



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:46PM – 5:35PM
Yama 12:07PM – 1:57PM
Rahu 5:35PM – 7:24PM

Vishakha **Until 12:28PM**
Vyatipata* **Until 10:59PM**
Vanija **Until 7:23PM**
Dvitiya **Until 8:01AM**

Ganesha: Blue *Sunrise: 4:50AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Malmö, Sweden
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 13.12 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:57PM – 3:47PM
Yama 10:17AM – 12:07PM
Rahu 6:38AM – 8:28AM

Anuradha **Until 12:13PM**
Variyan **Until 9:23PM**
Bava **Until 6:39PM**
Tritiya **Until 6:54AM**

Ganesha: Blue *Sunrise: 4:48AM*
Muruqa: Yellow *Sunset: 7:26PM*
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Malmö, Sweden
Sun 1
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 26.22 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:07PM – 1:57PM
Yama 8:26AM – 10:17AM
Rahu 3:48PM – 5:38PM

Jyeshtha* **Until 12:35PM**
Parigha* **Until 8:27PM**
Kaulava **Until 6:43PM**
Chaturthi* **Until 6:33AM**

Ganesha: Blue *Sunrise: 4:46AM*
Muruqa: Yellow *Sunset: 7:28PM*
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Malmö, Sweden
Sun 2
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 9.07 Tithi 20 – 21

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:16AM – 12:07PM
Yama 6:34AM – 8:25AM
Rahu 12:07PM – 1:58PM

Mula* **Until 2:04PM**
Shiva **Until 8:09PM**
Gara **Until 7:36PM**
Panchami **Until 7:02AM**

Ganesha: Yellow *Sunrise: 4:43AM*
Muruqa: Yellow *Sunset: 7:30PM*
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Malmö, Sweden
Sun 3
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 21.31 Tithi 21 – 22

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:24AM – 10:15AM
Yama 4:41AM – 6:32AM
Rahu 1:58PM – 3:49PM

Purvashadha* **Until 4:08PM**
Siddha **Until 8:23PM**
Visti **Until 9:12PM**
Shashthi* **Until 8:18AM**

Ganesha: Yellow *Sunrise: 4:41AM*
Muruqa: Yellow *Sunset: 7:32PM*
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Malmö, Sweden
Sun 4
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Retreat Star

Makara Rasi: 3.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 6:31AM – 8:23AM
Yama 3:50PM – 5:42PM
Rahu 10:14AM – 12:06PM

Uttarashadha **Until 6:35PM**
Sadhya **Until 9:04PM**
Balava **Until 11:22PM**
Saptami **Until 10:13AM**

Ganesha: Red *Sunrise: 4:39AM*
Muruqa: Yellow *Sunset: 7:34PM*
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Malmö, Sweden
Sun 5
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 15.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 4:36AM – 6:29AM
Yama 1:59PM – 3:51PM
Rahu 8:21AM – 10:14AM

Shravana **Until 9:44PM**
Subha **Until 10:01PM**
Taitila **Until 1:51AM**
Ashtami* **Until 12:34PM**

Ganesha: Green *Sunrise: 4:36AM*
Muruqa: Yellow *Sunset: 7:36PM*
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Malmö, Sweden
Sun 6
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Malmö, Sweden Sun 7 Sutra 14
Makara Rasi: 27.23	Tithi 24 – 25	Gulika 3:52PM – 5:45PM	Dhanishtha Until 12:48AM Mon	Ganesha: Green <i>Sunrise:</i> 4:34AM		Vikarin 5121
		Yama 12:06PM – 1:59PM	Sukla Until 11:01PM	Muruqa: Yellow <i>Sunset:</i> 7:38PM		Moon 4 - Phase 3
	294583469	Rahu 5:45PM – 7:38PM	Vanija Until 4:24AM Mon	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 3:06PM	Moon – Purple	Bhuloka Day	
Until 12:48AM Mon				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Malmö, Sweden Sun 8 Sutra 15
Kumbha Rasi: 9.13	Tithi 25 – 26	Gulika 1:59PM – 3:53PM	Shatabhishak Until 3:34AM Tue	Ganesha: Green <i>Sunrise:</i> 4:32AM		Vikarin 5121
Family Home Evening		Yama 10:12AM – 12:06PM	Brahma Until 11:57PM	Muruqa: Yellow <i>Sunset:</i> 7:40PM		Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:25AM – 8:19AM	Bava Until 6:46AM Tue	Nataraja: Clear		2nd Phase
Until 3:34AM Tue			Dashami Until 5:36PM	Moon – Purple	Bhuloka Day	
Then Routine Work - Marana Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Malmö, Sweden Sun 9 Sutra 16
Kumbha Rasi: 21.07	Tithi 26	Gulika 12:06PM – 2:00PM	Purvaproshtapada* Until 6:21AM Wed	Ganesha: Purple <i>Sunrise:</i> 4:30AM		Vikarin 5121
		Yama 8:18AM – 10:12AM	Indra Until 12:39AM Wed	Muruqa: Yellow <i>Sunset:</i> 7:42PM		Moon 4 - Phase 3
	214583469	Rahu 3:54PM – 5:48PM	Bava Until 6:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 7:49PM	Moon – Clear	Bhuloka Day	
Until 6:21AM Wed				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Malmö, Sweden Sun 10 Sutra 17
Meena Rasi: 3.08	Tithi 27	Gulika 10:11AM – 12:06PM	Purvaproshtapada* Until 6:21AM	Ganesha: Purple <i>Sunrise:</i> 4:27AM		Vikarin 5121
		Yama 6:22AM – 8:17AM	Vaidhriti* Until 12:59AM Thu	Muruqa: Yellow <i>Sunset:</i> 7:44PM		Moon 4 - Phase 3
	214583469	Rahu 12:06PM – 2:00PM	Kaulava Until 8:47AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 9:36PM	Moon – Clear	Bhuloka Day	
Until 6:21AM				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden Sun 11 Sutra 18
Meena Rasi: 15.22	Tithi 28	Gulika 8:15AM – 10:10AM	Uttaraproshtapada Until 8:31AM	Ganesha: Light Blue <i>Sunrise:</i> 4:25AM		Vikarin 5121
		Yama 4:25AM – 6:20AM	Vishkambha* Until 12:56AM Fri	Muruqa: Yellow <i>Sunset:</i> 7:46PM		Moon 4 - Phase 3
	215583469	Rahu 2:01PM – 3:56PM	Gara Until 10:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:52PM	Moon – Clear	Bhuloka Day	
Until 10:01AM				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Pradosha Vrata (Fasting)

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden Sun 12 Sutra 19
Meena Rasi: 27.48	Tithi 29	Gulika 6:19AM – 8:14AM	Revati Until 10:01AM	Ganesha: Light Blue <i>Sunrise:</i> 4:23AM		Vikarin 5121
		Yama 3:57PM – 5:52PM	Priti Until 12:28AM Sat	Muruqa: Yellow <i>Sunset:</i> 7:48PM		Moon 4 - Phase 3
	215583469	Rahu 10:10AM – 12:05PM	Visti Until 11:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:36PM	Moon – Clear	Bhuloka Day	
Until 10:01AM				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden Sun 13 Sutra 20
Mesha Rasi: 10.29	Tithi 30	Gulika 4:21AM – 6:17AM	Ashvini Until 11:18AM	Ganesha: Purple <i>Sunrise:</i> 4:21AM		Vikarin 5121
		Yama 2:01PM – 3:58PM	Ayushman Until 11:34PM	Muruqa: Yellow <i>Sunset:</i> 7:50PM		Moon 4 - Phase 3
	225583469	Rahu 8:13AM – 10:09AM	Catuspada Until 11:47AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 11:47PM	Moon – White	Bhuloka Day	
Until 11:55AM				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Malmö, Sweden Sun 14 Sutra 21
Mesha Rasi: 23.26	Tithi 1	Gulika 3:58PM – 5:55PM	Bharani Until 11:55AM	Ganesha: Purple <i>Sunrise:</i> 4:19AM		Vikarin 5121
		Yama 12:05PM – 2:02PM	Saubhagya Until 10:18PM	Muruqa: Yellow <i>Sunset:</i> 7:52PM		Moon 4 - Phase 3
	225583469	Rahu 5:55PM – 7:52PM	Kintughna Until 11:43AM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 11:30PM	Moon – White	Bhuloka Day	
Until 11:55AM				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Malmö, Sweden Sun 15 Sutra 22
1		Gulika 2:02PM – 3:59PM	Krittika Until 11:58AM	Ganesha: Purple	<i>Sunrise:</i> 4:17AM	Vikarin 5121
Vrishabha Rasi: 7	Tithi 2	Yama 10:08AM – 12:05PM	Sobhana Until 8:43PM	Muruga: Yellow	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:14AM – 8:11AM	Balava Until 11:13AM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 10:49PM	Moon – White		
Until 11:58AM				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Malmö, Sweden Sun 16 Sutra 23
2		Gulika 12:05PM – 2:03PM	Rohini Until 11:56AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:15AM	Vikarin 5121
Vrishabha Rasi: 19.59	Tithi 3	Yama 8:10AM – 10:07AM	Athiganda* Until 6:50PM	Muruga: Yellow	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 4
235583469		Rahu 4:00PM – 5:58PM	Taitila Until 10:21AM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Taitila Until 10:21AM	Moon – Yellow		
Until 11:56AM		Akshaya Tritiya	Tritiya Until 9:46PM	Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Vishti* Karana Chaturthyam Titau				Malmö, Sweden Sun 17 Sutra 24
3		Gulika 10:07AM – 12:05PM	Mrigashira Until 11:27AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:13AM	Vikarin 5121
Mithuna Rasi: 3.33	Tithi 4	Yama 6:11AM – 8:09AM	Sukarma Until 4:44PM	Muruga: Yellow	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 4
235583469		Rahu 12:05PM – 2:03PM	Vanija Until 9:10AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 8:27PM	Moon – Yellow		
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden Sun 18 Sutra 25
4		Gulika 8:08AM – 10:06AM	Ardra Until 10:35AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:11AM	Vikarin 5121
Mithuna Rasi: 17.16	Tithi 5	Yama 4:11AM – 6:09AM	Dhriti Until 2:28PM	Muruga: Yellow	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 4
235583469		Rahu 2:04PM – 4:02PM	Bava Until 7:43AM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Panchami Until 6:54PM	Moon – Yellow		
Until 10:35AM				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau				Malmö, Sweden Sun 19 Sutra 26
5		Gulika 6:08AM – 8:07AM	Punarvasu Until 9:48AM	Ganesha: Orange	<i>Sunrise:</i> 4:09AM	Vikarin 5121
Kataka Rasi: 1.07	Tithi 6 – 7	Yama 4:03PM – 6:02PM	Shula* Until 11:59AM	Muruga: Yellow	<i>Sunset:</i> 8:01PM	Moon 4 - Phase 4
245583469		Rahu 10:06AM – 12:05PM	Kaulava Until 6:04AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 5:09PM	Moon – Blue		
Until 9:48AM				Vaisaka-Chaitra	Devaloka Day	
Then Routine Work - Marana Yoga						

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden Sun 20 Sutra 27
6		Gulika 4:07AM – 6:06AM	Pushya Until 8:40AM	Ganesha: Orange	<i>Sunrise:</i> 4:07AM	Vikarin 5121
Kataka Rasi: 15.05	Tithi 7 – 8	Yama 2:04PM – 4:04PM	Ganda* Until 9:22AM	Muruga: Yellow	<i>Sunset:</i> 8:03PM	Moon 4 - Phase 4
245583469		Rahu 8:06AM – 10:05AM	Vishti Until 2:11AM Sun	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 3:12PM	Moon – Blue		
Until 8:40AM				Vaisaka-Chaitra	Devaloka Day	
Then Routine Work - Marana Yoga						

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden Sun 21 Sutra 28
Retreat Star		Gulika 4:05PM – 6:05PM	Ashlesha* Until 7:14AM	Ganesha: Clear	<i>Sunrise:</i> 4:05AM	Vikarin 5121
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 12:05PM – 2:05PM	Vridhhi Until 6:38AM	Muruga: Yellow	<i>Sunset:</i> 8:05PM	Moon 4 - Phase 4
246583469		Rahu 6:05PM – 8:05PM	Balava Until 12:00AM Mon	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 1:05PM	Moon – Blue		
Until 7:14AM		Mother's Day		Vaisaka-Chaitra	Devaloka Day	
Then Routine Work - Marana Yoga						


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden Sun 22 Sutra 29
Retreat Star		Gulika 2:05PM – 4:06PM	Purvaphalguni Until 4:22AM Tue	Ganesha: White	<i>Sunrise:</i> 4:03AM	Vikarin 5121
Simha Rasi: 13.22	Tithi 9 – 10	Yama 10:04AM – 12:05PM	Vyaghata* Until 12:46AM Tue	Muruga: Yellow	<i>Sunset:</i> 8:07PM	Moon 4 - Phase 4
256583469		Rahu 6:03AM – 8:04AM	Taitila Until 9:41PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Navami* Until 10:50AM	Moon – Red		
Until 4:22AM Tue				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

1		Tuesday, May 14, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
		Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau						Sun 23 Sutra 30	
Simha Rasi: 27.38	Tithi 10 – 11	Gulika	12:05PM – 2:06PM	Uttaraphalguni Until 2:37AM Wed	Ganesha: White	<i>Sunrise:</i> 4:01AM		Vikarin 5121	
		Yama	8:03AM – 10:04AM	Harshana Until 9:45PM	Muruqa: Yellow	<i>Sunset:</i> 8:09PM		Moon 4 - Phase 5	
		266583469 Rahu	4:07PM – 6:08PM	Vanija Until 7:19PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga			Dashami Until 8:29AM	Moon – Red		Bhuloka Day		
Until 2:37AM Wed					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

2		Wednesday, May 15, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
		Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau						Sun 24 Sutra 31	
Kanya Rasi: 11.55	Tithi 11 – 12	Gulika	10:03AM – 12:05PM	Hasta Until 1:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 3:59AM		Vikarin 5121	
		Yama	6:01AM – 8:02AM	Vajra* Until 6:44PM	Muruqa: Yellow	<i>Sunset:</i> 8:10PM		Moon 4 - Phase 5	
		266583469 Rahu	12:05PM – 2:06PM	Balava Until 3:45AM Thu	Nataraja: Clear			4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 6:06AM	Moon – Green		Devaloka Day		
Until 1:11AM Thu					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

3		Thursday, May 16, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
		Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau						Sun 25 Sutra 32	
Kanya Rasi: 26.11	Tithi 13	Gulika	8:01AM – 10:03AM	Chitra Until 11:45PM	Ganesha: Yellow	<i>Sunrise:</i> 3:57AM		Vikarin 5121	
		Yama	3:57AM – 5:59AM	Siddhi Until 3:49PM	Muruqa: Yellow	<i>Sunset:</i> 8:12PM		Moon 4 - Phase 5	
		266583469 Rahu	2:07PM – 4:09PM	Kaulava Until 2:39PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 1:34AM Fri	Moon – Green		Devaloka Day		
Until 11:45PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>					

4		Friday, May 17, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
		Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau						Sun 26 Sutra 33	
Tula Rasi: 10.19	Tithi 14	Gulika	5:58AM – 8:00AM	Svati Until 10:26PM	Ganesha: Yellow	<i>Sunrise:</i> 3:56AM		Vikarin 5121	
		Yama	4:09PM – 6:12PM	Vyatipata* Until 1:05PM	Muruqa: Yellow	<i>Sunset:</i> 8:14PM		Moon 4 - Phase 5	
		266583469 Rahu	10:03AM – 12:05PM	Gara Until 12:35PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 11:39PM	Moon – Green		Devaloka Day		
					Vaisaka-Vaikasi				

		Saturday, May 18, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam		Malmö, Sweden	
		Copper Retreat Star				Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 27 Sutra 34	
Tula Rasi: 24.17	Tithi 15	Gulika	3:54AM – 5:57AM	Vishakha Until 9:48PM	Ganesha: Blue	<i>Sunrise:</i> 3:54AM		Vikarin 5121	
		Yama	2:08PM – 4:10PM	Variyan Until 10:37AM	Muruqa: Yellow	<i>Sunset:</i> 8:16PM		Moon 4 - Phase 5	
		276583469 Rahu	7:59AM – 10:02AM	Visti Until 10:52AM	Nataraja: Clear			Purnima	
Creative Work	Siddha Yoga			Purnima* Until 10:09PM	Moon – Orange		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		

5		Sunday, May 19, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
		Silver Retreat Star				Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 35	
Vrischika Rasi: 7.58	Tithi 16	Gulika	4:11PM – 6:14PM	Anuradha Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 3:52AM		Vikarin 5121	
		Yama	12:05PM – 2:08PM	Parigha* Until 8:32AM	Muruqa: Yellow	<i>Sunset:</i> 8:17PM		Moon 4 - Phase 5	
		277583469 Rahu	6:14PM – 8:17PM	Balava Until 9:36AM	Nataraja: Clear			Prathama	
Routine Work	Marana Yoga			Prathama* Until 9:10PM	Moon – Orange		Devaloka Day		
					Vaisaka-Vaikasi				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 21.19 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:08PM – 4:12PM
Yama 10:01AM – 12:05PM
Rahu 5:54AM – 7:58AM

Jyeshtha* Until 9:47PM
Shiva Until 6:56AM
Taitila Until 8:56AM
Dvitiya Until 8:49PM

Malmö, Sweden
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 3:51AM
Muruqa: Yellow *Sunset:* 8:19PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 4.19 Tithi 18
Creative Work Amrita Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:05PM – 2:09PM
Yama 7:57AM – 10:01AM
Rahu 4:13PM – 6:17PM

Mula* Until 10:59PM
Sadhya Until 5:18AM Wed
Vanija Until 8:55AM
Tritiya Until 9:10PM

Malmö, Sweden
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 3:49AM
Muruqa: Yellow *Sunset:* 8:21PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.59 Tithi 19
Creative Work Amrita Yoga
Until 12:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:01AM – 12:05PM
Yama 5:52AM – 7:56AM
Rahu 12:05PM – 2:09PM

Purvashadha* Until 12:43AM Thu
Subha Until 5:19AM Thu
Bava Until 9:37AM
Chaturthi* Until 10:12PM

Malmö, Sweden
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 3:47AM
Muruqa: Yellow *Sunset:* 8:23PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 29.21 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 7:56AM – 10:00AM
Yama 3:46AM – 5:51AM
Rahu 2:10PM – 4:15PM

Uttarashadha Until 2:52AM Fri
Sukla Until 5:45AM Fri
Kaulava Until 10:59AM
Panchami Until 11:51PM

Malmö, Sweden
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 3:46AM
Muruqa: Yellow *Sunset:* 8:24PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 11.29 Tithi 21
Routine Work Marana Yoga
Until 5:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 5:50AM – 7:55AM
Yama 4:15PM – 6:21PM
Rahu 10:00AM – 12:05PM

Shravana Until 5:47AM Sat
Brahma Until 6:31AM Sat
Gara Until 12:54PM
Shashthi* Until 1:59AM Sat

Malmö, Sweden
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 3:45AM
Muruqa: Yellow *Sunset:* 8:26PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 23.26 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 3:43AM – 5:49AM
Yama 2:11PM – 4:16PM
Rahu 7:54AM – 10:00AM

Dhanishtha Until 8:44AM Sun
Brahma Until 6:31AM
Visti Until 3:11PM
Saptami Until 4:22AM Sun

Malmö, Sweden
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 3:43AM
Muruqa: Yellow *Sunset:* 8:27PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 5.18 Tithi 23
Routine Work Marana Yoga
Until 8:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:17PM – 6:23PM
Yama 12:05PM – 2:11PM
Rahu 6:23PM – 8:29PM

Dhanishtha Until 8:44AM
Indra Until 7:29AM
Balava Until 5:37PM
Ashtami* Until 6:47AM Mon

Malmö, Sweden
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 3:42AM
Muruqa: Yellow *Sunset:* 8:29PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 17.1 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 11:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:12PM – 4:18PM
Yama 9:59AM – 12:05PM
Rahu 5:47AM – 7:53AM

Shatabhishak Until 11:32AM
Vaidhriti* Until 8:25AM
Taitila Until 7:57PM
Ashtami* Until 6:47AM

Malmö, Sweden
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Blue *Sunrise:* 3:40AM
Muruqa: Yellow *Sunset:* 8:30PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Malmö, Sweden Sun 9
Kumbha Rasi: 29.06	Tithi 24 – 25	Gulika 12:06PM – 2:12PM	Purvaproshtapada* Until 2:26PM	Ganesha: Purple	<i>Sunrise:</i> 3:39AM	Vikarin 5121	
		Yama 7:52AM – 9:59AM	Vishkambha* Until 9:12AM	Muruqa: Yellow	<i>Sunset:</i> 8:32PM	Moon 5 - Phase 7	
		318683469 Rahu 4:19PM – 6:25PM	Vanija Until 10:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 9:00AM	Moon – Clear		Sivaloka Day	
Until 2:26PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Malmö, Sweden Sun 10
Meena Rasi: 11.11	Tithi 25 – 26	Gulika 9:59AM – 12:06PM	Uttaraproshtapada Until 4:45PM	Ganesha: Purple	<i>Sunrise:</i> 3:38AM	Vikarin 5121	
		Yama 3:37AM – 5:44AM	Priti Until 9:43AM	Muruqa: Yellow	<i>Sunset:</i> 8:33PM	Moon 5 - Phase 7	
		318683469 Rahu 12:06PM – 2:13PM	Bava Until 11:34PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 10:50AM	Moon – Clear		Sivaloka Day	
Until 4:45PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Malmö, Sweden Sun 11
Meena Rasi: 23.28	Tithi 26 – 27	Gulika 7:51AM – 9:59AM	Revati Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 3:37AM	Vikarin 5121	
		Yama 3:37AM – 5:44AM	Ayushman Until 9:47AM	Muruqa: Yellow	<i>Sunset:</i> 8:35PM	Moon 5 - Phase 7	
		318683469 Rahu 2:13PM – 4:20PM	Kaulava Until 12:33AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:07PM	Moon – Clear		Sivaloka Day	
Until 6:22PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Malmö, Sweden Sun 12
Mesha Rasi: 6.01	Tithi 27 – 28	Gulika 5:43AM – 7:51AM	Ashvini Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 3:36AM	Vikarin 5121	
		Yama 4:21PM – 6:29PM	Saubhagya Until 9:23AM	Muruqa: Yellow	<i>Sunset:</i> 8:36PM	Moon 5 - Phase 7	
		328683469 Rahu 9:58AM – 12:06PM	Gara Until 12:54AM Sat	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 12:47PM	Moon – White		Devaloka Day	
Until 7:42PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Malmö, Sweden Sun 13
Mesha Rasi: 18.53	Tithi 28 – 29	Gulika 3:35AM – 5:42AM	Bharani Until 8:14PM	Ganesha: White	<i>Sunrise:</i> 3:35AM	Vikarin 5121	
		Yama 2:14PM – 4:22PM	Sobhana Until 8:30AM	Muruqa: Yellow	<i>Sunset:</i> 8:38PM	Moon 5 - Phase 7	
		329683469 Rahu 7:50AM – 9:58AM	Visti Until 12:37AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:49PM	Moon – White		Bhuloka Day	
Until 8:14PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Malmö, Sweden Sun 14
Retreat Star		Gulika 4:22PM – 6:31PM	Krittika Until 8:02PM	Ganesha: White	<i>Sunrise:</i> 3:34AM	Vikarin 5121	
Vrishabha Rasi: 2.03	Tithi 29 – 30	Yama 12:06PM – 2:14PM	Athiganda* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 8:39PM	Moon 5 - Phase 7	
		329683469 Rahu 6:31PM – 8:39PM	Catuspada Until 11:44PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:14PM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Malmö, Sweden Sun 15
Vrishabha Rasi: 15.32	Tithi 30 – 1	Gulika 2:15PM – 4:23PM	Rohini Until 7:37PM	Ganesha: Green	<i>Sunrise:</i> 3:33AM	Vikarin 5121	
Family Home Evening		Yama 9:58AM – 12:06PM	Dhriti Until 3:01AM Tue	Muruqa: Yellow	<i>Sunset:</i> 8:40PM	Moon 5 - Phase 7	
		339683469 Rahu 5:41AM – 7:49AM	Kintughna Until 10:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 11:05AM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Malmö, Sweden Sun 16 Sutra 51
Vrishabha Rasi: 29.18	Tithi 1 – 2	Gulika 12:06PM – 2:15PM	Mrigashira Until 6:39PM	Ganesha: Green <i>Sunrise:</i> 3:32AM	Vikarin 5121
		Yama 7:49AM – 9:58AM	Shula* Until 12:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 8:41PM	Moon 5 - Phase 8
		339683461 Rahu 4:24PM – 6:33PM	Balava Until 8:35PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 9:30AM	Moon – Yellow	Bhuloka Day
Until 6:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Malmö, Sweden Sun 17 Sutra 52
Mithuna Rasi: 13.17	Tithi 2 – 3	Gulika 9:58AM – 12:07PM	Ardra Until 5:14PM	Ganesha: Green <i>Sunrise:</i> 3:31AM	Vikarin 5121
		Yama 5:40AM – 7:49AM	Ganda* Until 9:42PM	Muruqa: Yellow <i>Sunset:</i> 8:42PM	Moon 5 - Phase 8
		339683461 Rahu 12:07PM – 2:16PM	Taitila Until 6:31PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:34AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Malmö, Sweden Sun 18 Sutra 53
Mithuna Rasi: 27.26	Tithi 4	Gulika 7:48AM – 9:58AM	Punarvasu Until 3:55PM	Ganesha: White <i>Sunrise:</i> 3:30AM	Vikarin 5121
		Yama 3:30AM – 5:39AM	Vridhi Until 6:48PM	Muruqa: Yellow <i>Sunset:</i> 8:44PM	Moon 5 - Phase 8
		349683461 Rahu 2:16PM – 4:25PM	Vanija Until 4:15PM	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:04AM Fri	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Malmö, Sweden Sun 19 Sutra 54
Kataka Rasi: 11.41	Tithi 5	Gulika 5:39AM – 7:48AM	Pushya Until 2:21PM	Ganesha: White <i>Sunrise:</i> 3:29AM	Vikarin 5121
		Yama 4:26PM – 6:35PM	Dhruva Until 3:49PM	Muruqa: Yellow <i>Sunset:</i> 8:45PM	Moon 5 - Phase 8
		349683461 Rahu 9:58AM – 12:07PM	Bava Until 1:54PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Panchami Until 12:42AM Sat	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Malmö, Sweden Sun 20 Sutra 55
Kataka Rasi: 25.58	Tithi 6	Gulika 3:29AM – 5:38AM	Ashlesha* Until 12:38PM	Ganesha: White <i>Sunrise:</i> 3:29AM	Vikarin 5121
		Yama 2:17PM – 4:26PM	Vyaghata* Until 12:50PM	Muruqa: Yellow <i>Sunset:</i> 8:46PM	Moon 5 - Phase 8
		349683461 Rahu 7:48AM – 9:58AM	Kaulava Until 11:32AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 10:20PM	Moon – Blue	Bhuloka Day
Until 12:38PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Malmö, Sweden Sun 21 Sutra 56
Simha Rasi: 10.13	Tithi 7	Gulika 4:27PM – 6:37PM	Magha* Until 11:14AM	Ganesha: Yellow <i>Sunrise:</i> 3:28AM	Vikarin 5121
		Yama 12:07PM – 2:17PM	Harshana Until 9:53AM	Muruqa: Yellow <i>Sunset:</i> 8:47PM	Moon 5 - Phase 8
		351683461 Rahu 6:37PM – 8:47PM	Gara Until 9:12AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Saptami Until 8:03PM	Moon – Red	Devaloka Day
Until 11:14AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Malmö, Sweden Sun 22 Sutra 57
Simha Rasi: 24.25	Tithi 8 – 9	Gulika 2:17PM – 4:27PM	Purvaphalguni Until 9:48AM	Ganesha: Yellow <i>Sunrise:</i> 3:28AM	Vikarin 5121
Family Home Evening		Yama 9:58AM – 12:08PM	Vajra* Until 7:00AM	Muruqa: Yellow <i>Sunset:</i> 8:47PM	Moon 5 - Phase 8
		351683461 Rahu 5:38AM – 7:48AM	Visti Until 6:58AM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Malmö, Sweden Sun 23 Sutra 58
Kanya Rasi: 8.32	Tithi 9 – 10	Gulika 12:08PM – 2:18PM	Uttaraphalguni Until 8:21AM	Ganesha: Yellow <i>Sunrise:</i> 3:27AM	Vikarin 5121
		Yama 7:47AM – 9:58AM	Vyatipata* Until 1:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 8:48PM	Moon 5 - Phase 8
		351683461 Rahu 4:28PM – 6:38PM	Taitila Until 2:53AM Wed	Nataraja: Yellow	Navami
Creative Work	Amrita Yoga		Navami* Until 3:49PM	Moon – Red	Devaloka Day
Until 8:21AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 24 Sutra 59	
Kanya Rasi: 22.32	Tithi 10 – 11	Gulika 9:58AM – 12:08PM	Hasta Until 7:21AM	Ganesha: White	<i>Sunrise:</i> 3:27AM	Vikarin 5121	
		Yama 5:37AM – 7:47AM	Variyan Until 11:07PM	Muruqa: Yellow	<i>Sunset:</i> 8:49PM	Moon 5 - Phase 9	
	361683461	Rahu 12:08PM – 2:18PM	Vanija Until 1:08AM Thu	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Dashami Until 1:58PM	Moon – Green		Bhuloka Day	
Until 7:21AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 25 Sutra 60	
Tula Rasi: 6.25	Tithi 11 – 12	Gulika 7:47AM – 9:58AM	Chitra Until 6:25AM	Ganesha: White	<i>Sunrise:</i> 3:26AM	Vikarin 5121	
		Yama 3:26AM – 5:37AM	Parigha* Until 8:51PM	Muruqa: Yellow	<i>Sunset:</i> 8:50PM	Moon 5 - Phase 9	
	361683461	Rahu 2:19PM – 4:29PM	Bava Until 11:39PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:20PM	Moon – Green		Bhuloka Day	
Until 6:25AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 26 Sutra 61	
Tula Rasi: 20.07	Tithi 12 – 13	Gulika 5:37AM – 7:47AM	Vishakha Until 5:27AM Sat	Ganesha: Clear	<i>Sunrise:</i> 3:26AM	Vikarin 5121	
		Yama 4:29PM – 6:40PM	Shiva Until 6:52PM	Muruqa: Blue	<i>Sunset:</i> 8:50PM	Moon 5 - Phase 9	
	371693461	Rahu 9:58AM – 12:08PM	Kaulava Until 10:29PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:00AM	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 27 Sutra 62	
Vrischika Rasi: 3.38	Tithi 13 – 14	Gulika 3:26AM – 5:36AM	Anuradha Until 5:33AM Sun	Ganesha: White	<i>Sunrise:</i> 3:26AM	Vikarin 5121	
		Yama 2:19PM – 4:30PM	Siddha Until 5:09PM	Muruqa: Blue	<i>Sunset:</i> 8:51PM	Moon 5 - Phase 9	
	371793461	Rahu 7:47AM – 9:58AM	Gara Until 9:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 10:01AM	Moon – Orange		Subha Sivaloka Day	
Until 5:33AM Sun				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Malmö, Sweden Sutra 63	
Copper Retreat Star							
Vrischika Rasi: 16.54	Tithi 14 – 15	Gulika 4:30PM – 6:41PM	Jyeshtha* Until 6:00AM Mon	Ganesha: White	<i>Sunrise:</i> 3:26AM	Vikarin 5121	
		Yama 12:09PM – 2:19PM	Sadhya Until 3:49PM	Muruqa: Blue	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9	
	371793461	Rahu 6:41PM – 8:52PM	Visti Until 9:25PM	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 9:29AM	Moon – Orange		Subha Sivaloka Day	
Until 6:00AM Mon		Father's Day		Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Malmö, Sweden Sutra 64	
Vrischika Rasi: 29.55	Tithi 15 – 16	Gulika 2:20PM – 4:31PM	Jyeshtha* Until 6:00AM	Ganesha: White	<i>Sunrise:</i> 3:26AM	Vikarin 5121	
Family Home Evening		Yama 9:58AM – 12:09PM	Subha Until 2:55PM	Muruqa: Blue	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9	
	371793461	Rahu 5:36AM – 7:47AM	Balava Until 9:39PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 9:27AM	Moon – Orange		Subha Sivaloka Day	
Until 6:00AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden
Sutra 65

Dhanus Rasi: 12.39 Tithi 16 – 17

Gulika 12:09PM – 2:20PM
Yama 7:47AM – 9:58AM
381793461 **Rahu** 4:31PM – 6:42PM

Mula* Until 7:16AM
Sukla Until 2:26PM
Taitila Until 10:28PM
Prathama* Until 9:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:26AM
Sunset: 8:53PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 7:16AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Malmö, Sweden
Sun 1 Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

Gulika 9:58AM – 12:09PM
Yama 5:36AM – 7:47AM
382793461 **Rahu** 12:09PM – 2:20PM

Purvashadha* Until 8:57AM
Brahma Until 2:24PM
Vanija Until 11:49PM
Dvitiya Until 11:03AM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:26AM
Sunset: 8:53PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Malmö, Sweden
Sun 2 Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

Gulika 7:48AM – 9:59AM
Yama 3:26AM – 5:37AM
382793461 **Rahu** 2:20PM – 4:31PM

Uttarashadha Until 10:59AM
Indra Until 2:47PM
Bava Until 1:40AM Fri
Tritya Until 12:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 3:26AM
Sunset: 8:53PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 10:59AM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili*/Vishkambha* Yoga Bala*/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden
Sun 3 Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

Gulika 5:37AM – 7:48AM
Yama 4:32PM – 6:43PM
392793461 **Rahu** 9:59AM – 12:10PM

Shravana Until 1:46PM
Vaidhrili* Until 3:27PM
Kaulava Until 3:51AM Sat
Chaturthi* Until 2:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:26AM
Sunset: 8:54PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 1:46PM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden
Sun 4 Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

Gulika 3:26AM – 5:37AM
Yama 2:21PM – 4:32PM
392793461 **Rahu** 7:48AM – 9:59AM

Dhanishtha Until 4:39PM
Vishkambha* Until 4:21PM
Gara Until 6:13AM Sun
Panchami Until 5:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:26AM
Sunset: 8:54PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 4:39PM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden
Sun 5 Sutra 70

Kumbha Rasi: 13.16 Tithi 21

Gulika 4:32PM – 6:43PM
Yama 12:10PM – 2:21PM
392793461 **Rahu** 6:43PM – 8:54PM

Shatabhishak Until 7:27PM
Priti Until 5:20PM
Gara Until 6:13AM
Shashthi* Until 7:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 3:26AM
Sunset: 8:54PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthpada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Malmö, Sweden
Sun 6 Sutra 71

Kumbha Rasi: 25.08 Tithi 22

Family Home Evening

312793461

Gulika 2:21PM – 4:32PM
Yama 9:59AM – 12:10PM
Rahu 5:38AM – 7:48AM

Purvaprosarthpada* Until 10:29PM
Ayushman Until 6:12PM
Visti Until 8:35AM
Saptami Until 9:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:27AM
Sunset: 8:54PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 10:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthpada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden
Sun 7 Sutra 72

Meena Rasi: 7.05 Tithi 23

312793461

Gulika 12:10PM – 2:21PM
Yama 7:49AM – 10:00AM
Rahu 4:32PM – 6:43PM

Uttaraprosarthpada Until 1:03AM Wed
Saubhagya Until 6:53PM
Balava Until 10:45AM
Ashtami* Until 11:40PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:27AM
Sunset: 8:54PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 1:03AM Wed
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden
Sun 8 Sutra 73

Meena Rasi: 19.1 Tithi 24

312793461

Gulika 10:00AM – 12:11PM
Yama 5:38AM – 7:49AM
Rahu 12:11PM – 2:21PM

Revati Until 2:59AM Thu
Sobhana Until 7:14PM
Taitila Until 12:31PM
Navami* Until 1:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 3:27AM
Sunset: 8:54PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 2:59AM Thu
Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Malmö, Sweden Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	Gulika 7:49AM – 10:00AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 3:28AM		Vikarin 5121
		Yama 3:28AM – 5:39AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 8:54PM		Moon 6 - Phase 11
	322793461	Rahu 2:22PM – 4:32PM	Vanija Until 1:43PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White		Devaloka Day	
Until 4:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Malmö, Sweden Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	Gulika 5:39AM – 7:50AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 3:29AM		Vikarin 5121
		Yama 4:32PM – 6:43PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 8:54PM		Moon 6 - Phase 11
	322793461	Rahu 10:00AM – 12:11PM	Bava Until 2:16PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:15AM Sat	Moon – White		Devaloka Day	
Until 5:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Malmö, Sweden Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	Gulika 3:29AM – 5:40AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 3:29AM		Vikarin 5121
		Yama 2:22PM – 4:32PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 8:53PM		Moon 6 - Phase 11
	322793461	Rahu 7:50AM – 10:01AM	Kaulava Until 2:06PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White		Devaloka Day	
Until 5:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Malmö, Sweden Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	Gulika 4:32PM – 6:43PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 3:30AM		Vikarin 5121
		Yama 12:11PM – 2:22PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 8:53PM		Moon 6 - Phase 11
	322793461	Rahu 6:43PM – 8:53PM	Gara Until 1:12PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow		Devaloka Day	
Until 4:56AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Malmö, Sweden Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	Gulika 2:22PM – 4:32PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 3:31AM		Vikarin 5121
Family Home Evening		Yama 10:01AM – 12:12PM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 8:53PM		Moon 6 - Phase 11
	322793461	Rahu 5:41AM – 7:51AM	Visti Until 11:39AM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Yellow		Devaloka Day	
Until 3:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Malmö, Sweden Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	Gulika 12:12PM – 2:22PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 3:31AM		Vikarin 5121
		Yama 7:52AM – 10:02AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 8:52PM		Moon 6 - Phase 11
	322793461	Rahu 4:32PM – 6:42PM	Catuspada Until 9:33AM	Nataraja: Yellow			Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow		Devaloka Day	
Until 1:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Malmö, Sweden Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 10:02AM – 12:12PM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 3:32AM		Vikarin 5121
		Yama 5:42AM – 7:52AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 8:52PM		Moon 6 - Phase 11
	343793461	Rahu 12:12PM – 2:22PM	Kintughna Until 7:00AM	Nataraja: Yellow			Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue		Sivaloka Day	
Until 12:08AM Thu				Ashada-Ani			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Malmö, Sweden Sun 16 Sutra 81	
Kataka Rasi: 6.53	Tithi 2 – 3	Gulika 7:53AM – 10:02AM	Pushya Until 9:58PM	Ganesha: Yellow	<i>Sunrise:</i> 3:33AM	Vikarin 5121	
		Yama 3:33AM – 5:43AM	Harshana Until 12:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 8:51PM	Moon 6 - Phase 12	
		343793461 Rahu 2:22PM – 4:32PM	Taitila Until 1:10AM Fri	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 2:39PM	Moon – Blue		Sivaloka Day	
Until 9:58PM				Ashada-Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Malmö, Sweden Sun 17 Sutra 82	
Kataka Rasi: 21.34	Tithi 3 – 4	Gulika 5:44AM – 7:53AM	Ashlesha* Until 7:37PM	Ganesha: Yellow	<i>Sunrise:</i> 3:34AM	Vikarin 5121	
		Yama 4:31PM – 6:41PM	Vajra* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 8:50PM	Moon 6 - Phase 12	
		343793461 Rahu 10:03AM – 12:12PM	Vanija Until 10:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 11:37AM	Moon – Blue		Sivaloka Day	
				Ashada-Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 18 Sutra 83	
Simha Rasi: 6.15	Tithi 4 – 5	Gulika 3:35AM – 5:45AM	Magha* Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 3:35AM	Vikarin 5121	
		Yama 2:22PM – 4:31PM	Siddhi Until 5:17PM	Muruqa: Blue	<i>Sunset:</i> 8:50PM	Moon 6 - Phase 12	
		353793461 Rahu 7:54AM – 10:03AM	Bava Until 7:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 8:37AM	Moon – Red		Subha Sivaloka Day	
Until 5:37PM				Ashada-Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Malmö, Sweden Sun 19 Sutra 84	
Simha Rasi: 20.5	Tithi 6	Gulika 4:31PM – 6:40PM	Purvaphalguni Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 3:36AM	Vikarin 5121	
		Yama 12:13PM – 2:22PM	Vyatipata* Until 1:59PM	Muruqa: Blue	<i>Sunset:</i> 8:49PM	Moon 6 - Phase 12	
		453793461 Rahu 6:40PM – 8:49PM	Kaulava Until 4:27PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:10AM Mon	Moon – Red		Sivaloka Day	
Until 3:40PM				Ashada-Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Malmö, Sweden Sun 20 Sutra 85	
Kanya Rasi: 5.14	Tithi 7	Gulika 2:22PM – 4:30PM	Uttaraphalguni Until 1:52PM	Ganesha: Yellow	<i>Sunrise:</i> 3:37AM	Vikarin 5121	
Family Home Evening		Yama 10:04AM – 12:13PM	Varyan Until 10:53AM	Muruqa: Blue	<i>Sunset:</i> 8:48PM	Moon 6 - Phase 12	
		453793461 Rahu 5:46AM – 7:55AM	Gara Until 2:00PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:53AM Tue	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada-Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Malmö, Sweden Sun 21 Sutra 86	
Kanya Rasi: 19.24	Tithi 8	Gulika 12:13PM – 2:21PM	Hasta Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 3:39AM	Vikarin 5121	
		Yama 7:56AM – 10:04AM	Parigha* Until 8:06AM	Muruqa: Blue	<i>Sunset:</i> 8:47PM	Moon 6 - Phase 12	
		463793461 Rahu 4:30PM – 6:39PM	Visti Until 11:54AM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 11:00PM	Moon – Green		Subha Sivaloka Day	
				Ashada-Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Malmö, Sweden Sun 22 Sutra 87	
Tula Rasi: 3.19	Tithi 9	Gulika 10:05AM – 12:13PM	Chitra Until 11:50AM	Ganesha: Yellow	<i>Sunrise:</i> 3:40AM	Vikarin 5121	
		Yama 5:48AM – 7:56AM	Siddha Until 3:32AM Thu	Muruqa: Blue	<i>Sunset:</i> 8:46PM	Moon 6 - Phase 12	
		463893461 Rahu 12:13PM – 2:21PM	Balava Until 10:14AM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 9:32PM	Moon – Green		Sivaloka Day	
				Ashada-Ani			


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau			Malmö, Sweden Sun 23 Sutra 88	
Tula Rasi: 16.58	Tithi 10	Gulika 7:57AM – 10:05AM	Svati Until 11:15AM	Ganesha: Yellow	<i>Sunrise:</i> 3:41AM	Vikarin 5121		
		Yama 3:41AM – 5:49AM	Sadhya Until 1:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 8:45PM	Moon 6 - Phase 13		
		463893461 Rahu 2:21PM – 4:29PM	Taitila Until 9:00AM	Nataraja: Yellow		4th Phase		
Creative Work	Amrita Yoga		Dashami Until 8:32PM	Moon – Green		Sivaloka Day		
Until 11:15AM				Ashada•Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau			Malmö, Sweden Sun 24 Sutra 89	
Vrischika Rasi: 0.2	Tithi 11	Gulika 5:50AM – 7:58AM	Vishakha Until 11:25AM	Ganesha: White	<i>Sunrise:</i> 3:42AM	Vikarin 5121		
		Yama 4:29PM – 6:36PM	Subha Until 12:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 8:44PM	Moon 6 - Phase 13		
		473893461 Rahu 10:06AM – 12:13PM	Vanija Until 8:13AM	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Ekadashi Until 8:00PM	Moon – Orange		Devaloka Day		
				Ashada•Ani				

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau			Malmö, Sweden Sun 25 Sutra 90	
Vrischika Rasi: 13.28	Tithi 12	Gulika 3:44AM – 5:51AM	Anuradha Until 11:54AM	Ganesha: White	<i>Sunrise:</i> 3:44AM	Vikarin 5121		
		Yama 2:21PM – 4:28PM	Sukla Until 11:29PM	Muruqa: Blue	<i>Sunset:</i> 8:43PM	Moon 6 - Phase 13		
		473893461 Rahu 7:59AM – 10:06AM	Bava Until 7:56AM	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Dvadashi Until 7:56PM	Moon – Orange		Devaloka Day		
				Ashada•Ani				

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Malmö, Sweden Sun 26 Sutra 91	
Vrischika Rasi: 26.2	Tithi 13	Gulika 4:28PM – 6:35PM	Jyeshtha* Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 3:45AM	Vikarin 5121		
		Yama 12:13PM – 2:21PM	Brahma Until 10:53PM	Muruqa: Blue	<i>Sunset:</i> 8:42PM	Moon 6 - Phase 13		
		473893461 Rahu 6:35PM – 8:42PM	Kaulava Until 8:07AM	Nataraja: Yellow		4th Phase		
Routine Work	Marana Yoga		Trayodashi Until 8:22PM	Moon – Orange		Devaloka Day		
Until 12:43PM				Ashada•Ani				
Then Creative Work - Amrita Yoga								
				<i>Pradosha Vrata</i>				

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Malmö, Sweden Sun 27 Sutra 92	
Dhanus Rasi: 9	Tithi 14	Gulika 2:20PM – 4:27PM	Mula* Until 2:18PM	Ganesha: Clear	<i>Sunrise:</i> 3:46AM	Vikarin 5121		
Family Home Evening		Yama 10:07AM – 12:14PM	Indra Until 10:41PM	Muruqa: Blue	<i>Sunset:</i> 8:41PM	Moon 6 - Phase 13		
		483893461 Rahu 5:53AM – 8:00AM	Gara Until 8:47AM	Nataraja: Yellow		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:16PM	Moon – Light Blue		Sivaloka Day		
Until 2:18PM				Ashada•Ani				
Then Routine Work - Marana Yoga								

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Malmö, Sweden Sun 28 Sutra 93	
Dhanus Rasi: 21.26	Tithi 15	Gulika 12:14PM – 2:20PM	Purvashadha* Until 4:10PM	Ganesha: Clear	<i>Sunrise:</i> 3:48AM	Vikarin 5121		
		Yama 8:01AM – 10:07AM	Vaidhriti* Until 10:48PM	Muruqa: Blue	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 13		
		483893461 Rahu 4:27PM – 6:33PM	Visti Until 9:54AM	Nataraja: Yellow		Purnima		
Creative Work	Siddha Yoga		Purnima* Until 10:37PM	Moon – Light Blue		Sivaloka Day		
Until 4:10PM				Ashada•Adi				
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima						

Wednesday, July 17, 2019		Silver Retreat Star			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Malmö, Sweden Sun 29 Sutra 94	
Makara Rasi: 3.41	Tithi 16	Gulika 10:08AM – 12:14PM	Uttarashadha Until 6:18PM	Ganesha: Purple	<i>Sunrise:</i> 3:49AM	Vikarin 5121			
		Yama 5:55AM – 8:02AM	Vishkambha* Until 11:14PM	Muruqa: Blue	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 13			
		484893462 Rahu 12:14PM – 2:20PM	Balava Until 11:28AM	Nataraja: White		Prathama			
Creative Work	Amrita Yoga		Prathama* Until 12:23AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day			
Until 6:18PM				Ashada•Adi					
Then Creative Work - Siddha Yoga									



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Malmö, Sweden
Sun 1 Sutra 95
Vikarin 5121

Makara Rasi: 15.47 Tithi 17
494893462 Rahu
Creative Work Siddha Yoga

Gulika 8:02AM – 10:08AM
Yama 3:51AM – 5:57AM
Rahu 2:20PM – 4:25PM

Shravana Until 9:05PM
Priti Until 11:57PM
Taitila Until 1:24PM
Dvitiya Until 2:28AM Fri

Ganesha: Clear *Sunrise: 3:51AM*
Muruqa: Blue *Sunset: 8:37PM*
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden
Sun 2 Sutra 96
Vikarin 5121

Makara Rasi: 27.46 Tithi 18
494893462 Rahu
Creative Work Siddha Yoga

Gulika 5:58AM – 8:03AM
Yama 4:25PM – 6:30PM
Rahu 10:08AM – 12:14PM

Dhanishtha Until 11:57PM
Ayushman Until 12:49AM Sat
Vanija Until 3:37PM
Tritiya Until 4:47AM Sat

Ganesha: Clear *Sunrise: 3:52AM*
Muruqa: Blue *Sunset: 8:35PM*
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Malmö, Sweden
Sun 3 Sutra 97
Vikarin 5121

Kumbha Rasi: 9.39 Tithi 19
494893462 Rahu
Creative Work Amrita Yoga
Until 2:45AM Sun
Then Creative Work - Siddha Yoga

Gulika 3:54AM – 5:59AM
Yama 2:19PM – 4:24PM
Rahu 8:04AM – 10:09AM

Shatabhishak Until 2:45AM Sun
Saubhagya Until 1:48AM Sun
Bava Until 6:00PM
Chaturthi* Until 7:12AM Sun

Ganesha: Clear *Sunrise: 3:54AM*
Muruqa: Blue *Sunset: 8:34PM*
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden
Sun 4 Sutra 98
Vikarin 5121

Kumbha Rasi: 21.31 Tithi 19 – 20
414893462 Rahu
Creative Work Siddha Yoga

Gulika 4:23PM – 6:28PM
Yama 12:14PM – 2:19PM
Rahu 6:28PM – 8:32PM

Purvaproshtapada* Until 5:53AM Mon
Sobhana Until 2:46AM Mon
Kaulava Until 8:25PM
Chaturthi* Until 7:12AM

Ganesha: Clear *Sunrise: 3:55AM*
Muruqa: Blue *Sunset: 8:32PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden
Sun 5 Sutra 99
Vikarin 5121

Meena Rasi: 3.23 Tithi 20 – 21
414893462 Rahu
Family Home Evening
Creative Work Siddha Yoga

Gulika 2:18PM – 4:22PM
Yama 10:10AM – 12:14PM
Rahu 6:01AM – 8:06AM

Uttaraproshtapada Until 8:40AM Tue
Athiganda* Until 3:35AM Tue
Gara Until 10:42PM
Panchami Until 9:34AM

Ganesha: Clear *Sunrise: 3:57AM*
Muruqa: Blue *Sunset: 8:31PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden
Sun 6 Sutra 100
Vikarin 5121

Meena Rasi: 15.19 Tithi 21 – 22
414893462 Rahu
Creative Work Amrita Yoga
Until 8:40AM
Then Creative Work - Siddha Yoga

Gulika 12:14PM – 2:18PM
Yama 8:06AM – 10:10AM
Rahu 4:22PM – 6:26PM

Uttaraproshtapada Until 8:40AM
Sukarma Until 4:11AM Wed
Visti Until 12:42AM Wed
Shashthi* Until 11:44AM

Ganesha: Clear *Sunrise: 3:59AM*
Muruqa: Blue *Sunset: 8:29PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

Retreat Star

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden
Sun 7 Sutra 101
Vikarin 5121

Meena Rasi: 27.23 Tithi 22 – 23
414893462 Rahu
Routine Work Marana Yoga

Gulika 10:11AM – 12:14PM
Yama 6:04AM – 8:07AM
Rahu 12:14PM – 2:17PM

Revati Until 10:57AM
Dhriti Until 4:26AM Thu
Balava Until 2:16AM Thu
Saptami Until 1:32PM

Ganesha: Clear *Sunrise: 4:00AM*
Muruqa: Blue *Sunset: 8:28PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden
Sun 8 Sutra 102
Vikarin 5121

Mesha Rasi: 9.4 Tithi 23 – 24
424893462 Rahu
Creative Work Amrita Yoga
Until 1:04PM
Then Creative Work - Siddha Yoga

Gulika 8:08AM – 10:11AM
Yama 4:02AM – 6:05AM
Rahu 2:17PM – 4:20PM

Ashvini Until 1:04PM
Shula* Until 4:10AM Fri
Taitila Until 3:13AM Fri
Ashtami* Until 2:48PM

Ganesha: White *Sunrise: 4:02AM*
Muruqa: Blue *Sunset: 8:26PM*
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Malmö, Sweden Sun 9 Sutra 103	
Mesha Rasi: 22.11	Tithi 24 – 25	Gulika 6:06AM – 8:09AM	Bharani Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 4:04AM		Vikarin 5121
		Yama 4:19PM – 6:22PM	Ganda* Until 3:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 8:24PM		Moon 7 - Phase 15
		424893462 Rahu 10:11AM – 12:14PM	Vanija Until 3:27AM Sat	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 3:25PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 10 Sutra 104	
Vrishabha Rasi: 5.04	Tithi 25 – 26	Gulika 4:05AM – 6:08AM	Krittika Until 2:49PM	Ganesha: White	<i>Sunrise:</i> 4:05AM		Vikarin 5121
		Yama 2:16PM – 4:18PM	Vriddhi Until 1:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 8:23PM		Moon 7 - Phase 15
		424893462 Rahu 8:10AM – 10:12AM	Bava Until 2:55AM Sun	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 3:16PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 11 Sutra 105	
Vrishabha Rasi: 18.21	Tithi 26 – 27	Gulika 4:17PM – 6:19PM	Rohini Until 2:47PM	Ganesha: Yellow	<i>Sunrise:</i> 4:07AM		Vikarin 5121
		Yama 12:14PM – 2:16PM	Dhruva Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 8:21PM		Moon 7 - Phase 15
		424893462 Rahu 6:19PM – 8:21PM	Kaulava Until 1:36AM Mon	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:20PM	Moon – Yellow		Subha Sivaloka Day	
						Ashada-Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 12 Sutra 106	
Mithuna Rasi: 2.04	Tithi 27 – 28	Gulika 2:15PM – 4:17PM	Mrigashira Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 4:09AM		Vikarin 5121
Family Home Evening		Yama 10:13AM – 12:14PM	Vyaghata* Until 9:14PM	Muruqa: Blue	<i>Sunset:</i> 8:19PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 Rahu 6:10AM – 8:11AM	Gara Until 11:35PM	Nataraja: White			2nd Phase
Until 1:51PM			Dvadashi* Until 12:39PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada-Adi	
						Pradosha Vrata (Fasting)	

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 13 Sutra 107	
Mithuna Rasi: 16.14	Tithi 28 – 29	Gulika 12:14PM – 2:15PM	Ardra Until 12:07PM	Ganesha: White	<i>Sunrise:</i> 4:11AM		Vikarin 5121
		Yama 8:12AM – 10:13AM	Harshana Until 6:07PM	Muruqa: Blue	<i>Sunset:</i> 8:17PM		Moon 7 - Phase 15
		424893462 Rahu 4:16PM – 6:16PM	Visti Until 8:57PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 10:19AM	Moon – Yellow		Sivaloka Day	
Until 12:07PM						Ashada-Adi	
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Malmö, Sweden Sun 14 Sutra 108	
Retreat Star		Gulika 10:14AM – 12:14PM	Punarvasu Until 10:09AM	Ganesha: Green	<i>Sunrise:</i> 4:13AM		Vikarin 5121
Kataka Rasi: 0.46	Tithi 29 – 30	Yama 6:13AM – 8:13AM	Vajra* Until 2:33PM	Muruqa: Blue	<i>Sunset:</i> 8:15PM		Moon 7 - Phase 15
		424893462 Rahu 12:14PM – 2:14PM	Naga Until 4:11AM Thu	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 7:27AM	Moon – Blue		Sivaloka Day	
						Ashada-Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Malmö, Sweden Sun 15 Sutra 109	
Kataka Rasi: 15.37	Tithi 1	Gulika 8:14AM – 10:14AM	Pushya Until 7:40AM	Ganesha: Green	<i>Sunrise:</i> 4:14AM		Vikarin 5121
		Yama 4:14AM – 6:14AM	Siddhi Until 10:43AM	Muruqa: Blue	<i>Sunset:</i> 8:13PM		Moon 7 - Phase 15
		424893462 Rahu 2:14PM – 4:14PM	Kintughna Until 2:28PM	Nataraja: White			Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:41AM Fri	Moon – Blue		Sivaloka Day	
Until 7:40AM						Sravana-Adi	
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Malmö, Sweden Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.38	Tithi 2	Gulika 6:16AM – 8:15AM	Magha* Until 2:13AM Sat	Ganesha: White	<i>Sunrise:</i> 4:16AM		
		Yama 4:13PM – 6:12PM	Vyatipata* Until 6:45AM	Muruqa: Blue	<i>Sunset:</i> 8:11PM		Moon 7 - Phase 16
		455893462 Rahu 10:14AM – 12:14PM	Balava Until 10:55AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day	
Until 2:13AM Sat				Sravana*Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Malmö, Sweden Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.41	Tithi 3 – 4	Gulika 4:18AM – 6:17AM	Purvaphalguni Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 4:18AM		
		Yama 2:13PM – 4:12PM	Parigha* Until 10:49PM	Muruqa: Blue	<i>Sunset:</i> 8:09PM		Moon 7 - Phase 16
		455893462 Rahu 8:16AM – 10:15AM	Taitila Until 7:22AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:37PM	Moon – Red		Sivaloka Day	
Until 11:36PM				Sravana*Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0.37	Tithi 4 – 5	Gulika 4:11PM – 6:09PM	Uttaraphalguni Until 9:06PM	Ganesha: Yellow	<i>Sunrise:</i> 4:20AM		
		Yama 12:14PM – 2:12PM	Shiva Until 7:08PM	Muruqa: Blue	<i>Sunset:</i> 8:07PM		Moon 7 - Phase 16
		455993462 Rahu 6:09PM – 8:07PM	Bava Until 12:51AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 2:20PM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana*Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Malmö, Sweden Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 15.19	Tithi 5 – 6	Gulika 2:11PM – 4:09PM	Hasta Until 7:17PM	Ganesha: White	<i>Sunrise:</i> 4:22AM		
Family Home Evening		Yama 10:16AM – 12:14PM	Siddha Until 3:45PM	Muruqa: Blue	<i>Sunset:</i> 8:05PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:20AM – 8:18AM	Kaulava Until 10:10PM	Nataraja: White			3rd Phase
Until 7:17PM			Panchami Until 11:26AM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Malmö, Sweden Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.41	Tithi 6 – 7	Gulika 12:13PM – 2:11PM	Chitra Until 5:52PM	Ganesha: White	<i>Sunrise:</i> 4:23AM		
		Yama 8:18AM – 10:16AM	Sadhya Until 12:48PM	Muruqa: Blue	<i>Sunset:</i> 8:03PM		Moon 7 - Phase 16
		465993462 Rahu 4:08PM – 6:06PM	Gara Until 8:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Malmö, Sweden Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.41	Tithi 7 – 8	Gulika 10:16AM – 12:13PM	Svati Until 4:54PM	Ganesha: White	<i>Sunrise:</i> 4:25AM		
		Yama 6:22AM – 8:19AM	Subha Until 10:21AM	Muruqa: Blue	<i>Sunset:</i> 8:01PM		Moon 7 - Phase 16
		465993462 Rahu 12:13PM – 2:10PM	Visti Until 6:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Malmö, Sweden Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 27.16	Tithi 9	Gulika 8:20AM – 10:17AM	Vishakha Until 4:54PM	Ganesha: Purple	<i>Sunrise:</i> 4:27AM		
		Yama 4:27AM – 6:24AM	Sukla Until 8:25AM	Muruqa: Blue	<i>Sunset:</i> 7:59PM		Moon 7 - Phase 16
		476993462 Rahu 2:10PM – 4:06PM	Balava Until 5:39PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 5:28AM Fri	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau	Malmö, Sweden Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 10.29	Tithi 10	Gulika 6:25AM – 8:21AM	Anuradha Until 5:24PM	Ganesha: Purple <i>Sunrise:</i> 4:29AM	
		Yama 4:05PM – 6:01PM	Brahma Until 7:02AM	Muruqa: Blue <i>Sunset:</i> 7:57PM	Moon 7 - Phase 17
	476993462	Rahu 10:17AM – 12:13PM	Taitila Until 5:28PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:36AM Sat	Moon – Orange	Sivaloka Day
Until 5:24PM					
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visiti* Karana Ekadashyam Titau	Malmö, Sweden Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 23.23	Tithi 11	Gulika 4:31AM – 6:26AM	Jyeshtha* Until 6:22PM	Ganesha: Purple <i>Sunrise:</i> 4:31AM	
		Yama 2:08PM – 4:04PM	Indra Until 6:10AM	Muruqa: Blue <i>Sunset:</i> 7:57PM	Moon 7 - Phase 17
	476993462	Rahu 8:22AM – 10:17AM	Vanija Until 5:55PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:20AM Sun	Moon – Orange	Sivaloka Day

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Visiti*/Bava Karana Ekadashi/Dvadashyam Titau	Malmö, Sweden Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 5.59	Tithi 11 – 12	Gulika 4:03PM – 5:58PM	Mula* Until 8:12PM	Ganesha: Clear <i>Sunrise:</i> 4:33AM	
		Yama 12:13PM – 2:08PM	Vishkambha* Until 5:46AM Mon	Muruqa: Blue <i>Sunset:</i> 7:53PM	Moon 7 - Phase 17
	486993462	Rahu 5:58PM – 7:53PM	Bava Until 6:56PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 6:20AM	Moon – Light Blue	Subha Sivaloka Day
Until 8:12PM					
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Malmö, Sweden Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 18.21	Tithi 12 – 13	Gulika 2:07PM – 4:01PM	Purvashadha* Until 10:20PM	Ganesha: Clear <i>Sunrise:</i> 4:35AM	
Family Home Evening		Yama 10:18AM – 12:13PM	Priti Until 6:07AM Tue	Muruqa: Blue <i>Sunset:</i> 7:50PM	Moon 7 - Phase 17
	486993462	Rahu 6:29AM – 8:24AM	Kaulava Until 8:25PM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Dvadashi Until 7:36AM	Moon – Light Blue	Subha Sivaloka Day

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Malmö, Sweden Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 0.32	Tithi 13 – 14	Gulika 12:12PM – 2:06PM	Uttarashadha Until 12:38AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:37AM	
		Yama 8:24AM – 10:18AM	Priti Until 6:07AM	Muruqa: Blue <i>Sunset:</i> 7:48PM	Moon 7 - Phase 17
	486993462	Rahu 4:00PM – 5:54PM	Gara Until 10:16PM	Nataraja: White	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 9:17AM	Moon – Light Blue	Subha Sivaloka Day
Until 12:38AM Wed					
Then Creative Work - Siddha Yoga					

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau	Malmö, Sweden Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:19AM – 12:12PM	Shravana Until 3:33AM Thu	Ganesha: White <i>Sunrise:</i> 4:38AM	
Makara Rasi: 12.35	Tithi 14 – 15	Yama 6:32AM – 8:25AM	Ayushman Until 6:42AM	Muruqa: Blue <i>Sunset:</i> 7:46PM	Moon 7 - Phase 17
	496993462	Rahu 12:12PM – 2:06PM	Visiti Until 12:25AM Thu	Nataraja: White	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 11:18AM	Moon – Purple	Sivaloka Day
		Raksha Bandhan			

Thursday, August 15, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Malmö, Sweden Sutra 123 Vikarin 5121
Makara Rasi: 24.32	Tithi 15 – 16	Gulika 8:26AM – 10:19AM	Dhanishtha Until 6:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:40AM	
		Yama 4:40AM – 6:33AM	Saubhagya Until 7:29AM	Muruqa: Blue <i>Sunset:</i> 7:44PM	Moon 7 - Phase 17
	497993462	Rahu 2:05PM – 3:58PM	Balava Until 2:44AM Fri	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Purnima* Until 1:32PM	Moon – Purple	Subha Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 6.26 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Malmö, Sweden
Sutra 124

Gulika 6:35AM – 8:27AM
Yama 3:57PM – 5:49PM
Rahu 10:19AM – 12:12PM

Dhanishtha **Until 6:27AM**
Sobhana **Until 8:24AM**
Tailita **Until 5:10AM Sat**
Prathama* Until 3:55PM

Ganesha: Yellow *Sunrise: 4:42AM*
Muruqa: Blue *Sunset: 7:41PM*
Nataraja: White
Moon – Purple
Sravana-Adi

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 18.17 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Gara Karana Dvitiyayam Titau

Malmö, Sweden
Sun 1 Sutra 125

Gulika 4:44AM – 6:36AM
Yama 2:03PM – 3:55PM
Rahu 8:28AM – 10:20AM

Shatabhishak **Until 9:16AM**
Athiganda* **Until 9:21AM**
Gara **Until 6:21PM**
Dvitiya Until 6:21PM

Ganesha: Yellow *Sunrise: 4:44AM*
Muruqa: Blue *Sunset: 7:39PM*
Nataraja: White
Moon – Purple
Sravana-Avani

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

2

Sunday, August 18, 2019

Meena Rasi: 0.09 Tilthi 18

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Creative Work Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trilyayam Titau

Malmö, Sweden
Sun 2 Sutra 126

Gulika 3:54PM – 5:45PM
Yama 12:11PM – 2:03PM
Rahu 5:45PM – 7:37PM

Purvaproshtapada* Until 12:25PM
Sukarma **Until 10:18AM**
Vanija **Until 7:35AM**
Tritiya Until 8:45PM

Ganesha: White *Sunrise: 4:46AM*
Muruqa: Blue *Sunset: 7:37PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 12.02 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden
Sun 3 Sutra 127

Gulika 2:02PM – 3:53PM
Yama 10:20AM – 12:11PM
Rahu 6:39AM – 8:30AM

Uttaraproshtapada Until 3:16PM
Dhriti **Until 11:12AM**
Bava **Until 9:55AM**
Chaturthi* Until 11:00PM

Ganesha: White *Sunrise: 4:48AM*
Muruqa: Blue *Sunset: 7:34PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 24 Tilthi 20

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Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Tailita Karana Panchamyam Titau

Malmö, Sweden
Sun 4 Sutra 128

Gulika 12:11PM – 2:01PM
Yama 8:30AM – 10:21AM
Rahu 3:51PM – 5:42PM

Revati Until 5:46PM
Shula* **Until 11:54AM**
Kaulava **Until 12:03PM**
Panchami Until 12:59AM Wed

Ganesha: White *Sunrise: 4:50AM*
Muruqa: Blue *Sunset: 7:32PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 6.05 Tilthi 21

527993462

Routine Work Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden
Sun 5 Sutra 129

Gulika 10:21AM – 12:11PM
Yama 6:41AM – 8:31AM
Rahu 12:11PM – 2:00PM

Ashvini Until 8:14PM
Ganda* **Until 12:22PM**
Gara **Until 1:52PM**
Shashthi* Until 2:35AM Thu

Ganesha: Clear *Sunrise: 4:52AM*
Muruqa: Blue *Sunset: 7:30PM*
Nataraja: White
Moon – White
Sravana-Avani

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 18.2 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Malmö, Sweden
Sun 6 Sutra 130

Gulika 8:32AM – 10:21AM
Yama 4:54AM – 6:43AM
Rahu 2:00PM – 3:49PM

Bharani Until 10:04PM
Vridhhi **Until 12:30PM**
Visti **Until 3:13PM**
Saptami Until 3:39AM Fri

Ganesha: White *Sunrise: 4:54AM*
Muruqa: Blue *Sunset: 7:27PM*
Nataraja: White
Moon – White
Sravana-Avani

Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 0.49 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden
Sun 7 Sutra 131

Gulika 6:44AM – 8:33AM
Yama 3:47PM – 5:36PM
Rahu 10:22AM – 12:10PM

Krittika Until 11:07PM
Dhruva **Until 12:09PM**
Balava **Until 3:58PM**
Ashtami* Until 4:03AM Sat

Ganesha: White *Sunrise: 4:56AM*
Muruqa: Blue *Sunset: 7:25PM*
Nataraja: White
Moon – White
Sravana-Avani

Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.37 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Tailita/Gara Karana Navamyam Titau

Malmö, Sweden
Sun 8 Sutra 132

Gulika 4:57AM – 6:46AM
Yama 1:58PM – 3:46PM
Rahu 8:34AM – 10:22AM

Rohini Until 11:45PM
Vyaghata* **Until 11:16AM**
Tailita **Until 4:00PM**
Navami* Until 3:42AM Sun

Ganesha: Clear *Sunrise: 4:57AM*
Muruqa: Blue *Sunset: 7:22PM*
Nataraja: White
Moon – Yellow
Sravana-Avani

Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau	Malmö, Sweden Sun 9 Sutra 133 Vikarin 5121
Wrishabha Rasi: 26.47	Tithi 25	Gulika 3:45PM – 5:32PM	Mrigashira Until 11:27PM	Ganesha: Clear <i>Sunrise:</i> 4:59AM	
		Yama 12:10PM – 1:57PM	Harshana Until 9:46AM	Muruqa: Blue <i>Sunset:</i> 7:20PM	Moon 8 - Phase 19
538993462	Rahu 5:32PM – 7:20PM		Vanija Until 3:14PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:33AM Mon	Moon – Yellow	Subha Sivaloka Day
					Sravana-Avani

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Malmö, Sweden Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 10.25	Tithi 26	Gulika 1:56PM – 3:43PM	Ardra Until 10:15PM	Ganesha: Clear <i>Sunrise:</i> 5:01AM	
Family Home Evening		Yama 10:22AM – 12:09PM	Vajra* Until 7:37AM	Muruqa: Blue <i>Sunset:</i> 7:17PM	Moon 8 - Phase 19
538993462	Rahu 6:48AM – 8:35AM		Bava Until 1:42PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:38AM Tue	Moon – Yellow	Subha Sivaloka Day
Until 10:15PM					Sravana-Avani
Then Creative Work - Amrita Yoga					

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Malmö, Sweden Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 24.3	Tithi 27	Gulika 12:09PM – 1:56PM	Punarvasu Until 8:39PM	Ganesha: Purple <i>Sunrise:</i> 5:03AM	
		Yama 8:36AM – 10:23AM	Vyatipata* Until 1:36AM Wed	Muruqa: Blue <i>Sunset:</i> 7:15PM	Moon 8 - Phase 19
548993462	Rahu 3:42PM – 5:28PM		Kaulava Until 11:26AM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:03PM	Moon – Blue	Sivaloka Day
					Sravana-Avani

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Malmö, Sweden Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 9.02	Tithi 28	Gulika 10:23AM – 12:09PM	Pushya Until 6:20PM	Ganesha: Light Blue <i>Sunrise:</i> 5:05AM	
		Yama 6:51AM – 8:37AM	Variyan Until 9:51PM	Muruqa: Blue <i>Sunset:</i> 7:12PM	Moon 8 - Phase 19
549993463	Rahu 12:09PM – 1:55PM		Gara Until 8:34AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:55PM	Moon – Blue	Devaloka Day
					Sravana-Avani
					<i>Pradosha Vrata (Fasting)</i>

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Malmö, Sweden Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 23.56	Tithi 29 – 30	Gulika 8:38AM – 10:23AM	Ashlesha* Until 3:29PM	Ganesha: Orange <i>Sunrise:</i> 5:07AM	
		Yama 5:07AM – 6:52AM	Parigha* Until 5:49PM	Muruqa: Blue <i>Sunset:</i> 7:10PM	Moon 8 - Phase 19
549193463	Rahu 1:54PM – 3:39PM		Catuspada Until 1:31AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:23PM	Moon – Blue	Sivaloka Day
Until 3:29PM					Sravana-Avani
Then Creative Work - Amrita Yoga					

		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Malmö, Sweden Sun 14 Sutra 138 Vikarin 5121
Retreat Star		Gulika 6:54AM – 8:39AM	Magha* Until 12:39PM	Ganesha: Clear <i>Sunrise:</i> 5:09AM	
Simha Rasi: 9.06	Tithi 30 – 1	Yama 3:38PM – 5:23PM	Shiva Until 1:36PM	Muruqa: Blue <i>Sunset:</i> 7:07PM	Moon 8 - Phase 19
559193463	Rahu 10:23AM – 12:08PM		Kintughna Until 9:41PM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 11:36AM	Moon – Red	Sivaloka Day
Until 12:39PM		Varalakshmi Vratam			Sravana-Avani
Then Creative Work - Siddha Yoga					

6		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Malmö, Sweden Sun 15 Sutra 139 Vikarin 5121
Retreat Star		Gulika 5:11AM – 6:55AM	Purvaphalguni Until 9:37AM	Ganesha: Clear <i>Sunrise:</i> 5:11AM	
Simha Rasi: 24.21	Tithi 1 – 2	Yama 1:52PM – 3:36PM	Siddha Until 9:18AM	Muruqa: Blue <i>Sunset:</i> 7:05PM	Moon 8 - Phase 19
559193463	Rahu 8:39AM – 10:24AM		Kaulava Until 4:00AM Sun	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:45AM	Moon – Red	Sivaloka Day
Until 9:37AM					Bhadrapada-Avani
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trilayam Titau				Malmö, Sweden
	Kanya Rasi: 9.32	Tithi 3	Gulika 3:35PM – 5:19PM	Uttaraphalguni Until 6:35AM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM	Sun 16 Sutra 140
			Yama 12:08PM – 1:51PM	Subha Until 1:11AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:02PM	Vikarin 5121
	559193463	Rahu 5:19PM – 7:02PM	Taitila Until 2:14PM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Amrita Yoga		Tritiya Until 12:31AM Mon	Moon – Red		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Malmö, Sweden
	Kanya Rasi: 24.3	Tithi 4	Gulika 1:50PM – 3:34PM	Chitra Until 1:56AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:15AM	Sun 17 Sutra 141
	Family Home Evening		Yama 10:24AM – 12:07PM	Sukla Until 9:35PM	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Vikarin 5121
	569193463	Rahu 6:58AM – 8:41AM	Vanija Until 10:57AM		Nataraja: Clear		Moon 8 - Phase 20
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:28PM	Moon – Green		3rd Phase	
Until 1:56AM Tue		Ganesha Chaturthi		Bhadrapada-Avani		Sivaloka Day	
Then Creative Work - Siddha Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden
	Tula Rasi: 9.06	Tithi 5	Gulika 12:07PM – 1:49PM	Svati Until 12:15AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:16AM	Sun 18 Sutra 142
			Yama 8:42AM – 10:24AM	Brahma Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Vikarin 5121
	569193463	Rahu 3:32PM – 5:15PM	Bava Until 8:10AM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Panchami Until 7:00PM	Moon – Green		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden
	Tula Rasi: 23.15	Tithi 6 – 7	Gulika 10:25AM – 12:07PM	Vishakha Until 11:35PM	Ganesha: Green	<i>Sunrise:</i> 5:18AM	Sun 19 Sutra 143
			Yama 7:00AM – 8:42AM	Indra Until 3:57PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Vikarin 5121
	579193463	Rahu 12:07PM – 1:49PM	Kaulava Until 6:02AM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Shashthi* Until 5:14PM	Moon – Orange		3rd Phase	
				Bhadrapada-Avani		Subha Sivaloka Day	

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden
	Vrischika Rasi: 6.56	Tithi 7 – 8	Gulika 8:43AM – 10:25AM	Anuradha Until 11:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	Sun 20 Sutra 144
			Yama 5:20AM – 7:02AM	Vaidhriti* Until 2:04PM	Muruqa: Blue	<i>Sunset:</i> 6:52PM	Vikarin 5121
	571193463	Rahu 1:48PM – 3:29PM	Visti Until 4:08AM Fri		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Saptami Until 4:17PM	Moon – Orange		3rd Phase	
Until 11:35PM				Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga							

6	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden
	Retreat Star		Gulika 7:03AM – 8:44AM	Jyeshtha* Until 12:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:22AM	Sun 21 Sutra 145
	Vrischika Rasi: 20.09	Tithi 8 – 9	Yama 3:28PM – 5:09PM	Vishkambha* Until 12:50PM	Muruqa: Blue	<i>Sunset:</i> 6:50PM	Vikarin 5121
	571193463	Rahu 10:25AM – 12:06PM	Balava Until 4:25AM Sat		Nataraja: Clear		Moon 8 - Phase 20
Routine Work	Marana Yoga		Ashtami* Until 4:10PM	Moon – Orange		Ashtami	
Until 12:13AM Sat				Bhadrapada-Avani		Sivaloka Day	
Then Creative Work - Siddha Yoga							

7	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden
	Retreat Star		Gulika 5:24AM – 7:04AM	Mula* Until 1:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:24AM	Sun 22 Sutra 146
	Dhanus Rasi: 2.57	Tithi 9 – 10	Yama 1:46PM – 3:26PM	Priti Until 12:15PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Vikarin 5121
	581193463	Rahu 8:45AM – 10:25AM	Taitila Until 5:27AM Sun		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Navami* Until 4:49PM	Moon – Light Blue		Navami	
				Bhadrapada-Avani		Devaloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau				Malmö, Sweden Sun 23 Sutra 147
Dhanus Rasi: 15.25	Tithi 10	Gulika 3:25PM – 5:05PM	Purvashadha* Until 4:05AM Mon	Ganesha: Green <i>Sunrise:</i> 5:26AM		Vikarin 5121
		Yama 12:05PM – 1:45PM	Ayushman Until 12:11PM	Muruqa: Blue <i>Sunset:</i> 6:44PM		Moon 8 - Phase 21
	581193463	Rahu 5:05PM – 6:44PM	Gara Until 6:10PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue	Devaloka Day	
Until 4:05AM Mon		Grandparent's Day	Dashami Until 6:10PM	Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden Sun 24 Sutra 148
Dhanus Rasi: 27.38	Tithi 11	Gulika 1:44PM – 3:23PM	Uttarashadha Until 6:30AM Tue	Ganesha: Green <i>Sunrise:</i> 5:28AM		Vikarin 5121
Family Home Evening		Yama 10:26AM – 12:05PM	Saubhagya Until 12:34PM	Muruqa: Blue <i>Sunset:</i> 6:42PM		Moon 8 - Phase 21
Routine Work	Marana Yoga	Rahu 7:07AM – 8:46AM	Vanija Until 7:05AM	Nataraja: Clear		4th Phase
Until 6:30AM Tue			Ekadashi Until 8:03PM	Moon – Light Blue	Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden Sun 25 Sutra 149
Makara Rasi: 9.4	Tithi 12	Gulika 12:05PM – 1:43PM	Uttarashadha Until 6:30AM	Ganesha: Green <i>Sunrise:</i> 5:30AM		Vikarin 5121
		Yama 8:47AM – 10:26AM	Sobhana Until 1:16PM	Muruqa: Blue <i>Sunset:</i> 6:39PM		Moon 8 - Phase 21
	581193463	Rahu 3:22PM – 5:01PM	Bava Until 9:09AM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga		Dvadashi Until 10:16PM	Moon – Light Blue	Devaloka Day	
Until 6:30AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden Sun 26 Sutra 150
Makara Rasi: 21.34	Tithi 13	Gulika 10:26AM – 12:04PM	Shravana Until 9:32AM	Ganesha: Red <i>Sunrise:</i> 5:32AM		Vikarin 5121
		Yama 7:10AM – 8:48AM	Athiganda* Until 2:07PM	Muruqa: Blue <i>Sunset:</i> 6:37PM		Moon 8 - Phase 21
	591193463	Rahu 12:04PM – 1:42PM	Kaulava Until 11:29AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:41AM Thu	Moon – Purple	Sivaloka Day	
Until 9:32AM		Avani Avittam		Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 151
Kumbha Rasi: 3.26	Tithi 14	Gulika 8:49AM – 10:26AM	Dhanishtha Until 12:31PM	Ganesha: Red <i>Sunrise:</i> 5:34AM		Vikarin 5121
		Yama 5:34AM – 7:11AM	Sukarma Until 3:04PM	Muruqa: Blue <i>Sunset:</i> 6:34PM		Moon 8 - Phase 21
	591193463	Rahu 1:41PM – 3:19PM	Gara Until 1:57PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:09AM Fri	Moon – Purple	Sivaloka Day	
		Chidambaram Abhishekam		Bhadrapada-Avani		

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden Sutra 152
Copper Retreat Star		Gulika 7:12AM – 8:49AM	Shatabhishak Until 3:20PM	Ganesha: Red <i>Sunrise:</i> 5:35AM		Vikarin 5121
Kumbha Rasi: 15.17	Tithi 15	Yama 3:17PM – 4:55PM	Dhriti Until 4:01PM	Muruqa: Purple <i>Sunset:</i> 6:32PM		Moon 8 - Phase 21
	591113463	Rahu 10:26AM – 12:03PM	Visti Until 4:24PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:36AM Sat	Moon – Purple	Sivaloka Day	
				Bhadrapada-Avani		

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau				Malmö, Sweden Sutra 153
Silver Retreat Star		Gulika 5:37AM – 7:14AM	Purvaproshtapada* Until 6:25PM	Ganesha: Red <i>Sunrise:</i> 5:37AM		Vikarin 5121
Kumbha Rasi: 27.1	Tithi 16	Yama 1:40PM – 3:16PM	Shula* Until 4:53PM	Muruqa: Purple <i>Sunset:</i> 6:29PM		Moon 8 - Phase 21
	511113463	Rahu 8:50AM – 10:27AM	Balava Until 6:48PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 7:55AM Sun	Moon – Clear	Sivaloka Day	
Until 6:25PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Meena Rasi: 9.04 Tithi 16 - 17
512113463 Rahu
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda *Vridhii Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau
Gulika 3:15PM - 4:50PM
Yama 12:03PM - 1:39PM
Rahu 4:50PM - 6:26PM
Uttaraproshtapada Until 9:13PM
Ganda* Until 5:40PM
Taitila Until 9:03PM
Prathama* Until 7:55AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Clear
Sunrise: 5:39AM
Sunset: 6:26PM
Sivaloka Day
Bhadrapada*Avani

Malmö, Sweden
Sutra 154
Vikarin 5121
Moon 9 - Phase 22
1st Phase

1

Monday, September 16, 2019

Meena Rasi: 21.03 Tithi 17 - 18
512113463 Rahu
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vridhii Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau
Gulika 1:38PM - 3:13PM
Yama 10:27AM - 12:02PM
Rahu 7:16AM - 8:52AM
Revati Until 11:39PM
Vridhii Until 6:20PM
Vanija Until 11:06PM
Dvitiya Until 10:05AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Clear
Sunrise: 5:41AM
Sunset: 6:24PM
Sivaloka Day
Bhadrapada*Avani

Malmö, Sweden
Sun 1 Sutra 155
Vikarin 5121
Moon 9 - Phase 22
1st Phase

2

Tuesday, September 17, 2019

Mesha Rasi: 3.06 Tithi 18 - 19
522113463 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Vava Karana Tritiya/Chaturtham Titau
Gulika 12:02PM - 1:37PM
Yama 8:52AM - 10:27AM
Rahu 3:12PM - 4:46PM
Ashvini Until 2:11AM Wed
Dhruva Until 6:46PM
Bava Until 12:55AM Wed
Tritiya Until 12:02PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - White
Sunrise: 5:43AM
Sunset: 6:21PM
Devaloka Day
Bhadrapada*Puratasi

Malmö, Sweden
Sun 2 Sutra 156
Vikarin 5121
Moon 9 - Phase 22
1st Phase

3

Wednesday, September 18, 2019

Mesha Rasi: 15.16 Tithi 19 - 20
522113463 Rahu
Creative Work Siddha Yoga
Until 4:13AM Thu
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata *Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 10:27AM - 12:02PM
Yama 7:19AM - 8:53AM
Rahu 12:02PM - 1:36PM
Bharani Until 4:13AM Thu
Vyaghata* Until 6:59PM
Kaulava Until 2:23AM Thu
Chaturthi* Until 1:41PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - White
Sunrise: 5:45AM
Sunset: 6:19PM
Devaloka Day
Bhadrapada*Puratasi

Malmö, Sweden
Sun 3 Sutra 157
Vikarin 5121
Moon 9 - Phase 22
1st Phase

4

Thursday, September 19, 2019

Mesha Rasi: 27.35 Tithi 20 - 21
522113463 Rahu
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau
Gulika 8:54AM - 10:28AM
Yama 5:47AM - 7:20AM
Rahu 1:35PM - 3:09PM
Krittika Until 5:39AM Fri
Harshana Until 6:55PM
Gara Until 3:26AM Fri
Panchami Until 2:57PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - White
Sunrise: 5:47AM
Sunset: 6:16PM
Devaloka Day
Bhadrapada*Puratasi

Malmö, Sweden
Sun 4 Sutra 158
Vikarin 5121
Moon 9 - Phase 22
1st Phase

5

Friday, September 20, 2019

Vrisabha Rasi: 10.05 Tithi 21 - 22
532113463 Rahu
Routine Work Marana Yoga
Until 6:52AM Sat
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra *Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 7:22AM - 8:55AM
Yama 3:07PM - 4:40PM
Rahu 10:28AM - 12:01PM
Rohini Until 6:52AM Sat
Vajra* Until 6:24PM
Visti Until 3:55AM Sat
Shashthi* Until 3:44PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Yellow
Sunrise: 5:49AM
Sunset: 6:13PM
Sivaloka Day
Bhadrapada*Puratasi

Malmö, Sweden
Sun 5 Sutra 159
Vikarin 5121
Moon 9 - Phase 22
1st Phase

6

Saturday, September 21, 2019

Vrisabha Rasi: 22.51 Tithi 22 - 23
532113463 Rahu
Creative Work Amrita Yoga
Until 6:52AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatiyata *Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 5:51AM - 7:23AM
Yama 1:33PM - 3:06PM
Rahu 8:56AM - 10:28AM
Rohini Until 6:52AM
Siddhi Until 5:26PM
Balava Until 3:45AM Sun
Saptami Until 3:54PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Yellow
Sunrise: 5:51AM
Sunset: 6:11PM
Sivaloka Day
Bhadrapada*Puratasi

Malmö, Sweden
Sun 6 Sutra 160
Vikarin 5121
Moon 9 - Phase 22
1st Phase

D

Sunday, September 22, 2019

Retreat Star

Mithuna Rasi: 5.56 Tithi 23 - 24
532213463 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatiyata *Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 3:04PM - 4:36PM
Yama 12:00PM - 1:32PM
Rahu 4:36PM - 6:08PM
Mrigashira Until 7:17AM
Vyatiyata* Until 3:55PM
Taitila Until 2:52AM Mon
Ashtami* Until 3:23PM

Ganesha: Orange
Muruqa: Purple
Nataraja: Clear
Moon - Yellow
Sunrise: 5:52AM
Sunset: 6:08PM
Sivaloka Day
Bhadrapada*Puratasi

Malmö, Sweden
Sun 7 Sutra 161
Vikarin 5121
Moon 9 - Phase 22
Ashtami

Monday, September 23, 2019

Retreat Star

Mithuna Rasi: 19.25 Tithi 24 - 25
532213463 Rahu
Family Home Evening
Creative Work Siddha Yoga
Until 6:50AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha *Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Gulika 1:31PM - 3:03PM
Yama 10:29AM - 12:00PM
Rahu 7:26AM - 8:57AM
Ardra Until 6:50AM
Variyan Until 1:48PM
Vanija Until 1:16AM Tue
Navami* Until 2:08PM

Ganesha: Orange
Muruqa: Purple
Nataraja: Clear
Moon - Yellow
Sunrise: 5:54AM
Sunset: 6:05PM
Sivaloka Day
Bhadrapada*Puratasi

Malmö, Sweden
Sun 8 Sutra 162
Vikarin 5121
Moon 9 - Phase 22
Navami

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

www.gurudeva.org/panchang

1	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Malmö, Sweden
	Kataka Rasi: 3.2	Tithi 25 – 26	542213463	Gulika 12:00PM – 1:30PM	Pushya Until 4:18AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 5:56AM	Sun 9 Sutra 163
				Yama 8:58AM – 10:29AM	Parigha* Until 11:08AM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Vikarin 5121
	Creative Work	Siddha Yoga		Rahu 3:01PM – 4:32PM	Bava Until 10:59PM	Nataraja: Clear	Moon 9 - Phase 23
				Dashami Until 12:11PM	Moon – Blue	Devaloka Day	
					Bhadrapada•Puratasi		

2	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Kataka Rasi: 17.41	Tithi 26 – 27	542213463	Gulika 10:29AM – 11:59AM	Ashlesha* Until 1:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM	Sun 10 Sutra 164
				Yama 7:28AM – 8:59AM	Shiva Until 7:56AM	Muruqa: Purple <i>Sunset:</i> 6:00PM	Vikarin 5121
	Creative Work	Siddha Yoga		Rahu 11:59AM – 1:29PM	Kaulava Until 8:07PM	Nataraja: Clear	Moon 9 - Phase 23
				Ekadashi* Until 9:36AM	Moon – Blue	Devaloka Day	
					Bhadrapada•Puratasi		
						Moon 9 - Phase 23	
						2nd Phase	
						Then Creative Work - Amrita Yoga	

3	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden
	Simha Rasi: 2.25	Tithi 27 – 28	552213463	Gulika 8:59AM – 10:29AM	Magha* Until 11:26PM	Ganesha: Purple <i>Sunrise:</i> 6:00AM	Sun 11 Sutra 165
				Yama 6:00AM – 7:30AM	Sadhya Until 12:18AM Fri	Muruqa: Purple <i>Sunset:</i> 5:58PM	Vikarin 5121
	Creative Work	Amrita Yoga		Rahu 1:29PM – 2:58PM	Vanija Until 2:59AM Fri	Nataraja: Clear	Moon 9 - Phase 23
				Dvadashi* Until 6:29AM	Moon – Red	Devaloka Day	
					Bhadrapada•Puratasi		
					<i>Pradosha Vrata (Fasting)</i>		
						Moon 9 - Phase 23	
						2nd Phase	
						Then Creative Work - Siddha Yoga	

4	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden
	Simha Rasi: 17.28	Tithi 29	552213463	Gulika 7:31AM – 9:00AM	Purvaphalguni Until 8:31PM	Ganesha: Purple <i>Sunrise:</i> 6:02AM	Sun 12 Sutra 166
				Yama 2:57PM – 4:26PM	Subha Until 8:07PM	Muruqa: Purple <i>Sunset:</i> 5:55PM	Vikarin 5121
	Creative Work	Siddha Yoga		Rahu 10:29AM – 11:59AM	Visti Until 1:09PM	Nataraja: Clear	Moon 9 - Phase 23
				Chaturdashi* Until 11:15PM	Moon – Red	Devaloka Day	
					Bhadrapada•Puratasi		
						Moon 9 - Phase 23	
						2nd Phase	
						Then Creative Work - Siddha Yoga	

	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden
	Retreat Star			Gulika 6:04AM – 7:32AM	Uttaraphalguni Until 5:24PM	Ganesha: Light Blue <i>Sunrise:</i> 6:04AM	Sun 13 Sutra 167
	Kanya Rasi: 2.4	Tithi 30	652213463	Yama 1:27PM – 2:55PM	Sukla Until 3:51PM	Muruqa: Purple <i>Sunset:</i> 5:52PM	Vikarin 5121
	Routine Work	Marana Yoga		Rahu 9:01AM – 10:30AM	Catuspada Until 9:22AM	Nataraja: Clear	Moon 9 - Phase 23
			Mahalaya Amavasai (Tamil Nadu)	Amavasya* Until 7:28PM	Moon – Red	Devaloka Day	
					Bhadrapada•Puratasi		
						Amavasya	

Retreat Star	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden
	Retreat Star			Gulika 2:54PM – 4:22PM	Hasta Until 2:39PM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM	Sun 14 Sutra 168
	Kanya Rasi: 17.53	Tithi 1 – 2	663213463	Yama 11:58AM – 1:26PM	Brahma Until 11:39AM	Muruqa: Purple <i>Sunset:</i> 5:50PM	Vikarin 5121
	Creative Work	Amrita Yoga		Rahu 4:22PM – 5:50PM	Balava Until 2:04AM Mon	Nataraja: Clear	Moon 9 - Phase 23
				Prathama* Until 3:47PM	Moon – Green	Devaloka Day	
			Navaratri Begins		Ashvina•Puratasi		
						Prathama	
						Then Creative Work - Siddha Yoga	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Malmö, Sweden
1		Gulika 1:25PM – 2:52PM	Chitra Until 12:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:08AM	Sun 15 Sutra 169
Tula Rasi: 2.55	Tithi 2 – 3	Yama 10:30AM – 11:58AM	Indra Until 7:41AM	Muruqa: Purple <i>Sunset:</i> 5:47PM	Vikarin 5121
Family Home Evening	663213463	Rahu 7:35AM – 9:03AM	Taitila Until 10:54PM	Nataraja: Clear	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga			Dvitiya Until 12:24PM	Moon – Green	3rd Phase
Until 12:02PM				Ashvina+Puratasi	Devaloka Day
Then Creative Work - Amrita Yoga					

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Malmö, Sweden
2		Gulika 11:57AM – 1:24PM	Svati Until 9:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:10AM	Sun 16 Sutra 170
Tula Rasi: 17.38	Tithi 3 – 4	Yama 9:03AM – 10:30AM	Vishkambha* Until 12:54AM Wed	Muruqa: Purple <i>Sunset:</i> 5:45PM	Vikarin 5121
663213463		Rahu 2:51PM – 4:18PM	Vanija Until 8:17PM	Nataraja: Clear	Moon 9 - Phase 24
Creative Work Siddha Yoga			Tritiya Until 9:30AM	Moon – Green	3rd Phase
Until 9:45AM				Ashvina+Puratasi	Devaloka Day
Then Routine Work - Marana Yoga					

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Malmö, Sweden
3		Gulika 10:31AM – 11:57AM	Vishakha Until 8:23AM	Ganesha: Purple <i>Sunrise:</i> 6:12AM	Sun 17 Sutra 171
Vrischika Rasi: 1.56	Tithi 4 – 5	Yama 7:38AM – 9:04AM	Priti Until 10:22PM	Muruqa: Purple <i>Sunset:</i> 5:42PM	Vikarin 5121
673213463		Rahu 11:57AM – 1:23PM	Bava Until 6:22PM	Nataraja: Clear	Moon 9 - Phase 24
Creative Work Siddha Yoga			Chaturthi* Until 7:13AM	Moon – Orange	3rd Phase
				Ashvina+Puratasi	Devaloka Day

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau			Malmö, Sweden
4		Gulika 9:05AM – 10:31AM	Anuradha Until 7:38AM	Ganesha: Purple <i>Sunrise:</i> 6:14AM	Sun 18 Sutra 172
Vrischika Rasi: 15.44	Tithi 6	Yama 6:14AM – 7:39AM	Ayushman Until 8:29PM	Muruqa: Purple <i>Sunset:</i> 5:40PM	Vikarin 5121
673213463		Rahu 1:22PM – 2:48PM	Kaulava Until 5:17PM	Nataraja: Clear	Moon 9 - Phase 24
Creative Work Siddha Yoga			Shashthi* Until 5:03AM Fri	Moon – Orange	3rd Phase
Until 7:38AM				Ashvina+Puratasi	Devaloka Day
Then Routine Work - Prabalarishta Yoga					

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau			Malmö, Sweden
5		Gulika 7:41AM – 9:06AM	Jyeshtha* Until 7:36AM	Ganesha: Purple <i>Sunrise:</i> 6:15AM	Sun 19 Sutra 173
Vrischika Rasi: 29.02	Tithi 7	Yama 2:47PM – 4:12PM	Saubhagya Until 7:19PM	Muruqa: Purple <i>Sunset:</i> 5:37PM	Vikarin 5121
673213463		Rahu 10:31AM – 11:56AM	Gara Until 5:06PM	Nataraja: Clear	Moon 9 - Phase 24
Routine Work Marana Yoga			Saptami Until 5:19AM Sat	Moon – Orange	3rd Phase
Until 7:36AM				Ashvina+Puratasi	Devaloka Day
Then Creative Work - Amrita Yoga					

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau			Malmö, Sweden
Retreat Star		Gulika 6:17AM – 7:42AM	Mula* Until 8:45AM	Ganesha: Clear <i>Sunrise:</i> 6:17AM	Sun 20 Sutra 174
Dhanus Rasi: 11.52	Tithi 8	Yama 1:21PM – 2:45PM	Sobhana Until 6:51PM	Muruqa: Purple <i>Sunset:</i> 5:34PM	Vikarin 5121
683213463		Rahu 9:07AM – 10:31AM	Visti Until 5:47PM	Nataraja: Clear	Moon 9 - Phase 24
Creative Work Siddha Yoga			Ashtami* Until 6:24AM Sun	Moon – Light Blue	Ashtami
		Durga Ashtami		Ashvina+Puratasi	Sivaloka Day

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Malmö, Sweden
Retreat Star		Gulika 2:44PM – 4:08PM	Purvashadha* Until 10:32AM	Ganesha: Clear <i>Sunrise:</i> 6:19AM	Sun 21 Sutra 175
Dhanus Rasi: 24.2	Tithi 8 – 9	Yama 11:56AM – 1:20PM	Athiganda* Until 6:55PM	Muruqa: Purple <i>Sunset:</i> 5:32PM	Vikarin 5121
683213463		Rahu 4:08PM – 5:32PM	Balava Until 7:14PM	Nataraja: Clear	Moon 9 - Phase 24
Creative Work Siddha Yoga			Ashtami* Until 6:24AM	Moon – Light Blue	Navami
Until 10:32AM		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Amrita Yoga					

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:19PM – 2:42PM	Uttarashadha Until 12:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	
Makara Rasi: 6.31	Tithi 9 – 10	Yama 10:32AM – 11:55AM	Sukarma Until 7:28PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:45AM – 9:08AM	Taitila Until 9:17PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Navami* Until 8:11AM	Moon – Light Blue		Sivaloka Day
Until 12:46PM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden Sun 23 Sutra 177 Vikarin 5121
2		Gulika 11:55AM – 1:18PM	Shravana Until 3:45PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	
Makara Rasi: 18.29	Tithi 10 – 11	Yama 9:09AM – 10:32AM	Dhriti Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 2:41PM – 4:04PM	Vanija Until 11:40PM	Nataraja: Purple		4th Phase
Routine Work Siddha Yoga			Vijaya Dasami	Moon – Purple		Sivaloka Day
Until 12:46PM			Dashami Until 10:25AM	Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:32AM – 11:55AM	Dhanishtha Until 6:46PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	
Kumbha Rasi: 0.22	Tithi 11 – 12	Yama 7:48AM – 9:10AM	Shula* Until 9:13PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 11:55AM – 1:17PM	Bava Until 2:13AM Thu	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 12:55PM	Moon – Purple		Sivaloka Day
Until 6:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:11AM – 10:33AM	Shatabhishak Until 9:36PM	Ganesha: White	<i>Sunrise:</i> 6:27AM	
Kumbha Rasi: 12.12	Tithi 12 – 13	Yama 6:27AM – 7:49AM	Ganda* Until 10:09PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 1:16PM – 2:38PM	Kaulava Until 4:43AM Fri	Nataraja: Purple		4th Phase
Routine Work Siddha Yoga			Dvadashi Until 3:27PM	Moon – Purple		Sivaloka Day
Until 6:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						
		Kadaitswami Mahasamadhi				
			<i>Pradosha Vrata</i>			

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden Sun 26 Sutra 180 Vikarin 5121
5		Gulika 7:50AM – 9:12AM	Purvaproshtapada* Until 12:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	
Kumbha Rasi: 24.04	Tithi 13 – 14	Yama 2:37PM – 3:58PM	Vriddhi Until 11:00PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 10:33AM – 11:54AM	Gara Until 7:04AM Sat	Nataraja: Purple		4th Phase
Routine Work Siddha Yoga			Trayodashi Until 5:53PM	Moon – Clear		Sivaloka Day
Until 6:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						
		Chidambaram Abhishekam				

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:31AM – 7:52AM	Uttaraproshtapada Until 3:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	
Meena Rasi: 5.58	Tithi 14	Yama 1:15PM – 2:35PM	Dhruva Until 11:40PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 9:13AM – 10:33AM	Gara Until 7:04AM	Nataraja: Purple		4th Phase
Routine Work Siddha Yoga			Chaturdashi* Until 8:08PM	Moon – Clear		Sivaloka Day
Until 3:21AM Sun				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden Sun 28 Sutra 182 Vikarin 5121
0		Gulika 2:34PM – 3:54PM	Revati Until 5:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	
Meena Rasi: 17.59	Tithi 15	Yama 11:54AM – 1:14PM	Vyaghata* Until 12:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 3:54PM – 5:14PM	Visti Until 9:11AM	Nataraja: Purple		Purnima
Routine Work Amrita Yoga			Purnima* Until 10:07PM	Moon – Clear		Subha Sivaloka Day
Until 5:38AM Mon				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden Sun 29 Sutra 183 Vikarin 5121
1		Gulika 1:13PM – 2:33PM	Ashvini Until 7:57AM Tue	Ganesha: White	<i>Sunrise:</i> 6:35AM	
Mesha Rasi: 0.05	Tithi 16	Yama 10:34AM – 11:54AM	Harshana Until 12:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
Family Home Evening	624213464	Rahu 7:55AM – 9:14AM	Balava Until 11:02AM	Nataraja: Purple		Prathama
Routine Work Siddha Yoga			Prathama* Until 11:50PM	Moon – White		Subha Subha Sivaloka Day
Until 6:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 12.19 Tithi 17

624213464

Gulika 11:53AM - 1:12PM
Yama 9:15AM - 10:34AM
Rahu 2:31PM - 3:50PM

Ashvini Until 7:57AM
Vajra* Until 12:25AM Wed
Taitila Until 12:35PM
Dvitiya Until 1:13AM Wed

Ganesha: White *Sunrise:* 6:37AM
Muruqa: Purple *Sunset:* 5:09PM

Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina-Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.41 Tithi 18

624213464

Gulika 10:35AM - 11:53AM
Yama 7:58AM - 9:16AM
Rahu 11:53AM - 1:12PM

Bharani Until 9:48AM
Siddhi Until 12:11AM Thu
Vanija Until 1:49PM
Tritiya Until 2:17AM Thu

Ganesha: White *Sunrise:* 6:39AM
Muruqa: Purple *Sunset:* 5:07PM

Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina-Puratasi

Creative Work Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Malmö, Sweden

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 7.12 Tithi 19

624313464

Gulika 9:17AM - 10:35AM
Yama 6:41AM - 7:59AM
Rahu 1:11PM - 2:29PM

Krittika Until 11:09AM
Vyatipata* Until 11:40PM
Bava Until 2:42PM
Chaturthi* Until 2:58AM Fri

Ganesha: Yellow *Sunrise:* 6:41AM
Muruqa: Purple *Sunset:* 5:05PM

Nataraja: Purple
Moon - White
Subha Sivaloka Day
Ashvina-Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.53 Tithi 20

634313464

Gulika 8:01AM - 9:18AM
Yama 2:27PM - 3:45PM
Rahu 10:35AM - 11:53AM

Rohini Until 12:27PM
Variyan Until 10:49PM
Kaulava Until 3:11PM
Panchami Until 3:14AM Sat

Ganesha: White *Sunrise:* 6:43AM
Muruqa: Purple *Sunset:* 5:02PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina-Aipasi

Routine Work Marana Yoga

Until 12:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Malmö, Sweden

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.46 Tithi 21

634313464

Gulika 6:45AM - 8:02AM
Yama 1:09PM - 2:26PM
Rahu 9:19AM - 10:36AM

Mrigashira Until 1:09PM
Parigha* Until 9:36PM
Gara Until 3:13PM
Shashthi* Until 3:01AM Sun

Ganesha: White *Sunrise:* 6:45AM
Muruqa: Purple *Sunset:* 5:00PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina-Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Malmö, Sweden

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.55 Tithi 22

634313464

Gulika 2:25PM - 3:41PM
Yama 11:52AM - 1:09PM
Rahu 3:41PM - 4:57PM

Ardra Until 1:12PM
Shiva Until 7:59PM
Visti Until 2:44PM
Saptami Until 2:15AM Mon

Ganesha: White *Sunrise:* 6:47AM
Muruqa: Purple *Sunset:* 4:57PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina-Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 29.2 Tithi 23

644313464

Gulika 1:08PM - 2:24PM
Yama 10:36AM - 11:52AM
Rahu 8:05AM - 9:21AM

Punarvasu Until 1:01PM
Siddha Until 5:54PM
Balava Until 1:41PM
Ashtami* Until 12:56AM Tue

Ganesha: Clear *Sunrise:* 6:49AM
Muruqa: Purple *Sunset:* 4:55PM

Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Ashvina-Aipasi

Creative Work Amrita Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 13.05 Tithi 24

644313464

Gulika 11:52AM - 1:07PM
Yama 9:22AM - 10:37AM
Rahu 2:22PM - 3:37PM

Pushya Until 12:07PM
Sadhya Until 3:21PM
Taitila Until 12:04PM
Navami* Until 11:02PM

Ganesha: Clear *Sunrise:* 6:51AM
Muruqa: Purple *Sunset:* 4:53PM

Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Ashvina-Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Malmö, Sweden Sun 9 Sutra 192	
Kataka Rasi: 27.12	Tithi 25	Gulika 10:37AM – 11:52AM	Ashlesha* Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM		Vikarin 5121
		Yama 8:08AM – 9:23AM	Subha Until 12:24PM	Muruqa: Purple	<i>Sunset:</i> 4:50PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	644313464 Rahu 11:52AM – 1:06PM	Vanija Until 9:55AM	Nataraja: Purple			2nd Phase
			Dashami Until 8:38PM	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 10 Sutra 193	
Simha Rasi: 11.39	Tithi 26 – 27	Gulika 9:24AM – 10:38AM	Magha* Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:55AM		Vikarin 5121
		Yama 6:55AM – 8:09AM	Sukla Until 9:02AM	Muruqa: Purple	<i>Sunset:</i> 4:48PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	654313464 Rahu 1:06PM – 2:20PM	Bava Until 7:16AM	Nataraja: Purple			2nd Phase
Until 8:45AM			Ekadashi* Until 5:47PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillal/Gara Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 11 Sutra 194	
Simha Rasi: 26.22	Tithi 27 – 28	Gulika 8:11AM – 9:25AM	Purvaphalguni Until 6:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:57AM		Vikarin 5121
		Yama 2:19PM – 3:32PM	Indra Until 1:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:46PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	655313464 Rahu 10:38AM – 11:52AM	Gara Until 12:59AM Sat	Nataraja: Purple			2nd Phase
			Dvadashi* Until 2:38PM	Moon – Red		Subha Sivaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 12 Sutra 195	
Kanya Rasi: 11.16	Tithi 28 – 29	Gulika 7:00AM – 8:13AM	Hasta Until 1:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 7:00AM		Vikarin 5121
		Yama 1:04PM – 2:17PM	Vaidhriti* Until 9:34PM	Muruqa: Purple	<i>Sunset:</i> 4:43PM		Moon 10 - Phase 27
Routine Work	Marana Yoga	665313464 Rahu 9:25AM – 10:38AM	Visti Until 9:37PM	Nataraja: Purple			2nd Phase
Until 1:19AM Sun			Trayodashi* Until 11:17AM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Malmö, Sweden Sun 13 Sutra 196	
Kanya Rasi: 26.14	Tithi 29 – 30	Gulika 2:16PM – 3:29PM	Chitra Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 7:02AM		Vikarin 5121
		Yama 11:51AM – 1:04PM	Vishkambha* Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 4:41PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	665313464 Rahu 3:29PM – 4:41PM	Catuspada Until 6:18PM	Nataraja: Purple			Amavasya
			Chaturdashi* Until 7:55AM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Malmö, Sweden Sun 14 Sutra 197	
Tula Rasi: 11.05	Tithi 1	Gulika 1:03PM – 2:15PM	Svati Until 8:24PM	Ganesha: Orange	<i>Sunrise:</i> 7:04AM		Vikarin 5121
Family Home Evening		Yama 10:39AM – 11:51AM	Priti Until 1:57PM	Muruqa: Purple	<i>Sunset:</i> 4:39PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 8:16AM – 9:27AM	Kintughna Until 3:12PM	Nataraja: Purple			Prathama
Until 8:24PM			Prathama* Until 1:47AM Tue	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Malmö, Sweden Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 25.43	Tithi 2	Gulika 11:51AM – 1:03PM	Vishakha Until 6:42PM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM		
		Yama 9:28AM – 10:40AM	Ayushman Until 10:32AM	Muruqa: Purple	<i>Sunset:</i> 4:37PM		Moon 10 - Phase 28
		675313464 Rahu 2:14PM – 3:25PM	Balava Until 12:31PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 11:21PM	Moon – Orange		Subha Sivaloka Day	
Until 6:42PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Malmö, Sweden Sun 16 Sutra 199 Vikarin 5121	
Virshika Rasi: 9.59	Tithi 3	Gulika 10:40AM – 11:51AM	Anuradha Until 5:29PM	Ganesha: Clear	<i>Sunrise:</i> 7:08AM		
		Yama 8:19AM – 9:29AM	Saubhagya Until 7:34AM	Muruqa: Purple	<i>Sunset:</i> 4:35PM		Moon 10 - Phase 28
		675313464 Rahu 11:51AM – 1:02PM	Taitila Until 10:22AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Orange		Subha Sivaloka Day	
						Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Malmö, Sweden Sun 17 Sutra 200 Vikarin 5121	
Virshika Rasi: 23.49	Tithi 4	Gulika 9:30AM – 10:41AM	Jyeshtha* Until 4:51PM	Ganesha: Clear	<i>Sunrise:</i> 7:10AM		
		Yama 7:10AM – 8:20AM	Athiganda* Until 3:24AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:32PM		Moon 10 - Phase 28
		675313464 Rahu 1:01PM – 2:12PM	Vanija Until 8:57AM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 8:31PM	Moon – Orange		Subha Sivaloka Day	
Until 4:51PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Malmö, Sweden Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 7.1	Tithi 5	Gulika 8:22AM – 9:31AM	Mula* Until 5:20PM	Ganesha: Purple	<i>Sunrise:</i> 7:12AM		
		Yama 2:11PM – 3:20PM	Sukarma Until 2:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Moon 10 - Phase 28
		685313464 Rahu 10:41AM – 11:51AM	Bava Until 8:21AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 5:20PM						Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Malmö, Sweden Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 20.05	Tithi 6	Gulika 7:14AM – 8:23AM	Purvashadha* Until 6:31PM	Ganesha: Purple	<i>Sunrise:</i> 7:14AM		
		Yama 1:00PM – 2:10PM	Dhriti Until 1:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:28PM		Moon 10 - Phase 28
		685313464 Rahu 9:33AM – 10:42AM	Kaulava Until 8:37AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:02PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 6:31PM						Kartika•Aipasi	
Then Routine Work - Marana Yoga		Skanda Shasthi					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Malmö, Sweden Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 2.37	Tithi 7	Gulika 2:09PM – 3:17PM	Uttarashadha Until 8:16PM	Ganesha: Purple	<i>Sunrise:</i> 7:16AM		
		Yama 11:51AM – 1:00PM	Shula* Until 1:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:26PM		Moon 10 - Phase 28
		685313464 Rahu 3:17PM – 4:26PM	Gara Until 9:42AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 10:30PM	Moon – Light Blue		Subha Subha Sivaloka Day	
						Kartika•Aipasi	

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Malmö, Sweden Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 14.49	Tithi 8	Gulika 12:59PM – 2:08PM	Shravana Until 10:57PM	Ganesha: Purple	<i>Sunrise:</i> 7:18AM		
Family Home Evening		Yama 10:43AM – 11:51AM	Ganda* Until 2:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:24PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 8:26AM – 9:35AM	Visti Until 11:29AM	Nataraja: Purple			Ashtami
Until 10:57PM			Ashtami* Until 12:33AM Tue	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga						Kartika•Aipasi	

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Malmö, Sweden Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 26.5	Tithi 9	Gulika 11:51AM – 12:59PM	Dhanishtha Until 1:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:20AM		
		Yama 9:36AM – 10:43AM	Vriddhi Until 3:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:22PM		Moon 10 - Phase 28
		696313464 Rahu 2:07PM – 3:14PM	Balava Until 1:45PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 2:58AM Wed	Moon – Purple		Sivaloka Day	
						Kartika•Aipasi	


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden
	Kumbha Rasi: 8.43	Tithi 10	Gulika 10:44AM – 11:51AM	Shatabhishak Until 4:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:22AM	Sun 23 Sutra 206
			Yama 8:29AM – 9:37AM	Dhruva Until 4:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:20PM	Vikarin 5121
	696313464	Rahu 11:51AM – 12:58PM		Taitila Until 4:16PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Malmö, Sweden
	Kumbha Rasi: 20.34	Tithi 11	Gulika 9:38AM – 10:44AM	Purvaproshtapada* Until 7:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	Sun 24 Sutra 207
			Yama 7:24AM – 8:31AM	Vyaghata* Until 5:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:18PM	Vikarin 5121
	716313464	Rahu 12:58PM – 2:05PM		Vanija Until 6:47PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM Fri	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Meena Rasi: 2.28	Tithi 11 – 12	Gulika 8:33AM – 9:39AM	Purvaproshtapada* Until 7:44AM	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	Sun 25 Sutra 208
			Yama 2:04PM – 3:10PM	Harshana Until 5:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:16PM	Vikarin 5121
	716313464	Rahu 10:45AM – 11:51AM		Bava Until 9:08PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden
	Meena Rasi: 14.26	Tithi 12 – 13	Gulika 7:28AM – 8:34AM	Uttaraproshtapada Until 10:25AM	Ganesha: Yellow	<i>Sunrise:</i> 7:28AM	Sun 26 Sutra 209
			Yama 12:57PM – 2:03PM	Vajra* Until 6:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:14PM	Vikarin 5121
	716313464	Rahu 9:40AM – 10:46AM		Kaulava Until 11:12PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:11AM	Moon – Clear		Subha Sivaloka Day	
Until 10:25AM				Kartika-Aipasi			
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden
	Meena Rasi: 26.32	Tithi 13 – 14	Gulika 2:02PM – 3:07PM	Revati Until 12:37PM	Ganesha: Yellow	<i>Sunrise:</i> 7:30AM	Sun 27 Sutra 210
			Yama 11:51AM – 12:57PM	Vajra* Until 6:08AM	Muruqa: Purple	<i>Sunset:</i> 4:12PM	Vikarin 5121
	716313464	Rahu 3:07PM – 4:12PM		Gara Until 12:52AM Mon	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 12:03PM	Moon – Clear		Subha Sivaloka Day	
Until 12:37PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden
	Mesha Rasi: 8.48	Tithi 14 – 15	Gulika 12:56PM – 2:01PM	Ashvini Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 7:33AM	Sutra 211
	Family Home Evening		Yama 10:47AM – 11:52AM	Siddhi Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 4:11PM	Vikarin 5121
	727313464	Rahu 8:37AM – 9:42AM		Visti Until 2:07AM Tue	Nataraja: Purple		Moon 10 - Phase 29 Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 1:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

6	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Malmö, Sweden
	Mesha Rasi: 21.15	Tithi 15 – 16	Gulika 11:52AM – 12:56PM	Bharani Until 4:19PM	Ganesha: White	<i>Sunrise:</i> 7:35AM	Sutra 212
			Yama 9:43AM – 10:47AM	Vyatipata* Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 4:09PM	Vikarin 5121
	727413464	Rahu 2:00PM – 3:04PM		Balava Until 2:57AM Wed	Nataraja: Purple		Moon 10 - Phase 29 Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vrishabha Rasi: 3.53 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:48AM – 11:52AM
Yama 8:40AM – 9:44AM
Rahu 11:52AM – 12:56PM
Krittika Until 5:19PM
Parigha* Until 4:39AM Thu
Taitila Until 3:22AM Thu
Prathama* Until 3:11PM

Ganesha: White **Sunrise:** 7:37AM
Muruqa: Purple **Sunset:** 4:07PM
Nataraja: Purple
Moon – White
Kartika-Aipasi

Sivaloka Day

Malmö, Sweden
Sutra 213
Vikarin 5121
Moon 11 - Phase 30
1st Phase

1

Thursday, November 14, 2019

Vrishabha Rasi: 16.43 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:45AM – 10:49AM
Yama 7:39AM – 8:42AM
Rahu 12:55PM – 1:59PM
Rohini Until 6:14PM
Shiva Until 3:31AM Fri
Vanija Until 3:23AM Fri
Dvitiya Until 3:24PM

Ganesha: Clear **Sunrise:** 7:39AM
Muruqa: Purple **Sunset:** 4:05PM
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Subha Sivaloka Day

Malmö, Sweden
Sun 1 Sutra 214
Vikarin 5121
Moon 11 - Phase 30
1st Phase

2

Friday, November 15, 2019

Vrishabha Rasi: 29.43 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 8:44AM – 9:46AM
Yama 1:58PM – 3:01PM
Rahu 10:49AM – 11:52AM
Mrigashira Until 6:38PM
Siddha Until 2:03AM Sat
Bava Until 3:02AM Sat
Tritiya Until 3:14PM

Ganesha: Clear **Sunrise:** 7:41AM
Muruqa: Purple **Sunset:** 4:04PM
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Subha Sivaloka Day

Malmö, Sweden
Sun 2 Sutra 215
Vikarin 5121
Moon 11 - Phase 30
1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 12.56 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:43AM – 8:45AM
Yama 12:55PM – 1:57PM
Rahu 9:47AM – 10:50AM
Ardra Until 6:32PM
Sadhya Until 12:19AM Sun
Kaulava Until 2:20AM Sun
Chaturthi* Until 2:42PM

Ganesha: Clear **Sunrise:** 7:43AM
Muruqa: Purple **Sunset:** 4:02PM
Nataraja: Purple
Moon – Yellow
Kartika-Kartikai

Subha Sivaloka Day

Malmö, Sweden
Sun 3 Sutra 216
Vikarin 5121
Moon 11 - Phase 30
1st Phase

4

Sunday, November 17, 2019

Mithuna Rasi: 26.2 Tithi 20 – 21

747413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:56PM – 2:58PM
Yama 11:52AM – 12:54PM
Rahu 2:58PM – 4:00PM
Punarvasu Until 6:24PM
Subha Until 10:20PM
Gara Until 1:17AM Mon
Panchami Until 1:50PM

Ganesha: Purple **Sunrise:** 7:45AM
Muruqa: Purple **Sunset:** 4:00PM
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Devaloka Day

Malmö, Sweden
Sun 4 Sutra 217
Vikarin 5121
Moon 11 - Phase 30
1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 9.55 Tithi 21 – 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 12:54PM – 1:56PM
Yama 10:51AM – 11:53AM
Rahu 8:48AM – 9:50AM
Pushya Until 5:46PM
Sukla Until 8:03PM
Visti Until 11:53PM
Shashthi* Until 12:37PM

Ganesha: Clear **Sunrise:** 7:47AM
Muruqa: Purple **Sunset:** 3:59PM
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Sivaloka Day

Malmö, Sweden
Sun 5 Sutra 218
Vikarin 5121
Moon 11 - Phase 30
1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 23.43 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamy/Ashlamyam Titau

Gulika 11:53AM – 12:54PM
Yama 9:51AM – 10:52AM
Rahu 1:55PM – 2:56PM
Ashlesha* Until 4:40PM
Brahma Until 5:31PM
Balava Until 10:10PM
Saptami Until 11:03AM

Ganesha: Clear **Sunrise:** 7:49AM
Muruqa: Purple **Sunset:** 3:57PM
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Sivaloka Day

Malmö, Sweden
Sun 6 Sutra 219
Vikarin 5121
Moon 11 - Phase 30
Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 7.42 Tithi 23 – 24

758413465

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:52AM – 11:53AM
Yama 8:51AM – 9:52AM
Rahu 11:53AM – 12:54PM
Magha* Until 3:32PM
Indra Until 2:44PM
Taitila Until 8:08PM
Ashtami* Until 9:10AM

Ganesha: White **Sunrise:** 7:51AM
Muruqa: Purple **Sunset:** 3:56PM
Nataraja: Clear
Moon – Red
Kartika-Kartikai

Subha Sivaloka Day

Malmö, Sweden
Sun 7 Sutra 220
Vikarin 5121
Moon 11 - Phase 30
Navami


1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Malmö, Sweden Sun 8 Sutra 221 Vikarin 5121	
Simha Rasi: 21.54	Tithi 24 – 25	Gulika 9:53AM – 10:53AM	Purvaphalguni Until 1:59PM	Ganesha: White	<i>Sunrise:</i> 7:52AM		
		Yama 7:52AM – 8:53AM	Vaidhriti* Until 11:42AM	Muruqa: Purple	<i>Sunset:</i> 3:54PM		Moon 11 - Phase 31
		Rahu 12:54PM – 1:54PM	Visti Until 4:33AM Fri	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:59AM	Moon – Red		Subha Sivaloka Day	
				Karttika-Karttikai			

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Ekadashyam Titau		Malmö, Sweden Sun 9 Sutra 222 Vikarin 5121	
Kanya Rasi: 6.16	Tithi 26	Gulika 8:54AM – 9:54AM	Uttaraphalguni Until 12:03PM	Ganesha: White	<i>Sunrise:</i> 7:54AM		
		Yama 1:53PM – 2:53PM	Vishkambha* Until 8:29AM	Muruqa: Purple	<i>Sunset:</i> 3:53PM		Moon 11 - Phase 31
		Rahu 10:54AM – 11:54AM	Bava Until 3:17PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:57AM Sat	Moon – Red		Subha Sivaloka Day	
Until 12:03PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau		Malmö, Sweden Sun 10 Sutra 223 Vikarin 5121	
Kanya Rasi: 20.44	Tithi 27	Gulika 7:56AM – 8:56AM	Hasta Until 10:16AM	Ganesha: Yellow	<i>Sunrise:</i> 7:56AM		
		Yama 12:53PM – 1:53PM	Ayushman Until 1:45AM Sun	Muruqa: Purple	<i>Sunset:</i> 3:52PM		Moon 11 - Phase 31
		Rahu 9:55AM – 10:55AM	Kaulava Until 12:39PM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 11:17PM	Moon – Green		Sivaloka Day	
				Karttika-Karttikai			

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Malmö, Sweden Sun 11 Sutra 224 Vikarin 5121	
Tula Rasi: 5.15	Tithi 28	Gulika 1:52PM – 2:51PM	Chitra Until 8:20AM	Ganesha: Blue	<i>Sunrise:</i> 7:58AM		
		Yama 11:54AM – 12:53PM	Saubhagya Until 10:25PM	Muruqa: Purple	<i>Sunset:</i> 3:50PM		Moon 11 - Phase 31
		Rahu 2:51PM – 3:50PM	Gara Until 9:59AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:40PM	Moon – Green		Devaloka Day	
				Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>			

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Malmö, Sweden Sun 12 Sutra 225 Vikarin 5121	
Tula Rasi: 19.41	Tithi 29	Gulika 12:53PM – 1:52PM	Svati Until 6:21AM	Ganesha: Blue	<i>Sunrise:</i> 8:00AM		
Family Home Evening		Yama 10:56AM – 11:55AM	Sobhana Until 7:15PM	Muruqa: Purple	<i>Sunset:</i> 3:49PM		Moon 11 - Phase 31
		Rahu 8:59AM – 9:57AM	Visti Until 7:26AM	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 6:14PM	Moon – Green		Devaloka Day	
Until 6:21AM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Malmö, Sweden Sun 13 Sutra 226 Vikarin 5121	
Retreat Star		Gulika 11:55AM – 12:53PM	Anuradha Until 3:42AM Wed	Ganesha: Blue	<i>Sunrise:</i> 8:02AM		
Vrischika Rasi: 3.58	Tithi 30 – 1	Yama 9:58AM – 10:57AM	Athiganda* Until 4:20PM	Muruqa: Purple	<i>Sunset:</i> 3:48PM		Moon 11 - Phase 31
		Rahu 1:51PM – 2:50PM	Kintughna Until 3:16AM Wed	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:08PM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Malmö, Sweden Sun 14 Sutra 227 Vikarin 5121	
Vrischika Rasi: 17.59	Tithi 1 – 2	Gulika 10:57AM – 11:55AM	Jyeshtha* Until 2:53AM Thu	Ganesha: Blue	<i>Sunrise:</i> 8:04AM		
		Yama 9:01AM – 9:59AM	Sukarma Until 1:49PM	Muruqa: Purple	<i>Sunset:</i> 3:47PM		Moon 11 - Phase 31
		Rahu 11:55AM – 12:53PM	Balava Until 1:55AM Thu	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:30PM	Moon – Orange		Devaloka Day	
				Margasira-Karttikai			

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Malmö, Sweden Sun 15 Sutra 228 Vikarin 5121		
Dhanus Rasi: 1.39	Tithi 2 – 3	Gulika 10:00AM – 10:58AM	Mula* Until 3:02AM Fri	Ganesha: Blue	Sunrise: 8:05AM	Muruqa: Purple	Sunset: 3:46PM	Moon 11 - Phase 32 3rd Phase
		Yama 8:05AM – 9:03AM	Dhriti Until 11:47AM	Nataraja: Clear				
		789413465 Rahu 12:53PM – 1:51PM	Taitila Until 1:15AM Fri	Moon – Light Blue				Devaloka Day
Creative Work	Siddha Yoga		Dvitiya Until 1:29PM	Margasira•Karttikai				
Until 3:02AM Fri								
Then Routine Work - Prabalarishta Yoga								
2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Malmö, Sweden Sun 16 Sutra 229 Vikarin 5121		
Dhanus Rasi: 14.56	Tithi 3 – 4	Gulika 9:04AM – 10:01AM	Purvashadha* Until 3:45AM Sat	Ganesha: Blue	Sunrise: 8:07AM	Muruqa: Purple	Sunset: 3:45PM	Moon 11 - Phase 32 3rd Phase
		Yama 1:50PM – 2:48PM	Shula* Until 10:16AM	Nataraja: Clear				
		789413465 Rahu 10:59AM – 11:56AM	Vanija Until 1:19AM Sat	Moon – Light Blue				Devaloka Day
Routine Work	Prabalarishta Yoga		Tritiya Until 1:10PM	Margasira•Karttikai				
Until 3:45AM Sat								
Then Routine Work - Marana Yoga								
3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 17 Sutra 230 Vikarin 5121		
Dhanus Rasi: 27.51	Tithi 4 – 5	Gulika 8:09AM – 9:06AM	Uttarashadha Until 5:01AM Sun	Ganesha: Blue	Sunrise: 8:09AM	Muruqa: Purple	Sunset: 3:44PM	Moon 11 - Phase 32 3rd Phase
		Yama 12:53PM – 1:50PM	Ganda* Until 9:21AM	Nataraja: Clear				
		789413465 Rahu 10:02AM – 10:59AM	Bava Until 2:08AM Sun	Moon – Light Blue				Devaloka Day
Routine Work	Marana Yoga		Chaturthi* Until 1:37PM	Margasira•Karttikai				
Until 5:01AM Sun								
Then Creative Work - Amrita Yoga								
4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Malmö, Sweden Sun 18 Sutra 231 Vikarin 5121		
Makara Rasi: 10.25	Tithi 5 – 6	Gulika 1:50PM – 2:46PM	Shravana Until 7:16AM Mon	Ganesha: Yellow	Sunrise: 8:10AM	Muruqa: Purple	Sunset: 3:43PM	Moon 11 - Phase 32 3rd Phase
		Yama 11:57AM – 12:53PM	Vridhhi Until 9:01AM	Nataraja: Clear				
		799413465 Rahu 2:46PM – 3:43PM	Kaulava Until 3:39AM Mon	Moon – Purple				Sivaloka Day
Creative Work	Amrita Yoga		Panchami Until 2:47PM	Margasira•Karttikai				
Until 7:16AM Mon								
Then Creative Work - Siddha Yoga								
5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Malmö, Sweden Sun 19 Sutra 232 Vikarin 5121		
Makara Rasi: 22.41	Tithi 6 – 7	Gulika 12:53PM – 1:50PM	Shravana Until 7:16AM	Ganesha: Clear	Sunrise: 8:12AM	Muruqa: Purple	Sunset: 3:42PM	Moon 11 - Phase 32 3rd Phase
Family Home Evening		Yama 11:01AM – 11:57AM	Dhruva Until 9:09AM	Nataraja: Clear				
		791413465 Rahu 9:08AM – 10:04AM	Gara Until 5:42AM Tue	Moon – Purple				Sivaloka Day
Creative Work	Amrita Yoga		Shashthi* Until 4:35PM	Margasira•Karttikai				
Until 7:16AM								
Then Creative Work - Siddha Yoga								
6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau		Malmö, Sweden Sun 20 Sutra 233 Vikarin 5121		
Kumbha Rasi: 4.44	Tithi 7	Gulika 11:57AM – 12:53PM	Dhanishtha Until 9:51AM	Ganesha: Clear	Sunrise: 8:13AM	Muruqa: Purple	Sunset: 3:41PM	Moon 11 - Phase 32 3rd Phase
		Yama 10:05AM – 11:01AM	Vyaghata* Until 9:41AM	Nataraja: Clear				
		791413465 Rahu 1:49PM – 2:45PM	Vanija Until 6:51PM	Moon – Purple				Sivaloka Day
Creative Work	Siddha Yoga		Saptami Until 6:51PM	Margasira•Karttikai				
Until 9:51AM								
Then Routine Work - Marana Yoga								
Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Malmö, Sweden Sun 21 Sutra 234 Vikarin 5121		
Kumbha Rasi: 16.4	Tithi 8	Gulika 11:02AM – 11:58AM	Shatabhishak Until 12:33PM	Ganesha: Clear	Sunrise: 8:15AM	Muruqa: Purple	Sunset: 3:41PM	Moon 11 - Phase 32 Ashtami
		Yama 9:11AM – 10:06AM	Harshana Until 10:27AM	Nataraja: Clear				
		791413465 Rahu 11:58AM – 12:54PM	Visti Until 8:05AM	Moon – Purple				Sivaloka Day
Creative Work	Siddha Yoga		Ashtami* Until 9:19PM	Margasira•Karttikai				
Until 12:33PM								
Then Creative Work - Amrita Yoga								
Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Malmö, Sweden Sun 22 Sutra 235 Vikarin 5121		
Kumbha Rasi: 28.32	Tithi 9	Gulika 10:07AM – 11:03AM	Purvaproshtapada* Until 3:39PM	Ganesha: Yellow	Sunrise: 8:17AM	Muruqa: Purple	Sunset: 3:40PM	Moon 11 - Phase 32 Navami
		Yama 8:17AM – 9:12AM	Vajra* Until 11:15AM	Nataraja: Clear				
		711413465 Rahu 12:54PM – 1:49PM	Balava Until 10:36AM	Moon – Clear				Sivaloka Day
Creative Work	Siddha Yoga		Navami* Until 11:48PM	Margasira•Karttikai				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden
Meena Rasi: 10.27	Tithi 10	711413465	Gulika 9:13AM – 10:08AM Yama 1:49PM – 2:44PM Rahu 11:04AM – 11:59AM	Uttaraproshtapada Until 6:27PM Siddhi Until 11:59AM Taitila Until 1:00PM Dashami Until 2:05AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 8:18AM Sunset: 3:39PM	Sun 23 Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase	Sivaloka Day
Creative Work Siddha Yoga								


2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden
Meena Rasi: 22.27	Tithi 11	711513465	Gulika 8:19AM – 9:14AM Yama 12:54PM – 1:49PM Rahu 10:09AM – 11:04AM	Revati Until 8:46PM Vyatipata* Until 12:31PM Vanija Until 3:07PM Ekadashi Until 3:59AM Sun	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 8:19AM Sunset: 3:39PM	Sun 24 Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase	Subha Sivaloka Day
Routine Work Prabalarishta Yoga Until 8:46PM Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Malmö, Sweden
Mesha Rasi: 5	Tithi 12	721513465	Gulika 1:49PM – 2:44PM Yama 12:00PM – 12:54PM Rahu 2:44PM – 3:38PM	Ashvini Until 10:59PM Variyan Until 12:43PM Bava Until 4:47PM Dvodashi Until 5:24AM Mon	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 8:21AM Sunset: 3:38PM	Sun 25 Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase	Sivaloka Day
Creative Work Siddha Yoga Until 10:59PM Then Routine Work - Prabalarishta Yoga								

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden
Mesha Rasi: 16.58	Tithi 13	721513465	Gulika 12:55PM – 1:49PM Yama 11:06AM – 12:00PM Rahu 9:17AM – 10:11AM	Bharani Until 12:30AM Tue Parigha* Until 12:31PM Kaulava Until 5:55PM Trayodashi Until 6:15AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 8:22AM Sunset: 3:38PM	Sun 26 Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase	Sivaloka Day
Family Home Evening Creative Work Siddha Yoga								

Pradosha Vrata

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden
Mesha Rasi: 29.34	Tithi 13 – 14	721513465	Gulika 12:00PM – 12:55PM Yama 10:12AM – 11:06AM Rahu 1:49PM – 2:43PM	Krittika Until 1:18AM Wed Shiva Until 11:54AM Gara Until 6:29PM Trayodashi Until 6:15AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 8:23AM Sunset: 3:38PM	Sun 27 Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase	Sivaloka Day
Creative Work Siddha Yoga								

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden
71513465	Copper Retreat Star	731523465	Gulika 11:07AM – 12:01PM Yama 9:19AM – 10:13AM Rahu 12:01PM – 12:55PM	Rohini Until 1:52AM Thu Siddha Until 10:49AM Visti Until 6:28PM Chaturdashi* Until 6:31AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 8:24AM Sunset: 3:37PM	Sun 28 Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima	Sivaloka Day
Vrishabha Rasi: 12.27 Tithi 14 – 15 Creative Work Siddha Yoga Until 1:52AM Thu Then Routine Work - Marana Yoga								

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Malmö, Sweden		
732523465	Silver Retreat Star	732523465	Gulika 10:14AM – 11:07AM Yama 8:26AM – 9:20AM Rahu 12:55PM – 1:49PM	Mrigashira Until 1:48AM Fri Sadhya Until 9:20AM Kaulava Until 5:27AM Fri Purnima* Until 6:14AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 8:26AM Sunset: 3:37PM	Sun 29 Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama	Devaloka Day
Vrishabha Rasi: 25.36 Tithi 15 – 16 Routine Work Marana Yoga Until 1:48AM Fri Then Creative Work - Siddha Yoga								

Vinayaga Viratam Begins



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmo, Sweden

Sutra 243

Mithuna Rasi: 9.01 Tithi 17

732523465

Gulika 9:20AM – 10:14AM
Yama 1:50PM – 2:43PM
Rahu 11:08AM – 12:02PM

Ardra Until 1:09AM Sat

Subha Until 7:28AM

Taitila Until 4:56PM

Dvitiya Until 4:16AM Sat

Ganesha: Clear Sunrise: 8:27AM

Muruga: Clear Sunset: 3:37PM

Nataraja: Clear

Moon – Yellow

Margasira-Karttikai

Devaloka Day

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmo, Sweden

Sun 1 Sutra 244

Mithuna Rasi: 22.41 Tithi 18

742523465

Gulika 8:28AM – 9:21AM
Yama 12:56PM – 1:50PM
Rahu 10:15AM – 11:09AM

Punarvasu Until 12:29AM Sun

Brahma Until 2:49AM Sun

Vanija Until 3:34PM

Tritiya Until 2:45AM Sun

Ganesha: Purple Sunrise: 8:28AM

Muruga: Clear Sunset: 3:37PM

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Malmo, Sweden

Sun 2 Sutra 245

Kataka Rasi: 6.31 Tithi 19

742523465

Gulika 1:50PM – 2:44PM
Yama 12:03PM – 12:56PM
Rahu 2:44PM – 3:37PM

Pushya Until 11:25PM

Indra Until 12:11AM Mon

Bava Until 1:55PM

Chaturthi* Until 1:00AM Mon

Ganesha: Purple Sunrise: 8:29AM

Muruga: Clear Sunset: 3:37PM

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmo, Sweden

Sun 3 Sutra 246

Kataka Rasi: 20.31 Tithi 20

742523465

Gulika 12:57PM – 1:50PM
Yama 11:10AM – 12:03PM
Rahu 9:23AM – 10:17AM

Ashlesha* Until 10:02PM

Vaidhriti* Until 9:24PM

Kaulava Until 12:04PM

Panchami Until 11:04PM

Ganesha: Purple Sunrise: 8:30AM

Muruga: Clear Sunset: 3:37PM

Nataraja: Clear

Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

Family Home Evening

Until 10:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Malmo, Sweden

Sun 4 Sutra 247

Simha Rasi: 4.35 Tithi 21

852523465

Gulika 12:04PM – 12:57PM
Yama 10:17AM – 11:11AM
Rahu 1:51PM – 2:44PM

Magha* Until 8:50PM

Vishkambha* Until 6:33PM

Gara Until 10:06AM

Shashthi* Until 9:03PM

Ganesha: Purple Sunrise: 8:30AM

Muruga: Clear Sunset: 3:37PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Malmo, Sweden

Sun 5 Sutra 248

Simha Rasi: 18.43 Tithi 22

852523465

Gulika 11:11AM – 12:04PM
Yama 9:25AM – 10:18AM
Rahu 12:04PM – 12:58PM

Purvaphalguni Until 7:27PM

Priti Until 3:40PM

Visti Until 8:02AM

Saptami Until 6:59PM

Ganesha: Purple Sunrise: 8:31AM

Muruga: Clear Sunset: 3:38PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Malmo, Sweden

Sun 6 Sutra 249

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

Gulika 10:18AM – 11:12AM
Yama 8:32AM – 9:25AM
Rahu 12:58PM – 1:51PM

Uttaraphalguni Until 5:55PM

Ayushman Until 12:44PM

Taitila Until 3:53AM Fri

Ashtami* Until 4:54PM

Ganesha: Purple Sunrise: 8:32AM

Muruga: Clear Sunset: 3:38PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

Ashtami

Amrita Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Malmo, Sweden

Sun 7 Sutra 250

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

Gulika 9:26AM – 10:19AM
Yama 1:52PM – 2:45PM
Rahu 11:12AM – 12:05PM

Hasta Until 4:41PM

Saubhagya Until 9:50AM

Vanija Until 1:51AM Sat

Navami* Until 2:50PM

Ganesha: Clear Sunrise: 8:33AM

Muruga: Clear Sunset: 3:38PM

Nataraja: Clear

Moon – Green

Margasira-Markali

Devaloka Day

Moon 12 - Phase 34

Navami

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Malmö, Sweden Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.09	Tithi 25 – 26	Gulika 8:33AM – 9:26AM	Chitra Until 3:22PM	Ganesha: Clear <i>Sunrise:</i> 8:33AM	
		Yama 12:59PM – 1:52PM	Sobhana Until 6:59AM	Muruqa: Clear <i>Sunset:</i> 3:39PM	Moon 12 - Phase 35
	862523465	Rahu 10:20AM – 11:13AM	Bava Until 11:54PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Green	Devaloka Day
Until 3:22PM		Day 1 of Pancha Ganapati	Dashami Until 12:51PM	Margasira*Markali	
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Malmö, Sweden Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.13	Tithi 26 – 27	Gulika 1:53PM – 2:46PM	Svati Until 2:03PM	Ganesha: Clear <i>Sunrise:</i> 8:34AM	
		Yama 12:06PM – 1:00PM	Sukarma Until 1:33AM Mon	Muruqa: Clear <i>Sunset:</i> 3:39PM	Moon 12 - Phase 35
	862523465	Rahu 2:46PM – 3:39PM	Kaulava Until 10:07PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Green	Devaloka Day
Until 2:03PM		Day 2 of Pancha Ganapati	Ekadashi* Until 10:58AM	Margasira*Markali	
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Malmö, Sweden Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.1	Tithi 27 – 28	Gulika 1:00PM – 1:53PM	Vishakha Until 1:13PM	Ganesha: White <i>Sunrise:</i> 8:34AM	
Family Home Evening		Yama 11:14AM – 12:07PM	Dhriti Until 11:07PM	Muruqa: Clear <i>Sunset:</i> 3:40PM	Moon 12 - Phase 35
	872523465	Rahu 9:27AM – 10:21AM	Gara Until 8:34PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Orange	Bhuloka Day
Until 1:13PM		Day 3 of Pancha Ganapati	Dvadashi* Until 9:17AM	Margasira*Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Malmö, Sweden Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.57	Tithi 28 – 29	Gulika 12:07PM – 1:01PM	Anuradha Until 12:31PM	Ganesha: White <i>Sunrise:</i> 8:35AM	
		Yama 10:21AM – 11:14AM	Shula* Until 8:54PM	Muruqa: Clear <i>Sunset:</i> 3:40PM	Moon 12 - Phase 35
	872523465	Rahu 1:54PM – 2:47PM	Visti Until 7:19PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Orange	Bhuloka Day
Until 12:31PM		Day 4 of Pancha Ganapati	Trayodashi* Until 7:52AM	Margasira*Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Malmö, Sweden Sun 12 Sutra 255 Vikarin 5121
Retreat Star		Gulika 11:15AM – 12:08PM	Jyeshtha* Until 12:02PM	Ganesha: White <i>Sunrise:</i> 8:35AM	
Vrischika Rasi: 26.32	Tithi 29 – 30	Yama 9:28AM – 10:21AM	Ganda* Until 7:02PM	Muruqa: Clear <i>Sunset:</i> 3:41PM	Moon 12 - Phase 35
	872523465	Rahu 12:08PM – 1:01PM	Catuspada Until 6:29PM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga			Moon – Orange	Bhuloka Day
Until 12:02PM		Day 5 of Pancha Ganapati	Chaturdashi* Until 6:49AM	Margasira*Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Malmö, Sweden Sun 13 Sutra 256 Vikarin 5121
Retreat Star		Gulika 10:22AM – 11:15AM	Mula* Until 12:19PM	Ganesha: Orange <i>Sunrise:</i> 8:35AM	
Dhanus Rasi: 9.52	Tithi 30 – 1	Yama 8:35AM – 9:29AM	Vriddhi Until 5:34PM	Muruqa: Clear <i>Sunset:</i> 3:42PM	Moon 12 - Phase 35
	883523465	Rahu 1:02PM – 1:55PM	Kintughna Until 6:09PM	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga			Moon – Light Blue	Devaloka Day
		Annular Solar Eclipse	Amavasya* Until 6:14AM	Pausha*Markali	

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dviliyayam Titau		Malmö, Sweden Sun 14 Sutra 257 Vikarin 5121	
Dhanus Rasi: 22.55	Tithi 1 – 2	Gulika 9:29AM – 10:22AM	Purvashadha* Until 12:59PM	Ganesha: Orange	<i>Sunrise:</i> 8:35AM		
		Yama 1:56PM – 2:49PM	Dhruva Until 4:31PM	Muruqa: Clear	<i>Sunset:</i> 3:43PM		Moon 12 - Phase 36
		883523466 Rahu 11:16AM – 12:09PM	Balava Until 6:22PM	Nataraja: Orange			3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 6:10AM	Moon – Light Blue			Devaloka Day
Until 12:59PM				Pausha-Markali			
Then Routine Work - Marana Yoga							

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitilla Karana Dviliya/Tritiyayam Titau		Malmö, Sweden Sun 15 Sutra 258 Vikarin 5121	
Makara Rasi: 5.41	Tithi 2 – 3	Gulika 8:36AM – 9:29AM	Uttarashadha Until 2:04PM	Ganesha: Orange	<i>Sunrise:</i> 8:36AM		
		Yama 1:03PM – 1:57PM	Vyaghata* Until 3:56PM	Muruqa: Clear	<i>Sunset:</i> 3:44PM		Moon 12 - Phase 36
		883523466 Rahu 10:23AM – 11:16AM	Taitilla Until 7:12PM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:42AM	Moon – Light Blue			Devaloka Day
Until 2:04PM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Malmö, Sweden Sun 16 Sutra 259 Vikarin 5121	
Makara Rasi: 18.1	Tithi 3 – 4	Gulika 1:57PM – 2:51PM	Shravana Until 4:02PM	Ganesha: Clear	<i>Sunrise:</i> 8:36AM		
		Yama 12:10PM – 1:04PM	Harshana Until 3:48PM	Muruqa: Clear	<i>Sunset:</i> 3:45PM		Moon 12 - Phase 36
		893523466 Rahu 2:51PM – 3:45PM	Vanija Until 8:37PM	Nataraja: Orange			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 7:49AM	Moon – Purple			Devaloka Day
Until 4:02PM				Pausha-Markali			
Then Routine Work - Marana Yoga							

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 17 Sutra 260 Vikarin 5121	
Kumbha Rasi: 0.26	Tithi 4 – 5	Gulika 1:04PM – 1:58PM	Dhanishtha Until 6:20PM	Ganesha: Clear	<i>Sunrise:</i> 8:36AM		
		Yama 11:17AM – 12:11PM	Vajra* Until 4:03PM	Muruqa: Clear	<i>Sunset:</i> 3:46PM		Moon 12 - Phase 36
Family Home Evening		893523466 Rahu 9:29AM – 10:23AM	Bava Until 10:31PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 9:29AM	Moon – Purple			Devaloka Day
				Pausha-Markali			

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Malmö, Sweden Sun 18 Sutra 261 Vikarin 5121	
Kumbha Rasi: 12.31	Tithi 5 – 6	Gulika 12:11PM – 1:05PM	Shatabhishak Until 8:50PM	Ganesha: Clear	<i>Sunrise:</i> 8:35AM		
		Yama 10:23AM – 11:17AM	Siddhi Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 3:47PM		Moon 12 - Phase 36
		893523466 Rahu 1:59PM – 2:53PM	Kaulava Until 12:48AM Wed	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Panchami Until 11:36AM	Moon – Purple			Devaloka Day
				Pausha-Markali			

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitilla/Gara Karana Shashthi/Saptamyam Titau		Malmö, Sweden Sun 19 Sutra 262 Vikarin 5121	
Kumbha Rasi: 24.27	Tithi 6 – 7	Gulika 11:18AM – 12:12PM	Purvaproshtapada* Until 11:54PM	Ganesha: Blue	<i>Sunrise:</i> 8:35AM		
		Yama 9:29AM – 10:24AM	Vyatipata* Until 5:21PM	Muruqa: Clear	<i>Sunset:</i> 3:49PM		Moon 12 - Phase 36
		813623466 Rahu 12:12PM – 1:06PM	Gara Until 3:17AM Thu	Nataraja: Orange			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:01PM	Moon – Clear			Bhuloka Day
Until 11:54PM				Pausha-Markali			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Malmö, Sweden Sun 20 Sutra 263 Vikarin 5121	
Meena Rasi: 6.2	Tithi 7 – 8	Gulika 10:24AM – 11:18AM	Uttaraproshtapada Until 2:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 8:35AM		
		Yama 8:35AM – 9:29AM	Variyan Until 6:08PM	Muruqa: Clear	<i>Sunset:</i> 3:50PM		Moon 12 - Phase 36
		813623466 Rahu 1:07PM – 2:01PM	Visti Until 5:46AM Fri	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:31PM	Moon – Clear			Bhuloka Day
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau		Malmö, Sweden Sun 21 Sutra 264 Vikarin 5121	
Meena Rasi: 18.14	Tithi 8	Gulika 9:29AM – 10:24AM	Revati Until 5:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 8:34AM		
		Yama 2:02PM – 2:57PM	Parigha* Until 6:51PM	Muruqa: Clear	<i>Sunset:</i> 3:51PM		Moon 12 - Phase 36
		813623466 Rahu 11:18AM – 12:13PM	Bava Until 6:55PM	Nataraja: Orange			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:55PM	Moon – Clear			Bhuloka Day
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Malmö, Sweden Sun 22 Sutra 265 Vikarin 5121	
Mesha Rasi: 0.13	Tithi 9	Gulika 8:34AM – 9:29AM	Ashvini Until 7:54AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 8:34AM		
		Yama 1:08PM – 2:03PM	Shiva Until 7:21PM	Muruqa: Clear	<i>Sunset:</i> 3:53PM		Moon 12 - Phase 36
		823623466 Rahu 10:24AM – 11:19AM	Balava Until 8:02AM	Nataraja: Orange			Navami
Creative Work	Siddha Yoga		Navami* Until 9:01PM	Moon – White			Devaloka Day
Until 7:54AM Sun				Pausha-Markali			
Then Routine Work - Prabalarishta Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Sunday, January 5, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau	Malmö, Sweden Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.21	Tithi 10	Gulika 2:04PM – 2:59PM	Ashvini Until 7:54AM	Ganesha: Yellow	<i>Sunrise:</i> 8:34AM		
		Yama 12:14PM – 1:09PM	Siddha Until 7:27PM	Muruḡa: Clear	<i>Sunset:</i> 3:54PM	Moon 12 - Phase 37	
	823623466	Rahu 2:59PM – 3:54PM	Taitila Until 9:54AM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 7:54AM		Subramuniyaswami Jayanti	Dashami Until 10:36PM	Pausha-Markali			
Then Routine Work - Prabalarishta Yoga							

2		Monday, January 6, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau	Malmö, Sweden Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.43	Tithi 11	Gulika 1:10PM – 2:05PM	Bharani Until 9:44AM	Ganesha: Yellow	<i>Sunrise:</i> 8:33AM		
Family Home Evening		Yama 11:19AM – 12:14PM	Sadhya Until 7:06PM	Muruḡa: Clear	<i>Sunset:</i> 3:56PM	Moon 12 - Phase 37	
Creative Work	Siddha Yoga	823623466 Rahu 9:28AM – 10:24AM	Vanija Until 11:11AM	Nataraja: Orange		4th Phase	
Until 9:44AM		Vaikuntha Ekadasi	Ekadashi Until 11:33PM	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali			

3		Tuesday, January 7, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau	Malmö, Sweden Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.22	Tithi 12	Gulika 12:15PM – 1:10PM	Krittika Until 10:45AM	Ganesha: Yellow	<i>Sunrise:</i> 8:32AM		
		Yama 10:24AM – 11:19AM	Subha Until 6:13PM	Muruḡa: Clear	<i>Sunset:</i> 3:57PM	Moon 12 - Phase 37	
	823623466	Rahu 2:06PM – 3:02PM	Bava Until 11:47AM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:47PM	Moon – White		Devaloka Day	
Until 10:45AM				Pausha-Markali			
Then Creative Work - Amrita Yoga							

4		Wednesday, January 8, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Malmö, Sweden Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.22	Tithi 13	Gulika 11:19AM – 12:15PM	Rohini Until 11:22AM	Ganesha: White	<i>Sunrise:</i> 8:32AM		
		Yama 9:28AM – 10:24AM	Sukla Until 4:44PM	Muruḡa: Clear	<i>Sunset:</i> 3:59PM	Moon 12 - Phase 37	
	833623466	Rahu 12:15PM – 1:11PM	Kaulava Until 11:38AM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 11:17PM	Moon – Yellow		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
						<i>Pradosha Vrata</i>	

5		Thursday, January 9, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau	Malmö, Sweden Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.44	Tithi 14	Gulika 10:23AM – 11:20AM	Mrigashira Until 11:09AM	Ganesha: Yellow	<i>Sunrise:</i> 8:31AM		
		Yama 8:31AM – 9:27AM	Brahma Until 2:44PM	Muruḡa: Clear	<i>Sunset:</i> 4:00PM	Moon 12 - Phase 37	
	834623466	Rahu 1:12PM – 2:08PM	Gara Until 10:48AM	Nataraja: Orange		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 10:07PM	Moon – Yellow		Devaloka Day	
				Pausha-Markali			

○		Friday, January 10, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau	Malmö, Sweden Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 9:27AM – 10:23AM	Ardra Until 10:10AM	Ganesha: Yellow	<i>Sunrise:</i> 8:30AM		
Mithuna Rasi: 17.29	Tithi 15	Yama 2:09PM – 3:05PM	Indra Until 12:16PM	Muruḡa: Clear	<i>Sunset:</i> 4:02PM	Moon 12 - Phase 37	
	834623466	Rahu 11:20AM – 12:16PM	Visti Until 9:19AM	Nataraja: Orange		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 8:22PM	Moon – Yellow		Devaloka Day	
		Penumbral Lunar Eclipse		Pausha-Markali			
		Ardra Darshanam					

○		Saturday, January 11, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau	Malmö, Sweden Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 8:29AM – 9:26AM	Punarvasu Until 8:59AM	Ganesha: White	<i>Sunrise:</i> 8:29AM		
Kataka Rasi: 1.34	Tithi 16	Yama 1:13PM – 2:10PM	Vaidhriti* Until 9:22AM	Muruḡa: Clear	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 37	
	844623466	Rahu 10:23AM – 11:20AM	Balava Until 7:20AM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 6:10PM	Moon – Blue		Sivaloka Day	
				Pausha-Markali			



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:11PM - 3:08PM
Yama 12:17PM - 1:14PM
Rahu 3:08PM - 4:05PM

Pushya Until 7:17AM
Vishkambha* Until 6:12AM
Vanija Until 2:21AM Mon
Dvitiya Until 3:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 8:28AM
Sunset: 4:05PM

Malmö, Sweden
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

844623466

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:15PM - 2:12PM
Yama 11:20AM - 12:17PM
Rahu 9:25AM - 10:22AM

Magha* Until 3:21AM Tue
Ayushman Until 11:24PM
Bava Until 11:39PM
Tritiya Until 12:59PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Markali

Sunrise: 8:28AM
Sunset: 4:07PM

Malmö, Sweden
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

844623466

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:18PM - 1:15PM
Yama 10:22AM - 11:20AM
Rahu 2:13PM - 3:11PM

Purvaphalguni Until 1:23AM Wed
Saubhagya Until 7:58PM
Kaulava Until 8:57PM
Chaturthi* Until 10:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 8:27AM
Sunset: 4:09PM

Malmö, Sweden
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

844623466

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:20AM - 12:18PM
Yama 9:24AM - 10:22AM
Rahu 12:18PM - 1:16PM

Uttaraphalguni Until 11:26PM
Sobhana Until 4:40PM
Gara Until 6:24PM
Panchami Until 7:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 8:25AM
Sunset: 4:11PM

Malmö, Sweden
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

844623466

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:21AM - 11:20AM
Yama 8:24AM - 9:23AM
Rahu 1:17PM - 2:15PM

Hasta Until 10:00PM
Athiganda* Until 1:30PM
Visti Until 4:04PM
Saptami Until 2:59AM Fri

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 8:24AM
Sunset: 4:12PM

Malmö, Sweden
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:22AM - 10:21AM
Yama 2:16PM - 3:15PM
Rahu 11:20AM - 12:19PM

Chitra Until 8:43PM
Sukarma Until 10:35AM
Balava Until 2:01PM
Ashtami* Until 1:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 8:23AM
Sunset: 4:14PM

Malmö, Sweden
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 8:22AM - 9:21AM
Yama 1:18PM - 2:18PM
Rahu 10:20AM - 11:20AM

Svati Until 7:39PM
Dhriti Until 7:56AM
Tailila Until 12:19PM
Navami* Until 11:35PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 8:22AM
Sunset: 4:16PM

Malmö, Sweden
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Malmö, Sweden Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 25.49	Tithi 25	Gulika 2:19PM – 3:18PM	Vishakha Until 7:14PM	Ganesha: Clear <i>Sunrise:</i> 8:21AM	
		Yama 12:19PM – 1:19PM	Ganda* Until 3:30AM Mon	Muruḡa: Clear <i>Sunset:</i> 4:18PM	Moon 1 - Phase 39
		874623466 Rahu 3:18PM – 4:18PM	Vanija Until 10:58AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 10:26PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Malmö, Sweden Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 9.23	Tithi 26	Gulika 1:20PM – 2:20PM	Anuradha Until 7:02PM	Ganesha: Clear <i>Sunrise:</i> 8:19AM	
Family Home Evening		Yama 11:20AM – 12:20PM	Vriddhi Until 1:45AM Tue	Muruḡa: Clear <i>Sunset:</i> 4:20PM	Moon 1 - Phase 39
		874623466 Rahu 9:19AM – 10:19AM	Bava Until 10:01AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:40PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Malmö, Sweden Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 22.43	Tithi 27	Gulika 12:20PM – 1:20PM	Jyeshtha* Until 7:05PM	Ganesha: Purple <i>Sunrise:</i> 8:18AM	
		Yama 10:19AM – 11:19AM	Dhruva Until 12:17AM Wed	Muruḡa: Clear <i>Sunset:</i> 4:22PM	Moon 1 - Phase 39
		875623466 Rahu 2:21PM – 3:21PM	Kaulava Until 9:27AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:18PM	Moon – Orange	Bhuloka Day
Until 7:05PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Malmö, Sweden Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 5.5	Tithi 28	Gulika 11:19AM – 12:20PM	Mula* Until 7:51PM	Ganesha: Light Blue <i>Sunrise:</i> 8:16AM	
		Yama 9:17AM – 10:18AM	Vyaghata* Until 11:10PM	Muruḡa: Clear <i>Sunset:</i> 4:24PM	Moon 1 - Phase 39
		885623466 Rahu 12:20PM – 1:21PM	Gara Until 9:18AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 9:21PM	Moon – Light Blue	Bhuloka Day
Until 7:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Malmö, Sweden Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 18.46	Tithi 29	Gulika 10:18AM – 11:19AM	Purvashadha* Until 8:51PM	Ganesha: Light Blue <i>Sunrise:</i> 8:15AM	
		Yama 8:15AM – 9:16AM	Harshana Until 10:23PM	Muruḡa: Clear <i>Sunset:</i> 4:26PM	Moon 1 - Phase 39
		885623466 Rahu 1:22PM – 2:23PM	Visti* Until 9:34AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:50PM	Moon – Light Blue	Bhuloka Day
Until 8:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Malmö, Sweden Sun 13 Sutra 285 Vikarin 5121
Makara Rasi: 1.28	Tithi 30	Gulika 9:15AM – 10:17AM	Uttarashadha Until 10:07PM	Ganesha: Light Blue <i>Sunrise:</i> 8:13AM	
		Yama 2:24PM – 3:26PM	Vajra* Until 9:54PM	Muruḡa: Clear <i>Sunset:</i> 4:28PM	Moon 1 - Phase 39
		885623466 Rahu 11:19AM – 12:21PM	Catuspada Until 10:15AM	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 10:44PM	Moon – Light Blue	Bhuloka Day
				Pausha -Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Malmö, Sweden Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 13.59	Tithi 1	Gulika 8:12AM – 9:14AM	Shravana Until 12:08AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 8:12AM	
		Yama 1:23PM – 2:25PM	Siddhi Until 9:46PM	Muruḡa: Clear <i>Sunset:</i> 4:30PM	Moon 1 - Phase 39
		995623466 Rahu 10:16AM – 11:19AM	Kintughna Until 11:23AM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:05AM Sun	Moon – Purple	Bhuloka Day
Until 12:08AM Sun				Magha -Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Malmö, Sweden
Makara Rasi: 26.19	Tithi 2	Gulika	2:27PM – 3:29PM	Dhanishtha Until 2:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 8:10AM	Sun 15	Sutra 287
		Yama	12:21PM – 1:24PM	Vyatipata* Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM		Vikarin 5121
		995723466 Rahu	3:29PM – 4:32PM	Balava Until 12:56PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 1:50AM Mon	Moon – Purple			Devaloka Day
Until 2:21AM Mon					Magha-Thai			
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Malmö, Sweden
Kumbha Rasi: 8.29	Tithi 3	Gulika	1:25PM – 2:28PM	Shatabhishak Until 4:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 8:09AM	Sun 16	Sutra 288
Family Home Evening		Yama	11:18AM – 12:21PM	Variyan Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM		Vikarin 5121
Creative Work	Siddha Yoga	995723466 Rahu	9:12AM – 10:15AM	Taitila Until 2:52PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
Until 4:45AM Tue				Tritiya Until 3:56AM Tue	Moon – Purple			Devaloka Day
Then Routine Work - Marana Yoga					Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Vishti* Karana Chaturthyam Titau				Malmö, Sweden
Kumbha Rasi: 20.32	Tithi 4	Gulika	12:22PM – 1:25PM	Purvaprossthapada* Until 7:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 8:07AM	Sun 17	Sutra 289
		Yama	10:14AM – 11:18AM	Parigha* Until 11:02PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM		Vikarin 5121
		915723466 Rahu	2:29PM – 3:33PM	Vanija Until 5:06PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
Routine Work	Marana Yoga			Chaturthi* Until 6:18AM Wed	Moon – Clear			Sivaloka Day
Until 7:44AM Wed					Magha-Thai			
Then Creative Work - Siddha Yoga								

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*Uttaraprossthapada Nakshatra Shiva Yoga Vishti*/Bava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden
Meena Rasi: 2.28	Tithi 4 – 5	Gulika	11:18AM – 12:22PM	Purvaprossthapada* Until 7:44AM	Ganesha: Green	<i>Sunrise:</i> 8:05AM	Sun 18	Sutra 290
		Yama	9:09AM – 10:13AM	Shiva Until 11:51PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM		Vikarin 5121
		915723466 Rahu	12:22PM – 1:26PM	Bava Until 7:34PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
Creative Work	Amrita Yoga			Chaturthi* Until 6:18AM	Moon – Clear			Sivaloka Day
Until 7:44AM					Magha-Thai			
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Malmö, Sweden
Meena Rasi: 14.2	Tithi 5 – 6	Gulika	10:13AM – 11:17AM	Uttaraprossthapada Until 10:41AM	Ganesha: Green	<i>Sunrise:</i> 8:03AM	Sun 19	Sutra 291
		Yama	8:03AM – 9:08AM	Siddha Until 12:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:40PM		Vikarin 5121
		915723466 Rahu	1:27PM – 2:31PM	Kaulava Until 10:06PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
Creative Work	Siddha Yoga			Panchami Until 8:49AM	Moon – Clear			Sivaloka Day
Until 1:26PM					Magha-Thai			
Then Creative Work - Siddha Yoga								

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden
Meena Rasi: 26.13	Tithi 6 – 7	Gulika	9:07AM – 10:12AM	Revati Until 1:26PM	Ganesha: Orange	<i>Sunrise:</i> 8:02AM	Sun 20	Sutra 292
		Yama	2:32PM – 3:37PM	Sadhya Until 1:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:42PM		Vikarin 5121
		916723466 Rahu	11:17AM – 12:22PM	Gara Until 12:32AM Sat	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 11:19AM	Moon – Clear			Devaloka Day
Until 1:26PM					Magha-Thai			
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden
Mesha Rasi: 8.09	Tithi 7 – 8	Gulika	8:02AM – 9:07AM	Ashvini Until 4:20PM	Ganesha: Green	<i>Sunrise:</i> 8:02AM	Sun 21	Sutra 293
		Yama	1:27PM – 2:32PM	Subha Until 1:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:42PM		Vikarin 5121
		926723466 Rahu	10:12AM – 11:17AM	Vishti Until 2:40AM Sun	Nataraja: Orange		Moon 1 - Phase 40	Ashtami
Creative Work	Siddha Yoga			Saptami Until 1:38PM	Moon – White			Bhuloka Day
Until 6:39PM					Magha-Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden
Mesha Rasi: 20.13	Tithi 8 – 9	Gulika	2:33PM – 3:39PM	Bharani Until 6:39PM	Ganesha: Green	<i>Sunrise:</i> 8:00AM	Sun 22	Sutra 294
		Yama	12:22PM – 1:28PM	Sukla Until 2:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:45PM		Vikarin 5121
		926723466 Rahu	3:39PM – 4:45PM	Balava Until 4:18AM Mon	Nataraja: Orange		Moon 1 - Phase 40	Navami
Routine Work	Prabalarishta Yoga			Ashtami* Until 3:32PM	Moon – White			Bhuloka Day
Until 6:39PM					Magha-Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Malmö, Sweden Sun 23 Sutra 295 Vikarin 5121	
1		Gulika 1:28PM – 2:35PM	Krittika Until 8:12PM	Ganesha: Green	<i>Sunrise:</i> 7:58AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 11:16AM – 12:22PM	Brahma Until 1:42AM Tue	Muruḡa: Clear	<i>Sunset:</i> 4:47PM
Family Home Evening	926723466	Rahu 9:04AM – 10:10AM	Taitila Until 5:13AM Tue	Nataraja: Orange	Moon 1 - Phase 41
Routine Work	Marana Yoga		Navami* Until 4:50PM	Moon – White	4th Phase
Until 8:12PM				Magha-Thai	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Malmö, Sweden Sun 24 Sutra 296 Vikarin 5121	
2		Gulika 12:22PM – 1:29PM	Rohini Until 9:20PM	Ganesha: Red	<i>Sunrise:</i> 7:56AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 10:09AM – 11:16AM	Indra Until 12:44AM Wed	Muruḡa: Clear	<i>Sunset:</i> 4:49PM
	936723467	Rahu 2:36PM – 3:42PM	Vanija Until 5:19AM Wed	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Amrita Yoga		Dashami Until 5:21PM	Moon – Yellow	4th Phase
Until 9:20PM				Magha-Thai	Devaloka Day
Then Creative Work - Siddha Yoga					

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 25 Sutra 297 Vikarin 5121	
3		Gulika 11:15AM – 12:23PM	Mrigashira Until 9:29PM	Ganesha: Red	<i>Sunrise:</i> 7:54AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 9:01AM – 10:08AM	Vaidhriti* Until 11:05PM	Muruḡa: Clear	<i>Sunset:</i> 4:51PM
	936723467	Rahu 12:23PM – 1:30PM	Bava Until 4:35AM Thu	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		Ekadashi Until 5:02PM	Moon – Yellow	4th Phase
				Magha-Thai	Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 26 Sutra 298 Vikarin 5121	
4		Gulika 10:07AM – 11:15AM	Ardra Until 8:41PM	Ganesha: Red	<i>Sunrise:</i> 7:52AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 7:52AM – 9:00AM	Vishkambha* Until 8:48PM	Muruḡa: Clear	<i>Sunset:</i> 4:53PM
	936723467	Rahu 1:30PM – 2:38PM	Kaulava Until 3:03AM Fri	Nataraja: Clear	Moon 1 - Phase 41
Routine Work	Marana Yoga		Dvadashi Until 3:54PM	Moon – Yellow	4th Phase
Until 8:41PM				Magha-Thai	Devaloka Day
Then Creative Work - Amrita Yoga					

Pradosha Vrata

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 27 Sutra 299 Vikarin 5121	
5		Gulika 8:58AM – 10:06AM	Punarvasu Until 7:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:50AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 2:39PM – 3:47PM	Priti Until 5:57PM	Muruḡa: Clear	<i>Sunset:</i> 4:55PM
	947723467	Rahu 11:15AM – 12:23PM	Gara Until 12:50AM Sat	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		Trayodashi Until 2:00PM	Moon – Blue	4th Phase
Until 7:28PM				Magha-Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Malmö, Sweden Sutra 300 Vikarin 5121	
○		Gulika 7:48AM – 8:57AM	Pushya Until 5:31PM	Ganesha: Blue	<i>Sunrise:</i> 7:48AM
Kataka Rasi: 9.39	Tithi 14 – 15	Yama 1:31PM – 2:40PM	Ayushman Until 2:36PM	Muruḡa: Clear	<i>Sunset:</i> 4:57PM
	947723467	Rahu 10:05AM – 11:14AM	Visti Until 10:03PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		Chaturdashi* Until 11:29AM	Moon – Blue	Purnima
Until 5:31PM		Thai Pusam		Magha-Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Malmö, Sweden Sutra 301 Vikarin 5121	
○		Gulika 2:41PM – 3:50PM	Ashlesha* Until 3:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:46AM
Kataka Rasi: 24.19	Tithi 15 – 16	Yama 12:23PM – 1:32PM	Saubhagya Until 10:54AM	Muruḡa: Clear	<i>Sunset:</i> 5:00PM
	947723467	Rahu 3:50PM – 5:00PM	Balava Until 6:54PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		Purnima* Until 8:30AM	Moon – Blue	Prathama
Until 3:01PM				Magha-Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9.14 Tithi 17

Family Home Evening

957723467

Gulika 1:32PM - 2:42PM

Yama 11:13AM - 12:23PM

Rahu 8:54AM - 10:03AM

Magha* Until 12:33PM

Sobhana Until 6:59AM

Taitila Until 3:31PM

Dvitiya Until 1:47AM Tue

Ganesha: Red Sunrise: 7:44AM

Muruqa: Clear Sunset: 5:02PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Until 12:33PM

Then Creative Work - Siddha Yoga

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 24.14 Tithi 18

Creative Work Siddha Yoga

Until 9:52AM

Then Creative Work - Amrita Yoga

Gulika 12:23PM - 1:33PM

Yama 10:02AM - 11:13AM

Rahu 2:43PM - 3:54PM

Purvaphalguni Until 9:52AM

Sukarma Until 10:57PM

Vanija Until 12:06PM

Tritiya Until 10:24PM

Ganesha: Red Sunrise: 7:42AM

Muruqa: Clear Sunset: 5:04PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Malmö, Sweden

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 9.12 Tithi 19

Creative Work Amrita Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

Gulika 11:12AM - 12:23PM

Yama 8:50AM - 10:01AM

Rahu 12:23PM - 1:34PM

Uttaraphalguni Until 7:08AM

Dhriti Until 7:07PM

Bava Until 8:47AM

Chaturthi* Until 7:11PM

Ganesha: Red Sunrise: 7:40AM

Muruqa: Clear Sunset: 5:06PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.58 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 10:00AM - 11:11AM

Yama 7:38AM - 8:49AM

Rahu 1:34PM - 2:45PM

Chitra Until 2:58AM Fri

Shula* Until 3:32PM

Gara Until 3:03AM Fri

Panchami Until 4:19PM

Ganesha: Green Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:08PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 8.28 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 8:47AM - 9:59AM

Yama 2:46PM - 3:58PM

Rahu 11:11AM - 12:23PM

Svati Until 1:23AM Sat

Ganda* Until 12:20PM

Visti Until 12:54AM Sat

Shashthi* Until 1:53PM

Ganesha: White Sunrise: 7:35AM

Muruqa: Clear Sunset: 5:10PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.36 Tithi 22 - 23

Creative Work Siddha Yoga

Until 12:39AM Sun

Then Routine Work - Marana Yoga

Gulika 7:33AM - 8:46AM

Yama 1:35PM - 2:48PM

Rahu 9:58AM - 11:10AM

Vishakha Until 12:39AM Sun

Vridhi Until 9:35AM

Balava Until 11:19PM

Saptami Until 12:01PM

Ganesha: Clear Sunrise: 7:33AM

Muruqa: Clear Sunset: 5:12PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 6.22 Tithi 23 - 24

Routine Work Marana Yoga

Until 12:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 2:49PM - 4:02PM

Yama 12:23PM - 1:36PM

Rahu 4:02PM - 5:14PM

Anuradha Until 12:23AM Mon

Dhruva Until 7:17AM

Taitila Until 10:22PM

Ashtami* Until 10:44AM

Ganesha: Clear Sunrise: 7:31AM

Muruqa: Clear Sunset: 5:14PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam			Malmö, Sweden	
1		Jyeshtha* Until 12:33AM Tue			Sun 7 Sutra 309	
Vrischika Rasi: 19.46 Tithi 24 – 25		Gulika 1:36PM – 2:50PM	Ganesha: Clear		Sunrise: 7:29AM	
Family Home Evening		Yama 11:09AM – 12:23PM	Muruga: Clear		Sunset: 5:17PM Moon 2 - Phase 43	
Creative Work Siddha Yoga		Rahu 8:42AM – 9:56AM	Nataraja: Clear		2nd Phase	
Until 12:33AM Tue		Navami* Until 10:06AM			Devaloka Day	
Then Creative Work - Amrita Yoga		Magha-Masi				

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam			Malmö, Sweden	
2		Mula* Until 1:36AM Wed			Sun 8 Sutra 310	
Dhanus Rasi: 2.5 Tithi 25 – 26		Gulika 12:23PM – 1:37PM	Ganesha: Purple		Sunrise: 7:26AM	
Creative Work Amrita Yoga		Yama 9:54AM – 11:09AM	Muruga: Clear		Sunset: 5:19PM Moon 2 - Phase 43	
		Rahu 2:51PM – 4:05PM	Nataraja: Clear		2nd Phase	
		Dashami Until 10:03AM			Bhuloka Day	
		Magha-Masi			Devaloka Time: 3:PM to 6:PM	

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam			Malmö, Sweden	
3		Purvashadha* Until 2:58AM Thu			Sun 9 Sutra 311	
Dhanus Rasi: 15.39 Tithi 26 – 27		Gulika 11:08AM – 12:22PM	Ganesha: Purple		Sunrise: 7:24AM	
Creative Work Amrita Yoga		Yama 8:39AM – 9:53AM	Muruga: Clear		Sunset: 5:21PM Moon 2 - Phase 43	
Until 2:58AM Thu		Rahu 12:22PM – 1:37PM	Nataraja: Clear		2nd Phase	
Then Routine Work - Marana Yoga		Ekadashi* Until 10:34AM			Bhuloka Day	
		Magha-Masi			Devaloka Time: 3:PM to 6:PM	

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam			Malmö, Sweden	
4		Uttarashadha Until 4:35AM Fri			Sun 10 Sutra 312	
Dhanus Rasi: 28.14 Tithi 27 – 28		Gulika 9:52AM – 11:07AM	Ganesha: Purple		Sunrise: 7:22AM	
Routine Work Marana Yoga		Yama 7:22AM – 8:37AM	Muruga: Clear		Sunset: 5:23PM Moon 2 - Phase 43	
		Rahu 1:38PM – 2:53PM	Nataraja: Clear		2nd Phase	
		Dvadashi* Until 11:32AM			Bhuloka Day	
		Magha-Masi			Devaloka Time: 3:PM to 6:PM	
		<i>Pradosha Vrata (Fasting)</i>				

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam			Malmö, Sweden	
5		Shravana Until 6:52AM Sat			Sun 11 Sutra 313	
Makara Rasi: 10.38 Tithi 28 – 29		Gulika 8:35AM – 9:51AM	Ganesha: Light Blue		Sunrise: 7:19AM	
Routine Work Marana Yoga		Yama 2:54PM – 4:09PM	Muruga: Clear		Sunset: 5:25PM Moon 2 - Phase 43	
Until 6:52AM Sat		Rahu 11:07AM – 12:22PM	Nataraja: Clear		2nd Phase	
Then Creative Work - Siddha Yoga		Trayodashi* Until 12:55PM			Bhuloka Day	
		Mahasivaratri (Lunar)			Devaloka Time: 3:PM to 6:PM	
		Mahasivaratri (Solar)				

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam			Malmö, Sweden	
Retreat Star		Shravana Until 6:52AM			Sun 12 Sutra 314	
Makara Rasi: 22.53 Tithi 29 – 30		Gulika 7:17AM – 8:33AM	Ganesha: Light Blue		Sunrise: 7:17AM	
Creative Work Siddha Yoga		Yama 1:38PM – 2:55PM	Muruga: Clear		Sunset: 5:27PM Moon 2 - Phase 43	
		Rahu 9:50AM – 11:06AM	Nataraja: Clear		Amavasya	
		Chaturdashi* Until 2:37PM			Bhuloka Day	
		Magha-Masi			Devaloka Time: 3:PM to 6:PM	

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Malmö, Sweden	
Retreat Star		Dhanishtha Until 9:16AM			Sun 13 Sutra 315	
Kumbha Rasi: 5.01 Tithi 30 – 1		Gulika 2:56PM – 4:12PM	Ganesha: Light Blue		Sunrise: 7:15AM	
Routine Work Marana Yoga		Yama 12:22PM – 1:39PM	Muruga: Clear		Sunset: 5:29PM Moon 2 - Phase 43	
Until 9:16AM		Rahu 4:12PM – 5:29PM	Nataraja: Clear		Prathama	
Then Creative Work - Siddha Yoga		Amavasya* Until 4:36PM			Bhuloka Day	
		Phalgun-Masi			Devaloka Time: 3:PM to 6:PM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau				Malmö, Sweden
1					Sun 14	Sutra 316
Kumbha Rasi: 17.03	Tithi 1	Gulika	1:39PM – 2:57PM	Shatabhishak Until 11:43AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:12AM
Family Home Evening	999823467	Yama	11:04AM – 12:22PM	Siddha Until 4:15AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:31PM
Creative Work Siddha Yoga		Rahu	8:30AM – 9:47AM	Bava Until 6:48PM	Nataraja: Clear	Moon 2 - Phase 44
Until 11:43AM				Prathama* Until 6:48PM	Moon – Purple	3rd Phase
Then Routine Work - Marana Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Malmö, Sweden
2					Sun 15	Sutra 317
Kumbha Rasi: 29.01	Tithi 2	Gulika	12:22PM – 1:40PM	Purvaproshtapada* Until 2:41PM	Ganesha: Orange	<i>Sunrise:</i> 7:10AM
	919823467	Yama	9:46AM – 11:04AM	Sadhya Until 5:02AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:33PM
Routine Work Marana Yoga		Rahu	2:58PM – 4:16PM	Balava Until 8:00AM	Nataraja: Clear	Moon 2 - Phase 44
Until 2:41PM				Dvitiya Until 9:11PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Malmö, Sweden
3					Sun 16	Sutra 318
Meena Rasi: 10.55	Tithi 3	Gulika	11:03AM – 12:22PM	Uttaraproshtapada Until 5:36PM	Ganesha: Orange	<i>Sunrise:</i> 7:08AM
	919823467	Yama	8:26AM – 9:45AM	Subha Until 5:55AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:36PM
Creative Work Siddha Yoga		Rahu	12:22PM – 1:40PM	Taitila Until 10:27AM	Nataraja: Clear	Moon 2 - Phase 44
Until 5:36PM				Tritiya Until 11:41PM	Moon – Clear	3rd Phase
Then Routine Work - Marana Yoga					Phalguna-Masi	Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Malmö, Sweden
4					Sun 17	Sutra 319
Meena Rasi: 22.47	Tithi 4	Gulika	9:43AM – 11:02AM	Revati Until 8:25PM	Ganesha: Orange	<i>Sunrise:</i> 7:05AM
	919823467	Yama	7:05AM – 8:24AM	Sukla Until 6:45AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:38PM
Creative Work Siddha Yoga		Rahu	1:40PM – 3:00PM	Vanija Until 12:58PM	Nataraja: Clear	Moon 2 - Phase 44
Until 8:25PM				Chaturthi* Until 2:12AM Fri	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden
5					Sun 18	Sutra 320
Mesha Rasi: 4.39	Tithi 5	Gulika	8:22AM – 9:42AM	Ashvini Until 11:29PM	Ganesha: Purple	<i>Sunrise:</i> 7:03AM
	921823467	Yama	3:00PM – 4:20PM	Sukla Until 6:45AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM
Creative Work Amrita Yoga		Rahu	11:02AM – 12:21PM	Bava Until 3:27PM	Nataraja: Clear	Moon 2 - Phase 44
Until 11:29PM				Panchami Until 4:37AM Sat	Moon – White	3rd Phase
Then Creative Work - Siddha Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Malmö, Sweden
6					Sun 19	Sutra 321
Mesha Rasi: 16.34	Tithi 6	Gulika	7:00AM – 8:20AM	Bharani Until 2:10AM Sun	Ganesha: Purple	<i>Sunrise:</i> 7:00AM
	921823467	Yama	1:41PM – 3:01PM	Brahma Until 7:31AM	Muruqa: Clear	<i>Sunset:</i> 5:42PM
Creative Work Siddha Yoga		Rahu	9:41AM – 11:01AM	Kaulava Until 5:45PM	Nataraja: Clear	Moon 2 - Phase 44
				Shashthi* Until 6:45AM Sun	Moon – White	3rd Phase
					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden
Retreat Star					Sun 20	Sutra 322
Mesha Rasi: 28.35	Tithi 6 – 7	Gulika	3:03PM – 4:25PM	Krittika Until 4:16AM Mon	Ganesha: Purple	<i>Sunrise:</i> 6:55AM
	921833467	Yama	12:21PM – 1:42PM	Indra Until 8:05AM	Muruqa: Orange	<i>Sunset:</i> 5:46PM
Creative Work Siddha Yoga		Rahu	4:25PM – 5:46PM	Gara Until 7:41PM	Nataraja: Clear	Moon 2 - Phase 44
Until 4:16AM Mon				Shashthi* Until 6:45AM	Moon – White	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden
Retreat Star					Sun 21	Sutra 323
Vrishabha Rasi: 10.48	Tithi 7 – 8	Gulika	1:42PM – 3:04PM	Rohini Until 6:04AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:53AM
Family Home Evening	931833467	Yama	10:59AM – 12:20PM	Vaidhriti* Until 8:14AM	Muruqa: Orange	<i>Sunset:</i> 5:48PM
Creative Work Amrita Yoga		Rahu	8:15AM – 9:37AM	Visti Until 9:01PM	Nataraja: Clear	Moon 2 - Phase 44
Until 6:04AM Tue				Saptami Until 8:25AM	Moon – Yellow	Ashtami
Then Creative Work - Siddha Yoga					Phalguna-Masi	Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden
Retreat Star					Sun 22	Sutra 324
Vrishabha Rasi: 23.17	Tithi 8 – 9	Gulika	12:20PM – 1:43PM	Rohini Until 6:04AM	Ganesha: Clear	<i>Sunrise:</i> 6:50AM
	931833467	Yama	9:35AM – 10:58AM	Vishkambha* Until 7:54AM	Muruqa: Orange	<i>Sunset:</i> 5:50PM
Creative Work Amrita Yoga		Rahu	3:05PM – 4:28PM	Balava Until 9:36PM	Nataraja: Clear	Moon 2 - Phase 44
Until 6:04AM				Ashtami* Until 9:23AM	Moon – Yellow	Navami
Then Creative Work - Siddha Yoga					Phalguna-Masi	Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Malmö, Sweden Sun 23 Sutra 325	
Mithuna Rasi: 6.09	Tithi 9 – 10	Gulika 10:57AM – 12:20PM	Mrigashira Until 6:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	Vikarin 5121	
		Yama 8:11AM – 9:34AM	Priti Until 6:57AM	Muruqa: Orange	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 45	
931833467	Rahu 12:20PM – 1:43PM		Taitila Until 9:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 9:33AM	Moon – Yellow		Devaloka Day	
				Phalgun-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 24 Sutra 326	
Mithuna Rasi: 19.28	Tithi 10 – 11	Gulika 9:33AM – 10:56AM	Ardra Until 6:47AM	Ganesha: Red	<i>Sunrise:</i> 6:45AM	Vikarin 5121	
		Yama 6:45AM – 8:09AM	Saubhagya Until 2:58AM Fri	Muruqa: Orange	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 45	
131833467	Rahu 1:43PM – 3:07PM		Vanija Until 8:09PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 8:49AM	Moon – Yellow		Devaloka Day	
Until 6:47AM				Phalgun-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Malmö, Sweden Sun 25 Sutra 327	
Kataka Rasi: 3.16	Tithi 11 – 12	Gulika 8:07AM – 9:31AM	Punarvasu Until 6:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:43AM	Vikarin 5121	
		Yama 3:08PM – 4:32PM	Sobhana Until 12:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 45	
141833467	Rahu 10:55AM – 12:20PM		Bava Until 6:10PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:14AM	Moon – Blue		Bhuloka Day	
Until 6:05AM				Phalgun-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Malmö, Sweden Sun 26 Sutra 328	
Kataka Rasi: 17.34	Tithi 13	Gulika 6:40AM – 8:05AM	Ashlesha* Until 2:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	Vikarin 5121	
		Yama 1:44PM – 3:09PM	Athiganda* Until 8:29PM	Muruqa: Orange	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 45	
141833467	Rahu 9:30AM – 10:55AM		Kaulava Until 3:29PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 1:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalgun-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Malmö, Sweden Sun 27 Sutra 329	
Simha Rasi: 2.19	Tithi 14	Gulika 3:10PM – 4:35PM	Magha* Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Vikarin 5121	
		Yama 12:19PM – 1:44PM	Sukarma Until 4:34PM	Muruqa: Orange	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 45	
151833467	Rahu 4:35PM – 6:00PM		Gara Until 12:15PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 10:27PM	Moon – Red		Devaloka Day	
Until 11:33PM		Chidambaram Abhishekam		Phalgun-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Malmö, Sweden Sutra 330	
Copper Retreat Star		Gulika 1:45PM – 3:11PM	Purvaphalguni Until 8:34PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
Simha Rasi: 17.24	Tithi 15	Yama 10:53AM – 12:19PM	Dhriti Until 12:23PM	Muruqa: Orange	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 8:01AM – 9:27AM	Visti Until 8:38AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalgun-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Malmö, Sweden Sutra 331	
Silver Retreat Star		Gulika 12:18PM – 1:45PM	Uttaraphalguni Until 5:22PM	Ganesha: White	<i>Sunrise:</i> 6:33AM	Vikarin 5121	
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 9:26AM – 10:52AM	Shula* Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45	
152833467	Rahu 3:11PM – 4:38PM		Taitila Until 12:59AM Wed	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 2:53PM	Moon – Red		Sivaloka Day	
Until 5:22PM				Phalgun-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

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Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika 10:51AM - 12:18PM
Yama 7:57AM - 9:24AM
Rahu 12:18PM - 1:45PM

Hasta Until 2:31PM
Vriddhi Until 11:31PM
Vanija Until 9:18PM
Dvitiya Until 11:06AM

Ganesha: Clear *Sunrise:* 6:30AM
Muruqa: Orange *Sunset:* 6:06PM

Nataraja: Clear
Moon - Green

Devaloka Day

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika 9:23AM - 10:50AM
Yama 6:28AM - 7:55AM
Rahu 1:46PM - 3:13PM

Chitra Until 11:49AM
Dhruva Until 7:36PM
Balava Until 4:25AM Fri
Tritiya Until 7:33AM

Ganesha: Clear *Sunrise:* 6:28AM
Muruqa: Orange *Sunset:* 6:08PM

Nataraja: Clear
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.5 Tithi 20

162833467

Gulika 7:53AM - 9:21AM
Yama 3:14PM - 4:42PM
Rahu 10:49AM - 12:18PM

Svati Until 9:24AM
Vyaghata* Until 4:06PM
Kaulava Until 3:04PM
Panchami Until 1:50AM Sat

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Orange *Sunset:* 6:10PM

Nataraja: Clear
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika 6:22AM - 7:51AM
Yama 1:46PM - 3:15PM
Rahu 9:20AM - 10:49AM

Vishakha Until 7:51AM
Harshana Until 1:08PM
Gara Until 12:49PM
Shashthi* Until 11:56PM

Ganesha: Purple *Sunrise:* 6:22AM
Muruqa: Orange *Sunset:* 6:12PM

Nataraja: Clear
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika 3:16PM - 4:45PM
Yama 12:17PM - 1:46PM
Rahu 4:45PM - 6:14PM

Anuradha Until 6:52AM
Vajra* Until 10:44AM
Visti Until 11:17AM
Saptami Until 10:48PM

Ganesha: Purple *Sunrise:* 6:20AM
Muruqa: Orange *Sunset:* 6:14PM

Nataraja: Purple
Moon - Orange

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.37 Tithi 23

172933468

Gulika 1:47PM - 3:17PM
Yama 10:47AM - 12:17PM
Rahu 7:47AM - 9:17AM

Jyeshtha* Until 6:31AM
Siddhi Until 8:58AM
Balava Until 10:33AM
Ashtami* Until 10:28PM

Ganesha: Clear *Sunrise:* 6:17AM
Muruqa: Orange *Sunset:* 6:16PM

Nataraja: Purple
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika 12:17PM - 1:47PM
Yama 9:16AM - 10:46AM
Rahu 3:17PM - 4:48PM

Mula* Until 7:13AM
Vyatipata* Until 7:50AM
Taitila Until 10:36AM
Navami* Until 10:52PM

Ganesha: Purple *Sunrise:* 6:15AM
Muruqa: Orange *Sunset:* 6:18PM

Nataraja: Purple
Moon - Light Blue

Devaloka Day

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Malmö, Sweden
Dhanus Rasi: 25.22	Tithi 25	Gulika 10:45AM – 12:16PM	Purvashadha* Until 8:29AM	Ganesha: Purple <i>Sunrise:</i> 6:12AM	Sun 8 Sutra 339
		Yama 7:43AM – 9:14AM	Variyan Until 7:14AM	Muruqa: Orange <i>Sunset:</i> 6:20PM	Vikarin 5121
182933468	Rahu 12:16PM – 1:47PM		Vanija Until 11:21AM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Amrita Yoga		Dashami Until 11:57PM	Moon – Light Blue	2nd Phase
				Phalgun-Panguni	Devaloka Day

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Malmö, Sweden
Makara Rasi: 7.46	Tithi 26	Gulika 9:13AM – 10:44AM	Uttarashadha Until 10:10AM	Ganesha: Purple <i>Sunrise:</i> 6:10AM	Sun 9 Sutra 340
		Yama 6:10AM – 7:41AM	Parigha* Until 7:07AM	Muruqa: Orange <i>Sunset:</i> 6:22PM	Vikarin 5121
182933468	Rahu 1:48PM – 3:19PM		Bava Until 12:42PM	Nataraja: Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga		Ekadashi* Until 1:32AM Fri	Moon – Light Blue	2nd Phase
Until 10:10AM				Phalgun-Panguni	Devaloka Day
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Malmö, Sweden
Makara Rasi: 19.59	Tithi 27	Gulika 7:39AM – 9:11AM	Shravana Until 12:37PM	Ganesha: Clear <i>Sunrise:</i> 6:07AM	Sun 10 Sutra 341
		Yama 3:20PM – 4:52PM	Shiva Until 7:23AM	Muruqa: Orange <i>Sunset:</i> 6:24PM	Vikarin 5121
192933468	Rahu 10:43AM – 12:16PM		Kaulava Until 2:30PM	Nataraja: Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga		Dvadashi* Until 3:29AM Sat	Moon – Purple	2nd Phase
Until 12:37PM				Phalgun-Panguni	Sivaloka Day
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Malmö, Sweden
Kumbha Rasi: 2.03	Tithi 28	Gulika 6:04AM – 7:37AM	Dhanishtha Until 3:12PM	Ganesha: Clear <i>Sunrise:</i> 6:04AM	Sun 11 Sutra 342
		Yama 1:48PM – 3:21PM	Siddha Until 7:53AM	Muruqa: Orange <i>Sunset:</i> 6:26PM	Vikarin 5121
192933468	Rahu 9:10AM – 10:43AM		Gara Until 4:36PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Siddha Yoga		Trayodashi* Until 5:42AM Sun	Moon – Purple	2nd Phase
Until 3:12PM				Phalgun-Panguni	Sivaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau	Malmö, Sweden
Kumbha Rasi: 14.02	Tithi 29	Gulika 3:22PM – 4:55PM	Shatabhishak Until 5:48PM	Ganesha: Clear <i>Sunrise:</i> 6:02AM	Sun 12 Sutra 343
		Yama 12:15PM – 1:48PM	Sadhya Until 8:34AM	Muruqa: Orange <i>Sunset:</i> 6:28PM	Vikarin 5121
192933468	Rahu 4:55PM – 6:28PM		Visti Until 6:53PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Siddha Yoga		Chaturdashi* Until 8:03AM Mon	Moon – Purple	2nd Phase
				Phalgun-Panguni	Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Malmö, Sweden
Kumbha Rasi: 25.58	Tithi 29 – 30	Gulika 1:49PM – 3:22PM	Purvaproshtpada* Until 8:51PM	Ganesha: Yellow <i>Sunrise:</i> 5:59AM	Sun 13 Sutra 344
Family Home Evening		Yama 10:41AM – 12:15PM	Subha Until 9:22AM	Muruqa: Orange <i>Sunset:</i> 6:30PM	Vikarin 5121
113933468	Rahu 7:33AM – 9:07AM		Catuspada Until 9:17PM	Nataraja: Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga		Chaturdashi* Until 8:03AM	Moon – Clear	Amavasya
Until 8:51PM				Phalgun-Panguni	Sivaloka Day
Then Creative Work - Siddha Yoga					

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Malmö, Sweden
Meena Rasi: 7.51	Tithi 30 – 1	Gulika 12:14PM – 1:49PM	Uttaraproshtpada Until 11:47PM	Ganesha: Yellow <i>Sunrise:</i> 5:57AM	Sun 14 Sutra 345
		Yama 9:06AM – 10:40AM	Sukla Until 10:12AM	Muruqa: Orange <i>Sunset:</i> 6:32PM	Vikarin 5121
113933468	Rahu 3:23PM – 4:58PM		Kintughna Until 11:43PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Amrita Yoga		Amavasya* Until 10:28AM	Moon – Clear	Prathama
Until 11:47PM		Yugadhi		Chaitra-Panguni	Sivaloka Day
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Malmö, Sweden Sun 15 Sutra 346
Meena Rasi: 19.44	Tithi 1 – 2	Gulika 10:39AM – 12:14PM	Revati Until 2:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 7:29AM – 9:04AM	Brahma Until 11:04AM	Muruqa: Orange <i>Sunset:</i> 6:34PM	Moon 3 - Phase 48
		113933468 Rahu 12:14PM – 1:49PM	Balava Until 2:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 12:55PM	Moon – Clear	Sivaloka Day
Until 2:33AM Thu				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Malmö, Sweden Sun 16 Sutra 347
Mesha Rasi: 1.37	Tithi 2 – 3	Gulika 9:03AM – 10:38AM	Ashvini Until 5:36AM Fri	Ganesha: Red <i>Sunrise:</i> 5:51AM	Vikarin 5121
		Yama 5:51AM – 7:27AM	Indra Until 11:55AM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 3 - Phase 48
		123933468 Rahu 1:49PM – 3:25PM	Taitila Until 4:33AM Fri	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:21PM	Moon – White	Sivaloka Day
Until 5:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Malmö, Sweden Sun 17 Sutra 348
Mesha Rasi: 13.31	Tithi 3 – 4	Gulika 7:25AM – 9:01AM	Bharani Until 8:19AM Sat	Ganesha: Red <i>Sunrise:</i> 5:49AM	Vikarin 5121
		Yama 3:26PM – 5:02PM	Vaidhriti* Until 12:41PM	Muruqa: Orange <i>Sunset:</i> 6:38PM	Moon 3 - Phase 48
		123933468 Rahu 10:37AM – 12:14PM	Vanija Until 6:47AM Sat	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:40PM	Moon – White	Sivaloka Day
Until 8:19AM Sat				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau	Malmö, Sweden Sun 18 Sutra 349
Mesha Rasi: 25.29	Tithi 4	Gulika 5:46AM – 7:23AM	Bharani Until 8:19AM	Ganesha: Red <i>Sunrise:</i> 5:46AM	Vikarin 5121
		Yama 1:50PM – 3:27PM	Vishkambha* Until 1:20PM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Moon 3 - Phase 48
		123933468 Rahu 9:00AM – 10:36AM	Vanija Until 6:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:47PM	Moon – White	Sivaloka Day
Until 8:19AM				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Malmö, Sweden Sun 19 Sutra 350
Vrishabha Rasi: 7.34	Tithi 5	Gulika 3:28PM – 5:05PM	Krittika Until 10:37AM	Ganesha: Red <i>Sunrise:</i> 5:44AM	Vikarin 5121
		Yama 12:13PM – 1:50PM	Priti Until 1:46PM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 48
		123933468 Rahu 5:05PM – 6:42PM	Bava Until 8:44AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:33PM	Moon – White	Sivaloka Day
				Chaitra•Panguni	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Malmö, Sweden Sun 20 Sutra 351
Vrishabha Rasi: 19.48	Tithi 6	Gulika 1:50PM – 3:28PM	Rohini Until 12:50PM	Ganesha: Blue <i>Sunrise:</i> 5:41AM	Vikarin 5121
Family Home Evening		Yama 10:35AM – 12:13PM	Ayushman Until 1:50PM	Muruqa: Orange <i>Sunset:</i> 6:44PM	Moon 3 - Phase 48
		133933468 Rahu 7:19AM – 8:57AM	Kaulava Until 10:16AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 10:49PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Malmö, Sweden Sun 21 Sutra 352
Mithuna Rasi: 2.16	Tithi 7	Gulika 12:12PM – 1:51PM	Mrigashira Until 2:17PM	Ganesha: Blue <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 8:55AM – 10:34AM	Saubhagya Until 1:26PM	Muruqa: Orange <i>Sunset:</i> 6:46PM	Moon 3 - Phase 48
		133933468 Rahu 3:29PM – 5:08PM	Gara Until 11:13AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:25PM	Moon – Yellow	Subha Sivaloka Day
Until 2:17PM				Chaitra•Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Malmö, Sweden Sun 22 Sutra 353
Mithuna Rasi: 15.04	Tithi 8	Gulika 10:34AM – 12:12PM	Ardra Until 2:53PM	Ganesha: Blue <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 7:17AM – 8:55AM	Sobhana Until 12:29PM	Muruqa: Orange <i>Sunset:</i> 6:46PM	Moon 3 - Phase 48
		133933468 Rahu 12:12PM – 1:51PM	Visti Until 11:26AM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:14PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Malmö, Sweden Sun 23 Sutra 354
Mithuna Rasi: 28.16	Tithi 9	Gulika 8:54AM – 10:33AM	Punarvasu Until 2:59PM	Ganesha: Yellow <i>Sunrise:</i> 5:36AM	Vikarin 5121
		Yama 5:36AM – 7:15AM	Athiganda* Until 10:52AM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		143933468 Rahu 1:51PM – 3:30PM	Balava Until 10:51AM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 10:13PM	Moon – Blue	Sivaloka Day
		Sri Rama Navami		Chaitra•Panguni	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 11.55	Tithi 10	Gulika 7:13AM – 8:53AM	Pushya Until 2:08PM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	
		Yama 3:31PM – 5:10PM	Sukarma Until 8:37AM	Muruqa: Orange	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:32AM – 12:12PM	Taitila Until 9:26AM	Nataraja: Purple		4th Phase
			Dashami Until 8:25PM	Moon – Blue		Sivaloka Day
		Yogaswami Mahasamadhi		Chaitra•Panguni		

2 Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 26.04	Tithi 11 – 12	Gulika 5:31AM – 7:11AM	Ashlesha* Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	
		Yama 1:52PM – 3:32PM	Shula* Until 2:20AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 8:51AM – 10:31AM	Vanija Until 7:15AM	Nataraja: Purple		4th Phase
Until 12:24PM			Ekadashi Until 5:54PM	Moon – Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra•Panguni		

3 Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 10.39	Tithi 12 – 13	Gulika 3:33PM – 5:13PM	Magha* Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 5:28AM	
		Yama 12:11PM – 1:52PM	Ganda* Until 10:29PM	Muruqa: Orange	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	153933468 Rahu 5:13PM – 6:54PM	Kaulava Until 1:05AM Mon	Nataraja: Purple		4th Phase
Until 10:19AM			Dvadashi Until 2:47PM	Moon – Red		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Chaitra•Panguni		
			<i>Pradosha Vrata</i>			

4 Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 25.37	Tithi 13 – 14	Gulika 1:52PM – 3:33PM	Purvaphalguni Until 7:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	
Family Home Evening		Yama 10:30AM – 12:11PM	Vriddhi Until 6:21PM	Muruqa: Orange	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:07AM – 8:48AM	Gara Until 9:23PM	Nataraja: Purple		4th Phase
			Trayodashi Until 11:15AM	Moon – Red		Sivaloka Day
				Chaitra•Panguni		

○ Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden Sutra 359 Vikarin 5121
Copper Retreat Star		Gulika 12:11PM – 1:52PM	Hasta Until 1:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	
Kanya Rasi: 10.5	Tithi 14 – 15	Yama 8:47AM – 10:29AM	Dhruva Until 2:01PM	Muruqa: Orange	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:34PM – 5:16PM	Bava Until 3:33AM Wed	Nataraja: Purple		Purnima
			Chaturdashi* Until 7:27AM	Moon – Green		Devaloka Day
		Panguni Uttiram		Chaitra•Panguni		
		Hanuman Jayanti				

Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden Sutra 360 Vikarin 5121
Silver Retreat Star		Gulika 10:28AM – 12:10PM	Chitra Until 10:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:21AM	
Kanya Rasi: 26.08	Tithi 16	Yama 7:03AM – 8:45AM	Vyaghata* Until 9:40AM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 12:10PM – 1:53PM	Balava Until 1:39PM	Nataraja: Purple		Prathama
			Prathama* Until 11:45PM	Moon – Green		Devaloka Day
				Chaitra•Panguni		



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden
Sutra 361

Tula Rasi: 11.21 Tithi 17

Gulika 8:44AM – 10:27AM
Yama 5:18AM – 7:01AM
164134468 **Rahu** 1:53PM – 3:36PM

Svati Until 7:39PM
Vajra* Until 1:28AM Fri
Taitila Until 9:57AM
Dvitiya Until 8:12PM

Ganesha: White *Sunrise:* 5:18AM
Muruḡa: Clear *Sunset:* 7:02PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga
Until 7:39PM
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden
Sun 1 Sutra 362

Tula Rasi: 26.19 Tithi 18 – 19

Gulika 6:59AM – 8:43AM
Yama 3:37PM – 5:20PM
174134468 **Rahu** 10:26AM – 12:10PM

Vishakha Until 5:27PM
Siddhi Until 9:54PM
Vanija Until 6:36AM
Tritiya Until 5:06PM

Ganesha: Yellow *Sunrise:* 5:16AM
Muruḡa: Clear *Sunset:* 7:04PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden
Sun 2 Sutra 363

Virschika Rasi: 10.53 Tithi 19 – 20

Gulika 5:13AM – 6:57AM
Yama 1:54PM – 3:38PM
174134468 **Rahu** 8:41AM – 10:25AM

Anuradha Until 3:43PM
Vyatipata* Until 6:51PM
Kaulava Until 1:36AM Sun
Chaturthi* Until 2:34PM

Ganesha: Yellow *Sunrise:* 5:13AM
Muruḡa: Clear *Sunset:* 7:06PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Vriyani/Parigaha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden
Sun 3 Sutra 364

Virschika Rasi: 24.59 Tithi 20 – 21

Gulika 3:39PM – 5:23PM
Yama 12:09PM – 1:54PM
174134468 **Rahu** 5:23PM – 7:08PM

Jyeshtha* Until 2:33PM
Vriyani Until 4:23PM
Gara Until 12:12AM Mon
Panchami Until 12:47PM

Ganesha: Yellow *Sunrise:* 5:11AM
Muruḡa: Clear *Sunset:* 7:08PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga
Until 2:33PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigaha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden
Sun 4 Sutra 1

Dhanus Rasi: 8.37 Tithi 21 – 22

Family Home Evening

Gulika 1:54PM – 3:39PM
Yama 10:24AM – 12:09PM
184134468 **Rahu** 6:53AM – 8:39AM

Mula* Until 2:31PM
Parigaha* Until 2:36PM
Visti Until 11:39PM
Shashthi* Until 11:48AM

Ganesha: Blue *Sunrise:* 5:08AM
Muruḡa: Clear *Sunset:* 7:10PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga
Until 2:31PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden
Sun 5 Sutra 2

Dhanus Rasi: 21.46 Tithi 22 – 23

Gulika 12:09PM – 1:54PM
Yama 8:37AM – 10:23AM
284134468 **Rahu** 3:40PM – 5:26PM

Purvashadha* Until 3:09PM
Shiva Until 1:30PM
Balava Until 11:57PM
Saptami Until 11:41AM

Ganesha: Yellow *Sunrise:* 5:06AM
Muruḡa: Clear *Sunset:* 7:12PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Ashtami

Creative Work Siddha Yoga
Until 3:09PM
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden
Sun 6 Sutra 3

Makara Rasi: 4.29 Tithi 23 – 24

Gulika 10:22AM – 12:08PM
Yama 6:49AM – 8:36AM
284134468 **Rahu** 12:08PM – 1:55PM

Uttarashadha Until 4:24PM
Siddha Until 1:00PM
Taitila Until 12:59AM Thu
Ashtami* Until 12:22PM

Ganesha: Yellow *Sunrise:* 5:03AM
Muruḡa: Clear *Sunset:* 7:14PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Navami

Creative Work Amrita Yoga
Until 4:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Malmö, Sweden
	Makara Rasi: 16.54	Tithi 24 – 25	Gulika 8:34AM – 10:21AM	Shravana Until 6:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	Sun 7 Sutra 4
			Yama 5:01AM – 6:48AM	Sadhya Until 1:02PM	Muruḡa: Clear	<i>Sunset:</i> 7:16PM	Sarvari 5122
	294134468	Rahu 1:55PM – 3:42PM		Vanija Until 2:38AM Fri	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Navami* Until 1:44PM	Moon – Purple		2nd Phase	
		Chidambaram Abhishekam		Chaitra•Chaitra		Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Malmö, Sweden
	Makara Rasi: 29.04	Tithi 25 – 26	Gulika 6:46AM – 8:33AM	Dhanishtha Until 9:07PM	Ganesha: Blue	<i>Sunrise:</i> 4:58AM	Sun 8 Sutra 5
			Yama 3:43PM – 5:30PM	Subha Until 1:30PM	Muruḡa: Clear	<i>Sunset:</i> 7:18PM	Sarvari 5122
	294134468	Rahu 10:21AM – 12:08PM		Bava Until 4:43AM Sat	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dashami Until 3:37PM	Moon – Purple		2nd Phase	
				Chaitra•Chaitra		Devaloka Day	


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Kumbha Rasi: 11.05	Tithi 26 – 27	Gulika 4:56AM – 6:44AM	Shatabhishak Until 11:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sun 9 Sutra 6
			Yama 1:56PM – 3:44PM	Sukla Until 2:12PM	Muruḡa: Clear	<i>Sunset:</i> 7:20PM	Sarvari 5122
	295134468	Rahu 8:32AM – 10:20AM		Kaulava Until 7:03AM Sun	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Amrita Yoga		Ekadashi* Until 5:51PM	Moon – Purple		2nd Phase	
Until 11:46PM				Chaitra•Chaitra		Sivaloka Day	
Then Routine Work - Marana Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden
	Kumbha Rasi: 22.59	Tithi 27	Gulika 3:45PM – 5:33PM	Purvaproshtapada* Until 2:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Sun 10 Sutra 7
			Yama 12:08PM – 1:56PM	Brahma Until 3:04PM	Muruḡa: Clear	<i>Sunset:</i> 7:22PM	Sarvari 5122
	215134468	Rahu 5:33PM – 7:22PM		Kaulava Until 7:03AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dvadashi* Until 8:15PM	Moon – Clear		2nd Phase	
				Chaitra•Chaitra		Sivaloka Day	

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden
	Meena Rasi: 4.52	Tithi 28	Gulika 1:56PM – 3:45PM	Uttaraproshtapada Until 5:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Sun 11 Sutra 8
	Family Home Evening		Yama 10:18AM – 12:07PM	Indra Until 4:00PM	Muruḡa: Clear	<i>Sunset:</i> 7:24PM	Sarvari 5122
	215134468	Rahu 6:40AM – 8:29AM		Gara Until 9:30AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Trayodashi* Until 10:42PM	Moon – Clear		2nd Phase	
				Chaitra•Chaitra		Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden
	Meena Rasi: 16.44	Tithi 29	Gulika 12:07PM – 1:57PM	Revati Until 8:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	Sun 12 Sutra 9
			Yama 8:28AM – 10:17AM	Vaidhriti* Until 4:53PM	Muruḡa: Clear	<i>Sunset:</i> 7:26PM	Sarvari 5122
	215134468	Rahu 3:46PM – 5:36PM		Visti Until 11:56AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Chaturdashi* Until 1:06AM Wed	Moon – Clear		2nd Phase	
Until 8:35AM Wed				Chaitra•Chaitra		Sivaloka Day	
Then Routine Work - Marana Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden
	Retreat Star		Gulika 10:17AM – 12:07PM	Revati Until 8:35AM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Sun 13 Sutra 10
	Meena Rasi: 28.37	Tithi 30	Yama 6:36AM – 8:27AM	Vishkambha* Until 5:43PM	Muruḡa: Clear	<i>Sunset:</i> 7:28PM	Sarvari 5122
	215134468	Rahu 12:07PM – 1:57PM		Catuspada Until 2:17PM	Nataraja: Purple		Moon 4 - Phase 1
Routine Work	Marana Yoga		Amavasya* Until 3:23AM Thu	Moon – Clear		Amavasya	
				Chaitra•Chaitra		Sivaloka Day	

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Malmö, Sweden
	Retreat Star		Gulika 8:25AM – 10:16AM	Ashvini Until 11:31AM	Ganesha: Red	<i>Sunrise:</i> 4:44AM	Sun 14 Sutra 11
	Mesha Rasi: 10.34	Tithi 1	Yama 4:44AM – 6:35AM	Priti Until 6:27PM	Muruḡa: Clear	<i>Sunset:</i> 7:30PM	Sarvari 5122
	225134468	Rahu 1:57PM – 3:48PM		Kintughna Until 4:29PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Amrita Yoga		Prathama* Until 5:29AM Fri	Moon – White		Prathama	
Until 11:31AM				Vaisaka•Chaitra		Sivaloka Day	
Then Creative Work - Siddha Yoga							

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
				Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau		Sun 15 Sutra 12	
Mesha Rasi: 22.35	Tithi 2	Gulika 6:33AM – 8:24AM	Bharani Until 2:06PM	Ganesha: Red	<i>Sunrise:</i> 4:42AM	Sarvari 5122	
		Yama 3:49PM – 5:40PM	Ayushman Until 6:59PM	Muruḡa: Clear	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 2	
		225134469 Rahu 10:15AM – 12:07PM	Balava Until 6:28PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 7:21AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
				Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 13	
Wrishabha Rasi: 4.41	Tithi 2 – 3	Gulika 4:39AM – 6:31AM	Krittika Until 4:16PM	Ganesha: Red	<i>Sunrise:</i> 4:39AM	Sarvari 5122	
		Yama 1:58PM – 3:50PM	Saubhagya Until 7:19PM	Muruḡa: Clear	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 2	
		225134469 Rahu 8:23AM – 10:15AM	Taitila Until 8:11PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 7:21AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
				Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17 Sutra 14	
Wrishabha Rasi: 16.55	Tithi 3 – 4	Gulika 3:51PM – 5:43PM	Rohini Until 6:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	Sarvari 5122	
		Yama 12:06PM – 1:59PM	Sobhana Until 7:24PM	Muruḡa: Clear	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 2	
		235134469 Rahu 5:43PM – 7:35PM	Vanija Until 9:32PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 8:53AM	Moon – Yellow		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
				Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 15	
Wrishabha Rasi: 29.19	Tithi 4 – 5	Gulika 1:59PM – 3:52PM	Mrigashira Until 8:00PM	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Sarvari 5122	
Family Home Evening		Yama 10:13AM – 12:06PM	Athiganda* Until 7:07PM	Muruḡa: Clear	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	235134469 Rahu 6:27AM – 8:20AM	Bava Until 10:27PM	Nataraja: Clear		3rd Phase	
Until 8:00PM			Chaturthi* Until 10:02AM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra			

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
				Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 16	
Mithuna Rasi: 11.56	Tithi 5 – 6	Gulika 12:06PM – 1:59PM	Ardra Until 8:55PM	Ganesha: Blue	<i>Sunrise:</i> 4:32AM	Sarvari 5122	
		Yama 8:19AM – 10:13AM	Sukarma Until 6:27PM	Muruḡa: Clear	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 2	
		236134469 Rahu 3:53PM – 5:46PM	Kaulava Until 10:49PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 10:41AM	Moon – Yellow		Bhuloka Day	
Until 8:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
				Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 17	
Mithuna Rasi: 24.49	Tithi 6 – 7	Gulika 10:12AM – 12:06PM	Punarvasu Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Sarvari 5122	
		Yama 6:24AM – 8:18AM	Dhriti Until 5:19PM	Muruḡa: Clear	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 2	
		246134469 Rahu 12:06PM – 2:00PM	Gara Until 10:34PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 10:45AM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
				Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 18	
Kataka Rasi: 8.01	Tithi 7 – 8	Gulika 8:17AM – 10:11AM	Pushya Until 9:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:28AM	Sarvari 5122	
		Yama 4:28AM – 6:22AM	Shula* Until 3:39PM	Muruḡa: Clear	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 2	
		246134469 Rahu 2:00PM – 3:54PM	Visti Until 9:40PM	Nataraja: Clear		Ashtami	
Creative Work	Amrita Yoga		Saptami Until 10:11AM	Moon – Blue		Devaloka Day	
Until 9:23PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
				Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 19	
Kataka Rasi: 21.34	Tithi 8 – 9	Gulika 6:19AM – 8:14AM	Ashlesha* Until 8:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	Sarvari 5122	
		Yama 3:56PM – 5:52PM	Ganda* Until 1:27PM	Muruḡa: Clear	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 2	
		246134469 Rahu 10:10AM – 12:05PM	Balava Until 8:06PM	Nataraja: Clear		Navami	
Routine Work	Marana Yoga		Ashtami* Until 8:57AM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Malmo, Sweden Sun 23 Sutra 20	
Simha Rasi: 5.32	Tithi 9 – 10	Gulika 4:21AM – 6:17AM	Magha* Until 7:06PM	Ganesha: White	<i>Sunrise:</i> 4:21AM			Sarvari 5122	
		Yama 2:01PM – 3:57PM	Vriddhi Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 7:49PM			Moon 4 - Phase 3	
		256134469 Rahu 8:13AM – 10:09AM	Gara Until 4:36AM Sun	Nataraja: Clear				4th Phase	
Creative Work	Amrita Yoga			Moon – Red				Bhuloka Day	
Until 7:06PM				Vaisaka*Chaitra				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga									

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Malmo, Sweden Sun 24 Sutra 21	
Simha Rasi: 19.53	Tithi 11	Gulika 3:58PM – 5:55PM	Purvaphalguni Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 4:19AM			Sarvari 5122	
		Yama 12:05PM – 2:02PM	Dhruva Until 7:34AM	Muruqa: Clear	<i>Sunset:</i> 7:51PM			Moon 4 - Phase 3	
		256134469 Rahu 5:55PM – 7:51PM	Vanija Until 3:11PM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga			Moon – Red				Bhuloka Day	
Until 5:08PM				Vaisaka*Chaitra				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga									

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Malmo, Sweden Sun 25 Sutra 22	
Kanya Rasi: 4.34	Tithi 12	Gulika 2:02PM – 3:59PM	Uttaraphalguni Until 2:36PM	Ganesha: Clear	<i>Sunrise:</i> 4:17AM			Sarvari 5122	
Family Home Evening		Yama 10:08AM – 12:05PM	Harshana Until 12:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:53PM			Moon 4 - Phase 3	
		256234469 Rahu 6:14AM – 8:11AM	Bava Until 12:02PM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga			Moon – Red				Devaloka Day	
				Vaisaka*Chaitra					

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Malmo, Sweden Sun 26 Sutra 23	
Kanya Rasi: 19.31	Tithi 13	Gulika 12:05PM – 2:02PM	Hasta Until 12:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:15AM			Sarvari 5122	
		Yama 8:10AM – 10:08AM	Vajra* Until 8:09PM	Muruqa: Clear	<i>Sunset:</i> 7:53PM			Moon 4 - Phase 3	
		267234469 Rahu 4:00PM – 5:57PM	Kaulava Until 8:36AM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga			Moon – Green				Devaloka Day	
				Vaisaka*Chaitra					

Pradosha Vrata

5		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Malmo, Sweden Sun 27 Sutra 24	
Tula Rasi: 4.34	Tithi 14 – 15	Gulika 10:07AM – 12:05PM	Chitra Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 4:13AM			Sarvari 5122	
		Yama 6:11AM – 8:09AM	Siddhi Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 7:57PM			Moon 4 - Phase 3	
		267234469 Rahu 12:05PM – 2:03PM	Visti Until 1:29AM Thu	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga			Moon – Green				Devaloka Day	
				Vaisaka*Chaitra					

○		Thursday, May 7, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Malmo, Sweden Sutra 25	
Copper Retreat Star		Gulika 8:08AM – 10:06AM	Svati Until 6:28AM	Ganesha: Clear	<i>Sunrise:</i> 4:11AM			Sarvari 5122	
Tula Rasi: 19.37	Tithi 15 – 16	Yama 4:11AM – 6:09AM	Vyatipata* Until 12:09PM	Muruqa: Clear	<i>Sunset:</i> 7:59PM			Moon 4 - Phase 3	
		267234469 Rahu 2:03PM – 4:02PM	Balava Until 10:07PM	Nataraja: Clear				Purnima	
Creative Work	Amrita Yoga			Moon – Green				Devaloka Day	
Until 6:28AM				Vaisaka*Chaitra					
Then Creative Work - Siddha Yoga									

○		Friday, May 8, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Malmo, Sweden Sutra 26	
Silver Retreat Star		Gulika 6:08AM – 8:07AM	Anuradha Until 2:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:09AM			Sarvari 5122	
Vrischika Rasi: 4.28	Tithi 16 – 17	Yama 4:03PM – 6:02PM	Variyan Until 8:25AM	Muruqa: Clear	<i>Sunset:</i> 8:01PM			Moon 4 - Phase 3	
		277234469 Rahu 10:06AM – 12:05PM	Taitila Until 7:07PM	Nataraja: Clear				Prathama	
Creative Work	Siddha Yoga			Moon – Orange				Bhuloka Day	
				Vaisaka*Chaitra				Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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