



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 1.54      Tithi 18  
Routine Work      Marana Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Vanija/Visiti\* Karana Tritiyayam Titau

**Gulika** 3:43PM – 5:15PM  
**Yama** 12:39PM – 2:11PM  
**Rahu** 5:15PM – 6:47PM

**Vishakha** **Until 8:28AM**  
**Vyatipata\*** **Until 6:59PM**  
**Vanija** **Until 3:23PM**  
**Tritiya** **Until 2:54AM Mon**

**Ganesha:** Blue      *Sunrise:* 6:31AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Orange

Paramaribo, Suriname  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**Chaitra\*Chaitra**

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 15.26      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 2:11PM – 3:43PM  
**Yama** 11:07AM – 12:39PM  
**Rahu** 8:03AM – 9:35AM

**Anuradha** **Until 8:13AM**  
**Variyan** **Until 5:23PM**  
**Bava** **Until 2:39PM**  
**Chaturthi\*** **Until 2:33AM Tue**

**Ganesha:** Blue      *Sunrise:* 6:31AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Orange

Paramaribo, Suriname  
Sun 1      Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**Chaitra\*Chaitra**

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 28.31      Tithi 20  
Routine Work      Marana Yoga  
Until 8:35AM  
Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:39PM – 2:11PM  
**Yama** 9:35AM – 11:07AM  
**Rahu** 3:43PM – 5:15PM

**Jyeshtha\*** **Until 8:35AM**  
**Parigha\*** **Until 4:27PM**  
**Kaulava** **Until 2:43PM**  
**Panchami** **Until 3:02AM Wed**

**Ganesha:** Blue      *Sunrise:* 6:30AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Orange

Paramaribo, Suriname  
Sun 2      Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**Chaitra\*Chaitra**

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 11.12      Tithi 21  
Routine Work      Marana Yoga  
Until 10:04AM  
Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 11:07AM – 12:39PM  
**Yama** 8:02AM – 9:34AM  
**Rahu** 12:39PM – 2:11PM

**Mula\*** **Until 10:04AM**  
**Shiva** **Until 4:09PM**  
**Gara** **Until 3:36PM**  
**Shashthi\*** **Until 4:18AM Thu**

**Ganesha:** Yellow      *Sunrise:* 6:30AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Light Blue

Paramaribo, Suriname  
Sun 3      Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**Chaitra\*Chaitra**

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 23.33      Tithi 22  
Creative Work      Siddha Yoga  
Until 12:08PM  
Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 9:34AM – 11:06AM  
**Yama** 6:30AM – 8:02AM  
**Rahu** 2:11PM – 3:43PM

**Purvashadha\*** **Until 12:08PM**  
**Siddha** **Until 4:23PM**  
**Visti** **Until 5:12PM**  
**Saptami** **Until 6:13AM Fri**

**Ganesha:** Yellow      *Sunrise:* 6:30AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Light Blue

Paramaribo, Suriname  
Sun 4      Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**Chaitra\*Chaitra**

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 5.38      Tithi 22 – 23  
Routine Work      Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:02AM – 9:34AM  
**Yama** 3:43PM – 5:15PM  
**Rahu** 11:06AM – 12:38PM

**Uttarashadha** **Until 2:35PM**  
**Sadhya** **Until 5:04PM**  
**Balava** **Until 7:22PM**  
**Saptami** **Until 6:13AM**

**Ganesha:** Red      *Sunrise:* 6:30AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Light Blue

Paramaribo, Suriname  
Sun 5      Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Devaloka Day**

**Chaitra\*Chaitra**

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 17.32      Tithi 23 – 24  
Creative Work      Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 6:29AM – 8:01AM  
**Yama** 2:10PM – 3:43PM  
**Rahu** 9:34AM – 11:06AM

**Shravana** **Until 5:44PM**  
**Subha** **Until 6:01PM**  
**Taitila** **Until 9:51PM**  
**Ashtami\*** **Until 8:34AM**

**Ganesha:** Green      *Sunrise:* 6:29AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Purple

Paramaribo, Suriname  
Sun 6      Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Chaitra\*Chaitra**

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Paramaribo, Suriname Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 29.22	Tithi 24 – 25	<b>Gulika</b> 3:42PM – 5:15PM Yama 12:38PM – 2:10PM 294583469 <b>Rahu</b> 5:15PM – 6:47PM	<b>Dhanishtha</b> Until 8:48PM Sukla Until 7:01PM Vanija Until 12:24AM Mon Navami* Until 11:06AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Purple
Routine Work	Marana Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 8:48PM		Then Creative Work - Siddha Yoga		

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Paramaribo, Suriname Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 11.11	Tithi 25 – 26	<b>Gulika</b> 2:10PM – 3:42PM Yama 11:06AM – 12:38PM 294583469 <b>Rahu</b> 8:01AM – 9:33AM	<b>Shatabhishak</b> Until 11:34PM Brahma Until 7:57PM Bava Until 2:46AM Tue Dashami Until 1:36PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Purple
Family Home Evening	Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 11:34PM		Then Routine Work - Marana Yoga		

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Paramaribo, Suriname Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 23.07	Tithi 26 – 27	<b>Gulika</b> 12:38PM – 2:10PM Yama 9:33AM – 11:05AM 214583469 <b>Rahu</b> 3:42PM – 5:15PM	<b>Purvaprossthapada*</b> Until 2:21AM Wed Indra Until 8:39PM Kaulava Until 4:47AM Wed Ekadashi* Until 3:49PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Clear
Routine Work	Marana Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 2:21AM Wed		Then Creative Work - Siddha Yoga		

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Paramaribo, Suriname Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 5.1	Tithi 27 – 28	<b>Gulika</b> 11:05AM – 12:38PM Yama 8:01AM – 9:33AM 214583469 <b>Rahu</b> 12:38PM – 2:10PM	<b>Uttaraprossthapada</b> Until 4:31AM Thu Vaidhriti* Until 8:59PM Gara Until 6:19AM Thu Dvadashi* Until 5:36PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Clear
Creative Work	Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<i>Pradosha Vrata (Fasting)</i>				

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Paramaribo, Suriname Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 17.25	Tithi 28	<b>Gulika</b> 9:33AM – 11:05AM Yama 6:28AM – 8:00AM 215583469 <b>Rahu</b> 2:10PM – 3:42PM	<b>Revati</b> Until 6:01AM Fri Vishkambha* Until 8:56PM Gara Until 6:19AM Trayodashi* Until 6:52PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Clear
Creative Work	Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 6:01AM Fri		Then Creative Work - Amrita Yoga		

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Paramaribo, Suriname Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 29.54	Tithi 29	<b>Gulika</b> 8:00AM – 9:32AM Yama 3:42PM – 5:15PM 215583469 <b>Rahu</b> 11:05AM – 12:37PM	<b>Revati</b> Until 6:01AM Priti Until 8:28PM Visti Until 7:19AM Chaturdashi* Until 7:36PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Clear
Creative Work	Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 6:01AM		Then Creative Work - Amrita Yoga		

<b>Retreat Star</b> <b>6 Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Paramaribo, Suriname Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 12.38	Tithi 30	<b>Gulika</b> 6:27AM – 8:00AM Yama 2:10PM – 3:42PM 225583469 <b>Rahu</b> 9:32AM – 11:05AM	<b>Ashvini</b> Until 7:18AM Ayushman Until 7:34PM Catuspada Until 7:47AM Amavasya* Until 7:47PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – White
Creative Work	Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b> <b>Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Paramaribo, Suriname Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 25.37	Tithi 1	<b>Gulika</b> 3:42PM – 5:15PM Yama 12:37PM – 2:10PM 225583469 <b>Rahu</b> 5:15PM – 6:47PM	<b>Bharani</b> Until 7:55AM Saubhagya Until 6:18PM Kintughna Until 7:43AM Prathama* Until 7:30PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – White
Routine Work	Prabalarishta Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 7:55AM		Then Creative Work - Siddha Yoga		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Paramaribo, Suriname Sun 15 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 2:10PM – 3:42PM	<b>Krittika</b> Until 7:58AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	
Vrishabha Rasi: 8.49	Tithi 2	Yama 11:05AM – 12:37PM	Sobhana Until 4:43PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 8:00AM – 9:32AM	Balava Until 7:13AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya</b> Until 6:49PM	Moon – White	<b>Bhuloka Day</b>	
Until 7:58AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Paramaribo, Suriname Sun 16 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:37PM – 2:10PM	<b>Rohini</b> Until 7:56AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:27AM	
Vrishabha Rasi: 22.14	Tithi 3 – 4	Yama 9:32AM – 11:04AM	Athiganda* Until 2:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 3:42PM – 5:15PM	Taitila Until 6:21AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Tritiya</b> Until 5:46PM	Moon – Yellow	<b>Bhuloka Day</b>	
Until 7:56AM		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Paramaribo, Suriname Sun 17 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 11:04AM – 12:37PM	<b>Mrigashira</b> Until 7:27AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:27AM	
Mithuna Rasi: 5.49	Tithi 4 – 5	Yama 7:59AM – 9:32AM	Sukarma Until 12:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 12:37PM – 2:09PM	Bava Until 3:43AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> Until 4:27PM	Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Paramaribo, Suriname Sun 18 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:32AM – 11:04AM	<b>Ardra</b> Until 6:35AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:26AM	
Mithuna Rasi: 19.34	Tithi 5 – 6	Yama 6:26AM – 7:59AM	Dhriti Until 10:28AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 2:09PM – 3:42PM	Kaulava Until 2:04AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Panchami</b> Until 2:54PM	Moon – Yellow	<b>Bhuloka Day</b>	
Until 6:35AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Paramaribo, Suriname Sun 19 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:59AM – 9:32AM	<b>Pushya</b> Until 4:40AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:26AM	
Kataka Rasi: 3.26	Tithi 6 – 7	Yama 3:42PM – 5:15PM	Shula* Until 7:59AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 4
245583469		<b>Rahu</b> 11:04AM – 12:37PM	Gara Until 12:13AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Shashthi*</b> Until 1:09PM	Moon – Blue	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Paramaribo, Suriname Sun 20 Sutra 27 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:26AM – 7:59AM	<b>Ashlesha*</b> Until 3:14AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:26AM	
Kataka Rasi: 17.26	Tithi 7 – 8	Yama 2:09PM – 3:42PM	Vriddhi Until 2:38AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 4
245583469		<b>Rahu</b> 9:31AM – 11:04AM	Vistil Until 10:11PM	<b>Nataraja:</b> Clear		Ashtami
Routine Work Marana Yoga			<b>Saptami</b> Until 11:12AM	Moon – Blue	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Paramaribo, Suriname Sun 21 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:42PM – 5:15PM	<b>Magha*</b> Until 1:55AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
Simha Rasi: 1.32	Tithi 8 – 9	Yama 12:37PM – 2:09PM	Dhruva Until 11:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 4
256583469		<b>Rahu</b> 5:15PM – 6:48PM	Balava Until 8:00PM	<b>Nataraja:</b> Clear		Navami
Routine Work Marana Yoga			<b>Ashtami*</b> Until 9:05AM	Moon – Red	<b>Bhuloka Day</b>	
Until 1:55AM Mon		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						


<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Paramaribo, Suriname Sun 22 Sutra 29 Vikarin 5121
<b>1</b>		<b>Gulika</b> 2:09PM – 3:42PM	<b>Purvaphalguni</b> Until 12:22AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
Simha Rasi: 15.44	Tithi 9 – 10	Yama 11:04AM – 12:37PM	Vyaghata* Until 8:46PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 7:59AM – 9:31AM	Gara Until 4:29AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Navami*</b> Until 6:50AM	Moon – Red	<b>Bhuloka Day</b>	
Until 12:22AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Paramaribo, Suriname Sun 23 Sutra 30 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:37PM – 2:10PM	<b>Uttaraphalguni</b> Until 10:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
Kanya Rasi: 0.01	Tithi 11	Yama 9:31AM – 11:04AM	Harshana Until 5:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	256583469	<b>Rahu</b> 3:42PM – 5:15PM	Vanija Until 3:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Ekadashi</b> Until 2:06AM Wed	Moon – Red	<b>Bhuloka Day</b>	
Until 10:37PM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau				Paramaribo, Suriname Sun 24 Sutra 31 Vikarin 5121
<b>3</b>		<b>Gulika</b> 11:04AM – 12:37PM	<b>Hasta</b> Until 9:11PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	
Kanya Rasi: 14.18	Tithi 12	Yama 7:58AM – 9:31AM	Vajra* Until 2:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 12:37PM – 2:10PM	Bava Until 12:56PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dvadashti</b> Until 11:45PM	Moon – Green	<b>Devaloka Day</b>	
Until 9:11PM				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Paramaribo, Suriname Sun 25 Sutra 32 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:31AM – 11:04AM	<b>Chitra</b> Until 7:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	
Kanya Rasi: 28.33	Tithi 13	Yama 6:26AM – 7:58AM	Siddhi Until 11:49AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 2:10PM – 3:42PM	Kaulava Until 10:39AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 9:34PM	Moon – Green	<b>Devaloka Day</b>	
Until 7:45PM				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Paramaribo, Suriname Sun 26 Sutra 33 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:58AM – 9:31AM	<b>Svati</b> Until 6:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	
Tula Rasi: 12.4	Tithi 14	Yama 3:42PM – 5:15PM	Vyatipata* Until 9:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 11:04AM – 12:37PM	Gara Until 8:35AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 7:39PM	Moon – Green	<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Paramaribo, Suriname Sun 27 Sutra 34 Vikarin 5121
	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:25AM – 7:58AM	<b>Vishakha</b> Until 5:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:25AM	
Tula Rasi: 26.35	Tithi 15	Yama 2:10PM – 3:43PM	Variyan Until 6:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	276583469	<b>Rahu</b> 9:31AM – 11:04AM	Visti Until 6:52AM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 6:09PM	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathamam Dvitiyayam Titau				Paramaribo, Suriname Sutra 35 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:43PM – 5:16PM	<b>Anuradha</b> Until 5:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	
Vrischika Rasi: 10.13	Tithi 16 – 17	Yama 12:37PM – 2:10PM	Shiva Until 2:56AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	277583469	<b>Rahu</b> 5:16PM – 6:48PM	Taitila Until 4:56AM Mon	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga			<b>Prathama*</b> Until 5:10PM	Moon – Orange	<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 23.31 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:10PM – 3:43PM  
**Yama** 11:04AM – 12:37PM  
**Rahu** 7:58AM – 9:31AM

**Jyeshtha\* Until 5:47PM**  
Siddha Until 1:50AM Tue  
Vanija Until 4:55AM Tue  
Dvitiya Until 4:49PM

**Ganesha:** Yellow *Sunrise:* 6:25AM  
**Muruqa:** Yellow *Sunset:* 6:49PM

**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**  
**Vaisaka-Vaikasi**

Paramaribo, Suriname  
Sun 1 Sutra 36  
Vikarin 5121

Moon 5 - Phase 6  
1st Phase

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 6.28 Tithi 18 – 19

Creative Work Amrita Yoga  
Until 6:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 12:37PM – 2:10PM  
**Yama** 9:31AM – 11:04AM  
**Rahu** 3:43PM – 5:16PM

**Mula\* Until 6:59PM**  
Sadhya Until 1:18AM Wed  
Bava Until 5:37AM Wed  
Tritiya Until 5:10PM

**Ganesha:** Red *Sunrise:* 6:25AM  
**Muruqa:** Yellow *Sunset:* 6:49PM

**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

Paramaribo, Suriname  
Sun 2 Sutra 37  
Vikarin 5121

Moon 5 - Phase 6  
1st Phase

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 19.04 Tithi 19

Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Balava Karana Chaturthyam Titau

**Gulika** 11:04AM – 12:37PM  
**Yama** 7:58AM – 9:31AM  
**Rahu** 12:37PM – 2:10PM

**Purvashadha\* Until 8:43PM**  
Subha Until 1:19AM Thu  
Balava Until 6:12PM  
Chaturthi\* Until 6:12PM

**Ganesha:** Red *Sunrise:* 6:25AM  
**Muruqa:** Yellow *Sunset:* 6:49PM

**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

Paramaribo, Suriname  
Sun 3 Sutra 38  
Vikarin 5121

Moon 5 - Phase 6  
1st Phase

**3**

**Thursday, May 23, 2019**

Makara Rasi: 1.23 Tithi 20

Routine Work Marana Yoga  
Until 10:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 9:31AM – 11:04AM  
**Yama** 6:25AM – 7:58AM  
**Rahu** 2:10PM – 3:43PM

**Uttarashadha Until 10:52PM**  
Sukla Until 1:45AM Fri  
Kaulava Until 6:59AM  
Panchami Until 7:51PM

**Ganesha:** Red *Sunrise:* 6:25AM  
**Muruqa:** Yellow *Sunset:* 6:49PM

**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

Paramaribo, Suriname  
Sun 4 Sutra 39  
Vikarin 5121

Moon 5 - Phase 6  
1st Phase

**4**

**Friday, May 24, 2019**

Makara Rasi: 13.29 Tithi 21

Routine Work Marana Yoga  
Until 1:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 7:58AM – 9:31AM  
**Yama** 3:43PM – 5:16PM  
**Rahu** 11:04AM – 12:37PM

**Shravana Until 1:47AM Sat**  
Brahma Until 2:31AM Sat  
Gara Until 8:54AM  
Shashthi\* Until 9:59PM

**Ganesha:** Green *Sunrise:* 6:25AM  
**Muruqa:** Yellow *Sunset:* 6:49PM

**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

Paramaribo, Suriname  
Sun 5 Sutra 40  
Vikarin 5121

Moon 5 - Phase 6  
1st Phase

**5**

**Saturday, May 25, 2019**

Makara Rasi: 25.25 Tithi 22

Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 6:25AM – 7:58AM  
**Yama** 2:10PM – 3:43PM  
**Rahu** 9:31AM – 11:04AM

**Dhanishtha Until 4:44AM Sun**  
Indra Until 3:29AM Sun  
Visti Until 11:11AM  
Saptami Until 12:22AM Sun

**Ganesha:** Red *Sunrise:* 6:25AM  
**Muruqa:** Yellow *Sunset:* 6:49PM

**Nataraja:** Clear  
Moon – Purple

**Devaloka Day**  
**Vaisaka-Vaikasi**

Paramaribo, Suriname  
Sun 6 Sutra 41  
Vikarin 5121

Moon 5 - Phase 6  
1st Phase

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 7.17 Tithi 23

Creative Work Siddha Yoga  
Until 7:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:43PM – 5:17PM  
**Yama** 12:37PM – 2:10PM  
**Rahu** 5:17PM – 6:50PM

**Shatabhishak Until 7:32AM Mon**  
Vaidhriti\* Until 4:25AM Mon  
Balava Until 1:37PM  
Ashtami\* Until 2:47AM Mon

**Ganesha:** Blue *Sunrise:* 6:25AM  
**Muruqa:** Yellow *Sunset:* 6:50PM

**Nataraja:** Clear  
Moon – Purple

**Sivaloka Day**  
**Vaisaka-Vaikasi**

Paramaribo, Suriname  
Sun 7 Sutra 42  
Vikarin 5121

Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**

**Retreat Star**

Kumbha Rasi: 19.09 Tithi 24

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 7:32AM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 2:11PM – 3:44PM  
**Yama** 11:04AM – 12:38PM  
**Rahu** 7:58AM – 9:31AM

**Shatabhishak Until 7:32AM**  
Vishkambha\* Until 5:12AM Tue  
Taitila Until 3:57PM  
Navami\* Until 5:00AM Tue

**Ganesha:** Blue *Sunrise:* 6:25AM  
**Muruqa:** Yellow *Sunset:* 6:50PM

**Nataraja:** Clear  
Moon – Purple

**Sivaloka Day**  
**Vaisaka-Vaikasi**

Paramaribo, Suriname  
Sun 8 Sutra 43  
Vikarin 5121

Moon 5 - Phase 6  
Navami

<b>1</b>		<b>Tuesday, May 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija Karana Dashamyam Titau				Paramaribo, Suriname Sun 9 Sutra 44
Meena Rasi: 1.06	Tithi 25	<b>Gulika</b>	12:38PM – 2:11PM	<b>Purvaproshtapada* Until 10:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama	9:31AM – 11:05AM	Priti Until 5:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	3:44PM – 5:17PM	Vanija Until 6:00PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga			<b>Dashami Until 6:50AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 10:26AM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Paramaribo, Suriname Sun 10 Sutra 45
Meena Rasi: 13.13	Tithi 25 – 26	<b>Gulika</b>	11:05AM – 12:38PM	<b>Uttaraproshtapada Until 12:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama	7:58AM – 9:32AM	Ayushman Until 5:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	12:38PM – 2:11PM	Bava Until 7:34PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 6:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 12:45PM					<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Paramaribo, Suriname Sun 11 Sutra 46
Meena Rasi: 25.32	Tithi 26 – 27	<b>Gulika</b>	9:32AM – 11:05AM	<b>Revati Until 2:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama	6:25AM – 7:59AM	Saubhagya Until 5:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	2:11PM – 3:44PM	Kaulava Until 8:33PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 8:07AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:22PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Paramaribo, Suriname Sun 12 Sutra 47
Mesha Rasi: 8.08	Tithi 27 – 28	<b>Gulika</b>	7:59AM – 9:32AM	<b>Ashvini Until 3:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama	3:44PM – 5:17PM	Sobhana Until 4:30AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b>	11:05AM – 12:38PM	Gara Until 8:54PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 8:47AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 3:42PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Paramaribo, Suriname Sun 13 Sutra 48
Mesha Rasi: 21.03	Tithi 28 – 29	<b>Gulika</b>	6:26AM – 7:59AM	<b>Bharani Until 4:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama	2:11PM – 3:44PM	Athiganda* Until 3:05AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	9:32AM – 11:05AM	Visti Until 8:37PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 8:49AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 4:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Sunday, June 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Paramaribo, Suriname Sun 14 Sutra 49
Vrishabha Rasi: 4.17	Tithi 29 – 30	<b>Gulika</b>	3:45PM – 5:18PM	<b>Krittika Until 4:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama	12:38PM – 2:12PM	Sukarma Until 1:14AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	5:18PM – 6:51PM	Catuspada Until 7:44PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:14AM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Monday, June 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Paramaribo, Suriname Sun 15 Sutra 50
Vrishabha Rasi: 17.49	Tithi 30 – 1	<b>Gulika</b>	2:12PM – 3:45PM	<b>Rohini Until 3:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama	11:05AM – 12:39PM	Dhriti Until 11:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b>	7:59AM – 9:32AM	Kintughna Until 6:22PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga			<b>Amavasya* Until 7:05AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Paramaribo, Suriname Sun 16 Sutra 51 Vikarin 5121
Mithuna Rasi: 1.37	Tithi 2	<b>Gulika</b> 12:39PM – 2:12PM	<b>Mrigashira</b> Until 2:39PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:26AM	
		Yama 9:32AM – 11:05AM	Shula* Until 8:28PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:51PM	Moon 5 - Phase 8
		339683461 <b>Rahu</b> 3:45PM – 5:18PM	Balava Until 4:35PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 3:34AM Wed	Moon – Yellow	<b>Bhuloka Day</b>
Until 2:39PM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau	Paramaribo, Suriname Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 15.38	Tithi 3	<b>Gulika</b> 11:06AM – 12:39PM	<b>Ardra</b> Until 1:14PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:26AM	
		Yama 7:59AM – 9:32AM	Ganda* Until 5:42PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM	Moon 5 - Phase 8
		339683461 <b>Rahu</b> 12:39PM – 2:12PM	Taitila Until 2:31PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 1:23AM Thu	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau	Paramaribo, Suriname Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 29.49	Tithi 4	<b>Gulika</b> 9:33AM – 11:06AM	<b>Punarvasu</b> Until 11:55AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM	
		Yama 6:26AM – 7:59AM	Vridhhi Until 2:48PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 2:12PM – 3:45PM	Vanija Until 12:15PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi</b> * Until 11:04PM	Moon – Blue	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Paramaribo, Suriname Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 14.04	Tithi 5	<b>Gulika</b> 8:00AM – 9:33AM	<b>Pushya</b> Until 10:21AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM	
		Yama 3:46PM – 5:19PM	Dhruva Until 11:49AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 11:06AM – 12:39PM	Bava Until 9:54AM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Panchami</b> Until 8:42PM	Moon – Blue	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Paramaribo, Suriname Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 28.2	Tithi 6	<b>Gulika</b> 6:26AM – 8:00AM	<b>Ashlesha*</b> Until 8:38AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM	
		Yama 2:13PM – 3:46PM	Vyaghata* Until 8:50AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 9:33AM – 11:06AM	Kaulava Until 7:32AM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 6:20PM	Moon – Blue	<b>Bhuloka Day</b>
Until 8:38AM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Paramaribo, Suriname Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 12.35	Tithi 7 – 8	<b>Gulika</b> 3:46PM – 5:19PM	<b>Magha*</b> Until 7:14AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM	
		Yama 12:40PM – 2:13PM	Vajra* Until 3:00AM Mon	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 5:19PM – 6:53PM	Visti Until 2:58AM Mon	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Saptami</b> Until 4:03PM	Moon – Red	<b>Devaloka Day</b>
Until 7:14AM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Paramaribo, Suriname Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 26.46	Tithi 8 – 9	<b>Gulika</b> 2:13PM – 3:46PM	<b>Uttaraphalguni</b> Until 4:21AM Tue	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM	
<b>Family Home Evening</b>		Yama 11:07AM – 12:40PM	Siddhi Until 12:14AM Tue	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 8:00AM – 9:33AM	Balava Until 12:51AM Tue	<b>Nataraja:</b> Yellow	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 1:52PM	Moon – Red	<b>Devaloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	


<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Paramaribo, Suriname Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 10.52	Tithi 9 – 10	<b>Gulika</b> 12:40PM – 2:13PM	<b>Hasta</b> Until 3:21AM Wed	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM	
		Yama 9:33AM – 11:07AM	Vyatipata* Until 9:36PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM	Moon 5 - Phase 8
		361683461 <b>Rahu</b> 3:47PM – 5:20PM	Taitila Until 10:53PM	<b>Nataraja:</b> Yellow	Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 11:49AM	Moon – Green	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Paramaribo, Suriname Sun 24 Sutra 59	
Kanya Rasi: 24.52	Tithi 10 – 11	<b>Gulika</b>	11:07AM – 12:40PM	<b>Chitra</b> Until 2:25AM Thu	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM		Vikarin 5121
		Yama	8:00AM – 9:34AM	Variyan Until 7:07PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM		Moon 5 - Phase 9
		361683461 <b>Rahu</b>	12:40PM – 2:13PM	Vanija Until 9:08PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			<b>Dashami</b> Until 9:58AM	Moon – Green	<b>Bhuloka Day</b>	
Until 2:25AM Thu					<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Paramaribo, Suriname Sun 25 Sutra 60	
Tula Rasi: 8.43	Tithi 11 – 12	<b>Gulika</b>	9:34AM – 11:07AM	<b>Svati</b> Until 1:37AM Fri	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM		Vikarin 5121
		Yama	6:27AM – 8:01AM	Parigha* Until 4:51PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:54PM		Moon 5 - Phase 9
		361683461 <b>Rahu</b>	2:14PM – 3:47PM	Bava Until 7:39PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga			<b>Ekadashi</b> Until 8:20AM	Moon – Green	<b>Bhuloka Day</b>	
Until 1:37AM Fri					<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Paramaribo, Suriname Sun 26 Sutra 61	
Tula Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b>	8:01AM – 9:34AM	<b>Vishakha</b> Until 1:27AM Sat	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:27AM		Vikarin 5121
		Yama	3:47PM – 5:21PM	Shiva Until 2:52PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:54PM		Moon 5 - Phase 9
		371693461 <b>Rahu</b>	11:07AM – 12:41PM	Kaulava Until 6:29PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			<b>Dvadashi</b> Until 7:00AM	Moon – Orange	<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>			<b>Jyeshtha-Vaikasi</b>		
				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Tailla/Vanija Karana Trayodashi/Chaturdashyam Titau		Paramaribo, Suriname Sun 27 Sutra 62	
Vrischika Rasi: 5.52	Tithi 13 – 14	<b>Gulika</b>	6:28AM – 8:01AM	<b>Anuradha</b> Until 1:33AM Sun	<b>Ganesha:</b> White <i>Sunrise:</i> 6:28AM		Vikarin 5121
		Yama	2:14PM – 3:47PM	Siddha Until 1:09PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:54PM		Moon 5 - Phase 9
		371793461 <b>Rahu</b>	9:34AM – 11:08AM	Vanija Until 5:29AM Sun	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi</b> Until 6:01AM	Moon – Orange	<b>Subha Sivaloka Day</b>	
Until 1:33AM Sun					<b>Jyeshtha-Ani</b>		
Then Routine Work - Marana Yoga							

		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Purnimayam Titau		Paramaribo, Suriname Sutra 63	
<b>Copper Retreat Star</b>		<b>Gulika</b>	3:48PM – 5:21PM	<b>Jyeshtha*</b> Until 1:59AM Mon	<b>Ganesha:</b> White <i>Sunrise:</i> 6:28AM		Vikarin 5121
Vrischika Rasi: 19.05	Tithi 15	Yama	12:41PM – 2:14PM	Sadhya Until 11:49AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:54PM		Moon 5 - Phase 9
		371793461 <b>Rahu</b>	5:21PM – 6:54PM	Visti Until 5:25PM	<b>Nataraja:</b> Yellow		Purnima
Routine Work	Marana Yoga			<b>Purnima*</b> Until 5:27AM Mon	Moon – Orange	<b>Subha Sivaloka Day</b>	
Until 1:59AM Mon		<b>Father's Day</b>			<b>Jyeshtha-Ani</b>		
Then Creative Work - Siddha Yoga							

<b>Monday, June 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau		Paramaribo, Suriname Sutra 64	
Dhanus Rasi: 2.03	Tithi 16	<b>Gulika</b>	2:15PM – 3:48PM	<b>Mula*</b> Until 3:16AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM		Vikarin 5121
<b>Family Home Evening</b>		Yama	11:08AM – 12:41PM	Subha Until 10:55AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:54PM		Moon 5 - Phase 9
		381793461 <b>Rahu</b>	8:01AM – 9:35AM	Balava Until 5:39PM	<b>Nataraja:</b> Yellow		Prathama
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 5:58AM Tue	Moon – Light Blue	<b>Sivaloka Day</b>	
					<b>Jyeshtha-Ani</b>		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang





**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailita Karana Dvitiyayam Titau

Paramaribo, Suriname  
Sutra 65

Dhanus Rasi: 14.45 Tithi 17

381793461

**Gulika** 12:41PM – 2:15PM  
**Yama** 9:35AM – 11:08AM  
**Rahu** 3:48PM – 5:21PM

**Purvashadha\* Untill 4:57AM Wed**  
Sukla Untill 10:26AM  
Tailita Untill 6:28PM  
**Dvitiya Untill 7:03AM Wed**

**Ganesha:** Clear *Sunrise: 6:28AM*  
**Muruqa:** Blue *Sunset: 6:55PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga  
Untill 4:57AM Wed  
Then Creative Work - Amrita Yoga

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Paramaribo, Suriname  
Sun 1 Sutra 66

Dhanus Rasi: 27.11 Tithi 17 – 18

382793461

**Gulika** 11:08AM – 12:42PM  
**Yama** 8:02AM – 9:35AM  
**Rahu** 12:42PM – 2:15PM

**Uttarashadha Untill 6:59AM Thu**  
Brahma Untill 10:24AM  
Vanija Untill 7:49PM  
**Dvitiya Untill 7:03AM**

**Ganesha:** Purple *Sunrise: 6:28AM*  
**Muruqa:** Blue *Sunset: 6:55PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Untill 6:59AM Thu  
Then Creative Work - Siddha Yoga

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Paramaribo, Suriname  
Sun 2 Sutra 67

Makara Rasi: 9.25 Tithi 18 – 19

382793461

**Gulika** 9:35AM – 11:09AM  
**Yama** 6:29AM – 8:02AM  
**Rahu** 2:15PM – 3:49PM

**Uttarashadha Untill 6:59AM**  
Indra Untill 10:47AM  
Bava Untill 9:40PM  
**Tritiya Untill 8:40AM**

**Ganesha:** Purple *Sunrise: 6:29AM*  
**Muruqa:** Blue *Sunset: 6:55PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga  
Untill 6:59AM  
Then Creative Work - Siddha Yoga

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Paramaribo, Suriname  
Sun 3 Sutra 68

Makara Rasi: 21.26 Tithi 19 – 20

392793461

**Gulika** 8:02AM – 9:35AM  
**Yama** 3:49PM – 5:22PM  
**Rahu** 11:09AM – 12:42PM

**Shravana Untill 9:46AM**  
Vaidhriti\* Untill 11:27AM  
Kaulava Untill 11:51PM  
**Chaturthi\* Untill 10:42AM**

**Ganesha:** Clear *Sunrise: 6:29AM*  
**Muruqa:** Blue *Sunset: 6:55PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Routine Work Marana Yoga  
Untill 9:46AM  
Then Creative Work - Siddha Yoga

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Tailita/Gara Karana Panchami/Shashthyam Titau

Paramaribo, Suriname  
Sun 4 Sutra 69

Kumbha Rasi: 3.22 Tithi 20 – 21

392793461

**Gulika** 6:29AM – 8:02AM  
**Yama** 2:16PM – 3:49PM  
**Rahu** 9:36AM – 11:09AM

**Dhanishtha Untill 12:39PM**  
Vishkambha\* Untill 12:21PM  
Gara Untill 2:13AM Sun  
**Panchami Untill 1:00PM**

**Ganesha:** Clear *Sunrise: 6:29AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga  
Untill 12:39PM  
Then Creative Work - Amrita Yoga

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Paramaribo, Suriname  
Sun 5 Sutra 70

Kumbha Rasi: 15.14 Tithi 21 – 22

392793461

**Gulika** 3:49PM – 5:22PM  
**Yama** 12:43PM – 2:16PM  
**Rahu** 5:22PM – 6:56PM

**Shatabhishak Untill 3:27PM**  
Priti Untill 1:20PM  
Visti Untill 4:35AM Mon  
**Shashthi\* Untill 3:24PM**

**Ganesha:** Clear *Sunrise: 6:29AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Paramaribo, Suriname  
Sun 6 Sutra 71

Kumbha Rasi: 27.07 Tithi 22 – 23

312793461

**Gulika** 2:16PM – 3:49PM  
**Yama** 11:09AM – 12:43PM  
**Rahu** 8:03AM – 9:36AM

**Purvaproshtapada\* Untill 6:29PM**  
Ayushman Untill 2:12PM  
Balava Untill 6:45AM Tue  
**Saptami Untill 5:41PM**

**Ganesha:** Yellow *Sunrise: 6:29AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Routine Work Marana Yoga  
Untill 6:29PM  
Then Creative Work - Siddha Yoga



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Paramaribo, Suriname  
Sun 7 Sutra 72

Meena Rasi: 9.05 Tithi 23

312793461

**Gulika** 12:43PM – 2:16PM  
**Yama** 9:36AM – 11:10AM  
**Rahu** 3:50PM – 5:23PM

**Uttaraproshtapada Untill 9:03PM**  
Saubhagya Untill 2:53PM  
Balava Untill 6:45AM  
**Ashtami\* Untill 7:40PM**

**Ganesha:** Yellow *Sunrise: 6:30AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Ashtami

**Sivaloka Day**

Creative Work Amrita Yoga  
Untill 9:03PM  
Then Creative Work - Siddha Yoga

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Tailita/Gara Karana Navamyam Titau

Paramaribo, Suriname  
Sun 8 Sutra 73

Meena Rasi: 21.12 Tithi 24

312793461

**Gulika** 11:10AM – 12:43PM  
**Yama** 8:03AM – 9:37AM  
**Rahu** 12:43PM – 2:16PM


**Revati Untill 10:59PM**  
Sobhana Untill 3:14PM  
Tailita Untill 8:31AM  
**Navami\* Untill 9:10PM**

**Ganesha:** Yellow *Sunrise: 6:30AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Navami

**Sivaloka Day**

Routine Work Marana Yoga

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti/ Karana Dashamyam Titau		Paramaribo, Suriname Sun 9 Sutra 74	
Mesha Rasi: 3.32	Tithi 25	322793461	<b>Gulika</b> 9:37AM – 11:10AM Yama 6:30AM – 8:03AM <b>Rahu</b> 2:17PM – 3:50PM	<b>Ashvini Until 12:38AM Fri</b> Athiganda* Until 3:06PM Vanija Until 9:43AM <b>Dashami Until 10:04PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 6:30AM <b>Sunset:</b> 6:57PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga		Until 12:38AM Fri		Then Creative Work - Siddha Yoga			
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Paramaribo, Suriname Sun 10 Sutra 75	
Mesha Rasi: 16.1	Tithi 26	322793461	<b>Gulika</b> 8:04AM – 9:37AM Yama 3:50PM – 5:23PM <b>Rahu</b> 11:10AM – 12:44PM	<b>Bharani Until 1:26AM Sat</b> Sukarma Until 2:27PM Bava Until 10:16AM <b>Ekadashi* Until 10:15PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 6:30AM <b>Sunset:</b> 6:57PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga		Until 1:26AM Sat		Then Creative Work - Amrita Yoga			
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Paramaribo, Suriname Sun 11 Sutra 76	
Mesha Rasi: 29.09	Tithi 27	322793461	<b>Gulika</b> 6:31AM – 8:04AM Yama 2:17PM – 3:50PM <b>Rahu</b> 9:37AM – 11:10AM	<b>Krittika Until 1:22AM Sun</b> Dhriti Until 1:14PM Kaulava Until 10:06AM <b>Dvadashi* Until 9:43PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 6:57PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga		Until 1:22AM Sun		Then Creative Work - Siddha Yoga			
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Paramaribo, Suriname Sun 12 Sutra 77	
Vrishabha Rasi: 12.31	Tithi 28	322793461	<b>Gulika</b> 3:51PM – 5:24PM Yama 12:44PM – 2:17PM <b>Rahu</b> 5:24PM – 6:57PM	<b>Rohini Until 12:56AM Mon</b> Shula* Until 11:25AM Gara Until 9:12AM <b>Trayodashi* Until 8:29PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 6:57PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga		Until 12:56AM Mon		Then Creative Work - Amrita Yoga			
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Paramaribo, Suriname Sun 13 Sutra 78	
Vrishabha Rasi: 26.15	Tithi 29	322793461	<b>Gulika</b> 2:17PM – 3:51PM Yama 11:11AM – 12:44PM <b>Rahu</b> 8:04AM – 9:38AM	<b>Mrigashira Until 11:46PM</b> Ganda* Until 9:06AM Visti Until 7:39AM <b>Chaturdashi* Until 6:39PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 6:57PM	Vikarin 5121 Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Family Home Evening		Creative Work Amrita Yoga		Until 11:46PM		Then Creative Work - Siddha Yoga	
		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Paramaribo, Suriname Sun 14 Sutra 79	
<b>Retreat Star</b>		Mithuna Rasi: 10.21		Tithi 30 – 1		322793461	
Routine Work Marana Yoga		Until 9:59PM		Then Creative Work - Siddha Yoga			
		<b>Gulika</b> 12:44PM – 2:18PM Yama 9:38AM – 11:11AM <b>Rahu</b> 3:51PM – 5:24PM		<b>Ardra Until 9:59PM</b> Vridhi Until 6:20AM Kintughna Until 3:00AM Wed <b>Amavasya* Until 4:18PM</b>		<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	
		Total Solar Eclipse				<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 6:57PM	
						Vikarin 5121 Moon 6 - Phase 11 Amavasya <b>Devaloka Day</b>	
<b>6</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Paramaribo, Suriname Sun 15 Sutra 80	
<b>Retreat Star</b>		Mithuna Rasi: 24.44		Tithi 1 – 2		343793461	
Creative Work Siddha Yoga		Until 12:45PM		Then Creative Work - Siddha Yoga			
		<b>Gulika</b> 11:11AM – 12:45PM Yama 8:05AM – 9:38AM <b>Rahu</b> 12:45PM – 2:18PM		<b>Punarvasu Until 8:08PM</b> Vyaghata* Until 11:49PM Balava Until 12:10AM Thu <b>Prathama* Until 1:36PM</b>		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada-Ani</b>	
						<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 6:58PM	
						Vikarin 5121 Moon 6 - Phase 11 Prathama <b>Sivaloka Day</b>	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Paramaribo, Suriname Sun 16 Sutra 81
Kataka Rasi: 9.2	Tithi 2 – 3	343793461	<b>Gulika</b> 9:38AM – 11:11AM Yama 6:32AM – 8:05AM <b>Rahu</b> 2:18PM – 3:51PM	<b>Pushya</b> Until 5:58PM Harshana Until 8:19PM Taitila Until 9:10PM <b>Dvitiya</b> Until 10:39AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 6:58PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 5:58PM Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Paramaribo, Suriname Sun 17 Sutra 82
Kataka Rasi: 24.01	Tithi 3 – 4	343793461	<b>Gulika</b> 8:05AM – 9:38AM Yama 3:51PM – 5:25PM <b>Rahu</b> 11:12AM – 12:45PM	<b>Ashlesha*</b> Until 3:37PM Vajra* Until 4:45PM Vanija Until 6:08PM <b>Tritiya</b> Until 7:37AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 6:58PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga							

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau			Paramaribo, Suriname Sun 18 Sutra 83
Simha Rasi: 8.41	Tithi 5	353793461	<b>Gulika</b> 6:32AM – 8:05AM Yama 2:18PM – 3:52PM <b>Rahu</b> 9:39AM – 11:12AM	<b>Magha*</b> Until 1:37PM Siddhi Until 1:17PM Bava Until 3:11PM <b>Panchami</b> Until 1:46AM Sun	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 6:58PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga Until 1:37PM Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau			Paramaribo, Suriname Sun 19 Sutra 84
Simha Rasi: 23.14	Tithi 6	453793461	<b>Gulika</b> 3:52PM – 5:25PM Yama 12:45PM – 2:18PM <b>Rahu</b> 5:25PM – 6:58PM	<b>Purvaphalguni</b> Until 11:40AM Vyatipata* Until 9:59AM Kaulava Until 12:27PM <b>Shashthi*</b> Until 11:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 6:58PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 11:40AM Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>					

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Paramaribo, Suriname Sun 20 Sutra 85
Kanya Rasi: 7.37	Tithi 7	453793461	<b>Gulika</b> 2:19PM – 3:52PM Yama 11:12AM – 12:45PM <b>Rahu</b> 8:06AM – 9:39AM	<b>Uttaraphalguni</b> Until 9:52AM Varyan Until 6:53AM Gara Until 10:00AM <b>Saptami</b> Until 8:53PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 6:58PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Paramaribo, Suriname Sun 21 Sutra 86
Kanya Rasi: 21.44	Tithi 8	463793461	<b>Gulika</b> 12:46PM – 2:19PM Yama 9:39AM – 11:12AM <b>Rahu</b> 3:52PM – 5:25PM	<b>Hasta</b> Until 8:43AM Shiva Until 1:39AM Wed Visti Until 7:54AM <b>Ashtami*</b> Until 7:00PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Green	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 6:58PM	Vikarin 5121 Moon 6 - Phase 12 Ashtami <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Taitila Karana Navami/Dashamyam Titau			Paramaribo, Suriname Sun 22 Sutra 87
Tula Rasi: 6	Tithi 9 – 10	463893461	<b>Gulika</b> 11:13AM – 12:46PM Yama 8:06AM – 9:39AM <b>Rahu</b> 12:46PM – 2:19PM	<b>Chitra</b> Until 7:50AM Siddha Until 11:32PM Balava Until 6:14AM <b>Navami*</b> Until 5:32PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Green	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 6:58PM	Vikarin 5121 Moon 6 - Phase 12 Navami <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Varija Karana Dashami/Ekadashyam Titau				Paramaribo, Suriname Sun 23 Sutra 88
	Tula Rasi: 19.12	Tithi 10 – 11	<b>Gulika</b> 9:40AM – 11:13AM	<b>Svati</b> Until 7:15AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM	Vikarin 5121
			Yama 6:33AM – 8:06AM	Sadhya Until 9:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13
	463893461		<b>Rahu</b> 2:19PM – 3:52PM	Varija Until 4:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 4:32PM	Moon – Green		<b>Sivaloka Day</b>	
	Until 7:15AM			<b>Ashada•Ani</b>			
	Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Paramaribo, Suriname Sun 24 Sutra 89
	Vrischika Rasi: 2.32	Tithi 11 – 12	<b>Gulika</b> 8:07AM – 9:40AM	<b>Vishakha</b> Until 7:25AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	Vikarin 5121
			Yama 3:52PM – 5:25PM	Subha Until 8:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	473893461		<b>Rahu</b> 11:13AM – 12:46PM	Bava Until 3:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 4:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

<b>3</b>	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Paramaribo, Suriname Sun 25 Sutra 90
	Vrischika Rasi: 15.37	Tithi 12 – 13	<b>Gulika</b> 6:34AM – 8:07AM	<b>Anuradha</b> Until 7:54AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 2:19PM – 3:52PM	Sukla Until 7:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	473893461		<b>Rahu</b> 9:40AM – 11:13AM	Kaulava Until 4:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 3:56PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Paramaribo, Suriname Sun 26 Sutra 91
	Vrischika Rasi: 28.28	Tithi 13 – 14	<b>Gulika</b> 3:52PM – 5:25PM	<b>Jyeshtha*</b> Until 8:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 12:46PM – 2:19PM	Brahma Until 6:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	473893461		<b>Rahu</b> 5:25PM – 6:59PM	Gara Until 4:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 4:22PM	Moon – Orange		<b>Devaloka Day</b>	
	Until 8:43AM			<b>Ashada•Ani</b>			
	Then Creative Work - Amrita Yoga						

<b>5</b>	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau				Paramaribo, Suriname Sun 27 Sutra 92
	Dhanus Rasi: 11.05	Tithi 14 – 15	<b>Gulika</b> 2:19PM – 3:52PM	<b>Mula*</b> Until 10:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 11:13AM – 12:46PM	Indra Until 6:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	483893461		<b>Rahu</b> 8:07AM – 9:40AM	Visti Until 5:54AM Tue	<b>Nataraja:</b> Yellow		4th Phase
Family Home Evening	Siddha Yoga		<b>Chaturdashi*</b> Until 5:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
	Until 10:18AM			<b>Ashada•Ani</b>			
	Then Routine Work - Marana Yoga						

	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava Karana Purnimayam Titau				Paramaribo, Suriname Sun 28 Sutra 93
	Dhanus Rasi: 23.29	Tithi 15	<b>Gulika</b> 12:46PM – 2:19PM	<b>Purvashadha*</b> Until 12:10PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 9:40AM – 11:13AM	Vaidhriti* Until 6:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	483893461		<b>Rahu</b> 3:53PM – 5:26PM	Bava Until 6:37PM	<b>Nataraja:</b> Yellow		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:37PM	Moon – Light Blue		<b>Sivaloka Day</b>	
	Until 12:10PM			<b>Ashada•Adi</b>			
	Then Routine Work - Prabalarishta Yoga						
		<b>Partial Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>6</b>	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Paramaribo, Suriname Sun 29 Sutra 94
	Makara Rasi: 5.43	Tithi 16	<b>Gulika</b> 11:13AM – 12:46PM	<b>Uttarashadha</b> Until 2:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 8:07AM – 9:40AM	Vishkambha* Until 7:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	484893462		<b>Rahu</b> 12:46PM – 2:20PM	Balava Until 7:28AM	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 8:23PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
	Until 2:18PM			<b>Ashada•Adi</b>			
	Then Creative Work - Siddha Yoga						



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 17.47 Tithi 17  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 9:41AM – 11:14AM  
Yama 6:34AM – 8:07AM  
494893462 **Rahu** 2:20PM – 3:53PM

**Shravana Until 5:05PM**  
Priti Until 7:57PM  
Taitila Until 9:24AM  
Dvitiya Until 10:28PM

Paramaribo, Suriname  
Sun 1 Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear *Sunrise: 6:34AM*  
**Muruqa:** Blue *Sunset: 6:59PM*  
**Nataraja:** White  
Moon – Purple

**Ashada-Adi**  
**Subha Sivaloka Day**

**1**

**Friday, July 19, 2019**

Makara Rasi: 29.44 Tithi 18  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visiti\* Karana Tritiyayam Titau

**Gulika** 8:08AM – 9:41AM  
Yama 3:53PM – 5:26PM  
494893462 **Rahu** 11:14AM – 12:47PM

**Dhanishtha Until 7:57PM**  
Ayushman Until 8:49PM  
Vanija Until 11:37AM  
Tritiya Until 12:47AM Sat

Paramaribo, Suriname  
Sun 2 Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear *Sunrise: 6:35AM*  
**Muruqa:** Blue *Sunset: 6:59PM*  
**Nataraja:** White  
Moon – Purple

**Ashada-Adi**  
**Subha Sivaloka Day**

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 11.38 Tithi 19  
Creative Work Amrita Yoga  
Until 10:45PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 6:35AM – 8:08AM  
Yama 2:20PM – 3:53PM  
494893462 **Rahu** 9:41AM – 11:14AM

**Shatabhishak Until 10:45PM**  
Saubhagya Until 9:48PM  
Bava Until 2:00PM  
Chaturthi\* Until 3:12AM Sun

Paramaribo, Suriname  
Sun 3 Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear *Sunrise: 6:35AM*  
**Muruqa:** Blue *Sunset: 6:59PM*  
**Nataraja:** White  
Moon – Purple

**Ashada-Adi**  
**Subha Sivaloka Day**

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 23.29 Tithi 20  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 3:53PM – 5:26PM  
Yama 12:47PM – 2:20PM  
414893462 **Rahu** 5:26PM – 6:59PM

**Purvaproshtapada\* Until 1:53AM Mon**  
Sobhana Until 10:46PM  
Kaulava Until 4:25PM  
Panchami Until 5:34AM Mon

Paramaribo, Suriname  
Sun 4 Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear *Sunrise: 6:35AM*  
**Muruqa:** Blue *Sunset: 6:59PM*  
**Nataraja:** White  
Moon – Clear

**Ashada-Adi**  
**Subha Sivaloka Day**

**4**

**Monday, July 22, 2019**

Meena Rasi: 5.22 Tithi 21  
**Family Home Evening**  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara Karana Shashthyam Titau

**Gulika** 2:20PM – 3:53PM  
Yama 11:14AM – 12:47PM  
414893462 **Rahu** 8:08AM – 9:41AM

**Uttaraproshtapada Until 4:40AM Tue**  
Athiganda\* Until 11:35PM  
Gara Until 6:42PM  
Shashthi\* Until 7:44AM Tue

Paramaribo, Suriname  
Sun 5 Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear *Sunrise: 6:35AM*  
**Muruqa:** Blue *Sunset: 6:59PM*  
**Nataraja:** White  
Moon – Clear

**Ashada-Adi**  
**Subha Sivaloka Day**

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 17.19 Tithi 21 – 22  
Creative Work Siddha Yoga  
Until 6:57AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

**Gulika** 12:47PM – 2:20PM  
Yama 9:41AM – 11:14AM  
414893462 **Rahu** 3:53PM – 5:26PM

**Revati Until 6:57AM Wed**  
Sukarma Until 12:11AM Wed  
Visiti Until 8:42PM  
Shashthi\* Until 7:44AM

Paramaribo, Suriname  
Sun 6 Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear *Sunrise: 6:35AM*  
**Muruqa:** Blue *Sunset: 6:58PM*  
**Nataraja:** White  
Moon – Clear

**Ashada-Adi**  
**Subha Sivaloka Day**

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Meena Rasi: 29.25 Tithi 22 – 23  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 11:14AM – 12:47PM  
Yama 8:08AM – 9:41AM  
414893462 **Rahu** 12:47PM – 2:20PM

**Revati Until 6:57AM**  
Dhriti Until 12:26AM Thu  
Balava Until 10:16PM  
Saptami Until 9:32AM

Paramaribo, Suriname  
Sun 7 Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

**Ganesha:** Clear *Sunrise: 6:35AM*  
**Muruqa:** Blue *Sunset: 6:58PM*  
**Nataraja:** White  
Moon – Clear

**Ashada-Adi**  
**Subha Sivaloka Day**

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 11.44 Tithi 23 – 24  
Creative Work Amrita Yoga  
Until 9:04AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 9:41AM – 11:14AM  
Yama 6:35AM – 8:08AM  
424893462 **Rahu** 2:20PM – 3:53PM

**Ashvini Until 9:04AM**  
Shula\* Until 12:10AM Fri  
Taitila Until 11:13PM  
Ashtami\* Until 10:48AM

Paramaribo, Suriname  
Sun 8 Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami

**Ganesha:** White *Sunrise: 6:35AM*  
**Muruqa:** Blue *Sunset: 6:58PM*  
**Nataraja:** White  
Moon – White

**Ashada-Adi**  
**Subha Subha Sivaloka Day**


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Paramaribo, Suriname Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 24.19	Tithi 24 – 25	<b>Gulika</b> 8:08AM – 9:41AM	<b>Bharani</b> Until 10:23AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM
424893462	<b>Rahu</b> 11:14AM – 12:47PM	Yama 3:53PM – 5:25PM	Ganda* Until 11:22PM	<b>Nataraja:</b> White		Moon – White	Subha Subha Sivaloka Day
Creative Work	Siddha Yoga		Vanija Until 11:27PM	Moon – White			
			<b>Navami*</b> Until 11:25AM	<b>Ashada*Adi</b>			

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Paramaribo, Suriname Sun 10 Sutra 104 Vikarin 5121	
Wrishabha Rasi: 7.16	Tithi 25 – 26	<b>Gulika</b> 6:36AM – 8:08AM	<b>Krittika</b> Until 10:49AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM
424893462	<b>Rahu</b> 9:41AM – 11:14AM	Yama 2:20PM – 3:52PM	Vriddhi Until 9:57PM	<b>Nataraja:</b> White		Moon 7 - Phase 15	2nd Phase
Creative Work	Amrita Yoga		Bava Until 10:55PM	Moon – White			Subha Subha Sivaloka Day
			<b>Dashami</b> Until 11:16AM	<b>Ashada*Adi</b>			

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Paramaribo, Suriname Sun 11 Sutra 105 Vikarin 5121	
Wrishabha Rasi: 20.37	Tithi 26 – 27	<b>Gulika</b> 3:52PM – 5:25PM	<b>Rohini</b> Until 10:47AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM
424893462	<b>Rahu</b> 5:25PM – 6:58PM	Yama 12:47PM – 2:20PM	Dhruva Until 7:53PM	<b>Nataraja:</b> White		Moon 7 - Phase 15	2nd Phase
Creative Work	Siddha Yoga		Kaulava Until 9:36PM	Moon – Yellow			Subha Sivaloka Day
			<b>Ekadashi*</b> Until 10:20AM	<b>Ashada*Adi</b>			

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Paramaribo, Suriname Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 4.24	Tithi 27 – 28	<b>Gulika</b> 2:20PM – 3:52PM	<b>Mrigashira</b> Until 9:51AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM
435893462	<b>Rahu</b> 8:09AM – 9:41AM	Yama 11:14AM – 12:47PM	Vyaghata* Until 5:14PM	<b>Nataraja:</b> White		Moon 7 - Phase 15	2nd Phase
Family Home Evening	Amrita Yoga		Gara Until 7:35PM	Moon – Yellow			Sivaloka Day
Until 9:51AM			<b>Dvadashi*</b> Until 8:39AM	<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau		Paramaribo, Suriname Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 18.38	Tithi 28 – 29	<b>Gulika</b> 12:47PM – 2:20PM	<b>Ardra</b> Until 8:07AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM
435893462	<b>Rahu</b> 3:52PM – 5:25PM	Yama 9:41AM – 11:14AM	Harshana Until 2:07PM	<b>Nataraja:</b> White		Moon 7 - Phase 15	2nd Phase
Routine Work	Marana Yoga		Sakuni Until 3:27AM Wed	Moon – Yellow			Sivaloka Day
Until 8:07AM			<b>Trayodashi*</b> Until 6:19AM	<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Paramaribo, Suriname Sun 14 Sutra 108 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b> 11:14AM – 12:47PM	<b>Punarvasu</b> Until 6:09AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM
Kataka Rasi: 3.14	Tithi 30	Yama 8:09AM – 9:41AM	Vajra* Until 10:33AM	<b>Nataraja:</b> White		Moon 7 - Phase 15	Amavasya
445893462	<b>Rahu</b> 12:47PM – 2:19PM		Catuspada Until 1:52PM	Moon – Blue			Sivaloka Day
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:11AM Thu	<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatlipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Paramaribo, Suriname Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 18.07	Tithi 1	<b>Gulika</b> 9:41AM – 11:14AM	<b>Ashlesha*</b> Until 12:50AM Fri	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM
445893462	<b>Rahu</b> 2:19PM – 3:52PM	Yama 6:36AM – 8:09AM	Siddhi Until 6:43AM	<b>Nataraja:</b> White		Moon 7 - Phase 15	Prathama
Creative Work	Siddha Yoga		Kintughna Until 10:28AM	Moon – Blue			Sivaloka Day
Until 12:50AM Fri			<b>Prathama*</b> Until 8:41PM	<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau			Paramaribo, Suriname Sun 16 Sutra 110
Simha Rasi: 3.09	Tithi 2 – 3	<b>Gulika</b> 8:09AM – 9:41AM	<b>Magha* Until 10:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 3:52PM – 5:25PM	Variyan Until 10:43PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16	
		455893462 <b>Rahu</b> 11:14AM – 12:47PM	Balava Until 6:55AM	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya Until 5:07PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 10:13PM				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Paramaribo, Suriname Sun 17 Sutra 111
Simha Rasi: 18.11	Tithi 3 – 4	<b>Gulika</b> 6:36AM – 8:09AM	<b>Purvaphalguni Until 7:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 2:19PM – 3:52PM	Parigha* Until 6:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16	
		455893462 <b>Rahu</b> 9:41AM – 11:14AM	Vanija Until 11:57PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 1:37PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 7:36PM				<b>Sravana-Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Paramaribo, Suriname Sun 18 Sutra 112
Kanya Rasi: 3.05	Tithi 4 – 5	<b>Gulika</b> 3:52PM – 5:24PM	<b>Uttaraphalguni Until 5:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 12:46PM – 2:19PM	Shiva Until 3:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16	
		455993462 <b>Rahu</b> 5:24PM – 6:57PM	Bava Until 8:51PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 10:20AM</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana-Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Paramaribo, Suriname Sun 19 Sutra 113
Kanya Rasi: 17.44	Tithi 5 – 6	<b>Gulika</b> 2:19PM – 3:51PM	<b>Hasta Until 3:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 11:14AM – 12:46PM	Siddha Until 11:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 8:09AM – 9:41AM	Kaulava Until 6:10PM	<b>Nataraja:</b> White		3rd Phase	
Until 3:17PM			<b>Panchami Until 7:26AM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Sravana-Adi</b>			

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau			Paramaribo, Suriname Sun 20 Sutra 114
Tula Rasi: 2.03	Tithi 7	<b>Gulika</b> 12:46PM – 2:19PM	<b>Chitra Until 1:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 9:41AM – 11:14AM	Sadhya Until 8:48AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16	
		465993462 <b>Rahu</b> 3:51PM – 5:24PM	Gara Until 4:02PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 3:10AM Wed</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			Paramaribo, Suriname Sun 21 Sutra 115
Tula Rasi: 15.58	Tithi 8	<b>Gulika</b> 11:14AM – 12:46PM	<b>Svati Until 12:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 8:09AM – 9:41AM	Subha Until 6:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16	
		465993462 <b>Rahu</b> 12:46PM – 2:19PM	Visti Until 2:30PM	<b>Nataraja:</b> White		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:59AM Thu</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau			Paramaribo, Suriname Sun 22 Sutra 116
Tula Rasi: 29.3	Tithi 9	<b>Gulika</b> 9:41AM – 11:14AM	<b>Vishakha Until 12:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 6:36AM – 8:09AM	Brahma Until 3:02AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16	
		476993462 <b>Rahu</b> 2:18PM – 3:51PM	Balava Until 1:39PM	<b>Nataraja:</b> White		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 1:28AM Fri</b>	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			


<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau			Paramaribo, Suriname Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 12.4	Tithi 10	<b>Gulika</b> 8:09AM – 9:41AM	<b>Anuradha</b> Until 1:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:36AM		
		Yama 3:51PM – 5:23PM	Indra Until 2:10AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:56PM		Moon 7 - Phase 17
		476993462 <b>Rahu</b> 11:13AM – 12:46PM	Taitila Until 1:28PM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 1:24PM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> Until 1:36AM Sat	<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau			Paramaribo, Suriname Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 25.29	Tithi 11	<b>Gulika</b> 6:36AM – 8:09AM	<b>Jyeshtha*</b> Until 2:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:36AM		
		Yama 2:18PM – 3:51PM	Vaidhriti* Until 1:45AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:55PM		Moon 7 - Phase 17
		476993462 <b>Rahu</b> 9:41AM – 11:13AM	Vanija Until 1:55PM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
			<b>Ekadashi</b> Until 2:20AM Sun	<b>Sravana*Adi</b>			

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau			Paramaribo, Suriname Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 8.03	Tithi 12	<b>Gulika</b> 3:50PM – 5:23PM	<b>Mula*</b> Until 4:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM		
		Yama 12:46PM – 2:18PM	Vishkambha* Until 1:46AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:55PM		Moon 7 - Phase 17
		486993462 <b>Rahu</b> 5:23PM – 6:55PM	Bava Until 2:56PM	<b>Nataraja:</b> White			4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 4:12PM			<b>Dvadashi</b> Until 3:36AM Mon	<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau			Paramaribo, Suriname Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 20.23	Tithi 13	<b>Gulika</b> 2:18PM – 3:50PM	<b>Purvashadha*</b> Until 6:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM		
<b>Family Home Evening</b>		Yama 11:13AM – 12:45PM	Priti Until 2:07AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:55PM		Moon 7 - Phase 17
		486993462 <b>Rahu</b> 8:08AM – 9:41AM	Kaulava Until 4:25PM	<b>Nataraja:</b> White			4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
			<b>Trayodashi</b> Until 5:17AM Tue	<b>Sravana*Adi</b>			
			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara Karana Chaturdashyam Titau			Paramaribo, Suriname Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 2.33	Tithi 14	<b>Gulika</b> 12:45PM – 2:18PM	<b>Uttarashadha</b> Until 8:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM		
		Yama 9:41AM – 11:13AM	Ayushman Until 2:42AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:54PM		Moon 7 - Phase 17
		486993462 <b>Rahu</b> 3:50PM – 5:22PM	Gara Until 6:16PM	<b>Nataraja:</b> White			4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 8:38PM			<b>Chaturdashi*</b> Until 7:18AM Wed	<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Paramaribo, Suriname Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:13AM – 12:45PM	<b>Shravana</b> Until 11:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM		
Makara Rasi: 14.35	Tithi 14 – 15	Yama 8:08AM – 9:41AM	Saubhagya Until 3:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:54PM		Moon 7 - Phase 17
		496993462 <b>Rahu</b> 12:45PM – 2:17PM	Visti Until 8:25PM	<b>Nataraja:</b> White			Purnima
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>	
Until 11:33PM		<b>Raksha Bandhan</b>	<b>Chaturdashi*</b> Until 7:18AM	<b>Sravana*Adi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>Thursday, August 15, 2019</b>		<b>Silver Retreat Star</b>			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Paramaribo, Suriname Sutra 123 Vikarin 5121
Makara Rasi: 26.31	Tithi 15 – 16	<b>Gulika</b> 9:40AM – 11:13AM	<b>Dhanishtha</b> Until 2:27AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM			
		Yama 6:36AM – 8:08AM	Sobhana Until 4:24AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:54PM		Moon 7 - Phase 17	
		497993462 <b>Rahu</b> 2:17PM – 3:49PM	Balava Until 10:44PM	<b>Nataraja:</b> White			Prathama	
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>		
			<b>Purnima*</b> Until 9:32AM	<b>Sravana*Adi</b>				





**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 8.25    Tithi 16 – 17

497993462

Creative Work    Siddha Yoga

Until 5:16AM Sat

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    8:08AM – 9:40AM  
Yama       3:49PM – 5:21PM  
**Rahu**       11:12AM – 12:45PM

**Shatabhishak Until 5:16AM Sat**  
Athiganda\* Until 5:21AM Sat  
Taitila Until 1:10AM Sat  
**Prathama\* Until 11:55AM**

**Ganesha:** Yellow    *Sunrise: 6:36AM*  
**Muruqa:** Blue       *Sunset: 6:53PM*  
**Nataraja:** White  
Moon – Purple

**Sravana-Adi**  
**Subha Sivaloka Day**

Paramaribo, Suriname  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 20.16    Tithi 17 – 18

517993462

Routine Work    Marana Yoga

Until 8:25AM Sun

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    6:36AM – 8:08AM  
Yama       2:17PM – 3:49PM  
**Rahu**       9:40AM – 11:12AM

**Purvaproshtapada\* Until 8:25AM Sun**  
Sukarma Until 6:18AM Sun  
Vanija Until 3:35AM Sun  
**Dvitiya Until 2:21PM**

**Ganesha:** White    *Sunrise: 6:36AM*  
**Muruqa:** Blue       *Sunset: 6:53PM*  
**Nataraja:** White  
Moon – Clear

**Sravana-Avani**  
**Subha Subha Sivaloka Day**

Paramaribo, Suriname  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**2**

**Sunday, August 18, 2019**

Meena Rasi: 2.08    Tithi 18 – 19

517993462

Creative Work    Siddha Yoga

Until 8:25AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    3:48PM – 5:21PM  
Yama       12:44PM – 2:16PM  
**Rahu**       5:21PM – 6:53PM

**Purvaproshtapada\* Until 8:25AM**  
Sukarna Until 6:18AM  
Bava Until 5:55AM Mon  
**Tritiya Until 4:45PM**

**Ganesha:** White    *Sunrise: 6:36AM*  
**Muruqa:** Blue       *Sunset: 6:53PM*  
**Nataraja:** White  
Moon – Clear

**Sravana-Avani**  
**Subha Subha Sivaloka Day**

Paramaribo, Suriname  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**3**

**Monday, August 19, 2019**

Meena Rasi: 14.02    Tithi 19

517993462

**Family Home Evening**

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula\* Yoga Balava Karana Chaturthyam Titau

**Gulika**    2:16PM – 3:48PM  
Yama       11:12AM – 12:44PM  
**Rahu**       8:08AM – 9:40AM

**Uttaraproshtapada Until 11:16AM**  
Dhriti Until 7:12AM  
Balava Until 7:00PM  
**Chaturthi\* Until 7:00PM**

**Ganesha:** White    *Sunrise: 6:36AM*  
**Muruqa:** Blue       *Sunset: 6:52PM*  
**Nataraja:** White  
Moon – Clear

**Sravana-Avani**  
**Subha Subha Sivaloka Day**

Paramaribo, Suriname  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 26.01    Tithi 20

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    12:44PM – 2:16PM  
Yama       9:40AM – 11:12AM  
**Rahu**       3:48PM – 5:20PM

**Revati Until 1:46PM**  
Shula\* Until 7:54AM  
Kaulava Until 8:03AM  
**Panchami Until 8:59PM**

**Ganesha:** White    *Sunrise: 6:36AM*  
**Muruqa:** Blue       *Sunset: 6:52PM*  
**Nataraja:** White  
Moon – Clear

**Sravana-Avani**  
**Subha Subha Sivaloka Day**

Paramaribo, Suriname  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 8.07    Tithi 21

528993462

Routine Work    Marana Yoga

Until 4:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    11:11AM – 12:44PM  
Yama       8:07AM – 9:39AM  
**Rahu**       12:44PM – 2:16PM

**Ashvini Until 4:14PM**  
Ganda\* Until 8:22AM  
Gara Until 9:52AM  
**Shashthi\* Until 10:35PM**

**Ganesha:** White    *Sunrise: 6:35AM*  
**Muruqa:** Blue       *Sunset: 6:52PM*  
**Nataraja:** White  
Moon – White

**Sravana-Avani**  
**Sivaloka Day**

Paramaribo, Suriname  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 20.23    Tithi 22

528993462

Creative Work    Siddha Yoga

Until 6:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    9:39AM – 11:11AM  
Yama       6:35AM – 8:07AM  
**Rahu**       2:15PM – 3:47PM

**Bharani Until 6:04PM**  
Vridhhi Until 8:30AM  
Visti Until 11:13AM  
**Saptami Until 11:39PM**

**Ganesha:** White    *Sunrise: 6:35AM*  
**Muruqa:** Blue       *Sunset: 6:51PM*  
**Nataraja:** White  
Moon – White

**Sravana-Avani**  
**Sivaloka Day**

Paramaribo, Suriname  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vrishabha Rasi: 2.55    Tithi 23

528993462

Creative Work    Siddha Yoga

Until 7:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    8:07AM – 9:39AM  
Yama       3:47PM – 5:19PM  
**Rahu**       11:11AM – 12:43PM

**Krishna Janmashtami**

**Krittika Until 7:07PM**  
Dhruva Until 8:09AM  
Balava Until 11:58AM  
**Ashtami\* Until 12:03AM Sat**

**Ganesha:** White    *Sunrise: 6:35AM*  
**Muruqa:** Blue       *Sunset: 6:51PM*  
**Nataraja:** White  
Moon – White

**Sravana-Avani**  
**Sivaloka Day**

Paramaribo, Suriname  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 15.47    Tithi 24

538993462

Creative Work    Amrita Yoga

Until 7:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    6:35AM – 8:07AM  
Yama       2:15PM – 3:47PM  
**Rahu**       9:39AM – 11:11AM

**Rohini Until 7:45PM**  
Vyaghata\* Until 7:16AM  
Taitila Until 12:00PM  
**Navami\* Until 11:42PM**

**Ganesha:** Clear    *Sunrise: 6:35AM*  
**Muruqa:** Blue       *Sunset: 6:50PM*  
**Nataraja:** White  
Moon – Yellow

**Sravana-Avani**  
**Subha Sivaloka Day**

Paramaribo, Suriname  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Paramaribo, Suriname Sun 9 Sutra 133 Vikarin 5121
	Vrishabha Rasi: 29.02	Tithi 25	Gulika 3:46PM – 5:18PM	Yama 12:42PM – 2:14PM	Rahu 5:18PM – 6:50PM	Mrigashira Until 7:27PM	Ganesha: Clear Sunrise: 6:35AM Muruqa: Blue Sunset: 6:50PM Nataraja: White Moon – Yellow
	538993462	Creative Work Siddha Yoga	Vajra* Until 3:37AM Mon Vanija Until 11:14AM Dashami Until 10:33PM				Moon 8 - Phase 19 2nd Phase <b>Subha Sivaloka Day</b>

<b>2</b>	<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Paramaribo, Suriname Sun 10 Sutra 134 Vikarin 5121
	Mithuna Rasi: 12.44	Tithi 26	Gulika 2:14PM – 3:46PM	Yama 11:10AM – 12:42PM	Rahu 8:07AM – 9:38AM	Ardra Until 6:15PM	Ganesha: Clear Sunrise: 6:35AM Muruqa: Blue Sunset: 6:50PM Nataraja: White Moon – Yellow
	538993462	Family Home Evening Creative Work Siddha Yoga Until 6:15PM Then Creative Work - Amrita Yoga	Siddhi Until 12:52AM Tue Bava Until 9:42AM Ekadashi* Until 8:38PM				Moon 8 - Phase 19 2nd Phase <b>Subha Sivaloka Day</b>

<b>3</b>	<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Paramaribo, Suriname Sun 11 Sutra 135 Vikarin 5121
	Mithuna Rasi: 26.53	Tithi 27	Gulika 12:42PM – 2:14PM	Yama 9:38AM – 11:10AM	Rahu 3:46PM – 5:17PM	Punarvasu Until 4:39PM	Ganesha: Purple Sunrise: 6:35AM Muruqa: Blue Sunset: 6:49PM Nataraja: White Moon – Blue
	548993462	Creative Work Siddha Yoga	Vyatipata* Until 9:36PM Kaulava Until 7:26AM Dvadashi* Until 6:03PM				Moon 8 - Phase 19 2nd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Paramaribo, Suriname Sun 12 Sutra 136 Vikarin 5121
	Kataka Rasi: 11.29	Tithi 28 – 29	Gulika 11:10AM – 12:42PM	Yama 8:06AM – 9:38AM	Rahu 12:42PM – 2:13PM	Pushya Until 2:20PM	Ganesha: Orange Sunrise: 6:35AM Muruqa: Blue Sunset: 6:49PM Nataraja: Clear Moon – Blue
	549193463	Creative Work Siddha Yoga	Variyan Until 5:51PM Visti Until 1:12AM Thu Trayodashi* Until 2:55PM				Moon 8 - Phase 19 2nd Phase <b>Sivaloka Day</b>
	<i>Pradosha Vrata (Fasting)</i>						

	<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Paramaribo, Suriname Sun 13 Sutra 137 Vikarin 5121		
	<b>Retreat Star</b>		Kataka Rasi: 26.27	Tithi 29 – 30	Gulika 9:38AM – 11:10AM	Yama 6:34AM – 8:06AM	Rahu 2:13PM – 3:45PM	Ashlesha* Until 11:29AM	Ganesha: Orange Sunrise: 6:34AM Muruqa: Blue Sunset: 6:48PM Nataraja: Clear Moon – Blue
	549193463	Creative Work Siddha Yoga Until 11:29AM Then Creative Work - Amrita Yoga	Parigha* Until 1:49PM Catuspada Until 9:31PM Chaturdashi* Until 11:23AM				Moon 8 - Phase 19 Amavasya <b>Sivaloka Day</b>		

<b>5</b>	<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Paramaribo, Suriname Sun 14 Sutra 138 Vikarin 5121		
	<b>Retreat Star</b>		Simha Rasi: 11.38	Tithi 30 – 1	Gulika 8:06AM – 9:38AM	Yama 3:44PM – 5:16PM	Rahu 11:09AM – 12:41PM	Magha* Until 8:39AM	Ganesha: Clear Sunrise: 6:34AM Muruqa: Blue Sunset: 6:48PM Nataraja: Clear Moon – Red
	559193463	Routine Work Marana Yoga Until 8:39AM Then Creative Work - Siddha Yoga	Shiva Until 9:36AM Bava Until 3:45AM Sat Amavasya* Until 7:36AM				Moon 8 - Phase 19 Prathama <b>Sivaloka Day</b>		
	<b>Bhadrapada-Avani</b>								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Paramaribo, Suriname Sun 15 Sutra 139	
Simha Rasi: 26.53	Tithi 2	<b>Gulika</b> 6:34AM – 8:06AM	<b>Uttaraphalguni</b> Until 2:35AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM		Vikarin 5121
		Yama 2:12PM – 3:44PM	Sadhya Until 1:07AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM		Moon 8 - Phase 20
		559193463 <b>Rahu</b> 9:37AM – 11:09AM	Balava Until 1:52PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 12:00AM Sun	Moon – Red		<b>Sivaloka Day</b>	
Until 2:35AM Sun				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau		Paramaribo, Suriname Sun 16 Sutra 140	
Kanya Rasi: 12.03	Tithi 3	<b>Gulika</b> 3:44PM – 5:15PM	<b>Hasta</b> Until 12:06AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:34AM		Vikarin 5121
		Yama 12:40PM – 2:12PM	Subha Until 9:11PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM		Moon 8 - Phase 20
		559193463 <b>Rahu</b> 5:15PM – 6:47PM	Taitila Until 10:14AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 8:31PM	Moon – Green		<b>Sivaloka Day</b>	
Until 12:06AM Mon				<b>Bhadrapada-Avani</b>			
Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Paramaribo, Suriname Sun 17 Sutra 141	
Kanya Rasi: 26.58	Tithi 4 – 5	<b>Gulika</b> 2:12PM – 3:43PM	<b>Chitra</b> Until 9:56PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:34AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 11:08AM – 12:40PM	Sukla Until 5:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM		Moon 8 - Phase 20
		559193463 <b>Rahu</b> 8:05AM – 9:37AM	Vanija Until 6:57AM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 5:28PM	Moon – Green		<b>Sivaloka Day</b>	
Until 9:56PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Paramaribo, Suriname Sun 18 Sutra 142	
Tula Rasi: 11.29	Tithi 5 – 6	<b>Gulika</b> 12:40PM – 2:11PM	<b>Svati</b> Until 8:15PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:34AM		Vikarin 5121
		Yama 9:37AM – 11:08AM	Brahma Until 2:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM		Moon 8 - Phase 20
		559193463 <b>Rahu</b> 3:43PM – 5:14PM	Kaulava Until 2:02AM Wed	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 3:00PM	Moon – Green		<b>Sivaloka Day</b>	
Until 8:15PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Paramaribo, Suriname Sun 19 Sutra 143	
Tula Rasi: 25.34	Tithi 6 – 7	<b>Gulika</b> 11:08AM – 12:39PM	<b>Vishakha</b> Until 7:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:33AM		Vikarin 5121
		Yama 8:05AM – 9:36AM	Indra Until 11:57AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM		Moon 8 - Phase 20
		559193463 <b>Rahu</b> 12:39PM – 2:11PM	Gara Until 12:41AM Thu	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:14PM	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>Retreat Star</b>		<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Paramaribo, Suriname Sun 20 Sutra 144	
Vrischika Rasi: 9.1	Tithi 7 – 8	<b>Gulika</b> 9:36AM – 11:08AM	<b>Anuradha</b> Until 7:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:33AM		Vikarin 5121
		Yama 6:33AM – 8:05AM	Vaidhriti* Until 10:04AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM		Moon 8 - Phase 20
		559193463 <b>Rahu</b> 2:11PM – 3:42PM	Visti Until 12:08AM Fri	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 12:17PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 7:35PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Paramaribo, Suriname Sun 21 Sutra 145	
Vrischika Rasi: 22.19	Tithi 8 – 9	<b>Gulika</b> 8:04AM – 9:36AM	<b>Jyeshtha*</b> Until 8:13PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:33AM		Vikarin 5121
		Yama 3:42PM – 5:13PM	Vishkambha* Until 8:50AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM		Moon 8 - Phase 20
		559193463 <b>Rahu</b> 11:07AM – 12:39PM	Balava Until 12:25AM Sat	<b>Nataraja:</b> Clear			Navami
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 12:10PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 8:13PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

<b>1</b>		<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Paramaribo, Suriname Sun 22 Sutra 146 Vikarin 5121
Dhanus Rasi: 5.03	Tithi 9 – 10	<b>Gulika</b> 6:33AM – 8:04AM	<b>Mula* Until 9:56PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:33AM	
		Yama 2:10PM – 3:41PM	Priti Until 8:15AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:44PM	Moon 8 - Phase 21
		581193463 <b>Rahu</b> 9:36AM – 11:07AM	Taitila Until 1:27AM Sun	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 12:49PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
				<b>Bhadrapada-Avani</b>	

<b>2</b>		<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Paramaribo, Suriname Sun 23 Sutra 147 Vikarin 5121
Dhanus Rasi: 17.28	Tithi 10 – 11	<b>Gulika</b> 3:41PM – 5:12PM	<b>Purvashadha* Until 12:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:33AM	
		Yama 12:38PM – 2:09PM	Ayushman Until 8:11AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:44PM	Moon 8 - Phase 21
		581193463 <b>Rahu</b> 5:12PM – 6:44PM	Vanija Until 3:05AM Mon	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:10PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 12:05AM Mon		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Paramaribo, Suriname Sun 24 Sutra 148 Vikarin 5121
Dhanus Rasi: 29.38	Tithi 11 – 12	<b>Gulika</b> 2:09PM – 3:40PM	<b>Uttarashadha Until 2:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:32AM	
<b>Family Home Evening</b>		Yama 11:06AM – 12:38PM	Saubhagya Until 8:34AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:43PM	Moon 8 - Phase 21
		581193463 <b>Rahu</b> 8:04AM – 9:35AM	Bava Until 5:09AM Tue	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 4:03PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 2:30AM Tue				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava Karana Dvadashyam Titau	Paramaribo, Suriname Sun 25 Sutra 149 Vikarin 5121
Makara Rasi: 11.39	Tithi 12	<b>Gulika</b> 12:37PM – 2:09PM	<b>Shravana Until 5:32AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:32AM	
		Yama 9:35AM – 11:06AM	Sobhana Until 9:16AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:43PM	Moon 8 - Phase 21
		591193463 <b>Rahu</b> 3:40PM – 5:11PM	Balava Until 6:16PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:16PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 5:32AM Wed				<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5</b>		<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Paramaribo, Suriname Sun 26 Sutra 150 Vikarin 5121
Makara Rasi: 23.33	Tithi 13	<b>Gulika</b> 11:06AM – 12:37PM	<b>Dhanishtha Until 8:31AM Thu</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:32AM	
		Yama 8:03AM – 9:35AM	Athiganda* Until 10:07AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:42PM	Moon 8 - Phase 21
		591193463 <b>Rahu</b> 12:37PM – 2:08PM	Kaulava Until 7:29AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 8:41PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 8:31AM Thu				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>	

<b>6</b>		<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau	Paramaribo, Suriname Sun 27 Sutra 151 Vikarin 5121
Kumbha Rasi: 5.25	Tithi 14	<b>Gulika</b> 9:34AM – 11:05AM	<b>Dhanishtha Until 8:31AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:32AM	
		Yama 6:32AM – 8:03AM	Sukarma Until 11:04AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:42PM	Moon 8 - Phase 21
		591193463 <b>Rahu</b> 2:08PM – 3:39PM	Gara Until 9:57AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:09PM</b>	Moon – Purple	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>	

<b>○</b>		<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau	Paramaribo, Suriname Sutra 152 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:03AM – 9:34AM	<b>Shatabhishak Until 11:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:32AM	
Kumbha Rasi: 17.16	Tithi 15	Yama 3:39PM – 5:10PM	Dhriti Until 12:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
		591113463 <b>Rahu</b> 11:05AM – 12:36PM	Visti Until 12:24PM	<b>Nataraja:</b> Clear	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 1:36AM Sat</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Bhadrapada-Avani</b>	

<b>○</b>		<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau	Paramaribo, Suriname Sutra 153 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:31AM – 8:03AM	<b>Purvaprosarthapada* Until 2:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:31AM	
Kumbha Rasi: 29.08	Tithi 16	Yama 2:07PM – 3:38PM	Shula* Until 12:53PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
		511113463 <b>Rahu</b> 9:34AM – 11:05AM	Balava Until 2:48PM	<b>Nataraja:</b> Clear	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 3:55AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 2:25PM				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Paramaribo, Suriname

Sutra 154

Vikarin 5121

Meena Rasi: 11.04 Tithi 17

512113463

Gulika

3:38PM – 5:09PM

Uttaraproshtapada Until 5:13PM

Ganesha: Yellow

Sunrise: 6:31AM

Yama

12:36PM – 2:07PM

Ganda\* Until 1:40PM

Muruqa: Purple

Sunset: 6:40PM

Moon 9 - Phase 22

Creative Work Amrita Yoga

Rahu

5:09PM – 6:40PM

Taitila Until 5:03PM

Nataraja: Clear

Moon – Clear

1st Phase

Dvitiya Until 6:05AM Mon

Bhadrapada-Avani

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Paramaribo, Suriname

Sun 1 Sutra 155

Vikarin 5121

Meena Rasi: 23.03 Tithi 17 – 18

512113463

Gulika

2:06PM – 3:37PM

Revati Until 7:39PM

Ganesha: Yellow

Sunrise: 6:31AM

Yama

11:04AM – 12:35PM

Vridhhi Until 2:20PM

Muruqa: Purple

Sunset: 6:40PM

Moon 9 - Phase 22

Family Home Evening

Rahu

8:02AM – 9:33AM

Vanija Until 7:06PM

Nataraja: Clear

Moon – Clear

1st Phase

Dvitiya Until 6:05AM

Bhadrapada-Avani

Sivaloka Day

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Paramaribo, Suriname

Sun 2 Sutra 156

Vikarin 5121

Mesha Rasi: 5.07 Tithi 18 – 19

522113463

Gulika

12:35PM – 2:06PM

Ashvini Until 10:11PM

Ganesha: White

Sunrise: 6:31AM

Yama

9:33AM – 11:04AM

Dhruva Until 2:46PM

Muruqa: Purple

Sunset: 6:39PM

Moon 9 - Phase 22

Creative Work Siddha Yoga

Rahu

3:37PM – 5:08PM

Bava Until 8:55PM

Nataraja: Clear

Moon – White

1st Phase

Tritiya Until 8:02AM

Bhadrapada-Puratasi

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Paramaribo, Suriname

Sun 3 Sutra 157

Vikarin 5121

Mesha Rasi: 17.19 Tithi 19 – 20

522113463

Gulika

11:04AM – 12:35PM

Bharani Until 12:13AM Thu

Ganesha: White

Sunrise: 6:31AM

Yama

8:02AM – 9:33AM

Vyaghata\* Until 2:59PM

Muruqa: Purple

Sunset: 6:39PM

Moon 9 - Phase 22

Creative Work Siddha Yoga

Rahu

12:35PM – 2:06PM

Kaulava Until 10:23PM

Nataraja: Clear

Moon – White

1st Phase

Chaturthi\* Until 9:41AM

Bhadrapada-Puratasi

Devaloka Day

Until 12:13AM Thu

Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\*/Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Paramaribo, Suriname

Sun 4 Sutra 158

Vikarin 5121

Mesha Rasi: 29.39 Tithi 20 – 21

522113463

Gulika

9:32AM – 11:03AM

Krittika Until 1:39AM Fri

Ganesha: White

Sunrise: 6:30AM

Yama

6:30AM – 8:01AM

Harshana Until 2:55PM

Muruqa: Purple

Sunset: 6:38PM

Moon 9 - Phase 22

Routine Work Marana Yoga

Rahu

2:05PM – 3:36PM

Gara Until 11:26PM

Nataraja: Clear

Moon – White

1st Phase

Panchami Until 10:57AM

Bhadrapada-Puratasi

Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\*/Karana Shashthi/Saptamyam Titau

Paramaribo, Suriname

Sun 5 Sutra 159

Vikarin 5121

Vrishabha Rasi: 12.11 Tithi 21 – 22

532113463

Gulika

8:01AM – 9:32AM

Rohini Until 2:52AM Sat

Ganesha: Clear

Sunrise: 6:30AM

Yama

3:36PM – 5:07PM

Vajra\* Until 2:24PM

Muruqa: Purple

Sunset: 6:37PM

Moon 9 - Phase 22

Routine Work Marana Yoga

Rahu

11:03AM – 12:34PM

Visti Until 11:55PM

Nataraja: Clear

Moon – Yellow

1st Phase

Shashthi\* Until 11:44AM

Bhadrapada-Puratasi

Sivaloka Day

Until 2:52AM Sat

Then Creative Work - Siddha Yoga

6

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\*/Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Paramaribo, Suriname

Sun 6 Sutra 160

Vikarin 5121

Vrishabha Rasi: 25.01 Tithi 22 – 23

532113463

Gulika

6:30AM – 8:01AM

Mrigashira Until 3:17AM Sun

Ganesha: Clear

Sunrise: 6:30AM

Yama

2:04PM – 3:35PM

Siddhi Until 1:26PM

Muruqa: Purple

Sunset: 6:37PM

Moon 9 - Phase 22

Creative Work Siddha Yoga

Rahu

9:32AM – 11:03AM

Balava Until 11:45PM

Nataraja: Clear

Moon – Yellow

Ashtami

Saptami Until 11:54AM

Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Paramaribo, Suriname

Sun 7 Sutra 161

Vikarin 5121

Mithuna Rasi: 8.1 Tithi 23 – 24

532213463

Gulika

3:35PM – 5:06PM

Ardra Until 2:50AM Mon

Ganesha: Orange

Sunrise: 6:30AM

Yama

12:33PM – 2:04PM

Vyatipata\* Until 11:55AM

Muruqa: Purple

Sunset: 6:36PM

Moon 9 - Phase 22

Creative Work Siddha Yoga

Rahu

5:06PM – 6:36PM

Taitila Until 10:52PM

Nataraja: Clear

Moon – Yellow

Navami

Ashtami\* Until 11:23AM

Bhadrapada-Puratasi

Sivaloka Day

Until 2:50AM Mon

Then Creative Work - Amrita Yoga


<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau		Paramaribo, Suriname Sun 8 Sutra 162 Vikarin 5121
<b>1</b>	Mithuna Rasi: 21.43 Tithi 24 – 25 Family Home Evening Creative Work Amrita Yoga Until 1:59AM Tue Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:04PM – 3:34PM Yama 11:02AM – 12:33PM <b>Rahu</b> 8:00AM – 9:31AM	<b>Punarvasu</b> Until 1:59AM Tue Varyan Until 9:48AM Vanija Until 9:16PM Navami* Until 10:08AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:36PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Paramaribo, Suriname Sun 9 Sutra 163 Vikarin 5121
<b>2</b>	Kataka Rasi: 5.42 Tithi 25 – 26 Creative Work Siddha Yoga	<b>Gulika</b> 12:32PM – 2:03PM Yama 9:31AM – 11:02AM <b>Rahu</b> 3:34PM – 5:05PM	<b>Pushya</b> Until 12:18AM Wed Parigha* Until 7:08AM Bava Until 6:59PM Dashami Until 8:11AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:35PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Paramaribo, Suriname Sun 10 Sutra 164 Vikarin 5121
<b>3</b>	Kataka Rasi: 20.07 Tithi 27 Creative Work Siddha Yoga	<b>Gulika</b> 11:01AM – 12:32PM Yama 8:00AM – 9:31AM <b>Rahu</b> 12:32PM – 2:03PM	<b>Ashlesha*</b> Until 9:57PM Siddha Until 12:17AM Thu Kaulava Until 4:07PM Dvadashi* Until 2:29AM Thu	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:35PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Paramaribo, Suriname Sun 11 Sutra 165 Vikarin 5121
<b>4</b>	Simha Rasi: 4.55 Tithi 28 Creative Work Amrita Yoga Until 7:26PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 9:30AM – 11:01AM Yama 6:29AM – 8:00AM <b>Rahu</b> 2:02PM – 3:33PM	<b>Magha*</b> Until 7:26PM Sadhya Until 8:18PM Gara Until 12:47PM Trayodashi* Until 10:59PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:35PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Paramaribo, Suriname Sun 12 Sutra 166 Vikarin 5121
<b>5</b>	Simha Rasi: 19.59 Tithi 29 Creative Work Siddha Yoga	<b>Gulika</b> 7:59AM – 9:30AM Yama 3:33PM – 5:03PM <b>Rahu</b> 11:01AM – 12:31PM	<b>Purvaphalguni</b> Until 4:31PM Subha Until 4:07PM Visti Until 9:09AM Chaturdashi* Until 7:15PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Paramaribo, Suriname Sun 13 Sutra 167 Vikarin 5121
	<b>Retreat Star</b> Kanya Rasi: 5.13 Tithi 30 – 1 Routine Work Marana Yoga	<b>Gulika</b> 6:29AM – 7:59AM Yama 2:02PM – 3:32PM <b>Rahu</b> 9:30AM – 11:00AM Mahalaya Amavasai (Tamil Nadu)	<b>Uttaraphalguni</b> Until 1:24PM Sukla Until 11:51AM Kintughna Until 1:37AM Sun Amavasya* Until 3:28PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Paramaribo, Suriname Sun 14 Sutra 168 Vikarin 5121
<b>Retreat Star</b> Kanya Rasi: 20.24 Tithi 1 – 2 Creative Work Amrita Yoga Until 10:39AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:32PM – 5:02PM Yama 12:31PM – 2:01PM <b>Rahu</b> 5:02PM – 6:33PM Navaratri Begins	<b>Hasta</b> Until 10:39AM Brahma Until 7:39AM Balava Until 10:04PM Prathama* Until 11:47AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Green <b>Devaloka Day</b> Ashvina-Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau		Paramaribo, Suriname Sun 15 Sutra 169 Vikarin 5121
<b>1</b>		<b>Gulika</b> 2:01PM – 3:31PM	<b>Chitra</b> <b>Until 8:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:28AM
Tula Rasi: 5.24	Tithi 2 – 3	Yama 11:00AM – 12:30PM	Vaidhriti* Until 12:03AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:33PM
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:59AM – 9:29AM	Taitila Until 6:54PM	<b>Nataraja:</b> Clear
Routine Work Prabalarishta Yoga				Moon – Green
Until 8:02AM			<b>Dvitiya</b> <b>Until 8:24AM</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturtham Titau		Paramaribo, Suriname Sun 16 Sutra 170 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:30PM – 2:01PM	<b>Vishakha</b> <b>Until 4:23AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM
Tula Rasi: 20.03	Tithi 4	Yama 9:29AM – 11:00AM	Vishkambha* Until 8:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:32PM
	673213463	<b>Rahu</b> 3:31PM – 5:02PM	Vanija Until 4:17PM	<b>Nataraja:</b> Clear
Routine Work Marana Yoga				Moon – Orange
Until 4:23AM Wed			<b>Chaturthi*</b> <b>Until 3:13AM Wed</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau		Paramaribo, Suriname Sun 17 Sutra 171 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:59AM – 12:30PM	<b>Anuradha</b> <b>Until 3:38AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM
Vrischika Rasi: 4.16	Tithi 5	Yama 7:58AM – 9:29AM	Priti Until 6:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:32PM
	673213463	<b>Rahu</b> 12:30PM – 2:00PM	Bava Until 2:22PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga				Moon – Orange
Until 3:38AM Thu			<b>Panchami</b> <b>Until 1:42AM Thu</b>	<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashvina+Puratasi</b>

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashtham Titau		Paramaribo, Suriname Sun 18 Sutra 172 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:29AM – 10:59AM	<b>Jyeshtha*</b> <b>Until 3:36AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM
Vrischika Rasi: 17.59	Tithi 6	Yama 6:28AM – 7:58AM	Ayushman Until 4:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:31PM
	673213463	<b>Rahu</b> 2:00PM – 3:30PM	Kaulava Until 1:17PM	<b>Nataraja:</b> Clear
Routine Work Prabalarishta Yoga				Moon – Orange
Until 3:36AM Fri			<b>Shashthi*</b> <b>Until 1:03AM Fri</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Paramaribo, Suriname Sun 19 Sutra 173 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:58AM – 9:28AM	<b>Mula*</b> <b>Until 4:45AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM
Dhanus Rasi: 1.12	Tithi 7	Yama 3:30PM – 5:00PM	Saubhagya Until 3:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:31PM
	683213463	<b>Rahu</b> 10:59AM – 12:29PM	Gara Until 1:06PM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga				Moon – Light Blue
Until 4:45AM Sat			<b>Saptami</b> <b>Until 1:19AM Sat</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistil*/Bava Karana Ashtamyam Titau		Paramaribo, Suriname Sun 20 Sutra 174 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:27AM – 7:58AM	<b>Purvashadha*</b> <b>Until 6:32AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:27AM
Dhanus Rasi: 13.59	Tithi 8	Yama 1:59PM – 3:30PM	Sobhana Until 2:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:30PM
	683213463	<b>Rahu</b> 9:28AM – 10:58AM	Vistil* Until 1:47PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga				Moon – Light Blue
Until 6:32AM Sun			<b>Ashtami*</b> <b>Until 2:24AM Sun</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Paramaribo, Suriname Sun 21 Sutra 175 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:29PM – 4:59PM	<b>Purvashadha*</b> <b>Until 6:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:27AM
Dhanus Rasi: 26.23	Tithi 9	Yama 12:29PM – 1:59PM	Athiganda* Until 2:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:30PM
	683213463	<b>Rahu</b> 4:59PM – 6:30PM	Balava Until 3:14PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga				Moon – Light Blue
Until 6:32AM		<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Navami*</b> <b>Until 4:11AM Mon</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau		Paramaribo, Suriname Sun 22 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:59PM – 3:29PM	<b>Uttarashadha</b> Until 8:46AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:27AM
Makara Rasi: 8.31	Tithi 10	Yama 10:58AM – 12:28PM	Sukarma Until 3:28PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:29PM
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:57AM – 9:28AM	Taitila Until 5:17PM	<b>Nataraja:</b> Clear
Routine Work Marana Yoga				Moon – Light Blue
Until 8:46AM			<b>Dashami</b> Until 6:25AM Tue	<b>Ashvina+Puratasi</b>
Then Creative Work - Amrita Yoga				<b>Sivaloka Day</b>

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Paramaribo, Suriname Sun 23 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:28PM – 1:58PM	<b>Shravana</b> Until 11:45AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM
Makara Rasi: 20.28	Tithi 10 – 11	Yama 9:27AM – 10:58AM	Dhriti Until 4:18PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:29PM
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 3:28PM – 4:59PM	Vanija Until 7:40PM	<b>Nataraja:</b> Purple
Creative Work Siddha Yoga				Moon – Purple
		<b>Vijaya Dasami</b>	<b>Dashami</b> Until 6:25AM	<b>Ashvina+Puratasi</b>
				<b>Sivaloka Day</b>

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Paramaribo, Suriname Sun 24 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:57AM – 12:28PM	<b>Dhanishtha</b> Until 2:46PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM
Kumbha Rasi: 2.2	Tithi 11 – 12	Yama 7:57AM – 9:27AM	Shula* Until 5:13PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:29PM
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 12:28PM – 1:58PM	Bava Until 10:13PM	<b>Nataraja:</b> Purple
Routine Work Prabalarishta Yoga				Moon – Purple
Until 2:46PM		<b>Kadaitswami Mahasamadhi</b>	<b>Ekadashi</b> Until 8:55AM	<b>Ashvina+Puratasi</b>
Then Creative Work - Siddha Yoga				<b>Sivaloka Day</b>

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Paramaribo, Suriname Sun 25 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:27AM – 10:57AM	<b>Shatabhishak</b> Until 5:36PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM
Kumbha Rasi: 14.1	Tithi 12 – 13	Yama 6:27AM – 7:57AM	Ganda* Until 6:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:28PM
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 1:58PM – 3:28PM	Kaulava Until 12:43AM Fri	<b>Nataraja:</b> Purple
Creative Work Siddha Yoga				Moon – Purple
			<b>Dvadashi</b> Until 11:27AM	<b>Ashvina+Puratasi</b>
				<b>Sivaloka Day</b>

*Pradosha Vrata*

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Paramaribo, Suriname Sun 26 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:57AM – 9:27AM	<b>Purvaproshtapada*</b> Until 8:40PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:27AM
Kumbha Rasi: 26.02	Tithi 13 – 14	Yama 3:27PM – 4:58PM	Vriddhi Until 7:00PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:28PM
<b>Family Home Evening</b>	613213464	<b>Rahu</b> 10:57AM – 12:27PM	Gara Until 3:04AM Sat	<b>Nataraja:</b> Purple
Creative Work Siddha Yoga				Moon – Clear
		<b>Chidambaram Abhishekam</b>	<b>Trayodashi</b> Until 1:53PM	<b>Ashvina+Puratasi</b>
				<b>Sivaloka Day</b>

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Paramaribo, Suriname Sun 27 Sutra 181 Vikarin 5121
<b>6</b>		<b>Gulika</b> 6:26AM – 7:57AM	<b>Uttaraproshtapada</b> Until 11:21PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:26AM
Meena Rasi: 7.58	Tithi 14 – 15	Yama 1:57PM – 3:27PM	Dhruva Until 7:40PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:27PM
<b>Family Home Evening</b>	613213464	<b>Rahu</b> 9:27AM – 10:57AM	Vistil Until 5:11AM Sun	<b>Nataraja:</b> Purple
Creative Work Siddha Yoga				Moon – Clear
Until 11:21PM			<b>Chaturdashi*</b> Until 4:08PM	<b>Ashvina+Puratasi</b>
Then Routine Work - Prabalarishta Yoga				<b>Sivaloka Day</b>

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava Karana Purnimayam Titau		Paramaribo, Suriname Sutra 182 Vikarin 5121
<b>○</b>		<b>Gulika</b> 3:27PM – 4:57PM	<b>Revati</b> Until 1:38AM Mon	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM
Meena Rasi: 19.59	Tithi 15	Yama 12:27PM – 1:57PM	Vyaghata* Until 8:08PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:27PM
<b>Copper Retreat Star</b>	614213464	<b>Rahu</b> 4:57PM – 6:27PM	Bava Until 6:07PM	<b>Nataraja:</b> Purple
Creative Work Amrita Yoga				Moon – Clear
Until 1:38AM Mon			<b>Purnima*</b> Until 6:07PM	<b>Ashvina+Puratasi</b>
Then Creative Work - Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Paramaribo, Suriname Sutra 183 Vikarin 5121
<b>○</b>		<b>Gulika</b> 1:56PM – 3:26PM	<b>Ashvini</b> Until 3:57AM Tue	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM
Mesha Rasi: 2.07	Tithi 16	Yama 10:56AM – 12:26PM	Harshana Until 8:25PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:27PM
<b>Silver Retreat Star</b>	624213464	<b>Rahu</b> 7:56AM – 9:26AM	Balava Until 7:02AM	<b>Nataraja:</b> Purple
Creative Work Siddha Yoga				Moon – White
			<b>Prathama*</b> Until 7:50PM	<b>Ashvina+Puratasi</b>
				<b>Subha Subha Sivaloka Day</b>

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Paramaribo, Suriname

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 14.23 Tithi 17

624213464

**Gulika** 12:26PM – 1:56PM  
**Yama** 9:26AM – 10:56AM  
**Rahu** 3:26PM – 4:56PM

**Bharani Until 5:48AM Wed**

Vajra\* Until 8:25PM

Taitila Until 8:35AM

**Dvitiya Until 9:13PM**

**Ganesha:** White *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:26PM

**Nataraja:** Purple

Moon – White

**Subha Subha Sivaloka Day**

**Ashvina+Puratasi**

Creative Work Siddha Yoga

Until 5:48AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Paramaribo, Suriname

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 26.46 Tithi 18

624213464

**Gulika** 10:56AM – 12:26PM  
**Yama** 7:56AM – 9:26AM  
**Rahu** 12:26PM – 1:56PM

**Krittika Until 7:09AM Thu**

Siddhi Until 8:11PM

Vanija Until 9:49AM

**Tritiya Until 10:17PM**

**Ganesha:** White *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:26PM

**Nataraja:** Purple

Moon – White

**Subha Subha Sivaloka Day**

**Ashvina+Puratasi**

Creative Work Amrita Yoga

Until 7:09AM Thu

Then Routine Work - Marana Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Paramaribo, Suriname

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 9.18 Tithi 19

624313464

**Gulika** 9:26AM – 10:56AM  
**Yama** 6:26AM – 7:56AM  
**Rahu** 1:56PM – 3:26PM

**Krittika Until 7:09AM**

Vyatipata\* Until 7:40PM

Bava Until 10:42AM

**Chaturthi\* Until 10:58PM**

**Ganesha:** Yellow *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:25PM

**Nataraja:** Purple

Moon – White

**Subha Sivaloka Day**

**Ashvina+Aipasi**

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Paramaribo, Suriname

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 22.01 Tithi 20

634313464

**Gulika** 7:56AM – 9:26AM  
**Yama** 3:25PM – 4:55PM  
**Rahu** 10:56AM – 12:26PM

**Rohini Until 8:27AM**

Varyan Until 6:49PM

Kaulava Until 11:11AM

**Panchami Until 11:14PM**

**Ganesha:** White *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:25PM

**Nataraja:** Purple

Moon – Yellow

**Sivaloka Day**

**Ashvina+Aipasi**

Routine Work Marana Yoga

Until 8:27AM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Paramaribo, Suriname

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 4.56 Tithi 21

634313464

**Gulika** 6:26AM – 7:56AM  
**Yama** 1:55PM – 3:25PM  
**Rahu** 9:26AM – 10:56AM

**Mrigashira Until 9:09AM**

Parigha\* Until 5:36PM

Gara Until 11:13AM

**Shashthi\* Until 11:01PM**

**Ganesha:** White *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:25PM

**Nataraja:** Purple

Moon – Yellow

**Sivaloka Day**

**Ashvina+Aipasi**

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Paramaribo, Suriname

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 18.07 Tithi 22

634313464

**Gulika** 3:25PM – 4:55PM  
**Yama** 12:25PM – 1:55PM  
**Rahu** 4:55PM – 6:25PM

**Ardra Until 9:12AM**

Shiva Until 3:59PM

Visti\* Until 10:44AM

**Saptami Until 10:15PM**

**Ganesha:** White *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:25PM

**Nataraja:** Purple

Moon – Yellow

**Sivaloka Day**

**Ashvina+Aipasi**

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Paramaribo, Suriname

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Kataka Rasi: 2 Tithi 23

644313464

**Gulika** 1:55PM – 3:25PM  
**Yama** 10:55AM – 12:25PM  
**Rahu** 7:56AM – 9:25AM

**Punarvasu Until 9:01AM**

Siddha Until 1:54PM

Balava Until 9:41AM

**Ashtami\* Until 8:56PM**

**Ganesha:** Clear *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:24PM

**Nataraja:** Purple

Moon – Blue

**Subha Sivaloka Day**

**Ashvina+Aipasi**

Creative Work Amrita Yoga

Until 9:01AM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Paramaribo, Suriname

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 15.25 Tithi 24

644313464

**Gulika** 12:25PM – 1:55PM  
**Yama** 9:25AM – 10:55AM  
**Rahu** 3:24PM – 4:54PM

**Pushya Until 8:07AM**

Sadhya Until 11:21AM

Taitila Until 8:04AM

**Navami\* Until 7:02PM**

**Ganesha:** Clear *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:24PM

**Nataraja:** Purple

Moon – Blue

**Subha Sivaloka Day**

**Ashvina+Aipasi**

Creative Work Siddha Yoga

1	<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Paramaribo, Suriname Sun 9 Sutra 192
	Kataka Rasi: 29.35	Tithi 25 – 26	<b>Gulika</b>	10:55AM – 12:25PM	<b>Ashlesha* Until 6:32AM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:26AM Vikarin 5121
			Yama	7:56AM – 9:25AM	Subha Until 8:24AM	<b>Muruqa:</b> Purple	Sunset: 6:24PM Moon 10 - Phase 27
	Creative Work	Siddha Yoga	644313464 <b>Rahu</b>	12:25PM – 1:54PM	Bava Until 3:16AM Thu Dashami Until 4:38PM	<b>Nataraja:</b> Purple Moon – Blue	<b>Subha Sivaloka Day</b>

2	<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Paramaribo, Suriname Sun 10 Sutra 193
	Simha Rasi: 14.05	Tithi 26 – 27	<b>Gulika</b>	9:25AM – 10:55AM	<b>Purvaphalguni Until 2:27AM Fri</b>	<b>Ganesha:</b> Purple	Sunrise: 6:26AM Vikarin 5121
			Yama	6:26AM – 7:56AM	Brahma Until 1:22AM Fri	<b>Muruqa:</b> Purple	Sunset: 6:23PM Moon 10 - Phase 27
	Creative Work	Siddha Yoga	654313464 <b>Rahu</b>	1:54PM – 3:24PM	Kaulava Until 12:15AM Fri Ekadashi* Until 1:47PM	<b>Nataraja:</b> Purple Moon – Red	<b>Sivaloka Day</b>

3	<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau				Paramaribo, Suriname Sun 11 Sutra 194
	Simha Rasi: 28.5	Tithi 27 – 28	<b>Gulika</b>	7:55AM – 9:25AM	<b>Uttaraphalguni Until 11:48PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:26AM Vikarin 5121
			Yama	3:24PM – 4:53PM	Indra Until 9:31PM	<b>Muruqa:</b> Purple	Sunset: 6:23PM Moon 10 - Phase 27
	Creative Work	Siddha Yoga	655313464 <b>Rahu</b>	10:55AM – 12:24PM	Gara Until 8:59PM Dvodashi* Until 10:38AM	<b>Nataraja:</b> Purple Moon – Red	<b>Subha Sivaloka Day</b>

*Pradosha Vrata (Fasting)*

4	<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Paramaribo, Suriname Sun 12 Sutra 195
	Kanya Rasi: 13.46	Tithi 28 – 29	<b>Gulika</b>	6:26AM – 7:55AM	<b>Hasta Until 9:19PM</b>	<b>Ganesha:</b> Orange	Sunrise: 6:26AM Vikarin 5121
			Yama	1:54PM – 3:24PM	Vaidhriti* Until 5:34PM	<b>Muruqa:</b> Purple	Sunset: 6:23PM Moon 10 - Phase 27
	Routine Work	Marana Yoga	665313464 <b>Rahu</b>	9:25AM – 10:55AM	Sakuni Until 3:55AM Sun Trayodashi* Until 7:17AM	<b>Nataraja:</b> Purple Moon – Green	<b>Subha Sivaloka Day</b>

**Deepavali Hindu Solidarity Day**

●	<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Paramaribo, Suriname Sun 13 Sutra 196
	<b>Retreat Star</b>		<b>Gulika</b>	3:23PM – 4:53PM	<b>Chitra Until 6:48PM</b>	<b>Ganesha:</b> Orange	Sunrise: 6:26AM Vikarin 5121
	Kanya Rasi: 28.43	Tithi 30	Yama	12:24PM – 1:54PM	Vishkambha* Until 1:40PM	<b>Muruqa:</b> Purple	Sunset: 6:23PM Moon 10 - Phase 27
	Creative Work	Siddha Yoga	665313464 <b>Rahu</b>	4:53PM – 6:23PM	Catuspada Until 2:18PM Amavasya* Until 12:42AM Mon	<b>Nataraja:</b> Purple Moon – Green	<b>Subha Sivaloka Day</b>

**Subramuniyaswami Mahasamadhi**

●	<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Paramaribo, Suriname Sun 14 Sutra 197
	<b>Retreat Star</b>		<b>Gulika</b>	1:54PM – 3:23PM	<b>Svati Until 4:24PM</b>	<b>Ganesha:</b> Orange	Sunrise: 6:26AM Vikarin 5121
	Tula Rasi: 13.33	Tithi 1	Yama	10:55AM – 12:24PM	Priti Until 9:57AM	<b>Muruqa:</b> Purple	Sunset: 6:22PM Moon 10 - Phase 27
	<b>Family Home Evening</b>		665313464 <b>Rahu</b>	7:55AM – 9:25AM	Kintughna Until 11:12AM Prathama* Until 9:47PM	<b>Nataraja:</b> Purple Moon – Green	<b>Subha Sivaloka Day</b>

**Skanda Shasthi Begins**

**Kartika-Aipasi**

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>	<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Paramaribo, Suriname Sun 15 Sutra 198
	Tula Rasi: 28.07	Tithi 2	<b>Gulika</b> 12:24PM – 1:54PM	<b>Vishakha</b> Until 2:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Vikarin 5121
			Yama 9:25AM – 10:55AM	Ayushman Until 6:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 28
			675313464 <b>Rahu</b> 3:23PM – 4:53PM	Balava Until 8:31AM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya</b> Until 7:21PM	Moon – Orange	<b>Subha Sivaloka Day</b>		
Until 2:42PM				<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Taitila/Vanija Karana Tritiya/Chaturthayam Titau				Paramaribo, Suriname Sun 16 Sutra 199
	Vischika Rasi: 12.19	Tithi 3 – 4	<b>Gulika</b> 10:55AM – 12:24PM	<b>Anuradha</b> Until 1:29PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Vikarin 5121
			Yama 7:56AM – 9:25AM	Sobhana Until 1:11AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 28
			675313464 <b>Rahu</b> 12:24PM – 1:54PM	Taitila Until 6:22AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya</b> Until 5:33PM	Moon – Orange	<b>Subha Sivaloka Day</b>		
				<b>Kartika•Aipasi</b>			

<b>3</b>	<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Paramaribo, Suriname Sun 17 Sutra 200
	Vischika Rasi: 26.04	Tithi 4 – 5	<b>Gulika</b> 9:25AM – 10:55AM	<b>Jyeshtha*</b> Until 12:51PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Vikarin 5121
			Yama 6:26AM – 7:56AM	Athiganda* Until 11:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 28
			675313464 <b>Rahu</b> 1:53PM – 3:23PM	Bava Until 4:21AM Fri	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Prabalarishta Yoga			<b>Chaturthi*</b> Until 4:31PM	Moon – Orange	<b>Subha Sivaloka Day</b>		
Until 12:51PM				<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Paramaribo, Suriname Sun 18 Sutra 201
	Dhanus Rasi: 9.21	Tithi 5 – 6	<b>Gulika</b> 7:56AM – 9:25AM	<b>Mula*</b> Until 1:20PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM	Vikarin 5121
			Yama 3:23PM – 4:52PM	Sukarma Until 10:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 28
			685313464 <b>Rahu</b> 10:55AM – 12:24PM	Kaulava Until 4:37AM Sat	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Amrita Yoga			<b>Panchami</b> Until 4:21PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>		
Until 1:20PM				<b>Kartika•Aipasi</b>			
Then Routine Work - Prabalarishta Yoga							


<b>5</b>	<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Paramaribo, Suriname Sun 19 Sutra 202
	Dhanus Rasi: 22.12	Tithi 6 – 7	<b>Gulika</b> 6:26AM – 7:56AM	<b>Purvashadha*</b> Until 2:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM	Vikarin 5121
			Yama 1:53PM – 3:23PM	Dhriti Until 9:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 28
			685313464 <b>Rahu</b> 9:25AM – 10:55AM	Gara Until 5:42AM Sun	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 5:02PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>		
Until 2:31PM				<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>6</b>	<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija Karana Saptamyam Titau				Paramaribo, Suriname Sun 20 Sutra 203
	Makara Rasi: 4.4	Tithi 7	<b>Gulika</b> 3:23PM – 4:52PM	<b>Uttarashadha</b> Until 4:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM	Vikarin 5121
			Yama 12:24PM – 1:53PM	Shula* Until 9:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 10 - Phase 28
			685313464 <b>Rahu</b> 4:52PM – 6:21PM	Vanija Until 6:30PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Amrita Yoga			<b>Saptami</b> Until 6:30PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>		
				<b>Kartika•Aipasi</b>			

<b>D</b>	<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Paramaribo, Suriname Sun 21 Sutra 204
	<b>Retreat Star</b>		<b>Gulika</b> 1:53PM – 3:23PM	<b>Shravana</b> Until 6:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	Vikarin 5121
	Makara Rasi: 16.5	Tithi 8	Yama 10:55AM – 12:24PM	Ganda* Until 10:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 10 - Phase 28
	<b>Family Home Evening</b>		696313464 <b>Rahu</b> 7:56AM – 9:25AM	Visti Until 7:29AM	<b>Nataraja:</b> Purple		Ashtami
Creative Work Amrita Yoga			<b>Ashtami*</b> Until 8:33PM	Moon – Purple	<b>Sivaloka Day</b>		
Until 6:57PM				<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>D</b>	<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Paramaribo, Suriname Sun 22 Sutra 205
	<b>Retreat Star</b>		<b>Gulika</b> 12:24PM – 1:53PM	<b>Dhanishtha</b> Until 9:49PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	Vikarin 5121
	Makara Rasi: 28.49	Tithi 9	Yama 9:25AM – 10:55AM	Vriddhi Until 11:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 10 - Phase 28
			696313464 <b>Rahu</b> 3:23PM – 4:52PM	Balava Until 9:45AM	<b>Nataraja:</b> Purple		Navami
Creative Work Siddha Yoga			<b>Navami*</b> Until 10:58PM	Moon – Purple	<b>Sivaloka Day</b>		
Until 9:49PM				<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, November 6, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau	Paramaribo, Suriname Sun 23 Sutra 206 Vikarin 5121
Kumbha Rasi: 10.42	Tithi 10	<b>Gulika</b> 10:55AM – 12:24PM <b>Yama</b> 7:56AM – 9:25AM <b>Rahu</b> 12:24PM – 1:53PM	<b>Shatabhishak</b> <b>Until 12:39AM Thu</b> Dhruva Until 12:14AM Thu Taitila Until 12:16PM <b>Dashami</b> <b>Until 1:31AM Thu</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> Purple <i>Sunrise: 6:27AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:21PM</i> <b>Nataraja:</b> Purple Moon – Purple <b>Sivaloka Day</b> <b>Karttika-Aipasi</b>
<b>2</b>	<b>Thursday, November 7, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau	Paramaribo, Suriname Sun 24 Sutra 207 Vikarin 5121
Kumbha Rasi: 22.33	Tithi 11	<b>Gulika</b> 9:26AM – 10:55AM <b>Yama</b> 6:27AM – 7:56AM <b>Rahu</b> 1:53PM – 3:23PM	<b>Purvaproshtapada*</b> <b>Until 3:44AM Fri</b> Vyaghata* Until 1:04AM Fri Vanija Until 2:47PM <b>Ekadashi</b> <b>Until 3:58AM Fri</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> Yellow <i>Sunrise: 6:27AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:21PM</i> <b>Nataraja:</b> Purple Moon – Clear <b>Subha Sivaloka Day</b> <b>Karttika-Aipasi</b>
<b>3</b>	<b>Friday, November 8, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau	Paramaribo, Suriname Sun 25 Sutra 208 Vikarin 5121
Meena Rasi: 4.27	Tithi 12	<b>Gulika</b> 7:56AM – 9:26AM <b>Yama</b> 3:23PM – 4:52PM <b>Rahu</b> 10:55AM – 12:24PM	<b>Uttaraproshtapada</b> <b>Until 6:25AM Sat</b> Harshana Until 1:44AM Sat Bava Until 5:08PM <b>Dvodashi</b> <b>Until 6:11AM Sat</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> Yellow <i>Sunrise: 6:27AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:21PM</i> <b>Nataraja:</b> Purple Moon – Clear <b>Subha Sivaloka Day</b> <b>Karttika-Aipasi</b>
Until 6:25AM Sat	Then Routine Work - Prabararishta Yoga		
<b>4</b>	<b>Saturday, November 9, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau	Paramaribo, Suriname Sun 26 Sutra 209 Vikarin 5121
Meena Rasi: 16.26	Tithi 12 – 13	<b>Gulika</b> 6:27AM – 7:57AM <b>Yama</b> 1:53PM – 3:23PM <b>Rahu</b> 9:26AM – 10:55AM	<b>Uttaraproshtapada</b> <b>Until 6:25AM</b> Vajra* Until 2:08AM Sun Kaulava Until 7:12PM <b>Dvodashi</b> <b>Until 6:11AM</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> Yellow <i>Sunrise: 6:27AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:21PM</i> <b>Nataraja:</b> Purple Moon – Clear <b>Subha Sivaloka Day</b> <b>Karttika-Aipasi</b>
Until 6:25AM	Then Routine Work - Prabararishta Yoga		<i>Pradosha Vrata</i>
<b>5</b>	<b>Sunday, November 10, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Paramaribo, Suriname Sun 27 Sutra 210 Vikarin 5121
Meena Rasi: 28.34	Tithi 13 – 14	<b>Gulika</b> 3:23PM – 4:52PM <b>Yama</b> 12:24PM – 1:53PM <b>Rahu</b> 4:52PM – 6:21PM	<b>Revati</b> <b>Until 8:37AM</b> Siddhi Until 2:15AM Mon Gara Until 8:52PM <b>Trayodashi</b> <b>Until 8:03AM</b>
Creative Work	Amrita Yoga		<b>Ganesha:</b> Yellow <i>Sunrise: 6:28AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:21PM</i> <b>Nataraja:</b> Purple Moon – Clear <b>Subha Sivaloka Day</b> <b>Karttika-Aipasi</b>
Until 8:37AM	Then Creative Work - Siddha Yoga		
	<b>Monday, November 11, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Paramaribo, Suriname Sutra 211 Vikarin 5121
Mesha Rasi: 10.52	Tithi 14 – 15	<b>Gulika</b> 1:54PM – 3:23PM <b>Yama</b> 10:55AM – 12:24PM <b>Rahu</b> 7:57AM – 9:26AM	<b>Ashvini</b> <b>Until 10:45AM</b> Vyatipata* Until 2:03AM Tue Visti Until 10:07PM <b>Chaturdashi*</b> <b>Until 9:32AM</b>
<b>Family Home Evening</b>			<b>Ganesha:</b> White <i>Sunrise: 6:28AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:21PM</i> <b>Nataraja:</b> Purple Moon – White <b>Sivaloka Day</b> <b>Karttika-Aipasi</b>
Creative Work	Siddha Yoga		
<b>6</b>	<b>Tuesday, November 12, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Paramaribo, Suriname Sutra 212 Vikarin 5121
Mesha Rasi: 23.2	Tithi 15 – 16	<b>Gulika</b> 12:25PM – 1:54PM <b>Yama</b> 9:26AM – 10:55AM <b>Rahu</b> 3:23PM – 4:52PM	<b>Bharani</b> <b>Until 12:19PM</b> Variyan Until 1:30AM Wed Balava Until 10:57PM <b>Purnima*</b> <b>Until 10:34AM</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> White <i>Sunrise: 6:28AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:21PM</i> <b>Nataraja:</b> Purple Moon – White <b>Sivaloka Day</b> <b>Karttika-Aipasi</b>

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Paramaribo, Suriname  
Sutra 213

Vrishabha Rasi: 6 Tithi 16 - 17

727413464

**Gulika** 10:56AM - 12:25PM  
Yama 7:57AM - 9:26AM  
**Rahu** 12:25PM - 1:54PM

**Krittika** **Until 1:19PM**  
Parigha\* Until 12:39AM Thu  
Taitila Until 11:22PM  
**Prathama\* Until 11:11AM**

**Ganesha:** White *Sunrise: 6:28AM*  
**Muruqa:** Purple *Sunset: 6:21PM*  
**Nataraja:** Purple  
Moon - White

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 1:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Paramaribo, Suriname  
Sun 1 Sutra 214

Vrishabha Rasi: 18.52 Tithi 17 - 18

737413464

**Gulika** 9:27AM - 10:56AM  
Yama 6:29AM - 7:58AM  
**Rahu** 1:54PM - 3:23PM

**Rohini** **Until 2:14PM**  
Shiva Until 11:31PM  
Vanija Until 11:23PM  
**Dvitiya** **Until 11:24AM**

**Ganesha:** Clear *Sunrise: 6:29AM*  
**Muruqa:** Purple *Sunset: 6:21PM*  
**Nataraja:** Purple  
Moon - Yellow

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

**Subha Sivaloka Day**

Routine Work Marana Yoga

**Kartika-Aipasi**

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Paramaribo, Suriname  
Sun 2 Sutra 215

Mithuna Rasi: 1.55 Tithi 18 - 19

737413464

**Gulika** 7:58AM - 9:27AM  
Yama 3:23PM - 4:52PM  
**Rahu** 10:56AM - 12:25PM

**Mrigashira** **Until 2:38PM**  
Siddha Until 10:03PM  
Bava Until 11:02PM  
**Tritiya** **Until 11:14AM**

**Ganesha:** Clear *Sunrise: 6:29AM*  
**Muruqa:** Purple *Sunset: 6:21PM*  
**Nataraja:** Purple  
Moon - Yellow

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

**Kartika-Aipasi**

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Paramaribo, Suriname  
Sun 3 Sutra 216

Mithuna Rasi: 15.09 Tithi 19 - 20

737413464

**Gulika** 6:29AM - 7:58AM  
Yama 1:54PM - 3:23PM  
**Rahu** 9:27AM - 10:56AM

**Ardra** **Until 2:32PM**  
Sadhya Until 8:19PM  
Kaulava Until 10:20PM  
**Chaturthi\* Until 10:42AM**

**Ganesha:** Clear *Sunrise: 6:29AM*  
**Muruqa:** Purple *Sunset: 6:21PM*  
**Nataraja:** Purple  
Moon - Yellow

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

**Kartika-Kartikai**

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Paramaribo, Suriname  
Sun 4 Sutra 217

Mithuna Rasi: 28.35 Tithi 20 - 21

748413465

**Gulika** 3:23PM - 4:52PM  
Yama 12:25PM - 1:54PM  
**Rahu** 4:52PM - 6:21PM

**Punarvasu** **Until 2:24PM**  
Subha Until 6:20PM  
Gara Until 9:17PM  
**Panchami** **Until 9:50AM**

**Ganesha:** Clear *Sunrise: 6:29AM*  
**Muruqa:** Purple *Sunset: 6:21PM*  
**Nataraja:** Clear  
Moon - Blue

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

**Kartika-Kartikai**

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Paramaribo, Suriname  
Sun 5 Sutra 218

Kataka Rasi: 12.12 Tithi 21 - 22

748413465

**Gulika** 1:55PM - 3:23PM  
Yama 10:57AM - 12:26PM  
**Rahu** 7:59AM - 9:28AM

**Pushya** **Until 1:46PM**  
Sukla Until 4:03PM  
Visti Until 7:53PM  
**Shashthi\* Until 8:37AM**

**Ganesha:** Clear *Sunrise: 6:30AM*  
**Muruqa:** Purple *Sunset: 6:21PM*  
**Nataraja:** Clear  
Moon - Blue

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

**Kartika-Kartikai**

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplami/Ashlamyam Titau

Paramaribo, Suriname  
Sun 6 Sutra 219

Kataka Rasi: 26.02 Tithi 22 - 23

748413465

**Gulika** 12:26PM - 1:55PM  
Yama 9:28AM - 10:57AM  
**Rahu** 3:24PM - 4:53PM

**Ashlesha\*** **Until 12:40PM**  
Brahma Until 1:31PM  
Balava Until 6:10PM  
**Saptami** **Until 7:03AM**

**Ganesha:** Clear *Sunrise: 6:30AM*  
**Muruqa:** Purple *Sunset: 6:22PM*  
**Nataraja:** Clear  
Moon - Blue

Vikarin 5121  
Moon 11 - Phase 30  
Ashtami

**Sivaloka Day**

Creative Work Siddha Yoga

**Kartika-Kartikai**

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Paramaribo, Suriname  
Sun 7 Sutra 220

Simha Rasi: 10.04 Tithi 24

758413465

**Gulika** 10:57AM - 12:26PM  
Yama 7:59AM - 9:28AM  
**Rahu** 12:26PM - 1:55PM

**Magha\*** **Until 11:32AM**  
Indra Until 10:44AM  
Taitila Until 4:08PM  
**Navami\* Until 2:59AM Thu**

**Ganesha:** White *Sunrise: 6:30AM*  
**Muruqa:** Purple *Sunset: 6:22PM*  
**Nataraja:** Clear  
Moon - Red

Vikarin 5121  
Moon 11 - Phase 30  
Navami

**Subha Sivaloka Day**

Creative Work Siddha Yoga

**Kartika-Kartikai**

Until 11:32AM

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau	Paramaribo, Suriname Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 24.17	Tithi 25	<b>Gulika</b> 9:28AM – 10:57AM	<b>Purvaphalguni Until 9:59AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:31AM	Moon 11 - Phase 31
		Yama 6:31AM – 8:00AM	Vaidhrili* Until 7:42AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:22PM	2nd Phase
		758413465 <b>Rahu</b> 1:55PM – 3:24PM	Vanija Until 1:49PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Dashami Until 12:33AM Fri</b>	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau	Paramaribo, Suriname Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 8.4	Tithi 26	<b>Gulika</b> 8:00AM – 9:29AM	<b>Uttaraphalguni Until 8:03AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:31AM	Moon 11 - Phase 31
		Yama 3:24PM – 4:53PM	Priti Until 1:09AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:22PM	2nd Phase
		758413465 <b>Rahu</b> 10:58AM – 12:27PM	Bava Until 11:17AM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 9:57PM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
Until 8:03AM				<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvodashyam Titau	Paramaribo, Suriname Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 23.09	Tithi 27	<b>Gulika</b> 6:31AM – 8:00AM	<b>Hasta Until 6:16AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:31AM	Moon 11 - Phase 31
		Yama 1:56PM – 3:25PM	Ayushman Until 9:45PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:22PM	2nd Phase
		768413465 <b>Rahu</b> 9:29AM – 10:58AM	Kaulava Until 8:39AM	<b>Nataraja:</b> Clear	
Routine Work	Marana Yoga		<b>Dvodashi* Until 7:17PM</b>	Moon – Green	<b>Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Paramaribo, Suriname Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 7.4	Tithi 28 – 29	<b>Gulika</b> 3:25PM – 4:54PM	<b>Svati Until 2:21AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM	Moon 11 - Phase 31
		Yama 12:27PM – 1:56PM	Saubhagya Until 6:25PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:22PM	2nd Phase
		769413465 <b>Rahu</b> 4:54PM – 6:22PM	Visti Until 3:26AM Mon	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:40PM</b>	Moon – Green	<b>Devaloka Day</b>
Until 2:21AM Mon				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>Retreat Star</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Paramaribo, Suriname Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 22.05	Tithi 29 – 30	<b>Gulika</b> 1:56PM – 3:25PM	<b>Vishakha Until 12:54AM Tue</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM	Moon 11 - Phase 31
<b>Family Home Evening</b>		Yama 10:59AM – 12:27PM	Sobhana Until 3:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:23PM	Amavasya
Routine Work	Marana Yoga	779413465 <b>Rahu</b> 8:01AM – 9:30AM	Catuspada Until 1:09AM Tue	<b>Nataraja:</b> Clear	
Until 12:54AM Tue			<b>Chaturdashi* Until 2:14PM</b>	Moon – Orange	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Karttika-Karttikai</b>	

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Paramaribo, Suriname Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 6.2	Tithi 30 – 1	<b>Gulika</b> 12:28PM – 1:56PM	<b>Anuradha Until 11:42PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM	Moon 11 - Phase 31
		Yama 9:30AM – 10:59AM	Athiganda* Until 12:20PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:23PM	Prathama
		779413465 <b>Rahu</b> 3:25PM – 4:54PM	Kintughna Until 11:16PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Amavasya* Until 12:08PM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 11:42PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>1</b>	<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Paramaribo, Suriname Sun 14 Sutra 227 Vikarin 5121
	Wrischika Rasi: 20.17	Tithi 1 – 2	<b>Gulika</b> 10:59AM – 12:28PM Yama 8:02AM – 9:30AM 779413465 <b>Rahu</b> 12:28PM – 1:57PM	<b>Jyeshtha* Until 10:53PM</b> Sukarma Until 9:49AM Balava Until 9:55PM <b>Prathama* Until 10:30AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:33AM <b>Sunset:</b> 6:23PM	Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 10:53PM Then Routine Work - Marana Yoga			<b>Devaloka Day</b> <b>Margasira-Karttikai</b>				

<b>2</b>	<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Paramaribo, Suriname Sun 15 Sutra 228 Vikarin 5121
	Dhanus Rasi: 3.54	Tithi 2 – 3	<b>Gulika</b> 9:31AM – 11:00AM Yama 6:33AM – 8:02AM 789413465 <b>Rahu</b> 1:57PM – 3:26PM	<b>Mula* Until 11:02PM</b> Dhriti Until 7:47AM Taitila Until 9:15PM <b>Dvitiya Until 9:29AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:33AM <b>Sunset:</b> 6:23PM	Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga			<b>Devaloka Day</b> <b>Margasira-Karttikai</b>				

<b>3</b>	<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchayam Titau				Paramaribo, Suriname Sun 16 Sutra 229 Vikarin 5121
	Dhanus Rasi: 17.07	Tithi 3 – 4	<b>Gulika</b> 8:02AM – 9:31AM Yama 3:26PM – 4:55PM 789413465 <b>Rahu</b> 11:00AM – 12:29PM	<b>Purvashadha* Until 11:45PM</b> Shula* Until 6:16AM Vanija Until 9:19PM <b>Tritiya Until 9:10AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 6:24PM	Moon 11 - Phase 32 3rd Phase
Routine Work Prabalarishta Yoga Until 11:45PM Then Routine Work - Marana Yoga			<b>Devaloka Day</b> <b>Margasira-Karttikai</b>				

<b>4</b>	<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturchi/Panchamyam Titau				Paramaribo, Suriname Sun 17 Sutra 230 Vikarin 5121
	Dhanus Rasi: 29.58	Tithi 4 – 5	<b>Gulika</b> 6:34AM – 8:03AM Yama 1:58PM – 3:26PM 789413465 <b>Rahu</b> 9:32AM – 11:00AM	<b>Uttarashadha Until 1:01AM Sun</b> Vriddhi Until 5:01AM Sun Bava Until 10:08PM <b>Chaturchi* Until 9:37AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 6:24PM	Moon 11 - Phase 32 3rd Phase
Routine Work Marana Yoga Until 1:01AM Sun Then Creative Work - Amrita Yoga			<b>Devaloka Day</b> <b>Margasira-Karttikai</b>				

<b>5</b>	<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Paramaribo, Suriname Sun 18 Sutra 231 Vikarin 5121
	Makara Rasi: 12.28	Tithi 5 – 6	<b>Gulika</b> 3:27PM – 4:56PM Yama 12:29PM – 1:58PM 799413465 <b>Rahu</b> 4:56PM – 6:24PM	<b>Shravana Until 3:16AM Mon</b> Dhruva Until 5:09AM Mon Kaulava Until 11:39PM <b>Panchami Until 10:47AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:35AM <b>Sunset:</b> 6:24PM	Moon 11 - Phase 32 3rd Phase
Creative Work Amrita Yoga Until 3:16AM Mon Then Creative Work - Siddha Yoga			<b>Sivaloka Day</b> <b>Margasira-Karttikai</b>				

<b>6</b>	<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Paramaribo, Suriname Sun 19 Sutra 232 Vikarin 5121
	Makara Rasi: 24.42	Tithi 6 – 7	<b>Gulika</b> 1:58PM – 3:27PM Yama 11:01AM – 12:30PM 791413465 <b>Rahu</b> 8:04AM – 9:32AM	<b>Dhanishtha Until 5:51AM Tue</b> Vyaghata* Until 5:41AM Tue Gara Until 1:42AM Tue <b>Shashthi* Until 12:35PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:35AM <b>Sunset:</b> 6:25PM	Moon 11 - Phase 32 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 5:51AM Tue Then Routine Work - Marana Yoga			<b>Sivaloka Day</b> <b>Margasira-Karttikai</b>				

<b>D</b>	<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Paramaribo, Suriname Sun 20 Sutra 233 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 12:30PM – 1:59PM Yama 9:33AM – 11:01AM 791413465 <b>Rahu</b> 3:28PM – 4:56PM	<b>Shatabhishak Until 8:33AM Wed</b> Harshana Until 6:27AM Wed Visti Until 4:05AM Wed <b>Saptami Until 2:51PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:35AM <b>Sunset:</b> 6:25PM	Moon 11 - Phase 32 Ashtami
Kumbha Rasi: 6.44 Tithi 7 – 8 Routine Work Marana Yoga Until 8:33AM Wed Then Creative Work - Amrita Yoga			<b>Sivaloka Day</b> <b>Margasira-Karttikai</b>				

<b>D</b>	<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Paramaribo, Suriname Sun 21 Sutra 234 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 11:02AM – 12:31PM Yama 8:05AM – 9:33AM 791413465 <b>Rahu</b> 12:31PM – 1:59PM	<b>Shatabhishak Until 8:33AM</b> Harshana Until 6:27AM Balava Until 6:36AM Thu <b>Ashtami* Until 5:19PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:25PM	Moon 11 - Phase 32 Navami
Kumbha Rasi: 18.38 Tithi 8 – 9 Creative Work Siddha Yoga Until 8:33AM Then Creative Work - Amrita Yoga			<b>Sivaloka Day</b> <b>Margasira-Karttikai</b>				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Paramaribo, Suriname Sun 22 Sutra 235
Meena Rasi: 0.31	Tithi 9	<b>Gulika</b> 9:34AM – 11:02AM	<b>Purvaprosarthapada* Until 11:39AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM			Vikarin 5121
		Yama 6:36AM – 8:05AM	Vajra* Until 7:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	711413465 <b>Rahu</b> 2:00PM – 3:28PM	Balava Until 6:36AM	<b>Nataraja:</b> Clear				4th Phase
			<b>Navami* Until 7:48PM</b>	Moon – Clear			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Paramaribo, Suriname Sun 23 Sutra 236
Meena Rasi: 12.26	Tithi 10	<b>Gulika</b> 8:05AM – 9:34AM	<b>Uttaraprosarthapada Until 2:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:37AM			Vikarin 5121
		Yama 3:29PM – 4:57PM	Siddhi Until 7:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	711413465 <b>Rahu</b> 11:03AM – 12:31PM	Taitila Until 9:00AM	<b>Nataraja:</b> Clear				4th Phase
			<b>Dashami Until 10:05PM</b>	Moon – Clear			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Paramaribo, Suriname Sun 24 Sutra 237
Meena Rasi: 24.28	Tithi 11	<b>Gulika</b> 6:37AM – 8:06AM	<b>Revati Until 4:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM			Vikarin 5121
		Yama 2:00PM – 3:29PM	Vyatipata* Until 8:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM			Moon 11 - Phase 33
Routine Work	Prabalarishta Yoga	711513465 <b>Rahu</b> 9:35AM – 11:03AM	Vanija Until 11:07AM	<b>Nataraja:</b> Clear				4th Phase
Until 4:46PM			<b>Ekadashi Until 11:59PM</b>	Moon – Clear			<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Gita Jayanthi</b>		<b>Margasira-Karttikai</b>				

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Paramaribo, Suriname Sun 25 Sutra 238
Mesha Rasi: 6.38	Tithi 12	<b>Gulika</b> 3:30PM – 4:58PM	<b>Ashvini Until 6:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM			Vikarin 5121
		Yama 12:32PM – 2:01PM	Variyan Until 8:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	721513465 <b>Rahu</b> 4:58PM – 6:27PM	Bava Until 12:47PM	<b>Nataraja:</b> Clear				4th Phase
Until 6:59PM			<b>Dvadashi Until 1:24AM Mon</b>	Moon – White			<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Margasira-Karttikai</b>				

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Paramaribo, Suriname Sun 26 Sutra 239
Mesha Rasi: 19.02	Tithi 13	<b>Gulika</b> 2:01PM – 3:30PM	<b>Bharani Until 8:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM			Vikarin 5121
<b>Family Home Evening</b>		Yama 11:04AM – 12:33PM	Parigha* Until 8:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	721513465 <b>Rahu</b> 8:07AM – 9:35AM	Kaulava Until 1:55PM	<b>Nataraja:</b> Clear				4th Phase
Until 8:30PM			<b>Trayodashi Until 2:15AM Tue</b>	Moon – White			<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	<b>Margasira-Karttikai</b>				

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Paramaribo, Suriname Sun 27 Sutra 240
Vrishabha Rasi: 1.41	Tithi 14	<b>Gulika</b> 12:33PM – 2:02PM	<b>Krittika Until 9:18PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM			Vikarin 5121
		Yama 9:36AM – 11:05AM	Shiva Until 7:54AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	721513465 <b>Rahu</b> 3:30PM – 4:59PM	Gara Until 2:29PM	<b>Nataraja:</b> Clear				4th Phase
Until 9:18PM			<b>Chaturdashi* Until 2:31AM Wed</b>	Moon – White			<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>				

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Paramaribo, Suriname Sutra 241
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:05AM – 12:34PM	<b>Rohini Until 9:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:39AM			Vikarin 5121
Vrishabha Rasi: 14.37	Tithi 15	Yama 8:08AM – 9:36AM	Siddha Until 6:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	731523465 <b>Rahu</b> 12:34PM – 2:02PM	Visti Until 2:28PM	<b>Nataraja:</b> Clear				Purnima
			<b>Purnima* Until 2:14AM Thu</b>	Moon – Yellow			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Paramaribo, Suriname Sutra 242		
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:37AM – 11:05AM	<b>Mrigashira Until 9:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM			Vikarin 5121
Vrishabha Rasi: 27.49	Tithi 16	Yama 6:40AM – 8:08AM	Subha Until 3:28AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM			Moon 11 - Phase 33
Creative Work	Marana Yoga	732523465 <b>Rahu</b> 2:03PM – 3:31PM	Balava Until 1:55PM	<b>Nataraja:</b> Clear				Prathama
			<b>Prathama* Until 1:27AM Fri</b>	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>				

Vinayaga Viratam Begins





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Paramaribo, Suriname  
Sutra 243

Mithuna Rasi: 11.17 Tithi 17

732523465

**Gulika** 8:09AM – 9:37AM  
**Yama** 3:32PM – 5:00PM  
**Rahu** 11:06AM – 12:35PM

**Ardra Until 9:09PM**  
Sukla Until 1:15AM Sat  
Taitila Until 12:56PM  
**Dvitiya Until 12:16AM Sat**

**Ganesha:** Clear *Sunrise: 6:40AM*  
**Muruqa:** Clear *Sunset: 6:29PM*  
**Nataraja:** Clear  
Moon – Yellow

**Devaloka Day**

Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Paramaribo, Suriname  
Sun 1 Sutra 244

Mithuna Rasi: 24.58 Tithi 18

742523465

**Gulika** 6:41AM – 8:09AM  
**Yama** 2:04PM – 3:32PM  
**Rahu** 9:38AM – 11:06AM

**Punarvasu Until 8:29PM**  
Brahma Until 10:49PM  
Vanija Until 11:34AM  
**Tritiya Until 10:45PM**

**Ganesha:** Purple *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 6:29PM*  
**Nataraja:** Clear  
Moon – Blue

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Paramaribo, Suriname  
Sun 2 Sutra 245

Kataka Rasi: 8.5 Tithi 19

742523465

**Gulika** 3:33PM – 5:01PM  
**Yama** 12:36PM – 2:04PM  
**Rahu** 5:01PM – 6:30PM

**Pushya Until 7:25PM**  
Indra Until 8:11PM  
Bava Until 9:55AM  
**Chaturthi\* Until 9:00PM**

**Ganesha:** Purple *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 6:30PM*  
**Nataraja:** Clear  
Moon – Blue

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Paramaribo, Suriname  
Sun 3 Sutra 246

Kataka Rasi: 22.51 Tithi 20

742523465

**Gulika** 2:05PM – 3:33PM  
**Yama** 11:07AM – 12:36PM  
**Rahu** 8:10AM – 9:39AM

**Ashlesha\* Until 6:02PM**  
Vaidhriti\* Until 5:24PM  
Kaulava Until 8:04AM  
**Panchami Until 7:04PM**

**Ganesha:** Purple *Sunrise: 6:42AM*  
**Muruqa:** Clear *Sunset: 6:30PM*  
**Nataraja:** Clear  
Moon – Blue

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga

Family Home Evening  
Until 6:02PM  
Then Routine Work - Marana Yoga

Markali Pillaiyar

Margasira\*Markali

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Paramaribo, Suriname  
Sun 4 Sutra 247

Simha Rasi: 6.56 Tithi 21 – 22

852523465

**Gulika** 12:36PM – 2:05PM  
**Yama** 9:39AM – 11:08AM  
**Rahu** 3:34PM – 5:02PM

**Magha\* Until 4:50PM**  
Vishkambha\* Until 2:33PM  
Gara Until 6:06AM  
**Shashthi\* Until 5:03PM**

**Ganesha:** Purple *Sunrise: 6:42AM*  
**Muruqa:** Clear *Sunset: 6:31PM*  
**Nataraja:** Clear  
Moon – Red

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga

Margasira\*Markali

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Paramaribo, Suriname  
Sun 5 Sutra 248

Simha Rasi: 21.05 Tithi 22 – 23

852523465

**Gulika** 11:08AM – 12:37PM  
**Yama** 8:11AM – 9:40AM  
**Rahu** 12:37PM – 2:06PM

**Purvaphalguni Until 3:27PM**  
Priti Until 11:40AM  
Balava Until 1:57AM Thu  
**Saptami Until 2:59PM**

**Ganesha:** Purple *Sunrise: 6:43AM*  
**Muruqa:** Clear *Sunset: 6:31PM*  
**Nataraja:** Clear  
Moon – Red

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34  
1st Phase

Creative Work Amrita Yoga

Margasira\*Markali

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Paramaribo, Suriname  
Sun 6 Sutra 249

Kanya Rasi: 5.14 Tithi 23 – 24

852523465

**Gulika** 9:40AM – 11:09AM  
**Yama** 6:43AM – 8:12AM  
**Rahu** 2:06PM – 3:35PM

**Uttaraphalguni Until 1:55PM**  
Ayushman Until 8:44AM  
Taitila Until 11:53PM  
**Ashtami\* Until 12:54PM**

**Ganesha:** Purple *Sunrise: 6:43AM*  
**Muruqa:** Clear *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon – Red

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34  
Ashtami

Until 1:55PM

Then Routine Work - Marana Yoga

Amrita Yoga

Margasira\*Markali

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Paramaribo, Suriname  
Sun 7 Sutra 250

Kanya Rasi: 19.23 Tithi 24 – 25

862523465

**Gulika** 8:12AM – 9:41AM  
**Yama** 3:35PM – 5:04PM  
**Rahu** 11:09AM – 12:38PM

**Hasta Until 12:41PM**  
Sobhana Until 2:59AM Sat  
Vanija Until 9:51PM  
**Navami\* Until 10:50AM**

**Ganesha:** Clear *Sunrise: 6:44AM*  
**Muruqa:** Clear *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

Margasira\*Markali

Moon 12 - Phase 34  
Navami

Creative Work Amrita Yoga

Until 12:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>	<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Paramaribo, Suriname Sun 8 Sutra 251 Vikarin 5121
	Tula Rasi: 3.3	Tithi 25 – 26	862523465	<b>Gulika</b> 6:44AM – 8:13AM <b>Yama</b> 2:07PM – 3:36PM <b>Rahu</b> 9:41AM – 11:10AM	<b>Chitra Until 11:22AM</b> Athiganda* Until 12:12AM Sun Bava Until 7:54PM <b>Day 1 of Pancha Ganapati</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:44AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:33PM</i> <b>Nataraja:</b> Clear Moon – Green	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 11:22AM Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Paramaribo, Suriname Sun 9 Sutra 252 Vikarin 5121
	Tula Rasi: 17.32	Tithi 26 – 27	862523465	<b>Gulika</b> 3:36PM – 5:05PM <b>Yama</b> 12:39PM – 2:08PM <b>Rahu</b> 5:05PM – 6:33PM	<b>Svati Until 10:03AM</b> Sukarma Until 9:33PM Kaulava Until 6:07PM <b>Day 2 of Pancha Ganapati</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:45AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:33PM</i> <b>Nataraja:</b> Clear Moon – Green	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:03AM Then Routine Work - Marana Yoga							

<b>3</b>	<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau				Paramaribo, Suriname Sun 10 Sutra 253 Vikarin 5121
	Vrischika Rasi: 1.28	Tithi 28	872523465	<b>Gulika</b> 2:08PM – 3:37PM <b>Yama</b> 11:11AM – 12:39PM <b>Rahu</b> 8:14AM – 9:42AM	<b>Vishakha Until 9:13AM</b> Dhriti Until 7:07PM Gara Until 4:34PM <b>Day 3 of Pancha Ganapati</b>	<b>Ganesha:</b> White <i>Sunrise: 6:45AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:34PM</i> <b>Nataraja:</b> Clear Moon – Orange	Moon 12 - Phase 35 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 9:13AM Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Paramaribo, Suriname Sun 11 Sutra 254 Vikarin 5121
	Vrischika Rasi: 15.14	Tithi 29	872523465	<b>Gulika</b> 12:40PM – 2:09PM <b>Yama</b> 9:43AM – 11:11AM <b>Rahu</b> 3:37PM – 5:06PM	<b>Anuradha Until 8:31AM</b> Shula* Until 4:54PM Visti Until 3:19PM <b>Day 4 of Pancha Ganapati</b>	<b>Ganesha:</b> White <i>Sunrise: 6:46AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:34PM</i> <b>Nataraja:</b> Clear Moon – Orange	Moon 12 - Phase 35 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 8:31AM Then Routine Work - Marana Yoga							

	<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Paramaribo, Suriname Sun 12 Sutra 255 Vikarin 5121	
	<b>Retreat Star</b>		Vrischika Rasi: 28.46	Tithi 30	873523465	<b>Gulika</b> 11:12AM – 12:40PM <b>Yama</b> 8:15AM – 9:43AM <b>Rahu</b> 12:40PM – 2:09PM	<b>Jyeshtha* Until 8:02AM</b> Ganda* Until 3:02PM Catuspada Until 2:29PM <b>Day 5 of Pancha Ganapati</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:46AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:35PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work Siddha Yoga Until 8:02AM Then Routine Work - Marana Yoga								

<b>Retreat Star</b>	<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Paramaribo, Suriname Sun 13 Sutra 256 Vikarin 5121
	Dhanus Rasi: 12.03	Tithi 1	883523466	<b>Gulika</b> 9:44AM – 11:12AM <b>Yama</b> 6:47AM – 8:15AM <b>Rahu</b> 2:10PM – 3:38PM	<b>Mula* Until 8:19AM</b> Vridhi Until 1:34PM Kintughna Until 2:09PM <b>Day 5 of Pancha Ganapati</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:47AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:35PM</i> <b>Nataraja:</b> Orange Moon – Light Blue	Moon 12 - Phase 35 Prathama <b>Devaloka Day</b>
Creative Work Siddha Yoga			<b>Annular Solar Eclipse</b>				
			<b>Prathama* Until 2:10AM Fri</b>				
			<b>Pausha*Markali</b>				

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Paramaribo, Suriname Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 25.04	Tithi 2	<b>Gulika</b> 8:16AM – 9:44AM	<b>Purvashadha* Until 8:59AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:47AM			
		Yama 3:39PM – 5:07PM	Dhruva Until 12:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 11:13AM – 12:41PM	Balava Until 2:22PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 2:42AM Sat</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 8:59AM				<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Paramaribo, Suriname Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 7.47	Tithi 3	<b>Gulika</b> 6:48AM – 8:16AM	<b>Uttarashadha Until 10:04AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:48AM			
		Yama 2:11PM – 3:39PM	Vyaghata* Until 11:56AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 9:45AM – 11:13AM	Taitila Until 3:12PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 3:49AM Sun</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 10:04AM				<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Paramaribo, Suriname Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 20.14	Tithi 4	<b>Gulika</b> 3:40PM – 5:08PM	<b>Shravana Until 12:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM			
		Yama 12:42PM – 2:11PM	Harshana Until 11:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 5:08PM – 6:37PM	Vanija Until 4:37PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 5:29AM Mon</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 12:02PM				<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava Karana Panchamyam Titau				Paramaribo, Suriname Sun 17 Sutra 260 Vikarin 5121
Kumbha Rasi: 2.27	Tithi 5	<b>Gulika</b> 2:11PM – 3:40PM	<b>Dhanishtha Until 2:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:49AM			
<b>Family Home Evening</b>		Yama 11:14AM – 12:43PM	Vajra* Until 12:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 8:17AM – 9:46AM	Bava Until 6:31PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 7:36AM Tue</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>				

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Paramaribo, Suriname Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 14.3	Tithi 5 – 6	<b>Gulika</b> 12:43PM – 2:12PM	<b>Shatabhishak Until 4:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:49AM			
		Yama 9:46AM – 11:15AM	Siddhi Until 12:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 3:41PM – 5:09PM	Kaulava Until 8:48PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 7:36AM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>				

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Paramaribo, Suriname Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 26.26	Tithi 6 – 7	<b>Gulika</b> 11:16AM – 12:44PM	<b>Purvaproshtapada* Until 7:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:50AM			
		Yama 8:19AM – 9:47AM	Vyatipata* Until 1:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 12:44PM – 2:13PM	Gara Until 11:17PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 10:01AM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 7:54PM				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>						

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Paramaribo, Suriname Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 8.19	Tithi 7 – 8	<b>Gulika</b> 9:48AM – 11:16AM	<b>Uttaraproshtapada Until 10:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:50AM			
		Yama 6:50AM – 8:19AM	Variyan Until 2:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 2:13PM – 3:42PM	Visti Until 1:46AM Fri	<b>Nataraja:</b> Orange				Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 12:31PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Paramaribo, Suriname Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 20.14	Tithi 8 – 9	<b>Gulika</b> 8:19AM – 9:48AM	<b>Revati Until 1:23AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:51AM			
		Yama 3:43PM – 5:11PM	Parigha* Until 2:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 11:17AM – 12:45PM	Balava Until 4:02AM Sat	<b>Nataraja:</b> Orange				Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 2:55PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Paramaribo, Suriname Sun 22 Sutra 265 Vikarin 5121	
Mesha Rasi: 2.14	Tithi 9 – 10	<b>Gulika</b> 6:51AM – 8:20AM	<b>Ashvini Until 3:54AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:51AM		
		Yama 2:14PM – 3:43PM	Shiva Until 3:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 12 - Phase 37	
	823623466	<b>Rahu</b> 9:48AM – 11:17AM	Taitila Until 5:54AM Sun	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 5:01PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 3:54AM Sun				<b>Pausha-Markali</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara Karana Dashamyam Titau		Paramaribo, Suriname Sun 23 Sutra 266 Vikarin 5121	
Mesha Rasi: 14.23	Tithi 10	<b>Gulika</b> 3:43PM – 5:12PM	<b>Bharani Until 5:44AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:52AM		
		Yama 12:46PM – 2:15PM	Siddha Until 3:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 12 - Phase 37	
	823623466	<b>Rahu</b> 5:12PM – 6:41PM	Gara Until 6:36PM	<b>Nataraja:</b> Orange		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Dashami Until 6:36PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 5:44AM Mon		<b>Subramuniaswami Jayanti</b>		<b>Pausha-Markali</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Ekadashyam Titau		Paramaribo, Suriname Sun 24 Sutra 267 Vikarin 5121	
Mesha Rasi: 26.47	Tithi 11	<b>Gulika</b> 2:15PM – 3:44PM	<b>Krittika Until 6:45AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:52AM		
<b>Family Home Evening</b>		Yama 11:18AM – 12:47PM	Sadhya Until 3:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 12 - Phase 37	
	823623466	<b>Rahu</b> 8:21AM – 9:49AM	Vanija Until 7:11AM	<b>Nataraja:</b> Orange		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi Until 7:33PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 6:45AM Tue		<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau		Paramaribo, Suriname Sun 25 Sutra 268 Vikarin 5121	
Vrishabha Rasi: 9.3	Tithi 12	<b>Gulika</b> 12:47PM – 2:16PM	<b>Krittika Until 6:45AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:52AM		
		Yama 9:50AM – 11:18AM	Subha Until 2:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 37	
	823623466	<b>Rahu</b> 3:44PM – 5:13PM	Bava Until 7:47AM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:47PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 6:45AM				<b>Pausha-Markali</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Paramaribo, Suriname Sun 26 Sutra 269 Vikarin 5121	
Vrishabha Rasi: 22.34	Tithi 13	<b>Gulika</b> 11:19AM – 12:47PM	<b>Rohini Until 7:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM		
		Yama 8:21AM – 9:50AM	Sukla Until 12:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 37	
	823623466	<b>Rahu</b> 12:47PM – 2:16PM	Kaulava Until 7:38AM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:17PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
						<i>Pradosha Vrata</i>	

<b>6</b>		<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau		Paramaribo, Suriname Sun 27 Sutra 270 Vikarin 5121	
Mithuna Rasi: 6	Tithi 14	<b>Gulika</b> 9:50AM – 11:19AM	<b>Mrigashira Until 7:09AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:53AM		
		Yama 6:53AM – 8:22AM	Brahma Until 10:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 37	
	834623466	<b>Rahu</b> 2:17PM – 3:45PM	Gara Until 6:48AM	<b>Nataraja:</b> Orange		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 6:07PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>			
						<b>Ardra Darshanam</b>	

<b>○</b>		<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Paramaribo, Suriname Sutra 271 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:22AM – 9:51AM	<b>Ardra Until 6:10AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:53AM		
Mithuna Rasi: 19.49	Tithi 15 – 16	Yama 3:46PM – 5:14PM	Indra Until 8:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 37	
	834623466	<b>Rahu</b> 11:20AM – 12:48PM	Balava Until 3:20AM Sat	<b>Nataraja:</b> Orange		Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 4:22PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
		<b>Penumbra Lunar Eclipse</b>		<b>Pausha-Markali</b>			

<b>○</b>		<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Paramaribo, Suriname Sutra 272 Vikarin 5121	
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:54AM – 8:22AM	<b>Pushya Until 3:17AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:54AM		
Kataka Rasi: 3.56	Tithi 16 – 17	Yama 2:17PM – 3:46PM	Vishkambha* Until 2:12AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 37	
	844623466	<b>Rahu</b> 9:51AM – 11:20AM	Taitila Until 12:58AM Sun	<b>Nataraja:</b> Orange		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 2:10PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha-Markali</b>			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Paramaribo, Suriname

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 18.17 Tithi 17 - 18

844623466

Gulika

3:47PM - 5:15PM

Yama

12:49PM - 2:18PM

Rahu

5:15PM - 6:44PM

Ashlesha\* Until 1:13AM Mon

Priti Until 10:51PM

Vanija Until 10:21PM

Dvitiya Until 11:40AM

Ganesha: White

Sunrise: 6:54AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 1:13AM Mon

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Paramaribo, Suriname

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 2.48 Tithi 18 - 19

844623466

Gulika

2:18PM - 3:47PM

Yama

11:21AM - 12:49PM

Rahu

8:23AM - 9:52AM

Magha\* Until 11:21PM

Ayushman Until 7:24PM

Bava Until 7:39PM

Tritiya Until 8:59AM

Ganesha: Clear

Sunrise: 6:54AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Paramaribo, Suriname

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 17.21 Tithi 19 - 20

844623466

Gulika

12:50PM - 2:19PM

Yama

9:52AM - 11:21AM

Rahu

3:47PM - 5:16PM

Purvaphalguni Until 9:23PM

Saubhagya Until 3:58PM

Taitila Until 3:38AM Wed

Chaturthi\* Until 6:16AM

Ganesha: Clear

Sunrise: 6:55AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 9:23PM

Then Creative Work - Amrita Yoga

Thai Pongal

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Paramaribo, Suriname

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 1.5 Tithi 21

844623466

Gulika

11:21AM - 12:50PM

Yama

8:24AM - 9:53AM

Rahu

12:50PM - 2:19PM

Uttaraphalguni Until 7:26PM

Sobhana Until 12:40PM

Gara Until 2:24PM

Shashthi\* Until 1:11AM Thu

Ganesha: Clear

Sunrise: 6:55AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 7:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Paramaribo, Suriname

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 16.13 Tithi 22

844623466

Gulika

9:53AM - 11:22AM

Yama

6:55AM - 8:24AM

Rahu

2:19PM - 3:48PM

Hasta Until 6:00PM

Athiganda\* Until 9:30AM

Visti Until 12:04PM

Saptami Until 10:59PM

Ganesha: Purple

Sunrise: 6:55AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 6:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Paramaribo, Suriname

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Tula Rasi: 0.23 Tithi 23

844623466

Gulika

8:24AM - 9:53AM

Yama

3:48PM - 5:17PM

Rahu

11:22AM - 12:51PM

Chitra Until 4:43PM

Sukarma Until 6:35AM

Balava Until 10:01AM

Ashtami\* Until 9:06PM

Ganesha: Purple

Sunrise: 6:55AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Paramaribo, Suriname

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Tula Rasi: 14.21 Tithi 24

844623466

Gulika

6:56AM - 8:24AM

Yama

2:20PM - 3:49PM

Rahu

9:53AM - 11:22AM

Svati Until 3:39PM

Shula\* Until 1:33AM Sun

Taitila Until 8:19AM

Navami\* Until 7:35PM

Ganesha: Purple

Sunrise: 6:56AM

Muruqa: Clear

Sunset: 6:47PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

<b>1</b> Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Vanija/Visiti* Karana Dashamyam Titau			Paramaribo, Suriname Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 28.06	Tithi 25	<b>Gulika</b> 3:49PM – 5:18PM	<b>Vishakha</b> Until 3:14PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:56AM	
		Yama 12:51PM – 2:20PM	Ganda* Until 11:30PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:47PM	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 5:18PM – 6:47PM	Vanija Until 6:58AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 6:26PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha</b> -Thai	

<b>2</b> Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau			Paramaribo, Suriname Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 11.37	Tithi 26 – 27	<b>Gulika</b> 2:21PM – 3:49PM	<b>Anuradha</b> Until 3:02PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:56AM	
<b>Family Home Evening</b>		Yama 11:23AM – 12:52PM	Vriddhi Until 9:45PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:47PM	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 8:25AM – 9:54AM	Bava Until 6:01AM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 5:40PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha</b> -Thai	

<b>3</b> Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau			Paramaribo, Suriname Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 24.55	Tithi 27 – 28	<b>Gulika</b> 12:52PM – 2:21PM	<b>Jyeshtha*</b> Until 3:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:56AM	
		Yama 9:54AM – 11:23AM	Dhruva Until 8:17PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:48PM	Moon 1 - Phase 39
	875623466	<b>Rahu</b> 3:50PM – 5:19PM	Gara Until 5:18AM Wed	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 5:18PM	Moon – Orange	<b>Bhuloka Day</b>
Until 3:05PM				<b>Pausha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>4</b> Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau			Paramaribo, Suriname Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 8.01	Tithi 28 – 29	<b>Gulika</b> 11:23AM – 12:52PM	<b>Mula*</b> Until 3:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:56AM	
		Yama 8:25AM – 9:54AM	Vyaghata* Until 7:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:48PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 12:52PM – 2:21PM	Visiti Until 5:34AM Thu	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 5:21PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 3:51PM				<b>Pausha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>5</b> Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Paramaribo, Suriname Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 20.53	Tithi 29 – 30	<b>Gulika</b> 9:55AM – 11:23AM	<b>Purvashadha*</b> Until 4:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:57AM	
		Yama 6:57AM – 8:26AM	Harshana Until 6:23PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:48PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 2:21PM – 3:50PM	Catuspada Until 6:15AM Fri	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:50PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 4:51PM				<b>Pausha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Paramaribo, Suriname Sun 13 Sutra 285 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 8:26AM – 9:55AM	<b>Uttarashadha</b> Until 6:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:57AM	
Makara Rasi: 3.34	Tithi 30	Yama 3:51PM – 5:20PM	Vajra* Until 5:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:49PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 11:24AM – 12:53PM	Catuspada Until 6:15AM	<b>Nataraja:</b> Orange	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 6:44PM	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Pausha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM

<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Paramaribo, Suriname Sun 14 Sutra 286 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:57AM – 8:26AM	<b>Shravana</b> Until 8:08PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:57AM	
Makara Rasi: 16.04	Tithi 1	Yama 2:22PM – 3:51PM	Siddhi Until 5:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:49PM	Moon 1 - Phase 39
	995623466	<b>Rahu</b> 9:55AM – 11:24AM	Kintughna Until 7:23AM	<b>Nataraja:</b> Orange	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:05PM	Moon – Purple	<b>Bhuloka Day</b>
				<b>Magha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Variyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Paramaribo, Suriname Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 28.22	Tithi 2	<b>Gulika</b> 3:51PM – 5:20PM	<b>Dhanishtha Until 10:21PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:57AM		
		Yama 12:53PM – 2:22PM	Vyatipata* Until 5:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM		Moon 1 - Phase 40
		995723466 <b>Rahu</b> 5:20PM – 6:49PM	Balava Until 8:56AM	<b>Nataraja:</b> Orange			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 9:50PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 10:21PM				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau			Paramaribo, Suriname Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 10.31	Tithi 3	<b>Gulika</b> 2:22PM – 3:51PM	<b>Shatabhishak Until 12:45AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:57AM		
<b>Family Home Evening</b>		Yama 11:24AM – 12:53PM	Variyan Until 6:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM		Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:26AM – 9:55AM	Taitila Until 10:52AM	<b>Nataraja:</b> Orange			3rd Phase
Until 12:45AM Tue			<b>Tritiya Until 11:56PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>			

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtpada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau			Paramaribo, Suriname Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 22.31	Tithi 4	<b>Gulika</b> 12:54PM – 2:23PM	<b>Purvaproshtpada* Until 3:44AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:57AM		
		Yama 9:55AM – 11:24AM	Parigha* Until 7:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM		Moon 1 - Phase 40
		915723466 <b>Rahu</b> 3:52PM – 5:21PM	Vanija Until 1:06PM	<b>Nataraja:</b> Orange			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 2:18AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 3:44AM Wed				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau			Paramaribo, Suriname Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 4.27	Tithi 5	<b>Gulika</b> 11:25AM – 12:54PM	<b>Uttaraproshtpada Until 6:41AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:57AM		
		Yama 8:26AM – 9:55AM	Shiva Until 7:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM		Moon 1 - Phase 40
		915723466 <b>Rahu</b> 12:54PM – 2:23PM	Bava Until 3:34PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 4:49AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Magha-Thai</b>			

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Siddha Yoga Kaulava Karana Shashthyam Titau			Paramaribo, Suriname Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 16.19	Tithi 6	<b>Gulika</b> 9:56AM – 11:25AM	<b>Uttaraproshtpada Until 6:41AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:57AM		
		Yama 6:57AM – 8:26AM	Siddha Until 8:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM		Moon 1 - Phase 40
		915723466 <b>Rahu</b> 2:23PM – 3:52PM	Kaulava Until 6:06PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 7:19AM Fri</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Magha-Thai</b>			

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Paramaribo, Suriname Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 28.12	Tithi 6 – 7	<b>Gulika</b> 8:26AM – 9:56AM	<b>Revati Until 9:26AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:57AM		
		Yama 3:52PM – 5:22PM	Sadhya Until 9:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM		Moon 1 - Phase 40
		916723466 <b>Rahu</b> 11:25AM – 12:54PM	Gara Until 8:32PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 7:19AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 9:26AM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Paramaribo, Suriname Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 10.09	Tithi 7 – 8	<b>Gulika</b> 6:57AM – 8:26AM	<b>Ashvini Until 12:20PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:57AM		
		Yama 2:23PM – 3:52PM	Subha Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM		Moon 1 - Phase 40
		926723466 <b>Rahu</b> 9:56AM – 11:25AM	Visti Until 10:40PM	<b>Nataraja:</b> Orange			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 9:38AM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Paramaribo, Suriname Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 22.14	Tithi 8 – 9	<b>Gulika</b> 3:53PM – 5:22PM	<b>Bharani Until 2:39PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:57AM		
		Yama 12:54PM – 2:23PM	Sukla Until 10:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM		Moon 1 - Phase 40
		926723466 <b>Rahu</b> 5:22PM – 6:51PM	Balava Until 12:18AM Mon	<b>Nataraja:</b> Orange			Navami
Routine Work	Prabalarishta Yoga		<b>Ashtami* Until 11:32AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 2:39PM				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Paramaribo, Suriname Sun 23 Sutra 295 Vikarin 5121
<b>1</b>	Vrishabha Rasi: 4.34 Tithi 9 – 10 <b>Family Home Evening</b> Routine Work Marana Yoga Until 4:12PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:23PM – 3:53PM Yama 11:25AM – 12:54PM <b>Rahu</b> 8:27AM – 9:56AM	<b>Krittika Until 4:12PM</b> Brahma Until 9:42PM Taitila Until 1:13AM Tue <b>Navami* Until 12:50PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:51PM</i> <b>Nataraja:</b> Orange Moon – White <b>Magha*Thai</b>	Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Paramaribo, Suriname Sun 24 Sutra 296 Vikarin 5121
<b>2</b>	Vrishabha Rasi: 17.13 Tithi 10 – 11 936723467 Creative Work Amrita Yoga Until 5:20PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:54PM – 2:24PM Yama 9:56AM – 11:25AM <b>Rahu</b> 3:53PM – 5:22PM	<b>Rohini Until 5:20PM</b> Indra Until 8:44PM Vanija Until 1:19AM Wed <b>Dashami Until 1:21PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:51PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>	Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>


<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau			Paramaribo, Suriname Sun 25 Sutra 297 Vikarin 5121
<b>3</b>	Mithuna Rasi: 0.16 Tithi 11 – 12 936723467 Creative Work Siddha Yoga	<b>Gulika</b> 11:25AM – 12:54PM Yama 8:27AM – 9:56AM <b>Rahu</b> 12:54PM – 2:24PM	<b>Mrigashira Until 5:29PM</b> Vaidhriti* Until 7:05PM Bava Until 12:35AM Thu <b>Ekadashi Until 1:02PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>	Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau			Paramaribo, Suriname Sun 26 Sutra 298 Vikarin 5121
<b>4</b>	Mithuna Rasi: 13.45 Tithi 12 – 13 936723467 Routine Work Marana Yoga Until 4:41PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:56AM – 11:25AM Yama 6:57AM – 8:27AM <b>Rahu</b> 2:24PM – 3:53PM	<b>Ardra Until 4:41PM</b> Vishkambha* Until 4:48PM Kaulava Until 11:03PM <b>Dvodashi Until 11:54AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>	Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

*Pradosha Vrata*

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Paramaribo, Suriname Sun 27 Sutra 299 Vikarin 5121
<b>5</b>	Mithuna Rasi: 27.42 Tithi 13 – 14 947723467 Creative Work Siddha Yoga Until 3:28PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:27AM – 9:56AM Yama 3:53PM – 5:23PM <b>Rahu</b> 11:25AM – 12:55PM	<b>Punarvasu Until 3:28PM</b> Priti Until 1:57PM Gara Until 8:50PM <b>Trayodashi Until 10:00AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>	Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Paramaribo, Suriname Sutra 300 Vikarin 5121
	<b>Copper Retreat Star</b> Kataka Rasi: 12.04 Tithi 14 – 15 947723467 Creative Work Siddha Yoga Until 1:31PM Then Routine Work - Marana Yoga	<b>Gulika</b> 6:57AM – 8:26AM Yama 2:24PM – 3:53PM <b>Rahu</b> 9:56AM – 11:25AM	<b>Pushya Until 1:31PM</b> Ayushman Until 10:36AM Visti Until 6:03PM <b>Chaturdashi* Until 7:29AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>	Moon 1 - Phase 41 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			Paramaribo, Suriname Sutra 301 Vikarin 5121
	<b>Silver Retreat Star</b> Kataka Rasi: 26.47 Tithi 16 947723467 Creative Work Siddha Yoga Until 11:01AM Then Routine Work - Marana Yoga	<b>Gulika</b> 3:53PM – 5:23PM Yama 12:55PM – 2:24PM <b>Rahu</b> 5:23PM – 6:52PM	<b>Ashlesha* Until 11:01AM</b> Saubhagya Until 6:54AM Balava Until 2:54PM <b>Prathama* Until 1:13AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>	Moon 1 - Phase 41 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Paramaribo, Suriname

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 11.44 Tithi 17

Family Home Evening

957723467

Gulika

2:24PM - 3:54PM

Magha\* Until 8:33AM

Ganesha: Red

Sunrise: 6:57AM

Yama

11:25AM - 12:55PM

Athiganda\* Until 10:56PM

Muruqa: Clear

Sunset: 6:52PM

Routine Work Marana Yoga

Until 8:33AM

Then Creative Work - Siddha Yoga

Rahu

8:26AM - 9:56AM

Taitila Until 11:31AM

Nataraja: Clear

Moon - Red

Magha\*Thai

Devaloka Day

Tuesday, February 11, 2020

1

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Paramaribo, Suriname

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 26.44 Tithi 18

Creative Work Amrita Yoga

Until 3:08AM Wed

Then Routine Work - Marana Yoga

957723467

Gulika

12:55PM - 2:24PM

Uttaraphalguni Until 3:08AM Wed

Ganesha: Red

Sunrise: 6:57AM

Yama

9:56AM - 11:25AM

Sukarma Until 6:57PM

Muruqa: Clear

Sunset: 6:53PM

Wednesday, February 12, 2020

2

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Paramaribo, Suriname

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 11.41 Tithi 19 - 20

Routine Work Marana Yoga

Until 12:56AM Thu

Then Creative Work - Siddha Yoga

967723467

Gulika

11:25AM - 12:55PM

Hasta Until 12:56AM Thu

Ganesha: Green

Sunrise: 6:57AM

Yama

8:26AM - 9:56AM

Dhriti Until 3:07PM

Muruqa: Clear

Sunset: 6:53PM

Thursday, February 13, 2020

3

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Paramaribo, Suriname

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 26.25 Tithi 20 - 21

Creative Work Siddha Yoga

Until 10:58PM

Then Creative Work - Amrita Yoga

968723467

Gulika

9:56AM - 11:25AM

Chitra Until 10:58PM

Ganesha: White

Sunrise: 6:56AM

Yama

6:56AM - 8:26AM

Shula\* Until 11:32AM

Muruqa: Clear

Sunset: 6:53PM

Friday, February 14, 2020

4

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Paramaribo, Suriname

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 10.5 Tithi 21 - 22

Creative Work Siddha Yoga

968723467

Gulika

8:26AM - 9:55AM

Svati Until 9:23PM

Ganesha: White

Sunrise: 6:56AM

Yama

3:54PM - 5:23PM

Ganda\* Until 8:20AM

Muruqa: Clear

Sunset: 6:53PM

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Paramaribo, Suriname

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 24.55 Tithi 22 - 23

Creative Work Siddha Yoga

978723467

Gulika

6:56AM - 8:26AM

Vishakha Until 8:39PM

Ganesha: Clear

Sunrise: 6:56AM

Yama

2:24PM - 3:54PM

Dhruva Until 3:17AM Sun

Muruqa: Clear

Sunset: 6:53PM

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Paramaribo, Suriname

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 8.37 Tithi 23 - 24

Routine Work Marana Yoga

978723467

Gulika

3:54PM - 5:23PM

Anuradha Until 8:23PM

Ganesha: Clear

Sunrise: 6:56AM

Yama

12:55PM - 2:24PM

Vyaghata\* Until 1:30AM Mon

Muruqa: Clear

Sunset: 6:53PM

Then Creative Work - Siddha Yoga

Rahu

5:23PM - 6:53PM

Taitila Until 6:22PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Paramaribo, Suriname Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 21.58	Tithi 24 – 25	<b>Gulika</b>	2:24PM – 3:54PM	<b>Jyeshtha* Until 8:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:56AM
<b>Family Home Evening</b>	978723467	<b>Yama</b>	11:25AM – 12:54PM	Harshana Until 12:12AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:53PM
Creative Work	Siddha Yoga	<b>Rahu</b>	8:25AM – 9:55AM	Vanija Until 6:01PM	<b>Nataraja:</b> Clear
				Navami* Until 6:06AM	Moon – Orange
					<b>Magha-Masi</b>
					<b>Devaloka Day</b>

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Paramaribo, Suriname Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 5	Tithi 25 – 26	<b>Gulika</b>	12:54PM – 2:24PM	<b>Mula* Until 9:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:56AM
	988723467	<b>Yama</b>	9:55AM – 11:25AM	Vajra* Until 11:19PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:53PM
Creative Work	Amrita Yoga	<b>Rahu</b>	3:54PM – 5:24PM	Bava Until 6:16PM	<b>Nataraja:</b> Clear
Until 9:36PM				Dashami Until 6:03AM	Moon – Light Blue
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Paramaribo, Suriname Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 17.46	Tithi 26 – 27	<b>Gulika</b>	11:25AM – 12:54PM	<b>Purvashadha* Until 10:58PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:55AM
	988723467	<b>Yama</b>	8:25AM – 9:55AM	Siddhi Until 10:49PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:53PM
Creative Work	Amrita Yoga	<b>Rahu</b>	12:54PM – 2:24PM	Kaulava Until 7:01PM	<b>Nataraja:</b> Clear
				Ekadashi* Until 6:34AM	Moon – Light Blue
					<b>Magha-Masi</b>
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Paramaribo, Suriname Sun 10 Sutra 312 Vikarin 5121
Makara Rasi: 0.19	Tithi 27 – 28	<b>Gulika</b>	9:55AM – 11:24AM	<b>Uttarashadha Until 12:35AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:55AM
	989823467	<b>Yama</b>	6:55AM – 8:25AM	Vyatipata* Until 10:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:53PM
Routine Work	Marana Yoga	<b>Rahu</b>	2:24PM – 3:54PM	Gara Until 8:12PM	<b>Nataraja:</b> Clear
				Dvadashi* Until 7:32AM	Moon – Light Blue
					<b>Magha-Masi</b>
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Paramaribo, Suriname Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 12.41	Tithi 28 – 29	<b>Gulika</b>	8:25AM – 9:54AM	<b>Shravana Until 2:52AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:55AM
	999823467	<b>Yama</b>	3:54PM – 5:24PM	Varyan Until 10:45PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:53PM
Routine Work	Marana Yoga	<b>Rahu</b>	11:24AM – 12:54PM	Visti Until 9:45PM	<b>Nataraja:</b> Clear
Until 2:52AM Sat				Trayodashi* Until 8:55AM	Moon – Purple
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>			<b>Magha-Masi</b>
		<b>Mahasivaratri (Solar)</b>			<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>●</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Paramaribo, Suriname Sun 12 Sutra 314 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b>	6:55AM – 8:24AM	<b>Dhanishtha Until 5:16AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:55AM
Makara Rasi: 24.55	Tithi 29 – 30	<b>Yama</b>	2:24PM – 3:54PM	Parigha* Until 11:04PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:53PM
	999823467	<b>Rahu</b>	9:54AM – 11:24AM	Catuspada Until 11:36PM	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga			Chaturdashi* Until 10:37AM	Moon – Purple
					<b>Magha-Masi</b>
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>●</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Paramaribo, Suriname Sun 13 Sutra 315 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b>	3:54PM – 5:24PM	<b>Shatabhishak Until 7:43AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:54AM
Kumbha Rasi: 7.02	Tithi 30 – 1	<b>Yama</b>	12:54PM – 2:24PM	Shiva Until 11:36PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:53PM
	999823467	<b>Rahu</b>	5:24PM – 6:53PM	Kintughna Until 1:42AM Mon	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga			Amavasya* Until 12:36PM	Moon – Purple
Until 7:43AM Mon					<b>Phalgun-Masi</b>
Then Routine Work - Marana Yoga					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Paramaribo, Suriname Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 19.03 Tithi 1 – 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 7:43AM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:24PM – 3:54PM Yama 11:24AM – 12:54PM <b>Rahu</b> 8:24AM – 9:54AM	<b>Shatabhishak</b> Until 7:43AM Siddha Until 12:15AM Tue Balava Until 4:00AM Tue <b>Prathama*</b> Until 2:48PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:54AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Paramaribo, Suriname Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Meena Rasi: 1 Tithi 2 – 3 919823467 Routine Work Marana Yoga Until 10:41AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 12:54PM – 2:24PM Yama 9:54AM – 11:24AM <b>Rahu</b> 3:53PM – 5:23PM	<b>Purvaprosarthapada*</b> Until 10:41AM Sadhya Until 1:02AM Wed Taitila Until 6:27AM Wed <b>Dvitiya</b> Until 5:11PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:54AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Paramaribo, Suriname Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 12.53 Tithi 3 919823467 Creative Work Siddha Yoga Until 1:36PM Then Routine Work - Marana Yoga	<b>Gulika</b> 11:23AM – 12:53PM Yama 8:23AM – 9:53AM <b>Rahu</b> 12:53PM – 2:23PM	<b>Uttaraprosarthapada</b> Until 1:36PM Subha Until 1:55AM Thu Taitila Until 6:27AM <b>Tritiya</b> Until 7:41PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthayam Titau				Paramaribo, Suriname Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 24.46 Tithi 4 919823467 Creative Work Siddha Yoga Until 4:25PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:53AM – 11:23AM Yama 6:53AM – 8:23AM <b>Rahu</b> 2:23PM – 3:53PM	<b>Revati</b> Until 4:25PM Sukla Until 2:45AM Fri Vanija Until 8:58AM <b>Chaturthi*</b> Until 10:12PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Paramaribo, Suriname Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 6.38 Tithi 5 921823467 Creative Work Amrita Yoga Until 7:29PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:23AM – 9:53AM Yama 3:53PM – 5:23PM <b>Rahu</b> 11:23AM – 12:53PM	<b>Ashvini</b> Until 7:29PM Brahma Until 3:31AM Sat Bava Until 11:27AM <b>Panchami</b> Until 12:37AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Paramaribo, Suriname Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 18.34 Tithi 6 921823467 Creative Work Siddha Yoga Until 10:10PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 6:52AM – 8:23AM Yama 2:23PM – 3:53PM <b>Rahu</b> 9:53AM – 11:23AM	<b>Bharani</b> Until 10:10PM Indra Until 4:05AM Sun Kaulava Until 1:45PM <b>Shashthi*</b> Until 2:45AM Sun	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:52AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Paramaribo, Suriname Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:53PM – 5:23PM Yama 12:52PM – 2:23PM 921833467 <b>Rahu</b> 5:23PM – 6:53PM	<b>Krittika</b> Until 12:16AM Mon Vaidhriti* Until 4:14AM Mon Gara Until 3:41PM <b>Saptami</b> Until 4:25AM Mon	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:52AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Paramaribo, Suriname Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:22PM – 3:53PM Yama 11:22AM – 12:52PM 931833467 <b>Rahu</b> 8:22AM – 9:52AM	<b>Rohini</b> Until 2:04AM Tue Vishkambha* Until 3:54AM Tue Visti Until 5:01PM <b>Ashtami*</b> Until 5:23AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>
<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Paramaribo, Suriname Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 12:52PM – 2:22PM Yama 9:52AM – 11:22AM 931833467 <b>Rahu</b> 3:53PM – 5:23PM	<b>Mrigashira</b> Until 2:55AM Wed Priti Until 2:57AM Wed Balava Until 5:36PM <b>Navami*</b> Until 5:33AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 6:53PM	Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Paramaribo, Suriname Sun 23 Sutra 325 Vikarin 5121
	Mithuna Rasi: 8.2	Tithi 10	<b>Gulika</b> 11:22AM – 12:52PM Yama 8:21AM – 9:51AM 131833467 <b>Rahu</b> 12:52PM – 2:22PM	<b>Ardra Until 2:47AM Thu</b> Ayushman Until 1:18AM Thu Taitila Until 5:19PM <b>Dashami Until 4:49AM Thu</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:51AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:53PM <b>Nataraja:</b> Clear Moon – Yellow <b>Devaloka Day</b> Phalguna-Masi
Creative Work Siddha Yoga Until 2:47AM Thu Then Creative Work - Amrita Yoga					


<b>2</b>	<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Paramaribo, Suriname Sun 24 Sutra 326 Vikarin 5121
	Mithuna Rasi: 21.44	Tithi 11	<b>Gulika</b> 9:51AM – 11:21AM Yama 6:50AM – 8:21AM 141833467 <b>Rahu</b> 2:22PM – 3:52PM	<b>Punarvasu Until 2:05AM Fri</b> Saubhagya Until 10:58PM Vanija Until 4:09PM <b>Ekadashi Until 3:14AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:53PM <b>Nataraja:</b> Clear Moon – Blue <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Phalguna-Masi
Creative Work Amrita Yoga Until 2:05AM Fri Then Routine Work - Marana Yoga					

<b>3</b>	<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Paramaribo, Suriname Sun 25 Sutra 327 Vikarin 5121
	Kataka Rasi: 5.37	Tithi 12	<b>Gulika</b> 8:20AM – 9:51AM Yama 3:52PM – 5:22PM 141833467 <b>Rahu</b> 11:21AM – 12:51PM	<b>Pushya Until 12:29AM Sat</b> Sobhana Until 8:00PM Bava Until 2:10PM <b>Dvadashi Until 12:53AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:53PM <b>Nataraja:</b> Clear Moon – Blue <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Phalguna-Masi
Routine Work Marana Yoga					

<b>4</b>	<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Paramaribo, Suriname Sun 26 Sutra 328 Vikarin 5121
	Kataka Rasi: 20	Tithi 13	<b>Gulika</b> 6:50AM – 8:20AM Yama 2:21PM – 3:52PM 141833467 <b>Rahu</b> 9:50AM – 11:21AM	<b>Ashlesha* Until 6:27PM Sun</b> Athiganda* Until 4:29PM Kaulava Until 11:29AM <b>Trayodashi Until 9:54PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:53PM <b>Nataraja:</b> Clear Moon – Blue <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Phalguna-Masi
Routine Work Marana Yoga Until 6:27PM Sun Then Creative Work - Amrita Yoga <i>Pradosha Vrata</i>					

<b>5</b>	<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Paramaribo, Suriname Sun 27 Sutra 329 Vikarin 5121
	Simha Rasi: 4.49	Tithi 14	<b>Gulika</b> 3:52PM – 5:22PM Yama 12:51PM – 2:21PM 151833467 <b>Rahu</b> 5:22PM – 6:53PM	<b>Ashlesha* Until 6:27PM</b> Sukarma Until 7:83AM Mon Gara Until 8:15AM <b>Chaturdashi* Until 6:27PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:49AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:53PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Phalguna-Masi
Routine Work Marana Yoga Until 6:27PM Then Creative Work - Siddha Yoga Chidambaram Abhishekam					

	<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Paramaribo, Suriname Sutra 330 Vikarin 5121
	Simha Rasi: 19.56	Tithi 15 – 16	<b>Gulika</b> 2:21PM – 3:51PM Yama 11:20AM – 12:51PM 152833467 <b>Rahu</b> 8:19AM – 9:50AM	<b>Purvaphalguni Until 4:34PM</b> Dhriti Until 8:23AM Balava Until 12:49AM Tue <b>Purnima* Until 2:43PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:49AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Clear Moon – Red <b>Sivaloka Day</b> Phalguna-Masi
Family Home Evening Creative Work Siddha Yoga Holi					

	<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Paramaribo, Suriname Sutra 331 Vikarin 5121
	Kanya Rasi: 5.13	Tithi 16 – 17	<b>Gulika</b> 12:50PM – 2:21PM Yama 9:49AM – 11:20AM 152833467 <b>Rahu</b> 3:51PM – 5:22PM	<b>Uttaraphalguni Until 1:22PM</b> Ganda* Until 11:41PM Taitila Until 8:59PM <b>Prathama* Until 10:53AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:48AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Clear Moon – Red <b>Sivaloka Day</b> Phalguna-Masi
Creative Work Amrita Yoga Until 1:22PM Then Creative Work - Siddha Yoga					



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Visti\* Karana Dvitiya/Tritiyam Titau

Paramaribo, Suriname

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 20.28 Tithi 17 - 18

162833467

Gulika

11:19AM - 12:50PM

Hasta Until 10:31AM

Ganesha: Clear

Sunrise: 6:48AM

Yama

8:18AM - 9:49AM

Vriddhi Until 7:31PM

Muruqa: Orange

Sunset: 6:52PM

Rahu

12:50PM - 2:21PM

Visti Until 3:33AM Thu

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Until 10:31AM

Then Creative Work - Siddha Yoga

Thursday, March 12, 2020

1

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Paramaribo, Suriname

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 5.32 Tithi 19

162833467

Gulika

9:49AM - 11:19AM

Chitra Until 7:49AM

Ganesha: Clear

Sunrise: 6:47AM

Yama

6:47AM - 8:18AM

Dhruva Until 3:36PM

Muruqa: Orange

Sunset: 6:52PM

Rahu

2:20PM - 3:51PM

Bava Until 1:57PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 7:49AM

Then Creative Work - Amrita Yoga

Friday, March 13, 2020

2

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Paramaribo, Suriname

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 20.16 Tithi 20

172833467

Gulika

8:18AM - 9:48AM

Vishakha Until 3:51AM Sat

Ganesha: Purple

Sunrise: 6:47AM

Yama

3:51PM - 5:21PM

Vyaghata\* Until 12:06PM

Muruqa: Orange

Sunset: 6:52PM

Rahu

11:19AM - 12:49PM

Kaulava Until 11:04AM

Nataraja: Clear

Moon - Orange

Sivaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Panchami Until 9:50PM

Saturday, March 14, 2020

3

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Paramaribo, Suriname

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 4.35 Tithi 21

172833468

Gulika

6:47AM - 8:17AM

Anuradha Until 2:52AM Sun

Ganesha: Purple

Sunrise: 6:47AM

Yama

2:20PM - 3:50PM

Harshana Until 9:08AM

Muruqa: Orange

Sunset: 6:52PM

Rahu

9:48AM - 11:19AM

Gara Until 8:49AM

Nataraja: Purple

Moon - Orange

Subha Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Until 2:52AM Sun

Then Routine Work - Marana Yoga

Karadayian Nombu (Tamil Nadu)

Shashthi\* Until 7:56PM

Sunday, March 15, 2020

4

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saplamyam Titau

Paramaribo, Suriname

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 18.26 Tithi 22

172833468

Gulika

3:50PM - 5:21PM

Jyeshtha\* Until 2:31AM Mon

Ganesha: Purple

Sunrise: 6:46AM

Yama

12:49PM - 2:20PM

Vajra\* Until 6:44AM

Muruqa: Orange

Sunset: 6:52PM

Rahu

5:21PM - 6:52PM

Visti Until 7:17AM

Nataraja: Purple

Moon - Orange

Subha Sivaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

Until 2:31AM Mon

Then Creative Work - Siddha Yoga

Saptami Until 6:48PM

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Mula\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Paramaribo, Suriname

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 1.5 Tithi 23

182933468

Gulika

2:19PM - 3:50PM

Mula\* Until 3:13AM Tue

Ganesha: Purple

Sunrise: 6:46AM

Yama

11:18AM - 12:49PM

Vyatipata\* Until 3:50AM Tue

Muruqa: Orange

Sunset: 6:52PM

Rahu

8:16AM - 9:47AM

Balava Until 6:33AM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Phalguna-Panguni

Family Home Evening

Creative Work Siddha Yoga

Ashtami\* Until 6:28PM

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha\* Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Paramaribo, Suriname

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 14.49 Tithi 24

182933468

Gulika

12:48PM - 2:19PM

Purvashadha\* Until 4:29AM Wed

Ganesha: Purple

Sunrise: 6:45AM

Yama

9:47AM - 11:18AM

Variyan Until 3:14AM Wed

Muruqa: Orange

Sunset: 6:51PM

Rahu

3:50PM - 5:21PM

Taitila Until 6:36AM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Until 4:29AM Wed

Then Creative Work - Amrita Yoga

Navami\* Until 6:52PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukhtayam Uttarashadha Nakshatra Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Paramaribo, Suriname Sun 8 Sutra 339 Vikarin 5121	
Dhanus Rasi: 27.27	Tithi 25	<b>Gulika</b> 11:17AM – 12:48PM	<b>Uttarashadha</b> Until 6:10AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM		
		Yama 8:16AM – 9:46AM	Parigha* Until 3:07AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47	
		182933468 <b>Rahu</b> 12:48PM – 2:19PM	Vanija Until 7:21AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 7:57PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 6:10AM Thu				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukhtayam Uttarashadha/Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Paramaribo, Suriname Sun 9 Sutra 340 Vikarin 5121	
Makara Rasi: 9.49	Tithi 26	<b>Gulika</b> 9:46AM – 11:17AM	<b>Uttarashadha</b> Until 6:10AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM		
		Yama 6:44AM – 8:15AM	Shiva Until 3:23AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47	
		182933468 <b>Rahu</b> 2:19PM – 3:49PM	Bava Until 8:42AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 9:32PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 6:10AM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukhtayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Paramaribo, Suriname Sun 10 Sutra 341 Vikarin 5121	
Makara Rasi: 22	Tithi 27	<b>Gulika</b> 8:15AM – 9:46AM	<b>Shravana</b> Until 8:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:44AM		
		Yama 3:49PM – 5:20PM	Siddha Until 3:53AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47	
		192933468 <b>Rahu</b> 11:17AM – 12:47PM	Kaulava Until 10:30AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 11:29PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 8:37AM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yukhtayam Dhanishtha/Shalabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Paramaribo, Suriname Sun 11 Sutra 342 Vikarin 5121	
Kumbha Rasi: 4.04	Tithi 28	<b>Gulika</b> 6:43AM – 8:14AM	<b>Dhanishtha</b> Until 11:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM		
		Yama 2:18PM – 3:49PM	Sadhya Until 4:34AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47	
		192933468 <b>Rahu</b> 9:45AM – 11:16AM	Gara Until 12:36PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:42AM Sun	Moon – Purple		<b>Sivaloka Day</b>	
Until 11:12AM				<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yukhtayam Shalabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Paramaribo, Suriname Sun 12 Sutra 343 Vikarin 5121	
Kumbha Rasi: 16.01	Tithi 29	<b>Gulika</b> 3:49PM – 5:20PM	<b>Shatabhishak</b> Until 1:48PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM		
		Yama 12:47PM – 2:18PM	Subha Until 5:22AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47	
		193933468 <b>Rahu</b> 5:20PM – 6:51PM	Visti Until 2:53PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 4:03AM Mon	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Paramaribo, Suriname Sun 13 Sutra 344 Vikarin 5121	
Kumbha Rasi: 27.56	Tithi 30	<b>Gulika</b> 2:18PM – 3:49PM	<b>Purvaproshtapada*</b> Until 4:51PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:43AM		
<b>Family Home Evening</b>		Yama 11:16AM – 12:47PM	Sukla Until 6:12AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 47	
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 8:14AM – 9:45AM	Catuspada Until 5:17PM	<b>Nataraja:</b> Purple		Amavasya	
Until 4:51PM			<b>Amavasya*</b> Until 6:28AM Tue	Moon – Clear		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>			

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yukhtayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Paramaribo, Suriname Sun 14 Sutra 345 Vikarin 5121	
Meena Rasi: 9.5	Tithi 30 – 1	<b>Gulika</b> 12:46PM – 2:17PM	<b>Uttaraproshtapada</b> Until 7:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:42AM		
		Yama 9:44AM – 11:15AM	Sukla Until 6:12AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 47	
		113933468 <b>Rahu</b> 3:48PM – 5:19PM	Kintughna Until 7:43PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 6:28AM	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>			
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Paramaribo, Suriname Sun 15 Sutra 346	
Meena Rasi: 21.43	Tithi 1 – 2	<b>Gulika</b> 11:15AM – 12:46PM	<b>Revati Until 10:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:42AM		Vikarin 5121
		Yama 8:13AM – 9:44AM	Brahma Until 7:04AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:50PM		Moon 3 - Phase 48
		113933468 <b>Rahu</b> 12:46PM – 2:17PM	Balava Until 10:10PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 8:55AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Paramaribo, Suriname Sun 16 Sutra 347	
Mesha Rasi: 3.35	Tithi 2 – 3	<b>Gulika</b> 9:43AM – 11:15AM	<b>Ashvini Until 1:36AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:41AM		Vikarin 5121
		Yama 6:41AM – 8:12AM	Indra Until 7:55AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:50PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 2:17PM – 3:48PM	Taitila Until 12:33AM Fri	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 11:21AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 1:36AM Fri		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Paramaribo, Suriname Sun 17 Sutra 348	
Mesha Rasi: 15.31	Tithi 3 – 4	<b>Gulika</b> 8:12AM – 9:43AM	<b>Bharani Until 4:19AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:41AM		Vikarin 5121
		Yama 3:48PM – 5:19PM	Vaidhriti* Until 8:41AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:50PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 11:14AM – 12:45PM	Vanija Until 2:47AM Sat	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 1:40PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 4:19AM Sat				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Paramaribo, Suriname Sun 18 Sutra 349	
Mesha Rasi: 27.3	Tithi 4 – 5	<b>Gulika</b> 6:40AM – 8:11AM	<b>Krittika Until 6:37AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:40AM		Vikarin 5121
		Yama 2:16PM – 3:47PM	Vishkambha* Until 9:20AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:50PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 9:43AM – 11:14AM	Bava Until 4:44AM Sun	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 3:47PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 6:37AM Sun				<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Paramaribo, Suriname Sun 19 Sutra 350	
Wrishabha Rasi: 9.35	Tithi 5 – 6	<b>Gulika</b> 3:47PM – 5:18PM	<b>Krittika Until 6:37AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:40AM		Vikarin 5121
		Yama 12:45PM – 2:16PM	Priti Until 9:46AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:50PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 5:18PM – 6:50PM	Kaulava Until 6:16AM Mon	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 5:33PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Paramaribo, Suriname Sun 20 Sutra 351	
Wrishabha Rasi: 21.52	Tithi 6	<b>Gulika</b> 2:16PM – 3:47PM	<b>Rohini Until 8:50AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:39AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 11:13AM – 12:44PM	Ayushman Until 9:50AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:49PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 8:11AM – 9:42AM	Kaulava Until 6:16AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 6:49PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Paramaribo, Suriname Sun 21 Sutra 352	
Mithuna Rasi: 4.23	Tithi 7	<b>Gulika</b> 12:44PM – 2:15PM	<b>Mrigashira Until 10:17AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:39AM		Vikarin 5121
		Yama 9:42AM – 11:13AM	Saubhagya Until 9:26AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:49PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:47PM – 5:18PM	Gara Until 7:13AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 7:25PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 10:17AM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Paramaribo, Suriname Sun 22 Sutra 353	
Mithuna Rasi: 17.14	Tithi 8	<b>Gulika</b> 11:13AM – 12:44PM	<b>Ardra Until 10:53AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:39AM		Vikarin 5121
		Yama 8:10AM – 9:42AM	Sobhana Until 8:29AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:49PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 12:44PM – 2:15PM	Visti Until 7:26AM	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 7:14PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau		Paramaribo, Suriname Sun 23 Sutra 354	
Kataka Rasi: 0.31	Tithi 9	<b>Gulika</b> 9:41AM – 11:12AM	<b>Punarvasu Until 10:59AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM		Vikarin 5121
		Yama 6:38AM – 8:10AM	Athiganda* Until 6:52AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:49PM		Moon 3 - Phase 48
		143933468 <b>Rahu</b> 2:15PM – 3:46PM	Balava Until 6:51AM	<b>Nataraja:</b> Purple			Navami
Creative Work	Amrita Yoga		<b>Navami* Until 6:13PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau	Paramaribo, Suriname Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 14.14	Tithi 10 – 11	<b>Gulika</b> 8:09AM – 9:41AM	<b>Pushya Until 10:08AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:38AM	Vikarin 5121
		Yama 3:46PM – 5:18PM	Dhriti Until 1:46AM Sat	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 11:12AM – 12:44PM	Vanija Until 3:15AM Sat	<b>Nataraja:</b> Purple	4th Phase
				Moon – Blue	
		<b>Yogaswami Mahasamadhi</b>	<b>Dashami Until 4:25PM</b>	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>

<b>2</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Paramaribo, Suriname Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 28.28	Tithi 11 – 12	<b>Gulika</b> 6:38AM – 8:09AM	<b>Ashlesha* Until 8:24AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:38AM	Vikarin 5121
		Yama 2:15PM – 3:46PM	Shula* Until 10:20PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 9:40AM – 11:12AM	Bava Until 12:25AM Sun	<b>Nataraja:</b> Purple	4th Phase
Until 8:24AM				Moon – Blue	
Then Creative Work - Amrita Yoga			<b>Ekadashi Until 1:54PM</b>	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>

<b>3</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Paramaribo, Suriname Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 13.07	Tithi 12 – 13	<b>Gulika</b> 3:46PM – 5:17PM	<b>Magha* Until 6:19AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:37AM	Vikarin 5121
		Yama 12:43PM – 2:14PM	Ganda* Until 6:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	153933468 <b>Rahu</b> 5:17PM – 6:49PM	Kaulava Until 9:05PM	<b>Nataraja:</b> Purple	4th Phase
Until 6:19AM				Moon – Red	
Then Creative Work - Siddha Yoga			<b>Dvadashi Until 10:47AM</b>	<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>
			<i>Pradosha Vrata</i>		

<b>4</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau	Paramaribo, Suriname Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 28.08	Tithi 13 – 14	<b>Gulika</b> 2:14PM – 3:46PM	<b>Uttaraphalguni Until 12:32AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 11:11AM – 12:43PM	Vriddhi Until 2:21PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 8:08AM – 9:40AM	Vanija Until 3:27AM Tue	<b>Nataraja:</b> Purple	4th Phase
				Moon – Red	
			<b>Trayodashi Until 7:15AM</b>	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau	Paramaribo, Suriname Sutra 359 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:42PM – 2:14PM	<b>Hasla Until 9:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:36AM	Vikarin 5121
Kanya Rasi: 13.23	Tithi 15	Yama 9:39AM – 11:11AM	Dhruva Until 10:01AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:45PM – 5:17PM	Visti Until 1:31PM	<b>Nataraja:</b> Purple	Purnima
				Moon – Green	
		<b>Panguni Uttiram</b>	<b>Purnima* Until 11:33PM</b>	<b>Chaitra•Panguni</b>	<b>Devaloka Day</b>
		<b>Hanuman Jayanti</b>			

<b>Wednesday, April 8, 2020</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau	Paramaribo, Suriname Sutra 360 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:11AM – 12:42PM	<b>Chitra Until 6:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:36AM	Vikarin 5121
Kanya Rasi: 28.41	Tithi 16	Yama 8:07AM – 9:39AM	Harshana Until 1:27AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:48PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 12:42PM – 2:14PM	Balava Until 9:39AM	<b>Nataraja:</b> Purple	Prathama
				Moon – Green	
			<b>Prathama* Until 7:45PM</b>	<b>Chaitra•Panguni</b>	<b>Devaloka Day</b>





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Paramaribo, Suriname  
Sun 1 Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 13.52 Tithi 17 – 18

**Gulika** 9:39AM – 11:10AM  
Yama 6:35AM – 8:07AM  
164134468 **Rahu** 2:13PM – 3:45PM

**Svati** Until 3:39PM  
Vajra\* Until 9:28PM  
Vanija Until 2:36AM Fri  
Dvitiya Until 4:12PM

**Ganesha:** White *Sunrise: 6:35AM*  
**Muruqa:** Clear *Sunset: 6:48PM*  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 3:39PM  
Then Creative Work - Siddha Yoga

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Paramaribo, Suriname  
Sun 2 Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 28.46 Tithi 18 – 19

**Gulika** 8:07AM – 9:38AM  
Yama 3:45PM – 5:16PM  
174134468 **Rahu** 11:10AM – 12:42PM

**Vishakha** Until 1:27PM  
Siddhi Until 5:54PM  
Bava Until 11:46PM  
Tritiya Until 1:06PM

**Ganesha:** Yellow *Sunrise: 6:35AM*  
**Muruqa:** Clear *Sunset: 6:48PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Vyatipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Paramaribo, Suriname  
Sun 3 Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virschika Rasi: 13.16 Tithi 19 – 20

**Gulika** 6:35AM – 8:06AM  
Yama 2:13PM – 3:45PM  
174134468 **Rahu** 9:38AM – 11:10AM

**Anuradha** Until 11:43AM  
Vyatipala\* Until 2:51PM  
Kaulava Until 9:36PM  
Chaturthi\* Until 10:34AM

**Ganesha:** Yellow *Sunrise: 6:35AM*  
**Muruqa:** Clear *Sunset: 6:48PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha/Mula\* Nakshatra Varyian/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Paramaribo, Suriname  
Sun 4 Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virschika Rasi: 27.18 Tithi 20 – 21

**Gulika** 3:44PM – 5:16PM  
Yama 12:41PM – 2:13PM  
174134468 **Rahu** 5:16PM – 6:48PM

**Jyeshtha\*** Until 10:33AM  
Varyian Until 12:23PM  
Gara Until 8:12PM  
Panchami Until 8:47AM

**Ganesha:** Yellow *Sunrise: 6:34AM*  
**Muruqa:** Clear *Sunset: 6:48PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Routine Work Marana Yoga  
Until 10:33AM  
Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Paramaribo, Suriname  
Sun 5 Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 10.5 Tithi 21 – 22

**Family Home Evening**

**Gulika** 2:13PM – 3:44PM  
Yama 11:09AM – 12:41PM  
184134468 **Rahu** 8:06AM – 9:37AM

**Mula\*** Until 10:31AM  
Parigha\* Until 10:36AM  
Visti Until 7:39PM  
Shashthi\* Until 7:48AM

**Ganesha:** Blue *Sunrise: 6:34AM*  
**Muruqa:** Clear *Sunset: 6:48PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 10:31AM  
Then Routine Work - Marana Yoga

**D**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Paramaribo, Suriname  
Sun 6 Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 23.54 Tithi 22 – 23

**Gulika** 12:41PM – 2:12PM  
Yama 9:37AM – 11:09AM  
284134468 **Rahu** 3:44PM – 5:16PM

**Purvashadha\*** Until 11:09AM  
Shiva Until 9:30AM  
Balava Until 7:57PM  
Saptami Until 7:41AM

**Ganesha:** Yellow *Sunrise: 6:33AM*  
**Muruqa:** Clear *Sunset: 6:48PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 11:09AM  
Then Routine Work - Prabalarishta Yoga

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Paramaribo, Suriname  
Sun 7 Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 6.35 Tithi 23 – 24

**Gulika** 11:08AM – 12:40PM  
Yama 8:05AM – 9:37AM  
284134468 **Rahu** 12:40PM – 2:12PM

**Uttarashadha** Until 12:24PM  
Siddha Until 9:00AM  
Taitila Until 8:59PM  
Ashtami\* Until 8:22AM

**Ganesha:** Yellow *Sunrise: 6:33AM*  
**Muruqa:** Clear *Sunset: 6:48PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 12:24PM  
Then Creative Work - Siddha Yoga

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Paramaribo, Suriname Sun 8 Sutra 4
	Makara Rasi: 18.57	Tithi 24 – 25	<b>Gulika</b> 9:36AM – 11:08AM	<b>Shravana</b> Until 2:36PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:33AM	Sarvari 5122
			Yama 6:33AM – 8:05AM	Sadhya Until 9:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	294134468		<b>Rahu</b> 2:12PM – 3:44PM	Vanija Until 10:38PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Navami* Until 9:44AM	Chaitra*Chaitra	Devaloka Day	


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Paramaribo, Suriname Sun 9 Sutra 5
	Kumbha Rasi: 1.05	Tithi 25 – 26	<b>Gulika</b> 8:04AM – 9:36AM	<b>Dhanishtha</b> Until 5:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:32AM	Sarvari 5122
			Yama 3:44PM – 5:15PM	Subha Until 9:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	294134468		<b>Rahu</b> 11:08AM – 12:40PM	Bava Until 12:43AM Sat	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 11:37AM	Chaitra*Chaitra	Devaloka Day	

<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Paramaribo, Suriname Sun 10 Sutra 6
	Kumbha Rasi: 13.04	Tithi 26 – 27	<b>Gulika</b> 6:32AM – 8:04AM	<b>Shatabhishak</b> Until 7:46PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM	Sarvari 5122
			Yama 2:12PM – 3:43PM	Sukla Until 10:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	295134468		<b>Rahu</b> 9:36AM – 11:08AM	Kaulava Until 3:03AM Sun	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			Ekadashi* Until 1:51PM	Chaitra*Chaitra	Sivaloka Day	
Until 7:46PM							
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Paramaribo, Suriname Sun 11 Sutra 7
	Kumbha Rasi: 24.58	Tithi 27 – 28	<b>Gulika</b> 3:43PM – 5:15PM	<b>Purvaproshtapada*</b> Until 10:53PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM	Sarvari 5122
			Yama 12:39PM – 2:11PM	Brahma Until 11:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 5:15PM – 6:47PM	Gara Until 5:30AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 4:15PM	Chaitra*Chaitra	Sivaloka Day	
Until 10:53PM							
Then Creative Work - Amrita Yoga				Pradosha Vrata (Fasting)			

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija Karana Trayodashyam Titau				Paramaribo, Suriname Sun 12 Sutra 8
	Meena Rasi: 6.5	Tithi 28	<b>Gulika</b> 2:11PM – 3:43PM	<b>Uttaraproshtapada</b> Until 1:51AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:31AM	Sarvari 5122
			Yama 11:07AM – 12:39PM	Indra Until 12:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 8:03AM – 9:35AM	Vanija Until 6:42PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 6:42PM	Chaitra*Chaitra	Sivaloka Day	

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Paramaribo, Suriname Sun 13 Sutra 9
	Meena Rasi: 18.43	Tithi 29	<b>Gulika</b> 12:39PM – 2:11PM	<b>Revati</b> Until 4:35AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:31AM	Sarvari 5122
			Yama 9:35AM – 11:07AM	Vaidhriti* Until 12:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 3:43PM – 5:15PM	Visti Until 7:56AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 9:06PM	Chaitra*Chaitra	Sivaloka Day	
Until 4:35AM Wed							
Then Routine Work - Marana Yoga							

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Paramaribo, Suriname Sun 14 Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 11:07AM – 12:39PM	<b>Ashvini</b> Until 7:31AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:31AM	Sarvari 5122
	Mesha Rasi: 0.37	Tithi 30	Yama 8:03AM – 9:35AM	Vishkambha* Until 1:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	225134468		<b>Rahu</b> 12:39PM – 2:11PM	Catuspada Until 10:17AM	<b>Nataraja:</b> Purple		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 11:23PM	Chaitra*Chaitra	Sivaloka Day	
Until 7:31AM Thu							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Paramaribo, Suriname Sun 15 Sutra 11
	<b>Retreat Star</b>		<b>Gulika</b> 9:34AM – 11:06AM	<b>Ashvini</b> Until 7:31AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:30AM	Sarvari 5122
	Mesha Rasi: 12.34	Tithi 1	Yama 6:30AM – 8:02AM	Priti Until 2:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	225134468		<b>Rahu</b> 2:11PM – 3:43PM	Kintughna Until 12:29PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga			Prathama* Until 1:29AM Fri	Vaisaka*Chaitra	Sivaloka Day	
Until 7:31AM							
Then Creative Work - Siddha Yoga							

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Paramaribo, Suriname Sun 16	Sutra 12 Sarvari 5122
Mesha Rasi: 24.35	Tithi 2	<b>Gulika</b> 8:02AM – 9:34AM	<b>Bharani</b> Until 10:06AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	3rd Phase
Creative Work	Siddha Yoga	Yama 3:43PM – 5:15PM	Ayushman Until 2:59PM	<b>Nataraja:</b> Clear		Moon – White		<b>Devaloka Day</b>	
		225134469 <b>Rahu</b> 11:06AM – 12:38PM	Balava Until 2:28PM						
			<b>Dvitiya</b> Until 3:21AM Sat			<b>Vaisaka-Chaitra</b>			

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Paramaribo, Suriname Sun 17	Sutra 13 Sarvari 5122
Visshabha Rasi: 6.43	Tithi 3	<b>Gulika</b> 6:30AM – 8:02AM	<b>Krittika</b> Until 12:16PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	3rd Phase
Creative Work	Amrita Yoga	Yama 2:10PM – 3:43PM	Saubhagya Until 3:19PM	<b>Nataraja:</b> Clear		Moon – White		<b>Devaloka Day</b>	
		225134469 <b>Rahu</b> 9:34AM – 11:06AM	Taitila Until 4:11PM						
			<b>Tritiya</b> Until 4:53AM Sun			<b>Vaisaka-Chaitra</b>			

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Grigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Paramaribo, Suriname Sun 18	Sutra 14 Sarvari 5122
Visshabha Rasi: 18.59	Tithi 4	<b>Gulika</b> 3:42PM – 5:15PM	<b>Rohini</b> Until 2:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	3rd Phase
Creative Work	Siddha Yoga	Yama 12:38PM – 2:10PM	Sobhana Until 3:24PM	<b>Nataraja:</b> Clear		Moon – Yellow		<b>Devaloka Day</b>	
		235134469 <b>Rahu</b> 5:15PM – 6:47PM	Vanija Until 5:32PM						
			<b>Chaturthi*</b> Until 6:02AM Mon			<b>Vaisaka-Chaitra</b>			

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Paramaribo, Suriname Sun 19	Sutra 15 Sarvari 5122
Mithuna Rasi: 1.25	Tithi 4 – 5	<b>Gulika</b> 2:10PM – 3:42PM	<b>Mrigashira</b> Until 4:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	3rd Phase
<b>Family Home Evening</b>		Yama 11:06AM – 12:38PM	Athiganda* Until 3:07PM	<b>Nataraja:</b> Clear		Moon – Yellow		<b>Devaloka Day</b>	
Creative Work	Amrita Yoga	235134469 <b>Rahu</b> 8:01AM – 9:33AM	Bava Until 6:27PM						
Until 4:00PM			<b>Chaturthi*</b> Until 6:02AM			<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Paramaribo, Suriname Sun 20	Sutra 16 Sarvari 5122
Mithuna Rasi: 14.04	Tithi 5 – 6	<b>Gulika</b> 12:38PM – 2:10PM	<b>Ardra</b> Until 4:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	3rd Phase
Routine Work	Marana Yoga	Yama 9:33AM – 11:06AM	Sukarma Until 2:27PM	<b>Nataraja:</b> Clear		Moon – Yellow		<b>Bhuloka Day</b>	
Until 4:55PM		236134469 <b>Rahu</b> 3:42PM – 5:15PM	Kaulava Until 6:49PM						
Then Creative Work - Siddha Yoga			<b>Panchami</b> Until 6:41AM			<b>Vaisaka-Chaitra</b>		<b>Devaloka Time:</b> 3:PM to 6:PM	

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Paramaribo, Suriname Sun 21	Sutra 17 Sarvari 5122
Mithuna Rasi: 26.59	Tithi 6 – 7	<b>Gulika</b> 11:05AM – 12:38PM	<b>Punarvasu</b> Until 5:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	3rd Phase
Creative Work	Siddha Yoga	Yama 8:01AM – 9:33AM	Dhriti Until 1:19PM	<b>Nataraja:</b> Clear		Moon – Blue		<b>Devaloka Day</b>	
		246134469 <b>Rahu</b> 12:38PM – 2:10PM	Gara Until 6:34PM						
			<b>Shashthi*</b> Until 6:45AM			<b>Vaisaka-Chaitra</b>			

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Paramaribo, Suriname Sun 22	Sutra 18 Sarvari 5122
Kataka Rasi: 10.14	Tithi 7 – 8	<b>Gulika</b> 9:33AM – 11:05AM	<b>Pushya</b> Until 5:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	Ashtami
Creative Work	Amrita Yoga	Yama 6:28AM – 8:00AM	Shula* Until 11:39AM	<b>Nataraja:</b> Clear		Moon – Blue		<b>Devaloka Day</b>	
Until 5:23PM		246134469 <b>Rahu</b> 2:10PM – 3:42PM	Bava Until 4:57AM Fri						
Then Creative Work - Siddha Yoga			<b>Saptami</b> Until 6:11AM			<b>Vaisaka-Chaitra</b>			


<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau				Paramaribo, Suriname Sun 23	Sutra 19 Sarvari 5122
Kataka Rasi: 23.52	Tithi 9	<b>Gulika</b> 8:00AM – 9:32AM	<b>Ashlesha*</b> Until 4:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	Navami
Routine Work	Marana Yoga	Yama 3:42PM – 5:15PM	Ganda* Until 9:27AM	<b>Nataraja:</b> Clear		Moon – Blue		<b>Devaloka Day</b>	
		246134469 <b>Rahu</b> 11:05AM – 12:37PM	Balava Until 4:06PM						
			<b>Navami*</b> Until 3:04AM Sat			<b>Vaisaka-Chaitra</b>			

<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Paramaribo, Suriname Sun 24 Sutra 20
Simha Rasi: 7.54	Tithi 10	<b>Gulika</b> 6:27AM – 8:00AM	<b>Magha* Until 3:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
		Yama 2:10PM – 3:42PM	Vriddhi Until 6:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 9:32AM – 11:05AM	Taitila Until 1:55PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 12:36AM Sun</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 3:06PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Paramaribo, Suriname Sun 25 Sutra 21
Simha Rasi: 22.19	Tithi 11	<b>Gulika</b> 3:42PM – 5:15PM	<b>Purvaphalguni Until 1:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
		Yama 12:37PM – 2:10PM	Vyaghata* Until 12:00AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 5:15PM – 6:47PM	Vanija Until 11:11AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 9:38PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 1:08PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Paramaribo, Suriname Sun 26 Sutra 22
Kanya Rasi: 7.02	Tithi 12	<b>Gulika</b> 2:10PM – 3:42PM	<b>Uttaraphalguni Until 10:36AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
<b>Family Home Evening</b>		Yama 11:05AM – 12:37PM	Harshana Until 8:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 7:59AM – 9:32AM	Bava Until 8:02AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:20PM</b>	Moon – Red		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Paramaribo, Suriname Sun 27 Sutra 23
Kanya Rasi: 22.01	Tithi 13 – 14	<b>Gulika</b> 12:37PM – 2:09PM	<b>Hasta Until 8:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
		Yama 9:32AM – 11:04AM	Vajra* Until 4:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:42PM – 5:15PM	Gara Until 1:02AM Wed	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 2:48PM</b>	Moon – Green		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				
				<i>Pradosha Vrata</i>				

		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Paramaribo, Suriname Sutra 24
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:04AM – 12:37PM	<b>Svati Until 2:28AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
Tula Rasi: 7.05	Tithi 14 – 15	Yama 7:59AM – 9:32AM	Siddhi Until 12:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 12:37PM – 2:09PM	Visti Until 9:29PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:14AM</b>	Moon – Green		<b>Devaloka Day</b>		
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>				

<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Paramaribo, Suriname Sutra 25		
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:32AM – 11:04AM	<b>Vishakha Until 12:08AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM		Sarvari 5122	
Tula Rasi: 22.06	Tithi 15 – 16	Yama 6:26AM – 7:59AM	Vyatipata* Until 8:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 2:09PM – 3:42PM	Balava Until 6:07PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga		<b>Purnima* Until 7:45AM</b>	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda