



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Louis, Mauritius
Sutra 7

Tula Rasi: 27.53 Tithi 17 – 18

Gulika 3:03PM – 4:29PM
Yama 12:09PM – 1:36PM
274483468 **Rahu** 4:29PM – 5:56PM

Vishakha Until 3:28PM
Vyatipata* Until 1:59AM Mon
Vanija Until 10:23PM
Dvitiya Until 11:01AM

Ganesha: Blue *Sunrise:* 6:23AM
Muruqa: Yellow *Sunset:* 5:56PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Port Louis, Mauritius
Sun 1 Sutra 8

Vrischika Rasi: 11.32 Tithi 18 – 19

Gulika 1:36PM – 3:02PM
Yama 10:43AM – 12:09PM
274483468 **Rahu** 7:50AM – 9:17AM

Anuradha Until 3:13PM
Variyan Until 12:23AM Tue
Bava Until 9:39PM
Tritiya Until 9:54AM

Ganesha: Blue *Sunrise:* 6:24AM
Muruqa: Yellow *Sunset:* 5:55PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Louis, Mauritius
Sun 2 Sutra 9

Vrischika Rasi: 24.44 Tithi 19 – 20

Gulika 12:09PM – 1:35PM
Yama 9:17AM – 10:43AM
274483468 **Rahu** 3:02PM – 4:28PM

Jyeshtha* Until 3:35PM
Parigha* Until 11:27PM
Kaulava Until 9:43PM
Chaturthi* Until 9:33AM

Ganesha: Blue *Sunrise:* 6:24AM
Muruqa: Yellow *Sunset:* 5:54PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 3:35PM
Then Creative Work - Amrita Yoga

Devaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Louis, Mauritius
Sun 3 Sutra 10

Dhanus Rasi: 7.32 Tithi 20 – 21

Gulika 10:43AM – 12:09PM
Yama 7:51AM – 9:17AM
284483468 **Rahu** 12:09PM – 1:35PM

Mula* Until 5:04PM
Shiva Until 11:09PM
Gara Until 10:36PM
Panchami Until 10:02AM

Ganesha: Yellow *Sunrise:* 6:24AM
Muruqa: Yellow *Sunset:* 5:53PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 5:04PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Louis, Mauritius
Sun 4 Sutra 11

Dhanus Rasi: 19.59 Tithi 21 – 22

Gulika 9:17AM – 10:43AM
Yama 6:25AM – 7:51AM
284483469 **Rahu** 1:35PM – 3:01PM

Purvashadha* Until 7:08PM
Siddha Until 11:23PM
Visti Until 12:12AM Fri
Shashthi* Until 11:18AM

Ganesha: Yellow *Sunrise:* 6:25AM
Muruqa: Yellow *Sunset:* 5:53PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 7:08PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Louis, Mauritius
Sun 5 Sutra 12

Makara Rasi: 2.08 Tithi 22 – 23

Gulika 7:51AM – 9:17AM
Yama 3:00PM – 4:26PM
284583469 **Rahu** 10:43AM – 12:09PM

Uttarashadha Until 9:35PM
Sadhya Until 12:04AM Sat
Balava Until 2:22AM Sat
Saptami Until 1:13PM

Ganesha: Red *Sunrise:* 6:25AM
Muruqa: Yellow *Sunset:* 5:52PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Louis, Mauritius
Sun 6 Sutra 13

Makara Rasi: 14.05 Tithi 23 – 24

Gulika 6:25AM – 7:51AM
Yama 1:34PM – 3:00PM
294583469 **Rahu** 9:17AM – 10:43AM

Shravana Until 12:44AM Sun
Subha Until 1:01AM Sun
Taitila Until 4:51AM Sun
Ashtami* Until 3:34PM

Ganesha: Green *Sunrise:* 6:25AM
Muruqa: Yellow *Sunset:* 5:51PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga
Until 12:44AM Sun
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara Karana Navamyam Titau		Port Louis, Mauritius Sun 7 Sutra 14
Makara Rasi: 25.55	Tithi 24	Gulika 3:00PM – 4:25PM	Dhanishtha Until 3:48AM Mon	Ganesha: Green <i>Sunrise:</i> 6:26AM
		Yama 12:08PM – 1:34PM	Sukla Until 2:01AM Mon	Muruqa: Yellow <i>Sunset:</i> 5:51PM
	294583469	Rahu 4:25PM – 5:51PM	Gara Until 6:06PM	Nataraja: Clear
Routine Work	Marana Yoga		Navami* Until 6:06PM	Moon – Purple
Until 3:48AM Mon				Chaitra*Chaitra
Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Port Louis, Mauritius Sun 8 Sutra 15
Kumbha Rasi: 7.44	Tithi 25	Gulika 1:34PM – 2:59PM	Shatabhishak Until 6:34AM Tue	Ganesha: Green <i>Sunrise:</i> 6:26AM
Family Home Evening		Yama 10:43AM – 12:08PM	Brahma Until 2:57AM Tue	Muruqa: Yellow <i>Sunset:</i> 5:50PM
Creative Work	Siddha Yoga	294583469 Rahu 7:52AM – 9:17AM	Vanija Until 7:24AM	Nataraja: Clear
Until 6:34AM Tue			Dashami Until 8:36PM	Moon – Purple
Then Routine Work - Marana Yoga				Chaitra*Chaitra
				Bhuloka Day Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shatabhishak/Purvaprosnthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Port Louis, Mauritius Sun 9 Sutra 16
Kumbha Rasi: 19.37	Tithi 26	Gulika 12:08PM – 1:33PM	Shatabhishak Until 6:34AM	Ganesha: Green <i>Sunrise:</i> 6:26AM
		Yama 9:17AM – 10:43AM	Indra Until 3:39AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:50PM
	294583469	Rahu 2:59PM – 4:24PM	Bava Until 9:46AM	Nataraja: Clear
Routine Work	Marana Yoga		Ekadashi* Until 10:49PM	Moon – Purple
Until 9:21AM				Chaitra*Chaitra
Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Port Louis, Mauritius Sun 10 Sutra 17
Meena Rasi: 1.38	Tithi 27	Gulika 10:43AM – 12:08PM	Purvaprosnthapada* Until 9:21AM	Ganesha: Purple <i>Sunrise:</i> 6:27AM
		Yama 7:52AM – 9:17AM	Vaidhriti* Until 3:59AM Thu	Muruqa: Yellow <i>Sunset:</i> 5:49PM
	214583469	Rahu 12:08PM – 1:33PM	Kaulava Until 11:47AM	Nataraja: Clear
Creative Work	Amrita Yoga		Dvadashi* Until 12:36AM Thu	Moon – Clear
Until 9:21AM				Chaitra*Chaitra
Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprosnthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Port Louis, Mauritius Sun 11 Sutra 18
Meena Rasi: 13.49	Tithi 28	Gulika 9:17AM – 10:43AM	Uttaraprosnthapada Until 11:31AM	Ganesha: Purple <i>Sunrise:</i> 6:27AM
		Yama 6:27AM – 7:52AM	Vishkambha* Until 3:56AM Fri	Muruqa: Yellow <i>Sunset:</i> 5:48PM
	214583469	Rahu 1:33PM – 2:58PM	Gara Until 1:19PM	Nataraja: Clear
Creative Work	Siddha Yoga		Trayodashi* Until 1:52AM Fri	Moon – Clear
Until 1:01PM				Chaitra*Chaitra
Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Port Louis, Mauritius Sun 12 Sutra 19
Meena Rasi: 26.14	Tithi 29	Gulika 7:52AM – 9:18AM	Revati Until 1:01PM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM
		Yama 2:58PM – 4:23PM	Priti Until 3:28AM Sat	Muruqa: Yellow <i>Sunset:</i> 5:48PM
	215583469	Rahu 10:43AM – 12:08PM	Visti Until 2:19PM	Nataraja: Clear
Creative Work	Siddha Yoga		Chaturdashi* Until 2:36AM Sat	Moon – Clear
Until 1:01PM				Chaitra*Chaitra
Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Port Louis, Mauritius Sun 13 Sutra 20
Mesha Rasi: 8.53	Tithi 30	Gulika 6:28AM – 7:53AM	Ashvini Until 2:18PM	Ganesha: Purple <i>Sunrise:</i> 6:28AM
		Yama 1:32PM – 2:57PM	Ayushman Until 2:34AM Sun	Muruqa: Yellow <i>Sunset:</i> 5:47PM
	225583469	Rahu 9:18AM – 10:43AM	Catuspada Until 2:47PM	Nataraja: Clear
Creative Work	Siddha Yoga		Amavasya* Until 2:47AM Sun	Moon – White
Until 2:55PM				Chaitra*Chaitra
Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Port Louis, Mauritius Sun 14 Sutra 21
Mesha Rasi: 21.47	Tithi 1	Gulika 2:57PM – 4:22PM	Bharani Until 2:55PM	Ganesha: Purple <i>Sunrise:</i> 6:28AM
		Yama 12:07PM – 1:32PM	Saubhagya Until 1:18AM Mon	Muruqa: Yellow <i>Sunset:</i> 5:47PM
	225583469	Rahu 4:22PM – 5:47PM	Kintughna Until 2:43PM	Nataraja: Clear
Routine Work	Prabalarishta Yoga		Prathama* Until 2:30AM Mon	Moon – White
Until 2:55PM				Vaisaka*Chaitra
Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Louis, Mauritius Sun 15 Sutra 22
1		Gulika 1:32PM – 2:57PM	Krittika Until 2:58PM	Ganesha: Purple <i>Sunrise:</i> 6:29AM
Vrishabha Rasi: 4.56	Tithi 2	Yama 10:43AM – 12:07PM	Sobhana Until 11:43PM	Muruqa: Yellow <i>Sunset:</i> 5:46PM
Family Home Evening	225583469	Rahu 7:53AM – 9:18AM	Balava Until 2:13PM	Nataraja: Clear
Routine Work Marana Yoga				Moon – White
Until 2:58PM			Dvitiya Until 1:49AM Tue	Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Port Louis, Mauritius Sun 16 Sutra 23
2		Gulika 12:07PM – 1:32PM	Rohini Until 2:56PM	Ganesha: Light Blue <i>Sunrise:</i> 6:29AM
Vrishabha Rasi: 18.18	Tithi 3	Yama 9:18AM – 10:43AM	Athiganda* Until 9:50PM	Muruqa: Yellow <i>Sunset:</i> 5:46PM
	235583469	Rahu 2:56PM – 4:21PM	Taitila Until 1:21PM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Yellow
Until 2:56PM		Akshaya Tritiya	Tritiya Until 12:46AM Wed	Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau		Port Louis, Mauritius Sun 17 Sutra 24
3		Gulika 10:43AM – 12:07PM	Mrigashira Until 2:27PM	Ganesha: Light Blue <i>Sunrise:</i> 6:29AM
Mithuna Rasi: 1.5	Tithi 4	Yama 7:54AM – 9:18AM	Sukarma Until 7:44PM	Muruqa: Yellow <i>Sunset:</i> 5:45PM
	235583469	Rahu 12:07PM – 1:32PM	Vanija Until 12:10PM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Yellow
Until 2:56PM			Chaturthi* Until 11:27PM	Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Port Louis, Mauritius Sun 18 Sutra 25
4		Gulika 9:18AM – 10:43AM	Ardra Until 1:35PM	Ganesha: Light Blue <i>Sunrise:</i> 6:30AM
Mithuna Rasi: 15.32	Tithi 5	Yama 6:30AM – 7:54AM	Dhriti Until 5:28PM	Muruqa: Yellow <i>Sunset:</i> 5:45PM
	235583469	Rahu 1:32PM – 2:56PM	Bava Until 10:43AM	Nataraja: Clear
Routine Work Marana Yoga				Moon – Yellow
Until 1:35PM			Panchami Until 9:54PM	Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Port Louis, Mauritius Sun 19 Sutra 26
5		Gulika 7:54AM – 9:19AM	Punarvasu Until 12:48PM	Ganesha: Orange <i>Sunrise:</i> 6:30AM
Mithuna Rasi: 29.23	Tithi 6	Yama 2:56PM – 4:20PM	Shula* Until 2:59PM	Muruqa: Yellow <i>Sunset:</i> 5:44PM
	245583469	Rahu 10:43AM – 12:07PM	Kaulava Until 9:04AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 12:48PM			Shashthi* Until 8:09PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau		Port Louis, Mauritius Sun 20 Sutra 27
6		Gulika 6:30AM – 7:55AM	Pushya Until 11:40AM	Ganesha: Orange <i>Sunrise:</i> 6:30AM
Kataka Rasi: 13.2	Tithi 7	Yama 1:31PM – 2:55PM	Ganda* Until 12:22PM	Muruqa: Yellow <i>Sunset:</i> 5:44PM
	245583469	Rahu 9:19AM – 10:43AM	Gara Until 7:13AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 11:40AM			Saptami Until 6:12PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Louis, Mauritius Sun 21 Sutra 28
Retreat Star		Gulika 2:55PM – 4:19PM	Ashlesha* Until 10:14AM	Ganesha: Clear <i>Sunrise:</i> 6:31AM
Kataka Rasi: 27.25	Tithi 8 – 9	Yama 12:07PM – 1:31PM	Vridhhi Until 9:38AM	Muruqa: Yellow <i>Sunset:</i> 5:43PM
	246583469	Rahu 4:19PM – 5:43PM	Balava Until 3:00AM Mon	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 10:14AM		Mother's Day	Ashtami* Until 4:05PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra

Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Louis, Mauritius Sun 22 Sutra 29
Retreat Star		Gulika 1:31PM – 2:55PM	Magha* Until 8:55AM	Ganesha: White <i>Sunrise:</i> 6:31AM
Simha Rasi: 11.35	Tithi 9 – 10	Yama 10:43AM – 12:07PM	Dhruva Until 6:44AM	Muruqa: Yellow <i>Sunset:</i> 5:43PM
Family Home Evening	256583469	Rahu 7:55AM – 9:19AM	Taitila Until 12:41AM Tue	Nataraja: Clear
Routine Work Marana Yoga				Moon – Red
Until 8:55AM			Navami* Until 1:50PM	Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM


1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Port Louis, Mauritius Sun 23 Sutra 30
Simha Rasi: 25.5	Tithi 10 – 11	Gulika	12:07PM – 1:31PM	Purvaphalguni Until 7:22AM	Ganesha: White	<i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama	9:19AM – 10:43AM	Harshana Until 12:45AM Wed	Muruqa: Yellow	<i>Sunset:</i> 5:43PM	Moon 4 - Phase 5
		256583469 Rahu	2:55PM – 4:19PM	Vanija Until 10:19PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dashami Until 11:29AM	Moon – Red		Bhuloka Day
Until 7:22AM					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Port Louis, Mauritius Sun 24 Sutra 31
Kanya Rasi: 10.08	Tithi 11 – 12	Gulika	10:43AM – 12:07PM	Hasta Until 4:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama	7:56AM – 9:19AM	Vajra* Until 9:44PM	Muruqa: Yellow	<i>Sunset:</i> 5:42PM	Moon 4 - Phase 5
		266583469 Rahu	12:07PM – 1:31PM	Bava Until 7:56PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 9:06AM	Moon – Green		Devaloka Day
Until 4:11AM Thu					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga							

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau			Port Louis, Mauritius Sun 25 Sutra 32
Kanya Rasi: 24.24	Tithi 12 – 13	Gulika	9:20AM – 10:43AM	Chitra Until 2:45AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama	6:32AM – 7:56AM	Siddhi Until 6:49PM	Muruqa: Yellow	<i>Sunset:</i> 5:42PM	Moon 4 - Phase 5
		266583469 Rahu	1:31PM – 2:54PM	Taitila Until 4:34AM Fri	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 6:45AM	Moon – Green		Devaloka Day
					Vaisaka-Vaikasi		

Pradosha Vrata

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Port Louis, Mauritius Sun 26 Sutra 33
Tula Rasi: 8.34	Tithi 14	Gulika	7:56AM – 9:20AM	Svati Until 1:26AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Vikarin 5121
		Yama	2:54PM – 4:18PM	Vyatipata* Until 4:05PM	Muruqa: Yellow	<i>Sunset:</i> 5:41PM	Moon 4 - Phase 5
		266583469 Rahu	10:43AM – 12:07PM	Gara Until 3:35PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 2:39AM Sat	Moon – Green		Devaloka Day
					Vaisaka-Vaikasi		

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Port Louis, Mauritius Sun 27 Sutra 34
Copper Retreat Star		Gulika	6:33AM – 7:57AM	Vishakha Until 12:48AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Vikarin 5121
Tula Rasi: 22.32	Tithi 15	Yama	1:31PM – 2:54PM	Variyan Until 1:37PM	Muruqa: Yellow	<i>Sunset:</i> 5:41PM	Moon 4 - Phase 5
		276583469 Rahu	9:20AM – 10:44AM	Visti Until 1:52PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Purnima* Until 1:09AM Sun	Moon – Orange		Bhuloka Day
Until 12:48AM Sun					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

5		Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Port Louis, Mauritius Sun 28 Sutra 35
Silver Retreat Star		Gulika	2:54PM – 4:17PM	Anuradha Until 12:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Vikarin 5121
Vrischika Rasi: 6.16	Tithi 16	Yama	12:07PM – 1:31PM	Parigha* Until 11:32AM	Muruqa: Yellow	<i>Sunset:</i> 5:41PM	Moon 4 - Phase 5
		277583469 Rahu	4:17PM – 5:41PM	Balava Until 12:36PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Prathama* Until 12:10AM Mon	Moon – Orange		Devaloka Day
Until 12:33AM Mon					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 19.4 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 12:47AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Port Louis, Mauritius
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau		Sun 1 Sutra 36
Gulika 1:31PM – 2:54PM	Jyeshtha* Until 12:47AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:34AM
Yama 10:44AM – 12:07PM	Shiva Until 9:56AM	Muruqa: Yellow <i>Sunset:</i> 5:41PM
277583469 Rahu 7:57AM – 9:21AM	Taitila Until 11:56AM	Nataraja: Clear
	Dvitiya Until 11:49PM	Moon – Orange
		Devaloka Day
		Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 2.43 Tithi 18
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam		Port Louis, Mauritius
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau		Sun 2 Sutra 37
Gulika 12:07PM – 1:30PM	Mula* Until 1:59AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:34AM
Yama 9:21AM – 10:44AM	Siddha Until 8:50AM	Muruqa: Yellow <i>Sunset:</i> 5:40PM
287583469 Rahu 2:54PM – 4:17PM	Vanija Until 11:55AM	Nataraja: Clear
	Tritiya Until 12:10AM Wed	Moon – Light Blue
		Sivaloka Day
		Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 15.25 Tithi 19
Creative Work Amrita Yoga
Until 3:43AM Thu
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam		Port Louis, Mauritius
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau		Sun 3 Sutra 38
Gulika 10:44AM – 12:07PM	Purvashadha* Until 3:43AM Thu	Ganesha: Red <i>Sunrise:</i> 6:35AM
Yama 7:58AM – 9:21AM	Sadhya Until 8:18AM	Muruqa: Yellow <i>Sunset:</i> 5:40PM
287683469 Rahu 12:07PM – 1:30PM	Bava Until 12:37PM	Nataraja: Clear
	Chaturthi* Until 1:12AM Thu	Moon – Light Blue
		Devaloka Day
		Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 27.49 Tithi 20
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam		Port Louis, Mauritius
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau		Sun 4 Sutra 39
Gulika 9:21AM – 10:44AM	Uttarashadha Until 5:52AM Fri	Ganesha: Red <i>Sunrise:</i> 6:35AM
Yama 6:35AM – 7:58AM	Subha Until 8:19AM	Muruqa: Yellow <i>Sunset:</i> 5:40PM
287683469 Rahu 1:30PM – 2:54PM	Kaulava Until 1:59PM	Nataraja: Clear
	Panchami Until 2:51AM Fri	Moon – Light Blue
		Devaloka Day
		Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 9.58 Tithi 21
Routine Work Marana Yoga
Until 8:47AM Sat
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Louis, Mauritius
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau		Sun 5 Sutra 40
Gulika 7:58AM – 9:21AM	Shravana Until 8:47AM Sat	Ganesha: Red <i>Sunrise:</i> 6:35AM
Yama 2:53PM – 4:16PM	Sukla Until 8:45AM	Muruqa: Yellow <i>Sunset:</i> 5:39PM
287683469 Rahu 10:44AM – 12:07PM	Gara Until 3:54PM	Nataraja: Clear
	Shashthi* Until 4:59AM Sat	Moon – Light Blue
		Devaloka Day
		Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 21.56 Tithi 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam		Port Louis, Mauritius
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti* Karana Saptamyam Titau		Sun 6 Sutra 41
Gulika 6:36AM – 7:59AM	Shravana Until 8:47AM	Ganesha: Green <i>Sunrise:</i> 6:36AM
Yama 1:31PM – 2:53PM	Brahma Until 9:31AM	Muruqa: Yellow <i>Sunset:</i> 5:39PM
297683469 Rahu 9:22AM – 10:45AM	Visti Until 6:11PM	Nataraja: Clear
	Saptami Until 7:22AM Sun	Moon – Purple
		Bhuloka Day
		Vaisaka-Vaikasi
		Devaloka Time: 3:PM to 6:PM

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Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 3.49 Tithi 22 – 23
Routine Work Marana Yoga
Until 11:44AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Port Louis, Mauritius
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau		Sun 7 Sutra 42
Gulika 2:53PM – 4:16PM	Dhanishtha Until 11:44AM	Ganesha: Blue <i>Sunrise:</i> 6:36AM
Yama 12:08PM – 1:31PM	Indra Until 10:29AM	Muruqa: Yellow <i>Sunset:</i> 5:39PM
398683469 Rahu 4:16PM – 5:39PM	Balava Until 8:37PM	Nataraja: Clear
	Saptami Until 7:22AM	Moon – Purple
		Sivaloka Day
		Vaisaka-Vaikasi

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 15.41 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 2:32PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Port Louis, Mauritius
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau		Sun 8 Sutra 43
Gulika 1:31PM – 2:53PM	Shatabhishak Until 2:32PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM
Yama 10:45AM – 12:08PM	Vaidhriti* Until 11:25AM	Muruqa: Yellow <i>Sunset:</i> 5:39PM
398683469 Rahu 7:59AM – 9:22AM	Taitila Until 10:57PM	Nataraja: Clear
	Ashtami* Until 9:47AM	Moon – Purple
		Sivaloka Day
		Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Viskambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Port Louis, Mauritius Sun 9	Sutra 44 Vikarin 5121
Kumbha Rasi: 27.36	Tithi 24 – 25	Gulika	12:08PM – 1:31PM	Purvaproshtapada* Until 5:26PM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM			
		Yama	9:22AM – 10:45AM	Vishkambha* Until 12:12PM	Muruqa: Yellow	<i>Sunset:</i> 5:39PM		Moon 5 - Phase 7	
		318683469 Rahu	2:53PM – 4:16PM	Vanija Until 1:00AM Wed	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga			Navami* Until 12:00PM	Vaisaka-Vaikasi			Sivaloka Day	
Until 5:26PM									
Then Creative Work - Amrita Yoga									

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Port Louis, Mauritius Sun 10	Sutra 45 Vikarin 5121
Meena Rasi: 9.4	Tithi 25 – 26	Gulika	10:45AM – 12:08PM	Uttaraproshtapada Until 7:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM			
		Yama	8:00AM – 9:23AM	Priti Until 12:43PM	Muruqa: Yellow	<i>Sunset:</i> 5:39PM		Moon 5 - Phase 7	
		318683469 Rahu	12:08PM – 1:31PM	Bava Until 2:34AM Thu	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 1:50PM	Vaisaka-Vaikasi			Sivaloka Day	
Until 7:45PM									
Then Routine Work - Marana Yoga									

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Port Louis, Mauritius Sun 11	Sutra 46 Vikarin 5121
Meena Rasi: 21.55	Tithi 26 – 27	Gulika	9:23AM – 10:46AM	Revati Until 9:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM			
		Yama	6:38AM – 8:00AM	Ayushman Until 12:47PM	Muruqa: Yellow	<i>Sunset:</i> 5:39PM		Moon 5 - Phase 7	
		318683469 Rahu	1:31PM – 2:53PM	Kaulava Until 3:33AM Fri	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 3:07PM	Vaisaka-Vaikasi			Sivaloka Day	
Until 9:22PM									
Then Creative Work - Amrita Yoga									

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Port Louis, Mauritius Sun 12	Sutra 47 Vikarin 5121
Mesha Rasi: 4.26	Tithi 27 – 28	Gulika	8:01AM – 9:23AM	Ashvini Until 10:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM			
		Yama	2:53PM – 4:16PM	Saubhagya Until 12:23PM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM		Moon 5 - Phase 7	
		328683469 Rahu	10:46AM – 12:08PM	Gara Until 3:54AM Sat	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 3:47PM	Vaisaka-Vaikasi			Devaloka Day	
Until 10:42PM									
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Louis, Mauritius Sun 13	Sutra 48 Vikarin 5121
Mesha Rasi: 17.15	Tithi 28 – 29	Gulika	6:39AM – 8:01AM	Bharani Until 11:14PM	Ganesha: White	<i>Sunrise:</i> 6:39AM			
		Yama	1:31PM – 2:53PM	Sobhana Until 11:30AM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM		Moon 5 - Phase 7	
		329683469 Rahu	9:24AM – 10:46AM	Visti Until 3:37AM Sun	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 3:49PM	Vaisaka-Vaikasi			Bhuloka Day	
Until 11:14PM								Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga									

6		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda/Sukarma Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Louis, Mauritius Sun 14	Sutra 49 Vikarin 5121
Vrishabha Rasi: 0.23	Tithi 29 – 30	Gulika	2:53PM – 4:16PM	Krittika Until 11:02PM	Ganesha: White	<i>Sunrise:</i> 6:39AM			
		Yama	12:09PM – 1:31PM	Athiganda* Until 10:05AM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM		Moon 5 - Phase 7	
		329683469 Rahu	4:16PM – 5:38PM	Catuspada Until 2:44AM Mon	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 3:14PM	Vaisaka-Vaikasi			Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Port Louis, Mauritius Sun 15	Sutra 50 Vikarin 5121
Vrishabha Rasi: 13.5	Tithi 30 – 1	Gulika	1:31PM – 2:53PM	Rohini Until 10:37PM	Ganesha: Green	<i>Sunrise:</i> 6:39AM			
Family Home Evening		Yama	10:46AM – 12:09PM	Sukarma Until 8:14AM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM		Moon 5 - Phase 7	
		339683469 Rahu	8:02AM – 9:24AM	Kintughna Until 1:22AM Tue	Nataraja: Clear			Amavasya	
Creative Work	Amrita Yoga			Amavasya* Until 2:05PM	Vaisaka-Vaikasi			Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

Tuesday, June 4, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Port Louis, Mauritius Sun 16	Sutra 51 Vikarin 5121
Vrishabha Rasi: 27.34	Tithi 1 – 2	Gulika	12:09PM – 1:31PM	Mrigashira Until 9:39PM	Ganesha: Green	<i>Sunrise:</i> 6:40AM			
		Yama	9:24AM – 10:47AM	Dhriti Until 6:01AM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM		Moon 5 - Phase 7	
		339683469 Rahu	2:54PM – 4:16PM	Balava Until 11:35PM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 12:30PM	Jyeshtha-Vaikasi			Bhuloka Day	
Until 9:39PM								Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga									

1	Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Port Louis, Mauritius Sun 17 Sutra 52
	Mithuna Rasi: 11.32	Tithi 2 – 3	Gulika 10:47AM – 12:09PM	Ardra Until 8:14PM	Ganesha: Green	<i>Sunrise:</i> 6:40AM	Vikarin 5121
			Yama 8:02AM – 9:25AM	Ganda* Until 12:42AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	339683461 Rahu 12:09PM – 1:31PM	Taitila Until 9:31PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 10:34AM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2	Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Port Louis, Mauritius Sun 18 Sutra 53
	Mithuna Rasi: 25.4	Tithi 3 – 4	Gulika 9:25AM – 10:47AM	Punarvasu Until 6:55PM	Ganesha: White	<i>Sunrise:</i> 6:40AM	Vikarin 5121
			Yama 6:40AM – 8:03AM	Vriddhi Until 9:48PM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	349683461 Rahu 1:32PM – 2:54PM	Vanija Until 7:15PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 8:23AM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3	Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Port Louis, Mauritius Sun 19 Sutra 54
	Kataka Rasi: 9.54	Tithi 4 – 5	Gulika 8:03AM – 9:25AM	Pushya Until 5:21PM	Ganesha: White	<i>Sunrise:</i> 6:41AM	Vikarin 5121
			Yama 2:54PM – 4:16PM	Dhruva Until 6:49PM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 Rahu 10:47AM – 12:09PM	Balava Until 3:42AM Sat	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 6:04AM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Port Louis, Mauritius Sun 20 Sutra 55
	Kataka Rasi: 24.11	Tithi 6	Gulika 6:41AM – 8:03AM	Ashlesha* Until 3:38PM	Ganesha: White	<i>Sunrise:</i> 6:41AM	Vikarin 5121
			Yama 1:32PM – 2:54PM	Vyaghata* Until 3:50PM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 Rahu 9:25AM – 10:48AM	Kaulava Until 2:32PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 1:20AM Sun	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5	Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Port Louis, Mauritius Sun 21 Sutra 56
	Simha Rasi: 8.26	Tithi 7	Gulika 2:54PM – 4:16PM	Magha* Until 2:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	Vikarin 5121
			Yama 12:10PM – 1:32PM	Harshana Until 12:53PM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	351683461 Rahu 4:16PM – 5:38PM	Gara Until 12:12PM	Nataraja: Yellow		3rd Phase
			Saptami Until 11:03PM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

Monday, June 10, 2019	Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Port Louis, Mauritius Sun 22 Sutra 57
	Simha Rasi: 22.38	Tithi 8	Gulika 1:32PM – 2:54PM	Purvaphalguni Until 12:48PM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	Vikarin 5121
	Family Home Evening		Yama 10:48AM – 12:10PM	Vajra* Until 10:00AM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	351683461 Rahu 8:04AM – 9:26AM	Visti Until 9:58AM	Nataraja: Yellow		Ashtami
			Ashtami* Until 8:52PM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			


Tuesday, June 11, 2019	Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Kaulava Karana Navamyam Titau				Port Louis, Mauritius Sun 23 Sutra 58
	Kanya Rasi: 6.46	Tithi 9	Gulika 12:10PM – 1:32PM	Uttaraphalguni Until 11:21AM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	Vikarin 5121
			Yama 9:26AM – 10:48AM	Siddhi Until 7:14AM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	351683461 Rahu 2:54PM – 4:16PM	Balava Until 7:51AM	Nataraja: Yellow		Navami
			Navami* Until 6:49PM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau		Port Louis, Mauritius Sun 24 Sutra 59	
Kanya Rasi: 20.47	Tithi 10 – 11	Gulika 10:48AM – 12:10PM	Hasta Until 10:21AM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Vikarin 5121	
		Yama 8:05AM – 9:27AM	Variyan Until 2:07AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 9	
	361683461	Rahu 12:10PM – 1:32PM	Varija Until 4:08AM Thu	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Dashami Until 4:58PM	Moon – Green		Bhuloka Day	
Until 10:21AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Port Louis, Mauritius Sun 25 Sutra 60	
Tula Rasi: 4.41	Tithi 11 – 12	Gulika 9:27AM – 10:49AM	Chitra Until 9:25AM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Vikarin 5121	
		Yama 6:43AM – 8:05AM	Parigha* Until 11:51PM	Muruqa: Yellow	<i>Sunset:</i> 5:39PM	Moon 5 - Phase 9	
	361683461	Rahu 1:33PM – 2:55PM	Bava Until 2:39AM Fri	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 3:20PM	Moon – Green		Bhuloka Day	
Until 9:25AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Louis, Mauritius Sun 26 Sutra 61	
Tula Rasi: 18.25	Tithi 12 – 13	Gulika 8:05AM – 9:27AM	Svati Until 8:37AM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Vikarin 5121	
		Yama 2:55PM – 4:17PM	Shiva Until 9:52PM	Muruqa: Blue	<i>Sunset:</i> 5:39PM	Moon 5 - Phase 9	
	361693461	Rahu 10:49AM – 12:11PM	Kaulava Until 1:29AM Sat	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 2:00PM	Moon – Green		Devaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
						<i>Pradosha Vrata</i>	

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Louis, Mauritius Sun 27 Sutra 62	
Vrischika Rasi: 1.57	Tithi 13 – 14	Gulika 6:43AM – 8:05AM	Vishakha Until 8:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Vikarin 5121	
		Yama 1:33PM – 2:55PM	Siddha Until 8:09PM	Muruqa: Blue	<i>Sunset:</i> 5:39PM	Moon 5 - Phase 9	
	371693461	Rahu 9:27AM – 10:49AM	Gara Until 12:43AM Sun	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 1:01PM	Moon – Orange		Sivaloka Day	
				Jyeshtha-Ani			

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Louis, Mauritius Sutra 63	
Copper Retreat Star		Gulika 2:55PM – 4:17PM	Anuradha Until 8:33AM	Ganesha: White	<i>Sunrise:</i> 6:44AM	Vikarin 5121	
Vrischika Rasi: 15.15	Tithi 14 – 15	Yama 12:11PM – 1:33PM	Sadhya Until 6:49PM	Muruqa: Blue	<i>Sunset:</i> 5:39PM	Moon 5 - Phase 9	
	371793461	Rahu 4:17PM – 5:39PM	Visti Until 12:25AM Mon	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 12:29PM	Moon – Orange		Subha Sivaloka Day	
		Father's Day		Jyeshtha-Ani			

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Louis, Mauritius Sutra 64	
Vrischika Rasi: 28.18	Tithi 15 – 16	Gulika 1:33PM – 2:55PM	Jyeshtha* Until 8:59AM	Ganesha: White	<i>Sunrise:</i> 6:44AM	Vikarin 5121	
Family Home Evening		Yama 10:50AM – 12:12PM	Subha Until 5:55PM	Muruqa: Blue	<i>Sunset:</i> 5:39PM	Moon 5 - Phase 9	
	371793461	Rahu 8:06AM – 9:28AM	Balava Until 12:39AM Tue	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 12:27PM	Moon – Orange		Subha Sivaloka Day	
				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Louis, Mauritius
Sutra 66

Dhanus Rasi: 11.04 Tithi 16 – 17

381793461

Gulika 12:12PM – 1:34PM
Yama 9:28AM – 10:50AM
Rahu 2:56PM – 4:17PM

Mula* Until 10:16AM
Sukla Until 5:26PM
Taitila Until 1:28AM Wed
Prathama* Until 12:58PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:44AM
Sunset: 5:39PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 10:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Port Louis, Mauritius
Sun 1 Sutra 66

Dhanus Rasi: 23.35 Tithi 17 – 18

382793461

Gulika 10:50AM – 12:12PM
Yama 8:06AM – 9:28AM
Rahu 12:12PM – 1:34PM

Purvashadha* Until 11:57AM
Brahma Until 5:24PM
Vanija Until 2:49AM Thu
Dvitiya Until 2:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:45AM
Sunset: 5:39PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Tritya/Chatrthyam Titau

Port Louis, Mauritius
Sun 2 Sutra 67

Makara Rasi: 5.52 Tithi 18 – 19

382793461

Gulika 9:28AM – 10:50AM
Yama 6:45AM – 8:07AM
Rahu 1:34PM – 2:56PM

Uttarashadha Until 1:59PM
Indra Until 5:47PM
Bava Until 4:40AM Fri
Tritiya Until 3:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:45AM
Sunset: 5:40PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 1:59PM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Louis, Mauritius
Sun 3 Sutra 68

Makara Rasi: 17.57 Tithi 19 – 20

392793461

Gulika 8:07AM – 9:29AM
Yama 2:56PM – 4:18PM
Rahu 10:51AM – 12:12PM

Shravana Until 4:46PM
Vaidhrili* Until 6:27PM
Kaulava Until 6:51AM Sat
Chaturthi* Until 5:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:45AM
Sunset: 5:40PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 4:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Louis, Mauritius
Sun 4 Sutra 69

Makara Rasi: 29.54 Tithi 20

392793461

Gulika 6:45AM – 8:07AM
Yama 1:35PM – 2:56PM
Rahu 9:29AM – 10:51AM

Dhanishtha Until 7:39PM
Vishkambha* Until 7:21PM
Kaulava Until 6:51AM
Panchami Until 8:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:45AM
Sunset: 5:40PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 7:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Port Louis, Mauritius
Sun 5 Sutra 70

Kumbha Rasi: 11.46 Tithi 21

392793461

Gulika 2:57PM – 4:18PM
Yama 12:13PM – 1:35PM
Rahu 4:18PM – 5:40PM

Shatabhishak Until 10:27PM
Priti Until 8:20PM
Gara Until 9:13AM
Shashthi* Until 10:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:45AM
Sunset: 5:40PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Port Louis, Mauritius
Sun 6 Sutra 71

Kumbha Rasi: 23.38 Tithi 22

312793461

Gulika 1:35PM – 2:57PM
Yama 10:51AM – 12:13PM
Rahu 8:07AM – 9:29AM

Purvaproshtapada* Until 1:29AM Tue
Ayushman Until 9:12PM
Visti Until 11:35AM
Saptami Until 12:41AM Tue

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:46AM
Sunset: 5:41PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 1:29AM Tue

Then Creative Work - Amrita Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Louis, Mauritius
Sun 7 Sutra 72

Meena Rasi: 5.35 Tithi 23

312793461

Gulika 12:13PM – 1:35PM
Yama 9:30AM – 10:51AM
Rahu 2:57PM – 4:19PM

Uttaraproshtapada Until 4:03AM Wed
Saubhagya Until 9:53PM
Balava Until 1:45PM
Ashtami* Until 2:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:46AM
Sunset: 5:41PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 4:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Port Louis, Mauritius
Sun 8 Sutra 73

Meena Rasi: 17.38 Tithi 24

312793461

Gulika 10:52AM – 12:14PM
Yama 8:08AM – 9:30AM
Rahu 12:14PM – 1:35PM

Revati Until 6:00AM Thu
Sobhana Until 10:14PM
Taitila Until 3:31PM
Navami* Until 4:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:46AM
Sunset: 5:41PM


Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 6:00AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanja/Visti* Karana Dashamyam Titau			Port Louis, Mauritius Sun 9 Sutra 74
Meena Rasi: 29.55	Tithi 25	312793461	Gulika Yama Rahu	9:30AM – 10:52AM 6:46AM – 8:08AM 1:36PM – 2:58PM	Revati Until 6:00AM Athiganda* Until 10:06PM Vanija Until 4:43PM Dashami Until 5:04AM Fri	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Clear Jyeshtha-Ani	Sunrise: 6:46AM Sunset: 5:41PM Moon 6 - Phase 11 2nd Phase Sivaloka Day
Creative Work	Amrita Yoga						
Until 6:00AM							
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau			Port Louis, Mauritius Sun 10 Sutra 75
Mesha Rasi: 12.27	Tithi 26	322793461	Gulika Yama Rahu	8:08AM – 9:30AM 2:58PM – 4:20PM 10:52AM – 12:14PM	Ashvini Until 7:38AM Sukarma Until 9:27PM Bava Until 5:16PM Ekadashi* Until 5:15AM Sat	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 6:46AM Sunset: 5:42PM Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work	Amrita Yoga						
Until 7:38AM							
Then Creative Work - Siddha Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau			Port Louis, Mauritius Sun 11 Sutra 76
Mesha Rasi: 25.2	Tithi 27	322793461	Gulika Yama Rahu	6:46AM – 8:08AM 1:36PM – 2:58PM 9:30AM – 10:52AM	Bharani Until 8:26AM Dhriti Until 8:14PM Kaulava Until 5:06PM Dvadashi* Until 4:43AM Sun	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 6:46AM Sunset: 5:42PM Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 8:26AM							
Then Creative Work - Amrita Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau			Port Louis, Mauritius Sun 12 Sutra 77
Vrishabha Rasi: 8.34	Tithi 28	322793461	Gulika Yama Rahu	2:58PM – 4:20PM 12:14PM – 1:36PM 4:20PM – 5:42PM	Krittika Until 8:22AM Shula* Until 6:25PM Gara Until 4:12PM Trayodashi* Until 3:29AM Mon	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 6:46AM Sunset: 5:42PM Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work	Siddha Yoga						
<i>Pradosha Vrata (Fasting)</i>							
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*Vridhdi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Port Louis, Mauritius Sun 13 Sutra 78
Vrishabha Rasi: 22.12	Tithi 29	332793461	Gulika Yama Rahu	1:37PM – 2:59PM 10:53AM – 12:15PM 8:09AM – 9:31AM	Rohini Until 7:56AM Ganda* Until 4:06PM Visti Until 2:39PM Chaturdashi* Until 1:39AM Tue	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 6:47AM Sunset: 5:43PM Moon 6 - Phase 11 2nd Phase Devaloka Day
Family Home Evening	Amrita Yoga						
Creative Work							
Tuesday, July 2, 2019							
		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhdi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Port Louis, Mauritius Sun 14 Sutra 79
Mithuna Rasi: 6.12	Tithi 30	332793461	Gulika Yama Rahu	12:15PM – 1:37PM 9:31AM – 10:53AM 2:59PM – 4:21PM	Mrigashira Until 6:46AM Vridhdi Until 1:20PM Catuspada Until 12:33PM Amavasya* Until 11:18PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 6:47AM Sunset: 5:43PM Moon 6 - Phase 11 Amavasya Devaloka Day
Creative Work	Siddha Yoga						
Until 6:46AM							
Then Routine Work - Marana Yoga							
Wednesday, July 3, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Port Louis, Mauritius Sun 15 Sutra 80
Mithuna Rasi: 20.31	Tithi 1	343793461	Gulika Yama Rahu	10:53AM – 12:15PM 8:09AM – 9:31AM 12:15PM – 1:37PM	Punarvasu Until 3:08AM Thu Dhruva Until 10:12AM Kintughna Until 10:00AM Prathama* Until 8:36PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue Ashada-Ani	Sunrise: 6:47AM Sunset: 5:43PM Moon 6 - Phase 11 Prathama Sivaloka Day
Creative Work	Siddha Yoga						
Until 3:08AM Thu							
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Tailita Karana Dvitiya/Triliyayam Tilau	Port Louis, Mauritius Sun 16 Sutra 81
Kataka Rasi: 5.04	Tithi 2 – 3	Gulika 9:31AM – 10:53AM	Pushya Until 12:58AM Fri	Ganesha: Yellow <i>Sunrise: 6:47AM</i>	Muruqa: Blue <i>Sunset: 5:44PM</i>	Vikarin 5121	
		Yama 6:47AM – 8:09AM	Vyaghata* Until 6:49AM	Nataraja: Yellow		Moon 6 - Phase 12	
		343793461 Rahu 1:37PM – 2:59PM	Balava Until 7:10AM	Moon – Blue	Sivaloka Day	3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 5:39PM	Ashada*Ani			
Until 12:58AM Fri							
Then Routine Work - Marana Yoga							

2		Friday, July 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Tilau	Port Louis, Mauritius Sun 17 Sutra 82
Kataka Rasi: 19.44	Tithi 3 – 4	Gulika 8:09AM – 9:31AM	Ashlesha* Until 10:37PM	Ganesha: Yellow <i>Sunrise: 6:47AM</i>	Muruqa: Blue <i>Sunset: 5:44PM</i>	Vikarin 5121	
		Yama 3:00PM – 4:22PM	Vajra* Until 11:45PM	Nataraja: Yellow		Moon 6 - Phase 12	
		343793461 Rahu 10:53AM – 12:15PM	Vanija Until 1:08AM Sat	Moon – Blue	Sivaloka Day	3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 2:37PM	Ashada*Ani			

3		Saturday, July 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Tilau	Port Louis, Mauritius Sun 18 Sutra 83
Simha Rasi: 4.25	Tithi 4 – 5	Gulika 6:47AM – 8:09AM	Magha* Until 8:37PM	Ganesha: White <i>Sunrise: 6:47AM</i>	Muruqa: Blue <i>Sunset: 5:44PM</i>	Vikarin 5121	
		Yama 1:38PM – 3:00PM	Siddhi Until 8:17PM	Nataraja: Yellow		Moon 6 - Phase 12	
		353793461 Rahu 9:31AM – 10:53AM	Bava Until 10:11PM	Moon – Red	Subha Sivaloka Day	3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 11:37AM	Ashada*Ani			
Until 8:37PM							
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Tilau	Port Louis, Mauritius Sun 19 Sutra 84
Simha Rasi: 19.01	Tithi 5 – 6	Gulika 3:00PM – 4:22PM	Purvaphalguni Until 6:40PM	Ganesha: Yellow <i>Sunrise: 6:47AM</i>	Muruqa: Blue <i>Sunset: 5:45PM</i>	Vikarin 5121	
		Yama 12:16PM – 1:38PM	Vyatipata* Until 4:59PM	Nataraja: Yellow		Moon 6 - Phase 12	
		453793461 Rahu 4:22PM – 5:45PM	Kaulava Until 7:27PM	Moon – Red	Sivaloka Day	3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 8:46AM	Ashada*Ani			
Until 6:40PM							
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Tailita/Vanija Karana Shashthi/Saptamyam Tilau	Port Louis, Mauritius Sun 20 Sutra 85
Kanya Rasi: 3.26	Tithi 6 – 7	Gulika 1:38PM – 3:00PM	Uttaraphalguni Until 4:52PM	Ganesha: Yellow <i>Sunrise: 6:47AM</i>	Muruqa: Blue <i>Sunset: 5:45PM</i>	Vikarin 5121	
Family Home Evening		Yama 10:54AM – 12:16PM	Variyan Until 1:53PM	Nataraja: Yellow		Moon 6 - Phase 12	
		453793461 Rahu 8:09AM – 9:31AM	Vanija Until 3:53AM Tue	Moon – Red	Sivaloka Day	3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 6:10AM	Ashada*Ani			
		Chidambaram Abhishekam					

Retreat Star		Tuesday, July 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Tilau	Port Louis, Mauritius Sun 21 Sutra 86
Kanya Rasi: 17.38	Tithi 8	Gulika 12:16PM – 1:38PM	Hasta Until 3:43PM	Ganesha: White <i>Sunrise: 6:47AM</i>	Muruqa: Blue <i>Sunset: 5:45PM</i>	Vikarin 5121	
		Yama 9:31AM – 10:54AM	Parigha* Until 11:06AM	Nataraja: Yellow		Moon 6 - Phase 12	
		463793461 Rahu 3:01PM – 4:23PM	Visti Until 2:54PM	Moon – Green	Subha Sivaloka Day	Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 2:00AM Wed	Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Tilau	Port Louis, Mauritius Sun 22 Sutra 87
Tula Rasi: 1.35	Tithi 9	Gulika 10:54AM – 12:16PM	Chitra Until 2:50PM	Ganesha: Yellow <i>Sunrise: 6:47AM</i>	Muruqa: Blue <i>Sunset: 5:46PM</i>	Vikarin 5121	
		Yama 8:09AM – 9:31AM	Shiva Until 8:39AM	Nataraja: Yellow		Moon 6 - Phase 12	
		463893461 Rahu 12:16PM – 1:38PM	Balava Until 1:14PM	Moon – Green	Sivaloka Day	Navami	
Creative Work	Siddha Yoga		Navami* Until 12:32AM Thu	Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau			Port Louis, Mauritius Sun 23 Sutra 88
Tula Rasi: 15.16	Tithi 10	Gulika 9:31AM – 10:54AM	Svati Until 2:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:47AM	Vikarin 5121	
		Yama 6:47AM – 8:09AM	Siddha Until 6:32AM	Muruqa: Blue	<i>Sunset:</i> 5:46PM	Moon 6 - Phase 13	
		463893461 Rahu 1:39PM – 3:01PM	Taitila Until 12:00PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 11:32PM	Moon – Green		Sivaloka Day	
Until 2:15PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau			Port Louis, Mauritius Sun 24 Sutra 89
Tula Rasi: 28.41	Tithi 11	Gulika 8:09AM – 9:31AM	Vishakha Until 2:25PM	Ganesha: White	<i>Sunrise:</i> 6:47AM	Vikarin 5121	
		Yama 3:01PM – 4:24PM	Subha Until 3:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 5:46PM	Moon 6 - Phase 13	
		473893461 Rahu 10:54AM – 12:16PM	Vanija Until 11:13AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:00PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau			Port Louis, Mauritius Sun 25 Sutra 90
Vrischika Rasi: 11.5	Tithi 12	Gulika 6:46AM – 8:09AM	Anuradha Until 2:54PM	Ganesha: White	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 1:39PM – 3:02PM	Sukla Until 2:29AM Sun	Muruqa: Blue	<i>Sunset:</i> 5:47PM	Moon 6 - Phase 13	
		473893461 Rahu 9:31AM – 10:54AM	Bava Until 10:56AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:56PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Port Louis, Mauritius Sun 26 Sutra 91
Vrischika Rasi: 24.45	Tithi 13	Gulika 3:02PM – 4:24PM	Jyeshtha* Until 3:43PM	Ganesha: White	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 12:17PM – 1:39PM	Brahma Until 1:53AM Mon	Muruqa: Blue	<i>Sunset:</i> 5:47PM	Moon 6 - Phase 13	
		473893461 Rahu 4:24PM – 5:47PM	Kaulava Until 11:07AM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 11:22PM	Moon – Orange		Devaloka Day	
Until 3:43PM				Ashada*Ani			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Port Louis, Mauritius Sun 27 Sutra 92
Dhanus Rasi: 7.26	Tithi 14	Gulika 1:39PM – 3:02PM	Mula* Until 5:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
Family Home Evening		Yama 10:54AM – 12:17PM	Indra Until 1:41AM Tue	Muruqa: Blue	<i>Sunset:</i> 5:47PM	Moon 6 - Phase 13	
		483893461 Rahu 8:09AM – 9:31AM	Gara Until 11:47AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:16AM Tue	Moon – Light Blue		Sivaloka Day	
Until 5:18PM				Ashada*Ani			
Then Routine Work - Marana Yoga							

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Port Louis, Mauritius Sun 28 Sutra 93
Dhanus Rasi: 19.53	Tithi 15	Gulika 12:17PM – 1:40PM	Purvashadha* Until 7:10PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 9:31AM – 10:54AM	Vaidhriti* Until 1:48AM Wed	Muruqa: Blue	<i>Sunset:</i> 5:48PM	Moon 6 - Phase 13	
		483893461 Rahu 3:02PM – 4:25PM	Visti Until 12:54PM	Nataraja: Yellow		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 1:37AM Wed	Moon – Light Blue		Sivaloka Day	
Until 7:10PM				Ashada*Ani			
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima					

Wednesday, July 17, 2019		Silver Retreat Star			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Port Louis, Mauritius Sun 29 Sutra 94
Makara Rasi: 2.1	Tithi 16	Gulika 10:54AM – 12:17PM	Uttarashadha Until 9:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:46AM	Vikarin 5121		
		Yama 8:09AM – 9:31AM	Vishkambha* Until 2:14AM Thu	Muruqa: Blue	<i>Sunset:</i> 5:48PM	Moon 6 - Phase 13		
		484893462 Rahu 12:17PM – 1:40PM	Balava Until 2:28PM	Nataraja: White		Prathama		
Creative Work	Amrita Yoga		Prathama* Until 3:23AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day		
Until 9:18PM				Ashada*Adi				
Then Creative Work - Siddha Yoga								



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Port Louis, Mauritius
Sun 1 Sutra 95

Makara Rasi: 14.17 Tithi 17

Gulika 9:31AM – 10:54AM
Yama 6:46AM – 8:08AM
494893462 **Rahu** 1:40PM – 3:03PM

Shravana Until 12:05AM Fri
Priti Until 2:57AM Fri
Taitila Until 4:24PM
Dvitiya Until 5:28AM Fri

Ganesha: Clear *Sunrise: 6:46AM*
Muruqa: Blue *Sunset: 5:48PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija Karana Tritiyayam Titau

Port Louis, Mauritius
Sun 2 Sutra 96

Makara Rasi: 26.16 Tithi 18

Gulika 8:08AM – 9:31AM
Yama 3:03PM – 4:26PM
494893462 **Rahu** 10:54AM – 12:17PM

Dhanishtha Until 2:57AM Sat
Ayushman Until 3:49AM Sat
Vanija Until 6:37PM
Tritiya Until 7:47AM Sat

Ganesha: Clear *Sunrise: 6:45AM*
Muruqa: Blue *Sunset: 5:49PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

Until 2:57AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Port Louis, Mauritius
Sun 3 Sutra 97

Kumbha Rasi: 8.1 Tithi 18 – 19

Gulika 6:45AM – 8:08AM
Yama 1:40PM – 3:03PM
494893462 **Rahu** 9:31AM – 10:54AM

Shatabhishak Until 5:45AM Sun
Saubhagya Until 4:48AM Sun
Bava Until 9:00PM
Tritiya Until 7:47AM

Ganesha: Clear *Sunrise: 6:45AM*
Muruqa: Blue *Sunset: 5:49PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Ashada-Adi

Until 5:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Louis, Mauritius
Sun 4 Sutra 98

Kumbha Rasi: 20.02 Tithi 19 – 20

Gulika 3:03PM – 4:27PM
Yama 12:17PM – 1:40PM
414893462 **Rahu** 4:27PM – 5:50PM

Purvaprosarthapada* Until 8:53AM Mon
Sobhana Until 5:46AM Mon
Kaulava Until 11:25PM
Chaturthi* Until 10:12AM

Ganesha: Clear *Sunrise: 6:45AM*
Muruqa: Blue *Sunset: 5:50PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*Uttaraprosarthapada Nakshatra Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Port Louis, Mauritius
Sun 5 Sutra 99

Meena Rasi: 1.53 Tithi 20 – 21

Gulika 1:40PM – 3:04PM
Yama 10:54AM – 12:17PM
414893462 **Rahu** 8:08AM – 9:31AM

Purvaprosarthapada* Until 8:53AM
Athiganda* Until 6:35AM Tue
Gara Until 1:42AM Tue
Panchami Until 12:34PM

Ganesha: Clear *Sunrise: 6:45AM*
Muruqa: Blue *Sunset: 5:50PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Ashada-Adi

Until 8:53AM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada*Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Louis, Mauritius
Sun 6 Sutra 100

Meena Rasi: 13.49 Tithi 21 – 22

Gulika 12:17PM – 1:41PM
Yama 9:31AM – 10:54AM
414893462 **Rahu** 3:04PM – 4:27PM

Uttaraprosarthapada Until 11:40AM
Athiganda* Until 6:35AM
Visti Until 3:42AM Wed
Shashthi* Until 2:44PM

Ganesha: Clear *Sunrise: 6:44AM*
Muruqa: Blue *Sunset: 5:50PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Ashada-Adi

Until 11:40AM
Then Creative Work - Siddha Yoga

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Louis, Mauritius
Sun 7 Sutra 101

Meena Rasi: 25.52 Tithi 22 – 23

Gulika 10:54AM – 12:17PM
Yama 8:07AM – 9:31AM
414893462 **Rahu** 12:17PM – 1:41PM

Revati Until 1:57PM
Sukarma Until 7:11AM
Balava Until 5:16AM Thu
Saptami Until 4:32PM

Ganesha: Clear *Sunrise: 6:44AM*
Muruqa: Blue *Sunset: 5:51PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Ashada-Adi

D

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Louis, Mauritius
Sun 8 Sutra 102

Mesha Rasi: 8.07 Tithi 23 – 24

Gulika 9:31AM – 10:54AM
Yama 6:44AM – 8:07AM
424893462 **Rahu** 1:41PM – 3:04PM

Ashvini Until 4:04PM
Dhriti Until 7:26AM
Taitila Until 6:13AM Fri
Ashtami* Until 5:48PM

Ganesha: White *Sunrise: 6:44AM*
Muruqa: Blue *Sunset: 5:51PM*
Nataraja: White
Moon – White

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Ashada-Adi

Until 4:04PM
Then Creative Work - Siddha Yoga

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Navamyam Titau

Port Louis, Mauritius
Sun 9 Sutra 103

Mesha Rasi: 20.37 Tithi 24

Gulika 8:07AM – 9:30AM
Yama 3:04PM – 4:28PM
424893462 **Rahu** 10:54AM – 12:17PM

Bharani Until 5:23PM
Shula* Until 7:10AM
Taitila Until 6:13AM
Navami* Until 6:25PM

Ganesha: White *Sunrise: 6:43AM*
Muruqa: Blue *Sunset: 5:51PM*
Nataraja: White
Moon – White

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Vanija/Visli* Karana Dashamyam Titau				Port Louis, Mauritius Sun 10 Sutra 104
	Vrishabha Rasi: 3.26	Tithi 25	424893462	Gulika 6:43AM – 8:07AM Yama 1:41PM – 3:05PM Rahu 9:30AM – 10:54AM	Krittika Until 5:49PM Ganda* Until 6:22AM Vanija Until 6:27AM Dashami Until 6:16PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – White	Sunrise: 6:43AM Sunset: 5:52PM Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day Ashada*Adi
	Creative Work Amrita Yoga						

2	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Louis, Mauritius Sun 11 Sutra 105
	Vrishabha Rasi: 16.4	Tithi 26 – 27	434893462	Gulika 3:05PM – 4:28PM Yama 12:17PM – 1:41PM Rahu 4:28PM – 5:52PM	Rohini Until 5:47PM Dhruva Until 2:53AM Mon Kaulava Until 4:36AM Mon Ekadashi* Until 5:20PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:43AM Sunset: 5:52PM Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day Ashada*Adi
	Creative Work Siddha Yoga						

3	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Port Louis, Mauritius Sun 12 Sutra 106
	Mithuna Rasi: 0.2	Tithi 27 – 28	435893462	Gulika 1:41PM – 3:05PM Yama 10:54AM – 12:17PM Rahu 8:06AM – 9:30AM	Mrigashira Until 4:51PM Vyaghata* Until 12:14AM Tue Gara Until 2:35AM Tue Dvadashi* Until 3:39PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:42AM Sunset: 5:52PM Moon 7 - Phase 15 2nd Phase Sivaloka Day Ashada*Adi
	Family Home Evening Creative Work Amrita Yoga Until 4:51PM Then Creative Work - Siddha Yoga						
	<i>Pradosha Vrata (Fasting)</i>						

4	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Port Louis, Mauritius Sun 13 Sutra 107
	Mithuna Rasi: 14.26	Tithi 28 – 29	435893462	Gulika 12:17PM – 1:41PM Yama 9:30AM – 10:53AM Rahu 3:05PM – 4:29PM	Ardra Until 3:07PM Harshana Until 9:07PM Visti Until 11:57PM Trayodashi* Until 1:19PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:42AM Sunset: 5:53PM Moon 7 - Phase 15 2nd Phase Sivaloka Day Ashada*Adi
	Routine Work Marana Yoga Until 3:07PM Then Creative Work - Siddha Yoga						

●	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Port Louis, Mauritius Sun 14 Sutra 108	
	Retreat Star			445893462	Gulika 10:53AM – 12:17PM Yama 8:05AM – 9:29AM Rahu 12:17PM – 1:41PM	Punarvasu Until 1:09PM Vajra* Until 5:33PM Catuspada Until 8:52PM Chaturdashi* Until 10:27AM	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 6:41AM Sunset: 5:53PM Moon 7 - Phase 15 Amavasya Sivaloka Day Ashada*Adi
	Mithuna Rasi: 28.56		Tithi 29 – 30					
	Creative Work Siddha Yoga							

●	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Port Louis, Mauritius Sun 15 Sutra 109	
	Retreat Star			445893462	Gulika 9:29AM – 10:53AM Yama 6:41AM – 8:05AM Rahu 1:41PM – 3:05PM	Pushya Until 10:40AM Siddhi Until 1:43PM Bava Until 3:41AM Fri Amavasya* Until 7:11AM	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 6:41AM Sunset: 5:54PM Moon 7 - Phase 15 Prathama Sivaloka Day Sravana*Adi
	Kataka Rasi: 13.45		Tithi 30 – 1					
	Creative Work Amrita Yoga Until 10:40AM Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Port Louis, Mauritius Sun 16 Sutra 110
Kataka Rasi: 28.45	Tithi 2	Gulika 8:05AM – 9:29AM	Ashlesha* Until 7:50AM	Ganesha: Green	<i>Sunrise:</i> 6:40AM	Vikarin 5121	
		Yama 3:06PM – 4:30PM	Vyatipata* Until 9:45AM	Muruqa: Blue	<i>Sunset:</i> 5:54PM	Moon 7 - Phase 16	
		445893462 Rahu 10:53AM – 12:17PM	Balava Until 1:55PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 12:07AM Sat	Moon – Blue		Sivaloka Day	
				Sravana*Adi			

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Port Louis, Mauritius Sun 17 Sutra 111
Simha Rasi: 13.49	Tithi 3	Gulika 6:40AM – 8:04AM	Purvaphalguni Until 2:36AM Sun	Ganesha: White	<i>Sunrise:</i> 6:40AM	Vikarin 5121	
		Yama 1:41PM – 3:06PM	Parigha* Until 1:49AM Sun	Muruqa: Blue	<i>Sunset:</i> 5:54PM	Moon 7 - Phase 16	
		455893462 Rahu 9:29AM – 10:53AM	Taitila Until 10:22AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 8:37PM	Moon – Red		Sivaloka Day	
Until 2:36AM Sun				Sravana*Adi			
Then Creative Work - Amrita Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau			Port Louis, Mauritius Sun 18 Sutra 112
Simha Rasi: 28.46	Tithi 4 – 5	Gulika 3:06PM – 4:30PM	Uttaraphalguni Until 12:06AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Vikarin 5121	
		Yama 12:17PM – 1:41PM	Shiva Until 10:08PM	Muruqa: Blue	<i>Sunset:</i> 5:55PM	Moon 7 - Phase 16	
		455993462 Rahu 4:30PM – 5:55PM	Vanija Until 6:57AM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 5:20PM	Moon – Red		Subha Sivaloka Day	
Until 12:06AM Mon				Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Port Louis, Mauritius Sun 19 Sutra 113
Kanya Rasi: 13.3	Tithi 5 – 6	Gulika 1:41PM – 3:06PM	Hasta Until 10:17PM	Ganesha: White	<i>Sunrise:</i> 6:39AM	Vikarin 5121	
Family Home Evening		Yama 10:52AM – 12:17PM	Siddha Until 6:45PM	Muruqa: Blue	<i>Sunset:</i> 5:55PM	Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 Rahu 8:03AM – 9:28AM	Kaulava Until 1:10AM Tue	Nataraja: White		3rd Phase	
Until 10:17PM			Panchami Until 2:26PM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashti/Saptamyam Titau			Port Louis, Mauritius Sun 20 Sutra 114
Kanya Rasi: 27.55	Tithi 6 – 7	Gulika 12:17PM – 1:41PM	Chitra Until 8:52PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Vikarin 5121	
		Yama 9:28AM – 10:52AM	Sadhya Until 3:48PM	Muruqa: Blue	<i>Sunset:</i> 5:55PM	Moon 7 - Phase 16	
		465993462 Rahu 3:06PM – 4:31PM	Gara Until 11:02PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Shashti* Until 12:00PM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau			Port Louis, Mauritius Sun 21 Sutra 115
Tula Rasi: 11.57	Tithi 7 – 8	Gulika 10:52AM – 12:17PM	Svati Until 7:54PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Vikarin 5121	
		Yama 8:03AM – 9:27AM	Subha Until 1:21PM	Muruqa: Blue	<i>Sunset:</i> 5:56PM	Moon 7 - Phase 16	
		465993462 Rahu 12:17PM – 1:41PM	Vistil Until 9:30PM	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 10:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Port Louis, Mauritius Sun 22 Sutra 116
Tula Rasi: 25.35	Tithi 8 – 9	Gulika 9:27AM – 10:52AM	Vishakha Until 7:54PM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	Vikarin 5121	
		Yama 6:37AM – 8:02AM	Sukla Until 11:25AM	Muruqa: Blue	<i>Sunset:</i> 5:56PM	Moon 7 - Phase 16	
		476993462 Rahu 1:41PM – 3:06PM	Balava Until 8:39PM	Nataraja: White		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:59AM	Moon – Orange		Sivaloka Day	
				Sravana*Adi			


1	Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Louis, Mauritius Sun 23 Sutra 117
	Wrischika Rasi: 8.52	Tithi 9 – 10	Gulika 8:02AM – 9:27AM Yama 3:06PM – 4:31PM 476993462 Rahu 10:52AM – 12:16PM	Anuradha Until 8:24PM Brahma Until 10:02AM Taitila Until 8:28PM Navami* Until 8:28AM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:37AM Sunset: 5:56PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 8:24PM Then Routine Work - Marana Yoga							


2	Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Louis, Mauritius Sun 24 Sutra 118
	Wrischika Rasi: 21.47	Tithi 10 – 11	Gulika 6:36AM – 8:01AM Yama 1:41PM – 3:06PM 476993462 Rahu 9:26AM – 10:51AM	Jyeshtha* Until 9:22PM Indra Until 9:10AM Vanija Until 8:55PM Dashami Until 8:36AM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:36AM Sunset: 5:56PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Sivaloka Day
Creative Work Siddha Yoga							

3	Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Louis, Mauritius Sun 25 Sutra 119
	Dhanus Rasi: 4.25	Tithi 11 – 12	Gulika 3:06PM – 4:32PM Yama 12:16PM – 1:41PM 486993462 Rahu 4:32PM – 5:57PM	Mula* Until 11:12PM Vaidhriti* Until 8:45AM Bava Until 9:56PM Ekadashi Until 9:20AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:36AM Sunset: 5:57PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 11:12PM Then Creative Work - Siddha Yoga							

4	Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Louis, Mauritius Sun 26 Sutra 120
	Dhanus Rasi: 16.49	Tithi 12 – 13	Gulika 1:41PM – 3:07PM Yama 10:51AM – 12:16PM 486993462 Rahu 8:00AM – 9:25AM	Purvashadha* Until 1:20AM Tue Vishkambha* Until 8:46AM Kaulava Until 11:25PM Dvadashi Until 10:36AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:35AM Sunset: 5:57PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
Family Home Evening Routine Work Marana Yoga Until 1:20AM Tue Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

5	Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Louis, Mauritius Sun 27 Sutra 121
	Dhanus Rasi: 29.01	Tithi 13 – 14	Gulika 12:16PM – 1:41PM Yama 9:25AM – 10:50AM 486993462 Rahu 3:07PM – 4:32PM	Uttarashadha Until 3:38AM Wed Priti Until 9:07AM Gara Until 1:16AM Wed Trayodashi Until 12:17PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:34AM Sunset: 5:57PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga Until 3:38AM Wed Then Creative Work - Siddha Yoga							

	Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Louis, Mauritius Sutra 122
	Makara Rasi: 11.05	Tithi 14 – 15	Gulika 10:50AM – 12:16PM Yama 7:59AM – 9:25AM 496993462 Rahu 12:16PM – 1:41PM	Shravana Until 6:33AM Thu Ayushman Until 9:42AM Visti Until 3:25AM Thu Chaturdashi* Until 2:18PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 6:34AM Sunset: 5:58PM	Vikarin 5121 Moon 7 - Phase 17 Purnima Sivaloka Day
Creative Work Siddha Yoga Raksha Bandhan							

	Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Louis, Mauritius Sutra 123
	Makara Rasi: 23.03	Tithi 15 – 16	Gulika 9:24AM – 10:50AM Yama 6:33AM – 7:59AM 497993462 Rahu 1:41PM – 3:07PM	Shravana Until 6:33AM Saubhagya Until 10:29AM Balava Until 5:44AM Fri Purnima* Until 4:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 6:33AM Sunset: 5:58PM	Vikarin 5121 Moon 7 - Phase 17 Prathama Subha Sivaloka Day
Creative Work Siddha Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 4.56 Tithi 16
Creative Work Siddha Yoga

Gulika 7:58AM – 9:24AM
Yama 3:07PM – 4:32PM
497993462 **Rahu** 10:50AM – 12:15PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Kaulava Karana Prathamayam Titau

Dhanishtha **Until 9:27AM**
Sobhana **Until 11:24AM**
Kaulava **Until 6:55PM**
Prathama* Until 6:55PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Adi

Sunrise: 6:32AM
Sunset: 5:58PM

Port Louis, Mauritius
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 16.49 Tithi 17
Creative Work Amrita Yoga
Until 12:16PM
Then Routine Work - Marana Yoga

Gulika 6:32AM – 7:57AM
Yama 1:41PM – 3:07PM
497993462 **Rahu** 9:23AM – 10:49AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Shatabhishak **Until 12:16PM**
Athiganda* **Until 12:21PM**
Taitila **Until 8:10AM**
Dvitiya Until 9:21PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Avani

Sunrise: 6:32AM
Sunset: 5:59PM

Port Louis, Mauritius
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

2

Sunday, August 18, 2019

Kumbha Rasi: 28.4 Tithi 18
Creative Work Siddha Yoga
Until 3:25PM
Then Creative Work - Amrita Yoga

Gulika 3:07PM – 4:33PM
Yama 12:15PM – 1:41PM
517993462 **Rahu** 4:33PM – 5:59PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trilyayam Titau

Purvaprossthapada* Until 3:25PM
Sukarma **Until 1:18PM**
Vanija **Until 10:35AM**
Tritiya Until 11:45PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 6:31AM
Sunset: 5:59PM

Port Louis, Mauritius
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 10.33 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:41PM – 3:07PM
Yama 10:49AM – 12:15PM
517993462 **Rahu** 7:56AM – 9:22AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprossthapada Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Uttaraprossthapada Until 6:16PM
Dhriti **Until 2:12PM**
Bava **Until 12:55PM**
Chaturthi* Until 2:00AM Tue

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 6:30AM
Sunset: 5:59PM

Port Louis, Mauritius
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 22.3 Tithi 20
Creative Work Siddha Yoga

Gulika 12:14PM – 1:41PM
Yama 9:22AM – 10:48AM
517993462 **Rahu** 3:07PM – 4:33PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Revati Until 8:46PM
Shula* **Until 2:54PM**
Kaulava **Until 3:03PM**
Panchami Until 3:59AM Wed

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 6:29AM
Sunset: 5:59PM

Port Louis, Mauritius
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 4.34 Tithi 21
Routine Work Marana Yoga
Until 11:14PM
Then Creative Work - Siddha Yoga

Gulika 10:48AM – 12:14PM
Yama 7:55AM – 9:21AM
527993462 **Rahu** 12:14PM – 1:41PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Ashvini Until 11:14PM
Ganda* **Until 3:22PM**
Gara **Until 4:52PM**
Shashthi* Until 5:35AM Thu

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 6:29AM
Sunset: 6:00PM

Port Louis, Mauritius
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 16.47 Tithi 22
Creative Work Siddha Yoga

Gulika 9:21AM – 10:47AM
Yama 6:28AM – 7:54AM
528993462 **Rahu** 1:40PM – 3:07PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti* Karana Saptamyam Titau

Bharani Until 1:04AM Fri
Vridhhi **Until 3:30PM**
Visti **Until 6:13PM**
Saptami Until 6:39AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 6:28AM
Sunset: 6:00PM

Port Louis, Mauritius
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Mesha Rasi: 29.14 Tithi 22 – 23
Creative Work Siddha Yoga
Until 2:07AM Sat
Then Creative Work - Amrita Yoga

Gulika 7:54AM – 9:20AM
Yama 3:07PM – 4:33PM
528993462 **Rahu** 10:47AM – 12:14PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Krittika Until 2:07AM Sat
Dhruva **Until 3:09PM**
Balava **Until 6:58PM**
Saptami Until 6:39AM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 6:27AM
Sunset: 6:00PM

Port Louis, Mauritius
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrshabha Rasi: 11.59 Tithi 23 – 24
Creative Work Amrita Yoga
Until 2:45AM Sun
Then Creative Work - Siddha Yoga

Gulika 6:26AM – 7:53AM
Yama 1:40PM – 3:07PM
538993462 **Rahu** 9:20AM – 10:47AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rohini Until 2:45AM Sun
Vyaghata* **Until 2:16PM**
Taitila **Until 7:00PM**
Ashtami* Until 7:03AM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – Yellow
Sravana-Avani

Sunrise: 6:26AM
Sunset: 6:00PM

Port Louis, Mauritius
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Port Louis, Mauritius Sun 9 Sutra 133 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Wishabha Rasi: 25.07	Tithi 24 - 25	Gulika 3:07PM - 4:34PM	Mrigashira Until 2:27AM Mon	Ganesha: Clear <i>Sunrise: 6:26AM</i>	
		Yama 12:13PM - 1:40PM	Harshana Until 12:46PM	Muruqa: Blue <i>Sunset: 6:01PM</i>	
538993462	Rahu 4:34PM - 6:01PM		Vanija Until 6:14PM	Nataraja: White	
Creative Work	Siddha Yoga		Navami* Until 6:42AM	Moon - Yellow	Subha Sivaloka Day
					Sravana-Avani

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Port Louis, Mauritius Sun 10 Sutra 134 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Mithuna Rasi: 8.41	Tithi 26	Gulika 1:40PM - 3:07PM	Ardra Until 1:15AM Tue	Ganesha: Clear <i>Sunrise: 6:25AM</i>	
Family Home Evening		Yama 10:46AM - 12:13PM	Vajra* Until 10:37AM	Muruqa: Blue <i>Sunset: 6:01PM</i>	
538993462	Rahu 7:52AM - 9:19AM		Bava Until 4:42PM	Nataraja: White	
Creative Work	Siddha Yoga		Ekadashi* Until 3:38AM Tue	Moon - Yellow	Subha Sivaloka Day
					Sravana-Avani

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitilla Karana Dvadashyam Titau	Port Louis, Mauritius Sun 11 Sutra 135 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Mithuna Rasi: 22.43	Tithi 27	Gulika 12:13PM - 1:40PM	Punarvasu Until 11:39PM	Ganesha: Purple <i>Sunrise: 6:24AM</i>	
		Yama 9:18AM - 10:45AM	Siddhi Until 7:52AM	Muruqa: Blue <i>Sunset: 6:01PM</i>	
548993462	Rahu 3:07PM - 4:34PM		Kaulava Until 2:26PM	Nataraja: White	
Creative Work	Siddha Yoga		Dvadashi* Until 1:03AM Wed	Moon - Blue	Sivaloka Day
					Sravana-Avani

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Port Louis, Mauritius Sun 12 Sutra 136 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Kataka Rasi: 7.11	Tithi 28	Gulika 10:45AM - 12:12PM	Pushya Until 9:20PM	Ganesha: Light Blue <i>Sunrise: 6:23AM</i>	
		Yama 7:50AM - 9:18AM	Variyan Until 12:51AM Thu	Muruqa: Blue <i>Sunset: 6:01PM</i>	
549993463	Rahu 12:12PM - 1:40PM		Gara Until 11:34AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Trayodashi* Until 9:55PM	Moon - Blue	Devaloka Day
					Sravana-Avani
					<i>Pradosha Vrata (Fasting)</i>

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Port Louis, Mauritius Sun 13 Sutra 137 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Kataka Rasi: 22.04	Tithi 29	Gulika 9:17AM - 10:45AM	Ashlesha* Until 6:29PM	Ganesha: Orange <i>Sunrise: 6:22AM</i>	
		Yama 6:22AM - 7:50AM	Parigha* Until 8:49PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	
549193463	Rahu 1:39PM - 3:07PM		Visti Until 8:12AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:23PM	Moon - Blue	Sivaloka Day
Until 6:29PM					Sravana-Avani
Then Creative Work - Amrita Yoga					

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Louis, Mauritius Sun 14 Sutra 138 Vikarin 5121 Moon 8 - Phase 19 Amavasya
Simha Rasi: 7.11	Tithi 30 - 1	Gulika 7:49AM - 9:17AM	Magha* Until 3:39PM	Ganesha: Clear <i>Sunrise: 6:22AM</i>	
		Yama 3:07PM - 4:34PM	Shiva Until 4:36PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	
559193463	Rahu 10:44AM - 12:12PM		Kintughna Until 12:41AM Sat	Nataraja: Clear	
Routine Work	Marana Yoga		Amavasya* Until 2:36PM	Moon - Red	Sivaloka Day
Until 3:39PM					Sravana-Avani
Then Creative Work - Siddha Yoga					
					Varalakshmi Vratam

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Louis, Mauritius Sun 15 Sutra 139 Vikarin 5121 Moon 8 - Phase 19 Prathama
Simha Rasi: 22.27	Tithi 1 - 2	Gulika 6:21AM - 7:48AM	Purvaphalguni Until 12:37PM	Ganesha: Clear <i>Sunrise: 6:21AM</i>	
		Yama 1:39PM - 3:07PM	Siddha Until 12:18PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	
559193463	Rahu 9:16AM - 10:44AM		Balava Until 8:52PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 10:45AM	Moon - Red	Sivaloka Day
Until 12:37PM					Bhadrapada-Avani
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Port Louis, Mauritius Sun 16 Sutra 140
	Kanya Rasi: 7.39	Tithi 2 – 3	Gulika 3:07PM – 4:34PM	Uttaraphalguni Until 9:35AM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Vikarin 5121
			Yama 12:11PM – 1:39PM	Sadhya Until 8:07AM	Muruqa: Blue	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work Amrita Yoga	559193463	Rahu 4:34PM – 6:02PM	Gara Until 3:31AM Mon	Nataraja: Clear		3rd Phase
			Dvitiya Until 7:00AM	Bhadrapada-Avani		Sivaloka Day	

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Port Louis, Mauritius Sun 17 Sutra 141
	Kanya Rasi: 22.38	Tithi 4	Gulika 1:39PM – 3:07PM	Hasta Until 7:06AM	Ganesha: Orange	<i>Sunrise:</i> 6:19AM	Vikarin 5121
	Family Home Evening		Yama 10:43AM – 12:11PM	Sukla Until 12:35AM Tue	Muruqa: Blue	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	Rahu 7:47AM – 9:15AM	Vanija Until 1:57PM	Nataraja: Clear		3rd Phase
			Ganesha Chaturthi	Chaturthi* Until 12:28AM Tue	Bhadrapada-Avani	Sivaloka Day	
			Until 7:06AM				
			Then Routine Work - Prabararishta Yoga				

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Port Louis, Mauritius Sun 18 Sutra 142
	Tula Rasi: 7.17	Tithi 5	Gulika 12:10PM – 1:38PM	Svati Until 3:15AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:18AM	Vikarin 5121
			Yama 9:14AM – 10:42AM	Brahma Until 9:28PM	Muruqa: Blue	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	Rahu 3:07PM – 4:35PM	Bava Until 11:10AM	Nataraja: Clear		3rd Phase
			Panchami Until 10:00PM	Bhadrapada-Avani		Sivaloka Day	

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taila Karana Shashthyam Titau				Port Louis, Mauritius Sun 19 Sutra 143
	Tula Rasi: 21.31	Tithi 6	Gulika 10:42AM – 12:10PM	Vishakha Until 2:35AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:17AM	Vikarin 5121
			Yama 7:45AM – 9:14AM	Indra Until 6:57PM	Muruqa: Blue	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	579193463	Rahu 12:10PM – 1:38PM	Kaulava Until 9:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 8:14PM	Bhadrapada-Avani		Subha Sivaloka Day	

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Port Louis, Mauritius Sun 20 Sutra 144
	Vrischika Rasi: 5.15	Tithi 7	Gulika 9:13AM – 10:41AM	Anuradha Until 2:35AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Vikarin 5121
			Yama 6:16AM – 7:45AM	Vaidhriti* Until 5:04PM	Muruqa: Blue	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	571193463	Rahu 1:38PM – 3:06PM	Gara Until 7:41AM	Nataraja: Clear		3rd Phase
			Saptami Until 7:17PM	Bhadrapada-Avani		Sivaloka Day	
			Until 2:35AM Fri				
			Then Routine Work - Marana Yoga				

6	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Port Louis, Mauritius Sun 21 Sutra 145
	Retreat Star		Gulika 7:44AM – 9:12AM	Jyeshtha* Until 3:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Vikarin 5121
	Vrischika Rasi: 18.31	Tithi 8	Yama 3:06PM – 4:35PM	Vishkambha* Until 3:50PM	Muruqa: Blue	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
			571193463	Rahu 10:41AM – 12:09PM	Visti Until 7:08AM	Nataraja: Clear	Ashtami
				Ashtami* Until 7:10PM	Bhadrapada-Avani	Sivaloka Day	
			Routine Work Marana Yoga				
			Until 3:13AM Sat				
			Then Creative Work - Siddha Yoga				

7	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Port Louis, Mauritius Sun 22 Sutra 146
	Retreat Star		Gulika 6:15AM – 7:43AM	Mula* Until 4:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Vikarin 5121
	Dhanus Rasi: 1.22	Tithi 9	Yama 1:38PM – 3:06PM	Priti Until 3:15PM	Muruqa: Blue	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20
			581193463	Rahu 9:12AM – 10:40AM	Balava Until 7:25AM	Nataraja: Clear	Navami
				Navami* Until 7:49PM	Bhadrapada-Avani	Devaloka Day	
			Creative Work Siddha Yoga				


1	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Louis, Mauritius
			Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 147
Dhanus Rasi: 13.52	Tithi 10		Gulika 3:06PM – 4:35PM	Purvashadha* Until 7:05AM Mon	Ganesha: Green <i>Sunrise: 6:14AM</i>	Vikarin 5121	
			Yama 12:09PM – 1:37PM	Ayushman Until 3:11PM	Muruqa: Blue <i>Sunset: 6:04PM</i>	Moon 8 - Phase 21	
		581193463	Rahu 4:35PM – 6:04PM	Taitila Until 8:27AM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga				Moon – Light Blue	Devaloka Day	
Until 7:05AM Mon			Grandparent's Day	Dashami Until 9:10PM	Bhadrapada-Avani		
Then Routine Work - Marana Yoga							

2	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Port Louis, Mauritius
			Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 148
Dhanus Rasi: 26.07	Tithi 11		Gulika 1:37PM – 3:06PM	Purvashadha* Until 7:05AM	Ganesha: Green <i>Sunrise: 6:13AM</i>	Vikarin 5121	
Family Home Evening			Yama 10:40AM – 12:08PM	Saubhagya Until 3:34PM	Muruqa: Blue <i>Sunset: 6:04PM</i>	Moon 8 - Phase 21	
		581193463	Rahu 7:42AM – 9:11AM	Vanija Until 10:05AM	Nataraja: Clear	4th Phase	
Routine Work	Marana Yoga				Moon – Light Blue	Devaloka Day	
				Ekadashi Until 11:03PM	Bhadrapada-Avani		

3	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Louis, Mauritius
			Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 149
Makara Rasi: 8.1	Tithi 12		Gulika 12:08PM – 1:37PM	Uttarashadha Until 9:30AM	Ganesha: Green <i>Sunrise: 6:12AM</i>	Vikarin 5121	
			Yama 9:10AM – 10:39AM	Sobhana Until 4:16PM	Muruqa: Blue <i>Sunset: 6:04PM</i>	Moon 8 - Phase 21	
		581193463	Rahu 3:06PM – 4:35PM	Bava Until 12:09PM	Nataraja: Clear	4th Phase	
Routine Work	Prabalarishta Yoga				Moon – Light Blue	Devaloka Day	
Until 9:30AM				Dvadashi Until 1:16AM Wed	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga							

4	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Port Louis, Mauritius
			Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 150
Makara Rasi: 20.05	Tithi 13		Gulika 10:39AM – 12:08PM	Shravana Until 12:32PM	Ganesha: Red <i>Sunrise: 6:11AM</i>	Vikarin 5121	
			Yama 7:40AM – 9:09AM	Athiganda* Until 5:07PM	Muruqa: Blue <i>Sunset: 6:04PM</i>	Moon 8 - Phase 21	
		591193463	Rahu 12:08PM – 1:37PM	Kaulava Until 2:29PM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga				Moon – Purple	Sivaloka Day	
Until 12:32PM			Avani Avittam	Trayodashi Until 3:41AM Thu	Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>			

5	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Port Louis, Mauritius
			Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 151
Kumbha Rasi: 1.58	Tithi 14		Gulika 9:09AM – 10:38AM	Dhanishtha Until 3:31PM	Ganesha: Red <i>Sunrise: 6:10AM</i>	Vikarin 5121	
			Yama 6:10AM – 7:39AM	Sukarma Until 6:04PM	Muruqa: Blue <i>Sunset: 6:05PM</i>	Moon 8 - Phase 21	
		591193463	Rahu 1:37PM – 3:06PM	Gara Until 4:57PM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga				Moon – Purple	Sivaloka Day	
				Chaturdashi* Until 6:09AM Fri	Bhadrapada-Avani		

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Louis, Mauritius
	Copper Retreat Star		Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 152
Kumbha Rasi: 13.49	Tithi 14 – 15		Gulika 7:39AM – 9:08AM	Shatabhishak Until 6:20PM	Ganesha: Red <i>Sunrise: 6:09AM</i>	Vikarin 5121	
			Yama 3:06PM – 4:35PM	Dhriti Until 7:01PM	Muruqa: Purple <i>Sunset: 6:05PM</i>	Moon 8 - Phase 21	
		591113463	Rahu 10:38AM – 12:07PM	Visti Until 7:24PM	Nataraja: Clear	Purnima	
Creative Work	Siddha Yoga				Moon – Purple	Sivaloka Day	
			Chidambaram Abhishekam	Chaturdashi* Until 6:09AM	Bhadrapada-Avani		

6	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Port Louis, Mauritius
	Silver Retreat Star		Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 153
Kumbha Rasi: 25.41	Tithi 15 – 16		Gulika 6:08AM – 7:38AM	Purvaproshtapada* Until 9:25PM	Ganesha: Red <i>Sunrise: 6:08AM</i>	Vikarin 5121	
			Yama 1:36PM – 3:06PM	Shula* Until 7:53PM	Muruqa: Purple <i>Sunset: 6:05PM</i>	Moon 8 - Phase 21	
		511113463	Rahu 9:07AM – 10:37AM	Balava Until 9:48PM	Nataraja: Clear	Prathama	
Routine Work	Marana Yoga				Moon – Clear	Sivaloka Day	
Until 9:25PM				Purnima* Until 8:36AM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Port Louis, Mauritius
Sutra 154

Meena Rasi: 7.35 Tithi 16 – 17

Gulika 3:06PM – 4:35PM
Yama 12:06PM – 1:36PM
Rahu 4:35PM – 6:05PM

Uttaraproshtapada Until 12:13AM Mon
Ganda* Until 8:40PM
Taitila Until 12:03AM Mon
Prathama* Until 10:55AM

Ganesha: Yellow *Sunrise:* 6:07AM
Muruqa: Purple *Sunset:* 6:05PM
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga
Until 12:13AM Mon
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Port Louis, Mauritius
Sun 1 Sutra 155

Meena Rasi: 19.33 Tithi 17 – 18

Gulika 1:36PM – 3:06PM
Yama 10:36AM – 12:06PM
Rahu 7:36AM – 9:06AM

Revati Until 2:39AM Tue
Vriddhi Until 9:20PM
Vanija Until 2:06AM Tue
Dvitiya Until 1:05PM

Ganesha: Yellow *Sunrise:* 6:06AM
Muruqa: Purple *Sunset:* 6:05PM
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Moon 9 - Phase 22
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Sivaloka Day

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Port Louis, Mauritius
Sun 2 Sutra 156

Mesha Rasi: 1.35 Tithi 18 – 19

Gulika 12:06PM – 1:36PM
Yama 9:06AM – 10:36AM
Rahu 3:06PM – 4:36PM

Ashvini Until 5:11AM Wed
Dhruva Until 9:46PM
Bava Until 3:55AM Wed
Tritiya Until 3:02PM

Ganesha: White *Sunrise:* 6:06AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Louis, Mauritius
Sun 3 Sutra 157

Mesha Rasi: 13.44 Tithi 19 – 20

Gulika 10:35AM – 12:05PM
Yama 7:35AM – 9:05AM
Rahu 12:05PM – 1:35PM

Bharani Until 7:13AM Thu
Vyaghata* Until 9:59PM
Kaulava Until 5:23AM Thu
Chaturthi* Until 4:41PM

Ganesha: White *Sunrise:* 6:05AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga
Until 7:13AM Thu
Then Routine Work - Marana Yoga

Devaloka Day

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Louis, Mauritius
Sun 4 Sutra 158

Mesha Rasi: 26.02 Tithi 20 – 21

Gulika 9:04AM – 10:35AM
Yama 6:04AM – 7:34AM
Rahu 1:35PM – 3:05PM

Bharani Until 7:13AM
Harshana Until 9:55PM
Gara Until 6:26AM Fri
Panchami Until 5:57PM

Ganesha: White *Sunrise:* 6:04AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga
Until 7:13AM
Then Routine Work - Marana Yoga

Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Port Louis, Mauritius
Sun 5 Sutra 159

Vrishabha Rasi: 8.31 Tithi 21

Gulika 7:33AM – 9:04AM
Yama 3:05PM – 4:36PM
Rahu 10:34AM – 12:05PM

Krittika Until 8:39AM
Vajra* Until 9:24PM
Gara Until 6:26AM
Shashthi* Until 6:44PM

Ganesha: White *Sunrise:* 6:03AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga
Until 8:39AM
Then Routine Work - Marana Yoga

Devaloka Day

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Port Louis, Mauritius
Sun 6 Sutra 160

Vrishabha Rasi: 21.14 Tithi 22

Gulika 6:02AM – 7:32AM
Yama 1:35PM – 3:05PM
Rahu 9:03AM – 10:34AM

Rohini Until 9:52AM
Siddhi Until 8:26PM
Visti Until 6:55AM
Saptami Until 6:54PM

Ganesha: Clear *Sunrise:* 6:02AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga
Until 9:52AM
Then Creative Work - Siddha Yoga

Sivaloka Day

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Sunday, September 22, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Louis, Mauritius
Sun 7 Sutra 161

Mithuna Rasi: 4.17 Tithi 23

Gulika 3:05PM – 4:36PM
Yama 12:04PM – 1:35PM
Rahu 4:36PM – 6:07PM

Mrigashira Until 10:17AM
Vyatipata* Until 6:55PM
Balava Until 6:45AM
Ashtami* Until 6:23PM

Ganesha: Clear *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Monday, September 23, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Louis, Mauritius
Sun 8 Sutra 162

Mithuna Rasi: 17.43 Tithi 24 – 25

Gulika 1:34PM – 3:05PM
Yama 10:33AM – 12:03PM
Rahu 7:31AM – 9:02AM

Ardra Until 9:50AM
Variyan Until 4:48PM
Vanija Until 4:16AM Tue
Navami* Until 5:08PM

Ganesha: Orange *Sunrise:* 6:00AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
Navami

Family Home Evening
Creative Work Siddha Yoga
Until 9:50AM
Then Creative Work - Amrita Yoga


Sivaloka Day

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau	Port Louis, Mauritius Sun 9 Sutra 163
Kataka Rasi: 1.34	Tithi 25 – 26	Gulika 12:03PM – 1:34PM	Punarvasu Until 8:59AM	Ganesha: Light Blue <i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 9:01AM – 10:32AM	Parigha* Until 2:08PM	Muruqa: Purple <i>Sunset:</i> 6:07PM	Moon 9 - Phase 23
		542213463 Rahu 3:05PM – 4:36PM	Bava Until 1:59AM Wed	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 3:11PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Port Louis, Mauritius Sun 10 Sutra 164
Kataka Rasi: 15.52	Tithi 26 – 27	Gulika 10:32AM – 12:03PM	Pushya Until 7:18AM	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM	Vikarin 5121
		Yama 7:29AM – 9:00AM	Shiva Until 10:56AM	Muruqa: Purple <i>Sunset:</i> 6:07PM	Moon 9 - Phase 23
		542213463 Rahu 12:03PM – 1:34PM	Kaulava Until 11:07PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:36PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Port Louis, Mauritius Sun 11 Sutra 165
Simha Rasi: 0.34	Tithi 27 – 28	Gulika 9:00AM – 10:31AM	Magha* Until 2:26AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:57AM	Vikarin 5121
		Yama 5:57AM – 7:29AM	Siddha Until 7:17AM	Muruqa: Purple <i>Sunset:</i> 6:08PM	Moon 9 - Phase 23
		552213463 Rahu 1:34PM – 3:05PM	Gara Until 7:47PM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 9:29AM	Moon – Red	Devaloka Day
Until 2:26AM Fri				Bhadrapada•Puratasi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vistil/Sakuni* Karana Chaturdashyam Titau	Port Louis, Mauritius Sun 12 Sutra 166
Simha Rasi: 15.34	Tithi 29	Gulika 7:28AM – 8:59AM	Purvaphalguni Until 11:31PM	Ganesha: Purple <i>Sunrise:</i> 5:56AM	Vikarin 5121
		Yama 3:05PM – 4:36PM	Subha Until 11:07PM	Muruqa: Purple <i>Sunset:</i> 6:08PM	Moon 9 - Phase 23
		552213463 Rahu 10:31AM – 12:02PM	Vistil Until 4:09PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:15AM Sat	Moon – Red	Devaloka Day
				Bhadrapada•Puratasi	

		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Port Louis, Mauritius Sun 13 Sutra 167
Retreat Star		Gulika 5:55AM – 7:27AM	Uttaraphalguni Until 8:24PM	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM	Vikarin 5121
Kanya Rasi: 0.46	Tithi 30	Yama 1:33PM – 3:05PM	Sukla Until 6:51PM	Muruqa: Purple <i>Sunset:</i> 6:08PM	Moon 9 - Phase 23
		652213463 Rahu 8:59AM – 10:30AM	Catuspada Until 12:22PM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 10:28PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi	

Sunday, September 29, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau	Port Louis, Mauritius Sun 14 Sutra 168
Kanya Rasi: 15.59	Tithi 1	Gulika 3:05PM – 4:37PM	Hasta Until 5:39PM	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 12:01PM – 1:33PM	Brahma Until 2:39PM	Muruqa: Purple <i>Sunset:</i> 6:08PM	Moon 9 - Phase 23
		663213463 Rahu 4:37PM – 6:08PM	Kintughna Until 8:37AM	Nataraja: Clear	Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:47PM	Moon – Green	Devaloka Day
Until 5:39PM		Navaratri Begins		Ashvina•Puratasi	
Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Louis, Mauritius Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 1.03	Tithi 2 – 3	Gulika 1:33PM – 3:05PM	Chitra Until 3:02PM	Ganesha: Light Blue <i>Sunrise:</i> 5:54AM	
Family Home Evening	663213463	Yama 10:29AM – 12:01PM	Indra Until 10:41AM	Muruqa: Purple <i>Sunset:</i> 6:09PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu 7:25AM – 8:57AM	Taitila Until 1:54AM Tue	Nataraja: Clear	3rd Phase
Until 3:02PM			Dvitiya Until 3:24PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Port Louis, Mauritius Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 15.49	Tithi 3 – 4	Gulika 12:01PM – 1:33PM	Svati Until 12:45PM	Ganesha: Light Blue <i>Sunrise:</i> 5:53AM	
	663213463	Yama 8:57AM – 10:29AM	Vaidhriti* Until 7:03AM	Muruqa: Purple <i>Sunset:</i> 6:09PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 3:05PM – 4:37PM	Vanija Until 11:17PM	Nataraja: Clear	3rd Phase
Until 12:45PM			Tritiya Until 12:30PM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Port Louis, Mauritius Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 0.1	Tithi 4 – 5	Gulika 10:28AM – 12:00PM	Vishakha Until 11:23AM	Ganesha: Purple <i>Sunrise:</i> 5:52AM	
	673213463	Yama 7:24AM – 8:56AM	Priti Until 1:22AM Thu	Muruqa: Purple <i>Sunset:</i> 6:09PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 12:00PM – 1:33PM	Bava Until 9:22PM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 10:13AM	Moon – Orange	Devaloka Day
				Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Port Louis, Mauritius Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 14.02	Tithi 5 – 6	Gulika 8:56AM – 10:28AM	Anuradha Until 10:38AM	Ganesha: Purple <i>Sunrise:</i> 5:51AM	
	673213463	Yama 5:51AM – 7:23AM	Ayushman Until 11:29PM	Muruqa: Purple <i>Sunset:</i> 6:09PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 1:32PM – 3:05PM	Kaulava Until 8:17PM	Nataraja: Clear	3rd Phase
Until 10:38AM			Panchami Until 8:42AM	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Port Louis, Mauritius Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 27.23	Tithi 6 – 7	Gulika 7:22AM – 8:55AM	Jyeshtha* Until 10:36AM	Ganesha: Purple <i>Sunrise:</i> 5:50AM	
	673213463	Yama 3:05PM – 4:37PM	Saubhagya Until 10:19PM	Muruqa: Purple <i>Sunset:</i> 6:10PM	Moon 9 - Phase 24
Routine Work Marana Yoga		Rahu 10:27AM – 12:00PM	Gara Until 8:06PM	Nataraja: Clear	3rd Phase
Until 10:36AM			Shashthi* Until 8:03AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Port Louis, Mauritius Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 10.17	Tithi 7 – 8	Gulika 5:49AM – 7:22AM	Mula* Until 11:45AM	Ganesha: Clear <i>Sunrise:</i> 5:49AM	
	683213463	Yama 1:32PM – 3:05PM	Sobhana Until 9:51PM	Muruqa: Purple <i>Sunset:</i> 6:10PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 8:54AM – 10:27AM	Visti Until 8:47PM	Nataraja: Clear	Ashtami
			Saptami Until 8:19AM	Moon – Light Blue	Sivaloka Day
		Durga Ashtami		Ashvina+Puratasi	

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Port Louis, Mauritius Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 22.48	Tithi 8 – 9	Gulika 3:05PM – 4:37PM	Purvashadha* Until 1:32PM	Ganesha: Clear <i>Sunrise:</i> 5:48AM	
	683213463	Yama 11:59AM – 1:32PM	Athiganda* Until 9:55PM	Muruqa: Purple <i>Sunset:</i> 6:10PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 4:37PM – 6:10PM	Balava Until 10:14PM	Nataraja: Clear	Navami
Until 1:32PM			Ashtami* Until 9:24AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Louis, Mauritius Sun 22 Sutra 176 Vikarin 5121	
1	Makara Rasi: 5 Family Home Evening Routine Work Marana Yoga Until 3:46PM Then Creative Work - Amrita Yoga	Tithi 9 - 10 693213463	Gulika 1:32PM - 3:05PM Yama 10:26AM - 11:59AM Rahu 7:20AM - 8:53AM	Uttarashadha Until 3:46PM Sukarma Until 10:28PM Taitila Until 12:17AM Tue Navami* Until 11:11AM	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: Purple <i>Sunset:</i> 6:10PM Nataraja: Clear Moon - Light Blue Ashvina+Puratasi Sivaloka Day

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Port Louis, Mauritius Sun 23 Sutra 177 Vikarin 5121	
2	Makara Rasi: 17 Creative Work Siddha Yoga	Tithi 10 - 11 693213464	Gulika 11:59AM - 1:32PM Yama 8:53AM - 10:26AM Rahu 3:05PM - 4:38PM	Shravana Until 6:45PM Dhriti Until 11:18PM Vanija Until 2:40AM Wed Dashami Until 1:25PM	Ganesha: White <i>Sunrise:</i> 5:47AM Muruqa: Purple <i>Sunset:</i> 6:11PM Nataraja: Purple Moon - Purple Ashvina+Puratasi Sivaloka Day

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Port Louis, Mauritius Sun 24 Sutra 178 Vikarin 5121	
3	Makara Rasi: 28.53 Routine Work Prabalarishta Yoga Until 9:46PM Then Creative Work - Siddha Yoga	Tithi 11 - 12 693213464	Gulika 10:25AM - 11:58AM Yama 7:19AM - 8:52AM Rahu 11:58AM - 1:31PM	Dhanishtha Until 9:46PM Shula* Until 12:13AM Thu Bava Until 5:13AM Thu Ekadashi Until 3:55PM	Ganesha: White <i>Sunrise:</i> 5:46AM Muruqa: Purple <i>Sunset:</i> 6:11PM Nataraja: Purple Moon - Purple Ashvina+Puratasi Sivaloka Day

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava Karana Dvadashyam Titau		Port Louis, Mauritius Sun 25 Sutra 179 Vikarin 5121	
4	Kumbha Rasi: 10.43 Creative Work Siddha Yoga	Tithi 12 693213464	Gulika 8:51AM - 10:25AM Yama 5:45AM - 7:18AM Rahu 1:31PM - 3:05PM	Shatabhishak Until 12:36AM Fri Ganda* Until 1:09AM Fri Balava Until 6:27PM Dvadashi Until 6:27PM	Ganesha: White <i>Sunrise:</i> 5:45AM Muruqa: Purple <i>Sunset:</i> 6:11PM Nataraja: Purple Moon - Purple Ashvina+Puratasi Sivaloka Day

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Port Louis, Mauritius Sun 26 Sutra 180 Vikarin 5121	
5	Kumbha Rasi: 22.34 Creative Work Siddha Yoga	Tithi 13 613213464	Gulika 7:18AM - 8:51AM Yama 3:05PM - 4:38PM Rahu 10:24AM - 11:58AM	Purvaproshtapada* Until 3:40AM Sat Vriddhi Until 2:00AM Sat Kaulava Until 7:43AM Trayodashi Until 8:53PM	Ganesha: Blue <i>Sunrise:</i> 5:44AM Muruqa: Purple <i>Sunset:</i> 6:12PM Nataraja: Purple Moon - Clear Ashvina+Puratasi Sivaloka Day

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Louis, Mauritius Sun 27 Sutra 181 Vikarin 5121	
6	Meena Rasi: 4.29 Creative Work Siddha Yoga Until 6:21AM Sun Then Creative Work - Amrita Yoga	Tithi 14 613213464	Gulika 5:43AM - 7:17AM Yama 1:31PM - 3:05PM Rahu 8:50AM - 10:24AM	Uttaraproshtapada Until 6:21AM Sun Dhruva Until 2:40AM Sun Gara Until 10:04AM Chaturdashi* Until 11:08PM	Ganesha: Blue <i>Sunrise:</i> 5:43AM Muruqa: Purple <i>Sunset:</i> 6:12PM Nataraja: Purple Moon - Clear Ashvina+Puratasi Sivaloka Day

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Port Louis, Mauritius Sutra 182 Vikarin 5121	
○	Copper Retreat Star Meena Rasi: 16.28 Creative Work Amrita Yoga	Tithi 15 614213464	Gulika 3:05PM - 4:38PM Yama 11:57AM - 1:31PM Rahu 4:38PM - 6:12PM	Uttaraproshtapada Until 6:21AM Vyaghata* Until 3:08AM Mon Visti Until 12:11PM Purnima* Until 1:07AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:42AM Muruqa: Purple <i>Sunset:</i> 6:12PM Nataraja: Purple Moon - Clear Ashvina+Puratasi Subha Sivaloka Day

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Port Louis, Mauritius Sutra 183 Vikarin 5121	
○	Silver Retreat Star Meena Rasi: 28.34 Family Home Evening Creative Work Siddha Yoga	Tithi 16 614213464	Gulika 1:31PM - 3:05PM Yama 10:23AM - 11:57AM Rahu 7:15AM - 8:49AM	Revati Until 8:38AM Harshana Until 3:25AM Tue Balava Until 2:02PM Prathama* Until 2:50AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:42AM Muruqa: Purple <i>Sunset:</i> 6:12PM Nataraja: Purple Moon - Clear Ashvina+Puratasi Subha Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Louis, Mauritius
Sutra 184

Mesha Rasi: 10.47 Tithi 17

624213464

Gulika 11:57AM – 1:31PM
Yama 8:49AM – 10:23AM
Rahu 3:05PM – 4:39PM

Ashvini Until 10:57AM
Vajra* Until 3:25AM Wed
Taitila Until 3:35PM
Dvitiya Until 4:13AM Wed

Ganesha: White *Sunrise:* 5:41AM
Muruqa: Purple *Sunset:* 6:13PM
Nataraja: Purple
Moon – White
Ashvina•Puratasi
Subha Subha Sivaloka Day

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Port Louis, Mauritius
Sun 1 Sutra 185

Mesha Rasi: 23.08 Tithi 18

624213464

Gulika 10:22AM – 11:57AM
Yama 7:14AM – 8:48AM
Rahu 11:57AM – 1:31PM

Bharani Until 12:48PM
Siddhi Until 3:11AM Thu
Vanija Until 4:49PM
Tritiya Until 5:17AM Thu

Ganesha: White *Sunrise:* 5:40AM
Muruqa: Purple *Sunset:* 6:13PM
Nataraja: Purple
Moon – White
Ashvina•Puratasi
Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:48PM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Port Louis, Mauritius
Sun 2 Sutra 186

Vrishabha Rasi: 5.38 Tithi 19

624313464

Gulika 8:48AM – 10:22AM
Yama 5:39AM – 7:14AM
Rahu 1:31PM – 3:05PM

Krittika Until 2:09PM
Vyatipata* Until 2:40AM Fri
Bava Until 5:42PM
Chaturthi* Until 5:58AM Fri

Ganesha: Yellow *Sunrise:* 5:39AM
Muruqa: Purple *Sunset:* 6:14PM
Nataraja: Purple
Moon – White
Ashvina•Aipasi
Subha Sivaloka Day

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava Karana Panchamyam Titau

Port Louis, Mauritius
Sun 3 Sutra 187

Vrishabha Rasi: 18.17 Tithi 20

634313464

Gulika 7:13AM – 8:47AM
Yama 3:05PM – 4:39PM
Rahu 10:22AM – 11:56AM

Rohini Until 3:27PM
Variyan Until 1:49AM Sat
Kaulava Until 6:11PM
Panchami Until 6:14AM Sat

Ganesha: White *Sunrise:* 5:39AM
Muruqa: Purple *Sunset:* 6:14PM
Nataraja: Purple
Moon – Yellow
Ashvina•Aipasi
Sivaloka Day

Routine Work Marana Yoga

Until 3:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Louis, Mauritius
Sun 4 Sutra 188

Mithuna Rasi: 1.09 Tithi 20 – 21

634313464

Gulika 5:38AM – 7:12AM
Yama 1:31PM – 3:05PM
Rahu 8:47AM – 10:21AM

Mrigashira Until 4:09PM
Parigha* Until 12:36AM Sun
Gara Until 6:13PM
Panchami Until 6:14AM

Ganesha: White *Sunrise:* 5:38AM
Muruqa: Purple *Sunset:* 6:14PM
Nataraja: Purple
Moon – Yellow
Ashvina•Aipasi
Sivaloka Day

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Port Louis, Mauritius
Sun 5 Sutra 189

Mithuna Rasi: 14.15 Tithi 21 – 22

634313464

Gulika 3:05PM – 4:40PM
Yama 11:56AM – 1:31PM
Rahu 4:40PM – 6:15PM

Ardra Until 4:12PM
Shiva Until 10:59PM
Bava Until 5:15AM Mon
Shashthi* Until 6:01AM

Ganesha: White *Sunrise:* 5:37AM
Muruqa: Purple *Sunset:* 6:15PM
Nataraja: Purple
Moon – Yellow
Ashvina•Aipasi
Sivaloka Day

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Louis, Mauritius
Sun 6 Sutra 190

Mithuna Rasi: 27.38 Tithi 23

644313464

Gulika 1:30PM – 3:05PM
Yama 10:21AM – 11:56AM
Rahu 7:11AM – 8:46AM

Punarvasu Until 4:01PM
Siddha Until 8:54PM
Balava Until 4:41PM
Ashtami* Until 3:56AM Tue

Ganesha: Clear *Sunrise:* 5:36AM
Muruqa: Purple *Sunset:* 6:15PM
Nataraja: Purple
Moon – Blue
Ashvina•Aipasi
Subha Sivaloka Day

Creative Work Amrita Yoga

Until 4:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Port Louis, Mauritius
Sun 7 Sutra 191

Kataka Rasi: 11.22 Tithi 24

644313464

Gulika 11:55AM – 1:30PM
Yama 8:46AM – 10:21AM
Rahu 3:05PM – 4:40PM

Pushya Until 3:07PM
Sadhya Until 6:21PM
Taitila Until 3:04PM
Navami* Until 2:02AM Wed

Ganesha: Clear *Sunrise:* 5:36AM
Muruqa: Purple *Sunset:* 6:15PM
Nataraja: Purple
Moon – Blue
Ashvina•Aipasi
Subha Sivaloka Day

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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1		Wednesday, October 23, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau	Port Louis, Mauritius Sun 8 Sutra 192 Vikarin 5121
Kataka Rasi: 25.25	Tithi 25	Gulika 10:20AM – 11:55AM	Ashlesha* Until 1:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM		
		Yama 7:10AM – 8:45AM	Subha Until 3:24PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 10 - Phase 27	
		644313464 Rahu 11:55AM – 1:30PM	Vanija Until 12:55PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:38PM	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau	Port Louis, Mauritius Sun 9 Sutra 193 Vikarin 5121
Simha Rasi: 9.5	Tithi 26	Gulika 8:45AM – 10:20AM	Magha* Until 11:45AM	Ganesha: Purple	<i>Sunrise:</i> 5:34AM		
		Yama 5:34AM – 7:09AM	Sukla Until 12:02PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 10 - Phase 27	
		654313464 Rahu 1:30PM – 3:06PM	Bava Until 10:16AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 8:47PM	Moon – Red		Sivaloka Day	
Until 11:45AM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

3		Friday, October 25, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Port Louis, Mauritius Sun 10 Sutra 194 Vikarin 5121
Simha Rasi: 24.31	Tithi 27 – 28	Gulika 7:09AM – 8:44AM	Purvaphalguni Until 9:27AM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM		
		Yama 3:06PM – 4:41PM	Brahma Until 8:22AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 10 - Phase 27	
		655313464 Rahu 10:20AM – 11:55AM	Kaulava Until 7:15AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 5:38PM	Moon – Red		Subha Sivaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Port Louis, Mauritius Sun 11 Sutra 195 Vikarin 5121
Kanya Rasi: 9.25	Tithi 28 – 29	Gulika 5:33AM – 7:08AM	Uttaraphalguni Until 6:48AM	Ganesha: Clear	<i>Sunrise:</i> 5:33AM		
		Yama 1:30PM – 3:06PM	Vaidhriti* Until 12:34AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 10 - Phase 27	
		655313464 Rahu 8:44AM – 10:19AM	Visti Until 12:37AM Sun	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 2:17PM	Moon – Red		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

●		Sunday, October 27, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Port Louis, Mauritius Sun 12 Sutra 196 Vikarin 5121
Retreat Star		Gulika 3:06PM – 4:42PM	Chitra Until 1:48AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:32AM		
Kanya Rasi: 24.22	Tithi 29 – 30	Yama 11:55AM – 1:31PM	Vishkambha* Until 8:40PM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 10 - Phase 27	
		665313464 Rahu 4:42PM – 6:17PM	Catuspada Until 9:18PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:55AM	Moon – Green		Subha Sivaloka Day	
Until 1:48AM Mon		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
Then Creative Work - Amrita Yoga							

Monday, October 28, 2019		Retreat Star				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Louis, Mauritius Sun 13 Sutra 197 Vikarin 5121
Tula Rasi: 9.15	Tithi 30 – 1	Gulika 1:31PM – 3:06PM	Svati Until 11:24PM	Ganesha: Orange	<i>Sunrise:</i> 5:32AM		
Family Home Evening		Yama 10:19AM – 11:55AM	Priti Until 4:57PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 10 - Phase 27	
		665313464 Rahu 7:07AM – 8:43AM	Kintughna Until 6:12PM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 7:42AM	Moon – Green		Subha Sivaloka Day	
Until 11:24PM		Skanda Shasthi Begins		Kartika•Aipasi			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Port Louis, Mauritius Sun 14 Sutra 198 Vikarin 5121
Tula Rasi: 23.55	Tithi 2	Gulika 11:55AM – 1:31PM	Vishakha Until 9:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		
		Yama 8:43AM – 10:19AM	Ayushman Until 1:32PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM		Moon 10 - Phase 28
		675313464 Rahu 3:07PM – 4:42PM	Balava Until 3:31PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 2:21AM Wed	Moon – Orange		Subha Sivaloka Day	
Until 9:42PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau			Port Louis, Mauritius Sun 15 Sutra 199 Vikarin 5121
Virshika Rasi: 8.13	Tithi 3	Gulika 10:19AM – 11:55AM	Anuradha Until 8:29PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM		
		Yama 7:07AM – 8:43AM	Saubhagya Until 10:34AM	Muruqa: Purple	<i>Sunset:</i> 6:19PM		Moon 10 - Phase 28
		675313464 Rahu 11:55AM – 1:31PM	Taitila Until 1:22PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:33AM Thu	Moon – Orange		Subha Sivaloka Day	
				Kartika-Aipasi			

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau			Port Louis, Mauritius Sun 16 Sutra 200 Vikarin 5121
Virshika Rasi: 22.07	Tithi 4	Gulika 8:42AM – 10:18AM	Jyeshtha* Until 7:51PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM		
		Yama 5:30AM – 7:06AM	Sobhana Until 8:11AM	Muruqa: Purple	<i>Sunset:</i> 6:19PM		Moon 10 - Phase 28
		675313464 Rahu 1:31PM – 3:07PM	Vanija Until 11:57AM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 11:31PM	Moon – Orange		Subha Sivaloka Day	
Until 7:51PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Port Louis, Mauritius Sun 17 Sutra 201 Vikarin 5121
Dhanus Rasi: 5.31	Tithi 5	Gulika 7:06AM – 8:42AM	Mula* Until 8:20PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM		
		Yama 3:07PM – 4:43PM	Athiganda* Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM		Moon 10 - Phase 28
		685313464 Rahu 10:18AM – 11:55AM	Bava Until 11:21AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 11:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 8:20PM				Kartika-Aipasi			
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau			Port Louis, Mauritius Sun 18 Sutra 202 Vikarin 5121
Dhanus Rasi: 18.29	Tithi 6	Gulika 5:29AM – 7:05AM	Purvashadha* Until 9:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM		
		Yama 1:31PM – 3:07PM	Dhriti Until 4:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:20PM		Moon 10 - Phase 28
		685313464 Rahu 8:42AM – 10:18AM	Kaulava Until 11:37AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 12:02AM Sun	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 9:31PM				Kartika-Aipasi			
Then Routine Work - Marana Yoga		Skanda Shasthi					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau			Port Louis, Mauritius Sun 19 Sutra 203 Vikarin 5121
Makara Rasi: 1.04	Tithi 7	Gulika 3:08PM – 4:44PM	Uttarashadha Until 11:16PM	Ganesha: Purple	<i>Sunrise:</i> 5:28AM		
		Yama 11:55AM – 1:31PM	Shula* Until 4:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:21PM		Moon 10 - Phase 28
		685313464 Rahu 4:44PM – 6:21PM	Gara Until 12:42PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 1:30AM Mon	Moon – Light Blue		Subha Subha Sivaloka Day	
				Kartika-Aipasi			

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Port Louis, Mauritius Sun 20 Sutra 204 Vikarin 5121
Makara Rasi: 13.19	Tithi 8	Gulika 1:31PM – 3:08PM	Shravana Until 1:57AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:28AM		
Family Home Evening		Yama 10:18AM – 11:55AM	Ganda* Until 5:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:21PM		Moon 10 - Phase 28
		696313464 Rahu 7:04AM – 8:41AM	Visti Until 2:29PM	Nataraja: Purple			Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 3:33AM Tue	Moon – Purple		Sivaloka Day	
Until 1:57AM Tue				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau			Port Louis, Mauritius Sun 21 Sutra 205 Vikarin 5121
Makara Rasi: 25.2	Tithi 9	Gulika 11:55AM – 1:31PM	Dhanishtha Until 4:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:27AM		
		Yama 8:41AM – 10:18AM	Vriddhi Until 6:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:22PM		Moon 10 - Phase 28
		696313464 Rahu 3:08PM – 4:45PM	Balava Until 4:45PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 5:58AM Wed	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila Karana Dashamyam Titau			Port Louis, Mauritius Sun 22 Sutra 206 Vikarin 5121
	Kumbha Rasi: 7.14	Tithi 10	Gulika 10:18AM – 11:55AM	Shatabhishak Until 7:39AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:27AM	
			Yama 7:04AM – 8:41AM	Vriddhi Until 6:21AM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 10 - Phase 29
	696313464		Rahu 11:55AM – 1:31PM	Taitila Until 7:16PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:31AM Thu	Moon – Purple	Sivaloka Day	
				Karttika-Aipasi		


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Port Louis, Mauritius Sun 23 Sutra 207 Vikarin 5121
	Kumbha Rasi: 19.05	Tithi 10 – 11	Gulika 8:41AM – 10:18AM	Shatabhishak Until 7:39AM	Ganesha: Clear <i>Sunrise:</i> 5:26AM	
			Yama 5:26AM – 7:03AM	Dhruva Until 7:14AM	Muruqa: Purple <i>Sunset:</i> 6:23PM	Moon 10 - Phase 29
	796313464		Rahu 1:32PM – 3:09PM	Vanija Until 9:47PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:31AM	Moon – Purple	Subha Sivaloka Day	
				Karttika-Aipasi		


3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Port Louis, Mauritius Sun 24 Sutra 208 Vikarin 5121
	Meena Rasi: 0.58	Tithi 11 – 12	Gulika 7:03AM – 8:40AM	Purvaproshtapada* Until 10:44AM	Ganesha: Yellow <i>Sunrise:</i> 5:26AM	
			Yama 3:09PM – 4:46PM	Vyaghata* Until 8:04AM	Muruqa: Purple <i>Sunset:</i> 6:23PM	Moon 10 - Phase 29
	716313464		Rahu 10:18AM – 11:55AM	Bava Until 12:08AM Sat	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:58AM	Moon – Clear	Subha Sivaloka Day	
				Karttika-Aipasi		

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Port Louis, Mauritius Sun 25 Sutra 209 Vikarin 5121
	Meena Rasi: 12.56	Tithi 12 – 13	Gulika 5:26AM – 7:03AM	Uttaraproshtapada Until 1:25PM	Ganesha: Yellow <i>Sunrise:</i> 5:26AM	
			Yama 1:32PM – 3:09PM	Harshana Until 8:44AM	Muruqa: Purple <i>Sunset:</i> 6:24PM	Moon 10 - Phase 29
	716313464		Rahu 8:40AM – 10:17AM	Kaulava Until 2:12AM Sun	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:11PM	Moon – Clear	Subha Sivaloka Day	
Until 1:25PM				Karttika-Aipasi		
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Port Louis, Mauritius Sun 26 Sutra 210 Vikarin 5121
	Meena Rasi: 25.01	Tithi 13 – 14	Gulika 3:10PM – 4:47PM	Revati Until 3:37PM	Ganesha: Yellow <i>Sunrise:</i> 5:25AM	
			Yama 11:55AM – 1:32PM	Vajra* Until 9:08AM	Muruqa: Purple <i>Sunset:</i> 6:24PM	Moon 10 - Phase 29
	716313464		Rahu 4:47PM – 6:24PM	Gara Until 3:52AM Mon	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 3:03PM	Moon – Clear	Subha Sivaloka Day	
Until 3:37PM				Karttika-Aipasi		
Then Creative Work - Siddha Yoga						

6	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Port Louis, Mauritius Sun 27 Sutra 211 Vikarin 5121
	Mesha Rasi: 7.16	Tithi 14 – 15	Gulika 1:32PM – 3:10PM	Ashvini Until 5:45PM	Ganesha: Clear <i>Sunrise:</i> 5:25AM	
	Family Home Evening		Yama 10:17AM – 11:55AM	Siddhi Until 9:15AM	Muruqa: Purple <i>Sunset:</i> 6:25PM	Moon 10 - Phase 29
	727313464		Rahu 7:02AM – 8:40AM	Visti Until 5:07AM Tue	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:32PM	Moon – White	Subha Sivaloka Day	
				Karttika-Aipasi		

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Port Louis, Mauritius Sutra 212 Vikarin 5121
	Copper Retreat Star		Gulika 11:55AM – 1:33PM	Bharani Until 7:19PM	Ganesha: White <i>Sunrise:</i> 5:25AM	
	Mesha Rasi: 19.41	Tithi 15 – 16	Yama 8:40AM – 10:17AM	Vyatipata* Until 9:03AM	Muruqa: Purple <i>Sunset:</i> 6:26PM	Moon 10 - Phase 29
	727413464		Rahu 3:10PM – 4:48PM	Balava Until 5:57AM Wed	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:34PM	Moon – White	Sivaloka Day	
				Karttika-Aipasi		

	Wednesday, November 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Kaulava Karana Prathamayam Titau			Port Louis, Mauritius Sutra 213 Vikarin 5121
	Silver Retreat Star		Gulika 10:17AM – 11:55AM	Krittika Until 8:19PM	Ganesha: White <i>Sunrise:</i> 5:24AM	
	Vrishabha Rasi: 2.17	Tithi 16	Yama 7:02AM – 8:40AM	Variyan Until 8:30AM	Muruqa: Purple <i>Sunset:</i> 6:26PM	Moon 10 - Phase 29
	727413464		Rahu 11:55AM – 1:33PM	Kaulava Until 6:11PM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:11PM	Moon – White	Sivaloka Day	
Until 8:19PM				Karttika-Aipasi		
Then Creative Work - Siddha Yoga						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Louis, Mauritius

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 15.05 Tithi 17

737413464

Gulika

8:40AM - 10:17AM

Yama

5:24AM - 7:02AM

Rahu

1:33PM - 3:11PM

Rohini Until 9:14PM

Parigha* Until 7:39AM

Taitila Until 6:22AM

Dvitiya Until 6:24PM

Ganesha: Clear

Sunrise: 5:24AM

Muruqa: Purple

Sunset: 6:27PM

Nataraja: Purple

Moon - Yellow

Subha Sivaloka Day

Karttika-Aipasi

Routine Work Marana Yoga

Friday, November 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Port Louis, Mauritius

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 28.05 Tithi 18

737413464

Gulika

7:02AM - 8:40AM

Yama

3:11PM - 4:49PM

Rahu

10:18AM - 11:55AM

Mrigashira Until 9:38PM

Shiva Until 6:31AM

Vanija Until 6:23AM

Tritiya Until 6:14PM

Ganesha: Clear

Sunrise: 5:24AM

Muruqa: Purple

Sunset: 6:27PM

Nataraja: Purple

Moon - Yellow

Subha Sivaloka Day

Karttika-Aipasi

Creative Work Siddha Yoga

Saturday, November 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Louis, Mauritius

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 11.16 Tithi 19 - 20

737413464

Gulika

5:23AM - 7:01AM

Yama

1:34PM - 3:12PM

Rahu

8:39AM - 10:18AM

Ardra Until 9:32PM

Sadhya Until 3:19AM Sun

Bava Until 6:02AM

Chaturthi* Until 5:42PM

Ganesha: Clear

Sunrise: 5:23AM

Muruqa: Purple

Sunset: 6:28PM

Nataraja: Purple

Moon - Yellow

Subha Sivaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Sunday, November 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Louis, Mauritius

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 24.38 Tithi 20 - 21

747413465

Gulika

3:12PM - 4:50PM

Yama

11:56AM - 1:34PM

Rahu

4:50PM - 6:28PM

Punarvasu Until 9:24PM

Subha Until 1:20AM Mon

Gara Until 4:17AM Mon

Panchami Until 4:50PM

Ganesha: Purple

Sunrise: 5:23AM

Muruqa: Purple

Sunset: 6:28PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Monday, November 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Louis, Mauritius

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 8.13 Tithi 21 - 22

748413465

Gulika

1:34PM - 3:13PM

Yama

10:18AM - 11:56AM

Rahu

7:01AM - 8:39AM

Pushya Until 8:46PM

Sukla Until 11:03PM

Visti Until 2:53AM Tue

Shashthi* Until 3:37PM

Ganesha: Clear

Sunrise: 5:23AM

Muruqa: Purple

Sunset: 6:29PM

Nataraja: Clear

Moon - Blue

Sivaloka Day

Karttika-Kartikai

Family Home Evening
Creative Work Siddha Yoga

Tuesday, November 19, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Louis, Mauritius

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 21.58 Tithi 22 - 23

748413465

Gulika

11:56AM - 1:35PM

Yama

8:39AM - 10:18AM

Rahu

3:13PM - 4:51PM

Ashlesha* Until 7:40PM

Brahma Until 8:31PM

Balava Until 1:10AM Wed

Saptami Until 2:03PM

Ganesha: Clear

Sunrise: 5:23AM

Muruqa: Purple

Sunset: 6:30PM

Nataraja: Clear

Moon - Blue

Sivaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Louis, Mauritius

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 5.56 Tithi 23 - 24

758413465

Gulika

10:18AM - 11:56AM

Yama

7:01AM - 8:40AM

Rahu

11:56AM - 1:35PM

Magha* Until 6:32PM

Indra Until 5:44PM

Taitila Until 11:08PM

Ashtami* Until 12:10PM

Ganesha: White

Sunrise: 5:23AM

Muruqa: Purple

Sunset: 6:30PM

Nataraja: Clear

Moon - Red

Subha Sivaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Until 6:32PM

Then Creative Work - Amrita Yoga

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Port Louis, Mauritius Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 20.07	Tithi 24 – 25	Gulika 8:40AM – 10:18AM	Purvaphalguni Until 4:59PM	Ganesha: White <i>Sunrise:</i> 5:22AM	
		Yama 5:22AM – 7:01AM	Vaidhrili* Until 2:42PM	Muruqa: Purple <i>Sunset:</i> 6:31PM	Moon 11 - Phase 31
	758413465	Rahu 1:35PM – 3:14PM	Vanija Until 8:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 9:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau	Port Louis, Mauritius Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 4.28	Tithi 25 – 26	Gulika 7:01AM – 8:40AM	Uttaraphalguni Until 3:03PM	Ganesha: White <i>Sunrise:</i> 5:22AM	
		Yama 3:14PM – 4:53PM	Vishkambha* Until 11:29AM	Muruqa: Purple <i>Sunset:</i> 6:32PM	Moon 11 - Phase 31
	758413465	Rahu 10:18AM – 11:57AM	Bava Until 6:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 7:33AM	Moon – Red	Subha Sivaloka Day
Until 3:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Port Louis, Mauritius Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 18.55	Tithi 27	Gulika 5:22AM – 7:01AM	Hasta Until 1:16PM	Ganesha: Yellow <i>Sunrise:</i> 5:22AM	
		Yama 1:36PM – 3:15PM	Priti Until 8:09AM	Muruqa: Purple <i>Sunset:</i> 6:32PM	Moon 11 - Phase 31
	768413465	Rahu 8:40AM – 10:18AM	Kaulava Until 3:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 2:17AM Sun	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Port Louis, Mauritius Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 3.26	Tithi 28	Gulika 3:15PM – 4:54PM	Chitra Until 11:20AM	Ganesha: Blue <i>Sunrise:</i> 5:22AM	
		Yama 11:57AM – 1:36PM	Saubhagya Until 1:25AM Mon	Muruqa: Purple <i>Sunset:</i> 6:33PM	Moon 11 - Phase 31
	769413465	Rahu 4:54PM – 6:33PM	Gara Until 12:59PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Port Louis, Mauritius Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 17.54	Tithi 29	Gulika 1:37PM – 3:16PM	Svati Until 9:21AM	Ganesha: Blue <i>Sunrise:</i> 5:22AM	
Family Home Evening		Yama 10:19AM – 11:58AM	Sobhana Until 10:15PM	Muruqa: Purple <i>Sunset:</i> 6:33PM	Moon 11 - Phase 31
	769413465	Rahu 7:01AM – 8:40AM	Visti Until 10:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 9:14PM	Moon – Green	Devaloka Day
Until 9:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Port Louis, Mauritius Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 2.12	Tithi 30	Gulika 11:58AM – 1:37PM	Vishakha Until 7:54AM	Ganesha: Blue <i>Sunrise:</i> 5:22AM	
		Yama 8:40AM – 10:19AM	Athiganda* Until 7:20PM	Muruqa: Purple <i>Sunset:</i> 6:34PM	Moon 11 - Phase 31
	779413465	Rahu 3:16PM – 4:55PM	Catuspada Until 8:09AM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 7:08PM	Moon – Orange	Devaloka Day
Until 7:54AM				Karttika-Karttikai	
Then Creative Work - Siddha Yoga					

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhrili Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau	Port Louis, Mauritius Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 16.15	Tithi 1 – 2	Gulika 10:19AM – 11:58AM	Anuradha Until 6:42AM	Ganesha: Blue <i>Sunrise:</i> 5:22AM	
		Yama 7:01AM – 8:40AM	Sukarma Until 4:49PM	Muruqa: Purple <i>Sunset:</i> 6:35PM	Moon 11 - Phase 31
	779413465	Rahu 11:58AM – 1:37PM	Kintughna Until 6:16AM	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Louis, Mauritius Sun 15 Sutra 228 Vikarin 5121
Wrischika Rasi: 29.58	Tithi 2 – 3	Gulika 8:40AM – 10:20AM	Mula* Until 6:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:22AM	
		Yama 5:22AM – 7:01AM	Dhriti Until 2:47PM	Muruqa: Purple	<i>Sunset:</i> 6:35PM	Moon 11 - Phase 32
		779413465 Rahu 1:38PM – 3:17PM	Taitila Until 4:15AM Fri	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 4:29PM	Moon – Orange		Devaloka Day
Until 6:02AM Fri				Margasira-Karttikai		
Then Routine Work - Prabararishta Yoga						

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Port Louis, Mauritius Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 13.18	Tithi 3 – 4	Gulika 7:01AM – 8:41AM	Mula* Until 6:02AM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM	
		Yama 3:18PM – 4:57PM	Shula* Until 1:16PM	Muruqa: Purple	<i>Sunset:</i> 6:36PM	Moon 11 - Phase 32
		789413465 Rahu 10:20AM – 11:59AM	Vanija Until 4:19AM Sat	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 4:10PM	Moon – Light Blue		Devaloka Day
Until 6:02AM				Margasira-Karttikai		
Then Routine Work - Prabararishta Yoga						

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Ganda*/Vridhi* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Port Louis, Mauritius Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 26.16	Tithi 4 – 5	Gulika 5:22AM – 7:01AM	Purvashadha* Until 6:45AM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM	
		Yama 1:39PM – 3:18PM	Ganda* Until 12:21PM	Muruqa: Purple	<i>Sunset:</i> 6:37PM	Moon 11 - Phase 32
		789413465 Rahu 8:41AM – 10:20AM	Bava Until 5:08AM Sun	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 4:37PM	Moon – Light Blue		Devaloka Day
Until 6:45AM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Louis, Mauritius Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 8.52	Tithi 5 – 6	Gulika 3:19PM – 4:58PM	Uttarashadha Until 8:01AM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM	
		Yama 12:00PM – 1:39PM	Vridhi Until 12:01PM	Muruqa: Purple	<i>Sunset:</i> 6:37PM	Moon 11 - Phase 32
		789413465 Rahu 4:58PM – 6:37PM	Kaulava Until 6:39AM Mon	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Panchami Until 5:47PM	Moon – Light Blue		Devaloka Day
				Margasira-Karttikai		

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Port Louis, Mauritius Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 21.1	Tithi 6	Gulika 1:40PM – 3:19PM	Shravana Until 10:16AM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	
Family Home Evening		Yama 10:21AM – 12:00PM	Dhruva Until 12:09PM	Muruqa: Purple	<i>Sunset:</i> 6:38PM	Moon 11 - Phase 32
		791413465 Rahu 7:02AM – 8:41AM	Kaulava Until 6:39AM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 7:35PM	Moon – Purple		Sivaloka Day
Until 10:16AM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana* Yoga Gara/Vanija Karana Saptamyam Titau		Port Louis, Mauritius Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 3.14	Tithi 7	Gulika 12:01PM – 1:40PM	Dhanishtha Until 12:51PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	
		Yama 8:41AM – 10:21AM	Vyaghata* Until 12:41PM	Muruqa: Purple	<i>Sunset:</i> 6:39PM	Moon 11 - Phase 32
		791413465 Rahu 3:20PM – 4:59PM	Gara Until 8:42AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 9:51PM	Moon – Purple		Sivaloka Day
Until 12:51PM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Ashlamyam Titau		Port Louis, Mauritius Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 15.11	Tithi 8	Gulika 10:21AM – 12:01PM	Shatabhishak Until 3:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	
		Yama 7:02AM – 8:42AM	Harshana Until 1:27PM	Muruqa: Purple	<i>Sunset:</i> 6:39PM	Moon 11 - Phase 32
		791413465 Rahu 12:01PM – 1:41PM	Visti Until 11:05AM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 12:19AM Thu	Moon – Purple		Sivaloka Day
Until 3:33PM				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi* Yoga Balava/Kaulava Karana Navamyam Titau		Port Louis, Mauritius Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 27.04	Tithi 9	Gulika 8:42AM – 10:22AM	Purvaproshtapada* Until 6:39PM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	
		Yama 5:23AM – 7:02AM	Vajra* Until 2:15PM	Muruqa: Purple	<i>Sunset:</i> 6:40PM	Moon 11 - Phase 32
		711413465 Rahu 1:41PM – 3:21PM	Balava Until 1:36PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Navami* Until 2:48AM Fri	Moon – Clear		Sivaloka Day
				Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau			Port Louis, Mauritius Sun 23 Sutra 236
Meena Rasi: 8.57	Tithi 10	Gulika 7:03AM – 8:42AM	Uttaraproshtapada Until 9:27PM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	Vikarin 5121	
		Yama 3:21PM – 5:01PM	Siddhi Until 2:59PM	Muruqa: Purple	<i>Sunset:</i> 6:41PM	Moon 11 - Phase 33	
		711413465 Rahu 10:22AM – 12:02PM	Taitila Until 4:00PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 5:05AM Sat	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija Karana Ekadashyam Titau			Port Louis, Mauritius Sun 24 Sutra 237
Meena Rasi: 20.56	Tithi 11	Gulika 5:23AM – 7:03AM	Revati Until 11:46PM	Ganesha: White	<i>Sunrise:</i> 5:23AM	Vikarin 5121	
		Yama 1:42PM – 3:22PM	Vyatipata* Until 3:31PM	Muruqa: Purple	<i>Sunset:</i> 6:41PM	Moon 11 - Phase 33	
		711513465 Rahu 8:43AM – 10:22AM	Vanija Until 6:07PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 6:59AM Sun	Moon – Clear		Subha Sivaloka Day	
Until 11:46PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyian/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Port Louis, Mauritius Sun 25 Sutra 238
Mesha Rasi: 3.04	Tithi 11 – 12	Gulika 3:22PM – 5:02PM	Ashvini Until 1:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Vikarin 5121	
		Yama 12:03PM – 1:42PM	Varyian Until 3:43PM	Muruqa: Purple	<i>Sunset:</i> 6:42PM	Moon 11 - Phase 33	
		721513465 Rahu 5:02PM – 6:42PM	Bava Until 7:47PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:59AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Port Louis, Mauritius Sun 26 Sutra 239
Mesha Rasi: 15.24	Tithi 12 – 13	Gulika 1:43PM – 3:23PM	Bharani Until 3:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Vikarin 5121	
Family Home Evening		Yama 10:23AM – 12:03PM	Parigha* Until 3:31PM	Muruqa: Purple	<i>Sunset:</i> 6:42PM	Moon 11 - Phase 33	
		721513465 Rahu 7:03AM – 8:43AM	Kaulava Until 8:55PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:24AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Port Louis, Mauritius Sun 27 Sutra 240
Mesha Rasi: 27.59	Tithi 13 – 14	Gulika 12:03PM – 1:43PM	Krittika Until 4:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Vikarin 5121	
		Yama 8:44AM – 10:24AM	Shiva Until 2:54PM	Muruqa: Purple	<i>Sunset:</i> 6:43PM	Moon 11 - Phase 33	
		721513465 Rahu 3:23PM – 5:03PM	Gara Until 9:29PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 9:15AM	Moon – White		Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai			

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Port Louis, Mauritius Sutra 241
Copper Retreat Star		Gulika 10:24AM – 12:04PM	Rohini Until 4:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	Vikarin 5121	
Vrishabha Rasi: 10.49	Tithi 14 – 15	Yama 7:04AM – 8:44AM	Siddha Until 1:49PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 11 - Phase 33	
		731523465 Rahu 12:04PM – 1:44PM	Visti Until 9:28PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:31AM	Moon – Yellow		Sivaloka Day	
Until 4:52AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Port Louis, Mauritius Sutra 242	
Silver Retreat Star		Gulika 8:44AM – 10:24AM	Mrigashira Until 4:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Vikarin 5121
Vrishabha Rasi: 23.56	Tithi 15 – 16	Yama 5:24AM – 7:04AM	Sadhya Until 12:20PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 11 - Phase 33
		732523465 Rahu 1:44PM – 3:24PM	Balava Until 8:55PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Purnima* Until 9:14AM	Moon – Yellow		Devaloka Day
Until 4:48AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Louis, Mauritius
Sutra 243

Mithuna Rasi: 7.2 Tithi 16 - 17

Gulika 7:05AM - 8:45AM
Yama 3:25PM - 5:05PM
Rahu 10:25AM - 12:05PM

Ardra Until 4:09AM Sat
Subha Until 10:28AM
Taitila Until 7:56PM
Prathama* Until 8:27AM

Ganesha: Clear Sunrise: 5:25AM
Muruga: Clear Sunset: 6:45PM
Nataraja: Clear
Moon - Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga

Devaloka Day

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Port Louis, Mauritius
Sun 1 Sutra 244

Mithuna Rasi: 20.58 Tithi 17 - 18

Gulika 5:25AM - 7:05AM
Yama 1:45PM - 3:25PM
Rahu 8:45AM - 10:25AM

Punarvasu Until 3:29AM Sun
Sukla Until 8:15AM
Vanija Until 6:34PM
Dvitiya Until 7:16AM

Ganesha: Purple Sunrise: 5:25AM
Muruga: Clear Sunset: 6:45PM
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturtham Titau

Port Louis, Mauritius
Sun 2 Sutra 245

Kataka Rasi: 4.47 Tithi 19

Gulika 3:26PM - 5:06PM
Yama 12:06PM - 1:46PM
Rahu 5:06PM - 6:46PM

Pushya Until 2:25AM Mon
Indra Until 3:11AM Mon
Bava Until 4:55PM
Chaturthi* Until 4:00AM Mon

Ganesha: Purple Sunrise: 5:26AM
Muruga: Clear Sunset: 6:46PM
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Louis, Mauritius
Sun 3 Sutra 246

Kataka Rasi: 18.45 Tithi 20

Family Home Evening

742523465

Gulika 1:46PM - 3:26PM
Yama 10:26AM - 12:06PM
Rahu 7:06AM - 8:46AM

Ashlesha* Until 1:02AM Tue
Vaidhriti* Until 12:24AM Tue
Kaulava Until 3:04PM
Panchami Until 2:04AM Tue

Ganesha: Purple Sunrise: 5:26AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear
Moon - Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga

Markali Pillaiyar

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashtham Titau

Port Louis, Mauritius
Sun 4 Sutra 247

Simha Rasi: 2.49 Tithi 21

852523465

Gulika 12:07PM - 1:47PM
Yama 8:47AM - 10:27AM
Rahu 3:27PM - 5:07PM

Magha* Until 11:50PM
Vishkambha* Until 9:33PM
Gara Until 1:06PM
Shashthi* Until 12:03AM Wed

Ganesha: Purple Sunrise: 5:26AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Port Louis, Mauritius
Sun 5 Sutra 248

Simha Rasi: 16.57 Tithi 22

852523465

Gulika 10:27AM - 12:07PM
Yama 7:07AM - 8:47AM
Rahu 12:07PM - 1:47PM

Purvaphalguni Until 10:27PM
Priti Until 6:40PM
Visti Until 11:02AM
Saptami Until 9:59PM

Ganesha: Purple Sunrise: 5:27AM
Muruga: Clear Sunset: 6:48PM
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Creative Work Amrita Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Louis, Mauritius
Sun 6 Sutra 249

Kanya Rasi: 1.07 Tithi 23

852523465

Gulika 8:47AM - 10:28AM
Yama 5:27AM - 7:07AM
Rahu 1:48PM - 3:28PM

Uttaraphalguni Until 8:55PM
Ayushman Until 3:44PM
Balava Until 8:57AM
Ashtami* Until 7:54PM

Ganesha: Purple Sunrise: 5:27AM
Muruga: Clear Sunset: 6:48PM
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Amrita Yoga

Until 8:55PM

Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Port Louis, Mauritius
Sun 7 Sutra 250

Kanya Rasi: 15.16 Tithi 24 - 25

862523465

Gulika 7:08AM - 8:48AM
Yama 3:28PM - 5:09PM
Rahu 10:28AM - 12:08PM

Hasta Until 7:41PM
Saubhagya Until 12:50PM
Taitila Until 6:53AM
Navami* Until 5:50PM

Ganesha: Clear Sunrise: 5:28AM
Muruga: Clear Sunset: 6:49PM
Nataraja: Clear
Moon - Green
Margasira-Markali

Moon 12 - Phase 34
Navami

Creative Work Amrita Yoga

Until 7:41PM

Then Creative Work - Siddha Yoga

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Port Louis, Mauritius Sun 8 Sutra 251 Vikarin 5121
Kanya Rasi: 29.23	Tithi 25 – 26	Gulika 5:28AM – 7:08AM	Chitra Until 6:22PM	Ganesha: Clear <i>Sunrise: 5:28AM</i>	
		Yama 1:49PM – 3:29PM	Sobhana Until 9:59AM	Muruqa: Clear <i>Sunset: 6:49PM</i>	Moon 12 - Phase 35
	862523465	Rahu 8:48AM – 10:29AM	Bava Until 2:54AM Sun	Nataraja: Clear	2nd Phase
Routine Work Marana Yoga				Moon – Green	Devaloka Day
Until 6:22PM		Day 1 of Pancha Ganapati	Dashami Until 3:51PM	Margasira-Markali	
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Port Louis, Mauritius Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 13.28	Tithi 26 – 27	Gulika 3:29PM – 5:10PM	Svati Until 5:03PM	Ganesha: Clear <i>Sunrise: 5:29AM</i>	
		Yama 12:09PM – 1:49PM	Athiganda* Until 7:12AM	Muruqa: Clear <i>Sunset: 6:50PM</i>	Moon 12 - Phase 35
	862523465	Rahu 5:10PM – 6:50PM	Kaulava Until 1:07AM Mon	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga				Moon – Green	Devaloka Day
Until 5:03PM		Day 2 of Pancha Ganapati	Ekadashi* Until 1:58PM	Margasira-Markali	
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Port Louis, Mauritius Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 27.25	Tithi 27 – 28	Gulika 1:50PM – 3:30PM	Vishakha Until 4:13PM	Ganesha: White <i>Sunrise: 5:29AM</i>	
Family Home Evening		Yama 10:30AM – 12:10PM	Dhriti Until 2:07AM Tue	Muruqa: Clear <i>Sunset: 6:50PM</i>	Moon 12 - Phase 35
	872523465	Rahu 7:09AM – 8:49AM	Gara Until 11:34PM	Nataraja: Clear	2nd Phase
Routine Work Marana Yoga				Moon – Orange	Bhuloka Day
Until 4:13PM		Day 3 of Pancha Ganapati	Dvadashi* Until 12:17PM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		


4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Port Louis, Mauritius Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 11.14	Tithi 28 – 29	Gulika 12:10PM – 1:50PM	Anuradha Until 3:31PM	Ganesha: White <i>Sunrise: 5:30AM</i>	
		Yama 8:50AM – 10:30AM	Shula* Until 11:54PM	Muruqa: Clear <i>Sunset: 6:51PM</i>	Moon 12 - Phase 35
	872523465	Rahu 3:30PM – 5:11PM	Visti Until 10:19PM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga				Moon – Orange	Bhuloka Day
Until 3:31PM		Day 4 of Pancha Ganapati	Trayodashi* Until 10:52AM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Port Louis, Mauritius Sun 12 Sutra 255 Vikarin 5121
Retreat Star		Gulika 10:31AM – 12:11PM	Jyeshtha* Until 3:02PM	Ganesha: White <i>Sunrise: 5:30AM</i>	
Vrischika Rasi: 24.5	Tithi 29 – 30	Yama 7:10AM – 8:50AM	Ganda* Until 10:02PM	Muruqa: Clear <i>Sunset: 6:51PM</i>	Moon 12 - Phase 35
	872523465	Rahu 12:11PM – 1:51PM	Catuspada Until 9:29PM	Nataraja: Clear	Amavasya
Creative Work Siddha Yoga				Moon – Orange	Bhuloka Day
Until 3:02PM		Day 5 of Pancha Ganapati	Chaturdashi* Until 9:49AM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Louis, Mauritius Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 8.13	Tithi 30 – 1	Gulika 8:51AM – 10:31AM	Mula* Until 3:19PM	Ganesha: Orange <i>Sunrise: 5:31AM</i>	
		Yama 5:31AM – 7:11AM	Vriddhi Until 8:34PM	Muruqa: Clear <i>Sunset: 6:52PM</i>	Moon 12 - Phase 35
	883523465	Rahu 1:51PM – 3:31PM	Kintughna Until 9:09PM	Nataraja: Clear	Prathama
Creative Work Siddha Yoga				Moon – Light Blue	Devaloka Day
		Annular Solar Eclipse	Amavasya* Until 9:14AM	Pausha-Markali	

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Louis, Mauritius Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 21.17	Tithi 1 – 2	Gulika 7:11AM – 8:51AM Yama 3:32PM – 5:12PM Rahu 10:32AM – 12:12PM	Purvashadha* Until 3:59PM Dhruva Until 7:31PM Balava Until 9:22PM Prathama* Until 9:10AM	Ganesha: Orange <i>Sunrise:</i> 5:31AM Muruqa: Clear <i>Sunset:</i> 6:52PM Nataraja: Orange Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase Devaloka Day
Routine Work Prabalarishta Yoga Until 3:59PM Then Routine Work - Marana Yoga					
2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Louis, Mauritius Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 4.06	Tithi 2 – 3	Gulika 5:32AM – 7:12AM Yama 1:52PM – 3:32PM Rahu 8:52AM – 10:32AM	Uttarashadha Until 5:04PM Vyaghata* Until 6:56PM Taitila Until 10:12PM Dvitiya Until 9:42AM	Ganesha: Orange <i>Sunrise:</i> 5:32AM Muruqa: Clear <i>Sunset:</i> 6:52PM Nataraja: Orange Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase Devaloka Day
Routine Work Marana Yoga Until 5:04PM Then Creative Work - Siddha Yoga					
3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Port Louis, Mauritius Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 16.37	Tithi 3 – 4	Gulika 3:33PM – 5:13PM Yama 12:13PM – 1:53PM Rahu 5:13PM – 6:53PM	Shravana Until 7:02PM Harshana Until 6:48PM Vanija Until 11:37PM Tritiya Until 10:49AM	Ganesha: Clear <i>Sunrise:</i> 5:32AM Muruqa: Clear <i>Sunset:</i> 6:53PM Nataraja: Orange Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 7:02PM Then Routine Work - Marana Yoga					
4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Port Louis, Mauritius Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 28.55	Tithi 4 – 5	Gulika 1:53PM – 3:33PM Yama 10:33AM – 12:13PM Rahu 7:13AM – 8:53AM	Dhanishtha Until 9:20PM Vajra* Until 7:03PM Bava Until 1:31AM Tue Chaturthi* Until 12:29PM	Ganesha: Clear <i>Sunrise:</i> 5:33AM Muruqa: Clear <i>Sunset:</i> 6:53PM Nataraja: Orange Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga					
5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Port Louis, Mauritius Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 11	Tithi 5 – 6	Gulika 12:14PM – 1:54PM Yama 8:54AM – 10:34AM Rahu 3:34PM – 5:14PM	Shatabhishak Until 11:50PM Siddhi Until 7:36PM Kaulava Until 3:48AM Wed Panchami Until 2:36PM	Ganesha: Clear <i>Sunrise:</i> 5:34AM Muruqa: Clear <i>Sunset:</i> 6:54PM Nataraja: Orange Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Devaloka Day
Routine Work Marana Yoga					
6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Port Louis, Mauritius Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 22.58	Tithi 6 – 7	Gulika 10:35AM – 12:15PM Yama 7:15AM – 8:55AM Rahu 12:15PM – 1:54PM	Purvaproshtapada* Until 2:54AM Thu Vyatipata* Until 8:21PM Gara Until 6:17AM Thu Shashthi* Until 5:01PM	Ganesha: Blue <i>Sunrise:</i> 5:35AM Muruqa: Clear <i>Sunset:</i> 6:54PM Nataraja: Orange Moon – Clear Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 2:54AM Thu Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends			
Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau	Port Louis, Mauritius Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 4.52	Tithi 7	Gulika 8:55AM – 10:35AM Yama 5:35AM – 7:15AM Rahu 1:55PM – 3:35PM	Uttaraproshtapada Until 5:48AM Fri Variyan Until 9:08PM Gara Until 6:17AM Saptami Until 7:31PM	Ganesha: Blue <i>Sunrise:</i> 5:35AM Muruqa: Clear <i>Sunset:</i> 6:55PM Nataraja: Orange Moon – Clear Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					
Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Port Louis, Mauritius Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 16.45	Tithi 8	Gulika 7:16AM – 8:56AM Yama 3:35PM – 5:15PM Rahu 10:36AM – 12:15PM	Revati Until 8:23AM Sat Parigha* Until 9:51PM Visti Until 8:46AM Ashtami* Until 9:55PM	Ganesha: Blue <i>Sunrise:</i> 5:36AM Muruqa: Clear <i>Sunset:</i> 6:55PM Nataraja: Orange Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Ashtami Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					
Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Port Louis, Mauritius Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 28.43	Tithi 9	Gulika 5:37AM – 7:17AM Yama 1:56PM – 3:35PM Rahu 8:56AM – 10:36AM	Revati Until 8:23AM Shiva Until 10:21PM Balava Until 11:02AM Navami* Until 12:01AM Sun	Ganesha: Blue <i>Sunrise:</i> 5:37AM Muruqa: Clear <i>Sunset:</i> 6:55PM Nataraja: Orange Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Prabalarishta Yoga Until 8:23AM Then Creative Work - Siddha Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Port Louis, Mauritius Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 10.49	Tithi 10	Gulika 3:36PM – 5:16PM	Ashvini Until 10:54AM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM		
		Yama 12:16PM – 1:56PM	Siddha Until 10:27PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM		Moon 12 - Phase 37
	823623466	Rahu 5:16PM – 6:55PM	Taitila Until 12:54PM	Nataraja: Orange			4th Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 10:54AM		Subramuniyaswami Jayanti	Dashami Until 1:36AM Mon	Pausha-Markali			
Then Routine Work - Prabalarishta Yoga							
2		Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Port Louis, Mauritius Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 23.09	Tithi 11	Gulika 1:56PM – 3:36PM	Bharani Until 12:44PM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM		
Family Home Evening		Yama 10:37AM – 12:17PM	Sadhya Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM		Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 Rahu 7:18AM – 8:57AM	Vanija Until 2:11PM	Nataraja: Orange			4th Phase
Until 12:44PM		Vaikuntha Ekadasi	Ekadashi Until 2:33AM Tue	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali			
3		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Port Louis, Mauritius Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 5.46	Tithi 12	Gulika 12:17PM – 1:57PM	Krittika Until 1:45PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM		
		Yama 8:58AM – 10:38AM	Subha Until 9:13PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM		Moon 12 - Phase 37
	823623466	Rahu 3:36PM – 5:16PM	Bava Until 2:47PM	Nataraja: Orange			4th Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 1:45PM			Dvadashi Until 2:47AM Wed	Pausha-Markali			
Then Creative Work - Amrita Yoga							
4		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Port Louis, Mauritius Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 18.43	Tithi 13	Gulika 10:38AM – 12:18PM	Rohini Until 2:22PM	Ganesha: White	<i>Sunrise:</i> 5:39AM		
		Yama 7:19AM – 8:58AM	Sukla Until 7:44PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM		Moon 12 - Phase 37
	833623466	Rahu 12:18PM – 1:57PM	Kaulava Until 2:38PM	Nataraja: Orange			4th Phase
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day	
			Trayodashi Until 2:17AM Thu	Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata</i>				
5		Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Port Louis, Mauritius Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 2.02	Tithi 14	Gulika 8:59AM – 10:39AM	Mrigashira Until 2:09PM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM		
		Yama 5:40AM – 7:20AM	Brahma Until 5:44PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM		Moon 12 - Phase 37
	834623466	Rahu 1:58PM – 3:37PM	Gara Until 1:48PM	Nataraja: Orange			4th Phase
Routine Work	Marana Yoga			Moon – Yellow		Devaloka Day	
			Chaturdashi* Until 1:07AM Fri	Pausha-Markali			
	Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Port Louis, Mauritius Sutra 271 Vikarin 5121	
Mithuna Rasi: 15.44	Tithi 15	Gulika 7:20AM – 9:00AM	Ardra Until 1:10PM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM		
		Yama 3:37PM – 5:17PM	Indra Until 3:16PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM		Moon 12 - Phase 37
	834623466	Rahu 10:39AM – 12:18PM	Visti Until 12:19PM	Nataraja: Orange			Purnima
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
		Penumbral Lunar Eclipse	Purnima* Until 11:22PM	Pausha-Markali			
		Ardra Darshanam					
Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Port Louis, Mauritius Sutra 272 Vikarin 5121		
Mithuna Rasi: 29.47	Tithi 16	Gulika 5:41AM – 7:21AM	Punarvasu Until 11:59AM	Ganesha: White	<i>Sunrise:</i> 5:41AM		
		Yama 1:58PM – 3:38PM	Vaidhriti* Until 12:22PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM		Moon 12 - Phase 37
	844623466	Rahu 9:00AM – 10:39AM	Balava Until 10:20AM	Nataraja: Orange			Prathama
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day	
			Prathama* Until 9:10PM	Pausha-Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 14.05 Tithi 17

Creative Work Siddha Yoga

844623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 3:38PM - 5:17PM Pushya Until 10:17AM

Yama 12:19PM - 1:59PM Vishkambha* Until 9:12AM

Rahu 5:17PM - 6:56PM Taitila Until 7:58AM

Dvitiya Until 6:40PM

Ganesha: White Sunrise: 5:42AM

Muruqa: Clear Sunset: 6:56PM

Nataraja: Orange

Moon - Blue Pausha-Markali

Port Louis, Mauritius

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 28.34 Tithi 18 - 19

Family Home Evening

Creative Work Siddha Yoga

Until 8:13AM

Then Routine Work - Marana Yoga

844623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:59PM - 3:38PM Ashlesha* Until 8:13AM

Yama 10:40AM - 12:20PM Ayushman Until 2:24AM Tue

Rahu 7:22AM - 9:01AM Bava Until 2:39AM Tue

Tritiya Until 3:59PM

Ganesha: White Sunrise: 5:43AM

Muruqa: Clear Sunset: 6:56PM

Nataraja: Orange

Moon - Blue Pausha-Markali

Port Louis, Mauritius

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 13.07 Tithi 19 - 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:20PM - 1:59PM Magha* Until 6:21AM

Yama 9:02AM - 10:41AM Saubhagya Until 10:58PM

Rahu 3:38PM - 5:17PM Kaulava Until 11:57PM

Chaturthi* Until 1:16PM

Ganesha: Clear Sunrise: 5:43AM

Muruqa: Clear Sunset: 6:57PM

Nataraja: Orange

Moon - Red Pausha-Markali

Port Louis, Mauritius

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 27.38 Tithi 20 - 21

Creative Work Amrita Yoga

Until 2:26AM Thu

Then Routine Work - Marana Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 10:41AM - 12:20PM Uttaraphalguni Until 2:26AM Thu

Yama 7:23AM - 9:02AM Sobhana Until 7:40PM

Rahu 12:20PM - 1:59PM Gara Until 9:24PM

Panchami Until 10:38AM

Ganesha: Clear Sunrise: 5:44AM

Muruqa: Clear Sunset: 6:57PM

Nataraja: Orange

Moon - Red Pausha-Thai

Port Louis, Mauritius

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 12.02 Tithi 21 - 22

Routine Work Marana Yoga

Until 1:00AM Fri

Then Creative Work - Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:03AM - 10:42AM Hasta Until 1:00AM Fri

Yama 5:45AM - 7:24AM Athiganda* Until 4:30PM

Rahu 2:00PM - 3:39PM Visti Until 7:04PM

Shashthi* Until 8:11AM

Ganesha: Purple Sunrise: 5:45AM

Muruqa: Clear Sunset: 6:57PM

Nataraja: Orange

Moon - Green Pausha-Thai

Port Louis, Mauritius

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 26.16 Tithi 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:24AM - 9:03AM Chitra Until 11:43PM

Yama 3:39PM - 5:18PM Sukarma Until 1:35PM

Rahu 10:42AM - 12:21PM Kaulava Until 5:01PM

Ashtami* Until 4:06AM Sat

Ganesha: Purple Sunrise: 5:45AM

Muruqa: Clear Sunset: 6:57PM

Nataraja: Orange

Moon - Green Pausha-Thai

Port Louis, Mauritius

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 10.18 Tithi 24

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:46AM - 7:25AM Svati Until 10:39PM

Yama 2:00PM - 3:39PM Dhriti Until 10:56AM

Rahu 9:04AM - 10:42AM Taitila Until 3:19PM

Navami* Until 2:35AM Sun

Ganesha: Purple Sunrise: 5:46AM

Muruqa: Clear Sunset: 6:57PM

Nataraja: Orange

Moon - Green Pausha-Thai

Port Louis, Mauritius

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Sivaloka Day

1		Sunday, January 19, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Port Louis, Mauritius Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 24.07	Tithi 25	Gulika 3:39PM – 5:18PM	Vishakha Until 10:14PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM		
		Yama 12:22PM – 2:00PM	Shula* Until 8:33AM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 39	
		874623466 Rahu 5:18PM – 6:56PM	Vanija Until 1:58PM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 1:26AM Mon	Moon – Orange		Devaloka Day	
				Pausha*Thai			

2		Monday, January 20, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau	Port Louis, Mauritius Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 7.42	Tithi 26	Gulika 2:01PM – 3:39PM	Anuradha Until 10:02PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM		
Family Home Evening		Yama 10:43AM – 12:22PM	Ganda* Until 6:30AM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 39	
		874623466 Rahu 7:26AM – 9:05AM	Bava Until 1:01PM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:40AM Tue	Moon – Orange		Devaloka Day	
				Pausha*Thai			

3		Tuesday, January 21, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Port Louis, Mauritius Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 21.04	Tithi 27	Gulika 12:22PM – 2:01PM	Jyeshtha* Until 10:05PM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM		
		Yama 9:05AM – 10:44AM	Dhruva Until 3:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 39	
		875623466 Rahu 3:39PM – 5:18PM	Kaulava Until 12:27PM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 12:18AM Wed	Moon – Orange		Bhuloka Day	
Until 10:05PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4		Wednesday, January 22, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Port Louis, Mauritius Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 4.13	Tithi 28	Gulika 10:44AM – 12:22PM	Mula* Until 10:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:49AM		
		Yama 7:27AM – 9:06AM	Vyaghata* Until 2:10AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 39	
		885623466 Rahu 12:22PM – 2:01PM	Gara Until 12:18PM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 12:21AM Thu	Moon – Light Blue		Bhuloka Day	
Until 10:51PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, January 23, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Port Louis, Mauritius Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 17.1	Tithi 29	Gulika 9:06AM – 10:44AM	Purvashadha* Until 11:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:49AM		
		Yama 5:49AM – 7:28AM	Harshana Until 1:23AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 39	
		885623466 Rahu 2:01PM – 3:39PM	Visti* Until 12:34PM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:50AM Fri	Moon – Light Blue		Bhuloka Day	
Until 11:51PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Friday, January 24, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Port Louis, Mauritius Sun 13 Sutra 285 Vikarin 5121
Dhanus Rasi: 29.54	Tithi 30	Gulika 7:28AM – 9:06AM	Uttarashadha Until 1:07AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 5:50AM		
		Yama 3:39PM – 5:18PM	Vajra* Until 12:54AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 39	
		885623466 Rahu 10:45AM – 12:23PM	Catuspada Until 1:15PM	Nataraja: Orange		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 1:44AM Sat	Moon – Light Blue		Bhuloka Day	
Until 1:07AM Sat				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Saturday, January 25, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Port Louis, Mauritius Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 12.26	Tithi 1	Gulika 5:51AM – 7:29AM	Shravana Until 3:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:51AM		
		Yama 2:01PM – 3:39PM	Siddhi Until 12:46AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 39	
		995623466 Rahu 9:07AM – 10:45AM	Kintughna Until 2:23PM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 3:05AM Sun	Moon – Purple		Bhuloka Day	
Until 3:08AM Sun				Magha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Port Louis, Mauritius Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 24.47	Tithi 2	Gulika 3:39PM – 5:17PM	Dhanishtha Until 5:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:51AM		
		Yama 12:23PM – 2:01PM	Vyatipata* Until 12:57AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 1 - Phase 40	
		995723466 Rahu 5:17PM – 6:55PM	Balava Until 3:56PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 4:50AM Mon	Moon – Purple		Devaloka Day	
Until 5:21AM Mon				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau	Port Louis, Mauritius Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 6.59	Tithi 3	Gulika 2:01PM – 3:39PM	Shatabhishak Until 7:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:52AM		
Family Home Evening		Yama 10:46AM – 12:24PM	Variyan Until 1:23AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 7:30AM – 9:08AM	Taitila Until 5:52PM	Nataraja: Orange		3rd Phase	
Until 7:45AM Tue			Tritiya Until 6:56AM Tue	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Port Louis, Mauritius Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 19.02	Tithi 3 – 4	Gulika 12:24PM – 2:02PM	Shatabhishak Until 7:45AM	Ganesha: Orange	<i>Sunrise:</i> 5:53AM		
		Yama 9:08AM – 10:46AM	Parigha* Until 2:02AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 1 - Phase 40	
		995723466 Rahu 3:39PM – 5:17PM	Vanija Until 8:06PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 6:56AM	Moon – Purple		Devaloka Day	
				Magha-Thai			

4		Wednesday, January 29, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosnthapada*Uttaraprosnthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau	Port Louis, Mauritius Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 0.59	Tithi 4 – 5	Gulika 10:46AM – 12:24PM	Purvaprosnthapada* Until 10:44AM	Ganesha: Green	<i>Sunrise:</i> 5:53AM		
		Yama 7:31AM – 9:09AM	Shiva Until 2:51AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 1 - Phase 40	
		915723466 Rahu 12:24PM – 2:02PM	Bava Until 10:34PM	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 9:18AM	Moon – Clear		Sivaloka Day	
Until 10:44AM				Magha-Thai			
Then Creative Work - Siddha Yoga							

5		Thursday, January 30, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau	Port Louis, Mauritius Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 12.52	Tithi 5 – 6	Gulika 9:09AM – 10:46AM	Uttaraprosnthapada Until 1:41PM	Ganesha: Green	<i>Sunrise:</i> 5:54AM		
		Yama 5:54AM – 7:31AM	Siddha Until 3:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 1 - Phase 40	
		915723466 Rahu 2:02PM – 3:39PM	Kaulava Until 1:06AM Fri	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 11:49AM	Moon – Clear		Sivaloka Day	
				Magha-Thai			

6		Friday, January 31, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Port Louis, Mauritius Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 24.44	Tithi 6 – 7	Gulika 7:32AM – 9:09AM	Revati Until 4:26PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM		
		Yama 3:39PM – 5:17PM	Sadhya Until 4:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 1 - Phase 40	
		916723466 Rahu 10:47AM – 12:24PM	Gara Until 3:32AM Sat	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 2:19PM	Moon – Clear		Devaloka Day	
Until 4:26PM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau	Port Louis, Mauritius Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 6.39	Tithi 7 – 8	Gulika 5:54AM – 7:32AM	Ashvini Until 7:20PM	Ganesha: Green	<i>Sunrise:</i> 5:54AM		
		Yama 2:02PM – 3:39PM	Subha Until 4:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 1 - Phase 40	
		926723466 Rahu 9:09AM – 10:47AM	Vistil Until 5:40AM Sun	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 4:38PM	Moon – White		Bhuloka Day	
Until 4:26PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, February 2, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava Karana Ashtamyam Titau	Port Louis, Mauritius Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 18.41	Tithi 8	Gulika 3:39PM – 5:16PM	Bharani Until 9:39PM	Ganesha: Green	<i>Sunrise:</i> 5:55AM		
		Yama 12:24PM – 2:02PM	Sukla Until 5:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 1 - Phase 40	
		926723466 Rahu 5:16PM – 6:54PM	Bava Until 6:32PM	Nataraja: Orange		Ashtami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 6:32PM	Moon – White		Bhuloka Day	
Until 9:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							


Retreat Star		Monday, February 3, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau	Port Louis, Mauritius Sun 23 Sutra 295 Vikarin 5121
Vrishabha Rasi: 0.56	Tithi 9	Gulika 2:02PM – 3:39PM	Krittika Until 11:12PM	Ganesha: Green	<i>Sunrise:</i> 5:56AM		
Family Home Evening		Yama 10:47AM – 12:24PM	Brahma Until 4:42AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40	
Routine Work	Marana Yoga	926723466 Rahu 7:33AM – 9:10AM	Balava Until 7:18AM	Nataraja: Orange		Navami	
Until 11:12PM			Navami* Until 7:50PM	Moon – White		Bhuloka Day	
Then Creative Work - Amrita Yoga				Magha-Thai		Devaloka Time: 3:PM to 6:PM	

1	Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Tailila/Gara Karana Dashamyam Titau			Port Louis, Mauritius Sun 24 Sutra 296
	936723467	Gulika 12:25PM – 2:02PM Yama 9:10AM – 10:47AM Rahu 3:39PM – 5:16PM	Rohini Until 12:20AM Wed Indra Until 3:44AM Wed Taitila Until 8:13AM Dashami Until 8:21PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 5:56AM Sunset: 6:53PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day
	Creative Work Amrita Yoga Until 12:20AM Wed Then Creative Work - Siddha Yoga					

2	Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau			Port Louis, Mauritius Sun 25 Sutra 297
	936723467	Gulika 10:48AM – 12:25PM Yama 7:34AM – 9:11AM Rahu 12:25PM – 2:02PM	Mrigashira Until 12:29AM Thu Vaidhriti* Until 2:05AM Thu Vanija Until 8:19AM Ekadashi Until 8:02PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 5:57AM Sunset: 6:53PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day
	Creative Work Siddha Yoga Until 12:29AM Thu Then Routine Work - Marana Yoga					

3	Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashtyam Titau			Port Louis, Mauritius Sun 26 Sutra 298
	936723467	Gulika 9:11AM – 10:48AM Yama 5:57AM – 7:34AM Rahu 2:02PM – 3:38PM	Ardra Until 11:41PM Vishkambha* Until 11:48PM Bava Until 7:35AM Dvadashti Until 6:54PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 5:57AM Sunset: 6:52PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day
	Routine Work Marana Yoga Until 11:41PM Then Creative Work - Amrita Yoga					

4	Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau			Port Louis, Mauritius Sun 27 Sutra 299
	947723467	Gulika 7:35AM – 9:11AM Yama 3:38PM – 5:15PM Rahu 10:48AM – 12:25PM	Punarvasu Until 10:28PM Priti Until 8:57PM Kaulava Until 6:03AM Trayodashi Until 5:00PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 5:58AM Sunset: 6:52PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 10:28PM Then Routine Work - Marana Yoga		<i>Pradosha Vrata</i>			

	Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Port Louis, Mauritius Sutra 300
	947723467	Gulika 5:58AM – 7:35AM Yama 2:01PM – 3:38PM Rahu 9:12AM – 10:48AM	Pushya Until 8:31PM Ayushman Until 5:36PM Visti Until 1:03AM Sun Chaturdashi* Until 2:29PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 5:58AM Sunset: 6:51PM	Vikarin 5121 Moon 1 - Phase 41 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 8:31PM Then Routine Work - Marana Yoga		Thai Pusam			

Silver Retreat Star	Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Port Louis, Mauritius Sutra 301
	947723467	Gulika 3:38PM – 5:14PM Yama 12:25PM – 2:01PM Rahu 5:14PM – 6:51PM	Ashlesha* Until 6:01PM Saubhagya Until 1:54PM Balava Until 9:54PM Purnima* Until 11:30AM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 5:59AM Sunset: 6:51PM	Vikarin 5121 Moon 1 - Phase 41 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 6:01PM Then Routine Work - Marana Yoga					



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Louis, Mauritius

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 7.22 Tithi 16 - 17

Family Home Evening

957723467

Gulika 2:01PM - 3:38PM
Yama 10:49AM - 12:25PM
Rahu 7:36AM - 9:12AM

Magha* Until 3:33PM
Sobhana Until 9:59AM
Taitila Until 6:31PM

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon - Red

Sunrise: 6:00AM
Sunset: 6:50PM

Magha*Thai

Devaloka Day

Until 3:33PM

Then Creative Work - Siddha Yoga

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visli* Karana Tritiyayam Titau

Port Louis, Mauritius

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 22.22 Tithi 18

Creative Work Siddha Yoga

Until 12:52PM

Then Creative Work - Amrita Yoga

Gulika 12:25PM - 2:01PM
Yama 9:12AM - 10:49AM
Rahu 3:37PM - 5:14PM

Purvaphalguni Until 12:52PM
Sukarma Until 1:57AM Wed
Vanija Until 3:06PM
Tritiya Until 1:24AM Wed

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon - Red

Sunrise: 6:00AM
Sunset: 6:50PM

Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Port Louis, Mauritius

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 7.2 Tithi 19

Creative Work Amrita Yoga

Until 10:08AM

Then Routine Work - Marana Yoga

Gulika 10:49AM - 12:25PM
Yama 7:37AM - 9:13AM
Rahu 12:25PM - 2:01PM

Uttaraphalguni Until 10:08AM
Dhriti Until 10:07PM
Bava Until 11:47AM
Chaturthi* Until 10:11PM

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon - Red

Sunrise: 6:01AM
Sunset: 6:49PM

Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Louis, Mauritius

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 22.08 Tithi 20

Routine Work Marana Yoga

Until 7:56AM

Then Creative Work - Siddha Yoga

Gulika 9:13AM - 10:49AM
Yama 6:01AM - 7:37AM
Rahu 2:01PM - 3:37PM

Hasta Until 7:56AM
Shula* Until 6:32PM
Kaulava Until 8:43AM
Panchami Until 7:19PM

Ganesha: Green
Muruqa: Clear
Nataraja: Clear
Moon - Green

Sunrise: 6:01AM
Sunset: 6:49PM

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhdi Yoga Gara/Visli* Karana Shashthi/Saptamyam Titau

Port Louis, Mauritius

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 6.4 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 7:37AM - 9:13AM
Yama 3:37PM - 5:12PM
Rahu 10:49AM - 12:25PM

Svati Until 4:23AM Sat
Ganda* Until 3:20PM
Gara Until 6:03AM
Shashthi* Until 4:53PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Green

Sunrise: 6:02AM
Sunset: 6:48PM

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Louis, Mauritius

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 20.51 Tithi 22 - 23

Creative Work Siddha Yoga

Until 3:39AM Sun

Then Routine Work - Marana Yoga

Gulika 6:02AM - 7:38AM
Yama 2:01PM - 3:36PM
Rahu 9:13AM - 10:49AM

Vishakha Until 3:39AM Sun
Vridhdi Until 12:35PM
Balava Until 2:19AM Sun
Saptami Until 3:01PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - Orange

Sunrise: 6:02AM
Sunset: 6:48PM

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Louis, Mauritius

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 4.4 Tithi 23 - 24

Routine Work Marana Yoga

Until 3:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:36PM - 5:11PM
Yama 12:25PM - 2:00PM
Rahu 5:11PM - 6:47PM

Anuradha Until 3:23AM Mon
Dhruva Until 10:17AM
Taitila Until 1:22AM Mon
Ashtami* Until 1:44PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - Orange

Sunrise: 6:03AM
Sunset: 6:47PM

Magha*Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

Monday, February 17, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Port Louis, Mauritius Sun 7 Sutra 309 Vikarin 5121
1	Vrischika Rasi: 18.07 Tithi 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 3:33AM Tue Then Creative Work - Amrita Yoga	Gulika 2:00PM – 3:36PM Yama 10:49AM – 12:25PM Rahu 7:38AM – 9:14AM	Jyeshtha* Until 3:33AM Tue Vyaghata* Until 8:30AM Vanija Until 1:01AM Tue Navami* Until 1:06PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Magha-Masi
				Sunrise: 6:03AM Sunset: 6:46PM Moon 2 - Phase 43 2nd Phase Devaloka Day

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau		Port Louis, Mauritius Sun 8 Sutra 310 Vikarin 5121
2	Dhanus Rasi: 1.14 Tithi 25 – 26 988723467 Creative Work Amrita Yoga	Gulika 12:25PM – 2:00PM Yama 9:14AM – 10:49AM Rahu 3:35PM – 5:11PM	Mula* Until 4:36AM Wed Harshana Until 7:12AM Bava Until 1:16AM Wed Dashami Until 1:03PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi
				Sunrise: 6:04AM Sunset: 6:46PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Port Louis, Mauritius Sun 9 Sutra 311 Vikarin 5121
3	Dhanus Rasi: 14.04 Tithi 26 – 27 988723467 Creative Work Amrita Yoga Until 5:58AM Thu Then Routine Work - Marana Yoga	Gulika 10:49AM – 12:25PM Yama 7:39AM – 9:14AM Rahu 12:25PM – 2:00PM	Purvashadha* Until 5:58AM Thu Vajra* Until 6:19AM Kaulava Until 2:01AM Thu Ekadashi* Until 1:34PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi
				Sunrise: 6:04AM Sunset: 6:45PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau		Port Louis, Mauritius Sun 10 Sutra 312 Vikarin 5121
4	Dhanus Rasi: 26.4 Tithi 27 – 28 989823467 Routine Work Marana Yoga	Gulika 9:14AM – 10:49AM Yama 6:04AM – 7:39AM Rahu 1:59PM – 3:35PM	Uttarashadha Until 7:35AM Fri Vyatipata* Until 5:40AM Fri Gara Until 3:12AM Fri Dvadashi* Until 2:32PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi
				Sunrise: 6:04AM Sunset: 6:45PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
<i>Pradosha Vrata (Fasting)</i>				

Friday, February 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau		Port Louis, Mauritius Sun 11 Sutra 313 Vikarin 5121
5	Makara Rasi: 9.05 Tithi 28 – 29 989823467 Routine Work Marana Yoga	Gulika 7:40AM – 9:15AM Yama 3:34PM – 5:09PM Rahu 10:50AM – 12:24PM	Uttarashadha Until 7:35AM Variyan Until 5:45AM Sat Vistit Until 4:45AM Sat Trayodashi* Until 3:55PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi
				Sunrise: 6:05AM Sunset: 6:44PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Lunar) Mahasivaratri (Solar)		

Saturday, February 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Louis, Mauritius Sun 12 Sutra 314 Vikarin 5121
6	Makara Rasi: 21.22 Tithi 29 – 30 999823467 Creative Work Siddha Yoga	Gulika 6:05AM – 7:40AM Yama 1:59PM – 3:34PM Rahu 9:15AM – 10:50AM	Shravana Until 9:52AM Parigha* Until 6:04AM Sun Catuspada Until 6:36AM Sun Chaturdashi* Until 5:37PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi
				Sunrise: 6:05AM Sunset: 6:43PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Port Louis, Mauritius Sun 13 Sutra 315 Vikarin 5121
Retreat Star	Kumbha Rasi: 3.3 Tithi 30 999823467 Routine Work Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga	Gulika 3:33PM – 5:08PM Yama 12:24PM – 1:59PM Rahu 5:08PM – 6:42PM	Dhanishtha Until 12:16PM Parigha* Until 6:04AM Catuspada Until 6:36AM Amavasya* Until 7:36PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi
				Sunrise: 6:06AM Sunset: 6:42PM Moon 2 - Phase 43 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Port Louis, Mauritius Sun 14 Sutra 316 Vikarin 5121
Retreat Star	Kumbha Rasi: 15.33 Tithi 1 999823467 Family Home Evening Creative Work Siddha Yoga Until 2:43PM Then Routine Work - Marana Yoga	Gulika 1:58PM – 3:33PM Yama 10:50AM – 12:24PM Rahu 7:41AM – 9:15AM	Shatabhishak Until 2:43PM Shiva Until 6:36AM Kintughna Until 8:42AM Prathama* Until 9:48PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi
				Sunrise: 6:06AM Sunset: 6:42PM Moon 2 - Phase 43 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvityayam Titau				Port Louis, Mauritius Sun 15 Sutra 317
	Kumbha Rasi: 27.31	Tithi 2	Gulika 12:24PM – 1:58PM Yama 9:15AM – 10:50AM 919823467 Rahu 3:32PM – 5:07PM	Purvaproshtapada* Until 5:41PM Siddha Until 7:15AM Balava Until 11:00AM Dvitiya Until 12:11AM Wed	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:07AM Sunset: 6:41PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase
	Routine Work Until 5:41PM Then Creative Work - Amrita Yoga	Marana Yoga			Phalguna-Masi		Devaloka Day

2	Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				Port Louis, Mauritius Sun 16 Sutra 318
	Meena Rasi: 9.26	Tithi 3	Gulika 10:50AM – 12:24PM Yama 7:41AM – 9:15AM 919823467 Rahu 12:24PM – 1:58PM	Uttaraproshtapada Until 8:36PM Sadhya Until 8:02AM Taitila Until 1:27PM Tritiya Until 2:41AM Thu	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:07AM Sunset: 6:40PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase
	Creative Work Until 8:36PM Then Routine Work - Marana Yoga	Siddha Yoga			Phalguna-Masi		Devaloka Day

3	Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Chaturthyam Titau				Port Louis, Mauritius Sun 17 Sutra 319
	Meena Rasi: 21.18	Tithi 4	Gulika 9:15AM – 10:49AM Yama 6:07AM – 7:41AM 919823467 Rahu 1:58PM – 3:32PM	Revati Until 11:25PM Subha Until 8:55AM Vanija Until 3:58PM Chaturthi* Until 5:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:07AM Sunset: 6:40PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase
	Creative Work Until 11:25PM Then Creative Work - Amrita Yoga	Siddha Yoga			Phalguna-Masi		Devaloka Day

4	Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava Karana Panchamyam Titau				Port Louis, Mauritius Sun 18 Sutra 320
	Mesha Rasi: 3.1	Tithi 5	Gulika 7:42AM – 9:16AM Yama 3:31PM – 5:05PM 921823467 Rahu 10:49AM – 12:23PM	Ashvini Until 2:29AM Sat Sukla Until 9:45AM Bava Until 6:27PM Panchami Until 7:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 6:08AM Sunset: 6:39PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase
	Creative Work Until 2:29AM Sat Then Creative Work - Siddha Yoga	Amrita Yoga			Phalguna-Masi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Louis, Mauritius Sun 19 Sutra 321
	Mesha Rasi: 15.04	Tithi 5 – 6	Gulika 6:08AM – 7:42AM Yama 1:57PM – 3:31PM 921823467 Rahu 9:16AM – 10:49AM	Bharani Until 5:10AM Sun Brahma Until 10:31AM Kaulava Until 8:45PM Panchami Until 7:37AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 6:08AM Sunset: 6:38PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase
	Creative Work Until 7:16AM Mon Then Creative Work - Amrita Yoga	Siddha Yoga			Phalguna-Masi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

6	Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Louis, Mauritius Sun 20 Sutra 322
	Mesha Rasi: 27.04	Tithi 6 – 7	Gulika 3:30PM – 5:03PM Yama 12:23PM – 1:56PM 921833467 Rahu 5:03PM – 6:37PM	Krittika Until 7:16AM Mon Indra Until 11:05AM Gara Until 10:41PM Shashthi* Until 9:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Sunrise: 6:09AM Sunset: 6:37PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase
	Creative Work Until 7:16AM Mon Then Creative Work - Amrita Yoga	Siddha Yoga			Phalguna-Masi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

D	Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Port Louis, Mauritius Sun 21 Sutra 323
	Vrishabha Rasi: 9.16	Tithi 7 – 8	Gulika 1:56PM – 3:29PM Yama 10:49AM – 12:23PM 921833467 Rahu 7:43AM – 9:16AM	Krittika Until 7:16AM Vaidhriti* Until 11:14AM Vishti Until 12:01AM Tue Saptami Until 11:25AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Sunrise: 6:09AM Sunset: 6:36PM	Vikarin 5121 Moon 2 - Phase 44 Ashtami
	Family Home Evening Routine Work Until 7:16AM Then Creative Work - Amrita Yoga	Marana Yoga			Phalguna-Masi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

D	Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Louis, Mauritius Sun 22 Sutra 324
	Vrishabha Rasi: 21.43	Tithi 8 – 9	Gulika 12:22PM – 1:55PM Yama 9:16AM – 10:49AM 931833467 Rahu 3:29PM – 5:02PM	Rohini Until 9:04AM Vishkambha* Until 10:54AM Balava Until 12:36AM Wed Ashtami* Until 12:23PM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 6:10AM Sunset: 6:35PM	Vikarin 5121 Moon 2 - Phase 44 Navami
	Creative Work Until 9:04AM Then Creative Work - Siddha Yoga	Amrita Yoga			Phalguna-Masi		Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Louis, Mauritius Sun 23 Sutra 325
	Mithuna Rasi: 4.31	Tithi 9 – 10	Gulika 10:49AM – 12:22PM	Mrigashira Until 9:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Vikarin 5121
			Yama 7:43AM – 9:16AM	Priti Until 9:57AM	Muruqa: Orange	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 45
	931833467	Rahu 12:22PM – 1:55PM	Taitila Until 12:19AM Thu	Navami* Until 12:33PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
				Phalguna-Masi			


2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Louis, Mauritius Sun 24 Sutra 326
	Mithuna Rasi: 17.46	Tithi 10 – 11	Gulika 9:16AM – 10:49AM	Ardra Until 9:47AM	Ganesha: Red	<i>Sunrise:</i> 6:10AM	Vikarin 5121
			Yama 6:10AM – 7:43AM	Ayushman Until 8:18AM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 45
	131833467	Rahu 1:55PM – 3:28PM	Vanija Until 11:09PM	Dashami Until 11:49AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Yellow		Devaloka Day	
Until 9:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Louis, Mauritius Sun 25 Sutra 327
	Kataka Rasi: 1.31	Tithi 11 – 12	Gulika 7:43AM – 9:16AM	Punarvasu Until 9:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:11AM	Vikarin 5121
			Yama 3:27PM – 5:00PM	Sobhana Until 3:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 45
	141833467	Rahu 10:49AM – 12:22PM	Bava Until 9:10PM	Ekadashi Until 10:14AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		Bhuloka Day	
Until 9:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Louis, Mauritius Sun 26 Sutra 328
	Kataka Rasi: 15.46	Tithi 12 – 13	Gulika 6:11AM – 7:44AM	Pushya Until 7:29AM	Ganesha: Blue	<i>Sunrise:</i> 6:11AM	Vikarin 5121
			Yama 1:54PM – 3:27PM	Athiganda* Until 11:29PM	Muruqa: Orange	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 45
	141833467	Rahu 9:16AM – 10:49AM	Kaulava Until 6:29PM	Dvadashi Until 7:53AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		Bhuloka Day	
Until 7:29AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

5	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Louis, Mauritius Sun 27 Sutra 329
	Simha Rasi: 0.27	Tithi 14	Gulika 3:26PM – 4:58PM	Magha* Until 2:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:11AM	Vikarin 5121
			Yama 12:21PM – 1:54PM	Sukarma Until 7:34PM	Muruqa: Orange	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 45
	151833467	Rahu 4:58PM – 6:31PM	Gara Until 3:15PM	Chaturdashi* Until 1:27AM Mon	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Red		Devaloka Day	
Until 2:33AM Mon		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

	Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Port Louis, Mauritius Sutra 330
	Copper Retreat Star		Gulika 1:53PM – 3:25PM	Purvaphalguni Until 11:34PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Vikarin 5121
	Simha Rasi: 15.3	Tithi 15	Yama 10:49AM – 12:21PM	Dhriti Until 3:23PM	Muruqa: Orange	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 45
	Family Home Evening	152833467	Rahu 7:44AM – 9:16AM	Visti Until 11:38AM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Moon – Red		Sivaloka Day	
		Holi	Purnima* Until 9:43PM	Phalguna-Masi			

	Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Port Louis, Mauritius Sutra 331
	Silver Retreat Star		Gulika 12:21PM – 1:53PM	Uttaraphalguni Until 8:22PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Vikarin 5121
	Kanya Rasi: 0.45	Tithi 16 – 17	Yama 9:16AM – 10:48AM	Shula* Until 11:01AM	Muruqa: Orange	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 45
	152833467	Rahu 3:25PM – 4:57PM	Balava Until 7:49AM	Prathama* Until 5:53PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Moon – Red		Sivaloka Day	
Until 8:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Louis, Mauritius

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 16.02 Tithi 17 - 18

162833467

Gulika 10:48AM - 12:20PM
Yama 7:44AM - 9:16AM
Rahu 12:20PM - 1:52PM

Hasta Until 5:31PM
Ganda* Until 6:41AM
Vanija Until 12:18AM Thu
Dvitiya Until 2:06PM

Ganesha: Clear Sunrise: 6:12AM
Muruga: Orange Sunset: 6:28PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Port Louis, Mauritius

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 1.1 Tithi 18 - 19

162833467

Gulika 9:16AM - 10:48AM
Yama 6:13AM - 7:44AM
Rahu 1:52PM - 3:24PM

Chitra Until 2:49PM
Dhruva Until 10:36PM
Bava Until 8:57PM
Tritiya Until 10:33AM

Ganesha: Clear Sunrise: 6:13AM
Muruga: Orange Sunset: 6:28PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 2:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Louis, Mauritius

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 16.01 Tithi 19 - 20

162833467

Gulika 7:45AM - 9:16AM
Yama 3:23PM - 4:55PM
Rahu 10:48AM - 12:20PM

Svati Until 12:24PM
Vyaghata* Until 7:06PM
Kaulava Until 6:04PM
Chaturthi* Until 7:25AM

Ganesha: Clear Sunrise: 6:13AM
Muruga: Orange Sunset: 6:27PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Port Louis, Mauritius

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 0.27 Tithi 21

172833467

Gulika 6:13AM - 7:45AM
Yama 1:51PM - 3:23PM
Rahu 9:16AM - 10:48AM

Vishakha Until 10:51AM
Harshana Until 4:08PM
Gara Until 3:49PM
Shashthi* Until 2:56AM Sun

Ganesha: Purple Sunrise: 6:13AM
Muruga: Orange Sunset: 6:26PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Port Louis, Mauritius

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 14.26 Tithi 22

172833468

Gulika 3:22PM - 4:54PM
Yama 12:19PM - 1:51PM
Rahu 4:54PM - 6:25PM

Anuradha Until 9:52AM
Vajra* Until 1:44PM
Visti Until 2:17PM
Saptami Until 1:48AM Mon

Ganesha: Purple Sunrise: 6:14AM
Muruga: Orange Sunset: 6:25PM
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Louis, Mauritius

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 27.58 Tithi 23

172933468

Gulika 1:50PM - 3:21PM
Yama 10:48AM - 12:19PM
Rahu 7:45AM - 9:16AM

Jyeshtha* Until 9:31AM
Siddhi Until 11:58AM
Balava Until 1:33PM
Ashtami* Until 1:28AM Tue

Ganesha: Clear Sunrise: 6:14AM
Muruga: Orange Sunset: 6:24PM
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Port Louis, Mauritius

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 11.04 Tithi 24

182933468

Gulika 12:19PM - 1:50PM
Yama 9:16AM - 10:47AM
Rahu 3:21PM - 4:52PM

Mula* Until 10:13AM
Vyatipata* Until 10:50AM
Taitila Until 1:36PM
Navami* Until 1:52AM Wed

Ganesha: Purple Sunrise: 6:14AM
Muruga: Orange Sunset: 6:23PM
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 10:13AM

Then Creative Work - Siddha Yoga

1	Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Port Louis, Mauritius Sun 8 Sutra 339
	Dhanus Rasi: 23.47	Tithi 25	Gulika 10:47AM – 12:18PM	Purvashadha* Until 11:29AM	Ganesha: Purple	<i>Sunrise:</i> 6:14AM	Vikarin 5121
			Yama 7:45AM – 9:16AM	Variyan Until 10:14AM	Muruqa: Orange	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 47
	182933468	Rahu 12:18PM – 1:49PM	Vaniya Until 2:21PM		Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:57AM Thu	Moon – Light Blue		Devaloka Day	
				Phalguna-Panguni			

2	Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Port Louis, Mauritius Sun 9 Sutra 340
	Makara Rasi: 6.14	Tithi 26	Gulika 9:16AM – 10:47AM	Uttarashadha Until 1:10PM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM	Vikarin 5121
			Yama 6:15AM – 7:45AM	Parigha* Until 10:07AM	Muruqa: Orange	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47
	182933468	Rahu 1:49PM – 3:20PM	Bava Until 3:42PM		Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 4:32AM Fri	Moon – Light Blue		Devaloka Day	
Until 1:10PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3	Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Louis, Mauritius Sun 10 Sutra 341
	Makara Rasi: 18.28	Tithi 27	Gulika 7:46AM – 9:16AM	Shravana Until 3:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Vikarin 5121
			Yama 3:19PM – 4:50PM	Shiva Until 10:23AM	Muruqa: Orange	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47
	192933468	Rahu 10:47AM – 12:18PM	Kaulava Until 5:30PM		Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 6:29AM Sat	Moon – Purple		Sivaloka Day	
Until 3:37PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

4	Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Port Louis, Mauritius Sun 11 Sutra 342
	Kumbha Rasi: 0.33	Tithi 27 – 28	Gulika 6:15AM – 7:46AM	Dhanishtha Until 6:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Vikarin 5121
			Yama 1:48PM – 3:19PM	Siddha Until 10:53AM	Muruqa: Orange	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47
	192933468	Rahu 9:16AM – 10:47AM	Gara Until 7:36PM		Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:29AM	Moon – Purple		Sivaloka Day	
Until 6:12PM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Port Louis, Mauritius Sun 12 Sutra 343
	Kumbha Rasi: 12.32	Tithi 28 – 29	Gulika 3:18PM – 4:48PM	Shatabhishak Until 8:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Vikarin 5121
			Yama 12:17PM – 1:48PM	Sadhya Until 11:34AM	Muruqa: Orange	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 47
	192933468	Rahu 4:48PM – 6:19PM	Visti Until 9:53PM		Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:42AM	Moon – Purple		Sivaloka Day	
Until 11:51PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

Monday, March 23, 2020	Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Port Louis, Mauritius Sun 13 Sutra 344
	Kumbha Rasi: 24.28	Tithi 29 – 30	Gulika 1:47PM – 3:17PM	Purvaproshtapada* Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Vikarin 5121
	Family Home Evening	113933468	Yama 10:47AM – 12:17PM	Subha Until 12:22PM	Muruqa: Orange	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47
	Routine Work	Marana Yoga	Rahu 7:46AM – 9:16AM	Catuspada Until 12:17AM Tue	Nataraja: Purple		Amavasya
Until 11:51PM			Chaturdashi* Until 11:03AM	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Panguni			

Tuesday, March 24, 2020	Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Louis, Mauritius Sun 14 Sutra 345
	Meena Rasi: 6.22	Tithi 30 – 1	Gulika 12:17PM – 1:47PM	Uttaraproshtapada Until 2:47AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Vikarin 5121
			Yama 9:16AM – 10:46AM	Sukla Until 1:12PM	Muruqa: Orange	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 47
	113933468	Rahu 3:17PM – 4:47PM	Kintughna Until 2:43AM Wed		Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 1:28PM	Moon – Clear		Sivaloka Day	
Until 2:47AM Wed		Yugadhi		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Louis, Mauritius Sun 15 Sutra 346
Meena Rasi: 18.14	Tithi 1 – 2	Gulika 10:46AM – 12:16PM	Revati Until 5:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:16AM	Vikarin 5121
		Yama 7:46AM – 9:16AM	Brahma Until 2:04PM	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 48
		113933468 Rahu 12:16PM – 1:46PM	Balava Until 5:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 3:55PM	Moon – Clear	Sivaloka Day
Until 5:33AM Thu				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava Karana Dvitiyayam Titau	Port Louis, Mauritius Sun 16 Sutra 347
Mesha Rasi: 0.08	Tithi 2	Gulika 9:16AM – 10:46AM	Ashvini Until 8:36AM Fri	Ganesha: Red <i>Sunrise:</i> 6:17AM	Vikarin 5121
		Yama 6:17AM – 7:46AM	Indra Until 2:55PM	Muruqa: Orange <i>Sunset:</i> 6:15PM	Moon 3 - Phase 48
		123933468 Rahu 1:46PM – 3:16PM	Kaulava Until 6:21PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 6:21PM	Moon – White	Sivaloka Day
Until 8:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau	Port Louis, Mauritius Sun 17 Sutra 348
Mesha Rasi: 12.02	Tithi 3	Gulika 7:47AM – 9:16AM	Ashvini Until 8:36AM	Ganesha: Red <i>Sunrise:</i> 6:17AM	Vikarin 5121
		Yama 3:15PM – 4:45PM	Vaidhriti* Until 3:41PM	Muruqa: Orange <i>Sunset:</i> 6:14PM	Moon 3 - Phase 48
		123933468 Rahu 10:46AM – 12:16PM	Taitila Until 7:33AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:40PM	Moon – White	Sivaloka Day
Until 8:36AM				Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthayam Titau	Port Louis, Mauritius Sun 18 Sutra 349
Mesha Rasi: 23.59	Tithi 4	Gulika 6:17AM – 7:47AM	Bharani Until 11:19AM	Ganesha: Red <i>Sunrise:</i> 6:17AM	Vikarin 5121
		Yama 1:45PM – 3:14PM	Vishkambha* Until 4:20PM	Muruqa: Orange <i>Sunset:</i> 6:14PM	Moon 3 - Phase 48
		123933468 Rahu 9:16AM – 10:46AM	Vanija Until 9:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:47PM	Moon – White	Sivaloka Day
Until 11:19AM				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Port Louis, Mauritius Sun 19 Sutra 350
Vrishabha Rasi: 6.03	Tithi 5	Gulika 3:14PM – 4:43PM	Krittika Until 1:37PM	Ganesha: Red <i>Sunrise:</i> 6:17AM	Vikarin 5121
		Yama 12:15PM – 1:44PM	Priti Until 4:46PM	Muruqa: Orange <i>Sunset:</i> 6:13PM	Moon 3 - Phase 48
		123933468 Rahu 4:43PM – 6:13PM	Bava Until 11:44AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 12:33AM Mon	Moon – White	Sivaloka Day
				Chaitra•Panguni	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Port Louis, Mauritius Sun 20 Sutra 351
Vrishabha Rasi: 18.16	Tithi 6	Gulika 1:44PM – 3:13PM	Rohini Until 3:50PM	Ganesha: Blue <i>Sunrise:</i> 6:18AM	Vikarin 5121
Family Home Evening		Yama 10:45AM – 12:15PM	Ayushman Until 4:50PM	Muruqa: Orange <i>Sunset:</i> 6:12PM	Moon 3 - Phase 48
		133933468 Rahu 7:47AM – 9:16AM	Kaulava Until 1:16PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 1:49AM Tue	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Port Louis, Mauritius Sun 21 Sutra 352
Mithuna Rasi: 0.42	Tithi 7	Gulika 12:14PM – 1:44PM	Mrigashira Until 5:17PM	Ganesha: Blue <i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 9:16AM – 10:45AM	Saubhagya Until 4:26PM	Muruqa: Orange <i>Sunset:</i> 6:11PM	Moon 3 - Phase 48
		133933468 Rahu 3:13PM – 4:42PM	Gara Until 2:13PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 2:25AM Wed	Moon – Yellow	Subha Sivaloka Day
Until 5:17PM				Chaitra•Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Port Louis, Mauritius Sun 22 Sutra 353
Mithuna Rasi: 13.27	Tithi 8	Gulika 10:45AM – 12:14PM	Ardra Until 5:53PM	Ganesha: Blue <i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 7:47AM – 9:16AM	Sobhana Until 3:29PM	Muruqa: Orange <i>Sunset:</i> 6:11PM	Moon 3 - Phase 48
		133933468 Rahu 12:14PM – 1:44PM	Visti Until 2:26PM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 2:14AM Thu	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Port Louis, Mauritius Sun 23 Sutra 354
Mithuna Rasi: 26.35	Tithi 9	Gulika 9:16AM – 10:45AM	Punarvasu Until 5:59PM	Ganesha: Yellow <i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 6:18AM – 7:47AM	Athiganda* Until 1:52PM	Muruqa: Orange <i>Sunset:</i> 6:10PM	Moon 3 - Phase 48
		143933468 Rahu 1:43PM – 3:12PM	Balava Until 1:51PM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 1:13AM Fri	Moon – Blue	Sivaloka Day
		Sri Rama Navami		Chaitra•Panguni	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Port Louis, Mauritius Sun 24 Sutra 355
	Kataka Rasi: 10.11	Tithi 10	Gulika 7:47AM – 9:16AM	Pushya Until 5:08PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM	Vikarin 5121
			Yama 3:12PM – 4:40PM	Sukarma Until 11:37AM	Muruqa: Orange	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 10:45AM – 12:14PM	Taitila Until 12:26PM	Nataraja: Purple		4th Phase
			Dashami Until 11:25PM	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Louis, Mauritius Sun 25 Sutra 356
	Kataka Rasi: 24.16	Tithi 11	Gulika 6:19AM – 7:47AM	Ashlesha* Until 3:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	Vikarin 5121
			Yama 1:42PM – 3:11PM	Dhriti Until 8:46AM	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 9:16AM – 10:45AM	Vanija Until 10:15AM	Nataraja: Purple		4th Phase
Until 3:24PM			Ekadashi Until 8:54PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Chaitra•Panguni			

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Louis, Mauritius Sun 26 Sutra 357
	Simha Rasi: 8.48	Tithi 12 – 13	Gulika 3:10PM – 4:39PM	Magha* Until 1:19PM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Vikarin 5121
			Yama 12:13PM – 1:42PM	Ganda* Until 1:29AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	153933468 Rahu 4:39PM – 6:08PM	Bava Until 7:25AM	Nataraja: Purple		4th Phase
Until 1:19PM			Dvadashi Until 5:47PM	Moon – Red		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			
			<i>Pradosha Vrata</i>				

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Louis, Mauritius Sun 27 Sutra 358
	Simha Rasi: 23.44	Tithi 13 – 14	Gulika 1:41PM – 3:10PM	Purvaphalguni Until 10:38AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Vikarin 5121
	Family Home Evening		Yama 10:45AM – 12:13PM	Vriddhi Until 9:21PM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 Rahu 7:48AM – 9:16AM	Gara Until 12:23AM Tue	Nataraja: Purple		4th Phase
			Trayodashi Until 2:15PM	Moon – Red		Sivaloka Day	
				Chaitra•Panguni			

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Louis, Mauritius Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:13PM – 1:41PM	Uttaraphalguni Until 7:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Vikarin 5121
	Kanya Rasi: 8.56	Tithi 14 – 15	Yama 9:16AM – 10:44AM	Dhruva Until 5:01PM	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 49
	Creative Work	Amrita Yoga	154933468 Rahu 3:09PM – 4:38PM	Visti Until 8:31PM	Nataraja: Purple		Purnima
Until 7:32AM			Chaturdashi* Until 10:27AM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga		Panguni Uttiram		Chaitra•Panguni			
		Hanuman Jayanti					

Silver Retreat Star	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Port Louis, Mauritius Sun 29 Sutra 360
	Kanya Rasi: 24.14	Tithi 15 – 16	Gulika 10:44AM – 12:12PM	Chitra Until 1:33AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:20AM	Vikarin 5121
			Yama 7:48AM – 9:16AM	Vyaghata* Until 12:40PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164934468 Rahu 12:12PM – 1:41PM	Kaulava Until 2:45AM Thu	Nataraja: Purple		Prathama
Until 1:33AM Thu			Purnima* Until 6:33AM	Moon – Green		Devaloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Louis, Mauritius
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 9.28 Tithi 17
164134468
Creative Work Amrita Yoga
Until 10:39PM
Then Creative Work - Siddha Yoga

Gulika 9:16AM – 10:44AM
Yama 6:20AM – 7:48AM
Rahu 1:40PM – 3:08PM
Svati Until 10:39PM
Harshana Until 8:27AM
Taitila Until 12:57PM
Dvitiya Until 11:12PM

Ganesha: White *Sunrise:* 6:20AM
Muruqa: Clear *Sunset:* 6:04PM
Nataraja: Purple
Moon – Green
Devaloka Day
Chaitra•Panguni

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Port Louis, Mauritius
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 24.28 Tithi 18
174134468
Creative Work Siddha Yoga

Gulika 7:48AM – 9:16AM
Yama 3:08PM – 4:35PM
Rahu 10:44AM – 12:12PM
Vishakha Until 8:27PM
Siddhi Until 12:54AM Sat
Vanija Until 9:36AM
Tritiya Until 8:06PM

Ganesha: Yellow *Sunrise:* 6:20AM
Muruqa: Clear *Sunset:* 6:03PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Louis, Mauritius
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 9.05 Tithi 19 – 20
174134468
Creative Work Siddha Yoga

Gulika 6:21AM – 7:48AM
Yama 1:39PM – 3:07PM
Rahu 9:16AM – 10:44AM
Anuradha Until 6:43PM
Vyatipata* Until 9:51PM
Bava Until 6:46AM
Chaturthi* Until 5:34PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruqa: Clear *Sunset:* 6:03PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Port Louis, Mauritius
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 23.16 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 5:33PM
Then Creative Work - Amrita Yoga

Gulika 3:07PM – 4:34PM
Yama 12:11PM – 1:39PM
Rahu 4:34PM – 6:02PM
Jyeshtha* Until 5:33PM
Variyan Until 7:23PM
Gara Until 3:12AM Mon
Panchami Until 3:47PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruqa: Clear *Sunset:* 6:02PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Louis, Mauritius
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 6.56 Tithi 21 – 22
184134468
Family Home Evening
Creative Work Siddha Yoga
Until 5:31PM
Then Routine Work - Marana Yoga

Gulika 1:39PM – 3:06PM
Yama 10:44AM – 12:11PM
Rahu 7:49AM – 9:16AM
Mula* Until 5:31PM
Parigha* Until 5:36PM
Visti Until 2:39AM Tue
Shashthi* Until 2:48PM

Ganesha: Blue *Sunrise:* 6:21AM
Muruqa: Clear *Sunset:* 6:01PM
Nataraja: Purple
Moon – Light Blue
Devaloka Day
Chaitra•Chaitra

5

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Louis, Mauritius
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 20.08 Tithi 22 – 23
284134468
Creative Work Siddha Yoga
Until 6:09PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:11PM – 1:38PM
Yama 9:16AM – 10:44AM
Rahu 3:06PM – 4:33PM
Purvashadha* Until 6:09PM
Shiva Until 4:30PM
Balava Until 2:57AM Wed
Saptami Until 2:41PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruqa: Clear *Sunset:* 6:00PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Louis, Mauritius
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 2.55 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 7:24PM
Then Creative Work - Siddha Yoga

Gulika 10:43AM – 12:11PM
Yama 7:49AM – 9:16AM
Rahu 12:11PM – 1:38PM
Uttarashadha Until 7:24PM
Siddha Until 4:00PM
Taitila Until 3:59AM Thu
Ashtami* Until 3:22PM

Ganesha: Yellow *Sunrise:* 6:22AM
Muruqa: Clear *Sunset:* 5:59PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Port Louis, Mauritius Sun 7 Sutra 4
	Makara Rasi: 15.22	Tithi 24 – 25	Gulika 9:16AM – 10:43AM	Shravana Until 9:36PM	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	Sarvari 5122
			Yama 6:22AM – 7:49AM	Sadhya Until 4:02PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 1
	294134468	Rahu 1:37PM – 3:05PM		Vanija Until 5:38AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Navami* Until 4:44PM	Chaitra*Chaitra	Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti* Karana Dashamyam Titau				Port Louis, Mauritius Sun 8 Sutra 5
	Makara Rasi: 27.34	Tithi 25	Gulika 7:49AM – 9:16AM	Dhanishtha Until 12:07AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	Sarvari 5122
			Yama 3:04PM – 4:31PM	Subha Until 4:30PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 1
	294134468	Rahu 10:43AM – 12:10PM		Visti Until 6:37PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 6:37PM	Chaitra*Chaitra	Devaloka Day	
Until 12:07AM Sat	Then Creative Work - Amrita Yoga						

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Port Louis, Mauritius Sun 9 Sutra 6
	Kumbha Rasi: 9.35	Tithi 26	Gulika 6:23AM – 7:49AM	Shatabhishak Until 2:46AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Sarvari 5122
			Yama 1:37PM – 3:04PM	Sukla Until 5:12PM	Muruqa: Clear	<i>Sunset:</i> 5:57PM	Moon 4 - Phase 1
	295134468	Rahu 9:16AM – 10:43AM		Bava Until 7:43AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Ekadashi* Until 8:51PM	Chaitra*Chaitra	Sivaloka Day	
Until 2:46AM Sun	Then Creative Work - Siddha Yoga						

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Louis, Mauritius Sun 10 Sutra 7
	Kumbha Rasi: 21.31	Tithi 27	Gulika 3:03PM – 4:30PM	Purvaproshtapada* Until 5:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Sarvari 5122
			Yama 12:10PM – 1:36PM	Brahma Until 6:04PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM	Moon 4 - Phase 1
	215134468	Rahu 4:30PM – 5:56PM		Kaulava Until 10:03AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 11:15PM	Chaitra*Chaitra	Sivaloka Day	

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Port Louis, Mauritius Sun 11 Sutra 8
	Meena Rasi: 3.23	Tithi 28	Gulika 1:36PM – 3:03PM	Uttaraproshtapada Until 8:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Sarvari 5122
	Family Home Evening		Yama 10:43AM – 12:09PM	Indra Until 7:00PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM	Moon 4 - Phase 1
	215134468	Rahu 7:50AM – 9:16AM		Gara Until 12:30PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 1:42AM Tue	Chaitra*Chaitra	Sivaloka Day	
Until 8:51AM	Then Creative Work - Siddha Yoga	<i>Pradosha Vrata (Fasting)</i>					

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Louis, Mauritius Sun 12 Sutra 9
	Meena Rasi: 15.15	Tithi 29	Gulika 12:09PM – 1:36PM	Uttaraproshtapada Until 8:51AM	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	Sarvari 5122
			Yama 9:16AM – 10:43AM	Vaidhriti* Until 7:53PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM	Moon 4 - Phase 1
	215134468	Rahu 3:02PM – 4:29PM		Visti Until 2:56PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 4:06AM Wed	Chaitra*Chaitra	Sivaloka Day	
Until 8:51AM	Then Creative Work - Siddha Yoga						

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Louis, Mauritius Sun 13 Sutra 10
	Retreat Star		Gulika 10:43AM – 12:09PM	Revati Until 11:35AM	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	Sarvari 5122
	Meena Rasi: 27.08	Tithi 30	Yama 7:50AM – 9:16AM	Vishkambha* Until 8:43PM	Muruqa: Clear	<i>Sunset:</i> 5:54PM	Moon 4 - Phase 1
	215134468	Rahu 12:09PM – 1:35PM		Catuspada Until 5:17PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 6:23AM Thu	Chaitra*Chaitra	Sivaloka Day	

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Louis, Mauritius Sun 14 Sutra 11
	Retreat Star		Gulika 9:17AM – 10:43AM	Ashvini Until 2:31PM	Ganesha: Red	<i>Sunrise:</i> 6:24AM	Sarvari 5122
	Mesha Rasi: 9.04	Tithi 30 – 1	Yama 6:24AM – 7:50AM	Priti Until 9:27PM	Muruqa: Clear	<i>Sunset:</i> 5:54PM	Moon 4 - Phase 1
	225134468	Rahu 1:35PM – 3:01PM		Kintughna Until 7:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 6:23AM	Moon – White	Sivaloka Day	
Until 2:31PM	Then Creative Work - Siddha Yoga	Vaisaka*Chaitra					

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Port Louis, Mauritius Sun 15	Sutra 12
Mesha Rasi: 21.04	Tithi 1 – 2	Gulika 7:51AM – 9:17AM	Bharani Until 5:06PM	Ganesha: Red	<i>Sunrise:</i> 6:25AM		Sarvari 5122	
		Yama 3:01PM – 4:27PM	Ayushman Until 9:59PM	Muruqa: Clear	<i>Sunset:</i> 5:53PM		Moon 4 - Phase 2	
225134469	Rahu 10:43AM – 12:09PM		Balava Until 9:28PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 8:29AM	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Port Louis, Mauritius Sun 16	Sutra 13
Wrishabha Rasi: 3.1	Tithi 2 – 3	Gulika 6:25AM – 7:51AM	Krittika Until 7:16PM	Ganesha: Red	<i>Sunrise:</i> 6:25AM		Sarvari 5122	
		Yama 1:34PM – 3:00PM	Saubhagya Until 10:19PM	Muruqa: Clear	<i>Sunset:</i> 5:52PM		Moon 4 - Phase 2	
225134469	Rahu 9:17AM – 10:43AM		Taitila Until 11:11PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 10:21AM	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Port Louis, Mauritius Sun 17	Sutra 14
Wrishabha Rasi: 15.23	Tithi 3 – 4	Gulika 3:00PM – 4:26PM	Rohini Until 9:26PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM		Sarvari 5122	
		Yama 12:08PM – 1:34PM	Sobhana Until 10:24PM	Muruqa: Clear	<i>Sunset:</i> 5:52PM		Moon 4 - Phase 2	
235134469	Rahu 4:26PM – 5:52PM		Vanija Until 12:32AM Mon	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 11:53AM	Moon – Yellow		Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Port Louis, Mauritius Sun 18	Sutra 15
Wrishabha Rasi: 27.46	Tithi 4 – 5	Gulika 1:34PM – 3:00PM	Mrigashira Until 11:00PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM		Sarvari 5122	
Family Home Evening		Yama 10:43AM – 12:08PM	Athiganda* Until 10:07PM	Muruqa: Clear	<i>Sunset:</i> 5:51PM		Moon 4 - Phase 2	
235134469	Rahu 7:51AM – 9:17AM		Bava Until 1:27AM Tue	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 1:02PM	Moon – Yellow		Devaloka Day		
Until 11:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Port Louis, Mauritius Sun 19	Sutra 16
Mithuna Rasi: 10.2	Tithi 5 – 6	Gulika 12:08PM – 1:34PM	Ardra Until 11:55PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM		Sarvari 5122	
		Yama 9:17AM – 10:43AM	Sukarma Until 9:27PM	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 4 - Phase 2	
236134469	Rahu 2:59PM – 4:25PM		Kaulava Until 1:49AM Wed	Nataraja: Clear			3rd Phase	
Routine Work	Marana Yoga		Panchami Until 1:41PM	Moon – Yellow		Bhuloka Day		
Until 11:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Port Louis, Mauritius Sun 20	Sutra 17
Mithuna Rasi: 23.11	Tithi 6 – 7	Gulika 10:43AM – 12:08PM	Punarvasu Until 12:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM		Sarvari 5122	
		Yama 7:52AM – 9:17AM	Dhriti Until 8:19PM	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 4 - Phase 2	
246134469	Rahu 12:08PM – 1:33PM		Gara Until 1:34AM Thu	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 1:45PM	Moon – Blue		Devaloka Day		
Until 12:33AM Thu				Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga								

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Port Louis, Mauritius Sun 21	Sutra 18
Kataka Rasi: 6.2	Tithi 7 – 8	Gulika 9:17AM – 10:42AM	Pushya Until 12:23AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
		Yama 6:27AM – 7:52AM	Shula* Until 6:39PM	Muruqa: Clear	<i>Sunset:</i> 5:49PM		Moon 4 - Phase 2	
246134469	Rahu 1:33PM – 2:58PM		Visti Until 12:40AM Fri	Nataraja: Clear			Ashtami	
Creative Work	Amrita Yoga		Saptami Until 1:11PM	Moon – Blue		Devaloka Day		
Until 12:23AM Fri				Vaisaka-Chaitra				
Then Routine Work - Marana Yoga								

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Port Louis, Mauritius Sun 22	Sutra 19
Kataka Rasi: 19.52	Tithi 8 – 9	Gulika 7:52AM – 9:17AM	Ashlesha* Until 11:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
		Yama 2:58PM – 4:23PM	Ganda* Until 4:27PM	Muruqa: Clear	<i>Sunset:</i> 5:48PM		Moon 4 - Phase 2	
246134469	Rahu 10:42AM – 12:08PM		Balava Until 11:06PM	Nataraja: Clear			Navami	
Routine Work	Marana Yoga		Ashtami* Until 11:57AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Louis, Mauritius Sun 23 Sutra 20	
Simha Rasi: 3.46	Tithi 9 – 10	Gulika 6:28AM – 7:53AM	Magha* Until 10:06PM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sarvari 5122		Moon 4 - Phase 3	
		Yama 1:32PM – 2:57PM	Vriddhi Until 1:45PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 4 - Phase 3		4th Phase	
		256134469 Rahu 9:18AM – 10:43AM	Taitila Until 8:55PM	Nataraja: Clear					
Creative Work	Amrita Yoga		Navami* Until 10:04AM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 10:06PM				Vaisaka*Chaitra					
Then Creative Work - Siddha Yoga									

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Port Louis, Mauritius Sun 24 Sutra 21	
Simha Rasi: 18.04	Tithi 10 – 11	Gulika 2:57PM – 4:22PM	Purvaphalguni Until 8:08PM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sarvari 5122		Moon 4 - Phase 3	
		Yama 12:07PM – 1:32PM	Dhruva Until 10:34AM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 4 - Phase 3		4th Phase	
		256134469 Rahu 4:22PM – 5:47PM	Vanija Until 6:11PM	Nataraja: Clear					
Creative Work	Siddha Yoga		Dashami Until 7:36AM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 8:08PM				Vaisaka*Chaitra					
Then Creative Work - Amrita Yoga									

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Port Louis, Mauritius Sun 25 Sutra 22	
Kanya Rasi: 2.43	Tithi 12	Gulika 1:32PM – 2:57PM	Uttaraphalguni Until 5:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sarvari 5122		Moon 4 - Phase 3	
Family Home Evening		Yama 10:43AM – 12:07PM	Vyaghata* Until 7:00AM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 3		4th Phase	
		256234469 Rahu 7:53AM – 9:18AM	Bava Until 3:02PM	Nataraja: Clear					
Creative Work	Siddha Yoga		Dvadashi Until 1:20AM Tue	Moon – Red		Devaloka Day			
				Vaisaka*Chaitra					

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Port Louis, Mauritius Sun 26 Sutra 23	
Kanya Rasi: 17.38	Tithi 13	Gulika 12:07PM – 1:32PM	Hasta Until 3:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sarvari 5122		Moon 4 - Phase 3	
		Yama 9:18AM – 10:43AM	Vajra* Until 11:09PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 3		4th Phase	
		267234469 Rahu 2:56PM – 4:21PM	Kaulava Until 11:36AM	Nataraja: Clear					
Creative Work	Siddha Yoga		Trayodashi Until 9:48PM	Moon – Green		Devaloka Day			
				Vaisaka*Chaitra					
				<i>Pradosha Vrata</i>					

5		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Louis, Mauritius Sun 27 Sutra 24	
Tula Rasi: 2.41	Tithi 14	Gulika 10:43AM – 12:07PM	Chitra Until 12:19PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sarvari 5122		Moon 4 - Phase 3	
		Yama 7:54AM – 9:18AM	Siddhi Until 7:06PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 3		4th Phase	
		267234469 Rahu 12:07PM – 1:32PM	Gara Until 8:02AM	Nataraja: Clear					
Creative Work	Siddha Yoga		Chaturdashi* Until 6:14PM	Moon – Green		Devaloka Day			
				Vaisaka*Chaitra					

		Thursday, May 7, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Louis, Mauritius Sutra 25	
Copper Retreat Star		Gulika 9:18AM – 10:43AM	Svati Until 9:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sarvari 5122		Moon 4 - Phase 3	
Tula Rasi: 17.44	Tithi 15 – 16	Yama 6:29AM – 7:54AM	Vyatipata* Until 3:09PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 3		Purnima	
		267234469 Rahu 1:32PM – 2:56PM	Balava Until 1:07AM Fri	Nataraja: Clear					
Creative Work	Amrita Yoga		Purnima* Until 2:45PM	Moon – Green		Devaloka Day			
Until 9:28AM		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra					
Then Creative Work - Siddha Yoga									

Friday, May 8, 2020		Silver Retreat Star				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Port Louis, Mauritius Sutra 26	
Vrischika Rasi: 2.38	Tithi 16 – 17	Gulika 7:54AM – 9:18AM	Vishakha Until 7:08AM	Ganesha: Purple	<i>Sunrise:</i> 6:30AM	Sarvari 5122		Moon 4 - Phase 3	
		Yama 2:56PM – 4:20PM	Variyan Until 11:25AM	Muruqa: Clear	<i>Sunset:</i> 5:44PM	Moon 4 - Phase 3		Prathama	
		277234469 Rahu 10:43AM – 12:07PM	Taitila Until 10:07PM	Nataraja: Clear					
Creative Work	Siddha Yoga		Prathama* Until 11:33AM	Moon – Orange		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Vaisaka*Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda