



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

**Gulika** 3:09PM – 4:56PM  
**Yama** 11:35AM – 1:22PM  
**Rahu** 4:56PM – 6:44PM

**Vishakha** Until 12:28PM  
**Vyatipata\*** Until 10:59PM  
**Vanija** Until 7:23PM  
**Dvitiya** Until 8:01AM

**Ganesha:** Blue *Sunrise:* 4:27AM  
**Muruqa:** Yellow *Sunset:* 6:44PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Warsaw, Poland  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 13.12 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chatrurthyam Titau

**Gulika** 1:23PM – 3:10PM  
**Yama** 9:48AM – 11:35AM  
**Rahu** 6:12AM – 8:00AM

**Anuradha** Until 12:13PM  
**Variyan** Until 9:23PM  
**Bava** Until 6:39PM  
**Tritiya** Until 6:54AM

**Ganesha:** Blue *Sunrise:* 4:25AM  
**Muruqa:** Yellow *Sunset:* 6:45PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Warsaw, Poland  
Sun 1  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 26.22 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:35AM – 1:23PM  
**Yama** 7:59AM – 9:47AM  
**Rahu** 3:11PM – 4:59PM

**Jyeshtha\*** Until 12:35PM  
**Parigha\*** Until 8:27PM  
**Kaulava** Until 6:43PM  
**Chaturthi\*** Until 6:33AM

**Ganesha:** Blue *Sunrise:* 4:23AM  
**Muruqa:** Yellow *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Warsaw, Poland  
Sun 2  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 9.07 Tithi 20 – 21

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 9:46AM – 11:35AM  
**Yama** 6:09AM – 7:58AM  
**Rahu** 11:35AM – 1:23PM

**Mula\*** Until 2:04PM  
**Shiva** Until 8:09PM  
**Gara** Until 7:36PM  
**Panchami** Until 7:02AM

**Ganesha:** Yellow *Sunrise:* 4:21AM  
**Muruqa:** Yellow *Sunset:* 6:49PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Warsaw, Poland  
Sun 3  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 21.31 Tithi 21 – 22

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 7:57AM – 9:46AM  
**Yama** 4:19AM – 6:08AM  
**Rahu** 1:23PM – 3:12PM

**Purvashadha\*** Until 4:08PM  
**Siddha** Until 8:23PM  
**Visti** Until 9:12PM  
**Shashthi\*** Until 8:18AM

**Ganesha:** Yellow *Sunrise:* 4:19AM  
**Muruqa:** Yellow *Sunset:* 6:50PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Warsaw, Poland  
Sun 4  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**5**

**Friday, April 26, 2019**

**Retreat Star**

Makara Rasi: 3.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 6:06AM – 7:55AM  
**Yama** 3:13PM – 5:03PM  
**Rahu** 9:45AM – 11:34AM

**Uttarashadha** Until 6:35PM  
**Sadhya** Until 9:04PM  
**Balava** Until 11:22PM  
**Saptami** Until 10:13AM

**Ganesha:** Red *Sunrise:* 4:17AM  
**Muruqa:** Yellow *Sunset:* 6:52PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Warsaw, Poland  
Sun 5  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Devaloka Day**

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 15.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 4:15AM – 6:04AM  
**Yama** 1:24PM – 3:14PM  
**Rahu** 7:54AM – 9:44AM

**Shravana** Until 9:44PM  
**Subha** Until 10:01PM  
**Taitila** Until 1:51AM Sun  
**Ashtami\*** Until 12:34PM

**Ganesha:** Green *Sunrise:* 4:15AM  
**Muruqa:** Yellow *Sunset:* 6:54PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra•Chaitra**

Warsaw, Poland  
Sun 6  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Warsaw, Poland Sun 7 Sutra 14	
Makara Rasi: 27.23	Tithi 24 – 25	<b>Gulika</b>	3:15PM – 5:05PM	<b>Dhanishtha</b> <b>Until 12:48AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:13AM		Vikarin 5121	
		Yama	11:34AM – 1:24PM	Sukla <b>Until 11:01PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM		Moon 4 - Phase 3	
		294583469 <b>Rahu</b>	5:05PM – 6:55PM	Vanija <b>Until 4:24AM Mon</b>	<b>Nataraja:</b> Clear			2nd Phase	
Routine Work	Marana Yoga			<b>Navami*</b> <b>Until 3:06PM</b>	Moon – Purple		<b>Bhuloka Day</b>		
Until 12:48AM Mon					<b>Chaitra*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland Sun 8 Sutra 15	
Kumbha Rasi: 9.13	Tithi 25 – 26	<b>Gulika</b>	1:25PM – 3:16PM	<b>Shatabhishak</b> <b>Until 3:34AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:11AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama	9:43AM – 11:34AM	Brahma <b>Until 11:57PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM		Moon 4 - Phase 3	
Creative Work	Siddha Yoga	294583469 <b>Rahu</b>	6:01AM – 7:52AM	Bava <b>Until 6:46AM Tue</b>	<b>Nataraja:</b> Clear			2nd Phase	
Until 3:34AM Tue				<b>Dashami</b> <b>Until 5:36PM</b>	Moon – Purple		<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga					<b>Chaitra*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>3</b>		<b>Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Warsaw, Poland Sun 9 Sutra 16	
Kumbha Rasi: 21.07	Tithi 26	<b>Gulika</b>	11:34AM – 1:25PM	<b>Purvaproshtapada*</b> <b>Until 6:21AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:09AM		Vikarin 5121	
		Yama	7:51AM – 9:42AM	Indra <b>Until 12:39AM Wed</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM		Moon 4 - Phase 3	
		214583469 <b>Rahu</b>	3:16PM – 5:08PM	Bava <b>Until 6:46AM</b>	<b>Nataraja:</b> Clear			2nd Phase	
Routine Work	Marana Yoga			<b>Ekadashi*</b> <b>Until 7:49PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
Until 6:21AM Wed					<b>Chaitra*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Warsaw, Poland Sun 10 Sutra 17	
Meena Rasi: 3.08	Tithi 27	<b>Gulika</b>	9:42AM – 11:34AM	<b>Purvaproshtapada*</b> <b>Until 6:21AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:07AM		Vikarin 5121	
		Yama	5:58AM – 7:50AM	Vaidhriti* <b>Until 12:59AM Thu</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM		Moon 4 - Phase 3	
		214583469 <b>Rahu</b>	11:34AM – 1:25PM	Kaulava <b>Until 8:47AM</b>	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi*</b> <b>Until 9:36PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
Until 6:21AM					<b>Chaitra*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Warsaw, Poland Sun 11 Sutra 18	
Meena Rasi: 15.22	Tithi 28	<b>Gulika</b>	7:49AM – 9:41AM	<b>Uttaraproshtapada</b> <b>Until 8:31AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:05AM		Vikarin 5121	
		Yama	4:05AM – 5:57AM	Vishkambha* <b>Until 12:56AM Fri</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM		Moon 4 - Phase 3	
		215583469 <b>Rahu</b>	1:26PM – 3:18PM	Gara <b>Until 10:19AM</b>	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi*</b> <b>Until 10:52PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
Until 10:01AM					<b>Chaitra*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga									

*Pradosha Vrata (Fasting)*

<b>6</b>		<b>Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Warsaw, Poland Sun 12 Sutra 19	
Meena Rasi: 27.48	Tithi 29	<b>Gulika</b>	5:55AM – 7:48AM	<b>Revati</b> <b>Until 10:01AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:03AM		Vikarin 5121	
		Yama	3:19PM – 5:11PM	Priti <b>Until 12:28AM Sat</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:04PM		Moon 4 - Phase 3	
		215583469 <b>Rahu</b>	9:41AM – 11:33AM	Visti <b>Until 11:19AM</b>	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> <b>Until 11:36PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
Until 10:01AM					<b>Chaitra*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Amrita Yoga									

<b>Retreat Star</b>		<b>Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Warsaw, Poland Sun 13 Sutra 20	
Mesha Rasi: 10.29	Tithi 30	<b>Gulika</b>	4:01AM – 5:54AM	<b>Ashvini</b> <b>Until 11:18AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:01AM		Vikarin 5121	
		Yama	1:26PM – 3:19PM	Ayushman <b>Until 11:34PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:06PM		Moon 4 - Phase 3	
		225583469 <b>Rahu</b>	7:47AM – 9:40AM	Catuspada <b>Until 11:47AM</b>	<b>Nataraja:</b> Clear			Amavasya	
Creative Work	Siddha Yoga			<b>Amavasya*</b> <b>Until 11:47PM</b>	Moon – White		<b>Bhuloka Day</b>		
Until 11:55AM					<b>Chaitra*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Warsaw, Poland Sun 14 Sutra 21	
Mesha Rasi: 23.26	Tithi 1	<b>Gulika</b>	3:20PM – 5:14PM	<b>Bharani</b> <b>Until 11:55AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:59AM		Vikarin 5121	
		Yama	11:33AM – 1:27PM	Saubhagya <b>Until 10:18PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:07PM		Moon 4 - Phase 3	
		225583469 <b>Rahu</b>	5:14PM – 7:07PM	Kintughna <b>Until 11:43AM</b>	<b>Nataraja:</b> Clear			Prathama	
Routine Work	Prabalarishta Yoga			<b>Prathama*</b> <b>Until 11:30PM</b>	Moon – White		<b>Bhuloka Day</b>		
Until 11:55AM					<b>Vaisaka*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga									

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Warsaw, Poland	
<b>1</b>		Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15	Sutra 22
Vrishabha Rasi: 7	Tithi 2	<b>Gulika</b> 1:27PM – 3:21PM	<b>Krittika</b> Until 11:58AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:57AM
<b>Family Home Evening</b>	225583469	<b>Yama</b> 9:39AM – 11:33AM	Sobhana Until 8:43PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:09PM
Routine Work Marana Yoga		<b>Rahu</b> 5:51AM – 7:45AM	Balava Until 11:13AM	<b>Nataraja:</b> Clear	Moon 4 - Phase 4
Until 11:58AM			<b>Dvitiya</b> Until 10:49PM	Moon – White	3rd Phase
Then Creative Work - Amrita Yoga				<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Warsaw, Poland	
<b>2</b>		Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 16	Sutra 23
Vrishabha Rasi: 19.59	Tithi 3	<b>Gulika</b> 11:33AM – 1:27PM	<b>Rohini</b> Until 11:56AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 3:55AM
	235583469	<b>Yama</b> 7:44AM – 9:39AM	Athiganda* Until 6:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:11PM
Creative Work Amrita Yoga		<b>Rahu</b> 3:22PM – 5:16PM	Taitila Until 10:21AM	<b>Nataraja:</b> Clear	Moon 4 - Phase 4
Until 11:56AM			<b>Tritiya</b> Until 9:46PM	Moon – Yellow	3rd Phase
Then Creative Work - Siddha Yoga		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		Warsaw, Poland	
<b>3</b>		Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Vishti* Karana Chaturthyam Titau		Sun 17	Sutra 24
Mithuna Rasi: 3.33	Tithi 4	<b>Gulika</b> 9:38AM – 11:33AM	<b>Mrigashira</b> Until 11:27AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 3:54AM
	235583469	<b>Yama</b> 5:48AM – 7:43AM	Sukarma Until 4:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:12PM
Creative Work Siddha Yoga		<b>Rahu</b> 11:33AM – 1:28PM	Vanija Until 9:10AM	<b>Nataraja:</b> Clear	Moon 4 - Phase 4
Until 11:56AM			<b>Chaturthi*</b> Until 8:27PM	Moon – Yellow	3rd Phase
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam		Warsaw, Poland	
<b>4</b>		Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18	Sutra 25
Mithuna Rasi: 17.16	Tithi 5	<b>Gulika</b> 7:42AM – 9:38AM	<b>Ardra</b> Until 10:35AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 3:52AM
	235583469	<b>Yama</b> 3:52AM – 5:47AM	Dhriti Until 2:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:14PM
Routine Work Marana Yoga		<b>Rahu</b> 1:28PM – 3:23PM	Bava Until 7:43AM	<b>Nataraja:</b> Clear	Moon 4 - Phase 4
Until 10:35AM			<b>Panchami</b> Until 6:54PM	Moon – Yellow	3rd Phase
Then Creative Work - Amrita Yoga				<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam		Warsaw, Poland	
<b>5</b>		Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau		Sun 19	Sutra 26
Kataka Rasi: 1.07	Tithi 6 – 7	<b>Gulika</b> 5:46AM – 7:42AM	<b>Punarvasu</b> Until 9:48AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:50AM
	245583469	<b>Yama</b> 3:24PM – 5:20PM	Shula* Until 11:59AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:15PM
Creative Work Siddha Yoga		<b>Rahu</b> 9:37AM – 11:33AM	Kaulava Until 6:04AM	<b>Nataraja:</b> Clear	Moon 4 - Phase 4
Until 9:48AM			<b>Shashthi*</b> Until 5:09PM	Moon – Blue	3rd Phase
Then Routine Work - Marana Yoga				<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam		Warsaw, Poland	
<b>6</b>		Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Vishti* Karana Saplamyam/Ashtamyam Titau		Sun 20	Sutra 27
Kataka Rasi: 15.05	Tithi 7 – 8	<b>Gulika</b> 3:49AM – 5:45AM	<b>Pushya</b> Until 8:40AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:49AM
	245583469	<b>Yama</b> 1:29PM – 3:25PM	Ganda* Until 9:22AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:17PM
Creative Work Siddha Yoga		<b>Rahu</b> 7:41AM – 9:37AM	Vishti Until 2:11AM Sun	<b>Nataraja:</b> Clear	Moon 4 - Phase 4
Until 8:40AM			<b>Saptami</b> Until 3:12PM	Moon – Blue	3rd Phase
Then Routine Work - Marana Yoga				<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Warsaw, Poland	
<b>Retreat Star</b>		Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21	Sutra 28
Kataka Rasi: 29.11	Tithi 8 – 9	<b>Gulika</b> 3:26PM – 5:22PM	<b>Ashlesha*</b> Until 7:14AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:47AM
	246583469	<b>Yama</b> 11:33AM – 1:29PM	Vridhhi Until 6:38AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:19PM
Creative Work Siddha Yoga		<b>Rahu</b> 5:22PM – 7:19PM	Balava Until 12:00AM Mon	<b>Nataraja:</b> Clear	Moon 4 - Phase 4
Until 7:14AM			<b>Ashtami*</b> Until 1:05PM	Moon – Blue	Ashtami
Then Routine Work - Marana Yoga		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>


<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Warsaw, Poland	
<b>Retreat Star</b>		Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22	Sutra 29
Simha Rasi: 13.22	Tithi 9 – 10	<b>Gulika</b> 1:30PM – 3:26PM	<b>Purvaphalguni</b> Until 4:22AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:45AM
<b>Family Home Evening</b>	256583469	<b>Yama</b> 9:36AM – 11:33AM	Vyaghata* Until 12:46AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:20PM
Creative Work Siddha Yoga		<b>Rahu</b> 5:42AM – 7:39AM	Taitila Until 9:41PM	<b>Nataraja:</b> Clear	Moon 4 - Phase 4
Until 4:22AM Tue			<b>Navami*</b> Until 10:50AM	Moon – Red	Navami
Then Creative Work - Amrita Yoga				<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Warsaw, Poland Sun 23 Sutra 30
Simha Rasi: 27.38	Tithi 10 – 11	<b>Gulika</b>	11:33AM – 1:30PM	<b>Uttaraphalguni</b> Until 2:37AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	Vikarin 5121	
		Yama	7:38AM – 9:35AM	Harshana Until 9:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	3:27PM – 5:25PM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami</b> Until 8:29AM	Moon – Red		<b>Bhuloka Day</b>	
Until 2:37AM Wed					<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland Sun 24 Sutra 31
Kanya Rasi: 11.55	Tithi 11 – 12	<b>Gulika</b>	9:35AM – 11:33AM	<b>Hasta</b> Until 1:11AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:42AM	Vikarin 5121	
		Yama	5:40AM – 7:37AM	Vajra* Until 6:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	11:33AM – 1:30PM	Balava Until 3:45AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga			<b>Ekadashi</b> Until 6:06AM	Moon – Green		<b>Devaloka Day</b>	
Until 1:11AM Thu					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Warsaw, Poland Sun 25 Sutra 32
Kanya Rasi: 26.11	Tithi 13	<b>Gulika</b>	7:37AM – 9:35AM	<b>Chitra</b> Until 11:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:41AM	Vikarin 5121	
		Yama	3:41AM – 5:39AM	Siddhi Until 3:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	1:31PM – 3:29PM	Kaulava Until 2:39PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi</b> Until 1:34AM Fri	Moon – Green		<b>Devaloka Day</b>	
Until 11:45PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>				

<b>4</b>		<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Warsaw, Poland Sun 26 Sutra 33
Tula Rasi: 10.19	Tithi 14	<b>Gulika</b>	5:37AM – 7:36AM	<b>Svati</b> Until 10:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:39AM	Vikarin 5121	
		Yama	3:30PM – 5:28PM	Vyatipata* Until 1:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	9:34AM – 11:33AM	Gara Until 12:35PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 11:39PM	Moon – Green		<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			

		<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Warsaw, Poland Sun 27 Sutra 34
<b>Copper Retreat Star</b>		<b>Gulika</b>	3:38AM – 5:36AM	<b>Vishakha</b> Until 9:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:38AM	Vikarin 5121	
Tula Rasi: 24.17	Tithi 15	Yama	1:32PM – 3:30PM	Variyan Until 10:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 5	
		276583469 <b>Rahu</b>	7:35AM – 9:34AM	Visti Until 10:52AM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga			<b>Purnima*</b> Until 10:09PM	Moon – Orange		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Sunday, May 19, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Warsaw, Poland Sutra 35
Vrischika Rasi: 7.58	Tithi 16	<b>Gulika</b>	3:31PM – 5:30PM	<b>Anuradha</b> Until 9:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:36AM	Vikarin 5121	
		Yama	11:33AM – 1:32PM	Parigha* Until 8:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 5	
		277583469 <b>Rahu</b>	5:30PM – 7:29PM	Balava Until 9:36AM	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga			<b>Prathama*</b> Until 9:10PM	Moon – Orange		<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 21.19 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 1:32PM – 3:32PM  
**Yama** 9:33AM – 11:33AM  
**Rahu** 5:34AM – 7:34AM

**Jyeshtha\* Until 9:47PM**  
Shiva Until 6:56AM  
Taitila Until 8:56AM  
**Dvitiya Until 8:49PM**

Warsaw, Poland  
Sun 1 Sutra 36  
Vikarin 5121

**Ganesha:** Yellow *Sunrise:* 3:35AM  
**Muruqa:** Yellow *Sunset:* 7:31PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

**Vaisaka-Vaikasi**

Moon 5 - Phase 6  
1st Phase

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 4.19 Tithi 18  
Creative Work Amrita Yoga  
Until 10:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 11:33AM – 1:33PM  
**Yama** 7:33AM – 9:33AM  
**Rahu** 3:33PM – 5:32PM

**Mula\* Until 10:59PM**  
Sadhya Until 5:18AM Wed  
Vanija Until 8:55AM  
**Tritiya Until 9:10PM**

Warsaw, Poland  
Sun 2 Sutra 37  
Vikarin 5121

**Ganesha:** Red *Sunrise:* 3:33AM  
**Muruqa:** Yellow *Sunset:* 7:32PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**

**Vaisaka-Vaikasi**

Moon 5 - Phase 6  
1st Phase

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 16.59 Tithi 19  
Creative Work Amrita Yoga  
Until 12:43AM Thu  
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 9:33AM – 11:33AM  
**Yama** 5:32AM – 7:33AM  
**Rahu** 11:33AM – 1:33PM

**Purvashadha\* Until 12:43AM Thu**  
Subha Until 5:19AM Thu  
Bava Until 9:37AM  
**Chaturthi\* Until 10:12PM**

Warsaw, Poland  
Sun 3 Sutra 38  
Vikarin 5121

**Ganesha:** Red *Sunrise:* 3:32AM  
**Muruqa:** Yellow *Sunset:* 7:34PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**

**Vaisaka-Vaikasi**

Moon 5 - Phase 6  
1st Phase

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 29.21 Tithi 20  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 7:32AM – 9:32AM  
**Yama** 3:31AM – 5:31AM  
**Rahu** 1:34PM – 3:34PM

**Uttarashadha Until 2:52AM Fri**  
Sukla Until 5:45AM Fri  
Kaulava Until 10:59AM  
**Panchami Until 11:51PM**

Warsaw, Poland  
Sun 4 Sutra 39  
Vikarin 5121

**Ganesha:** Red *Sunrise:* 3:31AM  
**Muruqa:** Yellow *Sunset:* 7:35PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**

**Vaisaka-Vaikasi**

Moon 5 - Phase 6  
1st Phase

**4**

**Friday, May 24, 2019**

Makara Rasi: 11.29 Tithi 21  
Routine Work Marana Yoga  
Until 5:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 5:31AM – 7:31AM  
**Yama** 3:35PM – 5:36PM  
**Rahu** 9:32AM – 11:33AM

**Shravana Until 5:47AM Sat**  
Brahma Until 6:31AM Sat  
Gara Until 12:54PM  
**Shashthi\* Until 1:59AM Sat**

Warsaw, Poland  
Sun 5 Sutra 40  
Vikarin 5121

**Ganesha:** Green *Sunrise:* 3:30AM  
**Muruqa:** Yellow *Sunset:* 7:37PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Vaisaka-Vaikasi**

Moon 5 - Phase 6  
1st Phase

**5**

**Saturday, May 25, 2019**

Makara Rasi: 23.26 Tithi 22  
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika** 3:28AM – 5:30AM  
**Yama** 1:34PM – 3:36PM  
**Rahu** 7:31AM – 9:32AM

**Dhanishtha Until 8:44AM Sun**  
Brahma Until 6:31AM  
Visti Until 3:11PM  
**Saptami Until 4:22AM Sun**

Warsaw, Poland  
Sun 6 Sutra 41  
Vikarin 5121

**Ganesha:** Green *Sunrise:* 3:28AM  
**Muruqa:** Yellow *Sunset:* 7:38PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Vaisaka-Vaikasi**

Moon 5 - Phase 6  
1st Phase

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 5.18 Tithi 23  
Routine Work Marana Yoga  
Until 8:44AM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:36PM – 5:38PM  
**Yama** 11:33AM – 1:35PM  
**Rahu** 5:38PM – 7:39PM

**Dhanishtha Until 8:44AM**  
Indra Until 7:29AM  
Balava Until 5:37PM  
**Ashtami\* Until 6:47AM Mon**

Warsaw, Poland  
Sun 7 Sutra 42  
Vikarin 5121

**Ganesha:** Blue *Sunrise:* 3:27AM  
**Muruqa:** Yellow *Sunset:* 7:39PM  
**Nataraja:** Clear  
Moon – Purple

**Sivaloka Day**

**Vaisaka-Vaikasi**

Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 17.1 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:32AM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosanthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:35PM – 3:37PM  
**Yama** 9:32AM – 11:33AM  
**Rahu** 5:28AM – 7:30AM

**Shatabhishak Until 11:32AM**  
Vaidhriti\* Until 8:25AM  
Taitila Until 7:57PM  
**Ashtami\* Until 6:47AM**

Warsaw, Poland  
Sun 8 Sutra 43  
Vikarin 5121

**Ganesha:** Blue *Sunrise:* 3:26AM  
**Muruqa:** Yellow *Sunset:* 7:41PM  
**Nataraja:** Clear  
Moon – Purple

**Sivaloka Day**

**Vaisaka-Vaikasi**

Moon 5 - Phase 6  
Navami

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Warsaw, Poland Sun 9 Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	<b>Gulika</b> 11:33AM – 1:36PM	<b>Purvaproshtapada* Until 2:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:25AM	Vikarin 5121	
		Yama 7:29AM – 9:31AM	Vishkambha* Until 9:12AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 3:38PM – 5:40PM	Vanija Until 10:00PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Navami* Until 9:00AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:26PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Warsaw, Poland Sun 10 Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	<b>Gulika</b> 9:31AM – 11:34AM	<b>Uttaraproshtapada Until 4:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:24AM	Vikarin 5121	
		Yama 5:27AM – 7:29AM	Priti Until 9:43AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 11:34AM – 1:36PM	Bava Until 11:34PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 10:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 4:45PM				<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Warsaw, Poland Sun 11 Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	<b>Gulika</b> 7:28AM – 9:31AM	<b>Revati Until 6:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:23AM	Vikarin 5121	
		Yama 3:23AM – 5:26AM	Ayushman Until 9:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 1:36PM – 3:39PM	Kaulava Until 12:33AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 12:07PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:22PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Warsaw, Poland Sun 12 Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	<b>Gulika</b> 5:25AM – 7:28AM	<b>Ashvini Until 7:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:22AM	Vikarin 5121	
		Yama 3:40PM – 5:43PM	Saubhagya Until 9:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b> 9:31AM – 11:34AM	Gara Until 12:54AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 12:47PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 7:42PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Warsaw, Poland Sun 13 Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	<b>Gulika</b> 3:21AM – 5:25AM	<b>Bharani Until 8:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:21AM	Vikarin 5121	
		Yama 1:37PM – 3:40PM	Sobhana Until 8:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 7:28AM – 9:31AM	Visti Until 12:37AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 12:49PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 8:14PM				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>●</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Warsaw, Poland Sun 14 Sutra 49
<b>Retreat Star</b>		<b>Gulika</b> 3:41PM – 5:44PM	<b>Krittika Until 8:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:21AM	Vikarin 5121	
Vrishabha Rasi: 2.03	Tithi 29 – 30	Yama 11:34AM – 1:38PM	Athiganda* Until 7:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 5:44PM – 7:48PM	Catuspada Until 11:44PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:14PM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Warsaw, Poland Sun 15 Sutra 50
Vrishabha Rasi: 15.32	Tithi 30 – 1	<b>Gulika</b> 1:38PM – 3:42PM	<b>Rohini Until 7:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:20AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 9:31AM – 11:34AM	Dhriti Until 3:01AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b> 5:23AM – 7:27AM	Kintughna Until 10:22PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Amavasya* Until 11:05AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Warsaw, Poland Sun 16 Sutra 51 Vikarin 5121
339683461	<b>Gulika</b> 11:34AM – 1:38PM <b>Yama</b> 7:27AM – 9:31AM <b>Rahu</b> 3:42PM – 5:46PM	<b>Mrigashira</b> <b>Until 6:39PM</b> Shula* Until 12:28AM Wed Balava Until 8:35PM <b>Prathama* Until 9:30AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 3:19AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:50PM</i> <b>Nataraja:</b> Clear Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Creative Work Siddha Yoga Until 6:39PM Then Routine Work - Marana Yoga					

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Warsaw, Poland Sun 17 Sutra 52 Vikarin 5121
339683461	<b>Gulika</b> 9:31AM – 11:35AM <b>Yama</b> 5:22AM – 7:27AM <b>Rahu</b> 11:35AM – 1:39PM	<b>Ardra</b> <b>Until 5:14PM</b> Ganda* Until 9:42PM Taitila Until 6:31PM <b>Dvitiya Until 7:34AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 3:18AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:51PM</i> <b>Nataraja:</b> Yellow Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Creative Work Siddha Yoga					

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Warsaw, Poland Sun 18 Sutra 53 Vikarin 5121
349683461	<b>Gulika</b> 7:26AM – 9:31AM <b>Yama</b> 3:18AM – 5:22AM <b>Rahu</b> 1:39PM – 3:43PM	<b>Punarvasu</b> <b>Until 3:55PM</b> Vridhi Until 6:48PM Vanija Until 4:15PM <b>Chaturthi* Until 3:04AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise: 3:18AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:52PM</i> <b>Nataraja:</b> Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Creative Work Amrita Yoga					

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Warsaw, Poland Sun 19 Sutra 54 Vikarin 5121
349683461	<b>Gulika</b> 5:22AM – 7:26AM <b>Yama</b> 3:44PM – 5:48PM <b>Rahu</b> 9:31AM – 11:35AM	<b>Pushya</b> <b>Until 2:21PM</b> Dhruva Until 3:49PM Bava Until 1:54PM <b>Panchami Until 12:42AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 3:17AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:53PM</i> <b>Nataraja:</b> Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Routine Work Marana Yoga					

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Warsaw, Poland Sun 20 Sutra 55 Vikarin 5121
349683461	<b>Gulika</b> 3:17AM – 5:21AM <b>Yama</b> 1:40PM – 3:44PM <b>Rahu</b> 7:26AM – 9:31AM	<b>Ashlesha*</b> <b>Until 12:38PM</b> Vyaghata* Until 12:50PM Kaulava Until 11:32AM <b>Shashthi* Until 10:20PM</b>	<b>Ganesha:</b> White <i>Sunrise: 3:17AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:54PM</i> <b>Nataraja:</b> Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Routine Work Marana Yoga Until 12:38PM Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Warsaw, Poland Sun 21 Sutra 56 Vikarin 5121
351683461	<b>Gulika</b> 3:45PM – 5:50PM <b>Yama</b> 11:35AM – 1:40PM <b>Rahu</b> 5:50PM – 7:54PM	<b>Magha*</b> <b>Until 11:14AM</b> Harshana Until 9:53AM Gara Until 9:12AM <b>Saptami Until 8:03PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 3:16AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:54PM</i> <b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b>	Moon 5 - Phase 8 3rd Phase
Routine Work Marana Yoga Until 11:14AM Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Warsaw, Poland Sun 22 Sutra 57 Vikarin 5121
351683461	<b>Gulika</b> 1:40PM – 3:45PM <b>Yama</b> 9:31AM – 11:35AM <b>Rahu</b> 5:21AM – 7:26AM	<b>Purvaphalguni</b> <b>Until 9:48AM</b> Vajra* Until 7:00AM Visti Until 6:58AM <b>Ashtami* Until 5:52PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 3:16AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:55PM</i> <b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b>	Moon 5 - Phase 8 Ashtami
Simha Rasi: 24.25 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga					


<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Warsaw, Poland Sun 23 Sutra 58 Vikarin 5121
351683461	<b>Gulika</b> 11:36AM – 1:41PM <b>Yama</b> 7:26AM – 9:31AM <b>Rahu</b> 3:46PM – 5:51PM	<b>Uttaraphalguni</b> <b>Until 8:21AM</b> Vyatipata* Until 1:36AM Wed Taitila Until 2:53AM Wed <b>Navami* Until 3:49PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 3:15AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:56PM</i> <b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b>	Moon 5 - Phase 8 Navami
Creative Work Amrita Yoga Until 8:21AM Then Creative Work - Siddha Yoga					

<b>1</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 24 Sutra 59	
Kanya Rasi: 22.32	Tithi 10 – 11	<b>Gulika</b> 9:31AM – 11:36AM	<b>Hasta</b> <b>Until 7:21AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:15AM	Vikarin 5121	
		Yama 5:20AM – 7:26AM	Variyan <b>Until 11:07PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:57PM	Moon 5 - Phase 9	
	361683461	<b>Rahu</b> 11:36AM – 1:41PM	Varija <b>Until 1:08AM Thu</b>	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 1:58PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 7:21AM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Warsaw, Poland Sun 25 Sutra 60	
Tula Rasi: 6.25	Tithi 11 – 12	<b>Gulika</b> 7:25AM – 9:31AM	<b>Chitra</b> <b>Until 6:25AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:15AM	Vikarin 5121	
		Yama 3:15AM – 5:20AM	Parigha* <b>Until 8:51PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:57PM	Moon 5 - Phase 9	
	361683461	<b>Rahu</b> 1:41PM – 3:47PM	Bava <b>Until 11:39PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 12:20PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 6:25AM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Warsaw, Poland Sun 26 Sutra 61	
Tula Rasi: 20.07	Tithi 12 – 13	<b>Gulika</b> 5:20AM – 7:25AM	<b>Vishakha</b> <b>Until 5:27AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:15AM	Vikarin 5121	
		Yama 3:47PM – 5:52PM	Shiva <b>Until 6:52PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 9	
	371693461	<b>Rahu</b> 9:31AM – 11:36AM	Kaulava <b>Until 10:29PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 11:00AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 62	
Vrischika Rasi: 3.38	Tithi 13 – 14	<b>Gulika</b> 3:15AM – 5:20AM	<b>Anuradha</b> <b>Until 5:33AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:15AM	Vikarin 5121	
		Yama 1:42PM – 3:47PM	Siddha <b>Until 5:09PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 9	
	371793461	<b>Rahu</b> 7:25AM – 9:31AM	Gara <b>Until 9:43PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 10:01AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 5:33AM Sun				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Warsaw, Poland Sutra 63	
<b>Copper Retreat Star</b>							
Vrischika Rasi: 16.54	Tithi 14 – 15	<b>Gulika</b> 3:48PM – 5:53PM	<b>Jyeshtha*</b> <b>Until 6:00AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:14AM	Vikarin 5121	
		Yama 11:37AM – 1:42PM	Sadhya <b>Until 3:49PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 9	
	371793461	<b>Rahu</b> 5:53PM – 7:59PM	Visti <b>Until 9:25PM</b>	<b>Nataraja:</b> Yellow		Purnima	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 9:29AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 6:00AM Mon		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>Monday, June 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Warsaw, Poland Sutra 64	
Vrischika Rasi: 29.55	Tithi 15 – 16	<b>Gulika</b> 1:42PM – 3:48PM	<b>Jyeshtha*</b> <b>Until 6:00AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:14AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 9:31AM – 11:37AM	Subha <b>Until 2:55PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 9	
	371793461	<b>Rahu</b> 5:20AM – 7:26AM	Balava <b>Until 9:39PM</b>	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 9:27AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 6:00AM				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang





**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Warsaw, Poland  
Sutra 65

Dhanus Rasi: 12.39 Tithi 16 – 17

**Gulika** 11:37AM – 1:43PM  
Yama 7:26AM – 9:31AM  
381793461 **Rahu** 3:48PM – 5:54PM

**Mula\* Until 7:16AM**  
Sukla Until 2:26PM  
Taitila Until 10:28PM  
**Prathama\* Until 9:58AM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:14AM  
**Sunset:** 8:00PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

Until 7:16AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Warsaw, Poland  
Sun 1 Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

**Gulika** 9:32AM – 11:37AM  
Yama 5:20AM – 7:26AM  
382793461 **Rahu** 11:37AM – 1:43PM

**Purvashadha\* Until 8:57AM**  
Brahma Until 2:24PM  
Vanija Until 11:49PM  
**Dvitiya Until 11:03AM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:14AM  
**Sunset:** 8:00PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Trilya/Chaturthyam Titau

Warsaw, Poland  
Sun 2 Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

**Gulika** 7:26AM – 9:32AM  
Yama 3:15AM – 5:20AM  
382793461 **Rahu** 1:43PM – 3:49PM

**Uttarashadha Until 10:59AM**  
Indra Until 2:47PM  
Bava Until 1:40AM Fri  
**Tritya Until 12:40PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:15AM  
**Sunset:** 8:00PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 10:59AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bala\*/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland  
Sun 3 Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

**Gulika** 5:20AM – 7:26AM  
Yama 3:49PM – 5:55PM  
392793461 **Rahu** 9:32AM – 11:38AM

**Shravana Until 1:46PM**  
Vaidhriti\* Until 3:27PM  
Kaulava Until 3:51AM Sat  
**Chaturthi\* Until 2:42PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:15AM  
**Sunset:** 8:01PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 1:46PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland  
Sun 4 Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

**Gulika** 3:15AM – 5:21AM  
Yama 1:44PM – 3:49PM  
392793461 **Rahu** 7:26AM – 9:32AM

**Dhanishtha Until 4:39PM**  
Vishkambha\* Until 4:21PM  
Gara Until 6:13AM Sun  
**Panchami Until 5:00PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:15AM  
**Sunset:** 8:01PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Warsaw, Poland  
Sun 5 Sutra 70

Kumbha Rasi: 13.16 Tithi 21

**Gulika** 3:50PM – 5:55PM  
Yama 11:38AM – 1:44PM  
392793461 **Rahu** 5:55PM – 8:01PM

**Shatabhishak Until 7:27PM**  
Priti Until 5:20PM  
Gara Until 6:13AM  
**Shashthi\* Until 7:24PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:15AM  
**Sunset:** 8:01PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Warsaw, Poland  
Sun 6 Sutra 71

Kumbha Rasi: 25.08 Tithi 22

**Family Home Evening**

312793461

**Gulika** 1:44PM – 3:50PM  
Yama 9:33AM – 11:38AM  
**Rahu** 5:21AM – 7:27AM

**Purvaproshtapada\* Until 10:29PM**  
Ayushman Until 6:12PM  
Visti Until 8:35AM  
**Saptami Until 9:41PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:16AM  
**Sunset:** 8:01PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 10:29PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**D**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Warsaw, Poland  
Sun 7 Sutra 72

Meena Rasi: 7.05 Tithi 23

312793461

**Gulika** 11:38AM – 1:44PM  
Yama 7:27AM – 9:33AM  
**Rahu** 3:50PM – 5:55PM

**Uttaraproshtapada Until 1:03AM Wed**  
Saubhagya Until 6:53PM  
Balava Until 10:45AM  
**Ashtami\* Until 11:40PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:16AM  
**Sunset:** 8:01PM

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga

Until 1:03AM Wed

Then Routine Work - Marana Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Warsaw, Poland  
Sun 8 Sutra 73

Meena Rasi: 19.1 Tithi 24

312793461

**Gulika** 9:33AM – 11:39AM  
Yama 5:22AM – 7:27AM  
**Rahu** 11:39AM – 1:44PM

**Revati Until 2:59AM Thu**  
Sobhana Until 7:14PM  
Taitila Until 12:31PM  
**Navami\* Until 1:10AM Thu**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:16AM  
**Sunset:** 8:01PM

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

Until 2:59AM Thu

Then Creative Work - Amrita Yoga

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Warsaw, Poland Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	Gulika 7:28AM – 9:33AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 3:17AM		Vikarin 5121	
		Yama 3:17AM – 5:22AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 8:01PM		Moon 6 - Phase 11	
		322793461 Rahu 1:44PM – 3:50PM	Vanija Until 1:43PM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White				Devaloka Day
Until 4:38AM Fri				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau			Warsaw, Poland Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	Gulika 5:23AM – 7:28AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 3:17AM		Vikarin 5121	
		Yama 3:50PM – 5:55PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 8:01PM		Moon 6 - Phase 11	
		322793461 Rahu 9:34AM – 11:39AM	Bava Until 2:16PM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Bkashi* Until 2:15AM Sat	Moon – White				Devaloka Day
Until 5:26AM Sat				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Warsaw, Poland Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	Gulika 3:18AM – 5:23AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 3:18AM		Vikarin 5121	
		Yama 1:45PM – 3:50PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 8:01PM		Moon 6 - Phase 11	
		322793461 Rahu 7:29AM – 9:34AM	Kaulava Until 2:06PM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White				Devaloka Day
Until 5:22AM Sun				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			Warsaw, Poland Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	Gulika 3:50PM – 5:55PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 3:18AM		Vikarin 5121	
		Yama 11:39AM – 1:45PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 8:00PM		Moon 6 - Phase 11	
		322793461 Rahu 5:55PM – 8:00PM	Gara Until 1:12PM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow				Devaloka Day
Until 4:56AM Mon				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
								Pradosha Vrata (Fasting)
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Warsaw, Poland Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	Gulika 1:45PM – 3:50PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 3:19AM		Vikarin 5121	
Family Home Evening		Yama 9:35AM – 11:40AM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 8:00PM		Moon 6 - Phase 11	
		322793461 Rahu 5:24AM – 7:29AM	Visti* Until 11:39AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Yellow				Devaloka Day
Until 3:46AM Tue				Jyeshtha-Ani				
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Warsaw, Poland Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	Gulika 11:40AM – 1:45PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 3:20AM		Vikarin 5121	
		Yama 7:30AM – 9:35AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 8:00PM		Moon 6 - Phase 11	
		322793461 Rahu 3:50PM – 5:55PM	Catuspada Until 9:33AM	Nataraja: Yellow			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow				Devaloka Day
Until 1:59AM Wed				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau			Warsaw, Poland Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 9:35AM – 11:40AM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 3:21AM		Vikarin 5121	
		Yama 5:25AM – 7:30AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 7:59PM		Moon 6 - Phase 11	
		343793461 Rahu 11:40AM – 1:45PM	Kintughna Until 7:00AM	Nataraja: Yellow			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue				Sivaloka Day
Until 12:08AM Thu				Ashada-Ani				
Then Creative Work - Amrita Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Warsaw, Poland Sun 16 Sutra 81
Kataka Rasi: 6.53	Tithi 2 – 3	343793461	<b>Gulika</b> 7:31AM – 9:35AM <b>Yama</b> 3:21AM – 5:26AM <b>Rahu</b> 1:45PM – 3:50PM	<b>Pushya Until 9:58PM</b> Harshana Until 12:19AM Fri Taitila Until 1:10AM Fri <b>Dvitiya Until 2:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:21AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:59PM <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada-Ani</b>
Creative Work	Amrita Yoga				<b>Sivaloka Day</b>
Until 9:58PM					
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Warsaw, Poland Sun 17 Sutra 82
Kataka Rasi: 21.34	Tithi 3 – 4	343793461	<b>Gulika</b> 5:27AM – 7:31AM <b>Yama</b> 3:49PM – 5:54PM <b>Rahu</b> 9:36AM – 11:40AM	<b>Ashlesha* Until 7:37PM</b> Vajra* Until 8:45PM Vanija Until 10:08PM <b>Tritiya Until 11:37AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:22AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:59PM <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada-Ani</b>
Routine Work	Marana Yoga				<b>Sivaloka Day</b>

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Warsaw, Poland Sun 18 Sutra 83
Simha Rasi: 6.15	Tithi 4 – 5	353793461	<b>Gulika</b> 3:23AM – 5:27AM <b>Yama</b> 1:45PM – 3:49PM <b>Rahu</b> 7:32AM – 9:36AM	<b>Magha* Until 5:37PM</b> Siddhi Until 5:17PM Bava Until 7:11PM <b>Chaturthi* Until 8:37AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 3:23AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:58PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashada-Ani</b>
Creative Work	Amrita Yoga				<b>Subha Sivaloka Day</b>
Until 5:37PM					
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau	Warsaw, Poland Sun 19 Sutra 84
Simha Rasi: 20.5	Tithi 6	453793461	<b>Gulika</b> 3:49PM – 5:53PM <b>Yama</b> 11:41AM – 1:45PM <b>Rahu</b> 5:53PM – 7:57PM	<b>Purvaphalguni Until 3:40PM</b> Vyatipata* Until 1:59PM Kaulava Until 4:27PM <b>Shashthi* Until 3:10AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:24AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:57PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashada-Ani</b>
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>
Until 3:40PM					
Then Creative Work - Amrita Yoga					

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau	Warsaw, Poland Sun 20 Sutra 85
Kanya Rasi: 5.14	Tithi 7	453793461	<b>Gulika</b> 1:45PM – 3:49PM <b>Yama</b> 9:37AM – 11:41AM <b>Rahu</b> 5:29AM – 7:33AM	<b>Uttaraphalguni Until 1:52PM</b> Variyan Until 10:53AM Gara Until 2:00PM <b>Saptami Until 12:53AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:25AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:57PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashada-Ani</b>
Family Home Evening					<b>Sivaloka Day</b>
Creative Work	Siddha Yoga				
			<b>Chidambaram Abhishekam</b>		

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau	Warsaw, Poland Sun 21 Sutra 86
Kanya Rasi: 19.24	Tithi 8	463793461	<b>Gulika</b> 11:41AM – 1:45PM <b>Yama</b> 7:33AM – 9:37AM <b>Rahu</b> 3:48PM – 5:52PM	<b>Hasta Until 12:43PM</b> Parigha* Until 8:06AM Visti Until 11:54AM <b>Ashtami* Until 11:00PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 3:26AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:56PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashada-Ani</b>
Creative Work	Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau	Warsaw, Poland Sun 22 Sutra 87
Tula Rasi: 3.19	Tithi 9	463893461	<b>Gulika</b> 9:38AM – 11:41AM <b>Yama</b> 5:30AM – 7:34AM <b>Rahu</b> 11:41AM – 1:45PM	<b>Chitra Until 11:50AM</b> Siddha Until 3:32AM Thu Balava Until 10:14AM <b>Navami* Until 9:32PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:27AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:55PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashada-Ani</b>
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Warsaw, Poland	
			Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 88	
Tula Rasi: 16.58	Tithi 10		<b>Gulika</b> 7:35AM – 9:38AM	<b>Svati</b> Until 11:15AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:28AM	Vikarin 5121	
			Yama 3:28AM – 5:31AM	Sadhya Until 1:48AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 13	
		463893461	<b>Rahu</b> 1:44PM – 3:48PM	Taitila Until 9:00AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami</b> Until 8:32PM	Moon – Green		<b>Sivaloka Day</b>	
Until 11:15AM					<b>Ashada•Ani</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Warsaw, Poland	
			Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 89	
Virschika Rasi: 0.2	Tithi 11		<b>Gulika</b> 5:32AM – 7:35AM	<b>Vishakha</b> Until 11:25AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:29AM	Vikarin 5121	
			Yama 3:47PM – 5:50PM	Subha Until 12:28AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 13	
		473893461	<b>Rahu</b> 9:38AM – 11:41AM	Vanija Until 8:13AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi</b> Until 8:00PM	Moon – Orange		<b>Devaloka Day</b>	
					<b>Ashada•Ani</b>			

<b>3</b>	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Warsaw, Poland	
			Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 90	
Virschika Rasi: 13.28	Tithi 12		<b>Gulika</b> 3:30AM – 5:33AM	<b>Anuradha</b> Until 11:54AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:30AM	Vikarin 5121	
			Yama 1:44PM – 3:47PM	Sukla Until 11:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 13	
		473893461	<b>Rahu</b> 7:36AM – 9:39AM	Bava Until 7:56AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi</b> Until 7:56PM	Moon – Orange		<b>Devaloka Day</b>	
					<b>Ashada•Ani</b>			

<b>4</b>	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Warsaw, Poland	
			Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 91	
Virschika Rasi: 26.2	Tithi 13		<b>Gulika</b> 3:47PM – 5:49PM	<b>Jyeshtha*</b> Until 12:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:31AM	Vikarin 5121	
			Yama 11:42AM – 1:44PM	Brahma Until 10:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 13	
		473893461	<b>Rahu</b> 5:49PM – 7:52PM	Kaulava Until 8:07AM	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga			<b>Trayodashi</b> Until 8:22PM	Moon – Orange		<b>Devaloka Day</b>	
Until 12:43PM					<b>Ashada•Ani</b>			
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>			

<b>5</b>	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Warsaw, Poland	
			Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 92	
Dhanus Rasi: 9	Tithi 14		<b>Gulika</b> 1:44PM – 3:46PM	<b>Mula*</b> Until 2:18PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:33AM	Vikarin 5121	
<b>Family Home Evening</b>			Yama 9:39AM – 11:42AM	Indra Until 10:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 13	
		483893461	<b>Rahu</b> 5:35AM – 7:37AM	Gara Until 8:47AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 9:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 2:18PM					<b>Ashada•Ani</b>			
Then Routine Work - Marana Yoga								

	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Warsaw, Poland	
			Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Sun 28 Sutra 93	
Dhanus Rasi: 21.26	Tithi 15		<b>Gulika</b> 11:42AM – 1:44PM	<b>Purvashadha*</b> Until 4:10PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:34AM	Vikarin 5121	
			Yama 7:38AM – 9:40AM	Vaidhriti* Until 10:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 13	
		483893461	<b>Rahu</b> 3:46PM – 5:48PM	Visti Until 9:54AM	<b>Nataraja:</b> Yellow		Purnima	
Creative Work	Siddha Yoga			<b>Purnima*</b> Until 10:37PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 4:10PM					<b>Ashada•Adi</b>			
Then Routine Work - Prabalarishta Yoga			<b>Partial Lunar Eclipse</b>					
			<b>Satguru Purnima</b>					

<b>6</b>	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Warsaw, Poland	
			Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Sun 29 Sutra 94	
Makara Rasi: 3.41	Tithi 16		<b>Gulika</b> 9:40AM – 11:42AM	<b>Uttarashadha</b> Until 6:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:35AM	Vikarin 5121	
			Yama 5:37AM – 7:38AM	Vishkambha* Until 11:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13	
		484893462	<b>Rahu</b> 11:42AM – 1:43PM	Balava Until 11:28AM	<b>Nataraja:</b> White		Prathama	
Creative Work	Amrita Yoga			<b>Prathama*</b> Until 12:23AM Thu	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 6:18PM					<b>Ashada•Adi</b>			
Then Creative Work - Siddha Yoga								



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 15.47 Tithi 17  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 7:39AM - 9:40AM  
Yama 3:36AM - 5:38AM  
Rahu 1:43PM - 3:45PM  
Shravana Until 9:05PM  
Priti Until 11:57PM  
Taitila Until 1:24PM  
Dvitiya Until 2:28AM Fri

Warsaw, Poland Sun 1 Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:36AM  
Muruga: Blue Sunset: 7:47PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Makara Rasi: 27.46 Tithi 18  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 5:39AM - 7:40AM  
Yama 3:44PM - 5:45PM  
Rahu 9:41AM - 11:42AM  
Dhanishtha Until 11:57PM  
Ayushman Until 12:49AM Sat  
Vanija Until 3:37PM  
Tritiya Until 4:47AM Sat

Warsaw, Poland Sun 2 Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:38AM  
Muruga: Blue Sunset: 7:46PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 9.39 Tithi 19  
Creative Work Amrita Yoga  
Until 2:45AM Sun  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau  
Gulika 3:39AM - 5:40AM  
Yama 1:43PM - 3:43PM  
Rahu 7:40AM - 9:41AM  
Shatabhishak Until 2:45AM Sun  
Saubhagya Until 1:48AM Sun  
Bava Until 6:00PM  
Chaturthi\* Until 7:12AM Sun

Warsaw, Poland Sun 3 Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:39AM  
Muruga: Blue Sunset: 7:45PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 21.31 Tithi 19 - 20  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
Gulika 3:43PM - 5:43PM  
Yama 11:42AM - 1:42PM  
Rahu 5:43PM - 7:44PM  
Purvaproshtapada\* Until 5:53AM Mon  
Sobhana Until 2:46AM Mon  
Kaulava Until 8:25PM  
Chaturthi\* Until 7:12AM

Warsaw, Poland Sun 4 Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:40AM  
Muruga: Blue Sunset: 7:44PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 3.23 Tithi 20 - 21  
Family Home Evening  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
Gulika 1:42PM - 3:42PM  
Yama 9:42AM - 11:42AM  
Rahu 5:42AM - 7:42AM  
Uttaraproshtapada Until 8:40AM Tue  
Athiganda\* Until 3:35AM Tue  
Gara Until 10:42PM  
Panchami Until 9:34AM

Warsaw, Poland Sun 5 Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:42AM  
Muruga: Blue Sunset: 7:42PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 15.19 Tithi 21 - 22  
Creative Work Amrita Yoga  
Until 8:40AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 11:42AM - 1:42PM  
Yama 7:43AM - 9:42AM  
Rahu 3:42PM - 5:41PM  
Uttaraproshtapada Until 8:40AM  
Sukarma Until 4:11AM Wed  
Visti Until 12:42AM Wed  
Shashthi\* Until 11:44AM

Warsaw, Poland Sun 6 Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:43AM  
Muruga: Blue Sunset: 7:41PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Meena Rasi: 27.23 Tithi 22 - 23  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
Gulika 9:43AM - 11:42AM  
Yama 5:44AM - 7:43AM  
Rahu 11:42AM - 1:42PM  
Revati Until 10:57AM  
Dhriti Until 4:26AM Thu  
Balava Until 2:16AM Thu  
Saptami Until 1:32PM

Warsaw, Poland Sun 7 Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami  
Ganesha: Clear Sunrise: 3:45AM  
Muruga: Blue Sunset: 7:40PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**Thursday, July 25, 2019**  
**Retreat Star**

Mesha Rasi: 9.4 Tithi 23 - 24  
Creative Work Amrita Yoga  
Until 1:04PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
Gulika 7:44AM - 9:43AM  
Yama 3:46AM - 5:45AM  
Rahu 1:41PM - 3:40PM  
Ashvini Until 1:04PM  
Shula\* Until 4:10AM Fri  
Taitila Until 3:13AM Fri  
Ashtami\* Until 2:48PM

Warsaw, Poland Sun 8 Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami  
Ganesha: White Sunrise: 3:46AM  
Muruga: Blue Sunset: 7:38PM  
Nataraja: White  
Moon - White  
Subha Subha Sivaloka Day  
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Warsaw, Poland Sun 9 Sutra 103
Mesha Rasi: 22.11	Tithi 24 – 25	<b>Gulika</b> 5:46AM – 7:45AM	<b>Bharani</b> <b>Until 2:23PM</b>	<b>Ganesha:</b> White <i>Sunrise: 3:47AM</i>	Vikarin 5121
		Yama 3:39PM – 5:38PM	Ganda* <b>Until 3:22AM Sat</b>	<b>Muruqa:</b> Blue <i>Sunset: 7:37PM</i>	Moon 7 - Phase 15
Creative Work	Siddha Yoga	424893462 <b>Rahu</b> 9:43AM – 11:42AM	Vanija <b>Until 3:27AM Sat</b>	<b>Nataraja:</b> White	2nd Phase
			<b>Navami* Until 3:25PM</b>	Moon – White	Subha Subha Sivaloka Day
				<b>Ashada-Adi</b>	

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Warsaw, Poland Sun 10 Sutra 104
Vrishabha Rasi: 5.04	Tithi 25 – 26	<b>Gulika</b> 3:49AM – 5:47AM	<b>Krittika</b> <b>Until 2:49PM</b>	<b>Ganesha:</b> White <i>Sunrise: 3:49AM</i>	Vikarin 5121
		Yama 1:40PM – 3:39PM	Vriddhi <b>Until 1:57AM Sun</b>	<b>Muruqa:</b> Blue <i>Sunset: 7:35PM</i>	Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 <b>Rahu</b> 7:45AM – 9:44AM	Bava <b>Until 2:55AM Sun</b>	<b>Nataraja:</b> White	2nd Phase
			<b>Dashami</b> <b>Until 3:16PM</b>	Moon – White	Subha Subha Sivaloka Day
				<b>Ashada-Adi</b>	

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Warsaw, Poland Sun 11 Sutra 105
Vrishabha Rasi: 18.21	Tithi 26 – 27	<b>Gulika</b> 3:38PM – 5:36PM	<b>Rohini</b> <b>Until 2:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 3:50AM</i>	Vikarin 5121
		Yama 11:42AM – 1:40PM	Dhruva <b>Until 11:53PM</b>	<b>Muruqa:</b> Blue <i>Sunset: 7:34PM</i>	Moon 7 - Phase 15
Creative Work	Siddha Yoga	434893462 <b>Rahu</b> 5:36PM – 7:34PM	Kaulava <b>Until 1:36AM Mon</b>	<b>Nataraja:</b> White	2nd Phase
			<b>Ekadashi* Until 2:20PM</b>	Moon – Yellow	Subha Sivaloka Day
				<b>Ashada-Adi</b>	

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Warsaw, Poland Sun 12 Sutra 106
Mithuna Rasi: 2.04	Tithi 27 – 28	<b>Gulika</b> 1:40PM – 3:37PM	<b>Mrigashira</b> <b>Until 1:51PM</b>	<b>Ganesha:</b> White <i>Sunrise: 3:52AM</i>	Vikarin 5121
<b>Family Home Evening</b>		Yama 9:45AM – 11:42AM	Vyaghata* <b>Until 9:14PM</b>	<b>Muruqa:</b> Blue <i>Sunset: 7:32PM</i>	Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 <b>Rahu</b> 5:49AM – 7:47AM	Gara <b>Until 11:35PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 1:51PM			<b>Dvadashi* Until 12:39PM</b>	Moon – Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Warsaw, Poland Sun 13 Sutra 107
Mithuna Rasi: 16.14	Tithi 28 – 29	<b>Gulika</b> 11:42AM – 1:39PM	<b>Ardra</b> <b>Until 12:07PM</b>	<b>Ganesha:</b> White <i>Sunrise: 3:53AM</i>	Vikarin 5121
		Yama 7:48AM – 9:45AM	Harshana <b>Until 6:07PM</b>	<b>Muruqa:</b> Blue <i>Sunset: 7:31PM</i>	Moon 7 - Phase 15
Routine Work	Marana Yoga	435893462 <b>Rahu</b> 3:36PM – 5:34PM	Visti <b>Until 8:57PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 12:07PM			<b>Trayodashi* Until 10:19AM</b>	Moon – Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>	

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Warsaw, Poland Sun 14 Sutra 108
<b>Retreat Star</b>		<b>Gulika</b> 9:45AM – 11:42AM	<b>Punarvasu</b> <b>Until 10:09AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 3:55AM</i>	Vikarin 5121
Kataka Rasi: 0.46	Tithi 29 – 30	Yama 5:52AM – 7:48AM	Vajra* <b>Until 2:33PM</b>	<b>Muruqa:</b> Blue <i>Sunset: 7:29PM</i>	Moon 7 - Phase 15
Creative Work	Siddha Yoga	445893462 <b>Rahu</b> 11:42AM – 1:39PM	Naga <b>Until 4:11AM Thu</b>	<b>Nataraja:</b> White	Amavasya
			<b>Chaturdashi* Until 7:27AM</b>	Moon – Blue	Sivaloka Day
				<b>Ashada-Adi</b>	

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau	Warsaw, Poland Sun 15 Sutra 109
Kataka Rasi: 15.37	Tithi 1	<b>Gulika</b> 7:49AM – 9:46AM	<b>Pushya</b> <b>Until 7:40AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 3:56AM</i>	Vikarin 5121
		Yama 3:56AM – 5:53AM	Siddhi <b>Until 10:43AM</b>	<b>Muruqa:</b> Blue <i>Sunset: 7:27PM</i>	Moon 7 - Phase 15
Creative Work	Amrita Yoga	445893462 <b>Rahu</b> 1:38PM – 3:35PM	Kintughna <b>Until 2:28PM</b>	<b>Nataraja:</b> White	Prathama
Until 7:40AM			<b>Prathama* Until 12:41AM Fri</b>	Moon – Blue	Sivaloka Day
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Warsaw, Poland Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 0.38	Tithi 2	<b>Gulika</b> 5:54AM – 7:50AM	<b>Magha* Until 2:13AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:58AM		
		Yama 3:34PM – 5:30PM	Vyatipata* Until 6:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 16	
		455893462 <b>Rahu</b> 9:46AM – 11:42AM	Balava Until 10:55AM	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya Until 9:07PM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>
Until 2:13AM Sat				<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau			Warsaw, Poland Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 15.41	Tithi 3 – 4	<b>Gulika</b> 4:00AM – 5:55AM	<b>Purvaphalguni Until 11:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:00AM		
		Yama 1:37PM – 3:33PM	Parigha* Until 10:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16	
		455893462 <b>Rahu</b> 7:51AM – 9:46AM	Taitila Until 7:22AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 5:37PM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>
Until 11:36PM				<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Warsaw, Poland Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 0.37	Tithi 4 – 5	<b>Gulika</b> 3:32PM – 5:27PM	<b>Uttaraphalguni Until 9:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:01AM		
		Yama 11:42AM – 1:37PM	Shiva Until 7:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16	
		455993462 <b>Rahu</b> 5:27PM – 7:22PM	Bava Until 12:51AM Mon	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 2:20PM</b>	<b>Moon – Red</b>			<b>Subha Sivaloka Day</b>
		<b>Nag Panchami</b>		<b>Sravana*Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Warsaw, Poland Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 15.19	Tithi 5 – 6	<b>Gulika</b> 1:36PM – 3:31PM	<b>Hasta Until 7:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:03AM		
<b>Family Home Evening</b>		Yama 9:47AM – 11:42AM	Siddha Until 3:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 16	
		465993462 <b>Rahu</b> 5:57AM – 7:52AM	Kaulava Until 10:10PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 11:26AM</b>	<b>Moon – Green</b>			<b>Subha Subha Sivaloka Day</b>
Until 7:17PM				<b>Sravana*Adi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Warsaw, Poland Sun 20 Sutra 114 Vikarin 5121
Kanya Rasi: 29.41	Tithi 6 – 7	<b>Gulika</b> 11:41AM – 1:36PM	<b>Chitra Until 5:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:04AM		
		Yama 7:53AM – 9:47AM	Sadhya Until 12:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 16	
		465993462 <b>Rahu</b> 3:30PM – 5:24PM	Gara Until 8:02PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:00AM</b>	<b>Moon – Green</b>			<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Warsaw, Poland Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 13.41	Tithi 7 – 8	<b>Gulika</b> 9:47AM – 11:41AM	<b>Svati Until 4:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:06AM		
		Yama 6:00AM – 7:54AM	Subha Until 10:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 16	
		465993462 <b>Rahu</b> 11:41AM – 1:35PM	Visti Until 6:30PM	<b>Nataraja:</b> White		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami Until 7:10AM</b>	<b>Moon – Green</b>			<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau			Warsaw, Poland Sun 22 Sutra 116 Vikarin 5121
Tula Rasi: 27.16	Tithi 9	<b>Gulika</b> 7:54AM – 9:48AM	<b>Vishakha Until 4:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:07AM		
		Yama 4:07AM – 6:01AM	Sukla Until 8:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 16	
		476993462 <b>Rahu</b> 1:35PM – 3:28PM	Balava Until 5:39PM	<b>Nataraja:</b> White		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 5:28AM Fri</b>	<b>Moon – Orange</b>			<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>			







**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 6.26    Tilthi 16 – 17

497993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    6:10AM – 8:00AM  
Yama       3:20PM – 5:09PM  
**Rahu**     9:50AM – 11:40AM

**Dhanishtha** **Until 6:27AM**  
Sobhana **Until 8:24AM**  
Taitila **Until 5:10AM Sat**  
**Prathama\* Until 3:55PM**

**Ganesha:** Yellow    *Sunrise:* 4:20AM  
**Muruqa:** Blue       *Sunset:* 6:59PM  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

Warsaw, Poland  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 18.17    Tilthi 17

497993462

Creative Work    Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara Karana Dvitiyayam Titau

**Gulika**    4:22AM – 6:11AM  
Yama       1:29PM – 3:18PM  
**Rahu**     8:01AM – 9:50AM

**Shatabhishak** **Until 9:16AM**  
Athiganda\* **Until 9:21AM**  
Gara **Until 6:21PM**  
**Dvitiya Until 6:21PM**

**Ganesha:** Yellow    *Sunrise:* 4:22AM  
**Muruqa:** Blue       *Sunset:* 6:57PM  
**Nataraja:** White  
Moon – Purple  
**Sravana-Avani**

Warsaw, Poland  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**2**

**Sunday, August 18, 2019**

Meena Rasi: 0.09    Tilthi 18

517993462

Creative Work    Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Trilyayam Titau

**Gulika**    3:17PM – 5:06PM  
Yama       11:39AM – 1:28PM  
**Rahu**     5:06PM – 6:55PM

**Purvaproshtapada\* Until 12:25PM**  
Sukarma **Until 10:18AM**  
Vanija **Until 7:35AM**  
**Tritiya Until 8:45PM**

**Ganesha:** White     *Sunrise:* 4:24AM  
**Muruqa:** Blue       *Sunset:* 6:55PM  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Warsaw, Poland  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**3**

**Monday, August 19, 2019**

Meena Rasi: 12.02    Tilthi 19

517993462

**Family Home Evening**

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    1:28PM – 3:16PM  
Yama       9:51AM – 11:39AM  
**Rahu**     6:14AM – 8:02AM

**Uttaraproshtapada Until 3:16PM**  
Dhriti **Until 11:12AM**  
Bava **Until 9:55AM**  
**Chaturthi\* Until 11:00PM**

**Ganesha:** White     *Sunrise:* 4:25AM  
**Muruqa:** Blue       *Sunset:* 6:53PM  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Warsaw, Poland  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 24    Tilthi 20

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    11:39AM – 1:27PM  
Yama       8:03AM – 9:51AM  
**Rahu**     3:15PM – 5:03PM

**Revati Until 5:46PM**  
Shula\* **Until 11:54AM**  
Kaulava **Until 12:03PM**  
**Panchami Until 12:59AM Wed**

**Ganesha:** White     *Sunrise:* 4:27AM  
**Muruqa:** Blue       *Sunset:* 6:51PM  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Warsaw, Poland  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 6.05    Tilthi 21

527993462

Routine Work    Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    9:51AM – 11:39AM  
Yama       6:16AM – 8:04AM  
**Rahu**     11:39AM – 1:26PM

**Ashvini Until 8:14PM**  
Ganda\* **Until 12:22PM**  
Gara **Until 1:52PM**  
**Shashthi\* Until 2:35AM Thu**

**Ganesha:** Clear       *Sunrise:* 4:29AM  
**Muruqa:** Blue       *Sunset:* 6:49PM  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Warsaw, Poland  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 18.2    Tilthi 22

528993462

Creative Work    Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    8:04AM – 9:51AM  
Yama       4:30AM – 6:17AM  
**Rahu**     1:26PM – 3:13PM

**Bharani Until 10:04PM**  
Vridhhi **Until 12:30PM**  
Visti **Until 3:13PM**  
**Saptami Until 3:39AM Fri**

**Ganesha:** White     *Sunrise:* 4:30AM  
**Muruqa:** Blue       *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Warsaw, Poland  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**Friday, August 23, 2019**

**Retreat Star**

Vrishabha Rasi: 0.49    Tilthi 23

528993462

Creative Work    Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    6:18AM – 8:05AM  
Yama       3:11PM – 4:58PM  
**Rahu**     9:52AM – 11:38AM

**Krishna Janmashtami**

**Krittika Until 11:07PM**  
Dhruva **Until 12:09PM**  
Balava **Until 3:58PM**  
**Ashtami\* Until 4:03AM Sat**

**Ganesha:** White     *Sunrise:* 4:32AM  
**Muruqa:** Blue       *Sunset:* 6:45PM  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Warsaw, Poland  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 13.37    Tilthi 24

538993462

Creative Work    Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    4:34AM – 6:20AM  
Yama       1:24PM – 3:10PM  
**Rahu**     8:06AM – 9:52AM

**Rohini Until 11:45PM**  
Vyaghata\* **Until 11:16AM**  
Taitila **Until 4:00PM**  
**Navami\* Until 3:42AM Sun**

**Ganesha:** Clear       *Sunrise:* 4:34AM  
**Muruqa:** Blue       *Sunset:* 6:42PM  
**Nataraja:** White  
Moon – Yellow  
**Sravana-Avani**

Warsaw, Poland  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau	Warsaw, Poland Sun 9 Sutra 133 Vikarin 5121
Wrishabha Rasi: 26.47	Tithi 25	<b>Gulika</b> 3:09PM – 4:55PM	<b>Mrigashira</b> Until 11:27PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:35AM	
		Yama 11:38AM – 1:23PM	Harshana Until 9:46AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:40PM	Moon 8 - Phase 19
538993462	<b>Rahu</b> 4:55PM – 6:40PM		Vanija Until 3:14PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:33AM Mon	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>2</b>		<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Warsaw, Poland Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 10.25	Tithi 26	<b>Gulika</b> 1:23PM – 3:08PM	<b>Ardra</b> Until 10:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:37AM	
<b>Family Home Evening</b>		Yama 9:52AM – 11:37AM	Vajra* Until 7:37AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:38PM	Moon 8 - Phase 19
538993462	<b>Rahu</b> 6:22AM – 8:07AM		Bava Until 1:42PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 12:38AM Tue	Moon – Yellow	<b>Subha Sivaloka Day</b>
Until 10:15PM				<b>Sravana-Avani</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Warsaw, Poland Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 24.3	Tithi 27	<b>Gulika</b> 11:37AM – 1:22PM	<b>Punarvasu</b> Until 8:39PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:38AM	
		Yama 8:08AM – 9:52AM	Vyatipata* Until 1:36AM Wed	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:36PM	Moon 8 - Phase 19
548993462	<b>Rahu</b> 3:06PM – 4:51PM		Kaulava Until 11:26AM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 10:03PM	Moon – Blue	<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>4</b>		<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau	Warsaw, Poland Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 9.02	Tithi 28	<b>Gulika</b> 9:53AM – 11:37AM	<b>Pushya</b> Until 6:20PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:40AM	
		Yama 6:24AM – 8:08AM	Varyan Until 9:51PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:34PM	Moon 8 - Phase 19
549993463	<b>Rahu</b> 11:37AM – 1:21PM		Gara Until 8:34AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:55PM	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana-Avani</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Warsaw, Poland Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 23.56	Tithi 29 – 30	<b>Gulika</b> 8:09AM – 9:53AM	<b>Ashlesha*</b> Until 3:29PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:42AM	
		Yama 4:42AM – 6:25AM	Parigha* Until 5:49PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:31PM	Moon 8 - Phase 19
549193463	<b>Rahu</b> 1:20PM – 3:04PM		Catuspada Until 1:31AM Fri	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:23PM	Moon – Blue	<b>Sivaloka Day</b>
Until 3:29PM				<b>Sravana-Avani</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Warsaw, Poland Sun 14 Sutra 138 Vikarin 5121
Simha Rasi: 9.06	Tithi 30 – 1	<b>Gulika</b> 6:27AM – 8:10AM	<b>Magha*</b> Until 12:39PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:43AM	
		Yama 3:03PM – 4:46PM	Shiva Until 1:36PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:29PM	Moon 8 - Phase 19
559193463	<b>Rahu</b> 9:53AM – 11:36AM		Kintughna Until 9:41PM	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 11:36AM	Moon – Red	<b>Sivaloka Day</b>
Until 12:39PM		<b>Varalakshmi Vratam</b>		<b>Sravana-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Warsaw, Poland Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 24.21	Tithi 1 – 2	<b>Gulika</b> 4:45AM – 6:28AM	<b>Purvaphalguni</b> Until 9:37AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:45AM	
		Yama 1:19PM – 3:01PM	Siddha Until 9:18AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:27PM	Moon 8 - Phase 19
559193463	<b>Rahu</b> 8:10AM – 9:53AM		Kaulava Until 4:00AM Sun	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:45AM	Moon – Red	<b>Sivaloka Day</b>
Until 9:37AM				<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trilyayam Titau				Warsaw, Poland Sun 16 Sutra 140 Vikarin 5121
	Kanya Rasi: 9.32	Tithi 3	<b>Gulika</b> 3:00PM – 4:42PM	<b>Uttaraphalguni</b> Until 6:35AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:47AM	
			Yama 11:36AM – 1:18PM	Subha Until 1:11AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 20
	559193463	<b>Rahu</b> 4:42PM – 6:25PM		Taitila Until 2:14PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 12:31AM Mon	Moon – Red		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Warsaw, Poland Sun 17 Sutra 141 Vikarin 5121
	Kanya Rasi: 24.3	Tithi 4	<b>Gulika</b> 1:17PM – 2:59PM	<b>Chitra</b> Until 1:56AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:48AM	
	<b>Family Home Evening</b>		Yama 9:54AM – 11:35AM	Sukla Until 9:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 20
	569193463	<b>Rahu</b> 6:30AM – 8:12AM		Vanija Until 10:57AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 9:28PM	Moon – Green		<b>Sivaloka Day</b>	
Until 1:56AM Tue		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Warsaw, Poland Sun 18 Sutra 142 Vikarin 5121
	Tula Rasi: 9.06	Tithi 5	<b>Gulika</b> 11:35AM – 1:16PM	<b>Svati</b> Until 12:15AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:50AM	
			Yama 8:12AM – 9:54AM	Brahma Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20
	569193463	<b>Rahu</b> 2:57PM – 4:39PM		Bava Until 8:10AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 7:00PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>4</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 19 Sutra 143 Vikarin 5121
	Tula Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b> 9:54AM – 11:35AM	<b>Vishakha</b> Until 11:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:52AM	
			Yama 6:32AM – 8:13AM	Indra Until 3:57PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20
	579193463	<b>Rahu</b> 11:35AM – 1:15PM		Kaulava Until 6:02AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 5:14PM	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland Sun 20 Sutra 144 Vikarin 5121
	Vrischika Rasi: 6.56	Tithi 7 – 8	<b>Gulika</b> 8:14AM – 9:54AM	<b>Anuradha</b> Until 11:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:53AM	
			Yama 4:53AM – 6:34AM	Vaidhriti* Until 2:04PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20
	571193463	<b>Rahu</b> 1:15PM – 2:55PM		Visti Until 4:08AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 4:17PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 11:35PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Prabalarishta Yoga							

<b>●</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 21 Sutra 145 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 6:35AM – 8:14AM	<b>Jyeshtha*</b> Until 12:13AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:55AM	
	Vrischika Rasi: 20.09	Tithi 8 – 9	Yama 2:54PM – 4:33PM	Vishkambha* Until 12:50PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20
	571193463	<b>Rahu</b> 9:54AM – 11:34AM		Balava Until 4:25AM Sat	<b>Nataraja:</b> Clear		Ashtami
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 4:10PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 12:13AM Sat				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>●</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Warsaw, Poland Sun 22 Sutra 146 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 4:57AM – 6:36AM	<b>Mula*</b> Until 1:56AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:57AM	
	Dhanus Rasi: 2.57	Tithi 9 – 10	Yama 1:13PM – 2:52PM	Priti Until 12:15PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20
	581193463	<b>Rahu</b> 8:15AM – 9:54AM		Taitila Until 5:27AM Sun	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 4:49PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			


<b>1</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau				Warsaw, Poland
	Dhanus Rasi: 15.25	Tithi 10	581193463	<b>Gulika</b> 2:51PM – 4:30PM Yama 11:33AM – 1:12PM <b>Rahu</b> 4:30PM – 6:08PM	<b>Purvashadha* Until 4:05AM Mon</b> Ayushman Until 12:11PM Gara Until 6:10PM <b>Dashami Until 6:10PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:58AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Creative Work Siddha Yoga		<b>Grandparent's Day</b>		<b>Bhadrapada*Avani</b>		<b>Devaloka Day</b>	
Until 4:05AM Mon							
Then Routine Work - Marana Yoga							


<b>2</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Warsaw, Poland
	Dhanus Rasi: 27.38	Tithi 11	581193463	<b>Gulika</b> 1:11PM – 2:50PM Yama 9:55AM – 11:33AM <b>Rahu</b> 6:38AM – 8:16AM	<b>Uttarashadha Until 6:30AM Tue</b> Saubhagya Until 12:34PM Vanija Until 7:05AM <b>Ekadashi Until 8:03PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:00AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:06PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Routine Work Marana Yoga				<b>Bhadrapada*Avani</b>		<b>Devaloka Day</b>	
Until 6:30AM Tue							
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Warsaw, Poland
	Makara Rasi: 9.4	Tithi 12	581193463	<b>Gulika</b> 11:33AM – 1:10PM Yama 8:17AM – 9:55AM <b>Rahu</b> 2:48PM – 4:26PM	<b>Uttarashadha Until 6:30AM</b> Sobhana Until 1:16PM Bava Until 9:09AM <b>Dvadashi Until 10:16PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:01AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Routine Work Prabalarishta Yoga				<b>Bhadrapada*Avani</b>		<b>Devaloka Day</b>	
Until 6:30AM							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Warsaw, Poland
	Makara Rasi: 21.34	Tithi 13	591193463	<b>Gulika</b> 9:55AM – 11:32AM Yama 6:40AM – 8:18AM <b>Rahu</b> 11:32AM – 1:10PM	<b>Shravana Until 9:32AM</b> Athiganda* Until 2:07PM Kaulava Until 11:29AM <b>Trayodashi Until 12:41AM Thu</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:03AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Clear Moon – Purple	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Creative Work Siddha Yoga		<b>Avani Avittam</b>		<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>	
Until 9:32AM							
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Warsaw, Poland
	Kumbha Rasi: 3.26	Tithi 14	591193463	<b>Gulika</b> 8:18AM – 9:55AM Yama 5:05AM – 6:41AM <b>Rahu</b> 1:09PM – 2:45PM	<b>Dhanishtha Until 12:31PM</b> Sukarma Until 3:04PM Gara Until 1:57PM <b>Chaturdashi* Until 3:09AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> Blue <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Clear Moon – Purple	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Creative Work Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>	

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Warsaw, Poland
	<b>Copper Retreat Star</b>			<b>Gulika</b> 6:43AM – 8:19AM Yama 2:44PM – 4:20PM <b>Rahu</b> 9:55AM – 11:32AM	<b>Shatabhishak Until 3:20PM</b> Dhriti Until 4:01PM Visti Until 4:24PM <b>Purnima* Until 5:36AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Clear Moon – Purple	Sutra 152 Vikarin 5121 Moon 8 - Phase 21 Purnima
Creative Work Siddha Yoga				<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>	

	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau				Warsaw, Poland
	<b>Silver Retreat Star</b>			<b>Gulika</b> 5:08AM – 6:44AM Yama 1:07PM – 2:43PM <b>Rahu</b> 8:20AM – 9:55AM	<b>Purvaproshtapada* Until 6:25PM</b> Shula* Until 4:53PM Balava Until 6:48PM <b>Prathama* Until 7:55AM Sun</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:08AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Clear Moon – Clear	Sutra 153 Vikarin 5121 Moon 8 - Phase 21 Prathama
Routine Work Marana Yoga				<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>	
Until 6:25PM							
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda \*Vridhhi Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Warsaw, Poland

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 9.04 Tithi 16 - 17

512113463

Gulika

2:41PM - 4:17PM

Uttaraproshtapada Until 9:13PM

Ganesha: Yellow

Sunrise: 5:10AM

Yama

11:31AM - 1:06PM

Ganda\* Until 5:40PM

Muruqa: Purple

Sunset: 5:52PM

Rahu

4:17PM - 5:52PM

Taitila Until 9:03PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga

Bhadrapada\*Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 21.03 Tithi 17 - 18

512113463

Gulika

1:05PM - 2:40PM

Revati Until 11:39PM

Ganesha: Yellow

Sunrise: 5:11AM

Yama

9:56AM - 11:30AM

Vridhhi Until 6:20PM

Muruqa: Purple

Sunset: 5:50PM

Rahu

6:46AM - 8:21AM

Vanija Until 11:06PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Creative Work Siddha Yoga

Dvitiya Until 10:05AM

Bhadrapada\*Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Warsaw, Poland

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 3.06 Tithi 18 - 19

522113463

Gulika

11:30AM - 1:04PM

Ashvini Until 2:11AM Wed

Ganesha: White

Sunrise: 5:13AM

Yama

8:22AM - 9:56AM

Dhruva Until 6:46PM

Muruqa: Purple

Sunset: 5:47PM

Rahu

2:39PM - 4:13PM

Bava Until 12:55AM Wed

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Tritiya Until 12:02PM

Bhadrapada\*Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 15.16 Tithi 19 - 20

522113463

Gulika

9:56AM - 11:30AM

Bharani Until 4:13AM Thu

Ganesha: White

Sunrise: 5:15AM

Yama

6:48AM - 8:22AM

Vyaghata\* Until 6:59PM

Muruqa: Purple

Sunset: 5:45PM

Rahu

11:30AM - 1:04PM

Kaulava Until 2:23AM Thu

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Chaturthi\* Until 1:41PM

Bhadrapada\*Puratasi

Until 4:13AM Thu

Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Warsaw, Poland

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 27.35 Tithi 20 - 21

522113463

Gulika

8:23AM - 9:56AM

Krittika Until 5:39AM Fri

Ganesha: White

Sunrise: 5:16AM

Yama

5:16AM - 6:49AM

Harshana Until 6:55PM

Muruqa: Purple

Sunset: 5:43PM

Rahu

1:03PM - 2:36PM

Gara Until 3:26AM Fri

Nataraja: Clear

Moon - White

Devaloka Day

Routine Work Marana Yoga

Panchami Until 2:57PM

Bhadrapada\*Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 10.05 Tithi 21 - 22

532113463

Gulika

6:51AM - 8:23AM

Rohini Until 6:52AM Sat

Ganesha: Clear

Sunrise: 5:18AM

Yama

2:35PM - 4:07PM

Vajra\* Until 6:24PM

Muruqa: Purple

Sunset: 5:40PM

Rahu

9:56AM - 11:29AM

Visti Until 3:55AM Sat

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Routine Work Marana Yoga

Shashthi\* Until 3:44PM

Bhadrapada\*Puratasi

Until 6:52AM Sat

Then Creative Work - Siddha Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 22.51 Tithi 22 - 23

532113463

Gulika

5:19AM - 6:52AM

Rohini Until 6:52AM

Ganesha: Clear

Sunrise: 5:19AM

Yama

1:01PM - 2:33PM

Siddhi Until 5:26PM

Muruqa: Purple

Sunset: 5:38PM

Rahu

8:24AM - 9:56AM

Balava Until 3:45AM Sun

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Saptami Until 3:54PM

Bhadrapada\*Puratasi

Until 6:52AM

Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 5.56 Tithi 23 - 24

532213463

Gulika

2:32PM - 4:04PM

Mrigashira Until 7:17AM

Ganesha: Orange

Sunrise: 5:21AM

Yama

11:28AM - 1:00PM

Vyatipata\* Until 3:55PM

Muruqa: Purple

Sunset: 5:36PM

Rahu

4:04PM - 5:36PM

Taitila Until 2:52AM Mon

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Ashtami\* Until 3:23PM

Bhadrapada\*Puratasi

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Warsaw, Poland

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 19.25 Tithi 24 - 25

532213463

Gulika

12:59PM - 2:31PM

Ardra Until 6:50AM

Ganesha: Orange

Sunrise: 5:23AM

Yama

9:57AM - 11:28AM

Variyan Until 1:48PM

Muruqa: Purple

Sunset: 5:33PM

Rahu

6:54AM - 8:25AM

Vanija Until 1:16AM Tue

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Navami\* Until 2:08PM

Bhadrapada\*Puratasi

Until 6:50AM


Then Creative Work - Amrita Yoga

<b>1</b>	<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland
	Kataka Rasi: 3.2	Tithi 25 – 26	<b>Gulika</b> 11:28AM – 12:58PM	<b>Pushya</b> <b>Until 4:18AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:24AM	Sun 9	Sutra 163
			Yama 8:26AM – 9:57AM	Parigha* <b>Until 11:08AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:31PM		Vikarin 5121
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b> 2:29PM – 4:00PM	Bava <b>Until 10:59PM</b>	<b>Nataraja:</b> Clear		Moon 9 - Phase 23
			<b>Dashami</b> <b>Until 12:11PM</b>	Moon – Blue	<b>Devaloka Day</b>	2nd Phase	
				<b>Bhadrapada•Puratasi</b>			

<b>2</b>	<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Kataka Rasi: 17.41	Tithi 26 – 27	<b>Gulika</b> 9:57AM – 11:27AM	<b>Ashlesha*</b> <b>Until 1:57AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:26AM	Sun 10	Sutra 164
			Yama 6:56AM – 8:27AM	Shiva <b>Until 7:56AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:28PM		Vikarin 5121
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b> 11:27AM – 12:58PM	Kaulava <b>Until 8:07PM</b>	<b>Nataraja:</b> Clear		Moon 9 - Phase 23
			<b>Ekadashi*</b> <b>Until 9:36AM</b>	Moon – Blue	<b>Devaloka Day</b>	2nd Phase	
				<b>Bhadrapada•Puratasi</b>			

<b>3</b>	<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Simha Rasi: 2.25	Tithi 27 – 28	<b>Gulika</b> 8:27AM – 9:57AM	<b>Magha*</b> <b>Until 11:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM	Sun 11	Sutra 165
			Yama 5:28AM – 6:58AM	Sadhya <b>Until 12:18AM Fri</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM		Vikarin 5121
	Creative Work	Amrita Yoga	552213463 <b>Rahu</b> 12:57PM – 2:27PM	Vanija <b>Until 2:59AM Fri</b>	<b>Nataraja:</b> Clear		Moon 9 - Phase 23
			<b>Dvadashi*</b> <b>Until 6:29AM</b>	Moon – Red	<b>Devaloka Day</b>	2nd Phase	
				<b>Bhadrapada•Puratasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Warsaw, Poland
	Simha Rasi: 17.28	Tithi 29	<b>Gulika</b> 6:59AM – 8:28AM	<b>Purvaphalguni</b> <b>Until 8:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:29AM	Sun 12	Sutra 166
			Yama 2:25PM – 3:54PM	Subha <b>Until 8:07PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:24PM		Vikarin 5121
	Creative Work	Siddha Yoga	552213463 <b>Rahu</b> 9:57AM – 11:27AM	Visti <b>Until 1:09PM</b>	<b>Nataraja:</b> Clear		Moon 9 - Phase 23
			<b>Chaturdashi*</b> <b>Until 11:15PM</b>	Moon – Red	<b>Devaloka Day</b>	2nd Phase	
				<b>Bhadrapada•Puratasi</b>			

	<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Warsaw, Poland
	<b>Retreat Star</b>		<b>Gulika</b> 5:31AM – 7:00AM	<b>Uttaraphalguni</b> <b>Until 5:24PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:31AM	Sun 13	Sutra 167
	Kanya Rasi: 2.4	Tithi 30	Yama 12:55PM – 2:24PM	Sukla <b>Until 3:51PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:21PM		Vikarin 5121
	Routine Work	Marana Yoga	652213463 <b>Rahu</b> 8:29AM – 9:57AM	Catuspada <b>Until 9:22AM</b>	<b>Nataraja:</b> Clear		Moon 9 - Phase 23
		<b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Amavasya*</b> <b>Until 7:28PM</b>	Moon – Red	<b>Devaloka Day</b>	Amavasya	
				<b>Bhadrapada•Puratasi</b>			

<b>Retreat Star</b>	<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland
	Kanya Rasi: 17.53	Tithi 1 – 2	<b>Gulika</b> 2:23PM – 3:51PM	<b>Hasta</b> <b>Until 2:39PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:33AM	Sun 14	Sutra 168
			Yama 11:26AM – 12:54PM	Brahma <b>Until 11:39AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:19PM		Vikarin 5121
	Creative Work	Amrita Yoga	663213463 <b>Rahu</b> 3:51PM – 5:19PM	Balava <b>Until 2:04AM Mon</b>	<b>Nataraja:</b> Clear		Moon 9 - Phase 23
			<b>Prathama*</b> <b>Until 3:47PM</b>	Moon – Green	<b>Devaloka Day</b>	Prathama	
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Warsaw, Poland Sun 15 Sutra 169 Vikarin 5121	
Tula Rasi: 2.55	Tithi 2 – 3	<b>Gulika</b>	12:53PM – 2:21PM	<b>Chitra Until 12:02PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:34AM	
<b>Family Home Evening</b>	663213463	Yama	9:58AM – 11:26AM	Indra Until 7:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		<b>Rahu</b>	7:02AM – 8:30AM	Taitila Until 10:54PM	<b>Nataraja:</b> Clear		3rd Phase
Until 12:02PM				<b>Dvitiya Until 12:24PM</b>	Moon – Green		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashvina+Puratasi</b>		

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Warsaw, Poland Sun 16 Sutra 170 Vikarin 5121	
Tula Rasi: 17.38	Tithi 3 – 4	<b>Gulika</b>	11:25AM – 12:53PM	<b>Svati Until 9:45AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:36AM	
	663213463	Yama	8:31AM – 9:58AM	Vishkambha* Until 12:54AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	2:20PM – 3:47PM	Vanija Until 8:17PM	<b>Nataraja:</b> Clear		3rd Phase
Until 9:45AM				<b>Tritiya Until 9:30AM</b>	Moon – Green		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashvina+Puratasi</b>		

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Warsaw, Poland Sun 17 Sutra 171 Vikarin 5121	
Virshika Rasi: 1.56	Tithi 4 – 5	<b>Gulika</b>	9:58AM – 11:25AM	<b>Vishakha Until 8:23AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:38AM	
	673213463	Yama	7:05AM – 8:31AM	Priti Until 10:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	11:25AM – 12:52PM	Bava Until 6:22PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Chaturthi* Until 7:13AM</b>	Moon – Orange		<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>		

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Warsaw, Poland Sun 18 Sutra 172 Vikarin 5121	
Virshika Rasi: 15.44	Tithi 6	<b>Gulika</b>	8:32AM – 9:58AM	<b>Anuradha Until 7:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:39AM	
	673213463	Yama	5:39AM – 7:06AM	Ayushman Until 8:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	12:51PM – 2:17PM	Kaulava Until 5:17PM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:38AM				<b>Shashthi* Until 5:03AM Fri</b>	Moon – Orange		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Ashvina+Puratasi</b>		

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Warsaw, Poland Sun 19 Sutra 173 Vikarin 5121	
Virshika Rasi: 29.02	Tithi 7	<b>Gulika</b>	7:07AM – 8:33AM	<b>Jyeshtha* Until 7:36AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:41AM	
	673213463	Yama	2:16PM – 3:42PM	Saubhagya Until 7:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Moon 9 - Phase 24
Routine Work Marana Yoga		<b>Rahu</b>	9:59AM – 11:24AM	Gara Until 5:06PM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:36AM				<b>Saptami Until 5:19AM Sat</b>	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashvina+Puratasi</b>		

<b>Retreat Star</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Warsaw, Poland Sun 20 Sutra 174 Vikarin 5121	
Dhanus Rasi: 11.52	Tithi 8	<b>Gulika</b>	5:43AM – 7:08AM	<b>Mula* Until 8:45AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:43AM	
	683213463	Yama	12:49PM – 2:15PM	Sobhana Until 6:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	8:33AM – 9:59AM	Visti Until 5:47PM	<b>Nataraja:</b> Clear		Ashtami
				<b>Ashtami* Until 6:24AM Sun</b>	Moon – Light Blue		<b>Sivaloka Day</b>
		<b>Durga Ashtami</b>			<b>Ashvina+Puratasi</b>		

<b>Retreat Star</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Warsaw, Poland Sun 21 Sutra 175 Vikarin 5121	
Dhanus Rasi: 24.2	Tithi 8 – 9	<b>Gulika</b>	2:13PM – 3:38PM	<b>Purvashadha* Until 10:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:45AM	
	683213463	Yama	11:24AM – 12:49PM	Athiganda* Until 6:55PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	3:38PM – 5:03PM	Balava Until 7:14PM	<b>Nataraja:</b> Clear		Navami
Until 10:32AM				<b>Ashtami* Until 6:24AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>			<b>Ashvina+Puratasi</b>		

<b>1</b>	<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Warsaw, Poland
	Makara Rasi: 6.31	Tithi 9 – 10	<b>Gulika</b> 12:48PM – 2:12PM	<b>Uttarashadha</b> Until 12:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:46AM	Sun 22 Sutra 176
	<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:11AM – 8:35AM	Sukarma Until 7:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Vikarin 5121
	Routine Work Marana Yoga			Taitila Until 9:17PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25
			<b>Navami*</b> Until 8:11AM			4th Phase	
					<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	

<b>2</b>	<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Warsaw, Poland
	Makara Rasi: 18.29	Tithi 10 – 11	<b>Gulika</b> 11:23AM – 12:47PM	<b>Shravana</b> Until 3:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:48AM	Sun 23 Sutra 177
	<b>Family Home Evening</b>	693213464	<b>Rahu</b> 2:11PM – 3:35PM	Dhriti Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Vikarin 5121
	Routine Work Siddha Yoga			Vanija Until 11:40PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Vijaya Dasami</b>	<b>Dashami</b> Until 10:25AM		4th Phase	
					<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	


<b>3</b>	<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Kumbha Rasi: 0.22	Tithi 11 – 12	<b>Gulika</b> 10:00AM – 11:23AM	<b>Dhanishtha</b> Until 6:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM	Sun 24 Sutra 178
	<b>Family Home Evening</b>	693213464	<b>Rahu</b> 11:23AM – 12:46PM	Shula* Until 9:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Vikarin 5121
	Routine Work Prabalarishta Yoga			Bava Until 2:13AM Thu	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Ekadashi</b> Until 12:55PM			4th Phase	
					<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	

<b>4</b>	<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Kumbha Rasi: 12.12	Tithi 12 – 13	<b>Gulika</b> 8:37AM – 10:00AM	<b>Shatabhishak</b> Until 9:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	Sun 25 Sutra 179
	<b>Family Home Evening</b>	693213464	<b>Rahu</b> 12:45PM – 2:08PM	Ganda* Until 10:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM	Vikarin 5121
	Routine Work Siddha Yoga			Kaulava Until 4:43AM Fri	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Kadaitswami Mahasamadhi</b>	<b>Dvadashi</b> Until 3:27PM		4th Phase	
					<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	

Pradosha Vrata

<b>5</b>	<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
	Kumbha Rasi: 24.04	Tithi 13 – 14	<b>Gulika</b> 7:15AM – 8:38AM	<b>Purvaproshtapada*</b> Until 12:40AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:53AM	Sun 26 Sutra 180
	<b>Family Home Evening</b>	613213464	<b>Rahu</b> 10:00AM – 11:22AM	Vriddhi Until 11:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Vikarin 5121
	Routine Work Siddha Yoga			Gara Until 7:04AM Sat	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Chidambaram Abhishekam</b>	<b>Trayodashi</b> Until 5:53PM		4th Phase	
					<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	

<b>6</b>	<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Warsaw, Poland
	Meena Rasi: 5.58	Tithi 14	<b>Gulika</b> 5:55AM – 7:17AM	<b>Uttaraproshtapada</b> Until 3:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:55AM	Sun 27 Sutra 181
	<b>Family Home Evening</b>	613213464	<b>Rahu</b> 8:38AM – 10:00AM	Dhruva Until 11:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM	Vikarin 5121
	Routine Work Siddha Yoga			Gara Until 7:04AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
				<b>Chaturdashi*</b> Until 8:08PM		4th Phase	
					<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	

	<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Warsaw, Poland
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:04PM – 3:26PM	<b>Revati</b> Until 5:38AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:57AM	Sutra 182
	Meena Rasi: 17.59	Tithi 15	<b>Rahu</b> 3:26PM – 4:47PM	Vyaghata* Until 12:08AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Vikarin 5121
	<b>Family Home Evening</b>	614213464		Visti Until 9:11AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Purnima*</b> Until 10:07PM			Purnima	
					<b>Ashvina+Puratasi</b>	<b>Subha Sivaloka Day</b>	

<b>Monday, October 14, 2019</b>	<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Warsaw, Poland
	Mesha Rasi: 0.05	Tithi 16	<b>Gulika</b> 12:42PM – 2:03PM	<b>Ashvini</b> Until 7:57AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sutra 183
	<b>Family Home Evening</b>	624213464	<b>Rahu</b> 7:19AM – 8:40AM	Harshana Until 12:25AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
	Routine Work Siddha Yoga			Balava Until 11:02AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Prathama*</b> Until 11:50PM			Prathama	
					<b>Ashvina+Puratasi</b>	<b>Subha Subha Sivaloka Day</b>	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Warsaw, Poland

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 12.19

Tithi 17

624213464

Gulika

11:21AM – 12:42PM

Yama

8:41AM – 10:01AM

Rahu

2:02PM – 3:22PM

Ashvini Until 7:57AM

Vajra\* Until 12:25AM Wed

Taitila Until 12:35PM

Dvitiya Until 1:13AM Wed

Ganesha: White

Sunrise: 6:00AM

Muruqa: Purple

Sunset: 4:43PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina•Puratasi

Creative Work Siddha Yoga

Wednesday, October 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Warsaw, Poland

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.41

Tithi 18

624213464

Gulika

10:01AM – 11:21AM

Yama

7:22AM – 8:41AM

Rahu

11:21AM – 12:41PM

Bharani Until 9:48AM

Siddhi Until 12:11AM Thu

Vanija Until 1:49PM

Tritiya Until 2:17AM Thu

Ganesha: White

Sunrise: 6:02AM

Muruqa: Purple

Sunset: 4:40PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina•Puratasi

Creative Work Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

Thursday, October 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Warsaw, Poland

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Wrishabha Rasi: 7.12

Tithi 19

624313464

Gulika

8:42

1	<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Warsaw, Poland
	Kataka Rasi: 27.12	Tithi 25	644313464	<b>Gulika</b> 10:03AM – 11:20AM Yama 7:31AM – 8:47AM <b>Rahu</b> 11:20AM – 12:36PM	<b>Ashlesha* Until 10:32AM</b> Subha Until 12:24PM Vanija Until 9:55AM <b>Dashami Until 8:38PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue	Sun 9 Sutra 192 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Siddha Yoga				<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 4:26PM	<b>Subha Sivaloka Day</b>
							<b>Ashvina•Aipasi</b>

2	<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Simha Rasi: 11.39	Tithi 26 – 27	654313464	<b>Gulika</b> 8:48AM – 10:04AM Yama 6:16AM – 7:32AM <b>Rahu</b> 12:36PM – 1:52PM	<b>Magha* Until 8:45AM</b> Sukla Until 9:02AM Bava Until 7:16AM <b>Ekadashi* Until 5:47PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red	Sun 10 Sutra 193 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Amrita Yoga				<b>Sunrise:</b> 6:16AM <b>Sunset:</b> 4:24PM	<b>Sivaloka Day</b>
	Until 8:45AM	Then Creative Work - Siddha Yoga					<b>Ashvina•Aipasi</b>

3	<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillal/Gara Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Simha Rasi: 26.22	Tithi 27 – 28	655313464	<b>Gulika</b> 7:33AM – 8:49AM Yama 1:51PM – 3:06PM <b>Rahu</b> 10:04AM – 11:20AM	<b>Purvaphalguni Until 6:27AM</b> Indra Until 1:31AM Sat Gara Until 12:59AM Sat <b>Dvadashi* Until 2:38PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red	Sun 11 Sutra 194 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Siddha Yoga				<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 4:22PM	<b>Subha Sivaloka Day</b>
							<b>Ashvina•Aipasi</b>

*Pradosha Vrata (Fasting)*

4	<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
	Kanya Rasi: 11.16	Tithi 28 – 29	665313464	<b>Gulika</b> 6:20AM – 7:35AM Yama 12:35PM – 1:50PM <b>Rahu</b> 8:50AM – 10:05AM	<b>Hasta Until 1:19AM Sun</b> Vaidhriti* Until 9:34PM Visti Until 9:37PM <b>Trayodashi* Until 11:17AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Green	Sun 12 Sutra 195 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Routine Work	Marana Yoga				<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 4:20PM	<b>Subha Sivaloka Day</b>
	Until 1:19AM Sun	Then Creative Work - Siddha Yoga					<b>Ashvina•Aipasi</b>

**Deepavali Hindu Solidarity Day**

●	<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Warsaw, Poland
	<b>Retreat Star</b>			<b>Gulika</b> 1:48PM – 3:03PM Yama 11:19AM – 12:34PM <b>Rahu</b> 3:03PM – 4:18PM	<b>Chitra Until 10:48PM</b> Vishkambha* Until 5:40PM Catuspada Until 6:18PM <b>Chaturdashi* Until 7:55AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Green	Sun 13 Sutra 196 Vikarin 5121 Moon 10 - Phase 27 Amavasya
	Kanya Rasi: 26.14	Tithi 29 – 30	665313464			<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 4:18PM	<b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga		<b>Subramuniyaswami Mahasamadhi</b>			<b>Ashvina•Aipasi</b>

●	<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Warsaw, Poland
	<b>Retreat Star</b>			<b>Gulika</b> 12:33PM – 1:47PM Yama 10:05AM – 11:19AM <b>Rahu</b> 7:37AM – 8:51AM	<b>Svati Until 8:24PM</b> Priti Until 1:57PM Kintughna Until 3:12PM <b>Prathama* Until 1:47AM Tue</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Green	Sun 14 Sutra 197 Vikarin 5121 Moon 10 - Phase 27 Prathama
	Tula Rasi: 11.05	Tithi 1	665313464			<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 4:16PM	<b>Subha Sivaloka Day</b>
	<b>Family Home Evening</b>	Creative Work	Amrita Yoga		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Warsaw, Poland Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 25.43	Tithi 2	<b>Gulika</b> 11:19AM – 12:33PM	<b>Vishakha</b> Until 6:42PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:25AM</i>	
		Yama 8:52AM – 10:06AM	Ayushman Until 10:32AM	<b>Muruqa:</b> Purple <i>Sunset: 4:14PM</i>	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 1:46PM – 3:00PM	Balava Until 12:31PM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 11:21PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 6:42PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Warsaw, Poland Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 9.59	Tithi 3	<b>Gulika</b> 10:06AM – 11:19AM	<b>Anuradha</b> Until 5:29PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:27AM</i>	
		Yama 7:40AM – 8:53AM	Saubhagya Until 7:34AM	<b>Muruqa:</b> Purple <i>Sunset: 4:12PM</i>	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 11:19AM – 12:32PM	Taitila Until 10:22AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 9:33PM	Moon – Orange	<b>Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Warsaw, Poland Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 23.49	Tithi 4	<b>Gulika</b> 8:54AM – 10:07AM	<b>Jyeshtha*</b> Until 4:51PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:29AM</i>	
		Yama 6:29AM – 7:41AM	Athiganda* Until 3:24AM Fri	<b>Muruqa:</b> Purple <i>Sunset: 4:10PM</i>	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 12:32PM – 1:44PM	Vanija Until 8:57AM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 8:31PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 4:51PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Warsaw, Poland Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 7.1	Tithi 5	<b>Gulika</b> 7:43AM – 8:55AM	<b>Mula*</b> Until 5:20PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:30AM</i>	
		Yama 1:44PM – 2:56PM	Sukarma Until 2:18AM Sat	<b>Muruqa:</b> Purple <i>Sunset: 4:08PM</i>	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 10:07AM – 11:19AM	Bava Until 8:21AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 8:21PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 5:20PM				<b>Kartika•Aipasi</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau	Warsaw, Poland Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 20.05	Tithi 6	<b>Gulika</b> 6:32AM – 7:44AM	<b>Purvashadha*</b> Until 6:31PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:32AM</i>	
		Yama 12:31PM – 1:43PM	Dhriti Until 1:53AM Sun	<b>Muruqa:</b> Purple <i>Sunset: 4:06PM</i>	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 8:56AM – 10:07AM	Kaulava Until 8:37AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:02PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 6:31PM		<b>Skanda Shasthi</b>		<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Warsaw, Poland Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 2.37	Tithi 7	<b>Gulika</b> 1:42PM – 2:53PM	<b>Uttarashadha</b> Until 8:16PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:34AM</i>	
		Yama 11:19AM – 12:30PM	Shula* Until 1:59AM Mon	<b>Muruqa:</b> Purple <i>Sunset: 4:04PM</i>	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 2:53PM – 4:04PM	Gara Until 9:42AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 10:30PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Warsaw, Poland Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 14.49	Tithi 8	<b>Gulika</b> 12:30PM – 1:41PM	<b>Shravana</b> Until 10:57PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:36AM</i>	
<b>Family Home Evening</b>		Yama 10:08AM – 11:19AM	Ganda* Until 2:32AM Tue	<b>Muruqa:</b> Purple <i>Sunset: 4:02PM</i>	Moon 10 - Phase 28
		696313464 <b>Rahu</b> 7:47AM – 8:57AM	Visti Until 11:29AM	<b>Nataraja:</b> Purple	Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 12:33AM Tue	Moon – Purple	<b>Sivaloka Day</b>
Until 10:57PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Warsaw, Poland Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 26.5	Tithi 9	<b>Gulika</b> 11:19AM – 12:30PM	<b>Dhanishtha</b> Until 1:49AM Wed	<b>Ganesha:</b> Purple <i>Sunrise: 6:38AM</i>	
		Yama 8:58AM – 10:09AM	Vriddhi Until 3:21AM Wed	<b>Muruqa:</b> Purple <i>Sunset: 4:01PM</i>	Moon 10 - Phase 28
		696313464 <b>Rahu</b> 1:40PM – 2:50PM	Balava Until 1:45PM	<b>Nataraja:</b> Purple	Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:58AM Wed	Moon – Purple	<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Warsaw, Poland
	Kumbha Rasi: 8.43	Tithi 10	<b>Gulika</b> 10:09AM – 11:19AM	<b>Shatabhishak</b> Until 4:39AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:39AM	Sun 23 Sutra 206
			Yama 7:49AM – 8:59AM	Dhruva Until 4:14AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:59PM	Vikarin 5121
	Creative Work	Siddha Yoga	696313464 <b>Rahu</b> 11:19AM – 12:29PM	Taitila Until 4:16PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 4th Phase
			<b>Dashami</b> Until 5:31AM Thu	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Warsaw, Poland
	Kumbha Rasi: 20.34	Tithi 11	<b>Gulika</b> 9:00AM – 10:10AM	<b>Purvaproshtapada*</b> Until 7:44AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:41AM	Sun 24 Sutra 207
			Yama 6:41AM – 7:51AM	Vyaghata* Until 5:04AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:57PM	Vikarin 5121
	Creative Work	Siddha Yoga	716313464 <b>Rahu</b> 12:29PM – 1:38PM	Vanija Until 6:47PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 4th Phase
			<b>Ekadashi</b> Until 7:58AM Fri	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Meena Rasi: 2.28	Tithi 11 – 12	<b>Gulika</b> 7:52AM – 9:01AM	<b>Purvaproshtapada*</b> Until 7:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:43AM	Sun 25 Sutra 208
			Yama 1:37PM – 2:47PM	Harshana Until 5:44AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM	Vikarin 5121
	Creative Work	Siddha Yoga	716313464 <b>Rahu</b> 10:10AM – 11:19AM	Bava Until 9:08PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 4th Phase
			<b>Ekadashi</b> Until 7:58AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Meena Rasi: 14.26	Tithi 12 – 13	<b>Gulika</b> 6:45AM – 7:54AM	<b>Uttaraproshtapada</b> Until 10:25AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:45AM	Sun 26 Sutra 209
			Yama 12:28PM – 1:37PM	Vajra* Until 6:08AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:54PM	Vikarin 5121
	Creative Work	Siddha Yoga	716313464 <b>Rahu</b> 9:02AM – 10:11AM	Kaulava Until 11:12PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 4th Phase
			<b>Dvadashi</b> Until 10:11AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
	Meena Rasi: 26.32	Tithi 13 – 14	<b>Gulika</b> 1:36PM – 2:44PM	<b>Revati</b> Until 12:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:47AM	Sun 27 Sutra 210
			Yama 11:19AM – 12:28PM	Vajra* Until 6:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:52PM	Vikarin 5121
	Creative Work	Amrita Yoga	716313464 <b>Rahu</b> 2:44PM – 3:52PM	Gara Until 12:52AM Mon	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 4th Phase
			<b>Trayodashi</b> Until 12:03PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Warsaw, Poland
	Mesha Rasi: 8.48	Tithi 14 – 15	<b>Gulika</b> 12:27PM – 1:35PM	<b>Ashvini</b> Until 2:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM	Sutra 211
	<b>Family Home Evening</b>		Yama 10:12AM – 11:20AM	Siddhi Until 6:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:51PM	Vikarin 5121
	Creative Work	Siddha Yoga	727313464 <b>Rahu</b> 7:56AM – 9:04AM	Visti Until 2:07AM Tue	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 Purnima
			<b>Chaturdashi*</b> Until 1:32PM	Moon – White		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Warsaw, Poland
	Mesha Rasi: 21.15	Tithi 15 – 16	<b>Gulika</b> 11:20AM – 12:27PM	<b>Bharani</b> Until 4:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:50AM	Sutra 212
			Yama 9:05AM – 10:12AM	Vyatipata* Until 6:03AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:49PM	Vikarin 5121
	Creative Work	Siddha Yoga	727413464 <b>Rahu</b> 1:34PM – 2:42PM	Balava Until 2:57AM Wed	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 Prathama
			<b>Purnima*</b> Until 2:34PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Warsaw, Poland

Sutra 213

Vikarin 5121

Wrishabha Rasi: 3.53 Tithi 16 – 17

727413464

**Gulika** 10:13AM – 11:20AM  
**Yama** 7:59AM – 9:06AM  
**Rahu** 11:20AM – 12:27PM

**Krittika Until 5:19PM**  
Parigha\* Until 4:39AM Thu  
Taitila Until 3:22AM Thu  
Prathama\* Until 3:11PM

**Ganesha:** White *Sunrise: 6:52AM*  
**Muruqa:** Purple *Sunset: 3:48PM*  
**Nataraja:** Purple  
Moon – White  
**Kartika•Aipasi**

Moon 11 - Phase 30  
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 214

Vikarin 5121

Wrishabha Rasi: 16.43 Tithi 17 – 18

737413464

**Gulika** 9:07AM – 10:13AM  
**Yama** 6:54AM – 8:00AM  
**Rahu** 12:27PM – 1:33PM

**Rohini Until 6:14PM**  
Shiva Until 3:31AM Fri  
Vanija Until 3:23AM Fri  
Dvitiya Until 3:24PM

**Ganesha:** Clear *Sunrise: 6:54AM*  
**Muruqa:** Purple *Sunset: 3:46PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika•Aipasi**

Moon 11 - Phase 30  
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Warsaw, Poland

Sun 2 Sutra 215

Vikarin 5121

Wrishabha Rasi: 29.43 Tithi 18 – 19

737413464

**Gulika** 8:02AM – 9:08AM  
**Yama** 1:32PM – 2:39PM  
**Rahu** 10:14AM – 11:20AM

**Mrigashira Until 6:38PM**  
Siddha Until 2:03AM Sat  
Bava Until 3:02AM Sat  
Tritiya Until 3:14PM

**Ganesha:** Clear *Sunrise: 6:56AM*  
**Muruqa:** Purple *Sunset: 3:45PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika•Aipasi**

Moon 11 - Phase 30  
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 12.56 Tithi 19 – 20

737413464

**Gulika** 6:57AM – 8:03AM  
**Yama** 12:26PM – 1:32PM  
**Rahu** 9:09AM – 10:15AM

**Ardra Until 6:32PM**  
Sadhya Until 12:19AM Sun  
Kaulava Until 2:20AM Sun  
Chaturthi\* Until 2:42PM

**Ganesha:** Clear *Sunrise: 6:57AM*  
**Muruqa:** Purple *Sunset: 3:43PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika•Kartikai**

Moon 11 - Phase 30  
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 26.2 Tithi 20 – 21

747413465

**Gulika** 1:31PM – 2:37PM  
**Yama** 11:21AM – 12:26PM  
**Rahu** 2:37PM – 3:42PM

**Punarvasu Until 6:24PM**  
Subha Until 10:20PM  
Gara Until 1:17AM Mon  
Panchami Until 1:50PM

**Ganesha:** Purple *Sunrise: 6:59AM*  
**Muruqa:** Purple *Sunset: 3:42PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika•Kartikai**

Moon 11 - Phase 30  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 9.55 Tithi 21 – 22

748413465

**Gulika** 12:26PM – 1:31PM  
**Yama** 10:16AM – 11:21AM  
**Rahu** 8:06AM – 9:11AM

**Pushya Until 5:46PM**  
Sukla Until 8:03PM  
Visti Until 11:53PM  
Shashthi\* Until 12:37PM

**Ganesha:** Clear *Sunrise: 7:01AM*  
**Muruqa:** Purple *Sunset: 3:41PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika•Kartikai**

Moon 11 - Phase 30  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga  
Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplami/Ashlamyam Titau

Warsaw, Poland

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 23.43 Tithi 22 – 23

748413465

**Gulika** 11:21AM – 12:26PM  
**Yama** 9:12AM – 10:16AM  
**Rahu** 1:30PM – 2:35PM

**Ashlesha\* Until 4:40PM**  
Brahma Until 5:31PM  
Balava Until 10:10PM  
Saptami Until 11:03AM

**Ganesha:** Clear *Sunrise: 7:03AM*  
**Muruqa:** Purple *Sunset: 3:39PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika•Kartikai**

Moon 11 - Phase 30  
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 7.42 Tithi 23 – 24

758413465

**Gulika** 10:17AM – 11:21AM  
**Yama** 8:08AM – 9:13AM  
**Rahu** 11:21AM – 12:25PM

**Magha\* Until 3:32PM**  
Indra Until 2:44PM  
Taitila Until 8:08PM  
Ashtami\* Until 9:10AM

**Ganesha:** White *Sunrise: 7:04AM*  
**Muruqa:** Purple *Sunset: 3:38PM*  
**Nataraja:** Clear  
Moon – Red  
**Kartika•Kartikai**

Moon 11 - Phase 30  
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Warsaw, Poland Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 21.54	Tithi 24 – 25	<b>Gulika</b> 9:14AM – 10:18AM	<b>Purvaphalguni</b> Until 1:59PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:06AM	Moon 11 - Phase 31
		<b>Yama</b> 7:06AM – 8:10AM	Vaidhriti* Until 11:42AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:37PM	2nd Phase
758413465	<b>Rahu</b> 12:25PM – 1:29PM		Visti Until 4:33AM Fri	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:59AM	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Ekadashyam Titau	Warsaw, Poland Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 6.16	Tithi 26	<b>Gulika</b> 8:11AM – 9:15AM	<b>Uttaraphalguni</b> Until 12:03PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:08AM	Moon 11 - Phase 31
		<b>Yama</b> 1:29PM – 2:32PM	Vishkambha* Until 8:29AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:36PM	2nd Phase
758413465	<b>Rahu</b> 10:18AM – 11:22AM		Bava Until 3:17PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:57AM Sat	Moon – Red	<b>Subha Sivaloka Day</b>
Until 12:03PM				<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Warsaw, Poland Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 20.44	Tithi 27	<b>Gulika</b> 7:09AM – 8:12AM	<b>Hasta</b> Until 10:16AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:09AM	Moon 11 - Phase 31
		<b>Yama</b> 12:25PM – 1:28PM	Ayushman Until 1:45AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:35PM	2nd Phase
768413465	<b>Rahu</b> 9:16AM – 10:19AM		Kaulava Until 12:39PM	<b>Nataraja:</b> Clear	
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 11:17PM	Moon – Green	<b>Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Warsaw, Poland Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 5.15	Tithi 28	<b>Gulika</b> 1:28PM – 2:31PM	<b>Chitra</b> Until 8:20AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:11AM	Moon 11 - Phase 31
		<b>Yama</b> 11:22AM – 12:25PM	Saubhagya Until 10:25PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:34PM	2nd Phase
769413465	<b>Rahu</b> 2:31PM – 3:34PM		Gara Until 9:59AM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:40PM	Moon – Green	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Warsaw, Poland Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 19.41	Tithi 29	<b>Gulika</b> 12:25PM – 1:28PM	<b>Svati</b> Until 6:21AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:12AM	Moon 11 - Phase 31
<b>Family Home Evening</b>		<b>Yama</b> 10:20AM – 11:23AM	Sobhana Until 7:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:32PM	2nd Phase
769413465	<b>Rahu</b> 8:15AM – 9:18AM		Visti Until 7:26AM	<b>Nataraja:</b> Clear	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:14PM	Moon – Green	<b>Devaloka Day</b>
Until 6:21AM				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Warsaw, Poland Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.58	Tithi 30 – 1	<b>Gulika</b> 11:23AM – 12:25PM	<b>Anuradha</b> Until 3:42AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:14AM	Moon 11 - Phase 31
		<b>Yama</b> 9:18AM – 10:21AM	Athiganda* Until 4:20PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:32PM	Amavasya
779413465	<b>Rahu</b> 1:27PM – 2:30PM		Kintughna Until 3:16AM Wed	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 4:08PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Warsaw, Poland Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.59	Tithi 1 – 2	<b>Gulika</b> 10:21AM – 11:23AM	<b>Jyeshtha*</b> Until 2:53AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:16AM	Moon 11 - Phase 31
		<b>Yama</b> 8:18AM – 9:19AM	Sukarma Until 1:49PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:31PM	Prathama
779413465	<b>Rahu</b> 11:23AM – 12:25PM		Balava Until 1:55AM Thu	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:30PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Warsaw, Poland Sun 15 Sutra 228	
Dhanus Rasi: 1.39	Tithi 2 – 3	<b>Gulika</b> 9:20AM – 10:22AM	<b>Mula* Until 3:02AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM		Vikarin 5121
		Yama 7:17AM – 8:19AM	Dhriti Until 11:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:30PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 12:25PM – 1:27PM	Taitila Until 1:15AM Fri	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:29PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:02AM Fri				<b>Margasira•Karttikai</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Warsaw, Poland Sun 16 Sutra 229	
Dhanus Rasi: 14.56	Tithi 3 – 4	<b>Gulika</b> 8:20AM – 9:21AM	<b>Purvashadha* Until 3:45AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:19AM		Vikarin 5121
		Yama 1:27PM – 2:28PM	Shula* Until 10:16AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:29PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:23AM – 11:24AM	Vanija Until 1:19AM Sat	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 1:10PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:45AM Sat				<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Warsaw, Poland Sun 17 Sutra 230	
Dhanus Rasi: 27.51	Tithi 4 – 5	<b>Gulika</b> 7:20AM – 8:21AM	<b>Uttarashadha Until 5:01AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM		Vikarin 5121
		Yama 12:25PM – 1:26PM	Ganda* Until 9:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:28PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:22AM – 10:23AM	Bava Until 2:08AM Sun	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 1:37PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:01AM Sun				<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Warsaw, Poland Sun 18 Sutra 231	
Makara Rasi: 10.25	Tithi 5 – 6	<b>Gulika</b> 1:26PM – 2:27PM	<b>Shravana Until 7:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:22AM		Vikarin 5121
		Yama 11:25AM – 12:25PM	Vridhi Until 9:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:28PM		Moon 11 - Phase 32
		799413465 <b>Rahu</b> 2:27PM – 3:28PM	Kaulava Until 3:39AM Mon	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 2:47PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:16AM Mon				<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Warsaw, Poland Sun 19 Sutra 232	
Makara Rasi: 22.41	Tithi 6 – 7	<b>Gulika</b> 12:26PM – 1:26PM	<b>Shravana Until 7:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:23AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:25AM – 11:25AM	Dhruva Until 9:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:27PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 8:24AM – 9:24AM	Gara Until 5:42AM Tue	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:35PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:16AM				<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau		Warsaw, Poland Sun 20 Sutra 233	
Kumbha Rasi: 4.44	Tithi 7	<b>Gulika</b> 11:25AM – 12:26PM	<b>Dhanishtha Until 9:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:24AM		Vikarin 5121
		Yama 9:25AM – 10:25AM	Vyaghata* Until 9:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:26PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 1:26PM – 2:26PM	Vanija Until 6:51PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:51AM				<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Warsaw, Poland Sun 21 Sutra 234	
Kumbha Rasi: 16.4	Tithi 8	<b>Gulika</b> 10:26AM – 11:26AM	<b>Shatabhishak Until 12:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:26AM		Vikarin 5121
		Yama 8:26AM – 9:26AM	Harshana Until 10:27AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:26PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 11:26AM – 12:26PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 12:33PM				<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Warsaw, Poland Sun 22 Sutra 235	
Kumbha Rasi: 28.32	Tithi 9	<b>Gulika</b> 9:27AM – 10:27AM	<b>Purvaproshtapada* Until 3:39PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM		Vikarin 5121
		Yama 7:27AM – 8:27AM	Vajra* Until 11:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:25PM		Moon 11 - Phase 32
		711413465 <b>Rahu</b> 12:26PM – 1:26PM	Balava Until 10:36AM	<b>Nataraja:</b> Clear			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 11:48PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Margasira•Karttikai</b>			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dashamyam Titau				Warsaw, Poland
Meena Rasi: 10.27	Tithi 10	711413465	<b>Gulika</b> 8:28AM – 9:28AM <b>Yama</b> 1:26PM – 2:25PM <b>Rahu</b> 10:27AM – 11:27AM	<b>Uttaraproshtapada</b> Until 6:27PM Siddhi Until 11:59AM Taitila Until 1:00PM <b>Dashami</b> Until 2:05AM Sat	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 3:25PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		


<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Warsaw, Poland
Meena Rasi: 22.27	Tithi 11	711513465	<b>Gulika</b> 7:30AM – 8:29AM <b>Yama</b> 12:27PM – 1:26PM <b>Rahu</b> 9:28AM – 10:28AM	<b>Revati</b> Until 8:46PM Vyatipata* Until 12:31PM Vanija Until 3:07PM <b>Ekadashi</b> Until 3:59AM Sun	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 3:25PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work Prabalarishta Yoga Until 8:46PM Then Creative Work - Siddha Yoga						<b>Subha Sivaloka Day</b>		

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Warsaw, Poland
Mesha Rasi: 5	Tithi 12	721513465	<b>Gulika</b> 1:26PM – 2:25PM <b>Yama</b> 11:28AM – 12:27PM <b>Rahu</b> 2:25PM – 3:24PM	<b>Ashvini</b> Until 10:59PM Varyan Until 12:43PM Bava Until 4:47PM <b>Dvadashi</b> Until 5:24AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:31AM <b>Sunset:</b> 3:24PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 10:59PM Then Routine Work - Prabalarishta Yoga						<b>Sivaloka Day</b>		

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Warsaw, Poland
Mesha Rasi: 16.58	Tithi 13	721513465	<b>Gulika</b> 12:27PM – 1:26PM <b>Yama</b> 10:29AM – 11:28AM <b>Rahu</b> 8:31AM – 9:30AM	<b>Bharani</b> Until 12:30AM Tue Parigha* Until 12:31PM Kaulava Until 5:55PM <b>Trayodashi</b> Until 6:15AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:32AM <b>Sunset:</b> 3:24PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
Mesha Rasi: 29.34	Tithi 13 – 14	721513465	<b>Gulika</b> 11:29AM – 12:27PM <b>Yama</b> 9:31AM – 10:30AM <b>Rahu</b> 1:26PM – 2:25PM	<b>Krittika</b> Until 1:18AM Wed Shiva Until 11:54AM Gara Until 6:29PM <b>Trayodashi</b> Until 6:15AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:33AM <b>Sunset:</b> 3:24PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Warsaw, Poland
Mrigashira Rasi: 12.27	Tithi 14 – 15	731523465	<b>Gulika</b> 10:30AM – 11:29AM <b>Yama</b> 8:33AM – 9:32AM <b>Rahu</b> 11:29AM – 12:28PM	<b>Rohini</b> Until 1:52AM Thu Siddha Until 10:49AM Visti Until 6:28PM <b>Chaturdashi*</b> Until 6:31AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:34AM <b>Sunset:</b> 3:24PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work Siddha Yoga Until 1:52AM Thu Then Routine Work - Marana Yoga						<b>Sivaloka Day</b>		

<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Warsaw, Poland				
<b>Silver Retreat Star</b>		Mrigashira Rasi: 25.36	Tithi 15 – 16	732523465	<b>Gulika</b> 9:32AM – 10:31AM <b>Yama</b> 7:35AM – 8:34AM <b>Rahu</b> 12:28PM – 1:27PM	<b>Mrigashira</b> Until 1:48AM Fri Sadhya Until 9:20AM Kaulava Until 5:27AM Fri <b>Purnima*</b> Until 6:14AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:35AM <b>Sunset:</b> 3:24PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work Marana Yoga Until 1:48AM Fri Then Creative Work - Siddha Yoga								<b>Devaloka Day</b>		

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Warsaw, Poland

Sutra 243

Vikarin 5121

Mithuna Rasi: 9.01 Tithi 17

732523465

**Gulika** 8:35AM – 9:33AM  
**Yama** 1:27PM – 2:25PM  
**Rahu** 10:32AM – 11:30AM

**Ardra Until 1:09AM Sat**

Subha Until 7:28AM

Taitila Until 4:56PM

**Dvitiya Until 4:16AM Sat**

**Ganesha:** Clear *Sunrise:* 7:36AM

**Muruqa:** Clear *Sunset:* 3:24PM

**Nataraja:** Clear

Moon – Yellow

**Margasira-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 22.41 Tithi 18

742523465

**Gulika** 7:37AM – 8:36AM  
**Yama** 12:29PM – 1:27PM  
**Rahu** 9:34AM – 10:32AM

**Punarvasu Until 12:29AM Sun**

Brahma Until 2:49AM Sun

Vanija Until 3:34PM

**Tritiya Until 2:45AM Sun**

**Ganesha:** Purple *Sunrise:* 7:37AM

**Muruqa:** Clear *Sunset:* 3:24PM

**Nataraja:** Clear

Moon – Blue

**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Warsaw, Poland

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 6.31 Tithi 19

742523465

**Gulika** 1:27PM – 2:26PM  
**Yama** 11:31AM – 12:29PM  
**Rahu** 2:26PM – 3:24PM

**Pushya Until 11:25PM**

Indra Until 12:11AM Mon

Bava Until 1:55PM

**Chaturthi\* Until 1:00AM Mon**

**Ganesha:** Purple *Sunrise:* 7:38AM

**Muruqa:** Clear *Sunset:* 3:24PM

**Nataraja:** Clear

Moon – Blue

**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 20.31 Tithi 20

742523465

**Gulika** 12:30PM – 1:28PM  
**Yama** 10:33AM – 11:31AM  
**Rahu** 8:37AM – 9:35AM

**Ashlesha\* Until 10:02PM**

Vaidhriti\* Until 9:24PM

Kaulava Until 12:04PM

**Panchami Until 11:04PM**

**Ganesha:** Purple *Sunrise:* 7:39AM

**Muruqa:** Clear *Sunset:* 3:24PM

**Nataraja:** Clear

Moon – Blue

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 10:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Warsaw, Poland

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 4.35 Tithi 21

852523465

**Gulika** 11:32AM – 12:30PM  
**Yama** 9:36AM – 10:34AM  
**Rahu** 1:28PM – 2:26PM

**Magha\* Until 8:50PM**

Vishkambha\* Until 6:33PM

Gara Until 10:06AM

**Shashthi\* Until 9:03PM**

**Ganesha:** Purple *Sunrise:* 7:40AM

**Muruqa:** Clear *Sunset:* 3:24PM

**Nataraja:** Clear

Moon – Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 18.43 Tithi 22

852523465

**Gulika** 10:34AM – 11:32AM  
**Yama** 8:38AM – 9:36AM  
**Rahu** 11:32AM – 12:30PM

**Purvaphalguni Until 7:27PM**

Priti Until 3:40PM

Visti Until 8:02AM

**Saptami Until 6:59PM**

**Ganesha:** Purple *Sunrise:* 7:41AM

**Muruqa:** Clear *Sunset:* 3:24PM

**Nataraja:** Clear

Moon – Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Warsaw, Poland

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

**Gulika** 9:37AM – 10:35AM  
**Yama** 7:41AM – 8:39AM  
**Rahu** 12:31PM – 1:29PM

**Uttaraphalguni Until 5:55PM**

Ayushman Until 12:44PM

Taitila Until 3:53AM Fri

**Ashtami\* Until 4:54PM**

**Ganesha:** Purple *Sunrise:* 7:41AM

**Muruqa:** Clear *Sunset:* 3:25PM

**Nataraja:** Clear

Moon – Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Warsaw, Poland

Sun 7 Sutra 250

Vikarin 5121

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

**Gulika** 8:40AM – 9:38AM  
**Yama** 1:29PM – 2:27PM  
**Rahu** 10:36AM – 11:33AM

**Hasta Until 4:41PM**

Saubhagya Until 9:50AM

Vanija Until 1:51AM Sat

**Navami\* Until 2:50PM**

**Ganesha:** Clear *Sunrise:* 7:42AM

**Muruqa:** Clear *Sunset:* 3:25PM

**Nataraja:** Clear

Moon – Green

**Margasira-Markali**

**Devaloka Day**

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Warsaw, Poland Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.09	Tithi 25 – 26	<b>Gulika</b> 7:42AM – 8:40AM	<b>Chitra</b> <b>Until 3:22PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:42AM</i>	
		Yama 12:32PM – 1:30PM	Sobhana <b>Until 6:59AM</b>	<b>Muruqa:</b> Clear <i>Sunset: 3:25PM</i>	Moon 12 - Phase 35
	862523465	<b>Rahu</b> 9:38AM – 10:36AM	Bava <b>Until 11:54PM</b>	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Green	<b>Devaloka Day</b>
Until 3:22PM		<b>Day 1 of Pancha Ganapati</b>	<b>Dashami</b> <b>Until 12:51PM</b>	<b>Margasira*Markali</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Warsaw, Poland Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.13	Tithi 26 – 27	<b>Gulika</b> 1:30PM – 2:28PM	<b>Svati</b> <b>Until 2:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:43AM</i>	
		Yama 11:34AM – 12:32PM	Sukarma <b>Until 1:33AM Mon</b>	<b>Muruqa:</b> Clear <i>Sunset: 3:26PM</i>	Moon 12 - Phase 35
	862523465	<b>Rahu</b> 2:28PM – 3:26PM	Kaulava <b>Until 10:07PM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Green	<b>Devaloka Day</b>
Until 2:03PM		<b>Day 2 of Pancha Ganapati</b>	<b>Ekadashi*</b> <b>Until 10:58AM</b>	<b>Margasira*Markali</b>	
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Warsaw, Poland Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.1	Tithi 27 – 28	<b>Gulika</b> 12:33PM – 1:31PM	<b>Vishakha</b> <b>Until 1:13PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:43AM</i>	
<b>Family Home Evening</b>		Yama 10:37AM – 11:35AM	Dhriti <b>Until 11:07PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 3:27PM</i>	Moon 12 - Phase 35
	872523465	<b>Rahu</b> 8:41AM – 9:39AM	Gara <b>Until 8:34PM</b>	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Orange	<b>Bhuloka Day</b>
Until 1:13PM		<b>Day 3 of Pancha Ganapati</b>	<b>Dvadashi*</b> <b>Until 9:17AM</b>	<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Warsaw, Poland Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.57	Tithi 28 – 29	<b>Gulika</b> 11:35AM – 12:33PM	<b>Anuradha</b> <b>Until 12:31PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:44AM</i>	
		Yama 9:40AM – 10:38AM	Shula* <b>Until 8:54PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 3:27PM</i>	Moon 12 - Phase 35
	872523465	<b>Rahu</b> 1:31PM – 2:29PM	Visti <b>Until 7:19PM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Orange	<b>Bhuloka Day</b>
Until 12:31PM		<b>Day 4 of Pancha Ganapati</b>	<b>Trayodashi*</b> <b>Until 7:52AM</b>	<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Warsaw, Poland Sun 12 Sutra 255 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 10:38AM – 11:36AM	<b>Jyeshtha*</b> <b>Until 12:02PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:44AM</i>	
Vrischika Rasi: 26.32	Tithi 29 – 30	Yama 8:42AM – 9:40AM	Ganda* <b>Until 7:02PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 3:28PM</i>	Moon 12 - Phase 35
	872523465	<b>Rahu</b> 11:36AM – 12:34PM	Catuspada <b>Until 6:29PM</b>	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Siddha Yoga			Moon – Orange	<b>Bhuloka Day</b>
Until 12:02PM		<b>Day 5 of Pancha Ganapati</b>	<b>Chaturdashi*</b> <b>Until 6:49AM</b>	<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Warsaw, Poland Sun 13 Sutra 256 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 9:40AM – 10:38AM	<b>Mula*</b> <b>Until 12:19PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:44AM</i>	
Dhanus Rasi: 9.52	Tithi 30 – 1	Yama 7:44AM – 8:42AM	Vriddhi <b>Until 5:34PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 3:29PM</i>	Moon 12 - Phase 35
	883523465	<b>Rahu</b> 12:35PM – 1:33PM	Kintughna <b>Until 6:09PM</b>	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga			Moon – Light Blue	<b>Devaloka Day</b>
		<b>Annular Solar Eclipse</b>	<b>Amavasya*</b> <b>Until 6:14AM</b>	<b>Pausha*Markali</b>	

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dviliyayam Titau	Warsaw, Poland Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 22.55	Tithi 1 – 2	<b>Gulika</b> 8:43AM – 9:41AM Yama 1:33PM – 2:31PM 883523466 <b>Rahu</b> 10:39AM – 11:37AM	<b>Purvashadha* Untill 12:59PM</b> Dhruva Untill 4:31PM Balava Untill 6:22PM <b>Prathama* Untill 6:10AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausha-Markali</b>	Sunrise: 7:45AM Sunset: 3:29PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga Untill 12:59PM Then Routine Work - Marana Yoga					
<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitilla Karana Dviliya/Triliyayam Titau	Warsaw, Poland Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 5.41	Tithi 2 – 3	<b>Gulika</b> 7:45AM – 8:43AM Yama 12:36PM – 1:34PM 883523466 <b>Rahu</b> 9:41AM – 10:39AM	<b>Uttarashadha Untill 2:04PM</b> Vyaghata* Untill 3:56PM Taitilla Untill 7:12PM <b>Dvitiya Untill 6:42AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausha-Markali</b>	Sunrise: 7:45AM Sunset: 3:30PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Untill 2:04PM Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Triliya/Chaturthyam Titau	Warsaw, Poland Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 18.1	Tithi 3 – 4	<b>Gulika</b> 1:35PM – 2:33PM Yama 11:38AM – 12:36PM 893523466 <b>Rahu</b> 2:33PM – 3:31PM	<b>Shravana Untill 4:02PM</b> Harshana Untill 3:48PM Vanija Untill 8:37PM <b>Tritiya Untill 7:49AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:45AM Sunset: 3:31PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Untill 4:02PM Then Routine Work - Marana Yoga					
<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Warsaw, Poland Sun 17 Sutra 260 Vikarin 5121
Kumbha Rasi: 0.26	Tithi 4 – 5	<b>Gulika</b> 12:37PM – 1:35PM Yama 10:40AM – 11:39AM 893523466 <b>Rahu</b> 8:43AM – 9:42AM	<b>Dhanishtha Untill 6:20PM</b> Vajra* Untill 4:03PM Bava Untill 10:31PM <b>Chaturthi* Untill 9:29AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:45AM Sunset: 3:32PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga					
<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Warsaw, Poland Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 12.31	Tithi 5 – 6	<b>Gulika</b> 11:39AM – 12:37PM Yama 9:42AM – 10:41AM 893523466 <b>Rahu</b> 1:36PM – 2:34PM	<b>Shatabhishak Untill 8:50PM</b> Siddhi Untill 4:36PM Kaulava Untill 12:48AM Wed <b>Panchami Untill 11:36AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:45AM Sunset: 3:33PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga					
<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitilla/Gara Karana Shashthi/Saptamyam Titau	Warsaw, Poland Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 24.27	Tithi 6 – 7	<b>Gulika</b> 10:41AM – 11:40AM Yama 8:44AM – 9:42AM 813623466 <b>Rahu</b> 11:40AM – 12:39PM	<b>Purvaproshtapada* Untill 11:54PM</b> Vyatipata* Untill 5:21PM Gara Untill 3:17AM Thu <b>Shashthi* Untill 2:01PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:45AM Sunset: 3:35PM Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Untill 11:54PM Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends			
<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Warsaw, Poland Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 6.2	Tithi 7 – 8	<b>Gulika</b> 9:43AM – 10:42AM Yama 7:45AM – 8:44AM 813623466 <b>Rahu</b> 12:39PM – 1:38PM	<b>Uttaraproshtapada Untill 2:48AM Fri</b> Variyan Untill 6:08PM Visti Untill 5:46AM Fri <b>Saptami Untill 4:31PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:45AM Sunset: 3:36PM Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					
<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau	Warsaw, Poland Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 18.14	Tithi 8	<b>Gulika</b> 8:44AM – 9:43AM Yama 1:39PM – 2:38PM 813623466 <b>Rahu</b> 10:42AM – 11:41AM	<b>Revati Untill 5:23AM Sat</b> Parigha* Untill 6:51PM Bava Untill 6:55PM <b>Ashtami* Untill 6:55PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:45AM Sunset: 3:37PM Moon 12 - Phase 36 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					
<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Warsaw, Poland Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 0.13	Tithi 9	<b>Gulika</b> 7:44AM – 8:44AM Yama 12:41PM – 1:40PM 823623466 <b>Rahu</b> 9:43AM – 10:42AM	<b>Ashvini Untill 7:54AM Sun</b> Shiva Untill 7:21PM Balava Untill 8:02AM <b>Navami* Untill 9:01PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Sunrise: 7:44AM Sunset: 3:39PM Moon 12 - Phase 36 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga Untill 7:54AM Sun Then Routine Work - Prabalarishta Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


<b>1</b>		<b>Sunday, January 5, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau	Warsaw, Poland Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.21	Tithi 10	823623466	<b>Gulika</b> 1:41PM – 2:40PM Yama 11:42AM – 12:41PM <b>Rahu</b> 2:40PM – 3:40PM	<b>Ashvini Until 7:54AM</b> Siddha Until 7:27PM Taitila Until 9:54AM <b>Dashami Until 10:36PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:44AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:40PM <b>Nataraja:</b> Orange Moon – White	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		Subramuniyaswami Jayanti		Pausha-Markali		
Until 7:54AM							
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Monday, January 6, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau	Warsaw, Poland Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.43	Tithi 11	823623466	<b>Gulika</b> 12:42PM – 1:42PM Yama 10:43AM – 11:42AM <b>Rahu</b> 8:43AM – 9:43AM	<b>Bharani Until 9:44AM</b> Sadhya Until 7:06PM Vanija Until 11:11AM <b>Ekadashi Until 11:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:44AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:41PM <b>Nataraja:</b> Orange Moon – White	<b>Devaloka Day</b>	
Family Home Evening	Siddha Yoga		Vaikuntha Ekadasi		Pausha-Markali		
Creative Work							
Until 9:44AM							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Tuesday, January 7, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau	Warsaw, Poland Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.22	Tithi 12	823623466	<b>Gulika</b> 11:43AM – 12:43PM Yama 9:43AM – 10:43AM <b>Rahu</b> 1:43PM – 2:42PM	<b>Krittika Until 10:45AM</b> Subha Until 6:13PM Bava Until 11:47AM <b>Dvadashi Until 11:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:43AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:42PM <b>Nataraja:</b> Orange Moon – White	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga				Pausha-Markali		
Until 10:45AM							
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Wednesday, January 8, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Warsaw, Poland Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.22	Tithi 13	833623466	<b>Gulika</b> 10:43AM – 11:43AM Yama 8:43AM – 9:43AM <b>Rahu</b> 11:43AM – 12:43PM	<b>Rohini Until 11:22AM</b> Sukla Until 4:44PM Kaulava Until 11:38AM <b>Trayodashi Until 11:17PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:43AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:44PM <b>Nataraja:</b> Orange Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work	Siddha Yoga				Pausha-Markali		
<i>Pradosha Vrata</i>							

<b>5</b>		<b>Thursday, January 9, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau	Warsaw, Poland Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.44	Tithi 14	834623466	<b>Gulika</b> 9:43AM – 10:43AM Yama 7:42AM – 8:42AM <b>Rahu</b> 12:44PM – 1:44PM	<b>Mrigashira Until 11:09AM</b> Brahma Until 2:44PM Gara Until 10:48AM <b>Chaturdashi* Until 10:07PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:42AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:45PM <b>Nataraja:</b> Orange Moon – Yellow	<b>Devaloka Day</b>	
Routine Work	Marana Yoga				Pausha-Markali		

		<b>Friday, January 10, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau	Warsaw, Poland Sutra 271 Vikarin 5121
Mithuna Rasi: 17.29	Tithi 15	834623466	<b>Gulika</b> 8:42AM – 9:43AM Yama 1:45PM – 2:46PM <b>Rahu</b> 10:43AM – 11:44AM	<b>Ardra Until 10:10AM</b> Indra Until 12:16PM Visti Until 9:19AM <b>Purnima* Until 8:22PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:47PM <b>Nataraja:</b> Orange Moon – Yellow	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		Penumbral Lunar Eclipse Ardra Darshanam		Pausha-Markali		

<b>Saturday, January 11, 2020</b>		<b>Silver Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau	Warsaw, Poland Sutra 272 Vikarin 5121
Kataka Rasi: 1.34	Tithi 16	844623466	<b>Gulika</b> 7:41AM – 8:42AM Yama 12:45PM – 1:46PM <b>Rahu</b> 9:43AM – 10:44AM	<b>Punarvasu Until 8:59AM</b> Vaidhriti* Until 9:22AM Balava Until 7:20AM <b>Prathama* Until 6:10PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:48PM <b>Nataraja:</b> Orange Moon – Blue	<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga				Pausha-Markali		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Vishkambha\*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:47PM - 2:48PM  
Yama 11:45AM - 12:46PM  
Rahu 2:48PM - 3:50PM

Pushya Until 7:17AM  
Vishkambha\* Until 6:12AM  
Vanija Until 2:21AM Mon  
Dvitiya Until 3:40PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sunrise: 7:40AM  
Sunset: 3:50PM

Warsaw, Poland  
Sun 1 Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue

Then Creative Work - Siddha Yoga

854623466

Gulika 12:47PM - 1:48PM  
Yama 10:44AM - 11:45AM  
Rahu 8:41AM - 9:42AM

Magha\* Until 3:21AM Tue  
Ayushman Until 11:24PM  
Bava Until 11:39PM  
Tritiya Until 12:59PM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Sunrise: 7:39AM  
Sunset: 3:51PM

Warsaw, Poland  
Sun 2 Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

854623466

Gulika 11:46AM - 12:47PM  
Yama 9:42AM - 10:44AM  
Rahu 1:49PM - 2:51PM

Thai Pongal

Purvaphalguni Until 1:23AM Wed  
Saubhagya Until 7:58PM  
Kaulava Until 8:57PM  
Chaturthi\* Until 10:16AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 7:39AM  
Sunset: 3:53PM

Warsaw, Poland  
Sun 3 Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

854623466

Gulika 10:44AM - 11:46AM  
Yama 8:40AM - 9:42AM  
Rahu 11:46AM - 12:48PM

Uttaraphalguni Until 11:26PM  
Sobhana Until 4:40PM  
Gara Until 6:24PM  
Panchami Until 7:38AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 7:38AM  
Sunset: 3:54PM

Warsaw, Poland  
Sun 4 Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

864623466

Gulika 9:41AM - 10:44AM  
Yama 7:37AM - 8:39AM  
Rahu 12:49PM - 1:51PM

Hasta Until 10:00PM  
Athiganda\* Until 1:30PM  
Visti Until 4:04PM  
Saptami Until 2:59AM Fri

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 7:37AM  
Sunset: 3:56PM

Warsaw, Poland  
Sun 5 Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

Creative Work Siddha Yoga

864623466

Gulika 8:38AM - 9:41AM  
Yama 1:52PM - 2:55PM  
Rahu 10:44AM - 11:47AM

Chitra Until 8:43PM  
Sukarma Until 10:35AM  
Balava Until 2:01PM  
Ashtami\* Until 1:06AM Sat

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 7:36AM  
Sunset: 3:57PM

Warsaw, Poland  
Sun 6 Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

Creative Work Siddha Yoga

864623466

Gulika 7:35AM - 8:38AM  
Yama 12:50PM - 1:53PM  
Rahu 9:41AM - 10:44AM

Svati Until 7:39PM  
Dhriti Until 7:56AM  
Taitila Until 12:19PM  
Navami\* Until 11:35PM

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 7:35AM  
Sunset: 3:59PM

Warsaw, Poland  
Sun 7 Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

Sivaloka Day


<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Warsaw, Poland Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 25.49	Tithi 25	<b>Gulika</b> 1:54PM – 2:57PM	<b>Vishakha</b> Until 7:14PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:34AM	
		Yama 11:47AM – 12:51PM	Ganda* Until 3:30AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:01PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b> 2:57PM – 4:01PM	Vanija Until 10:58AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:26PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Warsaw, Poland Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 9.23	Tithi 26	<b>Gulika</b> 12:51PM – 1:55PM	<b>Anuradha</b> Until 7:02PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:33AM	
<b>Family Home Evening</b>		Yama 10:44AM – 11:48AM	Vriddhi Until 1:45AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:03PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b> 8:36AM – 9:40AM	Bava Until 10:01AM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 9:40PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Warsaw, Poland Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 22.43	Tithi 27	<b>Gulika</b> 11:48AM – 12:52PM	<b>Jyeshtha*</b> Until 7:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:31AM	
		Yama 9:40AM – 10:44AM	Dhruva Until 12:17AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:04PM	Moon 1 - Phase 39
		875623466 <b>Rahu</b> 1:56PM – 3:00PM	Kaulava Until 9:27AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 9:18PM	Moon – Orange	<b>Bhuloka Day</b>
Until 7:05PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Warsaw, Poland Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 5.5	Tithi 28	<b>Gulika</b> 10:44AM – 11:48AM	<b>Mula*</b> Until 7:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:30AM	
		Yama 8:35AM – 9:39AM	Vyaghata* Until 11:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:06PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 11:48AM – 12:53PM	Gara Until 9:18AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 9:21PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 7:51PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Warsaw, Poland Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 18.46	Tithi 29	<b>Gulika</b> 9:39AM – 10:44AM	<b>Purvashadha*</b> Until 8:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:29AM	
		Yama 7:29AM – 8:34AM	Harshana Until 10:23PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:08PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 12:53PM – 1:58PM	Visti* Until 9:34AM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:50PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 8:51PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Warsaw, Poland Sun 13 Sutra 285 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 8:33AM – 9:38AM	<b>Uttarashadha</b> Until 10:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:28AM	
Makara Rasi: 1.28	Tithi 30	Yama 1:59PM – 3:04PM	Vajra* Until 9:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:10PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 10:43AM – 11:49AM	Catuspada Until 10:15AM	<b>Nataraja:</b> Orange	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 10:44PM	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Warsaw, Poland Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 13.59	Tithi 1	<b>Gulika</b> 7:26AM – 8:32AM	<b>Shravana</b> Until 12:08AM Sun	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:26AM	
		Yama 12:54PM – 2:00PM	Siddhi Until 9:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:11PM	Moon 1 - Phase 39
		995623466 <b>Rahu</b> 9:38AM – 10:43AM	Kintughna Until 11:23AM	<b>Nataraja:</b> Orange	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 12:05AM Sun	Moon – Purple	<b>Bhuloka Day</b>
Until 12:08AM Sun				<b>Magha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

<b>1</b>		<b>Sunday, January 26, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Warsaw, Poland Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 26.19	Tithi 2	<b>Gulika</b> 2:01PM – 3:07PM	<b>Dhanishtha</b> Until 2:21AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:25AM		
		Yama 11:49AM – 12:55PM	Vyatipata* Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:13PM	Moon 1 - Phase 40	
		995723466 <b>Rahu</b> 3:07PM – 4:13PM	Balava Until 12:56PM	<b>Nataraja:</b> Orange		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 1:50AM Mon	Moon – Purple		<b>Devaloka Day</b>	
Until 2:21AM Mon				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, January 27, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau	Warsaw, Poland Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 8.29	Tithi 3	<b>Gulika</b> 12:56PM – 2:02PM	<b>Shatabhishak</b> Until 4:45AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:24AM		
<b>Family Home Evening</b>		Yama 10:43AM – 11:49AM	Variyan Until 10:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:30AM – 9:36AM	Taitila Until 2:52PM	<b>Nataraja:</b> Orange		3rd Phase	
Until 4:45AM Tue			<b>Tritiya</b> Until 3:56AM Tue	Moon – Purple		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>			

<b>3</b>		<b>Tuesday, January 28, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau	Warsaw, Poland Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 20.32	Tithi 4	<b>Gulika</b> 11:49AM – 12:56PM	<b>Purvaprossthapada*</b> Until 7:44AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:22AM		
		Yama 9:36AM – 10:43AM	Parigha* Until 11:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:17PM	Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 2:03PM – 3:10PM	Vanija Until 5:06PM	<b>Nataraja:</b> Orange		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 6:18AM Wed	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:44AM Wed				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, January 29, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Warsaw, Poland Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 2.28	Tithi 4 – 5	<b>Gulika</b> 10:42AM – 11:50AM	<b>Purvaprossthapada*</b> Until 7:44AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:21AM		
		Yama 8:28AM – 9:35AM	Shiva Until 11:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:19PM	Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 11:50AM – 12:57PM	Bava Until 7:34PM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 6:18AM	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:44AM				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Thursday, January 30, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Warsaw, Poland Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 14.2	Tithi 5 – 6	<b>Gulika</b> 9:35AM – 10:42AM	<b>Uttaraprossthapada</b> Until 10:41AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:19AM		
		Yama 7:19AM – 8:27AM	Siddha Until 12:40AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:20PM	Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 12:57PM – 2:05PM	Kaulava Until 10:06PM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 8:49AM	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Magha-Thai</b>			

<b>6</b>		<b>Friday, January 31, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Warsaw, Poland Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 26.13	Tithi 6 – 7	<b>Gulika</b> 8:26AM – 9:34AM	<b>Revati</b> Until 1:26PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:18AM		
		Yama 2:06PM – 3:14PM	Sadhya Until 1:25AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:22PM	Moon 1 - Phase 40	
		916723466 <b>Rahu</b> 10:42AM – 11:50AM	Gara Until 12:32AM Sat	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 11:19AM	Moon – Clear		<b>Devaloka Day</b>	
Until 1:26PM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Warsaw, Poland Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 8.09	Tithi 7 – 8	<b>Gulika</b> 7:18AM – 8:26AM	<b>Ashvini</b> Until 4:20PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:18AM		
		Yama 12:58PM – 2:06PM	Subha Until 1:57AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:22PM	Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 9:34AM – 10:42AM	Visti Until 2:40AM Sun	<b>Nataraja:</b> Orange		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 1:38PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Warsaw, Poland Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 20.13	Tithi 8 – 9	<b>Gulika</b> 2:07PM – 3:16PM	<b>Bharani</b> Until 6:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:16AM		
		Yama 11:50AM – 12:59PM	Sukla Until 2:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 3:16PM – 4:24PM	Balava Until 4:18AM Mon	<b>Nataraja:</b> Orange		Navami	
Routine Work	Prabalarishta Yoga		<b>Ashtami*</b> Until 3:32PM	Moon – White		<b>Bhuloka Day</b>	
Until 6:39PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Warsaw, Poland Sun 23 Sutra 295	
<b>1</b>		<b>Gulika</b> 12:59PM – 2:08PM	<b>Krittika Until 8:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:14AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 10:41AM – 11:50AM	Brahma Until 1:42AM Tue	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:26PM
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 8:23AM – 9:32AM	Taitila Until 5:13AM Tue	<b>Nataraja:</b> Orange	Moon 1 - Phase 41
Routine Work	Marana Yoga		<b>Navami* Until 4:50PM</b>	Moon – White	4th Phase
Until 8:12PM				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Warsaw, Poland Sun 24 Sutra 296	
<b>2</b>		<b>Gulika</b> 11:50AM – 1:00PM	<b>Rohini Until 9:20PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:13AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 9:32AM – 10:41AM	Indra Until 12:44AM Wed	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:28PM
	936723467	<b>Rahu</b> 2:09PM – 3:18PM	Vanija Until 5:19AM Wed	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Creative Work	Amrita Yoga		<b>Dashami Until 5:21PM</b>	Moon – Yellow	4th Phase
Until 9:20PM				<b>Magha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Warsaw, Poland Sun 25 Sutra 297	
<b>3</b>		<b>Gulika</b> 10:41AM – 11:50AM	<b>Mrigashira Until 9:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:11AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 8:21AM – 9:31AM	Vaidhriti* Until 11:05PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:30PM
	936723467	<b>Rahu</b> 11:50AM – 1:00PM	Bava Until 4:35AM Thu	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Ekadashi Until 5:02PM</b>	Moon – Yellow	4th Phase
				<b>Magha*Thai</b>	<b>Devaloka Day</b>

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Warsaw, Poland Sun 26 Sutra 298	
<b>4</b>		<b>Gulika</b> 9:30AM – 10:40AM	<b>Ardra Until 8:41PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:09AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 7:09AM – 8:20AM	Vishkambha* Until 8:48PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:32PM
	936723467	<b>Rahu</b> 1:01PM – 2:11PM	Kaulava Until 3:03AM Fri	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Routine Work	Marana Yoga		<b>Dvadashi Until 3:54PM</b>	Moon – Yellow	4th Phase
Until 8:41PM				<b>Magha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

*Pradosha Vrata*

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 299	
<b>5</b>		<b>Gulika</b> 8:18AM – 9:29AM	<b>Punarvasu Until 7:28PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:08AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 2:12PM – 3:23PM	Priti Until 5:57PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:33PM
	947723467	<b>Rahu</b> 10:40AM – 11:51AM	Gara Until 12:50AM Sat	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Trayodashi Until 2:00PM</b>	Moon – Blue	4th Phase
Until 7:28PM				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Warsaw, Poland Sutra 300	
<b>○</b>		<b>Gulika</b> 7:06AM – 8:17AM	<b>Pushya Until 5:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:06AM
Kataka Rasi: 9.39	Tithi 14 – 15	Yama 1:02PM – 2:13PM	Ayushman Until 2:36PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:35PM
	947723467	<b>Rahu</b> 9:28AM – 10:39AM	Visti Until 10:03PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:29AM</b>	Moon – Blue	Purnima
Until 5:31PM		<b>Thai Pusam</b>		<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Warsaw, Poland Sutra 301	
<b>○</b>		<b>Gulika</b> 2:14PM – 3:26PM	<b>Ashlesha* Until 3:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:04AM
Kataka Rasi: 24.19	Tithi 15 – 16	Yama 11:51AM – 1:02PM	Saubhagya Until 10:54AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:37PM
	947723467	<b>Rahu</b> 3:26PM – 4:37PM	Balava Until 6:54PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Purnima* Until 8:30AM</b>	Moon – Blue	Prathama
Until 3:01PM				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Warsaw, Poland

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9.14 Tithi 17

Family Home Evening

957723467

Gulika

1:03PM - 2:15PM

Magha\* Until 12:33PM

Ganesha: Red

Sunrise: 7:02AM

Yama

10:39AM - 11:51AM

Sobhana Until 6:59AM

Muruqa: Clear

Sunset: 4:39PM

Rahu

8:14AM - 9:27AM

Taitila Until 3:31PM

Nataraja: Clear

Moon - Red

Devaloka Day

Routine Work Marana Yoga

Until 12:33PM

Then Creative Work - Siddha Yoga

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visi\* Karana Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 24.14 Tithi 18

Creative Work Siddha Yoga

Until 9:52AM

Then Creative Work - Amrita Yoga

957723467

Gulika

11:51AM - 1:03PM

Purvaphalguni Until 9:52AM

Ganesha: Red

Sunrise: 7:00AM

Yama

9:26AM - 10:38AM

Sukarma Until 10:57PM

Muruqa: Clear

Sunset: 4:41PM

Rahu

2:16PM - 3:28PM

Vanija Until 12:06PM

Nataraja: Clear

Moon - Red

Devaloka Day

Tritiya Until 10:24PM

Magha\*Thai

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Warsaw, Poland

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 9.12 Tithi 19

Creative Work Amrita Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

957723467

Gulika

10:38AM - 11:51AM

Uttaraphalguni Until 7:08AM

Ganesha: Red

Sunrise: 6:59AM

Yama

8:12AM - 9:25AM

Dhriti Until 7:07PM

Muruqa: Clear

Sunset: 4:43PM

Rahu

11:51AM - 1:04PM

Bava Until 8:47AM

Nataraja: Clear

Moon - Red

Devaloka Day

Maha Sankatahara Chaturthi

Chaturthi\* Until 7:11PM

Magha\*Thai

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.58 Tithi 20 - 21

Creative Work Siddha Yoga

967723467

Gulika

9:24AM - 10:37AM

Chitra Until 2:58AM Fri

Ganesha: Green

Sunrise: 6:57AM

Yama

6:57AM - 8:10AM

Shula\* Until 3:32PM

Muruqa: Clear

Sunset: 4:45PM

Rahu

1:04PM - 2:18PM

Gara Until 3:03AM Fri

Nataraja: Clear

Moon - Green

Bhuloka Day

Panchami Until 4:19PM

Magha\*Masi

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visi\* Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 8.28 Tithi 21 - 22

Creative Work Siddha Yoga

968723467

Gulika

8:09AM - 9:23AM

Svati Until 1:23AM Sat

Ganesha: White

Sunrise: 6:55AM

Yama

2:19PM - 3:33PM

Ganda\* Until 12:20PM

Muruqa: Clear

Sunset: 4:47PM

Rahu

10:37AM - 11:51AM

Visti Until 12:54AM Sat

Nataraja: Clear

Moon - Green

Bhuloka Day

Shashthi\* Until 1:53PM

Magha\*Masi

Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.36 Tithi 22 - 23

Creative Work Siddha Yoga

Until 12:39AM Sun

Then Routine Work - Marana Yoga

978723467

Gulika

6:53AM - 8:07AM

Vishakha Until 12:39AM Sun

Ganesha: Clear

Sunrise: 6:53AM

Yama

1:05PM - 2:20PM

Vridhi Until 9:35AM

Muruqa: Clear

Sunset: 4:48PM

Rahu

9:22AM - 10:36AM

Balava Until 11:19PM

Nataraja: Clear

Moon - Orange

Devaloka Day

Saptami Until 12:01PM

Magha\*Masi

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 6.22 Tithi 23 - 24

Routine Work Marana Yoga

Until 12:23AM Mon

Then Creative Work - Siddha Yoga

978723467

Gulika

2:20PM - 3:35PM

Anuradha Until 12:23AM Mon

Ganesha: Clear

Sunrise: 6:51AM

Yama

11:51AM - 1:06PM

Dhruva Until 7:17AM

Muruqa: Clear

Sunset: 4:50PM

Rahu

3:35PM - 4:50PM

Taitila Until 10:22PM

Nataraja: Clear

Moon - Orange

Devaloka Day

Ashtami\* Until 10:44AM

Magha\*Masi

<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Warsaw, Poland	
1		Jyeshtha* Until 12:33AM Tue				Sun 7 Sutra 309	
Vrischika Rasi: 19.46 Tithi 24 – 25		Gulika 1:06PM – 2:21PM		Ganesha: Clear		Sunrise: 6:49AM	
Family Home Evening		Yama 10:35AM – 11:51AM		Muruga: Clear		Sunset: 4:52PM	
Creative Work Siddha Yoga		Rahu 8:04AM – 9:20AM		Nataraja: Clear		Moon 2 - Phase 43	
Until 12:33AM Tue		Navami* Until 10:06AM		Moon – Orange		2nd Phase	
Then Creative Work - Amrita Yoga				Magha-Masi		Devaloka Day	

<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Warsaw, Poland	
2		Mula* Until 1:36AM Wed				Sun 8 Sutra 310	
Dhanus Rasi: 2.5 Tithi 25 – 26		Gulika 11:50AM – 1:06PM		Ganesha: Purple		Sunrise: 6:47AM	
988723467		Yama 9:19AM – 10:35AM		Muruga: Clear		Sunset: 4:54PM	
Creative Work Amrita Yoga		Rahu 2:22PM – 3:38PM		Nataraja: Clear		Moon 2 - Phase 43	
		Dashami Until 10:03AM		Moon – Light Blue		2nd Phase	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Warsaw, Poland	
3		Purvashadha* Until 2:58AM Thu				Sun 9 Sutra 311	
Dhanus Rasi: 15.39 Tithi 26 – 27		Gulika 10:34AM – 11:50AM		Ganesha: Purple		Sunrise: 6:45AM	
988723467		Yama 8:01AM – 9:18AM		Muruga: Clear		Sunset: 4:56PM	
Creative Work Amrita Yoga		Rahu 11:50AM – 1:07PM		Nataraja: Clear		Moon 2 - Phase 43	
Until 2:58AM Thu		Ekadashi* Until 10:34AM		Moon – Light Blue		2nd Phase	
Then Routine Work - Marana Yoga				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Warsaw, Poland	
4		Uttarashadha Until 4:35AM Fri				Sun 10 Sutra 312	
Dhanus Rasi: 28.14 Tithi 27 – 28		Gulika 9:17AM – 10:33AM		Ganesha: Purple		Sunrise: 6:43AM	
989823467		Yama 6:43AM – 8:00AM		Muruga: Clear		Sunset: 4:58PM	
Routine Work Marana Yoga		Rahu 1:07PM – 2:24PM		Nataraja: Clear		Moon 2 - Phase 43	
		Dvadashi* Until 11:32AM		Moon – Light Blue		2nd Phase	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Pradosha Vrata (Fasting)	

<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Warsaw, Poland	
5		Shravana Until 6:52AM Sat				Sun 11 Sutra 313	
Makara Rasi: 10.38 Tithi 28 – 29		Gulika 7:58AM – 9:15AM		Ganesha: Light Blue		Sunrise: 6:41AM	
999823467		Yama 2:25PM – 3:42PM		Muruga: Clear		Sunset: 5:00PM	
Routine Work Marana Yoga		Rahu 10:33AM – 11:50AM		Nataraja: Clear		Moon 2 - Phase 43	
Until 6:52AM Sat		Mahasivaratri (Lunar)		Moon – Purple		2nd Phase	
Then Creative Work - Siddha Yoga		Mahasivaratri (Solar)		Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Warsaw, Poland	
Retreat Star		Shravana Until 6:52AM				Sun 12 Sutra 314	
Makara Rasi: 22.53 Tithi 29 – 30		Gulika 6:39AM – 7:57AM		Ganesha: Light Blue		Sunrise: 6:39AM	
999823467		Yama 1:08PM – 2:26PM		Muruga: Clear		Sunset: 5:01PM	
Creative Work Siddha Yoga		Rahu 9:14AM – 10:32AM		Nataraja: Clear		Moon 2 - Phase 43	
		Chaturdashi* Until 2:37PM		Moon – Purple		Amavasya	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Warsaw, Poland	
Retreat Star		Dhanishtha Until 9:16AM				Sun 13 Sutra 315	
Kumbha Rasi: 5.01 Tithi 30 – 1		Gulika 2:27PM – 3:45PM		Ganesha: Light Blue		Sunrise: 6:37AM	
999823467		Yama 11:50AM – 1:08PM		Muruga: Clear		Sunset: 5:03PM	
Routine Work Marana Yoga		Rahu 3:45PM – 5:03PM		Nataraja: Clear		Moon 2 - Phase 43	
Until 9:16AM		Amavasya* Until 4:36PM		Moon – Purple		Prathama	
Then Creative Work - Siddha Yoga				Phalgun-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau				Warsaw, Poland Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Tithi 1 999823467	<b>Gulika</b> 1:09PM – 2:27PM Yama 10:31AM – 11:50AM <b>Rahu</b> 7:53AM – 9:12AM	<b>Shatabhishak</b> Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM <b>Prathama*</b> Until 6:48PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 5:05PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Warsaw, Poland Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	<b>Gulika</b> 11:50AM – 1:09PM Yama 9:11AM – 10:30AM <b>Rahu</b> 2:28PM – 3:48PM	<b>Purvaproshtapada*</b> Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM <b>Dvitiya</b> Until 9:11PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 5:07PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Warsaw, Poland Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	<b>Gulika</b> 10:30AM – 11:50AM Yama 7:50AM – 9:10AM <b>Rahu</b> 11:50AM – 1:09PM	<b>Uttaraproshtapada</b> Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM <b>Tritiya</b> Until 11:41PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:30AM <b>Sunset:</b> 5:09PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Warsaw, Poland Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	<b>Gulika</b> 9:09AM – 10:29AM Yama 6:28AM – 7:48AM <b>Rahu</b> 1:10PM – 2:30PM	<b>Revati</b> Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM <b>Chaturthi*</b> Until 2:12AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 5:11PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Warsaw, Poland Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 7:47AM – 9:07AM Yama 2:31PM – 3:52PM <b>Rahu</b> 10:28AM – 11:49AM	<b>Ashvini</b> Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM <b>Panchami</b> Until 4:37AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 5:12PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Warsaw, Poland Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Tithi 6 921823467	<b>Gulika</b> 6:24AM – 7:45AM Yama 1:10PM – 2:32PM <b>Rahu</b> 9:06AM – 10:28AM	<b>Bharani</b> Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM <b>Shashthi*</b> Until 6:45AM Sun	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 5:14PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>	Mesha Rasi: 28.35 Creative Work Siddha Yoga Until 4:16AM Mon Then Creative Work - Amrita Yoga	Tithi 6 – 7 921833467	<b>Gulika</b> 2:33PM – 3:56PM Yama 11:49AM – 1:11PM <b>Rahu</b> 3:56PM – 5:18PM	<b>Krittika</b> Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM <b>Shashthi*</b> Until 6:45AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:18PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>	Vrishabha Rasi: 10.48 Family Home Evening Creative Work Amrita Yoga Until 6:04AM Tue Then Creative Work - Siddha Yoga	Tithi 7 – 8 931833467	<b>Gulika</b> 1:11PM – 2:34PM Yama 10:26AM – 11:48AM <b>Rahu</b> 7:40AM – 9:03AM	<b>Rohini</b> Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM <b>Saptami</b> Until 8:25AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 5:20PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>
<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>	Vrishabha Rasi: 23.17 Creative Work Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga	Tithi 8 – 9 931833467	<b>Gulika</b> 11:48AM – 1:11PM Yama 9:01AM – 10:25AM <b>Rahu</b> 2:35PM – 3:58PM	<b>Rohini</b> Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM <b>Ashtami*</b> Until 9:23AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 5:22PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Warsaw, Poland Sun 23 Sutra 325	
Mithuna Rasi: 6.09	Tithi 9 – 10	<b>Gulika</b> 10:24AM – 11:48AM	<b>Mrigashira</b> Until 6:55AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM	Vikarin 5121	
		Yama 7:36AM – 9:00AM	Priti Until 6:57AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:23PM	Moon 2 - Phase 45	
931833467	<b>Rahu</b> 11:48AM – 1:12PM		Taitila Until 9:19PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:33AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 24 Sutra 326	
Mithuna Rasi: 19.28	Tithi 10 – 11	<b>Gulika</b> 8:59AM – 10:23AM	<b>Ardra</b> Until 6:47AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:10AM	Vikarin 5121	
		Yama 6:10AM – 7:35AM	Saubhagya Until 2:58AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:25PM	Moon 2 - Phase 45	
131833467	<b>Rahu</b> 1:12PM – 2:36PM		Vanija Until 8:09PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 8:49AM	Moon – Yellow		<b>Devaloka Day</b>	
Until 6:47AM				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Warsaw, Poland Sun 25 Sutra 327	
Kataka Rasi: 3.16	Tithi 11 – 12	<b>Gulika</b> 7:33AM – 8:58AM	<b>Punarvasu</b> Until 6:05AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:08AM	Vikarin 5121	
		Yama 2:37PM – 4:02PM	Sobhana Until 12:00AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:27PM	Moon 2 - Phase 45	
141833467	<b>Rahu</b> 10:23AM – 11:47AM		Bava Until 6:10PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:14AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 6:05AM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Warsaw, Poland Sun 26 Sutra 328	
Kataka Rasi: 17.34	Tithi 13	<b>Gulika</b> 6:06AM – 7:31AM	<b>Ashlesha*</b> Until 2:07AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:06AM	Vikarin 5121	
		Yama 1:13PM – 2:38PM	Athiganda* Until 8:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:29PM	Moon 2 - Phase 45	
141833467	<b>Rahu</b> 8:56AM – 10:22AM		Kaulava Until 3:29PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 1:54AM Sun	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

*Pradosha Vrata*

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 329	
Simha Rasi: 2.19	Tithi 14	<b>Gulika</b> 2:39PM – 4:05PM	<b>Magha*</b> Until 11:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 11:47AM – 1:13PM	Sukarma Until 4:34PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:30PM	Moon 2 - Phase 45	
151833467	<b>Rahu</b> 4:05PM – 5:30PM		Gara Until 12:15PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 10:27PM	Moon – Red		<b>Devaloka Day</b>	
Until 11:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Warsaw, Poland Sutra 330	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:13PM – 2:39PM	<b>Purvaphalguni</b> Until 8:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Vikarin 5121	
Simha Rasi: 17.24	Tithi 15	Yama 10:20AM – 11:47AM	Dhriti Until 12:23PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:32PM	Moon 2 - Phase 45	
<b>Family Home Evening</b>		<b>Rahu</b> 7:28AM – 8:54AM	Visti Until 8:38AM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:43PM	Moon – Red		<b>Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Masi</b>			

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Warsaw, Poland Sutra 331	
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:46AM – 1:13PM	<b>Uttaraphalguni</b> Until 5:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Vikarin 5121	
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 8:53AM – 10:20AM	Shula* Until 8:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 45	
152833467	<b>Rahu</b> 2:40PM – 4:07PM		Taitila Until 12:59AM Wed	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 2:53PM	Moon – Red		<b>Sivaloka Day</b>	
Until 5:22PM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

**Gulika** 10:19AM - 11:46AM  
Yama 7:24AM - 8:51AM  
**Rahu** 11:46AM - 1:14PM

**Hasta** **Until 2:31PM**  
Vriddhi **Until 11:31PM**  
Vanija **Until 9:18PM**  
**Dvitiya** **Until 11:06AM**

**Ganesha:** Clear *Sunrise: 5:57AM*  
**Muruqa:** Orange *Sunset: 5:36PM*  
**Nataraja:** Clear

Moon - Green  
**Phalguna-Masi**

**Devaloka Day**

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Warsaw, Poland

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.02 Tithi 18 - 19

162833467

**Gulika** 8:50AM - 10:18AM  
Yama 5:54AM - 7:22AM  
**Rahu** 1:14PM - 2:42PM

**Chitra** **Until 11:49AM**  
Dhruva **Until 7:36PM**  
Balava **Until 4:25AM Fri**  
**Tritiya** **Until 7:33AM**

**Ganesha:** Clear *Sunrise: 5:54AM*  
**Muruqa:** Orange *Sunset: 5:37PM*  
**Nataraja:** Clear

Moon - Green  
**Phalguna-Masi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.5 Tithi 20

162833467

**Gulika** 7:20AM - 8:49AM  
Yama 2:42PM - 4:11PM  
**Rahu** 10:17AM - 11:46AM

**Svati** **Until 9:24AM**  
Vyaghata\* **Until 4:06PM**  
Kaulava **Until 3:04PM**  
**Panchami** **Until 1:50AM Sat**

**Ganesha:** Clear *Sunrise: 5:52AM*  
**Muruqa:** Orange *Sunset: 5:39PM*  
**Nataraja:** Clear

Moon - Green  
**Phalguna-Masi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Warsaw, Poland

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.14 Tithi 21

172833467

**Gulika** 5:50AM - 7:19AM  
Yama 1:14PM - 2:43PM  
**Rahu** 8:47AM - 10:16AM

**Vishakha** **Until 7:51AM**  
Harshana **Until 1:08PM**  
Gara **Until 12:49PM**  
**Shashthi\*** **Until 11:56PM**

**Ganesha:** Purple *Sunrise: 5:50AM*  
**Muruqa:** Orange *Sunset: 5:41PM*  
**Nataraja:** Clear

Moon - Orange  
**Phalguna-Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.1 Tithi 22

172833468

**Gulika** 2:44PM - 4:13PM  
Yama 11:45AM - 1:14PM  
**Rahu** 4:13PM - 5:43PM

**Anuradha** **Until 6:52AM**  
Vajra\* **Until 10:44AM**  
Visti **Until 11:17AM**  
**Saptami** **Until 10:48PM**

**Ganesha:** Purple *Sunrise: 5:47AM*  
**Muruqa:** Orange *Sunset: 5:43PM*  
**Nataraja:** Purple

Moon - Orange  
**Phalguna-Panguni**

**Subha Sivaloka Day**

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Warsaw, Poland

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.37 Tithi 23

172933468

**Gulika** 1:15PM - 2:45PM  
Yama 10:15AM - 11:45AM  
**Rahu** 7:15AM - 8:45AM

**Jyeshtha\*** **Until 6:31AM**  
Siddhi **Until 8:58AM**  
Balava **Until 10:33AM**  
**Ashtami\*** **Until 10:28PM**

**Ganesha:** Clear *Sunrise: 5:45AM*  
**Muruqa:** Orange *Sunset: 5:44PM*  
**Nataraja:** Purple

Moon - Orange  
**Phalguna-Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.4 Tithi 24

182933468

**Gulika** 11:44AM - 1:15PM  
Yama 8:44AM - 10:14AM  
**Rahu** 2:45PM - 4:16PM

**Mula\*** **Until 7:13AM**  
Vyatipata\* **Until 7:50AM**  
Taitila **Until 10:36AM**  
**Navami\*** **Until 10:52PM**

**Ganesha:** Purple *Sunrise: 5:43AM*  
**Muruqa:** Orange *Sunset: 5:46PM*  
**Nataraja:** Purple

Moon - Light Blue  
**Phalguna-Panguni**

**Devaloka Day**

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Warsaw, Poland
Dhanus Rasi: 25.22	Tithi 25	<b>Gulika</b> 10:13AM – 11:44AM	<b>Purvashadha* Until 8:29AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:40AM	Sun 8 Sutra 339
		Yama 7:11AM – 8:42AM	Variyan Until 7:14AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:48PM	Vikarin 5121
182933468	<b>Rahu</b> 11:44AM – 1:15PM		Vanija Until 11:21AM	<b>Nataraja:</b> Purple	Moon 3 - Phase 47
Creative Work	Amrita Yoga		<b>Dashami Until 11:57PM</b>	Moon – Light Blue	2nd Phase
				<b>Phalguna-Panguni</b>	<b>Devaloka Day</b>

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Warsaw, Poland
Makara Rasi: 7.46	Tithi 26	<b>Gulika</b> 8:41AM – 10:12AM	<b>Uttarashadha Until 10:10AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:38AM	Sun 9 Sutra 340
		Yama 5:38AM – 7:09AM	Parigha* Until 7:07AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:50PM	Vikarin 5121
182933468	<b>Rahu</b> 1:15PM – 2:47PM		Bava Until 12:42PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Ekadashi* Until 1:32AM Fri</b>	Moon – Light Blue	2nd Phase
Until 10:10AM				<b>Phalguna-Panguni</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Warsaw, Poland
Makara Rasi: 19.59	Tithi 27	<b>Gulika</b> 7:08AM – 8:40AM	<b>Shravana Until 12:37PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:36AM	Sun 10 Sutra 341
		Yama 2:48PM – 4:19PM	Shiva Until 7:23AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:51PM	Vikarin 5121
192933468	<b>Rahu</b> 10:12AM – 11:44AM		Kaulava Until 2:30PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Dvadashi* Until 3:29AM Sat</b>	Moon – Purple	2nd Phase
Until 12:37PM				<b>Phalguna-Panguni</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Warsaw, Poland
Kumbha Rasi: 2.03	Tithi 28	<b>Gulika</b> 5:33AM – 7:06AM	<b>Dhanishtha Until 3:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:33AM	Sun 11 Sutra 342
		Yama 1:16PM – 2:48PM	Siddha Until 7:53AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:53PM	Vikarin 5121
192933468	<b>Rahu</b> 8:38AM – 10:11AM		Gara Until 4:36PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 47
Creative Work	Siddha Yoga		<b>Trayodashi* Until 5:42AM Sun</b>	Moon – Purple	2nd Phase
Until 3:12PM				<b>Phalguna-Panguni</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau	Warsaw, Poland
Kumbha Rasi: 14.02	Tithi 29	<b>Gulika</b> 2:49PM – 4:22PM	<b>Shatabhishak Until 5:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM	Sun 12 Sutra 343
		Yama 11:43AM – 1:16PM	Sadhya Until 8:34AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:53PM	Vikarin 5121
192933468	<b>Rahu</b> 4:22PM – 5:55PM		Visti Until 6:53PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 47
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:03AM Mon</b>	Moon – Purple	2nd Phase
				<b>Phalguna-Panguni</b>	<b>Sivaloka Day</b>

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Warsaw, Poland
Kumbha Rasi: 25.58	Tithi 29 – 30	<b>Gulika</b> 1:16PM – 2:50PM	<b>Purvaproshtpada* Until 8:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:29AM	Sun 13 Sutra 344
<b>Family Home Evening</b>		Yama 10:09AM – 11:43AM	Subha Until 9:22AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:57PM	Vikarin 5121
113933468	<b>Rahu</b> 7:02AM – 8:36AM		Catuspada Until 9:17PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:03AM</b>	Moon – Clear	Amavasya
Until 8:51PM				<b>Phalguna-Panguni</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Warsaw, Poland
Meena Rasi: 7.51	Tithi 30 – 1	<b>Gulika</b> 11:42AM – 1:16PM	<b>Uttaraproshtpada Until 11:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:26AM	Sun 14 Sutra 345
		Yama 8:34AM – 10:08AM	Sukla Until 10:12AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:58PM	Vikarin 5121
113933468	<b>Rahu</b> 2:50PM – 4:24PM		Kintughna Until 11:43PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 47
Creative Work	Amrita Yoga		<b>Amavasya* Until 10:28AM</b>	Moon – Clear	Prathama
Until 11:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Warsaw, Poland Sun 15 Sutra 346
Meena Rasi: 19.44	Tithi 1 – 2	<b>Gulika</b> 10:08AM – 11:42AM	<b>Revati Until 2:33AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:24AM	Vikarin 5121
		Yama 6:59AM – 8:33AM	Brahma Until 11:04AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:00PM	Moon 3 - Phase 48
		113933468 <b>Rahu</b> 11:42AM – 1:17PM	Balava Until 2:10AM Thu	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 12:55PM</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 2:33AM Thu				<b>Chaitra•Panguni</b>	
Then Creative Work - Amrita Yoga					

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Warsaw, Poland Sun 16 Sutra 347
Mesha Rasi: 1.37	Tithi 2 – 3	<b>Gulika</b> 8:32AM – 10:07AM	<b>Ashvini Until 5:36AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:22AM	Vikarin 5121
		Yama 5:22AM – 6:57AM	Indra Until 11:55AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:02PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 1:17PM – 2:52PM	Taitila Until 4:33AM Fri	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 3:21PM</b>	Moon – White	<b>Sivaloka Day</b>
Until 5:36AM Fri		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Warsaw, Poland Sun 17 Sutra 348
Mesha Rasi: 13.31	Tithi 3 – 4	<b>Gulika</b> 6:55AM – 8:30AM	<b>Bharani Until 8:19AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:19AM	Vikarin 5121
		Yama 2:52PM – 4:28PM	Vaidhriti* Until 12:41PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:04PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:06AM – 11:41AM	Vanija Until 6:47AM Sat	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 5:40PM</b>	Moon – White	<b>Sivaloka Day</b>
Until 8:19AM Sat				<b>Chaitra•Panguni</b>	
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau	Warsaw, Poland Sun 18 Sutra 349
Mesha Rasi: 25.29	Tithi 4	<b>Gulika</b> 5:17AM – 6:53AM	<b>Bharani Until 8:19AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:17AM	Vikarin 5121
		Yama 1:17PM – 2:53PM	Vishkambha* Until 1:20PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:05PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 8:29AM – 10:05AM	Vanija Until 6:47AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:47PM</b>	Moon – White	<b>Sivaloka Day</b>
Until 8:19AM				<b>Chaitra•Panguni</b>	
Then Creative Work - Amrita Yoga					

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Warsaw, Poland Sun 19 Sutra 350
Vrishabha Rasi: 7.34	Tithi 5	<b>Gulika</b> 2:54PM – 4:30PM	<b>Krittika Until 10:37AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:15AM	Vikarin 5121
		Yama 11:41AM – 1:17PM	Priti Until 1:46PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:07PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 4:30PM – 6:07PM	Bava Until 8:44AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 9:33PM</b>	Moon – White	<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Warsaw, Poland Sun 20 Sutra 351
Vrishabha Rasi: 19.48	Tithi 6	<b>Gulika</b> 1:18PM – 2:55PM	<b>Rohini Until 12:50PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:12AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:04AM – 11:41AM	Ayushman Until 1:50PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:09PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 6:49AM – 8:26AM	Kaulava Until 10:16AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 10:49PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Warsaw, Poland Sun 21 Sutra 352
Mithuna Rasi: 2.16	Tithi 7	<b>Gulika</b> 11:40AM – 1:18PM	<b>Mrigashira Until 2:17PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:10AM	Vikarin 5121
		Yama 8:25AM – 10:03AM	Saubhagya Until 1:26PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:10PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 2:55PM – 4:33PM	Gara Until 11:13AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 11:25PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
Until 2:17PM				<b>Chaitra•Panguni</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Warsaw, Poland Sun 22 Sutra 353
Mithuna Rasi: 15.04	Tithi 8	<b>Gulika</b> 10:03AM – 11:40AM	<b>Ardra Until 2:53PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:10AM	Vikarin 5121
		Yama 6:48AM – 8:25AM	Sobhana Until 12:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:10PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 11:40AM – 1:18PM	Visti Until 11:26AM	<b>Nataraja:</b> Purple	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:14PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Warsaw, Poland Sun 23 Sutra 354
Mithuna Rasi: 28.16	Tithi 9	<b>Gulika</b> 8:24AM – 10:02AM	<b>Punarvasu Until 2:59PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:08AM	Vikarin 5121
		Yama 5:08AM – 6:46AM	Athiganda* Until 10:52AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:12PM	Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:18PM – 2:56PM	Balava Until 10:51AM	<b>Nataraja:</b> Purple	Navami
Creative Work	Amrita Yoga		<b>Navami* Until 10:13PM</b>	Moon – Blue	<b>Sivaloka Day</b>
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Warsaw, Poland Sun 24 Sutra 355
Kataka Rasi: 11.55	Tithi 10	<b>Gulika</b> 6:44AM – 8:23AM	<b>Pushya</b> Until 2:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:05AM	Vikarin 5121	
		Yama 2:57PM – 4:35PM	Sukarma Until 8:37AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:01AM – 11:40AM	Taitila Until 9:26AM	<b>Nataraja:</b> Purple		4th Phase	
				Moon – Blue		<b>Sivaloka Day</b>	
		<b>Yogaswami Mahasamadhi</b>	<b>Dashami</b> Until 8:25PM	<b>Chaitra•Panguni</b>			

<b>2</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Warsaw, Poland Sun 25 Sutra 356
Kataka Rasi: 26.04	Tithi 11 – 12	<b>Gulika</b> 5:03AM – 6:42AM	<b>Ashlesha*</b> Until 12:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:03AM	Vikarin 5121	
		Yama 1:18PM – 2:57PM	Shula* Until 2:20AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:21AM – 10:00AM	Vanija Until 7:15AM	<b>Nataraja:</b> Purple		4th Phase	
Until 12:24PM				Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga			<b>Ekadashi</b> Until 5:54PM	<b>Chaitra•Panguni</b>			

<b>3</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Warsaw, Poland Sun 26 Sutra 357
Simha Rasi: 10.39	Tithi 12 – 13	<b>Gulika</b> 2:58PM – 4:38PM	<b>Magha*</b> Until 10:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:01AM	Vikarin 5121	
		Yama 11:39AM – 1:19PM	Ganda* Until 10:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	153933468 <b>Rahu</b> 4:38PM – 6:17PM	Kaulava Until 1:05AM Mon	<b>Nataraja:</b> Purple		4th Phase	
Until 10:19AM				Moon – Red		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga			<b>Dvadashi</b> Until 2:47PM	<b>Chaitra•Panguni</b>			
			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Warsaw, Poland Sun 27 Sutra 358
Simha Rasi: 25.37	Tithi 13 – 14	<b>Gulika</b> 1:19PM – 2:59PM	<b>Purvaphalguni</b> Until 7:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:59AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 9:59AM – 11:39AM	Vriddhi Until 6:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 6:39AM – 8:19AM	Gara Until 9:23PM	<b>Nataraja:</b> Purple		4th Phase	
				Moon – Red		<b>Sivaloka Day</b>	
			<b>Trayodashi</b> Until 11:15AM	<b>Chaitra•Panguni</b>			

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Warsaw, Poland Sun 28 Sutra 359
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:38AM – 1:19PM	<b>Hasta</b> Until 1:34AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM	Vikarin 5121	
Kanya Rasi: 10.5	Tithi 14 – 15	Yama 8:17AM – 9:58AM	Dhruva Until 2:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:00PM – 4:40PM	Bava Until 3:33AM Wed	<b>Nataraja:</b> Purple		Purnima	
				Moon – Green		<b>Devaloka Day</b>	
		<b>Panguni Uttiram</b>	<b>Chaturdashi*</b> Until 7:27AM	<b>Chaitra•Panguni</b>			
		<b>Hanuman Jayanti</b>					

<b>5</b>		<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Warsaw, Poland Sun 29 Sutra 360
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:57AM – 11:38AM	<b>Chitra</b> Until 10:33PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:54AM	Vikarin 5121	
Kanya Rasi: 26.08	Tithi 16	Yama 6:35AM – 8:16AM	Vyaghata* Until 9:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 11:38AM – 1:19PM	Balava Until 1:39PM	<b>Nataraja:</b> Purple		Prathama	
				Moon – Green		<b>Devaloka Day</b>	
			<b>Prathama*</b> Until 11:45PM	<b>Chaitra•Panguni</b>			





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Warsaw, Poland  
Sutra 361

Tula Rasi: 11.21 Tithi 17

**Gulika** 8:15AM – 9:56AM  
Yama 4:52AM – 6:33AM  
164134468 **Rahu** 1:19PM – 3:01PM

**Svati Until 7:39PM**  
Vajra\* Until 1:28AM Fri  
Taitila Until 9:57AM  
**Dvitiya Until 8:12PM**

**Ganesha:** White *Sunrise:* 4:52AM  
**Muruqa:** Clear *Sunset:* 6:24PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Amrita Yoga  
Until 7:39PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Warsaw, Poland  
Sun 1 Sutra 362

Tula Rasi: 26.19 Tithi 18 – 19

**Gulika** 6:32AM – 8:14AM  
Yama 3:02PM – 4:44PM  
174134468 **Rahu** 9:56AM – 11:38AM

**Vishakha Until 5:27PM**  
Siddhi Until 9:54PM  
Vanija Until 6:36AM  
**Tritiya Until 5:06PM**

**Ganesha:** Yellow *Sunrise:* 4:49AM  
**Muruqa:** Clear *Sunset:* 6:26PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland  
Sun 2 Sutra 363

Virchika Rasi: 10.53 Tithi 19 – 20

**Gulika** 4:47AM – 6:30AM  
Yama 1:20PM – 3:02PM  
174134468 **Rahu** 8:12AM – 9:55AM

**Anuradha Until 3:43PM**  
Vyatipata\* Until 6:51PM  
Kaulava Until 1:36AM Sun  
**Chaturthi\* Until 2:34PM**

**Ganesha:** Yellow *Sunrise:* 4:47AM  
**Muruqa:** Clear *Sunset:* 6:28PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland  
Sun 3 Sutra 364

Virchika Rasi: 24.59 Tithi 20 – 21

**Gulika** 3:03PM – 4:46PM  
Yama 11:37AM – 1:20PM  
174134468 **Rahu** 4:46PM – 6:29PM

**Jyeshtha\* Until 2:33PM**  
Variyan Until 4:23PM  
Gara Until 12:12AM Mon  
**Panchami Until 12:47PM**

**Ganesha:** Yellow *Sunrise:* 4:45AM  
**Muruqa:** Clear *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

Until 2:33PM

Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Warsaw, Poland  
Sun 4 Sutra 1

Dhanus Rasi: 8.37 Tithi 21 – 22

**Family Home Evening**

**Gulika** 1:20PM – 3:04PM  
Yama 9:53AM – 11:37AM  
184134468 **Rahu** 6:26AM – 8:10AM

**Mula\* Until 2:31PM**  
Parigha\* Until 2:36PM  
Visti Until 11:39PM  
**Shashthi\* Until 11:48AM**

**Ganesha:** Blue *Sunrise:* 4:43AM  
**Muruqa:** Clear *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

Until 2:31PM

Then Routine Work - Marana Yoga

**Tamil New Year**

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland  
Sun 5 Sutra 2

Dhanus Rasi: 21.46 Tithi 22 – 23

**Gulika** 11:37AM – 1:21PM  
Yama 8:09AM – 9:53AM  
284134468 **Rahu** 3:05PM – 4:49PM

**Purvashadha\* Until 3:09PM**  
Shiva Until 1:30PM  
Balava Until 11:57PM  
**Saptami Until 11:41AM**

**Ganesha:** Yellow *Sunrise:* 4:41AM  
**Muruqa:** Clear *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
Ashtami

Creative Work Siddha Yoga

**Sivaloka Day**

Until 3:09PM

Then Routine Work - Prabalarishta Yoga

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland  
Sun 6 Sutra 3

Makara Rasi: 4.29 Tithi 23 – 24

**Gulika** 9:52AM – 11:36AM  
Yama 6:23AM – 8:07AM  
284134468 **Rahu** 11:36AM – 1:21PM

**Uttarashadha Until 4:24PM**  
Siddha Until 1:00PM  
Taitila Until 12:59AM Thu  
**Ashtami\* Until 12:22PM**

**Ganesha:** Yellow *Sunrise:* 4:38AM  
**Muruqa:** Clear *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
Navami

Creative Work Amrita Yoga

**Sivaloka Day**

Until 4:24PM

Then Creative Work - Siddha Yoga

1 Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Warsaw, Poland Sun 7 Sutra 4	
Makara Rasi: 16.54	Tithi 24 – 25	294134468	Gulika 8:06AM – 9:51AM Yama 4:36AM – 6:21AM Rahu 1:21PM – 3:06PM	Shravana Until 6:36PM Sadhya Until 1:02PM Vanija Until 2:38AM Fri Navami* Until 1:44PM	Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Purple	Sunrise: 4:36AM Sunset: 6:36PM	Sarvari 5122 Moon 4 - Phase 1 2nd Phase Devaloka Day Chaitra*Chaitra
Creative Work	Siddha Yoga		Chidambaram Abhishekam				

2 Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland Sun 8 Sutra 5	
Makara Rasi: 29.04	Tithi 25 – 26	294134468	Gulika 6:19AM – 8:05AM Yama 3:07PM – 4:52PM Rahu 9:50AM – 11:36AM	Dhanishtha Until 9:07PM Subha Until 1:30PM Bava Until 4:43AM Sat Dashami Until 3:37PM	Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Purple	Sunrise: 4:34AM Sunset: 6:38PM	Sarvari 5122 Moon 4 - Phase 1 2nd Phase Devaloka Day Chaitra*Chaitra
Creative Work	Siddha Yoga						

3 Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland Sun 9 Sutra 6	
Kumbha Rasi: 11.05	Tithi 26 – 27	295134468	Gulika 4:32AM – 6:18AM Yama 1:22PM – 3:08PM Rahu 8:04AM – 9:50AM	Shatabhishak Until 11:46PM Sukla Until 2:12PM Kaulava Until 7:03AM Sun Ekadashi* Until 5:51PM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Purple	Sunrise: 4:32AM Sunset: 6:40PM	Sarvari 5122 Moon 4 - Phase 1 2nd Phase Sivaloka Day Chaitra*Chaitra
Creative Work	Amrita Yoga						
Until 11:46PM							
Then Routine Work - Marana Yoga							

4 Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Warsaw, Poland Sun 10 Sutra 7	
Kumbha Rasi: 22.59	Tithi 27	215134468	Gulika 3:08PM – 4:55PM Yama 11:35AM – 1:22PM Rahu 4:55PM – 6:41PM	Purvaproshtapada* Until 2:53AM Mon Brahma Until 3:04PM Kaulava Until 7:03AM Dvadashi* Until 8:15PM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Clear	Sunrise: 4:30AM Sunset: 6:41PM	Sarvari 5122 Moon 4 - Phase 1 2nd Phase Sivaloka Day Chaitra*Chaitra
Creative Work	Siddha Yoga						

5 Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Warsaw, Poland Sun 11 Sutra 8	
Meena Rasi: 4.52	Tithi 28	215134468	Gulika 1:22PM – 3:09PM Yama 9:48AM – 11:35AM Rahu 6:14AM – 8:01AM	Uttaraproshtapada Until 5:51AM Tue Indra Until 4:00PM Gara Until 9:30AM Trayodashi* Until 10:42PM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Clear	Sunrise: 4:28AM Sunset: 6:43PM	Sarvari 5122 Moon 4 - Phase 1 2nd Phase Sivaloka Day Chaitra*Chaitra
Family Home Evening							
Creative Work	Siddha Yoga						
<i>Pradosha Vrata (Fasting)</i>							

6 Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Warsaw, Poland Sun 12 Sutra 9	
Meena Rasi: 16.44	Tithi 29	215134468	Gulika 11:35AM – 1:22PM Yama 8:00AM – 9:48AM Rahu 3:10PM – 4:57PM	Revati Until 8:35AM Wed Vaidhriti* Until 4:53PM Visti Until 11:56AM Chaturdashi* Until 1:06AM Wed	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Clear	Sunrise: 4:25AM Sunset: 6:45PM	Sarvari 5122 Moon 4 - Phase 1 2nd Phase Sivaloka Day Chaitra*Chaitra
Creative Work	Siddha Yoga						
Until 8:35AM Wed							
Then Routine Work - Marana Yoga							

Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Warsaw, Poland Sun 13 Sutra 10	
Meena Rasi: 28.37	Tithi 30	215134468	Gulika 9:47AM – 11:35AM Yama 6:11AM – 7:59AM Rahu 11:35AM – 1:23PM	Revati Until 8:35AM Vishkambha* Until 5:43PM Catuspada Until 2:17PM Amavasya* Until 3:23AM Thu	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Clear	Sunrise: 4:23AM Sunset: 6:46PM	Sarvari 5122 Moon 4 - Phase 1 Amavasya Sivaloka Day Chaitra*Chaitra
Routine Work	Marana Yoga						

Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Warsaw, Poland Sun 14 Sutra 11	
Meena Rasi: 10.34	Tithi 1	225134468	Gulika 7:58AM – 9:46AM Yama 4:21AM – 6:10AM Rahu 1:23PM – 3:11PM	Ashvini Until 11:31AM Priti Until 6:27PM Kintughna Until 4:29PM Prathama* Until 5:29AM Fri	Ganesha: Red Muruga: Clear Nataraja: Purple Moon – White	Sunrise: 4:21AM Sunset: 6:48PM	Sarvari 5122 Moon 4 - Phase 1 Prathama Sivaloka Day Vaisaka*Chaitra
Creative Work	Amrita Yoga						
Until 11:31AM							
Then Creative Work - Siddha Yoga							

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau				Warsaw, Poland Sun 15	Sutra 12
Mesha Rasi: 22.35	Tithi 2	<b>Gulika</b> 6:08AM – 7:57AM	<b>Bharani</b> Until 2:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:19AM			Sarvari 5122	
		Yama 3:12PM – 5:01PM	Ayushman Until 6:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM			Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 9:46AM – 11:34AM	Balava Until 6:28PM	<b>Nataraja:</b> Clear				3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:21AM Sat	Moon – White			<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>					

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Warsaw, Poland Sun 16	Sutra 13
Vrishabha Rasi: 4.41	Tithi 2 – 3	<b>Gulika</b> 4:17AM – 6:06AM	<b>Krittika</b> Until 4:16PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:17AM			Sarvari 5122	
		Yama 1:24PM – 3:13PM	Saubhagya Until 7:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM			Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 7:56AM – 9:45AM	Taitila Until 8:11PM	<b>Nataraja:</b> Clear				3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 7:21AM	Moon – White			<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>					

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Warsaw, Poland Sun 17	Sutra 14
Vrishabha Rasi: 16.55	Tithi 3 – 4	<b>Gulika</b> 3:14PM – 5:03PM	<b>Rohini</b> Until 6:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:15AM			Sarvari 5122	
		Yama 11:34AM – 1:24PM	Sobhana Until 7:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM			Moon 4 - Phase 2	
		235134469 <b>Rahu</b> 5:03PM – 6:53PM	Vanija Until 9:32PM	<b>Nataraja:</b> Clear				3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 8:53AM	Moon – Yellow			<b>Devaloka Day</b>		
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>					

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Warsaw, Poland Sun 18	Sutra 15
Vrishabha Rasi: 29.19	Tithi 4 – 5	<b>Gulika</b> 1:24PM – 3:14PM	<b>Mrigashira</b> Until 8:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:13AM			Sarvari 5122	
<b>Family Home Evening</b>		Yama 9:44AM – 11:34AM	Athiganda* Until 7:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM			Moon 4 - Phase 2	
Creative Work	Amrita Yoga	235134469 <b>Rahu</b> 6:03AM – 7:53AM	Bava Until 10:27PM	<b>Nataraja:</b> Clear				3rd Phase	
Until 8:00PM			<b>Chaturthi*</b> Until 10:02AM	Moon – Yellow			<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>					

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Warsaw, Poland Sun 19	Sutra 16
Mithuna Rasi: 11.56	Tithi 5 – 6	<b>Gulika</b> 11:34AM – 1:25PM	<b>Ardra</b> Until 8:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:11AM			Sarvari 5122	
		Yama 7:52AM – 9:43AM	Sukarma Until 6:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM			Moon 4 - Phase 2	
		236134469 <b>Rahu</b> 3:15PM – 5:06PM	Kaulava Until 10:49PM	<b>Nataraja:</b> Clear				3rd Phase	
Routine Work	Marana Yoga		<b>Panchami</b> Until 10:41AM	Moon – Yellow			<b>Bhuloka Day</b>		
Until 8:55PM				<b>Vaisaka-Chaitra</b>			<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga									

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 20	Sutra 17
Mithuna Rasi: 24.49	Tithi 6 – 7	<b>Gulika</b> 9:43AM – 11:34AM	<b>Punarvasu</b> Until 9:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:09AM			Sarvari 5122	
		Yama 6:00AM – 7:51AM	Dhriti Until 5:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM			Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 11:34AM – 1:25PM	Gara Until 10:34PM	<b>Nataraja:</b> Clear				3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 10:45AM	Moon – Blue			<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>					

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland Sun 21	Sutra 18
Kataka Rasi: 8.01	Tithi 7 – 8	<b>Gulika</b> 7:50AM – 9:42AM	<b>Pushya</b> Until 9:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:07AM			Sarvari 5122	
		Yama 4:07AM – 5:59AM	Shula* Until 3:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 1:25PM – 3:17PM	Visti Until 9:40PM	<b>Nataraja:</b> Clear				Ashtami	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 10:11AM	Moon – Blue			<b>Devaloka Day</b>		
Until 9:23PM				<b>Vaisaka-Chaitra</b>					
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhithi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 22	Sutra 19
Kataka Rasi: 21.34	Tithi 8 – 9	<b>Gulika</b> 5:56AM – 7:48AM	<b>Ashlesha*</b> Until 8:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:03AM			Sarvari 5122	
		Yama 3:18PM – 5:11PM	Ganda* Until 1:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM			Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 9:41AM – 11:33AM	Balava Until 8:06PM	<b>Nataraja:</b> Clear				Navami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 8:57AM	Moon – Blue			<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Warsaw, Poland Sun 23 Sutra 20	
Simha Rasi: 5.32	Tithi 9 – 10	<b>Gulika</b> 4:01AM – 5:54AM	<b>Magha* Until 7:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:01AM			Sarvari 5122	
		Yama 1:26PM – 3:19PM	Vriddhi Until 10:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM			Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 7:47AM – 9:40AM	Gara Until 4:36AM Sun	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Amrita Yoga	<b>Navami* Until 7:04AM</b>		Moon – Red			<b>Bhuloka Day</b>		
Until 7:06PM				<b>Vaisaka*Chaitra</b>			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Sunday, May 3, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Warsaw, Poland Sun 24 Sutra 21	
Simha Rasi: 19.53	Tithi 11	<b>Gulika</b> 3:20PM – 5:13PM	<b>Purvaphalguni Until 5:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:59AM			Sarvari 5122	
		Yama 11:33AM – 1:27PM	Dhruva Until 7:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM			Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 5:13PM – 7:07PM	Vanija Until 3:11PM	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Siddha Yoga	<b>Ekadashi Until 1:38AM Mon</b>		Moon – Red			<b>Bhuloka Day</b>		
Until 5:08PM				<b>Vaisaka*Chaitra</b>			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, May 4, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Warsaw, Poland Sun 25 Sutra 22	
Kanya Rasi: 4.34	Tithi 12	<b>Gulika</b> 1:27PM – 3:21PM	<b>Uttaraphalguni Until 2:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:58AM			Sarvari 5122	
<b>Family Home Evening</b>		Yama 9:39AM – 11:33AM	Harshana Until 12:10AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:08PM			Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 5:51AM – 7:45AM	Bava Until 12:02PM	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Siddha Yoga	<b>Dvadashi Until 10:20PM</b>		Moon – Red			<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>					

<b>4</b>		<b>Tuesday, May 5, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Warsaw, Poland Sun 26 Sutra 23	
Kanya Rasi: 19.31	Tithi 13	<b>Gulika</b> 11:33AM – 1:27PM	<b>Hasta Until 12:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:56AM			Sarvari 5122	
		Yama 7:44AM – 9:39AM	Vajra* Until 8:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM			Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:21PM – 5:16PM	Kaulava Until 8:36AM	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Siddha Yoga	<b>Trayodashi Until 6:48PM</b>		Moon – Green			<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>					
								<i>Pradosha Vrata</i>	

<b>5</b>		<b>Wednesday, May 6, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Warsaw, Poland Sun 27 Sutra 24	
Tula Rasi: 4.34	Tithi 14 – 15	<b>Gulika</b> 9:38AM – 11:33AM	<b>Chitra Until 9:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:54AM			Sarvari 5122	
		Yama 5:49AM – 7:43AM	Siddhi Until 4:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM			Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 11:33AM – 1:28PM	Visti Until 1:29AM Thu	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Siddha Yoga	<b>Chaturdashi* Until 3:14PM</b>		Moon – Green			<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>					

		<b>Thursday, May 7, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Warsaw, Poland Sun 27 Sutra 24	
Tula Rasi: 19.37	Tithi 15 – 16	<b>Gulika</b> 7:43AM – 9:38AM	<b>Svati Until 6:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:52AM			Sarvari 5122	
		Yama 3:52AM – 5:47AM	Vyatipata* Until 12:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM			Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 1:28PM – 3:23PM	Balava Until 10:07PM	<b>Nataraja:</b> Clear					Purnima
Creative Work	Amrita Yoga	<b>Purnima* Until 11:45AM</b>		Moon – Green			<b>Devaloka Day</b>		
Until 6:28AM				<b>Vaisaka*Chaitra</b>					
Then Creative Work - Siddha Yoga									

<b>Friday, May 8, 2020</b>		<b>Silver Retreat Star</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Warsaw, Poland Sun 26 Sutra 26	
Vrischika Rasi: 4.28	Tithi 16 – 17	<b>Gulika</b> 5:46AM – 7:42AM	<b>Anuradha Until 2:03AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:51AM			Sarvari 5122	
		Yama 3:24PM – 5:19PM	Variyan Until 8:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM			Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 9:37AM – 11:33AM	Taitila Until 7:07PM	<b>Nataraja:</b> Clear					Prathama
Creative Work	Siddha Yoga	<b>Prathama* Until 8:33AM</b>		Moon – Orange			<b>Bhuloka Day</b>		
				<b>Vaisaka*Chaitra</b>			Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda