



Sunday, April 21, 2019
Gold Retreat Star

Vrischika Rasi: 2.28 Tithi 18
274483468
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam ain, Trinidad and Tobago
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Trityayam Titau Sutra 7
Gulika 3:10PM – 4:43PM **Vishakha Until 7:28AM** Ganesha: Blue Sunrise: 5:52AM Vikarin 5121
Yama 12:04PM – 1:37PM Vyatipata* Until 5:59PM Muruga: Yellow Sunset: 6:16PM Moon 4 - Phase 2
Rahu 4:43PM – 6:16PM Vanija Until 2:23PM Nataraja: Purple 1st Phase
Moon – Orange
Devaloka Day
Chaitra*Chaitra

1

Monday, April 22, 2019

Vrischika Rasi: 15.59 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam ain, Trinidad and Tobago
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturtham Titau Sun 1 Sutra 8
Gulika 1:37PM – 3:10PM **Anuradha Until 7:13AM** Ganesha: Blue Sunrise: 5:51AM Vikarin 5121
Yama 10:31AM – 12:04PM Variyan Until 4:23PM Muruga: Yellow Sunset: 6:16PM Moon 4 - Phase 2
Rahu 7:24AM – 8:58AM Bava Until 1:39PM Nataraja: Purple 1st Phase
Moon – Orange
Devaloka Day
Chaturthi* Until 1:33AM Tue Chaitra*Chaitra

2

Tuesday, April 23, 2019

Vrischika Rasi: 29.03 Tithi 20
Routine Work Marana Yoga
Until 7:35AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam ain, Trinidad and Tobago
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 2 Sutra 9
Gulika 12:04PM – 1:37PM **Jyeshtha* Until 7:35AM** Ganesha: Blue Sunrise: 5:51AM Vikarin 5121
Yama 8:57AM – 10:30AM Parigha* Until 3:27PM Muruga: Yellow Sunset: 6:16PM Moon 4 - Phase 2
Rahu 3:10PM – 4:43PM Kaulava Until 1:43PM Nataraja: Purple 1st Phase
Moon – Orange
Devaloka Day
Panchami Until 2:02AM Wed Chaitra*Chaitra

3

Wednesday, April 24, 2019

Dhanus Rasi: 11.43 Tithi 21
284483468
Routine Work Marana Yoga
Until 9:04AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam ain, Trinidad and Tobago
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau Sun 3 Sutra 10
Gulika 10:30AM – 12:03PM **Mula* Until 9:04AM** Ganesha: Yellow Sunrise: 5:50AM Vikarin 5121
Yama 7:24AM – 8:57AM Shiva Until 3:09PM Muruga: Yellow Sunset: 6:17PM Moon 4 - Phase 2
Rahu 12:03PM – 1:37PM Gara Until 2:36PM Nataraja: Purple 1st Phase
Moon – Light Blue
Sivaloka Day
Shashthi* Until 3:18AM Thu Chaitra*Chaitra

4

Thursday, April 25, 2019

Dhanus Rasi: 24.04 Tithi 22
284483469
Creative Work Siddha Yoga
Until 11:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam ain, Trinidad and Tobago
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau Sun 4 Sutra 11
Gulika 8:57AM – 10:30AM **Purvashadha* Until 11:08AM** Ganesha: Yellow Sunrise: 5:50AM Vikarin 5121
Yama 5:50AM – 7:23AM Siddha Until 3:23PM Muruga: Yellow Sunset: 6:17PM Moon 4 - Phase 2
Rahu 1:37PM – 3:10PM Visti* Until 4:12PM Nataraja: Clear 1st Phase
Moon – Light Blue
Devaloka Day
Saptami Until 5:13AM Fri Chaitra*Chaitra

5

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.08 Tithi 23
284583469
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam ain, Trinidad and Tobago
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava Karana Ashtamyam Titau Sun 5 Sutra 12
Gulika 7:23AM – 8:56AM **Uttarashadha Until 1:35PM** Ganesha: Red Sunrise: 5:50AM Vikarin 5121
Yama 3:10PM – 4:43PM Sadhya Until 4:04PM Muruga: Yellow Sunset: 6:17PM Moon 4 - Phase 2
Rahu 10:30AM – 12:03PM Balava Until 6:22PM Nataraja: Clear Ashtami
Moon – Light Blue
Devaloka Day
Ashtami* Until 7:34AM Sat Chaitra*Chaitra

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 18.02 Tithi 23 – 24
294583469
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam ain, Trinidad and Tobago
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 6 Sutra 13
Gulika 5:49AM – 7:23AM **Shravana Until 4:44PM** Ganesha: Green Sunrise: 5:49AM Vikarin 5121
Yama 1:36PM – 3:10PM Subha Until 5:01PM Muruga: Yellow Sunset: 6:17PM Moon 4 - Phase 2
Rahu 8:56AM – 10:30AM Taitila Until 8:51PM Nataraja: Clear Navami
Moon – Purple
Bhuloka Day
Ashtami* Until 7:34AM Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago
		Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 14
Makara Rasi: 29.52	Tithi 24 – 25	Gulika 3:10PM – 4:43PM	Dhanishtha Until 7:48PM	Ganesha: Green Sunrise: 5:49AM Vikarin 5121
		Yama 12:03PM – 1:36PM	Sukla Until 6:01PM	Muruqa: Yellow Sunset: 6:17PM Moon 4 - Phase 3
	294583469	Rahu 4:43PM – 6:17PM	Vanija Until 11:24PM	Nataraja: Clear 2nd Phase
Routine Work	Marana Yoga		Navami* Until 10:06AM	Moon – Purple
Until 7:48PM				Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago
		Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 15
Kumbha Rasi: 11.41	Tithi 25 – 26	Gulika 1:36PM – 3:10PM	Shatabhishak Until 10:34PM	Ganesha: Green Sunrise: 5:48AM Vikarin 5121
Family Home Evening		Yama 10:29AM – 12:03PM	Brahma Until 6:57PM	Muruqa: Yellow Sunset: 6:17PM Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu 7:22AM – 8:56AM	Bava Until 1:46AM Tue	Nataraja: Clear 2nd Phase
Until 10:34PM			Dashami Until 12:36PM	Moon – Purple
Then Routine Work - Marana Yoga				Bhuloka Day
				Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago
		Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 16
Kumbha Rasi: 23.36	Tithi 26 – 27	Gulika 12:03PM – 1:36PM	Purvaprossthapada* Until 1:21AM Wed	Ganesha: Purple Sunrise: 5:48AM Vikarin 5121
		Yama 8:55AM – 10:29AM	Indra Until 7:39PM	Muruqa: Yellow Sunset: 6:17PM Moon 4 - Phase 3
	214583469	Rahu 3:10PM – 4:43PM	Kaulava Until 3:47AM Wed	Nataraja: Clear 2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 2:49PM	Moon – Clear
Until 1:21AM Wed				Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
		Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 17
Meena Rasi: 5.4	Tithi 27 – 28	Gulika 10:29AM – 12:02PM	Uttaraprossthapada Until 3:31AM Thu	Ganesha: Purple Sunrise: 5:48AM Vikarin 5121
		Yama 7:21AM – 8:55AM	Vaidhriti* Until 7:59PM	Muruqa: Yellow Sunset: 6:17PM Moon 4 - Phase 3
	214583469	Rahu 12:02PM – 1:36PM	Gara Until 5:19AM Thu	Nataraja: Clear 2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 4:36PM	Moon – Clear
				Bhuloka Day
				Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago
		Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 18
Meena Rasi: 17.56	Tithi 28 – 29	Gulika 8:55AM – 10:29AM	Revati Until 5:01AM Fri	Ganesha: Light Blue Sunrise: 5:47AM Vikarin 5121
		Yama 5:47AM – 7:21AM	Vishkambha* Until 7:56PM	Muruqa: Yellow Sunset: 6:17PM Moon 4 - Phase 3
	215583469	Rahu 1:36PM – 3:10PM	Visti Until 6:19AM Fri	Nataraja: Clear 2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 5:52PM	Moon – Clear
Until 5:01AM Fri				Bhuloka Day
Then Creative Work - Amrita Yoga				Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago
		Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 19
Mesha Rasi: 0.25	Tithi 29	Gulika 7:21AM – 8:55AM	Ashvini Until 6:18AM Sat	Ganesha: Purple Sunrise: 5:47AM Vikarin 5121
		Yama 3:10PM – 4:44PM	Priti Until 7:28PM	Muruqa: Yellow Sunset: 6:18PM Moon 4 - Phase 3
	225583469	Rahu 10:28AM – 12:02PM	Visti Until 6:19AM	Nataraja: Clear 2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 6:36PM	Moon – White
Until 6:18AM Sat				Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago
		Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 20
Mesha Rasi: 13.1	Tithi 30	Gulika 5:47AM – 7:20AM	Ashvini Until 6:18AM	Ganesha: Purple Sunrise: 5:47AM Vikarin 5121
		Yama 1:36PM – 3:10PM	Ayushman Until 6:34PM	Muruqa: Yellow Sunset: 6:18PM Moon 4 - Phase 3
	225583469	Rahu 8:54AM – 10:28AM	Catuspada Until 6:47AM	Nataraja: Clear Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 6:47PM	Moon – White
				Bhuloka Day
				Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago
		Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 21
Mesha Rasi: 26.09	Tithi 1	Gulika 3:10PM – 4:44PM	Bharani Until 6:55AM	Ganesha: Purple Sunrise: 5:46AM Vikarin 5121
		Yama 12:02PM – 1:36PM	Saubhagya Until 5:18PM	Muruqa: Yellow Sunset: 6:18PM Moon 4 - Phase 3
	225583469	Rahu 4:44PM – 6:18PM	Kintughna Until 6:43AM	Nataraja: Clear Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 6:30PM	Moon – White
Until 6:55AM				Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Balava/Taitila Karana Dviliya/Tritiyayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 22	
	Vrishabha Rasi: 9.22 Family Home Evening Routine Work Marana Yoga Until 6:58AM Then Creative Work - Amrita Yoga	Tithi 2 - 3 225583469	Gulika 1:36PM - 3:10PM Yama 10:28AM - 12:02PM Rahu 7:20AM - 8:54AM	Krittika Until 6:58AM Sobhana Until 3:43PM Balava Until 6:13AM Dvitiya Until 5:49PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon - White Vaisaka-Chaitra	Sunrise: 5:46AM Sunset: 6:18PM

2	Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		ain, Trinidad and Tobago Sun 16 Sutra 23	
	Creative Work Amrita Yoga Until 6:56AM Then Creative Work - Siddha Yoga	Tithi 3 - 4 235583469	Gulika 12:02PM - 1:36PM Yama 8:54AM - 10:28AM Rahu 3:10PM - 4:44PM	Rohini Until 6:56AM Athiganda* Until 1:50PM Vanija Until 4:10AM Wed Tritiya Until 4:46PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon - Yellow Vaisaka-Chaitra	Sunrise: 5:46AM Sunset: 6:18PM

3	Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		ain, Trinidad and Tobago Sun 17 Sutra 24	
	Creative Work Siddha Yoga	Tithi 4 - 5 235583469	Gulika 10:28AM - 12:02PM Yama 7:19AM - 8:54AM Rahu 12:02PM - 1:36PM	Mrigashira Until 6:27AM Sukarma Until 11:44AM Bava Until 2:43AM Thu Chaturthi* Until 3:27PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon - Yellow Vaisaka-Chaitra	Sunrise: 5:45AM Sunset: 6:18PM

4	Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 25	
	Creative Work Amrita Yoga Until 4:48AM Fri Then Routine Work - Marana Yoga	Tithi 5 - 6 245583469	Gulika 8:53AM - 10:28AM Yama 5:45AM - 7:19AM Rahu 1:36PM - 3:10PM	Punarvasu Until 4:48AM Fri Dhriti Until 9:28AM Kaulava Until 1:04AM Fri Panchami Until 1:54PM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sunrise: 5:45AM Sunset: 6:18PM

5	Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 26	
	Routine Work Marana Yoga	Tithi 6 - 7 245583469	Gulika 7:19AM - 8:53AM Yama 3:10PM - 4:44PM Rahu 10:27AM - 12:02PM	Pushya Until 3:40AM Sat Shula* Until 6:59AM Gara Until 11:13PM Shashthi* Until 12:09PM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sunrise: 5:45AM Sunset: 6:19PM

6	Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 27	
	Routine Work Marana Yoga	Tithi 7 - 8 245583469	Gulika 5:45AM - 7:19AM Yama 1:36PM - 3:10PM Rahu 8:53AM - 10:27AM	Ashlesha* Until 2:14AM Sun Vriddhi Until 1:38AM Sun Visti Until 9:11PM Saptami Until 10:12AM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sunrise: 5:45AM Sunset: 6:19PM

7	Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 28	
	Routine Work Marana Yoga Until 12:55AM Mon Then Creative Work - Siddha Yoga	Tithi 8 - 9 256583469	Gulika 3:10PM - 4:45PM Yama 12:02PM - 1:36PM Rahu 4:45PM - 6:19PM	Magha* Until 12:55AM Mon Dhruva Until 10:44PM Balava Until 7:00PM Ashtami* Until 8:05AM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 5:44AM Sunset: 6:19PM

Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau			ain, Trinidad and Tobago Sun 22 Sutra 29
1		Gulika 1:36PM – 3:10PM	Purvaphalguni Until 11:22PM	Ganesha: White <i>Sunrise:</i> 5:44AM	Vikarin 5121
Simha Rasi: 16.2	Tithi 10	Yama 10:27AM – 12:02PM	Vyaghata* Until 7:46PM	Muruqa: Yellow <i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
Family Home Evening	256583469	Rahu 7:18AM – 8:53AM	Taitila Until 4:41PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:29AM Tue	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau			ain, Trinidad and Tobago Sun 23 Sutra 30
2		Gulika 12:02PM – 1:36PM	Uttaraphalguni Until 9:37PM	Ganesha: White <i>Sunrise:</i> 5:44AM	Vikarin 5121
Kanya Rasi: 1	Tithi 11	Yama 8:53AM – 10:27AM	Harshana Until 4:45PM	Muruqa: Yellow <i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
	256583469	Rahu 3:11PM – 4:45PM	Vanija Until 2:19PM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 1:06AM Wed	Bhuloka Day	
Until 9:37PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau			ain, Trinidad and Tobago Sun 24 Sutra 31
3		Gulika 10:27AM – 12:02PM	Hasta Until 8:11PM	Ganesha: Yellow <i>Sunrise:</i> 5:44AM	Vikarin 5121
Kanya Rasi: 14.53	Tithi 12	Yama 7:18AM – 8:53AM	Vajra* Until 1:44PM	Muruqa: Yellow <i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
	266583469	Rahu 12:02PM – 1:36PM	Bava Until 11:56AM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Dvadashti Until 10:45PM	Bhuloka Day	
Until 8:11PM				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			ain, Trinidad and Tobago Sun 25 Sutra 32
4		Gulika 8:53AM – 10:27AM	Chitra Until 6:45PM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM	Vikarin 5121
Kanya Rasi: 29.08	Tithi 13	Yama 5:43AM – 7:18AM	Siddhi Until 10:49AM	Muruqa: Yellow <i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
	266583469	Rahu 1:36PM – 3:11PM	Kaulava Until 9:39AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:34PM	Bhuloka Day	
Until 6:45PM				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Vriyan Yoga Gara/Vanija Karana Chaturdashyam Titau			ain, Trinidad and Tobago Sun 26 Sutra 33
5		Gulika 7:18AM – 8:52AM	Svati Until 5:26PM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM	Vikarin 5121
Tula Rasi: 13.15	Tithi 14	Yama 3:11PM – 4:45PM	Vyatipata* Until 8:05AM	Muruqa: Yellow <i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
	266583469	Rahu 10:27AM – 12:02PM	Gara Until 7:35AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:39PM	Bhuloka Day	
				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			ain, Trinidad and Tobago Sun 27 Sutra 34
○	Copper Retreat Star	Gulika 5:43AM – 7:18AM	Vishakha Until 4:48PM	Ganesha: Blue <i>Sunrise:</i> 5:43AM	Vikarin 5121
Tula Rasi: 27.09	Tithi 15 – 16	Yama 1:36PM – 3:11PM	Parigha* Until 3:32AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
	276583469	Rahu 8:52AM – 10:27AM	Balava Until 4:36AM Sun	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:09PM	Bhuloka Day	
				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			ain, Trinidad and Tobago Sun 28 Sutra 35
	Silver Retreat Star	Gulika 3:11PM – 4:46PM	Anuradha Until 4:33PM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM	Vikarin 5121
Vrischika Rasi: 10.46	Tithi 16 – 17	Yama 12:02PM – 1:36PM	Shiva Until 1:56AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
	277583469	Rahu 4:46PM – 6:20PM	Taitila Until 3:56AM Mon	Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Prathama* Until 4:10PM	Bhuloka Day	
				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.03 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago
Sun 1 Sutra 36
Vikarin 5121

Gulika 1:37PM – 3:11PM
Yama 10:27AM – 12:02PM
Rahu 7:18AM – 8:52AM

Jyeshtha* Until 4:47PM
Siddha Until 12:50AM Tue
Vanija Until 3:55AM Tue
Dvitiya Until 3:49PM

Ganesha: Yellow *Sunrise:* 5:43AM
Muruqa: Yellow *Sunset:* 6:21PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 6.59 Tithi 18 – 19
Creative Work Amrita Yoga
Until 5:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago
Sun 2 Sutra 37
Vikarin 5121

Gulika 12:02PM – 1:37PM
Yama 8:52AM – 10:27AM
Rahu 3:11PM – 4:46PM

Mula* Until 5:59PM
Sadhya Until 12:18AM Wed
Bava Until 4:37AM Wed
Tritiya Until 4:10PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: Yellow *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

2

Wednesday, May 22, 2019

Dhanus Rasi: 19.35 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago
Sun 3 Sutra 38
Vikarin 5121

Gulika 10:27AM – 12:02PM
Yama 7:17AM – 8:52AM
Rahu 12:02PM – 1:37PM

Purvashadha* Until 7:43PM
Subha Until 12:19AM Thu
Kaulava Until 5:59AM Thu
Chaturthi* Until 5:12PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: Yellow *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

3

Thursday, May 23, 2019

Makara Rasi: 1.54 Tithi 20
Routine Work Marana Yoga
Until 9:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago
Sun 4 Sutra 39
Vikarin 5121

Gulika 8:52AM – 10:27AM
Yama 5:43AM – 7:17AM
Rahu 1:37PM – 3:12PM

Uttarashadha Until 9:52PM
Sukla Until 12:45AM Fri
Taitila Until 6:51PM
Panchami Until 6:51PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: Yellow *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

4

Friday, May 24, 2019

Makara Rasi: 13.59 Tithi 21
Routine Work Marana Yoga
Until 12:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago
Sun 5 Sutra 40
Vikarin 5121

Gulika 7:17AM – 8:52AM
Yama 3:12PM – 4:47PM
Rahu 10:27AM – 12:02PM

Shravana Until 12:47AM Sat
Brahma Until 1:31AM Sat
Gara Until 7:54AM
Shashthi* Until 8:59PM

Ganesha: Green *Sunrise:* 5:42AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 25.55 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

ain, Trinidad and Tobago
Sun 6 Sutra 41
Vikarin 5121

Gulika 5:42AM – 7:17AM
Yama 1:37PM – 3:12PM
Rahu 8:52AM – 10:27AM

Dhanishtha Until 3:44AM Sun
Indra Until 2:29AM Sun
Visti Until 10:11AM
Saptami Until 11:22PM

Ganesha: Red *Sunrise:* 5:42AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 7.46 Tithi 23
Creative Work Siddha Yoga
Until 6:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago
Sun 7 Sutra 42
Vikarin 5121

Gulika 3:12PM – 4:47PM
Yama 12:02PM – 1:37PM
Rahu 4:47PM – 6:22PM

Shatabhishak Until 6:32AM Mon
Vaidhriti* Until 3:25AM Mon
Balava Until 12:37PM
Ashtami* Until 1:47AM Mon

Ganesha: Blue *Sunrise:* 5:42AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 19.38 Tithi 24
Family Home Evening
Creative Work Siddha Yoga
Until 6:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago
Sun 8 Sutra 43
Vikarin 5121

Gulika 1:37PM – 3:12PM
Yama 10:27AM – 12:02PM
Rahu 7:17AM – 8:52AM

Shatabhishak Until 6:32AM
Vishkambha* Until 4:12AM Tue
Taitila Until 2:57PM
Navami* Until 4:00AM Tue

Ganesha: Blue *Sunrise:* 5:42AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau			ain, Trinidad and Tobago Sun 9	Sutra 44
Meena Rasi: 2	Tithi 25	Gulika	12:03PM – 1:38PM	Purvaproshtapada* Until 9:26AM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Vikarin 5121	
		Yama	8:52AM – 10:27AM	Priti Until 4:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 7	
		318683469 Rahu	3:13PM – 4:48PM	Vanija Until 5:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Dashami Until 5:50AM Wed	Moon – Clear		Sivaloka Day	
Until 9:26AM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava Karana Ekadashyam Titau			ain, Trinidad and Tobago Sun 10	Sutra 45
Meena Rasi: 13.43	Tithi 26	Gulika	10:28AM – 12:03PM	Uttaraproshtapada Until 11:45AM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Vikarin 5121	
		Yama	7:17AM – 8:52AM	Ayushman Until 4:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 7	
		318683469 Rahu	12:03PM – 1:38PM	Bava Until 6:34PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 7:07AM Thu	Moon – Clear		Sivaloka Day	
Until 11:45AM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			ain, Trinidad and Tobago Sun 11	Sutra 46
Meena Rasi: 26.04	Tithi 26 – 27	Gulika	8:53AM – 10:28AM	Revati Until 1:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Vikarin 5121	
		Yama	5:42AM – 7:17AM	Saubhagya Until 4:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 7	
		318683469 Rahu	1:38PM – 3:13PM	Kaulava Until 7:33PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 7:07AM	Moon – Clear		Sivaloka Day	
Until 1:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			ain, Trinidad and Tobago Sun 12	Sutra 47
Mesha Rasi: 8.41	Tithi 27 – 28	Gulika	7:17AM – 8:53AM	Ashvini Until 2:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Vikarin 5121	
		Yama	3:13PM – 4:48PM	Sobhana Until 3:30AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7	
		328683469 Rahu	10:28AM – 12:03PM	Gara Until 7:54PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 7:47AM	Moon – White		Devaloka Day	
Until 2:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			ain, Trinidad and Tobago Sun 13	Sutra 48
Mesha Rasi: 21.36	Tithi 28 – 29	Gulika	5:42AM – 7:17AM	Bharani Until 3:14PM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Vikarin 5121	
		Yama	1:38PM – 3:13PM	Athiganda* Until 2:05AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7	
		329683469 Rahu	8:53AM – 10:28AM	Visti Until 7:37PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 7:49AM	Moon – White		Bhuloka Day	
Until 3:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			ain, Trinidad and Tobago Sun 14	Sutra 49
Retreat Star		Gulika	3:14PM – 4:49PM	Krittika Until 3:02PM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Vikarin 5121	
Vrishabha Rasi: 4.5	Tithi 29 – 30	Yama	12:03PM – 1:38PM	Sukarma Until 12:14AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7	
		329683469 Rahu	4:49PM – 6:24PM	Catuspada Until 6:44PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 7:14AM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star			Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau			ain, Trinidad and Tobago Sun 15	Sutra 50
Vrishabha Rasi: 18.23	Tithi 30 – 1	Gulika	1:39PM – 3:14PM	Rohini Until 2:37PM	Ganesha: Green	<i>Sunrise:</i> 5:42AM	Vikarin 5121		
Family Home Evening		Yama	10:28AM – 12:03PM	Dhriti Until 10:01PM	Muruqa: Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7		
		339683469 Rahu	7:18AM – 8:53AM	Bava Until 4:30AM Tue	Nataraja: Clear		Prathama		
Creative Work	Amrita Yoga			Amavasya* Until 6:05AM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau	ain, Trinidad and Tobago Sun 16 Sutra 51
Mithuna Rasi: 2.12	Tithi 2	Gulika 12:04PM – 1:39PM	Mrigashira Until 1:39PM	Ganesha: Green <i>Sunrise:</i> 5:42AM	Vikarin 5121
		Yama 8:53AM – 10:28AM	Shula* Until 7:28PM	Muruqa: Yellow <i>Sunset:</i> 6:25PM	Moon 5 - Phase 8
339683469	Rahu 3:14PM – 4:49PM		Balava Until 3:35PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 2:34AM Wed	Moon – Yellow	Bhuloka Day
Until 1:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhih Yoga Taitila/Gara Karana Tritiyayam Titau	ain, Trinidad and Tobago Sun 17 Sutra 52
Mithuna Rasi: 16.14	Tithi 3	Gulika 10:28AM – 12:04PM	Ardra Until 12:14PM	Ganesha: Green <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 7:18AM – 8:53AM	Ganda* Until 4:42PM	Muruqa: Yellow <i>Sunset:</i> 6:25PM	Moon 5 - Phase 8
339683461	Rahu 12:04PM – 1:39PM		Taitila Until 1:31PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:23AM Thu	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhih/Dhruva Yoga Vanija/Vistil* Karana Chaturthyam Titau	ain, Trinidad and Tobago Sun 18 Sutra 53
Kataka Rasi: 0.25	Tithi 4	Gulika 8:53AM – 10:29AM	Punarvasu Until 10:55AM	Ganesha: White <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 5:43AM – 7:18AM	Vridhih Until 1:48PM	Muruqa: Yellow <i>Sunset:</i> 6:25PM	Moon 5 - Phase 8
349683461	Rahu 1:39PM – 3:15PM		Vanija Until 11:15AM	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:04PM	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	ain, Trinidad and Tobago Sun 19 Sutra 54
Kataka Rasi: 14.4	Tithi 5	Gulika 7:18AM – 8:53AM	Pushya Until 9:21AM	Ganesha: White <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 3:15PM – 4:50PM	Dhruva Until 10:49AM	Muruqa: Yellow <i>Sunset:</i> 6:25PM	Moon 5 - Phase 8
349683461	Rahu 10:29AM – 12:04PM		Bava Until 8:54AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Panchami Until 7:42PM	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau	ain, Trinidad and Tobago Sun 20 Sutra 55
Kataka Rasi: 28.56	Tithi 6 – 7	Gulika 5:43AM – 7:18AM	Ashlesha* Until 7:38AM	Ganesha: White <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 1:40PM – 3:15PM	Vyaghata* Until 7:50AM	Muruqa: Yellow <i>Sunset:</i> 6:26PM	Moon 5 - Phase 8
349683461	Rahu 8:54AM – 10:29AM		Kaulava Until 6:32AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 5:20PM	Moon – Blue	Bhuloka Day
Until 7:38AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau	ain, Trinidad and Tobago Sun 21 Sutra 56
Simha Rasi: 13.11	Tithi 7 – 8	Gulika 3:15PM – 4:51PM	Magha* Until 6:14AM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 12:04PM – 1:40PM	Vajra* Until 2:00AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:26PM	Moon 5 - Phase 8
351683461	Rahu 4:51PM – 6:26PM		Vistil Until 1:58AM Mon	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Saptami Until 3:03PM	Moon – Red	Devaloka Day
Until 6:14AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhih Yoga Bava/Balava Karana Ashtami/Navamyam Titau	ain, Trinidad and Tobago Sun 22 Sutra 57
Simha Rasi: 27.22	Tithi 8 – 9	Gulika 1:40PM – 3:15PM	Uttaraphalguni Until 3:21AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:43AM	Vikarin 5121
Family Home Evening		Yama 10:29AM – 12:05PM	Siddhih Until 11:14PM	Muruqa: Yellow <i>Sunset:</i> 6:26PM	Moon 5 - Phase 8
351683461	Rahu 7:18AM – 8:54AM		Balava Until 11:51PM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	ain, Trinidad and Tobago Sun 23 Sutra 58
Kanya Rasi: 11.28	Tithi 9 – 10	Gulika 12:05PM – 1:40PM	Hasta Until 2:21AM Wed	Ganesha: White <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 8:54AM – 10:29AM	Vyatipata* Until 8:36PM	Muruqa: Yellow <i>Sunset:</i> 6:27PM	Moon 5 - Phase 8
361683461	Rahu 3:16PM – 4:51PM		Taitila Until 9:53PM	Nataraja: Yellow	Navami
Creative Work	Siddha Yoga		Navami* Until 10:49AM	Moon – Green	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
			Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 59
Kanya Rasi: 25.26	Tithi 10 – 11		Gulika 10:30AM – 12:05PM	Chitra Until 1:25AM Thu	Ganesha: White Sunrise: 5:43AM Vikarin 5121
			Yama 7:19AM – 8:54AM	Variyan Until 6:07PM	Muruqa: Yellow Sunset: 6:27PM Moon 5 - Phase 9
		361683461	Rahu 12:05PM – 1:40PM	Vanija Until 8:08PM	Nataraja: Yellow 4th Phase
Creative Work	Siddha Yoga			Dashami Until 8:58AM	Bhuloka Day
Until 1:25AM Thu					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago
			Svati Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 60
Tula Rasi: 9.17	Tithi 11 – 12		Gulika 8:54AM – 10:30AM	Svati Until 12:37AM Fri	Ganesha: White Sunrise: 5:43AM Vikarin 5121
			Yama 5:43AM – 7:19AM	Parigha* Until 3:51PM	Muruqa: Yellow Sunset: 6:27PM Moon 5 - Phase 9
		361683461	Rahu 1:41PM – 3:16PM	Bava Until 6:39PM	Nataraja: Yellow 4th Phase
Creative Work	Amrita Yoga			Ekadashi Until 7:20AM	Bhuloka Day
Until 12:37AM Fri					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago
			Vishakha Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 61
Tula Rasi: 22.57	Tithi 12 – 13		Gulika 7:19AM – 8:55AM	Vishakha Until 12:27AM Sat	Ganesha: Clear Sunrise: 5:44AM Vikarin 5121
			Yama 3:16PM – 4:52PM	Shiva Until 1:52PM	Muruqa: Blue Sunset: 6:27PM Moon 5 - Phase 9
		371693461	Rahu 10:30AM – 12:05PM	Taitila Until 5:01AM Sat	Nataraja: Yellow 4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 6:00AM	Sivaloka Day
			Vaikasi Visakam		Jyeshtha-Vaikasi
					<i>Pradosha Vrata</i>

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago
			Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 62
Vrischika Rasi: 6.25	Tithi 14		Gulika 5:44AM – 7:19AM	Anuradha Until 12:33AM Sun	Ganesha: White Sunrise: 5:44AM Vikarin 5121
			Yama 1:41PM – 3:17PM	Siddha Until 12:09PM	Muruqa: Blue Sunset: 6:28PM Moon 5 - Phase 9
		371793461	Rahu 8:55AM – 10:30AM	Gara Until 4:43PM	Nataraja: Yellow 4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 4:29AM Sun	Subha Sivaloka Day
Until 12:33AM Sun					Jyeshtha-Ani
Then Routine Work - Marana Yoga					

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago
			Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Purnimayam Titau		Sutra 63
Copper Retreat Star			Gulika 3:17PM – 4:52PM	Jyeshtha* Until 12:59AM Mon	Ganesha: White Sunrise: 5:44AM Vikarin 5121
Vrischika Rasi: 19.38	Tithi 15		Yama 12:06PM – 1:41PM	Sadhya Until 10:49AM	Muruqa: Blue Sunset: 6:28PM Moon 5 - Phase 9
		371793461	Rahu 4:52PM – 6:28PM	Visti Until 4:25PM	Nataraja: Yellow Purnima
Routine Work	Marana Yoga			Purnima* Until 4:27AM Mon	Subha Sivaloka Day
Until 12:59AM Mon			Father's Day		Jyeshtha-Ani
Then Creative Work - Siddha Yoga					

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago
			Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 64
Dhanus Rasi: 2.35	Tithi 16		Gulika 1:42PM – 3:17PM	Mula* Until 2:16AM Tue	Ganesha: Clear Sunrise: 5:44AM Vikarin 5121
Family Home Evening			Yama 10:31AM – 12:06PM	Subha Until 9:55AM	Muruqa: Blue Sunset: 6:28PM Moon 5 - Phase 9
		381793461	Rahu 7:20AM – 8:55AM	Balava Until 4:39PM	Nataraja: Yellow Prathama
Creative Work	Siddha Yoga			Prathama* Until 4:58AM Tue	Sivaloka Day
					Jyeshtha-Ani

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

ain, Trinidad and Tobago
Sutra 65

Dhanus Rasi: 15.16 Tithi 17

381793461

Gulika 12:06PM – 1:42PM
Yama 8:55AM – 10:31AM
Rahu 3:17PM – 4:53PM

Purvashadha* Until 3:57AM Wed
Sukla Until 9:26AM
Tailila Until 5:28PM
Dvitiya Until 6:03AM Wed

Ganesha: Clear *Sunrise: 5:44AM*
Muruqa: Blue *Sunset: 6:28PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 3:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago
Sun 1 Sutra 66

Dhanus Rasi: 27.42 Tithi 17 – 18

382793461

Gulika 10:31AM – 12:07PM
Yama 7:20AM – 8:56AM
Rahu 12:07PM – 1:42PM

Uttarashadha Until 6:00AM Thu
Brahma Until 9:24AM
Vanija Until 6:49PM
Dvitiya Until 6:03AM

Ganesha: Purple *Sunrise: 5:45AM*
Muruqa: Blue *Sunset: 6:29PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 6:00AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago
Sun 2 Sutra 67

Makara Rasi: 9.55 Tithi 18 – 19

382793461

Gulika 8:56AM – 10:31AM
Yama 5:45AM – 7:20AM
Rahu 1:42PM – 3:18PM

Uttarashadha Until 6:00AM
Indra Until 9:47AM
Bava Until 8:40PM
Tritiya Until 7:40AM

Ganesha: Purple *Sunrise: 5:45AM*
Muruqa: Blue *Sunset: 6:29PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 6:00AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago
Sun 3 Sutra 68

Makara Rasi: 21.56 Tithi 19 – 20

392793461

Gulika 7:20AM – 8:56AM
Yama 3:18PM – 4:53PM
Rahu 10:31AM – 12:07PM

Shravana Until 8:46AM
Vaidhriti* Until 10:27AM
Kaulava Until 10:51PM
Chaturthi* Until 9:42AM

Ganesha: Clear *Sunrise: 5:45AM*
Muruqa: Blue *Sunset: 6:29PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 8:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago
Sun 4 Sutra 69

Kumbha Rasi: 3.52 Tithi 20 – 21

392793461

Gulika 5:45AM – 7:21AM
Yama 1:43PM – 3:18PM
Rahu 8:56AM – 10:32AM

Dhanishtha Until 11:39AM
Vishkambha* Until 11:21AM
Gara Until 1:13AM Sun
Panchami Until 12:00PM

Ganesha: Clear *Sunrise: 5:45AM*
Muruqa: Blue *Sunset: 6:29PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 11:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthpada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago
Sun 5 Sutra 70

Kumbha Rasi: 15.44 Tithi 21 – 22

392793461

Gulika 3:18PM – 4:54PM
Yama 12:07PM – 1:43PM
Rahu 4:54PM – 6:29PM

Shatabhishak Until 2:27PM
Priti Until 12:20PM
Visti Until 3:35AM Mon
Shashthi* Until 2:24PM

Ganesha: Clear *Sunrise: 5:45AM*
Muruqa: Blue *Sunset: 6:29PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 2:27PM
Then Creative Work - Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

ain, Trinidad and Tobago
Sun 6 Sutra 71

Kumbha Rasi: 27.37 Tithi 22 – 23

312793461

Gulika 1:43PM – 3:19PM
Yama 10:32AM – 12:08PM
Rahu 7:21AM – 8:57AM

Purvaprosarthpada* Until 5:29PM
Ayushman Until 1:12PM
Balava Until 5:45AM Tue
Saptami Until 4:41PM

Ganesha: Yellow *Sunrise: 5:46AM*
Muruqa: Blue *Sunset: 6:30PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 5:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthpada Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago
Sun 7 Sutra 72

Meena Rasi: 9.35 Tithi 23

312793461

Gulika 12:08PM – 1:43PM
Yama 8:57AM – 10:32AM
Rahu 3:19PM – 4:54PM

Uttaraprosarthpada Until 8:03PM
Saubhagya Until 1:53PM
Kaulava Until 6:40PM
Ashtami* Until 6:40PM

Ganesha: Yellow *Sunrise: 5:46AM*
Muruqa: Blue *Sunset: 6:30PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 8:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago
Sun 8 Sutra 73

Meena Rasi: 21.43 Tithi 24

312793461

Gulika 10:33AM – 12:08PM
Yama 7:22AM – 8:57AM
Rahu 12:08PM – 1:43PM


Revati Until 9:59PM
Sobhana Until 2:14PM
Tailila Until 7:31AM
Navami* Until 8:10PM

Ganesha: Yellow *Sunrise: 5:46AM*
Muruqa: Blue *Sunset: 6:30PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 8:10PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau			ain, Trinidad and Tobago Sun 9 Sutra 74
Mesha Rasi: 4.04	Tithi 25	Gulika 8:57AM – 10:33AM	Ashvini Until 11:38PM	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	Vikarin 5121	
		Yama 5:46AM – 7:22AM	Athiganda* Until 2:06PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 11	
	322793461	Rahu 1:44PM – 3:19PM	Vanija Until 8:43AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 9:04PM	Moon – White		Devaloka Day	
Until 11:38PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau			ain, Trinidad and Tobago Sun 10 Sutra 75
Mesha Rasi: 16.43	Tithi 26	Gulika 7:22AM – 8:58AM	Bharani Until 12:26AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Vikarin 5121	
		Yama 3:19PM – 4:55PM	Sukarma Until 1:27PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 11	
	322793461	Rahu 10:33AM – 12:08PM	Bava Until 9:16AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 9:15PM	Moon – White		Devaloka Day	
Until 12:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			ain, Trinidad and Tobago Sun 11 Sutra 76
Mesha Rasi: 29.42	Tithi 27	Gulika 5:47AM – 7:22AM	Krittika Until 12:22AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Vikarin 5121	
		Yama 1:44PM – 3:20PM	Dhriti Until 12:14PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 11	
	322793461	Rahu 8:58AM – 10:33AM	Kaulava Until 9:06AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 8:43PM	Moon – White		Devaloka Day	
Until 12:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			ain, Trinidad and Tobago Sun 12 Sutra 77
Vrishabha Rasi: 13.04	Tithi 28	Gulika 3:20PM – 4:55PM	Rohini Until 11:56PM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Vikarin 5121	
		Yama 12:09PM – 1:44PM	Shula* Until 10:25AM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11	
	322793461	Rahu 4:55PM – 6:31PM	Gara Until 8:12AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 7:29PM	Moon – Yellow		Devaloka Day	
Until 10:46PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			ain, Trinidad and Tobago Sun 13 Sutra 78
Vrishabha Rasi: 26.5	Tithi 29 – 30	Gulika 1:44PM – 3:20PM	Mrigashira Until 10:46PM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Vikarin 5121	
Family Home Evening		Yama 10:34AM – 12:09PM	Ganda* Until 8:06AM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11	
	332793461	Rahu 7:23AM – 8:58AM	Visti* Until 6:39AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 5:39PM	Moon – Yellow		Devaloka Day	
Until 10:46PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			ain, Trinidad and Tobago Sun 14 Sutra 79
Mithuna Rasi: 10.57	Tithi 30 – 1	Gulika 12:09PM – 1:45PM	Ardra Until 8:59PM	Ganesha: Red	<i>Sunrise:</i> 5:48AM	Vikarin 5121	
		Yama 8:58AM – 10:34AM	Dhruva Until 2:12AM Wed	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11	
	333793461	Rahu 3:20PM – 4:55PM	Kintughna Until 2:00AM Wed	Nataraja: Yellow		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 3:18PM	Moon – Yellow		Sivaloka Day	
Until 8:59PM		Total Solar Eclipse		Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
Retreat Star							
Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			ain, Trinidad and Tobago Sun 15 Sutra 80		
Mithuna Rasi: 25.21	Tithi 1 – 2	Gulika 10:34AM – 12:09PM	Punarvasu Until 7:08PM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	Vikarin 5121	
		Yama 7:23AM – 8:59AM	Vyaghata* Until 10:49PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11	
	343793461	Rahu 12:09PM – 1:45PM	Balava Until 11:10PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:36PM	Moon – Blue		Sivaloka Day	
Until 10:46PM				Ashada-Ani			
Then Creative Work - Siddha Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		ain, Trinidad and Tobago Sun 16 Sutra 81	
Kataka Rasi: 9.57	Tithi 2 – 3	Gulika 8:59AM – 10:34AM	Pushya Until 4:58PM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	Vikarin 5121	
		Yama 5:48AM – 7:23AM	Harshana Until 7:19PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		343793461 Rahu 1:45PM – 3:20PM	Taitila Until 8:10PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 9:39AM	Moon – Blue		Sivaloka Day	
Until 4:58PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Gara/Visti* Karana Tritiya/Chaturthiyam Titau		ain, Trinidad and Tobago Sun 17 Sutra 82	
Kataka Rasi: 24.38	Tithi 3 – 4	Gulika 7:24AM – 8:59AM	Ashlesha* Until 2:37PM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	Vikarin 5121	
		Yama 3:20PM – 4:56PM	Vajra* Until 3:45PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		343793461 Rahu 10:34AM – 12:10PM	Visti Until 3:37AM Sat	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 6:37AM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 83	
Simha Rasi: 9.18	Tithi 5	Gulika 5:49AM – 7:24AM	Magha* Until 12:37PM	Ganesha: White	<i>Sunrise:</i> 5:49AM	Vikarin 5121	
		Yama 1:45PM – 3:21PM	Siddhi Until 12:17PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		353793461 Rahu 8:59AM – 10:35AM	Bava Until 2:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 12:46AM Sun	Moon – Red		Subha Sivaloka Day	
Until 12:37PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 84	
Simha Rasi: 23.5	Tithi 6	Gulika 3:21PM – 4:56PM	Purvaphalguni Until 10:40AM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM	Vikarin 5121	
		Yama 12:10PM – 1:45PM	Vyatipata* Until 8:59AM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		453793461 Rahu 4:56PM – 6:31PM	Kaulava Until 11:27AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 10:10PM	Moon – Red		Sivaloka Day	
Until 10:40AM		Chidambaram Abhishekam		Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 85	
Kanya Rasi: 8.12	Tithi 7	Gulika 1:46PM – 3:21PM	Uttaraphalguni Until 8:52AM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM	Vikarin 5121	
Family Home Evening		Yama 10:35AM – 12:10PM	Parigha* Until 3:06AM Tue	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		453793461 Rahu 7:24AM – 9:00AM	Gara Until 9:00AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 7:53PM	Moon – Red		Sivaloka Day	
				Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 86	
Kanya Rasi: 22.19	Tithi 8	Gulika 12:10PM – 1:46PM	Hasta Until 7:43AM	Ganesha: White	<i>Sunrise:</i> 5:49AM	Vikarin 5121	
		Yama 9:00AM – 10:35AM	Shiva Until 12:39AM Wed	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		463793461 Rahu 3:21PM – 4:56PM	Visti Until 6:54AM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 6:00PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 87	
Tula Rasi: 6.11	Tithi 9 – 10	Gulika 10:35AM – 12:11PM	Chitra Until 6:50AM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	Vikarin 5121	
		Yama 7:25AM – 9:00AM	Siddha Until 10:32PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		463893461 Rahu 12:11PM – 1:46PM	Taitila Until 4:00AM Thu	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 4:32PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				ain, Trinidad and Tobago Sun 23 Sutra 88
	Tula Rasi: 19.46	Tithi 10 – 11	Gulika 9:00AM – 10:35AM	Svati Until 6:15AM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	Vikarin 5121
			Yama 5:50AM – 7:25AM	Sadhya Until 8:48PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 13
	463893461	Rahu 1:46PM – 3:21PM		Vanija Until 3:13AM Fri	Nataraja: Yellow		4th Phase
Creative Work Amrita Yoga		Dashami Until 3:32PM		Ashada•Ani		Sivaloka Day	
Until 6:15AM							
Then Creative Work - Siddha Yoga							

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago Sun 24 Sutra 89
	Vischika Rasi: 3.05	Tithi 11 – 12	Gulika 7:25AM – 9:00AM	Vishakha Until 6:25AM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Vikarin 5121
			Yama 3:21PM – 4:56PM	Subha Until 7:28PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 13
	473893461	Rahu 10:36AM – 12:11PM		Bava Until 2:56AM Sat	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga		Ekadashi Until 3:00PM		Ashada•Ani		Devaloka Day	

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago Sun 25 Sutra 90
	Vischika Rasi: 16.1	Tithi 12 – 13	Gulika 5:50AM – 7:26AM	Anuradha Until 6:54AM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Vikarin 5121
			Yama 1:46PM – 3:21PM	Sukla Until 6:29PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 13
	473893461	Rahu 9:01AM – 10:36AM		Kaulava Until 3:07AM Sun	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga		Dvadashi Until 2:56PM		Ashada•Ani		Devaloka Day	

Pradosha Vrata

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				ain, Trinidad and Tobago Sun 26 Sutra 91
	Vischika Rasi: 29	Tithi 13 – 14	Gulika 3:21PM – 4:56PM	Jyeshtha* Until 7:43AM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Vikarin 5121
			Yama 12:11PM – 1:46PM	Brahma Until 5:53PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 13
	473893461	Rahu 4:56PM – 6:31PM		Gara Until 3:47AM Mon	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga		Trayodashi Until 3:22PM		Ashada•Ani		Devaloka Day	
Until 7:43AM							
Then Creative Work - Amrita Yoga							

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau				ain, Trinidad and Tobago Sun 27 Sutra 92
	Dhanus Rasi: 11.37	Tithi 14 – 15	Gulika 1:46PM – 3:21PM	Mula* Until 9:18AM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Vikarin 5121
			Yama 10:36AM – 12:11PM	Indra Until 5:41PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 13
	483893461	Rahu 7:26AM – 9:01AM		Visti Until 4:54AM Tue	Nataraja: Yellow		4th Phase
Family Home Evening		Chaturdashi* Until 4:16PM		Ashada•Ani		Sivaloka Day	
Creative Work Siddha Yoga							
Until 9:18AM							
Then Routine Work - Marana Yoga							

○	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				ain, Trinidad and Tobago Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:11PM – 1:46PM	Purvashadha* Until 11:10AM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Vikarin 5121
	Dhanus Rasi: 24.01	Tithi 15 – 16	Yama 9:01AM – 10:36AM	Vaidhriti* Until 5:48PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 13
	483893461	Rahu 3:21PM – 4:56PM		Balava Until 6:28AM Wed	Nataraja: Yellow		Purnima
Creative Work Siddha Yoga		Purnima* Until 5:37PM		Ashada•Adi		Sivaloka Day	
Until 11:10AM							
Then Routine Work - Prabalarishta Yoga							
		Partial Lunar Eclipse Satguru Purnima					

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				ain, Trinidad and Tobago Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:36AM – 12:11PM	Uttarashadha Until 1:18PM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM	Vikarin 5121
	Makara Rasi: 6.13	Tithi 16	Yama 7:26AM – 9:01AM	Vishkambha* Until 6:14PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 13
	484893462	Rahu 12:11PM – 1:46PM		Balava Until 6:28AM	Nataraja: White		Prathama
Creative Work Amrita Yoga		Prathama* Until 7:23PM		Ashada•Adi		Subha Subha Sivaloka Day	
Until 1:18PM							
Then Creative Work - Siddha Yoga							



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.17 Tithi 17
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 9:01AM – 10:36AM
Yama 5:52AM – 7:27AM
Rahu 1:46PM – 3:21PM
Shravana Until 4:05PM
Priti Until 6:57PM
Taitila Until 8:24AM
Dvitiya Until 9:28PM

ain, Trinidad and Tobago
Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Subha Sivaloka Day
Ganesha: Clear Sunrise: 5:52AM
Muruga: Blue Sunset: 6:31PM
Nataraja: White
Moon – Purple
Ashada-Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.14 Tithi 18
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visiti* Karana Tritiyayam Titau
Gulika 7:27AM – 9:02AM
Yama 3:21PM – 4:56PM
Rahu 10:37AM – 12:11PM
Dhanishtha Until 6:57PM
Ayushman Until 7:49PM
Vanija Until 10:37AM
Tritiya Until 11:47PM

ain, Trinidad and Tobago
Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Subha Sivaloka Day
Ganesha: Clear Sunrise: 5:52AM
Muruga: Blue Sunset: 6:31PM
Nataraja: White
Moon – Purple
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.07 Tithi 19
494893462 Rahu
Creative Work Amrita Yoga
Until 9:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 5:52AM – 7:27AM
Yama 1:46PM – 3:21PM
Rahu 9:02AM – 10:37AM
Shatabhishak Until 9:45PM
Saubhagya Until 8:48PM
Bava Until 1:00PM
Chaturthi* Until 2:12AM Sun

ain, Trinidad and Tobago
Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Subha Sivaloka Day
Ganesha: Clear Sunrise: 5:52AM
Muruga: Blue Sunset: 6:31PM
Nataraja: White
Moon – Purple
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 23.59 Tithi 20
414893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:21PM – 4:56PM
Yama 12:12PM – 1:46PM
Rahu 4:56PM – 6:31PM
Purvaproshtapada* Until 12:53AM Mo
Sobhana Until 9:46PM
Kaulava Until 3:25PM
Panchami Until 4:34AM Mon

ain, Trinidad and Tobago
Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Subha Sivaloka Day
Ganesha: Clear Sunrise: 5:52AM
Muruga: Blue Sunset: 6:31PM
Nataraja: White
Moon – Clear
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 5.52 Tithi 21
414893462 Rahu
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 1:46PM – 3:21PM
Yama 10:37AM – 12:12PM
Rahu 7:27AM – 9:02AM
Uttaraproshtapada Until 3:40AM Tue
Athiganda* Until 10:35PM
Gara Until 5:42PM
Shashthi* Until 6:44AM Tue

ain, Trinidad and Tobago
Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Subha Sivaloka Day
Ganesha: Clear Sunrise: 5:52AM
Muruga: Blue Sunset: 6:31PM
Nataraja: White
Moon – Clear
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 17.49 Tithi 21 – 22
414893462 Rahu
Creative Work Siddha Yoga
Until 5:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau
Gulika 12:12PM – 1:46PM
Yama 9:02AM – 10:37AM
Rahu 3:21PM – 4:56PM
Revati Until 5:57AM Wed
Sukarma Until 11:11PM
Visiti Until 7:42PM
Shashthi* Until 6:44AM

ain, Trinidad and Tobago
Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Subha Sivaloka Day
Ganesha: Clear Sunrise: 5:53AM
Muruga: Blue Sunset: 6:31PM
Nataraja: White
Moon – Clear
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Meena Rasi: 29.56 Tithi 22 – 23
414893462 Rahu
Routine Work Marana Yoga
Until 8:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:37AM – 12:12PM
Yama 7:28AM – 9:02AM
Rahu 12:12PM – 1:46PM
Ashvini Until 8:04AM Thu
Dhriti Until 11:26PM
Balava Until 9:16PM
Saptami Until 8:32AM

ain, Trinidad and Tobago
Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Subha Sivaloka Day
Ganesha: Clear Sunrise: 5:53AM
Muruga: Blue Sunset: 6:30PM
Nataraja: White
Moon – Clear
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.14 Tithi 23 – 24
424893462 Rahu
Creative Work Amrita Yoga
Until 8:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 9:02AM – 10:37AM
Yama 5:53AM – 7:28AM
Rahu 1:46PM – 3:21PM
Ashvini Until 8:04AM
Shula* Until 11:10PM
Taitila Until 10:13PM
Ashtami* Until 9:48AM

ain, Trinidad and Tobago
Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Subha Subha Sivaloka Day
Ganesha: White Sunrise: 5:53AM
Muruga: Blue Sunset: 6:30PM
Nataraja: White
Moon – White
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago	
Mesha Rasi: 24.51		Tithi 24 – 25		Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 103	
424893462		Gulika 7:28AM – 9:02AM	Bharani Until 9:23AM	Ganesha: White	<i>Sunrise:</i> 5:53AM	Vikarin 5121	
Creative Work		Yama 3:21PM – 4:55PM	Ganda* Until 10:22PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 15	
Siddha Yoga		Rahu 10:37AM – 12:12PM	Vanija Until 10:27PM	Nataraja: White	Moon – White		
			Navami* Until 10:25AM	Subha Subha Sivaloka Day			
				Ashada*Adi			

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago	
Vrishabha Rasi: 7.49		Tithi 25 – 26		Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 104	
424893462		Gulika 5:53AM – 7:28AM	Krittika Until 9:49AM	Ganesha: White	<i>Sunrise:</i> 5:53AM	Vikarin 5121	
Creative Work		Yama 1:46PM – 3:21PM	Vriddhi Until 8:57PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 15	
Amrita Yoga		Rahu 9:03AM – 10:37AM	Bava Until 9:55PM	Nataraja: White	Moon – White		
			Dashami Until 10:16AM	Subha Subha Sivaloka Day			
				Ashada*Adi			

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago	
Vrishabha Rasi: 21.11		Tithi 26 – 27		Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 105	
424893462		Gulika 3:21PM – 4:55PM	Rohini Until 9:47AM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
Creative Work		Yama 12:12PM – 1:46PM	Dhruva Until 6:53PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 15	
Siddha Yoga		Rahu 4:55PM – 6:30PM	Kaulava Until 8:36PM	Nataraja: White	Moon – Yellow		
			Ekadashi* Until 9:20AM	Subha Sivaloka Day			
				Ashada*Adi			

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago	
Mithuna Rasi: 4.59		Tithi 27 – 28		Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 106	
435893462		Gulika 1:46PM – 3:21PM	Mrigashira Until 8:51AM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
Family Home Evening		Yama 10:37AM – 12:12PM	Vyaghata* Until 4:14PM	Muruqa: Blue	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 15	
Creative Work		Rahu 7:28AM – 9:03AM	Gara Until 6:35PM	Nataraja: White	Moon – Yellow		
Amrita Yoga			Dvadashi* Until 7:39AM	Sivaloka Day			
Until 8:51AM				Ashada*Adi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago	
Mithuna Rasi: 19.14		Tithi 29		Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 107	
435893462		Gulika 12:12PM – 1:46PM	Ardra Until 7:07AM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
Routine Work		Yama 9:03AM – 10:37AM	Harshana Until 1:07PM	Muruqa: Blue	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 15	
Marana Yoga		Rahu 3:20PM – 4:55PM	Visti Until 3:57PM	Nataraja: White	Moon – Yellow		
Until 7:07AM			Chaturdashi* Until 2:27AM Wed	Sivaloka Day			
Then Creative Work - Siddha Yoga				Ashada*Adi			

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago	
Retreat Star		Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 108		Vikarin 5121	
Kataka Rasi: 3.5		Tithi 30		Gulika 10:37AM – 12:12PM	Pushya Until 2:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:54AM
445893462		Yama 7:28AM – 9:03AM	Vajra* Until 9:33AM	Muruqa: Blue	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 15	
Creative Work		Rahu 12:12PM – 1:46PM	Catuspada Until 12:52PM	Nataraja: White	Moon – Blue		
Siddha Yoga			Amavasya* Until 11:11PM	Sivaloka Day			
				Ashada*Adi			

Thursday, August 1, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago	
Kataka Rasi: 18.44		Tithi 1		Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 109	
445893462		Gulika 9:03AM – 10:37AM	Ashlesha* Until 11:50PM	Ganesha: Green	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
Creative Work		Yama 5:54AM – 7:29AM	Vyatipata* Until 1:45AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 15	
Siddha Yoga		Rahu 1:46PM – 3:20PM	Kintughna Until 9:28AM	Nataraja: White	Moon – Blue		
Until 11:50PM			Prathama* Until 7:41PM	Sivaloka Day			
Then Creative Work - Amrita Yoga				Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			ain, Trinidad and Tobago Sun 16 Sutra 110
Simha Rasi: 3.46	Tithi 2 – 3	Gulika 7:29AM – 9:03AM Yama 3:20PM – 4:54PM 455893462 Rahu 10:37AM – 12:11PM	Magha* Until 9:13PM Variyan Until 9:43PM Taitila Until 2:22AM Sat Dvitiya Until 4:07PM	Ganesha: White <i>Sunrise:</i> 5:54AM Muruqa: Blue <i>Sunset:</i> 6:28PM Nataraja: White Moon – Red	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 9:13PM Then Creative Work - Siddha Yoga					

2 Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			ain, Trinidad and Tobago Sun 17 Sutra 111
Simha Rasi: 18.49	Tithi 3 – 4	Gulika 5:55AM – 7:29AM Yama 1:46PM – 3:20PM 455893462 Rahu 9:03AM – 10:37AM	Purvaphalguni Until 6:36PM Parigha* Until 5:49PM Vanija Until 10:57PM Tritiya Until 12:37PM	Ganesha: White <i>Sunrise:</i> 5:55AM Muruqa: Blue <i>Sunset:</i> 6:28PM Nataraja: White Moon – Red	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:36PM Then Routine Work - Marana Yoga					

3 Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			ain, Trinidad and Tobago Sun 18 Sutra 112
Kanya Rasi: 3.43	Tithi 4 – 5	Gulika 3:20PM – 4:54PM Yama 12:11PM – 1:45PM 455993462 Rahu 4:54PM – 6:28PM	Uttaraphalguni Until 4:06PM Shiva Until 2:08PM Bava Until 7:51PM Chaturthi* Until 9:20AM	Ganesha: Yellow <i>Sunrise:</i> 5:55AM Muruqa: Blue <i>Sunset:</i> 6:28PM Nataraja: White Moon – Red	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga Nag Panchami					

4 Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shashthyam Titau			ain, Trinidad and Tobago Sun 19 Sutra 113
Kanya Rasi: 18.2	Tithi 5 – 6	Gulika 1:45PM – 3:19PM Yama 10:37AM – 12:11PM 455993462 Rahu 7:29AM – 9:03AM	Hasta Until 2:17PM Siddha Until 10:45AM Taitila Until 4:00AM Tue Panchami Until 6:26AM	Ganesha: White <i>Sunrise:</i> 5:55AM Muruqa: Blue <i>Sunset:</i> 6:27PM Nataraja: White Moon – Green	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Subha Sivaloka Day Sravana*Adi
Family Home Evening Creative Work Siddha Yoga Until 2:17PM Then Routine Work - Prabalarishta Yoga					

5 Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau			ain, Trinidad and Tobago Sun 20 Sutra 114
Tula Rasi: 2.38	Tithi 7	Gulika 12:11PM – 1:45PM Yama 9:03AM – 10:37AM 455993462 Rahu 3:19PM – 4:53PM	Chitra Until 12:52PM Sadhya Until 7:48AM Gara Until 3:02PM Saptami Until 2:10AM Wed	Ganesha: White <i>Sunrise:</i> 5:55AM Muruqa: Blue <i>Sunset:</i> 6:27PM Nataraja: White Moon – Green	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Subha Sivaloka Day Sravana*Adi
Creative Work Siddha Yoga					

Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			ain, Trinidad and Tobago Sun 21 Sutra 115
Retreat Star		Gulika 10:37AM – 12:11PM Yama 7:29AM – 9:03AM 455993462 Rahu 12:11PM – 1:45PM	Svati Until 11:54AM Sukla Until 3:25AM Thu Visti Until 1:30PM Ashtami* Until 12:59AM Thu	Ganesha: White <i>Sunrise:</i> 5:55AM Muruqa: Blue <i>Sunset:</i> 6:27PM Nataraja: White Moon – Green	Vikarin 5121 Moon 7 - Phase 16 Ashtami Subha Subha Sivaloka Day Sravana*Adi
Tula Rasi: 16.32 Tithi 8 Creative Work Siddha Yoga					

Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau			ain, Trinidad and Tobago Sun 22 Sutra 116
Retreat Star		Gulika 9:03AM – 10:37AM Yama 5:55AM – 7:29AM 476993462 Rahu 1:45PM – 3:19PM	Vishakha Until 11:54AM Brahma Until 2:02AM Fri Balava Until 12:39PM Navami* Until 12:28AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:55AM Muruqa: Blue <i>Sunset:</i> 6:26PM Nataraja: White Moon – Orange	Vikarin 5121 Moon 7 - Phase 16 Navami Sivaloka Day Sravana*Adi
Vrischika Rasi: 0.04 Tithi 9 Creative Work Siddha Yoga					

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	ain, Trinidad and Tobago Sun 23 Sutra 117
Wrischika Rasi: 13.12	Tithi 10	Gulika 7:29AM – 9:03AM	Anuradha Until 12:24PM	Ganesha: Purple <i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 3:18PM – 4:52PM	Indra Until 1:10AM Sat	Muruqa: Blue <i>Sunset:</i> 6:26PM	Moon 7 - Phase 17
476993462	Rahu 10:37AM – 12:11PM		Taitila Until 12:28PM	Nataraja: White	4th Phase
Creative Work Siddha Yoga				Moon – Orange	
Until 12:24PM		Varalakshmi Vratam	Dashami Until 12:36AM Sat	Sravana*Adi	Sivaloka Day
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	ain, Trinidad and Tobago Sun 24 Sutra 118
Wrischika Rasi: 26.01	Tithi 11	Gulika 5:55AM – 7:29AM	Jyeshtha* Until 1:22PM	Ganesha: Purple <i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 1:44PM – 3:18PM	Vaidhriti* Until 12:45AM Sun	Muruqa: Blue <i>Sunset:</i> 6:26PM	Moon 7 - Phase 17
476993462	Rahu 9:03AM – 10:37AM		Vanija Until 12:55PM	Nataraja: White	4th Phase
Creative Work Siddha Yoga				Moon – Orange	
			Ekadashi Until 1:20AM Sun	Sravana*Adi	Sivaloka Day

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	ain, Trinidad and Tobago Sun 25 Sutra 119
Dhanus Rasi: 8.34	Tithi 12	Gulika 3:18PM – 4:52PM	Mula* Until 3:12PM	Ganesha: Clear <i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 12:10PM – 1:44PM	Vishkambha* Until 12:46AM Mon	Muruqa: Blue <i>Sunset:</i> 6:25PM	Moon 7 - Phase 17
486993462	Rahu 4:52PM – 6:25PM		Bava Until 1:56PM	Nataraja: White	4th Phase
Creative Work Amrita Yoga				Moon – Light Blue	
Until 3:12PM			Dvadashi Until 2:36AM Mon	Sravana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	ain, Trinidad and Tobago Sun 26 Sutra 120
Dhanus Rasi: 20.54	Tithi 13	Gulika 1:44PM – 3:18PM	Purvashadha* Until 5:20PM	Ganesha: Clear <i>Sunrise:</i> 5:56AM	Vikarin 5121
		Yama 10:37AM – 12:10PM	Priti Until 1:07AM Tue	Muruqa: Blue <i>Sunset:</i> 6:25PM	Moon 7 - Phase 17
486993462	Rahu 7:29AM – 9:03AM		Kaulava Until 3:25PM	Nataraja: White	4th Phase
Family Home Evening				Moon – Light Blue	
Routine Work Marana Yoga			Trayodashi Until 4:17AM Tue	Sravana*Adi	Subha Sivaloka Day

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	ain, Trinidad and Tobago Sun 27 Sutra 121
Makara Rasi: 3.03	Tithi 14	Gulika 12:10PM – 1:44PM	Uttarashadha Until 7:38PM	Ganesha: Clear <i>Sunrise:</i> 5:56AM	Vikarin 5121
		Yama 9:03AM – 10:36AM	Ayushman Until 1:42AM Wed	Muruqa: Blue <i>Sunset:</i> 6:24PM	Moon 7 - Phase 17
486993462	Rahu 3:17PM – 4:51PM		Gara Until 5:16PM	Nataraja: White	4th Phase
Routine Work Prabalarishta Yoga				Moon – Light Blue	
Until 7:38PM			Chaturdashi* Until 6:18AM Wed	Sravana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	ain, Trinidad and Tobago Sutra 122
Copper Retreat Star		Gulika 10:36AM – 12:10PM	Shravana Until 10:33PM	Ganesha: White <i>Sunrise:</i> 5:56AM	Vikarin 5121
Makara Rasi: 15.05	Tithi 14 – 15	Yama 7:29AM – 9:03AM	Saubhagya Until 2:29AM Thu	Muruqa: Blue <i>Sunset:</i> 6:24PM	Moon 7 - Phase 17
496993462	Rahu 12:10PM – 1:43PM		Visti Until 7:25PM	Nataraja: White	Purnima
Creative Work Siddha Yoga				Moon – Purple	
Until 10:33PM		Raksha Bandhan	Chaturdashi* Until 6:18AM	Sravana*Adi	Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	ain, Trinidad and Tobago Sutra 123
Silver Retreat Star		Gulika 9:03AM – 10:36AM	Dhanishtha Until 1:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	Vikarin 5121
Makara Rasi: 27.01	Tithi 15 – 16	Yama 5:56AM – 7:29AM	Sobhana Until 3:24AM Fri	Muruqa: Blue <i>Sunset:</i> 6:24PM	Moon 7 - Phase 17
497993462	Rahu 1:43PM – 3:17PM		Balava Until 9:44PM	Nataraja: White	Prathama
Creative Work Siddha Yoga				Moon – Purple	
			Purnima* Until 8:32AM	Sravana*Adi	Subha Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 8.54 Tithi 16 – 17

497993462

Creative Work Siddha Yoga

Until 4:16AM Sat

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:29AM – 9:03AM
Yama 3:16PM – 4:50PM
Rahu 10:36AM – 12:09PM

Shatabhishak Until 4:16AM Sat
Athiganda* Until 4:21AM Sat
Taitila Until 12:10AM Sat
Prathama* Until 10:55AM

Ganesha: Yellow *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:23PM
Nataraja: White
Moon – Purple

Sravana-Adi

Subha Sivaloka Day

ain, Trinidad and Tobago
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

1

Saturday, August 17, 2019

Kumbha Rasi: 20.46 Tithi 17 – 18

517993462

Routine Work Marana Yoga

Until 7:25AM Sun

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 5:56AM – 7:29AM
Yama 1:43PM – 3:16PM
Rahu 9:03AM – 10:36AM

Purvaproshtapada* Until 7:25AM Sun
Sukarma Until 5:18AM Sun
Vanija Until 2:35AM Sun
Dvitiya Until 1:21PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:23PM
Nataraja: White
Moon – Clear

Sravana-Avani

Subha Subha Sivaloka Day

ain, Trinidad and Tobago
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

2

Sunday, August 18, 2019

Meena Rasi: 2.37 Tithi 18 – 19

517993462

Creative Work Siddha Yoga

Until 7:25AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttarproshthapada Nakshatra Dhriti* Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:16PM – 4:49PM
Yama 12:09PM – 1:42PM
Rahu 4:49PM – 6:22PM

Purvaproshtapada* Until 7:25AM
Dhriti Until 6:12AM Mon
Bava Until 4:55AM Mon
Tritiya Until 3:45PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:22PM
Nataraja: White
Moon – Clear

Sravana-Avani

Subha Subha Sivaloka Day

ain, Trinidad and Tobago
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

3

Monday, August 19, 2019

Meena Rasi: 14.32 Tithi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarproshthapada/Revati Nakshatra Dhriti/Shula* Yoga Balava Karana Chaturthyam Titau

Gulika 1:42PM – 3:15PM
Yama 10:36AM – 12:09PM
Rahu 7:29AM – 9:02AM

Uttarproshthapada Until 10:16AM
Dhriti Until 6:12AM
Balava Until 6:00PM
Chaturthi* Until 6:00PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:22PM
Nataraja: White
Moon – Clear

Sravana-Avani

Subha Subha Sivaloka Day

ain, Trinidad and Tobago
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

4

Tuesday, August 20, 2019

Meena Rasi: 26.31 Tithi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:09PM – 1:42PM
Yama 9:02AM – 10:35AM
Rahu 3:15PM – 4:48PM

Revati Until 12:46PM
Shula* Until 6:54AM
Kaulava Until 7:03AM
Panchami Until 7:59PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:21PM
Nataraja: White
Moon – Clear

Sravana-Avani

Subha Subha Sivaloka Day

ain, Trinidad and Tobago
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

5

Wednesday, August 21, 2019

Mesha Rasi: 8.37 Tithi 21

528993462

Routine Work Marana Yoga

Until 3:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:35AM – 12:08PM
Yama 7:29AM – 9:02AM
Rahu 12:08PM – 1:41PM

Ashvini Until 3:14PM
Ganda* Until 7:22AM
Gara Until 8:52AM
Shashthi* Until 9:35PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:21PM
Nataraja: White
Moon – White

Sravana-Avani

Sivaloka Day

ain, Trinidad and Tobago
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

6

Thursday, August 22, 2019

Mesha Rasi: 20.55 Tithi 22

528993462

Creative Work Siddha Yoga

Until 5:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:02AM – 10:35AM
Yama 5:56AM – 7:29AM
Rahu 1:41PM – 3:14PM

Bharani Until 5:04PM
Vridhhi Until 7:30AM
Visti Until 10:13AM
Saptami Until 10:39PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:20PM
Nataraja: White
Moon – White

Sravana-Avani

Sivaloka Day

ain, Trinidad and Tobago
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Friday, August 23, 2019

Retreat Star

Vrishabha Rasi: 3.27 Tithi 23

528993462

Creative Work Siddha Yoga

Until 6:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:29AM – 9:02AM
Yama 3:14PM – 4:47PM
Rahu 10:35AM – 12:08PM

Krishna Janmashtami

Krittika Until 6:07PM
Dhruva Until 7:09AM
Balava Until 10:58AM
Ashtami* Until 11:03PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:20PM
Nataraja: White
Moon – White

Sravana-Avani

Sivaloka Day

ain, Trinidad and Tobago
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 16.19 Tithi 24

538993462

Creative Work Amrita Yoga

Until 6:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:56AM – 7:29AM
Yama 1:40PM – 3:13PM
Rahu 9:02AM – 10:35AM

Rohini Until 6:45PM
Vyaghata* Until 6:16AM
Taitila Until 11:00AM
Navami* Until 10:42PM

Ganesha: Clear *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 6:19PM
Nataraja: White
Moon – Yellow

Sravana-Avani

Subha Sivaloka Day

ain, Trinidad and Tobago
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				ain, Trinidad and Tobago
	Vrishabha Rasi: 29.35	Tithi 25	538993462	Gulika 3:13PM – 4:46PM Yama 12:07PM – 1:40PM Rahu 4:46PM – 6:19PM	Mrigashira Until 6:27PM Vajra* Until 2:37AM Mon Vanija Until 10:14AM Dashami Until 9:33PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 2nd Phase
	Creative Work Siddha Yoga					Subha Sivaloka Day Sravana-Avani	

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				ain, Trinidad and Tobago
	Mithuna Rasi: 13.19	Tithi 26	538993462	Gulika 1:40PM – 3:13PM Yama 10:34AM – 12:07PM Rahu 7:29AM – 9:01AM	Ardra Until 5:15PM Siddhi Until 11:52PM Bava Until 8:42AM Ekadashi* Until 7:38PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:56AM Sunset: 6:18PM Moon 8 - Phase 19 2nd Phase
	Family Home Evening Creative Work Siddha Yoga Until 5:15PM Then Creative Work - Amrita Yoga					Subha Sivaloka Day Sravana-Avani	

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago
	Mithuna Rasi: 27.29	Tithi 27 – 28	548993462	Gulika 12:07PM – 1:39PM Yama 9:01AM – 10:34AM Rahu 3:12PM – 4:45PM	Punarvasu Until 3:39PM Vyatipata* Until 8:36PM Kaulava Until 6:26AM Dvadashi* Until 5:03PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 5:56AM Sunset: 6:18PM Moon 8 - Phase 19 2nd Phase
	Creative Work Siddha Yoga					Sivaloka Day Sravana-Avani	
	<i>Pradosha Vrata (Fasting)</i>						

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				ain, Trinidad and Tobago
	Kataka Rasi: 12.07	Tithi 28 – 29	549193463	Gulika 10:34AM – 12:06PM Yama 7:29AM – 9:01AM Rahu 12:06PM – 1:39PM	Pushya Until 1:20PM Variyan Until 4:51PM Visti Until 12:12AM Thu Trayodashi* Until 1:55PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 5:56AM Sunset: 6:17PM Moon 8 - Phase 19 2nd Phase
	Creative Work Siddha Yoga					Sivaloka Day Sravana-Avani	

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				ain, Trinidad and Tobago
	Retreat Star			Gulika 9:01AM – 10:34AM Yama 5:56AM – 7:28AM Rahu 1:39PM – 3:11PM	Ashlesha* Until 10:29AM Parigha* Until 12:49PM Catuspada Until 8:31PM Chaturdashi* Until 10:23AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 5:56AM Sunset: 6:16PM Moon 8 - Phase 19 Amavasya
	Kataka Rasi: 27.05 Tithi 29 – 30 Creative Work Siddha Yoga Until 10:29AM Then Creative Work - Amrita Yoga		549193463			Sivaloka Day Sravana-Avani	

5	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				ain, Trinidad and Tobago
	Retreat Star			Gulika 7:28AM – 9:01AM Yama 3:11PM – 4:43PM Rahu 10:33AM – 12:06PM	Magha* Until 7:39AM Shiva Until 8:36AM Bava Until 2:45AM Sat Amavasya* Until 6:36AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:56AM Sunset: 6:16PM Moon 8 - Phase 19 Prathama
	Simha Rasi: 12.16 Tithi 30 – 1 Routine Work Marana Yoga Until 7:39AM Then Creative Work - Siddha Yoga		559193463			Sivaloka Day Bhadrapada-Avani	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				ain, Trinidad and Tobago Sun 15 Sutra 139
	Simha Rasi: 27.32	Tithi 2	Gulika 5:56AM – 7:28AM Yama 1:38PM – 3:10PM Rahu 9:01AM – 10:33AM	Uttaraphalguni Until 1:35AM Sun Sadhya Until 12:07AM Sun Balava Until 12:52PM Dvitiya Until 11:00PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:56AM Sunset: 6:15PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Routine Work Marana Yoga Until 1:35AM Sun Then Creative Work - Amrita Yoga							

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				ain, Trinidad and Tobago Sun 16 Sutra 140
	Kanya Rasi: 12.41	Tithi 3	Gulika 3:10PM – 4:42PM Yama 12:05PM – 1:38PM Rahu 4:42PM – 6:15PM	Hasta Until 11:06PM Subha Until 8:11PM Taitila Until 9:14AM Tritiya Until 7:31PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:56AM Sunset: 6:15PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Creative Work Amrita Yoga Until 11:06PM Then Creative Work - Siddha Yoga							

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				ain, Trinidad and Tobago Sun 17 Sutra 141
	Kanya Rasi: 27.34	Tithi 4 – 5	Gulika 1:37PM – 3:09PM Yama 10:33AM – 12:05PM Rahu 7:28AM – 9:00AM	Chitra Until 8:56PM Sukla Until 4:35PM Bava Until 3:10AM Tue Chaturthi* Until 4:28PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:56AM Sunset: 6:14PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Family Home Evening Routine Work Prabalarishta Yoga Until 8:56PM Then Creative Work - Amrita Yoga							

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				ain, Trinidad and Tobago Sun 18 Sutra 142
	Tula Rasi: 12.05	Tithi 5 – 6	Gulika 12:05PM – 1:37PM Yama 9:00AM – 10:32AM Rahu 3:09PM – 4:41PM	Svati Until 7:15PM Brahma Until 1:28PM Kaulava Until 1:02AM Wed Panchami Until 2:00PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:56AM Sunset: 6:13PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga Until 7:15PM Then Routine Work - Marana Yoga							

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				ain, Trinidad and Tobago Sun 19 Sutra 143
	Tula Rasi: 26.08	Tithi 6 – 7	Gulika 10:32AM – 12:04PM Yama 7:28AM – 9:00AM Rahu 12:04PM – 1:36PM	Vishakha Until 6:35PM Indra Until 10:57AM Gara Until 11:41PM Shashthi* Until 12:14PM	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:56AM Sunset: 6:13PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga							

6	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				ain, Trinidad and Tobago Sun 20 Sutra 144
	Vrischika Rasi: 9.43	Tithi 7 – 8	Gulika 9:00AM – 10:32AM Yama 5:56AM – 7:28AM Rahu 1:36PM – 3:08PM	Anuradha Until 6:35PM Vaidhriti* Until 9:04AM Visti Until 11:08PM Saptami Until 11:17AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:56AM Sunset: 6:12PM	Vikarin 5121 Moon 8 - Phase 20 Ashtami Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga Until 6:35PM Then Routine Work - Prabalarishta Yoga							

7	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				ain, Trinidad and Tobago Sun 21 Sutra 145
	Vrischika Rasi: 22.51	Tithi 8 – 9	Gulika 7:28AM – 9:00AM Yama 3:08PM – 4:40PM Rahu 10:32AM – 12:04PM	Jyeshtha* Until 7:13PM Vishkambha* Until 7:50AM Balava Until 11:25PM Ashtami* Until 11:10AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:56AM Sunset: 6:12PM	Vikarin 5121 Moon 8 - Phase 20 Navami Sivaloka Day Bhadrapada-Avani
Routine Work Marana Yoga Until 7:13PM Then Creative Work - Amrita Yoga							

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				ain, Trinidad and Tobago Sun 22 Sutra 146
	Dhanus Rasi: 5.34	Tithi 9 – 10	Gulika 5:55AM – 7:27AM	Mula* Until 8:56PM	Ganesha: Green <i>Sunrise:</i> 5:55AM		Vikarin 5121
			Yama 1:35PM – 3:07PM	Priti Until 7:15AM	Muruqa: Blue <i>Sunset:</i> 6:11PM		Moon 8 - Phase 21
	581193463	Rahu 8:59AM – 10:31AM		Taitila Until 12:27AM Sun	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 11:49AM	Moon – Light Blue		Devaloka Day	
				Bhadrapada-Avani			

2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				ain, Trinidad and Tobago Sun 23 Sutra 147
	Dhanus Rasi: 17.59	Tithi 10 – 11	Gulika 3:07PM – 4:38PM	Purvashadha* Until 11:05PM	Ganesha: Green <i>Sunrise:</i> 5:55AM		Vikarin 5121
			Yama 12:03PM – 1:35PM	Ayushman Until 7:11AM	Muruqa: Blue <i>Sunset:</i> 6:10PM		Moon 8 - Phase 21
	581193463	Rahu 4:38PM – 6:10PM		Vanija Until 2:05AM Mon	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:10PM	Moon – Light Blue		Devaloka Day	
Until 11:05PM		Grandparent's Day		Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago Sun 24 Sutra 148
	Makara Rasi: 0.08	Tithi 11 – 12	Gulika 1:34PM – 3:06PM	Uttarashadha Until 1:30AM Tue	Ganesha: Green <i>Sunrise:</i> 5:55AM		Vikarin 5121
			Yama 10:31AM – 12:03PM	Saubhagya Until 7:34AM	Muruqa: Blue <i>Sunset:</i> 6:10PM		Moon 8 - Phase 21
	581193463	Rahu 7:27AM – 8:59AM		Bava Until 4:09AM Tue	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 3:03PM	Moon – Light Blue		Devaloka Day	
Until 1:30AM Tue				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago Sun 25 Sutra 149
	Makara Rasi: 12.09	Tithi 12 – 13	Gulika 12:02PM – 1:34PM	Shravana Until 4:32AM Wed	Ganesha: Red <i>Sunrise:</i> 5:55AM		Vikarin 5121
			Yama 8:59AM – 10:30AM	Sobhana Until 8:16AM	Muruqa: Blue <i>Sunset:</i> 6:09PM		Moon 8 - Phase 21
	591193463	Rahu 3:06PM – 4:37PM		Kaulava Until 6:29AM Wed	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 5:16PM	Moon – Purple		Sivaloka Day	
Until 4:32AM Wed				Bhadrapada-Avani			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				ain, Trinidad and Tobago Sun 26 Sutra 150
	Makara Rasi: 24.03	Tithi 13	Gulika 10:30AM – 12:02PM	Dhanishtha Until 7:31AM Thu	Ganesha: Red <i>Sunrise:</i> 5:55AM		Vikarin 5121
			Yama 7:27AM – 8:59AM	Athiganda* Until 9:07AM	Muruqa: Blue <i>Sunset:</i> 6:08PM		Moon 8 - Phase 21
	591193463	Rahu 12:02PM – 1:33PM		Kaulava Until 6:29AM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 7:41PM	Moon – Purple		Sivaloka Day	
Until 7:31AM Thu		Chidambaram Abhishekam		Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				ain, Trinidad and Tobago Sun 27 Sutra 151
	Kumbha Rasi: 5.55	Tithi 14	Gulika 8:58AM – 10:30AM	Dhanishtha Until 7:31AM	Ganesha: Red <i>Sunrise:</i> 5:55AM		Vikarin 5121
			Yama 5:55AM – 7:27AM	Sukarma Until 10:04AM	Muruqa: Blue <i>Sunset:</i> 6:08PM		Moon 8 - Phase 21
	591193463	Rahu 1:33PM – 3:05PM		Gara Until 8:57AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:09PM	Moon – Purple		Sivaloka Day	
		Avani Avittam		Bhadrapada-Avani			

○	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				ain, Trinidad and Tobago Sun 28 Sutra 152
	Copper Retreat Star		Gulika 7:27AM – 8:58AM	Shatabhishak Until 10:20AM	Ganesha: Red <i>Sunrise:</i> 5:55AM		Vikarin 5121
	Kumbha Rasi: 17.46	Tithi 15	Yama 3:04PM – 4:36PM	Dhriti Until 11:01AM	Muruqa: Purple <i>Sunset:</i> 6:07PM		Moon 8 - Phase 21
	591113463	Rahu 10:30AM – 12:01PM		Visti Until 11:24AM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:36AM Sat	Moon – Purple		Sivaloka Day	
				Bhadrapada-Avani			

○	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				ain, Trinidad and Tobago Sun 29 Sutra 153
	Silver Retreat Star		Gulika 5:55AM – 7:26AM	Purvaproshtapada* Until 1:25PM	Ganesha: Red <i>Sunrise:</i> 5:55AM		Vikarin 5121
	Kumbha Rasi: 29.38	Tithi 16	Yama 1:32PM – 3:04PM	Shula* Until 11:53AM	Muruqa: Purple <i>Sunset:</i> 6:07PM		Moon 8 - Phase 21
	511113463	Rahu 8:58AM – 10:29AM		Balava Until 1:48PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 2:55AM Sun	Moon – Clear		Sivaloka Day	
Until 1:25PM				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Dvilyayam Titau

ain, Trinidad and Tobago

Sutra 154

Vikarin 5121

Meena Rasi: 11.34 Tithi 17

512113463

Gulika 3:03PM – 4:35PM
Yama 12:00PM – 1:32PM
Rahu 4:35PM – 6:06PM

Uttaraproshtapada Until 4:13PM
Ganda* Until 12:40PM
Taitila Until 4:03PM
Dvitiya Until 5:05AM Mon

Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Bhadrapada-Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vridhi/Dhruva Yoga Vanija Karana Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 155

Vikarin 5121

Meena Rasi: 23.33 Tithi 18

512113463

Gulika 1:31PM – 3:03PM
Yama 10:29AM – 12:00PM
Rahu 7:26AM – 8:57AM

Revati Until 6:39PM
Vridhi Until 1:20PM
Vanija Until 6:06PM
Tritiya Until 7:02AM Tue

Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:05PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 156

Vikarin 5121

Mesha Rasi: 5.38 Tithi 18 – 19

522113463

Gulika 12:00PM – 1:31PM
Yama 8:57AM – 10:28AM
Rahu 3:02PM – 4:33PM

Ashvini Until 9:11PM
Dhruva Until 1:46PM
Bava Until 7:55PM
Tritiya Until 7:02AM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:05PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 157

Vikarin 5121

Mesha Rasi: 17.49 Tithi 19 – 20

522113463

Gulika 10:28AM – 11:59AM
Yama 7:26AM – 8:57AM
Rahu 11:59AM – 1:30PM

Bharani Until 11:13PM
Vyaghata* Until 1:59PM
Kaulava Until 9:23PM
Chaturthi* Until 8:41AM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Puratasi

Until 11:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 158

Vikarin 5121

Vrishabha Rasi: 0.1 Tithi 20 – 21

522113463

Gulika 8:57AM – 10:28AM
Yama 5:55AM – 7:26AM
Rahu 1:30PM – 3:01PM

Krittika Until 12:39AM Fri
Harshana Until 1:55PM
Gara Until 10:26PM
Panchami Until 9:57AM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Devaloka Day

Bhadrapada-Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 159

Vikarin 5121

Vrishabha Rasi: 12.43 Tithi 21 – 22

532113463

Gulika 7:26AM – 8:57AM
Yama 3:01PM – 4:32PM
Rahu 10:28AM – 11:59AM

Rohini Until 1:52AM Sat
Vajra* Until 1:24PM
Visti Until 10:55PM
Shashthi* Until 10:44AM

Ganesha: Clear *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Sivaloka Day

Bhadrapada-Puratasi

Until 1:52AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 160

Vikarin 5121

Vrishabha Rasi: 25.33 Tithi 22 – 23

532113463

Gulika 5:54AM – 7:25AM
Yama 1:29PM – 3:00PM
Rahu 8:56AM – 10:27AM

Mrigashira Until 2:17AM Sun
Siddhi Until 12:26PM
Balava Until 10:45PM
Saptami Until 10:54AM

Ganesha: Clear *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Puratasi

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 161

Vikarin 5121

Mithuna Rasi: 8.43 Tithi 23 – 24

532213463

Gulika 3:00PM – 4:31PM
Yama 11:58AM – 1:29PM
Rahu 4:31PM – 6:01PM

Ardra Until 1:50AM Mon
Vyatipata* Until 10:55AM
Taitila Until 9:52PM
Ashtami* Until 10:23AM

Ganesha: Orange *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22
Navami

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Puratasi

Until 1:50AM Mon

Then Creative Work - Amrita Yoga

Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau		ain, Trinidad and Tobago Sun 8 Sutra 162
1		Gulika 1:28PM – 2:59PM	Punarvasu Until 12:59AM Tue	Ganesha: Light Blue <i>Sunrise: 5:54AM</i>
Mithuna Rasi: 22.17	Tithi 24 – 25	Yama 10:27AM – 11:58AM	Variyan Until 8:48AM	Muruqa: Purple <i>Sunset: 6:01PM</i>
Family Home Evening	542213463	Rahu 7:25AM – 8:56AM	Vanija Until 8:16PM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 9:08AM	Moon – Blue
Until 12:59AM Tue				Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		ain, Trinidad and Tobago Sun 9 Sutra 163
2		Gulika 11:57AM – 1:28PM	Pushya Until 11:18PM	Ganesha: Light Blue <i>Sunrise: 5:54AM</i>
Kataka Rasi: 6.17	Tithi 25 – 26	Yama 8:56AM – 10:26AM	Parigha* Until 6:08AM	Muruqa: Purple <i>Sunset: 6:00PM</i>
	542213463	Rahu 2:59PM – 4:29PM	Balava Until 4:36AM Wed	Nataraja: Clear
Creative Work Siddha Yoga			Dashami Until 7:11AM	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		ain, Trinidad and Tobago Sun 10 Sutra 164
3		Gulika 10:26AM – 11:57AM	Ashlesha* Until 8:57PM	Ganesha: Light Blue <i>Sunrise: 5:54AM</i>
Kataka Rasi: 20.43	Tithi 27	Yama 7:25AM – 8:56AM	Siddha Until 11:17PM	Muruqa: Purple <i>Sunset: 6:00PM</i>
	542213463	Rahu 11:57AM – 1:28PM	Kaulava Until 3:07PM	Nataraja: Clear
Creative Work Siddha Yoga			Dvadashi* Until 1:29AM Thu	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		ain, Trinidad and Tobago Sun 11 Sutra 165
4		Gulika 8:55AM – 10:26AM	Magha* Until 6:26PM	Ganesha: Purple <i>Sunrise: 5:54AM</i>
Simha Rasi: 5.32	Tithi 28	Yama 5:54AM – 7:25AM	Sadhya Until 7:18PM	Muruqa: Purple <i>Sunset: 5:59PM</i>
	552213463	Rahu 1:27PM – 2:58PM	Gara Until 11:47AM	Nataraja: Clear
Creative Work Amrita Yoga			Trayodashi* Until 9:59PM	Moon – Red
Until 6:26PM				Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi
				<i>Pradosha Vrata (Fasting)</i>

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		ain, Trinidad and Tobago Sun 12 Sutra 166
5		Gulika 7:25AM – 8:55AM	Purvaphalguni Until 3:31PM	Ganesha: Purple <i>Sunrise: 5:54AM</i>
Simha Rasi: 20.37	Tithi 29	Yama 2:57PM – 4:28PM	Subha Until 3:07PM	Muruqa: Purple <i>Sunset: 5:58PM</i>
	552213463	Rahu 10:26AM – 11:56AM	Visti Until 8:09AM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 6:15PM	Moon – Red
				Devaloka Day
				Bhadrapada-Puratasi

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		ain, Trinidad and Tobago Sun 13 Sutra 167
Retreat Star		Gulika 5:54AM – 7:25AM	Uttaraphalguni Until 12:24PM	Ganesha: Purple <i>Sunrise: 5:54AM</i>
Kanya Rasi: 5.5	Tithi 30 – 1	Yama 1:26PM – 2:57PM	Sukla Until 10:51AM	Muruqa: Purple <i>Sunset: 5:58PM</i>
	653213463	Rahu 8:55AM – 10:25AM	Kintughna Until 12:37AM Sun	Nataraja: Clear
Routine Work Marana Yoga			Amavasya* Until 2:28PM	Moon – Red
				Devaloka Day
				Bhadrapada-Puratasi
				Mahalaya Amavasai (Tamil Nadu)

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		ain, Trinidad and Tobago Sun 14 Sutra 168
Retreat Star		Gulika 2:56PM – 4:27PM	Hasta Until 9:39AM	Ganesha: Light Blue <i>Sunrise: 5:54AM</i>
Kanya Rasi: 21.02	Tithi 1 – 2	Yama 11:56AM – 1:26PM	Brahma Until 6:39AM	Muruqa: Purple <i>Sunset: 5:57PM</i>
	663213463	Rahu 4:27PM – 5:57PM	Balava Until 9:04PM	Nataraja: Clear
Creative Work Amrita Yoga			Prathama* Until 10:47AM	Moon – Green
Until 9:39AM				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina-Puratasi
				Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 169
1		Gulika 1:25PM – 2:56PM	Chitra Until 7:02AM	Ganesha: Light Blue <i>Sunrise:</i> 5:54AM
Tula Rasi: 6.01	Tithi 2 – 3	Yama 10:25AM – 11:55AM	Vaidhriti* Until 11:03PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
Family Home Evening	663213463	Rahu 7:24AM – 8:55AM	Gara Until 4:30AM Tue	Nataraja: Clear
Routine Work Prabalarishta Yoga			Dvitiya Until 7:24AM	Moon – Green
Until 7:02AM				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthyam Titau		ain, Trinidad and Tobago Sun 16 Sutra 170
2		Gulika 11:55AM – 1:25PM	Vishakha Until 3:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:54AM
Tula Rasi: 20.39	Tithi 4	Yama 8:54AM – 10:25AM	Vishkambha* Until 7:54PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
	673213463	Rahu 2:55PM – 4:26PM	Vanija Until 3:17PM	Nataraja: Clear
Routine Work Marana Yoga			Chaturthi* Until 2:13AM Wed	Moon – Orange
Until 3:23AM Wed				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		ain, Trinidad and Tobago Sun 17 Sutra 171
3		Gulika 10:24AM – 11:55AM	Anuradha Until 2:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:54AM
Vrischika Rasi: 4.51	Tithi 5	Yama 7:24AM – 8:54AM	Priti Until 5:22PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
	673213463	Rahu 11:55AM – 1:25PM	Bava Until 1:22PM	Nataraja: Clear
Creative Work Siddha Yoga			Panchami Until 12:42AM Thu	Moon – Orange
Until 2:38AM Thu				Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 172
4		Gulika 8:54AM – 10:24AM	Jyeshtha* Until 2:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:54AM
Vrischika Rasi: 18.32	Tithi 6	Yama 5:54AM – 7:24AM	Ayushman Until 3:29PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
	673213463	Rahu 1:24PM – 2:54PM	Kaulava Until 12:17PM	Nataraja: Clear
Routine Work Prabalarishta Yoga			Shashthi* Until 12:03AM Fri	Moon – Orange
Until 2:36AM Fri				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 173
5		Gulika 7:24AM – 8:54AM	Mula* Until 3:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:54AM
Dhanus Rasi: 1.44	Tithi 7	Yama 2:54PM – 4:24PM	Saubhagya Until 2:19PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
	683213463	Rahu 10:24AM – 11:54AM	Gara Until 12:06PM	Nataraja: Clear
Creative Work Amrita Yoga			Saptami Until 12:19AM Sat	Moon – Light Blue
Until 3:45AM Sat				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 174
Retreat Star		Gulika 5:54AM – 7:24AM	Purvashadha* Until 5:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:54AM
Dhanus Rasi: 14.3	Tithi 8	Yama 1:24PM – 2:54PM	Sobhana Until 1:51PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
	683213463	Rahu 8:54AM – 10:24AM	Visti Until 12:47PM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 1:24AM Sun	Moon – Light Blue
Until 5:32AM Sun				Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 175
Retreat Star		Gulika 2:53PM – 4:23PM	Uttarashadha Until 7:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:54AM
Dhanus Rasi: 26.53	Tithi 9	Yama 11:53AM – 1:23PM	Athiganda* Until 1:55PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
	683213463	Rahu 4:23PM – 5:53PM	Balava Until 2:14PM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 3:11AM Mon	Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 176
1		Gulika 1:23PM – 2:53PM	Uttarashadha Until 7:46AM	Ganesha: Clear <i>Sunrise:</i> 5:54AM
Makara Rasi: 9.01	Tithi 10	Yama 10:23AM – 11:53AM	Sukarma Until 2:28PM	Muruqa: Purple <i>Sunset:</i> 5:52PM
Family Home Evening	683213463	Rahu 7:24AM – 8:53AM	Taitila Until 4:17PM	Nataraja: Clear
Routine Work Marana Yoga			Dashami Until 5:25AM Tue	Moon – Light Blue
Until 7:46AM			Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Amrita Yoga				

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija Karana Ekadashyam Titau		ain, Trinidad and Tobago Sun 23 Sutra 177
2		Gulika 11:53AM – 1:22PM	Shravana Until 10:45AM	Ganesha: White <i>Sunrise:</i> 5:54AM
Makara Rasi: 20.58	Tithi 11	Yama 8:53AM – 10:23AM	Dhriti Until 3:18PM	Muruqa: Purple <i>Sunset:</i> 5:52PM
Creative Work	693213464	Rahu 2:52PM – 4:22PM	Vanija Until 6:40PM	Nataraja: Purple
Siddha Yoga			Ekadashi Until 7:55AM Wed	Moon – Purple
		Vijaya Dasami	Ashvina+Puratasi	Sivaloka Day

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		ain, Trinidad and Tobago Sun 24 Sutra 178
3		Gulika 10:23AM – 11:52AM	Dhanishtha Until 1:46PM	Ganesha: White <i>Sunrise:</i> 5:54AM
Kumbha Rasi: 2.5	Tithi 11 – 12	Yama 7:23AM – 8:53AM	Shula* Until 4:13PM	Muruqa: Purple <i>Sunset:</i> 5:51PM
Routine Work	693213464	Rahu 11:52AM – 1:22PM	Bava Until 9:13PM	Nataraja: Purple
Prabalarishta Yoga			Ekadashi Until 7:55AM	Moon – Purple
Until 1:46PM		Kadaitswami Mahasamadhi	Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Siddha Yoga				

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		ain, Trinidad and Tobago Sun 25 Sutra 179
4		Gulika 8:53AM – 10:23AM	Shatabhishak Until 4:36PM	Ganesha: White <i>Sunrise:</i> 5:54AM
Kumbha Rasi: 14.4	Tithi 12 – 13	Yama 5:54AM – 7:23AM	Ganda* Until 5:09PM	Muruqa: Purple <i>Sunset:</i> 5:51PM
Creative Work	693213464	Rahu 1:22PM – 2:51PM	Kaulava Until 11:43PM	Nataraja: Purple
Siddha Yoga			Dvadashi Until 10:27AM	Moon – Purple
			Ashvina+Puratasi	Sivaloka Day
			<i>Pradosha Vrata</i>	

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		ain, Trinidad and Tobago Sun 26 Sutra 180
5		Gulika 7:23AM – 8:53AM	Purvaproshtapada* Until 7:40PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
Kumbha Rasi: 26.32	Tithi 13 – 14	Yama 2:51PM – 4:21PM	Vridhhi Until 6:00PM	Muruqa: Purple <i>Sunset:</i> 5:50PM
Creative Work	613213464	Rahu 10:22AM – 11:52AM	Gara Until 2:04AM Sat	Nataraja: Purple
Siddha Yoga			Trayodashi Until 12:53PM	Moon – Clear
		Chidambaram Abhishekam	Ashvina+Puratasi	Sivaloka Day

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		ain, Trinidad and Tobago Sun 27 Sutra 181
6		Gulika 5:54AM – 7:23AM	Uttaraproshtapada Until 10:21PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
Meena Rasi: 8.28	Tithi 14 – 15	Yama 1:21PM – 2:51PM	Dhruva Until 6:40PM	Muruqa: Purple <i>Sunset:</i> 5:50PM
Creative Work	613213464	Rahu 8:53AM – 10:22AM	Vistil Until 4:11AM Sun	Nataraja: Purple
Siddha Yoga			Chaturdashi* Until 3:08PM	Moon – Clear
Until 10:21PM			Ashvina+Puratasi	Sivaloka Day
Then Routine Work - Prabalarishta Yoga				

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		ain, Trinidad and Tobago Sutra 182
○		Gulika 2:50PM – 4:20PM	Revati Until 12:38AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:54AM
Copper Retreat Star		Yama 11:51AM – 1:21PM	Vyaghata* Until 7:08PM	Muruqa: Purple <i>Sunset:</i> 5:49PM
Meena Rasi: 20.29	Tithi 15 – 16	Rahu 4:20PM – 5:49PM	Balava Until 6:02AM Mon	Nataraja: Purple
Creative Work	614213464		Purnima* Until 5:07PM	Moon – Clear
Amrita Yoga			Ashvina+Puratasi	Subha Sivaloka Day
Until 12:38AM Mon				
Then Creative Work - Siddha Yoga				

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		ain, Trinidad and Tobago Sutra 183
○		Gulika 1:21PM – 2:50PM	Ashvini Until 2:57AM Tue	Ganesha: White <i>Sunrise:</i> 5:54AM
Silver Retreat Star		Yama 10:22AM – 11:51AM	Harshana Until 7:25PM	Muruqa: Purple <i>Sunset:</i> 5:49PM
Mesha Rasi: 2.38	Tithi 16	Rahu 7:23AM – 8:53AM	Balava Until 6:02AM	Nataraja: Purple
Family Home Evening	624213464		Prathama* Until 6:50PM	Moon – White
Creative Work			Ashvina+Puratasi	Subha Subha Sivaloka Day
Siddha Yoga				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 14.53 Tithi 17

624213464

Gulika 11:51AM – 1:20PM
Yama 8:52AM – 10:22AM
Rahu 2:50PM – 4:19PM

Bharani Until 4:48AM Wed

Vajra* Until 7:25PM

Taitila Until 7:35AM

Dvitiya Until 8:13PM

Ganesha: White Sunrise: 5:54AM

Muruqa: Purple Sunset: 5:48PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina+Puratasi

Creative Work Siddha Yoga

Until 4:48AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 27.17 Tithi 18

624213464

Gulika 10:22AM – 11:51AM
Yama 7:23AM – 8:52AM
Rahu 11:51AM – 1:20PM

Krittika Until 6:09AM Thu

Siddhi Until 7:11PM

Vanija Until 8:49AM

Tritiya Until 9:17PM

Ganesha: White Sunrise: 5:54AM

Muruqa: Purple Sunset: 5:48PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina+Puratasi

Creative Work Amrita Yoga

Until 6:09AM Thu

Then Routine Work - Marana Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 9.5 Tithi 19

624313464

Gulika 8:52AM – 10:21AM
Yama 5:54AM – 7:23AM
Rahu 1:20PM – 2:49PM

Krittika Until 6:09AM

Vyatipata* Until 6:40PM

Bava Until 9:42AM

Chaturthi* Until 9:58PM

Ganesha: Yellow Sunrise: 5:54AM

Muruqa: Purple Sunset: 5:47PM

Nataraja: Purple

Moon – White

Subha Sivaloka Day

Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 22.33 Tithi 20

634313464

Gulika 7:23AM – 8:52AM
Yama 2:48PM – 4:18PM
Rahu 10:21AM – 11:50AM

Rohini Until 7:27AM

Variyan Until 5:49PM

Kaulava Until 10:11AM

Panchami Until 10:14PM

Ganesha: White Sunrise: 5:54AM

Muruqa: Purple Sunset: 5:47PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina+Aipasi

Routine Work Marana Yoga

Until 7:27AM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 5.29 Tithi 21

634313464

Gulika 5:54AM – 7:23AM
Yama 1:19PM – 2:48PM
Rahu 8:52AM – 10:21AM

Mrigashira Until 8:09AM

Parigha* Until 4:36PM

Gara Until 10:13AM

Shashthi* Until 10:01PM

Ganesha: White Sunrise: 5:54AM

Muruqa: Purple Sunset: 5:46PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 18.41 Tithi 22

634313464

Gulika 2:48PM – 4:17PM
Yama 11:50AM – 1:19PM
Rahu 4:17PM – 5:46PM

Ardra Until 8:12AM

Shiva Until 2:59PM

Visti Until 9:44AM

Saptami Until 9:15PM

Ganesha: White Sunrise: 5:54AM

Muruqa: Purple Sunset: 5:46PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Kataka Rasi: 2.1 Tithi 23

644313464

Gulika 1:19PM – 2:48PM
Yama 10:21AM – 11:50AM
Rahu 7:23AM – 8:52AM

Punarvasu Until 8:01AM

Siddha Until 12:54PM

Balava Until 8:41AM

Ashtami* Until 7:56PM

Ganesha: Clear Sunrise: 5:54AM

Muruqa: Purple Sunset: 5:45PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Ashvina+Aipasi

Creative Work Amrita Yoga

Until 8:01AM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 16.01 Tithi 24

644313464

Gulika 11:50AM – 1:18PM
Yama 8:52AM – 10:21AM
Rahu 2:47PM – 4:16PM

Pushya Until 7:07AM

Sadhya Until 10:21AM

Taitila Until 7:04AM

Navami* Until 6:02PM

Ganesha: Clear Sunrise: 5:55AM

Muruqa: Purple Sunset: 5:45PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Ashvina+Aipasi

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		ain, Trinidad and Tobago Sun 9 Sutra 192	
Simha Rasi: 0.11	Tithi 25 – 26	Gulika 10:21AM – 11:50AM	Magha* Until 3:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:55AM		Vikarin 5121
		Yama 7:23AM – 8:52AM	Subha Until 7:24AM	Muruqa: Purple	<i>Sunset:</i> 5:44PM		Moon 10 - Phase 27
	654313464	Rahu 11:50AM – 1:18PM	Bava Until 2:16AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 3:38PM	Moon – Red		Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		ain, Trinidad and Tobago Sun 10 Sutra 193	
Simha Rasi: 14.41	Tithi 26 – 27	Gulika 8:52AM – 10:21AM	Purvaphalguni Until 1:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:55AM		Vikarin 5121
		Yama 5:55AM – 7:23AM	Brahma Until 12:22AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:44PM		Moon 10 - Phase 27
	654313464	Rahu 1:18PM – 2:47PM	Kaulava Until 11:15PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:47PM	Moon – Red		Sivaloka Day	
				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		ain, Trinidad and Tobago Sun 11 Sutra 194	
Simha Rasi: 29.28	Tithi 27 – 28	Gulika 7:23AM – 8:52AM	Uttaraphalguni Until 10:48PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		Vikarin 5121
		Yama 2:46PM – 4:15PM	Indra Until 8:31PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM		Moon 10 - Phase 27
	655313464	Rahu 10:21AM – 11:49AM	Gara Until 7:59PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:38AM	Moon – Red		Subha Sivaloka Day	
Until 10:48PM				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Sakuni* Karana Trayodashi/Chaturdashyam Titau		ain, Trinidad and Tobago Sun 12 Sutra 195	
Kanya Rasi: 14.23	Tithi 28 – 29	Gulika 5:55AM – 7:24AM	Hasta Until 8:19PM	Ganesha: Orange	<i>Sunrise:</i> 5:55AM		Vikarin 5121
		Yama 1:18PM – 2:46PM	Vaidhriti* Until 4:34PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM		Moon 10 - Phase 27
	665313464	Rahu 8:52AM – 10:21AM	Sakuni Until 2:55AM Sun	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 6:17AM	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

●		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		ain, Trinidad and Tobago Sun 13 Sutra 196	
Retreat Star		Gulika 2:46PM – 4:14PM	Chitra Until 5:48PM	Ganesha: Orange	<i>Sunrise:</i> 5:55AM		Vikarin 5121
Kanya Rasi: 29.2	Tithi 30	Yama 11:49AM – 1:18PM	Vishkambha* Until 12:40PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM		Moon 10 - Phase 27
	665313464	Rahu 4:14PM – 5:43PM	Catuspada Until 1:18PM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 11:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		ain, Trinidad and Tobago Sun 14 Sutra 197	
Tula Rasi: 14.1	Tithi 1	Gulika 1:17PM – 2:46PM	Svati Until 3:24PM	Ganesha: Orange	<i>Sunrise:</i> 5:55AM		Vikarin 5121
Family Home Evening		Yama 10:21AM – 11:49AM	Priti Until 8:57AM	Muruqa: Purple	<i>Sunset:</i> 5:43PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	Rahu 7:24AM – 8:52AM	Kintughna Until 10:12AM	Nataraja: Purple			Prathama
Until 3:24PM			Prathama* Until 8:47PM	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1	Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				ain, Trinidad and Tobago
	Tula Rasi: 28.43		Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 198
	Tithi 2	Gulika 11:49AM – 1:17PM	Vishakha Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
	675313464	Yama 8:52AM – 10:21AM	Saubhagya Until 2:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 28	
Routine Work	Rahu 2:46PM – 4:14PM	Balava Until 7:31AM	Nataraja: Purple	Moon – Orange			3rd Phase
Until 1:42PM			Dvitiya Until 6:21PM	Kartika•Aipasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

2	Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				ain, Trinidad and Tobago
	Vrischika Rasi: 12.54		Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 16		Sutra 199
	Tithi 3 – 4	Gulika 10:21AM – 11:49AM	Anuradha Until 12:29PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
	675313464	Yama 7:24AM – 8:52AM	Sobhana Until 12:11AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 28	
Creative Work	Rahu 11:49AM – 1:17PM	Vanija Until 3:57AM Thu	Nataraja: Purple	Moon – Orange			3rd Phase
Until 1:42PM			Tritiya Until 4:33PM	Kartika•Aipasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

3	Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				ain, Trinidad and Tobago
	Vrischika Rasi: 26.38		Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 200
	Tithi 4 – 5	Gulika 8:52AM – 10:21AM	Jyeshtha* Until 11:51AM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
	675313464	Yama 5:56AM – 7:24AM	Athiganda* Until 10:24PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 28	
Routine Work	Rahu 1:17PM – 2:45PM	Bava Until 3:21AM Fri	Nataraja: Purple	Moon – Orange			3rd Phase
Until 11:51AM			Chaturthi* Until 3:31PM	Kartika•Aipasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

4	Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				ain, Trinidad and Tobago
	Dhanus Rasi: 9.54		Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18		Sutra 201
	Tithi 5 – 6	Gulika 7:24AM – 8:52AM	Mula* Until 12:20PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
	685313464	Yama 2:45PM – 4:13PM	Sukarma Until 9:18PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28	
Creative Work	Rahu 10:21AM – 11:49AM	Kaulava Until 3:37AM Sat	Nataraja: Purple	Moon – Light Blue			3rd Phase
Until 12:20PM			Panchami Until 3:21PM	Kartika•Aipasi		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga							

5	Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				ain, Trinidad and Tobago
	Dhanus Rasi: 22.43		Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailala/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 202
	Tithi 6 – 7	Gulika 5:56AM – 7:24AM	Purvashadha* Until 1:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
	685313464	Yama 1:17PM – 2:45PM	Dhriti Until 8:53PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28	
Creative Work	Rahu 8:53AM – 10:21AM	Gara Until 4:42AM Sun	Nataraja: Purple	Moon – Light Blue			3rd Phase
Until 1:31PM	Skanda Shasthi		Shashthi* Until 4:02PM	Kartika•Aipasi		Subha Subha Sivaloka Day	
Then Routine Work - Marana Yoga							

6	Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				ain, Trinidad and Tobago
	Makara Rasi: 5.1		Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 203
	Tithi 7 – 8	Gulika 2:45PM – 4:13PM	Uttarashadha Until 3:16PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Vikarin 5121	
	685313464	Yama 11:49AM – 1:17PM	Shula* Until 8:59PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28	
Creative Work	Rahu 4:13PM – 5:41PM	Visti Until 6:29AM Mon	Nataraja: Purple	Moon – Light Blue			3rd Phase
Until 5:57PM			Saptami Until 5:30PM	Kartika•Aipasi		Subha Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							

D	Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				ain, Trinidad and Tobago
	Retreat Star		Shravana/Dhanishtha Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 204
	Makara Rasi: 17.2	Gulika 1:17PM – 2:45PM	Shravana Until 5:57PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Vikarin 5121	
	Tithi 8	Yama 10:21AM – 11:49AM	Ganda* Until 9:32PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28	
Family Home Evening	Rahu 7:25AM – 8:53AM	Visti Until 6:29AM	Nataraja: Purple	Moon – Purple			Ashtami
Creative Work			Ashtami* Until 7:33PM	Kartika•Aipasi		Sivaloka Day	
Until 5:57PM	Then Creative Work - Siddha Yoga						

D	Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				ain, Trinidad and Tobago
	Retreat Star		Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 205
	Makara Rasi: 29.19	Gulika 11:49AM – 1:17PM	Dhanishtha Until 8:49PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Vikarin 5121	
	Tithi 9	Yama 8:53AM – 10:21AM	Vriddhi Until 10:21PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28	
Creative Work	Rahu 2:45PM – 4:13PM	Balava Until 8:45AM	Nataraja: Purple	Moon – Purple			Navami
Until 8:49PM			Navami* Until 9:58PM	Kartika•Aipasi		Sivaloka Day	
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau			ain, Trinidad and Tobago Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 11.11	Tithi 10	Gulika 10:21AM – 11:49AM	Shatabhishak Until 11:39PM	Ganesha: Purple <i>Sunrise: 5:57AM</i>	
			Yama 7:25AM – 8:53AM	Dhruva Until 11:14PM	Muruqa: Purple <i>Sunset: 5:40PM</i>	Moon 10 - Phase 29
		696313464	Rahu 11:49AM – 1:17PM	Taitila Until 11:16AM	Nataraja: Purple Moon – Purple	4th Phase
Creative Work Siddha Yoga Until 11:39PM Then Creative Work - Amrita Yoga			Dashami Until 12:31AM Thu			Sivaloka Day Kartika•Aipasi

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau			ain, Trinidad and Tobago Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 23.02	Tithi 11	Gulika 8:53AM – 10:21AM	Purvaproshtapada* Until 2:44AM Fri	Ganesha: Yellow <i>Sunrise: 5:58AM</i>	
			Yama 5:58AM – 7:25AM	Vyaghata* Until 12:04AM Fri	Muruqa: Purple <i>Sunset: 5:40PM</i>	Moon 10 - Phase 29
		716313464	Rahu 1:17PM – 2:45PM	Vanija Until 1:47PM	Nataraja: Purple Moon – Clear	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 2:58AM Fri			Subha Sivaloka Day Kartika•Aipasi

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau			ain, Trinidad and Tobago Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 4.57	Tithi 12	Gulika 7:26AM – 8:53AM	Uttaraproshtapada Until 5:25AM Sat	Ganesha: Yellow <i>Sunrise: 5:58AM</i>	
			Yama 2:44PM – 4:12PM	Harshana Until 12:44AM Sat	Muruqa: Purple <i>Sunset: 5:40PM</i>	Moon 10 - Phase 29
		716313464	Rahu 10:21AM – 11:49AM	Bava Until 4:08PM	Nataraja: Purple Moon – Clear	4th Phase
Creative Work Siddha Yoga Until 5:25AM Sat Then Routine Work - Prabalarishta Yoga			Dvodashi Until 5:11AM Sat			Subha Sivaloka Day Kartika•Aipasi

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava Karana Trayodashyam Titau			ain, Trinidad and Tobago Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 16.56	Tithi 13	Gulika 5:58AM – 7:26AM	Revati Until 7:37AM Sun	Ganesha: Yellow <i>Sunrise: 5:58AM</i>	
			Yama 1:17PM – 2:44PM	Vajra* Until 1:08AM Sun	Muruqa: Purple <i>Sunset: 5:40PM</i>	Moon 10 - Phase 29
		716313464	Rahu 8:54AM – 10:21AM	Kaulava Until 6:12PM	Nataraja: Purple Moon – Clear	4th Phase
Routine Work Prabalarishta Yoga Until 7:37AM Sun Then Creative Work - Siddha Yoga			Trayodashi Until 7:03AM Sun			Subha Sivaloka Day Kartika•Aipasi
<i>Pradosha Vrata</i>						

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			ain, Trinidad and Tobago Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 29.05	Tithi 13 – 14	Gulika 2:44PM – 4:12PM	Revati Until 7:37AM	Ganesha: Yellow <i>Sunrise: 5:59AM</i>	
			Yama 11:49AM – 1:17PM	Siddhi Until 1:15AM Mon	Muruqa: Purple <i>Sunset: 5:40PM</i>	Moon 10 - Phase 29
		716313464	Rahu 4:12PM – 5:40PM	Gara Until 7:52PM	Nataraja: Purple Moon – Clear	4th Phase
Creative Work Amrita Yoga Until 7:37AM Then Creative Work - Siddha Yoga			Trayodashi Until 7:03AM			Subha Sivaloka Day Kartika•Aipasi

○	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			ain, Trinidad and Tobago Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:17PM – 2:44PM	Ashvini Until 9:45AM	Ganesha: White <i>Sunrise: 5:59AM</i>	
	Mesha Rasi: 11.23	Tithi 14 – 15	Yama 10:22AM – 11:49AM	Vyatipata* Until 1:03AM Tue	Muruqa: Purple <i>Sunset: 5:40PM</i>	Moon 10 - Phase 29
	Family Home Evening	727413464	Rahu 7:26AM – 8:54AM	Visti Until 9:07PM	Nataraja: Purple Moon – White	Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 8:32AM			Sivaloka Day Kartika•Aipasi

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			ain, Trinidad and Tobago Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 11:49AM – 1:17PM	Bharani Until 11:19AM	Ganesha: White <i>Sunrise: 5:59AM</i>	
	Mesha Rasi: 23.52	Tithi 15 – 16	Yama 8:54AM – 10:22AM	Variyan Until 12:30AM Wed	Muruqa: Purple <i>Sunset: 5:40PM</i>	Moon 10 - Phase 29
		727413464	Rahu 2:44PM – 4:12PM	Balava Until 9:57PM	Nataraja: Purple Moon – White	Prathama
Creative Work Siddha Yoga			Purnima* Until 9:34AM			Sivaloka Day Kartika•Aipasi

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vishabha Rasi: 6.32 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 12:19PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

ain, Trinidad and Tobago

Sutra 213

Vikarin 5121

Gulika 10:22AM – 11:49AM **Krittika** Until 12:19PM

Ganesha: White *Sunrise:* 6:00AM

Yama 7:27AM – 8:55AM **Parigha*** Until 11:39PM

Muruqa: Purple *Sunset:* 5:39PM

Moon 11 - Phase 30

Rahu 11:49AM – 1:17PM

Taitila Until 10:22PM

Nataraja: Purple

1st Phase

Prathama* Until 10:11AM

Moon – White
Karttika-Aipasi

Sivaloka Day

1

Thursday, November 14, 2019

Vishabha Rasi: 19.24 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 214

Vikarin 5121

Gulika 8:55AM – 10:22AM **Rohini** Until 1:14PM

Ganesha: Clear *Sunrise:* 6:00AM

Yama 6:00AM – 7:27AM

Muruqa: Purple *Sunset:* 5:39PM

Moon 11 - Phase 30

Rahu 1:17PM – 2:45PM

Shiva Until 10:31PM

Nataraja: Purple

1st Phase

Vanija Until 10:23PM

Moon – Yellow
Karttika-Aipasi

Subha Sivaloka Day

Dvitiya Until 10:24AM

2

Friday, November 15, 2019

Mithuna Rasi: 2.28 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 215

Vikarin 5121

Gulika 7:28AM – 8:55AM **Mrigashira** Until 1:38PM

Ganesha: Clear *Sunrise:* 6:00AM

Yama 2:45PM – 4:12PM

Muruqa: Purple *Sunset:* 5:39PM

Moon 11 - Phase 30

Rahu 10:22AM – 11:50AM

Siddha Until 9:03PM

Nataraja: Purple

1st Phase

Bava Until 10:02PM

Moon – Yellow
Karttika-Aipasi

Subha Sivaloka Day

Tritiya Until 10:14AM

3

Saturday, November 16, 2019

Mithuna Rasi: 15.42 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 216

Vikarin 5121

Gulika 6:01AM – 7:28AM **Ardra** Until 1:32PM

Ganesha: Clear *Sunrise:* 6:01AM

Yama 1:17PM – 2:45PM

Muruqa: Purple *Sunset:* 5:39PM

Moon 11 - Phase 30

Rahu 8:55AM – 10:23AM

Sadhya Until 7:19PM

Nataraja: Purple

1st Phase

Kaulava Until 9:20PM

Moon – Yellow
Karttika-Kartikai

Subha Sivaloka Day

Chaturthi* Until 9:42AM

4

Sunday, November 17, 2019

Mithuna Rasi: 29.08 Tithi 20 – 21

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 217

Vikarin 5121

Gulika 2:45PM – 4:12PM **Punarvasu** Until 1:24PM

Ganesha: Clear *Sunrise:* 6:01AM

Yama 11:50AM – 1:17PM

Muruqa: Purple *Sunset:* 5:39PM

Moon 11 - Phase 30

Rahu 4:12PM – 5:39PM

Subha Until 5:20PM

Nataraja: Clear

1st Phase

Gara Until 8:17PM

Moon – Blue
Karttika-Kartikai

Sivaloka Day

Panchami Until 8:50AM

5

Monday, November 18, 2019

Kataka Rasi: 12.46 Tithi 21 – 22

748413465

Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 218

Vikarin 5121

Gulika 1:18PM – 2:45PM **Pushya** Until 12:46PM

Ganesha: Clear *Sunrise:* 6:01AM

Yama 10:23AM – 11:50AM

Muruqa: Purple *Sunset:* 5:39PM

Moon 11 - Phase 30

Rahu 7:29AM – 8:56AM

Sukla Until 3:03PM

Nataraja: Clear

1st Phase

Visti Until 6:53PM

Moon – Blue
Karttika-Kartikai

Sivaloka Day

Shashthi* Until 7:37AM

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 26.37 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 219

Vikarin 5121

Gulika 11:51AM – 1:18PM **Ashlesha*** Until 11:40AM

Ganesha: Clear *Sunrise:* 6:02AM

Yama 8:56AM – 10:23AM

Muruqa: Purple *Sunset:* 5:39PM

Moon 11 - Phase 30

Rahu 2:45PM – 4:12PM

Brahma Until 12:31PM

Nataraja: Clear

Ashtami

Kaulava Until 4:10AM Wed

Moon – Blue
Karttika-Kartikai

Sivaloka Day

Saptami Until 6:03AM

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 10.39 Tithi 24

758413465

Creative Work Siddha Yoga

Until 10:32AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 220

Vikarin 5121

Gulika 10:24AM – 11:51AM **Magha*** Until 10:32AM

Ganesha: White *Sunrise:* 6:02AM

Yama 7:29AM – 8:57AM

Muruqa: Purple *Sunset:* 5:39PM

Moon 11 - Phase 30

Rahu 11:51AM – 1:18PM

Indra Until 9:44AM

Nataraja: Clear

Navami

Taitila Until 3:08PM

Moon – Red
Karttika-Kartikai

Subha Sivaloka Day

Navami* Until 1:59AM Thu

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau	ain, Trinidad and Tobago Sun 8 Sutra 221
Simha Rasi: 24.53	Tithi 25	Gulika 8:57AM – 10:24AM	Purvaphalguni Until 8:59AM	Ganesha: White <i>Sunrise:</i> 6:03AM	Vikarin 5121
		Yama 6:03AM – 7:30AM	Vaidhrili* Until 6:42AM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 11 - Phase 31
		758413465 Rahu 1:18PM – 2:45PM	Vanija Until 12:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:33PM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau	ain, Trinidad and Tobago Sun 9 Sutra 222
Kanya Rasi: 19.16	Tithi 26	Gulika 7:30AM – 8:57AM	Uttaraphalguni Until 7:03AM	Ganesha: White <i>Sunrise:</i> 6:03AM	Vikarin 5121
		Yama 2:45PM – 4:13PM	Priti Until 12:09AM Sat	Muruqa: Purple <i>Sunset:</i> 5:40PM	Moon 11 - Phase 31
		758413465 Rahu 10:24AM – 11:51AM	Bava Until 10:17AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:57PM	Moon – Red	Subha Sivaloka Day
Until 7:03AM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	ain, Trinidad and Tobago Sun 10 Sutra 223
Kanya Rasi: 23.46	Tithi 27	Gulika 6:04AM – 7:31AM	Chitra Until 3:20AM Sun	Ganesha: Yellow <i>Sunrise:</i> 6:04AM	Vikarin 5121
		Yama 1:19PM – 2:46PM	Ayushman Until 8:45PM	Muruqa: Purple <i>Sunset:</i> 5:40PM	Moon 11 - Phase 31
		768413465 Rahu 8:58AM – 10:25AM	Kaulava Until 7:39AM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 6:17PM	Moon – Green	Sivaloka Day
Until 3:20AM Sun				Karttika-Karttikai	
Then Creative Work - Siddha Yoga					

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau	ain, Trinidad and Tobago Sun 11 Sutra 224
Tula Rasi: 8.16	Tithi 28 – 29	Gulika 2:46PM – 4:13PM	Svati Until 1:21AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:04AM	Vikarin 5121
		Yama 11:52AM – 1:19PM	Saubhagya Until 5:25PM	Muruqa: Purple <i>Sunset:</i> 5:40PM	Moon 11 - Phase 31
		769413465 Rahu 4:13PM – 5:40PM	Visti Until 2:26AM Mon	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:40PM	Moon – Green	Devaloka Day
Until 1:21AM Mon				Karttika-Karttikai	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau	ain, Trinidad and Tobago Sun 12 Sutra 225
Tula Rasi: 22.41	Tithi 29 – 30	Gulika 1:19PM – 2:46PM	Vishakha Until 11:54PM	Ganesha: Blue <i>Sunrise:</i> 6:04AM	Vikarin 5121
Family Home Evening		Yama 10:25AM – 11:52AM	Sobhana Until 2:15PM	Muruqa: Purple <i>Sunset:</i> 5:40PM	Moon 11 - Phase 31
		779413465 Rahu 7:31AM – 8:58AM	Catuspada Until 12:09AM Tue	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 1:14PM	Moon – Orange	Devaloka Day
Until 11:54PM				Karttika-Karttikai	
Then Creative Work - Siddha Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	ain, Trinidad and Tobago Sun 13 Sutra 226
Vrischika Rasi: 6.55	Tithi 30 – 1	Gulika 11:52AM – 1:19PM	Anuradha Until 10:42PM	Ganesha: Blue <i>Sunrise:</i> 6:05AM	Vikarin 5121
		Yama 8:59AM – 10:26AM	Athiganda* Until 11:20AM	Muruqa: Purple <i>Sunset:</i> 5:40PM	Moon 11 - Phase 31
		779413465 Rahu 2:46PM – 4:13PM	Kintughna Until 10:16PM	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 11:08AM	Moon – Orange	Devaloka Day
Until 10:42PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		ain, Trinidad and Tobago Sun 14 Sutra 227	
Wrischika Rasi: 20.52	Tithi 1 – 2	Gulika 10:26AM – 11:53AM	Jyeshtha* Until 9:53PM	Ganesha: Blue	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 7:32AM – 8:59AM	Sukarma Until 8:49AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM		Moon 11 - Phase 32
		779413465 Rahu 11:53AM – 1:20PM	Balava Until 8:55PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 9:30AM	Moon – Orange			Devaloka Day
Until 9:53PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 228	
Dhanus Rasi: 4.27	Tithi 2 – 3	Gulika 9:00AM – 10:26AM	Mula* Until 10:02PM	Ganesha: Blue	<i>Sunrise:</i> 6:06AM		Vikarin 5121
		Yama 6:06AM – 7:33AM	Dhriti Until 6:47AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM		Moon 11 - Phase 32
		789413465 Rahu 1:20PM – 2:47PM	Taitila Until 8:15PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:29AM	Moon – Light Blue			Devaloka Day
				Margasira-Karttikai			

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau		ain, Trinidad and Tobago Sun 16 Sutra 229	
Dhanus Rasi: 17.4	Tithi 3 – 4	Gulika 7:33AM – 9:00AM	Purvashadha* Until 10:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:06AM		Vikarin 5121
		Yama 2:47PM – 4:14PM	Ganda* Until 4:21AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:41PM		Moon 11 - Phase 32
		789413465 Rahu 10:27AM – 11:54AM	Vanija Until 8:19PM	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 8:10AM	Moon – Light Blue			Devaloka Day
Until 10:45PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau		ain, Trinidad and Tobago Sun 17 Sutra 230	
Makara Rasi: 0.29	Tithi 4 – 5	Gulika 6:07AM – 7:34AM	Uttarashadha Until 12:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:07AM		Vikarin 5121
		Yama 1:21PM – 2:47PM	Vriddhi Until 4:01AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:41PM		Moon 11 - Phase 32
		789413465 Rahu 9:00AM – 10:27AM	Bava Until 9:08PM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 8:37AM	Moon – Light Blue			Devaloka Day
Until 12:01AM Sun				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 231	
Makara Rasi: 12.59	Tithi 5 – 6	Gulika 2:48PM – 4:14PM	Shravana Until 2:16AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM		Vikarin 5121
		Yama 11:54AM – 1:21PM	Dhruva Until 4:09AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:41PM		Moon 11 - Phase 32
		799413465 Rahu 4:14PM – 5:41PM	Kaulava Until 10:39PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 9:47AM	Moon – Purple			Sivaloka Day
Until 2:16AM Mon				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 232	
Makara Rasi: 25.12	Tithi 6 – 7	Gulika 1:21PM – 2:48PM	Dhanishtha Until 4:51AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:08AM		Vikarin 5121
Family Home Evening		Yama 10:28AM – 11:55AM	Vyaghata* Until 4:41AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:41PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 Rahu 7:35AM – 9:01AM	Gara Until 12:42AM Tue	Nataraja: Clear			3rd Phase
Until 4:51AM Tue			Shashthi* Until 11:35AM	Moon – Purple			Sivaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai			

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 233	
Kumbha Rasi: 7.14	Tithi 7 – 8	Gulika 11:55AM – 1:22PM	Shatabhishak Until 7:33AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 9:02AM – 10:28AM	Harshana Until 5:27AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:42PM		Moon 11 - Phase 32
		791413465 Rahu 2:48PM – 4:15PM	Visti Until 3:05AM Wed	Nataraja: Clear			Ashtami
Routine Work	Marana Yoga		Saptami Until 1:51PM	Moon – Purple			Sivaloka Day
Until 7:33AM Wed				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 234	
Kumbha Rasi: 19.08	Tithi 8 – 9	Gulika 10:29AM – 11:55AM	Shatabhishak Until 7:33AM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM		Vikarin 5121
		Yama 7:35AM – 9:02AM	Vajra* Until 6:15AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:42PM		Moon 11 - Phase 32
		791413465 Rahu 11:55AM – 1:22PM	Balava Until 5:36AM Thu	Nataraja: Clear			Navami
Creative Work	Siddha Yoga		Ashtami* Until 4:19PM	Moon – Purple			Sivaloka Day
Until 7:33AM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra/Siddhi Yoga Kaulava Karana Navamyam Titau	ain, Trinidad and Tobago Sun 22 Sutra 235
Meena Rasi: 1.01	Tithi 9	Gulika 9:03AM – 10:29AM	Purvaproshtapada* Until 10:39AM	Ganesha: Yellow <i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 6:09AM – 7:36AM	Vajra* Until 6:15AM	Muruqa: Purple <i>Sunset:</i> 5:42PM	Moon 11 - Phase 33
Creative Work	Siddha Yoga	711413465 Rahu 1:22PM – 2:49PM	Kaulava Until 6:48PM	Nataraja: Clear	4th Phase
			Navami* Until 6:48PM	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau	ain, Trinidad and Tobago Sun 23 Sutra 236
Meena Rasi: 12.56	Tithi 10	Gulika 7:36AM – 9:03AM	Uttaraproshtapada Until 1:27PM	Ganesha: Yellow <i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 2:49PM – 4:16PM	Siddhi Until 6:59AM	Muruqa: Purple <i>Sunset:</i> 5:43PM	Moon 11 - Phase 33
Creative Work	Siddha Yoga	711413465 Rahu 10:30AM – 11:56AM	Taitila Until 8:00AM	Nataraja: Clear	4th Phase
			Dashami Until 9:05PM	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau	ain, Trinidad and Tobago Sun 24 Sutra 237
Meena Rasi: 24.58	Tithi 11	Gulika 6:10AM – 7:37AM	Revati Until 3:46PM	Ganesha: White <i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 1:23PM – 2:50PM	Vyatipata* Until 7:31AM	Muruqa: Purple <i>Sunset:</i> 5:43PM	Moon 11 - Phase 33
Routine Work	Prabalarishta Yoga	711513465 Rahu 9:04AM – 10:30AM	Vanija Until 10:07AM	Nataraja: Clear	4th Phase
Until 3:46PM			Ekadashi Until 10:59PM	Moon – Clear	Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Gita Jayanthi		Margasira-Karttikai	

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	ain, Trinidad and Tobago Sun 25 Sutra 238
Mesha Rasi: 7.1	Tithi 12	Gulika 2:50PM – 4:17PM	Ashvini Until 5:59PM	Ganesha: Clear <i>Sunrise:</i> 6:11AM	Vikarin 5121
		Yama 11:57AM – 1:24PM	Variyan Until 7:43AM	Muruqa: Purple <i>Sunset:</i> 5:43PM	Moon 11 - Phase 33
Creative Work	Siddha Yoga	721513465 Rahu 4:17PM – 5:43PM	Bava Until 11:47AM	Nataraja: Clear	4th Phase
Until 5:59PM			Dvadashi Until 12:24AM Mon	Moon – White	Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Margasira-Karttikai	

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau	ain, Trinidad and Tobago Sun 26 Sutra 239
Mesha Rasi: 19.34	Tithi 13	Gulika 1:24PM – 2:51PM	Bharani Until 7:30PM	Ganesha: Clear <i>Sunrise:</i> 6:11AM	Vikarin 5121
Family Home Evening		Yama 10:31AM – 11:58AM	Parigha* Until 7:31AM	Muruqa: Purple <i>Sunset:</i> 5:44PM	Moon 11 - Phase 33
Creative Work	Siddha Yoga	721513465 Rahu 7:38AM – 9:05AM	Kaulava Until 12:55PM	Nataraja: Clear	4th Phase
Until 7:30PM			Trayodashi Until 1:15AM Tue	Moon – White	Sivaloka Day
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	Margasira-Karttikai	

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	ain, Trinidad and Tobago Sun 27 Sutra 240
Vrishabha Rasi: 2.14	Tithi 14	Gulika 11:58AM – 1:25PM	Krittika Until 8:18PM	Ganesha: Clear <i>Sunrise:</i> 6:12AM	Vikarin 5121
		Yama 9:05AM – 10:31AM	Shiva Until 6:54AM	Muruqa: Purple <i>Sunset:</i> 5:44PM	Moon 11 - Phase 33
Creative Work	Siddha Yoga	721513465 Rahu 2:51PM – 4:18PM	Gara Until 1:29PM	Nataraja: Clear	4th Phase
Until 8:18PM			Chaturdashi* Until 1:31AM Wed	Moon – White	Sivaloka Day
Then Creative Work - Amrita Yoga		Krittika Deepam		Margasira-Karttikai	

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	ain, Trinidad and Tobago Sutra 241
Copper Retreat Star		Gulika 10:32AM – 11:58AM	Rohini Until 8:52PM	Ganesha: Purple <i>Sunrise:</i> 6:13AM	Vikarin 5121
Vrishabha Rasi: 15.1	Tithi 15	Yama 7:39AM – 9:05AM	Sadhya Until 4:20AM Thu	Muruqa: Clear <i>Sunset:</i> 5:44PM	Moon 11 - Phase 33
Creative Work	Siddha Yoga	731523465 Rahu 11:58AM – 1:25PM	Visti Until 1:28PM	Nataraja: Clear	Purnima
			Purnima* Until 1:14AM Thu	Moon – Yellow	Sivaloka Day
				Margasira-Karttikai	

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	ain, Trinidad and Tobago Sutra 242
Vrishabha Rasi: 28.23	Tithi 16	Gulika 9:06AM – 10:32AM	Mrigashira Until 8:48PM	Ganesha: Clear <i>Sunrise:</i> 6:13AM	Vikarin 5121
		Yama 6:13AM – 7:40AM	Subha Until 2:28AM Fri	Muruqa: Clear <i>Sunset:</i> 5:45PM	Moon 11 - Phase 33
Routine Work	Marana Yoga	732523465 Rahu 1:25PM – 2:52PM	Balava Until 12:55PM	Nataraja: Clear	Prathama
			Prathama* Until 12:27AM Fri	Moon – Yellow	Devaloka Day
				Margasira-Karttikai	
		Vinayaga Viratam Begins			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

ain, Trinidad and Tobago

Sutra 243

Vikarin 5121

Mithuna Rasi: 11.51 Tithi 17

732523465

Gulika 7:40AM – 9:06AM
Yama 2:52PM – 4:19PM
Rahu 10:33AM – 11:59AM

Ardra **Until 8:09PM**
Sukla **Until 12:15AM Sat**
Taitila **Until 11:56AM**
Dvitiya **Until 11:16PM**

Ganesha: Clear *Sunrise: 6:14AM*

Muruqa: Clear *Sunset: 5:45PM*

Nataraja: Clear

Moon – Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 25.33 Tithi 18

742523465

Gulika 6:14AM – 7:41AM
Yama 1:26PM – 2:53PM
Rahu 9:07AM – 10:33AM

Punarvasu **Until 7:29PM**
Brahma **Until 9:49PM**
Vanija **Until 10:34AM**
Tritiya **Until 9:45PM**

Ganesha: Purple *Sunrise: 6:14AM*

Muruqa: Clear *Sunset: 5:46PM*

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 9.25 Tithi 19

742523465

Gulika 2:53PM – 4:20PM
Yama 12:00PM – 1:27PM
Rahu 4:20PM – 5:46PM

Pushya **Until 6:25PM**
Indra **Until 7:11PM**
Bava **Until 8:55AM**
Chaturthi* **Until 8:00PM**

Ganesha: Purple *Sunrise: 6:15AM*

Muruqa: Clear *Sunset: 5:46PM*

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 23.26 Tithi 20

842523465

Gulika 1:27PM – 2:54PM
Yama 10:34AM – 12:01PM
Rahu 7:42AM – 9:08AM

Ashlesha* **Until 5:02PM**
Vaidhrili* **Until 4:24PM**
Kaulava **Until 7:04AM**
Panchami **Until 6:04PM**

Ganesha: Clear *Sunrise: 6:15AM*

Muruqa: Clear *Sunset: 5:47PM*

Nataraja: Clear

Moon – Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 5:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 7.32 Tithi 21 – 22

852523465

Gulika 12:01PM – 1:28PM
Yama 9:09AM – 10:35AM
Rahu 2:54PM – 4:21PM

Magha* **Until 3:50PM**
Vishkambha* **Until 1:33PM**
Visti **Until 3:02AM Wed**
Shashthi* **Until 4:03PM**

Ganesha: Purple *Sunrise: 6:16AM*

Muruqa: Clear *Sunset: 5:47PM*

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 21.4 Tithi 22 – 23

852523465

Gulika 10:35AM – 12:02PM
Yama 7:43AM – 9:09AM
Rahu 12:02PM – 1:28PM

Purvaphalguni **Until 2:27PM**
Priti **Until 10:40AM**
Balava **Until 12:57AM Thu**
Saptami **Until 1:59PM**

Ganesha: Purple *Sunrise: 6:16AM*

Muruqa: Clear *Sunset: 5:47PM*

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 5.5 Tithi 23 – 24

852523465

Gulika 9:10AM – 10:36AM
Yama 6:17AM – 7:43AM
Rahu 1:29PM – 2:55PM

Uttaraphalguni **Until 12:55PM**
Ayushman **Until 7:44AM**
Taitila **Until 10:53PM**
Ashtami* **Until 11:54AM**

Ganesha: Purple *Sunrise: 6:17AM*

Muruqa: Clear *Sunset: 5:48PM*

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM


Until 12:55PM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		ain, Trinidad and Tobago Sun 7 Sutra 250	
Kanya Rasi: 19.59	Tithi 24 – 25	862523465	Gulika 7:44AM – 9:10AM Yama 2:56PM – 4:22PM Rahu 10:36AM – 12:03PM	Hasta Until 11:41AM Sobhana Until 1:59AM Sat Vanija Until 8:51PM Navami* Until 9:50AM	Ganesha: Clear <i>Sunrise: 6:17AM</i> Muruqa: Clear <i>Sunset: 5:48PM</i> Nataraja: Clear Moon – Green	Devaloka Day Vikarin 5121 Moon 12 - Phase 35 2nd Phase	
Creative Work Amrita Yoga		Until 11:41AM		Then Creative Work - Siddha Yoga			
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		ain, Trinidad and Tobago Sun 8 Sutra 251	
Tula Rasi: 4.05	Tithi 25 – 26	862523465	Gulika 6:18AM – 7:44AM Yama 1:30PM – 2:56PM Rahu 9:11AM – 10:37AM	Chitra Until 10:22AM Athiganda* Until 11:12PM Bava Until 6:54PM Dashami Until 7:51AM	Ganesha: Clear <i>Sunrise: 6:18AM</i> Muruqa: Clear <i>Sunset: 5:49PM</i> Nataraja: Clear Moon – Green	Devaloka Day Vikarin 5121 Moon 12 - Phase 35 2nd Phase	
Routine Work Marana Yoga		Until 10:22AM		Then Creative Work - Siddha Yoga			
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		ain, Trinidad and Tobago Sun 9 Sutra 252	
Tula Rasi: 18.08	Tithi 27	862523465	Gulika 2:57PM – 4:23PM Yama 12:04PM – 1:30PM Rahu 4:23PM – 5:49PM	Svati Until 9:03AM Sukarma Until 8:33PM Kaulava Until 5:07PM Dvadashi* Until 4:17AM Mon	Ganesha: Clear <i>Sunrise: 6:18AM</i> Muruqa: Clear <i>Sunset: 5:49PM</i> Nataraja: Clear Moon – Green	Devaloka Day Vikarin 5121 Moon 12 - Phase 35 2nd Phase	
Creative Work Siddha Yoga		Until 9:03AM		Then Routine Work - Marana Yoga			
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau		ain, Trinidad and Tobago Sun 10 Sutra 253	
Vrischika Rasi: 2.02	Tithi 28	872523465	Gulika 1:31PM – 2:57PM Yama 10:38AM – 12:04PM Rahu 7:45AM – 9:12AM	Vishakha Until 8:13AM Dhriti Until 6:07PM Gara Until 3:34PM Trayodashi* Until 2:52AM Tue <i>Pradosha Vrata (Fasting)</i>	Ganesha: White <i>Sunrise: 6:19AM</i> Muruqa: Clear <i>Sunset: 5:50PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Vikarin 5121 Moon 12 - Phase 35 2nd Phase Devaloka Time: 3:PM to 6:PM	
Family Home Evening		Until 8:13AM		Then Creative Work - Siddha Yoga			
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		ain, Trinidad and Tobago Sun 11 Sutra 254	
Vrischika Rasi: 15.47	Tithi 29	872523465	Gulika 12:05PM – 1:31PM Yama 9:12AM – 10:38AM Rahu 2:58PM – 4:24PM	Anuradha Until 7:31AM Shula* Until 3:54PM Visti Until 2:19PM Chaturdashi* Until 1:49AM Wed	Ganesha: White <i>Sunrise: 6:19AM</i> Muruqa: Clear <i>Sunset: 5:50PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Vikarin 5121 Moon 12 - Phase 35 2nd Phase Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga		Until 7:31AM		Then Routine Work - Marana Yoga			
		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		ain, Trinidad and Tobago Sun 12 Sutra 255	
Vrischika Rasi: 29.2	Tithi 30	873523465	Gulika 10:39AM – 12:05PM Yama 7:46AM – 9:12AM Rahu 12:05PM – 1:32PM	Jyeshtha* Until 7:02AM Ganda* Until 2:02PM Catuspada Until 1:29PM Amavasya* Until 1:14AM Thu	Ganesha: Clear <i>Sunrise: 6:20AM</i> Muruqa: Clear <i>Sunset: 5:51PM</i> Nataraja: Clear Moon – Orange	Devaloka Day Vikarin 5121 Moon 12 - Phase 35 Amavasya	
Retreat Star		Until 7:02AM		Then Routine Work - Marana Yoga			
6		Thursday, December 26, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		ain, Trinidad and Tobago Sun 13 Sutra 256	
Dhanus Rasi: 13	Tithi 1	883523466	Gulika 9:13AM – 10:39AM Yama 6:20AM – 7:47AM Rahu 1:32PM – 2:59PM	Mula* Until 7:19AM Vridhhi Until 12:34PM Kintughna Until 1:09PM Prathama* Until 1:10AM Fri	Ganesha: Orange <i>Sunrise: 6:20AM</i> Muruqa: Clear <i>Sunset: 5:51PM</i> Nataraja: Orange Moon – Light Blue	Devaloka Day Vikarin 5121 Moon 12 - Phase 35 Prathama Pausha-Markali	
Creative Work Siddha Yoga		Annular Solar Eclipse					

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				ain, Trinidad and Tobago
Dhanus Rasi: 25.35	Tithi 2	Gulika 7:47AM – 9:13AM	Purvashadha* Until 7:59AM	Ganesha: Orange	<i>Sunrise:</i> 6:21AM	Sun 14	Sutra 257	Vikarin 5121
		Yama 2:59PM – 4:26PM	Dhruva Until 11:31AM	Muruqa: Clear	<i>Sunset:</i> 5:52PM			Moon 12 - Phase 36
		883523466 Rahu 10:40AM – 12:06PM	Balava Until 1:22PM	Nataraja: Orange				3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 1:42AM Sat	Moon – Light Blue				Devaloka Day
Until 7:59AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				ain, Trinidad and Tobago
Makara Rasi: 8.18	Tithi 3	Gulika 6:21AM – 7:47AM	Uttarashadha Until 9:04AM	Ganesha: Orange	<i>Sunrise:</i> 6:21AM	Sun 15	Sutra 258	Vikarin 5121
		Yama 1:33PM – 3:00PM	Vyaghata* Until 10:56AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM			Moon 12 - Phase 36
		883523466 Rahu 9:14AM – 10:40AM	Taitila Until 2:12PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Tritiya Until 2:49AM Sun	Moon – Light Blue				Devaloka Day
Until 9:04AM				Pausha-Markali				
Then Creative Work - Siddha Yoga								

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				ain, Trinidad and Tobago
Makara Rasi: 20.44	Tithi 4	Gulika 3:00PM – 4:27PM	Shravana Until 11:02AM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 16	Sutra 259	Vikarin 5121
		Yama 12:07PM – 1:34PM	Harshana Until 10:48AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM			Moon 12 - Phase 36
		893523466 Rahu 4:27PM – 5:53PM	Vanija Until 3:37PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 4:29AM Mon	Moon – Purple				Devaloka Day
Until 11:02AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				ain, Trinidad and Tobago
Kumbha Rasi: 2.58	Tithi 5	Gulika 1:34PM – 3:01PM	Dhanishtha Until 1:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 17	Sutra 260	Vikarin 5121
Family Home Evening		Yama 10:41AM – 12:08PM	Vajra* Until 11:03AM	Muruqa: Clear	<i>Sunset:</i> 5:54PM			Moon 12 - Phase 36
		893523466 Rahu 7:48AM – 9:15AM	Bava Until 5:31PM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:36AM Tue	Moon – Purple				Devaloka Day
				Pausha-Markali				

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				ain, Trinidad and Tobago
Kumbha Rasi: 15	Tithi 5 – 6	Gulika 12:08PM – 1:35PM	Shatabhishak Until 3:50PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 18	Sutra 261	Vikarin 5121
		Yama 9:15AM – 10:42AM	Siddhi Until 11:36AM	Muruqa: Clear	<i>Sunset:</i> 5:54PM			Moon 12 - Phase 36
		893523466 Rahu 3:01PM – 4:28PM	Kaulava Until 7:48PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Panchami Until 6:36AM	Moon – Purple				Devaloka Day
				Pausha-Markali				

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				ain, Trinidad and Tobago
Kumbha Rasi: 26.56	Tithi 6 – 7	Gulika 10:43AM – 12:09PM	Purvaproshtapada* Until 6:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM	Sun 19	Sutra 262	Vikarin 5121
		Yama 7:50AM – 9:16AM	Vyatipata* Until 12:21PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM			Moon 12 - Phase 36
		813623466 Rahu 12:09PM – 1:36PM	Gara Until 10:17PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 9:01AM	Moon – Clear				Bhuloka Day
Until 6:54PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				ain, Trinidad and Tobago
Meena Rasi: 8.49	Tithi 7 – 8	Gulika 9:17AM – 10:43AM	Uttaraproshtapada Until 9:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Sun 20	Sutra 263	Vikarin 5121
		Yama 6:24AM – 7:50AM	Variyan Until 1:08PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM			Moon 12 - Phase 36
		813623466 Rahu 1:36PM – 3:03PM	Visti Until 12:46AM Fri	Nataraja: Orange				Ashtami
Creative Work	Siddha Yoga		Saptami Until 11:31AM	Moon – Clear				Bhuloka Day
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				ain, Trinidad and Tobago
Meena Rasi: 20.44	Tithi 8 – 9	Gulika 7:50AM – 9:17AM	Revati Until 12:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Sun 21	Sutra 264	Vikarin 5121
		Yama 3:03PM – 4:30PM	Parigha* Until 1:51PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM			Moon 12 - Phase 36
		813623466 Rahu 10:44AM – 12:10PM	Balava Until 3:02AM Sat	Nataraja: Orange				Navami
Creative Work	Siddha Yoga		Ashtami* Until 1:55PM	Moon – Clear				Bhuloka Day
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	ain, Trinidad and Tobago Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 2.44	Tithi 9 – 10	823623466	Gulika 6:24AM – 7:51AM Yama 1:37PM – 3:04PM Rahu 9:17AM – 10:44AM	Ashvini Until 2:54AM Sun Shiva Until 2:21PM Taitila Until 4:54AM Sun Navami* Until 4:01PM	Ganesha: Yellow <i>Sunrise:</i> 6:24AM Muruqa: Clear <i>Sunset:</i> 5:57PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 2:54AM Sun			
Then Routine Work - Prabalarishta Yoga					

2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	ain, Trinidad and Tobago Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 14.54	Tithi 10 – 11	823623466	Gulika 3:04PM – 4:31PM Yama 12:11PM – 1:38PM Rahu 4:31PM – 5:57PM	Bharani Until 4:44AM Mon Siddha Until 2:27PM Vanija Until 6:11AM Mon Dashami Until 5:36PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:57PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Routine Work Prabalarishta Yoga		Until 4:44AM Mon			
Then Routine Work - Marana Yoga		Subramuniaswami Jayanti			

3		Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau	ain, Trinidad and Tobago Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.19	Tithi 11	823623466	Gulika 1:38PM – 3:05PM Yama 10:45AM – 12:11PM Rahu 7:52AM – 9:18AM	Krittika Until 5:45AM Tue Sadhya Until 2:06PM Vanija Until 6:11AM Ekadashi Until 6:33PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:58PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Family Home Evening		Until 5:45AM Tue			
Then Creative Work - Amrita Yoga		Vaikuntha Ekadasi			

4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvodashyam Titau	ain, Trinidad and Tobago Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.02	Tithi 12	833623466	Gulika 12:12PM – 1:39PM Yama 9:19AM – 10:45AM Rahu 3:05PM – 4:32PM	Rohini Until 6:22AM Wed Subha Until 1:13PM Bava Until 6:47AM Dvadashi Until 6:47PM	Ganesha: White <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:58PM Nataraja: Orange Moon – Yellow Bhuloka Day Pausha-Markali Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga		Until 6:22AM Wed			
Then Creative Work - Siddha Yoga					

5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau	ain, Trinidad and Tobago Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.07	Tithi 13	833623466	Gulika 10:46AM – 12:12PM Yama 7:52AM – 9:19AM Rahu 12:12PM – 1:39PM	Rohini Until 6:22AM Sukla Until 11:44AM Kaulava Until 6:38AM Trayodashi Until 6:17PM	Ganesha: White <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 5:59PM Nataraja: Orange Moon – Yellow Bhuloka Day Pausha-Markali Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga		Until 6:17PM			
		Pradosha Vrata			

6		Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	ain, Trinidad and Tobago Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 6.34	Tithi 14 – 15	834623466	Gulika 9:19AM – 10:46AM Yama 6:26AM – 7:53AM Rahu 1:39PM – 3:06PM	Mrigashira Until 6:09AM Brahma Until 9:44AM Visti Until 4:19AM Fri Chaturdashi* Until 5:07PM	Ganesha: Yellow <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 6:00PM Nataraja: Orange Moon – Yellow Devaloka Day Pausha-Markali
Routine Work Marana Yoga		Until 5:07PM			
		Ardra Darshanam			

○		Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	ain, Trinidad and Tobago Sun 27 Sutra 271 Vikarin 5121
Copper Retreat Star					
Mithuna Rasi: 20.23	Tithi 15 – 16	844623466	Gulika 7:53AM – 9:20AM Yama 3:07PM – 4:33PM Rahu 10:46AM – 12:13PM	Punarvasu Until 3:59AM Sat Indra Until 7:16AM Balava Until 2:20AM Sat Purnima* Until 3:22PM	Ganesha: White <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 6:00PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 3:22PM			
		Penumbra Lunar Eclipse			

○		Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	ain, Trinidad and Tobago Sun 28 Sutra 272 Vikarin 5121
Silver Retreat Star					
Kataka Rasi: 4.31	Tithi 16 – 17	844623466	Gulika 6:26AM – 7:53AM Yama 1:40PM – 3:07PM Rahu 9:20AM – 10:47AM	Pushya Until 2:17AM Sun Vishkambha* Until 1:12AM Sun Taitila Until 11:58PM Prathama* Until 1:10PM	Ganesha: White <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 6:01PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 1:10PM			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 18.53 Tithi 17 - 18

844623466

Gulika 3:07PM - 4:34PM
Yama 12:14PM - 1:41PM
Rahu 4:34PM - 6:01PM

Ashlesha* Until 12:13AM Mon
Priti Until 9:51PM
Vanija Until 9:21PM
Dvitiya Until 10:40AM

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 6:01PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 12:13AM Mon

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 3.25 Tithi 18 - 19

854623466

Gulika 1:41PM - 3:08PM
Yama 10:47AM - 12:14PM
Rahu 7:54AM - 9:21AM

Magha* Until 10:21PM
Ayushman Until 6:24PM
Bava Until 6:39PM
Tritiya Until 7:59AM

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 6:02PM
Nataraja: Orange
Moon - Red
Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 17.58 Tithi 20

854623466

Gulika 12:15PM - 1:41PM
Yama 9:21AM - 10:48AM
Rahu 3:08PM - 4:35PM

Purvaphalguni Until 8:23PM
Saubhagya Until 2:58PM
Kaulava Until 3:57PM
Panchami Until 2:38AM Wed

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 6:02PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 8:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 2.27 Tithi 21

854623466

Gulika 10:48AM - 12:15PM
Yama 7:54AM - 9:21AM
Rahu 12:15PM - 1:42PM

Uttaraphalguni Until 6:26PM
Sobhana Until 11:40AM
Gara Until 1:24PM
Shashthi* Until 12:11AM Thu

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 6:03PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 6:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 16.48 Tithi 22

864623466

Gulika 9:21AM - 10:48AM
Yama 6:28AM - 7:54AM
Rahu 1:42PM - 3:09PM

Hasta Until 5:00PM
Athiganda* Until 8:30AM
Visti Until 11:04AM
Saptami Until 9:59PM

Ganesha: Purple *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 6:03PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 5:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Tula Rasi: 0.58 Tithi 23

864623466

Gulika 7:55AM - 9:22AM
Yama 3:10PM - 4:37PM
Rahu 10:49AM - 12:16PM

Chitra Until 3:43PM
Dhriti Until 2:56AM Sat
Balava Until 9:01AM
Ashtami* Until 8:06PM

Ganesha: Purple *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 6:04PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Tula Rasi: 14.56 Tithi 24

864623466

Gulika 6:28AM - 7:55AM
Yama 1:43PM - 3:10PM
Rahu 9:22AM - 10:49AM

Svati Until 2:39PM
Shula* Until 12:33AM Sun
Taitila Until 7:19AM
Navami* Until 6:35PM

Ganesha: Purple *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 6:04PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago	
		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 280	
Tula Rasi: 28.4	Tithi 25 – 26	Gulika	3:10PM – 4:37PM	Vishakha Until 2:14PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama	12:16PM – 1:43PM	Ganda* Until 10:30PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	874623466 Rahu	4:37PM – 6:05PM	Bava Until 5:01AM Mon	Nataraja: Orange		2nd Phase
				Dashami Until 5:26PM	Moon – Orange		
					Pausha*Thai		Devaloka Day

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago	
		Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Sun 9 Sutra 281	
Vrischika Rasi: 12.11	Tithi 26 – 27	Gulika	1:44PM – 3:11PM	Anuradha Until 2:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Vikarin 5121
Family Home Evening		Yama	10:49AM – 12:17PM	Vriddhi Until 8:45PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	874623466 Rahu	7:55AM – 9:22AM	Kaulava Until 4:27AM Tue	Nataraja: Orange		2nd Phase
				Ekadashi* Until 4:40PM	Moon – Orange		
					Pausha*Thai		Devaloka Day

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago	
		Jyeshtha*/Mula* Nakshatra Dhruva Yoga Taila/Gara Karana Dvadashti/Trayodashyam Titau				Sun 10 Sutra 282	
Vrischika Rasi: 25.28	Tithi 27 – 28	Gulika	12:17PM – 1:44PM	Jyeshtha* Until 2:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama	9:23AM – 10:50AM	Dhruva Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	875623466 Rahu	3:11PM – 4:38PM	Gara Until 4:18AM Wed	Nataraja: Orange		2nd Phase
Until 2:05PM				Dvadashti* Until 4:18PM	Moon – Orange		
Then Creative Work - Amrita Yoga					Pausha*Thai		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago	
		Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 283	
Dhanus Rasi: 8.33	Tithi 28 – 29	Gulika	10:50AM – 12:17PM	Mula* Until 2:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama	7:55AM – 9:23AM	Vyaghata* Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 Rahu	12:17PM – 1:44PM	Visti Until 4:34AM Thu	Nataraja: Orange		2nd Phase
Until 2:51PM				Trayodashi* Until 4:21PM	Moon – Light Blue		
Then Creative Work - Amrita Yoga					Pausha*Thai		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago	
		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 284	
Dhanus Rasi: 21.26	Tithi 29 – 30	Gulika	9:23AM – 10:50AM	Purvashadha* Until 3:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama	6:28AM – 7:56AM	Harshana Until 5:23PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	885623466 Rahu	1:45PM – 3:12PM	Catuspada Until 5:15AM Fri	Nataraja: Orange		2nd Phase
Until 3:51PM				Chaturdashi* Until 4:50PM	Moon – Light Blue		
Then Routine Work - Marana Yoga					Pausha*Thai		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago	
		Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 285	
Makara Rasi: 4.06	Tithi 30 – 1	Gulika	7:56AM – 9:23AM	Uttarashadha Until 5:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama	3:12PM – 4:39PM	Vajra* Until 4:54PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 Rahu	10:50AM – 12:18PM	Kintughna Until 6:23AM Sat	Nataraja: Orange		Amavasya
				Amavasya* Until 5:44PM	Moon – Light Blue		
					Pausha*Thai		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago	
		Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 286	
Makara Rasi: 16.34	Tithi 1	Gulika	6:28AM – 7:56AM	Shravana Until 7:08PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama	1:45PM – 3:12PM	Siddhi Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	995623466 Rahu	9:23AM – 10:50AM	Kintughna Until 6:23AM	Nataraja: Orange		Prathama
				Prathama* Until 7:05PM	Moon – Purple		
					Magha*Thai		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Varyan Yoga Balava/Kaulava Karana Dvilyayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 287	
Makara Rasi: 28.52	Tithi 2	Gulika 3:13PM – 4:40PM	Dhanishtha Until 9:21PM	Ganesha: Orange	Sunrise: 6:28AM		Vikarin 5121
		Yama 12:18PM – 1:45PM	Vyatipata* Until 4:57PM	Muruqa: Clear	Sunset: 6:08PM		Moon 1 - Phase 40
		995723466 Rahu 4:40PM – 6:08PM	Balava Until 7:56AM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 8:50PM	Moon – Purple		Devaloka Day	
Until 9:21PM				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau		ain, Trinidad and Tobago Sun 16 Sutra 288	
Kumbha Rasi: 11.01	Tithi 3	Gulika 1:46PM – 3:13PM	Shatabhishak Until 11:45PM	Ganesha: Orange	Sunrise: 6:28AM		Vikarin 5121
Family Home Evening		Yama 10:51AM – 12:18PM	Variyan Until 5:23PM	Muruqa: Clear	Sunset: 6:08PM		Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 Rahu 7:56AM – 9:23AM	Taitila Until 9:52AM	Nataraja: Orange			3rd Phase
Until 11:45PM			Tritiya Until 10:56PM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthiyam Titau		ain, Trinidad and Tobago Sun 17 Sutra 289	
Kumbha Rasi: 23.01	Tithi 4	Gulika 12:18PM – 1:46PM	Purvaproshtapada* Until 2:44AM Wed	Ganesha: Green	Sunrise: 6:28AM		Vikarin 5121
		Yama 9:23AM – 10:51AM	Parigha* Until 6:02PM	Muruqa: Clear	Sunset: 6:08PM		Moon 1 - Phase 40
		915723466 Rahu 3:13PM – 4:41PM	Vanija Until 12:06PM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 1:18AM Wed	Moon – Clear		Sivaloka Day	
Until 2:44AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 290	
Meena Rasi: 4.56	Tithi 5	Gulika 10:51AM – 12:19PM	Uttaraproshtapada Until 5:41AM Thu	Ganesha: Green	Sunrise: 6:28AM		Vikarin 5121
		Yama 7:56AM – 9:23AM	Shiva Until 6:51PM	Muruqa: Clear	Sunset: 6:09PM		Moon 1 - Phase 40
		915723466 Rahu 12:19PM – 1:46PM	Bava Until 2:34PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:49AM Thu	Moon – Clear		Sivaloka Day	
				Magha-Thai			

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthiyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 291	
Meena Rasi: 16.49	Tithi 6	Gulika 9:24AM – 10:51AM	Revati Until 8:26AM Fri	Ganesha: Green	Sunrise: 6:28AM		Vikarin 5121
		Yama 6:28AM – 7:56AM	Siddha Until 7:40PM	Muruqa: Clear	Sunset: 6:09PM		Moon 1 - Phase 40
		915723466 Rahu 1:46PM – 3:14PM	Kaulava Until 5:06PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:19AM Fri	Moon – Clear		Sivaloka Day	
Until 8:26AM Fri				Magha-Thai			
Then Creative Work - Amrita Yoga							

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 292	
Meena Rasi: 28.41	Tithi 6 – 7	Gulika 7:56AM – 9:24AM	Revati Until 8:26AM	Ganesha: Orange	Sunrise: 6:28AM		Vikarin 5121
		Yama 3:14PM – 4:42PM	Sadhya Until 8:25PM	Muruqa: Clear	Sunset: 6:09PM		Moon 1 - Phase 40
		916723466 Rahu 10:51AM – 12:19PM	Gara Until 7:32PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:19AM	Moon – Clear		Devaloka Day	
Until 8:26AM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 293	
Mesha Rasi: 10.39	Tithi 7 – 8	Gulika 6:28AM – 7:56AM	Ashvini Until 11:20AM	Ganesha: Green	Sunrise: 6:28AM		Vikarin 5121
		Yama 1:47PM – 3:14PM	Subha Until 8:57PM	Muruqa: Clear	Sunset: 6:09PM		Moon 1 - Phase 40
		926723466 Rahu 9:24AM – 10:51AM	Visti Until 9:40PM	Nataraja: Orange			Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:38AM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 294	
Mesha Rasi: 22.45	Tithi 8 – 9	Gulika 3:14PM – 4:42PM	Bharani Until 1:39PM	Ganesha: Green	Sunrise: 6:28AM		Vikarin 5121
		Yama 12:19PM – 1:47PM	Sukla Until 9:05PM	Muruqa: Clear	Sunset: 6:10PM		Moon 1 - Phase 40
		926723466 Rahu 4:42PM – 6:10PM	Balava Until 11:18PM	Nataraja: Orange			Navami
Routine Work	Prabalarishta Yoga		Ashtami* Until 10:32AM	Moon – White		Bhuloka Day	
Until 1:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

1	Monday, February 3, 2020	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	ain, Trinidad and Tobago Sun 23 Sutra 295
	Vrishabha Rasi: 5.05 Tithi 9 – 10 Family Home Evening Routine Work Marana Yoga Until 3:12PM Then Creative Work - Amrita Yoga	Gulika 1:47PM – 3:15PM Yama 10:51AM – 12:19PM Rahu 7:56AM – 9:24AM	Krittika Until 3:12PM Brahma Until 8:42PM Taitila Until 12:13AM Tue Navami* Until 11:50AM

Ganesha: Green Sunrise: 6:28AM
Muruga: Clear Sunset: 6:10PM Moon 1 - Phase 41
Nataraja: Orange
Moon – White
Magha*Thai
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2	Tuesday, February 4, 2020	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	ain, Trinidad and Tobago Sun 24 Sutra 296
	Vrishabha Rasi: 17.45 Tithi 10 – 11 936723467 Creative Work Amrita Yoga Until 4:20PM Then Creative Work - Siddha Yoga	Gulika 12:19PM – 1:47PM Yama 9:24AM – 10:51AM Rahu 3:15PM – 4:43PM	Rohini Until 4:20PM Indra Until 7:44PM Vanija Until 12:19AM Wed Dashami Until 12:21PM

Ganesha: Red Sunrise: 6:28AM
Muruga: Clear Sunset: 6:11PM Moon 1 - Phase 41
Nataraja: Clear
Moon – Yellow
Magha*Thai
Devaloka Day

3	Wednesday, February 5, 2020	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	ain, Trinidad and Tobago Sun 25 Sutra 297
	Mithuna Rasi: 0.49 Tithi 11 – 12 936723467 Creative Work Siddha Yoga	Gulika 10:51AM – 12:19PM Yama 7:56AM – 9:24AM Rahu 12:19PM – 1:47PM	Mrigashira Until 4:29PM Vaidhriti* Until 6:05PM Bava Until 11:35PM Ekadashi Until 12:02PM

Ganesha: Red Sunrise: 6:28AM
Muruga: Clear Sunset: 6:11PM Moon 1 - Phase 41
Nataraja: Clear
Moon – Yellow
Magha*Thai
Devaloka Day


4	Thursday, February 6, 2020	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau	ain, Trinidad and Tobago Sun 26 Sutra 298
	Mithuna Rasi: 14.19 Tithi 12 – 13 936723467 Routine Work Marana Yoga Until 3:41PM Then Creative Work - Amrita Yoga	Gulika 9:24AM – 10:51AM Yama 6:28AM – 7:56AM Rahu 1:47PM – 3:15PM	Ardra Until 3:41PM Vishkambha* Until 3:48PM Kaulava Until 10:03PM Dvodashi Until 10:54AM

Ganesha: Red Sunrise: 6:28AM
Muruga: Clear Sunset: 6:11PM Moon 1 - Phase 41
Nataraja: Clear
Moon – Yellow
Magha*Thai
Devaloka Day


Pradosha Vrata

5	Friday, February 7, 2020	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	ain, Trinidad and Tobago Sun 27 Sutra 299
	Mithuna Rasi: 28.17 Tithi 13 – 14 947723467 Creative Work Siddha Yoga Until 2:28PM Then Routine Work - Marana Yoga	Gulika 7:55AM – 9:23AM Yama 3:15PM – 4:43PM Rahu 10:51AM – 12:19PM	Punarvasu Until 2:28PM Priti Until 12:57PM Gara Until 7:50PM Trayodashi Until 9:00AM

Ganesha: Blue Sunrise: 6:27AM
Muruga: Clear Sunset: 6:11PM Moon 1 - Phase 41
Nataraja: Clear
Moon – Blue
Magha*Thai
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

	Saturday, February 8, 2020	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau	ain, Trinidad and Tobago Sutra 300
	Copper Retreat Star Kataka Rasi: 12.41 Tithi 14 – 15 947723467 Creative Work Siddha Yoga Until 12:31PM Then Routine Work - Marana Yoga	Gulika 6:27AM – 7:55AM Yama 1:48PM – 3:16PM Rahu 9:23AM – 10:51AM	Pushya Until 12:31PM Ayushman Until 9:36AM Bava Until 3:30AM Sun Chaturdashi* Until 6:29AM

Ganesha: Blue Sunrise: 6:27AM
Muruga: Clear Sunset: 6:12PM Moon 1 - Phase 41
Nataraja: Clear
Moon – Blue
Magha*Thai
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

	Sunday, February 9, 2020	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau	ain, Trinidad and Tobago Sutra 301
	Silver Retreat Star Kataka Rasi: 27.25 Tithi 16 947723467 Creative Work Siddha Yoga Until 10:01AM Then Routine Work - Marana Yoga	Gulika 3:16PM – 4:44PM Yama 12:20PM – 1:48PM Rahu 4:44PM – 6:12PM	Ashlesha* Until 10:01AM Sobhana Until 1:59AM Mon Balava Until 1:54PM Prathama* Until 12:13AM Mon

Ganesha: Blue Sunrise: 6:27AM
Muruga: Clear Sunset: 6:12PM Moon 1 - Phase 41
Nataraja: Clear
Moon – Blue
Magha*Thai
Bhuloka Day
Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020

Gold Retreat Star

Simha Rasi: 12.21 Tithi 17

Family Home Evening

957723467

Routine Work Marana Yoga

Until 7:33AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

ain, Trinidad and Tobago

Sutra 302

Vikarin 5121

Gulika

1:48PM - 3:16PM

Magha* Until 7:33AM

Ganesha: Red

Sunrise: 6:27AM

Yama

10:51AM - 12:20PM

Athiganda* Until 9:56PM

Muruqa: Clear

Sunset: 6:12PM

Moon 2 - Phase 42

Rahu

7:55AM - 9:23AM

Taitila Until 10:31AM

Nataraja: Clear

1st Phase

Dvitiya Until 8:47PM

Moon - Red
Magha*Thai

Devaloka Day

Tuesday, February 11, 2020

1

Simha Rasi: 27.22 Tithi 18 - 19

Creative Work Amrita Yoga

Until 2:08AM Wed

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 303

Vikarin 5121

Gulika

12:20PM - 1:48PM

Uttaraphalguni Until 2:08AM Wed

Ganesha: Red

Sunrise: 6:27AM

Yama

9:23AM - 10:51AM

Sukarma Until 5:57PM

Muruqa: Clear

Sunset: 6:13PM

Moon 2 - Phase 42

Rahu

3:16PM - 4:44PM

Vanija Until 7:06AM

Nataraja: Clear

1st Phase

Tritiya Until 5:24PM

Moon - Red
Magha*Thai

Devaloka Day

Wednesday, February 12, 2020

2

Kanya Rasi: 12.18 Tithi 19 - 20

Routine Work Marana Yoga

Until 11:56PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 304

Vikarin 5121

Gulika

10:51AM - 12:20PM

Hasta Until 11:56PM

Ganesha: Green

Sunrise: 6:26AM

Yama

7:55AM - 9:23AM

Dhriti Until 2:07PM

Muruqa: Clear

Sunset: 6:13PM

Moon 2 - Phase 42

Rahu

12:20PM - 1:48PM

Kaulava Until 12:43AM Thu

Nataraja: Clear

1st Phase

Chaturthi* Until 2:11PM

Moon - Green
Magha*Thai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Thursday, February 13, 2020

3

Kanya Rasi: 27.01 Tithi 20 - 21

Creative Work Siddha Yoga

Until 9:58PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 305

Vikarin 5121

Gulika

9:23AM - 10:51AM

Chitra Until 9:58PM

Ganesha: White

Sunrise: 6:26AM

Yama

6:26AM - 7:54AM

Shula* Until 10:32AM

Muruqa: Clear

Sunset: 6:13PM

Moon 2 - Phase 42

Rahu

1:48PM - 3:16PM

Gara Until 10:03PM

Nataraja: Clear

1st Phase

Panchami Until 11:19AM

Moon - Green
Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Friday, February 14, 2020

4

Tula Rasi: 11.26 Tithi 21 - 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 306

Vikarin 5121

Gulika

7:54AM - 9:23AM

Svati Until 8:23PM

Ganesha: White

Sunrise: 6:26AM

Yama

3:16PM - 4:45PM

Ganda* Until 7:20AM

Muruqa: Clear

Sunset: 6:13PM

Moon 2 - Phase 42

Rahu

10:51AM - 12:20PM

Visti Until 7:54PM

Nataraja: Clear

1st Phase

Shashthi* Until 8:53AM

Moon - Green
Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Saturday, February 15, 2020

Retreat Star

Tula Rasi: 25.3 Tithi 22 - 23

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 307

Vikarin 5121

Gulika

6:25AM - 7:54AM

Vishakha Until 7:39PM

Ganesha: Clear

Sunrise: 6:25AM

Yama

1:48PM - 3:16PM

Dhruva Until 2:17AM Sun

Muruqa: Clear

Sunset: 6:13PM

Moon 2 - Phase 42

Rahu

9:22AM - 10:51AM

Balava Until 6:19PM

Nataraja: Clear

Ashtami

Saptami Until 7:01AM

Moon - Orange
Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 9.11 Tithi 24

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 308

Vikarin 5121

Gulika

3:17PM - 4:45PM

Anuradha Until 7:23PM

Ganesha: Clear

Sunrise: 6:25AM

Yama

12:19PM - 1:48PM

Vyaghata* Until 12:30AM Mon

Muruqa: Clear

Sunset: 6:14PM

Moon 2 - Phase 42

Rahu

4:45PM - 6:14PM

Taitila Until 5:22PM

Nataraja: Clear

Navami

Navami* Until 5:06AM Mon

Moon - Orange
Magha*Masi

Devaloka Day


1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam	ain, Trinidad and Tobago
Vrischika Rasi: 22.31		Tithi 25		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau	Sun 7 Sutra 309
Family Home Evening		978723467		Gulika 1:48PM – 3:17PM	Jyeshtha* Until 7:33PM
Creative Work Siddha Yoga		Yama 10:51AM – 12:19PM		Muruga: Clear	<i>Sunrise:</i> 6:25AM
		Rahu 7:53AM – 9:22AM		Nataraja: Clear	<i>Sunset:</i> 6:14PM
				Moon – Orange	Devaloka Day
				Dashami Until 5:03AM Tue	Magha-Masi

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam	ain, Trinidad and Tobago
Dhanus Rasi: 5.32		Tithi 26		Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	Sun 8 Sutra 310
Creative Work Amrita Yoga		988723467		Gulika 12:19PM – 1:48PM	Mula* Until 8:36PM
Until 8:36PM		Yama 9:22AM – 10:51AM		Muruga: Clear	<i>Sunrise:</i> 6:25AM
Then Creative Work - Siddha Yoga		Rahu 3:17PM – 4:45PM		Nataraja: Clear	<i>Sunset:</i> 6:14PM
				Moon – Light Blue	Bhuloka Day
				Ekadashi* Until 5:34AM Wed	Devaloka Time: 3:PM to 6:PM
					Magha-Masi

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam	ain, Trinidad and Tobago
Dhanus Rasi: 18.17		Tithi 27		Purvashadha* Nakshatra Siddhi Yoga Kaulava Karana Dvadashyam Titau	Sun 9 Sutra 311
Creative Work Amrita Yoga		988723467		Gulika 10:50AM – 12:19PM	Purvashadha* Until 9:58PM
		Yama 7:53AM – 9:22AM		Muruga: Clear	<i>Sunrise:</i> 6:24AM
		Rahu 12:19PM – 1:48PM		Nataraja: Clear	<i>Sunset:</i> 6:14PM
				Moon – Light Blue	Bhuloka Day
				Dvadashi* Until 6:32AM Thu	Devaloka Time: 3:PM to 6:PM
					Magha-Masi

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam	ain, Trinidad and Tobago
Makara Rasi: 0.5		Tithi 27 – 28		Uttarashadha Nakshatra Vyatipata* Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Sun 10 Sutra 312
Routine Work Marana Yoga		988723467		Gulika 9:21AM – 10:50AM	Uttarashadha Until 11:35PM
Until 11:35PM		Yama 6:24AM – 7:53AM		Muruga: Clear	<i>Sunrise:</i> 6:24AM
Then Creative Work - Siddha Yoga		Rahu 1:48PM – 3:17PM		Nataraja: Clear	<i>Sunset:</i> 6:14PM
				Moon – Light Blue	Bhuloka Day
				Dvadashi* Until 6:32AM	Devaloka Time: 3:PM to 6:PM
					Magha-Masi
				<i>Pradosha Vrata (Fasting)</i>	

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam	ain, Trinidad and Tobago
Makara Rasi: 13.11		Tithi 28 – 29		Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Sun 11 Sutra 313
Routine Work Marana Yoga		999823467		Gulika 7:52AM – 9:21AM	Shravana Until 1:52AM Sat
Until 1:52AM Sat		Yama 3:17PM – 4:46PM		Muruga: Clear	<i>Sunrise:</i> 6:23AM
Then Creative Work - Siddha Yoga		Rahu 10:50AM – 12:19PM		Nataraja: Clear	<i>Sunset:</i> 6:15PM
				Moon – Purple	Bhuloka Day
				Trayodashi* Until 7:55AM	Devaloka Time: 3:PM to 6:PM
					Magha-Masi

		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam	ain, Trinidad and Tobago
Retreat Star		Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 12 Sutra 314
Makara Rasi: 25.25		Tithi 29 – 30		Gulika 6:23AM – 7:52AM	Dhanishtha Until 4:16AM Sun
Creative Work Siddha Yoga		999823467		Muruga: Clear	<i>Sunrise:</i> 6:23AM
		Yama 1:48PM – 3:17PM		Nataraja: Clear	<i>Sunset:</i> 6:15PM
		Rahu 9:21AM – 10:50AM		Moon – Purple	Bhuloka Day
				Chaturdashi* Until 9:37AM	Devaloka Time: 3:PM to 6:PM
					Magha-Masi

Sunday, February 23, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam	ain, Trinidad and Tobago
Kumbha Rasi: 7.32		Tithi 30 – 1		Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sun 13 Sutra 315
Creative Work Siddha Yoga		999823467		Gulika 3:17PM – 4:46PM	Shatabhishak Until 6:43AM Mon
Until 6:43AM Mon		Yama 12:19PM – 1:48PM		Muruga: Clear	<i>Sunrise:</i> 6:23AM
Then Routine Work - Marana Yoga		Rahu 4:46PM – 6:15PM		Nataraja: Clear	<i>Sunset:</i> 6:15PM
				Moon – Purple	Bhuloka Day
				Amavasya* Until 11:36AM	Devaloka Time: 3:PM to 6:PM
					Phalgun-Masi

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		ain, Trinidad and Tobago Sun 14 Sutra 316	
1	Kumbha Rasi: 19.33 Tithi 1 – 2 Family Home Evening Creative Work Siddha Yoga Until 6:43AM Then Routine Work - Marana Yoga	Gulika 1:48PM – 3:17PM Yama 10:49AM – 12:19PM Rahu 7:51AM – 9:20AM	Shatabhishak Until 6:43AM Siddha Until 11:15PM Balava Until 3:00AM Tue Prathama* Until 1:48PM	Ganesha: Light Blue <i>Sunrise:</i> 6:22AM Muruqa: Clear <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Purple Phalguna-Masi	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 317	
2	Meena Rasi: 1.29 Tithi 2 – 3 919823467 Routine Work Marana Yoga Until 9:41AM Then Creative Work - Amrita Yoga	Gulika 12:18PM – 1:48PM Yama 9:20AM – 10:49AM Rahu 3:17PM – 4:46PM	Purvaproshtapada* Until 9:41AM Sadhya Until 12:02AM Wed Tailita Until 5:27AM Wed Dvitiya Until 4:11PM	Ganesha: Orange <i>Sunrise:</i> 6:22AM Muruqa: Clear <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Clear Phalguna-Masi	Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara Karana Tritiyayam Titau		ain, Trinidad and Tobago Sun 16 Sutra 318	
3	Meena Rasi: 13.23 Tithi 3 919823467 Creative Work Siddha Yoga Until 12:36PM Then Routine Work - Marana Yoga	Gulika 10:49AM – 12:18PM Yama 7:51AM – 9:20AM Rahu 12:18PM – 1:48PM	Uttaraproshtapada Until 12:36PM Subha Until 12:55AM Thu Gara Until 6:41PM Tritiya Until 6:41PM	Ganesha: Orange <i>Sunrise:</i> 6:21AM Muruqa: Clear <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Clear Phalguna-Masi	Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthayam Titau		ain, Trinidad and Tobago Sun 17 Sutra 319	
4	Meena Rasi: 25.15 Tithi 4 919823467 Creative Work Siddha Yoga Until 3:25PM Then Creative Work - Amrita Yoga	Gulika 9:20AM – 10:49AM Yama 6:21AM – 7:50AM Rahu 1:47PM – 3:17PM	Revati Until 3:25PM Sukla Until 1:45AM Fri Vanija Until 7:58AM Chaturthi* Until 9:12PM	Ganesha: Orange <i>Sunrise:</i> 6:21AM Muruqa: Clear <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Clear Phalguna-Masi	Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 320	
5	Mesha Rasi: 7.07 Tithi 5 921823467 Creative Work Amrita Yoga Until 6:29PM Then Creative Work - Siddha Yoga	Gulika 7:50AM – 9:19AM Yama 3:17PM – 4:46PM Rahu 10:49AM – 12:18PM	Ashvini Until 6:29PM Brahma Until 2:31AM Sat Bava Until 10:27AM Panchami Until 11:37PM	Ganesha: Purple <i>Sunrise:</i> 6:20AM Muruqa: Clear <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – White Phalguna-Masi	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 321	
6	Mesha Rasi: 19.04 Tithi 6 921823467 Creative Work Siddha Yoga Until 9:10PM Then Creative Work - Amrita Yoga	Gulika 6:20AM – 7:49AM Yama 1:47PM – 3:17PM Rahu 9:19AM – 10:48AM	Bharani Until 9:10PM Indra Until 3:05AM Sun Kaulava Until 12:45PM Shashthi* Until 1:45AM Sun	Ganesha: Purple <i>Sunrise:</i> 6:20AM Muruqa: Clear <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – White Phalguna-Masi	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 322	
Retreat Star		Gulika 3:16PM – 4:46PM Yama 12:17PM – 1:47PM 921833467 Rahu 4:46PM – 6:16PM	Krittika Until 11:16PM Vaidhriti* Until 3:14AM Mon Gara Until 2:41PM Saptami Until 3:25AM Mon	Ganesha: Purple <i>Sunrise:</i> 6:19AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – White Phalguna-Masi	Vikarin 5121 Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 323	
Retreat Star		Gulika 1:47PM – 3:16PM Yama 10:47AM – 12:17PM 931833467 Rahu 7:48AM – 9:18AM	Rohini Until 1:04AM Tue Vishkambha* Until 2:54AM Tue Visti Until 4:01PM Ashtami* Until 4:23AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Yellow Phalguna-Masi	Vikarin 5121 Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 324	
Retreat Star		Gulika 12:17PM – 1:47PM Yama 9:17AM – 10:47AM 931833467 Rahu 3:16PM – 4:46PM	Mrigashira Until 1:55AM Wed Priti Until 1:57AM Wed Balava Until 4:36PM Navami* Until 4:33AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:18AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Yellow Phalguna-Masi	Vikarin 5121 Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam			ain, Trinidad and Tobago
	Mithuna Rasi: 8.53		Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau			Sun 23 Sutra 325
	Tithi 10	Gulika 10:47AM – 12:17PM	Ardra Until 1:47AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:18AM	Vikarin 5121
	131833467	Yama 7:47AM – 9:17AM	Ayushman Until 12:18AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	Rahu 12:17PM – 1:46PM	Taitila Until 4:19PM	Nataraja: Clear		4th Phase
Until 1:47AM Thu			Dashami Until 3:49AM Thu	Moon – Yellow		Devaloka Day
Then Creative Work - Amrita Yoga				Phalguna-Masi		

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam			ain, Trinidad and Tobago
	Mithuna Rasi: 22.18		Punarvasu Nakshatra Saubhagya Yoga Vanija/Visiti* Karana Ekadashyam Titau			Sun 24 Sutra 326
	Tithi 11	Gulika 9:17AM – 10:47AM	Punarvasu Until 1:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:17AM	Vikarin 5121
	141833467	Yama 6:17AM – 7:47AM	Saubhagya Until 9:58PM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45
Creative Work	Amrita Yoga	Rahu 1:46PM – 3:16PM	Vanija Until 3:09PM	Nataraja: Clear		4th Phase
Until 1:05AM Fri			Ekadashi Until 2:14AM Fri	Moon – Blue		Bhuloka Day
Then Routine Work - Marana Yoga				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam			ain, Trinidad and Tobago
	Kataka Rasi: 6.13		Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau			Sun 25 Sutra 327
	Tithi 12	Gulika 7:46AM – 9:16AM	Pushya Until 11:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	Vikarin 5121
	141833467	Yama 3:16PM – 4:46PM	Sobhana Until 7:00PM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	Rahu 10:46AM – 12:16PM	Bava Until 1:10PM	Nataraja: Clear		4th Phase
Until 9:07PM			Dvadashi Until 11:53PM	Moon – Blue		Bhuloka Day
Then Creative Work - Amrita Yoga				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam			ain, Trinidad and Tobago
	Kataka Rasi: 20.37		Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Sun 26 Sutra 328
	Tithi 13	Gulika 6:16AM – 7:46AM	Ashlesha* Until 9:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	Vikarin 5121
	141833467	Yama 1:46PM – 3:16PM	Athiganda* Until 3:29PM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	Rahu 9:16AM – 10:46AM	Kaulava Until 10:29AM	Nataraja: Clear		4th Phase
Until 9:07PM			Trayodashi Until 8:54PM	Moon – Blue		Bhuloka Day
Then Creative Work - Amrita Yoga				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata</i>		

5	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam			ain, Trinidad and Tobago
	Simha Rasi: 5.26		Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Visiti* Karana Chaturdashi/Purnimayam Titau			Sun 27 Sutra 329
	Tithi 14 – 15	Gulika 3:16PM – 4:46PM	Magha* Until 6:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Vikarin 5121
	151833467	Yama 12:16PM – 1:46PM	Sukarma Until 11:34AM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	Rahu 4:46PM – 6:16PM	Gara Until 7:15AM	Nataraja: Clear		4th Phase
Until 6:33PM			Chaturdashi* Until 5:27PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Phalguna-Masi		

	Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam			ain, Trinidad and Tobago	
	Copper Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Sutra 330	
	Simha Rasi: 20.34		Gulika 1:46PM – 3:16PM	Purvaphalguni Until 3:34PM	Ganesha: White	<i>Sunrise:</i> 6:15AM	Vikarin 5121
	Tithi 15 – 16	Yama 10:45AM – 12:15PM	Dhriti Until 7:23AM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 7:45AM – 9:15AM	Balava Until 11:49PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 1:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

Silver Retreat Star	Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam			ain, Trinidad and Tobago	
	Silver Retreat Star		Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Sutra 331	
	Kanya Rasi: 5.5		Gulika 12:15PM – 1:45PM	Uttaraphalguni Until 12:22PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	Vikarin 5121
	Tithi 16 – 17	Yama 9:15AM – 10:45AM	Ganda* Until 10:41PM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45	
152833467	Rahu 3:16PM – 4:46PM	Taitila Until 7:59PM	Nataraja: Clear			Prathama	
Creative Work	Amrita Yoga		Prathama* Until 9:53AM	Moon – Red		Sivaloka Day	
Until 12:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla/Chitra Nakshatra Vriddhi Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.05 Tithi 17 - 18

162833467 Rahu 12:15PM - 1:45PM

Gulika 10:45AM - 12:15PM

Yama 7:44AM - 9:14AM

Hasta Until 9:31AM

Vriddhi Until 6:31PM

Visti Until 2:33AM Thu

Dvitiya Until 6:06AM

Ganesha: Clear Sunrise: 6:14AM

Muruqa: Orange Sunset: 6:16PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 9:31AM

Then Creative Work - Siddha Yoga

Thursday, March 12, 2020

1

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svatil Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.09 Tithi 19

162833467 Rahu 1:45PM - 3:15PM

Gulika 9:14AM - 10:44AM

Yama 6:13AM - 7:44AM

Chitra Until 6:49AM

Dhruva Until 2:36PM

Bava Until 12:57PM

Chaturthi* Until 11:25PM

Ganesha: Clear Sunrise: 6:13AM

Muruqa: Orange Sunset: 6:16PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 6:49AM

Then Creative Work - Amrita Yoga

Friday, March 13, 2020

2

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 20.52 Tithi 20

172833467 Rahu 10:44AM - 12:14PM

Gulika 7:43AM - 9:13AM

Yama 3:15PM - 4:46PM

Vishakha Until 2:51AM Sat

Vyaghata* Until 11:06AM

Kaulava Until 10:04AM

Panchami Until 8:50PM

Ganesha: Purple Sunrise: 6:13AM

Muruqa: Orange Sunset: 6:16PM

Nataraja: Clear

Moon - Orange

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

Saturday, March 14, 2020

3

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.1 Tithi 21

172833468 Rahu 9:13AM - 10:44AM

Gulika 6:12AM - 7:43AM

Yama 1:45PM - 3:15PM

Anuradha Until 1:52AM Sun

Harshana Until 8:08AM

Gara Until 7:49AM

Shashthi* Until 6:56PM

Ganesha: Purple Sunrise: 6:12AM

Muruqa: Orange Sunset: 6:16PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:52AM Sun

Then Routine Work - Marana Yoga

Karadayian Nombu (Tamil Nadu)

Sunday, March 15, 2020

4

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19 Tithi 22 - 23

172833468 Rahu 4:45PM - 6:16PM

Gulika 3:15PM - 4:45PM

Yama 12:14PM - 1:44PM

Jyeshtha* Until 1:31AM Mon

Siddhi Until 3:58AM Mon

Visti Until 6:17AM

Saptami Until 5:48PM

Ganesha: Purple Sunrise: 6:11AM

Muruqa: Orange Sunset: 6:16PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

Until 1:31AM Mon

Then Creative Work - Siddha Yoga

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.22 Tithi 23 - 24

182933468 Rahu 7:42AM - 9:12AM

Gulika 1:44PM - 3:15PM

Yama 10:43AM - 12:13PM

Mula* Until 2:13AM Tue

Vyatipata* Until 2:50AM Tue

Taitila Until 5:36AM Tue

Ashtami* Until 5:28PM

Ganesha: Purple Sunrise: 6:11AM

Muruqa: Orange Sunset: 6:16PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.2 Tithi 24 - 25

182933468 Rahu 3:15PM - 4:45PM

Gulika 12:13PM - 1:44PM

Yama 9:12AM - 10:42AM

Purvashadha* Until 3:29AM Wed

Variyan Until 2:14AM Wed

Vanija Until 6:21AM Wed

Navami* Until 5:52PM

Ganesha: Purple Sunrise: 6:10AM

Muruqa: Orange Sunset: 6:16PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 3:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	ain, Trinidad and Tobago Sun 8 Sutra 339
Dhanus Rasi: 27.58	Tithi 25	Gulika 10:42AM – 12:13PM	Uttarashadha Until 5:10AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 7:41AM – 9:11AM	Parigha* Until 2:07AM Thu	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		182933468 Rahu 12:13PM – 1:44PM	Vanija Until 6:21AM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 6:57PM	Phalguna-Panguni	Devaloka Day
Until 5:10AM Thu					
Then Creative Work - Siddha Yoga					

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau	ain, Trinidad and Tobago Sun 9 Sutra 340
Makara Rasi: 10.2	Tithi 26	Gulika 9:11AM – 10:42AM	Shravana Until 7:37AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 6:09AM – 7:40AM	Shiva Until 2:23AM Fri	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		192933468 Rahu 1:43PM – 3:14PM	Bava Until 7:42AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:32PM	Phalguna-Panguni	Sivaloka Day

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau	ain, Trinidad and Tobago Sun 10 Sutra 341
Makara Rasi: 22.31	Tithi 27	Gulika 7:39AM – 9:10AM	Shravana Until 7:37AM	Ganesha: Clear <i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 3:14PM – 4:45PM	Siddha Until 2:53AM Sat	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		192933468 Rahu 10:41AM – 12:12PM	Kaulava Until 9:30AM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 10:29PM	Phalguna-Panguni	Sivaloka Day
Until 7:37AM					
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	ain, Trinidad and Tobago Sun 11 Sutra 342
Kumbha Rasi: 4.34	Tithi 28	Gulika 6:08AM – 7:39AM	Dhanishtha Until 10:12AM	Ganesha: Clear <i>Sunrise:</i> 6:08AM	Vikarin 5121
		Yama 1:43PM – 3:14PM	Sadhya Until 3:34AM Sun	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		192933468 Rahu 9:10AM – 10:41AM	Gara Until 11:36AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:42AM Sun	Phalguna-Panguni	Sivaloka Day
Until 10:12AM			<i>Pradosha Vrata (Fasting)</i>		
Then Creative Work - Amrita Yoga					

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	ain, Trinidad and Tobago Sun 12 Sutra 343
Kumbha Rasi: 16.31	Tithi 29	Gulika 3:14PM – 4:45PM	Shatabhishak Until 12:48PM	Ganesha: White <i>Sunrise:</i> 6:07AM	Vikarin 5121
		Yama 12:12PM – 1:43PM	Subha Until 4:22AM Mon	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		193933468 Rahu 4:45PM – 6:16PM	Visti* Until 1:53PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:03AM Mon	Phalguna-Panguni	Subha Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	ain, Trinidad and Tobago Sun 13 Sutra 344
Kumbha Rasi: 28.26	Tithi 30	Gulika 1:43PM – 3:14PM	Purvaprosarthapada* Until 3:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:07AM	Vikarin 5121
Family Home Evening		Yama 10:40AM – 12:11PM	Sukla Until 5:12AM Tue	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:38AM – 9:09AM	Catuspada Until 4:17PM	Nataraja: Purple	Amavasya
Until 3:51PM			Amavasya* Until 5:28AM Tue	Phalguna-Panguni	Sivaloka Day
Then Creative Work - Siddha Yoga					

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada Nakshatra Brahma Yoga Kintughna* Karana Prathamayam Titau	ain, Trinidad and Tobago Sun 14 Sutra 345
Meena Rasi: 10.19	Tithi 1	Gulika 12:11PM – 1:42PM	Uttaraprosarthapada Until 6:47PM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 9:09AM – 10:40AM	Brahma Until 6:04AM Wed	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		113933468 Rahu 3:14PM – 4:45PM	Kintughna Until 6:43PM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:55AM Wed	Chaitra-Panguni	Sivaloka Day
Until 6:47PM		Yugadhi			
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	ain, Trinidad and Tobago Sun 15 Sutra 346
Meena Rasi: 22.12	Tithi 1 – 2	Gulika 10:39AM – 12:11PM Yama 7:37AM – 9:08AM 113933468 Rahu 12:11PM – 1:42PM	Revati Until 9:33PM Brahma Until 6:04AM Balava Until 9:10PM Prathama* Until 7:55AM	Ganesha: Yellow <i>Sunrise:</i> 6:05AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – Clear	Vikarin 5121 Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Routine Work	Marana Yoga				
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	ain, Trinidad and Tobago Sun 16 Sutra 347
Mesha Rasi: 4.05	Tithi 2 – 3	Gulika 9:08AM – 10:39AM Yama 6:05AM – 7:36AM 123933468 Rahu 1:42PM – 3:13PM	Ashvini Until 12:36AM Fri Indra Until 6:55AM Taitila Until 11:33PM Dvitiya Until 10:21AM	Ganesha: Red <i>Sunrise:</i> 6:05AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – White	Vikarin 5121 Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga				
Until 12:36AM Fri		Chellappaswami Mahasamadhi			
Then Creative Work - Siddha Yoga					
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	ain, Trinidad and Tobago Sun 17 Sutra 348
Mesha Rasi: 16.01	Tithi 3 – 4	Gulika 7:36AM – 9:07AM Yama 3:13PM – 4:45PM 123933468 Rahu 10:39AM – 12:10PM	Bharani Until 3:19AM Sat Vaidhriti* Until 7:41AM Vanija Until 1:47AM Sat Tritiya Until 12:40PM	Ganesha: Red <i>Sunrise:</i> 6:04AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – White	Vikarin 5121 Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 3:19AM Sat					
Then Creative Work - Amrita Yoga					
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	ain, Trinidad and Tobago Sun 18 Sutra 349
Mesha Rasi: 28	Tithi 4 – 5	Gulika 6:04AM – 7:35AM Yama 1:41PM – 3:13PM 123933468 Rahu 9:07AM – 10:38AM	Krittika Until 5:37AM Sun Vishkambha* Until 8:20AM Bava Until 3:44AM Sun Chaturthi* Until 2:47PM	Ganesha: Red <i>Sunrise:</i> 6:04AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – White	Vikarin 5121 Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga				
Until 5:37AM Sun					
Then Creative Work - Siddha Yoga					
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	ain, Trinidad and Tobago Sun 19 Sutra 350
Vrishabha Rasi: 10.06	Tithi 5 – 6	Gulika 3:13PM – 4:44PM Yama 12:10PM – 1:41PM 133933468 Rahu 4:44PM – 6:16PM	Rohini Until 7:50AM Mon Priti Until 8:46AM Kaulava Until 5:16AM Mon Panchami Until 4:33PM	Ganesha: Blue <i>Sunrise:</i> 6:03AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – Yellow	Vikarin 5121 Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 7:50AM Mon					
Then Creative Work - Amrita Yoga					
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman*/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	ain, Trinidad and Tobago Sun 20 Sutra 351
Vrishabha Rasi: 22.23	Tithi 6 – 7	Gulika 1:41PM – 3:13PM Yama 10:38AM – 12:09PM 133933468 Rahu 7:34AM – 9:06AM	Rohini Until 7:50AM Ayushman Until 8:50AM Gara Until 6:13AM Tue Shashthi* Until 5:49PM	Ganesha: Blue <i>Sunrise:</i> 6:03AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – Yellow	Vikarin 5121 Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Family Home Evening					
Creative Work	Amrita Yoga				
Tuesday, March 31, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	ain, Trinidad and Tobago Sun 21 Sutra 352
Mithuna Rasi: 4.55	Tithi 7	Gulika 12:09PM – 1:41PM Yama 9:06AM – 10:37AM 133933468 Rahu 3:12PM – 4:44PM	Mrigashira Until 9:17AM Saubhagya Until 8:26AM Gara Until 6:13AM Saptami Until 6:25PM	Ganesha: Blue <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – Yellow	Vikarin 5121 Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 9:17AM					
Then Routine Work - Marana Yoga					
Wednesday, April 1, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	ain, Trinidad and Tobago Sun 22 Sutra 353
Mithuna Rasi: 17.47	Tithi 8	Gulika 10:37AM – 12:09PM Yama 7:34AM – 9:06AM 133933468 Rahu 12:09PM – 1:41PM	Ardra Until 9:53AM Sobhana Until 7:29AM Visti Until 6:26AM Ashtami* Until 6:14PM	Ganesha: Blue <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – Yellow	Vikarin 5121 Moon 3 - Phase 48 Ashtami Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Thursday, April 2, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	ain, Trinidad and Tobago Sun 23 Sutra 354
Kataka Rasi: 1.04	Tithi 9 – 10	Gulika 9:05AM – 10:37AM Yama 6:01AM – 7:33AM 143933468 Rahu 1:40PM – 3:12PM	Punarvasu Until 9:59AM Sukarma Until 3:37AM Fri Taitila Until 4:26AM Fri Navami* Until 5:13PM	Ganesha: Yellow <i>Sunrise:</i> 6:01AM Muruqa: Orange <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – Blue	Vikarin 5121 Moon 3 - Phase 48 Navami Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga				
		Sri Rama Navami			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				ain, Trinidad and Tobago Sun 24 Sutra 355
	Kataka Rasi: 14.5	Tithi 10 – 11	Gulika 7:33AM – 9:05AM	Pushya Until 9:08AM	Ganesha: Yellow	<i>Sunrise:</i> 6:01AM	Vikarin 5121
			Yama 3:12PM – 4:44PM	Dhriti Until 12:46AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 10:37AM – 12:08PM	Vanija Until 2:15AM Sat	Nataraja: Purple		4th Phase
		Yogaswami Mahasamadhi		Dashami Until 3:25PM	Moon – Blue	Sivaloka Day	
				Chaitra•Panguni			

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago Sun 25 Sutra 356
	Kataka Rasi: 29.04	Tithi 11 – 12	Gulika 6:00AM – 7:32AM	Ashlesha* Until 7:24AM	Ganesha: Yellow	<i>Sunrise:</i> 6:00AM	Vikarin 5121
			Yama 1:40PM – 3:12PM	Shula* Until 9:20PM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 9:04AM – 10:36AM	Bava Until 11:25PM	Nataraja: Purple		4th Phase
			Ekadashi Until 12:54PM	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			
		Then Creative Work - Amrita Yoga					

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhdi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago Sun 26 Sutra 357
	Simha Rasi: 13.44	Tithi 12 – 13	Gulika 3:12PM – 4:44PM	Purvaphalguni Until 2:38AM Mon	Ganesha: White	<i>Sunrise:</i> 6:00AM	Vikarin 5121
			Yama 12:08PM – 1:40PM	Ganda* Until 5:29PM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	153933468 Rahu 4:44PM – 6:16PM	Kaulava Until 8:05PM	Nataraja: Purple		4th Phase
			Dvadashi Until 9:47AM	Moon – Red		Subha Sivaloka Day	
				Chaitra•Panguni			
				<i>Pradosha Vrata</i>			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhdi/Dhruva Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau				ain, Trinidad and Tobago Sun 27 Sutra 358
	Simha Rasi: 28.46	Tithi 13 – 14	Gulika 1:40PM – 3:12PM	Uttaraphalguni Until 11:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	Vikarin 5121
	Family Home Evening		Yama 10:35AM – 12:08PM	Vridhdi Until 1:21PM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 Rahu 7:31AM – 9:03AM	Vanija Until 2:27AM Tue	Nataraja: Purple		4th Phase
			Trayodashi Until 6:15AM	Moon – Red		Sivaloka Day	
				Chaitra•Panguni			

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				ain, Trinidad and Tobago Sutra 359
	Copper Retreat Star		Gulika 12:07PM – 1:39PM	Hasta Until 8:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Vikarin 5121
	Kanya Rasi: 14.01	Tithi 15	Yama 9:03AM – 10:35AM	Dhruva Until 9:01AM	Muruqa: Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164933468 Rahu 3:12PM – 4:44PM	Visti Until 12:31PM	Nataraja: Purple		Purnima
			Purnima* Until 10:33PM	Moon – Green		Devaloka Day	
				Chaitra•Panguni			
				Panguni Uttiram Hanuman Jayanti			

5	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				ain, Trinidad and Tobago Sutra 360
	Silver Retreat Star		Gulika 10:35AM – 12:07PM	Chitra Until 5:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:58AM	Vikarin 5121
	Kanya Rasi: 29.19	Tithi 16	Yama 7:30AM – 9:03AM	Harshana Until 12:27AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164934468 Rahu 12:07PM – 1:39PM	Balava Until 8:39AM	Nataraja: Purple		Prathama
			Prathama* Until 6:45PM	Moon – Green		Devaloka Day	
				Chaitra•Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Tula Rasi: 14.3 Tithi 17 – 18

164134468

Gulika 9:02AM – 10:34AM
Yama 5:58AM – 7:30AM
Rahu 1:39PM – 3:11PM

Creative Work Amrita Yoga
Until 2:39PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago
Sun 1 Sutra 361
Vikarin 5121

Svati Until 2:39PM
Vajra* Until 8:28PM
Vanija Until 1:36AM Fri
Dvitiya Until 3:12PM

Ganesha: White *Sunrise:* 5:58AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

1

Friday, April 10, 2020

Tula Rasi: 29.23 Tithi 18 – 19

174134468

Gulika 7:29AM – 9:02AM
Yama 3:11PM – 4:44PM
Rahu 10:34AM – 12:06PM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago
Sun 2 Sutra 362
Vikarin 5121

Vishakha Until 12:27PM
Siddhi Until 4:54PM
Bava Until 10:46PM
Tritiya Until 12:06PM

Ganesha: Yellow *Sunrise:* 5:57AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Virschika Rasi: 13.52 Tithi 19 – 20

174134468

Gulika 5:56AM – 7:29AM
Yama 1:39PM – 3:11PM
Rahu 9:01AM – 10:34AM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago
Sun 3 Sutra 363
Vikarin 5121

Anuradha Until 10:43AM
Vyatipala* Until 1:51PM
Kaulava Until 8:36PM
Chaturthi* Until 9:34AM

Ganesha: Yellow *Sunrise:* 5:56AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Virschika Rasi: 27.52 Tithi 20 – 21

174134468

Gulika 3:11PM – 4:43PM
Yama 12:06PM – 1:38PM
Rahu 4:43PM – 6:16PM

Routine Work Marana Yoga
Until 9:33AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyian/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago
Sun 4 Sutra 364
Vikarin 5121

Jyeshtha* Until 9:33AM
Varyian Until 11:23AM
Gara Until 7:12PM
Panchami Until 7:47AM

Ganesha: Yellow *Sunrise:* 5:56AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

4

Monday, April 13, 2020

Dhanus Rasi: 11.23 Tithi 21 – 22

184134468

Gulika 1:38PM – 3:11PM
Yama 10:33AM – 12:06PM
Rahu 7:28AM – 9:00AM

Family Home Evening
Creative Work Siddha Yoga
Until 9:31AM
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago
Sun 5 Sutra 1
Sarvari 5122

Mula* Until 9:31AM
Parigha* Until 9:36AM
Visti Until 6:39PM
Shashthi* Until 6:48AM

Ganesha: Blue *Sunrise:* 5:55AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day



Tuesday, April 14, 2020

Retreat Star

Dhanus Rasi: 24.26 Tithi 22 – 23

284134468

Gulika 12:05PM – 1:38PM
Yama 9:00AM – 10:33AM
Rahu 3:11PM – 4:43PM

Creative Work Siddha Yoga
Until 10:09AM
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

ain, Trinidad and Tobago
Sun 6 Sutra 2
Sarvari 5122

Purvashadha* Until 10:09AM
Shiva Until 8:30AM
Balava Until 6:57PM
Saptami Until 6:41AM

Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Wednesday, April 15, 2020

Retreat Star

Makara Rasi: 7.06 Tithi 23 – 24

284134468

Gulika 10:32AM – 12:05PM
Yama 7:27AM – 9:00AM
Rahu 12:05PM – 1:38PM

Creative Work Amrita Yoga
Until 11:24AM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

ain, Trinidad and Tobago
Sun 7 Sutra 3
Sarvari 5122

Uttarashadha Until 11:24AM
Siddha Until 8:00AM
Taitila Until 7:59PM
Ashtami* Until 7:22AM

Ganesha: Yellow *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				ain, Trinidad and Tobago
	Makara Rasi: 19.28	Tithi 24 – 25	Gulika 8:59AM – 10:32AM	Shravana Until 1:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM	Sun 8 Sutra 4
			Yama 5:54AM – 7:27AM	Sadhya Until 8:02AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122 Moon 4 - Phase 1
	294134468	Rahu 1:38PM – 3:10PM		Vanija Until 9:38PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 8:44AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 1.35	Tithi 25 – 26	Gulika 7:26AM – 8:59AM	Dhanishtha Until 4:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	Sun 9 Sutra 5
			Yama 3:10PM – 4:43PM	Subha Until 8:30AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122 Moon 4 - Phase 1
	294134468	Rahu 10:32AM – 12:05PM		Bava Until 11:43PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 10:37AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 13.34	Tithi 26 – 27	Gulika 5:53AM – 7:26AM	Shatabhishak Until 6:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM	Sun 10 Sutra 6
			Yama 1:37PM – 3:10PM	Sukla Until 9:12AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122 Moon 4 - Phase 1
	295134468	Rahu 8:59AM – 10:32AM		Kaulava Until 2:03AM Sun	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 12:51PM	Moon – Purple		Sivaloka Day	
Until 6:46PM				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 25.28	Tithi 27 – 28	Gulika 3:10PM – 4:43PM	Purvaproshtapada* Until 9:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	Sun 11 Sutra 7
			Yama 12:04PM – 1:37PM	Brahma Until 10:04AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122 Moon 4 - Phase 1
	215134468	Rahu 4:43PM – 6:16PM		Gara Until 4:30AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:15PM	Moon – Clear		Sivaloka Day	
Until 9:53PM				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				ain, Trinidad and Tobago
	Meena Rasi: 7.2	Tithi 28 – 29	Gulika 1:37PM – 3:10PM	Uttaraproshtapada Until 12:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	Sun 12 Sutra 8
			Yama 10:31AM – 12:04PM	Indra Until 11:00AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122 Moon 4 - Phase 1
	215134468	Rahu 7:25AM – 8:58AM		Visti Until 6:56AM Tue	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 5:42PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				ain, Trinidad and Tobago
	Meena Rasi: 19.13	Tithi 29	Gulika 12:04PM – 1:37PM	Revati Until 3:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	Sun 13 Sutra 9
			Yama 8:58AM – 10:31AM	Vaidhriti* Until 11:53AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122 Moon 4 - Phase 1
	215134468	Rahu 3:10PM – 4:43PM		Visti Until 6:56AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:06PM	Moon – Clear		Sivaloka Day	
Until 3:35AM Wed				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				ain, Trinidad and Tobago
	Retreat Star		Gulika 10:30AM – 12:04PM	Ashvini Until 6:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:51AM	Sun 14 Sutra 10
	Mesha Rasi: 1.07	Tithi 30	Yama 7:24AM – 8:57AM	Vishkambha* Until 12:43PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122 Moon 4 - Phase 1
	225134468	Rahu 12:04PM – 1:37PM		Catuspada Until 9:17AM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 10:23PM	Moon – White		Sivaloka Day	
Until 6:31AM Thu				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				ain, Trinidad and Tobago
	Retreat Star		Gulika 8:57AM – 10:30AM	Ashvini Until 6:31AM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Sun 15 Sutra 11
	Mesha Rasi: 13.04	Tithi 1	Yama 5:50AM – 7:24AM	Priti Until 1:27PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122 Moon 4 - Phase 1
	225134468	Rahu 1:37PM – 3:10PM		Kintughna Until 11:29AM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:29AM Fri	Moon – White		Sivaloka Day	
Until 6:31AM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		ain, Trinidad and Tobago Sun 16 Sutra 12	
Mesha Rasi: 25.05	Tithi 2	Gulika 7:23AM – 8:57AM	Bharani Until 9:06AM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Sarvari 5122	
		Yama 3:10PM – 4:43PM	Ayushman Until 1:59PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 2	
225134469	Rahu 10:30AM – 12:03PM		Balava Until 1:28PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 2:21AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		ain, Trinidad and Tobago Sun 17 Sutra 13	
Wrishabha Rasi: 7.13	Tithi 3	Gulika 5:50AM – 7:23AM	Krittika Until 11:16AM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Sarvari 5122	
		Yama 1:36PM – 3:10PM	Saubhagya Until 2:19PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 2	
225134469	Rahu 8:56AM – 10:30AM		Taitila Until 3:11PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 3:53AM Sun	Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 14	
Wrishabha Rasi: 19.29	Tithi 4	Gulika 3:10PM – 4:43PM	Rohini Until 1:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM	Sarvari 5122	
		Yama 12:03PM – 1:36PM	Sobhana Until 2:24PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 2	
235134469	Rahu 4:43PM – 6:17PM		Vanija Until 4:32PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 5:02AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 15	
Mithuna Rasi: 1.56	Tithi 5	Gulika 1:36PM – 3:10PM	Mrigashira Until 3:00PM	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	Sarvari 5122	
Family Home Evening		Yama 10:29AM – 12:03PM	Athiganda* Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 2	
236134469	Rahu 7:22AM – 8:56AM		Bava Until 5:27PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 5:41AM Tue	Moon – Yellow		Bhuloka Day	
Until 3:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 16	
Mithuna Rasi: 14.35	Tithi 6	Gulika 12:03PM – 1:36PM	Ardra Until 3:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	Sarvari 5122	
		Yama 8:56AM – 10:29AM	Sukarma Until 1:27PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 2	
236134469	Rahu 3:10PM – 4:43PM		Kaulava Until 5:49PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 5:45AM Wed	Moon – Yellow		Bhuloka Day	
Until 3:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 17	
Mithuna Rasi: 27.32	Tithi 7	Gulika 10:29AM – 12:03PM	Punarvasu Until 4:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	Sarvari 5122	
		Yama 7:22AM – 8:55AM	Dhriti Until 12:19PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 2	
246134469	Rahu 12:03PM – 1:36PM		Gara Until 5:34PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 5:11AM Thu	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 18	
Kataka Rasi: 10.48	Tithi 8	Gulika 8:55AM – 10:29AM	Pushya Until 4:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	Sarvari 5122	
		Yama 5:48AM – 7:21AM	Shula* Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 2	
246134469	Rahu 1:36PM – 3:10PM		Visli Until 4:40PM	Nataraja: Clear		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 3:57AM Fri	Moon – Blue		Devaloka Day	
Until 4:23PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau		ain, Trinidad and Tobago Sun 23 Sutra 19	
Kataka Rasi: 24.27	Tithi 9	Gulika 7:21AM – 8:55AM	Ashlesha* Until 3:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	Sarvari 5122	
		Yama 3:10PM – 4:44PM	Ganda* Until 8:27AM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 2	
246134469	Rahu 10:28AM – 12:02PM		Balava Until 3:06PM	Nataraja: Clear		Navami	
Routine Work	Marana Yoga		Navami* Until 2:04AM Sat	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		ain, Trinidad and Tobago Sun 24 Sutra 20	
Simha Rasi: 8.29	Tithi 10	Gulika 5:47AM – 7:20AM	Magha* Until 2:06PM	Ganesha: White	<i>Sunrise:</i> 5:47AM	Sarvari 5122	
		Yama 1:36PM – 3:10PM	Dhruva Until 2:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 3	
		256134469 Rahu 8:54AM – 10:28AM	Taitila Until 12:55PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 11:36PM	Moon – Red		Bhuloka Day	
Until 2:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		ain, Trinidad and Tobago Sun 25 Sutra 21	
Simha Rasi: 22.55	Tithi 11	Gulika 3:10PM – 4:44PM	Purvaphalguni Until 12:08PM	Ganesha: White	<i>Sunrise:</i> 5:46AM	Sarvari 5122	
		Yama 12:02PM – 1:36PM	Vyaghata* Until 11:00PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 3	
		256134469 Rahu 4:44PM – 6:18PM	Vanija Until 10:11AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:38PM	Moon – Red		Bhuloka Day	
Until 12:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		ain, Trinidad and Tobago Sun 26 Sutra 22	
Kanya Rasi: 7.4	Tithi 12 – 13	Gulika 1:36PM – 3:10PM	Uttaraphalguni Until 9:36AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Sarvari 5122	
Family Home Evening		Yama 10:28AM – 12:02PM	Harshana Until 7:10PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 3	
		256234469 Rahu 7:20AM – 8:54AM	Bava Until 7:02AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 5:20PM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

Pradosha Vrata

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		ain, Trinidad and Tobago Sun 27 Sutra 23	
Kanya Rasi: 22.38	Tithi 13 – 14	Gulika 12:02PM – 1:36PM	Hasta Until 7:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Sarvari 5122	
		Yama 8:54AM – 10:28AM	Vajra* Until 3:09PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 3	
		267234469 Rahu 3:10PM – 4:44PM	Gara Until 12:02AM Wed	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 1:48PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		ain, Trinidad and Tobago Sutra 24	
Copper Retreat Star		Gulika 10:28AM – 12:02PM	Svati Until 1:28AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Sarvari 5122	
Tula Rasi: 7.43	Tithi 14 – 15	Yama 7:19AM – 8:54AM	Siddhi Until 11:06AM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 3	
		267234469 Rahu 12:02PM – 1:36PM	Visti Until 8:29PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:14AM	Moon – Green		Devaloka Day	
		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra			

Thursday, May 7, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		ain, Trinidad and Tobago Sutra 25	
Tula Rasi: 22.44	Tithi 15 – 16	Gulika 8:53AM – 10:28AM	Vishakha Until 11:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM	Sarvari 5122	
		Yama 5:45AM – 7:19AM	Vyatipata* Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 3	
		277234469 Rahu 1:36PM – 3:10PM	Kaulava Until 3:33AM Fri	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 6:45AM	Moon – Orange		Bhuloka Day	
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda