



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 29.02 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:01PM – 4:29PM
Yama 12:06PM – 1:34PM
Rahu 4:29PM – 5:56PM

Vishakha Until 1:28PM
Vyatipata* Until 11:59PM
Vanija Until 8:23PM
Dvitiya Until 9:01AM

Ganesha: Blue *Sunrise: 6:16AM*
Muruqa: Yellow *Sunset: 5:56PM*
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Lusaka, Zambia
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 12.38 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:33PM – 3:01PM
Yama 10:38AM – 12:06PM
Rahu 7:43AM – 9:11AM

Anuradha Until 1:13PM
Variyan Until 10:23PM
Bava Until 7:39PM
Tritiya Until 7:54AM

Ganesha: Blue *Sunrise: 6:16AM*
Muruqa: Yellow *Sunset: 5:56PM*
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Lusaka, Zambia
Sun 1
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 25.49 Tithi 19 – 20

Routine Work Marana Yoga

Until 1:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:06PM – 1:33PM
Yama 9:11AM – 10:38AM
Rahu 3:00PM – 4:28PM

Jyeshtha* Until 1:35PM
Parigha* Until 9:27PM
Kaulava Until 7:43PM
Chaturthi* Until 7:33AM

Ganesha: Blue *Sunrise: 6:16AM*
Muruqa: Yellow *Sunset: 5:56PM*
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Lusaka, Zambia
Sun 2
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 8.35 Tithi 20 – 21

Routine Work Marana Yoga

Until 3:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:38AM – 12:05PM
Yama 7:44AM – 9:11AM
Rahu 12:05PM – 1:33PM

Mula* Until 3:04PM
Shiva Until 9:09PM
Gara Until 8:36PM
Panchami Until 8:02AM

Ganesha: Yellow *Sunrise: 6:16AM*
Muruqa: Yellow *Sunset: 5:56PM*
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Lusaka, Zambia
Sun 3
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 21 Tithi 21 – 22

Creative Work Siddha Yoga

Until 5:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:11AM – 10:38AM
Yama 6:16AM – 7:44AM
Rahu 1:33PM – 3:00PM

Purvashadha* Until 5:08PM
Siddha Until 9:23PM
Visti Until 10:12PM
Shashthi* Until 9:18AM

Ganesha: Yellow *Sunrise: 6:16AM*
Muruqa: Yellow *Sunset: 5:54PM*
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Lusaka, Zambia
Sun 4
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Retreat Star

Makara Rasi: 3.08 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:44AM – 9:11AM
Yama 2:59PM – 4:27PM
Rahu 10:38AM – 12:05PM

Uttarashadha Until 7:35PM
Sadhya Until 10:04PM
Balava Until 12:22AM Sat
Saptami Until 11:13AM

Ganesha: Red *Sunrise: 6:17AM*
Muruqa: Yellow *Sunset: 5:54PM*
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Lusaka, Zambia
Sun 5
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 15.04 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:17AM – 7:44AM
Yama 1:32PM – 2:59PM
Rahu 9:11AM – 10:38AM

Shravana Until 10:44PM
Subha Until 11:01PM
Taitila Until 2:51AM Sun
Ashtami* Until 1:34PM

Ganesha: Green *Sunrise: 6:17AM*
Muruqa: Yellow *Sunset: 5:53PM*
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Lusaka, Zambia
Sun 6
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 7 Sutra 14
Makara Rasi: 26.54	Tithi 24 – 25	Gulika 2:59PM – 4:26PM	Dhanishtha Until 1:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:17AM	Vikarin 5121
		Yama 12:05PM – 1:32PM	Sukla Until 12:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 5:53PM	Moon 4 - Phase 3
		294583469 Rahu 4:26PM – 5:53PM	Vanija Until 5:24AM Mon	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 4:06PM	Moon – Purple		Bhuloka Day
Until 1:48AM Mon				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
2 Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti* Karana Dashamyam Titau				Lusaka, Zambia Sun 8 Sutra 15
Kumbha Rasi: 8.44	Tithi 25	Gulika 1:32PM – 2:58PM	Shatabhishak Until 4:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:17AM	Vikarin 5121
Family Home Evening		Yama 10:38AM – 12:05PM	Brahma Until 12:57AM Tue	Muruqa: Yellow	<i>Sunset:</i> 5:52PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 7:44AM – 9:11AM	Visti Until 6:36PM	Nataraja: Clear		2nd Phase
Until 4:34AM Tue			Dashami Until 6:36PM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 9 Sutra 16
Kumbha Rasi: 20.37	Tithi 26	Gulika 12:05PM – 1:31PM	Purvaproshtapada* Until 7:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	Vikarin 5121
		Yama 9:11AM – 10:38AM	Indra Until 1:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 5:52PM	Moon 4 - Phase 3
		214583469 Rahu 2:58PM – 4:25PM	Bava Until 7:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 8:49PM	Moon – Clear		Bhuloka Day
Until 7:21AM Wed				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Lusaka, Zambia Sun 10 Sutra 17
Meena Rasi: 2.38	Tithi 27	Gulika 10:38AM – 12:04PM	Purvaproshtapada* Until 7:21AM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 7:44AM – 9:11AM	Vaidhriti* Until 1:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:51PM	Moon 4 - Phase 3
		214583469 Rahu 12:04PM – 1:31PM	Kaulava Until 9:47AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 10:36PM	Moon – Clear		Bhuloka Day
Until 7:21AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 18
Meena Rasi: 14.5	Tithi 28	Gulika 9:11AM – 10:38AM	Uttaraproshtapada Until 9:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 6:18AM – 7:44AM	Vishkambha* Until 1:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 5:51PM	Moon 4 - Phase 3
		215583469 Rahu 1:31PM – 2:57PM	Gara Until 11:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:52PM	Moon – Clear		Bhuloka Day
Until 11:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
6 Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 19
Meena Rasi: 27.17	Tithi 29	Gulika 7:45AM – 9:11AM	Revati Until 11:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 2:57PM – 4:24PM	Priti Until 1:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 5:50PM	Moon 4 - Phase 3
		215583469 Rahu 10:38AM – 12:04PM	Visti Until 12:19PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:36AM Sat	Moon – Clear		Bhuloka Day
Until 11:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						
Saturday, May 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 20
Mesha Rasi: 9.57	Tithi 30	Gulika 6:18AM – 7:45AM	Ashvini Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 1:30PM – 2:57PM	Ayushman Until 12:34AM Sun	Muruqa: Yellow	<i>Sunset:</i> 5:50PM	Moon 4 - Phase 3
		225583469 Rahu 9:11AM – 10:38AM	Catuspada Until 12:47PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 12:47AM Sun	Moon – White		Bhuloka Day
Until 12:55PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
Sunday, May 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 21
Mesha Rasi: 22.53	Tithi 1	Gulika 2:57PM – 4:23PM	Bharani Until 12:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Vikarin 5121
		Yama 12:04PM – 1:30PM	Saubhagya Until 11:18PM	Muruqa: Yellow	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 3
		225583469 Rahu 4:23PM – 5:49PM	Kintughna Until 12:43PM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 12:30AM Mon	Moon – White		Bhuloka Day
Until 12:55PM				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lusaka, Zambia Sun 15 Sutra 22	
1		Gulika 1:30PM – 2:56PM	Krittika Until 12:58PM	Ganesha: Purple <i>Sunrise:</i> 6:19AM	Vikarin 5121
Vrishabha Rasi: 6.02	Tithi 2	Yama 10:38AM – 12:04PM	Sobhana Until 9:43PM	Muruqa: Yellow <i>Sunset:</i> 5:49PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 7:45AM – 9:11AM	Balava Until 12:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 11:49PM	Moon – White	Bhuloka Day
Until 12:58PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 23	
2		Gulika 12:04PM – 1:30PM	Rohini Until 12:56PM	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM	Vikarin 5121
Vrishabha Rasi: 19.25	Tithi 3	Yama 9:11AM – 10:38AM	Athiganda* Until 7:50PM	Muruqa: Yellow <i>Sunset:</i> 5:49PM	Moon 4 - Phase 4
	235583469	Rahu 2:56PM – 4:22PM	Taitila Until 11:21AM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Tritiya Until 10:46PM	Moon – Yellow	Bhuloka Day
Until 12:56PM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Lusaka, Zambia Sun 17 Sutra 24	
3		Gulika 10:38AM – 12:04PM	Mrigashira Until 12:27PM	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM	Vikarin 5121
Mithuna Rasi: 2.59	Tithi 4	Yama 7:45AM – 9:12AM	Sukarma Until 5:44PM	Muruqa: Yellow <i>Sunset:</i> 5:48PM	Moon 4 - Phase 4
	235583469	Rahu 12:04PM – 1:30PM	Vanija Until 10:10AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 9:27PM	Moon – Yellow	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 25	
4		Gulika 9:12AM – 10:38AM	Ardra Until 11:35AM	Ganesha: Light Blue <i>Sunrise:</i> 6:20AM	Vikarin 5121
Mithuna Rasi: 16.41	Tithi 5	Yama 6:20AM – 7:46AM	Dhriti Until 3:28PM	Muruqa: Yellow <i>Sunset:</i> 5:48PM	Moon 4 - Phase 4
	235583469	Rahu 1:30PM – 2:56PM	Bava Until 8:43AM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Panchami Until 7:54PM	Moon – Yellow	Bhuloka Day
Until 11:35AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Lusaka, Zambia Sun 19 Sutra 26	
5		Gulika 7:46AM – 9:12AM	Punarvasu Until 10:48AM	Ganesha: Orange <i>Sunrise:</i> 6:20AM	Vikarin 5121
Kataka Rasi: 0.32	Tithi 6	Yama 2:56PM – 4:21PM	Shula* Until 12:59PM	Muruqa: Yellow <i>Sunset:</i> 5:47PM	Moon 4 - Phase 4
	245583469	Rahu 10:38AM – 12:04PM	Kaulava Until 7:04AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 6:09PM	Moon – Blue	Devaloka Day
Until 10:48AM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lusaka, Zambia Sun 20 Sutra 27	
6		Gulika 6:20AM – 7:46AM	Pushya Until 9:40AM	Ganesha: Orange <i>Sunrise:</i> 6:20AM	Vikarin 5121
Kataka Rasi: 14.31	Tithi 7 – 8	Yama 1:29PM – 2:55PM	Ganda* Until 10:22AM	Muruqa: Yellow <i>Sunset:</i> 5:47PM	Moon 4 - Phase 4
	245583469	Rahu 9:12AM – 10:38AM	Visti Until 3:11AM Sun	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 4:12PM	Moon – Blue	Devaloka Day
Until 9:40AM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 21 Sutra 28	
Retreat Star		Gulika 2:55PM – 4:21PM	Ashlesha* Until 8:14AM	Ganesha: Clear <i>Sunrise:</i> 6:20AM	Vikarin 5121
Kataka Rasi: 28.35	Tithi 8 – 9	Yama 12:04PM – 1:29PM	Vridhhi Until 7:38AM	Muruqa: Yellow <i>Sunset:</i> 5:47PM	Moon 4 - Phase 4
	246583469	Rahu 4:21PM – 5:47PM	Balava Until 1:00AM Mon	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 2:05PM	Moon – Blue	Devaloka Day
Until 8:14AM		Mother's Day		Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 22 Sutra 29	
Retreat Star		Gulika 1:29PM – 2:55PM	Magha* Until 6:55AM	Ganesha: White <i>Sunrise:</i> 6:21AM	Vikarin 5121
Simha Rasi: 12.46	Tithi 9 – 10	Yama 10:38AM – 12:04PM	Vyaghata* Until 1:46AM Tue	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 4 - Phase 4
	256583469	Rahu 7:46AM – 9:12AM	Taitila Until 10:41PM	Nataraja: Clear	Navami
Family Home Evening			Navami* Until 11:50AM	Moon – Red	Bhuloka Day
Routine Work Marana Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Until 6:55AM					
Then Creative Work - Siddha Yoga					

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 23 Sutra 30
Simha Rasi: 27.02	Tithi 10 – 11	Gulika	12:04PM – 1:29PM	Uttaraphalguni Until 3:37AM Wed	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
		Yama	9:12AM – 10:38AM	Harshana Until 10:45PM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 5	
		266583469 Rahu	2:55PM – 4:21PM	Vanija Until 8:19PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga			Dashami Until 9:29AM	Moon – Red		Bhuloka Day	
Until 3:37AM Wed					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 24 Sutra 31
Kanya Rasi: 11.19	Tithi 11 – 12	Gulika	10:38AM – 12:04PM	Hasta Until 2:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
		Yama	7:47AM – 9:12AM	Vajra* Until 7:44PM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 5	
		266583469 Rahu	12:04PM – 1:29PM	Balava Until 4:45AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 7:06AM	Moon – Green		Devaloka Day	
Until 2:11AM Thu					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 25 Sutra 32
Kanya Rasi: 25.35	Tithi 13	Gulika	9:13AM – 10:38AM	Chitra Until 12:45AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Vikarin 5121	
		Yama	6:22AM – 7:47AM	Siddhi Until 4:49PM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 5	
		266583469 Rahu	1:29PM – 2:55PM	Kaulava Until 3:39PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 2:34AM Fri	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			
					<i>Pradosha Vrata</i>			

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 26 Sutra 33
Tula Rasi: 9.44	Tithi 14	Gulika	7:47AM – 9:13AM	Svati Until 11:26PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Vikarin 5121	
		Yama	2:54PM – 4:20PM	Vyatipata* Until 2:05PM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 5	
		266583469 Rahu	10:38AM – 12:04PM	Gara Until 1:35PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:39AM Sat	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sun 27 Sutra 34
Copper Retreat Star		Gulika	6:22AM – 7:48AM	Vishakha Until 10:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	Vikarin 5121	
Tula Rasi: 23.42	Tithi 15	Yama	1:29PM – 2:54PM	Variyan Until 11:37AM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 5	
		276583469 Rahu	9:13AM – 10:38AM	Visti Until 11:52AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 11:09PM	Moon – Orange		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Sunday, May 19, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sun 28 Sutra 35
Silver Retreat Star		Gulika	2:54PM – 4:20PM	Anuradha Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Vikarin 5121	
Vrischika Rasi: 7.23	Tithi 16	Yama	12:04PM – 1:29PM	Parigha* Until 9:32AM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 5	
		277583469 Rahu	4:20PM – 5:45PM	Balava Until 10:36AM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga			Prathama* Until 10:10PM	Moon – Orange		Devaloka Day	
					Vaisaka-Vaikasi			



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.46 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 1:29PM – 2:54PM
Yama 10:38AM – 12:04PM
Rahu 7:48AM – 9:13AM
Jyeshtha* Until 10:47PM
Shiva Until 7:56AM
Taitila Until 9:56AM
Dvitiya Until 9:49PM

Lusaka, Zambia
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Yellow *Sunrise:* 6:23AM
Muruqa: Yellow *Sunset:* 5:45PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.47 Tithi 18
Creative Work Amrita Yoga
Until 11:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 12:04PM – 1:29PM
Yama 9:13AM – 10:39AM
Rahu 2:54PM – 4:19PM
Mula* Until 11:59PM
Siddha Until 6:50AM
Vanija Until 9:55AM
Tritiya Until 10:10PM

Lusaka, Zambia
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Red *Sunrise:* 6:23AM
Muruqa: Yellow *Sunset:* 5:45PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.28 Tithi 19
Creative Work Amrita Yoga
Until 1:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 10:39AM – 12:04PM
Yama 7:49AM – 9:14AM
Rahu 12:04PM – 1:29PM
Purvashadha* Until 1:43AM Thu
Sadhya Until 6:18AM
Bava Until 10:37AM
Chaturthi* Until 11:12PM

Lusaka, Zambia
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Red *Sunrise:* 6:23AM
Muruqa: Yellow *Sunset:* 5:44PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 28.5 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 9:14AM – 10:39AM
Yama 6:24AM – 7:49AM
Rahu 1:29PM – 2:54PM
Uttarashadha Until 3:52AM Fri
Subha Until 6:19AM
Kaulava Until 11:59AM
Panchami Until 12:51AM Fri

Lusaka, Zambia
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Red *Sunrise:* 6:24AM
Muruqa: Yellow *Sunset:* 5:44PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 10.58 Tithi 21
Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 7:49AM – 9:14AM
Yama 2:54PM – 4:19PM
Rahu 10:39AM – 12:04PM
Shravana Until 6:47AM Sat
Sukla Until 6:45AM
Gara Until 1:54PM
Shashthi* Until 2:59AM Sat

Lusaka, Zambia
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Green *Sunrise:* 6:24AM
Muruqa: Yellow *Sunset:* 5:44PM
Nataraja: Clear
Moon – Purple
Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 22.56 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 6:24AM – 7:49AM
Yama 1:29PM – 2:54PM
Rahu 9:14AM – 10:39AM
Shravana Until 6:47AM
Brahma Until 7:31AM
Visti Until 4:11PM
Saptami Until 5:22AM Sun

Lusaka, Zambia
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Green *Sunrise:* 6:24AM
Muruqa: Yellow *Sunset:* 5:44PM
Nataraja: Clear
Moon – Purple
Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 4.49 Tithi 23
Routine Work Marana Yoga
Until 9:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Indra/Vaidhriti* Yoga Balava Karana Ashtamyam Titau
Gulika 2:54PM – 4:19PM
Yama 12:04PM – 1:29PM
Rahu 4:19PM – 5:44PM
Dhanishtha Until 9:44AM
Indra Until 8:29AM
Balava Until 6:37PM
Ashtami* Until 7:47AM Mon

Lusaka, Zambia
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami
Ganesha: Blue *Sunrise:* 6:25AM
Muruqa: Yellow *Sunset:* 5:44PM
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 16.4 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 12:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shalabhishak/Purvaprosanthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 1:29PM – 2:54PM
Yama 10:40AM – 12:04PM
Rahu 7:50AM – 9:15AM
Shatabhishak Until 12:32PM
Vaidhriti* Until 9:25AM
Taitila Until 8:57PM
Ashtami* Until 7:47AM

Lusaka, Zambia
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami
Ganesha: Blue *Sunrise:* 6:25AM
Muruqa: Yellow *Sunset:* 5:44PM
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Lusaka, Zambia Sun 9 Sutra 44
Kumbha Rasi: 28.36	Tithi 24 – 25	Gulika	12:04PM – 1:29PM	Purvaproshtapada* Until 3:26PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Vikarin 5121
		Yama	9:15AM – 10:40AM	Vishkambha* Until 10:12AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 7
		318683469 Rahu	2:54PM – 4:19PM	Vanija Until 11:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 10:00AM	Moon – Clear		Sivaloka Day
Until 3:26PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Lusaka, Zambia Sun 10 Sutra 45
Meena Rasi: 10.4	Tithi 25 – 26	Gulika	10:40AM – 12:05PM	Uttaraproshtapada Until 5:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Vikarin 5121
		Yama	7:50AM – 9:15AM	Priti Until 10:43AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 7
		318683469 Rahu	12:05PM – 1:29PM	Bava Until 12:34AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 11:50AM	Moon – Clear		Sivaloka Day
Until 5:45PM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Lusaka, Zambia Sun 11 Sutra 46
Meena Rasi: 22.57	Tithi 26 – 27	Gulika	9:15AM – 10:40AM	Revati Until 7:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Vikarin 5121
		Yama	6:26AM – 7:51AM	Ayushman Until 10:47AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 7
		318683469 Rahu	1:29PM – 2:54PM	Kaulava Until 1:33AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 1:07PM	Moon – Clear		Sivaloka Day
Until 7:22PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Lusaka, Zambia Sun 12 Sutra 47
Mesha Rasi: 5.29	Tithi 27 – 28	Gulika	7:51AM – 9:16AM	Ashvini Until 8:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Vikarin 5121
		Yama	2:54PM – 4:19PM	Saubhagya Until 10:23AM	Muruqa: Yellow	<i>Sunset:</i> 5:43PM	Moon 5 - Phase 7
		328683469 Rahu	10:40AM – 12:05PM	Gara Until 1:54AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 1:47PM	Moon – White		Devaloka Day
Until 8:42PM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Lusaka, Zambia Sun 13 Sutra 48
Mesha Rasi: 18.2	Tithi 28 – 29	Gulika	6:27AM – 7:51AM	Bharani Until 9:14PM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Vikarin 5121
		Yama	1:30PM – 2:54PM	Sobhana Until 9:30AM	Muruqa: Yellow	<i>Sunset:</i> 5:43PM	Moon 5 - Phase 7
		329683469 Rahu	9:16AM – 10:40AM	Visti Until 1:37AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 1:49PM	Moon – White		Bhuloka Day
Until 9:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Lusaka, Zambia Sun 14 Sutra 49
Vrishabha Rasi: 1.3	Tithi 29 – 30	Gulika	2:54PM – 4:19PM	Krittika Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Vikarin 5121
		Yama	12:05PM – 1:30PM	Athiganda* Until 8:05AM	Muruqa: Yellow	<i>Sunset:</i> 5:43PM	Moon 5 - Phase 7
		329683469 Rahu	4:19PM – 5:43PM	Catuspada Until 12:44AM Mon	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 1:14PM	Moon – White		Bhuloka Day
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

Retreat Star		Monday, June 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Lusaka, Zambia Sun 15 Sutra 50
Vrishabha Rasi: 14.58	Tithi 30 – 1	Gulika	1:30PM – 2:54PM	Rohini Until 8:37PM	Ganesha: Green	<i>Sunrise:</i> 6:27AM	Vikarin 5121
Family Home Evening		Yama	10:41AM – 12:05PM	Sukarma Until 6:14AM	Muruqa: Yellow	<i>Sunset:</i> 5:43PM	Moon 5 - Phase 7
		339683469 Rahu	7:52AM – 9:16AM	Kintughna Until 11:22PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 12:05PM	Moon – Yellow		Bhuloka Day
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Lusaka, Zambia Sun 16 Sutra 51
Vrishabha Rasi: 28.44	Tithi 1 – 2	Gulika 12:06PM – 1:30PM	Mrigashira Until 7:39PM	Ganesha: Green <i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 9:17AM – 10:41AM	Shula* Until 1:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:43PM	Moon 5 - Phase 8
339683461	Rahu 2:54PM – 4:19PM		Balava Until 9:35PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 10:30AM	Moon – Yellow	Bhuloka Day
Until 7:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Lusaka, Zambia Sun 17 Sutra 52
Mithuna Rasi: 12.43	Tithi 2 – 3	Gulika 10:41AM – 12:06PM	Ardra Until 6:14PM	Ganesha: Green <i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 7:52AM – 9:17AM	Ganda* Until 10:42PM	Muruqa: Yellow <i>Sunset:</i> 5:44PM	Moon 5 - Phase 8
339683461	Rahu 12:06PM – 1:30PM		Taitila Until 7:31PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:34AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau	Lusaka, Zambia Sun 18 Sutra 53
Mithuna Rasi: 26.51	Tithi 3 – 4	Gulika 9:17AM – 10:41AM	Punarvasu Until 4:55PM	Ganesha: White <i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 6:28AM – 7:53AM	Vridhi Until 7:48PM	Muruqa: Yellow <i>Sunset:</i> 5:44PM	Moon 5 - Phase 8
349683461	Rahu 1:30PM – 2:55PM		Visti Until 4:04AM Fri	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:23AM	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Lusaka, Zambia Sun 19 Sutra 54
Kataka Rasi: 11.05	Tithi 5	Gulika 7:53AM – 9:17AM	Pushya Until 3:21PM	Ganesha: White <i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 2:55PM – 4:19PM	Dhruva Until 4:49PM	Muruqa: Yellow <i>Sunset:</i> 5:44PM	Moon 5 - Phase 8
349683461	Rahu 10:42AM – 12:06PM		Bava Until 2:54PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:42AM Sat	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Lusaka, Zambia Sun 20 Sutra 55
Kataka Rasi: 25.22	Tithi 6	Gulika 6:29AM – 7:53AM	Ashlesha* Until 1:38PM	Ganesha: White <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 1:31PM – 2:55PM	Vyaghata* Until 1:50PM	Muruqa: Yellow <i>Sunset:</i> 5:44PM	Moon 5 - Phase 8
349683461	Rahu 9:18AM – 10:42AM		Kaulava Until 12:32PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 11:20PM	Moon – Blue	Bhuloka Day
Until 1:38PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Lusaka, Zambia Sun 21 Sutra 56
Simha Rasi: 9.37	Tithi 7	Gulika 2:55PM – 4:19PM	Magha* Until 12:14PM	Ganesha: Yellow <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 12:06PM – 1:31PM	Harshana Until 10:53AM	Muruqa: Yellow <i>Sunset:</i> 5:44PM	Moon 5 - Phase 8
351683461	Rahu 4:19PM – 5:44PM		Gara Until 10:12AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Saptami Until 9:03PM	Moon – Red	Devaloka Day
Until 12:14PM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Lusaka, Zambia Sun 22 Sutra 57
Simha Rasi: 23.49	Tithi 8	Gulika 1:31PM – 2:55PM	Purvaphalguni Until 10:48AM	Ganesha: Yellow <i>Sunrise:</i> 6:29AM	Vikarin 5121
Family Home Evening		Yama 10:42AM – 12:07PM	Vajra* Until 8:00AM	Muruqa: Yellow <i>Sunset:</i> 5:44PM	Moon 5 - Phase 8
351683461	Rahu 7:54AM – 9:18AM		Visti Until 7:58AM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	

Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Lusaka, Zambia Sun 23 Sutra 58
Kanya Rasi: 7.56	Tithi 9 – 10	Gulika 12:07PM – 1:31PM	Uttaraphalguni Until 9:21AM	Ganesha: Yellow <i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 9:18AM – 10:43AM	Vyatipata* Until 2:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:44PM	Moon 5 - Phase 8
351683461	Rahu 2:55PM – 4:20PM		Taitila Until 3:53AM Wed	Nataraja: Yellow	Navami
Creative Work	Amrita Yoga		Navami* Until 4:49PM	Moon – Red	Devaloka Day
Until 9:21AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 59
	Kanya Rasi: 21.58	Tithi 10 – 11	Gulika 10:43AM – 12:07PM	Hasta Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 6:30AM	Vikarin 5121
			Yama 7:54AM – 9:19AM	Variyan Until 12:07AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 9
		361683461	Rahu 12:07PM – 1:31PM	Vanija Until 2:08AM Thu	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Dashami Until 2:58PM	Moon – Green	Bhuloka Day		
Until 8:21AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 60
	Tula Rasi: 5.5	Tithi 11 – 12	Gulika 9:19AM – 10:43AM	Chitra Until 7:25AM	Ganesha: White	<i>Sunrise:</i> 6:30AM	Vikarin 5121
			Yama 6:30AM – 7:55AM	Parigha* Until 9:51PM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 9
		361683461	Rahu 1:31PM – 2:56PM	Bava Until 12:39AM Fri	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 1:20PM	Moon – Green	Bhuloka Day		
Until 7:25AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 61
	Tula Rasi: 19.33	Tithi 12 – 13	Gulika 7:55AM – 9:19AM	Svati Until 6:37AM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Vikarin 5121
			Yama 2:56PM – 4:20PM	Shiva Until 7:52PM	Muruqa: Blue	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 9
		361693461	Rahu 10:43AM – 12:07PM	Kaulava Until 11:29PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 12:00PM	Moon – Green	Devaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 62
	Vrischika Rasi: 3.04	Tithi 13 – 14	Gulika 6:31AM – 7:55AM	Vishakha Until 6:27AM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Vikarin 5121
			Yama 1:32PM – 2:56PM	Siddha Until 6:09PM	Muruqa: Blue	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9
		371793461	Rahu 9:19AM – 10:43AM	Gara Until 10:43PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:01AM	Moon – Orange	Subha Sivaloka Day		
				Jyeshtha-Ani			

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sutra 63
	Copper Retreat Star		Gulika 2:56PM – 4:20PM	Anuradha Until 6:33AM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Vikarin 5121
	Vrischika Rasi: 16.21	Tithi 14 – 15	Yama 12:08PM – 1:32PM	Sadhya Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9
		371793461	Rahu 4:20PM – 5:45PM	Visti Until 10:25PM	Nataraja: Yellow		Purnima
Routine Work Marana Yoga			Chaturdashi* Until 10:29AM	Moon – Orange	Subha Sivaloka Day		
		Father's Day		Jyeshtha-Ani			

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 64
	Silver Retreat Star		Gulika 1:32PM – 2:56PM	Jyeshtha* Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Vikarin 5121
	Vrischika Rasi: 29.22	Tithi 15 – 16	Yama 10:44AM – 12:08PM	Subha Until 3:55PM	Muruqa: Blue	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9
	Family Home Evening	371793461	Rahu 7:56AM – 9:20AM	Balava Until 10:39PM	Nataraja: Yellow		Prathama
Creative Work Siddha Yoga			Purnima* Until 10:27AM	Moon – Orange	Subha Sivaloka Day		
				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia
Sutra 65

Dhanus Rasi: 12.08 Tithi 16 - 17

381793461

Gulika 12:08PM - 1:33PM
Yama 9:20AM - 10:44AM
Rahu 2:57PM - 4:21PM

Mula* Until 8:16AM
Sukla Until 3:26PM
Taitila Until 11:28PM
Prathama* Until 10:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:32AM
Sunset: 5:45PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Lusaka, Zambia
Sun 1 Sutra 66

Dhanus Rasi: 24.37 Tithi 17 - 18

382793461

Gulika 10:44AM - 12:09PM
Yama 7:56AM - 9:20AM
Rahu 12:09PM - 1:33PM

Purvashadha* Until 9:57AM
Brahma Until 3:24PM
Vanija Until 12:49AM Thu
Dvitiya Until 12:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:32AM
Sunset: 5:45PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili Yoga Visti/Bava Karana Trilya/Chatrthyam Titau

Lusaka, Zambia
Sun 2 Sutra 67

Makara Rasi: 6.53 Tithi 18 - 19

382793461

Gulika 9:20AM - 10:45AM
Yama 6:32AM - 7:56AM
Rahu 1:33PM - 2:57PM

Uttarashadha Until 11:59AM
Indra Until 3:47PM
Bava Until 2:40AM Fri
Tritiya Until 1:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:32AM
Sunset: 5:45PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili/Vishkambha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 68

Makara Rasi: 18.57 Tithi 19 - 20

392793461

Gulika 7:56AM - 9:21AM
Yama 2:57PM - 4:21PM
Rahu 10:45AM - 12:09PM

Shravana Until 2:46PM
Vaidhrili* Until 4:27PM
Kaulava Until 4:51AM Sat
Chaturthi* Until 3:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:32AM
Sunset: 5:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vishkambha/Priti Yoga Taitila Karana Panchamyam Titau

Lusaka, Zambia
Sun 4 Sutra 69

Kumbha Rasi: 0.53 Tithi 20

392793461

Gulika 6:33AM - 7:57AM
Yama 1:33PM - 2:58PM
Rahu 9:21AM - 10:45AM

Dhanishtha Until 5:39PM
Vishkambha* Until 5:21PM
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:33AM
Sunset: 5:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia
Sun 5 Sutra 70

Kumbha Rasi: 12.46 Tithi 21

392793461

Gulika 2:58PM - 4:22PM
Yama 12:09PM - 1:34PM
Rahu 4:22PM - 5:46PM

Shatabhishak Until 8:27PM
Priti Until 6:20PM
Gara Until 7:13AM
Shashthi* Until 8:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:33AM
Sunset: 5:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada Nakshatra Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 6 Sutra 71

Kumbha Rasi: 24.38 Tithi 22

312793461

Gulika 1:34PM - 2:58PM
Yama 10:45AM - 12:10PM
Rahu 7:57AM - 9:21AM

Purvaproshtapada* Until 11:29PM
Ayushman Until 7:12PM
Visti Until 9:35AM
Saptami Until 10:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:33AM
Sunset: 5:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 7 Sutra 72

Meena Rasi: 6.35 Tithi 23

312793461

Gulika 12:10PM - 1:34PM
Yama 9:21AM - 10:46AM
Rahu 2:58PM - 4:22PM

Uttaraproshtapada Until 2:03AM Wed
Saubhagya Until 7:53PM
Balava Until 11:45AM
Ashtami* Until 12:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:33AM
Sunset: 5:47PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 2:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 8 Sutra 73

Meena Rasi: 18.4 Tithi 24

312793461

Gulika 10:46AM - 12:10PM
Yama 7:57AM - 9:22AM
Rahu 12:10PM - 1:34PM

Revati Until 3:59AM Thu
Sobhana Until 8:14PM
Taitila Until 1:31PM
Navami* Until 2:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:33AM
Sunset: 5:47PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 9 Sutra 74	
Mesha Rasi: 0.57	Tithi 25	322793461	Gulika 9:22AM – 10:46AM Yama 6:33AM – 7:58AM Rahu 1:34PM – 2:59PM	Ashvini Until 5:38AM Fri Athiganda* Until 8:06PM Vanija Until 2:43PM Dashami Until 3:04AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:33AM Muruqa: Blue <i>Sunset:</i> 5:47PM Nataraja: Yellow Moon – White	Jyeshtha-Ani	Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 5:38AM Fri Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Lusaka, Zambia Sun 10 Sutra 75	
Mesha Rasi: 13.31	Tithi 26	322793461	Gulika 7:58AM – 9:22AM Yama 2:59PM – 4:23PM Rahu 10:46AM – 12:10PM	Bharani Until 6:26AM Sat Sukarma Until 7:27PM Bava Until 3:16PM Ekadashi* Until 3:15AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:34AM Muruqa: Blue <i>Sunset:</i> 5:47PM Nataraja: Yellow Moon – White	Jyeshtha-Ani	Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 6:26AM Sat Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau		Lusaka, Zambia Sun 11 Sutra 76	
Mesha Rasi: 26.25	Tithi 27	322793461	Gulika 6:34AM – 7:58AM Yama 1:35PM – 2:59PM Rahu 9:22AM – 10:46AM	Bharani Until 6:26AM Dhriti Until 6:14PM Kaulava Until 3:06PM Dvodashi* Until 2:43AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:34AM Muruqa: Blue <i>Sunset:</i> 5:48PM Nataraja: Yellow Moon – White	Jyeshtha-Ani	Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 6:26AM Then Creative Work - Amrita Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Lusaka, Zambia Sun 12 Sutra 77	
Vrishabha Rasi: 9.41	Tithi 28	322793461	Gulika 2:59PM – 4:24PM Yama 12:11PM – 1:35PM Rahu 4:24PM – 5:48PM	Krittika Until 6:22AM Shula* Until 4:25PM Gara Until 2:12PM Trayodashi* Until 1:29AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:34AM Muruqa: Blue <i>Sunset:</i> 5:48PM Nataraja: Yellow Moon – White	Jyeshtha-Ani	Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day
Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lusaka, Zambia Sun 13 Sutra 78	
Vrishabha Rasi: 23.22	Tithi 29	332793461	Gulika 1:35PM – 3:00PM Yama 10:47AM – 12:11PM Rahu 7:58AM – 9:23AM	Mrigashira Until 4:46AM Tue Ganda* Until 2:06PM Visti Until 12:39PM Chaturdashi* Until 11:39PM	Ganesha: Blue <i>Sunrise:</i> 6:34AM Muruqa: Blue <i>Sunset:</i> 5:48PM Nataraja: Yellow Moon – Yellow	Jyeshtha-Ani	Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day
Family Home Evening Creative Work Amrita Yoga Until 4:46AM Tue Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lusaka, Zambia Sun 14 Sutra 79	
Mithuna Rasi: 7.23	Tithi 30	332793461	Gulika 12:11PM – 1:36PM Yama 9:23AM – 10:47AM Rahu 3:00PM – 4:24PM	Ardra Until 2:59AM Wed Vridhhi Until 11:20AM Catuspada Until 10:33AM Amavasya* Until 9:18PM	Ganesha: Blue <i>Sunrise:</i> 6:34AM Muruqa: Blue <i>Sunset:</i> 5:48PM Nataraja: Yellow Moon – Yellow	Jyeshtha-Ani	Vikarin 5121 Moon 6 - Phase 11 Amavasya Devaloka Day
Routine Work Marana Yoga Until 2:59AM Wed Then Creative Work - Siddha Yoga		Total Solar Eclipse					
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 15 Sutra 80	
Mithuna Rasi: 21.43	Tithi 1	343793461	Gulika 10:47AM – 12:11PM Yama 7:59AM – 9:23AM Rahu 12:11PM – 1:36PM	Punarvasu Until 1:08AM Thu Dhruva Until 8:12AM Kintughna Until 8:00AM Prathama* Until 6:36PM	Ganesha: Yellow <i>Sunrise:</i> 6:34AM Muruqa: Blue <i>Sunset:</i> 5:49PM Nataraja: Yellow Moon – Blue	Ashada-Ani	Vikarin 5121 Moon 6 - Phase 11 Prathama Sivaloka Day
Creative Work Siddha Yoga Until 1:08AM Thu Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lusaka, Zambia Sun 16 Sutra 81
Kataka Rasi: 6.17	Tithi 2 – 3	Gulika 9:23AM – 10:47AM	Pushya Until 10:58PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM		Vikarin 5121	
		Yama 6:34AM – 7:59AM	Harshana Until 1:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 5:49PM		Moon 6 - Phase 12	
		343793461 Rahu 1:36PM – 3:00PM	Taitila Until 2:10AM Fri	Nataraja: Yellow			3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 3:39PM	Moon – Blue		Sivaloka Day		
Until 10:58PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lusaka, Zambia Sun 17 Sutra 82
Kataka Rasi: 20.58	Tithi 3 – 4	Gulika 7:59AM – 9:23AM	Ashlesha* Until 8:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM		Vikarin 5121	
		Yama 3:01PM – 4:25PM	Vajra* Until 9:45PM	Muruqa: Blue	<i>Sunset:</i> 5:49PM		Moon 6 - Phase 12	
		343793461 Rahu 10:47AM – 12:12PM	Vanija Until 11:08PM	Nataraja: Yellow			3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 12:37PM	Moon – Blue		Sivaloka Day		
				Ashada*Ani				

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 83
Simha Rasi: 5.38	Tithi 4 – 5	Gulika 6:34AM – 7:59AM	Magha* Until 6:37PM	Ganesha: White	<i>Sunrise:</i> 6:34AM		Vikarin 5121	
		Yama 1:36PM – 3:01PM	Siddhi Until 6:17PM	Muruqa: Blue	<i>Sunset:</i> 5:50PM		Moon 6 - Phase 12	
		353793461 Rahu 9:23AM – 10:48AM	Bava Until 8:11PM	Nataraja: Yellow			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 9:37AM	Moon – Red		Subha Sivaloka Day		
Until 6:37PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Lusaka, Zambia Sun 19 Sutra 84
Simha Rasi: 20.13	Tithi 5 – 6	Gulika 3:01PM – 4:25PM	Purvaphalguni Until 4:40PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM		Vikarin 5121	
		Yama 12:12PM – 1:37PM	Vyatipata* Until 2:59PM	Muruqa: Blue	<i>Sunset:</i> 5:50PM		Moon 6 - Phase 12	
		453793461 Rahu 4:25PM – 5:50PM	Taitila Until 4:10AM Mon	Nataraja: Yellow			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:46AM	Moon – Red		Sivaloka Day		
Until 4:40PM				Ashada*Ani				
Then Creative Work - Amrita Yoga								

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 20 Sutra 85
Kanya Rasi: 4.38	Tithi 7	Gulika 1:37PM – 3:01PM	Uttaraphalguni Until 2:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM		Vikarin 5121	
Family Home Evening		Yama 10:48AM – 12:12PM	Variyan Until 11:53AM	Muruqa: Blue	<i>Sunset:</i> 5:50PM		Moon 6 - Phase 12	
		453793461 Rahu 7:59AM – 9:23AM	Gara Until 3:00PM	Nataraja: Yellow			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 1:53AM Tue	Moon – Red		Sivaloka Day		
		Chidambaram Abhishekam		Ashada*Ani				

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 86
Kanya Rasi: 18.49	Tithi 8	Gulika 12:12PM – 1:37PM	Hasta Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 6:34AM		Vikarin 5121	
		Yama 9:23AM – 10:48AM	Parigha* Until 9:06AM	Muruqa: Blue	<i>Sunset:</i> 5:51PM		Moon 6 - Phase 12	
		463793461 Rahu 3:01PM – 4:26PM	Visti Until 12:54PM	Nataraja: Yellow			Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 12:00AM Wed	Moon – Green		Subha Sivaloka Day		
				Ashada*Ani				

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 87
Tula Rasi: 2.44	Tithi 9	Gulika 10:48AM – 12:13PM	Chitra Until 12:50PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM		Vikarin 5121	
		Yama 7:59AM – 9:24AM	Shiva Until 6:39AM	Muruqa: Blue	<i>Sunset:</i> 5:51PM		Moon 6 - Phase 12	
		463893461 Rahu 12:13PM – 1:37PM	Balava Until 11:14AM	Nataraja: Yellow			Navami	
Creative Work	Siddha Yoga		Navami* Until 10:32PM	Moon – Green		Sivaloka Day		
				Ashada*Ani				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 88
	Tula Rasi: 16.23	Tithi 10	Gulika 9:24AM – 10:48AM	Svati Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 6:34AM – 7:59AM	Sadhya Until 2:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 5:51PM	Moon 6 - Phase 13
	463893461	Rahu 1:37PM – 3:02PM		Taitila Until 10:00AM	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Dashami Until 9:32PM	Moon – Green		Sivaloka Day	
	Until 12:15PM			Ashada*Ani			
	Then Creative Work - Siddha Yoga						

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 89
	Tula Rasi: 29.47	Tithi 11	Gulika 7:59AM – 9:24AM	Vishakha Until 12:25PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 3:02PM – 4:27PM	Subha Until 1:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 5:51PM	Moon 6 - Phase 13
	473893461	Rahu 10:48AM – 12:13PM		Vanija Until 9:13AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:00PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 90
	Vrischika Rasi: 12.55	Tithi 12	Gulika 6:34AM – 7:59AM	Anuradha Until 12:54PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 1:38PM – 3:02PM	Sukla Until 12:29AM Sun	Muruqa: Blue	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 13
	473893461	Rahu 9:24AM – 10:48AM		Bava Until 8:56AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:56PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 91
	Vrischika Rasi: 25.49	Tithi 13	Gulika 3:03PM – 4:27PM	Jyeshtha* Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 12:13PM – 1:38PM	Brahma Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 13
	473893461	Rahu 4:27PM – 5:52PM		Kaulava Until 9:07AM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 9:22PM	Moon – Orange		Devaloka Day	
	Until 1:43PM			Ashada*Ani			
	Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 92
	Dhanus Rasi: 8.28	Tithi 14	Gulika 1:38PM – 3:03PM	Mula* Until 3:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Vikarin 5121
			Yama 10:49AM – 12:13PM	Indra Until 11:41PM	Muruqa: Blue	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 13
	483893461	Rahu 7:59AM – 9:24AM		Gara Until 9:47AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:16PM	Moon – Light Blue		Sivaloka Day	
	Until 3:18PM			Ashada*Ani			
	Then Routine Work - Marana Yoga						

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:13PM – 1:38PM	Purvashadha* Until 5:10PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Vikarin 5121
	Dhanus Rasi: 20.55	Tithi 15	Yama 9:24AM – 10:49AM	Vaidhriti* Until 11:48PM	Muruqa: Blue	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13
	483893461	Rahu 3:03PM – 4:28PM		Visti Until 10:54AM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:37PM	Moon – Light Blue		Sivaloka Day	
	Until 5:10PM			Ashada*Ani			
	Then Routine Work - Prabalarishta Yoga						
		Partial Lunar Eclipse Satguru Purnima					

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:49AM – 12:13PM	Uttarashadha Until 7:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Vikarin 5121
	Makara Rasi: 3.11	Tithi 16	Yama 7:59AM – 9:24AM	Vishkambha* Until 12:14AM Thu	Muruqa: Blue	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13
	484893462	Rahu 12:13PM – 1:38PM		Balava Until 12:28PM	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:23AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day	
	Until 7:18PM			Ashada*Adi			
	Then Creative Work - Siddha Yoga						



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 95

Makara Rasi: 15.17 Tithi 17

Gulika 9:24AM – 10:49AM
Yama 6:34AM – 7:59AM
494893462 **Rahu** 1:38PM – 3:03PM

Shravana Until 10:05PM
Priti Until 12:57AM Fri
Taitila Until 2:24PM
Dvitiya Until 3:28AM Fri

Ganesha: Clear *Sunrise: 6:34AM*
Muruqa: Blue *Sunset: 5:53PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia
Sun 2 Sutra 96

Makara Rasi: 27.16 Tithi 18

Gulika 7:59AM – 9:24AM
Yama 3:04PM – 4:29PM
494893462 **Rahu** 10:49AM – 12:14PM

Dhanishtha Until 12:57AM Sat
Ayushman Until 1:49AM Sat
Vanija Until 4:37PM
Tritiya Until 5:47AM Sat

Ganesha: Clear *Sunrise: 6:34AM*
Muruqa: Blue *Sunset: 5:53PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

Until 12:57AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Lusaka, Zambia
Sun 3 Sutra 97

Kumbha Rasi: 9.1 Tithi 19

Gulika 6:34AM – 7:59AM
Yama 1:39PM – 3:04PM
494893462 **Rahu** 9:24AM – 10:49AM

Shatabhishak Until 3:45AM Sun
Saubhagya Until 2:48AM Sun
Bava Until 7:00PM
Chaturthi* Until 8:12AM Sun

Ganesha: Clear *Sunrise: 6:34AM*
Muruqa: Blue *Sunset: 5:54PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day
Ashada-Adi

Until 3:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthpada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 4 Sutra 98

Kumbha Rasi: 21.01 Tithi 19 – 20

Gulika 3:04PM – 4:29PM
Yama 12:14PM – 1:39PM
414893462 **Rahu** 4:29PM – 5:54PM

Purvaprosarthpada* Until 6:53AM Mon
Sobhana Until 3:46AM Mon
Kaulava Until 9:25PM
Chaturthi* Until 8:12AM

Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: Blue *Sunset: 5:54PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthpada*Uttaraprosarthpada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
Sun 5 Sutra 99

Meena Rasi: 2.53 Tithi 20 – 21

Family Home Evening

Gulika 1:39PM – 3:04PM
Yama 10:49AM – 12:14PM
414893462 **Rahu** 7:58AM – 9:24AM

Purvaprosarthpada* Until 6:53AM
Athiganda* Until 4:35AM Tue
Gara Until 11:42PM
Panchami Until 10:34AM

Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: Blue *Sunset: 5:54PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day
Ashada-Adi

Until 6:53AM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthpada*Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
Sun 6 Sutra 100

Meena Rasi: 14.49 Tithi 21 – 22

Gulika 12:14PM – 1:39PM
Yama 9:23AM – 10:49AM
414893462 **Rahu** 3:04PM – 4:29PM

Uttaraprosarthpada Until 9:40AM
Sukarma Until 5:11AM Wed
Visti Until 1:42AM Wed
Shashthi* Until 12:44PM

Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: Blue *Sunset: 5:55PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day
Ashada-Adi

Until 9:40AM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia
Sun 7 Sutra 101

Meena Rasi: 26.53 Tithi 22 – 23

Gulika 10:49AM – 12:14PM
Yama 7:58AM – 9:23AM
414893462 **Rahu** 12:14PM – 1:39PM

Revati Until 11:57AM
Dhriti Until 5:26AM Thu
Balava Until 3:16AM Thu
Saptami Until 2:32PM

Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: Blue *Sunset: 5:55PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia
Sun 8 Sutra 102

Mesha Rasi: 9.08 Tithi 23 – 24

Gulika 9:23AM – 10:49AM
Yama 6:33AM – 7:58AM
424893462 **Rahu** 1:39PM – 3:05PM

Ashvini Until 2:04PM
Shula* Until 5:10AM Fri
Taitila Until 4:13AM Fri
Ashtami* Until 3:48PM

Ganesha: White *Sunrise: 6:33AM*
Muruqa: Blue *Sunset: 5:55PM*
Nataraja: White
Moon – White

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day
Ashada-Adi

Until 2:04PM
Then Creative Work - Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 21.4	Tithi 24 – 25	Gulika 7:58AM – 9:23AM	Bharani Until 3:23PM	Ganesha: White	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 5:55PM
		Yama 3:05PM – 4:30PM	Ganda* Until 4:22AM Sat	Nataraja: White		Moon – White	Subha Subha Sivaloka Day
		424893462 Rahu 10:48AM – 12:14PM	Vanija Until 4:27AM Sat	Moon – White			
Creative Work	Siddha Yoga		Navami* Until 4:25PM	Ashada*Adi			

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lusaka, Zambia Sun 10 Sutra 104 Vikarin 5121	
Virshabha Rasi: 4.32	Tithi 25 – 26	Gulika 6:32AM – 7:58AM	Krittika Until 3:49PM	Ganesha: White	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 5:56PM
		Yama 1:39PM – 3:05PM	Vriddhi Until 2:57AM Sun	Nataraja: White		Moon 7 - Phase 15	2nd Phase
		424893462 Rahu 9:23AM – 10:48AM	Bava Until 3:55AM Sun	Moon – White			Subha Subha Sivaloka Day
Creative Work	Amrita Yoga		Dashami Until 4:16PM	Ashada*Adi			

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 11 Sutra 105 Vikarin 5121	
Virshabha Rasi: 14.7	Tithi 26 – 27	Gulika 3:05PM – 4:30PM	Rohini Until 3:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 5:56PM
		Yama 12:14PM – 1:39PM	Dhruva Until 12:53AM Mon	Nataraja: White		Moon 7 - Phase 15	2nd Phase
		434893462 Rahu 4:30PM – 5:56PM	Kaulava Until 2:36AM Mon	Moon – Yellow			Subha Sivaloka Day
Creative Work	Siddha Yoga		Ekadashi* Until 3:20PM	Ashada*Adi			

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 1.29	Tithi 27 – 28	Gulika 1:39PM – 3:05PM	Mrigashira Until 2:51PM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Muruqa: Blue	<i>Sunset:</i> 5:56PM
Family Home Evening		Yama 10:48AM – 12:14PM	Vyaghata* Until 10:14PM	Nataraja: White		Moon 7 - Phase 15	2nd Phase
Creative Work	Amrita Yoga	435893462 Rahu 7:57AM – 9:23AM	Gara Until 12:35AM Tue	Moon – Yellow			Sivaloka Day
Until 2:51PM			Dvadashi* Until 1:39PM	Ashada*Adi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 15.38	Tithi 28 – 29	Gulika 12:14PM – 1:39PM	Ardra Until 1:07PM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Muruqa: Blue	<i>Sunset:</i> 5:56PM
		Yama 9:22AM – 10:48AM	Harshana Until 7:07PM	Nataraja: White		Moon 7 - Phase 15	2nd Phase
		435893462 Rahu 3:05PM – 4:31PM	Visti Until 9:57PM	Moon – Yellow			Sivaloka Day
Routine Work	Marana Yoga		Trayodashi* Until 11:19AM	Ashada*Adi			
Until 1:07PM							
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 10:48AM – 12:14PM	Punarvasu Until 11:09AM	Ganesha: Green	<i>Sunrise:</i> 6:31AM	Muruqa: Blue	<i>Sunset:</i> 5:57PM
Kataka Rasi: 0.1	Tithi 29 – 30	Yama 7:57AM – 9:22AM	Vajra* Until 3:33PM	Nataraja: White		Moon 7 - Phase 15	Amavasya
		445893462 Rahu 12:14PM – 1:40PM	Catuspada Until 6:52PM	Moon – Blue			Sivaloka Day
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Ashada*Adi			

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 14.59	Tithi 1	Gulika 9:22AM – 10:48AM	Pushya Until 8:40AM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Muruqa: Blue	<i>Sunset:</i> 5:57PM
		Yama 6:30AM – 7:56AM	Siddhi Until 11:43AM	Nataraja: White		Moon 7 - Phase 15	Prathama
		445893462 Rahu 1:40PM – 3:05PM	Kintughna Until 3:28PM	Moon – Blue			Sivaloka Day
Creative Work	Amrita Yoga		Prathama* Until 1:41AM Fri	Sravana*Adi			
Until 8:40AM							
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata/Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Lusaka, Zambia Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 0.01	Tithi 2	Gulika 7:56AM – 9:22AM	Magha* Until 3:13AM Sat	Ganesha: White	<i>Sunrise:</i> 6:30AM		
		Yama 3:05PM – 4:31PM	Vyatipata* Until 7:45AM	Muruqa: Blue	<i>Sunset:</i> 5:57PM		Moon 7 - Phase 16
		455893462 Rahu 10:48AM – 12:14PM	Balava Until 11:55AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red		Sivaloka Day	
Until 3:13AM Sat				Sravana•Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau			Lusaka, Zambia Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 15.04	Tithi 3	Gulika 6:30AM – 7:56AM	Purvaphalguni Until 12:36AM Sun	Ganesha: White	<i>Sunrise:</i> 6:30AM		
		Yama 1:40PM – 3:05PM	Parigha* Until 11:49PM	Muruqa: Blue	<i>Sunset:</i> 5:57PM		Moon 7 - Phase 16
		455893462 Rahu 9:22AM – 10:48AM	Taitila Until 8:22AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:37PM	Moon – Red		Sivaloka Day	
Until 12:36AM Sun				Sravana•Adi			
Then Creative Work - Amrita Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Lusaka, Zambia Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 0	Tithi 4 – 5	Gulika 3:06PM – 4:32PM	Uttaraphalguni Until 10:06PM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM		
		Yama 12:13PM – 1:40PM	Shiva Until 8:08PM	Muruqa: Blue	<i>Sunset:</i> 5:58PM		Moon 7 - Phase 16
		455993462 Rahu 4:32PM – 5:58PM	Bava Until 1:51AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:20PM	Moon – Red		Subha Sivaloka Day	
				Sravana•Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Lusaka, Zambia Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 14.43	Tithi 5 – 6	Gulika 1:40PM – 3:06PM	Hasta Until 8:17PM	Ganesha: White	<i>Sunrise:</i> 6:29AM		
Family Home Evening		Yama 10:47AM – 12:13PM	Siddha Until 4:45PM	Muruqa: Blue	<i>Sunset:</i> 5:58PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 7:55AM – 9:21AM	Kaulava Until 11:10PM	Nataraja: White			3rd Phase
Until 8:17PM			Panchami Until 12:26PM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana•Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Lusaka, Zambia Sun 20 Sutra 114 Vikarin 5121
Kanya Rasi: 29.06	Tithi 6 – 7	Gulika 12:13PM – 1:39PM	Chitra Until 6:52PM	Ganesha: White	<i>Sunrise:</i> 6:29AM		
		Yama 9:21AM – 10:47AM	Sadhya Until 1:48PM	Muruqa: Blue	<i>Sunset:</i> 5:58PM		Moon 7 - Phase 16
		465993462 Rahu 3:06PM – 4:32PM	Gara Until 9:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana•Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Lusaka, Zambia Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 13.06	Tithi 7 – 8	Gulika 10:47AM – 12:13PM	Svati Until 5:54PM	Ganesha: White	<i>Sunrise:</i> 6:28AM		
		Yama 7:54AM – 9:21AM	Subha Until 11:21AM	Muruqa: Blue	<i>Sunset:</i> 5:58PM		Moon 7 - Phase 16
		465993462 Rahu 12:13PM – 1:39PM	Visti Until 7:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana•Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Lusaka, Zambia Sun 22 Sutra 116 Vikarin 5121
Tula Rasi: 26.43	Tithi 8 – 9	Gulika 9:20AM – 10:47AM	Vishakha Until 5:54PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM		
		Yama 6:28AM – 7:54AM	Sukla Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 5:58PM		Moon 7 - Phase 16
		476993462 Rahu 1:39PM – 3:06PM	Balava Until 6:39PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Ashtami* Until 6:59AM	Moon – Orange		Sivaloka Day	
				Sravana•Adi			

1	Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 117
	Wrischika Rasi: 9.57	Tithi 9 – 10	Gulika 7:54AM – 9:20AM Yama 3:06PM – 4:32PM 476993462 Rahu 10:46AM – 12:13PM	Anuradha Until 6:24PM Brahma Until 8:02AM Taitila Until 6:28PM Navami* Until 6:28AM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:27AM Sunset: 5:59PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:24PM Then Routine Work - Marana Yoga							


2	Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 118
	Wrischika Rasi: 22.5	Tithi 10 – 11	Gulika 6:27AM – 7:53AM Yama 1:39PM – 3:06PM 476993462 Rahu 9:20AM – 10:46AM	Jyeshtha* Until 7:22PM Indra Until 7:10AM Vanija Until 6:55PM Dashami Until 6:36AM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:27AM Sunset: 5:59PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Sivaloka Day
Creative Work Siddha Yoga							

3	Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 119
	Dhanus Rasi: 5.28	Tithi 11 – 12	Gulika 3:06PM – 4:32PM Yama 12:13PM – 1:39PM 486993462 Rahu 4:32PM – 5:59PM	Mula* Until 9:12PM Vaidhriti* Until 6:45AM Bava Until 7:56PM Ekadashi Until 7:20AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:26AM Sunset: 5:59PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 9:12PM Then Creative Work - Siddha Yoga							

4	Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 120
	Dhanus Rasi: 17.5	Tithi 12 – 13	Gulika 1:39PM – 3:06PM Yama 10:46AM – 12:12PM 486993462 Rahu 7:52AM – 9:19AM	Purvashadha* Until 11:20PM Vishkambha* Until 6:46AM Kaulava Until 9:25PM Dvadashi Until 8:36AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:26AM Sunset: 5:59PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
Family Home Evening Routine Work Marana Yoga							

Pradosha Vrata

5	Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 121
	Makara Rasi: 0.02	Tithi 13 – 14	Gulika 12:12PM – 1:39PM Yama 9:19AM – 10:46AM 486993462 Rahu 3:06PM – 4:33PM	Uttarashadha Until 1:38AM Wed Priti Until 7:07AM Gara Until 11:16PM Trayodashi Until 10:17AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:25AM Sunset: 5:59PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga Until 1:38AM Wed Then Creative Work - Siddha Yoga							

	Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sutra 122
	Makara Rasi: 12.05	Tithi 14 – 15	Gulika 10:45AM – 12:12PM Yama 7:52AM – 9:18AM 496993462 Rahu 12:12PM – 1:39PM	Shravana Until 4:33AM Thu Ayushman Until 7:42AM Visti Until 1:25AM Thu Chaturdashi* Until 12:18PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 6:25AM Sunset: 6:00PM	Vikarin 5121 Moon 7 - Phase 17 Purnima Sivaloka Day
Creative Work Siddha Yoga Raksha Bandhan							

Thursday, August 15, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 123
	Makara Rasi: 24.02	Tithi 15 – 16	Gulika 9:18AM – 10:45AM Yama 6:24AM – 7:51AM 497993462 Rahu 1:39PM – 3:06PM	Dhanishtha Until 7:27AM Fri Saubhagya Until 8:29AM Balava Until 3:44AM Fri Purnima* Until 2:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 6:24AM Sunset: 6:00PM	Vikarin 5121 Moon 7 - Phase 17 Prathama Subha Sivaloka Day
Creative Work Siddha Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 5.56 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 7:51AM – 9:18AM
Yama 3:06PM – 4:33PM
Rahu 10:45AM – 12:12PM

Dhanishtha **Until 7:27AM**
Sobhana **Until 9:24AM**
Taitila **Until 6:10AM Sat**
Prathama* Until 4:55PM

Ganesha: Yellow *Sunrise: 6:24AM*
Muruqa: Blue *Sunset: 6:00PM*
Nataraja: White
Moon – Purple

Lusaka, Zambia
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 17.48 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 10:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 6:23AM – 7:50AM
Yama 1:39PM – 3:06PM
Rahu 9:17AM – 10:44AM

Shatabhishak **Until 10:16AM**
Athiganda* **Until 10:21AM**
Taitila **Until 6:10AM**
Dvitiya Until 7:21PM

Ganesha: Yellow *Sunrise: 6:23AM*
Muruqa: Blue *Sunset: 6:00PM*
Nataraja: White
Moon – Purple

Lusaka, Zambia
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

2

Sunday, August 18, 2019

Kumbha Rasi: 29.4 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 1:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 3:06PM – 4:33PM
Yama 12:11PM – 1:39PM
Rahu 4:33PM – 6:00PM

Purvaproshtapada* Until 1:25PM
Sukarma **Until 11:18AM**
Vanija **Until 8:35AM**
Tritiya Until 9:45PM

Ganesha: White *Sunrise: 6:22AM*
Muruqa: Blue *Sunset: 6:00PM*
Nataraja: White
Moon – Clear

Lusaka, Zambia
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 11.33 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:38PM – 3:06PM
Yama 10:44AM – 12:11PM
Rahu 7:49AM – 9:16AM

Uttaraproshtapada Until 4:16PM
Dhriti **Until 12:12PM**
Bava **Until 10:55AM**
Chaturthi* Until 12:00AM Tue

Ganesha: White *Sunrise: 6:22AM*
Muruqa: Blue *Sunset: 6:00PM*
Nataraja: White
Moon – Clear

Lusaka, Zambia
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 23.3 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:11PM – 1:38PM
Yama 9:16AM – 10:43AM
Rahu 3:06PM – 4:33PM

Revati Until 6:46PM
Shula* **Until 12:54PM**
Kaulava **Until 1:03PM**
Panchami Until 1:59AM Wed

Ganesha: White *Sunrise: 6:21AM*
Muruqa: Blue *Sunset: 6:00PM*
Nataraja: White
Moon – Clear

Lusaka, Zambia
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 5.34 Tilthi 21

527993462

Routine Work Marana Yoga

Until 9:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:43AM – 12:11PM
Yama 7:48AM – 9:16AM
Rahu 12:11PM – 1:38PM

Ashvini Until 9:14PM
Ganda* **Until 1:22PM**
Gara **Until 2:52PM**
Shashthi* Until 3:35AM Thu

Ganesha: Clear *Sunrise: 6:21AM*
Muruqa: Blue *Sunset: 6:01PM*
Nataraja: White
Moon – White

Lusaka, Zambia
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 17.49 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 11:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 9:15AM – 10:43AM
Yama 6:20AM – 7:48AM
Rahu 1:38PM – 3:06PM

Bharani Until 11:04PM
Vridhhi **Until 1:30PM**
Visti **Until 4:13PM**
Saptami Until 4:39AM Fri

Ganesha: White *Sunrise: 6:20AM*
Muruqa: Blue *Sunset: 6:01PM*
Nataraja: White
Moon – White

Lusaka, Zambia
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 0.17 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 12:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:47AM – 9:15AM
Yama 3:05PM – 4:33PM
Rahu 10:42AM – 12:10PM

Krittika Until 12:07AM Sat
Dhruva **Until 1:09PM**
Balava **Until 4:58PM**
Ashtami* Until 5:03AM Sat

Ganesha: White *Sunrise: 6:19AM*
Muruqa: Blue *Sunset: 6:01PM*
Nataraja: White
Moon – White

Lusaka, Zambia
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.04 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 12:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 6:19AM – 7:46AM
Yama 1:38PM – 3:05PM
Rahu 9:14AM – 10:42AM

Rohini Until 12:45AM Sun
Vyaghata* **Until 12:16PM**
Taitila **Until 5:00PM**
Navami* Until 4:42AM Sun

Ganesha: Clear *Sunrise: 6:19AM*
Muruqa: Blue *Sunset: 6:01PM*
Nataraja: White
Moon – Yellow

Lusaka, Zambia
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Vistli* Karana Dashamyam Titau				Lusaka, Zambia Sun 9 Sutra 133 Vikarin 5121
Wishabha Rasi: 26.14	Tithi 25	Gulika	3:05PM – 4:33PM	Mrigashira Until 12:27AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:18AM		
		Yama	12:10PM – 1:37PM	Harshana Until 10:46AM	Muruqa: Blue	<i>Sunset:</i> 6:01PM		Moon 8 - Phase 19
		538993462 Rahu	4:33PM – 6:01PM	Vanija Until 4:14PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga			Dashami Until 3:33AM Mon	Moon – Yellow		Subha Sivaloka Day	
					Sravana-Avani			

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 9.5	Tithi 26	Gulika	1:37PM – 3:05PM	Ardra Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM		
Family Home Evening		Yama	10:41AM – 12:09PM	Vajra* Until 8:37AM	Muruqa: Blue	<i>Sunset:</i> 6:01PM		Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 Rahu	7:45AM – 9:13AM	Bava Until 2:42PM	Nataraja: White			2nd Phase
Until 11:15PM				Ekadashi* Until 1:38AM Tue	Moon – Yellow		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga					Sravana-Avani			

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lusaka, Zambia Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 23.55	Tithi 27	Gulika	12:09PM – 1:37PM	Punarvasu Until 9:39PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		
		Yama	9:13AM – 10:41AM	Vyatipata* Until 2:36AM Wed	Muruqa: Blue	<i>Sunset:</i> 6:01PM		Moon 8 - Phase 19
		548993462 Rahu	3:05PM – 4:33PM	Kaulava Until 12:26PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 11:03PM	Moon – Blue		Sivaloka Day	
					Sravana-Avani			

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 8.25	Tithi 28	Gulika	10:41AM – 12:09PM	Pushya Until 7:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:16AM		
		Yama	7:44AM – 9:12AM	Variyan Until 10:51PM	Muruqa: Blue	<i>Sunset:</i> 6:01PM		Moon 8 - Phase 19
		549993463 Rahu	12:09PM – 1:37PM	Gara Until 9:34AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 7:55PM	Moon – Blue		Devaloka Day	
					Sravana-Avani			
					<i>Pradosha Vrata (Fasting)</i>			

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Vistli*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 23.19	Tithi 29 – 30	Gulika	9:12AM – 10:40AM	Ashlesha* Until 4:29PM	Ganesha: Orange	<i>Sunrise:</i> 6:15AM		
		Yama	6:15AM – 7:44AM	Parigha* Until 6:49PM	Muruqa: Blue	<i>Sunset:</i> 6:02PM		Moon 8 - Phase 19
		549193463 Rahu	1:37PM – 3:05PM	Vistli Until 6:12AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 4:23PM	Moon – Blue		Sivaloka Day	
Until 4:29PM					Sravana-Avani			
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 138 Vikarin 5121
Simha Rasi: 8.28	Tithi 30 – 1	Gulika	7:43AM – 9:11AM	Magha* Until 1:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM		
		Yama	3:05PM – 4:33PM	Shiva Until 2:36PM	Muruqa: Blue	<i>Sunset:</i> 6:02PM		Moon 8 - Phase 19
		559193463 Rahu	10:40AM – 12:08PM	Kintughna Until 10:41PM	Nataraja: Clear			Amavasya
Routine Work	Marana Yoga			Amavasya* Until 12:36PM	Moon – Red		Sivaloka Day	
Until 1:39PM					Sravana-Avani			
Then Creative Work - Siddha Yoga								

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 23.43	Tithi 1 – 2	Gulika	6:14AM – 7:42AM	Purvaphalguni Until 10:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM		
		Yama	1:36PM – 3:05PM	Siddha Until 10:18AM	Muruqa: Blue	<i>Sunset:</i> 6:02PM		Moon 8 - Phase 19
		559193463 Rahu	9:11AM – 10:39AM	Balava Until 6:52PM	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga			Prathama* Until 8:45AM	Moon – Red		Sivaloka Day	
Until 10:37AM					Bhadrapada-Avani			
Then Routine Work - Marana Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1		Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyam Titau	Lusaka, Zambia Sun 16 Sutra 140 Vikarin 5121
Kanya Rasi: 8.55	Tithi 3	Gulika 3:05PM – 4:33PM	Uttaraphalguni Until 7:35AM	Ganesha: Clear <i>Sunrise: 6:13AM</i>	
		Yama 12:08PM – 1:36PM	Sadhya Until 6:07AM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 20
		559193463 Rahu 4:33PM – 6:02PM	Taitila Until 3:14PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 1:31AM Mon	Moon – Red	Sivaloka Day
				Bhadrapada-Avani	
2		Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau	Lusaka, Zambia Sun 17 Sutra 141 Vikarin 5121
Kanya Rasi: 23.53	Tithi 4	Gulika 1:36PM – 3:05PM	Chitra Until 2:56AM Tue	Ganesha: Orange <i>Sunrise: 6:13AM</i>	
Family Home Evening		Yama 10:39AM – 12:07PM	Sukla Until 10:35PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 20
Routine Work	Prabalarishta Yoga	569193463 Rahu 7:41AM – 9:10AM	Vanija Until 11:57AM	Nataraja: Clear	3rd Phase
Until 2:56AM Tue			Chaturthi* Until 10:28PM	Moon – Green	Sivaloka Day
Then Creative Work - Siddha Yoga		Ganesha Chaturthi		Bhadrapada-Avani	
3		Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau	Lusaka, Zambia Sun 18 Sutra 142 Vikarin 5121
Tula Rasi: 8.3	Tithi 5	Gulika 12:07PM – 1:36PM	Svati Until 1:15AM Wed	Ganesha: Orange <i>Sunrise: 6:12AM</i>	
		Yama 9:09AM – 10:38AM	Brahma Until 7:28PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 20
		569193463 Rahu 3:04PM – 4:33PM	Bava Until 9:10AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:00PM	Moon – Green	Sivaloka Day
				Bhadrapada-Avani	
4		Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau	Lusaka, Zambia Sun 19 Sutra 143 Vikarin 5121
Tula Rasi: 22.4	Tithi 6	Gulika 10:38AM – 12:07PM	Vishakha Until 12:35AM Thu	Ganesha: Green <i>Sunrise: 6:11AM</i>	
		Yama 7:40AM – 9:09AM	Indra Until 4:57PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 20
		579193463 Rahu 12:07PM – 1:35PM	Kaulava Until 7:02AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:14PM	Moon – Orange	Subha Sivaloka Day
				Bhadrapada-Avani	
5		Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Lusaka, Zambia Sun 20 Sutra 144 Vikarin 5121
Vrischika Rasi: 6.22	Tithi 7 – 8	Gulika 9:08AM – 10:37AM	Anuradha Until 12:35AM Fri	Ganesha: Orange <i>Sunrise: 6:10AM</i>	
		Yama 6:10AM – 7:39AM	Vaidhriti* Until 3:04PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 20
		571193463 Rahu 1:35PM – 3:04PM	Visti Until 5:08AM Fri	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:17PM	Moon – Orange	Sivaloka Day
Until 12:35AM Fri				Bhadrapada-Avani	
Then Routine Work - Marana Yoga					
Retreat Star		Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Lusaka, Zambia Sun 21 Sutra 145 Vikarin 5121
Vrischika Rasi: 19.37	Tithi 8 – 9	Gulika 7:39AM – 9:08AM	Jyeshtha* Until 1:13AM Sat	Ganesha: Orange <i>Sunrise: 6:10AM</i>	
		Yama 3:04PM – 4:33PM	Vishkambha* Until 1:50PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 20
		571193463 Rahu 10:37AM – 12:06PM	Balava Until 5:25AM Sat	Nataraja: Clear	Ashtami
Routine Work	Marana Yoga		Ashtami* Until 5:10PM	Moon – Orange	Sivaloka Day
Until 1:13AM Sat				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					
Retreat Star		Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Lusaka, Zambia Sun 22 Sutra 146 Vikarin 5121
Dhanus Rasi: 2.26	Tithi 9 – 10	Gulika 6:09AM – 7:38AM	Mula* Until 2:56AM Sun	Ganesha: Green <i>Sunrise: 6:09AM</i>	
		Yama 1:35PM – 3:04PM	Priti Until 1:15PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 20
		581193463 Rahu 9:07AM – 10:36AM	Taitila Until 6:27AM Sun	Nataraja: Clear	Navami
Creative Work	Siddha Yoga		Navami* Until 5:49PM	Moon – Light Blue	Devaloka Day
				Bhadrapada-Avani	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Lusaka, Zambia Sun 23 Sutra 147 Vikarin 5121
Dhanus Rasi: 14.54	Tithi 10	Gulika 3:04PM – 4:33PM	Purvashadha* Until 5:05AM Mon	Ganesha: Green <i>Sunrise: 6:08AM</i>	
		Yama 12:05PM – 1:34PM	Ayushman Until 1:11PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 21
	581193463	Rahu 4:33PM – 6:02PM	Taitila Until 6:27AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	
Until 5:05AM Mon		Grandparent's Day	Dashami Until 7:10PM	Bhadrapada-Avani	Devaloka Day
Then Routine Work - Marana Yoga					

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Lusaka, Zambia Sun 24 Sutra 148 Vikarin 5121
Dhanus Rasi: 27.07	Tithi 11	Gulika 1:34PM – 3:04PM	Uttarashadha Until 7:30AM Tue	Ganesha: Green <i>Sunrise: 6:07AM</i>	
Family Home Evening		Yama 10:35AM – 12:05PM	Saubhagya Until 1:34PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	Rahu 7:37AM – 9:06AM	Vanija Until 8:05AM	Nataraja: Clear	4th Phase
Until 7:30AM Tue			Ekadashi Until 9:03PM	Moon – Light Blue	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	Devaloka Day

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Lusaka, Zambia Sun 25 Sutra 149 Vikarin 5121
Makara Rasi: 9.1	Tithi 12	Gulika 12:05PM – 1:34PM	Uttarashadha Until 7:30AM	Ganesha: Green <i>Sunrise: 6:07AM</i>	
		Yama 9:06AM – 10:35AM	Sobhana Until 2:16PM	Muruqa: Blue <i>Sunset: 6:02PM</i>	Moon 8 - Phase 21
	581193463	Rahu 3:03PM – 4:33PM	Bava Until 10:09AM	Nataraja: Clear	4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 11:16PM	Moon – Light Blue	
Until 7:30AM				Bhadrapada-Avani	Devaloka Day
Then Creative Work - Siddha Yoga					

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Lusaka, Zambia Sun 26 Sutra 150 Vikarin 5121
Makara Rasi: 21.05	Tithi 13	Gulika 10:35AM – 12:04PM	Shravana Until 10:32AM	Ganesha: Red <i>Sunrise: 6:06AM</i>	
		Yama 7:35AM – 9:05AM	Athiganda* Until 3:07PM	Muruqa: Blue <i>Sunset: 6:03PM</i>	Moon 8 - Phase 21
	591193463	Rahu 12:04PM – 1:34PM	Kaulava Until 12:29PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 1:41AM Thu	Moon – Purple	
Until 10:32AM		Avani Avittam		Bhadrapada-Avani	Sivaloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Lusaka, Zambia Sun 27 Sutra 151 Vikarin 5121
Kumbha Rasi: 2.57	Tithi 14	Gulika 9:04AM – 10:34AM	Dhanishtha Until 1:31PM	Ganesha: Red <i>Sunrise: 6:05AM</i>	
		Yama 6:05AM – 7:35AM	Sukarma Until 4:04PM	Muruqa: Blue <i>Sunset: 6:03PM</i>	Moon 8 - Phase 21
	591193463	Rahu 1:34PM – 3:03PM	Gara Until 2:57PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:09AM Fri	Moon – Purple	
		Chidambaram Abhishekam		Bhadrapada-Avani	Sivaloka Day

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Lusaka, Zambia Sutra 152 Vikarin 5121
Copper Retreat Star		Gulika 7:34AM – 9:04AM	Shatabhishak Until 4:20PM	Ganesha: Red <i>Sunrise: 6:04AM</i>	
Kumbha Rasi: 14.48	Tithi 15	Yama 3:03PM – 4:33PM	Dhriti Until 5:01PM	Muruqa: Purple <i>Sunset: 6:03PM</i>	Moon 8 - Phase 21
	591113463	Rahu 10:34AM – 12:03PM	Visti Until 5:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 6:36AM Sat	Moon – Purple	
				Bhadrapada-Avani	Sivaloka Day

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Lusaka, Zambia Sutra 153 Vikarin 5121
Silver Retreat Star		Gulika 6:04AM – 7:33AM	Purvaproshtapada* Until 7:25PM	Ganesha: Red <i>Sunrise: 6:04AM</i>	
Kumbha Rasi: 26.4	Tithi 15 – 16	Yama 1:33PM – 3:03PM	Shula* Until 5:53PM	Muruqa: Purple <i>Sunset: 6:03PM</i>	Moon 8 - Phase 21
	511113463	Rahu 9:03AM – 10:33AM	Balava Until 7:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Purnima* Until 6:36AM	Moon – Clear	
Until 7:25PM				Bhadrapada-Avani	Sivaloka Day
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Meena Rasi: 8.35 Tithi 16 – 17

Creative Work Amrita Yoga

512113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 3:03PM – 4:33PM
Yama 12:03PM – 1:33PM
Rahu 4:33PM – 6:03PM

Uttaraproshtapada Until 10:13PM
Ganda* Until 6:40PM
Taitila Until 10:03PM
Prathama* Until 8:55AM

Ganesha: Yellow *Sunrise:* 6:03AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Clear

Lusaka, Zambia
Sutra 154
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Sivaloka Day

Bhadrapada-Avani

1

Monday, September 16, 2019

Meena Rasi: 20.33 Tithi 17 – 18

Family Home Evening
Creative Work Siddha Yoga

512113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritya/Tritiyayam Titau

Gulika 1:33PM – 3:03PM
Yama 10:32AM – 12:02PM
Rahu 7:32AM – 9:02AM
Revati Until 12:39AM Tue
Vriddhi Until 7:20PM
Vanija Until 12:06AM Tue
Dvitiya Until 11:05AM

Ganesha: Yellow *Sunrise:* 6:02AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Clear

Lusaka, Zambia
Sun 1 Sutra 155
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Sivaloka Day

Bhadrapada-Avani

2

Tuesday, September 17, 2019

Mesha Rasi: 3 Tithi 18 – 19

Creative Work Siddha Yoga

522113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritya/Chaturtham Titau

Gulika 12:02PM – 1:32PM
Yama 9:02AM – 10:32AM
Rahu 3:02PM – 4:33PM
Ashvini Until 3:11AM Wed
Dhruva Until 7:46PM
Bava Until 1:55AM Wed
Tritya Until 1:02PM

Ganesha: White *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – White

Lusaka, Zambia
Sun 2 Sutra 156
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Devaloka Day

Bhadrapada-Puratasi

3

Wednesday, September 18, 2019

Mesha Rasi: 14.46 Tithi 19 – 20

Creative Work Siddha Yoga
Until 5:13AM Thu
Then Routine Work - Marana Yoga

522113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:31AM – 12:02PM
Yama 7:31AM – 9:01AM
Rahu 12:02PM – 1:32PM
Bharani Until 5:13AM Thu
Vyaghata* Until 7:59PM
Kaulava Until 3:23AM Thu
Chaturthi* Until 2:41PM

Ganesha: White *Sunrise:* 6:00AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – White

Lusaka, Zambia
Sun 3 Sutra 157
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Devaloka Day

Bhadrapada-Puratasi

4

Thursday, September 19, 2019

Mesha Rasi: 27.04 Tithi 20 – 21

Routine Work Marana Yoga

522113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 9:00AM – 10:31AM
Yama 6:00AM – 7:30AM
Rahu 1:32PM – 3:02PM
Krittika Until 6:39AM Fri
Harshana Until 7:55PM
Gara Until 4:26AM Fri
Panchami Until 3:57PM

Ganesha: White *Sunrise:* 6:00AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – White

Lusaka, Zambia
Sun 4 Sutra 158
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Devaloka Day

Bhadrapada-Puratasi

5

Friday, September 20, 2019

Vrishabha Rasi: 9.34 Tithi 21 – 22

Creative Work Siddha Yoga
Until 6:39AM
Then Routine Work - Marana Yoga

522113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:29AM – 9:00AM
Yama 3:02PM – 4:33PM
Rahu 10:30AM – 12:01PM
Krittika Until 6:39AM
Vajra* Until 7:24PM
Visti Until 4:55AM Sat
Shashthi* Until 4:44PM

Ganesha: White *Sunrise:* 5:59AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – White

Lusaka, Zambia
Sun 5 Sutra 159
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Devaloka Day

Bhadrapada-Puratasi

6

Saturday, September 21, 2019

Vrishabha Rasi: 22.19 Tithi 22 – 23

Creative Work Amrita Yoga
Until 7:52AM
Then Creative Work - Siddha Yoga

532113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 5:58AM – 7:29AM
Yama 1:31PM – 3:02PM
Rahu 8:59AM – 10:30AM
Rohini Until 7:52AM
Siddhi Until 6:26PM
Balava Until 4:45AM Sun
Saptami Until 4:54PM

Ganesha: Clear *Sunrise:* 5:58AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Yellow

Lusaka, Zambia
Sun 6 Sutra 160
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Sivaloka Day

Bhadrapada-Puratasi

☾

Sunday, September 22, 2019

Retreat Star

Mithuna Rasi: 5.23 Tithi 23 – 24

Creative Work Siddha Yoga

532213463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:02PM – 4:32PM
Yama 12:00PM – 1:31PM
Rahu 4:32PM – 6:03PM
Mrigashira Until 8:17AM
Vyatipata* Until 4:55PM
Taitila Until 3:52AM Mon
Ashtami* Until 4:23PM

Ganesha: Orange *Sunrise:* 5:57AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Yellow

Lusaka, Zambia
Sun 7 Sutra 161
Vikarin 5121
Moon 9 - Phase 22
Ashtami

Sivaloka Day

Bhadrapada-Puratasi

Monday, September 23, 2019

Retreat Star

Mithuna Rasi: 18.51 Tithi 24 – 25

Family Home Evening
Creative Work Siddha Yoga
Until 7:50AM
Then Creative Work - Amrita Yoga

532213463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 1:31PM – 3:02PM
Yama 10:29AM – 12:00PM
Rahu 7:27AM – 8:58AM
Ardra Until 7:50AM
Variyan Until 2:48PM
Vanija Until 2:16AM Tue
Navami* Until 3:08PM

Ganesha: Orange *Sunrise:* 5:57AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Yellow

Lusaka, Zambia
Sun 8 Sutra 162
Vikarin 5121
Moon 9 - Phase 22
Navami

Sivaloka Day

Bhadrapada-Puratasi

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/7Bava Karana Dashami/Ekadashyam Titau	Lusaka, Zambia Sun 9 Sutra 163
Kataka Rasi: 2.45	Tithi 25 – 26	Gulika 12:00PM – 1:31PM	Punarvasu Until 6:59AM	Ganesha: Light Blue <i>Sunrise:</i> 5:56AM	Vikarin 5121
		Yama 8:58AM – 10:29AM	Parigha* Until 12:08PM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 9 - Phase 23
542213463	Rahu 3:01PM – 4:32PM		Bava Until 11:59PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:11PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Lusaka, Zambia Sun 10 Sutra 164
Kataka Rasi: 17.04	Tithi 26 – 27	Gulika 10:28AM – 11:59AM	Ashlesha* Until 2:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 7:26AM – 8:57AM	Shiva Until 8:56AM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 9 - Phase 23
542213463	Rahu 11:59AM – 1:30PM		Kaulava Until 9:07PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:36AM	Moon – Blue	Devaloka Day
Until 2:57AM Thu				Bhadrapada•Puratasi	
Then Creative Work - Amrita Yoga					

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau	Lusaka, Zambia Sun 11 Sutra 165
Simha Rasi: 1.48	Tithi 27 – 28	Gulika 8:57AM – 10:28AM	Magha* Until 12:26AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 5:54AM – 7:25AM	Sadhya Until 1:18AM Fri	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 23
552213463	Rahu 1:30PM – 3:01PM		Vanija Until 3:59AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 7:29AM	Moon – Red	Devaloka Day
Until 12:26AM Fri				Bhadrapada•Puratasi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau	Lusaka, Zambia Sun 12 Sutra 166
Simha Rasi: 16.5	Tithi 29	Gulika 7:25AM – 8:56AM	Purvaphalguni Until 9:31PM	Ganesha: Purple <i>Sunrise:</i> 5:53AM	Vikarin 5121
		Yama 3:01PM – 4:32PM	Subha Until 9:07PM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 23
552213463	Rahu 10:27AM – 11:59AM		Visti Until 2:09PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:15AM Sat	Moon – Red	Devaloka Day
				Bhadrapada•Puratasi	

Retreat Star		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada/7Naga* Karana Amavasyayam Titau	Lusaka, Zambia Sun 13 Sutra 167
Kanya Rasi: 2.02	Tithi 30	Gulika 5:53AM – 7:24AM	Uttaraphalguni Until 6:24PM	Ganesha: Light Blue <i>Sunrise:</i> 5:53AM	Vikarin 5121
		Yama 1:30PM – 3:01PM	Sukla Until 4:51PM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 23
652213463	Rahu 8:55AM – 10:27AM		Catuspada Until 10:22AM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:28PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi	

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna/Balava Karana Prathama/Dvitiyayam Titau	Lusaka, Zambia Sun 14 Sutra 168
Kanya Rasi: 17.14	Tithi 1 – 2	Gulika 3:01PM – 4:32PM	Hasta Until 3:39PM	Ganesha: Light Blue <i>Sunrise:</i> 5:52AM	Vikarin 5121
		Yama 11:58AM – 1:29PM	Brahma Until 12:39PM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 23
663213463	Rahu 4:32PM – 6:04PM		Kintughna Until 6:37AM	Nataraja: Clear	Prathama
Creative Work	Amrita Yoga		Prathama* Until 4:47PM	Moon – Green	Devaloka Day
Until 3:39PM		Navaratri Begins		Ashvina•Puratasi	
Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Lusaka, Zambia Sun 15 Sutra 169 Vikarin 5121
1		Gulika 1:29PM – 3:01PM	Chitra Until 1:02PM	Ganesha: Light Blue <i>Sunrise:</i> 5:51AM	
Tula Rasi: 2.18	Tithi 2 – 3	Yama 10:26AM – 11:58AM	Indra Until 8:41AM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 24
Family Home Evening	663213463	Rahu 7:23AM – 8:54AM	Taitila Until 11:54PM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 1:24PM	Moon – Green	Devaloka Day
Until 1:02PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Lusaka, Zambia Sun 16 Sutra 170 Vikarin 5121
2		Gulika 11:57AM – 1:29PM	Svati Until 10:45AM	Ganesha: Light Blue <i>Sunrise:</i> 5:50AM	
Tula Rasi: 17.02	Tithi 3 – 4	Yama 8:54AM – 10:26AM	Vishkambha* Until 1:54AM Wed	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 24
Creative Work Siddha Yoga	663213463	Rahu 3:01PM – 4:32PM	Vanija Until 9:17PM	Nataraja: Clear	3rd Phase
Until 10:45AM			Tritiya Until 10:30AM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi	

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Lusaka, Zambia Sun 17 Sutra 171 Vikarin 5121
3		Gulika 10:25AM – 11:57AM	Vishakha Until 9:23AM	Ganesha: Purple <i>Sunrise:</i> 5:50AM	
Vrischika Rasi: 1.2	Tithi 4 – 5	Yama 7:21AM – 8:53AM	Priti Until 11:22PM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 24
Creative Work Siddha Yoga	673213463	Rahu 11:57AM – 1:29PM	Bava Until 7:22PM	Nataraja: Clear	3rd Phase
Until 10:45AM			Chaturthi* Until 8:13AM	Moon – Orange	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi	

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Lusaka, Zambia Sun 18 Sutra 172 Vikarin 5121
4		Gulika 8:53AM – 10:25AM	Anuradha Until 8:38AM	Ganesha: Purple <i>Sunrise:</i> 5:49AM	
Vrischika Rasi: 15.1	Tithi 5 – 6	Yama 5:49AM – 7:21AM	Ayushman Until 9:29PM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 24
Creative Work Siddha Yoga	673213463	Rahu 1:28PM – 3:00PM	Kaulava Until 6:17PM	Nataraja: Clear	3rd Phase
Until 8:38AM			Panchami Until 6:42AM	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi	

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Lusaka, Zambia Sun 19 Sutra 173 Vikarin 5121
5		Gulika 7:20AM – 8:52AM	Jyeshtha* Until 8:36AM	Ganesha: Purple <i>Sunrise:</i> 5:48AM	
Vrischika Rasi: 28.29	Tithi 6 – 7	Yama 3:00PM – 4:32PM	Saubhagya Until 8:19PM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 24
Routine Work Marana Yoga	673213463	Rahu 10:24AM – 11:56AM	Gara Until 6:06PM	Nataraja: Clear	3rd Phase
Until 8:36AM			Shashthi* Until 6:03AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Lusaka, Zambia Sun 20 Sutra 174 Vikarin 5121
Retreat Star		Gulika 5:47AM – 7:20AM	Mula* Until 9:45AM	Ganesha: Clear <i>Sunrise:</i> 5:47AM	
Dhanus Rasi: 11.21	Tithi 7 – 8	Yama 1:28PM – 3:00PM	Sobhana Until 7:51PM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 24
Creative Work Siddha Yoga	683213463	Rahu 8:52AM – 10:24AM	Visti Until 6:47PM	Nataraja: Clear	Ashtami
Until 11:32AM			Saptami Until 6:19AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi	

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Lusaka, Zambia Sun 21 Sutra 175 Vikarin 5121
Retreat Star		Gulika 3:00PM – 4:32PM	Purvashadha* Until 11:32AM	Ganesha: Clear <i>Sunrise:</i> 5:47AM	
Dhanus Rasi: 23.49	Tithi 8 – 9	Yama 11:56AM – 1:28PM	Athiganda* Until 7:55PM	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 24
Creative Work Siddha Yoga	683213463	Rahu 4:32PM – 6:05PM	Balava Until 8:14PM	Nataraja: Clear	Navami
Until 11:32AM			Ashtami* Until 7:24AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Lusaka, Zambia Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:28PM – 3:00PM	Uttarashadha Until 1:46PM	Ganesha: Clear <i>Sunrise:</i> 5:46AM	
Makara Rasi: 6.01	Tithi 9 – 10	Yama 10:23AM – 11:55AM	Sukarma Until 8:28PM	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:18AM – 8:51AM	Taitila Until 10:17PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga			Moon – Light Blue	Sivaloka Day
Until 1:46PM			Navami* Until 9:11AM	Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Lusaka, Zambia Sun 23 Sutra 177 Vikarin 5121
2		Gulika 11:55AM – 1:28PM	Shravana Until 4:45PM	Ganesha: White <i>Sunrise:</i> 5:45AM	
Makara Rasi: 17.59	Tithi 10 – 11	Yama 8:50AM – 10:23AM	Dhriti Until 9:18PM	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 3:00PM – 4:32PM	Vanija Until 12:40AM Wed	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Purple	Sivaloka Day
		Vijaya Dasami	Dashami Until 11:25AM	Ashvina+Puratasi	

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Lusaka, Zambia Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:22AM – 11:55AM	Dhanishtha Until 7:46PM	Ganesha: White <i>Sunrise:</i> 5:45AM	
Makara Rasi: 29.52	Tithi 11 – 12	Yama 7:17AM – 8:50AM	Shula* Until 10:13PM	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 11:55AM – 1:27PM	Bava Until 3:13AM Thu	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga			Moon – Purple	Sivaloka Day
Until 7:46PM			Ekadashi Until 1:55PM	Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Lusaka, Zambia Sun 25 Sutra 179 Vikarin 5121
4		Gulika 8:49AM – 10:22AM	Shatabhishak Until 10:36PM	Ganesha: White <i>Sunrise:</i> 5:44AM	
Kumbha Rasi: 11.42	Tithi 12 – 13	Yama 5:44AM – 7:17AM	Ganda* Until 11:09PM	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 1:27PM – 3:00PM	Kaulava Until 5:43AM Fri	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Purple	Sivaloka Day
		Kadaitswami Mahasamadhi	Dvadashi Until 4:27PM	Ashvina+Puratasi	
					<i>Pradosha Vrata</i>

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Taitila Karana Trayodashyam Titau			Lusaka, Zambia Sun 26 Sutra 180 Vikarin 5121
5		Gulika 7:16AM – 8:49AM	Purvaproshtpada* Until 1:40AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:43AM	
Kumbha Rasi: 23.34	Tithi 13	Yama 3:00PM – 4:33PM	Vriddhi Until 12:00AM Sat	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 10:21AM – 11:54AM	Taitila Until 6:53PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Clear	Sivaloka Day
		Chidambaram Abhishekam	Trayodashi Until 6:53PM	Ashvina+Puratasi	

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Lusaka, Zambia Sun 27 Sutra 181 Vikarin 5121
6		Gulika 5:43AM – 7:15AM	Uttaraproshtpada Until 4:21AM Sun	Ganesha: Blue <i>Sunrise:</i> 5:43AM	
Meena Rasi: 5.29	Tithi 14	Yama 1:27PM – 3:00PM	Dhruva Until 12:40AM Sun	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 8:48AM – 10:21AM	Gara Until 8:04AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Clear	Sivaloka Day
Until 4:21AM Sun			Chaturdashi* Until 9:08PM	Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Lusaka, Zambia Sutra 182 Vikarin 5121
0		Gulika 3:00PM – 4:33PM	Revati Until 6:38AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:42AM	
Meena Rasi: 17.29	Tithi 15	Yama 11:54AM – 1:27PM	Vyaghata* Until 1:08AM Mon	Muruqa: Purple <i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
Copper Retreat Star	614213464	Rahu 4:33PM – 6:06PM	Visti Until 10:11AM	Nataraja: Purple	Purnima
Creative Work	Amrita Yoga			Moon – Clear	Subha Sivaloka Day
Until 6:38AM Mon			Purnima* Until 11:07PM	Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Lusaka, Zambia Sutra 183 Vikarin 5121
1		Gulika 1:27PM – 3:00PM	Revati Until 6:38AM	Ganesha: Yellow <i>Sunrise:</i> 5:41AM	
Meena Rasi: 29.35	Tithi 16	Yama 10:20AM – 11:54AM	Harshana Until 1:25AM Tue	Muruqa: Purple <i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 7:14AM – 8:47AM	Balava Until 12:02PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga			Moon – Clear	Subha Sivaloka Day
			Prathama* Until 12:50AM Tue	Ashvina+Puratasi	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 11.49 Tithi 17

624213464

Gulika 11:53AM – 1:26PM
Yama 8:47AM – 10:20AM
Rahu 3:00PM – 4:33PM

Ashvini Until 8:57AM
Vajra* Until 1:25AM Wed
Taitila Until 1:35PM
Dvitiya Until 2:13AM Wed

Ganesha: White *Sunrise:* 5:41AM
Muruqa: Purple *Sunset:* 6:06PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.1 Tithi 18

624213464

Gulika 10:20AM – 11:53AM
Yama 7:13AM – 8:46AM
Rahu 11:53AM – 1:26PM

Bharani Until 10:48AM
Siddhi Until 1:11AM Thu
Vanija Until 2:49PM
Tritiya Until 3:17AM Thu

Ganesha: White *Sunrise:* 5:40AM
Muruqa: Purple *Sunset:* 6:06PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 10:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Lusaka, Zambia

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 6.4 Tithi 19

624313464

Gulika 8:46AM – 10:19AM
Yama 5:39AM – 7:13AM
Rahu 1:26PM – 3:00PM

Krittika Until 12:09PM
Vyatipata* Until 12:40AM Fri
Bava Until 3:42PM
Chaturthi* Until 3:58AM Fri

Ganesha: Yellow *Sunrise:* 5:39AM
Muruqa: Purple *Sunset:* 6:06PM

Nataraja: Purple
Moon – White
Subha Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.21 Tithi 20

634313464

Gulika 7:12AM – 8:46AM
Yama 3:00PM – 4:33PM
Rahu 10:19AM – 11:53AM

Rohini Until 1:27PM
Varyan Until 11:49PM
Kaulava Until 4:11PM
Panchami Until 4:14AM Sat

Ganesha: White *Sunrise:* 5:39AM
Muruqa: Purple *Sunset:* 6:07PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Lusaka, Zambia

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.14 Tithi 21

634313464

Gulika 5:38AM – 7:12AM
Yama 1:26PM – 3:00PM
Rahu 8:45AM – 10:19AM

Mrigashira Until 2:09PM
Parigha* Until 10:36PM
Gara Until 4:13PM
Shashthi* Until 4:01AM Sun

Ganesha: White *Sunrise:* 5:38AM
Muruqa: Purple *Sunset:* 6:07PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Lusaka, Zambia

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.21 Tithi 22

634313464

Gulika 3:00PM – 4:33PM
Yama 11:52AM – 1:26PM
Rahu 4:33PM – 6:07PM

Ardra Until 2:12PM
Shiva Until 8:59PM
Visti Until 3:44PM
Saptami Until 3:15AM Mon

Ganesha: White *Sunrise:* 5:37AM
Muruqa: Purple *Sunset:* 6:07PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 28.46 Tithi 23

644313464

Gulika 1:26PM – 3:00PM
Yama 10:18AM – 11:52AM
Rahu 7:11AM – 8:45AM

Punarvasu Until 2:01PM
Siddha Until 6:54PM
Balava Until 2:41PM
Ashtami* Until 1:56AM Tue

Ganesha: Clear *Sunrise:* 5:37AM
Muruqa: Purple *Sunset:* 6:07PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 2:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 12.31 Tithi 24

644313464

Gulika 11:52AM – 1:26PM
Yama 8:44AM – 10:18AM
Rahu 3:00PM – 4:34PM

Pushya Until 1:07PM
Sadhya Until 4:21PM
Taitila Until 1:04PM
Navami* Until 12:02AM Wed

Ganesha: Clear *Sunrise:* 5:36AM
Muruqa: Purple *Sunset:* 6:08PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 9 Sutra 192	
Kataka Rasi: 26.37	Tithi 25	Gulika 10:18AM – 11:52AM	Ashlesha* Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM		Vikarin 5121
		Yama 7:10AM – 8:44AM	Subha Until 1:24PM	Muruqa: Purple	<i>Sunset:</i> 6:08PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	644313464 Rahu 11:52AM – 1:26PM	Vanija Until 10:55AM	Nataraja: Purple			2nd Phase
			Dashami Until 9:38PM	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Lusaka, Zambia Sun 10 Sutra 193	
Simha Rasi: 11.02	Tithi 26	Gulika 8:43AM – 10:18AM	Magha* Until 9:45AM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM		Vikarin 5121
		Yama 5:35AM – 7:09AM	Sukla Until 10:02AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	654313464 Rahu 1:26PM – 3:00PM	Bava Until 8:16AM	Nataraja: Purple			2nd Phase
Until 9:45AM			Ekadashi* Until 6:47PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 194	
Simha Rasi: 25.45	Tithi 27 – 28	Gulika 7:09AM – 8:43AM	Purvaphalguni Until 7:27AM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM		Vikarin 5121
		Yama 3:00PM – 4:34PM	Brahma Until 6:22AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	655313464 Rahu 10:17AM – 11:52AM	Gara Until 1:59AM Sat	Nataraja: Purple			2nd Phase
			Dvadashi* Until 3:38PM	Moon – Red		Subha Sivaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 195	
Kanya Rasi: 10.39	Tithi 28 – 29	Gulika 5:34AM – 7:09AM	Hasta Until 2:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 5:34AM		Vikarin 5121
		Yama 1:26PM – 3:00PM	Vaidhriti* Until 10:34PM	Muruqa: Purple	<i>Sunset:</i> 6:09PM		Moon 10 - Phase 27
Routine Work	Marana Yoga	665313464 Rahu 8:43AM – 10:17AM	Visti Until 10:37PM	Nataraja: Purple			2nd Phase
Until 2:19AM Sun			Trayodashi* Until 12:17PM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 196	
Kanya Rasi: 25.37	Tithi 29 – 30	Gulika 3:00PM – 4:35PM	Chitra Until 11:48PM	Ganesha: Orange	<i>Sunrise:</i> 5:34AM		Vikarin 5121
		Yama 11:51AM – 1:26PM	Vishkambha* Until 6:40PM	Muruqa: Purple	<i>Sunset:</i> 6:09PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	665313464 Rahu 4:35PM – 6:09PM	Catuspada Until 7:18PM	Nataraja: Purple			Amavasya
			Chaturdashi* Until 8:55AM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 197	
Tula Rasi: 10.29	Tithi 1	Gulika 1:26PM – 3:00PM	Svati Until 9:24PM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM		Vikarin 5121
Family Home Evening		Yama 10:17AM – 11:51AM	Priti Until 2:57PM	Muruqa: Purple	<i>Sunset:</i> 6:09PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 7:08AM – 8:42AM	Kintughna Until 4:12PM	Nataraja: Purple			Prathama
Until 9:24PM			Prathama* Until 2:47AM Tue	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Lusaka, Zambia Sun 15 Sutra 198	
Tula Rasi: 25.07	Tithi 2	Gulika	11:51AM – 1:26PM	Vishakha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:33AM		Vikarin 5121
		Yama	8:42AM – 10:17AM	Ayushman Until 11:32AM	Muruqa: Purple	<i>Sunset:</i> 6:10PM		Moon 10 - Phase 28
		675313464 Rahu	3:00PM – 4:35PM	Balava Until 1:31PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 12:21AM Wed	Moon – Orange		Subha Sivaloka Day	
Until 7:42PM					Kartika•Aipasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau			Lusaka, Zambia Sun 16 Sutra 199	
Virshika Rasi: 9.24	Tithi 3	Gulika	10:16AM – 11:51AM	Anuradha Until 6:29PM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM		Vikarin 5121
		Yama	7:07AM – 8:42AM	Saubhagya Until 8:34AM	Muruqa: Purple	<i>Sunset:</i> 6:10PM		Moon 10 - Phase 28
		675313464 Rahu	11:51AM – 1:26PM	Taitila Until 11:22AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 10:33PM	Moon – Orange		Subha Sivaloka Day	
					Kartika•Aipasi			

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau			Lusaka, Zambia Sun 17 Sutra 200	
Virshika Rasi: 23.14	Tithi 4	Gulika	8:41AM – 10:16AM	Jyeshtha* Until 5:51PM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM		Vikarin 5121
		Yama	5:32AM – 7:07AM	Sobhana Until 6:11AM	Muruqa: Purple	<i>Sunset:</i> 6:10PM		Moon 10 - Phase 28
		675313464 Rahu	1:26PM – 3:01PM	Vanija Until 9:57AM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga			Chaturthi* Until 9:31PM	Moon – Orange		Subha Sivaloka Day	
Until 5:51PM					Kartika•Aipasi			
Then Creative Work - Siddha Yoga								

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Lusaka, Zambia Sun 18 Sutra 201	
Dhanus Rasi: 6.37	Tithi 5	Gulika	7:06AM – 8:41AM	Mula* Until 6:20PM	Ganesha: Purple	<i>Sunrise:</i> 5:31AM		Vikarin 5121
		Yama	3:01PM – 4:36PM	Sukarma Until 3:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:11PM		Moon 10 - Phase 28
		685313464 Rahu	10:16AM – 11:51AM	Bava Until 9:21AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga			Panchami Until 9:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 6:20PM					Kartika•Aipasi			
Then Routine Work - Prabalarishta Yoga								

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau			Lusaka, Zambia Sun 19 Sutra 202	
Dhanus Rasi: 19.33	Tithi 6	Gulika	5:31AM – 7:06AM	Purvashadha* Until 7:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:31AM		Vikarin 5121
		Yama	1:26PM – 3:01PM	Dhriti Until 2:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:11PM		Moon 10 - Phase 28
		685313464 Rahu	8:41AM – 10:16AM	Kaulava Until 9:37AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 10:02PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 7:31PM					Kartika•Aipasi			
Then Routine Work - Marana Yoga								

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau			Lusaka, Zambia Sun 20 Sutra 203	
Makara Rasi: 2.05	Tithi 7	Gulika	3:01PM – 4:36PM	Uttarashadha Until 9:16PM	Ganesha: Purple	<i>Sunrise:</i> 5:31AM		Vikarin 5121
		Yama	11:51AM – 1:26PM	Shula* Until 2:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:11PM		Moon 10 - Phase 28
		685313464 Rahu	4:36PM – 6:11PM	Gara Until 10:42AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga			Saptami Until 11:30PM	Moon – Light Blue		Subha Subha Sivaloka Day	
					Kartika•Aipasi			

Monday, November 4, 2019		Retreat Star			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Lusaka, Zambia Sun 21 Sutra 204	
Makara Rasi: 14.19	Tithi 8	Gulika	1:26PM – 3:01PM	Shravana Until 11:57PM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM		Vikarin 5121	
Family Home Evening		Yama	10:16AM – 11:51AM	Ganda* Until 3:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:12PM		Moon 10 - Phase 28	
Creative Work	Amrita Yoga	696313464 Rahu	7:05AM – 8:41AM	Visti Until 12:29PM	Nataraja: Purple			Ashtami	
Until 11:57PM				Ashtami* Until 1:33AM Tue	Moon – Purple		Sivaloka Day		
Then Creative Work - Siddha Yoga					Kartika•Aipasi				

Tuesday, November 5, 2019		Retreat Star			Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau			Lusaka, Zambia Sun 22 Sutra 205	
Makara Rasi: 26.2	Tithi 9	Gulika	11:51AM – 1:26PM	Dhanishtha Until 2:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:30AM		Vikarin 5121	
		Yama	8:40AM – 10:16AM	Vriddhi Until 4:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:12PM		Moon 10 - Phase 28	
		696313464 Rahu	3:02PM – 4:37PM	Balava Until 2:45PM	Nataraja: Purple			Navami	
Creative Work	Siddha Yoga			Navami* Until 3:58AM Wed	Moon – Purple		Sivaloka Day		
					Kartika•Aipasi				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.14	Tithi 10	Gulika 10:16AM – 11:51AM	Shatabhishak Until 5:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	
			Yama 7:05AM – 8:40AM	Dhruva Until 5:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	696313464 Rahu 11:51AM – 1:26PM	Taitila Until 5:16PM	Nataraja: Purple		4th Phase
			Dashami Until 6:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.05	Tithi 10 – 11	Gulika 8:40AM – 10:16AM	Purvaproshtapada* Until 8:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	
			Yama 5:29AM – 7:05AM	Vyaghata* Until 6:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 Rahu 1:27PM – 3:02PM	Vanija Until 7:47PM	Nataraja: Purple		4th Phase
			Dashami Until 6:31AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 1.58	Tithi 11 – 12	Gulika 7:05AM – 8:40AM	Purvaproshtapada* Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	
			Yama 3:02PM – 4:38PM	Vyaghata* Until 6:04AM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 Rahu 10:16AM – 11:51AM	Bava Until 10:08PM	Nataraja: Purple		4th Phase
			Ekadashi Until 8:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 13.56	Tithi 12 – 13	Gulika 5:29AM – 7:04AM	Uttaraproshtapada Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	
			Yama 1:27PM – 3:03PM	Harshana Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 Rahu 8:40AM – 10:16AM	Kaulava Until 12:12AM Sun	Nataraja: Purple		4th Phase
			Dvadashi Until 11:11AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			
				<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.02	Tithi 13 – 14	Gulika 3:03PM – 4:38PM	Revati Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM	
			Yama 11:51AM – 1:27PM	Vajra* Until 7:08AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	Creative Work	Amrita Yoga	716313464 Rahu 4:38PM – 6:14PM	Gara Until 1:52AM Mon	Nataraja: Purple		4th Phase
			Trayodashi Until 1:03PM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

O	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:27PM – 3:03PM	Ashvini Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	
	Mesha Rasi: 8.17	Tithi 14 – 15	Yama 10:16AM – 11:51AM	Siddhi Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 29
	Family Home Evening		727313464 Rahu 7:04AM – 8:40AM	Visti Until 3:07AM Tue	Nataraja: Purple		Purnima
			Chaturdashi* Until 2:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

O	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 11:52AM – 1:27PM	Bharani Until 5:19PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	
	Mesha Rasi: 20.43	Tithi 15 – 16	Yama 8:40AM – 10:16AM	Vyatipata* Until 7:03AM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	727413464 Rahu 3:03PM – 4:39PM	Balava Until 3:57AM Wed	Nataraja: Purple		Prathama
			Purnima* Until 3:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

727413464 Rahu 11:52AM - 1:28PM

Gulika 10:16AM - 11:52AM

Yama 7:04AM - 8:40AM

Rahu 11:52AM - 1:28PM

Krittika Until 6:19PM

Variyan Until 6:30AM

Taitila Until 4:22AM Thu

Prathama* Until 4:11PM

Ganesha: White

Sunrise: 5:28AM

Muruqa: Purple

Sunset: 6:16PM

Nataraja: Purple

Moon - White

Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 2 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Rahu 1:28PM - 3:04PM

Gulika 8:40AM - 10:16AM

Yama 5:28AM - 7:04AM

Rahu 1:28PM - 3:04PM

Rohini Until 7:14PM

Shiva Until 4:31AM Fri

Vanija Until 4:23AM Fri

Dvitiya Until 4:24PM

Ganesha: Clear

Sunrise: 5:28AM

Muruqa: Purple

Sunset: 6:16PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia

Sun 3 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Rahu 10:16AM - 11:52AM

Gulika 7:04AM - 8:40AM

Yama 3:04PM - 4:40PM

Rahu 10:16AM - 11:52AM

Mrigashira Until 7:38PM

Siddha Until 3:03AM Sat

Bava Until 4:02AM Sat

Tritiya Until 4:14PM

Ganesha: Clear

Sunrise: 5:27AM

Muruqa: Purple

Sunset: 6:17PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 4 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Rahu 8:40AM - 10:16AM

Gulika 5:27AM - 7:03AM

Yama 1:28PM - 3:05PM

Rahu 8:40AM - 10:16AM

Ardra Until 7:32PM

Sadhya Until 1:19AM Sun

Kaulava Until 3:20AM Sun

Chaturthi* Until 3:42PM

Ganesha: Clear

Sunrise: 5:27AM

Muruqa: Purple

Sunset: 6:17PM

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 5 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

747413465 Rahu 4:41PM - 6:18PM

Gulika 3:05PM - 4:41PM

Yama 11:52AM - 1:29PM

Rahu 4:41PM - 6:18PM

Punarvasu Until 7:24PM

Subha Until 11:20PM

Gara Until 2:17AM Mon

Panchami Until 2:50PM

Ganesha: Purple

Sunrise: 5:27AM

Muruqa: Purple

Sunset: 6:18PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 6 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Rahu 7:03AM - 8:40AM

Gulika 1:29PM - 3:05PM

Yama 10:16AM - 11:53AM

Rahu 7:03AM - 8:40AM

Pushya Until 6:46PM

Sukla Until 9:03PM

Visti Until 12:53AM Tue

Shashthi* Until 1:37PM

Ganesha: Clear

Sunrise: 5:27AM

Muruqa: Purple

Sunset: 6:18PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Lusaka, Zambia

Sun 7 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

748413465 Rahu 3:06PM - 4:42PM

Gulika 11:53AM - 1:29PM

Yama 8:40AM - 10:16AM

Rahu 3:06PM - 4:42PM

Ashlesha* Until 5:40PM

Brahma Until 6:31PM

Balava Until 11:10PM

Saptami Until 12:03PM

Ganesha: Clear

Sunrise: 5:27AM

Muruqa: Purple

Sunset: 6:19PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 8 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Rahu 11:53AM - 1:29PM

Gulika 10:16AM - 11:53AM

Yama 7:03AM - 8:40AM

Rahu 11:53AM - 1:29PM

Magha* Until 4:32PM

Indra Until 3:44PM

Taitila Until 9:08PM

Ashtami* Until 10:10AM

Ganesha: White

Sunrise: 5:27AM

Muruqa: Purple

Sunset: 6:19PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Lusaka, Zambia Sun 9 Sutra 221 Vikarin 5121
Simha Rasi: 21.18	Tithi 24 – 25	Gulika 8:40AM – 10:17AM	Purvaphalguni Until 2:59PM	Ganesha: White <i>Sunrise:</i> 5:27AM	
		Yama 5:27AM – 7:03AM	Vaidhriti* Until 12:42PM	Muruqa: Purple <i>Sunset:</i> 6:20PM	Moon 11 - Phase 31
		758413465 Rahu 1:30PM – 3:06PM	Vanija Until 6:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau	Lusaka, Zambia Sun 10 Sutra 222 Vikarin 5121
Kanya Rasi: 5.4	Tithi 26	Gulika 7:03AM – 8:40AM	Uttaraphalguni Until 1:03PM	Ganesha: White <i>Sunrise:</i> 5:27AM	
		Yama 3:07PM – 4:43PM	Vishkambha* Until 9:29AM	Muruqa: Purple <i>Sunset:</i> 6:20PM	Moon 11 - Phase 31
		758413465 Rahu 10:17AM – 11:53AM	Bava Until 4:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 1:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau	Lusaka, Zambia Sun 11 Sutra 223 Vikarin 5121
Kanya Rasi: 20.08	Tithi 27	Gulika 5:27AM – 7:04AM	Hasta Until 11:16AM	Ganesha: Yellow <i>Sunrise:</i> 5:27AM	
		Yama 1:30PM – 3:07PM	Priti Until 6:09AM	Muruqa: Purple <i>Sunset:</i> 6:21PM	Moon 11 - Phase 31
		768413465 Rahu 8:40AM – 10:17AM	Kaulava Until 1:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashti* Until 12:17AM Sun	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Lusaka, Zambia Sun 12 Sutra 224 Vikarin 5121
Tula Rasi: 4.38	Tithi 28	Gulika 3:08PM – 4:44PM	Chitra Until 9:20AM	Ganesha: Blue <i>Sunrise:</i> 5:27AM	
		Yama 11:54AM – 1:31PM	Saubhagya Until 11:25PM	Muruqa: Purple <i>Sunset:</i> 6:21PM	Moon 11 - Phase 31
		769413465 Rahu 4:44PM – 6:21PM	Gara Until 10:59AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Lusaka, Zambia Sun 13 Sutra 225 Vikarin 5121
Tula Rasi: 19.06	Tithi 29	Gulika 1:31PM – 3:08PM	Svati Until 7:21AM	Ganesha: Blue <i>Sunrise:</i> 5:27AM	
Family Home Evening		Yama 10:17AM – 11:54AM	Sobhana Until 8:15PM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 11 - Phase 31
		769413465 Rahu 7:04AM – 8:41AM	Visti Until 8:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 7:14PM	Moon – Green	Devaloka Day
Until 7:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Lusaka, Zambia Sun 14 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.23	Tithi 30 – 1	Gulika 11:55AM – 1:32PM	Anuradha Until 4:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:27AM	
		Yama 8:41AM – 10:18AM	Athiganda* Until 5:20PM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 11 - Phase 31
		779413465 Rahu 3:08PM – 4:45PM	Catuspada Until 6:09AM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Lusaka, Zambia Sun 15 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.25	Tithi 1 – 2	Gulika 10:18AM – 11:55AM	Jyeshtha* Until 3:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:27AM	
		Yama 7:04AM – 8:41AM	Sukarma Until 2:49PM	Muruqa: Purple <i>Sunset:</i> 6:23PM	Moon 11 - Phase 31
		779413465 Rahu 11:55AM – 1:32PM	Balava Until 2:55AM Thu	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 228 Vikarin 5121		
Dhanus Rasi: 1.05	Tithi 2 – 3	Gulika 8:41AM – 10:18AM	Mula* Until 4:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:27AM	Muruqa: Purple	<i>Sunset:</i> 6:23PM	Moon 11 - Phase 32
		789413465 Rahu 1:32PM – 3:09PM	Dhriti Until 12:47PM	Nataraja: Clear		Moon – Light Blue		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 2:29PM	Margasira•Karttikai				Devaloka Day
Until 4:02AM Fri								
Then Routine Work - Prabalarishta Yoga								

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lusaka, Zambia Sun 17 Sutra 229 Vikarin 5121		
Dhanus Rasi: 14.24	Tithi 3 – 4	Gulika 7:04AM – 8:41AM	Purvashadha* Until 4:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:27AM	Muruqa: Purple	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 32
		789413465 Rahu 10:18AM – 11:56AM	Shula* Until 11:16AM	Nataraja: Clear		Moon – Light Blue		3rd Phase
Routine Work	Prabalarishta Yoga		Vanija Until 2:19AM Sat	Margasira•Karttikai				Devaloka Day
Until 4:45AM Sat			Tritiya Until 2:10PM					
Then Routine Work - Marana Yoga								

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 230 Vikarin 5121		
Dhanus Rasi: 27.19	Tithi 4 – 5	Gulika 5:27AM – 7:04AM	Uttarashadha Until 6:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:27AM	Muruqa: Purple	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 32
		789413465 Rahu 8:42AM – 10:19AM	Ganda* Until 10:21AM	Nataraja: Clear		Moon – Light Blue		3rd Phase
Routine Work	Marana Yoga		Bava Until 3:08AM Sun	Margasira•Karttikai				Devaloka Day
Until 6:01AM Sun			Chaturthi* Until 2:37PM					
Then Creative Work - Amrita Yoga								

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lusaka, Zambia Sun 19 Sutra 231 Vikarin 5121		
Makara Rasi: 9.53	Tithi 5 – 6	Gulika 3:11PM – 4:48PM	Uttarashadha Until 6:01AM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM	Muruqa: Purple	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 32
		789413465 Rahu 4:48PM – 6:25PM	Vridhi Until 10:01AM	Nataraja: Clear		Moon – Light Blue		3rd Phase
Creative Work	Amrita Yoga		Kaulava Until 4:39AM Mon	Margasira•Karttikai				Devaloka Day
Until 6:01AM Sun			Panchami Until 3:47PM					
Then Creative Work - Amrita Yoga								

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 232 Vikarin 5121		
Makara Rasi: 22.1	Tithi 6 – 7	Gulika 1:34PM – 3:11PM	Shravana Until 8:16AM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Muruqa: Purple	<i>Sunset:</i> 6:26PM	Moon 11 - Phase 32
Family Home Evening		791413465 Rahu 7:05AM – 8:42AM	Dhruva Until 10:09AM	Nataraja: Clear		Moon – Purple		3rd Phase
Creative Work	Amrita Yoga		Gara Until 6:42AM Tue	Margasira•Karttikai				Sivaloka Day
Until 8:16AM			Shashthi* Until 5:35PM					
Then Creative Work - Siddha Yoga								

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana* Yoga Gara/Vanija Karana Saptamyam Titau		Lusaka, Zambia Sun 21 Sutra 233 Vikarin 5121		
Kumbha Rasi: 4.14	Tithi 7	Gulika 11:57AM – 1:34PM	Dhanishtha Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Muruqa: Purple	<i>Sunset:</i> 6:26PM	Moon 11 - Phase 32
		791413465 Rahu 3:12PM – 4:49PM	Vyaghata* Until 10:41AM	Nataraja: Clear		Moon – Purple		3rd Phase
Creative Work	Siddha Yoga		Gara Until 6:42AM	Margasira•Karttikai				Sivaloka Day
Until 10:51AM			Saptami Until 7:51PM					
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Lusaka, Zambia Sun 22 Sutra 234 Vikarin 5121		
Kumbha Rasi: 16.1	Tithi 8	Gulika 10:20AM – 11:57AM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Muruqa: Purple	<i>Sunset:</i> 6:27PM	Moon 11 - Phase 32
		791413465 Rahu 11:57AM – 1:35PM	Harshana Until 11:27AM	Nataraja: Clear		Moon – Purple		Ashtami
Creative Work	Siddha Yoga		Visti Until 9:05AM	Margasira•Karttikai				Sivaloka Day
Until 1:33PM			Ashtami* Until 10:19PM					
Then Creative Work - Amrita Yoga								

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi* Yoga Balava/Kaulava Karana Navamyam Titau		Lusaka, Zambia Sun 23 Sutra 235 Vikarin 5121		
Kumbha Rasi: 28.03	Tithi 9	Gulika 8:43AM – 10:20AM	Purvaproshtapada* Until 4:39PM	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM	Muruqa: Purple	<i>Sunset:</i> 6:27PM	Moon 11 - Phase 32
		711413465 Rahu 1:35PM – 3:13PM	Vajra* Until 12:15PM	Nataraja: Clear		Moon – Clear		Navami
Creative Work	Siddha Yoga		Balava Until 11:36AM	Margasira•Karttikai				Sivaloka Day
Until 1:33PM			Navami* Until 12:48AM Fri					
Then Creative Work - Amrita Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 24 Sutra 236 Vikarin 5121
Meena Rasi: 9.57	Tithi 10	Gulika 7:06AM – 8:43AM	Uttaraproshtapada Until 7:27PM	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM			
		Yama 3:13PM – 4:51PM	Siddhi Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 6:28PM			Moon 11 - Phase 33
		711413465 Rahu 10:21AM – 11:58AM	Taitila Until 2:00PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:05AM Sat	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 25 Sutra 237 Vikarin 5121
Meena Rasi: 21.56	Tithi 11	Gulika 5:29AM – 7:06AM	Revati Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 5:29AM			
		Yama 1:36PM – 3:14PM	Vyatiyata* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 6:29PM			Moon 11 - Phase 33
		711513465 Rahu 8:44AM – 10:21AM	Vanija Until 4:07PM	Nataraja: Clear				4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 4:59AM Sun	Moon – Clear			Subha Sivaloka Day	
Until 9:46PM				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 26 Sutra 238 Vikarin 5121
Mesha Rasi: 4.05	Tithi 12	Gulika 3:14PM – 4:52PM	Ashvini Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM			
		Yama 11:59AM – 1:37PM	Varyan Until 1:43PM	Muruqa: Purple	<i>Sunset:</i> 6:29PM			Moon 11 - Phase 33
		721513465 Rahu 4:52PM – 6:29PM	Bava Until 5:47PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM Mon	Moon – White			Sivaloka Day	
Until 11:59PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 27 Sutra 239 Vikarin 5121
Mesha Rasi: 16.26	Tithi 12 – 13	Gulika 1:37PM – 3:15PM	Bharani Until 1:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:29AM			
Family Home Evening		Yama 10:22AM – 12:00PM	Parigha* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 6:30PM			Moon 11 - Phase 33
		721513465 Rahu 7:07AM – 8:44AM	Kaulava Until 6:55PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sutra 240 Vikarin 5121
Mesha Rasi: 29.02	Tithi 13 – 14	Gulika 12:00PM – 1:38PM	Krittika Until 2:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:30AM			
		Yama 8:45AM – 10:22AM	Shiva Until 12:54PM	Muruqa: Purple	<i>Sunset:</i> 6:30PM			Moon 11 - Phase 33
		721513465 Rahu 3:15PM – 4:53PM	Gara Until 7:29PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:15AM	Moon – White			Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai				

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:23AM – 12:00PM	Rohini Until 2:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:30AM			
Vrishabha Rasi: 11.54	Tithi 14 – 15	Yama 7:08AM – 8:45AM	Siddha Until 11:49AM	Muruqa: Clear	<i>Sunset:</i> 6:31PM			Moon 11 - Phase 33
		731523465 Rahu 12:00PM – 1:38PM	Visti Until 7:28PM	Nataraja: Clear				Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 7:31AM	Moon – Yellow			Sivaloka Day	
Until 2:52AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 242 Vikarin 5121
Silver Retreat Star		Gulika 8:46AM – 10:23AM	Mrigashira Until 2:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:30AM			
Vrishabha Rasi: 25.03	Tithi 15 – 16	Yama 5:30AM – 7:08AM	Sadhya Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 6:32PM			Moon 11 - Phase 33
		732523465 Rahu 1:39PM – 3:16PM	Balava Until 6:55PM	Nataraja: Clear				Prathama
Routine Work	Marana Yoga		Purnima* Until 7:14AM	Moon – Yellow			Devaloka Day	
Until 2:48AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau

Lusaka, Zambia

Sutra 243

Mithuna Rasi: 8.28 Tithi 16 - 17

Gulika 7:08AM - 8:46AM

Yama 3:17PM - 4:54PM

Rahu 10:24AM - 12:01PM

Ardra Until 2:09AM Sat

Subha Until 8:28AM

Gara Until 5:16AM Sat

Prathama* Until 6:27AM

Ganesha: Clear Sunrise: 5:31AM

Muruqa: Clear Sunset: 6:32PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 244

Mithuna Rasi: 22.06 Tithi 18

Gulika 5:31AM - 7:09AM

Yama 1:40PM - 3:17PM

Rahu 8:46AM - 10:24AM

Punarvasu Until 1:29AM Sun

Sukla Until 6:15AM

Vanija Until 4:34PM

Tritiya Until 3:45AM Sun

Ganesha: Purple Sunrise: 5:31AM

Muruqa: Clear Sunset: 6:33PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturtham Titau

Lusaka, Zambia

Sun 2 Sutra 245

Kataka Rasi: 5.56 Tithi 19

Gulika 3:18PM - 4:55PM

Yama 12:02PM - 1:40PM

Rahu 4:55PM - 6:33PM

Pushya Until 12:25AM Mon

Indra Until 1:11AM Mon

Bava Until 2:55PM

Chaturthi* Until 2:00AM Mon

Ganesha: Purple Sunrise: 5:32AM

Muruqa: Clear Sunset: 6:33PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 246

Kataka Rasi: 19.55 Tithi 20

Gulika 1:41PM - 3:18PM

Yama 10:25AM - 12:03PM

Rahu 7:10AM - 8:47AM

Ashlesha* Until 11:02PM

Vaidhriti* Until 10:24PM

Kaulava Until 1:04PM

Panchami Until 12:04AM Tue

Ganesha: Purple Sunrise: 5:32AM

Muruqa: Clear Sunset: 6:34PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

Family Home Evening

Until 11:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 247

Simha Rasi: 4 Tithi 21

Gulika 12:03PM - 1:41PM

Yama 8:48AM - 10:26AM

Rahu 3:19PM - 4:57PM

Magha* Until 9:50PM

Vishkambha* Until 7:33PM

Gara Until 11:06AM

Shashthi* Until 10:03PM

Ganesha: Purple Sunrise: 5:32AM

Muruqa: Clear Sunset: 6:34PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 248

Simha Rasi: 18.08 Tithi 22

Gulika 10:26AM - 12:04PM

Yama 7:11AM - 8:48AM

Rahu 12:04PM - 1:42PM

Purvaphalguni Until 8:27PM

Priti Until 4:40PM

Visti Until 9:02AM

Saptami Until 7:59PM

Ganesha: Purple Sunrise: 5:33AM

Muruqa: Clear Sunset: 6:35PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 6 Sutra 249

Kanya Rasi: 2.17 Tithi 23 - 24

Gulika 8:49AM - 10:27AM

Yama 5:33AM - 7:11AM

Rahu 1:42PM - 3:20PM

Uttaraphalguni Until 6:55PM

Ayushman Until 1:44PM

Balava Until 6:57AM

Ashtami* Until 5:54PM

Ganesha: Purple Sunrise: 5:33AM

Muruqa: Clear Sunset: 6:35PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

Ashtami

Until 6:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lusaka, Zambia

Sun 7 Sutra 250

Kanya Rasi: 16.26 Tithi 24 - 25

Gulika 7:11AM - 8:49AM

Yama 3:20PM - 4:58PM

Rahu 10:27AM - 12:05PM

Hasta Until 5:41PM

Saubhagya Until 10:50AM

Vanija Until 2:51AM Sat

Navami* Until 3:50PM

Ganesha: Clear Sunrise: 5:34AM

Muruqa: Clear Sunset: 6:36PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Devaloka Day

Moon 12 - Phase 34

Navami

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Lusaka, Zambia Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 0.34	Tithi 25 – 26	862523465	Gulika 5:34AM – 7:12AM Yama 1:43PM – 3:21PM Rahu 8:50AM – 10:28AM	Chitra Until 4:22PM Sobhana Until 7:59AM Bava Until 12:54AM Sun Dashami Until 1:51PM	Ganesha: Clear <i>Sunrise: 5:34AM</i> Muruqa: Clear <i>Sunset: 6:36PM</i> Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati		Devaloka Day
Until 4:22PM					Margasira-Markali
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Lusaka, Zambia Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 14.38	Tithi 26 – 27	862523465	Gulika 3:21PM – 4:59PM Yama 12:06PM – 1:44PM Rahu 4:59PM – 6:37PM	Svati Until 3:03PM Sukarma Until 2:33AM Mon Kaulava Until 11:07PM Ekadashi* Until 11:58AM	Ganesha: Clear <i>Sunrise: 5:35AM</i> Muruqa: Clear <i>Sunset: 6:37PM</i> Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati		Devaloka Day
Until 3:03PM					Margasira-Markali
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Lusaka, Zambia Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 28.35	Tithi 27 – 28	872523465	Gulika 1:44PM – 3:22PM Yama 10:28AM – 12:06PM Rahu 7:13AM – 8:51AM	Vishakha Until 2:13PM Dhriti Until 12:07AM Tue Gara Until 9:34PM Dvadashi* Until 10:17AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White <i>Sunrise: 5:35AM</i> Muruqa: Clear <i>Sunset: 6:37PM</i> Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati		Bhuloka Day
Until 2:13PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Lusaka, Zambia Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.23	Tithi 28 – 29	872523465	Gulika 12:07PM – 1:45PM Yama 8:51AM – 10:29AM Rahu 3:22PM – 5:00PM	Anuradha Until 1:31PM Shula* Until 9:54PM Visti Until 8:19PM Trayodashi* Until 8:52AM	Ganesha: White <i>Sunrise: 5:36AM</i> Muruqa: Clear <i>Sunset: 6:38PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati		Bhuloka Day
Until 1:31PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Lusaka, Zambia Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 25.58	Tithi 29 – 30	872523465	Gulika 10:29AM – 12:07PM Yama 7:14AM – 8:52AM Rahu 12:07PM – 1:45PM	Jyeshtha* Until 1:02PM Ganda* Until 8:02PM Catuspada Until 7:29PM Chaturdashi* Until 7:49AM	Ganesha: White <i>Sunrise: 5:36AM</i> Muruqa: Clear <i>Sunset: 6:38PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati		Bhuloka Day
Until 1:02PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Lusaka, Zambia Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.19	Tithi 30 – 1	883523465	Gulika 8:52AM – 10:30AM Yama 5:37AM – 7:15AM Rahu 1:45PM – 3:23PM	Mula* Until 1:19PM Vriddhi Until 6:34PM Kintughna Until 7:09PM Amavasya* Until 7:14AM	Ganesha: Orange <i>Sunrise: 5:37AM</i> Muruqa: Clear <i>Sunset: 6:39PM</i> Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse		Devaloka Day
					Pausha-Markali

1		Friday, December 27, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau	Lusaka, Zambia Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 22.22	Tithi 1 – 2	Gulika 7:15AM – 8:53AM	Purvashadha* Until 1:59PM	Ganesha: Orange	<i>Sunrise:</i> 5:37AM		
		Yama 3:24PM – 5:01PM	Dhruva Until 5:31PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 12 - Phase 36	
	883523466	Rahu 10:31AM – 12:08PM	Balava Until 7:22PM	Nataraja: Orange		3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 7:10AM	Moon – Light Blue		Devaloka Day	
Until 1:59PM				Pausa-Markali			
Then Routine Work - Marana Yoga							

2		Saturday, December 28, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau	Lusaka, Zambia Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 5.09	Tithi 2 – 3	Gulika 5:38AM – 7:16AM	Uttarashadha Until 3:04PM	Ganesha: Orange	<i>Sunrise:</i> 5:38AM		
		Yama 1:46PM – 3:24PM	Vyaghata* Until 4:56PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 12 - Phase 36	
	883523466	Rahu 8:53AM – 10:31AM	Taitila Until 8:12PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 7:42AM	Moon – Light Blue		Devaloka Day	
Until 3:04PM				Pausa-Markali			
Then Creative Work - Siddha Yoga							

3		Sunday, December 29, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau	Lusaka, Zambia Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 17.4	Tithi 3 – 4	Gulika 3:25PM – 5:02PM	Shravana Until 5:02PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM		
		Yama 12:09PM – 1:47PM	Harshana Until 4:48PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 12 - Phase 36	
	893523466	Rahu 5:02PM – 6:40PM	Vanija Until 9:37PM	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 8:49AM	Moon – Purple		Devaloka Day	
Until 5:02PM				Pausa-Markali			
Then Routine Work - Marana Yoga							

4		Monday, December 30, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Lusaka, Zambia Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 29.55	Tithi 4 – 5	Gulika 1:47PM – 3:25PM	Dhanishtha Until 7:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM		
Family Home Evening		Yama 10:32AM – 12:10PM	Vajra* Until 5:03PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 12 - Phase 36	
	893523466	Rahu 7:17AM – 8:54AM	Bava Until 11:31PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 10:29AM	Moon – Purple		Devaloka Day	
				Pausa-Markali			

5		Tuesday, December 31, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Lusaka, Zambia Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 12.01	Tithi 5 – 6	Gulika 12:10PM – 1:48PM	Shatabhishak Until 9:50PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM		
		Yama 8:55AM – 10:33AM	Siddhi Until 5:36PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 12 - Phase 36	
	893523466	Rahu 3:25PM – 5:03PM	Kaulava Until 1:48AM Wed	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 12:36PM	Moon – Purple		Devaloka Day	
				Pausa-Markali			

6		Wednesday, January 1, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Lusaka, Zambia Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 23.58	Tithi 6 – 7	Gulika 10:34AM – 12:11PM	Purvaprossthapada* Until 12:54AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:41AM		
		Yama 7:18AM – 8:56AM	Vyatipata* Until 6:21PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 36	
	813623466	Rahu 12:11PM – 1:49PM	Gara Until 4:17AM Thu	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 3:01PM	Moon – Clear		Bhuloka Day	
Until 12:54AM Thu				Pausa-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

Retreat Star		Thursday, January 2, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada Nakshatra Varyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Lusaka, Zambia Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 5.51	Tithi 7 – 8	Gulika 8:56AM – 10:34AM	Uttaraprossthapada Until 3:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:41AM		
		Yama 5:41AM – 7:19AM	Variyan Until 7:08PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 36	
	813623466	Rahu 1:49PM – 3:27PM	Visti Until 6:46AM Fri	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 5:31PM	Moon – Clear		Bhuloka Day	
				Pausa-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Lusaka, Zambia Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 17.44	Tithi 8	Gulika 7:19AM – 8:57AM	Revati Until 6:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:42AM		
		Yama 3:27PM – 5:05PM	Parigha* Until 7:51PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 36	
	813623466	Rahu 10:34AM – 12:12PM	Visti Until 6:46AM	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 7:55PM	Moon – Clear		Bhuloka Day	
				Pausa-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Lusaka, Zambia Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 29.43	Tithi 9	Gulika 5:42AM – 7:20AM	Revati Until 6:23AM	Ganesha: Blue	<i>Sunrise:</i> 5:42AM		
		Yama 1:50PM – 3:27PM	Shiva Until 8:21PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 36	
	813623466	Rahu 8:57AM – 10:35AM	Balava Until 9:02AM	Nataraja: Orange		Navami	
Routine Work	Prabalarishta Yoga		Navami* Until 10:01PM	Moon – Clear		Bhuloka Day	
Until 6:23AM				Pausa-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 11.5	Tithi 10	Gulika 3:28PM – 5:05PM	Ashvini Until 8:54AM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM		
		Yama 12:13PM – 1:50PM	Siddha Until 8:27PM	Muruqa: Clear <i>Sunset:</i> 6:43PM		Moon 12 - Phase 37
	823623466	Rahu 5:05PM – 6:43PM	Taitila Until 10:54AM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day	
Until 8:54AM		Subramuniyaswami Jayanti	Dashami Until 11:36PM	Pausha-Markali		
Then Routine Work - Prabararishta Yoga						

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.11	Tithi 11	Gulika 1:51PM – 3:28PM	Bharani Until 10:44AM	Ganesha: Yellow <i>Sunrise:</i> 5:44AM		
Family Home Evening		Yama 10:36AM – 12:13PM	Sadhya Until 8:06PM	Muruqa: Clear <i>Sunset:</i> 6:43PM		Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 Rahu 7:21AM – 8:59AM	Vanija Until 12:11PM	Nataraja: Orange		4th Phase
Until 10:44AM		Vaikuntha Ekadasi	Ekadashi Until 12:33AM Tue	Moon – White	Devaloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali		

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 6.5	Tithi 12	Gulika 12:14PM – 1:51PM	Krittika Until 11:45AM	Ganesha: Yellow <i>Sunrise:</i> 5:44AM		
		Yama 8:59AM – 10:36AM	Subha Until 7:13PM	Muruqa: Clear <i>Sunset:</i> 6:43PM		Moon 12 - Phase 37
	823623466	Rahu 3:29PM – 5:06PM	Bava Until 12:47PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day	
Until 11:45AM			Dvadashi Until 12:47AM Wed	Pausha-Markali		
Then Creative Work - Amrita Yoga						

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 19.49	Tithi 13	Gulika 10:37AM – 12:14PM	Rohini Until 12:22PM	Ganesha: White <i>Sunrise:</i> 5:45AM		
		Yama 7:22AM – 9:00AM	Sukla Until 5:44PM	Muruqa: Clear <i>Sunset:</i> 6:44PM		Moon 12 - Phase 37
	833623466	Rahu 12:14PM – 1:52PM	Kaulava Until 12:38PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga			Moon – Yellow	Bhuloka Day	
			Trayodashi Until 12:17AM Thu	Pausha-Markali	Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata</i>			

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.1	Tithi 14	Gulika 9:00AM – 10:37AM	Mrigashira Until 12:09PM	Ganesha: Yellow <i>Sunrise:</i> 5:45AM		
		Yama 5:45AM – 7:23AM	Brahma Until 3:44PM	Muruqa: Clear <i>Sunset:</i> 6:44PM		Moon 12 - Phase 37
	834623466	Rahu 1:52PM – 3:29PM	Gara Until 11:48AM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga			Moon – Yellow	Devaloka Day	
			Chaturdashi* Until 11:07PM	Pausha-Markali		

Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 7:23AM – 9:01AM	Ardra Until 11:10AM	Ganesha: Yellow <i>Sunrise:</i> 5:46AM		
Mithuna Rasi: 16.54	Tithi 15	Yama 3:30PM – 5:07PM	Indra Until 1:16PM	Muruqa: Clear <i>Sunset:</i> 6:44PM		Moon 12 - Phase 37
	834623466	Rahu 10:38AM – 12:15PM	Visti Until 10:19AM	Nataraja: Orange		Purnima
Creative Work	Siddha Yoga			Moon – Yellow	Devaloka Day	
		Penumbral Lunar Eclipse	Purnima* Until 9:22PM	Pausha-Markali		
		Ardra Darshanam				

Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 5:47AM – 7:24AM	Punarvasu Until 9:59AM	Ganesha: White <i>Sunrise:</i> 5:47AM		
Kataka Rasi: 0.58	Tithi 16	Yama 1:53PM – 3:30PM	Vaidhriti* Until 10:22AM	Muruqa: Clear <i>Sunset:</i> 6:44PM		Moon 12 - Phase 37
	844623466	Rahu 9:01AM – 10:38AM	Balava Until 8:20AM	Nataraja: Orange		Prathama
Creative Work	Siddha Yoga			Moon – Blue	Sivaloka Day	
			Prathama* Until 7:10PM	Pausha-Markali		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.17 Tithi 17 – 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*7Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:30PM – 5:07PM
Yama 12:16PM – 1:53PM
Rahu 5:07PM – 6:44PM

Pushya Until 8:17AM
Vishkambha* Until 7:12AM
Vanija Until 3:21AM Mon
Dvitiya Until 4:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sunrise: 5:47AM
Sunset: 6:44PM

Lusaka, Zambia
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 29.46 Tithi 18 – 19

844623466

Family Home Evening

Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:53PM – 3:30PM
Yama 10:39AM – 12:16PM
Rahu 7:25AM – 9:02AM

Ashlesha* Until 6:13AM
Ayushman Until 12:24AM Tue
Bava Until 12:39AM Tue
Tritiya Until 1:59PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sunrise: 5:48AM
Sunset: 6:44PM

Lusaka, Zambia
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.19 Tithi 19 – 20

854623466

Creative Work Siddha Yoga

Until 2:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:17PM – 1:54PM
Yama 9:02AM – 10:40AM
Rahu 3:31PM – 5:08PM

Purvaphalguni Until 2:23AM Wed
Saubhagya Until 8:58PM
Kaulava Until 9:57PM
Chaturthi* Until 11:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon – Red
Pausha-Thai

Sunrise: 5:48AM
Sunset: 6:45PM

Lusaka, Zambia
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 28.5 Tithi 20 – 21

854623466

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:40AM – 12:17PM
Yama 7:26AM – 9:03AM
Rahu 12:17PM – 1:54PM

Uttaraphalguni Until 12:26AM Thu
Sobhana Until 5:40PM
Gara Until 7:24PM
Panchami Until 8:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon – Red
Pausha-Thai

Sunrise: 5:49AM
Sunset: 6:45PM

Lusaka, Zambia
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.14 Tithi 21 – 22

864623466

Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 9:03AM – 10:40AM
Yama 5:50AM – 7:27AM
Rahu 1:54PM – 3:31PM

Hasta Until 11:00PM
Athiganda* Until 2:30PM
Bava Until 3:59AM Fri
Shashthi* Until 6:11AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 5:50AM
Sunset: 6:45PM

Lusaka, Zambia
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 27.27 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:27AM – 9:04AM
Yama 3:31PM – 5:08PM
Rahu 10:41AM – 12:18PM

Chitra Until 9:43PM
Sukarma Until 11:35AM
Balava Until 3:01PM
Ashtami* Until 2:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 5:50AM
Sunset: 6:45PM

Lusaka, Zambia
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 11.28 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 5:51AM – 7:28AM
Yama 1:55PM – 3:31PM
Rahu 9:04AM – 10:41AM

Svati Until 8:39PM
Dhriti Until 8:56AM
Tailila Until 1:19PM
Navami* Until 12:35AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 5:51AM
Sunset: 6:45PM

Lusaka, Zambia
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day


1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Dashamyam Titau				Lusaka, Zambia
	Tula Rasi: 25.15	Tithi 25	Gulika 3:32PM – 5:08PM	Vishakha Until 8:14PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Sun 8 Sutra 280
			Yama 12:18PM – 1:55PM	Shula* Until 6:33AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Vikarin 5121
	874623466	Rahu 5:08PM – 6:45PM		Vanija Until 11:58AM	Nataraja: Orange		Moon 1 - Phase 39
Routine Work	Marana Yoga		Dashami Until 11:26PM	Moon – Orange		2nd Phase	
				Pausha*Thai		Devaloka Day	

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia
	Vrischika Rasi: 8.49	Tithi 26	Gulika 1:55PM – 3:32PM	Anuradha Until 8:02PM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Sun 9 Sutra 281
	Family Home Evening		Yama 10:42AM – 12:18PM	Vriddhi Until 2:45AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Vikarin 5121
	874623466	Rahu 7:29AM – 9:05AM		Bava Until 11:01AM	Nataraja: Orange		Moon 1 - Phase 39
Creative Work	Siddha Yoga		Ekadashi* Until 10:40PM	Moon – Orange		2nd Phase	
				Pausha*Thai		Devaloka Day	

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Lusaka, Zambia
	Vrischika Rasi: 22.1	Tithi 27	Gulika 12:19PM – 1:55PM	Jyeshtha* Until 8:05PM	Ganesha: Purple	<i>Sunrise:</i> 5:52AM	Sun 10 Sutra 282
			Yama 9:06AM – 10:42AM	Dhruva Until 1:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Vikarin 5121
	875623466	Rahu 3:32PM – 5:08PM		Kaulava Until 10:27AM	Nataraja: Orange		Moon 1 - Phase 39
Routine Work	Marana Yoga		Dvadashi* Until 10:18PM	Moon – Orange		2nd Phase	
Until 8:05PM				Pausha*Thai		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia
	Dhanus Rasi: 5.18	Tithi 28	Gulika 10:43AM – 12:19PM	Mula* Until 8:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:53AM	Sun 11 Sutra 283
			Yama 7:30AM – 9:06AM	Vyaghata* Until 12:10AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Vikarin 5121
	885623466	Rahu 12:19PM – 1:55PM		Gara Until 10:18AM	Nataraja: Orange		Moon 1 - Phase 39
Routine Work	Marana Yoga		Trayodashi* Until 10:21PM	Moon – Light Blue		2nd Phase	
Until 8:51PM				Pausha*Thai		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia
	Dhanus Rasi: 18.14	Tithi 29	Gulika 9:06AM – 10:43AM	Purvashadha* Until 9:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:54AM	Sun 12 Sutra 284
			Yama 5:54AM – 7:30AM	Harshana Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Vikarin 5121
	885623466	Rahu 1:56PM – 3:32PM		Visti* Until 10:34AM	Nataraja: Orange		Moon 1 - Phase 39
Creative Work	Siddha Yoga		Chaturdashi* Until 10:50PM	Moon – Light Blue		2nd Phase	
Until 9:51PM				Pausha*Thai		Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM	

	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia
	Retreat Star		Gulika 7:30AM – 9:07AM	Uttarashadha Until 11:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:54AM	Sun 13 Sutra 285
	Makara Rasi: 0.57	Tithi 30	Yama 3:32PM – 5:08PM	Vajra* Until 10:54PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Vikarin 5121
	885623466	Rahu 10:43AM – 12:19PM		Catuspada Until 11:15AM	Nataraja: Orange		Moon 1 - Phase 39
Routine Work	Marana Yoga		Amavasya* Until 11:44PM	Moon – Light Blue		Amavasya	
				Pausha*Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Retreat Star	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Lusaka, Zambia
	Makara Rasi: 13.28	Tithi 1	Gulika 5:55AM – 7:31AM	Shravana Until 1:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:55AM	Sun 14 Sutra 286
			Yama 1:56PM – 3:32PM	Siddhi Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Vikarin 5121
	995623466	Rahu 9:07AM – 10:43AM		Kintughna Until 12:23PM	Nataraja: Orange		Moon 1 - Phase 39
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sun	Moon – Purple		Prathama	
Until 1:08AM Sun				Magha*Thai		Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 25.49	Tithi 2	Gulika 3:32PM – 5:08PM	Dhanishtha Until 3:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:55AM			
		Yama 12:20PM – 1:56PM	Vyatipata* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM		Moon 1 - Phase 40	
		995723466 Rahu 5:08PM – 6:45PM	Balava Until 1:56PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 2:50AM Mon	Moon – Purple				Devaloka Day
Until 3:21AM Mon				Magha-Thai				
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Lusaka, Zambia Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 7.59	Tithi 3	Gulika 1:56PM – 3:32PM	Shatabhishak Until 5:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:56AM			
Family Home Evening		Yama 10:44AM – 12:20PM	Variyan Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 7:32AM – 9:08AM	Taitila Until 3:52PM	Nataraja: Orange			3rd Phase	
Until 5:45AM Tue			Tritiya Until 4:56AM Tue	Moon – Purple				Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai				

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija Karana Chalurthyam Titau				Lusaka, Zambia Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 20.02	Tithi 4	Gulika 12:20PM – 1:56PM	Purvaprossthapada* Until 8:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:56AM			
		Yama 9:08AM – 10:44AM	Parigha* Until 12:02AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:44PM		Moon 1 - Phase 40	
		915723466 Rahu 3:32PM – 5:08PM	Vanija Until 6:06PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 7:18AM Wed	Moon – Clear				Sivaloka Day
Until 8:44AM Wed				Magha-Thai				
Then Creative Work - Siddha Yoga								

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*Uttaraprossthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 1.58	Tithi 4 – 5	Gulika 10:45AM – 12:20PM	Purvaprossthapada* Until 8:44AM	Ganesha: Green	<i>Sunrise:</i> 5:57AM			
		Yama 7:33AM – 9:09AM	Shiva Until 12:51AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:44PM		Moon 1 - Phase 40	
		915723466 Rahu 12:20PM – 1:56PM	Bava Until 8:34PM	Nataraja: Orange			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 7:18AM	Moon – Clear				Sivaloka Day
Until 8:44AM				Magha-Thai				
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lusaka, Zambia Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 13.51	Tithi 5 – 6	Gulika 9:09AM – 10:45AM	Uttaraprossthapada Until 11:41AM	Ganesha: Green	<i>Sunrise:</i> 5:57AM			
		Yama 5:57AM – 7:33AM	Siddha Until 1:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:44PM		Moon 1 - Phase 40	
		915723466 Rahu 1:56PM – 3:32PM	Kaulava Until 11:06PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 9:49AM	Moon – Clear				Sivaloka Day
Until 2:26PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lusaka, Zambia Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 25.43	Tithi 6 – 7	Gulika 7:33AM – 9:09AM	Revati Until 2:26PM	Ganesha: Orange	<i>Sunrise:</i> 5:58AM			
		Yama 3:32PM – 5:08PM	Sadhya Until 2:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:44PM		Moon 1 - Phase 40	
		916723466 Rahu 10:45AM – 12:21PM	Gara Until 1:32AM Sat	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 12:19PM	Moon – Clear				Devaloka Day
Until 2:26PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 7.39	Tithi 7 – 8	Gulika 5:58AM – 7:33AM	Ashvini Until 5:20PM	Ganesha: Green	<i>Sunrise:</i> 5:58AM			
		Yama 1:57PM – 3:32PM	Subha Until 2:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:44PM		Moon 1 - Phase 40	
		926723466 Rahu 9:09AM – 10:45AM	Vistil Until 3:40AM Sun	Nataraja: Orange			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:38PM	Moon – White				Bhuloka Day
Until 7:39PM				Magha-Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 19.43	Tithi 8 – 9	Gulika 3:32PM – 5:08PM	Bharani Until 7:39PM	Ganesha: Green	<i>Sunrise:</i> 5:58AM			
		Yama 12:21PM – 1:57PM	Sukla Until 3:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:44PM		Moon 1 - Phase 40	
		926723466 Rahu 5:08PM – 6:44PM	Balava Until 5:18AM Mon	Nataraja: Orange			Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 4:32PM	Moon – White				Bhuloka Day
Until 7:39PM				Magha-Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								


Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 23 Sutra 295 Vikarin 5121	
1		Gulika 1:57PM – 3:32PM	Krittika Until 9:12PM	Ganesha: Green	<i>Sunrise:</i> 5:59AM
Vrishabha Rasi: 1.59	Tithi 9 – 10	Yama 10:45AM – 12:21PM	Brahma Until 2:42AM Tue	Muruḡa: Clear	<i>Sunset:</i> 6:43PM
Family Home Evening	926723466	Rahu 7:34AM – 9:10AM	Taitila Until 6:13AM Tue	Nataraja: Orange	Moon 1 - Phase 41
Routine Work Marana Yoga			Navami* Until 5:50PM	Moon – White	4th Phase
Until 9:12PM				Magha*Thai	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM


Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Lusaka, Zambia Sun 24 Sutra 296 Vikarin 5121	
2		Gulika 12:21PM – 1:57PM	Rohini Until 10:20PM	Ganesha: Red	<i>Sunrise:</i> 5:59AM
Vrishabha Rasi: 14.33	Tithi 10	Yama 9:10AM – 10:46AM	Indra Until 1:44AM Wed	Muruḡa: Clear	<i>Sunset:</i> 6:43PM
	936723467	Rahu 3:32PM – 5:08PM	Taitila Until 6:13AM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Amrita Yoga			Dashami Until 6:21PM	Moon – Yellow	4th Phase
Until 10:20PM				Magha*Thai	Devaloka Day
Then Creative Work - Siddha Yoga					

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Ekadashyam Titau		Lusaka, Zambia Sun 25 Sutra 297 Vikarin 5121	
3		Gulika 10:46AM – 12:21PM	Mrigashira Until 10:29PM	Ganesha: Red	<i>Sunrise:</i> 6:00AM
Vrishabha Rasi: 27.31	Tithi 11	Yama 7:35AM – 9:10AM	Vaidhriti* Until 12:05AM Thu	Muruḡa: Clear	<i>Sunset:</i> 6:43PM
	936723467	Rahu 12:21PM – 1:57PM	Vanija Until 6:19AM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Ekadashi Until 6:02PM	Moon – Yellow	4th Phase
				Magha*Thai	Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 26 Sutra 298 Vikarin 5121	
4		Gulika 9:11AM – 10:46AM	Ardra Until 9:41PM	Ganesha: Red	<i>Sunrise:</i> 6:00AM
Mithuna Rasi: 10.54	Tithi 12 – 13	Yama 6:00AM – 7:35AM	Vishkambha* Until 9:48PM	Muruḡa: Clear	<i>Sunset:</i> 6:43PM
	936723467	Rahu 1:57PM – 3:32PM	Kaulava Until 4:03AM Fri	Nataraja: Clear	Moon 1 - Phase 41
Routine Work Marana Yoga			Dvadashi Until 4:54PM	Moon – Yellow	4th Phase
Until 9:41PM				Magha*Thai	Devaloka Day
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 27 Sutra 299 Vikarin 5121	
5		Gulika 7:36AM – 9:11AM	Punarvasu Until 8:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM
Mithuna Rasi: 24.46	Tithi 13 – 14	Yama 3:32PM – 5:07PM	Priti Until 6:57PM	Muruḡa: Clear	<i>Sunset:</i> 6:42PM
	947723467	Rahu 10:46AM – 12:21PM	Gara Until 1:50AM Sat	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Trayodashi Until 3:00PM	Moon – Blue	4th Phase
Until 8:28PM				Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau		Lusaka, Zambia Sutra 300 Vikarin 5121	
	Copper Retreat Star	Gulika 6:01AM – 7:36AM	Pushya Until 6:31PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM
Kataka Rasi: 9.03	Tithi 14 – 15	Yama 1:57PM – 3:32PM	Ayushman Until 3:36PM	Muruḡa: Clear	<i>Sunset:</i> 6:42PM
	947723467	Rahu 9:11AM – 10:46AM	Visiti Until 11:03PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Chaturdashi* Until 12:29PM	Moon – Blue	Purnima
Until 6:31PM		Thai Pusam		Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lusaka, Zambia Sutra 301 Vikarin 5121	
	Silver Retreat Star	Gulika 3:32PM – 5:07PM	Ashlesha* Until 4:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM
Kataka Rasi: 23.42	Tithi 15 – 16	Yama 12:21PM – 1:56PM	Saubhagya Until 11:54AM	Muruḡa: Clear	<i>Sunset:</i> 6:42PM
	947723467	Rahu 5:07PM – 6:42PM	Balava Until 7:54PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Purnima* Until 9:30AM	Moon – Blue	Prathama
Until 4:01PM				Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9 Tithi 16 - 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 1:33PM

Then Creative Work - Siddha Yoga

Gulika 1:56PM - 3:31PM

Yama 10:47AM - 12:21PM

Rahu 7:37AM - 9:12AM

Magha* Until 1:33PM

Sobhana Until 7:59AM

Gara Until 2:47AM Tue

Prathama* Until 6:13AM

Ganesha: Red Sunrise: 6:02AM

Muruqa: Clear Sunset: 6:41PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 23.37 Tithi 18

Creative Work Siddha Yoga

Until 10:52AM

Then Creative Work - Amrita Yoga

Gulika 12:21PM - 1:56PM

Yama 9:12AM - 10:47AM

Rahu 3:31PM - 5:06PM

Purvaphalguni Until 10:52AM

Sukarma Until 11:57PM

Vanija Until 1:06PM

Tritiya Until 11:24PM

Ganesha: Red Sunrise: 6:02AM

Muruqa: Clear Sunset: 6:41PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 8.35 Tithi 19

Creative Work Amrita Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Gulika 10:47AM - 12:21PM

Yama 7:37AM - 9:12AM

Rahu 12:21PM - 1:56PM

Uttaraphalguni Until 8:08AM

Dhriti Until 8:07PM

Bava Until 9:47AM

Chaturthi* Until 8:11PM

Ganesha: Red Sunrise: 6:03AM

Muruqa: Clear Sunset: 6:40PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.22 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 9:12AM - 10:47AM

Yama 6:03AM - 7:38AM

Rahu 1:56PM - 3:31PM

Chitra Until 3:58AM Fri

Shula* Until 4:32PM

Kaulava Until 6:43AM

Panchami Until 5:19PM

Ganesha: Green Sunrise: 6:03AM

Muruqa: Clear Sunset: 6:40PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 7.52 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 7:38AM - 9:12AM

Yama 3:31PM - 5:05PM

Rahu 10:47AM - 12:21PM

Svati Until 2:23AM Sat

Ganda* Until 1:20PM

Visti Until 1:54AM Sat

Shashthi* Until 2:53PM

Ganesha: White Sunrise: 6:03AM

Muruqa: Clear Sunset: 6:40PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.01 Tithi 22 - 23

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

Gulika 6:04AM - 7:38AM

Yama 1:56PM - 3:30PM

Rahu 9:13AM - 10:47AM

Vishakha Until 1:39AM Sun

Vridhi Until 10:35AM

Balava Until 12:19AM Sun

Saptami Until 1:01PM

Ganesha: Clear Sunrise: 6:04AM

Muruqa: Clear Sunset: 6:39PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 5.47 Tithi 23 - 24

Routine Work Marana Yoga

Until 1:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:30PM - 5:04PM

Yama 12:21PM - 1:56PM

Rahu 5:04PM - 6:39PM

Anuradha Until 1:23AM Mon

Dhruva Until 8:17AM

Taitila Until 11:22PM

Ashtami* Until 11:44AM

Ganesha: Clear Sunrise: 6:04AM

Muruqa: Clear Sunset: 6:39PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 7 Sutra 309 Vikarin 5121
1		Gulika 1:56PM – 3:30PM	Jyeshtha* Until 1:33AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:04AM
Vrischika Rasi: 19.13	Tithi 24 – 25	Yama 10:47AM – 12:21PM	Vyaghata* Until 6:30AM	Muruqa: Clear <i>Sunset:</i> 6:38PM
Family Home Evening	978723467	Rahu 7:39AM – 9:13AM	Vanija Until 11:01PM	Nataraja: Clear
Creative Work Siddha Yoga			Navami* Until 11:06AM	Moon – Orange
Until 1:33AM Tue				Devaloka Day
Then Creative Work - Amrita Yoga				Magha-Masi

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau		Lusaka, Zambia Sun 8 Sutra 310 Vikarin 5121
2		Gulika 12:21PM – 1:55PM	Mula* Until 2:36AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:05AM
Dhanus Rasi: 2.19	Tithi 25 – 26	Yama 9:13AM – 10:47AM	Vajra* Until 4:19AM Wed	Muruqa: Clear <i>Sunset:</i> 6:38PM
	988723467	Rahu 3:29PM – 5:04PM	Bava Until 11:16PM	Nataraja: Clear
Creative Work Amrita Yoga			Dashami Until 11:03AM	Moon – Light Blue
				Bhuloka Day
				Devaloka Time: 3:PM to 6:PM
				Magha-Masi

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 9 Sutra 311 Vikarin 5121
3		Gulika 10:47AM – 12:21PM	Purvashadha* Until 3:58AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:05AM
Dhanus Rasi: 15.07	Tithi 26 – 27	Yama 7:39AM – 9:13AM	Siddhi Until 3:49AM Thu	Muruqa: Clear <i>Sunset:</i> 6:37PM
	988723467	Rahu 12:21PM – 1:55PM	Kaulava Until 12:01AM Thu	Nataraja: Clear
Creative Work Amrita Yoga			Ekadashi* Until 11:34AM	Moon – Light Blue
Until 3:58AM Thu				Bhuloka Day
Then Routine Work - Marana Yoga				Devaloka Time: 3:PM to 6:PM
				Magha-Masi

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 10 Sutra 312 Vikarin 5121
4		Gulika 9:13AM – 10:47AM	Uttarashadha Until 5:35AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:05AM
Dhanus Rasi: 27.43	Tithi 27 – 28	Yama 6:05AM – 7:39AM	Vyatipata* Until 3:40AM Fri	Muruqa: Clear <i>Sunset:</i> 6:37PM
	989823467	Rahu 1:55PM – 3:29PM	Gara Until 1:12AM Fri	Nataraja: Clear
Routine Work Marana Yoga			Dvadashi* Until 12:32PM	Moon – Light Blue
				Bhuloka Day
				Devaloka Time: 3:PM to 6:PM
				Magha-Masi
				<i>Pradosha Vrata (Fasting)</i>

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 11 Sutra 313 Vikarin 5121
5		Gulika 7:39AM – 9:13AM	Shravana Until 7:52AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM
Makara Rasi: 10.07	Tithi 28 – 29	Yama 3:29PM – 5:02PM	Varyan Until 3:45AM Sat	Muruqa: Clear <i>Sunset:</i> 6:36PM
	999823467	Rahu 10:47AM – 12:21PM	Vistii Until 2:45AM Sat	Nataraja: Clear
Routine Work Marana Yoga			Trayodashi* Until 1:55PM	Moon – Purple
Until 7:52AM Sat				Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)		Magha-Masi

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 12 Sutra 314 Vikarin 5121
6		Gulika 6:06AM – 7:40AM	Shravana Until 7:52AM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM
Makara Rasi: 22.22	Tithi 29 – 30	Yama 1:55PM – 3:28PM	Parigha* Until 4:04AM Sun	Muruqa: Clear <i>Sunset:</i> 6:36PM
	999823467	Rahu 9:13AM – 10:47AM	Catuspada Until 4:36AM Sun	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 3:37PM	Moon – Purple
				Bhuloka Day
				Devaloka Time: 3:PM to 6:PM
				Magha-Masi

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lusaka, Zambia Sun 13 Sutra 315 Vikarin 5121
Retreat Star		Gulika 3:28PM – 5:02PM	Dhanishtha Until 10:16AM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM
Kumbha Rasi: 4.31	Tithi 30 – 1	Yama 12:21PM – 1:54PM	Shiva Until 4:36AM Mon	Muruqa: Clear <i>Sunset:</i> 6:35PM
	999823467	Rahu 5:02PM – 6:35PM	Kintughna Until 6:42AM Mon	Nataraja: Clear
Routine Work Marana Yoga			Amavasya* Until 5:36PM	Moon – Purple
Until 10:16AM				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM
				Magha-Masi

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosrothapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 316 Vikarin 5121
Retreat Star		Gulika 1:54PM – 3:28PM	Shatabhishak Until 12:43PM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM
Kumbha Rasi: 16.33	Tithi 1	Yama 10:47AM – 12:21PM	Siddha Until 5:15AM Tue	Muruqa: Clear <i>Sunset:</i> 6:35PM
Family Home Evening	999823467	Rahu 7:40AM – 9:14AM	Kintughna Until 6:42AM	Nataraja: Clear
Creative Work Siddha Yoga			Prathama* Until 7:48PM	Moon – Purple
Until 12:43PM				Bhuloka Day
Then Routine Work - Marana Yoga				Devaloka Time: 3:PM to 6:PM
				Phalgun-Masi

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtpada/Uttaraproshtpada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau	Lusaka, Zambia Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 28.31	Tithi 2	Gulika 12:20PM – 1:54PM	Purvaproshtpada* Until 3:41PM	Ganesha: Orange <i>Sunrise: 6:07AM</i>	
		Yama 9:14AM – 10:47AM	Sadhya Until 6:02AM Wed	Muruqa: Clear <i>Sunset: 6:34PM</i>	Moon 2 - Phase 44
		919823467 Rahu 3:27PM – 5:01PM	Balava Until 9:00AM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:11PM	Moon – Clear	Devaloka Day
Until 3:41PM				Phalguna-Masi	
Then Creative Work - Amrita Yoga					
2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trilyayam Titau	Lusaka, Zambia Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 10.25	Tithi 3	Gulika 10:47AM – 12:20PM	Uttaraproshtpada Until 6:36PM	Ganesha: Orange <i>Sunrise: 6:07AM</i>	
		Yama 7:40AM – 9:14AM	Sadhya Until 6:02AM	Muruqa: Clear <i>Sunset: 6:33PM</i>	Moon 2 - Phase 44
		919823467 Rahu 12:20PM – 1:54PM	Taitila Until 11:27AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:41AM Thu	Moon – Clear	Devaloka Day
Until 6:36PM				Phalguna-Masi	
Then Routine Work - Marana Yoga					
3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Chaturtham Titau	Lusaka, Zambia Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 22.17	Tithi 4	Gulika 9:14AM – 10:47AM	Revati Until 9:25PM	Ganesha: Orange <i>Sunrise: 6:07AM</i>	
		Yama 6:07AM – 7:40AM	Subha Until 6:55AM	Muruqa: Clear <i>Sunset: 6:33PM</i>	Moon 2 - Phase 44
		919823467 Rahu 1:53PM – 3:26PM	Vanija Until 1:58PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:12AM Fri	Moon – Clear	Devaloka Day
Until 9:25PM				Phalguna-Masi	
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day				
4		Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau	Lusaka, Zambia Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 4.09	Tithi 5	Gulika 7:41AM – 9:14AM	Ashvini Until 12:29AM Sat	Ganesha: Purple <i>Sunrise: 6:08AM</i>	
		Yama 3:26PM – 4:59PM	Sukla Until 7:45AM	Muruqa: Clear <i>Sunset: 6:32PM</i>	Moon 2 - Phase 44
		921823467 Rahu 10:47AM – 12:20PM	Bava Until 4:27PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 5:37AM Sat	Moon – White	Bhuloka Day
Until 12:29AM Sat				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					
5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava Karana Shashtham Titau	Lusaka, Zambia Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 16.04	Tithi 6	Gulika 6:08AM – 7:41AM	Bharani Until 3:10AM Sun	Ganesha: Purple <i>Sunrise: 6:08AM</i>	
		Yama 1:53PM – 3:26PM	Brahma Until 8:31AM	Muruqa: Clear <i>Sunset: 6:32PM</i>	Moon 2 - Phase 44
		921823467 Rahu 9:14AM – 10:47AM	Kaulava Until 6:45PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:45AM Sun	Moon – White	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Lusaka, Zambia Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 28.05	Tithi 6 – 7	Gulika 3:25PM – 4:58PM	Krittika Until 5:16AM Mon	Ganesha: Purple <i>Sunrise: 6:08AM</i>	
		Yama 12:19PM – 1:52PM	Indra Until 9:05AM	Muruqa: Orange <i>Sunset: 6:30PM</i>	Moon 2 - Phase 44
		921833467 Rahu 4:58PM – 6:30PM	Gara Until 8:41PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:45AM	Moon – White	Bhuloka Day
Until 5:16AM Mon				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					
Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau	Lusaka, Zambia Sun 21 Sutra 323 Vikarin 5121
Vrshabha Rasi: 10.17	Tithi 7 – 8	Gulika 1:52PM – 3:24PM	Rohini Until 7:04AM Tue	Ganesha: Clear <i>Sunrise: 6:08AM</i>	
Family Home Evening		Yama 10:46AM – 12:19PM	Vaidhriti* Until 9:14AM	Muruqa: Orange <i>Sunset: 6:30PM</i>	Moon 2 - Phase 44
Creative Work	Amrita Yoga	931833467 Rahu 7:41AM – 9:14AM	Visiti Until 10:01PM	Nataraja: Clear	Ashtami
Until 7:04AM Tue			Saptami Until 9:25AM	Moon – Yellow	Devaloka Day
Then Creative Work - Siddha Yoga				Phalguna-Masi	
Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Lusaka, Zambia Sun 22 Sutra 324 Vikarin 5121
Vrshabha Rasi: 22.46	Tithi 8 – 9	Gulika 12:19PM – 1:51PM	Rohini Until 7:04AM	Ganesha: Clear <i>Sunrise: 6:09AM</i>	
		Yama 9:14AM – 10:46AM	Vishkambha* Until 8:54AM	Muruqa: Orange <i>Sunset: 6:29PM</i>	Moon 2 - Phase 44
		931833467 Rahu 3:24PM – 4:57PM	Balava Until 10:36PM	Nataraja: Clear	Navami
Creative Work	Amrita Yoga		Ashtami* Until 10:23AM	Moon – Yellow	Devaloka Day
Until 7:04AM				Phalguna-Masi	
Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 23 Sutra 325	
Mithuna Rasi: 5.37	Tithi 9 – 10	Gulika 10:46AM – 12:19PM	Mrigashira Until 7:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	Vikarin 5121	
		Yama 7:41AM – 9:14AM	Priti Until 7:57AM	Muruqa: Orange	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 45	
931833467	Rahu 12:19PM – 1:51PM		Taitila Until 10:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 10:33AM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lusaka, Zambia Sun 24 Sutra 326	
Mithuna Rasi: 18.54	Tithi 10 – 11	Gulika 9:14AM – 10:46AM	Ardra Until 7:47AM	Ganesha: Red	<i>Sunrise:</i> 6:09AM	Vikarin 5121	
		Yama 6:09AM – 7:41AM	Ayushman Until 6:18AM	Muruqa: Orange	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 45	
131833467	Rahu 1:51PM – 3:23PM		Vanija Until 9:09PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 9:49AM	Moon – Yellow		Devaloka Day	
Until 7:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 25 Sutra 327	
Kataka Rasi: 2.41	Tithi 11 – 12	Gulika 7:41AM – 9:14AM	Punarvasu Until 7:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:09AM	Vikarin 5121	
		Yama 3:23PM – 4:55PM	Sobhana Until 1:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 45	
141833467	Rahu 10:46AM – 12:18PM		Bava Until 7:10PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:14AM	Moon – Blue		Bhuloka Day	
Until 7:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Lusaka, Zambia Sun 26 Sutra 328	
Kataka Rasi: 16.58	Tithi 13	Gulika 6:09AM – 7:42AM	Ashlesha* Until 3:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:09AM	Vikarin 5121	
		Yama 1:50PM – 3:22PM	Athiganda* Until 9:29PM	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 45	
141833467	Rahu 9:14AM – 10:46AM		Kaulava Until 4:29PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 2:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Lusaka, Zambia Sun 27 Sutra 329	
Simha Rasi: 1.42	Tithi 14	Gulika 3:22PM – 4:54PM	Magha* Until 12:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	Vikarin 5121	
		Yama 12:18PM – 1:50PM	Sukarma Until 5:34PM	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 45	
151833467	Rahu 4:54PM – 6:26PM		Gara Until 1:15PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 11:27PM	Moon – Red		Devaloka Day	
Until 12:33AM Mon		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Lusaka, Zambia Sutra 330	
Copper Retreat Star		Gulika 1:49PM – 3:21PM	Purvaphalguni Until 9:34PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Vikarin 5121	
Simha Rasi: 16.46	Tithi 15	Yama 10:45AM – 12:17PM	Dhriti Until 1:23PM	Muruqa: Orange	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 7:42AM – 9:14AM	Visti Until 9:38AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 7:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Lusaka, Zambia Sutra 331	
Silver Retreat Star		Gulika 12:17PM – 1:49PM	Uttaraphalguni Until 6:22PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Vikarin 5121	
Kanya Rasi: 2.01	Tithi 16 – 17	Yama 9:14AM – 10:45AM	Shula* Until 9:01AM	Muruqa: Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
152833467	Rahu 3:21PM – 4:53PM		Taitila Until 1:59AM Wed	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 3:53PM	Moon – Red		Sivaloka Day	
Until 6:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.17 Tithi 17 - 18

Gulika 10:45AM - 12:17PM
Yama 7:42AM - 9:13AM
Rahu 12:17PM - 1:49PM

Hasta Until 3:31PM
Vriddhi Until 12:31AM Thu
Vanija Until 10:18PM
Dvitiya Until 12:06PM

Ganesha: Clear Sunrise: 6:10AM
Muruga: Orange Sunset: 6:24PM
Nataraja: Clear

Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 3:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Lusaka, Zambia

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 2.25 Tithi 18 - 19

Gulika 9:13AM - 10:45AM
Yama 6:10AM - 7:42AM
Rahu 1:48PM - 3:20PM

Chitra Until 12:49PM
Dhruva Until 8:36PM
Bava Until 6:57PM
Tritiya Until 8:33AM

Ganesha: Clear Sunrise: 6:10AM
Muruga: Orange Sunset: 6:23PM
Nataraja: Clear

Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.14 Tithi 20

Gulika 7:42AM - 9:13AM
Yama 3:19PM - 4:51PM
Rahu 10:45AM - 12:16PM

Svati Until 10:24AM
Vyaghata* Until 5:06PM
Kaulava Until 4:04PM
Panchami Until 2:50AM Sat

Ganesha: Clear Sunrise: 6:10AM
Muruga: Orange Sunset: 6:22PM
Nataraja: Clear

Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.38 Tithi 21

Gulika 6:11AM - 7:42AM
Yama 1:47PM - 3:19PM
Rahu 9:13AM - 10:45AM

Vishakha Until 8:51AM
Harshana Until 2:08PM
Gara Until 1:49PM
Shashthi* Until 12:56AM Sun

Ganesha: Purple Sunrise: 6:11AM
Muruga: Orange Sunset: 6:21PM
Nataraja: Clear

Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.35 Tithi 22

Gulika 3:18PM - 4:50PM
Yama 12:16PM - 1:47PM
Rahu 4:50PM - 6:21PM

Anuradha Until 7:52AM
Vajra* Until 11:44AM
Visti Until 12:17PM
Saptami Until 11:48PM

Ganesha: Purple Sunrise: 6:11AM
Muruga: Orange Sunset: 6:21PM
Nataraja: Purple

Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.04 Tithi 23

Gulika 1:47PM - 3:18PM
Yama 10:44AM - 12:15PM
Rahu 7:42AM - 9:13AM

Jyeshtha* Until 7:31AM
Siddhi Until 9:58AM
Balava Until 11:33AM
Ashtami* Until 11:28PM

Ganesha: Clear Sunrise: 6:11AM
Muruga: Orange Sunset: 6:20PM
Nataraja: Purple

Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata*/Vriyan Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.08 Tithi 24

Gulika 12:15PM - 1:46PM
Yama 9:13AM - 10:44AM
Rahu 3:17PM - 4:48PM

Mula* Until 8:13AM
Vyatipata* Until 8:50AM
Taitila Until 11:36AM
Navami* Until 11:52PM

Ganesha: Purple Sunrise: 6:11AM
Muruga: Orange Sunset: 6:19PM
Nataraja: Purple

Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 8:13AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 339	
Dhanus Rasi: 24.5	Tithi 25	Gulika 10:44AM – 12:15PM	Purvashadha* Until 9:29AM	Ganesha: Purple	<i>Sunrise:</i> 6:11AM		Vikarin 5121
		Yama 7:42AM – 9:13AM	Variyan Until 8:14AM	Muruqa: Orange	<i>Sunset:</i> 6:19PM		Moon 3 - Phase 47
182933468	Rahu 12:15PM – 1:46PM		Vanija Until 12:21PM	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 12:57AM Thu	Moon – Light Blue		Devaloka Day	
				Phalguna-Panguni			

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Lusaka, Zambia Sun 9 Sutra 340	
Makara Rasi: 7.16	Tithi 26	Gulika 9:13AM – 10:44AM	Uttarashadha Until 11:10AM	Ganesha: Purple	<i>Sunrise:</i> 6:11AM		Vikarin 5121
		Yama 6:11AM – 7:42AM	Parigha* Until 8:07AM	Muruqa: Orange	<i>Sunset:</i> 6:18PM		Moon 3 - Phase 47
182933468	Rahu 1:45PM – 3:16PM		Bava Until 1:42PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 2:32AM Fri	Moon – Light Blue		Devaloka Day	
Until 11:10AM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lusaka, Zambia Sun 10 Sutra 341	
Makara Rasi: 19.29	Tithi 27	Gulika 7:42AM – 9:13AM	Shravana Until 1:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM		Vikarin 5121
		Yama 3:16PM – 4:46PM	Shiva Until 8:23AM	Muruqa: Orange	<i>Sunset:</i> 6:17PM		Moon 3 - Phase 47
192933468	Rahu 10:44AM – 12:14PM		Kaulava Until 3:30PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 4:29AM Sat	Moon – Purple		Sivaloka Day	
Until 1:37PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 342	
Kumbha Rasi: 1.33	Tithi 28	Gulika 6:12AM – 7:42AM	Dhanishtha Until 4:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM		Vikarin 5121
		Yama 1:45PM – 3:15PM	Siddha Until 8:53AM	Muruqa: Orange	<i>Sunset:</i> 6:16PM		Moon 3 - Phase 47
192933468	Rahu 9:13AM – 10:43AM		Gara Until 5:36PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM Sun	Moon – Purple		Sivaloka Day	
Until 4:12PM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 343	
Kumbha Rasi: 13.32	Tithi 28 – 29	Gulika 3:15PM – 4:45PM	Shatabhishak Until 6:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM		Vikarin 5121
		Yama 12:14PM – 1:44PM	Sadhya Until 9:34AM	Muruqa: Orange	<i>Sunset:</i> 6:16PM		Moon 3 - Phase 47
192933468	Rahu 4:45PM – 6:16PM		Visti Until 7:53PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM	Moon – Purple		Sivaloka Day	
				Phalguna-Panguni			

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 344	
Kumbha Rasi: 25.28	Tithi 29 – 30	Gulika 1:44PM – 3:14PM	Purvaproshtapada* Until 9:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		Vikarin 5121
Family Home Evening	113933468	Yama 10:43AM – 12:13PM	Subha Until 10:22AM	Muruqa: Orange	<i>Sunset:</i> 6:15PM		Moon 3 - Phase 47
Routine Work	Marana Yoga	Rahu 7:42AM – 9:13AM	Catuspada Until 10:17PM	Nataraja: Purple			Amavasya
Until 9:51PM			Chaturdashi* Until 9:03AM	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Panguni			

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 345	
Meena Rasi: 7.21	Tithi 30 – 1	Gulika 12:13PM – 1:43PM	Uttaraproshtapada Until 12:47AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		Vikarin 5121
		Yama 9:13AM – 10:43AM	Sukla Until 11:12AM	Muruqa: Orange	<i>Sunset:</i> 6:14PM		Moon 3 - Phase 47
113933468	Rahu 3:14PM – 4:44PM		Kintughna Until 12:43AM Wed	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Amavasya* Until 11:28AM	Moon – Clear		Sivaloka Day	
Until 12:47AM Wed		Yugadhi		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lusaka, Zambia Sun 15 Sutra 346	
Meena Rasi: 19.14	Tithi 1 – 2	113933468	Gulika 10:43AM – 12:13PM Yama 7:42AM – 9:12AM Rahu 12:13PM – 1:43PM	Revati Until 3:33AM Thu Brahma Until 12:04PM Balava Until 3:10AM Thu Prathama* Until 1:55PM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear	Sunrise: 6:12AM Sunset: 6:13PM	Moon 3 - Phase 48 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 3:33AM Thu Then Creative Work - Amrita Yoga				Chaitra•Panguni			

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 347	
Mesha Rasi: 1.07	Tithi 2 – 3	123933468	Gulika 9:12AM – 10:42AM Yama 6:12AM – 7:42AM Rahu 1:43PM – 3:13PM	Ashvini Until 6:36AM Fri Indra Until 12:55PM Taitila Until 5:33AM Fri Dvitiya Until 4:21PM	Ganesha: Red Muruqa: Orange Nataraja: Purple Moon – White	Sunrise: 6:12AM Sunset: 6:13PM	Moon 3 - Phase 48 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 6:36AM Fri Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi		Chaitra•Panguni			

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Tritiyayam Titau		Lusaka, Zambia Sun 17 Sutra 348	
Mesha Rasi: 13.02	Tithi 3	123933468	Gulika 7:42AM – 9:12AM Yama 3:12PM – 4:42PM Rahu 10:42AM – 12:12PM	Ashvini Until 6:36AM Vaidhriti* Until 1:41PM Gara Until 6:40PM Tritiya Until 6:40PM	Ganesha: Red Muruqa: Orange Nataraja: Purple Moon – White	Sunrise: 6:12AM Sunset: 6:12PM	Moon 3 - Phase 48 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 6:36AM Then Creative Work - Siddha Yoga				Chaitra•Panguni			

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau		Lusaka, Zambia Sun 18 Sutra 349	
Mesha Rasi: 24.59	Tithi 4	123933468	Gulika 6:12AM – 7:42AM Yama 1:42PM – 3:12PM Rahu 9:12AM – 10:42AM	Bharani Until 9:19AM Vishkambha* Until 2:20PM Vanija Until 7:47AM Chaturthi* Until 8:47PM	Ganesha: Red Muruqa: Orange Nataraja: Purple Moon – White	Sunrise: 6:12AM Sunset: 6:11PM	Moon 3 - Phase 48 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 9:19AM Then Creative Work - Amrita Yoga				Chaitra•Panguni			

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Lusaka, Zambia Sun 19 Sutra 350	
Vrishabha Rasi: 7.04	Tithi 5	123933468	Gulika 3:11PM – 4:41PM Yama 12:12PM – 1:41PM Rahu 4:41PM – 6:11PM	Krittika Until 11:37AM Priti Until 2:46PM Bava Until 9:44AM Panchami Until 10:33PM	Ganesha: Red Muruqa: Orange Nataraja: Purple Moon – White	Sunrise: 6:13AM Sunset: 6:11PM	Moon 3 - Phase 48 3rd Phase Sivaloka Day
Creative Work Siddha Yoga				Chaitra•Panguni			

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Lusaka, Zambia Sun 20 Sutra 351	
Vrishabha Rasi: 19.17	Tithi 6	133933468	Gulika 1:41PM – 3:11PM Yama 10:42AM – 12:11PM Rahu 7:42AM – 9:12AM	Rohini Until 1:50PM Ayushman Until 2:50PM Kaulava Until 11:16AM Shashthi* Until 11:49PM	Ganesha: Blue Muruqa: Orange Nataraja: Purple Moon – Yellow	Sunrise: 6:13AM Sunset: 6:10PM	Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day
Family Home Evening Creative Work Amrita Yoga				Chaitra•Panguni			

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Lusaka, Zambia Sun 21 Sutra 352	
Mithuna Rasi: 1.45	Tithi 7	133933468	Gulika 12:11PM – 1:40PM Yama 9:12AM – 10:41AM Rahu 3:10PM – 4:40PM	Mrigashira Until 3:17PM Saubhagya Until 2:26PM Gara Until 12:13PM Saptami Until 12:25AM Wed	Ganesha: Blue Muruqa: Orange Nataraja: Purple Moon – Yellow	Sunrise: 6:13AM Sunset: 6:09PM	Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 3:17PM Then Routine Work - Marana Yoga				Chaitra•Panguni			

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Lusaka, Zambia Sun 22 Sutra 353	
Mithuna Rasi: 14.32	Tithi 8	133933468	Gulika 10:41AM – 12:11PM Yama 7:42AM – 9:12AM Rahu 12:11PM – 1:40PM	Ardra Until 3:53PM Sobhana Until 1:29PM Visti Until 12:26PM Ashtami* Until 12:14AM Thu	Ganesha: Blue Muruqa: Orange Nataraja: Purple Moon – Yellow	Sunrise: 6:13AM Sunset: 6:09PM	Moon 3 - Phase 48 Ashtami Subha Sivaloka Day
Creative Work Siddha Yoga				Chaitra•Panguni			

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Lusaka, Zambia Sun 23 Sutra 354	
Mithuna Rasi: 27.43	Tithi 9	143933468	Gulika 9:12AM – 10:41AM Yama 6:13AM – 7:42AM Rahu 1:40PM – 3:10PM	Punarvasu Until 3:59PM Athiganda* Until 11:52AM Balava Until 11:51AM Navami* Until 11:13PM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Blue	Sunrise: 6:13AM Sunset: 6:08PM	Moon 3 - Phase 48 Navami Sivaloka Day
Creative Work Amrita Yoga		Sri Rama Navami		Chaitra•Panguni			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 24 Sutra 355
	Kataka Rasi: 11.2	Tithi 10	Gulika 7:42AM – 9:12AM Yama 3:09PM – 4:38PM Rahu 10:41AM – 12:10PM	Pushya Untill 3:08PM Sukarma Untill 9:37AM Taitila Untill 10:26AM Dashami Untill 9:25PM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Blue Chaitra•Panguni	Sunrise: 6:13AM Sunset: 6:08PM	Vikarin 5121 Moon 3 - Phase 49 4th Phase Sivaloka Day
Routine Work	Marana Yoga						

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 25 Sutra 356
	Kataka Rasi: 25.28	Tithi 11	Gulika 6:13AM – 7:42AM Yama 1:39PM – 3:09PM Rahu 9:12AM – 10:41AM	Ashlesha* Untill 1:24PM Dhriti Untill 6:46AM Vanija Untill 8:15AM Ekadashi Untill 6:54PM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Blue Chaitra•Panguni	Sunrise: 6:13AM Sunset: 6:07PM	Vikarin 5121 Moon 3 - Phase 49 4th Phase Sivaloka Day
Routine Work	Marana Yoga		Yogaswami Mahasamadhi				
Untill 1:24PM							
Then Creative Work - Amrita Yoga							

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 357
	Simha Rasi: 10.02	Tithi 12 – 13	Gulika 3:08PM – 4:37PM Yama 12:10PM – 1:39PM Rahu 4:37PM – 6:06PM	Magha* Untill 11:19AM Ganda* Untill 11:29PM Kaulava Untill 2:05AM Mon Dvadashi Untill 3:47PM	Ganesha: White Muruqa: Orange Nataraja: Purple Moon – Red Chaitra•Panguni	Sunrise: 6:13AM Sunset: 6:06PM	Vikarin 5121 Moon 3 - Phase 49 4th Phase Subha Sivaloka Day
Routine Work	Marana Yoga						
Untill 11:19AM							
Then Creative Work - Siddha Yoga							
							Pradosha Vrata

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 358
	Simha Rasi: 24.59	Tithi 13 – 14	Gulika 1:39PM – 3:08PM Yama 10:40AM – 12:10PM Rahu 7:42AM – 9:11AM	Purvaphalguni Untill 8:38AM Vridhhi Untill 7:21PM Gara Untill 10:23PM Trayodashi Untill 12:15PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Red Chaitra•Panguni	Sunrise: 6:13AM Sunset: 6:06PM	Vikarin 5121 Moon 3 - Phase 49 4th Phase Sivaloka Day
Family Home Evening							
Creative Work	Siddha Yoga						

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hashta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:09PM – 1:38PM Yama 9:11AM – 10:40AM Rahu 3:07PM – 4:36PM	Hashta Untill 2:34AM Wed Dhruva Untill 3:01PM Visti Untill 6:31PM Chaturdashi* Untill 8:27AM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Green Chaitra•Panguni	Sunrise: 6:14AM Sunset: 6:05PM	Vikarin 5121 Moon 3 - Phase 49 Purnima Devaloka Day
Kanya Rasi: 10.12	Tithi 14 – 15						
Creative Work	Siddha Yoga		Panguni Uttiram Hanuman Jayanti				

	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sun 29 Sutra 360
	Silver Retreat Star		Gulika 10:40AM – 12:09PM Yama 7:42AM – 9:11AM Rahu 12:09PM – 1:38PM	Chitra Untill 11:33PM Vyaghata* Untill 10:40AM Balava Untill 2:39PM Prathama* Untill 12:45AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Green Chaitra•Panguni	Sunrise: 6:14AM Sunset: 6:04PM	Vikarin 5121 Moon 3 - Phase 49 Prathama Devaloka Day
Kanya Rasi: 25.3	Tithi 16						
Creative Work	Siddha Yoga						



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 10.43 Tithi 17

164134468

Gulika 9:11AM – 10:40AM
Yama 6:14AM – 7:43AM
Rahu 1:37PM – 3:06PM

Svati Until 8:39PM
Harshana Until 6:27AM
Taitila Until 10:57AM
Dvitiya Until 9:12PM

Ganesha: White *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:04PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 8:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 25.42 Tithi 18

174134468

Gulika 7:43AM – 9:11AM
Yama 3:06PM – 4:34PM
Rahu 10:40AM – 12:08PM

Vishakha Until 6:27PM
Siddhi Until 10:54PM
Vanija Until 7:36AM
Tritiya Until 6:06PM

Ganesha: Yellow *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:03PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vrischika Rasi: 10.17 Tithi 19 – 20

174134468

Gulika 6:14AM – 7:43AM
Yama 1:37PM – 3:05PM
Rahu 9:11AM – 10:40AM

Anuradha Until 4:43PM
Vyatipata* Until 7:51PM
Kaulava Until 2:36AM Sun
Chaturthi* Until 3:34PM

Ganesha: Yellow *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:02PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Lusaka, Zambia
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vrischika Rasi: 24.25 Tithi 20 – 21

174134468

Gulika 3:05PM – 4:33PM
Yama 12:08PM – 1:36PM
Rahu 4:33PM – 6:02PM

Jyeshtha* Until 3:33PM
Varyani Until 5:23PM
Gara Until 1:12AM Mon
Panchami Until 1:47PM

Ganesha: Yellow *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:02PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 3:33PM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 8.03 Tithi 21 – 22

184134468

Gulika 1:36PM – 3:04PM
Yama 10:39AM – 12:08PM
Rahu 7:43AM – 9:11AM

Mula* Until 3:31PM
Parigha* Until 3:36PM
Visti Until 12:39AM Tue
Shashthi* Until 12:48PM

Ganesha: Blue *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:01PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 3:31PM

Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 21.13 Tithi 22 – 23

284134468

Gulika 12:07PM – 1:36PM
Yama 9:11AM – 10:39AM
Rahu 3:04PM – 4:32PM

Purvashadha* Until 4:09PM
Shiva Until 2:30PM
Balava Until 12:57AM Wed
Saptami Until 12:41PM

Ganesha: Yellow *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:00PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 4:09PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 3.58 Tithi 23 – 24

284134468

Gulika 10:39AM – 12:07PM
Yama 7:43AM – 9:11AM
Rahu 12:07PM – 1:35PM

Uttarashadha Until 5:24PM
Siddha Until 2:00PM
Taitila Until 1:59AM Thu
Ashtami* Until 1:22PM

Ganesha: Yellow *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:00PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 5:24PM

Then Creative Work - Siddha Yoga

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 7 Sutra 4
	Makara Rasi: 16.23	Tithi 24 – 25	Gulika 9:11AM – 10:39AM	Shravana Until 7:36PM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM	Sarvari 5122
			Yama 6:15AM – 7:43AM	Sadhya Until 2:02PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 1
	294134468	Rahu 1:35PM – 3:03PM		Vanija Until 3:38AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam	Navami* Until 2:44PM	Moon – Purple		Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 8 Sutra 5
	Makara Rasi: 28.34	Tithi 25 – 26	Gulika 7:43AM – 9:11AM	Dhanishtha Until 10:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM	Sarvari 5122
			Yama 3:02PM – 4:30PM	Subha Until 2:30PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 1
	294134468	Rahu 10:39AM – 12:07PM		Bava Until 5:43AM Sat	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:37PM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 9 Sutra 6
	Kumbha Rasi: 10.35	Tithi 26	Gulika 6:15AM – 7:43AM	Shatabhishak Until 12:46AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Sarvari 5122
			Yama 1:34PM – 3:02PM	Sukla Until 3:12PM	Muruqa: Clear	<i>Sunset:</i> 5:58PM	Moon 4 - Phase 1
	295134468	Rahu 9:11AM – 10:39AM		Balava Until 6:51PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 6:51PM	Moon – Purple		Sivaloka Day	
Until 12:46AM Sun				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lusaka, Zambia Sun 10 Sutra 7
	Kumbha Rasi: 22.3	Tithi 27	Gulika 3:02PM – 4:29PM	Purvaproshtapada* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Sarvari 5122
			Yama 12:06PM – 1:34PM	Brahma Until 4:04PM	Muruqa: Clear	<i>Sunset:</i> 5:57PM	Moon 4 - Phase 1
	215134468	Rahu 4:29PM – 5:57PM		Kaulava Until 8:03AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:15PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 8
	Meena Rasi: 4.22	Tithi 28	Gulika 1:34PM – 3:01PM	Uttaraproshtapada Until 6:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Sarvari 5122
	Family Home Evening		Yama 10:38AM – 12:06PM	Indra Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 5:57PM	Moon 4 - Phase 1
	215134468	Rahu 7:43AM – 9:11AM		Gara Until 10:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			
				Pradosha Vrata (Fasting)			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 9
	Meena Rasi: 16.14	Tithi 29	Gulika 12:06PM – 1:33PM	Uttaraproshtapada Until 6:51AM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Sarvari 5122
			Yama 9:11AM – 10:38AM	Vaidhriti* Until 5:53PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM	Moon 4 - Phase 1
	215134468	Rahu 3:01PM – 4:28PM		Visti Until 12:56PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 2:06AM Wed	Moon – Clear		Sivaloka Day	
Until 6:51AM				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 10
	Retreat Star		Gulika 10:38AM – 12:06PM	Revati Until 9:35AM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Sarvari 5122
	Meena Rasi: 28.08	Tithi 30	Yama 7:43AM – 9:11AM	Vishkambha* Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM	Moon 4 - Phase 1
	215134468	Rahu 12:06PM – 1:33PM		Catuspada Until 3:17PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:23AM Thu	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 11
	Mesha Rasi: 10.04	Tithi 1	Gulika 9:11AM – 10:38AM	Ashvini Until 12:31PM	Ganesha: Red	<i>Sunrise:</i> 6:16AM	Sarvari 5122
			Yama 6:16AM – 7:43AM	Priti Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM	Moon 4 - Phase 1
	225134468	Rahu 1:33PM – 3:00PM		Kintughna Until 5:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:29AM Fri	Moon – White		Sivaloka Day	
Until 12:31PM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 15 Sutra 12
Mesha Rasi: 22.04	Tithi 1 – 2	Gulika 7:44AM – 9:11AM	Bharani Until 3:06PM	Ganesha: Red	<i>Sunrise:</i> 6:16AM			Sarvari 5122
		Yama 3:00PM – 4:27PM	Ayushman Until 7:59PM	Muruḡa: Clear	<i>Sunset:</i> 5:54PM			Moon 4 - Phase 2
		225134469 Rahu 10:38AM – 12:05PM	Balava Until 7:28PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 6:29AM	Moon – White			Devaloka Day	
				Vaisaka-Chaitra				

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Lusaka, Zambia Sun 16 Sutra 13
Vrishabha Rasi: 4.11	Tithi 2 – 3	Gulika 6:16AM – 7:44AM	Krittika Until 5:16PM	Ganesha: Red	<i>Sunrise:</i> 6:16AM			Sarvari 5122
		Yama 1:32PM – 2:59PM	Saubhagya Until 8:19PM	Muruḡa: Clear	<i>Sunset:</i> 5:54PM			Moon 4 - Phase 2
		225134469 Rahu 9:11AM – 10:38AM	Taitila Until 9:11PM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 8:21AM	Moon – White			Devaloka Day	
				Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lusaka, Zambia Sun 17 Sutra 14
Vrishabha Rasi: 16.25	Tithi 3 – 4	Gulika 2:59PM – 4:26PM	Rohini Until 7:26PM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM			Sarvari 5122
		Yama 12:05PM – 1:32PM	Sobhana Until 8:24PM	Muruḡa: Clear	<i>Sunset:</i> 5:53PM			Moon 4 - Phase 2
		235134469 Rahu 4:26PM – 5:53PM	Vanija Until 10:32PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:53AM	Moon – Yellow			Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 15
Vrishabha Rasi: 28.48	Tithi 4 – 5	Gulika 1:32PM – 2:59PM	Mrigashira Until 9:00PM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM			Sarvari 5122
Family Home Evening		Yama 10:38AM – 12:05PM	Athiganda* Until 8:07PM	Muruḡa: Clear	<i>Sunset:</i> 5:53PM			Moon 4 - Phase 2
Creative Work	Amrita Yoga	235134469 Rahu 7:44AM – 9:11AM	Bava Until 11:27PM	Nataraja: Clear				3rd Phase
Until 9:00PM			Chaturthi* Until 11:02AM	Moon – Yellow			Devaloka Day	
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra				

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lusaka, Zambia Sun 19 Sutra 16
Mithuna Rasi: 11.24	Tithi 5 – 6	Gulika 12:05PM – 1:31PM	Ardra Until 9:55PM	Ganesha: Blue	<i>Sunrise:</i> 6:17AM			Sarvari 5122
		Yama 9:11AM – 10:38AM	Sukarma Until 7:27PM	Muruḡa: Clear	<i>Sunset:</i> 5:52PM			Moon 4 - Phase 2
		236134469 Rahu 2:58PM – 4:25PM	Kaulava Until 11:49PM	Nataraja: Clear				3rd Phase
Routine Work	Marana Yoga		Panchami Until 11:41AM	Moon – Yellow			Bhuloka Day	
Until 9:55PM				Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lusaka, Zambia Sun 20 Sutra 17
Mithuna Rasi: 24.16	Tithi 6 – 7	Gulika 10:38AM – 12:04PM	Punarvasu Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM			Sarvari 5122
		Yama 7:44AM – 9:11AM	Dhriti Until 6:19PM	Muruḡa: Clear	<i>Sunset:</i> 5:52PM			Moon 4 - Phase 2
		246134469 Rahu 12:04PM – 1:31PM	Gara Until 11:34PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:45AM	Moon – Blue			Devaloka Day	
				Vaisaka-Chaitra				

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 18
Kataka Rasi: 7.27	Tithi 7 – 8	Gulika 9:11AM – 10:38AM	Pushya Until 10:23PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM			Sarvari 5122
		Yama 6:18AM – 7:44AM	Shula* Until 4:39PM	Muruḡa: Clear	<i>Sunset:</i> 5:51PM			Moon 4 - Phase 2
		246134469 Rahu 1:31PM – 2:58PM	Visti Until 10:40PM	Nataraja: Clear				Ashtami
Creative Work	Amrita Yoga		Saptami Until 11:11AM	Moon – Blue			Devaloka Day	
Until 10:23PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 19
Kataka Rasi: 21	Tithi 8 – 9	Gulika 7:44AM – 9:11AM	Ashlesha* Until 9:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM			Sarvari 5122
		Yama 2:57PM – 4:24PM	Ganda* Until 2:27PM	Muruḡa: Clear	<i>Sunset:</i> 5:50PM			Moon 4 - Phase 2
		246134469 Rahu 10:38AM – 12:04PM	Balava Until 9:06PM	Nataraja: Clear				Navami
Routine Work	Marana Yoga		Ashtami* Until 9:57AM	Moon – Blue			Devaloka Day	
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau			Lusaka, Zambia Sun 23 Sutra 20
Simha Rasi: 4.56	Tithi 9 – 10	Gulika 6:18AM – 7:45AM	Magha* Until 8:06PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Sarvari 5122	
		Yama 1:30PM – 2:57PM	Vriddhi Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 5:50PM	Moon 4 - Phase 3	
	256134469	Rahu 9:11AM – 10:38AM	Taitila Until 6:55PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 8:04AM	Moon – Red		Bhuloka Day	
Until 8:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Lusaka, Zambia Sun 24 Sutra 21
Simha Rasi: 19.16	Tithi 11	Gulika 2:57PM – 4:23PM	Purvaphalguni Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Sarvari 5122	
		Yama 12:04PM – 1:30PM	Dhruva Until 8:34AM	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 3	
	256134469	Rahu 4:23PM – 5:49PM	Vanija Until 4:11PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 2:38AM Mon	Moon – Red		Bhuloka Day	
Until 6:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau			Lusaka, Zambia Sun 25 Sutra 22
Kanya Rasi: 3.57	Tithi 12	Gulika 1:30PM – 2:56PM	Uttaraphalguni Until 3:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
Family Home Evening		Yama 10:38AM – 12:04PM	Harshana Until 1:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 3	
	256234469	Rahu 7:45AM – 9:11AM	Bava Until 1:02PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:20PM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Lusaka, Zambia Sun 26 Sutra 23
Kanya Rasi: 18.53	Tithi 13	Gulika 12:04PM – 1:30PM	Hasta Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
		Yama 9:11AM – 10:38AM	Vajra* Until 9:09PM	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 3	
	267234469	Rahu 2:56PM – 4:22PM	Kaulava Until 9:36AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 7:48PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			
						<i>Pradosha Vrata</i>	

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau			Lusaka, Zambia Sun 27 Sutra 24
Tula Rasi: 3.56	Tithi 14 – 15	Gulika 10:38AM – 12:04PM	Chitra Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
		Yama 7:45AM – 9:11AM	Siddhi Until 5:06PM	Muruqa: Clear	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 3	
	267234469	Rahu 12:04PM – 1:30PM	Gara Until 6:02AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:14PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Lusaka, Zambia Sun 28 Sutra 25
Copper Retreat Star		Gulika 9:12AM – 10:38AM	Svati Until 7:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
Tula Rasi: 18.59	Tithi 15 – 16	Yama 6:19AM – 7:45AM	Vyatipata* Until 1:09PM	Muruqa: Clear	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 3	
	267234469	Rahu 1:30PM – 2:56PM	Balava Until 11:07PM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 12:45PM	Moon – Green		Devaloka Day	
Until 7:28AM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

Friday, May 8, 2020		Silver Retreat Star			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Lusaka, Zambia Sun 29 Sutra 26
Vrischika Rasi: 3.52	Tithi 16 – 17	Gulika 7:46AM – 9:12AM	Anuradha Until 3:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:20AM	Sarvari 5122		
		Yama 2:56PM – 4:21PM	Variyan Until 9:25AM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 4 - Phase 3		
	277234469	Rahu 10:38AM – 12:04PM	Taitila Until 8:07PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga		Prathama* Until 9:33AM	Moon – Orange		Bhuloka Day		
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda