



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Vistii* Karana Tritiyayam Titau

Regina, SK, Canada
Sutra 7

Vrischika Rasi: 4.11 Tithi 18

274483468

Gulika 3:29PM – 5:15PM
Yama 11:57AM – 1:43PM
Rahu 5:15PM – 7:01PM

Anuradha Until 4:13AM Mon
Vyatipata* Until 2:59PM
Vanija Until 11:23AM
Tritiya Until 10:54PM

Ganesha: Blue *Sunrise:* 4:52AM
Muruqa: Yellow *Sunset:* 7:01PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 4:13AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada
Sun 1 Sutra 8

Vrischika Rasi: 17.38 Tithi 19

274483468

Gulika 1:43PM – 3:30PM
Yama 10:10AM – 11:56AM
Rahu 6:37AM – 8:23AM

Jyeshtha* Until 4:35AM Tue
Variyan Until 1:23PM
Bava Until 10:39AM
Chaturthi* Until 10:33PM

Ganesha: Blue *Sunrise:* 4:50AM
Muruqa: Yellow *Sunset:* 7:03PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 4:35AM Tue
Then Creative Work - Amrita Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada
Sun 2 Sutra 9

Dhanus Rasi: 0.4 Tithi 20

284483468

Gulika 11:56AM – 1:43PM
Yama 8:22AM – 10:09AM
Rahu 3:30PM – 5:17PM

Mula* Until 6:04AM Wed
Parigha* Until 12:27PM
Kaulava Until 10:43AM
Panchami Until 11:02PM

Ganesha: Yellow *Sunrise:* 4:48AM
Muruqa: Yellow *Sunset:* 7:04PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada
Sun 3 Sutra 10

Dhanus Rasi: 13.17 Tithi 21

284483468

Gulika 10:09AM – 11:56AM
Yama 6:34AM – 8:21AM
Rahu 11:56AM – 1:44PM

Mula* Until 6:04AM
Shiva Until 12:09PM
Gara Until 11:36AM
Shashthi* Until 12:18AM Thu

Ganesha: Yellow *Sunrise:* 4:46AM
Muruqa: Yellow *Sunset:* 7:06PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 6:04AM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vistii*/Bava Karana Saptamyam Titau

Regina, SK, Canada
Sun 4 Sutra 11

Dhanus Rasi: 25.35 Tithi 22

284483469

Gulika 8:20AM – 10:08AM
Yama 4:44AM – 6:32AM
Rahu 1:44PM – 3:32PM

Purvashadha* Until 8:08AM
Siddha Until 12:23PM
Vistii Until 1:12PM
Saptami Until 2:13AM Fri

Ganesha: Yellow *Sunrise:* 4:44AM
Muruqa: Yellow *Sunset:* 7:07PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 8:08AM
Then Routine Work - Marana Yoga

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada
Sun 5 Sutra 12

Makara Rasi: 7.37 Tithi 23

284583469

Gulika 6:31AM – 8:19AM
Yama 3:32PM – 5:21PM
Rahu 10:07AM – 11:56AM

Uttarashadha Until 10:35AM
Sadhya Until 1:04PM
Balava Until 3:22PM
Ashtami* Until 4:34AM Sat

Ganesha: Red *Sunrise:* 4:42AM
Muruqa: Yellow *Sunset:* 7:09PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada
Sun 6 Sutra 13

Makara Rasi: 19.31 Tithi 24

294583469

Gulika 4:41AM – 6:29AM
Yama 1:44PM – 3:33PM
Rahu 8:18AM – 10:07AM

Shravana Until 1:44PM
Subha Until 2:01PM
Taitila Until 5:51PM
Navami* Until 7:06AM Sun

Ganesha: Green *Sunrise:* 4:41AM
Muruqa: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 7 Sutra 14
Kumbha Rasi: 1.2	Tithi 24 – 25	Gulika 3:34PM – 5:23PM	Dhanishtha Until 4:48PM	Ganesha: Green	<i>Sunrise:</i> 4:39AM	Vikarin 5121
		Yama 11:55AM – 1:45PM	Sukla Until 3:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3
		294583469 Rahu 5:23PM – 7:12PM	Vanija Until 8:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 7:06AM	Moon – Purple		Bhuloka Day
Until 4:48PM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 8 Sutra 15
Kumbha Rasi: 13.1	Tithi 25 – 26	Gulika 1:45PM – 3:34PM	Shatabhishak Until 7:34PM	Ganesha: Green	<i>Sunrise:</i> 4:37AM	Vikarin 5121
Family Home Evening		Yama 10:06AM – 11:55AM	Brahma Until 3:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:26AM – 8:16AM	Bava Until 10:46PM	Nataraja: Clear		2nd Phase
Until 7:34PM			Dashami Until 9:36AM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 9 Sutra 16
Kumbha Rasi: 25.06	Tithi 26 – 27	Gulika 11:55AM – 1:45PM	Purvaproshtapada* Until 10:21PM	Ganesha: Purple	<i>Sunrise:</i> 4:35AM	Vikarin 5121
		Yama 8:15AM – 10:05AM	Indra Until 4:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3
		214583469 Rahu 3:35PM – 5:25PM	Kaulava Until 12:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 11:49AM	Moon – Clear		Bhuloka Day
Until 10:21PM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 10 Sutra 17
Meena Rasi: 7.11	Tithi 27 – 28	Gulika 10:05AM – 11:55AM	Uttaraproshtapada Until 12:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:33AM	Vikarin 5121
		Yama 6:24AM – 8:14AM	Vaidhriti* Until 4:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
		214583469 Rahu 11:55AM – 1:45PM	Gara Until 2:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:36PM	Moon – Clear		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 18
Meena Rasi: 19.29	Tithi 28 – 29	Gulika 8:13AM – 10:04AM	Revati Until 2:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 4:31AM	Vikarin 5121
		Yama 4:31AM – 6:22AM	Vishkambha* Until 4:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 3
		215583469 Rahu 1:46PM – 3:37PM	Visti Until 3:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:52PM	Moon – Clear		Bhuloka Day
Until 2:01AM Fri				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 19
Mesha Rasi: 2	Tithi 29 – 30	Gulika 6:21AM – 8:12AM	Ashvini Until 3:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Vikarin 5121
		Yama 3:37PM – 5:29PM	Priti Until 4:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 3
		225583469 Rahu 10:03AM – 11:55AM	Catuspada Until 3:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 3:36PM	Moon – White		Bhuloka Day
Until 3:18AM Sat				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 13 Sutra 20
Mesha Rasi: 14.46	Tithi 30 – 1	Gulika 4:28AM – 6:20AM	Bharani Until 3:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:28AM	Vikarin 5121
		Yama 1:46PM – 3:38PM	Ayushman Until 3:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 3
		225583469 Rahu 8:11AM – 10:03AM	Kintughna Until 3:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 3:47PM	Moon – White		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 14 Sutra 21
Mesha Rasi: 27.47	Tithi 1 – 2	Gulika 3:39PM – 5:31PM	Krittika Until 3:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 4:26AM	Vikarin 5121
		Yama 11:55AM – 1:47PM	Saubhagya Until 2:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 3
		225583469 Rahu 5:31PM – 7:23PM	Balava Until 3:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:30PM	Moon – White		Bhuloka Day
Until 3:58AM Mon				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019

1

Vrishabha Rasi: 11.02 Tithi 2 - 3
Family Home Evening
Creative Work Amrita Yoga
Until 3:56AM Tue
Then Creative Work - Siddha Yoga

235583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau
Gulika 1:47PM - 3:39PM
Yama 10:02AM - 11:54AM
Rahu 6:17AM - 8:10AM
Rohini Until 3:56AM Tue
Sobhana Until 12:43PM
Taitila Until 2:21AM Tue
Dvitiya Until 2:49PM

Regina, SK, Canada
Sun 15 Sutra 22
Vikarin 5121
Moon 4 - Phase 4
3rd Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019

2

Vrishabha Rasi: 24.29 Tithi 3 - 4
Creative Work Siddha Yoga

235583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau
Gulika 11:54AM - 1:47PM
Yama 8:09AM - 10:02AM
Rahu 3:40PM - 5:33PM
Mrigashira Until 3:27AM Wed
Athiganda* Until 10:50AM
Vanija Until 1:10AM Wed
Tritiya Until 1:46PM

Regina, SK, Canada
Sun 16 Sutra 23
Vikarin 5121
Moon 4 - Phase 4
3rd Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019

3

Mithuna Rasi: 8.06 Tithi 4 - 5
Creative Work Siddha Yoga
Until 2:35AM Thu
Then Creative Work - Amrita Yoga

235583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau
Gulika 10:01AM - 11:54AM
Yama 6:15AM - 8:08AM
Rahu 11:54AM - 1:48PM
Ardra Until 2:35AM Thu
Sukarma Until 8:44AM
Bava Until 11:43PM
Chaturthi* Until 12:27PM

Regina, SK, Canada
Sun 17 Sutra 24
Vikarin 5121
Moon 4 - Phase 4
3rd Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019

4

Mithuna Rasi: 21.52 Tithi 5 - 6
Creative Work Amrita Yoga
Until 1:48AM Fri
Then Routine Work - Marana Yoga

245583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau
Gulika 8:07AM - 10:01AM
Yama 4:20AM - 6:13AM
Rahu 1:48PM - 3:42PM
Punarvasu Until 1:48AM Fri
Dhriti Until 6:28AM
Kaulava Until 10:04PM
Panchami Until 10:54AM

Regina, SK, Canada
Sun 18 Sutra 25
Vikarin 5121
Moon 4 - Phase 4
3rd Phase
Devaloka Day

Friday, May 10, 2019

5

Kataka Rasi: 5.46 Tithi 6 - 7
Routine Work Marana Yoga

245583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau
Gulika 6:12AM - 8:06AM
Yama 3:42PM - 5:36PM
Rahu 10:00AM - 11:54AM
Pushya Until 12:40AM Sat
Ganda* Until 1:22AM Sat
Gara Until 8:13PM
Shashthi* Until 9:09AM

Regina, SK, Canada
Sun 19 Sutra 26
Vikarin 5121
Moon 4 - Phase 4
3rd Phase
Devaloka Day

Saturday, May 11, 2019

Retreat Star

Kataka Rasi: 19.47 Tithi 7 - 8
Routine Work Marana Yoga
Until 11:14PM
Then Creative Work - Amrita Yoga

246583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau
Gulika 4:17AM - 6:11AM
Yama 1:49PM - 3:43PM
Rahu 8:05AM - 10:00AM
Ashlesha* Until 11:14PM
Vriddhi Until 10:38PM
Visti Until 6:11PM
Saptami Until 7:12AM

Regina, SK, Canada
Sun 20 Sutra 27
Vikarin 5121
Moon 4 - Phase 4
Ashtami
Devaloka Day

Sunday, May 12, 2019

Retreat Star

Simha Rasi: 3.54 Tithi 9
Routine Work Marana Yoga
Until 9:55PM
Then Creative Work - Siddha Yoga

256583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau
Gulika 3:44PM - 5:39PM
Yama 11:54AM - 1:49PM
Rahu 5:39PM - 7:33PM
Magha* Until 9:55PM
Dhruva Until 7:44PM
Balava Until 4:00PM
Navami* Until 2:50AM Mon

Regina, SK, Canada
Sun 21 Sutra 28
Vikarin 5121
Moon 4 - Phase 4
Navami
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 22 Sutra 29
1		Gulika 1:49PM – 3:45PM	Purvaphalguni Until 8:22PM	Ganesha: White	<i>Sunrise:</i> 4:13AM	Vikarin 5121
Simha Rasi: 18.07	Tithi 10	Yama 9:59AM – 11:54AM	Vyaghata* Until 4:46PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 5
Family Home Evening	256583469	Rahu 6:09AM – 8:04AM	Taitila Until 1:41PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:29AM Tue	Moon – Red		
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Regina, SK, Canada Sun 23 Sutra 30
2		Gulika 11:54AM – 1:50PM	Uttaraphalguni Until 6:37PM	Ganesha: White	<i>Sunrise:</i> 4:12AM	Vikarin 5121
Kanya Rasi: 2.23	Tithi 11	Yama 8:03AM – 9:59AM	Harshana Until 1:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 5
	256583469	Rahu 3:45PM – 5:41PM	Vanija Until 11:19AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 10:06PM	Moon – Red		
Until 6:37PM				Vaisaka-Vaikasi		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 24 Sutra 31
3		Gulika 9:58AM – 11:54AM	Hasta Until 5:11PM	Ganesha: Yellow	<i>Sunrise:</i> 4:11AM	Vikarin 5121
Kanya Rasi: 16.41	Tithi 12	Yama 6:07AM – 8:02AM	Vajra* Until 10:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 5
	266583469	Rahu 11:54AM – 1:50PM	Bava Until 8:56AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 7:45PM	Moon – Green		
Until 5:11PM				Vaisaka-Vaikasi		Devaloka Day
Then Creative Work - Siddha Yoga						

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipala* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 25 Sutra 32
4		Gulika 8:02AM – 9:58AM	Chitra Until 3:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:09AM	Vikarin 5121
Tula Rasi: 0.55	Tithi 13 – 14	Yama 4:09AM – 6:05AM	Siddhi Until 7:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 5
	266583469	Rahu 1:50PM – 3:47PM	Kaulava Until 6:39AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 5:34PM	Moon – Green		
Until 3:45PM				Vaisaka-Vaikasi		Devaloka Day
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sun 26 Sutra 33
5		Gulika 6:04AM – 8:01AM	Svati Until 2:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:08AM	Vikarin 5121
Tula Rasi: 15	Tithi 14 – 15	Yama 3:47PM – 5:44PM	Variyan Until 2:37AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 5
	266583469	Rahu 9:58AM – 11:54AM	Vistil Until 2:52AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:39PM	Moon – Green		
				Vaisaka-Vaikasi		Devaloka Day

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sun 27 Sutra 34
○	Copper Retreat Star	Gulika 4:07AM – 6:03AM	Vishakha Until 1:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:07AM	Vikarin 5121
Tula Rasi: 28.52	Tithi 15 – 16	Yama 1:51PM – 3:48PM	Parigha* Until 12:32AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 5
	276583469	Rahu 8:00AM – 9:57AM	Balava Until 1:36AM Sun	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:09PM	Moon – Orange		
				Vaisaka-Vaikasi		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sutra 35
	Silver Retreat Star	Gulika 3:49PM – 5:46PM	Anuradha Until 1:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:05AM	Vikarin 5121
Vrischika Rasi: 12.27	Tithi 16 – 17	Yama 11:54AM – 1:52PM	Shiva Until 10:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 5
	277583469	Rahu 5:46PM – 7:43PM	Taitila Until 12:56AM Mon	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 1:10PM	Moon – Orange		
				Vaisaka-Vaikasi		Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 25.41 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:52PM – 3:49PM
Yama 9:57AM – 11:54AM
Rahu 6:02AM – 7:59AM

Jyeshtha* Until 1:47PM
Siddha Until 9:50PM
Vanija Until 12:55AM Tue
Dvitiya Until 12:49PM

Ganesha: Yellow *Sunrise:* 4:04AM
Muruqa: Yellow *Sunset:* 7:45PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Regina, SK, Canada
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 8.35 Tithi 18 – 19

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:54AM – 1:52PM
Yama 7:59AM – 9:56AM
Rahu 3:50PM – 5:48PM

Mula* Until 2:59PM
Sadhya Until 9:18PM
Bava Until 1:37AM Wed
Tritiya Until 1:10PM

Ganesha: Red *Sunrise:* 4:03AM
Muruqa: Yellow *Sunset:* 7:46PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Regina, SK, Canada
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 2:59PM
Then Creative Work - Siddha Yoga

2

Wednesday, May 22, 2019

Dhanus Rasi: 21.08 Tithi 19 – 20

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:56AM – 11:54AM
Yama 6:00AM – 7:58AM
Rahu 11:54AM – 1:53PM

Purvashadha* Until 4:43PM
Subha Until 9:19PM
Kaulava Until 2:59AM Thu
Chaturthi* Until 2:12PM

Ganesha: Red *Sunrise:* 4:02AM
Muruqa: Yellow *Sunset:* 7:47PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Regina, SK, Canada
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Amrita Yoga

3

Thursday, May 23, 2019

Makara Rasi: 3.25 Tithi 20 – 21

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:57AM – 9:56AM
Yama 4:00AM – 5:59AM
Rahu 1:53PM – 3:52PM

Uttarashadha Until 6:52PM
Sukla Until 9:45PM
Gara Until 4:54AM Fri
Panchami Until 3:51PM

Ganesha: Red *Sunrise:* 4:00AM
Muruqa: Yellow *Sunset:* 7:49PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Regina, SK, Canada
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 6:52PM
Then Creative Work - Siddha Yoga

4

Friday, May 24, 2019

Makara Rasi: 15.29 Tithi 21 – 22

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti*/ Karana Shashthi/Saptamyam Titau

Gulika 5:58AM – 7:57AM
Yama 3:52PM – 5:51PM
Rahu 9:56AM – 11:55AM

Shravana Until 9:47PM
Brahma Until 10:31PM
Visti Until 7:11AM Sat
Shashthi* Until 5:59PM

Ganesha: Green *Sunrise:* 3:59AM
Muruqa: Yellow *Sunset:* 7:50PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Regina, SK, Canada
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 9:47PM
Then Creative Work - Siddha Yoga

Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 27.23 Tithi 22

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:58AM – 5:57AM
Yama 1:54PM – 3:53PM
Rahu 7:56AM – 9:56AM

Dhanishtha Until 12:44AM Sun
Indra Until 11:29PM
Visti Until 7:11AM
Saptami Until 8:22PM

Ganesha: Red *Sunrise:* 3:58AM
Muruqa: Yellow *Sunset:* 7:51PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Regina, SK, Canada
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Siddha Yoga

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 9.15 Tithi 23

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:54PM – 5:53PM
Yama 11:55AM – 1:54PM
Rahu 5:53PM – 7:52PM

Shatabhishak Until 3:32AM Mon
Vaidhriti* Until 12:25AM Mon
Balava Until 9:37AM
Ashtami* Until 10:47PM

Ganesha: Blue *Sunrise:* 3:57AM
Muruqa: Yellow *Sunset:* 7:52PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Regina, SK, Canada
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 3:32AM Mon
Then Routine Work - Marana Yoga

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 21.08 Tithi 24

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:55PM – 3:54PM
Yama 9:55AM – 11:55AM
Rahu 5:56AM – 7:56AM

Purvaproshtapada* Until 6:26AM Tue
Vishkambha* Until 1:12AM Tue
Taitila Until 11:57AM
Navami* Until 1:00AM Tue

Ganesha: Purple *Sunrise:* 3:56AM
Muruqa: Yellow *Sunset:* 7:53PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

Regina, SK, Canada
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

Routine Work Marana Yoga
Until 6:26AM Tue
Then Creative Work - Amrita Yoga


1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Regina, SK, Canada Sun 9	Sutra 44
Meena Rasi: 3.07	Tithi 25	Gulika	11:55AM – 1:55PM	Purvaproshtapada* Until 6:26AM	Ganesha: Purple	<i>Sunrise:</i> 3:55AM	Vikarin 5121	
		Yama	7:55AM – 9:55AM	Priti Until 1:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:55PM	Moon 5 - Phase 7	
		318683469 Rahu	3:55PM – 5:55PM	Vanija Until 2:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Dashami Until 2:50AM Wed	Moon – Clear		Sivaloka Day	
Until 6:26AM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Regina, SK, Canada Sun 10	Sutra 45
Meena Rasi: 15.15	Tithi 26	Gulika	9:55AM – 11:55AM	Uttaraproshtapada Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 3:54AM	Vikarin 5121	
		Yama	5:55AM – 7:55AM	Ayushman Until 1:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:56PM	Moon 5 - Phase 7	
		318683469 Rahu	11:55AM – 1:55PM	Bava Until 3:34PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 4:07AM Thu	Moon – Clear		Sivaloka Day	
Until 8:45AM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau	Regina, SK, Canada Sun 11	Sutra 46
Meena Rasi: 27.37	Tithi 27	Gulika	7:54AM – 9:55AM	Revati Until 10:22AM	Ganesha: Purple	<i>Sunrise:</i> 3:54AM	Vikarin 5121	
		Yama	3:54AM – 5:54AM	Saubhagya Until 1:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:57PM	Moon 5 - Phase 7	
		318683469 Rahu	1:56PM – 3:56PM	Kaulava Until 4:33PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 4:47AM Fri	Moon – Clear		Sivaloka Day	
Until 10:22AM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau	Regina, SK, Canada Sun 12	Sutra 47
Mesha Rasi: 10.16	Tithi 28	Gulika	5:53AM – 7:54AM	Ashvini Until 11:42AM	Ganesha: Clear	<i>Sunrise:</i> 3:53AM	Vikarin 5121	
		Yama	3:57PM – 5:57PM	Sobhana Until 12:30AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 7	
		328683469 Rahu	9:55AM – 11:55AM	Gara Until 4:54PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 4:49AM Sat	Moon – White		Devaloka Day	
Until 11:42AM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Regina, SK, Canada Sun 13	Sutra 48
Mesha Rasi: 23.14	Tithi 29	Gulika	3:52AM – 5:53AM	Bharani Until 12:14PM	Ganesha: White	<i>Sunrise:</i> 3:52AM	Vikarin 5121	
		Yama	1:56PM – 3:57PM	Athiganda* Until 11:05PM	Muruqa: Yellow	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 7	
		329683469 Rahu	7:54AM – 9:55AM	Visti Until 4:37PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 4:14AM Sun	Moon – White		Bhuloka Day	
Until 12:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Regina, SK, Canada Sun 14	Sutra 49
Retreat Star		Gulika	3:58PM – 5:59PM	Krittika Until 12:02PM	Ganesha: White	<i>Sunrise:</i> 3:51AM	Vikarin 5121	
Vrishabha Rasi: 6.31	Tithi 30	Yama	11:56AM – 1:57PM	Sukarma Until 9:14PM	Muruqa: Yellow	<i>Sunset:</i> 8:00PM	Moon 5 - Phase 7	
		329683469 Rahu	5:59PM – 8:00PM	Catuspada Until 3:44PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 3:05AM Mon	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Regina, SK, Canada Sun 15	Sutra 50
Vrishabha Rasi: 20.06	Tithi 1	Gulika	1:57PM – 3:58PM	Rohini Until 11:37AM	Ganesha: Green	<i>Sunrise:</i> 3:51AM	Vikarin 5121	
Family Home Evening		Yama	9:55AM – 11:56AM	Dhriti Until 7:01PM	Muruqa: Yellow	<i>Sunset:</i> 8:01PM	Moon 5 - Phase 7	
		339683469 Rahu	5:52AM – 7:53AM	Kintughna Until 2:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Prathama* Until 1:30AM Tue	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Regina, SK, Canada Sun 16 Sutra 51
Mithuna Rasi: 3.57	Tithi 2	Gulika 11:56AM – 1:57PM	Mrigashira Until 10:39AM	Ganesha: Green	<i>Sunrise:</i> 3:50AM	Vikarin 5121	
		Yama 7:53AM – 9:54AM	Shula* Until 4:28PM	Muruqa: Yellow	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 8	
		339683461 Rahu 3:59PM – 6:00PM	Balava Until 12:35PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 11:34PM	Moon – Yellow		Bhuloka Day	
Until 10:39AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau			Regina, SK, Canada Sun 17 Sutra 52
Mithuna Rasi: 18	Tithi 3	Gulika 9:54AM – 11:56AM	Ardra Until 9:14AM	Ganesha: Green	<i>Sunrise:</i> 3:49AM	Vikarin 5121	
		Yama 5:51AM – 7:53AM	Ganda* Until 1:42PM	Muruqa: Yellow	<i>Sunset:</i> 8:03PM	Moon 5 - Phase 8	
		339683461 Rahu 11:56AM – 1:58PM	Taitila Until 10:31AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 9:23PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau			Regina, SK, Canada Sun 18 Sutra 53
Kataka Rasi: 2.11	Tithi 4	Gulika 7:53AM – 9:54AM	Punarvasu Until 7:55AM	Ganesha: White	<i>Sunrise:</i> 3:49AM	Vikarin 5121	
		Yama 3:49AM – 5:51AM	Vridhhi Until 10:48AM	Muruqa: Yellow	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 8	
		349683461 Rahu 1:58PM – 4:00PM	Vanija Until 8:15AM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 7:04PM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Regina, SK, Canada Sun 19 Sutra 54
Kataka Rasi: 16.26	Tithi 5 – 6	Gulika 5:50AM – 7:52AM	Pushya Until 6:21AM	Ganesha: White	<i>Sunrise:</i> 3:48AM	Vikarin 5121	
		Yama 4:00PM – 6:02PM	Dhruva Until 7:49AM	Muruqa: Yellow	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8	
		349683461 Rahu 9:54AM – 11:56AM	Kaulava Until 3:32AM Sat	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 4:42PM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Regina, SK, Canada Sun 20 Sutra 55
Simha Rasi: 0.43	Tithi 6 – 7	Gulika 3:48AM – 5:50AM	Magha* Until 3:14AM Sun	Ganesha: Clear	<i>Sunrise:</i> 3:48AM	Vikarin 5121	
		Yama 1:59PM – 4:01PM	Harshana Until 1:53AM Sun	Muruqa: Yellow	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8	
		359683461 Rahu 7:52AM – 9:54AM	Gara Until 1:12AM Sun	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 2:20PM	Moon – Red		Devaloka Day	
Until 3:14AM Sun				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Regina, SK, Canada Sun 21 Sutra 56
Simha Rasi: 14.58	Tithi 7 – 8	Gulika 4:01PM – 6:04PM	Purvaphalguni Until 1:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 3:48AM	Vikarin 5121	
		Yama 11:57AM – 1:59PM	Vajra* Until 11:00PM	Muruqa: Yellow	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8	
		351683461 Rahu 6:04PM – 8:06PM	Visti Until 10:58PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 12:03PM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Regina, SK, Canada Sun 22 Sutra 57
Simha Rasi: 29.08	Tithi 8 – 9	Gulika 1:59PM – 4:02PM	Uttaraphalguni Until 12:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 3:47AM	Vikarin 5121	
Family Home Evening		Yama 9:55AM – 11:57AM	Siddhi Until 8:14PM	Muruqa: Yellow	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8	
		351683461 Rahu 5:50AM – 7:52AM	Balava Until 8:51PM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 9:52AM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* /Variyan Yoga Kaulava/Taitila Karana Navami/Dashyam Titau				Regina, SK, Canada Sun 23
	Kanya Rasi: 13.13	Tithi 9 – 10	Gulika 11:57AM – 2:00PM	Hasta Until 11:21PM	Ganesha: White <i>Sunrise: 3:47AM</i>		Vikarin 5121
			Yama 7:52AM – 9:55AM	Vyatipata* Until 5:36PM	Muruqa: Yellow <i>Sunset: 8:07PM</i>		Moon 5 - Phase 9
	361683461	Rahu 4:02PM – 6:05PM		Taitila Until 6:53PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:49AM	Moon – Green		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 24
	Kanya Rasi: 27.11	Tithi 11	Gulika 9:55AM – 11:57AM	Chitra Until 10:25PM	Ganesha: White <i>Sunrise: 3:47AM</i>		Vikarin 5121
			Yama 5:49AM – 7:52AM	Variyan Until 3:07PM	Muruqa: Yellow <i>Sunset: 8:08PM</i>		Moon 5 - Phase 9
	361683461	Rahu 11:57AM – 2:00PM		Vanija Until 5:08PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 4:20AM Thu	Moon – Green		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashtyam Titau				Regina, SK, Canada Sun 25
	Tula Rasi: 11	Tithi 12	Gulika 7:52AM – 9:55AM	Svati Until 9:37PM	Ganesha: White <i>Sunrise: 3:47AM</i>		Vikarin 5121
			Yama 3:47AM – 5:49AM	Parigha* Until 12:51PM	Muruqa: Yellow <i>Sunset: 8:09PM</i>		Moon 5 - Phase 9
	361683461	Rahu 2:00PM – 4:03PM		Bava Until 3:39PM	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Dvadashti Until 3:00AM Fri	Moon – Green		Bhuloka Day	
Until 9:37PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26
	Tula Rasi: 24.39	Tithi 13	Gulika 5:49AM – 7:52AM	Vishakha Until 9:27PM	Ganesha: Clear <i>Sunrise: 3:46AM</i>		Vikarin 5121
			Yama 4:04PM – 6:06PM	Shiva Until 10:52AM	Muruqa: Blue <i>Sunset: 8:09PM</i>		Moon 5 - Phase 9
	371693461	Rahu 9:55AM – 11:58AM		Kaulava Until 2:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:01AM Sat	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
				<i>Pradosha Vrata</i>			

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27
	Vrischika Rasi: 8.05	Tithi 14	Gulika 3:46AM – 5:49AM	Anuradha Until 9:33PM	Ganesha: White <i>Sunrise: 3:46AM</i>		Vikarin 5121
			Yama 2:01PM – 4:04PM	Siddha Until 9:09AM	Muruqa: Blue <i>Sunset: 8:10PM</i>		Moon 5 - Phase 9
	371793461	Rahu 7:52AM – 9:55AM		Gara Until 1:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:29AM Sun	Moon – Orange		Subha Sivaloka Day	
				Jyeshtha-Ani			

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sun 28
	Copper Retreat Star		Gulika 4:04PM – 6:07PM	Jyeshtha* Until 9:59PM	Ganesha: White <i>Sunrise: 3:46AM</i>		Vikarin 5121
	Vrischika Rasi: 21.16	Tithi 15	Yama 11:58AM – 2:01PM	Sadhya Until 7:49AM	Muruqa: Blue <i>Sunset: 8:10PM</i>		Moon 5 - Phase 9
	371793461	Rahu 6:07PM – 8:10PM		Visti Until 1:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga		Purnima* Until 1:27AM Mon	Moon – Orange		Subha Sivaloka Day	
Until 9:59PM		Father's Day		Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sun 29
	Silver Retreat Star		Gulika 2:01PM – 4:04PM	Mula* Until 11:16PM	Ganesha: Clear <i>Sunrise: 3:46AM</i>		Vikarin 5121
	Dhanus Rasi: 4.11	Tithi 16	Yama 9:55AM – 11:58AM	Subha Until 6:55AM	Muruqa: Blue <i>Sunset: 8:11PM</i>		Moon 5 - Phase 9
	381793461	Rahu 5:49AM – 7:52AM		Balava Until 1:39PM	Nataraja: Yellow		Prathama
Family Home Evening	Siddha Yoga		Prathama* Until 1:58AM Tue	Moon – Light Blue		Sivaloka Day	
Creative Work				Jyeshtha-Ani			
Until 11:16PM							
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 65

Dhanus Rasi: 16.5 Tithi 17

382793461
Gulika 11:59AM – 2:02PM
Yama 7:52AM – 9:56AM
Rahu 4:05PM – 6:08PM

Purvashadha* Until 12:57AM Wed
Sukla Until 6:26AM
Taitila Until 2:28PM
Dvitiya Until 3:03AM Wed

Ganesha: Clear Sunrise: 3:46AM
Muruga: Blue Sunset: 8:11PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 12:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti* Karana Tritiyayam Titau

Regina, SK, Canada
Sun 2 Sutra 66

Dhanus Rasi: 29.14 Tithi 18

382793461
Gulika 9:56AM – 11:59AM
Yama 5:49AM – 7:53AM
Rahu 11:59AM – 2:02PM

Uttarashadha Until 2:59AM Thu
Brahma Until 6:24AM
Vanija Until 3:49PM
Tritiya Until 4:40AM Thu

Ganesha: Purple Sunrise: 3:46AM
Muruga: Blue Sunset: 8:11PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 2:59AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthiyam Titau

Regina, SK, Canada
Sun 3 Sutra 67

Makara Rasi: 11.25 Tithi 19

392793461
Gulika 7:53AM – 9:56AM
Yama 3:46AM – 5:50AM
Rahu 2:02PM – 4:05PM

Shravana Until 5:46AM Fri
Indra Until 6:47AM
Bava Until 5:40PM
Chaturthi* Until 6:42AM Fri

Ganesha: Clear Sunrise: 3:46AM
Muruga: Blue Sunset: 8:12PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 8:39AM Sat
Then Creative Work - Amrita Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada
Sun 4 Sutra 68

Makara Rasi: 23.26 Tithi 19 – 20

392793461
Gulika 5:50AM – 7:53AM
Yama 4:06PM – 6:09PM
Rahu 9:56AM – 11:59AM

Dhanishtha Until 8:39AM Sat
Vaidhriti* Until 7:27AM
Kaulava Until 7:51PM
Chaturthi* Until 6:42AM Fri

Ganesha: Clear Sunrise: 3:47AM
Muruga: Blue Sunset: 8:12PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 8:39AM Sat
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada
Sun 5 Sutra 69

Kumbha Rasi: 5.21 Tithi 20 – 21

392793461
Gulika 3:47AM – 5:50AM
Yama 2:03PM – 4:06PM
Rahu 7:53AM – 9:56AM

Dhanishtha Until 8:39AM
Vishkambha* Until 8:21AM
Gara Until 10:13PM
Panchami Until 9:00AM

Ganesha: Clear Sunrise: 3:47AM
Muruga: Blue Sunset: 8:12PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 8:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Vishti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada
Sun 6 Sutra 70

Kumbha Rasi: 17.13 Tithi 21 – 22

392793461
Gulika 4:06PM – 6:09PM
Yama 12:00PM – 2:03PM
Rahu 6:09PM – 8:12PM

Shatabhishak Until 11:27AM
Priti Until 9:20AM
Vishti Until 12:35AM Mon
Shashthi* Until 11:24AM

Ganesha: Clear Sunrise: 3:47AM
Muruga: Blue Sunset: 8:12PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

D

Monday, June 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttarproshthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada
Sun 7 Sutra 71

Kumbha Rasi: 29.06 Tithi 22 – 23

Family Home Evening 312793461

Gulika 2:03PM – 4:06PM
Yama 9:57AM – 12:00PM
Rahu 5:51AM – 7:54AM

Purvaprosarthapada* Until 2:29PM
Ayushman Until 10:12AM
Balava Until 2:45AM Tue
Saptami Until 1:41PM

Ganesha: Yellow Sunrise: 3:47AM
Muruga: Blue Sunset: 8:12PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Routine Work Marana Yoga
Until 2:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarproshthapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada
Sun 8 Sutra 72

Meena Rasi: 11.05 Tithi 23 – 24

312793461
Gulika 12:00PM – 2:03PM
Yama 7:54AM – 9:57AM
Rahu 4:06PM – 6:09PM

Uttarproshthapada Until 5:03PM
Saubhagya Until 10:53AM
Taitila Until 4:31AM Wed
Ashtami* Until 3:40PM

Ganesha: Yellow Sunrise: 3:48AM
Muruga: Blue Sunset: 8:12PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Navami

Creative Work Amrita Yoga
Until 5:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1		Wednesday, June 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 9 Sutra 73	
Meena Rasi: 23.14	Tithi 24 – 25	Gulika 9:57AM – 12:00PM	Revati Until 6:59PM	Ganesha: Yellow	<i>Sunrise:</i> 3:48AM		Vikarin 5121
		Yama 5:51AM – 7:54AM	Sobhana Until 11:14AM	Muruqa: Blue	<i>Sunset:</i> 8:12PM		Moon 6 - Phase 11
Routine Work	Marana Yoga	Rahu 12:00PM – 2:03PM	Vanija Until 5:43AM Thu	Nataraja: Yellow			2nd Phase
			Navami* Until 5:10PM	Moon – Clear		Sivaloka Day	
				Jyeshtha-Ani			

2		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti* Karana Dashamyam Titau		Regina, SK, Canada Sun 10 Sutra 74	
Mesha Rasi: 5.37	Tithi 25	Gulika 7:55AM – 9:58AM	Ashvini Until 8:38PM	Ganesha: Blue	<i>Sunrise:</i> 3:49AM		Vikarin 5121
		Yama 3:49AM – 5:52AM	Athiganda* Until 11:06AM	Muruqa: Blue	<i>Sunset:</i> 8:12PM		Moon 6 - Phase 11
Creative Work	Amrita Yoga	Rahu 2:03PM – 4:06PM	Visti Until 6:04PM	Nataraja: Yellow			2nd Phase
Until 8:38PM			Dashami Until 6:04PM	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

3		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Regina, SK, Canada Sun 11 Sutra 75	
Mesha Rasi: 18.19	Tithi 26	Gulika 5:52AM – 7:55AM	Bharani Until 9:26PM	Ganesha: Blue	<i>Sunrise:</i> 3:49AM		Vikarin 5121
		Yama 4:06PM – 6:09PM	Sukarma Until 10:27AM	Muruqa: Blue	<i>Sunset:</i> 8:12PM		Moon 6 - Phase 11
Creative Work	Siddha Yoga	Rahu 9:58AM – 12:01PM	Bava Until 6:16AM	Nataraja: Yellow			2nd Phase
			Ekadashi* Until 6:15PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

4		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Regina, SK, Canada Sun 12 Sutra 76	
Vrishabha Rasi: 1.21	Tithi 27 – 28	Gulika 3:50AM – 5:53AM	Krittika Until 9:22PM	Ganesha: Blue	<i>Sunrise:</i> 3:50AM		Vikarin 5121
		Yama 2:04PM – 4:06PM	Dhriti Until 9:14AM	Muruqa: Blue	<i>Sunset:</i> 8:12PM		Moon 6 - Phase 11
Creative Work	Amrita Yoga	Rahu 7:55AM – 9:58AM	Kaulava Until 6:06AM	Nataraja: Yellow			2nd Phase
			Dvadashi* Until 5:43PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			
				<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 13 Sutra 77	
Vrishabha Rasi: 14.46	Tithi 28 – 29	Gulika 4:06PM – 6:09PM	Rohini Until 8:56PM	Ganesha: Blue	<i>Sunrise:</i> 3:50AM		Vikarin 5121
		Yama 12:01PM – 2:04PM	Shula* Until 7:25AM	Muruqa: Blue	<i>Sunset:</i> 8:12PM		Moon 6 - Phase 11
Creative Work	Siddha Yoga	Rahu 6:09PM – 8:12PM	Visti Until 3:39AM Mon	Nataraja: Yellow			2nd Phase
			Trayodashi* Until 4:29PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			

Monday, July 1, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Regina, SK, Canada Sun 14 Sutra 78	
Vrishabha Rasi: 28.35	Tithi 29 – 30	Gulika 2:04PM – 4:06PM	Mrigashira Until 7:46PM	Ganesha: Blue	<i>Sunrise:</i> 3:51AM		Vikarin 5121
Family Home Evening		Yama 9:59AM – 12:01PM	Vriddhi Until 2:20AM Tue	Muruqa: Blue	<i>Sunset:</i> 8:11PM		Moon 6 - Phase 11
Creative Work	Amrita Yoga	Rahu 5:54AM – 7:56AM	Catuspada Until 1:33AM Tue	Nataraja: Yellow			Amavasya
Until 7:46PM			Chaturdashi* Until 2:39PM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

Tuesday, July 2, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Regina, SK, Canada Sun 15 Sutra 79	
Mithuna Rasi: 12.44	Tithi 30 – 1	Gulika 12:01PM – 2:04PM	Ardra Until 5:59PM	Ganesha: Red	<i>Sunrise:</i> 3:52AM		Vikarin 5121
		Yama 7:57AM – 9:59AM	Dhruva Until 11:12PM	Muruqa: Blue	<i>Sunset:</i> 8:11PM		Moon 6 - Phase 11
Routine Work	Marana Yoga	Rahu 4:06PM – 6:09PM	Kintughna Until 11:00PM	Nataraja: Yellow			Prathama
Until 5:59PM			Amavasya* Until 12:18PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga		Total Solar Eclipse		Ashada-Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Regina, SK, Canada Sun 16 Sutra 80
Mithuna Rasi: 27.1	Tithi 1 – 2	343793461	Gulika 9:59AM – 12:02PM Yama 5:55AM – 7:57AM Rahu 12:02PM – 2:04PM	Punarvasu Until 4:08PM Vyaghata* Until 7:49PM Balava Until 8:10PM Prathama* Until 9:36AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue Ashada*Ani
Creative Work	Siddha Yoga				Sivaloka Day Vikarin 5121 Moon 6 - Phase 12 3rd Phase

2		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau	Regina, SK, Canada Sun 17 Sutra 81
Kataka Rasi: 11.47	Tithi 2 – 3	343793461	Gulika 7:57AM – 10:00AM Yama 3:53AM – 5:55AM Rahu 2:04PM – 4:06PM	Pushya Until 1:58PM Harshana Until 4:19PM Gara Until 3:37AM Fri Dvitiya Until 6:39AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue Ashada*Ani
Creative Work	Amrita Yoga				Sivaloka Day Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Until 1:58PM					
Then Creative Work - Siddha Yoga					

3		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visti* Karana Chaturthyam Titau	Regina, SK, Canada Sun 18 Sutra 82
Kataka Rasi: 26.28	Tithi 4	343793461	Gulika 5:56AM – 7:58AM Yama 4:06PM – 6:08PM Rahu 10:00AM – 12:02PM	Ashlesha* Until 11:37AM Vajra* Until 12:45PM Vanija Until 2:08PM Chaturthi* Until 12:37AM Sat	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue Ashada*Ani
Routine Work	Marana Yoga				Sivaloka Day Vikarin 5121 Moon 6 - Phase 12 3rd Phase

4		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau	Regina, SK, Canada Sun 19 Sutra 83
Simha Rasi: 11.07	Tithi 5	453793461	Gulika 3:55AM – 5:57AM Yama 2:04PM – 4:06PM Rahu 7:58AM – 10:00AM	Magha* Until 9:37AM Siddhi Until 9:17AM Bava Until 11:11AM Panchami Until 9:46PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red Ashada*Ani
Creative Work	Amrita Yoga				Sivaloka Day Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Until 9:37AM					
Then Creative Work - Siddha Yoga					

5		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyyan Yoga Kaulava/Taitila Karana Shashthyam Titau	Regina, SK, Canada Sun 20 Sutra 84
Simha Rasi: 25.39	Tithi 6	453793461	Gulika 4:05PM – 6:07PM Yama 12:02PM – 2:04PM Rahu 6:07PM – 8:09PM	Purvaphalguni Until 7:40AM Variyan Until 6:00AM Kaulava Until 8:27AM Shashthi* Until 7:10PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red Ashada*Ani
Creative Work	Siddha Yoga				Sivaloka Day Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Until 7:40AM					
Then Creative Work - Amrita Yoga					

6		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Regina, SK, Canada Sun 21 Sutra 85
Kanya Rasi: 9.59	Tithi 7 – 8	453793461	Gulika 2:04PM – 4:05PM Yama 10:01AM – 12:02PM Rahu 5:58AM – 7:59AM	Hasta Until 4:43AM Tue Parigha* Until 12:06AM Tue Visti Until 6:00AM Saptami Until 4:53PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red Ashada*Ani
Family Home Evening					Sivaloka Day Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Creative Work	Siddha Yoga				

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Regina, SK, Canada Sun 22 Sutra 86
Kanya Rasi: 24.04	Tithi 8 – 9	463793461	Gulika 12:02PM – 2:04PM Yama 8:00AM – 10:01AM Rahu 4:05PM – 6:06PM	Chitra Until 3:50AM Wed Shiva Until 9:39PM Balava Until 2:14AM Wed Ashtami* Until 3:00PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Green Ashada*Ani
Creative Work	Siddha Yoga				Subha Sivaloka Day Vikarin 5121 Moon 6 - Phase 12 Ashtami

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Regina, SK, Canada Sun 23 Sutra 87
Tula Rasi: 7.53	Tithi 9 – 10	463893461	Gulika 10:02AM – 12:03PM Yama 5:59AM – 8:00AM Rahu 12:03PM – 2:04PM	Svati Until 3:15AM Thu Siddha Until 7:32PM Taitila Until 1:00AM Thu Navami* Until 1:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Green Ashada*Ani
Creative Work	Siddha Yoga				Sivaloka Day Vikarin 5121 Moon 6 - Phase 12 Navami


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 88
	Tula Rasi: 21.26	Tithi 10 – 11	Gulika 8:01AM – 10:02AM	Vishakha Until 3:25AM Fri	Ganesha: White	<i>Sunrise:</i> 3:59AM	Vikarin 5121
			Yama 3:59AM – 6:00AM	Sadhya Until 5:48PM	Muruqa: Blue	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 2:04PM – 4:04PM	Vanija Until 12:13AM Fri	Nataraja: Yellow		4th Phase
			Dashami Until 12:32PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau				Regina, SK, Canada Sun 25 Sutra 89
	Vischika Rasi: 4.44	Tithi 11 – 12	Gulika 6:01AM – 8:02AM	Anuradha Until 3:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:00AM	Vikarin 5121
			Yama 4:04PM – 6:05PM	Subha Until 4:28PM	Muruqa: Blue	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:02AM – 12:03PM	Bava Until 11:56PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 12:00PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 90
	Vischika Rasi: 17.47	Tithi 12 – 13	Gulika 4:01AM – 6:02AM	Jyeshtha* Until 4:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:01AM	Vikarin 5121
			Yama 2:03PM – 4:04PM	Sukla Until 3:29PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:02AM – 10:03AM	Kaulava Until 12:07AM Sun	Nataraja: Yellow		4th Phase
			Dvadashti Until 11:56AM	Moon – Orange		Devaloka Day	
				Ashada*Ani			
				<i>Pradosha Vrata</i>			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 91
	Dhanus Rasi: 0.35	Tithi 13 – 14	Gulika 4:03PM – 6:03PM	Mula* Until 6:18AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:03AM	Vikarin 5121
			Yama 12:03PM – 2:03PM	Brahma Until 2:53PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	483893461 Rahu 6:03PM – 8:04PM	Gara Until 12:47AM Mon	Nataraja: Yellow		4th Phase
			Trayodashi Until 12:22PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Ani			

	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 92
	Copper Retreat Star		Gulika 2:03PM – 4:03PM	Mula* Until 6:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:04AM	Vikarin 5121
	Dhanus Rasi: 13.1	Tithi 14 – 15	Yama 10:03AM – 12:03PM	Indra Until 2:41PM	Muruqa: Blue	<i>Sunset:</i> 8:03PM	Moon 6 - Phase 13
	Family Home Evening		483893461 Rahu 6:04AM – 8:03AM	Visti Until 1:54AM Tue	Nataraja: Yellow		Purnima
			Chaturdashi* Until 1:16PM	Moon – Light Blue		Sivaloka Day	
			Satguru Purnima	Ashada*Ani			

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 93
	Silver Retreat Star		Gulika 12:03PM – 2:03PM	Purvashadha* Until 8:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:05AM	Vikarin 5121
	Dhanus Rasi: 25.32	Tithi 15 – 16	Yama 8:04AM – 10:04AM	Vaidhriti* Until 2:48PM	Muruqa: Blue	<i>Sunset:</i> 8:02PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 4:02PM – 6:02PM	Balava Until 3:28AM Wed	Nataraja: Yellow		Prathama
			Purnima* Until 2:37PM	Moon – Light Blue		Sivaloka Day	
			Partial Lunar Eclipse	Ashada*Adi			



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada

Sutra 94

Makara Rasi: 7.44 Tithi 16 - 17

Gulika 10:04AM - 12:03PM
Yama 6:05AM - 8:05AM
Rahu 12:03PM - 2:03PM

Uttarashadha Until 10:18AM
Vishkambha* Until 3:14PM
Taitila Until 5:24AM Thu
Prathama* Until 4:23PM

Ganesha: Purple
Muruqa: Blue
Nataraja: White
Moon - Light Blue
Ashada*Adi

Sunrise: 4:06AM
Sunset: 8:01PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 10:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 95

Makara Rasi: 19.47 Tithi 17

Gulika 8:05AM - 10:04AM
Yama 4:07AM - 6:06AM
Rahu 2:02PM - 4:02PM

Shravana Until 1:05PM
Priti Until 3:57PM
Gara Until 6:28PM
Dvitiya Until 6:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:07AM
Sunset: 8:00PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trityayam Titau

Regina, SK, Canada

Sun 2 Sutra 96

Kumbha Rasi: 1.44 Tithi 18

Gulika 6:07AM - 8:06AM
Yama 4:01PM - 6:00PM
Rahu 10:05AM - 12:03PM

Dhanishtha Until 3:57PM
Ayushman Until 4:49PM
Vanija Until 7:37AM
Tritiya Until 8:47PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:08AM
Sunset: 7:59PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 3 Sutra 97

Kumbha Rasi: 14 Tithi 19

Gulika 4:10AM - 6:08AM
Yama 2:02PM - 4:00PM
Rahu 8:07AM - 10:05AM

Shatabhishak Until 6:45PM
Saubhagya Until 5:48PM
Bava Until 10:00AM
Chaturthi* Until 11:12PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:10AM
Sunset: 7:57PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 6:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada

Sun 4 Sutra 98

Kumbha Rasi: 25.28 Tithi 20

Gulika 4:00PM - 5:58PM
Yama 12:04PM - 2:02PM
Rahu 5:58PM - 7:56PM

Purvaproshtapada* Until 9:53PM
Sobhana Until 6:46PM
Kaulava Until 12:25PM
Panchami Until 1:34AM Mon

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:11AM
Sunset: 7:56PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 9:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada

Sun 5 Sutra 99

Meena Rasi: 7.21 Tithi 21

Gulika 2:01PM - 3:59PM
Yama 10:06AM - 12:04PM
Rahu 6:10AM - 8:08AM

Uttaraproshtapada Until 12:40AM Tue
Athiganda* Until 7:35PM
Gara Until 2:42PM
Shashthi* Until 3:44AM Tue

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:12AM
Sunset: 7:55PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Family Home Evening

Subha Sivaloka Day

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Regina, SK, Canada

Sun 6 Sutra 100

Meena Rasi: 19.2 Tithi 22

Gulika 12:04PM - 2:01PM
Yama 8:08AM - 10:06AM
Rahu 3:59PM - 5:56PM

Revati Until 2:57AM Wed
Sukarma Until 8:11PM
Visti Until 4:42PM
Saptami Until 5:32AM Wed

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:13AM
Sunset: 7:54PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 2:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 7 Sutra 101

Mesha Rasi: 1.27 Tithi 23

Gulika 10:06AM - 12:04PM
Yama 6:12AM - 8:09AM
Rahu 12:04PM - 2:01PM

Ashvini Until 5:04AM Thu
Dhriti Until 8:26PM
Balava Until 6:16PM
Ashtami* Until 6:48AM Thu

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 4:15AM
Sunset: 7:53PM

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Until 5:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 8 Sutra 102

Mesha Rasi: 13.48 Tithi 23 - 24

Gulika 8:10AM - 10:07AM
Yama 4:16AM - 6:13AM
Rahu 2:01PM - 3:57PM

Bharani Until 6:23AM Fri
Shula* Until 8:10PM
Taitila Until 7:13PM
Ashtami* Until 6:48AM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 4:16AM
Sunset: 7:51PM

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 26.27	Tithi 24 – 25	Gulika 6:14AM – 8:10AM	Bharani Until 6:23AM	Ganesha: White	<i>Sunrise:</i> 4:17AM		
		Yama 3:57PM – 5:53PM	Ganda* Until 7:22PM	Muruqa: Blue	<i>Sunset:</i> 7:50PM		Moon 7 - Phase 15
		424893462 Rahu 10:07AM – 12:04PM	Vanija Until 7:27PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:25AM	Moon – White		Subha Subha Sivaloka Day	
						Ashada*Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 10 Sutra 104 Vikarin 5121	
Vrishabha Rasi: 9.27	Tithi 25 – 26	Gulika 4:19AM – 6:15AM	Krittika Until 6:49AM	Ganesha: White	<i>Sunrise:</i> 4:19AM		
		Yama 2:00PM – 3:56PM	Vriddhi Until 5:57PM	Muruqa: Blue	<i>Sunset:</i> 7:49PM		Moon 7 - Phase 15
		424893462 Rahu 8:11AM – 10:07AM	Bava Until 6:55PM	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 7:16AM	Moon – White		Subha Subha Sivaloka Day	
						Ashada*Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Ekadashi/Dvodashyam Titau		Regina, SK, Canada Sun 11 Sutra 105 Vikarin 5121	
Vrishabha Rasi: 22.53	Tithi 26 – 27	Gulika 3:55PM – 5:51PM	Rohini Until 6:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:20AM		
		Yama 12:04PM – 1:59PM	Dhruva Until 3:53PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM		Moon 7 - Phase 15
		434893462 Rahu 5:51PM – 7:47PM	Taitila Until 4:39AM Mon	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:20AM	Moon – Yellow		Subha Sivaloka Day	
						Ashada*Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 6.44	Tithi 28	Gulika 1:59PM – 3:55PM	Ardra Until 4:07AM Tue	Ganesha: White	<i>Sunrise:</i> 4:21AM		
Family Home Evening		Yama 10:08AM – 12:04PM	Vyaghata* Until 1:14PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM		Moon 7 - Phase 15
		435893462 Rahu 6:17AM – 8:12AM	Gara Until 3:35PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:19AM Tue	Moon – Yellow		Sivaloka Day	
						Ashada*Adi	
						<i>Pradosha Vrata (Fasting)</i>	

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Regina, SK, Canada Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 21.02	Tithi 29	Gulika 12:04PM – 1:59PM	Punarvasu Until 2:09AM Wed	Ganesha: Green	<i>Sunrise:</i> 4:23AM		
		Yama 8:13AM – 10:08AM	Harshana Until 10:07AM	Muruqa: Blue	<i>Sunset:</i> 7:44PM		Moon 7 - Phase 15
		445893462 Rahu 3:54PM – 5:49PM	Visti Until 12:57PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:27PM	Moon – Blue		Sivaloka Day	
						Ashada*Adi	

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Regina, SK, Canada Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 10:09AM – 12:03PM	Pushya Until 11:40PM	Ganesha: Green	<i>Sunrise:</i> 4:24AM		
Kataka Rasi: 5.41	Tithi 30	Yama 6:19AM – 8:14AM	Vajra* Until 6:33AM	Muruqa: Blue	<i>Sunset:</i> 7:43PM		Moon 7 - Phase 15
		445893462 Rahu 12:03PM – 1:58PM	Catuspada Until 9:52AM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 8:11PM	Moon – Blue		Sivaloka Day	
						Ashada*Adi	

Thursday, August 1, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau		Regina, SK, Canada Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 20.37	Tithi 1 – 2	Gulika 8:15AM – 10:09AM	Ashlesha* Until 8:50PM	Ganesha: Green	<i>Sunrise:</i> 4:26AM		
		Yama 4:26AM – 6:20AM	Vyatipata* Until 10:45PM	Muruqa: Blue	<i>Sunset:</i> 7:41PM		Moon 7 - Phase 15
		445893462 Rahu 1:58PM – 3:52PM	Kintughna Until 6:28AM	Nataraja: White			Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:41PM	Moon – Blue		Sivaloka Day	
Until 8:50PM						Sravana*Adi	
Then Creative Work - Amrita Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Regina, SK, Canada Sun 16 Sutra 110	
Simha Rasi: 5.4	Tithi 2 - 3	455893462	Gulika 6:21AM - 8:15AM Yama 3:51PM - 5:46PM Rahu 10:09AM - 12:03PM	Magha* Until 6:13PM Varyan Until 6:43PM Taitila Until 11:22PM Dvitiya Until 1:07PM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Red	Sunrise: 4:27AM Sunset: 7:40PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 6:13PM Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Regina, SK, Canada Sun 17 Sutra 111	
Simha Rasi: 20.41	Tithi 3 - 4	455893462	Gulika 4:28AM - 6:22AM Yama 1:57PM - 3:51PM Rahu 8:16AM - 10:10AM	Purvaphalguni Until 3:36PM Parigha* Until 2:49PM Vanija Until 7:57PM Tritiya Until 9:37AM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Red	Sunrise: 4:28AM Sunset: 7:38PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 3:36PM Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 112	
Kanya Rasi: 5.33	Tithi 4 - 5	455993462	Gulika 3:50PM - 5:43PM Yama 12:03PM - 1:56PM Rahu 5:43PM - 7:36PM	Uttaraphalguni Until 1:06PM Shiva Until 11:08AM Balava Until 3:26AM Mon Chaturthi* Until 6:20AM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon - Red	Sunrise: 4:30AM Sunset: 7:36PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga Nag Panchami							

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Regina, SK, Canada Sun 19 Sutra 113	
Kanya Rasi: 20.09	Tithi 6	465993462	Gulika 1:56PM - 3:49PM Yama 10:10AM - 12:03PM Rahu 6:24AM - 8:17AM	Hasta Until 11:17AM Siddha Until 7:45AM Kaulava Until 2:10PM Shashthi* Until 1:00AM Tue	Ganesha: White Muruqa: Blue Nataraja: White Moon - Green	Sunrise: 4:31AM Sunset: 7:35PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Subha Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 11:17AM Then Routine Work - Prabalarishta Yoga							

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 114	
Tula Rasi: 4.24	Tithi 7	465993462	Gulika 12:03PM - 1:55PM Yama 8:18AM - 10:10AM Rahu 3:48PM - 5:41PM	Chitra Until 9:52AM Subha Until 2:21AM Wed Gara Until 12:02PM Saptami Until 11:10PM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Green	Sunrise: 4:33AM Sunset: 7:33PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Subha Sivaloka Day
Creative Work Siddha Yoga							

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 115	
Tula Rasi: 18.15	Tithi 8	466993462	Gulika 10:11AM - 12:03PM Yama 6:26AM - 8:19AM Rahu 12:03PM - 1:55PM	Svati Until 8:54AM Sukla Until 12:25AM Thu Visti Until 10:30AM Ashtami* Until 9:59PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon - Green	Sunrise: 4:34AM Sunset: 7:31PM	Vikarin 5121 Moon 7 - Phase 16 Ashtami Subha Sivaloka Day
Creative Work Siddha Yoga							

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 116	
Vrischika Rasi: 1.43	Tithi 9	476993462	Gulika 8:19AM - 10:11AM Yama 4:36AM - 6:27AM Rahu 1:54PM - 3:46PM	Vishakha Until 8:54AM Brahma Until 11:02PM Balava Until 9:39AM Navami* Until 9:28PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon - Orange	Sunrise: 4:36AM Sunset: 7:30PM	Vikarin 5121 Moon 7 - Phase 16 Navami Sivaloka Day
Creative Work Siddha Yoga							

1		Friday, August 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Regina, SK, Canada Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 14.49	Tithi 10	Gulika 6:29AM – 8:20AM	Anuradha Until 9:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:37AM		
		Yama 3:45PM – 5:37PM	Indra Until 10:10PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 17	
476993462	Rahu 10:11AM – 12:03PM		Taitila Until 9:28AM	Nataraja: White		4th Phase	
Creative Work Siddha Yoga				Moon – Orange		Sivaloka Day	
Until 9:24AM		Varalakshmi Vratam	Dashami Until 9:36PM	Sravana*Adi			
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Regina, SK, Canada Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 27.36	Tithi 11	Gulika 4:39AM – 6:30AM	Jyeshtha* Until 10:22AM	Ganesha: Purple	<i>Sunrise:</i> 4:39AM		
		Yama 1:53PM – 3:44PM	Vaidhriti* Until 9:45PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 17	
476993462	Rahu 8:21AM – 10:11AM		Vanija Until 9:55AM	Nataraja: White		4th Phase	
Creative Work Siddha Yoga				Moon – Orange		Sivaloka Day	
			Ekadashi Until 10:20PM	Sravana*Adi			

3		Sunday, August 11, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Regina, SK, Canada Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 10.07	Tithi 12	Gulika 3:43PM – 5:34PM	Mula* Until 12:12PM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM		
		Yama 12:02PM – 1:53PM	Vishkambha* Until 9:46PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 17	
486993462	Rahu 5:34PM – 7:24PM		Bava Until 10:56AM	Nataraja: White		4th Phase	
Creative Work Amrita Yoga				Moon – Light Blue		Subha Sivaloka Day	
Until 12:12PM			Dvadashi Until 11:36PM	Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Regina, SK, Canada Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 22.26	Tithi 13	Gulika 1:52PM – 3:42PM	Purvashadha* Until 2:20PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM		
		Yama 10:12AM – 12:02PM	Priti Until 10:07PM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 17	
486993462	Rahu 6:32AM – 8:22AM		Kaulava Until 12:25PM	Nataraja: White		4th Phase	
Family Home Evening				Moon – Light Blue		Subha Sivaloka Day	
Routine Work Marana Yoga			Trayodashi Until 1:17AM Tue	Sravana*Adi			

Pradosha Vrata

5		Tuesday, August 13, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Regina, SK, Canada Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 4.34	Tithi 14	Gulika 12:02PM – 1:52PM	Uttarashadha Until 4:38PM	Ganesha: Clear	<i>Sunrise:</i> 4:43AM		
		Yama 8:23AM – 10:12AM	Ayushman Until 10:42PM	Muruqa: Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 17	
486993462	Rahu 3:41PM – 5:31PM		Gara Until 2:16PM	Nataraja: White		4th Phase	
Routine Work Prabalarishta Yoga				Moon – Light Blue		Subha Sivaloka Day	
Until 4:38PM			Chaturdashi* Until 3:18AM Wed	Sravana*Adi			
Then Creative Work - Siddha Yoga							

○		Wednesday, August 14, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau	Regina, SK, Canada Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:12AM – 12:02PM	Shravana Until 7:33PM	Ganesha: White	<i>Sunrise:</i> 4:45AM		
Makara Rasi: 16.35	Tithi 15	Yama 6:34AM – 8:23AM	Saubhagya Until 11:29PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 17	
496993462	Rahu 12:02PM – 1:51PM		Visti Until 4:25PM	Nataraja: White		Purnima	
Creative Work Siddha Yoga				Moon – Purple		Sivaloka Day	
Until 7:33PM		Raksha Bandhan	Purnima* Until 5:32AM Thu	Sravana*Adi			
Then Routine Work - Prabalarishta Yoga							

○		Thursday, August 15, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava Karana Prathamayam Titau	Regina, SK, Canada Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:24AM – 10:13AM	Dhanishtha Until 10:27PM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM		
Makara Rasi: 28.31	Tithi 16	Yama 4:46AM – 6:35AM	Sobhana Until 12:24AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17	
497993462	Rahu 1:50PM – 3:39PM		Balava Until 6:44PM	Nataraja: White		Prathama	
Creative Work Siddha Yoga				Moon – Purple		Subha Sivaloka Day	
			Prathama* Until 7:55AM Fri	Sravana*Adi			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 10.23 Tithi 16 – 17

497993462

Gulika 6:36AM – 8:24AM
Yama 3:38PM – 5:27PM
Rahu 10:13AM – 12:01PM

Shatabhishak **Until 1:16AM Sat**
Athiganda* **Until 1:21AM Sat**
Taitila **Until 9:10PM**
Prathama* Until 7:55AM

Ganesha: Yellow *Sunrise: 4:48AM*
Muruqa: Blue *Sunset: 7:15PM*
Nataraja: White
Moon – Purple

Regina, SK, Canada
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:16AM Sat

Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Kumbha Rasi: 22.14 Tithi 17 – 18

517993462

Gulika 4:49AM – 6:37AM
Yama 1:49PM – 3:37PM
Rahu 8:25AM – 10:13AM

Purvaproshtapada* Until 4:25AM Sun
Sukarma **Until 2:18AM Sun**
Vanija **Until 11:35PM**
Dvitiya Until 10:21AM

Ganesha: White *Sunrise: 4:49AM*
Muruqa: Blue *Sunset: 7:13PM*
Nataraja: White
Moon – Clear

Regina, SK, Canada
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 4:25AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Meena Rasi: 4.07 Tithi 18 – 19

517993462

Gulika 3:36PM – 5:23PM
Yama 12:01PM – 1:48PM
Rahu 5:23PM – 7:11PM

Uttaraproshtapada Until 7:16AM Mon
Dhriti **Until 3:12AM Mon**
Bava **Until 1:55AM Mon**
Tritiya Until 12:45PM

Ganesha: White *Sunrise: 4:51AM*
Muruqa: Blue *Sunset: 7:11PM*
Nataraja: White
Moon – Clear

Regina, SK, Canada
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Amrita Yoga

Until 7:16AM Mon

Then Creative Work - Siddha Yoga

3

Monday, August 19, 2019

Meena Rasi: 16.01 Tithi 19 – 20

517993462

Gulika 1:48PM – 3:35PM
Yama 10:14AM – 12:01PM
Rahu 6:39AM – 8:26AM

Uttaraproshtapada Until 7:16AM
Shula* **Until 3:54AM Tue**
Kaulava **Until 4:03AM Tue**
Chaturthi* Until 3:00PM

Ganesha: White *Sunrise: 4:52AM*
Muruqa: Blue *Sunset: 7:09PM*
Nataraja: White
Moon – Clear

Regina, SK, Canada
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, August 20, 2019

Meena Rasi: 28.01 Tithi 20 – 21

517993462

Gulika 12:00PM – 1:47PM
Yama 8:27AM – 10:14AM
Rahu 3:34PM – 5:20PM

Revati Until 9:46AM
Ganda* **Until 4:22AM Wed**
Gara **Until 5:52AM Wed**
Panchami Until 4:59PM

Ganesha: White *Sunrise: 4:54AM*
Muruqa: Blue *Sunset: 7:07PM*
Nataraja: White
Moon – Clear

Regina, SK, Canada
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Mesha Rasi: 10.08 Tithi 21

528993462

Gulika 10:14AM – 12:00PM
Yama 6:41AM – 8:28AM
Rahu 12:00PM – 1:46PM

Ashvini Until 12:14PM
Vridhi **Until 4:30AM Thu**
Vanija **Until 6:35PM**
Shashthi* Until 6:35PM

Ganesha: White *Sunrise: 4:55AM*
Muruqa: Blue *Sunset: 7:05PM*
Nataraja: White
Moon – White

Regina, SK, Canada
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 12:14PM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Mesha Rasi: 22.28 Tithi 22

528993462

Gulika 8:28AM – 10:14AM
Yama 4:57AM – 6:43AM
Rahu 1:46PM – 3:31PM

Bharani Until 2:04PM
Dhruva **Until 4:09AM Fri**
Visti **Until 7:13AM**
Saptami Until 7:39PM

Ganesha: White *Sunrise: 4:57AM*
Muruqa: Blue *Sunset: 7:03PM*
Nataraja: White
Moon – White

Regina, SK, Canada
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 2:04PM

Then Routine Work - Marana Yoga

D

Friday, August 23, 2019

Retreat Star

Vrishabha Rasi: 5.02 Tithi 23

528993462

Gulika 6:44AM – 8:29AM
Yama 3:30PM – 5:16PM
Rahu 10:14AM – 12:00PM

Krittika Until 3:07PM
Vyaghata* **Until 3:16AM Sat**
Balava **Until 7:58AM**
Ashtami* Until 8:03PM

Ganesha: White *Sunrise: 4:58AM*
Muruqa: Blue *Sunset: 7:01PM*
Nataraja: White
Moon – White

Regina, SK, Canada
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 3:07PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 17.58 Tithi 24

538993462

Gulika 5:00AM – 6:45AM
Yama 1:44PM – 3:29PM
Rahu 8:30AM – 10:14AM

Rohini Until 3:45PM
Harshana **Until 1:46AM Sun**
Taitila **Until 8:00AM**
Navami* Until 7:42PM

Ganesha: Clear *Sunrise: 5:00AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Yellow

Regina, SK, Canada
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 3:45PM

Then Creative Work - Siddha Yoga

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Regina, SK, Canada Sun 9 Sutra 133
	Mithuna Rasi: 1.17	Tithi 25	Gulika 3:28PM – 5:12PM	Mrigashira Until 3:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Vikarin 5121
			Yama 11:59AM – 1:44PM	Vajra* Until 11:37PM	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	538993462 Rahu 5:12PM – 6:57PM	Vanija Until 7:14AM	Nataraja: White		2nd Phase
			Dashami Until 6:33PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 134
	Mithuna Rasi: 15.04	Tithi 26 – 27	Gulika 1:43PM – 3:27PM	Ardra Until 2:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	Vikarin 5121
	Family Home Evening		Yama 10:15AM – 11:59AM	Siddhi Until 8:52PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	538993462 Rahu 6:47AM – 8:31AM	Kaulava Until 3:26AM Tue	Nataraja: White		2nd Phase
			Ekadashi* Until 4:38PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Varyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 11 Sutra 135
	Mithuna Rasi: 29.18	Tithi 27 – 28	Gulika 11:59AM – 1:42PM	Punarvasu Until 12:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	Vikarin 5121
			Yama 8:31AM – 10:15AM	Vyatipata* Until 5:36PM	Muruqa: Blue	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	548993462 Rahu 3:26PM – 5:09PM	Gara Until 12:34AM Wed	Nataraja: White		2nd Phase
			Dvadashi* Until 2:03PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 12 Sutra 136
	Kataka Rasi: 13.58	Tithi 28 – 29	Gulika 10:15AM – 11:58AM	Pushya Until 10:20AM	Ganesha: Orange	<i>Sunrise:</i> 5:06AM	Vikarin 5121
			Yama 6:49AM – 8:32AM	Variyan Until 1:51PM	Muruqa: Blue	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	549193463 Rahu 11:58AM – 1:41PM	Visti Until 9:12PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 10:55AM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 137
	Retreat Star		Gulika 8:33AM – 10:15AM	Ashlesha* Until 7:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:07AM	Vikarin 5121
	Kataka Rasi: 28.58	Tithi 29 – 30	Yama 5:07AM – 6:50AM	Parigha* Until 9:49AM	Muruqa: Blue	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	549193463 Rahu 1:41PM – 3:23PM	Naga Until 3:36AM Fri	Nataraja: Clear		Amavasya
			Chaturdashi* Until 7:23AM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

Retreat Star	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 138
	Retreat Star		Gulika 6:51AM – 8:33AM	Purvaphalguni Until 1:37AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	Vikarin 5121
	Simha Rasi: 14.11	Tithi 1	Yama 3:22PM – 5:04PM	Siddha Until 1:18AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	559193463 Rahu 10:15AM – 11:58AM	Kintughna Until 1:41PM	Nataraja: Clear		Prathama
			Prathama* Until 11:45PM	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 139
	Simha Rasi: 29.26	Tithi 2	Gulika 5:10AM – 6:52AM	Uttaraphalguni Until 10:35PM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama 1:39PM – 3:21PM	Sadhya Until 9:07PM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 20
		559193463	Rahu 8:34AM – 10:16AM	Balava Until 9:52AM	Nataraja: Clear		3rd Phase
				Dvitiya Until 8:00PM	Moon – Red	Sivaloka Day	
					Bhadrapada-Avani		

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Regina, SK, Canada Sun 16 Sutra 140
	Kanya Rasi: 14.34	Tithi 3 – 4	Gulika 3:20PM – 5:01PM	Hasta Until 8:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:12AM	Vikarin 5121
	Creative Work	Amrita Yoga	Yama 11:57AM – 1:38PM	Subha Until 5:11PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 20
		569193463	Rahu 5:01PM – 6:42PM	Taitila Until 6:14AM	Nataraja: Clear		3rd Phase
				Tritiya Until 4:31PM	Moon – Green	Sivaloka Day	
					Bhadrapada-Avani		

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau				Regina, SK, Canada Sun 17 Sutra 141
	Kanya Rasi: 29.25	Tithi 4 – 5	Gulika 1:38PM – 3:18PM	Chitra Until 5:56PM	Ganesha: Orange	<i>Sunrise:</i> 5:13AM	Vikarin 5121
	Family Home Evening		Yama 10:16AM – 11:57AM	Sukla Until 1:35PM	Muruqa: Blue	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 20
		569193463	Rahu 6:54AM – 8:35AM	Bava Until 12:10AM Tue	Nataraja: Clear		3rd Phase
				Chaturthi* Until 1:28PM	Moon – Green	Sivaloka Day	
			Ganesha Chaturthi		Bhadrapada-Avani		

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 18 Sutra 142
	Tula Rasi: 13.52	Tithi 5 – 6	Gulika 11:56AM – 1:37PM	Svati Until 4:15PM	Ganesha: Orange	<i>Sunrise:</i> 5:15AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 8:36AM – 10:16AM	Brahma Until 10:28AM	Muruqa: Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 20
		569193463	Rahu 3:17PM – 4:58PM	Kaulava Until 10:02PM	Nataraja: Clear		3rd Phase
				Panchami Until 11:00AM	Moon – Green	Sivaloka Day	
					Bhadrapada-Avani		

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Regina, SK, Canada Sun 19 Sutra 143
	Tula Rasi: 27.52	Tithi 6 – 7	Gulika 10:16AM – 11:56AM	Vishakha Until 3:35PM	Ganesha: Green	<i>Sunrise:</i> 5:16AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 6:56AM – 8:36AM	Indra Until 7:57AM	Muruqa: Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 20
		579193463	Rahu 11:56AM – 1:36PM	Gara Until 8:41PM	Nataraja: Clear		3rd Phase
				Shashthi* Until 9:14AM	Moon – Orange	Subha Sivaloka Day	
					Bhadrapada-Avani		

D	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 20 Sutra 144
	Retreat Star		Gulika 8:37AM – 10:16AM	Anuradha Until 3:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:18AM	Vikarin 5121
	Vrischika Rasi: 11.23	Tithi 7 – 8	Yama 5:18AM – 6:57AM	Vaidhriti* Until 6:04AM	Muruqa: Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20
		571193463	Rahu 1:35PM – 3:15PM	Vistit Until 8:08PM	Nataraja: Clear		Ashtami
				Saptami Until 8:17AM	Moon – Orange	Sivaloka Day	
					Bhadrapada-Avani		

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 21 Sutra 145
	Retreat Star		Gulika 6:58AM – 8:37AM	Jyeshtha* Until 4:13PM	Ganesha: Orange	<i>Sunrise:</i> 5:19AM	Vikarin 5121
	Vrischika Rasi: 24.28	Tithi 8 – 9	Yama 3:13PM – 4:52PM	Priti Until 4:15AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20
		571193463	Rahu 10:16AM – 11:55AM	Balava Until 8:25PM	Nataraja: Clear		Navami
				Ashtami* Until 8:10AM	Moon – Orange	Sivaloka Day	
					Bhadrapada-Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada
	Dhanus Rasi: 7.08	Tithi 9 – 10	Gulika 5:21AM – 6:59AM	Mula* Until 5:56PM	Ganesha: Green	<i>Sunrise:</i> 5:21AM	Sun 22 Sutra 146
			Yama 1:34PM – 3:12PM	Ayushman Until 4:11AM Sun	Muruqa: Blue	<i>Sunset:</i> 6:29PM	Vikarin 5121
	581193463	Rahu 8:38AM – 10:16AM	Taitila Until 9:27PM	Navami* Until 8:49AM	Nataraja: Clear		Moon 8 - Phase 21
Creative Work	Siddha Yoga			Moon – Light Blue		4th Phase	
					Devaloka Day		
				Bhadrapada-Avani			


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada
	Dhanus Rasi: 19.31	Tithi 10 – 11	Gulika 3:11PM – 4:49PM	Purvashadha* Until 8:05PM	Ganesha: Green	<i>Sunrise:</i> 5:22AM	Sun 23 Sutra 147
			Yama 11:55AM – 1:33PM	Saubhagya Until 4:34AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:27PM	Vikarin 5121
	581193463	Rahu 4:49PM – 6:27PM	Vanija Until 11:05PM	Dashami Until 10:10AM	Nataraja: Clear		Moon 8 - Phase 21
Creative Work	Siddha Yoga			Moon – Light Blue		4th Phase	
Until 8:05PM		Grandparent's Day			Devaloka Day		
Then Creative Work - Amrita Yoga				Bhadrapada-Avani			

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada
	Makara Rasi: 1.39	Tithi 11 – 12	Gulika 1:32PM – 3:10PM	Uttarashadha Until 10:30PM	Ganesha: Green	<i>Sunrise:</i> 5:24AM	Sun 24 Sutra 148
			Yama 10:17AM – 11:54AM	Sobhana Until 5:16AM Tue	Muruqa: Blue	<i>Sunset:</i> 6:25PM	Vikarin 5121
	581193463	Rahu 7:01AM – 8:39AM	Bava Until 1:09AM Tue	Ekadashi Until 12:03PM	Nataraja: Clear		Moon 8 - Phase 21
Family Home Evening	Marana Yoga			Moon – Light Blue		4th Phase	
Until 10:30PM					Devaloka Day		
Then Creative Work - Amrita Yoga				Bhadrapada-Avani			

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada
	Makara Rasi: 13.38	Tithi 12 – 13	Gulika 11:54AM – 1:31PM	Shravana Until 1:32AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:25AM	Sun 25 Sutra 149
			Yama 8:40AM – 10:17AM	Athiganda* Until 6:07AM Wed	Muruqa: Blue	<i>Sunset:</i> 6:23PM	Vikarin 5121
	591193463	Rahu 3:08PM – 4:45PM	Kaulava Until 3:29AM Wed	Dvadashi Until 2:16PM	Nataraja: Clear		Moon 8 - Phase 21
Creative Work	Siddha Yoga			Moon – Purple		4th Phase	
Until 1:32AM Wed					Sivaloka Day		
Then Routine Work - Prabalarishta Yoga				Bhadrapada-Avani			
				<i>Pradosha Vrata</i>			

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada
	Makara Rasi: 25.32	Tithi 13 – 14	Gulika 10:17AM – 11:54AM	Dhanishtha Until 4:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:27AM	Sun 26 Sutra 150
			Yama 7:04AM – 8:40AM	Athiganda* Until 6:07AM	Muruqa: Blue	<i>Sunset:</i> 6:20PM	Vikarin 5121
	591193463	Rahu 11:54AM – 1:30PM	Gara Until 5:57AM Thu	Trayodashi Until 4:41PM	Nataraja: Clear		Moon 8 - Phase 21
Routine Work	Prabalarishta Yoga			Moon – Purple		4th Phase	
Until 4:31AM Thu		Chidambaram Abhishekam			Sivaloka Day		
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija Karana Chaturdashyam Titau				Regina, SK, Canada
	Kumbha Rasi: 7.23	Tithi 14	Gulika 8:41AM – 10:17AM	Shatabhishak Until 7:20AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:28AM	Sun 27 Sutra 151
			Yama 5:28AM – 7:05AM	Sukarma Until 7:04AM	Muruqa: Blue	<i>Sunset:</i> 6:18PM	Vikarin 5121
	591193463	Rahu 1:29PM – 3:06PM	Vanija Until 7:09PM	Chaturdashi* Until 7:09PM	Nataraja: Clear		Moon 8 - Phase 21
Creative Work	Siddha Yoga			Moon – Purple		4th Phase	
					Sivaloka Day		
				Bhadrapada-Avani			

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada
	Copper Retreat Star		Gulika 7:06AM – 8:41AM	Shatabhishak Until 7:20AM	Ganesha: Red	<i>Sunrise:</i> 5:30AM	Sutra 152
	Kumbha Rasi: 19.14	Tithi 15	Yama 3:04PM – 4:40PM	Dhriti Until 8:01AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Vikarin 5121
	591113463	Rahu 10:17AM – 11:53AM	Visti Until 8:24AM	Purnima* Until 9:36PM	Nataraja: Clear		Moon 8 - Phase 21
Creative Work	Siddha Yoga			Moon – Purple		Purnima	
					Sivaloka Day		
				Bhadrapada-Avani			

7	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada
	Silver Retreat Star		Gulika 5:31AM – 7:07AM	Purvaprosarthapada* Until 10:25AM	Ganesha: Red	<i>Sunrise:</i> 5:31AM	Sutra 153
	Meena Rasi: 1.08	Tithi 16	Yama 1:28PM – 3:03PM	Shula* Until 8:53AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Vikarin 5121
	511113463	Rahu 8:42AM – 10:17AM	Balava Until 10:48AM	Prathama* Until 11:55PM	Nataraja: Clear		Moon 8 - Phase 21
Routine Work	Marana Yoga			Moon – Clear		Prathama	
Until 10:25AM					Sivaloka Day		
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Dvilyayam Titau

Regina, SK, Canada

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 13.04 Tithi 17

512113463

Gulika 3:02PM - 4:37PM

Yama 11:52AM - 1:27PM

Rahu 4:37PM - 6:12PM

Uttaraproshtapada Until 1:13PM

Ganda* Until 9:40AM

Taitila Until 1:03PM

Dvitiya Until 2:05AM Mon

Ganesha: Yellow

Sunrise: 5:33AM

Muruqa: Purple

Sunset: 6:12PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Regina, SK, Canada

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 25.03 Tithi 18

512113463

Gulika 1:26PM - 3:01PM

Yama 10:17AM - 11:52AM

Rahu 7:09AM - 8:43AM

Revati Until 3:39PM

Vridhhi Until 10:20AM

Vanija Until 3:06PM

Tritiya Until 4:02AM Tue

Ganesha: Yellow

Sunrise: 5:34AM

Muruqa: Purple

Sunset: 6:09PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Puratasi

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 7.08 Tithi 19

522113463

Gulika 11:51AM - 1:25PM

Yama 8:44AM - 10:18AM

Rahu 2:59PM - 4:33PM

Ashvini Until 6:11PM

Dhruva Until 10:46AM

Bava Until 4:55PM

Chaturthi* Until 5:41AM Wed

Ganesha: White

Sunrise: 5:36AM

Muruqa: Purple

Sunset: 6:07PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Kaulava Karana Panchamyam Titau

Regina, SK, Canada

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 19.21 Tithi 20

522113463

Gulika 10:18AM - 11:51AM

Yama 7:11AM - 8:44AM

Rahu 11:51AM - 1:25PM

Bharani Until 8:13PM

Vyaghata* Until 10:59AM

Kaulava Until 6:23PM

Panchami Until 6:57AM Thu

Ganesha: White

Sunrise: 5:37AM

Muruqa: Purple

Sunset: 6:05PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 8:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 1.43 Tithi 20 - 21

522113463

Gulika 8:45AM - 10:18AM

Yama 5:39AM - 7:12AM

Rahu 1:24PM - 2:57PM

Krittika Until 9:39PM

Harshana Until 10:55AM

Gara Until 7:26PM

Panchami Until 6:57AM

Ganesha: White

Sunrise: 5:39AM

Muruqa: Purple

Sunset: 6:03PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 14.19 Tithi 21 - 22

532113463

Gulika 7:13AM - 8:45AM

Yama 2:55PM - 4:28PM

Rahu 10:18AM - 11:50AM

Rohini Until 10:52PM

Vajra* Until 10:24AM

Visti Until 7:55PM

Shashthi* Until 7:44AM

Ganesha: Clear

Sunrise: 5:40AM

Muruqa: Purple

Sunset: 6:00PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 10:52PM

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 27.1 Tithi 22 - 23

532113463

Gulika 5:42AM - 7:14AM

Yama 1:22PM - 2:54PM

Rahu 8:46AM - 10:18AM

Mrigashira Until 11:17PM

Siddhi Until 9:26AM

Balava Until 7:45PM

Saptami Until 7:54AM

Ganesha: Clear

Sunrise: 5:42AM

Muruqa: Purple

Sunset: 5:58PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 10.23 Tithi 23 - 24

532213463

Gulika 2:53PM - 4:24PM

Yama 11:50AM - 1:21PM

Rahu 4:24PM - 5:56PM

Ardra Until 10:50PM

Vyatipata* Until 7:55AM

Taitila Until 6:52PM

Ashtami* Until 7:23AM

Ganesha: Orange

Sunrise: 5:44AM

Muruqa: Purple

Sunset: 5:56PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga


Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Gara/Visti* Karana Navami/Dashmyam Titau		Regina, SK, Canada Sun 9 Sutra 162 Vikarin 5121	
1	Mithuna Rasi: 24.01 Family Home Evening Creative Work Amrita Yoga Until 9:59PM Then Creative Work - Siddha Yoga	Tithi 24 – 25 542213463	Gulika 1:20PM – 2:52PM Yama 10:18AM – 11:49AM Rahu 7:16AM – 8:47AM	Punarvasu Until 9:59PM Parigha* Until 3:08AM Tue Visti Until 4:11AM Tue Navami* Until 6:08AM	Ganesha: Light Blue <i>Sunrise:</i> 5:45AM Muruqa: Purple <i>Sunset:</i> 5:54PM Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Regina, SK, Canada Sun 10 Sutra 163 Vikarin 5121	
2	Kataka Rasi: 8.04 Creative Work Siddha Yoga	Tithi 26 542213463	Gulika 11:49AM – 1:20PM Yama 8:48AM – 10:18AM Rahu 2:50PM – 4:21PM	Pushya Until 8:18PM Shiva Until 11:56PM Bava Until 2:59PM Ekadashi* Until 1:36AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 5:47AM Muruqa: Purple <i>Sunset:</i> 5:51PM Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Regina, SK, Canada Sun 11 Sutra 164 Vikarin 5121	
3	Kataka Rasi: 22.33 Creative Work Siddha Yoga	Tithi 27 542213463	Gulika 10:19AM – 11:49AM Yama 7:18AM – 8:48AM Rahu 11:49AM – 1:19PM	Ashlesha* Until 5:57PM Siddha Until 8:17PM Kaulava Until 12:07PM Dvadashi* Until 10:29PM	Ganesha: Light Blue <i>Sunrise:</i> 5:48AM Muruqa: Purple <i>Sunset:</i> 5:49PM Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 12 Sutra 165 Vikarin 5121	
4	Simha Rasi: 7.25 Creative Work Amrita Yoga Until 3:26PM Then Creative Work - Siddha Yoga	Tithi 28 552213463	Gulika 8:49AM – 10:19AM Yama 5:50AM – 7:19AM Rahu 1:18PM – 2:48PM	Magha* Until 3:26PM Sadhya Until 4:18PM Gara Until 8:47AM Trayodashi* Until 6:59PM	Ganesha: Purple <i>Sunrise:</i> 5:50AM Muruqa: Purple <i>Sunset:</i> 5:47PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada-Puratasi
<i>Pradosha Vrata (Fasting)</i>					

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Regina, SK, Canada Sun 13 Sutra 166 Vikarin 5121	
5	Simha Rasi: 22.31 Creative Work Siddha Yoga	Tithi 29 – 30 652213463	Gulika 7:20AM – 8:50AM Yama 2:46PM – 4:16PM Rahu 10:19AM – 11:48AM	Purvaphalguni Until 12:31PM Subha Until 12:07PM Catuspada Until 1:22AM Sat Chaturdashi* Until 3:15PM	Ganesha: Light Blue <i>Sunrise:</i> 5:51AM Muruqa: Purple <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada-Puratasi

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Regina, SK, Canada Sun 14 Sutra 167 Vikarin 5121	
	Retreat Star Kanya Rasi: 7.44 Routine Work Marana Yoga	Tithi 30 – 1 653213463	Gulika 5:53AM – 7:21AM Yama 1:16PM – 2:45PM Rahu 8:50AM – 10:19AM	Uttaraphalguni Until 9:24AM Sukla Until 7:51AM Kintughna Until 9:37PM Amavasya* Until 11:28AM	Ganesha: Purple <i>Sunrise:</i> 5:53AM Muruqa: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada-Puratasi
Mahalaya Amavasai (Tamil Nadu)					

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 15 Sutra 168 Vikarin 5121
Retreat Star Kanya Rasi: 22.55 Creative Work Amrita Yoga Until 6:39AM Then Creative Work - Siddha Yoga	Tithi 1 – 2 663213463	Gulika 2:44PM – 4:12PM Yama 11:47AM – 1:16PM Rahu 4:12PM – 5:40PM	Hasta Until 6:39AM Indra Until 11:41PM Balava Until 6:04PM Prathama* Until 7:47AM	Ganesha: Light Blue <i>Sunrise:</i> 5:54AM Muruqa: Purple <i>Sunset:</i> 5:40PM Nataraja: Clear Moon – Green Devaloka Day Ashvina-Puratasi
Navaratri Begins				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trilayam Titau		Regina, SK, Canada Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:15PM – 2:43PM	Svati Until 1:45AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 5:56AM
Tula Rasi: 7.52	Tithi 3	Yama 10:19AM – 11:47AM	Vaidhriti* Until 8:03PM	Muruqa: Purple <i>Sunset:</i> 5:38PM
Family Home Evening	663213463	Rahu 7:24AM – 8:51AM	Taitila Until 2:54PM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Green
Until 1:45AM Tue			Tritiya Until 1:30AM Tue	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau		Regina, SK, Canada Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:47AM – 1:14PM	Vishakha Until 12:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:57AM
Tula Rasi: 22.27	Tithi 4	Yama 8:52AM – 10:19AM	Vishkambha* Until 4:54PM	Muruqa: Purple <i>Sunset:</i> 5:36PM
673213463		Rahu 2:41PM – 4:09PM	Vanija Until 12:17PM	Nataraja: Clear
Routine Work Marana Yoga				Moon – Orange
Until 12:23AM Wed			Chaturthi* Until 11:13PM	Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:19AM – 11:46AM	Anuradha Until 11:38PM	Ganesha: Purple <i>Sunrise:</i> 5:59AM
Vrischika Rasi: 6.35	Tithi 5	Yama 7:26AM – 8:53AM	Priti Until 2:22PM	Muruqa: Purple <i>Sunset:</i> 5:34PM
673213463		Rahu 11:46AM – 1:13PM	Bava Until 10:22AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Orange
			Panchami Until 9:42PM	Devaloka Day
				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashtham Titau		Regina, SK, Canada Sun 19 Sutra 172 Vikarin 5121
4		Gulika 8:53AM – 10:20AM	Jyeshtha* Until 11:36PM	Ganesha: Purple <i>Sunrise:</i> 6:00AM
Vrischika Rasi: 20.13	Tithi 6	Yama 6:00AM – 7:27AM	Ayushman Until 12:29PM	Muruqa: Purple <i>Sunset:</i> 5:32PM
673213463		Rahu 1:12PM – 2:39PM	Kaulava Until 9:17AM	Nataraja: Clear
Routine Work Prabalarishta Yoga				Moon – Orange
Until 11:36PM			Shashthi* Until 9:03PM	Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:28AM – 8:54AM	Mula* Until 12:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 6:02AM
Dhanus Rasi: 3.22	Tithi 7	Yama 2:38PM – 4:04PM	Saubhagya Until 11:19AM	Muruqa: Purple <i>Sunset:</i> 5:29PM
683213463		Rahu 10:20AM – 11:46AM	Gara Until 9:06AM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Light Blue
Until 12:45AM Sat			Saptami Until 9:19PM	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 6:04AM – 7:29AM	Purvashadha* Until 2:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:04AM
Dhanus Rasi: 16.04	Tithi 8	Yama 1:11PM – 2:36PM	Sobhana Until 10:51AM	Muruqa: Purple <i>Sunset:</i> 5:27PM
683213463		Rahu 8:54AM – 10:20AM	Visti Until 9:47AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Light Blue
Until 2:32AM Sun			Ashtami* Until 10:24PM	Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:35PM – 4:00PM	Uttarashadha Until 4:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:05AM
Dhanus Rasi: 28.25	Tithi 9	Yama 11:45AM – 1:10PM	Athiganda* Until 10:55AM	Muruqa: Purple <i>Sunset:</i> 5:25PM
683213463		Rahu 4:00PM – 5:25PM	Balava Until 11:14AM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)	Navami* Until 12:11AM Mon	Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau		Regina, SK, Canada Sun 23 Sutra 176	
1		Gulika 1:09PM – 2:34PM	Shravana Until 7:45AM Tue	Ganesha: White	<i>Sunrise:</i> 6:07AM
Makara Rasi: 10.31	Tithi 10	Yama 10:20AM – 11:45AM	Sukarma Until 11:28AM	Muruqa: Purple	<i>Sunset:</i> 5:23PM
Family Home Evening	693213463	Rahu 7:31AM – 8:56AM	Taitila Until 1:17PM	Nataraja: Clear	Moon 9 - Phase 25
Creative Work Amrita Yoga			Dashami Until 2:25AM Tue	Moon – Purple	4th Phase
Until 7:45AM Tue			Ashvina+Puratasi	Devaloka Day	
Then Creative Work - Siddha Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Regina, SK, Canada Sun 24 Sutra 177	
2		Gulika 11:45AM – 1:09PM	Shravana Until 7:45AM	Ganesha: White	<i>Sunrise:</i> 6:08AM
Makara Rasi: 22.27	Tithi 11	Yama 8:56AM – 10:20AM	Dhriti Until 12:18PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM
Creative Work	693213464	Rahu 2:33PM – 3:57PM	Vanija Until 3:40PM	Nataraja: Purple	Moon 9 - Phase 25
Siddha Yoga			Ekadashi Until 4:55AM Wed	Moon – Purple	4th Phase
		Vijaya Dasami	Ashvina+Puratasi	Sivaloka Day	

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava Karana Dvadashyam Titau		Regina, SK, Canada Sun 25 Sutra 178	
3		Gulika 10:21AM – 11:44AM	Dhanishtha Until 10:46AM	Ganesha: White	<i>Sunrise:</i> 6:10AM
Kumbha Rasi: 4.19	Tithi 12	Yama 7:33AM – 8:57AM	Shula* Until 1:13PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM
Routine Work	693213464	Rahu 11:44AM – 1:08PM	Bava Until 6:13PM	Nataraja: Purple	Moon 9 - Phase 25
Prabalarishta Yoga			Dvadashi Until 7:27AM Thu	Moon – Purple	4th Phase
Until 10:46AM		Kadaitswami Mahasamadhi	Ashvina+Puratasi	Sivaloka Day	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Regina, SK, Canada Sun 26 Sutra 179	
4		Gulika 8:58AM – 10:21AM	Shatabhishak Until 1:36PM	Ganesha: White	<i>Sunrise:</i> 6:11AM
Kumbha Rasi: 16.09	Tithi 12 – 13	Yama 6:11AM – 7:35AM	Ganda* Until 2:09PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM
Creative Work	693213464	Rahu 1:07PM – 2:30PM	Kaulava Until 8:43PM	Nataraja: Purple	Moon 9 - Phase 25
Siddha Yoga			Dvadashi Until 7:27AM	Moon – Purple	4th Phase
			Ashvina+Puratasi	Sivaloka Day	
			<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 27 Sutra 180	
5		Gulika 7:36AM – 8:58AM	Purvaproshtapada* Until 4:40PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM
Kumbha Rasi: 28.01	Tithi 13 – 14	Yama 2:29PM – 3:52PM	Vridhi Until 3:00PM	Muruqa: Purple	<i>Sunset:</i> 5:14PM
Creative Work	613213464	Rahu 10:21AM – 11:44AM	Gara Until 11:04PM	Nataraja: Purple	Moon 9 - Phase 25
Siddha Yoga			Trayodashi Until 9:53AM	Moon – Clear	4th Phase
		Chidambaram Abhishekam	Ashvina+Puratasi	Sivaloka Day	

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Regina, SK, Canada Sun 28 Sutra 181	
○		Gulika 6:15AM – 7:37AM	Uttaraproshtapada Until 7:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM
Copper Retreat Star		Yama 1:06PM – 2:28PM	Dhruva Until 3:40PM	Muruqa: Purple	<i>Sunset:</i> 5:12PM
Meena Rasi: 9.58	Tithi 14 – 15	Rahu 8:59AM – 10:21AM	Visti Until 1:11AM Sun	Nataraja: Purple	Moon 9 - Phase 25
Creative Work	613213464		Chaturdashi* Until 12:08PM	Moon – Clear	Purnima
Siddha Yoga			Ashvina+Puratasi	Sivaloka Day	
Until 7:21PM					
Then Routine Work - Prabalarishta Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Regina, SK, Canada Sun 29 Sutra 182	
○		Gulika 2:27PM – 3:49PM	Revati Until 9:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM
Silver Retreat Star		Yama 11:43AM – 1:05PM	Vyaghata* Until 4:08PM	Muruqa: Purple	<i>Sunset:</i> 5:10PM
Meena Rasi: 22.01	Tithi 15 – 16	Rahu 3:49PM – 5:10PM	Balava Until 3:02AM Mon	Nataraja: Purple	Moon 9 - Phase 25
Creative Work	614213464		Purnima* Until 2:07PM	Moon – Clear	Prathama
Amrita Yoga			Ashvina+Puratasi	Subha Sivaloka Day	
Until 9:38PM					
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 4.1 Tithi 16 – 17

Family Home Evening 624213464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:04PM – 2:26PM
Yama 10:22AM – 11:43AM
Rahu 7:39AM – 9:00AM
Ashvini Until 11:57PM
Harshana Until 4:25PM
Taitila Until 4:35AM Tue
Prathama* Until 3:50PM

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:08PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Regina, SK, Canada
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

1

Tuesday, October 15, 2019

Mesha Rasi: 16.26 Tithi 17 – 18

Creative Work Siddha Yoga

Until 1:48AM Wed
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 11:43AM – 1:04PM
Yama 9:01AM – 10:22AM
Rahu 2:24PM – 3:45PM
Bharani Until 1:48AM Wed
Vajra* Until 4:25PM
Vanija Until 5:49AM Wed
Dvitiya Until 5:13PM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 5:06PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Regina, SK, Canada
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

2

Wednesday, October 16, 2019

Mesha Rasi: 28.5 Tithi 18

Creative Work Amrita Yoga

Until 3:09AM Thu
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Tritiyayam Titau

Gulika 10:22AM – 11:43AM
Yama 7:41AM – 9:02AM
Rahu 11:43AM – 1:03PM
Krittika Until 3:09AM Thu
Siddhi Until 4:11PM
Visti Until 6:17PM
Tritiya Until 6:17PM

Ganesha: White *Sunrise:* 6:21AM
Muruqa: Purple *Sunset:* 5:04PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Regina, SK, Canada
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

3

Thursday, October 17, 2019

Vrishabha Rasi: 11.25 Tithi 19

Routine Work Marana Yoga

Until 4:27AM Fri
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:03AM – 10:22AM
Yama 6:23AM – 7:43AM
Rahu 1:02PM – 2:22PM
Rohini Until 4:27AM Fri
Vyatipata* Until 3:40PM
Bava Until 6:42AM
Chaturthi* Until 6:58PM

Ganesha: White *Sunrise:* 6:23AM
Muruqa: Purple *Sunset:* 5:02PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Regina, SK, Canada
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

4

Friday, October 18, 2019

Vrishabha Rasi: 24.09 Tithi 20

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 7:44AM – 9:03AM
Yama 2:21PM – 3:41PM
Rahu 10:23AM – 11:42AM
Mrigashira Until 5:09AM Sat
Variyan Until 2:49PM
Kaulava Until 7:11AM
Panchami Until 7:14PM

Ganesha: White *Sunrise:* 6:24AM
Muruqa: Purple *Sunset:* 5:00PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Regina, SK, Canada
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

5

Saturday, October 19, 2019

Mithuna Rasi: 7.07 Tithi 21

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:26AM – 7:45AM
Yama 1:01PM – 2:20PM
Rahu 9:04AM – 10:23AM
Ardra Until 5:12AM Sun
Parigha* Until 1:36PM
Gara Until 7:13AM
Shashthi* Until 7:01PM

Ganesha: White *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 4:58PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Regina, SK, Canada
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

6

Sunday, October 20, 2019

Mithuna Rasi: 20.21 Tithi 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:19PM – 3:38PM
Yama 11:42AM – 1:00PM
Rahu 3:38PM – 4:56PM
Punarvasu Until 5:01AM Mon
Shiva Until 11:59AM
Visti Until 6:44AM
Saptami Until 6:15PM

Ganesha: Clear *Sunrise:* 6:28AM
Muruqa: Purple *Sunset:* 4:56PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Regina, SK, Canada
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

D

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 3.53 Tithi 23 – 24

Family Home Evening 644313464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:00PM – 2:18PM
Yama 10:24AM – 11:42AM
Rahu 7:47AM – 9:05AM
Pushya Until 4:07AM Tue
Siddha Until 9:54AM
Taitila Until 4:04AM Tue
Ashtami* Until 4:56PM

Ganesha: Clear *Sunrise:* 6:29AM
Muruqa: Purple *Sunset:* 4:54PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Regina, SK, Canada
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 17.46 Tithi 24 – 25

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 11:42AM – 12:59PM
Yama 9:06AM – 10:24AM
Rahu 2:17PM – 3:34PM
Ashlesha* Until 2:32AM Wed
Sadhya Until 7:21AM
Vanija Until 1:55AM Wed
Navami* Until 3:02PM

Ganesha: Clear *Sunrise:* 6:31AM
Muruqa: Purple *Sunset:* 4:52PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Regina, SK, Canada
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 192	
Simha Rasi: 1.59	Tithi 25 – 26	654313464	Gulika 10:24AM – 11:41AM Yama 7:50AM – 9:07AM Rahu 11:41AM – 12:59PM	Magha* Until 12:45AM Thu Sukla Until 1:02AM Thu Bava Until 11:16PM Dashami Until 12:38PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 6:33AM Sunset: 4:50PM	Vikarin 5121 Moon 10 - Phase 27 2nd Phase Sivaloka Day
Creative Work Siddha Yoga				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Regina, SK, Canada Sun 10 Sutra 193	
Simha Rasi: 16.32	Tithi 26 – 27	654313464	Gulika 9:08AM – 10:24AM Yama 6:34AM – 7:51AM Rahu 12:58PM – 2:15PM	Purvaphalguni Until 10:27PM Brahma Until 9:22PM Kaulava Until 8:15PM Ekadashi* Until 9:47AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 6:34AM Sunset: 4:48PM	Vikarin 5121 Moon 10 - Phase 27 2nd Phase Sivaloka Day
Creative Work Siddha Yoga				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Tatila/Vanija Karana Dvadashi/Trayodashyam Titau		Regina, SK, Canada Sun 11 Sutra 194	
Kanya Rasi: 1.19	Tithi 27 – 28	655313464	Gulika 7:52AM – 9:09AM Yama 2:14PM – 3:30PM Rahu 10:25AM – 11:41AM	Uttaraphalguni Until 7:48PM Indra Until 5:31PM Vanija Until 3:17AM Sat Dvadashi* Until 6:38AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 6:36AM Sunset: 4:46PM	Vikarin 5121 Moon 10 - Phase 27 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 7:48PM Then Creative Work - Amrita Yoga				Ashvina-Aipasi			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Regina, SK, Canada Sun 12 Sutra 195	
Kanya Rasi: 16.16	Tithi 29	665313464	Gulika 6:38AM – 7:53AM Yama 12:57PM – 2:13PM Rahu 9:09AM – 10:25AM	Hasta Until 5:19PM Vaidhriti* Until 1:34PM Visti Until 1:37PM Chaturdashi* Until 11:55PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	Sunrise: 6:38AM Sunset: 4:45PM	Vikarin 5121 Moon 10 - Phase 27 2nd Phase Subha Sivaloka Day
Routine Work Marana Yoga		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

●		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Regina, SK, Canada Sun 13 Sutra 196	
Retreat Star							
Tula Rasi: 1.12	Tithi 30	665313464	Gulika 2:12PM – 3:27PM Yama 11:41AM – 12:56PM Rahu 3:27PM – 4:43PM	Chitra Until 2:48PM Vishkambha* Until 9:40AM Catuspada Until 10:18AM Amavasya* Until 8:42PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	Sunrise: 6:39AM Sunset: 4:43PM	Vikarin 5121 Moon 10 - Phase 27 Amavasya Subha Sivaloka Day
Creative Work Siddha Yoga		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 14 Sutra 197	
Tula Rasi: 16	Tithi 1 – 2	665313464	Gulika 12:56PM – 2:11PM Yama 10:26AM – 11:41AM Rahu 7:56AM – 9:11AM	Svati Until 12:24PM Ayushman Until 2:32AM Tue Kintughna Until 7:12AM Prathama* Until 5:47PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	Sunrise: 6:41AM Sunset: 4:41PM	Vikarin 5121 Moon 10 - Phase 27 Prathama Subha Sivaloka Day
Family Home Evening Creative Work Amrita Yoga Until 12:24PM Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Regina, SK, Canada Sun 15 Sutra 198 Vikarin 5121		
Wrischika Rasi: 0.31	Tithi 2 – 3	Gulika 11:41AM – 12:55PM	Vishakha Until 10:42AM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Muruqa: Purple	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Marana Yoga	Yama 9:12AM – 10:26AM	Saubhagya Until 11:34PM	Nataraja: Purple				
Until 10:42AM		Rahu 2:10PM – 3:24PM	Taitila Until 2:22AM Wed	Moon – Orange				Subha Sivaloka Day
Then Creative Work - Siddha Yoga			Dvitiya Until 3:21PM	Kartika•Aipasi				
2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Regina, SK, Canada Sun 16 Sutra 199 Vikarin 5121		
Wrischika Rasi: 14.38	Tithi 3 – 4	Gulika 10:27AM – 11:41AM	Anuradha Until 9:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Muruqa: Purple	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Marana Yoga	Yama 7:58AM – 9:12AM	Sobhana Until 9:11PM	Nataraja: Purple				
Until 10:42AM		Rahu 11:41AM – 12:55PM	Vanija Until 12:57AM Thu	Moon – Orange				Subha Sivaloka Day
Then Creative Work - Siddha Yoga			Tritiya Until 1:33PM	Kartika•Aipasi				
3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 17 Sutra 200 Vikarin 5121		
Wrischika Rasi: 28.19	Tithi 4 – 5	Gulika 9:13AM – 10:27AM	Jyeshtha* Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	Muruqa: Purple	<i>Sunset:</i> 4:35PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 6:46AM – 8:00AM	Athiganda* Until 7:24PM	Nataraja: Purple				
Until 8:51AM		Rahu 12:54PM – 2:08PM	Bava Until 12:21AM Fri	Moon – Orange				Subha Sivaloka Day
Then Creative Work - Siddha Yoga			Chaturthi* Until 12:31PM	Kartika•Aipasi				
4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Regina, SK, Canada Sun 18 Sutra 201 Vikarin 5121		
Dhanus Rasi: 11.31	Tithi 5 – 6	Gulika 8:01AM – 9:14AM	Mula* Until 9:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:48AM	Muruqa: Purple	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Amrita Yoga	Yama 2:07PM – 3:20PM	Sukarma Until 6:18PM	Nataraja: Purple				
Until 9:20AM		Rahu 10:27AM – 11:41AM	Kaulava Until 12:37AM Sat	Moon – Light Blue				Subha Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Skanda Shasthi	Panchami Until 12:21PM	Kartika•Aipasi				
5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Regina, SK, Canada Sun 19 Sutra 202 Vikarin 5121		
Dhanus Rasi: 24.18	Tithi 6 – 7	Gulika 6:49AM – 8:02AM	Purvashadha* Until 10:31AM	Ganesha: Purple	<i>Sunrise:</i> 6:49AM	Muruqa: Purple	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Siddha Yoga	Yama 12:53PM – 2:06PM	Dhriti Until 5:53PM	Nataraja: Purple				
Until 10:31AM		Rahu 9:15AM – 10:28AM	Gara Until 1:42AM Sun	Moon – Light Blue				Subha Subha Sivaloka Day
Then Routine Work - Marana Yoga			Shashthi* Until 1:02PM	Kartika•Aipasi				
Retreat Star		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Regina, SK, Canada Sun 20 Sutra 203 Vikarin 5121		
Makara Rasi: 6.43	Tithi 7 – 8	Gulika 2:06PM – 3:18PM	Uttarashadha Until 12:16PM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	Muruqa: Purple	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 28 Ashtami
Routine Work	Amrita Yoga	Yama 11:41AM – 12:53PM	Shula* Until 5:59PM	Nataraja: Purple				
Until 10:31AM		Rahu 3:18PM – 4:30PM	Visti Until 3:29AM Mon	Moon – Light Blue				Subha Sivaloka Day
Then Routine Work - Marana Yoga			Saptami Until 2:30PM	Kartika•Aipasi				
Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Regina, SK, Canada Sun 21 Sutra 204 Vikarin 5121		
Makara Rasi: 18.51	Tithi 8 – 9	Gulika 12:53PM – 2:05PM	Shravana Until 2:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:53AM	Muruqa: Purple	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 28 Navami
Family Home Evening		Yama 10:29AM – 11:41AM	Ganda* Until 6:32PM	Nataraja: Purple				
Creative Work	Amrita Yoga	Rahu 8:05AM – 9:17AM	Balava Until 5:45AM Tue	Moon – Purple				Sivaloka Day
Until 2:57PM			Ashtami* Until 4:33PM	Kartika•Aipasi				
Then Creative Work - Siddha Yoga								

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava Karana Navamyam Titau	Regina, SK, Canada Sun 22 Sutra 205 Vikarin 5121
Kumbha Rasi: 0.48	Tithi 9	Gulika 11:41AM – 12:52PM	Dhanishtha Until 5:49PM	Ganesha: Purple <i>Sunrise:</i> 6:54AM	
		Yama 9:17AM – 10:29AM	Vriddhi Until 7:21PM	Muruqa: Purple <i>Sunset:</i> 4:27PM	Moon 10 - Phase 29
	696313464	Rahu 2:04PM – 3:15PM	Kaulava Until 6:58PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:58PM	Moon – Purple	Sivaloka Day
Until 5:49PM				Kartika•Aipasi	
Then Routine Work - Marana Yoga					

2		Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau	Regina, SK, Canada Sun 23 Sutra 206 Vikarin 5121
Kumbha Rasi: 12.4	Tithi 10	Gulika 10:30AM – 11:41AM	Shatabhishak Until 8:39PM	Ganesha: Purple <i>Sunrise:</i> 6:56AM	
		Yama 8:07AM – 9:18AM	Dhruva Until 8:14PM	Muruqa: Purple <i>Sunset:</i> 4:25PM	Moon 10 - Phase 29
	696313464	Rahu 11:41AM – 12:52PM	Taitila Until 8:16AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:31PM	Moon – Purple	Sivaloka Day
Until 8:39PM				Kartika•Aipasi	
Then Creative Work - Amrita Yoga					

3		Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau	Regina, SK, Canada Sun 24 Sutra 207 Vikarin 5121
Kumbha Rasi: 24.32	Tithi 11	Gulika 9:19AM – 10:30AM	Purvaproshtapada* Until 11:44PM	Ganesha: Yellow <i>Sunrise:</i> 6:58AM	
		Yama 6:58AM – 8:08AM	Vyaghata* Until 9:04PM	Muruqa: Purple <i>Sunset:</i> 4:24PM	Moon 10 - Phase 29
	716313464	Rahu 12:52PM – 2:02PM	Vanija Until 10:47AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:58PM	Moon – Clear	Subha Sivaloka Day
				Kartika•Aipasi	

4		Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau	Regina, SK, Canada Sun 25 Sutra 208 Vikarin 5121
Meena Rasi: 6.26	Tithi 12	Gulika 8:10AM – 9:20AM	Uttaraproshtapada Until 2:25AM Sat	Ganesha: Yellow <i>Sunrise:</i> 6:59AM	
		Yama 2:02PM – 3:12PM	Harshana Until 9:44PM	Muruqa: Purple <i>Sunset:</i> 4:22PM	Moon 10 - Phase 29
	716313464	Rahu 10:30AM – 11:41AM	Bava Until 1:08PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:11AM Sat	Moon – Clear	Subha Sivaloka Day
Until 2:25AM Sat				Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga					

5		Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Tailila Karana Trayodashyam Titau	Regina, SK, Canada Sun 26 Sutra 209 Vikarin 5121
Meena Rasi: 18.27	Tithi 13	Gulika 7:01AM – 8:11AM	Revati Until 4:37AM Sun	Ganesha: Yellow <i>Sunrise:</i> 7:01AM	
		Yama 12:51PM – 2:01PM	Vajra* Until 10:08PM	Muruqa: Purple <i>Sunset:</i> 4:21PM	Moon 10 - Phase 29
	716313464	Rahu 9:21AM – 10:31AM	Kaulava Until 3:12PM	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 4:03AM Sun	Moon – Clear	Subha Sivaloka Day
Until 4:37AM Sun				Kartika•Aipasi	
Then Creative Work - Siddha Yoga					

6		Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau	Regina, SK, Canada Sun 27 Sutra 210 Vikarin 5121
Mesha Rasi: 0.37	Tithi 14	Gulika 2:00PM – 3:10PM	Ashvini Until 6:45AM Mon	Ganesha: White <i>Sunrise:</i> 7:03AM	
		Yama 11:41AM – 12:51PM	Siddhi Until 10:15PM	Muruqa: Purple <i>Sunset:</i> 4:19PM	Moon 10 - Phase 29
	726313464	Rahu 3:10PM – 4:19PM	Gara Until 4:52PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:32AM Mon	Moon – White	Sivaloka Day
				Kartika•Aipasi	
<i>Pradosha Vrata</i>					

○		Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Visti* Karana Purnimayam Titau	Regina, SK, Canada Sutra 211 Vikarin 5121
Copper Retreat Star		Gulika 12:50PM – 2:00PM	Ashvini Until 6:45AM	Ganesha: White <i>Sunrise:</i> 7:04AM	
Mesha Rasi: 12.56	Tithi 15	Yama 10:32AM – 11:41AM	Vyatipata* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 4:18PM	Moon 10 - Phase 29
Family Home Evening		Rahu 8:14AM – 9:23AM	Visti Until 6:07PM	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:34AM Tue	Moon – White	Sivaloka Day
				Kartika•Aipasi	

○		Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Regina, SK, Canada Sutra 212 Vikarin 5121
Silver Retreat Star		Gulika 11:41AM – 12:50PM	Bharani Until 8:19AM	Ganesha: White <i>Sunrise:</i> 7:06AM	
Mesha Rasi: 25.26	Tithi 15 – 16	Yama 9:24AM – 10:32AM	Variyan Until 9:30PM	Muruqa: Purple <i>Sunset:</i> 4:17PM	Moon 10 - Phase 29
		Rahu 1:59PM – 3:08PM	Balava Until 6:57PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:34AM	Moon – White	Sivaloka Day
				Kartika•Aipasi	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 8.08 Tithi 16 - 17

727413464

Gulika 10:33AM - 11:41AM
Yama 8:16AM - 9:25AM
Rahu 11:41AM - 12:50PM

Krittika Until 9:19AM

Parigha* Until 8:39PM

Taitila Until 7:22PM

Prathama* Until 7:11AM

Ganesha: White **Sunrise:** 7:08AM

Muruqa: Purple **Sunset:** 4:15PM

Nataraja: Purple

Moon - White
Karttika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 9:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 21.01 Tithi 17 - 18

737413464

Gulika 9:25AM - 10:34AM
Yama 7:09AM - 8:17AM
Rahu 12:50PM - 1:58PM

Rohini Until 10:14AM

Shiva Until 7:31PM

Vanija Until 7:23PM

Dvitiya Until 7:24AM

Ganesha: Clear **Sunrise:** 7:09AM

Muruqa: Purple **Sunset:** 4:14PM

Nataraja: Purple

Moon - Yellow
Karttika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Regina, SK, Canada

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 4.06 Tithi 18 - 19

737413464

Gulika 8:19AM - 9:26AM
Yama 1:57PM - 3:05PM
Rahu 10:34AM - 11:42AM

Mrigashira Until 10:38AM

Siddha Until 6:03PM

Bava Until 7:02PM

Tritiya Until 7:14AM

Ganesha: Clear **Sunrise:** 7:11AM

Muruqa: Purple **Sunset:** 4:13PM

Nataraja: Purple

Moon - Yellow
Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 17.22 Tithi 19 - 20

737413464

Gulika 7:13AM - 8:20AM
Yama 12:49PM - 1:57PM
Rahu 9:27AM - 10:35AM

Ardra Until 10:32AM

Sadhya Until 4:19PM

Kaulava Until 6:20PM

Chaturthi* Until 6:42AM

Ganesha: Clear **Sunrise:** 7:13AM

Muruqa: Purple **Sunset:** 4:11PM

Nataraja: Purple

Moon - Yellow
Karttika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shashthiyam Titau

Regina, SK, Canada

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 0.5 Tithi 21

748413465

Gulika 1:56PM - 3:03PM
Yama 11:42AM - 12:49PM
Rahu 3:03PM - 4:10PM

Punarvasu Until 10:24AM

Subha Until 2:20PM

Gara Until 5:17PM

Shashthi* Until 4:37AM Mon

Ganesha: Clear **Sunrise:** 7:14AM

Muruqa: Purple **Sunset:** 4:10PM

Nataraja: Clear

Moon - Blue
Karttika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 14.29 Tithi 22

748413465

Gulika 12:49PM - 1:56PM
Yama 10:36AM - 11:42AM
Rahu 8:22AM - 9:29AM

Pushya Until 9:46AM

Sukla Until 12:03PM

Visti Until 3:53PM

Saptami Until 3:03AM Tue

Ganesha: Clear **Sunrise:** 7:16AM

Muruqa: Purple **Sunset:** 4:09PM

Nataraja: Clear

Moon - Blue
Karttika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 28.21 Tithi 23

748413465

Gulika 11:43AM - 12:49PM
Yama 9:30AM - 10:36AM
Rahu 1:55PM - 3:01PM

Ashlesha* Until 8:40AM

Brahma Until 9:31AM

Balava Until 2:10PM

Ashtami* Until 1:10AM Wed

Ganesha: Clear **Sunrise:** 7:17AM

Muruqa: Purple **Sunset:** 4:08PM

Nataraja: Clear

Moon - Blue
Karttika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 12.25 Tithi 24

758413465

Gulika 10:37AM - 11:43AM
Yama 8:25AM - 9:31AM
Rahu 11:43AM - 12:49PM

Magha* Until 7:32AM

Indra Until 6:44AM

Taitila Until 12:08PM

Navami* Until 10:59PM

Ganesha: White **Sunrise:** 7:19AM

Muruqa: Purple **Sunset:** 4:07PM

Nataraja: Clear

Moon - Red
Karttika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 7:32AM


Then Creative Work - Amrita Yoga

1	Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 221 Vikarin 5121
	Simha Rasi: 26.4	Tithi 25	Gulika 9:32AM – 10:37AM	Uttaraphalguni Until 4:03AM Fri	Ganesha: White	<i>Sunrise:</i> 7:21AM	
			Yama 7:21AM – 8:26AM	Vishkambha* Until 12:29AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 31
		Amrita Yoga	758413465 Rahu 12:49PM – 1:54PM	Vanija Until 9:49AM	Nataraja: Clear		2nd Phase
			Dashami Until 8:33PM	Moon – Red		Subha Sivaloka Day	
						Karttika-Karttikai	

2	Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Bava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Regina, SK, Canada Sun 9 Sutra 222 Vikarin 5121
	Kanya Rasi: 11.05	Tithi 26 – 27	Gulika 8:27AM – 9:33AM	Hasta Until 2:16AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 7:22AM	
			Yama 1:54PM – 2:59PM	Priti Until 9:09PM	Muruqa: Purple	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 31
		768413465	Rahu 10:38AM – 11:43AM	Bava Until 7:17AM	Nataraja: Clear		2nd Phase
	Creative Work	Amrita Yoga		Ekadashi* Until 5:57PM	Moon – Green	Sivaloka Day	
	Until 2:16AM Sat					Karttika-Karttikai	
	Then Routine Work - Marana Yoga						

3	Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dvadashti/Trayodashyam Titau				Regina, SK, Canada Sun 10 Sutra 223 Vikarin 5121
	Kanya Rasi: 25.34	Tithi 27 – 28	Gulika 7:24AM – 8:29AM	Chitra Until 12:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	
			Yama 12:49PM – 1:54PM	Ayushman Until 5:45PM	Muruqa: Purple	<i>Sunset:</i> 4:04PM	Moon 11 - Phase 31
		768413465	Rahu 9:34AM – 10:39AM	Gara Until 1:59AM Sun	Nataraja: Clear		2nd Phase
	Routine Work	Marana Yoga		Dvadashti* Until 3:17PM	Moon – Green	Sivaloka Day	
	Until 12:20AM Sun					Karttika-Karttikai	
	Then Creative Work - Siddha Yoga					<i>Pradosha Vrata (Fasting)</i>	

4	Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 224 Vikarin 5121
	Tula Rasi: 10.05	Tithi 28 – 29	Gulika 1:53PM – 2:58PM	Svati Until 10:21PM	Ganesha: Blue	<i>Sunrise:</i> 7:25AM	
			Yama 11:44AM – 12:49PM	Saubhagya Until 2:25PM	Muruqa: Purple	<i>Sunset:</i> 4:03PM	Moon 11 - Phase 31
		769413465	Rahu 2:58PM – 4:03PM	Visti Until 11:26PM	Nataraja: Clear		2nd Phase
	Creative Work	Siddha Yoga		Trayodashi* Until 12:40PM	Moon – Green	Devaloka Day	
	Until 10:21PM					Karttika-Karttikai	
	Then Routine Work - Marana Yoga						

	Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 225 Vikarin 5121
	Retreat Star		Gulika 12:49PM – 1:53PM	Vishakha Until 8:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:27AM	
	Tula Rasi: 24.29	Tithi 29 – 30	Yama 10:40AM – 11:44AM	Sobhana Until 11:15AM	Muruqa: Purple	<i>Sunset:</i> 4:02PM	Moon 11 - Phase 31
		Family Home Evening	779413465 Rahu 8:31AM – 9:35AM	Catuspada Until 9:09PM	Nataraja: Clear		Amavasya
	Routine Work	Marana Yoga		Chaturdashi* Until 10:14AM	Moon – Orange	Devaloka Day	
	Until 8:54PM					Karttika-Karttikai	
	Then Creative Work - Siddha Yoga						

Retreat Star	Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 13 Sutra 226 Vikarin 5121
	Vrischika Rasi: 8.41	Tithi 30 – 1	Gulika 11:45AM – 12:49PM	Anuradha Until 7:42PM	Ganesha: Blue	<i>Sunrise:</i> 7:28AM	
			Yama 9:36AM – 10:40AM	Athiganda* Until 8:20AM	Muruqa: Purple	<i>Sunset:</i> 4:01PM	Moon 11 - Phase 31
		779413465	Rahu 1:53PM – 2:57PM	Kintughna Until 7:16PM	Nataraja: Clear		Prathama
	Creative Work	Siddha Yoga		Amavasya* Until 8:08AM	Moon – Orange	Devaloka Day	
	Until 7:42PM					Margasira-Karttikai	
	Then Routine Work - Marana Yoga						

1	Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 14 Sutra 227	
	Whischika Rasi: 22.35	Tithi 1 – 2	Gulika 10:41AM – 11:45AM Yama 8:33AM – 9:37AM 779413465 Rahu 11:45AM – 12:49PM	Jyeshtha* Until 6:53PM Dhriti Until 3:47AM Thu Kaulava Until 5:29AM Thu Prathama* Until 6:30AM	Ganesha: Blue <i>Sunrise:</i> 7:30AM Muruqa: Purple <i>Sunset:</i> 4:00PM Nataraja: Clear Moon – Orange	Vikarin 5121 Moon 11 - Phase 32 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 6:53PM Then Routine Work - Marana Yoga						

2	Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau		Regina, SK, Canada Sun 15 Sutra 228	
	Dhanus Rasi: 6.08	Tithi 3	Gulika 9:38AM – 10:42AM Yama 7:31AM – 8:35AM 789413465 Rahu 12:49PM – 1:52PM	Mula* Until 7:02PM Shula* Until 2:16AM Fri Taitila Until 5:15PM Tritiya Until 5:10AM Fri	Ganesha: Blue <i>Sunrise:</i> 7:31AM Muruqa: Purple <i>Sunset:</i> 3:59PM Nataraja: Clear Moon – Light Blue	Vikarin 5121 Moon 11 - Phase 32 3rd Phase Devaloka Day
Creative Work Siddha Yoga Then Routine Work - Marana Yoga						

3	Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Regina, SK, Canada Sun 16 Sutra 229	
	Dhanus Rasi: 19.17	Tithi 4	Gulika 8:36AM – 9:39AM Yama 1:52PM – 2:55PM 789413465 Rahu 10:42AM – 11:46AM	Purvashadha* Until 7:45PM Ganda* Until 1:21AM Sat Vanija Until 5:19PM Chaturthi* Until 5:37AM Sat	Ganesha: Blue <i>Sunrise:</i> 7:32AM Muruqa: Purple <i>Sunset:</i> 3:59PM Nataraja: Clear Moon – Light Blue	Vikarin 5121 Moon 11 - Phase 32 3rd Phase Devaloka Day
Routine Work Prabalarishta Yoga Until 7:45PM Then Routine Work - Marana Yoga						

4	Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava Karana Panchamyam Titau		Regina, SK, Canada Sun 17 Sutra 230	
	Makara Rasi: 2.04	Tithi 5	Gulika 7:34AM – 8:37AM Yama 12:49PM – 1:52PM 789413465 Rahu 9:40AM – 10:43AM	Uttarashadha Until 9:01PM Vriddhi Until 1:01AM Sun Bava Until 6:08PM Panchami Until 6:47AM Sun	Ganesha: Blue <i>Sunrise:</i> 7:34AM Muruqa: Purple <i>Sunset:</i> 3:58PM Nataraja: Clear Moon – Light Blue	Vikarin 5121 Moon 11 - Phase 32 3rd Phase Devaloka Day
Routine Work Marana Yoga Until 9:01PM Then Creative Work - Siddha Yoga						

5	Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Regina, SK, Canada Sun 18 Sutra 231	
	Makara Rasi: 14.32	Tithi 5 – 6	Gulika 1:52PM – 2:55PM Yama 11:46AM – 12:49PM 799413465 Rahu 2:55PM – 3:57PM	Shravana Until 11:16PM Dhruva Until 1:09AM Mon Kaulava Until 7:39PM Panchami Until 6:47AM	Ganesha: Yellow <i>Sunrise:</i> 7:35AM Muruqa: Purple <i>Sunset:</i> 3:57PM Nataraja: Clear Moon – Purple	Vikarin 5121 Moon 11 - Phase 32 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 11:16PM Then Routine Work - Marana Yoga						

6	Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Regina, SK, Canada Sun 19 Sutra 232	
	Makara Rasi: 26.43	Tithi 6 – 7	Gulika 12:49PM – 1:52PM Yama 10:44AM – 11:47AM 791413465 Rahu 8:39AM – 9:42AM	Dhanishtha Until 1:51AM Tue Vyaghata* Until 1:41AM Tue Gara Until 9:42PM Shashthi* Until 8:35AM	Ganesha: Clear <i>Sunrise:</i> 7:37AM Muruqa: Purple <i>Sunset:</i> 3:57PM Nataraja: Clear Moon – Purple	Vikarin 5121 Moon 11 - Phase 32 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 1:51AM Tue Then Routine Work - Marana Yoga						

D	Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Regina, SK, Canada Sun 20 Sutra 233	
	Retreat Star		Gulika 11:47AM – 12:49PM Yama 9:42AM – 10:45AM 791413465 Rahu 1:52PM – 2:54PM	Shatabhishak Until 4:33AM Wed Harshana Until 2:27AM Wed Visli Until 12:05AM Wed Saptami Until 10:51AM	Ganesha: Clear <i>Sunrise:</i> 7:38AM Muruqa: Purple <i>Sunset:</i> 3:56PM Nataraja: Clear Moon – Purple	Vikarin 5121 Moon 11 - Phase 32 Ashtami Sivaloka Day
Kumbha Rasi: 8.43 Tithi 7 – 8 Routine Work Marana Yoga Until 4:33AM Wed Then Creative Work - Amrita Yoga						

D	Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Regina, SK, Canada Sun 21 Sutra 234	
	Retreat Star		Gulika 10:45AM – 11:48AM Yama 8:41AM – 9:43AM 711413465 Rahu 11:48AM – 12:50PM	Purvaproshtapada* Until 7:39AM Thu Vajra* Until 3:15AM Thu Balava Until 2:36AM Thu Ashtami* Until 1:19PM	Ganesha: Yellow <i>Sunrise:</i> 7:39AM Muruqa: Purple <i>Sunset:</i> 3:56PM Nataraja: Clear Moon – Clear	Vikarin 5121 Moon 11 - Phase 32 Navami Sivaloka Day
Kumbha Rasi: 20.37 Tithi 8 – 9 Creative Work Amrita Yoga Until 7:39AM Thu Then Creative Work - Siddha Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 22 Sutra 235 Vikarin 5121
Meena Rasi: 2.3	Tithi 9 – 10	Gulika 9:44AM – 10:46AM	Purvaproshtapada* Until 7:39AM	Ganesha: Yellow	<i>Sunrise:</i> 7:40AM			
		Yama 7:40AM – 8:42AM	Siddhi Until 3:59AM Fri	Muruqa: Purple	<i>Sunset:</i> 3:56PM			Moon 11 - Phase 33
		711413465 Rahu 12:50PM – 1:52PM	Taitila Until 5:00AM Fri	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Navami* Until 3:48PM	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 14.26	Tithi 10	Gulika 8:43AM – 9:45AM	Uttaraproshtapada Until 10:27AM	Ganesha: Yellow	<i>Sunrise:</i> 7:42AM			
		Yama 1:52PM – 2:54PM	Vyatipata* Until 4:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 3:55PM			Moon 11 - Phase 33
		711413465 Rahu 10:47AM – 11:48AM	Gara Until 6:05PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:05PM	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 26.29	Tithi 11	Gulika 7:43AM – 8:44AM	Revati Until 12:46PM	Ganesha: White	<i>Sunrise:</i> 7:43AM			
		Yama 12:50PM – 1:52PM	Variyan Until 4:43AM Sun	Muruqa: Purple	<i>Sunset:</i> 3:55PM			Moon 11 - Phase 33
		711513465 Rahu 9:46AM – 10:47AM	Vanija Until 7:07AM	Nataraja: Clear				4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 7:59PM	Moon – Clear			Subha Sivaloka Day	
Until 12:46PM		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 8.41	Tithi 12	Gulika 1:52PM – 2:53PM	Ashvini Until 2:59PM	Ganesha: Clear	<i>Sunrise:</i> 7:44AM			
		Yama 11:49AM – 12:51PM	Parigha* Until 4:31AM Mon	Muruqa: Purple	<i>Sunset:</i> 3:55PM			Moon 11 - Phase 33
		721513465 Rahu 2:53PM – 3:55PM	Bava Until 8:47AM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:24PM	Moon – White			Sivaloka Day	
Until 2:59PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 21.08	Tithi 13	Gulika 12:51PM – 1:52PM	Bharani Until 4:30PM	Ganesha: Clear	<i>Sunrise:</i> 7:45AM			
Family Home Evening		Yama 10:49AM – 11:50AM	Shiva Until 3:54AM Tue	Muruqa: Purple	<i>Sunset:</i> 3:55PM			Moon 11 - Phase 33
		721513465 Rahu 8:46AM – 9:47AM	Kaulava Until 9:55AM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:15PM	Moon – White			Sivaloka Day	
Until 4:30PM				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 240 Vikarin 5121
Vrishabha Rasi: 3.5	Tithi 14	Gulika 11:50AM – 12:51PM	Krittika Until 5:18PM	Ganesha: Clear	<i>Sunrise:</i> 7:46AM			
		Yama 9:48AM – 10:49AM	Siddha Until 2:49AM Wed	Muruqa: Purple	<i>Sunset:</i> 3:54PM			Moon 11 - Phase 33
		721513465 Rahu 1:52PM – 2:53PM	Gara Until 10:29AM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:31PM	Moon – White			Sivaloka Day	
Until 5:18PM		Krittika Deepam		Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:50AM – 11:51AM	Rohini Until 5:52PM	Ganesha: Purple	<i>Sunrise:</i> 7:47AM			
Vrishabha Rasi: 16.48	Tithi 15	Yama 8:48AM – 9:49AM	Sadhya Until 1:20AM Thu	Muruqa: Clear	<i>Sunset:</i> 3:54PM			Moon 11 - Phase 33
		731523465 Rahu 11:51AM – 12:52PM	Visti Until 10:28AM	Nataraja: Clear				Purnima
Creative Work	Siddha Yoga		Purnima* Until 10:14PM	Moon – Yellow			Sivaloka Day	
				Margasira-Karttikai				

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sutra 242 Vikarin 5121		
Silver Retreat Star		Gulika 9:50AM – 10:50AM	Mrigashira Until 5:48PM	Ganesha: Clear	<i>Sunrise:</i> 7:48AM			
Mithuna Rasi: 0.03	Tithi 16	Yama 7:48AM – 8:49AM	Subha Until 11:28PM	Muruqa: Clear	<i>Sunset:</i> 3:54PM			Moon 11 - Phase 33
		732523465 Rahu 12:52PM – 1:53PM	Balava Until 9:55AM	Nataraja: Clear				Prathama
Routine Work	Marana Yoga		Prathama* Until 9:27PM	Moon – Yellow			Devaloka Day	
				Margasira-Karttikai				
		Vinayaga Viratam Begins						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 13.33 Tithi 17

732523465

Gulika 8:50AM – 9:50AM
Yama 1:53PM – 2:54PM
Rahu 10:51AM – 11:52AM

Ardra Until 5:09PM

Sukla Until 9:15PM

Taitila Until 8:56AM

Dvitiya Until 8:16PM

Ganesha: Clear *Sunrise: 7:49AM*

Muruqa: Clear *Sunset: 3:54PM*

Nataraja: Clear

Moon – Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Regina, SK, Canada

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 27.16 Tithi 18

742523465

Gulika 7:50AM – 8:50AM
Yama 12:53PM – 1:53PM
Rahu 9:51AM – 10:52AM

Punarvasu Until 4:29PM

Brahma Until 6:49PM

Vanija Until 7:34AM

Tritiya Until 6:45PM

Ganesha: Purple *Sunrise: 7:50AM*

Muruqa: Clear *Sunset: 3:54PM*

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 11.1 Tithi 19 – 20

742523465

Gulika 1:54PM – 2:54PM
Yama 11:53AM – 12:53PM
Rahu 2:54PM – 3:55PM

Pushya Until 3:25PM

Indra Until 4:11PM

Kaulava Until 4:04AM Mon

Chaturthi* Until 5:00PM

Ganesha: Purple *Sunrise: 7:51AM*

Muruqa: Clear *Sunset: 3:55PM*

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 25.11 Tithi 20 – 21

842523465

Family Home Evening

Creative Work Siddha Yoga

Until 2:02PM

Then Routine Work - Marana Yoga

Gulika 12:53PM – 1:54PM
Yama 10:53AM – 11:53AM
Rahu 8:52AM – 9:52AM

Ashlesha* Until 2:02PM

Vaidhrili* Until 1:24PM

Gara Until 2:06AM Tue

Panchami Until 3:04PM

Markali Pillaiyar

Ganesha: Clear *Sunrise: 7:51AM*

Muruqa: Clear *Sunset: 3:55PM*

Nataraja: Clear

Moon – Blue

Margasira-Markali

Devaloka Day

Devaloka Time: 3:PM to 6:PM

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 9.17 Tithi 21 – 22

852523465

Creative Work Siddha Yoga

Gulika 11:54AM – 12:54PM
Yama 9:53AM – 10:53AM
Rahu 1:54PM – 2:55PM

Magha* Until 12:50PM

Vishkambha* Until 10:33AM

Visti Until 12:02AM Wed

Shashthi* Until 1:03PM

Ganesha: Purple *Sunrise: 7:52AM*

Muruqa: Clear *Sunset: 3:55PM*

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Regina, SK, Canada

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 23.26 Tithi 22 – 23

852523465

Creative Work Amrita Yoga

Gulika 10:54AM – 11:54AM
Yama 8:53AM – 9:53AM
Rahu 11:54AM – 12:54PM

Purvaphalguni Until 11:27AM

Priti Until 7:40AM

Balava Until 9:57PM

Saptami Until 10:59AM

Ganesha: Purple *Sunrise: 7:53AM*

Muruqa: Clear *Sunset: 3:55PM*

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 8 Tithi 23 – 24

852523465

Amrita Yoga

Until 9:55AM

Then Routine Work - Marana Yoga

Gulika 9:54AM – 10:54AM
Yama 7:54AM – 8:54AM
Rahu 12:55PM – 1:55PM

Uttaraphalguni Until 9:55AM

Saubhagya Until 1:50AM Fri

Taitila Until 7:53PM

Ashtami* Until 8:54AM

Ganesha: Purple *Sunrise: 7:54AM*

Muruqa: Clear *Sunset: 3:56PM*

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Gara/Visti* Karana Navami/Dashmyam Titau	Regina, SK, Canada Sun 8 Sutra 250 Vikarin 5121
Kanya Rasi: 21.44	Tithi 24 – 25	862523465	Gulika 8:54AM – 9:55AM Yama 1:56PM – 2:56PM Rahu 10:55AM – 11:55AM	Hasta Until 8:41AM Sobhana Until 10:59PM Visti Until 4:51AM Sat Navami* Until 6:50AM	Ganesha: Clear <i>Sunrise: 7:54AM</i> Muruqa: Clear <i>Sunset: 3:56PM</i> Nataraja: Clear Moon – Green
Creative Work	Amrita Yoga				Devaloka Day
Until 8:41AM					
Then Creative Work - Siddha Yoga					

2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau	Regina, SK, Canada Sun 9 Sutra 251 Vikarin 5121
Tula Rasi: 5.51	Tithi 26	862523465	Gulika 7:55AM – 8:55AM Yama 12:56PM – 1:56PM Rahu 9:55AM – 10:55AM	Chitra Until 7:22AM Athiganda* Until 8:12PM Bava Until 3:54PM Ekadashi* Until 2:58AM Sun	Ganesha: Clear <i>Sunrise: 7:55AM</i> Muruqa: Clear <i>Sunset: 3:57PM</i> Nataraja: Clear Moon – Green
Routine Work	Marana Yoga				Devaloka Day
Until 7:22AM					
Then Creative Work - Siddha Yoga					

3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau	Regina, SK, Canada Sun 10 Sutra 252 Vikarin 5121
Tula Rasi: 19.52	Tithi 27	862523465	Gulika 1:57PM – 2:57PM Yama 11:56AM – 12:56PM Rahu 2:57PM – 3:57PM	Svati Until 6:03AM Sukarma Until 5:33PM Kaulava Until 2:07PM Dvadashi* Until 1:17AM Mon	Ganesha: Clear <i>Sunrise: 7:55AM</i> Muruqa: Clear <i>Sunset: 3:57PM</i> Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga				Devaloka Day
Until 6:03AM					
Then Routine Work - Marana Yoga					

4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau	Regina, SK, Canada Sun 11 Sutra 253 Vikarin 5121
Vrischika Rasi: 3.46	Tithi 28	872523465	Gulika 12:57PM – 1:57PM Yama 10:56AM – 11:57AM Rahu 8:56AM – 9:56AM	Anuradha Until 4:31AM Tue Dhriti Until 3:07PM Gara Until 12:34PM Trayodashi* Until 11:52PM	Ganesha: White <i>Sunrise: 7:56AM</i> Muruqa: Clear <i>Sunset: 3:58PM</i> Nataraja: Clear Moon – Orange
Family Home Evening					Bhuloka Day
Creative Work	Siddha Yoga				Devaloka Time: 3:PM to 6:PM
Until 4:31AM Tue					
Then Routine Work - Marana Yoga					
<i>Pradosha Vrata (Fasting)</i>					

5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Regina, SK, Canada Sun 12 Sutra 254 Vikarin 5121
Vrischika Rasi: 17.3	Tithi 29	872523465	Gulika 11:57AM – 12:57PM Yama 9:57AM – 10:57AM Rahu 1:58PM – 2:58PM	Jyeshtha* Until 4:02AM Wed Shula* Until 12:54PM Visti Until 11:19AM Chaturdashi* Until 10:49PM	Ganesha: White <i>Sunrise: 7:56AM</i> Muruqa: Clear <i>Sunset: 3:58PM</i> Nataraja: Clear Moon – Orange
Routine Work	Marana Yoga				Bhuloka Day
Until 4:19AM Thu					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Regina, SK, Canada Sun 13 Sutra 255 Vikarin 5121
Dhanus Rasi: 1	Tithi 30	883523465	Gulika 10:57AM – 11:58AM Yama 8:57AM – 9:57AM Rahu 11:58AM – 12:58PM	Mula* Until 4:19AM Thu Ganda* Until 11:02AM Catuspada Until 10:29AM Amavasya* Until 10:14PM	Ganesha: Orange <i>Sunrise: 7:56AM</i> Muruqa: Clear <i>Sunset: 3:59PM</i> Nataraja: Clear Moon – Light Blue
Routine Work	Marana Yoga				Devaloka Day
Until 4:19AM Thu					
Then Creative Work - Siddha Yoga					

Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau	Regina, SK, Canada Sun 14 Sutra 256 Vikarin 5121
Dhanus Rasi: 14.14	Tithi 1	883523466	Gulika 9:57AM – 10:58AM Yama 7:57AM – 8:57AM Rahu 12:59PM – 1:59PM	Purvashadha* Until 4:59AM Fri Vriddhi Until 9:34AM Kintughna Until 10:09AM Prathama* Until 10:10PM	Ganesha: Orange <i>Sunrise: 7:57AM</i> Muruqa: Clear <i>Sunset: 4:00PM</i> Nataraja: Orange Moon – Light Blue
Creative Work	Siddha Yoga				Devaloka Day
Until 4:59AM Fri					
Then Routine Work - Marana Yoga					
Annular Solar Eclipse					

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 257 Vikarin 5121
Dhanus Rasi: 27.12	Tithi 2	Gulika 8:57AM – 9:58AM	Uttarashadha Until 6:04AM Sat	Ganesha: Orange	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 4:00PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Marana Yoga	Yama 2:00PM – 3:00PM	Dhruva Until 8:31AM	Nataraja: Orange		Moon – Light Blue		Devaloka Day
Until 6:04AM Sat		Rahu 10:58AM – 11:59AM	Balava Until 10:22AM			Pausha-Markali		
Then Creative Work - Siddha Yoga			Dvitiya Until 10:42PM					

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 258 Vikarin 5121
Makara Rasi: 9.52	Tithi 3	Gulika 7:57AM – 8:58AM	Uttarashadha Until 6:04AM	Ganesha: Orange	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 4:01PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Marana Yoga	Yama 1:00PM – 2:00PM	Vyaghata* Until 7:56AM	Nataraja: Orange		Moon – Light Blue		Devaloka Day
Until 6:04AM		Rahu 9:58AM – 10:59AM	Taitila Until 11:12AM			Pausha-Markali		
Then Creative Work - Siddha Yoga			Tritiya Until 11:49PM					

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Regina, SK, Canada Sun 17 Sutra 259 Vikarin 5121
Makara Rasi: 22.17	Tithi 4	Gulika 2:01PM – 3:01PM	Shravana Until 8:02AM	Ganesha: Clear	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 4:02PM	Moon 12 - Phase 36 3rd Phase
Creative Work	Amrita Yoga	Yama 12:00PM – 1:00PM	Harshana Until 7:48AM	Nataraja: Orange		Moon – Purple		Devaloka Day
Until 8:02AM		Rahu 3:01PM – 4:02PM	Vanija Until 12:37PM			Pausha-Markali		
Then Routine Work - Marana Yoga			Chaturthi* Until 1:29AM Mon					

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 260 Vikarin 5121
Kumbha Rasi: 4.28	Tithi 5	Gulika 1:01PM – 2:02PM	Dhanishtha Until 10:20AM	Ganesha: Clear	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 4:03PM	Moon 12 - Phase 36 3rd Phase
Family Home Evening		Yama 10:59AM – 12:00PM	Vajra* Until 8:03AM	Nataraja: Orange		Moon – Purple		Devaloka Day
Creative Work	Siddha Yoga	Rahu 8:58AM – 9:59AM	Bava Until 2:31PM			Pausha-Markali		
			Panchami Until 3:36AM Tue					

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 261 Vikarin 5121
Kumbha Rasi: 16.3	Tithi 6	Gulika 12:01PM – 1:01PM	Shatabhishak Until 12:50PM	Ganesha: Clear	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Marana Yoga	Yama 9:59AM – 11:00AM	Siddhi Until 8:36AM	Nataraja: Orange		Moon – Purple		Devaloka Day
		Rahu 2:02PM – 3:03PM	Kaulava Until 4:48PM			Pausha-Markali		
			Shashthi* Until 6:01AM Wed					

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Regina, SK, Canada Sun 20 Sutra 262 Vikarin 5121
Kumbha Rasi: 28.25	Tithi 6 – 7	Gulika 11:01AM – 12:02PM	Purvaprosarthapada* Until 3:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 4:06PM	Moon 12 - Phase 36 3rd Phase
Creative Work	Amrita Yoga	Yama 8:58AM – 9:59AM	Vyatipata* Until 9:21AM	Nataraja: Orange		Moon – Clear		Bhuloka Day
Until 3:54PM		Rahu 12:02PM – 1:03PM	Gara Until 7:17PM			Pausha-Markali		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			Shashthi* Until 6:01AM					
		Vinayaga Viratam Ends						

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarproshthapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 263 Vikarin 5121
Meena Rasi: 10.18	Tithi 7 – 8	Gulika 10:00AM – 11:01AM	Uttarproshthapada Until 6:48PM	Ganesha: Blue	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 36 Ashtami
Creative Work	Siddha Yoga	Yama 7:57AM – 8:58AM	Variyan Until 10:08AM	Nataraja: Orange		Moon – Clear		Bhuloka Day
		Rahu 1:03PM – 2:05PM	Visti Until 9:46PM			Pausha-Markali		Devaloka Time: 3:PM to 6:PM
			Saptami Until 8:31AM					

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 264 Vikarin 5121
Meena Rasi: 22.13	Tithi 8 – 9	Gulika 8:58AM – 10:00AM	Revati Until 9:23PM	Ganesha: Blue	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 4:08PM	Moon 12 - Phase 36 Navami
Creative Work	Siddha Yoga	Yama 2:05PM – 3:07PM	Parigha* Until 10:51AM	Nataraja: Orange		Moon – Clear		Bhuloka Day
Until 9:23PM		Rahu 11:01AM – 12:03PM	Balava Until 12:02AM Sat			Pausha-Markali		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			Ashtami* Until 10:55AM					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 265 Vikarin 5121
	Mesha Rasi: 4.14	Tithi 9 – 10	Gulika 7:57AM – 8:58AM	Ashvini Until 11:54PM	Ganesha: Yellow	<i>Sunrise:</i> 7:57AM	
			Yama 1:05PM – 2:06PM	Shiva Until 11:21AM	Muruqa: Clear	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 37
	Creative Work	Siddha Yoga	823623466 Rahu 10:00AM – 11:01AM	Taitila Until 1:54AM Sun	Nataraja: Orange		4th Phase
			Navami* Until 1:01PM	Moon – White		Devaloka Day	
				Pausha-Markali			

2	Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 266 Vikarin 5121
	Mesha Rasi: 16.26	Tithi 10 – 11	Gulika 2:07PM – 3:09PM	Bharani Until 1:44AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 7:56AM	
			Yama 12:03PM – 1:05PM	Siddha Until 11:27AM	Muruqa: Clear	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 37
	Routine Work	Prabalarishta Yoga	823623466 Rahu 3:09PM – 4:10PM	Vanija Until 3:11AM Mon	Nataraja: Orange		4th Phase
			Dashami Until 2:36PM	Moon – White		Devaloka Day	
			Subramuniyaswami Jayanti	Pausha-Markali			

3	Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 267 Vikarin 5121
	Mesha Rasi: 28.53	Tithi 11 – 12	Gulika 1:06PM – 2:08PM	Krittika Until 2:45AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 7:56AM	
	Family Home Evening		Yama 11:02AM – 12:04PM	Sadhya Until 11:06AM	Muruqa: Clear	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 37
	Routine Work	Marana Yoga	823623466 Rahu 8:58AM – 10:00AM	Bava Until 3:47AM Tue	Nataraja: Orange		4th Phase
			Ekadashi Until 3:33PM	Moon – White		Devaloka Day	
				Pausha-Markali			

4	Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 268 Vikarin 5121
	Vrishabha Rasi: 11.39	Tithi 12 – 13	Gulika 12:04PM – 1:07PM	Rohini Until 3:22AM Wed	Ganesha: White	<i>Sunrise:</i> 7:56AM	
			Yama 10:00AM – 11:02AM	Subha Until 10:13AM	Muruqa: Clear	<i>Sunset:</i> 4:13PM	Moon 12 - Phase 37
	Creative Work	Amrita Yoga	823623466 Rahu 2:09PM – 3:11PM	Kaulava Until 3:38AM Wed	Nataraja: Orange		4th Phase
			Dvadashi Until 3:47PM	Moon – Yellow		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5	Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 269 Vikarin 5121
	Vrishabha Rasi: 24.47	Tithi 13 – 14	Gulika 11:02AM – 12:05PM	Mrigashira Until 3:09AM Thu	Ganesha: White	<i>Sunrise:</i> 7:55AM	
			Yama 8:58AM – 10:00AM	Sukla Until 8:44AM	Muruqa: Clear	<i>Sunset:</i> 4:14PM	Moon 12 - Phase 37
	Creative Work	Siddha Yoga	823623466 Rahu 12:05PM – 1:07PM	Gara Until 2:48AM Thu	Nataraja: Orange		4th Phase
			Trayodashi Until 3:17PM	Moon – Yellow		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

O	Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 270 Vikarin 5121
	Copper Retreat Star		Gulika 10:00AM – 11:03AM	Ardra Until 2:10AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:55AM	
	Mithuna Rasi: 8.17	Tithi 14 – 15	Yama 7:55AM – 8:57AM	Brahma Until 6:44AM	Muruqa: Clear	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 37
	Routine Work	Marana Yoga	823623466 Rahu 1:08PM – 2:10PM	Visti Until 1:19AM Fri	Nataraja: Orange		Purnima
			Chaturdashi* Until 2:07PM	Moon – Yellow		Devaloka Day	
			Ardra Darshanam	Pausha-Markali			

O	Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 271 Vikarin 5121
	Silver Retreat Star		Gulika 8:57AM – 10:00AM	Punarvasu Until 12:59AM Sat	Ganesha: White	<i>Sunrise:</i> 7:54AM	
	Mithuna Rasi: 22.08	Tithi 15 – 16	Yama 2:11PM – 3:14PM	Vaidhriti* Until 1:22AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:17PM	Moon 12 - Phase 37
	Creative Work	Siddha Yoga	844623466 Rahu 11:03AM – 12:06PM	Balava Until 11:20PM	Nataraja: Orange		Prathama
			Purnima* Until 12:22PM	Moon – Blue		Sivaloka Day	
			Penumbra Lunar Eclipse	Pausha-Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

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Saturday, January 11, 2020
Gold Retreat Star

Kataka Rasi: 6.19 Tithi 16 – 17

844623466

Gulika
Yama
Rahu

7:54AM – 8:57AM
1:09PM – 2:12PM
10:00AM – 11:03AM

Pushya Until 11:17PM
Vishkambha* Until 10:12PM
Taitila Until 8:58PM
Prathama* Until 10:10AM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sunrise: 7:54AM
Sunset: 4:18PM

Regina, SK, Canada
Sutra 272
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga
Until 11:17PM
Then Routine Work - Marana Yoga

Sivaloka Day

1

Sunday, January 12, 2020

Kataka Rasi: 20.42 Tithi 17 – 18

844623466

Gulika
Yama
Rahu

2:13PM – 3:16PM
12:06PM – 1:10PM
3:16PM – 4:20PM

Ashlesha* Until 9:13PM
Priti Until 6:51PM
Vanija Until 6:21PM
Dvitiya Until 7:40AM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sunrise: 7:53AM
Sunset: 4:20PM

Regina, SK, Canada
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga
Until 9:13PM
Then Routine Work - Marana Yoga

Sivaloka Day

2

Monday, January 13, 2020

Simha Rasi: 5.14 Tithi 19

854623466

Gulika
Yama
Rahu

1:10PM – 2:14PM
11:03AM – 12:07PM
8:56AM – 10:00AM

Magha* Until 7:21PM
Ayushman Until 3:24PM
Bava Until 3:39PM
Chaturthi* Until 2:16AM Tue

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon – Red
Pausha-Markali

Sunrise: 7:52AM
Sunset: 4:21PM

Regina, SK, Canada
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 7:21PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Tuesday, January 14, 2020

Simha Rasi: 19.46 Tithi 20

854623466

Gulika
Yama
Rahu

12:07PM – 1:11PM
9:59AM – 11:03AM
2:15PM – 3:19PM

Purvaphalguni Until 5:23PM
Saubhagya Until 11:58AM
Kaulava Until 12:57PM
Panchami Until 11:38PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon – Red
Pausha-Thai

Sunrise: 7:52AM
Sunset: 4:23PM

Regina, SK, Canada
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga
Until 5:23PM
Then Creative Work - Amrita Yoga

Devaloka Day

4

Wednesday, January 15, 2020

Kanya Rasi: 4.15 Tithi 21

854623466

Gulika
Yama
Rahu

11:03AM – 12:08PM
8:55AM – 9:59AM
12:08PM – 1:12PM

Uttaraphalguni Until 3:26PM
Sobhana Until 8:40AM
Gara Until 10:24AM
Shashthi* Until 9:11PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon – Red
Pausha-Thai

Sunrise: 7:51AM
Sunset: 4:24PM

Regina, SK, Canada
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Creative Work Amrita Yoga
Until 3:26PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Thursday, January 16, 2020

Kanya Rasi: 18.35 Tithi 22

864623466

Gulika
Yama
Rahu

9:59AM – 11:03AM
7:50AM – 8:54AM
1:12PM – 2:17PM

Hasta Until 2:00PM
Sukarma Until 2:35AM Fri
Visti Until 8:04AM
Saptami Until 6:59PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 7:50AM
Sunset: 4:26PM

Regina, SK, Canada
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 2:00PM
Then Creative Work - Siddha Yoga

Sivaloka Day

D

Friday, January 17, 2020

Retreat Star

Tula Rasi: 2.44 Tithi 23 – 24

864623466

Gulika
Yama
Rahu

8:54AM – 9:59AM
2:18PM – 3:23PM
11:03AM – 12:08PM

Chitra Until 12:43PM
Dhriti Until 11:56PM
Balava Until 6:01AM
Ashtami* Until 5:06PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 7:49AM
Sunset: 4:27PM

Regina, SK, Canada
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 16.4 Tithi 24 – 25

864623466

Gulika
Yama
Rahu

7:48AM – 8:53AM
1:14PM – 2:19PM
9:58AM – 11:03AM

Svati Until 11:39AM
Shula* Until 9:33PM
Vanija Until 2:58AM Sun
Navami* Until 3:35PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 7:48AM
Sunset: 4:29PM

Regina, SK, Canada
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Creative Work Siddha Yoga

Sivaloka Day

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 8 Sutra 280
	Vrischika Rasi: 0.22	Tithi 25 – 26	874623466	Gulika 2:20PM – 3:25PM Yama 12:09PM – 1:14PM Rahu 3:25PM – 4:30PM	Vishakha Until 11:14AM Ganda* Until 7:30PM Bava Until 2:01AM Mon Dashami Until 2:26PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 7:47AM Sunset: 4:30PM Moon 1 - Phase 39 2nd Phase Devaloka Day
	Routine Work Marana Yoga						

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 9 Sutra 281
	Vrischika Rasi: 13.51	Tithi 26 – 27	874623466	Gulika 1:15PM – 2:21PM Yama 11:03AM – 12:09PM Rahu 8:52AM – 9:58AM	Anuradha Until 11:02AM Vriddhi Until 5:45PM Kaulava Until 1:27AM Tue Ekadashi* Until 1:40PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 7:46AM Sunset: 4:32PM Moon 1 - Phase 39 2nd Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga						

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 10 Sutra 282
	Vrischika Rasi: 27.07	Tithi 27 – 28	875623466	Gulika 12:09PM – 1:15PM Yama 9:57AM – 11:03AM Rahu 2:22PM – 3:28PM	Jyeshtha* Until 11:05AM Dhruva Until 4:17PM Gara Until 1:18AM Wed Dvadashi* Until 1:18PM	Ganesha: Purple Muruqa: Clear Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 7:45AM Sunset: 4:34PM Moon 1 - Phase 39 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 11:05AM Then Creative Work - Amrita Yoga						
	<i>Pradosha Vrata (Fasting)</i>						

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 283
	Dhanus Rasi: 10.1	Tithi 28 – 29	885623466	Gulika 11:03AM – 12:10PM Yama 8:50AM – 9:57AM Rahu 12:10PM – 1:16PM	Mula* Until 11:51AM Vyaghata* Until 3:10PM Visti Until 1:34AM Thu Trayodashi* Until 1:21PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 7:44AM Sunset: 4:35PM Moon 1 - Phase 39 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 11:51AM Then Creative Work - Amrita Yoga						

	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 284	
	Retreat Star			885623466	Gulika 9:56AM – 11:03AM Yama 7:43AM – 8:50AM Rahu 1:17PM – 2:23PM	Purvashadha* Until 12:51PM Harshana Until 2:23PM Catuspada Until 2:15AM Fri Chaturdashi* Until 1:50PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 7:43AM Sunset: 4:37PM Moon 1 - Phase 39 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Dhanus Rasi: 23.01		Tithi 29 – 30					
	Creative Work Siddha Yoga Until 12:51PM Then Routine Work - Marana Yoga							

Retreat Star	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 13 Sutra 285	
	Retreat Star			885623466	Gulika 8:49AM – 9:56AM Yama 2:24PM – 3:31PM Rahu 11:03AM – 12:10PM	Uttarashadha Until 2:07PM Vajra* Until 1:54PM Kintughna Until 3:23AM Sat Amavasya* Until 2:44PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue Magha*Thai	Sunrise: 7:42AM Sunset: 4:39PM Moon 1 - Phase 39 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Makara Rasi: 5.4		Tithi 30 – 1					
	Routine Work Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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1		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Regina, SK, Canada Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 18.07	Tithi 1 – 2	Gulika 7:41AM – 8:48AM Yama 1:18PM – 2:25PM 995623466 Rahu 9:55AM – 11:03AM	Shravana Until 4:08PM Siddhi Until 1:46PM Balava Until 4:56AM Sun Prathama* Until 4:05PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sunrise: 7:41AM Sunset: 4:40PM Moon 1 - Phase 40 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga				
2		Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Regina, SK, Canada Sun 15 Sutra 287 Vikarin 5121
Kumbha Rasi: 0.24	Tithi 2 – 3	Gulika 2:26PM – 3:34PM Yama 12:11PM – 1:18PM 995723466 Rahu 3:34PM – 4:42PM	Dhanishtha Until 6:21PM Vyatipata* Until 1:57PM Taitila Until 6:52AM Mon Dvitiya Until 5:50PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sunrise: 7:39AM Sunset: 4:42PM Moon 1 - Phase 40 3rd Phase Devaloka Day
Routine Work	Marana Yoga				
Until 6:21PM					
Then Creative Work - Siddha Yoga					
3		Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau	Regina, SK, Canada Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 12.31	Tithi 3	Gulika 1:19PM – 2:27PM Yama 11:03AM – 12:11PM 995723466 Rahu 8:46AM – 9:54AM	Shatabhishak Until 8:45PM Variyan Until 2:23PM Taitila Until 6:52AM Tritiya Until 7:56PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sunrise: 7:38AM Sunset: 4:44PM Moon 1 - Phase 40 3rd Phase Devaloka Day
Family Home Evening					
Creative Work	Siddha Yoga				
Until 8:45PM					
Then Routine Work - Marana Yoga					
4		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau	Regina, SK, Canada Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 24.31	Tithi 4	Gulika 12:11PM – 1:20PM Yama 9:54AM – 11:02AM 915723466 Rahu 2:28PM – 3:37PM	Purvaproshtapada* Until 11:44PM Parigha* Until 3:02PM Vanija Until 9:06AM Chaturthi* Until 10:18PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sunrise: 7:37AM Sunset: 4:45PM Moon 1 - Phase 40 3rd Phase Sivaloka Day
Routine Work	Marana Yoga				
Until 11:44PM					
Then Creative Work - Amrita Yoga					
5		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	Regina, SK, Canada Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 6.26	Tithi 5	Gulika 11:02AM – 12:11PM Yama 8:44AM – 9:53AM 915723466 Rahu 12:11PM – 1:20PM	Uttaraproshtapada Until 2:41AM Thu Shiva Until 3:51PM Bava Until 11:34AM Panchami Until 12:49AM Thu	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sunrise: 7:35AM Sunset: 4:47PM Moon 1 - Phase 40 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga				
6		Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau	Regina, SK, Canada Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 18.18	Tithi 6	Gulika 9:53AM – 11:02AM Yama 7:34AM – 8:43AM 916723466 Rahu 1:21PM – 2:30PM	Revati Until 5:26AM Fri Siddha Until 4:40PM Kaulava Until 2:06PM Shashthi* Until 3:19AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sunrise: 7:34AM Sunset: 4:49PM Moon 1 - Phase 40 3rd Phase Devaloka Day
Creative Work	Siddha Yoga				
Until 5:26AM Fri					
Then Creative Work - Amrita Yoga					
Retreat Star		Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau	Regina, SK, Canada Sun 20 Sutra 292 Vikarin 5121
Mesha Rasi: 0.11	Tithi 7	Gulika 8:42AM – 9:52AM Yama 2:31PM – 3:41PM 926723466 Rahu 11:02AM – 12:11PM	Ashvini Until 8:20AM Sat Sadhya Until 5:25PM Gara Until 4:32PM Saptami Until 5:38AM Sat	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sunrise: 7:32AM Sunset: 4:50PM Moon 1 - Phase 40 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work	Amrita Yoga				
Until 8:20AM Sat					
Then Creative Work - Siddha Yoga					
Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Visti* Karana Ashtamyam Titau	Regina, SK, Canada Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 12.09	Tithi 8	Gulika 7:32AM – 8:42AM Yama 1:21PM – 2:31PM 926723466 Rahu 9:52AM – 11:02AM	Ashvini Until 8:20AM Subha Until 5:57PM Visti Until 6:40PM Ashtami* Until 7:32AM Sun	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sunrise: 7:32AM Sunset: 4:50PM Moon 1 - Phase 40 Ashtami Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga				
Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Regina, SK, Canada Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 24.17	Tithi 8 – 9	Gulika 2:32PM – 3:42PM Yama 12:12PM – 1:22PM 926723466 Rahu 3:42PM – 4:52PM	Bharani Until 10:39AM Sukla Until 6:05PM Balava Until 8:18PM Ashtami* Until 7:32AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sunrise: 7:31AM Sunset: 4:52PM Moon 1 - Phase 40 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work	Prabalarishta Yoga				
Until 10:39AM					
Then Creative Work - Siddha Yoga					


1	Monday, February 3, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 23
	Sutra 295	Gulika 1:22PM – 2:33PM	Krittika Until 12:12PM	Ganesha: Green	<i>Sunrise:</i> 7:30AM	Vikarin 5121
Vrishabha Rasi: 6.39	Tithi 9 – 10	Yama 11:01AM – 12:12PM	Brahma Until 5:42PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 41
Family Home Evening	926723467	Rahu 8:40AM – 9:51AM	Taitila Until 9:13PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Navami* Until 8:50AM	Moon – White		Bhuloka Day
Until 12:12PM				Magha+Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

2	Tuesday, February 4, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 24
	Sutra 296	Gulika 12:12PM – 1:23PM	Rohini Until 1:20PM	Ganesha: Red	<i>Sunrise:</i> 7:28AM	Vikarin 5121
Vrishabha Rasi: 19.22	Tithi 10 – 11	Yama 9:50AM – 11:01AM	Indra Until 4:44PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 1 - Phase 41
926723467		Rahu 2:34PM – 3:45PM	Vanija Until 9:19PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Dashami Until 9:21AM	Moon – Yellow		Devaloka Day
Until 1:20PM				Magha+Thai		
Then Creative Work - Siddha Yoga						

3	Wednesday, February 5, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25
	Sutra 297	Gulika 11:01AM – 12:12PM	Mrigashira Until 1:29PM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	Vikarin 5121
Mithuna Rasi: 2.29	Tithi 11 – 12	Yama 8:38AM – 9:49AM	Vaidhriti* Until 3:05PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 1 - Phase 41
926723467		Rahu 12:12PM – 1:23PM	Bava Until 8:35PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 9:02AM	Moon – Yellow		Devaloka Day
				Magha+Thai		

4	Thursday, February 6, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26
	Sutra 298	Gulika 9:48AM – 11:00AM	Ardra Until 12:41PM	Ganesha: Red	<i>Sunrise:</i> 7:25AM	Vikarin 5121
Mithuna Rasi: 16.02	Tithi 12 – 13	Yama 7:25AM – 8:37AM	Vishkambha* Until 12:48PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 41
926723467		Rahu 1:24PM – 2:36PM	Kaulava Until 7:03PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dvadashi Until 7:54AM	Moon – Yellow		Devaloka Day
Until 12:41PM				Magha+Thai		
Then Creative Work - Amrita Yoga						<i>Pradosha Vrata</i>

5	Friday, February 7, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27
	Sutra 299	Gulika 8:35AM – 9:48AM	Punarvasu Until 11:28AM	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Vikarin 5121
Kataka Rasi: 0.04	Tithi 13 – 14	Yama 2:36PM – 3:49PM	Priti Until 9:57AM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 41
947723467		Rahu 11:00AM – 12:12PM	Vanija Until 3:29AM Sat	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 6:00AM	Moon – Blue		Bhuloka Day
Until 11:28AM		Thai Pusam		Magha+Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

	Saturday, February 8, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 300
	Sutra 300	Gulika 7:22AM – 8:34AM	Pushya Until 9:31AM	Ganesha: Blue	<i>Sunrise:</i> 7:22AM	Vikarin 5121
Kataka Rasi: 14.31	Tithi 15	Yama 1:25PM – 2:37PM	Ayushman Until 6:36AM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 41
947723467		Rahu 9:47AM – 10:59AM	Visti Until 2:03PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga			Purnima* Until 12:30AM Sun	Moon – Blue		Bhuloka Day
Until 9:31AM				Magha+Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020	Silver Retreat Star	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sutra 301
	Sutra 301	Gulika 2:38PM – 3:51PM	Ashlesha* Until 7:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:20AM	Vikarin 5121
Kataka Rasi: 29.16	Tithi 16	Yama 12:12PM – 1:25PM	Sobhana Until 10:59PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 41
947723467		Rahu 3:51PM – 5:04PM	Balava Until 10:54AM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 9:13PM	Moon – Blue		Bhuloka Day
Until 7:01AM				Magha+Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020

Gold Retreat Star

Simha Rasi: 14.14 Tithi 17 - 18

Family Home Evening

957723467

Creative Work Siddha Yoga

Until 1:52AM Tue

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 302

Vikarin 5121

Gulika 1:26PM - 2:39PM

Yama 10:59AM - 12:12PM

Rahu 8:32AM - 9:45AM

Purvaphalguni Until 1:52AM Tue

Athiganda* Until 6:56PM

Taitila Until 7:31AM

Dvitiya Until 5:47PM

Ganesha: Red Sunrise: 7:18AM

Muruqa: Clear Sunset: 5:06PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 29.14 Tithi 18 - 19

Creative Work Amrita Yoga

Until 11:08PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 303

Vikarin 5121

Gulika 12:12PM - 1:26PM

Yama 9:44AM - 10:58AM

Rahu 2:40PM - 3:54PM

Uttaraphalguni Until 11:08PM

Sukarma Until 2:57PM

Bava Until 12:47AM Wed

Tritiya Until 2:24PM

Ganesha: Red Sunrise: 7:17AM

Muruqa: Clear Sunset: 5:08PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 14.09 Tithi 19 - 20

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 304

Vikarin 5121

Gulika 10:58AM - 12:12PM

Yama 8:29AM - 9:43AM

Rahu 12:12PM - 1:27PM

Hasta Until 8:56PM

Dhriti Until 11:07AM

Kaulava Until 9:43PM

Chaturthi* Until 11:11AM

Ganesha: Green Sunrise: 7:15AM

Muruqa: Clear Sunset: 5:10PM

Nataraja: Clear

Moon - Green

Magha-Thai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 28.5 Tithi 20 - 21

Creative Work Siddha Yoga

Until 6:58PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 305

Vikarin 5121

Gulika 9:43AM - 10:57AM

Yama 7:13AM - 8:28AM

Rahu 1:27PM - 2:42PM

Chitra Until 6:58PM

Shula* Until 7:32AM

Gara Until 7:03PM

Panchami Until 8:19AM

Ganesha: White Sunrise: 7:13AM

Muruqa: Clear Sunset: 5:11PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 13.13 Tithi 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vriddhi Yoga Visti*/Bava Karana Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 306

Vikarin 5121

Gulika 8:26AM - 9:42AM

Yama 2:43PM - 3:58PM

Rahu 10:57AM - 12:12PM

Svati Until 5:23PM

Vriddhi Until 1:35AM Sat

Visti Until 4:54PM

Saptami Until 4:01AM Sat

Ganesha: White Sunrise: 7:11AM

Muruqa: Clear Sunset: 5:13PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Tula Rasi: 27.14 Tithi 23

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 307

Vikarin 5121

Gulika 7:09AM - 8:25AM

Yama 1:28PM - 2:43PM

Rahu 9:41AM - 10:56AM

Vishakha Until 4:39PM

Dhruva Until 11:17PM

Balava Until 3:19PM

Ashtami* Until 2:44AM Sun

Ganesha: Clear Sunrise: 7:09AM

Muruqa: Clear Sunset: 5:15PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 10.52 Tithi 24

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 308

Vikarin 5121

Gulika 2:44PM - 4:00PM

Yama 12:12PM - 1:28PM

Rahu 4:00PM - 5:17PM

Anuradha Until 4:23PM

Vyaghata* Until 9:30PM

Taitila Until 2:22PM

Navami* Until 2:06AM Mon

Ganesha: Clear Sunrise: 7:08AM

Muruqa: Clear Sunset: 5:17PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Regina, SK, Canada Sun 8 Sutra 309 Vikarin 5121		
1	Vrischika Rasi: 24.1 Family Home Evening Creative Work Siddha Yoga	Tithi 25 978723467	Gulika 1:29PM – 2:45PM Yama 10:55AM – 12:12PM Rahu 8:22AM – 9:39AM	Jyeshtha* Until 4:33PM Harshana Until 8:12PM Vanija Until 2:01PM Dashami Until 2:03AM Tue	Ganesha: Clear Sunrise: 7:06AM Muruga: Clear Sunset: 5:18PM Nataraja: Clear Moon – Orange Magha-Masi	Devaloka Day

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 310 Vikarin 5121		
2	Dhanus Rasi: 7.08 Creative Work Amrita Yoga Until 5:36PM Then Creative Work - Siddha Yoga	Tithi 26 988723467	Gulika 12:12PM – 1:29PM Yama 9:38AM – 10:55AM Rahu 2:46PM – 4:03PM	Mula* Until 5:36PM Vajra* Until 7:19PM Bava Until 2:16PM Ekadashi* Until 2:34AM Wed	Ganesha: Purple Sunrise: 7:04AM Muruga: Clear Sunset: 5:20PM Nataraja: Clear Moon – Light Blue Magha-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Regina, SK, Canada Sun 10 Sutra 311 Vikarin 5121		
3	Dhanus Rasi: 19.52 Creative Work Amrita Yoga	Tithi 27 988723467	Gulika 10:54AM – 12:12PM Yama 8:19AM – 9:37AM Rahu 12:12PM – 1:29PM	Purvashadha* Until 6:58PM Siddhi Until 6:49PM Kaulava Until 3:01PM Dvadashi* Until 3:32AM Thu	Ganesha: Purple Sunrise: 7:02AM Muruga: Clear Sunset: 5:22PM Nataraja: Clear Moon – Light Blue Magha-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 11 Sutra 312 Vikarin 5121		
4	Makara Rasi: 2.23 Routine Work Marana Yoga Until 8:35PM Then Creative Work - Siddha Yoga	Tithi 28 989823467	Gulika 9:36AM – 10:54AM Yama 7:00AM – 8:18AM Rahu 1:30PM – 2:48PM	Uttarashadha Until 8:35PM Vyatipata* Until 6:40PM Gara Until 4:12PM Trayodashi* Until 4:55AM Fri Pradosha Vrata (Fasting)	Ganesha: Purple Sunrise: 7:00AM Muruga: Clear Sunset: 5:23PM Nataraja: Clear Moon – Light Blue Magha-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Regina, SK, Canada Sun 12 Sutra 313 Vikarin 5121		
5	Makara Rasi: 14.44 Routine Work Marana Yoga Until 10:52PM Then Creative Work - Siddha Yoga	Tithi 29 999823467	Gulika 8:16AM – 9:35AM Yama 2:48PM – 4:07PM Rahu 10:53AM – 12:12PM	Shravana Until 10:52PM Variyan Until 6:45PM Visti Until 5:45PM Chaturdashi* Until 6:37AM Sat	Ganesha: Light Blue Sunrise: 6:58AM Muruga: Clear Sunset: 5:25PM Nataraja: Clear Moon – Purple Magha-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Regina, SK, Canada Sun 13 Sutra 314 Vikarin 5121		
Retreat Star	Makara Rasi: 26.56 Creative Work Siddha Yoga	Tithi 29 – 30 999823467	Gulika 6:56AM – 8:15AM Yama 1:30PM – 2:49PM Rahu 9:34AM – 10:53AM	Dhanishtha Until 1:16AM Sun Parigha* Until 7:04PM Catuspada Until 7:36PM Chaturdashi* Until 6:37AM	Ganesha: Light Blue Sunrise: 6:56AM Muruga: Clear Sunset: 5:27PM Nataraja: Clear Moon – Purple Magha-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
			Mahasivaratri (Lunar) Mahasivaratri (Solar)			

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Regina, SK, Canada Sun 14 Sutra 315 Vikarin 5121		
Retreat Star	Kumbha Rasi: 9.02 Creative Work Siddha Yoga Until 3:43AM Mon Then Routine Work - Marana Yoga	Tithi 30 – 1 999823467	Gulika 2:50PM – 4:09PM Yama 12:11PM – 1:31PM Rahu 4:09PM – 5:29PM	Shatabhishak Until 3:43AM Mon Shiva Until 7:36PM Kintughna Until 9:42PM Amavasya* Until 8:36AM	Ganesha: Light Blue Sunrise: 6:54AM Muruga: Clear Sunset: 5:29PM Nataraja: Clear Moon – Purple Phalgun-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Regina, SK, Canada Sun 15 Sutra 316
1	Kumbha Rasi: 21.03 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 6:41AM Tue Then Creative Work - Amrita Yoga	Gulika 1:31PM – 2:51PM Yama 10:51AM – 12:11PM Rahu 8:12AM – 9:32AM	Purvaproshtapada* Until 6:41AM Tue Siddha Until 8:15PM Balava Until 12:00AM Tue Prathama* Until 10:48AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:52AM Sunset: 5:30PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau			Regina, SK, Canada Sun 16 Sutra 317
2	Meena Rasi: 2.59 Tithi 2 – 3 Routine Work Marana Yoga Until 6:41AM Then Creative Work - Amrita Yoga	Gulika 12:11PM – 1:31PM Yama 9:31AM – 10:51AM Rahu 2:52PM – 4:12PM	Purvaproshtapada* Until 6:41AM Sadhya Until 9:02PM Tailita Until 2:27AM Wed Dvitiya Until 1:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:50AM Sunset: 5:32PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Regina, SK, Canada Sun 17 Sutra 318
3	Meena Rasi: 14.52 Tithi 3 – 4 Creative Work Siddha Yoga Until 9:36AM Then Routine Work - Marana Yoga	Gulika 10:50AM – 12:11PM Yama 8:09AM – 9:30AM Rahu 12:11PM – 1:32PM	Uttaraproshtapada Until 9:36AM Subha Until 9:55PM Vanija Until 4:58AM Thu Tritiya Until 3:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:48AM Sunset: 5:34PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Visti* Karana Chaturthyam Titau			Regina, SK, Canada Sun 18 Sutra 319
4	Meena Rasi: 26.44 Tithi 4 Creative Work Siddha Yoga Until 12:25PM Then Creative Work - Amrita Yoga	Gulika 9:28AM – 10:50AM Yama 6:46AM – 8:07AM Rahu 1:32PM – 2:53PM	Revati Until 12:25PM Sukla Until 10:45PM Visti Until 6:12PM Chaturthi* Until 6:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:46AM Sunset: 5:35PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau			Regina, SK, Canada Sun 19 Sutra 320
5	Mesha Rasi: 8.37 Tithi 5 Creative Work Amrita Yoga Until 3:29PM Then Creative Work - Siddha Yoga	Gulika 8:06AM – 9:27AM Yama 2:54PM – 4:15PM Rahu 10:49AM – 12:11PM	Ashvini Until 3:29PM Brahma Until 11:31PM Bava Until 7:27AM Panchami Until 8:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:44AM Sunset: 5:37PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau			Regina, SK, Canada Sun 20 Sutra 321
6	Mesha Rasi: 20.33 Tithi 6 Creative Work Siddha Yoga Until 6:10PM Then Creative Work - Amrita Yoga	Gulika 6:42AM – 8:04AM Yama 1:32PM – 2:55PM Rahu 9:26AM – 10:48AM	Bharani Until 6:10PM Indra Until 12:05AM Sun Kaulava Until 9:45AM Shashthi* Until 10:45PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:42AM Sunset: 5:39PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau			Regina, SK, Canada Sun 21 Sutra 322
Retreat Star		Gulika 2:56PM – 4:19PM Yama 12:10PM – 1:33PM Rahu 4:19PM – 5:42PM	Krittika Until 8:16PM Vaidhriti* Until 12:14AM Mon Gara Until 11:41AM Saptami Until 12:25AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:38AM Sunset: 5:42PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau			Regina, SK, Canada Sun 22 Sutra 323
Retreat Star		Gulika 1:33PM – 2:57PM Yama 10:46AM – 12:10PM Rahu 7:59AM – 9:23AM	Rohini Until 10:04PM Vishkambha* Until 11:54PM Visti Until 1:01PM Ashtami* Until 1:23AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:36AM Sunset: 5:44PM Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau			Regina, SK, Canada Sun 23 Sutra 324
Retreat Star		Gulika 12:10PM – 1:33PM Yama 9:22AM – 10:46AM Rahu 2:57PM – 4:21PM	Mrigashira Until 10:55PM Priti Until 10:57PM Balava Until 1:36PM Navami* Until 1:33AM Wed	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:34AM Sunset: 5:45PM Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 24 Sutra 325 Vikarin 5121
	Mithuna Rasi: 10.32	Tithi 10	Gulika 10:45AM – 12:09PM	Ardra Until 10:47PM	Ganesha: Red	<i>Sunrise:</i> 6:32AM	
			Yama 7:56AM – 9:20AM	Ayushman Until 9:18PM	Muruqa: Orange	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	131833467 Rahu 12:09PM – 1:34PM	Taitila Until 1:19PM	Nataraja: Clear		4th Phase
			Dashami Until 12:49AM Thu	Phalguna-Masi	Devaloka Day		

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 25 Sutra 326 Vikarin 5121
	Mithuna Rasi: 24.01	Tithi 11	Gulika 9:19AM – 10:44AM	Punarvasu Until 10:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	
			Yama 6:29AM – 7:54AM	Saubhagya Until 6:58PM	Muruqa: Orange	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 45
	Creative Work	Amrita Yoga	141833467 Rahu 1:34PM – 2:59PM	Vanija Until 12:09PM	Nataraja: Clear		4th Phase
			Ekadashi Until 11:14PM	Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 26 Sutra 327 Vikarin 5121
	Kataka Rasi: 7.59	Tithi 12	Gulika 7:53AM – 9:18AM	Pushya Until 8:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	
			Yama 3:00PM – 4:25PM	Sobhana Until 4:00PM	Muruqa: Orange	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	141833467 Rahu 10:43AM – 12:09PM	Bava Until 10:10AM	Nataraja: Clear		4th Phase
			Dvadashi Until 8:53PM	Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 328 Vikarin 5121
	Kataka Rasi: 22.26	Tithi 13 – 14	Gulika 6:25AM – 7:51AM	Ashlesha* Until 6:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	
			Yama 1:34PM – 3:00PM	Athiganda* Until 12:29PM	Muruqa: Orange	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	141833467 Rahu 9:17AM – 10:43AM	Kaulava Until 7:29AM	Nataraja: Clear		4th Phase
Until 6:07PM Then Creative Work - Amrita Yoga			Trayodashi Until 5:54PM	Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
<i>Pradosha Vrata</i>							

	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 329 Vikarin 5121
	Copper Retreat Star		Gulika 3:01PM – 4:27PM	Magha* Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	
	Simha Rasi: 7.19	Tithi 14 – 15	Yama 12:08PM – 1:35PM	Sukarma Until 8:34AM	Muruqa: Orange	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	151833467 Rahu 4:27PM – 5:54PM	Visti Until 12:38AM Mon	Nataraja: Clear		Purnima
Until 3:33PM Then Creative Work - Siddha Yoga			Chidambaram Abhishekam Holi	Chaturdashi* Until 2:27PM	Phalguna-Masi	Devaloka Day	

5	Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 330 Vikarin 5121
	Silver Retreat Star		Gulika 1:35PM – 3:02PM	Purvaphalguni Until 12:34PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	
	Simha Rasi: 22.28	Tithi 15 – 16	Yama 10:41AM – 12:08PM	Shula* Until 12:01AM Tue	Muruqa: Orange	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 45
	Family Home Evening		152833467 Rahu 7:48AM – 9:14AM	Balava Until 8:49PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Purnima* Until 10:43AM	Phalguna-Masi	Sivaloka Day		



Tuesday, March 10, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada
Sutra 331
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Kanya Rasi: 7.46 Tithi 16 – 17
152833467
Creative Work Amrita Yoga
Until 9:22AM
Then Creative Work - Siddha Yoga

Gulika 12:08PM – 1:35PM
Yama 9:13AM – 10:40AM
Rahu 3:02PM – 4:30PM

Uttaraphalguni Until 9:22AM
Ganda* Until 7:41PM
Gara Until 3:06AM Wed
Prathama* Until 6:53AM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Orange *Sunset:* 5:57PM
Nataraja: Clear
Moon – Red
Phalguna-Masi

Sivaloka Day

1

Wednesday, March 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 332
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Kanya Rasi: 22.59 Tithi 18
162833467
Routine Work Marana Yoga
Until 6:31AM
Then Creative Work - Siddha Yoga

Gulika 10:40AM – 12:08PM
Yama 7:44AM – 9:12AM
Rahu 12:08PM – 1:35PM

Hasta Until 6:31AM
Vriddhi Until 3:31PM
Vanija Until 1:18PM
Tritiya Until 11:33PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Orange *Sunset:* 5:59PM
Nataraja: Clear
Moon – Green
Phalguna-Masi

Devaloka Day

2

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada
Sun 2 Sutra 333
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Tula Rasi: 8.01 Tithi 19
162833467
Creative Work Amrita Yoga
Until 1:24AM Fri
Then Creative Work - Siddha Yoga

Gulika 9:11AM – 10:39AM
Yama 6:14AM – 7:43AM
Rahu 1:35PM – 3:04PM

Svati Until 1:24AM Fri
Dhruva Until 11:36AM
Bava Until 9:57AM
Chaturthi* Until 8:25PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: Orange *Sunset:* 6:00PM
Nataraja: Clear
Moon – Green
Phalguna-Masi

Devaloka Day

3

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada
Sun 3 Sutra 334
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Tula Rasi: 22.41 Tithi 20 – 21
172833467
Creative Work Siddha Yoga

Gulika 7:41AM – 9:10AM
Yama 3:04PM – 4:33PM
Rahu 10:38AM – 12:07PM

Vishakha Until 11:51PM
Vyaghata* Until 8:06AM
Kaulava Until 7:04AM
Panchami Until 5:50PM

Ganesha: Purple *Sunrise:* 6:12AM
Muruqa: Orange *Sunset:* 6:02PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Sivaloka Day

Karadaiyan Nombu (Tamil Nadu)

4

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada
Sun 4 Sutra 335
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Virchika Rasi: 6.55 Tithi 21 – 22
172833468
Creative Work Siddha Yoga

Gulika 6:10AM – 7:39AM
Yama 1:36PM – 3:05PM
Rahu 9:08AM – 10:37AM

Anuradha Until 10:52PM
Vajra* Until 2:44AM Sun
Visti Until 3:17AM Sun
Shashthi* Until 3:56PM

Ganesha: Purple *Sunrise:* 6:10AM
Muruqa: Orange *Sunset:* 6:03PM
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Subha Sivaloka Day

5

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Regina, SK, Canada
Sun 5 Sutra 336
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Virchika Rasi: 20.42 Tithi 22 – 23
172933468
Routine Work Marana Yoga
Until 10:31PM
Then Creative Work - Amrita Yoga

Gulika 3:06PM – 4:35PM
Yama 12:06PM – 1:36PM
Rahu 4:35PM – 6:05PM

Jyeshtha* Until 10:31PM
Siddhi Until 12:58AM Mon
Balava Until 2:33AM Mon
Saptami Until 2:48PM

Ganesha: Clear *Sunrise:* 6:08AM
Muruqa: Orange *Sunset:* 6:05PM
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Sivaloka Day

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada
Sun 6 Sutra 337
Vikarin 5121
Moon 3 - Phase 46
Ashtami

Dhanus Rasi: 4.01 Tithi 23 – 24
182933468
Family Home Evening
Creative Work Siddha Yoga
Until 11:13PM
Then Routine Work - Marana Yoga

Gulika 1:36PM – 3:06PM
Yama 10:36AM – 12:06PM
Rahu 7:36AM – 9:06AM

Mula* Until 11:13PM
Vyatipata* Until 11:50PM
Taitila Until 2:36AM Tue
Ashtami* Until 2:28PM

Ganesha: Purple *Sunrise:* 6:06AM
Muruqa: Orange *Sunset:* 6:07PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Regina, SK, Canada
Sun 7 Sutra 338
Vikarin 5121
Moon 3 - Phase 46
Navami

Dhanus Rasi: 16.56 Tithi 24 – 25
182933468
Creative Work Siddha Yoga
Until 12:29AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:06PM – 1:36PM
Yama 9:05AM – 10:35AM
Rahu 3:07PM – 4:38PM

Purvashadha* Until 12:29AM Wed
Variyan Until 11:14PM
Vanija Until 3:21AM Wed
Navami* Until 2:52PM

Ganesha: Purple *Sunrise:* 6:03AM
Muruqa: Orange *Sunset:* 6:08PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Devaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Regina, SK, Canada Sun 8 Sutra 339 Vikarin 5121
Dhanus Rasi: 29.32	Tithi 25 – 26	Gulika 10:34AM – 12:06PM	Uttarashadha Until 2:10AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:01AM	
		Yama 7:32AM – 9:03AM	Parigha* Until 11:07PM	Muruqa: Orange <i>Sunset:</i> 6:10PM	Moon 3 - Phase 47
		182933468 Rahu 12:06PM – 1:37PM	Bava Until 4:42AM Thu	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 3:57PM	Phalguna-Panguni	Devaloka Day
Until 2:10AM Thu					
Then Creative Work - Siddha Yoga					

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Regina, SK, Canada Sun 9 Sutra 340 Vikarin 5121
Makara Rasi: 11.52	Tithi 26 – 27	Gulika 9:02AM – 10:34AM	Shravana Until 4:37AM Fri	Ganesha: Clear <i>Sunrise:</i> 5:59AM	
		Yama 5:59AM – 7:31AM	Shiva Until 11:23PM	Muruqa: Orange <i>Sunset:</i> 6:11PM	Moon 3 - Phase 47
		192933468 Rahu 1:37PM – 3:08PM	Kaulava Until 6:30AM Fri	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 5:32PM	Phalguna-Panguni	Sivaloka Day

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Regina, SK, Canada Sun 10 Sutra 341 Vikarin 5121
Makara Rasi: 24.01	Tithi 27	Gulika 7:29AM – 9:01AM	Dhanishtha Until 7:12AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:57AM	
		Yama 3:09PM – 4:41PM	Siddha Until 11:53PM	Muruqa: Orange <i>Sunset:</i> 6:13PM	Moon 3 - Phase 47
		192933468 Rahu 10:33AM – 12:05PM	Kaulava Until 6:30AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 7:29PM	Phalguna-Panguni	Sivaloka Day
Until 7:12AM Sat					
Then Creative Work - Amrita Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Regina, SK, Canada Sun 11 Sutra 342 Vikarin 5121
Kumbha Rasi: 6.04	Tithi 28	Gulika 5:55AM – 7:27AM	Dhanishtha Until 7:12AM	Ganesha: Clear <i>Sunrise:</i> 5:55AM	
		Yama 1:37PM – 3:10PM	Sadhya Until 12:34AM Sun	Muruqa: Orange <i>Sunset:</i> 6:15PM	Moon 3 - Phase 47
		192933468 Rahu 9:00AM – 10:32AM	Gara Until 8:36AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:42PM	Phalguna-Panguni	Sivaloka Day
Until 7:12AM					
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Regina, SK, Canada Sun 12 Sutra 343 Vikarin 5121
Kumbha Rasi: 18.01	Tithi 29	Gulika 3:10PM – 4:43PM	Shatabhishak Until 9:48AM	Ganesha: White <i>Sunrise:</i> 5:52AM	
		Yama 12:04PM – 1:37PM	Subha Until 1:22AM Mon	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		193933468 Rahu 4:43PM – 6:16PM	Visti Until 10:53AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:03AM Mon	Phalguna-Panguni	Subha Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Regina, SK, Canada Sun 13 Sutra 344 Vikarin 5121
Kumbha Rasi: 29.55	Tithi 30	Gulika 1:37PM – 3:11PM	Purvaprosarthapada* Until 12:51PM	Ganesha: Yellow <i>Sunrise:</i> 5:50AM	
Family Home Evening		Yama 10:31AM – 12:04PM	Sukla Until 2:12AM Tue	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:24AM – 8:57AM	Catuspada Until 1:17PM	Nataraja: Purple	Amavasya
Until 12:51PM			Amavasya* Until 2:28AM Tue	Phalguna-Panguni	Sivaloka Day
Then Creative Work - Siddha Yoga					

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau	Regina, SK, Canada Sun 14 Sutra 345 Vikarin 5121
Meena Rasi: 11.49	Tithi 1	Gulika 12:04PM – 1:38PM	Uttaraprosarthapada Until 3:47PM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM	
		Yama 8:56AM – 10:30AM	Brahma Until 3:04AM Wed	Muruqa: Orange <i>Sunset:</i> 6:19PM	Moon 3 - Phase 47
		113933468 Rahu 3:12PM – 4:46PM	Kintughna Until 3:43PM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 4:55AM Wed	Chaitra-Panguni	Sivaloka Day
Until 3:47PM		Yugadhi			
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Balava Karana Dvitiyayam Titau	Regina, SK, Canada Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 23.41	Tithi 2	Gulika 10:29AM – 12:03PM Yama 7:20AM – 8:55AM 113933468 Rahu 12:03PM – 1:38PM	Revati Until 6:33PM Indra Until 3:55AM Thu Balava Until 6:10PM Dvitiya Until 7:21AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:46AM Muruqa: Orange <i>Sunset:</i> 6:21PM Nataraja: Purple Moon – Clear	Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Routine Work	Marana Yoga				
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Regina, SK, Canada Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 5.35	Tithi 2 – 3	Gulika 8:53AM – 10:28AM Yama 5:44AM – 7:18AM 123933468 Rahu 1:38PM – 3:13PM	Ashvini Until 9:36PM Vaidhriti* Until 4:41AM Fri Taitila Until 8:33PM Dvitiya Until 7:21AM	Ganesha: Red <i>Sunrise:</i> 5:44AM Muruqa: Orange <i>Sunset:</i> 6:23PM Nataraja: Purple Moon – White	Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi			
Until 9:36PM					
Then Creative Work - Siddha Yoga					
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Regina, SK, Canada Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 17.3	Tithi 3 – 4	Gulika 7:17AM – 8:52AM Yama 3:14PM – 4:49PM 123933468 Rahu 10:27AM – 12:03PM	Bharani Until 12:19AM Sat Vishkambha* Until 5:20AM Sat Vanija Until 10:47PM Tritiya Until 9:40AM	Ganesha: Red <i>Sunrise:</i> 5:41AM Muruqa: Orange <i>Sunset:</i> 6:24PM Nataraja: Purple Moon – White	Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 12:19AM Sat					
Then Creative Work - Amrita Yoga					
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Regina, SK, Canada Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 29.3	Tithi 4 – 5	Gulika 5:39AM – 7:15AM Yama 1:38PM – 3:14PM 123933468 Rahu 8:51AM – 10:27AM	Krittika Until 2:37AM Sun Priti Until 5:46AM Sun Bava Until 12:44AM Sun Chaturthi* Until 11:47AM	Ganesha: Red <i>Sunrise:</i> 5:39AM Muruqa: Orange <i>Sunset:</i> 6:26PM Nataraja: Purple Moon – White	Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga				
Until 2:37AM Sun					
Then Creative Work - Siddha Yoga					
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Regina, SK, Canada Sun 19 Sutra 350 Vikarin 5121
Shrabha Rasi: 11.37	Tithi 5 – 6	Gulika 3:15PM – 4:51PM Yama 12:02PM – 1:38PM 133933468 Rahu 4:51PM – 6:27PM	Rohini Until 4:50AM Mon Ayushman Until 5:50AM Mon Kaulava Until 2:16AM Mon Panchami Until 1:33PM	Ganesha: Blue <i>Sunrise:</i> 5:37AM Muruqa: Orange <i>Sunset:</i> 6:27PM Nataraja: Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 4:50AM Mon					
Then Creative Work - Amrita Yoga					
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Regina, SK, Canada Sun 20 Sutra 351 Vikarin 5121
Shrabha Rasi: 23.56	Tithi 6 – 7	Gulika 1:39PM – 3:15PM Yama 10:25AM – 12:02PM 133933468 Rahu 7:12AM – 8:48AM	Mrigashira Until 6:17AM Tue Saubhagya Until 5:26AM Tue Gara Until 3:13AM Tue Shashthi* Until 2:49PM	Ganesha: Blue <i>Sunrise:</i> 5:35AM Muruqa: Orange <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Family Home Evening					
Creative Work	Amrita Yoga				
Until 6:17AM Tue					
Then Routine Work - Marana Yoga					
		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Regina, SK, Canada Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 6.3	Tithi 7 – 8	Gulika 12:02PM – 1:39PM Yama 8:47AM – 10:24AM 133933468 Rahu 3:16PM – 4:53PM	Mrigashira Until 6:17AM Sobhana Until 4:29AM Wed Visti Until 3:26AM Wed Saptami Until 3:25PM	Ganesha: Blue <i>Sunrise:</i> 5:33AM Muruqa: Orange <i>Sunset:</i> 6:31PM Nataraja: Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Retreat Star					
Creative Work	Siddha Yoga				
Until 6:17AM					
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Regina, SK, Canada Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 19.25	Tithi 8 – 9	Gulika 10:24AM – 12:02PM Yama 7:10AM – 8:47AM 133933468 Rahu 12:02PM – 1:39PM	Ardra Until 6:53AM Athiganda* Until 2:52AM Thu Balava Until 2:51AM Thu Ashtami* Until 3:14PM	Ganesha: Blue <i>Sunrise:</i> 5:33AM Muruqa: Orange <i>Sunset:</i> 6:31PM Nataraja: Purple Moon – Yellow	Moon 3 - Phase 48 Ashtami Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Regina, SK, Canada Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 2.46	Tithi 9 – 10	Gulika 8:46AM – 10:24AM Yama 5:30AM – 7:08AM 143933468 Rahu 1:39PM – 3:17PM	Punarvasu Until 6:59AM Sukarma Until 12:37AM Fri Taitila Until 1:26AM Fri Navami* Until 2:13PM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM Muruqa: Orange <i>Sunset:</i> 6:32PM Nataraja: Purple Moon – Blue	Moon 3 - Phase 48 Navami Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga	Sri Rama Navami			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Regina, SK, Canada Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 16.35	Tithi 10 – 11	Gulika 7:06AM – 8:45AM	Pushya Until 6:08AM	Ganesha: Yellow <i>Sunrise:</i> 5:28AM	
		Yama 3:17PM – 4:56PM	Dhriti Until 9:46PM	Muruqa: Orange <i>Sunset:</i> 6:34PM	Moon 3 - Phase 49
143933468	Rahu 10:23AM – 12:01PM		Vanija Until 11:15PM	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga			Moon – Blue	Sivaloka Day
		Yogaswami Mahasamadhi	Dashami Until 12:25PM	Chaitra•Panguni	

2 Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Regina, SK, Canada Sun 25 Sutra 356 Vikarin 5121
Simha Rasi: 0.52	Tithi 11 – 12	Gulika 5:26AM – 7:05AM	Magha* Until 2:19AM Sun	Ganesha: White <i>Sunrise:</i> 5:26AM	
		Yama 1:39PM – 3:18PM	Shula* Until 6:20PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 49
153933468	Rahu 8:43AM – 10:22AM		Bava Until 8:25PM	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 9:54AM	Moon – Red	Subha Sivaloka Day
Until 2:19AM Sun				Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3 Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau			Regina, SK, Canada Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 16	Tithi 12 – 13	Gulika 3:19PM – 4:58PM	Purvaphalguni Until 11:38PM	Ganesha: White <i>Sunrise:</i> 5:24AM	
		Yama 12:00PM – 1:40PM	Ganda* Until 2:29PM	Muruqa: Orange <i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
153933468	Rahu 4:58PM – 6:37PM		Taitila Until 3:15AM Mon	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:47AM	Moon – Red	Subha Sivaloka Day
Until 11:38PM				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

4 Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Regina, SK, Canada Sun 27 Sutra 358 Vikarin 5121
Kanya Rasi: 0.4	Tithi 14	Gulika 1:40PM – 3:19PM	Uttaraphalguni Until 8:32PM	Ganesha: Clear <i>Sunrise:</i> 5:22AM	
		Yama 10:21AM – 12:00PM	Vridhhi Until 10:21AM	Muruqa: Orange <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
154933468	Rahu 7:01AM – 8:41AM		Gara Until 1:23PM	Nataraja: Purple	4th Phase
Family Home Evening			Chaturdashi* Until 11:27PM	Moon – Red	Sivaloka Day
Creative Work	Siddha Yoga			Chaitra•Panguni	

○ Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Regina, SK, Canada Sutra 359 Vikarin 5121
Copper Retreat Star		Gulika 12:00PM – 1:40PM	Hasta Until 5:34PM	Ganesha: Purple <i>Sunrise:</i> 5:20AM	
Kanya Rasi: 15.56	Tithi 15	Yama 8:40AM – 10:20AM	Dhruva Until 6:01AM	Muruqa: Clear <i>Sunset:</i> 6:40PM	Moon 3 - Phase 49
164934468	Rahu 3:20PM – 5:00PM		Visti Until 9:31AM	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:33PM	Moon – Green	Devaloka Day
		Panguni Uttiram		Chaitra•Panguni	
		Hanuman Jayanti			

Wednesday, April 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Regina, SK, Canada Sutra 360 Vikarin 5121
Silver Retreat Star		Gulika 10:19AM – 12:00PM	Chitra Until 2:33PM	Ganesha: Purple <i>Sunrise:</i> 5:17AM	
Tula Rasi: 1.14	Tithi 16 – 17	Yama 6:58AM – 8:39AM	Harshana Until 9:27PM	Muruqa: Clear <i>Sunset:</i> 6:42PM	Moon 3 - Phase 49
164934468	Rahu 12:00PM – 1:40PM		Taitila Until 1:57AM Thu	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:45PM	Moon – Green	Devaloka Day
				Chaitra•Panguni	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 16.23 Tithi 17 - 18

Gulika 8:37AM - 10:18AM
Yama 5:15AM - 6:56AM
164134468 **Rahu** 1:40PM - 3:21PM

Svati Until 11:39AM
Vajra* Until 5:28PM
Vanija Until 10:36PM
Dvitiya Until 12:12PM

Ganesha: White *Sunrise:* 5:15AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Purple
Moon - Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 11:39AM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 1.13 Tithi 18 - 19

Gulika 6:55AM - 8:36AM
Yama 3:22PM - 5:03PM
174134468 **Rahu** 10:18AM - 11:59AM

Vishakha Until 9:27AM
Siddhi Until 1:54PM
Bava Until 7:46PM
Tritiya Until 9:06AM

Ganesha: Yellow *Sunrise:* 5:13AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Purple
Moon - Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaltipala* Varyian Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 15.38 Tithi 19 - 20

Gulika 5:11AM - 6:53AM
Yama 1:41PM - 3:23PM
174134468 **Rahu** 8:35AM - 10:17AM

Anuradha Until 7:43AM
Vyaltipala* Until 10:51AM
Taitila Until 4:47AM Sun
Chaturthi* Until 6:34AM

Ganesha: Yellow *Sunrise:* 5:11AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Purple
Moon - Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyian/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 29.35 Tithi 21

Gulika 3:23PM - 5:06PM
Yama 11:59AM - 1:41PM
174134468 **Rahu** 5:06PM - 6:48PM

Jyeshtha* Until 6:33AM
Varyian Until 8:23AM
Gara Until 4:12PM
Shashthi* Until 3:48AM Mon

Ganesha: Yellow *Sunrise:* 5:09AM
Muruqa: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon - Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 6:33AM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti/Bava Karana Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 13.02 Tithi 22

Family Home Evening

Gulika 1:41PM - 3:24PM
Yama 10:15AM - 11:58AM
184134468 **Rahu** 6:50AM - 8:33AM

Mula* Until 6:31AM
Parigha* Until 6:36AM
Visti Until 3:39PM
Saptami Until 3:41AM Tue

Ganesha: Blue *Sunrise:* 5:07AM
Muruqa: Clear *Sunset:* 6:50PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 6:31AM

Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 26.02 Tithi 23

Gulika 11:58AM - 1:41PM
Yama 8:31AM - 10:15AM
284134468 **Rahu** 3:25PM - 5:08PM

Purvashadha* Until 7:09AM
Siddha Until 5:00AM Wed
Balava Until 3:57PM
Ashtami* Until 4:22AM Wed

Ganesha: Yellow *Sunrise:* 5:05AM
Muruqa: Clear *Sunset:* 6:51PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 7:09AM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 8.4 Tithi 24

Gulika 10:14AM - 11:58AM
Yama 6:47AM - 8:30AM
284134468 **Rahu** 11:58AM - 1:42PM

Uttarashadha Until 8:24AM
Sadhya Until 5:02AM Thu
Taitila Until 4:59PM
Navami* Until 5:44AM Thu

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 8:24AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Subha Yoga Vanija Karana Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 4
	Makara Rasi: 20.59	Tithi 25	Gulika 8:29AM – 10:13AM	Shravana Until 10:36AM	Ganesha: Blue <i>Sunrise:</i> 5:01AM		Sarvari 5122
			Yama 5:01AM – 6:45AM	Subha Until 5:30AM Fri	Muruqa: Clear <i>Sunset:</i> 6:54PM		Moon 4 - Phase 1
	294134468	Rahu 1:42PM – 3:26PM		Vanija Until 6:38PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 7:37AM Fri	Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 5
	Kumbha Rasi: 3.05	Tithi 25 – 26	Gulika 6:43AM – 8:28AM	Dhanishtha Until 1:07PM	Ganesha: Blue <i>Sunrise:</i> 4:59AM		Sarvari 5122
			Yama 3:27PM – 5:11PM	Sukla Until 6:12AM Sat	Muruqa: Clear <i>Sunset:</i> 6:56PM		Moon 4 - Phase 1
	294134468	Rahu 10:13AM – 11:57AM		Bava Until 8:43PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 7:37AM	Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 6
	Kumbha Rasi: 15.04	Tithi 26 – 27	Gulika 4:57AM – 6:42AM	Shatabhishak Until 3:46PM	Ganesha: Yellow <i>Sunrise:</i> 4:57AM		Sarvari 5122
			Yama 1:42PM – 3:27PM	Sukla Until 6:12AM	Muruqa: Clear <i>Sunset:</i> 6:57PM		Moon 4 - Phase 1
	295134468	Rahu 8:27AM – 10:12AM		Kaulava Until 11:03PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 9:51AM	Moon – Purple		Sivaloka Day	
Until 3:46PM				Chaitra+Chaitra			
Then Routine Work - Marana Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 11 Sutra 7
	Kumbha Rasi: 26.57	Tithi 27 – 28	Gulika 3:28PM – 5:14PM	Purvaproshtapada* Until 6:53PM	Ganesha: Yellow <i>Sunrise:</i> 4:55AM		Sarvari 5122
			Yama 11:57AM – 1:42PM	Brahma Until 7:04AM	Muruqa: Clear <i>Sunset:</i> 6:59PM		Moon 4 - Phase 1
	215134468	Rahu 5:14PM – 6:59PM		Gara Until 1:30AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 12:15PM	Moon – Clear		Sivaloka Day	
Until 6:53PM				Chaitra+Chaitra			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 12 Sutra 8
	Meena Rasi: 8.49	Tithi 28 – 29	Gulika 1:43PM – 3:29PM	Uttaraproshtapada Until 9:51PM	Ganesha: Yellow <i>Sunrise:</i> 4:53AM		Sarvari 5122
	Family Home Evening		Yama 10:11AM – 11:57AM	Indra Until 8:00AM	Muruqa: Clear <i>Sunset:</i> 7:01PM		Moon 4 - Phase 1
	215134468	Rahu 6:39AM – 8:25AM		Visti Until 3:56AM Tue	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:42PM	Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 9
	Meena Rasi: 20.41	Tithi 29 – 30	Gulika 11:56AM – 1:43PM	Revati Until 12:35AM Wed	Ganesha: Yellow <i>Sunrise:</i> 4:51AM		Sarvari 5122
			Yama 8:24AM – 10:10AM	Vaidhriti* Until 8:53AM	Muruqa: Clear <i>Sunset:</i> 7:02PM		Moon 4 - Phase 1
	215134468	Rahu 3:29PM – 5:16PM		Catuspada Until 6:17AM Wed	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:06PM	Moon – Clear		Sivaloka Day	
Until 12:35AM Wed				Chaitra+Chaitra			
Then Routine Work - Marana Yoga							

●	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Regina, SK, Canada Sun 14 Sutra 10
	Retreat Star		Gulika 10:09AM – 11:56AM	Ashvini Until 3:31AM Thu	Ganesha: Red <i>Sunrise:</i> 4:49AM		Sarvari 5122
	Mesha Rasi: 3	Tithi 30	Yama 6:36AM – 8:22AM	Vishkambha* Until 9:43AM	Muruqa: Clear <i>Sunset:</i> 7:04PM		Moon 4 - Phase 1
	225134468	Rahu 11:56AM – 1:43PM		Catuspada Until 6:17AM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 7:23PM	Moon – White		Sivaloka Day	
Until 3:31AM Thu				Chaitra+Chaitra			
Then Creative Work - Siddha Yoga							

●	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 15 Sutra 11
	Retreat Star		Gulika 8:21AM – 10:09AM	Bharani Until 6:06AM Fri	Ganesha: Red <i>Sunrise:</i> 4:47AM		Sarvari 5122
	Mesha Rasi: 14.34	Tithi 1	Yama 4:47AM – 6:34AM	Priti Until 10:27AM	Muruqa: Clear <i>Sunset:</i> 7:05PM		Moon 4 - Phase 1
	225134468	Rahu 1:43PM – 3:31PM		Kintughna Until 8:29AM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:29PM	Moon – White		Sivaloka Day	
				Vaisaka+Chaitra			

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Regina, SK, Canada Sun 16 Sutra 12	
Mesha Rasi: 26.36	Tithi 2	Gulika 6:33AM – 8:20AM	Bharani Until 6:06AM	Ganesha: Red	<i>Sunrise:</i> 4:45AM	Sarvari 5122	
		Yama 3:31PM – 5:19PM	Ayushman Until 10:59AM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2	
225134469	Rahu 10:08AM – 11:56AM		Balava Until 10:28AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 11:21PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Regina, SK, Canada Sun 17 Sutra 13	
Wrishabha Rasi: 8.45	Tithi 3	Gulika 4:43AM – 6:31AM	Krittika Until 8:16AM	Ganesha: Red	<i>Sunrise:</i> 4:43AM	Sarvari 5122	
		Yama 1:44PM – 3:32PM	Saubhagya Until 11:19AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 2	
225134469	Rahu 8:19AM – 10:07AM		Taitila Until 12:11PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 12:53AM Sun	Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Regina, SK, Canada Sun 18 Sutra 14	
Wrishabha Rasi: 21.02	Tithi 4	Gulika 3:33PM – 5:21PM	Rohini Until 10:26AM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	Sarvari 5122	
		Yama 11:56AM – 1:44PM	Sobhana Until 11:24AM	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 2	
235134469	Rahu 5:21PM – 7:10PM		Vanija Until 1:32PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 2:02AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Regina, SK, Canada Sun 19 Sutra 15	
Mithuna Rasi: 3.3	Tithi 5	Gulika 1:44PM – 3:34PM	Mrigashira Until 12:00PM	Ganesha: Blue	<i>Sunrise:</i> 4:39AM	Sarvari 5122	
Family Home Evening		Yama 10:06AM – 11:55AM	Athiganda* Until 11:07AM	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 2	
236134469	Rahu 6:28AM – 8:17AM		Bava Until 2:27PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 2:41AM Tue	Moon – Yellow		Bhuloka Day	
Until 12:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Regina, SK, Canada Sun 20 Sutra 16	
Mithuna Rasi: 16.11	Tithi 6	Gulika 11:55AM – 1:45PM	Ardra Until 12:55PM	Ganesha: Blue	<i>Sunrise:</i> 4:37AM	Sarvari 5122	
		Yama 8:16AM – 10:06AM	Sukarma Until 10:27AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 2	
236134469	Rahu 3:34PM – 5:24PM		Kaulava Until 2:49PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 2:45AM Wed	Moon – Yellow		Bhuloka Day	
Until 12:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Regina, SK, Canada Sun 21 Sutra 17	
Mithuna Rasi: 29.1	Tithi 7	Gulika 10:05AM – 11:55AM	Punarvasu Until 1:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Sarvari 5122	
		Yama 6:25AM – 8:15AM	Dhriti Until 9:19AM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 2	
246134469	Rahu 11:55AM – 1:45PM		Gara Until 2:34PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 2:11AM Thu	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 22 Sutra 18	
Kataka Rasi: 12.29	Tithi 8	Gulika 8:14AM – 10:05AM	Pushya Until 1:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM	Sarvari 5122	
		Yama 4:34AM – 6:24AM	Shula* Until 7:39AM	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 2	
246134469	Rahu 1:45PM – 3:36PM		Visli Until 1:40PM	Nataraja: Clear		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 12:57AM Fri	Moon – Blue		Devaloka Day	
Until 1:23PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							


Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 23 Sutra 19	
Kataka Rasi: 26.11	Tithi 9	Gulika 6:21AM – 8:12AM	Ashlesha* Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Sarvari 5122	
		Yama 3:37PM – 5:28PM	Vriddhi Until 2:45AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 2	
246134469	Rahu 10:04AM – 11:55AM		Balava Until 12:06PM	Nataraja: Clear		Navami	
Routine Work	Marana Yoga		Navami* Until 11:04PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

1	Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada
	Simha Rasi: 10.16	Tithi 10	256134469	Gulika 4:28AM – 6:20AM Yama 1:46PM – 3:38PM Rahu 8:11AM – 10:03AM	Magha* Until 11:06AM Dhruva Until 11:34PM Taitila Until 9:55AM Dashami Until 8:36PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red Vaisaka*Chaitra	Sun 24 Sutra 20 Sarvari 5122 Moon 4 - Phase 3 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 11:06AM Then Creative Work - Siddha Yoga							

2	Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada
	Simha Rasi: 24.44	Tithi 11 – 12	256134469	Gulika 3:38PM – 5:30PM Yama 11:55AM – 1:47PM Rahu 5:30PM – 7:22PM	Purvaphalguni Until 9:08AM Vyaghata* Until 8:00PM Vanija Until 7:11AM Ekadashi Until 5:38PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red Vaisaka*Chaitra	Sun 25 Sutra 21 Sarvari 5122 Moon 4 - Phase 3 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 9:08AM Then Creative Work - Amrita Yoga							

3	Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada
	Kanya Rasi: 9.32	Tithi 12 – 13	256234469	Gulika 1:47PM – 3:39PM Yama 10:02AM – 11:54AM Rahu 6:17AM – 8:10AM	Uttaraphalguni Until 6:36AM Harshana Until 4:10PM Kaulava Until 12:36AM Tue Dvadashi Until 2:20PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Red Vaisaka*Chaitra	Sun 26 Sutra 22 Sarvari 5122 Moon 4 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga		<i>Pradosha Vrata</i>					

4	Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada
	Kanya Rasi: 24.31	Tithi 13 – 14	267234469	Gulika 11:54AM – 1:47PM Yama 8:09AM – 10:02AM Rahu 3:40PM – 5:33PM	Chitra Until 1:19AM Wed Vajra* Until 12:09PM Gara Until 9:02PM Trayodashi Until 10:48AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green Vaisaka*Chaitra	Sun 27 Sutra 23 Sarvari 5122 Moon 4 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga							

	Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada
	Tula Rasi: 10	Tithi 14 – 15	267234469	Gulika 10:01AM – 11:54AM Yama 6:15AM – 8:08AM Rahu 11:54AM – 1:47PM	Svati Until 10:28PM Siddhi Until 8:06AM Bava Until 3:45AM Thu Chaturdashi* Until 7:14AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green Vaisaka*Chaitra	Sutra 24 Sarvari 5122 Moon 4 - Phase 3 Purnima Devaloka Day
Creative Work Siddha Yoga		Budha Purnima (Tamil Nadu)					

0	Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada
	Tula Rasi: 24.35	Tithi 16	277234469	Gulika 8:07AM – 10:01AM Yama 4:20AM – 6:14AM Rahu 1:48PM – 3:41PM	Vishakha Until 8:08PM Variyan Until 12:25AM Fri Balava Until 2:07PM Prathama* Until 12:33AM Fri	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Orange Vaisaka*Chaitra	Sutra 25 Sarvari 5122 Moon 4 - Phase 3 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda