



Sunday, April 21, 2019
Gold Retreat Star

Vrischika Rasi: 0.11 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Gulika 3:56PM – 5:38PM
Yama 12:33PM – 2:14PM
Rahu 5:38PM – 7:19PM

Vishakha **Until 11:28AM**
Vyatipata* **Until 9:59PM**
Vanija **Until 6:23PM**
Dvitiya **Until 7:01AM**

Ganesha: Blue *Sunrise: 5:46AM*
Muruqa: Yellow *Sunset: 7:19PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Porto, Portugal
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 13.46 Tithi 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:14PM – 3:56PM
Yama 10:50AM – 12:32PM
Rahu 7:26AM – 9:08AM

Anuradha **Until 11:13AM**
Variyan **Until 8:23PM**
Bava **Until 5:39PM**
Chaturthi* **Until 5:33AM Tue**

Ganesha: Blue *Sunrise: 5:44AM*
Muruqa: Yellow *Sunset: 7:20PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Porto, Portugal
Sun 1
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 26.54 Tithi 20

Routine Work Marana Yoga

Until 11:35AM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:32PM – 2:14PM
Yama 9:07AM – 10:50AM
Rahu 3:57PM – 5:39PM

Jyeshtha* **Until 11:35AM**
Parigha* **Until 7:27PM**
Kaulava **Until 5:43PM**
Panchami **Until 6:02AM Wed**

Ganesha: Blue *Sunrise: 5:43AM*
Muruqa: Yellow *Sunset: 7:21PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Porto, Portugal
Sun 2
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 9.38 Tithi 20 – 21

Routine Work Marana Yoga

Until 1:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:49AM – 12:32PM
Yama 7:24AM – 9:07AM
Rahu 12:32PM – 2:15PM

Mula* **Until 1:04PM**
Shiva **Until 7:09PM**
Gara **Until 6:36PM**
Panchami **Until 6:02AM**

Ganesha: Yellow *Sunrise: 5:41AM*
Muruqa: Yellow *Sunset: 7:23PM*
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Porto, Portugal
Sun 3
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 22.01 Tithi 21 – 22

Creative Work Siddha Yoga

Until 3:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:06AM – 10:49AM
Yama 5:40AM – 7:23AM
Rahu 2:15PM – 3:58PM

Purvashadha* **Until 3:08PM**
Siddha **Until 7:23PM**
Visti **Until 8:12PM**
Shashthi* **Until 7:18AM**

Ganesha: Yellow *Sunrise: 5:40AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Porto, Portugal
Sun 4
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Retreat Star

Makara Rasi: 4.08 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:22AM – 9:05AM
Yama 3:58PM – 5:41PM
Rahu 10:48AM – 12:32PM

Uttarashadha **Until 5:35PM**
Sadhya **Until 8:04PM**
Balava **Until 10:22PM**
Saptami **Until 9:13AM**

Ganesha: Red *Sunrise: 5:39AM*
Muruqa: Yellow *Sunset: 7:25PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Porto, Portugal
Sun 5
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 16.04 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:37AM – 7:21AM
Yama 2:15PM – 3:59PM
Rahu 9:04AM – 10:48AM

Shravana **Until 8:44PM**
Subha **Until 9:01PM**
Taitila **Until 12:51AM Sun**
Ashtami* **Until 11:34AM**

Ganesha: Green *Sunrise: 5:37AM*
Muruqa: Yellow *Sunset: 7:26PM*
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Porto, Portugal
Sun 6
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1	Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Porto, Portugal Sun 7
	Makara Rasi: 27.53	Tithi 24 – 25	Gulika 3:59PM – 5:43PM	Dhanishtha Until 11:48PM	Ganesha: Green	<i>Sunrise:</i> 5:36AM	Vikarin 5121
	294583469	Rahu 5:43PM – 7:27PM	Yama 12:31PM – 2:15PM	Sukla Until 10:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 3
	Routine Work Marana Yoga			Vanija Until 3:24AM Mon	Nataraja: Clear		2nd Phase
			Navami* Until 2:06PM	Moon – Purple		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

2	Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 8
	Kumbha Rasi: 9.43	Tithi 25 – 26	Gulika 2:15PM – 3:59PM	Shatabhishak Until 2:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:34AM	Vikarin 5121
	294583469	Rahu 7:19AM – 9:03AM	Yama 10:47AM – 12:31PM	Brahma Until 10:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 3
	Family Home Evening			Bava Until 5:46AM Tue	Nataraja: Clear		2nd Phase
			Dashami Until 4:36PM	Moon – Purple		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

3	Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Balava Karana Ekadashyam Titau				Porto, Portugal Sun 9
	Kumbha Rasi: 21.37	Tithi 26	Gulika 12:31PM – 2:15PM	Purvaproshtapada* Until 5:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:33AM	Vikarin 5121
	214583469	Rahu 4:00PM – 5:44PM	Yama 9:02AM – 10:47AM	Indra Until 11:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 3
	Routine Work Marana Yoga			Balava Until 6:49PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 6:49PM	Moon – Clear		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

4	Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Dvadashyam Titau				Porto, Portugal Sun 10
	Meena Rasi: 3.39	Tithi 27	Gulika 10:46AM – 12:31PM	Uttaraproshtapada Until 7:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:32AM	Vikarin 5121
	214583469	Rahu 12:31PM – 2:16PM	Yama 7:17AM – 9:01AM	Vaidhriti* Until 11:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 3
	Creative Work Siddha Yoga			Kaulava Until 7:47AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 8:36PM	Moon – Clear		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

5	Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal Sun 11
	Meena Rasi: 15.52	Tithi 28	Gulika 9:01AM – 10:46AM	Uttaraproshtapada Until 7:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:31AM	Vikarin 5121
	215583469	Rahu 2:16PM – 4:01PM	Yama 5:31AM – 7:16AM	Vishkambha* Until 11:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 3
	Creative Work Siddha Yoga			Gara Until 9:19AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 9:52PM	Moon – Clear		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata (Fasting)

6	Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Porto, Portugal Sun 12
	Meena Rasi: 28.19	Tithi 29	Gulika 7:15AM – 9:00AM	Revati Until 9:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:29AM	Vikarin 5121
	215583469	Rahu 10:45AM – 12:31PM	Yama 4:01PM – 5:47PM	Priti Until 11:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 3
	Creative Work Siddha Yoga			Visti Until 10:19AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 10:36PM	Moon – Clear		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

●	Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Porto, Portugal Sun 13
	Retreat Star		Gulika 5:28AM – 7:14AM	Ashvini Until 10:18AM	Ganesha: Purple	<i>Sunrise:</i> 5:28AM	Vikarin 5121
	Mesha Rasi: 11.01	Tithi 30	Yama 2:16PM – 4:02PM	Ayushman Until 10:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 3
	225583469	Rahu 8:59AM – 10:45AM		Catuspada Until 10:47AM	Nataraja: Clear		Amavasya
			Amavasya* Until 10:47PM	Moon – White		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

●	Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Porto, Portugal Sun 14
	Retreat Star		Gulika 4:02PM – 5:48PM	Bharani Until 10:55AM	Ganesha: Purple	<i>Sunrise:</i> 5:27AM	Vikarin 5121
	Mesha Rasi: 23.58	Tithi 1	Yama 12:30PM – 2:16PM	Saubhagya Until 9:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 3
	225583469	Rahu 5:48PM – 7:34PM		Kintughna Until 10:43AM	Nataraja: Clear		Prathama
			Prathama* Until 10:30PM	Moon – White		Bhuloka Day	
				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
		Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 22
1		Gulika 2:17PM – 4:03PM	Krittika Until 10:58AM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM	Vikarin 5121
Vrishabha Rasi: 7.09	Tithi 2	Yama 10:44AM – 12:30PM	Sobhana Until 7:43PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 7:12AM – 8:58AM	Balava Until 10:13AM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 9:49PM	Moon – White	Bhuloka Day	
Until 10:58AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
		Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 23
2		Gulika 12:30PM – 2:17PM	Rohini Until 10:56AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:24AM	Vikarin 5121
Vrishabha Rasi: 20.32	Tithi 3	Yama 8:57AM – 10:44AM	Athiganda* Until 5:50PM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 4
235583469		Rahu 4:03PM – 5:50PM	Taitila Until 9:21AM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 8:46PM	Moon – Yellow	Bhuloka Day	
Until 10:56AM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
		Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 24
3		Gulika 10:43AM – 12:30PM	Mrigashira Until 10:27AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:23AM	Vikarin 5121
Mithuna Rasi: 4.07	Tithi 4	Yama 7:10AM – 8:57AM	Sukarma Until 3:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 4
235583469		Rahu 12:30PM – 2:17PM	Vanija Until 8:10AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 7:27PM	Moon – Yellow	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
		Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Sun 18 Sutra 25
4		Gulika 8:56AM – 10:43AM	Ardra Until 9:35AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:22AM	Vikarin 5121
Mithuna Rasi: 17.5	Tithi 5 – 6	Yama 5:22AM – 7:09AM	Dhriti Until 1:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 4
235583469		Rahu 2:17PM – 4:04PM	Bava Until 6:43AM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Panchami Until 5:54PM	Moon – Yellow	Bhuloka Day	
Until 9:35AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
		Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 26
5		Gulika 7:08AM – 8:56AM	Punarvasu Until 8:48AM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Vikarin 5121
Kataka Rasi: 1.42	Tithi 6 – 7	Yama 4:05PM – 5:52PM	Shula* Until 10:59AM	Muruqa: Yellow	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 4
245583469		Rahu 10:43AM – 12:30PM	Gara Until 3:13AM Sat	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 4:09PM	Moon – Blue	Devaloka Day	
Until 8:48AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
		Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 27
Retreat Star		Gulika 5:20AM – 7:07AM	Pushya Until 7:40AM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	Vikarin 5121
Kataka Rasi: 15.41	Tithi 7 – 8	Yama 2:18PM – 4:05PM	Ganda* Until 8:22AM	Muruqa: Yellow	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 4
245583469		Rahu 8:55AM – 10:43AM	Visti Until 1:11AM Sun	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 2:12PM	Moon – Blue	Devaloka Day	
Until 7:40AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
		Ashlesha*/Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 28
Retreat Star		Gulika 4:06PM – 5:54PM	Ashlesha* Until 6:14AM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	Vikarin 5121
Kataka Rasi: 29.46	Tithi 8 – 9	Yama 12:30PM – 2:18PM	Dhruva Until 2:44AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 4
246583469		Rahu 5:54PM – 7:41PM	Balava Until 11:00PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Ashtami* Until 12:05PM	Moon – Blue	Devaloka Day	
Until 6:14AM		Mother's Day		Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
		Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashyam Titau				Sun 22
1		Gulika	2:18PM – 4:06PM	Purvaphalguni Until 3:22AM Tue	Ganesha: White	Vikarin 5121
Simha Rasi: 13.58	Tithi 9 – 10	Yama	10:42AM – 12:30PM	Vyaghata* Until 11:46PM	Muruqa: Yellow	Moon 4 - Phase 5
Family Home Evening	256583469	Rahu	7:06AM – 8:54AM	Taitila Until 8:41PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga			Navami* Until 9:50AM	Moon – Red	Bhuloka Day
Until 3:22AM Tue					Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
		Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23
2		Gulika	12:30PM – 2:18PM	Uttaraphalguni Until 1:37AM Wed	Ganesha: White	Vikarin 5121
Simha Rasi: 28.13	Tithi 10 – 11	Yama	8:53AM – 10:42AM	Harshana Until 8:45PM	Muruqa: Yellow	Moon 4 - Phase 5
	256583469	Rahu	4:07PM – 5:55PM	Vanija Until 6:19PM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga			Dashami Until 7:29AM	Moon – Red	Bhuloka Day
Until 1:37AM Wed					Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
		Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Sun 24
3		Gulika	10:41AM – 12:30PM	Hasta Until 12:11AM Thu	Ganesha: Yellow	Vikarin 5121
Kanya Rasi: 12.31	Tithi 12	Yama	7:04AM – 8:53AM	Vajra* Until 5:44PM	Muruqa: Yellow	Moon 4 - Phase 5
	266583469	Rahu	12:30PM – 2:19PM	Bava Until 3:56PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga			Dvadashi Until 2:45AM Thu	Moon – Green	Devaloka Day
Until 12:11AM Thu					Vaisaka-Vaikasi	
Then Creative Work - Siddha Yoga						

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
		Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 25
4		Gulika	8:52AM – 10:41AM	Chitra Until 10:45PM	Ganesha: Yellow	Vikarin 5121
Kanya Rasi: 26.46	Tithi 13	Yama	5:15AM – 7:04AM	Siddhi Until 2:49PM	Muruqa: Yellow	Moon 4 - Phase 5
	266583469	Rahu	2:19PM – 4:08PM	Kaulava Until 1:39PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 12:34AM Fri	Moon – Green	Devaloka Day
Until 10:45PM					Vaisaka-Vaikasi	
Then Creative Work - Amrita Yoga					Pradosha Vrata	

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
		Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 26
5		Gulika	7:03AM – 8:52AM	Svati Until 9:26PM	Ganesha: Yellow	Vikarin 5121
Tula Rasi: 10.55	Tithi 14	Yama	4:08PM – 5:57PM	Vyatipata* Until 12:05PM	Muruqa: Yellow	Moon 4 - Phase 5
	266583469	Rahu	10:41AM – 12:30PM	Gara Until 11:35AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 10:39PM	Moon – Green	Devaloka Day
					Vaisaka-Vaikasi	

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam				Porto, Portugal
		Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Sun 27
○		Gulika	5:13AM – 7:02AM	Vishakha Until 8:48PM	Ganesha: Blue	Vikarin 5121
Copper Retreat Star		Yama	2:19PM – 4:09PM	Variyan Until 9:37AM	Muruqa: Yellow	Moon 4 - Phase 5
Tula Rasi: 24.51	Tithi 15	Rahu	8:51AM – 10:41AM	Visti Until 9:52AM	Nataraja: Clear	Purnima
	276583469			Purnima* Until 9:09PM	Moon – Orange	Bhuloka Day
Creative Work	Siddha Yoga				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
		Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Sun 28
○		Gulika	4:09PM – 5:59PM	Anuradha Until 8:33PM	Ganesha: Yellow	Vikarin 5121
Silver Retreat Star		Yama	12:30PM – 2:20PM	Parigha* Until 7:32AM	Muruqa: Yellow	Moon 4 - Phase 5
Vrischika Rasi: 8.31	Tithi 16	Rahu	5:59PM – 7:48PM	Balava Until 8:36AM	Nataraja: Clear	Prathama
	277583469			Prathama* Until 8:10PM	Moon – Orange	Devaloka Day
Routine Work	Marana Yoga				Vaisaka-Vaikasi	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 21.52 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:20PM – 4:10PM
Yama 10:40AM – 12:30PM
Rahu 7:01AM – 8:51AM
Jyeshtha* Until 8:47PM
Siddha Until 4:50AM Tue
Taitila Until 7:56AM
Dvitiya Until 7:49PM

Porto, Portugal
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise: 5:11AM*
Muruga: Yellow *Sunset: 7:49PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 4.52 Tithi 18
Creative Work Amrita Yoga
Until 9:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 12:30PM – 2:20PM
Yama 8:50AM – 10:40AM
Rahu 4:10PM – 6:00PM
Mula* Until 9:59PM
Sadhya Until 4:18AM Wed
Vanija Until 7:55AM
Tritiya Until 8:10PM

Porto, Portugal
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 5:10AM*
Muruga: Yellow *Sunset: 7:50PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 17.31 Tithi 19
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 10:40AM – 12:30PM
Yama 7:00AM – 8:50AM
Rahu 12:30PM – 2:20PM
Purvashadha* Until 11:43PM
Subha Until 4:19AM Thu
Bava Until 8:37AM
Chaturthi* Until 9:12PM

Porto, Portugal
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 5:10AM*
Muruga: Yellow *Sunset: 7:51PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 29.52 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 8:50AM – 10:40AM
Yama 5:09AM – 6:59AM
Rahu 2:21PM – 4:11PM
Uttarashadha Until 1:52AM Fri
Sukla Until 4:45AM Fri
Kaulava Until 9:59AM
Panchami Until 10:51PM

Porto, Portugal
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 5:09AM*
Muruga: Yellow *Sunset: 7:52PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 11.59 Tithi 21
Routine Work Marana Yoga
Until 4:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 6:59AM – 8:49AM
Yama 4:12PM – 6:02PM
Rahu 10:40AM – 12:30PM
Shravana Until 4:47AM Sat
Brahma Until 5:31AM Sat
Gara Until 11:54AM
Shashthi* Until 12:59AM Sat

Porto, Portugal
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Ganesha: Green *Sunrise: 5:08AM*
Muruga: Yellow *Sunset: 7:53PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 23.56 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 5:07AM – 6:58AM
Yama 2:21PM – 4:12PM
Rahu 8:49AM – 10:40AM
Dhanishtha Until 7:44AM Sun
Indra Until 6:29AM Sun
Visti Until 2:11PM
Saptami Until 3:22AM Sun

Porto, Portugal
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Ganesha: Green *Sunrise: 5:07AM*
Muruga: Yellow *Sunset: 7:54PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 5.47 Tithi 23
Routine Work Marana Yoga
Until 7:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 4:13PM – 6:04PM
Yama 12:31PM – 2:22PM
Rahu 6:04PM – 7:55PM
Dhanishtha Until 7:44AM
Indra Until 6:29AM
Balava Until 4:37PM
Ashtami* Until 5:47AM Mon

Porto, Portugal
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami
Sivaloka Day
Ganesha: Blue *Sunrise: 5:07AM*
Muruga: Yellow *Sunset: 7:55PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 17.4 Tithi 24
Family Home Evening
Creative Work Siddha Yoga
Until 10:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila Karana Navamyam Titau
Gulika 2:22PM – 4:13PM
Yama 10:40AM – 12:31PM
Rahu 6:57AM – 8:48AM
Shatabhishak Until 10:32AM
Vaidhriti* Until 7:25AM
Taitila Until 6:57PM
Navami* Until 8:00AM Tue

Porto, Portugal
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami
Sivaloka Day
Ganesha: Blue *Sunrise: 5:06AM*
Muruga: Yellow *Sunset: 7:55PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Porto, Portugal Sun 9
Kumbha Rasi: 29.36	Tithi 24 – 25	Gulika	12:31PM – 2:22PM	Purvaproshtapada* Until 1:26PM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Vikarin 5121	
		Yama	8:48AM – 10:39AM	Vishkambha* Until 8:12AM	Muruqa: Yellow	<i>Sunset:</i> 7:56PM	Moon 5 - Phase 7	
		318683469 Rahu	4:14PM – 6:05PM	Vanija Until 9:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 8:00AM	Moon – Clear		Sivaloka Day	
Until 1:26PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 10
Meena Rasi: 11.41	Tithi 25 – 26	Gulika	10:39AM – 12:31PM	Uttaraproshtapada Until 3:45PM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Vikarin 5121	
		Yama	6:56AM – 8:48AM	Priti Until 8:43AM	Muruqa: Yellow	<i>Sunset:</i> 7:57PM	Moon 5 - Phase 7	
		318683469 Rahu	12:31PM – 2:22PM	Bava Until 10:34PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 9:50AM	Moon – Clear		Sivaloka Day	
Until 3:45PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 11
Meena Rasi: 23.59	Tithi 26 – 27	Gulika	8:48AM – 10:39AM	Revati Until 5:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	Vikarin 5121	
		Yama	5:04AM – 6:56AM	Ayushman Until 8:47AM	Muruqa: Yellow	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 7	
		318683469 Rahu	2:23PM – 4:14PM	Kaulava Until 11:33PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 11:07AM	Moon – Clear		Sivaloka Day	
Until 5:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 12
Mesha Rasi: 6.33	Tithi 27 – 28	Gulika	6:56AM – 8:48AM	Ashvini Until 6:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Vikarin 5121	
		Yama	4:15PM – 6:07PM	Saubhagya Until 8:23AM	Muruqa: Yellow	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 7	
		328683469 Rahu	10:39AM – 12:31PM	Gara Until 11:54PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 11:47AM	Moon – White		Devaloka Day	
Until 6:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								
					<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 13
Mesha Rasi: 19.25	Tithi 28 – 29	Gulika	5:03AM – 6:55AM	Bharani Until 7:14PM	Ganesha: White	<i>Sunrise:</i> 5:03AM	Vikarin 5121	
		Yama	2:23PM – 4:15PM	Sobhana Until 7:30AM	Muruqa: Yellow	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 7	
		329683469 Rahu	8:47AM – 10:39AM	Visti Until 11:37PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 11:49AM	Moon – White		Bhuloka Day	
Until 7:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 14
Vrishabha Rasi: 2.37	Tithi 29 – 30	Gulika	4:16PM – 6:08PM	Krittika Until 7:02PM	Ganesha: White	<i>Sunrise:</i> 5:03AM	Vikarin 5121	
		Yama	12:31PM – 2:24PM	Athiganda* Until 6:05AM	Muruqa: Yellow	<i>Sunset:</i> 8:00PM	Moon 5 - Phase 7	
		329683469 Rahu	6:08PM – 8:00PM	Catuspada Until 10:44PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 11:14AM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Monday, June 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Porto, Portugal Sun 15
Vrishabha Rasi: 16.07	Tithi 30 – 1	Gulika	2:24PM – 4:16PM	Rohini Until 6:37PM	Ganesha: Green	<i>Sunrise:</i> 5:03AM	Vikarin 5121	
Family Home Evening		Yama	10:39AM – 12:32PM	Dhriti Until 2:01AM Tue	Muruqa: Yellow	<i>Sunset:</i> 8:01PM	Moon 5 - Phase 7	
		339683469 Rahu	6:55AM – 8:47AM	Kintughna Until 9:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Amavasya* Until 10:05AM	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	Vrishabha Rasi: 29.53 Tithi 1 – 2		Mrigashira/Ardra Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 16 Sutra 51
	339683469	Gulika 12:32PM – 2:24PM Yama 8:47AM – 10:39AM Rahu 4:17PM – 6:09PM	Mrigashira Until 5:39PM Shula* Until 11:28PM Balava Until 7:35PM Prathama* Until 8:30AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:02AM Sunset: 8:01PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 5:39PM Then Routine Work - Marana Yoga							

2	Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Mithuna Rasi: 13.53 Tithi 2 – 3		Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Sun 17 Sutra 52
	339683461	Gulika 10:39AM – 12:32PM Yama 6:54AM – 8:47AM Rahu 12:32PM – 2:25PM	Ardra Until 4:14PM Ganda* Until 8:42PM Gara Until 4:23AM Thu Dvitiya Until 6:34AM	Ganesha: Green Muruqa: Yellow Nataraja: Yellow Moon – Yellow	Sunrise: 5:02AM Sunset: 8:02PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

3	Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Mithuna Rasi: 28.02 Tithi 4		Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vistil* Karana Chaturthyam Titau				Sun 18 Sutra 53
	349683461	Gulika 8:47AM – 10:39AM Yama 5:02AM – 6:54AM Rahu 2:25PM – 4:17PM	Punarvasu Until 2:55PM Vridhhi Until 5:48PM Vanija Until 3:15PM Chaturthi* Until 2:04AM Fri	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 5:02AM Sunset: 8:03PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga							

4	Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
	Kataka Rasi: 12.17 Tithi 5		Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 54
	349683461	Gulika 6:54AM – 8:47AM Yama 4:18PM – 6:11PM Rahu 10:40AM – 12:32PM	Pushya Until 1:21PM Dhruva Until 2:49PM Bava Until 12:54PM Panchami Until 11:42PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 5:01AM Sunset: 8:03PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga							

5	Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
	Kataka Rasi: 26.33 Tithi 6		Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20 Sutra 55
	349683461	Gulika 5:01AM – 6:54AM Yama 2:25PM – 4:18PM Rahu 8:47AM – 10:40AM	Ashlesha* Until 11:38AM Vyaghata* Until 11:50AM Kaulava Until 10:32AM Shashthi* Until 9:20PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 5:01AM Sunset: 8:04PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 11:38AM Then Creative Work - Amrita Yoga							

6	Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
	Simha Rasi: 10.49 Tithi 7		Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 56
	351683461	Gulika 4:19PM – 6:12PM Yama 12:33PM – 2:26PM Rahu 6:12PM – 8:05PM	Magha* Until 10:14AM Harshana Until 8:53AM Gara Until 8:12AM Saptami Until 7:03PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 5:01AM Sunset: 8:05PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	Devaloka Day
Routine Work Marana Yoga Until 10:14AM Then Creative Work - Siddha Yoga							

☾	Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
	Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 57
	351683461	Gulika 2:26PM – 4:19PM Yama 10:40AM – 12:33PM Rahu 6:54AM – 8:47AM	Purvaphalguni Until 8:48AM Vajra* Until 6:00AM Balava Until 3:51AM Tue Ashtami* Until 4:52PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 5:01AM Sunset: 8:05PM	Vikarin 5121 Moon 5 - Phase 8 Ashtami	Devaloka Day
Simha Rasi: 25 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga							


☽	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	Retreat Star		Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 58
	351683461	Gulika 12:33PM – 2:26PM Yama 8:47AM – 10:40AM Rahu 4:19PM – 6:13PM	Uttaraphalguni Until 7:21AM Vyatipata* Until 12:36AM Wed Taitila Until 1:53AM Wed Navami* Until 2:49PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 5:00AM Sunset: 8:06PM	Vikarin 5121 Moon 5 - Phase 8 Navami	Devaloka Day
Kanya Rasi: 9.07 Tithi 9 – 10 Creative Work Amrita Yoga Until 7:21AM Then Creative Work - Siddha Yoga							

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 24 Sutra 59	
Kanya Rasi: 23.07	Tithi 10 – 11	Gulika	10:40AM – 12:33PM	Hasta Until 6:21AM	Ganesha: White	<i>Sunrise: 5:00AM</i>	Vikarin 5121
		Yama	6:54AM – 8:47AM	Variyan Until 10:07PM	Muruqa: Yellow	<i>Sunset: 8:06PM</i>	Moon 5 - Phase 9
		Rahu	12:33PM – 2:26PM	Vanija Until 12:08AM Thu	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga			Dashami Until 12:58PM	Moon – Green	Bhuloka Day	
Until 6:21AM					Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 25 Sutra 60	
Tula Rasi: 6.59	Tithi 11 – 12	Gulika	8:47AM – 10:40AM	Svati Until 4:37AM Fri	Ganesha: White	<i>Sunrise: 5:00AM</i>	Vikarin 5121
		Yama	5:00AM – 6:54AM	Parigha* Until 7:51PM	Muruqa: Yellow	<i>Sunset: 8:07PM</i>	Moon 5 - Phase 9
		Rahu	2:27PM – 4:20PM	Bava Until 10:39PM	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga			Ekadashi Until 11:20AM	Moon – Green	Bhuloka Day	
Until 4:37AM Fri					Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 26 Sutra 61	
Tula Rasi: 20.41	Tithi 12 – 13	Gulika	6:54AM – 8:47AM	Vishakha Until 4:27AM Sat	Ganesha: Clear	<i>Sunrise: 5:00AM</i>	Vikarin 5121
		Yama	4:20PM – 6:14PM	Shiva Until 5:52PM	Muruqa: Blue	<i>Sunset: 8:07PM</i>	Moon 5 - Phase 9
		Rahu	10:40AM – 12:34PM	Kaulava Until 9:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 10:00AM	Moon – Orange	Sivaloka Day	
		Vaikasi Visakam			Jyeshtha-Vaikasi		
				<i>Pradosha Vrata</i>			

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taaitla/Gara Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 27 Sutra 62	
Vrischika Rasi: 4.11	Tithi 13 – 14	Gulika	5:00AM – 6:54AM	Anuradha Until 4:33AM Sun	Ganesha: White	<i>Sunrise: 5:00AM</i>	Vikarin 5121
		Yama	2:27PM – 4:21PM	Siddha Until 4:09PM	Muruqa: Blue	<i>Sunset: 8:07PM</i>	Moon 5 - Phase 9
		Rahu	8:47AM – 10:40AM	Gara Until 8:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 9:01AM	Moon – Orange	Subha Sivaloka Day	
Until 4:33AM Sun					Jyeshtha-Ani		
Then Routine Work - Marana Yoga							

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Porto, Portugal Sun 28 Sutra 63	
Copper Retreat Star		Gulika	4:21PM – 6:14PM	Jyeshtha* Until 4:59AM Mon	Ganesha: White	<i>Sunrise: 5:00AM</i>	Vikarin 5121
Vrischika Rasi: 17.27	Tithi 14 – 15	Yama	12:34PM – 2:28PM	Sadhya Until 2:49PM	Muruqa: Blue	<i>Sunset: 8:08PM</i>	Moon 5 - Phase 9
		Rahu	6:14PM – 8:08PM	Visti Until 8:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga			Chaturdashi* Until 8:29AM	Moon – Orange	Subha Sivaloka Day	
Until 4:59AM Mon		Father's Day			Jyeshtha-Ani		
Then Creative Work - Siddha Yoga							

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Porto, Portugal Sun 29 Sutra 64	
Dhanus Rasi: 0.27	Tithi 15 – 16	Gulika	2:28PM – 4:21PM	Mula* Until 6:16AM Tue	Ganesha: Clear	<i>Sunrise: 5:00AM</i>	Vikarin 5121
Family Home Evening		Yama	10:41AM – 12:34PM	Subha Until 1:55PM	Muruqa: Blue	<i>Sunset: 8:08PM</i>	Moon 5 - Phase 9
		Rahu	6:54AM – 8:47AM	Balava Until 8:39PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga			Purnima* Until 8:27AM	Moon – Light Blue	Sivaloka Day	
					Jyeshtha-Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal
Sutra 65

Dhanus Rasi: 13.11 Tithi 16 – 17

Gulika 12:34PM – 2:28PM
Yama 8:47AM – 10:41AM
381793461 **Rahu** 4:22PM – 6:15PM

Mula* Until 6:16AM
Sukla Until 1:26PM
Taitila Until 9:28PM
Prathama* Until 8:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:00AM
Sunset: 8:09PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 6:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Porto, Portugal
Sun 1 Sutra 66

Dhanus Rasi: 25.39 Tithi 17 – 18

Gulika 10:41AM – 12:35PM
Yama 6:54AM – 8:48AM
382793461 **Rahu** 12:35PM – 2:28PM

Purvashadha* Until 7:57AM
Brahma Until 1:24PM
Vanija Until 10:49PM
Dvitiya Until 10:03AM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:01AM
Sunset: 8:09PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Porto, Portugal
Sun 2 Sutra 67

Makara Rasi: 7.53 Tithi 18 – 19

Gulika 8:48AM – 10:41AM
Yama 5:01AM – 6:54AM
382793461 **Rahu** 2:28PM – 4:22PM

Uttarashadha Until 9:59AM
Indra Until 1:47PM
Bava Until 12:40AM Fri
Tritiya Until 11:40AM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:01AM
Sunset: 8:09PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 9:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal
Sun 3 Sutra 68

Makara Rasi: 19.57 Tithi 19 – 20

Gulika 6:54AM – 8:48AM
Yama 4:22PM – 6:16PM
392793461 **Rahu** 10:42AM – 12:35PM

Shravana Until 12:46PM
Vaidhrili* Until 2:27PM
Kaulava Until 2:51AM Sat
Chaturthi* Until 1:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:01AM
Sunset: 8:09PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 12:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal
Sun 4 Sutra 69

Kumbha Rasi: 1.53 Tithi 20 – 21

Gulika 5:01AM – 6:55AM
Yama 2:29PM – 4:22PM
392793461 **Rahu** 8:48AM – 10:42AM

Dhanishtha Until 3:39PM
Vishkambha* Until 3:21PM
Gara Until 5:13AM Sun
Panchami Until 4:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:01AM
Sunset: 8:10PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Vanija Karana Shashthyam Titau

Porto, Portugal
Sun 5 Sutra 70

Kumbha Rasi: 13.45 Tithi 21

Gulika 4:23PM – 6:16PM
Yama 12:36PM – 2:29PM
392793461 **Rahu** 6:16PM – 8:10PM

Shatabhishak Until 6:27PM
Priti Until 4:20PM
Vanija Until 6:24PM
Shashthi* Until 6:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:01AM
Sunset: 8:10PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Porto, Portugal
Sun 6 Sutra 71

Kumbha Rasi: 25.38 Tithi 22

Family Home Evening

312793461

Gulika 2:29PM – 4:23PM
Yama 10:42AM – 12:36PM
Rahu 6:55AM – 8:49AM

Purvaproshtapada* Until 9:29PM
Ayushman Until 5:12PM
Visti Until 7:35AM
Saptami Until 8:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:02AM
Sunset: 8:10PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 9:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal
Sun 7 Sutra 72

Meena Rasi: 7.35 Tithi 23

312793461

Gulika 12:36PM – 2:29PM
Yama 8:49AM – 10:42AM
Rahu 4:23PM – 6:16PM

Uttaraproshtapada Until 12:03AM Wed
Saubhagya Until 5:53PM
Balava Until 9:45AM
Ashtami* Until 10:40PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:02AM
Sunset: 8:10PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 12:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal
Sun 8 Sutra 73

Meena Rasi: 19.4 Tithi 24

312793461

Gulika 10:43AM – 12:36PM
Yama 6:56AM – 8:49AM
Rahu 12:36PM – 2:30PM

Revati Until 1:59AM Thu
Sobhana Until 6:14PM
Taitila Until 11:31AM
Navami* Until 12:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:02AM
Sunset: 8:10PM


Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 1:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Porto, Portugal Sun 9 Sutra 74 Vikarin 5121
Mesha Rasi: 1.59	Tithi 25	322793461	Gulika 8:50AM – 10:43AM Yama 5:03AM – 6:56AM Rahu 2:30PM – 4:23PM	Ashvini Until 3:38AM Fri Athiganda* Until 6:06PM Vanija Until 12:43PM Dashami Until 1:04AM Fri	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 5:03AM Sunset: 8:10PM	Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work Amrita Yoga							
Until 3:38AM Fri							
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau			Porto, Portugal Sun 10 Sutra 75 Vikarin 5121
Mesha Rasi: 14.35	Tithi 26	322793461	Gulika 6:56AM – 8:50AM Yama 4:23PM – 6:17PM Rahu 10:43AM – 12:37PM	Bharani Until 4:26AM Sat Sukarma Until 5:27PM Bava Until 1:16PM Ekadashi* Until 1:15AM Sat	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 5:03AM Sunset: 8:10PM	Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work Siddha Yoga							
Until 4:26AM Sat							
Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Porto, Portugal Sun 11 Sutra 76 Vikarin 5121
Mesha Rasi: 27.31	Tithi 27	322793461	Gulika 5:03AM – 6:57AM Yama 2:30PM – 4:23PM Rahu 8:50AM – 10:43AM	Krittika Until 4:22AM Sun Dhriti Until 4:14PM Kaulava Until 1:06PM Dvadashi* Until 12:43AM Sun	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 5:03AM Sunset: 8:10PM	Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work Amrita Yoga							
Until 4:22AM Sun							
Then Creative Work - Siddha Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			Porto, Portugal Sun 12 Sutra 77 Vikarin 5121
Vrishabha Rasi: 10.49	Tithi 28	332793461	Gulika 4:23PM – 6:17PM Yama 12:37PM – 2:30PM Rahu 6:17PM – 8:10PM	Rohini Until 3:56AM Mon Shula* Until 2:25PM Gara Until 12:12PM Trayodashi* Until 11:29PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:04AM Sunset: 8:10PM	Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work Siddha Yoga							
Until 3:56AM Mon							
Then Creative Work - Amrita Yoga							
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Porto, Portugal Sun 13 Sutra 78 Vikarin 5121
Vrishabha Rasi: 24.31	Tithi 29	332793461	Gulika 2:30PM – 4:23PM Yama 10:44AM – 12:37PM Rahu 6:58AM – 8:51AM	Mrigashira Until 2:46AM Tue Ganda* Until 12:06PM Visti* Until 10:39AM Chaturdashi* Until 9:39PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:04AM Sunset: 8:10PM	Moon 6 - Phase 11 2nd Phase Devaloka Day
Family Home Evening							
Creative Work Amrita Yoga							
Until 2:46AM Tue							
Then Routine Work - Marana Yoga							
		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Porto, Portugal Sun 14 Sutra 79 Vikarin 5121
Mithuna Rasi: 8.34	Tithi 30	332793461	Gulika 12:37PM – 2:30PM Yama 8:51AM – 10:44AM Rahu 4:24PM – 6:17PM	Ardra Until 12:59AM Wed Vridhhi Until 9:20AM Catuspada Until 8:33AM Amavasya* Until 7:18PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:05AM Sunset: 8:10PM	Moon 6 - Phase 11 Amavasya Devaloka Day
Retreat Star							
Routine Work Marana Yoga							
Until 12:59AM Wed							
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvilitiyam Titau			Porto, Portugal Sun 15 Sutra 80 Vikarin 5121
Mithuna Rasi: 22.56	Tithi 1 – 2	343793461	Gulika 10:44AM – 12:37PM Yama 6:58AM – 8:51AM Rahu 12:37PM – 2:31PM	Punarvasu Until 11:08PM Dhruva Until 6:12AM Kintughna Until 6:00AM Prathama* Until 4:36PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 5:05AM Sunset: 8:10PM	Moon 6 - Phase 11 Prathama Sivaloka Day
Creative Work Siddha Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Porto, Portugal Sun 16 Sutra 81
Kataka Rasi: 7.3	Tithi 2 – 3	Gulika 8:52AM – 10:45AM	Pushya Until 8:58PM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM		Vikarin 5121	
		Yama 5:06AM – 6:59AM	Harshana Until 11:19PM	Muruqa: Blue	<i>Sunset:</i> 8:09PM		Moon 6 - Phase 12	
		343793461 Rahu 2:31PM – 4:24PM	Taitila Until 12:10AM Fri	Nataraja: Yellow			3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 1:39PM	Moon – Blue		Sivaloka Day		
Until 8:58PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Porto, Portugal Sun 17 Sutra 82
Kataka Rasi: 22.11	Tithi 3 – 4	Gulika 6:59AM – 8:52AM	Ashlesha* Until 6:37PM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM		Vikarin 5121	
		Yama 4:23PM – 6:16PM	Vajra* Until 7:45PM	Muruqa: Blue	<i>Sunset:</i> 8:09PM		Moon 6 - Phase 12	
		343793461 Rahu 10:45AM – 12:38PM	Vanija Until 9:08PM	Nataraja: Yellow			3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 10:37AM	Moon – Blue		Sivaloka Day		
				Ashada*Ani				

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal Sun 18 Sutra 83
Simha Rasi: 6.52	Tithi 4 – 5	Gulika 5:07AM – 7:00AM	Magha* Until 4:37PM	Ganesha: White	<i>Sunrise:</i> 5:07AM		Vikarin 5121	
		Yama 2:31PM – 4:23PM	Siddhi Until 4:17PM	Muruqa: Blue	<i>Sunset:</i> 8:09PM		Moon 6 - Phase 12	
		353793461 Rahu 8:53AM – 10:45AM	Bava Until 6:11PM	Nataraja: Yellow			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 7:37AM	Moon – Red		Subha Sivaloka Day		
Until 4:37PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Porto, Portugal Sun 19 Sutra 84
Simha Rasi: 21.26	Tithi 6	Gulika 4:23PM – 6:16PM	Purvaphalguni Until 2:40PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM		Vikarin 5121	
		Yama 12:38PM – 2:31PM	Vyatipata* Until 12:59PM	Muruqa: Blue	<i>Sunset:</i> 8:09PM		Moon 6 - Phase 12	
		453793461 Rahu 6:16PM – 8:09PM	Kaulava Until 3:27PM	Nataraja: Yellow			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 2:10AM Mon	Moon – Red		Sivaloka Day		
Until 2:40PM				Ashada*Ani				
Then Creative Work - Amrita Yoga								

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Porto, Portugal Sun 20 Sutra 85
Kanya Rasi: 5.49	Tithi 7	Gulika 2:31PM – 4:23PM	Uttaraphalguni Until 12:52PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM		Vikarin 5121	
Family Home Evening		Yama 10:46AM – 12:38PM	Varyan Until 9:53AM	Muruqa: Blue	<i>Sunset:</i> 8:08PM		Moon 6 - Phase 12	
		453793461 Rahu 7:01AM – 8:53AM	Gara Until 1:00PM	Nataraja: Yellow			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 11:53PM	Moon – Red		Sivaloka Day		
		Chidambaram Abhishekam		Ashada*Ani				

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Porto, Portugal Sun 21 Sutra 86
Kanya Rasi: 19.59	Tithi 8	Gulika 12:38PM – 2:31PM	Hasta Until 11:43AM	Ganesha: White	<i>Sunrise:</i> 5:09AM		Vikarin 5121	
		Yama 8:54AM – 10:46AM	Parigha* Until 7:06AM	Muruqa: Blue	<i>Sunset:</i> 8:08PM		Moon 6 - Phase 12	
		463793461 Rahu 4:23PM – 6:15PM	Visti Until 10:54AM	Nataraja: Yellow			Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 10:00PM	Moon – Green		Subha Sivaloka Day		
				Ashada*Ani				

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal Sun 22 Sutra 87
Tula Rasi: 3.53	Tithi 9	Gulika 10:46AM – 12:39PM	Chitra Until 10:50AM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM		Vikarin 5121	
		Yama 7:02AM – 8:54AM	Siddha Until 2:32AM Thu	Muruqa: Blue	<i>Sunset:</i> 8:07PM		Moon 6 - Phase 12	
		463893461 Rahu 12:39PM – 2:31PM	Balava Until 9:14AM	Nataraja: Yellow			Navami	
Creative Work	Siddha Yoga		Navami* Until 8:32PM	Moon – Green		Sivaloka Day		
				Ashada*Ani				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Porto, Portugal Sun 23 Sutra 88
Tula Rasi: 17.31	Tithi 10	Gulika 8:55AM – 10:47AM	Svati Until 10:15AM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM		Vikarin 5121	
		Yama 5:10AM – 7:03AM	Sadhya Until 12:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 8:07PM		Moon 6 - Phase 13	
		463893461 Rahu 2:31PM – 4:23PM	Taitila Until 8:00AM	Nataraja: Yellow			4th Phase	
Creative Work	Amrita Yoga		Dashami Until 7:32PM	Moon – Green			Sivaloka Day	
Until 10:15AM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Porto, Portugal Sun 24 Sutra 89
Vrischika Rasi: 0.53	Tithi 11	Gulika 7:03AM – 8:55AM	Vishakha Until 10:25AM	Ganesha: White	<i>Sunrise:</i> 5:11AM		Vikarin 5121	
		Yama 4:23PM – 6:15PM	Subha Until 11:28PM	Muruqa: Blue	<i>Sunset:</i> 8:06PM		Moon 6 - Phase 13	
		473893461 Rahu 10:47AM – 12:39PM	Vanija Until 7:13AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:00PM	Moon – Orange			Devaloka Day	
				Ashada*Ani				

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 90
Vrischika Rasi: 14	Tithi 12	Gulika 5:12AM – 7:04AM	Anuradha Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 5:12AM		Vikarin 5121	
		Yama 2:31PM – 4:22PM	Sukla Until 10:29PM	Muruqa: Blue	<i>Sunset:</i> 8:06PM		Moon 6 - Phase 13	
		473893461 Rahu 8:55AM – 10:47AM	Bava Until 6:56AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:56PM	Moon – Orange			Devaloka Day	
				Ashada*Ani				

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 91
Vrischika Rasi: 26.52	Tithi 13	Gulika 4:22PM – 6:14PM	Jyeshtha* Until 11:43AM	Ganesha: White	<i>Sunrise:</i> 5:13AM		Vikarin 5121	
		Yama 12:39PM – 2:31PM	Brahma Until 9:53PM	Muruqa: Blue	<i>Sunset:</i> 8:05PM		Moon 6 - Phase 13	
		473893461 Rahu 6:14PM – 8:05PM	Kaulava Until 7:07AM	Nataraja: Yellow			4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 7:22PM	Moon – Orange			Devaloka Day	
Until 11:43AM				Ashada*Ani				
Then Creative Work - Amrita Yoga								

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 92
Dhanus Rasi: 9.31	Tithi 14	Gulika 2:31PM – 4:22PM	Mula* Until 1:18PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM		Vikarin 5121	
Family Home Evening		Yama 10:48AM – 12:39PM	Indra Until 9:41PM	Muruqa: Blue	<i>Sunset:</i> 8:05PM		Moon 6 - Phase 13	
		483893461 Rahu 7:05AM – 8:56AM	Gara Until 7:47AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:16PM	Moon – Light Blue			Sivaloka Day	
Until 1:18PM				Ashada*Ani				
Then Routine Work - Marana Yoga								

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal Sun 28 Sutra 93
Copper Retreat Star		Gulika 12:39PM – 2:31PM	Purvashadha* Until 3:10PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM		Vikarin 5121	
Dhanus Rasi: 21.57	Tithi 15	Yama 8:57AM – 10:48AM	Vaidhriti* Until 9:48PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM		Moon 6 - Phase 13	
		483893461 Rahu 4:22PM – 6:13PM	Visti Until 8:54AM	Nataraja: Yellow			Purnima	
Creative Work	Siddha Yoga		Purnima* Until 9:37PM	Moon – Light Blue			Sivaloka Day	
Until 3:10PM				Ashada*Adi				
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima						

Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal Sun 29 Sutra 94		
Silver Retreat Star		Gulika 10:48AM – 12:39PM	Uttarashadha Until 5:18PM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM		Vikarin 5121	
Makara Rasi: 4.12	Tithi 16	Yama 7:06AM – 8:57AM	Vishkambha* Until 10:14PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM		Moon 6 - Phase 13	
		484893462 Rahu 12:39PM – 2:30PM	Balava Until 10:28AM	Nataraja: White			Prathama	
Creative Work	Amrita Yoga		Prathama* Until 11:23PM	Moon – Light Blue			Subha Subha Sivaloka Day	
Until 5:18PM				Ashada*Adi				
Then Creative Work - Siddha Yoga								



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 16.17 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:58AM – 10:49AM
Yama 5:16AM – 7:07AM
Rahu 2:30PM – 4:21PM
Shravana Until 8:05PM
Priti Until 10:57PM
Taitila Until 12:24PM
Dvitiya Until 1:28AM Fri

Porto, Portugal Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:16AM
Muruga: Blue Sunset: 8:03PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Makara Rasi: 28.15 Tithi 18
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 7:07AM – 8:58AM
Yama 4:21PM – 6:12PM
Rahu 10:49AM – 12:39PM
Dhanishtha Until 10:57PM
Ayushman Until 11:49PM
Vanija Until 2:37PM
Tritiya Until 3:47AM Sat

Porto, Portugal Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:17AM
Muruga: Blue Sunset: 8:02PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 10.08 Tithi 19
Creative Work Amrita Yoga
Until 1:45AM Sun
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau
Gulika 5:18AM – 7:08AM
Yama 2:30PM – 4:21PM
Rahu 8:59AM – 10:49AM
Shatabhishak Until 1:45AM Sun
Saubhagya Until 12:48AM Sun
Bava Until 5:00PM
Chaturthi* Until 6:12AM Sun

Porto, Portugal Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:18AM
Muruga: Blue Sunset: 8:01PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 22 Tithi 19 – 20
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 4:20PM – 6:10PM
Yama 12:40PM – 2:30PM
Rahu 6:10PM – 8:01PM
Purvaproshtapada* Until 4:53AM Mon
Sobhana Until 1:46AM Mon
Kaulava Until 7:25PM
Chaturthi* Until 6:12AM

Porto, Portugal Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:18AM
Muruga: Blue Sunset: 8:01PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 3.52 Tithi 20 – 21
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 2:30PM – 4:20PM
Yama 10:50AM – 12:40PM
Rahu 7:09AM – 9:00AM
Uttaraproshtapada Until 7:40AM Tue
Athiganda* Until 2:35AM Tue
Gara Until 9:42PM
Panchami Until 8:34AM

Porto, Portugal Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:19AM
Muruga: Blue Sunset: 8:00PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 15.49 Tithi 21 – 22
Creative Work Amrita Yoga
Until 7:40AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 12:40PM – 2:30PM
Yama 9:00AM – 10:50AM
Rahu 4:19PM – 6:09PM
Uttaraproshtapada Until 7:40AM
Sukarma Until 3:11AM Wed
Visti Until 11:42PM
Shashthi* Until 10:44AM

Porto, Portugal Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:20AM
Muruga: Blue Sunset: 7:59PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Meena Rasi: 27.54 Tithi 22 – 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:50AM – 12:40PM
Yama 7:11AM – 9:00AM
Rahu 12:40PM – 2:29PM
Revati Until 9:57AM
Dhriti Until 3:26AM Thu
Balava Until 1:16AM Thu
Saptami Until 12:32PM

Porto, Portugal Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: Clear Sunrise: 5:21AM
Muruga: Blue Sunset: 7:58PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019
Retreat Star

Mesha Rasi: 10.1 Tithi 23 – 24
Creative Work Amrita Yoga
Until 12:04PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 9:01AM – 10:50AM
Yama 5:22AM – 7:11AM
Rahu 2:29PM – 4:19PM
Ashvini Until 12:04PM
Shula* Until 3:10AM Fri
Taitila Until 2:13AM Fri
Ashtami* Until 1:48PM

Porto, Portugal Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 5:22AM
Muruga: Blue Sunset: 7:57PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Porto, Portugal Sun 9 Sutra 103 Vikarin 5121
Mesha Rasi: 22.43	Tithi 24 – 25	Gulika 7:12AM – 9:01AM	Bharani Until 1:23PM	Ganesha: White	<i>Sunrise:</i> 5:23AM	
		Yama 4:18PM – 6:07PM	Ganda* Until 2:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:56PM	Moon 7 - Phase 15
424893462	Rahu 10:51AM – 12:40PM		Vanija Until 2:27AM Sat	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 2:25PM	Moon – White		Subha Subha Sivaloka Day
				Ashada-Adi		

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 10 Sutra 104 Vikarin 5121
Wrishabha Rasi: 5.37	Tithi 25 – 26	Gulika 5:24AM – 7:13AM	Krittika Until 1:49PM	Ganesha: White	<i>Sunrise:</i> 5:24AM	
		Yama 2:29PM – 4:18PM	Vriddhi Until 12:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:56PM	Moon 7 - Phase 15
424893462	Rahu 9:02AM – 10:51AM		Bava Until 1:55AM Sun	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:16PM	Moon – White		Subha Subha Sivaloka Day
				Ashada-Adi		

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 11 Sutra 105 Vikarin 5121
Wrishabha Rasi: 18.55	Tithi 26 – 27	Gulika 4:17PM – 6:06PM	Rohini Until 1:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	
		Yama 12:40PM – 2:28PM	Dhruva Until 10:53PM	Muruqa: Blue	<i>Sunset:</i> 7:54PM	Moon 7 - Phase 15
424893462	Rahu 6:06PM – 7:54PM		Kaulava Until 12:36AM Mon	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:20PM	Moon – Yellow		Subha Sivaloka Day
				Ashada-Adi		

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 12 Sutra 106 Vikarin 5121
Mithuna Rasi: 2.39	Tithi 27 – 28	Gulika 2:28PM – 4:17PM	Mrigashira Until 12:51PM	Ganesha: White	<i>Sunrise:</i> 5:26AM	
		Yama 10:51AM – 12:40PM	Vyaghata* Until 8:14PM	Muruqa: Blue	<i>Sunset:</i> 7:53PM	Moon 7 - Phase 15
435893462	Rahu 7:14AM – 9:03AM		Gara Until 10:35PM	Nataraja: White		2nd Phase
Family Home Evening	Amrita Yoga		Dvadashi* Until 11:39AM	Moon – Yellow		Sivaloka Day
Until 12:51PM				Ashada-Adi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 13 Sutra 107 Vikarin 5121
Mithuna Rasi: 16.5	Tithi 28 – 29	Gulika 12:40PM – 2:28PM	Ardra Until 11:07AM	Ganesha: White	<i>Sunrise:</i> 5:27AM	
		Yama 9:03AM – 10:51AM	Harshana Until 5:07PM	Muruqa: Blue	<i>Sunset:</i> 7:52PM	Moon 7 - Phase 15
435893462	Rahu 4:16PM – 6:04PM		Visti Until 7:57PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 9:19AM	Moon – Yellow		Sivaloka Day
Until 11:07AM				Ashada-Adi		
Then Creative Work - Siddha Yoga						

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 14 Sutra 108 Vikarin 5121
Retreat Star		Gulika 10:52AM – 12:40PM	Punarvasu Until 9:09AM	Ganesha: Green	<i>Sunrise:</i> 5:28AM	
Kataka Rasi: 1.23	Tithi 29 – 30	Yama 7:16AM – 9:04AM	Vajra* Until 1:33PM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 7 - Phase 15
445893462	Rahu 12:40PM – 2:28PM		Naga Until 3:11AM Thu	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 6:27AM	Moon – Blue		Sivaloka Day
				Ashada-Adi		

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Porto, Portugal Sun 15 Sutra 109 Vikarin 5121
Kataka Rasi: 16.14	Tithi 1	Gulika 9:04AM – 10:52AM	Pushya Until 6:40AM	Ganesha: Green	<i>Sunrise:</i> 5:29AM	
		Yama 5:29AM – 7:16AM	Siddhi Until 9:43AM	Muruqa: Blue	<i>Sunset:</i> 7:50PM	Moon 7 - Phase 15
445893462	Rahu 2:27PM – 4:15PM		Kintughna Until 1:28PM	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 11:41PM	Moon – Blue		Sivaloka Day
Until 6:40AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Simha Rasi: 1.16		Tithi 2		Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvillyayam Titau		Sun 16 Sutra 110	
455893462		Gulika 7:17AM – 9:05AM	Magha* Until 1:13AM Sat	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
Routine Work Marana Yoga		Yama 4:14PM – 6:02PM	Variyan Until 1:43AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 16	
Until 1:13AM Sat		Rahu 10:52AM – 12:39PM	Balava Until 9:55AM	Nataraja: White	3rd Phase		
Then Creative Work - Siddha Yoga		Dvitiya Until 8:07PM		Moon – Red	Sivaloka Day		
				Sravana*Adi			

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Simha Rasi: 16.19		Tithi 3 – 4		Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17 Sutra 111	
455893462		Gulika 5:31AM – 7:18AM	Purvaphalguni Until 10:36PM	Ganesha: White	<i>Sunrise:</i> 5:31AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 2:27PM – 4:14PM	Parigha* Until 9:49PM	Muruqa: Blue	<i>Sunset:</i> 7:48PM	Moon 7 - Phase 16	
Until 10:36PM		Rahu 9:05AM – 10:52AM	Taitila Until 6:22AM	Nataraja: White	3rd Phase		
Then Routine Work - Marana Yoga		Tritiya Until 4:37PM		Moon – Red	Sivaloka Day		
				Sravana*Adi			

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Kanya Rasi: 1.14		Tithi 4 – 5		Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 112	
455993462		Gulika 4:13PM – 6:00PM	Uttaraphalguni Until 8:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM	Vikarin 5121	
Creative Work Amrita Yoga		Yama 12:39PM – 2:26PM	Shiva Until 6:08PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	Moon 7 - Phase 16	
Until 6:17PM		Rahu 6:00PM – 7:47PM	Bava Until 11:51PM	Nataraja: White	3rd Phase		
Then Routine Work - Prabalarishta Yoga		Chaturthi* Until 1:20PM		Moon – Red	Subha Sivaloka Day		
		Nag Panchami		Sravana*Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Kanya Rasi: 15.56		Tithi 5 – 6		Hasta Nakshatra Siddha/Sadhyha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 113	
465993462		Gulika 2:26PM – 4:12PM	Hasta Until 6:17PM	Ganesha: White	<i>Sunrise:</i> 5:33AM	Vikarin 5121	
Family Home Evening		Yama 10:53AM – 12:39PM	Siddha Until 2:45PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Moon 7 - Phase 16	
Creative Work Siddha Yoga		Rahu 7:19AM – 9:06AM	Kaulava Until 9:10PM	Nataraja: White	3rd Phase		
Until 6:17PM		Panchami Until 10:26AM		Moon – Green	Subha Subha Sivaloka Day		
Then Routine Work - Prabalarishta Yoga				Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
Tula Rasi: 0.17		Tithi 6 – 7		Chitra/Svati Nakshatra Sadhyha/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 114	
465993462		Gulika 12:39PM – 2:25PM	Chitra Until 4:52PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 9:06AM – 10:53AM	Sadhyha Until 11:48AM	Muruqa: Blue	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 16	
Until 6:17PM		Rahu 4:12PM – 5:58PM	Gara Until 7:02PM	Nataraja: White	3rd Phase		
Then Routine Work - Prabalarishta Yoga		Shashthi* Until 8:00AM		Moon – Green	Subha Subha Sivaloka Day		
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Tula Rasi: 14.15		Tithi 7 – 8		Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 115	
465993462		Gulika 10:53AM – 12:39PM	Svati Until 3:54PM	Ganesha: White	<i>Sunrise:</i> 5:35AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 7:21AM – 9:07AM	Subha Until 9:21AM	Muruqa: Blue	<i>Sunset:</i> 7:43PM	Moon 7 - Phase 16	
Until 6:17PM		Rahu 12:39PM – 2:25PM	Bava Until 4:59AM Thu	Nataraja: White	Ashtami		
Then Routine Work - Prabalarishta Yoga		Saptami Until 6:10AM		Moon – Green	Subha Subha Sivaloka Day		
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Tula Rasi: 27.5		Tithi 9		Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 116	
476993462		Gulika 9:07AM – 10:53AM	Vishakha Until 3:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 5:36AM – 7:21AM	Sukla Until 7:25AM	Muruqa: Blue	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 16	
Until 6:17PM		Rahu 2:25PM – 4:10PM	Balava Until 4:39PM	Nataraja: White	Navami		
Then Routine Work - Prabalarishta Yoga		Navami* Until 4:28AM Fri		Moon – Orange	Sivaloka Day		
				Sravana*Adi			

1		Friday, August 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dashamyam Titau	Porto, Portugal Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 11.02	Tithi 10	Gulika 7:22AM – 9:08AM	Anuradha Until 4:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:37AM		
		Yama 4:10PM – 5:55PM	Brahma Until 6:02AM	Muruqa: Blue	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 17	
		476993462 Rahu 10:53AM – 12:39PM	Taitila Until 4:28PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day	
Until 4:24PM		Varalakshmi Vratam	Dashami Until 4:36AM Sat	Sravana*Adi			
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Porto, Portugal Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 23.55	Tithi 11	Gulika 5:38AM – 7:23AM	Jyeshtha* Until 5:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:38AM		
		Yama 2:24PM – 4:09PM	Vaidhriti* Until 4:45AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 17	
		476993462 Rahu 9:08AM – 10:53AM	Vanija Until 4:55PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day	
			Ekadashi Until 5:20AM Sun	Sravana*Adi			

3		Sunday, August 11, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau	Porto, Portugal Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 6.3	Tithi 12	Gulika 4:08PM – 5:53PM	Mula* Until 7:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM		
		Yama 12:38PM – 2:23PM	Vishkambha* Until 4:46AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:38PM	Moon 7 - Phase 17	
		486993462 Rahu 5:53PM – 7:38PM	Bava Until 5:56PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga			Moon – Light Blue		Subha Sivaloka Day	
Until 7:12PM			Dvadashi Until 6:36AM Mon	Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Porto, Portugal Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 18.52	Tithi 12 – 13	Gulika 2:23PM – 4:08PM	Purvashadha* Until 9:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM		
Family Home Evening		Yama 10:54AM – 12:38PM	Priti Until 5:07AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 17	
Routine Work	Marana Yoga	486993462 Rahu 7:24AM – 9:09AM	Kaulava Until 7:25PM	Nataraja: White		4th Phase	
				Moon – Light Blue		Subha Sivaloka Day	
			Dvadashi Until 6:36AM	Sravana*Adi			

Pradosha Vrata

5		Tuesday, August 13, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Porto, Portugal Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 1.02	Tithi 13 – 14	Gulika 12:38PM – 2:22PM	Uttarashadha Until 11:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:41AM		
		Yama 9:09AM – 10:54AM	Ayushman Until 5:42AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 17	
		486993462 Rahu 4:07PM – 5:51PM	Gara Until 9:16PM	Nataraja: White		4th Phase	
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Subha Sivaloka Day	
Until 11:38PM			Trayodashi Until 8:17AM	Sravana*Adi			
Then Creative Work - Siddha Yoga							

○		Wednesday, August 14, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Porto, Portugal Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:54AM – 12:38PM	Shravana Until 2:33AM Thu	Ganesha: White	<i>Sunrise:</i> 5:42AM		
Makara Rasi: 13.05	Tithi 14 – 15	Yama 7:26AM – 9:10AM	Saubhagya Until 6:29AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 17	
		496993462 Rahu 12:38PM – 2:22PM	Visti Until 11:25PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day	
		Raksha Bandhan	Chaturdashi* Until 10:18AM	Sravana*Adi			

○		Thursday, August 15, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Porto, Portugal Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 9:10AM – 10:54AM	Dhanishtha Until 5:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM		
Makara Rasi: 25.02	Tithi 15 – 16	Yama 5:43AM – 7:26AM	Saubhagya Until 6:29AM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 17	
		497993462 Rahu 2:21PM – 4:05PM	Balava Until 1:44AM Fri	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Moon – Purple		Subha Sivaloka Day	
			Purnima* Until 12:32PM	Sravana*Adi			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal
Sutra 124

Kumbha Rasi: 6.55 Tilthi 16 – 17

497993462 **Gulika** 7:27AM – 9:10AM
Yama 4:04PM – 5:48PM
Rahu 10:54AM – 12:37PM

Shatabhishak Until 8:16AM Sat
Sobhana Until 7:24AM
Taitila Until 4:10AM Sat
Prathama* Until 2:55PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Adi

Sunrise: 5:44AM
Sunset: 7:31PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga
Until 8:16AM Sat
Then Routine Work - Marana Yoga

Subha Sivaloka Day

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal
Sun 1 Sutra 125

Kumbha Rasi: 18.47 Tilthi 17 – 18

497993462 **Gulika** 5:45AM – 7:28AM
Yama 2:20PM – 4:04PM
Rahu 9:11AM – 10:54AM

Shatabhishak Until 8:16AM
Athiganda* Until 8:21AM
Vanija Until 6:35AM Sun
Dvitiya Until 5:21PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Avani

Sunrise: 5:45AM
Sunset: 7:30PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Creative Work Amrita Yoga
Until 8:16AM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

Porto, Portugal
Sun 2 Sutra 126

Meena Rasi: 0.38 Tilthi 18

517993462 **Gulika** 4:03PM – 5:46PM
Yama 12:37PM – 2:20PM
Rahu 5:46PM – 7:29PM

Purvaproshtapada* Until 11:25AM
Sukarma Until 9:18AM
Vanija Until 6:35AM
Tritiya Until 7:45PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:46AM
Sunset: 7:29PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga
Until 11:25AM
Then Creative Work - Amrita Yoga

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Porto, Portugal
Sun 3 Sutra 127

Meena Rasi: 12.32 Tilthi 19

Family Home Evening

517993462 **Gulika** 2:19PM – 4:02PM
Yama 10:54AM – 12:37PM
Rahu 7:29AM – 9:12AM

Uttaraproshtapada Until 2:16PM
Dhriti Until 10:12AM
Bava Until 8:55AM
Chaturthi* Until 10:00PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:47AM
Sunset: 7:27PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal
Sun 4 Sutra 128

Meena Rasi: 24.31 Tilthi 20

517993462 **Gulika** 12:37PM – 2:19PM
Yama 9:12AM – 10:54AM
Rahu 4:01PM – 5:43PM

Revati Until 4:46PM
Shula* Until 10:54AM
Kaulava Until 11:03AM
Panchami Until 11:59PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:48AM
Sunset: 7:26PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal
Sun 5 Sutra 129

Mesha Rasi: 6.35 Tilthi 21

527993462 **Gulika** 10:54AM – 12:36PM
Yama 7:30AM – 9:12AM
Rahu 12:36PM – 2:18PM

Ashvini Until 7:14PM
Ganda* Until 11:22AM
Gara Until 12:52PM
Shashthi* Until 1:35AM Thu

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:49AM
Sunset: 7:24PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Routine Work Marana Yoga
Until 7:14PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Porto, Portugal
Sun 6 Sutra 130

Mesha Rasi: 18.5 Tilthi 22

528993462 **Gulika** 9:13AM – 10:54AM
Yama 5:50AM – 7:31AM
Rahu 2:18PM – 3:59PM

Bharani Until 9:04PM
Vridhhi Until 11:30AM
Visti Until 2:13PM
Saptami Until 2:39AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:50AM
Sunset: 7:23PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga
Until 9:04PM
Then Routine Work - Marana Yoga

Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal
Sun 7 Sutra 131

Vrishabha Rasi: 1.2 Tilthi 23

528993462 **Gulika** 7:32AM – 9:13AM
Yama 3:58PM – 5:40PM
Rahu 10:54AM – 12:36PM

Krittika Until 10:07PM
Dhruva Until 11:09AM
Balava Until 2:58PM
Ashtami* Until 3:03AM Sat

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:51AM
Sunset: 7:21PM

Vikarin 5121
Moon 8 - Phase 18
Ashtami

Creative Work Siddha Yoga
Until 10:07PM
Then Routine Work - Marana Yoga

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal
Sun 8 Sutra 132

Vrishabha Rasi: 14.09 Tilthi 24

538993462 **Gulika** 5:52AM – 7:33AM
Yama 2:17PM – 3:58PM
Rahu 9:14AM – 10:55AM

Rohini Until 10:45PM
Vyaghata* Until 10:16AM
Taitila Until 3:00PM
Navami* Until 2:42AM Sun

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – Yellow
Sravana-Avani

Sunrise: 5:52AM
Sunset: 7:20PM

Vikarin 5121
Moon 8 - Phase 18
Navami

Creative Work Amrita Yoga
Until 10:45PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Vrishabha Rasi: 27.21		Tithi 25		Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visiti* Karana Dashamyam Titau		Sun 9 Sutra 133	
538993462		Gulika 3:57PM – 5:37PM	Mrigashira Until 10:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 12:35PM – 2:16PM	Harshana Until 8:46AM	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 8 - Phase 19	
		Rahu 5:37PM – 7:18PM	Vanija Until 2:14PM	Nataraja: White		2nd Phase	
			Dashami Until 1:33AM Mon	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Mithuna Rasi: 10.59		Tithi 26		Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 134	
538993462		Gulika 2:15PM – 3:56PM	Ardra Until 9:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
Family Home Evening		Yama 10:55AM – 12:35PM	Vajra* Until 6:37AM	Muruqa: Blue	<i>Sunset:</i> 7:16PM	Moon 8 - Phase 19	
Creative Work Siddha Yoga		Rahu 7:34AM – 9:14AM	Bava Until 12:42PM	Nataraja: White		2nd Phase	
Until 9:15PM			Ekadashi* Until 11:38PM	Moon – Yellow		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana-Avani			

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
Mithuna Rasi: 25.06		Tithi 27		Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 135	
548993462		Gulika 12:35PM – 2:15PM	Punarvasu Until 7:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 9:15AM – 10:55AM	Vyatipata* Until 12:36AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:15PM	Moon 8 - Phase 19	
		Rahu 3:55PM – 5:35PM	Kaulava Until 10:26AM	Nataraja: White		2nd Phase	
			Dvadashi* Until 9:03PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Kataka Rasi: 9.39		Tithi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Gara/Visiti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 136	
549993463		Gulika 10:55AM – 12:34PM	Pushya Until 5:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 7:35AM – 9:15AM	Variyan Until 8:51PM	Muruqa: Blue	<i>Sunset:</i> 7:13PM	Moon 8 - Phase 19	
		Rahu 12:34PM – 2:14PM	Gara Until 7:34AM	Nataraja: Clear		2nd Phase	
			Trayodashi* Until 5:55PM	Moon – Blue		Devaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

●		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Kataka Rasi: 24.34		Tithi 29 – 30		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 137	
549193463		Gulika 9:15AM – 10:55AM	Ashlesha* Until 2:29PM	Ganesha: Orange	<i>Sunrise:</i> 5:57AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 5:57AM – 7:36AM	Parigha* Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 7:12PM	Moon 8 - Phase 19	
Until 2:29PM		Rahu 2:13PM – 3:53PM	Catuspada Until 12:31AM Fri	Nataraja: Clear		Amavasya	
Then Creative Work - Amrita Yoga			Chaturdashi* Until 2:23PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

Friday, August 30, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Simha Rasi: 9.44		Tithi 30 – 1		Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 138	
559193463		Gulika 7:37AM – 9:16AM	Magha* Until 11:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Vikarin 5121	
Routine Work Marana Yoga		Yama 3:52PM – 5:31PM	Shiva Until 12:36PM	Muruqa: Blue	<i>Sunset:</i> 7:10PM	Moon 8 - Phase 19	
Until 11:39AM		Rahu 10:55AM – 12:34PM	Kintughna Until 8:41PM	Nataraja: Clear		Prathama	
Then Creative Work - Siddha Yoga			Amavasya* Until 10:36AM	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Saturday, August 31, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Porto, Portugal Sun 15 Sutra 139
Simha Rasi: 24.59	Tithi 1 – 2	Gulika 5:59AM – 7:37AM	Purvaphalguni Until 8:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	Vikarin 5121	
		Yama 2:12PM – 3:51PM	Siddha Until 8:18AM	Muruqa: Blue	<i>Sunset:</i> 7:08PM	Moon 8 - Phase 20	
		559193463 Rahu 9:16AM – 10:55AM	Kaulava Until 3:00AM Sun	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 6:45AM	Moon – Red		Sivaloka Day	
Until 8:37AM						Bhadrapada-Avani	
Then Routine Work - Marana Yoga							

2		Sunday, September 1, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau	Porto, Portugal Sun 16 Sutra 140
Kanya Rasi: 10.1	Tithi 3	Gulika 3:50PM – 5:28PM	Hasta Until 3:06AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:00AM	Vikarin 5121	
		Yama 12:33PM – 2:12PM	Subha Until 12:11AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 20	
		569193463 Rahu 5:28PM – 7:07PM	Taitila Until 1:14PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 11:31PM	Moon – Green		Sivaloka Day	
Until 3:06AM Mon						Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga							

3		Monday, September 2, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau	Porto, Portugal Sun 17 Sutra 141
Kanya Rasi: 25.07	Tithi 4	Gulika 2:11PM – 3:49PM	Chitra Until 12:56AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:01AM	Vikarin 5121	
Family Home Evening		Yama 10:55AM – 12:33PM	Sukla Until 8:35PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 8 - Phase 20	
		569193463 Rahu 7:39AM – 9:17AM	Vanija Until 9:57AM	Nataraja: Clear		3rd Phase	
Routine Work	Prabalarishta Yoga		Chaturthi* Until 8:28PM	Moon – Green		Sivaloka Day	
Until 12:56AM Tue						Bhadrapada-Avani	
Then Creative Work - Siddha Yoga		Ganesha Chaturthi					

4		Tuesday, September 3, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau	Porto, Portugal Sun 18 Sutra 142
Tula Rasi: 9.42	Tithi 5	Gulika 12:33PM – 2:10PM	Svati Until 11:15PM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 9:17AM – 10:55AM	Brahma Until 5:28PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 20	
		569193463 Rahu 3:48PM – 5:26PM	Bava Until 7:10AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:00PM	Moon – Green		Sivaloka Day	
Until 11:15PM						Bhadrapada-Avani	
Then Routine Work - Marana Yoga							

5		Wednesday, September 4, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Porto, Portugal Sun 19 Sutra 143
Tula Rasi: 23.5	Tithi 6 – 7	Gulika 10:55AM – 12:32PM	Vishakha Until 10:35PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 7:40AM – 9:17AM	Indra Until 2:57PM	Muruqa: Blue	<i>Sunset:</i> 7:02PM	Moon 8 - Phase 20	
		579193463 Rahu 12:32PM – 2:10PM	Gara Until 3:41AM Thu	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 4:14PM	Moon – Orange		Subha Sivaloka Day	
Until 10:35PM						Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga							

6		Thursday, September 5, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Porto, Portugal Sun 20 Sutra 144
Vrischika Rasi: 7.29	Tithi 7 – 8	Gulika 9:18AM – 10:55AM	Anuradha Until 10:35PM	Ganesha: Orange	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 6:03AM – 7:41AM	Vaidhriti* Until 1:04PM	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 20	
		571193463 Rahu 2:09PM – 3:46PM	Visti Until 3:08AM Fri	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 3:17PM	Moon – Orange		Sivaloka Day	
Until 10:35PM						Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Friday, September 6, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Porto, Portugal Sun 21 Sutra 145
Vrischika Rasi: 20.41	Tithi 8 – 9	Gulika 7:41AM – 9:18AM	Jyeshtha* Until 11:13PM	Ganesha: Orange	<i>Sunrise:</i> 6:04AM	Vikarin 5121	
		Yama 3:45PM – 5:22PM	Vishkambha* Until 11:50AM	Muruqa: Blue	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 20	
		571193463 Rahu 10:55AM – 12:32PM	Balava Until 3:25AM Sat	Nataraja: Clear		Ashtami	
Routine Work	Marana Yoga		Ashtami* Until 3:10PM	Moon – Orange		Sivaloka Day	
Until 11:13PM						Bhadrapada-Avani	
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, September 7, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Porto, Portugal Sun 22 Sutra 146
Dhanus Rasi: 3.29	Tithi 9 – 10	Gulika 6:05AM – 7:42AM	Mula* Until 12:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:05AM	Vikarin 5121	
		Yama 2:08PM – 3:44PM	Priti Until 11:15AM	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 20	
		581193463 Rahu 9:18AM – 10:55AM	Taitila Until 4:27AM Sun	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Navami* Until 3:49PM	Moon – Light Blue		Devaloka Day	
Until 10:55AM						Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Porto, Portugal Sun 23 Sutra 147
Dhanus Rasi: 15.56	Tithi 10 – 11	Gulika 3:43PM – 5:19PM	Purvashadha* Until 3:05AM Mon	Ganesha: Green <i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 12:31PM – 2:07PM	Ayushman Until 11:11AM	Muruqa: Blue <i>Sunset:</i> 6:55PM	Moon 8 - Phase 21
	581193463	Rahu 5:19PM – 6:55PM	Vanija Until 6:05AM Mon	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	Devaloka Day
Until 3:05AM Mon		Grandparent's Day	Dashami Until 5:10PM	Bhadrapada*Avani	
Then Routine Work - Marana Yoga					

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Porto, Portugal Sun 24 Sutra 148
Dhanus Rasi: 28.08	Tithi 11	Gulika 2:06PM – 3:42PM	Uttarashadha Until 5:30AM Tue	Ganesha: Green <i>Sunrise:</i> 6:07AM	Vikarin 5121
Family Home Evening		Yama 10:55AM – 12:31PM	Saubhagya Until 11:34AM	Muruqa: Blue <i>Sunset:</i> 6:54PM	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	Rahu 7:43AM – 9:19AM	Vanija Until 6:05AM	Nataraja: Clear	4th Phase
Until 5:30AM Tue			Ekadashi Until 7:03PM	Moon – Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada*Avani	

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Porto, Portugal Sun 25 Sutra 149
Makara Rasi: 10.09	Tithi 12	Gulika 12:30PM – 2:06PM	Shravana Until 8:32AM Wed	Ganesha: Red <i>Sunrise:</i> 6:08AM	Vikarin 5121
		Yama 9:19AM – 10:55AM	Sobhana Until 12:16PM	Muruqa: Blue <i>Sunset:</i> 6:52PM	Moon 8 - Phase 21
	591193463	Rahu 3:41PM – 5:16PM	Bava Until 8:09AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:16PM	Moon – Purple	Sivaloka Day
Until 8:32AM Wed				Bhadrapada*Avani	
Then Routine Work - Prabalarishta Yoga					

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Porto, Portugal Sun 26 Sutra 150
Makara Rasi: 22.04	Tithi 13	Gulika 10:55AM – 12:30PM	Shravana Until 8:32AM	Ganesha: Red <i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 7:45AM – 9:20AM	Athiganda* Until 1:07PM	Muruqa: Blue <i>Sunset:</i> 6:50PM	Moon 8 - Phase 21
	591193463	Rahu 12:30PM – 2:05PM	Kaulava Until 10:29AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:41PM	Moon – Purple	Sivaloka Day
Until 8:32AM		Avani Avittam		Bhadrapada*Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Porto, Portugal Sun 27 Sutra 151
Kumbha Rasi: 3.56	Tithi 14	Gulika 9:20AM – 10:55AM	Dhanishtha Until 11:31AM	Ganesha: Red <i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 6:10AM – 7:45AM	Sukarma Until 2:04PM	Muruqa: Blue <i>Sunset:</i> 6:48PM	Moon 8 - Phase 21
	591193463	Rahu 2:04PM – 3:39PM	Gara Until 12:57PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 2:09AM Fri	Moon – Purple	Sivaloka Day
		Chidambaram Abhishekam		Bhadrapada*Avani	

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Porto, Portugal Sutra 152
Copper Retreat Star		Gulika 7:46AM – 9:20AM	Shatabhishak Until 2:20PM	Ganesha: Red <i>Sunrise:</i> 6:11AM	Vikarin 5121
Kumbha Rasi: 15.47	Tithi 15	Yama 3:38PM – 5:12PM	Dhriti Until 3:01PM	Muruqa: Purple <i>Sunset:</i> 6:47PM	Moon 8 - Phase 21
	591113463	Rahu 10:55AM – 12:29PM	Visti Until 3:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 4:36AM Sat	Moon – Purple	Sivaloka Day
				Bhadrapada*Avani	

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau			Porto, Portugal Sutra 153
Silver Retreat Star		Gulika 6:12AM – 7:47AM	Purvaprosarthapada* Until 5:25PM	Ganesha: Red <i>Sunrise:</i> 6:12AM	Vikarin 5121
Kumbha Rasi: 27.4	Tithi 16	Yama 2:03PM – 3:37PM	Shula* Until 3:53PM	Muruqa: Purple <i>Sunset:</i> 6:45PM	Moon 8 - Phase 21
	511113463	Rahu 9:21AM – 10:55AM	Balava Until 5:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Prathama* Until 6:55AM Sun	Moon – Clear	Sivaloka Day
Until 5:25PM				Bhadrapada*Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau		Porto, Portugal Sun 8 Sutra 162 Vikarin 5121
1		Gulika 1:57PM – 3:28PM	Punarvasu Until 4:59AM Tue	Ganesha: Orange <i>Sunrise:</i> 6:21AM
Mithuna Rasi: 19.59	Tithi 24 – 25	Yama 10:55AM – 12:26PM	Variyan Until 12:48PM	Muruqa: Purple <i>Sunset:</i> 6:30PM
Family Home Evening	532213463	Rahu 7:52AM – 9:23AM	Vanija Until 12:16AM Tue	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 1:08PM	Moon – Yellow
Until 4:59AM Tue				Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 9 Sutra 163 Vikarin 5121
2		Gulika 12:25PM – 1:56PM	Pushya Until 3:18AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:22AM
Kataka Rasi: 3.55	Tithi 25 – 26	Yama 9:24AM – 10:55AM	Parigha* Until 10:08AM	Muruqa: Purple <i>Sunset:</i> 6:28PM
	542213463	Rahu 3:27PM – 4:57PM	Bava Until 9:59PM	Nataraja: Clear
Creative Work Siddha Yoga			Dashami Until 11:11AM	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 10 Sutra 164 Vikarin 5121
3		Gulika 10:55AM – 12:25PM	Ashlesha* Until 12:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM
Kataka Rasi: 18.17	Tithi 26 – 27	Yama 7:54AM – 9:24AM	Shiva Until 6:56AM	Muruqa: Purple <i>Sunset:</i> 6:26PM
	542213463	Rahu 12:25PM – 1:55PM	Kaulava Until 7:07PM	Nataraja: Clear
Creative Work Siddha Yoga			Ekadashi* Until 8:36AM	Moon – Blue
Until 12:57AM Thu				Devaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Porto, Portugal Sun 11 Sutra 165 Vikarin 5121
4		Gulika 9:24AM – 10:55AM	Magha* Until 10:26PM	Ganesha: Purple <i>Sunrise:</i> 6:24AM
Simha Rasi: 3.02	Tithi 28	Yama 6:24AM – 7:54AM	Sadhya Until 11:18PM	Muruqa: Purple <i>Sunset:</i> 6:25PM
	552213463	Rahu 1:55PM – 3:25PM	Gara Until 3:47PM	Nataraja: Clear
Creative Work Amrita Yoga			Trayodashi* Until 1:59AM Fri	Moon – Red
Until 10:26PM				Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi
				<i>Pradosha Vrata (Fasting)</i>

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Porto, Portugal Sun 12 Sutra 166 Vikarin 5121
5		Gulika 7:55AM – 9:25AM	Purvaphalguni Until 7:31PM	Ganesha: Purple <i>Sunrise:</i> 6:25AM
Simha Rasi: 18.05	Tithi 29	Yama 3:24PM – 4:53PM	Subha Until 7:07PM	Muruqa: Purple <i>Sunset:</i> 6:23PM
	552213463	Rahu 10:54AM – 12:24PM	Visti Until 12:09PM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 10:15PM	Moon – Red
				Devaloka Day
				Bhadrapada-Puratasi

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Porto, Portugal Sun 13 Sutra 167 Vikarin 5121
Retreat Star		Gulika 6:27AM – 7:56AM	Uttaraphalguni Until 4:24PM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM
Kanya Rasi: 3.18	Tithi 30	Yama 1:53PM – 3:22PM	Sukla Until 2:51PM	Muruqa: Purple <i>Sunset:</i> 6:21PM
	652213463	Rahu 9:25AM – 10:55AM	Catuspada Until 8:22AM	Nataraja: Clear
Routine Work Marana Yoga			Amavasya* Until 6:28PM	Moon – Red
				Devaloka Day
				Bhadrapada-Puratasi
				Mahalaya Amavasyai (Tamil Nadu)

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Porto, Portugal Sun 14 Sutra 168 Vikarin 5121
Retreat Star		Gulika 3:21PM – 4:50PM	Hasta Until 1:39PM	Ganesha: Light Blue <i>Sunrise:</i> 6:28AM
Kanya Rasi: 18.31	Tithi 1 – 2	Yama 12:24PM – 1:52PM	Brahma Until 10:39AM	Muruqa: Purple <i>Sunset:</i> 6:19PM
	663213463	Rahu 4:50PM – 6:19PM	Balava Until 1:04AM Mon	Nataraja: Clear
Creative Work Amrita Yoga			Prathama* Until 2:47PM	Moon – Green
Until 1:39PM				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina-Puratasi
				Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Porto, Portugal Sun 15 Sutra 169 Vikarin 5121
1		Gulika 1:52PM – 3:20PM	Chitra Until 11:02AM	Ganesha: Light Blue <i>Sunrise:</i> 6:29AM
Tula Rasi: 3.32	Tithi 2 – 3	Yama 10:55AM – 12:23PM	Indra Until 6:41AM	Muruqa: Purple <i>Sunset:</i> 6:18PM
Family Home Evening	663213463	Rahu 7:57AM – 9:26AM	Taitila Until 9:54PM	Nataraja: Clear
Routine Work Prabalarishta Yoga			Dvitiya Until 11:24AM	Moon – Green
Until 11:02AM				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Porto, Portugal Sun 16 Sutra 170 Vikarin 5121
2		Gulika 12:23PM – 1:51PM	Svati Until 8:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:30AM
Tula Rasi: 18.14	Tithi 3 – 4	Yama 9:26AM – 10:55AM	Vishkambha* Until 11:54PM	Muruqa: Purple <i>Sunset:</i> 6:16PM
663213463		Rahu 3:19PM – 4:48PM	Vanija Until 7:17PM	Nataraja: Clear
Creative Work Siddha Yoga			Tritiya Until 8:30AM	Moon – Green
Until 8:45AM				Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Porto, Portugal Sun 17 Sutra 171 Vikarin 5121
3		Gulika 10:55AM – 12:23PM	Vishakha Until 7:23AM	Ganesha: Purple <i>Sunrise:</i> 6:31AM
Vrischika Rasi: 2.31	Tithi 4 – 5	Yama 7:59AM – 9:27AM	Priti Until 9:22PM	Muruqa: Purple <i>Sunset:</i> 6:14PM
673213463		Rahu 12:23PM – 1:51PM	Balava Until 4:42AM Thu	Nataraja: Clear
Creative Work Siddha Yoga			Chaturthi* Until 6:13AM	Moon – Orange
				Devaloka Day
				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Porto, Portugal Sun 18 Sutra 172 Vikarin 5121
4		Gulika 9:27AM – 10:55AM	Anuradha Until 6:38AM	Ganesha: Purple <i>Sunrise:</i> 6:32AM
Vrischika Rasi: 16.17	Tithi 6	Yama 6:32AM – 7:59AM	Ayushman Until 7:29PM	Muruqa: Purple <i>Sunset:</i> 6:13PM
673213463		Rahu 1:50PM – 3:17PM	Kaulava Until 4:17PM	Nataraja: Clear
Creative Work Siddha Yoga			Shashthi* Until 4:03AM Fri	Moon – Orange
Until 6:38AM				Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Porto, Portugal Sun 19 Sutra 173 Vikarin 5121
5		Gulika 8:00AM – 9:27AM	Jyeshtha* Until 6:36AM	Ganesha: Purple <i>Sunrise:</i> 6:33AM
Vrischika Rasi: 29.34	Tithi 7	Yama 3:16PM – 4:44PM	Saubhagya Until 6:19PM	Muruqa: Purple <i>Sunset:</i> 6:11PM
673213463		Rahu 10:55AM – 12:22PM	Gara Until 4:06PM	Nataraja: Clear
Routine Work Marana Yoga			Saptami Until 4:19AM Sat	Moon – Orange
Until 6:36AM				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Porto, Portugal Sun 20 Sutra 174 Vikarin 5121
Retreat Star		Gulika 6:34AM – 8:01AM	Mula* Until 7:45AM	Ganesha: Clear <i>Sunrise:</i> 6:34AM
Dhanus Rasi: 12.24	Tithi 8	Yama 1:49PM – 3:16PM	Sobhana Until 5:51PM	Muruqa: Purple <i>Sunset:</i> 6:09PM
683213463		Rahu 9:28AM – 10:55AM	Visti Until 4:47PM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 5:24AM Sun	Moon – Light Blue
		Durga Ashtami		Sivaloka Day
				Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava Karana Navamyam Titau		Porto, Portugal Sun 21 Sutra 175 Vikarin 5121
Retreat Star		Gulika 3:15PM – 4:41PM	Purvashadha* Until 9:32AM	Ganesha: Clear <i>Sunrise:</i> 6:35AM
Dhanus Rasi: 24.51	Tithi 9	Yama 12:21PM – 1:48PM	Athiganda* Until 5:55PM	Muruqa: Purple <i>Sunset:</i> 6:08PM
683213463		Rahu 4:41PM – 6:08PM	Balava Until 6:14PM	Nataraja: Clear
Creative Work Siddha Yoga			Navami* Until 7:11AM Mon	Moon – Light Blue
Until 9:32AM		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:47PM – 3:14PM	Uttarashadha Until 11:46AM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	
Makara Rasi: 7.01	Tithi 9 – 10	Yama 10:55AM – 12:21PM	Sukarma Until 6:28PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 8:02AM – 9:28AM	Taitila Until 8:17PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 7:11AM	Moon – Light Blue		Sivaloka Day
Until 11:46AM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 23 Sutra 177 Vikarin 5121
2		Gulika 12:21PM – 1:47PM	Shravana Until 2:45PM	Ganesha: White	<i>Sunrise:</i> 6:37AM	
Makara Rasi: 18.59	Tithi 10 – 11	Yama 9:29AM – 10:55AM	Dhriti Until 7:18PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 3:13PM – 4:39PM	Vanija Until 10:40PM	Nataraja: Purple		4th Phase
Routine Work	Siddha Yoga		Vijaya Dasami	Moon – Purple		Sivaloka Day
Until 11:46AM			Dashami Until 9:25AM	Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:55AM – 12:20PM	Dhanishtha Until 5:46PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	
Kumbha Rasi: 0.51	Tithi 11 – 12	Yama 8:04AM – 9:29AM	Shula* Until 8:13PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 12:20PM – 1:46PM	Bava Until 1:13AM Thu	Nataraja: Purple		4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 11:55AM	Moon – Purple		Sivaloka Day
Until 5:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:30AM – 10:55AM	Shatabhishak Until 8:36PM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
Kumbha Rasi: 12.41	Tithi 12 – 13	Yama 6:39AM – 8:04AM	Ganda* Until 9:09PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 1:45PM – 3:11PM	Kaulava Until 3:43AM Fri	Nataraja: Purple		4th Phase
Routine Work	Siddha Yoga		Dvadashi Until 2:27PM	Moon – Purple		Sivaloka Day
Until 5:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						
		Kadaitswami Mahasamadhi				
			<i>Pradosha Vrata</i>			

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 26 Sutra 180 Vikarin 5121
5		Gulika 8:05AM – 9:30AM	Purvaproshtapada* Until 11:40PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	
Kumbha Rasi: 24.33	Tithi 13 – 14	Yama 3:10PM – 4:35PM	Vriddhi Until 10:00PM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 10:55AM – 12:20PM	Gara Until 6:04AM Sat	Nataraja: Purple		4th Phase
Routine Work	Siddha Yoga		Trayodashi Until 4:53PM	Moon – Clear		Sivaloka Day
Until 5:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						
		Chidambaram Abhishekam				

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:41AM – 8:06AM	Uttaraproshtapada Until 2:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:41AM	
Meena Rasi: 6.28	Tithi 14	Yama 1:44PM – 3:09PM	Dhruva Until 10:40PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 9:30AM – 10:55AM	Gara Until 6:04AM	Nataraja: Purple		4th Phase
Routine Work	Siddha Yoga		Chaturdashi* Until 7:08PM	Moon – Clear		Sivaloka Day
Until 2:21AM Sun				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal Sun 28 Sutra 182 Vikarin 5121
7		Gulika 3:08PM – 4:32PM	Revati Until 4:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	
Meena Rasi: 18.29	Tithi 15	Yama 12:19PM – 1:44PM	Vyaghata* Until 11:08PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 4:32PM – 5:57PM	Visti Until 8:11AM	Nataraja: Purple		Purnima
Routine Work	Amrita Yoga		Purnima* Until 9:07PM	Moon – Clear		Subha Sivaloka Day
Until 4:38AM Mon				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal Sun 29 Sutra 183 Vikarin 5121
8		Gulika 1:43PM – 3:07PM	Ashvini Until 6:57AM Tue	Ganesha: White	<i>Sunrise:</i> 6:43AM	
Mesha Rasi: 1	Tithi 16	Yama 10:55AM – 12:19PM	Harshana Until 11:25PM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 25
Family Home Evening	624213464	Rahu 8:07AM – 9:31AM	Balava Until 10:02AM	Nataraja: Purple		Prathama
Routine Work	Siddha Yoga		Prathama* Until 10:50PM	Moon – White		Subha Subha Sivaloka Day
Until 5:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal
Sun 1 Sutra 184

Mesha Rasi: 12.5 Tithi 17

624213464

Gulika 12:19PM – 1:43PM
Yama 9:32AM – 10:55AM
Rahu 3:06PM – 4:30PM

Ashvini Until 6:57AM

Vajra* Until 11:25PM

Taitila Until 11:35AM

Dvitiya Until 12:13AM Wed

Ganesha: White *Sunrise:* 6:45AM

Muruqa: Purple *Sunset:* 5:53PM

Nataraja: Purple

Moon – White **Subha Subha Sivaloka Day**

Ashvina•Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi* Yoga Vanija/Visti* Karana Tritiyayam Titau

Porto, Portugal
Sun 2 Sutra 185

Mesha Rasi: 25.13 Tithi 18

624213464

Gulika 10:55AM – 12:19PM
Yama 8:09AM – 9:32AM
Rahu 12:19PM – 1:42PM

Bharani Until 8:48AM

Siddhi Until 11:11PM

Vanija Until 12:49PM

Tritiya Until 1:17AM Thu

Ganesha: White *Sunrise:* 6:46AM

Muruqa: Purple *Sunset:* 5:52PM

Nataraja: Purple

Moon – White **Subha Subha Sivaloka Day**

Ashvina•Puratasi

Creative Work Siddha Yoga

Until 8:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Porto, Portugal
Sun 3 Sutra 186

Vrishabha Rasi: 7.43 Tithi 19

624313464

Gulika 9:33AM – 10:56AM
Yama 6:47AM – 8:10AM
Rahu 1:41PM – 3:04PM

Krittika Until 10:09AM

Vyatipata* Until 10:40PM

Bava Until 1:42PM

Chaturthi* Until 1:58AM Fri

Ganesha: Yellow *Sunrise:* 6:47AM

Muruqa: Purple *Sunset:* 5:50PM

Nataraja: Purple

Moon – White **Subha Sivaloka Day**

Ashvina•Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal
Sun 4 Sutra 187

Vrishabha Rasi: 20.25 Tithi 20

634313464

Gulika 8:10AM – 9:33AM
Yama 3:04PM – 4:26PM
Rahu 10:56AM – 12:18PM

Rohini Until 11:27AM

Varyan Until 9:49PM

Kaulava Until 2:11PM

Panchami Until 2:14AM Sat

Ganesha: White *Sunrise:* 6:48AM

Muruqa: Purple *Sunset:* 5:49PM

Nataraja: Purple

Moon – Yellow **Sivaloka Day**

Ashvina•Aipasi

Routine Work Marana Yoga

Until 11:27AM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Porto, Portugal
Sun 5 Sutra 188

Mithuna Rasi: 3.19 Tithi 21

634313464

Gulika 6:49AM – 8:11AM
Yama 1:40PM – 3:03PM
Rahu 9:34AM – 10:56AM

Mrigashira Until 12:09PM

Parigha* Until 8:36PM

Gara Until 2:13PM

Shashthi* Until 2:01AM Sun

Ganesha: White *Sunrise:* 6:49AM

Muruqa: Purple *Sunset:* 5:47PM

Nataraja: Purple

Moon – Yellow **Sivaloka Day**

Ashvina•Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Porto, Portugal
Sun 6 Sutra 189

Mithuna Rasi: 16.28 Tithi 22

634313464

Gulika 3:02PM – 4:24PM
Yama 12:18PM – 1:40PM
Rahu 4:24PM – 5:46PM

Ardra Until 12:12PM

Shiva Until 6:59PM

Visti Until 1:44PM

Saptami Until 1:15AM Mon

Ganesha: White *Sunrise:* 6:50AM

Muruqa: Purple *Sunset:* 5:46PM

Nataraja: Purple

Moon – Yellow **Sivaloka Day**

Ashvina•Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal
Sun 7 Sutra 190

Mithuna Rasi: 29.54 Tithi 23

644313464

Gulika 1:39PM – 3:01PM
Yama 10:56AM – 12:18PM
Rahu 8:13AM – 9:35AM

Punarvasu Until 12:01PM

Siddha Until 4:54PM

Balava Until 12:41PM

Ashtami* Until 11:56PM

Ganesha: Clear *Sunrise:* 6:51AM

Muruqa: Purple *Sunset:* 5:44PM

Nataraja: Purple

Moon – Blue **Subha Sivaloka Day**

Ashvina•Aipasi

Creative Work Amrita Yoga

Until 12:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal
Sun 8 Sutra 191

Kataka Rasi: 13.41 Tithi 24

644313464

Gulika 12:18PM – 1:39PM
Yama 9:35AM – 10:56AM
Rahu 3:00PM – 4:22PM

Pushya Until 11:07AM

Sadhya Until 2:21PM

Taitila Until 11:04AM

Navami* Until 10:02PM

Ganesha: Clear *Sunrise:* 6:52AM

Muruqa: Purple *Sunset:* 5:43PM

Nataraja: Purple

Moon – Blue **Subha Sivaloka Day**

Ashvina•Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Visli* Karana Dashamyam Titau		Porto, Portugal Sun 9 Sutra 192	
Kataka Rasi: 27.48	Tithi 25	Gulika 10:56AM – 12:18PM	Ashlesha* Untill 9:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM		Vikarin 5121
		Yama 8:14AM – 9:35AM	Subha Untill 11:24AM	Muruqa: Purple	<i>Sunset:</i> 5:42PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	644313464 Rahu 12:18PM – 1:39PM	Vanija Untill 8:55AM	Nataraja: Purple			2nd Phase
			Dashami Untill 7:38PM	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 10 Sutra 193	
Simha Rasi: 12.16	Tithi 26 – 27	Gulika 9:36AM – 10:57AM	Magha* Untill 7:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:55AM		Vikarin 5121
		Yama 6:55AM – 8:15AM	Sukla Untill 8:02AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	654313464 Rahu 1:38PM – 2:59PM	Bava Untill 6:16AM	Nataraja: Purple			2nd Phase
Untill 7:45AM			Ekadashi* Untill 4:47PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 11 Sutra 194	
Simha Rasi: 26.59	Tithi 27 – 28	Gulika 8:16AM – 9:37AM	Uttaraphalguni Untill 2:48AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:56AM		Vikarin 5121
		Yama 2:58PM – 4:18PM	Indra Untill 12:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:39PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	655313464 Rahu 10:57AM – 12:17PM	Gara Untill 11:59PM	Nataraja: Purple			2nd Phase
Untill 2:48AM Sat			Dvadashi* Untill 1:38PM	Moon – Red		Subha Sivaloka Day	
Then Routine Work - Marana Yoga				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 12 Sutra 195	
Kanya Rasi: 11.54	Tithi 28 – 29	Gulika 6:57AM – 8:17AM	Hasta Untill 12:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:57AM		Vikarin 5121
		Yama 1:37PM – 2:57PM	Vaidhriti* Untill 8:34PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM		Moon 10 - Phase 27
Routine Work	Marana Yoga	665313464 Rahu 9:37AM – 10:57AM	Visti Untill 8:37PM	Nataraja: Purple			2nd Phase
Untill 12:19AM Sun			Trayodashi* Untill 10:17AM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

●		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 13 Sutra 196	
Retreat Star		Gulika 2:57PM – 4:16PM	Chitra Untill 9:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:58AM		Vikarin 5121
Kanya Rasi: 26.51	Tithi 29 – 30	Yama 12:17PM – 1:37PM	Vishkambha* Untill 4:40PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	665313464 Rahu 4:16PM – 5:36PM	Naga Untill 3:42AM Mon	Nataraja: Purple			Amavasya
			Chaturdashi* Untill 6:55AM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Porto, Portugal Sun 14 Sutra 197	
Tula Rasi: 11.43	Tithi 1	Gulika 1:36PM – 2:56PM	Svati Untill 7:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:59AM		Vikarin 5121
Family Home Evening		Yama 10:58AM – 12:17PM	Priti Untill 12:57PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 8:19AM – 9:38AM	Kintughna Untill 2:12PM	Nataraja: Purple			Prathama
Untill 7:24PM			Prathama* Untill 12:47AM Tue	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Porto, Portugal Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 26.19	Tithi 2	Gulika 12:17PM – 1:36PM	Vishakha Until 5:42PM	Ganesha: Clear <i>Sunrise: 7:00AM</i>	
		Yama 9:39AM – 10:58AM	Ayushman Until 9:32AM	Muruqa: Purple <i>Sunset: 5:33PM</i>	Moon 10 - Phase 28
		675313464 Rahu 2:55PM – 4:14PM	Balava Until 11:31AM	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:21PM	Moon – Orange	Subha Sivaloka Day
Until 5:42PM				Kartika•Aipasi	
Then Creative Work - Siddha Yoga					

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Porto, Portugal Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 10.34	Tithi 3	Gulika 10:58AM – 12:17PM	Anuradha Until 4:29PM	Ganesha: Clear <i>Sunrise: 7:02AM</i>	
		Yama 8:20AM – 9:39AM	Saubhagya Until 6:34AM	Muruqa: Purple <i>Sunset: 5:32PM</i>	Moon 10 - Phase 28
		675313464 Rahu 12:17PM – 1:36PM	Taitila Until 9:22AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:33PM	Moon – Orange	Subha Sivaloka Day
				Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Porto, Portugal Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 24.22	Tithi 4	Gulika 9:40AM – 10:58AM	Jyeshtha* Until 3:51PM	Ganesha: Clear <i>Sunrise: 7:03AM</i>	
		Yama 7:03AM – 8:21AM	Athiganda* Until 2:24AM Fri	Muruqa: Purple <i>Sunset: 5:31PM</i>	Moon 10 - Phase 28
		675313464 Rahu 1:35PM – 2:54PM	Vanija Until 7:57AM	Nataraja: Purple	3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 7:31PM	Moon – Orange	Subha Sivaloka Day
Until 3:51PM				Kartika•Aipasi	
Then Creative Work - Siddha Yoga					

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Porto, Portugal Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 7.43	Tithi 5	Gulika 8:22AM – 9:40AM	Mula* Until 4:20PM	Ganesha: Purple <i>Sunrise: 7:04AM</i>	
		Yama 2:53PM – 4:11PM	Sukarma Until 1:18AM Sat	Muruqa: Purple <i>Sunset: 5:30PM</i>	Moon 10 - Phase 28
		685313464 Rahu 10:59AM – 12:17PM	Bava Until 7:21AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 7:21PM	Moon – Light Blue	Subha Subha Sivaloka Day
Until 4:20PM				Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga					

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau	Porto, Portugal Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 20.37	Tithi 6	Gulika 7:05AM – 8:23AM	Purvashadha* Until 5:31PM	Ganesha: Purple <i>Sunrise: 7:05AM</i>	
		Yama 1:35PM – 2:53PM	Dhriti Until 12:53AM Sun	Muruqa: Purple <i>Sunset: 5:28PM</i>	Moon 10 - Phase 28
		685313464 Rahu 9:41AM – 10:59AM	Kaulava Until 7:37AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:02PM	Moon – Light Blue	Subha Subha Sivaloka Day
Until 5:31PM		Skanda Shasthi		Kartika•Aipasi	
Then Routine Work - Marana Yoga					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Porto, Portugal Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 3.07	Tithi 7	Gulika 2:52PM – 4:10PM	Uttarashadha Until 7:16PM	Ganesha: Purple <i>Sunrise: 7:06AM</i>	
		Yama 12:17PM – 1:34PM	Shula* Until 12:59AM Mon	Muruqa: Purple <i>Sunset: 5:27PM</i>	Moon 10 - Phase 28
		685313464 Rahu 4:10PM – 5:27PM	Gara Until 8:42AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Saptami Until 9:30PM	Moon – Light Blue	Subha Subha Sivaloka Day
				Kartika•Aipasi	

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Porto, Portugal Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 15.2	Tithi 8	Gulika 1:34PM – 2:51PM	Shravana Until 9:57PM	Ganesha: Purple <i>Sunrise: 7:08AM</i>	
Family Home Evening		Yama 10:59AM – 12:17PM	Ganda* Until 1:32AM Tue	Muruqa: Purple <i>Sunset: 5:26PM</i>	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 8:25AM – 9:42AM	Visti Until 10:29AM	Nataraja: Purple	Ashtami
Until 9:57PM			Ashtami* Until 11:33PM	Moon – Purple	Sivaloka Day
Then Creative Work - Siddha Yoga				Kartika•Aipasi	

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Porto, Portugal Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 27.2	Tithi 9	Gulika 12:17PM – 1:34PM	Dhanishtha Until 12:49AM Wed	Ganesha: Purple <i>Sunrise: 7:09AM</i>	
		Yama 9:43AM – 11:00AM	Vriddhi Until 2:21AM Wed	Muruqa: Purple <i>Sunset: 5:25PM</i>	Moon 10 - Phase 28
		696313464 Rahu 2:51PM – 4:08PM	Balava Until 12:45PM	Nataraja: Purple	Navami
Creative Work	Siddha Yoga		Navami* Until 1:58AM Wed	Moon – Purple	Sivaloka Day
				Kartika•Aipasi	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Porto, Portugal Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 9.13	Tithi 10	Gulika 11:00AM – 12:17PM	Shatabhishak Until 3:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:10AM	
			Yama 8:27AM – 9:43AM	Dhruva Until 3:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 10 - Phase 29
	696313464	Rahu 12:17PM – 1:34PM		Taitila Until 3:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika•Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Porto, Portugal Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 21.04	Tithi 11	Gulika 9:44AM – 11:00AM	Purvaproshtapada* Until 6:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:11AM	
			Yama 7:11AM – 8:28AM	Vyaghata* Until 4:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 29
	716313464	Rahu 1:33PM – 2:50PM		Vanija Until 5:47PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:58AM Fri	Moon – Clear		Subha Sivaloka Day	
				Kartika•Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 2.58	Tithi 11 – 12	Gulika 8:28AM – 9:45AM	Purvaproshtapada* Until 6:44AM	Ganesha: Yellow	<i>Sunrise:</i> 7:12AM	
			Yama 2:49PM – 4:05PM	Harshana Until 4:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 29
	716313464	Rahu 11:01AM – 12:17PM		Bava Until 8:08PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika•Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 14.56	Tithi 12 – 13	Gulika 7:14AM – 8:29AM	Uttaraproshtapada Until 9:25AM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM	
			Yama 1:33PM – 2:49PM	Vajra* Until 5:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29
	716313464	Rahu 9:45AM – 11:01AM		Kaulava Until 10:12PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:11AM	Moon – Clear		Subha Sivaloka Day	
Until 9:25AM				Kartika•Aipasi			
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 27.03	Tithi 13 – 14	Gulika 2:48PM – 4:04PM	Revati Until 11:37AM	Ganesha: Yellow	<i>Sunrise:</i> 7:15AM	
			Yama 12:17PM – 1:33PM	Siddhi Until 5:15AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29
	716313464	Rahu 4:04PM – 5:19PM		Gara Until 11:52PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:03AM	Moon – Clear		Subha Sivaloka Day	
Until 11:37AM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga							

○	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:33PM – 2:48PM	Ashvini Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 7:16AM	
	Mesha Rasi: 9.19	Tithi 14 – 15	Yama 11:02AM – 12:17PM	Vyatipata* Until 5:03AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 29
	Family Home Evening	727313464	Rahu 8:31AM – 9:47AM	Visti Until 1:07AM Tue	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:32PM	Moon – White		Subha Sivaloka Day	
				Kartika•Aipasi			

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 12:17PM – 1:32PM	Bharani Until 3:19PM	Ganesha: White	<i>Sunrise:</i> 7:17AM	
	Mesha Rasi: 21.46	Tithi 15 – 16	Yama 9:47AM – 11:02AM	Variyan Until 4:30AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 29
	727413464	Rahu 2:47PM – 4:02PM		Balava Until 1:57AM Wed	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 1:34PM	Moon – White		Sivaloka Day	
				Kartika•Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Wrishabha Rasi: 4.25 Tithi 16 - 17

727413464

Gulika 11:03AM - 12:17PM
Yama 8:33AM - 9:48AM
Rahu 12:17PM - 1:32PM

Krittika Until 4:19PM
Parigha* Until 3:39AM Thu
Taitila Until 2:22AM Thu
Prathama* Until 2:11PM

Ganesha: White *Sunrise: 7:18AM*
Muruqa: Purple *Sunset: 5:17PM*
Nataraja: Purple
Moon - White
Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Wrishabha Rasi: 17.14 Tithi 17 - 18

737413464

Gulika 9:49AM - 11:03AM
Yama 7:19AM - 8:34AM
Rahu 1:32PM - 2:47PM

Rohini Until 5:14PM
Shiva Until 2:31AM Fri
Vanija Until 2:23AM Fri
Dvitiya Until 2:24PM

Ganesha: Clear *Sunrise: 7:19AM*
Muruqa: Purple *Sunset: 5:16PM*
Nataraja: Purple
Moon - Yellow
Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Porto, Portugal

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 0.16 Tithi 18 - 19

737413464

Gulika 8:35AM - 9:49AM
Yama 2:46PM - 4:01PM
Rahu 11:03AM - 12:18PM

Mrigashira Until 5:38PM
Siddha Until 1:03AM Sat
Bava Until 2:02AM Sat
Tritiya Until 2:14PM

Ganesha: Clear *Sunrise: 7:21AM*
Muruqa: Purple *Sunset: 5:15PM*
Nataraja: Purple
Moon - Yellow
Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 13.29 Tithi 19 - 20

737413464

Gulika 7:22AM - 8:36AM
Yama 1:32PM - 2:46PM
Rahu 9:50AM - 11:04AM

Ardra Until 5:32PM
Sadhya Until 11:19PM
Kaulava Until 1:20AM Sun
Chaturthi* Until 1:42PM

Ganesha: Clear *Sunrise: 7:22AM*
Muruqa: Purple *Sunset: 5:14PM*
Nataraja: Purple
Moon - Yellow
Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 26.53 Tithi 20 - 21

747413465

Gulika 2:46PM - 3:59PM
Yama 12:18PM - 1:32PM
Rahu 3:59PM - 5:13PM

Punarvasu Until 5:24PM
Subha Until 9:20PM
Gara Until 12:17AM Mon
Panchami Until 12:50PM

Ganesha: Purple *Sunrise: 7:23AM*
Muruqa: Purple *Sunset: 5:13PM*
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 10.29 Tithi 21 - 22

748413465

Gulika 1:32PM - 2:45PM
Yama 11:05AM - 12:18PM
Rahu 8:38AM - 9:51AM

Pushya Until 4:46PM
Sukla Until 7:03PM
Visti Until 10:53PM
Shashthi* Until 11:37AM

Ganesha: Clear *Sunrise: 7:24AM*
Muruqa: Purple *Sunset: 5:12PM*
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamy/Ashlamyayam Titau

Porto, Portugal

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 24.17 Tithi 22 - 23

748413465

Gulika 12:19PM - 1:32PM
Yama 9:52AM - 11:05AM
Rahu 2:45PM - 3:58PM

Ashlesha* Until 3:40PM
Brahma Until 4:31PM
Balava Until 9:10PM
Saptami Until 10:03AM

Ganesha: Clear *Sunrise: 7:25AM*
Muruqa: Purple *Sunset: 5:12PM*
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 8.17 Tithi 23 - 24

758413465

Gulika 11:06AM - 12:19PM
Yama 8:40AM - 9:53AM
Rahu 12:19PM - 1:32PM

Magha* Until 2:32PM
Indra Until 1:44PM
Taitila Until 7:08PM
Ashtami* Until 8:10AM

Ganesha: White *Sunrise: 7:27AM*
Muruqa: Purple *Sunset: 5:11PM*
Nataraja: Clear
Moon - Red
Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:32PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Porto, Portugal
Simha Rasi: 22.29	Tithi 25	Gulika	9:53AM – 11:06AM	Purvaphalguni Until 12:59PM	Ganesha: White	<i>Sunrise: 7:28AM</i>	Sun 8	Sutra 221
		Yama	7:28AM – 8:41AM	Vaidhrili* Until 10:42AM	Muruqa: Purple	<i>Sunset: 5:10PM</i>		Vikarin 5121
		758413465 Rahu	1:32PM – 2:45PM	Visti Until 4:49PM	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga			Dashami Until 3:33AM Fri	Moon – Red			2nd Phase
					Karttika-Karttikai			Subha Sivaloka Day

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Ekadashyam Titau				Porto, Portugal
Kanya Rasi: 6.52	Tithi 26	Gulika	8:42AM – 9:54AM	Uttaraphalguni Until 11:03AM	Ganesha: White	<i>Sunrise: 7:29AM</i>	Sun 9	Sutra 222
		Yama	2:45PM – 3:57PM	Vishkambha* Until 7:29AM	Muruqa: Purple	<i>Sunset: 5:10PM</i>		Vikarin 5121
		758413465 Rahu	11:07AM – 12:19PM	Bava Until 2:17PM	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga			Ekadashi* Until 12:57AM Sat	Moon – Red			2nd Phase
Until 11:03AM					Karttika-Karttikai			Subha Sivaloka Day
Then Creative Work - Amrita Yoga								

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau				Porto, Portugal
Kanya Rasi: 21.2	Tithi 27	Gulika	7:30AM – 8:42AM	Hasta Until 9:16AM	Ganesha: Yellow	<i>Sunrise: 7:30AM</i>	Sun 10	Sutra 223
		Yama	1:32PM – 2:44PM	Ayushman Until 12:45AM Sun	Muruqa: Purple	<i>Sunset: 5:09PM</i>		Vikarin 5121
		768413465 Rahu	9:55AM – 11:07AM	Kaulava Until 11:39AM	Nataraja: Clear			Moon 11 - Phase 31
Routine Work	Marana Yoga			Dvadashi* Until 10:17PM	Moon – Green			2nd Phase
					Karttika-Karttikai			Sivaloka Day

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal
Tula Rasi: 5.51	Tithi 28	Gulika	2:44PM – 3:56PM	Chitra Until 7:20AM	Ganesha: Blue	<i>Sunrise: 7:31AM</i>	Sun 11	Sutra 224
		Yama	12:20PM – 1:32PM	Saubhagya Until 9:25PM	Muruqa: Purple	<i>Sunset: 5:09PM</i>		Vikarin 5121
		769413465 Rahu	3:56PM – 5:09PM	Gara Until 8:59AM	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga			Trayodashi* Until 7:40PM	Moon – Green			2nd Phase
					Karttika-Karttikai			Devaloka Day
					<i>Pradosha Vrata (Fasting)</i>			

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Visti*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Porto, Portugal
Tula Rasi: 20.17	Tithi 29 – 30	Gulika	1:32PM – 2:44PM	Vishakha Until 3:54AM Tue	Ganesha: Blue	<i>Sunrise: 7:32AM</i>	Sun 12	Sutra 225
Family Home Evening		Yama	11:08AM – 12:20PM	Sobhana Until 6:15PM	Muruqa: Purple	<i>Sunset: 5:08PM</i>		Vikarin 5121
		779413465 Rahu	8:44AM – 9:56AM	Visti Until 6:26AM	Nataraja: Clear			Moon 11 - Phase 31
Routine Work	Marana Yoga			Chaturdashi* Until 5:14PM	Moon – Orange			2nd Phase
Until 3:54AM Tue					Karttika-Karttikai			Devaloka Day
Then Creative Work - Siddha Yoga								

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Porto, Portugal
Vrischika Rasi: 4.34	Tithi 30 – 1	Gulika	12:20PM – 1:32PM	Anuradha Until 2:42AM Wed	Ganesha: Blue	<i>Sunrise: 7:33AM</i>	Sun 13	Sutra 226
		Yama	9:57AM – 11:09AM	Athiganda* Until 3:20PM	Muruqa: Purple	<i>Sunset: 5:08PM</i>		Vikarin 5121
		779413465 Rahu	2:44PM – 3:56PM	Kintughna Until 2:16AM Wed	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga			Amavasya* Until 3:08PM	Moon – Orange			Amavasya
					Karttika-Karttikai			Devaloka Day

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Porto, Portugal
Vrischika Rasi: 18.34	Tithi 1 – 2	Gulika	11:09AM – 12:21PM	Jyeshtha* Until 1:53AM Thu	Ganesha: Blue	<i>Sunrise: 7:35AM</i>	Sun 14	Sutra 227
		Yama	8:46AM – 9:58AM	Sukarma Until 12:49PM	Muruqa: Purple	<i>Sunset: 5:07PM</i>		Vikarin 5121
		779413465 Rahu	12:21PM – 1:32PM	Balava Until 12:55AM Thu	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga			Prathama* Until 1:30PM	Moon – Orange			Prathama
					Margasira-Karttikai			Devaloka Day

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Porto, Portugal Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 2.13	Tithi 2 – 3	Gulika 9:58AM – 11:10AM	Mula* Until 2:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:36AM	
		Yama 7:36AM – 8:47AM	Dhriti Until 10:47AM	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 11 - Phase 32
		Rahu 1:33PM – 2:44PM	Taitila Until 12:15AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:29PM	Moon – Light Blue		Devaloka Day
Until 2:02AM Fri				Margasira-Karttikai		
Then Routine Work - Prabalarishta Yoga						

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Porto, Portugal Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 15.29	Tithi 3 – 4	Gulika 8:48AM – 9:59AM	Purvashadha* Until 2:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:37AM	
		Yama 2:44PM – 3:55PM	Shula* Until 9:16AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 11 - Phase 32
		Rahu 11:10AM – 12:22PM	Vanija Until 12:19AM Sat	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 12:10PM	Moon – Light Blue		Devaloka Day
Until 2:45AM Sat				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Porto, Portugal Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 28.23	Tithi 4 – 5	Gulika 7:38AM – 8:49AM	Uttarashadha Until 4:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	
		Yama 1:33PM – 2:44PM	Ganda* Until 8:21AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 11 - Phase 32
		Rahu 10:00AM – 11:11AM	Bava Until 1:08AM Sun	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 12:37PM	Moon – Light Blue		Devaloka Day
Until 4:01AM Sun				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Porto, Portugal Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 10.55	Tithi 5 – 6	Gulika 2:44PM – 3:55PM	Shravana Until 6:16AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 7:39AM	
		Yama 12:22PM – 1:33PM	Vridhi Until 8:01AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 11 - Phase 32
		Rahu 3:55PM – 5:06PM	Kaulava Until 2:39AM Mon	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 1:47PM	Moon – Purple		Sivaloka Day
Until 6:16AM Mon				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Porto, Portugal Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 23.11	Tithi 6 – 7	Gulika 1:33PM – 2:44PM	Shravana Until 6:16AM	Ganesha: Clear	<i>Sunrise:</i> 7:40AM	
Family Home Evening		Yama 11:12AM – 12:23PM	Dhruva Until 8:09AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
		Rahu 8:51AM – 10:01AM	Gara Until 4:42AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:35PM	Moon – Purple		Sivaloka Day
Until 6:16AM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Porto, Portugal Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 5.14	Tithi 7 – 8	Gulika 12:23PM – 1:34PM	Dhanishtha Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 7:41AM	
		Yama 10:02AM – 11:12AM	Vyaghata* Until 8:41AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
		Rahu 2:44PM – 3:55PM	Visti Until 7:05AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:51PM	Moon – Purple		Sivaloka Day
Until 8:51AM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Porto, Portugal Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 17.1	Tithi 8	Gulika 11:13AM – 12:23PM	Shatabhishak Until 11:33AM	Ganesha: Clear	<i>Sunrise:</i> 7:42AM	
		Yama 8:52AM – 10:03AM	Harshana Until 9:27AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
		Rahu 12:23PM – 1:34PM	Visti Until 7:05AM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:19PM	Moon – Purple		Sivaloka Day
Until 11:33AM				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Porto, Portugal Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 29.02	Tithi 9	Gulika 10:03AM – 11:14AM	Purvaproshtapada* Until 2:39PM	Ganesha: Yellow	<i>Sunrise:</i> 7:43AM	
		Yama 7:43AM – 8:53AM	Vajra* Until 10:15AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
		Rahu 1:34PM – 2:44PM	Balava Until 9:36AM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Navami* Until 10:48PM	Moon – Clear		Sivaloka Day
				Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Porto, Portugal
Meena Rasi: 10.56	Tithi 10	711413465	Gulika 8:54AM – 10:04AM Yama 2:45PM – 3:55PM Rahu 11:14AM – 12:24PM	Uttaraproshtapada Until 5:27PM Siddhi Until 10:59AM Taitila Until 12:00PM Dashami Until 1:05AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:44AM Sunset: 5:05PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day Margasira-Karttikai

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Porto, Portugal
Meena Rasi: 22.57	Tithi 11	711513465	Gulika 7:45AM – 8:55AM Yama 1:35PM – 2:45PM Rahu 10:05AM – 11:15AM	Revati Until 7:46PM Vyatiyata* Until 11:31AM Vanija Until 2:07PM Ekadashi Until 2:59AM Sun	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:45AM Sunset: 5:05PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga							Subha Sivaloka Day Margasira-Karttikai
Until 7:46PM								
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Porto, Portugal
Mesha Rasi: 5.07	Tithi 12	721513465	Gulika 2:45PM – 3:55PM Yama 12:25PM – 1:35PM Rahu 3:55PM – 5:05PM	Ashvini Until 9:59PM Varyan Until 11:43AM Bava Until 3:47PM Dvodashi Until 4:24AM Mon	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:46AM Sunset: 5:05PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day Margasira-Karttikai
Until 9:59PM								
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal
Mesha Rasi: 17.29	Tithi 13	721513465	Gulika 1:35PM – 2:45PM Yama 11:16AM – 12:26PM Rahu 8:56AM – 10:06AM	Bharani Until 11:30PM Parigha* Until 11:31AM Kaulava Until 4:55PM Trayodashi Until 5:15AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:47AM Sunset: 5:05PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening	Siddha Yoga							Sivaloka Day Margasira-Karttikai
Until 11:30PM								
Then Routine Work - Marana Yoga								<i>Pradosha Vrata</i>

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal
Vrishabha Rasi: 0.06	Tithi 14	721513465	Gulika 12:26PM – 1:36PM Yama 10:07AM – 11:16AM Rahu 2:45PM – 3:55PM	Krittika Until 12:18AM Wed Shiva Until 10:54AM Gara Until 5:29PM Chaturdashi* Until 5:31AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:47AM Sunset: 5:05PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day Margasira-Karttikai

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal
Vrishabha Rasi: 12.59	Tithi 15	731523465	Gulika 11:17AM – 12:27PM Yama 8:58AM – 10:07AM Rahu 12:27PM – 1:36PM	Rohini Until 12:52AM Thu Siddha Until 9:49AM Visti Until 5:28PM Purnima* Until 5:14AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:48AM Sunset: 5:05PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work	Siddha Yoga							Sivaloka Day Margasira-Karttikai
Until 12:52AM Thu								
Then Routine Work - Marana Yoga								

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal		
Silver Retreat Star			Gulika 10:08AM – 11:17AM Yama 7:49AM – 8:59AM Rahu 1:36PM – 2:46PM	Mrigashira Until 12:48AM Fri Sadhya Until 8:20AM Balava Until 4:55PM Prathama* Until 4:27AM Fri	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:49AM Sunset: 5:05PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Vrishabha Rasi: 26.1	Tithi 16	732523465						
Routine Work	Marana Yoga							Devaloka Day Margasira-Karttikai
Until 12:48AM Fri								
Then Creative Work - Siddha Yoga			Vinayaga Viratam Begins					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal
Sutra 243

Mithuna Rasi: 9.35 Tithi 17

732523465

Gulika 8:59AM – 10:09AM
Yama 2:46PM – 3:56PM
Rahu 11:18AM – 12:27PM

Ardra Until 12:09AM Sat
Subha Until 6:28AM
Taitila Until 3:56PM
Dvitiya Until 3:16AM Sat

Ganesha: Clear *Sunrise: 7:50AM*
Muruqa: Clear *Sunset: 5:05PM*
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Porto, Portugal
Sun 1 Sutra 244

Mithuna Rasi: 23.15 Tithi 18

742523465

Gulika 7:51AM – 9:00AM
Yama 1:37PM – 2:47PM
Rahu 10:09AM – 11:19AM

Punarvasu Until 11:29PM
Brahma Until 1:49AM Sun
Vanija Until 2:34PM
Tritiya Until 1:45AM Sun

Ganesha: Purple *Sunrise: 7:51AM*
Muruqa: Clear *Sunset: 5:05PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Porto, Portugal
Sun 2 Sutra 245

Kataka Rasi: 7.06 Tithi 19

742523465

Gulika 2:47PM – 3:56PM
Yama 12:28PM – 1:38PM
Rahu 3:56PM – 5:06PM

Pushya Until 10:25PM
Indra Until 11:11PM
Bava Until 12:55PM
Chaturthi* Until 12:00AM Mon

Ganesha: Purple *Sunrise: 7:51AM*
Muruqa: Clear *Sunset: 5:06PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal
Sun 3 Sutra 246

Kataka Rasi: 21.05 Tithi 20

742523465

Gulika 1:38PM – 2:47PM
Yama 11:20AM – 12:29PM
Rahu 9:01AM – 10:10AM

Ashlesha* Until 9:02PM
Vaidhriti* Until 8:24PM
Kaulava Until 11:04AM
Panchami Until 10:04PM

Ganesha: Purple *Sunrise: 7:52AM*
Muruqa: Clear *Sunset: 5:06PM*
Nataraja: Clear
Moon – Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Family Home Evening
Creative Work Siddha Yoga

Until 9:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal
Sun 4 Sutra 247

Simha Rasi: 5.1 Tithi 21

852523465

Gulika 12:29PM – 1:39PM
Yama 10:11AM – 11:20AM
Rahu 2:48PM – 3:57PM

Magha* Until 7:50PM
Vishkambha* Until 5:33PM
Gara Until 9:06AM
Shashthi* Until 8:03PM

Ganesha: Purple *Sunrise: 7:53AM*
Muruqa: Clear *Sunset: 5:06PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal
Sun 5 Sutra 248

Simha Rasi: 19.19 Tithi 22 – 23

852523465

Gulika 11:21AM – 12:30PM
Yama 9:02AM – 10:12AM
Rahu 12:30PM – 1:39PM

Purvaphalguni Until 6:27PM
Priti Until 2:40PM
Visti Until 7:02AM
Saptami Until 5:59PM

Ganesha: Purple *Sunrise: 7:53AM*
Muruqa: Clear *Sunset: 5:07PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal
Sun 6 Sutra 249

Kanya Rasi: 3.28 Tithi 23 – 24

852523465

Gulika 10:12AM – 11:21AM
Yama 7:54AM – 9:03AM
Rahu 1:40PM – 2:49PM

Uttaraphalguni Until 4:55PM
Ayushman Until 11:44AM
Taitila Until 2:53AM Fri
Ashtami* Until 3:54PM

Ganesha: Purple *Sunrise: 7:54AM*
Muruqa: Clear *Sunset: 5:07PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 4:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Porto, Portugal
Sun 7 Sutra 250

Kanya Rasi: 17.37 Tithi 24 – 25

862523465

Gulika 9:04AM – 10:13AM
Yama 2:49PM – 3:58PM
Rahu 11:22AM – 12:31PM

Hasta Until 3:41PM
Saubhagya Until 8:50AM
Vanija Until 12:51AM Sat
Navami* Until 1:50PM

Ganesha: Clear *Sunrise: 7:55AM*
Muruqa: Clear *Sunset: 5:07PM*
Nataraja: Clear
Moon – Green
Margasira-Markali

Moon 12 - Phase 34
Navami

Devaloka Day

Creative Work Amrita Yoga

Until 3:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Porto, Portugal Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.44	Tithi 25 – 26	862523465	Gulika 7:55AM – 9:04AM Yama 1:41PM – 2:50PM Rahu 10:13AM – 11:22AM	Chitra Until 2:22PM Athiganda* Until 6:00AM Bava Until 10:54PM Dashami Until 11:51AM	Ganesha: Clear <i>Sunrise: 7:55AM</i> Muruqa: Clear <i>Sunset: 5:08PM</i> Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 2:22PM					
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Porto, Portugal Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.47	Tithi 26 – 27	862523465	Gulika 2:50PM – 3:59PM Yama 12:32PM – 1:41PM Rahu 3:59PM – 5:08PM	Svati Until 1:03PM Sukarma Until 12:33AM Mon Kaulava Until 9:07PM Ekadashi* Until 9:58AM	Ganesha: Clear <i>Sunrise: 7:56AM</i> Muruqa: Clear <i>Sunset: 5:08PM</i> Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 1:03PM					
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Porto, Portugal Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.44	Tithi 27 – 28	872523465	Gulika 1:42PM – 2:51PM Yama 11:23AM – 12:32PM Rahu 9:05AM – 10:14AM	Vishakha Until 12:13PM Dhriti Until 10:07PM Gara Until 7:34PM Dvadashi* Until 8:17AM	Ganesha: White <i>Sunrise: 7:56AM</i> Muruqa: Clear <i>Sunset: 5:09PM</i> Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:13PM					
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)	
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Porto, Portugal Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 13.31	Tithi 28 – 29	872523465	Gulika 12:33PM – 1:42PM Yama 10:15AM – 11:24AM Rahu 2:51PM – 4:00PM	Anuradha Until 11:31AM Shula* Until 7:54PM Visti Until 6:19PM Trayodashi* Until 6:52AM	Ganesha: White <i>Sunrise: 7:56AM</i> Muruqa: Clear <i>Sunset: 5:09PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 11:31AM					
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Porto, Portugal Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 27.05	Tithi 30	872523465	Gulika 11:24AM – 12:33PM Yama 9:06AM – 10:15AM Rahu 12:33PM – 1:43PM	Jyeshtha* Until 11:02AM Ganda* Until 6:02PM Catuspada Until 5:29PM Amavasya* Until 5:14AM Thu	Ganesha: White <i>Sunrise: 7:57AM</i> Muruqa: Clear <i>Sunset: 5:10PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 11:02AM					
Then Routine Work - Marana Yoga					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau	Porto, Portugal Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 10.25	Tithi 1	883523466	Gulika 10:16AM – 11:25AM Yama 7:57AM – 9:06AM Rahu 1:43PM – 2:52PM	Mula* Until 11:19AM Vriddhi Until 4:34PM Kintughna Until 5:09PM Prathama* Until 5:10AM Fri	Ganesha: Orange <i>Sunrise: 7:57AM</i> Muruqa: Clear <i>Sunset: 5:11PM</i> Nataraja: Orange Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha*Markali	Devaloka Day

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvilyayam Titau				Porto, Portugal
Dhanus Rasi: 23.27	Tithi 2	Gulika	9:07AM – 10:16AM	Purvashadha* Until 11:59AM	Ganesha: Orange	<i>Sunrise:</i> 7:58AM	Sun 14	Sutra 257
		Yama	2:53PM – 4:02PM	Dhruva Until 3:31PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM		Vikarin 5121
		883523466 Rahu	11:25AM – 12:34PM	Balava Until 5:22PM	Nataraja: Orange		Moon 12 - Phase 36	3rd Phase
Routine Work	Prabalarishta Yoga			Dvitiya Until 5:42AM Sat	Moon – Light Blue		Devaloka Day	
Until 11:59AM					Pausha-Markali			
Then Routine Work - Marana Yoga								

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila Karana Tritiyayam Titau				Porto, Portugal
Makara Rasi: 6.12	Tithi 3	Gulika	7:58AM – 9:07AM	Uttarashadha Until 1:04PM	Ganesha: Orange	<i>Sunrise:</i> 7:58AM	Sun 15	Sutra 258
		Yama	1:44PM – 2:53PM	Vyaghata* Until 2:56PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM		Vikarin 5121
		883523466 Rahu	10:16AM – 11:26AM	Taitila Until 6:12PM	Nataraja: Orange		Moon 12 - Phase 36	3rd Phase
Routine Work	Marana Yoga			Tritiya Until 6:49AM Sun	Moon – Light Blue		Devaloka Day	
Until 1:04PM					Pausha-Markali			
Then Creative Work - Siddha Yoga								

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Porto, Portugal
Makara Rasi: 18.41	Tithi 3 – 4	Gulika	2:54PM – 4:03PM	Shravana Until 3:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:58AM	Sun 16	Sutra 259
		Yama	12:35PM – 1:45PM	Harshana Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM		Vikarin 5121
		893523466 Rahu	4:03PM – 5:13PM	Vanija Until 7:37PM	Nataraja: Orange		Moon 12 - Phase 36	3rd Phase
Creative Work	Amrita Yoga			Tritiya Until 6:49AM	Moon – Purple		Devaloka Day	
Until 3:02PM					Pausha-Markali			
Then Routine Work - Marana Yoga								

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal
Kumbha Rasi: 0.56	Tithi 4 – 5	Gulika	1:45PM – 2:55PM	Dhanishtha Until 5:20PM	Ganesha: Clear	<i>Sunrise:</i> 7:58AM	Sun 17	Sutra 260
Family Home Evening		Yama	11:27AM – 12:36PM	Vajra* Until 3:03PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM		Vikarin 5121
		893523466 Rahu	9:08AM – 10:17AM	Bava Until 9:31PM	Nataraja: Orange		Moon 12 - Phase 36	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 8:29AM	Moon – Purple		Devaloka Day	
					Pausha-Markali			

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Porto, Portugal
Kumbha Rasi: 13.01	Tithi 5 – 6	Gulika	12:36PM – 1:46PM	Shatabhishak Until 7:50PM	Ganesha: Clear	<i>Sunrise:</i> 7:59AM	Sun 18	Sutra 261
		Yama	10:18AM – 11:27AM	Siddhi Until 3:36PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM		Vikarin 5121
		893523466 Rahu	2:55PM – 4:05PM	Kaulava Until 11:48PM	Nataraja: Orange		Moon 12 - Phase 36	3rd Phase
Routine Work	Marana Yoga			Panchami Until 10:36AM	Moon – Purple		Devaloka Day	
					Pausha-Markali			

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal
Kumbha Rasi: 24.57	Tithi 6 – 7	Gulika	11:28AM – 12:37PM	Purvaproshtapada* Until 10:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:59AM	Sun 19	Sutra 262
		Yama	9:08AM – 10:18AM	Vyatipata* Until 4:21PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM		Vikarin 5121
		813623466 Rahu	12:37PM – 1:47PM	Gara Until 2:17AM Thu	Nataraja: Orange		Moon 12 - Phase 36	3rd Phase
Creative Work	Amrita Yoga			Shashthi* Until 1:01PM	Moon – Clear		Bhuloka Day	
Until 10:54PM					Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Porto, Portugal
Meena Rasi: 6.5	Tithi 7 – 8	Gulika	10:18AM – 11:28AM	Uttaraproshtapada Until 1:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:59AM	Sun 20	Sutra 263
		Yama	7:59AM – 9:09AM	Variyan Until 5:08PM	Muruqa: Clear	<i>Sunset:</i> 5:17PM		Vikarin 5121
		813623466 Rahu	1:48PM – 2:57PM	Vistil Until 4:46AM Fri	Nataraja: Orange		Moon 12 - Phase 36	3rd Phase
Creative Work	Siddha Yoga			Saptami Until 3:31PM	Moon – Clear		Bhuloka Day	
					Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal
Meena Rasi: 18.44	Tithi 8 – 9	Gulika	9:09AM – 10:19AM	Revati Until 4:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:59AM	Sun 21	Sutra 264
		Yama	2:58PM – 4:08PM	Parigha* Until 5:51PM	Muruqa: Clear	<i>Sunset:</i> 5:18PM		Vikarin 5121
		813623466 Rahu	11:28AM – 12:38PM	Balava Until 7:02AM Sat	Nataraja: Orange		Moon 12 - Phase 36	Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 5:55PM	Moon – Clear		Bhuloka Day	
					Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal
Mesha Rasi: 0.43	Tithi 9	Gulika	7:59AM – 9:09AM	Ashvini Until 6:54AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:59AM	Sun 22	Sutra 265
		Yama	1:49PM – 2:59PM	Shiva Until 6:21PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM		Vikarin 5121
		823623466 Rahu	10:19AM – 11:29AM	Balava Until 7:02AM	Nataraja: Orange		Moon 12 - Phase 36	Navami
Creative Work	Siddha Yoga			Navami* Until 8:01PM	Moon – White		Devaloka Day	
Until 6:54AM Sun					Pausha-Markali			
Then Routine Work - Prabalarishta Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Porto, Portugal Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.52	Tithi 10	Gulika 2:59PM – 4:10PM	Ashvini Until 6:54AM	Ganesha: Yellow	<i>Sunrise:</i> 7:59AM	
		Yama 12:39PM – 1:49PM	Siddha Until 6:27PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 37
	823623466	Rahu 4:10PM – 5:20PM	Taitila Until 8:54AM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day
Until 6:54AM		Subramuniyaswami Jayanti	Dashami Until 9:36PM	Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Porto, Portugal Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 25.14	Tithi 11	Gulika 1:50PM – 3:00PM	Bharani Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 7:59AM	
Family Home Evening		Yama 11:29AM – 12:40PM	Sadhya Until 6:06PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 Rahu 9:09AM – 10:19AM	Vanija Until 10:11AM	Nataraja: Orange		4th Phase
Until 8:44AM		Vaikuntha Ekadasi	Ekadashi Until 10:33PM	Moon – White		Devaloka Day
Then Routine Work - Marana Yoga						

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.54	Tithi 12	Gulika 12:40PM – 1:50PM	Krittika Until 9:45AM	Ganesha: Yellow	<i>Sunrise:</i> 7:59AM	
		Yama 10:19AM – 11:30AM	Subha Until 5:13PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 12 - Phase 37
	823623466	Rahu 3:01PM – 4:11PM	Bava Until 10:47AM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:47PM	Moon – White		Devaloka Day
Until 9:45AM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.55	Tithi 13	Gulika 11:30AM – 12:41PM	Rohini Until 10:22AM	Ganesha: White	<i>Sunrise:</i> 7:59AM	
		Yama 9:09AM – 10:20AM	Sukla Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 12 - Phase 37
	833623466	Rahu 12:41PM – 1:51PM	Kaulava Until 10:38AM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:17PM	Moon – Yellow		Bhuloka Day
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM
<i>Pradosha Vrata</i>						

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 4.18	Tithi 14	Gulika 10:20AM – 11:30AM	Mrigashira Until 10:09AM	Ganesha: Yellow	<i>Sunrise:</i> 7:58AM	
		Yama 7:58AM – 9:09AM	Brahma Until 1:44PM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 12 - Phase 37
	834623466	Rahu 1:52PM – 3:02PM	Gara Until 9:48AM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 9:07PM	Moon – Yellow		Devaloka Day
				Pausha-Markali		

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 9:09AM – 10:20AM	Ardra Until 9:10AM	Ganesha: Yellow	<i>Sunrise:</i> 7:58AM	
Mithuna Rasi: 18.04	Tithi 15	Yama 3:03PM – 4:14PM	Indra Until 11:16AM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 12 - Phase 37
	834623466	Rahu 11:31AM – 12:41PM	Visti Until 8:19AM	Nataraja: Orange		Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:22PM	Moon – Yellow		Devaloka Day
		Penumbral Lunar Eclipse		Pausha-Markali		
		Ardra Darshanam				

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 7:58AM – 9:09AM	Punarvasu Until 7:59AM	Ganesha: White	<i>Sunrise:</i> 7:58AM	
Kataka Rasi: 2.09	Tithi 16 – 17	Yama 1:53PM – 3:04PM	Vaidhriti* Until 8:22AM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 12 - Phase 37
	844623466	Rahu 10:20AM – 11:31AM	Balava Until 6:20AM	Nataraja: Orange		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:10PM	Moon – Blue		Sivaloka Day
				Pausha-Markali		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 16.29 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Gulika 3:04PM - 4:16PM
Yama 12:42PM - 1:53PM
Rahu 4:16PM - 5:27PM

Pushya Until 6:17AM
Priti Until 1:51AM Mon
Vanija Until 1:21AM Mon
Dvitiya Until 2:40PM

Ganesha: White Sunrise: 7:58AM
Muruga: Clear Sunset: 5:27PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

Porto, Portugal Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.59 Tithi 18 - 19

854623466

Family Home Evening

Routine Work Marana Yoga

Until 2:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:54PM - 3:05PM
Yama 11:31AM - 12:43PM
Rahu 9:09AM - 10:20AM

Magha* Until 2:21AM Tue
Ayushman Until 10:24PM
Bava Until 10:39PM
Tritiya Until 11:59AM

Ganesha: Clear Sunrise: 7:57AM
Muruga: Clear Sunset: 5:28PM
Nataraja: Orange
Moon - Red
Pausha-Markali

Porto, Portugal Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 15.32 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 12:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:43PM - 1:54PM
Yama 10:20AM - 11:31AM
Rahu 3:06PM - 4:18PM

Purvaphalguni Until 12:23AM Wed
Saubhagya Until 6:58PM
Kaulava Until 7:57PM
Chaturthi* Until 9:16AM

Ganesha: Clear Sunrise: 7:57AM
Muruga: Clear Sunset: 5:29PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Porto, Portugal Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Kanya Rasi: 0.02 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 10:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Vanija Karana Panchami/Shashthyam Titau

Gulika 11:32AM - 12:43PM
Yama 9:08AM - 10:20AM
Rahu 12:43PM - 1:55PM

Uttaraphalguni Until 10:26PM
Sobhana Until 3:40PM
Vanija Until 4:11AM Thu
Panchami Until 6:38AM

Ganesha: Clear Sunrise: 7:56AM
Muruga: Clear Sunset: 5:30PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Porto, Portugal Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 14.25 Tithi 22

864623466

Routine Work Marana Yoga

Until 9:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:20AM - 11:32AM
Yama 7:56AM - 9:08AM
Rahu 1:56PM - 3:07PM

Hasta Until 9:00PM
Athiganda* Until 12:30PM
Visti Until 3:04PM
Saptami Until 1:59AM Fri

Ganesha: Purple Sunrise: 7:56AM
Muruga: Clear Sunset: 5:31PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Porto, Portugal Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.38 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:08AM - 10:20AM
Yama 3:08PM - 4:20PM
Rahu 11:32AM - 12:44PM

Chitra Until 7:43PM
Sukarma Until 9:35AM
Balava Until 1:01PM
Ashtami* Until 12:06AM Sat

Ganesha: Purple Sunrise: 7:55AM
Muruga: Clear Sunset: 5:32PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Porto, Portugal Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.37 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 7:55AM - 9:07AM
Yama 1:57PM - 3:09PM
Rahu 10:20AM - 11:32AM

Svati Until 6:39PM
Dhriti Until 6:56AM
Tailila Until 11:19AM
Navami* Until 10:35PM

Ganesha: Purple Sunrise: 7:55AM
Muruga: Clear Sunset: 5:34PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Porto, Portugal Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Porto, Portugal Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 26.23	Tithi 25	Gulika 3:10PM – 4:22PM	Vishakha Until 6:14PM	Ganesha: Clear <i>Sunrise:</i> 7:54AM	
		Yama 12:45PM – 1:57PM	Ganda* Until 2:30AM Mon	Muruqa: Clear <i>Sunset:</i> 5:35PM	Moon 1 - Phase 39
		874623466 Rahu 4:22PM – 5:35PM	Vanija Until 9:58AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 9:26PM	Moon – Orange	Devaloka Day
				Pausha*Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Porto, Portugal Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 9.56	Tithi 26	Gulika 1:58PM – 3:10PM	Anuradha Until 6:02PM	Ganesha: Clear <i>Sunrise:</i> 7:54AM	
Family Home Evening		Yama 11:32AM – 12:45PM	Vriddhi Until 12:45AM Tue	Muruqa: Clear <i>Sunset:</i> 5:36PM	Moon 1 - Phase 39
		874623466 Rahu 9:07AM – 10:19AM	Bava Until 9:01AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:40PM	Moon – Orange	Devaloka Day
				Pausha*Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Porto, Portugal Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 23.16	Tithi 27	Gulika 12:45PM – 1:58PM	Jyeshtha* Until 6:05PM	Ganesha: Purple <i>Sunrise:</i> 7:53AM	
		Yama 10:19AM – 11:32AM	Dhruva Until 11:17PM	Muruqa: Clear <i>Sunset:</i> 5:37PM	Moon 1 - Phase 39
		875623466 Rahu 3:11PM – 4:24PM	Kaulava Until 8:27AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 8:18PM	Moon – Orange	Bhuloka Day
Until 6:05PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Porto, Portugal Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 6.23	Tithi 28	Gulika 11:32AM – 12:45PM	Mula* Until 6:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:52AM	
		Yama 9:06AM – 10:19AM	Vyaghata* Until 10:10PM	Muruqa: Clear <i>Sunset:</i> 5:38PM	Moon 1 - Phase 39
		885623466 Rahu 12:45PM – 1:59PM	Gara Until 8:18AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 8:21PM	Moon – Light Blue	Bhuloka Day
Until 6:51PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Porto, Portugal Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 19.17	Tithi 29	Gulika 10:19AM – 11:32AM	Purvashadha* Until 7:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:52AM	
		Yama 7:52AM – 9:05AM	Harshana Until 9:23PM	Muruqa: Clear <i>Sunset:</i> 5:40PM	Moon 1 - Phase 39
		885623466 Rahu 1:59PM – 3:13PM	Visti* Until 8:34AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:50PM	Moon – Light Blue	Bhuloka Day
Until 7:51PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Porto, Portugal Sun 13 Sutra 285 Vikarin 5121
Makara Rasi: 2	Tithi 30	Gulika 9:05AM – 10:19AM	Uttarashadha Until 9:07PM	Ganesha: Light Blue <i>Sunrise:</i> 7:51AM	
		Yama 3:13PM – 4:27PM	Vajra* Until 8:54PM	Muruqa: Clear <i>Sunset:</i> 5:41PM	Moon 1 - Phase 39
		885623466 Rahu 11:32AM – 12:46PM	Catuspada Until 9:15AM	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 9:44PM	Moon – Light Blue	Bhuloka Day
				Pausha*Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Porto, Portugal Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 14.31	Tithi 1	Gulika 7:50AM – 9:04AM	Shravana Until 11:08PM	Ganesha: Light Blue <i>Sunrise:</i> 7:50AM	
		Yama 2:00PM – 3:14PM	Siddhi Until 8:46PM	Muruqa: Clear <i>Sunset:</i> 5:42PM	Moon 1 - Phase 39
		995623466 Rahu 10:18AM – 11:32AM	Kintughna Until 10:23AM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:05PM	Moon – Purple	Bhuloka Day
				Magha*Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Porto, Portugal Sun 15 Sutra 287
Makara Rasi: 26.5	Tithi 2	Gulika 3:15PM – 4:29PM	Dhanishtha Until 1:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 7:49AM		Vikarin 5121	
		Yama 12:46PM – 2:01PM	Vyatipata* Until 8:57PM	Muruqa: Clear	<i>Sunset:</i> 5:43PM		Moon 1 - Phase 40	
		995723466 Rahu 4:29PM – 5:43PM	Balava Until 11:56AM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 12:50AM Mon	Moon – Purple		Devaloka Day		
Until 1:21AM Mon				Magha-Thai				
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Porto, Portugal Sun 16 Sutra 288
Kumbha Rasi: 9	Tithi 3	Gulika 2:01PM – 3:16PM	Shatabhishak Until 3:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:49AM		Vikarin 5121	
Family Home Evening		Yama 11:32AM – 12:47PM	Variyan Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 9:03AM – 10:18AM	Taitila Until 1:52PM	Nataraja: Orange			3rd Phase	
Until 3:45AM Tue			Tritiya Until 2:56AM Tue	Moon – Purple		Devaloka Day		
Then Routine Work - Marana Yoga				Magha-Thai				

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Porto, Portugal Sun 17 Sutra 289
Kumbha Rasi: 21.02	Tithi 4	Gulika 12:47PM – 2:02PM	Purvaproshtapada* Until 6:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:48AM		Vikarin 5121	
		Yama 10:17AM – 11:32AM	Parigha* Until 10:02PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM		Moon 1 - Phase 40	
		915723466 Rahu 3:16PM – 4:31PM	Vanija Until 4:06PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 5:18AM Wed	Moon – Clear		Sivaloka Day		
Until 6:44AM Wed				Magha-Thai				
Then Creative Work - Siddha Yoga								

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Bava Karana Panchamyam Titau				Porto, Portugal Sun 18 Sutra 290
Meena Rasi: 2.58	Tithi 5	Gulika 11:32AM – 12:47PM	Purvaproshtapada* Until 6:44AM	Ganesha: Green	<i>Sunrise:</i> 7:47AM		Vikarin 5121	
		Yama 9:02AM – 10:17AM	Shiva Until 10:51PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM		Moon 1 - Phase 40	
		915723466 Rahu 12:47PM – 2:02PM	Bava Until 6:34PM	Nataraja: Orange			3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 7:49AM Thu	Moon – Clear		Sivaloka Day		
Until 6:44AM				Magha-Thai				
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Porto, Portugal Sun 19 Sutra 291
Meena Rasi: 14.5	Tithi 5 – 6	Gulika 10:17AM – 11:32AM	Uttaraproshtapada Until 9:41AM	Ganesha: Green	<i>Sunrise:</i> 7:46AM		Vikarin 5121	
		Yama 7:46AM – 9:01AM	Siddha Until 11:40PM	Muruqa: Clear	<i>Sunset:</i> 5:48PM		Moon 1 - Phase 40	
		915723466 Rahu 2:02PM – 3:18PM	Kaulava Until 9:06PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 7:49AM	Moon – Clear		Sivaloka Day		
Until 12:26PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal Sun 20 Sutra 292
Meena Rasi: 26.43	Tithi 6 – 7	Gulika 9:01AM – 10:16AM	Revati Until 12:26PM	Ganesha: Orange	<i>Sunrise:</i> 7:45AM		Vikarin 5121	
		Yama 3:18PM – 4:34PM	Sadhya Until 12:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 1 - Phase 40	
		916723466 Rahu 11:32AM – 12:47PM	Gara Until 11:32PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 10:19AM	Moon – Clear		Devaloka Day		
Until 12:26PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Porto, Portugal Sun 21 Sutra 293
Mesha Rasi: 8.39	Tithi 7 – 8	Gulika 7:45AM – 9:01AM	Ashvini Until 3:20PM	Ganesha: Green	<i>Sunrise:</i> 7:45AM		Vikarin 5121	
		Yama 2:03PM – 3:18PM	Subha Until 12:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 1 - Phase 40	
		926723466 Rahu 10:16AM – 11:32AM	Visti Until 1:40AM Sun	Nataraja: Orange			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 12:38PM	Moon – White		Bhuloka Day		
Until 5:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal Sun 22 Sutra 294
Mesha Rasi: 20.43	Tithi 8 – 9	Gulika 3:19PM – 4:35PM	Bharani Until 5:39PM	Ganesha: Green	<i>Sunrise:</i> 7:44AM		Vikarin 5121	
		Yama 12:47PM – 2:03PM	Sukla Until 1:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:51PM		Moon 1 - Phase 40	
		926723466 Rahu 4:35PM – 5:51PM	Balava Until 3:18AM Mon	Nataraja: Orange			Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 2:32PM	Moon – White		Bhuloka Day		
Until 5:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Porto, Portugal Sun 23 Sutra 295
1		Gulika 2:04PM – 3:20PM	Krittika Until 7:12PM	Ganesha: Green <i>Sunrise:</i> 7:43AM
Vrshabha Rasi: 3.01	Tithi 9 – 10	Yama 11:31AM – 12:48PM	Brahma Until 12:42AM Tue	Muruqa: Clear <i>Sunset:</i> 5:52PM
Family Home Evening	926723466	Rahu 8:59AM – 10:15AM	Taitila Until 4:13AM Tue	Nataraja: Orange
Routine Work Marana Yoga			Navami* Until 3:50PM	Moon – White
Until 7:12PM				Magha*Thai
Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau		Porto, Portugal Sun 24 Sutra 296
2		Gulika 12:48PM – 2:04PM	Rohini Until 8:20PM	Ganesha: Red <i>Sunrise:</i> 7:42AM
Vrshabha Rasi: 15.37	Tithi 10 – 11	Yama 10:15AM – 11:31AM	Indra Until 11:44PM	Muruqa: Clear <i>Sunset:</i> 5:53PM
	936723467	Rahu 3:20PM – 4:37PM	Vanija Until 4:19AM Wed	Nataraja: Clear
Creative Work Amrita Yoga			Dashami Until 4:21PM	Moon – Yellow
Until 8:20PM				Magha*Thai
Then Creative Work - Siddha Yoga				Devaloka Day

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Porto, Portugal Sun 25 Sutra 297
3		Gulika 11:31AM – 12:48PM	Mrigashira Until 8:29PM	Ganesha: Red <i>Sunrise:</i> 7:41AM
Vrshabha Rasi: 28.37	Tithi 11 – 12	Yama 8:58AM – 10:14AM	Vaidhriti* Until 10:05PM	Muruqa: Clear <i>Sunset:</i> 5:55PM
	936723467	Rahu 12:48PM – 2:04PM	Bava Until 3:35AM Thu	Nataraja: Clear
Creative Work Siddha Yoga			Ekadashi Until 4:02PM	Moon – Yellow
				Magha*Thai
				Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Porto, Portugal Sun 26 Sutra 298
4		Gulika 10:14AM – 11:31AM	Ardra Until 7:41PM	Ganesha: Red <i>Sunrise:</i> 7:40AM
Mithuna Rasi: 12.02	Tithi 12 – 13	Yama 7:40AM – 8:57AM	Vishkambha* Until 7:48PM	Muruqa: Clear <i>Sunset:</i> 5:56PM
	936723467	Rahu 2:05PM – 3:22PM	Kaulava Until 2:03AM Fri	Nataraja: Clear
Routine Work Marana Yoga			Dvodashi Until 2:54PM	Moon – Yellow
Until 7:41PM				Magha*Thai
Then Creative Work - Amrita Yoga				Devaloka Day
				<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 27 Sutra 299
5		Gulika 8:56AM – 10:13AM	Punarvasu Until 6:28PM	Ganesha: Blue <i>Sunrise:</i> 7:39AM
Mithuna Rasi: 25.56	Tithi 13 – 14	Yama 3:22PM – 4:40PM	Priti Until 4:57PM	Muruqa: Clear <i>Sunset:</i> 5:57PM
	947723467	Rahu 11:31AM – 12:48PM	Gara Until 11:50PM	Nataraja: Clear
Creative Work Siddha Yoga			Trayodashi Until 1:00PM	Moon – Blue
Until 6:28PM				Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Porto, Portugal Sutra 300
○	Copper Retreat Star	Gulika 7:38AM – 8:55AM	Pushya Until 4:31PM	Ganesha: Blue <i>Sunrise:</i> 7:38AM
Kataka Rasi: 10.16	Tithi 14 – 15	Yama 2:06PM – 3:23PM	Ayushman Until 1:36PM	Muruqa: Clear <i>Sunset:</i> 5:58PM
	947723467	Rahu 10:13AM – 11:30AM	Visti Until 9:03PM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 10:29AM	Moon – Blue
Until 4:31PM		Thai Pusam		Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Porto, Portugal Sutra 301
○	Silver Retreat Star	Gulika 3:24PM – 4:42PM	Ashlesha* Until 2:01PM	Ganesha: Blue <i>Sunrise:</i> 7:36AM
Kataka Rasi: 24.56	Tithi 15 – 16	Yama 12:48PM – 2:06PM	Saubhagya Until 9:54AM	Muruqa: Clear <i>Sunset:</i> 6:00PM
	947723467	Rahu 4:42PM – 6:00PM	Kaulava Until 4:13AM Mon	Nataraja: Clear
Creative Work Siddha Yoga			Purnima* Until 7:30AM	Moon – Blue
Until 2:01PM				Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 9.51 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 11:33AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:06PM – 3:24PM
Yama 11:30AM – 12:48PM
Rahu 8:53AM – 10:12AM
Magha* Until 11:33AM
Athiganda* Until 6:00AM
Taitila Until 2:31PM
Dvitiya Until 12:47AM Tue

Ganesha: Red *Sunrise: 7:35AM*
Muruqa: Clear *Sunset: 6:01PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Porto, Portugal
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 24.52 Tithi 18
Creative Work Siddha Yoga
Until 8:52AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visi* Karana Tritiyayam Titau

Gulika 12:48PM – 2:07PM
Yama 10:11AM – 11:30AM
Rahu 3:25PM – 4:43PM
Purvaphalguni Until 8:52AM
Sukarma Until 9:57PM
Vanija Until 11:06AM
Tritiya Until 9:24PM

Ganesha: Red *Sunrise: 7:34AM*
Muruqa: Clear *Sunset: 6:02PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Porto, Portugal
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 9.49 Tithi 19
Creative Work Amrita Yoga
Until 6:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:29AM – 12:48PM
Yama 8:52AM – 10:10AM
Rahu 12:48PM – 2:07PM
Uttaraphalguni Until 6:08AM
Dhriti Until 6:07PM
Bava Until 7:47AM
Chaturthi* Until 6:11PM

Ganesha: Red *Sunrise: 7:33AM*
Muruqa: Clear *Sunset: 6:03PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Maha Sankatahara Chaturthi

Porto, Portugal
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

3

Thursday, February 13, 2020

Kanya Rasi: 24.35 Tithi 20 – 21
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:10AM – 11:29AM
Yama 7:32AM – 8:51AM
Rahu 2:07PM – 3:26PM
Chitra Until 1:58AM Fri
Shula* Until 2:32PM
Gara Until 2:03AM Fri
Panchami Until 3:19PM

Ganesha: White *Sunrise: 7:32AM*
Muruqa: Clear *Sunset: 6:04PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Porto, Portugal
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

4

Friday, February 14, 2020

Tula Rasi: 9.04 Tithi 21 – 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhdi Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Gulika 8:50AM – 10:09AM
Yama 3:27PM – 4:46PM
Rahu 11:29AM – 12:48PM
Svati Until 12:23AM Sat
Ganda* Until 11:20AM
Visti Until 11:54PM
Shashthi* Until 12:53PM

Ganesha: White *Sunrise: 7:30AM*
Muruqa: Clear *Sunset: 6:06PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Porto, Portugal
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 23.11 Tithi 22 – 23
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:29AM – 8:49AM
Yama 2:08PM – 3:27PM
Rahu 10:08AM – 11:28AM
Vishakha Until 11:39PM
Vridhdi Until 8:35AM
Balava Until 10:19PM
Saptami Until 11:01AM

Ganesha: Clear *Sunrise: 7:29AM*
Muruqa: Clear *Sunset: 6:07PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Devaloka Day

Porto, Portugal
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 6.56 Tithi 23 – 24
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:28PM – 4:48PM
Yama 12:48PM – 2:08PM
Rahu 4:48PM – 6:08PM
Anuradha Until 11:23PM
Dhruva Until 6:17AM
Taitila Until 9:22PM
Ashtami* Until 9:44AM

Ganesha: Clear *Sunrise: 7:28AM*
Muruqa: Clear *Sunset: 6:08PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Devaloka Day

Porto, Portugal
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Porto, Portugal Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 20.19	Tithi 24 – 25	Gulika 2:08PM – 3:29PM	Jyeshtha* Until 11:33PM	Ganesha: Clear <i>Sunrise:</i> 7:26AM	
Family Home Evening	978723467	Yama 11:27AM – 12:48PM	Harshana Until 3:12AM Tue	Muruqa: Clear <i>Sunset:</i> 6:09PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 8:47AM – 10:07AM	Vanija Until 9:01PM	Nataraja: Clear	2nd Phase
			Navami* Until 9:06AM	Moon – Orange	Devaloka Day
				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Porto, Portugal Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 3.23	Tithi 25 – 26	Gulika 12:48PM – 2:08PM	Mula* Until 12:36AM Wed	Ganesha: Purple <i>Sunrise:</i> 7:25AM	
	988723467	Yama 10:06AM – 11:27AM	Vajra* Until 2:19AM Wed	Muruqa: Clear <i>Sunset:</i> 6:11PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 3:29PM – 4:50PM	Bava Until 9:16PM	Nataraja: Clear	2nd Phase
			Dashami Until 9:03AM	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Porto, Portugal Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 16.11	Tithi 26 – 27	Gulika 11:27AM – 12:48PM	Purvashadha* Until 1:58AM Thu	Ganesha: Purple <i>Sunrise:</i> 7:24AM	
	988723467	Yama 8:45AM – 10:06AM	Siddhi Until 1:49AM Thu	Muruqa: Clear <i>Sunset:</i> 6:12PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 12:48PM – 2:09PM	Kaulava Until 10:01PM	Nataraja: Clear	2nd Phase
Until 1:58AM Thu			Ekadashi* Until 9:34AM	Moon – Light Blue	Bhuloka Day
Then Routine Work - Marana Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Porto, Portugal Sun 10 Sutra 312 Vikarin 5121
Dhanus Rasi: 28.45	Tithi 27 – 28	Gulika 10:05AM – 11:26AM	Uttarashadha Until 3:35AM Fri	Ganesha: Purple <i>Sunrise:</i> 7:22AM	
	989823467	Yama 7:22AM – 8:44AM	Vyatipata* Until 1:40AM Fri	Muruqa: Clear <i>Sunset:</i> 6:13PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 2:09PM – 3:30PM	Gara Until 11:12PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 10:32AM	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Porto, Portugal Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 11.08	Tithi 28 – 29	Gulika 8:42AM – 10:04AM	Shravana Until 5:52AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 7:21AM	
	999823467	Yama 3:31PM – 4:53PM	Variyan Until 1:45AM Sat	Muruqa: Clear <i>Sunset:</i> 6:14PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 11:26AM – 12:47PM	Visti Until 12:45AM Sat	Nataraja: Clear	2nd Phase
Until 5:52AM Sat			Trayodashi* Until 11:55AM	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

●		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Porto, Portugal Sun 12 Sutra 314 Vikarin 5121
Retreat Star		Gulika 7:19AM – 8:41AM	Dhanishtha Until 8:16AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 7:19AM	
Makara Rasi: 23.23	Tithi 29 – 30	Yama 2:09PM – 3:31PM	Parigha* Until 2:04AM Sun	Muruqa: Clear <i>Sunset:</i> 6:15PM	Moon 2 - Phase 43
	999823467	Rahu 10:03AM – 11:25AM	Catuspada Until 2:36AM Sun	Nataraja: Clear	Amavasya
Creative Work Siddha Yoga			Chaturdashi* Until 1:37PM	Moon – Purple	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

●		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Porto, Portugal Sun 13 Sutra 315 Vikarin 5121
Retreat Star		Gulika 3:32PM – 4:54PM	Dhanishtha Until 8:16AM	Ganesha: Light Blue <i>Sunrise:</i> 7:18AM	
Kumbha Rasi: 5.31	Tithi 30 – 1	Yama 12:47PM – 2:10PM	Shiva Until 2:36AM Mon	Muruqa: Clear <i>Sunset:</i> 6:17PM	Moon 2 - Phase 43
	999823467	Rahu 4:54PM – 6:17PM	Kintughna Until 4:42AM Mon	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Amavasya* Until 3:36PM	Moon – Purple	Bhuloka Day
Until 8:16AM				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvilyayam Titau				Porto, Portugal Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 17.33 Family Home Evening Creative Work Siddha Yoga Until 10:43AM Then Routine Work - Marana Yoga	Tithi 1 – 2 999823467	Gulika 2:10PM – 3:32PM Yama 11:24AM – 12:47PM Rahu 8:39AM – 10:02AM	Shatabhishak Until 10:43AM Siddha Until 3:15AM Tue Balava Until 7:00AM Tue Prathama* Until 5:48PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalguna-Masi	Sunrise: 7:16AM Sunset: 6:18PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Porto, Portugal Sun 15 Sutra 317 Vikarin 5121
2	Kumbha Rasi: 29.31 Routine Work Marana Yoga Until 1:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	Gulika 12:47PM – 2:10PM Yama 10:01AM – 11:24AM Rahu 3:33PM – 4:56PM	Purvaprosarthapada* Until 1:41PM Sadhya Until 4:02AM Wed Balava Until 7:00AM Dvitiya Until 8:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 7:15AM Sunset: 6:19PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Porto, Portugal Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 11.25 Creative Work Siddha Yoga Until 4:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	Gulika 11:23AM – 12:47PM Yama 8:37AM – 10:00AM Rahu 12:47PM – 2:10PM	Uttaraprosarthapada Until 4:36PM Subha Until 4:55AM Thu Tailila Until 9:27AM Tritiya Until 10:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 7:13AM Sunset: 6:20PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Porto, Portugal Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 23.16 Creative Work Siddha Yoga Until 7:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	Gulika 9:59AM – 11:23AM Yama 7:12AM – 8:36AM Rahu 2:10PM – 3:34PM	Revati Until 7:25PM Sukla Until 5:45AM Fri Vanija Until 11:58AM Chaturthi* Until 1:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 7:12AM Sunset: 6:21PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 5.08 Creative Work Amrita Yoga Until 10:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	Gulika 8:34AM – 9:58AM Yama 3:34PM – 4:58PM Rahu 11:22AM – 12:46PM	Ashvini Until 10:29PM Brahma Until 6:31AM Sat Bava Until 2:27PM Panchami Until 3:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 7:10AM Sunset: 6:22PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Porto, Portugal Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 17.04 Creative Work Siddha Yoga	Tithi 6 921823467	Gulika 7:09AM – 8:33AM Yama 2:11PM – 3:35PM Rahu 9:58AM – 11:22AM	Bharani Until 1:10AM Sun Brahma Until 6:31AM Kaulava Until 4:45PM Shashthi* Until 5:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 7:09AM Sunset: 6:24PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara Karana Saptamyam Titau				Porto, Portugal Sun 20 Sutra 322 Vikarin 5121
Retreat Star	Mesha Rasi: 29.05 Creative Work Siddha Yoga Until 3:16AM Mon Then Creative Work - Amrita Yoga	Tithi 7 921833467	Gulika 3:36PM – 5:01PM Yama 12:46PM – 2:11PM Rahu 5:01PM – 6:26PM	Krittika Until 3:16AM Mon Indra Until 7:05AM Gara Until 6:41PM Saptami Until 7:25AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 7:06AM Sunset: 6:26PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Porto, Portugal Sun 21 Sutra 323 Vikarin 5121
Retreat Star	Vrshabha Rasi: 11.19 Family Home Evening Creative Work Amrita Yoga Until 5:04AM Tue Then Creative Work - Siddha Yoga	Tithi 7 – 8 931833467	Gulika 2:11PM – 3:36PM Yama 11:20AM – 12:46PM Rahu 8:30AM – 9:55AM	Rohini Until 5:04AM Tue Vaidhriti* Until 7:14AM Visti Until 8:01PM Saptami Until 7:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 7:04AM Sunset: 6:27PM Moon 2 - Phase 44 Ashtami Devaloka Day
Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal Sun 22 Sutra 324 Vikarin 5121
Retreat Star	Vrshabha Rasi: 23.49 Creative Work Siddha Yoga	Tithi 8 – 9 931833467	Gulika 12:45PM – 2:11PM Yama 9:54AM – 11:20AM Rahu 3:37PM – 5:03PM	Mrigashira Until 5:55AM Wed Vishkambha* Until 6:54AM Balava Until 8:36PM Ashtami* Until 8:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 7:03AM Sunset: 6:28PM Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau		Porto, Portugal Sun 23 Sutra 325	
Mithuna Rasi: 6.42	Tithi 9 – 10	Gulika 11:19AM – 12:45PM	Ardra Until 5:47AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:01AM		Vikarin 5121
		Yama 8:27AM – 9:53AM	Ayushman Until 4:18AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:29PM		Moon 2 - Phase 45
	931833467	Rahu 12:45PM – 2:11PM	Taitila Until 8:19PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Navami* Until 8:33AM	Moon – Yellow		Devaloka Day	
Until 5:47AM Thu				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 24 Sutra 326	
Mithuna Rasi: 20.02	Tithi 10 – 11	Gulika 9:52AM – 11:19AM	Punarvasu Until 5:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:59AM		Vikarin 5121
		Yama 6:59AM – 8:26AM	Saubhagya Until 1:58AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:30PM		Moon 2 - Phase 45
	141833467	Rahu 2:11PM – 3:38PM	Vanija Until 7:09PM	Nataraja: Clear			4th Phase
Creative Work	Amrita Yoga		Dashami Until 7:49AM	Moon – Blue		Bhuloka Day	
Until 5:05AM Fri				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau		Porto, Portugal Sun 25 Sutra 327	
Kataka Rasi: 3.52	Tithi 11 – 12	Gulika 8:25AM – 9:51AM	Pushya Until 3:29AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:58AM		Vikarin 5121
		Yama 3:38PM – 5:05PM	Sobhana Until 11:00PM	Muruqa: Orange	<i>Sunset:</i> 6:32PM		Moon 2 - Phase 45
	141833467	Rahu 11:18AM – 12:45PM	Balava Until 3:53AM Sat	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Ekadashi Until 6:14AM	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Porto, Portugal Sun 26 Sutra 328	
Kataka Rasi: 18.11	Tithi 13	Gulika 6:56AM – 8:23AM	Ashlesha* Until 1:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:56AM		Vikarin 5121
		Yama 2:12PM – 3:39PM	Athiganda* Until 7:29PM	Muruqa: Orange	<i>Sunset:</i> 6:33PM		Moon 2 - Phase 45
	141833467	Rahu 9:50AM – 11:17AM	Kaulava Until 2:29PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Trayodashi Until 12:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata</i>				

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Porto, Portugal Sun 27 Sutra 329	
Simha Rasi: 2.56	Tithi 14	Gulika 3:39PM – 5:06PM	Magha* Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:55AM		Vikarin 5121
		Yama 12:44PM – 2:12PM	Sukarma Until 3:34PM	Muruqa: Orange	<i>Sunset:</i> 6:34PM		Moon 2 - Phase 45
	151833467	Rahu 5:06PM – 6:34PM	Gara Until 11:15AM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 9:27PM	Moon – Red		Devaloka Day	
Until 10:33PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Porto, Portugal Sutra 330	
Simha Rasi: 18.02	Tithi 15 – 16	Gulika 2:12PM – 3:39PM	Purvaphalguni Until 7:34PM	Ganesha: White	<i>Sunrise:</i> 6:53AM		Vikarin 5121
Family Home Evening		Yama 11:16AM – 12:44PM	Dhriti Until 11:23AM	Muruqa: Orange	<i>Sunset:</i> 6:35PM		Moon 2 - Phase 45
Creative Work	Siddha Yoga	Rahu 8:21AM – 9:48AM	Visti Until 7:38AM	Nataraja: Clear			Purnima
			Purnima* Until 5:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

0		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Porto, Portugal Sutra 331	
Kanya Rasi: 3.18	Tithi 16 – 17	Gulika 12:44PM – 2:12PM	Uttaraphalguni Until 4:22PM	Ganesha: White	<i>Sunrise:</i> 6:51AM		Vikarin 5121
		Yama 9:47AM – 11:16AM	Shula* Until 7:01AM	Muruqa: Orange	<i>Sunset:</i> 6:36PM		Moon 2 - Phase 45
	152833467	Rahu 3:40PM – 5:08PM	Taitila Until 11:59PM	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:53PM	Moon – Red		Sivaloka Day	
Until 4:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 18.34 Tithi 17 - 18

162833467

Gulika 11:15AM - 12:43PM
Yama 8:18AM - 9:47AM
Rahu 12:43PM - 2:12PM

Hasta Until 1:31PM
Vriddhi Until 10:31PM
Vanija Until 8:18PM
Dvitiya Until 10:06AM

Ganesha: Clear Sunrise: 6:50AM
Muruga: Orange Sunset: 6:37PM
Nataraja: Clear
Moon - Green
Phalgun-Masi

Devaloka Day

Routine Work Marana Yoga

Until 1:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Porto, Portugal

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.4 Tithi 18 - 19

162833467

Gulika 9:46AM - 11:14AM
Yama 6:48AM - 8:17AM
Rahu 2:12PM - 3:41PM

Chitra Until 10:49AM
Dhruva Until 6:36PM
Balava Until 3:25AM Fri
Tritiya Until 6:33AM

Ganesha: Clear Sunrise: 6:48AM
Muruga: Orange Sunset: 6:39PM
Nataraja: Clear
Moon - Green
Phalgun-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 10:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 18.27 Tithi 20

162833467

Gulika 8:15AM - 9:45AM
Yama 3:41PM - 5:10PM
Rahu 11:14AM - 12:43PM

Svati Until 8:24AM
Vyaghata* Until 3:06PM
Kaulava Until 2:04PM
Panchami Until 12:50AM Sat

Ganesha: Clear Sunrise: 6:46AM
Muruga: Orange Sunset: 6:39PM
Nataraja: Clear
Moon - Green
Phalgun-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.49 Tithi 21

172833467

Gulika 6:45AM - 8:14AM
Yama 2:12PM - 3:42PM
Rahu 9:44AM - 11:13AM

Vishakha Until 6:51AM
Harshana Until 12:08PM
Gara Until 11:49AM
Shashthi* Until 10:56PM

Ganesha: Purple Sunrise: 6:45AM
Muruga: Orange Sunset: 6:40PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Porto, Portugal

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.44 Tithi 22

172833468

Gulika 3:42PM - 5:12PM
Yama 12:42PM - 2:12PM
Rahu 5:12PM - 6:42PM

Jyeshtha* Until 5:31AM Mon
Vajra* Until 9:44AM
Visti Until 10:17AM
Saptami Until 9:48PM

Ganesha: Purple Sunrise: 6:43AM
Muruga: Orange Sunset: 6:42PM
Nataraja: Purple
Moon - Orange
Phalgun-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

Until 5:31AM Mon

Then Creative Work - Siddha Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 0.1 Tithi 23

182933468

Gulika 2:12PM - 3:42PM
Yama 11:12AM - 12:42PM
Rahu 8:12AM - 9:42AM

Mula* Until 6:13AM Tue
Siddhi Until 7:58AM
Balava Until 9:33AM
Ashtami* Until 9:28PM

Ganesha: Purple Sunrise: 6:41AM
Muruga: Orange Sunset: 6:43PM
Nataraja: Purple
Moon - Light Blue
Phalgun-Panguni

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 13.12 Tithi 24

182933468

Gulika 12:42PM - 2:12PM
Yama 9:41AM - 11:11AM
Rahu 3:43PM - 5:13PM

Mula* Until 6:13AM
Vyatipata* Until 6:50AM
Taitila Until 9:36AM
Navami* Until 9:52PM

Ganesha: Purple Sunrise: 6:40AM
Muruga: Orange Sunset: 6:44PM
Nataraja: Purple
Moon - Light Blue
Phalgun-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 6:13AM

Then Creative Work - Siddha Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1	Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Porto, Portugal
	Dhanus Rasi: 25.53	Tithi 25	Sun 8	Sutra 339			
	182933468	Rahu	Gulika 11:11AM – 12:41PM Yama 8:09AM – 9:40AM Rahu 12:41PM – 2:12PM	Purvashadha* Until 7:29AM Variyan Until 6:14AM Vanija Until 10:21AM Dashami Until 10:57PM	Ganesha: Purple Muruga: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 6:38AM Sunset: 6:45PM	Moon 3 - Phase 47 2nd Phase
	Creative Work	Amrita Yoga					Devaloka Day

2	Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Porto, Portugal
	Makara Rasi: 8.17	Tithi 26	Sun 9	Sutra 340			
	182933468	Rahu	Gulika 9:39AM – 11:10AM Yama 6:36AM – 8:08AM Rahu 2:12PM – 3:44PM	Uttarashadha Until 9:10AM Parigha* Until 6:07AM Bava Until 11:42AM Ekadashi* Until 12:32AM Fri	Ganesha: Purple Muruga: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 6:36AM Sunset: 6:46PM	Moon 3 - Phase 47 2nd Phase
	Routine Work	Marana Yoga					Devaloka Day

3	Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Porto, Portugal
	Makara Rasi: 20.29	Tithi 27	Sun 10	Sutra 341			
	192933468	Rahu	Gulika 8:06AM – 9:38AM Yama 3:44PM – 5:15PM Rahu 11:09AM – 12:41PM	Shravana Until 11:37AM Shiva Until 6:23AM Kaulava Until 1:30PM Dvadashi* Until 2:29AM Sat	Ganesha: Clear Muruga: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:35AM Sunset: 6:47PM	Moon 3 - Phase 47 2nd Phase
	Routine Work	Marana Yoga					Sivaloka Day

4	Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal
	Kumbha Rasi: 2.34	Tithi 28	Sun 11	Sutra 342			
	192933468	Rahu	Gulika 6:33AM – 8:05AM Yama 2:12PM – 3:44PM Rahu 9:37AM – 11:09AM	Dhanishtha Until 2:12PM Siddha Until 6:53AM Gara Until 3:36PM Trayodashi* Until 4:42AM Sun <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruga: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:33AM Sunset: 6:48PM	Moon 3 - Phase 47 2nd Phase
	Creative Work	Siddha Yoga					Sivaloka Day

5	Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Porto, Portugal
	Kumbha Rasi: 14.32	Tithi 29	Sun 12	Sutra 343			
	192933468	Rahu	Gulika 3:45PM – 5:17PM Yama 12:40PM – 2:12PM Rahu 5:17PM – 6:49PM	Shatabhishak Until 4:48PM Sadhya Until 7:34AM Visti Until 5:53PM Chaturdashi* Until 7:03AM Mon	Ganesha: Clear Muruga: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:31AM Sunset: 6:49PM	Moon 3 - Phase 47 2nd Phase
	Creative Work	Siddha Yoga					Sivaloka Day

●	Monday, March 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Porto, Portugal		
	Retreat Star		Sun 13	Sutra 344					
	Kumbha Rasi: 26.27	Tithi 29 – 30	113933468	Rahu	Gulika 2:12PM – 3:45PM Yama 11:07AM – 12:40PM Rahu 8:02AM – 9:35AM	Purvaproshtpada* Until 7:51PM Subha Until 8:22AM Catuspada Until 8:17PM Chaturdashi* Until 7:03AM	Ganesha: Yellow Muruga: Orange Nataraja: Purple Moon – Clear Phalguna-Panguni	Sunrise: 6:30AM Sunset: 6:50PM	Moon 3 - Phase 47 Amavasya
	Family Home Evening	Marana Yoga					Sivaloka Day		

●	Tuesday, March 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Porto, Portugal		
	Retreat Star		Sun 14	Sutra 345					
	Meena Rasi: 8.2	Tithi 30 – 1	113933468	Rahu	Gulika 12:40PM – 2:13PM Yama 9:34AM – 11:07AM Rahu 3:45PM – 5:18PM	Uttaraproshtpada Until 10:47PM Sukla Until 9:12AM Kintughna Until 10:43PM Amavasya* Until 9:28AM	Ganesha: Yellow Muruga: Orange Nataraja: Purple Moon – Clear Chaitra-Panguni	Sunrise: 6:28AM Sunset: 6:51PM	Moon 3 - Phase 47 Prathama
	Creative Work	Amrita Yoga	Yugadhi						Sivaloka Day

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Meena Rasi: 20.13		Tithi 1 – 2		Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 346	
113933468		Gulika 11:06AM – 12:39PM	Revati Until 1:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
Routine Work Marana Yoga		Yama 8:00AM – 9:33AM	Brahma Until 10:04AM	Muruqa: Orange	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 48	
Until 1:33AM Thu		Rahu 12:39PM – 2:13PM	Balava Until 1:10AM Thu	Nataraja: Purple	Moon – Clear		
Then Creative Work - Amrita Yoga		Prathama* Until 11:55AM		Chaitra•Panguni		Sivaloka Day	

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Mesha Rasi: 2.07		Tithi 2 – 3		Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 347	
123933468		Gulika 9:32AM – 11:05AM	Ashvini Until 4:36AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
Creative Work Amrita Yoga		Yama 6:25AM – 7:58AM	Indra Until 10:55AM	Muruqa: Orange	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 48	
Until 4:36AM Fri		Rahu 2:13PM – 3:46PM	Taitila Until 3:33AM Fri	Nataraja: Purple	Moon – White		
Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi		Dvitiya Until 2:21PM		Chaitra•Panguni	
						Sivaloka Day	

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Mesha Rasi: 14.01		Tithi 3 – 4		Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17 Sutra 348	
123933468		Gulika 7:57AM – 9:31AM	Bharani Until 7:19AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 3:47PM – 5:21PM	Vaidhriti* Until 11:41AM	Muruqa: Orange	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 48	
Until 7:19AM Sat		Rahu 11:05AM – 12:39PM	Vanija Until 5:47AM Sat	Nataraja: Purple	Moon – White		
Then Creative Work - Amrita Yoga		Tritiya Until 4:40PM		Chaitra•Panguni		Sivaloka Day	

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Mesha Rasi: 25.59		Tithi 4		Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Visti* Karana Chaturthyam Titau		Sun 18 Sutra 349	
123933468		Gulika 6:21AM – 7:56AM	Bharani Until 7:19AM	Ganesha: Red	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 2:13PM – 3:47PM	Vishkambha* Until 12:20PM	Muruqa: Orange	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 48	
Until 7:19AM		Rahu 9:30AM – 11:04AM	Visti Until 6:47PM	Nataraja: Purple	Moon – White		
Then Creative Work - Amrita Yoga		Chaturthi* Until 6:47PM		Chaitra•Panguni		Sivaloka Day	

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Vrishabha Rasi: 8.04		Tithi 5		Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 350	
123933468		Gulika 3:47PM – 5:22PM	Krittika Until 9:37AM	Ganesha: Red	<i>Sunrise:</i> 6:20AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 12:38PM – 2:13PM	Priti Until 12:46PM	Muruqa: Orange	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48	
		Rahu 5:22PM – 6:57PM	Bava Until 7:44AM	Nataraja: Purple	Moon – White		
		Panchami Until 8:33PM		Chaitra•Panguni		Sivaloka Day	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Vrishabha Rasi: 20.19		Tithi 6		Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 20 Sutra 351	
133933468		Gulika 2:13PM – 3:48PM	Rohini Until 11:50AM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	Vikarin 5121	
Family Home Evening		Yama 11:03AM – 12:38PM	Ayushman Until 12:50PM	Muruqa: Orange	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 48	
Creative Work Amrita Yoga		Rahu 7:53AM – 9:28AM	Kaulava Until 9:16AM	Nataraja: Purple	Moon – Yellow		
		Shashthi* Until 9:49PM		Chaitra•Panguni		Subha Sivaloka Day	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
Mithuna Rasi: 2.48		Tithi 7		Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21 Sutra 352	
133933468		Gulika 12:37PM – 2:13PM	Mrigashira Until 1:17PM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 9:27AM – 11:02AM	Saubhagya Until 12:26PM	Muruqa: Orange	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 48	
Until 1:17PM		Rahu 3:48PM – 5:23PM	Gara Until 10:13AM	Nataraja: Purple	Moon – Yellow		
Then Routine Work - Marana Yoga		Saptami Until 10:25PM		Chaitra•Panguni		Subha Sivaloka Day	

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Mithuna Rasi: 15.37		Tithi 8		Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 22 Sutra 353	
133933468		Gulika 11:02AM – 12:37PM	Ardra Until 1:53PM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 7:52AM – 9:27AM	Sobhana Until 11:29AM	Muruqa: Orange	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 48	
		Rahu 12:37PM – 2:13PM	Visti Until 10:26AM	Nataraja: Purple	Moon – Yellow		
		Ashtami* Until 10:14PM		Chaitra•Panguni		Subha Sivaloka Day	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Mithuna Rasi: 28.5		Tithi 9		Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Sun 23 Sutra 354	
143933468		Gulika 9:26AM – 11:02AM	Punarvasu Until 1:59PM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Vikarin 5121	
Creative Work Amrita Yoga		Yama 6:15AM – 7:50AM	Athiganda* Until 9:52AM	Muruqa: Orange	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 48	
		Rahu 2:13PM – 3:49PM	Balava Until 9:51AM	Nataraja: Purple	Moon – Blue		
		Navami* Until 9:13PM		Chaitra•Panguni		Sivaloka Day	
		Sri Rama Navami					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Porto, Portugal Sun 24 Sutra 355
Kataka Rasi: 12.3	Tithi 10	Gulika 7:49AM – 9:25AM	Pushya Until 1:08PM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM	Vikarin 5121
		Yama 3:49PM – 5:25PM	Sukarma Until 7:37AM	Muruqa: Orange <i>Sunset:</i> 7:01PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 11:01AM – 12:37PM	Taitila Until 8:26AM	Nataraja: Purple	4th Phase
				Moon – Blue	Sivaloka Day
		Yogaswami Mahasamadhi	Dashami Until 7:25PM	Chaitra•Panguni	

2 Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Porto, Portugal Sun 25 Sutra 356
Kataka Rasi: 26.4	Tithi 11 – 12	Gulika 6:11AM – 7:48AM	Ashlesha* Until 11:24AM	Ganesha: Yellow <i>Sunrise:</i> 6:11AM	Vikarin 5121
		Yama 2:13PM – 3:49PM	Shula* Until 1:20AM Sun	Muruqa: Orange <i>Sunset:</i> 7:02PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 9:24AM – 11:00AM	Vanija Until 6:15AM	Nataraja: Purple	4th Phase
Until 11:24AM				Moon – Blue	Sivaloka Day
Then Creative Work - Amrita Yoga			Ekadashi Until 4:54PM	Chaitra•Panguni	

3 Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Porto, Portugal Sun 26 Sutra 357
Simha Rasi: 11.16	Tithi 12 – 13	Gulika 3:50PM – 5:26PM	Magha* Until 9:19AM	Ganesha: White <i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 12:36PM – 2:13PM	Ganda* Until 9:29PM	Muruqa: Orange <i>Sunset:</i> 7:03PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	153933468 Rahu 5:26PM – 7:03PM	Kaulava Until 12:05AM Mon	Nataraja: Purple	4th Phase
Until 9:19AM				Moon – Red	Subha Sivaloka Day
Then Creative Work - Siddha Yoga			Dvadashi Until 1:47PM	Chaitra•Panguni	
			<i>Pradosha Vrata</i>		

4 Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Porto, Portugal Sun 27 Sutra 358
Simha Rasi: 26.15	Tithi 13 – 14	Gulika 2:13PM – 3:50PM	Purvaphalguni Until 6:38AM	Ganesha: Clear <i>Sunrise:</i> 6:08AM	Vikarin 5121
Family Home Evening		Yama 10:59AM – 12:36PM	Vridhhi Until 5:21PM	Muruqa: Orange <i>Sunset:</i> 7:04PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:45AM – 9:22AM	Gara Until 8:23PM	Nataraja: Purple	4th Phase
				Moon – Red	Sivaloka Day
			Trayodashi Until 10:15AM	Chaitra•Panguni	

○ Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Porto, Portugal Sun 28 Sutra 359
Copper Retreat Star		Gulika 12:36PM – 2:13PM	Hasta Until 12:34AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:06AM	Vikarin 5121
Kanya Rasi: 11.28	Tithi 14 – 15	Yama 9:21AM – 10:58AM	Dhruva Until 1:01PM	Muruqa: Orange <i>Sunset:</i> 7:05PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:50PM – 5:28PM	Bava Until 2:33AM Wed	Nataraja: Purple	Purnima
				Moon – Green	Devaloka Day
		Panguni Uttiram	Chaturdashi* Until 6:27AM	Chaitra•Panguni	
		Hanuman Jayanti			

Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Porto, Portugal Sun 29 Sutra 360
Silver Retreat Star		Gulika 10:58AM – 12:35PM	Chitra Until 9:33PM	Ganesha: Purple <i>Sunrise:</i> 6:05AM	Vikarin 5121
Kanya Rasi: 26.47	Tithi 16	Yama 7:42AM – 9:20AM	Vyaghata* Until 8:40AM	Muruqa: Clear <i>Sunset:</i> 7:06PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 12:35PM – 2:13PM	Balava Until 12:39PM	Nataraja: Purple	Prathama
				Moon – Green	Devaloka Day
			Prathama* Until 10:45PM	Chaitra•Panguni	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 11.59 Tithi 17
164134468
Creative Work Amrita Yoga
Until 6:39PM
Then Creative Work - Siddha Yoga

Gulika 9:19AM – 10:57AM
Yama 6:03AM – 7:41AM
Rahu 2:13PM – 3:51PM
Svati Until 6:39PM
Vajra* Until 12:28AM Fri
Taitila Until 8:57AM
Dvitiya Until 7:12PM

Ganesha: White *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 7:07PM
Nataraja: Purple
Moon – Green
Devaloka Day
Chaitra•Panguni

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 26.56 Tithi 18 – 19
174134468
Creative Work Siddha Yoga

Gulika 7:40AM – 9:18AM
Yama 3:52PM – 5:30PM
Rahu 10:57AM – 12:35PM
Vishakha Until 4:27PM
Siddhi Until 8:54PM
Bava Until 2:46AM Sat
Tritiya Until 4:06PM

Ganesha: Yellow *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 7:07PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala*Varian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vrischika Rasi: 11.29 Tithi 19 – 20
174134468
Creative Work Siddha Yoga

Gulika 6:00AM – 7:39AM
Yama 2:13PM – 3:52PM
Rahu 9:17AM – 10:56AM
Anuradha Until 2:43PM
Vyatipala* Until 5:51PM
Kaulava Until 12:36AM Sun
Chaturthi* Until 1:34PM

Ganesha: Yellow *Sunrise:* 6:00AM
Muruqa: Clear *Sunset:* 7:09PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vrischika Rasi: 25.34 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 1:33PM
Then Creative Work - Amrita Yoga

Gulika 3:52PM – 5:31PM
Yama 12:34PM – 2:13PM
Rahu 5:31PM – 7:10PM
Jyeshtha* Until 1:33PM
Variyan Until 3:23PM
Gara Until 11:12PM
Panchami Until 11:47AM

Ganesha: Yellow *Sunrise:* 5:58AM
Muruqa: Clear *Sunset:* 7:10PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Porto, Portugal
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 9.1 Tithi 21 – 22
184134468
Family Home Evening
Creative Work Siddha Yoga
Until 1:31PM
Then Routine Work - Marana Yoga

Gulika 2:13PM – 3:53PM
Yama 10:55AM – 12:34PM
Rahu 7:36AM – 9:15AM
Mula* Until 1:31PM
Parigha* Until 1:36PM
Visti Until 10:39PM
Shashthi* Until 10:48AM

Ganesha: Blue *Sunrise:* 5:57AM
Muruqa: Clear *Sunset:* 7:12PM
Nataraja: Purple
Moon – Light Blue
Devaloka Day
Chaitra•Chaitra

D

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 22.17 Tithi 22 – 23
284134468
Creative Work Siddha Yoga
Until 2:09PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:34PM – 2:14PM
Yama 9:15AM – 10:54AM
Rahu 3:53PM – 5:33PM
Purvashadha* Until 2:09PM
Shiva Until 12:30PM
Balava Until 10:57PM
Saptami Until 10:41AM

Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: Clear *Sunset:* 7:13PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 5.01 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 3:24PM
Then Creative Work - Siddha Yoga

Gulika 10:54AM – 12:34PM
Yama 7:34AM – 9:14AM
Rahu 12:34PM – 2:14PM
Uttarashadha Until 3:24PM
Siddha Until 12:00PM
Taitila Until 11:59PM
Ashtami* Until 11:22AM

Ganesha: Yellow *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 7:14PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Porto, Portugal			
	Makara Rasi: 17.25 Tithi 24 – 25		Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 8 Sutra 4			
	294134468	Gulika 9:13AM – 10:53AM Yama 5:52AM – 7:32AM Rahu 2:14PM – 3:54PM	Shravana Until 5:36PM Sadhya Until 12:02PM Vanija Until 1:38AM Fri	Ganesha: Blue <i>Sunrise:</i> 5:52AM Muruqa: Clear <i>Sunset:</i> 7:15PM Nataraja: Purple Moon – Purple	Sarvari 5122 Moon 4 - Phase 1 2nd Phase	
	Creative Work Siddha Yoga	Chidambaram Abhishekam	Navami* Until 12:44PM	Chaitra•Chaitra	Devaloka Day	

2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Porto, Portugal			
	Makara Rasi: 29.35 Tithi 25 – 26		Dhanishtha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 9 Sutra 5			
	294134468	Gulika 7:31AM – 9:12AM Yama 3:54PM – 5:35PM Rahu 10:53AM – 12:33PM	Dhanishtha Until 8:07PM Subha Until 12:30PM Bava Until 3:43AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:51AM Muruqa: Clear <i>Sunset:</i> 7:16PM Nataraja: Purple Moon – Purple	Sarvari 5122 Moon 4 - Phase 1 2nd Phase	
	Creative Work Siddha Yoga		Dashami Until 2:37PM	Chaitra•Chaitra	Devaloka Day	


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Porto, Portugal			
	Kumbha Rasi: 11.35 Tithi 26 – 27		Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 6			
	295134468	Gulika 5:49AM – 7:30AM Yama 2:14PM – 3:55PM Rahu 9:11AM – 10:52AM	Shatabhishak Until 10:46PM Sukla Until 1:12PM Kaulava Until 6:03AM Sun	Ganesha: Yellow <i>Sunrise:</i> 5:49AM Muruqa: Clear <i>Sunset:</i> 7:17PM Nataraja: Purple Moon – Purple	Sarvari 5122 Moon 4 - Phase 1 2nd Phase	
	Creative Work Amrita Yoga Until 10:46PM Then Routine Work - Marana Yoga		Ekadashi* Until 4:51PM	Chaitra•Chaitra	Sivaloka Day	


4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Porto, Portugal			
	Kumbha Rasi: 23.29 Tithi 27		Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 11 Sutra 7			
	215134468	Gulika 3:55PM – 5:37PM Yama 12:33PM – 2:14PM Rahu 5:37PM – 7:18PM	Purvaproshtapada* Until 1:53AM Mon Brahma Until 2:04PM Kaulava Until 6:03AM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM Muruqa: Clear <i>Sunset:</i> 7:18PM Nataraja: Purple Moon – Clear	Sarvari 5122 Moon 4 - Phase 1 2nd Phase	
	Creative Work Siddha Yoga		Dvadashi* Until 7:15PM	Chaitra•Chaitra	Sivaloka Day	

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Porto, Portugal			
	Meena Rasi: 5.22 Tithi 28		Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 8			
	215134468	Gulika 2:14PM – 3:56PM Yama 10:51AM – 12:33PM Rahu 7:28AM – 9:09AM	Uttaraproshtapada Until 4:51AM Tue Indra Until 3:00PM Gara Until 8:30AM	Ganesha: Yellow <i>Sunrise:</i> 5:46AM Muruqa: Clear <i>Sunset:</i> 7:19PM Nataraja: Purple Moon – Clear	Sarvari 5122 Moon 4 - Phase 1 2nd Phase	
	Creative Work Siddha Yoga		Trayodashi* Until 9:42PM	Chaitra•Chaitra	Sivaloka Day	

Pradosha Vrata (Fasting)

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Porto, Portugal			
	Meena Rasi: 17.14 Tithi 29		Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 9			
	215134468	Gulika 12:32PM – 2:14PM Yama 9:08AM – 10:50AM Rahu 3:56PM – 5:38PM	Revati Until 7:35AM Wed Vaidhriti* Until 3:53PM Visti Until 10:56AM	Ganesha: Yellow <i>Sunrise:</i> 5:45AM Muruqa: Clear <i>Sunset:</i> 7:20PM Nataraja: Purple Moon – Clear	Sarvari 5122 Moon 4 - Phase 1 2nd Phase	
	Creative Work Siddha Yoga Until 7:35AM Wed Then Routine Work - Marana Yoga		Chaturdashi* Until 12:06AM Wed	Chaitra•Chaitra	Sivaloka Day	

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Porto, Portugal			
	Retreat Star		Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 14 Sutra 10			
	Meena Rasi: 29.07 Tithi 30	Gulika 10:50AM – 12:32PM Yama 7:25AM – 9:08AM Rahu 12:32PM – 2:14PM	Revati Until 7:35AM Vishkambha* Until 4:43PM Catuspada Until 1:17PM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM Muruqa: Clear <i>Sunset:</i> 7:21PM Nataraja: Purple Moon – Clear	Sarvari 5122 Moon 4 - Phase 1 Amavasya	
	Routine Work Marana Yoga		Amavasya* Until 2:23AM Thu	Chaitra•Chaitra	Sivaloka Day	

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Porto, Portugal			
	Retreat Star		Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 11			
	Mesha Rasi: 11.04 Tithi 1	Gulika 9:07AM – 10:49AM Yama 5:42AM – 7:24AM Rahu 2:14PM – 3:57PM	Ashvini Until 10:31AM Priti Until 5:27PM Kintughna Until 3:29PM	Ganesha: Red <i>Sunrise:</i> 5:42AM Muruqa: Clear <i>Sunset:</i> 7:22PM Nataraja: Purple Moon – White	Sarvari 5122 Moon 4 - Phase 1 Prathama	
	Creative Work Amrita Yoga Until 10:31AM Then Creative Work - Siddha Yoga		Prathama* Until 4:29AM Fri	Vaisaka•Chaitra	Sivaloka Day	

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Porto, Portugal Sun 16 Sutra 12	
Mesha Rasi: 23.05	Tithi 2	Gulika 7:23AM – 9:06AM	Bharani Until 1:06PM	Ganesha: Red	<i>Sunrise:</i> 5:40AM		Sarvari 5122
		Yama 3:57PM – 5:40PM	Ayushman Until 5:59PM	Muruqa: Clear	<i>Sunset:</i> 7:23PM		Moon 4 - Phase 2
		225134469 Rahu 10:49AM – 12:32PM	Balava Until 5:28PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:21AM Sat	Moon – White		Devaloka Day	
						Vaisaka-Chaitra	

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Porto, Portugal Sun 17 Sutra 13	
Vrishabha Rasi: 5.11	Tithi 2 – 3	Gulika 5:39AM – 7:22AM	Krittika Until 3:16PM	Ganesha: Red	<i>Sunrise:</i> 5:39AM		Sarvari 5122
		Yama 2:15PM – 3:58PM	Saubhagya Until 6:19PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM		Moon 4 - Phase 2
		225134469 Rahu 9:05AM – 10:48AM	Taitila Until 7:11PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 6:21AM	Moon – White		Devaloka Day	
						Vaisaka-Chaitra	

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Porto, Portugal Sun 18 Sutra 14	
Vrishabha Rasi: 17.26	Tithi 3 – 4	Gulika 3:58PM – 5:42PM	Rohini Until 5:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM		Sarvari 5122
		Yama 12:31PM – 2:15PM	Sobhana Until 6:24PM	Muruqa: Clear	<i>Sunset:</i> 7:25PM		Moon 4 - Phase 2
		235134469 Rahu 5:42PM – 7:25PM	Vanija Until 8:32PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 7:53AM	Moon – Yellow		Devaloka Day	
						Vaisaka-Chaitra	

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Porto, Portugal Sun 19 Sutra 15	
Vrishabha Rasi: 29.5	Tithi 4 – 5	Gulika 2:15PM – 3:59PM	Mrigashira Until 7:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:36AM		Sarvari 5122
Family Home Evening		Yama 10:47AM – 12:31PM	Athiganda* Until 6:07PM	Muruqa: Clear	<i>Sunset:</i> 7:26PM		Moon 4 - Phase 2
Creative Work	Amrita Yoga	235134469 Rahu 7:20AM – 9:04AM	Bava Until 9:27PM	Nataraja: Clear			3rd Phase
Until 7:00PM			Chaturthi* Until 9:02AM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga						Vaisaka-Chaitra	

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Porto, Portugal Sun 20 Sutra 16	
Mithuna Rasi: 12.28	Tithi 5 – 6	Gulika 12:31PM – 2:15PM	Ardra Until 7:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:35AM		Sarvari 5122
		Yama 9:03AM – 10:47AM	Sukarma Until 5:27PM	Muruqa: Clear	<i>Sunset:</i> 7:27PM		Moon 4 - Phase 2
		236134469 Rahu 3:59PM – 5:43PM	Kaulava Until 9:49PM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Panchami Until 9:41AM	Moon – Yellow		Bhuloka Day	
Until 7:55PM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Porto, Portugal Sun 21 Sutra 17	
Mithuna Rasi: 25.21	Tithi 6 – 7	Gulika 10:47AM – 12:31PM	Punarvasu Until 8:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM		Sarvari 5122
		Yama 7:18AM – 9:02AM	Dhriti Until 4:19PM	Muruqa: Clear	<i>Sunset:</i> 7:29PM		Moon 4 - Phase 2
		246134469 Rahu 12:31PM – 2:15PM	Gara Until 9:34PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:45AM	Moon – Blue		Devaloka Day	
						Vaisaka-Chaitra	

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Porto, Portugal Sun 22 Sutra 18	
Kataka Rasi: 8.34	Tithi 7 – 8	Gulika 9:01AM – 10:46AM	Pushya Until 8:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM		Sarvari 5122
		Yama 5:32AM – 7:17AM	Shula* Until 2:39PM	Muruqa: Clear	<i>Sunset:</i> 7:30PM		Moon 4 - Phase 2
		246134469 Rahu 2:16PM – 4:00PM	Visti Until 8:40PM	Nataraja: Clear			Ashtami
Creative Work	Amrita Yoga		Saptami Until 9:11AM	Moon – Blue		Devaloka Day	
Until 8:23PM						Vaisaka-Chaitra	
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Porto, Portugal Sun 23 Sutra 19	
Kataka Rasi: 22.09	Tithi 8 – 9	Gulika 7:15AM – 9:00AM	Ashlesha* Until 7:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM		Sarvari 5122
		Yama 4:01PM – 5:46PM	Ganda* Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 7:32PM		Moon 4 - Phase 2
		246134469 Rahu 10:45AM – 12:31PM	Balava Until 7:06PM	Nataraja: Clear			Navami
Routine Work	Marana Yoga		Ashtami* Until 7:57AM	Moon – Blue		Devaloka Day	
						Vaisaka-Chaitra	


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Porto, Portugal Sun 24
Simha Rasi: 6.07	Tithi 9 – 10	256134469	Gulika 5:28AM – 7:14AM Yama 2:16PM – 4:02PM Rahu 8:59AM – 10:45AM	Magha* Until 6:06PM Vriddhi Until 9:45AM Gara Until 3:36AM Sun Navami* Until 6:04AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 5:28AM Sunset: 7:33PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase	
Creative Work Amrita Yoga Until 6:06PM Then Creative Work - Siddha Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Porto, Portugal Sun 25
Simha Rasi: 20.29	Tithi 11	256134469	Gulika 4:02PM – 5:48PM Yama 12:30PM – 2:16PM Rahu 5:48PM – 7:34PM	Purvaphalguni Until 4:08PM Dhruva Until 6:34AM Vanija Until 2:11PM Ekadashi Until 12:38AM Mon	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 5:27AM Sunset: 7:34PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase	
Creative Work Siddha Yoga Until 4:08PM Then Creative Work - Amrita Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Porto, Portugal Sun 26
Kanya Rasi: 5.11	Tithi 12	256234469	Gulika 2:16PM – 4:03PM Yama 10:44AM – 12:30PM Rahu 7:12AM – 8:58AM	Uttaraphalguni Until 1:36PM Harshana Until 11:10PM Bava Until 11:02AM Dvadashi Until 9:20PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 5:26AM Sunset: 7:35PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase	
Family Home Evening Creative Work Siddha Yoga						Devaloka Day		

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 27
Kanya Rasi: 20.08	Tithi 13 – 14	267234469	Gulika 12:30PM – 2:17PM Yama 8:57AM – 10:44AM Rahu 4:03PM – 5:49PM	Hasta Until 11:05AM Vajra* Until 7:09PM Kaulava Until 7:36AM Trayodashi Until 5:48PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 5:25AM Sunset: 7:36PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase	
Creative Work Siddha Yoga						Devaloka Day		
<i>Pradosha Vrata</i>								

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Porto, Portugal Sun 24
Tula Rasi: 5.12	Tithi 14 – 15	267234469	Gulika 10:43AM – 12:30PM Yama 7:10AM – 8:57AM Rahu 12:30PM – 2:17PM	Chitra Until 8:19AM Siddhi Until 3:06PM Visti Until 12:29AM Thu Chaturdashi* Until 2:14PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 5:23AM Sunset: 7:37PM	Sarvari 5122 Moon 4 - Phase 3 Purnima	
Creative Work Siddha Yoga				Budha Purnima (Tamil Nadu)		Devaloka Day		

4		Thursday, May 7, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Porto, Portugal Sun 25
Tula Rasi: 20.14	Tithi 15 – 16	277234469	Gulika 8:56AM – 10:43AM Yama 5:22AM – 7:09AM Rahu 2:17PM – 4:04PM	Vishakha Until 3:08AM Fri Vyatipata* Until 11:09AM Balava Until 9:07PM Purnima* Until 10:45AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 5:22AM Sunset: 7:38PM	Sarvari 5122 Moon 4 - Phase 3 Prathama	
Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda