



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tallinn, Estonia
Sutra 7

Tula Rasi: 29.02 Tithi 17 – 18

Gulika 4:06PM – 5:59PM
Yama 12:22PM – 2:14PM
274483468 **Rahu** 5:59PM – 7:51PM

Vishakha **Until 1:28PM**
Vyatipata* **Until 11:59PM**
Vanija **Until 8:23PM**
Dvitiya **Until 9:01AM**

Ganesha: Blue *Sunrise: 4:52AM*
Muruqa: Yellow *Sunset: 7:51PM*
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tallinn, Estonia
Sun 1 Sutra 8

Vrischika Rasi: 12.38 Tithi 18 – 19

Gulika 2:14PM – 4:07PM
Yama 10:28AM – 12:21PM
274483468 **Rahu** 6:42AM – 8:35AM

Anuradha **Until 1:13PM**
Variyan **Until 10:23PM**
Bava **Until 7:39PM**
Tritiya **Until 7:54AM**

Ganesha: Blue *Sunrise: 4:49AM*
Muruqa: Yellow *Sunset: 7:54PM*
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tallinn, Estonia
Sun 2 Sutra 9

Vrischika Rasi: 25.49 Tithi 19 – 20

Gulika 12:21PM – 2:15PM
Yama 8:34AM – 10:28AM
274483468 **Rahu** 4:09PM – 6:02PM

Jyeshtha* **Until 1:35PM**
Parigha* **Until 9:27PM**
Kaulava **Until 7:43PM**
Chaturthi* **Until 7:33AM**

Ganesha: Blue *Sunrise: 4:47AM*
Muruqa: Yellow *Sunset: 7:56PM*
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 1:35PM
Then Creative Work - Amrita Yoga

Devaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tallinn, Estonia
Sun 3 Sutra 10

Dhanus Rasi: 8.35 Tithi 20 – 21

Gulika 10:27AM – 12:21PM
Yama 6:38AM – 8:32AM
284483468 **Rahu** 12:21PM – 2:15PM

Mula* **Until 3:04PM**
Shiva **Until 9:09PM**
Gara **Until 8:36PM**
Panchami **Until 8:02AM**

Ganesha: Yellow *Sunrise: 4:44AM*
Muruqa: Yellow *Sunset: 7:58PM*
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 3:04PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tallinn, Estonia
Sun 4 Sutra 11

Dhanus Rasi: 21 Tithi 21 – 22

Gulika 8:31AM – 10:26AM
Yama 4:41AM – 6:36AM
284483469 **Rahu** 2:16PM – 4:11PM

Purvashadha* **Until 5:08PM**
Siddha **Until 9:23PM**
Visti **Until 10:12PM**
Shashthi* **Until 9:18AM**

Ganesha: Yellow *Sunrise: 4:41AM*
Muruqa: Yellow *Sunset: 8:01PM*
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 5:08PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tallinn, Estonia
Sun 5 Sutra 12

Makara Rasi: 3.08 Tithi 22 – 23

Gulika 6:34AM – 8:30AM
Yama 4:12PM – 6:07PM
284583469 **Rahu** 10:25AM – 12:21PM

Uttarashadha **Until 7:35PM**
Sadhya **Until 10:04PM**
Balava **Until 12:22AM Sat**
Saptami **Until 11:13AM**

Ganesha: Red *Sunrise: 4:38AM*
Muruqa: Yellow *Sunset: 8:03PM*
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tallinn, Estonia
Sun 6 Sutra 13

Makara Rasi: 15.04 Tithi 23 – 24

Gulika 4:36AM – 6:32AM
Yama 2:17PM – 4:13PM
294583469 **Rahu** 8:28AM – 10:24AM

Shravana **Until 10:44PM**
Subha **Until 11:01PM**
Taitila **Until 2:51AM Sun**
Ashtami* **Until 1:34PM**

Ganesha: Green *Sunrise: 4:36AM*
Muruqa: Yellow *Sunset: 8:05PM*
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tallinn, Estonia Sun 7 Sutra 14
Makara Rasi: 26.54	Tithi 24 – 25	Gulika	4:14PM – 6:11PM	Dhanishtha Until 1:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 4:33AM	Vikarin 5121	
		Yama	12:20PM – 2:17PM	Sukla Until 12:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 8:08PM	Moon 4 - Phase 3	
		294583469 Rahu	6:11PM – 8:08PM	Vanija Until 5:24AM Mon	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 4:06PM	Moon – Purple		Bhuloka Day	
Until 1:48AM Mon					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

2		Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti* Karana Dashamyam Titau				Tallinn, Estonia Sun 8 Sutra 15
Kumbha Rasi: 8.44	Tithi 25	Gulika	2:18PM – 4:15PM	Shatabhishak Until 4:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
Family Home Evening		Yama	10:23AM – 12:20PM	Brahma Until 12:57AM Tue	Muruqa: Yellow	<i>Sunset:</i> 8:10PM	Moon 4 - Phase 3	
Creative Work	Siddha Yoga	294583469 Rahu	6:28AM – 8:25AM	Visti Until 6:36PM	Nataraja: Clear		2nd Phase	
Until 4:34AM Tue				Dashami Until 6:36PM	Moon – Purple		Bhuloka Day	
Then Routine Work - Marana Yoga					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Tallinn, Estonia Sun 9 Sutra 16
Kumbha Rasi: 20.37	Tithi 26	Gulika	12:20PM – 2:18PM	Purvaproshtapada* Until 7:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama	8:24AM – 10:22AM	Indra Until 1:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 8:13PM	Moon 4 - Phase 3	
		214583469 Rahu	4:16PM – 6:14PM	Bava Until 7:46AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 8:49PM	Moon – Clear		Bhuloka Day	
Until 7:21AM Wed					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Tallinn, Estonia Sun 10 Sutra 17
Meena Rasi: 2.38	Tithi 27	Gulika	10:21AM – 12:20PM	Purvaproshtapada* Until 7:21AM	Ganesha: Purple	<i>Sunrise:</i> 4:25AM	Vikarin 5121	
		Yama	6:24AM – 8:22AM	Vaidhriti* Until 1:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 8:15PM	Moon 4 - Phase 3	
		214583469 Rahu	12:20PM – 2:19PM	Kaulava Until 9:47AM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 10:36PM	Moon – Clear		Bhuloka Day	
Until 7:21AM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Tallinn, Estonia Sun 11 Sutra 18
Meena Rasi: 14.5	Tithi 28	Gulika	8:21AM – 10:20AM	Uttaraproshtapada Until 9:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:22AM	Vikarin 5121	
		Yama	4:22AM – 6:22AM	Vishkambha* Until 1:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 8:17PM	Moon 4 - Phase 3	
		215583469 Rahu	2:19PM – 4:19PM	Gara Until 11:19AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 11:52PM	Moon – Clear		Bhuloka Day	
Until 11:01AM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

Pradosha Vrata (Fasting)

6		Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tallinn, Estonia Sun 12 Sutra 19
Meena Rasi: 27.17	Tithi 29	Gulika	6:20AM – 8:20AM	Revati Until 11:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
		Yama	4:20PM – 6:20PM	Priti Until 1:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 8:20PM	Moon 4 - Phase 3	
		215583469 Rahu	10:20AM – 12:20PM	Visti Until 12:19PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:36AM Sat	Moon – Clear		Bhuloka Day	
Until 11:01AM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tallinn, Estonia Sun 13 Sutra 20
Mesha Rasi: 9.57	Tithi 30	Gulika	4:17AM – 6:18AM	Ashvini Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:17AM	Vikarin 5121	
		Yama	2:20PM – 4:21PM	Ayushman Until 12:34AM Sun	Muruqa: Yellow	<i>Sunset:</i> 8:22PM	Moon 4 - Phase 3	
		225583469 Rahu	8:18AM – 10:19AM	Catuspada Until 12:47PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 12:47AM Sun	Moon – White		Bhuloka Day	
Until 12:55PM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, May 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Tallinn, Estonia Sun 14 Sutra 21
Mesha Rasi: 22.53	Tithi 1	Gulika	4:22PM – 6:23PM	Bharani Until 12:55PM	Ganesha: Purple	<i>Sunrise:</i> 4:15AM	Vikarin 5121	
		Yama	12:20PM – 2:21PM	Saubhagya Until 11:18PM	Muruqa: Yellow	<i>Sunset:</i> 8:24PM	Moon 4 - Phase 3	
		225583469 Rahu	6:23PM – 8:24PM	Kintughna Until 12:43PM	Nataraja: Clear		Prathama	
Routine Work	Prabalarishta Yoga			Prathama* Until 12:30AM Mon	Moon – White		Bhuloka Day	
Until 12:55PM					Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Tallinn, Estonia Sun 15 Sutra 22
1		Gulika 2:21PM – 4:23PM	Krittika Until 12:58PM	Ganesha: Purple	<i>Sunrise:</i> 4:12AM	Vikarin 5121
Vrishabha Rasi: 6.02	Tithi 2	Yama 10:18AM – 12:19PM	Sobhana Until 9:43PM	Muruqa: Yellow	<i>Sunset:</i> 8:27PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:14AM – 8:16AM	Balava Until 12:13PM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 11:49PM	Moon – White	Bhuloka Day	
Until 12:58PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Tallinn, Estonia Sun 16 Sutra 23
2		Gulika 12:19PM – 2:22PM	Rohini Until 12:56PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:10AM	Vikarin 5121
Vrishabha Rasi: 19.25	Tithi 3	Yama 8:14AM – 10:17AM	Athiganda* Until 7:50PM	Muruqa: Yellow	<i>Sunset:</i> 8:29PM	Moon 4 - Phase 4
	235583469	Rahu 4:24PM – 6:27PM	Taitila Until 11:21AM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 10:46PM	Moon – Yellow	Bhuloka Day	
Until 12:56PM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau				Tallinn, Estonia Sun 17 Sutra 24
3		Gulika 10:16AM – 12:19PM	Mrigashira Until 12:27PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:07AM	Vikarin 5121
Mithuna Rasi: 2.59	Tithi 4	Yama 6:10AM – 8:13AM	Sukarma Until 5:44PM	Muruqa: Yellow	<i>Sunset:</i> 8:32PM	Moon 4 - Phase 4
	235583469	Rahu 12:19PM – 2:22PM	Vanija Until 10:10AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 9:27PM	Moon – Yellow	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Tallinn, Estonia Sun 18 Sutra 25
4		Gulika 8:12AM – 10:16AM	Ardra Until 11:35AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:05AM	Vikarin 5121
Mithuna Rasi: 16.41	Tithi 5	Yama 4:05AM – 6:08AM	Dhriti Until 3:28PM	Muruqa: Yellow	<i>Sunset:</i> 8:34PM	Moon 4 - Phase 4
	235583469	Rahu 2:23PM – 4:27PM	Bava Until 8:43AM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Panchami Until 7:54PM	Moon – Yellow	Bhuloka Day	
Until 11:35AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Tallinn, Estonia Sun 19 Sutra 26
5		Gulika 6:06AM – 8:11AM	Punarvasu Until 10:48AM	Ganesha: Orange	<i>Sunrise:</i> 4:02AM	Vikarin 5121
Kataka Rasi: 0.32	Tithi 6	Yama 4:28PM – 6:32PM	Shula* Until 12:59PM	Muruqa: Yellow	<i>Sunset:</i> 8:36PM	Moon 4 - Phase 4
	245583469	Rahu 10:15AM – 12:19PM	Kaulava Until 7:04AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 6:09PM	Moon – Blue	Devaloka Day	
Until 10:48AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tallinn, Estonia Sun 20 Sutra 27
6		Gulika 4:00AM – 6:05AM	Pushya Until 9:40AM	Ganesha: Orange	<i>Sunrise:</i> 4:00AM	Vikarin 5121
Kataka Rasi: 14.31	Tithi 7 – 8	Yama 2:24PM – 4:29PM	Ganda* Until 10:22AM	Muruqa: Yellow	<i>Sunset:</i> 8:39PM	Moon 4 - Phase 4
	245583469	Rahu 8:09AM – 10:14AM	Visti Until 3:11AM Sun	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 4:12PM	Moon – Blue	Devaloka Day	
Until 9:40AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tallinn, Estonia Sun 21 Sutra 28
Retreat Star		Gulika 4:30PM – 6:35PM	Ashlesha* Until 8:14AM	Ganesha: Clear	<i>Sunrise:</i> 3:57AM	Vikarin 5121
Kataka Rasi: 28.35	Tithi 8 – 9	Yama 12:19PM – 2:25PM	Vridhhi Until 7:38AM	Muruqa: Yellow	<i>Sunset:</i> 8:41PM	Moon 4 - Phase 4
	246583469	Rahu 6:35PM – 8:41PM	Balava Until 1:00AM Mon	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 2:05PM	Moon – Blue	Devaloka Day	
Until 8:14AM		Mother's Day		Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tallinn, Estonia Sun 22 Sutra 29
Retreat Star		Gulika 2:25PM – 4:31PM	Magha* Until 6:55AM	Ganesha: White	<i>Sunrise:</i> 3:55AM	Vikarin 5121
Simha Rasi: 12.46	Tithi 9 – 10	Yama 10:13AM – 12:19PM	Vyaghata* Until 1:46AM Tue	Muruqa: Yellow	<i>Sunset:</i> 8:43PM	Moon 4 - Phase 4
	256583469	Rahu 6:01AM – 8:07AM	Taitila Until 10:41PM	Nataraja: Clear		Navami
Family Home Evening			Navami* Until 11:50AM	Moon – Red	Bhuloka Day	
Routine Work Marana Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Until 6:55AM						
Then Creative Work - Siddha Yoga						

1		Tuesday, May 14, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Tallinn, Estonia Sun 23 Sutra 30
Simha Rasi: 27.02	Tithi 10 – 11	Gulika 12:19PM – 2:26PM	Uttaraphalguni Until 3:37AM Wed	Ganesha: White	<i>Sunrise:</i> 3:53AM	Vikarin 5121	
		Yama 8:06AM – 10:13AM	Harshana Until 10:45PM	Muruqa: Yellow	<i>Sunset:</i> 8:45PM	Moon 4 - Phase 5	
		266583469 Rahu 4:32PM – 6:39PM	Vanija Until 8:19PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:29AM	Moon – Red	Bhuloka Day		
Until 3:37AM Wed				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga							

2		Wednesday, May 15, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau	Tallinn, Estonia Sun 24 Sutra 31
Kanya Rasi: 11.19	Tithi 11 – 12	Gulika 10:12AM – 12:19PM	Hasta Until 2:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 3:51AM	Vikarin 5121	
		Yama 5:58AM – 8:05AM	Vajra* Until 7:44PM	Muruqa: Yellow	<i>Sunset:</i> 8:48PM	Moon 4 - Phase 5	
		266583469 Rahu 12:19PM – 2:26PM	Balava Until 4:45AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 7:06AM	Moon – Green	Devaloka Day		
Until 2:11AM Thu				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

3		Thursday, May 16, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Tallinn, Estonia Sun 25 Sutra 32
Kanya Rasi: 25.35	Tithi 13	Gulika 8:04AM – 10:11AM	Chitra Until 12:45AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 3:48AM	Vikarin 5121	
		Yama 3:48AM – 5:56AM	Siddhi Until 4:49PM	Muruqa: Yellow	<i>Sunset:</i> 8:50PM	Moon 4 - Phase 5	
		266583469 Rahu 2:27PM – 4:34PM	Kaulava Until 3:39PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:34AM Fri	Moon – Green	Devaloka Day		
				Vaisaka-Vaikasi			
				<i>Pradosha Vrata</i>			

4		Friday, May 17, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau	Tallinn, Estonia Sun 26 Sutra 33
Tula Rasi: 9.44	Tithi 14	Gulika 5:54AM – 8:03AM	Svati Until 11:26PM	Ganesha: Yellow	<i>Sunrise:</i> 3:46AM	Vikarin 5121	
		Yama 4:36PM – 6:44PM	Vyatipata* Until 2:05PM	Muruqa: Yellow	<i>Sunset:</i> 8:52PM	Moon 4 - Phase 5	
		266583469 Rahu 10:11AM – 12:19PM	Gara Until 1:35PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:39AM Sat	Moon – Green	Devaloka Day		
				Vaisaka-Vaikasi			

		Saturday, May 18, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau	Tallinn, Estonia Sun 27 Sutra 34
Copper Retreat Star		Gulika 3:44AM – 5:53AM	Vishakha Until 10:48PM	Ganesha: Blue	<i>Sunrise:</i> 3:44AM	Vikarin 5121	
Tula Rasi: 23.42	Tithi 15	Yama 2:28PM – 4:37PM	Variyan Until 11:37AM	Muruqa: Yellow	<i>Sunset:</i> 8:54PM	Moon 4 - Phase 5	
		266583469 Rahu 8:02AM – 10:10AM	Visti Until 11:52AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 11:09PM	Moon – Orange	Bhuloka Day		
				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM		

○		Sunday, May 19, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau	Tallinn, Estonia Sun 28 Sutra 35
Silver Retreat Star		Gulika 4:38PM – 6:47PM	Anuradha Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 3:42AM	Vikarin 5121	
Vrischika Rasi: 7.23	Tithi 16	Yama 12:19PM – 2:28PM	Parigha* Until 9:32AM	Muruqa: Yellow	<i>Sunset:</i> 8:56PM	Moon 4 - Phase 5	
		277583469 Rahu 6:47PM – 8:56PM	Balava Until 10:36AM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 10:10PM	Moon – Orange	Devaloka Day		
				Vaisaka-Vaikasi			



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.46 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:29PM – 4:39PM
Yama 10:09AM – 12:19PM
Rahu 5:50AM – 8:00AM

Jyeshtha* Until 10:47PM
Shiva Until 7:56AM
Taitila Until 9:56AM
Dvitiya Until 9:49PM

Tallinn, Estonia
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 3:40AM
Muruqa: Yellow *Sunset:* 8:59PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.47 Tithi 18
Creative Work Amrita Yoga
Until 11:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:19PM – 2:30PM
Yama 7:59AM – 10:09AM
Rahu 4:40PM – 6:50PM

Mula* Until 11:59PM
Siddha Until 6:50AM
Vanija Until 9:55AM
Tritiya Until 10:10PM

Tallinn, Estonia
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 3:38AM
Muruqa: Yellow *Sunset:* 9:01PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.28 Tithi 19
Creative Work Amrita Yoga
Until 1:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:08AM – 12:19PM
Yama 5:47AM – 7:58AM
Rahu 12:19PM – 2:30PM

Purvashadha* Until 1:43AM Thu
Sadhya Until 6:18AM
Bava Until 10:37AM
Chaturthi* Until 11:12PM

Tallinn, Estonia
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 3:36AM
Muruqa: Yellow *Sunset:* 9:03PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 28.5 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 7:57AM – 10:08AM
Yama 3:34AM – 5:45AM
Rahu 2:31PM – 4:42PM

Uttarashadha Until 3:52AM Fri
Subha Until 6:19AM
Kaulava Until 11:59AM
Panchami Until 12:51AM Fri

Tallinn, Estonia
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 3:34AM
Muruqa: Yellow *Sunset:* 9:05PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 10.58 Tithi 21
Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 5:44AM – 7:56AM
Yama 4:43PM – 6:55PM
Rahu 10:08AM – 12:19PM

Shravana Until 6:47AM Sat
Sukla Until 6:45AM
Gara Until 1:54PM
Shashthi* Until 2:59AM Sat

Tallinn, Estonia
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 3:32AM
Muruqa: Yellow *Sunset:* 9:07PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 22.56 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:30AM – 5:43AM
Yama 2:32PM – 4:44PM
Rahu 7:55AM – 10:07AM

Shravana Until 6:47AM
Brahma Until 7:31AM
Visti Until 4:11PM
Saptami Until 5:22AM Sun

Tallinn, Estonia
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 3:30AM
Muruqa: Yellow *Sunset:* 9:09PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 4.49 Tithi 23
Routine Work Marana Yoga
Until 9:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Indra/Vaidhriti* Yoga Balava Karana Ashtamyam Titau

Gulika 4:45PM – 6:58PM
Yama 12:20PM – 2:32PM
Rahu 6:58PM – 9:11PM

Dhanishtha Until 9:44AM
Indra Until 8:29AM
Balava Until 6:37PM
Ashtami* Until 7:47AM Mon

Tallinn, Estonia
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 3:28AM
Muruqa: Yellow *Sunset:* 9:11PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 16.4 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 12:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shalabhishak/Purvaprossthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:33PM – 4:46PM
Yama 10:06AM – 12:20PM
Rahu 5:40AM – 7:53AM

Shatabhishak Until 12:32PM
Vaidhriti* Until 9:25AM
Taitila Until 8:57PM
Ashtami* Until 7:47AM

Tallinn, Estonia
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Blue *Sunrise:* 3:27AM
Muruqa: Yellow *Sunset:* 9:13PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Tallinn, Estonia Sun 9	Sutra 44 Vikarin 5121
Kumbha Rasi: 28.36	Tithi 24 – 25	Gulika	12:20PM – 2:34PM	Purvaproshtapada* Until 3:26PM	Ganesha: Purple	<i>Sunrise:</i> 3:25AM		
		Yama	7:52AM – 10:06AM	Vishkambha* Until 10:12AM	Muruqa: Yellow	<i>Sunset:</i> 9:15PM	Moon 5 - Phase 7	
		318683469 Rahu	4:47PM – 7:01PM	Vanija Until 11:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 10:00AM	Moon – Clear		Sivaloka Day	
Until 3:26PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Tallinn, Estonia Sun 10	Sutra 45 Vikarin 5121
Meena Rasi: 10.4	Tithi 25 – 26	Gulika	10:06AM – 12:20PM	Uttaraproshtapada Until 5:45PM	Ganesha: Purple	<i>Sunrise:</i> 3:23AM		
		Yama	5:38AM – 7:52AM	Priti Until 10:43AM	Muruqa: Yellow	<i>Sunset:</i> 9:16PM	Moon 5 - Phase 7	
		318683469 Rahu	12:20PM – 2:34PM	Bava Until 12:34AM Thu	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 11:50AM	Moon – Clear		Sivaloka Day	
Until 5:45PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Tallinn, Estonia Sun 11	Sutra 46 Vikarin 5121
Meena Rasi: 22.57	Tithi 26 – 27	Gulika	7:51AM – 10:06AM	Revati Until 7:22PM	Ganesha: Purple	<i>Sunrise:</i> 3:22AM		
		Yama	3:22AM – 5:36AM	Ayushman Until 10:47AM	Muruqa: Yellow	<i>Sunset:</i> 9:18PM	Moon 5 - Phase 7	
		318683469 Rahu	2:35PM – 4:49PM	Kaulava Until 1:33AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 1:07PM	Moon – Clear		Sivaloka Day	
Until 7:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Tallinn, Estonia Sun 12	Sutra 47 Vikarin 5121
Mesha Rasi: 5.29	Tithi 27 – 28	Gulika	5:35AM – 7:50AM	Ashvini Until 8:42PM	Ganesha: Clear	<i>Sunrise:</i> 3:20AM		
		Yama	4:50PM – 7:05PM	Saubhagya Until 10:23AM	Muruqa: Yellow	<i>Sunset:</i> 9:20PM	Moon 5 - Phase 7	
		328683469 Rahu	10:05AM – 12:20PM	Gara Until 1:54AM Sat	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 1:47PM	Moon – White		Devaloka Day	
Until 8:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Tallinn, Estonia Sun 13	Sutra 48 Vikarin 5121
Mesha Rasi: 18.2	Tithi 28 – 29	Gulika	3:19AM – 5:34AM	Bharani Until 9:14PM	Ganesha: White	<i>Sunrise:</i> 3:19AM		
		Yama	2:36PM – 4:51PM	Sobhana Until 9:30AM	Muruqa: Yellow	<i>Sunset:</i> 9:22PM	Moon 5 - Phase 7	
		329683469 Rahu	7:50AM – 10:05AM	Visti Until 1:37AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 1:49PM	Moon – White		Bhuloka Day	
Until 9:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Tallinn, Estonia Sun 14	Sutra 49 Vikarin 5121
Retreat Star		Gulika	4:52PM – 7:08PM	Krittika Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 3:18AM		
Vrishabha Rasi: 1.3	Tithi 29 – 30	Yama	12:20PM – 2:36PM	Athiganda* Until 8:05AM	Muruqa: Yellow	<i>Sunset:</i> 9:23PM	Moon 5 - Phase 7	
		329683469 Rahu	7:08PM – 9:23PM	Catuspada Until 12:44AM Mon	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:14PM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Tallinn, Estonia Sun 15	Sutra 50 Vikarin 5121
Vrishabha Rasi: 14.58	Tithi 30 – 1	Gulika	2:37PM – 4:53PM	Rohini Until 8:37PM	Ganesha: Green	<i>Sunrise:</i> 3:16AM		
Family Home Evening		Yama	10:05AM – 12:21PM	Sukarma Until 6:14AM	Muruqa: Yellow	<i>Sunset:</i> 9:25PM	Moon 5 - Phase 7	
		339683469 Rahu	5:32AM – 7:48AM	Kintughna Until 11:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Amavasya* Until 12:05PM	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Tallinn, Estonia Sun 16 Sutra 51 Vikarin 5121
Vrishabha Rasi: 28.44	Tithi 1 – 2	Gulika 12:21PM – 2:37PM	Mrigashira Until 7:39PM	Ganesha: Green <i>Sunrise:</i> 3:15AM	
		Yama 7:48AM – 10:04AM	Shula* Until 1:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 9:26PM	Moon 5 - Phase 8
		339683461 Rahu 4:54PM – 7:10PM	Balava Until 9:35PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 10:30AM	Moon – Yellow	Bhuloka Day
Until 7:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Tallinn, Estonia Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 12.43	Tithi 2 – 3	Gulika 10:04AM – 12:21PM	Ardra Until 6:14PM	Ganesha: Green <i>Sunrise:</i> 3:14AM	
		Yama 5:31AM – 7:47AM	Ganda* Until 10:42PM	Muruqa: Yellow <i>Sunset:</i> 9:28PM	Moon 5 - Phase 8
		339683461 Rahu 12:21PM – 2:38PM	Taitila Until 7:31PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:34AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Visiti* Karana Tritiya/Chaturthyam Titau	Tallinn, Estonia Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 26.51	Tithi 3 – 4	Gulika 7:47AM – 10:04AM	Punarvasu Until 4:55PM	Ganesha: White <i>Sunrise:</i> 3:13AM	
		Yama 3:13AM – 5:30AM	Vridhi Until 7:48PM	Muruqa: Yellow <i>Sunset:</i> 9:29PM	Moon 5 - Phase 8
		349683461 Rahu 2:38PM – 4:55PM	Visti Until 4:04AM Fri	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:23AM	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Tallinn, Estonia Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 11.05	Tithi 5	Gulika 5:29AM – 7:47AM	Pushya Until 3:21PM	Ganesha: White <i>Sunrise:</i> 3:12AM	
		Yama 4:56PM – 7:13PM	Dhruva Until 4:49PM	Muruqa: Yellow <i>Sunset:</i> 9:31PM	Moon 5 - Phase 8
		349683461 Rahu 10:04AM – 12:21PM	Bava Until 2:54PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:42AM Sat	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Tallinn, Estonia Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 25.22	Tithi 6	Gulika 3:11AM – 5:29AM	Ashlesha* Until 1:38PM	Ganesha: White <i>Sunrise:</i> 3:11AM	
		Yama 2:39PM – 4:57PM	Vyaghata* Until 1:50PM	Muruqa: Yellow <i>Sunset:</i> 9:32PM	Moon 5 - Phase 8
		349683461 Rahu 7:46AM – 10:04AM	Kaulava Until 12:32PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 11:20PM	Moon – Blue	Bhuloka Day
Until 1:38PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Tallinn, Estonia Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 9.37	Tithi 7	Gulika 4:57PM – 7:15PM	Magha* Until 12:14PM	Ganesha: Yellow <i>Sunrise:</i> 3:10AM	
		Yama 12:22PM – 2:39PM	Harshana Until 10:53AM	Muruqa: Yellow <i>Sunset:</i> 9:33PM	Moon 5 - Phase 8
		351683461 Rahu 7:15PM – 9:33PM	Gara Until 10:12AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Saptami Until 9:03PM	Moon – Red	Devaloka Day
Until 12:14PM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Tallinn, Estonia Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 23.49	Tithi 8	Gulika 2:40PM – 4:58PM	Purvaphalguni Until 10:48AM	Ganesha: Yellow <i>Sunrise:</i> 3:09AM	
Family Home Evening		Yama 10:04AM – 12:22PM	Vajra* Until 8:00AM	Muruqa: Yellow <i>Sunset:</i> 9:34PM	Moon 5 - Phase 8
		351683461 Rahu 5:27AM – 7:46AM	Visti Until 7:58AM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Tallinn, Estonia Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 7.56	Tithi 9 – 10	Gulika 12:22PM – 2:40PM	Uttaraphalguni Until 9:21AM	Ganesha: Yellow <i>Sunrise:</i> 3:09AM	
		Yama 7:45AM – 10:04AM	Vyatipata* Until 2:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 9:35PM	Moon 5 - Phase 8
		351683461 Rahu 4:59PM – 7:17PM	Taitila Until 3:53AM Wed	Nataraja: Yellow	Navami
Creative Work	Amrita Yoga		Navami* Until 4:49PM	Moon – Red	Devaloka Day
Until 9:21AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau				Tallinn, Estonia Sun 24 Sutra 59
	Kanya Rasi: 21.58	Tithi 10 – 11	Gulika 10:04AM – 12:22PM	Hasta Until 8:21AM	Ganesha: White <i>Sunrise: 3:08AM</i>		Vikarin 5121
		361683461	Yama 5:26AM – 7:45AM	Variyan Until 12:07AM Thu	Muruqa: Yellow <i>Sunset: 9:36PM</i>		Moon 5 - Phase 9
			Rahu 12:22PM – 2:41PM	Varija Until 2:08AM Thu	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga			Dashami Until 2:58PM	Jyeshtha-Vaikasi	Bhuloka Day	
Until 8:21AM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tallinn, Estonia Sun 25 Sutra 60
	Tula Rasi: 5.5	Tithi 11 – 12	Gulika 7:45AM – 10:04AM	Chitra Until 7:25AM	Ganesha: White <i>Sunrise: 3:07AM</i>		Vikarin 5121
		361683461	Yama 3:07AM – 5:26AM	Parigha* Until 9:51PM	Muruqa: Yellow <i>Sunset: 9:37PM</i>		Moon 5 - Phase 9
			Rahu 2:41PM – 5:00PM	Bava Until 12:39AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 1:20PM	Jyeshtha-Vaikasi	Bhuloka Day	
Until 7:25AM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tallinn, Estonia Sun 26 Sutra 61
	Tula Rasi: 19.33	Tithi 12 – 13	Gulika 5:26AM – 7:45AM	Svati Until 6:37AM	Ganesha: White <i>Sunrise: 3:07AM</i>		Vikarin 5121
		361693461	Yama 5:00PM – 7:19PM	Shiva Until 7:52PM	Muruqa: Blue <i>Sunset: 9:37PM</i>		Moon 5 - Phase 9
			Rahu 10:04AM – 12:23PM	Kaulava Until 11:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 12:00PM	Jyeshtha-Vaikasi	Devaloka Day	
			Vaikasi Visakam				
				<i>Pradosha Vrata</i>			

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tallinn, Estonia Sun 27 Sutra 62
	Vrischika Rasi: 3.04	Tithi 13 – 14	Gulika 3:07AM – 5:26AM	Vishakha Until 6:27AM	Ganesha: White <i>Sunrise: 3:07AM</i>		Vikarin 5121
		371793461	Yama 2:42PM – 5:01PM	Siddha Until 6:09PM	Muruqa: Blue <i>Sunset: 9:39PM</i>		Moon 5 - Phase 9
			Rahu 7:45AM – 10:04AM	Gara Until 10:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 11:01AM	Jyeshtha-Ani	Subha Sivaloka Day	

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau				Tallinn, Estonia Sun 28 Sutra 63
	Copper Retreat Star		Gulika 5:01PM – 7:20PM	Anuradha Until 6:33AM	Ganesha: White <i>Sunrise: 3:06AM</i>		Vikarin 5121
Vrischika Rasi: 16.21	Tithi 14 – 15		Yama 12:23PM – 2:42PM	Sadhya Until 4:49PM	Muruqa: Blue <i>Sunset: 9:40PM</i>		Moon 5 - Phase 9
		371793461	Rahu 7:20PM – 9:40PM	Visti Until 10:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga			Chaturdashi* Until 10:29AM	Jyeshtha-Ani	Subha Sivaloka Day	
			Father's Day				

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tallinn, Estonia Sun 29 Sutra 64
	Vrischika Rasi: 29.22	Tithi 15 – 16	Gulika 2:42PM – 5:02PM	Jyeshtha* Until 6:59AM	Ganesha: White <i>Sunrise: 3:06AM</i>		Vikarin 5121
Family Home Evening		371793461	Yama 10:04AM – 12:23PM	Subha Until 3:55PM	Muruqa: Blue <i>Sunset: 9:40PM</i>		Moon 5 - Phase 9
			Rahu 5:25AM – 7:45AM	Balava Until 10:39PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga			Purnima* Until 10:27AM	Jyeshtha-Ani	Subha Sivaloka Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tallinn, Estonia
Sutra 66

Dhanus Rasi: 12.08 Tithi 16 – 17

Gulika 12:23PM – 2:43PM
Yama 7:45AM – 10:04AM
381793461 **Rahu** 5:02PM – 7:21PM

Mula* Until 8:16AM
Sukla Until 3:26PM
Taitila Until 11:28PM
Prathama* Until 10:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:06AM
Sunset: 9:41PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Tallinn, Estonia
Sun 1 Sutra 66

Dhanus Rasi: 24.37 Tithi 17 – 18

Gulika 10:04AM – 12:23PM
Yama 5:25AM – 7:45AM
382793461 **Rahu** 12:23PM – 2:43PM

Purvashadha* Until 9:57AM
Brahma Until 3:24PM
Vanija Until 12:49AM Thu
Dvitiya Until 12:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:06AM
Sunset: 9:41PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Tallinn, Estonia
Sun 2 Sutra 67

Makara Rasi: 6.53 Tithi 18 – 19

Gulika 7:45AM – 10:04AM
Yama 3:06AM – 5:25AM
382793461 **Rahu** 2:43PM – 5:03PM

Uttarashadha Until 11:59AM
Indra Until 3:47PM
Bava Until 2:40AM Fri
Tritya Until 1:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:06AM
Sunset: 9:41PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Bala*/Kaulava Karana Chaturthi/Panchamyam Titau

Tallinn, Estonia
Sun 3 Sutra 68

Makara Rasi: 18.57 Tithi 19 – 20

Gulika 5:25AM – 7:45AM
Yama 5:03PM – 7:22PM
392793461 **Rahu** 10:04AM – 12:24PM

Shravana Until 2:46PM
Vaidhriti* Until 4:27PM
Kaulava Until 4:51AM Sat
Chaturthi* Until 3:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:06AM
Sunset: 9:42PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vishkambha*/Priti Yoga Taitila Karana Panchamyam Titau

Tallinn, Estonia
Sun 4 Sutra 69

Kumbha Rasi: 0.53 Tithi 20

Gulika 3:06AM – 5:26AM
Yama 2:44PM – 5:03PM
392793461 **Rahu** 7:45AM – 10:05AM

Dhanishtha Until 5:39PM
Vishkambha* Until 5:21PM
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:06AM
Sunset: 9:42PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Tallinn, Estonia
Sun 5 Sutra 70

Kumbha Rasi: 12.46 Tithi 21

Gulika 5:03PM – 7:23PM
Yama 12:24PM – 2:44PM
392793461 **Rahu** 7:23PM – 9:42PM

Shatabhishak Until 8:27PM
Priti Until 6:20PM
Gara Until 7:13AM
Shashthi* Until 8:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:07AM
Sunset: 9:42PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Tallinn, Estonia
Sun 6 Sutra 71

Kumbha Rasi: 24.38 Tithi 22

Family Home Evening

Gulika 2:44PM – 5:03PM
Yama 10:05AM – 12:24PM
312793461 **Rahu** 5:26AM – 7:46AM

Purvaproshtapada* Until 11:29PM
Ayushman Until 7:12PM
Visti Until 9:35AM
Saptami Until 10:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:07AM
Sunset: 9:42PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Tallinn, Estonia
Sun 7 Sutra 72

Meena Rasi: 6.35 Tithi 23

Gulika 12:25PM – 2:44PM
Yama 7:46AM – 10:05AM
312793461 **Rahu** 5:03PM – 7:23PM

Uttaraproshtapada Until 2:03AM Wed
Saubhagya Until 7:53PM
Balava Until 11:45AM
Ashtami* Until 12:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:07AM
Sunset: 9:42PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 2:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Tallinn, Estonia
Sun 8 Sutra 73

Meena Rasi: 18.4 Tithi 24

Gulika 10:06AM – 12:25PM
Yama 5:27AM – 7:46AM
312793461 **Rahu** 12:25PM – 2:44PM

Revati Until 3:59AM Thu
Sobhana Until 8:14PM
Taitila Until 1:31PM
Navami* Until 2:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:08AM
Sunset: 9:42PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Tallinn, Estonia Sun 9	Sutra 74 Vikarin 5121
Mesha Rasi: 0.57	Tithi 25	Gulika 7:47AM – 10:06AM	Ashvini Until 5:38AM Fri	Ganesha: Blue	Sunrise: 3:09AM			
		Yama 3:09AM – 5:28AM	Athiganda* Until 8:06PM	Muruqa: Blue	Sunset: 9:41PM		Moon 6 - Phase 11	
		322793461 Rahu 2:44PM – 5:03PM	Vanija Until 2:43PM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 3:04AM Fri	Moon – White		Devaloka Day		
Until 5:38AM Fri				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau			Tallinn, Estonia Sun 10	Sutra 75 Vikarin 5121
Mesha Rasi: 13.31	Tithi 26	Gulika 5:28AM – 7:47AM	Bharani Until 6:26AM Sat	Ganesha: Blue	Sunrise: 3:09AM			
		Yama 5:03PM – 7:22PM	Sukarma Until 7:27PM	Muruqa: Blue	Sunset: 9:41PM		Moon 6 - Phase 11	
		322793461 Rahu 10:06AM – 12:25PM	Bava Until 3:16PM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 3:15AM Sat	Moon – White		Devaloka Day		
Until 6:26AM Sat				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau			Tallinn, Estonia Sun 11	Sutra 76 Vikarin 5121
Mesha Rasi: 26.25	Tithi 27	Gulika 3:10AM – 5:29AM	Bharani Until 6:26AM	Ganesha: Blue	Sunrise: 3:10AM			
		Yama 2:44PM – 5:03PM	Dhriti Until 6:14PM	Muruqa: Blue	Sunset: 9:41PM		Moon 6 - Phase 11	
		322793461 Rahu 7:48AM – 10:07AM	Kaulava Until 3:06PM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 2:43AM Sun	Moon – White		Devaloka Day		
Until 6:26AM				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			Tallinn, Estonia Sun 12	Sutra 77 Vikarin 5121
Vrishabha Rasi: 9.41	Tithi 28	Gulika 5:03PM – 7:22PM	Krittika Until 6:22AM	Ganesha: Blue	Sunrise: 3:11AM			
		Yama 12:26PM – 2:44PM	Shula* Until 4:25PM	Muruqa: Blue	Sunset: 9:40PM		Moon 6 - Phase 11	
		322793461 Rahu 7:22PM – 9:40PM	Gara Until 2:12PM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:29AM Mon	Moon – White		Devaloka Day		
Until 6:26AM				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
<i>Pradosha Vrata (Fasting)</i>								
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Tallinn, Estonia Sun 13	Sutra 78 Vikarin 5121
Vrishabha Rasi: 23.22	Tithi 29	Gulika 2:44PM – 5:03PM	Mrigashira Until 4:46AM Tue	Ganesha: Blue	Sunrise: 3:12AM			
Family Home Evening		Yama 10:07AM – 12:26PM	Ganda* Until 2:06PM	Muruqa: Blue	Sunset: 9:40PM		Moon 6 - Phase 11	
		322793461 Rahu 5:30AM – 7:49AM	Visti Until 12:39PM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 11:39PM	Moon – Yellow		Devaloka Day		
Until 4:46AM Tue				Jyeshtha-Ani				
Then Routine Work - Marana Yoga								
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Tallinn, Estonia Sun 14	Sutra 79 Vikarin 5121
Mithuna Rasi: 7.23	Tithi 30	Gulika 12:26PM – 2:44PM	Ardra Until 2:59AM Wed	Ganesha: Blue	Sunrise: 3:13AM			
		Yama 7:49AM – 10:08AM	Vridhhi Until 11:20AM	Muruqa: Blue	Sunset: 9:39PM		Moon 6 - Phase 11	
		322793461 Rahu 5:02PM – 7:21PM	Catuspada Until 10:33AM	Nataraja: Yellow			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 9:18PM	Moon – Yellow		Devaloka Day		
Until 2:59AM Wed				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Tallinn, Estonia Sun 15	Sutra 80 Vikarin 5121
Mithuna Rasi: 21.43	Tithi 1	Gulika 10:08AM – 12:26PM	Punarvasu Until 1:08AM Thu	Ganesha: Yellow	Sunrise: 3:14AM			
		Yama 5:32AM – 7:50AM	Dhruva Until 8:12AM	Muruqa: Blue	Sunset: 9:38PM		Moon 6 - Phase 11	
		343793461 Rahu 12:26PM – 2:44PM	Kintughna Until 8:00AM	Nataraja: Yellow			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 6:36PM	Moon – Blue		Sivaloka Day		
Until 1:08AM Thu				Ashada-Ani				
Then Creative Work - Amrita Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Tallinn, Estonia Sun 16 Sutra 81
Kataka Rasi: 6.17	Tithi 2 – 3	343793461	Gulika 7:51AM – 10:08AM Yama 3:15AM – 5:33AM Rahu 2:44PM – 5:02PM	Pushya Until 10:58PM Harshana Until 1:19AM Fri Taitila Until 2:10AM Fri Dvitiya Until 3:39PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 3:15AM Sunset: 9:37PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 10:58PM Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Tallinn, Estonia Sun 17 Sutra 82
Kataka Rasi: 20.58	Tithi 3 – 4	343793461	Gulika 5:34AM – 7:51AM Yama 5:01PM – 7:19PM Rahu 10:09AM – 12:26PM	Ashlesha* Until 8:37PM Vajra* Until 9:45PM Vanija Until 11:08PM Tritiya Until 12:37PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 3:16AM Sunset: 9:36PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Routine Work Marana Yoga							

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Tallinn, Estonia Sun 18 Sutra 83
Simha Rasi: 5.38	Tithi 4 – 5	353793461	Gulika 3:18AM – 5:35AM Yama 2:44PM – 5:01PM Rahu 7:52AM – 10:09AM	Magha* Until 6:37PM Siddhi Until 6:17PM Bava Until 8:11PM Chaturthi* Until 9:37AM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 3:18AM Sunset: 9:36PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 6:37PM Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Taitila Karana Panchami/Shashthyam Titau			Tallinn, Estonia Sun 19 Sutra 84
Simha Rasi: 20.13	Tithi 5 – 6	453793461	Gulika 5:01PM – 7:18PM Yama 12:27PM – 2:44PM Rahu 7:18PM – 9:34PM	Purvaphalguni Until 4:40PM Vyatipata* Until 2:59PM Taitila Until 4:10AM Mon Panchami Until 6:46AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 3:19AM Sunset: 9:34PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 4:40PM Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Tallinn, Estonia Sun 20 Sutra 85
Kanya Rasi: 4.38	Tithi 7	453793461	Gulika 2:43PM – 5:00PM Yama 10:10AM – 12:27PM Rahu 5:37AM – 7:54AM	Uttaraphalguni Until 2:52PM Varyan Until 11:53AM Gara Until 3:00PM Saptami Until 1:53AM Tue	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 3:20AM Sunset: 9:33PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga		Chidambaram Abhishekam					

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Tallinn, Estonia Sun 21 Sutra 86
Kanya Rasi: 18.49	Tithi 8	463793461	Gulika 12:27PM – 2:43PM Yama 7:54AM – 10:11AM Rahu 5:00PM – 7:16PM	Hasta Until 1:43PM Parigha* Until 9:06AM Visti Until 12:54PM Ashtami* Until 12:00AM Wed	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Green	Sunrise: 3:22AM Sunset: 9:32PM	Vikarin 5121 Moon 6 - Phase 12 Ashtami Subha Sivaloka Day
Creative Work Siddha Yoga							

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Tallinn, Estonia Sun 22 Sutra 87
Tula Rasi: 2.44	Tithi 9	463893461	Gulika 10:11AM – 12:27PM Yama 5:39AM – 7:55AM Rahu 12:27PM – 2:43PM	Chitra Until 12:50PM Shiva Until 6:39AM Balava Until 11:14AM Navami* Until 10:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Green	Sunrise: 3:23AM Sunset: 9:31PM	Vikarin 5121 Moon 6 - Phase 12 Navami Sivaloka Day
Creative Work Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Tallinn, Estonia Sun 23 Sutra 88
	Tula Rasi: 16.23	Tithi 10	Gulika 7:56AM – 10:12AM	Svati Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 3:25AM	Vikarin 5121
			Yama 3:25AM – 5:41AM	Sadhya Until 2:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 9:30PM	Moon 6 - Phase 13
		463893461	Rahu 2:43PM – 4:58PM	Taitila Until 10:00AM	Nataraja: Yellow		4th Phase
Creative Work Amrita Yoga Until 12:15PM Then Creative Work - Siddha Yoga			Dashami Until 9:32PM		Ashada*Ani		Sivaloka Day

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Tallinn, Estonia Sun 24 Sutra 89
	Tula Rasi: 29.47	Tithi 11	Gulika 5:42AM – 7:57AM	Vishakha Until 12:25PM	Ganesha: White	<i>Sunrise:</i> 3:27AM	Vikarin 5121
			Yama 4:58PM – 7:13PM	Subha Until 1:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 9:28PM	Moon 6 - Phase 13
		473893461	Rahu 10:12AM – 12:27PM	Vanija Until 9:13AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 9:00PM		Ashada*Ani		Devaloka Day

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Tallinn, Estonia Sun 25 Sutra 90
	Vrischika Rasi: 12.55	Tithi 12	Gulika 3:28AM – 5:43AM	Anuradha Until 12:54PM	Ganesha: White	<i>Sunrise:</i> 3:28AM	Vikarin 5121
			Yama 2:42PM – 4:57PM	Sukla Until 12:29AM Sun	Muruqa: Blue	<i>Sunset:</i> 9:27PM	Moon 6 - Phase 13
		473893461	Rahu 7:58AM – 10:13AM	Bava Until 8:56AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 8:56PM		Ashada*Ani		Devaloka Day

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tallinn, Estonia Sun 26 Sutra 91
	Vrischika Rasi: 25.49	Tithi 13	Gulika 4:56PM – 7:11PM	Jyeshtha* Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 3:30AM	Vikarin 5121
			Yama 12:28PM – 2:42PM	Brahma Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 9:25PM	Moon 6 - Phase 13
		473893461	Rahu 7:11PM – 9:25PM	Kaulava Until 9:07AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga Until 1:43PM Then Creative Work - Amrita Yoga			Trayodashi Until 9:22PM		Ashada*Ani		Devaloka Day
<i>Pradosha Vrata</i>							

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Tallinn, Estonia Sun 27 Sutra 92
	Dhanus Rasi: 8.28	Tithi 14	Gulika 2:42PM – 4:56PM	Mula* Until 3:18PM	Ganesha: Clear	<i>Sunrise:</i> 3:32AM	Vikarin 5121
	Family Home Evening		Yama 10:14AM – 12:28PM	Indra Until 11:41PM	Muruqa: Blue	<i>Sunset:</i> 9:24PM	Moon 6 - Phase 13
		483893461	Rahu 5:46AM – 8:00AM	Gara Until 9:47AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga Until 3:18PM Then Routine Work - Marana Yoga			Chaturdashi* Until 10:16PM		Ashada*Ani		Sivaloka Day

○	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Tallinn, Estonia Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:28PM – 2:41PM	Purvashadha* Until 5:10PM	Ganesha: Clear	<i>Sunrise:</i> 3:34AM	Vikarin 5121
	Dhanus Rasi: 20.55	Tithi 15	Yama 8:01AM – 10:14AM	Vaidhriti* Until 11:48PM	Muruqa: Blue	<i>Sunset:</i> 9:22PM	Moon 6 - Phase 13
		483893461	Rahu 4:55PM – 7:08PM	Visti Until 10:54AM	Nataraja: Yellow		Purnima
Creative Work Siddha Yoga Until 5:10PM Then Routine Work - Prabalarishta Yoga			Purnima* Until 11:37PM		Ashada*Ani		Sivaloka Day
			Partial Lunar Eclipse Satguru Purnima				

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Tallinn, Estonia Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:15AM – 12:28PM	Uttarashadha Until 7:18PM	Ganesha: Purple	<i>Sunrise:</i> 3:35AM	Vikarin 5121
	Makara Rasi: 3.11	Tithi 16	Yama 5:49AM – 8:02AM	Vishkambha* Until 12:14AM Thu	Muruqa: Blue	<i>Sunset:</i> 9:20PM	Moon 6 - Phase 13
		484893462	Rahu 12:28PM – 2:41PM	Balava Until 12:28PM	Nataraja: White		Prathama
Creative Work Amrita Yoga Until 7:18PM Then Creative Work - Siddha Yoga			Prathama* Until 1:23AM Thu		Ashada*Ani		Subha Subha Sivaloka Day



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Tallinn, Estonia

Sun 1 Sutra 95

Makara Rasi: 15.17 Tithi 17

Gulika 8:03AM – 10:15AM **Shravana Until 10:05PM**

Ganesha: Clear **Sunrise:** 3:37AM

Vikarin 5121

Yama 3:37AM – 5:50AM

Muruqa: Blue **Sunset:** 9:18PM

Moon 7 - Phase 14

494893462 **Rahu** 2:41PM – 4:53PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Taitila Until 2:24PM

Moon – Purple

Subha Sivaloka Day

Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Tallinn, Estonia

Sun 2 Sutra 96

Makara Rasi: 27.16 Tithi 18

Gulika 5:51AM – 8:04AM **Dhanishtha Until 12:57AM Sat**

Ganesha: Clear **Sunrise:** 3:39AM

Vikarin 5121

Yama 4:52PM – 7:04PM

Muruqa: Blue **Sunset:** 9:17PM

Moon 7 - Phase 14

494893462 **Rahu** 10:16AM – 12:28PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Ayushman Until 1:49AM Sat

Moon – Purple

Subha Sivaloka Day

Until 12:57AM Sat

Vanija Until 4:37PM

Ashada-Adi

Then Creative Work - Amrita Yoga

Tritiya Until 5:47AM Sat

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Tallinn, Estonia

Sun 3 Sutra 97

Kumbha Rasi: 9.1 Tithi 19

Gulika 3:41AM – 5:53AM **Shatabhishak Until 3:45AM Sun**

Ganesha: Clear **Sunrise:** 3:41AM

Vikarin 5121

Yama 2:40PM – 4:51PM

Muruqa: Blue **Sunset:** 9:15PM

Moon 7 - Phase 14

494893462 **Rahu** 8:05AM – 10:16AM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Bava Until 7:00PM

Moon – Purple

Subha Sivaloka Day

Until 3:45AM Sun

Chaturthi* Until 8:12AM Sun

Ashada-Adi

Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tallinn, Estonia

Sun 4 Sutra 98

Kumbha Rasi: 21.01 Tithi 19 – 20

Gulika 4:50PM – 7:02PM **Purvaproshtapada* Until 6:53AM Mon**

Ganesha: Clear **Sunrise:** 3:43AM

Vikarin 5121

Yama 12:28PM – 2:39PM

Muruqa: Blue **Sunset:** 9:13PM

Moon 7 - Phase 14

414893462 **Rahu** 7:02PM – 9:13PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Kaulava Until 9:25PM

Moon – Clear

Subha Sivaloka Day

Chaturthi* Until 8:12AM

Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tallinn, Estonia

Sun 5 Sutra 99

Meena Rasi: 2.53 Tithi 20 – 21

Gulika 2:39PM – 4:50PM **Purvaproshtapada* Until 6:53AM**

Ganesha: Clear **Sunrise:** 3:45AM

Vikarin 5121

Yama 10:17AM – 12:28PM

Muruqa: Blue **Sunset:** 9:11PM

Moon 7 - Phase 14

Family Home Evening

414893462 **Rahu** 5:56AM – 8:07AM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Gara Until 11:42PM

Moon – Clear

Subha Sivaloka Day

Until 6:53AM

Panchami Until 10:34AM

Ashada-Adi

Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tallinn, Estonia

Sun 6 Sutra 100

Meena Rasi: 14.49 Tithi 21 – 22

Gulika 12:28PM – 2:38PM **Uttaraproshtapada Until 9:40AM**

Ganesha: Clear **Sunrise:** 3:47AM

Vikarin 5121

Yama 8:08AM – 10:18AM

Muruqa: Blue **Sunset:** 9:09PM

Moon 7 - Phase 14

414893462 **Rahu** 4:49PM – 6:59PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Visti Until 1:42AM Wed

Moon – Clear

Subha Sivaloka Day

Until 9:40AM

Shashthi* Until 12:44PM

Ashada-Adi

Then Creative Work - Siddha Yoga

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tallinn, Estonia

Sun 7 Sutra 101

Meena Rasi: 26.53 Tithi 22 – 23

Gulika 10:18AM – 12:28PM **Revati Until 11:57AM**

Ganesha: Clear **Sunrise:** 3:49AM

Vikarin 5121

Yama 5:59AM – 8:09AM

Muruqa: Blue **Sunset:** 9:07PM

Moon 7 - Phase 14

414893462 **Rahu** 12:28PM – 2:38PM

Nataraja: White

Ashtami

Routine Work Marana Yoga

Balava Until 3:16AM Thu

Moon – Clear

Subha Sivaloka Day

Saptami Until 2:32PM

Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tallinn, Estonia

Sun 8 Sutra 102

Mesha Rasi: 9.08 Tithi 23 – 24

Gulika 8:10AM – 10:19AM **Ashvini Until 2:04PM**

Ganesha: White **Sunrise:** 3:52AM

Vikarin 5121

Yama 3:52AM – 6:01AM

Muruqa: Blue **Sunset:** 9:05PM

Moon 7 - Phase 14

424893462 **Rahu** 2:37PM – 4:46PM

Nataraja: White

Navami

Creative Work Amrita Yoga

Taitila Until 4:13AM Fri

Moon – White

Subha Subha Sivaloka Day

Until 2:04PM

Ashtami* Until 3:48PM

Ashada-Adi

Then Creative Work - Siddha Yoga


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Tallinn, Estonia Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 21.4	Tithi 24 – 25	Gulika 6:02AM – 8:11AM	Bharani Until 3:23PM	Ganesha: White	<i>Sunrise:</i> 3:54AM		
		Yama 4:45PM – 6:54PM	Ganda* Until 4:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 9:03PM		Moon 7 - Phase 15
		424893462 Rahu 10:20AM – 12:28PM	Vanija Until 4:27AM Sat	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 4:25PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Tallinn, Estonia Sun 10 Sutra 104 Vikarin 5121	
Virshabha Rasi: 4.32	Tithi 25 – 26	Gulika 3:56AM – 6:04AM	Krittika Until 3:49PM	Ganesha: White	<i>Sunrise:</i> 3:56AM		
		Yama 2:36PM – 4:44PM	Vriddhi Until 2:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 9:00PM		Moon 7 - Phase 15
		424893462 Rahu 8:12AM – 10:20AM	Bava Until 3:55AM Sun	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:16PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Tallinn, Estonia Sun 11 Sutra 105 Vikarin 5121	
Virshabha Rasi: 14.7	Tithi 26 – 27	Gulika 4:43PM – 6:51PM	Rohini Until 3:47PM	Ganesha: Yellow	<i>Sunrise:</i> 3:58AM		
		Yama 12:28PM – 2:36PM	Dhruva Until 12:53AM Mon	Muruqa: Blue	<i>Sunset:</i> 8:58PM		Moon 7 - Phase 15
		434893462 Rahu 6:51PM – 8:58PM	Kaulava Until 2:36AM Mon	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:20PM	Moon – Yellow		Subha Sivaloka Day	
						Ashada-Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Tallinn, Estonia Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 1.29	Tithi 27 – 28	Gulika 2:35PM – 4:42PM	Mrigashira Until 2:51PM	Ganesha: White	<i>Sunrise:</i> 4:00AM		
Family Home Evening		Yama 10:21AM – 12:28PM	Vyaghata* Until 10:14PM	Muruqa: Blue	<i>Sunset:</i> 8:56PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 Rahu 6:07AM – 8:14AM	Gara Until 12:35AM Tue	Nataraja: White			2nd Phase
Until 2:51PM			Dvadashi* Until 1:39PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada-Adi	
						Pradosha Vrata (Fasting)	

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Tallinn, Estonia Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 15.38	Tithi 28 – 29	Gulika 12:28PM – 2:34PM	Ardra Until 1:07PM	Ganesha: White	<i>Sunrise:</i> 4:02AM		
		Yama 8:15AM – 10:22AM	Harshana Until 7:07PM	Muruqa: Blue	<i>Sunset:</i> 8:54PM		Moon 7 - Phase 15
		435893462 Rahu 4:41PM – 6:47PM	Visti Until 9:57PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 11:19AM	Moon – Yellow		Sivaloka Day	
Until 1:07PM						Ashada-Adi	
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Tallinn, Estonia Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 10:22AM – 12:28PM	Punarvasu Until 11:09AM	Ganesha: Green	<i>Sunrise:</i> 4:05AM		
Kataka Rasi: 0.1	Tithi 29 – 30	Yama 6:10AM – 8:16AM	Vajra* Until 3:33PM	Muruqa: Blue	<i>Sunset:</i> 8:51PM		Moon 7 - Phase 15
		445893462 Rahu 12:28PM – 2:34PM	Catuspada Until 6:52PM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Moon – Blue		Sivaloka Day	
						Ashada-Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Tallinn, Estonia Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 14.59	Tithi 1	Gulika 8:17AM – 10:23AM	Pushya Until 8:40AM	Ganesha: Green	<i>Sunrise:</i> 4:07AM		
		Yama 4:07AM – 6:12AM	Siddhi Until 11:43AM	Muruqa: Blue	<i>Sunset:</i> 8:49PM		Moon 7 - Phase 15
		445893462 Rahu 2:33PM – 4:39PM	Kintughna Until 3:28PM	Nataraja: White			Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:41AM Fri	Moon – Blue		Sivaloka Day	
Until 8:40AM						Sravana-Adi	
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata/Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Tallinn, Estonia Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 0.01	Tithi 2	Gulika 6:14AM – 8:18AM	Magha* Until 3:13AM Sat	Ganesha: White	<i>Sunrise:</i> 4:09AM		
		Yama 4:37PM – 6:42PM	Vyatipata* Until 7:45AM	Muruqa: Blue	<i>Sunset:</i> 8:47PM		Moon 7 - Phase 16
		455893462 Rahu 10:23AM – 12:28PM	Balava Until 11:55AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red		Sivaloka Day	
Until 3:13AM Sat				Sravana*Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau			Tallinn, Estonia Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 15.04	Tithi 3	Gulika 4:11AM – 6:15AM	Purvaphalguni Until 12:36AM Sun	Ganesha: White	<i>Sunrise:</i> 4:11AM		
		Yama 2:32PM – 4:36PM	Parigha* Until 11:49PM	Muruqa: Blue	<i>Sunset:</i> 8:44PM		Moon 7 - Phase 16
		455893462 Rahu 8:20AM – 10:24AM	Taitila Until 8:22AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:37PM	Moon – Red		Sivaloka Day	
Until 12:36AM Sun				Sravana*Adi			
Then Creative Work - Amrita Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Tallinn, Estonia Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 0	Tithi 4 – 5	Gulika 4:35PM – 6:38PM	Uttaraphalguni Until 10:06PM	Ganesha: Yellow	<i>Sunrise:</i> 4:14AM		
		Yama 12:28PM – 2:31PM	Shiva Until 8:08PM	Muruqa: Blue	<i>Sunset:</i> 8:42PM		Moon 7 - Phase 16
		455993462 Rahu 6:38PM – 8:42PM	Bava Until 1:51AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:20PM	Moon – Red		Subha Sivaloka Day	
				Sravana*Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Tallinn, Estonia Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 14.43	Tithi 5 – 6	Gulika 2:31PM – 4:33PM	Hasta Until 8:17PM	Ganesha: White	<i>Sunrise:</i> 4:16AM		
Family Home Evening		Yama 10:25AM – 12:28PM	Siddha Until 4:45PM	Muruqa: Blue	<i>Sunset:</i> 8:39PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:19AM – 8:22AM	Kaulava Until 11:10PM	Nataraja: White			3rd Phase
Until 8:17PM			Panchami Until 12:26PM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Tallinn, Estonia Sun 20 Sutra 114 Vikarin 5121
Kanya Rasi: 29.06	Tithi 6 – 7	Gulika 12:27PM – 2:30PM	Chitra Until 6:52PM	Ganesha: White	<i>Sunrise:</i> 4:18AM		
		Yama 8:23AM – 10:25AM	Sadhya Until 1:48PM	Muruqa: Blue	<i>Sunset:</i> 8:37PM		Moon 7 - Phase 16
		465993462 Rahu 4:32PM – 6:35PM	Gara Until 9:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Tallinn, Estonia Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 13.06	Tithi 7 – 8	Gulika 10:26AM – 12:27PM	Svati Until 5:54PM	Ganesha: White	<i>Sunrise:</i> 4:20AM		
		Yama 6:22AM – 8:24AM	Subha Until 11:21AM	Muruqa: Blue	<i>Sunset:</i> 8:34PM		Moon 7 - Phase 16
		465993462 Rahu 12:27PM – 2:29PM	Visti Until 7:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Tallinn, Estonia Sun 22 Sutra 116 Vikarin 5121
Tula Rasi: 26.43	Tithi 8 – 9	Gulika 8:25AM – 10:26AM	Vishakha Until 5:54PM	Ganesha: Purple	<i>Sunrise:</i> 4:23AM		
		Yama 4:23AM – 6:24AM	Sukla Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 8:32PM		Moon 7 - Phase 16
		476993462 Rahu 2:28PM – 4:30PM	Balava Until 6:39PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Ashtami* Until 6:59AM	Moon – Orange		Sivaloka Day	
				Sravana*Adi			


1	Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tallinn, Estonia Sun 23 Sutra 117 Vikarin 5121
	Wrischika Rasi: 9.57	Tithi 9 – 10	Gulika 6:26AM – 8:26AM Yama 4:28PM – 6:29PM 476993462 Rahu 10:27AM – 12:27PM	Anuradha Until 6:24PM Brahma Until 8:02AM Taitila Until 6:28PM Navami* Until 6:28AM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 4:25AM Sunset: 8:29PM	Moon 7 - Phase 17 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:24PM Then Routine Work - Marana Yoga							

2	Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tallinn, Estonia Sun 24 Sutra 118 Vikarin 5121
	Wrischika Rasi: 22.5	Tithi 10 – 11	Gulika 4:27AM – 6:27AM Yama 2:27PM – 4:27PM 476993462 Rahu 8:27AM – 10:27AM	Jyeshtha* Until 7:22PM Indra Until 7:10AM Vanija Until 6:55PM Dashami Until 6:36AM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 4:27AM Sunset: 8:27PM	Moon 7 - Phase 17 4th Phase Sivaloka Day
Creative Work Siddha Yoga							

3	Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tallinn, Estonia Sun 25 Sutra 119 Vikarin 5121
	Dhanus Rasi: 5.28	Tithi 11 – 12	Gulika 4:25PM – 6:25PM Yama 12:27PM – 2:26PM 486993462 Rahu 6:25PM – 8:24PM	Mula* Until 9:12PM Vaidhriti* Until 6:45AM Bava Until 7:56PM Ekadashi Until 7:20AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 4:30AM Sunset: 8:24PM	Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 9:12PM Then Creative Work - Siddha Yoga							

4	Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tallinn, Estonia Sun 26 Sutra 120 Vikarin 5121
	Dhanus Rasi: 17.5	Tithi 12 – 13	Gulika 2:25PM – 4:24PM Yama 10:28AM – 12:27PM 486993462 Rahu 6:31AM – 8:29AM	Purvashadha* Until 11:20PM Vishkambha* Until 6:46AM Kaulava Until 9:25PM Dvadashi Until 8:36AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 4:32AM Sunset: 8:21PM	Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
<i>Pradosha Vrata</i>							

5	Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tallinn, Estonia Sun 27 Sutra 121 Vikarin 5121
	Makara Rasi: 0.02	Tithi 13 – 14	Gulika 12:26PM – 2:25PM Yama 8:30AM – 10:28AM 486993462 Rahu 4:23PM – 6:21PM	Uttarashadha Until 1:38AM Wed Priti Until 7:07AM Gara Until 11:16PM Trayodashi Until 10:17AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 4:34AM Sunset: 8:19PM	Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga Until 1:38AM Wed Then Creative Work - Siddha Yoga							

	Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tallinn, Estonia Sutra 122 Vikarin 5121
	Makara Rasi: 12.05	Tithi 14 – 15	Gulika 10:29AM – 12:26PM Yama 6:34AM – 8:31AM 496993462 Rahu 12:26PM – 2:24PM	Shravana Until 4:33AM Thu Ayushman Until 7:42AM Visti Until 1:25AM Thu Chaturdashi* Until 12:18PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 4:37AM Sunset: 8:16PM	Moon 7 - Phase 17 Purnima Sivaloka Day
Creative Work Siddha Yoga Raksha Bandhan							

6	Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tallinn, Estonia Sutra 123 Vikarin 5121
	Makara Rasi: 24.02	Tithi 15 – 16	Gulika 8:32AM – 10:29AM Yama 4:39AM – 6:36AM 497993462 Rahu 2:23PM – 4:20PM	Dhanishtha Until 7:27AM Fri Saubhagya Until 8:29AM Balava Until 3:44AM Fri Purnima* Until 2:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 4:39AM Sunset: 8:13PM	Moon 7 - Phase 17 Prathama Subha Sivaloka Day
Creative Work Siddha Yoga							



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 5.56 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 6:37AM – 8:34AM
Yama 4:18PM – 6:14PM
Rahu 10:30AM – 12:26PM

Dhanishtha Until 7:27AM
Sobhana Until 9:24AM
Taitila Until 6:10AM Sat
Prathama* Until 4:55PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Adi

Sunrise: 4:41AM
Sunset: 8:11PM

Tallinn, Estonia
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 17.48 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 10:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 4:43AM – 6:39AM
Yama 2:21PM – 4:17PM
Rahu 8:35AM – 10:30AM

Shatabhishak Until 10:16AM
Athiganda* Until 10:21AM
Taitila Until 6:10AM
Dvitiya Until 7:21PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Avani

Sunrise: 4:43AM
Sunset: 8:08PM

Tallinn, Estonia
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

2

Sunday, August 18, 2019

Kumbha Rasi: 29.4 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 1:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 4:15PM – 6:10PM
Yama 12:25PM – 2:20PM
Rahu 6:10PM – 8:05PM

Purvaproshtapada* Until 1:25PM
Sukarma Until 11:18AM
Vanija Until 8:35AM
Tritiya Until 9:45PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 4:46AM
Sunset: 8:05PM

Tallinn, Estonia
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 11.33 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:20PM – 4:14PM
Yama 10:31AM – 12:25PM
Rahu 6:42AM – 8:37AM

Uttaraproshtapada Until 4:16PM
Dhriti Until 12:12PM
Bava Until 10:55AM
Chaturthi* Until 12:00AM Tue

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 4:48AM
Sunset: 8:02PM

Tallinn, Estonia
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 23.3 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:25PM – 2:19PM
Yama 8:38AM – 10:31AM
Rahu 4:12PM – 6:06PM

Revati Until 6:46PM
Shula* Until 12:54PM
Kaulava Until 1:03PM
Panchami Until 1:59AM Wed

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 4:50AM
Sunset: 8:00PM

Tallinn, Estonia
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 5.34 Tilthi 21

527993462

Routine Work Marana Yoga

Until 9:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:32AM – 12:25PM
Yama 6:46AM – 8:39AM
Rahu 12:25PM – 2:18PM

Ashvini Until 9:14PM
Ganda* Until 1:22PM
Gara Until 2:52PM
Shashthi* Until 3:35AM Thu

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 4:53AM
Sunset: 7:57PM

Tallinn, Estonia
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 17.49 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 11:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 8:40AM – 10:32AM
Yama 4:55AM – 6:47AM
Rahu 2:17PM – 4:09PM

Bharani Until 11:04PM
Vridhhi Until 1:30PM
Visti Until 4:13PM
Saptami Until 4:39AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 4:55AM
Sunset: 7:54PM

Tallinn, Estonia
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 0.17 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 12:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:49AM – 8:41AM
Yama 4:08PM – 5:59PM
Rahu 10:33AM – 12:24PM

Krishna Janmashtami

Krittika Until 12:07AM Sat
Dhruva Until 1:09PM
Balava Until 4:58PM
Ashtami* Until 5:03AM Sat

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 4:57AM
Sunset: 7:51PM

Tallinn, Estonia
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.04 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 12:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:00AM – 6:51AM
Yama 2:15PM – 4:06PM
Rahu 8:42AM – 10:33AM

Rohini Until 12:45AM Sun
Vyaghata* Until 12:16PM
Taitila Until 5:00PM
Navami* Until 4:42AM Sun

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – Yellow
Sravana-Avani

Sunrise: 5:00AM
Sunset: 7:48PM

Tallinn, Estonia
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Tallinn, Estonia Sun 9 Sutra 133 Vikarin 5121
Wishabha Rasi: 26.14	Tithi 25	Gulika 4:05PM – 5:55PM	Mrigashira Until 12:27AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:02AM			
		Yama 12:24PM – 2:14PM	Harshana Until 10:46AM	Muruqa: Blue	<i>Sunset:</i> 7:46PM			Moon 8 - Phase 19
		538993462 Rahu 5:55PM – 7:46PM	Vanija Until 4:14PM	Nataraja: White				2nd Phase
Creative Work	Siddha Yoga		Dashami Until 3:33AM Mon	Moon – Yellow			Subha Sivaloka Day	
							Sravana-Avani	

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Tallinn, Estonia Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 9.5	Tithi 26	Gulika 2:13PM – 4:03PM	Ardra Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM			
Family Home Evening		Yama 10:34AM – 12:23PM	Vajra* Until 8:37AM	Muruqa: Blue	<i>Sunset:</i> 7:43PM			Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 Rahu 6:54AM – 8:44AM	Bava Until 2:42PM	Nataraja: White				2nd Phase
Until 11:15PM			Ekadashi* Until 1:38AM Tue	Moon – Yellow			Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							Sravana-Avani	

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tallinn, Estonia Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 23.55	Tithi 27	Gulika 12:23PM – 2:12PM	Punarvasu Until 9:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:07AM			
		Yama 8:45AM – 10:34AM	Vyatipata* Until 2:36AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:40PM			Moon 8 - Phase 19
		548993462 Rahu 4:01PM – 5:51PM	Kaulava Until 12:26PM	Nataraja: White				2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:03PM	Moon – Blue			Sivaloka Day	
							Sravana-Avani	

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau				Tallinn, Estonia Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 8.25	Tithi 28	Gulika 10:34AM – 12:23PM	Pushya Until 7:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:09AM			
		Yama 6:57AM – 8:46AM	Varyan Until 10:51PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM			Moon 8 - Phase 19
		549993463 Rahu 12:23PM – 2:11PM	Gara Until 9:34AM	Nataraja: Clear				2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 7:55PM	Moon – Blue			Devaloka Day	
							Sravana-Avani	
							<i>Pradosha Vrata (Fasting)</i>	

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tallinn, Estonia Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 23.19	Tithi 29 – 30	Gulika 8:47AM – 10:35AM	Ashlesha* Until 4:29PM	Ganesha: Orange	<i>Sunrise:</i> 5:11AM			
		Yama 5:11AM – 6:59AM	Parigha* Until 6:49PM	Muruqa: Blue	<i>Sunset:</i> 7:34PM			Moon 8 - Phase 19
		549193463 Rahu 2:10PM – 3:58PM	Visti Until 6:12AM	Nataraja: Clear				2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:23PM	Moon – Blue			Sivaloka Day	
Until 4:29PM							Sravana-Avani	
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tallinn, Estonia Sun 14 Sutra 138 Vikarin 5121
Simha Rasi: 8.28	Tithi 30 – 1	Gulika 7:01AM – 8:48AM	Magha* Until 1:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM			
		Yama 3:57PM – 5:44PM	Shiva Until 2:36PM	Muruqa: Blue	<i>Sunset:</i> 7:31PM			Moon 8 - Phase 19
		559193463 Rahu 10:35AM – 12:22PM	Kintughna Until 10:41PM	Nataraja: Clear				Amavasya
Routine Work	Marana Yoga		Amavasya* Until 12:36PM	Moon – Red			Sivaloka Day	
Until 1:39PM							Sravana-Avani	
Then Creative Work - Siddha Yoga		Varalakshmi Vratam						

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tallinn, Estonia Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 23.43	Tithi 1 – 2	Gulika 5:16AM – 7:02AM	Purvaphalguni Until 10:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM			
		Yama 2:09PM – 3:55PM	Siddha Until 10:18AM	Muruqa: Blue	<i>Sunset:</i> 7:28PM			Moon 8 - Phase 19
		559193463 Rahu 8:49AM – 10:35AM	Balava Until 6:52PM	Nataraja: Clear				Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:45AM	Moon – Red			Sivaloka Day	
Until 10:37AM							Bhadrapada-Avani	
Then Routine Work - Marana Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyam Titau				Tallinn, Estonia Sun 16 Sutra 140 Vikarin 5121
	Kanya Rasi: 8.55	Tithi 3	Gulika 3:53PM – 5:39PM	Uttaraphalguni Until 7:35AM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	
			Yama 12:22PM – 2:08PM	Sadhya Until 6:07AM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 Rahu 5:39PM – 7:25PM	Taitila Until 3:14PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:31AM Mon	Bhadrapada-Avani	Sivaloka Day		

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Tallinn, Estonia Sun 17 Sutra 141 Vikarin 5121
	Kanya Rasi: 23.53	Tithi 4	Gulika 2:07PM – 3:52PM	Chitra Until 2:56AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	
	Family Home Evening		Yama 10:36AM – 12:21PM	Sukla Until 10:35PM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 Rahu 7:05AM – 8:51AM	Vanija Until 11:57AM	Nataraja: Clear		3rd Phase
			Ganesha Chaturthi	Chaturthi* Until 10:28PM	Bhadrapada-Avani	Sivaloka Day	
Until 2:56AM Tue Then Creative Work - Siddha Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Tallinn, Estonia Sun 18 Sutra 142 Vikarin 5121
	Tula Rasi: 8.3	Tithi 5	Gulika 12:21PM – 2:06PM	Svati Until 1:15AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:23AM	
			Yama 8:52AM – 10:36AM	Brahma Until 7:28PM	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 Rahu 3:50PM – 5:35PM	Bava Until 9:10AM	Nataraja: Clear		3rd Phase
			Panchami Until 8:00PM	Bhadrapada-Avani	Sivaloka Day		

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Tallinn, Estonia Sun 19 Sutra 143 Vikarin 5121
	Tula Rasi: 22.4	Tithi 6	Gulika 10:37AM – 12:21PM	Vishakha Until 12:35AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:25AM	
			Yama 7:09AM – 8:53AM	Indra Until 4:57PM	Muruqa: Blue	<i>Sunset:</i> 7:17PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 Rahu 12:21PM – 2:05PM	Kaulava Until 7:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 6:14PM	Bhadrapada-Avani	Subha Sivaloka Day		

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tallinn, Estonia Sun 20 Sutra 144 Vikarin 5121
	Vrischika Rasi: 6.22	Tithi 7 – 8	Gulika 8:54AM – 10:37AM	Anuradha Until 12:35AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:27AM	
			Yama 5:27AM – 7:10AM	Vaidhriti* Until 3:04PM	Muruqa: Blue	<i>Sunset:</i> 7:14PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	571193463 Rahu 2:04PM – 3:47PM	Visti Until 5:08AM Fri	Nataraja: Clear		3rd Phase
			Saptami Until 5:17PM	Bhadrapada-Avani	Sivaloka Day		
Until 12:35AM Fri Then Routine Work - Marana Yoga							

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tallinn, Estonia Sun 21 Sutra 145 Vikarin 5121
	Retreat Star		Gulika 7:12AM – 8:55AM	Jyeshtha* Until 1:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:29AM	
	Vrischika Rasi: 19.37	Tithi 8 – 9	Yama 3:45PM – 5:28PM	Vishkambha* Until 1:50PM	Muruqa: Blue	<i>Sunset:</i> 7:11PM	Moon 8 - Phase 20
			571193463 Rahu 10:37AM – 12:20PM	Balava Until 5:25AM Sat	Nataraja: Clear		Ashtami
			Ashtami* Until 5:10PM	Bhadrapada-Avani	Sivaloka Day		
Routine Work Marana Yoga Until 1:13AM Sat Then Creative Work - Siddha Yoga							

D	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tallinn, Estonia Sun 22 Sutra 146 Vikarin 5121
	Retreat Star		Gulika 5:32AM – 7:14AM	Mula* Until 2:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:32AM	
	Dhanu Rasi: 2.26	Tithi 9 – 10	Yama 2:02PM – 3:44PM	Priti Until 1:15PM	Muruqa: Blue	<i>Sunset:</i> 7:08PM	Moon 8 - Phase 20
			581193463 Rahu 8:56AM – 10:38AM	Taitila Until 6:27AM Sun	Nataraja: Clear		Navami
			Navami* Until 5:49PM	Bhadrapada-Avani	Devaloka Day		
Creative Work Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Tallinn, Estonia
	Dhanus Rasi: 14.54	Tithi 10	581193463	Gulika Yama Rahu	3:42PM – 5:23PM 12:19PM – 2:01PM 5:23PM – 7:05PM	Purvashadha* Until 5:05AM Mon Ayushman Until 1:11PM Taitila Until 6:27AM Dashami Until 7:10PM	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga				Sunrise: 5:34AM Sunset: 7:05PM	Devaloka Day
	Until 5:05AM Mon		Grandparent's Day				Moon – Light Blue Bhadrapada-Avani
Then Routine Work - Marana Yoga							

2	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Tallinn, Estonia
	Dhanus Rasi: 27.07	Tithi 11	581193463	Gulika Yama Rahu	2:00PM – 3:40PM 10:38AM – 12:19PM 7:17AM – 8:58AM	Uttarashadha Until 7:30AM Tue Saubhagya Until 1:34PM Vanija Until 8:05AM Ekadashi Until 9:03PM	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Family Home Evening	Routine Work				Sunrise: 5:36AM Sunset: 7:02PM	Devaloka Day
	Until 7:30AM Tue		Grandparent's Day				Moon – Light Blue Bhadrapada-Avani
Then Creative Work - Siddha Yoga							

3	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Tallinn, Estonia
	Makara Rasi: 9.1	Tithi 12	581193463	Gulika Yama Rahu	12:19PM – 1:59PM 8:59AM – 10:39AM 3:39PM – 5:19PM	Uttarashadha Until 7:30AM Sobhana Until 2:16PM Bava Until 10:09AM Dvadashi Until 11:16PM	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Routine Work	Prabalarishta Yoga				Sunrise: 5:38AM Sunset: 6:59PM	Devaloka Day
	Until 7:30AM		Avani Avittam				Moon – Light Blue Bhadrapada-Avani
Then Creative Work - Siddha Yoga							

4	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tallinn, Estonia
	Makara Rasi: 21.05	Tithi 13	591193463	Gulika Yama Rahu	10:39AM – 12:18PM 7:20AM – 8:59AM 12:18PM – 1:58PM	Shravana Until 10:32AM Athiganda* Until 3:07PM Kaulava Until 12:29PM Trayodashi Until 1:41AM Thu	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga				Sunrise: 5:41AM Sunset: 6:56PM	Sivaloka Day
	Until 10:32AM		Avani Avittam				Moon – Purple Bhadrapada-Avani
Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata</i>					

5	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Tallinn, Estonia
	Kumbha Rasi: 2.57	Tithi 14	591193463	Gulika Yama Rahu	9:00AM – 10:39AM 5:43AM – 7:22AM 1:57PM – 3:35PM	Dhanishtha Until 1:31PM Sukarma Until 4:04PM Gara Until 2:57PM Chaturdashi* Until 4:09AM Fri	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga				Sunrise: 5:43AM Sunset: 6:53PM	Sivaloka Day
	Until 7:25PM		Chidambaram Abhishekam				Moon – Purple Bhadrapada-Avani
Then Creative Work - Siddha Yoga							

O	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Tallinn, Estonia
	Copper Retreat Star		591113463	Gulika Yama Rahu	7:23AM – 9:01AM 3:34PM – 5:12PM 10:39AM – 12:18PM	Shatabhishak Until 4:20PM Dhriti Until 5:01PM Visti Until 5:24PM Purnima* Until 6:36AM Sat	Sun 28 Sutra 152 Vikarin 5121 Moon 8 - Phase 21 Purnima
	Creative Work	Siddha Yoga				Sunrise: 5:45AM Sunset: 6:50PM	Sivaloka Day
	Until 7:25PM		Chidambaram Abhishekam				Moon – Purple Bhadrapada-Avani
Then Creative Work - Siddha Yoga							

S	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tallinn, Estonia
	Silver Retreat Star		511113463	Gulika Yama Rahu	5:47AM – 7:25AM 1:55PM – 3:32PM 9:02AM – 10:40AM	Purvaproshtapada* Until 7:25PM Shula* Until 5:53PM Balava Until 7:48PM Purnima* Until 6:36AM	Sun 29 Sutra 153 Vikarin 5121 Moon 8 - Phase 21 Prathama
	Routine Work	Marana Yoga				Sunrise: 5:47AM Sunset: 6:47PM	Sivaloka Day
	Until 7:25PM		Chidambaram Abhishekam				Moon – Clear Bhadrapada-Avani
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Tallinn, Estonia

Sutra 154

Vikarin 5121

Meena Rasi: 8.35

Tithi 16 – 17

Gulika

3:30PM – 5:07PM

Uttaraproshtapada Until 10:13PM

Ganesha: Yellow

Sunrise: 5:50AM

Yama

12:17PM – 1:54PM

Ganda* Until 6:40PM

Muruqa: Purple

Sunset: 6:44PM

Moon 9 - Phase 22

512113463

Rahu

5:07PM – 6:44PM

Taitila Until 10:03PM

Nataraja: Clear

1st Phase

Creative Work

Amrita Yoga

Prathama* Until 8:55AM

Moon – Clear

Sivaloka Day

Bhadrapada-Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tallinn, Estonia

Sun 1 Sutra 155

Vikarin 5121

Meena Rasi: 20.33

Tithi 17 – 18

Gulika

1:53PM – 3:29PM

Revati Until 12:39AM Tue

Ganesha: Yellow

Sunrise: 5:52AM

Yama

10:40AM – 12:17PM

Vriddhi Until 7:20PM

Muruqa: Purple

Sunset: 6:41PM

Moon 9 - Phase 22

512113463

Rahu

7:28AM – 9:04AM

Vanija Until 12:06AM Tue

Nataraja: Clear

1st Phase

Family Home Evening

Creative Work Siddha Yoga

Dvitiya Until 11:05AM

Moon – Clear

Sivaloka Day

Bhadrapada-Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Tallinn, Estonia

Sun 2 Sutra 156

Vikarin 5121

Mesha Rasi: 3

Tithi 18 – 19

Gulika

12:16PM – 1:52PM

Ashvini Until 3:11AM Wed

Ganesha: White

Sunrise: 5:54AM

Yama

9:05AM – 10:41AM

Dhruva Until 7:46PM

Muruqa: Purple

Sunset: 6:38PM

Moon 9 - Phase 22

522113463

Rahu

3:27PM – 5:03PM

Bava Until 1:55AM Wed

Nataraja: Clear

1st Phase

Creative Work

Siddha Yoga

Tritiya Until 1:02PM

Moon – White

Devaloka Day

Bhadrapada-Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tallinn, Estonia

Sun 3 Sutra 157

Vikarin 5121

Mesha Rasi: 14.46

Tithi 19 – 20

Gulika

10:41AM – 12:16PM

Bharani Until 5:13AM Thu

Ganesha: White

Sunrise: 5:56AM

Yama

7:31AM – 9:06AM

Vyaghata* Until 7:59PM

Muruqa: Purple

Sunset: 6:35PM

Moon 9 - Phase 22

522113463

Rahu

12:16PM – 1:51PM

Kaulava Until 3:23AM Thu

Nataraja: Clear

1st Phase

Creative Work

Siddha Yoga

Chaturthi* Until 2:41PM

Moon – White

Devaloka Day

Bhadrapada-Puratasi

Until 5:13AM Thu

Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Tallinn, Estonia

Sun 4 Sutra 158

Vikarin 5121

Mesha Rasi: 27.04

Tithi 20 – 21

Gulika

9:07AM – 10:41AM

Krittika Until 6:39AM Fri

Ganesha: White

Sunrise: 5:59AM

Yama

5:59AM – 7:33AM

Harshana Until 7:55PM

Muruqa: Purple

Sunset: 6:32PM

Moon 9 - Phase 22

522113463

Rahu

1:50PM – 3:24PM

Gara Until 4:26AM Fri

Nataraja: Clear

1st Phase

Routine Work

Marana Yoga

Panchami Until 3:57PM

Moon – White

Devaloka Day

Bhadrapada-Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tallinn, Estonia

Sun 5 Sutra 159

Vikarin 5121

Vrishabha Rasi: 9.34

Tithi 21 – 22

Gulika

7:35AM – 9:08AM

Krittika Until 6:39AM

Ganesha: White

Sunrise: 6:01AM

Yama

3:22PM – 4:56PM

Vajra* Until 7:24PM

Muruqa: Purple

Sunset: 6:29PM

Moon 9 - Phase 22

522113463

Rahu

10:42AM – 12:15PM

Visti Until 4:55AM Sat

Nataraja: Clear

1st Phase

Creative Work

Siddha Yoga

Shashthi* Until 4:44PM

Moon – White

Devaloka Day

Bhadrapada-Puratasi

Until 6:39AM

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tallinn, Estonia

Sun 6 Sutra 160

Vikarin 5121

Vrishabha Rasi: 22.19

Tithi 22 – 23

Gulika

6:03AM – 7:36AM

Rohini Until 7:52AM

Ganesha: Clear

Sunrise: 6:03AM

Yama

1:48PM – 3:20PM

Siddhi Until 6:26PM

Muruqa: Purple

Sunset: 6:26PM

Moon 9 - Phase 22

532113463

Rahu

9:09AM – 10:42AM

Balava Until 4:45AM Sun

Nataraja: Clear

1st Phase

Creative Work

Amrita Yoga

Saptami Until 4:54PM

Moon – Yellow

Sivaloka Day

Bhadrapada-Puratasi

Until 7:52AM

Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Varyian Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tallinn, Estonia

Sun 7 Sutra 161

Vikarin 5121

Mithuna Rasi: 5.23

Tithi 23 – 24

Gulika

3:19PM – 4:51PM

Mrigashira Until 8:17AM

Ganesha: Orange

Sunrise: 6:06AM

Yama

12:14PM – 1:47PM

Vyatipata* Until 4:55PM

Muruqa: Purple

Sunset: 6:23PM

Moon 9 - Phase 22

532213463

Rahu

4:51PM – 6:23PM

Taitila Until 3:52AM Mon

Nataraja: Clear

Ashtami

Creative Work

Siddha Yoga

Ashtami* Until 4:23PM

Moon – Yellow

Sivaloka Day

Bhadrapada-Puratasi

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Varyian/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tallinn, Estonia

Sun 8 Sutra 162

Vikarin 5121

Mithuna Rasi: 18.51

Tithi 24 – 25

Gulika

1:46PM – 3:17PM

Ardra Until 7:50AM

Ganesha: Orange

Sunrise: 6:08AM

Yama

10:42AM – 12:14PM

Varyian Until 2:48PM

Muruqa

1	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Tallinn, Estonia
	Kataka Rasi: 2.45	Tithi 25 – 26	542213463	Gulika 12:14PM – 1:45PM Yama 9:12AM – 10:43AM Rahu 3:15PM – 4:46PM	Punarvasu Until 6:59AM Parigha* Until 12:08PM Bava Until 11:59PM Dashami Until 1:11PM	Ganesha: Light Blue <i>Sunrise:</i> 6:10AM Muruqa: Purple <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Blue	Sun 9 Sutra 163 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

2	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tallinn, Estonia
	Kataka Rasi: 17.04	Tithi 26 – 27	542213463	Gulika 10:43AM – 12:13PM Yama 7:43AM – 9:13AM Rahu 12:13PM – 1:44PM	Ashlesha* Until 2:57AM Thu Shiva Until 8:56AM Kaulava Until 9:07PM Ekadashi* Until 10:36AM	Ganesha: Light Blue <i>Sunrise:</i> 6:12AM Muruqa: Purple <i>Sunset:</i> 6:14PM Nataraja: Clear Moon – Blue	Sun 10 Sutra 164 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	
	Until 2:57AM Thu	Then Creative Work - Amrita Yoga					

3	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Tallinn, Estonia
	Simha Rasi: 1.48	Tithi 27 – 28	552213463	Gulika 9:14AM – 10:43AM Yama 6:15AM – 7:44AM Rahu 1:43PM – 3:12PM	Magha* Until 12:26AM Fri Sadhya Until 1:18AM Fri Vanija Until 3:59AM Fri Dvadashi* Until 7:29AM	Ganesha: Purple <i>Sunrise:</i> 6:15AM Muruqa: Purple <i>Sunset:</i> 6:11PM Nataraja: Clear Moon – Red	Sun 11 Sutra 165 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Amrita Yoga				Devaloka Day Bhadrapada•Puratasi	
	Until 12:26AM Fri	Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	

4	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Tallinn, Estonia
	Simha Rasi: 16.5	Tithi 29	552213463	Gulika 7:46AM – 9:15AM Yama 3:11PM – 4:39PM Rahu 10:44AM – 12:13PM	Purvaphalguni Until 9:31PM Subha Until 9:07PM Visti Until 2:09PM Chaturdashi* Until 12:15AM Sat	Ganesha: Purple <i>Sunrise:</i> 6:17AM Muruqa: Purple <i>Sunset:</i> 6:08PM Nataraja: Clear Moon – Red	Sun 12 Sutra 166 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

●	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada/Naga* Karana Amavasyayam Titau				Tallinn, Estonia
	Retreat Star			Gulika 6:19AM – 7:47AM Yama 1:41PM – 3:09PM Rahu 9:16AM – 10:44AM	Uttaraphalguni Until 6:24PM Sukla Until 4:51PM Catuspada Until 10:22AM Amavasya* Until 8:28PM	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM Muruqa: Purple <i>Sunset:</i> 6:05PM Nataraja: Clear Moon – Red	Sun 13 Sutra 167 Vikarin 5121 Moon 9 - Phase 23 Amavasya
	Kanya Rasi: 2.02	Tithi 30	652213463			Devaloka Day Bhadrapada•Puratasi	
	Routine Work	Marana Yoga		Mahalaya Amavasai (Tamil Nadu)			

●	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna/Balava Karana Prathama/Dvitiyayam Titau				Tallinn, Estonia
	Retreat Star			Gulika 3:07PM – 4:35PM Yama 12:12PM – 1:40PM Rahu 4:35PM – 6:03PM	Hasta Until 3:39PM Brahma Until 12:39PM Kintughna Until 6:37AM Prathama* Until 4:47PM	Ganesha: Light Blue <i>Sunrise:</i> 6:21AM Muruqa: Purple <i>Sunset:</i> 6:03PM Nataraja: Clear Moon – Green	Sun 14 Sutra 168 Vikarin 5121 Moon 9 - Phase 23 Prathama
	Kanya Rasi: 17.14	Tithi 1 – 2	663213463			Devaloka Day Ashvina•Puratasi	
	Creative Work	Amrita Yoga		Navaratri Begins			
Until 3:39PM	Then Creative Work - Siddha Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Tallinn, Estonia Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.18	Tithi 2 – 3	Gulika 1:39PM – 3:06PM	Chitra Until 1:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:24AM	
Family Home Evening	663213463	Yama 10:45AM – 12:12PM	Indra Until 8:41AM	Muruqa: Purple <i>Sunset:</i> 6:00PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu 7:51AM – 9:18AM	Taitila Until 11:54PM	Nataraja: Clear	3rd Phase
Until 1:02PM			Dvitiya Until 1:24PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Tallinn, Estonia Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.02	Tithi 3 – 4	Gulika 12:11PM – 1:38PM	Svati Until 10:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:26AM	
	663213463	Yama 9:19AM – 10:45AM	Vishkambha* Until 1:54AM Wed	Muruqa: Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 3:04PM – 4:30PM	Vanija Until 9:17PM	Nataraja: Clear	3rd Phase
Until 10:45AM			Tritiya Until 10:30AM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Tallinn, Estonia Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.2	Tithi 4 – 5	Gulika 10:45AM – 12:11PM	Vishakha Until 9:23AM	Ganesha: Purple <i>Sunrise:</i> 6:28AM	
	673213463	Yama 7:54AM – 9:20AM	Priti Until 11:22PM	Muruqa: Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 12:11PM – 1:37PM	Bava Until 7:22PM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 8:13AM	Moon – Orange	Devaloka Day
				Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Tallinn, Estonia Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.1	Tithi 5 – 6	Gulika 9:21AM – 10:46AM	Anuradha Until 8:38AM	Ganesha: Purple <i>Sunrise:</i> 6:31AM	
	673213463	Yama 6:31AM – 7:56AM	Ayushman Until 9:29PM	Muruqa: Purple <i>Sunset:</i> 5:51PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 1:36PM – 3:01PM	Kaulava Until 6:17PM	Nataraja: Clear	3rd Phase
Until 8:38AM			Panchami Until 6:42AM	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Tallinn, Estonia Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 28.29	Tithi 6 – 7	Gulika 7:57AM – 9:22AM	Jyeshtha* Until 8:36AM	Ganesha: Purple <i>Sunrise:</i> 6:33AM	
	673213463	Yama 2:59PM – 4:23PM	Saubhagya Until 8:19PM	Muruqa: Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 24
Routine Work Marana Yoga		Rahu 10:46AM – 12:10PM	Gara Until 6:06PM	Nataraja: Clear	3rd Phase
Until 8:36AM			Shashthi* Until 6:03AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Tallinn, Estonia Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.21	Tithi 7 – 8	Gulika 6:35AM – 7:59AM	Mula* Until 9:45AM	Ganesha: Clear <i>Sunrise:</i> 6:35AM	
	683213463	Yama 1:34PM – 2:57PM	Sobhana Until 7:51PM	Muruqa: Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 9:23AM – 10:46AM	Visti Until 6:47PM	Nataraja: Clear	Ashtami
			Saptami Until 6:19AM	Moon – Light Blue	Sivaloka Day
		Durga Ashtami		Ashvina+Puratasi	

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Tallinn, Estonia Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 23.49	Tithi 8 – 9	Gulika 2:56PM – 4:19PM	Purvashadha* Until 11:32AM	Ganesha: Clear <i>Sunrise:</i> 6:38AM	
	683213463	Yama 12:10PM – 1:33PM	Athiganda* Until 7:55PM	Muruqa: Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 4:19PM – 5:42PM	Balava Until 8:14PM	Nataraja: Clear	Navami
Until 11:32AM			Ashtami* Until 7:24AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Tallinn, Estonia Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:32PM – 2:54PM	Uttarashadha Until 1:46PM	Ganesha: Clear <i>Sunrise:</i> 6:40AM	
Makara Rasi: 6.01	Tithi 9 – 10	Yama 10:47AM – 12:09PM	Sukarma Until 8:28PM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 8:02AM – 9:25AM	Taitila Until 10:17PM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Navami* Until 9:11AM	Moon – Light Blue	Sivaloka Day
Until 1:46PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Tallinn, Estonia Sun 23 Sutra 177 Vikarin 5121
2		Gulika 12:09PM – 1:31PM	Shravana Until 4:45PM	Ganesha: White <i>Sunrise:</i> 6:42AM	
Makara Rasi: 17.59	Tithi 10 – 11	Yama 9:26AM – 10:47AM	Dhriti Until 9:18PM	Muruqa: Purple <i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 2:53PM – 4:14PM	Vanija Until 12:40AM Wed	Nataraja: Purple	4th Phase
Routine Work Siddha Yoga			Vijaya Dasami	Moon – Purple	Sivaloka Day
Until 1:46PM			Dashami Until 11:25AM	Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Tallinn, Estonia Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:48AM – 12:09PM	Dhanishtha Until 7:46PM	Ganesha: White <i>Sunrise:</i> 6:45AM	
Makara Rasi: 29.52	Tithi 11 – 12	Yama 8:06AM – 9:27AM	Shula* Until 10:13PM	Muruqa: Purple <i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 12:09PM – 1:30PM	Bava Until 3:13AM Thu	Nataraja: Purple	4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 1:55PM	Moon – Purple	Sivaloka Day
Until 7:46PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Tallinn, Estonia Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:28AM – 10:48AM	Shatabhishak Until 10:36PM	Ganesha: White <i>Sunrise:</i> 6:47AM	
Kumbha Rasi: 11.42	Tithi 12 – 13	Yama 6:47AM – 8:07AM	Ganda* Until 11:09PM	Muruqa: Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 1:29PM – 2:50PM	Kaulava Until 5:43AM Fri	Nataraja: Purple	4th Phase
Routine Work Siddha Yoga			Dvadashi Until 4:27PM	Moon – Purple	Sivaloka Day
Until 7:46PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					
		Kadaitswami Mahasamadhi			
			<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Taitila Karana Trayodashyam Titau			Tallinn, Estonia Sun 26 Sutra 180 Vikarin 5121
5		Gulika 8:09AM – 9:29AM	Purvaproshtpada* Until 1:40AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:49AM	
Kumbha Rasi: 23.34	Tithi 13	Yama 2:48PM – 4:08PM	Vriddhi Until 12:00AM Sat	Muruqa: Purple <i>Sunset:</i> 5:28PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 10:49AM – 12:08PM	Taitila Until 6:53PM	Nataraja: Purple	4th Phase
Routine Work Siddha Yoga			Trayodashi Until 6:53PM	Moon – Clear	Sivaloka Day
Until 4:21AM Sun				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					
		Chidambaram Abhishekam			

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Tallinn, Estonia Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:52AM – 8:11AM	Uttaraproshtpada Until 4:21AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:52AM	
Meena Rasi: 5.29	Tithi 14	Yama 1:27PM – 2:46PM	Dhruva Until 12:40AM Sun	Muruqa: Purple <i>Sunset:</i> 5:25PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 9:30AM – 10:49AM	Gara Until 8:04AM	Nataraja: Purple	4th Phase
Routine Work Siddha Yoga			Chaturdashi* Until 9:08PM	Moon – Clear	Sivaloka Day
Until 4:21AM Sun				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Tallinn, Estonia Sun 28 Sutra 182 Vikarin 5121
7		Gulika 2:45PM – 4:03PM	Revati Until 6:38AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:54AM	
Meena Rasi: 17.29	Tithi 15	Yama 12:08PM – 1:26PM	Vyaghata* Until 1:08AM Mon	Muruqa: Purple <i>Sunset:</i> 5:22PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 4:03PM – 5:22PM	Visti Until 10:11AM	Nataraja: Purple	Purnima
Routine Work Amrita Yoga			Purnima* Until 11:07PM	Moon – Clear	Subha Sivaloka Day
Until 6:38AM Mon				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Tallinn, Estonia Sun 29 Sutra 183 Vikarin 5121
8		Gulika 1:25PM – 2:43PM	Revati Until 6:38AM	Ganesha: Yellow <i>Sunrise:</i> 6:56AM	
Meena Rasi: 29.35	Tithi 16	Yama 10:50AM – 12:08PM	Harshana Until 1:25AM Tue	Muruqa: Purple <i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 8:14AM – 9:32AM	Balava Until 12:02PM	Nataraja: Purple	Prathama
Routine Work Siddha Yoga			Prathama* Until 12:50AM Tue	Moon – Clear	Subha Sivaloka Day
Until 6:38AM Mon				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Tallinn, Estonia

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 11.49 Tithi 17

624213464

Gulika 12:07PM - 1:25PM
Yama 9:33AM - 10:50AM
Rahu 2:42PM - 3:59PM

Ashvini Until 8:57AM
Vajra* Until 1:25AM Wed
Taitila Until 1:35PM
Dvitiya Until 2:13AM Wed

Ganesha: White *Sunrise:* 6:59AM
Muruqa: Purple *Sunset:* 5:16PM

Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Tallinn, Estonia

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.1 Tithi 18

624213464

Gulika 10:51AM - 12:07PM
Yama 8:18AM - 9:34AM
Rahu 12:07PM - 1:24PM

Bharani Until 10:48AM
Siddhi Until 1:11AM Thu
Vanija Until 2:49PM
Tritiya Until 3:17AM Thu

Ganesha: White *Sunrise:* 7:01AM
Muruqa: Purple *Sunset:* 5:13PM

Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 10:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Tallinn, Estonia

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 6.4 Tithi 19

624313464

Gulika 9:35AM - 10:51AM
Yama 7:03AM - 8:19AM
Rahu 1:23PM - 2:39PM

Krittika Until 12:09PM
Vyatipata* Until 12:40AM Fri
Bava Until 3:42PM
Chaturthi* Until 3:58AM Fri

Ganesha: Yellow *Sunrise:* 7:03AM
Muruqa: Purple *Sunset:* 5:11PM

Nataraja: Purple
Moon - White
Subha Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Tallinn, Estonia

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.21 Tithi 20

634313464

Gulika 8:21AM - 9:36AM
Yama 2:37PM - 3:52PM
Rahu 10:52AM - 12:07PM

Rohini Until 1:27PM
Varyan Until 11:49PM
Kaulava Until 4:11PM
Panchami Until 4:14AM Sat

Ganesha: White *Sunrise:* 7:06AM
Muruqa: Purple *Sunset:* 5:08PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Tallinn, Estonia

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.14 Tithi 21

634313464

Gulika 7:08AM - 8:23AM
Yama 1:21PM - 2:36PM
Rahu 9:37AM - 10:52AM

Mrigashira Until 2:09PM
Parigha* Until 10:36PM
Gara Until 4:13PM
Shashthi* Until 4:01AM Sun

Ganesha: White *Sunrise:* 7:08AM
Muruqa: Purple *Sunset:* 5:05PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Tallinn, Estonia

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.21 Tithi 22

634313464

Gulika 2:34PM - 3:48PM
Yama 12:06PM - 1:20PM
Rahu 3:48PM - 5:02PM

Ardra Until 2:12PM
Shiva Until 8:59PM
Visti Until 3:44PM
Saptami Until 3:15AM Mon

Ganesha: White *Sunrise:* 7:11AM
Muruqa: Purple *Sunset:* 5:02PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Tallinn, Estonia

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 28.46 Tithi 23

644313464

Gulika 1:20PM - 2:33PM
Yama 10:53AM - 12:06PM
Rahu 8:26AM - 9:40AM

Punarvasu Until 2:01PM
Siddha Until 6:54PM
Balava Until 2:41PM
Ashtami* Until 1:56AM Tue

Ganesha: Clear *Sunrise:* 7:13AM
Muruqa: Purple *Sunset:* 4:59PM

Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 2:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Tallinn, Estonia

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 12.31 Tithi 24

644313464

Gulika 12:06PM - 1:19PM
Yama 9:41AM - 10:53AM
Rahu 2:31PM - 3:44PM

Pushya Until 1:07PM
Sadhya Until 4:21PM
Taitila Until 1:04PM
Navami* Until 12:02AM Wed

Ganesha: Clear *Sunrise:* 7:15AM
Muruqa: Purple *Sunset:* 4:57PM

Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Tallinn, Estonia Sun 9 Sutra 192	
Kataka Rasi: 26.37	Tithi 25	Gulika 10:54AM – 12:06PM	Ashlesha* Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM		Vikarin 5121
		Yama 8:30AM – 9:42AM	Subha Until 1:24PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	644313464 Rahu 12:06PM – 1:18PM	Vanija Until 10:55AM	Nataraja: Purple			2nd Phase
			Dashami Until 9:38PM	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Tallinn, Estonia Sun 10 Sutra 193	
Simha Rasi: 11.02	Tithi 26	Gulika 9:43AM – 10:54AM	Magha* Until 9:45AM	Ganesha: Purple	<i>Sunrise:</i> 7:20AM		Vikarin 5121
		Yama 7:20AM – 8:32AM	Sukla Until 10:02AM	Muruqa: Purple	<i>Sunset:</i> 4:51PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	654313464 Rahu 1:17PM – 2:29PM	Bava Until 8:16AM	Nataraja: Purple			2nd Phase
Until 9:45AM			Ekadashi* Until 6:47PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvodashi/Trayodashyam Titau		Tallinn, Estonia Sun 11 Sutra 194	
Simha Rasi: 25.45	Tithi 27 – 28	Gulika 8:34AM – 9:44AM	Purvaphalguni Until 7:27AM	Ganesha: Clear	<i>Sunrise:</i> 7:23AM		Vikarin 5121
		Yama 2:27PM – 3:38PM	Brahma Until 6:22AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	655313464 Rahu 10:55AM – 12:06PM	Gara Until 1:59AM Sat	Nataraja: Purple			2nd Phase
			Dvodashi* Until 3:38PM	Moon – Red		Subha Sivaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Tallinn, Estonia Sun 12 Sutra 195	
Kanya Rasi: 10.39	Tithi 28 – 29	Gulika 7:25AM – 8:35AM	Hasta Until 2:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 7:25AM		Vikarin 5121
		Yama 1:16PM – 2:26PM	Vaidhriti* Until 10:34PM	Muruqa: Purple	<i>Sunset:</i> 4:46PM		Moon 10 - Phase 27
Routine Work	Marana Yoga	665313464 Rahu 9:45AM – 10:56AM	Visti Until 10:37PM	Nataraja: Purple			2nd Phase
Until 2:19AM Sun			Trayodashi* Until 12:17PM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Tallinn, Estonia Sun 13 Sutra 196	
Kanya Rasi: 25.37	Tithi 29 – 30	Gulika 2:24PM – 3:34PM	Chitra Until 11:48PM	Ganesha: Orange	<i>Sunrise:</i> 7:28AM		Vikarin 5121
		Yama 12:05PM – 1:15PM	Vishkambha* Until 6:40PM	Muruqa: Purple	<i>Sunset:</i> 4:43PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	665313464 Rahu 3:34PM – 4:43PM	Catuspada Until 7:18PM	Nataraja: Purple			Amavasya
			Chaturdashi* Until 8:55AM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Tallinn, Estonia Sun 14 Sutra 197	
Tula Rasi: 10.29	Tithi 1	Gulika 1:14PM – 2:23PM	Svati Until 9:24PM	Ganesha: Orange	<i>Sunrise:</i> 7:30AM		Vikarin 5121
Family Home Evening		Yama 10:57AM – 12:05PM	Priti Until 2:57PM	Muruqa: Purple	<i>Sunset:</i> 4:41PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 8:39AM – 9:48AM	Kintughna Until 4:12PM	Nataraja: Purple			Prathama
Until 9:24PM			Prathama* Until 2:47AM Tue	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Tallinn, Estonia Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 25.07	Tithi 2	675313464	Gulika Yama Rahu	12:05PM – 1:14PM 9:49AM – 10:57AM 2:22PM – 3:30PM	Vishakha Until 7:42PM Ayushman Until 11:32AM Balava Until 1:31PM Dvitiya Until 12:21AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Karttika•Aipasi	Sunrise: 7:33AM Sunset: 4:38PM Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day
Routine Work Marana Yoga							
Until 7:42PM							
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Tallinn, Estonia Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 9.24	Tithi 3	675313464	Gulika Yama Rahu	10:58AM – 12:05PM 8:43AM – 9:50AM 12:05PM – 1:13PM	Anuradha Until 6:29PM Saubhagya Until 8:34AM Taitila Until 11:22AM Tritiya Until 10:33PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Karttika•Aipasi	Sunrise: 7:35AM Sunset: 4:35PM Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

3		Thursday, October 31, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Tallinn, Estonia Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 23.14	Tithi 4	675313464	Gulika Yama Rahu	9:51AM – 10:58AM 7:38AM – 8:44AM 1:12PM – 2:19PM	Jyeshtha* Until 5:51PM Sobhana Until 6:11AM Vanija Until 9:57AM Chaturthi* Until 9:31PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Karttika•Aipasi	Sunrise: 7:38AM Sunset: 4:33PM Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga							
Until 5:51PM							
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Tallinn, Estonia Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 6.37	Tithi 5	685313464	Gulika Yama Rahu	8:46AM – 9:53AM 2:18PM – 3:24PM 10:59AM – 12:05PM	Mula* Until 6:20PM Sukarma Until 3:18AM Sat Bava Until 9:21AM Panchami Until 9:21PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue Karttika•Aipasi	Sunrise: 7:40AM Sunset: 4:30PM Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day
Creative Work Amrita Yoga							
Until 6:20PM							
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau	Tallinn, Estonia Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 19.33	Tithi 6	685313464	Gulika Yama Rahu	7:42AM – 8:48AM 1:11PM – 2:17PM 9:54AM – 11:00AM	Purvashadha* Until 7:31PM Dhriti Until 2:53AM Sun Kaulava Until 9:37AM Shashthi* Until 10:02PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue Karttika•Aipasi	Sunrise: 7:42AM Sunset: 4:28PM Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day
Creative Work Siddha Yoga							
Until 7:31PM							
Then Routine Work - Marana Yoga							

6		Sunday, November 3, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Tallinn, Estonia Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 2.05	Tithi 7	685313464	Gulika Yama Rahu	2:15PM – 3:20PM 12:05PM – 1:10PM 3:20PM – 4:25PM	Uttarashadha Until 9:16PM Shula* Until 2:59AM Mon Gara Until 10:42AM Saptami Until 11:30PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue Karttika•Aipasi	Sunrise: 7:45AM Sunset: 4:25PM Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day
Creative Work Amrita Yoga							

Retreat Star		Monday, November 4, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Tallinn, Estonia Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 14.19	Tithi 8	696313464	Gulika Yama Rahu	1:10PM – 2:14PM 11:01AM – 12:05PM 8:52AM – 9:56AM	Shravana Until 11:57PM Ganda* Until 3:32AM Tue Visti Until 12:29PM Ashtami* Until 1:33AM Tue	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple Karttika•Aipasi	Sunrise: 7:47AM Sunset: 4:23PM Moon 10 - Phase 28 Ashtami Sivaloka Day
Family Home Evening							
Creative Work Amrita Yoga							
Until 11:57PM							
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 5, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Tallinn, Estonia Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 26.2	Tithi 9	696313464	Gulika Yama Rahu	12:05PM – 1:09PM 9:58AM – 11:01AM 2:13PM – 3:17PM	Dhanishtha Until 2:49AM Wed Vriddhi Until 4:21AM Wed Balava Until 2:45PM Navami* Until 3:58AM Wed	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple Karttika•Aipasi	Sunrise: 7:50AM Sunset: 4:21PM Moon 10 - Phase 28 Navami Sivaloka Day
Creative Work Siddha Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Tallinn, Estonia
	Kumbha Rasi: 8.14	Tithi 10	Gulika 11:02AM – 12:05PM	Shatabhishak Until 5:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:52AM	Sun 23 Sutra 206
			Yama 8:56AM – 9:59AM	Dhruva Until 5:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:18PM	Vikarin 5121
	696313464	Rahu 12:05PM – 1:08PM		Taitila Until 5:16PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dashami Until 6:31AM Thu	Moon – Purple		4th Phase	
				Kartika-Aipasi		Sivaloka Day	

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tallinn, Estonia
	Kumbha Rasi: 20.05	Tithi 10 – 11	Gulika 10:00AM – 11:03AM	Purvaproshtapada* Until 8:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:55AM	Sun 24 Sutra 207
			Yama 7:55AM – 8:57AM	Vyaghata* Until 6:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:16PM	Vikarin 5121
	716313464	Rahu 1:08PM – 2:11PM		Vanija Until 7:47PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dashami Until 6:31AM	Moon – Clear		4th Phase	
				Kartika-Aipasi		Subha Sivaloka Day	

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tallinn, Estonia
	Meena Rasi: 1.58	Tithi 11 – 12	Gulika 8:59AM – 10:01AM	Purvaproshtapada* Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 7:57AM	Sun 25 Sutra 208
			Yama 2:09PM – 3:11PM	Vyaghata* Until 6:04AM	Muruqa: Purple	<i>Sunset:</i> 4:13PM	Vikarin 5121
	716313464	Rahu 11:03AM – 12:05PM		Bava Until 10:08PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Ekadashi Until 8:58AM	Moon – Clear		4th Phase	
				Kartika-Aipasi		Subha Sivaloka Day	

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tallinn, Estonia
	Meena Rasi: 13.56	Tithi 12 – 13	Gulika 8:00AM – 9:01AM	Uttaraproshtapada Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 8:00AM	Sun 26 Sutra 209
			Yama 1:07PM – 2:08PM	Harshana Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 4:11PM	Vikarin 5121
	716313464	Rahu 10:03AM – 11:04AM		Kaulava Until 12:12AM Sun	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dvadashi Until 11:11AM	Moon – Clear		4th Phase	
Until 11:25AM				Kartika-Aipasi		Subha Sivaloka Day	
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tallinn, Estonia
	Meena Rasi: 26.02	Tithi 13 – 14	Gulika 2:07PM – 3:08PM	Revati Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 8:02AM	Sun 27 Sutra 210
			Yama 12:06PM – 1:06PM	Vajra* Until 7:08AM	Muruqa: Purple	<i>Sunset:</i> 4:09PM	Vikarin 5121
	716313464	Rahu 3:08PM – 4:09PM		Gara Until 1:52AM Mon	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Amrita Yoga		Trayodashi Until 1:03PM	Moon – Clear		4th Phase	
Until 1:37PM				Kartika-Aipasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tallinn, Estonia
	Copper Retreat Star		Gulika 1:06PM – 2:06PM	Ashvini Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 8:05AM	Sutra 211
	Mesha Rasi: 8.17	Tithi 14 – 15	Yama 11:05AM – 12:06PM	Siddhi Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 4:07PM	Vikarin 5121
	Family Home Evening	727313464	Rahu 9:05AM – 10:05AM	Visti Until 3:07AM Tue	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Chaturdashi* Until 2:32PM	Moon – White		Purnima	
				Kartika-Aipasi		Subha Sivaloka Day	

6	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tallinn, Estonia
	Silver Retreat Star		Gulika 12:06PM – 1:05PM	Bharani Until 5:19PM	Ganesha: White	<i>Sunrise:</i> 8:07AM	Sutra 212
	Mesha Rasi: 20.43	Tithi 15 – 16	Yama 10:06AM – 11:06AM	Vyatipata* Until 7:03AM	Muruqa: Purple	<i>Sunset:</i> 4:04PM	Vikarin 5121
	727413464	Rahu 2:05PM – 3:05PM		Balava Until 3:57AM Wed	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Purnima* Until 3:34PM	Moon – White		Prathama	
				Kartika-Aipasi		Sivaloka Day	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vrishabha Rasi: 3.21 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 11:07AM – 12:06PM
Yama 9:09AM – 10:08AM
Rahu 12:06PM – 1:05PM

Krittika Until 6:19PM
Variyan Until 6:30AM
Taitila Until 4:22AM Thu
Prathama* Until 4:11PM

Ganesha: White Sunrise: 8:10AM
Muruga: Purple Sunset: 4:02PM
Nataraja: Purple
Moon – White

Sivaloka Day

Tallinn, Estonia
Sun 1 Sutra 213
Vikarin 5121
Moon 11 - Phase 30
1st Phase

1

Thursday, November 14, 2019

Vrishabha Rasi: 16.1 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 10:09AM – 11:08AM
Yama 8:12AM – 9:11AM
Rahu 1:05PM – 2:03PM

Rohini Until 7:14PM
Shiva Until 4:31AM Fri
Vanija Until 4:23AM Fri
Dvitiya Until 4:24PM

Ganesha: Clear Sunrise: 8:12AM
Muruga: Purple Sunset: 4:00PM
Nataraja: Purple
Moon – Yellow

Subha Sivaloka Day

Kartika-Aipasi

Tallinn, Estonia
Sun 2 Sutra 214
Vikarin 5121
Moon 11 - Phase 30
1st Phase

2

Friday, November 15, 2019

Vrishabha Rasi: 29.11 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 9:12AM – 10:10AM
Yama 2:02PM – 3:00PM
Rahu 11:08AM – 12:06PM

Mrigashira Until 7:38PM
Siddha Until 3:03AM Sat
Bava Until 4:02AM Sat
Tritiya Until 4:14PM

Ganesha: Clear Sunrise: 8:14AM
Muruga: Purple Sunset: 3:58PM
Nataraja: Purple
Moon – Yellow

Subha Sivaloka Day

Kartika-Aipasi

Tallinn, Estonia
Sun 3 Sutra 215
Vikarin 5121
Moon 11 - Phase 30
1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 12.23 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:17AM – 9:14AM
Yama 1:04PM – 2:01PM
Rahu 10:12AM – 11:09AM

Ardra Until 7:32PM
Sadhya Until 1:19AM Sun
Kaulava Until 3:20AM Sun
Chaturthi* Until 3:42PM

Ganesha: Clear Sunrise: 8:17AM
Muruga: Purple Sunset: 3:56PM
Nataraja: Purple
Moon – Yellow

Subha Sivaloka Day

Kartika-Kartikai

Tallinn, Estonia
Sun 4 Sutra 216
Vikarin 5121
Moon 11 - Phase 30
1st Phase

4

Sunday, November 17, 2019

Mithuna Rasi: 25.46 Tithi 20 – 21

747413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 2:00PM – 2:57PM
Yama 12:07PM – 1:03PM
Rahu 2:57PM – 3:54PM

Punarvasu Until 7:24PM
Subha Until 11:20PM
Gara Until 2:17AM Mon
Panchami Until 2:50PM

Ganesha: Purple Sunrise: 8:19AM
Muruga: Purple Sunset: 3:54PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Kartika-Kartikai

Tallinn, Estonia
Sun 5 Sutra 217
Vikarin 5121
Moon 11 - Phase 30
1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 9.21 Tithi 21 – 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 1:03PM – 1:59PM
Yama 11:10AM – 12:07PM
Rahu 9:18AM – 10:14AM

Pushya Until 6:46PM
Sukla Until 9:03PM
Visti Until 12:53AM Tue
Shashthi* Until 1:37PM

Ganesha: Clear Sunrise: 8:22AM
Muruga: Purple Sunset: 3:52PM
Nataraja: Clear
Moon – Blue

Sivaloka Day

Kartika-Kartikai

Tallinn, Estonia
Sun 6 Sutra 218
Vikarin 5121
Moon 11 - Phase 30
1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 23.08 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Gulika 12:07PM – 1:03PM
Yama 10:15AM – 11:11AM
Rahu 1:59PM – 2:54PM

Ashlesha* Until 5:40PM
Brahma Until 6:31PM
Balava Until 11:10PM
Saptami Until 12:03PM

Ganesha: Clear Sunrise: 8:24AM
Muruga: Purple Sunset: 3:50PM
Nataraja: Clear
Moon – Blue

Sivaloka Day

Kartika-Kartikai

Tallinn, Estonia
Sun 7 Sutra 219
Vikarin 5121
Moon 11 - Phase 30
Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 7.07 Tithi 23 – 24

758413465

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:12AM – 12:07PM
Yama 9:22AM – 10:17AM
Rahu 12:07PM – 1:02PM

Magha* Until 4:32PM
Indra Until 3:44PM
Taitila Until 9:08PM
Ashtami* Until 10:10AM

Ganesha: White Sunrise: 8:26AM
Muruga: Purple Sunset: 3:48PM
Nataraja: Clear
Moon – Red

Subha Sivaloka Day

Kartika-Kartikai

Tallinn, Estonia
Sun 8 Sutra 220
Vikarin 5121
Moon 11 - Phase 30
Navami

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Tallinn, Estonia Sun 9 Sutra 221 Vikarin 5121
Simha Rasi: 21.18	Tithi 24 – 25	Gulika 10:18AM – 11:13AM	Purvaphalguni Until 2:59PM	Ganesha: White <i>Sunrise:</i> 8:29AM	
		Yama 8:29AM – 9:23AM	Vaidhriti* Until 12:42PM	Muruqa: Purple <i>Sunset:</i> 3:46PM	Moon 11 - Phase 31
		758413465 Rahu 1:02PM – 1:57PM	Vanija Until 6:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau	Tallinn, Estonia Sun 10 Sutra 222 Vikarin 5121
Kanya Rasi: 5.4	Tithi 26	Gulika 9:25AM – 10:19AM	Uttaraphalguni Until 1:03PM	Ganesha: White <i>Sunrise:</i> 8:31AM	
		Yama 1:56PM – 2:50PM	Vishkambha* Until 9:29AM	Muruqa: Purple <i>Sunset:</i> 3:45PM	Moon 11 - Phase 31
		758413465 Rahu 11:14AM – 12:08PM	Bava Until 4:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 1:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitilla Karana Dvadashtyam Titau	Tallinn, Estonia Sun 11 Sutra 223 Vikarin 5121
Kanya Rasi: 20.08	Tithi 27	Gulika 8:33AM – 9:27AM	Hasta Until 11:16AM	Ganesha: Yellow <i>Sunrise:</i> 8:33AM	
		Yama 1:02PM – 1:55PM	Priti Until 6:09AM	Muruqa: Purple <i>Sunset:</i> 3:43PM	Moon 11 - Phase 31
		768413465 Rahu 10:21AM – 11:14AM	Kaulava Until 1:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashti* Until 12:17AM Sun	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Tallinn, Estonia Sun 12 Sutra 224 Vikarin 5121
Tula Rasi: 4.38	Tithi 28	Gulika 1:55PM – 2:48PM	Chitra Until 9:20AM	Ganesha: Blue <i>Sunrise:</i> 8:35AM	
		Yama 12:08PM – 1:02PM	Saubhagya Until 11:25PM	Muruqa: Purple <i>Sunset:</i> 3:41PM	Moon 11 - Phase 31
		769413465 Rahu 2:48PM – 3:41PM	Gara Until 10:59AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
				<i>Pradosha Vrata (Fasting)</i>	

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Tallinn, Estonia Sun 13 Sutra 225 Vikarin 5121
Tula Rasi: 19.06	Tithi 29	Gulika 1:01PM – 1:54PM	Svati Until 7:21AM	Ganesha: Blue <i>Sunrise:</i> 8:38AM	
Family Home Evening		Yama 11:16AM – 12:09PM	Sobhana Until 8:15PM	Muruqa: Purple <i>Sunset:</i> 3:40PM	Moon 11 - Phase 31
		769413465 Rahu 9:30AM – 10:23AM	Visti Until 8:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 7:14PM	Moon – Green	Devaloka Day
Until 7:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Tallinn, Estonia Sun 14 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.23	Tithi 30 – 1	Gulika 12:09PM – 1:01PM	Anuradha Until 4:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 8:40AM	
		Yama 10:24AM – 11:17AM	Athiganda* Until 5:20PM	Muruqa: Purple <i>Sunset:</i> 3:38PM	Moon 11 - Phase 31
		779413465 Rahu 1:54PM – 2:46PM	Catuspada Until 6:09AM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Tallinn, Estonia Sun 15 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.25	Tithi 1 – 2	Gulika 11:17AM – 12:09PM	Jyeshtha* Until 3:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 8:42AM	
		Yama 9:34AM – 10:26AM	Sukarma Until 2:49PM	Muruqa: Purple <i>Sunset:</i> 3:37PM	Moon 11 - Phase 31
		779413465 Rahu 12:09PM – 1:01PM	Balava Until 2:55AM Thu	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Tallinn, Estonia Sun 16 Sutra 228 Vikarin 5121
Dhanus Rasi: 1.05	Tithi 2 – 3	Gulika 10:27AM – 11:18AM	Mula* Until 4:02AM Fri	Ganesha: Blue <i>Sunrise:</i> 8:44AM	
		Yama 8:44AM – 9:35AM	Dhriti Until 12:47PM	Muruqa: Purple <i>Sunset:</i> 3:35PM	Moon 11 - Phase 32
		789413465 Rahu 1:01PM – 1:52PM	Taitila Until 2:15AM Fri	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 2:29PM	Moon – Light Blue	Devaloka Day
Until 4:02AM Fri				Margasira•Karttikai	
Then Routine Work - Prabalarishta Yoga					

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Tallinn, Estonia Sun 17 Sutra 229 Vikarin 5121
Dhanus Rasi: 14.24	Tithi 3 – 4	Gulika 9:37AM – 10:28AM	Purvashadha* Until 4:45AM Sat	Ganesha: Blue <i>Sunrise:</i> 8:46AM	
		Yama 1:52PM – 2:43PM	Shula* Until 11:16AM	Muruqa: Purple <i>Sunset:</i> 3:34PM	Moon 11 - Phase 32
		789413465 Rahu 11:19AM – 12:10PM	Vanija Until 2:19AM Sat	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 2:10PM	Moon – Light Blue	Devaloka Day
Until 4:45AM Sat				Margasira•Karttikai	
Then Routine Work - Marana Yoga					

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Tallinn, Estonia Sun 18 Sutra 230 Vikarin 5121
Dhanus Rasi: 27.19	Tithi 4 – 5	Gulika 8:48AM – 9:39AM	Uttarashadha Until 6:01AM Sun	Ganesha: Blue <i>Sunrise:</i> 8:48AM	
		Yama 1:01PM – 1:51PM	Ganda* Until 10:21AM	Muruqa: Purple <i>Sunset:</i> 3:33PM	Moon 11 - Phase 32
		789413465 Rahu 10:29AM – 11:20AM	Bava Until 3:08AM Sun	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Chaturthi* Until 2:37PM	Moon – Light Blue	Devaloka Day
Until 6:01AM Sun				Margasira•Karttikai	
Then Creative Work - Amrita Yoga					

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Tallinn, Estonia Sun 19 Sutra 231 Vikarin 5121
Makara Rasi: 9.53	Tithi 5 – 6	Gulika 1:51PM – 2:41PM	Uttarashadha Until 6:01AM	Ganesha: Blue <i>Sunrise:</i> 8:50AM	
		Yama 12:11PM – 1:01PM	Vridhhi Until 10:01AM	Muruqa: Purple <i>Sunset:</i> 3:31PM	Moon 11 - Phase 32
		789413465 Rahu 2:41PM – 3:31PM	Kaulava Until 4:39AM Mon	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 3:47PM	Moon – Light Blue	Devaloka Day
				Margasira•Karttikai	

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Tallinn, Estonia Sun 20 Sutra 232 Vikarin 5121
Makara Rasi: 22.1	Tithi 6 – 7	Gulika 1:01PM – 1:51PM	Shravana Until 8:16AM	Ganesha: Clear <i>Sunrise:</i> 8:52AM	
Family Home Evening		Yama 11:21AM – 12:11PM	Dhruva Until 10:09AM	Muruqa: Purple <i>Sunset:</i> 3:30PM	Moon 11 - Phase 32
791413465 Rahu 9:42AM – 10:32AM			Gara Until 6:42AM Tue	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 5:35PM	Moon – Purple	Sivaloka Day
Until 8:16AM				Margasira•Karttikai	
Then Creative Work - Siddha Yoga					

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Tallinn, Estonia Sun 21 Sutra 233 Vikarin 5121
Kumbha Rasi: 4.14	Tithi 7	Gulika 12:12PM – 1:01PM	Dhanishtha Until 10:51AM	Ganesha: Clear <i>Sunrise:</i> 8:54AM	
		Yama 10:33AM – 11:22AM	Vyaghata* Until 10:41AM	Muruqa: Purple <i>Sunset:</i> 3:29PM	Moon 11 - Phase 32
		791413465 Rahu 1:50PM – 2:40PM	Gara Until 6:42AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 7:51PM	Moon – Purple	Sivaloka Day
Until 10:51AM				Margasira•Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Tallinn, Estonia Sun 22 Sutra 234 Vikarin 5121
Kumbha Rasi: 16.1	Tithi 8	Gulika 11:23AM – 12:12PM	Shatabhishak Until 1:33PM	Ganesha: Clear <i>Sunrise:</i> 8:56AM	
		Yama 9:45AM – 10:34AM	Harshana Until 11:27AM	Muruqa: Purple <i>Sunset:</i> 3:28PM	Moon 11 - Phase 32
		791413465 Rahu 12:12PM – 1:01PM	Visti Until 9:05AM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 10:19PM	Moon – Purple	Sivaloka Day
Until 1:33PM				Margasira•Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Tallinn, Estonia Sun 23 Sutra 235 Vikarin 5121
Kumbha Rasi: 28.03	Tithi 9	Gulika 10:35AM – 11:24AM	Purvaproshtapada* Until 4:39PM	Ganesha: Yellow <i>Sunrise:</i> 8:58AM	
		Yama 8:58AM – 9:46AM	Vajra* Until 12:15PM	Muruqa: Purple <i>Sunset:</i> 3:27PM	Moon 11 - Phase 32
		711413465 Rahu 1:01PM – 1:50PM	Balava Until 11:36AM	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Navami* Until 12:48AM Fri	Moon – Clear	Sivaloka Day
				Margasira•Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Taitila/Gara Karana Dashamyam Titau	Tallinn, Estonia Sun 24 Sutra 236 Vikarin 5121
Meena Rasi: 9.57	Tithi 10	Gulika 9:48AM – 10:36AM	Uttaraproshtapada Until 7:27PM	Ganesha: Yellow	<i>Sunrise:</i> 8:59AM		
		Yama 1:50PM – 2:38PM	Siddhi Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 3:26PM	Moon 11 - Phase 33	
		711413465 Rahu 11:24AM – 12:13PM	Taitila Until 2:00PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 3:05AM Sat	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2		Saturday, December 7, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau	Tallinn, Estonia Sun 25 Sutra 237 Vikarin 5121
Meena Rasi: 21.56	Tithi 11	Gulika 9:01AM – 9:49AM	Revati Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 9:01AM		
		Yama 1:01PM – 1:49PM	Vyatipata* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 3:25PM	Moon 11 - Phase 33	
		711513465 Rahu 10:37AM – 11:25AM	Vanija Until 4:07PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 4:59AM Sun	Moon – Clear		Subha Sivaloka Day	
Until 9:46PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3		Sunday, December 8, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Tallinn, Estonia Sun 26 Sutra 238 Vikarin 5121
Mesha Rasi: 4.05	Tithi 12	Gulika 1:49PM – 2:37PM	Ashvini Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 9:03AM		
		Yama 12:14PM – 1:01PM	Variyan Until 1:43PM	Muruqa: Purple	<i>Sunset:</i> 3:25PM	Moon 11 - Phase 33	
		721513465 Rahu 2:37PM – 3:25PM	Bava Until 5:47PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM Mon	Moon – White		Sivaloka Day	
Until 11:59PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

4		Monday, December 9, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Tallinn, Estonia Sun 27 Sutra 239 Vikarin 5121
Mesha Rasi: 16.26	Tithi 12 – 13	Gulika 1:02PM – 1:49PM	Bharani Until 1:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 9:04AM		
Family Home Evening		Yama 11:27AM – 12:14PM	Parigha* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 3:24PM	Moon 11 - Phase 33	
		721513465 Rahu 9:52AM – 10:39AM	Kaulava Until 6:55PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

5		Tuesday, December 10, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Tallinn, Estonia Sutra 240 Vikarin 5121
Mesha Rasi: 29.02	Tithi 13 – 14	Gulika 12:15PM – 1:02PM	Krittika Until 2:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 9:06AM		
		Yama 10:40AM – 11:27AM	Shiva Until 12:54PM	Muruqa: Purple	<i>Sunset:</i> 3:24PM	Moon 11 - Phase 33	
		721513465 Rahu 1:49PM – 2:36PM	Gara Until 7:29PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 7:15AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
		Krittika Deepam					

○		Wednesday, December 11, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Tallinn, Estonia Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 11:28AM – 12:15PM	Rohini Until 2:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 9:07AM		
Vrishabha Rasi: 11.54	Tithi 14 – 15	Yama 9:54AM – 10:41AM	Siddha Until 11:49AM	Muruqa: Clear	<i>Sunset:</i> 3:23PM	Moon 11 - Phase 33	
		731523465 Rahu 12:15PM – 1:02PM	Visti Until 7:28PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:31AM	Moon – Yellow		Sivaloka Day	
Until 2:52AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

○		Thursday, December 12, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Tallinn, Estonia Sutra 242 Vikarin 5121
Silver Retreat Star		Gulika 10:42AM – 11:29AM	Mrigashira Until 2:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 9:08AM		
Vrishabha Rasi: 25.03	Tithi 15 – 16	Yama 9:08AM – 9:55AM	Sadhya Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 3:23PM	Moon 11 - Phase 33	
		732523465 Rahu 1:02PM – 1:49PM	Balava Until 6:55PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Purnima* Until 7:14AM	Moon – Yellow		Devaloka Day	
Until 2:48AM Fri				Margasira-Karttikai			
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Tallinn, Estonia

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 8.28 Tithi 16 - 17

732523465

Gulika 9:56AM - 10:43AM
Yama 1:49PM - 2:36PM
Rahu 11:29AM - 12:16PM

Ardra Until 2:09AM Sat
Subha Until 8:28AM
Gara Until 5:16AM Sat
Prathama* Until 6:27AM

Ganesha: Clear *Sunrise: 9:10AM*
Muruqa: Clear *Sunset: 3:22PM*
Nataraja: Clear
Moon - Yellow
Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Tallinn, Estonia

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 22.06 Tithi 18

742523465

Gulika 9:11AM - 9:57AM
Yama 1:03PM - 1:49PM
Rahu 10:44AM - 11:30AM

Punarvasu Until 1:29AM Sun
Sukla Until 6:15AM
Vanija Until 4:34PM
Tritiya Until 3:45AM Sun

Ganesha: Purple *Sunrise: 9:11AM*
Muruqa: Clear *Sunset: 3:22PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Tallinn, Estonia

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 5.56 Tithi 19

742523465

Gulika 1:50PM - 2:36PM
Yama 12:17PM - 1:03PM
Rahu 2:36PM - 3:22PM

Pushya Until 12:25AM Mon
Indra Until 1:11AM Mon
Bava Until 2:55PM
Chaturthi* Until 2:00AM Mon

Ganesha: Purple *Sunrise: 9:12AM*
Muruqa: Clear *Sunset: 3:22PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Tallinn, Estonia

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 19.55 Tithi 20

742523465

Gulika 1:04PM - 1:50PM
Yama 11:31AM - 12:18PM
Rahu 9:59AM - 10:45AM

Ashlesha* Until 11:02PM
Vaidhriti* Until 10:24PM
Kaulava Until 1:04PM
Panchami Until 12:04AM Tue

Ganesha: Purple *Sunrise: 9:13AM*
Muruqa: Clear *Sunset: 3:22PM*
Nataraja: Clear
Moon - Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening
Until 11:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Tallinn, Estonia

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 4 Tithi 21

852523465

Gulika 12:18PM - 1:04PM
Yama 10:46AM - 11:32AM
Rahu 1:50PM - 2:36PM

Magha* Until 9:50PM
Vishkambha* Until 7:33PM
Gara Until 11:06AM
Shashthi* Until 10:03PM

Ganesha: Purple *Sunrise: 9:14AM*
Muruqa: Clear *Sunset: 3:22PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Tallinn, Estonia

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 18.08 Tithi 22

852523465

Gulika 11:33AM - 12:19PM
Yama 10:01AM - 10:47AM
Rahu 12:19PM - 1:05PM

Purvaphalguni Until 8:27PM
Priti Until 4:40PM
Visti Until 9:02AM
Saptami Until 7:59PM

Ganesha: Purple *Sunrise: 9:15AM*
Muruqa: Clear *Sunset: 3:22PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Tallinn, Estonia

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 2.17 Tithi 23 - 24

852523465

Gulika 10:47AM - 11:33AM
Yama 9:16AM - 10:02AM
Rahu 1:05PM - 1:51PM

Uttaraphalguni Until 6:55PM
Ayushman Until 1:44PM
Balava Until 6:57AM
Ashtami* Until 5:54PM

Ganesha: Purple *Sunrise: 9:16AM*
Muruqa: Clear *Sunset: 3:23PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 6:55PM
Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tallinn, Estonia

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 16.26 Tithi 24 - 25

862523465

Gulika 10:02AM - 10:48AM
Yama 1:51PM - 2:37PM
Rahu 11:34AM - 12:20PM

Hasta Until 5:41PM
Saubhagya Until 10:50AM
Vanija Until 2:51AM Sat
Navami* Until 3:50PM

Ganesha: Clear *Sunrise: 9:16AM*
Muruqa: Clear *Sunset: 3:23PM*
Nataraja: Clear
Moon - Green
Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 5:41PM
Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Tallinn, Estonia Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 0.34	Tithi 25 – 26	862523465	Gulika 9:17AM – 10:03AM Yama 1:06PM – 1:52PM Rahu 10:49AM – 11:34AM	Chitra Until 4:22PM Sobhana Until 7:59AM Bava Until 12:54AM Sun Dashami Until 1:51PM	Ganesha: Clear <i>Sunrise:</i> 9:17AM Muruqa: Clear <i>Sunset:</i> 3:23PM Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 4:22PM					
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Tallinn, Estonia Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 14.38	Tithi 26 – 27	862523465	Gulika 1:52PM – 2:38PM Yama 12:21PM – 1:06PM Rahu 2:38PM – 3:24PM	Svati Until 3:03PM Sukarma Until 2:33AM Mon Kaulava Until 11:07PM Ekadashi* Until 11:58AM	Ganesha: Clear <i>Sunrise:</i> 9:18AM Muruqa: Clear <i>Sunset:</i> 3:24PM Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 3:03PM					
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Tallinn, Estonia Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 28.35	Tithi 27 – 28	872523465	Gulika 1:07PM – 1:53PM Yama 11:35AM – 12:21PM Rahu 10:04AM – 10:50AM	Vishakha Until 2:13PM Dhriti Until 12:07AM Tue Gara Until 9:34PM Dvadashi* Until 10:17AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White <i>Sunrise:</i> 9:18AM Muruqa: Clear <i>Sunset:</i> 3:24PM Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:13PM					
Then Creative Work - Siddha Yoga					
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Tallinn, Estonia Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.23	Tithi 28 – 29	872523465	Gulika 12:22PM – 1:08PM Yama 10:50AM – 11:36AM Rahu 1:53PM – 2:39PM	Anuradha Until 1:31PM Shula* Until 9:54PM Visti Until 8:19PM Trayodashi* Until 8:52AM	Ganesha: White <i>Sunrise:</i> 9:18AM Muruqa: Clear <i>Sunset:</i> 3:25PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:31PM					
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Tallinn, Estonia Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 25.58	Tithi 29 – 30	872523465	Gulika 11:36AM – 12:22PM Yama 10:05AM – 10:50AM Rahu 12:22PM – 1:08PM	Jyeshtha* Until 1:02PM Ganda* Until 8:02PM Catuspada Until 7:29PM Chaturdashi* Until 7:49AM	Ganesha: White <i>Sunrise:</i> 9:19AM Muruqa: Clear <i>Sunset:</i> 3:26PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:02PM					
Then Routine Work - Marana Yoga					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Tallinn, Estonia Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.19	Tithi 30 – 1	883523465	Gulika 10:51AM – 11:37AM Yama 9:19AM – 10:05AM Rahu 1:09PM – 1:55PM	Mula* Until 1:19PM Vriddhi Until 6:34PM Kintughna Until 7:09PM Amavasya* Until 7:14AM	Ganesha: Orange <i>Sunrise:</i> 9:19AM Muruqa: Clear <i>Sunset:</i> 3:27PM Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha*Markali	Devaloka Day

1		Friday, December 27, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau	Tallinn, Estonia Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 22.22	Tithi 1 – 2	Gulika 10:05AM – 10:51AM	Purvashadha* Until 1:59PM	Ganesha: Orange	Sunrise: 9:19AM		
		Yama 1:55PM – 2:41PM	Dhruva Until 5:31PM	Muruqa: Clear	Sunset: 3:28PM	Moon 12 - Phase 36	
	883523466	Rahu 11:37AM – 12:23PM	Balava Until 7:22PM	Nataraja: Orange		3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 7:10AM	Moon – Light Blue		Devaloka Day	
Until 1:59PM				Pausha-Markali			
Then Routine Work - Marana Yoga							

2		Saturday, December 28, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Trityayam Titau	Tallinn, Estonia Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 5.09	Tithi 2 – 3	Gulika 9:19AM – 10:05AM	Uttarashadha Until 3:04PM	Ganesha: Orange	Sunrise: 9:19AM		
		Yama 1:10PM – 1:56PM	Vyaghata* Until 4:56PM	Muruqa: Clear	Sunset: 3:29PM	Moon 12 - Phase 36	
	883523466	Rahu 10:51AM – 11:38AM	Taitila Until 8:12PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 7:42AM	Moon – Light Blue		Devaloka Day	
Until 3:04PM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

3		Sunday, December 29, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritya/Chaturtham Titau	Tallinn, Estonia Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 17.4	Tithi 3 – 4	Gulika 1:57PM – 2:43PM	Shravana Until 5:02PM	Ganesha: Clear	Sunrise: 9:19AM		
		Yama 12:24PM – 1:11PM	Harshana Until 4:48PM	Muruqa: Clear	Sunset: 3:30PM	Moon 12 - Phase 36	
	893523466	Rahu 2:43PM – 3:30PM	Vanija Until 9:37PM	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 8:49AM	Moon – Purple		Devaloka Day	
Until 5:02PM				Pausha-Markali			
Then Routine Work - Marana Yoga							

4		Monday, December 30, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Tallinn, Estonia Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 29.55	Tithi 4 – 5	Gulika 1:11PM – 1:58PM	Dhanishtha Until 7:20PM	Ganesha: Clear	Sunrise: 9:19AM		
		Yama 11:38AM – 12:25PM	Vajra* Until 5:03PM	Muruqa: Clear	Sunset: 3:31PM	Moon 12 - Phase 36	
	893523466	Rahu 10:05AM – 10:52AM	Bava Until 11:31PM	Nataraja: Orange		3rd Phase	
Family Home Evening			Chaturthi* Until 10:29AM	Moon – Purple		Devaloka Day	
Creative Work	Siddha Yoga			Pausha-Markali			

5		Tuesday, December 31, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Tallinn, Estonia Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 12.01	Tithi 5 – 6	Gulika 12:25PM – 1:12PM	Shatabhishak Until 9:50PM	Ganesha: Clear	Sunrise: 9:19AM		
		Yama 10:52AM – 11:39AM	Siddhi Until 5:36PM	Muruqa: Clear	Sunset: 3:32PM	Moon 12 - Phase 36	
	893523466	Rahu 1:59PM – 2:45PM	Kaulava Until 1:48AM Wed	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 12:36PM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

6		Wednesday, January 1, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Tallinn, Estonia Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 23.58	Tithi 6 – 7	Gulika 11:39AM – 12:26PM	Purvaprossthapada* Until 12:54AM Thu	Ganesha: Blue	Sunrise: 9:18AM		
		Yama 10:05AM – 10:52AM	Vyatipata* Until 6:21PM	Muruqa: Clear	Sunset: 3:35PM	Moon 12 - Phase 36	
	813623466	Rahu 12:26PM – 1:13PM	Gara Until 4:17AM Thu	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 3:01PM	Moon – Clear		Bhuloka Day	
Until 12:54AM Thu				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

Retreat Star		Thursday, January 2, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Tallinn, Estonia Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 5.51	Tithi 7 – 8	Gulika 10:52AM – 11:39AM	Uttaraprossthapada Until 3:48AM Fri	Ganesha: Blue	Sunrise: 9:17AM		
		Yama 9:17AM – 10:05AM	Variyan Until 7:08PM	Muruqa: Clear	Sunset: 3:36PM	Moon 12 - Phase 36	
	813623466	Rahu 1:14PM – 2:01PM	Visti Until 6:46AM Fri	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 5:31PM	Moon – Clear		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Tallinn, Estonia Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 17.44	Tithi 8	Gulika 10:04AM – 10:52AM	Revati Until 6:23AM Sat	Ganesha: Blue	Sunrise: 9:17AM		
		Yama 2:02PM – 2:50PM	Parigha* Until 7:51PM	Muruqa: Clear	Sunset: 3:38PM	Moon 12 - Phase 36	
	813623466	Rahu 11:40AM – 12:27PM	Visti Until 6:46AM	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 7:55PM	Moon – Clear		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Tallinn, Estonia Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 29.43	Tithi 9	Gulika 9:16AM – 10:04AM	Revati Until 6:23AM	Ganesha: Blue	Sunrise: 9:16AM		
		Yama 1:16PM – 2:04PM	Shiva Until 8:21PM	Muruqa: Clear	Sunset: 3:39PM	Moon 12 - Phase 36	
	813623466	Rahu 10:52AM – 11:40AM	Balava Until 9:02AM	Nataraja: Orange		Navami	
Routine Work	Prabalarishta Yoga		Navami* Until 10:01PM	Moon – Clear		Bhuloka Day	
Until 6:23AM				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Sunday, January 5, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau	Tallinn, Estonia Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 11.5	Tithi 10	823623466	Gulika 2:05PM – 2:53PM Yama 12:28PM – 1:16PM Rahu 2:53PM – 3:41PM	Ashvini Until 8:54AM Siddha Until 8:27PM Taitila Until 10:54AM	Ganesha: Yellow <i>Sunrise:</i> 9:15AM Muruqa: Clear <i>Sunset:</i> 3:41PM Nataraja: Orange Moon – White	Devaloka Day	
Creative Work	Siddha Yoga		Subramuniyaswami Jayanti	Dashami Until 11:36PM	Pausha-Markali		
Until 8:54AM							
Then Routine Work - Prabalarishta Yoga							

2		Monday, January 6, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau	Tallinn, Estonia Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.11	Tithi 11	823623466	Gulika 1:17PM – 2:06PM Yama 11:40AM – 12:29PM Rahu 10:03AM – 10:52AM	Bharani Until 10:44AM Sadhya Until 8:06PM Vanija Until 12:11PM	Ganesha: Yellow <i>Sunrise:</i> 9:15AM Muruqa: Clear <i>Sunset:</i> 3:43PM Nataraja: Orange Moon – White	Devaloka Day	
Family Home Evening	Siddha Yoga		Vaikuntha Ekadasi	Ekadashi Until 12:33AM Tue	Pausha-Markali		
Creative Work	Siddha Yoga						
Until 10:44AM							
Then Routine Work - Marana Yoga							

3		Tuesday, January 7, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau	Tallinn, Estonia Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 6.5	Tithi 12	823623466	Gulika 12:29PM – 1:18PM Yama 10:51AM – 11:40AM Rahu 2:07PM – 2:56PM	Krittika Until 11:45AM Subha Until 7:13PM Bava Until 12:47PM	Ganesha: Yellow <i>Sunrise:</i> 9:14AM Muruqa: Clear <i>Sunset:</i> 3:45PM Nataraja: Orange Moon – White	Devaloka Day	
Creative Work	Siddha Yoga			Dvadashi Until 12:47AM Wed	Pausha-Markali		
Until 11:45AM							
Then Creative Work - Amrita Yoga							

4		Wednesday, January 8, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Tallinn, Estonia Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 19.49	Tithi 13	833623466	Gulika 11:40AM – 12:29PM Yama 10:02AM – 10:51AM Rahu 12:29PM – 1:19PM	Rohini Until 12:22PM Sukla Until 5:44PM Kaulava Until 12:38PM	Ganesha: White <i>Sunrise:</i> 9:13AM Muruqa: Clear <i>Sunset:</i> 3:46PM Nataraja: Orange Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work	Siddha Yoga			Trayodashi Until 12:17AM Thu	Pausha-Markali		
<i>Pradosha Vrata</i>							

5		Thursday, January 9, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau	Tallinn, Estonia Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.1	Tithi 14	834623466	Gulika 10:51AM – 11:40AM Yama 9:12AM – 10:01AM Rahu 1:20PM – 2:09PM	Mrigashira Until 12:09PM Brahma Until 3:44PM Gara Until 11:48AM	Ganesha: Yellow <i>Sunrise:</i> 9:12AM Muruqa: Clear <i>Sunset:</i> 3:48PM Nataraja: Orange Moon – Yellow	Devaloka Day	
Routine Work	Marana Yoga			Chaturdashi* Until 11:07PM	Pausha-Markali		

○		Friday, January 10, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau	Tallinn, Estonia Sutra 271 Vikarin 5121
Copper Retreat Star			Gulika 10:00AM – 10:50AM Yama 2:10PM – 3:00PM Rahu 11:40AM – 12:30PM	Ardra Until 11:10AM Indra Until 1:16PM Visti Until 10:19AM	Ganesha: Yellow <i>Sunrise:</i> 9:11AM Muruqa: Clear <i>Sunset:</i> 3:50PM Nataraja: Orange Moon – Yellow	Devaloka Day	
Mithuna Rasi: 16.54	Tithi 15	834623466		Purnima* Until 9:22PM	Pausha-Markali		
Creative Work	Siddha Yoga		Penumbral Lunar Eclipse Ardra Darshanam				

○		Saturday, January 11, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau	Tallinn, Estonia Sutra 272 Vikarin 5121
Silver Retreat Star			Gulika 9:09AM – 10:00AM Yama 1:21PM – 2:11PM Rahu 10:50AM – 11:40AM	Punarvasu Until 9:59AM Vaidhriti* Until 10:22AM Balava Until 8:20AM	Ganesha: White <i>Sunrise:</i> 9:09AM Muruqa: Clear <i>Sunset:</i> 3:52PM Nataraja: Orange Moon – Blue	Sivaloka Day	
Kataka Rasi: 0.58	Tithi 16	844623466		Prathama* Until 7:10PM	Pausha-Markali		
Creative Work	Siddha Yoga						



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.17 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*7Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:13PM - 3:03PM
Yama 12:31PM - 1:22PM
Rahu 3:03PM - 3:54PM

Pushya Until 8:17AM
Vishkambha* Until 7:12AM
Vanija Until 3:21AM Mon
Dvitiya Until 4:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 9:08AM
Sunset: 3:54PM

Tallinn, Estonia
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 29.46 Tithi 18 - 19

844623466

Family Home Evening

Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:23PM - 2:14PM
Yama 11:40AM - 12:32PM
Rahu 9:58AM - 10:49AM

Ashlesha* Until 6:13AM
Ayushman Until 12:24AM Tue
Bava Until 12:39AM Tue
Tritiya Until 1:59PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 9:07AM
Sunset: 3:56PM

Tallinn, Estonia
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.19 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 2:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:32PM - 1:24PM
Yama 10:49AM - 11:40AM
Rahu 2:15PM - 3:07PM

Purvaphalguni Until 2:23AM Wed
Saubhagya Until 8:58PM
Kaulava Until 9:57PM
Chaturthi* Until 11:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 9:05AM
Sunset: 3:58PM

Tallinn, Estonia
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 28.5 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:40AM - 12:32PM
Yama 9:56AM - 10:48AM
Rahu 12:32PM - 1:24PM

Uttaraphalguni Until 12:26AM Thu
Sobhana Until 5:40PM
Gara Until 7:24PM
Panchami Until 8:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 9:04AM
Sunset: 4:01PM

Tallinn, Estonia
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.14 Tithi 21 - 22

864623466

Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 10:48AM - 11:40AM
Yama 9:02AM - 9:55AM
Rahu 1:25PM - 2:18PM

Hasta Until 11:00PM
Athiganda* Until 2:30PM
Bava Until 3:59AM Fri
Shashthi* Until 6:11AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 9:02AM
Sunset: 4:03PM

Tallinn, Estonia
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 27.27 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:54AM - 10:47AM
Yama 2:19PM - 3:12PM
Rahu 11:40AM - 12:33PM

Chitra Until 9:43PM
Sukarma Until 11:35AM
Balava Until 3:01PM
Ashtami* Until 2:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 9:01AM
Sunset: 4:03PM

Tallinn, Estonia
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 11.28 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 8:59AM - 9:53AM
Yama 1:27PM - 2:20PM
Rahu 10:46AM - 11:40AM

Svati Until 8:39PM
Dhriti Until 8:56AM
Taitila Until 1:19PM
Navami* Until 12:35AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 8:59AM
Sunset: 4:07PM

Tallinn, Estonia
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1		Sunday, January 19, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Dashamyam Titau	Tallinn, Estonia Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 25.15	Tithi 25	Gulika 2:22PM – 3:16PM	Vishakha Until 8:14PM	Ganesha: Clear	<i>Sunrise:</i> 8:58AM		
		Yama 12:34PM – 1:28PM	Shula* Until 6:33AM	Muruqa: Clear	<i>Sunset:</i> 4:10PM	Moon 1 - Phase 39	
		874623466 Rahu 3:16PM – 4:10PM	Vanija Until 11:58AM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 11:26PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

2		Monday, January 20, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Tallinn, Estonia Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 8.49	Tithi 26	Gulika 1:28PM – 2:23PM	Anuradha Until 8:02PM	Ganesha: Clear	<i>Sunrise:</i> 8:56AM		
Family Home Evening		Yama 11:39AM – 12:34PM	Vriddhi Until 2:45AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:12PM	Moon 1 - Phase 39	
		874623466 Rahu 9:50AM – 10:45AM	Bava Until 11:01AM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 10:40PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

3		Tuesday, January 21, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Tallinn, Estonia Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 22.1	Tithi 27	Gulika 12:34PM – 1:29PM	Jyeshtha* Until 8:05PM	Ganesha: Purple	<i>Sunrise:</i> 8:54AM		
		Yama 10:44AM – 11:39AM	Dhruva Until 1:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:14PM	Moon 1 - Phase 39	
		875623466 Rahu 2:24PM – 3:19PM	Kaulava Until 10:27AM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 10:18PM	Moon – Orange		Bhuloka Day	
Until 8:05PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4		Wednesday, January 22, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Tallinn, Estonia Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 5.18	Tithi 28	Gulika 11:39AM – 12:34PM	Mula* Until 8:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:52AM		
		Yama 9:48AM – 10:43AM	Vyaghata* Until 12:10AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:17PM	Moon 1 - Phase 39	
		885623466 Rahu 12:34PM – 1:30PM	Gara Until 10:18AM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 10:21PM	Moon – Light Blue		Bhuloka Day	
Until 8:51PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, January 23, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Tallinn, Estonia Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 18.14	Tithi 29	Gulika 10:43AM – 11:39AM	Purvashadha* Until 9:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:50AM		
		Yama 8:50AM – 9:46AM	Harshana Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 4:19PM	Moon 1 - Phase 39	
		885623466 Rahu 1:31PM – 2:27PM	Visti* Until 10:34AM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:50PM	Moon – Light Blue		Bhuloka Day	
Until 9:51PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

●		Friday, January 24, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Tallinn, Estonia Sun 13 Sutra 285 Vikarin 5121
Retreat Star		Gulika 9:45AM – 10:42AM	Uttarashadha Until 11:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:48AM		
Makara Rasi: 0.57	Tithi 30	Yama 2:28PM – 3:25PM	Vajra* Until 10:54PM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 1 - Phase 39	
		885623466 Rahu 11:38AM – 12:35PM	Catuspada Until 11:15AM	Nataraja: Orange		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 11:44PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

●		Saturday, January 25, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Tallinn, Estonia Sun 14 Sutra 286 Vikarin 5121
Retreat Star		Gulika 8:47AM – 9:44AM	Shravana Until 1:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 8:47AM		
Makara Rasi: 13.28	Tithi 1	Yama 1:32PM – 2:30PM	Siddhi Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 4:24PM	Moon 1 - Phase 39	
		995623466 Rahu 10:41AM – 11:38AM	Kintughna Until 12:23PM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sun	Moon – Purple		Bhuloka Day	
Until 1:08AM Sun				Magha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Tallinn, Estonia Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 25.49	Tithi 2	Gulika 2:31PM – 3:29PM	Dhanishtha Until 3:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 8:44AM		
		Yama 12:35PM – 1:33PM	Vyatipata* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 4:26PM	Moon 1 - Phase 40	
		995723466 Rahu 3:29PM – 4:26PM	Balava Until 1:56PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 2:50AM Mon	Moon – Purple			Devaloka Day
Until 3:21AM Mon				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau			Tallinn, Estonia Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 7.59	Tithi 3	Gulika 1:34PM – 2:32PM	Shatabhishak Until 5:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 8:42AM		
Family Home Evening		Yama 11:37AM – 12:36PM	Variyan Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 9:41AM – 10:39AM	Taitila Until 3:52PM	Nataraja: Orange		3rd Phase	
Until 5:45AM Tue			Tritiya Until 4:56AM Tue	Moon – Purple			Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija Karana Chaturthyam Titau			Tallinn, Estonia Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 20.02	Tithi 4	Gulika 12:36PM – 1:35PM	Purvaprossthapada* Until 8:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 8:40AM		
		Yama 10:38AM – 11:37AM	Parigha* Until 12:02AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 1 - Phase 40	
		915723466 Rahu 2:34PM – 3:32PM	Vanija Until 6:06PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 7:18AM Wed	Moon – Clear			Sivaloka Day
Until 8:44AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau			Tallinn, Estonia Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 1.58	Tithi 4 – 5	Gulika 11:37AM – 12:36PM	Purvaprossthapada* Until 8:44AM	Ganesha: Green	<i>Sunrise:</i> 8:38AM		
		Yama 9:38AM – 10:37AM	Shiva Until 12:51AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 1 - Phase 40	
		915723466 Rahu 12:36PM – 1:35PM	Bava Until 8:34PM	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 7:18AM	Moon – Clear			Sivaloka Day
Until 8:44AM				Magha-Thai			
Then Creative Work - Siddha Yoga							

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Tallinn, Estonia Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 13.51	Tithi 5 – 6	Gulika 10:36AM – 11:36AM	Uttaraprossthapada Until 11:41AM	Ganesha: Green	<i>Sunrise:</i> 8:36AM		
		Yama 8:36AM – 9:36AM	Siddha Until 1:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 1 - Phase 40	
		915723466 Rahu 1:36PM – 2:36PM	Kaulava Until 11:06PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 9:49AM	Moon – Clear			Sivaloka Day
				Magha-Thai			

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Tallinn, Estonia Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 25.43	Tithi 6 – 7	Gulika 9:34AM – 10:35AM	Revati Until 2:26PM	Ganesha: Orange	<i>Sunrise:</i> 8:34AM		
		Yama 2:38PM – 3:38PM	Sadhya Until 2:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 1 - Phase 40	
		916723466 Rahu 11:36AM – 12:36PM	Gara Until 1:32AM Sat	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 12:19PM	Moon – Clear			Devaloka Day
Until 2:26PM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau			Tallinn, Estonia Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 7.39	Tithi 7 – 8	Gulika 8:34AM – 9:34AM	Ashvini Until 5:20PM	Ganesha: Green	<i>Sunrise:</i> 8:34AM		
		Yama 1:37PM – 2:38PM	Subha Until 2:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 1 - Phase 40	
		926723466 Rahu 10:35AM – 11:36AM	Vistil Until 3:40AM Sun	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:38PM	Moon – White			Bhuloka Day
				Magha-Thai			Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Tallinn, Estonia Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 19.43	Tithi 8 – 9	Gulika 2:39PM – 3:40PM	Bharani Until 7:39PM	Ganesha: Green	<i>Sunrise:</i> 8:32AM		
		Yama 12:36PM – 1:38PM	Sukla Until 3:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 1 - Phase 40	
		926723466 Rahu 3:40PM – 4:41PM	Balava Until 5:18AM Mon	Nataraja: Orange		Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 4:32PM	Moon – White			Bhuloka Day
Until 7:39PM				Magha-Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							


Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Tallinn, Estonia Sun 23 Sutra 295 Vikarin 5121
1		Gulika 1:38PM – 2:40PM	Krittika Until 9:12PM	Ganesha: Green <i>Sunrise:</i> 8:29AM
Vrishabha Rasi: 1.59	Tithi 9 – 10	Yama 11:35AM – 12:37PM	Brahma Until 2:42AM Tue	Muruqa: Clear <i>Sunset:</i> 4:44PM
Family Home Evening	926723466	Rahu 9:31AM – 10:33AM	Taitila Until 6:13AM Tue	Nataraja: Orange
Routine Work Marana Yoga			Navami* Until 5:50PM	Moon – White
Until 9:12PM				Magha-Thai
Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM


Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Tallinn, Estonia Sun 24 Sutra 296 Vikarin 5121
2		Gulika 12:37PM – 1:39PM	Rohini Until 10:20PM	Ganesha: Red <i>Sunrise:</i> 8:27AM
Vrishabha Rasi: 14.33	Tithi 10	Yama 10:32AM – 11:34AM	Indra Until 1:44AM Wed	Muruqa: Clear <i>Sunset:</i> 4:46PM
	936723467	Rahu 2:42PM – 3:44PM	Taitila Until 6:13AM	Nataraja: Clear
Creative Work Amrita Yoga			Dashami Until 6:21PM	Moon – Yellow
Until 10:20PM				Magha-Thai
Then Creative Work - Siddha Yoga				Devaloka Day

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Ekadashyam Titau		Tallinn, Estonia Sun 25 Sutra 297 Vikarin 5121
3		Gulika 11:34AM – 12:37PM	Mrigashira Until 10:29PM	Ganesha: Red <i>Sunrise:</i> 8:25AM
Vrishabha Rasi: 27.31	Tithi 11	Yama 9:28AM – 10:31AM	Vaidhriti* Until 12:05AM Thu	Muruqa: Clear <i>Sunset:</i> 4:49PM
	936723467	Rahu 12:37PM – 1:40PM	Vanija Until 6:19AM	Nataraja: Clear
Creative Work Siddha Yoga			Ekadashi Until 6:02PM	Moon – Yellow
				Magha-Thai
				Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Tallinn, Estonia Sun 26 Sutra 298 Vikarin 5121
4		Gulika 10:30AM – 11:33AM	Ardra Until 9:41PM	Ganesha: Red <i>Sunrise:</i> 8:22AM
Mithuna Rasi: 10.54	Tithi 12 – 13	Yama 8:22AM – 9:26AM	Vishkambha* Until 9:48PM	Muruqa: Clear <i>Sunset:</i> 4:52PM
	936723467	Rahu 1:41PM – 2:44PM	Kaulava Until 4:03AM Fri	Nataraja: Clear
Routine Work Marana Yoga			Dvadashi Until 4:54PM	Moon – Yellow
Until 9:41PM				Magha-Thai
Then Creative Work - Amrita Yoga				Devaloka Day
				<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Tallinn, Estonia Sun 27 Sutra 299 Vikarin 5121
5		Gulika 9:24AM – 10:28AM	Punarvasu Until 8:28PM	Ganesha: Blue <i>Sunrise:</i> 8:20AM
Mithuna Rasi: 24.46	Tithi 13 – 14	Yama 2:46PM – 3:50PM	Priti Until 6:57PM	Muruqa: Clear <i>Sunset:</i> 4:54PM
	947723467	Rahu 11:33AM – 12:37PM	Gara Until 1:50AM Sat	Nataraja: Clear
Creative Work Siddha Yoga			Trayodashi Until 3:00PM	Moon – Blue
Until 8:28PM				Magha-Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau		Tallinn, Estonia Sutra 300 Vikarin 5121
	Copper Retreat Star	Gulika 8:17AM – 9:22AM	Pushya Until 6:31PM	Ganesha: Blue <i>Sunrise:</i> 8:17AM
Kataka Rasi: 9.03	Tithi 14 – 15	Yama 1:42PM – 2:47PM	Ayushman Until 3:36PM	Muruqa: Clear <i>Sunset:</i> 4:57PM
	947723467	Rahu 10:27AM – 11:32AM	Visiti Until 11:03PM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 12:29PM	Moon – Blue
Until 6:31PM		Thai Pusam		Magha-Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Tallinn, Estonia Sutra 301 Vikarin 5121
	Silver Retreat Star	Gulika 2:48PM – 3:54PM	Ashlesha* Until 4:01PM	Ganesha: Blue <i>Sunrise:</i> 8:15AM
Kataka Rasi: 23.42	Tithi 15 – 16	Yama 12:37PM – 1:43PM	Saubhagya Until 11:54AM	Muruqa: Clear <i>Sunset:</i> 4:59PM
	947723467	Rahu 3:54PM – 4:59PM	Balava Until 7:54PM	Nataraja: Clear
Creative Work Siddha Yoga			Purnima* Until 9:30AM	Moon – Blue
Until 4:01PM				Magha-Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Tallinn, Estonia

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9 Tithi 16 - 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 1:33PM

Then Creative Work - Siddha Yoga

Gulika 1:43PM - 2:49PM

Yama 11:31AM - 12:37PM

Rahu 9:19AM - 10:25AM

Magha* Until 1:33PM

Sobhana Until 7:59AM

Gara Until 2:47AM Tue

Prathama* Until 6:13AM

Ganesha: Red Sunrise: 8:12AM

Muruqa: Clear Sunset: 5:02PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti* Karana Tritiyayam Titau

Tallinn, Estonia

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 23.37 Tithi 18

Creative Work Siddha Yoga

Until 10:52AM

Then Creative Work - Amrita Yoga

Gulika 12:37PM - 1:44PM

Yama 10:24AM - 11:30AM

Rahu 2:51PM - 3:57PM

Purvaphalguni Until 10:52AM

Sukarma Until 11:57PM

Vanija Until 1:06PM

Tritiya Until 11:24PM

Ganesha: Red Sunrise: 8:10AM

Muruqa: Clear Sunset: 5:04PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Tallinn, Estonia

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 8.35 Tithi 19

Creative Work Amrita Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Gulika 11:30AM - 12:37PM

Yama 9:15AM - 10:22AM

Rahu 12:37PM - 1:45PM

Uttaraphalguni Until 8:08AM

Dhriti Until 8:07PM

Bava Until 9:47AM

Chaturthi* Until 8:11PM

Ganesha: Red Sunrise: 8:07AM

Muruqa: Clear Sunset: 5:07PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Tallinn, Estonia

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.22 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 10:21AM - 11:29AM

Yama 8:05AM - 9:13AM

Rahu 1:45PM - 2:53PM

Chitra Until 3:58AM Fri

Shula* Until 4:32PM

Kaulava Until 6:43AM

Panchami Until 5:19PM

Ganesha: Green Sunrise: 8:05AM

Muruqa: Clear Sunset: 5:09PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Tallinn, Estonia

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 7.52 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 9:11AM - 10:20AM

Yama 2:54PM - 4:03PM

Rahu 11:28AM - 12:37PM

Svati Until 2:23AM Sat

Ganda* Until 1:20PM

Vistii Until 1:54AM Sat

Shashthi* Until 2:53PM

Ganesha: White Sunrise: 8:02AM

Muruqa: Clear Sunset: 5:12PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tallinn, Estonia

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.01 Tithi 22 - 23

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

Gulika 8:00AM - 9:09AM

Yama 1:46PM - 2:56PM

Rahu 10:18AM - 11:28AM

Vishakha Until 1:39AM Sun

Vridhhi Until 10:35AM

Balava Until 12:19AM Sun

Saptami Until 1:01PM

Ganesha: Clear Sunrise: 8:00AM

Muruqa: Clear Sunset: 5:14PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tallinn, Estonia

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 5.47 Tithi 23 - 24

Routine Work Marana Yoga

Until 1:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 2:57PM - 4:07PM

Yama 12:37PM - 1:47PM

Rahu 4:07PM - 5:17PM

Anuradha Until 1:23AM Mon

Dhruva Until 8:17AM

Taitila Until 11:22PM

Ashtami* Until 11:44AM

Ganesha: Clear Sunrise: 7:57AM

Muruqa: Clear Sunset: 5:17PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Monday, February 17, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Tallinn, Estonia Sun 7 Sutra 309 Vikarin 5121
	Vrischika Rasi: 19.13 Tithi 24 – 25	Gulika 1:48PM – 2:58PM Yama 11:26AM – 12:37PM Rahu 9:05AM – 10:16AM	Jyeshtha* Until 1:33AM Tue Vyaghata* Until 6:30AM Vanija Until 11:01PM Navami* Until 11:06AM
	Family Home Evening 988723467	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange	Devaloka Day
	Creative Work Siddha Yoga Until 1:33AM Tue Then Creative Work - Amrita Yoga	Sunrise: 7:54AM Sunset: 5:19PM	Moon 2 - Phase 43 2nd Phase

2	Tuesday, February 18, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau	Tallinn, Estonia Sun 8 Sutra 310 Vikarin 5121
	Dhanus Rasi: 2.19 Tithi 25 – 26	Gulika 12:37PM – 1:48PM Yama 10:14AM – 11:26AM Rahu 2:59PM – 4:11PM	Mula* Until 2:36AM Wed Vajra* Until 4:19AM Wed Bava Until 11:16PM Dashami Until 11:03AM
	Family Home Evening 988723467	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga	Sunrise: 7:52AM Sunset: 5:22PM	Moon 2 - Phase 43 2nd Phase


3	Wednesday, February 19, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Tallinn, Estonia Sun 9 Sutra 311 Vikarin 5121
	Dhanus Rasi: 15.07 Tithi 26 – 27	Gulika 11:25AM – 12:37PM Yama 9:01AM – 10:13AM Rahu 12:37PM – 1:49PM	Purvashadha* Until 3:58AM Thu Siddhi Until 3:49AM Thu Kaulava Until 12:01AM Thu Ekadashi* Until 11:34AM
	Family Home Evening 988723467	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga Until 3:58AM Thu Then Routine Work - Marana Yoga	Sunrise: 7:49AM Sunset: 5:24PM	Moon 2 - Phase 43 2nd Phase

4	Thursday, February 20, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Tallinn, Estonia Sun 10 Sutra 312 Vikarin 5121
	Dhanus Rasi: 27.43 Tithi 27 – 28	Gulika 10:11AM – 11:24AM Yama 7:46AM – 8:59AM Rahu 1:49PM – 3:02PM	Uttarashadha Until 5:35AM Fri Vyatipata* Until 3:40AM Fri Gara Until 1:12AM Fri Dvadashi* Until 12:32PM
	Family Home Evening 989823467	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga	Sunrise: 7:46AM Sunset: 5:27PM	Moon 2 - Phase 43 2nd Phase

Pradosha Vrata (Fasting)

5	Friday, February 21, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Tallinn, Estonia Sun 11 Sutra 313 Vikarin 5121
	Makara Rasi: 10.07 Tithi 28 – 29	Gulika 8:57AM – 10:10AM Yama 3:03PM – 4:16PM Rahu 11:23AM – 12:37PM	Shravana Until 7:52AM Sat Variyan Until 3:45AM Sat Vistii Until 2:45AM Sat Trayodashi* Until 1:55PM
	Family Home Evening 999823467	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 7:52AM Sat Then Creative Work - Siddha Yoga	Sunrise: 7:44AM Sunset: 5:30PM	Moon 2 - Phase 43 2nd Phase

6	Saturday, February 22, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Tallinn, Estonia Sun 12 Sutra 314 Vikarin 5121
	Makara Rasi: 22.22 Tithi 29 – 30	Gulika 7:41AM – 8:55AM Yama 1:50PM – 3:04PM Rahu 10:09AM – 11:23AM	Shravana Until 7:52AM Parigha* Until 4:04AM Sun Catuspada Until 4:36AM Sun Chaturdashi* Until 3:37PM
	Family Home Evening 999823467	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga	Sunrise: 7:41AM Sunset: 5:32PM	Moon 2 - Phase 43 2nd Phase

	Sunday, February 23, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Tallinn, Estonia Sun 13 Sutra 315 Vikarin 5121
	Retreat Star	Gulika 3:05PM – 4:20PM Yama 12:36PM – 1:51PM Rahu 4:20PM – 5:34PM	Dhanishtha Until 10:16AM Shiva Until 4:36AM Mon Kintughna Until 6:42AM Mon Amavasya* Until 5:36PM
	Family Home Evening 999823467	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 10:16AM Then Creative Work - Siddha Yoga	Sunrise: 7:38AM Sunset: 5:34PM	Moon 2 - Phase 43 Amavasya

Retreat Star	Monday, February 24, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau	Tallinn, Estonia Sun 14 Sutra 316 Vikarin 5121
	Kumbha Rasi: 16.33 Tithi 1	Gulika 1:51PM – 3:07PM Yama 11:21AM – 12:36PM Rahu 8:51AM – 10:06AM	Shatabhishak Until 12:43PM Siddha Until 5:15AM Tue Kintughna Until 6:42AM Prathama* Until 7:48PM
	Family Home Evening 999823467	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 12:43PM Then Routine Work - Marana Yoga	Sunrise: 7:35AM Sunset: 5:37PM	Moon 2 - Phase 43 Prathama

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau	Tallinn, Estonia Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 28.31	Tithi 2	Gulika 12:36PM – 1:52PM	Purvaproshtapada* Until 3:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 7:33AM Sunset: 5:39PM Moon 2 - Phase 44 3rd Phase
Routine Work	Marana Yoga	919823467 Rahu 3:08PM – 4:24PM	Sadhya Until 6:02AM Wed Balava Until 9:00AM Dvitiya Until 10:11PM	Phalguna-Masi	Devaloka Day
Until 3:41PM					
Then Creative Work - Amrita Yoga					
2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trilyayam Titau	Tallinn, Estonia Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 10.25	Tithi 3	Gulika 11:19AM – 12:36PM	Uttaraproshtapada Until 6:36PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 7:30AM Sunset: 5:42PM Moon 2 - Phase 44 3rd Phase
Creative Work	Siddha Yoga	919823467 Rahu 12:36PM – 1:52PM	Sadhya Until 6:02AM Taitila Until 11:27AM Tritiya Until 12:41AM Thu	Phalguna-Masi	Devaloka Day
Until 6:36PM					
Then Routine Work - Marana Yoga					
3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Chaturtham Titau	Tallinn, Estonia Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 22.17	Tithi 4	Gulika 10:01AM – 11:19AM	Revati Until 9:25PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 7:27AM Sunset: 5:44PM Moon 2 - Phase 44 3rd Phase
Creative Work	Siddha Yoga	919823467 Rahu 1:53PM – 3:10PM	Subha Until 6:55AM Vanija Until 1:58PM Chaturthi* Until 3:12AM Fri	Phalguna-Masi	Devaloka Day
Until 9:25PM					
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day				
4		Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau	Tallinn, Estonia Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 4.09	Tithi 5	Gulika 8:42AM – 10:00AM	Ashvini Until 12:29AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 7:24AM Sunset: 5:47PM Moon 2 - Phase 44 3rd Phase
Creative Work	Amrita Yoga	921823467 Rahu 11:18AM – 12:36PM	Sukla Until 7:45AM Bava Until 4:27PM Panchami Until 5:37AM Sat	Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:29AM Sat					
Then Creative Work - Siddha Yoga					
5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava Karana Shashtham Titau	Tallinn, Estonia Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 16.04	Tithi 6	Gulika 7:21AM – 8:40AM	Bharani Until 3:10AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 7:21AM Sunset: 5:49PM Moon 2 - Phase 44 3rd Phase
Creative Work	Siddha Yoga	921823467 Rahu 9:58AM – 11:17AM	Brahma Until 8:31AM Kaulava Until 6:45PM Shashthi* Until 7:45AM Sun	Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 9:58AM					
Then Creative Work - Amrita Yoga					
6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Tallinn, Estonia Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 28.05	Tithi 6 – 7	Gulika 3:15PM – 4:34PM	Krittika Until 5:16AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Sunrise: 7:16AM Sunset: 5:54PM Moon 2 - Phase 44 3rd Phase
Creative Work	Siddha Yoga	921833467 Rahu 4:34PM – 5:54PM	Indra Until 9:05AM Gara Until 8:41PM Shashthi* Until 7:45AM	Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 5:16AM Mon					
Then Creative Work - Amrita Yoga					
Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau	Tallinn, Estonia Sun 21 Sutra 323 Vikarin 5121
Vrishabha Rasi: 10.17	Tithi 7 – 8	Gulika 1:55PM – 3:16PM	Rohini Until 7:04AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 7:13AM Sunset: 5:57PM Moon 2 - Phase 44 Ashtami
Family Home Evening		931833467 Rahu 8:33AM – 9:54AM	Vaidhriti* Until 9:14AM Visiti Until 10:01PM Saptami Until 9:25AM	Phalguna-Masi	Devaloka Day
Creative Work	Amrita Yoga				
Until 7:04AM Tue					
Then Creative Work - Siddha Yoga					
Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Tallinn, Estonia Sun 22 Sutra 324 Vikarin 5121
Vrishabha Rasi: 22.46	Tithi 8 – 9	Gulika 12:35PM – 1:56PM	Rohini Until 7:04AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 7:10AM Sunset: 5:59PM Moon 2 - Phase 44 Navami
Creative Work	Amrita Yoga	931833467 Rahu 3:17PM – 4:38PM	Vishkambha* Until 8:54AM Balava Until 10:36PM Ashtami* Until 10:23AM	Phalguna-Masi	Devaloka Day
Until 7:04AM					
Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Tallinn, Estonia Sun 23 Sutra 325	
Mithuna Rasi: 5.37	Tithi 9 – 10	Gulika 11:12AM – 12:34PM	Mrigashira Until 7:55AM	Ganesha: Clear	<i>Sunrise:</i> 7:07AM	Vikarin 5121	
		Yama 8:29AM – 9:51AM	Priti Until 7:57AM	Muruqa: Orange	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 45	
931833467	Rahu 12:34PM – 1:56PM		Taitila Until 10:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 10:33AM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Tallinn, Estonia Sun 24 Sutra 326	
Mithuna Rasi: 18.54	Tithi 10 – 11	Gulika 9:49AM – 11:12AM	Ardra Until 7:47AM	Ganesha: Red	<i>Sunrise:</i> 7:04AM	Vikarin 5121	
		Yama 7:04AM – 8:27AM	Ayushman Until 6:18AM	Muruqa: Orange	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45	
131833467	Rahu 1:57PM – 3:19PM		Vanija Until 9:09PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 9:49AM	Moon – Yellow		Devaloka Day	
Until 7:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Tallinn, Estonia Sun 25 Sutra 327	
Kataka Rasi: 2.41	Tithi 11 – 12	Gulika 8:24AM – 9:48AM	Punarvasu Until 7:05AM	Ganesha: Blue	<i>Sunrise:</i> 7:01AM	Vikarin 5121	
		Yama 3:20PM – 4:43PM	Sobhana Until 1:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 45	
141833467	Rahu 11:11AM – 12:34PM		Bava Until 7:10PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:14AM	Moon – Blue		Bhuloka Day	
Until 7:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Tallinn, Estonia Sun 26 Sutra 328	
Kataka Rasi: 16.58	Tithi 13	Gulika 6:58AM – 8:22AM	Ashlesha* Until 3:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:58AM	Vikarin 5121	
		Yama 1:57PM – 3:21PM	Athiganda* Until 9:29PM	Muruqa: Orange	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 45	
141833467	Rahu 9:46AM – 11:10AM		Kaulava Until 4:29PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 2:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Tallinn, Estonia Sun 27 Sutra 329	
Simha Rasi: 1.42	Tithi 14	Gulika 3:22PM – 4:47PM	Magha* Until 12:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:55AM	Vikarin 5121	
		Yama 12:33PM – 1:58PM	Sukarma Until 5:34PM	Muruqa: Orange	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 45	
151833467	Rahu 4:47PM – 6:11PM		Gara Until 1:15PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 11:27PM	Moon – Red		Devaloka Day	
Until 12:33AM Mon		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Tallinn, Estonia Sutra 330	
Copper Retreat Star		Gulika 1:58PM – 3:23PM	Purvaphalguni Until 9:34PM	Ganesha: White	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
Simha Rasi: 16.46	Tithi 15	Yama 11:08AM – 12:33PM	Dhriti Until 1:23PM	Muruqa: Orange	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 8:18AM – 9:43AM	Visti Until 9:38AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 7:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Tallinn, Estonia Sutra 331	
Silver Retreat Star		Gulika 12:33PM – 1:59PM	Uttaraphalguni Until 6:22PM	Ganesha: White	<i>Sunrise:</i> 6:50AM	Vikarin 5121	
Kanya Rasi: 2.01	Tithi 16 – 17	Yama 9:41AM – 11:07AM	Shula* Until 9:01AM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45	
152833467	Rahu 3:24PM – 4:50PM		Taitila Until 1:59AM Wed	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 3:53PM	Moon – Red		Sivaloka Day	
Until 6:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tallinn, Estonia

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.17 Tithi 17 - 18

162833467

Gulika

11:06AM - 12:33PM

Yama

8:13AM - 9:40AM

Rahu

12:33PM - 1:59PM

Hasta Until 3:31PM

Vriddhi Until 12:31AM Thu

Vanija Until 10:18PM

Dvitiya Until 12:06PM

Ganesha: Clear

Sunrise: 6:47AM

Muruqa: Orange

Sunset: 6:18PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Until 3:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Tallinn, Estonia

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 2.25 Tithi 18 - 19

162833467

Gulika

9:38AM - 11:05AM

Yama

6:44AM - 8:11AM

Rahu

1:59PM - 3:26PM

Chitra Until 12:49PM

Dhruva Until 8:36PM

Bava Until 6:57PM

Tritiya Until 8:33AM

Ganesha: Clear

Sunrise: 6:44AM

Muruqa: Orange

Sunset: 6:21PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Tallinn, Estonia

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.14 Tithi 20

162833467

Gulika

8:09AM - 9:36AM

Yama

3:28PM - 4:55PM

Rahu

11:04AM - 12:32PM

Svati Until 10:24AM

Vyaghata* Until 5:06PM

Kaulava Until 4:04PM

Panchami Until 2:50AM Sat

Ganesha: Clear

Sunrise: 6:41AM

Muruqa: Orange

Sunset: 6:23PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Tallinn, Estonia

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.38 Tithi 21

172833467

Gulika

6:38AM - 8:06AM

Yama

2:00PM - 3:29PM

Rahu

9:35AM - 11:03AM

Vishakha Until 8:51AM

Harshana Until 2:08PM

Gara Until 1:49PM

Shashthi* Until 12:56AM Sun

Ganesha: Purple

Sunrise: 6:38AM

Muruqa: Orange

Sunset: 6:25PM

Nataraja: Clear

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Tallinn, Estonia

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.35 Tithi 22

172833468

Gulika

3:30PM - 4:59PM

Yama

12:31PM - 2:01PM

Rahu

4:59PM - 6:28PM

Anuradha Until 7:52AM

Vajra* Until 11:44AM

Visti Until 12:17PM

Saptami Until 11:48PM

Ganesha: Purple

Sunrise: 6:35AM

Muruqa: Orange

Sunset: 6:28PM

Nataraja: Purple

Moon - Orange

Subha Sivaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tallinn, Estonia

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.04 Tithi 23

172933468

Gulika

2:01PM - 3:31PM

Yama

11:01AM - 12:31PM

Rahu

8:02AM - 9:32AM

Jyeshtha* Until 7:31AM

Siddhi Until 9:58AM

Balava Until 11:33AM

Ashtami* Until 11:28PM

Ganesha: Clear

Sunrise: 6:32AM

Muruqa: Orange

Sunset: 6:30PM

Nataraja: Purple

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Tallinn, Estonia

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.08 Tithi 24

182933468

Gulika

12:31PM - 2:01PM

Yama

9:30AM - 11:00AM

Rahu

3:32PM - 5:02PM

Mula* Until 8:13AM

Vyatipata* Until 8:50AM

Taitila Until 11:36AM

Navami* Until 11:52PM

Ganesha: Purple

Sunrise: 6:29AM

Muruqa: Orange

Sunset: 6:33PM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Phalguna-Panguni

Creative Work Amrita Yoga

Until 8:13AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Tallinn, Estonia
Dhanus Rasi: 24.5	Tithi 25	Gulika 10:59AM – 12:31PM	Purvashadha* Until 9:29AM	Ganesha: Purple <i>Sunrise:</i> 6:26AM	Sun 8 Sutra 339
		Yama 7:57AM – 9:28AM	Variyan Until 8:14AM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Vikarin 5121
182933468	Rahu 12:31PM – 2:02PM		Vanija Until 12:21PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Amrita Yoga		Dashami Until 12:57AM Thu	Moon – Light Blue	2nd Phase
				Phalguna-Panguni	Devaloka Day

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Tallinn, Estonia
Makara Rasi: 7.16	Tithi 26	Gulika 9:27AM – 10:58AM	Uttarashadha Until 11:10AM	Ganesha: Purple <i>Sunrise:</i> 6:23AM	Sun 9 Sutra 340
		Yama 6:23AM – 7:55AM	Parigha* Until 8:07AM	Muruqa: Orange <i>Sunset:</i> 6:37PM	Vikarin 5121
182933468	Rahu 2:02PM – 3:34PM		Bava Until 1:42PM	Nataraja: Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga		Ekadashi* Until 2:32AM Fri	Moon – Light Blue	2nd Phase
Until 11:10AM				Phalguna-Panguni	Devaloka Day
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Tallinn, Estonia
Makara Rasi: 19.29	Tithi 27	Gulika 7:53AM – 9:25AM	Shravana Until 1:37PM	Ganesha: Clear <i>Sunrise:</i> 6:20AM	Sun 10 Sutra 341
		Yama 3:35PM – 5:07PM	Shiva Until 8:23AM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Vikarin 5121
192933468	Rahu 10:57AM – 12:30PM		Kaulava Until 3:30PM	Nataraja: Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga		Dvadashi* Until 4:29AM Sat	Moon – Purple	2nd Phase
Until 1:37PM				Phalguna-Panguni	Sivaloka Day
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Tallinn, Estonia
Kumbha Rasi: 1.33	Tithi 28	Gulika 6:17AM – 7:50AM	Dhanishtha Until 4:12PM	Ganesha: Clear <i>Sunrise:</i> 6:17AM	Sun 11 Sutra 342
		Yama 2:03PM – 3:36PM	Siddha Until 8:53AM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Vikarin 5121
192933468	Rahu 9:23AM – 10:57AM		Gara Until 5:36PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM Sun	Moon – Purple	2nd Phase
Until 4:12PM				Phalguna-Panguni	Sivaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Tallinn, Estonia
Kumbha Rasi: 13.32	Tithi 28 – 29	Gulika 3:37PM – 5:11PM	Shatabhishak Until 6:48PM	Ganesha: Clear <i>Sunrise:</i> 6:14AM	Sun 12 Sutra 343
		Yama 12:29PM – 2:03PM	Sadhya Until 9:34AM	Muruqa: Orange <i>Sunset:</i> 6:44PM	Vikarin 5121
192933468	Rahu 5:11PM – 6:44PM		Visti Until 7:53PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM	Moon – Purple	2nd Phase
				Phalguna-Panguni	Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Tallinn, Estonia
Kumbha Rasi: 25.28	Tithi 29 – 30	Gulika 2:03PM – 3:38PM	Purvaproshtapada* Until 9:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:11AM	Sun 13 Sutra 344
Family Home Evening	113933468	Yama 10:55AM – 12:29PM	Subha Until 10:22AM	Muruqa: Orange <i>Sunset:</i> 6:47PM	Vikarin 5121
Routine Work	Marana Yoga	Rahu 7:46AM – 9:20AM	Catuspada Until 10:17PM	Nataraja: Purple	Moon 3 - Phase 47
Until 9:51PM			Chaturdashi* Until 9:03AM	Moon – Clear	Amavasya
Then Creative Work - Siddha Yoga				Phalguna-Panguni	Sivaloka Day

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Tallinn, Estonia
Meena Rasi: 7.21	Tithi 30 – 1	Gulika 12:29PM – 2:04PM	Uttaraproshtapada Until 12:47AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:08AM	Sun 14 Sutra 345
		Yama 9:19AM – 10:54AM	Sukla Until 11:12AM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Vikarin 5121
113933468	Rahu 3:39PM – 5:14PM		Kintughna Until 12:43AM Wed	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Amrita Yoga		Amavasya* Until 11:28AM	Moon – Clear	Prathama
Until 12:47AM Wed		Yugadhi		Chaitra-Panguni	Sivaloka Day
Then Routine Work - Marana Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Tallinn, Estonia Sun 15 Sutra 346	
Meena Rasi: 19.14	Tithi 1 – 2	Gulika 10:53AM – 12:28PM	Revati Until 3:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 7:41AM – 9:17AM	Brahma Until 12:04PM	Muruqa: Orange	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 48	
		113933468 Rahu 12:28PM – 2:04PM	Balava Until 3:10AM Thu	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Prathama* Until 1:55PM	Moon – Clear		Sivaloka Day	
Until 3:33AM Thu				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Tallinn, Estonia Sun 16 Sutra 347	
Mesha Rasi: 1.07	Tithi 2 – 3	Gulika 9:15AM – 10:52AM	Ashvini Until 6:36AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:02AM		Vikarin 5121
		Yama 6:02AM – 7:39AM	Indra Until 12:55PM	Muruqa: Orange	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 48	
		123933468 Rahu 2:05PM – 3:41PM	Taitila Until 5:33AM Fri	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 4:21PM	Moon – White		Sivaloka Day	
Until 6:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Tritiyayam Titau		Tallinn, Estonia Sun 17 Sutra 348	
Mesha Rasi: 13.02	Tithi 3	Gulika 7:37AM – 9:14AM	Ashvini Until 6:36AM	Ganesha: Red	<i>Sunrise:</i> 6:00AM		Vikarin 5121
		Yama 3:42PM – 5:19PM	Vaidhriti* Until 1:41PM	Muruqa: Orange	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 48	
		123933468 Rahu 10:51AM – 12:28PM	Gara Until 6:40PM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 6:40PM	Moon – White		Sivaloka Day	
Until 6:36AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau		Tallinn, Estonia Sun 18 Sutra 349	
Mesha Rasi: 24.59	Tithi 4	Gulika 5:57AM – 7:34AM	Bharani Until 9:19AM	Ganesha: Red	<i>Sunrise:</i> 5:57AM		Vikarin 5121
		Yama 2:05PM – 3:43PM	Vishkambha* Until 2:20PM	Muruqa: Orange	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 48	
		123933468 Rahu 9:12AM – 10:50AM	Vanija Until 7:47AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 8:47PM	Moon – White		Sivaloka Day	
Until 9:19AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Tallinn, Estonia Sun 19 Sutra 350	
Vrishabha Rasi: 7.04	Tithi 5	Gulika 3:44PM – 5:22PM	Krittika Until 11:37AM	Ganesha: Red	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 12:27PM – 2:06PM	Priti Until 2:46PM	Muruqa: Orange	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 48	
		123933468 Rahu 5:22PM – 7:01PM	Bava Until 9:44AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 10:33PM	Moon – White		Sivaloka Day	
				Chaitra•Panguni			

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Tallinn, Estonia Sun 20 Sutra 351	
Vrishabha Rasi: 19.17	Tithi 6	Gulika 2:06PM – 3:45PM	Rohini Until 1:50PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM		Vikarin 5121
Family Home Evening		Yama 10:48AM – 12:27PM	Ayushman Until 2:50PM	Muruqa: Orange	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 48	
		133933468 Rahu 7:30AM – 9:09AM	Kaulava Until 11:16AM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 11:49PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Tallinn, Estonia Sun 21 Sutra 352	
Mithuna Rasi: 1.45	Tithi 7	Gulika 12:27PM – 2:06PM	Mrigashira Until 3:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM		Vikarin 5121
		Yama 9:07AM – 10:47AM	Saubhagya Until 2:26PM	Muruqa: Orange	<i>Sunset:</i> 7:06PM	Moon 3 - Phase 48	
		133933468 Rahu 3:46PM – 5:26PM	Gara Until 12:13PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:25AM Wed	Moon – Yellow		Subha Sivaloka Day	
Until 3:17PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Tallinn, Estonia Sun 22 Sutra 353	
Mithuna Rasi: 14.32	Tithi 8	Gulika 10:47AM – 12:27PM	Ardra Until 3:53PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM		Vikarin 5121
		Yama 7:27AM – 9:07AM	Sobhana Until 1:29PM	Muruqa: Orange	<i>Sunset:</i> 7:06PM	Moon 3 - Phase 48	
		133933468 Rahu 12:27PM – 2:06PM	Visti Until 12:26PM	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 12:14AM Thu	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau		Tallinn, Estonia Sun 23 Sutra 354	
Mithuna Rasi: 27.43	Tithi 9	Gulika 9:06AM – 10:46AM	Punarvasu Until 3:59PM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM		Vikarin 5121
		Yama 5:45AM – 7:25AM	Athiganda* Until 11:52AM	Muruqa: Orange	<i>Sunset:</i> 7:08PM	Moon 3 - Phase 48	
		143933468 Rahu 2:07PM – 3:47PM	Balava Until 11:51AM	Nataraja: Purple		Navami	
Creative Work	Amrita Yoga		Navami* Until 11:13PM	Moon – Blue		Sivaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Tallinn, Estonia
	Kataka Rasi: 11.2	Tithi 10	143933468	Gulika 7:23AM – 9:04AM Yama 3:48PM – 5:29PM Rahu 10:45AM – 12:26PM	Pushya Until 3:08PM Sukarma Until 9:37AM Taitila Until 10:26AM Dashami Until 9:25PM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Blue Chaitra•Panguni	Sun 24 Sutra 355 Vikarin 5121 Moon 3 - Phase 49 4th Phase Sivaloka Day
	Routine Work	Marana Yoga					

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tallinn, Estonia
	Kataka Rasi: 25.28	Tithi 11	143933468	Gulika 5:39AM – 7:21AM Yama 2:07PM – 3:49PM Rahu 9:02AM – 10:44AM	Ashlesha* Until 1:24PM Dhriti Until 6:46AM Vanija Until 8:15AM Ekadashi Until 6:54PM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Blue Chaitra•Panguni	Sun 25 Sutra 356 Vikarin 5121 Moon 3 - Phase 49 4th Phase Sivaloka Day
	Routine Work	Marana Yoga					
	Until 1:24PM	Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi			

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Tallinn, Estonia
	Simha Rasi: 10.02	Tithi 12 – 13	153933468	Gulika 3:50PM – 5:33PM Yama 12:25PM – 2:08PM Rahu 5:33PM – 7:15PM	Magha* Until 11:19AM Ganda* Until 11:29PM Kaulava Until 2:05AM Mon Dvodashi Until 3:47PM	Ganesha: White Muruqa: Orange Nataraja: Purple Moon – Red Chaitra•Panguni	Sun 26 Sutra 357 Vikarin 5121 Moon 3 - Phase 49 4th Phase Subha Sivaloka Day
	Routine Work	Marana Yoga					
	Until 11:19AM	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tallinn, Estonia
	Simha Rasi: 24.59	Tithi 13 – 14	154933468	Gulika 2:08PM – 3:51PM Yama 10:42AM – 12:25PM Rahu 7:16AM – 8:59AM	Purvaphalguni Until 8:38AM Vriddhi Until 7:21PM Gara Until 10:23PM Trayodashi Until 12:15PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Red Chaitra•Panguni	Sun 27 Sutra 358 Vikarin 5121 Moon 3 - Phase 49 4th Phase Sivaloka Day
	Family Home Evening						
	Creative Work	Siddha Yoga					

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hashta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tallinn, Estonia
	Copper Retreat Star			Gulika 12:25PM – 2:09PM Yama 8:57AM – 10:41AM Rahu 3:52PM – 5:36PM	Hashta Until 2:34AM Wed Dhruva Until 3:01PM Visti Until 6:31PM Chaturdashi* Until 8:27AM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Green Chaitra•Panguni	Sun 28 Sutra 359 Vikarin 5121 Moon 3 - Phase 49 Purnima Devaloka Day
	Kanya Rasi: 10.12	Tithi 14 – 15	164933468				
	Creative Work	Siddha Yoga		Panguni Uttiram Hanuman Jayanti			

5	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Tallinn, Estonia
	Silver Retreat Star			Gulika 10:40AM – 12:25PM Yama 7:12AM – 8:56AM Rahu 12:25PM – 2:09PM	Chitra Until 11:33PM Vyaghata* Until 10:40AM Balava Until 2:39PM Prathama* Until 12:45AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Green Chaitra•Panguni	Sun 29 Sutra 360 Vikarin 5121 Moon 3 - Phase 49 Prathama Devaloka Day
	Kanya Rasi: 25.3	Tithi 16	164934468				
	Creative Work	Siddha Yoga					



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvityayam Titau

Tallinn, Estonia
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 10.43 Tithi 17

164134468

Gulika 8:54AM – 10:39AM
Yama 5:24AM – 7:09AM
Rahu 2:09PM – 3:54PM

Svati Until 8:39PM
Harshana Until 6:27AM
Taitila Until 10:57AM
Dvitiya Until 9:12PM

Ganesha: White *Sunrise:* 5:24AM
Muruqa: Clear *Sunset:* 7:24PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 8:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Tallinn, Estonia
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 25.42 Tithi 18

174134468

Gulika 7:07AM – 8:53AM
Yama 3:55PM – 5:41PM
Rahu 10:38AM – 12:24PM

Vishakha Until 6:27PM
Siddhi Until 10:54PM
Vanija Until 7:36AM
Tritiya Until 6:06PM

Ganesha: Yellow *Sunrise:* 5:21AM
Muruqa: Clear *Sunset:* 7:27PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tallinn, Estonia
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virshika Rasi: 10.17 Tithi 19 – 20

174134468

Gulika 5:18AM – 7:05AM
Yama 2:10PM – 3:56PM
Rahu 8:51AM – 10:37AM

Anuradha Until 4:43PM
Vyatipata* Until 7:51PM
Kaulava Until 2:36AM Sun
Chaturthi* Until 3:34PM

Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: Clear *Sunset:* 7:29PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Vriyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Tallinn, Estonia
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virshika Rasi: 24.25 Tithi 20 – 21

174134468

Gulika 3:57PM – 5:44PM
Yama 12:24PM – 2:10PM
Rahu 5:44PM – 7:31PM

Jyeshtha* Until 3:33PM
Vriyani Until 5:23PM
Gara Until 1:12AM Mon
Panchami Until 1:47PM

Ganesha: Yellow *Sunrise:* 5:16AM
Muruqa: Clear *Sunset:* 7:31PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 3:33PM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tallinn, Estonia
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 8.03 Tithi 21 – 22

184134468

Gulika 2:11PM – 3:59PM
Yama 10:36AM – 12:23PM
Rahu 7:00AM – 8:48AM

Mula* Until 3:31PM
Parigha* Until 3:36PM
Visti Until 12:39AM Tue
Shashthi* Until 12:48PM

Ganesha: Blue *Sunrise:* 5:13AM
Muruqa: Clear *Sunset:* 7:34PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 3:31PM

Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tallinn, Estonia
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 21.13 Tithi 22 – 23

284134468

Gulika 12:23PM – 2:11PM
Yama 8:46AM – 10:35AM
Rahu 4:00PM – 5:48PM

Purvashadha* Until 4:09PM
Shiva Until 2:30PM
Balava Until 12:57AM Wed
Saptami Until 12:41PM

Ganesha: Yellow *Sunrise:* 5:10AM
Muruqa: Clear *Sunset:* 7:36PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 4:09PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tallinn, Estonia
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 3.58 Tithi 23 – 24

284134468

Gulika 10:34AM – 12:23PM
Yama 6:56AM – 8:45AM
Rahu 12:23PM – 2:12PM

Uttarashadha Until 5:24PM
Siddha Until 2:00PM
Taitila Until 1:59AM Thu
Ashtami* Until 1:22PM

Ganesha: Yellow *Sunrise:* 5:07AM
Muruqa: Clear *Sunset:* 7:39PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 5:24PM

Then Creative Work - Siddha Yoga

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tallinn, Estonia Sun 7
	Makara Rasi: 16.23	Tithi 24 – 25	Gulika 8:43AM – 10:33AM	Shravana Until 7:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:04AM	Sarvari 5122
			Yama 5:04AM – 6:54AM	Sadhya Until 2:02PM	Muruqa: Clear	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 1
	294134468		Rahu 2:12PM – 4:02PM	Vanija Until 3:38AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Moon – Purple		Devaloka Day	
		Chaitra•Chaitra					

2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Tallinn, Estonia Sun 8
	Makara Rasi: 28.34	Tithi 25 – 26	Gulika 6:52AM – 8:42AM	Dhanishtha Until 10:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	Sarvari 5122
			Yama 4:03PM – 5:53PM	Subha Until 2:30PM	Muruqa: Clear	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 1
	294134468		Rahu 10:32AM – 12:22PM	Bava Until 5:43AM Sat	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dashami Until 4:37PM		Moon – Purple		Devaloka Day	
		Chaitra•Chaitra					

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava Karana Ekadashyam Titau				Tallinn, Estonia Sun 9
	Kumbha Rasi: 10.35	Tithi 26	Gulika 4:58AM – 6:49AM	Shatabhishak Until 12:46AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	Sarvari 5122
			Yama 2:13PM – 4:04PM	Sukla Until 3:12PM	Muruqa: Clear	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 1
	295134468		Rahu 8:40AM – 10:31AM	Balava Until 6:51PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Ekadashi* Until 6:51PM		Moon – Purple		Sivaloka Day	
		Chaitra•Chaitra					
		Until 12:46AM Sun					
		Then Creative Work - Siddha Yoga					

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tallinn, Estonia Sun 10
	Kumbha Rasi: 22.3	Tithi 27	Gulika 4:05PM – 5:57PM	Purvaproshtapada* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sarvari 5122
			Yama 12:22PM – 2:13PM	Brahma Until 4:04PM	Muruqa: Clear	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 1
	215134468		Rahu 5:57PM – 7:48PM	Kaulava Until 8:03AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dvadashi* Until 9:15PM		Moon – Clear		Sivaloka Day	
		Chaitra•Chaitra					

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Tallinn, Estonia Sun 11
	Meena Rasi: 4.22	Tithi 28	Gulika 2:14PM – 4:06PM	Uttaraproshtapada Until 6:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Sarvari 5122
			Yama 10:29AM – 12:22PM	Indra Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 1
	215134468		Rahu 6:45AM – 8:37AM	Gara Until 10:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Trayodashi* Until 11:42PM		Moon – Clear		Sivaloka Day	
		Chaitra•Chaitra					
		<i>Pradosha Vrata (Fasting)</i>					

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tallinn, Estonia Sun 12
	Meena Rasi: 16.14	Tithi 29	Gulika 12:21PM – 2:14PM	Uttaraproshtapada Until 6:51AM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Sarvari 5122
			Yama 8:36AM – 10:29AM	Vaidhriti* Until 5:53PM	Muruqa: Clear	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 1
	215134468		Rahu 4:07PM – 6:00PM	Visti Until 12:56PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Chaturdashi* Until 2:06AM Wed		Moon – Clear		Sivaloka Day	
		Chaitra•Chaitra					
		Until 6:51AM					
		Then Creative Work - Siddha Yoga					

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tallinn, Estonia Sun 13
	Retreat Star		Gulika 10:28AM – 12:21PM	Revati Until 9:35AM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Sarvari 5122
	Meena Rasi: 28.08	Tithi 30	Yama 6:41AM – 8:34AM	Vishkambha* Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 1
	215134468		Rahu 12:21PM – 2:15PM	Catuspada Until 3:17PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga	Amavasya* Until 4:23AM Thu		Moon – Clear		Sivaloka Day	
		Chaitra•Chaitra					

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Tallinn, Estonia Sun 14
	Mesha Rasi: 10.04	Tithi 1	Gulika 8:33AM – 10:27AM	Ashvini Until 12:31PM	Ganesha: Red	<i>Sunrise:</i> 4:44AM	Sarvari 5122
			Yama 4:44AM – 6:39AM	Priti Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 7:58PM	Moon 4 - Phase 1
	225134468		Rahu 2:15PM – 4:09PM	Kintughna Until 5:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga	Prathama* Until 6:29AM Fri		Moon – White		Sivaloka Day	
		Vaisaka•Chaitra					
		Until 12:31PM					
		Then Creative Work - Siddha Yoga					

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tallinn, Estonia Sun 15
Mesha Rasi: 22.04	Tithi 1 – 2	Gulika 6:36AM – 8:31AM	Bharani Until 3:06PM	Ganesha: Red	<i>Sunrise:</i> 4:42AM		Sarvari 5122	
		Yama 4:10PM – 6:05PM	Ayushman Until 7:59PM	Muruḡa: Clear	<i>Sunset:</i> 8:00PM		Moon 4 - Phase 2	
		225134469 Rahu 10:26AM – 12:21PM	Balava Until 7:28PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 6:29AM	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Tallinn, Estonia Sun 16
Vrishabha Rasi: 4.11	Tithi 2 – 3	Gulika 4:39AM – 6:34AM	Krittika Until 5:16PM	Ganesha: Red	<i>Sunrise:</i> 4:39AM		Sarvari 5122	
		Yama 2:16PM – 4:12PM	Saubhagya Until 8:19PM	Muruḡa: Clear	<i>Sunset:</i> 8:02PM		Moon 4 - Phase 2	
		225134469 Rahu 8:30AM – 10:25AM	Taitila Until 9:11PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 8:21AM	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Tallinn, Estonia Sun 17
Vrishabha Rasi: 16.25	Tithi 3 – 4	Gulika 4:13PM – 6:09PM	Rohini Until 7:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM		Sarvari 5122	
		Yama 12:21PM – 2:17PM	Sobhana Until 8:24PM	Muruḡa: Clear	<i>Sunset:</i> 8:05PM		Moon 4 - Phase 2	
		235134469 Rahu 6:09PM – 8:05PM	Vanija Until 10:32PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 9:53AM	Moon – Yellow		Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tallinn, Estonia Sun 18
Vrishabha Rasi: 28.48	Tithi 4 – 5	Gulika 2:17PM – 4:14PM	Mrigashira Until 9:00PM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM		Sarvari 5122	
Family Home Evening		Yama 10:24AM – 12:20PM	Athiganda* Until 8:07PM	Muruḡa: Clear	<i>Sunset:</i> 8:07PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	235134469 Rahu 6:30AM – 8:27AM	Bava Until 11:27PM	Nataraja: Clear			3rd Phase	
Until 9:00PM			Chaturthi* Until 11:02AM	Moon – Yellow		Devaloka Day		
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra				

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tallinn, Estonia Sun 19
Mithuna Rasi: 11.24	Tithi 5 – 6	Gulika 12:20PM – 2:18PM	Ardra Until 9:55PM	Ganesha: Blue	<i>Sunrise:</i> 4:31AM		Sarvari 5122	
		Yama 8:26AM – 10:23AM	Sukarma Until 7:27PM	Muruḡa: Clear	<i>Sunset:</i> 8:10PM		Moon 4 - Phase 2	
		236134469 Rahu 4:15PM – 6:12PM	Kaulava Until 11:49PM	Nataraja: Clear			3rd Phase	
Routine Work	Marana Yoga		Panchami Until 11:41AM	Moon – Yellow		Bhuloka Day		
Until 9:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tallinn, Estonia Sun 20
Mithuna Rasi: 24.16	Tithi 6 – 7	Gulika 10:22AM – 12:20PM	Punarvasu Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:28AM		Sarvari 5122	
		Yama 6:26AM – 8:24AM	Dhriti Until 6:19PM	Muruḡa: Clear	<i>Sunset:</i> 8:12PM		Moon 4 - Phase 2	
		246134469 Rahu 12:20PM – 2:18PM	Gara Until 11:34PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 11:45AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tallinn, Estonia Sun 21
Kataka Rasi: 7.27	Tithi 7 – 8	Gulika 8:23AM – 10:21AM	Pushya Until 10:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:26AM		Sarvari 5122	
		Yama 4:26AM – 6:24AM	Shula* Until 4:39PM	Muruḡa: Clear	<i>Sunset:</i> 8:14PM		Moon 4 - Phase 2	
		246134469 Rahu 2:19PM – 4:17PM	Visti Until 10:40PM	Nataraja: Clear			Ashtami	
Creative Work	Amrita Yoga		Saptami Until 11:11AM	Moon – Blue		Devaloka Day		
Until 10:23PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tallinn, Estonia Sun 22
Kataka Rasi: 21	Tithi 8 – 9	Gulika 6:20AM – 8:20AM	Ashlesha* Until 9:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:20AM		Sarvari 5122	
		Yama 4:19PM – 6:19PM	Ganda* Until 2:27PM	Muruḡa: Clear	<i>Sunset:</i> 8:19PM		Moon 4 - Phase 2	
		246134469 Rahu 10:20AM – 12:20PM	Balava Until 9:06PM	Nataraja: Clear			Navami	
Routine Work	Marana Yoga		Ashtami* Until 9:57AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1	Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tallinn, Estonia Sun 23
	Simha Rasi: 4.56	Tithi 9 – 10	Gulika 4:18AM – 6:18AM	Magha* Until 8:06PM	Ganesha: White	<i>Sunrise:</i> 4:18AM	Sutra 20
	256134469	Rahu	Yama 2:20PM – 4:21PM	Vriddhi Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 8:21PM	Sarvari 5122
	Creative Work Amrita Yoga Until 8:06PM Then Creative Work - Siddha Yoga		8:19AM – 10:19AM	Taitila Until 6:55PM	Nataraja: Clear		Moon 4 - Phase 3 4th Phase
			Navami* Until 8:04AM	Moon – Red	Vaisaka*Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tallinn, Estonia Sun 24
	Simha Rasi: 19.16	Tithi 11	Gulika 4:22PM – 6:23PM	Purvaphalguni Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 4:15AM	Sutra 21
	256134469	Rahu	Yama 12:19PM – 2:21PM	Dhruva Until 8:34AM	Muruqa: Clear	<i>Sunset:</i> 8:24PM	Sarvari 5122
	Creative Work Siddha Yoga Until 6:08PM Then Creative Work - Amrita Yoga		6:23PM – 8:24PM	Vanija Until 4:11PM	Nataraja: Clear		Moon 4 - Phase 3 4th Phase
			Ekadashi Until 2:38AM Mon	Moon – Red	Vaisaka*Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Tallinn, Estonia Sun 25
	Kanya Rasi: 3.57	Tithi 12	Gulika 2:21PM – 4:23PM	Uttaraphalguni Until 3:36PM	Ganesha: Clear	<i>Sunrise:</i> 4:13AM	Sutra 22
	256234469	Rahu	Yama 10:18AM – 12:19PM	Harshana Until 1:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 8:26PM	Sarvari 5122
	Creative Work Siddha Yoga		6:14AM – 8:16AM	Bava Until 1:02PM	Nataraja: Clear		Moon 4 - Phase 3 4th Phase
			Dvadashi Until 11:20PM	Moon – Red	Vaisaka*Chaitra	Devaloka Day	

4	Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tallinn, Estonia Sun 26
	Kanya Rasi: 18.53	Tithi 13	Gulika 12:19PM – 2:22PM	Hasta Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:10AM	Sutra 23
	267234469	Rahu	Yama 8:18AM – 10:17AM	Vajra* Until 9:09PM	Muruqa: Clear	<i>Sunset:</i> 8:29PM	Sarvari 5122
	Creative Work Siddha Yoga		4:24PM – 6:26PM	Kaulava Until 9:36AM	Nataraja: Clear		Moon 4 - Phase 3 4th Phase
			Trayodashi Until 7:48PM	Moon – Green	Vaisaka*Chaitra	Devaloka Day	
<i>Pradosha Vrata</i>							

5	Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Tallinn, Estonia Sun 27
	Tula Rasi: 3.56	Tithi 14 – 15	Gulika 10:16AM – 12:19PM	Chitra Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 4:08AM	Sutra 24
	267234469	Rahu	Yama 6:11AM – 8:13AM	Siddhi Until 5:06PM	Muruqa: Clear	<i>Sunset:</i> 8:31PM	Sarvari 5122
	Creative Work Siddha Yoga		12:19PM – 2:22PM	Gara Until 6:02AM	Nataraja: Clear		Moon 4 - Phase 3 4th Phase
			Chaturdashi* Until 4:14PM	Moon – Green	Vaisaka*Chaitra	Devaloka Day	

	Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tallinn, Estonia Sun 27
	Copper Retreat Star		Gulika 8:12AM – 10:16AM	Svati Until 7:28AM	Ganesha: Clear	<i>Sunrise:</i> 4:05AM	Sutra 25
	Tula Rasi: 18.59	Tithi 15 – 16	Yama 4:05AM – 6:09AM	Vyatipata* Until 1:09PM	Muruqa: Clear	<i>Sunset:</i> 8:33PM	Sarvari 5122
	267234469	Rahu	2:23PM – 4:26PM	Balava Until 11:07PM	Nataraja: Clear		Moon 4 - Phase 3 Purnima
			Budha Purnima (Tamil Nadu)	Purnima* Until 12:45PM	Moon – Green	Vaisaka*Chaitra	Devaloka Day

Friday, May 8, 2020	Silver Retreat Star		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Tallinn, Estonia Sun 26
	Silver Retreat Star		Gulika 6:07AM – 8:11AM	Anuradha Until 3:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:03AM	Sutra 26
	Vrischika Rasi: 3.52	Tithi 16 – 17	Yama 4:27PM – 6:31PM	Variyan Until 9:25AM	Muruqa: Clear	<i>Sunset:</i> 8:36PM	Sarvari 5122
	277234469	Rahu	10:15AM – 12:19PM	Taitila Until 8:07PM	Nataraja: Clear		Moon 4 - Phase 3 Prathama
			Prathama* Until 9:33AM	Moon – Orange	Vaisaka*Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda