasi: 2.57<br>Creative Work Amrita Yoga<br>Until 11:51PM<br>Then Creative Work - Siddha Yoga | Tithi 5<br>353444461                                                                                                                                                       | <b>Gulika</b> 8:29AM – 10:23AM<br>Yama 4:42AM – 6:35AM<br><b>Rahu</b> 2:10PM – 4:04PM | <b>Magha* Until 11:51PM</b><br>Vajra* Until 4:57PM<br>Bava Until 8:25AM<br>Panchami Until 7:29PM | Ganesha: Clear<br>Muruqa: Orange<br>Nataraja: Yellow<br>Moon – Red<br>Sunrise: 4:42AM<br>Sunset: 7:51PM<br><b>Devaloka Day</b> |

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| <b>Friday, June 26, 2020</b> |                                                | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau |                                                                                        | Des Moines, IA<br>Sun 20<br>Sutra 75                                                                        |                                                                                                                                |
| <b>5</b>                     | Simha Rasi: 16.55<br>Creative Work Siddha Yoga | Tithi 6 – 7<br>353444461                                                                                                                                                                        | <b>Gulika</b> 6:36AM – 8:29AM<br>Yama 4:04PM – 5:57PM<br><b>Rahu</b> 10:23AM – 12:16PM | <b>Purvaphalguni Until 10:38PM</b><br>Siddhi Until 2:20PM<br>Kaulava Until 6:33AM<br>Shashthi* Until 5:31PM | Ganesha: Clear<br>Muruqa: Orange<br>Nataraja: Yellow<br>Moon – Red<br>Sunrise: 4:42AM<br>Sunset: 7:51PM<br><b>Devaloka Day</b> |

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| <b>Saturday, June 27, 2020</b> |                                              | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau |                                                                                       | Des Moines, IA<br>Sun 21<br>Sutra 76                                                                              |                                                                                                                                |
| <b>6</b>                       | Kanya Rasi: 0.59<br>Routine Work Marana Yoga | Tithi 7 – 8<br>353444461                                                                                                                                                                           | <b>Gulika</b> 4:42AM – 6:36AM<br>Yama 2:10PM – 4:04PM<br><b>Rahu</b> 8:29AM – 10:23AM | <b>Uttaraphalguni Until 9:06PM</b><br>Vyatipata* Until 11:35AM<br>Visiti Until 2:16AM Sun<br>Saptami Until 3:22PM | Ganesha: Clear<br>Muruqa: Orange<br>Nataraja: Yellow<br>Moon – Red<br>Sunrise: 4:42AM<br>Sunset: 7:51PM<br><b>Devaloka Day</b> |

|                              |                                                                                                   |                                                                                                                                                                                     |                                                                                       |                                                                                                    |                                                                                                                                                                |
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| <b>Sunday, June 28, 2020</b> |                                                                                                   | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                                                                       | Des Moines, IA<br>Sun 22<br>Sutra 77                                                               |                                                                                                                                                                |
| <b>Retreat Star</b>          | Kanya Rasi: 15.1<br>Creative Work Amrita Yoga<br>Until 7:44PM<br>Then Creative Work - Siddha Yoga | Tithi 8 – 9<br>363444461                                                                                                                                                            | <b>Gulika</b> 4:04PM – 5:57PM<br>Yama 12:17PM – 2:10PM<br><b>Rahu</b> 5:57PM – 7:51PM | <b>Hasta Until 7:44PM</b><br>Variyan Until 8:41AM<br>Balava Until 11:57PM<br>Ashtami* Until 1:06PM | Ganesha: White<br>Muruqa: Orange<br>Nataraja: Yellow<br>Moon – Green<br>Sunrise: 4:43AM<br>Sunset: 7:51PM<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |


|                              |                                                                                                                                 |                                                                                                                                                                              |                                                                                        |                                                                                                       |                                                                                                                                                                |
|------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Monday, June 29, 2020</b> |                                                                                                                                 | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                                                                        | Des Moines, IA<br>Sun 23<br>Sutra 78                                                                  |                                                                                                                                                                |
| <b>Retreat Star</b>          | Kanya Rasi: 29.25<br>Family Home Evening<br>Routine Work Prabalarishta Yoga<br>Until 6:10PM<br>Then Creative Work - Amrita Yoga | Tithi 9 – 10<br>363444461                                                                                                                                                    | <b>Gulika</b> 2:10PM – 4:04PM<br>Yama 10:24AM – 12:17PM<br><b>Rahu</b> 6:37AM – 8:30AM | <b>Chitra Until 6:10PM</b><br>Shiva Until 2:46AM Tue<br>Taitila Until 9:35PM<br>Navami* Until 10:45AM | Ganesha: White<br>Muruqa: Orange<br>Nataraja: Yellow<br>Moon – Green<br>Sunrise: 4:43AM<br>Sunset: 7:51PM<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |


|                                 |                               |                             |                                                                                                    |                           |                       |                             |                   |
|---------------------------------|-------------------------------|-----------------------------|----------------------------------------------------------------------------------------------------|---------------------------|-----------------------|-----------------------------|-------------------|
| <b>1</b>                        | <b>Tuesday, June 30, 2020</b> |                             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam |                           |                       |                             | Des Moines, IA    |
|                                 |                               |                             | Svati/Vishakha Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau                   |                           |                       |                             | Sun 24 Sutra 79   |
|                                 | Tula Rasi: 13.41              | Tithi 10 – 11               | <b>Gulika</b> 12:17PM – 2:11PM                                                                     | <b>Svati</b> Until 4:27PM | <b>Ganesha:</b> White | <i>Sunrise:</i> 4:44AM      | Sarvari 5122      |
|                                 | 363444461                     |                             | Yama 8:30AM – 10:24AM                                                                              | Siddha Until 11:48PM      | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:51PM       | Moon 6 - Phase 11 |
|                                 |                               | <b>Rahu</b> 4:04PM – 5:57PM | Vanija Until 7:13PM                                                                                | <b>Nataraja:</b> Yellow   |                       | 4th Phase                   |                   |
| Creative Work                   | Siddha Yoga                   |                             | <b>Dashami</b> Until 8:23AM                                                                        | Moon – Green              |                       | <b>Bhuloka Day</b>          |                   |
| Until 4:27PM                    |                               |                             |                                                                                                    | <b>Ashada*Ani</b>         |                       | Devaloka Time: 3:PM to 6:PM |                   |
| Then Routine Work - Marana Yoga |                               |                             |                                                                                                    |                           |                       |                             |                   |

|               |                                |                              |                                                                                                  |                              |                        |                        |                   |
|---------------|--------------------------------|------------------------------|--------------------------------------------------------------------------------------------------|------------------------------|------------------------|------------------------|-------------------|
| <b>2</b>      | <b>Wednesday, July 1, 2020</b> |                              | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam |                              |                        |                        | Des Moines, IA    |
|               |                                |                              | Vishakha/Anuradha Nakshatra Sadhya Yoga Visti/Balava Karana Ekadashi/Dvodashyam Titau            |                              |                        |                        | Sun 25 Sutra 80   |
|               | Tula Rasi: 27.56               | Tithi 11 – 12                | <b>Gulika</b> 10:24AM – 12:17PM                                                                  | <b>Vishakha</b> Until 3:05PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:44AM | Sarvari 5122      |
|               | 373444461                      |                              | Yama 6:37AM – 8:31AM                                                                             | Sadhya Until 8:54PM          | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 7:51PM  | Moon 6 - Phase 11 |
|               |                                | <b>Rahu</b> 12:17PM – 2:11PM | Balava Until 3:48AM Thu                                                                          | <b>Nataraja:</b> Yellow      |                        | 4th Phase              |                   |
| Creative Work | Siddha Yoga                    |                              | <b>Ekadashi</b> Until 6:02AM                                                                     | Moon – Orange                |                        | <b>Devaloka Day</b>    |                   |
|               |                                |                              |                                                                                                  | <b>Ashada*Ani</b>            |                        |                        |                   |
|               |                                |                              |                                                                                                  |                              |                        |                        |                   |

|                                        |                               |                             |                                                                                                 |                              |                        |                        |                   |
|----------------------------------------|-------------------------------|-----------------------------|-------------------------------------------------------------------------------------------------|------------------------------|------------------------|------------------------|-------------------|
| <b>3</b>                               | <b>Thursday, July 2, 2020</b> |                             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam |                              |                        |                        | Des Moines, IA    |
|                                        |                               |                             | Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Tailita Karana Trayodashyam Titau               |                              |                        |                        | Sun 26 Sutra 81   |
|                                        | Vrischika Rasi: 12.07         | Tithi 13                    | <b>Gulika</b> 8:31AM – 10:24AM                                                                  | <b>Anuradha</b> Until 1:43PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:45AM | Sarvari 5122      |
|                                        | 373444461                     |                             | Yama 4:45AM – 6:38AM                                                                            | Subha Until 6:09PM           | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 7:50PM  | Moon 6 - Phase 11 |
|                                        |                               | <b>Rahu</b> 2:11PM – 4:04PM | Kaulava Until 2:47PM                                                                            | <b>Nataraja:</b> Yellow      |                        | 4th Phase              |                   |
| Creative Work                          | Siddha Yoga                   |                             | <b>Trayodashi</b> Until 1:46AM Fri                                                              | Moon – Orange                |                        | <b>Devaloka Day</b>    |                   |
| Until 1:43PM                           |                               |                             |                                                                                                 | <b>Ashada*Ani</b>            |                        |                        |                   |
| Then Routine Work - Prabalarishta Yoga |                               |                             |                                                                                                 |                              |                        |                        |                   |
|                                        |                               |                             |                                                                                                 |                              |                        |                        |                   |

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| <b>4</b>                         | <b>Friday, July 3, 2020</b> |                               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |                                |                       |                        | Des Moines, IA    |
|                                  |                             |                               | Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau               |                                |                       |                        | Sun 27 Sutra 82   |
|                                  | Vrischika Rasi: 26.1        | Tithi 14                      | <b>Gulika</b> 6:38AM – 8:32AM                                                                    | <b>Jyeshtha*</b> Until 12:27PM | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 4:45AM | Sarvari 5122      |
|                                  | 374444461                   |                               | Yama 4:04PM – 5:57PM                                                                             | Sukla Until 3:36PM             | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:50PM  | Moon 6 - Phase 11 |
|                                  |                             | <b>Rahu</b> 10:25AM – 12:18PM | Gara Until 12:52PM                                                                               | <b>Nataraja:</b> Yellow        |                       | 4th Phase              |                   |
| Routine Work                     | Marana Yoga                 |                               | <b>Chaturdashi*</b> Until 12:02AM Sat                                                            | Moon – Orange                  |                       | <b>Devaloka Day</b>    |                   |
| Until 12:27PM                    |                             |                               |                                                                                                  | <b>Ashada*Ani</b>              |                       |                        |                   |
| Then Creative Work - Amrita Yoga |                             |                               |                                                                                                  |                                |                       |                        |                   |
|                                  |                             |                               |                                                                                                  |                                |                       |                        |                   |

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|-----------------------------------------------------------------------------------|-------------------------------|------------------------------|--------------------------------------------------------------------------------------------------|----------------------------|-----------------------|-----------------------------|-------------------|
|  | <b>Saturday, July 4, 2020</b> |                              | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                            |                       |                             | Des Moines, IA    |
|                                                                                   |                               |                              | Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau               |                            |                       |                             | Sutra 83          |
|                                                                                   | Dhanus Rasi: 10.01            | Tithi 15                     | <b>Gulika</b> 4:46AM – 6:39AM                                                                    | <b>Mula*</b> Until 11:48AM | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 4:46AM      | Sarvari 5122      |
|                                                                                   | 384444461                     |                              | Yama 2:11PM – 4:04PM                                                                             | Brahma Until 1:20PM        | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 11 |
|                                                                                   |                               | <b>Rahu</b> 8:32AM – 10:25AM | Visti Until 11:19AM                                                                              | <b>Nataraja:</b> Yellow    |                       | Purnima                     |                   |
| Creative Work                                                                     | Siddha Yoga                   |                              | <b>Purnima*</b> Until 10:41PM                                                                    | Moon – Light Blue          |                       | <b>Bhuloka Day</b>          |                   |
|                                                                                   |                               | <b>Satguru Purnima</b>       |                                                                                                  | <b>Ashada*Ani</b>          |                       | Devaloka Time: 3:PM to 6:PM |                   |
|                                                                                   |                               |                              |                                                                                                  |                            |                       |                             |                   |

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|  | <b>Sunday, July 5, 2020</b> |                                | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                   |                       |                             | Des Moines, IA    |
|                                                                                     |                             |                                | Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau  |                                   |                       |                             | Sutra 84          |
|                                                                                     | Dhanus Rasi: 23.36          | Tithi 16                       | <b>Gulika</b> 4:04PM – 5:57PM                                                                      | <b>Purvashadha*</b> Until 11:27AM | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 4:46AM      | Sarvari 5122      |
|                                                                                     | 384444461                   |                                | Yama 12:18PM – 2:11PM                                                                              | Indra Until 11:28AM               | <b>Muruqa:</b> Orange | <i>Sunset:</i> 7:50PM       | Moon 6 - Phase 11 |
|                                                                                     |                             | <b>Rahu</b> 5:57PM – 7:50PM    | Balava Until 10:12AM                                                                               | <b>Nataraja:</b> Yellow           |                       | Prathama                    |                   |
| Creative Work                                                                       | Siddha Yoga                 |                                | <b>Prathama*</b> Until 9:49PM                                                                      | Moon – Light Blue                 |                       | <b>Bhuloka Day</b>          |                   |
| Until 11:27AM                                                                       |                             | <b>Penumbral Lunar Eclipse</b> |                                                                                                    | <b>Ashada*Ani</b>                 |                       | Devaloka Time: 3:PM to 6:PM |                   |
| Then Creative Work - Amrita Yoga                                                    |                             |                                |                                                                                                    |                                   |                       |                             |                   |
|                                                                                     |                             |                                |                                                                                                    |                                   |                       |                             |                   |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Monday, July 6, 2020**  
**Gold Retreat Star**

Makara Rasi: 6.55 Tithi 17  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 11:29AM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:11PM – 4:04PM  
**Yama** 10:25AM – 12:18PM  
**Rahu** 6:40AM – 8:33AM

**Uttarashadha Until 11:29AM**  
Vaidhriti\* Until 10:00AM  
Taitila Until 9:37AM  
**Dvitiya Until 9:31PM**

Des Moines, IA  
Sun 1 Sutra 85  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Ganesha:** Red  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon – Light Blue

**Sunrise:** 4:47AM  
**Sunset:** 7:49PM

**Devaloka Day**

**1**

**Tuesday, July 7, 2020**

Makara Rasi: 19.54 Tithi 18  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Vanija/Vistil\* Karana Tritiyayam Titau

**Gulika** 12:18PM – 2:11PM  
**Yama** 8:33AM – 10:26AM  
**Rahu** 4:04PM – 5:56PM

**Shravana Until 12:24PM**  
Vishkambha\* Until 9:00AM  
Vanija Until 9:37AM  
**Tritiya Until 9:50PM**

Des Moines, IA  
Sun 2 Sutra 86  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Ganesha:** Blue  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon – Purple

**Sunrise:** 4:48AM  
**Sunset:** 7:49PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, July 8, 2020**

Kumbha Rasi: 3 Tithi 19  
Routine Work Prabalarishta Yoga  
Until 1:46PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 10:26AM – 12:18PM  
**Yama** 6:41AM – 8:33AM  
**Rahu** 12:18PM – 2:11PM

**Dhanishtha Until 1:46PM**  
Priti Until 8:31AM  
Bava Until 10:14AM  
**Chaturthi\* Until 10:44PM**

Des Moines, IA  
Sun 3 Sutra 87  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Ganesha:** Blue  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon – Purple

**Sunrise:** 4:48AM  
**Sunset:** 7:49PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, July 9, 2020**

Kumbha Rasi: 15.02 Tithi 20  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 8:34AM – 10:26AM  
**Yama** 4:49AM – 6:42AM  
**Rahu** 2:11PM – 4:03PM

**Shatabhishak Until 3:31PM**  
Ayushman Until 8:27AM  
Kaulava Until 11:26AM  
**Panchami Until 12:12AM Fri**

Des Moines, IA  
Sun 4 Sutra 88  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Ganesha:** Blue  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon – Purple

**Sunrise:** 4:49AM  
**Sunset:** 7:48PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, July 10, 2020**

Kumbha Rasi: 27.15 Tithi 21  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:42AM – 8:34AM  
**Yama** 4:03PM – 5:55PM  
**Rahu** 10:27AM – 12:19PM

**Purvaproshtapada\* Until 6:04PM**  
Saubhagya Until 8:47AM  
Gara Until 1:07PM  
**Shashthi\* Until 2:06AM Sat**

Des Moines, IA  
Sun 5 Sutra 89  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Ganesha:** Green  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon – Clear

**Sunrise:** 4:50AM  
**Sunset:** 7:48PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, July 11, 2020**

Meena Rasi: 9.17 Tithi 22  
Creative Work Siddha Yoga  
Until 8:47PM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Vistil\*/Bava Karana Saptamyam Titau

**Gulika** 4:51AM – 6:43AM  
**Yama** 2:11PM – 4:03PM  
**Rahu** 8:35AM – 10:27AM

**Uttaraproshtapada Until 8:47PM**  
Sobhana Until 9:28AM  
Vistil Until 3:11PM  
**Saptami Until 4:17AM Sun**

Des Moines, IA  
Sun 6 Sutra 90  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Ganesha:** Green  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon – Clear

**Sunrise:** 4:51AM  
**Sunset:** 7:47PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, July 12, 2020**  
**Retreat Star**

Meena Rasi: 21.14 Tithi 23  
Creative Work Amrita Yoga  
Until 11:29PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 4:03PM – 5:55PM  
**Yama** 12:19PM – 2:11PM  
**Rahu** 5:55PM – 7:47PM

**Revati Until 11:29PM**  
Athiganda\* Until 10:17AM  
Balava Until 5:28PM  
**Ashtami\* Until 6:36AM Mon**

Des Moines, IA  
Sun 7 Sutra 91  
Sarvari 5122  
Moon 7 - Phase 12  
Ashtami

**Ganesha:** Green  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon – Clear

**Sunrise:** 4:51AM  
**Sunset:** 7:47PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Monday, July 13, 2020**  
**Retreat Star**

Mesha Rasi: 3.08 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:11PM – 4:03PM  
**Yama** 10:27AM – 12:19PM  
**Rahu** 6:44AM – 8:36AM

**Ashvini Until 2:30AM Tue**  
Sukarma Until 11:11AM  
Taitila Until 7:45PM  
**Ashtami\* Until 6:36AM**

Des Moines, IA  
Sun 8 Sutra 92  
Sarvari 5122  
Moon 7 - Phase 12  
Navami

**Ganesha:** Orange  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon – White

**Sunrise:** 4:52AM  
**Sunset:** 7:46PM

**Devaloka Day**


|                                  |               |                                |                                 |                                                                                                                                                                                        |                        |                     |                                     |
|----------------------------------|---------------|--------------------------------|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|---------------------|-------------------------------------|
| <b>1</b>                         |               | <b>Tuesday, July 14, 2020</b>  |                                 | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        |                     | Des Moines, IA<br>Sun 9<br>Sutra 93 |
| Mesha Rasi: 15.04                | Tithi 24 – 25 | <b>Gulika</b> 12:19PM – 2:11PM | <b>Bharani</b> Until 5:07AM Wed | <b>Ganesha:</b> Orange                                                                                                                                                                 | <i>Sunrise:</i> 4:53AM |                     | Sarvari 5122                        |
|                                  |               | Yama 8:36AM – 10:28AM          | Dhriti Until 12:00PM            | <b>Muruqa:</b> Orange                                                                                                                                                                  | <i>Sunset:</i> 7:45PM  |                     | Moon 7 - Phase 13                   |
|                                  | 425444461     | <b>Rahu</b> 4:02PM – 5:54PM    | Vanija Until 9:51PM             | <b>Nataraja:</b> Yellow                                                                                                                                                                |                        |                     | 2nd Phase                           |
| Creative Work                    | Siddha Yoga   |                                | <b>Navami*</b> Until 8:49AM     | Moon – White                                                                                                                                                                           |                        | <b>Devaloka Day</b> |                                     |
| Until 5:07AM Wed                 |               |                                |                                 | <b>Ashada-Ani</b>                                                                                                                                                                      |                        |                     |                                     |
| Then Creative Work - Amrita Yoga |               |                                |                                 |                                                                                                                                                                                        |                        |                     |                                     |

|                                 |               |                                 |                                  |                                                                                                                                                                                        |                        |                     |                                      |
|---------------------------------|---------------|---------------------------------|----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|---------------------|--------------------------------------|
| <b>2</b>                        |               | <b>Wednesday, July 15, 2020</b> |                                  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        |                     | Des Moines, IA<br>Sun 10<br>Sutra 94 |
| Mesha Rasi: 27.06               | Tithi 25 – 26 | <b>Gulika</b> 10:28AM – 12:19PM | <b>Krittika</b> Until 7:09AM Thu | <b>Ganesha:</b> Clear                                                                                                                                                                  | <i>Sunrise:</i> 4:54AM |                     | Sarvari 5122                         |
|                                 |               | Yama 6:45AM – 8:37AM            | Shula* Until 12:32PM             | <b>Muruqa:</b> Clear                                                                                                                                                                   | <i>Sunset:</i> 7:45PM  |                     | Moon 7 - Phase 13                    |
|                                 | 425454461     | <b>Rahu</b> 12:19PM – 2:11PM    | Bava Until 11:34PM               | <b>Nataraja:</b> Yellow                                                                                                                                                                |                        |                     | 2nd Phase                            |
| Creative Work                   | Amrita Yoga   |                                 | <b>Dashami</b> Until 10:45AM     | Moon – White                                                                                                                                                                           |                        | <b>Devaloka Day</b> |                                      |
| Until 7:09AM Thu                |               |                                 |                                  | <b>Ashada-Adi</b>                                                                                                                                                                      |                        |                     |                                      |
| Then Routine Work - Marana Yoga |               |                                 |                                  |                                                                                                                                                                                        |                        |                     |                                      |

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| <b>3</b>             |               | <b>Thursday, July 16, 2020</b> |                                | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |                        |                     | Des Moines, IA<br>Sun 11<br>Sutra 95 |
| Vrishabha Rasi: 9.19 | Tithi 26 – 27 | <b>Gulika</b> 8:37AM – 10:28AM | <b>Krittika</b> Until 7:09AM   | <b>Ganesha:</b> Clear                                                                                                                                                                            | <i>Sunrise:</i> 4:55AM |                     | Sarvari 5122                         |
|                      |               | Yama 4:55AM – 6:46AM           | Ganda* Until 12:44PM           | <b>Muruqa:</b> Clear                                                                                                                                                                             | <i>Sunset:</i> 7:44PM  |                     | Moon 7 - Phase 13                    |
|                      | 425454462     | <b>Rahu</b> 2:11PM – 4:02PM    | Kaulava Until 12:44AM Fri      | <b>Nataraja:</b> White                                                                                                                                                                           |                        |                     | 2nd Phase                            |
| Routine Work         | Marana Yoga   |                                | <b>Ekadashi*</b> Until 12:13PM | Moon – White                                                                                                                                                                                     |                        | <b>Sivaloka Day</b> |                                      |
|                      |               |                                |                                | <b>Ashada-Adi</b>                                                                                                                                                                                |                        |                     |                                      |

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| <b>4</b>                         |               | <b>Friday, July 17, 2020</b>  |                               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Taila/Gara Karana Dvodashi/Trayodashyam Titau |                        |                     | Des Moines, IA<br>Sun 12<br>Sutra 96 |
| Vrishabha Rasi: 21.47            | Tithi 27 – 28 | <b>Gulika</b> 6:46AM – 8:37AM | <b>Rohini</b> Until 8:56AM    | <b>Ganesha:</b> Purple                                                                                                                                                                            | <i>Sunrise:</i> 4:55AM |                     | Sarvari 5122                         |
|                                  |               | Yama 4:01PM – 5:52PM          | Vridhi Until 12:27PM          | <b>Muruqa:</b> Clear                                                                                                                                                                              | <i>Sunset:</i> 7:43PM  |                     | Moon 7 - Phase 13                    |
|                                  | 435454462     | <b>Rahu</b> 10:28AM – 12:19PM | Gara Until 1:15AM Sat         | <b>Nataraja:</b> White                                                                                                                                                                            |                        |                     | 2nd Phase                            |
| Routine Work                     | Marana Yoga   |                               | <b>Dvodashi*</b> Until 1:04PM | Moon – Yellow                                                                                                                                                                                     |                        | <b>Devaloka Day</b> |                                      |
| Until 8:56AM                     |               |                               |                               | <b>Ashada-Adi</b>                                                                                                                                                                                 |                        |                     |                                      |
| Then Creative Work - Siddha Yoga |               |                               |                               | <i>Pradosha Vrata (Fasting)</i>                                                                                                                                                                   |                        |                     |                                      |

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| <b>5</b>           |               | <b>Saturday, July 18, 2020</b> |                                 | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        |                     | Des Moines, IA<br>Sun 13<br>Sutra 97 |
| Mithuna Rasi: 4.33 | Tithi 28 – 29 | <b>Gulika</b> 4:56AM – 6:47AM  | <b>Mrigashira</b> Until 9:54AM  | <b>Ganesha:</b> Light Blue                                                                                                                                                                                | <i>Sunrise:</i> 4:56AM |                     | Sarvari 5122                         |
|                    |               | Yama 2:10PM – 4:01PM           | Dhruva Until 11:36AM            | <b>Muruqa:</b> Clear                                                                                                                                                                                      | <i>Sunset:</i> 7:43PM  |                     | Moon 7 - Phase 13                    |
|                    | 435554462     | <b>Rahu</b> 8:38AM – 10:29AM   | Visti Until 1:04AM Sun          | <b>Nataraja:</b> White                                                                                                                                                                                    |                        |                     | 2nd Phase                            |
| Creative Work      | Siddha Yoga   |                                | <b>Trayodashi*</b> Until 1:14PM | Moon – Yellow                                                                                                                                                                                             |                        | <b>Devaloka Day</b> |                                      |
|                    |               |                                |                                 | <b>Ashada-Adi</b>                                                                                                                                                                                         |                        |                     |                                      |

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|  |               | <b>Sunday, July 19, 2020</b>  |                                   | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        |                     | Des Moines, IA<br>Sun 14<br>Sutra 98 |
| <b>Retreat Star</b>                                                                 |               | <b>Gulika</b> 4:01PM – 5:51PM | <b>Ardra</b> Until 10:02AM        | <b>Ganesha:</b> Light Blue                                                                                                                                                                                     | <i>Sunrise:</i> 4:57AM |                     | Sarvari 5122                         |
| Mithuna Rasi: 17.4                                                                  | Tithi 29 – 30 | Yama 12:20PM – 2:10PM         | Vyaghata* Until 10:14AM           | <b>Muruqa:</b> Clear                                                                                                                                                                                           | <i>Sunset:</i> 7:42PM  |                     | Moon 7 - Phase 13                    |
|                                                                                     |               | <b>Rahu</b> 5:51PM – 7:42PM   | Catuspada Until 12:14AM Mon       | <b>Nataraja:</b> White                                                                                                                                                                                         |                        |                     | Amavasya                             |
| Creative Work                                                                       | Siddha Yoga   |                               | <b>Chaturdashi*</b> Until 12:43PM | Moon – Yellow                                                                                                                                                                                                  |                        | <b>Devaloka Day</b> |                                      |
|                                                                                     |               |                               |                                   | <b>Ashada-Adi</b>                                                                                                                                                                                              |                        |                     |                                      |

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| <b>Monday, July 20, 2020</b>     |              | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                |                        | Des Moines, IA<br>Sun 15<br>Sutra 99 |                     |                   |
| <b>Retreat Star</b>              |              | <b>Gulika</b> 2:10PM – 4:00PM                                                                                                                                                                        | <b>Punarvasu</b> Until 9:51AM  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:58AM               |                     | Sarvari 5122      |
| Kataka Rasi: 1.08                | Tithi 30 – 1 | Yama 10:29AM – 12:20PM                                                                                                                                                                               | Harshana Until 8:22AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:41PM                |                     | Moon 7 - Phase 13 |
| <b>Family Home Evening</b>       |              | <b>Rahu</b> 6:48AM – 8:39AM                                                                                                                                                                          | Kintughna Until 10:50PM        | <b>Nataraja:</b> White |                                      |                     | Prathama          |
| Creative Work                    | Amrita Yoga  |                                                                                                                                                                                                      | <b>Amavasya*</b> Until 11:35AM | Moon – Blue            |                                      | <b>Devaloka Day</b> |                   |
| Until 9:51AM                     |              |                                                                                                                                                                                                      |                                | <b>Sravana-Adi</b>     |                                      |                     |                   |
| Then Creative Work - Siddha Yoga |              |                                                                                                                                                                                                      |                                |                        |                                      |                     |                   |

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| <b>1</b>           |             | <b>Tuesday, July 21, 2020</b> |                         | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        |                        |        | Des Moines, IA      |
| Kataka Rasi: 14.55 | Tithi 1 – 2 | <b>Gulika</b>                 | <b>12:20PM – 2:10PM</b> | <b>Pushya</b> <b>Until 9:00AM</b>                                                                                                                                                              | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:59AM | Sun 16 | Sutra 100           |
|                    |             | Yama                          | 8:39AM – 10:29AM        | Vajra* <b>Until 6:03AM</b>                                                                                                                                                                     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:40PM  |        | Sarvari 5122        |
|                    |             | 445554462 <b>Rahu</b>         | <b>4:00PM – 5:50PM</b>  | Balava <b>Until 8:57PM</b>                                                                                                                                                                     | <b>Nataraja:</b> White |                        |        | Moon 7 - Phase 14   |
| Creative Work      | Siddha Yoga |                               |                         | <b>Prathama* Until 9:55AM</b>                                                                                                                                                                  | Moon – Blue            |                        |        | 3rd Phase           |
|                    |             |                               |                         |                                                                                                                                                                                                | <b>Sravana-Adi</b>     |                        |        | <b>Devaloka Day</b> |

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| <b>2</b>           |             | <b>Wednesday, July 22, 2020</b> |                          | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        |                        |        | Des Moines, IA      |
| Kataka Rasi: 28.58 | Tithi 2 – 3 | <b>Gulika</b>                   | <b>10:30AM – 12:20PM</b> | <b>Ashlesha*</b> <b>Until 7:35AM</b>                                                                                                                                                          | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:00AM | Sun 17 | Sutra 101           |
|                    |             | Yama                            | 6:50AM – 8:40AM          | Vyatipata* <b>Until 12:29AM Thu</b>                                                                                                                                                           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:40PM  |        | Sarvari 5122        |
|                    |             | 445554462 <b>Rahu</b>           | <b>12:20PM – 2:10PM</b>  | Taitila <b>Until 6:44PM</b>                                                                                                                                                                   | <b>Nataraja:</b> White |                        |        | Moon 7 - Phase 14   |
| Creative Work      | Siddha Yoga |                                 |                          | <b>Dvitiya Until 7:51AM</b>                                                                                                                                                                   | Moon – Blue            |                        |        | 3rd Phase           |
|                    |             |                                 |                          |                                                                                                                                                                                               | <b>Sravana-Adi</b>     |                        |        | <b>Devaloka Day</b> |

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| <b>3</b>                         |             | <b>Thursday, July 23, 2020</b> |                         | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturtham Titau |                            |                        |        | Des Moines, IA      |
| Simha Rasi: 13.13                | Tithi 4     | <b>Gulika</b>                  | <b>8:40AM – 10:30AM</b> | <b>Magha*</b> <b>Until 6:11AM</b>                                                                                                                                                   | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 5:01AM | Sun 18 | Sutra 102           |
|                                  |             | Yama                           | 5:01AM – 6:50AM         | Variyan <b>Until 9:25PM</b>                                                                                                                                                         | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 7:39PM  |        | Sarvari 5122        |
|                                  |             | 445554462 <b>Rahu</b>          | <b>2:09PM – 3:59PM</b>  | Vanija <b>Until 4:18PM</b>                                                                                                                                                          | <b>Nataraja:</b> White     |                        |        | Moon 7 - Phase 14   |
| Creative Work                    | Amrita Yoga |                                |                         | <b>Chaturthi* Until 3:02AM Fri</b>                                                                                                                                                  | Moon – Red                 |                        |        | 3rd Phase           |
| Until 6:11AM                     |             |                                |                         |                                                                                                                                                                                     | <b>Sravana-Adi</b>         |                        |        | <b>Devaloka Day</b> |
| Then Creative Work - Siddha Yoga |             |                                |                         |                                                                                                                                                                                     |                            |                        |        |                     |

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| <b>4</b>                        |             | <b>Friday, July 24, 2020</b> |                          | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau |                        |                        |        | Des Moines, IA      |
| Simha Rasi: 27.34               | Tithi 5     | <b>Gulika</b>                | <b>6:51AM – 8:41AM</b>   | <b>Uttaraphalguni</b> <b>Until 2:37AM Sat</b>                                                                                                                                 | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:02AM | Sun 19 | Sutra 103           |
|                                 |             | Yama                         | 3:59PM – 5:48PM          | Parigha* <b>Until 6:18PM</b>                                                                                                                                                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:38PM  |        | Sarvari 5122        |
|                                 |             | 445554462 <b>Rahu</b>        | <b>10:30AM – 12:20PM</b> | Bava <b>Until 1:47PM</b>                                                                                                                                                      | <b>Nataraja:</b> White |                        |        | Moon 7 - Phase 14   |
| Creative Work                   | Siddha Yoga |                              |                          | <b>Panchami Until 12:30AM Sat</b>                                                                                                                                             | Moon – Red             |                        |        | 3rd Phase           |
| Until 2:37AM Sat                |             | <b>Nag Panchami</b>          |                          |                                                                                                                                                                               | <b>Sravana-Adi</b>     |                        |        | <b>Devaloka Day</b> |
| Then Routine Work - Marana Yoga |             |                              |                          |                                                                                                                                                                               |                        |                        |        |                     |

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| <b>5</b>                         |             | <b>Saturday, July 25, 2020</b> |                         | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Hasta Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau |                        |                        |        | Des Moines, IA      |
| Kanya Rasi: 11.56                | Tithi 6     | <b>Gulika</b>                  | <b>5:03AM – 6:52AM</b>  | <b>Hasta</b> <b>Until 1:05AM Sun</b>                                                                                                                                         | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:03AM | Sun 20 | Sutra 104           |
|                                  |             | Yama                           | 2:09PM – 3:58PM         | Shiva <b>Until 3:13PM</b>                                                                                                                                                    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:37PM  |        | Sarvari 5122        |
|                                  |             | 446554462 <b>Rahu</b>          | <b>8:41AM – 10:30AM</b> | Kaulava <b>Until 11:16AM</b>                                                                                                                                                 | <b>Nataraja:</b> White |                        |        | Moon 7 - Phase 14   |
| Routine Work                     | Marana Yoga |                                |                         | <b>Shashthi* Until 10:01PM</b>                                                                                                                                               | Moon – Green           |                        |        | 3rd Phase           |
| Until 1:05AM Sun                 |             |                                |                         |                                                                                                                                                                              | <b>Sravana-Adi</b>     |                        |        | <b>Sivaloka Day</b> |
| Then Creative Work - Siddha Yoga |             |                                |                         |                                                                                                                                                                              |                        |                        |        |                     |

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| <b>6</b>          |             | <b>Sunday, July 26, 2020</b> |                        | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saplamyam Titau |                        |                        |        | Des Moines, IA      |
| Kanya Rasi: 26.14 | Tithi 7     | <b>Gulika</b>                | <b>3:58PM – 5:47PM</b> | <b>Chitra</b> <b>Until 11:33PM</b>                                                                                                                                        | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:03AM | Sun 21 | Sutra 105           |
|                   |             | Yama                         | 12:20PM – 2:09PM       | Siddha <b>Until 12:11PM</b>                                                                                                                                               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:36PM  |        | Sarvari 5122        |
|                   |             | 446554462 <b>Rahu</b>        | <b>5:47PM – 7:36PM</b> | Gara <b>Until 8:51AM</b>                                                                                                                                                  | <b>Nataraja:</b> White |                        |        | Moon 7 - Phase 14   |
| Creative Work     | Siddha Yoga |                              |                        | <b>Saptami Until 7:40PM</b>                                                                                                                                               | Moon – Green           |                        |        | 3rd Phase           |
|                   |             |                              |                        |                                                                                                                                                                           | <b>Sravana-Adi</b>     |                        |        | <b>Sivaloka Day</b> |

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| <b>Retreat Star</b>             |             | <b>Monday, July 27, 2020</b> |                        | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Sadhya/Subha Yoga Visti*/Balava Karana Ashtami/Navamyam Titau |                        |                        |        | Des Moines, IA      |
| Tula Rasi: 10.28                | Tithi 8 – 9 | <b>Gulika</b>                | <b>2:08PM – 3:57PM</b> | <b>Svati</b> <b>Until 10:03PM</b>                                                                                                                                               | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:04AM | Sun 22 | Sutra 106           |
| <b>Family Home Evening</b>      |             | Yama                         | 10:31AM – 12:20PM      | Sadhya <b>Until 9:18AM</b>                                                                                                                                                      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:35PM  |        | Sarvari 5122        |
| Creative Work                   | Amrita Yoga | 446554462 <b>Rahu</b>        | <b>6:53AM – 8:42AM</b> | Visti <b>Until 6:34AM</b>                                                                                                                                                       | <b>Nataraja:</b> White |                        |        | Moon 7 - Phase 14   |
| Until 10:03PM                   |             |                              |                        | <b>Ashtami* Until 5:29PM</b>                                                                                                                                                    | Moon – Green           |                        |        | Ashtami             |
| Then Routine Work - Marana Yoga |             |                              |                        |                                                                                                                                                                                 | <b>Sravana-Adi</b>     |                        |        | <b>Sivaloka Day</b> |

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| <b>Retreat Star</b>              |              | <b>Tuesday, July 28, 2020</b> |                         | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        |                        |        | Des Moines, IA      |
| Tula Rasi: 24.33                 | Tithi 9 – 10 | <b>Gulika</b>                 | <b>12:20PM – 2:08PM</b> | <b>Vishakha</b> <b>Until 9:04PM</b>                                                                                                                                                    | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:05AM | Sun 23 | Sutra 107           |
|                                  |              | Yama                          | 8:42AM – 10:31AM        | Subha <b>Until 6:36AM</b>                                                                                                                                                              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:34PM  |        | Sarvari 5122        |
|                                  |              | 4476554462 <b>Rahu</b>        | <b>3:57PM – 5:45PM</b>  | Taitila <b>Until 2:39AM Wed</b>                                                                                                                                                        | <b>Nataraja:</b> White |                        |        | Moon 7 - Phase 14   |
| Routine Work                     | Marana Yoga  |                               |                         | <b>Navami* Until 3:32PM</b>                                                                                                                                                            | Moon – Orange          |                        |        | Navami              |
| Until 9:04PM                     |              |                               |                         |                                                                                                                                                                                        | <b>Sravana-Adi</b>     |                        |        | <b>Devaloka Day</b> |
| Then Creative Work - Siddha Yoga |              |                               |                         |                                                                                                                                                                                        |                        |                        |        |                     |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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| <b>1</b> | <b>Wednesday, July 29, 2020</b>       |           | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                                                                                            |                                                                                          |                                   | Des Moines, IA<br>Sun 24 Sutra 108             |
|          | Vrischika Rasi: 8.29    Tithi 10 – 11 | 476554462 | <b>Gulika</b> 10:31AM – 12:20PM<br>Yama 6:55AM – 8:43AM<br><b>Rahu</b> 12:20PM – 2:08PM                                                                                       | <b>Anuradha</b> Until 8:11PM<br>Brahma Until 1:45AM Thu<br>Vanija Until 1:04AM Thu<br>Dashami Until 1:48PM | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Orange | Sunrise: 5:06AM<br>Sunset: 7:33PM | Sarvari 5122<br>Moon 7 - Phase 15<br>4th Phase |
|          | Creative Work    Siddha Yoga          |           | <b>Devaloka Day</b>                                                                                                                                                           |                                                                                                            |                                                                                          |                                   |                                                |
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| <b>2</b> | <b>Thursday, July 30, 2020</b>                                                         |           | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                                                                                      |                                                                                          |                                   | Des Moines, IA<br>Sun 25 Sutra 109             |
|          | Vrischika Rasi: 22.16    Tithi 11 – 12                                                 | 476554462 | <b>Gulika</b> 8:43AM – 10:31AM<br>Yama 5:07AM – 6:55AM<br><b>Rahu</b> 2:08PM – 3:56PM                                                                                         | <b>Jyeshtha*</b> Until 7:26PM<br>Indra Until 11:41PM<br>Bava Until 11:46PM<br>Ekadashi Until 12:21PM | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Orange | Sunrise: 5:07AM<br>Sunset: 7:32PM | Sarvari 5122<br>Moon 7 - Phase 15<br>4th Phase |
|          | Routine Work    Prabalarishta Yoga<br>Until 7:26PM<br>Then Creative Work - Siddha Yoga |           | <b>Devaloka Day</b>                                                                                                                                                           |                                                                                                      |                                                                                          |                                   |                                                |
|          | <hr/>                                                                                  |           |                                                                                                                                                                               |                                                                                                      |                                                                                          |                                   |                                                |

|          |                                                                                        |           |                                                                                                                                                                                      |                                                                                                                                  |                                                                                               |                                   |                                                |
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| <b>3</b> | <b>Friday, July 31, 2020</b>                                                           |           | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                                                                                                                  |                                                                                               |                                   | Des Moines, IA<br>Sun 26 Sutra 110             |
|          | Dhanus Rasi: 5.52    Tithi 12 – 13                                                     | 486554462 | <b>Gulika</b> 6:56AM – 8:44AM<br>Yama 3:55PM – 5:43PM<br><b>Rahu</b> 10:32AM – 12:19PM                                                                                               | <b>Mula*</b> Until 7:17PM<br>Vaidhriti* Until 9:51PM<br>Kaulava Until 10:46PM<br>Dvadashi Until 11:12AM<br><i>Pradosha Vrata</i> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Light Blue | Sunrise: 5:08AM<br>Sunset: 7:31PM | Sarvari 5122<br>Moon 7 - Phase 15<br>4th Phase |
|          | Creative Work    Amrita Yoga<br>Until 7:17PM<br>Then Routine Work - Prabalarishta Yoga |           | <b>Sivaloka Day</b>                                                                                                                                                                  |                                                                                                                                  |                                                                                               |                                   |                                                |
|          | <hr/>                                                                                  |           |                                                                                                                                                                                      |                                                                                                                                  |                                                                                               |                                   |                                                |

|          |                                                                                 |           |                                                                                                                                                                                               |                                                                                                                |                                                                                              |                                   |                                                |
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| <b>4</b> | <b>Saturday, August 1, 2020</b>                                                 |           | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                                                                                                |                                                                                              |                                   | Des Moines, IA<br>Sun 27 Sutra 111             |
|          | Dhanus Rasi: 19.17    Tithi 13 – 14                                             | 487554462 | <b>Gulika</b> 5:09AM – 6:57AM<br>Yama 2:07PM – 3:54PM<br><b>Rahu</b> 8:44AM – 10:32AM                                                                                                         | <b>Purvashadha*</b> Until 7:19PM<br>Vishkambha* Until 8:18PM<br>Gara Until 10:08PM<br>Trayodashi Until 10:23AM | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Light Blue | Sunrise: 5:09AM<br>Sunset: 7:30PM | Sarvari 5122<br>Moon 7 - Phase 15<br>4th Phase |
|          | Creative Work    Siddha Yoga<br>Until 7:19PM<br>Then Routine Work - Marana Yoga |           | <b>Subha Sivaloka Day</b>                                                                                                                                                                     |                                                                                                                |                                                                                              |                                   |                                                |
|          | <hr/>                                                                           |           |                                                                                                                                                                                               |                                                                                                                |                                                                                              |                                   |                                                |

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|  | <b>Sunday, August 2, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |           |                                                                                       |                                                                                                           | Des Moines, IA<br>Sutra 112                                                                  |                                   |                                              |
|  | <b>Copper Retreat Star</b>    |  | Makara Rasi: 2.31    Tithi 14 – 15                                                                                                                                                     | 487554462 | <b>Gulika</b> 3:54PM – 5:41PM<br>Yama 12:19PM – 2:07PM<br><b>Rahu</b> 5:41PM – 7:28PM | <b>Uttarashadha</b> Until 7:36PM<br>Priti Until 7:05PM<br>Visti Until 9:55PM<br>Chaturdashi* Until 9:57AM | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Light Blue | Sunrise: 5:10AM<br>Sunset: 7:28PM | Sarvari 5122<br>Moon 7 - Phase 15<br>Purnima |
|  | Creative Work    Amrita Yoga  |  | <b>Subha Sivaloka Day</b>                                                                                                                                                              |           |                                                                                       |                                                                                                           |                                                                                              |                                   |                                              |
|  | <hr/>                         |  |                                                                                                                                                                                        |           |                                                                                       |                                                                                                           |                                                                                              |                                   |                                              |

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| <b>Monday, August 3, 2020</b> | <b>Silver Retreat Star</b>                                                                              |           | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                                                                                        |                                                                                           |                                   | Des Moines, IA<br>Sutra 113                   |
|                               | Makara Rasi: 15.31    Tithi 15 – 16                                                                     | 497554462 | <b>Gulika</b> 2:06PM – 3:53PM<br>Yama 10:32AM – 12:19PM<br><b>Rahu</b> 6:58AM – 8:45AM                                                                                            | <b>Shravana</b> Until 8:38PM<br>Ayushman Until 6:12PM<br>Balava Until 10:08PM<br>Purnima* Until 9:57AM | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Purple | Sunrise: 5:11AM<br>Sunset: 7:27PM | Sarvari 5122<br>Moon 7 - Phase 15<br>Prathama |
|                               | Family Home Evening<br>Creative Work    Amrita Yoga<br>Until 8:38PM<br>Then Creative Work - Siddha Yoga |           | <b>Sivaloka Day</b>                                                                                                                                                               |                                                                                                        |                                                                                           |                                   |                                               |
|                               | <hr/>                                                                                                   |           |                                                                                                                                                                                   |                                                                                                        |                                                                                           |                                   |                                               |



**Tuesday, August 4, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA  
Sutra 114

Makara Rasi: 28.17 Tithi 16 – 17

**Gulika** 12:19PM – 2:06PM  
Yama 8:46AM – 10:32AM  
497554462 **Rahu** 3:53PM – 5:39PM

**Dhanishtha Until 9:59PM**  
Saubhagya Until 5:42PM  
Taitila Until 10:50PM  
**Prathama\* Until 10:24AM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

**Sunrise:** 5:12AM  
**Sunset:** 7:26PM

Moon 8 - Phase 16  
1st Phase

Creative Work Siddha Yoga  
Until 9:59PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**1**

**Wednesday, August 5, 2020**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA  
Sun 1 Sutra 115

Kumbha Rasi: 10.49 Tithi 17 – 18

**Gulika** 10:33AM – 12:19PM  
Yama 7:00AM – 8:46AM  
497554462 **Rahu** 12:19PM – 2:05PM

**Shatabhishak Until 11:38PM**  
Sobhana Until 5:36PM  
Vanija Until 12:01AM Thu  
**Dvitiya Until 11:21AM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

**Sunrise:** 5:13AM  
**Sunset:** 7:25PM

Moon 8 - Phase 16  
1st Phase

Creative Work Siddha Yoga  
Until 11:38PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**2**

**Thursday, August 6, 2020**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Vistil\*/Bava Karana Triliya/Chaturthiyam Titau

Des Moines, IA  
Sun 2 Sutra 116

Kumbha Rasi: 23.1 Tithi 18 – 19

**Gulika** 8:47AM – 10:33AM  
Yama 5:14AM – 7:00AM  
417554462 **Rahu** 2:05PM – 3:51PM

**Purvaproshtapada\* Until 2:03AM Fri**  
Athiganda\* Until 5:50PM  
Bava Until 1:40AM Fri  
**Tritiya Until 12:46PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Sravana-Adi**

**Sunrise:** 5:14AM  
**Sunset:** 7:24PM

Moon 8 - Phase 16  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Friday, August 7, 2020**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada\* Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA  
Sun 3 Sutra 117

Meena Rasi: 5.19 Tithi 19 – 20

**Gulika** 7:01AM – 8:47AM  
Yama 3:51PM – 5:36PM  
418554462 **Rahu** 10:33AM – 12:19PM

**Uttaraproshtapada Until 4:40AM Sat**  
Sukarma Until 6:23PM  
Kaulava Until 3:42AM Sat  
**Chaturthi\* Until 2:37PM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Sravana-Adi**

**Sunrise:** 5:15AM  
**Sunset:** 7:22PM

Moon 8 - Phase 16  
1st Phase

Creative Work Siddha Yoga  
Until 4:40AM Sat  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**

**Saturday, August 8, 2020**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA  
Sun 4 Sutra 118

Meena Rasi: 17.19 Tithi 20 – 21

**Gulika** 5:16AM – 7:02AM  
Yama 2:04PM – 3:50PM  
418554462 **Rahu** 8:47AM – 10:33AM

**Revati Until 7:22AM Sun**  
Dhriti Until 7:12PM  
Gara Until 5:59AM Sun  
**Panchami Until 4:48PM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Sravana-Adi**

**Sunrise:** 5:16AM  
**Sunset:** 7:21PM

Moon 8 - Phase 16  
1st Phase

Routine Work Prabalarishta Yoga  
Until 7:22AM Sun  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**5**

**Sunday, August 9, 2020**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\* Yoga Vanija Karana Shashthyam Titau

Des Moines, IA  
Sun 5 Sutra 119

Meena Rasi: 29.14 Tithi 21

**Gulika** 3:49PM – 5:34PM  
Yama 12:18PM – 2:04PM  
418554462 **Rahu** 5:34PM – 7:20PM

**Revati Until 7:22AM**  
Shula\* Until 8:06PM  
Vanija Until 7:10PM  
**Shashthi\* Until 7:10PM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Sravana-Adi**

**Sunrise:** 5:17AM  
**Sunset:** 7:20PM

Moon 8 - Phase 16  
1st Phase

Creative Work Amrita Yoga  
Until 7:22AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Monday, August 10, 2020**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\* Yoga Vistil\*/Bava Karana Saptamyam Titau

Des Moines, IA  
Sun 6 Sutra 120

Mesha Rasi: 11.06 Tithi 22

**Family Home Evening**

**Gulika** 2:03PM – 3:48PM  
Yama 10:33AM – 12:18PM  
428554462 **Rahu** 7:03AM – 8:48AM

**Ashvini Until 10:30AM**  
Ganda\* Until 9:02PM  
Vistil Until 8:23AM  
**Saptami Until 9:32PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Sravana-Adi**

**Sunrise:** 5:18AM  
**Sunset:** 7:18PM

Moon 8 - Phase 16  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day** **Tour Day**



**Tuesday, August 11, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA  
Sun 7 Sutra 121

Mesha Rasi: 23 Tithi 23

**Gulika** 12:18PM – 2:03PM  
Yama 8:49AM – 10:33AM  
428554462 **Rahu** 3:48PM – 5:32PM

**Bharani Until 1:20PM**  
Vriddhi Until 9:48PM  
Balava Until 10:41AM  
**Ashtami\* Until 11:42PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Sravana-Adi**

**Sunrise:** 5:19AM  
**Sunset:** 7:17PM

Moon 8 - Phase 16  
Ashtami

Creative Work Siddha Yoga  
**Krishna Janmashtami**

**Sivaloka Day**

**Wednesday, August 12, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA  
Sun 8 Sutra 122

Vrishabha Rasi: 5.01 Tithi 24

**Gulika** 10:34AM – 12:18PM  
Yama 7:05AM – 8:49AM  
428554462 **Rahu** 12:18PM – 2:02PM

**Krittika Until 3:41PM**  
Dhruva Until 10:14PM  
Taitila Until 12:39PM  
**Navami\* Until 1:25AM Thu**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Sravana-Adi**

**Sunrise:** 5:20AM  
**Sunset:** 7:16PM

Moon 8 - Phase 16  
Navami

Creative Work Amrita Yoga  
Until 3:41PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

|   |                                  |                      |                                                                                                                                                                                     |                         |                 |                 |                                   |
|---|----------------------------------|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-----------------|-----------------|-----------------------------------|
| 1 | <b>Thursday, August 13, 2020</b> |                      | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau |                         |                 |                 | Des Moines, IA<br>Sun 9 Sutra 123 |
|   | Vrishabha Rasi: 17.13            | Tithi 25             | Gulika 8:50AM – 10:34AM                                                                                                                                                             | Rohini Until 5:48PM     | Ganesha: Clear  | Sunrise: 5:21AM | Sarvari 5122                      |
|   | 438654462                        | Rahu 2:02PM – 3:46PM | Yama 5:21AM – 7:05AM                                                                                                                                                                | Vyaghata* Until 10:12PM | Muruga: Clear   | Sunset: 7:14PM  | Moon 8 - Phase 17                 |
|   | Routine Work                     | Marana Yoga          | Dashami Until 2:30AM Fri                                                                                                                                                            |                         | Nataraja: White | Sivaloka Day    |                                   |
|   |                                  |                      |                                                                                                                                                                                     | Moon – Yellow           |                 |                 |                                   |
|   |                                  |                      |                                                                                                                                                                                     | Sravana-Adi             |                 |                 |                                   |

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| 2 | <b>Friday, August 14, 2020</b> |                        | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mrigashira Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau |                         |                 |                 | Des Moines, IA<br>Sun 10 Sutra 124 |
|   | Vrishabha Rasi: 29.43          | Tithi 26               | Gulika 7:06AM – 8:50AM                                                                                                                                                      | Mrigashira Until 7:03PM | Ganesha: White  | Sunrise: 5:22AM | Sarvari 5122                       |
|   | 439654462                      | Rahu 10:34AM – 12:18PM | Yama 3:45PM – 5:29PM                                                                                                                                                        | Harshana Until 9:36PM   | Muruga: Clear   | Sunset: 7:13PM  | Moon 8 - Phase 17                  |
|   | Creative Work                  | Siddha Yoga            | Ekadashi* Until 2:50AM Sat                                                                                                                                                  |                         | Nataraja: White | Devaloka Day    |                                    |
|   |                                |                        |                                                                                                                                                                             | Moon – Yellow           |                 |                 |                                    |
|   |                                |                        |                                                                                                                                                                             | Sravana-Adi             |                 |                 |                                    |

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| 3 | <b>Saturday, August 15, 2020</b> |                       | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvodashyam Titau |                     |                 |                 | Des Moines, IA<br>Sun 11 Sutra 125 |
|   | Mithuna Rasi: 12.34              | Tithi 27              | Gulika 5:23AM – 7:07AM                                                                                                                                                   | Ardra Until 7:22PM  | Ganesha: White  | Sunrise: 5:23AM | Sarvari 5122                       |
|   | 439654462                        | Rahu 8:50AM – 10:34AM | Yama 2:01PM – 3:44PM                                                                                                                                                     | Vajra* Until 8:20PM | Muruga: Clear   | Sunset: 7:11PM  | Moon 8 - Phase 17                  |
|   | Creative Work                    | Siddha Yoga           | Dvadashi* Until 2:21AM Sun                                                                                                                                               |                     | Nataraja: White | Devaloka Day    |                                    |
|   |                                  |                       |                                                                                                                                                                          | Moon – Yellow       |                 |                 |                                    |
|   |                                  |                       |                                                                                                                                                                          | Sravana-Adi         |                 |                 |                                    |

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| 4 | <b>Sunday, August 16, 2020</b> |                      | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau |                          |                 |                 | Des Moines, IA<br>Sun 12 Sutra 126 |
|   | Mithuna Rasi: 25.5             | Tithi 28             | Gulika 3:44PM – 5:27PM                                                                                                                                                   | Punarvasu Until 7:13PM   | Ganesha: Green  | Sunrise: 5:24AM | Sarvari 5122                       |
|   | 449654462                      | Rahu 5:27PM – 7:10PM | Yama 12:17PM – 2:00PM                                                                                                                                                    | Siddhi Until 8:27PM      | Muruga: Clear   | Sunset: 7:10PM  | Moon 8 - Phase 17                  |
|   | Creative Work                  | Siddha Yoga          | Trayodashi* Until 1:06AM Mon                                                                                                                                             |                          | Nataraja: White | Devaloka Day    |                                    |
|   |                                |                      |                                                                                                                                                                          | Moon – Blue              |                 |                 |                                    |
|   |                                |                      |                                                                                                                                                                          | Sravana-Avani            |                 |                 |                                    |
|   |                                |                      |                                                                                                                                                                          | Pradosha Vrata (Fasting) |                 |                 |                                    |

|   |                                |             |                                                                                                                                                                                      |                         |                 |                 |                                    |
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| 5 | <b>Monday, August 17, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                         |                 |                 | Des Moines, IA<br>Sun 13 Sutra 127 |
|   | Kataka Rasi: 9.32              | Tithi 29    | Gulika 2:00PM – 3:43PM                                                                                                                                                               | Pushya Until 6:12PM     | Ganesha: White  | Sunrise: 5:25AM | Sarvari 5122                       |
|   | Family Home Evening            | 549654462   | Rahu 7:08AM – 8:51AM                                                                                                                                                                 | Vyatipata* Until 4:00PM | Muruga: Clear   | Sunset: 7:09PM  | Moon 8 - Phase 17                  |
|   | Creative Work                  | Siddha Yoga | Chaturdashi* Until 11:10PM                                                                                                                                                           |                         | Nataraja: White | Devaloka Day    |                                    |
|   |                                |             |                                                                                                                                                                                      | Moon – Blue             |                 |                 |                                    |
|   |                                |             |                                                                                                                                                                                      | Sravana-Avani           |                 | Tour Day        |                                    |

|   |                                 |                      |                                                                                                                                                                                                 |                      |                         |                        |                                    |                 |              |
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| ● | <b>Tuesday, August 18, 2020</b> |                      | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                      |                         |                        | Des Moines, IA<br>Sun 14 Sutra 128 |                 |              |
|   | <b>Retreat Star</b>             |                      | Kataka Rasi: 23.38                                                                                                                                                                              | Tithi 30             | Gulika 12:17PM – 1:59PM | Ashlesha* Until 4:29PM | Ganesha: White                     | Sunrise: 5:26AM | Sarvari 5122 |
|   | 549654462                       | Rahu 3:42PM – 5:25PM | Yama 8:52AM – 10:34AM                                                                                                                                                                           | Variyan Until 1:02PM | Muruga: Clear           | Sunset: 7:07PM         | Moon 8 - Phase 17                  | Amavasya        |              |
|   | Creative Work                   | Siddha Yoga          | Amavasya* Until 8:42PM                                                                                                                                                                          |                      | Nataraja: White         | Devaloka Day           |                                    |                 |              |
|   |                                 |                      |                                                                                                                                                                                                 | Moon – Blue          |                         |                        |                                    |                 |              |
|   |                                 |                      |                                                                                                                                                                                                 | Sravana-Avani        |                         |                        |                                    |                 |              |

|   |                                   |                       |                                                                                                                                                                                                        |                                  |                          |                     |                                    |                 |              |
|---|-----------------------------------|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|--------------------------|---------------------|------------------------------------|-----------------|--------------|
| ● | <b>Wednesday, August 19, 2020</b> |                       | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau |                                  |                          |                     | Des Moines, IA<br>Sun 15 Sutra 129 |                 |              |
|   | <b>Retreat Star</b>               |                       | Simha Rasi: 8.05                                                                                                                                                                                       | Tithi 1 – 2                      | Gulika 10:34AM – 12:16PM | Magha* Until 2:36PM | Ganesha: Green                     | Sunrise: 5:27AM | Sarvari 5122 |
|   | 559654462                         | Rahu 12:16PM – 1:59PM | Yama 7:10AM – 8:52AM                                                                                                                                                                                   | Parigha* Until 9:44AM            | Muruga: Clear            | Sunset: 7:06PM      | Moon 8 - Phase 17                  | Prathama        |              |
|   | Creative Work                     | Siddha Yoga           | Prathama* Until 5:50PM                                                                                                                                                                                 |                                  | Nataraja: White          | Devaloka Day        |                                    |                 |              |
|   |                                   |                       |                                                                                                                                                                                                        | Moon – Red                       |                          |                     |                                    |                 |              |
|   |                                   |                       |                                                                                                                                                                                                        | Bhadrapada-Avani                 |                          |                     |                                    |                 |              |
|   |                                   |                       |                                                                                                                                                                                                        | Then Creative Work - Amrita Yoga |                          |                     |                                    |                 |              |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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| 1 Thursday, August 20, 2020 |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Dvitiya/Trilayam Titau |                             |                  | Des Moines, IA<br>Sun 16 Sutra 130 |                   |
|-----------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------|------------------------------------|-------------------|
| Simha Rasi: 22.45           | Tithi 2 – 3 | Gulika 8:52AM – 10:34AM                                                                                                                                                                                | Purvaphalguni Until 12:21PM | Ganesha: Green   | Sunrise: 5:28AM                    | Sarvari 5122      |
|                             |             | Yama 5:28AM – 7:10AM                                                                                                                                                                                   | Shiva Until 6:11AM          | Muruqa: Clear    | Sunset: 7:04PM                     | Moon 8 - Phase 18 |
|                             |             | 559654462 Rahu 1:58PM – 3:40PM                                                                                                                                                                         | Taitila Until 1:10AM Fri    | Nataraja: White  |                                    | 3rd Phase         |
| Creative Work               | Siddha Yoga |                                                                                                                                                                                                        | Dvitiya Until 2:44PM        | Moon – Red       |                                    | Devaloka Day      |
|                             |             |                                                                                                                                                                                                        |                             | Bhadrapada-Avani |                                    |                   |

| 2 Friday, August 21, 2020        |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau |                             |                  | Des Moines, IA<br>Sun 17 Sutra 131 |                   |
|----------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------|------------------------------------|-------------------|
| Kanya Rasi: 7.32                 | Tithi 3 – 4 | Gulika 7:11AM – 8:53AM                                                                                                                                                                  | Uttaraphalguni Until 9:51AM | Ganesha: Green   | Sunrise: 5:29AM                    | Sarvari 5122      |
|                                  |             | Yama 3:39PM – 5:21PM                                                                                                                                                                    | Sadhya Until 10:50PM        | Muruqa: Clear    | Sunset: 7:03PM                     | Moon 8 - Phase 18 |
|                                  |             | 559654462 Rahu 10:34AM – 12:16PM                                                                                                                                                        | Vanija Until 10:02PM        | Nataraja: White  |                                    | 3rd Phase         |
| Creative Work                    | Siddha Yoga |                                                                                                                                                                                         | Tritiya Until 11:35AM       | Moon – Red       |                                    | Devaloka Day      |
| Until 9:51AM                     |             | Ganesha Chaturthi                                                                                                                                                                       |                             | Bhadrapada-Avani |                                    |                   |
| Then Creative Work - Amrita Yoga |             |                                                                                                                                                                                         |                             |                  |                                    |                   |

| 3 Saturday, August 22, 2020 |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Hasta/Chitra Nakshatra Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                         |                  | Des Moines, IA<br>Sun 18 Sutra 132 |                   |
|-----------------------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|------------------|------------------------------------|-------------------|
| Kanya Rasi: 22.17           | Tithi 4 – 5 | Gulika 5:30AM – 7:12AM                                                                                                                                                           | Hasta Until 7:41AM      | Ganesha: Blue    | Sunrise: 5:30AM                    | Sarvari 5122      |
|                             |             | Yama 1:57PM – 3:38PM                                                                                                                                                             | Subha Until 7:19PM      | Muruqa: Clear    | Sunset: 7:01PM                     | Moon 8 - Phase 18 |
|                             |             | 561654462 Rahu 8:53AM – 10:34AM                                                                                                                                                  | Bava Until 7:02PM       | Nataraja: White  |                                    | 3rd Phase         |
| Routine Work                | Marana Yoga |                                                                                                                                                                                  | Chaturthi* Until 8:29AM | Moon – Green     |                                    | Devaloka Day      |
|                             |             |                                                                                                                                                                                  |                         | Bhadrapada-Avani |                                    |                   |

| 4 Sunday, August 23, 2020       |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Shashthiyam Titau |                            |                  | Des Moines, IA<br>Sun 19 Sutra 133 |                   |
|---------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------|------------------------------------|-------------------|
| Tula Rasi: 6.54                 | Tithi 6     | Gulika 3:37PM – 5:19PM                                                                                                                                                      | Svati Until 3:41AM Mon     | Ganesha: Blue    | Sunrise: 5:31AM                    | Sarvari 5122      |
|                                 |             | Yama 12:15PM – 1:56PM                                                                                                                                                       | Sukla Until 3:59PM         | Muruqa: Clear    | Sunset: 7:00PM                     | Moon 8 - Phase 18 |
|                                 |             | 561654462 Rahu 5:19PM – 7:00PM                                                                                                                                              | Kaulava Until 4:17PM       | Nataraja: White  |                                    | 3rd Phase         |
| Creative Work                   | Siddha Yoga |                                                                                                                                                                             | Shashthi* Until 3:02AM Mon | Moon – Green     |                                    | Devaloka Day      |
| Until 3:41AM Mon                |             |                                                                                                                                                                             |                            | Bhadrapada-Avani |                                    |                   |
| Then Routine Work - Marana Yoga |             |                                                                                                                                                                             |                            |                  |                                    |                   |

| 5 Monday, August 24, 2020        |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau |                           |                  | Des Moines, IA<br>Sun 20 Sutra 134 |                   |
|----------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|------------------|------------------------------------|-------------------|
| Tula Rasi: 21.17                 | Tithi 7     | Gulika 1:56PM – 3:37PM                                                                                                                                                  | Vishakha Until 2:27AM Tue | Ganesha: Yellow  | Sunrise: 5:32AM                    | Sarvari 5122      |
| Family Home Evening              |             | Yama 10:34AM – 12:15PM                                                                                                                                                  | Brahma Until 12:57PM      | Muruqa: Clear    | Sunset: 6:58PM                     | Moon 8 - Phase 18 |
|                                  |             | 571654462 Rahu 7:13AM – 8:54AM                                                                                                                                          | Gara Until 1:54PM         | Nataraja: White  |                                    | 3rd Phase         |
| Routine Work                     | Marana Yoga |                                                                                                                                                                         | Saptami Until 12:51AM Tue | Moon – Orange    |                                    | Sivaloka Day      |
| Until 2:27AM Tue                 |             |                                                                                                                                                                         |                           | Bhadrapada-Avani |                                    |                   |
| Then Creative Work - Siddha Yoga |             |                                                                                                                                                                         |                           |                  |                                    |                   |

| Tuesday, August 25, 2020 |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau |                           |                  | Des Moines, IA<br>Sun 21 Sutra 135 |                   |
|--------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|------------------|------------------------------------|-------------------|
| Retreat Star             |             | Gulika 12:15PM – 1:55PM                                                                                                                                                        | Anuradha Until 1:32AM Wed | Ganesha: Yellow  | Sunrise: 5:33AM                    | Sarvari 5122      |
| Vrischika Rasi: 5.23     | Tithi 8     | Yama 8:54AM – 10:35AM                                                                                                                                                          | Indra Until 10:17AM       | Muruqa: Clear    | Sunset: 6:56PM                     | Moon 8 - Phase 18 |
|                          |             | 571654462 Rahu 3:36PM – 5:16PM                                                                                                                                                 | Visti Until 11:57AM       | Nataraja: White  |                                    | Ashtami           |
| Creative Work            | Siddha Yoga |                                                                                                                                                                                | Ashtami* Until 11:08PM    | Moon – Orange    |                                    | Sivaloka Day      |
|                          |             |                                                                                                                                                                                |                           | Bhadrapada-Avani |                                    |                   |

| Wednesday, August 26, 2020 |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau |                             |                  | Des Moines, IA<br>Sun 22 Sutra 136 |                   |
|----------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------|------------------------------------|-------------------|
| Retreat Star               |             | Gulika 10:35AM – 12:15PM                                                                                                                                                              | Jyeshtha* Until 12:56AM Thu | Ganesha: Yellow  | Sunrise: 5:34AM                    | Sarvari 5122      |
| Vrischika Rasi: 19.13      | Tithi 9     | Yama 7:14AM – 8:55AM                                                                                                                                                                  | Vaidhriti* Until 7:59AM     | Muruqa: Clear    | Sunset: 6:55PM                     | Moon 8 - Phase 18 |
|                            |             | 571654462 Rahu 12:15PM – 1:55PM                                                                                                                                                       | Balava Until 10:29AM        | Nataraja: White  |                                    | Navami            |
| Creative Work              | Siddha Yoga |                                                                                                                                                                                       | Navami* Until 9:54PM        | Moon – Orange    |                                    | Sivaloka Day      |
|                            |             |                                                                                                                                                                                       |                             | Bhadrapada-Avani |                                    |                   |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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|          |                                  |           |                                                                                                                                                                           |                          |                        |                             |                   |
|----------|----------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------|-----------------------------|-------------------|
| <b>1</b> | <b>Thursday, August 27, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Vishkambha*Priti Yoga Taitila/Gara Karana Dashamyam Titau |                          |                        |                             | Des Moines, IA    |
|          | Dhanus Rasi: 2.44                | Tithi 10  | Gulika 8:55AM – 10:35AM                                                                                                                                                   | Mula* Until 1:05AM Fri   | Ganesha: White         | Sunrise: 5:35AM             | Sun 23 Sutra 137  |
|          |                                  | 581654463 | Yama 5:35AM – 7:15AM                                                                                                                                                      | Vishkambha* Until 6:04AM | Muruqa: Clear          | Sunset: 6:53PM              | Sarvari 5122      |
|          |                                  |           | Rahu 1:54PM – 3:34PM                                                                                                                                                      | Taitila Until 9:28AM     | Nataraja: Clear        |                             | Moon 8 - Phase 19 |
|          |                                  |           |                                                                                                                                                                           | Dashami Until 9:07PM     | Moon – Light Blue      |                             | 4th Phase         |
|          |                                  |           |                                                                                                                                                                           |                          | <b>Bhadrpada*Avani</b> | <b>Bhuloka Day</b>          |                   |
|          |                                  |           |                                                                                                                                                                           |                          |                        | Devaloka Time: 3:PM to 6:PM |                   |

|          |                                |           |                                                                                                                                                                             |                               |                        |                             |                   |
|----------|--------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|------------------------|-----------------------------|-------------------|
| <b>2</b> | <b>Friday, August 28, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau |                               |                        |                             | Des Moines, IA    |
|          | Dhanus Rasi: 16.01             | Tithi 11  | Gulika 7:16AM – 8:55AM                                                                                                                                                      | Purvashadha* Until 1:31AM Sat | Ganesha: White         | Sunrise: 5:36AM             | Sun 24 Sutra 138  |
|          |                                | 581654463 | Yama 3:33PM – 5:12PM                                                                                                                                                        | Ayushman Until 3:19AM Sat     | Muruqa: Clear          | Sunset: 6:52PM              | Sarvari 5122      |
|          |                                |           | Rahu 10:35AM – 12:14PM                                                                                                                                                      | Vanija Until 8:55AM           | Nataraja: Clear        |                             | Moon 8 - Phase 19 |
|          |                                |           |                                                                                                                                                                             | Ekadashi Until 8:47PM         | Moon – Light Blue      |                             | 4th Phase         |
|          |                                |           |                                                                                                                                                                             |                               | <b>Bhadrpada*Avani</b> | <b>Bhuloka Day</b>          |                   |
|          |                                |           |                                                                                                                                                                             |                               |                        | Devaloka Time: 3:PM to 6:PM |                   |

|          |                                  |           |                                                                                                                                                                            |                               |                        |                             |                   |
|----------|----------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|------------------------|-----------------------------|-------------------|
| <b>3</b> | <b>Saturday, August 29, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Saubhagya Yoga Bava/Balava Karana Dvodashyam Titau |                               |                        |                             | Des Moines, IA    |
|          | Dhanus Rasi: 29.05               | Tithi 12  | Gulika 5:37AM – 7:17AM                                                                                                                                                     | Uttarashadha Until 2:11AM Sun | Ganesha: White         | Sunrise: 5:37AM             | Sun 25 Sutra 139  |
|          |                                  | 581654463 | Yama 1:53PM – 3:32PM                                                                                                                                                       | Saubhagya Until 2:25AM Sun    | Muruqa: Clear          | Sunset: 6:50PM              | Sarvari 5122      |
|          |                                  |           | Rahu 8:56AM – 10:35AM                                                                                                                                                      | Bava Until 8:47AM             | Nataraja: Clear        |                             | Moon 8 - Phase 19 |
|          |                                  |           |                                                                                                                                                                            | Dvodashi Until 8:52PM         | Moon – Light Blue      |                             | 4th Phase         |
|          |                                  |           |                                                                                                                                                                            |                               | <b>Bhadrpada*Avani</b> | <b>Bhuloka Day</b>          |                   |
|          |                                  |           |                                                                                                                                                                            |                               |                        | Devaloka Time: 3:PM to 6:PM |                   |

|          |                                |           |                                                                                                                                                                            |                           |                        |                     |                   |
|----------|--------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|------------------------|---------------------|-------------------|
| <b>4</b> | <b>Sunday, August 30, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau |                           |                        |                     | Des Moines, IA    |
|          | Makara Rasi: 11.56             | Tithi 13  | Gulika 3:31PM – 5:10PM                                                                                                                                                     | Shravana Until 3:33AM Mon | Ganesha: Clear         | Sunrise: 5:38AM     | Sun 26 Sutra 140  |
|          |                                | 591654463 | Yama 12:13PM – 1:52PM                                                                                                                                                      | Sobhana Until 1:51AM Mon  | Muruqa: Clear          | Sunset: 6:48PM      | Sarvari 5122      |
|          |                                |           | Rahu 5:10PM – 6:48PM                                                                                                                                                       | Kaulava Until 9:04AM      | Nataraja: Clear        |                     | Moon 8 - Phase 19 |
|          |                                |           |                                                                                                                                                                            | Trayodashi Until 9:19PM   | Moon – Purple          |                     | 4th Phase         |
|          |                                |           |                                                                                                                                                                            |                           | <b>Bhadrpada*Avani</b> | <b>Devaloka Day</b> |                   |
|          |                                |           |                                                                                                                                                                            |                           |                        |                     |                   |

|          |                                |           |                                                                                                                                                                             |                             |                        |                     |                   |
|----------|--------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------------|---------------------|-------------------|
| <b>5</b> | <b>Monday, August 31, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau |                             |                        |                     | Des Moines, IA    |
|          | Makara Rasi: 24.37             | Tithi 14  | Gulika 1:52PM – 3:30PM                                                                                                                                                      | Dhanishtha Until 5:07AM Tue | Ganesha: Clear         | Sunrise: 5:39AM     | Sun 27 Sutra 141  |
|          |                                | 591654463 | Yama 10:35AM – 12:13PM                                                                                                                                                      | Athiganda* Until 1:32AM Tue | Muruqa: Clear          | Sunset: 6:47PM      | Sarvari 5122      |
|          |                                |           | Rahu 7:18AM – 8:56AM                                                                                                                                                        | Gara Until 9:43AM           | Nataraja: Clear        |                     | Moon 8 - Phase 19 |
|          |                                |           |                                                                                                                                                                             | Chaturdashi* Until 10:10PM  | Moon – Purple          |                     | 4th Phase         |
|          |                                |           |                                                                                                                                                                             |                             | <b>Bhadrpada*Avani</b> | <b>Devaloka Day</b> |                   |
|          |                                |           |                                                                                                                                                                             |                             |                        |                     |                   |

|          |                                   |           |                                                                                                                                                                            |                               |                        |                     |                   |
|----------|-----------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|------------------------|---------------------|-------------------|
| <b>○</b> | <b>Tuesday, September 1, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Sukarma Yoga Visti*/Bava Karana Purnimayam Titau |                               |                        |                     | Des Moines, IA    |
|          | <b>Copper Retreat Star</b>        |           | Gulika 12:13PM – 1:51PM                                                                                                                                                    | Shatabhishak Until 6:53AM Wed | Ganesha: Purple        | Sunrise: 5:40AM     | Sun 28 Sutra 142  |
|          | Kumbha Rasi: 7.07                 | Tithi 15  | Yama 8:57AM – 10:35AM                                                                                                                                                      | Sukarma Until 1:31AM Wed      | Muruqa: Clear          | Sunset: 6:45PM      | Sarvari 5122      |
|          |                                   | 592654463 | Rahu 3:29PM – 5:07PM                                                                                                                                                       | Visti Until 10:45AM           | Nataraja: Clear        |                     | Moon 8 - Phase 19 |
|          |                                   |           |                                                                                                                                                                            | Purnima* Until 11:23PM        | Moon – Purple          |                     | Purnima           |
|          |                                   |           |                                                                                                                                                                            |                               | <b>Bhadrpada*Avani</b> | <b>Sivaloka Day</b> |                   |
|          |                                   |           |                                                                                                                                                                            |                               |                        |                     |                   |

|          |                                     |           |                                                                                                                                                                                                 |                             |                        |                     |                   |
|----------|-------------------------------------|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------------|---------------------|-------------------|
| <b>○</b> | <b>Wednesday, September 2, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Purvaprosithpada* Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau |                             |                        |                     | Des Moines, IA    |
|          | <b>Silver Retreat Star</b>          |           | Gulika 10:35AM – 12:12PM                                                                                                                                                                        | Shatabhishak Until 6:53AM   | Ganesha: Purple        | Sunrise: 5:41AM     | Sun 29 Sutra 143  |
|          | Kumbha Rasi: 19.27                  | Tithi 16  | Yama 7:19AM – 8:57AM                                                                                                                                                                            | Dhriti Until 1:48AM Thu     | Muruqa: Clear          | Sunset: 6:43PM      | Sarvari 5122      |
|          |                                     | 592654463 | Rahu 12:12PM – 1:50PM                                                                                                                                                                           | Balava Until 12:09PM        | Nataraja: Clear        |                     | Moon 8 - Phase 19 |
|          |                                     |           |                                                                                                                                                                                                 | Prathama* Until 12:58AM Thu | Moon – Purple          |                     | Prathama          |
|          |                                     |           |                                                                                                                                                                                                 |                             | <b>Bhadrpada*Avani</b> | <b>Sivaloka Day</b> |                   |
|          |                                     |           |                                                                                                                                                                                                 |                             |                        |                     |                   |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





**Thursday, September 3, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Purvaproshtapada/Uttaraproshtapada Nakshatra Shula\* Yoga Taitila/Gara Karana Dvilyayam Titau

Des Moines, IA  
 Sun 1 Sutra 144

Meena Rasi: 1.38 Tithi 17  
 512654463 Rahu  
 Creative Work Siddha Yoga

**Gulika** 8:57AM – 10:35AM  
 Yama 5:42AM – 7:20AM  
**Rahu** 1:50PM – 3:27PM

**Purvaproshtapada\* Until 9:20AM**  
 Shula\* Until 2:20AM Fri  
 Taitila Until 1:54PM  
**Dvitiya Until 2:53AM Fri**

**Ganesha:** Purple *Sunrise: 5:42AM*  
**Muruqa:** Clear *Sunset: 6:42PM*  
**Nataraja:** Clear  
 Moon – Clear

**Sivaloka Day**

Moon 9 - Phase 20  
 1st Phase

**1**

**Friday, September 4, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Uttaraproshtapada/Revati Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA  
 Sun 2 Sutra 145

Meena Rasi: 13.42 Tithi 18  
 512654463 Rahu  
 Creative Work Siddha Yoga

**Gulika** 7:21AM – 8:58AM  
 Yama 3:26PM – 5:03PM  
**Rahu** 10:35AM – 12:12PM

**Uttaraproshtapada Until 11:56AM**  
 Ganda\* Until 3:05AM Sat  
 Vanija Until 4:00PM  
**Tritiya Until 5:07AM Sat**

**Ganesha:** Purple *Sunrise: 5:43AM*  
**Muruqa:** Clear *Sunset: 6:40PM*  
**Nataraja:** Clear  
 Moon – Clear

**Sivaloka Day**

Moon 9 - Phase 20  
 1st Phase

**2**

**Saturday, September 5, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Revati/Ashvini Nakshatra Vriddhi Yoga Bava Karana Chaturthiyam Titau

Des Moines, IA  
 Sun 3 Sutra 146

Meena Rasi: 25.38 Tithi 19  
 512654463 Rahu  
 Routine Work Prabalarishta Yoga  
 Until 2:37PM  
 Then Creative Work - Siddha Yoga

**Gulika** 5:44AM – 7:21AM  
 Yama 1:48PM – 3:25PM  
**Rahu** 8:58AM – 10:35AM

**Revati Until 2:37PM**  
 Vriddhi Until 4:02AM Sun  
 Bava Until 6:21PM  
**Chaturthi\* Until 7:34AM Sun**

**Ganesha:** Purple *Sunrise: 5:44AM*  
**Muruqa:** Clear *Sunset: 6:38PM*  
**Nataraja:** Clear  
 Moon – Clear

**Sivaloka Day**

Moon 9 - Phase 20  
 1st Phase

**3**

**Sunday, September 6, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA  
 Sun 4 Sutra 147

Mesha Rasi: 7.3 Tithi 19 – 20  
 522654463 Rahu  
 Creative Work Siddha Yoga  
 Until 5:49PM  
 Then Routine Work - Prabalarishta Yoga

**Gulika** 3:24PM – 5:00PM  
 Yama 12:11PM – 1:48PM  
**Rahu** 5:00PM – 6:37PM

**Ashvini Until 5:49PM**  
 Dhruva Until 5:01AM Mon  
 Kaulava Until 8:51PM  
**Chaturthi\* Until 7:34AM**

**Ganesha:** Clear *Sunrise: 5:46AM*  
**Muruqa:** Clear *Sunset: 6:37PM*  
**Nataraja:** Clear  
 Moon – White

**Devaloka Day**

Moon 9 - Phase 20  
 1st Phase

**4**

**Monday, September 7, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Bharani Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA  
 Sun 5 Sutra 148

Mesha Rasi: 19.2 Tithi 20 – 21  
**Family Home Evening**  
 522754463 Rahu  
 Creative Work Siddha Yoga  
 Until 8:51PM  
 Then Routine Work - Marana Yoga

**Gulika** 1:47PM – 3:23PM  
 Yama 10:35AM – 12:11PM  
**Rahu** 7:23AM – 8:59AM

**Bharani Until 8:51PM**  
 Vyaghata\* Until 5:58AM Tue  
 Gara Until 11:21PM  
**Panchami Until 10:05AM**

**Ganesha:** White *Sunrise: 5:47AM*  
**Muruqa:** Clear *Sunset: 6:35PM*  
**Nataraja:** Clear  
 Moon – White

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 9 - Phase 20  
 1st Phase

**5**

**Tuesday, September 8, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Kritika Nakshatra Harshana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Des Moines, IA  
 Sun 6 Sutra 149

Vrishabha Rasi: 1.11 Tithi 21 – 22  
 522754463 Rahu  
 Creative Work Siddha Yoga  
 Until 11:31PM  
 Then Creative Work - Amrita Yoga

**Gulika** 12:10PM – 1:46PM  
 Yama 8:59AM – 10:35AM  
**Rahu** 3:22PM – 4:58PM

**Krittika Until 11:31PM**  
 Harshana Until 6:42AM Wed  
 Visti Until 1:37AM Wed  
**Shashthi\* Until 12:30PM**

**Ganesha:** White *Sunrise: 5:48AM*  
**Muruqa:** Clear *Sunset: 6:33PM*  
**Nataraja:** Clear  
 Moon – White

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 9 - Phase 20  
 1st Phase

**D**

**Wednesday, September 9, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Rohini Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA  
 Sun 7 Sutra 150

Vrishabha Rasi: 13.09 Tithi 22 – 23  
 532754463 Rahu  
 Creative Work Siddha Yoga  
 Until 2:06AM Thu  
 Then Routine Work - Marana Yoga

**Gulika** 10:35AM – 12:10PM  
 Yama 7:24AM – 8:59AM  
**Rahu** 12:10PM – 1:45PM

**Rohini Until 2:06AM Thu**  
 Harshana Until 6:42AM  
 Balava Until 3:25AM Thu  
**Saptami Until 2:34PM**

**Ganesha:** Yellow *Sunrise: 5:49AM*  
**Muruqa:** Clear *Sunset: 6:32PM*  
**Nataraja:** Clear  
 Moon – Yellow

**Devaloka Day**

**Bhadrapada-Avani**

Moon 9 - Phase 20  
 Ashtami

**Thursday, September 10, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Mrigashira Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA  
 Sun 8 Sutra 151

Vrishabha Rasi: 25.19 Tithi 23 – 24  
 532754463 Rahu  
 Routine Work Marana Yoga  
 Until 3:53AM Fri  
 Then Creative Work - Siddha Yoga

**Gulika** 9:00AM – 10:35AM  
 Yama 5:50AM – 7:25AM  
**Rahu** 1:45PM – 3:20PM

**Mrigashira Until 3:53AM Fri**  
 Vajra\* Until 7:02AM  
 Taitila Until 4:34AM Fri  
**Ashtami\* Until 4:04PM**

**Ganesha:** Yellow *Sunrise: 5:50AM*  
**Muruqa:** Clear *Sunset: 6:30PM*  
**Nataraja:** Clear  
 Moon – Yellow

**Devaloka Day**

**Bhadrapada-Avani**

Moon 9 - Phase 20  
 Navami

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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|   |                                   |               |                                                                                                                                                                                   |                               |                        |                        |                   |
|---|-----------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|------------------------|------------------------|-------------------|
| 1 | <b>Friday, September 11, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashyam Titau |                               |                        |                        | Des Moines, IA    |
|   | Mithuna Rasi: 7.46                | Tithi 24 – 25 | <b>Gulika</b> 7:25AM – 9:00AM                                                                                                                                                     | <b>Ardra Until 4:44AM Sat</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:51AM | Sun 9 Sutra 152   |
|   |                                   |               | Yama 3:19PM – 4:54PM                                                                                                                                                              | Siddhi Until 6:51AM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:28PM  | Sarvari 5122      |
|   | Creative Work                     | Siddha Yoga   | 532754463 <b>Rahu</b> 10:35AM – 12:09PM                                                                                                                                           | Vanija Until 4:54AM Sat       | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 21 |
|   |                                   |               | <b>Navami* Until 4:50PM</b>                                                                                                                                                       | Moon – Yellow                 |                        | 2nd Phase              |                   |
|   |                                   |               |                                                                                                                                                                                   | <b>Bhadrapada-Avani</b>       |                        | <b>Devaloka Day</b>    |                   |

|   |                                     |               |                                                                                                                                                                                           |                                   |                        |                             |                   |
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| 2 | <b>Saturday, September 12, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Punarvasu Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                                   |                        |                             | Des Moines, IA    |
|   | Mithuna Rasi: 20.35                 | Tithi 25 – 26 | <b>Gulika</b> 5:52AM – 7:26AM                                                                                                                                                             | <b>Punarvasu Until 5:01AM Sun</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:52AM      | Sun 10 Sutra 153  |
|   |                                     |               | Yama 1:43PM – 3:18PM                                                                                                                                                                      | Vyatipata* Until 6:02AM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:27PM       | Sarvari 5122      |
|   | Creative Work                       | Siddha Yoga   | 542754463 <b>Rahu</b> 9:00AM – 10:35AM                                                                                                                                                    | Bava Until 4:22AM Sun             | <b>Nataraja:</b> Clear |                             | Moon 9 - Phase 21 |
|   |                                     |               | <b>Dashami Until 4:44PM</b>                                                                                                                                                               | Moon – Blue                       |                        | 2nd Phase                   |                   |
|   |                                     |               |                                                                                                                                                                                           | <b>Bhadrapada-Avani</b>           |                        | <b>Bhuloka Day</b>          |                   |
|   |                                     |               |                                                                                                                                                                                           |                                   |                        | Devaloka Time: 3:PM to 6:PM |                   |

|   |                                   |               |                                                                                                                                                                                   |                                |                        |                             |                   |
|---|-----------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|------------------------|-----------------------------|-------------------|
| 3 | <b>Sunday, September 13, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                |                        |                             | Des Moines, IA    |
|   | Kataka Rasi: 3.52                 | Tithi 26 – 27 | <b>Gulika</b> 3:17PM – 4:51PM                                                                                                                                                     | <b>Pushya Until 4:19AM Mon</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:53AM      | Sun 11 Sutra 154  |
|   |                                   |               | Yama 12:09PM – 1:43PM                                                                                                                                                             | Parigha* Until 2:18AM Mon      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:25PM       | Sarvari 5122      |
|   | Creative Work                     | Siddha Yoga   | 542754463 <b>Rahu</b> 4:51PM – 6:25PM                                                                                                                                             | Kaulava Until 2:58AM Mon       | <b>Nataraja:</b> Clear |                             | Moon 9 - Phase 21 |
|   |                                   |               | <b>Ekadashi* Until 3:45PM</b>                                                                                                                                                     | Moon – Blue                    |                        | 2nd Phase                   |                   |
|   |                                   |               |                                                                                                                                                                                   | <b>Bhadrapada-Avani</b>        |                        | <b>Bhuloka Day</b>          |                   |
|   |                                   |               |                                                                                                                                                                                   |                                |                        | Devaloka Time: 3:PM to 6:PM |                   |

|   |                                   |               |                                                                                                                                                                                  |                                   |                        |                        |                   |
|---|-----------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|------------------------|------------------------|-------------------|
| 4 | <b>Monday, September 14, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Shiva Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau |                                   |                        |                        | Des Moines, IA    |
|   | Kataka Rasi: 17.38                | Tithi 27 – 28 | <b>Gulika</b> 1:42PM – 3:16PM                                                                                                                                                    | <b>Ashlesha* Until 2:44AM Tue</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:54AM | Sun 12 Sutra 155  |
|   | <b>Family Home Evening</b>        |               | Yama 10:35AM – 12:08PM                                                                                                                                                           | Shiva Until 11:29PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:23PM  | Sarvari 5122      |
|   | Creative Work                     | Siddha Yoga   | 543754463 <b>Rahu</b> 7:27AM – 9:01AM                                                                                                                                            | Gara Until 12:49AM Tue            | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 21 |
|   |                                   |               | <b>Dvadashi* Until 1:58PM</b>                                                                                                                                                    | Moon – Blue                       |                        | 2nd Phase              |                   |
|   |                                   |               |                                                                                                                                                                                  | <b>Bhadrapada-Avani</b>           |                        | <b>Devaloka Day</b>    |                   |
|   |                                   |               |                                                                                                                                                                                  |                                   |                        |                        |                   |

*Pradosha Vrata (Fasting)*

|   |                                    |               |                                                                                                                                                                                       |                                 |                        |                        |                   |
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| 5 | <b>Tuesday, September 15, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 |                        |                        | Des Moines, IA    |
|   | Simha Rasi: 1.52                   | Tithi 28 – 29 | <b>Gulika</b> 12:08PM – 1:41PM                                                                                                                                                        | <b>Magha* Until 12:48AM Wed</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:55AM | Sun 13 Sutra 156  |
|   |                                    |               | Yama 9:01AM – 10:35AM                                                                                                                                                                 | Siddha Until 8:07PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:21PM  | Sarvari 5122      |
|   | Creative Work                      | Siddha Yoga   | 553754463 <b>Rahu</b> 3:15PM – 4:48PM                                                                                                                                                 | Visti Until 10:02PM             | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 21 |
|   |                                    |               | <b>Trayodashi* Until 11:28AM</b>                                                                                                                                                      | Moon – Red                      |                        | 2nd Phase              |                   |
|   |                                    |               |                                                                                                                                                                                       | <b>Bhadrapada-Avani</b>         |                        | <b>Devaloka Day</b>    |                   |
|   |                                    |               |                                                                                                                                                                                       |                                 |                        | <b>Tour Day</b>        |                   |

|   |                                      |               |                                                                                                                                                                                                      |                                    |                        |                        |                   |
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| ● | <b>Wednesday, September 16, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                    |                        |                        | Des Moines, IA    |
|   | <b>Retreat Star</b>                  |               | <b>Gulika</b> 10:35AM – 12:08PM                                                                                                                                                                      | <b>Purvaphalguni Until 10:18PM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:56AM | Sun 14 Sutra 157  |
|   | Simha Rasi: 16.31                    | Tithi 29 – 30 | Yama 7:29AM – 9:02AM                                                                                                                                                                                 | Sadhya Until 4:22PM                | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:20PM  | Sarvari 5122      |
|   | Creative Work                        | Amrita Yoga   | 553764463 <b>Rahu</b> 12:08PM – 1:41PM                                                                                                                                                               | Catuspada Until 6:47PM             | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 21 |
|   |                                      |               | <b>Chaturdashi* Until 8:27AM</b>                                                                                                                                                                     | Moon – Red                         |                        | Amavasya               |                   |
|   |                                      |               |                                                                                                                                                                                                      | <b>Bhadrapada-Puratasi</b>         |                        | <b>Sivaloka Day</b>    |                   |

**Mahalaya Amavasai (Tamil Nadu)**

|   |                                     |         |                                                                                                                                                                                    |                                    |                        |                        |                   |
|---|-------------------------------------|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|------------------------|------------------------|-------------------|
| ● | <b>Thursday, September 17, 2020</b> |         | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau |                                    |                        |                        | Des Moines, IA    |
|   | <b>Retreat Star</b>                 |         | <b>Gulika</b> 9:02AM – 10:35AM                                                                                                                                                     | <b>Uttaraphalguni Until 7:24PM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:57AM | Sun 15 Sutra 158  |
|   | Kanya Rasi: 1.29                    | Tithi 1 | Yama 5:57AM – 7:29AM                                                                                                                                                               | Subha Until 12:23PM                | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:18PM  | Sarvari 5122      |
|   |                                     |         | 553764463 <b>Rahu</b> 1:40PM – 3:13PM                                                                                                                                              | Kintughna Until 3:15PM             | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 21 |
|   |                                     |         | <b>Prathama* Until 1:25AM Fri</b>                                                                                                                                                  | Moon – Red                         |                        | Prathama               |                   |
|   |                                     |         |                                                                                                                                                                                    | <b>Ashvina Adhika-Puratasi</b>     |                        | <b>Sivaloka Day</b>    |                   |

Then Routine Work - Marana Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time

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|----------------------------------|-----------------------------------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-----------------|---------------------|--------------------------------|
| <b>1</b>                         | <b>Friday, September 18, 2020</b> |                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau |                         |                 |                     | Des Moines, IA                 |
|                                  | Kanya Rasi: 16.35                 | Tithi 2                | Gulika 7:30AM – 9:02AM                                                                                                                                                           | Hasta Until 4:41PM      | Ganesha: Yellow | Sunrise: 5:58AM     | Sun 16 Sutra 159               |
|                                  |                                   |                        | Yama 3:12PM – 4:44PM                                                                                                                                                             | Sukla Until 8:14AM      | Muruga: Purple  | Sunset: 6:16PM      | Sarvari 5122                   |
|                                  | 563764463                         | Rahu 10:35AM – 12:07PM | Balava Until 11:36AM                                                                                                                                                             | Nataraja: Clear         |                 |                     | Moon 9 - Phase 22<br>3rd Phase |
| Creative Work                    | Amrita Yoga                       |                        | Dvitiya Until 9:46PM                                                                                                                                                             | Moon – Green            |                 | <b>Sivaloka Day</b> |                                |
| Until 4:41PM                     |                                   |                        |                                                                                                                                                                                  | Ashvina Adhika-Puratasi |                 |                     |                                |
| Then Creative Work - Siddha Yoga |                                   |                        |                                                                                                                                                                                  |                         |                 |                     |                                |


|                                  |                                     |                       |                                                                                                                                                                         |                         |                 |                     |                                |
|----------------------------------|-------------------------------------|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-----------------|---------------------|--------------------------------|
| <b>2</b>                         | <b>Saturday, September 19, 2020</b> |                       | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Indra Yoga Taitila/Gara Karana Tritiyayam Titau |                         |                 |                     | Des Moines, IA                 |
|                                  | Tula Rasi: 1.42                     | Tithi 3               | Gulika 5:59AM – 7:31AM                                                                                                                                                  | Chitra Until 1:55PM     | Ganesha: Yellow | Sunrise: 5:59AM     | Sun 17 Sutra 160               |
|                                  |                                     |                       | Yama 1:39PM – 3:10PM                                                                                                                                                    | Indra Until 12:11AM Sun | Muruga: Purple  | Sunset: 6:14PM      | Sarvari 5122                   |
|                                  | 563764463                           | Rahu 9:03AM – 10:35AM | Taitila Until 8:00AM                                                                                                                                                    | Nataraja: Clear         |                 |                     | Moon 9 - Phase 22<br>3rd Phase |
| Routine Work                     | Marana Yoga                         |                       | Tritiya Until 6:15PM                                                                                                                                                    | Moon – Green            |                 | <b>Sivaloka Day</b> |                                |
| Until 1:55PM                     |                                     |                       |                                                                                                                                                                         | Ashvina Adhika-Puratasi |                 |                     |                                |
| Then Creative Work - Siddha Yoga |                                     |                       |                                                                                                                                                                         |                         |                 |                     |                                |

|                                 |                                   |                      |                                                                                                                                                                                         |                         |                 |                     |                                |
|---------------------------------|-----------------------------------|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-----------------|---------------------|--------------------------------|
| <b>3</b>                        | <b>Sunday, September 20, 2020</b> |                      | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                         |                 |                     | Des Moines, IA                 |
|                                 | Tula Rasi: 16.39                  | Tithi 4 – 5          | Gulika 3:09PM – 4:41PM                                                                                                                                                                  | Svati Until 11:17AM     | Ganesha: Yellow | Sunrise: 6:00AM     | Sun 18 Sutra 161               |
|                                 |                                   |                      | Yama 12:06PM – 1:38PM                                                                                                                                                                   | Vaidhriti* Until 8:30PM | Muruga: Purple  | Sunset: 6:13PM      | Sarvari 5122                   |
|                                 | 563764463                         | Rahu 4:41PM – 6:13PM | Bava Until 1:35AM Mon                                                                                                                                                                   | Nataraja: Clear         |                 |                     | Moon 9 - Phase 22<br>3rd Phase |
| Creative Work                   | Siddha Yoga                       |                      | Chaturthi* Until 3:02PM                                                                                                                                                                 | Moon – Green            |                 | <b>Sivaloka Day</b> |                                |
| Until 11:17AM                   |                                   |                      |                                                                                                                                                                                         | Ashvina Adhika-Puratasi |                 |                     |                                |
| Then Routine Work - Marana Yoga |                                   |                      |                                                                                                                                                                                         |                         |                 |                     |                                |

|                                  |                                   |                      |                                                                                                                                                                                                     |                          |                |                           |                                |
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| <b>4</b>                         | <b>Monday, September 21, 2020</b> |                      | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                          |                |                           | Des Moines, IA                 |
|                                  | Vrischika Rasi: 1.19              | Tithi 5 – 6          | Gulika 1:37PM – 3:08PM                                                                                                                                                                              | Vishakha Until 9:19AM    | Ganesha: White | Sunrise: 6:01AM           | Sun 19 Sutra 162               |
|                                  |                                   |                      | Yama 10:35AM – 12:06PM                                                                                                                                                                              | Vishkambha* Until 5:12PM | Muruga: Purple | Sunset: 6:11PM            | Sarvari 5122                   |
|                                  | 573764463                         | Rahu 7:32AM – 9:03AM | Kaulava Until 11:03PM                                                                                                                                                                               | Nataraja: Clear          |                |                           | Moon 9 - Phase 22<br>3rd Phase |
| Family Home Evening              | Marana Yoga                       |                      | Panchami Until 12:14PM                                                                                                                                                                              | Moon – Orange            |                | <b>Subha Sivaloka Day</b> |                                |
| Until 9:19AM                     |                                   |                      |                                                                                                                                                                                                     | Ashvina Adhika-Puratasi  |                |                           |                                |
| Then Creative Work - Siddha Yoga |                                   |                      |                                                                                                                                                                                                     |                          |                |                           |                                |

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| <b>5</b>                        | <b>Tuesday, September 22, 2020</b> |                      | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                         |                |                           | Des Moines, IA                 |
|                                 | Vrischika Rasi: 15.37              | Tithi 6 – 7          | Gulika 12:05PM – 1:36PM                                                                                                                                                                          | Anuradha Until 7:46AM   | Ganesha: White | Sunrise: 6:02AM           | Sun 20 Sutra 163               |
|                                 |                                    |                      | Yama 9:04AM – 10:35AM                                                                                                                                                                            | Priti Until 2:23PM      | Muruga: Purple | Sunset: 6:09PM            | Sarvari 5122                   |
|                                 | 573764463                          | Rahu 3:07PM – 4:38PM | Gara Until 9:08PM                                                                                                                                                                                | Nataraja: Clear         |                |                           | Moon 9 - Phase 22<br>3rd Phase |
| Creative Work                   | Siddha Yoga                        |                      | Shashthi* Until 10:00AM                                                                                                                                                                          | Moon – Orange           |                | <b>Subha Sivaloka Day</b> |                                |
| Until 7:46AM                    |                                    |                      |                                                                                                                                                                                                  | Ashvina Adhika-Puratasi |                |                           |                                |
| Then Routine Work - Marana Yoga |                                    |                      |                                                                                                                                                                                                  |                         |                |                           |                                |

|                                                                                     |                                      |             |                                                                                                                                                                                                 |                         |                 |                           |                              |
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|  | <b>Wednesday, September 23, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                         |                 |                           | Des Moines, IA               |
|                                                                                     | <b>Retreat Star</b>                  |             | Gulika 10:35AM – 12:05PM                                                                                                                                                                        | Jyeshtha* Until 6:41AM  | Ganesha: White  | Sunrise: 6:03AM           | Sun 21 Sutra 164             |
|                                                                                     | Vrischika Rasi: 29.31                | Tithi 7 – 8 | Yama 7:33AM – 9:04AM                                                                                                                                                                            | Ayushman Until 12:04PM  | Muruga: Purple  | Sunset: 6:08PM            | Sarvari 5122                 |
|                                                                                     |                                      |             | 573764463                                                                                                                                                                                       | Rahu 12:05PM – 1:36PM   | Nataraja: Clear |                           | Moon 9 - Phase 22<br>Ashtami |
| Creative Work                                                                       | Siddha Yoga                          |             | Visti Until 7:51PM                                                                                                                                                                              | Moon – Orange           |                 | <b>Subha Sivaloka Day</b> |                              |
| Until 6:41AM                                                                        |                                      |             | Saptami Until 8:23AM                                                                                                                                                                            | Ashvina Adhika-Puratasi |                 |                           |                              |
| Then Routine Work - Marana Yoga                                                     |                                      |             |                                                                                                                                                                                                 |                         |                 |                           |                              |

|                                                                                     |                                     |             |                                                                                                                                                                                               |                         |                 |                     |                             |
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|  | <b>Thursday, September 24, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                         |                 |                     | Des Moines, IA              |
|                                                                                     | <b>Retreat Star</b>                 |             | Gulika 9:04AM – 10:35AM                                                                                                                                                                       | Mula* Until 6:34AM      | Ganesha: Clear  | Sunrise: 6:04AM     | Sun 22 Sutra 165            |
|                                                                                     | Dhanus Rasi: 13.01                  | Tithi 8 – 9 | Yama 6:04AM – 7:34AM                                                                                                                                                                          | Saubhagya Until 10:17AM | Muruga: Purple  | Sunset: 6:06PM      | Sarvari 5122                |
|                                                                                     |                                     |             | 583764463                                                                                                                                                                                     | Rahu 1:35PM – 3:05PM    | Nataraja: Clear |                     | Moon 9 - Phase 22<br>Navami |
| Creative Work                                                                       | Siddha Yoga                         |             | Balava Until 7:15PM                                                                                                                                                                           | Moon – Light Blue       |                 | <b>Sivaloka Day</b> |                             |
| Until 6:41AM                                                                        |                                     |             | Ashtami* Until 7:27AM                                                                                                                                                                         | Ashvina Adhika-Puratasi |                 |                     |                             |
| Then Routine Work - Marana Yoga                                                     |                                     |             |                                                                                                                                                                                               |                         |                 |                     |                             |

|                                 |                                   |                                                                                                                                                                                                           |           |                                                                                               |                                                                                                                 |                                                                                           |
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| <b>1</b>                        | <b>Friday, September 25, 2020</b> | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |           |                                                                                               |                                                                                                                 | Des Moines, IA                                                                            |
|                                 | Dhanus Rasi: 26.09                | Tithi 9 – 10                                                                                                                                                                                              | 583764463 | <b>Gulika</b> 7:35AM – 9:05AM<br><b>Yama</b> 3:04PM – 4:34PM<br><b>Rahu</b> 10:35AM – 12:04PM | <b>Purvashadha* Until 6:56AM</b><br>Sobhana Until 9:03AM<br>Taitila Until 7:16PM<br><b>Navami* Until 7:10AM</b> | Sun 23 Sutra 166<br>Sarvari 5122<br>Moon 9 - Phase 23<br>4th Phase<br><b>Sivaloka Day</b> |
| Routine Work Prabalarishta Yoga |                                   |                                                                                                                                                                                                           |           |                                                                                               |                                                                                                                 |                                                                                           |
| Until 6:56AM                    |                                   |                                                                                                                                                                                                           |           |                                                                                               |                                                                                                                 |                                                                                           |
| Then Routine Work - Marana Yoga |                                   |                                                                                                                                                                                                           |           |                                                                                               |                                                                                                                 |                                                                                           |

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| <b>2</b>                         | <b>Saturday, September 26, 2020</b> | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |           |                                                                                              |                                                                                                                   | Des Moines, IA                                                                            |
|                                  | Makara Rasi: 8.59                   | Tithi 10 – 11                                                                                                                                                                                         | 583764463 | <b>Gulika</b> 6:06AM – 7:35AM<br><b>Yama</b> 1:34PM – 3:03PM<br><b>Rahu</b> 9:05AM – 10:35AM | <b>Uttarashadha Until 7:43AM</b><br>Athiganda* Until 8:14AM<br>Vanija Until 7:50PM<br><b>Dashami Until 7:28AM</b> | Sun 24 Sutra 167<br>Sarvari 5122<br>Moon 9 - Phase 23<br>4th Phase<br><b>Sivaloka Day</b> |
| Routine Work Marana Yoga         |                                     |                                                                                                                                                                                                       |           |                                                                                              |                                                                                                                   |                                                                                           |
| Until 7:43AM                     |                                     |                                                                                                                                                                                                       |           |                                                                                              |                                                                                                                   |                                                                                           |
| Then Creative Work - Siddha Yoga |                                     |                                                                                                                                                                                                       |           |                                                                                              |                                                                                                                   |                                                                                           |

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| <b>3</b>                        | <b>Sunday, September 27, 2020</b> | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau |           |                                                                                              |                                                                                                           | Des Moines, IA                                                                            |
|                                 | Makara Rasi: 21.36                | Tithi 11 – 12                                                                                                                                                                                    | 693764463 | <b>Gulika</b> 3:02PM – 4:31PM<br><b>Yama</b> 12:04PM – 1:33PM<br><b>Rahu</b> 4:31PM – 6:01PM | <b>Shravana Until 9:19AM</b><br>Sukarma Until 7:49AM<br>Bava Until 8:53PM<br><b>Ekadashi Until 8:17AM</b> | Sun 25 Sutra 168<br>Sarvari 5122<br>Moon 9 - Phase 23<br>4th Phase<br><b>Sivaloka Day</b> |
| Creative Work Amrita Yoga       |                                   |                                                                                                                                                                                                  |           |                                                                                              |                                                                                                           |                                                                                           |
| Until 9:19AM                    |                                   |                                                                                                                                                                                                  |           |                                                                                              |                                                                                                           |                                                                                           |
| Then Routine Work - Marana Yoga |                                   |                                                                                                                                                                                                  |           |                                                                                              |                                                                                                           |                                                                                           |

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| <b>4</b>                  | <b>Monday, September 28, 2020</b> | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |           |                                                                                               |                                                                                                                 | Des Moines, IA                                                                            |
|                           | Kumbha Rasi: 4.01                 | Tithi 12 – 13                                                                                                                                                                                          | 693764463 | <b>Gulika</b> 1:32PM – 3:01PM<br><b>Yama</b> 10:35AM – 12:03PM<br><b>Rahu</b> 7:37AM – 9:06AM | <b>Dhanishtha Until 11:09AM</b><br>Dhriti Until 7:45AM<br>Kaulava Until 10:17PM<br><b>Dvadashi Until 9:31AM</b> | Sun 26 Sutra 169<br>Sarvari 5122<br>Moon 9 - Phase 23<br>4th Phase<br><b>Sivaloka Day</b> |
| Family Home Evening       |                                   |                                                                                                                                                                                                        |           |                                                                                               |                                                                                                                 |                                                                                           |
| Creative Work Siddha Yoga |                                   |                                                                                                                                                                                                        |           |                                                                                               |                                                                                                                 |                                                                                           |
|                           |                                   | <b>Kadaitswami Mahasamadhi</b>                                                                                                                                                                         |           |                                                                                               |                                                                                                                 |                                                                                           |
|                           |                                   | <i>Pradosha Vrata</i>                                                                                                                                                                                  |           |                                                                                               |                                                                                                                 |                                                                                           |

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| <b>5</b>                 | <b>Tuesday, September 29, 2020</b> | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak*/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |           |                                                                                               |                                                                                                                      | Des Moines, IA                                                                            |
|                          | Kumbha Rasi: 16.17                 | Tithi 13 – 14                                                                                                                                                                                                      | 694764463 | <b>Gulika</b> 12:03PM – 1:32PM<br><b>Yama</b> 9:06AM – 10:35AM<br><b>Rahu</b> 3:00PM – 4:29PM | <b>Shatabhishak Until 1:09PM</b><br>Shula* Until 7:54AM<br>Gara Until 12:01AM Wed<br><b>Trayodashi Until 11:06AM</b> | Sun 27 Sutra 170<br>Sarvari 5122<br>Moon 9 - Phase 23<br>4th Phase<br><b>Devaloka Day</b> |
| Routine Work Marana Yoga |                                    |                                                                                                                                                                                                                    |           |                                                                                               |                                                                                                                      |                                                                                           |
|                          |                                    | <b>Chidambaram Abhishekam</b>                                                                                                                                                                                      |           |                                                                                               |                                                                                                                      |                                                                                           |

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| <b>○</b>                         | <b>Wednesday, September 30, 2020</b> | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau |           |                                                                                                |                                                                                                                              | Des Moines, IA                                                                          |
|                                  | Kumbha Rasi: 28.25                   | Tithi 14 – 15                                                                                                                                                                                                         | 614764463 | <b>Gulika</b> 10:35AM – 12:03PM<br><b>Yama</b> 7:38AM – 9:06AM<br><b>Rahu</b> 12:03PM – 1:31PM | <b>Purvaproshtapada* Until 3:45PM</b><br>Ganda* Until 8:18AM<br>Vistil Until 2:01AM Thu<br><b>Chaturdashi* Until 12:58PM</b> | Sun 28 Sutra 171<br>Sarvari 5122<br>Moon 9 - Phase 23<br>Purnima<br><b>Devaloka Day</b> |
| Creative Work Amrita Yoga        |                                      |                                                                                                                                                                                                                       |           |                                                                                                |                                                                                                                              |                                                                                         |
| Until 3:45PM                     |                                      |                                                                                                                                                                                                                       |           |                                                                                                |                                                                                                                              |                                                                                         |
| Then Creative Work - Siddha Yoga |                                      |                                                                                                                                                                                                                       |           |                                                                                                |                                                                                                                              |                                                                                         |

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| <b>○</b>                  | <b>Thursday, October 1, 2020</b> | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau |           |                                                                                              |                                                                                                                          | Des Moines, IA                                                                           |
|                           | Meena Rasi: 10.28                | Tithi 15 – 16                                                                                                                                                                                  | 614864463 | <b>Gulika</b> 9:07AM – 10:35AM<br><b>Yama</b> 6:11AM – 7:39AM<br><b>Rahu</b> 1:30PM – 2:58PM | <b>Uttaraproshtapada Until 6:25PM</b><br>Vridhhi Until 8:54AM<br>Balava Until 4:15AM Fri<br><b>Purnima* Until 3:05PM</b> | Sun 29 Sutra 172<br>Sarvari 5122<br>Moon 9 - Phase 23<br>Prathama<br><b>Sivaloka Day</b> |
| Creative Work Siddha Yoga |                                  |                                                                                                                                                                                                |           |                                                                                              |                                                                                                                          |                                                                                          |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang



**Friday, October 2, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA  
Sutra 173

Meena Rasi: 22.25    Tithi 16 – 17

**Gulika** 7:40AM – 9:07AM  
Yama 2:57PM – 4:25PM  
**Rahu** 10:35AM – 12:02PM

**Revati Until 9:07PM**  
Dhruva Until 9:39AM  
Taitila Until 6:41AM Sat  
**Prathama\* Until 5:25PM**

**Ganesha:** Clear    *Sunrise: 6:12AM*  
**Muruqa:** Purple    *Sunset: 5:52PM*  
**Nataraja:** Clear  
Moon – Clear

Moon 10 - Phase 24  
1st Phase

Creative Work    Siddha Yoga  
Until 9:07PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Saturday, October 3, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA  
Sun 1    Sutra 174

Mesha Rasi: 4.17    Tithi 17

**Gulika** 6:13AM – 7:40AM  
Yama 1:29PM – 2:56PM  
**Rahu** 9:07AM – 10:35AM

**Ashvini Until 12:18AM Sun**  
Vyaghata\* Until 10:33AM  
Taitila Until 6:41AM  
**Dvitiya Until 7:55PM**

**Ganesha:** Purple    *Sunrise: 6:13AM*  
**Muruqa:** Purple    *Sunset: 5:51PM*  
**Nataraja:** Clear  
Moon – White

Moon 10 - Phase 24  
1st Phase

Creative Work    Siddha Yoga  
Until 12:18AM Sun  
Then Routine Work - Prabalarishta Yoga

**Subha Sivaloka Day**

**2**

**Sunday, October 4, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA  
Sun 2    Sutra 175

Mesha Rasi: 16.08    Tithi 18

**Gulika** 2:55PM – 4:22PM  
Yama 12:02PM – 1:28PM  
**Rahu** 4:22PM – 5:49PM

**Bharani Until 3:22AM Mon**  
Harshana Until 11:32AM  
Vanija Until 9:14AM  
**Tritiya Until 10:30PM**

**Ganesha:** Purple    *Sunrise: 6:14AM*  
**Muruqa:** Purple    *Sunset: 5:49PM*  
**Nataraja:** Clear  
Moon – White

Moon 10 - Phase 24  
1st Phase

Routine Work    Prabalarishta Yoga  
Until 3:22AM Mon  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**

**3**

**Monday, October 5, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA  
Sun 3    Sutra 176

Mesha Rasi: 27.57    Tithi 19

**Gulika** 1:28PM – 2:54PM  
Yama 10:35AM – 12:01PM  
**Rahu** 7:42AM – 9:08AM

**Krittika Until 6:11AM Tue**  
Vajra\* Until 12:29PM  
Bava Until 11:47AM  
**Chaturthi\* Until 1:00AM Tue**

**Ganesha:** Purple    *Sunrise: 6:15AM*  
**Muruqa:** Purple    *Sunset: 5:47PM*  
**Nataraja:** Clear  
Moon – White

Moon 10 - Phase 24  
1st Phase

**Family Home Evening**  
Routine Work    Marana Yoga  
Until 6:11AM Tue  
Then Creative Work - Amrita Yoga

**Subha Sivaloka Day**

**4**

**Tuesday, October 6, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA  
Sun 4    Sutra 177

Vrishabha Rasi: 9.49    Tithi 20

**Gulika** 12:01PM – 1:27PM  
Yama 9:09AM – 10:35AM  
**Rahu** 2:53PM – 4:19PM

**Krittika Until 6:11AM**  
Siddhi Until 1:21PM  
Kaulava Until 2:13PM  
**Panchami Until 3:17AM Wed**

**Ganesha:** Purple    *Sunrise: 6:16AM*  
**Muruqa:** Purple    *Sunset: 5:46PM*  
**Nataraja:** Clear  
Moon – White

Moon 10 - Phase 24  
1st Phase

Creative Work    Siddha Yoga  
Until 6:11AM  
Then Creative Work - Amrita Yoga

**Subha Sivaloka Day**

**5**

**Wednesday, October 7, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA  
Sun 5    Sutra 178

Vrishabha Rasi: 21.47    Tithi 21

**Gulika** 10:35AM – 12:01PM  
Yama 7:43AM – 9:09AM  
**Rahu** 12:01PM – 1:26PM

**Rohini Until 9:04AM**  
Vyatipata\* Until 1:59PM  
Gara Until 4:18PM  
**Shashthi\* Until 5:09AM Thu**

**Ganesha:** Clear    *Sunrise: 6:17AM*  
**Muruqa:** Purple    *Sunset: 5:44PM*  
**Nataraja:** Purple  
Moon – Yellow

Moon 10 - Phase 24  
1st Phase

Creative Work    Siddha Yoga

**Subha Sivaloka Day**

**6**

**Thursday, October 8, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Des Moines, IA  
Sun 6    Sutra 179

Mithuna Rasi: 3.55    Tithi 22

**Gulika** 9:09AM – 10:35AM  
Yama 6:18AM – 7:44AM  
**Rahu** 1:26PM – 2:51PM

**Mrigashira Until 11:20AM**  
Variyan Until 2:11PM  
Visti Until 5:52PM  
**Saptami Until 6:22AM Fri**

**Ganesha:** Clear    *Sunrise: 6:18AM*  
**Muruqa:** Purple    *Sunset: 5:42PM*  
**Nataraja:** Purple  
Moon – Yellow

Moon 10 - Phase 24  
1st Phase

Routine Work    Marana Yoga

**Subha Sivaloka Day**

**Retreat Star**

**Friday, October 9, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA  
Sun 7    Sutra 180

Mithuna Rasi: 16.2    Tithi 22 – 23

**Gulika** 7:45AM – 9:10AM  
Yama 2:50PM – 4:16PM  
**Rahu** 10:35AM – 12:00PM

**Ardra Until 12:48PM**  
Parigha\* Until 1:53PM  
Balava Until 6:43PM  
**Saptami Until 6:22AM**

**Ganesha:** Clear    *Sunrise: 6:20AM*  
**Muruqa:** Purple    *Sunset: 5:41PM*  
**Nataraja:** Purple  
Moon – Yellow

Moon 10 - Phase 24  
Ashtami

Creative Work    Siddha Yoga

**Subha Sivaloka Day**

**Saturday, October 10, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA  
Sun 8    Sutra 181

Mithuna Rasi: 29.05    Tithi 23 – 24

**Gulika** 6:21AM – 7:45AM  
Yama 1:25PM – 2:49PM  
**Rahu** 9:10AM – 10:35AM

**Punarvasu Until 1:48PM**  
Shiva Until 12:58PM  
Taitila Until 6:44PM  
**Ashtami\* Until 6:49AM**

**Ganesha:** White    *Sunrise: 6:21AM*  
**Muruqa:** Purple    *Sunset: 5:39PM*  
**Nataraja:** Purple  
Moon – Blue

Moon 10 - Phase 24  
Navami

Creative Work    Siddha Yoga

**Subha Subha Sivaloka Day**

|                    |               |                                       |                                   |                                                                                                                                                                                            |                        |                                   |  |
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| <b>1</b>           |               | <b>Sunday, October 11, 2020</b>       |                                   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Navami/Dashamyam Titau |                        | Des Moines, IA<br>Sun 9 Sutra 182 |  |
| Kataka Rasi: 12.17 | Tithi 24 – 25 | <b>Gulika</b> 2:49PM – 4:13PM         | <b>Pushya</b> <b>Until 1:47PM</b> | <b>Ganesha:</b> Clear                                                                                                                                                                      | <i>Sunrise:</i> 6:22AM | Sarvari 5122                      |  |
|                    |               | Yama 12:00PM – 1:24PM                 | Siddha <b>Until 11:20AM</b>       | <b>Muruqa:</b> Purple                                                                                                                                                                      | <i>Sunset:</i> 5:38PM  | Moon 10 - Phase 25                |  |
| Creative Work      | Siddha Yoga   | 645864464 <b>Rahu</b> 4:13PM – 5:38PM | Visti <b>Until 5:08AM Mon</b>     | <b>Nataraja:</b> Purple                                                                                                                                                                    |                        | 2nd Phase                         |  |
|                    |               |                                       | <b>Navami* Until 6:24AM</b>       | Moon – Blue                                                                                                                                                                                |                        | <b>Subha Sivaloka Day</b>         |  |
|                    |               |                                       |                                   | <b>Ashvina Adhika-Puratasi</b>                                                                                                                                                             |                        |                                   |  |

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| <b>2</b>                        |             | <b>Monday, October 12, 2020</b>       |                                       | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau |                        | Des Moines, IA<br>Sun 10 Sutra 183 |  |
| Kataka Rasi: 25.56              | Tithi 26    | <b>Gulika</b> 1:24PM – 2:48PM         | <b>Ashlesha*</b> <b>Until 12:48PM</b> | <b>Ganesha:</b> Clear                                                                                                                                                              | <i>Sunrise:</i> 6:23AM | Sarvari 5122                       |  |
| <b>Family Home Evening</b>      |             | Yama 10:35AM – 11:59AM                | Sadhya <b>Until 9:03AM</b>            | <b>Muruqa:</b> Purple                                                                                                                                                              | <i>Sunset:</i> 5:36PM  | Moon 10 - Phase 25                 |  |
| Creative Work                   | Siddha Yoga | 645864464 <b>Rahu</b> 7:47AM – 9:11AM | Bava <b>Until 4:12PM</b>              | <b>Nataraja:</b> Purple                                                                                                                                                            |                        | 2nd Phase                          |  |
| Until 12:48PM                   |             |                                       | <b>Ekadashi* Until 3:04AM Tue</b>     | Moon – Blue                                                                                                                                                                        |                        | <b>Subha Sivaloka Day</b>          |  |
| Then Routine Work - Marana Yoga |             |                                       |                                       | <b>Ashvina Adhika-Puratasi</b>                                                                                                                                                     |                        |                                    |  |

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| <b>3</b>          |             | <b>Tuesday, October 13, 2020</b>      |                                    | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Des Moines, IA<br>Sun 11 Sutra 184 |  |
| Simha Rasi: 10.06 | Tithi 27    | <b>Gulika</b> 11:59AM – 1:23PM        | <b>Magha*</b> <b>Until 11:21AM</b> | <b>Ganesha:</b> White                                                                                                                                                                        | <i>Sunrise:</i> 6:24AM | Sarvari 5122                       |  |
|                   |             | Yama 9:12AM – 10:35AM                 | Subha <b>Until 6:08AM</b>          | <b>Muruqa:</b> Purple                                                                                                                                                                        | <i>Sunset:</i> 5:34PM  | Moon 10 - Phase 25                 |  |
| Creative Work     | Siddha Yoga | 655864464 <b>Rahu</b> 2:47PM – 4:11PM | Kaulava <b>Until 1:47PM</b>        | <b>Nataraja:</b> Purple                                                                                                                                                                      |                        | 2nd Phase                          |  |
|                   |             |                                       | <b>Dvadashi* Until 12:19AM Wed</b> | Moon – Red                                                                                                                                                                                   |                        | <b>Sivaloka Day</b>                |  |
|                   |             |                                       |                                    | <b>Ashvina Adhika-Puratasi</b>                                                                                                                                                               |                        |                                    |  |

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| <b>4</b>          |             | <b>Wednesday, October 14, 2020</b>     |                                          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Des Moines, IA<br>Sun 12 Sutra 185 |  |
| Simha Rasi: 24.43 | Tithi 28    | <b>Gulika</b> 10:35AM – 11:59AM        | <b>Purvaphalguni</b> <b>Until 9:08AM</b> | <b>Ganesha:</b> White                                                                                                                                                                       | <i>Sunrise:</i> 6:25AM | Sarvari 5122                       |  |
|                   |             | Yama 7:48AM – 9:12AM                   | Brahma <b>Until 10:47PM</b>              | <b>Muruqa:</b> Purple                                                                                                                                                                       | <i>Sunset:</i> 5:33PM  | Moon 10 - Phase 25                 |  |
| Creative Work     | Amrita Yoga | 655864464 <b>Rahu</b> 11:59AM – 1:22PM | Gara <b>Until 10:45AM</b>                | <b>Nataraja:</b> Purple                                                                                                                                                                     |                        | 2nd Phase                          |  |
|                   |             |                                        | <b>Trayodashi* Until 9:03PM</b>          | Moon – Red                                                                                                                                                                                  |                        | <b>Sivaloka Day</b>                |  |
|                   |             |                                        |                                          | <b>Ashvina Adhika-Puratasi</b>                                                                                                                                                              |                        |                                    |  |

*Pradosha Vrata (Fasting)*

|                                 |               |                                       |                                           |                                                                                                                                                                                                    |                        |                                    |  |
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| <b>5</b>                        |               | <b>Thursday, October 15, 2020</b>     |                                           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Indra Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Des Moines, IA<br>Sun 13 Sutra 186 |  |
| Kanya Rasi: 9.42                | Tithi 29 – 30 | <b>Gulika</b> 9:12AM – 10:36AM        | <b>Uttaraphalguni</b> <b>Until 6:20AM</b> | <b>Ganesha:</b> White                                                                                                                                                                              | <i>Sunrise:</i> 6:26AM | Sarvari 5122                       |  |
|                                 |               | Yama 6:26AM – 7:49AM                  | Indra <b>Until 6:38PM</b>                 | <b>Muruqa:</b> Purple                                                                                                                                                                              | <i>Sunset:</i> 5:31PM  | Moon 10 - Phase 25                 |  |
| Amrita Yoga                     |               | 655864464 <b>Rahu</b> 1:22PM – 2:45PM | Visti <b>Until 7:17AM</b>                 | <b>Nataraja:</b> Purple                                                                                                                                                                            |                        | 2nd Phase                          |  |
| Until 6:20AM                    |               |                                       | <b>Chaturdashi* Until 5:25PM</b>          | Moon – Red                                                                                                                                                                                         |                        | <b>Sivaloka Day</b>                |  |
| Then Routine Work - Marana Yoga |               |                                       |                                           | <b>Ashvina Adhika-Puratasi</b>                                                                                                                                                                     |                        |                                    |  |

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| <b>Retreat Star</b> |              | <b>Friday, October 16, 2020</b>         |                                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Des Moines, IA<br>Sun 14 Sutra 187 |  |
| Kanya Rasi: 24.55   | Tithi 30 – 1 | <b>Gulika</b> 7:50AM – 9:13AM           | <b>Chitra</b> <b>Until 12:26AM Sat</b> | <b>Ganesha:</b> Green                                                                                                                                                                           | <i>Sunrise:</i> 6:27AM | Sarvari 5122                       |  |
|                     |              | Yama 2:44PM – 4:07PM                    | Vaidhriti* <b>Until 2:18PM</b>         | <b>Muruqa:</b> Purple                                                                                                                                                                           | <i>Sunset:</i> 5:30PM  | Moon 10 - Phase 25                 |  |
| Creative Work       | Siddha Yoga  | 665864464 <b>Rahu</b> 10:36AM – 11:58AM | Kintughna <b>Until 11:41PM</b>         | <b>Nataraja:</b> Purple                                                                                                                                                                         |                        | Amavasya                           |  |
|                     |              |                                         | <b>Amavasya* Until 1:36PM</b>          | Moon – Green                                                                                                                                                                                    |                        | <b>Sivaloka Day</b>                |  |
|                     |              |                                         |                                        | <b>Ashvina Adhika-Aipasi</b>                                                                                                                                                                    |                        |                                    |  |

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| <b>Retreat Star</b> |             | <b>Saturday, October 17, 2020</b>      |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        | Des Moines, IA<br>Sun 15 Sutra 188 |  |
| Tula Rasi: 10.11    | Tithi 1 – 2 | <b>Gulika</b> 6:28AM – 7:51AM          | <b>Svati</b> <b>Until 9:19PM</b> | <b>Ganesha:</b> Green                                                                                                                                                               | <i>Sunrise:</i> 6:28AM | Sarvari 5122                       |  |
|                     |             | Yama 1:21PM – 2:43PM                   | Vishkambha* <b>Until 9:59AM</b>  | <b>Muruqa:</b> Purple                                                                                                                                                               | <i>Sunset:</i> 5:28PM  | Moon 10 - Phase 25                 |  |
| Creative Work       | Siddha Yoga | 665864464 <b>Rahu</b> 9:13AM – 10:36AM | Balava <b>Until 7:55PM</b>       | <b>Nataraja:</b> Purple                                                                                                                                                             |                        | Prathama                           |  |
|                     |             |                                        | <b>Prathama* Until 9:46AM</b>    | Moon – Green                                                                                                                                                                        |                        | <b>Sivaloka Day</b>                |  |
|                     |             | <b>Navaratri Begins</b>                |                                  | <b>Ashvina Aipasi</b>                                                                                                                                                               |                        |                                    |  |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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| 1 | <b>Sunday, October 18, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau |                                                                                                       |                                                                                                                   |                                                                                                                     | Des Moines, IA                                                                                |
|   | Tula Rasi: 25.22                | Tithi 2 – 3 | 675864464                                                                                                                                                                     | <b>Gulika</b><br>2:42PM – 4:05PM<br><b>Yama</b><br>11:58AM – 1:20PM<br><b>Rahu</b><br>4:05PM – 5:27PM | <b>Vishakha</b> Until 6:44PM<br>Ayushman Until 1:51AM Mon<br>Gara Until 2:44AM Mon<br><b>Dvitiya</b> Until 6:05AM | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange<br><b>Ashvina-Aipasi</b> | Sun 16<br>Sutra 189<br>Sarvari 5122<br>Moon 10 - Phase 26<br>3rd Phase<br><b>Sivaloka Day</b> |
|   | Routine Work                    | Marana Yoga |                                                                                                                                                                               |                                                                                                       |                                                                                                                   |                                                                                                                     |                                                                                               |
|   |                                 |             |                                                                                                                                                                               |                                                                                                       |                                                                                                                   |                                                                                                                     |                                                                                               |

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| 2 | <b>Monday, October 19, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vanija/Vishti* Karana Chaturthiyam Titau |                                                                                                        |                                                                                                                   |                                                                                                                     | Des Moines, IA                                                                                |
|   | Vrischika Rasi: 10.17           | Tithi 4     | 675864464                                                                                                                                                                           | <b>Gulika</b><br>1:20PM – 2:42PM<br><b>Yama</b><br>10:36AM – 11:58AM<br><b>Rahu</b><br>7:52AM – 9:14AM | <b>Anuradha</b> Until 4:25PM<br>Saubhagya Until 10:19PM<br>Vanija Until 1:15PM<br><b>Chaturthi*</b> Until 11:52PM | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange<br><b>Ashvina-Aipasi</b> | Sun 17<br>Sutra 190<br>Sarvari 5122<br>Moon 10 - Phase 26<br>3rd Phase<br><b>Sivaloka Day</b> |
|   | Family Home Evening             |             |                                                                                                                                                                                     |                                                                                                        |                                                                                                                   |                                                                                                                     |                                                                                               |
|   | Creative Work                   | Siddha Yoga |                                                                                                                                                                                     |                                                                                                        |                                                                                                                   |                                                                                                                     |                                                                                               |

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| 3 | <b>Tuesday, October 20, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sobhana Yoga Bava/Balava Karana Panchanyam Titau |                                                                                                        |                                                                                                             |                                                                                                                     | Des Moines, IA                                                                                      |
|   | Vrischika Rasi: 24.5             | Tithi 5     | 676864464                                                                                                                                                                    | <b>Gulika</b><br>11:58AM – 1:19PM<br><b>Yama</b><br>9:15AM – 10:36AM<br><b>Rahu</b><br>2:41PM – 4:02PM | <b>Jyeshtha*</b> Until 2:33PM<br>Sobhana Until 7:18PM<br>Bava Until 10:41AM<br><b>Panchami</b> Until 9:37PM | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange<br><b>Ashvina-Aipasi</b> | Sun 18<br>Sutra 191<br>Sarvari 5122<br>Moon 10 - Phase 26<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
|   | Routine Work                     | Marana Yoga |                                                                                                                                                                              |                                                                                                        |                                                                                                             |                                                                                                                     |                                                                                                     |
|   | Until 2:33PM                     |             |                                                                                                                                                                              |                                                                                                        |                                                                                                             |                                                                                                                     |                                                                                                     |

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| 4 | <b>Wednesday, October 21, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau |                                                                                                         |                                                                                                               |                                                                                                                          | Des Moines, IA                                                                                            |
|   | Dhanus Rasi: 8.55                  | Tithi 6     | 686864464                                                                                                                                                                                    | <b>Gulika</b><br>10:36AM – 11:58AM<br><b>Yama</b><br>7:54AM – 9:15AM<br><b>Rahu</b><br>11:58AM – 1:19PM | <b>Mula*</b> Until 1:39PM<br>Athiganda* Until 4:49PM<br>Kaulava Until 8:47AM<br><b>Shashthi*</b> Until 8:06PM | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br><b>Ashvina-Aipasi</b> | Sun 19<br>Sutra 192<br>Sarvari 5122<br>Moon 10 - Phase 26<br>3rd Phase<br><b>Subha Subha Sivaloka Day</b> |
|   | Routine Work                       | Marana Yoga |                                                                                                                                                                                              |                                                                                                         |                                                                                                               |                                                                                                                          |                                                                                                           |
|   | Until 1:39PM                       |             |                                                                                                                                                                                              |                                                                                                         |                                                                                                               |                                                                                                                          |                                                                                                           |

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| 5 | <b>Thursday, October 22, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Saplamyam Titau |                                                                                                       |                                                                                                              |                                                                                                                          | Des Moines, IA                                                                                            |
|   | Dhanus Rasi: 22.33                | Tithi 7     | 686864464                                                                                                                                                                                 | <b>Gulika</b><br>9:16AM – 10:37AM<br><b>Yama</b><br>6:34AM – 7:55AM<br><b>Rahu</b><br>1:18PM – 2:39PM | <b>Purvashadha*</b> Until 1:23PM<br>Sukarma Until 2:59PM<br>Gara Until 7:39AM<br><b>Saptami</b> Until 7:22PM | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br><b>Ashvina-Aipasi</b> | Sun 20<br>Sutra 193<br>Sarvari 5122<br>Moon 10 - Phase 26<br>3rd Phase<br><b>Subha Subha Sivaloka Day</b> |
|   | Creative Work                     | Siddha Yoga |                                                                                                                                                                                           |                                                                                                       |                                                                                                              |                                                                                                                          |                                                                                                           |
|   | Until 1:23PM                      |             |                                                                                                                                                                                           |                                                                                                       |                                                                                                              |                                                                                                                          |                                                                                                           |

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| D | <b>Friday, October 23, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau |                                                                                                        |                                                                                                               |                                                                                                                          | Des Moines, IA                                                                                          |
|   | <b>Retreat Star</b>             |             | 686864464                                                                                                                                                                             | <b>Gulika</b><br>7:56AM – 9:16AM<br><b>Yama</b><br>2:38PM – 3:59PM<br><b>Rahu</b><br>10:37AM – 11:57AM | <b>Uttarashadha</b> Until 1:43PM<br>Dhriti Until 1:47PM<br>Visti Until 7:19AM<br><b>Ashtami*</b> Until 7:25PM | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br><b>Ashvina-Aipasi</b> | Sun 21<br>Sutra 194<br>Sarvari 5122<br>Moon 10 - Phase 26<br>Ashtami<br><b>Subha Subha Sivaloka Day</b> |
|   | Makara Rasi: 5.44               | Tithi 8     |                                                                                                                                                                                       | <b>Durga Ashtami</b>                                                                                   |                                                                                                               |                                                                                                                          |                                                                                                         |
|   | Routine Work                    | Marana Yoga |                                                                                                                                                                                       |                                                                                                        |                                                                                                               |                                                                                                                          |                                                                                                         |

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| D | <b>Saturday, October 24, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau |                                                                                                       |                                                                                                           |                                                                                                                     | Des Moines, IA                                                                                   |
|   | <b>Retreat Star</b>               |             | 696864464                                                                                                                                                                             | <b>Gulika</b><br>6:36AM – 7:57AM<br><b>Yama</b><br>1:17PM – 2:38PM<br><b>Rahu</b><br>9:17AM – 10:37AM | <b>Shravana</b> Until 3:05PM<br>Shula* Until 1:07PM<br>Balava Until 7:44AM<br><b>Navami*</b> Until 8:11PM | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Purple<br><b>Ashvina-Aipasi</b> | Sun 22<br>Sutra 195<br>Sarvari 5122<br>Moon 10 - Phase 26<br>Navami<br><b>Subha Sivaloka Day</b> |
|   | Makara Rasi: 18.34                | Tithi 9     |                                                                                                                                                                                       | <b>Saraswathi Puja (Tamil Nadu)</b>                                                                   |                                                                                                           |                                                                                                                     |                                                                                                  |
|   | Creative Work                     | Siddha Yoga |                                                                                                                                                                                       |                                                                                                       |                                                                                                           |                                                                                                                     |                                                                                                  |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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| <b>1 Sunday, October 25, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Dashamyam Titau |                                |                                              | Des Moines, IA<br>Sun 23 Sutra 196 |
| Kumbha Rasi: 1.04                 | Tithi 10    | <b>Gulika</b> 2:37PM – 3:57PM                                                                                                                                                            | <b>Dhanishtha</b> Until 4:52PM | <b>Ganesha:</b> Clear <i>Sunrise: 6:38AM</i> | Sarvari 5122                       |
|                                   |             | Yama 11:57AM – 1:17PM                                                                                                                                                                    | Ganda* Until 12:56PM           | <b>Muruqa:</b> Purple <i>Sunset: 5:17PM</i>  | Moon 10 - Phase 27                 |
|                                   | 696864464   | <b>Rahu</b> 3:57PM – 5:17PM                                                                                                                                                              | Taitila Until 8:48AM           | <b>Nataraja:</b> Purple                      | 4th Phase                          |
| Routine Work                      | Marana Yoga |                                                                                                                                                                                          | <b>Dashami</b> Until 9:31PM    | Moon – Purple                                | <b>Subha Sivaloka Day</b>          |
| Until 4:52PM                      |             |                                                                                                                                                                                          |                                | <b>Ashvina-Aipasi</b>                        |                                    |
| Then Creative Work - Siddha Yoga  |             |                                                                                                                                                                                          |                                |                                              |                                    |

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| <b>2 Monday, October 26, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shalabhishak Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau |                                  |                                               | Des Moines, IA<br>Sun 24 Sutra 197 |
| Kumbha Rasi: 13.21                | Tithi 11    | <b>Gulika</b> 1:17PM – 2:36PM                                                                                                                                                  | <b>Shalabhishak</b> Until 6:57PM | <b>Ganesha:</b> Purple <i>Sunrise: 6:39AM</i> | Sarvari 5122                       |
| <b>Family Home Evening</b>        |             | Yama 10:37AM – 11:57AM                                                                                                                                                         | Vridhi Until 1:09PM              | <b>Muruqa:</b> Purple <i>Sunset: 5:15PM</i>   | Moon 10 - Phase 27                 |
| Creative Work                     | Siddha Yoga | <b>Rahu</b> 7:58AM – 9:18AM                                                                                                                                                    | Vanija Until 10:24AM             | <b>Nataraja:</b> Purple                       | 4th Phase                          |
| Until 6:57PM                      |             |                                                                                                                                                                                | <b>Ekadashi</b> Until 11:19PM    | Moon – Purple                                 | <b>Sivaloka Day</b>                |
| Then Routine Work - Marana Yoga   |             | <b>Vijaya Dasami</b>                                                                                                                                                           |                                  | <b>Ashvina-Aipasi</b>                         |                                    |

|                                    |             |                                                                                                                                                                                          |                                       |                                              |                                    |
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| <b>3 Tuesday, October 27, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashtyam Titau |                                       |                                              | Des Moines, IA<br>Sun 25 Sutra 198 |
| Kumbha Rasi: 25.28                 | Tithi 12    | <b>Gulika</b> 11:57AM – 1:16PM                                                                                                                                                           | <b>Purvaproshtapada*</b> Until 9:42PM | <b>Ganesha:</b> White <i>Sunrise: 6:40AM</i> | Sarvari 5122                       |
|                                    |             | Yama 9:18AM – 10:38AM                                                                                                                                                                    | Dhruva Until 1:37PM                   | <b>Muruqa:</b> Purple <i>Sunset: 5:14PM</i>  | Moon 10 - Phase 27                 |
|                                    | 616964464   | <b>Rahu</b> 2:35PM – 3:55PM                                                                                                                                                              | Bava Until 12:22PM                    | <b>Nataraja:</b> Purple                      | 4th Phase                          |
| Routine Work                       | Marana Yoga |                                                                                                                                                                                          | <b>Dvadashti</b> Until 1:26AM Wed     | Moon – Clear                                 | <b>Sivaloka Day</b>                |
| Until 9:42PM                       |             |                                                                                                                                                                                          |                                       | <b>Ashvina-Aipasi</b>                        |                                    |
| Then Creative Work - Amrita Yoga   |             |                                                                                                                                                                                          |                                       |                                              |                                    |

|                                      |             |                                                                                                                                                                                               |                                            |                                               |                                    |
|--------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|-----------------------------------------------|------------------------------------|
| <b>4 Wednesday, October 28, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                            |                                               | Des Moines, IA<br>Sun 26 Sutra 199 |
| Meena Rasi: 7.28                     | Tithi 13    | <b>Gulika</b> 10:38AM – 11:57AM                                                                                                                                                               | <b>Uttaraproshtapada</b> Until 12:29AM Thu | <b>Ganesha:</b> Yellow <i>Sunrise: 6:41AM</i> | Sarvari 5122                       |
|                                      |             | Yama 8:00AM – 9:19AM                                                                                                                                                                          | Vyaghata* Until 2:17PM                     | <b>Muruqa:</b> Purple <i>Sunset: 5:13PM</i>   | Moon 10 - Phase 27                 |
|                                      | 617964464   | <b>Rahu</b> 11:57AM – 1:16PM                                                                                                                                                                  | Kaulava Until 2:37PM                       | <b>Nataraja:</b> Purple                       | 4th Phase                          |
| Creative Work                        | Siddha Yoga |                                                                                                                                                                                               | <b>Trayodashi</b> Until 3:47AM Thu         | Moon – Clear                                  | <b>Subha Sivaloka Day</b>          |
|                                      |             |                                                                                                                                                                                               |                                            | <b>Ashvina-Aipasi</b>                         |                                    |
|                                      |             |                                                                                                                                                                                               |                                            | <i>Pradosha Vrata</i>                         |                                    |

|                                     |             |                                                                                                                                                                             |                                      |                                               |                                    |
|-------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------|------------------------------------|
| <b>5 Thursday, October 29, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                                               | Des Moines, IA<br>Sun 27 Sutra 200 |
| Meena Rasi: 19.23                   | Tithi 14    | <b>Gulika</b> 9:20AM – 10:38AM                                                                                                                                              | <b>Revati</b> Until 3:15AM Fri       | <b>Ganesha:</b> Yellow <i>Sunrise: 6:42AM</i> | Sarvari 5122                       |
|                                     |             | Yama 6:42AM – 8:01AM                                                                                                                                                        | Harshana Until 3:06PM                | <b>Muruqa:</b> Purple <i>Sunset: 5:11PM</i>   | Moon 10 - Phase 27                 |
|                                     | 617964464   | <b>Rahu</b> 1:15PM – 2:34PM                                                                                                                                                 | Gara Until 5:01PM                    | <b>Nataraja:</b> Purple                       | 4th Phase                          |
| Creative Work                       | Siddha Yoga |                                                                                                                                                                             | <b>Chaturdashi*</b> Until 6:15AM Fri | Moon – Clear                                  | <b>Subha Sivaloka Day</b>          |
| Until 3:15AM Fri                    |             |                                                                                                                                                                             |                                      | <b>Ashvina-Aipasi</b>                         |                                    |
| Then Creative Work - Amrita Yoga    |             |                                                                                                                                                                             |                                      |                                               |                                    |

|                                  |               |                                                                                                                                                                                        |                                  |                                              |                                 |
|----------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|----------------------------------------------|---------------------------------|
| <b>Friday, October 30, 2020</b>  |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                  |                                              | Des Moines, IA<br>Sutra 201     |
| <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 8:02AM – 9:20AM                                                                                                                                                          | <b>Ashvini</b> Until 6:24AM Sat  | <b>Ganesha:</b> White <i>Sunrise: 6:43AM</i> | Sarvari 5122                    |
| Mesha Rasi: 1.16                 | Tithi 14 – 15 | Yama 2:33PM – 3:52PM                                                                                                                                                                   | Vajra* Until 3:57PM              | <b>Muruqa:</b> Purple <i>Sunset: 5:10PM</i>  | Moon 10 - Phase 27              |
|                                  |               | <b>Rahu</b> 10:38AM – 11:57AM                                                                                                                                                          | Visti Until 7:32PM               | <b>Nataraja:</b> Purple                      | Purnima                         |
| Creative Work                    | Amrita Yoga   |                                                                                                                                                                                        | <b>Chaturdashi*</b> Until 6:15AM | Moon – White                                 | <b>Subha Subha Sivaloka Day</b> |
| Until 6:24AM Sat                 |               |                                                                                                                                                                                        |                                  | <b>Ashvina-Aipasi</b>                        |                                 |
| Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                        |                                  |                                              |                                 |

|                                   |               |                                                                                                                                                                                                 |                              |                                              |                                 |
|-----------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|----------------------------------------------|---------------------------------|
| <b>Saturday, October 31, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                              |                                              | Des Moines, IA<br>Sutra 202     |
| <b>Silver Retreat Star</b>        |               | <b>Gulika</b> 6:45AM – 8:03AM                                                                                                                                                                   | <b>Ashvini</b> Until 6:24AM  | <b>Ganesha:</b> White <i>Sunrise: 6:45AM</i> | Sarvari 5122                    |
| Mesha Rasi: 13.07                 | Tithi 15 – 16 | Yama 1:15PM – 2:33PM                                                                                                                                                                            | Siddhi Until 4:51PM          | <b>Muruqa:</b> Purple <i>Sunset: 5:09PM</i>  | Moon 10 - Phase 27              |
|                                   |               | <b>Rahu</b> 9:21AM – 10:39AM                                                                                                                                                                    | Balava Until 10:04PM         | <b>Nataraja:</b> Purple                      | Prathama                        |
| Creative Work                     | Siddha Yoga   |                                                                                                                                                                                                 | <b>Purnima*</b> Until 8:47AM | Moon – White                                 | <b>Subha Subha Sivaloka Day</b> |
|                                   |               |                                                                                                                                                                                                 |                              | <b>Ashvina-Aipasi</b>                        |                                 |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda





**Sunday, November 1, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyatipata/Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA  
Sutra 203

Mesha Rasi: 24.59      Tithi 16 – 17

**Gulika**      2:32PM – 3:50PM  
Yama      11:57AM – 1:14PM  
**Rahu**      3:50PM – 5:08PM

**Ganesha:** White      *Sunrise:* 6:46AM

**Muruqa:** Purple      *Sunset:* 5:08PM

**Nataraja:** Purple

Moon – White

Moon 11 - Phase 28  
1st Phase

Routine Work      Prabalarishta Yoga

Until 9:23AM

Then Creative Work - Siddha Yoga

**Prathama\* Until 11:18AM**

**Ashvina•Aipasi**

**Subha Subha Sivaloka Day**

**1**

**Monday, November 2, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA  
Sun 1      Sutra 204

Wrishabha Rasi: 6.52      Tithi 17 – 18

**Gulika**      1:14PM – 2:32PM  
Yama      10:39AM – 11:57AM  
**Rahu**      8:04AM – 9:22AM

**Ganesha:** White      *Sunrise:* 6:47AM

**Muruqa:** Purple      *Sunset:* 5:06PM

**Nataraja:** Purple

Moon – White

Moon 11 - Phase 28  
1st Phase

Family Home Evening

Routine Work      Marana Yoga

Until 12:06PM

Then Creative Work - Amrita Yoga

**Variyan Until 6:29PM**

**Vanija Until 2:52AM Tue**

**Dvitiya Until 1:42PM**

**Ashvina•Aipasi**

**Subha Subha Sivaloka Day**

**2**

**Tuesday, November 3, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Des Moines, IA  
Sun 2      Sutra 205

Wrishabha Rasi: 18.5      Tithi 18 – 19

**Gulika**      11:57AM – 1:14PM  
Yama      9:23AM – 10:40AM  
**Rahu**      2:31PM – 3:48PM

**Ganesha:** White      *Sunrise:* 6:48AM

**Muruqa:** Purple      *Sunset:* 5:05PM

**Nataraja:** Purple

Moon – Yellow

Moon 11 - Phase 28  
1st Phase

Creative Work      Amrita Yoga

Until 2:58PM

Then Creative Work - Siddha Yoga

**Rohini Until 2:58PM**

**Parigha\* Until 7:04PM**

**Bava Until 4:54AM Wed**

**Tritiya Until 3:54PM**

**Ashvina•Aipasi**

**Sivaloka Day**

**3**

**Wednesday, November 4, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA  
Sun 3      Sutra 206

Mithuna Rasi: 0.54      Tithi 19 – 20

**Gulika**      10:40AM – 11:57AM  
Yama      8:06AM – 9:23AM  
**Rahu**      11:57AM – 1:14PM

**Ganesha:** White      *Sunrise:* 6:49AM

**Muruqa:** Purple      *Sunset:* 5:04PM

**Nataraja:** Purple

Moon – Yellow

Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga

**Shiva Until 7:24PM**

**Kaulava Until 6:33AM Thu**

**Chaturthi\* Until 5:46PM**

**Ashvina•Aipasi**

**Sivaloka Day**

**4**

**Thursday, November 5, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA  
Sun 4      Sutra 207

Mithuna Rasi: 13.08      Tithi 20

**Gulika**      9:24AM – 10:40AM  
Yama      6:51AM – 8:07AM  
**Rahu**      1:13PM – 2:30PM

**Ganesha:** White      *Sunrise:* 6:51AM

**Muruqa:** Purple      *Sunset:* 5:03PM

**Nataraja:** Purple

Moon – Yellow

Moon 11 - Phase 28  
1st Phase

Routine Work      Marana Yoga

Until 7:06PM

Then Creative Work - Amrita Yoga

**Ardra Until 7:06PM**

**Siddha Until 7:21PM**

**Kaulava Until 6:33AM**

**Panchami Until 7:09PM**

**Ashvina•Aipasi**

**Sivaloka Day**

**5**

**Friday, November 6, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA  
Sun 5      Sutra 208

Mithuna Rasi: 25.36      Tithi 21

**Gulika**      8:08AM – 9:24AM  
Yama      2:29PM – 3:46PM  
**Rahu**      10:41AM – 11:57AM

**Ganesha:** White      *Sunrise:* 6:52AM

**Muruqa:** Purple      *Sunset:* 5:02PM

**Nataraja:** Purple

Moon – Blue

Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga

Until 8:36PM

Then Routine Work - Marana Yoga

**Gara Until 7:39AM**

**Shashthi\* Until 7:56PM**

**Ashvina•Aipasi**

**Sivaloka Day**

**6**

**Saturday, November 7, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Saplamyam Titau

Des Moines, IA  
Sun 6      Sutra 209

Kataka Rasi: 8.22      Tithi 22

**Gulika**      6:53AM – 8:09AM  
Yama      1:13PM – 2:29PM  
**Rahu**      9:25AM – 10:41AM

**Ganesha:** White      *Sunrise:* 6:53AM

**Muruqa:** Purple      *Sunset:* 5:01PM

**Nataraja:** Purple

Moon – Blue

Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga

Until 9:16PM

Then Routine Work - Marana Yoga

**Subha Until 5:49PM**

**Visti Until 8:06AM**

**Saptami Until 8:02PM**

**Ashvina•Aipasi**

**Sivaloka Day**

**☾**

**Sunday, November 8, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA  
Sun 7      Sutra 210

Kataka Rasi: 21.28      Tithi 23

**Gulika**      2:28PM – 3:44PM  
Yama      11:57AM – 1:13PM  
**Rahu**      3:44PM – 5:00PM

**Ganesha:** White      *Sunrise:* 6:54AM

**Muruqa:** Purple      *Sunset:* 5:00PM

**Nataraja:** Purple

Moon – Blue

Moon 11 - Phase 28  
Ashtami

Creative Work      Siddha Yoga

Until 9:03PM

Then Routine Work - Marana Yoga

**Balava Until 7:49AM**

**Ashtami\* Until 7:23PM**

**Ashvina•Aipasi**

**Sivaloka Day**

**Monday, November 9, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA  
Sun 8      Sutra 211

Simha Rasi: 4.59      Tithi 24 – 25

**Gulika**      1:13PM – 2:28PM  
Yama      10:42AM – 11:57AM  
**Rahu**      8:11AM – 9:26AM

**Ganesha:** Clear      *Sunrise:* 6:56AM

**Muruqa:** Purple      *Sunset:* 4:59PM

**Nataraja:** Purple

Moon – Red

Moon 11 - Phase 28  
Navami

Family Home Evening

Routine Work      Marana Yoga

Until 8:25PM

Then Creative Work - Siddha Yoga

**Taitila Until 6:47AM**

**Navami\* Until 5:58PM**

**Ashvina•Aipasi**

**Subha Sivaloka Day**

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

|                                  |               |                                   |                                   |                                                                                                                                                                                               |  |                                   |                    |
|----------------------------------|---------------|-----------------------------------|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------|--------------------|
| <b>1</b>                         |               | <b>Tuesday, November 10, 2020</b> |                                   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  | Des Moines, IA<br>Sun 9 Sutra 212 |                    |
| Simha Rasi: 18.57                | Tithi 25 – 26 | <b>Gulika</b> 11:57AM – 1:12PM    | <b>Purvaphalguni</b> Until 6:57PM | <b>Ganesha:</b> Orange <i>Sunrise: 6:57AM</i>                                                                                                                                                 |  |                                   |                    |
|                                  |               | Yama 9:27AM – 10:42AM             | Indra Until 11:12AM               | <b>Muruqa:</b> Purple <i>Sunset: 4:58PM</i>                                                                                                                                                   |  |                                   | Moon 11 - Phase 29 |
|                                  | 759964464     | <b>Rahu</b> 2:27PM – 3:43PM       | Bava Until 2:37AM Wed             | <b>Nataraja:</b> Purple                                                                                                                                                                       |  |                                   | 2nd Phase          |
| Creative Work                    | Siddha Yoga   |                                   | <b>Dashami</b> Until 3:53PM       | <b>Moon – Red</b>                                                                                                                                                                             |  | <b>Subha Sivaloka Day</b>         | <b>Tour Day</b>    |
| Until 6:57PM                     |               |                                   |                                   | <b>Ashvina•Aipasi</b>                                                                                                                                                                         |  |                                   |                    |
| Then Creative Work - Amrita Yoga |               |                                   |                                   |                                                                                                                                                                                               |  |                                   |                    |

|                                 |               |                                     |                                    |                                                                                                                                                                                                              |  |                                    |                    |
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| <b>2</b>                        |               | <b>Wednesday, November 11, 2020</b> |                                    | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  | Des Moines, IA<br>Sun 10 Sutra 213 |                    |
| Kanya Rasi: 3.2                 | Tithi 26 – 27 | <b>Gulika</b> 10:42AM – 11:57AM     | <b>Uttaraphalguni</b> Until 4:46PM | <b>Ganesha:</b> Orange <i>Sunrise: 6:58AM</i>                                                                                                                                                                |  |                                    |                    |
|                                 |               | Yama 8:13AM – 9:28AM                | Vaidhriti* Until 7:54AM            | <b>Muruqa:</b> Purple <i>Sunset: 4:57PM</i>                                                                                                                                                                  |  |                                    | Moon 11 - Phase 29 |
|                                 | 759964464     | <b>Rahu</b> 11:57AM – 1:12PM        | Kaulava Until 11:40PM              | <b>Nataraja:</b> Purple                                                                                                                                                                                      |  |                                    | 2nd Phase          |
| Creative Work                   | Amrita Yoga   |                                     | <b>Ekadashi*</b> Until 1:11PM      | <b>Moon – Red</b>                                                                                                                                                                                            |  | <b>Subha Sivaloka Day</b>          |                    |
| Until 4:46PM                    |               |                                     |                                    | <b>Ashvina•Aipasi</b>                                                                                                                                                                                        |  |                                    |                    |
| Then Routine Work - Marana Yoga |               |                                     |                                    |                                                                                                                                                                                                              |  |                                    |                    |

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| <b>3</b>                         |               | <b>Thursday, November 12, 2020</b>  |                                 | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Priti Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau |  | Des Moines, IA<br>Sun 11 Sutra 214 |                    |
| Kanya Rasi: 18.05                | Tithi 27 – 28 | <b>Gulika</b> 9:28AM – 10:43AM      | <b>Hasta</b> Until 2:24PM       | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:59AM</i>                                                                                                                                 |  |                                    |                    |
|                                  |               | Yama 6:59AM – 8:14AM                | Priti Until 12:13AM Fri         | <b>Muruqa:</b> Purple <i>Sunset: 4:56PM</i>                                                                                                                                       |  |                                    | Moon 11 - Phase 29 |
|                                  | 769964464     | <b>Rahu</b> 1:12PM – 2:27PM         | Gara Until 8:19PM               | <b>Nataraja:</b> Purple                                                                                                                                                           |  |                                    | 2nd Phase          |
| Routine Work                     | Marana Yoga   |                                     | <b>Dvadashi*</b> Until 10:01AM  | <b>Moon – Green</b>                                                                                                                                                               |  | <b>Sivaloka Day</b>                |                    |
| Until 2:24PM                     |               | <b>Subramuniyaswami Mahasamadhi</b> |                                 | <b>Ashvina•Aipasi</b>                                                                                                                                                             |  |                                    |                    |
| Then Creative Work - Siddha Yoga |               |                                     | <i>Pradosha Vrata (Fasting)</i> |                                                                                                                                                                                   |  |                                    |                    |

|                 |               |                                       |                                 |                                                                                                                                                                                             |  |                                    |                    |
|-----------------|---------------|---------------------------------------|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|------------------------------------|--------------------|
| <b>4</b>        |               | <b>Friday, November 13, 2020</b>      |                                 | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Ayushman Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau |  | Des Moines, IA<br>Sun 12 Sutra 215 |                    |
| Tula Rasi: 3.07 | Tithi 28 – 29 | <b>Gulika</b> 8:15AM – 9:29AM         | <b>Chitra</b> Until 11:37AM     | <b>Ganesha:</b> Light Blue <i>Sunrise: 7:00AM</i>                                                                                                                                           |  |                                    |                    |
|                 |               | Yama 2:26PM – 3:41PM                  | Ayushman Until 8:01PM           | <b>Muruqa:</b> Purple <i>Sunset: 4:55PM</i>                                                                                                                                                 |  |                                    | Moon 11 - Phase 29 |
|                 | 769964464     | <b>Rahu</b> 10:43AM – 11:58AM         | Sakuni Until 2:52AM Sat         | <b>Nataraja:</b> Purple                                                                                                                                                                     |  |                                    | 2nd Phase          |
| Creative Work   | Siddha Yoga   |                                       | <b>Trayodashi*</b> Until 6:31AM | <b>Moon – Green</b>                                                                                                                                                                         |  | <b>Sivaloka Day</b>                |                    |
|                 |               | <b>Deepavali Hindu Solidarity Day</b> |                                 | <b>Ashvina•Aipasi</b>                                                                                                                                                                       |  |                                    |                    |

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|-----------------------------------------------------------------------------------|-------------|------------------------------------|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|------------------------------------|--------------------|
|  |             | <b>Saturday, November 14, 2020</b> |                                | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau |  | Des Moines, IA<br>Sun 13 Sutra 216 |                    |
| <b>Retreat Star</b>                                                               |             | <b>Gulika</b> 7:02AM – 8:16AM      | <b>Svati</b> Until 8:34AM      | <b>Ganesha:</b> Light Blue <i>Sunrise: 7:02AM</i>                                                                                                                                           |  |                                    |                    |
| Tula Rasi: 18.17                                                                  | Tithi 30    | Yama 1:12PM – 2:26PM               | Saubhagya Until 3:47PM         | <b>Muruqa:</b> Purple <i>Sunset: 4:54PM</i>                                                                                                                                                 |  |                                    | Moon 11 - Phase 29 |
|                                                                                   | 769964464   | <b>Rahu</b> 9:30AM – 10:44AM       | Catuspada Until 1:02PM         | <b>Nataraja:</b> Purple                                                                                                                                                                     |  |                                    | Amavasya           |
| Creative Work                                                                     | Siddha Yoga |                                    | <b>Amavasya*</b> Until 11:12PM | <b>Moon – Green</b>                                                                                                                                                                         |  | <b>Sivaloka Day</b>                |                    |
|                                                                                   |             |                                    |                                | <b>Ashvina•Aipasi</b>                                                                                                                                                                       |  |                                    |                    |

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| <b>Sunday, November 15, 2020</b> |             | <b>Retreat Star</b>           |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Sobhana/Alhiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau |  | Des Moines, IA<br>Sun 14 Sutra 217 |                    |
| Vrischika Rasi: 3.26             | Tithi 1     | <b>Gulika</b> 2:26PM – 3:39PM | <b>Anuradha</b> Until 3:10AM Mon | <b>Ganesha:</b> Purple <i>Sunrise: 7:03AM</i>                                                                                                                                            |  |                                    |                    |
|                                  |             | Yama 11:58AM – 1:12PM         | Sobhana Until 11:39AM            | <b>Muruqa:</b> Purple <i>Sunset: 4:53PM</i>                                                                                                                                              |  |                                    | Moon 11 - Phase 29 |
|                                  | 779964464   | <b>Rahu</b> 3:39PM – 4:53PM   | Kintughna Until 9:26AM           | <b>Nataraja:</b> Purple                                                                                                                                                                  |  |                                    | Prathama           |
| Routine Work                     | Marana Yoga |                               | <b>Prathama*</b> Until 7:42PM    | <b>Moon – Orange</b>                                                                                                                                                                     |  | <b>Sivaloka Day</b>                |                    |
| Until 3:10AM Mon                 |             | <b>Skanda Shasthi Begins</b>  |                                  | <b>Kartika•Kartikai</b>                                                                                                                                                                  |  |                                    |                    |
| Then Creative Work - Siddha Yoga |             |                               |                                  |                                                                                                                                                                                          |  |                                    |                    |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

|                                     |                                                                                                                                        |                                                                                                                                                                                                |                                                                                         |                                                                                                                      |                                                                                                                                                                                             |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Monday, November 16, 2020</b>    |                                                                                                                                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Athiganda/Sukarma Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau |                                                                                         | Des Moines, IA<br>Sun 15<br>Sutra 218                                                                                |                                                                                                                                                                                             |
| <b>1</b>                            | Vrishchika Rasi: 18.25<br>Family Home Evening<br>Creative Work<br>Siddha Yoga<br>Until 12:45AM Tue<br>Then Creative Work - Amrita Yoga | Tithi 2 - 3<br>779964465                                                                                                                                                                       | <b>Gulika</b> 1:12PM - 2:25PM<br>Yama 10:45AM - 11:58AM<br><b>Rahu</b> 8:18AM - 9:31AM  | <b>Jyeshtha* Until 12:45AM Tue</b><br>Athiganda* Until 7:42AM<br>Balava Until 6:04AM<br>Dvitiya Until 4:31PM         | Ganesha: Purple<br>Muruqa: Purple<br>Nataraja: Clear<br>Moon - Orange<br>Sunrise: 7:04AM<br>Sunset: 4:52PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Devaloka Day<br>Karttika-Karttikai         |
| <b>Tuesday, November 17, 2020</b>   |                                                                                                                                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau               |                                                                                         | Des Moines, IA<br>Sun 16<br>Sutra 219                                                                                |                                                                                                                                                                                             |
| <b>2</b>                            | Dhanus Rasi: 3.05<br>Creative Work<br>Amrita Yoga<br>Until 11:10PM<br>Then Creative Work - Siddha Yoga                                 | Tithi 3 - 4<br>789964465                                                                                                                                                                       | <b>Gulika</b> 11:58AM - 1:12PM<br>Yama 9:32AM - 10:45AM<br><b>Rahu</b> 2:25PM - 3:38PM  | <b>Mula* Until 11:10PM</b><br>Dhriti Until 1:00AM Wed<br>Vanija Until 12:44AM Wed<br>Tritiya Until 1:50PM            | Ganesha: Light Blue<br>Muruqa: Purple<br>Nataraja: Clear<br>Moon - Light Blue<br>Sunrise: 7:05AM<br>Sunset: 4:52PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Devaloka Day<br>Karttika-Karttikai |
| <b>Wednesday, November 18, 2020</b> |                                                                                                                                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha* Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau         |                                                                                         | Des Moines, IA<br>Sun 17<br>Sutra 220                                                                                |                                                                                                                                                                                             |
| <b>3</b>                            | Dhanus Rasi: 17.2<br>Creative Work<br>Amrita Yoga                                                                                      | Tithi 4 - 5<br>781964465                                                                                                                                                                       | <b>Gulika</b> 10:46AM - 11:59AM<br>Yama 8:19AM - 9:32AM<br><b>Rahu</b> 11:59AM - 1:12PM | <b>Purvashadha* Until 10:06PM</b><br>Shula* Until 10:25PM<br>Bava Until 11:02PM<br>Chaturthi* Until 11:46AM          | Ganesha: Orange<br>Muruqa: Purple<br>Nataraja: Clear<br>Moon - Light Blue<br>Sunrise: 7:06AM<br>Sunset: 4:51PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Sivaloka Day<br>Karttika-Karttikai     |
| <b>Thursday, November 19, 2020</b>  |                                                                                                                                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau        |                                                                                         | Des Moines, IA<br>Sun 18<br>Sutra 221                                                                                |                                                                                                                                                                                             |
| <b>4</b>                            | Makara Rasi: 1.08<br>Routine Work<br>Marana Yoga<br>Until 9:40PM<br>Then Creative Work - Siddha Yoga                                   | Tithi 5 - 6<br>781964465                                                                                                                                                                       | <b>Gulika</b> 9:33AM - 10:46AM<br>Yama 7:07AM - 8:20AM<br><b>Rahu</b> 1:12PM - 2:25PM   | <b>Uttarashadha Until 9:40PM</b><br>Ganda* Until 8:28PM<br>Kaulava Until 10:08PM<br>Panchami Until 10:28AM           | Ganesha: Orange<br>Muruqa: Purple<br>Nataraja: Clear<br>Moon - Light Blue<br>Sunrise: 7:07AM<br>Sunset: 4:50PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Sivaloka Day<br>Karttika-Karttikai     |
| <b>Friday, November 20, 2020</b>    |                                                                                                                                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Vriddhi Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau             |                                                                                         | Des Moines, IA<br>Sun 19<br>Sutra 222                                                                                |                                                                                                                                                                                             |
| <b>5</b>                            | Makara Rasi: 14.29<br>Routine Work<br>Marana Yoga<br>Until 10:21PM<br>Then Creative Work - Siddha Yoga                                 | Tithi 6 - 7<br>791164465                                                                                                                                                                       | <b>Gulika</b> 8:21AM - 9:34AM<br>Yama 2:24PM - 3:37PM<br><b>Rahu</b> 10:46AM - 11:59AM  | <b>Shravana Until 10:21PM</b><br>Vriddhi Until 7:10PM<br>Gara Until 10:03PM<br>Shashthi* Until 9:58AM                | Ganesha: Orange<br>Muruqa: Purple<br>Nataraja: Clear<br>Moon - Purple<br>Sunrise: 7:09AM<br>Sunset: 4:50PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Sivaloka Day<br>Karttika-Karttikai         |
| <b>Saturday, November 21, 2020</b>  |                                                                                                                                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau            |                                                                                         | Des Moines, IA<br>Sun 20<br>Sutra 223                                                                                |                                                                                                                                                                                             |
| <b>Retreat Star</b>                 | Makara Rasi: 27.24<br>Creative Work<br>Siddha Yoga<br>Until 11:38PM<br>Then Creative Work - Amrita Yoga                                | Tithi 7 - 8<br>791164465                                                                                                                                                                       | <b>Gulika</b> 7:10AM - 8:22AM<br>Yama 1:12PM - 2:24PM<br><b>Rahu</b> 9:35AM - 10:47AM   | <b>Dhanishtha Until 11:38PM</b><br>Dhruva Until 6:28PM<br>Visti Until 10:46PM<br>Saptami Until 10:18AM               | Ganesha: Orange<br>Muruqa: Purple<br>Nataraja: Clear<br>Moon - Purple<br>Sunrise: 7:10AM<br>Sunset: 4:49PM<br>Moon 11 - Phase 30<br>Ashtami<br>Sivaloka Day<br>Karttika-Karttikai           |
| <b>Sunday, November 22, 2020</b>    |                                                                                                                                        | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau          |                                                                                         | Des Moines, IA<br>Sun 21<br>Sutra 224                                                                                |                                                                                                                                                                                             |
| <b>Retreat Star</b>                 | Kumbha Rasi: 9.58<br>Creative Work<br>Siddha Yoga<br>Until 1:25AM Mon<br>Then Routine Work - Marana Yoga                               | Tithi 8 - 9<br>791174465                                                                                                                                                                       | <b>Gulika</b> 2:24PM - 3:36PM<br>Yama 12:00PM - 1:12PM<br><b>Rahu</b> 3:36PM - 4:48PM   | <b>Shatabhishak Until 1:25AM Mon</b><br>Vyaghata* Until 6:20PM<br>Balava Until 12:11AM Mon<br>Ashtami* Until 11:22AM | Ganesha: Orange<br>Muruqa: Clear<br>Nataraja: Clear<br>Moon - Purple<br>Sunrise: 7:11AM<br>Sunset: 4:48PM<br>Moon 11 - Phase 30<br>Navami<br>Devaloka Day<br>Karttika-Karttikai             |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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| <b>Monday, November 23, 2020</b>                                                 |                                 | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                                                           |                                               |                                            | Des Moines, IA<br>Sun 22 Sutra 225              |
| <b>1</b>                                                                         | Kumbha Rasi: 22.14 Tithi 9 – 10 | <b>Gulika</b> 1:12PM – 2:24PM                                                                                                                                                               | <b>Purvaproshtapada* Until 4:02AM Tue</b>                                 | <b>Ganesha:</b> Yellow <i>Sunrise: 7:12AM</i> | <b>Muruga:</b> Clear <i>Sunset: 4:48PM</i> | Sarvari 5122<br>Moon 11 - Phase 31<br>4th Phase |
| <b>Family Home Evening</b>                                                       | 711174465                       | <b>Rahu</b> 8:24AM – 9:36AM                                                                                                                                                                 | Harshana Until 6:39PM<br>Taitila Until 2:08AM Tue<br>Navami* Until 1:05PM | <b>Nataraja:</b> Clear<br>Moon – Clear        | <b>Devaloka Day</b>                        |                                                 |
| Routine Work Marana Yoga<br>Until 4:02AM Tue<br>Then Creative Work - Amrita Yoga |                                 |                                                                                                                                                                                             |                                                                           |                                               |                                            |                                                 |

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| <b>Tuesday, November 24, 2020</b>                   |                                | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                                                        |                                               |                                            | Des Moines, IA<br>Sun 23 Sutra 226              |
| <b>2</b>                                            | Meena Rasi: 4.18 Tithi 10 – 11 | <b>Gulika</b> 12:00PM – 1:12PM                                                                                                                                                             | <b>Uttaraproshtapada Until 6:50AM Wed</b>                              | <b>Ganesha:</b> Yellow <i>Sunrise: 7:13AM</i> | <b>Muruga:</b> Clear <i>Sunset: 4:47PM</i> | Sarvari 5122<br>Moon 11 - Phase 31<br>4th Phase |
| <b>Creative Work Amrita Yoga</b>                    | 711174465                      | <b>Rahu</b> 2:24PM – 3:35PM                                                                                                                                                                | Vajra* Until 7:14PM<br>Vanija Until 4:28AM Wed<br>Dashami Until 3:14PM | <b>Nataraja:</b> Clear<br>Moon – Clear        | <b>Devaloka Day</b>                        |                                                 |
| Until 6:50AM Wed<br>Then Routine Work - Marana Yoga |                                |                                                                                                                                                                                            |                                                                        |                                               |                                            |                                                 |

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| <b>Wednesday, November 25, 2020</b>             |                                 | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                                                       |                                               |                                            | Des Moines, IA<br>Sun 24 Sutra 227              |
| <b>3</b>                                        | Meena Rasi: 16.14 Tithi 11 – 12 | <b>Gulika</b> 10:49AM – 12:01PM                                                                                                                                                                  | <b>Uttaraproshtapada Until 6:50AM</b>                                 | <b>Ganesha:</b> Yellow <i>Sunrise: 7:14AM</i> | <b>Muruga:</b> Clear <i>Sunset: 4:47PM</i> | Sarvari 5122<br>Moon 11 - Phase 31<br>4th Phase |
| <b>Creative Work Siddha Yoga</b>                | 711174465                       | <b>Rahu</b> 12:01PM – 1:12PM                                                                                                                                                                     | Siddhi Until 8:02PM<br>Bava Until 6:59AM Thu<br>Ekadashi Until 5:41PM | <b>Nataraja:</b> Clear<br>Moon – Clear        | <b>Devaloka Day</b>                        |                                                 |
| Until 6:50AM<br>Then Routine Work - Marana Yoga |                                 |                                                                                                                                                                                                  |                                                                       |                                               |                                            |                                                 |

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| <b>Thursday, November 26, 2020</b>               |                            | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau |                                                                       |                                               |                                            | Des Moines, IA<br>Sun 25 Sutra 228              |
| <b>4</b>                                         | Meena Rasi: 28.07 Tithi 12 | <b>Gulika</b> 9:38AM – 10:50AM                                                                                                                                                   | <b>Revati Until 9:39AM</b>                                            | <b>Ganesha:</b> Yellow <i>Sunrise: 7:15AM</i> | <b>Muruga:</b> Clear <i>Sunset: 4:46PM</i> | Sarvari 5122<br>Moon 11 - Phase 31<br>4th Phase |
| <b>Creative Work Siddha Yoga</b>                 | 711174465                  | <b>Rahu</b> 1:12PM – 2:24PM                                                                                                                                                      | Vyatipata* Until 8:57PM<br>Bava Until 6:59AM<br>Dvadashi Until 8:16PM | <b>Nataraja:</b> Clear<br>Moon – Clear        | <b>Devaloka Day</b>                        |                                                 |
| Until 9:39AM<br>Then Creative Work - Amrita Yoga |                            |                                                                                                                                                                                  |                                                                       |                                               |                                            |                                                 |

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| <b>Friday, November 27, 2020</b>                  |                           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                                                          |                                             |                                                   | Des Moines, IA<br>Sun 26 Sutra 229              |
| <b>5</b>                                          | Mesha Rasi: 9.57 Tithi 13 | <b>Gulika</b> 8:28AM – 9:39AM                                                                                                                                                         | <b>Ashvini Until 12:50PM</b>                                             | <b>Ganesha:</b> Blue <i>Sunrise: 7:17AM</i> | <b>Muruga:</b> Clear <i>Sunset: 4:46PM</i>        | Sarvari 5122<br>Moon 11 - Phase 31<br>4th Phase |
| <b>Creative Work Amrita Yoga</b>                  | 721174465                 | <b>Rahu</b> 10:50AM – 12:01PM                                                                                                                                                         | Variyan Until 9:48PM<br>Kaulava Until 9:35AM<br>Trayodashi Until 10:50PM | <b>Nataraja:</b> Clear<br>Moon – White      | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                                 |
| Until 12:50PM<br>Then Creative Work - Siddha Yoga |                           | <i>Pradosha Vrata</i>                                                                                                                                                                 |                                                                          |                                             |                                                   |                                                 |

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| <b>Saturday, November 28, 2020</b>               |                            | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                                                               |                                             |                                                   | Des Moines, IA<br>Sun 27 Sutra 230              |
| <b>6</b>                                         | Mesha Rasi: 21.49 Tithi 14 | <b>Gulika</b> 7:18AM – 8:29AM                                                                                                                                                        | <b>Bharani Until 3:45PM</b>                                                   | <b>Ganesha:</b> Blue <i>Sunrise: 7:18AM</i> | <b>Muruga:</b> Clear <i>Sunset: 4:46PM</i>        | Sarvari 5122<br>Moon 11 - Phase 31<br>4th Phase |
| <b>Creative Work Siddha Yoga</b>                 | 722174465                  | <b>Rahu</b> 9:40AM – 10:51AM                                                                                                                                                         | Parigha* Until 10:35PM<br>Gara Until 12:06PM<br>Chaturdashi* Until 1:16AM Sun | <b>Nataraja:</b> Clear<br>Moon – White      | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                                 |
| Until 3:45PM<br>Then Creative Work - Amrita Yoga |                            |                                                                                                                                                                                      |                                                                               |                                             |                                                   |                                                 |

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| <b>Sunday, November 29, 2020</b> |                            | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau |                                                                        |                                             |                                                   | Des Moines, IA<br>Sutra 231                   |
| <b>○</b>                         | <b>Copper Retreat Star</b> | <b>Gulika</b> 2:24PM – 3:34PM                                                                                                                                          | <b>Krittika Until 6:20PM</b>                                           | <b>Ganesha:</b> Blue <i>Sunrise: 7:19AM</i> | <b>Muruga:</b> Clear <i>Sunset: 4:45PM</i>        | Sarvari 5122<br>Moon 11 - Phase 31<br>Purnima |
| Vrishabha Rasi: 3.44 Tithi 15    | 722174465                  | <b>Rahu</b> 3:34PM – 4:45PM                                                                                                                                            | Shiva Until 11:12PM<br>Visti Until 2:25PM<br>Purnima* Until 3:28AM Mon | <b>Nataraja:</b> Clear<br>Moon – White      | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                               |
| Creative Work Siddha Yoga        |                            | <b>Krittika Deepam</b>                                                                                                                                                 |                                                                        |                                             |                                                   |                                               |

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| <b>Monday, November 30, 2020</b> |                            | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Siddha Yoga Balava/Kaulava Karana Prathamayam Titau |                                                                           |                                               |                                            | Des Moines, IA<br>Sutra 232                    |
| <b>○</b>                         | <b>Silver Retreat Star</b> | <b>Gulika</b> 1:13PM – 2:24PM                                                                                                                                              | <b>Rohini Until 8:58PM</b>                                                | <b>Ganesha:</b> Yellow <i>Sunrise: 7:20AM</i> | <b>Muruga:</b> Clear <i>Sunset: 4:45PM</i> | Sarvari 5122<br>Moon 11 - Phase 31<br>Prathama |
| Vrishabha Rasi: 15.46 Tithi 16   | 732174465                  | <b>Rahu</b> 8:30AM – 9:41AM                                                                                                                                                | Siddha Until 11:35PM<br>Balava Until 4:29PM<br>Prathama* Until 5:22AM Tue | <b>Nataraja:</b> Clear<br>Moon – Yellow       | <b>Devaloka Day</b>                        |                                                |
| Creative Work Amrita Yoga        |                            | <b>Penumbral Lunar Eclipse<br/>Vinayaga Viratam Begins</b>                                                                                                                 |                                                                           | <b>Karttika-Karttikai</b>                     |                                            |                                                |



Tuesday, December 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Sadhya Yoga Taitila Karana Dvitiyayam Titau

Des Moines, IA

Sutra 233

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Vrishabha Rasi: 27.55    Tithi 17

732174465

**Gulika** 12:03PM – 1:13PM  
**Yama** 9:42AM – 10:52AM  
**Rahu** 2:24PM – 3:34PM

**Mrigashira Until 11:06PM**

Sadhya Until 11:41PM

Taitila Until 6:11PM

**Dvitiya Until 6:52AM Wed**

**Ganesha:** Yellow    *Sunrise:* 7:21AM

**Muruqa:** Clear    *Sunset:* 4:45PM

**Nataraja:** Clear

Moon – Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work    Siddha Yoga

Until 11:06PM

Then Routine Work - Marana Yoga

1

Wednesday, December 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1    Sutra 234

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 10.13    Tithi 17 – 18

732174465

**Gulika** 10:53AM – 12:03PM  
**Yama** 8:32AM – 9:42AM  
**Rahu** 12:03PM – 1:13PM

**Ardra Until 12:40AM Thu**

Subha Until 11:30PM

Vanija Until 7:29PM

**Dvitiya Until 6:52AM**

**Ganesha:** Yellow    *Sunrise:* 7:22AM

**Muruqa:** Clear    *Sunset:* 4:44PM

**Nataraja:** Clear

Moon – Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work    Siddha Yoga

Until 12:40AM Thu

Then Creative Work - Amrita Yoga

2

Thursday, December 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Des Moines, IA

Sun 2    Sutra 235

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 22.42    Tithi 18 – 19

742174465

**Gulika** 9:43AM – 10:53AM  
**Yama** 7:23AM – 8:33AM  
**Rahu** 1:14PM – 2:24PM

**Punarvasu Until 2:07AM Fri**

Sukla Until 10:56PM

Bava Until 8:20PM

**Tritiya Until 7:57AM**

**Ganesha:** White    *Sunrise:* 7:23AM

**Muruqa:** Clear    *Sunset:* 4:44PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work    Amrita Yoga

Until 2:07AM Fri

Then Routine Work - Marana Yoga

3

Friday, December 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3    Sutra 236

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 5.23    Tithi 19 – 20

742174465

**Gulika** 8:34AM – 9:44AM  
**Yama** 2:24PM – 3:34PM  
**Rahu** 10:54AM – 12:04PM

**Pushya Until 2:56AM Sat**

Brahma Until 10:00PM

Kaulava Until 8:42PM

**Chaturthi\* Until 8:34AM**

**Ganesha:** White    *Sunrise:* 7:24AM

**Muruqa:** Clear    *Sunset:* 4:44PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 3:PM to 6:PM

Routine Work    Marana Yoga

4

Saturday, December 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4    Sutra 237

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 18.19    Tithi 20 – 21

742174465

**Gulika** 7:25AM – 8:35AM  
**Yama** 1:14PM – 2:24PM  
**Rahu** 9:45AM – 10:54AM

**Ashlesha\* Until 3:06AM Sun**

Indra Until 8:42PM

Gara Until 8:33PM

**Panchami Until 8:40AM**

**Ganesha:** White    *Sunrise:* 7:25AM

**Muruqa:** Clear    *Sunset:* 4:44PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 3:PM to 6:PM

Routine Work    Marana Yoga

5

Sunday, December 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5    Sutra 238

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Simha Rasi: 1.31    Tithi 21 – 22

752174465

**Gulika** 2:24PM – 3:34PM  
**Yama** 12:05PM – 1:15PM  
**Rahu** 3:34PM – 4:44PM

**Magha\* Until 3:02AM Mon**

Vaidhriti\* Until 6:56PM

Visti Until 7:52PM

**Shashthi\* Until 8:16AM**

**Ganesha:** Clear    *Sunrise:* 7:26AM

**Muruqa:** Clear    *Sunset:* 4:44PM

**Nataraja:** Clear

Moon – Red

**Devaloka Day**

**Karttika-Karttikai**

Routine Work    Marana Yoga

Until 3:02AM Mon

Then Creative Work - Siddha Yoga

D

Monday, December 7, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Des Moines, IA

Sun 6    Sutra 239

Sarvari 5122

Moon 12 - Phase 32

Ashtami

Simha Rasi: 15    Tithi 22 – 23

752174465

**Gulika** 1:15PM – 2:25PM  
**Yama** 10:56AM – 12:05PM  
**Rahu** 8:36AM – 9:46AM

**Purvaphalguni Until 2:18AM Tue**

Vishkambha\* Until 4:46PM

Balava Until 6:39PM

**Saptami Until 7:19AM**

**Ganesha:** Clear    *Sunrise:* 7:27AM

**Muruqa:** Clear    *Sunset:* 4:44PM

**Nataraja:** Clear

Moon – Red

**Devaloka Day**

**Karttika-Karttikai**

Creative Work    Siddha Yoga

Until 2:18AM Tue

Then Creative Work - Amrita Yoga

Tuesday, December 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7    Sutra 240

Sarvari 5122

Moon 12 - Phase 32

Navami

Simha Rasi: 28.48    Tithi 24

752174465

**Gulika** 12:06PM – 1:15PM  
**Yama** 9:47AM – 10:56AM  
**Rahu** 2:25PM – 3:34PM

**Uttaraphalguni Until 12:55AM Wed**

Priti Until 2:12PM

Taitila Until 4:55PM

**Navami\* Until 3:51AM Wed**

**Ganesha:** Clear    *Sunrise:* 7:27AM

**Muruqa:** Clear    *Sunset:* 4:44PM

**Nataraja:** Clear

Moon – Red

**Devaloka Day**

**Karttika-Karttikai**

Creative Work    Amrita Yoga

Until 12:55AM Wed

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time


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| <b>1</b>                         | <b>Wednesday, December 9, 2020</b> |          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Hasla Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau |                                                                                         |                                                                                                         |                                                                                          | Des Moines, IA                                                                                                          |
|                                  | Kanya Rasi: 12.55                  | Tithi 25 | 762174465                                                                                                                                                                           | <b>Gulika</b> 10:57AM – 12:06PM<br>Yama 8:38AM – 9:47AM<br><b>Rahu</b> 12:06PM – 1:16PM | <b>Hasta</b> Until 11:23PM<br>Ayushman Until 11:14AM<br>Vanija Until 2:42PM<br>Dashami Until 1:25AM Thu | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Green | Sun 8 Sutra 241<br>Sarvari 5122<br>Moon 12 - Phase 33<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Routine Work Marana Yoga         |                                    |          |                                                                                                                                                                                     |                                                                                         |                                                                                                         |                                                                                          |                                                                                                                         |
| Until 11:23PM                    |                                    |          |                                                                                                                                                                                     |                                                                                         |                                                                                                         |                                                                                          |                                                                                                                         |
| Then Creative Work - Siddha Yoga |                                    |          |                                                                                                                                                                                     |                                                                                         |                                                                                                         |                                                                                          |                                                                                                                         |

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| <b>2</b>                         | <b>Thursday, December 10, 2020</b> |          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau |                                                                                       |                                                                                                       |                                                                                          | Des Moines, IA                                                                                                          |
|                                  | Kanya Rasi: 27.19                  | Tithi 26 | 762174465                                                                                                                                                                         | <b>Gulika</b> 9:48AM – 10:57AM<br>Yama 7:29AM – 8:39AM<br><b>Rahu</b> 1:16PM – 2:25PM | <b>Chitra</b> Until 9:20PM<br>Saubhagya Until 7:55AM<br>Bava Until 12:05PM<br>Ekadashi* Until 10:38PM | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Green | Sun 9 Sutra 242<br>Sarvari 5122<br>Moon 12 - Phase 33<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga        |                                    |          |                                                                                                                                                                                   |                                                                                       |                                                                                                       |                                                                                          |                                                                                                                         |
| Until 9:20PM                     |                                    |          |                                                                                                                                                                                   |                                                                                       |                                                                                                       |                                                                                          |                                                                                                                         |
| Then Creative Work - Amrita Yoga |                                    |          |                                                                                                                                                                                   |                                                                                       |                                                                                                       |                                                                                          |                                                                                                                         |

|                           |                                  |          |                                                                                                                                                                                |                                                                                        |                                                                                                             |                                                                                         |                                                                                            |
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| <b>3</b>                  | <b>Friday, December 11, 2020</b> |          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvodashyam Titau |                                                                                        |                                                                                                             |                                                                                         | Des Moines, IA                                                                             |
|                           | Tula Rasi: 11.58                 | Tithi 27 | 763174465                                                                                                                                                                      | <b>Gulika</b> 8:39AM – 9:49AM<br>Yama 2:26PM – 3:35PM<br><b>Rahu</b> 10:58AM – 12:07PM | <b>Svati</b> Until 6:54PM<br>Athiganda* Until 12:36AM Sat<br>Kaulava Until 9:09AM<br>Dvodashi* Until 7:35PM | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Green | Sun 10 Sutra 243<br>Sarvari 5122<br>Moon 12 - Phase 33<br>2nd Phase<br><b>Devaloka Day</b> |
| Creative Work Siddha Yoga |                                  |          |                                                                                                                                                                                |                                                                                        |                                                                                                             |                                                                                         |                                                                                            |

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| <b>4</b>                  | <b>Saturday, December 12, 2020</b> |                                 | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau |                                                                                       |                                                                                                       |                                                                                           | Des Moines, IA                                                                             |
|                           | Tula Rasi: 26.46                   | Tithi 28 – 29                   | 773174465                                                                                                                                                                                         | <b>Gulika</b> 7:31AM – 8:40AM<br>Yama 1:17PM – 2:26PM<br><b>Rahu</b> 9:49AM – 10:58AM | <b>Vishakha</b> Until 4:36PM<br>Sukarma Until 8:47PM<br>Gara Until 6:02AM<br>Trayodashi* Until 4:26PM | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Orange | Sun 11 Sutra 244<br>Sarvari 5122<br>Moon 12 - Phase 33<br>2nd Phase<br><b>Devaloka Day</b> |
| Creative Work Siddha Yoga |                                    |                                 |                                                                                                                                                                                                   |                                                                                       |                                                                                                       |                                                                                           |                                                                                            |
|                           |                                    | <i>Pradosha Vrata (Fasting)</i> |                                                                                                                                                                                                   |                                                                                       |                                                                                                       |                                                                                           |                                                                                            |

|                                                                                   |                                  |                           |                                                                                                                                                                                                                |               |           |                                                                                       |                                                                                                             |                                                                                           |
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|  | <b>Sunday, December 13, 2020</b> |                           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |               |           |                                                                                       | Des Moines, IA                                                                                              |                                                                                           |
|                                                                                   | <b>Retreat Star</b>              |                           | Vrischika Rasi: 11.37                                                                                                                                                                                          | Tithi 29 – 30 | 773174465 | <b>Gulika</b> 2:26PM – 3:35PM<br>Yama 12:08PM – 1:17PM<br><b>Rahu</b> 3:35PM – 4:45PM | <b>Anuradha</b> Until 2:11PM<br>Dhriti Until 5:00PM<br>Catuspada Until 11:46PM<br>Chaturdashi* Until 1:17PM | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Orange |
| Routine Work Marana Yoga                                                          |                                  |                           |                                                                                                                                                                                                                |               |           |                                                                                       |                                                                                                             |                                                                                           |
|                                                                                   |                                  | <b>Karttika-Karttikai</b> |                                                                                                                                                                                                                |               |           |                                                                                       |                                                                                                             |                                                                                           |

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| <b>Monday, December 14, 2020</b> | <b>Retreat Star</b>   |                            | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                                                                        |                                                                                                            |                                                                                               | Des Moines, IA                                                                                                          |
|                                  | Vrischika Rasi: 26.22 | Tithi 30 – 1               | 773274465                                                                                                                                                                                           | <b>Gulika</b> 1:18PM – 2:27PM<br>Yama 10:59AM – 12:09PM<br><b>Rahu</b> 8:41AM – 9:50AM | <b>Jyeshtha*</b> Until 11:47AM<br>Shula* Until 1:21PM<br>Kintughna Until 8:55PM<br>Amavasya* Until 10:17AM | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Orange | Sun 13 Sutra 246<br>Sarvari 5122<br>Moon 12 - Phase 33<br>Prathama<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Family Home Evening              |                       |                            |                                                                                                                                                                                                     |                                                                                        |                                                                                                            |                                                                                               |                                                                                                                         |
| Creative Work Siddha Yoga        |                       |                            |                                                                                                                                                                                                     |                                                                                        |                                                                                                            |                                                                                               |                                                                                                                         |
|                                  |                       | <b>Margasira-Karttikai</b> |                                                                                                                                                                                                     |                                                                                        |                                                                                                            |                                                                                               |                                                                                                                         |
|                                  |                       | <b>Total Solar Eclipse</b> |                                                                                                                                                                                                     |                                                                                        |                                                                                                            |                                                                                               |                                                                                                                         |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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| <b>1</b>                         |             | <b>Tuesday, December 15, 2020</b> |                                                                                        | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula/Purvashadha* Nakshatra Ganda/Vridhdi Yoga Bava/Balava Karana Prathama/Dvilyayam Titau |                                                                                               | Des Moines, IA<br>Sun 14 Sutra 247              |                                 |
| Dhanus Rasi: 10.55               | Tithi 1 – 2 | 783274465                         | <b>Gulika</b> 12:09PM – 1:18PM<br>Yama 9:51AM – 11:00AM<br><b>Rahu</b> 2:27PM – 3:36PM | <b>Mula* Until 10:00AM</b><br>Ganda* Until 9:59AM<br>Balava Until 6:28PM<br><b>Prathama* Until 7:37AM</b>                                                                                      | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | <b>Sunrise:</b> 7:33AM<br><b>Sunset:</b> 4:45PM | Moon 12 - Phase 34<br>3rd Phase |
| Creative Work                    | Amrita Yoga |                                   | <b>Markali Pillaiyar</b>                                                               |                                                                                                                                                                                                | <b>Bhuloka Day</b>                                                                            | Devaloka Time: 3:PM to 6:PM                     |                                 |
| Until 10:00AM                    |             |                                   |                                                                                        |                                                                                                                                                                                                |                                                                                               |                                                 |                                 |
| Then Creative Work - Siddha Yoga |             |                                   |                                                                                        |                                                                                                                                                                                                |                                                                                               |                                                 |                                 |

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| <b>2</b>          |             | <b>Wednesday, December 16, 2020</b> |                                                                                         | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vridhdi/Dhruva Yoga Taitila/Gara Karana Trityayam Titau |                                                                                                   | Des Moines, IA<br>Sun 15 Sutra 248              |                                 |
| Dhanus Rasi: 25.1 | Tithi 3     | 883274465                           | <b>Gulika</b> 11:01AM – 12:10PM<br>Yama 8:43AM – 9:52AM<br><b>Rahu</b> 12:10PM – 1:19PM | <b>Purvashadha* Until 8:32AM</b><br>Vridhdi Until 7:01AM<br>Taitila Until 4:32PM<br><b>Tritiya Until 3:47AM Thu</b>                                                                           | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | <b>Sunrise:</b> 7:34AM<br><b>Sunset:</b> 4:45PM | Moon 12 - Phase 34<br>3rd Phase |
| Creative Work     | Amrita Yoga |                                     |                                                                                         |                                                                                                                                                                                               | <b>Bhuloka Day</b>                                                                                | Devaloka Time: 3:PM to 6:PM                     |                                 |

|                                  |             |                                    |                                                                                       |                                                                                                                                                                                         |                                                                                                   |                                                 |                                 |
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| <b>3</b>                         |             | <b>Thursday, December 17, 2020</b> |                                                                                       | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturthiyam Titau |                                                                                                   | Des Moines, IA<br>Sun 16 Sutra 249              |                                 |
| Makara Rasi: 9.02                | Tithi 4     | 883274465                          | <b>Gulika</b> 9:52AM – 11:01AM<br>Yama 7:34AM – 8:43AM<br><b>Rahu</b> 1:19PM – 2:28PM | <b>Uttarashadha Until 7:32AM</b><br>Vyaghata* Until 2:34AM Fri<br>Vanija Until 3:15PM<br><b>Chaturthi* Until 2:53AM Fri</b>                                                             | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | <b>Sunrise:</b> 7:34AM<br><b>Sunset:</b> 4:46PM | Moon 12 - Phase 34<br>3rd Phase |
| Routine Work                     | Marana Yoga |                                    |                                                                                       |                                                                                                                                                                                         | <b>Bhuloka Day</b>                                                                                | Devaloka Time: 3:PM to 6:PM                     |                                 |
| Until 7:32AM                     |             |                                    |                                                                                       |                                                                                                                                                                                         |                                                                                                   |                                                 |                                 |
| Then Creative Work - Siddha Yoga |             |                                    |                                                                                       |                                                                                                                                                                                         |                                                                                                   |                                                 |                                 |

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| <b>4</b>                         |             | <b>Friday, December 18, 2020</b> |                                                                                        | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau |                                                                                           | Des Moines, IA<br>Sun 17 Sutra 250              |                                 |
| Makara Rasi: 22.28               | Tithi 5     | 893274465                        | <b>Gulika</b> 8:44AM – 9:53AM<br>Yama 2:28PM – 3:37PM<br><b>Rahu</b> 11:02AM – 12:11PM | <b>Shravana Until 7:33AM</b><br>Harshana Until 1:15AM Sat<br>Bava Until 2:44PM<br><b>Panchami Until 2:45AM Sat</b>                                                                | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Purple | <b>Sunrise:</b> 7:35AM<br><b>Sunset:</b> 4:46PM | Moon 12 - Phase 34<br>3rd Phase |
| Routine Work                     | Marana Yoga |                                  |                                                                                        |                                                                                                                                                                                   | <b>Bhuloka Day</b>                                                                        | Devaloka Time: 3:PM to 6:PM                     |                                 |
| Until 7:33AM                     |             |                                  |                                                                                        |                                                                                                                                                                                   |                                                                                           |                                                 |                                 |
| Then Creative Work - Siddha Yoga |             |                                  |                                                                                        |                                                                                                                                                                                   |                                                                                           |                                                 |                                 |

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| <b>5</b>                         |             | <b>Saturday, December 19, 2020</b> |                                                                                       | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau |                                                                                           | Des Moines, IA<br>Sun 18 Sutra 251              |                                 |
| Kumbha Rasi: 5.3                 | Tithi 6     | 893274465                          | <b>Gulika</b> 7:35AM – 8:44AM<br>Yama 1:20PM – 2:29PM<br><b>Rahu</b> 9:53AM – 11:02AM | <b>Dhanishtha Until 8:10AM</b><br>Vajra* Until 12:31AM Sun<br>Kaulava Until 3:00PM<br><b>Shashthi* Until 3:25AM Sun</b>                                                                 | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Purple | <b>Sunrise:</b> 7:35AM<br><b>Sunset:</b> 4:47PM | Moon 12 - Phase 34<br>3rd Phase |
| Creative Work                    | Siddha Yoga |                                    |                                                                                       |                                                                                                                                                                                         | <b>Bhuloka Day</b>                                                                        | Devaloka Time: 3:PM to 6:PM                     |                                 |
| Until 8:10AM                     |             |                                    |                                                                                       |                                                                                                                                                                                         |                                                                                           |                                                 |                                 |
| Then Creative Work - Amrita Yoga |             |                                    |                                                                                       |                                                                                                                                                                                         |                                                                                           |                                                 |                                 |

|                   |             |                                  |                                                                                       |                                                                                                                                                                                            |                                                                                           |                                                 |                                 |
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| <b>6</b>          |             | <b>Sunday, December 20, 2020</b> |                                                                                       | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shalabhishak/Purvaproshtapada* Nakshatra Siddhi* Yoga Gara/Vanija Karana Saplamyam Titau |                                                                                           | Des Moines, IA<br>Sun 19 Sutra 252              |                                 |
| Kumbha Rasi: 18.1 | Tithi 7     | 893274465                        | <b>Gulika</b> 2:29PM – 3:38PM<br>Yama 12:12PM – 1:20PM<br><b>Rahu</b> 3:38PM – 4:47PM | <b>Shatabhishak Until 9:22AM</b><br>Siddhi Until 12:21AM Mon<br>Gara Until 4:02PM<br><b>Saptami Until 4:47AM Mon</b>                                                                       | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Purple | <b>Sunrise:</b> 7:36AM<br><b>Sunset:</b> 4:47PM | Moon 12 - Phase 34<br>3rd Phase |
| Creative Work     | Siddha Yoga |                                  |                                                                                       |                                                                                                                                                                                            | <b>Bhuloka Day</b>                                                                        | Devaloka Time: 3:PM to 6:PM                     |                                 |

Vinayaga Viratam Ends

|                                  |             |                     |                                                                                        |                                                                                                                                                                                                   |                                                                                         |                                                 |                               |
|----------------------------------|-------------|---------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------|
| <b>Monday, December 21, 2020</b> |             | <b>Retreat Star</b> |                                                                                        | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashlamyam Titau |                                                                                         | Des Moines, IA<br>Sun 20 Sutra 253              |                               |
| Meena Rasi: 0.3                  | Tithi 8     | 813274465           | <b>Gulika</b> 1:21PM – 2:30PM<br>Yama 11:03AM – 12:12PM<br><b>Rahu</b> 8:45AM – 9:54AM | <b>Purvaproshtapada* Until 11:34AM</b><br>Vyatipata* Until 12:40AM Tue<br>Visti Until 5:44PM<br><b>Ashtami* Until 6:46AM Tue</b>                                                                  | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Clear | <b>Sunrise:</b> 7:36AM<br><b>Sunset:</b> 4:48PM | Moon 12 - Phase 34<br>Ashtami |
| Family Home Evening              | Marana Yoga |                     | <b>Day 1 of Pancha Ganapati</b>                                                        |                                                                                                                                                                                                   | <b>Bhuloka Day</b>                                                                      | Devaloka Time: 3:PM to 6:PM                     |                               |
| Until 11:34AM                    |             |                     |                                                                                        |                                                                                                                                                                                                   |                                                                                         |                                                 |                               |
| Then Creative Work - Siddha Yoga |             |                     |                                                                                        |                                                                                                                                                                                                   |                                                                                         |                                                 |                               |

|                                   |             |                     |                                                                                        |                                                                                                                                                                                             |                                                                                         |                                                 |                              |
|-----------------------------------|-------------|---------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------|
| <b>Tuesday, December 22, 2020</b> |             | <b>Retreat Star</b> |                                                                                        | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                                                                         | Des Moines, IA<br>Sun 21 Sutra 254              |                              |
| Meena Rasi: 13                    | Tithi 8 – 9 | 813274465           | <b>Gulika</b> 12:13PM – 1:21PM<br>Yama 9:55AM – 11:04AM<br><b>Rahu</b> 2:30PM – 3:39PM | <b>Uttaraproshtapada Until 2:07PM</b><br>Variyan Until 1:18AM Wed<br>Balava Until 7:57PM<br><b>Ashtami* Until 6:46AM</b>                                                                    | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Clear | <b>Sunrise:</b> 7:37AM<br><b>Sunset:</b> 4:48PM | Moon 12 - Phase 34<br>Navami |
| Creative Work                     | Amrita Yoga |                     | <b>Day 2 of Pancha Ganapati</b>                                                        |                                                                                                                                                                                             | <b>Bhuloka Day</b>                                                                      | Devaloka Time: 3:PM to 6:PM                     |                              |
| Until 2:07PM                      |             |                     |                                                                                        |                                                                                                                                                                                             |                                                                                         |                                                 |                              |
| Then Creative Work - Siddha Yoga  |             |                     |                                                                                        |                                                                                                                                                                                             |                                                                                         |                                                 |                              |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                          |                                     |                          |                                                                                                                                                                                      |                                                                           |                                                                                                   |                                                                    |                                                                      |
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| 1                        | <b>Wednesday, December 23, 2020</b> |                          | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau |                                                                           |                                                                                                   |                                                                    | Des Moines, IA<br>Sun 22                                             |
|                          | Meena Rasi: 24.32                   | Tithi 9 – 10             | 813274465                                                                                                                                                                            | Gulika 11:04AM – 12:13PM<br>Yama 8:46AM – 9:55AM<br>Rahu 12:13PM – 1:22PM | Revati Until 4:51PM<br>Parigha* Until 2:08AM Thu<br>Taitila Until 10:29PM<br>Navami* Until 9:10AM | Ganesha: Green<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear | Sunrise: 7:37AM<br>Sunset: 4:49PM<br>Moon 12 - Phase 35<br>4th Phase |
| Routine Work Marana Yoga |                                     | Day 3 of Pancha Ganapati |                                                                                                                                                                                      | Margasira*Markali                                                         |                                                                                                   | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM                         |                                                                      |

|                                                                               |                                    |                          |                                                                                                                                                                          |                                                                         |                                                                                                    |                                                                  |                                                                      |
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| 2                                                                             | <b>Thursday, December 24, 2020</b> |                          | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Shiva Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau |                                                                         |                                                                                                    |                                                                  | Des Moines, IA<br>Sun 23                                             |
|                                                                               | Mesha Rasi: 6.23                   | Tithi 10 – 11            | 823274465                                                                                                                                                                | Gulika 9:56AM – 11:05AM<br>Yama 7:38AM – 8:47AM<br>Rahu 1:23PM – 2:31PM | Ashvini Until 8:04PM<br>Shiva Until 3:03AM Fri<br>Vanija Until 1:06AM Fri<br>Dashami Until 11:46AM | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – White | Sunrise: 7:38AM<br>Sunset: 4:49PM<br>Moon 12 - Phase 35<br>4th Phase |
| Creative Work Amrita Yoga<br>Until 8:04PM<br>Then Creative Work - Siddha Yoga |                                    | Day 4 of Pancha Ganapati |                                                                                                                                                                          | Gita Jayanthi<br>Margasira*Markali                                      |                                                                                                    | Devaloka Day                                                     |                                                                      |

|                           |                                  |                          |                                                                                                                                                                             |                                                                          |                                                                                                    |                                                                   |                                                                      |
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| 3                         | <b>Friday, December 25, 2020</b> |                          | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                                                          |                                                                                                    |                                                                   | Des Moines, IA<br>Sun 24                                             |
|                           | Mesha Rasi: 18.14                | Tithi 11 – 12            | 823274466                                                                                                                                                                   | Gulika 8:47AM – 9:56AM<br>Yama 2:32PM – 3:41PM<br>Rahu 11:05AM – 12:14PM | Bharani Until 11:02PM<br>Siddha Until 3:51AM Sat<br>Bava Until 3:38AM Sat<br>Ekadashi Until 2:22PM | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – White | Sunrise: 7:38AM<br>Sunset: 4:50PM<br>Moon 12 - Phase 35<br>4th Phase |
| Creative Work Siddha Yoga |                                  | Day 5 of Pancha Ganapati |                                                                                                                                                                             | Margasira*Markali                                                        |                                                                                                    | Devaloka Day                                                      |                                                                      |

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| 4                                                                                 | <b>Saturday, December 26, 2020</b> |                | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                                                         |                                                                                                           |                                                                    | Des Moines, IA<br>Sun 25                                             |
|                                                                                   | Vrishabha Rasi: 0.07               | Tithi 12 – 13  | 824274466                                                                                                                                                                         | Gulika 7:38AM – 8:47AM<br>Yama 1:24PM – 2:33PM<br>Rahu 9:57AM – 11:06AM | Krittika Until 1:37AM Sun<br>Sadhya Until 4:27AM Sun<br>Kaulava Until 5:53AM Sun<br>Dvadashi Until 4:47PM | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – White | Sunrise: 7:38AM<br>Sunset: 4:51PM<br>Moon 12 - Phase 35<br>4th Phase |
| Creative Work Amrita Yoga<br>Until 1:37AM Sun<br>Then Creative Work - Siddha Yoga |                                    | Pradosha Vrata |                                                                                                                                                                                   | Margasira*Markali                                                       |                                                                                                           | Sivaloka Day                                                       |                                                                      |

|                                                                                   |                                  |                   |                                                                                                                                                                |                                                                         |                                                                                                      |                                                                       |                                                                      |
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| 5                                                                                 | <b>Sunday, December 27, 2020</b> |                   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Subha Yoga Taitila Karana Trayodashyam Titau |                                                                         |                                                                                                      |                                                                       | Des Moines, IA<br>Sun 26                                             |
|                                                                                   | Vrishabha Rasi: 12.07            | Tithi 13          | 834274466                                                                                                                                                      | Gulika 2:33PM – 3:42PM<br>Yama 12:15PM – 1:24PM<br>Rahu 3:42PM – 4:51PM | Rohini Until 4:08AM Mon<br>Subha Until 4:46AM Mon<br>Taitila Until 6:50PM<br>Trayodashi Until 6:50PM | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Yellow | Sunrise: 7:39AM<br>Sunset: 4:51PM<br>Moon 12 - Phase 35<br>4th Phase |
| Creative Work Siddha Yoga<br>Until 4:08AM Mon<br>Then Creative Work - Amrita Yoga |                                  | Margasira*Markali |                                                                                                                                                                | Devaloka Day                                                            |                                                                                                      |                                                                       |                                                                      |

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| 6                                                                                                       | <b>Monday, December 28, 2020</b> |                   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau |                                                                          |                                                                                                         |                                                                       | Des Moines, IA<br>Sun 27                                             |
|                                                                                                         | Vrishabha Rasi: 24.16            | Tithi 14          | 834274466                                                                                                                                                              | Gulika 1:25PM – 2:34PM<br>Yama 11:06AM – 12:16PM<br>Rahu 8:48AM – 9:57AM | Mrigashira Until 6:02AM Tue<br>Sukla Until 4:40AM Tue<br>Gara Until 7:43AM<br>Chaturdashi* Until 8:25PM | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Yellow | Sunrise: 7:39AM<br>Sunset: 4:52PM<br>Moon 12 - Phase 35<br>4th Phase |
| Family Home Evening<br>Creative Work Amrita Yoga<br>Until 6:02AM Tue<br>Then Routine Work - Marana Yoga |                                  | Margasira*Markali |                                                                                                                                                                        | Devaloka Day                                                             |                                                                                                         |                                                                       |                                                                      |

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| O                                                                            | <b>Tuesday, December 29, 2020</b> |                 | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Brahma Yoga Visti*/Bava Karana Purnimayam Titau |                   |           |                                                                          | Des Moines, IA<br>Sutra 261                                                                       |                                                                       |
|                                                                              | <b>Copper Retreat Star</b>        |                 | Mithuna Rasi: 6.38                                                                                                                                                            | Tithi 15          | 834274466 | Gulika 12:16PM – 1:25PM<br>Yama 9:58AM – 11:07AM<br>Rahu 2:34PM – 3:44PM | Mrigashira Until 6:02AM<br>Brahma Until 4:12AM Wed<br>Visti Until 9:02AM<br>Purnima* Until 9:29PM | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Yellow |
| Creative Work Siddha Yoga<br>Until 6:02AM<br>Then Routine Work - Marana Yoga |                                   | Ardra Darshanam |                                                                                                                                                                               | Margasira*Markali |           | Devaloka Day                                                             |                                                                                                   |                                                                       |

|                           |                                     |                   |                                                                                                                                                                                 |              |           |                                                                           |                                                                                                |                                                                       |
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| O                         | <b>Wednesday, December 30, 2020</b> |                   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau |              |           |                                                                           | Des Moines, IA<br>Sutra 262                                                                    |                                                                       |
|                           | <b>Silver Retreat Star</b>          |                   | Mithuna Rasi: 19.14                                                                                                                                                             | Tithi 16     | 834274466 | Gulika 11:07AM – 12:17PM<br>Yama 8:49AM – 9:58AM<br>Rahu 12:17PM – 1:26PM | Ardra Until 7:15AM<br>Indra Until 3:20AM Thu<br>Balava Until 9:50AM<br>Prathama* Until 10:01PM | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Yellow |
| Creative Work Siddha Yoga |                                     | Margasira*Markali |                                                                                                                                                                                 | Devaloka Day |           |                                                                           |                                                                                                |                                                                       |





Thursday, December 31, 2020

Gold Retreat Star

Kataka Rasi: 2.05 Tithi 17

Creative Work Amrita Yoga

844274466  
Gulika  
Yama  
Rahu

9:58AM – 11:08AM  
7:40AM – 8:49AM  
1:26PM – 2:36PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Punarvasu Until 8:17AM**  
Vaidhriti\* Until 2:04AM Fri  
Taitila Until 10:06AM  
**Dvitiya Until 10:02PM**

Ganesha: White Sunrise: 7:40AM  
Muruga: Clear Sunset: 4:55PM  
Nataraja: Orange  
Moon – Blue  
**Margasira-Markali**

Des Moines, IA  
Sun 1 Sutra 263  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Sivaloka Day**

1

Friday, January 1, 2021

Kataka Rasi: 15.1 Tithi 18

Routine Work Marana Yoga

844274466  
Gulika  
Yama  
Rahu

8:49AM – 9:58AM  
2:36PM – 3:45PM  
11:08AM – 12:17PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\* Yoga Vanija/Visli\* Karana Tritiyayam Titau

**Pushya Until 8:42AM**  
Vishkambha\* Until 12:28AM Sat  
Vanija Until 9:54AM  
**Tritiya Until 9:38PM**

Ganesha: White Sunrise: 7:40AM  
Muruga: Clear Sunset: 4:55PM  
Nataraja: Orange  
Moon – Blue  
**Margasira-Markali**

Des Moines, IA  
Sun 2 Sutra 264  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Sivaloka Day**

2

Saturday, January 2, 2021

Kataka Rasi: 28.28 Tithi 19

Routine Work Marana Yoga  
Until 8:34AM  
Then Creative Work - Amrita Yoga

844274466  
Gulika  
Yama  
Rahu

7:40AM – 8:49AM  
1:27PM – 2:36PM  
9:59AM – 11:08AM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

**Ashlesha\* Until 8:34AM**  
Priti Until 10:36PM  
Bava Until 9:18AM  
**Chaturthi\* Until 8:50PM**

Ganesha: White Sunrise: 7:40AM  
Muruga: Clear Sunset: 4:55PM  
Nataraja: Orange  
Moon – Blue  
**Margasira-Markali**

Des Moines, IA  
Sun 3 Sutra 265  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Sivaloka Day**

3

Sunday, January 3, 2021

Simha Rasi: 11.58 Tithi 20

Routine Work Marana Yoga  
Until 8:23AM  
Then Creative Work - Siddha Yoga

854274466  
Gulika  
Yama  
Rahu

2:37PM – 3:47PM  
12:18PM – 1:28PM  
3:47PM – 4:56PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

**Magha\* Until 8:23AM**  
Ayushman Until 8:26PM  
Kaulava Until 8:19AM  
**Panchami Until 7:42PM**

Ganesha: Clear Sunrise: 7:40AM  
Muruga: Clear Sunset: 4:56PM  
Nataraja: Orange  
Moon – Red  
**Margasira-Markali**

Des Moines, IA  
Sun 4 Sutra 266  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

4

Monday, January 4, 2021

Simha Rasi: 25.39 Tithi 21

Family Home Evening  
Creative Work Siddha Yoga

854274466  
Gulika  
Yama  
Rahu

1:28PM – 2:38PM  
11:09AM – 12:18PM  
8:49AM – 9:59AM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

**Purvaphalguni Until 7:44AM**  
Saubhagya Until 6:04PM  
Gara Until 7:03AM  
**Shashthi\* Until 6:17PM**

Ganesha: Clear Sunrise: 7:40AM  
Muruga: Clear Sunset: 4:57PM  
Nataraja: Orange  
Moon – Red  
**Margasira-Markali**

Des Moines, IA  
Sun 5 Sutra 267  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

5

Tuesday, January 5, 2021

Kanya Rasi: 9.3 Tithi 22 – 23

Creative Work Amrita Yoga  
Until 6:41AM  
Then Creative Work - Siddha Yoga

854274466  
Gulika  
Yama  
Rahu

12:19PM – 1:29PM  
9:59AM – 11:09AM  
2:39PM – 3:48PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Uttaraphalguni Until 6:41AM**  
Sobhana Until 3:30PM  
Balava Until 3:41AM Wed  
**Saptami Until 4:36PM**

Ganesha: Clear Sunrise: 7:40AM  
Muruga: Clear Sunset: 4:58PM  
Nataraja: Orange  
Moon – Red  
**Margasira-Markali**

Des Moines, IA  
Sun 6 Sutra 268  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

D

Wednesday, January 6, 2021

Retreat Star

Kanya Rasi: 23.3 Tithi 23 – 24

Creative Work Siddha Yoga  
Until 4:20AM Thu  
Then Creative Work - Amrita Yoga

864274466  
Gulika  
Yama  
Rahu

11:09AM – 12:19PM  
8:50AM – 10:00AM  
12:19PM – 1:29PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Chitra Until 4:20AM Thu**  
Athiganda\* Until 12:44PM  
Taitila Until 1:40AM Thu  
**Ashtami\* Until 2:41PM**

Ganesha: Purple Sunrise: 7:40AM  
Muruga: Clear Sunset: 4:59PM  
Nataraja: Orange  
Moon – Green  
**Margasira-Markali**

Des Moines, IA  
Sun 7 Sutra 269  
Sarvari 5122  
Moon 13 - Phase 36  
Ashtami

**Sivaloka Day**

Thursday, January 7, 2021

Retreat Star

Tula Rasi: 7.38 Tithi 24 – 25

Creative Work Amrita Yoga  
Until 2:38AM Fri  
Then Creative Work - Siddha Yoga

865274466  
Gulika  
Yama  
Rahu

10:00AM – 11:10AM  
7:40AM – 8:50AM  
1:30PM – 2:40PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Svati Until 2:38AM Fri**  
Sukarma Until 9:48AM  
Vanija Until 11:27PM  
**Navami\* Until 12:34PM**

Ganesha: Clear Sunrise: 7:40AM  
Muruga: Clear Sunset: 5:00PM  
Nataraja: Orange  
Moon – Green  
**Margasira-Markali**

Des Moines, IA  
Sun 8 Sutra 270  
Sarvari 5122  
Moon 13 - Phase 36  
Navami

**Devaloka Day**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|   |                                |                                                                                                                                                                                      |                                         |                                  |                                              |                                   |
|---|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|----------------------------------|----------------------------------------------|-----------------------------------|
| 1 | <b>Friday, January 8, 2021</b> | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                                         |                                  |                                              | Des Moines, IA<br>Sun 9 Sutra 271 |
|   | Tula Rasi: 21.55               | Tithi 25 – 26                                                                                                                                                                        | <b>Gulika</b> 8:50AM – 10:00AM          | <b>Vishakha</b> Until 1:06AM Sat | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:39AM | Sarvari 5122                      |
|   |                                |                                                                                                                                                                                      | Yama 2:41PM – 3:51PM                    | Dhriti Until 6:44AM              | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM   | Moon 13 - Phase 37                |
|   | Creative Work                  | Siddha Yoga                                                                                                                                                                          | 875374466 <b>Rahu</b> 11:10AM – 12:20PM | Bava Until 9:06PM                | <b>Nataraja:</b> Orange                      | 2nd Phase                         |
|   |                                |                                                                                                                                                                                      | <b>Dashami</b> Until 10:17AM            | Moon – Orange                    | <b>Devaloka Day</b>                          |                                   |
|   |                                |                                                                                                                                                                                      |                                         | <b>Margasira*Markali</b>         |                                              |                                   |

|   |                                  |                                                                                                                                                                                   |                                         |                               |                                              |                                    |
|---|----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|-------------------------------|----------------------------------------------|------------------------------------|
| 2 | <b>Saturday, January 9, 2021</b> | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                         |                               |                                              | Des Moines, IA<br>Sun 10 Sutra 272 |
|   | Vischika Rasi: 6.15              | Tithi 26 – 27                                                                                                                                                                     | <b>Gulika</b> 7:39AM – 8:50AM           | <b>Anuradha</b> Until 11:22PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:39AM | Sarvari 5122                       |
|   |                                  |                                                                                                                                                                                   | Yama 1:31PM – 2:41PM                    | Ganda* Until 12:21AM Sun      | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:02PM   | Moon 13 - Phase 37                 |
|   | Creative Work                    | Siddha Yoga                                                                                                                                                                       | 875374466 <b>Rahu</b> 10:00AM – 11:10AM | Kaulava Until 6:41PM          | <b>Nataraja:</b> Orange                      | 2nd Phase                          |
|   |                                  |                                                                                                                                                                                   | <b>Ekadashi*</b> Until 7:53AM           | Moon – Orange                 | <b>Devaloka Day</b>                          |                                    |
|   |                                  |                                                                                                                                                                                   |                                         | <b>Margasira*Markali</b>      |                                              |                                    |

|   |                                 |                                                                                                                                                                           |                                       |                                 |                                              |                                    |
|---|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------|----------------------------------------------|------------------------------------|
| 3 | <b>Sunday, January 10, 2021</b> | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau |                                       |                                 |                                              | Des Moines, IA<br>Sun 11 Sutra 273 |
|   | Vischika Rasi: 20.37            | Tithi 28                                                                                                                                                                  | <b>Gulika</b> 2:42PM – 3:53PM         | <b>Jyeshtha*</b> Until 9:32PM   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:39AM | Sarvari 5122                       |
|   |                                 |                                                                                                                                                                           | Yama 12:21PM – 1:32PM                 | Vriddhi Until 9:11PM            | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:03PM   | Moon 13 - Phase 37                 |
|   | Routine Work                    | Marana Yoga                                                                                                                                                               | 875374466 <b>Rahu</b> 3:53PM – 5:03PM | Gara Until 4:16PM               | <b>Nataraja:</b> Orange                      | 2nd Phase                          |
|   |                                 |                                                                                                                                                                           | <b>Trayodashi*</b> Until 3:05AM Mon   | Moon – Orange                   | <b>Devaloka Day</b>                          |                                    |
|   |                                 |                                                                                                                                                                           |                                       | <b>Margasira*Markali</b>        |                                              |                                    |
|   |                                 |                                                                                                                                                                           |                                       | <i>Pradosha Vrata (Fasting)</i> |                                              |                                    |

|   |                                 |                                                                                                                                                                         |                                        |                           |                                               |                                    |
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| 4 | <b>Monday, January 11, 2021</b> | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                        |                           |                                               | Des Moines, IA<br>Sun 12 Sutra 274 |
|   | Dhanus Rasi: 4.57               | Tithi 29                                                                                                                                                                | <b>Gulika</b> 1:32PM – 2:43PM          | <b>Mula*</b> Until 8:07PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:39AM | Sarvari 5122                       |
|   | <b>Family Home Evening</b>      |                                                                                                                                                                         | Yama 11:11AM – 12:21PM                 | Dhruva Until 6:06PM       | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:04PM    | Moon 13 - Phase 37                 |
|   | Creative Work                   | Siddha Yoga                                                                                                                                                             | 885374466 <b>Rahu</b> 8:49AM – 10:00AM | Visti Until 1:58PM        | <b>Nataraja:</b> Orange                       | 2nd Phase                          |
|   |                                 |                                                                                                                                                                         | <b>Chaturdashi*</b> Until 12:53AM Tue  | Moon – Light Blue         | <b>Devaloka Day</b>                           |                                    |
|   |                                 |                                                                                                                                                                         |                                        | <b>Margasira*Markali</b>  |                                               |                                    |

|   |                                  |                                                                                                                                                                                               |                                       |                                       |                                               |                                    |
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| ● | <b>Tuesday, January 12, 2021</b> | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                       |                                       |                                               | Des Moines, IA<br>Sun 13 Sutra 275 |
|   | <b>Retreat Star</b>              |                                                                                                                                                                                               | <b>Gulika</b> 12:22PM – 1:33PM        | <b>Purvashadha*</b> Until 6:49PM      | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:39AM | Sarvari 5122                       |
|   | Dhanus Rasi: 19.09               | Tithi 30                                                                                                                                                                                      | Yama 10:00AM – 11:11AM                | Vyaghata* Until 3:15PM                | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:05PM    | Moon 13 - Phase 37                 |
|   | Creative Work                    | Siddha Yoga                                                                                                                                                                                   | 885374466 <b>Rahu</b> 2:44PM – 3:54PM | Catuspada Until 11:54AM               | <b>Nataraja:</b> Orange                       | Amavasya                           |
|   |                                  |                                                                                                                                                                                               | <b>Amavasya*</b> Until 10:59PM        | Moon – Light Blue                     | <b>Devaloka Day</b>                           |                                    |
|   |                                  |                                                                                                                                                                                               |                                       | <b>Margasira*Markali</b>              |                                               |                                    |
|   |                                  |                                                                                                                                                                                               |                                       | <b>Hanumath Jayanthi (Tamil Nadu)</b> |                                               |                                    |

|   |                                    |                                                                                                                                                                                                |                                        |                                  |                                               |                                    |
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| ● | <b>Wednesday, January 13, 2021</b> | Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau |                                        |                                  |                                               | Des Moines, IA<br>Sun 14 Sutra 276 |
|   | <b>Retreat Star</b>                |                                                                                                                                                                                                | <b>Gulika</b> 11:11AM – 12:22PM        | <b>Uttarashadha</b> Until 5:47PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:38AM | Sarvari 5122                       |
|   | Makara Rasi: 3.08                  | Tithi 1                                                                                                                                                                                        | Yama 8:49AM – 10:00AM                  | Harshana Until 12:42PM           | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:06PM    | Moon 13 - Phase 37                 |
|   | Creative Work                      | Amrita Yoga                                                                                                                                                                                    | 885374466 <b>Rahu</b> 12:22PM – 1:33PM | Kintughna Until 10:12AM          | <b>Nataraja:</b> Orange                       | Prathama                           |
|   |                                    |                                                                                                                                                                                                | <b>Prathama*</b> Until 9:30PM          | Moon – Light Blue                | <b>Devaloka Day</b>                           |                                    |
|   |                                    |                                                                                                                                                                                                |                                        | <b>Pausha*Thai</b>               |                                               |                                    |
|   |                                    |                                                                                                                                                                                                |                                        | <b>Thai Pongal</b>               |                                               |                                    |

|   |                                   |             |                                                                                                                                                                                      |        |                     |              |                |
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| 1 | <b>Thursday, January 14, 2021</b> |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Dvilyayam Titau |        |                     |              | Des Moines, IA |
|   | Makara Rasi: 16.5                 | Tithi 2     | 895374466                                                                                                                                                                            | Sun 15 | Sutra 277           | Sarvari 5122 |                |
|   |                                   |             | 895374466                                                                                                                                                                            | Rahu   | Moon 13 - Phase 38  | 3rd Phase    |                |
|   | Creative Work                     | Siddha Yoga |                                                                                                                                                                                      |        | <b>Devaloka Day</b> |              |                |

|   |                                 |             |                                                                                                                                                                                              |        |                     |              |                |
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| 2 | <b>Friday, January 15, 2021</b> |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trityayam Titau |        |                     |              | Des Moines, IA |
|   | Kumbha Rasi: 0.13               | Tithi 3     | 895374466                                                                                                                                                                                    | Sun 16 | Sutra 278           | Sarvari 5122 |                |
|   |                                 |             | 895374466                                                                                                                                                                                    | Rahu   | Moon 13 - Phase 38  | 3rd Phase    |                |
|   | Creative Work                   | Siddha Yoga |                                                                                                                                                                                              |        | <b>Devaloka Day</b> |              |                |

|   |                                   |             |                                                                                                                                                                                        |        |                    |              |                |
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| 3 | <b>Saturday, January 16, 2021</b> |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthayam Titau |        |                    |              | Des Moines, IA |
|   | Kumbha Rasi: 13.16                | Tithi 4     | 896374466                                                                                                                                                                              | Sun 17 | Sutra 279          | Sarvari 5122 |                |
|   |                                   |             | 896374466                                                                                                                                                                              | Rahu   | Moon 13 - Phase 38 | 3rd Phase    |                |
|   | Creative Work                     | Amrita Yoga |                                                                                                                                                                                        |        | <b>Bhuloka Day</b> |              |                |

Until 6:30PM  
Then Routine Work - Marana Yoga

Devaloka Time: 3:PM to 6:PM

|   |                                 |             |                                                                                                                                                                                       |        |                    |              |                |
|---|---------------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|--------------------|--------------|----------------|
| 4 | <b>Sunday, January 17, 2021</b> |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Panchamyam Titau |        |                    |              | Des Moines, IA |
|   | Kumbha Rasi: 25.57              | Tithi 5     | 816374466                                                                                                                                                                             | Sun 18 | Sutra 280          | Sarvari 5122 |                |
|   |                                 |             | 816374466                                                                                                                                                                             | Rahu   | Moon 13 - Phase 38 | 3rd Phase    |                |
|   | Creative Work                   | Siddha Yoga |                                                                                                                                                                                       |        | <b>Bhuloka Day</b> |              |                |

Until 8:13PM  
Then Creative Work - Amrita Yoga

Devaloka Time: 3:PM to 6:PM

|   |                                 |             |                                                                                                                                                                                        |        |                    |              |                |
|---|---------------------------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|--------------------|--------------|----------------|
| 5 | <b>Monday, January 18, 2021</b> |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau |        |                    |              | Des Moines, IA |
|   | Meena Rasi: 8.2                 | Tithi 6     | 816374466                                                                                                                                                                              | Sun 19 | Sutra 281          | Sarvari 5122 |                |
|   | <b>Family Home Evening</b>      |             | 816374466                                                                                                                                                                              | Rahu   | Moon 13 - Phase 38 | 3rd Phase    |                |
|   | Creative Work                   | Siddha Yoga |                                                                                                                                                                                        |        | <b>Bhuloka Day</b> |              |                |

Until 12:55AM Wed  
Then Routine Work - Marana Yoga

Devaloka Time: 3:PM to 6:PM

|   |                                  |             |                                                                                                                                                                         |        |                    |              |                |
|---|----------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|--------------------|--------------|----------------|
| 6 | <b>Tuesday, January 19, 2021</b> |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Saptamyam Titau |        |                    |              | Des Moines, IA |
|   | Meena Rasi: 20.28                | Tithi 7     | 816374466                                                                                                                                                               | Sun 20 | Sutra 282          | Sarvari 5122 |                |
|   |                                  |             | 816374466                                                                                                                                                               | Rahu   | Moon 13 - Phase 38 | 3rd Phase    |                |
|   | Creative Work                    | Siddha Yoga |                                                                                                                                                                         |        | <b>Bhuloka Day</b> |              |                |

Until 12:55AM Wed  
Then Routine Work - Marana Yoga

Devaloka Time: 3:PM to 6:PM

|   |                                    |             |                                                                                                                                                                         |        |                     |              |                |
|---|------------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|---------------------|--------------|----------------|
| D | <b>Wednesday, January 20, 2021</b> |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau |        |                     |              | Des Moines, IA |
|   | <b>Retreat Star</b>                |             | 826374466                                                                                                                                                               | Sun 21 | Sutra 283           | Sarvari 5122 |                |
|   | Mesha Rasi: 2.26                   | Tithi 8     | 826374466                                                                                                                                                               | Rahu   | Moon 13 - Phase 38  | Ashtami      |                |
|   | Routine Work                       | Marana Yoga |                                                                                                                                                                         |        | <b>Devaloka Day</b> |              |                |

Until 4:03AM Thu  
Then Creative Work - Siddha Yoga

Devaloka Day

|   |                                   |             |                                                                                                                                                                         |        |                     |              |                |
|---|-----------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|---------------------|--------------|----------------|
| D | <b>Thursday, January 21, 2021</b> |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau |        |                     |              | Des Moines, IA |
|   | <b>Retreat Star</b>               |             | 826374466                                                                                                                                                               | Sun 22 | Sutra 284           | Sarvari 5122 |                |
|   | Mesha Rasi: 14.17                 | Tithi 9     | 826374466                                                                                                                                                               | Rahu   | Moon 13 - Phase 38  | Navami       |                |
|   | Creative Work                     | Siddha Yoga |                                                                                                                                                                         |        | <b>Devaloka Day</b> |              |                |

Until 4:03AM Thu  
Then Creative Work - Siddha Yoga

Devaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka


|                   |              |                                         |                             |                                                                                                                                                                                           |                        |                     |                                    |
|-------------------|--------------|-----------------------------------------|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|---------------------|------------------------------------|
| <b>1</b>          |              | <b>Friday, January 22, 2021</b>         |                             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        |                     | Des Moines, IA<br>Sun 23 Sutra 285 |
| Mesha Rasi: 26.07 | Tithi 9 – 10 | <b>Gulika</b> 8:47AM – 9:59AM           | <b>Bharani</b> Until 7:07AM | <b>Ganesha:</b> Yellow                                                                                                                                                                    | <i>Sunrise:</i> 7:34AM |                     | Sarvari 5122                       |
|                   |              | Yama 2:51PM – 4:04PM                    | Subha Until 9:45AM          | <b>Muruqa:</b> Clear                                                                                                                                                                      | <i>Sunset:</i> 5:17PM  |                     | Moon 13 - Phase 39                 |
|                   |              | 826374466 <b>Rahu</b> 11:12AM – 12:25PM | Taitila Until 8:14PM        | <b>Nataraja:</b> Orange                                                                                                                                                                   |                        |                     | 4th Phase                          |
| Creative Work     | Siddha Yoga  |                                         | <b>Navami*</b> Until 6:57AM | Moon – White                                                                                                                                                                              |                        | <b>Devaloka Day</b> |                                    |
|                   |              |                                         |                             | <b>Pausha*Thai</b>                                                                                                                                                                        |                        |                     |                                    |

|                   |               |                                        |                              |                                                                                                                                                                                         |                        |                     |                                    |
|-------------------|---------------|----------------------------------------|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|---------------------|------------------------------------|
| <b>2</b>          |               | <b>Saturday, January 23, 2021</b>      |                              | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        |                     | Des Moines, IA<br>Sun 24 Sutra 286 |
| Virshabha Rasi: 8 | Tithi 10 – 11 | <b>Gulika</b> 7:33AM – 8:46AM          | <b>Krittika</b> Until 9:50AM | <b>Ganesha:</b> Yellow                                                                                                                                                                  | <i>Sunrise:</i> 7:33AM |                     | Sarvari 5122                       |
|                   |               | Yama 1:39PM – 2:52PM                   | Sukla Until 10:30AM          | <b>Muruqa:</b> Clear                                                                                                                                                                    | <i>Sunset:</i> 5:19PM  |                     | Moon 13 - Phase 39                 |
|                   |               | 826374466 <b>Rahu</b> 9:59AM – 11:12AM | Vanija Until 10:31PM         | <b>Nataraja:</b> Orange                                                                                                                                                                 |                        |                     | 4th Phase                          |
| Creative Work     | Amrita Yoga   |                                        | <b>Dashami</b> Until 9:25AM  | Moon – White                                                                                                                                                                            |                        | <b>Devaloka Day</b> |                                    |
|                   |               |                                        |                              | <b>Pausha*Thai</b>                                                                                                                                                                      |                        |                     |                                    |

|                       |               |                                       |                               |                                                                                                                                                                                            |                        |                     |                                    |
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| <b>3</b>              |               | <b>Sunday, January 24, 2021</b>       |                               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                        |                     | Des Moines, IA<br>Sun 25 Sutra 287 |
| Virshabha Rasi: 20.02 | Tithi 11 – 12 | <b>Gulika</b> 2:53PM – 4:06PM         | <b>Rohini</b> Until 12:29PM   | <b>Ganesha:</b> White                                                                                                                                                                      | <i>Sunrise:</i> 7:32AM |                     | Sarvari 5122                       |
|                       |               | Yama 12:26PM – 1:39PM                 | Brahma Until 10:56AM          | <b>Muruqa:</b> Clear                                                                                                                                                                       | <i>Sunset:</i> 5:19PM  |                     | Moon 13 - Phase 39                 |
|                       |               | 937374466 <b>Rahu</b> 4:06PM – 5:19PM | Bava Until 12:18AM Mon        | <b>Nataraja:</b> Orange                                                                                                                                                                    |                        |                     | 4th Phase                          |
| Creative Work         | Siddha Yoga   |                                       | <b>Ekadashi</b> Until 11:28AM | Moon – Yellow                                                                                                                                                                              |                        | <b>Sivaloka Day</b> |                                    |
|                       |               |                                       |                               | <b>Pausha*Thai</b>                                                                                                                                                                         |                        |                     |                                    |

|                                  |               |                                       |                                |                                                                                                                                                                                                   |                        |                     |                                    |
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| <b>4</b>                         |               | <b>Monday, January 25, 2021</b>       |                                | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        |                     | Des Moines, IA<br>Sun 26 Sutra 288 |
| Mithuna Rasi: 2.17               | Tithi 12 – 13 | <b>Gulika</b> 1:40PM – 2:53PM         | <b>Mrigashira</b> Until 2:25PM | <b>Ganesha:</b> White                                                                                                                                                                             | <i>Sunrise:</i> 7:31AM |                     | Sarvari 5122                       |
| <b>Family Home Evening</b>       |               | Yama 11:12AM – 12:26PM                | Indra Until 10:58AM            | <b>Muruqa:</b> Clear                                                                                                                                                                              | <i>Sunset:</i> 5:21PM  |                     | Moon 13 - Phase 39                 |
| Creative Work                    | Amrita Yoga   | 937374466 <b>Rahu</b> 8:45AM – 9:59AM | Kaulava Until 1:26AM Tue       | <b>Nataraja:</b> Orange                                                                                                                                                                           |                        |                     | 4th Phase                          |
| Until 2:25PM                     |               |                                       | <b>Dvadashi</b> Until 12:56PM  | Moon – Yellow                                                                                                                                                                                     |                        | <b>Sivaloka Day</b> |                                    |
| Then Creative Work - Siddha Yoga |               |                                       |                                | <b>Pausha*Thai</b>                                                                                                                                                                                |                        |                     |                                    |
|                                  |               |                                       |                                | <i>Pradosha Vrata</i>                                                                                                                                                                             |                        |                     |                                    |

|                                  |               |                                       |                                |                                                                                                                                                                                                            |                        |                     |                                    |
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| <b>5</b>                         |               | <b>Tuesday, January 26, 2021</b>      |                                | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                        |                     | Des Moines, IA<br>Sun 27 Sutra 289 |
| Mithuna Rasi: 14.5               | Tithi 13 – 14 | <b>Gulika</b> 12:26PM – 1:40PM        | <b>Ardra</b> Until 3:33PM      | <b>Ganesha:</b> White                                                                                                                                                                                      | <i>Sunrise:</i> 7:31AM |                     | Sarvari 5122                       |
|                                  |               | Yama 9:58AM – 11:12AM                 | Vaidhriti* Until 10:27AM       | <b>Muruqa:</b> Clear                                                                                                                                                                                       | <i>Sunset:</i> 5:22PM  |                     | Moon 13 - Phase 39                 |
|                                  |               | 937374466 <b>Rahu</b> 2:54PM – 4:08PM | Gara Until 1:52AM Wed          | <b>Nataraja:</b> Orange                                                                                                                                                                                    |                        |                     | 4th Phase                          |
| Routine Work                     | Marana Yoga   |                                       | <b>Trayodashi</b> Until 1:43PM | Moon – Yellow                                                                                                                                                                                              |                        | <b>Sivaloka Day</b> |                                    |
| Until 3:33PM                     |               |                                       |                                | <b>Pausha*Thai</b>                                                                                                                                                                                         |                        |                     |                                    |
| Then Creative Work - Siddha Yoga |               |                                       |                                |                                                                                                                                                                                                            |                        |                     |                                    |

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|  |               | <b>Wednesday, January 27, 2021</b>     |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        |                     | Des Moines, IA<br>Sutra 290 |
| <b>Copper Retreat Star</b>                                                          |               | <b>Gulika</b> 11:12AM – 12:26PM        | <b>Punarvasu</b> Until 4:19PM    | <b>Ganesha:</b> Clear                                                                                                                                                                               | <i>Sunrise:</i> 7:30AM |                     | Sarvari 5122                |
| Mithuna Rasi: 27.41                                                                 | Tithi 14 – 15 | Yama 8:44AM – 9:58AM                   | Vishkambha* Until 9:25AM         | <b>Muruqa:</b> Clear                                                                                                                                                                                | <i>Sunset:</i> 5:23PM  |                     | Moon 13 - Phase 39          |
|                                                                                     |               | 947374466 <b>Rahu</b> 12:26PM – 1:41PM | Visti Until 1:38AM Thu           | <b>Nataraja:</b> Orange                                                                                                                                                                             |                        |                     | Purnima                     |
| Creative Work                                                                       | Siddha Yoga   |                                        | <b>Chaturdashi*</b> Until 1:49PM | Moon – Blue                                                                                                                                                                                         |                        | <b>Devaloka Day</b> |                             |
|                                                                                     |               |                                        |                                  | <b>Pausha*Thai</b>                                                                                                                                                                                  |                        |                     |                             |
|                                                                                     |               | <b>Thai Pusam</b>                      |                                  |                                                                                                                                                                                                     |                        |                     |                             |

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| <b>Thursday, January 28, 2021</b> |               | <b>Silver Retreat Star</b>            |                              |                         | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                     |                    | Des Moines, IA<br>Sutra 291 |
| Kataka Rasi: 10.53                | Tithi 15 – 16 | <b>Gulika</b> 9:58AM – 11:12AM        | <b>Pushya</b> Until 4:19PM   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:29AM                                                                                                                                                                       |                     | Sarvari 5122       |                             |
|                                   |               | Yama 7:29AM – 8:43AM                  | Priti Until 7:54AM           | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:24PM                                                                                                                                                                        |                     | Moon 13 - Phase 39 |                             |
|                                   |               | 947374466 <b>Rahu</b> 1:41PM – 2:55PM | Balava Until 12:48AM Fri     | <b>Nataraja:</b> Orange |                                                                                                                                                                                              |                     | Prathama           |                             |
| Creative Work                     | Amrita Yoga   |                                       | <b>Purnima*</b> Until 1:16PM | Moon – Blue             |                                                                                                                                                                                              | <b>Devaloka Day</b> |                    |                             |
| Until 4:19PM                      |               |                                       |                              | <b>Pausha*Thai</b>      |                                                                                                                                                                                              |                     |                    |                             |
| Then Creative Work - Siddha Yoga  |               |                                       |                              |                         |                                                                                                                                                                                              |                     |                    |                             |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang



**Friday, January 29, 2021**  
**Gold Retreat Star**

Kataka Rasi: 24.23    Tithi 16 – 17

947374466

Routine Work    Marana Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 8:43AM – 9:58AM  
**Yama** 2:56PM – 4:11PM  
**Rahu** 11:12AM – 12:27PM

**Ashlesha\* Until 3:40PM**  
Saubhagya Until 3:34AM Sat  
Taitila Until 11:30PM  
**Prathama\* Until 12:11PM**

**Ganesha:** Clear    *Sunrise: 7:28AM*  
**Muruqa:** Clear    *Sunset: 5:25PM*  
**Nataraja:** Orange  
Moon – Blue  
**Pausha\*Thai**

Des Moines, IA  
Sutra 292  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase

**Devaloka Day**

**1**

**Saturday, January 30, 2021**

Simha Rasi: 8.09    Tithi 17 – 18

958374466

Creative Work    Amrita Yoga  
Until 2:55PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 7:27AM – 8:42AM  
**Yama** 1:42PM – 2:57PM  
**Rahu** 9:57AM – 11:12AM

**Magha\* Until 2:55PM**  
Sobhana Until 12:59AM Sun  
Vanija Until 9:49PM  
**Dvitiya Until 10:41AM**

**Ganesha:** Clear    *Sunrise: 7:27AM*  
**Muruqa:** Clear    *Sunset: 5:27PM*  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai**

Des Moines, IA  
Sun 1    Sutra 293  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase

**Devaloka Day**

**2**

**Sunday, January 31, 2021**

Simha Rasi: 22.07    Tithi 18 – 19

958374466

Creative Work    Siddha Yoga  
Until 1:44PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika** 2:58PM – 4:13PM  
**Yama** 12:27PM – 1:42PM  
**Rahu** 4:13PM – 5:28PM

**Purvaphalguni Until 1:44PM**  
Athiganda\* Until 10:11PM  
Bava Until 7:55PM  
**Tritiya Until 8:52AM**

**Ganesha:** Clear    *Sunrise: 7:26AM*  
**Muruqa:** Clear    *Sunset: 5:28PM*  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai**

Des Moines, IA  
Sun 2    Sutra 294  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase

**Devaloka Day**

**3**

**Monday, February 1, 2021**

Kanya Rasi: 6.13    Tithi 19 – 20

958374466

Family Home Evening  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

**Gulika** 1:42PM – 2:58PM  
**Yama** 11:12AM – 12:27PM  
**Rahu** 8:42AM – 9:57AM

**Uttaraphalguni Until 12:16PM**  
Sukarma Until 7:18PM  
Taitila Until 4:49AM Tue  
**Chaturthi\* Until 6:53AM**

**Ganesha:** Clear    *Sunrise: 7:26AM*  
**Muruqa:** Clear    *Sunset: 5:28PM*  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai**

Des Moines, IA  
Sun 3    Sutra 295  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase

**Devaloka Day**

**4**

**Tuesday, February 2, 2021**

Kanya Rasi: 20.22    Tithi 21

968374466

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 12:27PM – 1:43PM  
**Yama** 9:56AM – 11:12AM  
**Rahu** 2:58PM – 4:14PM

**Hasta Until 11:01AM**  
Dhriti Until 4:25PM  
Gara Until 3:47PM  
**Shashthi\* Until 2:43AM Wed**

**Ganesha:** White    *Sunrise: 7:25AM*  
**Muruqa:** Clear    *Sunset: 5:29PM*  
**Nataraja:** Orange  
Moon – Green  
**Pausha\*Thai**

Des Moines, IA  
Sun 4    Sutra 296  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Wednesday, February 3, 2021**

Tula Rasi: 4.31    Tithi 22

968474467

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 11:12AM – 12:27PM  
**Yama** 8:40AM – 9:56AM  
**Rahu** 12:27PM – 1:43PM

**Chitra Until 9:38AM**  
Shula\* Until 1:30PM  
Visti Until 1:43PM  
**Saptami Until 12:41AM Thu**

**Ganesha:** Clear    *Sunrise: 7:24AM*  
**Muruqa:** Clear    *Sunset: 5:31PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

Des Moines, IA  
Sun 5    Sutra 297  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase

**Devaloka Day**

**D**

**Thursday, February 4, 2021**  
**Retreat Star**

Tula Rasi: 18.38    Tithi 23

968474467

Creative Work    Amrita Yoga  
Until 8:09AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 9:55AM – 11:12AM  
**Yama** 7:23AM – 8:39AM  
**Rahu** 1:44PM – 3:00PM

**Svati Until 8:09AM**  
Ganda\* Until 10:39AM  
Balava Until 11:42AM  
**Ashtami\* Until 10:42PM**

**Ganesha:** Clear    *Sunrise: 7:23AM*  
**Muruqa:** Clear    *Sunset: 5:32PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

Des Moines, IA  
Sun 6    Sutra 298  
Sarvari 5122  
Moon 1 - Phase 40  
Ashtami

**Devaloka Day**

**Friday, February 5, 2021**

**Retreat Star**

Vrischika Rasi: 2.43    Tithi 24

978484467

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 8:39AM – 9:55AM  
**Yama** 3:00PM – 4:17PM  
**Rahu** 11:11AM – 12:28PM

**Vishakha Until 7:02AM**  
Vridhhi Until 7:53AM  
Taitila Until 9:46AM  
**Navami\* Until 8:49PM**

**Ganesha:** White    *Sunrise: 7:22AM*  
**Muruqa:** White    *Sunset: 5:33PM*  
**Nataraja:** Clear  
Moon – Orange  
**Pausha\*Thai**

Des Moines, IA  
Sun 7    Sutra 299  
Sarvari 5122  
Moon 1 - Phase 40  
Navami

**Subha Sivaloka Day**

|                                  |             |                                        |                                   |                                                                                                                                                                             |                        |                                   |                   |
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| <b>1</b>                         |             | <b>Saturday, February 6, 2021</b>      |                                   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Vyaghata* Yoga Vanija/Visiti* Karana Dashamyam Titau |                        | Des Moines, IA<br>Sun 8 Sutra 300 |                   |
| Wrischika Rasi: 16.44            | Tithi 25    | <b>Gulika</b> 7:21AM – 8:38AM          | <b>Jyeshtha* Until 4:40AM Sun</b> | <b>Ganesha:</b> Yellow                                                                                                                                                      | <i>Sunrise:</i> 7:21AM |                                   | Sarvari 5122      |
|                                  |             | Yama 1:44PM – 3:01PM                   | Vyaghata* Until 2:33AM Sun        | <b>Muruqa:</b> White                                                                                                                                                        | <i>Sunset:</i> 5:34PM  |                                   | Moon 1 - Phase 41 |
|                                  |             | 979484467 <b>Rahu</b> 9:54AM – 11:11AM | Vanija Until 7:56AM               | <b>Nataraja:</b> Clear                                                                                                                                                      |                        |                                   | 2nd Phase         |
| Creative Work                    | Siddha Yoga |                                        | <b>Dashami Until 7:02PM</b>       | Moon – Orange                                                                                                                                                               |                        | <b>Sivaloka Day</b>               |                   |
| Until 4:40AM Sun                 |             |                                        |                                   | <b>Pausha*Thai</b>                                                                                                                                                          |                        |                                   |                   |
| Then Creative Work - Amrita Yoga |             |                                        |                                   |                                                                                                                                                                             |                        |                                   |                   |

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| <b>2</b>                        |               | <b>Sunday, February 7, 2021</b>       |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Harshana Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        | Des Moines, IA<br>Sun 9 Sutra 301 |                   |
| Dhanus Rasi: 0.4                | Tithi 26 – 27 | <b>Gulika</b> 3:02PM – 4:19PM         | <b>Mula* Until 3:54AM Mon</b> | <b>Ganesha:</b> Blue                                                                                                                                                           | <i>Sunrise:</i> 7:20AM |                                   | Sarvari 5122      |
|                                 |               | Yama 12:28PM – 1:45PM                 | Harshana Until 12:04AM Mon    | <b>Muruqa:</b> White                                                                                                                                                           | <i>Sunset:</i> 5:36PM  |                                   | Moon 1 - Phase 41 |
|                                 |               | 989484467 <b>Rahu</b> 4:19PM – 5:36PM | Bava Until 6:13AM             | <b>Nataraja:</b> Clear                                                                                                                                                         |                        |                                   | 2nd Phase         |
| Creative Work                   | Amrita Yoga   |                                       | <b>Ekadashi* Until 5:23PM</b> | Moon – Light Blue                                                                                                                                                              |                        | <b>Devaloka Day</b>               |                   |
| Until 3:54AM Mon                |               |                                       |                               | <b>Pausha*Thai</b>                                                                                                                                                             |                        |                                   |                   |
| Then Routine Work - Marana Yoga |               |                                       |                               |                                                                                                                                                                                |                        |                                   |                   |

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| <b>3</b>                               |               | <b>Monday, February 8, 2021</b>       |                                      | Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                        | Des Moines, IA<br>Sun 10 Sutra 302 |                   |
| Dhanus Rasi: 14.32                     | Tithi 27 – 28 | <b>Gulika</b> 1:45PM – 3:02PM         | <b>Purvashadha* Until 3:10AM Tue</b> | <b>Ganesha:</b> Blue                                                                                                                                                                 | <i>Sunrise:</i> 7:19AM |                                    | Sarvari 5122      |
| <b>Family Home Evening</b>             |               | Yama 11:11AM – 12:28PM                | Vajra* Until 9:41PM                  | <b>Muruqa:</b> White                                                                                                                                                                 | <i>Sunset:</i> 5:37PM  |                                    | Moon 1 - Phase 41 |
|                                        |               | 989484467 <b>Rahu</b> 8:36AM – 9:53AM | Gara Until 3:15AM Tue                | <b>Nataraja:</b> Clear                                                                                                                                                               |                        |                                    | 2nd Phase         |
| Routine Work                           | Marana Yoga   |                                       | <b>Dvadashi* Until 3:54PM</b>        | Moon – Light Blue                                                                                                                                                                    |                        | <b>Devaloka Day</b>                |                   |
| Until 3:10AM Tue                       |               |                                       |                                      | <b>Pausha*Thai</b>                                                                                                                                                                   |                        |                                    |                   |
| Then Routine Work - Prabalarishta Yoga |               |                                       |                                      |                                                                                                                                                                                      |                        |                                    |                   |
|                                        |               |                                       |                                      |                                                                                                                                                                                      |                        |                                    |                   |

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| <b>4</b>                         |                    | <b>Tuesday, February 9, 2021</b>      |                                      | Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Siddhi Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau |                        | Des Moines, IA<br>Sun 11 Sutra 303 |                   |
| Dhanus Rasi: 28.16               | Tithi 28 – 29      | <b>Gulika</b> 12:28PM – 1:45PM        | <b>Uttarashadha Until 2:33AM Wed</b> | <b>Ganesha:</b> Blue                                                                                                                                                                         | <i>Sunrise:</i> 7:18AM |                                    | Sarvari 5122      |
|                                  |                    | Yama 9:53AM – 11:10AM                 | Siddhi Until 7:32PM                  | <b>Muruqa:</b> White                                                                                                                                                                         | <i>Sunset:</i> 5:38PM  |                                    | Moon 1 - Phase 41 |
|                                  |                    | 989484467 <b>Rahu</b> 3:03PM – 4:21PM | Visti Until 2:08AM Wed               | <b>Nataraja:</b> Clear                                                                                                                                                                       |                        |                                    | 2nd Phase         |
| Routine Work                     | Prabalarishta Yoga |                                       | <b>Trayodashi* Until 2:38PM</b>      | Moon – Light Blue                                                                                                                                                                            |                        | <b>Devaloka Day</b>                | <b>Tour Day</b>   |
| Until 2:33AM Wed                 |                    |                                       |                                      | <b>Pausha*Thai</b>                                                                                                                                                                           |                        |                                    |                   |
| Then Creative Work - Siddha Yoga |                    |                                       |                                      |                                                                                                                                                                                              |                        |                                    |                   |

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| <b>Retreat Star</b> |               | <b>Wednesday, February 10, 2021</b>    |                                  | Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Vyatipata*Variyan Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Des Moines, IA<br>Sun 12 Sutra 304 |                   |
| Makara Rasi: 11.5   | Tithi 29 – 30 | <b>Gulika</b> 11:10AM – 12:28PM        | <b>Shravana Until 2:35AM Thu</b> | <b>Ganesha:</b> Blue                                                                                                                                                                                | <i>Sunrise:</i> 7:17AM |                                    | Sarvari 5122      |
|                     |               | Yama 8:34AM – 9:52AM                   | Vyatipata* Until 5:38PM          | <b>Muruqa:</b> White                                                                                                                                                                                | <i>Sunset:</i> 5:39PM  |                                    | Moon 1 - Phase 41 |
|                     |               | 999484467 <b>Rahu</b> 12:28PM – 1:46PM | Catuspada Until 1:21AM Thu       | <b>Nataraja:</b> Clear                                                                                                                                                                              |                        |                                    | Amavasya          |
| Creative Work       | Siddha Yoga   |                                        | <b>Chaturdashi* Until 1:40PM</b> | Moon – Purple                                                                                                                                                                                       |                        | <b>Devaloka Day</b>                |                   |
|                     |               |                                        |                                  | <b>Pausha*Thai</b>                                                                                                                                                                                  |                        |                                    |                   |

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| <b>Retreat Star</b> |              | <b>Thursday, February 11, 2021</b>    |                                    | Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Variyan/Parigha* Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Des Moines, IA<br>Sun 13 Sutra 305 |                   |
| Makara Rasi: 25.13  | Tithi 30 – 1 | <b>Gulika</b> 9:52AM – 11:10AM        | <b>Dhanishtha Until 2:52AM Fri</b> | <b>Ganesha:</b> Blue                                                                                                                                                                         | <i>Sunrise:</i> 7:15AM |                                    | Sarvari 5122      |
|                     |              | Yama 7:15AM – 8:34AM                  | Variyan Until 4:01PM               | <b>Muruqa:</b> White                                                                                                                                                                         | <i>Sunset:</i> 5:41PM  |                                    | Moon 1 - Phase 41 |
|                     |              | 999484467 <b>Rahu</b> 1:46PM – 3:04PM | Kintughna Until 1:00AM Fri         | <b>Nataraja:</b> Clear                                                                                                                                                                       |                        |                                    | Prathama          |
| Creative Work       | Siddha Yoga  |                                       | <b>Amavasya* Until 1:06PM</b>      | Moon – Purple                                                                                                                                                                                |                        | <b>Devaloka Day</b>                |                   |
|                     |              |                                       |                                    | <b>Magha*Thai</b>                                                                                                                                                                            |                        |                                    |                   |

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|-----------------------------------------------------------------------------------|-------------|-------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------|---------------------------------------|
| <b>1</b>                                                                          |             | <b>Friday, February 12, 2021</b>    |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau            |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 14<br>Sutra 306 |
| Kumbha Rasi: 8.21                                                                 | Tithi 1 – 2 | 999484467                           | <b>Gulika</b><br>8:33AM – 9:51AM<br><b>Yama</b><br>3:05PM – 4:23PM<br><b>Rahu</b><br>11:10AM – 12:28PM  | <b>Shatabhishak</b> Until 3:31AM Sat<br>Parigha* Until 2:48PM<br>Balava Until 1:11AM Sat<br><b>Prathama*</b> Until 1:00PM                                                                        | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Magha-Masi</b>   | <b>Sunrise:</b> 7:14AM<br><b>Sunset:</b> 5:42PM | Moon 1 - Phase 42<br>3rd Phase | <b>Devaloka Day</b>                   |
| Creative Work Siddha Yoga<br>Until 3:31AM Sat<br>Then Routine Work - Marana Yoga  |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |
| <b>2</b>                                                                          |             | <b>Saturday, February 13, 2021</b>  |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau     |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 15<br>Sutra 307 |
| Kumbha Rasi: 21.13                                                                | Tithi 2 – 3 | 919484467                           | <b>Gulika</b><br>7:13AM – 8:32AM<br><b>Yama</b><br>1:47PM – 3:06PM<br><b>Rahu</b><br>9:50AM – 11:09AM   | <b>Purvaproshtapada*</b> Until 5:02AM Sun<br>Shiva Until 2:02PM<br>Taitila Until 1:55AM Sun<br><b>Dvitiya</b> Until 1:27PM                                                                       | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Magha-Masi</b>  | <b>Sunrise:</b> 7:13AM<br><b>Sunset:</b> 5:43PM | Moon 1 - Phase 42<br>3rd Phase | <b>Sivaloka Day</b>                   |
| Routine Work Marana Yoga<br>Until 5:02AM Sun<br>Then Creative Work - Amrita Yoga  |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |
| <b>3</b>                                                                          |             | <b>Sunday, February 14, 2021</b>    |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau       |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 16<br>Sutra 308 |
| Meena Rasi: 3.49                                                                  | Tithi 3 – 4 | 911484467                           | <b>Gulika</b><br>3:06PM – 4:25PM<br><b>Yama</b><br>12:28PM – 1:47PM<br><b>Rahu</b><br>4:25PM – 5:44PM   | <b>Uttaraproshtapada</b> Until 6:58AM Mon<br>Siddha Until 1:40PM<br>Vanija Until 3:15AM Mon<br><b>Tritiya</b> Until 2:30PM                                                                       | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Magha-Masi</b>     | <b>Sunrise:</b> 7:12AM<br><b>Sunset:</b> 5:44PM | Moon 1 - Phase 42<br>3rd Phase | <b>Sivaloka Day</b>                   |
| Creative Work Amrita Yoga<br>Until 6:58AM Mon<br>Then Creative Work - Siddha Yoga |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |
| <b>4</b>                                                                          |             | <b>Monday, February 15, 2021</b>    |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 17<br>Sutra 309 |
| Meena Rasi: 16.1                                                                  | Tithi 4 – 5 | 911484467                           | <b>Gulika</b><br>1:47PM – 3:07PM<br><b>Yama</b><br>11:09AM – 12:28PM<br><b>Rahu</b><br>8:30AM – 9:49AM  | <b>Uttaraproshtapada</b> Until 6:58AM<br>Sadhya Until 1:47PM<br>Bava Until 5:09AM Tue<br><b>Chaturthi*</b> Until 4:07PM                                                                          | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Magha-Masi</b>     | <b>Sunrise:</b> 7:10AM<br><b>Sunset:</b> 5:46PM | Moon 1 - Phase 42<br>3rd Phase | <b>Sivaloka Day</b>                   |
| Family Home Evening<br>Creative Work Siddha Yoga                                  |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |
| <b>5</b>                                                                          |             | <b>Tuesday, February 16, 2021</b>   |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Subha/Sukla Yoga Balava Karana Panchamyam Titau                        |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 18<br>Sutra 310 |
| Meena Rasi: 28.17                                                                 | Tithi 5     | 911484467                           | <b>Gulika</b><br>12:28PM – 1:48PM<br><b>Yama</b><br>9:48AM – 11:08AM<br><b>Rahu</b><br>3:07PM – 4:27PM  | <b>Revati</b> Until 9:15AM<br>Subha Until 2:17PM<br>Balava Until 6:15PM<br><b>Panchami</b> Until 6:15PM                                                                                          | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Magha-Masi</b>     | <b>Sunrise:</b> 7:09AM<br><b>Sunset:</b> 5:47PM | Moon 1 - Phase 42<br>3rd Phase | <b>Sivaloka Day</b>                   |
| Creative Work Siddha Yoga<br><b>Subramuniyaswami Siva Vision Day</b>              |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |
| <b>6</b>                                                                          |             | <b>Wednesday, February 17, 2021</b> |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau               |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 19<br>Sutra 311 |
| Mesha Rasi: 10.13                                                                 | Tithi 6     | 921484467                           | <b>Gulika</b><br>11:08AM – 12:28PM<br><b>Yama</b><br>8:28AM – 9:48AM<br><b>Rahu</b><br>12:28PM – 1:48PM | <b>Ashvini</b> Until 12:16PM<br>Sukla Until 3:04PM<br>Kaulava Until 7:30AM<br><b>Shashthi*</b> Until 8:45PM                                                                                      | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – White<br><b>Magha-Masi</b>    | <b>Sunrise:</b> 7:08AM<br><b>Sunset:</b> 5:48PM | Moon 1 - Phase 42<br>3rd Phase | <b>Devaloka Day</b>                   |
| Routine Work Marana Yoga<br>Until 12:16PM<br>Then Creative Work - Siddha Yoga     |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |
| <b>Retreat Star</b>                                                               |             | <b>Thursday, February 18, 2021</b>  |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saplamyam Titau                    |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 20<br>Sutra 312 |
| Mesha Rasi: 22.04                                                                 | Tithi 7     | 921484467                           | <b>Gulika</b><br>9:47AM – 11:07AM<br><b>Yama</b><br>7:06AM – 8:27AM<br><b>Rahu</b><br>1:48PM – 3:09PM   | <b>Bharani</b> Until 3:20PM<br>Brahma Until 4:02PM<br>Gara Until 10:07AM<br><b>Saptami</b> Until 11:26PM                                                                                         | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – White<br><b>Magha-Masi</b>    | <b>Sunrise:</b> 7:06AM<br><b>Sunset:</b> 5:49PM | Moon 1 - Phase 42<br>3rd Phase | <b>Devaloka Day</b>                   |
| Creative Work Siddha Yoga<br>Until 3:20PM<br>Then Routine Work - Marana Yoga      |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |
| <b>Retreat Star</b>                                                               |             | <b>Friday, February 19, 2021</b>    |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau                       |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 21<br>Sutra 313 |
| Vrishabha Rasi: 3.52                                                              | Tithi 8     | 921484467                           | <b>Gulika</b><br>8:26AM – 9:46AM<br><b>Yama</b><br>3:09PM – 4:30PM<br><b>Rahu</b><br>11:07AM – 12:28PM  | <b>Krittika</b> Until 6:14PM<br>Indra Until 4:59PM<br>Visti Until 12:46PM<br><b>Ashtami*</b> Until 2:00AM Sat                                                                                    | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – White<br><b>Magha-Masi</b>    | <b>Sunrise:</b> 7:05AM<br><b>Sunset:</b> 5:51PM | Moon 1 - Phase 42<br>Ashtami   | <b>Devaloka Day</b>                   |
| Creative Work Siddha Yoga<br>Until 6:14PM<br>Then Routine Work - Marana Yoga      |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |
| <b>Retreat Star</b>                                                               |             | <b>Saturday, February 20, 2021</b>  |                                                                                                         | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau                 |                                                                                                                |                                                 |                                | Des Moines, IA<br>Sun 22<br>Sutra 314 |
| Vrishabha Rasi: 15.44                                                             | Tithi 9     | 931484467                           | <b>Gulika</b><br>7:04AM – 8:25AM<br><b>Yama</b><br>1:49PM – 3:10PM<br><b>Rahu</b><br>9:46AM – 11:07AM   | <b>Rohini</b> Until 9:11PM<br>Vaidhriti* Until 5:42PM<br>Balava Until 3:11PM<br><b>Navami*</b> Until 4:12AM Sun                                                                                  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:04AM<br><b>Sunset:</b> 5:52PM | Moon 1 - Phase 42<br>Navami    | <b>Sivaloka Day</b>                   |
| Creative Work Amrita Yoga<br>Until 9:11PM<br>Then Creative Work - Siddha Yoga     |             |                                     |                                                                                                         |                                                                                                                                                                                                  |                                                                                                                |                                                 |                                |                                       |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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| <b>1</b> | <b>Sunday, February 21, 2021</b> |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        |                        |                   | Des Moines, IA   |
|          |                                  |                               | Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau                     |                        |                        |                   | Sun 23 Sutra 315 |
|          | 931484467                        | <b>Gulika</b> 3:10PM – 4:32PM | <b>Mrigashira</b> Until 11:27PM                                                               | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:02AM |                   | Sarvari 5122     |
|          |                                  | <b>Yama</b> 12:28PM – 1:49PM  | <b>Vishkambha*</b> Until 6:03PM                                                               | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:53PM  | Moon 1 - Phase 43 | 4th Phase        |
|          | <b>Rahu</b> 4:32PM – 5:53PM      | Taitila Until 5:06PM          | <b>Nataraja:</b> Clear                                                                        |                        |                        |                   |                  |
|          |                                  | Dashami Until 5:47AM Mon      | Moon – Yellow                                                                                 |                        | <b>Sivaloka Day</b>    |                   |                  |
|          |                                  |                               | <b>Magha-Masi</b>                                                                             |                        |                        |                   |                  |


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| <b>2</b> | <b>Monday, February 22, 2021</b> |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam |                        |                        |                   | Des Moines, IA   |
|          |                                  |                               | Ardra Nakshatra Priti/Ayushman Yoga Vanija Karana Ekadashyam Titau                           |                        |                        |                   | Sun 24 Sutra 316 |
|          | 931484467                        | <b>Gulika</b> 1:49PM – 3:11PM | <b>Ardra</b> Until 12:52AM Tue                                                               | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:01AM |                   | Sarvari 5122     |
|          |                                  | <b>Yama</b> 11:06AM – 12:27PM | <b>Priti</b> Until 5:53PM                                                                    | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:54PM  | Moon 1 - Phase 43 | 4th Phase        |
|          | <b>Rahu</b> 8:22AM – 9:44AM      | Vanija Until 6:19PM           | <b>Nataraja:</b> Clear                                                                       |                        |                        |                   |                  |
|          |                                  | Ekadashi Until 6:37AM Tue     | Moon – Yellow                                                                                |                        | <b>Sivaloka Day</b>    |                   |                  |
|          |                                  |                               | <b>Magha-Masi</b>                                                                            |                        |                        |                   |                  |


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| <b>3</b> | <b>Tuesday, February 23, 2021</b> |                                | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam |                       |                        |                   | Des Moines, IA   |
|          |                                   |                                | Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vistii/Bava Karana Ekadashi/Dvadashyam Titau        |                       |                        |                   | Sun 25 Sutra 317 |
|          | 941484467                         | <b>Gulika</b> 12:27PM – 1:49PM | <b>Punarvasu</b> Until 1:48AM Wed                                                               | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:59AM |                   | Sarvari 5122     |
|          |                                   | <b>Yama</b> 9:43AM – 11:05AM   | <b>Ayushman</b> Until 5:04PM                                                                    | <b>Muruqa:</b> White  | <i>Sunset:</i> 5:55PM  | Moon 1 - Phase 43 | 4th Phase        |
|          | <b>Rahu</b> 3:11PM – 4:33PM       | Bava Until 6:44PM              | <b>Nataraja:</b> Clear                                                                          |                       |                        |                   |                  |
|          |                                   | Ekadashi Until 6:37AM          | Moon – Blue                                                                                     |                       | <b>Devaloka Day</b>    |                   |                  |
|          |                                   |                                | <b>Magha-Masi</b>                                                                               |                       |                        |                   |                  |

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| <b>4</b> | <b>Wednesday, February 24, 2021</b> |                                 | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam |                        |                        |                   | Des Moines, IA   |
|          |                                     |                                 | Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau     |                        |                        |                   | Sun 26 Sutra 318 |
|          | 942484467                           | <b>Gulika</b> 11:05AM – 12:27PM | <b>Pushya</b> Until 1:47AM Thu                                                                | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:58AM |                   | Sarvari 5122     |
|          |                                     | <b>Yama</b> 8:20AM – 9:42AM     | <b>Saubhagya</b> Until 3:38PM                                                                 | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:57PM  | Moon 1 - Phase 43 | 4th Phase        |
|          | <b>Rahu</b> 12:27PM – 1:50PM        | Kaulava Until 6:20PM            | <b>Nataraja:</b> Clear                                                                        |                        |                        |                   |                  |
|          |                                     | Dvadashi Until 6:37AM           | Moon – Blue                                                                                   |                        | <b>Sivaloka Day</b>    |                   |                  |
|          |                                     |                                 | <b>Magha-Masi</b>                                                                             |                        |                        |                   |                  |

*Pradosha Vrata*

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| <b>5</b> | <b>Thursday, February 25, 2021</b> |                                | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam |                        |                        |                   | Des Moines, IA   |
|          |                                    |                                | Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau           |                        |                        |                   | Sun 27 Sutra 319 |
|          | 942484467                          | <b>Gulika</b> 9:42AM – 11:04AM | <b>Ashlesha*</b> Until 12:56AM Fri                                                           | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:56AM |                   | Sarvari 5122     |
|          |                                    | <b>Yama</b> 6:56AM – 8:19AM    | <b>Sobhana</b> Until 1:37PM                                                                  | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:58PM  | Moon 1 - Phase 43 | 4th Phase        |
|          | <b>Rahu</b> 1:50PM – 3:12PM        | Gara Until 5:11PM              | <b>Nataraja:</b> Clear                                                                       |                        |                        |                   |                  |
|          |                                    | Chaturdashi* Until 4:20AM Fri  | Moon – Blue                                                                                  |                        | <b>Sivaloka Day</b>    |                   |                  |
|          |                                    | Chidambaram Abhishekam         | <b>Magha-Masi</b>                                                                            |                        |                        |                   |                  |

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|  | <b>Friday, February 26, 2021</b> |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam |                       |                           |                   | Des Moines, IA |
|                                                                                     |                                  |                               | Magha* Nakshatra Athiganda*/Sukarma Yoga Vistii*/Bava Karana Purnimayam Titau                 |                       |                           |                   | Sutra 320      |
|                                                                                     | 952484467                        | <b>Gulika</b> 8:18AM – 9:41AM | <b>Magha*</b> Until 11:47PM                                                                   | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:55AM    |                   | Sarvari 5122   |
|                                                                                     |                                  | <b>Yama</b> 3:13PM – 4:36PM   | <b>Athiganda*</b> Until 11:03AM                                                               | <b>Muruqa:</b> White  | <i>Sunset:</i> 5:59PM     | Moon 1 - Phase 43 | Purnima        |
|                                                                                     | <b>Rahu</b> 11:04AM – 12:27PM    | Vistii Until 3:23PM           | <b>Nataraja:</b> Clear                                                                        |                       |                           |                   |                |
|                                                                                     |                                  | Purnima* Until 2:17AM Sat     | Moon – Red                                                                                    |                       | <b>Subha Sivaloka Day</b> |                   |                |
|                                                                                     |                                  |                               | <b>Magha-Masi</b>                                                                             |                       |                           |                   |                |

|                                                                                     |                                    |                               |                                                                                                 |                       |                           |                   |                |
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|  | <b>Saturday, February 27, 2021</b> |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam |                       |                           |                   | Des Moines, IA |
|                                                                                     |                                    |                               | Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau             |                       |                           |                   | Sutra 321      |
|                                                                                     | 952484467                          | <b>Gulika</b> 6:53AM – 8:17AM | <b>Purvaphalguni</b> Until 10:04PM                                                              | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:53AM    |                   | Sarvari 5122   |
|                                                                                     |                                    | <b>Yama</b> 1:50PM – 3:13PM   | <b>Sukarma</b> Until 8:05AM                                                                     | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:00PM     | Moon 1 - Phase 43 | Prathama       |
|                                                                                     | <b>Rahu</b> 9:40AM – 11:03AM       | Balava Until 1:06PM           | <b>Nataraja:</b> Clear                                                                          |                       |                           |                   |                |
|                                                                                     |                                    | Prathama* Until 11:49PM       | Moon – Red                                                                                      |                       | <b>Subha Sivaloka Day</b> |                   |                |
|                                                                                     |                                    |                               | <b>Magha-Masi</b>                                                                               |                       |                           |                   |                |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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**Sunday, February 28, 2021**  
**Gold Retreat Star**

Kanya Rasi: 1.26 Tithi 17  
Creative Work Amrita Yoga

952584467

**Gulika** 3:14PM – 4:38PM  
**Yama** 12:27PM – 1:50PM  
**Rahu** 4:38PM – 6:01PM

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Shula\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Uttaraphalguni Until 7:58PM**  
Shula\* Until 1:23AM Mon  
Taitila Until 10:30AM  
**Dvitiya Until 9:06PM**

**Ganesha:** Clear *Sunrise: 6:52AM*  
**Muruqa:** White *Sunset: 6:01PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha-Masi**

Des Moines, IA  
Sutra 322  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Sivaloka Day**

**1**

**Monday, March 1, 2021**

Kanya Rasi: 16.01 Tithi 18  
**Family Home Evening**  
Creative Work Siddha Yoga

962584467

**Gulika** 1:51PM – 3:15PM  
**Yama** 11:02AM – 12:26PM  
**Rahu** 8:13AM – 9:37AM

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Hasta Until 6:01PM**  
Ganda\* Until 9:54PM  
Vanija Until 7:43AM  
**Tritiya Until 6:17PM**

**Ganesha:** Purple *Sunrise: 6:49AM*  
**Muruqa:** White *Sunset: 6:04PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

Des Moines, IA  
Sun 1 Sutra 323  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Devaloka Day**

Until 6:01PM  
Then Routine Work - Prabararishta Yoga

**2**

**Tuesday, March 2, 2021**

Tula Rasi: 1 Tithi 19 – 20  
Creative Work Siddha Yoga

962584467

**Gulika** 12:26PM – 1:51PM  
**Yama** 9:37AM – 11:01AM  
**Rahu** 3:15PM – 4:40PM

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Chitra Until 3:59PM**  
Vriddhi Until 6:28PM  
Kaulava Until 2:11AM Wed  
**Chaturthi\* Until 3:30PM**

**Ganesha:** Purple *Sunrise: 6:47AM*  
**Muruqa:** White *Sunset: 6:05PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

Des Moines, IA  
Sun 2 Sutra 324  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Devaloka Day**

**Maha Sankatahara Chaturthi**

**3**

**Wednesday, March 3, 2021**

Tula Rasi: 15.07 Tithi 20 – 21  
Creative Work Siddha Yoga

962584467

**Gulika** 11:01AM – 12:26PM  
**Yama** 8:11AM – 9:36AM  
**Rahu** 12:26PM – 1:51PM

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

**Svati Until 1:57PM**  
Dhruva Until 3:09PM  
Gara Until 11:41PM  
**Panchami Until 12:53PM**

**Ganesha:** Purple *Sunrise: 6:46AM*  
**Muruqa:** White *Sunset: 6:06PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

Des Moines, IA  
Sun 3 Sutra 325  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Devaloka Day**

**4**

**Thursday, March 4, 2021**

Tula Rasi: 29.29 Tithi 21 – 22  
Creative Work Siddha Yoga

972584467

**Gulika** 9:35AM – 11:00AM  
**Yama** 6:44AM – 8:09AM  
**Rahu** 1:51PM – 3:16PM

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Vishakha Until 12:27PM**  
Vyaghata\* Until 12:03PM  
Visti Until 9:27PM  
**Shashthi\* Until 10:30AM**

**Ganesha:** Clear *Sunrise: 6:44AM*  
**Muruqa:** White *Sunset: 6:07PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

Des Moines, IA  
Sun 4 Sutra 326  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Sivaloka Day**

**Friday, March 5, 2021**

**Retreat Star**

Vrischika Rasi: 13.39 Tithi 22 – 23  
Creative Work Siddha Yoga

172584467

**Gulika** 8:08AM – 9:34AM  
**Yama** 3:17PM – 4:43PM  
**Rahu** 11:00AM – 12:25PM

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Saptami/Ashamyam Titau

**Anuradha Until 11:08AM**  
Harshana Until 9:14AM  
Balava Until 7:33PM  
**Saptami Until 8:26AM**

**Ganesha:** Yellow *Sunrise: 6:42AM*  
**Muruqa:** White *Sunset: 6:08PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

Des Moines, IA  
Sun 5 Sutra 327  
Sarvari 5122  
Moon 2 - Phase 44  
Ashtami

**Sivaloka Day**

Until 11:08AM  
Then Routine Work - Marana Yoga

**Saturday, March 6, 2021**

**Retreat Star**

Vrischika Rasi: 27.36 Tithi 23 – 24  
Creative Work Siddha Yoga

172584467

**Gulika** 6:41AM – 8:07AM  
**Yama** 1:51PM – 3:17PM  
**Rahu** 9:33AM – 10:59AM

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Jyeshtha\* Until 10:00AM**  
Vajra\* Until 6:39AM  
Taitila Until 6:00PM  
**Ashtami\* Until 6:43AM**

**Ganesha:** Yellow *Sunrise: 6:41AM*  
**Muruqa:** White *Sunset: 6:09PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

Des Moines, IA  
Sun 6 Sutra 328  
Sarvari 5122  
Moon 2 - Phase 44  
Navami

**Sivaloka Day**


|                                  |             |                              |                        |                                                                                                                                                                                      |                        |                        |                     |                   |
|----------------------------------|-------------|------------------------------|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------|---------------------|-------------------|
| <b>1</b>                         |             | <b>Sunday, March 7, 2021</b> |                        | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau |                        |                        |                     | Des Moines, IA    |
| Dhanus Rasi: 11.2                | Tithi 25    | <b>Gulika</b>                | <b>3:18PM – 4:44PM</b> | <b>Mula* Until 9:31AM</b>                                                                                                                                                            | <b>Ganesha: Blue</b>   | <i>Sunrise: 6:39AM</i> | Sun 7               | Sutra 329         |
|                                  |             | Yama                         | 12:25PM – 1:51PM       | Vyatipata* Until 2:22AM Mon                                                                                                                                                          | <b>Muruqa: White</b>   | <i>Sunset: 6:11PM</i>  |                     | Sarvari 5122      |
|                                  |             | 182584467 <b>Rahu</b>        | <b>4:44PM – 6:11PM</b> | Vanija Until 4:48PM                                                                                                                                                                  | <b>Nataraja: Clear</b> |                        |                     | Moon 2 - Phase 45 |
| Creative Work                    | Amrita Yoga |                              |                        | <b>Dashami Until 4:18AM Mon</b>                                                                                                                                                      | Moon – Light Blue      |                        |                     | 2nd Phase         |
| Until 9:31AM                     |             |                              |                        |                                                                                                                                                                                      | <b>Magha-Masi</b>      |                        | <b>Devaloka Day</b> |                   |
| Then Creative Work - Siddha Yoga |             |                              |                        |                                                                                                                                                                                      |                        |                        |                     |                   |

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| <b>2</b>                   |             | <b>Monday, March 8, 2021</b> |                        | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Bava/Balava Karana Ekadashyam Titau |                        |                        |                     | Des Moines, IA    |
| Dhanus Rasi: 24.52         | Tithi 26    | <b>Gulika</b>                | <b>1:51PM – 3:18PM</b> | <b>Purvashadha* Until 9:12AM</b>                                                                                                                                                       | <b>Ganesha: Blue</b>   | <i>Sunrise: 6:38AM</i> | Sun 8               | Sutra 330         |
| <b>Family Home Evening</b> |             | Yama                         | 10:58AM – 12:25PM      | Variyan Until 12:36AM Tue                                                                                                                                                              | <b>Muruqa: White</b>   | <i>Sunset: 6:12PM</i>  |                     | Sarvari 5122      |
|                            |             | 182584467 <b>Rahu</b>        | <b>8:04AM – 9:31AM</b> | Bava Until 3:56PM                                                                                                                                                                      | <b>Nataraja: Clear</b> |                        |                     | Moon 2 - Phase 45 |
| Routine Work               | Marana Yoga |                              |                        | <b>Ekadashi* Until 3:36AM Tue</b>                                                                                                                                                      | Moon – Light Blue      |                        |                     | 2nd Phase         |
|                            |             |                              |                        |                                                                                                                                                                                        | <b>Magha-Masi</b>      |                        | <b>Devaloka Day</b> |                   |

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| <b>3</b>                         |                    | <b>Tuesday, March 9, 2021</b> |                         | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashtyam Titau |                        |                        |                     | Des Moines, IA    |
| Makara Rasi: 8.12                | Tithi 27           | <b>Gulika</b>                 | <b>12:24PM – 1:52PM</b> | <b>Uttarashadha Until 9:05AM</b>                                                                                                                                                            | <b>Ganesha: Red</b>    | <i>Sunrise: 6:36AM</i> | Sun 9               | Sutra 331         |
|                                  |                    | Yama                          | 9:30AM – 10:57AM        | Parigha* Until 11:07PM                                                                                                                                                                      | <b>Muruqa: White</b>   | <i>Sunset: 6:13PM</i>  |                     | Sarvari 5122      |
|                                  |                    | 183584467 <b>Rahu</b>         | <b>3:19PM – 4:46PM</b>  | Kaulava Until 3:24PM                                                                                                                                                                        | <b>Nataraja: Clear</b> |                        |                     | Moon 2 - Phase 45 |
| Routine Work                     | Prabalarishta Yoga |                               |                         | <b>Dvadashti* Until 3:14AM Wed</b>                                                                                                                                                          | Moon – Light Blue      |                        |                     | 2nd Phase         |
| Until 9:05AM                     |                    |                               |                         |                                                                                                                                                                                             | <b>Magha-Masi</b>      |                        | <b>Sivaloka Day</b> |                   |
| Then Creative Work - Siddha Yoga |                    |                               |                         |                                                                                                                                                                                             |                        |                        |                     |                   |

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| <b>4</b>                               |             | <b>Wednesday, March 10, 2021</b> |                          | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau |                        |                        |                           | Des Moines, IA    |
| Makara Rasi: 21.22                     | Tithi 28    | <b>Gulika</b>                    | <b>10:57AM – 12:24PM</b> | <b>Shravana Until 9:35AM</b>                                                                                                                                                      | <b>Ganesha: Green</b>  | <i>Sunrise: 6:34AM</i> | Sun 10                    | Sutra 332         |
|                                        |             | Yama                             | 8:02AM – 9:29AM          | Shiva Until 9:56PM                                                                                                                                                                | <b>Muruqa: White</b>   | <i>Sunset: 6:14PM</i>  |                           | Sarvari 5122      |
|                                        |             | 193584467 <b>Rahu</b>            | <b>12:24PM – 1:52PM</b>  | Gara Until 3:12PM                                                                                                                                                                 | <b>Nataraja: Clear</b> |                        |                           | Moon 2 - Phase 45 |
| Creative Work                          | Siddha Yoga |                                  |                          | <b>Trayodashi* Until 3:13AM Thu</b>                                                                                                                                               | Moon – Purple          |                        |                           | 2nd Phase         |
| Until 9:35AM                           |             |                                  |                          |                                                                                                                                                                                   | <b>Magha-Masi</b>      |                        | <b>Subha Sivaloka Day</b> |                   |
| Then Routine Work - Prabalarishta Yoga |             |                                  |                          | <i>Pradosha Vrata (Fasting)</i>                                                                                                                                                   |                        |                        |                           |                   |

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|-------------------|-------------|---------------------------------|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------|---------------------------|-------------------|
| <b>5</b>          |             | <b>Thursday, March 11, 2021</b> |                         | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        |                        |                           | Des Moines, IA    |
| Kumbha Rasi: 4.22 | Tithi 29    | <b>Gulika</b>                   | <b>9:28AM – 10:56AM</b> | <b>Dhanishtha Until 10:17AM</b>                                                                                                                                                           | <b>Ganesha: Green</b>  | <i>Sunrise: 6:33AM</i> | Sun 11                    | Sutra 333         |
|                   |             | Yama                            | 6:33AM – 8:00AM         | Siddha Until 9:00PM                                                                                                                                                                       | <b>Muruqa: White</b>   | <i>Sunset: 6:15PM</i>  |                           | Sarvari 5122      |
|                   |             | 193584467 <b>Rahu</b>           | <b>1:52PM – 3:20PM</b>  | Visti Until 3:22PM                                                                                                                                                                        | <b>Nataraja: Clear</b> |                        |                           | Moon 2 - Phase 45 |
| Creative Work     | Siddha Yoga |                                 |                         | <b>Chaturdashi* Until 3:35AM Fri</b>                                                                                                                                                      | Moon – Purple          |                        |                           | 2nd Phase         |
|                   |             | <b>Mahasivaratri (Lunar)</b>    |                         |                                                                                                                                                                                           | <b>Magha-Masi</b>      |                        | <b>Subha Sivaloka Day</b> |                   |
|                   |             | <b>Mahasivaratri (Solar)</b>    |                         |                                                                                                                                                                                           |                        |                        |                           |                   |

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|  |             | <b>Friday, March 12, 2021</b> |                          | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shalabhishak*/Purvaproshtapada* Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        |                        |                           | Des Moines, IA    |
| <b>Retreat Star</b>                                                                 |             | <b>Gulika</b>                 | <b>7:59AM – 9:27AM</b>   | <b>Shatabhishak Until 11:12AM</b>                                                                                                                                                                  | <b>Ganesha: Green</b>  | <i>Sunrise: 6:31AM</i> | Sun 12                    | Sutra 334         |
| Kumbha Rasi: 17.1                                                                   | Tithi 30    | Yama                          | 3:20PM – 4:48PM          | Sadhya Until 8:24PM                                                                                                                                                                                | <b>Muruqa: White</b>   | <i>Sunset: 6:16PM</i>  |                           | Sarvari 5122      |
|                                                                                     |             | 193584467 <b>Rahu</b>         | <b>10:55AM – 12:24PM</b> | Catuspada Until 3:57PM                                                                                                                                                                             | <b>Nataraja: Clear</b> |                        |                           | Moon 2 - Phase 45 |
| Creative Work                                                                       | Siddha Yoga |                               |                          | <b>Amavasya* Until 4:22AM Sat</b>                                                                                                                                                                  | Moon – Purple          |                        |                           | Amavasya          |
|                                                                                     |             |                               |                          |                                                                                                                                                                                                    | <b>Magha-Masi</b>      |                        | <b>Subha Sivaloka Day</b> |                   |

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| <b>Retreat Star</b>              |             | <b>Saturday, March 13, 2021</b> |                         | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau |                        |                        |                     | Des Moines, IA    |
| Kumbha Rasi: 29.46               | Tithi 1     | <b>Gulika</b>                   | <b>6:29AM – 7:58AM</b>  | <b>Purvaproshtapada* Until 12:52PM</b>                                                                                                                                                             | <b>Ganesha: Orange</b> | <i>Sunrise: 6:29AM</i> | Sun 13              | Sutra 335         |
|                                  |             | Yama                            | 1:52PM – 3:20PM         | Subha Until 8:09PM                                                                                                                                                                                 | <b>Muruqa: White</b>   | <i>Sunset: 6:17PM</i>  |                     | Sarvari 5122      |
|                                  |             | 113584467 <b>Rahu</b>           | <b>9:26AM – 10:55AM</b> | Kintughna Until 4:57PM                                                                                                                                                                             | <b>Nataraja: Clear</b> |                        |                     | Moon 2 - Phase 45 |
| Routine Work                     | Marana Yoga |                                 |                         | <b>Prathama* Until 5:37AM Sun</b>                                                                                                                                                                  | Moon – Clear           |                        |                     | Prathama          |
| Until 12:52PM                    |             |                                 |                         |                                                                                                                                                                                                    | <b>Phalgun-Masi</b>    |                        | <b>Sivaloka Day</b> |                   |
| Then Creative Work - Siddha Yoga |             |                                 |                         |                                                                                                                                                                                                    |                        |                        |                     |                   |

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| <b>1</b>          |                             | <b>Sunday, March 14, 2021</b>        |                                       | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava Karana Dvitiyayam Titau |                        | Des Moines, IA<br>Sun 14 Sutra 336 |  |
| Meena Rasi: 12.09 | Tithi 2                     | <b>Gulika</b> 3:21PM – 4:50PM        | <b>Uttaraproshtapada</b> Until 2:48PM | <b>Ganesha:</b> Orange                                                                                                                                                      | <i>Sunrise:</i> 6:28AM | Sarvari 5122                       |  |
|                   |                             | Yama 12:23PM – 1:52PM                | Sukla Until 8:14PM                    | <b>Muruqa:</b> White                                                                                                                                                        | <i>Sunset:</i> 6:18PM  | Moon 2 - Phase 46                  |  |
| 113584467         | <b>Rahu</b> 4:50PM – 6:18PM |                                      | Balava Until 6:26PM                   | <b>Nataraja:</b> Clear                                                                                                                                                      |                        | 3rd Phase                          |  |
| Creative Work     | Amrita Yoga                 |                                      |                                       | Moon – Clear                                                                                                                                                                |                        | <b>Sivaloka Day</b>                |  |
|                   |                             | <b>Karadayyan Nombu (Tamil Nadu)</b> | <b>Dvitiya</b> Until 7:19AM Mon       | <b>Phalgunapanguni</b>                                                                                                                                                      |                        |                                    |  |

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| <b>2</b>                   |                             | <b>Monday, March 15, 2021</b> |                             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Des Moines, IA<br>Sun 15 Sutra 337 |  |
| Meena Rasi: 24.22          | Tithi 2 – 3                 | <b>Gulika</b> 1:52PM – 3:21PM | <b>Revati</b> Until 5:02PM  | <b>Ganesha:</b> Orange                                                                                                                                                             | <i>Sunrise:</i> 6:26AM | Sarvari 5122                       |  |
| <b>Family Home Evening</b> |                             | Yama 10:54AM – 12:23PM        | Brahma Until 8:41PM         | <b>Muruqa:</b> White                                                                                                                                                               | <i>Sunset:</i> 6:20PM  | Moon 2 - Phase 46                  |  |
| 113584468                  | <b>Rahu</b> 7:55AM – 9:24AM |                               | Taitila Until 8:22PM        | <b>Nataraja:</b> Purple                                                                                                                                                            |                        | 3rd Phase                          |  |
| Creative Work              | Siddha Yoga                 |                               | <b>Dvitiya</b> Until 7:19AM | Moon – Clear                                                                                                                                                                       |                        | <b>Subha Sivaloka Day</b>          |  |
|                            |                             |                               |                             | <b>Phalgunapanguni</b>                                                                                                                                                             |                        |                                    |  |

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| <b>3</b>         |                             | <b>Tuesday, March 16, 2021</b> |                             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                        | Des Moines, IA<br>Sun 16 Sutra 338 |  |
| Mesha Rasi: 6.23 | Tithi 3 – 4                 | <b>Gulika</b> 12:23PM – 1:52PM | <b>Ashvini</b> Until 7:58PM | <b>Ganesha:</b> Clear                                                                                                                                                      | <i>Sunrise:</i> 6:24AM | Sarvari 5122                       |  |
|                  |                             | Yama 9:23AM – 10:53AM          | Indra Until 9:26PM          | <b>Muruqa:</b> White                                                                                                                                                       | <i>Sunset:</i> 6:21PM  | Moon 2 - Phase 46                  |  |
| 123584468        | <b>Rahu</b> 3:22PM – 4:51PM |                                | Vanija Until 10:42PM        | <b>Nataraja:</b> Purple                                                                                                                                                    |                        | 3rd Phase                          |  |
| Creative Work    | Siddha Yoga                 |                                | <b>Tritiya</b> Until 9:28AM | Moon – White                                                                                                                                                               |                        | <b>Subha Sivaloka Day</b>          |  |
|                  |                             |                                |                             | <b>Phalgunapanguni</b>                                                                                                                                                     |                        |                                    |  |

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| <b>4</b>                         |                              | <b>Wednesday, March 17, 2021</b> |                                 | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Des Moines, IA<br>Sun 17 Sutra 339 |  |
| Mesha Rasi: 18.17                | Tithi 4 – 5                  | <b>Gulika</b> 10:52AM – 12:22PM  | <b>Bharani</b> Until 11:02PM    | <b>Ganesha:</b> Clear                                                                                                                                                          | <i>Sunrise:</i> 6:23AM | Sarvari 5122                       |  |
|                                  |                              | Yama 7:53AM – 9:22AM             | Vaidhriti* Until 10:23PM        | <b>Muruqa:</b> White                                                                                                                                                           | <i>Sunset:</i> 6:22PM  | Moon 2 - Phase 46                  |  |
| 123584468                        | <b>Rahu</b> 12:22PM – 1:52PM |                                  | Bava Until 1:18AM Thu           | <b>Nataraja:</b> Purple                                                                                                                                                        |                        | 3rd Phase                          |  |
| Creative Work                    | Siddha Yoga                  |                                  | <b>Chaturthi*</b> Until 11:57AM | Moon – White                                                                                                                                                                   |                        | <b>Subha Sivaloka Day</b>          |  |
| Until 11:02PM                    |                              |                                  |                                 | <b>Phalgunapanguni</b>                                                                                                                                                         |                        |                                    |  |
| Then Creative Work - Amrita Yoga |                              |                                  |                                 |                                                                                                                                                                                |                        |                                    |  |

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|----------------------|-----------------------------|---------------------------------|----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------------------|--|
| <b>5</b>             |                             | <b>Thursday, March 18, 2021</b> |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Des Moines, IA<br>Sun 18 Sutra 340 |  |
| Vrishabha Rasi: 0.05 | Tithi 5 – 6                 | <b>Gulika</b> 9:21AM – 10:52AM  | <b>Krittika</b> Until 2:01AM Fri | <b>Ganesha:</b> Clear                                                                                                                                                             | <i>Sunrise:</i> 6:21AM | Sarvari 5122                       |  |
|                      |                             | Yama 6:21AM – 7:51AM            | Vishkambha* Until 11:26PM        | <b>Muruqa:</b> White                                                                                                                                                              | <i>Sunset:</i> 6:23PM  | Moon 2 - Phase 46                  |  |
| 123584468            | <b>Rahu</b> 1:52PM – 3:22PM |                                 | Kaulava Until 4:00AM Fri         | <b>Nataraja:</b> Purple                                                                                                                                                           |                        | 3rd Phase                          |  |
| Routine Work         | Marana Yoga                 |                                 | <b>Panchami</b> Until 2:38PM     | Moon – White                                                                                                                                                                      |                        | <b>Subha Sivaloka Day</b>          |  |
|                      |                             |                                 |                                  | <b>Phalgunapanguni</b>                                                                                                                                                            |                        |                                    |  |

|                                  |                               |                               |                                |                                                                                                                                                                         |                        |                                    |  |
|----------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------------------|--|
| <b>6</b>                         |                               | <b>Friday, March 19, 2021</b> |                                | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Priti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau |                        | Des Moines, IA<br>Sun 19 Sutra 341 |  |
| Vrishabha Rasi: 11.52            | Tithi 6 – 7                   | <b>Gulika</b> 7:50AM – 9:20AM | <b>Rohini</b> Until 5:14AM Sat | <b>Ganesha:</b> Purple                                                                                                                                                  | <i>Sunrise:</i> 6:19AM | Sarvari 5122                       |  |
|                                  |                               | Yama 3:23PM – 4:53PM          | Priti Until 12:25AM Sat        | <b>Muruqa:</b> White                                                                                                                                                    | <i>Sunset:</i> 6:24PM  | Moon 2 - Phase 46                  |  |
| 133584468                        | <b>Rahu</b> 10:51AM – 12:22PM |                               | Gara Until 6:33AM Sat          | <b>Nataraja:</b> Purple                                                                                                                                                 |                        | 3rd Phase                          |  |
| Routine Work                     | Marana Yoga                   |                               | <b>Shashthi*</b> Until 5:17PM  | Moon – Yellow                                                                                                                                                           |                        | <b>Subha Subha Sivaloka Day</b>    |  |
| Until 5:14AM Sat                 |                               |                               |                                | <b>Phalgunapanguni</b>                                                                                                                                                  |                        |                                    |  |
| Then Creative Work - Siddha Yoga |                               |                               |                                |                                                                                                                                                                         |                        |                                    |  |

|                       |                              |                                 |                                    |                                                                                                                                                                      |                        |                                    |  |
|-----------------------|------------------------------|---------------------------------|------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------------------|--|
| <b>Retreat Star</b>   |                              | <b>Saturday, March 20, 2021</b> |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Saptamyam Titau |                        | Des Moines, IA<br>Sun 20 Sutra 342 |  |
| Vrishabha Rasi: 23.42 | Tithi 7                      | <b>Gulika</b> 6:18AM – 7:49AM   | <b>Mrigashira</b> Until 7:54AM Sun | <b>Ganesha:</b> Purple                                                                                                                                               | <i>Sunrise:</i> 6:18AM | Sarvari 5122                       |  |
|                       |                              | Yama 1:52PM – 3:23PM            | Ayushman Until 1:08AM Sun          | <b>Muruqa:</b> White                                                                                                                                                 | <i>Sunset:</i> 6:25PM  | Moon 2 - Phase 46                  |  |
| 133584468             | <b>Rahu</b> 9:19AM – 10:50AM |                                 | Gara Until 6:33AM                  | <b>Nataraja:</b> Purple                                                                                                                                              |                        | 3rd Phase                          |  |
| Creative Work         | Siddha Yoga                  |                                 | <b>Saptami</b> Until 7:40PM        | Moon – Yellow                                                                                                                                                        |                        | <b>Subha Subha Sivaloka Day</b>    |  |
|                       |                              |                                 |                                    | <b>Phalgunapanguni</b>                                                                                                                                               |                        |                                    |  |

|                     |                             |                               |                                |                                                                                                                                                                             |                        |                                    |  |
|---------------------|-----------------------------|-------------------------------|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------------------|--|
| <b>Retreat Star</b> |                             | <b>Sunday, March 21, 2021</b> |                                | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau |                        | Des Moines, IA<br>Sun 21 Sutra 343 |  |
| Mithuna Rasi: 5.42  | Tithi 8                     | <b>Gulika</b> 3:24PM – 4:55PM | <b>Mrigashira</b> Until 7:54AM | <b>Ganesha:</b> Purple                                                                                                                                                      | <i>Sunrise:</i> 6:16AM | Sarvari 5122                       |  |
|                     |                             | Yama 12:21PM – 1:52PM         | Saubhagya Until 1:25AM Mon     | <b>Muruqa:</b> White                                                                                                                                                        | <i>Sunset:</i> 6:26PM  | Moon 2 - Phase 46                  |  |
| 133584468           | <b>Rahu</b> 4:55PM – 6:26PM |                               | Visti Until 8:42AM             | <b>Nataraja:</b> Purple                                                                                                                                                     |                        | Ashtami                            |  |
| Creative Work       | Siddha Yoga                 |                               | <b>Ashtami*</b> Until 9:32PM   | Moon – Yellow                                                                                                                                                               |                        | <b>Subha Subha Sivaloka Day</b>    |  |
|                     |                             |                               |                                | <b>Phalgunapanguni</b>                                                                                                                                                      |                        |                                    |  |

|                                  |                             |                               |                              |                                                                                                                                                                           |                        |                                    |  |
|----------------------------------|-----------------------------|-------------------------------|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------------------|--|
| <b>Retreat Star</b>              |                             | <b>Monday, March 22, 2021</b> |                              | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau |                        | Des Moines, IA<br>Sun 22 Sutra 344 |  |
| Mithuna Rasi: 17.56              | Tithi 9                     | <b>Gulika</b> 1:52PM – 3:24PM | <b>Ardra</b> Until 9:48AM    | <b>Ganesha:</b> Purple                                                                                                                                                    | <i>Sunrise:</i> 6:14AM | Sarvari 5122                       |  |
| <b>Family Home Evening</b>       |                             | Yama 10:49AM – 12:21PM        | Sobhana Until 1:08AM Tue     | <b>Muruqa:</b> White                                                                                                                                                      | <i>Sunset:</i> 6:27PM  | Moon 2 - Phase 46                  |  |
| 133584468                        | <b>Rahu</b> 7:46AM – 9:17AM |                               | Balava Until 10:13AM         | <b>Nataraja:</b> Purple                                                                                                                                                   |                        | Navami                             |  |
| Creative Work                    | Siddha Yoga                 |                               | <b>Navami*</b> Until 10:39PM | Moon – Yellow                                                                                                                                                             |                        | <b>Subha Subha Sivaloka Day</b>    |  |
| Until 9:48AM                     |                             |                               |                              | <b>Phalgunapanguni</b>                                                                                                                                                    |                        |                                    |  |
| Then Creative Work - Amrita Yoga |                             |                               |                              |                                                                                                                                                                           |                        |                                    |  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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|                   |             |                                |                         |                                                                                                                                                                                  |                         |                        |                           |                |
|-------------------|-------------|--------------------------------|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|------------------------|---------------------------|----------------|
| <b>1</b>          |             | <b>Tuesday, March 23, 2021</b> |                         | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau |                         |                        |                           | Des Moines, IA |
| Kataka Rasi: 0.31 | Tithi 10    | <b>Gulika</b>                  | <b>12:20PM – 1:52PM</b> | <b>Punarvasu Until 11:16AM</b>                                                                                                                                                   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:13AM | Sun 23                    | Sutra 345      |
|                   |             | Yama                           | 9:16AM – 10:48AM        | Athiganda* Until 12:10AM Wed                                                                                                                                                     | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:28PM  |                           | Sarvari 5122   |
| 143584468         | <b>Rahu</b> | <b>3:24PM – 4:56PM</b>         |                         | Taitila Until 10:55AM                                                                                                                                                            | <b>Nataraja:</b> Purple |                        | Moon 2 - Phase 47         | 4th Phase      |
| Creative Work     | Siddha Yoga |                                |                         | <b>Dashami Until 10:55PM</b>                                                                                                                                                     | Moon – Blue             |                        | <b>Subha Sivaloka Day</b> |                |
|                   |             |                                |                         |                                                                                                                                                                                  | <b>Phalguna•Panguni</b> |                        |                           |                |

|                   |             |                                  |                          |                                                                                                                                                                                |                         |                        |                     |                |
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| <b>2</b>          |             | <b>Wednesday, March 24, 2021</b> |                          | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sukarma Yoga Vanija/Vistil* Karana Ekadashyam Titau |                         |                        |                     | Des Moines, IA |
| Kataka Rasi: 13.3 | Tithi 11    | <b>Gulika</b>                    | <b>10:48AM – 12:20PM</b> | <b>Pushya Until 11:42AM</b>                                                                                                                                                    | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:11AM | Sun 24              | Sutra 346      |
|                   |             | Yama                             | 7:43AM – 9:15AM          | Sukarma Until 10:31PM                                                                                                                                                          | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:29PM  |                     | Sarvari 5122   |
| 144584468         | <b>Rahu</b> | <b>12:20PM – 1:52PM</b>          |                          | Vanija Until 10:44AM                                                                                                                                                           | <b>Nataraja:</b> Purple |                        | Moon 2 - Phase 47   | 4th Phase      |
| Creative Work     | Siddha Yoga |                                  |                          | <b>Ekadashi Until 10:17PM</b>                                                                                                                                                  | Moon – Blue             |                        | <b>Sivaloka Day</b> |                |
|                   |             | <b>Yogaswami Mahasamadhi</b>     |                          |                                                                                                                                                                                | <b>Phalguna•Panguni</b> |                        |                     |                |

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|----------------------------------|-------------|---------------------------------|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|------------------------|---------------------------|----------------|
| <b>3</b>                         |             | <b>Thursday, March 25, 2021</b> |                         | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhriti Yoga Bava/Balava Karana Dvadashyam Titau |                         |                        |                           | Des Moines, IA |
| Kataka Rasi: 26.58               | Tithi 12    | <b>Gulika</b>                   | <b>9:14AM – 10:47AM</b> | <b>Ashlesha* Until 11:08AM</b>                                                                                                                                            | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:09AM | Sun 25                    | Sutra 347      |
|                                  |             | Yama                            | 6:09AM – 7:42AM         | Dhriti Until 8:14PM                                                                                                                                                       | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:31PM  |                           | Sarvari 5122   |
| 144684468                        | <b>Rahu</b> | <b>1:53PM – 3:25PM</b>          |                         | Bava Until 9:41AM                                                                                                                                                         | <b>Nataraja:</b> Purple |                        | Moon 2 - Phase 47         | 4th Phase      |
| Creative Work                    | Siddha Yoga |                                 |                         | <b>Dvadashi Until 8:50PM</b>                                                                                                                                              | Moon – Blue             |                        | <b>Subha Sivaloka Day</b> |                |
| Until 11:08AM                    |             |                                 |                         |                                                                                                                                                                           | <b>Phalguna•Panguni</b> |                        |                           |                |
| Then Creative Work - Amrita Yoga |             |                                 |                         |                                                                                                                                                                           |                         |                        |                           |                |

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|----------------------------------|-------------|-------------------------------|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|------------------------|---------------------------------|-----------------------|
| <b>4</b>                         |             | <b>Friday, March 26, 2021</b> |                        | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                         |                        |                                 | Des Moines, IA        |
| Simha Rasi: 10.53                | Tithi 13    | <b>Gulika</b>                 | <b>7:40AM – 9:13AM</b> | <b>Magha* Until 10:07AM</b>                                                                                                                                                                 | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:07AM | Sun 26                          | Sutra 348             |
|                                  |             | Yama                          | 3:26PM – 4:59PM        | Shula* Until 5:20PM                                                                                                                                                                         | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:32PM  |                                 | Sarvari 5122          |
| 154684468                        | <b>Rahu</b> | <b>10:47AM – 12:20PM</b>      |                        | Kaulava Until 7:51AM                                                                                                                                                                        | <b>Nataraja:</b> Purple |                        | Moon 2 - Phase 47               | 4th Phase             |
| Routine Work                     | Marana Yoga |                               |                        | <b>Trayodashi Until 6:40PM</b>                                                                                                                                                              | Moon – Red              |                        | <b>Subha Subha Sivaloka Day</b> |                       |
| Until 10:07AM                    |             |                               |                        |                                                                                                                                                                                             | <b>Phalguna•Panguni</b> |                        |                                 |                       |
| Then Creative Work - Siddha Yoga |             |                               |                        |                                                                                                                                                                                             |                         |                        |                                 | <i>Pradosha Vrata</i> |

|                                 |               |                                 |                        |                                                                                                                                                                                                               |                         |                        |                                 |                |
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| <b>5</b>                        |               | <b>Saturday, March 27, 2021</b> |                        | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau |                         |                        |                                 | Des Moines, IA |
| Simha Rasi: 25.14               | Tithi 14 – 15 | <b>Gulika</b>                   | <b>6:06AM – 7:39AM</b> | <b>Purvaphalguni Until 8:20AM</b>                                                                                                                                                                             | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:06AM | Sun 27                          | Sutra 349      |
|                                 |               | Yama                            | 1:53PM – 3:26PM        | Ganda* Until 1:59PM                                                                                                                                                                                           | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:33PM  |                                 | Sarvari 5122   |
| 154684468                       | <b>Rahu</b>   | <b>9:12AM – 10:46AM</b>         |                        | Vistil Until 2:26AM Sun                                                                                                                                                                                       | <b>Nataraja:</b> Purple |                        | Moon 2 - Phase 47               | 4th Phase      |
| Creative Work                   | Siddha Yoga   |                                 |                        | <b>Chaturdashi* Until 3:57PM</b>                                                                                                                                                                              | Moon – Red              |                        | <b>Subha Subha Sivaloka Day</b> |                |
| Until 8:20AM                    |               |                                 |                        |                                                                                                                                                                                                               | <b>Phalguna•Panguni</b> |                        |                                 |                |
| Then Routine Work - Marana Yoga |               |                                 |                        |                                                                                                                                                                                                               |                         |                        |                                 |                |

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|-------------------------------------------------------------------------------------|---------------|-------------------------------|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|------------------------|---------------------------------|----------------|
|  |               | <b>Sunday, March 28, 2021</b> |                        | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                         |                        |                                 | Des Moines, IA |
| <b>Copper Retreat Star</b>                                                          |               | <b>Gulika</b>                 | <b>3:26PM – 5:00PM</b> | <b>Hasta Until 3:32AM Mon</b>                                                                                                                                                      | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:04AM | Sun 28                          | Sutra 350      |
| Kanya Rasi: 9.56                                                                    | Tithi 15 – 16 | Yama                          | 12:19PM – 1:53PM       | Vridhhi Until 10:18AM                                                                                                                                                              | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:34PM  |                                 | Sarvari 5122   |
| 154684468                                                                           | <b>Rahu</b>   | <b>5:00PM – 6:34PM</b>        |                        | Balava Until 11:10PM                                                                                                                                                               | <b>Nataraja:</b> Purple |                        | Moon 2 - Phase 47               | Purnima        |
| Creative Work                                                                       | Amrita Yoga   |                               |                        | <b>Purnima* Until 12:49PM</b>                                                                                                                                                      | Moon – Red              |                        | <b>Subha Subha Sivaloka Day</b> |                |
| Until 3:32AM Mon                                                                    |               |                               |                        |                                                                                                                                                                                    | <b>Phalguna•Panguni</b> |                        |                                 |                |
| Then Routine Work - Prabalarishta Yoga                                              |               | <b>Panguni Uttiram</b>        |                        |                                                                                                                                                                                    |                         |                        |                                 |                |
|                                                                                     |               | <b>Holi</b>                   |                        |                                                                                                                                                                                    |                         |                        |                                 |                |

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| <b>Monday, March 29, 2021</b>    |                    | <b>Silver Retreat Star</b> |                        | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau |                         |                        |                           | Des Moines, IA |
| Kanya Rasi: 24.51                | Tithi 16 – 17      | <b>Gulika</b>              | <b>1:53PM – 3:27PM</b> | <b>Chitra Until 12:53AM Tue</b>                                                                                                                                                         | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:02AM | Sun 29                    | Sutra 351      |
| <b>Family Home Evening</b>       |                    | Yama                       | 10:45AM – 12:19PM      | Dhruva Until 6:23AM                                                                                                                                                                     | <b>Muruqa:</b> White    | <i>Sunset:</i> 6:35PM  |                           | Sarvari 5122   |
| 164684468                        | <b>Rahu</b>        | <b>7:36AM – 9:11AM</b>     |                        | Taitila Until 7:44PM                                                                                                                                                                    | <b>Nataraja:</b> Purple |                        | Moon 2 - Phase 47         | Prathama       |
| Routine Work                     | Prabalarishta Yoga |                            |                        | <b>Prathama* Until 9:26AM</b>                                                                                                                                                           | Moon – Green            |                        | <b>Subha Sivaloka Day</b> |                |
| Until 12:53AM Tue                |                    |                            |                        |                                                                                                                                                                                         | <b>Phalguna•Panguni</b> |                        |                           |                |
| Then Creative Work - Siddha Yoga |                    |                            |                        |                                                                                                                                                                                         |                         |                        |                           |                |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 30, 2021

Gold Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 352

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Tula Rasi: 9.51 Tithi 17 - 18

164684468 Rahu 3:27PM - 5:02PM

Gulika 12:18PM - 1:53PM

Yama 9:10AM - 10:44AM

Svati Until 10:09PM

Harshana Until 10:30PM

Visti Until 2:39AM Wed

Dvitiya Until 6:00AM

Ganesha: Yellow Sunrise: 6:01AM

Muruqa: White Sunset: 6:36PM

Nataraja: Purple

Moon - Green

Subha Sivaloka Day

Phalgun-Panguni

Creative Work Siddha Yoga

Until 10:09PM

Then Routine Work - Marana Yoga

1

Wednesday, March 31, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 353

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Tula Rasi: 24.46 Tithi 19

174684468 Rahu 12:18PM - 1:53PM

Gulika 10:43AM - 12:18PM

Yama 7:34AM - 9:09AM

Vishakha Until 7:53PM

Vajra\* Until 6:44PM

Bava Until 1:05PM

Chaturthi\* Until 11:32PM

Ganesha: Blue Sunrise: 5:59AM

Muruqa: White Sunset: 6:37PM

Nataraja: Purple

Moon - Orange

Subha Subha Sivaloka Day

Phalgun-Panguni

Creative Work Siddha Yoga

2

Thursday, April 1, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 354

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Vrischika Rasi: 9.3 Tithi 20

174684468 Rahu 1:53PM - 3:28PM

Gulika 9:09AM - 10:43AM

Yama 5:59AM - 7:34AM

Anuradha Until 5:49PM

Siddhi Until 3:15PM

Kaulava Until 10:08AM

Panchami Until 8:47PM

Ganesha: Blue Sunrise: 5:59AM

Muruqa: White Sunset: 6:37PM

Nataraja: Purple

Moon - Orange

Subha Subha Sivaloka Day

Phalgun-Panguni

Creative Work Siddha Yoga

Until 5:49PM

Then Routine Work - Prabalarishta Yoga

3

Friday, April 2, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 355

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Vrischika Rasi: 23.56 Tithi 21

174684468 Rahu 10:43AM - 12:18PM

Gulika 7:32AM - 9:08AM

Yama 3:28PM - 5:03PM

Jyeshtha\* Until 4:04PM

Vyatipata\* Until 12:09PM

Gara Until 7:35AM

Shashthi\* Until 6:29PM

Ganesha: Blue Sunrise: 5:57AM

Muruqa: White Sunset: 6:38PM

Nataraja: Purple

Moon - Orange

Subha Subha Sivaloka Day

Phalgun-Panguni

Routine Work Marana Yoga

Until 4:04PM

Then Creative Work - Amrita Yoga

4

Saturday, April 3, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 5 Sutra 356

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Dhanus Rasi: 8.03 Tithi 22 - 23

184684468 Rahu 9:07AM - 10:42AM

Gulika 5:56AM - 7:31AM

Yama 1:53PM - 3:28PM

Mula\* Until 3:07PM

Variyan Until 9:25AM

Balava Until 4:03AM Sun

Saptami Until 4:42PM

Ganesha: Red Sunrise: 5:56AM

Muruqa: White Sunset: 6:39PM

Nataraja: Purple

Moon - Light Blue

Subha Sivaloka Day

Phalgun-Panguni

Creative Work Siddha Yoga

D

Sunday, April 4, 2021

Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 6 Sutra 357

Sarvari 5122

Moon 3 - Phase 48

Ashtami

Dhanus Rasi: 21.49 Tithi 23 - 24

184684468 Rahu 5:04PM - 6:40PM

Gulika 3:29PM - 5:04PM

Yama 12:17PM - 1:53PM

Purvashadha\* Until 2:34PM

Parigha\* Until 7:10AM

Taitila Until 3:06AM Mon

Ashtami\* Until 3:29PM

Ganesha: Red Sunrise: 5:54AM

Muruqa: White Sunset: 6:40PM

Nataraja: Purple

Moon - Light Blue

Subha Sivaloka Day

Phalgun-Panguni

Creative Work Siddha Yoga

Until 2:34PM

Then Creative Work - Amrita Yoga

Monday, April 5, 2021

Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA

Sun 7 Sutra 358

Sarvari 5122

Moon 3 - Phase 48

Navami

Makara Rasi: 5.16 Tithi 24 - 25

185684468 Rahu 7:28AM - 9:05AM

Gulika 1:53PM - 3:29PM

Yama 10:41AM - 12:17PM

Uttarashadha Until 2:25PM

Siddha Until 3:58AM Tue

Vanija Until 2:42AM Tue

Navami\* Until 2:49PM

Ganesha: Green Sunrise: 5:52AM

Muruqa: White Sunset: 6:41PM

Nataraja: Purple

Moon - Light Blue

Sivaloka Day

Phalgun-Panguni

Routine Work Marana Yoga

Until 2:25PM

Then Creative Work - Amrita Yoga

|   |                               |               |                                                                                                                                                                                         |                                      |                                                                           |                                                                       |                                                                                  |
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| 1 | <b>Tuesday, April 6, 2021</b> |               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sadhya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau |                                      |                                                                           |                                                                       | Des Moines, IA                                                                   |
|   | Makara Rasi: 18.25            | Tithi 25 – 26 | Gulika<br>Yama                                                                                                                                                                          | 12:17PM – 1:53PM<br>9:04AM – 10:40AM | Shravana Until 3:05PM<br>Sadhya Until 2:58AM Wed<br>Bava Until 2:49AM Wed | Ganesha: Orange<br>Muruqa: White<br>Nataraja: Purple<br>Moon – Purple | Sun 8<br>Sutra 359<br>Sarvari 5122<br>Moon 3 - Phase 49<br>2nd Phase<br>Tour Day |
|   | Creative Work                 | Siddha Yoga   | 195684468                                                                                                                                                                               | Rahu<br>3:29PM – 5:06PM              | Dashami Until 2:41PM                                                      | Sunrise: 5:51AM<br>Sunset: 6:42PM                                     | Subha Sivaloka Day                                                               |
|   |                               |               |                                                                                                                                                                                         |                                      |                                                                           |                                                                       | Phalgun-Panguni                                                                  |

|   |                                                  |                    |                                                                                                                                                                                               |                                      |                                                                               |                                                                       |                                                                      |
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| 2 | <b>Wednesday, April 7, 2021</b>                  |                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                      |                                                                               |                                                                       | Des Moines, IA                                                       |
|   | Kumbha Rasi: 1.19                                | Tithi 26 – 27      | Gulika<br>Yama                                                                                                                                                                                | 10:39AM – 12:16PM<br>7:26AM – 9:03AM | Dhanishtha Until 4:03PM<br>Subha Until 2:21AM Thu<br>Kaulava Until 3:23AM Thu | Ganesha: Orange<br>Muruqa: White<br>Nataraja: Purple<br>Moon – Purple | Sun 9<br>Sutra 360<br>Sarvari 5122<br>Moon 3 - Phase 49<br>2nd Phase |
|   | Routine Work                                     | Prabalarishta Yoga | 195684468                                                                                                                                                                                     | Rahu<br>12:16PM – 1:53PM             | Ekadashi* Until 3:01PM                                                        | Sunrise: 5:49AM<br>Sunset: 6:43PM                                     | Subha Sivaloka Day                                                   |
|   | Until 4:03PM<br>Then Creative Work - Siddha Yoga |                    |                                                                                                                                                                                               |                                      |                                                                               |                                                                       | Phalgun-Panguni                                                      |

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| 3 | <b>Thursday, April 8, 2021</b> |               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau |                                     |                                                                              |                                                                       | Des Moines, IA                                                        |
|   | Kumbha Rasi: 14                | Tithi 27 – 28 | Gulika<br>Yama                                                                                                                                                                                     | 9:02AM – 10:39AM<br>5:47AM – 7:25AM | Shatabhishak Until 5:18PM<br>Sukla Until 2:02AM Fri<br>Gara Until 4:22AM Fri | Ganesha: Orange<br>Muruqa: White<br>Nataraja: Purple<br>Moon – Purple | Sun 10<br>Sutra 361<br>Sarvari 5122<br>Moon 3 - Phase 49<br>2nd Phase |
|   | Creative Work                  | Siddha Yoga   | 195684468                                                                                                                                                                                          | Rahu<br>1:53PM – 3:30PM             | Dvadashi* Until 3:48PM                                                       | Sunrise: 5:47AM<br>Sunset: 6:45PM                                     | Subha Sivaloka Day                                                    |
|   |                                |               |                                                                                                                                                                                                    |                                     |                                                                              |                                                                       | Phalgun-Panguni                                                       |

*Pradosha Vrata (Fasting)*

|   |                              |               |                                                                                                                                                                                              |                                    |                                                                                     |                                                                          |                                                                       |
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| 4 | <b>Friday, April 9, 2021</b> |               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                    |                                                                                     |                                                                          | Des Moines, IA                                                        |
|   | Kumbha Rasi: 26.29           | Tithi 28 – 29 | Gulika<br>Yama                                                                                                                                                                               | 7:23AM – 9:01AM<br>3:31PM – 5:08PM | Purvaproshtapada* Until 7:16PM<br>Brahma Until 2:02AM Sat<br>Visti Until 5:45AM Sat | Ganesha: Light Blue<br>Muruqa: White<br>Nataraja: Purple<br>Moon – Clear | Sun 11<br>Sutra 362<br>Sarvari 5122<br>Moon 3 - Phase 49<br>2nd Phase |
|   | Creative Work                | Siddha Yoga   | 115684468                                                                                                                                                                                    | Rahu<br>10:38AM – 12:16PM          | Trayodashi* Until 4:59PM                                                            | Sunrise: 5:46AM<br>Sunset: 6:46PM                                        | Sivaloka Day                                                          |
|   |                              |               |                                                                                                                                                                                              |                                    |                                                                                     |                                                                          | Phalgun-Panguni                                                       |

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| 5 | <b>Saturday, April 10, 2021</b>                        |             | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Indra Yoga Sakuni* Karana Chaturdashyam Titau |                                    |                                                                                 |                                                                          | Des Moines, IA                                                        |
|   | Meena Rasi: 8.49                                       | Tithi 29    | Gulika<br>Yama                                                                                                                                                             | 5:44AM – 7:22AM<br>1:53PM – 3:31PM | Uttaraproshtapada Until 9:26PM<br>Indra Until 2:21AM Sun<br>Sakuni Until 6:33PM | Ganesha: Light Blue<br>Muruqa: White<br>Nataraja: Purple<br>Moon – Clear | Sun 12<br>Sutra 363<br>Sarvari 5122<br>Moon 3 - Phase 49<br>2nd Phase |
|   | Creative Work                                          | Siddha Yoga | 115684468                                                                                                                                                                  | Rahu<br>9:00AM – 10:38AM           | Chaturdashi* Until 6:33PM                                                       | Sunrise: 5:44AM<br>Sunset: 6:47PM                                        | Sivaloka Day                                                          |
|   | Until 9:26PM<br>Then Routine Work - Prabalarishta Yoga |             |                                                                                                                                                                            |                                    |                                                                                 |                                                                          | Phalgun-Panguni                                                       |

|   |                                                                                |          |                                                                                                                                                                             |                                     |                                                                               |                                                                          |                                                                      |
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| ● | <b>Sunday, April 11, 2021</b>                                                  |          | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                     |                                                                               |                                                                          | Des Moines, IA                                                       |
|   | <b>Retreat Star</b>                                                            |          | Gulika<br>Yama                                                                                                                                                              | 3:31PM – 5:10PM<br>12:15PM – 1:53PM | Revati Until 11:47PM<br>Vaidhriti* Until 2:54AM Mon<br>Catuspada Until 7:30AM | Ganesha: Light Blue<br>Muruqa: White<br>Nataraja: Purple<br>Moon – Clear | Sun 13<br>Sutra 364<br>Sarvari 5122<br>Moon 3 - Phase 49<br>Amavasya |
|   | Meena Rasi: 20.59                                                              | Tithi 30 | 115684468                                                                                                                                                                   | Rahu<br>5:10PM – 6:48PM             | Amavasya* Until 8:30PM                                                        | Sunrise: 5:42AM<br>Sunset: 6:48PM                                        | Sivaloka Day                                                         |
|   | Creative Work Amrita Yoga<br>Until 11:47PM<br>Then Creative Work - Siddha Yoga |          |                                                                                                                                                                             |                                     |                                                                               |                                                                          | Phalgun-Panguni                                                      |

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| ● | <b>Monday, April 12, 2021</b>                    |         | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau |                                      |                                                                                    |                                                                      | Des Moines, IA                                                     |
|   | <b>Retreat Star</b>                              |         | Gulika<br>Yama                                                                                                                                                            | 1:53PM – 3:32PM<br>10:36AM – 12:15PM | Ashvini Until 2:47AM Tue<br>Vishkambha* Until 3:42AM Tue<br>Kintughna Until 9:37AM | Ganesha: Purple<br>Muruqa: White<br>Nataraja: Purple<br>Moon – White | Sun 14<br>Sutra 1<br>Sarvari 5122<br>Moon 3 - Phase 49<br>Prathama |
|   | Mesha Rasi: 3                                    | Tithi 1 | 125684468                                                                                                                                                                 | Rahu<br>7:19AM – 8:58AM              | Prathama* Until 10:45PM                                                            | Sunrise: 5:41AM<br>Sunset: 6:49PM                                    | Sivaloka Day                                                       |
|   | Family Home Evening<br>Creative Work Siddha Yoga |         |                                                                                                                                                                           |                                      | Chellappaswami Mahasamadhi                                                         | Sunset: 6:49PM                                                       | Chaitra-Panguni                                                    |

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| <b>1</b>                         |             | <b>Tuesday, April 13, 2021</b>        |                                 | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        | Des Moines, IA<br>Sun 15 Sutra 2<br>Plava 5123 |                       |                  |
| Mesha Rasi: 14.55                | Tithi 2     | <b>Gulika</b> 12:15PM – 1:53PM        | <b>Bharani</b> Until 5:50AM Wed | <b>Ganesha:</b> Purple                                                                                                                                              | <i>Sunrise:</i> 5:39AM | <b>Muruḡa:</b> White                           | <i>Sunset:</i> 6:50PM | Moon 3 - Phase 1 |
|                                  |             | Yama 8:57AM – 10:36AM                 | Priti Until 4:43AM Wed          | <b>Nataraja:</b> Purple                                                                                                                                             |                        | Moon – White                                   |                       | 3rd Phase        |
|                                  |             | 226684468 <b>Rahu</b> 3:32PM – 5:11PM | Balava Until 12:01PM            |                                                                                                                                                                     |                        | <b>Sivaloka Day</b>                            |                       |                  |
| Creative Work                    | Siddha Yoga | Tamil New Year                        |                                 | Dvitiya Until 1:17AM Wed                                                                                                                                            |                        | Chaitra•Chaitra                                |                       |                  |
| Until 5:50AM Wed                 |             |                                       |                                 |                                                                                                                                                                     |                        |                                                |                       |                  |
| Then Creative Work - Amrita Yoga |             |                                       |                                 |                                                                                                                                                                     |                        |                                                |                       |                  |

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| <b>2</b>                        |             | <b>Wednesday, April 14, 2021</b>       |                                  | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau |                        | Des Moines, IA<br>Sun 16 Sutra 3<br>Plava 5123 |                       |                  |
| Mesha Rasi: 26.44               | Tithi 3     | <b>Gulika</b> 10:35AM – 12:14PM        | <b>Krittika</b> Until 8:50AM Thu | <b>Ganesha:</b> Purple                                                                                                                                              | <i>Sunrise:</i> 5:38AM | <b>Muruḡa:</b> White                           | <i>Sunset:</i> 6:51PM | Moon 3 - Phase 1 |
|                                 |             | Yama 7:17AM – 8:56AM                   | Ayushman Until 5:47AM Thu        | <b>Nataraja:</b> Purple                                                                                                                                             |                        | Moon – White                                   |                       | 3rd Phase        |
|                                 |             | 226684468 <b>Rahu</b> 12:14PM – 1:54PM | Taitila Until 2:37PM             |                                                                                                                                                                     |                        | <b>Sivaloka Day</b>                            |                       |                  |
| Creative Work                   | Amrita Yoga | Tritiya Until 3:56AM Thu               |                                  | Chaitra•Chaitra                                                                                                                                                     |                        |                                                |                       |                  |
| Until 8:50AM Thu                |             |                                        |                                  |                                                                                                                                                                     |                        |                                                |                       |                  |
| Then Routine Work - Marana Yoga |             |                                        |                                  |                                                                                                                                                                     |                        |                                                |                       |                  |

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| <b>3</b>             |             | <b>Thursday, April 15, 2021</b>       |                              | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau |                        | Des Moines, IA<br>Sun 17 Sutra 4<br>Plava 5123 |                       |                  |
| Vrishabha Rasi: 8.31 | Tithi 4     | <b>Gulika</b> 8:55AM – 10:35AM        | <b>Krittika</b> Until 8:50AM | <b>Ganesha:</b> Purple                                                                                                                                                       | <i>Sunrise:</i> 5:36AM | <b>Muruḡa:</b> White                           | <i>Sunset:</i> 6:52PM | Moon 3 - Phase 1 |
|                      |             | Yama 5:36AM – 7:16AM                  | Saubhagya Until 6:51AM Fri   | <b>Nataraja:</b> Purple                                                                                                                                                      |                        | Moon – White                                   |                       | 3rd Phase        |
|                      |             | 226684468 <b>Rahu</b> 1:54PM – 3:33PM | Vanija Until 5:18PM          |                                                                                                                                                                              |                        | <b>Sivaloka Day</b>                            |                       |                  |
| Routine Work         | Marana Yoga | Chaturthi* Until 6:36AM Fri           |                              | Chaitra•Chaitra                                                                                                                                                              |                        |                                                |                       |                  |
|                      |             |                                       |                              |                                                                                                                                                                              |                        |                                                |                       |                  |
|                      |             |                                       |                              |                                                                                                                                                                              |                        |                                                |                       |                  |

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| <b>4</b>                         |             | <b>Friday, April 16, 2021</b>           |                             | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Des Moines, IA<br>Sun 18 Sutra 5<br>Plava 5123 |                       |                  |
| Vrishabha Rasi: 20.17            | Tithi 4 – 5 | <b>Gulika</b> 7:14AM – 8:54AM           | <b>Rohini</b> Until 12:09PM | <b>Ganesha:</b> Light Blue                                                                                                                                                                     | <i>Sunrise:</i> 5:35AM | <b>Muruḡa:</b> White                           | <i>Sunset:</i> 6:53PM | Moon 3 - Phase 1 |
|                                  |             | Yama 3:34PM – 5:13PM                    | Saubhagya Until 6:51AM      | <b>Nataraja:</b> Purple                                                                                                                                                                        |                        | Moon – Yellow                                  |                       | 3rd Phase        |
|                                  |             | 236684468 <b>Rahu</b> 10:34AM – 12:14PM | Bava Until 7:53PM           |                                                                                                                                                                                                |                        | <b>Sivaloka Day</b>                            |                       |                  |
| Routine Work                     | Marana Yoga | Chaturthi* Until 6:36AM                 |                             | Chaitra•Chaitra                                                                                                                                                                                |                        |                                                |                       |                  |
| Until 12:09PM                    |             |                                         |                             |                                                                                                                                                                                                |                        |                                                |                       |                  |
| Then Creative Work - Siddha Yoga |             |                                         |                             |                                                                                                                                                                                                |                        |                                                |                       |                  |

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| <b>5</b>           |             | <b>Saturday, April 17, 2021</b>        |                                | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Des Moines, IA<br>Sun 19 Sutra 6<br>Plava 5123 |                       |                  |
| Mithuna Rasi: 2.09 | Tithi 5 – 6 | <b>Gulika</b> 5:33AM – 7:13AM          | <b>Mrigashira</b> Until 3:04PM | <b>Ganesha:</b> Light Blue                                                                                                                                                                       | <i>Sunrise:</i> 5:33AM | <b>Muruḡa:</b> White                           | <i>Sunset:</i> 6:54PM | Moon 3 - Phase 1 |
|                    |             | Yama 1:54PM – 3:34PM                   | Sobhana Until 7:48AM           | <b>Nataraja:</b> Purple                                                                                                                                                                          |                        | Moon – Yellow                                  |                       | 3rd Phase        |
|                    |             | 236684468 <b>Rahu</b> 8:53AM – 10:33AM | Kaulava Until 10:11PM          |                                                                                                                                                                                                  |                        | <b>Sivaloka Day</b>                            |                       |                  |
| Creative Work      | Siddha Yoga | Panchami Until 9:04AM                  |                                | Chaitra•Chaitra                                                                                                                                                                                  |                        |                                                |                       |                  |
|                    |             |                                        |                                |                                                                                                                                                                                                  |                        |                                                |                       |                  |
|                    |             |                                        |                                |                                                                                                                                                                                                  |                        |                                                |                       |                  |

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| <b>6</b>            |             | <b>Sunday, April 18, 2021</b>         |                           | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        | Des Moines, IA<br>Sun 20 Sutra 7<br>Plava 5123 |                       |                  |
| Mithuna Rasi: 14.08 | Tithi 6 – 7 | <b>Gulika</b> 3:34PM – 5:15PM         | <b>Ardra</b> Until 5:23PM | <b>Ganesha:</b> Light Blue                                                                                                                                                                   | <i>Sunrise:</i> 5:31AM | <b>Muruḡa:</b> White                           | <i>Sunset:</i> 6:55PM | Moon 3 - Phase 1 |
|                     |             | Yama 12:13PM – 1:54PM                 | Athiganda* Until 8:25AM   | <b>Nataraja:</b> Purple                                                                                                                                                                      |                        | Moon – Yellow                                  |                       | 3rd Phase        |
|                     |             | 236684468 <b>Rahu</b> 5:15PM – 6:55PM | Gara Until 11:57PM        |                                                                                                                                                                                              |                        | <b>Sivaloka Day</b>                            |                       |                  |
| Creative Work       | Siddha Yoga | Shashthi* Until 11:07AM               |                           | Chaitra•Chaitra                                                                                                                                                                              |                        |                                                |                       |                  |
|                     |             |                                       |                           |                                                                                                                                                                                              |                        |                                                |                       |                  |
|                     |             |                                       |                           |                                                                                                                                                                                              |                        |                                                |                       |                  |

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| <b>Monday, April 19, 2021</b>    |             | <b>Retreat Star</b>                   |                               | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Des Moines, IA<br>Sun 21 Sutra 8<br>Plava 5123 |                       |                  |
| Mithuna Rasi: 26.22              | Tithi 7 – 8 | <b>Gulika</b> 1:54PM – 3:35PM         | <b>Punarvasu</b> Until 7:24PM | <b>Ganesha:</b> Clear                                                                                                                                                             | <i>Sunrise:</i> 5:30AM | <b>Muruḡa:</b> White                           | <i>Sunset:</i> 6:56PM | Moon 3 - Phase 1 |
| <b>Family Home Evening</b>       |             | Yama 10:32AM – 12:13PM                | Sukarma Until 8:36AM          | <b>Nataraja:</b> Purple                                                                                                                                                           |                        | Moon – Blue                                    |                       | Ashtami          |
|                                  |             | 246784468 <b>Rahu</b> 7:11AM – 8:52AM | Visti Until 1:02AM Tue        |                                                                                                                                                                                   |                        | <b>Subha Sivaloka Day</b>                      |                       |                  |
| Creative Work                    | Amrita Yoga | Saptami Until 12:34PM                 |                               | Chaitra•Chaitra                                                                                                                                                                   |                        |                                                |                       |                  |
| Until 7:24PM                     |             |                                       |                               |                                                                                                                                                                                   |                        |                                                |                       |                  |
| Then Creative Work - Siddha Yoga |             |                                       |                               |                                                                                                                                                                                   |                        |                                                |                       |                  |

|                                |             |                                       |                            |                                                                                                                                                                               |                        |                                                |                       |                  |
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| <b>Tuesday, April 20, 2021</b> |             | <b>Retreat Star</b>                   |                            | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Des Moines, IA<br>Sun 22 Sutra 9<br>Plava 5123 |                       |                  |
| Kataka Rasi: 8.54              | Tithi 8 – 9 | <b>Gulika</b> 12:13PM – 1:54PM        | <b>Pushya</b> Until 8:29PM | <b>Ganesha:</b> Clear                                                                                                                                                         | <i>Sunrise:</i> 5:28AM | <b>Muruḡa:</b> White                           | <i>Sunset:</i> 6:57PM | Moon 3 - Phase 1 |
|                                |             | Yama 8:51AM – 10:32AM                 | Dhriti Until 8:14AM        | <b>Nataraja:</b> Purple                                                                                                                                                       |                        | Moon – Blue                                    |                       | Navami           |
|                                |             | 246784468 <b>Rahu</b> 3:35PM – 5:16PM | Balava Until 1:19AM Wed    |                                                                                                                                                                               |                        | <b>Subha Sivaloka Day</b>                      |                       |                  |
| Creative Work                  | Siddha Yoga | Ashtami* Until 1:16PM                 |                            | Chaitra•Chaitra                                                                                                                                                               |                        |                                                |                       |                  |
|                                |             | Sri Rama Navami                       |                            |                                                                                                                                                                               |                        |                                                |                       |                  |
|                                |             |                                       |                            |                                                                                                                                                                               |                        |                                                |                       |                  |
|                                |             |                                       |                            |                                                                                                                                                                               |                        |                                                |                       |                  |


|               |                                  |                              |                                                                                                                                                                                    |                               |                           |                        |                  |
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| <b>1</b>      | <b>Wednesday, April 21, 2021</b> |                              | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                               |                           |                        | Des Moines, IA   |
|               | Kataka Rasi: 21.5                | Tithi 9 – 10                 | <b>Gulika</b> 10:31AM – 12:13PM                                                                                                                                                    | <b>Ashlesha* Until 8:36PM</b> | <b>Ganesha:</b> Clear     | <i>Sunrise:</i> 5:27AM | Sun 23 Sutra 10  |
|               |                                  |                              | Yama 7:08AM – 8:50AM                                                                                                                                                               | Shula* Until 7:12AM           | <b>Muruqa:</b> White      | <i>Sunset:</i> 6:59PM  | Plava 5123       |
|               | 246784468                        | <b>Rahu</b> 12:13PM – 1:54PM | Taitila Until 12:43AM Thu                                                                                                                                                          | Navami* Until 1:06PM          | <b>Nataraja:</b> Purple   |                        | Moon 3 - Phase 2 |
| Creative Work | Siddha Yoga                      |                              |                                                                                                                                                                                    | Moon – Blue                   |                           | 4th Phase              |                  |
|               |                                  |                              |                                                                                                                                                                                    |                               | <b>Subha Sivaloka Day</b> |                        |                  |
|               |                                  |                              |                                                                                                                                                                                    |                               | <b>Chaitra*Chaitra</b>    |                        |                  |

|                                  |                                 |                             |                                                                                                                                                                        |                            |                         |                        |                  |
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| <b>2</b>                         | <b>Thursday, April 22, 2021</b> |                             | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                            |                         |                        | Des Moines, IA   |
|                                  | Simha Rasi: 5.12                | Tithi 10 – 11               | <b>Gulika</b> 8:49AM – 10:31AM                                                                                                                                         | <b>Magha* Until 8:10PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:25AM | Sun 24 Sutra 11  |
|                                  |                                 |                             | Yama 5:25AM – 7:07AM                                                                                                                                                   | Vriddhi Until 3:07AM Fri   | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:00PM  | Plava 5123       |
|                                  | 257784468                       | <b>Rahu</b> 1:54PM – 3:36PM | Vanija Until 11:17PM                                                                                                                                                   | Dashami Until 12:05PM      | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 2 |
| Creative Work                    | Amrita Yoga                     |                             |                                                                                                                                                                        | Moon – Red                 |                         | 4th Phase              |                  |
| Until 8:10PM                     |                                 |                             |                                                                                                                                                                        |                            | <b>Sivaloka Day</b>     |                        |                  |
| Then Creative Work - Siddha Yoga |                                 |                             |                                                                                                                                                                        |                            | <b>Chaitra*Chaitra</b>  |                        |                  |

|               |                               |                               |                                                                                                                                                                                |                                   |                         |                        |                  |
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| <b>3</b>      | <b>Friday, April 23, 2021</b> |                               | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                   |                         |                        | Des Moines, IA   |
|               | Simha Rasi: 19.04             | Tithi 11 – 12                 | <b>Gulika</b> 7:06AM – 8:48AM                                                                                                                                                  | <b>Purvaphalguni Until 6:49PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:24AM | Sun 25 Sutra 12  |
|               |                               |                               | Yama 3:36PM – 5:19PM                                                                                                                                                           | Dhruva Until 12:08AM Sat          | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:01PM  | Plava 5123       |
|               | 257784468                     | <b>Rahu</b> 10:30AM – 12:12PM | Bava Until 9:06PM                                                                                                                                                              | Ekadashi Until 10:16AM            | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 2 |
| Creative Work | Siddha Yoga                   |                               |                                                                                                                                                                                | Moon – Red                        |                         | 4th Phase              |                  |
|               |                               |                               |                                                                                                                                                                                |                                   | <b>Sivaloka Day</b>     |                        |                  |
|               |                               |                               |                                                                                                                                                                                |                                   | <b>Chaitra*Chaitra</b>  |                        |                  |

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| <b>4</b>     | <b>Saturday, April 24, 2021</b> |                              | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                    |                        |                        | Des Moines, IA   |
|              | Kanya Rasi: 3.23                | Tithi 12 – 13                | <b>Gulika</b> 5:22AM – 7:05AM                                                                                                                                                                 | <b>Uttaraphalguni Until 4:42PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:22AM | Sun 26 Sutra 13  |
|              |                                 |                              | Yama 1:55PM – 3:37PM                                                                                                                                                                          | Vyaghata* Until 8:40PM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:02PM  | Plava 5123       |
|              | 257784469                       | <b>Rahu</b> 8:47AM – 10:30AM | Kaulava Until 6:18PM                                                                                                                                                                          | Dvadashi Until 7:45AM              | <b>Nataraja:</b> Clear |                        | Moon 3 - Phase 2 |
| Routine Work | Marana Yoga                     |                              |                                                                                                                                                                                               | Moon – Red                         |                        | 4th Phase              |                  |
|              |                                 |                              |                                                                                                                                                                                               |                                    | <b>Devaloka Day</b>    |                        |                  |
|              |                                 |                              |                                                                                                                                                                                               |                                    | <b>Chaitra*Chaitra</b> |                        |                  |
|              |                                 |                              |                                                                                                                                                                                               |                                    | <i>Pradosha Vrata</i>  |                        |                  |

|                                  |                               |                             |                                                                                                                                                                                  |                               |                        |                        |                  |
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| <b>5</b>                         | <b>Sunday, April 25, 2021</b> |                             | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau |                               |                        |                        | Des Moines, IA   |
|                                  | Kanya Rasi: 18.07             | Tithi 14                    | <b>Gulika</b> 3:37PM – 5:20PM                                                                                                                                                    | <b>Hasta Until 2:22PM</b>     | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:21AM | Sun 27 Sutra 14  |
|                                  |                               |                             | Yama 12:12PM – 1:55PM                                                                                                                                                            | Harshana Until 4:51PM         | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:03PM  | Plava 5123       |
|                                  | 267784469                     | <b>Rahu</b> 5:20PM – 7:03PM | Gara Until 3:01PM                                                                                                                                                                | Chaturdashi* Until 1:14AM Mon | <b>Nataraja:</b> Clear |                        | Moon 3 - Phase 2 |
| Creative Work                    | Amrita Yoga                   |                             |                                                                                                                                                                                  | Moon – Green                  |                        | 4th Phase              |                  |
| Until 2:22PM                     |                               |                             |                                                                                                                                                                                  |                               | <b>Sivaloka Day</b>    |                        |                  |
| Then Creative Work - Siddha Yoga |                               |                             |                                                                                                                                                                                  |                               | <b>Chaitra*Chaitra</b> |                        |                  |

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|  | <b>Monday, April 26, 2021</b> |                                    | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnimayam Titau |                             |                        |                        | Des Moines, IA   |
|                                                                                     | <b>Copper Retreat Star</b>    |                                    | <b>Gulika</b> 1:55PM – 3:38PM                                                                                                                                              | <b>Chitra Until 11:35AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:20AM | Sutra 15         |
|                                                                                     | Tula Rasi: 3.08               | Tithi 15                           | Yama 10:29AM – 12:12PM                                                                                                                                                     | Vajra* Until 12:44PM        | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:04PM  | Plava 5123       |
|                                                                                     | <b>Family Home Evening</b>    | 267784469                          | <b>Rahu</b> 7:03AM – 8:46AM                                                                                                                                                | Visti Until 11:25AM         | <b>Nataraja:</b> Clear |                        | Moon 3 - Phase 2 |
| Routine Work                                                                        | Prabalarishta Yoga            |                                    |                                                                                                                                                                            | Moon – Green                |                        | Purnima                |                  |
| Until 11:35AM                                                                       |                               |                                    |                                                                                                                                                                            |                             | <b>Sivaloka Day</b>    |                        |                  |
| Then Creative Work - Amrita Yoga                                                    |                               |                                    |                                                                                                                                                                            |                             | <b>Chaitra*Chaitra</b> |                        |                  |
|                                                                                     |                               | <b>Chitra Purnima (Tamil Nadu)</b> | <b>Purnima* Until 9:33PM</b>                                                                                                                                               |                             |                        |                        |                  |
|                                                                                     |                               | <b>Hanuman Jayanti</b>             |                                                                                                                                                                            |                             |                        |                        |                  |

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| <b>0</b>                        | <b>Tuesday, April 27, 2021</b> |                             | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau |                           |                        |                        | Des Moines, IA   |
|                                 | <b>Silver Retreat Star</b>     |                             | <b>Gulika</b> 12:12PM – 1:55PM                                                                                                                                                                   | <b>Svati Until 8:31AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:18AM | Sutra 16         |
|                                 | Tula Rasi: 18.19               | Tithi 16 – 17               | Yama 8:45AM – 10:28AM                                                                                                                                                                            | Siddhi Until 8:32AM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:05PM  | Plava 5123       |
|                                 | 267784469                      | <b>Rahu</b> 3:38PM – 5:22PM | Balava Until 7:41AM                                                                                                                                                                              | Prathama* Until 5:47PM    | <b>Nataraja:</b> Clear |                        | Moon 3 - Phase 2 |
| Creative Work                   | Siddha Yoga                    |                             |                                                                                                                                                                                                  | Moon – Green              |                        | Prathama               |                  |
| Until 8:31AM                    |                                |                             |                                                                                                                                                                                                  |                           | <b>Sivaloka Day</b>    |                        |                  |
| Then Routine Work - Marana Yoga |                                |                             |                                                                                                                                                                                                  |                           | <b>Chaitra*Chaitra</b> |                        |                  |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda