



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Tula Rasi: 25.34      Tithi 17 – 18

274483468

Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**      3:10PM – 4:49PM  
Yama      11:54AM – 1:32PM  
**Rahu**      4:49PM – 6:27PM

**Vishakha** **Until 7:28PM**  
Siddhi **Until 8:09AM**  
Vanija **Until 2:23AM Mon**  
**Dvitiya** **Until 3:01PM**

**Ganesha:** Blue      *Sunrise:* 5:21AM  
**Muruqa:** Yellow      *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon – Orange

**Chaitra•Chaitra**

Shanghai, China  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 9.17      Tithi 18 – 19

**Family Home Evening**

Creative Work      Siddha Yoga

274483468

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha Nakshatra Varyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**      1:32PM – 3:11PM  
Yama      10:15AM – 11:54AM  
**Rahu**      6:59AM – 8:37AM

**Anuradha** **Until 7:13PM**  
Variyan **Until 6:00AM**  
Bava **Until 1:39AM Tue**  
**Tritiya** **Until 1:54PM**

**Ganesha:** Blue      *Sunrise:* 5:20AM  
**Muruqa:** Yellow      *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon – Orange

**Chaitra•Chaitra**

Shanghai, China  
Sun 1      Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 22.34      Tithi 19 – 20

Routine Work      Marana Yoga

Until 7:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**      11:54AM – 1:32PM  
Yama      8:36AM – 10:15AM  
**Rahu**      3:11PM – 4:49PM

**Jyeshtha\*** **Until 7:35PM**  
Parigha\* **Until 3:27AM Wed**  
Kaulava **Until 1:43AM Wed**  
**Chaturthi\*** **Until 1:33PM**

**Ganesha:** Blue      *Sunrise:* 5:19AM  
**Muruqa:** Yellow      *Sunset:* 6:28PM  
**Nataraja:** Purple  
Moon – Orange

**Chaitra•Chaitra**

Shanghai, China  
Sun 2      Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 5.26      Tithi 20 – 21

Routine Work      Marana Yoga

Until 9:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**      10:15AM – 11:53AM  
Yama      6:57AM – 8:36AM  
**Rahu**      11:53AM – 1:32PM

**Mula\*** **Until 9:04PM**  
Shiva **Until 3:09AM Thu**  
Gara **Until 2:36AM Thu**  
**Panchami** **Until 2:02PM**

**Ganesha:** Yellow      *Sunrise:* 5:18AM  
**Muruqa:** Yellow      *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon – Light Blue

**Chaitra•Chaitra**

Shanghai, China  
Sun 3      Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 17.56      Tithi 21 – 22

Creative Work      Siddha Yoga

Until 11:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\* Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**      8:35AM – 10:14AM  
Yama      5:17AM – 6:56AM  
**Rahu**      1:32PM – 3:11PM

**Purvashadha\*** **Until 11:08PM**  
Siddha **Until 3:23AM Fri**  
Visti **Until 4:12AM Fri**  
**Shashthi\*** **Until 3:18PM**

**Ganesha:** Yellow      *Sunrise:* 5:17AM  
**Muruqa:** Yellow      *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Light Blue

**Chaitra•Chaitra**

Shanghai, China  
Sun 4      Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**5**

**Friday, April 26, 2019**

Makara Rasi: 0.07      Tithi 22 – 23

Routine Work      Marana Yoga

Until 1:35AM Sat

Then Creative Work - Siddha Yoga

284583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**      6:55AM – 8:34AM  
Yama      3:12PM – 4:51PM  
**Rahu**      10:14AM – 11:53AM

**Uttarashadha** **Until 1:35AM Sat**  
Sadhya **Until 4:04AM Sat**  
Balava **Until 6:22AM Sat**  
**Saptami** **Until 5:13PM**

**Ganesha:** Red      *Sunrise:* 5:16AM  
**Muruqa:** Yellow      *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Light Blue

**Chaitra•Chaitra**

Shanghai, China  
Sun 5      Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**D**

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 12.05      Tithi 23

Creative Work      Siddha Yoga

Until 4:44AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**      5:15AM – 6:54AM  
Yama      1:32PM – 3:12PM  
**Rahu**      8:34AM – 10:13AM

**Shravana** **Until 4:44AM Sun**  
Subha **Until 5:01AM Sun**  
Balava **Until 6:22AM**  
**Ashtami\*** **Until 7:34PM**

**Ganesha:** Green      *Sunrise:* 5:15AM  
**Muruqa:** Yellow      *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Purple

**Chaitra•Chaitra**

Shanghai, China  
Sun 6      Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Sunday, April 28, 2019**

**Retreat Star**

Makara Rasi: 23.57      Tithi 24

Routine Work      Marana Yoga

Until 7:48AM Mon

Then Creative Work - Siddha Yoga

294583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      3:12PM – 4:52PM  
Yama      11:53AM – 1:32PM  
**Rahu**      4:52PM – 6:31PM

**Dhanishtha** **Until 7:48AM Mon**  
Sukla **Until 6:01AM Mon**  
Taitila **Until 8:51AM**  
**Navami\*** **Until 10:06PM**

**Ganesha:** Green      *Sunrise:* 5:14AM  
**Muruqa:** Yellow      *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Purple

**Chaitra•Chaitra**

Shanghai, China  
Sun 7      Sutra 14  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

<b>Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China Sun 8 Sutra 15
<b>1</b>		<b>Gulika</b> 1:32PM – 3:12PM	<b>Dhanishtha</b> Until 7:48AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:13AM	Vikarin 5121
Kumbha Rasi: 5.46	Tithi 25	Yama 10:13AM – 11:53AM	Sukla Until 6:01AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 3
<b>Family Home Evening</b>	294583469	<b>Rahu</b> 6:53AM – 8:33AM	Vanija Until 11:24AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:36AM Tue	Moon – Purple		
				<b>Chaitra*Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China Sun 9 Sutra 16
<b>2</b>		<b>Gulika</b> 11:52AM – 1:33PM	<b>Shatabhishak</b> Until 10:34AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:12AM	Vikarin 5121
Kumbha Rasi: 17.38	Tithi 26	Yama 8:32AM – 10:12AM	Brahma Until 6:57AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3
<b>Routine Work</b>	294583469	<b>Rahu</b> 3:13PM – 4:53PM	Bava Until 1:46PM	<b>Nataraja:</b> Clear		2nd Phase
Marana Yoga			<b>Ekadashi*</b> Until 2:49AM Wed	Moon – Purple		
				<b>Chaitra*Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China Sun 10 Sutra 17
<b>3</b>		<b>Gulika</b> 10:12AM – 11:52AM	<b>Purvaproshtapada*</b> Until 1:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:11AM	Vikarin 5121
Kumbha Rasi: 29.37	Tithi 27	Yama 6:51AM – 8:32AM	Indra Until 7:39AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3
<b>Creative Work</b>	214583469	<b>Rahu</b> 11:52AM – 1:33PM	Kaulava Until 3:47PM	<b>Nataraja:</b> Clear		2nd Phase
Amrita Yoga			<b>Dvadashi*</b> Until 4:36AM Thu	Moon – Clear		
Until 1:21PM				<b>Chaitra*Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 11 Sutra 18
<b>4</b>		<b>Gulika</b> 8:31AM – 10:12AM	<b>Uttaraproshtapada</b> Until 3:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:10AM	Vikarin 5121
Meena Rasi: 11.46	Tithi 28	Yama 5:10AM – 6:51AM	Vaidhriti* Until 7:59AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 3
<b>Creative Work</b>	214583469	<b>Rahu</b> 1:33PM – 3:13PM	Gara Until 5:19PM	<b>Nataraja:</b> Clear		2nd Phase
Siddha Yoga			<b>Trayodashi*</b> Until 5:52AM Fri	Moon – Clear		
				<b>Chaitra*Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

<b>Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti* Karana Chaturdashyam Titau				Shanghai, China Sun 12 Sutra 19
<b>5</b>		<b>Gulika</b> 6:50AM – 8:31AM	<b>Revati</b> Until 5:01PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:09AM	Vikarin 5121
Meena Rasi: 24.08	Tithi 29	Yama 3:13PM – 4:54PM	Vishkambha* Until 7:56AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 3
<b>Creative Work</b>	215583469	<b>Rahu</b> 10:11AM – 11:52AM	Visti Until 6:19PM	<b>Nataraja:</b> Clear		2nd Phase
Siddha Yoga			<b>Chaturdashi*</b> Until 6:36AM Sat	Moon – Clear		
Until 5:01PM				<b>Chaitra*Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Shanghai, China Sun 13 Sutra 20
<b>Retreat Star</b>		<b>Gulika</b> 5:08AM – 6:49AM	<b>Ashvini</b> Until 6:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:08AM	Vikarin 5121
Mesha Rasi: 6.46	Tithi 29 – 30	Yama 1:33PM – 3:14PM	Priti Until 7:28AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3
<b>Creative Work</b>	225583469	<b>Rahu</b> 8:30AM – 10:11AM	Catuspada Until 6:47PM	<b>Nataraja:</b> Clear		Amavasya
Siddha Yoga			<b>Chaturdashi*</b> Until 6:36AM	Moon – White		
				<b>Chaitra*Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Shanghai, China Sun 14 Sutra 21
<b>Retreat Star</b>		<b>Gulika</b> 3:14PM – 4:55PM	<b>Bharani</b> Until 6:55PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	Vikarin 5121
Mesha Rasi: 19.38	Tithi 30 – 1	Yama 11:52AM – 1:33PM	Ayushman Until 6:34AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3
<b>Routine Work</b>	225583469	<b>Rahu</b> 4:55PM – 6:36PM	Kintughna Until 6:43PM	<b>Nataraja:</b> Clear		Prathama
Prabalarishta Yoga			<b>Amavasya*</b> Until 6:47AM	Moon – White		
Until 6:55PM				<b>Vaisaka*Chaitra</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Shanghai, China Sun 15 Sutra 22	
<b>1</b>		<b>Gulika</b> 1:33PM – 3:14PM	<b>Krittika</b> <b>Until 6:58PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:07AM</i>	Vikarin 5121
Virshabha Rasi: 2.44	Tithi 1 – 2	Yama 10:10AM – 11:52AM	Sobhana <b>Until 3:43AM Tue</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:37PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:48AM – 8:29AM	Balava <b>Until 6:13PM</b>	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Prathama* Until 6:30AM</b>	<b>Bhuloka Day</b>	
Until 6:58PM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Shanghai, China Sun 16 Sutra 23	
<b>2</b>		<b>Gulika</b> 11:52AM – 1:33PM	<b>Rohini</b> <b>Until 6:56PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:06AM</i>	Vikarin 5121
Virshabha Rasi: 16.04	Tithi 3	Yama 8:29AM – 10:10AM	Athiganda* <b>Until 1:50AM Wed</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:38PM</i>	Moon 4 - Phase 4
	235583469	<b>Rahu</b> 3:15PM – 4:56PM	Taitila <b>Until 5:21PM</b>	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Taitiya Until 4:46AM Wed</b>	<b>Bhuloka Day</b>	
Until 6:56PM		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Vanija/Visiti* Karana Chaturthyam Titau		Shanghai, China Sun 17 Sutra 24	
<b>3</b>		<b>Gulika</b> 10:10AM – 11:52AM	<b>Mrigashira</b> <b>Until 6:27PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:05AM</i>	Vikarin 5121
Virshabha Rasi: 29.34	Tithi 4	Yama 6:47AM – 8:28AM	Sukarma <b>Until 11:44PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:38PM</i>	Moon 4 - Phase 4
	235583469	<b>Rahu</b> 11:52AM – 1:33PM	Vanija <b>Until 4:10PM</b>	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 3:27AM Thu</b>	<b>Bhuloka Day</b>	
Until 6:58PM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Shanghai, China Sun 18 Sutra 25	
<b>4</b>		<b>Gulika</b> 8:28AM – 10:10AM	<b>Ardra</b> <b>Until 5:35PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:04AM</i>	Vikarin 5121
Mithuna Rasi: 13.15	Tithi 5	Yama 5:04AM – 6:46AM	Dhriti <b>Until 9:28PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:39PM</i>	Moon 4 - Phase 4
	235583469	<b>Rahu</b> 1:33PM – 3:15PM	Bava <b>Until 2:43PM</b>	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Panchami Until 1:54AM Fri</b>	<b>Bhuloka Day</b>	
Until 5:35PM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Shanghai, China Sun 19 Sutra 26	
<b>5</b>		<b>Gulika</b> 6:45AM – 8:27AM	<b>Punarvasu</b> <b>Until 4:48PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:03AM</i>	Vikarin 5121
Mithuna Rasi: 27.04	Tithi 6	Yama 3:16PM – 4:58PM	Shula* <b>Until 6:59PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:40PM</i>	Moon 4 - Phase 4
	245583469	<b>Rahu</b> 10:09AM – 11:51AM	Kaulava <b>Until 1:04PM</b>	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 12:09AM Sat</b>	<b>Devaloka Day</b>	
Until 4:48PM				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau		Shanghai, China Sun 20 Sutra 27	
<b>6</b>		<b>Gulika</b> 5:03AM – 6:45AM	<b>Pushya</b> <b>Until 3:40PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:03AM</i>	Vikarin 5121
Kataka Rasi: 11	Tithi 7	Yama 1:34PM – 3:16PM	Ganda* <b>Until 4:22PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:40PM</i>	Moon 4 - Phase 4
	245583469	<b>Rahu</b> 8:27AM – 10:09AM	Gara <b>Until 11:13AM</b>	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 10:12PM</b>	<b>Devaloka Day</b>	
Until 3:40PM				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visiti*/Bava Karana Ashtamyam Titau		Shanghai, China Sun 21 Sutra 28	
<b>Retreat Star</b>		<b>Gulika</b> 3:16PM – 4:59PM	<b>Ashlesha*</b> <b>Until 2:14PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:02AM</i>	Vikarin 5121
Kataka Rasi: 25.04	Tithi 8	Yama 11:51AM – 1:34PM	Vridhhi <b>Until 1:38PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:41PM</i>	Moon 4 - Phase 4
	246583469	<b>Rahu</b> 4:59PM – 6:41PM	Visiti <b>Until 9:11AM</b>	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 8:05PM</b>	<b>Devaloka Day</b>	
Until 2:14PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					


<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Balava/Taitila Karana Navami/Dashamyam Titau		Shanghai, China Sun 22 Sutra 29	
<b>Retreat Star</b>		<b>Gulika</b> 1:34PM – 3:17PM	<b>Magha*</b> <b>Until 12:55PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:01AM</i>	Vikarin 5121
Simha Rasi: 9.13	Tithi 9 – 10	Yama 10:09AM – 11:51AM	Dhruva <b>Until 10:44AM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:42PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 6:44AM – 8:26AM	Balava <b>Until 7:00AM</b>	<b>Nataraja:</b> Clear	Navami
Routine Work Marana Yoga			<b>Navami* Until 5:50PM</b>	<b>Bhuloka Day</b>	
Until 12:55PM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>1</b>		<b>Tuesday, May 14, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 23 Sutra 30	
Simha Rasi: 23.28	Tithi 10 – 11	<b>Gulika</b>	<b>11:51AM – 1:34PM</b>	<b>Purvaphalguni Until 11:22AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:00AM</i>	Vikarin 5121		
		Yama	8:26AM – 10:09AM	Vyaghata* Until 7:46AM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:42PM</i>	Moon 4 - Phase 5		
		256583469 <b>Rahu</b>	<b>3:17PM – 5:00PM</b>	Vanija Until 2:19AM Wed	<b>Nataraja: Clear</b>		4th Phase		
Creative Work	Siddha Yoga					<b>Moon – Red</b>	<b>Bhuloka Day</b>		
Until 11:22AM						<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, May 15, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 24 Sutra 31	
Kanya Rasi: 7.45	Tithi 11 – 12	<b>Gulika</b>	<b>10:08AM – 11:51AM</b>	<b>Uttaraphalguni Until 9:37AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:00AM</i>	Vikarin 5121		
		Yama	6:43AM – 8:26AM	Vajra* Until 1:44AM Thu	<b>Muruqa: Yellow</b>	<i>Sunset: 6:43PM</i>	Moon 4 - Phase 5		
		256583469 <b>Rahu</b>	<b>11:51AM – 1:34PM</b>	Bava Until 11:56PM	<b>Nataraja: Clear</b>		4th Phase		
Creative Work	Amrita Yoga					<b>Moon – Red</b>	<b>Bhuloka Day</b>		
Until 9:37AM						<b>Vaisaka-Vaikasi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, May 16, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 25 Sutra 32	
Kanya Rasi: 22.02	Tithi 12 – 13	<b>Gulika</b>	<b>8:25AM – 10:08AM</b>	<b>Hasta Until 8:11AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 4:59AM</i>	Vikarin 5121		
		Yama	4:59AM – 6:42AM	Siddhi Until 10:49PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:44PM</i>	Moon 4 - Phase 5		
		266583469 <b>Rahu</b>	<b>1:34PM – 3:18PM</b>	Kaulava Until 9:39PM	<b>Nataraja: Clear</b>		4th Phase		
Routine Work	Marana Yoga					<b>Moon – Green</b>	<b>Devaloka Day</b>		
Until 8:11AM						<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>			

<b>4</b>		<b>Friday, May 17, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 26 Sutra 33	
Tula Rasi: 6.13	Tithi 13 – 14	<b>Gulika</b>	<b>6:42AM – 8:25AM</b>	<b>Chitra Until 6:45AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 4:58AM</i>	Vikarin 5121		
		Yama	3:18PM – 5:01PM	Vyatipata* Until 8:05PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:44PM</i>	Moon 4 - Phase 5		
		266583469 <b>Rahu</b>	<b>10:08AM – 11:51AM</b>	Gara Until 7:35PM	<b>Nataraja: Clear</b>		4th Phase		
Creative Work	Siddha Yoga					<b>Moon – Green</b>	<b>Devaloka Day</b>		
						<b>Vaisaka-Vaikasi</b>			

		<b>Saturday, May 18, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Shanghai, China Sun 27 Sutra 34	
Tula Rasi: 20.14	Tithi 14 – 15	<b>Gulika</b>	<b>4:58AM – 6:41AM</b>	<b>Vishakha Until 4:48AM Sun</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 4:58AM</i>	Vikarin 5121		
		Yama	1:35PM – 3:18PM	Variyan Until 5:37PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:45PM</i>	Moon 4 - Phase 5		
		276583469 <b>Rahu</b>	<b>8:25AM – 10:08AM</b>	Bava Until 5:09AM Sun	<b>Nataraja: Clear</b>		Purnima		
Creative Work	Siddha Yoga					<b>Moon – Orange</b>	<b>Bhuloka Day</b>		
Until 4:48AM Sun						<b>Vaisaka-Vaikasi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Routine Work - Marana Yoga									

<b>Silver Retreat Star</b>		<b>Sunday, May 19, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau		Shanghai, China Sutra 35	
Vrischika Rasi: 4	Tithi 16	<b>Gulika</b>	<b>3:19PM – 5:02PM</b>	<b>Anuradha Until 4:33AM Mon</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 4:57AM</i>	Vikarin 5121		
		Yama	11:51AM – 1:35PM	Parigha* Until 3:32PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:46PM</i>	Moon 4 - Phase 5		
		277583469 <b>Rahu</b>	<b>5:02PM – 6:46PM</b>	Balava Until 4:36PM	<b>Nataraja: Clear</b>		Prathama		
Routine Work	Marana Yoga					<b>Moon – Orange</b>	<b>Devaloka Day</b>		
Until 4:33AM Mon						<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga									

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 17.27 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 4:47AM Tue  
Then Creative Work - Amrita Yoga

277583469

**Gulika** 1:35PM – 3:19PM  
Yama 10:08AM – 11:52AM  
**Rahu** 6:40AM – 8:24AM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

**Jyeshtha\* Until 4:47AM Tue**  
Shiva Until 1:56PM  
Taitila Until 3:56PM  
**Dvitiya Until 3:49AM Tue**

**Ganesha:** Yellow *Sunrise:* 4:57AM  
**Muruqa:** Yellow *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**Devaloka Day**

Shanghai, China  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 0.34 Tithi 18  
Creative Work Amrita Yoga

287583469

**Gulika** 11:52AM – 1:35PM  
Yama 8:24AM – 10:08AM  
**Rahu** 3:19PM – 5:03PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Mula\* Until 6:00AM Wed**  
Siddha Until 12:50PM  
Vanija Until 3:55PM  
**Tritiya Until 4:10AM Wed**

**Ganesha:** Blue *Sunrise:* 4:56AM  
**Muruqa:** Yellow *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Shanghai, China  
Sun 1 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 13.2 Tithi 19  
Creative Work Amrita Yoga

287683469

**Gulika** 10:08AM – 11:52AM  
Yama 6:40AM – 8:24AM  
**Rahu** 11:52AM – 1:36PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

**Mula\* Until 6:00AM**  
Sadhya Until 12:18PM  
Bava Until 4:37PM  
**Chaturthi\* Until 5:12AM Thu**

**Ganesha:** Red *Sunrise:* 4:56AM  
**Muruqa:** Yellow *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Shanghai, China  
Sun 2 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 25.47 Tithi 20  
Creative Work Siddha Yoga  
Until 7:43AM  
Then Routine Work - Marana Yoga

287683469

**Gulika** 8:23AM – 10:08AM  
Yama 4:55AM – 6:39AM  
**Rahu** 1:36PM – 3:20PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Purvashadha\* Until 7:43AM**  
Subha Until 12:19PM  
Kaulava Until 5:59PM  
**Panchami Until 6:51AM Fri**

**Ganesha:** Red *Sunrise:* 4:55AM  
**Muruqa:** Yellow *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Shanghai, China  
Sun 3 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**4**

**Friday, May 24, 2019**

Makara Rasi: 7.58 Tithi 20 – 21  
Routine Work Marana Yoga

287683469

**Gulika** 6:39AM – 8:23AM  
Yama 3:20PM – 5:05PM  
**Rahu** 10:07AM – 11:52AM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha\*/Shravana Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Uttarashadha Until 9:52AM**  
Sukla Until 12:45PM  
Gara Until 7:54PM  
**Panchami Until 6:51AM**

**Ganesha:** Red *Sunrise:* 4:55AM  
**Muruqa:** Yellow *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Shanghai, China  
Sun 4 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**5**

**Saturday, May 25, 2019**

Makara Rasi: 19.58 Tithi 21 – 22  
Creative Work Siddha Yoga

297683469

**Gulika** 4:54AM – 6:39AM  
Yama 1:36PM – 3:21PM  
**Rahu** 8:23AM – 10:07AM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Shravana Until 12:47PM**  
Brahma Until 1:31PM  
Visti Until 10:11PM  
**Shashthi\* Until 8:59AM**

**Ganesha:** Green *Sunrise:* 4:54AM  
**Muruqa:** Yellow *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Shanghai, China  
Sun 5 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 1.5 Tithi 22 – 23  
Routine Work Marana Yoga  
Until 3:44PM  
Then Creative Work - Siddha Yoga

398683469

**Gulika** 3:21PM – 5:06PM  
Yama 11:52AM – 1:36PM  
**Rahu** 5:06PM – 6:50PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Dhanishtha Until 3:44PM**  
Indra Until 2:29PM  
Balava Until 12:37AM Mon  
**Saptami Until 11:22AM**

**Ganesha:** Blue *Sunrise:* 4:54AM  
**Muruqa:** Yellow *Sunset:* 6:50PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Shanghai, China  
Sun 6 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**

**Retreat Star**

Kumbha Rasi: 13.42 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 6:32PM  
Then Routine Work - Marana Yoga

398683469

**Gulika** 1:37PM – 3:21PM  
Yama 10:07AM – 11:52AM  
**Rahu** 6:38AM – 8:23AM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Shatabhishak Until 6:32PM**  
Vaidhriti\* Until 3:25PM  
Taitila Until 2:57AM Tue  
**Ashtami\* Until 1:47PM**

**Ganesha:** Blue *Sunrise:* 4:53AM  
**Muruqa:** Yellow *Sunset:* 6:51PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Shanghai, China  
Sun 7 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

<b>1</b>	<b>Tuesday, May 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Shanghai, China Sun 8
	Kumbha Rasi: 25.37	Tithi 24 – 25	<b>Gulika</b> 11:52AM – 1:37PM	<b>Purvaproshtapada* Until 9:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121
			Yama 8:23AM – 10:07AM	Vishkambha* Until 4:12PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7
			318683469 <b>Rahu</b> 3:22PM – 5:07PM	Vanija Until 5:00AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga			<b>Navami* Until 4:00PM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 9:26PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Wednesday, May 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 9
	Meena Rasi: 7.38	Tithi 25 – 26	<b>Gulika</b> 10:07AM – 11:52AM	<b>Uttaraproshtapada Until 11:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121
			Yama 6:38AM – 8:22AM	Priti Until 4:43PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7
			318683469 <b>Rahu</b> 11:52AM – 1:37PM	Bava Until 6:34AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Dashami Until 5:50PM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 11:45PM				<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga							


<b>3</b>	<b>Thursday, May 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China Sun 10
	Meena Rasi: 19.52	Tithi 26	<b>Gulika</b> 8:22AM – 10:07AM	<b>Revati Until 1:22AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121
			Yama 4:52AM – 6:37AM	Ayushman Until 4:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7
			318683469 <b>Rahu</b> 1:37PM – 3:22PM	Bava Until 6:34AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Ekadashi* Until 7:07PM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 1:22AM Fri				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							


<b>4</b>	<b>Friday, May 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China Sun 11
	Mesha Rasi: 2.2	Tithi 27	<b>Gulika</b> 6:37AM – 8:22AM	<b>Ashvini Until 2:42AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Vikarin 5121
			Yama 3:23PM – 5:08PM	Saubhagya Until 4:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 5 - Phase 7
			328683469 <b>Rahu</b> 10:07AM – 11:53AM	Kaulava Until 7:33AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Dvadashi* Until 7:47PM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 2:42AM Sat				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Saturday, June 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 12
	Mesha Rasi: 15.06	Tithi 28	<b>Gulika</b> 4:52AM – 6:37AM	<b>Bharani Until 3:14AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Vikarin 5121
			Yama 1:38PM – 3:23PM	Sobhana Until 3:30PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 7
			329683469 <b>Rahu</b> 8:22AM – 10:07AM	Gara Until 7:54AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Trayodashi* Until 7:49PM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

*Pradosha Vrata (Fasting)*

<b>6</b>	<b>Sunday, June 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China Sun 13
	Mesha Rasi: 28.11	Tithi 29	<b>Gulika</b> 3:23PM – 5:09PM	<b>Krittika Until 3:02AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Vikarin 5121
			Yama 11:53AM – 1:38PM	Athiganda* Until 2:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 7
			329683469 <b>Rahu</b> 5:09PM – 6:54PM	Visti Until 7:37AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 7:14PM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
Until 3:02AM Mon				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

	<b>Monday, June 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 1:38PM – 3:24PM	<b>Rohini Until 2:37AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:51AM	Vikarin 5121
	Vrishabha Rasi: 11.35	Tithi 30	Yama 10:08AM – 11:53AM	Sukarma Until 12:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 7
	<b>Family Home Evening</b>		339683469 <b>Rahu</b> 6:37AM – 8:22AM	Catuspada Until 6:44AM	<b>Nataraja:</b> Clear		Amavasya
Creative Work Amrita Yoga			<b>Amavasya* Until 6:05PM</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>	
Until 2:37AM Tue				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

	<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Shanghai, China Sun 15
	<b>Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:39PM	<b>Mrigashira Until 1:39AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:51AM	Vikarin 5121
	Vrishabha Rasi: 25.16	Tithi 1 – 2	Yama 8:22AM – 10:08AM	Dhriti Until 10:01AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 7
			339683469 <b>Rahu</b> 3:24PM – 5:10PM	Balava Until 3:35AM Wed	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 4:30PM</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China Sun 16 Sutra 52
	Mithuna Rasi: 9.11	Tithi 2 – 3	<b>Gulika</b> 10:08AM – 11:53AM	<b>Ardra Until 12:14AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:51AM	Vikarin 5121
			Yama 6:37AM – 8:22AM	Shula* Until 7:28AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 8
			339683461 <b>Rahu</b> 11:53AM – 1:39PM	Taitila Until 1:31AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 2:34PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 12:14AM Thu				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Shanghai, China Sun 17 Sutra 53
	Mithuna Rasi: 23.18	Tithi 3 – 4	<b>Gulika</b> 8:22AM – 10:08AM	<b>Punarvasu Until 10:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
			Yama 4:51AM – 6:36AM	Vriddhi Until 1:48AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 8
			349683461 <b>Rahu</b> 1:39PM – 3:25PM	Vanija Until 11:15PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work Amrita Yoga			<b>Tritiya Until 12:23PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 18 Sutra 54
	Kataka Rasi: 7.32	Tithi 4 – 5	<b>Gulika</b> 6:36AM – 8:22AM	<b>Pushya Until 9:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
			Yama 3:25PM – 5:11PM	Dhruva Until 10:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 8
			349683461 <b>Rahu</b> 10:08AM – 11:54AM	Bava Until 8:54PM	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work Marana Yoga			<b>Chaturthi* Until 10:04AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Shanghai, China Sun 19 Sutra 55
	Kataka Rasi: 21.48	Tithi 5 – 6	<b>Gulika</b> 4:51AM – 6:36AM	<b>Ashlesha* Until 7:38PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
			Yama 1:40PM – 3:25PM	Vyaghata* Until 7:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 8
			349683461 <b>Rahu</b> 8:22AM – 10:08AM	Kaulava Until 6:32PM	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work Marana Yoga			<b>Panchami Until 7:42AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 7:38PM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>5</b>	<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saplamyam Titau				Shanghai, China Sun 20 Sutra 56
	Simha Rasi: 6.04	Tithi 7	<b>Gulika</b> 3:26PM – 5:12PM	<b>Magha* Until 6:14PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Vikarin 5121
			Yama 11:54AM – 1:40PM	Harshana Until 4:53PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 8
			351683461 <b>Rahu</b> 5:12PM – 6:58PM	Gara Until 4:12PM	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work Marana Yoga			<b>Saptami Until 3:03AM Mon</b>	Moon – Red		<b>Devaloka Day</b>	
Until 6:14PM				<b>Jyeshtha-Vaikasi</b>			
Then Creative Work - Siddha Yoga							

<b>Monday, June 10, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashlamyam Titau				Shanghai, China Sun 21 Sutra 57
	Simha Rasi: 20.17	Tithi 8	<b>Gulika</b> 1:40PM – 3:26PM	<b>Purvaphalguni Until 4:48PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:08AM – 11:54AM	Vajra* Until 2:00PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 8
			351683461 <b>Rahu</b> 6:36AM – 8:22AM	Visti Until 1:58PM	<b>Nataraja:</b> Yellow		Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 12:52AM Tue</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>Tuesday, June 11, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China Sun 22 Sutra 58
	Kanya Rasi: 4.25	Tithi 9	<b>Gulika</b> 11:54AM – 1:40PM	<b>Uttaraphalguni Until 3:21PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Vikarin 5121
			Yama 8:22AM – 10:08AM	Siddhi Until 11:14AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 8
			351683461 <b>Rahu</b> 3:26PM – 5:12PM	Balava Until 11:51AM	<b>Nataraja:</b> Yellow		Navami
Creative Work Amrita Yoga			<b>Navami* Until 10:49PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 3:21PM				<b>Jyeshtha-Vaikasi</b>			
Then Creative Work - Siddha Yoga							


<b>1</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasla/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China
	Kanya Rasi: 18.28	Tithi 10	<b>Gulika</b> 10:09AM – 11:55AM	<b>Hasta</b> <b>Until 2:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	Sun 23 Sutra 59
			Yama 6:36AM – 8:22AM	Vyatipata* Until 8:36AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM	Vikarin 5121
		361683461	<b>Rahu</b> 11:55AM – 1:41PM	Taitila Until 9:53AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9
Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 8:58PM</b>	Moon – Green		4th Phase	
Until 2:21PM				<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China
	Tula Rasi: 2.23	Tithi 11	<b>Gulika</b> 8:23AM – 10:09AM	<b>Chitra</b> <b>Until 1:25PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	Sun 24 Sutra 60
			Yama 4:50AM – 6:36AM	Variyan Until 6:07AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM	Vikarin 5121
		361683461	<b>Rahu</b> 1:41PM – 3:27PM	Vanija Until 8:08AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 7:20PM</b>	Moon – Green		4th Phase	
Until 1:25PM				<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China
	Tula Rasi: 16.08	Tithi 12	<b>Gulika</b> 6:37AM – 8:23AM	<b>Svati</b> <b>Until 12:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	Sun 25 Sutra 61
			Yama 3:27PM – 5:13PM	Shiva Until 1:52AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Vikarin 5121
		361693461	<b>Rahu</b> 10:09AM – 11:55AM	Bava Until 6:39AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 6:00PM</b>	Moon – Green		4th Phase	
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China
	Tula Rasi: 29.43	Tithi 13 – 14	<b>Gulika</b> 4:50AM – 6:37AM	<b>Vishakha</b> <b>Until 12:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Sun 26 Sutra 62
			Yama 1:41PM – 3:28PM	Siddha Until 12:09AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Vikarin 5121
		371693461	<b>Rahu</b> 8:23AM – 10:09AM	Gara Until 4:43AM Sun	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 5:01PM</b>	Moon – Orange		4th Phase	
				<b>Jyeshtha-Ani</b>		<b>Sivaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China
	Vrischika Rasi: 13.03	Tithi 14 – 15	<b>Gulika</b> 3:28PM – 5:14PM	<b>Anuradha</b> <b>Until 12:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Sun 27 Sutra 63
			Yama 11:55AM – 1:42PM	Sadhya Until 10:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Vikarin 5121
		371793461	<b>Rahu</b> 5:14PM – 7:00PM	Visti Until 4:25AM Mon	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 4:29PM</b>	Moon – Orange		4th Phase	
		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		<b>Subha Sivaloka Day</b>	

	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:42PM – 3:28PM	<b>Jyeshtha*</b> <b>Until 12:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Sutra 64
	Vrischika Rasi: 26.08	Tithi 15 – 16	Yama 10:09AM – 11:56AM	Subha Until 9:55PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Vikarin 5121
	<b>Family Home Evening</b>		<b>Rahu</b> 6:37AM – 8:23AM	Balava Until 4:39AM Tue	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 4:27PM</b>	Moon – Orange		Purnima	
				<b>Jyeshtha-Ani</b>		<b>Subha Sivaloka Day</b>	

<b>0</b>	<b>Tuesday, June 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Shanghai, China
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:56AM – 1:42PM	<b>Mula*</b> <b>Until 2:16PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:51AM	Sutra 65
	Dhanus Rasi: 8.58	Tithi 16 – 17	Yama 8:23AM – 10:10AM	Sukla Until 9:26PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Vikarin 5121
			<b>Rahu</b> 3:28PM – 5:15PM	Taitila Until 5:28AM Wed	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9
Creative Work	Amrita Yoga		<b>Prathama*</b> <b>Until 4:58PM</b>	Moon – Light Blue		Prathama	
Until 2:16PM				<b>Jyeshtha-Ani</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Wednesday, June 19, 2019

Gold Retreat Star

Dhanus Rasi: 21.31 Tithi 17

382793461

Creative Work Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara Karana Dvitiyayam Titau

**Gulika** 10:10AM – 11:56AM  
**Yama** 6:37AM – 8:23AM  
**Rahu** 11:56AM – 1:42PM

**Purvashadha\* Until 3:57PM**  
Brahma Until 9:24PM  
Gara Until 6:03PM  
**Dvitiya Until 6:03PM**

**Ganesha:** Clear *Sunrise: 4:51AM*  
**Muruqa:** Blue *Sunset: 7:01PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Shanghai, China  
Sun 1 Sutra 66  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

1

Thursday, June 20, 2019

Makara Rasi: 3.5 Tithi 18

382793461

Routine Work Marana Yoga

Until 5:59PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 8:24AM – 10:10AM  
**Yama** 4:51AM – 6:37AM  
**Rahu** 1:43PM – 3:29PM

**Uttarashadha Until 5:59PM**  
Indra Until 9:47PM  
Vanija Until 6:49AM  
**Tritiya Until 7:40PM**

**Ganesha:** Purple *Sunrise: 4:51AM*  
**Muruqa:** Blue *Sunset: 7:01PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Shanghai, China  
Sun 2 Sutra 67  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

2

Friday, June 21, 2019

Makara Rasi: 15.56 Tithi 19

392793461

Routine Work Marana Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 6:38AM – 8:24AM  
**Yama** 3:29PM – 5:15PM  
**Rahu** 10:10AM – 11:56AM

**Shravana Until 8:46PM**  
Vaidhriti\* Until 10:27PM  
Bava Until 8:40AM  
**Chaturthi\* Until 9:42PM**

**Ganesha:** Clear *Sunrise: 4:51AM*  
**Muruqa:** Blue *Sunset: 7:02PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Shanghai, China  
Sun 3 Sutra 68  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

3

Saturday, June 22, 2019

Makara Rasi: 27.55 Tithi 20

392793461

Creative Work Siddha Yoga

Until 11:39PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 4:51AM – 6:38AM  
**Yama** 1:43PM – 3:29PM  
**Rahu** 8:24AM – 10:10AM

**Dhanishtha Until 11:39PM**  
Vishkambha\* Until 11:21PM  
Kaulava Until 10:51AM  
**Panchami Until 12:00AM Sun**

**Ganesha:** Clear *Sunrise: 4:51AM*  
**Muruqa:** Blue *Sunset: 7:02PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Shanghai, China  
Sun 4 Sutra 69  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

4

Sunday, June 23, 2019

Kumbha Rasi: 9.48 Tithi 21

392793461

Creative Work Siddha Yoga

Until 2:27AM Mon

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 3:30PM – 5:16PM  
**Yama** 11:57AM – 1:43PM  
**Rahu** 5:16PM – 7:02PM

**Shatabhishak Until 2:27AM Mon**  
Priti Until 12:20AM Mon  
Gara Until 1:13PM  
**Shashthi\* Until 2:24AM Mon**

**Ganesha:** Clear *Sunrise: 4:52AM*  
**Muruqa:** Blue *Sunset: 7:02PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Shanghai, China  
Sun 5 Sutra 70  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

5

Monday, June 24, 2019

Kumbha Rasi: 21.4 Tithi 22

312793461

Family Home Evening

Routine Work Marana Yoga

Until 5:29AM Tue

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 1:43PM – 3:30PM  
**Yama** 10:11AM – 11:57AM  
**Rahu** 6:38AM – 8:25AM

**Purvaproshtapada\* Until 5:29AM Tue**  
Ayushman Until 1:12AM Tue  
Visti Until 3:35PM  
**Saptami Until 4:41AM Tue**

**Ganesha:** Yellow *Sunrise: 4:52AM*  
**Muruqa:** Blue *Sunset: 7:02PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Shanghai, China  
Sun 6 Sutra 71  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

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Tuesday, June 25, 2019

Retreat Star

Meena Rasi: 3.35 Tithi 23

312793461

Creative Work Amrita Yoga

Until 8:03AM Wed

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 11:57AM – 1:44PM  
**Yama** 8:25AM – 10:11AM  
**Rahu** 3:30PM – 5:16PM

**Uttaraproshtapada Until 8:03AM Wed**  
Saubhagya Until 1:53AM Wed  
Balava Until 5:45PM  
**Ashtami\* Until 6:40AM Wed**

**Ganesha:** Yellow *Sunrise: 4:52AM*  
**Muruqa:** Blue *Sunset: 7:02PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Shanghai, China  
Sun 7 Sutra 72  
Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

**Sivaloka Day**

Wednesday, June 26, 2019

Retreat Star

Meena Rasi: 15.37 Tithi 23 – 24

312793461

Creative Work Siddha Yoga

Until 8:03AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 10:11AM – 11:58AM  
**Yama** 6:39AM – 8:25AM  
**Rahu** 11:58AM – 1:44PM

**Uttaraproshtapada Until 8:03AM**  
Sobhana Until 2:14AM Thu  
Taitila Until 7:31PM  
**Ashtami\* Until 6:40AM**

**Ganesha:** Yellow *Sunrise: 4:53AM*  
**Muruqa:** Blue *Sunset: 7:03PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Shanghai, China  
Sun 8 Sutra 73  
Vikarin 5121  
Moon 6 - Phase 10  
Navami

**Sivaloka Day**


<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Shanghai, China Sun 9 Sutra 74	
Meena Rasi: 27.51	Tithi 24 – 25	312793461	<b>Gulika</b> 8:25AM – 10:12AM <b>Yama</b> 4:53AM – 6:39AM <b>Rahu</b> 1:44PM – 3:30PM	<b>Revati Until 9:59AM</b> Athiganda* Until 2:06AM Fri Vanija Until 8:43PM <b>Navami* Until 8:10AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Clear	<b>Sunrise:</b> 4:53AM <b>Sunset:</b> 7:03PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 9:59AM Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Shanghai, China Sun 10 Sutra 75	
Mesha Rasi: 10.2	Tithi 25 – 26	322793461	<b>Gulika</b> 6:39AM – 8:26AM <b>Yama</b> 3:30PM – 5:17PM <b>Rahu</b> 10:12AM – 11:58AM	<b>Ashvini Until 11:38AM</b> Sukarma Until 1:27AM Sat Bava Until 9:16PM <b>Dashami Until 9:04AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<b>Sunrise:</b> 4:53AM <b>Sunset:</b> 7:03PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Creative Work Amrita Yoga Until 11:38AM Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Shanghai, China Sun 11 Sutra 76	
Mesha Rasi: 23.1	Tithi 26 – 27	322793461	<b>Gulika</b> 4:54AM – 6:40AM <b>Yama</b> 1:44PM – 3:30PM <b>Rahu</b> 8:26AM – 10:12AM	<b>Bharani Until 12:26PM</b> Dhriti Until 12:14AM Sun Kaulava Until 9:06PM <b>Ekadashi* Until 9:15AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 7:03PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 12:26PM Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau			Shanghai, China Sun 12 Sutra 77	
Vrishabha Rasi: 6.2	Tithi 27 – 28	322793461	<b>Gulika</b> 3:31PM – 5:17PM <b>Yama</b> 11:58AM – 1:44PM <b>Rahu</b> 5:17PM – 7:03PM	<b>Krittika Until 12:22PM</b> Shula* Until 10:25PM Gara Until 8:12PM <b>Dvadashi* Until 8:43AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 7:03PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga								
<i>Pradosha Vrata (Fasting)</i>								

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chatradashyam Titau			Shanghai, China Sun 13 Sutra 78	
Vrishabha Rasi: 19.55	Tithi 28 – 29	332793461	<b>Gulika</b> 1:45PM – 3:31PM <b>Yama</b> 10:12AM – 11:59AM <b>Rahu</b> 6:40AM – 8:26AM	<b>Rohini Until 11:56AM</b> Ganda* Until 8:06PM Visti Until 6:39PM <b>Trayodashi* Until 7:29AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 7:03PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Family Home Evening Creative Work Amrita Yoga								

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Shanghai, China Sun 14 Sutra 79			
<b>Retreat Star</b>		Mithuna Rasi: 3.51	Tithi 30	332793461	<b>Gulika</b> 11:59AM – 1:45PM <b>Yama</b> 8:27AM – 10:13AM <b>Rahu</b> 3:31PM – 5:17PM	<b>Mrigashira Until 10:46AM</b> Vriddhi Until 5:20PM Catuspada Until 4:33PM <b>Amavasya* Until 3:18AM Wed</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 7:03PM	Vikarin 5121 Moon 6 - Phase 11 Amavasya	<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:46AM Then Routine Work - Marana Yoga										
<b>Total Solar Eclipse</b>										

<b>Wednesday, July 3, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Shanghai, China Sun 15 Sutra 80	
Mithuna Rasi: 18.07	Tithi 1	333793461	<b>Gulika</b> 10:13AM – 11:59AM <b>Yama</b> 6:41AM – 8:27AM <b>Rahu</b> 11:59AM – 1:45PM	<b>Ardra Until 8:59AM</b> Dhruva Until 2:12PM Kintughna Until 2:00PM <b>Prathama* Until 12:36AM Thu</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 7:03PM	Vikarin 5121 Moon 6 - Phase 11 Prathama	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China Sun 16 Sutra 81
Kataka Rasi: 2.38	Tithi 2	<b>Gulika</b> 8:27AM – 10:13AM	<b>Punarvasu</b> Until 7:08AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:55AM		Vikarin 5121	
		Yama 4:55AM – 6:41AM	Vyaghata* Until 10:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM		Moon 6 - Phase 12	
Creative Work	Amrita Yoga	343793461 <b>Rahu</b> 1:45PM – 3:31PM	Balava Until 11:10AM	<b>Nataraja:</b> Yellow			3rd Phase	
			<b>Dvitiya</b> Until 9:39PM	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau				Shanghai, China Sun 17 Sutra 82
Kataka Rasi: 17.17	Tithi 3	<b>Gulika</b> 6:42AM – 8:28AM	<b>Ashlesha*</b> Until 2:37AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM		Vikarin 5121	
		Yama 3:31PM – 5:17PM	Harshana Until 7:19AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM		Moon 6 - Phase 12	
Routine Work	Marana Yoga	343793461 <b>Rahu</b> 10:13AM – 11:59AM	Taitila Until 8:10AM	<b>Nataraja:</b> Yellow			3rd Phase	
Until 2:37AM Sat			<b>Tritiya</b> Until 6:37PM	Moon – Blue		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Ashada*Ani</b>				

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 18 Sutra 83
Simha Rasi: 1.58	Tithi 4 – 5	<b>Gulika</b> 4:56AM – 6:42AM	<b>Magha*</b> Until 12:37AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:56AM		Vikarin 5121	
		Yama 1:45PM – 3:31PM	Siddhi Until 12:17AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 6 - Phase 12	
Creative Work	Amrita Yoga	353793461 <b>Rahu</b> 8:28AM – 10:14AM	Bava Until 2:11AM Sun	<b>Nataraja:</b> Yellow			3rd Phase	
Until 12:37AM Sun			<b>Chaturthi*</b> Until 3:37PM	Moon – Red		<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>				

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau				Shanghai, China Sun 19 Sutra 84
Simha Rasi: 16.35	Tithi 5 – 6	<b>Gulika</b> 3:31PM – 5:17PM	<b>Purvaphalguni</b> Until 10:40PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM		Vikarin 5121	
		Yama 12:00PM – 1:45PM	Vyatipata* Until 8:59PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	453793461 <b>Rahu</b> 5:17PM – 7:02PM	Kaulava Until 11:27PM	<b>Nataraja:</b> Yellow			3rd Phase	
Until 10:40PM			<b>Panchami</b> Until 12:46PM	Moon – Red		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Ashada*Ani</b>				

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 20 Sutra 85
Kanya Rasi: 1.03	Tithi 6 – 7	<b>Gulika</b> 1:45PM – 3:31PM	<b>Uttaraphalguni</b> Until 8:52PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:14AM – 12:00PM	Variyan Until 5:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	453793461 <b>Rahu</b> 6:43AM – 8:29AM	Gara Until 9:00PM	<b>Nataraja:</b> Yellow			3rd Phase	
			<b>Chidambaram Abhishekam</b>	Moon – Red		<b>Sivaloka Day</b>		
			<b>Shashthi*</b> Until 10:10AM	<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Shanghai, China Sun 21 Sutra 86
Kanya Rasi: 15.17	Tithi 7 – 8	<b>Gulika</b> 12:00PM – 1:45PM	<b>Hasta</b> Until 7:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM		Vikarin 5121	
		Yama 8:29AM – 10:14AM	Parigha* Until 3:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	463793461 <b>Rahu</b> 3:31PM – 5:16PM	Visti Until 6:54PM	<b>Nataraja:</b> Yellow			Ashtami	
			<b>Saptami</b> Until 7:53AM	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 22 Sutra 87
Kanya Rasi: 29.17	Tithi 8 – 9	<b>Gulika</b> 10:15AM – 12:00PM	<b>Chitra</b> Until 6:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM		Vikarin 5121	
		Yama 6:44AM – 8:29AM	Shiva Until 12:39PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	463793461 <b>Rahu</b> 12:00PM – 1:45PM	Kaulava Until 4:32AM Thu	<b>Nataraja:</b> Yellow			Navami	
			<b>Ashtami*</b> Until 6:00AM	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

1	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 88
	Tula Rasi: 13	Tithi 10	<b>Gulika</b> 8:29AM – 10:15AM	<b>Svati</b> Until 6:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Vikarin 5121
			Yama 4:59AM – 6:44AM	Siddha Until 10:32AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 13
		463893461	<b>Rahu</b> 1:46PM – 3:31PM	Taitila Until 4:00PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Amrita Yoga			<b>Dashami</b> Until 3:32AM Fri	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>		
Until 6:15PM							
Then Creative Work - Siddha Yoga							

2	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 89
	Tula Rasi: 26.28	Tithi 11	<b>Gulika</b> 6:45AM – 8:30AM	<b>Vishakha</b> Until 6:25PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM	Vikarin 5121
			Yama 3:31PM – 5:16PM	Sadhya Until 8:48AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 13
		473893461	<b>Rahu</b> 10:15AM – 12:00PM	Vanija Until 3:13PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 3:00AM Sat	<b>Ashada*Ani</b>	<b>Devaloka Day</b>		

3	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvodashyam Titau				Shanghai, China Sun 25 Sutra 90
	Vrischika Rasi: 9.4	Tithi 12	<b>Gulika</b> 5:00AM – 6:45AM	<b>Anuradha</b> Until 6:54PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Vikarin 5121
			Yama 1:46PM – 3:31PM	Subha Until 7:28AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 13
		473893461	<b>Rahu</b> 8:30AM – 10:15AM	Bava Until 2:56PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Dvodashi</b> Until 2:56AM Sun	<b>Ashada*Ani</b>	<b>Devaloka Day</b>		

4	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 91
	Vrischika Rasi: 22.37	Tithi 13	<b>Gulika</b> 3:31PM – 5:16PM	<b>Jyeshtha*</b> Until 7:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Vikarin 5121
			Yama 12:01PM – 1:46PM	Sukla Until 6:29AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 13
		473893461	<b>Rahu</b> 5:16PM – 7:01PM	Kaulava Until 3:07PM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work Marana Yoga			<b>Trayodashi</b> Until 3:22AM Mon	<b>Ashada*Ani</b>	<b>Devaloka Day</b>		
Until 7:43PM							
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata</i>							

5	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 92
	Dhanus Rasi: 5.2	Tithi 14	<b>Gulika</b> 1:46PM – 3:30PM	<b>Mula*</b> Until 9:18PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:16AM – 12:01PM	Indra Until 5:41AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13
		483893461	<b>Rahu</b> 6:46AM – 8:31AM	Gara Until 3:47PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 4:16AM Tue	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>		
Until 9:18PM							
Then Routine Work - Marana Yoga							

○	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 93
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:01PM – 1:46PM	<b>Purvashadha*</b> Until 11:10PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Vikarin 5121
	Dhanus Rasi: 17.5	Tithi 15	Yama 8:31AM – 10:16AM	Vaidhriti* Until 5:48AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13
		483893461	<b>Rahu</b> 3:30PM – 5:15PM	Visti Until 4:54PM	<b>Nataraja:</b> Yellow		Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 5:37AM Wed	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>		
Until 11:10PM							
Then Routine Work - Prabalarishta Yoga							
			<b>Partial Lunar Eclipse</b> <b>Satguru Purnima</b>				

○	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava Karana Prathamayam Titau				Shanghai, China Sutra 94
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:16AM – 12:01PM	<b>Uttarashadha</b> Until 1:18AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Vikarin 5121
	Makara Rasi: 0.08	Tithi 16	Yama 6:47AM – 8:31AM	Vishkambha* Until 6:14AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13
		484893461	<b>Rahu</b> 12:01PM – 1:46PM	Balava Until 6:28PM	<b>Nataraja:</b> Yellow		Prathama
Creative Work Amrita Yoga			<b>Prathama*</b> Until 7:23AM Thu	<b>Ashada*Ani</b>	<b>Subha Sivaloka Day</b>		
Until 1:18AM Thu							
Then Creative Work - Siddha Yoga							



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 12.16 Tithi 16 – 17

494893462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 8:32AM – 10:16AM  
Yama 5:03AM – 6:47AM  
**Rahu** 1:45PM – 3:30PM

**Shravana Until 4:05AM Fri**  
Vishkambha\* Until 6:14AM  
Taitila Until 8:24PM  
**Prathama\* Until 7:23AM**

**Ganesha:** Clear *Sunrise: 5:03AM*  
**Muruqa:** Blue *Sunset: 6:59PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Shanghai, China  
Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**1**

**Friday, July 19, 2019**

Makara Rasi: 24.17 Tithi 17 – 18

494893462

Creative Work Siddha Yoga

Until 6:57AM Sat  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 6:48AM – 8:32AM  
Yama 3:30PM – 5:14PM  
**Rahu** 10:17AM – 12:01PM

**Dhanishtha Until 6:57AM Sat**  
Priti Until 6:57AM  
Vanija Until 10:37PM  
**Dvitiya Until 9:28AM**

**Ganesha:** Clear *Sunrise: 5:03AM*  
**Muruqa:** Blue *Sunset: 6:59PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Shanghai, China  
Sun 1 Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 6.11 Tithi 18 – 19

494893462

Creative Work Siddha Yoga

Until 6:57AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika** 5:04AM – 6:48AM  
Yama 1:45PM – 3:30PM  
**Rahu** 8:32AM – 10:17AM

**Dhanishtha Until 6:57AM**  
Ayushman Until 7:49AM  
Bava Until 1:00AM Sun  
**Tritiya Until 11:47AM**

**Ganesha:** Clear *Sunrise: 5:04AM*  
**Muruqa:** Blue *Sunset: 6:58PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Shanghai, China  
Sun 2 Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 18.03 Tithi 19 – 20

494893462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 3:29PM – 5:14PM  
Yama 12:01PM – 1:45PM  
**Rahu** 5:14PM – 6:58PM

**Shatabhishak Until 9:45AM**  
Saubhagya Until 8:48AM  
Kaulava Until 3:25AM Mon  
**Chaturthi\* Until 2:12PM**

**Ganesha:** Clear *Sunrise: 5:04AM*  
**Muruqa:** Blue *Sunset: 6:58PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Shanghai, China  
Sun 3 Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**4**

**Monday, July 22, 2019**

Kumbha Rasi: 29.55 Tithi 20 – 21

414893462

**Family Home Evening**

Routine Work Marana Yoga

Until 12:53PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 1:45PM – 3:29PM  
Yama 10:17AM – 12:01PM  
**Rahu** 6:49AM – 8:33AM

**Purvaprossthapada\* Until 12:53PM**  
Sobhana Until 9:46AM  
Gara Until 5:42AM Tue  
**Panchami Until 4:34PM**

**Ganesha:** Clear *Sunrise: 5:05AM*  
**Muruqa:** Blue *Sunset: 6:57PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Shanghai, China  
Sun 4 Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 11.5 Tithi 21

414893462

Creative Work Amrita Yoga

Until 3:40PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprossthapada\*/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija Karana Shashthyam Titau

**Gulika** 12:01PM – 1:45PM  
Yama 8:33AM – 10:17AM  
**Rahu** 3:29PM – 5:13PM

**Uttaraprossthapada Until 3:40PM**  
Athiganda\* Until 10:35AM  
Vanija Until 6:44PM  
**Shashthi\* Until 6:44PM**

**Ganesha:** Clear *Sunrise: 5:06AM*  
**Muruqa:** Blue *Sunset: 6:57PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Shanghai, China  
Sun 5 Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**6**

**Wednesday, July 24, 2019**

Meena Rasi: 23.51 Tithi 22

414893462

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 10:17AM – 12:01PM  
Yama 6:50AM – 8:34AM  
**Rahu** 12:01PM – 1:45PM

**Revati Until 5:57PM**  
Sukarma Until 11:11AM  
Visti Until 7:42AM  
**Saptami Until 8:32PM**

**Ganesha:** Clear *Sunrise: 5:06AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Shanghai, China  
Sun 6 Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**D**

**Thursday, July 25, 2019**  
**Retreat Star**

Mesha Rasi: 6.03 Tithi 23

424893462

Creative Work Amrita Yoga

Until 8:04PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 8:34AM – 10:18AM  
Yama 5:07AM – 6:50AM  
**Rahu** 1:45PM – 3:28PM

**Ashvini Until 8:04PM**  
Dhriti Until 11:26AM  
Balava Until 9:16AM  
**Ashtami\* Until 9:48PM**

**Ganesha:** White *Sunrise: 5:07AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

Shanghai, China  
Sun 7 Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

**Subha Subha Sivaloka Day**

**Friday, July 26, 2019**

**Retreat Star**

Mesha Rasi: 18.3 Tithi 24

424893462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 6:51AM – 8:34AM  
Yama 3:28PM – 5:12PM  
**Rahu** 10:18AM – 12:01PM

**Bharani Until 9:23PM**  
Shula\* Until 11:10AM  
Taitila Until 10:13AM  
**Navami\* Until 10:25PM**

**Ganesha:** White *Sunrise: 5:07AM*  
**Muruqa:** Blue *Sunset: 6:55PM*  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

Shanghai, China  
Sun 8 Sutra 103  
Vikarin 5121  
Moon 7 - Phase 14  
Navami

**Subha Subha Sivaloka Day**


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Shanghai, China	
	Krittika Nakshatra Ganda* Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau						Sun 9	Sutra 104
	Vrishabha Rasi: 1.17	Tithi 25	<b>Gulika</b> 5:08AM – 6:51AM	<b>Krittika</b> <b>Until 9:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:08AM		Vikarin 5121
	424893462	<b>Rahu</b> 8:35AM – 10:18AM	Yama 1:44PM – 3:28PM	Ganda* <b>Until 10:22AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 15	2nd Phase
Creative Work	Amrita Yoga		Vanija <b>Until 10:27AM</b>	<b>Nataraja:</b> White				
			<b>Dashami</b> <b>Until 10:16PM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>		
						<b>Ashada-Adi</b>		

<b>2</b>	<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam				Shanghai, China	
	Rohini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau						Sun 10	Sutra 105
	Vrishabha Rasi: 14.26	Tithi 26	<b>Gulika</b> 3:27PM – 5:11PM	<b>Rohini</b> <b>Until 9:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM		Vikarin 5121
	434893462	<b>Rahu</b> 5:11PM – 6:54PM	Yama 12:01PM – 1:44PM	Vridhi <b>Until 8:57AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 15	2nd Phase
Creative Work	Siddha Yoga		Bava <b>Until 9:55AM</b>	<b>Nataraja:</b> White				
			<b>Ekadashi*</b> <b>Until 9:20PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>		
						<b>Ashada-Adi</b>		

<b>3</b>	<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Shanghai, China	
	Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Dvadashyam Titau						Sun 11	Sutra 106
	Vrishabha Rasi: 28.02	Tithi 27	<b>Gulika</b> 1:44PM – 3:27PM	<b>Mrigashira</b> <b>Until 8:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM		Vikarin 5121
	434893462	<b>Rahu</b> 6:52AM – 8:35AM	Yama 10:18AM – 12:01PM	Dhruva <b>Until 6:53AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 15	2nd Phase
<b>Family Home Evening</b>			Kaulava <b>Until 8:36AM</b>	<b>Nataraja:</b> White				
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 7:39PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>		
Until 8:51PM						<b>Ashada-Adi</b>		
Then Creative Work - Siddha Yoga								

<b>4</b>	<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Shanghai, China	
	Ardra Nakshatra Harshana Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau						Sun 12	Sutra 107
	Mithuna Rasi: 12.04	Tithi 28 – 29	<b>Gulika</b> 12:01PM – 1:44PM	<b>Ardra</b> <b>Until 7:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM		Vikarin 5121
	435893462	<b>Rahu</b> 3:27PM – 5:09PM	Yama 8:36AM – 10:18AM	Harshana <b>Until 1:07AM Wed</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 15	2nd Phase
Routine Work	Marana Yoga		Gara <b>Until 6:35AM</b>	<b>Nataraja:</b> White				
Until 7:07PM			<b>Trayodashi*</b> <b>Until 5:19PM</b>	Moon – Yellow		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga						<b>Ashada-Adi</b>		
						<b>Pradosha Vrata (Fasting)</b>		

	<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Shanghai, China	
	<b>Retreat Star</b>		Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13	Sutra 108
	Mithuna Rasi: 26.29	Tithi 29 – 30	<b>Gulika</b> 10:18AM – 12:01PM	<b>Punarvasu</b> <b>Until 5:09PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:11AM		Vikarin 5121
	445893462	<b>Rahu</b> 12:01PM – 1:44PM	Yama 6:53AM – 8:36AM	Vajra* <b>Until 9:33PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 15	Amavasya
Creative Work	Siddha Yoga		Catuspada <b>Until 12:52AM Thu</b>	<b>Nataraja:</b> White				
			<b>Chaturdashi*</b> <b>Until 2:27PM</b>	Moon – Blue		<b>Sivaloka Day</b>		
						<b>Ashada-Adi</b>		

<b>Retreat Star</b>	<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Shanghai, China	
	Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau						Sun 14	Sutra 109
	Kataka Rasi: 11.16	Tithi 30 – 1	<b>Gulika</b> 8:36AM – 10:19AM	<b>Pushya</b> <b>Until 2:40PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:11AM		Vikarin 5121
	445893462	<b>Rahu</b> 1:43PM – 3:26PM	Yama 5:11AM – 6:54AM	Siddhi <b>Until 5:43PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 15	Prathama
Creative Work	Amrita Yoga		Kintughna <b>Until 9:28PM</b>	<b>Nataraja:</b> White				
Until 2:40PM			<b>Amavasya*</b> <b>Until 11:11AM</b>	Moon – Blue		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga						<b>Sravana-Adi</b>		

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipala*/Varyan Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau			Shanghai, China Sun 15 Sutra 110	
Kataka Rasi: 26.15	Tithi 1 – 2	<b>Gulika</b> 6:54AM – 8:36AM	<b>Ashlesha* Until 11:50AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:12AM		Vikarin 5121	
		Yama 3:26PM – 5:08PM	Vyatipata* Until 1:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:50PM		Moon 7 - Phase 16	
Routine Work	Marana Yoga	445893462 <b>Rahu</b> 10:19AM – 12:01PM	Kaulava Until 4:07AM Sat	<b>Nataraja:</b> White			3rd Phase	
			<b>Prathama* Until 7:41AM</b>	Moon – Blue				<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>				

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau			Shanghai, China Sun 16 Sutra 111	
Simha Rasi: 11.18	Tithi 3	<b>Gulika</b> 5:13AM – 6:55AM	<b>Magha* Until 9:13AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM		Vikarin 5121	
		Yama 1:43PM – 3:25PM	Variyan Until 9:43AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:49PM		Moon 7 - Phase 16	
Creative Work	Amrita Yoga	455893462 <b>Rahu</b> 8:37AM – 10:19AM	Taitila Until 2:22PM	<b>Nataraja:</b> White			3rd Phase	
Until 9:13AM			<b>Tritiya Until 12:37AM Sun</b>	Moon – Red				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana*Adi</b>				

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturtham Titau			Shanghai, China Sun 17 Sutra 112	
Simha Rasi: 26.17	Tithi 4	<b>Gulika</b> 3:25PM – 5:07PM	<b>Purvaphalguni Until 6:36AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM		Vikarin 5121	
		Yama 12:01PM – 1:43PM	Shiva Until 2:08AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:48PM		Moon 7 - Phase 16	
Creative Work	Siddha Yoga	455993462 <b>Rahu</b> 5:07PM – 6:48PM	Vanija Until 10:57AM	<b>Nataraja:</b> White			3rd Phase	
Until 6:36AM			<b>Chaturthi* Until 9:20PM</b>	Moon – Red				<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana*Adi</b>				

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau			Shanghai, China Sun 18 Sutra 113	
Kanya Rasi: 11.04	Tithi 5	<b>Gulika</b> 1:42PM – 3:24PM	<b>Hasta Until 2:17AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM		Vikarin 5121	
Family Home Evening		Yama 10:19AM – 12:01PM	Siddha Until 10:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:48PM		Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 6:56AM – 8:37AM	Bava Until 7:51AM	<b>Nataraja:</b> White			3rd Phase	
			<b>Panchami Until 6:26PM</b>	Moon – Green				<b>Subha Subha Sivaloka Day</b>
		<b>Nag Panchami</b>		<b>Sravana*Adi</b>				

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Shanghai, China Sun 19 Sutra 114	
Kanya Rasi: 25.32	Tithi 6 – 7	<b>Gulika</b> 12:01PM – 1:42PM	<b>Chitra Until 12:52AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM		Vikarin 5121	
		Yama 8:38AM – 10:19AM	Sadhya Until 7:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM		Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 3:24PM – 5:05PM	Gara Until 3:02AM Wed	<b>Nataraja:</b> White			3rd Phase	
			<b>Shashthi* Until 4:00PM</b>	Moon – Green				<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>				

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Shanghai, China Sun 20 Sutra 115	
Tula Rasi: 9.38	Tithi 7 – 8	<b>Gulika</b> 10:19AM – 12:01PM	<b>Svati Until 11:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM		Vikarin 5121	
		Yama 6:56AM – 8:38AM	Subha Until 5:21PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM		Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 12:01PM – 1:42PM	Visti Until 1:30AM Thu	<b>Nataraja:</b> White			Ashtami	
			<b>Saptami Until 2:10PM</b>	Moon – Green				<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>				

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Shanghai, China Sun 21 Sutra 116	
Tula Rasi: 23.21	Tithi 8 – 9	<b>Gulika</b> 8:38AM – 10:19AM	<b>Vishakha Until 11:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM		Vikarin 5121	
		Yama 5:16AM – 6:57AM	Sukla Until 3:25PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM		Moon 7 - Phase 16	
Creative Work	Siddha Yoga	476993462 <b>Rahu</b> 1:42PM – 3:23PM	Balava Until 12:39AM Fri	<b>Nataraja:</b> White			Navami	
			<b>Ashtami* Until 12:59PM</b>	Moon – Orange				<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>				

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Shanghai, China Sun 22 Sutra 117	
Wrischika Rasi: 6.4	Tithi 9 – 10	<b>Gulika</b> 6:57AM – 8:38AM	<b>Anuradha</b> Until 12:24AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:44PM
		Yama 3:22PM – 5:03PM	Brahma Until 2:02PM			<b>Nataraja:</b> White	Moon 7 - Phase 17
		476993462 <b>Rahu</b> 10:19AM – 12:00PM	Taitila Until 12:28AM Sat			Moon – Orange	4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 12:28PM			<b>Sravana*Adi</b>	<b>Sivaloka Day</b>
		<b>Varalakshmi Vratam</b>					

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 23 Sutra 118	
Wrischika Rasi: 19.39	Tithi 10 – 11	<b>Gulika</b> 5:17AM – 6:58AM	<b>Jyeshtha*</b> Until 1:22AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:17AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:43PM
		Yama 1:41PM – 3:22PM	Indra Until 1:10PM			<b>Nataraja:</b> White	Moon 7 - Phase 17
		476993462 <b>Rahu</b> 8:39AM – 10:19AM	Vanija Until 12:55AM Sun			Moon – Orange	4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:36PM			<b>Sravana*Adi</b>	<b>Sivaloka Day</b>
Until 1:22AM Sun							
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 24 Sutra 119	
Dhanus Rasi: 2.2	Tithi 11 – 12	<b>Gulika</b> 3:21PM – 5:02PM	<b>Mula*</b> Until 3:12AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:42PM
		Yama 12:00PM – 1:41PM	Vaidhriti* Until 12:45PM			<b>Nataraja:</b> White	Moon 7 - Phase 17
		486993462 <b>Rahu</b> 5:02PM – 6:42PM	Bava Until 1:56AM Mon			Moon – Light Blue	4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 1:20PM			<b>Sravana*Adi</b>	<b>Subha Sivaloka Day</b>
Until 3:12AM Mon							
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 25 Sutra 120	
Dhanus Rasi: 14.46	Tithi 12 – 13	<b>Gulika</b> 1:40PM – 3:21PM	<b>Purvashadha*</b> Until 5:20AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:41PM
<b>Family Home Evening</b>		Yama 10:19AM – 12:00PM	Vishkambha* Until 12:46PM			<b>Nataraja:</b> White	Moon 7 - Phase 17
Routine Work	Marana Yoga	486993462 <b>Rahu</b> 6:59AM – 8:39AM	Kaulava Until 3:25AM Tue			Moon – Light Blue	4th Phase
Until 5:20AM Tue			<b>Dvadashi</b> Until 2:36PM			<b>Sravana*Adi</b>	<b>Subha Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga							
							<i>Pradosha Vrata</i>

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 26 Sutra 121	
Dhanus Rasi: 27	Tithi 13 – 14	<b>Gulika</b> 12:00PM – 1:40PM	<b>Uttarashadha</b> Until 7:38AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:40PM
		Yama 8:39AM – 10:19AM	Priti Until 1:07PM			<b>Nataraja:</b> White	Moon 7 - Phase 17
		486993462 <b>Rahu</b> 3:20PM – 5:00PM	Gara Until 5:16AM Wed			Moon – Light Blue	4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi</b> Until 4:17PM			<b>Sravana*Adi</b>	<b>Subha Sivaloka Day</b>
Until 7:38AM Wed							
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija Karana Chaturdashyam Titau		Shanghai, China Sun 27 Sutra 122	
Makara Rasi: 9.05	Tithi 14	<b>Gulika</b> 10:19AM – 11:59AM	<b>Uttarashadha</b> Until 7:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:39PM
		Yama 6:59AM – 8:39AM	Ayushman Until 1:42PM			<b>Nataraja:</b> White	Moon 7 - Phase 17
		486993462 <b>Rahu</b> 11:59AM – 1:39PM	Vanija Until 6:18PM			Moon – Light Blue	4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:18PM			<b>Sravana*Adi</b>	<b>Subha Sivaloka Day</b>
Until 7:38AM							
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau		Shanghai, China Sutra 123	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:40AM – 10:19AM	<b>Shravana</b> Until 10:33AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM
Makara Rasi: 21.04	Tithi 15	Yama 5:20AM – 7:00AM	Saubhagya Until 2:29PM			<b>Nataraja:</b> White	Moon 7 - Phase 17
		497993462 <b>Rahu</b> 1:39PM – 3:19PM	Visti Until 7:25AM			Moon – Purple	Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 8:32PM			<b>Sravana*Adi</b>	<b>Subha Sivaloka Day</b>
		<b>Raksha Bandhan</b>					

<b>Friday, August 16, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Shanghai, China Sutra 124	
Kumbha Rasi: 2.58	Tithi 16	<b>Gulika</b> 7:00AM – 8:40AM	<b>Dhanishtha</b> Until 1:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:37PM
		Yama 3:18PM – 4:58PM	Sobhana Until 3:24PM			<b>Nataraja:</b> White	Moon 7 - Phase 17
		497993462 <b>Rahu</b> 10:19AM – 11:59AM	Balava Until 9:44AM			Moon – Purple	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:55PM			<b>Sravana*Adi</b>	<b>Subha Sivaloka Day</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





Saturday, August 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sun 1 Sutra 125

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 14.5

Tithi 17

497993462

Gulika 5:21AM - 7:01AM

Yama 1:38PM - 3:18PM

Rahu 8:40AM - 10:19AM

Shatabhishak Until 4:16PM

Athiganda\* Until 4:21PM

Taitila Until 12:10PM

Dvitiya Until 1:21AM Sun

Ganesha: Yellow

Muruqa: Blue

Nataraja: White

Moon - Purple

Sravana-Avani

Sunrise: 5:21AM

Sunset: 6:36PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 4:16PM

Then Routine Work - Marana Yoga

1

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Trityayam Titau

Shanghai, China

Sun 2 Sutra 126

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 26.41

Tithi 18

517993462

Gulika 3:17PM - 4:56PM

Yama 11:59AM - 1:38PM

Rahu 4:56PM - 6:35PM

Purvaproshtapada\* Until 7:25PM

Sukarma Until 5:18PM

Vanija Until 2:35PM

Tritiya Until 3:45AM Mon

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 5:22AM

Sunset: 6:35PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 7:25PM

Then Creative Work - Amrita Yoga

2

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Shanghai, China

Sun 3 Sutra 127

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 8.34

Tithi 19

517993462

Gulika 1:37PM - 3:16PM

Yama 10:19AM - 11:58AM

Rahu 7:02AM - 8:41AM

Uttaraproshtapada Until 10:16PM

Dhriti Until 6:12PM

Bava Until 4:55PM

Chaturthi\* Until 6:00AM Tue

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 5:23AM

Sunset: 6:34PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

3

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 4 Sutra 128

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 20.31

Tithi 19 - 20

517993462

Gulika 11:58AM - 1:37PM

Yama 8:41AM - 10:19AM

Rahu 3:16PM - 4:54PM

Revati Until 12:46AM Wed

Shula\* Until 6:54PM

Kaulava Until 7:03PM

Chaturthi\* Until 6:00AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 5:23AM

Sunset: 6:33PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:46AM Wed

Then Routine Work - Marana Yoga

4

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Sun 5 Sutra 129

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 2.32

Tithi 20 - 21

527993462

Gulika 10:19AM - 11:58AM

Yama 7:02AM - 8:41AM

Rahu 11:58AM - 1:36PM

Ashvini Until 3:14AM Thu

Ganda\* Until 7:22PM

Gara Until 8:52PM

Panchami Until 7:59AM

Ganesha: Clear

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 5:24AM

Sunset: 6:32PM

Subha Sivaloka Day

Routine Work Marana Yoga

Until 3:14AM Thu

Then Creative Work - Siddha Yoga

5

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Shanghai, China

Sun 6 Sutra 130

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 14.44

Tithi 21 - 22

528993462

Gulika 8:41AM - 10:19AM

Yama 5:24AM - 7:03AM

Rahu 1:36PM - 3:14PM

Bharani Until 5:04AM Fri

Vriddhi Until 7:30PM

Visti Until 10:13PM

Shashthi\* Until 9:35AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 5:24AM

Sunset: 6:31PM

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 131

Vikarin 5121

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 27.08

Tithi 22 - 23

528993462

Gulika 7:03AM - 8:41AM

Yama 3:14PM - 4:52PM

Rahu 10:19AM - 11:57AM

Krittika Until 6:07AM Sat

Dhruva Until 7:09PM

Balava Until 10:58PM

Saptami Until 10:39AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 5:25AM

Sunset: 6:30PM

Sivaloka Day

Creative Work Siddha Yoga

Until 6:07AM Sat

Then Creative Work - Amrita Yoga

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 8 Sutra 132

Vikarin 5121

Moon 8 - Phase 18

Navami

Vrishabha Rasi: 9.5

Tithi 23 - 24

528993462

Gulika 5:26AM - 7:04AM

Yama 1:35PM - 3:13PM

Rahu 8:41AM - 10:19AM

Krittika Until 6:07AM

Vyaghata\* Until 6:16PM

Taitila Until 11:00PM

Ashtami\* Until 11:03AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 5:26AM

Sunset: 6:29PM

Sivaloka Day

Creative Work Amrita Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, August 25, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Shanghai, China Sun 9 Sutra 133
	538993462	<b>Gulika</b> 3:12PM – 4:50PM <b>Yama</b> 11:57AM – 1:35PM <b>Rahu</b> 4:50PM – 6:28PM	<b>Rohini Until 6:45AM</b> Harshana Until 4:46PM Vanija Until 10:14PM <b>Navami* Until 10:42AM</b>
	Wishabha Rasi: 22.54 Tithi 24 – 25	<b>Ganesha:</b> Clear <i>Sunrise: 5:26AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:28PM</i> <b>Nataraja:</b> White Moon – Yellow	Vikarin 5121 Moon 8 - Phase 19 2nd Phase <b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga		


<b>2</b>	<b>Monday, August 26, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Shanghai, China Sun 10 Sutra 134
	538993462	<b>Gulika</b> 1:34PM – 3:12PM <b>Yama</b> 10:19AM – 11:57AM <b>Rahu</b> 7:04AM – 8:42AM	<b>Mrigashira Until 6:27AM</b> Vajra* Until 2:37PM Bava Until 8:42PM <b>Dashami Until 9:33AM</b>
	Mithuna Rasi: 6.23 Tithi 25 – 26	<b>Ganesha:</b> Clear <i>Sunrise: 5:27AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:28PM</i> <b>Nataraja:</b> White Moon – Yellow	Vikarin 5121 Moon 8 - Phase 19 2nd Phase <b>Subha Sivaloka Day</b>
	Family Home Evening Creative Work Amrita Yoga Until 6:27AM Then Creative Work - Siddha Yoga		

<b>3</b>	<b>Tuesday, August 27, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Shanghai, China Sun 11 Sutra 135
	548993462	<b>Gulika</b> 11:56AM – 1:34PM <b>Yama</b> 8:42AM – 10:19AM <b>Rahu</b> 3:11PM – 4:48PM	<b>Punarvasu Until 3:39AM Wed</b> Siddhi Until 11:52AM Kaulava Until 6:26PM <b>Ekadashi* Until 7:38AM</b>
	Mithuna Rasi: 20.21 Tithi 26 – 27	<b>Ganesha:</b> Purple <i>Sunrise: 5:27AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:25PM</i> <b>Nataraja:</b> White Moon – Blue	Vikarin 5121 Moon 8 - Phase 19 2nd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga		

<b>4</b>	<b>Wednesday, August 28, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Shanghai, China Sun 12 Sutra 136
	549993463	<b>Gulika</b> 10:19AM – 11:56AM <b>Yama</b> 7:05AM – 8:42AM <b>Rahu</b> 11:56AM – 1:33PM	<b>Pushya Until 1:20AM Thu</b> Vyatipata* Until 8:36AM Gara Until 3:34PM <b>Trayodashi* Until 1:55AM Thu</b>
	Kataka Rasi: 4.45 Tithi 28	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:28AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:24PM</i> <b>Nataraja:</b> Clear Moon – Blue	Vikarin 5121 Moon 8 - Phase 19 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga		

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Thursday, August 29, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Shanghai, China Sun 13 Sutra 137
	549193463	<b>Gulika</b> 8:42AM – 10:19AM <b>Yama</b> 5:29AM – 7:05AM <b>Rahu</b> 1:33PM – 3:09PM	<b>Ashlesha* Until 10:29PM</b> Parigha* Until 12:49AM Fri Visti Until 12:12PM <b>Chaturdashi* Until 10:23PM</b>
	Kataka Rasi: 19.34 Tithi 29	<b>Ganesha:</b> Orange <i>Sunrise: 5:29AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:23PM</i> <b>Nataraja:</b> Clear Moon – Blue	Vikarin 5121 Moon 8 - Phase 19 2nd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 10:29PM Then Creative Work - Amrita Yoga		

	<b>Friday, August 30, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Shanghai, China Sun 14 Sutra 138
	559193463	<b>Gulika</b> 7:06AM – 8:42AM <b>Yama</b> 3:09PM – 4:45PM <b>Rahu</b> 10:19AM – 11:55AM	<b>Magha* Until 7:39PM</b> Shiva Until 8:36PM Catuspada Until 8:31AM <b>Amavasya* Until 6:36PM</b>
	Simha Rasi: 4.4 Tithi 30	<b>Ganesha:</b> Clear <i>Sunrise: 5:29AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:22PM</i> <b>Nataraja:</b> Clear Moon – Red	Vikarin 5121 Moon 8 - Phase 19 Amavasya <b>Sivaloka Day</b>
	Routine Work Marana Yoga Until 7:39PM Then Creative Work - Siddha Yoga		

<b>Retreat Star</b>	<b>Saturday, August 31, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Shanghai, China Sun 15 Sutra 139
	559193463	<b>Gulika</b> 5:30AM – 7:06AM <b>Yama</b> 1:31PM – 3:08PM <b>Rahu</b> 8:42AM – 10:19AM	<b>Purvaphalguni Until 4:37PM</b> Siddha Until 4:18PM Balava Until 12:52AM Sun <b>Prathama* Until 2:45PM</b>
	Simha Rasi: 19.54 Tithi 1 – 2	<b>Ganesha:</b> Clear <i>Sunrise: 5:30AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:20PM</i> <b>Nataraja:</b> Clear Moon – Red	Vikarin 5121 Moon 8 - Phase 19 Prathama <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 4:37PM Then Routine Work - Marana Yoga		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China	
	Kanya Rasi: 5.08	Tithi 2 – 3				Sun 16	Sutra 140	
			559193463	<b>Gulika</b> 3:07PM – 4:43PM <b>Yama</b> 11:55AM – 1:31PM <b>Rahu</b> 4:43PM – 6:19PM	<b>Uttaraphalguni</b> Until 1:35PM Sadhya Until 12:07PM Taitila Until 9:14PM <b>Dvitiya</b> Until 11:00AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Red	Sunrise: 5:30AM Sunset: 6:19PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Amrita Yoga					<b>Sivaloka Day</b>	

<b>2</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Visli* Karana Tritiya/Chaturthayam Titau				Shanghai, China
	Kanya Rasi: 20.1	Tithi 3 – 4				Sun 17	Sutra 141
	559193463		<b>Gulika</b> 1:30PM – 3:06PM <b>Yama</b> 10:19AM – 11:55AM <b>Rahu</b> 7:07AM – 8:43AM	<b>Hasta</b> Until 11:06AM Subha Until 8:11AM Visti Until 4:28AM Tue <b>Tritiya</b> Until 7:31AM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	Sunrise: 5:31AM Sunset: 6:17PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Family Home Evening	Siddha Yoga		<b>Ganesha Chaturthi</b>			<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China
	Tula Rasi: 4.53	Tithi 5				Sun 18	Sutra 142
	559193463		<b>Gulika</b> 11:54AM – 1:30PM <b>Yama</b> 8:43AM – 10:19AM <b>Rahu</b> 3:05PM – 4:41PM	<b>Chitra</b> Until 8:56AM Brahma Until 1:28AM Wed Bava Until 3:10PM <b>Panchami</b> Until 2:00AM Wed	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	Sunrise: 5:32AM Sunset: 6:17PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga					<b>Sivaloka Day</b>

<b>4</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China
	Tula Rasi: 19.1	Tithi 6				Sun 19	Sutra 143
	559193463		<b>Gulika</b> 10:18AM – 11:54AM <b>Yama</b> 7:08AM – 8:43AM <b>Rahu</b> 11:54AM – 1:29PM	<b>Svati</b> Until 7:15AM Indra Until 10:57PM Kaulava Until 1:02PM <b>Shashthi*</b> Until 12:14AM Thu	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	Sunrise: 5:32AM Sunset: 6:16PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga					<b>Sivaloka Day</b>

<b>5</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Shanghai, China
	Vrischika Rasi: 2.59	Tithi 7				Sun 20	Sutra 144
	571193463		<b>Gulika</b> 8:43AM – 10:18AM <b>Yama</b> 5:33AM – 7:08AM <b>Rahu</b> 1:29PM – 3:04PM	<b>Vishakha</b> Until 6:35AM Vaidhriti* Until 9:04PM Gara Until 11:41AM <b>Saptami</b> Until 11:17PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sunrise: 5:33AM Sunset: 6:14PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga					<b>Sivaloka Day</b>

<b>D</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Visli*/Bava Karana Ashtamyam Titau				Shanghai, China
	<b>Retreat Star</b>					Sun 21	Sutra 145
	Vrischika Rasi: 16.2	Tithi 8					Vikarin 5121
	571193463		<b>Gulika</b> 7:08AM – 8:43AM <b>Yama</b> 3:03PM – 4:38PM <b>Rahu</b> 10:18AM – 11:53AM	<b>Anuradha</b> Until 6:35AM Vishkambha* Until 7:50PM Visti Until 11:08AM <b>Ashtami*</b> Until 11:10PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sunrise: 5:33AM Sunset: 6:13PM	Moon 8 - Phase 20 Ashtami

<b>D</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China
	<b>Retreat Star</b>					Sun 22	Sutra 146
	Vrischika Rasi: 29.16	Tithi 9					Vikarin 5121
	571193463		<b>Gulika</b> 5:34AM – 7:09AM <b>Yama</b> 1:28PM – 3:02PM <b>Rahu</b> 8:43AM – 10:18AM	<b>Jyeshtha*</b> Until 7:13AM Priti Until 7:15PM Balava Until 11:25AM <b>Navami*</b> Until 11:49PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sunrise: 5:34AM Sunset: 6:12PM	Moon 8 - Phase 20 Navami

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 147
	Dhanus Rasi: 11.49	Tithi 10	<b>Gulika</b> 3:02PM – 4:36PM	<b>Mula* Until 8:56AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:35AM		Vikarin 5121
			Yama 11:53AM – 1:27PM	Ayushman Until 7:11PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:11PM		Moon 8 - Phase 21
		581193463	<b>Rahu</b> 4:36PM – 6:11PM	Taitila Until 12:27PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga Until 8:56AM Then Creative Work - Siddha Yoga		Grandparent's Day		Dashami Until 1:10AM Mon		Bhadrapada-Avani	Devaloka Day

2	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 148
	Dhanus Rasi: 24.05	Tithi 11	<b>Gulika</b> 1:26PM – 3:01PM	<b>Purvashadha* Until 11:05AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:35AM		Vikarin 5121
			Yama 10:18AM – 11:52AM	Saubhagya Until 7:34PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:09PM		Moon 8 - Phase 21
		581193463	<b>Rahu</b> 7:09AM – 8:44AM	Vanija Until 2:05PM	<b>Nataraja:</b> Clear		4th Phase
Family Home Evening Routine Work Marana Yoga				Ekadashi Until 3:03AM Tue		Bhadrapada-Avani	Devaloka Day

3	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 149
	Makara Rasi: 6.1	Tithi 12	<b>Gulika</b> 11:52AM – 1:26PM	<b>Uttarashadha Until 1:30PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:36AM		Vikarin 5121
			Yama 8:44AM – 10:18AM	Sobhana Until 8:16PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:08PM		Moon 8 - Phase 21
		581193463	<b>Rahu</b> 3:00PM – 4:34PM	Bava Until 4:09PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Prabalarishta Yoga Until 1:30PM Then Creative Work - Siddha Yoga				Dvadashi Until 5:16AM Wed		Bhadrapada-Avani	Devaloka Day

4	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 150
	Makara Rasi: 18.07	Tithi 13	<b>Gulika</b> 10:18AM – 11:51AM	<b>Shravana Until 4:32PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:36AM		Vikarin 5121
			Yama 7:10AM – 8:44AM	Athiganda* Until 9:07PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:07PM		Moon 8 - Phase 21
		591193463	<b>Rahu</b> 11:51AM – 1:25PM	Kaulava Until 6:29PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga Until 4:32PM Then Routine Work - Prabalarishta Yoga				Trayodashi Until 7:41AM Thu		Bhadrapada-Avani	Sivaloka Day
<i>Pradosha Vrata</i>							

5	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 151
	Makara Rasi: 29.59	Tithi 13 – 14	<b>Gulika</b> 8:44AM – 10:18AM	<b>Dhanishtha Until 7:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:37AM		Vikarin 5121
			Yama 5:37AM – 7:10AM	Sukarma Until 10:04PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:05PM		Moon 8 - Phase 21
		591193463	<b>Rahu</b> 1:25PM – 2:58PM	Gara Until 8:57PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		Chidambaram Abhishekam		Trayodashi Until 7:41AM		Bhadrapada-Avani	Sivaloka Day

O	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sutra 152
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:11AM – 8:44AM	<b>Shatabhishak Until 10:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:37AM		Vikarin 5121
	Kumbha Rasi: 11.5	Tithi 14 – 15	Yama 2:57PM – 4:31PM	Dhriti Until 11:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM		Moon 8 - Phase 21
		591113463	<b>Rahu</b> 10:17AM – 11:51AM	Visti Until 11:24PM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga				Chaturdashi* Until 10:09AM		Bhadrapada-Avani	Sivaloka Day

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sutra 153	
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:38AM – 7:11AM	<b>Purvaproshtapada* Until 1:25AM Sun</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:38AM		Vikarin 5121	
Kumbha Rasi: 23.42	Tithi 15 – 16	Yama 1:24PM – 2:57PM	Shula* Until 11:53PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:03PM		Moon 8 - Phase 21	
	511113463	<b>Rahu</b> 8:44AM – 10:17AM	Balava Until 1:48AM Sun	<b>Nataraja:</b> Clear		Prathama	
Routine Work Marana Yoga Until 1:25AM Sun Then Creative Work - Amrita Yoga				Purnima* Until 12:36PM		Bhadrapada-Avani	Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Sivaloka Day


Bhadrapada\*Avani


<b>1</b>	<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China
	Mithuna Rasi: 29.14	Tithi 25	542213463	<b>Gulika</b> 11:47AM – 1:18PM	<b>Punarvasu</b> Until 12:59PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:44AM	Sun 9 Sutra 163
				Yama 8:45AM – 10:16AM	Parigha* Until 6:08PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:50PM	Vikarin 5121
	Creative Work	Siddha Yoga		<b>Rahu</b> 2:48PM – 4:19PM	Vanija Until 8:16AM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
				<b>Dashami</b> Until 7:11PM	Moon – Blue	2nd Phase	
					<b>Bhadrapada</b> •Puratasi	<b>Devaloka Day</b>	

<b>2</b>	<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Shanghai, China
	Kataka Rasi: 13.27	Tithi 26 – 27	542213463	<b>Gulika</b> 10:16AM – 11:47AM	<b>Pushya</b> Until 11:18AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:44AM	Sun 10 Sutra 164
				Yama 7:15AM – 8:45AM	Shiva Until 2:56PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM	Vikarin 5121
	Creative Work	Siddha Yoga		<b>Rahu</b> 11:47AM – 1:17PM	Kaulava Until 3:07AM Thu	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
				<b>Ekadashi*</b> Until 4:36PM	Moon – Blue	2nd Phase	
					<b>Bhadrapada</b> •Puratasi	<b>Devaloka Day</b>	

<b>3</b>	<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau				Shanghai, China
	Kataka Rasi: 28.05	Tithi 27 – 28	542213463	<b>Gulika</b> 8:46AM – 10:16AM	<b>Ashlesha*</b> Until 8:57AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:45AM	Sun 11 Sutra 165
				Yama 5:45AM – 7:15AM	Siddha Until 11:17AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:47PM	Vikarin 5121
	Creative Work	Siddha Yoga		<b>Rahu</b> 1:16PM – 2:47PM	Gara Until 11:47PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Until 8:57AM				<b>Dvadashi*</b> Until 1:29PM	Moon – Blue	2nd Phase	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>	<b>Bhadrapada</b> •Puratasi	<b>Devaloka Day</b>	

<b>4</b>	<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Shanghai, China
	Simha Rasi: 13.03	Tithi 28 – 29	552213463	<b>Gulika</b> 7:16AM – 8:46AM	<b>Magha*</b> Until 6:26AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:46AM	Sun 12 Sutra 166
				Yama 2:46PM – 4:16PM	Sadhya Until 7:18AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:46PM	Vikarin 5121
	Routine Work	Marana Yoga		<b>Rahu</b> 10:16AM – 11:46AM	Visti Until 8:09PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Until 6:26AM				<b>Trayodashi*</b> Until 9:59AM	Moon – Red	2nd Phase	
Then Creative Work - Siddha Yoga					<b>Bhadrapada</b> •Puratasi	<b>Devaloka Day</b>	

	<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Shanghai, China
	<b>Retreat Star</b>			<b>Gulika</b> 5:46AM – 7:16AM	<b>Uttaraphalguni</b> Until 12:24AM Sun	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM	Sun 13 Sutra 167
	Simha Rasi: 28.13	Tithi 29 – 30	652213463	Yama 1:15PM – 2:45PM	Sukla Until 10:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:45PM	Vikarin 5121
	Routine Work	Marana Yoga		<b>Rahu</b> 8:46AM – 10:16AM	Naga Until 2:28AM Sun	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Until 12:24AM Sun				<b>Chaturdashi*</b> Until 6:15AM	Moon – Red	Amavasya	
Then Creative Work - Amrita Yoga			<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada</b> •Puratasi	<b>Devaloka Day</b>	

	<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Shanghai, China
	<b>Retreat Star</b>			<b>Gulika</b> 2:44PM – 4:14PM	<b>Hasta</b> Until 9:39PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:47AM	Sun 14 Sutra 168
	Kanya Rasi: 13.27	Tithi 1	663213463	Yama 11:45AM – 1:15PM	Brahma Until 6:39PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:44PM	Vikarin 5121
	Creative Work	Amrita Yoga		<b>Rahu</b> 4:14PM – 5:44PM	Kintughna Until 12:37PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Until 9:39PM				<b>Prathama*</b> Until 10:47PM	Moon – Green	Prathama	
Then Creative Work - Siddha Yoga			<b>Navaratri Begins</b>		<b>Ashvina</b> •Puratasi	<b>Devaloka Day</b>	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Shanghai, China Sun 15 Sutra 169	
<b>1</b>		<b>Gulika</b> 1:14PM – 2:44PM	<b>Chitra</b> Until 7:02PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:47AM	Vikarin 5121
Kanya Rasi: 28.34	Tithi 2	Yama 10:15AM – 11:45AM	Indra Until 2:41PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 24
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:17AM – 8:46AM	Balava Until 9:04AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Dvitiya</b> Until 7:24PM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 7:02PM					
Then Creative Work - Amrita Yoga					

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Triliya/Chaturthiyam Titau		Shanghai, China Sun 16 Sutra 170	
<b>2</b>		<b>Gulika</b> 11:45AM – 1:14PM	<b>Svati</b> Until 4:45PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:48AM	Vikarin 5121
Tula Rasi: 13.23	Tithi 3 – 4	Yama 8:46AM – 10:15AM	Vaidhriti* Until 11:03AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 24
	663213463	<b>Rahu</b> 2:43PM – 4:12PM	Vanija Until 3:17AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya</b> Until 4:30PM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 4:45PM					
Then Routine Work - Marana Yoga					

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Prili Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Shanghai, China Sun 17 Sutra 171	
<b>3</b>		<b>Gulika</b> 10:15AM – 11:44AM	<b>Vishakha</b> Until 3:23PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM	Vikarin 5121
Tula Rasi: 27.49	Tithi 4 – 5	Yama 7:18AM – 8:46AM	Vishkambha* Until 7:54AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
	673213463	<b>Rahu</b> 11:44AM – 1:13PM	Bava Until 1:22AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> Until 2:13PM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Shanghai, China Sun 18 Sutra 172	
<b>4</b>		<b>Gulika</b> 8:47AM – 10:15AM	<b>Anuradha</b> Until 2:38PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM	Vikarin 5121
Vrischika Rasi: 11.46	Tithi 5 – 6	Yama 5:49AM – 7:18AM	Ayushman Until 3:29AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:38PM	Moon 9 - Phase 24
	673213463	<b>Rahu</b> 1:13PM – 2:41PM	Kaulava Until 12:17AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Panchami</b> Until 12:42PM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 2:38PM					
Then Routine Work - Prabalarishta Yoga					

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitilal/Gara Karana Shashthi/Saptamyam Titau		Shanghai, China Sun 19 Sutra 173	
<b>5</b>		<b>Gulika</b> 7:18AM – 8:47AM	<b>Jyeshtha*</b> Until 2:36PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:50AM	Vikarin 5121
Vrischika Rasi: 25.12	Tithi 6 – 7	Yama 2:40PM – 4:09PM	Saubhagya Until 2:19AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 24
	673213463	<b>Rahu</b> 10:15AM – 11:44AM	Gara Until 12:06AM Sat	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Shashthi*</b> Until 12:03PM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 2:36PM					
Then Creative Work - Amrita Yoga					

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Shanghai, China Sun 20 Sutra 174	
<b>Retreat Star</b>		<b>Gulika</b> 5:51AM – 7:19AM	<b>Mula*</b> Until 3:45PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:51AM	Vikarin 5121
Dhanus Rasi: 8.1	Tithi 7 – 8	Yama 1:11PM – 2:40PM	Sobhana Until 1:51AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:36PM	Moon 9 - Phase 24
	683213463	<b>Rahu</b> 8:47AM – 10:15AM	Visti Until 12:47AM Sun	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga		<b>Durga Ashtami</b>	<b>Saptami</b> Until 12:19PM	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Shanghai, China Sun 21 Sutra 175	
<b>Retreat Star</b>		<b>Gulika</b> 2:39PM – 4:07PM	<b>Purvashadha*</b> Until 5:32PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:51AM	Vikarin 5121
Dhanus Rasi: 20.44	Tithi 8 – 9	Yama 11:43AM – 1:11PM	Athiganda* Until 1:55AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 24
	683213463	<b>Rahu</b> 4:07PM – 5:35PM	Balava Until 2:14AM Mon	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Ashtami*</b> Until 1:24PM	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
Until 5:32PM					
Then Creative Work - Amrita Yoga					

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Shanghai, China Sun 22 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:10PM – 2:38PM	<b>Uttarashadha</b> Until 7:46PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:52AM
Makara Rasi: 2.59	Tithi 9 – 10	Yama 10:15AM – 11:43AM	Sukarma Until 2:28AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:34PM
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:20AM – 8:47AM	Taitila Until 4:17AM Tue	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			Navami* Until 3:11PM	Moon – Light Blue
Until 7:46PM				<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Shanghai, China Sun 23 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:42AM – 1:10PM	<b>Shravana</b> Until 10:45PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:52AM
Makara Rasi: 15.01	Tithi 10 – 11	Yama 8:47AM – 10:15AM	Dhriti Until 3:18AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM
<b>Creative Work</b>	693213464	<b>Rahu</b> 2:37PM – 4:05PM	Vanija Until 6:40AM Wed	<b>Nataraja:</b> Purple
Siddha Yoga			Dashami Until 5:25PM	Moon – Purple
		<b>Vijaya Dasami</b>		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Vanija/Visti* Karana Ekodashyam Titau		Shanghai, China Sun 24 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:15AM – 11:42AM	<b>Dhanishtha</b> Until 1:46AM Thu	<b>Ganesha:</b> White <i>Sunrise:</i> 5:53AM
Makara Rasi: 26.54	Tithi 11	Yama 7:20AM – 8:48AM	Shula* Until 4:13AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:31PM
<b>Routine Work</b>	693213464	<b>Rahu</b> 11:42AM – 1:09PM	Vanija Until 6:40AM	<b>Nataraja:</b> Purple
Prabalarishta Yoga			Ekadashi Until 7:55PM	Moon – Purple
Until 1:46AM Thu				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Shanghai, China Sun 25 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:48AM – 10:15AM	<b>Shatabhishak</b> Until 4:36AM Fri	<b>Ganesha:</b> White <i>Sunrise:</i> 5:54AM
Kumbha Rasi: 8.44	Tithi 12	Yama 5:54AM – 7:21AM	Ganda* Until 5:09AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:30PM
<b>Creative Work</b>	693213464	<b>Rahu</b> 1:09PM – 2:36PM	Bava Until 9:13AM	<b>Nataraja:</b> Purple
Siddha Yoga			Dvadashi Until 10:27PM	Moon – Purple
		<b>Kadaitswami Mahasamadhi</b>		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Shanghai, China Sun 26 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:21AM – 8:48AM	<b>Purvaproshtapada*</b> Until 7:40AM Sat	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:54AM
Kumbha Rasi: 20.35	Tithi 13	Yama 2:35PM – 4:02PM	Vriddhi Until 6:00AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:29PM
<b>Creative Work</b>	613213464	<b>Rahu</b> 10:15AM – 11:42AM	Kaulava Until 11:43AM	<b>Nataraja:</b> Purple
Siddha Yoga			Trayodashi Until 12:53AM Sat	Moon – Clear
				<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>
				<i>Pradosha Vrata</i>

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Shanghai, China Sun 27 Sutra 181 Vikarin 5121
<b>6</b>		<b>Gulika</b> 5:55AM – 7:22AM	<b>Purvaproshtapada*</b> Until 7:40AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:55AM
Meena Rasi: 2.29	Tithi 14	Yama 1:08PM – 2:34PM	Variyan Until 6:00AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:28PM
<b>Routine Work</b>	613213464	<b>Rahu</b> 8:48AM – 10:15AM	Gara Until 2:04PM	<b>Nataraja:</b> Purple
Marana Yoga			Chaturdashi* Until 3:08AM Sun	Moon – Clear
Until 7:40AM		<b>Chidambaram Abhishekam</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Shanghai, China Sutra 182 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:34PM – 4:00PM	<b>Uttaraproshtapada</b> Until 10:21AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM
<b>Copper Retreat Star</b>		Yama 11:41AM – 1:07PM	Dhruva Until 6:40AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM
Meena Rasi: 14.28	Tithi 15	<b>Rahu</b> 4:00PM – 5:26PM	Visti Until 4:11PM	<b>Nataraja:</b> Purple
<b>Creative Work</b>	614213464		Purnima* Until 5:07AM Mon	Moon – Clear
Amrita Yoga				<b>Subha Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava Karana Prathamayam Titau		Shanghai, China Sutra 183 Vikarin 5121
<b>○</b>		<b>Gulika</b> 1:07PM – 2:33PM	<b>Revati</b> Until 12:38PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM
<b>Silver Retreat Star</b>		Yama 10:15AM – 11:41AM	Vyaghata* Until 7:08AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:25PM
Meena Rasi: 26.33	Tithi 16	<b>Rahu</b> 7:23AM – 8:49AM	Balava Until 6:02PM	<b>Nataraja:</b> Purple
<b>Family Home Evening</b>	614213464		Prathama* Until 6:50AM Tue	Moon – Clear
<b>Creative Work</b>				<b>Subha Sivaloka Day</b>
Siddha Yoga				<b>Ashvina+Puratasi</b>

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China

Sutra 184

Vikarin 5121

Mesha Rasi: 8.44 Tithi 16 - 17

624213464

**Gulika** 11:41AM - 1:06PM  
**Yama** 8:49AM - 10:15AM  
**Rahu** 2:32PM - 3:58PM

**Ashvini** Until 2:57PM  
**Harshana** Until 7:25AM  
**Taitila** Until 7:35PM  
**Prathama\*** Until 6:50AM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon - White

**Sunrise:** 5:57AM  
**Sunset:** 5:24PM

Moon 10 - Phase 26  
1st Phase

Subha Subha Sivaloka Day

Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Shanghai, China

Sun 1 Sutra 185

Vikarin 5121

Mesha Rasi: 21.04 Tithi 17 - 18

624213464

**Gulika** 10:15AM - 11:40AM  
**Yama** 7:23AM - 8:49AM  
**Rahu** 11:40AM - 1:06PM

**Bharani** Until 4:48PM  
**Vajra\*** Until 7:25AM  
**Vanija** Until 8:49PM  
**Dvitiya** Until 8:13AM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon - White

**Sunrise:** 5:58AM  
**Sunset:** 5:23PM

Moon 10 - Phase 26  
1st Phase

Subha Subha Sivaloka Day

Ashvina+Puratasi

Creative Work Siddha Yoga

Until 4:48PM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Vayana Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Shanghai, China

Sun 2 Sutra 186

Vikarin 5121

Vrishabha Rasi: 3.32 Tithi 18 - 19

624213464

**Gulika** 8:49AM - 10:15AM  
**Yama** 5:58AM - 7:24AM  
**Rahu** 1:06PM - 2:31PM

**Krittika** Until 6:09PM  
**Siddhi** Until 7:11AM  
**Bava** Until 9:42PM  
**Tritiya** Until 9:17AM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon - White

**Sunrise:** 5:58AM  
**Sunset:** 5:22PM

Moon 10 - Phase 26  
1st Phase

Subha Subha Sivaloka Day

Ashvina+Puratasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Vayana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 3 Sutra 187

Vikarin 5121

Vrishabha Rasi: 16.1 Tithi 19 - 20

634313464

**Gulika** 7:24AM - 8:50AM  
**Yama** 2:30PM - 3:56PM  
**Rahu** 10:15AM - 11:40AM

**Rohini** Until 7:27PM  
**Vyatipata\*** Until 6:40AM  
**Kaulava** Until 10:11PM  
**Chaturthi\*** Until 9:58AM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon - Yellow

**Sunrise:** 5:59AM  
**Sunset:** 5:21PM

Moon 10 - Phase 26  
1st Phase

Sivaloka Day

Ashvina+Apasi

Routine Work Marana Yoga

Until 7:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Sun 4 Sutra 188

Vikarin 5121

Vrishabha Rasi: 28.59 Tithi 20 - 21

634313464

**Gulika** 6:00AM - 7:25AM  
**Yama** 1:05PM - 2:30PM  
**Rahu** 8:50AM - 10:15AM

**Mrigashira** Until 8:09PM  
**Parigha\*** Until 4:36AM Sun  
**Gara** Until 10:13PM  
**Panchami** Until 10:14AM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon - Yellow

**Sunrise:** 6:00AM  
**Sunset:** 5:20PM

Moon 10 - Phase 26  
1st Phase

Sivaloka Day

Ashvina+Apasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Shanghai, China

Sun 5 Sutra 189

Vikarin 5121

Mithuna Rasi: 12.03 Tithi 21 - 22

634313464

**Gulika** 2:29PM - 3:54PM  
**Yama** 11:40AM - 1:04PM  
**Rahu** 3:54PM - 5:19PM

**Ardra** Until 8:12PM  
**Shiva** Until 2:59AM Mon  
**Visti** Until 9:44PM  
**Shashthi\*** Until 10:01AM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon - Yellow

**Sunrise:** 6:01AM  
**Sunset:** 5:19PM

Moon 10 - Phase 26  
1st Phase

Sivaloka Day

Ashvina+Apasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 6 Sutra 190

Vikarin 5121

Mithuna Rasi: 25.23 Tithi 22 - 23

644313464

**Gulika** 1:04PM - 2:28PM  
**Yama** 10:15AM - 11:39AM  
**Rahu** 7:26AM - 8:50AM

**Punarvasu** Until 8:01PM  
**Siddha** Until 12:54AM Tue  
**Balava** Until 8:41PM  
**Saptami** Until 9:15AM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon - Blue

**Sunrise:** 6:01AM  
**Sunset:** 5:17PM

Moon 10 - Phase 26  
Ashtami

Subha Sivaloka Day

Ashvina+Apasi

Creative Work Amrita Yoga

Until 8:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 7 Sutra 191

Vikarin 5121

Kataka Rasi: 9.03 Tithi 23 - 24

644313464

**Gulika** 11:39AM - 1:04PM  
**Yama** 8:51AM - 10:15AM  
**Rahu** 2:28PM - 3:52PM

**Pushya** Until 7:07PM  
**Sadhya** Until 10:21PM  
**Taitila** Until 7:04PM  
**Ashtami\*** Until 7:56AM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon - Blue

**Sunrise:** 6:02AM  
**Sunset:** 5:16PM

Moon 10 - Phase 26  
Navami

Subha Sivaloka Day

Ashvina+Apasi


Creative Work Siddha Yoga

<b>1</b>	<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam				Shanghai, China	
	Kataka Rasi: 23.03    Tithi 24 – 25		Ashlesha* /Magha* Nakshatra Subha Yoga Gara/Visli* Karana Navami/Dashamyam Titau				Sun 8    Sutra 192	
	644313464		<b>Gulika</b> 10:15AM – 11:39AM	<b>Ashlesha* Untill 5:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM	Vikarin 5121		
	Creative Work    Siddha Yoga		Yama    7:27AM – 8:51AM	Subha Untill 7:24PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:15PM	Moon 10 - Phase 27		
		<b>Rahu</b> 11:39AM – 1:03PM	Visti Untill 3:38AM Thu	<b>Nataraja:</b> Purple	2nd Phase			
			<b>Navami* Untill 6:02AM</b>	Moon – Blue	<b>Subha Sivaloka Day</b>			
				<b>Ashvina•Aipasi</b>				

<b>2</b>	<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam				Shanghai, China	
	Simha Rasi: 7.24    Tithi 26		Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9    Sutra 193	
	654313464		<b>Gulika</b> 8:51AM – 10:15AM	<b>Magha* Untill 3:45PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:04AM	Vikarin 5121		
	Creative Work    Amrita Yoga		Yama    6:04AM – 7:27AM	Sukla Untill 4:02PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:14PM	Moon 10 - Phase 27		
Untill 3:45PM		<b>Rahu</b> 1:03PM – 2:27PM	Bava Untill 2:16PM	<b>Nataraja:</b> Purple	2nd Phase			
Then Creative Work - Siddha Yoga			<b>Ekadashi* Untill 12:47AM Fri</b>	Moon – Red	<b>Sivaloka Day</b>			
				<b>Ashvina•Aipasi</b>				

<b>3</b>	<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam				Shanghai, China	
	Simha Rasi: 22.03    Tithi 27		Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talilla Karana Dvadashyam Titau				Sun 10    Sutra 194	
	654313464		<b>Gulika</b> 7:28AM – 8:52AM	<b>Purvaphalguni Untill 1:27PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:04AM	Vikarin 5121		
	Creative Work    Siddha Yoga		Yama    2:26PM – 3:50PM	Brahma Untill 12:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:13PM	Moon 10 - Phase 27		
		<b>Rahu</b> 10:15AM – 11:39AM	Kaulava Untill 11:15AM	<b>Nataraja:</b> Purple	2nd Phase			
			<b>Dvadashi* Untill 9:38PM</b>	Moon – Red	<b>Sivaloka Day</b>			
				<b>Ashvina•Aipasi</b>				

<b>4</b>	<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Shanghai, China	
	Kanya Rasi: 6.55    Tithi 28		Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11    Sutra 195	
	655313464		<b>Gulika</b> 6:05AM – 7:28AM	<b>Uttaraphalguni Untill 10:48AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:05AM	Vikarin 5121		
	Routine Work    Marana Yoga		Yama    1:02PM – 2:26PM	Indra Untill 8:31AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:12PM	Moon 10 - Phase 27		
		<b>Rahu</b> 8:52AM – 10:15AM	Gara Untill 7:59AM	<b>Nataraja:</b> Purple	2nd Phase			
			<b>Trayodashi* Untill 6:17PM</b>	Moon – Red	<b>Subha Sivaloka Day</b>			
				<b>Ashvina•Aipasi</b>				
				<i>Pradosha Vrata (Fasting)</i>				

	<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam				Shanghai, China	
	<b>Retreat Star</b>		Hasta/Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12    Sutra 196	
	Kanya Rasi: 21.52    Tithi 29 – 30						Vikarin 5121	
	665313464		<b>Gulika</b> 2:25PM – 3:48PM	<b>Hasta Untill 8:19AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:06AM	Moon 10 - Phase 27		
Creative Work    Amrita Yoga		Yama    11:39AM – 1:02PM	Vishkambha* Untill 12:40AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:11PM	Amavasya			
Untill 8:19AM		<b>Rahu</b> 3:48PM – 5:11PM	Catuspada Untill 1:18AM Mon	<b>Nataraja:</b> Purple	2nd Phase			
Then Creative Work - Siddha Yoga			<b>Chaturdashi* Untill 2:55PM</b>	Moon – Green	<b>Subha Sivaloka Day</b>			
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>				

<b>Retreat Star</b>	<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Shanghai, China	
	Tula Rasi: 6.47    Tithi 30 – 1		Svati Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13    Sutra 197	
	665313464		<b>Gulika</b> 1:02PM – 2:25PM	<b>Svati Untill 3:24AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:07AM	Vikarin 5121		
	Creative Work    Amrita Yoga		Yama    10:16AM – 11:39AM	Priti Untill 8:57PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:10PM	Moon 10 - Phase 27		
Untill 3:24AM Tue		<b>Rahu</b> 7:30AM – 8:53AM	Kintughna Untill 10:12PM	<b>Nataraja:</b> Purple	Prathama			
Then Routine Work - Marana Yoga			<b>Amavasya* Untill 11:42AM</b>	Moon – Green	<b>Subha Sivaloka Day</b>			
		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>				

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Shanghai, China Sun 14 Sutra 198 Vikarin 5121
Tula Rasi: 21.29	Tithi 1 – 2	675313464	<b>Gulika</b> 11:38AM – 1:01PM <b>Yama</b> 8:53AM – 10:16AM <b>Rahu</b> 2:24PM – 3:47PM	<b>Vishakha</b> Until 1:42AM Wed Ayushman Until 5:32PM Balava Until 7:31PM Prathama* Until 8:47AM	<b>Ganesha:</b> Clear <i>Sunrise: 6:07AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:10PM</i> <b>Nataraja:</b> Purple Moon – Orange <b>Subha Sivaloka Day</b> Kartika•Aipasi
Routine Work Marana Yoga					
Until 1:42AM Wed					
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Dvitiya/Trityayam Titau	Shanghai, China Sun 15 Sutra 199 Vikarin 5121
Vischika Rasi: 5.52	Tithi 2 – 3	675313464	<b>Gulika</b> 10:16AM – 11:38AM <b>Yama</b> 7:31AM – 8:53AM <b>Rahu</b> 11:38AM – 1:01PM	<b>Anuradha</b> Until 12:29AM Thu Saubhagya Until 2:34PM Gara Until 4:33AM Thu Dvitiya Until 6:21AM	<b>Ganesha:</b> Clear <i>Sunrise: 6:08AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:09PM</i> <b>Nataraja:</b> Purple Moon – Orange <b>Subha Sivaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga					
Until 12:29AM Thu					
Then Routine Work - Prabalarishta Yoga					

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturtham Titau	Shanghai, China Sun 16 Sutra 200 Vikarin 5121
Vischika Rasi: 19.49	Tithi 4	675313464	<b>Gulika</b> 8:54AM – 10:16AM <b>Yama</b> 6:09AM – 7:31AM <b>Rahu</b> 1:01PM – 2:23PM	<b>Jyeshtha*</b> Until 11:51PM Sobhana Until 12:11PM Vanija Until 3:57PM Chaturthi* Until 3:31AM Fri	<b>Ganesha:</b> Clear <i>Sunrise: 6:09AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:08PM</i> <b>Nataraja:</b> Purple Moon – Orange <b>Subha Sivaloka Day</b> Kartika•Aipasi
Routine Work Prabalarishta Yoga					
Until 11:51PM					
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Shanghai, China Sun 17 Sutra 201 Vikarin 5121
Dhanus Rasi: 3.19	Tithi 5	685313464	<b>Gulika</b> 7:32AM – 8:54AM <b>Yama</b> 2:23PM – 3:45PM <b>Rahu</b> 10:16AM – 11:38AM	<b>Mula*</b> Until 12:20AM Sat Athiganda* Until 10:24AM Bava Until 3:21PM Panchami Until 3:21AM Sat	<b>Ganesha:</b> Purple <i>Sunrise: 6:10AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:07PM</i> <b>Nataraja:</b> Purple Moon – Light Blue <b>Subha Subha Sivaloka Day</b> Kartika•Aipasi
Creative Work Amrita Yoga					
Until 12:20AM Sat					
Then Creative Work - Siddha Yoga					

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau	Shanghai, China Sun 18 Sutra 202 Vikarin 5121
Dhanus Rasi: 16.22	Tithi 6	685313464	<b>Gulika</b> 6:10AM – 7:32AM <b>Yama</b> 1:00PM – 2:22PM <b>Rahu</b> 8:54AM – 10:16AM	<b>Purvashadha*</b> Until 1:31AM Sun Sukarma Until 9:18AM Kaulava Until 3:37PM Shashthi* Until 4:02AM Sun	<b>Ganesha:</b> Purple <i>Sunrise: 6:10AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:06PM</i> <b>Nataraja:</b> Purple Moon – Light Blue <b>Subha Subha Sivaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga					
Until 1:31AM Sun					
Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Shanghai, China Sun 19 Sutra 203 Vikarin 5121
Dhanus Rasi: 28.59	Tithi 7	685313464	<b>Gulika</b> 2:22PM – 3:43PM <b>Yama</b> 11:38AM – 1:00PM <b>Rahu</b> 3:43PM – 5:05PM	<b>Uttarashadha</b> Until 3:16AM Mon Dhriti Until 8:53AM Gara Until 4:42PM Saptami Until 5:30AM Mon	<b>Ganesha:</b> Purple <i>Sunrise: 6:11AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:05PM</i> <b>Nataraja:</b> Purple Moon – Light Blue <b>Subha Subha Sivaloka Day</b> Kartika•Aipasi
Creative Work Amrita Yoga					

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti* Karana Ashtamyam Titau	Shanghai, China Sun 20 Sutra 204 Vikarin 5121
Makara Rasi: 11.17	Tithi 8	696313464	<b>Gulika</b> 1:00PM – 2:21PM <b>Yama</b> 10:17AM – 11:38AM <b>Rahu</b> 7:34AM – 8:55AM	<b>Shravana</b> Until 5:57AM Tue Shula* Until 8:59AM Visti Until 6:29PM Ashtami* Until 7:33AM Tue	<b>Ganesha:</b> Purple <i>Sunrise: 6:12AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:04PM</i> <b>Nataraja:</b> Purple Moon – Purple <b>Sivaloka Day</b> Kartika•Aipasi
Family Home Evening					
Creative Work Amrita Yoga					
Until 5:57AM Tue					
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Shanghai, China Sun 21 Sutra 205 Vikarin 5121
Makara Rasi: 23.21	Tithi 8 – 9	696313464	<b>Gulika</b> 11:38AM – 1:00PM <b>Yama</b> 8:56AM – 10:17AM <b>Rahu</b> 2:21PM – 3:42PM	<b>Dhanishtha</b> Until 8:49AM Wed Ganda* Until 9:32AM Balava Until 8:45PM Ashtami* Until 7:33AM	<b>Ganesha:</b> Purple <i>Sunrise: 6:13AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:04PM</i> <b>Nataraja:</b> Purple Moon – Purple <b>Sivaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Shanghai, China Sun 22 Sutra 206	
	Kumbha Rasi: 5.16	Tithi 9 – 10	<b>Gulika</b> 10:17AM – 11:38AM	<b>Dhanishtha</b> <b>Until 8:49AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:14AM</i>	Vikarin 5121
			Yama 7:35AM – 8:56AM	Vriddhi <b>Until 10:21AM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:03PM</i>	Moon 10 - Phase 29
		696313464	<b>Rahu</b> 11:38AM – 12:59PM	Taitila <b>Until 11:16PM</b>	<b>Nataraja:</b> Purple	4th Phase
Routine Work Prabalarishta Yoga Until 8:49AM Then Creative Work - Siddha Yoga			<b>Navami* Until 9:58AM</b>	Moon – Purple	<b>Sivaloka Day</b>	


<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 23 Sutra 207	
	Kumbha Rasi: 17.07	Tithi 10 – 11	<b>Gulika</b> 8:56AM – 10:17AM	<b>Shatabhishak</b> <b>Until 11:39AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:15AM</i>	Vikarin 5121
			Yama 6:15AM – 7:36AM	Dhruva <b>Until 11:14AM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:02PM</i>	Moon 10 - Phase 29
		796313464	<b>Rahu</b> 12:59PM – 2:20PM	Vanija <b>Until 1:47AM Fri</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Dashami Until 12:31PM</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>		


<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 24 Sutra 208	
	Kumbha Rasi: 28.59	Tithi 11 – 12	<b>Gulika</b> 7:36AM – 8:57AM	<b>Purvaproshtapada* Until 2:44PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:15AM</i>	Vikarin 5121
			Yama 2:20PM – 3:41PM	Vyaghata* <b>Until 12:04PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:01PM</i>	Moon 10 - Phase 29
		716313464	<b>Rahu</b> 10:18AM – 11:38AM	Bava <b>Until 4:08AM Sat</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Ekadashi Until 2:58PM</b>	Moon – Clear	<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>		

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 25 Sutra 209	
	Meena Rasi: 10.56	Tithi 12 – 13	<b>Gulika</b> 6:16AM – 7:37AM	<b>Uttaraproshtapada Until 5:25PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:16AM</i>	Vikarin 5121
			Yama 12:59PM – 2:20PM	Harshana <b>Until 12:44PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:01PM</i>	Moon 10 - Phase 29
		716313464	<b>Rahu</b> 8:57AM – 10:18AM	Kaulava <b>Until 6:12AM Sun</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga Until 5:25PM Then Routine Work - Prabalarishta Yoga			<b>Dvadashi Until 5:11PM</b>	Moon – Clear	<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>		
				<i>Pradosha Vrata</i>		

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Shanghai, China Sun 26 Sutra 210	
	Meena Rasi: 22.59	Tithi 13	<b>Gulika</b> 2:19PM – 3:40PM	<b>Revati Until 7:37PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:17AM</i>	Vikarin 5121
			Yama 11:39AM – 12:59PM	Vajra* <b>Until 1:08PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:00PM</i>	Moon 10 - Phase 29
		716313464	<b>Rahu</b> 3:40PM – 5:00PM	Kaulava <b>Until 6:12AM</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work Amrita Yoga Until 7:37PM Then Creative Work - Siddha Yoga			<b>Trayodashi Until 7:03PM</b>	Moon – Clear	<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>		

<b>6</b>	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Shanghai, China Sun 27 Sutra 211	
	Mesha Rasi: 5.13	Tithi 14	<b>Gulika</b> 12:59PM – 2:19PM	<b>Ashvini Until 9:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i>	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:18AM – 11:39AM	Siddhi <b>Until 1:15PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 4:59PM</i>	Moon 10 - Phase 29
		727313464	<b>Rahu</b> 7:38AM – 8:58AM	Gara <b>Until 7:52AM</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 8:32PM</b>	Moon – White	<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>		

	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Vistil/Bava Karana Purnimayam Titau		Shanghai, China Sun 28 Sutra 212	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:39AM – 12:59PM	<b>Bharani Until 11:19PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:19AM</i>	Vikarin 5121
	Mesha Rasi: 17.36	Tithi 15	Yama 8:59AM – 10:19AM	Vyatipata* <b>Until 1:03PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 4:59PM</i>	Moon 10 - Phase 29
			727413464	<b>Rahu</b> 2:19PM – 3:39PM	<b>Nataraja:</b> Purple	Purnima
Creative Work Siddha Yoga			<b>Vistil Until 9:07AM</b>	Moon – White	<b>Sivaloka Day</b>	
			<b>Purnima* Until 9:34PM</b>	<b>Kartika-Aipasi</b>		

	<b>Wednesday, November 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigaha* Yoga Balava/Kaulava Karana Prathamayam Titau		Shanghai, China Sun 29 Sutra 213	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:19AM – 11:39AM	<b>Krittika Until 12:19AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise: 6:20AM</i>	Vikarin 5121
	Vrishabha Rasi: 0.11	Tithi 16	Yama 7:39AM – 8:59AM	Variyan <b>Until 12:30PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 4:58PM</i>	Moon 10 - Phase 29
			727413464	<b>Rahu</b> 11:39AM – 12:59PM	<b>Nataraja:</b> Purple	Prathama
Creative Work Amrita Yoga Until 12:19AM Thu Then Routine Work - Marana Yoga			<b>Balava Until 9:57AM</b>	Moon – White	<b>Sivaloka Day</b>	
			<b>Prathama* Until 10:11PM</b>	<b>Kartika-Aipasi</b>		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 12.56 Tithi 17

737413464

**Gulika** 9:00AM – 10:19AM  
**Yama** 6:20AM – 7:40AM  
**Rahu** 12:59PM – 2:18PM

**Rohini Until 1:14AM Fri**  
Parigha\* Until 11:39AM  
Taitila Until 10:22AM  
Dvitiya Until 10:24PM

**Ganesha:** Clear *Sunrise: 6:20AM*  
**Muruqa:** Purple *Sunset: 4:58PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika-Aipasi**

**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 1:14AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Shanghai, China

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 25.55 Tithi 18

737413464

**Gulika** 7:41AM – 9:00AM  
**Yama** 2:18PM – 3:38PM  
**Rahu** 10:20AM – 11:39AM

**Mrigashira Until 1:38AM Sat**  
Shiva Until 10:31AM  
Vanija Until 10:23AM  
Tritiya Until 10:14PM

**Ganesha:** Clear *Sunrise: 6:21AM*  
**Muruqa:** Purple *Sunset: 4:57PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

2

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 9.04 Tithi 19

737413464

**Gulika** 6:22AM – 7:42AM  
**Yama** 12:59PM – 2:18PM  
**Rahu** 9:01AM – 10:20AM

**Ardra Until 1:32AM Sun**  
Siddha Until 9:03AM  
Bava Until 10:02AM  
Chaturthi\* Until 9:42PM

**Ganesha:** Clear *Sunrise: 6:22AM*  
**Muruqa:** Purple *Sunset: 4:57PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

3

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 22.24 Tithi 20

747413465

**Gulika** 2:18PM – 3:37PM  
**Yama** 11:40AM – 12:59PM  
**Rahu** 3:37PM – 4:56PM

**Punarvasu Until 1:24AM Mon**  
Sadhya Until 7:19AM  
Kaulava Until 9:20AM  
Panchami Until 8:50PM

**Ganesha:** Purple *Sunrise: 6:23AM*  
**Muruqa:** Purple *Sunset: 4:56PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

**Devaloka Day**

Creative Work Siddha Yoga

4

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 5.56 Tithi 21

748413465

**Gulika** 12:59PM – 2:18PM  
**Yama** 10:21AM – 11:40AM  
**Rahu** 7:43AM – 9:02AM

**Pushya Until 12:46AM Tue**  
Sukla Until 3:03AM Tue  
Gara Until 8:17AM  
Shashthi\* Until 7:37PM

**Ganesha:** Clear *Sunrise: 6:24AM*  
**Muruqa:** Purple *Sunset: 4:56PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

**Sivaloka Day**

Family Home Evening  
Creative Work Siddha Yoga

5

Tuesday, November 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Visti\*/Bava Karana Saplamyam Titau

Shanghai, China

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 19.4 Tithi 22

748413465

**Gulika** 11:40AM – 12:59PM  
**Yama** 9:02AM – 10:21AM  
**Rahu** 2:18PM – 3:36PM

**Ashlesha\* Until 11:40PM**  
Brahma Until 12:31AM Wed  
Visti Until 6:53AM  
Saptami Until 6:03PM

**Ganesha:** Clear *Sunrise: 6:25AM*  
**Muruqa:** Purple *Sunset: 4:55PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Simha Rasi: 4 Tithi 23 – 24

758413465

**Gulika** 10:22AM – 11:40AM  
**Yama** 7:44AM – 9:03AM  
**Rahu** 11:40AM – 12:59PM

**Magha\* Until 10:32PM**  
Indra Until 9:44PM  
Taitila Until 3:08AM Thu  
Ashtami\* Until 4:10PM

**Ganesha:** White *Sunrise: 6:26AM*  
**Muruqa:** Purple *Sunset: 4:55PM*  
**Nataraja:** Clear  
Moon – Red  
**Kartika-Kartikai**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 10:32PM

Then Creative Work - Amrita Yoga

Thursday, November 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Shanghai, China

Sun 8 Sutra 221

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 17.44 Tithi 24 – 25

758413465

**Gulika** 9:03AM – 10:22AM  
**Yama** 6:27AM – 7:45AM  
**Rahu** 12:59PM – 2:17PM

**Purvaphalguni Until 8:59PM**  
Vaidhriti\* Until 6:42PM  
Vanija Until 12:49AM Fri  
Navami\* Until 1:59PM

**Ganesha:** White *Sunrise: 6:27AM*  
**Muruqa:** Purple *Sunset: 4:54PM*  
**Nataraja:** Clear  
Moon – Red  
**Kartika-Kartikai**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

<b>1</b>		<b>Friday, November 22, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*Priti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 9 Sutra 222	
Kanya Rasi: 2.04	Tithi 25 – 26	758413465	<b>Gulika</b> 7:46AM – 9:04AM <b>Yama</b> 2:17PM – 3:36PM <b>Rahu</b> 10:22AM – 11:41AM	<b>Uttaraphalguni</b> Until 7:03PM Vishkambha* Until 3:29PM Bava Until 10:17PM Dashami Until 11:33AM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 4:54PM	Subha Sivaloka Day	Vikarin 5121 Moon 11 - Phase 31 2nd Phase	
Creative Work Siddha Yoga Until 7:03PM Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Saturday, November 23, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 10 Sutra 223	
Kanya Rasi: 16.31	Tithi 26 – 27	768413465	<b>Gulika</b> 6:28AM – 7:46AM <b>Yama</b> 12:59PM – 2:17PM <b>Rahu</b> 9:05AM – 10:23AM	<b>Hasta</b> Until 5:16PM Priti Until 12:09PM Kaulava Until 7:39PM Ekadashi* Until 8:57AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 4:54PM	Sivaloka Day	Vikarin 5121 Moon 11 - Phase 31 2nd Phase	
Routine Work Marana Yoga									

<b>3</b>		<b>Sunday, November 24, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 11 Sutra 224	
Tula Rasi: 1.01	Tithi 27 – 28	769413465	<b>Gulika</b> 2:17PM – 3:35PM <b>Yama</b> 11:41AM – 12:59PM <b>Rahu</b> 3:35PM – 4:53PM	<b>Chitra</b> Until 3:20PM Ayushman Until 8:45AM Vanija Until 3:40AM Mon Dvadashi* Until 6:17AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 4:53PM	Devaloka Day	Vikarin 5121 Moon 11 - Phase 31 2nd Phase	
Creative Work Siddha Yoga Until 1:21PM Then Routine Work - Marana Yoga									

<b>4</b>		<b>Monday, November 25, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Shanghai, China Sun 12 Sutra 225	
Tula Rasi: 15.29	Tithi 29	769413465	<b>Gulika</b> 12:59PM – 2:17PM <b>Yama</b> 10:24AM – 11:42AM <b>Rahu</b> 7:48AM – 9:06AM	<b>Svati</b> Until 1:21PM Sobhana Until 2:15AM Tue Visti Until 2:26PM Chaturdashi* Until 1:14AM Tue	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:30AM <b>Sunset:</b> 4:53PM	Devaloka Day	Vikarin 5121 Moon 11 - Phase 31 2nd Phase	
Family Home Evening Creative Work Amrita Yoga Until 1:21PM Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Shanghai, China Sun 13 Sutra 226	
Tula Rasi: 29.5	Tithi 30	779413465	<b>Gulika</b> 11:42AM – 1:00PM <b>Yama</b> 9:06AM – 10:24AM <b>Rahu</b> 2:17PM – 3:35PM	<b>Vishakha</b> Until 11:54AM Athiganda* Until 11:20PM Catuspada Until 12:09PM Amavasya* Until 11:08PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 4:53PM	Devaloka Day	Vikarin 5121 Moon 11 - Phase 31 Amavasya	
Routine Work Marana Yoga Until 11:54AM Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Shanghai, China Sun 14 Sutra 227	
Vrischika Rasi: 13.56	Tithi 1	779413465	<b>Gulika</b> 10:25AM – 11:42AM <b>Yama</b> 7:49AM – 9:07AM <b>Rahu</b> 11:42AM – 1:00PM	<b>Anuradha</b> Until 10:42AM Sukarma Until 8:49PM Kintughna Until 10:16AM Prathama* Until 9:30PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 4:53PM	Devaloka Day	Vikarin 5121 Moon 11 - Phase 31 Prathama	
Creative Work Siddha Yoga									

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau	Shanghai, China Sun 15 Sutra 228 Vikarin 5121
Vrischika Rasi: 27.43	Tithi 2	<b>Gulika</b> 9:08AM – 10:25AM	<b>Jyeshtha* Until 9:53AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM	
		Yama 6:32AM – 7:50AM	Dhriti Until 6:47PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:53PM	Moon 11 - Phase 32
		779413465 <b>Rahu</b> 1:00PM – 2:18PM	Balava Until 8:55AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 8:29PM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 9:53AM				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Shanghai, China Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 11.07	Tithi 3	<b>Gulika</b> 7:51AM – 9:08AM	<b>Mula* Until 10:02AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:33AM	
		Yama 2:18PM – 3:35PM	Shula* Until 5:16PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:25AM – 11:43AM	Taitila Until 8:15AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 8:10PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 10:02AM				<b>Margasira-Karttikai</b>	
Then Routine Work - Prabalarishta Yoga					

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Ganda*/Vridhi* Yoga Vanija/Visti* Karana Chaturthyam Titau	Shanghai, China Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 24.07	Tithi 4	<b>Gulika</b> 6:34AM – 7:51AM	<b>Purvashadha* Until 10:45AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:34AM	
		Yama 1:01PM – 2:18PM	Ganda* Until 4:21PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:09AM – 10:26AM	Vanija Until 8:19AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:37PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 10:45AM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau	Shanghai, China Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 6.47	Tithi 5	<b>Gulika</b> 2:18PM – 3:35PM	<b>Uttarashadha Until 12:01PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:35AM	
		Yama 11:44AM – 1:01PM	Vridhi Until 4:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 3:35PM – 4:52PM	Bava Until 9:08AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 9:47PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 4:52PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau	Shanghai, China Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 19.07	Tithi 6	<b>Gulika</b> 1:01PM – 2:18PM	<b>Shravana Until 2:16PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:36AM	
<b>Family Home Evening</b>		Yama 10:27AM – 11:44AM	Dhruva Until 4:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 7:53AM – 9:10AM	Kaulava Until 10:39AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 11:35PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 2:16PM				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Shanghai, China Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 1.14	Tithi 7	<b>Gulika</b> 11:44AM – 1:01PM	<b>Dhanishtha Until 4:51PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM	
		Yama 9:10AM – 10:27AM	Vyaghata* Until 4:41PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:18PM – 3:35PM	Gara Until 12:42PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 1:51AM Wed</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 4:51PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau	Shanghai, China Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 13.11	Tithi 8	<b>Gulika</b> 10:28AM – 11:45AM	<b>Shatabhishak Until 7:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM	
		Yama 7:54AM – 9:11AM	Harshana Until 5:27PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 11:45AM – 1:02PM	Visti Until 3:05PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 4:19AM Thu</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 7:33PM				<b>Margasira-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau	Shanghai, China Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 25.05	Tithi 9	<b>Gulika</b> 9:12AM – 10:28AM	<b>Purvaproshtapada* Until 10:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:38AM	
		Yama 6:38AM – 7:55AM	Vajra* Until 6:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		711413465 <b>Rahu</b> 1:02PM – 2:19PM	Balava Until 5:36PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Siddha Yoga		<b>Navami* Until 6:48AM Fri</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 6:48AM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Shanghai, China Sun 23 Sutra 236 Vikarin 5121	
Meena Rasi: 6.58	Tithi 9 – 10	<b>Gulika</b> 7:56AM – 9:12AM	<b>Uttaraproshtapada</b> Until 1:27AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:39AM		
		Yama 2:19PM – 3:36PM	Siddhi Until 6:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM		Moon 11 - Phase 33
	711413465	<b>Rahu</b> 10:29AM – 11:46AM	Taitila Until 8:00PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:48AM	Moon – Clear		<b>Sivaloka Day</b>	
Until 1:27AM Sat				<b>Margasira-Karttikai</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 24 Sutra 237 Vikarin 5121	
Meena Rasi: 18.56	Tithi 10 – 11	<b>Gulika</b> 6:40AM – 7:56AM	<b>Revati</b> Until 3:46AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM		
		Yama 1:03PM – 2:19PM	Vyatipata* Until 7:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM		Moon 11 - Phase 33
	711513465	<b>Rahu</b> 9:13AM – 10:29AM	Vanija Until 10:07PM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 9:05AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 3:46AM Sun		<b>Gita Jayanthi</b>		<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 25 Sutra 238 Vikarin 5121	
Mesha Rasi: 1.02	Tithi 11 – 12	<b>Gulika</b> 2:19PM – 3:36PM	<b>Ashvini</b> Until 5:59AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM		
		Yama 11:46AM – 1:03PM	Varyan Until 7:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM		Moon 11 - Phase 33
	721513465	<b>Rahu</b> 3:36PM – 4:52PM	Bava Until 11:47PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 10:59AM	Moon – White		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 26 Sutra 239 Vikarin 5121	
Mesha Rasi: 13.2	Tithi 12 – 13	<b>Gulika</b> 1:03PM – 2:20PM	<b>Bharani</b> Until 7:30AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM		
<b>Family Home Evening</b>		Yama 10:30AM – 11:47AM	Parigha* Until 7:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33
	721513465	<b>Rahu</b> 7:58AM – 9:14AM	Kaulava Until 12:55AM Tue	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 12:24PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 27 Sutra 240 Vikarin 5121	
Mesha Rasi: 25.52	Tithi 13 – 14	<b>Gulika</b> 11:47AM – 1:04PM	<b>Bharani</b> Until 7:30AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:42AM		
		Yama 9:15AM – 10:31AM	Shiva Until 6:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33
	721513465	<b>Rahu</b> 2:20PM – 3:36PM	Gara Until 1:29AM Wed	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 1:15PM	Moon – White		<b>Sivaloka Day</b>	
		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>			

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Shanghai, China Sutra 241 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:32AM – 11:48AM	<b>Krittika</b> Until 8:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM		
Vrishabha Rasi: 8.4	Tithi 14 – 15	Yama 7:59AM – 9:15AM	Siddha Until 5:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33
	721523465	<b>Rahu</b> 11:48AM – 1:04PM	Visti Until 1:28AM Thu	<b>Nataraja:</b> Clear			Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 1:31PM	Moon – White		<b>Devaloka Day</b>	
Until 8:18AM				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>Thursday, December 12, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Shanghai, China Sutra 242 Vikarin 5121	
Vrishabha Rasi: 21.44	Tithi 15 – 16	<b>Gulika</b> 9:16AM – 10:32AM	<b>Rohini</b> Until 8:52AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:43AM		
		Yama 6:43AM – 8:00AM	Sadhya Until 4:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33
	731523465	<b>Rahu</b> 1:05PM – 2:21PM	Balava Until 12:55AM Fri	<b>Nataraja:</b> Clear			Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 1:14PM	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			
		<b>Vinayaga Viratam Begins</b>					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Mithuna Rasi: 5.05 Tithi 16 – 17

732523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 8:00AM – 9:16AM  
Yama 2:21PM – 3:37PM  
Rahu 10:33AM – 11:49AM

Mrigashira Until 8:48AM  
Subha Until 2:28PM  
Taitila Until 11:56PM  
Prathama\* Until 12:27PM

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear  
Moon – Yellow  
Margasira-Karttikai

Sunrise: 6:44AM  
Sunset: 4:53PM

Shanghai, China  
Sutra 243  
Vikarin 5121  
Moon 12 - Phase 34  
1st Phase

Devaloka Day

1

Saturday, December 14, 2019

Mithuna Rasi: 18.4 Tithi 17 – 18

732523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 6:45AM – 8:01AM  
Yama 1:05PM – 2:21PM  
Rahu 9:17AM – 10:33AM

Ardra Until 8:09AM  
Sukla Until 12:15PM  
Vanija Until 10:34PM  
Dvitiya Until 11:16AM

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear  
Moon – Yellow  
Margasira-Karttikai

Sunrise: 6:45AM  
Sunset: 4:54PM

Shanghai, China  
Sun 1 Sutra 244  
Vikarin 5121  
Moon 12 - Phase 34  
1st Phase

Devaloka Day

2

Sunday, December 15, 2019

Kataka Rasi: 2.28 Tithi 18 – 19

742523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visli\*/Bava Karana Triliya/Chaturthyam Titau

Gulika 2:22PM – 3:38PM  
Yama 11:50AM – 1:06PM  
Rahu 3:38PM – 4:54PM

Punarvasu Until 7:29AM  
Brahma Until 9:49AM  
Bava Until 8:55PM  
Tritiya Until 9:45AM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear  
Moon – Blue  
Margasira-Karttikai

Sunrise: 6:45AM  
Sunset: 4:54PM

Shanghai, China  
Sun 2 Sutra 245  
Vikarin 5121  
Moon 12 - Phase 34  
1st Phase

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

3

Monday, December 16, 2019

Kataka Rasi: 16.25 Tithi 19 – 20

742523465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Indra/Vaidhrili\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:06PM – 2:22PM  
Yama 10:34AM – 11:50AM  
Rahu 8:02AM – 9:18AM

Pushya Until 6:25AM  
Indra Until 7:11AM  
Kaulava Until 7:04PM  
Chaturthi\* Until 8:00AM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear  
Moon – Blue  
Margasira-Markali

Sunrise: 6:46AM  
Sunset: 4:54PM

Shanghai, China  
Sun 3 Sutra 246  
Vikarin 5121  
Moon 12 - Phase 34  
1st Phase

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

Markali Pillaiyar

4

Tuesday, December 17, 2019

Simha Rasi: 0.28 Tithi 20 – 21

852523465

Creative Work Siddha Yoga

Until 3:50AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Magha\* Nakshatra Vishkambha\* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Gulika 11:51AM – 1:07PM  
Yama 9:19AM – 10:35AM  
Rahu 2:23PM – 3:39PM

Magha\* Until 3:50AM Wed  
Vishkambha\* Until 1:33AM Wed  
Vanija Until 4:03AM Wed  
Panchami Until 6:04AM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear  
Moon – Red  
Margasira-Markali

Sunrise: 6:47AM  
Sunset: 4:55PM

Shanghai, China  
Sun 4 Sutra 247  
Vikarin 5121  
Moon 12 - Phase 34  
1st Phase

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

5

Wednesday, December 18, 2019

Simha Rasi: 14.35 Tithi 22

852523465

Creative Work Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Priti Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 10:35AM – 11:51AM  
Yama 8:03AM – 9:19AM  
Rahu 11:51AM – 1:07PM

Purvaphalguni Until 2:27AM Thu  
Priti Until 10:40PM  
Visti Until 3:02PM  
Saptami Until 1:59AM Thu

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear  
Moon – Red  
Margasira-Markali

Sunrise: 6:47AM  
Sunset: 4:55PM

Shanghai, China  
Sun 5 Sutra 248  
Vikarin 5121  
Moon 12 - Phase 34  
1st Phase

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

D

Thursday, December 19, 2019

Retreat Star

Simha Rasi: 28.45 Tithi 23

852523465

Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:20AM – 10:36AM  
Yama 6:48AM – 8:04AM  
Rahu 1:08PM – 2:24PM

Uttaraphalguni Until 12:55AM Fri  
Ayushman Until 7:44PM  
Balava Until 12:57PM  
Ashtami\* Until 11:54PM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear  
Moon – Red  
Margasira-Markali

Sunrise: 6:48AM  
Sunset: 4:56PM

Shanghai, China  
Sun 6 Sutra 249  
Vikarin 5121  
Moon 12 - Phase 34  
Ashtami

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

Friday, December 20, 2019

Retreat Star

Kanya Rasi: 12.54 Tithi 24

862523465

Creative Work Amrita Yoga

Until 11:41PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 8:04AM – 9:20AM  
Yama 2:24PM – 3:40PM  
Rahu 10:36AM – 11:52AM

Hasta Until 11:41PM  
Saubhagya Until 4:50PM  
Taitila Until 10:53AM  
Navami\* Until 9:50PM

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear  
Moon – Green  
Margasira-Markali

Sunrise: 6:48AM  
Sunset: 4:56PM

Shanghai, China  
Sun 7 Sutra 250  
Vikarin 5121  
Moon 12 - Phase 34  
Navami

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>	<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Dashamyam Titau	Shanghai, China
	Kanya Rasi: 27.02	Tithi 25		Sun 8 Sutra 251
	862523465	<b>Gulika</b> 6:49AM – 8:05AM <b>Yama</b> 1:09PM – 2:25PM <b>Rahu</b> 9:21AM – 10:37AM	<b>Chitra</b> Until 10:22PM Sobhana Until 1:59PM Vanija Until 8:51AM Dashami Until 7:51PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:49AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:56PM</i> <b>Nataraja:</b> Clear Moon – Green
Routine Work	Marana Yoga	Day 1 of Pancha Ganapati	Margasira-Markali	Devaloka Day
Until 10:22PM				
Then Creative Work - Siddha Yoga				

<b>2</b>	<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda/Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Shanghai, China
	Tula Rasi: 11.07	Tithi 26 – 27		Sun 9 Sutra 252
	862523465	<b>Gulika</b> 2:25PM – 3:41PM <b>Yama</b> 11:53AM – 1:09PM <b>Rahu</b> 3:41PM – 4:57PM	<b>Svati</b> Until 9:03PM Athiganda* Until 11:12AM Bava Until 6:54AM Ekadashi* Until 5:58PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:49AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:57PM</i> <b>Nataraja:</b> Clear Moon – Green
Creative Work	Siddha Yoga	Day 2 of Pancha Ganapati	Margasira-Markali	Devaloka Day
Until 9:03PM				
Then Routine Work - Marana Yoga				

<b>3</b>	<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Shanghai, China
	Tula Rasi: 25.06	Tithi 27 – 28		Sun 10 Sutra 253
<b>Family Home Evening</b>	872523465	<b>Gulika</b> 1:10PM – 2:26PM <b>Yama</b> 10:38AM – 11:54AM <b>Rahu</b> 8:06AM – 9:22AM	<b>Vishakha</b> Until 8:13PM Sukarma Until 8:33AM Gara Until 3:34AM Tue Dvadashi* Until 4:17PM	<b>Ganesha:</b> White <i>Sunrise: 6:50AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:57PM</i> <b>Nataraja:</b> Clear Moon – Orange
Routine Work	Marana Yoga	Day 3 of Pancha Ganapati	Margasira-Markali	Bhuloka Day
Until 8:13PM				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>	<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Shanghai, China
	Vrischika Rasi: 8.56	Tithi 28 – 29		Sun 11 Sutra 254
	872523465	<b>Gulika</b> 11:54AM – 1:10PM <b>Yama</b> 9:22AM – 10:38AM <b>Rahu</b> 2:26PM – 3:42PM	<b>Anuradha</b> Until 7:31PM Dhriti Until 6:07AM Visti Until 2:19AM Wed Trayodashi* Until 2:52PM	<b>Ganesha:</b> White <i>Sunrise: 6:50AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:58PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati	Margasira-Markali	Bhuloka Day
Until 7:31PM				Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga				

	<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Shanghai, China
	<b>Retreat Star</b>			Sun 12 Sutra 255
Vrischika Rasi: 22.35	Tithi 29 – 30			Vikarin 5121
	872523465	<b>Gulika</b> 10:39AM – 11:55AM <b>Yama</b> 8:07AM – 9:23AM <b>Rahu</b> 11:55AM – 1:11PM	<b>Jyeshtha*</b> Until 7:02PM Ganda* Until 2:02AM Thu Catuspada Until 1:29AM Thu Chaturdashi* Until 1:49PM	<b>Ganesha:</b> White <i>Sunrise: 6:51AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:59PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati	Margasira-Markali	Bhuloka Day
Until 7:02PM				Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga				

<b>Retreat Star</b>	<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Shanghai, China
	Dhanus Rasi: 6	Tithi 30 – 1		Sun 13 Sutra 256
	883523465	<b>Gulika</b> 9:23AM – 10:39AM <b>Yama</b> 6:51AM – 8:07AM <b>Rahu</b> 1:11PM – 2:27PM	<b>Mula*</b> Until 7:19PM Vriddhi Until 12:34AM Fri Kintughna Until 1:09AM Fri Amavasya* Until 1:14PM	<b>Ganesha:</b> Orange <i>Sunrise: 6:51AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:59PM</i> <b>Nataraja:</b> Clear Moon – Light Blue
Creative Work	Siddha Yoga	Annular Solar Eclipse	Pausha-Markali	Devaloka Day

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Shanghai, China Sun 14 Sutra 257 Vikarin 5121	
Dhanus Rasi: 19.08	Tithi 1 – 2	<b>Gulika</b> 8:08AM – 9:24AM	<b>Purvashadha* Until 7:59PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM
		Yama 2:28PM – 3:44PM	Dhruva Until 11:31PM	<b>Nataraja:</b> Orange			
		883523466 <b>Rahu</b> 10:40AM – 11:56AM	Balava Until 1:22AM Sat	<b>Moon – Light Blue</b>			<b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 1:10PM</b>	<b>Pausha-Markali</b>			
Until 7:59PM							
Then Routine Work - Marana Yoga							
<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Shanghai, China Sun 15 Sutra 258 Vikarin 5121	
Makara Rasi: 1.59	Tithi 2 – 3	<b>Gulika</b> 6:52AM – 8:08AM	<b>Uttarashadha Until 9:04PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM
		Yama 1:12PM – 2:28PM	Vyaghata* Until 10:56PM	<b>Nataraja:</b> Orange			
		883523466 <b>Rahu</b> 9:24AM – 10:40AM	Taitila Until 2:12AM Sun	<b>Moon – Light Blue</b>			<b>Devaloka Day</b>
Routine Work	Marana Yoga		<b>Dvitiya Until 1:42PM</b>	<b>Pausha-Markali</b>			
Until 9:04PM							
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Shanghai, China Sun 16 Sutra 259 Vikarin 5121	
Makara Rasi: 14.33	Tithi 3 – 4	<b>Gulika</b> 2:29PM – 3:45PM	<b>Shravana Until 11:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM
		Yama 11:57AM – 1:13PM	Harshana Until 10:48PM	<b>Nataraja:</b> Orange			
		893523466 <b>Rahu</b> 3:45PM – 5:01PM	Vanija Until 3:37AM Mon	<b>Moon – Purple</b>			<b>Devaloka Day</b>
Creative Work	Amrita Yoga		<b>Tritiya Until 2:49PM</b>	<b>Pausha-Markali</b>			
Until 11:02PM							
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Shanghai, China Sun 17 Sutra 260 Vikarin 5121	
Makara Rasi: 26.53	Tithi 4 – 5	<b>Gulika</b> 1:13PM – 2:29PM	<b>Dhanishtha Until 1:20AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM
		Yama 10:41AM – 11:57AM	Vajra* Until 11:03PM	<b>Nataraja:</b> Orange			
		893523466 <b>Rahu</b> 8:09AM – 9:25AM	Bava Until 5:31AM Tue	<b>Moon – Purple</b>			<b>Devaloka Day</b>
Family Home Evening			<b>Chaturthi* Until 4:29PM</b>	<b>Pausha-Markali</b>			
Creative Work	Siddha Yoga						
Until 1:20AM Tue							
Then Routine Work - Marana Yoga							
<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava Karana Panchamyam Titau		Shanghai, China Sun 18 Sutra 261 Vikarin 5121	
Kumbha Rasi: 9	Tithi 5	<b>Gulika</b> 11:58AM – 1:14PM	<b>Shatabhishak Until 3:50AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM
		Yama 9:25AM – 10:42AM	Siddhi Until 11:36PM	<b>Nataraja:</b> Orange			
		893523466 <b>Rahu</b> 2:30PM – 3:46PM	Balava Until 6:36PM	<b>Moon – Purple</b>			<b>Devaloka Day</b>
Routine Work	Marana Yoga		<b>Panchami Until 6:36PM</b>	<b>Pausha-Markali</b>			
Until 3:50AM Wed							
Then Creative Work - Amrita Yoga							
<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Shanghai, China Sun 19 Sutra 262 Vikarin 5121	
Kumbha Rasi: 20.59	Tithi 6	<b>Gulika</b> 10:42AM – 11:59AM	<b>Purvaproshtapada* Until 6:54AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM
		Yama 8:10AM – 9:26AM	Vyatipata* Until 12:21AM Thu	<b>Nataraja:</b> Orange			
		813623466 <b>Rahu</b> 11:59AM – 1:15PM	Kaulava Until 7:48AM	<b>Moon – Clear</b>			<b>Bhuloka Day</b>
Creative Work	Amrita Yoga		<b>Shashthi* Until 9:01PM</b>	<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>
Until 6:54AM Thu							
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>					
<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Varyan Yoga Gara/Vanija Karana Saptamyam Titau		Shanghai, China Sun 20 Sutra 263 Vikarin 5121	
Meena Rasi: 2.53	Tithi 7	<b>Gulika</b> 9:26AM – 10:43AM	<b>Purvaproshtapada* Until 6:54AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM
		Yama 6:54AM – 8:10AM	Variyan Until 1:08AM Fri	<b>Nataraja:</b> Orange			
		813623466 <b>Rahu</b> 1:15PM – 2:32PM	Gara Until 10:17AM	<b>Moon – Clear</b>			<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Saptami Until 11:31PM</b>	<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>
<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau		Shanghai, China Sun 21 Sutra 264 Vikarin 5121	
Meena Rasi: 14.46	Tithi 8	<b>Gulika</b> 8:10AM – 9:27AM	<b>Uttaraproshtapada Until 9:48AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM
		Yama 2:32PM – 3:49PM	Parigha* Until 1:51AM Sat	<b>Nataraja:</b> Orange			
		813623466 <b>Rahu</b> 10:43AM – 12:00PM	Visti Until 12:46PM	<b>Moon – Clear</b>			<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:55AM Sat</b>	<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>
<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Shanghai, China Sun 22 Sutra 265 Vikarin 5121	
Meena Rasi: 26.43	Tithi 9	<b>Gulika</b> 6:54AM – 8:11AM	<b>Revati Until 12:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM
		Yama 1:17PM – 2:33PM	Shiva Until 2:21AM Sun	<b>Nataraja:</b> Orange			
		813623466 <b>Rahu</b> 9:27AM – 10:44AM	Balava Until 3:02PM	<b>Moon – Clear</b>			<b>Bhuloka Day</b>
Routine Work	Prabalarishta Yoga		<b>Navami* Until 4:01AM Sun</b>	<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>
Until 12:23PM							
Then Creative Work - Siddha Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Shanghai, China Sun 23 Sutra 266 Vikarin 5121	
Mesha Rasi: 8.47	Tithi 10	<b>Gulika</b> 2:34PM – 3:50PM	<b>Ashvini Until 2:54PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:54AM		
		Yama 12:00PM – 1:17PM	Siddha Until 2:27AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:07PM		Moon 12 - Phase 37
	823623466	<b>Rahu</b> 3:50PM – 5:07PM	Taitila Until 4:54PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga			Moon – White	<b>Devaloka Day</b>	
Until 2:54PM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami Until 5:36AM Mon</b>	<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2 Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija Karana Ekadashyam Titau			Shanghai, China Sun 24 Sutra 267 Vikarin 5121	
Mesha Rasi: 21.04	Tithi 11	<b>Gulika</b> 1:18PM – 2:34PM	<b>Bharani Until 4:44PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:54AM		
<b>Family Home Evening</b>		Yama 10:44AM – 12:01PM	Sadhya Until 2:06AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:08PM		Moon 12 - Phase 37
Creative Work	Siddha Yoga	<b>Rahu</b> 8:11AM – 9:28AM	Vanija Until 6:11PM	<b>Nataraja:</b> Orange		4th Phase
Until 4:44PM			<b>Ekadashi Until 6:33AM Tue</b>	Moon – White	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		

<b>3 Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Shanghai, China Sun 25 Sutra 268 Vikarin 5121	
Vrishabha Rasi: 3.38	Tithi 11 – 12	<b>Gulika</b> 12:01PM – 1:18PM	<b>Krittika Until 5:45PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:54AM		
		Yama 9:28AM – 10:45AM	Subha Until 1:13AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:08PM		Moon 12 - Phase 37
	823623466	<b>Rahu</b> 2:35PM – 3:52PM	Bava Until 6:47PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 6:33AM</b>	Moon – White	<b>Devaloka Day</b>	
Until 5:45PM		<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Shanghai, China Sun 26 Sutra 269 Vikarin 5121	
Vrishabha Rasi: 16.32	Tithi 12 – 13	<b>Gulika</b> 10:45AM – 12:02PM	<b>Rohini Until 6:22PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:54AM		
		Yama 8:11AM – 9:28AM	Sukla Until 11:44PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:09PM		Moon 12 - Phase 37
	833623466	<b>Rahu</b> 12:02PM – 1:19PM	Kaulava Until 6:38PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:47AM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

*Pradosha Vrata*

<b>5 Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau			Shanghai, China Sun 27 Sutra 270 Vikarin 5121	
Vrishabha Rasi: 29.48	Tithi 13 – 14	<b>Gulika</b> 9:28AM – 10:45AM	<b>Mrigashira Until 6:09PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:54AM		
		Yama 6:54AM – 8:11AM	Brahma Until 9:44PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:10PM		Moon 12 - Phase 37
	834623466	<b>Rahu</b> 1:19PM – 2:36PM	Vanija Until 5:07AM Fri	<b>Nataraja:</b> Orange		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 6:17AM</b>	Moon – Yellow	<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>		

<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau			Shanghai, China Sutra 271 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:11AM – 9:29AM	<b>Ardra Until 5:10PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:54AM		
Mithuna Rasi: 13.26	Tithi 15	Yama 2:37PM – 3:54PM	Indra Until 7:16PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:11PM		Moon 12 - Phase 37
		<b>Rahu</b> 10:46AM – 12:03PM	Visti Until 4:19PM	<b>Nataraja:</b> Orange		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 3:22AM Sat</b>	Moon – Yellow	<b>Devaloka Day</b>	
		<b>Penumbral Lunar Eclipse</b>		<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				

<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Shanghai, China Sutra 272 Vikarin 5121	
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:54AM – 8:12AM	<b>Punarvasu Until 3:59PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:54AM		
Mithuna Rasi: 27.25	Tithi 16	Yama 1:20PM – 2:37PM	Vaidhriti* Until 4:22PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:12PM		Moon 12 - Phase 37
		<b>Rahu</b> 9:29AM – 10:46AM	Balava Until 2:20PM	<b>Nataraja:</b> Orange		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 1:10AM Sun</b>	Moon – Blue	<b>Sivaloka Day</b>	
				<b>Pausha-Markali</b>		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

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Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 11.41 Tithi 17

Creative Work Siddha Yoga

844623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:38PM - 3:55PM Pushya Until 2:17PM  
Yama 12:03PM - 1:21PM Vishkambha\* Until 1:12PM  
Rahu 3:55PM - 5:13PM Taitila Until 11:58AM  
Dvitiya Until 10:40PM

Ganesha: White Sunrise: 6:54AM  
Muruga: Clear Sunset: 5:13PM  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Shanghai, China Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 26.08 Tithi 18

Family Home Evening  
Creative Work Siddha Yoga  
Until 12:13PM

Then Routine Work - Marana Yoga

844623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha\*/Magha\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

Gulika 1:21PM - 2:39PM Ashlesha\* Until 12:13PM  
Yama 10:46AM - 12:04PM Priti Until 9:51AM  
Rahu 8:12AM - 9:29AM Vanija Until 9:21AM  
Tritiya Until 7:59PM

Ganesha: White Sunrise: 6:54AM  
Muruga: Clear Sunset: 5:13PM  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Shanghai, China Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 10.41 Tithi 19 - 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhaya Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:04PM - 1:22PM Magha\* Until 10:21AM  
Yama 9:29AM - 10:47AM Ayushman Until 6:24AM  
Rahu 2:39PM - 3:57PM Bava Until 6:39AM  
Chaturthi\* Until 5:16PM

Ganesha: Clear Sunrise: 6:54AM  
Muruga: Clear Sunset: 5:14PM  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Shanghai, China Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 25.13 Tithi 20 - 21

Creative Work Amrita Yoga

854623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 10:47AM - 12:05PM Purvaphalguni Until 8:23AM  
Yama 8:12AM - 9:29AM Sobhana Until 11:40PM  
Rahu 12:05PM - 1:22PM Gara Until 1:24AM Thu  
Panchami Until 2:38PM

Ganesha: Clear Sunrise: 6:54AM  
Muruga: Clear Sunset: 5:15PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Shanghai, China Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

Thai Pongal

4

Thursday, January 16, 2020

Kanya Rasi: 9.38 Tithi 21 - 22

Amrita Yoga

Until 6:26AM

Then Routine Work - Marana Yoga

854623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 9:29AM - 10:47AM Uttaraphalguni Until 6:26AM  
Yama 6:54AM - 8:12AM Athiganda\* Until 8:30PM  
Rahu 1:23PM - 2:40PM Visti Until 11:04PM  
Shashthi\* Until 12:11PM

Ganesha: Clear Sunrise: 6:54AM  
Muruga: Clear Sunset: 5:16PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Shanghai, China Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 23.55 Tithi 22 - 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:11AM - 9:29AM Chitra Until 3:43AM Sat  
Yama 2:41PM - 3:59PM Sukarma Until 5:35PM  
Rahu 10:47AM - 12:05PM Balava Until 9:01PM  
Saptami Until 9:59AM

Ganesha: Purple Sunrise: 6:54AM  
Muruga: Clear Sunset: 5:17PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Shanghai, China Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 7.59 Tithi 23 - 24

Creative Work Siddha Yoga

Until 2:39AM Sun

Then Routine Work - Marana Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:53AM - 8:11AM Svati Until 2:39AM Sun  
Yama 1:24PM - 2:42PM Dhriti Until 2:56PM  
Rahu 9:29AM - 10:47AM Taitila Until 7:19PM  
Ashtami\* Until 8:06AM

Ganesha: Purple Sunrise: 6:53AM  
Muruga: Clear Sunset: 5:18PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Shanghai, China Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

Sivaloka Day

<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Navami/Dashmyam Titau	Shanghai, China Sun 7 Sutra 280 Vikarin 5121
Tula Rasi: 21.49	Tithi 24 – 25	<b>Gulika</b> 2:42PM – 4:00PM	<b>Vishakha</b> Until 2:14AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:53AM	
		Yama 12:06PM – 1:24PM	Shula* Until 12:33PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:19PM	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 4:00PM – 5:19PM	Visti Until 5:26AM Mon	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 6:35AM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 2:14AM Mon				<b>Pausha*Thai</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau	Shanghai, China Sun 8 Sutra 281 Vikarin 5121
Vrischika Rasi: 5.27	Tithi 26	<b>Gulika</b> 1:24PM – 2:43PM	<b>Anuradha</b> Until 2:02AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:53AM	
<b>Family Home Evening</b>		Yama 10:48AM – 12:06PM	Ganda* Until 10:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	<b>Rahu</b> 8:11AM – 9:29AM	Bava Until 5:01PM	<b>Nataraja:</b> Orange	2nd Phase
Until 2:02AM Tue			<b>Ekadashi* Until 4:40AM Tue</b>	Moon – Orange	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha*Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau	Shanghai, China Sun 9 Sutra 282 Vikarin 5121
Vrischika Rasi: 18.51	Tithi 27	<b>Gulika</b> 12:06PM – 1:25PM	<b>Jyeshtha*</b> Until 2:05AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:52AM	
		Yama 9:29AM – 10:48AM	Vridhi Until 8:45AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 2:43PM – 4:02PM	Kaulava Until 4:27PM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 4:18AM Wed</b>	Moon – Orange	<b>Devaloka Day</b>
Until 2:05AM Wed				<b>Pausha*Thai</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Shanghai, China Sun 10 Sutra 283 Vikarin 5121
Dhanus Rasi: 2.02	Tithi 28	<b>Gulika</b> 10:48AM – 12:07PM	<b>Mula*</b> Until 2:51AM Thu	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:52AM	
		Yama 8:11AM – 9:29AM	Dhruva Until 7:17AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 12:07PM – 1:25PM	Gara Until 4:18PM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 4:21AM Thu</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Until 2:51AM Thu				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga				<b>Pradosha Vrata (Fasting)</b>	

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Shanghai, China Sun 11 Sutra 284 Vikarin 5121
Dhanus Rasi: 15.01	Tithi 29	<b>Gulika</b> 9:29AM – 10:48AM	<b>Purvashadha*</b> Until 3:51AM Fri	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:52AM	
		Yama 6:52AM – 8:11AM	Vyaghata* Until 6:10AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 1:26PM – 2:45PM	Visti Until 4:34PM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 4:50AM Fri</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Until 3:51AM Fri				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Shanghai, China Sun 12 Sutra 285 Vikarin 5121
Dhanus Rasi: 27.47	Tithi 30	<b>Gulika</b> 8:10AM – 9:29AM	<b>Uttarashadha</b> Until 5:07AM Sat	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:51AM	
		Yama 2:45PM – 4:04PM	Vajra* Until 4:54AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:23PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 10:48AM – 12:07PM	Catuspada Until 5:15PM	<b>Nataraja:</b> Orange	Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 5:44AM Sat</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Until 5:07AM Sat				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna* Karana Prathamayam Titau	Shanghai, China Sun 13 Sutra 286 Vikarin 5121
Makara Rasi: 10.22	Tithi 1	<b>Gulika</b> 6:51AM – 8:10AM	<b>Shravana</b> Until 7:08AM Sun	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:51AM	
		Yama 1:27PM – 2:46PM	Siddhi Until 4:46AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:24PM	Moon 1 - Phase 39
	995623466	<b>Rahu</b> 9:29AM – 10:48AM	Kintughna Until 6:23PM	<b>Nataraja:</b> Orange	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 7:05AM Sun</b>	Moon – Purple	<b>Bhuloka Day</b>
Until 7:08AM Sun				<b>Magha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Shanghai, China Sun 14 Sutra 287	
Makara Rasi: 22.44	Tithi 1 – 2	<b>Gulika</b>	2:46PM – 4:06PM	<b>Shravana Until 7:08AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:50AM	Vikarin 5121	
		Yama	12:08PM – 1:27PM	Vyatipata* Until 4:57AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 40	
		995723466 <b>Rahu</b>	4:06PM – 5:25PM	Balava Until 7:56PM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Amrita Yoga			<b>Prathama* Until 7:05AM</b>	Moon – Purple			<b>Devaloka Day</b>
Until 7:08AM					<b>Magha-Thai</b>			
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Shanghai, China Sun 15 Sutra 288	
Kumbha Rasi: 4.58	Tithi 2 – 3	<b>Gulika</b>	1:27PM – 2:47PM	<b>Dhanishtha Until 9:21AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:50AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:48AM – 12:08PM	Variyan Until 5:23AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 40	
		995723466 <b>Rahu</b>	8:09AM – 9:29AM	Taitila Until 9:52PM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Siddha Yoga			<b>Dvitiya Until 8:50AM</b>	Moon – Purple			<b>Devaloka Day</b>
					<b>Magha-Thai</b>			

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Shanghai, China Sun 16 Sutra 289	
Kumbha Rasi: 17.02	Tithi 3 – 4	<b>Gulika</b>	12:08PM – 1:28PM	<b>Shatabhishak Until 11:45AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:49AM	Vikarin 5121	
		Yama	9:29AM – 10:48AM	Parigha* Until 6:02AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 40	
		995723466 <b>Rahu</b>	2:47PM – 4:07PM	Vanija Until 12:06AM Wed	<b>Nataraja:</b> Orange		3rd Phase	
Routine Work	Marana Yoga			<b>Tritiya Until 10:56AM</b>	Moon – Purple			<b>Devaloka Day</b>
					<b>Magha-Thai</b>			

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Shanghai, China Sun 17 Sutra 290	
Kumbha Rasi: 28.59	Tithi 4 – 5	<b>Gulika</b>	10:48AM – 12:08PM	<b>Purvaproshtapada* Until 2:44PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:49AM	Vikarin 5121	
		Yama	8:09AM – 9:29AM	Parigha* Until 6:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40	
		915723466 <b>Rahu</b>	12:08PM – 1:28PM	Bava Until 2:34AM Thu	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Amrita Yoga			<b>Chaturthi* Until 1:18PM</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 2:44PM					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Shanghai, China Sun 18 Sutra 291	
Meena Rasi: 10.53	Tithi 5 – 6	<b>Gulika</b>	9:28AM – 10:48AM	<b>Uttaraproshtapada Until 5:41PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:48AM	Vikarin 5121	
		Yama	6:48AM – 8:08AM	Shiva Until 6:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
		915723466 <b>Rahu</b>	1:28PM – 2:48PM	Kaulava Until 5:06AM Fri	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Siddha Yoga			<b>Panchami Until 3:49PM</b>	Moon – Clear			<b>Sivaloka Day</b>
					<b>Magha-Thai</b>			

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila Karana Shashthiyam Titau			Shanghai, China Sun 19 Sutra 292	
Meena Rasi: 22.45	Tithi 6	<b>Gulika</b>	8:08AM – 9:28AM	<b>Revati Until 8:26PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:48AM	Vikarin 5121	
		Yama	2:49PM – 4:09PM	Siddha Until 7:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
		916723466 <b>Rahu</b>	10:48AM – 12:09PM	Taitila Until 6:19PM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Siddha Yoga			<b>Shashthi* Until 6:19PM</b>	Moon – Clear			<b>Devaloka Day</b>
Until 8:26PM					<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau			Shanghai, China Sun 20 Sutra 293	
Mesha Rasi: 4.4	Tithi 7	<b>Gulika</b>	6:48AM – 8:08AM	<b>Ashvini Until 11:20PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:48AM	Vikarin 5121	
		Yama	1:29PM – 2:49PM	Sadhya Until 8:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
		926723466 <b>Rahu</b>	9:28AM – 10:48AM	Gara Until 7:32AM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Siddha Yoga			<b>Saptami Until 8:38PM</b>	Moon – White			<b>Bhuloka Day</b>
Until 8:26PM					<b>Magha-Thai</b>			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			Shanghai, China Sun 21 Sutra 294	
Mesha Rasi: 16.4	Tithi 8	<b>Gulika</b>	2:50PM – 4:10PM	<b>Bharani Until 1:39AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:47AM	Vikarin 5121	
		Yama	12:09PM – 1:29PM	Subha Until 8:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 40	
		926723466 <b>Rahu</b>	4:10PM – 5:30PM	Visti Until 9:40AM	<b>Nataraja:</b> Orange		Ashtami	
Routine Work	Prabalarishta Yoga			<b>Ashtami* Until 10:32PM</b>	Moon – White			<b>Bhuloka Day</b>
Until 1:39AM Mon					<b>Magha-Thai</b>			Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau			Shanghai, China Sun 22 Sutra 295	
Mesha Rasi: 28.53	Tithi 9	<b>Gulika</b>	1:29PM – 2:50PM	<b>Krittika Until 3:12AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:48AM – 12:09PM	Sukla Until 9:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 40	
		926723466 <b>Rahu</b>	8:07AM – 9:28AM	Balava Until 11:18AM	<b>Nataraja:</b> Orange		Navami	
Routine Work	Marana Yoga			<b>Navami* Until 11:50PM</b>	Moon – White			<b>Bhuloka Day</b>
Until 3:12AM Tue					<b>Magha-Thai</b>			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

<b>1</b>	<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 296
	Wishabha Rasi: 11.23	Tithi 10	<b>Gulika</b> 12:09PM – 1:30PM	<b>Rohini Until 4:20AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:46AM	Vikarin 5121
			Yama 9:27AM – 10:48AM	Brahma Until 8:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 41
		936723467	<b>Rahu</b> 2:51PM – 4:11PM	Taitila Until 12:13PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Dashami Until 12:21AM Wed</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 4:20AM Wed				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 297
	Wishabha Rasi: 24.14	Tithi 11	<b>Gulika</b> 10:48AM – 12:09PM	<b>Mrigashira Until 4:29AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:45AM	Vikarin 5121
			Yama 8:06AM – 9:27AM	Indra Until 7:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 41
		936723467	<b>Rahu</b> 12:09PM – 1:30PM	Vanija Until 12:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi Until 12:02AM Thu</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 4:29AM Thu				<b>Magha-Thai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau				Shanghai, China Sun 25 Sutra 298
	Mithuna Rasi: 7.31	Tithi 12	<b>Gulika</b> 9:27AM – 10:48AM	<b>Ardra Until 3:41AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:44AM	Vikarin 5121
			Yama 6:44AM – 8:06AM	Vaidhriti* Until 6:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41
		936723467	<b>Rahu</b> 1:30PM – 2:51PM	Bava Until 11:35AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dvodashi Until 10:54PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 3:41AM Fri				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 299
	Mithuna Rasi: 21.15	Tithi 13	<b>Gulika</b> 8:05AM – 9:26AM	<b>Punarvasu Until 2:28AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:44AM	Vikarin 5121
			Yama 2:52PM – 4:13PM	Priti Until 12:57AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 41
		947723467	<b>Rahu</b> 10:48AM – 12:09PM	Kaulava Until 10:03AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi Until 9:00PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

*Pradosha Vrata*

<b>5</b>	<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 300
	Kataka Rasi: 5.26	Tithi 14	<b>Gulika</b> 6:43AM – 8:05AM	<b>Pushya Until 12:31AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:43AM	Vikarin 5121
			Yama 1:31PM – 2:52PM	Ayushman Until 9:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41
		947723467	<b>Rahu</b> 9:26AM – 10:48AM	Gara Until 7:50AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 6:29PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>○</b>	<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sutra 301
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:53PM – 4:15PM	<b>Ashlesha* Until 10:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:42AM	Vikarin 5121
	Kataka Rasi: 20.01	Tithi 15 – 16	Yama 12:09PM – 1:31PM	Saubhagya Until 5:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41
			<b>Rahu</b> 4:15PM – 5:36PM	Balava Until 1:54AM Mon	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga			<b>Purnima* Until 3:30PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 10:01PM				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>○</b>	<b>Monday, February 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Shanghai, China Sutra 302
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:31PM – 2:53PM	<b>Magha* Until 7:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:41AM	Vikarin 5121
	Simha Rasi: 4.52	Tithi 16 – 17	Yama 10:47AM – 12:09PM	Sobhana Until 1:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41
			<b>Rahu</b> 8:03AM – 9:25AM	Taitila Until 10:31PM	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 12:13PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 7:33PM				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang





Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 19.52 Tithi 17 - 18

957723467

Gulika

12:09PM - 1:32PM

Yama

9:25AM - 10:47AM

Rahu

2:54PM - 4:16PM

Purvaphalguni Until 4:52PM

Athiganda\* Until 9:56AM

Vanija Until 7:06PM

Dvitiya Until 8:47AM

Ganesha: Red

Sunrise: 6:41AM

Muruqa: Clear

Sunset: 5:38PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 4:52PM

Then Creative Work - Amrita Yoga

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 4.51 Tithi 19

957723467

Gulika

10:47AM - 12:09PM

Yama

8:02AM - 9:25AM

Rahu

12:09PM - 1:32PM

Uttaraphalguni Until 2:08PM

Dhriti Until 2:07AM Thu

Bava Until 3:47PM

Chaturthi\* Until 2:11AM Thu

Ganesha: Red

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:39PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 2:08PM

Then Routine Work - Marana Yoga

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 19.41 Tithi 20

967723467

Gulika

9:24AM - 10:47AM

Yama

6:39AM - 8:01AM

Rahu

1:32PM - 2:55PM

Hasta Until 11:56AM

Shula\* Until 10:32PM

Kaulava Until 12:43PM

Panchami Until 11:19PM

Ganesha: Green

Sunrise: 6:39AM

Muruqa: Clear

Sunset: 5:40PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 11:56AM

Then Creative Work - Siddha Yoga

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 4.16 Tithi 21

968723467

Gulika

8:01AM - 9:24AM

Yama

2:55PM - 4:18PM

Rahu

10:46AM - 12:09PM

Chitra Until 9:58AM

Ganda\* Until 7:20PM

Gara Until 10:03AM

Shashthi\* Until 8:53PM

Ganesha: White

Sunrise: 6:38AM

Muruqa: Clear

Sunset: 5:41PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Vriddhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 18.31 Tithi 22

968723467

Gulika

6:37AM - 8:00AM

Yama

1:32PM - 2:55PM

Rahu

9:23AM - 10:46AM

Svati Until 8:23AM

Vriddhi Until 4:35PM

Visti Until 7:54AM

Saptami Until 7:01PM

Ganesha: White

Sunrise: 6:37AM

Muruqa: Clear

Sunset: 5:42PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bharu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Vrischika Rasi: 2.23 Tithi 23 - 24

978723467

Gulika

2:56PM - 4:19PM

Yama

12:09PM - 1:33PM

Rahu

4:19PM - 5:42PM

Vishakha Until 7:39AM

Dhruva Until 2:17PM

Balava Until 6:19AM

Ashtami\* Until 5:44PM

Ganesha: Clear

Sunrise: 6:36AM

Muruqa: Clear

Sunset: 5:42PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Shanghai, China

Sun 7 Sutra 309

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 15.53 Tithi 24 - 25

978723467

Gulika

1:33PM - 2:56PM

Yama

10:46AM - 12:09PM

Rahu

7:59AM - 9:22AM

Anuradha Until 7:23AM

Vyaghata\* Until 12:30PM

Vanija Until 5:01AM Tue

Navami\* Until 5:06PM

Ganesha: Clear

Sunrise: 6:35AM

Muruqa: Clear

Sunset: 5:43PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

<b>1</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Shanghai, China Sun 8 Sutra 310 Vikarin 5121
Wrischika Rasi: 29.04	Tithi 25 – 26	987823467	<b>Gulika</b> 12:09PM – 1:33PM <b>Yama</b> 9:22AM – 10:45AM <b>Rahu</b> 2:57PM – 4:20PM	<b>Jyeshtha* Until 7:33AM</b> Harshana Until 11:12AM Bava Until 5:16AM Wed Dashami Until 5:03PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Magha-Masi</b>
Routine Work	Marana Yoga				Sunrise: 6:34AM Sunset: 5:44PM Moon 2 - Phase 43 2nd Phase
Until 7:33AM					<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>2</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau	Shanghai, China Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 11.56	Tithi 26 – 27	988723467	<b>Gulika</b> 10:45AM – 12:09PM <b>Yama</b> 7:57AM – 9:21AM <b>Rahu</b> 12:09PM – 1:33PM	<b>Mula* Until 8:36AM</b> Vajra* Until 10:19AM Kaulava Until 6:01AM Thu Ekadashi* Until 5:34PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>
Routine Work	Marana Yoga				Sunrise: 6:33AM Sunset: 5:45PM Moon 2 - Phase 43 2nd Phase
Until 8:36AM					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatiyata* Yoga Kaulava/Tailila Karana Dvadashtyam Titau	Shanghai, China Sun 10 Sutra 312 Vikarin 5121
Dhanus Rasi: 24.35	Tithi 27	989823467	<b>Gulika</b> 9:21AM – 10:45AM <b>Yama</b> 6:32AM – 7:56AM <b>Rahu</b> 1:33PM – 2:57PM	<b>Purvashadha* Until 9:58AM</b> Siddhi Until 9:49AM Kaulava Until 6:01AM Dvadashti* Until 6:32PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>
Creative Work	Siddha Yoga				Sunrise: 6:32AM Sunset: 5:46PM Moon 2 - Phase 43 2nd Phase
Until 9:58AM					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>4</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Shanghai, China Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 7.02	Tithi 28	989823467	<b>Gulika</b> 7:56AM – 9:20AM <b>Yama</b> 2:58PM – 4:22PM <b>Rahu</b> 10:44AM – 12:09PM	<b>Uttarashadha Until 11:35AM</b> Vyatipata* Until 9:40AM Gara Until 7:12AM Trayodashi* Until 7:55PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>
Routine Work	Marana Yoga				Sunrise: 6:31AM Sunset: 5:46PM Moon 2 - Phase 43 2nd Phase
					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Mahasivaratri (Lunar)</b> <b>Mahasivaratri (Solar)</b>	<b>Pradosha Vrata (Fasting)</b>	

<b>5</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Shanghai, China Sun 12 Sutra 314 Vikarin 5121
Makara Rasi: 19.19	Tithi 29	999823467	<b>Gulika</b> 6:30AM – 7:55AM <b>Yama</b> 1:33PM – 2:58PM <b>Rahu</b> 9:20AM – 10:44AM	<b>Shravana Until 1:52PM</b> Variyan Until 9:45AM Visti Until 8:45AM Chaturdashi* Until 9:37PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Masi</b>
Creative Work	Siddha Yoga				Sunrise: 6:30AM Sunset: 5:47PM Moon 2 - Phase 43 2nd Phase
					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>●</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Shanghai, China Sun 13 Sutra 315 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 2:58PM – 4:23PM <b>Yama</b> 12:09PM – 1:33PM <b>Rahu</b> 4:23PM – 5:48PM	<b>Dhanishtha Until 4:16PM</b> Parigha* Until 10:04AM Catuspada Until 10:36AM Amavasya* Until 11:36PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Masi</b>
Kumbha Rasi: 1.29	Tithi 30	999823467			Sunrise: 6:29AM Sunset: 5:48PM Moon 2 - Phase 43 Amavasya
Routine Work	Marana Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 4:16PM					
Then Creative Work - Siddha Yoga					

<b>Monday, February 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau	Shanghai, China Sun 14 Sutra 316 Vikarin 5121
Kumbha Rasi: 13.33	Tithi 1	999823467	<b>Gulika</b> 1:34PM – 2:59PM <b>Yama</b> 10:43AM – 12:08PM <b>Rahu</b> 7:53AM – 9:18AM	<b>Shatabhishak Until 6:43PM</b> Shiva Until 10:36AM Kintughna Until 12:42PM Prathama* Until 1:48AM Tue	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Phalgun-Masi</b>
<b>Family Home Evening</b>					Sunrise: 6:28AM Sunset: 5:49PM Moon 2 - Phase 43 Prathama
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 6:43PM					
Then Routine Work - Marana Yoga					

<b>1</b>		<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtpada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Shanghai, China Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 25.32	Tithi 2	<b>Gulika</b> 12:08PM – 1:34PM	<b>Purvaproshtpada* Until 9:41PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:27AM</i>	
		Yama 9:18AM – 10:43AM	Siddha Until 11:15AM	<b>Muruqa:</b> Clear <i>Sunset: 5:49PM</i>	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 2:59PM – 4:24PM	Balava Until 3:00PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Dvitiya Until 4:11AM Wed</b>	Moon – Clear	<b>Devaloka Day</b>
Until 9:41PM				<b>Phalguna-Masi</b>	
Then Creative Work - Amrita Yoga					

<b>2</b>		<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau	Shanghai, China Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 7.27	Tithi 3	<b>Gulika</b> 10:43AM – 12:08PM	<b>Uttaraproshtpada Until 12:36AM Thu</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:26AM</i>	
		Yama 7:52AM – 9:17AM	Sadhya Until 12:02PM	<b>Muruqa:</b> Clear <i>Sunset: 5:50PM</i>	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 12:08PM – 1:34PM	Taitila Until 5:27PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 6:41AM Thu</b>	Moon – Clear	<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>	

<b>3</b>		<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau	Shanghai, China Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 19.19	Tithi 3 – 4	<b>Gulika</b> 9:16AM – 10:42AM	<b>Revati Until 3:25AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:25AM</i>	
		Yama 6:25AM – 7:51AM	Subha Until 12:55PM	<b>Muruqa:</b> Clear <i>Sunset: 5:51PM</i>	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 1:34PM – 2:59PM	Vanija Until 7:58PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 6:41AM</b>	Moon – Clear	<b>Devaloka Day</b>
Until 3:25AM Fri				<b>Phalguna-Masi</b>	
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>			

<b>4</b>		<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau	Shanghai, China Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 1.11	Tithi 4 – 5	<b>Gulika</b> 7:50AM – 9:16AM	<b>Ashvini Until 6:29AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:24AM</i>	
		Yama 3:00PM – 4:26PM	Sukla Until 1:45PM	<b>Muruqa:</b> Clear <i>Sunset: 5:52PM</i>	Moon 2 - Phase 44
		921823467 <b>Rahu</b> 10:42AM – 12:08PM	Bava Until 10:27PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Chatrthi* Until 9:12AM</b>	Moon – White	<b>Bhuloka Day</b>
Until 6:29AM Sat				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga					

<b>5</b>		<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Shanghai, China Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 13.05	Tithi 5 – 6	<b>Gulika</b> 6:23AM – 7:49AM	<b>Ashvini Until 6:29AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:23AM</i>	
		Yama 1:34PM – 3:00PM	Brahma Until 2:31PM	<b>Muruqa:</b> Clear <i>Sunset: 5:52PM</i>	Moon 2 - Phase 44
		921823467 <b>Rahu</b> 9:15AM – 10:41AM	Kaulava Until 12:45AM Sun	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 11:37AM</b>	Moon – White	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>6</b>		<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Shanghai, China Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 25.04	Tithi 6 – 7	<b>Gulika</b> 3:01PM – 4:27PM	<b>Bharani Until 9:10AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:21AM</i>	
		Yama 12:07PM – 1:34PM	Indra Until 3:05PM	<b>Muruqa:</b> Orange <i>Sunset: 5:54PM</i>	Moon 2 - Phase 44
		921833467 <b>Rahu</b> 4:27PM – 5:54PM	Gara Until 2:41AM Mon	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Shashthi* Until 1:45PM</b>	Moon – White	<b>Bhuloka Day</b>
Until 9:10AM				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga					

<b>Monday, March 2, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Shanghai, China Sun 21 Sutra 323 Vikarin 5121
Vrishabha Rasi: 7.13	Tithi 7 – 8	<b>Gulika</b> 1:34PM – 3:01PM	<b>Krittika Until 11:16AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:19AM</i>	
<b>Family Home Evening</b>		Yama 10:40AM – 12:07PM	Vaidhriti* Until 3:14PM	<b>Muruqa:</b> Orange <i>Sunset: 5:55PM</i>	Moon 2 - Phase 44
Routine Work Marana Yoga		921833467 <b>Rahu</b> 7:46AM – 9:13AM	Visti Until 4:01AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 11:16AM			<b>Saptami Until 3:25PM</b>	Moon – White	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Tuesday, March 3, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Shanghai, China Sun 22 Sutra 324 Vikarin 5121
Vrishabha Rasi: 19.37	Tithi 8 – 9	<b>Gulika</b> 12:07PM – 1:34PM	<b>Rohini Until 1:04PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i>	
		Yama 9:13AM – 10:40AM	Vishkambha* Until 2:54PM	<b>Muruqa:</b> Orange <i>Sunset: 5:55PM</i>	Moon 2 - Phase 44
		931833467 <b>Rahu</b> 3:01PM – 4:28PM	Balava Until 4:36AM Wed	<b>Nataraja:</b> Clear	Ashtami
Creative Work Amrita Yoga			<b>Ashtami* Until 4:23PM</b>	Moon – Yellow	<b>Devaloka Day</b>
Until 1:04PM				<b>Phalguna-Masi</b>	
Then Creative Work - Siddha Yoga					

<b>Wednesday, March 4, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Shanghai, China Sun 23 Sutra 325 Vikarin 5121
Mithuna Rasi: 2.22	Tithi 9 – 10	<b>Gulika</b> 10:39AM – 12:07PM	<b>Mrigashira Until 1:55PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:17AM</i>	
		Yama 7:44AM – 9:12AM	Priti Until 1:57PM	<b>Muruqa:</b> Orange <i>Sunset: 5:56PM</i>	Moon 2 - Phase 44
		931833467 <b>Rahu</b> 12:07PM – 1:34PM	Taitila Until 4:19AM Thu	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga			<b>Navami* Until 4:33PM</b>	Moon – Yellow	<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>	


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Shanghai, China Sun 24 Sutra 326	
Mithuna Rasi: 15.32	Tithi 10 – 11	<b>Gulika</b>	<b>9:11AM – 10:39AM</b>	<b>Ardra Until 1:47PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 6:16AM</i>	Vikarin 5121	
		Yama	6:16AM – 7:44AM	Ayushman Until 12:18PM	<b>Muruqa: Orange</b>	<i>Sunset: 5:57PM</i>	Moon 2 - Phase 45	
		131833467 <b>Rahu</b>	<b>1:34PM – 3:02PM</b>	Vanija Until 3:09AM Fri	<b>Nataraja: Clear</b>		4th Phase	
Routine Work	Marana Yoga			<b>Dashami Until 3:49PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 1:47PM								
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vistii/Bava Karana Ekadashi/Dvadashyam Titau			Shanghai, China Sun 25 Sutra 327	
Mithuna Rasi: 29.11	Tithi 11 – 12	<b>Gulika</b>	<b>7:43AM – 9:10AM</b>	<b>Punarvasu Until 1:05PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:15AM</i>	Vikarin 5121	
		Yama	3:02PM – 4:30PM	Saubhagya Until 9:58AM	<b>Muruqa: Orange</b>	<i>Sunset: 5:58PM</i>	Moon 2 - Phase 45	
		141833467 <b>Rahu</b>	<b>10:38AM – 12:06PM</b>	Bava Until 1:10AM Sat	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 2:14PM</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Until 1:05PM							<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Shanghai, China Sun 26 Sutra 328	
Kataka Rasi: 13.21	Tithi 12 – 13	<b>Gulika</b>	<b>6:14AM – 7:42AM</b>	<b>Pushya Until 11:29AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:14AM</i>	Vikarin 5121	
		Yama	1:34PM – 3:02PM	Sobhana Until 7:00AM	<b>Muruqa: Orange</b>	<i>Sunset: 5:58PM</i>	Moon 2 - Phase 45	
		141833467 <b>Rahu</b>	<b>9:10AM – 10:38AM</b>	Kaulava Until 10:29PM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 11:53AM</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Until 11:29AM							<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Shanghai, China Sun 27 Sutra 329	
Kataka Rasi: 27.59	Tithi 13 – 14	<b>Gulika</b>	<b>3:02PM – 4:31PM</b>	<b>Ashlesha* Until 9:07AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:12AM</i>	Vikarin 5121	
		Yama	12:06PM – 1:34PM	Sukarma Until 11:34PM	<b>Muruqa: Orange</b>	<i>Sunset: 5:59PM</i>	Moon 2 - Phase 45	
		141833467 <b>Rahu</b>	<b>4:31PM – 5:59PM</b>	Gara Until 7:15PM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 8:54AM</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Until 9:07AM							<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga								

		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti Yoga Vistii/Bava Karana Purnimayam Titau			Shanghai, China Sutra 330	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>1:34PM – 3:02PM</b>	<b>Magha* Until 6:33AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:11AM</i>	Vikarin 5121	
Simha Rasi: 12.58	Tithi 15	Yama	10:37AM – 12:05PM	Dhriti Until 7:23PM	<b>Muruqa: Orange</b>	<i>Sunset: 6:00PM</i>	Moon 2 - Phase 45	
<b>Family Home Evening</b>		151833467 <b>Rahu</b>	<b>7:40AM – 9:08AM</b>	Vistii Until 3:38PM	<b>Nataraja: Clear</b>		Purnima	
Routine Work	Marana Yoga			<b>Purnima* Until 1:43AM Tue</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 6:33AM								
Then Creative Work - Siddha Yoga								

<b>0</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau			Shanghai, China Sutra 331	
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>12:05PM – 1:34PM</b>	<b>Uttaraphalguni Until 12:22AM Wed</b>	<b>Ganesha: White</b>	<i>Sunrise: 6:10AM</i>	Vikarin 5121	
Simha Rasi: 28.12	Tithi 16	Yama	9:08AM – 10:36AM	Shula* Until 3:01PM	<b>Muruqa: Orange</b>	<i>Sunset: 6:00PM</i>	Moon 2 - Phase 45	
		152833467 <b>Rahu</b>	<b>3:03PM – 4:32PM</b>	Balava Until 11:49AM	<b>Nataraja: Clear</b>		Prathama	
Creative Work	Amrita Yoga			<b>Prathama* Until 9:53PM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Until 12:22AM Wed								
Then Routine Work - Marana Yoga								



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasla Nakshatra Ganda/Vridhhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 13.29 Tithi 17

162833467

Gulika

10:36AM - 12:05PM

Yama

7:38AM - 9:07AM

Rahu

12:05PM - 1:34PM

Hasta Until 9:31PM

Ganda\* Until 10:41AM

Taitila Until 7:59AM

Dvitiya Until 6:06PM

Ganesha: Clear

Sunrise: 6:09AM

Muruqa: Orange

Sunset: 6:01PM

Nataraja: Clear

Moon - Green

Phalgun-Masi

Devaloka Day

Routine Work Marana Yoga

Until 9:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Vriddhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Shanghai, China

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 28.4 Tithi 18 - 19

162833467

Gulika

9:06AM - 10:35AM

Yama

6:07AM - 7:37AM

Rahu

1:34PM - 3:03PM

Chitra Until 6:49PM

Vriddhi Until 6:31AM

Bava Until 12:57AM Fri

Tritiya Until 2:33PM

Ganesha: Clear

Sunrise: 6:07AM

Muruqa: Orange

Sunset: 6:02PM

Nataraja: Clear

Moon - Green

Phalgun-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 6:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 13.34 Tithi 19 - 20

162833467

Gulika

7:36AM - 9:05AM

Yama

3:03PM - 4:33PM

Rahu

10:35AM - 12:04PM

Svati Until 4:24PM

Vyaghata\* Until 11:06PM

Kaulava Until 10:04PM

Chaturthi\* Until 11:25AM

Ganesha: Clear

Sunrise: 6:06AM

Muruqa: Orange

Sunset: 6:02PM

Nataraja: Clear

Moon - Green

Phalgun-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Shanghai, China

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 28.05 Tithi 20 - 21

172833467

Gulika

6:05AM - 7:35AM

Yama

1:34PM - 3:04PM

Rahu

9:05AM - 10:34AM

Vishakha Until 2:51PM

Harshana Until 8:08PM

Gara Until 7:49PM

Panchami Until 8:50AM

Ganesha: Purple

Sunrise: 6:05AM

Muruqa: Orange

Sunset: 6:03PM

Nataraja: Clear

Moon - Orange

Phalgun-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Shanghai, China

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 12.08 Tithi 21 - 22

172833468

Gulika

3:04PM - 4:34PM

Yama

12:04PM - 1:34PM

Rahu

4:34PM - 6:04PM

Anuradha Until 1:52PM

Vajra\* Until 5:44PM

Visti Until 6:17PM

Shashthi\* Until 6:56AM

Ganesha: Purple

Sunrise: 6:04AM

Muruqa: Orange

Sunset: 6:04PM

Nataraja: Purple

Moon - Orange

Phalgun-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 25.44 Tithi 23

172933468

Gulika

1:34PM - 3:04PM

Yama

10:33AM - 12:03PM

Rahu

7:33AM - 9:03AM

Jyeshtha\* Until 1:31PM

Siddhi Until 3:58PM

Balava Until 5:33PM

Ashtami\* Until 5:28AM Tue

Ganesha: Clear

Sunrise: 6:03AM

Muruqa: Orange

Sunset: 6:04PM

Nataraja: Purple

Moon - Orange

Phalgun-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 8.54 Tithi 24

182933468

Gulika

12:03PM - 1:34PM

Yama

9:02AM - 10:33AM

Rahu

3:04PM - 4:35PM

Mula\* Until 2:13PM

Vyatipata\* Until 2:50PM

Taitila Until 5:36PM

Navami\* Until 5:52AM Wed

Ganesha: Purple

Sunrise: 6:01AM

Muruqa: Orange

Sunset: 6:05PM

Nataraja: Purple

Moon - Light Blue

Phalgun-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 2:13PM

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija Karana Dashamyam Titau		Shanghai, China Sun 8 Sutra 339	
Dhanus Rasi: 21.41	Tithi 25	<b>Gulika</b> 10:32AM – 12:03PM	<b>Purvashadha* Until 3:29PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:00AM	Vikarin 5121	
		Yama 7:31AM – 9:01AM	Variyan Until 2:14PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47	
182933468	<b>Rahu</b> 12:03PM – 1:34PM		Vanija Until 6:21PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 6:57AM Thu</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukhtayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 9 Sutra 340	
Makara Rasi: 4.11	Tithi 25 – 26	<b>Gulika</b> 9:01AM – 10:32AM	<b>Uttarashadha Until 5:10PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:59AM	Vikarin 5121	
		Yama 5:59AM – 7:30AM	Parigha* Until 2:07PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47	
182933468	<b>Rahu</b> 1:34PM – 3:04PM		Bava Until 7:42PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami Until 6:57AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:10PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukhtayam Shravana Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 10 Sutra 341	
Makara Rasi: 16.26	Tithi 26 – 27	<b>Gulika</b> 7:29AM – 9:00AM	<b>Shravana Until 7:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Vikarin 5121	
		Yama 3:05PM – 4:36PM	Shiva Until 2:23PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 47	
192933468	<b>Rahu</b> 10:31AM – 12:02PM		Kaulava Until 9:30PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi* Until 8:32AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:37PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yukhtayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 11 Sutra 342	
Makara Rasi: 28.33	Tithi 27 – 28	<b>Gulika</b> 5:56AM – 7:28AM	<b>Dhanishtha Until 10:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
		Yama 1:33PM – 3:05PM	Siddha Until 2:53PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47	
192933468	<b>Rahu</b> 8:59AM – 10:31AM		Gara Until 11:36PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 10:29AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 10:12PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yukhtayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 12 Sutra 343	
Kumbha Rasi: 10.33	Tithi 28 – 29	<b>Gulika</b> 3:05PM – 4:37PM	<b>Shatabhishak Until 12:48AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
		Yama 12:02PM – 1:33PM	Sadhya Until 3:34PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47	
192933468	<b>Rahu</b> 4:37PM – 6:08PM		Visti Until 1:53AM Mon	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 12:42PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 12:48AM Mon				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Monday, March 23, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yukhtayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Shanghai, China Sun 13 Sutra 344	
Kumbha Rasi: 22.29	Tithi 29 – 30	<b>Gulika</b> 1:33PM – 3:05PM	<b>Purvaproshtapada* Until 3:51AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:29AM – 12:01PM	Subha Until 4:22PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47	
113933468	<b>Rahu</b> 7:26AM – 8:58AM		Catuspada Until 4:17AM Tue	<b>Nataraja:</b> Purple		Amavasya	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 3:03PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 3:51AM Tue				<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Tuesday, March 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yukhtayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Shanghai, China Sun 14 Sutra 345	
Meena Rasi: 4.23	Tithi 30 – 1	<b>Gulika</b> 12:01PM – 1:33PM	<b>Uttaraproshtapada Until 6:47AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:53AM	Vikarin 5121	
		Yama 8:57AM – 10:29AM	Sukla Until 5:12PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47	
113933468	<b>Rahu</b> 3:05PM – 4:37PM		Kintughna Until 6:43AM Wed	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Amrita Yoga		<b>Amavasya* Until 5:28PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:47AM Wed		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>			
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Shanghai, China Sun 15 Sutra 346	
Meena Rasi: 16.16	Tithi 1	<b>Gulika</b> 10:28AM – 12:01PM	<b>Uttaraproshtapada</b> Until 6:47AM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:51AM		Vikarin 5121
		Yama 7:24AM – 8:56AM	Brahma Until 6:04PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:10PM		Moon 3 - Phase 48
		113933468 <b>Rahu</b> 12:01PM – 1:33PM	Kintughna Until 6:43AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:55PM	<b>Chaitra*</b> Panguni		<b>Sivaloka Day</b>	
Until 6:47AM							
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Shanghai, China Sun 16 Sutra 347	
Meena Rasi: 28.08	Tithi 2	<b>Gulika</b> 8:55AM – 10:28AM	<b>Revati</b> Until 9:33AM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:50AM		Vikarin 5121
		Yama 5:50AM – 7:23AM	Indra Until 6:55PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:11PM		Moon 3 - Phase 48
		113933468 <b>Rahu</b> 1:33PM – 3:06PM	Balava Until 9:10AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 10:21PM	<b>Chaitra*</b> Panguni		<b>Sivaloka Day</b>	
Until 9:33AM		<b>Chellappaswami Mahasamadhi</b>					
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau		Shanghai, China Sun 17 Sutra 348	
Mesha Rasi: 10.02	Tithi 3	<b>Gulika</b> 7:22AM – 8:54AM	<b>Ashvini</b> Until 12:36PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:49AM		Vikarin 5121
		Yama 3:06PM – 4:39PM	Vaidhriti* Until 7:41PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:12PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:27AM – 12:00PM	Taitila Until 11:33AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 12:40AM Sat	<b>Chaitra*</b> Panguni		<b>Sivaloka Day</b>	
Until 12:36PM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau		Shanghai, China Sun 18 Sutra 349	
Mesha Rasi: 21.59	Tithi 4	<b>Gulika</b> 5:47AM – 7:21AM	<b>Bharani</b> Until 3:19PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:47AM		Vikarin 5121
		Yama 1:33PM – 3:06PM	Vishkambha* Until 8:20PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:12PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 8:54AM – 10:27AM	Vanija Until 1:47PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 2:47AM Sun	<b>Chaitra*</b> Panguni		<b>Sivaloka Day</b>	
Until 3:19PM							
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau		Shanghai, China Sun 19 Sutra 350	
Vrishabha Rasi: 4.02	Tithi 5	<b>Gulika</b> 3:06PM – 4:40PM	<b>Krittika</b> Until 5:37PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:46AM		Vikarin 5121
		Yama 12:00PM – 1:33PM	Priti Until 8:46PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:13PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 4:40PM – 6:13PM	Bava Until 3:44PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 4:33AM Mon	<b>Chaitra*</b> Panguni		<b>Sivaloka Day</b>	
Until 9:17PM							
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Shanghai, China Sun 20 Sutra 351	
Vrishabha Rasi: 16.13	Tithi 6	<b>Gulika</b> 1:33PM – 3:06PM	<b>Rohini</b> Until 7:50PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:45AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:26AM – 11:59AM	Ayushman Until 8:50PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:13PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 7:19AM – 8:52AM	Kaulava Until 5:16PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 5:49AM Tue	<b>Chaitra*</b> Panguni		<b>Subha Sivaloka Day</b>	
Until 9:17PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Gara Karana Saptamyam Titau		Shanghai, China Sun 21 Sutra 352	
Vrishabha Rasi: 28.37	Tithi 7	<b>Gulika</b> 11:59AM – 1:33PM	<b>Mrigashira</b> Until 9:17PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:44AM		Vikarin 5121
		Yama 8:51AM – 10:25AM	Saubhagya Until 8:26PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:14PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:07PM – 4:40PM	Gara Until 6:13PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:25AM Wed	<b>Chaitra*</b> Panguni		<b>Subha Sivaloka Day</b>	
Until 9:17PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Shanghai, China Sun 22 Sutra 353	
Mithuna Rasi: 11.18	Tithi 7 – 8	<b>Gulika</b> 10:25AM – 11:59AM	<b>Ardra</b> Until 9:53PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:44AM		Vikarin 5121
		Yama 7:18AM – 8:51AM	Sobhana Until 7:29PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:14PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 11:59AM – 1:33PM	Visti Until 6:26PM	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:25AM	<b>Chaitra*</b> Panguni		<b>Subha Sivaloka Day</b>	
Until 9:17PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		Shanghai, China Sun 23 Sutra 354	
Mithuna Rasi: 24.22	Tithi 8 – 9	<b>Gulika</b> 8:51AM – 10:25AM	<b>Punarvasu</b> Until 9:59PM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:43AM		Vikarin 5121
		Yama 5:43AM – 7:17AM	Athiganda* Until 5:52PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:15PM		Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:33PM – 3:07PM	Kaulava Until 5:13AM Fri	<b>Nataraja:</b> Purple			Navami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 6:14AM	<b>Chaitra*</b> Panguni		<b>Sivaloka Day</b>	
Until 9:17PM		<b>Sri Rama Navami</b>					
Then Routine Work - Marana Yoga							


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Friday, April 3, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau	Shanghai, China Sun 24 Sutra 355 Vikarin 5121
	Kataka Rasi: 7.53      Tithi 10	<b>Gulika</b> 7:16AM – 8:50AM <b>Pushya Until 9:08PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM
	143933468	Yama 3:07PM – 4:41PM <b>Sukarma Until 3:37PM</b>	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:15PM      Moon 3 - Phase 49
	Routine Work      Marana Yoga	<b>Rahu</b> 10:24AM – 11:58AM      Taitila Until 4:26PM	<b>Nataraja:</b> Purple      Moon – Blue <b>Sivaloka Day</b>
		<b>Dashami Until 3:25AM Sat</b>	<b>Chaitra•Panguni</b>

<b>2</b>	<b>Saturday, April 4, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau	Shanghai, China Sun 25 Sutra 356 Vikarin 5121
	Kataka Rasi: 21.53      Tithi 11	<b>Gulika</b> 5:40AM – 7:15AM <b>Ashlesha* Until 7:24PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:40AM
	143933468	Yama 1:33PM – 3:07PM      Dhriti Until 12:46PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:16PM      Moon 3 - Phase 49
	Routine Work      Marana Yoga	<b>Rahu</b> 8:49AM – 10:24AM      Vanija Until 2:15PM	<b>Nataraja:</b> Purple      Moon – Blue <b>Sivaloka Day</b>
Until 7:24PM	<b>Yogaswami Mahasamadhi</b>	<b>Ekadashi Until 12:54AM Sun</b>	<b>Chaitra•Panguni</b>
Then Creative Work - Amrita Yoga			

<b>3</b>	<b>Sunday, April 5, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau	Shanghai, China Sun 26 Sutra 357 Vikarin 5121
	Simha Rasi: 6.21      Tithi 12	<b>Gulika</b> 3:07PM – 4:42PM <b>Magha* Until 5:19PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:39AM
	153933468	Yama 11:58AM – 1:32PM      Shula* Until 9:20AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:17PM      Moon 3 - Phase 49
	Routine Work      Marana Yoga	<b>Rahu</b> 4:42PM – 6:17PM      Bava Until 11:25AM	<b>Nataraja:</b> Purple      Moon – Red <b>Subha Sivaloka Day</b>
Until 5:19PM		<b>Dvadashi Until 9:47PM</b>	<b>Chaitra•Panguni</b>
Then Creative Work - Siddha Yoga			

<b>4</b>	<b>Monday, April 6, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Shanghai, China Sun 27 Sutra 358 Vikarin 5121
	Simha Rasi: 21.13      Tithi 13	<b>Gulika</b> 1:32PM – 3:07PM <b>Purvaphalguni Until 2:38PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:38AM
	154933468	Yama 10:23AM – 11:57AM      Vriddhi Until 1:21AM Tue	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:17PM      Moon 3 - Phase 49
	<b>Family Home Evening</b>	<b>Rahu</b> 7:13AM – 8:48AM      Kaulava Until 8:05AM	<b>Nataraja:</b> Purple      Moon – Red <b>Sivaloka Day</b>
Creative Work      Siddha Yoga		<b>Trayodashi Until 6:15PM</b>	<b>Chaitra•Panguni</b>
			<i>Pradosha Vrata</i>

	<b>Tuesday, April 7, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Shanghai, China Sun 28 Sutra 359 Vikarin 5121
	<b>Copper Retreat Star</b>	<b>Gulika</b> 11:57AM – 1:32PM <b>Uttaraphalguni Until 11:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:36AM
	Kanya Rasi: 6.23      Tithi 14 – 15	Yama 8:47AM – 10:22AM      Dhruva Until 9:01PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:18PM      Moon 3 - Phase 49
	154933468	<b>Rahu</b> 3:08PM – 4:43PM      Visti Until 12:31AM Wed	<b>Nataraja:</b> Purple      Moon – Red <b>Sivaloka Day</b>
Creative Work      Amrita Yoga	<b>Panguni Uttiram</b>	<b>Chaturdashi* Until 2:27PM</b>	<b>Chaitra•Panguni</b>
Until 11:32AM	<b>Hanuman Jayanti</b>		
Then Creative Work - Siddha Yoga			

<b>Silver Retreat Star</b>	<b>Wednesday, April 8, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Shanghai, China Sun 29 Sutra 360 Vikarin 5121
	Kanya Rasi: 21.41      Tithi 15 – 16	<b>Gulika</b> 10:21AM – 11:57AM <b>Hasta Until 8:34AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:35AM
	164934468	Yama 7:11AM – 8:46AM      Vyaghata* Until 4:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM      Moon 3 - Phase 49
	Routine Work      Marana Yoga	<b>Rahu</b> 11:57AM – 1:32PM      Balava Until 8:39PM	<b>Nataraja:</b> Purple      Moon – Green <b>Devaloka Day</b>
Until 8:34AM		<b>Purnima* Until 10:33AM</b>	<b>Chaitra•Panguni</b>
Then Creative Work - Siddha Yoga			





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Shanghai, China  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 6.56      Tithi 16 - 17

**Gulika** 8:45AM - 10:21AM  
Yama 5:34AM - 7:10AM  
164934468 **Rahu** 1:32PM - 3:08PM

**Svati Until 2:39AM Fri**  
Harshana Until 12:27PM  
Gara Until 3:12AM Fri  
**Prathama\* Until 6:45AM**

**Ganesha:** Purple      *Sunrise:* 5:34AM  
**Muruqa:** Clear      *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon - Green  
**Chaitra-Panguni**

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 2:39AM Fri  
Then Creative Work - Siddha Yoga

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Shanghai, China  
Sun 1      Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 21.59      Tithi 18

**Gulika** 7:09AM - 8:45AM  
Yama 3:08PM - 4:44PM  
174134468 **Rahu** 10:20AM - 11:56AM

**Vishakha Until 12:27AM Sat**  
Vajra\* Until 8:28AM  
Vanija Until 1:36PM  
**Tritiya Until 12:06AM Sat**

**Ganesha:** Yellow      *Sunrise:* 5:33AM  
**Muruqa:** Clear      *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra-Panguni**

**Sivaloka Day**

Creative Work    Siddha Yoga

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China  
Sun 2      Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virschika Rasi: 6.41      Tithi 19

**Gulika** 5:32AM - 7:08AM  
Yama 1:32PM - 3:08PM  
174134468 **Rahu** 8:44AM - 10:20AM

**Anuradha Until 10:43PM**  
Vyatipata\* Until 1:51AM Sun  
Bava Until 10:46AM  
**Chaturthi\* Until 9:34PM**

**Ganesha:** Yellow      *Sunrise:* 5:32AM  
**Muruqa:** Clear      *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra-Panguni**

**Sivaloka Day**

Creative Work    Siddha Yoga

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China  
Sun 3      Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virschika Rasi: 20.56      Tithi 20

**Gulika** 3:09PM - 4:45PM  
Yama 11:56AM - 1:32PM  
174134468 **Rahu** 4:45PM - 6:21PM

**Jyeshtha\* Until 9:33PM**  
Variyan Until 11:23PM  
Kaulava Until 8:36AM  
**Panchami Until 7:47PM**

**Ganesha:** Yellow      *Sunrise:* 5:30AM  
**Muruqa:** Clear      *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra-Panguni**

**Sivaloka Day**

Routine Work    Marana Yoga  
Until 9:33PM  
Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China  
Sun 4      Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 4.41      Tithi 21

**Family Home Evening**

**Gulika** 1:32PM - 3:09PM  
Yama 10:19AM - 11:56AM  
184134468 **Rahu** 7:06AM - 8:42AM

**Mula\* Until 9:31PM**  
Parigha\* Until 9:36PM  
Gara Until 7:12AM  
**Shashthi\* Until 6:48PM**

**Ganesha:** Blue      *Sunrise:* 5:29AM  
**Muruqa:** Clear      *Sunset:* 6:22PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra-Chaitra**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 9:31PM  
Then Routine Work - Marana Yoga

Tamil New Year

**5**

**Tuesday, April 14, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Shanghai, China  
Sun 5      Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 17.58      Tithi 22

**Gulika** 11:55AM - 1:32PM  
Yama 8:42AM - 10:19AM  
284134468 **Rahu** 3:09PM - 4:46PM

**Purvashadha\* Until 10:09PM**  
Shiva Until 8:30PM  
Visti Until 6:39AM  
**Saptami Until 6:41PM**

**Ganesha:** Yellow      *Sunrise:* 5:28AM  
**Muruqa:** Clear      *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra-Chaitra**

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 10:09PM  
Then Routine Work - Prabalarishta Yoga

**D**

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China  
Sun 6      Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Makara Rasi: 0.49      Tithi 23

**Gulika** 10:18AM - 11:55AM  
Yama 7:04AM - 8:41AM  
284134468 **Rahu** 11:55AM - 1:32PM

**Uttarashadha Until 11:24PM**  
Siddha Until 8:00PM  
Balava Until 6:57AM  
**Ashtami\* Until 7:22PM**

**Ganesha:** Yellow      *Sunrise:* 5:27AM  
**Muruqa:** Clear      *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra-Chaitra**

**Sivaloka Day**

Creative Work    Amrita Yoga  
Until 11:24PM  
Then Creative Work - Siddha Yoga

**Thursday, April 16, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China  
Sun 7      Sutra 4  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 13.19      Tithi 24

**Gulika** 8:40AM - 10:18AM  
Yama 5:26AM - 7:03AM  
294134468 **Rahu** 1:32PM - 3:09PM

**Shravana Until 1:36AM Fri**  
Sadhya Until 8:02PM  
Taitila Until 7:59AM  
**Navami\* Until 8:44PM**

**Ganesha:** Blue      *Sunrise:* 5:26AM  
**Muruqa:** Clear      *Sunset:* 6:24PM  
**Nataraja:** Purple  
Moon - Purple  
**Chaitra-Chaitra**

**Devaloka Day**

Creative Work    Siddha Yoga

Chidambaram Abhishekam

<b>1</b>		<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China Sun 8 Sutra 5	
Makara Rasi: 25.32	Tithi 25	<b>Gulika</b> 7:02AM – 8:40AM	<b>Dhanishtha Until 4:07AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:25AM			Sarvari 5122	
		Yama 3:10PM – 4:47PM	Subha Until 8:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM			Moon 4 - Phase 1	
		294134468 <b>Rahu</b> 10:17AM – 11:55AM	Vanija Until 9:38AM	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 10:37PM</b>	<b>Chaitra+Chaitra</b>				<b>Devaloka Day</b>	
Until 4:07AM Sat									
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China Sun 9 Sutra 6	
Kumbha Rasi: 7.35	Tithi 26	<b>Gulika</b> 5:24AM – 7:01AM	<b>Shatabhishak Until 6:46AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:24AM			Sarvari 5122	
		Yama 1:32PM – 3:10PM	Sukla Until 9:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM			Moon 4 - Phase 1	
		294134468 <b>Rahu</b> 8:39AM – 10:17AM	Bava Until 11:43AM	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 12:51AM Sun</b>	<b>Chaitra+Chaitra</b>				<b>Devaloka Day</b>	
Until 6:46AM Sun									
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau				Shanghai, China Sun 10 Sutra 7	
Kumbha Rasi: 19.32	Tithi 27	<b>Gulika</b> 3:10PM – 4:48PM	<b>Shatabhishak Until 6:46AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM			Sarvari 5122	
		Yama 11:54AM – 1:32PM	Brahma Until 10:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM			Moon 4 - Phase 1	
		295134468 <b>Rahu</b> 4:48PM – 6:26PM	Kaulava Until 2:03PM	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 3:15AM Mon</b>	<b>Chaitra+Chaitra</b>				<b>Sivaloka Day</b>	
Until 9:53AM									
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 11 Sutra 8	
Meena Rasi: 1.24	Tithi 28	<b>Gulika</b> 1:32PM – 3:10PM	<b>Purvaproshtapada* Until 9:53AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM			Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:16AM – 11:54AM	Indra Until 11:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM			Moon 4 - Phase 1	
Routine Work	Marana Yoga	215134468 <b>Rahu</b> 7:00AM – 8:38AM	Gara Until 4:30PM	<b>Nataraja:</b> Purple				2nd Phase	
Until 9:53AM			<b>Trayodashi* Until 5:42AM Tue</b>	<b>Chaitra+Chaitra</b>				<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>						

<b>5</b>		<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti* Yoga Visti* Karana Chaturdashyam Titau				Shanghai, China Sun 12 Sutra 9	
Meena Rasi: 13.16	Tithi 29	<b>Gulika</b> 11:54AM – 1:32PM	<b>Uttaraproshtapada Until 12:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM			Sarvari 5122	
		Yama 8:37AM – 10:15AM	Vaidhriti* Until 11:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM			Moon 4 - Phase 1	
		215134468 <b>Rahu</b> 3:10PM – 4:49PM	Visti Until 6:56PM	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 8:06AM Wed</b>	<b>Chaitra+Chaitra</b>				<b>Sivaloka Day</b>	
Until 12:51PM									
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Shanghai, China Sun 13 Sutra 10	
Meena Rasi: 25.09	Tithi 29 – 30	<b>Gulika</b> 10:15AM – 11:54AM	<b>Revati Until 3:35PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:19AM			Sarvari 5122	
		Yama 6:58AM – 8:36AM	Vishkambha* Until 12:43AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM			Moon 4 - Phase 1	
		215134468 <b>Rahu</b> 11:54AM – 1:32PM	Catuspada Until 9:17PM	<b>Nataraja:</b> Purple				Amavasya	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:06AM</b>	<b>Chaitra+Chaitra</b>				<b>Sivaloka Day</b>	
Until 6:31PM									
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Shanghai, China Sun 14 Sutra 11	
Mesha Rasi: 7.04	Tithi 30 – 1	<b>Gulika</b> 8:36AM – 10:15AM	<b>Ashvini Until 6:31PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:18AM			Sarvari 5122	
		Yama 5:18AM – 6:57AM	Priti Until 1:27AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM			Moon 4 - Phase 1	
		225134468 <b>Rahu</b> 1:32PM – 3:11PM	Kintughna Until 11:29PM	<b>Nataraja:</b> Purple				Prathama	
Creative Work	Amrita Yoga		<b>Amavasya* Until 10:23AM</b>	<b>Vaisaka+Chaitra</b>				<b>Sivaloka Day</b>	
Until 6:31PM									
Then Creative Work - Siddha Yoga									

<b>1</b>	<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 15	Sutra 12
	Mesha Rasi: 19.04	Tithi 1 – 2	225134469	<b>Gulika</b> 6:56AM – 8:35AM Yama 3:11PM – 4:50PM <b>Rahu</b> 10:14AM – 11:53AM	<b>Bharani Until 9:06PM</b> Ayushman Until 1:59AM Sat Balava Until 1:28AM Sat Prathama* Until 12:29PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:17AM <b>Sunset:</b> 6:29PM	Sarvari 5122 Moon 4 - Phase 2 3rd Phase <b>Devaloka Day</b>
<b>2</b>	<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China Sun 16	Sutra 13
	Shrabha Rasi: 1.08	Tithi 2 – 3	225134469	<b>Gulika</b> 5:16AM – 6:55AM Yama 1:32PM – 3:11PM <b>Rahu</b> 8:35AM – 10:14AM	<b>Krittika Until 11:16PM</b> Saubhagya Until 2:19AM Sun Taitila Until 3:11AM Sun Dvitiya Until 2:21PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:16AM <b>Sunset:</b> 6:30PM	Sarvari 5122 Moon 4 - Phase 2 3rd Phase <b>Devaloka Day</b>
<b>3</b>	<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Shanghai, China Sun 17	Sutra 14
	Shrabha Rasi: 13.2	Tithi 3 – 4	235134469	<b>Gulika</b> 3:12PM – 4:51PM Yama 11:53AM – 1:32PM <b>Rahu</b> 4:51PM – 6:31PM	<b>Rohini Until 1:26AM Mon</b> Sobhana Until 2:24AM Mon Vanija Until 4:32AM Mon Tritiya Until 3:53PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:15AM <b>Sunset:</b> 6:31PM	Sarvari 5122 Moon 4 - Phase 2 3rd Phase <b>Devaloka Day</b>
<b>4</b>	<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 18	Sutra 15
	Shrabha Rasi: 25.41	Tithi 4 – 5	235134469	<b>Gulika</b> 1:32PM – 3:12PM Yama 10:13AM – 11:53AM <b>Rahu</b> 6:54AM – 8:33AM	<b>Mrigashira Until 3:00AM Tue</b> Athiganda* Until 2:07AM Tue Bava Until 5:27AM Tue Chaturthi* Until 5:02PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:14AM <b>Sunset:</b> 6:31PM	Sarvari 5122 Moon 4 - Phase 2 3rd Phase <b>Devaloka Day</b>
<b>5</b>	<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Shanghai, China Sun 19	Sutra 16
	Mithuna Rasi: 8.14	Tithi 5 – 6	236134469	<b>Gulika</b> 11:53AM – 1:32PM Yama 8:33AM – 10:13AM <b>Rahu</b> 3:12PM – 4:52PM	<b>Ardra Until 3:55AM Wed</b> Sukarma Until 1:27AM Wed Kaulava Until 5:49AM Wed Panchami Until 5:41PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:13AM <b>Sunset:</b> 6:32PM	Sarvari 5122 Moon 4 - Phase 2 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>6</b>	<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 20	Sutra 17
	Mithuna Rasi: 21.01	Tithi 6 – 7	246134469	<b>Gulika</b> 10:12AM – 11:52AM Yama 6:52AM – 8:32AM <b>Rahu</b> 11:52AM – 1:32PM	<b>Punarvasu Until 4:33AM Thu</b> Dhriti Until 12:19AM Thu Gara Until 5:34AM Thu Shashthi* Until 5:45PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:12AM <b>Sunset:</b> 6:33PM	Sarvari 5122 Moon 4 - Phase 2 3rd Phase <b>Devaloka Day</b>
<b>Retreat Star</b>	<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Shanghai, China Sun 21	Sutra 18
	Kataka Rasi: 4.07	Tithi 7 – 8	246134469	<b>Gulika</b> 8:32AM – 10:12AM Yama 5:11AM – 6:51AM <b>Rahu</b> 1:32PM – 3:13PM	<b>Pushya Until 4:23AM Fri</b> Shula* Until 10:39PM Visti Until 4:40AM Fri Saptami Until 5:11PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:11AM <b>Sunset:</b> 6:33PM	Sarvari 5122 Moon 4 - Phase 2 3rd Phase <b>Devaloka Day</b>
<b>Retreat Star</b>	<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 22	Sutra 19
	Kataka Rasi: 17.35	Tithi 8 – 9	246134469	<b>Gulika</b> 6:50AM – 8:31AM Yama 3:13PM – 4:54PM <b>Rahu</b> 10:11AM – 11:52AM	<b>Ashlesha* Until 3:24AM Sat</b> Ganda* Until 8:27PM Balava Until 3:06AM Sat Ashtami* Until 3:57PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:09AM <b>Sunset:</b> 6:35PM	Sarvari 5122 Moon 4 - Phase 2 Ashtami <b>Devaloka Day</b>
<b>Retreat Star</b>	<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Shanghai, China Sun 23	Sutra 20
	Simha Rasi: 1.25	Tithi 9 – 10	256134469	<b>Gulika</b> 5:08AM – 6:49AM Yama 1:33PM – 3:14PM <b>Rahu</b> 8:30AM – 10:11AM	<b>Magha* Until 2:06AM Sun</b> Vriddhi Until 5:45PM Taitila Until 12:55AM Sun Navami* Until 2:04PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:08AM <b>Sunset:</b> 6:35PM	Sarvari 5122 Moon 4 - Phase 2 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1 Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 24 Sutra 21
Simha Rasi: 15.4	Tithi 10 - 11	<b>Gulika</b> 3:14PM - 4:55PM	<b>Purvaphalguni</b> Until 12:08AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:08AM	Sarvari 5122
		Yama 11:52AM - 1:33PM	Dhruva Until 2:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3
256134469	<b>Rahu</b> 4:55PM - 6:36PM		Vanija Until 10:11PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:36AM	Moon - Red		<b>Bhuloka Day</b>
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>2 Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 25 Sutra 22
Kanya Rasi: 0.15	Tithi 11 - 12	<b>Gulika</b> 1:33PM - 3:14PM	<b>Uttaraphalguni</b> Until 9:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	Sarvari 5122
<b>Family Home Evening</b>		Yama 10:10AM - 11:52AM	Vyaghata* Until 11:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
256234469	<b>Rahu</b> 6:48AM - 8:29AM		Bava Until 7:02PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 8:38AM	Moon - Red		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>3 Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 23
Kanya Rasi: 15.08	Tithi 13	<b>Gulika</b> 11:52AM - 1:33PM	<b>Hasta</b> Until 7:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:06AM	Sarvari 5122
		Yama 8:29AM - 10:10AM	Harshana Until 7:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
267234469	<b>Rahu</b> 3:14PM - 4:56PM		Kaulava Until 3:36PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 1:48AM Wed	Moon - Green		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		
				<i>Pradosha Vrata</i>		

<b>4 Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 24
Tula Rasi: 0.11	Tithi 14	<b>Gulika</b> 10:10AM - 11:52AM	<b>Chitra</b> Until 4:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Sarvari 5122
		Yama 6:47AM - 8:28AM	Siddhi Until 11:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 3
267234469	<b>Rahu</b> 11:52AM - 1:33PM		Gara Until 12:02PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:14PM	Moon - Green		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 25
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:28AM - 10:10AM	<b>Svati</b> Until 1:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Sarvari 5122
Tula Rasi: 15.14	Tithi 15	Yama 5:04AM - 6:46AM	Vyatipata* Until 7:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 3
267234469	<b>Rahu</b> 1:33PM - 3:15PM		Visti Until 8:29AM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 6:45PM	Moon - Green		<b>Devaloka Day</b>
Until 1:28PM		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka-Chaitra</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, May 8, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Shanghai, China Sutra 26
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:45AM - 8:27AM	<b>Vishakha</b> Until 11:08AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	Sarvari 5122
Vrischika Rasi: 0.1	Tithi 16 - 17	Yama 3:15PM - 4:57PM	Variyan Until 3:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 3
277234469	<b>Rahu</b> 10:09AM - 11:51AM		Taitila Until 2:07AM Sat	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:33PM	Moon - Orange		<b>Bhuloka Day</b>
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM