



Sunday, April 21, 2019
Gold Retreat Star

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Trityayam Titau
Gulika 3:41PM – 5:24PM **Vishakha** **Until 6:28AM**
Yama 12:16PM – 1:59PM **Vyatipata*** **Until 4:59PM**
Rahu 5:24PM – 7:07PM **Vanija** **Until 1:23PM**
Tritiya **Until 12:54AM Mon**

Ganesha: Blue *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 7:07PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Toronto, Canada
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthiyam Titau
Gulika 1:59PM – 3:42PM **Anuradha** **Until 6:13AM**
Yama 10:33AM – 12:16PM **Variyan** **Until 3:23PM**
Rahu 7:07AM – 8:50AM **Bava** **Until 12:39PM**
Chaturthi* **Until 12:33AM Tue**

Ganesha: Blue *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 7:08PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Toronto, Canada
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 12:16PM – 1:59PM **Jyeshtha*** **Until 6:35AM**
Yama 8:49AM – 10:32AM **Parigha*** **Until 2:27PM**
Rahu 3:42PM – 5:26PM **Kaulava** **Until 12:43PM**
Panchami **Until 1:02AM Wed**

Ganesha: Blue *Sunrise:* 5:22AM
Muruqa: Yellow *Sunset:* 7:09PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Toronto, Canada
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthiyam Titau
Gulika 10:32AM – 12:15PM **Mula*** **Until 8:04AM**
Yama 7:04AM – 8:48AM **Shiva** **Until 2:09PM**
Rahu 12:15PM – 1:59PM **Gara** **Until 1:36PM**
Shashthi* **Until 2:18AM Thu**

Ganesha: Yellow *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 7:10PM
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Toronto, Canada
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 8:47AM – 10:31AM **Purvashadha*** **Until 10:08AM**
Yama 5:19AM – 7:03AM **Siddha** **Until 2:23PM**
Rahu 1:59PM – 3:43PM **Visti** **Until 3:12PM**
Saptami **Until 4:13AM Fri**

Ganesha: Yellow *Sunrise:* 5:19AM
Muruqa: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Toronto, Canada
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 7:02AM – 8:46AM **Uttarashadha** **Until 12:35PM**
Yama 3:44PM – 5:28PM **Sadhya** **Until 3:04PM**
Rahu 10:31AM – 12:15PM **Balava** **Until 5:22PM**
Ashtami* **Until 6:34AM Sat**

Ganesha: Red *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Toronto, Canada
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 5:16AM – 7:01AM **Shravana** **Until 3:44PM**
Yama 2:00PM – 3:44PM **Subha** **Until 4:01PM**
Rahu 8:45AM – 10:30AM **Taitila** **Until 7:51PM**
Ashtami* **Until 6:34AM**

Ganesha: Green *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Toronto, Canada
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau			Toronto, Canada Sun 7 Sutra 14	
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika 3:45PM – 5:30PM	Dhanishtha Until 6:48PM	Ganesha: Green	<i>Sunrise:</i> 5:15AM	Vikarin 5121
		Yama 12:15PM – 2:00PM	Sukla Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3
	294583469	Rahu 5:30PM – 7:15PM	Vanija Until 10:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:06AM	Moon – Purple		Bhuloka Day
Until 6:48PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti/Bava Karana Dashami/Ekadashyam Titau			Toronto, Canada Sun 8 Sutra 15	
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika 2:00PM – 3:45PM	Shatabhishak Until 9:34PM	Ganesha: Green	<i>Sunrise:</i> 5:13AM	Vikarin 5121
Family Home Evening		Yama 10:29AM – 12:15PM	Brahma Until 5:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:58AM – 8:44AM	Bava Until 12:46AM Tue	Nataraja: Clear		2nd Phase
Until 9:34PM			Dashami Until 11:36AM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Toronto, Canada Sun 9 Sutra 16	
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika 12:14PM – 2:00PM	Purvaprossthapada* Until 12:21AM We	Ganesha: Purple	<i>Sunrise:</i> 5:12AM	Vikarin 5121
		Yama 8:43AM – 10:29AM	Indra Until 6:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
	214583469	Rahu 3:46PM – 5:32PM	Kaulava Until 2:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:49PM	Moon – Clear		Bhuloka Day
Until 12:21AM Wed				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau			Toronto, Canada Sun 10 Sutra 17	
Meena Rasi: 6.1	Tithi 27 – 28	Gulika 10:28AM – 12:14PM	Uttaraprossthapada Until 2:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:10AM	Vikarin 5121
		Yama 6:56AM – 8:42AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 3
	214583469	Rahu 12:14PM – 2:00PM	Gara Until 4:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:36PM	Moon – Clear		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Toronto, Canada Sun 11 Sutra 18	
Meena Rasi: 18.26	Tithi 28 – 29	Gulika 8:42AM – 10:28AM	Revati Until 4:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 5:09AM	Vikarin 5121
		Yama 5:09AM – 6:55AM	Vishkambha* Until 6:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 3
	215583469	Rahu 2:01PM – 3:47PM	Visti Until 5:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:52PM	Moon – Clear		Bhuloka Day
Until 4:01AM Fri				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Toronto, Canada Sun 12 Sutra 19	
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika 6:54AM – 8:41AM	Ashvini Until 5:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:07AM	Vikarin 5121
		Yama 3:47PM – 5:34PM	Priti Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 3
	225583469	Rahu 10:27AM – 12:14PM	Catuspada Until 5:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36PM	Moon – White		Bhuloka Day
Until 5:18AM Sat				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Toronto, Canada Sun 13 Sutra 20	
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika 5:06AM – 6:53AM	Bharani Until 5:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	Vikarin 5121
		Yama 2:01PM – 3:48PM	Ayushman Until 5:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 3
	225583469	Rahu 8:40AM – 10:27AM	Kintughna Until 5:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:47PM	Moon – White		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Toronto, Canada Sun 14 Sutra 21	
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika 3:49PM – 5:36PM	Krittika Until 5:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Vikarin 5121
		Yama 12:14PM – 2:01PM	Saubhagya Until 4:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 3
	225583469	Rahu 5:36PM – 7:23PM	Balava Until 5:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:30PM	Moon – White		Bhuloka Day
Until 5:58AM Mon				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Toronto, Canada Sun 15 Sutra 22
1		Gulika 2:01PM – 3:49PM	Rohini Until 5:56AM Tue	Ganesha: Purple <i>Sunrise:</i> 5:03AM	Vikarin 5121
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:26AM – 12:14PM	Sobhana Until 2:43PM	Muruqa: Yellow <i>Sunset:</i> 7:24PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:51AM – 8:39AM	Taitila Until 4:21AM Tue	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 4:49PM	Moon – White	Bhuloka Day
Until 5:56AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Toronto, Canada Sun 16 Sutra 23
2		Gulika 12:14PM – 2:02PM	Mrigashira Until 5:27AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 5:02AM	Vikarin 5121
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:38AM – 10:26AM	Athiganda* Until 12:50PM	Muruqa: Yellow <i>Sunset:</i> 7:25PM	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 3:50PM – 5:37PM	Vanija Until 3:10AM Wed	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:46PM	Moon – Yellow	Bhuloka Day
		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Toronto, Canada Sun 17 Sutra 24
3		Gulika 10:26AM – 12:14PM	Ardra Until 4:35AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 5:01AM	Vikarin 5121
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:49AM – 8:37AM	Sukarma Until 10:44AM	Muruqa: Yellow <i>Sunset:</i> 7:27PM	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 12:14PM – 2:02PM	Bava Until 1:43AM Thu	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 2:27PM	Moon – Yellow	Bhuloka Day
Until 4:35AM Thu				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Toronto, Canada Sun 18 Sutra 25
4		Gulika 8:37AM – 10:25AM	Punarvasu Until 3:48AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:00AM	Vikarin 5121
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 5:00AM – 6:48AM	Dhriti Until 8:28AM	Muruqa: Yellow <i>Sunset:</i> 7:28PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 2:02PM – 3:51PM	Kaulava Until 12:04AM Fri	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 12:54PM	Moon – Blue	Devaloka Day
Until 3:48AM Fri				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Toronto, Canada Sun 19 Sutra 26
5		Gulika 6:47AM – 8:36AM	Pushya Until 2:40AM Sat	Ganesha: Orange <i>Sunrise:</i> 4:58AM	Vikarin 5121
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:51PM – 5:40PM	Ganda* Until 6:00AM	Muruqa: Yellow <i>Sunset:</i> 7:29PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 10:25AM – 12:14PM	Gara Until 10:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Shashthi* Until 11:09AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Toronto, Canada Sun 20 Sutra 27
Retreat Star		Gulika 4:57AM – 6:46AM	Ashlesha* Until 1:14AM Sun	Ganesha: Orange <i>Sunrise:</i> 4:57AM	Vikarin 5121
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 2:03PM – 3:52PM	Vriddhi Until 12:38AM Sun	Muruqa: Yellow <i>Sunset:</i> 7:30PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 8:35AM – 10:24AM	Visti Until 8:11PM	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 9:12AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Toronto, Canada Sun 21 Sutra 28
Retreat Star		Gulika 3:52PM – 5:42PM	Magha* Until 11:55PM	Ganesha: White <i>Sunrise:</i> 4:56AM	Vikarin 5121
Simha Rasi: 2.43	Tithi 8 – 9	Yama 12:14PM – 2:03PM	Dhruva Until 9:44PM	Muruqa: Yellow <i>Sunset:</i> 7:31PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 5:42PM – 7:31PM	Balava Until 6:00PM	Nataraja: Clear	Navami
Routine Work Marana Yoga			Ashtami* Until 7:05AM	Moon – Red	Bhuloka Day
Until 11:55PM		Mother's Day		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					


Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau			Toronto, Canada Sun 22 Sutra 29	
1	Simha Rasi: 16.56 Tithi 10	Gulika 2:03PM – 3:53PM	Purvaphalguni Until 10:22PM	Ganesha: White <i>Sunrise:</i> 4:55AM	Vikarin 5121	
Family Home Evening	256583469	Yama 10:24AM – 12:14PM	Vyaghata* Until 6:46PM	Muruqa: Yellow <i>Sunset:</i> 7:32PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 6:45AM – 8:34AM	Taitila Until 3:41PM	Nataraja: Clear	4th Phase	
			Dashami Until 2:29AM Tue	Moon – Red	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Vaisaka-Chaitra		


Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau			Toronto, Canada Sun 23 Sutra 30	
2	Kanya Rasi: 1.12 Tithi 11	Gulika 12:14PM – 2:03PM	Uttaraphalguni Until 8:37PM	Ganesha: White <i>Sunrise:</i> 4:54AM	Vikarin 5121	
	256583469	Yama 8:34AM – 10:24AM	Harshana Until 3:45PM	Muruqa: Yellow <i>Sunset:</i> 7:32PM	Moon 4 - Phase 5	
Creative Work Amrita Yoga		Rahu 3:53PM – 5:43PM	Vanija Until 1:19PM	Nataraja: Clear	4th Phase	
Until 8:37PM			Ekadashi Until 12:06AM Wed	Moon – Red	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi		

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau			Toronto, Canada Sun 24 Sutra 31	
3	Kanya Rasi: 15.29 Tithi 12	Gulika 10:23AM – 12:14PM	Hasta Until 7:11PM	Ganesha: Yellow <i>Sunrise:</i> 4:53AM	Vikarin 5121	
	266583469	Yama 6:43AM – 8:33AM	Vajra* Until 12:44PM	Muruqa: Yellow <i>Sunset:</i> 7:34PM	Moon 4 - Phase 5	
Routine Work Marana Yoga		Rahu 12:14PM – 2:04PM	Bava Until 10:56AM	Nataraja: Clear	4th Phase	
Until 7:11PM			Dvadashti Until 9:45PM	Moon – Green	Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi		

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Toronto, Canada Sun 25 Sutra 32	
4	Kanya Rasi: 29.44 Tithi 13	Gulika 8:33AM – 10:23AM	Chitra Until 5:45PM	Ganesha: Yellow <i>Sunrise:</i> 4:52AM	Vikarin 5121	
	266583469	Yama 4:52AM – 6:42AM	Siddhi Until 9:49AM	Muruqa: Yellow <i>Sunset:</i> 7:35PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 2:04PM – 3:54PM	Kaulava Until 8:39AM	Nataraja: Clear	4th Phase	
Until 5:45PM			Trayodashi Until 7:34PM	Moon – Green	Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi		
			<i>Pradosha Vrata</i>			

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyaga Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau			Toronto, Canada Sun 26 Sutra 33	
5	Tula Rasi: 13.5 Tithi 14 – 15	Gulika 6:41AM – 8:32AM	Svati Until 4:26PM	Ganesha: Yellow <i>Sunrise:</i> 4:51AM	Vikarin 5121	
	266583469	Yama 3:55PM – 5:46PM	Vyatipata* Until 7:05AM	Muruqa: Yellow <i>Sunset:</i> 7:36PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 10:23AM – 12:14PM	Gara Until 6:35AM	Nataraja: Clear	4th Phase	
			Chaturdashi* Until 5:39PM	Moon – Green	Devaloka Day	
				Vaisaka-Vaikasi		

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Toronto, Canada Sun 27 Sutra 34	
	Tula Rasi: 27.43 Tithi 15 – 16	Gulika 4:50AM – 6:41AM	Vishakha Until 3:48PM	Ganesha: Blue <i>Sunrise:</i> 4:50AM	Vikarin 5121	
Copper Retreat Star	276583469	Yama 2:05PM – 3:55PM	Parigha* Until 2:32AM Sun	Muruqa: Yellow <i>Sunset:</i> 7:37PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 8:32AM – 10:23AM	Balava Until 3:36AM Sun	Nataraja: Clear	Purnima	
			Purnima* Until 4:09PM	Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Vaisaka-Vaikasi		

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Toronto, Canada Sutra 35	
	Vrischika Rasi: 11.2 Tithi 16 – 17	Gulika 3:56PM – 5:47PM	Anuradha Until 3:33PM	Ganesha: Yellow <i>Sunrise:</i> 4:49AM	Vikarin 5121	
Silver Retreat Star	277583469	Yama 12:14PM – 2:05PM	Shiva Until 12:56AM Mon	Muruqa: Yellow <i>Sunset:</i> 7:38PM	Moon 4 - Phase 5	
Routine Work Marana Yoga		Rahu 5:47PM – 7:38PM	Taitila Until 2:56AM Mon	Nataraja: Clear	Prathama	
			Prathama* Until 3:10PM	Moon – Orange	Devaloka Day	
				Vaisaka-Vaikasi		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 2:05PM – 3:57PM
Yama 10:22AM – 12:14PM
Rahu 6:39AM – 8:31AM
Jyeshtha* Until 3:47PM
Siddha Until 11:50PM
Vanija Until 2:55AM Tue
Dvitiya Until 2:49PM

Ganesha: Yellow *Sunrise:* 4:48AM
Muruqa: Yellow *Sunset:* 7:39PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Toronto, Canada
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 12:14PM – 2:05PM
Yama 8:30AM – 10:22AM
Rahu 3:57PM – 5:49PM
Mula* Until 4:59PM
Sadhya Until 11:18PM
Bava Until 3:37AM Wed
Tritiya Until 3:10PM

Ganesha: Red *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 7:40PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Toronto, Canada
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 10:22AM – 12:14PM
Yama 6:38AM – 8:30AM
Rahu 12:14PM – 2:06PM
Purvashadha* Until 6:43PM
Subha Until 11:19PM
Kaulava Until 4:59AM Thu
Chaturthi* Until 4:12PM

Ganesha: Red *Sunrise:* 4:46AM
Muruqa: Yellow *Sunset:* 7:41PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Toronto, Canada
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Amrita Yoga

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 8:30AM – 10:22AM
Yama 4:45AM – 6:37AM
Rahu 2:06PM – 3:58PM
Uttarashadha Until 8:52PM
Sukla Until 11:45PM
Gara Until 6:54AM Fri
Panchami Until 5:51PM

Ganesha: Red *Sunrise:* 4:45AM
Muruqa: Yellow *Sunset:* 7:42PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Toronto, Canada
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 6:37AM – 8:29AM
Yama 3:59PM – 5:51PM
Rahu 10:22AM – 12:14PM
Shravana Until 11:47PM
Brahma Until 12:31AM Sat
Gara Until 6:54AM
Shashthi* Until 7:59PM

Ganesha: Green *Sunrise:* 4:44AM
Muruqa: Yellow *Sunset:* 7:43PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Toronto, Canada
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 4:44AM – 6:36AM
Yama 2:07PM – 3:59PM
Rahu 8:29AM – 10:21AM
Dhanishtha Until 2:44AM Sun
Indra Until 1:29AM Sun
Visti Until 9:11AM
Saptami Until 10:22PM

Ganesha: Red *Sunrise:* 4:44AM
Muruqa: Yellow *Sunset:* 7:44PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Toronto, Canada
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Siddha Yoga

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 4:00PM – 5:53PM
Yama 12:14PM – 2:07PM
Rahu 5:53PM – 7:45PM
Shatabhishak Until 5:32AM Mon
Vaidhriti* Until 2:25AM Mon
Balava Until 11:37AM
Ashtami* Until 12:47AM Mon

Ganesha: Blue *Sunrise:* 4:43AM
Muruqa: Yellow *Sunset:* 7:45PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Toronto, Canada
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 20.08 Tithi 24

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau
Gulika 2:07PM – 4:00PM
Yama 10:21AM – 12:14PM
Rahu 6:35AM – 8:28AM
Purvaproshtapada* Until 8:26AM Tue
Vishkambha* Until 3:12AM Tue
Taitila Until 1:57PM
Navami* Until 3:00AM Tue

Ganesha: Purple *Sunrise:* 4:42AM
Muruqa: Yellow *Sunset:* 7:46PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

Toronto, Canada
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Toronto, Canada Sun 9	Sutra 44 Vikarin 5121
Meena Rasi: 2.06	Tithi 25	Gulika	12:14PM – 2:08PM	Purvaproshtapada* Until 8:26AM	Ganesha: Purple	<i>Sunrise:</i> 4:42AM		
		Yama	8:28AM – 10:21AM	Priti Until 3:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 7	
		318683469 Rahu	4:01PM – 5:54PM	Vanija Until 4:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Dashami Until 4:50AM Wed	Moon – Clear		Sivaloka Day	
Until 8:26AM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Toronto, Canada Sun 10	Sutra 45 Vikarin 5121
Meena Rasi: 14.14	Tithi 26	Gulika	10:21AM – 12:14PM	Uttaraproshtapada Until 10:45AM	Ganesha: Purple	<i>Sunrise:</i> 4:41AM		
		Yama	6:34AM – 8:28AM	Ayushman Until 3:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 7	
		318683469 Rahu	12:14PM – 2:08PM	Bava Until 5:34PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM Thu	Moon – Clear		Sivaloka Day	
Until 10:45AM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Toronto, Canada Sun 11	Sutra 46 Vikarin 5121
Meena Rasi: 26.35	Tithi 26 – 27	Gulika	8:27AM – 10:21AM	Revati Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:40AM		
		Yama	4:40AM – 6:34AM	Saubhagya Until 3:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 7	
		318683469 Rahu	2:08PM – 4:02PM	Kaulava Until 6:33PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM	Moon – Clear		Sivaloka Day	
Until 12:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Toronto, Canada Sun 12	Sutra 47 Vikarin 5121
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika	6:34AM – 8:27AM	Ashvini Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM		
		Yama	4:02PM – 5:56PM	Sobhana Until 2:30AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 7	
		328683469 Rahu	10:21AM – 12:15PM	Gara Until 6:54PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 6:47AM	Moon – White		Devaloka Day	
Until 1:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Toronto, Canada Sun 13	Sutra 48 Vikarin 5121
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika	4:39AM – 6:33AM	Bharani Until 2:14PM	Ganesha: White	<i>Sunrise:</i> 4:39AM		
		Yama	2:09PM – 4:03PM	Athiganda* Until 1:05AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 7	
		329683469 Rahu	8:27AM – 10:21AM	Visti Until 6:37PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 6:49AM	Moon – White		Bhuloka Day	
Until 2:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Toronto, Canada Sun 14	Sutra 49 Vikarin 5121
Retreat Star		Gulika	4:03PM – 5:57PM	Krittika Until 2:02PM	Ganesha: White	<i>Sunrise:</i> 4:39AM		
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	12:15PM – 2:09PM	Sukarma Until 11:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 7	
		329683469 Rahu	5:57PM – 7:51PM	Naga Until 5:05AM Mon	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Toronto, Canada Sun 15	Sutra 50 Vikarin 5121
Vrishabha Rasi: 18.58	Tithi 1	Gulika	2:09PM – 4:04PM	Rohini Until 1:37PM	Ganesha: Green	<i>Sunrise:</i> 4:38AM		
Family Home Evening		Yama	10:21AM – 12:15PM	Dhriti Until 9:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:52PM	Moon 5 - Phase 7	
		339683469 Rahu	6:33AM – 8:27AM	Kintughna Until 4:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Prathama* Until 3:30AM Tue	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1	Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Toronto, Canada
	Mithuna Rasi: 2.47	Tithi 2	Gulika 12:15PM – 2:10PM	Mrigashira Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 4:38AM	Sun 16 Sutra 51
			Yama 8:27AM – 10:21AM	Shula* Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Vikarin 5121
			339683461 Rahu 4:04PM – 5:58PM	Balava Until 2:35PM	Nataraja: Clear		Moon 5 - Phase 8
Creative Work	Siddha Yoga		Dvitiya Until 1:34AM Wed	Moon – Yellow		3rd Phase	
Until 12:39PM				Jyeshtha-Vaikasi		Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Toronto, Canada
	Mithuna Rasi: 16.49	Tithi 3	Gulika 10:21AM – 12:16PM	Ardra Until 11:14AM	Ganesha: Green	<i>Sunrise:</i> 4:38AM	Sun 17 Sutra 52
			Yama 6:32AM – 8:27AM	Ganda* Until 3:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Vikarin 5121
			339683461 Rahu 12:16PM – 2:10PM	Taitila Until 12:31PM	Nataraja: Yellow		Moon 5 - Phase 8
Creative Work	Siddha Yoga		Tritiya Until 11:23PM	Moon – Yellow		3rd Phase	
				Jyeshtha-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau				Toronto, Canada
	Kataka Rasi: 1	Tithi 4	Gulika 8:26AM – 10:21AM	Punarvasu Until 9:55AM	Ganesha: White	<i>Sunrise:</i> 4:37AM	Sun 18 Sutra 53
			Yama 4:37AM – 6:32AM	Vridhhi Until 12:48PM	Muruqa: Yellow	<i>Sunset:</i> 7:54PM	Vikarin 5121
			349683461 Rahu 2:10PM – 4:05PM	Vanija Until 10:15AM	Nataraja: Yellow		Moon 5 - Phase 8
Creative Work	Amrita Yoga		Chaturthi* Until 9:04PM	Moon – Blue		3rd Phase	
				Jyeshtha-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

4	Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Toronto, Canada
	Kataka Rasi: 15.15	Tithi 5	Gulika 6:32AM – 8:26AM	Pushya Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 4:37AM	Sun 19 Sutra 54
			Yama 4:05PM – 6:00PM	Dhruva Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:55PM	Vikarin 5121
			349683461 Rahu 10:21AM – 12:16PM	Bava Until 7:54AM	Nataraja: Yellow		Moon 5 - Phase 8
Routine Work	Marana Yoga		Panchami Until 6:42PM	Moon – Blue		3rd Phase	
				Jyeshtha-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

5	Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Toronto, Canada
	Kataka Rasi: 29.32	Tithi 6 – 7	Gulika 4:37AM – 6:31AM	Ashlesha* Until 6:38AM	Ganesha: White	<i>Sunrise:</i> 4:37AM	Sun 20 Sutra 55
			Yama 2:11PM – 4:06PM	Vyaghata* Until 6:50AM	Muruqa: Yellow	<i>Sunset:</i> 7:55PM	Vikarin 5121
			349683461 Rahu 8:26AM – 10:21AM	Gara Until 3:12AM Sun	Nataraja: Yellow		Moon 5 - Phase 8
Routine Work	Marana Yoga		Shashthi* Until 4:20PM	Moon – Blue		3rd Phase	
Until 6:38AM				Jyeshtha-Vaikasi		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	

☾	Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Toronto, Canada
	Retreat Star		Gulika 4:06PM – 6:01PM	Purvaphalguni Until 3:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Sun 21 Sutra 56
	Simha Rasi: 13.46	Tithi 7 – 8	Yama 12:16PM – 2:11PM	Vajra* Until 1:00AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:56PM	Vikarin 5121
			351683461 Rahu 6:01PM – 7:56PM	Visti Until 12:58AM Mon	Nataraja: Yellow		Moon 5 - Phase 8
Creative Work	Siddha Yoga		Saptami Until 2:03PM	Moon – Red		Ashtami	
				Jyeshtha-Vaikasi		Devaloka Day	

☾	Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Toronto, Canada
	Retreat Star		Gulika 2:11PM – 4:07PM	Uttaraphalguni Until 2:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Sun 22 Sutra 57
	Simha Rasi: 27.57	Tithi 8 – 9	Yama 10:21AM – 12:16PM	Siddhi Until 10:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:57PM	Vikarin 5121
	Family Home Evening		351683461 Rahu 6:31AM – 8:26AM	Balava Until 10:51PM	Nataraja: Yellow		Moon 5 - Phase 8
Creative Work	Siddha Yoga		Ashtami* Until 11:52AM	Moon – Red		Navami	
				Jyeshtha-Vaikasi		Devaloka Day	

1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Toronto, Canada
	Kanya Rasi: 12.02	Tithi 9 – 10	361683461	Gulika 12:17PM – 2:12PM	Hasta Until 1:21AM Wed	Ganesha: White <i>Sunrise:</i> 4:36AM	Sun 23 Sutra 58
				Yama 8:26AM – 10:21AM	Vyatipata* Until 7:36PM	Muruqa: Yellow <i>Sunset:</i> 7:57PM	Vikarin 5121
	Creative Work	Siddha Yoga		Rahu 4:07PM – 6:02PM	Taitila Until 8:53PM	Nataraja: Yellow	Moon 5 - Phase 9
				Navami* Until 9:49AM	Moon – Green	4th Phase	
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Toronto, Canada
	Kanya Rasi: 26.01	Tithi 10 – 11	361683461	Gulika 10:22AM – 12:17PM	Chitra Until 12:25AM Thu	Ganesha: White <i>Sunrise:</i> 4:36AM	Sun 24 Sutra 59
				Yama 6:31AM – 8:26AM	Variyan Until 5:07PM	Muruqa: Yellow <i>Sunset:</i> 7:57PM	Vikarin 5121
	Creative Work	Siddha Yoga		Rahu 12:17PM – 2:12PM	Vanija Until 7:08PM	Nataraja: Yellow	Moon 5 - Phase 9
				Dashami Until 7:58AM	Moon – Green	4th Phase	
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Toronto, Canada
	Tula Rasi: 9.52	Tithi 11 – 12	361683461	Gulika 8:26AM – 10:22AM	Svati Until 11:37PM	Ganesha: White <i>Sunrise:</i> 4:36AM	Sun 25 Sutra 60
				Yama 4:36AM – 6:31AM	Parigha* Until 2:51PM	Muruqa: Yellow <i>Sunset:</i> 7:57PM	Vikarin 5121
	Creative Work	Amrita Yoga		Rahu 2:12PM – 4:08PM	Balava Until 5:00AM Fri	Nataraja: Yellow	Moon 5 - Phase 9
				Ekadashi Until 6:20AM	Moon – Green	4th Phase	
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Toronto, Canada
	Tula Rasi: 23.31	Tithi 13	371693461	Gulika 6:31AM – 8:26AM	Vishakha Until 11:27PM	Ganesha: Clear <i>Sunrise:</i> 4:36AM	Sun 26 Sutra 61
				Yama 4:08PM – 6:03PM	Shiva Until 12:52PM	Muruqa: Blue <i>Sunset:</i> 7:57PM	Vikarin 5121
	Creative Work	Siddha Yoga		Rahu 10:22AM – 12:17PM	Kaulava Until 4:29PM	Nataraja: Yellow	Moon 5 - Phase 9
				Trayodashi Until 4:01AM Sat	Moon – Orange	4th Phase	
			Vaikasi Visakam		Jyeshtha-Vaikasi	Sivaloka Day	
						<i>Pradosha Vrata</i>	

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Toronto, Canada
	Vrischika Rasi: 6.58	Tithi 14	371793461	Gulika 4:36AM – 6:31AM	Anuradha Until 11:33PM	Ganesha: White <i>Sunrise:</i> 4:36AM	Sun 27 Sutra 62
				Yama 2:13PM – 4:08PM	Siddha Until 11:09AM	Muruqa: Blue <i>Sunset:</i> 7:57PM	Vikarin 5121
	Creative Work	Siddha Yoga		Rahu 8:27AM – 10:22AM	Gara Until 3:43PM	Nataraja: Yellow	Moon 5 - Phase 9
				Chaturdashi* Until 3:29AM Sun	Moon – Orange	4th Phase	
					Jyeshtha-Ani	Subha Sivaloka Day	

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Toronto, Canada
	Copper Retreat Star			Gulika 4:09PM – 6:04PM	Jyeshtha* Until 11:59PM	Ganesha: White <i>Sunrise:</i> 4:36AM	Sutra 63
	Vrischika Rasi: 20.11	Tithi 15	371793461	Yama 12:18PM – 2:13PM	Sadhya Until 9:49AM	Muruqa: Blue <i>Sunset:</i> 8:00PM	Vikarin 5121
	Routine Work	Marana Yoga		Rahu 6:04PM – 8:00PM	Visti Until 3:25PM	Nataraja: Yellow	Moon 5 - Phase 9
				Purnima* Until 3:27AM Mon	Moon – Orange	Purnima	
			Father's Day		Jyeshtha-Ani	Subha Sivaloka Day	

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Toronto, Canada
	Silver Retreat Star			Gulika 2:13PM – 4:09PM	Mula* Until 1:16AM Tue	Ganesha: Clear <i>Sunrise:</i> 4:36AM	Sutra 64
	Dhanus Rasi: 3.07	Tithi 16	381793461	Yama 10:22AM – 12:18PM	Subha Until 8:55AM	Muruqa: Blue <i>Sunset:</i> 8:00PM	Vikarin 5121
	Family Home Evening			Rahu 6:31AM – 8:27AM	Balava Until 3:39PM	Nataraja: Yellow	Moon 5 - Phase 9
				Prathama* Until 3:58AM Tue	Moon – Light Blue	Prathama	
					Jyeshtha-Ani	Sivaloka Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Toronto, Canada
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

Gulika 12:18PM – 2:14PM
Yama 8:27AM – 10:22AM
381793461 **Rahu** 4:09PM – 6:05PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise: 4:36AM*
Muruqa: Blue *Sunset: 8:00PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Tritiyayam Titau

Toronto, Canada
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

Gulika 10:23AM – 12:18PM
Yama 6:32AM – 8:27AM
382793461 **Rahu** 12:18PM – 2:14PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise: 4:36AM*
Muruqa: Blue *Sunset: 8:01PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Toronto, Canada
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

Gulika 8:27AM – 10:23AM
Yama 4:36AM – 6:32AM
392793461 **Rahu** 2:14PM – 4:10PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise: 4:36AM*
Muruqa: Blue *Sunset: 8:01PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Toronto, Canada
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

Gulika 6:32AM – 8:27AM
Yama 4:10PM – 6:05PM
392793461 **Rahu** 10:23AM – 12:19PM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise: 4:36AM*
Muruqa: Blue *Sunset: 8:01PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Toronto, Canada
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

Gulika 4:37AM – 6:32AM
Yama 2:14PM – 4:10PM
392793461 **Rahu** 8:28AM – 10:23AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise: 4:37AM*
Muruqa: Blue *Sunset: 8:01PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Toronto, Canada
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

Gulika 4:10PM – 6:06PM
Yama 12:19PM – 2:15PM
392793461 **Rahu** 6:06PM – 8:01PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visli Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise: 4:37AM*
Muruqa: Blue *Sunset: 8:01PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Toronto, Canada
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

Gulika 2:15PM – 4:10PM
Yama 10:24AM – 12:19PM
312793461 **Rahu** 6:33AM – 8:28AM

Purvaprosarthapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise: 4:37AM*
Muruqa: Blue *Sunset: 8:01PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Toronto, Canada
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

Gulika 12:19PM – 2:15PM
Yama 8:28AM – 10:24AM
312793461 **Rahu** 4:11PM – 6:06PM

Uttaraprosarthapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise: 4:37AM*
Muruqa: Blue *Sunset: 8:02PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Toronto, Canada
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

Gulika 10:24AM – 12:20PM
Yama 6:33AM – 8:29AM
312793461 **Rahu** 12:20PM – 2:15PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise: 4:38AM*
Muruqa: Blue *Sunset: 8:02PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Sivaloka Day


1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau			Toronto, Canada Sun 9 Sutra 74	
Mesha Rasi: 4.35	Tithi 25	Gulika 8:29AM – 10:24AM	Ashvini Until 10:38PM	Ganesha: Blue	<i>Sunrise:</i> 4:38AM		Vikarin 5121	
		Yama 4:38AM – 6:34AM	Athiganda* Until 1:06PM	Muruqa: Blue	<i>Sunset:</i> 8:02PM		Moon 6 - Phase 11	
		322793461 Rahu 2:15PM – 4:11PM	Vanija Until 7:43AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 8:04PM	Moon – White		Devaloka Day		
Until 10:38PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau			Toronto, Canada Sun 10 Sutra 75	
Mesha Rasi: 17.14	Tithi 26	Gulika 6:34AM – 8:29AM	Bharani Until 11:26PM	Ganesha: Blue	<i>Sunrise:</i> 4:39AM		Vikarin 5121	
		Yama 4:11PM – 6:06PM	Sukarma Until 12:27PM	Muruqa: Blue	<i>Sunset:</i> 8:02PM		Moon 6 - Phase 11	
		322793461 Rahu 10:25AM – 12:20PM	Bava Until 8:16AM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:15PM	Moon – White		Devaloka Day		
				Jyeshtha-Ani				

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Toronto, Canada Sun 11 Sutra 76	
Vrishabha Rasi: 0.15	Tithi 27	Gulika 4:39AM – 6:34AM	Krittika Until 11:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:39AM		Vikarin 5121	
		Yama 2:16PM – 4:11PM	Dhriti Until 11:14AM	Muruqa: Blue	<i>Sunset:</i> 8:02PM		Moon 6 - Phase 11	
		322793461 Rahu 8:30AM – 10:25AM	Kaulava Until 8:06AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 7:43PM	Moon – White		Devaloka Day		
				Jyeshtha-Ani				

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			Toronto, Canada Sun 12 Sutra 77	
Vrishabha Rasi: 13.38	Tithi 28	Gulika 4:11PM – 6:06PM	Rohini Until 10:56PM	Ganesha: Blue	<i>Sunrise:</i> 4:39AM		Vikarin 5121	
		Yama 12:20PM – 2:16PM	Shula* Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 8:01PM		Moon 6 - Phase 11	
		322793461 Rahu 6:06PM – 8:01PM	Gara Until 7:12AM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:29PM	Moon – Yellow		Devaloka Day		
				Jyeshtha-Ani				
			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Toronto, Canada Sun 13 Sutra 78	
Vrishabha Rasi: 27.25	Tithi 29 – 30	Gulika 2:16PM – 4:11PM	Mrigashira Until 9:46PM	Ganesha: Blue	<i>Sunrise:</i> 4:40AM		Vikarin 5121	
Family Home Evening		Yama 10:25AM – 12:21PM	Ganda* Until 7:06AM	Muruqa: Blue	<i>Sunset:</i> 8:01PM		Moon 6 - Phase 11	
		332793461 Rahu 6:35AM – 8:30AM	Catuspada Until 3:33AM Tue	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:39PM	Moon – Yellow		Devaloka Day		
Until 9:46PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Toronto, Canada Sun 14 Sutra 79	
Retreat Star		Gulika 12:21PM – 2:16PM	Ardra Until 7:59PM	Ganesha: Red	<i>Sunrise:</i> 4:41AM		Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:31AM – 10:26AM	Dhruva Until 1:12AM Wed	Muruqa: Blue	<i>Sunset:</i> 8:01PM		Moon 6 - Phase 11	
		333793461 Rahu 4:11PM – 6:06PM	Kintughna Until 1:00AM Wed	Nataraja: Yellow			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 2:18PM	Moon – Yellow		Sivaloka Day		
Until 7:59PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Toronto, Canada Sun 15 Sutra 80	
Mithuna Rasi: 25.57	Tithi 1 – 2	Gulika 10:26AM – 12:21PM	Punarvasu Until 6:08PM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM		Vikarin 5121	
		Yama 6:36AM – 8:31AM	Vyaghata* Until 9:49PM	Muruqa: Blue	<i>Sunset:</i> 8:01PM		Moon 6 - Phase 11	
		343793461 Rahu 12:21PM – 2:16PM	Balava Until 10:10PM	Nataraja: Yellow			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:36AM	Moon – Blue		Sivaloka Day		
				Ashada-Ani				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau			Toronto, Canada Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 – 3	343793461	Gulika 8:31AM – 10:26AM Yama 4:42AM – 6:37AM Rahu 2:16PM – 4:11PM	Pushya Until 3:58PM Harshana Until 6:19PM Taitila Until 7:10PM Dvitiya Until 8:39AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 4:42AM Sunset: 8:01PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 3:58PM Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau			Toronto, Canada Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	343793461	Gulika 6:37AM – 8:32AM Yama 4:11PM – 6:06PM Rahu 10:27AM – 12:21PM	Ashlesha* Until 1:37PM Vajra* Until 2:45PM Vanija Until 4:08PM Chaturthi* Until 2:37AM Sat	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 4:42AM Sunset: 8:00PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Routine Work Marana Yoga							

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau			Toronto, Canada Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	353793461	Gulika 4:43AM – 6:38AM Yama 2:16PM – 4:11PM Rahu 8:32AM – 10:27AM	Magha* Until 11:37AM Siddhi Until 11:17AM Bava Until 1:11PM Panchami Until 11:46PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 4:43AM Sunset: 8:00PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 11:37AM Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Toronto, Canada Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	453793461	Gulika 4:11PM – 6:05PM Yama 12:22PM – 2:16PM Rahu 6:05PM – 8:00PM	Purvaphalguni Until 9:40AM Vyatipata* Until 7:59AM Kaulava Until 10:27AM Shashthi* Until 9:10PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 4:44AM Sunset: 8:00PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 9:40AM Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Toronto, Canada Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	453793461	Gulika 2:16PM – 4:11PM Yama 10:27AM – 12:22PM Rahu 6:39AM – 8:33AM	Uttaraphalguni Until 7:52AM Parigha* Until 2:06AM Tue Gara Until 8:00AM Saptami Until 6:53PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 4:44AM Sunset: 7:59PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga							

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Toronto, Canada Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 – 9	463793461	Gulika 12:22PM – 2:16PM Yama 8:34AM – 10:28AM Rahu 4:10PM – 6:05PM	Hasta Until 6:43AM Shiva Until 11:39PM Balava Until 4:14AM Wed Ashtami* Until 5:00PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Green	Sunrise: 4:45AM Sunset: 7:59PM	Vikarin 5121 Moon 6 - Phase 12 Ashtami Subha Sivaloka Day
Creative Work Siddha Yoga							

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Toronto, Canada Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 – 10	463893461	Gulika 10:28AM – 12:22PM Yama 6:40AM – 8:34AM Rahu 12:22PM – 2:16PM	Svati Until 5:15AM Thu Siddha Until 9:32PM Taitila Until 3:00AM Thu Navami* Until 3:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Green	Sunrise: 4:46AM Sunset: 7:58PM	Vikarin 5121 Moon 6 - Phase 12 Navami Sivaloka Day
Creative Work Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Toronto, Canada Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	Gulika 8:34AM – 10:28AM	Vishakha Until 5:25AM Fri	Ganesha: White <i>Sunrise:</i> 4:47AM	Vikarin 5121
			Yama 4:47AM – 6:40AM	Sadhya Until 7:48PM	Muruqa: Blue <i>Sunset:</i> 7:58PM	Moon 6 - Phase 13
	473893461	Rahu 2:16PM – 4:10PM	Vanija Until 2:13AM Fri		Nataraja: Yellow	4th Phase
Creative Work	Siddha Yoga	Dashami Until 2:32PM		Moon – Orange	Devaloka Day	
Ashada•Ani						

2	Friday, July 12, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Toronto, Canada Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 6:41AM – 8:35AM	Anuradha Until 5:54AM Sat	Ganesha: White <i>Sunrise:</i> 4:47AM	Vikarin 5121
			Yama 4:10PM – 6:04PM	Subha Until 6:28PM	Muruqa: Blue <i>Sunset:</i> 7:57PM	Moon 6 - Phase 13
	473893461	Rahu 10:29AM – 12:22PM	Bava Until 1:56AM Sat		Nataraja: Yellow	4th Phase
Creative Work	Siddha Yoga	Ekadashi Until 2:00PM		Moon – Orange	Devaloka Day	
Ashada•Ani						

3	Saturday, July 13, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Toronto, Canada Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 4:48AM – 6:42AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White <i>Sunrise:</i> 4:48AM	Vikarin 5121
			Yama 2:16PM – 4:10PM	Sukla Until 5:29PM	Muruqa: Blue <i>Sunset:</i> 7:57PM	Moon 6 - Phase 13
	473893461	Rahu 8:35AM – 10:29AM	Kaulava Until 2:07AM Sun		Nataraja: Yellow	4th Phase
Creative Work	Siddha Yoga	Dvadashi Until 1:56PM		Moon – Orange	Devaloka Day	
Until 6:43AM Sun		<i>Pradosha Vrata</i>				
Then Creative Work - Amrita Yoga						

4	Sunday, July 14, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Toronto, Canada Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 4:09PM – 6:03PM	Jyeshtha* Until 6:43AM	Ganesha: White <i>Sunrise:</i> 4:49AM	Vikarin 5121
			Yama 12:23PM – 2:16PM	Brahma Until 4:53PM	Muruqa: Blue <i>Sunset:</i> 7:56PM	Moon 6 - Phase 13
	473893461	Rahu 6:03PM – 7:56PM	Gara Until 2:47AM Mon		Nataraja: Yellow	4th Phase
Routine Work	Marana Yoga	Trayodashi Until 2:22PM		Moon – Orange	Devaloka Day	
Until 6:43AM						
Then Creative Work - Amrita Yoga						

5	Monday, July 15, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Toronto, Canada Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 2:16PM – 4:09PM	Mula* Until 8:18AM	Ganesha: Clear <i>Sunrise:</i> 4:50AM	Vikarin 5121
			Yama 10:29AM – 12:23PM	Indra Until 4:41PM	Muruqa: Blue <i>Sunset:</i> 7:55PM	Moon 6 - Phase 13
	483893461	Rahu 6:43AM – 8:36AM	Visti Until 3:54AM Tue		Nataraja: Yellow	4th Phase
Family Home Evening	Siddha Yoga	Chaturdashi* Until 3:16PM		Moon – Light Blue	Sivaloka Day	
Until 8:18AM						
Then Routine Work - Marana Yoga						

○	Tuesday, July 16, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Toronto, Canada Sun 28 Sutra 93
	Dhanus Rasi: 24.31	Tithi 15 – 16	Gulika 12:23PM – 2:16PM	Purvashadha* Until 10:10AM	Ganesha: Clear <i>Sunrise:</i> 4:51AM	Vikarin 5121
			Yama 8:37AM – 10:30AM	Vaidhriti* Until 4:48PM	Muruqa: Blue <i>Sunset:</i> 7:55PM	Moon 6 - Phase 13
	483893461	Rahu 4:09PM – 6:02PM	Balava Until 5:28AM Wed		Nataraja: Yellow	Purnima
Creative Work	Siddha Yoga	Purnima* Until 4:37PM		Moon – Light Blue	Sivaloka Day	
Until 10:10AM						
Then Routine Work - Prabalarishta Yoga						
		Partial Lunar Eclipse Satguru Purnima				

○	Wednesday, July 17, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Toronto, Canada Sun 29 Sutra 94
	Makara Rasi: 6.44	Tithi 16	Gulika 10:30AM – 12:23PM	Uttarashadha Until 12:18PM	Ganesha: Purple <i>Sunrise:</i> 4:52AM	Vikarin 5121
			Yama 6:44AM – 8:37AM	Vishkambha* Until 5:14PM	Muruqa: Blue <i>Sunset:</i> 7:54PM	Moon 6 - Phase 13
	484893462	Rahu 12:23PM – 2:16PM	Kaulava Until 6:23PM		Nataraja: White	Prathama
Creative Work	Amrita Yoga	Prathama* Until 6:23PM		Moon – Light Blue	Subha Subha Sivaloka Day	
Until 12:18PM						
Then Creative Work - Siddha Yoga						



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 8:38AM – 10:30AM **Shravana Until 3:05PM**
Yama 4:52AM – 6:45AM Priti Until 5:57PM
Rahu 2:16PM – 4:08PM Taitila Until 7:24AM
Dvitiya Until 8:28PM

Toronto, Canada
Sun 1 Sutra 95 Vikarin 5121
Sunrise: 4:52AM
Sunset: 7:53PM Moon 7 - Phase 14
1st Phase

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Purple

Ashada-Adi
Subha Sivaloka Day

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:46AM – 8:38AM **Dhanishtha Until 5:57PM**
Yama 4:08PM – 6:00PM Ayushman Until 6:49PM
Rahu 10:31AM – 12:23PM Vanija Until 9:37AM
Tritiya Until 10:47PM

Toronto, Canada
Sun 2 Sutra 96 Vikarin 5121
Sunrise: 4:53AM
Sunset: 7:53PM Moon 7 - Phase 14
1st Phase

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Purple

Ashada-Adi
Subha Sivaloka Day

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 4:54AM – 6:47AM **Shatabhishak Until 8:45PM**
Yama 2:15PM – 4:07PM Saubhagya Until 7:48PM
Rahu 8:39AM – 10:31AM Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Toronto, Canada
Sun 3 Sutra 97 Vikarin 5121
Sunrise: 4:54AM
Sunset: 7:52PM Moon 7 - Phase 14
1st Phase

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Purple

Ashada-Adi
Subha Sivaloka Day

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 4:07PM – 5:59PM **Purvaproshtapada* Until 11:53PM**
Yama 12:23PM – 2:15PM Sobhana Until 8:46PM
Rahu 5:59PM – 7:51PM Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Toronto, Canada
Sun 4 Sutra 98 Vikarin 5121
Sunrise: 4:55AM
Sunset: 7:51PM Moon 7 - Phase 14
1st Phase

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Clear

Ashada-Adi
Subha Sivaloka Day

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 2:15PM – 4:07PM **Uttaraproshtapada Until 2:40AM Tue**
Yama 10:31AM – 12:23PM Athiganda* Until 9:35PM
Rahu 6:48AM – 8:40AM Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Toronto, Canada
Sun 5 Sutra 99 Vikarin 5121
Sunrise: 4:56AM
Sunset: 7:50PM Moon 7 - Phase 14
1st Phase

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Clear

Ashada-Adi
Subha Sivaloka Day

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau

Gulika 12:23PM – 2:15PM **Revati Until 4:57AM Wed**
Yama 8:40AM – 10:32AM Sukarma Until 10:11PM
Rahu 4:06PM – 5:58PM Visti Until 6:42PM
Saptami Until 7:32AM Wed

Toronto, Canada
Sun 6 Sutra 100 Vikarin 5121
Sunrise: 4:57AM
Sunset: 7:49PM Moon 7 - Phase 14
1st Phase

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Clear

Ashada-Adi
Subha Sivaloka Day

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:32AM – 12:23PM **Ashvini Until 7:04AM Thu**
Yama 6:49AM – 8:41AM Dhriti Until 10:26PM
Rahu 12:23PM – 2:14PM Balava Until 8:16PM
Saptami Until 7:32AM

Toronto, Canada
Sun 7 Sutra 101 Vikarin 5121
Sunrise: 4:58AM
Sunset: 7:48PM Moon 7 - Phase 14
Ashtami

Ganesha: White
Muruga: Blue
Nataraja: White
Moon – White

Ashada-Adi
Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:41AM – 10:32AM **Ashvini Until 7:04AM**
Yama 4:59AM – 6:50AM Shula* Until 10:10PM
Rahu 2:14PM – 4:05PM Taitila Until 9:13PM
Ashtami* Until 8:48AM

Toronto, Canada
Sun 8 Sutra 102 Vikarin 5121
Sunrise: 4:59AM
Sunset: 7:47PM Moon 7 - Phase 14
Navami

Ganesha: White
Muruga: Blue
Nataraja: White
Moon – White

Ashada-Adi
Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Toronto, Canada Sun 9 Sutra 103	
Mesha Rasi: 25.23	Tithi 24 – 25	Gulika 6:51AM – 8:42AM	Bharani Until 8:23AM	Ganesha: White	<i>Sunrise:</i> 5:00AM		Vikarin 5121
		Yama 4:05PM – 5:55PM	Ganda* Until 9:22PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	424893462 Rahu 10:32AM – 12:23PM	Vanija Until 9:27PM	Nataraja: White			2nd Phase
			Navami* Until 9:25AM	Moon – White		Subha Subha Sivaloka Day	
						Ashada*Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Toronto, Canada Sun 10 Sutra 104	
Wrishabha Rasi: 8.21	Tithi 25 – 26	Gulika 5:01AM – 6:52AM	Krittika Until 8:49AM	Ganesha: White	<i>Sunrise:</i> 5:01AM		Vikarin 5121
		Yama 2:14PM – 4:04PM	Vriddhi Until 7:57PM	Muruqa: Blue	<i>Sunset:</i> 7:45PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 Rahu 8:42AM – 10:33AM	Bava Until 8:55PM	Nataraja: White			2nd Phase
			Dashami Until 9:16AM	Moon – White		Subha Subha Sivaloka Day	
						Ashada*Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Toronto, Canada Sun 11 Sutra 105	
Wrishabha Rasi: 21.44	Tithi 26 – 27	Gulika 4:04PM – 5:54PM	Rohini Until 8:47AM	Ganesha: Yellow	<i>Sunrise:</i> 5:02AM		Vikarin 5121
		Yama 12:23PM – 2:13PM	Dhruva Until 5:53PM	Muruqa: Blue	<i>Sunset:</i> 7:44PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	424893462 Rahu 5:54PM – 7:44PM	Kaulava Until 7:36PM	Nataraja: White			2nd Phase
			Ekadashi* Until 8:20AM	Moon – Yellow		Subha Sivaloka Day	
						Ashada*Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau		Toronto, Canada Sun 12 Sutra 106	
Mithuna Rasi: 5.34	Tithi 27 – 28	Gulika 2:13PM – 4:03PM	Mrigashira Until 7:51AM	Ganesha: White	<i>Sunrise:</i> 5:03AM		Vikarin 5121
Family Home Evening		Yama 10:33AM – 12:23PM	Vyaghata* Until 3:14PM	Muruqa: Blue	<i>Sunset:</i> 7:43PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 Rahu 6:53AM – 8:43AM	Vanija Until 4:19AM Tue	Nataraja: White			2nd Phase
Until 7:51AM			Dvadashi* Until 6:39AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada*Adi	
						Pradosha Vrata (Fasting)	

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Toronto, Canada Sun 13 Sutra 107	
Mithuna Rasi: 19.5	Tithi 29	Gulika 12:23PM – 2:13PM	Ardra Until 6:07AM	Ganesha: White	<i>Sunrise:</i> 5:04AM		Vikarin 5121
		Yama 8:44AM – 10:33AM	Harshana Until 12:07PM	Muruqa: Blue	<i>Sunset:</i> 7:42PM		Moon 7 - Phase 15
Routine Work	Marana Yoga	435893462 Rahu 4:02PM – 5:52PM	Visti Until 2:57PM	Nataraja: White			2nd Phase
Until 6:07AM			Chaturdashi* Until 1:27AM Wed	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada*Adi	

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Toronto, Canada Sun 14 Sutra 108	
Retreat Star		Gulika 10:34AM – 12:23PM	Pushya Until 1:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:05AM		Vikarin 5121
Kataka Rasi: 4.28	Tithi 30	Yama 6:55AM – 8:44AM	Vajra* Until 8:33AM	Muruqa: Blue	<i>Sunset:</i> 7:41PM		Moon 7 - Phase 15
		445893462 Rahu 12:23PM – 2:12PM	Catuspada Until 11:52AM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:11PM	Moon – Blue		Sivaloka Day	
						Ashada*Adi	

Thursday, August 1, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Toronto, Canada Sun 15 Sutra 109	
Kataka Rasi: 19.22	Tithi 1	Gulika 8:45AM – 10:34AM	Ashlesha* Until 10:50PM	Ganesha: Green	<i>Sunrise:</i> 5:06AM		Vikarin 5121
		Yama 5:06AM – 6:56AM	Vyatipata* Until 12:45AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:39PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	445893462 Rahu 2:12PM – 4:01PM	Kintughna Until 8:28AM	Nataraja: White			Prathama
Until 10:50PM			Prathama* Until 6:41PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga						Sravana*Adi	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Toronto, Canada Sun 16 Sutra 110	
Simha Rasi: 4.24	Tithi 2 – 3	Gulika 6:56AM – 8:45AM	Magha* Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 5:07AM		Vikarin 5121
		Yama 4:01PM – 5:49PM	Variyan Until 8:43PM	Muruqa: Blue	<i>Sunset:</i> 7:38PM		Moon 7 - Phase 16
		455893462 Rahu 10:34AM – 12:23PM	Taitila Until 1:22AM Sat	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:07PM	Moon – Red		Sivaloka Day	
Until 8:13PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Toronto, Canada Sun 17 Sutra 111	
Simha Rasi: 19.26	Tithi 3 – 4	Gulika 5:09AM – 6:57AM	Purvaphalguni Until 5:36PM	Ganesha: White	<i>Sunrise:</i> 5:09AM		Vikarin 5121
		Yama 2:11PM – 4:00PM	Parigha* Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 7 - Phase 16
		455893462 Rahu 8:46AM – 10:34AM	Vanija Until 9:57PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:37AM	Moon – Red		Sivaloka Day	
Until 5:36PM				Sravana-Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Toronto, Canada Sun 18 Sutra 112	
Kanya Rasi: 4.19	Tithi 4 – 5	Gulika 3:59PM – 5:47PM	Uttaraphalguni Until 3:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM		Vikarin 5121
		Yama 12:23PM – 2:11PM	Shiva Until 1:08PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM		Moon 7 - Phase 16
		455993462 Rahu 5:47PM – 7:36PM	Bava Until 6:51PM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:20AM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana-Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Toronto, Canada Sun 19 Sutra 113	
Kanya Rasi: 18.57	Tithi 6	Gulika 2:11PM – 3:59PM	Hasta Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 5:11AM		Vikarin 5121
Family Home Evening		Yama 10:35AM – 12:23PM	Siddha Until 9:45AM	Muruqa: Blue	<i>Sunset:</i> 7:34PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:59AM – 8:47AM	Kaulava Until 4:10PM	Nataraja: White			3rd Phase
Until 1:17PM			Shashthi* Until 3:00AM Tue	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana-Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Toronto, Canada Sun 20 Sutra 114	
Tula Rasi: 3.13	Tithi 7	Gulika 12:22PM – 2:10PM	Chitra Until 11:52AM	Ganesha: White	<i>Sunrise:</i> 5:12AM		Vikarin 5121
		Yama 8:47AM – 10:35AM	Sadhya Until 6:48AM	Muruqa: Blue	<i>Sunset:</i> 7:33PM		Moon 7 - Phase 16
		465993462 Rahu 3:58PM – 5:45PM	Gara Until 2:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:10AM Wed	Moon – Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Toronto, Canada Sun 21 Sutra 115	
Tula Rasi: 17.07	Tithi 8	Gulika 10:35AM – 12:22PM	Svati Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 5:13AM		Vikarin 5121
		Yama 7:00AM – 8:48AM	Sukla Until 2:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:32PM		Moon 7 - Phase 16
		465993462 Rahu 12:22PM – 2:10PM	Visti Until 12:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:59PM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Toronto, Canada Sun 22 Sutra 116	
Vrischika Rasi: 0.37	Tithi 9	Gulika 8:48AM – 10:35AM	Vishakha Until 10:54AM	Ganesha: Purple	<i>Sunrise:</i> 5:14AM		Vikarin 5121
		Yama 5:14AM – 7:01AM	Brahma Until 1:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:30PM		Moon 7 - Phase 16
		476993462 Rahu 2:09PM – 3:56PM	Balava Until 11:39AM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 11:28PM	Moon – Orange		Sivaloka Day	
				Sravana-Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Toronto, Canada Sun 23 Sutra 117	
Wrischika Rasi: 13.44	Tithi 10	Gulika 7:02AM – 8:49AM	Anuradha Until 11:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	Vikarin 5121	
		Yama 3:56PM – 5:42PM	Indra Until 12:10AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 17	
	476993462	Rahu 10:35AM – 12:22PM	Taitila Until 11:28AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga			Moon – Orange			Sivaloka Day
Until 11:24AM		Varalakshmi Vratam	Dashami Until 11:36PM	Sravana*Adi			
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Toronto, Canada Sun 24 Sutra 118	
Wrischika Rasi: 26.33	Tithi 11	Gulika 5:16AM – 7:03AM	Jyeshtha* Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:16AM	Vikarin 5121	
		Yama 2:08PM – 3:55PM	Vaidhriti* Until 11:45PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 17	
	476993462	Rahu 8:49AM – 10:36AM	Vanija Until 11:55AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga			Moon – Orange			Sivaloka Day
Until 11:24AM			Ekadashi Until 12:20AM Sun	Sravana*Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Toronto, Canada Sun 25 Sutra 119	
Dhanus Rasi: 9.05	Tithi 12	Gulika 3:54PM – 5:40PM	Mula* Until 2:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Vikarin 5121	
		Yama 12:22PM – 2:08PM	Vishkambha* Until 11:46PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 17	
	486993462	Rahu 5:40PM – 7:26PM	Bava Until 12:56PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga			Moon – Light Blue			Subha Sivaloka Day
Until 2:12PM			Dvadashi Until 1:36AM Mon	Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Toronto, Canada Sun 26 Sutra 120	
Dhanus Rasi: 21.25	Tithi 13	Gulika 2:07PM – 3:53PM	Purvashadha* Until 4:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
Family Home Evening		Yama 10:36AM – 12:22PM	Priti Until 12:07AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 17	
	486993462	Rahu 7:04AM – 8:50AM	Kaulava Until 2:25PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga			Moon – Light Blue			Subha Sivaloka Day
Until 2:12PM			Trayodashi Until 3:17AM Tue	Sravana*Adi			
Then Creative Work - Siddha Yoga							

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Toronto, Canada Sun 27 Sutra 121	
Makara Rasi: 3.34	Tithi 14	Gulika 12:21PM – 2:07PM	Uttarashadha Until 6:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
		Yama 8:50AM – 10:36AM	Ayushman Until 12:42AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 17	
	486993462	Rahu 3:52PM – 5:38PM	Gara Until 4:16PM	Nataraja: White		4th Phase	
Routine Work	Prabalarishta Yoga			Moon – Light Blue			Subha Sivaloka Day
Until 6:38PM			Chaturdashi* Until 5:18AM Wed	Sravana*Adi			
Then Creative Work - Siddha Yoga							

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau		Toronto, Canada Sutra 122	
Copper Retreat Star		Gulika 10:36AM – 12:21PM	Shravana Until 9:33PM	Ganesha: White	<i>Sunrise:</i> 5:21AM	Vikarin 5121	
Makara Rasi: 15.35	Tithi 15	Yama 7:06AM – 8:51AM	Saubhagya Until 1:29AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 17	
		Rahu 12:21PM – 2:06PM	Visti Until 6:25PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga			Moon – Purple			Sivaloka Day
Until 9:33PM		Raksha Bandhan	Purnima* Until 7:32AM Thu	Sravana*Adi			
Then Routine Work - Prabalarishta Yoga							

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Toronto, Canada Sutra 123	
Silver Retreat Star		Gulika 8:51AM – 10:36AM	Dhanishtha Until 12:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:22AM – 7:07AM	Sobhana Until 2:24AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 17	
		Rahu 2:06PM – 3:51PM	Balava Until 8:44PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Moon – Purple			Subha Sivaloka Day
Until 9:33PM			Purnima* Until 7:32AM	Sravana*Adi			
Then Routine Work - Prabalarishta Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 9.24 Tithi 16 – 17

497993462

Gulika 7:07AM – 8:52AM
Yama 3:50PM – 5:34PM
Rahu 10:36AM – 12:21PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shatabhishak **Until 3:16AM Sat**
Athiganda* **Until 3:21AM Sat**
Taitila **Until 11:10PM**
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:23AM*
Muruqa: Blue *Sunset: 7:19PM*
Nataraja: White
Moon – Purple

Toronto, Canada
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Kumbha Rasi: 21.15 Tithi 17 – 18

517993462

Gulika 5:24AM – 7:08AM
Yama 2:05PM – 3:49PM
Rahu 8:52AM – 10:36AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Purvaproshtapada* Until 6:25AM Sun
Sukarma **Until 4:18AM Sun**
Vanija **Until 1:35AM Sun**
Dvitiya Until 12:21PM

Ganesha: White *Sunrise: 5:24AM*
Muruqa: Blue *Sunset: 7:17PM*
Nataraja: White
Moon – Clear

Toronto, Canada
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Meena Rasi: 3.07 Tithi 18 – 19

517993462

Gulika 3:48PM – 5:32PM
Yama 12:20PM – 2:04PM
Rahu 5:32PM – 7:16PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritya/Chaturthyam Titau

Purvaproshtapada* Until 6:25AM
Dhriti **Until 5:12AM Mon**
Bava **Until 3:55AM Mon**
Tritya Until 2:45PM

Ganesha: White *Sunrise: 5:25AM*
Muruqa: Blue *Sunset: 7:16PM*
Nataraja: White
Moon – Clear

Toronto, Canada
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Meena Rasi: 15.02 Tithi 19 – 20

517993462

Gulika 2:04PM – 3:47PM
Yama 10:37AM – 12:20PM
Rahu 7:10AM – 8:53AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Uttaraproshtapada Until 9:16AM
Shula* **Until 5:54AM Tue**
Kaulava **Until 6:03AM Tue**
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise: 5:26AM*
Muruqa: Blue *Sunset: 7:14PM*
Nataraja: White
Moon – Clear

Toronto, Canada
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Amrita Yoga

4

Tuesday, August 20, 2019

Meena Rasi: 27.01 Tithi 20

517993462

Gulika 12:20PM – 2:03PM
Yama 8:54AM – 10:37AM
Rahu 3:46PM – 5:29PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Revati Until 11:46AM
Ganda* **Until 6:22AM Wed**
Kaulava **Until 6:03AM**
Panchami Until 6:59PM

Ganesha: White *Sunrise: 5:27AM*
Muruqa: Blue *Sunset: 7:13PM*
Nataraja: White
Moon – Clear

Toronto, Canada
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Mesha Rasi: 9.07 Tithi 21

528993462

Gulika 10:37AM – 12:20PM
Yama 7:11AM – 8:54AM
Rahu 12:20PM – 2:03PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Ashvini Until 2:14PM
Ganda* **Until 6:22AM**
Gara **Until 7:52AM**
Shashthi* Until 8:35PM

Ganesha: White *Sunrise: 5:28AM*
Muruqa: Blue *Sunset: 7:11PM*
Nataraja: White
Moon – White

Toronto, Canada
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Mesha Rasi: 21.25 Tithi 22

528993462

Gulika 8:54AM – 10:37AM
Yama 5:29AM – 7:12AM
Rahu 2:02PM – 3:44PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Bharani Until 4:04PM
Vridhhi **Until 6:30AM**
Visti **Until 9:13AM**
Saptami Until 9:39PM

Ganesha: White *Sunrise: 5:29AM*
Muruqa: Blue *Sunset: 7:09PM*
Nataraja: White
Moon – White

Toronto, Canada
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 3.59 Tithi 23

528993462

Gulika 7:13AM – 8:55AM
Yama 3:44PM – 5:26PM
Rahu 10:37AM – 12:19PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Krittika Until 5:07PM
Dhruva **Until 6:09AM**
Balava **Until 9:58AM**
Ashtami* Until 10:03PM

Ganesha: White *Sunrise: 5:31AM*
Muruqa: Blue *Sunset: 7:08PM*
Nataraja: White
Moon – White

Toronto, Canada
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 16.52 Tithi 24

538993462

Gulika 5:32AM – 7:14AM
Yama 2:01PM – 3:43PM
Rahu 8:55AM – 10:37AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Rohini Until 5:45PM
Harshana **Until 3:46AM Sun**
Taitila **Until 10:00AM**
Navami* Until 9:42PM

Ganesha: Clear *Sunrise: 5:32AM*
Muruqa: Blue *Sunset: 7:06PM*
Nataraja: White
Moon – Yellow

Toronto, Canada
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Toronto, Canada
	Mithuna Rasi: 0.09 Tithi 25		Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 133
	Creative Work Siddha Yoga	538993462	Gulika 3:42PM – 5:23PM	Mrigashira Until 5:27PM	Ganesha: Clear <i>Sunrise: 5:33AM</i>		Vikarin 5121
			Yama 12:19PM – 2:00PM	Vajra* Until 1:37AM Mon	Muruqa: Blue <i>Sunset: 7:05PM</i>		Moon 8 - Phase 19
		Rahu 5:23PM – 7:05PM	Vanija Until 9:14AM	Nataraja: White		2nd Phase	
			Dashami Until 8:33PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Toronto, Canada
	Mithuna Rasi: 13.53 Tithi 26		Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 134
	Family Home Evening Creative Work Siddha Yoga	538993462	Gulika 1:59PM – 3:41PM	Ardra Until 4:15PM	Ganesha: Clear <i>Sunrise: 5:34AM</i>		Vikarin 5121
			Yama 10:37AM – 12:18PM	Siddhi Until 10:52PM	Muruqa: Blue <i>Sunset: 7:03PM</i>		Moon 8 - Phase 19
Until 4:15PM		Rahu 7:15AM – 8:56AM	Bava Until 7:42AM	Nataraja: White		2nd Phase	
Then Creative Work - Amrita Yoga			Ekadashi* Until 6:38PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Toronto, Canada
	Mithuna Rasi: 28.06 Tithi 27 – 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 135
	Creative Work Siddha Yoga	548993462	Gulika 12:18PM – 1:59PM	Punarvasu Until 2:39PM	Ganesha: Purple <i>Sunrise: 5:35AM</i>		Vikarin 5121
			Yama 8:57AM – 10:37AM	Vyatipata* Until 7:36PM	Muruqa: Blue <i>Sunset: 7:01PM</i>		Moon 8 - Phase 19
		Rahu 3:40PM – 5:20PM	Gara Until 2:34AM Wed	Nataraja: White		2nd Phase	
			Dvadashi* Until 4:03PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Toronto, Canada
	Kataka Rasi: 12.44 Tithi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 136
	Creative Work Siddha Yoga	549193463	Gulika 10:37AM – 12:18PM	Pushya Until 12:20PM	Ganesha: Orange <i>Sunrise: 5:36AM</i>		Vikarin 5121
			Yama 7:17AM – 8:57AM	Variyan Until 3:51PM	Muruqa: Blue <i>Sunset: 6:59PM</i>		Moon 8 - Phase 19
		Rahu 12:18PM – 1:58PM	Visti Until 11:12PM	Nataraja: Clear		2nd Phase	
			Trayodashi* Until 12:55PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Toronto, Canada
	Retreat Star		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 137
	Kataka Rasi: 27.43 Tithi 29 – 30	549193463	Gulika 8:57AM – 10:37AM	Ashlesha* Until 9:29AM	Ganesha: Orange <i>Sunrise: 5:37AM</i>		Vikarin 5121
			Yama 5:37AM – 7:17AM	Parigha* Until 11:49AM	Muruqa: Blue <i>Sunset: 6:58PM</i>		Moon 8 - Phase 19
Creative Work Siddha Yoga		Rahu 1:58PM – 3:38PM	Catuspada Until 7:31PM	Nataraja: Clear		Amavasya	
Until 9:29AM			Chaturdashi* Until 9:23AM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana-Avani			

Retreat Star	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Toronto, Canada
	Simha Rasi: 12.55 Tithi 1		Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 138
	Routine Work Marana Yoga	559193463	Gulika 7:18AM – 8:58AM	Magha* Until 6:39AM	Ganesha: Clear <i>Sunrise: 5:38AM</i>		Vikarin 5121
			Yama 3:37PM – 5:16PM	Shiva Until 7:36AM	Muruqa: Blue <i>Sunset: 6:56PM</i>		Moon 8 - Phase 19
Until 6:39AM		Rahu 10:37AM – 12:17PM	Kintughna Until 3:41PM	Nataraja: Clear		Prathama	
Then Creative Work - Siddha Yoga			Prathama* Until 1:45AM Sat	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, August 31, 2019			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Toronto, Canada Sun 15 Sutra 139	
Simha Rasi: 28.1	Tithi 2	559193463	Gulika Yama Rahu	5:39AM – 7:19AM 1:56PM – 3:36PM 8:58AM – 10:38AM	Uttaraphalguni Until 12:35AM Sun Sadhya Until 11:07PM Balava Until 11:52AM Dvitiya Until 10:00PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:39AM Sunset: 6:54PM	Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani	
Routine Work Marana Yoga Until 12:35AM Sun Then Creative Work - Amrita Yoga									

2		Sunday, September 1, 2019			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau			Toronto, Canada Sun 16 Sutra 140	
Kanya Rasi: 13.19	Tithi 3	569193463	Gulika Yama Rahu	3:35PM – 5:14PM 12:17PM – 1:56PM 5:14PM – 6:53PM	Hasta Until 10:06PM Subha Until 7:11PM Taitila Until 8:14AM Tritiya Until 6:31PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:41AM Sunset: 6:53PM	Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani	
Creative Work Amrita Yoga Until 10:06PM Then Creative Work - Siddha Yoga									

3		Monday, September 2, 2019			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau			Toronto, Canada Sun 17 Sutra 141	
Kanya Rasi: 28.11	Tithi 4 – 5	569193463	Gulika Yama Rahu	1:55PM – 3:34PM 10:38AM – 12:16PM 7:20AM – 8:59AM	Chitra Until 7:56PM Sukla Until 3:35PM Bava Until 2:10AM Tue Chaturthi* Until 3:28PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:42AM Sunset: 6:51PM	Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani	
Family Home Evening Routine Work Prabalarishta Yoga Until 7:56PM Then Creative Work - Amrita Yoga									

4		Tuesday, September 3, 2019			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Toronto, Canada Sun 18 Sutra 142	
Tula Rasi: 12.41	Tithi 5 – 6	569193463	Gulika Yama Rahu	12:16PM – 1:54PM 8:59AM – 10:38AM 3:32PM – 5:11PM	Svati Until 6:15PM Brahma Until 12:28PM Kaulava Until 12:02AM Wed Panchami Until 1:00PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:43AM Sunset: 6:49PM	Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani	
Creative Work Siddha Yoga Until 6:15PM Then Routine Work - Marana Yoga									

5		Wednesday, September 4, 2019			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Toronto, Canada Sun 19 Sutra 143	
Tula Rasi: 26.43	Tithi 6 – 7	579193463	Gulika Yama Rahu	10:38AM – 12:16PM 7:22AM – 9:00AM 12:16PM – 1:54PM	Vishakha Until 5:35PM Indra Until 9:57AM Gara Until 10:41PM Shashthi* Until 11:14AM	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:44AM Sunset: 6:47PM	Moon 8 - Phase 20 3rd Phase Subha Sivaloka Day Bhadrapada-Avani	
Creative Work Siddha Yoga									

Retreat Star		Thursday, September 5, 2019			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Toronto, Canada Sun 20 Sutra 144	
Vrischika Rasi: 10.17	Tithi 7 – 8	571193463	Gulika Yama Rahu	9:00AM – 10:38AM 5:45AM – 7:23AM 1:53PM – 3:30PM	Anuradha Until 5:35PM Vaidhriti* Until 8:04AM Visti Until 10:08PM Saptami Until 10:17AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:45AM Sunset: 6:46PM	Moon 8 - Phase 20 Ashtami Sivaloka Day Bhadrapada-Avani	
Creative Work Siddha Yoga Until 5:35PM Then Routine Work - Prabalarishta Yoga									

Retreat Star		Friday, September 6, 2019			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Toronto, Canada Sun 21 Sutra 145	
Vrischika Rasi: 23.23	Tithi 8 – 9	571193463	Gulika Yama Rahu	7:23AM – 9:01AM 3:29PM – 5:07PM 10:38AM – 12:15PM	Jyeshtha* Until 6:13PM Vishkambha* Until 6:50AM Balava Until 10:25PM Ashtami* Until 10:10AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:46AM Sunset: 6:44PM	Moon 8 - Phase 20 Navami Sivaloka Day Bhadrapada-Avani	
Routine Work Marana Yoga Until 6:13PM Then Creative Work - Amrita Yoga									

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Toronto, Canada
	Dhanus Rasi: 6.06	Tithi 9 – 10	581193463	Gulika 5:47AM – 7:24AM Yama 1:51PM – 3:28PM Rahu 9:01AM – 10:38AM	Mula* Until 7:56PM Priti Until 6:15AM Taitila Until 11:27PM Navami* Until 10:49AM	Ganesha: Green <i>Sunrise:</i> 5:47AM Muruqa: Blue <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – Light Blue Bhadrapada-Avani	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day
	Creative Work	Siddha Yoga					


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Toronto, Canada
	Dhanus Rasi: 18.29	Tithi 10 – 11	581193463	Gulika 3:27PM – 5:04PM Yama 12:14PM – 1:51PM Rahu 5:04PM – 6:40PM	Purvashadha* Until 10:05PM Ayushman Until 6:11AM Vanija Until 1:05AM Mon Dashami Until 12:10PM	Ganesha: Green <i>Sunrise:</i> 5:48AM Muruqa: Blue <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Light Blue Bhadrapada-Avani	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day
	Creative Work	Siddha Yoga		Grandparent's Day			
	Until 10:05PM	Then Creative Work - Amrita Yoga					

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Toronto, Canada
	Makara Rasi: 0.39	Tithi 11 – 12	581193463	Gulika 1:50PM – 3:26PM Yama 10:38AM – 12:14PM Rahu 7:26AM – 9:02AM	Uttarashadha Until 12:30AM Tue Saubhagya Until 6:34AM Bava Until 3:09AM Tue Ekadashi Until 2:03PM	Ganesha: Green <i>Sunrise:</i> 5:49AM Muruqa: Blue <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Light Blue Bhadrapada-Avani	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day
	Family Home Evening	Routine Work	Marana Yoga				
	Until 12:30AM Tue	Then Creative Work - Siddha Yoga					

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Toronto, Canada
	Makara Rasi: 12.38	Tithi 12 – 13	591193463	Gulika 12:14PM – 1:49PM Yama 9:02AM – 10:38AM Rahu 3:25PM – 5:01PM	Shravana Until 3:32AM Wed Sobhana Until 7:16AM Kaulava Until 5:29AM Wed Dvadashi Until 4:16PM	Ganesha: Red <i>Sunrise:</i> 5:51AM Muruqa: Blue <i>Sunset:</i> 6:37PM Nataraja: Clear Moon – Purple Bhadrapada-Avani	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 3:32AM Wed	Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Toronto, Canada
	Makara Rasi: 24.32	Tithi 13	591193463	Gulika 10:38AM – 12:13PM Yama 7:27AM – 9:02AM Rahu 12:13PM – 1:49PM	Dhanishtha Until 6:31AM Thu Athiganda* Until 8:07AM Taitila Until 6:41PM Trayodashi Until 6:41PM	Ganesha: Red <i>Sunrise:</i> 5:52AM Muruqa: Blue <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Purple Bhadrapada-Avani	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day
	Routine Work	Prabalarishta Yoga		Chidambaram Abhishekam			
	Until 6:31AM Thu	Then Creative Work - Siddha Yoga					

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Toronto, Canada
	Kumbha Rasi: 6.24	Tithi 14	591193463	Gulika 9:03AM – 10:38AM Yama 5:53AM – 7:28AM Rahu 1:48PM – 3:23PM	Dhanishtha Until 6:31AM Sukarma Until 9:04AM Gara Until 7:57AM Chaturdashi* Until 9:09PM	Ganesha: Red <i>Sunrise:</i> 5:53AM Muruqa: Blue <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Purple Bhadrapada-Avani	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day
	Creative Work	Siddha Yoga		Avani Avittam			

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Toronto, Canada
	Copper Retreat Star			Gulika 7:28AM – 9:03AM Yama 3:22PM – 4:56PM Rahu 10:38AM – 12:12PM	Shatabhishak Until 9:20AM Dhriti Until 10:01AM Visti Until 10:24AM Purnima* Until 11:36PM	Ganesha: Red <i>Sunrise:</i> 5:54AM Muruqa: Purple <i>Sunset:</i> 6:31PM Nataraja: Clear Moon – Purple Bhadrapada-Avani	Sutra 152 Vikarin 5121 Moon 8 - Phase 21 Purnima Sivaloka Day
	Kumbha Rasi: 18.16	Tithi 15	591113463				
	Creative Work	Siddha Yoga					

7	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Toronto, Canada
	Silver Retreat Star			Gulika 5:55AM – 7:29AM Yama 1:46PM – 3:21PM Rahu 9:04AM – 10:38AM	Purvaproshtapada* Until 12:25PM Shula* Until 10:53AM Balava Until 12:48PM Prathama* Until 1:55AM Sun	Ganesha: Red <i>Sunrise:</i> 5:55AM Muruqa: Purple <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Clear Bhadrapada-Avani	Sutra 153 Vikarin 5121 Moon 8 - Phase 21 Prathama Sivaloka Day
	Meena Rasi: 0.08	Tithi 16	511113463				
	Routine Work	Marana Yoga					
	Until 12:25PM	Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Toronto, Canada

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 12.04 Tithi 17

512113463

Gulika 3:20PM - 4:54PM

Yama 12:12PM - 1:46PM

Rahu 4:54PM - 6:28PM

Uttaraproshtapada Until 3:13PM

Ganda* Until 11:40AM

Taitila Until 3:03PM

Dvitiya Until 4:05AM Mon

Ganesha: Yellow

Sunrise: 5:56AM

Muruqa: Purple

Sunset: 6:28PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Avani

Creative Work Amrita Yoga

Monday, September 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Toronto, Canada

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.03 Tithi 18

512113463

Gulika 1:45PM - 3:19PM

Yama 10:38AM - 12:11PM

Rahu 7:31AM - 9:04AM

Revati Until 5:39PM

Vridhhi Until 12:20PM

Vanija Until 5:06PM

Tritiya Until 6:02AM Tue

Ganesha: Yellow

Sunrise: 5:57AM

Muruqa: Purple

Sunset: 6:26PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Avani

Family Home Evening

Creative Work Siddha Yoga

Tuesday, September 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Toronto, Canada

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 6.08 Tithi 18 - 19

522113463

Gulika 12:11PM - 1:44PM

Yama 9:05AM - 10:38AM

Rahu 3:17PM - 4:51PM

Ashvini Until 8:11PM

Dhruva Until 12:46PM

Bava Until 6:55PM

Tritiya Until 6:02AM

Ganesha: White

Sunrise: 5:58AM

Muruqa: Purple

Sunset: 6:24PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Wednesday, September 18, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Toronto, Canada

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 18.2 Tithi 19 - 20

522113463

Gulika 10:38AM - 12:11PM

Yama 7:32AM - 9:05AM

Rahu 12:11PM - 1:44PM

Bharani Until 10:13PM

Vyaghata* Until 12:59PM

Kaulava Until 8:23PM

Chaturthi* Until 7:41AM

Ganesha: White

Sunrise: 5:59AM

Muruqa: Purple

Sunset: 6:22PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 10:13PM

Then Creative Work - Amrita Yoga

Thursday, September 19, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Toronto, Canada

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 0.41 Tithi 20 - 21

522113463

Gulika 9:05AM - 10:38AM

Yama 6:00AM - 7:33AM

Rahu 1:43PM - 3:15PM

Krittika Until 11:39PM

Harshana Until 12:55PM

Gara Until 9:26PM

Panchami Until 8:57AM

Ganesha: White

Sunrise: 6:00AM

Muruqa: Purple

Sunset: 6:20PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Friday, September 20, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Toronto, Canada

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 13.15 Tithi 21 - 22

532113463

Gulika 7:34AM - 9:06AM

Yama 3:14PM - 4:46PM

Rahu 10:38AM - 12:10PM

Rohini Until 12:52AM Sat

Vajra* Until 12:24PM

Visti Until 9:55PM

Shashthi* Until 9:44AM

Ganesha: Clear

Sunrise: 6:02AM

Muruqa: Purple

Sunset: 6:18PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 12:52AM Sat

Then Creative Work - Siddha Yoga

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Toronto, Canada

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 26.05 Tithi 22 - 23

532113463

Gulika 6:03AM - 7:34AM

Yama 1:41PM - 3:13PM

Rahu 9:06AM - 10:38AM

Mrigashira Until 1:17AM Sun

Siddhi Until 11:26AM

Balava Until 9:45PM

Saptami Until 9:54AM

Ganesha: Clear

Sunrise: 6:03AM

Muruqa: Purple

Sunset: 6:17PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Toronto, Canada

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 9.16 Tithi 23 - 24

532213463

Gulika 3:12PM - 4:43PM

Yama 12:09PM - 1:41PM

Rahu 4:43PM - 6:15PM

Ardra Until 12:50AM Mon

Vyatipata* Until 9:55AM

Taitila Until 8:52PM

Ashtami* Until 9:23AM

Ganesha: Orange

Sunrise: 6:04AM

Muruqa: Purple

Sunset: 6:15PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 12:50AM Mon

Then Creative Work - Amrita Yoga

Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau		Toronto, Canada Sun 9 Sutra 162
1		Gulika 1:40PM – 3:11PM	Punarvasu Until 11:59PM	Ganesha: Light Blue <i>Sunrise:</i> 6:05AM
Mithuna Rasi: 22.52	Tithi 24 – 25	Yama 10:38AM – 12:09PM	Variyan Until 7:48AM	Muruqa: Purple <i>Sunset:</i> 6:13PM
Family Home Evening	542213463	Rahu 7:36AM – 9:07AM	Vanija Until 7:16PM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 8:08AM	Moon – Blue
Until 11:59PM				Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekodashyam Titau		Toronto, Canada Sun 10 Sutra 163
2		Gulika 12:09PM – 1:39PM	Pushya Until 10:18PM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM
Kataka Rasi: 6.53	Tithi 25 – 26	Yama 9:07AM – 10:38AM	Shiva Until 1:56AM Wed	Muruqa: Purple <i>Sunset:</i> 6:11PM
	542213463	Rahu 3:10PM – 4:40PM	Balava Until 3:36AM Wed	Nataraja: Clear
Creative Work Siddha Yoga			Dashami Until 6:11AM	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Toronto, Canada Sun 11 Sutra 164
3		Gulika 10:38AM – 12:08PM	Ashlesha* Until 7:57PM	Ganesha: Light Blue <i>Sunrise:</i> 6:07AM
Kataka Rasi: 21.2	Tithi 27	Yama 7:37AM – 9:08AM	Siddha Until 10:17PM	Muruqa: Purple <i>Sunset:</i> 6:09PM
	542213463	Rahu 12:08PM – 1:38PM	Kaulava Until 2:07PM	Nataraja: Clear
Creative Work Siddha Yoga			Dvadashi* Until 12:29AM Thu	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Toronto, Canada Sun 12 Sutra 165
4		Gulika 9:08AM – 10:38AM	Magha* Until 5:26PM	Ganesha: Purple <i>Sunrise:</i> 6:08AM
Simha Rasi: 6.1	Tithi 28	Yama 6:08AM – 7:38AM	Sadhya Until 6:18PM	Muruqa: Purple <i>Sunset:</i> 6:07PM
	552213463	Rahu 1:38PM – 3:08PM	Gara Until 10:47AM	Nataraja: Clear
Creative Work Amrita Yoga			Trayodashi* Until 8:59PM	Moon – Red
Until 5:26PM				Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi
				<i>Pradosha Vrata (Fasting)</i>

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Toronto, Canada Sun 13 Sutra 166
5		Gulika 7:39AM – 9:09AM	Purvaphalguni Until 2:31PM	Ganesha: Purple <i>Sunrise:</i> 6:09AM
Simha Rasi: 21.15	Tithi 29 – 30	Yama 3:07PM – 4:36PM	Subha Until 2:07PM	Muruqa: Purple <i>Sunset:</i> 6:06PM
	552213463	Rahu 10:38AM – 12:08PM	Visti Until 7:09AM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 5:15PM	Moon – Red
				Devaloka Day
				Bhadrapada-Puratasi

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Toronto, Canada Sun 14 Sutra 167
Retreat Star		Gulika 6:11AM – 7:40AM	Uttaraphalguni Until 11:24AM	Ganesha: Purple <i>Sunrise:</i> 6:11AM
Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:36PM – 3:06PM	Sukla Until 9:51AM	Muruqa: Purple <i>Sunset:</i> 6:04PM
	653213463	Rahu 9:09AM – 10:38AM	Kintughna Until 11:37PM	Nataraja: Clear
Routine Work Marana Yoga			Amavasya* Until 1:28PM	Moon – Red
				Devaloka Day
				Bhadrapada-Puratasi
				Mahalaya Amavasya (Tamil Nadu)

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Toronto, Canada Sun 15 Sutra 168
Retreat Star		Gulika 3:04PM – 4:33PM	Hasta Until 8:39AM	Ganesha: Light Blue <i>Sunrise:</i> 6:12AM
Kanya Rasi: 21.4	Tithi 1 – 2	Yama 12:07PM – 1:36PM	Indra Until 1:41AM Mon	Muruqa: Purple <i>Sunset:</i> 6:02PM
	663213463	Rahu 4:33PM – 6:02PM	Balava Until 8:04PM	Nataraja: Clear
Creative Work Amrita Yoga			Prathama* Until 9:47AM	Moon – Green
Until 8:39AM				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina-Puratasi
				Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Toronto, Canada Sun 16 Sutra 169	
1		Gulika 1:35PM – 3:03PM	Chitra Until 6:02AM	Ganesha: Light Blue <i>Sunrise:</i> 6:13AM	Vikarin 5121
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:38AM – 12:07PM	Vaidhriti* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 6:00PM	Moon 9 - Phase 24
Family Home Evening	663213463	Rahu 7:41AM – 9:10AM	Gara Until 3:30AM Tue	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 6:24AM	Ashvina+Puratasi	Devaloka Day
Until 6:02AM					
Then Creative Work - Amrita Yoga					

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthayam Titau		Toronto, Canada Sun 17 Sutra 170	
2		Gulika 12:06PM – 1:34PM	Vishakha Until 2:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:14AM	Vikarin 5121
Tula Rasi: 21.16	Tithi 4	Yama 9:10AM – 10:38AM	Vishkambha* Until 6:54PM	Muruqa: Purple <i>Sunset:</i> 5:58PM	Moon 9 - Phase 24
673213463		Rahu 3:02PM – 4:30PM	Vanija Until 2:17PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Chaturthi* Until 1:13AM Wed	Ashvina+Puratasi	Devaloka Day
Until 2:23AM Wed					
Then Creative Work - Siddha Yoga					

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Toronto, Canada Sun 18 Sutra 171	
3		Gulika 10:38AM – 12:06PM	Anuradha Until 1:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:15AM	Vikarin 5121
Vrischika Rasi: 5.26	Tithi 5	Yama 7:43AM – 9:11AM	Priti Until 4:22PM	Muruqa: Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
673213463		Rahu 12:06PM – 1:34PM	Bava Until 12:22PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Panchami Until 11:42PM	Ashvina+Puratasi	Devaloka Day
Until 1:38AM Thu					
Then Routine Work - Prabalarishta Yoga					

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Toronto, Canada Sun 19 Sutra 172	
4		Gulika 9:11AM – 10:38AM	Jyeshtha* Until 1:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:16AM	Vikarin 5121
Vrischika Rasi: 19.06	Tithi 6	Yama 6:16AM – 7:44AM	Ayushman Until 2:29PM	Muruqa: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
673213463		Rahu 1:33PM – 3:00PM	Kaulava Until 11:17AM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Shashthi* Until 11:03PM	Ashvina+Puratasi	Devaloka Day
Until 1:36AM Fri					
Then Creative Work - Amrita Yoga					

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Toronto, Canada Sun 20 Sutra 173	
5		Gulika 7:44AM – 9:11AM	Mula* Until 2:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 6:17AM	Vikarin 5121
Dhanus Rasi: 2.17	Tithi 7	Yama 2:59PM – 4:26PM	Saubhagya Until 1:19PM	Muruqa: Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 24
683213463		Rahu 10:38AM – 12:05PM	Gara Until 11:06AM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Saptami Until 11:19PM	Ashvina+Puratasi	Sivaloka Day
Until 2:45AM Sat					
Then Creative Work - Siddha Yoga					

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Toronto, Canada Sun 21 Sutra 174	
Retreat Star		Gulika 6:19AM – 7:45AM	Purvashadha* Until 4:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:19AM	Vikarin 5121
Dhanus Rasi: 15.01	Tithi 8	Yama 1:32PM – 2:58PM	Sobhana Until 12:51PM	Muruqa: Purple <i>Sunset:</i> 5:51PM	Moon 9 - Phase 24
683213463		Rahu 9:12AM – 10:38AM	Visti Until 11:47AM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 12:24AM Sun	Ashvina+Puratasi	Sivaloka Day
Until 4:32AM Sun					
Then Creative Work - Amrita Yoga					

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Toronto, Canada Sun 22 Sutra 175	
Retreat Star		Gulika 2:57PM – 4:23PM	Uttarashadha Until 6:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:20AM	Vikarin 5121
Dhanus Rasi: 27.24	Tithi 9	Yama 12:05PM – 1:31PM	Athiganda* Until 12:55PM	Muruqa: Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 24
683213463		Rahu 4:23PM – 5:50PM	Balava Until 1:14PM	Nataraja: Clear	Navami
Creative Work Amrita Yoga			Navami* Until 2:11AM Mon	Ashvina+Puratasi	Sivaloka Day
		Saraswathi Puja (Tamil Nadu)			


Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Toronto, Canada Sun 23 Sutra 176
1		Gulika 1:30PM – 2:56PM	Uttarashadha Until 6:46AM	Ganesha: Clear <i>Sunrise:</i> 6:21AM	Vikarin 5121
Makara Rasi: 9.31	Tithi 10	Yama 10:39AM – 12:04PM	Sukarma Until 1:28PM	Muruqa: Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:47AM – 9:13AM	Taitila Until 3:17PM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dashami Until 4:25AM Tue	Moon – Light Blue	Sivaloka Day
Until 6:46AM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau			Toronto, Canada Sun 24 Sutra 177
2		Gulika 12:04PM – 1:30PM	Shravana Until 9:45AM	Ganesha: White <i>Sunrise:</i> 6:22AM	Vikarin 5121
Makara Rasi: 21.28	Tithi 11	Yama 9:13AM – 10:39AM	Dhriti Until 2:18PM	Muruqa: Purple <i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
	693213464	Rahu 2:55PM – 4:21PM	Vanija Until 5:40PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:55AM Wed	Moon – Purple	Sivaloka Day
		Vijaya Dasami		Ashvina+Puratasi	

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau			Toronto, Canada Sun 25 Sutra 178
3		Gulika 10:39AM – 12:04PM	Dhanishtha Until 12:46PM	Ganesha: White <i>Sunrise:</i> 6:23AM	Vikarin 5121
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:48AM – 9:14AM	Shula* Until 3:13PM	Muruqa: Purple <i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
	693213464	Rahu 12:04PM – 1:29PM	Bava Until 8:13PM	Nataraja: Purple	4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 6:55AM	Moon – Purple	Sivaloka Day
Until 12:46PM		Kadaitswami Mahasamadhi		Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Toronto, Canada Sun 26 Sutra 179
4		Gulika 9:14AM – 10:39AM	Shatabhishak Until 3:36PM	Ganesha: White <i>Sunrise:</i> 6:25AM	Vikarin 5121
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:25AM – 7:49AM	Ganda* Until 4:09PM	Muruqa: Purple <i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
	693213464	Rahu 1:28PM – 2:53PM	Kaulava Until 10:43PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:27AM	Moon – Purple	Sivaloka Day
				Ashvina+Puratasi	
				<i>Pradosha Vrata</i>	

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Toronto, Canada Sun 27 Sutra 180
5		Gulika 7:50AM – 9:15AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue <i>Sunrise:</i> 6:26AM	Vikarin 5121
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:52PM – 4:17PM	Vridhhi Until 5:00PM	Muruqa: Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
	613213464	Rahu 10:39AM – 12:03PM	Gara Until 1:04AM Sat	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:53AM	Moon – Clear	Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi	

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau			Toronto, Canada Sutra 181
	Copper Retreat Star	Gulika 6:27AM – 7:51AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue <i>Sunrise:</i> 6:27AM	Vikarin 5121
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:27PM – 2:51PM	Dhruva Until 5:40PM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
	613213464	Rahu 9:15AM – 10:39AM	Vistil Until 3:11AM Sun	Nataraja: Purple	Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 2:08PM	Moon – Clear	Sivaloka Day
Until 9:21PM				Ashvina+Puratasi	
Then Routine Work - Prabalarishta Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Toronto, Canada Sutra 182
Silver Retreat Star		Gulika 2:50PM – 4:14PM	Revati Until 11:38PM	Ganesha: Yellow <i>Sunrise:</i> 6:28AM	Vikarin 5121
Meena Rasi: 21	Tithi 15 – 16	Yama 12:03PM – 1:27PM	Vyaghata* Until 6:08PM	Muruqa: Purple <i>Sunset:</i> 5:38PM	Moon 9 - Phase 25
	614213464	Rahu 4:14PM – 5:38PM	Balava Until 5:02AM Mon	Nataraja: Purple	Prathama
Creative Work Amrita Yoga			Purnima* Until 4:07PM	Moon – Clear	Subha Sivaloka Day
Until 11:38PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Gulika
Yama
Rahu

1:26PM – 2:49PM
10:39AM – 12:03PM
7:53AM – 9:16AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 1:57AM Tue
Harshana Until 6:25PM
Taitila Until 6:35AM Tue
Prathama* Until 5:50PM

Ganesha: White Sunrise: 6:29AM
Muruga: Purple Sunset: 5:36PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Toronto, Canada
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24 Tithi 17

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Gulika
Yama
Rahu

12:02PM – 1:25PM
9:16AM – 10:39AM
2:48PM – 4:11PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bharani Until 3:48AM Wed
Vajra* Until 6:25PM
Taitila Until 6:35AM
Dvitiya Until 7:13PM

Ganesha: White Sunrise: 6:31AM
Muruga: Purple Sunset: 5:34PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Toronto, Canada
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48 Tithi 18

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Gulika
Yama
Rahu

10:40AM – 12:02PM
7:54AM – 9:17AM
12:02PM – 1:25PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Krittika Until 5:09AM Thu
Siddhi Until 6:11PM
Vanija Until 7:49AM
Tritiya Until 8:17PM

Ganesha: White Sunrise: 6:32AM
Muruga: Purple Sunset: 5:33PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Toronto, Canada
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21 Tithi 19

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

9:17AM – 10:40AM
6:33AM – 7:55AM
1:24PM – 2:46PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 6:27AM Fri
Vyatipata* Until 5:40PM
Bava Until 8:42AM
Chaturthi* Until 8:58PM

Ganesha: White Sunrise: 6:33AM
Muruga: Purple Sunset: 5:31PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Toronto, Canada
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05 Tithi 20

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

7:56AM – 9:18AM
2:46PM – 4:07PM
10:40AM – 12:02PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rohini Until 6:27AM
Variyan Until 4:49PM
Kaulava Until 9:11AM
Panchami Until 9:14PM

Ganesha: White Sunrise: 6:34AM
Muruga: Purple Sunset: 5:29PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Toronto, Canada
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02 Tithi 21

Creative Work Siddha Yoga

Gulika
Yama
Rahu

6:35AM – 7:57AM
1:23PM – 2:45PM
9:18AM – 10:40AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 7:09AM
Parigha* Until 3:36PM
Gara Until 9:13AM
Shashthi* Until 9:01PM

Ganesha: White Sunrise: 6:35AM
Muruga: Purple Sunset: 5:28PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Toronto, Canada
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14 Tithi 22

Creative Work Siddha Yoga

Gulika
Yama
Rahu

2:44PM – 4:05PM
12:01PM – 1:23PM
4:05PM – 5:26PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Ardra Until 7:12AM
Shiva Until 1:59PM
Visti Until 8:44AM
Saptami Until 8:15PM

Ganesha: White Sunrise: 6:37AM
Muruga: Purple Sunset: 5:26PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Toronto, Canada
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 2.44 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

1:22PM – 2:43PM
10:40AM – 12:01PM
7:59AM – 9:20AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Punarvasu Until 7:01AM
Siddha Until 11:54AM
Balava Until 7:41AM
Ashtami* Until 6:56PM

Ganesha: Clear Sunrise: 6:38AM
Muruga: Purple Sunset: 5:25PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Toronto, Canada
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika
Yama
Rahu

12:01PM – 1:22PM
9:20AM – 10:41AM
2:42PM – 4:03PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Pushya Until 6:07AM
Sadhya Until 9:21AM
Taitila Until 6:04AM
Navami* Until 5:02PM

Ganesha: Clear Sunrise: 6:39AM
Muruga: Purple Sunset: 5:23PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Toronto, Canada
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Toronto, Canada Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 – 26	Gulika 10:41AM – 12:01PM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:40AM		Vikarin 5121
		Yama 8:01AM – 9:21AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM		Moon 10 - Phase 27
	654313464	Rahu 12:01PM – 1:21PM	Bava Until 1:16AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Toronto, Canada Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 – 27	Gulika 9:21AM – 10:41AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:42AM		Vikarin 5121
		Yama 6:42AM – 8:01AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:20PM		Moon 10 - Phase 27
	654313464	Rahu 1:21PM – 2:40PM	Kaulava Until 10:15PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Toronto, Canada Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 – 28	Gulika 8:02AM – 9:22AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM		Vikarin 5121
		Yama 2:40PM – 3:59PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM		Moon 10 - Phase 27
	655313464	Rahu 10:41AM – 12:01PM	Gara Until 6:59PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day	
Until 9:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Toronto, Canada Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	Gulika 6:44AM – 8:03AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:44AM		Vikarin 5121
		Yama 1:20PM – 2:39PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM		Moon 10 - Phase 27
	665313464	Rahu 9:22AM – 10:41AM	Visti Until 3:37PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Toronto, Canada Sun 13 Sutra 196	
Retreat Star		Gulika 2:38PM – 3:57PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:45AM		Vikarin 5121
Kanya Rasi: 29.58	Tithi 30	Yama 12:00PM – 1:19PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 5:15PM		Moon 10 - Phase 27
	665313464	Rahu 3:57PM – 5:15PM	Catuspada Until 12:18PM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Toronto, Canada Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	Gulika 1:19PM – 2:37PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:47AM		Vikarin 5121
Family Home Evening		Yama 10:42AM – 12:00PM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 5:14PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	Rahu 8:05AM – 9:24AM	Kintughna Until 9:12AM	Nataraja: Purple			Prathama
Until 2:24PM			Prathama* Until 7:47PM	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Toronto, Canada Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 29.19	Tithi 2 – 3	Gulika	12:00PM – 1:18PM	Vishakha Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	
		Yama	9:24AM – 10:42AM	Saubhagya Until 1:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 28
		675313464 Rahu	2:36PM – 3:55PM	Balava Until 6:31AM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 5:21PM	Moon – Orange		Subha Sivaloka Day
Until 12:42PM					Kartika•Aipasi		
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Toronto, Canada Sun 16 Sutra 199 Vikarin 5121	
Vischika Rasi: 13.29	Tithi 3 – 4	Gulika	10:43AM – 12:00PM	Anuradha Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM	
		Yama	8:07AM – 9:25AM	Sobhana Until 11:11PM	Muruqa: Purple	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 28
		675313464 Rahu	12:00PM – 1:18PM	Vanija Until 2:57AM Thu	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 3:33PM	Moon – Orange		Subha Sivaloka Day
					Kartika•Aipasi		

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Toronto, Canada Sun 17 Sutra 200 Vikarin 5121	
Vischika Rasi: 27.11	Tithi 4 – 5	Gulika	9:25AM – 10:43AM	Jyeshtha* Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	
		Yama	6:51AM – 8:08AM	Athiganda* Until 9:24PM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 28
		675313464 Rahu	1:18PM – 2:35PM	Bava Until 2:21AM Fri	Nataraja: Purple		3rd Phase
Routine Work	Prabalarishta Yoga			Chaturthi* Until 2:31PM	Moon – Orange		Subha Sivaloka Day
Until 10:51AM					Kartika•Aipasi		
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Toronto, Canada Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika	8:09AM – 9:26AM	Mula* Until 11:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	
		Yama	2:34PM – 3:51PM	Sukarma Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
		685313464 Rahu	10:43AM – 12:00PM	Kaulava Until 2:37AM Sat	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga			Panchami Until 2:21PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 11:20AM					Kartika•Aipasi		
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Toronto, Canada Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika	6:53AM – 8:10AM	Purvashadha* Until 12:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:53AM	
		Yama	1:17PM – 2:34PM	Dhriti Until 7:53PM	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 28
		685313464 Rahu	9:27AM – 10:43AM	Gara Until 3:42AM Sun	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 3:02PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 12:31PM					Kartika•Aipasi		
Then Routine Work - Marana Yoga							

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Toronto, Canada Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 5.41	Tithi 7 – 8	Gulika	2:33PM – 3:49PM	Uttarashadha Until 2:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:54AM	
		Yama	12:00PM – 1:17PM	Shula* Until 7:59PM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
		685313464 Rahu	3:49PM – 5:06PM	Visti* Until 5:29AM Mon	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga			Saptami Until 4:30PM	Moon – Light Blue		Subha Subha Sivaloka Day
					Kartika•Aipasi		

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Toronto, Canada Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 17.5	Tithi 8	Gulika	1:16PM – 2:32PM	Shravana Until 4:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:56AM	
Family Home Evening		Yama	10:44AM – 12:00PM	Ganda* Until 8:32PM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu	8:12AM – 9:28AM	Bava Until 6:33PM	Nataraja: Purple		Ashtami
Until 4:57PM				Ashtami* Until 6:33PM	Moon – Purple		Sivaloka Day
Then Creative Work - Siddha Yoga					Kartika•Aipasi		

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Toronto, Canada Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 29.49	Tithi 9	Gulika	12:00PM – 1:16PM	Dhanishtha Until 7:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:57AM	
		Yama	9:29AM – 10:44AM	Vriddhi Until 9:21PM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
		696313464 Rahu	2:32PM – 3:48PM	Balava Until 7:45AM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga			Navami* Until 8:58PM	Moon – Purple		Sivaloka Day
Until 7:49PM					Kartika•Aipasi		
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau				Toronto, Canada
	Kumbha Rasi: 11.41	Tithi 10	Gulika 10:45AM – 12:00PM	Shatabhishak Until 10:39PM	Ganesha: Purple	<i>Sunrise:</i> 6:58AM	Sun 23 Sutra 206
			Yama 8:14AM – 9:29AM	Dhruva Until 10:14PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Vikarin 5121
	696313464		Rahu 12:00PM – 1:16PM	Taitila Until 10:16AM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dashami Until 11:31PM	Moon – Purple		4th Phase	
				Kartika•Aipasi		Sivaloka Day	

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Toronto, Canada
	Kumbha Rasi: 23.32	Tithi 11	Gulika 9:30AM – 10:45AM	Purvaproshtapada* Until 1:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:00AM	Sun 24 Sutra 207
			Yama 7:00AM – 8:15AM	Vyaghata* Until 11:04PM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Vikarin 5121
	716313464		Rahu 1:15PM – 2:31PM	Vanija Until 12:47PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Ekadashi Until 1:58AM Fri	Moon – Clear		4th Phase	
				Kartika•Aipasi		Subha Sivaloka Day	

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Toronto, Canada
	Meena Rasi: 5.26	Tithi 12	Gulika 8:16AM – 9:31AM	Uttaraproshtapada Until 4:25AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 7:01AM	Sun 25 Sutra 208
			Yama 2:30PM – 3:45PM	Harshana Until 11:44PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Vikarin 5121
	716313464		Rahu 10:46AM – 12:00PM	Bava Until 3:08PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dvadashi Until 4:11AM Sat	Moon – Clear		4th Phase	
				Kartika•Aipasi		Subha Sivaloka Day	

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Toronto, Canada
	Meena Rasi: 17.27	Tithi 13	Gulika 7:02AM – 8:17AM	Revati Until 6:37AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	Sun 26 Sutra 209
			Yama 1:15PM – 2:30PM	Vajra* Until 12:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Vikarin 5121
	716313464		Rahu 9:31AM – 10:46AM	Kaulava Until 5:12PM	Nataraja: Purple		Moon 10 - Phase 29
Routine Work	Prabalarishta Yoga		Trayodashi Until 6:03AM Sun	Moon – Clear		4th Phase	
				Kartika•Aipasi		Subha Sivaloka Day	
				<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Toronto, Canada
	Meena Rasi: 29.35	Tithi 13 – 14	Gulika 2:29PM – 3:43PM	Revati Until 6:37AM	Ganesha: Yellow	<i>Sunrise:</i> 7:04AM	Sun 27 Sutra 210
			Yama 12:01PM – 1:15PM	Siddhi Until 12:15AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Vikarin 5121
	716313464		Rahu 3:43PM – 4:58PM	Gara Until 6:52PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Amrita Yoga		Trayodashi Until 6:03AM	Moon – Clear		4th Phase	
				Kartika•Aipasi		Subha Sivaloka Day	

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Toronto, Canada
	Copper Retreat Star		Gulika 1:15PM – 2:29PM	Ashvini Until 8:45AM	Ganesha: White	<i>Sunrise:</i> 7:05AM	Sutra 211
	Mesha Rasi: 11.54	Tithi 14 – 15	Yama 10:47AM – 12:01PM	Vyatipata* Until 12:03AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Vikarin 5121
	Family Home Evening		Rahu 8:19AM – 9:33AM	Visti Until 8:07PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Chaturdashi* Until 7:32AM	Moon – White		Purnima	
				Kartika•Aipasi		Sivaloka Day	

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Toronto, Canada
	Silver Retreat Star		Gulika 12:01PM – 1:14PM	Bharani Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 7:06AM	Sutra 212
	Mesha Rasi: 24.23	Tithi 15 – 16	Yama 9:33AM – 10:47AM	Variyan Until 11:30PM	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Vikarin 5121
	727413464		Rahu 2:28PM – 3:42PM	Balava Until 8:57PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Purnima* Until 8:34AM	Moon – White		Prathama	
				Kartika•Aipasi		Sivaloka Day	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Toronto, Canada

Sutra 213

Vikarin 5121

Virshabha Rasi: 7.04 Tithi 16 - 17

727413464

Gulika

10:48AM - 12:01PM

Krittika Until 11:19AM

Ganesha: White

Sunrise: 7:07AM

Yama

8:21AM - 9:34AM

Parigha* Until 10:39PM

Muruqa: Purple

Sunset: 4:54PM

Moon 11 - Phase 30

Rahu

12:01PM - 1:14PM

Taitila Until 9:22PM

Nataraja: Purple

1st Phase

Moon - White

Sivaloka Day

Kartika-Aipasi

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

Prathama* Until 9:11AM

Thursday, November 14, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Toronto, Canada

Sun 1 Sutra 214

Vikarin 5121

Virshabha Rasi: 19.56 Tithi 17 - 18

737413464

Gulika

9:35AM - 10:48AM

Rohini Until 12:14PM

Ganesha: Clear

Sunrise: 7:09AM

Yama

7:09AM - 8:22AM

Shiva Until 9:31PM

Muruqa: Purple

Sunset: 4:53PM

Moon 11 - Phase 30

Rahu

1:14PM - 2:27PM

Vanija Until 9:23PM

Nataraja: Purple

1st Phase

Moon - Yellow

Subha Sivaloka Day

Kartika-Aipasi

Routine Work Marana Yoga

Dvitiya Until 9:24AM

Friday, November 15, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Toronto, Canada

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Gulika

8:23AM - 9:36AM

Mrigashira Until 12:38PM

Ganesha: Clear

Sunrise: 7:10AM

Yama

2:27PM - 3:40PM

Siddha Until 8:03PM

Muruqa: Purple

Sunset: 4:53PM

Moon 11 - Phase 30

Rahu

10:48AM - 12:01PM

Bava Until 9:02PM

Nataraja: Purple

1st Phase

Moon - Yellow

Subha Sivaloka Day

Kartika-Aipasi

Creative Work Siddha Yoga

Tritiya Until 9:14AM

Saturday, November 16, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Toronto, Canada

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Gulika

7:11AM - 8:24AM

Ardra Until 12:32PM

Ganesha: Clear

Sunrise: 7:11AM

Yama

1:14PM - 2:27PM

Sadhya Until 6:19PM

Muruqa: Purple

Sunset: 4:52PM

Moon 11 - Phase 30

Rahu

9:36AM - 10:49AM

Kaulava Until 8:20PM

Nataraja: Purple

1st Phase

Moon - Yellow

Subha Sivaloka Day

Kartika-Kartikai

Creative Work Siddha Yoga

Chaturthi* Until 8:42AM

Sunday, November 17, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Toronto, Canada

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Gulika

2:26PM - 3:38PM

Punarvasu Until 12:24PM

Ganesha: Clear

Sunrise: 7:13AM

Yama

12:02PM - 1:14PM

Subha Until 4:20PM

Muruqa: Purple

Sunset: 4:51PM

Moon 11 - Phase 30

Rahu

3:38PM - 4:51PM

Gara Until 7:17PM

Nataraja: Clear

1st Phase

Moon - Blue

Sivaloka Day

Kartika-Kartikai

Creative Work Siddha Yoga

Panchami Until 7:50AM

Monday, November 18, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Toronto, Canada

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Gulika

1:14PM - 2:26PM

Pushya Until 11:46AM

Ganesha: Clear

Sunrise: 7:14AM

Yama

10:50AM - 12:02PM

Sukla Until 2:03PM

Muruqa: Purple

Sunset: 4:50PM

Moon 11 - Phase 30

Rahu

8:26AM - 9:38AM

Bava Until 5:03AM Tue

Nataraja: Clear

1st Phase

Moon - Blue

Sivaloka Day

Kartika-Kartikai

Creative Work Siddha Yoga

Shashthi* Until 6:37AM

Tuesday, November 19, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Toronto, Canada

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 27.11 Tithi 23

748413465

Gulika

12:02PM - 1:14PM

Ashlesha* Until 10:40AM

Ganesha: Clear

Sunrise: 7:15AM

Yama

9:39AM - 10:50AM

Brahma Until 11:31AM

Muruqa: Purple

Sunset: 4:49PM

Moon 11 - Phase 30

Rahu

2:26PM - 3:37PM

Balava Until 4:10PM

Nataraja: Clear

Ashtami

Moon - Blue

Sivaloka Day

Kartika-Kartikai

Creative Work Siddha Yoga

Ashtami* Until 3:10AM Wed

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Toronto, Canada

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 11.14 Tithi 24

758413465

Gulika

10:51AM - 12:02PM

Magha* Until 9:32AM

Ganesha: White

Sunrise: 7:16AM

Yama

8:28AM - 9:39AM

Indra Until 8:44AM

Muruqa: Purple

Sunset: 4:48PM

Moon 11 - Phase 30

Rahu

12:02PM - 1:14PM

Taitila Until 2:08PM

Nataraja: Clear

Navami

Moon - Red

Subha Sivaloka Day

Kartika-Kartikai

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

Navami* Until 12:59AM Thu

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Toronto, Canada
	Simha Rasi: 25.28	Tithi 25	758413465	Gulika 9:40AM – 10:51AM	Purvaphalguni Until 7:59AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Red	Sun 8 Sutra 221 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:18AM – 8:29AM	Vishkambha* Until 2:29AM Fri Vanija Until 11:49AM	Sunrise: 7:18AM Sunset: 4:48PM	Subha Sivaloka Day
				Rahu 1:14PM – 2:25PM	Dashami Until 10:33PM	Karttika-Karttikai	

2	Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Toronto, Canada
	Kanya Rasi: 9.52	Tithi 26	758413465	Gulika 8:30AM – 9:41AM	Uttaraphalguni Until 6:03AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Red	Sun 9 Sutra 222 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
	Creative Work	Siddha Yoga		Yama 2:25PM – 3:36PM	Priti Until 11:09PM Bava Until 9:17AM	Sunrise: 7:19AM Sunset: 4:47PM	Subha Sivaloka Day
	Until 6:03AM	Then Creative Work - Amrita Yoga		Rahu 10:52AM – 12:03PM	Ekadashi* Until 7:57PM	Karttika-Karttikai	

3	Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Toronto, Canada
	Kanya Rasi: 24.22	Tithi 27 – 28	768413465	Gulika 7:20AM – 8:31AM	Chitra Until 2:20AM Sun	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Green	Sun 10 Sutra 223 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
	Routine Work	Marana Yoga		Yama 1:14PM – 2:25PM	Ayushman Until 7:45PM Kaulava Until 6:39AM	Sunrise: 7:20AM Sunset: 4:46PM	Sivaloka Day
	Until 2:20AM Sun	Then Creative Work - Siddha Yoga		Rahu 9:42AM – 10:52AM	Dvadashi* Until 5:17PM	Karttika-Karttikai	

4	Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Toronto, Canada
	Tula Rasi: 8.52	Tithi 28 – 29	769413465	Gulika 2:24PM – 3:35PM	Svati Until 12:21AM Mon	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Green	Sun 11 Sutra 224 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
	Creative Work	Siddha Yoga		Yama 12:03PM – 1:14PM	Saubhagya Until 4:25PM Visti Until 1:26AM Mon	Sunrise: 7:21AM Sunset: 4:46PM	Devaloka Day
	Until 12:21AM Mon	Then Routine Work - Marana Yoga		Rahu 3:35PM – 4:46PM	Trayodashi* Until 2:40PM	Karttika-Karttikai	

●	Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Toronto, Canada
	Retreat Star			Gulika 1:14PM – 2:24PM	Vishakha Until 10:54PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Orange	Sun 12 Sutra 225 Vikarin 5121 Moon 11 - Phase 31 Amavasya
	Tula Rasi: 23.17	Tithi 29 – 30	779413465	Yama 10:53AM – 12:04PM	Sobhana Until 1:15PM Catuspada Until 11:09PM	Sunrise: 7:22AM Sunset: 4:45PM	Devaloka Day
	Family Home Evening	Then Creative Work - Siddha Yoga		Rahu 8:33AM – 9:43AM	Chaturdashi* Until 12:14PM	Karttika-Karttikai	

●	Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Toronto, Canada
	Retreat Star			Gulika 12:04PM – 1:14PM	Anuradha Until 9:42PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Orange	Sun 13 Sutra 226 Vikarin 5121 Moon 11 - Phase 31 Prathama
	Vrischika Rasi: 7.3	Tithi 30 – 1	779413465	Yama 9:44AM – 10:54AM	Athiganda* Until 10:20AM Kintughna Until 9:16PM	Sunrise: 7:24AM Sunset: 4:44PM	Devaloka Day
	Creative Work	Siddha Yoga		Rahu 2:24PM – 3:34PM	Amavasya* Until 10:08AM	Margasira-Karttikai	

1	Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Toronto, Canada
	Wrischika Rasi: 21.26	Tithi 1 – 2	Gulika 10:54AM – 12:04PM Yama 8:35AM – 9:45AM 779413465 Rahu 12:04PM – 1:14PM	Jyeshtha* Until 8:53PM Sukarma Until 7:49AM Balava Until 7:55PM Prathama* Until 8:30AM	Sun 14 Sutra 227 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 8:53PM Then Routine Work - Marana Yoga				Ganesha: Blue <i>Sunrise:</i> 7:25AM Muruqa: Purple <i>Sunset:</i> 4:44PM Nataraja: Clear Moon – Orange	Devaloka Day

2	Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Toronto, Canada
	Dhanus Rasi: 5.01	Tithi 2 – 3	Gulika 9:45AM – 10:55AM Yama 7:26AM – 8:36AM 789413465 Rahu 1:14PM – 2:24PM	Mula* Until 9:02PM Shula* Until 4:16AM Fri Tailila Until 7:15PM Dvitiya Until 7:29AM	Sun 15 Sutra 228 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga				Ganesha: Blue <i>Sunrise:</i> 7:26AM Muruqa: Purple <i>Sunset:</i> 4:43PM Nataraja: Clear Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

3	Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau		Toronto, Canada
	Dhanus Rasi: 18.13	Tithi 3 – 4	Gulika 8:37AM – 9:46AM Yama 2:24PM – 3:33PM 789413465 Rahu 10:56AM – 12:05PM	Purvashadha* Until 9:45PM Ganda* Until 3:21AM Sat Vanija Until 7:19PM Tritiya Until 7:10AM	Sun 16 Sutra 229 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Routine Work Prabalarishta Yoga Until 9:45PM Then Routine Work - Marana Yoga				Ganesha: Blue <i>Sunrise:</i> 7:27AM Muruqa: Purple <i>Sunset:</i> 4:43PM Nataraja: Clear Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

4	Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau		Toronto, Canada
	Makara Rasi: 1.01	Tithi 4 – 5	Gulika 7:28AM – 8:38AM Yama 1:15PM – 2:24PM 789413465 Rahu 9:47AM – 10:56AM	Uttarashadha Until 11:01PM Vriddhi Until 3:01AM Sun Bava Until 8:08PM Chaturthi* Until 7:37AM	Sun 17 Sutra 230 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Routine Work Marana Yoga Until 11:01PM Then Creative Work - Siddha Yoga				Ganesha: Blue <i>Sunrise:</i> 7:28AM Muruqa: Purple <i>Sunset:</i> 4:43PM Nataraja: Clear Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

5	Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Toronto, Canada
	Makara Rasi: 13.3	Tithi 5 – 6	Gulika 2:24PM – 3:33PM Yama 12:06PM – 1:15PM 799413465 Rahu 3:33PM – 4:42PM	Shravana Until 1:16AM Mon Dhruva Until 3:09AM Mon Kaulava Until 9:39PM Panchami Until 8:47AM	Sun 18 Sutra 231 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Creative Work Amrita Yoga Until 1:16AM Mon Then Creative Work - Siddha Yoga				Ganesha: Yellow <i>Sunrise:</i> 7:29AM Muruqa: Purple <i>Sunset:</i> 4:42PM Nataraja: Clear Moon – Purple	Sivaloka Day
				Margasira-Karttikai	

6	Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Toronto, Canada
	Makara Rasi: 25.43	Tithi 6 – 7	Gulika 1:15PM – 2:24PM Yama 10:57AM – 12:06PM 791413465 Rahu 8:39AM – 9:48AM	Dhanishtha Until 3:51AM Tue Vyaghata* Until 3:41AM Tue Gara Until 11:42PM Shashthi* Until 10:35AM	Sun 19 Sutra 232 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 3:51AM Tue Then Routine Work - Marana Yoga				Ganesha: Clear <i>Sunrise:</i> 7:30AM Muruqa: Purple <i>Sunset:</i> 4:42PM Nataraja: Clear Moon – Purple	Sivaloka Day
				Margasira-Karttikai	

D	Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Toronto, Canada
	Retreat Star		Gulika 12:07PM – 1:15PM Yama 9:49AM – 10:58AM 791413465 Rahu 2:24PM – 3:33PM	Shatabhishak Until 6:33AM Wed Harshana Until 4:27AM Wed Visti Until 2:05AM Wed Saptami Until 12:51PM	Sun 20 Sutra 233 Vikarin 5121 Moon 11 - Phase 32 Ashtami
Kumbha Rasi: 7.44 Tithi 7 – 8 Routine Work Marana Yoga Until 6:33AM Wed Then Creative Work - Amrita Yoga				Ganesha: Clear <i>Sunrise:</i> 7:32AM Muruqa: Purple <i>Sunset:</i> 4:42PM Nataraja: Clear Moon – Purple	Sivaloka Day
				Margasira-Karttikai	

D	Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Toronto, Canada
	Retreat Star		Gulika 10:58AM – 12:07PM Yama 8:41AM – 9:50AM 791413465 Rahu 12:07PM – 1:16PM	Shatabhishak Until 6:33AM Vajra* Until 5:15AM Thu Balava Until 4:36AM Thu Ashtami* Until 3:19PM	Sun 21 Sutra 234 Vikarin 5121 Moon 11 - Phase 32 Navami
Kumbha Rasi: 19.38 Tithi 8 – 9 Creative Work Siddha Yoga Until 6:33AM Then Creative Work - Amrita Yoga				Ganesha: Clear <i>Sunrise:</i> 7:33AM Muruqa: Purple <i>Sunset:</i> 4:41PM Nataraja: Clear Moon – Purple	Sivaloka Day
				Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Toronto, Canada Sun 22 Sutra 235	
Meena Rasi: 1.31	Tithi 9 – 10	Gulika 9:51AM – 10:59AM	Purvaproshtapada* Until 9:39AM	Ganesha: Yellow	<i>Sunrise:</i> 7:34AM			Vikarin 5121	
		Yama 7:34AM – 8:42AM	Siddhi Until 5:59AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:41PM			Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga	711413465 Rahu 1:16PM – 2:24PM	Taitila Until 7:00AM Fri	Nataraja: Clear					Sivaloka Day
			Navami* Until 5:48PM	Moon – Clear					Margasira-Karttikai

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Toronto, Canada Sun 23 Sutra 236	
Meena Rasi: 13.26	Tithi 10	Gulika 8:43AM – 9:51AM	Uttaraproshtapada Until 12:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:35AM			Vikarin 5121	
		Yama 2:24PM – 3:33PM	Vyatipata* Until 6:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:41PM			Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga	711413465 Rahu 11:00AM – 12:08PM	Taitila Until 7:00AM	Nataraja: Clear					Sivaloka Day
			Dashami Until 8:05PM	Moon – Clear					Margasira-Karttikai

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Toronto, Canada Sun 24 Sutra 237	
Meena Rasi: 25.28	Tithi 11	Gulika 7:36AM – 8:44AM	Revati Until 2:46PM	Ganesha: White	<i>Sunrise:</i> 7:36AM			Vikarin 5121	
		Yama 1:16PM – 2:25PM	Vyatipata* Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 4:41PM			Moon 11 - Phase 33	4th Phase
Routine Work	Prabalarishta Yoga	711513465 Rahu 9:52AM – 11:00AM	Vanija Until 9:07AM	Nataraja: Clear					Subha Sivaloka Day
Until 2:46PM			Ekadashi Until 9:59PM	Moon – Clear					Margasira-Karttikai
Then Creative Work - Siddha Yoga		Gita Jayanthi							

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Toronto, Canada Sun 25 Sutra 238	
Mesha Rasi: 7.4	Tithi 12	Gulika 2:25PM – 3:33PM	Ashvini Until 4:59PM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM			Vikarin 5121	
		Yama 12:09PM – 1:17PM	Variyan Until 6:43AM	Muruqa: Purple	<i>Sunset:</i> 4:41PM			Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga	721513465 Rahu 3:33PM – 4:41PM	Bava Until 10:47AM	Nataraja: Clear					Sivaloka Day
Until 4:59PM			Dvadashi Until 11:24PM	Moon – White					Margasira-Karttikai
Then Routine Work - Prabalarishta Yoga									

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Toronto, Canada Sun 26 Sutra 239	
Mesha Rasi: 20.05	Tithi 13	Gulika 1:17PM – 2:25PM	Bharani Until 6:30PM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM			Vikarin 5121	
Family Home Evening		Yama 11:01AM – 12:09PM	Parigha* Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 4:41PM			Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga	721513465 Rahu 8:45AM – 9:53AM	Kaulava Until 11:55AM	Nataraja: Clear					Sivaloka Day
Until 6:30PM			Trayodashi Until 12:15AM Tue	Moon – White					Margasira-Karttikai
Then Routine Work - Marana Yoga									<i>Pradosha Vrata</i>

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Toronto, Canada Sun 27 Sutra 240	
Vrishabha Rasi: 2.46	Tithi 14	Gulika 12:10PM – 1:17PM	Krittika Until 7:18PM	Ganesha: Clear	<i>Sunrise:</i> 7:38AM			Vikarin 5121	
		Yama 9:54AM – 11:02AM	Siddha Until 4:49AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:41PM			Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga	721513465 Rahu 2:25PM – 3:33PM	Gara Until 12:29PM	Nataraja: Clear					Sivaloka Day
Until 7:18PM			Chaturdashi* Until 12:31AM Wed	Moon – White					Margasira-Karttikai
Then Creative Work - Amrita Yoga		Krittika Deepam							

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Toronto, Canada Sutra 241	
Copper Retreat Star		Gulika 11:02AM – 12:10PM	Rohini Until 7:52PM	Ganesha: Purple	<i>Sunrise:</i> 7:39AM			Vikarin 5121	
Vrishabha Rasi: 15.43	Tithi 15	Yama 8:47AM – 9:55AM	Sadhya Until 3:20AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:41PM			Moon 11 - Phase 33	Purnima
Creative Work	Siddha Yoga	731523465 Rahu 12:10PM – 1:18PM	Visti Until 12:28PM	Nataraja: Clear					Sivaloka Day
			Purnima* Until 12:14AM Thu	Moon – Yellow					Margasira-Karttikai

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Toronto, Canada Sutra 242			
Silver Retreat Star		Gulika 9:55AM – 11:03AM	Mrigashira Until 7:48PM	Ganesha: Clear	<i>Sunrise:</i> 7:40AM			Vikarin 5121	
Vrishabha Rasi: 28.56	Tithi 16	Yama 7:40AM – 8:48AM	Subha Until 1:28AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:41PM			Moon 11 - Phase 33	Prathama
Routine Work	Marana Yoga	732523465 Rahu 1:18PM – 2:26PM	Balava Until 11:55AM	Nataraja: Clear					Devaloka Day
			Prathama* Until 11:27PM	Moon – Yellow					Margasira-Karttikai
		Vinayaga Viratam Begins							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Toronto, Canada

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika

8:48AM - 9:56AM

Yama

2:26PM - 3:34PM

Rahu

11:04AM - 12:11PM

Ardra Until 7:09PM

Sukla Until 11:15PM

Taitila Until 10:56AM

Dvitiya Until 10:16PM

Ganesha: Clear

Sunrise: 7:41AM

Muruqa: Clear

Sunset: 4:41PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Toronto, Canada

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika

7:42AM - 8:49AM

Yama

1:19PM - 2:26PM

Rahu

9:57AM - 11:04AM

Punarvasu Until 6:29PM

Brahma Until 8:49PM

Vanija Until 9:34AM

Tritiya Until 8:45PM

Ganesha: Purple

Sunrise: 7:42AM

Muruqa: Clear

Sunset: 4:41PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Toronto, Canada

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika

2:27PM - 3:34PM

Yama

12:12PM - 1:19PM

Rahu

3:34PM - 4:42PM

Pushya Until 5:25PM

Indra Until 6:11PM

Bava Until 7:55AM

Chaturthi* Until 7:00PM

Ganesha: Purple

Sunrise: 7:42AM

Muruqa: Clear

Sunset: 4:42PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Toronto, Canada

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 24.01 Tithi 20 - 21

842523465

Gulika

1:20PM - 2:27PM

Yama

11:05AM - 12:12PM

Rahu

8:50AM - 9:58AM

Ashlesha* Until 4:02PM

Vaidhrili* Until 3:24PM

Kaulava Until 6:04AM

Panchami Until 5:04PM

Ganesha: Clear

Sunrise: 7:43AM

Muruqa: Clear

Sunset: 4:42PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Toronto, Canada

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 8.07 Tithi 21 - 22

852523465

Gulika

12:13PM - 1:20PM

Yama

9:58AM - 11:06AM

Rahu

2:28PM - 3:35PM

Magha* Until 2:50PM

Vishkambha* Until 12:33PM

Visti Until 2:02AM Wed

Shashthi* Until 3:03PM

Ganesha: Purple

Sunrise: 7:44AM

Muruqa: Clear

Sunset: 4:42PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Toronto, Canada

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 22.16 Tithi 22 - 23

852523465

Gulika

11:06AM - 12:13PM

Yama

8:52AM - 9:59AM

Rahu

12:13PM - 1:21PM

Purvaphalguni Until 1:27PM

Priti Until 9:40AM

Balava Until 11:57PM

Saptami Until 12:59PM

Ganesha: Purple

Sunrise: 7:44AM

Muruqa: Clear

Sunset: 4:43PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Toronto, Canada

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 6.25 Tithi 23 - 24

852523465

Gulika

10:00AM - 11:07AM

Yama

7:45AM - 8:52AM

Rahu

1:21PM - 2:28PM

Uttaraphalguni Until 11:55AM

Ayushman Until 6:44AM

Taitila Until 9:53PM

Ashtami* Until 10:54AM

Ganesha: Purple

Sunrise: 7:45AM

Muruqa: Clear

Sunset: 4:43PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Toronto, Canada Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 8:53AM – 10:00AM Yama 2:29PM – 3:36PM Rahu 11:07AM – 12:15PM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear <i>Sunrise: 7:46AM</i> Muruqa: Clear <i>Sunset: 4:43PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga							
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Toronto, Canada Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 7:46AM – 8:53AM Yama 1:22PM – 2:29PM Rahu 10:01AM – 11:08AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear <i>Sunrise: 7:46AM</i> Muruqa: Clear <i>Sunset: 4:44PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati					
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Toronto, Canada Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 2:30PM – 3:37PM Yama 12:16PM – 1:23PM Rahu 3:37PM – 4:44PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear <i>Sunrise: 7:47AM</i> Muruqa: Clear <i>Sunset: 4:44PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati					
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Toronto, Canada Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 1:23PM – 2:30PM Yama 11:09AM – 12:16PM Rahu 8:54AM – 10:02AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White <i>Sunrise: 7:47AM</i> Muruqa: Clear <i>Sunset: 4:45PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati		Pradosha Vrata (Fasting)			
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Toronto, Canada Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 12:17PM – 1:24PM Yama 10:02AM – 11:09AM Rahu 2:31PM – 3:38PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White <i>Sunrise: 7:48AM</i> Muruqa: Clear <i>Sunset: 4:45PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					
		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Toronto, Canada Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 11:10AM – 12:17PM Yama 8:55AM – 10:03AM Rahu 12:17PM – 1:24PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear <i>Sunrise: 7:48AM</i> Muruqa: Clear <i>Sunset: 4:46PM</i> Nataraja: Clear Moon – Orange	Devaloka Day	
Retreat Star Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati					
Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Toronto, Canada Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 10:03AM – 11:10AM Yama 7:48AM – 8:56AM Rahu 1:25PM – 2:32PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange <i>Sunrise: 7:48AM</i> Muruqa: Clear <i>Sunset: 4:47PM</i> Nataraja: Orange Moon – Light Blue	Devaloka Day	
Creative Work Siddha Yoga		Annular Solar Eclipse		Pausha-Markali			

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Toronto, Canada Sun 14 Sutra 257 Vikarin 5121	
Dhanus Rasi: 26.08	Tithi 2	Gulika 8:56AM – 10:03AM	Purvashadha* Until 6:59AM	Ganesha: Orange	Sunrise: 7:49AM	Muruqa: Clear	Sunset: 4:47PM	Moon 12 - Phase 36	3rd Phase
		Yama 2:33PM – 3:40PM	Dhruva Until 10:31AM	Nataraja: Orange		Moon – Light Blue			
		883523466 Rahu 11:11AM – 12:18PM	Balava Until 12:22PM	Moon – Light Blue					
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:42AM Sat	Pausha-Markali					Devaloka Day
Until 6:59AM									
Then Routine Work - Marana Yoga									
2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Toronto, Canada Sun 15 Sutra 258 Vikarin 5121	
Makara Rasi: 8.49	Tithi 3	Gulika 7:49AM – 8:56AM	Uttarashadha Until 8:04AM	Ganesha: Orange	Sunrise: 7:49AM	Muruqa: Clear	Sunset: 4:48PM	Moon 12 - Phase 36	3rd Phase
		Yama 1:26PM – 2:33PM	Vyaghata* Until 9:56AM	Nataraja: Orange		Moon – Light Blue			
		883523466 Rahu 10:04AM – 11:11AM	Taitila Until 1:12PM	Moon – Light Blue					
Routine Work	Marana Yoga		Tritiya Until 1:49AM Sun	Pausha-Markali					Devaloka Day
Until 8:04AM									
Then Creative Work - Siddha Yoga									
3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Toronto, Canada Sun 16 Sutra 259 Vikarin 5121	
Makara Rasi: 21.16	Tithi 4	Gulika 2:34PM – 3:41PM	Shravana Until 10:02AM	Ganesha: Clear	Sunrise: 7:49AM	Muruqa: Clear	Sunset: 4:49PM	Moon 12 - Phase 36	3rd Phase
		Yama 12:19PM – 1:27PM	Harshana Until 9:48AM	Nataraja: Orange		Moon – Purple			
		893523466 Rahu 3:41PM – 4:49PM	Vanija Until 2:37PM	Moon – Purple					
Creative Work	Amrita Yoga		Chaturthi* Until 3:29AM Mon	Pausha-Markali					Devaloka Day
Until 10:02AM									
Then Routine Work - Marana Yoga									
4		Monday, December 30, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Toronto, Canada Sun 17 Sutra 260 Vikarin 5121	
Kumbha Rasi: 3.28	Tithi 5	Gulika 1:27PM – 2:35PM	Dhanishtha Until 12:20PM	Ganesha: Clear	Sunrise: 7:49AM	Muruqa: Clear	Sunset: 4:50PM	Moon 12 - Phase 36	3rd Phase
Family Home Evening		Yama 11:12AM – 12:20PM	Vajra* Until 10:03AM	Nataraja: Orange		Moon – Purple			
		893523466 Rahu 8:57AM – 10:04AM	Bava Until 4:31PM	Moon – Purple					
Creative Work	Siddha Yoga		Panchami Until 5:36AM Tue	Pausha-Markali					Devaloka Day
5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthiyam Titau				Toronto, Canada Sun 18 Sutra 261 Vikarin 5121	
Kumbha Rasi: 15.3	Tithi 6	Gulika 12:20PM – 1:28PM	Shatabhishak Until 2:50PM	Ganesha: Clear	Sunrise: 7:50AM	Muruqa: Clear	Sunset: 4:51PM	Moon 12 - Phase 36	3rd Phase
		Yama 10:05AM – 11:12AM	Siddhi Until 10:36AM	Nataraja: Orange		Moon – Purple			
		893523466 Rahu 2:35PM – 3:43PM	Kaulava Until 6:48PM	Moon – Purple					
Routine Work	Marana Yoga		Shashthi* Until 8:01AM Wed	Pausha-Markali					Devaloka Day
6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Toronto, Canada Sun 19 Sutra 262 Vikarin 5121	
Kumbha Rasi: 27.26	Tithi 6 – 7	Gulika 11:13AM – 12:21PM	Purvaprosarthapada* Until 5:54PM	Ganesha: Blue	Sunrise: 7:50AM	Muruqa: Clear	Sunset: 4:52PM	Moon 12 - Phase 36	3rd Phase
		Yama 8:58AM – 10:05AM	Vyatipata* Until 11:21AM	Nataraja: Orange		Moon – Clear			
		813623466 Rahu 12:21PM – 1:29PM	Gara Until 9:17PM	Moon – Clear					
Creative Work	Amrita Yoga		Shashthi* Until 8:01AM	Pausha-Markali					Bhuloka Day
Until 5:54PM									Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends							
☾		Thursday, January 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarproshthapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Toronto, Canada Sun 20 Sutra 263 Vikarin 5121	
Meena Rasi: 9.19	Tithi 7 – 8	Gulika 10:06AM – 11:14AM	Uttarproshthapada Until 8:48PM	Ganesha: Blue	Sunrise: 7:50AM	Muruqa: Clear	Sunset: 4:53PM	Moon 12 - Phase 36	Ashtami
		Yama 7:50AM – 8:58AM	Variyan Until 12:08PM	Nataraja: Orange		Moon – Clear			
		813623466 Rahu 1:29PM – 2:37PM	Visti Until 11:46PM	Moon – Clear					
Creative Work	Siddha Yoga		Saptami Until 10:31AM	Pausha-Markali					Bhuloka Day
									Devaloka Time: 3:PM to 6:PM
☽		Friday, January 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Toronto, Canada Sun 21 Sutra 264 Vikarin 5121	
Meena Rasi: 21.13	Tithi 8 – 9	Gulika 8:58AM – 10:06AM	Revati Until 11:23PM	Ganesha: Blue	Sunrise: 7:50AM	Muruqa: Clear	Sunset: 4:54PM	Moon 12 - Phase 36	Navami
		Yama 2:38PM – 3:46PM	Parigha* Until 12:51PM	Nataraja: Orange		Moon – Clear			
		813623466 Rahu 11:14AM – 12:22PM	Balava Until 2:02AM Sat	Moon – Clear					
Creative Work	Siddha Yoga		Ashtami* Until 12:55PM	Pausha-Markali					Bhuloka Day
Until 11:23PM									Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga									

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Toronto, Canada Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	Gulika 7:50AM – 8:58AM Yama 1:31PM – 2:39PM Rahu 10:06AM – 11:14AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow <i>Sunrise:</i> 7:50AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Creative Work	Siddha Yoga				
Until 1:54AM Sun		Then Routine Work - Prabalarishta Yoga			
2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Toronto, Canada Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	Gulika 2:39PM – 3:48PM Yama 12:23PM – 1:31PM Rahu 3:48PM – 4:56PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow <i>Sunrise:</i> 7:50AM Muruqa: Clear <i>Sunset:</i> 4:56PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Routine Work	Prabalarishta Yoga				
Until 3:44AM Mon		Subramuniaswami Jayanti			
Then Routine Work - Marana Yoga					
3		Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Toronto, Canada Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	Gulika 1:32PM – 2:40PM Yama 11:15AM – 12:23PM Rahu 8:58AM – 10:06AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:49AM Muruqa: Clear <i>Sunset:</i> 4:57PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Family Home Evening	Marana Yoga				
Until 4:45AM Tue		Vaikuntha Ekadasi			
Then Creative Work - Amrita Yoga					
4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Toronto, Canada Sun 25 Sutra 268 Vikarin 5121
Vrisabha Rasi: 10.35	Tithi 12 – 13	833623466	Gulika 12:24PM – 1:32PM Yama 10:06AM – 11:15AM Rahu 2:41PM – 3:50PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White <i>Sunrise:</i> 7:49AM Muruqa: Clear <i>Sunset:</i> 4:58PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work	Amrita Yoga				
Until 5:22AM Wed					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata</i>					
5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Toronto, Canada Sun 26 Sutra 269 Vikarin 5121
Vrisabha Rasi: 23.4	Tithi 13 – 14	833623466	Gulika 11:15AM – 12:24PM Yama 8:58AM – 10:07AM Rahu 12:24PM – 1:33PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White <i>Sunrise:</i> 7:49AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work	Siddha Yoga				
Until 5:09AM Thu					
Then Routine Work - Marana Yoga					
6		Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Toronto, Canada Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	Gulika 10:07AM – 11:16AM Yama 7:49AM – 8:58AM Rahu 1:34PM – 2:42PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow <i>Sunrise:</i> 7:49AM Muruqa: Clear <i>Sunset:</i> 5:00PM Nataraja: Orange Moon – Yellow Devaloka Day Pausha-Markali
Routine Work	Marana Yoga				
Until 4:10AM Fri		Ardra Darshanam			
Then Creative Work - Siddha Yoga					
7		Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Toronto, Canada Sun 28 Sutra 271 Vikarin 5121
Mithuna Rasi: 20.58	Tithi 15 – 16	844623466	Gulika 8:58AM – 10:07AM Yama 2:43PM – 3:52PM Rahu 11:16AM – 12:25PM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White <i>Sunrise:</i> 7:48AM Muruqa: Clear <i>Sunset:</i> 5:01PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work	Siddha Yoga				
		Penumbra Lunar Eclipse			
8		Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Toronto, Canada Sun 29 Sutra 272 Vikarin 5121
Kataka Rasi: 5.07	Tithi 16 – 17	844623466	Gulika 7:48AM – 8:57AM Yama 1:35PM – 2:44PM Rahu 10:07AM – 11:16AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White <i>Sunrise:</i> 7:48AM Muruqa: Clear <i>Sunset:</i> 5:03PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work	Siddha Yoga				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Toronto, Canada

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 3:54PM - 5:04PM

Gulika 2:45PM - 3:54PM Ashlesha* Until 11:13PM

Yama 12:26PM - 1:35PM Priti Until 8:51PM

Rahu 3:54PM - 5:04PM Vanija Until 8:21PM

Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:48AM

Muruqa: Clear Sunset: 5:04PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Toronto, Canada

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:57AM - 10:07AM

Gulika 1:36PM - 2:46PM Magha* Until 9:21PM

Yama 11:16AM - 12:26PM Ayushman Until 5:24PM

Rahu 8:57AM - 10:07AM Balava Until 4:16AM Tue

Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:47AM

Muruqa: Clear Sunset: 5:05PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Toronto, Canada

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 2:46PM - 3:56PM

Gulika 12:27PM - 1:36PM Purvaphalguni Until 7:23PM

Yama 10:07AM - 11:17AM Saubhagya Until 1:58PM

Rahu 2:46PM - 3:56PM Kaulava Until 2:57PM

Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:47AM

Muruqa: Clear Sunset: 5:06PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Toronto, Canada

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:27PM - 1:37PM

Gulika 11:17AM - 12:27PM Uttaraphalguni Until 5:26PM

Yama 8:57AM - 10:07AM Sobhana Until 10:40AM

Rahu 12:27PM - 1:37PM Gara Until 12:24PM

Shashthi* Until 11:11PM

Ganesha: Clear Sunrise: 7:46AM

Muruqa: Clear Sunset: 5:07PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Toronto, Canada

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 17.24 Tithi 22

844623466 Rahu 1:38PM - 2:48PM

Gulika 10:07AM - 11:17AM Hasta Until 4:00PM

Yama 7:46AM - 8:56AM Athiganda* Until 7:30AM

Rahu 1:38PM - 2:48PM Visti Until 10:04AM

Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:46AM

Muruqa: Clear Sunset: 5:09PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Toronto, Canada

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 11:17AM - 12:28PM

Gulika 8:56AM - 10:06AM Chitra Until 2:43PM

Yama 2:49PM - 3:59PM Dhriti Until 1:56AM Sat

Rahu 11:17AM - 12:28PM Balava Until 8:01AM

Ashtami* Until 7:06PM

Ganesha: Purple Sunrise: 7:45AM

Muruqa: Clear Sunset: 5:10PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Toronto, Canada

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Tula Rasi: 15.31 Tithi 24 - 25

844623466 Rahu 10:06AM - 11:17AM

Gulika 7:45AM - 8:55AM Svati Until 1:39PM

Yama 1:39PM - 2:49PM Shula* Until 11:33PM

Rahu 10:06AM - 11:17AM Taitila Until 6:19AM

Navami* Until 5:35PM

Ganesha: Purple Sunrise: 7:45AM

Muruqa: Clear Sunset: 5:11PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga


1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Toronto, Canada Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 26 – 26	Gulika 2:50PM – 4:01PM	Vishakha Until 1:14PM	Ganesha: Clear <i>Sunrise: 7:44AM</i>	
		Yama 12:28PM – 1:39PM	Ganda* Until 9:30PM	Muruqa: Clear <i>Sunset: 5:12PM</i>	Moon 1 - Phase 39
	874623466	Rahu 4:01PM – 5:12PM	Bava Until 4:01AM Mon	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:26PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau	Toronto, Canada Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika 1:40PM – 2:51PM	Anuradha Until 1:02PM	Ganesha: Clear <i>Sunrise: 7:43AM</i>	
Family Home Evening		Yama 11:17AM – 12:28PM	Vriddhi Until 7:45PM	Muruqa: Clear <i>Sunset: 5:14PM</i>	Moon 1 - Phase 39
	874623466	Rahu 8:55AM – 10:06AM	Kaulava Until 3:27AM Tue	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:40PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau	Toronto, Canada Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika 12:29PM – 1:40PM	Jyeshtha* Until 1:05PM	Ganesha: Purple <i>Sunrise: 7:43AM</i>	
		Yama 10:06AM – 11:17AM	Dhruva Until 6:17PM	Muruqa: Clear <i>Sunset: 5:15PM</i>	Moon 1 - Phase 39
	875623466	Rahu 2:52PM – 4:03PM	Gara Until 3:18AM Wed	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashti* Until 3:18PM	Moon – Orange	Bhuloka Day
Until 1:05PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Toronto, Canada Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika 11:17AM – 12:29PM	Mula* Until 1:51PM	Ganesha: Light Blue <i>Sunrise: 7:42AM</i>	
		Yama 8:54AM – 10:05AM	Vyaghata* Until 5:10PM	Muruqa: Clear <i>Sunset: 5:16PM</i>	Moon 1 - Phase 39
	885623466	Rahu 12:29PM – 1:41PM	Visti Until 3:34AM Thu	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 3:21PM	Moon – Light Blue	Bhuloka Day
Until 1:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Toronto, Canada Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika 10:05AM – 11:17AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue <i>Sunrise: 7:41AM</i>	
		Yama 7:41AM – 8:53AM	Harshana Until 4:23PM	Muruqa: Clear <i>Sunset: 5:17PM</i>	Moon 1 - Phase 39
	885623466	Rahu 1:41PM – 2:53PM	Catuspada Until 4:15AM Fri	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:50PM	Moon – Light Blue	Bhuloka Day
Until 2:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Toronto, Canada Sun 13 Sutra 285 Vikarin 5121
Retreat Star		Gulika 8:53AM – 10:05AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue <i>Sunrise: 7:40AM</i>	
Makara Rasi: 4.37	Tithi 30 – 1	Yama 2:54PM – 4:06PM	Vajra* Until 3:54PM	Muruqa: Clear <i>Sunset: 5:19PM</i>	Moon 1 - Phase 39
	885623466	Rahu 11:17AM – 12:29PM	Kintughna Until 5:23AM Sat	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:44PM	Moon – Light Blue	Bhuloka Day
				Pausha -Thai	Devaloka Time: 3:PM to 6:PM

Saturday, January 25, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Toronto, Canada Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	Gulika 7:39AM – 8:52AM	Shravana Until 6:08PM	Ganesha: Light Blue <i>Sunrise: 7:39AM</i>	
		Yama 1:42PM – 2:55PM	Siddhi Until 3:46PM	Muruqa: Clear <i>Sunset: 5:20PM</i>	Moon 1 - Phase 39
	995623466	Rahu 10:05AM – 11:17AM	Bava Until 6:05PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:05PM	Moon – Purple	Bhuloka Day
				Magha -Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerly, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Toronto, Canada Sun 15 Sutra 287	
Makara Rasi: 29.23	Tithi 2	Gulika 2:56PM – 4:09PM	Dhanishtha Until 8:21PM	Ganesha: Orange	<i>Sunrise:</i> 7:38AM		Vikarin 5121	
		Yama 12:30PM – 1:43PM	Vyatipata* Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM		Moon 1 - Phase 40	
		995723466 Rahu 4:09PM – 5:21PM	Balava Until 6:56AM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 7:50PM	Moon – Purple			Devaloka Day	
Until 8:21PM				Magha-Thai				
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau			Toronto, Canada Sun 16 Sutra 288	
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:43PM – 2:56PM	Shatabhishak Until 10:45PM	Ganesha: Orange	<i>Sunrise:</i> 7:38AM		Vikarin 5121	
Family Home Evening		Yama 11:17AM – 12:30PM	Variyan Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 8:51AM – 10:04AM	Taitila Until 8:52AM	Nataraja: Orange			3rd Phase	
Until 10:45PM			Tritiya Until 9:56PM	Moon – Purple			Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Thai				

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Chaturtham Titau			Toronto, Canada Sun 17 Sutra 289	
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:30PM – 1:44PM	Purvaproshtapada* Until 1:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:37AM		Vikarin 5121	
		Yama 10:03AM – 11:17AM	Parigha* Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 5:24PM		Moon 1 - Phase 40	
		915723466 Rahu 2:57PM – 4:11PM	Vanija Until 11:06AM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 12:18AM Wed	Moon – Clear			Sivaloka Day	
Until 1:44AM Wed				Magha-Thai				
Then Creative Work - Siddha Yoga								

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Toronto, Canada Sun 18 Sutra 290	
Meena Rasi: 5.26	Tithi 5	Gulika 11:17AM – 12:31PM	Uttaraproshtapada Until 4:41AM Thu	Ganesha: Green	<i>Sunrise:</i> 7:36AM		Vikarin 5121	
		Yama 8:49AM – 10:03AM	Shiva Until 5:51PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM		Moon 1 - Phase 40	
		915723466 Rahu 12:31PM – 1:44PM	Bava Until 1:34PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 2:49AM Thu	Moon – Clear			Sivaloka Day	
				Magha-Thai				

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau			Toronto, Canada Sun 19 Sutra 291	
Meena Rasi: 17.19	Tithi 6	Gulika 10:03AM – 11:17AM	Revati Until 7:26AM Fri	Ganesha: Orange	<i>Sunrise:</i> 7:35AM		Vikarin 5121	
		Yama 7:35AM – 8:49AM	Siddha Until 6:40PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM		Moon 1 - Phase 40	
		916723466 Rahu 1:45PM – 2:59PM	Kaulava Until 4:06PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 5:19AM Fri	Moon – Clear			Devaloka Day	
Until 7:26AM Fri				Magha-Thai				
Then Creative Work - Amrita Yoga								

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau			Toronto, Canada Sun 20 Sutra 292	
Meena Rasi: 29.11	Tithi 7	Gulika 8:48AM – 10:02AM	Revati Until 7:26AM	Ganesha: Orange	<i>Sunrise:</i> 7:33AM		Vikarin 5121	
		Yama 2:59PM – 4:14PM	Sadhya Until 7:25PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM		Moon 1 - Phase 40	
		916723466 Rahu 11:16AM – 12:31PM	Gara Until 6:32PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 7:38AM Sat	Moon – Clear			Devaloka Day	
Until 7:26AM				Magha-Thai				
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Toronto, Canada Sun 21 Sutra 293	
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 7:33AM – 8:48AM	Ashvini Until 10:20AM	Ganesha: Green	<i>Sunrise:</i> 7:33AM		Vikarin 5121	
		Yama 1:45PM – 2:59PM	Subha Until 7:57PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM		Moon 1 - Phase 40	
		926723466 Rahu 10:02AM – 11:16AM	Visti Until 8:40PM	Nataraja: Orange			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – White			Bhuloka Day	
				Magha-Thai			Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Toronto, Canada Sun 22 Sutra 294	
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 3:00PM – 4:15PM	Bharani Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 7:32AM		Vikarin 5121	
		Yama 12:31PM – 1:46PM	Sukla Until 8:05PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM		Moon 1 - Phase 40	
		926723466 Rahu 4:15PM – 5:29PM	Balava Until 10:18PM	Nataraja: Orange			Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 9:32AM	Moon – White			Bhuloka Day	
Until 12:39PM				Magha-Thai			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								


1	Monday, February 3, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Toronto, Canada Sun 23 Sutra 295
	Vrishabha Rasi: 5.37 Tithi 9 – 10 Family Home Evening Routine Work Marana Yoga Until 2:12PM Then Creative Work - Amrita Yoga	Gulika 1:46PM – 3:01PM Yama 11:16AM – 12:31PM Rahu 8:46AM – 10:01AM	Krittika Until 2:12PM Brahma Until 7:42PM Taitila Until 11:13PM Navami* Until 10:50AM


2	Tuesday, February 4, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Toronto, Canada Sun 24 Sutra 296
	Vrishabha Rasi: 18.17 Tithi 10 – 11 936723467 Creative Work Amrita Yoga Until 3:20PM Then Creative Work - Siddha Yoga	Gulika 12:31PM – 1:46PM Yama 10:01AM – 11:16AM Rahu 3:02PM – 4:17PM	Rohini Until 3:20PM Indra Until 6:44PM Vanija Until 11:19PM Dashami Until 11:21AM

3	Wednesday, February 5, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Toronto, Canada Sun 25 Sutra 297
	Mithuna Rasi: 1.22 Tithi 11 – 12 936723467 Creative Work Siddha Yoga	Gulika 11:16AM – 12:31PM Yama 8:45AM – 10:00AM Rahu 12:31PM – 1:47PM	Mrigashira Until 3:29PM Vaidhriti* Until 5:05PM Bava Until 10:35PM Ekadashi Until 11:02AM

4	Thursday, February 6, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Toronto, Canada Sun 26 Sutra 298
	Mithuna Rasi: 14.54 Tithi 12 – 13 936723467 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Gulika 10:00AM – 11:15AM Yama 7:28AM – 8:44AM Rahu 1:47PM – 3:03PM	Ardra Until 2:41PM Vishkambha* Until 2:48PM Kaulava Until 9:03PM Dvadashi Until 9:54AM

5	Friday, February 7, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Toronto, Canada Sun 27 Sutra 299
	Mithuna Rasi: 28.53 Tithi 13 – 14 947723467 Creative Work Siddha Yoga Until 1:28PM Then Routine Work - Marana Yoga	Gulika 8:43AM – 9:59AM Yama 3:04PM – 4:20PM Rahu 11:15AM – 12:31PM	Punarvasu Until 1:28PM Priti Until 11:57AM Gara Until 6:50PM Trayodashi Until 8:00AM

	Saturday, February 8, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau	Toronto, Canada Sutra 300
	Kataka Rasi: 13.17 Tithi 15 947723467 Creative Work Siddha Yoga Until 11:31AM Then Routine Work - Marana Yoga	Gulika 7:25AM – 8:42AM Yama 1:48PM – 3:05PM Rahu 9:58AM – 11:15AM	Pushya Until 11:31AM Ayushman Until 8:36AM Visti Until 4:03PM Purnima* Until 2:30AM Sun

	Sunday, February 9, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau	Toronto, Canada Sutra 301
	Kataka Rasi: 28.02 Tithi 16 947723467 Creative Work Siddha Yoga Until 9:01AM Then Routine Work - Marana Yoga	Gulika 3:05PM – 4:22PM Yama 12:31PM – 1:48PM Rahu 4:22PM – 5:39PM	Ashlesha* Until 9:01AM Sobhana Until 12:59AM Mon Balava Until 12:54PM Prathama* Until 11:13PM



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 12.59 Tithi 17
Family Home Evening
Routine Work Marana Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:49PM – 3:06PM
Yama 11:14AM – 12:32PM
Rahu 8:40AM – 9:57AM

Magha* Until 6:33AM
Athiganda* Until 8:56PM
Taitila Until 9:31AM
Dvitiya Until 7:47PM

Toronto, Canada
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise:* 7:23AM
Muruqa: Clear *Sunset:* 5:40PM

Nataraja: Clear
Moon – Red

Devaloka Day
Magha*Thai

1

Tuesday, February 11, 2020

Simha Rasi: 27.59 Tithi 18 – 19
Creative Work Amrita Yoga
Until 1:08AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:32PM – 1:49PM
Yama 9:56AM – 11:14AM
Rahu 3:07PM – 4:24PM

Uttaraphalguni Until 1:08AM Wed
Sukarma Until 4:57PM
Vanija Until 6:06AM
Tritiya Until 4:24PM

Toronto, Canada
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise:* 7:21AM
Muruqa: Clear *Sunset:* 5:42PM

Nataraja: Clear
Moon – Red

Devaloka Day
Magha*Thai

2

Wednesday, February 12, 2020

Kanya Rasi: 12.55 Tithi 19 – 20
Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:14AM – 12:32PM
Yama 8:38AM – 9:56AM
Rahu 12:32PM – 1:49PM

Hasta Until 10:56PM
Dhriti Until 1:07PM
Kaulava Until 11:43PM
Chaturthi* Until 1:11PM

Toronto, Canada
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Green *Sunrise:* 7:20AM
Muruqa: Clear *Sunset:* 5:43PM

Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Magha*Thai

3

Thursday, February 13, 2020

Kanya Rasi: 27.38 Tithi 20 – 21
Creative Work Siddha Yoga
Until 8:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:55AM – 11:13AM
Yama 7:19AM – 8:37AM
Rahu 1:50PM – 3:08PM

Chitra Until 8:58PM
Shula* Until 9:32AM
Gara Until 9:03PM
Panchami Until 10:19AM

Toronto, Canada
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: White *Sunrise:* 7:19AM
Muruqa: Clear *Sunset:* 5:44PM

Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Magha*Masi

4

Friday, February 14, 2020

Tula Rasi: 12.02 Tithi 21 – 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:36AM – 9:54AM
Yama 3:09PM – 4:27PM
Rahu 11:13AM – 12:31PM

Svati Until 7:23PM
Ganda* Until 6:20AM
Visti Until 6:54PM
Shashthi* Until 7:53AM

Toronto, Canada
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: White *Sunrise:* 7:17AM
Muruqa: Clear *Sunset:* 5:46PM

Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Magha*Masi

5

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 26.04 Tithi 22 – 23
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Gulika 7:16AM – 8:35AM
Yama 1:50PM – 3:09PM
Rahu 9:54AM – 11:13AM

Vishakha Until 6:39PM
Dhruva Until 1:17AM Sun
Kaulava Until 4:44AM Sun
Saptami Until 6:01AM

Toronto, Canada
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Ganesha: Clear *Sunrise:* 7:16AM
Muruqa: Clear *Sunset:* 5:47PM

Nataraja: Clear
Moon – Orange

Devaloka Day
Magha*Masi

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 9.44 Tithi 24
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:10PM – 4:29PM
Yama 12:31PM – 1:51PM
Rahu 4:29PM – 5:48PM

Anuradha Until 6:23PM
Vyaghata* Until 11:30PM
Taitila Until 4:22PM
Navami* Until 4:06AM Mon

Toronto, Canada
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Ganesha: Clear *Sunrise:* 7:14AM
Muruqa: Clear *Sunset:* 5:48PM

Nataraja: Clear
Moon – Orange

Devaloka Day
Magha*Masi


1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Toronto, Canada	
Vrischika Rasi: 23.04		Tithi 25		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 7 Sutra 309	
Family Home Evening		978723467		Gulika 1:51PM – 3:11PM		Jyeshtha* Until 6:33PM	
Creative Work Siddha Yoga		Rahu 8:33AM – 9:52AM		Harshana Until 10:12PM		Moon 2 - Phase 43	
				Vanija Until 4:01PM		2nd Phase	
				Dashami Until 4:03AM Tue		Devaloka Day	
						Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Toronto, Canada	
Dhanus Rasi: 6.04		Tithi 26		Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 8 Sutra 310	
Creative Work Amrita Yoga		988723467		Gulika 12:31PM – 1:51PM		Mula* Until 7:36PM	
Until 7:36PM		Rahu 3:11PM – 4:31PM		Vajra* Until 9:19PM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga				Bava Until 4:16PM		2nd Phase	
				Ekadashi* Until 4:34AM Wed		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Toronto, Canada	
Dhanus Rasi: 18.49		Tithi 27		Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9 Sutra 311	
Creative Work Amrita Yoga		988723467		Gulika 11:11AM – 12:31PM		Purvashadha* Until 8:58PM	
		Rahu 12:31PM – 1:51PM		Siddhi Until 8:49PM		Moon 2 - Phase 43	
				Kaulava Until 5:01PM		2nd Phase	
				Dvadashi* Until 5:32AM Thu		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Toronto, Canada	
Makara Rasi: 1.2		Tithi 28		Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau		Sun 10 Sutra 312	
Routine Work Marana Yoga		989823467		Gulika 9:50AM – 11:10AM		Uttarashadha Until 10:35PM	
Until 10:35PM		Rahu 1:52PM – 3:12PM		Vyatipata* Until 8:40PM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga				Gara Until 6:12PM		2nd Phase	
				Trayodashi* Until 6:55AM Fri		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	
						Pradosha Vrata (Fasting)	

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Toronto, Canada	
Makara Rasi: 13.42		Tithi 28 – 29		Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 313	
Routine Work Marana Yoga		999823467		Gulika 8:28AM – 9:49AM		Shravana Until 12:52AM Sat	
Until 12:52AM Sat		Rahu 11:10AM – 12:31PM		Variyan Until 8:45PM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga				Visti Until 7:45PM		2nd Phase	
				Trayodashi* Until 6:55AM		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	
						Mahasivaratri (Lunar)	
						Mahasivaratri (Solar)	

		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Toronto, Canada	
Retreat Star		Makara Rasi: 25.55		Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Sun 12 Sutra 314	
		Tithi 29 – 30		Gulika 7:05AM – 8:27AM		Dhanishtha Until 3:16AM Sun	
Creative Work Siddha Yoga		999823467		Yama 1:52PM – 3:14PM		Parigha* Until 9:04PM	
		Rahu 9:48AM – 11:09AM		Catuspada Until 9:36PM		Moon 2 - Phase 43	
				Chaturdashi* Until 8:37AM		Amavasya	
						Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	

Sunday, February 23, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Toronto, Canada	
Kumbha Rasi: 8.02		Tithi 30 – 1		Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 315	
Creative Work Siddha Yoga		999823467		Gulika 3:14PM – 4:36PM		Shatabhishak Until 5:43AM Mon	
Until 5:43AM Mon		Rahu 4:36PM – 5:58PM		Shiva Until 9:36PM		Moon 2 - Phase 43	
Then Routine Work - Marana Yoga				Kintughna Until 11:42PM		Prathama	
				Amavasya* Until 10:36AM		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Phalgun-Masi	

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Toronto, Canada Sun 14 Sutra 316	
1	Kumbha Rasi: 20.03 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	Gulika 1:53PM – 3:15PM Yama 11:08AM – 12:31PM Rahu 8:24AM – 9:46AM	Purvaproshtapada* Until 8:41AM Tue Siddha Until 10:15PM Balava Until 2:00AM Tue Prathama* Until 12:48PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 7:02AM Sunset: 5:59PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Toronto, Canada Sun 15 Sutra 317	
2	Meena Rasi: 1.59 Tithi 2 – 3 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	Gulika 12:30PM – 1:53PM Yama 9:46AM – 11:08AM Rahu 3:15PM – 4:38PM	Purvaproshtapada* Until 8:41AM Sadhya Until 11:02PM Taitila Until 4:27AM Wed Dvitiya Until 3:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 7:01AM Sunset: 6:00PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Toronto, Canada Sun 16 Sutra 318	
3	Meena Rasi: 13.53 Tithi 3 – 4 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	Gulika 11:07AM – 12:30PM Yama 8:22AM – 9:45AM Rahu 12:30PM – 1:53PM	Uttaraproshtapada Until 11:36AM Subha Until 11:55PM Vanija Until 6:58AM Thu Tritiya Until 5:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:59AM Sunset: 6:01PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau		Toronto, Canada Sun 17 Sutra 319	
4	Meena Rasi: 25.45 Tithi 4 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	Gulika 9:44AM – 11:07AM Yama 6:57AM – 8:21AM Rahu 1:53PM – 3:16PM	Revati Until 2:25PM Sukla Until 12:45AM Fri Vanija Until 6:58AM Chaturthi* Until 8:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:57AM Sunset: 6:03PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau		Toronto, Canada Sun 18 Sutra 320	
5	Mesha Rasi: 7.37 Tithi 5 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	Gulika 8:19AM – 9:43AM Yama 3:17PM – 4:40PM Rahu 11:06AM – 12:30PM	Ashvini Until 5:29PM Brahma Until 1:31AM Sat Bava Until 9:27AM Panchami Until 10:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:56AM Sunset: 6:04PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau		Toronto, Canada Sun 19 Sutra 321	
6	Mesha Rasi: 19.33 Tithi 6 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	Gulika 6:54AM – 8:18AM Yama 1:54PM – 3:17PM Rahu 9:42AM – 11:06AM	Bharani Until 8:10PM Indra Until 2:05AM Sun Kaulava Until 11:45AM Shashthi* Until 12:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:54AM Sunset: 6:05PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		Toronto, Canada Sun 20 Sutra 322	
Retreat Star		Gulika 3:19PM – 4:43PM Yama 12:29PM – 1:54PM Rahu 4:43PM – 6:08PM	Krittika Until 10:16PM Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM Saptami Until 2:25AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:51AM Sunset: 6:08PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau		Toronto, Canada Sun 21 Sutra 323	
Retreat Star		Gulika 1:54PM – 3:19PM Yama 11:04AM – 12:29PM Rahu 8:14AM – 9:39AM	Rohini Until 12:04AM Tue Vishkambha* Until 1:54AM Tue Visti Until 3:01PM Ashtami* Until 3:23AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:49AM Sunset: 6:09PM Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau		Toronto, Canada Sun 22 Sutra 324	
Retreat Star		Gulika 12:29PM – 1:54PM Yama 9:38AM – 11:04AM Rahu 3:20PM – 4:45PM	Mrigashira Until 12:55AM Wed Priti Until 12:57AM Wed Balava Until 3:36PM Navami* Until 3:33AM Wed	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:47AM Sunset: 6:10PM Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Toronto, Canada Sun 23 Sutra 325	
Mithuna Rasi: 9.26	Tithi 10	Gulika 11:03AM – 12:29PM	Ardra Until 12:47AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 8:11AM – 9:37AM	Ayushman Until 11:18PM	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45	
		131833467 Rahu 12:29PM – 1:54PM	Taitila Until 3:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 2:49AM Thu	Moon – Yellow		Devaloka Day	
Until 12:47AM Thu				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau		Toronto, Canada Sun 24 Sutra 326	
Mithuna Rasi: 22.52	Tithi 11	Gulika 9:36AM – 11:02AM	Punarvasu Until 12:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:44AM	Vikarin 5121	
		Yama 6:44AM – 8:10AM	Saubhagya Until 8:58PM	Muruqa: Orange	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 45	
		141833467 Rahu 1:55PM – 3:21PM	Vanija Until 2:09PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 1:14AM Fri	Moon – Blue		Bhuloka Day	
Until 12:05AM Fri				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Toronto, Canada Sun 25 Sutra 327	
Kataka Rasi: 6.48	Tithi 12	Gulika 8:09AM – 9:35AM	Pushya Until 10:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:42AM	Vikarin 5121	
		Yama 3:21PM – 4:48PM	Sobhana Until 6:00PM	Muruqa: Orange	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45	
		141833467 Rahu 11:02AM – 12:28PM	Bava Until 12:10PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 10:53PM	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Toronto, Canada Sun 26 Sutra 328	
Kataka Rasi: 21.13	Tithi 13	Gulika 6:41AM – 8:07AM	Ashlesha* Until 8:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:41AM	Vikarin 5121	
		Yama 1:55PM – 3:22PM	Athiganda* Until 2:29PM	Muruqa: Orange	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45	
		141833467 Rahu 9:34AM – 11:01AM	Kaulava Until 9:29AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 7:54PM	Moon – Blue		Bhuloka Day	
Until 8:07PM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau		Toronto, Canada Sun 27 Sutra 329	
Simha Rasi: 6.04	Tithi 14 – 15	Gulika 3:22PM – 4:49PM	Magha* Until 5:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Vikarin 5121	
		Yama 12:28PM – 1:55PM	Sukarma Until 10:34AM	Muruqa: Orange	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 45	
		151833467 Rahu 4:49PM – 6:17PM	Gara Until 6:15AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 4:27PM	Moon – Red		Devaloka Day	
Until 5:33PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Toronto, Canada Sutra 330	
Copper Retreat Star		Gulika 1:55PM – 3:23PM	Purvaphalguni Until 2:34PM	Ganesha: White	<i>Sunrise:</i> 6:37AM	Vikarin 5121	
Simha Rasi: 21.12	Tithi 15 – 16	Yama 11:00AM – 12:27PM	Dhriti Until 6:23AM	Muruqa: Orange	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 45	
Family Home Evening		152833467 Rahu 8:05AM – 9:32AM	Balava Until 10:49PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 12:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Toronto, Canada Sutra 331	
Silver Retreat Star		Gulika 12:27PM – 1:55PM	Uttaraphalguni Until 11:22AM	Ganesha: White	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
Kanya Rasi: 6.29	Tithi 16 – 17	Yama 9:31AM – 10:59AM	Ganda* Until 9:41PM	Muruqa: Orange	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45	
		152833467 Rahu 3:23PM – 4:51PM	Taitila Until 6:59PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 8:53AM	Moon – Red		Sivaloka Day	
Until 11:22AM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Toronto, Canada

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467 Rahu 12:27PM - 1:55PM

Gulika 10:59AM - 12:27PM

Yama 8:02AM - 9:30AM

Hasta Until 8:31AM

Vriddhi Until 5:31PM

Vanija Until 3:18PM

Ganesha: Clear Sunrise: 6:34AM

Muruqa: Orange Sunset: 6:20PM

Nataraja: Clear

Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Toronto, Canada

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467 Rahu 1:55PM - 3:24PM

Gulika 9:29AM - 10:58AM

Yama 6:32AM - 8:00AM

Svati Until 3:24AM Fri

Dhruva Until 1:36PM

Bava Until 11:57AM

Ganesha: Clear Sunrise: 6:32AM

Muruqa: Orange Sunset: 6:21PM

Nataraja: Clear

Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Toronto, Canada

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467 Rahu 10:57AM - 12:26PM

Gulika 7:59AM - 9:28AM

Yama 3:24PM - 4:54PM

Vishakha Until 1:51AM Sat

Vyaghata* Until 10:06AM

Kaulava Until 9:04AM

Ganesha: Purple Sunrise: 6:30AM

Muruqa: Orange Sunset: 6:23PM

Nataraja: Clear

Moon - Orange
Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

Panchami Until 7:50PM

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Toronto, Canada

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 - 22

172833468 Rahu 9:27AM - 10:57AM

Gulika 6:28AM - 7:58AM

Yama 1:55PM - 3:25PM

Anuradha Until 12:52AM Sun

Harshana Until 7:08AM

Gara Until 6:49AM

Ganesha: Purple Sunrise: 6:28AM

Muruqa: Orange Sunset: 6:24PM

Nataraja: Purple

Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Until 12:52AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Toronto, Canada

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 - 23

172933468 Rahu 4:55PM - 6:25PM

Gulika 3:25PM - 4:55PM

Yama 12:26PM - 1:56PM

Jyeshtha* Until 12:31AM Mon

Siddhi Until 2:58AM Mon

Balava Until 4:33AM Mon

Ganesha: Clear Sunrise: 6:26AM

Muruqa: Orange Sunset: 6:25PM

Nataraja: Purple

Moon - Orange
Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Toronto, Canada

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 - 24

182933468 Rahu 7:55AM - 9:25AM

Gulika 1:56PM - 3:26PM

Yama 10:55AM - 12:25PM

Mula* Until 1:13AM Tue

Vyatipata* Until 1:50AM Tue

Taitila Until 4:36AM Tue

Ganesha: Purple Sunrise: 6:25AM

Muruqa: Orange Sunset: 6:26PM

Nataraja: Purple

Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Ashtami* Until 4:28PM

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Toronto, Canada

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 - 25

182933468 Rahu 3:26PM - 4:57PM

Gulika 12:25PM - 1:56PM

Yama 9:24AM - 10:55AM

Purvashadha* Until 2:29AM Wed

Variyan Until 1:14AM Wed

Vanija Until 5:21AM Wed

Ganesha: Purple Sunrise: 6:23AM

Muruqa: Orange Sunset: 6:27PM

Nataraja: Purple

Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Toronto, Canada Sun 8 Sutra 339	
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 10:54AM – 12:25PM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:21AM		Vikarin 5121
		Yama 7:52AM – 9:23AM	Parigha* Until 1:07AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:29PM		Moon 3 - Phase 47
		182933468 Rahu 12:25PM – 1:56PM	Bava Until 6:42AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue		Devaloka Day	
Until 4:10AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Toronto, Canada Sun 9 Sutra 340	
Makara Rasi: 10.5	Tithi 26	Gulika 9:22AM – 10:53AM	Shravana Until 6:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:19AM		Vikarin 5121
		Yama 6:19AM – 7:51AM	Shiva Until 1:23AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:30PM		Moon 3 - Phase 47
		192933468 Rahu 1:56PM – 3:27PM	Bava Until 6:42AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple		Sivaloka Day	
				Phalguna-Panguni			

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Toronto, Canada Sun 10 Sutra 341	
Makara Rasi: 23.01	Tithi 27	Gulika 7:49AM – 9:21AM	Shravana Until 6:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 3:28PM – 4:59PM	Siddha Until 1:53AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:31PM		Moon 3 - Phase 47
		192933468 Rahu 10:53AM – 12:24PM	Kaulava Until 8:30AM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple		Sivaloka Day	
Until 6:37AM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Toronto, Canada Sun 11 Sutra 342	
Kumbha Rasi: 5.04	Tithi 28	Gulika 6:16AM – 7:48AM	Dhanishtha Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 1:56PM – 3:28PM	Sadhya Until 2:34AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:32PM		Moon 3 - Phase 47
		192933468 Rahu 9:20AM – 10:52AM	Gara Until 10:36AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple		Sivaloka Day	
Until 9:12AM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Toronto, Canada Sun 12 Sutra 343	
Kumbha Rasi: 17.01	Tithi 29	Gulika 3:29PM – 5:01PM	Shatabhishak Until 11:48AM	Ganesha: White	<i>Sunrise:</i> 6:14AM		Vikarin 5121
		Yama 12:24PM – 1:56PM	Subha Until 3:22AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:33PM		Moon 3 - Phase 47
		193933468 Rahu 5:01PM – 6:33PM	Visti Until 12:53PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Toronto, Canada Sun 13 Sutra 344	
Kumbha Rasi: 28.56	Tithi 30	Gulika 1:56PM – 3:29PM	Purvaprosarthapada* Until 2:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		Vikarin 5121
Family Home Evening		Yama 10:51AM – 12:23PM	Sukla Until 4:12AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:35PM		Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:45AM – 9:18AM	Catuspada Until 3:17PM	Nataraja: Purple			Amavasya
Until 2:51PM			Amavasya* Until 4:28AM Tue	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Panguni			

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Toronto, Canada Sun 14 Sutra 345	
Meena Rasi: 10.49	Tithi 1	Gulika 12:23PM – 1:56PM	Uttaraprosarthapada Until 5:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM		Vikarin 5121
		Yama 9:17AM – 10:50AM	Brahma Until 5:04AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:36PM		Moon 3 - Phase 47
		113933468 Rahu 3:29PM – 5:03PM	Kintughna Until 5:43PM	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear		Sivaloka Day	
Until 5:47PM		Yugadhi		Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Toronto, Canada Sun 15 Sutra 346	
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 10:49AM – 12:23PM	Revati Until 8:33PM	Ganesha: Yellow	Sunrise: 6:09AM		Vikarin 5121
		Yama 7:42AM – 9:16AM	Indra Until 5:55AM Thu	Muruqa: Orange	Sunset: 6:37PM		Moon 3 - Phase 48
		113933468 Rahu 12:23PM – 1:56PM	Balava Until 8:10PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:55AM	Moon – Clear		Sivaloka Day	
				Chaitra•Panguni			
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Toronto, Canada Sun 16 Sutra 347	
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 9:15AM – 10:49AM	Ashvini Until 11:36PM	Ganesha: Red	Sunrise: 6:07AM		Vikarin 5121
		Yama 6:07AM – 7:41AM	Vaidhriti* Until 6:41AM Fri	Muruqa: Orange	Sunset: 6:38PM		Moon 3 - Phase 48
		123933468 Rahu 1:56PM – 3:30PM	Taitila Until 10:33PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 9:21AM	Moon – White		Sivaloka Day	
Until 11:36PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Toronto, Canada Sun 17 Sutra 348	
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:39AM – 9:14AM	Bharani Until 2:19AM Sat	Ganesha: Red	Sunrise: 6:05AM		Vikarin 5121
		Yama 3:31PM – 5:05PM	Vaidhriti* Until 6:41AM	Muruqa: Orange	Sunset: 6:39PM		Moon 3 - Phase 48
		123933468 Rahu 10:48AM – 12:22PM	Vanija Until 12:47AM Sat	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:40AM	Moon – White		Sivaloka Day	
Until 2:19AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Toronto, Canada Sun 18 Sutra 349	
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 6:03AM – 7:38AM	Krittika Until 4:37AM Sun	Ganesha: Red	Sunrise: 6:03AM		Vikarin 5121
		Yama 1:57PM – 3:31PM	Vishkambha* Until 7:20AM	Muruqa: Orange	Sunset: 6:41PM		Moon 3 - Phase 48
		123933468 Rahu 9:12AM – 10:47AM	Bava Until 2:44AM Sun	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 1:47PM	Moon – White		Sivaloka Day	
Until 4:37AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Toronto, Canada Sun 19 Sutra 350	
Wrishabha Rasi: 10.37	Tithi 5 – 6	Gulika 3:32PM – 5:07PM	Rohini Until 6:50AM Mon	Ganesha: Blue	Sunrise: 6:01AM		Vikarin 5121
		Yama 12:22PM – 1:57PM	Priti Until 7:46AM	Muruqa: Orange	Sunset: 6:42PM		Moon 3 - Phase 48
		133933468 Rahu 5:07PM – 6:42PM	Kaulava Until 4:16AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:33PM	Moon – Yellow		Subha Sivaloka Day	
Until 6:50AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Toronto, Canada Sun 20 Sutra 351	
Wrishabha Rasi: 22.53	Tithi 6 – 7	Gulika 1:57PM – 3:32PM	Rohini Until 6:50AM	Ganesha: Blue	Sunrise: 6:00AM		Vikarin 5121
Family Home Evening		Yama 10:46AM – 12:21PM	Ayushman Until 7:50AM	Muruqa: Orange	Sunset: 6:43PM		Moon 3 - Phase 48
		133933468 Rahu 7:35AM – 9:10AM	Gara Until 5:13AM Tue	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:49PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			
Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Toronto, Canada Sun 21 Sutra 352	
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 12:21PM – 1:57PM	Mrigashira Until 8:17AM	Ganesha: Blue	Sunrise: 5:58AM		Vikarin 5121
		Yama 9:09AM – 10:45AM	Saubhagya Until 7:26AM	Muruqa: Orange	Sunset: 6:44PM		Moon 3 - Phase 48
		133933468 Rahu 3:33PM – 5:08PM	Visti Until 5:26AM Wed	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 8:17AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Toronto, Canada Sun 22 Sutra 353	
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 10:45AM – 12:21PM	Ardra Until 8:53AM	Ganesha: Blue	Sunrise: 5:58AM		Vikarin 5121
		Yama 7:34AM – 9:09AM	Sobhana Until 6:29AM	Muruqa: Orange	Sunset: 6:44PM		Moon 3 - Phase 48
		133933468 Rahu 12:21PM – 1:57PM	Balava Until 4:51AM Thu	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:14PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			
Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Toronto, Canada Sun 23 Sutra 354	
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 9:08AM – 10:44AM	Punarvasu Until 8:59AM	Ganesha: Yellow	Sunrise: 5:56AM		Vikarin 5121
		Yama 5:56AM – 7:32AM	Sukarma Until 2:37AM Fri	Muruqa: Orange	Sunset: 6:45PM		Moon 3 - Phase 48
		143933468 Rahu 1:57PM – 3:33PM	Taitila Until 3:26AM Fri	Nataraja: Purple			Navami
Creative Work	Amrita Yoga		Navami* Until 4:13PM	Moon – Blue		Sivaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Toronto, Canada Sun 24 Sutra 355
Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 7:31AM – 9:07AM	Pushya Until 8:08AM	Ganesha: Yellow <i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 3:33PM – 5:10PM	Dhriti Until 11:46PM	Muruqa: Orange <i>Sunset:</i> 6:46PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:44AM – 12:20PM	Vanija Until 1:15AM Sat	Nataraja: Purple	4th Phase
			Yogaswami Mahasamadhi	Moon – Blue	Sivaloka Day
			Dashami Until 2:25PM	Chaitra•Panguni	

2 Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Toronto, Canada Sun 25 Sutra 356
Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 5:53AM – 7:29AM	Ashlesha* Until 6:24AM	Ganesha: Yellow <i>Sunrise:</i> 5:53AM	Vikarin 5121
		Yama 1:57PM – 3:34PM	Shula* Until 8:20PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 9:06AM – 10:43AM	Bava Until 10:25PM	Nataraja: Purple	4th Phase
Until 6:24AM			Ekadashi Until 11:54AM	Moon – Blue	Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra•Panguni	

3 Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Toronto, Canada Sun 26 Sutra 357
Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:34PM – 5:12PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White <i>Sunrise:</i> 5:51AM	Vikarin 5121
		Yama 12:20PM – 1:57PM	Ganda* Until 4:29PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 Rahu 5:12PM – 6:49PM	Kaulava Until 7:05PM	Nataraja: Purple	4th Phase
			Dvadashi Until 8:47AM	Moon – Red	Subha Sivaloka Day
				Chaitra•Panguni	
				<i>Pradosha Vrata</i>	

4 Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Toronto, Canada Sun 27 Sutra 358
Simha Rasi: 29.25	Tithi 14	Gulika 1:57PM – 3:35PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear <i>Sunrise:</i> 5:49AM	Vikarin 5121
Family Home Evening		Yama 10:42AM – 12:19PM	Vridhhi Until 12:21PM	Muruqa: Orange <i>Sunset:</i> 6:50PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:27AM – 9:04AM	Gara Until 3:23PM	Nataraja: Purple	4th Phase
			Chaturdashi* Until 1:27AM Tue	Moon – Red	Sivaloka Day
				Chaitra•Panguni	

○ Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Toronto, Canada Sutra 359
Copper Retreat Star		Gulika 12:19PM – 1:57PM	Hasta Until 7:34PM	Ganesha: Purple <i>Sunrise:</i> 5:47AM	Vikarin 5121
Kanya Rasi: 14.4	Tithi 15	Yama 9:03AM – 10:41AM	Dhruva Until 8:01AM	Muruqa: Orange <i>Sunset:</i> 6:51PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:35PM – 5:13PM	Visti Until 11:31AM	Nataraja: Purple	Purnima
			Purnima* Until 9:33PM	Moon – Green	Devaloka Day
		Panguni Uttiram		Chaitra•Panguni	
		Hanuman Jayanti			

Wednesday, April 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau			Toronto, Canada Sutra 360
Silver Retreat Star		Gulika 10:41AM – 12:19PM	Chitra Until 4:33PM	Ganesha: Purple <i>Sunrise:</i> 5:46AM	Vikarin 5121
Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:24AM – 9:02AM	Harshana Until 11:27PM	Muruqa: Clear <i>Sunset:</i> 6:52PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 12:19PM – 1:57PM	Balava Until 7:39AM	Nataraja: Purple	Prathama
			Prathama* Until 5:45PM	Moon – Green	Devaloka Day
				Chaitra•Panguni	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Toronto, Canada
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.07 Tithi 17 – 18

164134468
Gulika 9:01AM – 10:40AM
Yama 5:44AM – 7:23AM
Rahu 1:57PM – 3:36PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga
Until 1:39PM
Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Toronto, Canada
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 30 Tithi 18 – 19

174134468
Gulika 7:21AM – 9:00AM
Yama 3:37PM – 5:16PM
Rahu 10:39AM – 12:18PM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 5:42AM
Muruqa: Clear *Sunset:* 6:55PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Toronto, Canada
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 14.28 Tithi 19 – 20

174134468
Gulika 5:40AM – 7:20AM
Yama 1:58PM – 3:37PM
Rahu 8:59AM – 10:39AM

Anuradha Until 9:43AM
Vyatipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:56PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Toronto, Canada
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 28.26 Tithi 20 – 21

174134468
Gulika 3:37PM – 5:17PM
Yama 12:18PM – 1:58PM
Rahu 5:17PM – 6:57PM

Jyeshtha* Until 8:33AM
Varyan Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:57PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 8:33AM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Toronto, Canada
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.56 Tithi 22

Family Home Evening

184134468
Gulika 1:58PM – 3:38PM
Yama 10:37AM – 12:18PM
Rahu 7:17AM – 8:57AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:58PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 8:31AM

Then Routine Work - Marana Yoga

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Toronto, Canada
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 24.59 Tithi 23

284134468
Gulika 12:17PM – 1:58PM
Yama 8:56AM – 10:37AM
Rahu 3:38PM – 5:19PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:59PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 9:09AM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Toronto, Canada
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 7.37 Tithi 23 – 24

284134468
Gulika 10:36AM – 12:17PM
Yama 7:15AM – 8:55AM
Rahu 12:17PM – 1:58PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 7:01PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 10:24AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Toronto, Canada Sun 8 Sutra 4	
Makara Rasi: 19.58	Tithi 24 – 25	Gulika 8:54AM – 10:36AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM	Sarvari 5122	
		Yama 5:32AM – 7:13AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 1	
294134468		Rahu 1:58PM – 3:39PM	Vanija Until 8:38PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau		Toronto, Canada Sun 9 Sutra 5	
Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 7:12AM – 8:54AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Sarvari 5122	
		Yama 3:40PM – 5:21PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 1	
294134468		Rahu 10:35AM – 12:17PM	Bava Until 10:43PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 9:37AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Toronto, Canada Sun 10 Sutra 6	
Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 5:29AM – 7:11AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Sarvari 5122	
		Yama 1:58PM – 3:40PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 1	
295134468		Rahu 8:53AM – 10:35AM	Kaulava Until 1:03AM Sun	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple		Sivaloka Day	
Until 5:46PM				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Toronto, Canada Sun 11 Sutra 7	
Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:41PM – 5:23PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Sarvari 5122	
		Yama 12:16PM – 1:58PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 1	
215134468		Rahu 5:23PM – 7:05PM	Gara Until 3:30AM Mon	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 2:15PM	Moon – Clear		Sivaloka Day	
Until 8:53PM				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Toronto, Canada Sun 12 Sutra 8	
Meena Rasi: 7.5	Tithi 28 – 29	Gulika 1:59PM – 3:41PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sarvari 5122	
Family Home Evening		Yama 10:33AM – 12:16PM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 1	
215134468		Rahu 7:08AM – 8:51AM	Vistit Until 5:56AM Tue	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 4:42PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau		Toronto, Canada Sun 13 Sutra 9	
Meena Rasi: 19.42	Tithi 29	Gulika 12:16PM – 1:59PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Sarvari 5122	
		Yama 8:50AM – 10:33AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 1	
215134468		Rahu 3:42PM – 5:25PM	Sakuni Until 7:06PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06PM	Moon – Clear		Sivaloka Day	
Until 2:35AM Wed				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Toronto, Canada Sun 14 Sutra 10	
Mesha Rasi: 2	Tithi 30	Gulika 10:32AM – 12:16PM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:22AM	Sarvari 5122	
		Yama 7:06AM – 8:49AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 1	
225134468		Rahu 12:16PM – 1:59PM	Catuspada Until 8:17AM	Nataraja: Purple		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 9:23PM	Moon – White		Sivaloka Day	
Until 5:31AM Thu				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Toronto, Canada Sun 15 Sutra 11	
Mesha Rasi: 13.34	Tithi 1	Gulika 8:48AM – 10:32AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:21AM	Sarvari 5122	
		Yama 5:21AM – 7:04AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 1	
225134468		Rahu 1:59PM – 3:43PM	Kintughna Until 10:29AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:29PM	Moon – White		Sivaloka Day	
				Vaisaka*Chaitra			

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Toronto, Canada Sun 16 Sutra 12	
Mesha Rasi: 25.35	Tithi 2	Gulika 7:03AM – 8:47AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 5:19AM	Sarvari 5122	
		Yama 3:43PM – 5:27PM	Ayushman Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	225134469 Rahu 10:31AM – 12:15PM	Balava Until 12:28PM	Nataraja: Clear		3rd Phase	
			Dvitiya Until 1:21AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Toronto, Canada Sun 17 Sutra 13	
Visshabha Rasi: 7.44	Tithi 3	Gulika 5:18AM – 7:02AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 5:18AM	Sarvari 5122	
		Yama 1:59PM – 3:44PM	Saubhagya Until 1:19PM	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	225134469 Rahu 8:46AM – 10:31AM	Taitila Until 2:11PM	Nataraja: Clear		3rd Phase	
			Tritiya Until 2:53AM Sun	Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Toronto, Canada Sun 18 Sutra 14	
Visshabha Rasi: 20	Tithi 4	Gulika 3:44PM – 5:29PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM	Sarvari 5122	
		Yama 12:15PM – 2:00PM	Sobhana Until 1:24PM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	235134469 Rahu 5:29PM – 7:13PM	Vanija Until 3:32PM	Nataraja: Clear		3rd Phase	
			Chaturthi* Until 4:02AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Toronto, Canada Sun 19 Sutra 15	
Mithuna Rasi: 2.27	Tithi 5	Gulika 2:00PM – 3:45PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM	Sarvari 5122	
Family Home Evening		Yama 10:30AM – 12:15PM	Athiganda* Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	236134469 Rahu 7:00AM – 8:45AM	Bava Until 4:27PM	Nataraja: Clear		3rd Phase	
Until 2:00PM			Panchami Until 4:41AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Toronto, Canada Sun 20 Sutra 16	
Mithuna Rasi: 15.08	Tithi 6	Gulika 12:15PM – 2:00PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
		Yama 8:44AM – 10:29AM	Sukarma Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 2	
Routine Work	Marana Yoga	236134469 Rahu 3:45PM – 5:30PM	Kaulava Until 4:49PM	Nataraja: Clear		3rd Phase	
Until 2:55PM			Shashthi* Until 4:45AM Wed	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Toronto, Canada Sun 21 Sutra 17	
Mithuna Rasi: 28.05	Tithi 7	Gulika 10:29AM – 12:14PM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Sarvari 5122	
		Yama 6:58AM – 8:43AM	Dhriti Until 11:19AM	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	246134469 Rahu 12:14PM – 2:00PM	Gara Until 4:34PM	Nataraja: Clear		3rd Phase	
			Saptami Until 4:11AM Thu	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		Toronto, Canada Sun 22 Sutra 18	
Kataka Rasi: 11.22	Tithi 8	Gulika 8:42AM – 10:28AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
		Yama 5:11AM – 6:56AM	Shula* Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	246134469 Rahu 2:00PM – 3:46PM	Visli Until 3:40PM	Nataraja: Clear		Ashtami	
Until 3:23PM			Ashtami* Until 2:57AM Fri	Moon – Blue		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau		Toronto, Canada Sun 23 Sutra 19	
Kataka Rasi: 25.01	Tithi 9	Gulika 6:54AM – 8:41AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM	Sarvari 5122	
		Yama 3:47PM – 5:34PM	Ganda* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 2	
Routine Work	Marana Yoga	246134469 Rahu 10:27AM – 12:14PM	Balava Until 2:06PM	Nataraja: Clear		Navami	
			Navami* Until 1:04AM Sat	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Toronto, Canada Sun 24 Sutra 20	
Simha Rasi: 9.05	Tithi 10	Gulika 5:06AM – 6:53AM	Magha* Until 1:06PM	Ganesha: White	<i>Sunrise:</i> 5:06AM			Sarvari 5122	
		Yama 2:01PM – 3:48PM	Dhruva Until 1:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:22PM			Moon 4 - Phase 3	
		256134469 Rahu 8:40AM – 10:27AM	Taitila Until 11:55AM	Nataraja: Clear				4th Phase	
Creative Work	Amrita Yoga		Dashami Until 10:36PM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 1:06PM				Vaisaka*Chaitra					
Then Creative Work - Siddha Yoga									

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Toronto, Canada Sun 25 Sutra 21	
Simha Rasi: 23.31	Tithi 11	Gulika 3:48PM – 5:36PM	Purvaphalguni Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 5:05AM			Sarvari 5122	
		Yama 12:14PM – 2:01PM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 7:23PM			Moon 4 - Phase 3	
		256134469 Rahu 5:36PM – 7:23PM	Vanija Until 9:11AM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:38PM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 11:08AM				Vaisaka*Chaitra					
Then Creative Work - Amrita Yoga									

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Toronto, Canada Sun 26 Sutra 22	
Kanya Rasi: 8.17	Tithi 12 – 13	Gulika 2:01PM – 3:49PM	Uttaraphalguni Until 8:36AM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM			Sarvari 5122	
Family Home Evening		Yama 10:26AM – 12:14PM	Harshana Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM			Moon 4 - Phase 3	
		256234469 Rahu 6:51AM – 8:39AM	Bava Until 6:02AM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 4:20PM	Moon – Red		Devaloka Day			
				Vaisaka*Chaitra					

Pradosha Vrata

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Toronto, Canada Sun 27 Sutra 23	
Kanya Rasi: 23.16	Tithi 13 – 14	Gulika 12:14PM – 2:02PM	Hasta Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM			Sarvari 5122	
		Yama 8:38AM – 10:26AM	Vajra* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 7:25PM			Moon 4 - Phase 3	
		267234469 Rahu 3:49PM – 5:37PM	Gara Until 11:02PM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 12:48PM	Moon – Green		Devaloka Day			
				Vaisaka*Chaitra					

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Toronto, Canada Sutra 24	
Copper Retreat Star		Gulika 10:26AM – 12:14PM	Svati Until 12:28AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:01AM			Sarvari 5122	
Tula Rasi: 8.2	Tithi 14 – 15	Yama 6:49AM – 8:37AM	Siddhi Until 10:06AM	Muruqa: Clear	<i>Sunset:</i> 7:26PM			Moon 4 - Phase 3	
		267234469 Rahu 12:14PM – 2:02PM	Visti Until 7:29PM	Nataraja: Clear				Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:14AM	Moon – Green		Devaloka Day			
		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra					

Thursday, May 7, 2020		Silver Retreat Star				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Toronto, Canada Sutra 25	
Tula Rasi: 23.21	Tithi 16	Gulika 8:37AM – 10:25AM	Vishakha Until 10:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:00AM			Sarvari 5122	
		Yama 5:00AM – 6:48AM	Vyatipata* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 7:27PM			Moon 4 - Phase 3	
		277234469 Rahu 2:02PM – 3:50PM	Balava Until 4:07PM	Nataraja: Clear				Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:33AM Fri	Moon – Orange		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Vaisaka*Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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