



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 28.28 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Gulika 4:08PM – 5:58PM
Yama 12:30PM – 2:19PM
Rahu 5:58PM – 7:47PM

Vishakha Until 2:28PM
Vyatipata* Until 12:59AM Mon
Vanija Until 9:23PM
Dvitiya Until 10:01AM

Ganesha: Blue *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 7:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Moscow, Russia
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 12.05 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Gulika 2:20PM – 4:09PM
Yama 10:40AM – 12:30PM
Rahu 7:00AM – 8:50AM

Anuradha Until 2:13PM
Variyan Until 11:23PM
Bava Until 8:39PM
Tritiya Until 8:54AM

Ganesha: Blue *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 7:49PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Moscow, Russia
Sun 1
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 25.17 Tithi 19 – 20

Routine Work Marana Yoga

Until 2:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:30PM – 2:20PM
Yama 8:49AM – 10:39AM
Rahu 4:10PM – 6:01PM

Jyeshtha* Until 2:35PM
Parigha* Until 10:27PM
Kaulava Until 8:43PM
Chaturthi* Until 8:33AM

Ganesha: Blue *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 7:51PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Moscow, Russia
Sun 2
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 8.04 Tithi 20 – 21

Routine Work Marana Yoga

Until 4:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:38AM – 12:29PM
Yama 6:57AM – 8:48AM
Rahu 12:29PM – 2:20PM

Mula* Until 4:04PM
Shiva Until 10:09PM
Gara Until 9:36PM
Panchami Until 9:02AM

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 7:53PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moscow, Russia
Sun 3
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 20.29 Tithi 21 – 22

Creative Work Siddha Yoga

Until 6:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:46AM – 10:38AM
Yama 5:03AM – 6:55AM
Rahu 2:21PM – 4:12PM

Purvashadha* Until 6:08PM
Siddha Until 10:23PM
Visti Until 11:12PM
Shashthi* Until 10:18AM

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: Yellow *Sunset:* 7:53PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Moscow, Russia
Sun 4
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Retreat Star

Makara Rasi: 2.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 6:53AM – 8:45AM
Yama 4:13PM – 6:05PM
Rahu 10:37AM – 12:29PM

Uttarashadha Until 8:35PM
Sadhya Until 11:04PM
Balava Until 1:22AM Sat
Saptami Until 12:13PM

Ganesha: Red *Sunrise:* 5:01AM
Muruqa: Yellow *Sunset:* 7:57PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Moscow, Russia
Sun 5
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 14.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 4:59AM – 6:51AM
Yama 2:21PM – 4:14PM
Rahu 8:44AM – 10:36AM

Shravana Until 11:44PM
Subha Until 12:01AM Sun
Taitila Until 3:51AM Sun
Ashtami* Until 2:34PM

Ganesha: Green *Sunrise:* 4:59AM
Muruqa: Yellow *Sunset:* 7:59PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Moscow, Russia
Sun 6
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

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| 1 | | Sunday, April 28, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Moscow, Russia Sun 7 | Sutra 14 |
| Makara Rasi: 26.25 | Tithi 24 – 25 | Gulika 4:15PM – 6:08PM | Dhanishtha Until 2:48AM Mon | Ganesha: Green | <i>Sunrise:</i> 4:57AM | | Vikarin 5121 | | |
| | | Yama 12:29PM – 2:22PM | Sukla Until 1:01AM Mon | Muruqa: Yellow | <i>Sunset:</i> 8:01PM | | Moon 4 - Phase 3 | | |
| | | 294583469 Rahu 6:08PM – 8:01PM | Vanija Until 6:24AM Mon | Nataraja: Clear | | | 2nd Phase | | |
| Routine Work | Marana Yoga | | Navami* Until 5:06PM | Moon – Purple | | Bhuloka Day | | | |
| Until 2:48AM Mon | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 2 | | Monday, April 29, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Moscow, Russia Sun 8 | Sutra 15 |
| Kumbha Rasi: 8.14 | Tithi 25 | Gulika 2:22PM – 4:16PM | Shatabhishak Until 5:34AM Tue | Ganesha: Green | <i>Sunrise:</i> 4:54AM | | Vikarin 5121 | | |
| Family Home Evening | | Yama 10:35AM – 12:29PM | Brahma Until 1:57AM Tue | Muruqa: Yellow | <i>Sunset:</i> 8:03PM | | Moon 4 - Phase 3 | | |
| Creative Work | Siddha Yoga | 294583469 Rahu 6:48AM – 8:41AM | Vanija Until 6:24AM | Nataraja: Clear | | | 2nd Phase | | |
| Until 5:34AM Tue | | | Dashami Until 7:36PM | Moon – Purple | | Bhuloka Day | | | |
| Then Routine Work - Marana Yoga | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM | | | |

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| 3 | | Tuesday, April 30, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau | | | | Moscow, Russia Sun 9 | Sutra 16 |
| Kumbha Rasi: 20.07 | Tithi 26 | Gulika 12:28PM – 2:22PM | Purvaproshtapada* Until 8:21AM Wed | Ganesha: Purple | <i>Sunrise:</i> 4:52AM | | Vikarin 5121 | | |
| | | Yama 8:40AM – 10:34AM | Indra Until 2:39AM Wed | Muruqa: Yellow | <i>Sunset:</i> 8:05PM | | Moon 4 - Phase 3 | | |
| | | 214583469 Rahu 4:17PM – 6:11PM | Bava Until 8:46AM | Nataraja: Clear | | | 2nd Phase | | |
| Routine Work | Marana Yoga | | Ekadashi* Until 9:49PM | Moon – Clear | | Bhuloka Day | | | |
| Until 8:21AM Wed | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Wednesday, May 1, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau | | | | Moscow, Russia Sun 10 | Sutra 17 |
| Meena Rasi: 2.08 | Tithi 27 | Gulika 10:34AM – 12:28PM | Purvaproshtapada* Until 8:21AM | Ganesha: Purple | <i>Sunrise:</i> 4:50AM | | Vikarin 5121 | | |
| | | Yama 6:44AM – 8:39AM | Vaidhriti* Until 2:59AM Thu | Muruqa: Yellow | <i>Sunset:</i> 8:07PM | | Moon 4 - Phase 3 | | |
| | | 214583469 Rahu 12:28PM – 2:23PM | Kaulava Until 10:47AM | Nataraja: Clear | | | 2nd Phase | | |
| Creative Work | Amrita Yoga | | Dvadashi* Until 11:36PM | Moon – Clear | | Bhuloka Day | | | |
| Until 8:21AM | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 5 | | Thursday, May 2, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Moscow, Russia Sun 11 | Sutra 18 |
| Meena Rasi: 14.2 | Tithi 28 | Gulika 8:38AM – 10:33AM | Uttaraproshtapada Until 10:31AM | Ganesha: Light Blue | <i>Sunrise:</i> 4:48AM | | Vikarin 5121 | | |
| | | Yama 4:48AM – 6:43AM | Vishkambha* Until 2:56AM Fri | Muruqa: Yellow | <i>Sunset:</i> 8:09PM | | Moon 4 - Phase 3 | | |
| | | 215583469 Rahu 2:23PM – 4:18PM | Gara Until 12:19PM | Nataraja: Clear | | | 2nd Phase | | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 12:52AM Fri | Moon – Clear | | Bhuloka Day | | | |
| Until 12:01PM | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 6 | | Friday, May 3, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Moscow, Russia Sun 12 | Sutra 19 |
| Meena Rasi: 26.45 | Tithi 29 | Gulika 6:41AM – 8:37AM | Revati Until 12:01PM | Ganesha: Light Blue | <i>Sunrise:</i> 4:45AM | | Vikarin 5121 | | |
| | | Yama 4:19PM – 6:15PM | Priti Until 2:28AM Sat | Muruqa: Yellow | <i>Sunset:</i> 8:11PM | | Moon 4 - Phase 3 | | |
| | | 215583469 Rahu 10:32AM – 12:28PM | Visti Until 1:19PM | Nataraja: Clear | | | 2nd Phase | | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 1:36AM Sat | Moon – Clear | | Bhuloka Day | | | |
| Until 12:01PM | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| Retreat Star | | Saturday, May 4, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Moscow, Russia Sun 13 | Sutra 20 |
| Mesha Rasi: 9.25 | Tithi 30 | Gulika 4:43AM – 6:39AM | Ashvini Until 1:18PM | Ganesha: Purple | <i>Sunrise:</i> 4:43AM | | Vikarin 5121 | | |
| | | Yama 2:24PM – 4:20PM | Ayushman Until 1:34AM Sun | Muruqa: Yellow | <i>Sunset:</i> 8:13PM | | Moon 4 - Phase 3 | | |
| | | 225583469 Rahu 8:36AM – 10:32AM | Catuspada Until 1:47PM | Nataraja: Clear | | | Amavasya | | |
| Creative Work | Siddha Yoga | | Amavasya* Until 1:47AM Sun | Moon – White | | Bhuloka Day | | | |
| Until 1:55PM | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| Retreat Star | | Sunday, May 5, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Moscow, Russia Sun 14 | Sutra 21 |
| Mesha Rasi: 22.2 | Tithi 1 | Gulika 4:21PM – 6:18PM | Bharani Until 1:55PM | Ganesha: Purple | <i>Sunrise:</i> 4:41AM | | Vikarin 5121 | | |
| | | Yama 12:28PM – 2:25PM | Saubhagya Until 12:18AM Mon | Muruqa: Yellow | <i>Sunset:</i> 8:15PM | | Moon 4 - Phase 3 | | |
| | | 225583469 Rahu 6:18PM – 8:15PM | Kintughna Until 1:43PM | Nataraja: Clear | | | Prathama | | |
| Routine Work | Prabalarishta Yoga | | Prathama* Until 1:30AM Mon | Moon – White | | Bhuloka Day | | | |
| Until 1:55PM | | | | Vaisaka+Chaitra | | Devaloka Time: 3:PM to 6:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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| Monday, May 6, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Moscow, Russia Sun 15 Sutra 22 |
| 1 | | Gulika 2:25PM – 4:22PM | Krittika Until 1:58PM | Ganesha: Purple | <i>Sunrise:</i> 4:39AM | Vikarin 5121 |
| Vrishabha Rasi: 5.29 | Tithi 2 | Yama 10:31AM – 12:28PM | Sobhana Until 10:43PM | Muruqa: Yellow | <i>Sunset:</i> 8:16PM | Moon 4 - Phase 4 |
| Family Home Evening | 225583469 | Rahu 6:36AM – 8:33AM | Balava Until 1:13PM | Nataraja: Clear | | 3rd Phase |
| Routine Work Marana Yoga | | | Dvitiya Until 12:49AM Tue | Moon – White | Bhuloka Day | |
| Until 1:58PM | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Tuesday, May 7, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Moscow, Russia Sun 16 Sutra 23 |
| 2 | | Gulika 12:28PM – 2:25PM | Rohini Until 1:56PM | Ganesha: Light Blue | <i>Sunrise:</i> 4:37AM | Vikarin 5121 |
| Vrishabha Rasi: 18.52 | Tithi 3 | Yama 8:32AM – 10:30AM | Athiganda* Until 8:50PM | Muruqa: Yellow | <i>Sunset:</i> 8:18PM | Moon 4 - Phase 4 |
| Creative Work Amrita Yoga | 235583469 | Rahu 4:23PM – 6:21PM | Taitila Until 12:21PM | Nataraja: Clear | | 3rd Phase |
| Until 1:56PM | | Akshaya Tritiya | Tritiya Until 11:46PM | Moon – Yellow | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |

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| Wednesday, May 8, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Moscow, Russia Sun 17 Sutra 24 |
| 3 | | Gulika 10:29AM – 12:28PM | Mrigashira Until 1:27PM | Ganesha: Light Blue | <i>Sunrise:</i> 4:35AM | Vikarin 5121 |
| Mithuna Rasi: 2.25 | Tithi 4 | Yama 6:33AM – 8:31AM | Sukarma Until 6:44PM | Muruqa: Yellow | <i>Sunset:</i> 8:20PM | Moon 4 - Phase 4 |
| Creative Work Siddha Yoga | 235583469 | Rahu 12:28PM – 2:26PM | Vanija Until 11:10AM | Nataraja: Clear | | 3rd Phase |
| Until 1:56PM | | | Chaturthi* Until 10:27PM | Moon – Yellow | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |

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| Thursday, May 9, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau | | | | Moscow, Russia Sun 18 Sutra 25 |
| 4 | | Gulika 8:30AM – 10:29AM | Ardra Until 12:35PM | Ganesha: Light Blue | <i>Sunrise:</i> 4:33AM | Vikarin 5121 |
| Mithuna Rasi: 16.07 | Tithi 5 | Yama 4:33AM – 6:32AM | Dhriti Until 4:28PM | Muruqa: Yellow | <i>Sunset:</i> 8:22PM | Moon 4 - Phase 4 |
| Routine Work Marana Yoga | 235583469 | Rahu 2:26PM – 4:25PM | Bava Until 9:43AM | Nataraja: Clear | | 3rd Phase |
| Until 12:35PM | | | Panchami Until 8:54PM | Moon – Yellow | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |

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| Friday, May 10, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Moscow, Russia Sun 19 Sutra 26 |
| 5 | | Gulika 6:30AM – 8:29AM | Punarvasu Until 11:48AM | Ganesha: Orange | <i>Sunrise:</i> 4:31AM | Vikarin 5121 |
| Mithuna Rasi: 29.58 | Tithi 6 | Yama 4:26PM – 6:32PM | Shula* Until 1:59PM | Muruqa: Yellow | <i>Sunset:</i> 8:24PM | Moon 4 - Phase 4 |
| Creative Work Siddha Yoga | 245583469 | Rahu 10:28AM – 12:27PM | Kaulava Until 8:04AM | Nataraja: Clear | | 3rd Phase |
| Until 11:48AM | | | Shashthi* Until 7:09PM | Moon – Blue | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Vaisaka-Chaitra | | |

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| Saturday, May 11, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau | | | | Moscow, Russia Sun 20 Sutra 27 |
| 6 | | Gulika 4:29AM – 6:29AM | Pushya Until 10:40AM | Ganesha: Orange | <i>Sunrise:</i> 4:29AM | Vikarin 5121 |
| Kataka Rasi: 13.55 | Tithi 7 – 8 | Yama 2:27PM – 4:27PM | Ganda* Until 11:22AM | Muruqa: Yellow | <i>Sunset:</i> 8:26PM | Moon 4 - Phase 4 |
| Creative Work Siddha Yoga | 245583469 | Rahu 8:28AM – 10:28AM | Gara Until 6:13AM | Nataraja: Clear | | 3rd Phase |
| Until 10:40AM | | | Saptami Until 5:12PM | Moon – Blue | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Vaisaka-Chaitra | | |

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| Sunday, May 12, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Moscow, Russia Sun 21 Sutra 28 |
| Retreat Star | | Gulika 4:28PM – 6:28PM | Ashlesha* Until 9:14AM | Ganesha: Clear | <i>Sunrise:</i> 4:27AM | Vikarin 5121 |
| Kataka Rasi: 28 | Tithi 8 – 9 | Yama 12:27PM – 2:28PM | Vridhhi Until 8:38AM | Muruqa: Yellow | <i>Sunset:</i> 8:28PM | Moon 4 - Phase 4 |
| Creative Work Siddha Yoga | 246583469 | Rahu 6:28PM – 8:28PM | Balava Until 2:00AM Mon | Nataraja: Clear | | Ashtami |
| Until 9:14AM | | Mother's Day | Ashtami* Until 3:05PM | Moon – Blue | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Vaisaka-Chaitra | | |


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| Monday, May 13, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Moscow, Russia Sun 22 Sutra 29 |
| Retreat Star | | Gulika 2:28PM – 4:29PM | Magha* Until 7:55AM | Ganesha: White | <i>Sunrise:</i> 4:25AM | Vikarin 5121 |
| Simha Rasi: 12.11 | Tithi 9 – 10 | Yama 10:27AM – 12:27PM | Vyaghata* Until 2:46AM Tue | Muruqa: Yellow | <i>Sunset:</i> 8:30PM | Moon 4 - Phase 4 |
| Family Home Evening | 256583469 | Rahu 6:26AM – 8:26AM | Taitila Until 11:41PM | Nataraja: Clear | | Navami |
| Routine Work Marana Yoga | | | Navami* Until 12:50PM | Moon – Red | Bhuloka Day | |
| Until 7:55AM | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |


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| 1 | | Tuesday, May 14, 2019 | | Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Moscow, Russia Sun 23 Sutra 30 |
| Simha Rasi: 26.26 | Tithi 10 – 11 | Gulika 12:27PM – 2:28PM | Purvaphalguni Until 6:22AM | Ganesha: White | Sunrise: 4:23AM Vikarin 5121 |
| | | Yama 8:25AM – 10:26AM | Harshana Until 11:45PM | Muruqa: Yellow | Sunset: 8:32PM Moon 4 - Phase 5 |
| | 256583469 | Rahu 4:29PM – 6:31PM | Vanija Until 9:19PM | Nataraja: Clear | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 10:29AM | Moon – Red | Bhuloka Day |
| Until 6:22AM | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | |

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|----------------------------------|---------------|---------------------------------|-------------------------------|---|--------------------------------------|
| 2 | | Wednesday, May 15, 2019 | | Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Moscow, Russia Sun 24 Sutra 31 |
| Kanya Rasi: 10.44 | Tithi 11 – 12 | Gulika 10:26AM – 12:27PM | Hasta Until 3:11AM Thu | Ganesha: Yellow | Sunrise: 4:21AM Vikarin 5121 |
| | | Yama 6:23AM – 8:24AM | Vajra* Until 8:44PM | Muruqa: Yellow | Sunset: 8:33PM Moon 4 - Phase 5 |
| | 266583469 | Rahu 12:27PM – 2:29PM | Bava Until 6:56PM | Nataraja: Clear | 4th Phase |
| Routine Work | Marana Yoga | | Ekadashi Until 8:06AM | Moon – Green | Devaloka Day |
| Until 3:11AM Thu | | | | Vaisaka-Vaikasi | |
| Then Creative Work - Siddha Yoga | | | | | |

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|-------------------|-------------|--------------------------------|------------------------------------|---|--------------------------------------|
| 3 | | Thursday, May 16, 2019 | | Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau | Moscow, Russia Sun 25 Sutra 32 |
| Kanya Rasi: 24.59 | Tithi 13 | Gulika 8:23AM – 10:25AM | Chitra Until 1:45AM Fri | Ganesha: Yellow | Sunrise: 4:20AM Vikarin 5121 |
| | | Yama 4:20AM – 6:22AM | Siddhi Until 5:49PM | Muruqa: Yellow | Sunset: 8:33PM Moon 4 - Phase 5 |
| | 266583469 | Rahu 2:29PM – 4:31PM | Kaulava Until 4:39PM | Nataraja: Clear | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 3:34AM Fri | Moon – Green | Devaloka Day |
| | | | | Vaisaka-Vaikasi | |
| | | | | <i>Pradosha Vrata</i> | |

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|-----------------|-------------|-------------------------------|--------------------------------------|---|--------------------------------------|
| 4 | | Friday, May 17, 2019 | | Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau | Moscow, Russia Sun 26 Sutra 33 |
| Tula Rasi: 9.09 | Tithi 14 | Gulika 6:20AM – 8:23AM | Svati Until 12:26AM Sat | Ganesha: Yellow | Sunrise: 4:18AM Vikarin 5121 |
| | | Yama 4:32PM – 6:35PM | Vyatipata* Until 3:05PM | Muruqa: Yellow | Sunset: 8:37PM Moon 4 - Phase 5 |
| | 266583469 | Rahu 10:25AM – 12:27PM | Gara Until 2:35PM | Nataraja: Clear | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 1:39AM Sat | Moon – Green | Devaloka Day |
| | | | | Vaisaka-Vaikasi | |

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|  | | Saturday, May 18, 2019 | | Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau | Moscow, Russia Sun 27 Sutra 34 |
| Copper Retreat Star | | Gulika 4:16AM – 6:19AM | Vishakha Until 11:48PM | Ganesha: Blue | Sunrise: 4:16AM Vikarin 5121 |
| Tula Rasi: 23.07 | Tithi 15 | Yama 2:30PM – 4:33PM | Variyan Until 12:37PM | Muruqa: Yellow | Sunset: 8:39PM Moon 4 - Phase 5 |
| | 276583469 | Rahu 8:22AM – 10:25AM | Visti Until 12:52PM | Nataraja: Clear | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 12:09AM Sun | Moon – Orange | Bhuloka Day |
| | | | | Vaisaka-Vaikasi | Devaloka Time: 3:PM to 6:PM |

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|  | | Sunday, May 19, 2019 | | Vikarin Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau | Moscow, Russia Sun 28 Sutra 35 |
| Silver Retreat Star | | Gulika 4:34PM – 6:37PM | Anuradha Until 11:33PM | Ganesha: Yellow | Sunrise: 4:14AM Vikarin 5121 |
| Vrischika Rasi: 6.5 | Tithi 16 | Yama 12:27PM – 2:31PM | Parigha* Until 10:32AM | Muruqa: Yellow | Sunset: 8:40PM Moon 4 - Phase 5 |
| | 277583469 | Rahu 6:37PM – 8:40PM | Balava Until 11:36AM | Nataraja: Clear | Prathama |
| Routine Work | Marana Yoga | | Prathama* Until 11:10PM | Moon – Orange | Devaloka Day |
| | | | | Vaisaka-Vaikasi | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.13 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:31PM – 4:35PM
Yama 10:24AM – 12:28PM
Rahu 6:16AM – 8:20AM

Jyeshtha* Until 11:47PM
Shiva Until 8:56AM
Taitila Until 10:56AM
Dvitiya Until 10:49PM

Moscow, Russia
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:13AM
Muruga: Yellow *Sunset:* 8:42PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.15 Tithi 18
Family Home Evening
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:28PM – 2:32PM
Yama 8:19AM – 10:23AM
Rahu 4:36PM – 6:40PM

Mula* Until 12:59AM Wed
Siddha Until 7:50AM
Vanija Until 10:55AM
Tritiya Until 11:10PM

Moscow, Russia
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:11AM
Muruga: Yellow *Sunset:* 8:44PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 15.57 Tithi 19
Family Home Evening
Creative Work Amrita Yoga
Until 2:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:23AM – 12:28PM
Yama 6:14AM – 8:19AM
Rahu 12:28PM – 2:32PM

Purvashadha* Until 2:43AM Thu
Sadhya Until 7:18AM
Bava Until 11:37AM
Chaturthi* Until 12:12AM Thu

Moscow, Russia
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:10AM
Muruga: Yellow *Sunset:* 8:46PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 28.2 Tithi 20
Family Home Evening
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:18AM – 10:23AM
Yama 4:08AM – 6:13AM
Rahu 2:33PM – 4:37PM

Uttarashadha Until 4:52AM Fri
Subha Until 7:19AM
Kaulava Until 12:59PM
Panchami Until 1:51AM Fri

Moscow, Russia
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:08AM
Muruga: Yellow *Sunset:* 8:47PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 10.28 Tithi 21
Family Home Evening
Routine Work Marana Yoga
Until 7:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:12AM – 8:17AM
Yama 4:38PM – 6:44PM
Rahu 10:22AM – 12:28PM

Shravana Until 7:47AM Sat
Sukla Until 7:45AM
Gara Until 2:54PM
Shashthi* Until 3:59AM Sat

Moscow, Russia
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:07AM
Muruga: Yellow *Sunset:* 8:49PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 22.26 Tithi 22
Family Home Evening
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:05AM – 6:11AM
Yama 2:33PM – 4:39PM
Rahu 8:17AM – 10:22AM

Shravana Until 7:47AM
Brahma Until 8:31AM
Visti Until 5:11PM
Saptami Until 6:22AM Sun

Moscow, Russia
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:05AM
Muruga: Yellow *Sunset:* 8:50PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

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Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 4.19 Tithi 22 – 23
Family Home Evening
Routine Work Marana Yoga
Until 10:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Gulika 4:40PM – 6:46PM
Yama 12:28PM – 2:34PM
Rahu 6:46PM – 8:52PM

Dhanishtha Until 10:44AM
Indra Until 9:29AM
Balava Until 7:37PM
Saptami Until 6:22AM

Moscow, Russia
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:04AM
Muruga: Yellow *Sunset:* 8:52PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 16.1 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 1:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:34PM – 4:41PM
Yama 10:22AM – 12:28PM
Rahu 6:09AM – 8:15AM

Shatabhishak Until 1:32PM
Vaidhriti* Until 10:25AM
Taitila Until 9:57PM
Ashtami* Until 8:47AM

Moscow, Russia
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Blue *Sunrise:* 4:03AM
Muruga: Yellow *Sunset:* 8:54PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

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|----------------------------------|---------------|-----------------------|------------------|---------------------------------------|------------------------|---|-------------------------|----------|
| 1 | | Tuesday, May 28, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau | Moscow, Russia Sun 9 | Sutra 44 |
| Kumbha Rasi: 28.06 | Tithi 24 – 25 | Gulika | 12:28PM – 2:35PM | Purvaproshtapada* Until 4:26PM | Ganesha: Purple | <i>Sunrise:</i> 4:01AM | Vikarin 5121 | |
| | | Yama | 8:15AM – 10:21AM | Vishkamba* Until 11:12AM | Muruqa: Yellow | <i>Sunset:</i> 8:55PM | Moon 5 - Phase 7 | |
| | | 318683469 Rahu | 4:42PM – 6:48PM | Vanija Until 12:00AM Wed | Nataraja: Clear | | 2nd Phase | |
| Routine Work | Marana Yoga | | | Navami* Until 11:00AM | Moon – Clear | | Sivaloka Day | |
| Until 4:26PM | | | | | Vaisaka-Vaikasi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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|---------------------------------|---------------|-------------------------|-------------------|---------------------------------------|------------------------|--|--------------------------|----------|
| 2 | | Wednesday, May 29, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau | Moscow, Russia Sun 10 | Sutra 45 |
| Meena Rasi: 10.1 | Tithi 25 – 26 | Gulika | 10:21AM – 12:28PM | Uttaraproshtapada Until 6:45PM | Ganesha: Purple | <i>Sunrise:</i> 4:00AM | Vikarin 5121 | |
| | | Yama | 6:07AM – 8:14AM | Priti Until 11:43AM | Muruqa: Yellow | <i>Sunset:</i> 8:56PM | Moon 5 - Phase 7 | |
| | | 318683469 Rahu | 12:28PM – 2:35PM | Bava Until 1:34AM Thu | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Dashami Until 12:50PM | Moon – Clear | | Sivaloka Day | |
| Until 6:45PM | | | | | Vaisaka-Vaikasi | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 3 | | Thursday, May 30, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Moscow, Russia Sun 11 | Sutra 46 |
| Meena Rasi: 22.26 | Tithi 26 – 27 | Gulika | 8:14AM – 10:21AM | Revati Until 8:22PM | Ganesha: Purple | <i>Sunrise:</i> 3:59AM | Vikarin 5121 | |
| | | Yama | 3:59AM – 6:06AM | Ayushman Until 11:47AM | Muruqa: Yellow | <i>Sunset:</i> 8:58PM | Moon 5 - Phase 7 | |
| | | 318683469 Rahu | 2:36PM – 4:43PM | Kaulava Until 2:33AM Fri | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Ekadashi* Until 2:07PM | Moon – Clear | | Sivaloka Day | |
| Until 8:22PM | | | | | Vaisaka-Vaikasi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 4 | | Friday, May 31, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau | Moscow, Russia Sun 12 | Sutra 47 |
| Mesha Rasi: 4.58 | Tithi 27 – 28 | Gulika | 6:05AM – 8:13AM | Ashvini Until 9:42PM | Ganesha: Clear | <i>Sunrise:</i> 3:58AM | Vikarin 5121 | |
| | | Yama | 4:44PM – 6:52PM | Saubhagya Until 11:23AM | Muruqa: Yellow | <i>Sunset:</i> 8:59PM | Moon 5 - Phase 7 | |
| | | 328683469 Rahu | 10:21AM – 12:28PM | Gara Until 2:54AM Sat | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Amrita Yoga | | | Dvadashi* Until 2:47PM | Moon – White | | Devaloka Day | |
| Until 9:42PM | | | | | Vaisaka-Vaikasi | | | |
| Then Creative Work - Siddha Yoga | | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 | | Saturday, June 1, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Moscow, Russia Sun 13 | Sutra 48 |
| Mesha Rasi: 17.48 | Tithi 28 – 29 | Gulika | 3:57AM – 6:05AM | Bharani Until 10:14PM | Ganesha: White | <i>Sunrise:</i> 3:57AM | Vikarin 5121 | |
| | | Yama | 2:37PM – 4:45PM | Sobhana Until 10:30AM | Muruqa: Yellow | <i>Sunset:</i> 9:01PM | Moon 5 - Phase 7 | |
| | | 329683469 Rahu | 8:13AM – 10:21AM | Visti Until 2:37AM Sun | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Trayodashi* Until 2:49PM | Moon – White | | Bhuloka Day | |
| Until 10:14PM | | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| Retreat Star | | Sunday, June 2, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Moscow, Russia Sun 14 | Sutra 49 |
| Vrishabha Rasi: 0.56 | Tithi 29 – 30 | Gulika | 4:45PM – 6:54PM | Krittika Until 10:02PM | Ganesha: White | <i>Sunrise:</i> 3:56AM | Vikarin 5121 | |
| | | Yama | 12:29PM – 2:37PM | Athiganda* Until 9:05AM | Muruqa: Yellow | <i>Sunset:</i> 9:02PM | Moon 5 - Phase 7 | |
| | | 329683469 Rahu | 6:54PM – 9:02PM | Catuspada Until 1:44AM Mon | Nataraja: Clear | | Amavasya | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 2:14PM | Moon – White | | Bhuloka Day | |
| | | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |

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| Retreat Star | | Monday, June 3, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Moscow, Russia Sun 15 | Sutra 50 |
| Vrishabha Rasi: 14.24 | Tithi 30 – 1 | Gulika | 2:37PM – 4:46PM | Rohini Until 9:37PM | Ganesha: Green | <i>Sunrise:</i> 3:55AM | Vikarin 5121 | |
| Family Home Evening | | Yama | 10:20AM – 12:29PM | Sukarma Until 7:14AM | Muruqa: Yellow | <i>Sunset:</i> 9:03PM | Moon 5 - Phase 7 | |
| | | 339683469 Rahu | 6:03AM – 8:12AM | Kintughna Until 12:22AM Tue | Nataraja: Clear | | Prathama | |
| Creative Work | Amrita Yoga | | | Amavasya* Until 1:05PM | Moon – Yellow | | Bhuloka Day | |
| | | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |

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| 1 | | Tuesday, June 4, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Moscow, Russia Sun 16 Sutra 51 |
| Vrishabha Rasi: 28.09 | Tithi 1 – 2 | Gulika 12:29PM – 2:38PM | Mrigashira Until 8:39PM | Ganesha: Green <i>Sunrise:</i> 3:54AM | Vikarin 5121 |
| | | Yama 8:11AM – 10:20AM | Shula* Until 2:28AM Wed | Muruqa: Yellow <i>Sunset:</i> 9:04PM | Moon 5 - Phase 8 |
| | | 339683461 Rahu 4:47PM – 6:56PM | Balava Until 10:35PM | Nataraja: Clear | 3rd Phase |
| Creative Work | Siddha Yoga | | Prathama* Until 11:30AM | Moon – Yellow | Bhuloka Day |
| Until 8:39PM | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

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| 2 | | Wednesday, June 5, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | Moscow, Russia Sun 17 Sutra 52 |
| Mithuna Rasi: 12.07 | Tithi 2 – 3 | Gulika 10:20AM – 12:29PM | Ardra Until 7:14PM | Ganesha: Green <i>Sunrise:</i> 3:53AM | Vikarin 5121 |
| | | Yama 6:02AM – 8:11AM | Ganda* Until 11:42PM | Muruqa: Yellow <i>Sunset:</i> 9:06PM | Moon 5 - Phase 8 |
| | | 339683461 Rahu 12:29PM – 2:38PM | Taitila Until 8:31PM | Nataraja: Yellow | 3rd Phase |
| Creative Work | Siddha Yoga | | Dvitiya Until 9:34AM | Moon – Yellow | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |

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| 3 | | Thursday, June 6, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | Moscow, Russia Sun 18 Sutra 53 |
| Mithuna Rasi: 26.16 | Tithi 3 – 4 | Gulika 8:11AM – 10:20AM | Punarvasu Until 5:55PM | Ganesha: White <i>Sunrise:</i> 3:52AM | Vikarin 5121 |
| | | Yama 3:52AM – 6:01AM | Vridhi Until 8:48PM | Muruqa: Yellow <i>Sunset:</i> 9:07PM | Moon 5 - Phase 8 |
| | | 349683461 Rahu 2:39PM – 4:48PM | Vanija Until 6:15PM | Nataraja: Yellow | 3rd Phase |
| Creative Work | Amrita Yoga | | Tritiya Until 7:23AM | Moon – Blue | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |

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|-------------------|-------------|---|----------------------------------|--|--------------------------------------|
| 4 | | Friday, June 7, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau | Moscow, Russia Sun 19 Sutra 54 |
| Kataka Rasi: 10.3 | Tithi 5 | Gulika 6:01AM – 8:10AM | Pushya Until 4:21PM | Ganesha: White <i>Sunrise:</i> 3:51AM | Vikarin 5121 |
| | | Yama 4:49PM – 6:58PM | Dhruva Until 5:49PM | Muruqa: Yellow <i>Sunset:</i> 9:08PM | Moon 5 - Phase 8 |
| | | 349683461 Rahu 10:20AM – 12:30PM | Bava Until 3:54PM | Nataraja: Yellow | 3rd Phase |
| Routine Work | Marana Yoga | | Panchami Until 2:42AM Sat | Moon – Blue | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |

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| 5 | | Saturday, June 8, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau | Moscow, Russia Sun 20 Sutra 55 |
| Kataka Rasi: 24.46 | Tithi 6 | Gulika 3:51AM – 6:00AM | Ashlesha* Until 2:38PM | Ganesha: White <i>Sunrise:</i> 3:51AM | Vikarin 5121 |
| | | Yama 2:39PM – 4:49PM | Vyaghata* Until 2:50PM | Muruqa: Yellow <i>Sunset:</i> 9:09PM | Moon 5 - Phase 8 |
| | | 349683461 Rahu 8:10AM – 10:20AM | Kaulava Until 1:32PM | Nataraja: Yellow | 3rd Phase |
| Routine Work | Marana Yoga | | Shashthi* Until 12:20AM Sun | Moon – Blue | Bhuloka Day |
| Until 2:38PM | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | |

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| 6 | | Sunday, June 9, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau | Moscow, Russia Sun 21 Sutra 56 |
| Simha Rasi: 9.02 | Tithi 7 | Gulika 4:50PM – 7:00PM | Magha* Until 1:14PM | Ganesha: Yellow <i>Sunrise:</i> 3:50AM | Vikarin 5121 |
| | | Yama 12:30PM – 2:40PM | Harshana Until 11:53AM | Muruqa: Yellow <i>Sunset:</i> 9:10PM | Moon 5 - Phase 8 |
| | | 351683461 Rahu 7:00PM – 9:10PM | Gara Until 11:12AM | Nataraja: Yellow | 3rd Phase |
| Routine Work | Marana Yoga | | Saptami Until 10:03PM | Moon – Red | Devaloka Day |
| Until 1:14PM | | | | Jyeshtha-Vaikasi | |
| Then Creative Work - Siddha Yoga | | | | | |

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|----------------------------|-------------|---------------------------------------|------------------------------------|---|--------------------------------------|
| Retreat Star | | Monday, June 10, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau | Moscow, Russia Sun 22 Sutra 57 |
| Simha Rasi: 23.14 | Tithi 8 | Gulika 2:40PM – 4:50PM | Purvaphalguni Until 11:48AM | Ganesha: Yellow <i>Sunrise:</i> 3:50AM | Vikarin 5121 |
| Family Home Evening | | Yama 10:20AM – 12:30PM | Vajra* Until 9:00AM | Muruqa: Yellow <i>Sunset:</i> 9:11PM | Moon 5 - Phase 8 |
| | | 351683461 Rahu 6:00AM – 8:10AM | Visti Until 8:58AM | Nataraja: Yellow | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 7:52PM | Moon – Red | Devaloka Day |
| | | | | Jyeshtha-Vaikasi | |


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| Retreat Star | | Tuesday, June 11, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Taitila Karana Navami/Dashamyam Titau | Moscow, Russia Sun 23 Sutra 58 |
| Kanya Rasi: 7.22 | Tithi 9 – 10 | Gulika 12:30PM – 2:41PM | Uttaraphalguni Until 10:21AM | Ganesha: Yellow <i>Sunrise:</i> 3:49AM | Vikarin 5121 |
| | | Yama 8:10AM – 10:20AM | Siddhi Until 6:14AM | Muruqa: Yellow <i>Sunset:</i> 9:11PM | Moon 5 - Phase 8 |
| | | 351683461 Rahu 4:51PM – 7:01PM | Balava Until 6:51AM | Nataraja: Yellow | Navami |
| Creative Work | Amrita Yoga | | Navami* Until 5:49PM | Moon – Red | Devaloka Day |
| Until 10:21AM | | | | Jyeshtha-Vaikasi | |
| Then Creative Work - Siddha Yoga | | | | | |

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|----------|----------------------------------|---------------|--|-----------------------------|-------------------------|-----------------------------|--------------------------|
| 1 | Wednesday, June 12, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau | | | | Moscow, Russia Sun 24 |
| | Kanya Rasi: 21.23 | Tithi 10 – 11 | Gulika 10:20AM – 12:30PM | Hasta Until 9:21AM | Ganesha: White | <i>Sunrise:</i> 3:49AM | Vikarin 5121 |
| | | 361683461 | Yama 5:59AM – 8:10AM | Variyan Until 1:07AM Thu | Muruqa: Yellow | <i>Sunset:</i> 9:12PM | Moon 5 - Phase 9 |
| | | | Rahu 12:30PM – 2:41PM | Varija Until 3:08AM Thu | Nataraja: Yellow | | 4th Phase |
| | Routine Work | Marana Yoga | | Dashami Until 3:58PM | Moon – Green | Bhuloka Day | |
| | Until 9:21AM | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM | |
| | Then Creative Work - Siddha Yoga | | | | | | |

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| 2 | Thursday, June 13, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Moscow, Russia Sun 25 |
| | Tula Rasi: 5.16 | Tithi 11 – 12 | Gulika 8:09AM – 10:20AM | Chitra Until 8:25AM | Ganesha: White | <i>Sunrise:</i> 3:48AM | Vikarin 5121 |
| | | 361683461 | Yama 3:48AM – 5:59AM | Parigha* Until 10:51PM | Muruqa: Yellow | <i>Sunset:</i> 9:13PM | Moon 5 - Phase 9 |
| | | | Rahu 2:41PM – 4:52PM | Bava Until 1:39AM Fri | Nataraja: Yellow | | 4th Phase |
| | Creative Work | Siddha Yoga | | Ekadashi Until 2:20PM | Moon – Green | Bhuloka Day | |
| | Until 8:25AM | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM | |
| | Then Creative Work - Amrita Yoga | | | | | | |

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|----------|------------------------------|---------------|---|------------------------------|-------------------------|------------------------|--------------------------|
| 3 | Friday, June 14, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Moscow, Russia Sun 26 |
| | Tula Rasi: 18.59 | Tithi 12 – 13 | Gulika 5:59AM – 8:09AM | Svati Until 7:37AM | Ganesha: White | <i>Sunrise:</i> 3:48AM | Vikarin 5121 |
| | | 361693461 | Yama 4:52PM – 7:03PM | Shiva Until 8:52PM | Muruqa: Blue | <i>Sunset:</i> 9:14PM | Moon 5 - Phase 9 |
| | | | Rahu 10:20AM – 12:31PM | Kaulava Until 12:29AM Sat | Nataraja: Yellow | | 4th Phase |
| | Creative Work | Siddha Yoga | | Dvadashi Until 1:00PM | Moon – Green | Devaloka Day | |
| | | | Vaikasi Visakam | | Jyeshtha-Vaikasi | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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| 4 | Saturday, June 15, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Moscow, Russia Sun 27 |
| | Vrischika Rasi: 2.31 | Tithi 13 – 14 | Gulika 3:48AM – 5:59AM | Vishakha Until 7:27AM | Ganesha: Clear | <i>Sunrise:</i> 3:48AM | Vikarin 5121 |
| | | 371693461 | Yama 2:42PM – 4:53PM | Siddha Until 7:09PM | Muruqa: Blue | <i>Sunset:</i> 9:14PM | Moon 5 - Phase 9 |
| | | | Rahu 8:09AM – 10:20AM | Gara Until 11:43PM | Nataraja: Yellow | | 4th Phase |
| | Creative Work | Siddha Yoga | | Trayodashi Until 12:01PM | Moon – Orange | Sivaloka Day | |
| | | | | | Jyeshtha-Ani | | |

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|  | Sunday, June 16, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Moscow, Russia Sun 28 |
| | Copper Retreat Star | | Gulika 4:53PM – 7:04PM | Anuradha Until 7:33AM | Ganesha: White | <i>Sunrise:</i> 3:48AM | Vikarin 5121 |
| | Vrischika Rasi: 15.48 | Tithi 14 – 15 | Yama 12:31PM – 2:42PM | Sadhya Until 5:49PM | Muruqa: Blue | <i>Sunset:</i> 9:15PM | Moon 5 - Phase 9 |
| | | 371793461 | Rahu 7:04PM – 9:15PM | Visti* Until 11:25PM | Nataraja: Yellow | | Purnima |
| | Routine Work | Marana Yoga | | Chaturdashi* Until 11:29AM | Moon – Orange | Subha Sivaloka Day | |
| | | | Father's Day | | Jyeshtha-Ani | | |

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|------------------------------|----------------------------|---------------|--|-------------------------------|-------------------------|---------------------------|--------------------------|
| Monday, June 17, 2019 | Silver Retreat Star | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Moscow, Russia Sun 29 |
| | Vrischika Rasi: 28.5 | Tithi 15 – 16 | Gulika 2:42PM – 4:53PM | Jyeshtha* Until 7:59AM | Ganesha: White | <i>Sunrise:</i> 3:48AM | Vikarin 5121 |
| | Family Home Evening | 371793461 | Yama 10:20AM – 12:31PM | Subha Until 4:55PM | Muruqa: Blue | <i>Sunset:</i> 9:15PM | Moon 5 - Phase 9 |
| | | | Rahu 5:58AM – 8:09AM | Balava Until 11:39PM | Nataraja: Yellow | | Prathama |
| | Creative Work | Siddha Yoga | | Purnima* Until 11:27AM | Moon – Orange | Subha Sivaloka Day | |
| | | | | | Jyeshtha-Ani | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Moscow, Russia
Sutra 66

Dhanus Rasi: 12 Tithi 16 – 17

Gulika 12:32PM – 2:43PM
Yama 8:10AM – 10:21AM
Rahu 4:54PM – 7:05PM

Mula* Until 9:16AM
Sukla Until 4:26PM
Taitila Until 12:28AM Wed
Prathama* Until 11:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:47AM
Sunset: 9:16PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 9:16AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Moscow, Russia
Sun 1 Sutra 66

Dhanus Rasi: 24.06 Tithi 17 – 18

Gulika 10:21AM – 12:32PM
Yama 5:59AM – 8:10AM
Rahu 12:32PM – 2:43PM

Purvashadha* Until 10:57AM
Brahma Until 4:24PM
Vanija Until 1:49AM Thu
Dvitiya Until 1:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:47AM
Sunset: 9:16PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Trilya/Chatrthyam Titau

Moscow, Russia
Sun 2 Sutra 67

Makara Rasi: 6.22 Tithi 18 – 19

Gulika 8:10AM – 10:21AM
Yama 3:48AM – 5:59AM
Rahu 2:43PM – 4:54PM

Uttarashadha Until 12:59PM
Indra Until 4:47PM
Bava Until 3:40AM Fri
Tritya Until 2:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:17PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 12:59PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia
Sun 3 Sutra 68

Makara Rasi: 18.27 Tithi 19 – 20

Gulika 5:59AM – 8:10AM
Yama 4:55PM – 7:06PM
Rahu 10:21AM – 12:32PM

Shravana Until 3:46PM
Vaidhriti* Until 5:27PM
Kaulava Until 5:51AM Sat
Chaturthi* Until 4:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:17PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 3:46PM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vishkambha* Yoga Taitila Karana Panchamyam Titau

Moscow, Russia
Sun 4 Sutra 69

Kumbha Rasi: 0.23 Tithi 20

Gulika 3:48AM – 5:59AM
Yama 2:44PM – 4:55PM
Rahu 8:10AM – 10:21AM

Dhanishtha Until 6:39PM
Vishkambha* Until 6:21PM
Taitila Until 7:00PM
Panchami Until 7:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:17PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 6:39PM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia
Sun 5 Sutra 70

Kumbha Rasi: 12.16 Tithi 21

Gulika 4:55PM – 7:06PM
Yama 12:33PM – 2:44PM
Rahu 7:06PM – 9:17PM

Shatabhishak Until 9:27PM
Priti Until 7:20PM
Gara Until 8:13AM
Shashthi* Until 9:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:17PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Moscow, Russia
Sun 6 Sutra 71

Kumbha Rasi: 24.08 Tithi 22

Gulika 2:44PM – 4:55PM
Yama 10:22AM – 12:33PM
Rahu 6:00AM – 8:11AM

Purvaproshtapada* Until 12:29AM Tue
Ayushman Until 8:12PM
Visti Until 10:35AM
Saptami Until 11:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:49AM
Sunset: 9:17PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 12:29AM Tue
Then Creative Work - Amrita Yoga

Sivaloka Day

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Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia
Sun 7 Sutra 72

Meena Rasi: 6.05 Tithi 23

Gulika 12:33PM – 2:44PM
Yama 8:11AM – 10:22AM
Rahu 4:55PM – 7:06PM

Uttaraproshtapada Until 3:03AM Wed
Saubhagya Until 8:53PM
Balava Until 12:45PM
Ashtami* Until 1:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:49AM
Sunset: 9:17PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 3:03AM Wed
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Moscow, Russia
Sun 8 Sutra 73

Meena Rasi: 18.09 Tithi 24

Gulika 10:22AM – 12:33PM
Yama 6:00AM – 8:11AM
Rahu 12:33PM – 2:44PM

Revati Until 4:59AM Thu
Sobhana Until 9:14PM
Taitila Until 2:31PM
Navami* Until 3:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:49AM
Sunset: 9:17PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 4:59AM Thu
Then Creative Work - Amrita Yoga

Sivaloka Day

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| 1 | | Thursday, June 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | Moscow, Russia Sun 9 Sutra 74 | |
| Mesha Rasi: 0.26 | Tithi 25 | Gulika 8:12AM – 10:23AM | Ashvini Until 6:38AM Fri | Ganesha: Blue | Sunrise: 3:50AM | | Vikarin 5121 |
| | | Yama 3:50AM – 6:01AM | Athiganda* Until 9:06PM | Muruqa: Blue | Sunset: 9:17PM | | Moon 6 - Phase 11 |
| | | Rahu 2:44PM – 4:55PM | Vanija Until 3:43PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dashami Until 4:04AM Fri | Moon – White | | Devaloka Day | |
| Until 6:38AM Fri | | | | Jyeshtha-Ani | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |


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| 2 | | Friday, June 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau | | Moscow, Russia Sun 10 Sutra 75 | |
| Mesha Rasi: 12.59 | Tithi 26 | Gulika 6:01AM – 8:12AM | Ashvini Until 6:38AM | Ganesha: Blue | Sunrise: 3:51AM | | Vikarin 5121 |
| | | Yama 4:55PM – 7:06PM | Sukarma Until 8:27PM | Muruqa: Blue | Sunset: 9:17PM | | Moon 6 - Phase 11 |
| | | Rahu 10:23AM – 12:34PM | Bava Until 4:16PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Ekadashi* Until 4:15AM Sat | Moon – White | | Devaloka Day | |
| Until 6:38AM | | | | Jyeshtha-Ani | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|----------------------------------|-------------|--------------------------------|-----------------------------------|--|------------------------|-----------------------------------|-------------------|
| 3 | | Saturday, June 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Moscow, Russia Sun 11 Sutra 76 | |
| Mesha Rasi: 25.52 | Tithi 27 | Gulika 3:51AM – 6:02AM | Bharani Until 7:26AM | Ganesha: Blue | Sunrise: 3:51AM | | Vikarin 5121 |
| | | Yama 2:44PM – 4:55PM | Dhriti Until 7:14PM | Muruqa: Blue | Sunset: 9:17PM | | Moon 6 - Phase 11 |
| | | Rahu 8:12AM – 10:23AM | Kaulava Until 4:06PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dvadashi* Until 3:43AM Sun | Moon – White | | Devaloka Day | |
| Until 7:26AM | | | | Jyeshtha-Ani | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 | | Sunday, June 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | Moscow, Russia Sun 12 Sutra 77 | |
| Vrishabha Rasi: 9.08 | Tithi 28 | Gulika 4:55PM – 7:06PM | Krittika Until 7:22AM | Ganesha: Blue | Sunrise: 3:52AM | | Vikarin 5121 |
| | | Yama 12:34PM – 2:45PM | Shula* Until 5:25PM | Muruqa: Blue | Sunset: 9:16PM | | Moon 6 - Phase 11 |
| | | Rahu 7:06PM – 9:16PM | Gara Until 3:12PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 2:29AM Mon | Moon – White | | Devaloka Day | |
| | | | | Jyeshtha-Ani | | | |
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Pradosha Vrata (Fasting)

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| 5 | | Monday, July 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhdi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Moscow, Russia Sun 13 Sutra 78 | |
| Vrishabha Rasi: 22.47 | Tithi 29 | Gulika 2:45PM – 4:55PM | Rohini Until 6:56AM | Ganesha: Blue | Sunrise: 3:53AM | | Vikarin 5121 |
| Family Home Evening | | Yama 10:24AM – 12:34PM | Ganda* Until 3:06PM | Muruqa: Blue | Sunset: 9:16PM | | Moon 6 - Phase 11 |
| | | Rahu 6:03AM – 8:13AM | Visti Until 1:39PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 12:39AM Tue | Moon – Yellow | | Devaloka Day | |
| | | | | Jyeshtha-Ani | | | |

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|  | | Tuesday, July 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhdi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Moscow, Russia Sun 14 Sutra 79 | |
| Retreat Star | | Gulika 12:34PM – 2:45PM | Ardra Until 3:59AM Wed | Ganesha: Blue | Sunrise: 3:53AM | | Vikarin 5121 |
| Mithuna Rasi: 6.48 | Tithi 30 | Yama 8:14AM – 10:24AM | Vridhdi Until 12:20PM | Muruqa: Blue | Sunset: 9:15PM | | Moon 6 - Phase 11 |
| | | Rahu 4:55PM – 7:05PM | Catuspada Until 11:33AM | Nataraja: Yellow | | | Amavasya |
| Routine Work | Marana Yoga | | Amavasya* Until 10:18PM | Moon – Yellow | | Devaloka Day | |
| Until 3:59AM Wed | | | | Jyeshtha-Ani | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Wednesday, July 3, 2019 | | Retreat Star | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Moscow, Russia Sun 15 Sutra 80 | |
| Mithuna Rasi: 21.07 | Tithi 1 | Gulika 10:24AM – 12:35PM | Punarvasu Until 2:08AM Thu | Ganesha: Yellow | Sunrise: 3:54AM | | Vikarin 5121 |
| | | Yama 6:04AM – 8:14AM | Dhruva Until 9:12AM | Muruqa: Blue | Sunset: 9:15PM | | Moon 6 - Phase 11 |
| | | Rahu 12:35PM – 2:45PM | Kintughna Until 9:00AM | Nataraja: Yellow | | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 7:36PM | Moon – Blue | | Sivaloka Day | |
| Until 2:08AM Thu | | | | Ashada-Ani | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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| 1 | | Thursday, July 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau | Moscow, Russia Sun 16 Sutra 81 |
| Kataka Rasi: 5.4 | Tithi 2 – 3 | Gulika 8:15AM – 10:25AM | Pushya Until 11:58PM | Ganesha: Yellow <i>Sunrise:</i> 3:55AM | Vikarin 5121 |
| | | Yama 3:55AM – 6:05AM | Harshana Until 2:19AM Fri | Muruqa: Blue <i>Sunset:</i> 9:14PM | Moon 6 - Phase 12 |
| | 343793461 | Rahu 2:45PM – 4:54PM | Balava Until 6:10AM | Nataraja: Yellow | 3rd Phase |
| Creative Work | Amrita Yoga | | Dvitiya Until 4:39PM | Moon – Blue | Sivaloka Day |
| Until 11:58PM | | | | Ashada*Ani | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 2 | | Friday, July 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | Moscow, Russia Sun 17 Sutra 82 |
| Kataka Rasi: 20.21 | Tithi 3 – 4 | Gulika 6:06AM – 8:16AM | Ashlesha* Until 9:37PM | Ganesha: Yellow <i>Sunrise:</i> 3:56AM | Vikarin 5121 |
| | | Yama 4:54PM – 7:04PM | Vajra* Until 10:45PM | Muruqa: Blue <i>Sunset:</i> 9:14PM | Moon 6 - Phase 12 |
| | 343793461 | Rahu 10:25AM – 12:35PM | Vanija Until 12:08AM Sat | Nataraja: Yellow | 3rd Phase |
| Routine Work | Marana Yoga | | Tritiya Until 1:37PM | Moon – Blue | Sivaloka Day |
| | | | | Ashada*Ani | |

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| 3 | | Saturday, July 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | Moscow, Russia Sun 18 Sutra 83 |
| Simha Rasi: 5.02 | Tithi 4 – 5 | Gulika 3:57AM – 6:07AM | Magha* Until 7:37PM | Ganesha: White <i>Sunrise:</i> 3:57AM | Vikarin 5121 |
| | | Yama 2:44PM – 4:54PM | Siddhi Until 7:17PM | Muruqa: Blue <i>Sunset:</i> 9:13PM | Moon 6 - Phase 12 |
| | 353793461 | Rahu 8:16AM – 10:26AM | Bava Until 9:11PM | Nataraja: Yellow | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 10:37AM | Moon – Red | Subha Sivaloka Day |
| Until 7:37PM | | | | Ashada*Ani | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 4 | | Sunday, July 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Moscow, Russia Sun 19 Sutra 84 |
| Simha Rasi: 19.37 | Tithi 5 – 6 | Gulika 4:54PM – 7:03PM | Purvaphalguni Until 5:40PM | Ganesha: Yellow <i>Sunrise:</i> 3:58AM | Vikarin 5121 |
| | | Yama 12:35PM – 2:44PM | Vyalipata* Until 3:59PM | Muruqa: Blue <i>Sunset:</i> 9:12PM | Moon 6 - Phase 12 |
| | 453793461 | Rahu 7:03PM – 9:12PM | Kaulava Until 6:27PM | Nataraja: Yellow | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 7:46AM | Moon – Red | Sivaloka Day |
| Until 5:40PM | | | | Ashada*Ani | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 5 | | Monday, July 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau | Moscow, Russia Sun 20 Sutra 85 |
| Kanya Rasi: 4.02 | Tithi 7 | Gulika 2:44PM – 4:53PM | Uttaraphalguni Until 3:52PM | Ganesha: Yellow <i>Sunrise:</i> 3:59AM | Vikarin 5121 |
| Family Home Evening | | Yama 10:26AM – 12:35PM | Varyan Until 12:53PM | Muruqa: Blue <i>Sunset:</i> 9:11PM | Moon 6 - Phase 12 |
| | 453793461 | Rahu 6:08AM – 8:17AM | Gara Until 4:00PM | Nataraja: Yellow | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 2:53AM Tue | Moon – Red | Sivaloka Day |
| | | Chidambaram Abhishekam | | Ashada*Ani | |

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| Retreat Star | | Tuesday, July 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau | Moscow, Russia Sun 21 Sutra 86 |
| Kanya Rasi: 18.14 | Tithi 8 | Gulika 12:35PM – 2:44PM | Hasta Until 2:43PM | Ganesha: White <i>Sunrise:</i> 4:00AM | Vikarin 5121 |
| | | Yama 8:18AM – 10:27AM | Parigha* Until 10:06AM | Muruqa: Blue <i>Sunset:</i> 9:10PM | Moon 6 - Phase 12 |
| | 463793461 | Rahu 4:53PM – 7:02PM | Visti Until 1:54PM | Nataraja: Yellow | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 1:00AM Wed | Moon – Green | Subha Sivaloka Day |
| | | | | Ashada*Ani | |

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| Retreat Star | | Wednesday, July 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau | Moscow, Russia Sun 22 Sutra 87 |
| Tula Rasi: 2.1 | Tithi 9 | Gulika 10:27AM – 12:36PM | Chitra Until 1:50PM | Ganesha: Yellow <i>Sunrise:</i> 4:02AM | Vikarin 5121 |
| | | Yama 6:10AM – 8:19AM | Shiva Until 7:39AM | Muruqa: Blue <i>Sunset:</i> 9:09PM | Moon 6 - Phase 12 |
| | 463893461 | Rahu 12:36PM – 2:44PM | Balava Until 12:14PM | Nataraja: Yellow | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 11:32PM | Moon – Green | Sivaloka Day |
| | | | | Ashada*Ani | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


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| 1 | Thursday, July 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau | | | | Moscow, Russia Sun 23 Sutra 88 |
| | Tula Rasi: 15.5 | Tithi 10 | Gulika 8:19AM – 10:28AM | Svati Until 1:15PM | Ganesha: Yellow | <i>Sunrise:</i> 4:03AM | Vikarin 5121 |
| | | | Yama 4:03AM – 6:11AM | Sadhya Until 3:48AM Fri | Muruqa: Blue | <i>Sunset:</i> 9:09PM | Moon 6 - Phase 13 |
| | 463893461 | Rahu 2:44PM – 4:52PM | Taitila Until 11:00AM | | Nataraja: Yellow | | 4th Phase |
| Creative Work | Amrita Yoga | | Dashami Until 10:32PM | Moon – Green | | Sivaloka Day | |
| | Until 1:15PM | | | Ashada*Ani | | | |
| | Then Creative Work - Siddha Yoga | | | | | | |

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| 2 | Friday, July 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Moscow, Russia Sun 24 Sutra 89 |
| | Tula Rasi: 29.14 | Tithi 11 | Gulika 6:12AM – 8:20AM | Vishakha Until 1:25PM | Ganesha: White | <i>Sunrise:</i> 4:04AM | Vikarin 5121 |
| | | | Yama 4:52PM – 7:00PM | Subha Until 2:28AM Sat | Muruqa: Blue | <i>Sunset:</i> 9:07PM | Moon 6 - Phase 13 |
| | 473893461 | Rahu 10:28AM – 12:36PM | Vanija Until 10:13AM | | Nataraja: Yellow | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 10:00PM | Moon – Orange | | Devaloka Day | |
| | | | | Ashada*Ani | | | |

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| 3 | Saturday, July 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau | | | | Moscow, Russia Sun 25 Sutra 90 |
| | Vrischika Rasi: 12.23 | Tithi 12 | Gulika 4:06AM – 6:13AM | Anuradha Until 1:54PM | Ganesha: White | <i>Sunrise:</i> 4:06AM | Vikarin 5121 |
| | | | Yama 2:44PM – 4:51PM | Sukla Until 1:29AM Sun | Muruqa: Blue | <i>Sunset:</i> 9:06PM | Moon 6 - Phase 13 |
| | 473893461 | Rahu 8:21AM – 10:28AM | Bava Until 9:56AM | | Nataraja: Yellow | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 9:56PM | Moon – Orange | | Devaloka Day | |
| | | | | Ashada*Ani | | | |

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| 4 | Sunday, July 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Moscow, Russia Sun 26 Sutra 91 |
| | Vrischika Rasi: 25.17 | Tithi 13 | Gulika 4:51PM – 6:58PM | Jyeshtha* Until 2:43PM | Ganesha: White | <i>Sunrise:</i> 4:07AM | Vikarin 5121 |
| | | | Yama 12:36PM – 2:43PM | Brahma Until 12:53AM Mon | Muruqa: Blue | <i>Sunset:</i> 9:05PM | Moon 6 - Phase 13 |
| | 473893461 | Rahu 6:58PM – 9:05PM | Kaulava Until 10:07AM | | Nataraja: Yellow | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 10:22PM | Moon – Orange | | Devaloka Day | |
| | Until 2:43PM | | | Ashada*Ani | | | |
| | Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata</i> | | | |

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| 5 | Monday, July 15, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Moscow, Russia Sun 27 Sutra 92 |
| | Dhanus Rasi: 7.57 | Tithi 14 | Gulika 2:43PM – 4:50PM | Mula* Until 4:18PM | Ganesha: Clear | <i>Sunrise:</i> 4:08AM | Vikarin 5121 |
| | | | Yama 10:29AM – 12:36PM | Indra Until 12:41AM Tue | Muruqa: Blue | <i>Sunset:</i> 9:04PM | Moon 6 - Phase 13 |
| | 483893461 | Rahu 6:15AM – 8:22AM | Gara Until 10:47AM | | Nataraja: Yellow | | 4th Phase |
| Family Home Evening | Siddha Yoga | | Chaturdashi* Until 11:16PM | Moon – Light Blue | | Sivaloka Day | |
| | Until 4:18PM | | | Ashada*Ani | | | |
| | Then Routine Work - Marana Yoga | | | | | | |

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|  | Tuesday, July 16, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Moscow, Russia Sutra 93 |
| | Copper Retreat Star | | Gulika 12:36PM – 2:43PM | Purvashadha* Until 6:10PM | Ganesha: Clear | <i>Sunrise:</i> 4:10AM | Vikarin 5121 |
| | Dhanus Rasi: 20.25 | Tithi 15 | Yama 8:23AM – 10:30AM | Vaidhriti* Until 12:48AM Wed | Muruqa: Blue | <i>Sunset:</i> 9:03PM | Moon 6 - Phase 13 |
| | 483893461 | Rahu 4:49PM – 6:56PM | Visti Until 11:54AM | | Nataraja: Yellow | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 12:37AM Wed | Moon – Light Blue | | Sivaloka Day | |
| | Until 6:10PM | | | Ashada*Ani | | | |
| | Then Routine Work - Prabalarishta Yoga | | | | | | |
| | | Partial Lunar Eclipse Satguru Purnima | | | | | |

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| ○ | Wednesday, July 17, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Moscow, Russia Sutra 94 |
| | Silver Retreat Star | | Gulika 10:30AM – 12:36PM | Uttarashadha Until 8:18PM | Ganesha: Purple | <i>Sunrise:</i> 4:11AM | Vikarin 5121 |
| | Makara Rasi: 2.41 | Tithi 16 | Yama 6:18AM – 8:24AM | Vishkambha* Until 1:14AM Thu | Muruqa: Blue | <i>Sunset:</i> 9:01PM | Moon 6 - Phase 13 |
| | 484893462 | Rahu 12:36PM – 2:43PM | Balava Until 1:28PM | | Nataraja: White | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 2:23AM Thu | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| | Until 8:18PM | | | Ashada*Adi | | | |
| | Then Creative Work - Siddha Yoga | | | | | | |



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvityayam Titau

Moscow, Russia
Sun 1 Sutra 95

Makara Rasi: 14.47 Tithi 17

Gulika 8:25AM – 10:30AM
Yama 4:13AM – 6:19AM
Rahu 2:42PM – 4:48PM

Ganesha: Clear *Sunrise: 4:13AM*

Muruqa: Blue *Sunset: 9:00PM*

Nataraja: White Moon 7 - Phase 14

Moon – Purple

Subha Sivaloka Day

Ashada•Adi

Creative Work Siddha Yoga

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia
Sun 2 Sutra 96

1

Makara Rasi: 26.46 Tithi 18

Gulika 6:20AM – 8:25AM
Yama 4:48PM – 6:53PM
Rahu 10:31AM – 12:36PM

Ganesha: Clear *Sunrise: 4:14AM*

Muruqa: Blue *Sunset: 8:59PM*

Nataraja: White Moon 7 - Phase 14

Moon – Purple

Subha Sivaloka Day

Ashada•Adi

Creative Work Siddha Yoga

Until 1:57AM Sat
Then Creative Work - Amrita Yoga

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Moscow, Russia
Sun 3 Sutra 97

2

Kumbha Rasi: 8.4 Tithi 18 – 19

Gulika 4:16AM – 6:21AM
Yama 2:42PM – 4:47PM
Rahu 8:26AM – 10:31AM

Ganesha: Clear *Sunrise: 4:16AM*

Muruqa: Blue *Sunset: 8:57PM*

Nataraja: White Moon 7 - Phase 14

Moon – Purple

Subha Sivaloka Day

Ashada•Adi

Creative Work Amrita Yoga

Until 4:45AM Sun
Then Creative Work - Siddha Yoga

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia
Sun 4 Sutra 98

3

Kumbha Rasi: 20.31 Tithi 19 – 20

Gulika 4:46PM – 6:51PM
Yama 12:37PM – 2:41PM
Rahu 6:51PM – 8:56PM

Ganesha: Clear *Sunrise: 4:17AM*

Muruqa: Blue *Sunset: 8:56PM*

Nataraja: White Moon 7 - Phase 14

Moon – Clear

Subha Sivaloka Day

Ashada•Adi

Creative Work Siddha Yoga

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Moscow, Russia
Sun 5 Sutra 99

4

Meena Rasi: 2.23 Tithi 20 – 21

Family Home Evening

Gulika 2:41PM – 4:45PM
Yama 10:32AM – 12:37PM
Rahu 6:23AM – 8:28AM

Ganesha: Clear *Sunrise: 4:19AM*

Muruqa: Blue *Sunset: 8:54PM*

Nataraja: White Moon 7 - Phase 14

Moon – Clear

Subha Sivaloka Day

Ashada•Adi

Routine Work Marana Yoga

Until 7:53AM
Then Creative Work - Siddha Yoga

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia
Sun 6 Sutra 100

5

Meena Rasi: 14.19 Tithi 21 – 22

Gulika 12:37PM – 2:41PM
Yama 8:29AM – 10:33AM
Rahu 4:45PM – 6:49PM

Ganesha: Clear *Sunrise: 4:21AM*

Muruqa: Blue *Sunset: 8:53PM*

Nataraja: White Moon 7 - Phase 14

Moon – Clear

Subha Sivaloka Day

Ashada•Adi

Creative Work Amrita Yoga

Until 10:40AM
Then Creative Work - Siddha Yoga

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia
Sun 7 Sutra 101

6

Meena Rasi: 26.23 Tithi 22 – 23

Gulika 10:33AM – 12:37PM
Yama 6:26AM – 8:29AM
Rahu 12:37PM – 2:40PM

Ganesha: Clear *Sunrise: 4:22AM*

Muruqa: Blue *Sunset: 8:51PM*

Nataraja: White Moon 7 - Phase 14

Moon – Clear

Subha Sivaloka Day

Ashada•Adi

Routine Work Marana Yoga

Thursday, July 25, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia
Sun 8 Sutra 102

D

Retreat Star

Mesha Rasi: 8.37 Tithi 23 – 24

Gulika 8:30AM – 10:34AM
Yama 4:24AM – 6:27AM
Rahu 2:40PM – 4:43PM

Ganesha: White *Sunrise: 4:24AM*

Muruqa: Blue *Sunset: 8:49PM*

Nataraja: White Moon 7 - Phase 14

Moon – White

Subha Subha Sivaloka Day

Ashada•Adi

Creative Work Amrita Yoga

Until 3:04PM
Then Creative Work - Siddha Yoga

Friday, July 26, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Moscow, Russia
Sun 9 Sutra 103

D

Retreat Star

Mesha Rasi: 21.08 Tithi 24 – 25

Gulika 6:28AM – 8:31AM
Yama 4:42PM – 6:45PM
Rahu 10:34AM – 12:37PM

Ganesha: White *Sunrise: 4:26AM*

Muruqa: Blue *Sunset: 8:48PM*

Nataraja: White Moon 7 - Phase 14

Moon – White

Subha Subha Sivaloka Day

Ashada•Adi

Creative Work Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang


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| 1 | Saturday, July 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Moscow, Russia Sun 10 Sutra 104 |
| | Vrishabha Rasi: 3.59 Tithi 25 – 26 | 424893462 | Gulika 4:27AM – 6:30AM Yama 2:39PM – 4:41PM Rahu 8:32AM – 10:34AM | Krittika Until 4:49PM Vriddhi Until 3:57AM Sun Bava Until 4:55AM Sun Dashami Until 5:16PM | Ganesha: White Muruqa: Blue Nataraja: White Moon – White | <i>Sunrise:</i> 4:27AM <i>Sunset:</i> 8:46PM | Vikarin 5121 Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day |
| | Creative Work Amrita Yoga | | | | | | |
| | Until 3:51PM Then Creative Work - Siddha Yoga | | | | | | |

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|----------|--|-----------|--|--|--|---|---|
| 2 | Sunday, July 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Moscow, Russia Sun 11 Sutra 105 |
| | Vrishabha Rasi: 17.14 Tithi 26 – 27 | 434893462 | Gulika 4:40PM – 6:42PM Yama 12:37PM – 2:38PM Rahu 6:42PM – 8:44PM | Rohini Until 4:47PM Dhruva Until 1:53AM Mon Kaulava Until 3:36AM Mon Ekadashi* Until 4:20PM | Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow | <i>Sunrise:</i> 4:29AM <i>Sunset:</i> 8:44PM | Vikarin 5121 Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day |
| | Creative Work Siddha Yoga | | | | | | |
| | Until 3:51PM Then Creative Work - Siddha Yoga | | | | | | |

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|----------|---|-----------|---|---|---|---|---|
| 3 | Monday, July 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Moscow, Russia Sun 12 Sutra 106 |
| | Mithuna Rasi: 0.55 Tithi 27 – 28 Family Home Evening | 435893462 | Gulika 2:38PM – 4:39PM Yama 10:35AM – 12:37PM Rahu 6:32AM – 8:34AM | Mrigashira Until 3:51PM Vyaghata* Until 11:14PM Gara Until 1:35AM Tue Dvadashi* Until 2:39PM | Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow | <i>Sunrise:</i> 4:31AM <i>Sunset:</i> 8:42PM | Vikarin 5121 Moon 7 - Phase 15 2nd Phase Sivaloka Day |
| | Creative Work Amrita Yoga | | | | | | |
| | Until 3:51PM Then Creative Work - Siddha Yoga | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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|----------|--|-----------|--|---|---|---|---|
| 4 | Tuesday, July 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Moscow, Russia Sun 13 Sutra 107 |
| | Mithuna Rasi: 15.02 Tithi 28 – 29 | 435893462 | Gulika 12:37PM – 2:38PM Yama 8:35AM – 10:36AM Rahu 4:38PM – 6:39PM | Ardra Until 2:07PM Harshana Until 8:07PM Visti Until 10:57PM Trayodashi* Until 12:19PM | Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow | <i>Sunrise:</i> 4:33AM <i>Sunset:</i> 8:40PM | Vikarin 5121 Moon 7 - Phase 15 2nd Phase Sivaloka Day |
| | Routine Work Marana Yoga | | | | | | |
| | Until 2:07PM Then Creative Work - Siddha Yoga | | | | | | |

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|  | Wednesday, July 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Moscow, Russia Sun 14 Sutra 108 | | |
| | Retreat Star | | Mithuna Rasi: 29.33 Tithi 29 – 30 | 445893462 | Gulika 10:36AM – 12:37PM Yama 6:35AM – 8:36AM Rahu 12:37PM – 2:37PM | Punarvasu Until 12:09PM Vajra* Until 4:33PM Catuspada Until 7:52PM Chaturdashi* Until 9:27AM | Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue | <i>Sunrise:</i> 4:35AM <i>Sunset:</i> 8:38PM | Vikarin 5121 Moon 7 - Phase 15 Amavasya Sivaloka Day |
| | Creative Work Siddha Yoga | | | | | | | | |
| | Until 3:51PM Then Creative Work - Siddha Yoga | | | | | | | | |

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|  | Thursday, August 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau | | | | Moscow, Russia Sun 15 Sutra 109 | | |
| | Retreat Star | | Kataka Rasi: 14.22 Tithi 30 – 1 | 445893462 | Gulika 8:36AM – 10:36AM Yama 4:36AM – 6:36AM Rahu 2:36PM – 4:37PM | Pushya Until 9:40AM Siddhi Until 12:43PM Bava Until 2:41AM Fri Amavasya* Until 6:11AM | Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue | <i>Sunrise:</i> 4:36AM <i>Sunset:</i> 8:37PM | Vikarin 5121 Moon 7 - Phase 15 Prathama Sivaloka Day |
| | Creative Work Amrita Yoga | | | | | | | | |
| | Until 9:40AM Then Creative Work - Siddha Yoga | | | | | | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | | Friday, August 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | Moscow, Russia Sun 16 Sutra 110 Vikarin 5121 |
| Kataka Rasi: 29.23 | Tithi 2 | Gulika 6:38AM – 8:37AM | Ashlesha* Until 6:50AM | Ganesha: Green | <i>Sunrise:</i> 4:38AM | | |
| | | Yama 4:35PM – 6:35PM | Vyatipata* Until 8:45AM | Muruqa: Blue | <i>Sunset:</i> 8:35PM | Moon 7 - Phase 16 | |
| 445893462 | Rahu 10:37AM – 12:36PM | | Balava Until 12:55PM | Nataraja: White | | 3rd Phase | |
| Routine Work | Marana Yoga | | Dvitiya Until 11:07PM | Moon – Blue | | | Sivaloka Day |
| | | | | Sravana*Adi | | | |

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|----------------------------------|------------------------------|---------------------------------|---------------------------------------|---|------------------------|-------------------|--|
| 2 | | Saturday, August 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau | | | Moscow, Russia Sun 17 Sutra 111 Vikarin 5121 |
| Simha Rasi: 14.26 | Tithi 3 | Gulika 4:40AM – 6:39AM | Purvaphalguni Until 1:36AM Sun | Ganesha: White | <i>Sunrise:</i> 4:40AM | | |
| | | Yama 2:35PM – 4:34PM | Parigha* Until 12:49AM Sun | Muruqa: Blue | <i>Sunset:</i> 8:33PM | Moon 7 - Phase 16 | |
| 455893462 | Rahu 8:38AM – 10:37AM | | Taitila Until 9:22AM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Tritiya Until 7:37PM | Moon – Red | | | Sivaloka Day |
| Until 1:36AM Sun | | | | Sravana*Adi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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|-------------------|-----------------------------|-------------------------------|-------------------------------------|--|------------------------|-------------------|--|
| 3 | | Sunday, August 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | Moscow, Russia Sun 18 Sutra 112 Vikarin 5121 |
| Simha Rasi: 29.23 | Tithi 4 – 5 | Gulika 4:33PM – 6:32PM | Uttaraphalguni Until 11:06PM | Ganesha: Yellow | <i>Sunrise:</i> 4:42AM | | |
| | | Yama 12:36PM – 2:35PM | Shiva Until 9:08PM | Muruqa: Blue | <i>Sunset:</i> 8:31PM | Moon 7 - Phase 16 | |
| 455993462 | Rahu 6:32PM – 8:31PM | | Bava Until 2:51AM Mon | Nataraja: White | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Chaturthi* Until 4:20PM | Moon – Red | | | Subha Sivaloka Day |
| | | | | Sravana*Adi | | | |

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| 4 | | Monday, August 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | Moscow, Russia Sun 19 Sutra 113 Vikarin 5121 |
| Kanya Rasi: 14.07 | Tithi 5 – 6 | Gulika 2:34PM – 4:32PM | Hasta Until 9:17PM | Ganesha: White | <i>Sunrise:</i> 4:44AM | | |
| Family Home Evening | | Yama 10:38AM – 12:36PM | Siddha Until 5:45PM | Muruqa: Blue | <i>Sunset:</i> 8:29PM | Moon 7 - Phase 16 | |
| 465993462 | Rahu 6:42AM – 8:40AM | | Kaulava Until 12:10AM Tue | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Panchami Until 1:26PM | Moon – Green | | | Subha Subha Sivaloka Day |
| Until 9:17PM | | Nag Panchami | | Sravana*Adi | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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| 5 | | Tuesday, August 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | | Moscow, Russia Sun 20 Sutra 114 Vikarin 5121 |
| Kanya Rasi: 28.31 | Tithi 6 – 7 | Gulika 12:36PM – 2:34PM | Chitra Until 7:52PM | Ganesha: White | <i>Sunrise:</i> 4:46AM | | |
| | | Yama 8:41AM – 10:38AM | Sadhya Until 2:48PM | Muruqa: Blue | <i>Sunset:</i> 8:26PM | Moon 7 - Phase 16 | |
| 465993462 | Rahu 4:31PM – 6:29PM | | Gara Until 10:02PM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 11:00AM | Moon – Green | | | Subha Subha Sivaloka Day |
| | | | | Sravana*Adi | | | |

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| Retreat Star | | Wednesday, August 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | Moscow, Russia Sun 21 Sutra 115 Vikarin 5121 |
| Tula Rasi: 12.32 | Tithi 7 – 8 | Gulika 10:39AM – 12:36PM | Svati Until 6:54PM | Ganesha: White | <i>Sunrise:</i> 4:47AM | | |
| | | Yama 6:45AM – 8:42AM | Subha Until 12:21PM | Muruqa: Blue | <i>Sunset:</i> 8:24PM | Moon 7 - Phase 16 | |
| 465993462 | Rahu 12:36PM – 2:33PM | | Visti Until 8:30PM | Nataraja: White | | Ashtami | |
| Creative Work | Siddha Yoga | | Saptami Until 9:10AM | Moon – Green | | | Subha Subha Sivaloka Day |
| | | | | Sravana*Adi | | | |

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| Retreat Star | | Thursday, August 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | Moscow, Russia Sun 22 Sutra 116 Vikarin 5121 |
| Tula Rasi: 26.09 | Tithi 8 – 9 | Gulika 8:43AM – 10:39AM | Vishakha Until 6:54PM | Ganesha: Purple | <i>Sunrise:</i> 4:49AM | | |
| | | Yama 4:49AM – 6:46AM | Sukla Until 10:25AM | Muruqa: Blue | <i>Sunset:</i> 8:22PM | Moon 7 - Phase 16 | |
| 476993462 | Rahu 2:32PM – 4:29PM | | Balava Until 7:39PM | Nataraja: White | | Navami | |
| Creative Work | Siddha Yoga | | Ashtami* Until 7:59AM | Moon – Orange | | | Sivaloka Day |
| | | | | Sravana*Adi | | | |

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| 1 Friday, August 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Moscow, Russia |
| Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Sun 23 | | Sutra 117 | | Vikarin 5121 |
| Wrischika Rasi: 9.24 | Tithi 9 – 10 | Gulika 6:47AM – 8:43AM | Anuradha Until 7:24PM | Ganesha: Purple | <i>Sunrise:</i> 4:51AM | |
| | | Yama 4:28PM – 6:24PM | Brahma Until 9:02AM | Muruqa: Blue | <i>Sunset:</i> 8:20PM | Moon 7 - Phase 17 |
| | 476993462 | Rahu 10:40AM – 12:36PM | Taitila Until 7:28PM | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 7:28AM | Moon – Orange | | Sivaloka Day |
| Until 7:24PM | | | | Sravana*Adi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 2 Saturday, August 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Moscow, Russia |
| Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Sun 24 | | Sutra 118 | | Vikarin 5121 |
| Wrischika Rasi: 22.19 | Tithi 10 – 11 | Gulika 4:53AM – 6:49AM | Jyeshtha* Until 8:22PM | Ganesha: Purple | <i>Sunrise:</i> 4:53AM | |
| | | Yama 2:31PM – 4:27PM | Indra Until 8:10AM | Muruqa: Blue | <i>Sunset:</i> 8:18PM | Moon 7 - Phase 17 |
| | 476993462 | Rahu 8:44AM – 10:40AM | Vanija Until 7:55PM | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 7:36AM | Moon – Orange | | Sivaloka Day |
| Until 7:24PM | | | | Sravana*Adi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 Sunday, August 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Moscow, Russia |
| Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Sun 25 | | Sutra 119 | | Vikarin 5121 |
| Dhanus Rasi: 4.56 | Tithi 11 – 12 | Gulika 4:26PM – 6:21PM | Mula* Until 10:12PM | Ganesha: Clear | <i>Sunrise:</i> 4:55AM | |
| | | Yama 12:35PM – 2:30PM | Vaidhriti* Until 7:45AM | Muruqa: Blue | <i>Sunset:</i> 8:16PM | Moon 7 - Phase 17 |
| | 486993462 | Rahu 6:21PM – 8:16PM | Bava Until 8:56PM | Nataraja: White | | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 8:20AM | Moon – Light Blue | | Subha Sivaloka Day |
| Until 10:12PM | | | | Sravana*Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---|---------------|--|---------------------------------------|------------------------|------------------------|---------------------------|
| 4 Monday, August 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Moscow, Russia |
| Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Sun 26 | | Sutra 120 | | Vikarin 5121 |
| Dhanus Rasi: 17.19 | Tithi 12 – 13 | Gulika 2:30PM – 4:24PM | Purvashadha* Until 12:20AM Tue | Ganesha: Clear | <i>Sunrise:</i> 4:57AM | |
| Family Home Evening | | Yama 10:41AM – 12:35PM | Vishkambha* Until 7:46AM | Muruqa: Blue | <i>Sunset:</i> 8:13PM | Moon 7 - Phase 17 |
| Routine Work | Marana Yoga | Rahu 6:51AM – 8:46AM | Kaulava Until 10:25PM | Nataraja: White | | 4th Phase |
| Until 12:20AM Tue | | | Dvadashi Until 9:36AM | Moon – Light Blue | | Subha Sivaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | | Sravana*Adi | | |
| | | | <i>Pradosha Vrata</i> | | | |

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|---|--------------------|---|--------------------------------------|------------------------|------------------------|---------------------------|
| 5 Tuesday, August 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Moscow, Russia |
| Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Sun 27 | | Sutra 121 | | Vikarin 5121 |
| Dhanus Rasi: 29.31 | Tithi 13 – 14 | Gulika 12:35PM – 2:29PM | Uttarashadha Until 2:38AM Wed | Ganesha: Clear | <i>Sunrise:</i> 4:59AM | |
| | | Yama 8:47AM – 10:41AM | Priti Until 8:07AM | Muruqa: Blue | <i>Sunset:</i> 8:11PM | Moon 7 - Phase 17 |
| | 486993462 | Rahu 4:23PM – 6:17PM | Gara Until 12:16AM Wed | Nataraja: White | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Trayodashi Until 11:17AM | Moon – Light Blue | | Subha Sivaloka Day |
| Until 2:38AM Wed | | | | Sravana*Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Wednesday, August 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Moscow, Russia |
| Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sun 28 | | Sutra 122 | | Vikarin 5121 |
| Copper Retreat Star | | Gulika 10:41AM – 12:35PM | Shravana Until 5:33AM Thu | Ganesha: White | <i>Sunrise:</i> 5:01AM | |
| Makara Rasi: 11.35 | Tithi 14 – 15 | Yama 6:54AM – 8:48AM | Ayushman Until 8:42AM | Muruqa: Blue | <i>Sunset:</i> 8:09PM | Moon 7 - Phase 17 |
| | 496993462 | Rahu 12:35PM – 2:28PM | Visti Until 2:25AM Thu | Nataraja: White | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 1:18PM | Moon – Purple | | Sivaloka Day |
| | | Raksha Bandhan | | Sravana*Adi | | |

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|--|---------------|--|------------------------------------|------------------------|------------------------|---------------------------|
| Thursday, August 15, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Moscow, Russia |
| Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Sun 29 | | Sutra 123 | | Vikarin 5121 |
| Silver Retreat Star | | Gulika 8:49AM – 10:42AM | Dhanishtha Until 8:27AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:03AM | |
| Makara Rasi: 23.33 | Tithi 15 – 16 | Yama 5:03AM – 6:56AM | Saubhagya Until 9:29AM | Muruqa: Blue | <i>Sunset:</i> 8:07PM | Moon 7 - Phase 17 |
| | 497993462 | Rahu 2:28PM – 4:21PM | Balava Until 4:44AM Fri | Nataraja: White | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 3:32PM | Moon – Purple | | Subha Sivaloka Day |
| | | | | Sravana*Adi | | |



Friday, August 16, 2019

Gold Retreat Star

Kumbha Rasi: 5.26 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Moscow, Russia

Sutra 124

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Gulika 6:57AM – 8:49AM
Yama 4:19PM – 6:12PM
Rahu 10:42AM – 12:34PM

Dhanishtha **Until 8:27AM**
Sobhana **Until 10:24AM**
Taitila **Until 7:10AM Sat**
Prathama* Until 5:55PM

Ganesha: Yellow *Sunrise: 5:04AM*
Muruqa: Blue *Sunset: 8:04PM*
Nataraja: White
Moon – Purple
Sravana-Adi

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 17.18 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 11:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Moscow, Russia

Sun 1 Sutra 125

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Gulika 5:06AM – 6:58AM
Yama 2:26PM – 4:18PM
Rahu 8:50AM – 10:42AM

Shatabhishak **Until 11:16AM**
Athiganda* **Until 11:21AM**
Taitila **Until 7:10AM**
Dvitiya Until 8:21PM

Ganesha: Yellow *Sunrise: 5:06AM*
Muruqa: Blue *Sunset: 8:02PM*
Nataraja: White
Moon – Purple
Sravana-Avani

Subha Sivaloka Day

2

Sunday, August 18, 2019

Kumbha Rasi: 29.1 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 2:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshthapada*/Uttarproshthapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Moscow, Russia

Sun 2 Sutra 126

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Gulika 4:17PM – 6:08PM
Yama 12:34PM – 2:25PM
Rahu 6:08PM – 8:00PM

Purvaproshthapada* Until 2:25PM
Sukarma **Until 12:18PM**
Vanija **Until 9:35AM**
Tritiya Until 10:45PM

Ganesha: White *Sunrise: 5:08AM*
Muruqa: Blue *Sunset: 8:00PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 11.03 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarproshthapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Moscow, Russia

Sun 3 Sutra 127

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Gulika 2:25PM – 4:16PM
Yama 10:43AM – 12:34PM
Rahu 7:01AM – 8:52AM

Uttarproshthapada Until 5:16PM
Dhriti **Until 1:12PM**
Bava **Until 11:55AM**
Chaturthi* Until 1:00AM Tue

Ganesha: White *Sunrise: 5:10AM*
Muruqa: Blue *Sunset: 7:57PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 23 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 4 Sutra 128

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Gulika 12:34PM – 2:24PM
Yama 8:53AM – 10:43AM
Rahu 4:14PM – 6:05PM

Revati Until 7:46PM
Shula* **Until 1:54PM**
Kaulava **Until 2:03PM**
Panchami Until 2:59AM Wed

Ganesha: White *Sunrise: 5:12AM*
Muruqa: Blue *Sunset: 7:55PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 5.04 Tilthi 21

527993462

Routine Work Marana Yoga

Until 10:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhi* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 5 Sutra 129

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Gulika 10:43AM – 12:33PM
Yama 7:04AM – 8:54AM
Rahu 12:33PM – 2:23PM

Ashvini Until 10:14PM
Ganda* **Until 2:22PM**
Gara **Until 3:52PM**
Shashthi* Until 4:35AM Thu

Ganesha: Clear *Sunrise: 5:14AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: White
Moon – White
Sravana-Avani

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 17.18 Tilthi 22

528993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Moscow, Russia

Sun 6 Sutra 130

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Gulika 8:54AM – 10:44AM
Yama 5:16AM – 7:05AM
Rahu 2:22PM – 4:12PM

Bharani Until 12:04AM Fri
Vridhi **Until 2:30PM**
Visti **Until 5:13PM**
Saptami Until 5:39AM Fri

Ganesha: White *Sunrise: 5:16AM*
Muruqa: Blue *Sunset: 7:50PM*
Nataraja: White
Moon – White
Sravana-Avani

Sivaloka Day

●

Friday, August 23, 2019

Retreat Star

Mesha Rasi: 29.46 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 1:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Sun 7 Sutra 131

Vikarin 5121

Moon 8 - Phase 18

Ashtami

Gulika 7:07AM – 8:55AM
Yama 4:10PM – 5:59PM
Rahu 10:44AM – 12:33PM

Krittika Until 1:07AM Sat
Dhruva **Until 2:09PM**
Balava **Until 5:58PM**
Ashtami* Until 6:03AM Sat

Ganesha: White *Sunrise: 5:18AM*
Muruqa: Blue *Sunset: 7:48PM*
Nataraja: White
Moon – White
Sravana-Avani

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrshabha Rasi: 12.32 Tilthi 23 – 24

538993462

Creative Work Amrita Yoga

Until 1:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia

Sun 8 Sutra 132

Vikarin 5121

Moon 8 - Phase 18

Navami

Gulika 5:20AM – 7:08AM
Yama 2:21PM – 4:09PM
Rahu 8:56AM – 10:44AM

Rohini Until 1:45AM Sun
Vyaghata* **Until 1:16PM**
Taitila **Until 6:00PM**
Ashtami* Until 6:03AM

Ganesha: Clear *Sunrise: 5:20AM*
Muruqa: Blue *Sunset: 7:45PM*
Nataraja: White
Moon – Yellow
Sravana-Avani

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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|----------------------|-----------------------------|--------------------------------|------------------------------------|---|---|
| 1 | | Sunday, August 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau | Moscow, Russia Sun 9 Sutra 133 Vikarin 5121 |
| Wishabha Rasi: 25.41 | Tithi 25 | Gulika 4:08PM – 5:55PM | Mrigashira Until 1:27AM Mon | Ganesha: Clear <i>Sunrise:</i> 5:22AM | |
| | | Yama 12:32PM – 2:20PM | Harshana Until 11:46AM | Muruqa: Blue <i>Sunset:</i> 7:43PM | Moon 8 - Phase 19 |
| 538993462 | Rahu 5:55PM – 7:43PM | | Vanija Until 5:14PM | Nataraja: White | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 4:33AM Mon | Moon – Yellow | Subha Sivaloka Day |
| | | | | Sravana-Avani | |

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|----------------------------|-----------------------------|--------------------------------|-----------------------------------|--|--|
| 2 | | Monday, August 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau | Moscow, Russia Sun 10 Sutra 134 Vikarin 5121 |
| Mithuna Rasi: 9.16 | Tithi 26 | Gulika 2:19PM – 4:06PM | Ardra Until 12:15AM Tue | Ganesha: Clear <i>Sunrise:</i> 5:24AM | |
| Family Home Evening | | Yama 10:45AM – 12:32PM | Vajra* Until 9:37AM | Muruqa: Blue <i>Sunset:</i> 7:40PM | Moon 8 - Phase 19 |
| 538993462 | Rahu 7:11AM – 8:58AM | | Bava Until 3:42PM | Nataraja: White | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 2:38AM Tue | Moon – Yellow | Subha Sivaloka Day |
| | | | | Sravana-Avani | |

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|---------------------|-----------------------------|---------------------------------|------------------------------------|---|--|
| 3 | | Tuesday, August 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau | Moscow, Russia Sun 11 Sutra 135 Vikarin 5121 |
| Mithuna Rasi: 23.19 | Tithi 27 | Gulika 12:32PM – 2:18PM | Punarvasu Until 10:39PM | Ganesha: Purple <i>Sunrise:</i> 5:25AM | |
| | | Yama 8:59AM – 10:45AM | Siddhi Until 6:52AM | Muruqa: Blue <i>Sunset:</i> 7:38PM | Moon 8 - Phase 19 |
| 548993462 | Rahu 4:05PM – 5:51PM | | Kaulava Until 1:26PM | Nataraja: White | 2nd Phase |
| Creative Work | Siddha Yoga | | Dvadashi* Until 12:03AM Wed | Moon – Blue | Sivaloka Day |
| | | | | Sravana-Avani | |

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| 4 | | Wednesday, August 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau | Moscow, Russia Sun 12 Sutra 136 Vikarin 5121 |
| Kataka Rasi: 7.49 | Tithi 28 | Gulika 10:45AM – 12:31PM | Pushya Until 8:20PM | Ganesha: Light Blue <i>Sunrise:</i> 5:27AM | |
| | | Yama 7:13AM – 8:59AM | Variyan Until 11:51PM | Muruqa: Blue <i>Sunset:</i> 7:35PM | Moon 8 - Phase 19 |
| 549993463 | Rahu 12:31PM – 2:17PM | | Gara Until 10:34AM | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 8:55PM | Moon – Blue | Devaloka Day |
| | | | | Sravana-Avani | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | |

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| 5 | | Thursday, August 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Moscow, Russia Sun 13 Sutra 137 Vikarin 5121 |
| Kataka Rasi: 22.41 | Tithi 29 – 30 | Gulika 9:00AM – 10:46AM | Ashlesha* Until 5:29PM | Ganesha: Orange <i>Sunrise:</i> 5:29AM | |
| | | Yama 5:29AM – 7:15AM | Parigha* Until 7:49PM | Muruqa: Blue <i>Sunset:</i> 7:33PM | Moon 8 - Phase 19 |
| 549193463 | Rahu 2:17PM – 4:02PM | | Visti Until 7:12AM | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 5:23PM | Moon – Blue | Sivaloka Day |
| Until 5:29PM | | | | Sravana-Avani | |
| Then Creative Work - Amrita Yoga | | | | | |

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| Retreat Star | | Friday, August 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Moscow, Russia Sun 14 Sutra 138 Vikarin 5121 |
| Simha Rasi: 7.5 | Tithi 30 – 1 | Gulika 7:16AM – 9:01AM | Magha* Until 2:39PM | Ganesha: Clear <i>Sunrise:</i> 5:31AM | |
| | | Yama 4:01PM – 5:45PM | Shiva Until 3:36PM | Muruqa: Blue <i>Sunset:</i> 7:30PM | Moon 8 - Phase 19 |
| 559193463 | Rahu 10:46AM – 12:31PM | | Kintughna Until 11:41PM | Nataraja: Clear | Amavasya |
| Routine Work | Marana Yoga | | Amavasya* Until 1:36PM | Moon – Red | Sivaloka Day |
| Until 2:39PM | | | | Sravana-Avani | |
| Then Creative Work - Siddha Yoga | | | | | |

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| Retreat Star | | Saturday, August 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Moscow, Russia Sun 15 Sutra 139 Vikarin 5121 |
| Simha Rasi: 23.05 | Tithi 1 – 2 | Gulika 5:33AM – 7:17AM | Purvaphalguni Until 11:37AM | Ganesha: Clear <i>Sunrise:</i> 5:33AM | |
| | | Yama 2:15PM – 3:59PM | Siddha Until 11:18AM | Muruqa: Blue <i>Sunset:</i> 7:28PM | Moon 8 - Phase 19 |
| 559193463 | Rahu 9:02AM – 10:46AM | | Balava Until 7:52PM | Nataraja: Clear | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 9:45AM | Moon – Red | Sivaloka Day |
| Until 11:37AM | | | | Bhadrapada-Avani | |
| Then Routine Work - Marana Yoga | | | | | |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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| 1 | Sunday, September 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau | | | | Moscow, Russia |
| | Kanya Rasi: 8.17 | Tithi 2 - 3 | | | | Sun 16 | Sutra 140 |
| | | | Gulika 3:58PM - 5:42PM | Uttaraphalguni Until 8:35AM | Ganesha: Clear <i>Sunrise:</i> 5:35AM | | Vikarin 5121 |
| | Creative Work | Amrita Yoga | Yama 12:30PM - 2:14PM | Sadhya Until 7:07AM | Muruqa: Blue <i>Sunset:</i> 7:25PM | | Moon 8 - Phase 20 |
| | | 559193463 Rahu 5:42PM - 7:25PM | Gara Until 2:31AM Mon | Nataraja: Clear | | 3rd Phase | |
| | | | Dvitiya Until 6:00AM | Moon - Red | | Sivaloka Day | |
| | | | | Bhadrapada-Avani | | | |

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| 2 | Monday, September 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau | | | | Moscow, Russia |
| | Kanya Rasi: 23.16 | Tithi 4 | | | | Sun 17 | Sutra 141 |
| | Family Home Evening | | Gulika 2:13PM - 3:56PM | Hasta Until 6:06AM | Ganesha: Orange <i>Sunrise:</i> 5:37AM | | Vikarin 5121 |
| | Creative Work | Siddha Yoga | Yama 10:47AM - 12:30PM | Sukla Until 11:35PM | Muruqa: Blue <i>Sunset:</i> 7:23PM | | Moon 8 - Phase 20 |
| | | 569193463 Rahu 7:20AM - 9:03AM | Vanija Until 12:57PM | Nataraja: Clear | | 3rd Phase | |
| | | | Chaturthi* Until 11:28PM | Moon - Green | | Sivaloka Day | |
| | | | Ganesha Chaturthi | Bhadrapada-Avani | | | |
| | | | Until 6:06AM | | | | |
| | | | Then Routine Work - Prabararishta Yoga | | | | |

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| 3 | Tuesday, September 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau | | | | Moscow, Russia |
| | Tula Rasi: 7.54 | Tithi 5 | | | | Sun 18 | Sutra 142 |
| | | | Gulika 12:30PM - 2:12PM | Svati Until 2:15AM Wed | Ganesha: Orange <i>Sunrise:</i> 5:39AM | | Vikarin 5121 |
| | Creative Work | Siddha Yoga | Yama 9:04AM - 10:47AM | Brahma Until 8:28PM | Muruqa: Blue <i>Sunset:</i> 7:20PM | | Moon 8 - Phase 20 |
| | | 569193463 Rahu 3:55PM - 5:38PM | Bava Until 10:10AM | Nataraja: Clear | | 3rd Phase | |
| | | | Panchami Until 9:00PM | Moon - Green | | Sivaloka Day | |
| | | | | Bhadrapada-Avani | | | |

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| 4 | Wednesday, September 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Moscow, Russia |
| | Tula Rasi: 22.05 | Tithi 6 | | | | Sun 19 | Sutra 143 |
| | | | Gulika 10:47AM - 12:29PM | Vishakha Until 1:35AM Thu | Ganesha: Green <i>Sunrise:</i> 5:41AM | | Vikarin 5121 |
| | Creative Work | Siddha Yoga | Yama 7:23AM - 9:05AM | Indra Until 5:57PM | Muruqa: Blue <i>Sunset:</i> 7:18PM | | Moon 8 - Phase 20 |
| | | 579193463 Rahu 12:29PM - 2:11PM | Kaulava Until 8:02AM | Nataraja: Clear | | 3rd Phase | |
| | | | Shashthi* Until 7:14PM | Moon - Orange | | Subha Sivaloka Day | |
| | | | | Bhadrapada-Avani | | | |

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| 5 | Thursday, September 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau | | | | Moscow, Russia |
| | Vrischika Rasi: 5.49 | Tithi 7 | | | | Sun 20 | Sutra 144 |
| | | | Gulika 9:06AM - 10:47AM | Anuradha Until 1:35AM Fri | Ganesha: Orange <i>Sunrise:</i> 5:43AM | | Vikarin 5121 |
| | Creative Work | Siddha Yoga | Yama 5:43AM - 7:24AM | Vaidhriti* Until 4:04PM | Muruqa: Blue <i>Sunset:</i> 7:15PM | | Moon 8 - Phase 20 |
| | | 571193463 Rahu 2:10PM - 3:52PM | Gara Until 6:41AM | Nataraja: Clear | | 3rd Phase | |
| | | | Saptami Until 6:17PM | Moon - Orange | | Sivaloka Day | |
| | | | | Bhadrapada-Avani | | | |
| | | | Until 1:35AM Fri | | | | |
| | | | Then Routine Work - Marana Yoga | | | | |

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| Retreat Star | Friday, September 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Moscow, Russia |
| | Vrischika Rasi: 19.04 | Tithi 8 | | | | Sun 21 | Sutra 145 |
| | | | Gulika 7:25AM - 9:06AM | Jyeshtha* Until 2:13AM Sat | Ganesha: Orange <i>Sunrise:</i> 5:44AM | | Vikarin 5121 |
| | Routine Work | Marana Yoga | Yama 3:51PM - 5:32PM | Vishkambha* Until 2:50PM | Muruqa: Blue <i>Sunset:</i> 7:13PM | | Moon 8 - Phase 20 |
| | | 571193463 Rahu 10:48AM - 12:29PM | Visti Until 6:08AM | Nataraja: Clear | | Ashtami | |
| | | | Ashtami* Until 6:10PM | Moon - Orange | | Sivaloka Day | |
| | | | | Bhadrapada-Avani | | | |
| | | | Until 2:13AM Sat | | | | |
| | | | Then Creative Work - Siddha Yoga | | | | |

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| Retreat Star | Saturday, September 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau | | | | Moscow, Russia |
| | Dhanus Rasi: 1.54 | Tithi 9 | | | | Sun 22 | Sutra 146 |
| | | | Gulika 5:46AM - 7:27AM | Mula* Until 3:56AM Sun | Ganesha: Green <i>Sunrise:</i> 5:46AM | | Vikarin 5121 |
| | Creative Work | Siddha Yoga | Yama 2:09PM - 3:49PM | Priti Until 2:15PM | Muruqa: Blue <i>Sunset:</i> 7:10PM | | Moon 8 - Phase 20 |
| | | 581193463 Rahu 9:07AM - 10:48AM | Balava Until 6:25AM | Nataraja: Clear | | Navami | |
| | | | Navami* Until 6:49PM | Moon - Light Blue | | Devaloka Day | |
| | | | | Bhadrapada-Avani | | | |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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| 1 Sunday, September 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau | | | | Moscow, Russia Sun 23 Sutra 147 |
| Dhanus Rasi: 14.23 | Tithi 10 | Gulika 3:48PM – 5:27PM | Purvashadha* Until 6:05AM Mon | Ganesha: Green <i>Sunrise: 5:48AM</i> | Vikarin 5121 | |
| | | Yama 12:28PM – 2:08PM | Ayushman Until 2:11PM | Muruqa: Blue <i>Sunset: 7:07PM</i> | Moon 8 - Phase 21 | |
| | 581193463 | Rahu 5:27PM – 7:07PM | Taitila Until 7:27AM | Nataraja: Clear | 4th Phase | |
| Creative Work Siddha Yoga | | | | Moon – Light Blue | | Devaloka Day |
| Until 6:05AM Mon | | Grandparent's Day | Dashami Until 8:10PM | Bhadrapada-Avani | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 2 Monday, September 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Moscow, Russia Sun 24 Sutra 148 |
| Dhanus Rasi: 26.37 | Tithi 11 | Gulika 2:07PM – 3:46PM | Purvashadha* Until 6:05AM | Ganesha: Green <i>Sunrise: 5:50AM</i> | Vikarin 5121 | |
| Family Home Evening | | Yama 10:48AM – 12:27PM | Saubhagya Until 2:34PM | Muruqa: Blue <i>Sunset: 7:05PM</i> | Moon 8 - Phase 21 | |
| | 581193463 | Rahu 7:30AM – 9:09AM | Vanija Until 9:05AM | Nataraja: Clear | 4th Phase | |
| Routine Work Marana Yoga | | | | Moon – Light Blue | | Devaloka Day |
| | | | Ekadashi Until 10:03PM | Bhadrapada-Avani | | |

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| 3 Tuesday, September 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau | | | | Moscow, Russia Sun 25 Sutra 149 |
| Makara Rasi: 8.4 | Tithi 12 | Gulika 12:27PM – 2:06PM | Uttarashadha Until 8:30AM | Ganesha: Green <i>Sunrise: 5:52AM</i> | Vikarin 5121 | |
| | | Yama 9:10AM – 10:48AM | Sobhana Until 3:16PM | Muruqa: Blue <i>Sunset: 7:02PM</i> | Moon 8 - Phase 21 | |
| | 581193463 | Rahu 3:45PM – 5:23PM | Bava Until 11:09AM | Nataraja: Clear | 4th Phase | |
| Routine Work Prabalarishta Yoga | | | | Moon – Light Blue | | Devaloka Day |
| Until 8:30AM | | | Dvadashi Until 12:16AM Wed | Bhadrapada-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Wednesday, September 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Moscow, Russia Sun 26 Sutra 150 |
| Makara Rasi: 20.35 | Tithi 13 | Gulika 10:49AM – 12:27PM | Shravana Until 11:32AM | Ganesha: Red <i>Sunrise: 5:54AM</i> | Vikarin 5121 | |
| | | Yama 7:32AM – 9:10AM | Athiganda* Until 4:07PM | Muruqa: Blue <i>Sunset: 7:00PM</i> | Moon 8 - Phase 21 | |
| | 591193463 | Rahu 12:27PM – 2:05PM | Kaulava Until 1:29PM | Nataraja: Clear | 4th Phase | |
| Creative Work Siddha Yoga | | | | Moon – Purple | | Sivaloka Day |
| Until 11:32AM | | Avani Avittam | Trayodashi Until 2:41AM Thu | Bhadrapada-Avani | | |
| Then Routine Work - Prabalarishta Yoga | | | <i>Pradosha Vrata</i> | | | |

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| 5 Thursday, September 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Moscow, Russia Sun 27 Sutra 151 |
| Kumbha Rasi: 2.27 | Tithi 14 | Gulika 9:11AM – 10:49AM | Dhanishtha Until 2:31PM | Ganesha: Red <i>Sunrise: 5:56AM</i> | Vikarin 5121 | |
| | | Yama 5:56AM – 7:34AM | Sukarma Until 5:04PM | Muruqa: Blue <i>Sunset: 6:57PM</i> | Moon 8 - Phase 21 | |
| | 591193463 | Rahu 2:04PM – 3:42PM | Gara Until 3:57PM | Nataraja: Clear | 4th Phase | |
| Creative Work Siddha Yoga | | | | Moon – Purple | | Sivaloka Day |
| | | Chidambaram Abhishekam | Chaturdashi* Until 5:09AM Fri | Bhadrapada-Avani | | |

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| Friday, September 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Visti* Karana Purnimayam Titau | | | | Moscow, Russia Sutra 152 |
| Copper Retreat Star | | Gulika 7:35AM – 9:12AM | Shatabhishak Until 5:20PM | Ganesha: Red <i>Sunrise: 5:58AM</i> | Vikarin 5121 | |
| Kumbha Rasi: 14.18 | Tithi 15 | Yama 3:40PM – 5:17PM | Dhriti Until 6:01PM | Muruqa: Purple <i>Sunset: 6:54PM</i> | Moon 8 - Phase 21 | |
| | 591113463 | Rahu 10:49AM – 12:26PM | Visti Until 6:24PM | Nataraja: Clear | Purnima | |
| Creative Work Siddha Yoga | | | | Moon – Purple | | Sivaloka Day |
| | | | Purnima* Until 7:36AM Sat | Bhadrapada-Avani | | |

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| Saturday, September 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Moscow, Russia Sutra 153 |
| Silver Retreat Star | | Gulika 6:00AM – 7:36AM | Purvaproshtapada* Until 8:25PM | Ganesha: Red <i>Sunrise: 6:00AM</i> | Vikarin 5121 | |
| Kumbha Rasi: 26.1 | Tithi 15 – 16 | Yama 2:02PM – 3:39PM | Shula* Until 6:53PM | Muruqa: Purple <i>Sunset: 6:52PM</i> | Moon 8 - Phase 21 | |
| | 511113463 | Rahu 9:13AM – 10:49AM | Balava Until 8:48PM | Nataraja: Clear | Prathama | |
| Routine Work Marana Yoga | | | | Moon – Clear | | Sivaloka Day |
| Until 8:25PM | | | Purnima* Until 7:36AM | Bhadrapada-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathamam/Dvityayam Titau

Moscow, Russia

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 8.05 Tithi 16 – 17

512113463

Gulika 3:37PM – 5:13PM **Uttaraproshtapada** Until 11:13PM

Yama 12:25PM – 2:01PM Ganda* Until 7:40PM

Rahu 5:13PM – 6:49PM Taitila Until 11:03PM

Ganesha: Yellow Sunrise: 6:02AM

Muruqa: Purple Sunset: 6:49PM

Nataraja: Clear

Moon – Clear

Bhadrapada*Avani

Sivaloka Day

Creative Work Amrita Yoga

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Moscow, Russia

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 20.03 Tithi 17 – 18

512113463

Gulika 2:00PM – 3:36PM **Revati** Until 1:39AM Tue

Yama 10:50AM – 12:25PM Vriddhi Until 8:20PM

Rahu 7:39AM – 9:14AM Vanija Until 1:06AM Tue

Ganesha: Yellow Sunrise: 6:03AM

Muruqa: Purple Sunset: 6:47PM

Nataraja: Clear

Moon – Clear

Bhadrapada*Avani

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Moscow, Russia

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 2.05 Tithi 18 – 19

522113463

Gulika 12:25PM – 1:59PM **Ashvini** Until 4:11AM Wed

Yama 9:15AM – 10:50AM Dhruva Until 8:46PM

Rahu 3:34PM – 5:09PM Bava Until 2:55AM Wed

Ganesha: White Sunrise: 6:05AM

Muruqa: Purple Sunset: 6:44PM

Nataraja: Clear

Moon – White

Bhadrapada*Puratasi

Devaloka Day

Creative Work Siddha Yoga

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 14.15 Tithi 19 – 20

522113463

Gulika 10:50AM – 12:24PM **Bharani** Until 6:13AM Thu

Yama 7:42AM – 9:16AM Vyaghata* Until 8:59PM

Rahu 12:24PM – 1:59PM Kaulava Until 4:23AM Thu

Ganesha: White Sunrise: 6:07AM

Muruqa: Purple Sunset: 6:41PM

Nataraja: Clear

Moon – White

Bhadrapada*Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 6:13AM Thu

Then Routine Work - Marana Yoga

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Moscow, Russia

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 26.32 Tithi 20 – 21

522113463

Gulika 9:17AM – 10:50AM **Bharani** Until 6:13AM

Yama 6:09AM – 7:43AM Harshana Until 8:55PM

Rahu 1:58PM – 3:31PM Gara Until 5:26AM Fri

Ganesha: White Sunrise: 6:09AM

Muruqa: Purple Sunset: 6:39PM

Nataraja: Clear

Moon – White

Bhadrapada*Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 9.02 Tithi 21 – 22

522113463

Gulika 7:44AM – 9:17AM **Krittika** Until 7:39AM

Yama 3:30PM – 5:03PM Vajra* Until 8:24PM

Rahu 10:50AM – 12:24PM Visti Until 5:55AM Sat

Ganesha: White Sunrise: 6:11AM

Muruqa: Purple Sunset: 6:36PM

Nataraja: Clear

Moon – White

Bhadrapada*Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 7:39AM

Then Routine Work - Marana Yoga

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 21.46 Tithi 22 – 23

532113463

Gulika 6:13AM – 7:46AM **Rohini** Until 8:52AM

Yama 1:56PM – 3:28PM Siddhi Until 7:26PM

Rahu 9:18AM – 10:51AM Balava Until 5:45AM Sun

Ganesha: Clear Sunrise: 6:13AM

Muruqa: Purple Sunset: 6:33PM

Nataraja: Clear

Moon – Yellow

Bhadrapada*Puratasi

Sivaloka Day

Creative Work Amrita Yoga

Until 8:52AM

Then Creative Work - Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 4.5 Tithi 23 – 24

532213463

Gulika 3:27PM – 4:59PM **Mrigashira** Until 9:17AM

Yama 12:23PM – 1:55PM Vyatipata* Until 5:55PM

Rahu 4:59PM – 6:31PM Taitila Until 4:52AM Mon

Ganesha: Orange Sunrise: 6:15AM

Muruqa: Purple Sunset: 6:31PM

Nataraja: Clear

Moon – Yellow

Bhadrapada*Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 8:50AM

Then Creative Work - Amrita Yoga

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Moscow, Russia

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 18.17 Tithi 24 – 25

532213463

Gulika 1:54PM – 3:25PM **Ardra** Until 8:50AM

Yama 10:51AM – 12:23PM Variyan Until 3:48PM

Rahu 7:48AM – 9:20AM Vanija Until 3:16AM Tue

Ganesha: Orange Sunrise: 6:17AM

Muruqa: Purple Sunset: 6:28PM

Nataraja: Clear

Moon – Yellow

Bhadrapada*Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 8:50AM

Then Creative Work - Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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| 1 | | Tuesday, September 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau | Moscow, Russia Sun 9 Sutra 163 |
| Kataka Rasi: 2.1 | Tithi 25 – 26 | Gulika 12:22PM – 1:53PM | Punarvasu Until 7:59AM | Ganesha: Light Blue <i>Sunrise:</i> 6:19AM | Vikarin 5121 |
| | | Yama 9:20AM – 10:51AM | Parigha* Until 1:08PM | Muruqa: Purple <i>Sunset:</i> 6:26PM | Moon 9 - Phase 23 |
| 542213463 | Rahu 3:24PM – 4:55PM | | Bava Until 12:59AM Wed | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 2:11PM | Moon – Blue | Devaloka Day |
| | | | | Bhadrapada•Puratasi | |

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| 2 | | Wednesday, September 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Moscow, Russia Sun 10 Sutra 164 |
| Kataka Rasi: 16.28 | Tithi 26 – 27 | Gulika 10:52AM – 12:22PM | Pushya Until 6:18AM | Ganesha: Light Blue <i>Sunrise:</i> 6:21AM | Vikarin 5121 |
| | | Yama 7:51AM – 9:21AM | Shiva Until 9:56AM | Muruqa: Purple <i>Sunset:</i> 6:23PM | Moon 9 - Phase 23 |
| 542213463 | Rahu 12:22PM – 1:52PM | | Kaulava Until 10:07PM | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 11:36AM | Moon – Blue | Devaloka Day |
| | | | | Bhadrapada•Puratasi | |

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| 3 | | Thursday, September 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | Moscow, Russia Sun 11 Sutra 165 |
| Simha Rasi: 1.11 | Tithi 27 – 28 | Gulika 9:22AM – 10:52AM | Magha* Until 1:26AM Fri | Ganesha: Purple <i>Sunrise:</i> 6:23AM | Vikarin 5121 |
| | | Yama 6:23AM – 7:52AM | Siddha Until 6:17AM | Muruqa: Purple <i>Sunset:</i> 6:20PM | Moon 9 - Phase 23 |
| 552213463 | Rahu 1:51PM – 3:21PM | | Gara Until 6:47PM | Nataraja: Clear | 2nd Phase |
| Creative Work | Amrita Yoga | | Dvadashi* Until 8:29AM | Moon – Red | Devaloka Day |
| Until 1:26AM Fri | | | | Bhadrapada•Puratasi | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 4 | | Friday, September 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vistil/Sakuni* Karana Chaturdashyam Titau | Moscow, Russia Sun 12 Sutra 166 |
| Simha Rasi: 16.12 | Tithi 29 | Gulika 7:54AM – 9:23AM | Purvaphalguni Until 10:31PM | Ganesha: Purple <i>Sunrise:</i> 6:24AM | Vikarin 5121 |
| | | Yama 3:19PM – 4:49PM | Subha Until 10:07PM | Muruqa: Purple <i>Sunset:</i> 6:18PM | Moon 9 - Phase 23 |
| 552213463 | Rahu 10:52AM – 12:21PM | | Vistil Until 3:09PM | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 1:15AM Sat | Moon – Red | Devaloka Day |
| | | | | Bhadrapada•Puratasi | |

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| Retreat Star | | Saturday, September 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau | Moscow, Russia Sun 13 Sutra 167 |
| Kanya Rasi: 1.24 | Tithi 30 | Gulika 6:26AM – 7:55AM | Uttaraphalguni Until 7:24PM | Ganesha: Light Blue <i>Sunrise:</i> 6:26AM | Vikarin 5121 |
| | | Yama 1:49PM – 3:18PM | Sukla Until 5:51PM | Muruqa: Purple <i>Sunset:</i> 6:15PM | Moon 9 - Phase 23 |
| 652213463 | Rahu 9:24AM – 10:52AM | | Catuspada Until 11:22AM | Nataraja: Clear | Amavasya |
| Routine Work | Marana Yoga | | Amavasya* Until 9:28PM | Moon – Red | Devaloka Day |
| | | Mahalaya Amavasai (Tamil Nadu) | | Bhadrapada•Puratasi | |

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| Retreat Star | | Sunday, September 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau | Moscow, Russia Sun 14 Sutra 168 |
| Kanya Rasi: 16.37 | Tithi 1 – 2 | Gulika 3:17PM – 4:45PM | Hasta Until 4:39PM | Ganesha: Light Blue <i>Sunrise:</i> 6:28AM | Vikarin 5121 |
| | | Yama 12:20PM – 1:49PM | Brahma Until 1:39PM | Muruqa: Purple <i>Sunset:</i> 6:13PM | Moon 9 - Phase 23 |
| 663213463 | Rahu 4:45PM – 6:13PM | | Kintughna Until 7:37AM | Nataraja: Clear | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 5:47PM | Moon – Green | Devaloka Day |
| Until 4:39PM | | Navaratri Begins | | Ashvina•Puratasi | |
| Then Creative Work - Siddha Yoga | | | | | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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| Monday, September 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | Moscow, Russia Sun 15 Sutra 169 Vikarin 5121 |
| 1 | Tula Rasi: 1.4 Family Home Evening Routine Work Prabalarishta Yoga Until 2:02PM Then Creative Work - Amrita Yoga | Tithi 2 - 3 663213463 | Gulika 1:48PM - 3:15PM Yama 10:53AM - 12:20PM Rahu 7:58AM - 9:25AM | Chitra Until 2:02PM Indra Until 9:41AM Taitila Until 12:54AM Tue Dvitiya Until 2:24PM | Ganesha: Light Blue <i>Sunrise:</i> 6:30AM Muruqa: Purple <i>Sunset:</i> 6:10PM Nataraja: Clear Moon - Green Ashvina+Puratasi |

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| Tuesday, October 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | Moscow, Russia Sun 16 Sutra 170 Vikarin 5121 |
| 2 | Tula Rasi: 16.26 Creative Work Siddha Yoga Until 11:45AM Then Routine Work - Marana Yoga | Tithi 3 - 4 663213463 | Gulika 12:20PM - 1:47PM Yama 9:26AM - 10:53AM Rahu 3:14PM - 4:41PM | Svati Until 11:45AM Vaidhriti* Until 6:03AM Vanija Until 10:17PM Tritiya Until 11:30AM | Ganesha: Light Blue <i>Sunrise:</i> 6:32AM Muruqa: Purple <i>Sunset:</i> 6:07PM Nataraja: Clear Moon - Green Ashvina+Puratasi |

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| Wednesday, October 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | Moscow, Russia Sun 17 Sutra 171 Vikarin 5121 |
| 3 | Vrischika Rasi: 0.46 Creative Work Siddha Yoga | Tithi 4 - 5 673213463 | Gulika 10:53AM - 12:20PM Yama 8:00AM - 9:27AM Rahu 12:20PM - 1:46PM | Vishakha Until 10:23AM Priti Until 12:22AM Thu Bava Until 8:22PM Chaturthi* Until 9:13AM | Ganesha: Purple <i>Sunrise:</i> 6:34AM Muruqa: Purple <i>Sunset:</i> 6:05PM Nataraja: Clear Moon - Orange Ashvina+Puratasi |

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| Thursday, October 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | Moscow, Russia Sun 18 Sutra 172 Vikarin 5121 |
| 4 | Vrischika Rasi: 15 Creative Work Siddha Yoga Until 9:38AM Then Routine Work - Prabalarishta Yoga | Tithi 5 - 6 673213463 | Gulika 9:28AM - 10:53AM Yama 6:36AM - 8:02AM Rahu 1:45PM - 3:11PM | Anuradha Until 9:38AM Ayushman Until 10:29PM Kaulava Until 7:17PM Panchami Until 7:42AM | Ganesha: Purple <i>Sunrise:</i> 6:36AM Muruqa: Purple <i>Sunset:</i> 6:02PM Nataraja: Clear Moon - Orange Ashvina+Puratasi |

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| Friday, October 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | Moscow, Russia Sun 19 Sutra 173 Vikarin 5121 |
| 5 | Vrischika Rasi: 27.56 Routine Work Marana Yoga Until 9:36AM Then Creative Work - Amrita Yoga | Tithi 6 - 7 673213463 | Gulika 8:03AM - 9:28AM Yama 3:09PM - 4:35PM Rahu 10:54AM - 12:19PM | Jyeshtha* Until 9:36AM Saubhagya Until 9:19PM Gara Until 7:06PM Shashthi* Until 7:03AM | Ganesha: Purple <i>Sunrise:</i> 6:38AM Muruqa: Purple <i>Sunset:</i> 6:00PM Nataraja: Clear Moon - Orange Ashvina+Puratasi |

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| Saturday, October 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | Moscow, Russia Sun 20 Sutra 174 Vikarin 5121 |
| Retreat Star | Dhanus Rasi: 10.49 Creative Work Siddha Yoga | Tithi 7 - 8 683213463 | Gulika 6:40AM - 8:05AM Yama 1:43PM - 3:08PM Rahu 9:29AM - 10:54AM | Mula* Until 10:45AM Sobhana Until 8:51PM Visti Until 7:47PM Saptami Until 7:19AM | Ganesha: Clear <i>Sunrise:</i> 6:40AM Muruqa: Purple <i>Sunset:</i> 5:57PM Nataraja: Clear Moon - Light Blue Ashvina+Puratasi |

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| Sunday, October 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | Moscow, Russia Sun 21 Sutra 175 Vikarin 5121 |
| Retreat Star | Dhanus Rasi: 23.19 Creative Work Siddha Yoga Until 12:32PM Then Creative Work - Amrita Yoga | Tithi 8 - 9 683213463 | Gulika 3:06PM - 4:31PM Yama 12:18PM - 1:42PM Rahu 4:31PM - 5:55PM | Purvashadha* Until 12:32PM Athiganda* Until 8:55PM Balava Until 9:14PM Ashtami* Until 8:24AM | Ganesha: Clear <i>Sunrise:</i> 6:42AM Muruqa: Purple <i>Sunset:</i> 5:55PM Nataraja: Clear Moon - Light Blue Ashvina+Puratasi |

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| 1 | Monday, October 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Moscow, Russia Sun 22 Sutra 176 Vikarin 5121 |
| | Makara Rasi: 5.3 | Tithi 9 – 10 | Gulika 1:41PM – 3:05PM | Uttarashadha Until 2:46PM | Ganesha: Clear | <i>Sunrise:</i> 6:44AM | |
| | Family Home Evening | 683213463 | Yama 10:54AM – 12:18PM | Sukarma Until 9:28PM | Muruqa: Purple | <i>Sunset:</i> 5:52PM | Moon 9 - Phase 25 |
| | Routine Work Marana Yoga | | Rahu 8:07AM – 9:31AM | Taitila Until 11:17PM | Nataraja: Clear | | 4th Phase |
| Until 2:46PM | | | Navami* Until 10:11AM | Moon – Light Blue | | Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi | | | |


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| 2 | Tuesday, October 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau | | | | Moscow, Russia Sun 23 Sutra 177 Vikarin 5121 |
| | Makara Rasi: 17.29 | Tithi 10 – 11 | Gulika 12:18PM – 1:41PM | Shravana Until 5:45PM | Ganesha: White | <i>Sunrise:</i> 6:46AM | |
| | 693213464 | | Yama 9:32AM – 10:55AM | Dhriti Until 10:18PM | Muruqa: Purple | <i>Sunset:</i> 5:50PM | Moon 9 - Phase 25 |
| | Creative Work Siddha Yoga | | Rahu 3:04PM – 4:27PM | Vanija Until 1:40AM Wed | Nataraja: Purple | | 4th Phase |
| | | Vijaya Dasami | Dashami Until 12:25PM | Moon – Purple | | Sivaloka Day | |
| | | | | Ashvina+Puratasi | | | |

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|----------------------------------|-----------------------------------|---------------|--|--------------------------------|-------------------------|------------------------|--|
| 3 | Wednesday, October 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Moscow, Russia Sun 24 Sutra 178 Vikarin 5121 |
| | Makara Rasi: 29.22 | Tithi 11 – 12 | Gulika 10:55AM – 12:17PM | Dhanishtha Until 8:46PM | Ganesha: White | <i>Sunrise:</i> 6:48AM | |
| | 693213464 | | Yama 8:10AM – 9:33AM | Shula* Until 11:13PM | Muruqa: Purple | <i>Sunset:</i> 5:47PM | Moon 9 - Phase 25 |
| | Routine Work Prabalarishta Yoga | | Rahu 12:17PM – 1:40PM | Bava Until 4:13AM Thu | Nataraja: Purple | | 4th Phase |
| Until 8:46PM | | | Ekadashi Until 2:55PM | Moon – Purple | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Ashvina+Puratasi | | | |

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|----------|-----------------------------------|--------------------------------|--|-----------------------------------|-------------------------|------------------------|--|
| 4 | Thursday, October 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Moscow, Russia Sun 25 Sutra 179 Vikarin 5121 |
| | Kumbha Rasi: 11.13 | Tithi 12 – 13 | Gulika 9:33AM – 10:55AM | Shatabhishak Until 11:36PM | Ganesha: White | <i>Sunrise:</i> 6:50AM | |
| | 693213464 | | Yama 6:50AM – 8:12AM | Ganda* Until 12:09AM Fri | Muruqa: Purple | <i>Sunset:</i> 5:44PM | Moon 9 - Phase 25 |
| | Creative Work Siddha Yoga | | Rahu 1:39PM – 3:01PM | Kaulava Until 6:43AM Fri | Nataraja: Purple | | 4th Phase |
| | | Kadaitswami Mahasamadhi | Dvadashi Until 5:27PM | Moon – Purple | | Sivaloka Day | |
| | | | | Ashvina+Puratasi | | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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|----------|---------------------------------|-------------------------------|--|--|-------------------------|------------------------|--|
| 5 | Friday, October 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Moscow, Russia Sun 26 Sutra 180 Vikarin 5121 |
| | Kumbha Rasi: 23.04 | Tithi 13 | Gulika 8:13AM – 9:34AM | Purvaproshtpada* Until 2:40AM Sat | Ganesha: Blue | <i>Sunrise:</i> 6:52AM | |
| | 613213464 | | Yama 2:59PM – 4:21PM | Vriddhi Until 1:00AM Sat | Muruqa: Purple | <i>Sunset:</i> 5:42PM | Moon 9 - Phase 25 |
| | Creative Work Siddha Yoga | | Rahu 10:56AM – 12:17PM | Kaulava Until 6:43AM | Nataraja: Purple | | 4th Phase |
| | | Chidambaram Abhishekam | Trayodashi Until 7:53PM | Moon – Clear | | Sivaloka Day | |
| | | | | Ashvina+Puratasi | | | |

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| 6 | Saturday, October 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Moscow, Russia Sun 27 Sutra 181 Vikarin 5121 |
| | Meena Rasi: 4.59 | Tithi 14 | Gulika 6:54AM – 8:15AM | Uttaraproshtpada Until 5:21AM Sun | Ganesha: Blue | <i>Sunrise:</i> 6:54AM | |
| | 613213464 | | Yama 1:37PM – 2:58PM | Dhruva Until 1:40AM Sun | Muruqa: Purple | <i>Sunset:</i> 5:39PM | Moon 9 - Phase 25 |
| | Creative Work Siddha Yoga | | Rahu 9:35AM – 10:56AM | Gara Until 9:04AM | Nataraja: Purple | | 4th Phase |
| Until 5:21AM Sun | | | Chaturdashi* Until 10:08PM | Moon – Clear | | Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi | | | |

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|  | Sunday, October 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Moscow, Russia Sutra 182 Vikarin 5121 |
| | Copper Retreat Star | | Gulika 2:57PM – 4:17PM | Revati Until 7:38AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 6:56AM | |
| | Meena Rasi: 16.59 | Tithi 15 | Yama 12:16PM – 1:37PM | Vyaghata* Until 2:08AM Mon | Muruqa: Purple | <i>Sunset:</i> 5:37PM | Moon 9 - Phase 25 |
| | 614213464 | | Rahu 4:17PM – 5:37PM | Visti Until 11:11AM | Nataraja: Purple | | Purnima |
| Creative Work Amrita Yoga | | | Purnima* Until 12:07AM Mon | Moon – Clear | | Subha Sivaloka Day | |
| Until 7:38AM Mon | | | | Ashvina+Puratasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Monday, October 14, 2019 | Silver Retreat Star | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Moscow, Russia Sutra 183 Vikarin 5121 |
| | Silver Retreat Star | | Gulika 1:36PM – 2:55PM | Revati Until 7:38AM | Ganesha: Yellow | <i>Sunrise:</i> 6:58AM | |
| | Meena Rasi: 29.05 | Tithi 16 | Yama 10:57AM – 12:16PM | Harshana Until 2:25AM Tue | Muruqa: Purple | <i>Sunset:</i> 5:35PM | Moon 9 - Phase 25 |
| | 614213464 | | Rahu 8:17AM – 9:37AM | Balava Until 1:02PM | Nataraja: Purple | | Prathama |
| Creative Work Siddha Yoga | | | Prathama* Until 1:50AM Tue | Moon – Clear | | Subha Sivaloka Day | |
| | | | | Ashvina+Puratasi | | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Moscow, Russia
Sutra 184

Mesha Rasi: 11.18 Tithi 17

624213464

Gulika 12:16PM – 1:35PM
Yama 9:38AM – 10:57AM
Rahu 2:54PM – 4:13PM

Ashvini Until 9:57AM
Vajra* Until 2:25AM Wed
Taitila Until 2:35PM
Dvitiya Until 3:13AM Wed

Ganesha: White *Sunrise:* 7:00AM
Muruqa: Purple *Sunset:* 5:32PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Vikarin 5121
Moon 10 - Phase 26
1st Phase

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia
Sun 1 Sutra 185

Mesha Rasi: 23.39 Tithi 18

624213464

Gulika 10:57AM – 12:16PM
Yama 8:20AM – 9:39AM
Rahu 12:16PM – 1:34PM

Bharani Until 11:48AM
Siddhi Until 2:11AM Thu
Vanija Until 3:49PM
Tritiya Until 4:17AM Thu

Ganesha: White *Sunrise:* 7:02AM
Muruqa: Purple *Sunset:* 5:30PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Vikarin 5121
Moon 10 - Phase 26
1st Phase

Creative Work Siddha Yoga

Until 11:48AM
Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Moscow, Russia
Sun 2 Sutra 186

Vrishabha Rasi: 6.09 Tithi 19

624313464

Gulika 9:40AM – 10:58AM
Yama 7:04AM – 8:22AM
Rahu 1:33PM – 2:51PM

Krittika Until 1:09PM
Vyatipata* Until 1:40AM Fri
Bava Until 4:42PM
Chaturthi* Until 4:58AM Fri

Ganesha: Yellow *Sunrise:* 7:04AM
Muruqa: Purple *Sunset:* 5:27PM
Nataraja: Purple
Moon – White **Subha Sivaloka Day**
Ashvina+Aipasi

Vikarin 5121
Moon 10 - Phase 26
1st Phase

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia
Sun 3 Sutra 187

Vrishabha Rasi: 18.49 Tithi 20

634313464

Gulika 8:23AM – 9:41AM
Yama 2:50PM – 4:07PM
Rahu 10:58AM – 12:15PM

Rohini Until 2:27PM
Variyan Until 12:49AM Sat
Kaulava Until 5:11PM
Panchami Until 5:14AM Sat

Ganesha: White *Sunrise:* 7:06AM
Muruqa: Purple *Sunset:* 5:25PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Vikarin 5121
Moon 10 - Phase 26
1st Phase

Routine Work Marana Yoga

Until 2:27PM
Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia
Sun 4 Sutra 188

Mithuna Rasi: 1.41 Tithi 21

634313464

Gulika 7:08AM – 8:25AM
Yama 1:32PM – 2:49PM
Rahu 9:41AM – 10:58AM

Mrigashira Until 3:09PM
Parigha* Until 11:36PM
Gara Until 5:13PM
Shashthi* Until 5:01AM Sun

Ganesha: White *Sunrise:* 7:08AM
Muruqa: Purple *Sunset:* 5:22PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Vikarin 5121
Moon 10 - Phase 26
1st Phase

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Moscow, Russia
Sun 5 Sutra 189

Mithuna Rasi: 14.48 Tithi 22

634313464

Gulika 2:47PM – 4:04PM
Yama 12:15PM – 1:31PM
Rahu 4:04PM – 5:20PM

Ardra Until 3:12PM
Shiva Until 9:59PM
Visti Until 4:44PM
Saptami Until 4:15AM Mon

Ganesha: White *Sunrise:* 7:10AM
Muruqa: Purple *Sunset:* 5:20PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Vikarin 5121
Moon 10 - Phase 26
1st Phase

Creative Work Siddha Yoga

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Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia
Sun 6 Sutra 190

Mithuna Rasi: 28.12 Tithi 23

644313464

Gulika 1:30PM – 2:46PM
Yama 10:59AM – 12:15PM
Rahu 8:28AM – 9:43AM

Punarvasu Until 3:01PM
Siddha Until 7:54PM
Balava Until 3:41PM
Ashtami* Until 2:56AM Tue

Ganesha: Clear *Sunrise:* 7:12AM
Muruqa: Purple *Sunset:* 5:18PM
Nataraja: Purple
Moon – Blue **Subha Sivaloka Day**
Ashvina+Aipasi

Vikarin 5121
Moon 10 - Phase 26
Ashtami

Creative Work Amrita Yoga

Until 3:01PM
Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Moscow, Russia
Sun 7 Sutra 191

Kataka Rasi: 11.56 Tithi 24

644313464

Gulika 12:15PM – 1:30PM
Yama 9:44AM – 10:59AM
Rahu 2:45PM – 4:00PM

Pushya Until 2:07PM
Sadhya Until 5:21PM
Taitila Until 2:04PM
Navami* Until 1:02AM Wed

Ganesha: Clear *Sunrise:* 7:14AM
Muruqa: Purple *Sunset:* 5:15PM
Nataraja: Purple
Moon – Blue **Subha Sivaloka Day**
Ashvina+Aipasi

Vikarin 5121
Moon 10 - Phase 26
Navami

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | | Wednesday, October 23, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Dashamyam Titau | | Moscow, Russia Sun 8 Sutra 192 | |
| Kataka Rasi: 26.01 | Tithi 25 | Gulika 11:00AM – 12:14PM | Ashlesha* Until 12:32PM | Ganesha: Clear | Sunrise: 7:16AM | Vikarin 5121 | |
| | | Yama 8:31AM – 9:45AM | Subha Until 2:24PM | Muruqa: Purple | Sunset: 5:13PM | Moon 10 - Phase 27 | |
| Creative Work | Siddha Yoga | 644313464 Rahu 12:14PM – 1:29PM | Vanija Until 11:55AM | Nataraja: Purple | | 2nd Phase | |
| | | | Dashami Until 10:38PM | Moon – Blue | | Subha Sivaloka Day | |
| | | | | Ashvina•Aipasi | | | |

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| 2 | | Thursday, October 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau | | Moscow, Russia Sun 9 Sutra 193 | |
| Simha Rasi: 10.26 | Tithi 26 | Gulika 9:46AM – 11:00AM | Magha* Until 10:45AM | Ganesha: Purple | Sunrise: 7:18AM | Vikarin 5121 | |
| | | Yama 7:18AM – 8:32AM | Sukla Until 11:02AM | Muruqa: Purple | Sunset: 5:11PM | Moon 10 - Phase 27 | |
| Creative Work | Amrita Yoga | 654313464 Rahu 1:28PM – 2:42PM | Bava Until 9:16AM | Nataraja: Purple | | 2nd Phase | |
| Until 10:45AM | | | Ekadashi* Until 7:47PM | Moon – Red | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Ashvina•Aipasi | | | |

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| 3 | | Friday, October 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau | | Moscow, Russia Sun 10 Sutra 194 | |
| Simha Rasi: 25.08 | Tithi 27 – 28 | Gulika 8:34AM – 9:47AM | Purvaphalguni Until 8:27AM | Ganesha: Clear | Sunrise: 7:20AM | Vikarin 5121 | |
| | | Yama 2:41PM – 3:55PM | Brahma Until 7:22AM | Muruqa: Purple | Sunset: 5:08PM | Moon 10 - Phase 27 | |
| Creative Work | Siddha Yoga | 655313464 Rahu 11:01AM – 12:14PM | Kaulava Until 6:15AM | Nataraja: Purple | | 2nd Phase | |
| | | | Dvadashi* Until 4:38PM | Moon – Red | | Subha Sivaloka Day | |
| | | | | Ashvina•Aipasi | | | |
| | | | | Pradosha Vrata (Fasting) | | | |

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| 4 | | Saturday, October 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau | | Moscow, Russia Sun 11 Sutra 195 | |
| Kanya Rasi: 10.02 | Tithi 28 – 29 | Gulika 7:22AM – 8:35AM | Hasta Until 3:19AM Sun | Ganesha: Orange | Sunrise: 7:22AM | Vikarin 5121 | |
| | | Yama 1:27PM – 2:40PM | Vaidhriti* Until 11:34PM | Muruqa: Purple | Sunset: 5:06PM | Moon 10 - Phase 27 | |
| Routine Work | Marana Yoga | 665313464 Rahu 9:48AM – 11:01AM | Visti Until 11:37PM | Nataraja: Purple | | 2nd Phase | |
| Until 3:19AM Sun | | | Trayodashi* Until 1:17PM | Moon – Green | | Subha Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | Deepavali Hindu Solidarity Day | | Ashvina•Aipasi | | | |

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| ● | | Sunday, October 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Moscow, Russia Sun 12 Sutra 196 | |
| Retreat Star | | Gulika 2:39PM – 3:51PM | Chitra Until 12:48AM Mon | Ganesha: Orange | Sunrise: 7:24AM | Vikarin 5121 | |
| Kanya Rasi: 24.59 | Tithi 29 – 30 | Yama 12:14PM – 1:26PM | Vishkambha* Until 7:40PM | Muruqa: Purple | Sunset: 5:04PM | Moon 10 - Phase 27 | |
| Creative Work | Siddha Yoga | 665313464 Rahu 3:51PM – 5:04PM | Catuspada Until 8:18PM | Nataraja: Purple | | Amavasya | |
| Until 12:48AM Mon | | | Chaturdashi* Until 9:55AM | Moon – Green | | Subha Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | Subramuniyaswami Mahasamadhi | | Ashvina•Aipasi | | | |

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| Monday, October 28, 2019 | | Retreat Star | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau | | Moscow, Russia Sun 13 Sutra 197 | |
| Tula Rasi: 9.52 | Tithi 30 – 1 | Gulika 1:26PM – 2:38PM | Svati Until 10:24PM | Ganesha: Orange | Sunrise: 7:26AM | Vikarin 5121 | |
| Family Home Evening | | Yama 11:02AM – 12:14PM | Priti Until 3:57PM | Muruqa: Purple | Sunset: 5:01PM | Moon 10 - Phase 27 | |
| Creative Work | Amrita Yoga | 665313464 Rahu 8:38AM – 9:50AM | Bava Until 3:47AM Tue | Nataraja: Purple | | Prathama | |
| Until 10:24PM | | | Amavasya* Until 6:42AM | Moon – Green | | Subha Sivaloka Day | |
| Then Routine Work - Marana Yoga | | Skanda Shasthi Begins | | Kartika•Aipasi | | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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| 1 | | Tuesday, October 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Moscow, Russia Sun 14 Sutra 198 | |
| Tula Rasi: 24.31 | Tithi 2 | Gulika 12:14PM – 1:25PM | Vishakha Until 8:42PM | Ganesha: Clear | Sunrise: 7:28AM | | Vikarin 5121 |
| | | Yama 9:51AM – 11:02AM | Ayushman Until 12:32PM | Muruga: Purple | Sunset: 4:59PM | | Moon 10 - Phase 28 |
| | | 675313464 Rahu 2:37PM – 3:48PM | Balava Until 2:31PM | Nataraja: Purple | | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 1:21AM Wed | Moon – Orange | | Subha Sivaloka Day | |
| Until 8:42PM | | | | | | Kartika•Aipasi | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Wednesday, October 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau | | Moscow, Russia Sun 15 Sutra 199 | |
| Virshika Rasi: 8.49 | Tithi 3 | Gulika 11:03AM – 12:14PM | Anuradha Until 7:29PM | Ganesha: Clear | Sunrise: 7:30AM | | Vikarin 5121 |
| | | Yama 8:41AM – 9:52AM | Saubhagya Until 9:34AM | Muruga: Purple | Sunset: 4:57PM | | Moon 10 - Phase 28 |
| | | 675313464 Rahu 12:14PM – 1:25PM | Taitila Until 12:22PM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 11:33PM | Moon – Orange | | Subha Sivaloka Day | |
| | | | | | | Kartika•Aipasi | |

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| 3 | | Thursday, October 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau | | Moscow, Russia Sun 16 Sutra 200 | |
| Virshika Rasi: 22.4 | Tithi 4 | Gulika 9:53AM – 11:03AM | Jyeshtha* Until 6:51PM | Ganesha: Clear | Sunrise: 7:33AM | | Vikarin 5121 |
| | | Yama 7:33AM – 8:43AM | Sobhana Until 7:11AM | Muruga: Purple | Sunset: 4:55PM | | Moon 10 - Phase 28 |
| | | 675313464 Rahu 1:24PM – 2:34PM | Vanija Until 10:57AM | Nataraja: Purple | | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Chaturthi* Until 10:31PM | Moon – Orange | | Subha Sivaloka Day | |
| Until 6:51PM | | | | | | Kartika•Aipasi | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Friday, November 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau | | Moscow, Russia Sun 17 Sutra 201 | |
| Dhanus Rasi: 6.04 | Tithi 5 | Gulika 8:44AM – 9:54AM | Mula* Until 7:20PM | Ganesha: Purple | Sunrise: 7:35AM | | Vikarin 5121 |
| | | Yama 2:33PM – 3:43PM | Sukarma Until 4:18AM Sat | Muruga: Purple | Sunset: 4:53PM | | Moon 10 - Phase 28 |
| | | 685313464 Rahu 11:04AM – 12:14PM | Bava Until 10:21AM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Panchami Until 10:21PM | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| Until 7:20PM | | | | | | Kartika•Aipasi | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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|---------------------------------|-------------|-----------------------------------|---------------------------|--|-----------------|------------------------------------|--------------------|
| 5 | | Saturday, November 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau | | Moscow, Russia Sun 18 Sutra 202 | |
| Dhanus Rasi: 19.01 | Tithi 6 | Gulika 7:37AM – 8:46AM | Purvashadha* Until 8:31PM | Ganesha: Purple | Sunrise: 7:37AM | | Vikarin 5121 |
| | | Yama 1:23PM – 2:32PM | Dhriti Until 3:53AM Sun | Muruga: Purple | Sunset: 4:51PM | | Moon 10 - Phase 28 |
| | | 685313464 Rahu 9:55AM – 11:04AM | Kaulava Until 10:37AM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 11:02PM | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| Until 8:31PM | | | | | | Kartika•Aipasi | |
| Then Routine Work - Marana Yoga | | Skanda Shasthi | | | | | |

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|-------------------|-------------|---------------------------------|----------------------------|---|-----------------|------------------------------------|--------------------|
| 6 | | Sunday, November 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau | | Moscow, Russia Sun 19 Sutra 203 | |
| Makara Rasi: 1.35 | Tithi 7 | Gulika 2:31PM – 3:40PM | Uttarashadha Until 10:16PM | Ganesha: Purple | Sunrise: 7:39AM | | Vikarin 5121 |
| | | Yama 12:14PM – 1:22PM | Shula* Until 3:59AM Mon | Muruga: Purple | Sunset: 4:49PM | | Moon 10 - Phase 28 |
| | | 685313464 Rahu 3:40PM – 4:49PM | Gara Until 11:42AM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Saptami Until 12:30AM Mon | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| | | | | | | Kartika•Aipasi | |

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|----------------------------------|-------------|---------------------------------|----------------------------|--|-----------------|------------------------------------|--------------------|
| Retreat Star | | Monday, November 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau | | Moscow, Russia Sun 20 Sutra 204 | |
| Makara Rasi: 13.49 | Tithi 8 | Gulika 1:22PM – 2:30PM | Shravana Until 12:57AM Tue | Ganesha: Purple | Sunrise: 7:41AM | | Vikarin 5121 |
| Family Home Evening | | Yama 11:05AM – 12:14PM | Ganda* Until 4:32AM Tue | Muruga: Purple | Sunset: 4:46PM | | Moon 10 - Phase 28 |
| Creative Work | Amrita Yoga | 696313464 Rahu 8:49AM – 9:57AM | Visti Until 1:29PM | Nataraja: Purple | | | Ashtami |
| Until 12:57AM Tue | | | Ashtami* Until 2:33AM Tue | Moon – Purple | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | Kartika•Aipasi | |

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|---------------------|-------------|----------------------------------|-----------------------------|--|-----------------|------------------------------------|--------------------|
| Retreat Star | | Tuesday, November 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau | | Moscow, Russia Sun 21 Sutra 205 | |
| Makara Rasi: 25.5 | Tithi 9 | Gulika 12:14PM – 1:21PM | Dhanishtha Until 3:49AM Wed | Ganesha: Purple | Sunrise: 7:43AM | | Vikarin 5121 |
| | | Yama 9:58AM – 11:06AM | Vriddhi Until 5:21AM Wed | Muruga: Purple | Sunset: 4:44PM | | Moon 10 - Phase 28 |
| | | 696313464 Rahu 2:29PM – 3:37PM | Balava Until 3:45PM | Nataraja: Purple | | | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 4:58AM Wed | Moon – Purple | | Sivaloka Day | |
| | | | | | | Kartika•Aipasi | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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|---------------|------------------------------------|------------------------------|---|---|---|--|
| 1 | Wednesday, November 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila Karana Dashamyam Titau | | | Moscow, Russia Sun 22 Sutra 206 Vikarin 5121 |
| | Kumbha Rasi: 7.44 | Tithi 10 | Gulika 11:07AM – 12:14PM | Shatabhishak Until 6:39AM Thu | Ganesha: Purple <i>Sunrise: 7:45AM</i> | |
| | | | Yama 8:52AM – 9:59AM | Dhruva Until 6:14AM Thu | Muruqa: Purple <i>Sunset: 4:42PM</i> | Moon 10 - Phase 29 |
| | 696313464 | Rahu 12:14PM – 1:21PM | | Taitila Until 6:16PM | Nataraja: Purple | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 7:31AM Thu | Moon – Purple | Sivaloka Day | |
| | | | | Kartika-Aipasi | | |


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| 2 | Thursday, November 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | Moscow, Russia Sun 23 Sutra 207 Vikarin 5121 |
| | Kumbha Rasi: 19.35 | Tithi 10 – 11 | Gulika 10:00AM – 11:07AM | Shatabhishak Until 6:39AM | Ganesha: Clear <i>Sunrise: 7:47AM</i> | |
| | | | Yama 7:47AM – 8:54AM | Dhruva Until 6:14AM | Muruqa: Purple <i>Sunset: 4:40PM</i> | Moon 10 - Phase 29 |
| | 796313464 | Rahu 1:20PM – 2:27PM | | Vanija Until 8:47PM | Nataraja: Purple | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 7:31AM | Moon – Purple | Subha Sivaloka Day | |
| | | | | Kartika-Aipasi | | |


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| 3 | Friday, November 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau | | | Moscow, Russia Sun 24 Sutra 208 Vikarin 5121 |
| | Meena Rasi: 1.28 | Tithi 11 – 12 | Gulika 8:55AM – 10:02AM | Purvaproshtapada* Until 9:44AM | Ganesha: Yellow <i>Sunrise: 7:49AM</i> | |
| | | | Yama 2:26PM – 3:32PM | Vyaghata* Until 7:04AM | Muruqa: Purple <i>Sunset: 4:39PM</i> | Moon 10 - Phase 29 |
| | 716313464 | Rahu 11:08AM – 12:14PM | | Bava Until 11:08PM | Nataraja: Purple | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 9:58AM | Moon – Clear | Subha Sivaloka Day | |
| | | | | Kartika-Aipasi | | |

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| 4 | Saturday, November 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | Moscow, Russia Sun 25 Sutra 209 Vikarin 5121 |
| | Meena Rasi: 13.26 | Tithi 12 – 13 | Gulika 7:51AM – 8:57AM | Uttaraproshtapada Until 12:25PM | Ganesha: Yellow <i>Sunrise: 7:51AM</i> | |
| | | | Yama 1:20PM – 2:25PM | Harshana Until 7:44AM | Muruqa: Purple <i>Sunset: 4:37PM</i> | Moon 10 - Phase 29 |
| | 716313464 | Rahu 10:03AM – 11:08AM | | Kaulava Until 1:12AM Sun | Nataraja: Purple | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 12:11PM | Moon – Clear | Subha Sivaloka Day | |
| Until 12:25PM | | | | Kartika-Aipasi | | |
| Then Routine Work - Prabararishta Yoga | | | <i>Pradosha Vrata</i> | | | |

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| 5 | Sunday, November 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | Moscow, Russia Sun 26 Sutra 210 Vikarin 5121 |
| | Meena Rasi: 25.31 | Tithi 13 – 14 | Gulika 2:24PM – 3:30PM | Revati Until 2:37PM | Ganesha: Yellow <i>Sunrise: 7:53AM</i> | |
| | | | Yama 12:14PM – 1:19PM | Vajra* Until 8:08AM | Muruqa: Purple <i>Sunset: 4:35PM</i> | Moon 10 - Phase 29 |
| | 716313464 | Rahu 3:30PM – 4:35PM | | Gara Until 2:52AM Mon | Nataraja: Purple | 4th Phase |
| Creative Work | Amrita Yoga | | Trayodashi Until 2:03PM | Moon – Clear | Subha Sivaloka Day | |
| Until 2:37PM | | | | Kartika-Aipasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---------------|----------------------------------|------------------------------|---|------------------------------------|--|--|
| 6 | Monday, November 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | Moscow, Russia Sun 27 Sutra 211 Vikarin 5121 |
| | Mesha Rasi: 7.46 | Tithi 14 – 15 | Gulika 1:19PM – 2:24PM | Ashvini Until 4:45PM | Ganesha: Clear <i>Sunrise: 7:55AM</i> | |
| | | | Yama 11:09AM – 12:14PM | Siddhi Until 8:15AM | Muruqa: Purple <i>Sunset: 4:33PM</i> | Moon 10 - Phase 29 |
| | 727313464 | Rahu 9:00AM – 10:05AM | | Visti Until 4:07AM Tue | Nataraja: Purple | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 3:32PM | Moon – White | Subha Sivaloka Day | |
| | | | | Kartika-Aipasi | | |

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|---|-----------------------------------|-----------------------------|--|------------------------------------|--|---|
|  | Tuesday, November 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | Moscow, Russia Sutra 212 Vikarin 5121 |
| | Copper Retreat Star | | Gulika 12:14PM – 1:18PM | Bharani Until 6:19PM | Ganesha: White <i>Sunrise: 7:57AM</i> | |
| | Mesha Rasi: 20.12 | Tithi 15 – 16 | Yama 10:06AM – 11:10AM | Vyatipata* Until 8:03AM | Muruqa: Purple <i>Sunset: 4:31PM</i> | Moon 10 - Phase 29 |
| | 727413464 | Rahu 2:23PM – 3:27PM | | Balava Until 4:57AM Wed | Nataraja: Purple | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 4:34PM | Moon – White | Sivaloka Day | |
| | | | | Kartika-Aipasi | | |

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|---|-------------------------------------|------------------------------|---|-------------------------------------|--|---|
|  | Wednesday, November 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | Moscow, Russia Sutra 213 Vikarin 5121 |
| | Silver Retreat Star | | Gulika 11:11AM – 12:14PM | Krittika Until 7:19PM | Ganesha: White <i>Sunrise: 7:59AM</i> | |
| | Vrishabha Rasi: 2.49 | Tithi 16 – 17 | Yama 9:03AM – 10:07AM | Variyan Until 7:30AM | Muruqa: Purple <i>Sunset: 4:29PM</i> | Moon 10 - Phase 29 |
| | 727413464 | Rahu 12:14PM – 1:18PM | | Taitila Until 5:22AM Thu | Nataraja: Purple | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 5:11PM | Moon – White | Sivaloka Day | |
| Until 7:19PM | | | | Kartika-Aipasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Moscow, Russia
Sun 1 Sutra 214

Vrishabha Rasi: 15.38 Tithi 17 – 18

737413464

Gulika 10:08AM – 11:11AM
Yama 8:02AM – 9:05AM
Rahu 1:18PM – 2:21PM

Rohini Until 8:14PM
Parigha* Until 6:39AM
Vanija Until 5:23AM Fri
Dvitiya Until 5:24PM

Ganesha: Clear *Sunrise: 8:02AM*
Muruqa: Purple *Sunset: 4:28PM*
Nataraja: Purple
Moon – Yellow
Karttika-Aipasi

Vikarin 5121
Moon 11 - Phase 30
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

1

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Moscow, Russia
Sun 2 Sutra 215

Vrishabha Rasi: 28.38 Tithi 18 – 19

737413464

Gulika 9:06AM – 10:09AM
Yama 2:20PM – 3:23PM
Rahu 11:12AM – 12:15PM

Mrigashira Until 8:38PM
Siddha Until 4:03AM Sat
Bava Until 5:02AM Sat
Tritiya Until 5:14PM

Ganesha: Clear *Sunrise: 8:04AM*
Muruqa: Purple *Sunset: 4:26PM*
Nataraja: Purple
Moon – Yellow
Karttika-Aipasi

Vikarin 5121
Moon 11 - Phase 30
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia
Sun 3 Sutra 216

Mithuna Rasi: 11.49 Tithi 19 – 20

737413464

Gulika 8:06AM – 9:08AM
Yama 1:17PM – 2:20PM
Rahu 10:10AM – 11:13AM

Ardra Until 8:32PM
Sadhya Until 2:19AM Sun
Kaulava Until 4:20AM Sun
Chaturthi* Until 4:42PM

Ganesha: Clear *Sunrise: 8:06AM*
Muruqa: Purple *Sunset: 4:24PM*
Nataraja: Purple
Moon – Yellow
Karttika-Kartikai

Vikarin 5121
Moon 11 - Phase 30
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Moscow, Russia
Sun 4 Sutra 217

Mithuna Rasi: 25.12 Tithi 20 – 21

747413465

Gulika 2:19PM – 3:21PM
Yama 12:15PM – 1:17PM
Rahu 3:21PM – 4:23PM

Punarvasu Until 8:24PM
Subha Until 12:20AM Mon
Gara Until 3:17AM Mon
Panchami Until 3:50PM

Ganesha: Purple *Sunrise: 8:08AM*
Muruqa: Purple *Sunset: 4:23PM*
Nataraja: Clear
Moon – Blue
Karttika-Kartikai

Vikarin 5121
Moon 11 - Phase 30
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia
Sun 5 Sutra 218

Kataka Rasi: 8.47 Tithi 21 – 22

748413465

Family Home Evening

Gulika 1:17PM – 2:18PM
Yama 11:14AM – 12:15PM
Rahu 9:11AM – 10:12AM

Pushya Until 7:46PM
Sukla Until 10:03PM
Visti Until 1:53AM Tue
Shashthi* Until 2:37PM

Ganesha: Clear *Sunrise: 8:10AM*
Muruqa: Purple *Sunset: 4:21PM*
Nataraja: Clear
Moon – Blue
Karttika-Kartikai

Vikarin 5121
Moon 11 - Phase 30
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia
Sun 6 Sutra 219

Kataka Rasi: 22.33 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Gulika 12:16PM – 1:17PM
Yama 10:13AM – 11:14AM
Rahu 2:18PM – 3:19PM

Ashlesha* Until 6:40PM
Brahma Until 7:31PM
Balava Until 12:10AM Wed
Saptami Until 1:03PM

Ganesha: Clear *Sunrise: 8:11AM*
Muruqa: Purple *Sunset: 4:20PM*
Nataraja: Clear
Moon – Blue
Karttika-Kartikai

Vikarin 5121
Moon 11 - Phase 30
Ashtami

Sivaloka Day

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia
Sun 7 Sutra 220

Simha Rasi: 6.32 Tithi 23 – 24

758413465

Creative Work Siddha Yoga

Until 5:32PM

Then Creative Work - Amrita Yoga

Gulika 11:15AM – 12:16PM
Yama 9:14AM – 10:15AM
Rahu 12:16PM – 1:16PM

Magha* Until 5:32PM
Indra Until 4:44PM
Taitila Until 10:08PM
Ashtami* Until 11:10AM

Ganesha: White *Sunrise: 8:13AM*
Muruqa: Purple *Sunset: 4:18PM*
Nataraja: Clear
Moon – Red
Karttika-Kartikai

Vikarin 5121
Moon 11 - Phase 30
Navami

Subha Sivaloka Day


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|-------------------|---------------|------------------------------------|-----------------------------------|--|---|
| 1 | | Thursday, November 21, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | Moscow, Russia Sun 8 Sutra 221 Vikarin 5121 |
| Simha Rasi: 20.43 | Tithi 24 – 25 | Gulika 10:16AM – 11:16AM | Purvaphalguni Until 3:59PM | Ganesha: White <i>Sunrise:</i> 8:15AM | |
| | | Yama 8:15AM – 9:16AM | Vaidhriti* Until 1:42PM | Muruqa: Purple <i>Sunset:</i> 4:17PM | Moon 11 - Phase 31 |
| | | Rahu 1:16PM – 2:16PM | Vanija Until 7:49PM | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Navami* Until 8:59AM | Moon – Red | Subha Sivaloka Day |
| | | | | Karttika-Karttikai | |

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| 2 | | Friday, November 22, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau | Moscow, Russia Sun 9 Sutra 222 Vikarin 5121 |
| Kanya Rasi: 5.04 | Tithi 25 – 26 | Gulika 9:17AM – 10:17AM | Uttaraphalguni Until 2:03PM | Ganesha: White <i>Sunrise:</i> 8:17AM | |
| | | Yama 2:16PM – 3:15PM | Vishkambha* Until 10:29AM | Muruqa: Purple <i>Sunset:</i> 4:15PM | Moon 11 - Phase 31 |
| | | Rahu 11:17AM – 12:16PM | Balava Until 3:57AM Sat | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 6:33AM | Moon – Red | Subha Sivaloka Day |
| Until 2:03PM | | | | Karttika-Karttikai | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 3 | | Saturday, November 23, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitilla Karana Dvodashyam Titau | Moscow, Russia Sun 10 Sutra 223 Vikarin 5121 |
| Kanya Rasi: 19.32 | Tithi 27 | Gulika 8:19AM – 9:19AM | Hasta Until 12:16PM | Ganesha: Yellow <i>Sunrise:</i> 8:19AM | |
| | | Yama 1:16PM – 2:15PM | Priti Until 7:09AM | Muruqa: Purple <i>Sunset:</i> 4:14PM | Moon 11 - Phase 31 |
| | | Rahu 10:18AM – 11:17AM | Kaulava Until 2:39PM | Nataraja: Clear | 2nd Phase |
| Routine Work | Marana Yoga | | Dvadashi* Until 1:17AM Sun | Moon – Green | Sivaloka Day |
| | | | | Karttika-Karttikai | |

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| 4 | | Sunday, November 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau | Moscow, Russia Sun 11 Sutra 224 Vikarin 5121 |
| Tula Rasi: 4.02 | Tithi 28 | Gulika 2:15PM – 3:14PM | Chitra Until 10:20AM | Ganesha: Blue <i>Sunrise:</i> 8:21AM | |
| | | Yama 12:17PM – 1:16PM | Saubhagya Until 12:25AM Mon | Muruqa: Purple <i>Sunset:</i> 4:13PM | Moon 11 - Phase 31 |
| | | Rahu 3:14PM – 4:13PM | Gara Until 11:59AM | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 10:40PM | Moon – Green | Devaloka Day |
| | | | | Karttika-Karttikai | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | |

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| 5 | | Monday, November 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | Moscow, Russia Sun 12 Sutra 225 Vikarin 5121 |
| Tula Rasi: 18.3 | Tithi 29 | Gulika 1:16PM – 2:14PM | Svati Until 8:21AM | Ganesha: Blue <i>Sunrise:</i> 8:23AM | |
| Family Home Evening | | Yama 11:19AM – 12:17PM | Sobhana Until 9:15PM | Muruqa: Purple <i>Sunset:</i> 4:11PM | Moon 11 - Phase 31 |
| | | Rahu 9:21AM – 10:20AM | Visti Until 9:26AM | Nataraja: Clear | 2nd Phase |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 8:14PM | Moon – Green | Devaloka Day |
| Until 8:21AM | | | | Karttika-Karttikai | |
| Then Routine Work - Marana Yoga | | | | | |

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|---|-------------|-----------------------------------|-------------------------------|--|--|
|  | | Tuesday, November 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | Moscow, Russia Sun 13 Sutra 226 Vikarin 5121 |
| Retreat Star | | Gulika 12:17PM – 1:16PM | Vishakha Until 6:54AM | Ganesha: Blue <i>Sunrise:</i> 8:25AM | |
| Vrischika Rasi: 2.47 | Tithi 30 | Yama 10:21AM – 11:19AM | Athiganda* Until 6:20PM | Muruqa: Purple <i>Sunset:</i> 4:10PM | Moon 11 - Phase 31 |
| | | Rahu 2:14PM – 3:12PM | Catuspada Until 7:09AM | Nataraja: Clear | Amavasya |
| Routine Work | Marana Yoga | | Amavasya* Until 6:08PM | Moon – Orange | Devaloka Day |
| Until 6:54AM | | | | Karttika-Karttikai | |
| Then Creative Work - Siddha Yoga | | | | | |

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|----------------------|-------------|-------------------------------------|-----------------------------------|--|--|
| Retreat Star | | Wednesday, November 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Moscow, Russia Sun 14 Sutra 227 Vikarin 5121 |
| Vrischika Rasi: 16.5 | Tithi 1 – 2 | Gulika 11:20AM – 12:18PM | Jyeshtha* Until 4:53AM Thu | Ganesha: Blue <i>Sunrise:</i> 8:26AM | |
| | | Yama 9:24AM – 10:22AM | Sukarma Until 3:49PM | Muruqa: Purple <i>Sunset:</i> 4:09PM | Moon 11 - Phase 31 |
| | | Rahu 12:18PM – 1:16PM | Balava Until 3:55AM Thu | Nataraja: Clear | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 4:30PM | Moon – Orange | Devaloka Day |
| | | | | Margasira-Karttikai | |

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|--|-------------|---------------------------------------|-------------------------------|---|--|
| 1 | | Thursday, November 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | Moscow, Russia Sun 15 Sutra 228 Vikarin 5121 |
| Dhanus Rasi: 0.32 | Tithi 2 – 3 | Gulika 10:23AM – 11:21AM | Mula* Until 5:02AM Fri | Ganesha: Blue <i>Sunrise:</i> 8:28AM | |
| | | Yama 8:28AM – 9:26AM | Dhriti Until 1:47PM | Muruqa: Purple <i>Sunset:</i> 4:08PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 1:16PM – 2:13PM | Taitila Until 3:15AM Fri | Nataraja: Clear | 3rd Phase |
| Creative Work Siddha Yoga | | | Dvitiya Until 3:29PM | Moon – Light Blue | Devaloka Day |
| Until 5:02AM Fri | | | | Margasira•Karttikai | |
| Then Routine Work - Prabalarishta Yoga | | | | | |

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|---------------------------------|-------------|---|--------------------------------------|--|--|
| 2 | | Friday, November 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | Moscow, Russia Sun 16 Sutra 229 Vikarin 5121 |
| Dhanus Rasi: 13.51 | Tithi 3 – 4 | Gulika 9:27AM – 10:24AM | Purvashadha* Until 5:45AM Sat | Ganesha: Blue <i>Sunrise:</i> 8:30AM | |
| | | Yama 2:13PM – 3:10PM | Shula* Until 12:16PM | Muruqa: Purple <i>Sunset:</i> 4:07PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 11:21AM – 12:18PM | Vanija Until 3:19AM Sat | Nataraja: Clear | 3rd Phase |
| Routine Work Prabalarishta Yoga | | | Tritiya Until 3:10PM | Moon – Light Blue | Devaloka Day |
| Until 5:45AM Sat | | | | Margasira•Karttikai | |
| Then Routine Work - Marana Yoga | | | | | |

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| 3 | | Saturday, November 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | Moscow, Russia Sun 17 Sutra 230 Vikarin 5121 |
| Dhanus Rasi: 26.47 | Tithi 4 – 5 | Gulika 8:32AM – 9:28AM | Uttarashadha Until 7:01AM Sun | Ganesha: Blue <i>Sunrise:</i> 8:32AM | |
| | | Yama 1:16PM – 2:12PM | Ganda* Until 11:21AM | Muruqa: Purple <i>Sunset:</i> 4:06PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 10:25AM – 11:22AM | Bava Until 4:08AM Sun | Nataraja: Clear | 3rd Phase |
| Routine Work Marana Yoga | | | Chaturthi* Until 3:37PM | Moon – Light Blue | Devaloka Day |
| Until 7:01AM Sun | | | | Margasira•Karttikai | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 4 | | Sunday, December 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Moscow, Russia Sun 18 Sutra 231 Vikarin 5121 |
| Makara Rasi: 9.22 | Tithi 5 – 6 | Gulika 2:12PM – 3:09PM | Uttarashadha Until 7:01AM | Ganesha: Blue <i>Sunrise:</i> 8:33AM | |
| | | Yama 12:19PM – 1:16PM | Vridhhi Until 11:01AM | Muruqa: Purple <i>Sunset:</i> 4:05PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 3:09PM – 4:05PM | Kaulava Until 5:39AM Mon | Nataraja: Clear | 3rd Phase |
| Creative Work Amrita Yoga | | | Panchami Until 4:47PM | Moon – Light Blue | Devaloka Day |
| | | | | Margasira•Karttikai | |
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| 5 | | Monday, December 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila Karana Shashthyam Titau | Moscow, Russia Sun 19 Sutra 232 Vikarin 5121 |
| Makara Rasi: 21.4 | Tithi 6 | Gulika 1:16PM – 2:12PM | Shravana Until 9:16AM | Ganesha: Clear <i>Sunrise:</i> 8:35AM | |
| Family Home Evening | | Yama 11:23AM – 12:20PM | Dhruva Until 11:09AM | Muruqa: Purple <i>Sunset:</i> 4:04PM | Moon 11 - Phase 32 |
| 791413465 Rahu 9:31AM – 10:27AM | | | Taitila Until 6:35PM | Nataraja: Clear | 3rd Phase |
| Creative Work Amrita Yoga | | | Shashthi* Until 6:35PM | Moon – Purple | Sivaloka Day |
| Until 9:16AM | | | | Margasira•Karttikai | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 6 | | Tuesday, December 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana* Yoga Gara/Vanija Karana Saptamyam Titau | Moscow, Russia Sun 20 Sutra 233 Vikarin 5121 |
| Kumbha Rasi: 3.44 | Tithi 7 | Gulika 12:20PM – 1:16PM | Dhanishtha Until 11:51AM | Ganesha: Clear <i>Sunrise:</i> 8:37AM | |
| | | Yama 10:28AM – 11:24AM | Vyaghata* Until 11:41AM | Muruqa: Purple <i>Sunset:</i> 4:03PM | Moon 11 - Phase 32 |
| | | 791413465 Rahu 2:12PM – 3:08PM | Gara Until 7:42AM | Nataraja: Clear | 3rd Phase |
| Creative Work Siddha Yoga | | | Saptami Until 8:51PM | Moon – Purple | Sivaloka Day |
| Until 11:51AM | | | | Margasira•Karttikai | |
| Then Routine Work - Marana Yoga | | | | | |

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| Retreat Star | | Wednesday, December 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau | Moscow, Russia Sun 21 Sutra 234 Vikarin 5121 |
| Kumbha Rasi: 15.4 | Tithi 8 | Gulika 11:25AM – 12:20PM | Shatabhishak Until 2:33PM | Ganesha: Clear <i>Sunrise:</i> 8:38AM | |
| | | Yama 9:34AM – 10:29AM | Harshana Until 12:27PM | Muruqa: Purple <i>Sunset:</i> 4:03PM | Moon 11 - Phase 32 |
| | | 791413465 Rahu 12:20PM – 1:16PM | Visti Until 10:05AM | Nataraja: Clear | Ashtami |
| Creative Work Siddha Yoga | | | Ashtami* Until 11:19PM | Moon – Purple | Sivaloka Day |
| Until 2:33PM | | | | Margasira•Karttikai | |
| Then Creative Work - Amrita Yoga | | | | | |

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| Retreat Star | | Thursday, December 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau | Moscow, Russia Sun 22 Sutra 235 Vikarin 5121 |
| Kumbha Rasi: 27.33 | Tithi 9 | Gulika 10:30AM – 11:26AM | Purvaproshtapada* Until 5:39PM | Ganesha: Yellow <i>Sunrise:</i> 8:40AM | |
| | | Yama 8:40AM – 9:35AM | Vajra* Until 1:15PM | Muruqa: Purple <i>Sunset:</i> 4:02PM | Moon 11 - Phase 32 |
| | | 711413465 Rahu 1:16PM – 2:11PM | Balava Until 12:36PM | Nataraja: Clear | Navami |
| Creative Work Siddha Yoga | | | Navami* Until 1:48AM Fri | Moon – Clear | Sivaloka Day |
| | | | | Margasira•Karttikai | |
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The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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| 1 | | Friday, December 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Moscow, Russia |
| Meena Rasi: 9.27 | Tithi 10 | Gulika | 9:36AM – 10:31AM | Uttaraproshtapada Until 8:27PM | Ganesha: Yellow | <i>Sunrise:</i> 8:41AM | Sun 23 | Sutra 236 |
| | | Yama | 2:11PM – 3:06PM | Siddhi Until 1:59PM | Muruqa: Purple | <i>Sunset:</i> 4:02PM | | Vikarin 5121 |
| | | 711413465 Rahu | 11:26AM – 12:21PM | Taitila Until 3:00PM | Nataraja: Clear | | | Moon 11 - Phase 33 |
| Creative Work | Siddha Yoga | | | Dashami Until 4:05AM Sat | Moon – Clear | | | 4th Phase |
| | | | | | Margasira-Karttikai | | | Sivaloka Day |

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| 2 | | Saturday, December 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Moscow, Russia |
| Meena Rasi: 21.26 | Tithi 11 | Gulika | 8:42AM – 9:37AM | Revati Until 10:46PM | Ganesha: White | <i>Sunrise:</i> 8:42AM | Sun 24 | Sutra 237 |
| | | Yama | 1:17PM – 2:11PM | Vyatiyata* Until 2:31PM | Muruqa: Purple | <i>Sunset:</i> 4:01PM | | Vikarin 5121 |
| | | 711513465 Rahu | 10:32AM – 11:27AM | Vanija Until 5:07PM | Nataraja: Clear | | | Moon 11 - Phase 33 |
| Routine Work | Prabalarishta Yoga | | | Ekadashi Until 5:59AM Sun | Moon – Clear | | | 4th Phase |
| Until 10:46PM | | | | | Margasira-Karttikai | | | Subha Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 3 | | Sunday, December 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyian/Parigha* Yoga Bava Karana Dvadashyam Titau | | | | Moscow, Russia |
| Mesha Rasi: 3.35 | Tithi 12 | Gulika | 2:11PM – 3:06PM | Ashvini Until 12:59AM Mon | Ganesha: Clear | <i>Sunrise:</i> 8:44AM | Sun 25 | Sutra 238 |
| | | Yama | 12:22PM – 1:17PM | Varyian Until 2:43PM | Muruqa: Purple | <i>Sunset:</i> 4:01PM | | Vikarin 5121 |
| | | 721513465 Rahu | 3:06PM – 4:01PM | Bava Until 6:47PM | Nataraja: Clear | | | Moon 11 - Phase 33 |
| Creative Work | Siddha Yoga | | | Dvadashi Until 7:24AM Mon | Moon – White | | | 4th Phase |
| | | | | | Margasira-Karttikai | | | Sivaloka Day |

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| 4 | | Monday, December 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Moscow, Russia |
| Mesha Rasi: 15.55 | Tithi 12 – 13 | Gulika | 1:17PM – 2:11PM | Bharani Until 2:30AM Tue | Ganesha: Clear | <i>Sunrise:</i> 8:45AM | Sun 26 | Sutra 239 |
| Family Home Evening | | Yama | 11:28AM – 12:23PM | Parigha* Until 2:31PM | Muruqa: Purple | <i>Sunset:</i> 4:00PM | | Vikarin 5121 |
| | | 721513465 Rahu | 9:39AM – 10:34AM | Kaulava Until 7:55PM | Nataraja: Clear | | | Moon 11 - Phase 33 |
| Creative Work | Siddha Yoga | | | Dvadashi Until 7:24AM | Moon – White | | | 4th Phase |
| | | | | | Margasira-Karttikai | | | Sivaloka Day |
| | | | | | | | | <i>Pradosha Vrata</i> |

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| 5 | | Tuesday, December 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Moscow, Russia |
| Mesha Rasi: 28.31 | Tithi 13 – 14 | Gulika | 12:23PM – 1:17PM | Krittika Until 3:18AM Wed | Ganesha: Clear | <i>Sunrise:</i> 8:46AM | Sun 27 | Sutra 240 |
| | | Yama | 10:35AM – 11:29AM | Shiva Until 1:54PM | Muruqa: Purple | <i>Sunset:</i> 4:00PM | | Vikarin 5121 |
| | | 721513465 Rahu | 2:11PM – 3:06PM | Gara Until 8:29PM | Nataraja: Clear | | | Moon 11 - Phase 33 |
| Creative Work | Siddha Yoga | | | Trayodashi Until 8:15AM | Moon – White | | | 4th Phase |
| | | | | | Margasira-Karttikai | | | Sivaloka Day |
| | | | | | | | | Krittika Deepam |

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| ○ | | Wednesday, December 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Moscow, Russia |
| Copper Retreat Star | | Gulika | 11:30AM – 12:24PM | Rohini Until 3:52AM Thu | Ganesha: Purple | <i>Sunrise:</i> 8:48AM | Sun 28 | Sutra 241 |
| Vrishabha Rasi: 11.22 | Tithi 14 – 15 | Yama | 9:42AM – 10:36AM | Siddha Until 12:49PM | Muruqa: Clear | <i>Sunset:</i> 4:00PM | | Vikarin 5121 |
| | | 731523465 Rahu | 12:24PM – 1:18PM | Visti Until 8:28PM | Nataraja: Clear | | | Moon 11 - Phase 33 |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 8:31AM | Moon – Yellow | | | Purnima |
| Until 3:52AM Thu | | | | | Margasira-Karttikai | | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| ○ | | Thursday, December 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Moscow, Russia |
| Silver Retreat Star | | Gulika | 10:36AM – 11:30AM | Mrigashira Until 3:48AM Fri | Ganesha: Clear | <i>Sunrise:</i> 8:49AM | Sun 29 | Sutra 242 |
| Vrishabha Rasi: 24.3 | Tithi 15 – 16 | Yama | 8:49AM – 9:43AM | Sadhya Until 11:20AM | Muruqa: Clear | <i>Sunset:</i> 3:59PM | | Vikarin 5121 |
| | | 732523465 Rahu | 1:18PM – 2:12PM | Balava Until 7:55PM | Nataraja: Clear | | | Moon 11 - Phase 33 |
| Routine Work | Marana Yoga | | | Purnima* Until 8:14AM | Moon – Yellow | | | Prathama |
| Until 3:48AM Fri | | | | | Margasira-Karttikai | | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | | | | Vinayaga Viratam Begins |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Mithuna Rasi: 7.54 Tithi 16 - 17

732523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Moscow, Russia

Sutra 243

Vikarin 5121

Gulika 9:43AM - 10:37AM

Yama 2:12PM - 3:06PM

Rahu 11:31AM - 12:24PM

Ardra Until 3:09AM Sat

Subha Until 9:28AM

Taitila Until 6:56PM

Prathama* Until 7:27AM

Ganesha: Clear Sunrise: 8:50AM

Muruga: Clear Sunset: 3:59PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Moon 12 - Phase 34

1st Phase

1

Saturday, December 14, 2019

Mithuna Rasi: 21.32 Tithi 17 - 18

742523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Visli* Karana Dvitiya/Tritiyayam Titau

Moscow, Russia

Sun 1 Sutra 244

Vikarin 5121

Gulika 8:51AM - 9:44AM

Yama 1:19PM - 2:12PM

Rahu 10:38AM - 11:31AM

Punarvasu Until 2:29AM Sun

Sukla Until 7:15AM

Visli Until 4:45AM Sun

Dvitiya Until 6:16AM

Ganesha: Purple Sunrise: 8:51AM

Muruga: Clear Sunset: 3:59PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

2

Sunday, December 15, 2019

Kataka Rasi: 5.22 Tithi 19

742523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Titau

Moscow, Russia

Sun 2 Sutra 245

Vikarin 5121

Gulika 2:12PM - 3:06PM

Yama 12:25PM - 1:19PM

Rahu 3:06PM - 3:59PM

Pushya Until 1:25AM Mon

Indra Until 2:11AM Mon

Bava Until 3:55PM

Chaturthi* Until 3:00AM Mon

Ganesha: Purple Sunrise: 8:52AM

Muruga: Clear Sunset: 3:59PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

3

Monday, December 16, 2019

Kataka Rasi: 19.2 Tithi 20

Family Home Evening

742523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 3 Sutra 246

Vikarin 5121

Gulika 1:19PM - 2:13PM

Yama 11:33AM - 12:26PM

Rahu 9:46AM - 10:39AM

Ashlesha* Until 12:02AM Tue

Vaidhriti* Until 11:24PM

Kaulava Until 2:04PM

Panchami Until 1:04AM Tue

Ganesha: Purple Sunrise: 8:53AM

Muruga: Clear Sunset: 3:59PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Markali Pillaiyar

4

Tuesday, December 17, 2019

Simha Rasi: 3.25 Tithi 21

852523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 4 Sutra 247

Vikarin 5121

Gulika 12:26PM - 1:20PM

Yama 10:40AM - 11:33AM

Rahu 2:13PM - 3:06PM

Magha* Until 10:50PM

Vishkambha* Until 8:33PM

Gara Until 12:06PM

Shashthi* Until 11:03PM

Ganesha: Purple Sunrise: 8:54AM

Muruga: Clear Sunset: 3:59PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

5

Wednesday, December 18, 2019

Simha Rasi: 17.32 Tithi 22

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Creative Work Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saplamyam Titau

Moscow, Russia

Sun 5 Sutra 248

Vikarin 5121

Gulika 11:34AM - 12:27PM

Yama 9:48AM - 10:41AM

Rahu 12:27PM - 1:20PM

Purvaphalguni Until 9:27PM

Priti Until 5:40PM

Visti Until 10:02AM

Saptami Until 8:59PM

Ganesha: Purple Sunrise: 8:54AM

Muruga: Clear Sunset: 4:00PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

D

Thursday, December 19, 2019

Retreat Star

Kanya Rasi: 1.42 Tithi 23

852523465

Amrita Yoga

Until 7:55PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Sun 6 Sutra 249

Vikarin 5121

Gulika 10:41AM - 11:34AM

Yama 8:55AM - 9:48AM

Rahu 1:21PM - 2:14PM

Uttaraphalguni Until 7:55PM

Ayushman Until 2:44PM

Balava Until 7:57AM

Ashtami* Until 6:54PM

Ganesha: Purple Sunrise: 8:55AM

Muruga: Clear Sunset: 4:00PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

Ashtami

Friday, December 20, 2019

Retreat Star

Kanya Rasi: 15.51 Tithi 24 - 25

862523465

Creative Work Amrita Yoga

Until 6:41PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Moscow, Russia

Sun 7 Sutra 250

Vikarin 5121

Gulika 9:49AM - 10:42AM

Yama 2:14PM - 3:07PM

Rahu 11:35AM - 12:28PM

Hasta Until 6:41PM

Saubhagya Until 11:50AM

Vanija Until 3:51AM Sat

Navami* Until 4:50PM

Ganesha: Clear Sunrise: 8:56AM

Muruga: Clear Sunset: 4:00PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Devaloka Day

Moon 12 - Phase 34

Navami

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

| | | | | | | | |
|----------------------------------|------------------------------------|---------------|--|----------------------------|------------------------|-----------------|---------------------|
| 1 | Saturday, December 21, 2019 | | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Moscow, Russia |
| | Kanya Rasi: 29.59 | Tithi 25 – 26 | 862523465 | Sun 8 | Sutra 251 | Vikarin 5121 | |
| Routine Work | Marana Yoga | | Gulika 8:56AM – 9:49AM | Chitra Until 5:22PM | Ganesha: Clear | Sunrise: 8:56AM | |
| Until 5:22PM | | | Yama 1:22PM – 2:15PM | Sobhana Until 8:59AM | Muruqa: Clear | Sunset: 4:01PM | Moon 12 - Phase 35 |
| Then Creative Work - Siddha Yoga | | | Rahu 10:42AM – 11:35AM | Bava Until 1:54AM Sun | Nataraja: Clear | | 2nd Phase |
| | | | Day 1 of Pancha Ganapati | Dashami Until 2:51PM | Moon – Green | | Devaloka Day |
| | | | | | Margasira-Markali | | |

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|---------------------------------|----------------------------------|---------------|--|---------------------------|------------------------|-----------------|---------------------|
| 2 | Sunday, December 22, 2019 | | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Moscow, Russia |
| | Tula Rasi: 14.02 | Tithi 26 – 27 | 862523465 | Sun 9 | Sutra 252 | Vikarin 5121 | |
| Creative Work | Siddha Yoga | | Gulika 2:15PM – 3:08PM | Svati Until 4:03PM | Ganesha: Clear | Sunrise: 8:57AM | |
| Until 4:03PM | | | Yama 12:29PM – 1:22PM | Athiganda* Until 6:12AM | Muruqa: Clear | Sunset: 4:01PM | Moon 12 - Phase 35 |
| Then Routine Work - Marana Yoga | | | Rahu 3:08PM – 4:01PM | Kaulava Until 12:07AM Mon | Nataraja: Clear | | 2nd Phase |
| | | | Day 2 of Pancha Ganapati | Ekadashi* Until 12:58PM | Moon – Green | | Devaloka Day |
| | | | | | Margasira-Markali | | |

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|----------------------------------|----------------------------------|---------------|--|---------------------------------|------------------------|-----------------|-----------------------------|
| 3 | Monday, December 23, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Moscow, Russia |
| | Tula Rasi: 28 | Tithi 27 – 28 | 872523465 | Sun 10 | Sutra 253 | Vikarin 5121 | |
| Family Home Evening | Marana Yoga | | Gulika 1:23PM – 2:16PM | Vishakha Until 3:13PM | Ganesha: White | Sunrise: 8:57AM | |
| Routine Work | Marana Yoga | | Yama 11:37AM – 12:30PM | Dhriti Until 1:07AM Tue | Muruqa: Clear | Sunset: 4:02PM | Moon 12 - Phase 35 |
| Until 3:13PM | | | Rahu 9:50AM – 10:43AM | Gara Until 10:34PM | Nataraja: Clear | | 2nd Phase |
| Then Creative Work - Siddha Yoga | | | Day 3 of Pancha Ganapati | Dvadashi* Until 11:17AM | Moon – Orange | | Bhuloka Day |
| | | | | <i>Pradosha Vrata (Fasting)</i> | Margasira-Markali | | Devaloka Time: 3:PM to 6:PM |

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|---------------------------------|-----------------------------------|---------------|--|------------------------------|------------------------|-----------------|-----------------------------|
| 4 | Tuesday, December 24, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Moscow, Russia |
| | Vrischika Rasi: 11.48 | Tithi 28 – 29 | 872523465 | Sun 11 | Sutra 254 | Vikarin 5121 | |
| Creative Work | Siddha Yoga | | Gulika 12:30PM – 1:23PM | Anuradha Until 2:31PM | Ganesha: White | Sunrise: 8:58AM | |
| Until 2:31PM | | | Yama 10:44AM – 11:37AM | Shula* Until 10:54PM | Muruqa: Clear | Sunset: 4:02PM | Moon 12 - Phase 35 |
| Then Routine Work - Marana Yoga | | | Rahu 2:16PM – 3:09PM | Visti Until 9:19PM | Nataraja: Clear | | 2nd Phase |
| | | | Day 4 of Pancha Ganapati | Trayodashi* Until 9:52AM | Moon – Orange | | Bhuloka Day |
| | | | | | Margasira-Markali | | Devaloka Time: 3:PM to 6:PM |

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|---------------------------------|-------------------------------------|---------------|---|-------------------------------|------------------------|-----------------|-----------------------------|
| ● | Wednesday, December 25, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Moscow, Russia |
| | Vrischika Rasi: 25.25 | Tithi 29 – 30 | 872523465 | Sun 12 | Sutra 255 | Vikarin 5121 | |
| Retreat Star | Siddha Yoga | | Gulika 11:37AM – 12:31PM | Jyeshtha* Until 2:02PM | Ganesha: White | Sunrise: 8:58AM | |
| Creative Work | Siddha Yoga | | Yama 9:51AM – 10:44AM | Ganda* Until 9:02PM | Muruqa: Clear | Sunset: 4:03PM | Moon 12 - Phase 35 |
| Until 2:02PM | | | Rahu 12:31PM – 1:24PM | Catuspada Until 8:29PM | Nataraja: Clear | | Amavasya |
| Then Routine Work - Marana Yoga | | | Day 5 of Pancha Ganapati | Chaturdashi* Until 8:49AM | Moon – Orange | | Bhuloka Day |
| | | | | | Margasira-Markali | | Devaloka Time: 3:PM to 6:PM |

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|---------------------------------|------------------------------------|--------------|---|---------------------------|------------------------|-----------------|---------------------|
| ● | Thursday, December 26, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Moscow, Russia |
| | Dhanus Rasi: 8.46 | Tithi 30 – 1 | 883523465 | Sun 13 | Sutra 256 | Vikarin 5121 | |
| Retreat Star | Siddha Yoga | | Gulika 10:45AM – 11:38AM | Mula* Until 2:19PM | Ganesha: Orange | Sunrise: 8:58AM | |
| Creative Work | Siddha Yoga | | Yama 8:58AM – 9:52AM | Vriddhi Until 7:34PM | Muruqa: Clear | Sunset: 4:03PM | Moon 12 - Phase 35 |
| Until 2:19PM | | | Rahu 1:24PM – 2:17PM | Kintughna Until 8:09PM | Nataraja: Clear | | Prathama |
| Then Routine Work - Marana Yoga | | | Annular Solar Eclipse | Amavasya* Until 8:14AM | Moon – Light Blue | | Devaloka Day |
| | | | | | Pausha-Markali | | |

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|----------------------------------|--------------------|---|---|--|--|
| 1 | | Friday, December 27, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Moscow, Russia Sun 14 Sutra 257 Vikarin 5121 |
| Dhanus Rasi: 21.5 | Tithi 1 – 2 | Gulika 9:52AM – 10:45AM | Purvashadha* Until 2:59PM | Ganesha: Orange <i>Sunrise:</i> 8:59AM | |
| | | Yama 2:18PM – 3:11PM | Dhruva Until 6:31PM | Muruqa: Clear <i>Sunset:</i> 4:05PM | Moon 12 - Phase 36 |
| | | 883523466 Rahu 11:38AM – 12:32PM | Balava Until 8:22PM | Nataraja: Orange | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Prathama* Until 8:10AM | Moon – Light Blue | Devaloka Day |
| Until 2:59PM | | | | Pausha-Markali | |
| Then Routine Work - Marana Yoga | | | | | |
| 2 | | Saturday, December 28, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | Moscow, Russia Sun 15 Sutra 258 Vikarin 5121 |
| Makara Rasi: 4.37 | Tithi 2 – 3 | Gulika 8:59AM – 9:52AM | Uttarashadha Until 4:04PM | Ganesha: Orange <i>Sunrise:</i> 8:59AM | |
| | | Yama 1:25PM – 2:19PM | Vyaghata* Until 5:56PM | Muruqa: Clear <i>Sunset:</i> 4:06PM | Moon 12 - Phase 36 |
| | | 883523466 Rahu 10:45AM – 11:39AM | Taitila Until 9:12PM | Nataraja: Orange | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 8:42AM | Moon – Light Blue | Devaloka Day |
| Until 4:04PM | | | | Pausha-Markali | |
| Then Creative Work - Siddha Yoga | | | | | |
| 3 | | Sunday, December 29, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | Moscow, Russia Sun 16 Sutra 259 Vikarin 5121 |
| Makara Rasi: 17.08 | Tithi 3 – 4 | Gulika 2:20PM – 3:13PM | Shravana Until 6:02PM | Ganesha: Clear <i>Sunrise:</i> 8:59AM | |
| | | Yama 12:33PM – 1:26PM | Harshana Until 5:48PM | Muruqa: Clear <i>Sunset:</i> 4:06PM | Moon 12 - Phase 36 |
| | | 893523466 Rahu 3:13PM – 4:06PM | Vanija Until 10:37PM | Nataraja: Orange | 3rd Phase |
| Creative Work | Amrita Yoga | | Tritiya Until 9:49AM | Moon – Purple | Devaloka Day |
| Until 6:02PM | | | | Pausha-Markali | |
| Then Routine Work - Marana Yoga | | | | | |
| 4 | | Monday, December 30, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | Moscow, Russia Sun 17 Sutra 260 Vikarin 5121 |
| Makara Rasi: 29.25 | Tithi 4 – 5 | Gulika 1:27PM – 2:20PM | Dhanishtha Until 8:20PM | Ganesha: Clear <i>Sunrise:</i> 8:59AM | |
| Family Home Evening | | Yama 11:40AM – 12:33PM | Vajra* Until 6:03PM | Muruqa: Clear <i>Sunset:</i> 4:07PM | Moon 12 - Phase 36 |
| | | 893523466 Rahu 9:52AM – 10:46AM | Bava Until 12:31AM Tue | Nataraja: Orange | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 11:29AM | Moon – Purple | Devaloka Day |
| | | | | Pausha-Markali | |
| | | | | | |
| 5 | | Tuesday, December 31, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Moscow, Russia Sun 18 Sutra 261 Vikarin 5121 |
| Kumbha Rasi: 11.31 | Tithi 5 – 6 | Gulika 12:34PM – 1:27PM | Shatabhishak Until 10:50PM | Ganesha: Clear <i>Sunrise:</i> 8:59AM | |
| | | Yama 10:46AM – 11:40AM | Siddhi Until 6:36PM | Muruqa: Clear <i>Sunset:</i> 4:09PM | Moon 12 - Phase 36 |
| | | 893523466 Rahu 2:21PM – 3:15PM | Kaulava Until 2:48AM Wed | Nataraja: Orange | 3rd Phase |
| Routine Work | Marana Yoga | | Panchami Until 1:36PM | Moon – Purple | Devaloka Day |
| | | | | Pausha-Markali | |
| | | | | | |
| 6 | | Wednesday, January 1, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Moscow, Russia Sun 19 Sutra 262 Vikarin 5121 |
| Kumbha Rasi: 23.28 | Tithi 6 – 7 | Gulika 11:41AM – 12:35PM | Purvaproshtapada* Until 1:54AM Thu | Ganesha: Blue <i>Sunrise:</i> 8:58AM | |
| | | Yama 9:52AM – 10:46AM | Vyatipata* Until 7:21PM | Muruqa: Clear <i>Sunset:</i> 4:11PM | Moon 12 - Phase 36 |
| | | 813623466 Rahu 12:35PM – 1:29PM | Gara Until 5:17AM Thu | Nataraja: Orange | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Until 4:01PM | Moon – Clear | Bhuloka Day |
| Until 1:54AM Thu | | | | Pausha-Markali | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | Vinayaga Viratam Ends | | | |
| Retreat Star | | Thursday, January 2, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija Karana Saplamyam Titau | Moscow, Russia Sun 20 Sutra 263 Vikarin 5121 |
| Meena Rasi: 5.21 | Tithi 7 | Gulika 10:47AM – 11:41AM | Uttaraproshtapada Until 4:48AM Fri | Ganesha: Blue <i>Sunrise:</i> 8:58AM | |
| | | Yama 8:58AM – 9:52AM | Variyan Until 8:08PM | Muruqa: Clear <i>Sunset:</i> 4:12PM | Moon 12 - Phase 36 |
| | | 813623466 Rahu 1:29PM – 2:24PM | Vanija Until 6:31PM | Nataraja: Orange | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 6:31PM | Moon – Clear | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 3:PM to 6:PM |
| | | | | | |
| Retreat Star | | Friday, January 3, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau | Moscow, Russia Sun 21 Sutra 264 Vikarin 5121 |
| Meena Rasi: 17.15 | Tithi 8 | Gulika 9:52AM – 10:47AM | Revati Until 7:23AM Sat | Ganesha: Blue <i>Sunrise:</i> 8:58AM | |
| | | Yama 2:24PM – 3:19PM | Parigha* Until 8:51PM | Muruqa: Clear <i>Sunset:</i> 4:13PM | Moon 12 - Phase 36 |
| | | 813623466 Rahu 11:41AM – 12:36PM | Visti Until 7:46AM | Nataraja: Orange | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 8:55PM | Moon – Clear | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 3:PM to 6:PM |
| | | | | | |
| Retreat Star | | Saturday, January 4, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau | Moscow, Russia Sun 22 Sutra 265 Vikarin 5121 |
| Meena Rasi: 29.13 | Tithi 9 | Gulika 8:57AM – 9:52AM | Revati Until 7:23AM | Ganesha: Blue <i>Sunrise:</i> 8:57AM | |
| | | Yama 1:31PM – 2:25PM | Shiva Until 9:21PM | Muruqa: Clear <i>Sunset:</i> 4:15PM | Moon 12 - Phase 36 |
| | | 813623466 Rahu 10:47AM – 11:41AM | Balava Until 10:02AM | Nataraja: Orange | Navami |
| Routine Work | Prabalarishta Yoga | | Navami* Until 11:01PM | Moon – Clear | Bhuloka Day |
| Until 7:23AM | | | | Pausha-Markali | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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|--|----------|--|---|--|---|---|--|
| 1 | | Sunday, January 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau | | Moscow, Russia Sun 23 Sutra 266 | |
| Mesha Rasi: 11.2 | Tithi 10 | 823623466 | Gulika 2:26PM – 3:21PM Yama 12:36PM – 1:31PM Rahu 3:21PM – 4:16PM | Ashvini Until 9:54AM Siddha Until 9:27PM Taitila Until 11:54AM | Ganesha: Yellow <i>Sunrise:</i> 8:57AM Muruqa: Clear <i>Sunset:</i> 4:16PM Nataraja: Orange Moon – White | Devaloka Day | |
| Creative Work Siddha Yoga Until 9:54AM Then Routine Work - Prabalarishta Yoga | | Subramuniyaswami Jayanti | | Dashami Until 12:36AM Mon | | Pausha-Markali | |
| 2 | | Monday, January 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau | | Moscow, Russia Sun 24 Sutra 267 | |
| Mesha Rasi: 23.4 | Tithi 11 | 823623466 | Gulika 1:32PM – 2:27PM Yama 11:42AM – 12:37PM Rahu 9:51AM – 10:47AM | Bharani Until 11:44AM Sadhya Until 9:06PM Vanija Until 1:11PM | Ganesha: Yellow <i>Sunrise:</i> 8:56AM Muruqa: Clear <i>Sunset:</i> 4:19PM Nataraja: Orange Moon – White | Devaloka Day | |
| Family Home Evening Creative Work Siddha Yoga Until 11:44AM Then Routine Work - Marana Yoga | | Vaikuntha Ekadasi | | Ekadashi Until 1:33AM Tue | | Pausha-Markali | |
| 3 | | Tuesday, January 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau | | Moscow, Russia Sun 25 Sutra 268 | |
| Vrishabha Rasi: 6.17 | Tithi 12 | 823623466 | Gulika 12:37PM – 1:33PM Yama 10:47AM – 11:42AM Rahu 2:28PM – 3:24PM | Krittika Until 12:45PM Subha Until 8:13PM Bava Until 1:47PM | Ganesha: Yellow <i>Sunrise:</i> 8:56AM Muruqa: Clear <i>Sunset:</i> 4:19PM Nataraja: Orange Moon – White | Devaloka Day | |
| Creative Work Siddha Yoga Until 12:45PM Then Creative Work - Amrita Yoga | | | | Dvadashi Until 1:47AM Wed | | Pausha-Markali | |
| 4 | | Wednesday, January 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Moscow, Russia Sun 26 Sutra 269 | |
| Vrishabha Rasi: 19.16 | Tithi 13 | 833623466 | Gulika 11:42AM – 12:38PM Yama 9:51AM – 10:46AM Rahu 12:38PM – 1:34PM | Rohini Until 1:22PM Sukla Until 6:44PM Kaulava Until 1:38PM | Ganesha: White <i>Sunrise:</i> 8:55AM Muruqa: Clear <i>Sunset:</i> 4:21PM Nataraja: Orange Moon – Yellow | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| Creative Work Siddha Yoga | | | | Trayodashi Until 1:17AM Thu | | Pausha-Markali | |
| <i>Pradosha Vrata</i> | | | | | | | |
| 5 | | Thursday, January 9, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau | | Moscow, Russia Sun 27 Sutra 270 | |
| Mithuna Rasi: 2.37 | Tithi 14 | 834623466 | Gulika 10:46AM – 11:42AM Yama 8:54AM – 9:50AM Rahu 1:34PM – 2:30PM | Mrigashira Until 1:09PM Brahma Until 4:44PM Gara Until 12:48PM | Ganesha: Yellow <i>Sunrise:</i> 8:54AM Muruqa: Clear <i>Sunset:</i> 4:22PM Nataraja: Orange Moon – Yellow | Devaloka Day | |
| Routine Work Marana Yoga | | | | Chaturdashi* Until 12:07AM Fri | | Pausha-Markali | |
| ○ | | Friday, January 10, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau | | Moscow, Russia Sutra 271 | |
| Copper Retreat Star | | | | Ardra Until 12:10PM Indra Until 2:16PM Visti Until 11:19AM | | Vikarin 5121 Moon 12 - Phase 37 Purnima | |
| Mithuna Rasi: 16.19 | Tithi 15 | 834623466 | Gulika 9:50AM – 10:46AM Yama 2:31PM – 3:28PM Rahu 11:42AM – 12:39PM | Purnima* Until 10:22PM | Ganesha: Yellow <i>Sunrise:</i> 8:53AM Muruqa: Clear <i>Sunset:</i> 4:24PM Nataraja: Orange Moon – Yellow | Devaloka Day | |
| Creative Work Siddha Yoga | | Penumbral Lunar Eclipse Ardra Darshanam | | | | Pausha-Markali | |
| ○ | | Saturday, January 11, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau | | Moscow, Russia Sutra 272 | |
| Silver Retreat Star | | | | Punarvasu Until 10:59AM Vaidhriti* Until 11:22AM Balava Until 9:20AM | | Vikarin 5121 Moon 12 - Phase 37 Prathama | |
| Kataka Rasi: 0.22 | Tithi 16 | 844623466 | Gulika 8:53AM – 9:49AM Yama 1:36PM – 2:32PM Rahu 10:46AM – 11:42AM | Prathama* Until 8:10PM | Ganesha: White <i>Sunrise:</i> 8:53AM Muruqa: Clear <i>Sunset:</i> 4:26PM Nataraja: Orange Moon – Blue | Sivaloka Day | |
| Creative Work Siddha Yoga | | | | | | Pausha-Markali | |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 14.41 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika

2:33PM - 3:30PM

Yama

12:39PM - 1:36PM

Rahu

3:30PM - 4:27PM

Pushya Until 9:17AM

Vishkambha* Until 8:12AM

Taitila Until 6:58AM

Dvitiya Until 5:40PM

Ganesha: White

Sunrise: 8:52AM

Muruqa: Clear

Sunset: 4:27PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Moscow, Russia

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

1

Monday, January 13, 2020

Kataka Rasi: 29.1 Tithi 18 - 19

Family Home Evening

844623466

Creative Work Siddha Yoga

Until 7:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika

1:37PM - 2:34PM

Yama

11:43AM - 12:40PM

Rahu

9:48AM - 10:45AM

Ashlesha* Until 7:13AM

Ayushman Until 1:24AM Tue

Bava Until 1:39AM Tue

Tritiya Until 2:59PM

Ganesha: White

Sunrise: 8:51AM

Muruqa: Clear

Sunset: 4:29PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Moscow, Russia

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

2

Tuesday, January 14, 2020

Simha Rasi: 13.43 Tithi 19 - 20

Creative Work Siddha Yoga

Until 3:23AM Wed

Then Creative Work - Amrita Yoga

854623466

Gulika

12:40PM - 1:38PM

Yama

10:45AM - 11:43AM

Rahu

2:35PM - 3:33PM

Purvaphalguni Until 3:23AM Wed

Saubhagya Until 9:58PM

Kaulava Until 10:57PM

Chaturthi* Until 12:16PM

Ganesha: Clear

Sunrise: 8:50AM

Muruqa: Clear

Sunset: 4:31PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Moscow, Russia

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

3

Wednesday, January 15, 2020

Simha Rasi: 28.14 Tithi 20 - 21

Creative Work Amrita Yoga

Until 1:26AM Thu

Then Routine Work - Marana Yoga

854623466

Gulika

11:43AM - 12:41PM

Yama

9:47AM - 10:45AM

Rahu

12:41PM - 1:39PM

Uttaraphalguni Until 1:26AM Thu

Sobhana Until 6:40PM

Gara Until 8:24PM

Panchami Until 9:38AM

Ganesha: Clear

Sunrise: 8:49AM

Muruqa: Clear

Sunset: 4:33PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Moscow, Russia

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

4

Thursday, January 16, 2020

Kanya Rasi: 12.38 Tithi 21 - 22

Routine Work Marana Yoga

Until 12:00AM Fri

Then Creative Work - Siddha Yoga

864623466

Gulika

10:44AM - 11:43AM

Yama

8:47AM - 9:46AM

Rahu

1:39PM - 2:38PM

Hasta Until 12:00AM Fri

Athiganda* Until 3:30PM

Visti Until 6:04PM

Shashthi* Until 7:11AM

Ganesha: Purple

Sunrise: 8:47AM

Muruqa: Clear

Sunset: 4:34PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Moscow, Russia

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 26.52 Tithi 23

Creative Work Siddha Yoga

864623466

Gulika

9:45AM - 10:44AM

Yama

2:39PM - 3:38PM

Rahu

11:43AM - 12:41PM

Chitra Until 10:43PM

Sukarma Until 12:35PM

Balava Until 4:01PM

Ashtami* Until 3:06AM Sat

Ganesha: Purple

Sunrise: 8:46AM

Muruqa: Clear

Sunset: 4:36PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Moscow, Russia

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 10.53 Tithi 24

Creative Work Siddha Yoga

864623466

Gulika

8:45AM - 9:44AM

Yama

1:41PM - 2:40PM

Rahu

10:43AM - 11:42AM

Svati Until 9:39PM

Dhriti Until 9:56AM

Taitila Until 2:19PM

Navami* Until 1:35AM Sun

Ganesha: Purple

Sunrise: 8:45AM

Muruqa: Clear

Sunset: 4:38PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Moscow, Russia

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami


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|----------|---------------------------------|---------------------------------------|--|------------------------------|-----------------------|------------------------|-------------------|
| 1 | Sunday, January 19, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Moscow, Russia |
| | | | Vishakha Nakshatra Shula*Ganda* Yoga Vanija/Visli* Karana Dashamyam Titau | | | | Sun 8 Sutra 280 |
| | Tula Rasi: 24.41 | Tithi 25 | Gulika 2:41PM – 3:41PM | Vishakha Until 9:14PM | Ganesha: Clear | <i>Sunrise:</i> 8:44AM | Vikarin 5121 |
| | Routine Work | Marana Yoga | Yama 12:42PM – 1:41PM | Shula* Until 7:33AM | Muruqa: Clear | <i>Sunset:</i> 4:40PM | Moon 1 - Phase 39 |
| | | 874623466 Rahu 3:41PM – 4:40PM | Vanija Until 12:58PM | Nataraja: Orange | | 2nd Phase | |
| | | | Dashami Until 12:26AM Mon | Moon – Orange | | Devaloka Day | |
| | | | | Pausha*Thai | | | |


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| 2 | Monday, January 20, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Moscow, Russia |
| | | | Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 281 |
| | Vrischika Rasi: 8.16 | Tithi 26 | Gulika 1:42PM – 2:42PM | Anuradha Until 9:02PM | Ganesha: Clear | <i>Sunrise:</i> 8:42AM | Vikarin 5121 |
| | Family Home Evening | | Yama 11:42AM – 12:42PM | Vriddhi Until 3:45AM Tue | Muruqa: Clear | <i>Sunset:</i> 4:42PM | Moon 1 - Phase 39 |
| Creative Work | Siddha Yoga | 874623466 Rahu 9:42AM – 10:42AM | Bava Until 12:01PM | Nataraja: Orange | | 2nd Phase | |
| | | | Ekadashi* Until 11:40PM | Moon – Orange | | Devaloka Day | |
| | | | | Pausha*Thai | | | |

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| 3 | Tuesday, January 21, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Moscow, Russia |
| | | | Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau | | | | Sun 10 Sutra 282 |
| | Vrischika Rasi: 21.37 | Tithi 27 | Gulika 12:42PM – 1:43PM | Jyeshtha* Until 9:05PM | Ganesha: Purple | <i>Sunrise:</i> 8:41AM | Vikarin 5121 |
| | Routine Work | Marana Yoga | Yama 10:42AM – 11:42AM | Dhruva Until 2:17AM Wed | Muruqa: Clear | <i>Sunset:</i> 4:44PM | Moon 1 - Phase 39 |
| Until 9:05PM | | 875623466 Rahu 2:43PM – 3:44PM | Kaulava Until 11:27AM | Nataraja: Orange | | 2nd Phase | |
| Then Creative Work - Amrita Yoga | | | Dvadashi* Until 11:18PM | Moon – Orange | | Bhuloka Day | |
| | | | | Pausha*Thai | | Devaloka Time: 3:PM to 6:PM | |

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| 4 | Wednesday, January 22, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Moscow, Russia |
| | | | Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 11 Sutra 283 |
| | Dhanus Rasi: 4.46 | Tithi 28 | Gulika 11:42AM – 12:43PM | Mula* Until 9:51PM | Ganesha: Light Blue | <i>Sunrise:</i> 8:40AM | Vikarin 5121 |
| | Routine Work | Marana Yoga | Yama 9:40AM – 10:41AM | Vyaghata* Until 1:10AM Thu | Muruqa: Clear | <i>Sunset:</i> 4:46PM | Moon 1 - Phase 39 |
| Until 9:51PM | | 885623466 Rahu 12:43PM – 1:44PM | Gara Until 11:18AM | Nataraja: Orange | | 2nd Phase | |
| Then Creative Work - Amrita Yoga | | | Trayodashi* Until 11:21PM | Moon – Light Blue | | Bhuloka Day | |
| | | | | Pausha*Thai | | Devaloka Time: 3:PM to 6:PM | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | Thursday, January 23, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Moscow, Russia |
| | | | Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Sun 12 Sutra 284 |
| | Dhanus Rasi: 17.41 | Tithi 29 | Gulika 10:41AM – 11:42AM | Purvashadha* Until 10:51PM | Ganesha: Light Blue | <i>Sunrise:</i> 8:38AM | Vikarin 5121 |
| | Creative Work | Siddha Yoga | Yama 8:38AM – 9:39AM | Harshana Until 12:23AM Fri | Muruqa: Clear | <i>Sunset:</i> 4:48PM | Moon 1 - Phase 39 |
| Until 10:51PM | | 885623466 Rahu 1:44PM – 2:46PM | Visti* Until 11:34AM | Nataraja: Orange | | 2nd Phase | |
| Then Routine Work - Marana Yoga | | | Chaturdashi* Until 11:50PM | Moon – Light Blue | | Bhuloka Day | |
| | | | | Pausha*Thai | | Devaloka Time: 3:PM to 6:PM | |

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|  | Friday, January 24, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Moscow, Russia |
| | Retreat Star | | Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Sun 13 Sutra 285 |
| | Makara Rasi: 0.25 | Tithi 30 | Gulika 9:38AM – 10:40AM | Uttarashadha Until 12:07AM Sat | Ganesha: Light Blue | <i>Sunrise:</i> 8:37AM | Vikarin 5121 |
| | Routine Work | Marana Yoga | Yama 2:47PM – 3:48PM | Vajra* Until 11:54PM | Muruqa: Clear | <i>Sunset:</i> 4:50PM | Moon 1 - Phase 39 |
| Until 12:07AM Sat | | 885623466 Rahu 11:42AM – 12:43PM | Catuspada Until 12:15PM | Nataraja: Orange | | Amavasya | |
| Then Creative Work - Siddha Yoga | | | Amavasya* Until 12:44AM Sat | Moon – Light Blue | | Bhuloka Day | |
| | | | | Pausha*Thai | | Devaloka Time: 3:PM to 6:PM | |

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|  | Saturday, January 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Moscow, Russia |
| | Retreat Star | | Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Sun 14 Sutra 286 |
| | Makara Rasi: 12.57 | Tithi 1 | Gulika 8:35AM – 9:37AM | Shravana Until 2:08AM Sun | Ganesha: Light Blue | <i>Sunrise:</i> 8:35AM | Vikarin 5121 |
| | Creative Work | Siddha Yoga | Yama 1:46PM – 2:48PM | Siddhi Until 11:46PM | Muruqa: Clear | <i>Sunset:</i> 4:52PM | Moon 1 - Phase 39 |
| Until 2:08AM Sun | | 995623466 Rahu 10:39AM – 11:41AM | Kintughna Until 1:23PM | Nataraja: Orange | | Prathama | |
| Then Routine Work - Marana Yoga | | | Prathama* Until 2:05AM Sun | Moon – Purple | | Bhuloka Day | |
| | | | | Magha*Thai | | Devaloka Time: 3:PM to 6:PM | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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| 1 | | Sunday, January 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Moscow, Russia Sun 15 Sutra 287 |
| Makara Rasi: 25.18 | Tithi 2 | Gulika 2:49PM – 3:52PM | Dhanishtha Until 4:21AM Mon | Ganesha: Orange <i>Sunrise:</i> 8:33AM | Vikarin 5121 |
| | | Yama 12:44PM – 1:46PM | Vyatipata* Until 11:57PM | Muruqa: Clear <i>Sunset:</i> 4:54PM | Moon 1 - Phase 40 |
| | | 995723466 Rahu 3:52PM – 4:54PM | Balava Until 2:56PM | Nataraja: Orange | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 3:50AM Mon | Moon – Purple | Devaloka Day |
| Until 4:21AM Mon | | | | Magha-Thai | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 2 | | Monday, January 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau | Moscow, Russia Sun 16 Sutra 288 |
| Kumbha Rasi: 7.29 | Tithi 3 | Gulika 1:47PM – 2:50PM | Shatabhishak Until 6:45AM Tue | Ganesha: Orange <i>Sunrise:</i> 8:32AM | Vikarin 5121 |
| Family Home Evening | | Yama 11:41AM – 12:44PM | Variyan Until 12:23AM Tue | Muruqa: Clear <i>Sunset:</i> 4:56PM | Moon 1 - Phase 40 |
| Creative Work | Siddha Yoga | 995723466 Rahu 9:35AM – 10:38AM | Taitila Until 4:52PM | Nataraja: Orange | 3rd Phase |
| Until 6:45AM Tue | | | Tritiya Until 5:56AM Tue | Moon – Purple | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | Magha-Thai | |

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| 3 | | Tuesday, January 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Parigha* Yoga Vanija Karana Chaturthyam Titau | Moscow, Russia Sun 17 Sutra 289 |
| Kumbha Rasi: 19.32 | Tithi 4 | Gulika 12:44PM – 1:48PM | Shatabhishak Until 6:45AM | Ganesha: Orange <i>Sunrise:</i> 8:30AM | Vikarin 5121 |
| | | Yama 10:37AM – 11:41AM | Parigha* Until 1:02AM Wed | Muruqa: Clear <i>Sunset:</i> 4:58PM | Moon 1 - Phase 40 |
| | | 995723466 Rahu 2:51PM – 3:55PM | Vanija Until 7:06PM | Nataraja: Orange | 3rd Phase |
| Routine Work | Marana Yoga | | Chaturthi* Until 8:18AM Wed | Moon – Purple | Devaloka Day |
| | | | | Magha-Thai | |

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|----------------------------------|-------------|--|--|---|------------------------------------|
| 4 | | Wednesday, January 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau | Moscow, Russia Sun 18 Sutra 290 |
| Meena Rasi: 1.28 | Tithi 4 – 5 | Gulika 11:40AM – 12:44PM | Purvaprosnthapada* Until 9:44AM | Ganesha: Green <i>Sunrise:</i> 8:28AM | Vikarin 5121 |
| | | Yama 9:32AM – 10:36AM | Shiva Until 1:51AM Thu | Muruqa: Clear <i>Sunset:</i> 5:00PM | Moon 1 - Phase 40 |
| | | 915723466 Rahu 12:44PM – 1:48PM | Bava Until 9:34PM | Nataraja: Orange | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 8:18AM | Moon – Clear | Sivaloka Day |
| Until 9:44AM | | | | Magha-Thai | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 5 | | Thursday, January 30, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosnthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau | Moscow, Russia Sun 19 Sutra 291 |
| Meena Rasi: 13.21 | Tithi 5 – 6 | Gulika 10:35AM – 11:40AM | Uttaraprosnthapada Until 12:41PM | Ganesha: Green <i>Sunrise:</i> 8:27AM | Vikarin 5121 |
| | | Yama 8:27AM – 9:31AM | Siddha Until 2:40AM Fri | Muruqa: Clear <i>Sunset:</i> 5:02PM | Moon 1 - Phase 40 |
| | | 915723466 Rahu 1:49PM – 2:53PM | Kaulava Until 12:06AM Fri | Nataraja: Orange | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 10:49AM | Moon – Clear | Sivaloka Day |
| | | | | Magha-Thai | |

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|----------------------------------|-------------|---|-------------------------------|---|------------------------------------|
| 6 | | Friday, January 31, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Moscow, Russia Sun 20 Sutra 292 |
| Meena Rasi: 25.14 | Tithi 6 – 7 | Gulika 9:30AM – 10:35AM | Revati Until 3:26PM | Ganesha: Orange <i>Sunrise:</i> 8:25AM | Vikarin 5121 |
| | | Yama 2:55PM – 4:00PM | Sadhya Until 3:25AM Sat | Muruqa: Clear <i>Sunset:</i> 5:05PM | Moon 1 - Phase 40 |
| | | 916723466 Rahu 11:40AM – 12:45PM | Gara Until 2:32AM Sat | Nataraja: Orange | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 1:19PM | Moon – Clear | Devaloka Day |
| Until 3:26PM | | | | Magha-Thai | |
| Then Creative Work - Amrita Yoga | | | | | |

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| Retreat Star | | Saturday, February 1, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau | Moscow, Russia Sun 21 Sutra 293 |
| Mesha Rasi: 7.09 | Tithi 7 – 8 | Gulika 8:25AM – 9:30AM | Ashvini Until 6:20PM | Ganesha: Green <i>Sunrise:</i> 8:25AM | Vikarin 5121 |
| | | Yama 1:50PM – 2:55PM | Subha Until 3:57AM Sun | Muruqa: Clear <i>Sunset:</i> 5:05PM | Moon 1 - Phase 40 |
| | | 926723466 Rahu 10:35AM – 11:40AM | Vistil Until 4:40AM Sun | Nataraja: Orange | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 3:38PM | Moon – White | Bhuloka Day |
| | | | | Magha-Thai | Devaloka Time: 3:PM to 6:PM |

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| Retreat Star | | Sunday, February 2, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Moscow, Russia Sun 22 Sutra 294 |
| Mesha Rasi: 19.12 | Tithi 8 – 9 | Gulika 2:56PM – 4:01PM | Bharani Until 8:39PM | Ganesha: Green <i>Sunrise:</i> 8:23AM | Vikarin 5121 |
| | | Yama 12:45PM – 1:50PM | Sukla Until 4:05AM Mon | Muruqa: Clear <i>Sunset:</i> 5:07PM | Moon 1 - Phase 40 |
| | | 926723466 Rahu 4:01PM – 5:07PM | Balava Until 6:18AM Mon | Nataraja: Orange | Ashtami |
| Routine Work | Prabalarishta Yoga | | Ashtami* Until 5:32PM | Moon – White | Bhuloka Day |
| Until 8:39PM | | | | Magha-Thai | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |


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| Retreat Star | | Monday, February 3, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau | Moscow, Russia Sun 23 Sutra 295 |
| Vrishabha Rasi: 1.28 | Tithi 9 | Gulika 1:51PM – 2:57PM | Krittika Until 10:12PM | Ganesha: Green <i>Sunrise:</i> 8:21AM | Vikarin 5121 |
| Family Home Evening | | Yama 11:39AM – 12:45PM | Brahma Until 3:42AM Tue | Muruqa: Clear <i>Sunset:</i> 5:09PM | Moon 1 - Phase 40 |
| Routine Work | Marana Yoga | 926723466 Rahu 9:27AM – 10:33AM | Balava Until 6:18AM | Nataraja: Orange | Navami |
| Until 10:12PM | | | Navami* Until 6:50PM | Moon – White | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | Magha-Thai | Devaloka Time: 3:PM to 6:PM |

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| 1 | Tuesday, February 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Moscow, Russia |
| | | | Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau | | | | Sun 24 Sutra 296 |
| Wishabha Rasi: 14.01 | Tithi 10 | | Gulika 12:45PM – 1:51PM | Rohini Until 11:20PM | Ganesha: Red | <i>Sunrise:</i> 8:19AM | Vikarin 5121 |
| | | | Yama 10:32AM – 11:39AM | Indra Until 2:44AM Wed | Muruqa: Clear | <i>Sunset:</i> 5:11PM | Moon 1 - Phase 41 |
| | | 936723467 | Rahu 2:58PM – 4:04PM | Taitila Until 7:13AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | | Dashami Until 7:21PM | Moon – Yellow | | Devaloka Day |
| Until 11:20PM | | | | | Magha-Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | Wednesday, February 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Moscow, Russia |
| | | | Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Sun 25 Sutra 297 |
| Wishabha Rasi: 26.58 | Tithi 11 | | Gulika 11:38AM – 12:45PM | Mrigashira Until 11:29PM | Ganesha: Red | <i>Sunrise:</i> 8:17AM | Vikarin 5121 |
| | | | Yama 9:24AM – 10:31AM | Vaidhriti* Until 1:05AM Thu | Muruqa: Clear | <i>Sunset:</i> 5:13PM | Moon 1 - Phase 41 |
| | | 936723467 | Rahu 12:45PM – 1:52PM | Vanija Until 7:19AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Ekadashi Until 7:02PM | Moon – Yellow | | Devaloka Day |
| | | | | | Magha-Thai | | |

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| 3 | Thursday, February 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Moscow, Russia |
| | | | Ardra Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Sun 26 Sutra 298 |
| Mithuna Rasi: 10.2 | Tithi 12 – 13 | | Gulika 10:30AM – 11:38AM | Ardra Until 10:41PM | Ganesha: Red | <i>Sunrise:</i> 8:15AM | Vikarin 5121 |
| | | | Yama 8:15AM – 9:23AM | Vishkambha* Until 10:48PM | Muruqa: Clear | <i>Sunset:</i> 5:15PM | Moon 1 - Phase 41 |
| | | 936723467 | Rahu 1:53PM – 3:00PM | Bava Until 6:35AM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | | Dvadashi Until 5:54PM | Moon – Yellow | | Devaloka Day |
| Until 10:41PM | | | | | Magha-Thai | | |
| Then Creative Work - Amrita Yoga | | | | | <i>Pradosha Vrata</i> | | |

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| 4 | Friday, February 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Moscow, Russia |
| | | | Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Sun 27 Sutra 299 |
| Mithuna Rasi: 24.1 | Tithi 13 – 14 | | Gulika 9:21AM – 10:29AM | Punarvasu Until 9:28PM | Ganesha: Blue | <i>Sunrise:</i> 8:13AM | Vikarin 5121 |
| | | | Yama 3:01PM – 4:09PM | Priti Until 7:57PM | Muruqa: Clear | <i>Sunset:</i> 5:17PM | Moon 1 - Phase 41 |
| | | 947723467 | Rahu 11:37AM – 12:45PM | Gara Until 2:50AM Sat | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Trayodashi Until 4:00PM | Moon – Blue | | Bhuloka Day |
| Until 9:28PM | | | | | Magha-Thai | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | | | |

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|  | Saturday, February 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Moscow, Russia |
| | | | Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Sutra 300 |
| Kataka Rasi: 8.26 | Tithi 14 – 15 | | Gulika 8:11AM – 9:20AM | Pushya Until 7:31PM | Ganesha: Blue | <i>Sunrise:</i> 8:11AM | Vikarin 5121 |
| | | | Yama 1:54PM – 3:02PM | Ayushman Until 4:36PM | Muruqa: Clear | <i>Sunset:</i> 5:20PM | Moon 1 - Phase 41 |
| | | 947723467 | Rahu 10:28AM – 11:37AM | Visti Until 12:03AM Sun | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 1:29PM | Moon – Blue | | Bhuloka Day |
| Until 7:31PM | | | Thai Pusam | | Magha-Thai | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Silver Retreat Star | Sunday, February 9, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Moscow, Russia |
| | | | Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Sutra 301 |
| Kataka Rasi: 23.05 | Tithi 15 – 16 | | Gulika 3:04PM – 4:13PM | Ashlesha* Until 5:01PM | Ganesha: Blue | <i>Sunrise:</i> 8:09AM | Vikarin 5121 |
| | | | Yama 12:45PM – 1:54PM | Saubhagya Until 12:54PM | Muruqa: Clear | <i>Sunset:</i> 5:22PM | Moon 1 - Phase 41 |
| | | 947723467 | Rahu 4:13PM – 5:22PM | Balava Until 8:54PM | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | | Purnima* Until 10:30AM | Moon – Blue | | Bhuloka Day |
| Until 5:01PM | | | | | Magha-Thai | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | | | |



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 7.59 Tithi 16 – 17
Family Home Evening
Routine Work Marana Yoga
Until 2:33PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 1:55PM – 3:05PM **Magha* Until 2:33PM**
Yama 11:36AM – 12:45PM Sobhana Until 8:59AM
Rahu 9:17AM – 10:26AM Gara Until 3:47AM Tue
Prathama* Until 7:13AM

Moscow, Russia
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise:* 8:07AM
Muruqa: Clear *Sunset:* 5:24PM

Nataraja: Clear
Moon – Red **Devaloka Day**
Magha*Thai

1

Tuesday, February 11, 2020

Simha Rasi: 22.59 Tithi 18

Creative Work Siddha Yoga
Until 11:52AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:45PM – 1:56PM **Purvaphalguni Until 11:52AM**
Yama 10:25AM – 11:35AM Sukarma Until 12:57AM Wed
Rahu 3:06PM – 4:16PM Vanija Until 2:06PM
Tritiya Until 12:24AM Wed

Moscow, Russia
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise:* 8:05AM
Muruqa: Clear *Sunset:* 5:26PM

Nataraja: Clear
Moon – Red **Devaloka Day**
Magha*Thai

2

Wednesday, February 12, 2020

Kanya Rasi: 7.58 Tithi 19

Creative Work Amrita Yoga
Until 9:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:35AM – 12:45PM **Uttaraphalguni Until 9:08AM**
Yama 9:13AM – 10:24AM Dhriti Until 9:07PM
Rahu 12:45PM – 1:56PM Bava Until 10:47AM
Maha Sankatahara Chaturthi Chaturthi* Until 9:11PM

Moscow, Russia
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise:* 8:03AM
Muruqa: Clear *Sunset:* 5:28PM

Nataraja: Clear
Moon – Red **Devaloka Day**
Magha*Thai

3

Thursday, February 13, 2020

Kanya Rasi: 22.45 Tithi 20

Routine Work Marana Yoga
Until 6:56AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:23AM – 11:34AM **Hasta Until 6:56AM**
Yama 8:01AM – 9:12AM Shula* Until 5:32PM
Rahu 1:57PM – 3:08PM Kaulava Until 7:43AM
Panchami Until 6:19PM

Moscow, Russia
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Green *Sunrise:* 8:01AM
Muruqa: Clear *Sunset:* 5:30PM

Nataraja: Clear
Moon – Green **Bhuloka Day**
Magha*Masi Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 7.16 Tithi 21 – 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:10AM – 10:22AM **Svati Until 3:23AM Sat**
Yama 3:09PM – 4:21PM Ganda* Until 2:20PM
Rahu 11:34AM – 12:45PM Visti Until 2:54AM Sat
Shashthi* Until 3:53PM

Moscow, Russia
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: White *Sunrise:* 7:58AM
Muruqa: Clear *Sunset:* 5:32PM

Nataraja: Clear
Moon – Green **Bhuloka Day**
Magha*Masi Devaloka Time: 3:PM to 6:PM

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Saturday, February 15, 2020
Retreat Star

Tula Rasi: 21.26 Tithi 22 – 23

Creative Work Siddha Yoga
Until 2:39AM Sun
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:56AM – 9:08AM **Vishakha Until 2:39AM Sun**
Yama 1:58PM – 3:10PM Vridhi Until 11:35AM
Rahu 10:21AM – 11:33AM Balava Until 1:19AM Sun
Saptami Until 2:01PM

Moscow, Russia
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Ganesha: Clear *Sunrise:* 7:56AM
Muruqa: Clear *Sunset:* 5:35PM

Nataraja: Clear
Moon – Orange **Devaloka Day**
Magha*Masi

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 5.14 Tithi 23 – 24

Routine Work Marana Yoga
Until 2:23AM Mon
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:11PM – 4:24PM **Anuradha Until 2:23AM Mon**
Yama 12:45PM – 1:58PM Dhruva Until 9:17AM
Rahu 4:24PM – 5:37PM Taitila Until 12:22AM Mon
Ashtami* Until 12:44PM

Moscow, Russia
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Ganesha: Clear *Sunrise:* 7:54AM
Muruqa: Clear *Sunset:* 5:37PM

Nataraja: Clear
Moon – Orange **Devaloka Day**
Magha*Masi

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| Monday, February 17, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Moscow, Russia Sun 7 Sutra 309 Vikarin 5121 |
| 1 | Vrischika Rasi: 18.4 Tithi 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 2:33AM Tue Then Creative Work - Amrita Yoga | Gulika 1:59PM – 3:12PM Yama 11:32AM – 12:45PM Rahu 9:05AM – 10:18AM | Jyeshtha* Until 2:33AM Tue Vyaghata* Until 7:30AM Vanija Until 12:01AM Tue Navami* Until 12:06PM | Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Magha-Masi | Sunrise: 7:52AM Sunset: 5:39PM | Moon 2 - Phase 43 2nd Phase Devaloka Day |

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| Tuesday, February 18, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau | | | | Moscow, Russia Sun 8 Sutra 310 Vikarin 5121 |
| 2 | Dhanus Rasi: 1.46 Tithi 25 – 26 988723467 Creative Work Amrita Yoga | Gulika 12:45PM – 1:59PM Yama 10:17AM – 11:31AM Rahu 3:13PM – 4:27PM | Mula* Until 3:36AM Wed Harshana Until 6:12AM Bava Until 12:16AM Wed Dashami Until 12:03PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi | Sunrise: 7:49AM Sunset: 5:41PM | Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| Wednesday, February 19, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Moscow, Russia Sun 9 Sutra 311 Vikarin 5121 |
| 3 | Dhanus Rasi: 14.35 Tithi 26 – 27 988723467 Creative Work Amrita Yoga Until 4:58AM Thu Then Routine Work - Marana Yoga | Gulika 11:31AM – 12:45PM Yama 9:02AM – 10:16AM Rahu 12:45PM – 2:00PM | Purvashadha* Until 4:58AM Thu Siddhi Until 4:49AM Thu Kaulava Until 1:01AM Thu Ekadashi* Until 12:34PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi | Sunrise: 7:47AM Sunset: 5:43PM | Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| Thursday, February 20, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Moscow, Russia Sun 10 Sutra 312 Vikarin 5121 |
| 4 | Dhanus Rasi: 27.11 Tithi 27 – 28 989823467 Routine Work Marana Yoga | Gulika 10:15AM – 11:30AM Yama 7:45AM – 9:00AM Rahu 2:00PM – 3:15PM | Uttarashadha Until 6:35AM Fri Vyatipata* Until 4:40AM Fri Gara Until 2:12AM Fri Dvadashi* Until 1:32PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi | Sunrise: 7:45AM Sunset: 5:45PM | Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

Pradosha Vrata (Fasting)

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| Friday, February 21, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau | | | | Moscow, Russia Sun 11 Sutra 313 Vikarin 5121 |
| 5 | Makara Rasi: 10 Tithi 28 – 29 989823467 Routine Work Marana Yoga | Gulika 8:58AM – 10:14AM Yama 3:16PM – 4:32PM Rahu 11:29AM – 12:45PM | Uttarashadha Until 6:35AM Variyan Until 4:45AM Sat Vistit Until 3:45AM Sat Trayodashi* Until 2:55PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi | Sunrise: 7:42AM Sunset: 5:47PM | Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

Mahasivaratri (Lunar)
Mahasivaratri (Solar)

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| Saturday, February 22, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Moscow, Russia Sun 12 Sutra 314 Vikarin 5121 |
| 6 | Makara Rasi: 21.52 Tithi 29 – 30 999823467 Creative Work Siddha Yoga | Gulika 7:40AM – 8:56AM Yama 2:01PM – 3:17PM Rahu 10:12AM – 11:29AM | Shravana Until 8:52AM Parigha* Until 5:04AM Sun Catuspada Until 5:36AM Sun Chaturdashi* Until 4:37PM | Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi | Sunrise: 7:40AM Sunset: 5:49PM | Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| Sunday, February 23, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shiva Yoga Naga* Karana Amavasyayam Titau | | | | Moscow, Russia Sun 13 Sutra 315 Vikarin 5121 |
| Retreat Star | Kumbha Rasi: 4.01 Tithi 30 999823467 Routine Work Marana Yoga Until 11:16AM Then Creative Work - Siddha Yoga | Gulika 3:18PM – 4:35PM Yama 12:45PM – 2:01PM Rahu 4:35PM – 5:52PM | Dhanishtha Until 11:16AM Shiva Until 5:36AM Mon Naga Until 6:36PM Amavasya* Until 6:36PM | Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi | Sunrise: 7:38AM Sunset: 5:52PM | Moon 2 - Phase 43 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| Monday, February 24, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Moscow, Russia Sun 14 Sutra 316 Vikarin 5121 |
| Retreat Star | Kumbha Rasi: 16.03 Tithi 1 Family Home Evening Creative Work Siddha Yoga Until 1:43PM Then Routine Work - Marana Yoga | Gulika 2:02PM – 3:19PM Yama 11:27AM – 12:44PM Rahu 8:53AM – 10:10AM | Shatabhishak Until 1:43PM Siddha Until 6:15AM Tue Kintughna Until 7:42AM Prathama* Until 8:48PM | Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi | Sunrise: 7:35AM Sunset: 5:54PM | Moon 2 - Phase 43 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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| 1 | Tuesday, February 25, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Moscow, Russia |
| | Kumbha Rasi: 28.01 | Tithi 2 | Gulika 12:44PM – 2:02PM | Purvaproshtapada* Until 4:41PM | Ganesha: Orange | <i>Sunrise:</i> 7:33AM | Sun 15 Sutra 317 |
| | 919823467 | Rahu | Yama 10:09AM – 11:26AM | Siddha Until 6:15AM | Muruqa: Clear | <i>Sunset:</i> 5:56PM | Vikarin 5121 |
| Routine Work | Marana Yoga | | Balava Until 10:00AM | Nataraja: Clear | | Moon 2 - Phase 44 | |
| Until 4:41PM | | | Dvitiya Until 11:11PM | Moon – Clear | | 3rd Phase | |
| Then Creative Work - Amrita Yoga | | | | Phalguna-Masi | | Devaloka Day | |

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| 2 | Wednesday, February 26, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau | | | | Moscow, Russia |
| | Meena Rasi: 9.55 | Tithi 3 | Gulika 11:26AM – 12:44PM | Uttaraproshtapada Until 7:36PM | Ganesha: Orange | <i>Sunrise:</i> 7:30AM | Sun 16 Sutra 318 |
| | 919823467 | Rahu | Yama 8:49AM – 10:07AM | Sadhya Until 7:02AM | Muruqa: Clear | <i>Sunset:</i> 5:58PM | Vikarin 5121 |
| Creative Work | Siddha Yoga | | Taitila Until 12:27PM | Nataraja: Clear | | Moon 2 - Phase 44 | |
| Until 7:36PM | | | Tritiya Until 1:41AM Thu | Moon – Clear | | 3rd Phase | |
| Then Routine Work - Marana Yoga | | | | Phalguna-Masi | | Devaloka Day | |

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| 3 | Thursday, February 27, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Chaturthyam Titau | | | | Moscow, Russia |
| | Meena Rasi: 21.47 | Tithi 4 | Gulika 10:06AM – 11:25AM | Revati Until 10:25PM | Ganesha: Orange | <i>Sunrise:</i> 7:28AM | Sun 17 Sutra 319 |
| | 919823467 | Rahu | Yama 7:28AM – 8:47AM | Subha Until 7:55AM | Muruqa: Clear | <i>Sunset:</i> 6:00PM | Vikarin 5121 |
| Creative Work | Siddha Yoga | | Vanija Until 2:58PM | Nataraja: Clear | | Moon 2 - Phase 44 | |
| Until 10:25PM | | | Chaturthi* Until 4:12AM Fri | Moon – Clear | | 3rd Phase | |
| Then Creative Work - Amrita Yoga | Subramuniyaswami Siva Vision Day | | | Phalguna-Masi | | Devaloka Day | |

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| 4 | Friday, February 28, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau | | | | Moscow, Russia |
| | Mesha Rasi: 3.4 | Tithi 5 | Gulika 8:45AM – 10:05AM | Ashvini Until 1:29AM Sat | Ganesha: Purple | <i>Sunrise:</i> 7:26AM | Sun 18 Sutra 320 |
| | 921823467 | Rahu | Yama 3:23PM – 4:42PM | Sukla Until 8:45AM | Muruqa: Clear | <i>Sunset:</i> 6:02PM | Vikarin 5121 |
| Creative Work | Amrita Yoga | | Bava Until 5:27PM | Nataraja: Clear | | Moon 2 - Phase 44 | |
| Until 1:29AM Sat | | | Panchami Until 6:37AM Sat | Moon – White | | 3rd Phase | |
| Then Creative Work - Siddha Yoga | | | | Phalguna-Masi | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 5 | Saturday, February 29, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Moscow, Russia |
| | Mesha Rasi: 15.34 | Tithi 5 – 6 | Gulika 7:23AM – 8:43AM | Bharani Until 4:10AM Sun | Ganesha: Purple | <i>Sunrise:</i> 7:23AM | Sun 19 Sutra 321 |
| | 921823467 | Rahu | Yama 2:04PM – 3:24PM | Brahma Until 9:31AM | Muruqa: Clear | <i>Sunset:</i> 6:04PM | Vikarin 5121 |
| Creative Work | Siddha Yoga | | Kaulava Until 7:45PM | Nataraja: Clear | | Moon 2 - Phase 44 | |
| | | | Panchami Until 6:37AM | Moon – White | | 3rd Phase | |
| | | | | Phalguna-Masi | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 6 | Sunday, March 1, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Moscow, Russia |
| | Mesha Rasi: 27.35 | Tithi 6 – 7 | Gulika 3:26PM – 4:47PM | Krittika Until 6:16AM Mon | Ganesha: Purple | <i>Sunrise:</i> 7:18AM | Sun 20 Sutra 322 |
| | 921833467 | Rahu | Yama 12:43PM – 2:05PM | Indra Until 10:05AM | Muruqa: Orange | <i>Sunset:</i> 6:08PM | Vikarin 5121 |
| Creative Work | Siddha Yoga | | Gara Until 9:41PM | Nataraja: Clear | | Moon 2 - Phase 44 | |
| Until 6:16AM Mon | | | Shashthi* Until 8:45AM | Moon – White | | 3rd Phase | |
| Then Creative Work - Amrita Yoga | | | | Phalguna-Masi | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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|----------------------------------|------------------------------|-------------|---|------------------------------|------------------------|-----------------------------|------------------|
| D | Monday, March 2, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau | | | | Moscow, Russia |
| | Retreat Star | | Gulika 2:05PM – 3:27PM | Krittika Until 6:16AM | Ganesha: Purple | <i>Sunrise:</i> 7:16AM | Sun 21 Sutra 323 |
| | Vrishabha Rasi: 9.46 | Tithi 7 – 8 | Yama 11:21AM – 12:43PM | Vaidhriti* Until 10:14AM | Muruqa: Orange | <i>Sunset:</i> 6:10PM | Vikarin 5121 |
| Family Home Evening | | 921833467 | Rahu 8:38AM – 9:59AM | Visti Until 11:01PM | Nataraja: Clear | Moon 2 - Phase 44 | |
| Routine Work | Marana Yoga | | | Saptami Until 10:25AM | Moon – White | Ashtami | |
| Until 6:16AM | | | | | Phalguna-Masi | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| D | Tuesday, March 3, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Moscow, Russia |
| | Retreat Star | | Gulika 12:43PM – 2:05PM | Rohini Until 8:04AM | Ganesha: Clear | <i>Sunrise:</i> 7:13AM | Sun 22 Sutra 324 |
| | Vrishabha Rasi: 22.14 | Tithi 8 – 9 | Yama 9:58AM – 11:20AM | Vishkambha* Until 9:54AM | Muruqa: Orange | <i>Sunset:</i> 6:12PM | Vikarin 5121 |
| 931833467 | Rahu | Rahu 3:28PM – 4:50PM | Balava Until 11:36PM | Nataraja: Clear | | Moon 2 - Phase 44 | |
| Creative Work | Amrita Yoga | | Ashtami* Until 11:23AM | Moon – Yellow | | Navami | |
| Until 8:04AM | | | | Phalguna-Masi | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| 1 | | Wednesday, March 4, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Moscow, Russia Sun 23 Sutra 325 | |
| Mithuna Rasi: 5.04 | Tithi 9 – 10 | Gulika 11:20AM – 12:43PM | Mrigashira Until 8:55AM | Ganesha: Clear | <i>Sunrise:</i> 7:11AM | Vikarin 5121 | |
| | | Yama 8:34AM – 9:57AM | Priti Until 8:57AM | Muruqa: Orange | <i>Sunset:</i> 6:14PM | Moon 2 - Phase 45 | |
| 931833467 | Rahu 12:43PM – 2:06PM | | Taitila Until 11:19PM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Navami* Until 11:33AM | Moon – Yellow | | Devaloka Day | |
| | | | | Phalgun-Masi | | | |

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| 2 | | Thursday, March 5, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Moscow, Russia Sun 24 Sutra 326 | |
| Mithuna Rasi: 18.2 | Tithi 10 – 11 | Gulika 9:55AM – 11:19AM | Ardra Until 8:47AM | Ganesha: Red | <i>Sunrise:</i> 7:08AM | Vikarin 5121 | |
| | | Yama 7:08AM – 8:32AM | Ayushman Until 7:18AM | Muruqa: Orange | <i>Sunset:</i> 6:17PM | Moon 2 - Phase 45 | |
| 131833467 | Rahu 2:06PM – 3:29PM | | Vanija Until 10:09PM | Nataraja: Clear | | 4th Phase | |
| Routine Work | Marana Yoga | | Dashami Until 10:49AM | Moon – Yellow | | Devaloka Day | |
| Until 8:47AM | | | | Phalgun-Masi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 3 | | Friday, March 6, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Moscow, Russia Sun 25 Sutra 327 | |
| Kataka Rasi: 2.06 | Tithi 11 – 12 | Gulika 8:30AM – 9:54AM | Punarvasu Until 8:05AM | Ganesha: Blue | <i>Sunrise:</i> 7:06AM | Vikarin 5121 | |
| | | Yama 3:30PM – 4:54PM | Sobhana Until 2:00AM Sat | Muruqa: Orange | <i>Sunset:</i> 6:19PM | Moon 2 - Phase 45 | |
| 141833467 | Rahu 11:18AM – 12:42PM | | Bava Until 8:10PM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Ekadashi Until 9:14AM | Moon – Blue | | Bhuloka Day | |
| Until 8:05AM | | | | Phalgun-Masi | | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 4 | | Saturday, March 7, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau | | Moscow, Russia Sun 26 Sutra 328 | |
| Kataka Rasi: 16.22 | Tithi 12 – 13 | Gulika 7:03AM – 8:28AM | Pushya Until 6:29AM | Ganesha: Blue | <i>Sunrise:</i> 7:03AM | Vikarin 5121 | |
| | | Yama 2:07PM – 3:31PM | Athiganda* Until 10:29PM | Muruqa: Orange | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 45 | |
| 141833467 | Rahu 9:53AM – 11:17AM | | Taitila Until 3:54AM Sun | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashi Until 6:53AM | Moon – Blue | | Bhuloka Day | |
| Until 6:29AM | | | | Phalgun-Masi | | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |
| | | | | | | | <i>Pradosha Vrata</i> |

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| 5 | | Sunday, March 8, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau | | Moscow, Russia Sun 27 Sutra 329 | |
| Simha Rasi: 1.05 | Tithi 14 | Gulika 3:32PM – 4:57PM | Magha* Until 1:33AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 7:01AM | Vikarin 5121 | |
| | | Yama 12:42PM – 2:07PM | Sukarma Until 6:34PM | Muruqa: Orange | <i>Sunset:</i> 6:23PM | Moon 2 - Phase 45 | |
| 151833467 | Rahu 4:57PM – 6:23PM | | Gara Until 2:15PM | Nataraja: Clear | | 4th Phase | |
| Routine Work | Marana Yoga | | Chaturdashi* Until 12:27AM Mon | Moon – Red | | Devaloka Day | |
| Until 1:33AM Mon | | Chidambaram Abhishekam | | Phalgun-Masi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| ○ | | Monday, March 9, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau | | Moscow, Russia Sutra 330 | |
| Copper Retreat Star | | Gulika 2:07PM – 3:33PM | Purvaphalguni Until 10:34PM | Ganesha: White | <i>Sunrise:</i> 6:58AM | Vikarin 5121 | |
| Simha Rasi: 16.08 | Tithi 15 | Yama 11:16AM – 12:41PM | Dhriti Until 2:23PM | Muruqa: Orange | <i>Sunset:</i> 6:25PM | Moon 2 - Phase 45 | |
| Family Home Evening | | Rahu 8:24AM – 9:50AM | Visti Until 10:38AM | Nataraja: Clear | | Purnima | |
| Creative Work | Siddha Yoga | | Purnima* Until 8:43PM | Moon – Red | | Sivaloka Day | |
| | | Holi | | Phalgun-Masi | | | |

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| ○ | | Tuesday, March 10, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau | | Moscow, Russia Sutra 331 | |
| Silver Retreat Star | | Gulika 12:41PM – 2:08PM | Uttaraphalguni Until 7:22PM | Ganesha: White | <i>Sunrise:</i> 6:56AM | Vikarin 5121 | |
| Kanya Rasi: 1.23 | Tithi 16 – 17 | Yama 9:48AM – 11:15AM | Shula* Until 10:01AM | Muruqa: Orange | <i>Sunset:</i> 6:27PM | Moon 2 - Phase 45 | |
| 152833467 | Rahu 3:34PM – 5:00PM | | Balava Until 6:49AM | Nataraja: Clear | | Prathama | |
| Creative Work | Amrita Yoga | | Prathama* Until 4:53PM | Moon – Red | | Sivaloka Day | |
| Until 7:22PM | | | | Phalgun-Masi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiayam Titau

Moscow, Russia

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 16.4 Tithi 17 - 18

162833467

Gulika 11:14AM - 12:41PM
Yama 8:20AM - 9:47AM
Rahu 12:41PM - 2:08PM

Hasta **Until 4:31PM**
Vriddhi **Until 1:31AM Thu**
Vanija **Until 11:18PM**
Dvitiya **Until 1:06PM**

Ganesha: Clear *Sunrise: 6:53AM*
Muruqa: Orange *Sunset: 6:29PM*

Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 4:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Moscow, Russia

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 1.47 Tithi 18 - 19

162833467

Gulika 9:45AM - 11:13AM
Yama 6:50AM - 8:18AM
Rahu 2:08PM - 3:36PM

Chitra **Until 1:49PM**
Dhruva **Until 9:36PM**
Bava **Until 7:57PM**
Tritiya **Until 9:33AM**

Ganesha: Clear *Sunrise: 6:50AM*
Muruqa: Orange *Sunset: 6:31PM*

Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 1:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Moscow, Russia

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 16.37 Tithi 19 - 20

162833467

Gulika 8:16AM - 9:44AM
Yama 3:37PM - 5:05PM
Rahu 11:12AM - 12:40PM

Svati **Until 11:24AM**
Vyaghata* **Until 6:06PM**
Taitila **Until 3:50AM Sat**
Chaturthi* **Until 6:25AM**

Ganesha: Clear *Sunrise: 6:48AM*
Muruqa: Orange *Sunset: 6:33PM*

Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.03 Tithi 21

172833467

Gulika 6:45AM - 8:14AM
Yama 2:09PM - 3:37PM
Rahu 9:43AM - 11:11AM

Vishakha **Until 9:51AM**
Harshana **Until 3:08PM**
Gara **Until 2:49PM**
Shashthi* **Until 1:56AM Sun**

Ganesha: Purple *Sunrise: 6:45AM*
Muruqa: Orange *Sunset: 6:33PM*

Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Moscow, Russia

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.01 Tithi 22

172833468

Gulika 3:38PM - 5:08PM
Yama 12:40PM - 2:09PM
Rahu 5:08PM - 6:37PM

Anuradha **Until 8:52AM**
Vajra* **Until 12:44PM**
Visti **Until 1:17PM**
Saptami **Until 12:48AM Mon**

Ganesha: Purple *Sunrise: 6:43AM*
Muruqa: Orange *Sunset: 6:37PM*

Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 28.31 Tithi 23

172933468

Gulika 2:09PM - 3:39PM
Yama 11:10AM - 12:39PM
Rahu 8:10AM - 9:40AM

Jyeshtha* **Until 8:31AM**
Siddhi **Until 10:58AM**
Balava **Until 12:33PM**
Ashtami* **Until 12:28AM Tue**

Ganesha: Clear *Sunrise: 6:40AM*
Muruqa: Orange *Sunset: 6:39PM*

Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Moscow, Russia

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12 Tithi 24

182933468

Gulika 12:39PM - 2:10PM
Yama 9:38AM - 11:09AM
Rahu 3:40PM - 5:10PM

Mula* **Until 9:13AM**
Vyatipata* **Until 9:50AM**
Taitila **Until 12:36PM**
Navami* **Until 12:52AM Wed**

Ganesha: Purple *Sunrise: 6:37AM*
Muruqa: Orange *Sunset: 6:41PM*

Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 9:13AM

Then Creative Work - Siddha Yoga

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|--------------------|-------------|--|-----------------------------------|--|---------------------|
| 1 | | Wednesday, March 18, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau | Moscow, Russia |
| Dhanus Rasi: 24.19 | Tithi 25 | Gulika 11:08AM – 12:39PM | Purvashadha* Until 10:29AM | Ganesha: Purple <i>Sunrise:</i> 6:35AM | Sun 8 Sutra 339 |
| | | Yama 8:06AM – 9:37AM | Variyan Until 9:14AM | Muruqa: Orange <i>Sunset:</i> 6:43PM | Vikarin 5121 |
| | | 182933468 Rahu 12:39PM – 2:10PM | Vanija Until 1:21PM | Nataraja: Purple | Moon 3 - Phase 47 |
| Creative Work | Amrita Yoga | | Dashami Until 1:57AM Thu | Moon – Light Blue | 2nd Phase |
| | | | | Phalguna-Panguni | Devaloka Day |

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| 2 | | Thursday, March 19, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau | Moscow, Russia |
| Makara Rasi: 6.45 | Tithi 26 | Gulika 9:35AM – 11:07AM | Uttarashadha Until 12:10PM | Ganesha: Purple <i>Sunrise:</i> 6:32AM | Sun 9 Sutra 340 |
| | | Yama 6:32AM – 8:04AM | Parigha* Until 9:07AM | Muruqa: Orange <i>Sunset:</i> 6:45PM | Vikarin 5121 |
| | | 182933468 Rahu 2:10PM – 3:42PM | Bava Until 2:42PM | Nataraja: Purple | Moon 3 - Phase 47 |
| Routine Work | Marana Yoga | | Ekadashi* Until 3:32AM Fri | Moon – Light Blue | 2nd Phase |
| Until 12:10PM | | | | Phalguna-Panguni | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |

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| 3 | | Friday, March 20, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau | Moscow, Russia |
| Makara Rasi: 18.58 | Tithi 27 | Gulika 8:02AM – 9:34AM | Shravana Until 2:37PM | Ganesha: Clear <i>Sunrise:</i> 6:30AM | Sun 10 Sutra 341 |
| | | Yama 3:43PM – 5:15PM | Shiva Until 9:23AM | Muruqa: Orange <i>Sunset:</i> 6:47PM | Vikarin 5121 |
| | | 192933468 Rahu 11:06AM – 12:38PM | Kaulava Until 4:30PM | Nataraja: Purple | Moon 3 - Phase 47 |
| Routine Work | Marana Yoga | | Dvadashi* Until 5:29AM Sat | Moon – Purple | 2nd Phase |
| Until 2:37PM | | | | Phalguna-Panguni | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |

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| 4 | | Saturday, March 21, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara Karana Trayodashyam Titau | Moscow, Russia |
| Kumbha Rasi: 1.03 | Tithi 28 | Gulika 6:27AM – 8:00AM | Dhanishtha Until 5:12PM | Ganesha: Clear <i>Sunrise:</i> 6:27AM | Sun 11 Sutra 342 |
| | | Yama 2:11PM – 3:43PM | Siddha Until 9:53AM | Muruqa: Orange <i>Sunset:</i> 6:49PM | Vikarin 5121 |
| | | 192933468 Rahu 9:33AM – 11:05AM | Gara Until 6:36PM | Nataraja: Purple | Moon 3 - Phase 47 |
| Creative Work | Siddha Yoga | | Trayodashi* Until 7:42AM Sun | Moon – Purple | 2nd Phase |
| Until 5:12PM | | | | Phalguna-Panguni | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 5 | | Sunday, March 22, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Moscow, Russia |
| Kumbha Rasi: 13.02 | Tithi 28 – 29 | Gulika 3:44PM – 5:17PM | Shatabhishak Until 7:48PM | Ganesha: Clear <i>Sunrise:</i> 6:25AM | Sun 12 Sutra 343 |
| | | Yama 12:38PM – 2:11PM | Sadhya Until 10:34AM | Muruqa: Orange <i>Sunset:</i> 6:51PM | Vikarin 5121 |
| | | 192933468 Rahu 5:17PM – 6:51PM | Visti Until 8:53PM | Nataraja: Purple | Moon 3 - Phase 47 |
| Creative Work | Siddha Yoga | | Trayodashi* Until 7:42AM | Moon – Purple | 2nd Phase |
| | | | | Phalguna-Panguni | Sivaloka Day |

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| Monday, March 23, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Moscow, Russia |
| Kumbha Rasi: 24.58 | Tithi 29 – 30 | Gulika 2:11PM – 3:45PM | Purvaproshtpada* Until 10:51PM | Ganesha: Yellow <i>Sunrise:</i> 6:22AM | Sun 13 Sutra 344 |
| Family Home Evening | | Yama 11:03AM – 12:37PM | Subha Until 11:22AM | Muruqa: Orange <i>Sunset:</i> 6:53PM | Vikarin 5121 |
| Routine Work | Marana Yoga | 113933468 Rahu 7:56AM – 9:30AM | Catuspada Until 11:17PM | Nataraja: Purple | Moon 3 - Phase 47 |
| Until 10:51PM | | | Chaturdashi* Until 10:03AM | Moon – Clear | Amavasya |
| Then Creative Work - Siddha Yoga | | | | Phalguna-Panguni | Sivaloka Day |

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| Tuesday, March 24, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Moscow, Russia |
| Meena Rasi: 6.52 | Tithi 30 – 1 | Gulika 12:37PM – 2:11PM | Uttaraproshtpada Until 1:47AM Wed | Ganesha: Yellow <i>Sunrise:</i> 6:19AM | Sun 14 Sutra 345 |
| | | Yama 9:28AM – 11:03AM | Sukla Until 12:12PM | Muruqa: Orange <i>Sunset:</i> 6:55PM | Vikarin 5121 |
| | | 113933468 Rahu 3:46PM – 5:20PM | Kintughna Until 1:43AM Wed | Nataraja: Purple | Moon 3 - Phase 47 |
| Creative Work | Amrita Yoga | | Amavasya* Until 12:28PM | Moon – Clear | Prathama |
| Until 1:47AM Wed | | Yugadhi | | Chaitra-Panguni | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | | Wednesday, March 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Moscow, Russia Sun 15 Sutra 346 |
| Meena Rasi: 18.44 | Tithi 1 – 2 | Gulika 11:02AM – 12:37PM | Revati Until 4:33AM Thu | Ganesha: Yellow <i>Sunrise:</i> 6:17AM | Vikarin 5121 |
| | | Yama 7:52AM – 9:27AM | Brahma Until 1:04PM | Muruqa: Orange <i>Sunset:</i> 6:57PM | Moon 3 - Phase 48 |
| | | 113933468 Rahu 12:37PM – 2:12PM | Balava Until 4:10AM Thu | Nataraja: Purple | 3rd Phase |
| Routine Work Marana Yoga | | | Prathama* Until 2:55PM | Moon – Clear | Sivaloka Day |
| Until 4:33AM Thu | | | | Chaitra•Panguni | |
| Then Creative Work - Amrita Yoga | | | | | |

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|----------------------------------|-------------|---------------------------------------|---------------------------------|---|------------------------------------|
| 2 | | Thursday, March 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | Moscow, Russia Sun 16 Sutra 347 |
| Mesha Rasi: 0.37 | Tithi 2 – 3 | Gulika 9:25AM – 11:01AM | Ashvini Until 7:36AM Fri | Ganesha: Red <i>Sunrise:</i> 6:14AM | Vikarin 5121 |
| | | Yama 6:14AM – 7:50AM | Indra Until 1:55PM | Muruqa: Orange <i>Sunset:</i> 6:59PM | Moon 3 - Phase 48 |
| | | 123933468 Rahu 2:12PM – 3:48PM | Taitila Until 6:33AM Fri | Nataraja: Purple | 3rd Phase |
| Creative Work Amrita Yoga | | | Dvitiya Until 5:21PM | Moon – White | Sivaloka Day |
| Until 7:36AM Fri | | Chellappaswami Mahasamadhi | | Chaitra•Panguni | |
| Then Creative Work - Siddha Yoga | | | | | |

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|----------------------------------|---------|---|-----------------------------|---|------------------------------------|
| 3 | | Friday, March 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau | Moscow, Russia Sun 17 Sutra 348 |
| Mesha Rasi: 12.32 | Tithi 3 | Gulika 7:48AM – 9:24AM | Ashvini Until 7:36AM | Ganesha: Red <i>Sunrise:</i> 6:12AM | Vikarin 5121 |
| | | Yama 3:48PM – 5:25PM | Vaidhriti* Until 2:41PM | Muruqa: Orange <i>Sunset:</i> 7:01PM | Moon 3 - Phase 48 |
| | | 123933468 Rahu 11:00AM – 12:36PM | Taitila Until 6:33AM | Nataraja: Purple | 3rd Phase |
| Creative Work Amrita Yoga | | | Tritiya Until 7:40PM | Moon – White | Sivaloka Day |
| Until 7:36AM | | | | Chaitra•Panguni | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 4 | | Saturday, March 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau | Moscow, Russia Sun 18 Sutra 349 |
| Mesha Rasi: 24.29 | Tithi 4 | Gulika 6:09AM – 7:46AM | Bharani Until 10:19AM | Ganesha: Red <i>Sunrise:</i> 6:09AM | Vikarin 5121 |
| | | Yama 2:13PM – 3:49PM | Vishkambha* Until 3:20PM | Muruqa: Orange <i>Sunset:</i> 7:03PM | Moon 3 - Phase 48 |
| | | 123933468 Rahu 9:22AM – 10:59AM | Vanija Until 8:47AM | Nataraja: Purple | 3rd Phase |
| Creative Work Siddha Yoga | | | Chaturthi* Until 9:47PM | Moon – White | Sivaloka Day |
| Until 10:19AM | | | | Chaitra•Panguni | |
| Then Creative Work - Amrita Yoga | | | | | |

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|---------------------------|---------|---------------------------------------|-------------------------------|--|------------------------------------|
| 5 | | Sunday, March 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau | Moscow, Russia Sun 19 Sutra 350 |
| Vrishabha Rasi: 6.33 | Tithi 5 | Gulika 3:50PM – 5:27PM | Krittika Until 12:37PM | Ganesha: Red <i>Sunrise:</i> 6:06AM | Vikarin 5121 |
| | | Yama 12:36PM – 2:13PM | Priti Until 3:46PM | Muruqa: Orange <i>Sunset:</i> 7:05PM | Moon 3 - Phase 48 |
| | | 123933468 Rahu 5:27PM – 7:05PM | Bava Until 10:44AM | Nataraja: Purple | 3rd Phase |
| Creative Work Siddha Yoga | | | Panchami Until 11:33PM | Moon – White | Sivaloka Day |
| | | | | Chaitra•Panguni | |

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|----------------------------|---------|---------------------------------------|------------------------------------|--|------------------------------------|
| 6 | | Monday, March 30, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau | Moscow, Russia Sun 20 Sutra 351 |
| Vrishabha Rasi: 18.46 | Tithi 6 | Gulika 2:13PM – 3:51PM | Rohini Until 2:50PM | Ganesha: Blue <i>Sunrise:</i> 6:04AM | Vikarin 5121 |
| Family Home Evening | | Yama 10:57AM – 12:35PM | Ayushman Until 3:50PM | Muruqa: Orange <i>Sunset:</i> 7:07PM | Moon 3 - Phase 48 |
| | | 133933468 Rahu 7:42AM – 9:19AM | Kaulava Until 12:16PM | Nataraja: Purple | 3rd Phase |
| Creative Work Amrita Yoga | | | Shashthi* Until 12:49AM Tue | Moon – Yellow | Subha Sivaloka Day |
| | | | | Chaitra•Panguni | |

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|---------------------------------|---------|---------------------------------------|---------------------------------|---|------------------------------------|
| Retreat Star | | Tuesday, March 31, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau | Moscow, Russia Sun 21 Sutra 352 |
| Mithuna Rasi: 1.13 | Tithi 7 | Gulika 12:35PM – 2:13PM | Mrigashira Until 4:17PM | Ganesha: Blue <i>Sunrise:</i> 6:01AM | Vikarin 5121 |
| | | Yama 9:18AM – 10:56AM | Saubhagya Until 3:26PM | Muruqa: Orange <i>Sunset:</i> 7:09PM | Moon 3 - Phase 48 |
| | | 133933468 Rahu 3:52PM – 5:30PM | Gara Until 1:13PM | Nataraja: Purple | 3rd Phase |
| Creative Work Siddha Yoga | | | Saptami Until 1:25AM Wed | Moon – Yellow | Subha Sivaloka Day |
| Until 4:17PM | | | | Chaitra•Panguni | |
| Then Routine Work - Marana Yoga | | | | | |

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|---------------------------|---------|--|----------------------------------|---|------------------------------------|
| Retreat Star | | Wednesday, April 1, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau | Moscow, Russia Sun 22 Sutra 353 |
| Mithuna Rasi: 13.59 | Tithi 8 | Gulika 10:56AM – 12:35PM | Ardra Until 4:53PM | Ganesha: Blue <i>Sunrise:</i> 6:01AM | Vikarin 5121 |
| | | Yama 7:40AM – 9:18AM | Sobhana Until 2:29PM | Muruqa: Orange <i>Sunset:</i> 7:09PM | Moon 3 - Phase 48 |
| | | 133933468 Rahu 12:35PM – 2:13PM | Visti Until 1:26PM | Nataraja: Purple | Ashtami |
| Creative Work Siddha Yoga | | | Ashtami* Until 1:14AM Thu | Moon – Yellow | Subha Sivaloka Day |
| | | | | Chaitra•Panguni | |

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|---------------------------|---------|---------------------------------------|----------------------------------|---|------------------------------------|
| Retreat Star | | Thursday, April 2, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau | Moscow, Russia Sun 23 Sutra 354 |
| Mithuna Rasi: 27.09 | Tithi 9 | Gulika 9:17AM – 10:56AM | Punarvasu Until 4:59PM | Ganesha: Yellow <i>Sunrise:</i> 5:59AM | Vikarin 5121 |
| | | Yama 5:59AM – 7:38AM | Athiganda* Until 12:52PM | Muruqa: Orange <i>Sunset:</i> 7:11PM | Moon 3 - Phase 48 |
| | | 143933468 Rahu 2:14PM – 3:53PM | Balava Until 12:51PM | Nataraja: Purple | Navami |
| Creative Work Amrita Yoga | | | Navami* Until 12:13AM Fri | Moon – Blue | Sivaloka Day |
| | | Sri Rama Navami | | Chaitra•Panguni | |


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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|----------|------------------------------|-------------|---|----------------------------|-------------------------|------------------------|------------------------------------|
| 1 | Friday, April 3, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau | | | | Moscow, Russia Sun 24 Sutra 355 |
| | Kataka Rasi: 10.46 | Tithi 10 | Gulika 7:36AM – 9:15AM | Pushya Until 4:08PM | Ganesha: Yellow | <i>Sunrise:</i> 5:56AM | Vikarin 5121 |
| | | | Yama 3:53PM – 5:33PM | Sukarma Until 10:37AM | Muruqa: Orange | <i>Sunset:</i> 7:13PM | Moon 3 - Phase 49 |
| | Routine Work | Marana Yoga | 143933468 Rahu 10:55AM – 12:34PM | Taitila Until 11:26AM | Nataraja: Purple | | 4th Phase |
| | | | Dashami Until 10:25PM | Moon – Blue | | Sivaloka Day | |
| | | | | Chaitra•Panguni | | | |

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| 2 | Saturday, April 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Moscow, Russia Sun 25 Sutra 356 |
| | Kataka Rasi: 24.52 | Tithi 11 | Gulika 5:53AM – 7:34AM | Ashlesha* Until 2:24PM | Ganesha: Yellow | <i>Sunrise:</i> 5:53AM | Vikarin 5121 |
| | | | Yama 2:14PM – 3:54PM | Dhriti Until 7:46AM | Muruqa: Orange | <i>Sunset:</i> 7:13PM | Moon 3 - Phase 49 |
| | Routine Work | Marana Yoga | 143933468 Rahu 9:14AM – 10:54AM | Vanija Until 9:15AM | Nataraja: Purple | | 4th Phase |
| | | | Ekadashi Until 7:54PM | Moon – Blue | | Sivaloka Day | |
| | | | Yogaswami Mahasamadhi | Chaitra•Panguni | | | |
| | | | | Until 2:24PM | | | |
| | | | | Then Creative Work - Amrita Yoga | | | |

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|----------|------------------------------|---------------|---|----------------------------------|-------------------------|---------------------------|------------------------------------|
| 3 | Sunday, April 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Moscow, Russia Sun 26 Sutra 357 |
| | Simha Rasi: 9.25 | Tithi 12 – 13 | Gulika 3:55PM – 5:36PM | Magha* Until 12:19PM | Ganesha: White | <i>Sunrise:</i> 5:51AM | Vikarin 5121 |
| | | | Yama 12:34PM – 2:14PM | Ganda* Until 12:29AM Mon | Muruqa: Orange | <i>Sunset:</i> 7:17PM | Moon 3 - Phase 49 |
| | Routine Work | Marana Yoga | 153933468 Rahu 5:36PM – 7:17PM | Bava Until 6:25AM | Nataraja: Purple | | 4th Phase |
| | | | Dvadashi Until 4:47PM | Moon – Red | | Subha Sivaloka Day | |
| | | | | Chaitra•Panguni | | | |
| | | | | <i>Pradosha Vrata</i> | | | |
| | | | | Until 12:19PM | | | |
| | | | | Then Creative Work - Siddha Yoga | | | |

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|----------|------------------------------|---------------|--|-----------------------------------|-------------------------|------------------------|------------------------------------|
| 4 | Monday, April 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Moscow, Russia Sun 27 Sutra 358 |
| | Simha Rasi: 24.22 | Tithi 13 – 14 | Gulika 2:15PM – 3:56PM | Purvaphalguni Until 9:38AM | Ganesha: Clear | <i>Sunrise:</i> 5:48AM | Vikarin 5121 |
| | Family Home Evening | | Yama 10:52AM – 12:33PM | Vriddhi Until 8:21PM | Muruqa: Orange | <i>Sunset:</i> 7:19PM | Moon 3 - Phase 49 |
| | Creative Work | Siddha Yoga | 154933468 Rahu 7:30AM – 9:11AM | Gara Until 11:23PM | Nataraja: Purple | | 4th Phase |
| | | | Trayodashi Until 1:15PM | Moon – Red | | Sivaloka Day | |
| | | | | Chaitra•Panguni | | | |

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|---|-------------------------------|---------------|---|------------------------------------|-------------------------|------------------------|------------------------------------|
|  | Tuesday, April 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Moscow, Russia Sun 28 Sutra 359 |
| | Copper Retreat Star | | Gulika 12:33PM – 2:15PM | Uttaraphalguni Until 6:32AM | Ganesha: Clear | <i>Sunrise:</i> 5:46AM | Vikarin 5121 |
| | Kanya Rasi: 9.34 | Tithi 14 – 15 | Yama 9:09AM – 10:51AM | Dhruva Until 4:01PM | Muruqa: Orange | <i>Sunset:</i> 7:21PM | Moon 3 - Phase 49 |
| | | | 154933468 Rahu 3:57PM – 5:39PM | Visti Until 7:31PM | Nataraja: Purple | | Purnima |
| | | | Chaturdashi* Until 9:27AM | Moon – Red | | Sivaloka Day | |
| | | | Panguni Uttiram | Chaitra•Panguni | | | |
| | | | Hanuman Jayanti | Until 6:32AM | | | |
| | | | | Then Creative Work - Siddha Yoga | | | |

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| 5 | Wednesday, April 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Moscow, Russia Sun 29 Sutra 360 |
| | Silver Retreat Star | | Gulika 10:50AM – 12:33PM | Chitra Until 12:33AM Thu | Ganesha: Purple | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| | Kanya Rasi: 24.52 | Tithi 16 | Yama 7:26AM – 9:08AM | Vyaghata* Until 11:40AM | Muruqa: Clear | <i>Sunset:</i> 7:23PM | Moon 3 - Phase 49 |
| | | | 164934468 Rahu 12:33PM – 2:15PM | Balava Until 3:39PM | Nataraja: Purple | | Prathama |
| | | | Prathama* Until 1:45AM Thu | Moon – Green | | Devaloka Day | |
| | | | | Chaitra•Panguni | | | |
| | | | | Until 12:33AM Thu | | | |
| | | | | Then Creative Work - Amrita Yoga | | | |



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Moscow, Russia
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 10.05 Tithi 17

164134468 **Gulika** 9:07AM – 10:50AM
Yama 5:41AM – 7:24AM
Rahu 2:16PM – 3:59PM

Svati Until 9:39PM
Harshana Until 7:27AM
Taitila Until 11:57AM
Dvitiya Until 10:12PM

Ganesha: White *Sunrise:* 5:41AM
Muruqa: Clear *Sunset:* 7:25PM
Nataraja: Purple
Moon – Green
Chaitra+Panguni

Devaloka Day

Creative Work Amrita Yoga
Until 9:39PM
Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 25.05 Tithi 18

174134468 **Gulika** 7:22AM – 9:05AM
Yama 3:59PM – 5:43PM
Rahu 10:49AM – 12:32PM

Vishakha Until 7:27PM
Siddhi Until 11:54PM
Vanija Until 8:36AM
Tritiya Until 7:06PM

Ganesha: Yellow *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 7:27PM
Nataraja: Purple
Moon – Orange
Chaitra+Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 9.41 Tithi 19 – 20

174134468 **Gulika** 5:36AM – 7:20AM
Yama 2:16PM – 4:00PM
Rahu 9:04AM – 10:48AM

Anuradha Until 5:43PM
Vyatipala* Until 8:51PM
Kaulava Until 3:36AM Sun
Chaturthi* Until 4:34PM

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 7:28PM
Nataraja: Purple
Moon – Orange
Chaitra+Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Moscow, Russia
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 23.5 Tithi 20 – 21

174134468 **Gulika** 4:01PM – 5:46PM
Yama 12:32PM – 2:16PM
Rahu 5:46PM – 7:30PM

Jyeshtha* Until 4:33PM
Variyan Until 6:23PM
Gara Until 2:12AM Mon
Panchami Until 2:47PM

Ganesha: Yellow *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 7:30PM
Nataraja: Purple
Moon – Orange
Chaitra+Panguni

Sivaloka Day

Routine Work Marana Yoga
Until 4:33PM
Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 7.29 Tithi 21 – 22

Family Home Evening

184134468 **Gulika** 2:17PM – 4:02PM
Yama 10:46AM – 12:32PM
Rahu 7:16AM – 9:01AM

Mula* Until 4:31PM
Parigha* Until 4:36PM
Visti Until 1:39AM Tue
Shashthi* Until 1:48PM

Ganesha: Blue *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 7:32PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Creative Work Siddha Yoga
Until 4:31PM
Then Routine Work - Marana Yoga

Retreat Star

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 20.41 Tithi 22 – 23

284134468 **Gulika** 12:31PM – 2:17PM
Yama 9:00AM – 10:46AM
Rahu 4:03PM – 5:49PM

Purvashadha* Until 5:09PM
Shiva Until 3:30PM
Balava Until 1:57AM Wed
Saptami Until 1:41PM

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 7:34PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Sivaloka Day

Creative Work Siddha Yoga
Until 5:09PM
Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 3.27 Tithi 23 – 24

284134468 **Gulika** 10:45AM – 12:31PM
Yama 7:12AM – 8:58AM
Rahu 12:31PM – 2:17PM

Uttarashadha Until 6:24PM
Siddha Until 3:00PM
Taitila Until 2:59AM Thu
Ashtami* Until 2:22PM

Ganesha: Yellow *Sunrise:* 5:26AM
Muruqa: Clear *Sunset:* 7:36PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Sivaloka Day

Creative Work Amrita Yoga
Until 6:24PM
Then Creative Work - Siddha Yoga

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|--------------------|---------------|---------------------------------|------------------------------|---|------------------------|---------------------------------|--|
| 1 | | Thursday, April 16, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Moscow, Russia Sun 7 Sutra 4 | |
| Makara Rasi: 15.53 | Tithi 24 – 25 | Gulika 8:57AM – 10:44AM | Shravana Until 8:36PM | Ganesha: Blue | <i>Sunrise:</i> 5:23AM | Sarvari 5122 | |
| | | Yama 5:23AM – 7:10AM | Sadhya Until 3:02PM | Muruqa: Clear | <i>Sunset:</i> 7:38PM | Moon 4 - Phase 1 | |
| 294134468 | | Rahu 2:18PM – 4:05PM | Vanija Until 4:38AM Fri | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Moon – Purple | | Devaloka Day | |
| | | Chidambaram Abhishekam | Navami* Until 3:44PM | Chaitra•Chaitra | | | |

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| 2 | | Friday, April 17, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau | | Moscow, Russia Sun 8 Sutra 5 | |
| Makara Rasi: 28.04 | Tithi 25 – 26 | Gulika 7:08AM – 8:56AM | Dhanishtha Until 11:07PM | Ganesha: Blue | <i>Sunrise:</i> 5:21AM | Sarvari 5122 | |
| | | Yama 4:06PM – 5:53PM | Subha Until 3:30PM | Muruqa: Clear | <i>Sunset:</i> 7:40PM | Moon 4 - Phase 1 | |
| 294134468 | | Rahu 10:43AM – 12:31PM | Bava Until 6:43AM Sat | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Moon – Purple | | Devaloka Day | |
| | | | Dashami Until 5:37PM | Chaitra•Chaitra | | | |

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| 3 | | Saturday, April 18, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau | | Moscow, Russia Sun 9 Sutra 6 | |
| Kumbha Rasi: 10.05 | Tithi 26 | Gulika 5:18AM – 7:06AM | Shatabhishak Until 1:46AM Sun | Ganesha: Yellow | <i>Sunrise:</i> 5:18AM | Sarvari 5122 | |
| | | Yama 2:18PM – 4:06PM | Sukla Until 4:12PM | Muruqa: Clear | <i>Sunset:</i> 7:42PM | Moon 4 - Phase 1 | |
| 295134468 | | Rahu 8:54AM – 10:42AM | Bava Until 6:43AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Amrita Yoga | | | Moon – Purple | | Sivaloka Day | |
| | | | Ekadashi* Until 7:51PM | Chaitra•Chaitra | | | |
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| 4 | | Sunday, April 19, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtpada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Moscow, Russia Sun 10 Sutra 7 | |
| Kumbha Rasi: 22 | Tithi 27 | Gulika 4:07PM – 5:56PM | Purvaproshtpada* Until 4:53AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 5:16AM | Sarvari 5122 | |
| | | Yama 12:30PM – 2:19PM | Brahma Until 5:04PM | Muruqa: Clear | <i>Sunset:</i> 7:44PM | Moon 4 - Phase 1 | |
| 215134468 | | Rahu 5:56PM – 7:44PM | Kaulava Until 9:03AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Moon – Clear | | Sivaloka Day | |
| | | | Dvadashi* Until 10:15PM | Chaitra•Chaitra | | | |

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| 5 | | Monday, April 20, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtpada Nakshatra Indra/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau | | Moscow, Russia Sun 11 Sutra 8 | |
| Meena Rasi: 3.53 | Tithi 28 | Gulika 2:19PM – 4:08PM | Uttaraproshtpada Until 7:51AM Tue | Ganesha: Yellow | <i>Sunrise:</i> 5:14AM | Sarvari 5122 | |
| | | Yama 10:41AM – 12:30PM | Indra Until 6:00PM | Muruqa: Clear | <i>Sunset:</i> 7:46PM | Moon 4 - Phase 1 | |
| 215134468 | | Rahu 7:03AM – 8:52AM | Gara Until 11:30AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Moon – Clear | | Sivaloka Day | |
| | | | Trayodashi* Until 12:42AM Tue | Chaitra•Chaitra | | | |
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| 6 | | Tuesday, April 21, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Vaidhriti* Yoga Visti/Sakuni* Karana Chaturdashyam Titau | | Moscow, Russia Sun 12 Sutra 9 | |
| Meena Rasi: 15.44 | Tithi 29 | Gulika 12:30PM – 2:19PM | Uttaraproshtpada Until 7:51AM | Ganesha: Yellow | <i>Sunrise:</i> 5:11AM | Sarvari 5122 | |
| | | Yama 8:50AM – 10:40AM | Vaidhriti* Until 6:53PM | Muruqa: Clear | <i>Sunset:</i> 7:48PM | Moon 4 - Phase 1 | |
| 215134468 | | Rahu 4:09PM – 5:59PM | Visti Until 1:56PM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Amrita Yoga | | | Moon – Clear | | Sivaloka Day | |
| | | | Chaturdashi* Until 3:06AM Wed | Chaitra•Chaitra | | | |
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| Retreat Star | | Wednesday, April 22, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Moscow, Russia Sun 13 Sutra 10 | |
| Meena Rasi: 27.38 | Tithi 30 | Gulika 10:39AM – 12:30PM | Revati Until 10:35AM | Ganesha: Yellow | <i>Sunrise:</i> 5:09AM | Sarvari 5122 | |
| | | Yama 6:59AM – 8:49AM | Vishkambha* Until 7:43PM | Muruqa: Clear | <i>Sunset:</i> 7:50PM | Moon 4 - Phase 1 | |
| 215134468 | | Rahu 12:30PM – 2:20PM | Catuspada Until 4:17PM | Nataraja: Purple | | Amavasya | |
| Routine Work | Marana Yoga | | | Moon – Clear | | Sivaloka Day | |
| | | | Amavasya* Until 5:23AM Thu | Chaitra•Chaitra | | | |

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| Retreat Star | | Thursday, April 23, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna* Karana Prathamayam Titau | | Moscow, Russia Sun 14 Sutra 11 | |
| Mesha Rasi: 9.34 | Tithi 1 | Gulika 8:48AM – 10:39AM | Ashvini Until 1:31PM | Ganesha: Red | <i>Sunrise:</i> 5:06AM | Sarvari 5122 | |
| | | Yama 5:06AM – 6:57AM | Priti Until 8:27PM | Muruqa: Clear | <i>Sunset:</i> 7:52PM | Moon 4 - Phase 1 | |
| 225134468 | | Rahu 2:20PM – 4:11PM | Kintughna Until 6:29PM | Nataraja: Purple | | Prathama | |
| Creative Work | Amrita Yoga | | | Moon – White | | Sivaloka Day | |
| | | | Prathama* Until 7:29AM Fri | Vaisaka•Chaitra | | | |
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| 1 | | Friday, April 24, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Moscow, Russia Sun 15 Sutra 12 | |
| Mesha Rasi: 21.34 | Tithi 1 – 2 | Gulika 6:55AM – 8:47AM | Bharani Until 4:06PM | Ganesha: Red | <i>Sunrise:</i> 5:04AM | Sarvari 5122 | |
| | | Yama 4:12PM – 6:03PM | Ayushman Until 8:59PM | Muruqa: Clear | <i>Sunset:</i> 7:54PM | Moon 4 - Phase 2 | |
| 225134469 | Rahu 10:38AM – 12:29PM | | Balava Until 8:28PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Prathama* Until 7:29AM | Moon – White | | Devaloka Day | |
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| 2 | | Saturday, April 25, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Moscow, Russia Sun 16 Sutra 13 | |
| Vrishabha Rasi: 3.4 | Tithi 2 – 3 | Gulika 5:02AM – 6:54AM | Krittika Until 6:16PM | Ganesha: Red | <i>Sunrise:</i> 5:02AM | Sarvari 5122 | |
| | | Yama 2:21PM – 4:13PM | Saubhagya Until 9:19PM | Muruqa: Clear | <i>Sunset:</i> 7:56PM | Moon 4 - Phase 2 | |
| 225134469 | Rahu 8:45AM – 10:37AM | | Taitila Until 10:11PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Dvitiya Until 9:21AM | Moon – White | | Devaloka Day | |
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| 3 | | Sunday, April 26, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Moscow, Russia Sun 17 Sutra 14 | |
| Vrishabha Rasi: 15.54 | Tithi 3 – 4 | Gulika 4:14PM – 6:06PM | Rohini Until 8:26PM | Ganesha: Yellow | <i>Sunrise:</i> 4:59AM | Sarvari 5122 | |
| | | Yama 12:29PM – 2:21PM | Sobhana Until 9:24PM | Muruqa: Clear | <i>Sunset:</i> 7:58PM | Moon 4 - Phase 2 | |
| 235134469 | Rahu 6:06PM – 7:58PM | | Vanija Until 11:32PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Tritiya Until 10:53AM | Moon – Yellow | | Devaloka Day | |
| | | Akshaya Tritiya | | Vaisaka-Chaitra | | | |

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| 4 | | Monday, April 27, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Moscow, Russia Sun 18 Sutra 15 | |
| Vrishabha Rasi: 28.17 | Tithi 4 – 5 | Gulika 2:22PM – 4:14PM | Mrigashira Until 10:00PM | Ganesha: Yellow | <i>Sunrise:</i> 4:57AM | Sarvari 5122 | |
| Family Home Evening | | Yama 10:36AM – 12:29PM | Athiganda* Until 9:07PM | Muruqa: Clear | <i>Sunset:</i> 8:00PM | Moon 4 - Phase 2 | |
| 235134469 | Rahu 6:50AM – 8:43AM | | Bava Until 12:27AM Tue | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Chaturthi* Until 12:02PM | Moon – Yellow | | Devaloka Day | |
| Until 10:00PM | | Adi Sankara Jayanthi | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 5 | | Tuesday, April 28, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Moscow, Russia Sun 19 Sutra 16 | |
| Mithuna Rasi: 10.52 | Tithi 5 – 6 | Gulika 12:29PM – 2:22PM | Ardra Until 10:55PM | Ganesha: Blue | <i>Sunrise:</i> 4:55AM | Sarvari 5122 | |
| | | Yama 8:42AM – 10:35AM | Sukarma Until 8:27PM | Muruqa: Clear | <i>Sunset:</i> 8:02PM | Moon 4 - Phase 2 | |
| 236134469 | Rahu 4:15PM – 6:09PM | | Kaulava Until 12:49AM Wed | Nataraja: Clear | | 3rd Phase | |
| Routine Work | Marana Yoga | | Panchami Until 12:41PM | Moon – Yellow | | Bhuloka Day | |
| Until 10:55PM | | | | Vaisaka-Chaitra | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 6 | | Wednesday, April 29, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Moscow, Russia Sun 20 Sutra 17 | |
| Mithuna Rasi: 23.44 | Tithi 6 – 7 | Gulika 10:34AM – 12:28PM | Punarvasu Until 11:33PM | Ganesha: Yellow | <i>Sunrise:</i> 4:53AM | Sarvari 5122 | |
| | | Yama 6:47AM – 8:40AM | Dhriti Until 7:19PM | Muruqa: Clear | <i>Sunset:</i> 8:04PM | Moon 4 - Phase 2 | |
| 246134469 | Rahu 12:28PM – 2:22PM | | Gara Until 12:34AM Thu | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 12:45PM | Moon – Blue | | Devaloka Day | |
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| Retreat Star | | Thursday, April 30, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Moscow, Russia Sun 21 Sutra 18 | |
| Kataka Rasi: 6.53 | Tithi 7 – 8 | Gulika 8:39AM – 10:34AM | Pushya Until 11:23PM | Ganesha: Yellow | <i>Sunrise:</i> 4:50AM | Sarvari 5122 | |
| | | Yama 4:50AM – 6:45AM | Shula* Until 5:39PM | Muruqa: Clear | <i>Sunset:</i> 8:06PM | Moon 4 - Phase 2 | |
| 246134469 | Rahu 2:23PM – 4:17PM | | Visti Until 11:40PM | Nataraja: Clear | | Ashtami | |
| Creative Work | Amrita Yoga | | Saptami Until 12:11PM | Moon – Blue | | Devaloka Day | |
| Until 11:23PM | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Retreat Star | | Friday, May 1, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Moscow, Russia Sun 22 Sutra 19 | |
| Kataka Rasi: 20.26 | Tithi 8 – 9 | Gulika 6:41AM – 8:37AM | Ashlesha* Until 10:24PM | Ganesha: Yellow | <i>Sunrise:</i> 4:46AM | Sarvari 5122 | |
| | | Yama 4:19PM – 6:15PM | Ganda* Until 3:27PM | Muruqa: Clear | <i>Sunset:</i> 8:10PM | Moon 4 - Phase 2 | |
| 246134469 | Rahu 10:32AM – 12:28PM | | Balava Until 10:06PM | Nataraja: Clear | | Navami | |
| Routine Work | Marana Yoga | | Ashtami* Until 10:57AM | Moon – Blue | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


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| 1 | | Saturday, May 2, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | | | | Moscow, Russia Sun 23 Sutra 20 |
| Simha Rasi: 4.21 | Tithi 9 – 10 | Gulika 4:44AM – 6:40AM | Magha* Until 9:06PM | Ganesha: White | <i>Sunrise:</i> 4:44AM | | Sarvari 5122 | |
| | | Yama 2:24PM – 4:20PM | Vriddhi Until 12:45PM | Muruqa: Clear | <i>Sunset:</i> 8:12PM | | Moon 4 - Phase 3 | |
| | | 256134469 Rahu 8:36AM – 10:32AM | Taitila Until 7:55PM | Nataraja: Clear | | | 4th Phase | |
| Creative Work | Amrita Yoga | | Navami* Until 9:04AM | Moon – Red | | Bhuloka Day | | |
| Until 9:06PM | | | | Vaisaka*Chaitra | | Devaloka Time: 3:PM to 6:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 2 | | Sunday, May 3, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Visli* Karana Dashami/Ekadashyam Titau | | | | Moscow, Russia Sun 24 Sutra 21 |
| Simha Rasi: 18.4 | Tithi 10 – 11 | Gulika 4:21PM – 6:17PM | Purvaphalguni Until 7:08PM | Ganesha: White | <i>Sunrise:</i> 4:42AM | | Sarvari 5122 | |
| | | Yama 12:28PM – 2:24PM | Dhruva Until 9:34AM | Muruqa: Clear | <i>Sunset:</i> 8:14PM | | Moon 4 - Phase 3 | |
| | | 256134469 Rahu 6:17PM – 8:14PM | Visti Until 3:38AM Mon | Nataraja: Clear | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 6:36AM | Moon – Red | | Bhuloka Day | | |
| Until 7:08PM | | | | Vaisaka*Chaitra | | Devaloka Time: 3:PM to 6:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 3 | | Monday, May 4, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau | | | | Moscow, Russia Sun 25 Sutra 22 |
| Kanya Rasi: 3.2 | Tithi 12 | Gulika 2:25PM – 4:22PM | Uttaraphalguni Until 4:36PM | Ganesha: Clear | <i>Sunrise:</i> 4:40AM | | Sarvari 5122 | |
| Family Home Evening | | Yama 10:31AM – 12:28PM | Vyaghata* Until 6:00AM | Muruqa: Clear | <i>Sunset:</i> 8:16PM | | Moon 4 - Phase 3 | |
| | | 256234469 Rahu 6:37AM – 8:34AM | Bava Until 2:02PM | Nataraja: Clear | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashi Until 12:20AM Tue | Moon – Red | | Devaloka Day | | |
| | | | | Vaisaka*Chaitra | | | | |

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| 4 | | Tuesday, May 5, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Moscow, Russia Sun 26 Sutra 23 |
| Kanya Rasi: 18.16 | Tithi 13 | Gulika 12:28PM – 2:25PM | Hasta Until 2:05PM | Ganesha: Clear | <i>Sunrise:</i> 4:37AM | | Sarvari 5122 | |
| | | Yama 8:31AM – 10:30AM | Vajra* Until 10:09PM | Muruqa: Clear | <i>Sunset:</i> 8:18PM | | Moon 4 - Phase 3 | |
| | | 267234469 Rahu 4:23PM – 6:20PM | Kaulava Until 10:36AM | Nataraja: Clear | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Trayodashi Until 8:48PM | Moon – Green | | Devaloka Day | | |
| | | | | Vaisaka*Chaitra | | | | |
| | | | | <i>Pradosha Vrata</i> | | | | |

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| 5 | | Wednesday, May 6, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau | | | | Moscow, Russia Sun 27 Sutra 24 |
| Tula Rasi: 3.19 | Tithi 14 – 15 | Gulika 10:30AM – 12:28PM | Chitra Until 11:19AM | Ganesha: Clear | <i>Sunrise:</i> 4:35AM | | Sarvari 5122 | |
| | | Yama 6:33AM – 8:31AM | Siddhi Until 6:06PM | Muruqa: Clear | <i>Sunset:</i> 8:20PM | | Moon 4 - Phase 3 | |
| | | 267234469 Rahu 12:28PM – 2:26PM | Gara Until 7:02AM | Nataraja: Clear | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 5:14PM | Moon – Green | | Devaloka Day | | |
| | | | | Vaisaka*Chaitra | | | | |

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|  | | Thursday, May 7, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Moscow, Russia Sun 28 Sutra 25 |
| Tula Rasi: 18.22 | Tithi 15 – 16 | Gulika 8:30AM – 10:29AM | Svati Until 8:28AM | Ganesha: Clear | <i>Sunrise:</i> 4:33AM | | Sarvari 5122 | |
| | | Yama 4:33AM – 6:32AM | Vyatipata* Until 2:09PM | Muruqa: Clear | <i>Sunset:</i> 8:22PM | | Moon 4 - Phase 3 | |
| | | 267234469 Rahu 2:26PM – 4:25PM | Balava Until 12:07AM Fri | Nataraja: Clear | | | Purnima | |
| Creative Work | Amrita Yoga | | Purnima* Until 1:45PM | Moon – Green | | Devaloka Day | | |
| Until 8:28AM | | | | Vaisaka*Chaitra | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| Friday, May 8, 2020 | | Silver Retreat Star | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | | Moscow, Russia Sun 29 Sutra 26 |
| Vrischika Rasi: 3.14 | Tithi 16 – 17 | Gulika 6:30AM – 8:29AM | Vishakha Until 6:08AM | Ganesha: Purple | <i>Sunrise:</i> 4:31AM | | Sarvari 5122 | |
| | | Yama 4:25PM – 6:25PM | Variyan Until 10:25AM | Muruqa: Clear | <i>Sunset:</i> 8:24PM | | Moon 4 - Phase 3 | |
| | | 277234469 Rahu 10:28AM – 12:27PM | Taitila Until 9:07PM | Nataraja: Clear | | | Prathama | |
| Creative Work | Siddha Yoga | | Prathama* Until 10:33AM | Moon – Orange | | Bhuloka Day | | |
| | | | | Vaisaka*Chaitra | | Devaloka Time: 3:PM to 6:PM | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda