



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 27.01 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:21PM – 4:58PM
Yama 12:07PM – 1:44PM
Rahu 4:58PM – 6:34PM

Vishakha **Until 4:58PM**
Vyatipata* Until 3:29AM Mon
Vanija Until 11:53PM
Dvitiya **Until 12:31PM**

Ganesha: Blue *Sunrise:* 5:39AM
Muruqa: Yellow *Sunset:* 6:34PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Lucknow, India
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

1

Monday, April 22, 2019

Virschika Rasi: 10.41 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:44PM – 3:21PM
Yama 10:30AM – 12:07PM
Rahu 7:15AM – 8:52AM

Anuradha **Until 4:43PM**
Variyan Until 1:53AM Tue
Bava Until 11:09PM
Tritiya **Until 11:24AM**

Ganesha: Blue *Sunrise:* 5:38AM
Muruqa: Yellow *Sunset:* 6:35PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Lucknow, India
Sun 1
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

2

Tuesday, April 23, 2019

Virschika Rasi: 23.56 Tithi 19 – 20

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:06PM – 1:44PM
Yama 8:52AM – 10:29AM
Rahu 3:21PM – 4:58PM

Jyeshtha* **Until 5:05PM**
Parigha* Until 12:57AM Wed
Kaulava Until 11:13PM
Chaturthi* **Until 11:03AM**

Ganesha: Blue *Sunrise:* 5:37AM
Muruqa: Yellow *Sunset:* 6:35PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Lucknow, India
Sun 2
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

3

Wednesday, April 24, 2019

Dhanus Rasi: 6.45 Tithi 20 – 21

Routine Work Marana Yoga

Until 6:34PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:29AM – 12:06PM
Yama 7:14AM – 8:51AM
Rahu 12:06PM – 1:44PM

Mula* **Until 6:34PM**
Shiva Until 12:39AM Thu
Gara Until 12:06AM Thu
Panchami **Until 11:32AM**

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Lucknow, India
Sun 3
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

4

Thursday, April 25, 2019

Dhanus Rasi: 19.13 Tithi 21 – 22

Creative Work Siddha Yoga

Until 8:38PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:51AM – 10:28AM
Yama 5:36AM – 7:13AM
Rahu 1:44PM – 3:21PM

Purvashadha* **Until 8:38PM**
Siddha Until 12:53AM Fri
Visti Until 1:42AM Fri
Shashthi* **Until 12:48PM**

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: Yellow *Sunset:* 6:37PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Lucknow, India
Sun 4
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

D

Friday, April 26, 2019

Retreat Star

Makara Rasi: 1.22 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:12AM – 8:50AM
Yama 3:21PM – 4:59PM
Rahu 10:28AM – 12:06PM

Uttarashadha **Until 11:05PM**
Sadhya Until 1:34AM Sat
Balava Until 3:52AM Sat
Saptami **Until 2:43PM**

Ganesha: Red *Sunrise:* 5:35AM
Muruqa: Yellow *Sunset:* 6:37PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Lucknow, India
Sun 5
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 13.2 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:14AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:34AM – 7:12AM
Yama 1:44PM – 3:22PM
Rahu 8:50AM – 10:28AM

Shravana **Until 2:14AM Sun**
Subha Until 2:31AM Sun
Taitila Until 6:21AM Sun
Ashtami* **Until 5:04PM**

Ganesha: Green *Sunrise:* 5:34AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Lucknow, India
Sun 6
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau		Lucknow, India Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 25.11	Tithi 24	Gulika 3:22PM – 5:00PM	Dhanishtha Until 5:18AM Mon	Ganesha: Green <i>Sunrise:</i> 5:33AM
		Yama 12:06PM – 1:44PM	Sukla Until 3:31AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:38PM
		294583469 Rahu 5:00PM – 6:38PM	Taitila Until 6:21AM	Nataraja: Clear
Routine Work	Marana Yoga		Navami* Until 7:36PM	Moon – Purple
Until 5:18AM Mon				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Lucknow, India Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 7	Tithi 25	Gulika 1:44PM – 3:22PM	Shatabhishak Until 8:04AM Tue	Ganesha: Green <i>Sunrise:</i> 5:32AM
Family Home Evening		Yama 10:27AM – 12:05PM	Brahma Until 4:27AM Tue	Muruqa: Yellow <i>Sunset:</i> 6:39PM
Creative Work	Siddha Yoga	294583469 Rahu 7:10AM – 8:49AM	Vanija Until 8:54AM	Nataraja: Clear
Until 8:04AM Tue			Dashami Until 10:06PM	Moon – Purple
Then Routine Work - Marana Yoga				Bhuloka Day
				Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shatabhishak/Purvaprosnthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Lucknow, India Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 18.52	Tithi 26	Gulika 12:05PM – 1:44PM	Shatabhishak Until 8:04AM	Ganesha: Green <i>Sunrise:</i> 5:31AM
		Yama 8:48AM – 10:27AM	Indra Until 5:09AM Wed	Muruqa: Yellow <i>Sunset:</i> 6:39PM
		294583469 Rahu 3:22PM – 5:01PM	Bava Until 11:16AM	Nataraja: Clear
Routine Work	Marana Yoga		Ekadashi* Until 12:19AM Wed	Moon – Purple
Until 10:51AM				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lucknow, India Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 0.52	Tithi 27	Gulika 10:26AM – 12:05PM	Purvaprosnthapada* Until 10:51AM	Ganesha: Purple <i>Sunrise:</i> 5:31AM
		Yama 7:09AM – 8:48AM	Vaidhrili* Until 5:29AM Thu	Muruqa: Yellow <i>Sunset:</i> 6:40PM
		214583469 Rahu 12:05PM – 1:44PM	Kaulava Until 1:17PM	Nataraja: Clear
Creative Work	Amrita Yoga		Dvadashi* Until 2:06AM Thu	Moon – Clear
Until 10:51AM				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprosnthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Lucknow, India Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 13.03	Tithi 28	Gulika 8:47AM – 10:26AM	Uttaraprosnthapada Until 1:01PM	Ganesha: Purple <i>Sunrise:</i> 5:30AM
		Yama 5:30AM – 7:09AM	Vishkambha* Until 5:26AM Fri	Muruqa: Yellow <i>Sunset:</i> 6:40PM
		214583469 Rahu 1:44PM – 3:23PM	Gara Until 2:49PM	Nataraja: Clear
Creative Work	Siddha Yoga		Trayodashi* Until 3:22AM Fri	Moon – Clear
Until 2:31PM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lucknow, India Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 25.27	Tithi 29	Gulika 7:08AM – 8:47AM	Revati Until 2:31PM	Ganesha: Light Blue <i>Sunrise:</i> 5:29AM
		Yama 3:23PM – 5:02PM	Priti Until 4:58AM Sat	Muruqa: Yellow <i>Sunset:</i> 6:41PM
		215583469 Rahu 10:26AM – 12:05PM	Visti Until 3:49PM	Nataraja: Clear
Creative Work	Siddha Yoga		Chaturdashi* Until 4:06AM Sat	Moon – Clear
Until 2:31PM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lucknow, India Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 8.05	Tithi 30	Gulika 5:28AM – 7:07AM	Ashvini Until 3:48PM	Ganesha: Purple <i>Sunrise:</i> 5:28AM
		Yama 1:44PM – 3:23PM	Ayushman Until 4:04AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:41PM
		225583469 Rahu 8:47AM – 10:26AM	Catuspada Until 4:17PM	Nataraja: Clear
Creative Work	Siddha Yoga		Amavasya* Until 4:17AM Sun	Moon – White
Until 4:25PM				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Lucknow, India Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 20.59	Tithi 1	Gulika 3:23PM – 5:03PM	Bharani Until 4:25PM	Ganesha: Purple <i>Sunrise:</i> 5:28AM
		Yama 12:05PM – 1:44PM	Saubhagya Until 2:48AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:42PM
		225583469 Rahu 5:03PM – 6:42PM	Kintughna Until 4:13PM	Nataraja: Clear
Routine Work	Prabalarishta Yoga		Prathama* Until 4:00AM Mon	Moon – White
Until 4:25PM				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lucknow, India Sun 15 Sutra 22 Vikarin 5121
1		Gulika 1:44PM – 3:24PM Yama 10:25AM – 12:05PM Rahu 7:06AM – 8:46AM	Krittika Until 4:28PM Sobhana Until 1:13AM Tue Balava Until 3:43PM Dvitiya Until 3:19AM Tue	Ganesha: Purple <i>Sunrise:</i> 5:27AM Muruqa: Yellow <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – White Vaisaka-Chaitra
Vrishabha Rasi: 4.07 Family Home Evening Routine Work Marana Yoga Until 4:28PM Then Creative Work - Amrita Yoga	Tithi 2 225583469			<i>Sunrise:</i> 5:26AM <i>Sunset:</i> 6:42PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Lucknow, India Sun 16 Sutra 23 Vikarin 5121
2		Gulika 12:05PM – 1:44PM Yama 8:45AM – 10:25AM Rahu 3:24PM – 5:03PM	Rohini Until 4:26PM Athiganda* Until 11:20PM Taitila Until 2:51PM Tritiya Until 2:16AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 5:26AM Muruqa: Yellow <i>Sunset:</i> 6:43PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra
Vrishabha Rasi: 17.28 Creative Work Amrita Yoga Until 4:26PM Then Creative Work - Siddha Yoga	Tithi 3 235583469			<i>Sunrise:</i> 5:26AM <i>Sunset:</i> 6:43PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau		Lucknow, India Sun 17 Sutra 24 Vikarin 5121
3		Gulika 10:25AM – 12:04PM Yama 7:05AM – 8:45AM Rahu 12:04PM – 1:44PM	Mrigashira Until 3:57PM Sukarma Until 9:14PM Vanija Until 1:40PM Chaturthi* Until 12:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 5:25AM Muruqa: Yellow <i>Sunset:</i> 6:44PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra
Mithuna Rasi: 0.59 Creative Work Siddha Yoga	Tithi 4 235583469			<i>Sunrise:</i> 5:25AM <i>Sunset:</i> 6:44PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Lucknow, India Sun 18 Sutra 25 Vikarin 5121
4		Gulika 8:45AM – 10:24AM Yama 5:25AM – 7:05AM Rahu 1:44PM – 3:24PM	Ardra Until 3:05PM Dhriti Until 6:58PM Bava Until 12:13PM Panchami Until 11:24PM	Ganesha: Light Blue <i>Sunrise:</i> 5:25AM Muruqa: Yellow <i>Sunset:</i> 6:44PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra
Mithuna Rasi: 14.41 Routine Work Marana Yoga Until 3:05PM Then Creative Work - Amrita Yoga	Tithi 5 235583469			<i>Sunrise:</i> 5:25AM <i>Sunset:</i> 6:44PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Lucknow, India Sun 19 Sutra 26 Vikarin 5121
5		Gulika 7:04AM – 8:44AM Yama 3:24PM – 5:05PM Rahu 10:24AM – 12:04PM	Punarvasu Until 2:18PM Shula* Until 4:29PM Kaulava Until 10:34AM Shashthi* Until 9:39PM	Ganesha: Orange <i>Sunrise:</i> 5:24AM Muruqa: Yellow <i>Sunset:</i> 6:45PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra
Mithuna Rasi: 28.31 Creative Work Siddha Yoga Until 2:18PM Then Routine Work - Marana Yoga	Tithi 6 245583469			<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:45PM Moon 4 - Phase 4 3rd Phase Devaloka Day

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau		Lucknow, India Sun 20 Sutra 27 Vikarin 5121
6		Gulika 5:23AM – 7:04AM Yama 1:45PM – 3:25PM Rahu 8:44AM – 10:24AM	Pushya Until 1:10PM Ganda* Until 1:52PM Gara Until 8:43AM Saptami Until 7:42PM	Ganesha: Orange <i>Sunrise:</i> 5:23AM Muruqa: Yellow <i>Sunset:</i> 6:45PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra
Kataka Rasi: 12.28 Creative Work Siddha Yoga Until 1:10PM Then Routine Work - Marana Yoga	Tithi 7 245583469			<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:45PM Moon 4 - Phase 4 3rd Phase Devaloka Day

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Lucknow, India Sun 21 Sutra 28 Vikarin 5121
Retreat Star		Gulika 3:25PM – 5:05PM Yama 12:04PM – 1:45PM Rahu 5:05PM – 6:46PM	Ashlesha* Until 11:44AM Vridhhi Until 11:08AM Visti Until 6:41AM Ashtami* Until 5:35PM	Ganesha: Clear <i>Sunrise:</i> 5:23AM Muruqa: Yellow <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra
Kataka Rasi: 26.32 Creative Work Siddha Yoga Until 11:44AM Then Routine Work - Marana Yoga	Tithi 8 – 9 246583469	Mother's Day		<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:46PM Moon 4 - Phase 4 Ashtami Devaloka Day

Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lucknow, India Sun 22 Sutra 29 Vikarin 5121
Retreat Star		Gulika 1:45PM – 3:25PM Yama 10:24AM – 12:04PM Rahu 7:03AM – 8:43AM	Magha* Until 10:25AM Dhruva Until 8:14AM Taitila Until 2:11AM Tue Navami* Until 3:20PM	Ganesha: White <i>Sunrise:</i> 5:22AM Muruqa: Yellow <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Red Vaisaka-Chaitra
Simha Rasi: 10.42 Family Home Evening Routine Work Marana Yoga Until 10:25AM Then Creative Work - Siddha Yoga	Tithi 9 – 10 256583469			<i>Sunrise:</i> 5:22AM <i>Sunset:</i> 6:46PM Moon 4 - Phase 4 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM

1 Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lucknow, India
Simha Rasi: 24.57	Tithi 10 – 11	Gulika 12:04PM – 1:45PM	Purvaphalguni Until 8:52AM	Ganesha: White	<i>Sunrise:</i> 5:22AM	Sun 23 Sutra 30
		Yama 8:43AM – 10:24AM	Harshana Until 2:15AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Vikarin 5121
		256583469 Rahu 3:26PM – 5:06PM	Vanija Until 11:49PM	Nataraja: Clear		Moon 4 - Phase 5
Creative Work	Siddha Yoga		Dashami Until 12:59PM	Moon – Red		4th Phase
Until 8:52AM				Vaisaka-Chaitra	Bhuloka Day	
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM	

2 Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
Kanya Rasi: 19.14	Tithi 11 – 12	Gulika 10:23AM – 12:04PM	Uttaraphalguni Until 7:07AM	Ganesha: White	<i>Sunrise:</i> 5:21AM	Sun 24 Sutra 31
		Yama 7:02AM – 8:43AM	Vajra* Until 11:14PM	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Vikarin 5121
		256583469 Rahu 12:04PM – 1:45PM	Bava Until 9:26PM	Nataraja: Clear		Moon 4 - Phase 5
Creative Work	Amrita Yoga		Ekadashi Until 10:36AM	Moon – Red		4th Phase
Until 7:07AM				Vaisaka-Vaikasi	Bhuloka Day	
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM	

3 Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India
Kanya Rasi: 23.31	Tithi 12 – 13	Gulika 8:42AM – 10:23AM	Chitra Until 4:15AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	Sun 25 Sutra 32
		Yama 5:21AM – 7:02AM	Siddhi Until 8:19PM	Muruqa: Yellow	<i>Sunset:</i> 6:48PM	Vikarin 5121
		266583469 Rahu 1:45PM – 3:26PM	Kaulava Until 7:09PM	Nataraja: Clear		Moon 4 - Phase 5
Creative Work	Siddha Yoga		Dvadashi Until 8:15AM	Moon – Green		4th Phase
				Vaisaka-Vaikasi	Devaloka Day	
			<i>Pradosha Vrata</i>			

4 Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Varyan Yoga Tailla/Vanija Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
Tula Rasi: 7.41	Tithi 13 – 14	Gulika 7:01AM – 8:42AM	Svati Until 2:56AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	Sun 26 Sutra 33
		Yama 3:26PM – 5:07PM	Vyatipata* Until 5:35PM	Muruqa: Yellow	<i>Sunset:</i> 6:48PM	Vikarin 5121
		266583469 Rahu 10:23AM – 12:04PM	Vanija Until 4:09AM Sat	Nataraja: Clear		Moon 4 - Phase 5
Creative Work	Siddha Yoga		Trayodashi Until 6:04AM	Moon – Green		4th Phase
				Vaisaka-Vaikasi	Devaloka Day	

○ Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Lucknow, India
Copper Retreat Star		Gulika 5:20AM – 7:01AM	Vishakha Until 2:18AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:20AM	Sun 27 Sutra 34
Tula Rasi: 21.41	Tithi 15	Yama 1:45PM – 3:27PM	Varyan Until 3:07PM	Muruqa: Yellow	<i>Sunset:</i> 6:49PM	Vikarin 5121
		276583469 Rahu 8:42AM – 10:23AM	Visti Until 3:22PM	Nataraja: Clear		Moon 4 - Phase 5
Creative Work	Siddha Yoga		Purnima* Until 2:39AM Sun	Moon – Orange		Purnima
Until 2:18AM Sun				Vaisaka-Vaikasi	Bhuloka Day	
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM	

Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India
Silver Retreat Star		Gulika 3:27PM – 5:08PM	Anuradha Until 2:03AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	Sun 28 Sutra 35
Vrischika Rasi: 5.25	Tithi 16	Yama 12:04PM – 1:46PM	Parigha* Until 1:02PM	Muruqa: Yellow	<i>Sunset:</i> 6:50PM	Vikarin 5121
		277583469 Rahu 5:08PM – 6:50PM	Balava Until 2:06PM	Nataraja: Clear		Moon 4 - Phase 5
Routine Work	Marana Yoga		Prathama* Until 1:40AM Mon	Moon – Orange		Prathama
Until 2:03AM Mon				Vaisaka-Vaikasi	Devaloka Day	
Then Creative Work - Siddha Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 18.5 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Lucknow, India
Jyeshtha* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau		Sun 1 Sutra 36
Gulika 1:46PM – 3:27PM	Jyeshtha* Until 2:17AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:19AM
Yama 10:23AM – 12:04PM	Shiva Until 11:26AM	Muruga: Yellow <i>Sunset:</i> 6:50PM
277583469 Rahu 7:00AM – 8:42AM	Taitila Until 1:26PM	Nataraja: Clear
	Dvitiya Until 1:19AM Tue	Moon – Orange
		Devaloka Day
		Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 1.55 Tithi 18
Family Home Evening
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam		Lucknow, India
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau		Sun 2 Sutra 37
Gulika 12:04PM – 1:46PM	Mula* Until 3:29AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:18AM
Yama 8:41AM – 10:23AM	Siddha Until 10:20AM	Muruga: Yellow <i>Sunset:</i> 6:51PM
287583469 Rahu 3:28PM – 5:09PM	Vanija Until 1:25PM	Nataraja: Clear
	Tritiya Until 1:40AM Wed	Moon – Light Blue
		Sivaloka Day
		Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 14.38 Tithi 19
Family Home Evening
Creative Work Amrita Yoga
Until 5:13AM Thu
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam		Lucknow, India
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau		Sun 3 Sutra 38
Gulika 10:23AM – 12:05PM	Purvashadha* Until 5:13AM Thu	Ganesha: Red <i>Sunrise:</i> 5:18AM
Yama 7:00AM – 8:41AM	Sadhya Until 9:48AM	Muruga: Yellow <i>Sunset:</i> 6:51PM
287683469 Rahu 12:05PM – 1:46PM	Bava Until 2:07PM	Nataraja: Clear
	Chaturthi* Until 2:42AM Thu	Moon – Light Blue
		Devaloka Day
		Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 27.04 Tithi 20
Family Home Evening
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam		Lucknow, India
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau		Sun 4 Sutra 39
Gulika 8:41AM – 10:23AM	Uttarashadha Until 7:22AM Fri	Ganesha: Red <i>Sunrise:</i> 5:17AM
Yama 5:17AM – 6:59AM	Subha Until 9:49AM	Muruga: Yellow <i>Sunset:</i> 6:52PM
287683469 Rahu 1:46PM – 3:28PM	Kaulava Until 3:29PM	Nataraja: Clear
	Panchami Until 4:21AM Fri	Moon – Light Blue
		Devaloka Day
		Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 9.13 Tithi 21
Family Home Evening
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam		Lucknow, India
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau		Sun 5 Sutra 40
Gulika 6:59AM – 8:41AM	Uttarashadha Until 7:22AM	Ganesha: Red <i>Sunrise:</i> 5:17AM
Yama 3:28PM – 5:10PM	Sukla Until 10:15AM	Muruga: Yellow <i>Sunset:</i> 6:52PM
287683469 Rahu 10:23AM – 12:05PM	Gara Until 5:24PM	Nataraja: Clear
	Shashthi* Until 6:29AM Sat	Moon – Light Blue
		Devaloka Day
		Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 21.12 Tithi 21 – 22
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam		Lucknow, India
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau		Sun 6 Sutra 41
Gulika 5:17AM – 6:59AM	Shravana Until 10:17AM	Ganesha: Green <i>Sunrise:</i> 5:17AM
Yama 1:47PM – 3:29PM	Brahma Until 11:01AM	Muruga: Yellow <i>Sunset:</i> 6:53PM
297683469 Rahu 8:41AM – 10:23AM	Visti Until 7:41PM	Nataraja: Clear
	Shashthi* Until 6:29AM	Moon – Purple
		Bhuloka Day
		Vaisaka-Vaikasi
		Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 3.05 Tithi 22 – 23
Family Home Evening
Routine Work Marana Yoga
Until 1:14PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Lucknow, India
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau		Sun 7 Sutra 42
Gulika 3:29PM – 5:11PM	Dhanishtha Until 1:14PM	Ganesha: Blue <i>Sunrise:</i> 5:16AM
Yama 12:05PM – 1:47PM	Indra Until 11:59AM	Muruga: Yellow <i>Sunset:</i> 6:53PM
398683469 Rahu 5:11PM – 6:53PM	Balava Until 10:07PM	Nataraja: Clear
	Saptami Until 8:52AM	Moon – Purple
		Sivaloka Day
		Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 14.56 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 4:02PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Lucknow, India
Shatabhishak/Purvaprosanthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau		Sun 8 Sutra 43
Gulika 1:47PM – 3:29PM	Shatabhishak Until 4:02PM	Ganesha: Blue <i>Sunrise:</i> 5:16AM
Yama 10:23AM – 12:05PM	Vaidhriti* Until 12:55PM	Muruga: Yellow <i>Sunset:</i> 6:54PM
398683469 Rahu 6:58AM – 8:41AM	Taitila Until 12:27AM Tue	Nataraja: Clear
	Ashtami* Until 11:17AM	Moon – Purple
		Sivaloka Day
		Vaisaka-Vaikasi

1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lucknow, India Sun 9 Sutra 44	
Kumbha Rasi: 26.51	Tithi 24 – 25	Gulika	12:05PM – 1:47PM	Purvaproshtapada* Until 6:56PM	Ganesha: Purple	<i>Sunrise:</i> 5:16AM	Vikarin 5121
		Yama	8:40AM – 10:23AM	Vishkambha* Until 1:42PM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 7
		318683469 Rahu	3:30PM – 5:12PM	Vanija Until 2:30AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 1:30PM	Moon – Clear		Sivaloka Day
Until 6:56PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lucknow, India Sun 10 Sutra 45	
Meena Rasi: 8.54	Tithi 25 – 26	Gulika	10:23AM – 12:05PM	Uttaraproshtapada Until 9:15PM	Ganesha: Purple	<i>Sunrise:</i> 5:16AM	Vikarin 5121
		Yama	6:58AM – 8:40AM	Priti Until 2:13PM	Muruqa: Yellow	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 7
		318683469 Rahu	12:05PM – 1:48PM	Bava Until 4:04AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 3:20PM	Moon – Clear		Sivaloka Day
Until 9:15PM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 11 Sutra 46	
Meena Rasi: 21.09	Tithi 26 – 27	Gulika	8:40AM – 10:23AM	Revati Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	Vikarin 5121
		Yama	5:15AM – 6:58AM	Ayushman Until 2:17PM	Muruqa: Yellow	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 7
		318683469 Rahu	1:48PM – 3:30PM	Kaulava Until 5:03AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 4:37PM	Moon – Clear		Sivaloka Day
Until 10:52PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 12 Sutra 47	
Mesha Rasi: 3.39	Tithi 27 – 28	Gulika	6:58AM – 8:40AM	Ashvini Until 12:12AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Vikarin 5121
		Yama	3:31PM – 5:13PM	Saubhagya Until 1:53PM	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 7
		328683469 Rahu	10:23AM – 12:05PM	Gara Until 5:24AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 5:17PM	Moon – White		Devaloka Day
Until 12:12AM Sat					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga							
					<i>Pradosha Vrata (Fasting)</i>		

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 13 Sutra 48	
Mesha Rasi: 16.26	Tithi 28 – 29	Gulika	5:15AM – 6:58AM	Bharani Until 12:44AM Sun	Ganesha: White	<i>Sunrise:</i> 5:15AM	Vikarin 5121
		Yama	1:48PM – 3:31PM	Sobhana Until 1:00PM	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 7
		329683469 Rahu	8:40AM – 10:23AM	Visti Until 5:07AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 5:19PM	Moon – White		Bhuloka Day
Until 12:32AM Mon					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

6		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lucknow, India Sun 14 Sutra 49	
Mesha Rasi: 29.34	Tithi 29 – 30	Gulika	3:31PM – 5:14PM	Krittika Until 12:32AM Mon	Ganesha: White	<i>Sunrise:</i> 5:15AM	Vikarin 5121
		Yama	12:06PM – 1:49PM	Athiganda* Until 11:35AM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 7
		329683469 Rahu	5:14PM – 6:57PM	Catuspada Until 4:14AM Mon	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 4:44PM	Moon – White		Bhuloka Day
Until 12:32AM Mon					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

Monday, June 3, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lucknow, India Sun 15 Sutra 50	
Vrishabha Rasi: 12.59	Tithi 30 – 1	Gulika	1:49PM – 3:32PM	Rohini Until 12:07AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:15AM	Vikarin 5121
Family Home Evening		Yama	10:23AM – 12:06PM	Sukarma Until 9:44AM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 7
Creative Work	Amrita Yoga	339683469 Rahu	6:57AM – 8:40AM	Kintughna Until 2:52AM Tue	Nataraja: Clear		Amavasya
Until 12:07AM Tue				Amavasya* Until 3:35PM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

Tuesday, June 4, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Lucknow, India Sun 16 Sutra 51	
Vrishabha Rasi: 26.42	Tithi 1 – 2	Gulika	12:06PM – 1:49PM	Mrigashira Until 11:09PM	Ganesha: Green	<i>Sunrise:</i> 5:14AM	Vikarin 5121
		Yama	8:40AM – 10:23AM	Dhriti Until 7:31AM	Muruqa: Yellow	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 7
		339683469 Rahu	3:32PM – 5:15PM	Balava Until 1:05AM Wed	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 2:00PM	Moon – Yellow		Bhuloka Day
Until 11:09PM					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1	Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lucknow, India
	Mithuna Rasi: 10.4	Tithi 2 – 3	339683461	Gulika Yama Rahu	10:23AM – 12:06PM 6:57AM – 8:40AM 12:06PM – 1:49PM	Ardra Until 9:44PM Ganda* Until 2:12AM Thu Taitila Until 11:01PM Dvitiya Until 12:04PM	Sun 17 Sutra 52 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Green <i>Sunrise: 5:14AM</i> Muruqa: Yellow <i>Sunset: 6:58PM</i> Nataraja: Clear Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM
						Jyeshtha-Vaikasi	

2	Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lucknow, India
	Mithuna Rasi: 24.47	Tithi 3 – 4	349683461	Gulika Yama Rahu	8:40AM – 10:23AM 5:14AM – 6:57AM 1:49PM – 3:32PM	Punarvasu Until 8:25PM Vriddhi Until 11:18PM Vanija Until 8:45PM Tritiya Until 9:53AM	Sun 18 Sutra 53 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Creative Work	Amrita Yoga				Ganesha: White <i>Sunrise: 5:14AM</i> Muruqa: Yellow <i>Sunset: 6:59PM</i> Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
						Jyeshtha-Vaikasi	

3	Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lucknow, India
	Kataka Rasi: 9.01	Tithi 4 – 5	349683461	Gulika Yama Rahu	6:57AM – 8:40AM 3:33PM – 5:16PM 10:23AM – 12:07PM	Pushya Until 6:51PM Dhruva Until 8:19PM Bava Until 6:24PM Chaturthi* Until 7:34AM	Sun 19 Sutra 54 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Routine Work	Marana Yoga				Ganesha: White <i>Sunrise: 5:14AM</i> Muruqa: Yellow <i>Sunset: 6:59PM</i> Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
						Jyeshtha-Vaikasi	

4	Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Lucknow, India
	Kataka Rasi: 23.17	Tithi 6	349683461	Gulika Yama Rahu	5:14AM – 6:57AM 1:50PM – 3:33PM 8:40AM – 10:24AM	Ashlesha* Until 5:08PM Vyaghata* Until 5:20PM Kaulava Until 4:02PM Shashthi* Until 2:50AM Sun	Sun 20 Sutra 55 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Routine Work	Marana Yoga				Ganesha: White <i>Sunrise: 5:14AM</i> Muruqa: Yellow <i>Sunset: 6:59PM</i> Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 5:08PM	Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi	

5	Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Lucknow, India
	Simha Rasi: 7.33	Tithi 7	351683461	Gulika Yama Rahu	3:33PM – 5:17PM 12:07PM – 1:50PM 5:17PM – 7:00PM	Magha* Until 3:44PM Harshana Until 2:23PM Gara Until 1:42PM Saptami Until 12:33AM Mon	Sun 21 Sutra 56 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Routine Work	Marana Yoga				Ganesha: Yellow <i>Sunrise: 5:14AM</i> Muruqa: Yellow <i>Sunset: 7:00PM</i> Nataraja: Yellow Moon – Red	Devaloka Day
	Until 3:44PM	Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi	

Monday, June 10, 2019	Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Lucknow, India
	Simha Rasi: 21.46	Tithi 8	351683461	Gulika Yama Rahu	1:50PM – 3:34PM 10:24AM – 12:07PM 6:57AM – 8:41AM	Purvaphalguni Until 2:18PM Vajra* Until 11:30AM Visti Until 11:28AM Ashtami* Until 10:22PM	Sun 22 Sutra 57 Vikarin 5121 Moon 5 - Phase 8 Ashtami
	Family Home Evening					Ganesha: Yellow <i>Sunrise: 5:14AM</i> Muruqa: Yellow <i>Sunset: 7:00PM</i> Nataraja: Yellow Moon – Red	Devaloka Day
	Creative Work	Siddha Yoga				Jyeshtha-Vaikasi	


Tuesday, June 11, 2019	Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Kaulava Karana Navamyam Titau				Lucknow, India
	Kanya Rasi: 5.53	Tithi 9	351683461	Gulika Yama Rahu	12:07PM – 1:51PM 8:41AM – 10:24AM 3:34PM – 5:17PM	Uttaraphalguni Until 12:51PM Siddhi Until 8:44AM Balava Until 9:21AM Navami* Until 8:19PM	Sun 23 Sutra 58 Vikarin 5121 Moon 5 - Phase 8 Navami
	Creative Work	Amrita Yoga				Ganesha: Yellow <i>Sunrise: 5:14AM</i> Muruqa: Yellow <i>Sunset: 7:01PM</i> Nataraja: Yellow Moon – Red	Devaloka Day
	Until 12:51PM	Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi	

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasla/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India
	Kanya Rasi: 19.55	Tithi 10	Gulika 10:24AM – 12:08PM	Hasta Until 11:51AM	Ganesha: White	<i>Sunrise:</i> 5:14AM	Sun 24 Sutra 59
			Yama 6:57AM – 8:41AM	Vyatipata* Until 6:06AM	Muruqa: Yellow	<i>Sunset:</i> 7:01PM	Vikarin 5121
		361683461	Rahu 12:08PM – 1:51PM	Taitila Until 7:23AM	Nataraja: Yellow		Moon 5 - Phase 9
Routine Work Marana Yoga			Dashami Until 6:28PM	Moon – Green	Bhuloka Day		
Until 11:51AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Tula Rasi: 3.49	Tithi 11 – 12	Gulika 8:41AM – 10:24AM	Chitra Until 10:55AM	Ganesha: White	<i>Sunrise:</i> 5:14AM	Sun 25 Sutra 60
			Yama 5:14AM – 6:58AM	Parigha* Until 1:21AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:01PM	Vikarin 5121
		361683461	Rahu 1:51PM – 3:35PM	Bava Until 4:09AM Fri	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work Siddha Yoga			Ekadashi Until 4:50PM	Moon – Green	Bhuloka Day		
Until 10:55AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Tula Rasi: 17.34	Tithi 12 – 13	Gulika 6:58AM – 8:41AM	Svati Until 10:07AM	Ganesha: White	<i>Sunrise:</i> 5:14AM	Sun 26 Sutra 61
			Yama 3:35PM – 5:18PM	Shiva Until 11:22PM	Muruqa: Blue	<i>Sunset:</i> 7:02PM	Vikarin 5121
		361693461	Rahu 10:25AM – 12:08PM	Kaulava Until 2:59AM Sat	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work Siddha Yoga			Dvadashi Until 3:30PM	Moon – Green	Devaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
					<i>Pradosha Vrata</i>		

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Vrischika Rasi: 1.07	Tithi 13 – 14	Gulika 5:14AM – 6:58AM	Vishakha Until 9:57AM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	Sun 27 Sutra 62
			Yama 1:52PM – 3:35PM	Siddha Until 9:39PM	Muruqa: Blue	<i>Sunset:</i> 7:02PM	Vikarin 5121
		371693461	Rahu 8:41AM – 10:25AM	Gara Until 2:13AM Sun	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work Siddha Yoga			Trayodashi Until 2:31PM	Moon – Orange	Sivaloka Day		
				Jyeshtha-Ani			

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India
	Copper Retreat Star		Gulika 3:35PM – 5:19PM	Anuradha Until 10:03AM	Ganesha: White	<i>Sunrise:</i> 5:14AM	Sutra 63
	Vrischika Rasi: 14.26	Tithi 14 – 15	Yama 12:08PM – 1:52PM	Sadhya Until 8:19PM	Muruqa: Blue	<i>Sunset:</i> 7:02PM	Vikarin 5121
			371793461	Rahu 5:19PM – 7:02PM	Visti Until 1:55AM Mon	Nataraja: Yellow	Moon 5 - Phase 9
Routine Work Marana Yoga			Chaturdashi* Until 1:59PM	Moon – Orange	Subha Sivaloka Day		
		Father's Day		Jyeshtha-Ani			

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India
	Vrischika Rasi: 27.29	Tithi 15 – 16	Gulika 1:52PM – 3:36PM	Jyeshtha* Until 10:29AM	Ganesha: White	<i>Sunrise:</i> 5:15AM	Sutra 64
			Yama 10:25AM – 12:09PM	Subha Until 7:25PM	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Vikarin 5121
		371793461	Rahu 6:58AM – 8:42AM	Balava Until 2:09AM Tue	Nataraja: Yellow		Moon 5 - Phase 9
Family Home Evening			Purnima* Until 1:57PM	Moon – Orange	Subha Sivaloka Day		
Creative Work Siddha Yoga				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lucknow, India
Sutra 65

Dhanus Rasi: 10.17 Tithi 16 – 17

381793461

Gulika 12:09PM – 1:52PM
Yama 8:42AM – 10:25AM
Rahu 3:36PM – 5:19PM

Mula* Until 11:46AM
Sukla Until 6:56PM
Taitila Until 2:58AM Wed
Prathama* Until 2:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:15AM
Sunset: 7:03PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 11:46AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India
Sun 1 Sutra 66

Dhanus Rasi: 22.49 Tithi 17 – 18

381793461

Gulika 10:25AM – 12:09PM
Yama 6:58AM – 8:42AM
Rahu 12:09PM – 1:53PM

Purvashadha* Until 1:27PM
Brahma Until 6:54PM
Vanija Until 4:19AM Thu
Dvitiya Until 3:33PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:15AM
Sunset: 7:03PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India
Sun 2 Sutra 67

Makara Rasi: 5.06 Tithi 18 – 19

382793461

Gulika 8:42AM – 10:26AM
Yama 5:15AM – 6:59AM
Rahu 1:53PM – 3:36PM

Uttarashadha Until 3:29PM
Indra Until 7:17PM
Bava Until 6:10AM Fri
Tritiya Until 5:10PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:15AM
Sunset: 7:03PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 3:29PM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India
Sun 3 Sutra 68

Makara Rasi: 17.12 Tithi 19

392793461

Gulika 6:59AM – 8:42AM
Yama 3:37PM – 5:20PM
Rahu 10:26AM – 12:09PM

Shravana Until 6:16PM
Vaidhriti* Until 7:57PM
Bava Until 6:10AM
Chaturthi* Until 7:12PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:15AM
Sunset: 7:04PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 6:16PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India
Sun 4 Sutra 69

Makara Rasi: 29.09 Tithi 20

392793461

Gulika 5:15AM – 6:59AM
Yama 1:53PM – 3:37PM
Rahu 8:43AM – 10:26AM

Dhanishtha Until 9:09PM
Vishkambha* Until 8:51PM
Kaulava Until 8:21AM
Panchami Until 9:30PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:15AM
Sunset: 7:04PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 9:09PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Lucknow, India
Sun 5 Sutra 70

Kumbha Rasi: 11.02 Tithi 21

392793461

Gulika 3:37PM – 5:20PM
Yama 12:10PM – 1:53PM
Rahu 5:20PM – 7:04PM

Shatabhishak Until 11:57PM
Priti Until 9:50PM
Gara Until 10:43AM
Shashthi* Until 11:54PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:16AM
Sunset: 7:04PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Lucknow, India
Sun 6 Sutra 71

Kumbha Rasi: 22.54 Tithi 22

312793461

Gulika 1:54PM – 3:37PM
Yama 10:27AM – 12:10PM
Rahu 6:59AM – 8:43AM

Purvaproshtapada* Until 2:59AM Tue
Ayushman Until 10:42PM
Visti Until 1:05PM
Saptami Until 2:11AM Tue

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:16AM
Sunset: 7:04PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:59AM Tue

Then Creative Work - Amrita Yoga

Sivaloka Day

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Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India
Sun 7 Sutra 72

Meena Rasi: 4.5 Tithi 23

312793461

Gulika 12:10PM – 1:54PM
Yama 8:43AM – 10:27AM
Rahu 3:37PM – 5:21PM

Uttaraproshtapada Until 5:33AM Wed
Saubhagya Until 11:23PM
Balava Until 3:15PM
Ashtami* Until 4:10AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:16AM
Sunset: 7:04PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 5:33AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India
Sun 8 Sutra 73

Meena Rasi: 16.53 Tithi 24

312793461

Gulika 10:27AM – 12:10PM
Yama 7:00AM – 8:43AM
Rahu 12:10PM – 1:54PM

Revati Until 7:29AM Thu
Sobhana Until 11:44PM
Taitila Until 5:01PM
Navami* Until 5:40AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:16AM
Sunset: 7:04PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 7:29AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija Karana Dashamyam Titau				Lucknow, India Sun 9 Sutra 74
Meena Rasi: 29.08	Tithi 25	312793461	Gulika 8:44AM – 10:27AM Yama 5:17AM – 7:00AM Rahu 1:54PM – 3:38PM	Revati Until 7:29AM Athiganda* Until 11:36PM Vanija Until 6:13PM Dashami Until 6:34AM Fri	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Clear	Sunrise: 5:17AM Sunset: 7:05PM	Moon 6 - Phase 11 2nd Phase	Sivaloka Day
Creative Work Siddha Yoga Until 7:29AM Then Creative Work - Amrita Yoga								

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India Sun 10 Sutra 75
Mesha Rasi: 11.4	Tithi 25 – 26	322793461	Gulika 7:01AM – 8:44AM Yama 3:38PM – 5:21PM Rahu 10:27AM – 12:11PM	Ashvini Until 9:08AM Sukarma Until 10:57PM Bava Until 6:46PM Dashami Until 6:34AM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 5:17AM Sunset: 7:05PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Until 9:08AM Then Creative Work - Siddha Yoga								

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lucknow, India Sun 11 Sutra 76
Mesha Rasi: 24.31	Tithi 26 – 27	322793461	Gulika 5:17AM – 7:01AM Yama 1:55PM – 3:38PM Rahu 8:44AM – 10:28AM	Bharani Until 9:56AM Dhriti Until 9:44PM Kaulava Until 6:36PM Ekadashi* Until 6:45AM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 5:17AM Sunset: 7:05PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga Until 9:56AM Then Creative Work - Amrita Yoga								

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taila/Vanija Karana Dvadashi/Trayodashyam Titau				Lucknow, India Sun 12 Sutra 77
Vrishabha Rasi: 7.44	Tithi 27 – 28	322793461	Gulika 3:38PM – 5:21PM Yama 12:11PM – 1:55PM Rahu 5:21PM – 7:05PM	Krittika Until 9:52AM Shula* Until 7:55PM Vanija Until 4:59AM Mon Dvadashi* Until 6:13AM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 5:18AM Sunset: 7:05PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>						

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India Sun 13 Sutra 78
Vrishabha Rasi: 21.2	Tithi 29	332793461	Gulika 1:55PM – 3:38PM Yama 10:28AM – 12:11PM Rahu 7:01AM – 8:45AM	Rohini Until 9:26AM Ganda* Until 5:36PM Visti Until 4:09PM Chaturdashi* Until 3:09AM Tue	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:18AM Sunset: 7:05PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Family Home Evening Creative Work Amrita Yoga								

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India Sun 14 Sutra 79		
Retreat Star		Mithuna Rasi: 5.19	Tithi 30	332793461	Gulika 12:12PM – 1:55PM Yama 8:45AM – 10:28AM Rahu 3:38PM – 5:22PM	Mrigashira Until 8:16AM Vridhi Until 2:50PM Catuspada Until 2:03PM Amavasya* Until 12:48AM Wed	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:18AM Sunset: 7:05PM	Moon 6 - Phase 11 Amavasya	Devaloka Day
Creative Work Siddha Yoga Until 8:16AM Then Routine Work - Marana Yoga		Total Solar Eclipse								

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Lucknow, India Sun 15 Sutra 80
Mithuna Rasi: 19.37	Tithi 1	333793461	Gulika 10:29AM – 12:12PM Yama 7:02AM – 8:45AM Rahu 12:12PM – 1:55PM	Ardra Until 6:29AM Dhruva Until 11:42AM Kintughna Until 11:30AM Prathama* Until 10:06PM	Ganesha: Red Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 5:19AM Sunset: 7:05PM	Moon 6 - Phase 11 Prathama	Sivaloka Day
Creative Work Siddha Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lucknow, India Sun 16 Sutra 81	
Kataka Rasi: 4.09	Tithi 2	Gulika 8:46AM – 10:29AM	Pushya Until 2:28AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM		Vikarin 5121
		Yama 5:19AM – 7:02AM	Vyaghata* Until 8:19AM	Muruqa: Blue	<i>Sunset:</i> 7:05PM		Moon 6 - Phase 12
		343793461 Rahu 1:55PM – 3:38PM	Balava Until 8:40AM	Nataraja: Yellow			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 7:09PM	Moon – Blue		Sivaloka Day	
Until 2:28AM Fri				Ashada*Ani			
Then Routine Work - Marana Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lucknow, India Sun 17 Sutra 82	
Kataka Rasi: 18.49	Tithi 3 – 4	Gulika 7:03AM – 8:46AM	Ashlesha* Until 12:07AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM		Vikarin 5121
		Yama 3:39PM – 5:22PM	Vajra* Until 1:15AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:05PM		Moon 6 - Phase 12
		343793461 Rahu 10:29AM – 12:12PM	Vanija Until 2:38AM Sat	Nataraja: Yellow			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 4:07PM	Moon – Blue		Sivaloka Day	
Until 12:07AM Sat				Ashada*Ani			
Then Creative Work - Amrita Yoga							

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lucknow, India Sun 18 Sutra 83	
Simha Rasi: 3.3	Tithi 4 – 5	Gulika 5:20AM – 7:03AM	Magha* Until 10:07PM	Ganesha: White	<i>Sunrise:</i> 5:20AM		Vikarin 5121
		Yama 1:55PM – 3:39PM	Siddhi Until 9:47PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM		Moon 6 - Phase 12
		353793461 Rahu 8:46AM – 10:29AM	Bava Until 11:41PM	Nataraja: Yellow			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 1:07PM	Moon – Red		Subha Sivaloka Day	
Until 10:07PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lucknow, India Sun 19 Sutra 84	
Simha Rasi: 18.06	Tithi 5 – 6	Gulika 3:39PM – 5:22PM	Purvaphalguni Until 8:10PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM		Vikarin 5121
		Yama 12:13PM – 1:56PM	Vyatipata* Until 6:29PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM		Moon 6 - Phase 12
		453793461 Rahu 5:22PM – 7:05PM	Kaulava Until 8:57PM	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:16AM	Moon – Red		Sivaloka Day	
Until 8:10PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Lucknow, India Sun 20 Sutra 85	
Kanya Rasi: 2.32	Tithi 6 – 7	Gulika 1:56PM – 3:39PM	Uttaraphalguni Until 6:22PM	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM		Vikarin 5121
Family Home Evening		Yama 10:30AM – 12:13PM	Variyan Until 3:23PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM		Moon 6 - Phase 12
		453793461 Rahu 7:04AM – 8:47AM	Gara Until 6:30PM	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:40AM	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Lucknow, India Sun 21 Sutra 86	
Kanya Rasi: 16.46	Tithi 8	Gulika 12:13PM – 1:56PM	Hasta Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 5:21AM		Vikarin 5121
		Yama 8:47AM – 10:30AM	Parigha* Until 12:36PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM		Moon 6 - Phase 12
		463793461 Rahu 3:39PM – 5:22PM	Visti Until 4:24PM	Nataraja: Yellow			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 3:30AM Wed	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Lucknow, India Sun 22 Sutra 87	
Tula Rasi: 0.43	Tithi 9	Gulika 10:30AM – 12:13PM	Chitra Until 4:20PM	Ganesha: White	<i>Sunrise:</i> 5:22AM		Vikarin 5121
		Yama 7:05AM – 8:47AM	Shiva Until 10:09AM	Muruqa: Blue	<i>Sunset:</i> 7:04PM		Moon 6 - Phase 12
		463793461 Rahu 12:13PM – 1:56PM	Balava Until 2:44PM	Nataraja: Yellow			Navami
Creative Work	Siddha Yoga		Navami* Until 2:02AM Thu	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau			Lucknow, India Sun 23 Sutra 88
Tula Rasi: 14.25	Tithi 10	Gulika 8:48AM – 10:30AM	Svati Until 3:45PM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
		Yama 5:22AM – 7:05AM	Siddha Until 8:02AM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 13	
		463893461 Rahu 1:56PM – 3:39PM	Taitila Until 1:30PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 1:02AM Fri	Moon – Green		Sivaloka Day	
Until 3:45PM				Ashada•Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau			Lucknow, India Sun 24 Sutra 89
Tula Rasi: 27.51	Tithi 11	Gulika 7:05AM – 8:48AM	Vishakha Until 3:55PM	Ganesha: White	<i>Sunrise:</i> 5:23AM	Vikarin 5121	
		Yama 3:39PM – 5:21PM	Sadhya Until 6:18AM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 13	
		473893461 Rahu 10:31AM – 12:13PM	Vanija Until 12:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:30AM Sat	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau			Lucknow, India Sun 25 Sutra 90
Vrischika Rasi: 11.01	Tithi 12	Gulika 5:23AM – 7:06AM	Anuradha Until 4:24PM	Ganesha: White	<i>Sunrise:</i> 5:23AM	Vikarin 5121	
		Yama 1:56PM – 3:39PM	Sukla Until 3:59AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 13	
		473893461 Rahu 8:48AM – 10:31AM	Bava Until 12:26PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 12:26AM Sun	Moon – Orange		Devaloka Day	
				Ashada•Ani			

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Lucknow, India Sun 26 Sutra 91
Vrischika Rasi: 23.57	Tithi 13	Gulika 3:38PM – 5:21PM	Jyeshtha* Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 5:24AM	Vikarin 5121	
		Yama 12:13PM – 1:56PM	Brahma Until 3:23AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13	
		473893461 Rahu 5:21PM – 7:03PM	Kaulava Until 12:37PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 12:52AM Mon	Moon – Orange		Devaloka Day	
Until 5:13PM				Ashada•Ani			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Lucknow, India Sun 27 Sutra 92
Dhanus Rasi: 6.38	Tithi 14	Gulika 1:56PM – 3:38PM	Mula* Until 6:48PM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Vikarin 5121	
Family Home Evening		Yama 10:31AM – 12:14PM	Indra Until 3:11AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13	
		483893461 Rahu 7:06AM – 8:49AM	Gara Until 1:17PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:46AM Tue	Moon – Light Blue		Sivaloka Day	
Until 6:48PM				Ashada•Ani			
Then Routine Work - Marana Yoga							

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Lucknow, India Sun 28 Sutra 93
Copper Retreat Star		Gulika 12:14PM – 1:56PM	Purvashadha* Until 8:40PM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Vikarin 5121	
Dhanus Rasi: 19.07	Tithi 15	Yama 8:49AM – 10:31AM	Vaidhriti* Until 3:18AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13	
		483893461 Rahu 3:38PM – 5:21PM	Visti Until 2:24PM	Nataraja: Yellow		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 3:07AM Wed	Moon – Light Blue		Sivaloka Day	
Until 8:40PM				Ashada•Ani			
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima					

Wednesday, July 17, 2019		Silver Retreat Star			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Lucknow, India Sun 29 Sutra 94
Makara Rasi: 1.25	Tithi 16	Gulika 10:32AM – 12:14PM	Uttarashadha Until 10:48PM	Ganesha: Purple	<i>Sunrise:</i> 5:25AM	Vikarin 5121		
		Yama 7:07AM – 8:49AM	Vishkambha* Until 3:44AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13		
		484893462 Rahu 12:14PM – 1:56PM	Balava Until 3:58PM	Nataraja: White		Prathama		
Creative Work	Amrita Yoga		Prathama* Until 4:53AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day		
Until 10:48PM				Ashada•Ani				
Then Creative Work - Siddha Yoga								



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Lucknow, India
Sutra 95

Makara Rasi: 13.32 Tithi 17

Gulika 8:50AM – 10:32AM
Yama 5:25AM – 7:08AM
494893462 **Rahu** 1:56PM – 3:38PM

Shravana Until 1:35AM Fri
Priti Until 4:27AM Fri
Tailila Until 5:54PM
Dvitiya Until 6:58AM Fri

Ganesha: Clear *Sunrise: 5:25AM*
Muruqa: Blue *Sunset: 7:02PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India
Sun 1 Sutra 96

Makara Rasi: 25.31 Tithi 17 – 18

Gulika 7:08AM – 8:50AM
Yama 3:38PM – 5:20PM
494893462 **Rahu** 10:32AM – 12:14PM

Dhanishtha Until 4:27AM Sat
Ayushman Until 5:19AM Sat
Vanija Until 8:07PM
Dvitiya Until 6:58AM

Ganesha: Clear *Sunrise: 5:26AM*
Muruqa: Blue *Sunset: 7:02PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 4:27AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Lucknow, India
Sun 2 Sutra 97

Kumbha Rasi: 7.25 Tithi 18 – 19

Gulika 5:26AM – 7:08AM
Yama 1:56PM – 3:38PM
494893462 **Rahu** 8:50AM – 10:32AM

Shatabhishak Until 7:15AM Sun
Saubhagya Until 6:18AM Sun
Bava Until 10:30PM
Tritiya Until 9:17AM

Ganesha: Clear *Sunrise: 5:26AM*
Muruqa: Blue *Sunset: 7:02PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 7:15AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India
Sun 3 Sutra 98

Kumbha Rasi: 19.17 Tithi 19 – 20

Gulika 3:38PM – 5:19PM
Yama 12:14PM – 1:56PM
494893462 **Rahu** 5:19PM – 7:01PM

Shatabhishak Until 7:15AM
Saubhagya Until 6:18AM
Kaulava Until 12:55AM Mon
Chaturthi* Until 11:42AM

Ganesha: Clear *Sunrise: 5:27AM*
Muruqa: Blue *Sunset: 7:01PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India
Sun 4 Sutra 99

Meena Rasi: 1.09 Tithi 20 – 21

Gulika 1:56PM – 3:37PM
Yama 10:32AM – 12:14PM
414893462 **Rahu** 7:09AM – 8:51AM

Purvaproshtapada* Until 10:23AM
Sobhana Until 7:16AM
Gara Until 3:12AM Tue
Panchami Until 2:04PM

Ganesha: Clear *Sunrise: 5:27AM*
Muruqa: Blue *Sunset: 7:01PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 10:23AM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lucknow, India
Sun 5 Sutra 100

Meena Rasi: 13.04 Tithi 21 – 22

Gulika 12:14PM – 1:56PM
Yama 8:51AM – 10:33AM
414893462 **Rahu** 3:37PM – 5:19PM

Uttaraproshtapada Until 1:10PM
Athiganda* Until 8:05AM
Visti Until 5:12AM Wed
Shashthi* Until 4:14PM

Ganesha: Clear *Sunrise: 5:28AM*
Muruqa: Blue *Sunset: 7:00PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 1:10PM
Then Creative Work - Siddha Yoga

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava Karana Saptamyam Titau

Lucknow, India
Sun 6 Sutra 101

Meena Rasi: 25.07 Tithi 22

Gulika 10:33AM – 12:14PM
Yama 7:10AM – 8:51AM
414893462 **Rahu** 12:14PM – 1:56PM

Revati Until 3:27PM
Sukarma Until 8:41AM
Bava Until 6:02PM
Saptami Until 6:02PM

Ganesha: Clear *Sunrise: 5:28AM*
Muruqa: Blue *Sunset: 7:00PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Retreat Star

Thursday, July 25, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India
Sun 7 Sutra 102

Mesha Rasi: 7.2 Tithi 23

Gulika 8:52AM – 10:33AM
Yama 5:29AM – 7:10AM
424893462 **Rahu** 1:55PM – 3:37PM

Ashvini Until 5:34PM
Dhriti Until 8:56AM
Balava Until 6:46AM
Ashtami* Until 7:18PM

Ganesha: White *Sunrise: 5:29AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Ashtami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Until 5:34PM
Then Creative Work - Siddha Yoga

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Navamyam Titau

Lucknow, India
Sun 8 Sutra 103

Mesha Rasi: 19.49 Tithi 24

Gulika 7:11AM – 8:52AM
Yama 3:37PM – 5:18PM
424893462 **Rahu** 10:33AM – 12:14PM

Bharani Until 6:53PM
Shula* Until 8:40AM
Tailila Until 7:43AM
Navami* Until 7:55PM

Ganesha: White *Sunrise: 5:29AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Ashada*Adi


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda* Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau				Lucknow, India
	Wrishabha Rasi: 2.38	Tithi 25	424893462	Gulika 5:30AM – 7:11AM Yama 1:55PM – 3:36PM Rahu 8:52AM – 10:33AM	Krittika Until 7:19PM Ganda* Until 7:52AM Vanija Until 7:57AM Dashami Until 7:46PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – White	Sunrise: 5:30AM Sunset: 6:58PM Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day
	Creative Work	Amrita Yoga				Ashada*Adi	

2	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Lucknow, India
	Wrishabha Rasi: 15.5	Tithi 26	434893462	Gulika 3:36PM – 5:17PM Yama 12:14PM – 1:55PM Rahu 5:17PM – 6:58PM	Rohini Until 7:17PM Vriddhi Until 6:27AM Bava Until 7:25AM Ekadashi* Until 6:50PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:30AM Sunset: 6:58PM Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day
	Creative Work	Siddha Yoga				Ashada*Adi	

3	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Wrishabha Rasi: 29.28	Tithi 27 – 28	434893462	Gulika 1:55PM – 3:36PM Yama 10:33AM – 12:14PM Rahu 7:12AM – 8:53AM	Mrigashira Until 6:21PM Vyaghata* Until 1:44AM Tue Kaulava Until 6:06AM Dvadashi* Until 5:09PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:31AM Sunset: 6:57PM Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day
	Family Home Evening	Amrita Yoga				Ashada*Adi	
	Until 6:21PM	Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	

4	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Mithuna Rasi: 13.32	Tithi 28 – 29	435893462	Gulika 12:14PM – 1:55PM Yama 8:53AM – 10:33AM Rahu 3:35PM – 5:16PM	Ardra Until 4:37PM Harshana Until 10:37PM Visti Until 1:27AM Wed Trayodashi* Until 2:49PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:31AM Sunset: 6:57PM Moon 7 - Phase 15 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga				Ashada*Adi	
	Until 4:37PM	Then Creative Work - Siddha Yoga					

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lucknow, India
	Retreat Star		445893462	Gulika 10:34AM – 12:14PM Yama 7:13AM – 8:53AM Rahu 12:14PM – 1:55PM	Punarvasu Until 2:39PM Vajra* Until 7:03PM Catuspada Until 10:22PM Chaturdashi* Until 11:57AM	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 5:32AM Sunset: 6:56PM Moon 7 - Phase 15 Amavasya Sivaloka Day
	Mithuna Rasi: 28.01	Tithi 29 – 30				Ashada*Adi	
	Creative Work	Siddha Yoga					

	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India
	Retreat Star		445893462	Gulika 8:53AM – 10:34AM Yama 5:33AM – 7:13AM Rahu 1:54PM – 3:35PM	Pushya Until 12:10PM Siddhi Until 3:13PM Kintughna Until 6:58PM Amavasya* Until 8:41AM	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 5:33AM Sunset: 6:55PM Moon 7 - Phase 15 Prathama Sivaloka Day
	Kataka Rasi: 12.49	Tithi 30 – 1				Sravana*Adi	
	Creative Work	Amrita Yoga					

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lucknow, India Sun 15 Sutra 110 Vikarin 5121	
Kataka Rasi: 27.49	Tithi 2	Gulika 7:13AM – 8:53AM	Ashlesha* Until 9:20AM	Ganesha: Green	<i>Sunrise:</i> 5:33AM		
		Yama 3:34PM – 5:15PM	Vyatipata* Until 11:15AM	Muruqa: Blue	<i>Sunset:</i> 6:55PM		Moon 7 - Phase 16
		445893462 Rahu 10:34AM – 12:14PM	Balava Until 3:25PM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 1:37AM Sat	Moon – Blue		Sivaloka Day	
				Sravana*Adi			

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau		Lucknow, India Sun 16 Sutra 111 Vikarin 5121	
Simha Rasi: 12.52	Tithi 3	Gulika 5:34AM – 7:14AM	Magha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 5:34AM		
		Yama 1:54PM – 3:34PM	Varyan Until 7:13AM	Muruqa: Blue	<i>Sunset:</i> 6:54PM		Moon 7 - Phase 16
		455893462 Rahu 8:54AM – 10:34AM	Taitila Until 11:52AM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 10:07PM	Moon – Red		Sivaloka Day	
Until 6:43AM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturtham Titau		Lucknow, India Sun 17 Sutra 112 Vikarin 5121	
Simha Rasi: 27.5	Tithi 4	Gulika 3:34PM – 5:14PM	Uttaraphalguni Until 1:36AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM		
		Yama 12:14PM – 1:54PM	Shiva Until 11:38PM	Muruqa: Blue	<i>Sunset:</i> 6:53PM		Moon 7 - Phase 16
		455993462 Rahu 5:14PM – 6:53PM	Vanija Until 8:27AM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 6:50PM	Moon – Red		Subha Sivaloka Day	
Until 1:36AM Mon				Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Lucknow, India Sun 18 Sutra 113 Vikarin 5121	
Kanya Rasi: 12.35	Tithi 5 – 6	Gulika 1:53PM – 3:33PM	Hasta Until 11:47PM	Ganesha: White	<i>Sunrise:</i> 5:35AM		
Family Home Evening		Yama 10:34AM – 12:14PM	Siddha Until 8:15PM	Muruqa: Blue	<i>Sunset:</i> 6:53PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 7:14AM – 8:54AM	Kaulava Until 2:40AM Tue	Nataraja: White			3rd Phase
Until 11:47PM			Panchami Until 3:56PM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamam Titau		Lucknow, India Sun 19 Sutra 114 Vikarin 5121	
Kanya Rasi: 27.01	Tithi 6 – 7	Gulika 12:14PM – 1:53PM	Chitra Until 10:22PM	Ganesha: White	<i>Sunrise:</i> 5:35AM		
		Yama 8:54AM – 10:34AM	Sadhya Until 5:18PM	Muruqa: Blue	<i>Sunset:</i> 6:52PM		Moon 7 - Phase 16
		465993462 Rahu 3:33PM – 5:12PM	Gara Until 12:32AM Wed	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 1:30PM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamam Titau		Lucknow, India Sun 20 Sutra 115 Vikarin 5121	
Tula Rasi: 11.05	Tithi 7 – 8	Gulika 10:34AM – 12:13PM	Svati Until 9:24PM	Ganesha: White	<i>Sunrise:</i> 5:36AM		
		Yama 7:15AM – 8:54AM	Subha Until 2:51PM	Muruqa: Blue	<i>Sunset:</i> 6:51PM		Moon 7 - Phase 16
		465993462 Rahu 12:13PM – 1:53PM	Visti Until 11:00PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 11:40AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamam Titau		Lucknow, India Sun 21 Sutra 116 Vikarin 5121	
Tula Rasi: 24.45	Tithi 8 – 9	Gulika 8:55AM – 10:34AM	Vishakha Until 9:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM		
		Yama 5:36AM – 7:15AM	Sukla Until 12:55PM	Muruqa: Blue	<i>Sunset:</i> 6:51PM		Moon 7 - Phase 16
		476993462 Rahu 1:53PM – 3:32PM	Balava Until 10:09PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Ashtami* Until 10:29AM	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Lucknow, India Sun 22 Sutra 117 Vikarin 5121		
Wrischika Rasi: 8.02	Tithi 9 – 10	Gulika 7:16AM – 8:55AM	Anuradha Until 9:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Muruqa: Blue	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 17 4th Phase
Creative Work	Siddha Yoga	Yama 3:32PM – 5:11PM	Brahma Until 11:32AM	Nataraja: White		Moon – Orange		Sivaloka Day
Until 9:54PM		486993462 Rahu 10:34AM – 12:13PM	Taitila Until 9:58PM					
Then Routine Work - Marana Yoga			Navami* Until 9:58AM			Sravana*Adi		

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau		Lucknow, India Sun 23 Sutra 118 Vikarin 5121		
Wrischika Rasi: 20.59	Tithi 10 – 11	Gulika 5:37AM – 7:16AM	Jyeshtha* Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Muruqa: Blue	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 17 4th Phase
Creative Work	Siddha Yoga	Yama 1:52PM – 3:31PM	Indra Until 10:40AM	Nataraja: White		Moon – Orange		Sivaloka Day
Until 9:54PM		486993462 Rahu 8:55AM – 10:34AM	Vanija Until 10:25PM					
Then Routine Work - Marana Yoga			Dashami Until 10:06AM			Sravana*Adi		

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 24 Sutra 119 Vikarin 5121		
Dhanus Rasi: 3.38	Tithi 11 – 12	Gulika 3:31PM – 5:09PM	Mula* Until 12:42AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 17 4th Phase
Creative Work	Amrita Yoga	Yama 12:13PM – 1:52PM	Vaidhriti* Until 10:15AM	Nataraja: White		Moon – Light Blue		Subha Sivaloka Day
Until 12:42AM Mon		486993462 Rahu 5:09PM – 6:48PM	Bava Until 11:26PM					
Then Routine Work - Marana Yoga			Ekadashi Until 10:50AM			Sravana*Adi		

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Pritii Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 25 Sutra 120 Vikarin 5121		
Dhanus Rasi: 16.02	Tithi 12 – 13	Gulika 1:51PM – 3:30PM	Purvashadha* Until 2:50AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 17 4th Phase
Family Home Evening		Yama 10:34AM – 12:13PM	Vishkambha* Until 10:16AM	Nataraja: White		Moon – Light Blue		Subha Sivaloka Day
Routine Work	Marana Yoga	486993462 Rahu 7:17AM – 8:55AM	Kaulava Until 12:55AM Tue					
Until 2:50AM Tue			Dvadashi Until 12:06PM			Sravana*Adi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>					

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Pritii/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 26 Sutra 121 Vikarin 5121		
Dhanus Rasi: 28.16	Tithi 13 – 14	Gulika 12:13PM – 1:51PM	Uttarashadha Until 5:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 17 4th Phase
Routine Work	Prabalarishta Yoga	Yama 8:56AM – 10:34AM	Pritii Until 10:37AM	Nataraja: White		Moon – Light Blue		Subha Sivaloka Day
Until 5:08AM Wed		486993462 Rahu 3:30PM – 5:08PM	Gara Until 2:46AM Wed					
Then Creative Work - Siddha Yoga			Trayodashi Until 1:47PM			Sravana*Adi		

6		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau		Lucknow, India Sun 27 Sutra 122 Vikarin 5121		
Makara Rasi: 10.2	Tithi 14 – 15	Gulika 10:34AM – 12:12PM	Shravana Until 8:03AM Thu	Ganesha: White	<i>Sunrise:</i> 5:39AM	Muruqa: Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 17 4th Phase
Creative Work	Siddha Yoga	Yama 7:17AM – 8:56AM	Ayushman Until 11:12AM	Nataraja: White		Moon – Purple		Sivaloka Day
Until 9:54PM		486993462 Rahu 12:12PM – 1:51PM	Vistii Until 4:55AM Thu					
			Chaturdashi* Until 3:48PM			Sravana*Adi		

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava Karana Purnimayam Titau		Lucknow, India Sutra 123 Vikarin 5121		
Copper Retreat Star		Gulika 8:56AM – 10:34AM	Shravana Until 8:03AM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 17 Purnima
Makara Rasi: 22.18	Tithi 15	Yama 5:39AM – 7:18AM	Saubhagya Until 11:59AM	Nataraja: White		Moon – Purple		Subha Sivaloka Day
Creative Work	Siddha Yoga	486993462 Rahu 1:50PM – 3:29PM	Bava Until 6:02PM					
		Raksha Bandhan	Purnima* Until 6:02PM			Sravana*Adi		

○		Friday, August 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Lucknow, India Sutra 124 Vikarin 5121		
Silver Retreat Star		Gulika 7:18AM – 8:56AM	Dhanishtha Until 10:57AM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 17 Prathama
Kumbha Rasi: 4.12	Tithi 16	Yama 3:28PM – 5:06PM	Sobhana Until 12:54PM	Nataraja: White		Moon – Purple		Subha Sivaloka Day
Creative Work	Siddha Yoga	486993462 Rahu 10:34AM – 12:12PM	Balava Until 7:14AM					
			Prathama* Until 8:25PM			Sravana*Adi		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Saturday, August 17, 2019
Gold Retreat Star

Kumbha Rasi: 16.04 Tithi 17
497993462
Creative Work Amrita Yoga
Until 1:46PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 5:40AM – 7:18AM **Shatabhishak Until 1:46PM**
Yama 1:50PM – 3:27PM Athiganda* Until 1:51PM
497993462 **Rahu** 8:56AM – 10:34AM Taitila Until 9:40AM
Dvitiya Until 10:51PM

Lucknow, India
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Sunrise: 5:40AM
Sunset: 6:43PM
Ganesha: Yellow
Muruga: Blue
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Sravana-Avani

1

Sunday, August 18, 2019

Kumbha Rasi: 27.55 Tithi 18
517993462
Creative Work Siddha Yoga
Until 4:55PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Trilyayam Titau
Gulika 3:27PM – 5:05PM **Purvaproshtapada* Until 4:55PM**
Yama 12:12PM – 1:49PM Sukarma Until 2:48PM
517993462 **Rahu** 5:05PM – 6:42PM Vanija Until 12:05PM
Tritiya Until 1:15AM Mon

Lucknow, India
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Sunrise: 5:41AM
Sunset: 6:42PM
Ganesha: White
Muruga: Blue
Nataraja: White
Moon – Clear
Subha Subha Sivaloka Day
Sravana-Avani

2

Monday, August 19, 2019

Meena Rasi: 9.49 Tithi 19
517993462
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 1:49PM – 3:26PM **Uttaraproshtapada Until 7:46PM**
Yama 10:34AM – 12:11PM Dhriti Until 3:42PM
517993462 **Rahu** 7:19AM – 8:56AM Bava Until 2:25PM
Chaturthi* Until 3:30AM Tue

Lucknow, India
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Sunrise: 5:41AM
Sunset: 6:41PM
Ganesha: White
Muruga: Blue
Nataraja: White
Moon – Clear
Subha Subha Sivaloka Day
Sravana-Avani

3

Tuesday, August 20, 2019

Meena Rasi: 21.45 Tithi 20
517993462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 12:11PM – 1:48PM **Revati Until 10:16PM**
Yama 8:56AM – 10:34AM Shula* Until 4:24PM
517993462 **Rahu** 3:26PM – 5:03PM Kaulava Until 4:33PM
Panchami Until 5:29AM Wed

Lucknow, India
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Sunrise: 5:42AM
Sunset: 6:40PM
Ganesha: White
Muruga: Blue
Nataraja: White
Moon – Clear
Subha Subha Sivaloka Day
Sravana-Avani

4

Wednesday, August 21, 2019

Mesha Rasi: 3.49 Tithi 21
527993462
Routine Work Marana Yoga
Until 12:44AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara Karana Shashthyam Titau
Gulika 10:34AM – 12:11PM **Ashvini Until 12:44AM Thu**
Yama 7:19AM – 8:57AM Ganda* Until 4:52PM
527993462 **Rahu** 12:11PM – 1:48PM Gara Until 6:22PM
Shashthi* Until 7:05AM Thu

Lucknow, India
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Sunrise: 5:42AM
Sunset: 6:39PM
Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – White
Subha Sivaloka Day
Sravana-Avani

5

Thursday, August 22, 2019

Mesha Rasi: 16.01 Tithi 21 – 22
528993462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau
Gulika 8:57AM – 10:34AM **Bharani Until 2:34AM Fri**
Yama 5:43AM – 7:20AM Vridhhi Until 5:00PM
528993462 **Rahu** 1:48PM – 3:25PM Visiti Until 7:43PM
Shashthi* Until 7:05AM

Lucknow, India
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Sunrise: 5:43AM
Sunset: 6:38PM
Ganesha: White
Muruga: Blue
Nataraja: White
Moon – White
Sivaloka Day
Sravana-Avani

D

Friday, August 23, 2019
Retreat Star

Mesha Rasi: 28.27 Tithi 22 – 23
528993462
Creative Work Siddha Yoga
Until 3:37AM Sat
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 7:20AM – 8:57AM **Krittika Until 3:37AM Sat**
Yama 3:24PM – 5:01PM Dhruva Until 4:39PM
528993462 **Rahu** 10:34AM – 12:10PM Balava Until 8:28PM
Saptami Until 8:09AM

Lucknow, India
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami
Sunrise: 5:43AM
Sunset: 6:37PM
Ganesha: White
Muruga: Blue
Nataraja: White
Moon – White
Sivaloka Day
Sravana-Avani

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 11.11 Tithi 23 – 24
538993462
Creative Work Amrita Yoga
Until 4:15AM Sun
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukhtayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 5:44AM – 7:20AM **Rohini Until 4:15AM Sun**
Yama 1:47PM – 3:23PM Vyaghata* Until 3:46PM
538993462 **Rahu** 8:57AM – 10:33AM Taitila Until 8:30PM
Ashtami* Until 8:33AM

Lucknow, India
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami
Sunrise: 5:44AM
Sunset: 6:37PM
Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Yellow
Subha Sivaloka Day
Sravana-Avani


1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Lucknow, India	
			Sun 9			Sutra 133		
	Vishabha Rasi: 24.17 Tithi 24 – 25		538993462	Gulika 3:23PM – 4:59PM Yama 12:10PM – 1:46PM Rahu 4:59PM – 6:36PM	Mrigashira Until 3:57AM Mon Harshana Until 2:16PM Vanija Until 7:44PM Navami* Until 8:12AM	Ganesha: Clear <i>Sunrise:</i> 5:44AM Muruqa: Blue <i>Sunset:</i> 6:36PM Nataraja: White Moon – Yellow	Subha Sivaloka Day	
	Creative Work Siddha Yoga							

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India	
			Sun 10			Sutra 134		
	Mithuna Rasi: 7.49 Tithi 25 – 26		538993462	Gulika 1:46PM – 3:22PM Yama 10:33AM – 12:10PM Rahu 7:21AM – 8:57AM	Ardra Until 2:45AM Tue Vajra* Until 12:07PM Bava Until 6:12PM Dashami Until 7:03AM	Ganesha: Clear <i>Sunrise:</i> 5:45AM Muruqa: Blue <i>Sunset:</i> 6:35PM Nataraja: White Moon – Yellow	Subha Sivaloka Day	
	Family Home Evening Creative Work Siddha Yoga							

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lucknow, India	
			Sun 11			Sutra 135		
	Mithuna Rasi: 21.5 Tithi 27		548993462	Gulika 12:09PM – 1:45PM Yama 8:57AM – 10:33AM Rahu 3:21PM – 4:57PM	Punarvasu Until 1:09AM Wed Siddhi Until 9:22AM Kaulava Until 3:56PM Dvadashi* Until 2:33AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:45AM Muruqa: Blue <i>Sunset:</i> 6:34PM Nataraja: White Moon – Blue	Sivaloka Day	
	Creative Work Siddha Yoga							

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Lucknow, India	
			Sun 12			Sutra 136		
	Kataka Rasi: 6.17 Tithi 28		549993463	Gulika 10:33AM – 12:09PM Yama 7:21AM – 8:57AM Rahu 12:09PM – 1:45PM	Pushya Until 10:50PM Vyatipata* Until 6:06AM Gara Until 1:04PM Trayodashi* Until 11:25PM	Ganesha: Light Blue <i>Sunrise:</i> 5:45AM Muruqa: Blue <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue	Devaloka Day	
	Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					

5	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India	
			Sun 13			Sutra 137		
	Kataka Rasi: 21.07 Tithi 29		549193463	Gulika 8:57AM – 10:33AM Yama 5:46AM – 7:22AM Rahu 1:44PM – 3:20PM	Ashlesha* Until 7:59PM Parigha* Until 10:19PM Visti Until 9:42AM Chaturdashi* Until 7:53PM	Ganesha: Orange <i>Sunrise:</i> 5:46AM Muruqa: Blue <i>Sunset:</i> 6:31PM Nataraja: Clear Moon – Blue	Sivaloka Day	
	Creative Work Siddha Yoga Until 7:59PM Then Creative Work - Amrita Yoga							

	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India	
	Retreat Star				Sun 14	Sutra 138		
	Simha Rasi: 6.14 Tithi 30 – 1		559193463	Gulika 7:22AM – 8:57AM Yama 3:19PM – 4:55PM Rahu 10:33AM – 12:08PM	Magha* Until 5:09PM Shiva Until 6:06PM Catuspada Until 6:01AM Amavasya* Until 4:06PM	Ganesha: Clear <i>Sunrise:</i> 5:46AM Muruqa: Blue <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – Red	Sivaloka Day	
	Routine Work Marana Yoga Until 5:09PM Then Creative Work - Siddha Yoga		Varalakshmi Vratam					

6	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lucknow, India	
	Retreat Star				Sun 15	Sutra 139		
	Simha Rasi: 21.29 Tithi 1 – 2		559193463	Gulika 5:47AM – 7:22AM Yama 1:43PM – 3:19PM Rahu 8:57AM – 10:33AM	Purvaphalguni Until 2:07PM Siddha Until 1:48PM Balava Until 10:22PM Prathama* Until 12:15PM	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: Blue <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Red	Sivaloka Day	
	Creative Work Siddha Yoga Until 2:07PM Then Routine Work - Marana Yoga		Bhadrapada-Avani					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lucknow, India
	Kanya Rasi: 6.42	Tithi 2 – 3	Gulika 3:18PM – 4:53PM	Uttaraphalguni Until 11:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Sun 16 Sutra 140
			Yama 12:08PM – 1:43PM	Sadhya Until 9:37AM	Muruqa: Blue	<i>Sunset:</i> 6:28PM	Vikarin 5121
	559193463		Rahu 4:53PM – 6:28PM	Taitila Until 6:44PM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Amrita Yoga		Dvitiya Until 8:30AM	Moon – Red		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Lucknow, India
	Kanya Rasi: 21.43	Tithi 4	Gulika 1:42PM – 3:17PM	Hasta Until 8:36AM	Ganesha: Orange	<i>Sunrise:</i> 5:48AM	Sun 17 Sutra 141
	Family Home Evening		Yama 10:32AM – 12:07PM	Sukla Until 2:05AM Tue	Muruqa: Blue	<i>Sunset:</i> 6:27PM	Vikarin 5121
	559193463		Rahu 7:23AM – 8:58AM	Vanija Until 3:27PM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Chaturthi* Until 1:58AM Tue	Moon – Green		3rd Phase	
Until 8:36AM		Ganesha Chaturthi		Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Prabararishta Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Lucknow, India
	Tula Rasi: 6.23	Tithi 5	Gulika 12:07PM – 1:42PM	Chitra Until 6:26AM	Ganesha: Orange	<i>Sunrise:</i> 5:48AM	Sun 18 Sutra 142
			Yama 8:58AM – 10:32AM	Brahma Until 10:58PM	Muruqa: Blue	<i>Sunset:</i> 6:26PM	Vikarin 5121
	559193463		Rahu 3:17PM – 4:51PM	Bava Until 12:40PM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Panchami Until 11:30PM	Moon – Green		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Lucknow, India
	Tula Rasi: 20.38	Tithi 6	Gulika 10:32AM – 12:07PM	Vishakha Until 4:05AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:48AM	Sun 19 Sutra 143
			Yama 7:23AM – 8:58AM	Indra Until 8:27PM	Muruqa: Blue	<i>Sunset:</i> 6:25PM	Vikarin 5121
	559193463		Rahu 12:07PM – 1:41PM	Kaulava Until 10:32AM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Shashthi* Until 9:44PM	Moon – Orange		3rd Phase	
				Bhadrapada-Avani		Subha Sivaloka Day	

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Lucknow, India
	Vrischika Rasi: 4.24	Tithi 7	Gulika 8:58AM – 10:32AM	Anuradha Until 4:05AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:49AM	Sun 20 Sutra 144
			Yama 5:49AM – 7:23AM	Vaidhriti* Until 6:34PM	Muruqa: Blue	<i>Sunset:</i> 6:24PM	Vikarin 5121
	559193463		Rahu 1:41PM – 3:15PM	Gara Until 9:11AM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Saptami Until 8:47PM	Moon – Orange		3rd Phase	
Until 4:05AM Fri				Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Marana Yoga							

6	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Lucknow, India
	Retreat Star		Gulika 7:24AM – 8:58AM	Jyeshtha* Until 4:43AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:49AM	Sun 21 Sutra 145
	Vrischika Rasi: 17.42	Tithi 8	Yama 3:15PM – 4:49PM	Vishkambha* Until 5:20PM	Muruqa: Blue	<i>Sunset:</i> 6:23PM	Vikarin 5121
	559193463		Rahu 10:32AM – 12:06PM	Visti Until 8:38AM	Nataraja: Clear		Moon 8 - Phase 20
Routine Work	Marana Yoga		Ashtami* Until 8:40PM	Moon – Orange		Ashtami	
Until 4:43AM Sat				Bhadrapada-Avani		Sivaloka Day	
Then Creative Work - Siddha Yoga							

7	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Lucknow, India
	Retreat Star		Gulika 5:50AM – 7:24AM	Mula* Until 6:26AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:50AM	Sun 22 Sutra 146
	Dhanus Rasi: 0.35	Tithi 9	Yama 1:40PM – 3:14PM	Priti Until 4:45PM	Muruqa: Blue	<i>Sunset:</i> 6:22PM	Vikarin 5121
	581193463		Rahu 8:58AM – 10:32AM	Balava Until 8:55AM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Navami* Until 9:19PM	Moon – Light Blue		Navami	
				Bhadrapada-Avani		Devaloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India
	Dhanus Rasi: 13.06	Tithi 10				Sun 23	Sutra 147
			581193463	Gulika 3:13PM – 4:47PM Yama 12:05PM – 1:39PM Rahu 4:47PM – 6:21PM	Mula* Until 6:26AM Ayushman Until 4:41PM Taitila Until 9:57AM Dashami Until 10:40PM	Ganesha: Green <i>Sunrise:</i> 5:50AM Muruqa: Blue <i>Sunset:</i> 6:21PM Nataraja: Clear Moon – Light Blue	Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work Amrita Yoga Until 6:26AM Then Creative Work - Siddha Yoga			Grandparent's Day	Bhadrapada*Avani	Devaloka Day	

2	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India
	Dhanus Rasi: 25.21	Tithi 11				Sun 24	Sutra 148
			581193463	Gulika 1:39PM – 3:12PM Yama 10:31AM – 12:05PM Rahu 7:24AM – 8:58AM	Purvashadha* Until 8:35AM Saubhagya Until 5:04PM Vanija Until 11:35AM Ekadashi Until 12:33AM Tue	Ganesha: Green <i>Sunrise:</i> 5:51AM Muruqa: Blue <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – Light Blue	Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Family Home Evening Routine Work Marana Yoga				Bhadrapada*Avani	Devaloka Day	

3	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Lucknow, India
	Makara Rasi: 7.25	Tithi 12				Sun 25	Sutra 149
			581193463	Gulika 12:05PM – 1:38PM Yama 8:58AM – 10:31AM Rahu 3:12PM – 4:45PM	Uttarashadha Until 11:00AM Sobhana Until 5:46PM Bava Until 1:39PM Dvadashi Until 2:46AM Wed	Ganesha: Green <i>Sunrise:</i> 5:51AM Muruqa: Blue <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Light Blue	Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Routine Work Prabalarishta Yoga Until 11:00AM Then Creative Work - Siddha Yoga				Bhadrapada*Avani	Devaloka Day	

4	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lucknow, India
	Makara Rasi: 19.21	Tithi 13				Sun 26	Sutra 150
			591193463	Gulika 10:31AM – 12:04PM Yama 7:25AM – 8:58AM Rahu 12:04PM – 1:38PM	Shravana Until 2:02PM Athiganda* Until 6:37PM Kaulava Until 3:59PM Trayodashi Until 5:11AM Thu	Ganesha: Red <i>Sunrise:</i> 5:51AM Muruqa: Blue <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Purple	Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work Siddha Yoga Until 2:02PM Then Routine Work - Prabalarishta Yoga			Avani Avittam	Bhadrapada*Avani	Sivaloka Day	

5	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Gara Karana Chaturdashyam Titau				Lucknow, India
	Kumbha Rasi: 1.13	Tithi 14				Sun 27	Sutra 151
			591193463	Gulika 8:58AM – 10:31AM Yama 5:52AM – 7:25AM Rahu 1:37PM – 3:10PM	Dhanishtha Until 5:01PM Sukarma Until 7:34PM Gara Until 6:27PM Chaturdashi* Until 7:39AM Fri	Ganesha: Red <i>Sunrise:</i> 5:52AM Muruqa: Blue <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Purple	Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work Siddha Yoga				Bhadrapada*Avani	Sivaloka Day	

O	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India
	Copper Retreat Star					Sutra 152	
	Kumbha Rasi: 13.04	Tithi 14 – 15				Sun 28	Sutra 153
			591113463	Gulika 7:25AM – 8:58AM Yama 3:09PM – 4:42PM Rahu 10:31AM – 12:04PM	Shatabhishak Until 7:50PM Dhriti Until 8:31PM Visti Until 8:54PM Chaturdashi* Until 7:39AM	Ganesha: Red <i>Sunrise:</i> 5:52AM Muruqa: Purple <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Purple	Vikarin 5121 Moon 8 - Phase 21 Purnima
Creative Work Siddha Yoga			Chidambaram Abhishekam	Bhadrapada*Avani	Sivaloka Day		

O	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India
	Silver Retreat Star					Sutra 153	
	Kumbha Rasi: 24.56	Tithi 15 – 16				Sun 29	Sutra 154
			511113463	Gulika 5:53AM – 7:25AM Yama 1:36PM – 3:09PM Rahu 8:58AM – 10:31AM	Purvaproshtapada* Until 10:55PM Shula* Until 9:23PM Balava Until 11:18PM Purnima* Until 10:06AM	Ganesha: Red <i>Sunrise:</i> 5:53AM Muruqa: Purple <i>Sunset:</i> 6:14PM Nataraja: Clear Moon – Clear	Vikarin 5121 Moon 8 - Phase 21 Prathama
Routine Work Marana Yoga Until 10:55PM Then Creative Work - Siddha Yoga				Bhadrapada*Avani	Sivaloka Day		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Lucknow, India
Sutra 154
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Meena Rasi: 6.5 Tithi 16 - 17

Gulika 3:08PM - 4:40PM **Uttaraproshtapada** Until 1:43AM Mon
Yama 12:03PM - 1:35PM Ganda* Until 10:10PM
Rahu 4:40PM - 6:13PM Taitila Until 1:33AM Mon

Ganesha: Red *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 6:13PM
Nataraja: Clear
Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga
Until 1:43AM Mon
Then Creative Work - Siddha Yoga

Prathama* Until 12:25PM

Bhadrapada*Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India
Sun 1 Sutra 155
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Meena Rasi: 18.48 Tithi 17 - 18

Gulika 1:35PM - 3:07PM **Revati** Until 4:09AM Tue
Yama 10:30AM - 12:03PM Vriddhi Until 10:50PM
Rahu 7:26AM - 8:58AM Vanija Until 3:36AM Tue

Ganesha: Yellow *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 6:12PM
Nataraja: Clear
Moon - Clear

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

Dvitiya Until 2:35PM

Bhadrapada*Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India
Sun 2 Sutra 156
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 0.5 Tithi 18 - 19

Gulika 12:02PM - 1:34PM **Ashvini** Until 6:41AM Wed
Yama 8:58AM - 10:30AM Dhruva Until 11:16PM
Rahu 3:06PM - 4:39PM Bava Until 5:25AM Wed

Ganesha: White *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 6:11PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Tritiya Until 4:32PM

Bhadrapada*Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata* Yoga Balava Karana Chaturthyam Titau

Lucknow, India
Sun 3 Sutra 157
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 12.59 Tithi 19

Gulika 10:30AM - 12:02PM **Ashvini** Until 6:41AM
Yama 7:26AM - 8:58AM Vyaghata* Until 11:29PM
Rahu 12:02PM - 1:34PM Balava Until 6:11PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 6:10PM
Nataraja: Clear
Moon - White

Devaloka Day

Routine Work Marana Yoga

Chaturthi* Until 6:11PM

Bhadrapada*Puratasi

Until 6:41AM
Then Creative Work - Siddha Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India
Sun 4 Sutra 158
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 25.16 Tithi 20

Gulika 8:58AM - 10:30AM **Bharani** Until 8:43AM
Yama 5:55AM - 7:26AM Harshana Until 11:25PM
Rahu 1:33PM - 3:05PM Kaulava Until 6:53AM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:08PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Panchami Until 7:27PM

Bhadrapada*Puratasi

Until 8:43AM
Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtyam Titau

Lucknow, India
Sun 5 Sutra 159
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Vrishabha Rasi: 7.43 Tithi 21

Gulika 7:27AM - 8:58AM **Krittika** Until 10:09AM
Yama 3:04PM - 4:36PM Vajra* Until 10:54PM
Rahu 10:30AM - 12:01PM Gara Until 7:56AM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Shashthi* Until 8:14PM

Bhadrapada*Puratasi

Until 10:09AM
Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Lucknow, India
Sun 6 Sutra 160
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Vrishabha Rasi: 20.26 Tithi 22

Gulika 5:56AM - 7:27AM **Rohini** Until 11:22AM
Yama 1:32PM - 3:03PM Siddhi Until 9:56PM
Rahu 8:58AM - 10:30AM Visti Until 8:25AM

Ganesha: Clear *Sunrise:* 5:56AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Saptami Until 8:24PM

Bhadrapada*Puratasi

Until 11:22AM
Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India
Sun 7 Sutra 161
Vikarin 5121
Moon 9 - Phase 22
Ashtami

Mithuna Rasi: 3.28 Tithi 23

Gulika 3:03PM - 4:34PM **Mrigashira** Until 11:47AM
Yama 12:00PM - 1:32PM Vyatipata* Until 8:25PM
Rahu 4:34PM - 6:05PM Balava Until 8:15AM

Ganesha: Clear *Sunrise:* 5:56AM
Muruqa: Purple *Sunset:* 6:05PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 7:53PM

Bhadrapada*Puratasi

Monday, September 23, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India
Sun 8 Sutra 162
Vikarin 5121
Moon 9 - Phase 22
Navami

Mithuna Rasi: 16.52 Tithi 24

Gulika 1:31PM - 3:02PM **Ardra** Until 11:20AM
Yama 10:29AM - 12:00PM Variyan Until 6:18PM
Rahu 7:27AM - 8:58AM Taitila Until 7:22AM

Ganesha: Orange *Sunrise:* 5:56AM
Muruqa: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Navami* Until 6:38PM

Bhadrapada*Puratasi


Until 11:20AM
Then Creative Work - Amrita Yoga


1	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visiti/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India
	Kataka Rasi: 0.41	Tithi 25 – 26	542213463	Gulika 12:00PM – 1:31PM	Punarvasu Until 10:29AM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sun 9 Sutra 163 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 8:58AM – 10:29AM	Parigha* Until 3:38PM	Sunrise: 5:57AM Sunset: 6:03PM	
				Rahu 3:01PM – 4:32PM	Bava Until 3:29AM Wed	Devaloka Day Bhadrapada•Puratasi	

2	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Lucknow, India
	Kataka Rasi: 14.58	Tithi 26 – 27	542213463	Gulika 10:29AM – 11:59AM	Pushya Until 8:48AM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sun 10 Sutra 164 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:28AM – 8:58AM	Shiva Until 12:26PM	Sunrise: 5:57AM Sunset: 6:02PM	
				Rahu 11:59AM – 1:30PM	Kaulava Until 12:37AM Thu	Devaloka Day Bhadrapada•Puratasi	

3	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha/Magha* Nakshatra Siddha/Sadhya Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Kataka Rasi: 29.38	Tithi 27 – 28	542213463	Gulika 8:58AM – 10:29AM	Ashlesha* Until 6:27AM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sun 11 Sutra 165 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 5:58AM – 7:28AM	Siddha Until 8:47AM	Sunrise: 5:58AM Sunset: 6:00PM	
	Until 6:27AM	Then Creative Work - Amrita Yoga		Rahu 1:29PM – 3:00PM	Gara Until 9:17PM	Devaloka Day Bhadrapada•Puratasi	

4	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Simha Rasi: 14.37	Tithi 28 – 29	552213463	Gulika 7:28AM – 8:58AM	Purvaphalguni Until 1:01AM Sat	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Red	Sun 12 Sutra 166 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 2:59PM – 4:29PM	Subha Until 12:37AM Sat	Sunrise: 5:58AM Sunset: 5:59PM	
	Until 1:01AM Sat	Then Routine Work - Marana Yoga		Rahu 10:29AM – 11:59AM	Sakuni Until 3:45AM Sat	Devaloka Day Bhadrapada•Puratasi	

	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India
	Retreat Star			Gulika 5:59AM – 7:29AM	Uttaraphalguni Until 9:54PM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Red	Sun 13 Sutra 167 Vikarin 5121 Moon 9 - Phase 23 Amavasya
	Simha Rasi: 29.49	Tithi 30	652213463	Yama 1:28PM – 2:58PM	Sukla Until 8:21PM	Sunrise: 5:59AM Sunset: 5:58PM	
	Routine Work	Marana Yoga		Rahu 8:59AM – 10:28AM	Catuspada Until 1:52PM	Devaloka Day Bhadrapada•Puratasi	

	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Lucknow, India
	Retreat Star			Gulika 2:58PM – 4:27PM	Hasta Until 7:09PM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Green	Sun 14 Sutra 168 Vikarin 5121 Moon 9 - Phase 23 Prathama
	Kanya Rasi: 15.02	Tithi 1	663213463	Yama 11:58AM – 1:28PM	Brahma Until 4:09PM	Sunrise: 5:59AM Sunset: 5:57PM	
	Creative Work	Amrita Yoga		Rahu 4:27PM – 5:57PM	Kintughna Until 10:07AM	Devaloka Day Ashvina•Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau			Lucknow, India Sun 15 Sutra 169 Vikarin 5121
1	Tula Rasi: 0.07 Tihti 2 – 3 Family Home Evening Routine Work Prabalarishta Yoga Until 4:32PM Then Creative Work - Amrita Yoga	Gulika 1:27PM – 2:57PM Yama 10:28AM – 11:58AM Rahu 7:29AM – 8:59AM	Chitra Until 4:32PM Indra Until 12:11PM Balava Until 6:34AM Dvitiya Until 4:54PM	Ganesha: Light Blue <i>Sunrise:</i> 5:59AM Muruqa: Purple <i>Sunset:</i> 5:56PM Nataraja: Clear Moon – Green	Devaloka Day Moon 9 - Phase 24 3rd Phase

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Lucknow, India Sun 16 Sutra 170 Vikarin 5121
2	Tula Rasi: 14.55 Tihti 3 – 4 Creative Work Siddha Yoga Until 2:15PM Then Routine Work - Marana Yoga	Gulika 11:57AM – 1:27PM Yama 8:59AM – 10:28AM Rahu 2:56PM – 4:26PM	Svati Until 2:15PM Vaidhriti* Until 8:33AM Vanija Until 12:47AM Wed Tritiya Until 2:00PM	Ganesha: Light Blue <i>Sunrise:</i> 6:00AM Muruqa: Purple <i>Sunset:</i> 5:55PM Nataraja: Clear Moon – Green	Devaloka Day Moon 9 - Phase 24 3rd Phase

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Lucknow, India Sun 17 Sutra 171 Vikarin 5121
3	Tula Rasi: 29.17 Tihti 4 – 5 Creative Work Siddha Yoga	Gulika 10:28AM – 11:57AM Yama 7:30AM – 8:59AM Rahu 11:57AM – 1:26PM	Vishakha Until 12:53PM Priti Until 2:52AM Thu Bava Until 10:52PM Chaturthi* Until 11:43AM	Ganesha: Purple <i>Sunrise:</i> 6:00AM Muruqa: Purple <i>Sunset:</i> 5:54PM Nataraja: Clear Moon – Orange	Devaloka Day Moon 9 - Phase 24 3rd Phase

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Lucknow, India Sun 18 Sutra 172 Vikarin 5121
4	Vrischika Rasi: 13.11 Tihti 5 – 6 Creative Work Siddha Yoga Until 12:08PM Then Routine Work - Prabalarishta Yoga	Gulika 8:59AM – 10:28AM Yama 6:01AM – 7:30AM Rahu 1:26PM – 2:55PM	Anuradha Until 12:08PM Ayushman Until 12:59AM Fri Kaulava Until 9:47PM Panchami Until 10:12AM	Ganesha: Purple <i>Sunrise:</i> 6:01AM Muruqa: Purple <i>Sunset:</i> 5:53PM Nataraja: Clear Moon – Orange	Devaloka Day Moon 9 - Phase 24 3rd Phase

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Lucknow, India Sun 19 Sutra 173 Vikarin 5121
5	Vrischika Rasi: 26.34 Tihti 6 – 7 Routine Work Marana Yoga Until 12:06PM Then Creative Work - Amrita Yoga	Gulika 7:30AM – 8:59AM Yama 2:54PM – 4:23PM Rahu 10:28AM – 11:56AM	Jyeshtha* Until 12:06PM Saubhagya Until 11:49PM Gara Until 9:36PM Shashthi* Until 9:33AM	Ganesha: Purple <i>Sunrise:</i> 6:01AM Muruqa: Purple <i>Sunset:</i> 5:52PM Nataraja: Clear Moon – Orange	Devaloka Day Moon 9 - Phase 24 3rd Phase

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Lucknow, India Sun 20 Sutra 174 Vikarin 5121
Retreat Star	Dhanus Rasi: 9.3 Tihti 7 – 8 Creative Work Siddha Yoga	Gulika 6:02AM – 7:30AM Yama 1:25PM – 2:53PM Rahu 8:59AM – 10:28AM	Mula* Until 1:15PM Sobhana Until 11:21PM Visti Until 10:17PM Saptami Until 9:49AM	Ganesha: Clear <i>Sunrise:</i> 6:02AM Muruqa: Purple <i>Sunset:</i> 5:51PM Nataraja: Clear Moon – Light Blue	Sivaloka Day Moon 9 - Phase 24 Ashtami

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Lucknow, India Sun 21 Sutra 175 Vikarin 5121
Retreat Star	Dhanus Rasi: 22.01 Tihti 8 – 9 Creative Work Siddha Yoga Until 3:02PM Then Creative Work - Amrita Yoga	Gulika 2:53PM – 4:21PM Yama 11:56AM – 1:24PM Rahu 4:21PM – 5:50PM	Purvashadha* Until 3:02PM Athiganda* Until 11:25PM Balava Until 11:44PM Ashtami* Until 10:54AM	Ganesha: Clear <i>Sunrise:</i> 6:02AM Muruqa: Purple <i>Sunset:</i> 5:50PM Nataraja: Clear Moon – Light Blue	Sivaloka Day Moon 9 - Phase 24 Navami

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Lucknow, India Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:24PM – 2:52PM	Uttarashadha Until 5:16PM	Ganesha: Clear <i>Sunrise:</i> 6:03AM	
Makara Rasi: 4.14	Tithi 9 – 10	Yama 10:27AM – 11:56AM	Sukarma Until 11:58PM	Muruga: Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:31AM – 8:59AM	Taitila Until 1:47AM Tue	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Navami* Until 12:41PM	Moon – Light Blue	Sivaloka Day
Until 5:16PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Lucknow, India Sun 23 Sutra 177 Vikarin 5121
2		Gulika 11:55AM – 1:23PM	Shravana Until 8:15PM	Ganesha: White <i>Sunrise:</i> 6:03AM	
Makara Rasi: 16.15	Tithi 10 – 11	Yama 8:59AM – 10:27AM	Dhriti Until 12:48AM Wed	Muruga: Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 2:51PM – 4:19PM	Vanija Until 4:10AM Wed	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Vijaya Dasami	Moon – Purple	Sivaloka Day
			Dashami Until 2:55PM	Ashvina+Puratasi	

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Lucknow, India Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:27AM – 11:55AM	Dhanishtha Until 11:16PM	Ganesha: White <i>Sunrise:</i> 6:04AM	
Makara Rasi: 28.08	Tithi 11 – 12	Yama 7:32AM – 8:59AM	Shula* Until 1:43AM Thu	Muruga: Purple <i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 11:55AM – 1:23PM	Bava Until 6:43AM Thu	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 5:25PM	Moon – Purple	Sivaloka Day
Until 11:16PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau			Lucknow, India Sun 25 Sutra 179 Vikarin 5121
4		Gulika 8:59AM – 10:27AM	Shatabhishak Until 2:06AM Fri	Ganesha: White <i>Sunrise:</i> 6:04AM	
Kumbha Rasi: 9.59	Tithi 12	Yama 6:04AM – 7:32AM	Ganda* Until 2:39AM Fri	Muruga: Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 1:22PM – 2:50PM	Bava Until 6:43AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:57PM	Moon – Purple	Sivaloka Day
		Kadaitswami Mahasamadhi		Ashvina+Puratasi	

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau			Lucknow, India Sun 26 Sutra 180 Vikarin 5121
5		Gulika 7:32AM – 9:00AM	Purvaproshtapada* Until 5:10AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:05AM	
Kumbha Rasi: 21.5	Tithi 13	Yama 2:49PM – 4:17PM	Vriddhi Until 3:30AM Sat	Muruga: Purple <i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 10:27AM – 11:54AM	Kaulava Until 9:13AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:23PM	Moon – Clear	Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi	
			<i>Pradosha Vrata</i>		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Lucknow, India Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:05AM – 7:32AM	Uttaraproshtapada Until 7:51AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:05AM	
Meena Rasi: 3.44	Tithi 14	Yama 1:21PM – 2:49PM	Dhruva Until 4:10AM Sun	Muruga: Purple <i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 9:00AM – 10:27AM	Gara Until 11:34AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:38AM Sun	Moon – Clear	Sivaloka Day
Until 7:51AM Sun				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Lucknow, India Sutra 182 Vikarin 5121
○		Gulika 2:48PM – 4:15PM	Uttaraproshtapada Until 7:51AM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM	
Meena Rasi: 15.43	Tithi 15	Yama 11:54AM – 1:21PM	Vyaghata* Until 4:38AM Mon	Muruga: Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
Copper Retreat Star	614213464	Rahu 4:15PM – 5:42PM	Visti Until 1:41PM	Nataraja: Purple	Purnima
Creative Work	Amrita Yoga		Purnima* Until 2:37AM Mon	Moon – Clear	Subha Sivaloka Day
				Ashvina+Puratasi	

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Lucknow, India Sutra 183 Vikarin 5121
○		Gulika 1:21PM – 2:48PM	Revati Until 10:08AM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM	
Meena Rasi: 27.49	Tithi 16	Yama 10:27AM – 11:54AM	Harshana Until 4:55AM Tue	Muruga: Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 7:33AM – 9:00AM	Balava Until 3:32PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:20AM Tue	Moon – Clear	Subha Sivaloka Day
				Ashvina+Puratasi	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Lucknow, India

Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 10.01 Tithi 17

624213464

Gulika 11:54AM – 1:20PM
Yama 9:00AM – 10:27AM
Rahu 2:47PM – 4:14PM

Ashvini Until 12:27PM
Vajra* Until 4:55AM Wed
Taitila Until 5:05PM
Dvitiya Until 5:43AM Wed

Ganesha: White *Sunrise:* 6:07AM
Muruga: Purple *Sunset:* 5:40PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija Karana Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 22.22 Tithi 18

624213464

Gulika 10:27AM – 11:53AM
Yama 7:34AM – 9:00AM
Rahu 11:53AM – 1:20PM

Bharani Until 2:18PM
Siddhi Until 4:41AM Thu
Vanija Until 6:19PM
Tritiya Until 6:47AM Thu

Ganesha: White *Sunrise:* 6:07AM
Muruga: Purple *Sunset:* 5:39PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

Until 2:18PM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Lucknow, India

Sun 2 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 4.5 Tithi 18 – 19

624213464

Gulika 9:00AM – 10:27AM
Yama 6:08AM – 7:34AM
Rahu 1:19PM – 2:46PM

Krittika Until 3:39PM
Vyatipata* Until 4:10AM Fri
Bava Until 7:12PM
Tritiya Until 6:47AM

Ganesha: White *Sunrise:* 6:08AM
Muruga: Purple *Sunset:* 5:38PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Sun 3 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 17.29 Tithi 19 – 20

634313464

Gulika 7:34AM – 9:01AM
Yama 2:45PM – 4:11PM
Rahu 10:27AM – 11:53AM

Rohini Until 4:57PM
Variyan Until 3:19AM Sat
Kaulava Until 7:41PM
Chaturthi* Until 7:28AM

Ganesha: White *Sunrise:* 6:08AM
Muruga: Purple *Sunset:* 5:37PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Routine Work Marana Yoga

Until 4:57PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India

Sun 4 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 0.2 Tithi 20 – 21

634313464

Gulika 6:09AM – 7:35AM
Yama 1:19PM – 2:45PM
Rahu 9:01AM – 10:27AM

Mrigashira Until 5:39PM
Parigha* Until 2:06AM Sun
Gara Until 7:43PM
Panchami Until 7:44AM

Ganesha: White *Sunrise:* 6:09AM
Muruga: Purple *Sunset:* 5:37PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lucknow, India

Sun 5 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.25 Tithi 21 – 22

634313464

Gulika 2:44PM – 4:10PM
Yama 11:53AM – 1:18PM
Rahu 4:10PM – 5:36PM

Ardra Until 5:42PM
Shiva Until 12:29AM Mon
Visti Until 7:14PM
Shashthi* Until 7:31AM

Ganesha: White *Sunrise:* 6:09AM
Muruga: Purple *Sunset:* 5:36PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 26.47 Tithi 22 – 23

644313464

Gulika 1:18PM – 2:44PM
Yama 10:27AM – 11:52AM
Rahu 7:36AM – 9:01AM

Punarvasu Until 5:31PM
Siddha Until 10:24PM
Balava Until 6:11PM
Saptami Until 6:45AM

Ganesha: Clear *Sunrise:* 6:10AM
Muruga: Purple *Sunset:* 5:35PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Amrita Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Sun 7 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 10.29 Tithi 24

644313464

Gulika 11:52AM – 1:18PM
Yama 9:01AM – 10:27AM
Rahu 2:43PM – 4:08PM

Pushya Until 4:37PM
Sadhya Until 7:51PM
Taitila Until 4:34PM
Navami* Until 3:32AM Wed

Ganesha: Clear *Sunrise:* 6:11AM
Muruga: Purple *Sunset:* 5:34PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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1	Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Lucknow, India
	Kataka Rasi: 24.32	Tithi 25	Sun 8	Sutra 192			
			644313464	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 10 - Phase 27			
		Rahu	2nd Phase				
		Gulika	10:27AM – 11:52AM	Ashlesha* Until 3:02PM	Ganesha: Clear	Sunrise: 6:11AM	
		Yama	7:36AM – 9:02AM	Subha Until 4:54PM	Muruga: Purple	Sunset: 5:33PM	
		Rahu	11:52AM – 1:17PM	Vanija Until 2:25PM	Nataraja: Purple		
				Dashami Until 1:08AM Thu	Moon – Blue		Subha Sivaloka Day
					Ashvina-Aipasi		

2	Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Lucknow, India
	Simha Rasi: 8.55	Tithi 26	Sun 9	Sutra 193			
			654313464	Vikarin 5121			
	Creative Work	Amrita Yoga		Moon 10 - Phase 27			
		Rahu	1:17PM – 2:42PM	Bava Until 11:46AM	Nataraja: Purple		
		Gulika	9:02AM – 10:27AM	Magha* Until 1:15PM	Ganesha: Purple	Sunrise: 6:12AM	
		Yama	6:12AM – 7:37AM	Sukla Until 1:32PM	Muruga: Purple	Sunset: 5:32PM	
		Rahu	1:17PM – 2:42PM	Ekadashi* Until 10:17PM	Nataraja: Purple		
				Ekadashi* Until 10:17PM	Moon – Red		Sivaloka Day
					Ashvina-Aipasi		

3	Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Dvadashyam Titau				Lucknow, India
	Simha Rasi: 23.35	Tithi 27	Sun 10	Sutra 194			
			654313464	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 10 - Phase 27			
		Rahu	10:27AM – 11:52AM	Kaulava Until 8:45AM	Nataraja: Purple		
		Gulika	7:37AM – 9:02AM	Purvaphalguni Until 10:57AM	Ganesha: Purple	Sunrise: 6:12AM	
		Yama	2:41PM – 4:06PM	Brahma Until 9:52AM	Muruga: Purple	Sunset: 5:31PM	
		Rahu	10:27AM – 11:52AM	Dvadashi* Until 7:08PM	Nataraja: Purple		
				Dvadashi* Until 7:08PM	Moon – Red		Sivaloka Day
					Ashvina-Aipasi		

4	Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Kanya Rasi: 8.28	Tithi 28 – 29	Sun 11	Sutra 195			
			655313464	Vikarin 5121			
	Routine Work	Marana Yoga		Moon 10 - Phase 27			
		Rahu	9:02AM – 10:27AM	Indra Until 6:01AM	Nataraja: Purple		
		Gulika	6:13AM – 7:38AM	Uttaraphalguni Until 8:18AM	Ganesha: Clear	Sunrise: 6:13AM	
		Yama	1:16PM – 2:41PM	Visti Until 2:07AM Sun	Muruga: Purple	Sunset: 5:30PM	
		Rahu	9:02AM – 10:27AM	Trayodashi* Until 3:47PM	Nataraja: Purple		
				Trayodashi* Until 3:47PM	Moon – Red		Subha Sivaloka Day
					Ashvina-Aipasi		
							Pradosha Vrata (Fasting)

●	Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lucknow, India
	Retreat Star		Sun 12	Sutra 196			
	Kanya Rasi: 23.26	Tithi 29 – 30	665313464	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 10 - Phase 27			
		Rahu	4:05PM – 5:30PM	Chitra Until 3:18AM Mon	Ganesha: Orange	Sunrise: 6:14AM	
		Gulika	2:41PM – 4:05PM	Vishkambha* Until 10:10PM	Muruga: Purple	Sunset: 5:30PM	
		Yama	11:52AM – 1:16PM	Catuspada Until 10:48PM	Nataraja: Purple		
		Rahu	4:05PM – 5:30PM	Chaturdashi* Until 12:25PM	Moon – Green		Subha Sivaloka Day
				Chaturdashi* Until 12:25PM	Ashvina-Aipasi		

●	Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India
	Retreat Star		Sun 13	Sutra 197			
	Tula Rasi: 8.19	Tithi 30 – 1	665313464	Vikarin 5121			
	Family Home Evening	Amrita Yoga		Moon 10 - Phase 27			
		Rahu	7:38AM – 9:03AM	Svati Until 12:54AM Tue	Ganesha: Orange	Sunrise: 6:14AM	
		Gulika	1:16PM – 2:40PM	Priti Until 6:27PM	Muruga: Purple	Sunset: 5:29PM	
		Yama	10:27AM – 11:51AM	Kintughna Until 7:42PM	Nataraja: Purple		
		Rahu	7:38AM – 9:03AM	Amavasya* Until 9:12AM	Moon – Green		Subha Sivaloka Day
				Amavasya* Until 9:12AM	Kartika-Aipasi		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau			Lucknow, India Sun 14 Sutra 198 Vikarin 5121
Tula Rasi: 23	Tithi 1 – 2	Gulika 11:51AM – 1:16PM	Vishakha Until 11:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM		
		Yama 9:03AM – 10:27AM	Ayushman Until 3:02PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM		Moon 10 - Phase 28
		Rahu 2:40PM – 4:04PM	Kaulava Until 3:51AM Wed	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:17AM	Moon – Orange		Subha Sivaloka Day	
Until 11:12PM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau			Lucknow, India Sun 15 Sutra 199 Vikarin 5121
Virshika Rasi: 7.2	Tithi 3	Gulika 10:27AM – 11:51AM	Anuradha Until 9:59PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM		
		Yama 7:39AM – 9:03AM	Saubhagya Until 12:04PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM		Moon 10 - Phase 28
		Rahu 11:51AM – 1:15PM	Taitila Until 2:52PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 2:03AM Thu	Moon – Orange		Subha Sivaloka Day	
				Kartika•Aipasi			

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau			Lucknow, India Sun 16 Sutra 200 Vikarin 5121
Virshika Rasi: 21.15	Tithi 4	Gulika 9:04AM – 10:27AM	Jyeshtha* Until 9:21PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		
		Yama 6:16AM – 7:40AM	Sobhana Until 9:41AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM		Moon 10 - Phase 28
		Rahu 1:15PM – 2:39PM	Vanija Until 1:27PM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 1:01AM Fri	Moon – Orange		Subha Sivaloka Day	
Until 9:21PM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Lucknow, India Sun 17 Sutra 201 Vikarin 5121
Dhanus Rasi: 4.42	Tithi 5	Gulika 7:40AM – 9:04AM	Mula* Until 9:50PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		
		Yama 2:39PM – 4:02PM	Athiganda* Until 7:54AM	Muruqa: Purple	<i>Sunset:</i> 5:26PM		Moon 10 - Phase 28
		Rahu 10:28AM – 11:51AM	Bava Until 12:51PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 12:51AM Sat	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 9:50PM				Kartika•Aipasi			
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau			Lucknow, India Sun 18 Sutra 202 Vikarin 5121
Dhanus Rasi: 17.41	Tithi 6	Gulika 6:17AM – 7:41AM	Purvashadha* Until 11:01PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		
		Yama 1:15PM – 2:38PM	Sukarma Until 6:48AM	Muruqa: Purple	<i>Sunset:</i> 5:25PM		Moon 10 - Phase 28
		Rahu 9:04AM – 10:28AM	Kaulava Until 1:07PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 1:32AM Sun	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 11:01PM		Skanda Shasthi		Kartika•Aipasi			
Then Routine Work - Marana Yoga							

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau			Lucknow, India Sun 19 Sutra 203 Vikarin 5121
Makara Rasi: 0.17	Tithi 7	Gulika 2:38PM – 4:01PM	Uttarashadha Until 12:46AM Mon	Ganesha: Purple	<i>Sunrise:</i> 6:18AM		
		Yama 11:51AM – 1:15PM	Dhriti Until 6:23AM	Muruqa: Purple	<i>Sunset:</i> 5:24PM		Moon 10 - Phase 28
		Rahu 4:01PM – 5:24PM	Gara Until 2:12PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 3:00AM Mon	Moon – Light Blue		Subha Subha Sivaloka Day	
				Kartika•Aipasi			

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Lucknow, India Sun 20 Sutra 204 Vikarin 5121
Makara Rasi: 12.33	Tithi 8	Gulika 1:14PM – 2:38PM	Shravana Until 3:27AM Tue	Ganesha: Purple	<i>Sunrise:</i> 6:19AM		
Family Home Evening		Yama 10:28AM – 11:51AM	Shula* Until 6:29AM	Muruqa: Purple	<i>Sunset:</i> 5:24PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	Rahu 7:42AM – 9:05AM	Visti Until 3:59PM	Nataraja: Purple			Ashtami
Until 3:27AM Tue			Ashtami* Until 5:03AM Tue	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Kartika•Aipasi			

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Balava Karana Navamyam Titau			Lucknow, India Sun 21 Sutra 205 Vikarin 5121
Makara Rasi: 24.35	Tithi 9	Gulika 11:51AM – 1:14PM	Dhanishtha Until 6:19AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:19AM		
		Yama 9:05AM – 10:28AM	Ganda* Until 7:02AM	Muruqa: Purple	<i>Sunset:</i> 5:23PM		Moon 10 - Phase 28
		Rahu 2:37PM – 4:00PM	Balava Until 6:15PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 7:28AM Wed	Moon – Purple		Sivaloka Day	
				Kartika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Lucknow, India
	Kumbha Rasi: 6.3	Tithi 9 – 10	Gulika 10:28AM – 11:51AM	Dhanishtha Until 6:19AM	Ganesha: Purple	<i>Sunrise:</i> 6:20AM	Sun 22 Sutra 206
			Yama 7:43AM – 9:06AM	Vriddhi Until 7:51AM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Vikarin 5121
		696313464	Rahu 11:51AM – 1:14PM	Taitila Until 8:46PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple		Sivaloka Day	
Until 6:19AM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lucknow, India
	Kumbha Rasi: 18.21	Tithi 10 – 11	Gulika 9:06AM – 10:29AM	Shatabhishak Until 9:09AM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Sun 23 Sutra 207
			Yama 6:21AM – 7:43AM	Dhruva Until 8:44AM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Vikarin 5121
		796313464	Rahu 1:14PM – 2:37PM	Vanija Until 11:17PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga				Moon – Purple		Subha Sivaloka Day	
				Kartika-Aipasi			


3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Meena Rasi: 0.14	Tithi 11 – 12	Gulika 7:44AM – 9:06AM	Purvaproshtapada* Until 12:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Sun 24 Sutra 208
			Yama 2:36PM – 3:59PM	Vyaghata* Until 9:34AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Vikarin 5121
		716313464	Rahu 10:29AM – 11:51AM	Bava Until 1:38AM Sat	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga				Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Meena Rasi: 12.11	Tithi 12 – 13	Gulika 6:22AM – 7:44AM	Uttaraproshtapada Until 2:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Sun 25 Sutra 209
			Yama 1:14PM – 2:36PM	Harshana Until 10:14AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Vikarin 5121
		716313464	Rahu 9:07AM – 10:29AM	Kaulava Until 3:42AM Sun	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga				Moon – Clear		Subha Sivaloka Day	
Until 2:55PM				Kartika-Aipasi			
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Meena Rasi: 24.16	Tithi 13 – 14	Gulika 2:36PM – 3:58PM	Revati Until 5:07PM	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Sun 26 Sutra 210
			Yama 11:52AM – 1:14PM	Vajra* Until 10:38AM	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Vikarin 5121
		716313464	Rahu 3:58PM – 5:20PM	Gara Until 5:22AM Mon	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Amrita Yoga				Moon – Clear		Subha Sivaloka Day	
Until 5:07PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

6	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdashyam Titau				Lucknow, India
	Mesha Rasi: 6.29	Tithi 14	Gulika 1:14PM – 2:36PM	Ashvini Until 7:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Sun 27 Sutra 211
	Family Home Evening		Yama 10:30AM – 11:52AM	Siddhi Until 10:45AM	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Vikarin 5121
		727313464	Rahu 7:46AM – 9:08AM	Vanija Until 6:02PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga				Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Lucknow, India
	Copper Retreat Star		Gulika 11:52AM – 1:14PM	Bharani Until 8:49PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Sun 28 Sutra 212
	Mesha Rasi: 18.54	Tithi 15	Yama 9:08AM – 10:30AM	Vyatipata* Until 10:33AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Vikarin 5121
		727413464	Rahu 2:36PM – 3:57PM	Visti Until 6:37AM	Nataraja: Purple		Moon 10 - Phase 29 Purnima
Creative Work Siddha Yoga				Moon – White		Sivaloka Day	
				Kartika-Aipasi			

	Wednesday, November 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigaha* Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India
	Silver Retreat Star		Gulika 10:30AM – 11:52AM	Krittika Until 9:49PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Sun 29 Sutra 213
	Vrishabha Rasi: 1.3	Tithi 16	Yama 7:47AM – 9:08AM	Variyan Until 10:00AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Vikarin 5121
		727413464	Rahu 11:52AM – 1:14PM	Balava Until 7:27AM	Nataraja: Purple		Moon 10 - Phase 29 Prathama
Creative Work Amrita Yoga				Moon – White		Sivaloka Day	
Until 9:49PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Lucknow, India

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 14.17 Tithi 17

Gulika 9:09AM - 10:30AM

Yama 6:26AM - 7:47AM

Rahu 1:14PM - 2:35PM

Rohini Until 10:44PM

Parigha* Until 9:09AM

Taitila Until 7:52AM

Dvitiya Until 7:54PM

Ganesha: Clear

Sunrise: 6:26AM

Muruqa: Purple

Sunset: 5:18PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

1

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Lucknow, India

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 27.16 Tithi 18

Gulika 7:48AM - 9:09AM

Yama 2:35PM - 3:57PM

Rahu 10:31AM - 11:52AM

Mrigashira Until 11:08PM

Shiva Until 8:01AM

Vanija Until 7:53AM

Tritiya Until 7:44PM

Ganesha: Clear

Sunrise: 6:26AM

Muruqa: Purple

Sunset: 5:18PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Mithuna Rasi: 10.26 Tithi 19

Gulika 6:27AM - 7:48AM

Yama 1:14PM - 2:35PM

Rahu 9:10AM - 10:31AM

Ardra Until 11:02PM

Siddha Until 6:33AM

Bava Until 7:32AM

Chaturthi* Until 7:12PM

Ganesha: Clear

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 5:18PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

747413465 Mithuna Rasi: 23.48 Tithi 20

Gulika 2:35PM - 3:56PM

Yama 11:53AM - 1:14PM

Rahu 3:56PM - 5:17PM

Punarvasu Until 10:54PM

Subha Until 2:50AM Mon

Kaulava Until 6:50AM

Panchami Until 6:20PM

Ganesha: Purple

Sunrise: 6:28AM

Muruqa: Purple

Sunset: 5:17PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lucknow, India

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 7.21 Tithi 21 - 22

Gulika 1:14PM - 2:35PM

Yama 10:32AM - 11:53AM

Rahu 7:50AM - 9:11AM

Pushya Until 10:16PM

Sukla Until 12:33AM Tue

Visti Until 4:23AM Tue

Shashthi* Until 5:07PM

Ganesha: Clear

Sunrise: 6:29AM

Muruqa: Purple

Sunset: 5:17PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

5

Tuesday, November 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 21.07 Tithi 22 - 23

Gulika 11:53AM - 1:14PM

Yama 9:11AM - 10:32AM

Rahu 2:35PM - 3:56PM

Ashlesha* Until 9:10PM

Brahma Until 10:01PM

Balava Until 2:40AM Wed

Saptami Until 3:33PM

Ganesha: Clear

Sunrise: 6:29AM

Muruqa: Purple

Sunset: 5:17PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lucknow, India

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Ashtami

758413465 Simha Rasi: 5.04 Tithi 23 - 24

Gulika 10:32AM - 11:53AM

Yama 7:51AM - 9:12AM

Rahu 11:53AM - 1:14PM

Magha* Until 8:02PM

Indra Until 7:14PM

Taitila Until 12:38AM Thu

Ashtami* Until 1:40PM

Ganesha: White

Sunrise: 6:30AM

Muruqa: Purple

Sunset: 5:16PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:02PM

Then Creative Work - Amrita Yoga

Thursday, November 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lucknow, India

Sun 8 Sutra 221

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Simha Rasi: 19.13 Tithi 24 - 25

Gulika 9:12AM - 10:33AM

Yama 6:31AM - 7:52AM

Rahu 1:14PM - 2:35PM

Purvaphalguni Until 6:29PM

Vaidhriti* Until 4:12PM

Vanija Until 10:19PM

Navami* Until 11:29AM

Ganesha: White

Sunrise: 6:31AM

Muruqa: Purple

Sunset: 5:16PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

1		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lucknow, India Sun 9 Sutra 222	
Kanya Rasi: 3.34	Tithi 25 – 26	Gulika 7:52AM – 9:13AM	Uttaraphalguni Until 4:33PM	Ganesha: White	<i>Sunrise:</i> 6:32AM	Vikarin 5121	
		Yama 2:35PM – 3:55PM	Vishkambha* Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 31	
		758413465 Rahu 10:33AM – 11:54AM	Bava Until 7:47PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 9:03AM	Moon – Red		Subha Sivaloka Day	
Until 4:33PM							
Then Creative Work - Amrita Yoga							

2		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau		Lucknow, India Sun 10 Sutra 223	
Kanya Rasi: 18.01	Tithi 26 – 27	Gulika 6:32AM – 7:53AM	Hasta Until 2:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Vikarin 5121	
		Yama 1:14PM – 2:35PM	Priti Until 9:39AM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 31	
		768413465 Rahu 9:13AM – 10:34AM	Taitila Until 3:47AM Sun	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 6:27AM	Moon – Green		Sivaloka Day	

3		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Lucknow, India Sun 11 Sutra 224	
Tula Rasi: 2.32	Tithi 28	Gulika 2:35PM – 3:55PM	Chitra Until 12:50PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Vikarin 5121	
		Yama 11:54AM – 1:15PM	Ayushman Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 11 - Phase 31	
		769413465 Rahu 3:55PM – 5:15PM	Gara Until 2:29PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:10AM Mon	Moon – Green		Devaloka Day	

Pradosha Vrata (Fasting)

4		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lucknow, India Sun 12 Sutra 225	
Tula Rasi: 17	Tithi 29	Gulika 1:15PM – 2:35PM	Svati Until 10:51AM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Vikarin 5121	
Family Home Evening		Yama 10:34AM – 11:55AM	Sobhana Until 11:45PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 11 - Phase 31	
Creative Work	Amrita Yoga	769413465 Rahu 7:54AM – 9:14AM	Visti Until 11:56AM	Nataraja: Clear		2nd Phase	
Until 10:51AM			Chaturdashi* Until 10:44PM	Moon – Green		Devaloka Day	
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lucknow, India Sun 13 Sutra 226	
Vrischika Rasi: 1.19	Tithi 30	Gulika 11:55AM – 1:15PM	Vishakha Until 9:24AM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
		Yama 9:15AM – 10:35AM	Athiganda* Until 8:50PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 11 - Phase 31	
		779413465 Rahu 2:35PM – 3:55PM	Catuspada Until 9:39AM	Nataraja: Clear		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 8:38PM	Moon – Orange		Devaloka Day	
Until 9:24AM							
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Lucknow, India Sun 14 Sutra 227	
Vrischika Rasi: 15.23	Tithi 1	Gulika 10:35AM – 11:55AM	Anuradha Until 8:12AM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
		Yama 7:55AM – 9:15AM	Sukarma Until 6:19PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 11 - Phase 31	
		779413465 Rahu 11:55AM – 1:15PM	Kintughna Until 7:46AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:00PM	Moon – Orange		Devaloka Day	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Balava/Tailila Karana Dvitiya/Tritiyayam Titau	Lucknow, India
Vrischika Rasi: 29.07	Tithi 2 – 3	Gulika 9:16AM – 10:36AM	Jyeshtha* Until 7:23AM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Sun 15 Sutra 228
		Yama 6:36AM – 7:56AM	Dhriti Until 4:17PM	Muruqa: Purple <i>Sunset:</i> 5:15PM	Vikarin 5121
		779413465 Rahu 1:15PM – 2:35PM	Balava Until 6:25AM	Nataraja: Clear	Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga		Dvitiya Until 5:59PM	Moon – Orange	3rd Phase
Until 7:23AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga				Devaloka Day	

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Lucknow, India
Dhanus Rasi: 12.29	Tithi 3 – 4	Gulika 7:57AM – 9:16AM	Mula* Until 7:32AM	Ganesha: Blue <i>Sunrise:</i> 6:37AM	Sun 16 Sutra 229
		Yama 2:35PM – 3:55PM	Shula* Until 2:46PM	Muruqa: Purple <i>Sunset:</i> 5:15PM	Vikarin 5121
		789413465 Rahu 10:36AM – 11:56AM	Vanija Until 5:49AM Sat	Nataraja: Clear	Moon 11 - Phase 32
Creative Work	Amrita Yoga		Tritiya Until 5:40PM	Moon – Light Blue	3rd Phase
Until 7:32AM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga				Devaloka Day	

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Chaturthyam Titau	Lucknow, India
Dhanus Rasi: 25.28	Tithi 4	Gulika 6:38AM – 7:57AM	Purvashadha* Until 8:15AM	Ganesha: Blue <i>Sunrise:</i> 6:38AM	Sun 17 Sutra 230
		Yama 1:16PM – 2:36PM	Ganda* Until 1:51PM	Muruqa: Purple <i>Sunset:</i> 5:15PM	Vikarin 5121
		789413465 Rahu 9:17AM – 10:37AM	Visti Until 6:07PM	Nataraja: Clear	Moon 11 - Phase 32
Creative Work	Siddha Yoga		Chaturthi* Until 6:07PM	Moon – Light Blue	3rd Phase
Until 8:15AM				Margasira-Karttikai	
Then Routine Work - Marana Yoga				Devaloka Day	

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau	Lucknow, India
Makara Rasi: 8.05	Tithi 5	Gulika 2:36PM – 3:55PM	Uttarashadha Until 9:31AM	Ganesha: Blue <i>Sunrise:</i> 6:38AM	Sun 18 Sutra 231
		Yama 11:57AM – 1:16PM	Vridhhi Until 1:31PM	Muruqa: Purple <i>Sunset:</i> 5:15PM	Vikarin 5121
		789413465 Rahu 3:55PM – 5:15PM	Bava Until 6:38AM	Nataraja: Clear	Moon 11 - Phase 32
Creative Work	Amrita Yoga		Panchami Until 7:17PM	Moon – Light Blue	3rd Phase
				Margasira-Karttikai	
				Devaloka Day	

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Shashthyam Titau	Lucknow, India
Makara Rasi: 20.24	Tithi 6	Gulika 1:16PM – 2:36PM	Shravana Until 11:46AM	Ganesha: Clear <i>Sunrise:</i> 6:39AM	Sun 19 Sutra 232
Family Home Evening		Yama 10:37AM – 11:57AM	Dhruva Until 1:39PM	Muruqa: Purple <i>Sunset:</i> 5:15PM	Vikarin 5121
		791413465 Rahu 7:59AM – 9:18AM	Kaulava Until 8:09AM	Nataraja: Clear	Moon 11 - Phase 32
Creative Work	Amrita Yoga		Shashthi* Until 9:05PM	Moon – Purple	3rd Phase
Until 11:46AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga				Sivaloka Day	

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Lucknow, India
Kumbha Rasi: 2.29	Tithi 7	Gulika 11:57AM – 1:17PM	Dhanishtha Until 2:21PM	Ganesha: Clear <i>Sunrise:</i> 6:40AM	Sun 20 Sutra 233
		Yama 9:19AM – 10:38AM	Vyaghata* Until 2:11PM	Muruqa: Purple <i>Sunset:</i> 5:15PM	Vikarin 5121
		791413465 Rahu 2:36PM – 3:56PM	Gara Until 10:12AM	Nataraja: Clear	Moon 11 - Phase 32
Creative Work	Siddha Yoga		Saptami Until 11:21PM	Moon – Purple	3rd Phase
Until 2:21PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga				Sivaloka Day	

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Lucknow, India
Kumbha Rasi: 14.26	Tithi 8	Gulika 10:38AM – 11:58AM	Shatabhishak Until 5:03PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM	Sun 21 Sutra 234
		Yama 8:00AM – 9:19AM	Harshana Until 2:57PM	Muruqa: Purple <i>Sunset:</i> 5:15PM	Vikarin 5121
		791413465 Rahu 11:58AM – 1:17PM	Visti Until 12:35PM	Nataraja: Clear	Moon 11 - Phase 32
Creative Work	Siddha Yoga		Ashtami* Until 1:49AM Thu	Moon – Purple	Ashtami
Until 5:03PM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga				Sivaloka Day	

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Lucknow, India
Kumbha Rasi: 26.19	Tithi 9	Gulika 9:20AM – 10:39AM	Purvaproshtapada* Until 8:09PM	Ganesha: Yellow <i>Sunrise:</i> 6:41AM	Sun 22 Sutra 235
		Yama 6:41AM – 8:00AM	Vajra* Until 3:45PM	Muruqa: Purple <i>Sunset:</i> 5:15PM	Vikarin 5121
		711413465 Rahu 1:17PM – 2:37PM	Balava Until 3:06PM	Nataraja: Clear	Moon 11 - Phase 32
Creative Work	Siddha Yoga		Navami* Until 4:18AM Fri	Moon – Clear	Navami
				Margasira-Karttikai	
				Sivaloka Day	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau			Lucknow, India Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 8.13	Tithi 10	Gulika 8:01AM – 9:20AM	Uttaraproshtapada Until 10:57PM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM		
		Yama 2:37PM – 3:56PM	Siddhi Until 4:29PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM		Moon 11 - Phase 33
		711413465 Rahu 10:39AM – 11:59AM	Taitila Until 5:30PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:35AM Sat	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Lucknow, India Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 20.11	Tithi 10 – 11	Gulika 6:43AM – 8:02AM	Revati Until 1:16AM Sun	Ganesha: White	<i>Sunrise:</i> 6:43AM		
		Yama 1:18PM – 2:37PM	Vyatipata* Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM		Moon 11 - Phase 33
		711513465 Rahu 9:21AM – 10:40AM	Vanija Until 7:37PM	Nataraja: Clear			4th Phase
Routine Work	Prabalarishta Yoga		Dashami Until 6:35AM	Moon – Clear		Subha Sivaloka Day	
Until 1:16AM Sun		Gita Jayanthi		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Lucknow, India Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 2.19	Tithi 11 – 12	Gulika 2:37PM – 3:57PM	Ashvini Until 3:29AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:43AM		
		Yama 11:59AM – 1:18PM	Variyan Until 5:13PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM		Moon 11 - Phase 33
		721513465 Rahu 3:57PM – 5:16PM	Bava Until 9:17PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:29AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Lucknow, India Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 14.37	Tithi 12 – 13	Gulika 1:19PM – 2:38PM	Bharani Until 5:00AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:44AM		
Family Home Evening		Yama 10:41AM – 12:00PM	Parigha* Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM		Moon 11 - Phase 33
		721513465 Rahu 8:03AM – 9:22AM	Kaulava Until 10:25PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:54AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Lucknow, India Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 27.11	Tithi 13 – 14	Gulika 12:00PM – 1:19PM	Krittika Until 5:48AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:45AM		
		Yama 9:23AM – 10:41AM	Shiva Until 4:24PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM		Moon 11 - Phase 33
		721513465 Rahu 2:38PM – 3:57PM	Gara Until 10:59PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:45AM	Moon – White		Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai			

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Lucknow, India Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:42AM – 12:01PM	Rohini Until 6:22AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:45AM		
Vrishabha Rasi: 10.01	Tithi 14 – 15	Yama 8:04AM – 9:23AM	Siddha Until 3:19PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM		Moon 11 - Phase 33
		731523465 Rahu 12:01PM – 1:20PM	Visti Until 10:58PM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 11:01AM	Moon – Yellow		Sivaloka Day	
Until 6:22AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Lucknow, India Sutra 242 Vikarin 5121		
Silver Retreat Star		Gulika 9:24AM – 10:42AM	Rohini Until 6:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM		
Vrishabha Rasi: 23.07	Tithi 15 – 16	Yama 6:46AM – 8:05AM	Sadhya Until 1:50PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM		Moon 11 - Phase 33
		732523465 Rahu 1:20PM – 2:39PM	Balava Until 10:25PM	Nataraja: Clear			Prathama
Routine Work	Marana Yoga		Purnima* Until 10:44AM	Moon – Yellow		Devaloka Day	
		Vinayaga Viratam Begins		Margasira-Karttikai			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lucknow, India

Sutra 243

Mithuna Rasi: 6.29 Tithi 16 - 17

732523465

Gulika 8:05AM - 9:24AM
Yama 2:39PM - 3:58PM
Rahu 10:43AM - 12:02PM

Mrigashira Until 6:18AM
Subha Until 11:58AM
Taitila Until 9:26PM
Prathama* Until 9:57AM

Ganesha: Clear *Sunrise: 6:47AM*
Muruqa: Clear *Sunset: 5:17PM*
Nataraja: Clear
Moon - Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 244

Mithuna Rasi: 20.06 Tithi 17 - 18

742523465

Gulika 6:47AM - 8:06AM
Yama 1:21PM - 2:40PM
Rahu 9:25AM - 10:43AM

Punarvasu Until 4:59AM Sun
Sukla Until 9:45AM
Vanija Until 8:04PM
Dvitiya Until 8:46AM

Ganesha: Purple *Sunrise: 6:47AM*
Muruqa: Clear *Sunset: 5:17PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 245

Kataka Rasi: 3.55 Tithi 18 - 19

742523465

Gulika 2:40PM - 3:59PM
Yama 12:03PM - 1:21PM
Rahu 3:59PM - 5:17PM

Pushya Until 3:55AM Mon
Brahma Until 7:19AM
Bava Until 6:25PM
Tritiya Until 7:15AM

Ganesha: Purple *Sunrise: 6:48AM*
Muruqa: Clear *Sunset: 5:17PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 3 Sutra 246

Kataka Rasi: 17.52 Tithi 20

742523465

Family Home Evening
Creative Work Siddha Yoga

Gulika 1:22PM - 2:41PM
Yama 10:45AM - 12:03PM
Rahu 8:07AM - 9:26AM

Ashlesha* Until 2:32AM Tue
Vaidhriti* Until 1:54AM Tue
Kaulava Until 4:34PM
Panchami Until 3:34AM Tue

Ganesha: Purple *Sunrise: 6:49AM*
Muruqa: Clear *Sunset: 5:18PM*
Nataraja: Clear
Moon - Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Markali Pillaiyar

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Lucknow, India

Sun 4 Sutra 247

Simha Rasi: 1.56 Tithi 21

852523465

Creative Work Siddha Yoga
Until 1:20AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:04PM - 1:22PM
Yama 9:26AM - 10:45AM
Rahu 2:41PM - 4:00PM

Magha* Until 1:20AM Wed
Vishkambha* Until 11:03PM
Gara Until 2:36PM
Shashthi* Until 1:33AM Wed

Ganesha: Purple *Sunrise: 6:49AM*
Muruqa: Clear *Sunset: 5:18PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti* Yoga Visti*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 5 Sutra 248

Simha Rasi: 16.04 Tithi 22

852523465

Creative Work Amrita Yoga

Gulika 10:46AM - 12:04PM
Yama 8:08AM - 9:27AM
Rahu 12:04PM - 1:23PM

Purvaphalguni Until 11:57PM
Priti Until 8:10PM
Visti Until 12:32PM
Saptami Until 11:29PM

Ganesha: Purple *Sunrise: 6:50AM*
Muruqa: Clear *Sunset: 5:19PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 249

Kanya Rasi: 0.13 Tithi 23

852523465

Amrita Yoga
Until 10:25PM
Then Routine Work - Marana Yoga

Gulika 9:27AM - 10:46AM
Yama 6:50AM - 8:09AM
Rahu 1:23PM - 2:42PM

Uttaraphalguni Until 10:25PM
Ayushman Until 5:14PM
Balava Until 10:27AM
Ashtami* Until 9:24PM

Ganesha: Purple *Sunrise: 6:50AM*
Muruqa: Clear *Sunset: 5:19PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Sun 7 Sutra 250

Kanya Rasi: 14.23 Tithi 24

862523465

Amrita Yoga
Until 9:11PM
Then Creative Work - Siddha Yoga

Gulika 8:09AM - 9:28AM
Yama 2:42PM - 4:01PM
Rahu 10:47AM - 12:05PM

Hasta Until 9:11PM
Saubhagya Until 2:20PM
Taitila Until 8:23AM
Navami* Until 7:20PM

Ganesha: Clear *Sunrise: 6:51AM*
Muruqa: Clear *Sunset: 5:20PM*
Nataraja: Clear
Moon - Green
Margasira-Markali

Moon 12 - Phase 34
Navami

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau	Lucknow, India Sun 8 Sutra 251 Vikarin 5121
Kanya Rasi: 28.31	Tithi 25 – 26	862523465	Gulika 6:51AM – 8:10AM Yama 1:24PM – 2:43PM Rahu 9:29AM – 10:47AM	Chitra Until 7:52PM Sobhana Until 11:29AM Vanija Until 6:21AM Dashami Until 5:21PM	Ganesha: Clear <i>Sunrise: 6:51AM</i> Muruqa: Clear <i>Sunset: 5:20PM</i> Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati		Devaloka Day
Until 7:52PM					Margasira-Markali
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Lucknow, India Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 12.35	Tithi 26 – 27	862523465	Gulika 2:43PM – 4:02PM Yama 12:06PM – 1:25PM Rahu 4:02PM – 5:20PM	Svati Until 6:33PM Athiganda* Until 8:42AM Kaulava Until 2:37AM Mon Ekadashi* Until 3:28PM	Ganesha: Clear <i>Sunrise: 6:52AM</i> Muruqa: Clear <i>Sunset: 5:20PM</i> Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati		Devaloka Day
Until 6:33PM					Margasira-Markali
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Lucknow, India Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 26.33	Tithi 27 – 28	872523465	Gulika 1:25PM – 2:44PM Yama 10:48AM – 12:07PM Rahu 8:11AM – 9:30AM	Vishakha Until 5:43PM Sukarma Until 6:03AM Gara Until 1:04AM Tue Dvadashi* Until 1:47PM	Ganesha: White <i>Sunrise: 6:52AM</i> Muruqa: Clear <i>Sunset: 5:21PM</i> Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati		Bhuloka Day
Until 5:43PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Lucknow, India Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 10.23	Tithi 28 – 29	872523465	Gulika 12:07PM – 1:26PM Yama 9:30AM – 10:49AM Rahu 2:44PM – 4:03PM	Anuradha Until 5:01PM Shula* Until 1:24AM Wed Visti Until 11:49PM Trayodashi* Until 12:22PM	Ganesha: White <i>Sunrise: 6:53AM</i> Muruqa: Clear <i>Sunset: 5:22PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati		Bhuloka Day
Until 5:01PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Lucknow, India Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 24	Tithi 29 – 30	872523465	Gulika 10:49AM – 12:08PM Yama 8:12AM – 9:30AM Rahu 12:08PM – 1:26PM	Jyeshtha* Until 4:32PM Ganda* Until 11:32PM Catuspada Until 10:59PM Chaturdashi* Until 11:19AM	Ganesha: White <i>Sunrise: 6:53AM</i> Muruqa: Clear <i>Sunset: 5:22PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati		Bhuloka Day
Until 4:32PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Lucknow, India Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 7.23	Tithi 30 – 1	883523465	Gulika 9:31AM – 10:50AM Yama 6:54AM – 8:12AM Rahu 1:27PM – 2:45PM	Mula* Until 4:49PM Vriddhi Until 10:04PM Kintughna Until 10:39PM Amavasya* Until 10:44AM	Ganesha: Orange <i>Sunrise: 6:54AM</i> Muruqa: Clear <i>Sunset: 5:23PM</i> Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse		Devaloka Day
					Pausha-Markali

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Lucknow, India Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 20.29	Tithi 1 – 2	Gulika 8:13AM – 9:31AM Yama 2:46PM – 4:05PM Rahu 10:50AM – 12:09PM	Purvashadha* Until 5:29PM Dhruva Until 9:01PM Balava Until 10:52PM Prathama* Until 10:40AM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Devaloka Day
Routine Work Prabalarishta Yoga Until 5:29PM Then Routine Work - Marana Yoga					

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Lucknow, India Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 3.18	Tithi 2 – 3	Gulika 6:55AM – 8:13AM Yama 1:28PM – 2:47PM Rahu 9:32AM – 10:51AM	Uttarashadha Until 6:34PM Vyaghata* Until 8:26PM Taitila Until 11:42PM Dvitiya Until 11:12AM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Devaloka Day
Routine Work Marana Yoga Until 6:34PM Then Creative Work - Siddha Yoga					

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau	Lucknow, India Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 15.51	Tithi 3 – 4	Gulika 2:47PM – 4:06PM Yama 12:10PM – 1:28PM Rahu 4:06PM – 5:24PM	Shravana Until 8:32PM Harshana Until 8:18PM Vanija Until 1:07AM Mon Tritiya Until 12:19PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Devaloka Day
Creative Work Amrita Yoga Until 8:32PM Then Routine Work - Marana Yoga					

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Lucknow, India Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 28.09	Tithi 4 – 5	Gulika 1:29PM – 2:48PM Yama 10:51AM – 12:10PM Rahu 8:14AM – 9:33AM	Dhanishtha Until 10:50PM Vajra* Until 8:33PM Bava Until 3:01AM Tue Chaturthi* Until 1:59PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Devaloka Day
Family Home Evening Creative Work Siddha Yoga					

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Lucknow, India Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 10.15	Tithi 5 – 6	Gulika 12:11PM – 1:29PM Yama 9:33AM – 10:52AM Rahu 2:48PM – 4:07PM	Shatabhishak Until 1:20AM Wed Siddhi Until 9:06PM Kaulava Until 5:18AM Wed Panchami Until 4:06PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Devaloka Day
Routine Work Marana Yoga Until 1:20AM Wed Then Creative Work - Amrita Yoga					

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila Karana Shashthyam Titau	Lucknow, India Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 22.13	Tithi 6	Gulika 10:53AM – 12:12PM Yama 8:15AM – 9:34AM Rahu 12:12PM – 1:30PM	Purvaprosarthpada* Until 4:24AM Thu Vyatipata* Until 9:51PM Taitila Until 6:31PM Shashthi* Until 6:31PM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 4:24AM Thu Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends			

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau	Lucknow, India Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 4.07	Tithi 7	Gulika 9:34AM – 10:53AM Yama 6:56AM – 8:15AM Rahu 1:31PM – 2:50PM	Uttaraprosarthpada Until 7:18AM Fri Variyan Until 10:38PM Gara Until 7:47AM Saptami Until 9:01PM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Lucknow, India Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 16.01	Tithi 8	Gulika 8:16AM – 9:35AM Yama 2:50PM – 4:09PM Rahu 10:54AM – 12:13PM	Uttaraprosarthpada Until 7:18AM Parigha* Until 11:21PM Visti Until 10:16AM Ashtami* Until 11:25PM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Lucknow, India Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 27.58	Tithi 9	Gulika 6:57AM – 8:16AM Yama 1:32PM – 2:51PM Rahu 9:35AM – 10:54AM	Revati Until 9:53AM Shiva Until 11:51PM Balava Until 12:32PM Navami* Until 1:31AM Sun	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Prabalarishta Yoga Until 9:53AM Then Creative Work - Siddha Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 10.04	Tithi 10	Gulika 2:52PM – 4:11PM	Ashvini Until 12:24PM	Ganesha: Yellow <i>Sunrise:</i> 6:57AM	<i>Sunset:</i> 5:30PM	Moon 12 - Phase 37
		Yama 12:13PM – 1:33PM	Siddha Until 11:57PM	Muruqa: Clear		4th Phase
	823623466	Rahu 4:11PM – 5:30PM	Taitila Until 2:24PM	Nataraja: Orange		
Creative Work Siddha Yoga				Moon – White		Devaloka Day
Until 12:24PM		Subramuniyaswami Jayanti	Dashami Until 3:06AM Mon	Pausha-Markali		
Then Routine Work - Prabararishta Yoga						

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 22.22	Tithi 11	Gulika 1:33PM – 2:52PM	Bharani Until 2:14PM	Ganesha: Yellow <i>Sunrise:</i> 6:57AM	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 37
Family Home Evening		Yama 10:55AM – 12:14PM	Sadhya Until 11:36PM	Muruqa: Clear		4th Phase
Creative Work Siddha Yoga	823623466	Rahu 8:16AM – 9:36AM	Vanija Until 3:41PM	Nataraja: Orange		
Until 2:14PM				Moon – White		Devaloka Day
Then Routine Work - Marana Yoga		Vaikuntha Ekadasi	Ekadashi Until 4:03AM Tue	Pausha-Markali		

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Lucknow, India Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 4.58	Tithi 12	Gulika 12:14PM – 1:34PM	Krittika Until 3:15PM	Ganesha: Yellow <i>Sunrise:</i> 6:57AM	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 37
		Yama 9:36AM – 10:55AM	Subha Until 10:43PM	Muruqa: Clear		4th Phase
	823623466	Rahu 2:53PM – 4:12PM	Bava Until 4:17PM	Nataraja: Orange		
Creative Work Siddha Yoga				Moon – White		Devaloka Day
Until 3:15PM			Dvadashi Until 4:17AM Wed	Pausha-Markali		
Then Creative Work - Amrita Yoga						

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lucknow, India Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 17.54	Tithi 13	Gulika 10:55AM – 12:15PM	Rohini Until 3:52PM	Ganesha: White <i>Sunrise:</i> 6:57AM	<i>Sunset:</i> 5:32PM	Moon 12 - Phase 37
		Yama 8:17AM – 9:36AM	Sukla Until 9:14PM	Muruqa: Clear		4th Phase
	833623466	Rahu 12:15PM – 1:34PM	Kaulava Until 4:08PM	Nataraja: Orange		
Creative Work Siddha Yoga				Moon – Yellow		Bhuloka Day
			Trayodashi Until 3:47AM Thu	Pausha-Markali		Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata</i>			

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Lucknow, India Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 1.12	Tithi 14	Gulika 9:36AM – 10:56AM	Mrigashira Until 3:39PM	Ganesha: Yellow <i>Sunrise:</i> 6:58AM	<i>Sunset:</i> 5:33PM	Moon 12 - Phase 37
		Yama 6:58AM – 8:17AM	Brahma Until 7:14PM	Muruqa: Clear		4th Phase
	834623466	Rahu 1:35PM – 2:54PM	Gara Until 3:18PM	Nataraja: Orange		
Routine Work Marana Yoga				Moon – Yellow		Devaloka Day
			Chaturdashi* Until 2:37AM Fri	Pausha-Markali		

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Lucknow, India Sutra 271 Vikarin 5121
Mithuna Rasi: 14.53	Tithi 15	Gulika 8:17AM – 9:37AM	Ardra Until 2:40PM	Ganesha: Yellow <i>Sunrise:</i> 6:58AM	<i>Sunset:</i> 5:34PM	Moon 12 - Phase 37
		Yama 2:55PM – 4:14PM	Indra Until 4:46PM	Muruqa: Clear		Purnima
	834623466	Rahu 10:56AM – 12:16PM	Visti Until 1:49PM	Nataraja: Orange		
Creative Work Siddha Yoga				Moon – Yellow		Devaloka Day
		Penumbral Lunar Eclipse	Purnima* Until 12:52AM Sat	Pausha-Markali		
		Ardra Darshanam				

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India Sutra 272 Vikarin 5121
Mithuna Rasi: 28.53	Tithi 16	Gulika 6:58AM – 8:17AM	Punarvasu Until 1:29PM	Ganesha: White <i>Sunrise:</i> 6:58AM	<i>Sunset:</i> 5:34PM	Moon 12 - Phase 37
		Yama 1:36PM – 2:55PM	Vaidhriti* Until 1:52PM	Muruqa: Clear		Prathama
	844623466	Rahu 9:37AM – 10:56AM	Balava Until 11:50AM	Nataraja: Orange		
Creative Work Siddha Yoga				Moon – Blue		Sivaloka Day
			Prathama* Until 10:40PM	Pausha-Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 13.11 Tithi 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 2:56PM – 4:15PM
Yama 12:16PM – 1:36PM
Rahu 4:15PM – 5:35PM

Pushya Until 11:47AM
Vishkambha* Until 10:42AM
Taitila Until 9:28AM
Dvitiya Until 8:10PM

Ganesha: White *Sunrise: 6:58AM*
Muruqa: Clear *Sunset: 5:35PM*
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sivaloka Day

Lucknow, India
Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

1

Monday, January 13, 2020

Kataka Rasi: 27.39 Tithi 18 – 19

Family Home Evening

844623466

Creative Work Siddha Yoga

Until 9:43AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:37PM – 2:56PM
Yama 10:57AM – 12:17PM
Rahu 8:17AM – 9:37AM

Ashlesha* Until 9:43AM
Priti Until 7:21AM
Vanija Until 6:51AM
Tritiya Until 5:29PM

Ganesha: White *Sunrise: 6:58AM*
Muruqa: Clear *Sunset: 5:36PM*
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sivaloka Day

Lucknow, India
Sun 1 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

2

Tuesday, January 14, 2020

Simha Rasi: 12.12 Tithi 19 – 20

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:17PM – 1:37PM
Yama 9:37AM – 10:57AM
Rahu 2:57PM – 4:17PM

Magha* Until 7:51AM
Saubhagya Until 12:28AM Wed
Kaulava Until 1:27AM Wed
Chaturthi* Until 2:46PM

Ganesha: Clear *Sunrise: 6:58AM*
Muruqa: Clear *Sunset: 5:37PM*
Nataraja: Orange
Moon – Red
Pausha-Markali

Devaloka Day

Lucknow, India
Sun 2 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

3

Wednesday, January 15, 2020

Simha Rasi: 26.43 Tithi 20 – 21

Creative Work Amrita Yoga

Until 3:56AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:57AM – 12:17PM
Yama 8:18AM – 9:38AM
Rahu 12:17PM – 1:37PM

Uttaraphalguni Until 3:56AM Thu
Sobhana Until 9:10PM
Gara Until 10:54PM
Panchami Until 12:08PM

Ganesha: Clear *Sunrise: 6:58AM*
Muruqa: Clear *Sunset: 5:37PM*
Nataraja: Orange
Moon – Red
Pausha-Thai

Devaloka Day

Lucknow, India
Sun 3 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

4

Thursday, January 16, 2020

Kanya Rasi: 11.08 Tithi 21 – 22

Routine Work Marana Yoga

Until 2:30AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:38AM – 10:58AM
Yama 6:57AM – 8:18AM
Rahu 1:38PM – 2:58PM

Hasta Until 2:30AM Fri
Athiganda* Until 6:00PM
Visti Until 8:34PM
Shashthi* Until 9:41AM

Ganesha: Purple *Sunrise: 6:57AM*
Muruqa: Clear *Sunset: 5:38PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

Lucknow, India
Sun 4 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 25.23 Tithi 22 – 23

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:18AM – 9:38AM
Yama 2:59PM – 4:19PM
Rahu 10:58AM – 12:18PM

Chitra Until 1:13AM Sat
Sukarma Until 3:05PM
Balava Until 6:31PM
Saptami Until 7:29AM

Ganesha: Purple *Sunrise: 6:57AM*
Muruqa: Clear *Sunset: 5:39PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

Lucknow, India
Sun 5 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 9.26 Tithi 24

Creative Work Siddha Yoga

Until 12:09AM Sun

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 6:57AM – 8:18AM
Yama 1:39PM – 2:59PM
Rahu 9:38AM – 10:58AM

Svati Until 12:09AM Sun
Dhriti Until 12:26PM
Taitila Until 4:49PM
Navami* Until 4:05AM Sun

Ganesha: Purple *Sunrise: 6:57AM*
Muruqa: Clear *Sunset: 5:40PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

Lucknow, India
Sun 6 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami


1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Lucknow, India			
	Tula Rasi: 23.15		Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 7 Sutra 280	
	Tithi 25	Gulika 3:00PM – 4:20PM	Vishakha Until 11:44PM	Ganesha: Clear	Sunrise: 6:57AM	Vikarin 5121
	874623466 Rahu	Yama 12:19PM – 1:39PM	Shula* Until 10:03AM	Muruqa: Clear	Sunset: 5:41PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	4:20PM – 5:41PM	Nataraja: Orange		2nd Phase	
			Vanija Until 3:28PM	Moon – Orange		
			Dashami Until 2:56AM Mon	Pausha*Thai	Devaloka Day	

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Lucknow, India			
	Vrischika Rasi: 6.51		Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 8 Sutra 281	
	Tithi 26	Gulika 1:40PM – 3:00PM	Anuradha Until 11:32PM	Ganesha: Clear	Sunrise: 6:57AM	Vikarin 5121
	874623466 Rahu	Yama 10:59AM – 12:19PM	Ganda* Until 8:00AM	Muruqa: Clear	Sunset: 5:41PM	Moon 1 - Phase 39
Family Home Evening		8:17AM – 9:38AM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Moon – Orange			
			Ekadashi* Until 2:10AM Tue	Pausha*Thai	Devaloka Day	

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Lucknow, India			
	Vrischika Rasi: 20.14		Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9 Sutra 282	
	Tithi 27	Gulika 12:19PM – 1:40PM	Jyeshtha* Until 11:35PM	Ganesha: Purple	Sunrise: 6:57AM	Vikarin 5121
	875623466 Rahu	Yama 9:38AM – 10:59AM	Vridhi Until 6:15AM	Muruqa: Clear	Sunset: 5:42PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	3:01PM – 4:21PM	Nataraja: Orange		2nd Phase	
Until 11:35PM			Moon – Orange			
Then Creative Work - Amrita Yoga			Dvadashi* Until 1:48AM Wed	Pausha*Thai	Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Lucknow, India			
	Dhanus Rasi: 3.24		Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 10 Sutra 283	
	Tithi 28	Gulika 10:59AM – 12:20PM	Mula* Until 12:21AM Thu	Ganesha: Light Blue	Sunrise: 6:56AM	Vikarin 5121
	885623466 Rahu	Yama 8:17AM – 9:38AM	Vyaghata* Until 3:40AM Thu	Muruqa: Clear	Sunset: 5:43PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	12:20PM – 1:40PM	Nataraja: Orange		2nd Phase	
Until 12:21AM Thu			Moon – Light Blue			
Then Creative Work - Siddha Yoga			Gara Until 1:48PM	Pausha*Thai	Bhuloka Day	
			Trayodashi* Until 1:51AM Thu		Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Lucknow, India			
	Dhanus Rasi: 16.21		Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 11 Sutra 284	
	Tithi 29	Gulika 9:38AM – 10:59AM	Purvashadha* Until 1:21AM Fri	Ganesha: Light Blue	Sunrise: 6:56AM	Vikarin 5121
	885623466 Rahu	Yama 6:56AM – 8:17AM	Harshana Until 2:53AM Fri	Muruqa: Clear	Sunset: 5:44PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	1:41PM – 3:02PM	Nataraja: Orange		2nd Phase	
Until 1:21AM Fri			Moon – Light Blue			
Then Routine Work - Marana Yoga			Visti Until 2:04PM	Pausha*Thai	Bhuloka Day	
			Chaturdashi* Until 2:20AM Fri		Devaloka Time: 3:PM to 6:PM	

	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Lucknow, India			
	Retreat Star		Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 12 Sutra 285	
	Dhanus Rasi: 29.07	Tithi 30	Gulika 8:17AM – 9:38AM	Uttarashadha Until 2:37AM Sat	Ganesha: Light Blue	Sunrise: 6:56AM
	885623466 Rahu	Yama 3:02PM – 4:23PM	Vajra* Until 2:24AM Sat	Muruqa: Clear	Sunset: 5:44PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	10:59AM – 12:20PM	Nataraja: Orange		Amavasya	
Until 2:37AM Sat			Moon – Light Blue			
Then Creative Work - Siddha Yoga			Catuspada Until 2:45PM	Pausha*Thai	Bhuloka Day	
			Amavasya* Until 3:14AM Sat		Devaloka Time: 3:PM to 6:PM	

Retreat Star	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Lucknow, India			
	Makara Rasi: 11.4		Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 13 Sutra 286	
	Tithi 1	Gulika 6:56AM – 8:17AM	Shravana Until 4:38AM Sun	Ganesha: Light Blue	Sunrise: 6:56AM	Vikarin 5121
	995623466 Rahu	Yama 1:42PM – 3:03PM	Siddhi Until 2:16AM Sun	Muruqa: Clear	Sunset: 5:45PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	9:38AM – 10:59AM	Nataraja: Orange		Prathama	
Until 4:38AM Sun			Moon – Purple			
Then Routine Work - Marana Yoga			Kintughna Until 3:53PM	Magha*Thai	Bhuloka Day	
			Prathama* Until 4:35AM Sun		Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Lucknow, India Sun 14 Sutra 287 Vikarin 5121
Makara Rasi: 24.01	Tithi 2	Gulika 3:03PM – 4:25PM	Dhanishtha Until 6:51AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:55AM		
		Yama 12:21PM – 1:42PM	Vyatipata* Until 2:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:46PM		Moon 1 - Phase 40
		995723466 Rahu 4:25PM – 5:46PM	Balava Until 5:26PM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:20AM Mon	Moon – Purple		Devaloka Day	
Until 6:51AM Mon				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Lucknow, India Sun 15 Sutra 288 Vikarin 5121
Kumbha Rasi: 6.13	Tithi 2 – 3	Gulika 1:42PM – 3:04PM	Dhanishtha Until 6:51AM	Ganesha: Orange	<i>Sunrise:</i> 6:55AM		
Family Home Evening		Yama 10:59AM – 12:21PM	Variyan Until 2:53AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:47PM		Moon 1 - Phase 40
		995723466 Rahu 8:16AM – 9:38AM	Taitila Until 7:22PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:20AM	Moon – Purple		Devaloka Day	
				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau			Lucknow, India Sun 16 Sutra 289 Vikarin 5121
Kumbha Rasi: 18.17	Tithi 3 – 4	Gulika 12:21PM – 1:43PM	Shatabhishak Until 9:15AM	Ganesha: Orange	<i>Sunrise:</i> 6:54AM		
		Yama 9:38AM – 10:59AM	Parigha* Until 3:32AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:48PM		Moon 1 - Phase 40
		995723466 Rahu 3:04PM – 4:26PM	Vanija Until 9:36PM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 8:26AM	Moon – Purple		Devaloka Day	
				Magha-Thai			

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau			Lucknow, India Sun 17 Sutra 290 Vikarin 5121
Meena Rasi: 0.14	Tithi 4 – 5	Gulika 10:59AM – 12:21PM	Purvaproshtapada* Until 12:14PM	Ganesha: Green	<i>Sunrise:</i> 6:54AM		
		Yama 8:16AM – 9:38AM	Shiva Until 4:21AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:48PM		Moon 1 - Phase 40
		915723466 Rahu 12:21PM – 1:43PM	Bava Until 12:04AM Thu	Nataraja: Orange			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:48AM	Moon – Clear		Sivaloka Day	
Until 12:14PM				Magha-Thai			
Then Creative Work - Siddha Yoga							

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau			Lucknow, India Sun 18 Sutra 291 Vikarin 5121
Meena Rasi: 12.07	Tithi 5 – 6	Gulika 9:37AM – 10:59AM	Uttaraproshtapada Until 3:11PM	Ganesha: Green	<i>Sunrise:</i> 6:54AM		
		Yama 6:54AM – 8:16AM	Siddha Until 5:10AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:49PM		Moon 1 - Phase 40
		915723466 Rahu 1:43PM – 3:05PM	Kaulava Until 2:36AM Fri	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:19PM	Moon – Clear		Sivaloka Day	
				Magha-Thai			

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Lucknow, India Sun 19 Sutra 292 Vikarin 5121
Meena Rasi: 23.59	Tithi 6 – 7	Gulika 8:15AM – 9:37AM	Revati Until 5:56PM	Ganesha: Orange	<i>Sunrise:</i> 6:53AM		
		Yama 3:06PM – 4:28PM	Sadhya Until 5:55AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 1 - Phase 40
		916723466 Rahu 10:59AM – 12:21PM	Gara Until 5:02AM Sat	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:49PM	Moon – Clear		Devaloka Day	
Until 5:56PM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija Karana Saptamyam Titau			Lucknow, India Sun 20 Sutra 293 Vikarin 5121
Mesha Rasi: 5.54	Tithi 7	Gulika 6:53AM – 8:15AM	Ashvini Until 8:50PM	Ganesha: Green	<i>Sunrise:</i> 6:53AM		
		Yama 1:44PM – 3:06PM	Subha Until 6:27AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 1 - Phase 40
		926723466 Rahu 9:37AM – 10:59AM	Vanija Until 6:08PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:08PM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			Lucknow, India Sun 21 Sutra 294 Vikarin 5121
Mesha Rasi: 17.56	Tithi 8	Gulika 3:06PM – 4:28PM	Bharani Until 11:09PM	Ganesha: Green	<i>Sunrise:</i> 6:53AM		
		Yama 12:22PM – 1:44PM	Subha Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 5:51PM		Moon 1 - Phase 40
		926723466 Rahu 4:28PM – 5:51PM	Visti Until 7:10AM	Nataraja: Orange			Ashtami
Routine Work	Prabalarishta Yoga		Ashtami* Until 8:02PM	Moon – White		Bhuloka Day	
Until 11:09PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau			Lucknow, India Sun 22 Sutra 295 Vikarin 5121
Vrishabha Rasi: 0.1	Tithi 9	Gulika 1:44PM – 3:07PM	Krittika Until 12:42AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:52AM		
Family Home Evening		Yama 10:59AM – 12:22PM	Sukla Until 6:35AM	Muruqa: Clear	<i>Sunset:</i> 5:51PM		Moon 1 - Phase 40
		926723466 Rahu 8:15AM – 9:37AM	Balava Until 8:48AM	Nataraja: Orange			Navami
Routine Work	Marana Yoga		Navami* Until 9:20PM	Moon – White		Bhuloka Day	
Until 12:42AM Tue				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							


1		Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau			Lucknow, India Sun 23 Sutra 296
936723467	Wishabha Rasi: 12.42	Tithi 10	Gulika 12:22PM – 1:44PM Yama 9:37AM – 10:59AM Rahu 3:07PM – 4:30PM	Rohini Until 1:50AM Wed Brahma Until 6:12AM Taitila Until 9:43AM Dashami Until 9:51PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:52AM Sunset: 5:52PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day
Creative Work Amrita Yoga		Until 1:50AM Wed		Then Creative Work - Siddha Yoga			

2		Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau			Lucknow, India Sun 24 Sutra 297
936723467	Wishabha Rasi: 25.35	Tithi 11	Gulika 10:59AM – 12:22PM Yama 8:14AM – 9:37AM Rahu 12:22PM – 1:45PM	Mrigashira Until 1:59AM Thu Vaidhriti* Until 3:35AM Thu Vanija Until 9:49AM Ekadashi Until 9:32PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:51AM Sunset: 5:53PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day
Creative Work Siddha Yoga		Until 1:59AM Thu		Then Routine Work - Marana Yoga			

3		Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau			Lucknow, India Sun 25 Sutra 298
936723467	Mithuna Rasi: 8.55	Tithi 12	Gulika 9:36AM – 10:59AM Yama 6:50AM – 8:13AM Rahu 1:45PM – 3:08PM	Ardra Until 1:11AM Fri Vishkambha* Until 1:18AM Fri Bava Until 9:05AM Dvadashi Until 8:24PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:50AM Sunset: 5:54PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day
Routine Work Marana Yoga		Until 1:11AM Fri		Then Creative Work - Siddha Yoga			

4		Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau			Lucknow, India Sun 26 Sutra 299
947723467	Mithuna Rasi: 22.43	Tithi 13	Gulika 8:13AM – 9:36AM Yama 3:08PM – 4:31PM Rahu 10:59AM – 12:22PM	Punarvasu Until 11:58PM Priti Until 10:27PM Kaulava Until 7:33AM Trayodashi Until 6:30PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:50AM Sunset: 5:54PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga		Until 11:58PM		Then Routine Work - Marana Yoga			
<i>Pradosha Vrata</i>							

5		Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Lucknow, India Sun 27 Sutra 300
947723467	Kataka Rasi: 6.56	Tithi 14 – 15	Gulika 6:49AM – 8:13AM Yama 1:45PM – 3:09PM Rahu 9:36AM – 10:59AM	Pushya Until 10:01PM Ayushman Until 7:06PM Visti Until 2:33AM Sun Chaturdashi* Until 3:59PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:49AM Sunset: 5:55PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga		Until 10:01PM		Then Routine Work - Marana Yoga			

		Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Lucknow, India Sutra 301		
Copper Retreat Star		947723467	Kataka Rasi: 21.33	Tithi 15 – 16	Gulika 3:09PM – 4:32PM Yama 12:22PM – 1:46PM Rahu 4:32PM – 5:56PM	Ashlesha* Until 7:31PM Saubhagya Until 3:24PM Balava Until 11:24PM Purnima* Until 1:00PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:49AM Sunset: 5:56PM	Vikarin 5121 Moon 1 - Phase 41 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga		Until 7:31PM		Then Routine Work - Marana Yoga					

Monday, February 10, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Lucknow, India Sutra 302
957723467	Simha Rasi: 6.25	Tithi 16 – 17	Gulika 1:46PM – 3:09PM Yama 10:59AM – 12:22PM Rahu 8:12AM – 9:35AM	Magha* Until 5:03PM Sobhana Until 11:29AM Taitila Until 8:01PM Prathama* Until 9:43AM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:48AM Sunset: 5:56PM	Vikarin 5121 Moon 1 - Phase 41 Prathama Devaloka Day
Family Home Evening		Routine Work Marana Yoga		Until 5:03PM		Then Creative Work - Siddha Yoga	



Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Gara/Vishti* Karana Dvitiya/Trilyayam Titau

Lucknow, India

Sun 1 Sutra 303

Simha Rasi: 21.25 Tithi 17 - 18

957723467

Gulika 12:22PM - 1:46PM
Yama 9:35AM - 10:59AM
Rahu 3:10PM - 4:33PM

Purvaphalguni Until 2:22PM

Athiganda* Until 7:26AM

Visti Until 2:54AM Wed

Dvitiya Until 6:17AM

Ganesha: Red

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 5:57PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 2:22PM

Then Creative Work - Amrita Yoga

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 304

Kanya Rasi: 6.24 Tithi 19

957723467

Gulika 10:58AM - 12:22PM
Yama 8:11AM - 9:34AM
Rahu 12:22PM - 1:46PM

Uttaraphalguni Until 11:38AM

Dhriti Until 11:37PM

Bava Until 1:17PM

Chaturthi* Until 11:41PM

Ganesha: Red

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 5:58PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 11:38AM

Then Routine Work - Marana Yoga

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 3 Sutra 305

Kanya Rasi: 21.13 Tithi 20

967723467

Gulika 9:34AM - 10:58AM
Yama 6:46AM - 8:10AM
Rahu 1:46PM - 3:10PM

Hasta Until 9:26AM

Shula* Until 8:02PM

Kaulava Until 10:13AM

Panchami Until 8:49PM

Ganesha: Green

Sunrise: 6:46AM

Muruqa: Clear

Sunset: 5:59PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 9:26AM

Then Creative Work - Siddha Yoga

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*Yridhi Yoga Gara/Vanija Karana Shashthyam Titau

Lucknow, India

Sun 4 Sutra 306

Tula Rasi: 5.46 Tithi 21

968723467

Gulika 8:09AM - 9:34AM
Yama 3:11PM - 4:35PM
Rahu 10:58AM - 12:22PM

Chitra Until 7:28AM

Ganda* Until 4:50PM

Gara Until 7:33AM

Shashthi* Until 6:23PM

Ganesha: White

Sunrise: 6:45AM

Muruqa: Clear

Sunset: 5:59PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Lucknow, India

Sun 5 Sutra 307

Tula Rasi: 19.58 Tithi 22 - 23

968723467

Gulika 6:44AM - 8:09AM
Yama 1:47PM - 3:11PM
Rahu 9:33AM - 10:58AM

Vishakha Until 5:09AM Sun

Vriddhi Until 2:05PM

Balava Until 3:49AM Sun

Saptami Until 4:31PM

Ganesha: White

Sunrise: 6:44AM

Muruqa: Clear

Sunset: 6:00PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 5:09AM Sun

Then Routine Work - Marana Yoga

5

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lucknow, India

Sun 6 Sutra 308

Vrischika Rasi: 3.49 Tithi 23 - 24

978723467

Gulika 3:11PM - 4:36PM
Yama 12:22PM - 1:47PM
Rahu 4:36PM - 6:01PM

Anuradha Until 4:53AM Mon

Dhruva Until 11:47AM

Taitila Until 2:52AM Mon

Ashtami* Until 3:14PM

Ganesha: Clear

Sunrise: 6:44AM

Muruqa: Clear

Sunset: 6:01PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 4:53AM Mon

Then Creative Work - Siddha Yoga

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lucknow, India

Sun 7 Sutra 309

Vrischika Rasi: 17.17 Tithi 24 - 25

978723467

Gulika 1:47PM - 3:12PM
Yama 10:57AM - 12:22PM
Rahu 8:08AM - 9:32AM

Jyeshtha* Until 5:03AM Tue

Vyaghata* Until 10:00AM

Vanija Until 2:31AM Tue

Navami* Until 2:36PM

Ganesha: Clear

Sunrise: 6:43AM

Muruqa: Clear

Sunset: 6:01PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 5:03AM Tue

Then Creative Work - Amrita Yoga


1	Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India
	Dhanus Rasi: 0.25	Tithi 26 – 26	988723467	Gulika 12:22PM – 1:47PM Yama 9:32AM – 10:57AM Rahu 3:12PM – 4:37PM	Mula* Until 6:06AM Wed Harshana Until 8:42AM Bava Until 2:46AM Wed Dashami Until 2:33PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sun 8 Sutra 310 Vikarin 5121 Moon 2 - Phase 43 2nd Phase
	Creative Work	Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Lucknow, India
	Dhanus Rasi: 13.16	Tithi 26 – 27	988723467	Gulika 10:57AM – 12:22PM Yama 8:06AM – 9:32AM Rahu 12:22PM – 1:47PM	Mula* Until 6:06AM Vajra* Until 7:49AM Kaulava Until 3:31AM Thu Ekadashi* Until 3:04PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sun 9 Sutra 311 Vikarin 5121 Moon 2 - Phase 43 2nd Phase
	Routine Work	Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Until 6:06AM	Then Creative Work - Amrita Yoga					

3	Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau				Lucknow, India
	Dhanus Rasi: 25.53	Tithi 27 – 28	989823467	Gulika 9:31AM – 10:56AM Yama 6:40AM – 8:06AM Rahu 1:47PM – 3:12PM	Purvashadha* Until 7:28AM Siddhi Until 7:19AM Gara Until 4:42AM Fri Dvodashi* Until 4:02PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sun 10 Sutra 312 Vikarin 5121 Moon 2 - Phase 43 2nd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Until 7:28AM	Then Routine Work - Marana Yoga					

4	Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Makara Rasi: 8.19	Tithi 28 – 29	989823467	Gulika 8:05AM – 9:31AM Yama 3:13PM – 4:38PM Rahu 10:56AM – 12:22PM	Uttarashadha Until 9:05AM Vyatipata* Until 7:10AM Visti Until 6:15AM Sat Trayodashi* Until 5:25PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sun 11 Sutra 313 Vikarin 5121 Moon 2 - Phase 43 2nd Phase
	Routine Work	Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

5	Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India
	Makara Rasi: 20.35	Tithi 29	999823467	Gulika 6:39AM – 8:04AM Yama 1:47PM – 3:13PM Rahu 9:30AM – 10:56AM	Shravana Until 11:22AM Variyan Until 7:15AM Visti Until 6:15AM Chaturdashi* Until 7:07PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sun 12 Sutra 314 Vikarin 5121 Moon 2 - Phase 43 2nd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

	Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India
	Retreat Star			Gulika 3:13PM – 4:39PM Yama 12:21PM – 1:47PM Rahu 4:39PM – 6:05PM	Dhanishtha Until 1:46PM Parigha* Until 7:34AM Catuspada Until 8:06AM Amavasya* Until 9:06PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sun 13 Sutra 315 Vikarin 5121 Moon 2 - Phase 43 Amavasya
	Kumbha Rasi: 2.45	Tithi 30	999823467			Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Routine Work	Marana Yoga					

Monday, February 24, 2020	Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak*/Purvaprosithpada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Lucknow, India
	Kumbha Rasi: 14.48	Tithi 1	999823467	Gulika 1:47PM – 3:13PM Yama 10:55AM – 12:21PM Rahu 8:03AM – 9:29AM	Shatabhishak Until 4:13PM Shiva Until 8:06AM Kintughna Until 10:12AM Prathama* Until 11:18PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi	Sun 14 Sutra 316 Vikarin 5121 Moon 2 - Phase 43 Prathama
	Family Home Evening	Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Until 4:13PM	Then Routine Work - Marana Yoga					

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Lucknow, India Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 26.46	Tithi 2	Gulika 12:21PM – 1:47PM	Purvaproshtapada* Until 7:11PM	Ganesha: Orange <i>Sunrise: 6:36AM</i>	
		Yama 9:29AM – 10:55AM	Siddha Until 8:45AM	Muruḡa: Clear <i>Sunset: 6:06PM</i>	Moon 2 - Phase 44
		919823467 Rahu 3:14PM – 4:40PM	Balava Until 12:30PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 1:41AM Wed	Moon – Clear	Devaloka Day
Until 7:11PM				Phalguna-Masi	
Then Creative Work - Amrita Yoga					

2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau	Lucknow, India Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 8.41	Tithi 3	Gulika 10:55AM – 12:21PM	Uttaraproshtapada Until 10:06PM	Ganesha: Orange <i>Sunrise: 6:35AM</i>	
		Yama 8:02AM – 9:28AM	Sadhya Until 9:32AM	Muruḡa: Clear <i>Sunset: 6:07PM</i>	Moon 2 - Phase 44
		919823467 Rahu 12:21PM – 1:47PM	Taitila Until 2:57PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 4:11AM Thu	Moon – Clear	Devaloka Day
Until 10:06PM				Phalguna-Masi	
Then Routine Work - Marana Yoga					

3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau	Lucknow, India Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 20.34	Tithi 4	Gulika 9:28AM – 10:54AM	Revati Until 12:55AM Fri	Ganesha: Orange <i>Sunrise: 6:34AM</i>	
		Yama 6:34AM – 8:01AM	Subha Until 10:25AM	Muruḡa: Clear <i>Sunset: 6:07PM</i>	Moon 2 - Phase 44
		919823467 Rahu 1:47PM – 3:14PM	Vanija Until 5:28PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 6:42AM Fri	Moon – Clear	Devaloka Day
Until 12:55AM Fri				Phalguna-Masi	
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day			

4		Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Lucknow, India Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 2.25	Tithi 4 – 5	Gulika 8:00AM – 9:27AM	Ashvini Until 3:59AM Sat	Ganesha: Purple <i>Sunrise: 6:33AM</i>	
		Yama 3:14PM – 4:41PM	Sukla Until 11:15AM	Muruḡa: Clear <i>Sunset: 6:08PM</i>	Moon 2 - Phase 44
		921823467 Rahu 10:54AM – 12:21PM	Bava Until 7:57PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Chaturthi* Until 6:42AM	Moon – White	Bhuloka Day
Until 3:59AM Sat				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Lucknow, India Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 14.19	Tithi 5 – 6	Gulika 6:32AM – 7:59AM	Bharani Until 6:40AM Sun	Ganesha: Purple <i>Sunrise: 6:32AM</i>	
		Yama 1:48PM – 3:15PM	Brahma Until 12:01PM	Muruḡa: Clear <i>Sunset: 6:09PM</i>	Moon 2 - Phase 44
		921823467 Rahu 9:26AM – 10:53AM	Kaulava Until 10:15PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Panchami Until 9:07AM	Moon – White	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM

6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Lucknow, India Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 26.19	Tithi 6 – 7	Gulika 3:15PM – 4:42PM	Bharani Until 6:40AM	Ganesha: Purple <i>Sunrise: 6:30AM</i>	
		Yama 12:20PM – 1:48PM	Indra Until 12:35PM	Muruḡa: Orange <i>Sunset: 6:10PM</i>	Moon 2 - Phase 44
		921833467 Rahu 4:42PM – 6:10PM	Gara Until 12:11AM Mon	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Shashthi* Until 11:15AM	Moon – White	Bhuloka Day
Until 6:40AM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Lucknow, India Sun 21 Sutra 323 Vikarin 5121
Vrishabha Rasi: 8.29	Tithi 7 – 8	Gulika 1:47PM – 3:15PM	Krittika Until 8:46AM	Ganesha: Purple <i>Sunrise: 6:29AM</i>	
Family Home Evening		Yama 10:52AM – 12:20PM	Vaidhriti* Until 12:44PM	Muruḡa: Orange <i>Sunset: 6:10PM</i>	Moon 2 - Phase 44
		921833467 Rahu 7:57AM – 9:25AM	Visti Until 1:31AM Tue	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 12:55PM	Moon – White	Bhuloka Day
Until 8:46AM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Lucknow, India Sun 22 Sutra 324 Vikarin 5121
Vrishabha Rasi: 20.55	Tithi 8 – 9	Gulika 12:20PM – 1:47PM	Rohini Until 10:34AM	Ganesha: Clear <i>Sunrise: 6:29AM</i>	
		Yama 9:24AM – 10:52AM	Vishkambha* Until 12:24PM	Muruḡa: Orange <i>Sunset: 6:11PM</i>	Moon 2 - Phase 44
		931833467 Rahu 3:15PM – 4:43PM	Balava Until 2:06AM Wed	Nataraja: Clear	Navami
Creative Work Amrita Yoga			Ashtami* Until 1:53PM	Moon – Yellow	Devaloka Day
Until 10:34AM				Phalguna-Masi	
Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lucknow, India Sun 23 Sutra 325	
Mithuna Rasi: 3.43	Tithi 9 – 10	Gulika 10:51AM – 12:19PM	Mrigashira Until 11:25AM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Vikarin 5121	
		Yama 7:55AM – 9:23AM	Priti Until 11:27AM	Muruqa: Orange	<i>Sunset:</i> 6:11PM		Moon 2 - Phase 45
931833467	Rahu 12:19PM – 1:47PM		Taitila Until 1:49AM Thu	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Navami* Until 2:03PM	Moon – Yellow			Devaloka Day
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lucknow, India Sun 24 Sutra 326	
Mithuna Rasi: 16.56	Tithi 10 – 11	Gulika 9:23AM – 10:51AM	Ardra Until 11:17AM	Ganesha: Red	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama 6:26AM – 7:55AM	Ayushman Until 9:48AM	Muruqa: Orange	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 45
131833467	Rahu 1:47PM – 3:16PM		Vanija Until 12:39AM Fri	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Dashami Until 1:19PM	Moon – Yellow			Devaloka Day
Until 11:17AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 25 Sutra 327	
Kataka Rasi: 0.38	Tithi 11 – 12	Gulika 7:54AM – 9:22AM	Punarvasu Until 10:35AM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama 3:16PM – 4:44PM	Saubhagya Until 7:28AM	Muruqa: Orange	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 45
141833467	Rahu 10:51AM – 12:19PM		Bava Until 10:40PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:44AM	Moon – Blue			Bhuloka Day
Until 10:35AM				Phalguna-Masi			Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 26 Sutra 328	
Kataka Rasi: 14.52	Tithi 12 – 13	Gulika 6:24AM – 7:53AM	Pushya Until 8:59AM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Vikarin 5121	
		Yama 1:47PM – 3:16PM	Athiganda* Until 12:59AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 45
141833467	Rahu 9:22AM – 10:50AM		Kaulava Until 7:59PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:23AM	Moon – Blue			Bhuloka Day
Until 8:59AM				Phalguna-Masi			Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							
							<i>Pradosha Vrata</i>

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 27 Sutra 329	
Kataka Rasi: 29.31	Tithi 13 – 14	Gulika 3:16PM – 4:45PM	Ashlesha* Until 6:37AM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM	Vikarin 5121	
		Yama 12:18PM – 1:47PM	Sukarma Until 9:04PM	Muruqa: Orange	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 45
141833467	Rahu 4:45PM – 6:14PM		Vanija Until 2:57AM Mon	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:24AM	Moon – Blue			Bhuloka Day
Until 6:37AM		Chidambaram Abhishekam		Phalguna-Masi			Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Lucknow, India Sutra 330	
Copper Retreat Star		Gulika 1:47PM – 3:16PM	Purvaphalguni Until 1:04AM Tue	Ganesha: White	<i>Sunrise:</i> 6:22AM	Vikarin 5121	
Simha Rasi: 14.33	Tithi 15	Yama 10:49AM – 12:18PM	Dhriti Until 4:53PM	Muruqa: Orange	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 45
Family Home Evening	152833467	Rahu 7:51AM – 9:20AM	Visti Until 1:08PM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:13PM	Moon – Red			Sivaloka Day
Until 1:04AM Tue		Holi		Phalguna-Masi			
Then Creative Work - Amrita Yoga							

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Lucknow, India Sutra 331	
Silver Retreat Star		Gulika 12:18PM – 1:47PM	Uttaraphalguni Until 9:52PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
Simha Rasi: 29.47	Tithi 16	Yama 9:20AM – 10:49AM	Shula* Until 12:31PM	Muruqa: Orange	<i>Sunset:</i> 6:15PM		Moon 2 - Phase 45
152833467	Rahu 3:16PM – 4:45PM		Balava Until 9:19AM	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:23PM	Moon – Red			Sivaloka Day
Until 9:52PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 15.04 Tithi 17 - 18

162833467

Gulika

10:48AM - 12:18PM

Yama

7:50AM - 9:19AM

Rahu

12:18PM - 1:47PM

Hasta Until 7:01PM

Ganda* Until 8:11AM

Vanija Until 1:48AM Thu

Dvitiya Until 3:36PM

Ganesha: Clear

Sunrise: 6:20AM

Muruqa: Orange

Sunset: 6:15PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Until 7:01PM

Then Creative Work - Siddha Yoga

1 Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Lucknow, India

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 0.13 Tithi 18 - 19

162833467

Gulika

9:18AM - 10:48AM

Yama

6:19AM - 7:49AM

Rahu

1:47PM - 3:17PM

Chitra Until 4:19PM

Dhruva Until 12:06AM Fri

Bava Until 10:27PM

Tritiya Until 12:03PM

Ganesha: Clear

Sunrise: 6:19AM

Muruqa: Orange

Sunset: 6:16PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 4:19PM

Then Creative Work - Amrita Yoga

2 Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 15.05 Tithi 19 - 20

162833467

Gulika

7:48AM - 9:18AM

Yama

3:17PM - 4:46PM

Rahu

10:47AM - 12:17PM

Svati Until 1:54PM

Vyaghata* Until 8:36PM

Kaulava Until 7:34PM

Chaturthi* Until 8:55AM

Ganesha: Clear

Sunrise: 6:18AM

Muruqa: Orange

Sunset: 6:16PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 4:19PM

Then Creative Work - Amrita Yoga

3 Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Lucknow, India

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 29.34 Tithi 20 - 21

172833467

Gulika

6:17AM - 7:47AM

Yama

1:47PM - 3:17PM

Rahu

9:17AM - 10:47AM

Vishakha Until 12:21PM

Harshana Until 5:38PM

Vanija Until 4:26AM Sun

Panchami Until 6:20AM

Ganesha: Purple

Sunrise: 6:17AM

Muruqa: Orange

Sunset: 6:17PM

Nataraja: Clear

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Until 4:19PM

Then Creative Work - Amrita Yoga

4 Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 13.35 Tithi 22

172833468

Gulika

3:17PM - 4:47PM

Yama

12:17PM - 1:47PM

Rahu

4:47PM - 6:17PM

Anuradha Until 11:22AM

Vajra* Until 3:14PM

Visti Until 3:47PM

Saptami Until 3:18AM Mon

Ganesha: Purple

Sunrise: 6:16AM

Muruqa: Orange

Sunset: 6:17PM

Nataraja: Purple

Moon - Orange

Subha Sivaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

Until 7:01PM

Then Creative Work - Siddha Yoga

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 27.08 Tithi 23

172933468

Gulika

1:47PM - 3:17PM

Yama

10:46AM - 12:16PM

Rahu

7:45AM - 9:16AM

Jyeshtha* Until 11:01AM

Siddhi Until 1:28PM

Balava Until 3:03PM

Ashtami* Until 2:58AM Tue

Ganesha: Clear

Sunrise: 6:15AM

Muruqa: Orange

Sunset: 6:18PM

Nataraja: Purple

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Until 7:01PM

Then Creative Work - Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 10.15 Tithi 24

182933468

Gulika

12:16PM - 1:47PM

Yama

9:15AM - 10:45AM

Rahu

3:17PM - 4:48PM

Mula* Until 11:43AM

Vyatipata* Until 12:20PM

Taitila Until 3:06PM

Navami* Until 3:22AM Wed

Ganesha: Purple

Sunrise: 6:14AM

Muruqa: Orange

Sunset: 6:18PM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Phalguna-Panguni

Creative Work Amrita Yoga

Until 11:43AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Lucknow, India Sun 8 Sutra 339	
Dhanus Rasi: 23	Tithi 25	Gulika 10:45AM – 12:16PM	Purvashadha* Until 12:59PM	Ganesha: Purple	<i>Sunrise:</i> 6:13AM		Vikarin 5121
		Yama 7:44AM – 9:14AM	Variyan Until 11:44AM	Muruqa: Orange	<i>Sunset:</i> 6:19PM		Moon 3 - Phase 47
		182933468 Rahu 12:16PM – 1:46PM	Vanija Until 3:51PM	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:27AM Thu	Moon – Light Blue		Devaloka Day	
				Phalguna-Panguni			

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Lucknow, India Sun 9 Sutra 340	
Makara Rasi: 5.28	Tithi 26	Gulika 9:14AM – 10:44AM	Uttarashadha Until 2:40PM	Ganesha: Purple	<i>Sunrise:</i> 6:12AM		Vikarin 5121
		Yama 6:12AM – 7:43AM	Parigha* Until 11:37AM	Muruqa: Orange	<i>Sunset:</i> 6:19PM		Moon 3 - Phase 47
		182933468 Rahu 1:46PM – 3:17PM	Bava Until 5:12PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:02AM Fri	Moon – Light Blue		Devaloka Day	
Until 2:40PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 10 Sutra 341	
Makara Rasi: 17.43	Tithi 26 – 27	Gulika 7:42AM – 9:13AM	Shravana Until 5:07PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM		Vikarin 5121
		Yama 3:17PM – 4:48PM	Shiva Until 11:53AM	Muruqa: Orange	<i>Sunset:</i> 6:20PM		Moon 3 - Phase 47
		192933468 Rahu 10:44AM – 12:15PM	Kaulava Until 7:00PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:02AM	Moon – Purple		Sivaloka Day	
Until 5:07PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 11 Sutra 342	
Makara Rasi: 29.48	Tithi 27 – 28	Gulika 6:10AM – 7:41AM	Dhanishtha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM		Vikarin 5121
		Yama 1:46PM – 3:17PM	Siddha Until 12:23PM	Muruqa: Orange	<i>Sunset:</i> 6:20PM		Moon 3 - Phase 47
		192933468 Rahu 9:12AM – 10:43AM	Gara Until 9:06PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 7:59AM	Moon – Purple		Sivaloka Day	
Until 7:42PM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 12 Sutra 343	
Kumbha Rasi: 11.47	Tithi 28 – 29	Gulika 3:18PM – 4:49PM	Shatabhishak Until 10:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 12:15PM – 1:46PM	Sadhya Until 1:04PM	Muruqa: Orange	<i>Sunset:</i> 6:21PM		Moon 3 - Phase 47
		192933468 Rahu 4:49PM – 6:21PM	Visti Until 11:23PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:12AM	Moon – Purple		Sivaloka Day	
				Phalguna-Panguni			

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lucknow, India Sun 13 Sutra 344	
Kumbha Rasi: 23.43	Tithi 29 – 30	Gulika 1:46PM – 3:18PM	Purvaproshtapada* Until 1:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM		Vikarin 5121
Family Home Evening		Yama 10:42AM – 12:14PM	Subha Until 1:52PM	Muruqa: Orange	<i>Sunset:</i> 6:21PM		Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:39AM – 9:11AM	Catuspada Until 1:47AM Tue	Nataraja: Purple			Amavasya
Until 1:21AM Tue			Chaturdashi* Until 12:33PM	Moon – Clear		Sivaloka Day	
Then Creative Work - Amrita Yoga				Phalguna-Panguni			

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lucknow, India Sun 14 Sutra 345	
Meena Rasi: 5.37	Tithi 30 – 1	Gulika 12:14PM – 1:46PM	Uttaraproshtapada Until 4:17AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM		Vikarin 5121
		Yama 9:10AM – 10:42AM	Sukla Until 2:42PM	Muruqa: Orange	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 47
		113933468 Rahu 3:18PM – 4:50PM	Kintughna Until 4:13AM Wed	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Amavasya* Until 2:58PM	Moon – Clear		Sivaloka Day	
Until 4:17AM Wed		Yugadhi		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Lucknow, India Sun 15 Sutra 346
Meena Rasi: 17.3	Tithi 1 – 2	Gulika 10:41AM – 12:14PM	Revati Until 7:03AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:05AM	Vikarin 5121
		Yama 7:37AM – 9:09AM	Brahma Until 3:34PM	Muruqa: Orange <i>Sunset:</i> 6:22PM	Moon 3 - Phase 48
		113933468 Rahu 12:14PM – 1:46PM	Balava Until 6:40AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 5:25PM	Chaitra•Panguni	Sivaloka Day
Until 7:03AM Thu					
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Lucknow, India Sun 16 Sutra 347
Meena Rasi: 29.23	Tithi 2	Gulika 9:09AM – 10:41AM	Revati Until 7:03AM	Ganesha: Yellow <i>Sunrise:</i> 6:04AM	Vikarin 5121
		Yama 6:04AM – 7:36AM	Indra Until 4:25PM	Muruqa: Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 48
		113933468 Rahu 1:46PM – 3:18PM	Balava Until 6:40AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:51PM	Chaitra•Panguni	Sivaloka Day
Until 7:03AM		Chellappaswami Mahasamadhi			
Then Creative Work - Amrita Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau	Lucknow, India Sun 17 Sutra 348
Mesha Rasi: 11.17	Tithi 3	Gulika 7:35AM – 9:08AM	Ashvini Until 10:06AM	Ganesha: Red <i>Sunrise:</i> 6:03AM	Vikarin 5121
		Yama 3:18PM – 4:50PM	Vaidhriti* Until 5:11PM	Muruqa: Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 48
		123933468 Rahu 10:40AM – 12:13PM	Taitila Until 9:03AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 10:10PM	Chaitra•Panguni	Sivaloka Day
Until 10:06AM					
Then Creative Work - Siddha Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau	Lucknow, India Sun 18 Sutra 349
Mesha Rasi: 23.14	Tithi 4	Gulika 6:02AM – 7:35AM	Bharani Until 12:49PM	Ganesha: Red <i>Sunrise:</i> 6:02AM	Vikarin 5121
		Yama 1:45PM – 3:18PM	Vishkambha* Until 5:50PM	Muruqa: Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 48
		123933468 Rahu 9:07AM – 10:40AM	Vanija Until 11:17AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:17AM Sun	Chaitra•Panguni	Sivaloka Day
Until 12:49PM					
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau	Lucknow, India Sun 19 Sutra 350
Vrishabha Rasi: 5.17	Tithi 5	Gulika 3:18PM – 4:51PM	Krittika Until 3:07PM	Ganesha: Red <i>Sunrise:</i> 6:01AM	Vikarin 5121
		Yama 12:12PM – 1:45PM	Priti Until 6:16PM	Muruqa: Orange <i>Sunset:</i> 6:24PM	Moon 3 - Phase 48
		123933468 Rahu 4:51PM – 6:24PM	Bava Until 1:14PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:03AM Mon	Chaitra•Panguni	Sivaloka Day
Until 6:24PM					
Then Creative Work - Amrita Yoga					

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Lucknow, India Sun 20 Sutra 351
Vrishabha Rasi: 17.29	Tithi 6	Gulika 1:45PM – 3:18PM	Rohini Until 5:20PM	Ganesha: Blue <i>Sunrise:</i> 6:00AM	Vikarin 5121
Family Home Evening		Yama 10:39AM – 12:12PM	Ayushman Until 6:20PM	Muruqa: Orange <i>Sunset:</i> 6:24PM	Moon 3 - Phase 48
		133933468 Rahu 7:33AM – 9:06AM	Kaulava Until 2:46PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:19AM Tue	Chaitra•Panguni	Subha Sivaloka Day
Until 9:06AM					
Then Creative Work - Amrita Yoga					

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Lucknow, India Sun 21 Sutra 352
Vrishabha Rasi: 29.55	Tithi 7	Gulika 12:12PM – 1:45PM	Mrigashira Until 6:47PM	Ganesha: Blue <i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 9:05AM – 10:39AM	Saubhagya Until 5:56PM	Muruqa: Orange <i>Sunset:</i> 6:25PM	Moon 3 - Phase 48
		133933468 Rahu 3:18PM – 4:52PM	Gara Until 3:43PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 3:55AM Wed	Chaitra•Panguni	Subha Sivaloka Day
Until 6:47PM					
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Lucknow, India Sun 22 Sutra 353
Mithuna Rasi: 12.38	Tithi 8	Gulika 10:39AM – 12:12PM	Ardra Until 7:23PM	Ganesha: Blue <i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 7:32AM – 9:05AM	Sobhana Until 4:59PM	Muruqa: Orange <i>Sunset:</i> 6:25PM	Moon 3 - Phase 48
		133933468 Rahu 12:12PM – 1:45PM	Visti Until 3:56PM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 3:44AM Thu	Chaitra•Panguni	Subha Sivaloka Day
Until 1:45PM					
Then Creative Work - Amrita Yoga					

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Lucknow, India Sun 23 Sutra 354
Mithuna Rasi: 25.46	Tithi 9	Gulika 9:05AM – 10:38AM	Punarvasu Until 7:29PM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	Vikarin 5121
		Yama 5:58AM – 7:31AM	Athiganda* Until 3:22PM	Muruqa: Orange <i>Sunset:</i> 6:25PM	Moon 3 - Phase 48
		143933468 Rahu 1:45PM – 3:18PM	Balava Until 3:21PM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 2:43AM Fri	Chaitra•Panguni	Sivaloka Day
Until 3:18PM		Sri Rama Navami			
Then Creative Work - Amrita Yoga					


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India
	Kataka Rasi: 9.19	Tithi 10	Gulika 7:30AM – 9:04AM	Pushya Until 6:38PM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM	Sun 24 Sutra 355
			Yama 3:19PM – 4:52PM	Sukarma Until 1:07PM	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Vikarin 5121
	Routine Work	Marana Yoga	143933468 Rahu 10:38AM – 12:11PM	Taitila Until 1:56PM	Nataraja: Purple		Moon 3 - Phase 49
			Dashami Until 12:55AM Sat	Moon – Blue		4th Phase	
				Chaitra •Panguni		Sivaloka Day	

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India
	Kataka Rasi: 23.22	Tithi 11	Gulika 5:55AM – 7:29AM	Ashlesha* Until 4:54PM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	Sun 25 Sutra 356
			Yama 1:45PM – 3:19PM	Dhriti Until 10:16AM	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Vikarin 5121
	Routine Work	Marana Yoga	143933468 Rahu 9:03AM – 10:37AM	Vanija Until 11:45AM	Nataraja: Purple		Moon 3 - Phase 49
Until 4:54PM			Ekadashi Until 10:24PM	Moon – Blue		4th Phase	
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Chaitra •Panguni		Sivaloka Day	

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Lucknow, India
	Simha Rasi: 7.53	Tithi 12	Gulika 3:19PM – 4:53PM	Magha* Until 2:49PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Sun 26 Sutra 357
			Yama 12:11PM – 1:45PM	Shula* Until 6:50AM	Muruqa: Orange	<i>Sunset:</i> 6:27PM	Vikarin 5121
	Routine Work	Marana Yoga	153933468 Rahu 4:53PM – 6:27PM	Bava Until 8:55AM	Nataraja: Purple		Moon 3 - Phase 49
Until 2:49PM			Dvadashi Until 7:17PM	Moon – Red		4th Phase	
Then Creative Work - Siddha Yoga				Chaitra •Panguni		Subha Sivaloka Day	

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Simha Rasi: 22.47	Tithi 13 – 14	Gulika 1:45PM – 3:19PM	Purvaphalguni Until 12:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	Sun 27 Sutra 358
	Family Home Evening		Yama 10:36AM – 12:10PM	Vriddhi Until 10:51PM	Muruqa: Orange	<i>Sunset:</i> 6:27PM	Vikarin 5121
	Creative Work	Siddha Yoga	154933468 Rahu 7:28AM – 9:02AM	Gara Until 1:53AM Tue	Nataraja: Purple		Moon 3 - Phase 49
			Trayodashi Until 3:45PM	Moon – Red		4th Phase	
				Chaitra •Panguni		Sivaloka Day	
				<i>Pradosha Vrata</i>			

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India
	Copper Retreat Star		Gulika 12:10PM – 1:44PM	Uttaraphalguni Until 9:02AM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Sutra 359
	Kanya Rasi: 7.58	Tithi 14 – 15	Yama 9:01AM – 10:36AM	Dhruva Until 6:31PM	Muruqa: Orange	<i>Sunset:</i> 6:28PM	Vikarin 5121
			154933468 Rahu 3:19PM – 4:53PM	Visti Until 10:01PM	Nataraja: Purple		Moon 3 - Phase 49
Creative Work	Amrita Yoga		Chaturdashi* Until 11:57AM	Moon – Red		Purnima	
Until 9:02AM		Panguni Uttiram		Chaitra •Panguni		Sivaloka Day	
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

○	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India
	Silver Retreat Star		Gulika 10:35AM – 12:10PM	Hasta Until 6:04AM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM	Sutra 360
	Kanya Rasi: 23.16	Tithi 15 – 16	Yama 7:26AM – 9:00AM	Vyaghata* Until 2:10PM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Vikarin 5121
			164934468 Rahu 12:10PM – 1:44PM	Balava Until 6:09PM	Nataraja: Purple		Moon 3 - Phase 49
Routine Work	Marana Yoga		Purnima* Until 8:03AM	Moon – Green		Prathama	
Until 6:04AM				Chaitra •Panguni		Devaloka Day	
Then Creative Work - Siddha Yoga							



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvityayam Titau

Lucknow, India
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 8.31 Tithi 17
164934468
Creative Work Amrita Yoga
Until 12:09AM Fri
Then Creative Work - Siddha Yoga

Gulika 9:00AM – 10:35AM
Yama 5:50AM – 7:25AM
Rahu 1:44PM – 3:19PM

Svati Until 12:09AM Fri
Harshana Until 9:57AM
Taitila Until 2:27PM
Dvitiya Until 12:42AM Fri

Ganesha: Purple *Sunrise:* 5:50AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Lucknow, India
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 23.32 Tithi 18
174134468
Creative Work Siddha Yoga

Gulika 7:24AM – 8:59AM
Yama 3:19PM – 4:54PM
Rahu 10:34AM – 12:09PM

Vishakha Until 9:57PM
Siddhi Until 2:24AM Sat
Vanija Until 11:06AM
Tritiya Until 9:36PM

Ganesha: Yellow *Sunrise:* 5:49AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 8.11 Tithi 19
174134468
Creative Work Siddha Yoga

Gulika 5:48AM – 7:23AM
Yama 1:44PM – 3:19PM
Rahu 8:59AM – 10:34AM

Anuradha Until 8:13PM
Vyatipata* Until 11:21PM
Bava Until 8:16AM
Chaturthi* Until 7:04PM

Ganesha: Yellow *Sunrise:* 5:48AM
Muruqa: Clear *Sunset:* 6:30PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Lucknow, India
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 22.23 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 7:03PM
Then Creative Work - Amrita Yoga

Gulika 3:19PM – 4:55PM
Yama 12:09PM – 1:44PM
Rahu 4:55PM – 6:30PM

Jyeshtha* Until 7:03PM
Varyan Until 8:53PM
Kaulava Until 6:06AM
Panchami Until 5:17PM

Ganesha: Yellow *Sunrise:* 5:47AM
Muruqa: Clear *Sunset:* 6:30PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lucknow, India
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 6.05 Tithi 21 – 22
184134468
Family Home Evening
Creative Work Siddha Yoga
Until 7:01PM
Then Routine Work - Marana Yoga

Gulika 1:44PM – 3:20PM
Yama 10:33AM – 12:08PM
Rahu 7:22AM – 8:57AM

Mula* Until 7:01PM
Parigha* Until 7:06PM
Visti Until 4:09AM Tue
Shashthi* Until 4:18PM

Ganesha: Blue *Sunrise:* 5:46AM
Muruqa: Clear *Sunset:* 6:31PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Tamil New Year

5

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lucknow, India
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 19.19 Tithi 22 – 23
284134468
Creative Work Siddha Yoga
Until 7:39PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:08PM – 1:44PM
Yama 8:57AM – 10:32AM
Rahu 3:20PM – 4:55PM

Purvashadha* Until 7:39PM
Shiva Until 6:00PM
Balava Until 4:27AM Wed
Saptami Until 4:11PM

Ganesha: Yellow *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 6:31PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

D

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lucknow, India
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Makara Rasi: 2.08 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 8:54PM
Then Creative Work - Siddha Yoga

Gulika 10:32AM – 12:08PM
Yama 7:20AM – 8:56AM
Rahu 12:08PM – 1:44PM

Uttarashadha Until 8:54PM
Siddha Until 5:30PM
Taitila Until 5:29AM Thu
Ashtami* Until 4:52PM

Ganesha: Yellow *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:32PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Thursday, April 16, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Gara Karana Navamyam Titau

Lucknow, India
Sun 7 Sutra 4
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 15 Tithi 24
294134468
Creative Work Siddha Yoga

Gulika 8:55AM – 10:32AM
Yama 5:43AM – 7:19AM
Rahu 1:44PM – 3:20PM

Shravana Until 11:06PM
Sadhya Until 5:32PM
Gara Until 6:14PM
Navami* Until 6:14PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: Clear *Sunset:* 6:32PM
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Devaloka Day

Chidambaram Abhishekam


1		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau				Lucknow, India Sun 8 Sutra 5
Makara Rasi: 26.49	Tithi 25	Gulika 7:19AM – 8:55AM	Dhanishtha Until 1:37AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:42AM			Sarvari 5122
		Yama 3:20PM – 4:56PM	Subha Until 6:00PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM			Moon 4 - Phase 1
		294134468 Rahu 10:31AM – 12:07PM	Vanija Until 7:08AM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:07PM	Chaitra+Chaitra			Devaloka Day	
Until 1:37AM Sat								
Then Creative Work - Amrita Yoga								

2		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Lucknow, India Sun 9 Sutra 6
Kumbha Rasi: 8.5	Tithi 26	Gulika 5:41AM – 7:18AM	Shatabhishak Until 4:16AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM			Sarvari 5122
		Yama 1:44PM – 3:20PM	Sukla Until 6:42PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM			Moon 4 - Phase 1
		295134468 Rahu 8:54AM – 10:31AM	Bava Until 9:13AM	Nataraja: Purple				2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 10:21PM	Chaitra+Chaitra			Sivaloka Day	
Until 4:16AM Sun								
Then Creative Work - Siddha Yoga								

3		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lucknow, India Sun 10 Sutra 7
Kumbha Rasi: 20.46	Tithi 27	Gulika 3:20PM – 4:57PM	Purvaproshtapada* Until 7:23AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM			Sarvari 5122
		Yama 12:07PM – 1:44PM	Brahma Until 7:34PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM			Moon 4 - Phase 1
		215134468 Rahu 4:57PM – 6:34PM	Kaulava Until 11:33AM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 12:45AM Mon	Chaitra+Chaitra			Sivaloka Day	
Until 7:23AM								
Then Creative Work - Siddha Yoga								

4		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Lucknow, India Sun 11 Sutra 8
Meena Rasi: 2.38	Tithi 28	Gulika 1:44PM – 3:21PM	Purvaproshtapada* Until 7:23AM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM			Sarvari 5122
Family Home Evening		Yama 10:30AM – 12:07PM	Indra Until 8:30PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM			Moon 4 - Phase 1
Routine Work	Marana Yoga	215134468 Rahu 7:16AM – 8:53AM	Gara Until 2:00PM	Nataraja: Purple				2nd Phase
Until 7:23AM			Trayodashi* Until 3:12AM Tue	Chaitra+Chaitra			Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>					

5		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India Sun 12 Sutra 9
Meena Rasi: 14.3	Tithi 29	Gulika 12:07PM – 1:44PM	Uttaraproshtapada Until 10:21AM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM			Sarvari 5122
		Yama 8:53AM – 10:30AM	Vaidhriti* Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM			Moon 4 - Phase 1
		215134468 Rahu 3:21PM – 4:58PM	Visti Until 4:26PM	Nataraja: Purple				2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36AM Wed	Chaitra+Chaitra			Sivaloka Day	
Until 10:21AM								
Then Creative Work - Siddha Yoga								

		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau				Lucknow, India Sun 13 Sutra 10
Retreat Star		Gulika 10:29AM – 12:06PM	Revati Until 1:05PM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM			Sarvari 5122
Meena Rasi: 26.23	Tithi 30	Yama 7:15AM – 8:52AM	Vishkambha* Until 10:13PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM			Moon 4 - Phase 1
		215134468 Rahu 12:06PM – 1:44PM	Catuspada Until 6:47PM	Nataraja: Purple				Amavasya
Routine Work	Marana Yoga		Amavasya* Until 7:53AM Thu	Chaitra+Chaitra			Sivaloka Day	
Until 7:53AM								

Thursdays, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India Sun 14 Sutra 11		
Retreat Star		Gulika 8:51AM – 10:29AM	Ashvini Until 4:01PM	Ganesha: Red	<i>Sunrise:</i> 5:37AM			Sarvari 5122
Mesha Rasi: 8.19	Tithi 30 – 1	Yama 5:37AM – 7:14AM	Priti Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM			Moon 4 - Phase 1
		225134468 Rahu 1:44PM – 3:21PM	Kintughna Until 8:59PM	Nataraja: Purple				Prathama
Creative Work	Amrita Yoga		Amavasya* Until 7:53AM	Vaisaka+Chaitra			Sivaloka Day	
Until 4:01PM								
Then Creative Work - Siddha Yoga								

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lucknow, India Sun 15 Sutra 12
	Mesha Rasi: 20.19	Tithi 1 – 2	Gulika 7:13AM – 8:51AM	Bharani Until 6:36PM	Ganesha: Red	<i>Sunrise:</i> 5:36AM	Sarvari 5122
			Yama 3:21PM – 4:59PM	Ayushman Until 11:29PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	225134469 Rahu 10:28AM – 12:06PM	Balava Until 10:58PM	Nataraja: Clear		3rd Phase
			Prathama* Until 9:59AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lucknow, India Sun 16 Sutra 13
	Wrishabha Rasi: 2.25	Tithi 2 – 3	Gulika 5:35AM – 7:13AM	Krittika Until 8:46PM	Ganesha: Red	<i>Sunrise:</i> 5:35AM	Sarvari 5122
			Yama 1:44PM – 3:21PM	Saubhagya Until 11:49PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	225134469 Rahu 8:50AM – 10:28AM	Taitila Until 12:41AM Sun	Nataraja: Clear		3rd Phase
			Dvitiya Until 11:51AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lucknow, India Sun 17 Sutra 14
	Wrishabha Rasi: 14.37	Tithi 3 – 4	Gulika 3:22PM – 4:59PM	Rohini Until 10:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM	Sarvari 5122
			Yama 12:06PM – 1:44PM	Sobhana Until 11:54PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	235134469 Rahu 4:59PM – 6:37PM	Vanija Until 2:02AM Mon	Nataraja: Clear		3rd Phase
			Tritiya Until 1:23PM	Moon – Yellow		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lucknow, India Sun 18 Sutra 15
	Wrishabha Rasi: 26.59	Tithi 4 – 5	Gulika 1:44PM – 3:22PM	Mrigashira Until 12:30AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Sarvari 5122
	Family Home Evening		Yama 10:27AM – 12:06PM	Athiganda* Until 11:37PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	235134469 Rahu 7:11AM – 8:49AM	Bava Until 2:57AM Tue	Nataraja: Clear		3rd Phase
			Chaturthi* Until 2:32PM	Moon – Yellow		Devaloka Day	
			Adi Sankara Jayanthi	Vaisaka-Chaitra			
				Devaloka Day			

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lucknow, India Sun 19 Sutra 16
	Mithuna Rasi: 9.33	Tithi 5 – 6	Gulika 12:05PM – 1:44PM	Ardra Until 1:25AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:32AM	Sarvari 5122
			Yama 8:49AM – 10:27AM	Sukarma Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 2
	Routine Work	Marana Yoga	236134469 Rahu 3:22PM – 5:00PM	Kaulava Until 3:19AM Wed	Nataraja: Clear		3rd Phase
			Panchami Until 3:11PM	Moon – Yellow		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lucknow, India Sun 20 Sutra 17
	Mithuna Rasi: 22.22	Tithi 6 – 7	Gulika 10:27AM – 12:05PM	Punarvasu Until 2:03AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Sarvari 5122
			Yama 7:10AM – 8:48AM	Dhriti Until 9:49PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	246134469 Rahu 12:05PM – 1:44PM	Gara Until 3:04AM Thu	Nataraja: Clear		3rd Phase
			Shashthi* Until 3:15PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lucknow, India Sun 21 Sutra 18
	Retreat Star		Gulika 8:48AM – 10:26AM	Pushya Until 1:53AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Sarvari 5122
	Kataka Rasi: 5.31	Tithi 7 – 8	Yama 5:31AM – 7:09AM	Shula* Until 8:09PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	246134469 Rahu 1:44PM – 3:22PM	Visti Until 2:10AM Fri	Nataraja: Clear		Ashtami
			Saptami Until 2:41PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lucknow, India Sun 22 Sutra 19
	Retreat Star		Gulika 7:08AM – 8:47AM	Ashlesha* Until 12:54AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Sarvari 5122
	Kataka Rasi: 19	Tithi 8 – 9	Yama 3:23PM – 5:02PM	Ganda* Until 5:57PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 2
	Routine Work	Marana Yoga	246134469 Rahu 10:26AM – 12:05PM	Balava Until 12:36AM Sat	Nataraja: Clear		Navami
			Ashtami* Until 1:27PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lucknow, India Sun 23 Sutra 20	
Simha Rasi: 2.53	Tithi 9 – 10	Gulika 5:28AM – 7:07AM	Magha* Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	Sarvari 5122	
		Yama 1:44PM – 3:23PM	Vriddhi Until 3:15PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 3	
		256134469 Rahu 8:47AM – 10:26AM	Taitila Until 10:25PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 11:34AM	Moon – Red		Bhuloka Day	
Until 11:36PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lucknow, India Sun 24 Sutra 21	
Simha Rasi: 17.1	Tithi 10 – 11	Gulika 3:23PM – 5:02PM	Purvaphalguni Until 9:38PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	Sarvari 5122	
		Yama 12:05PM – 1:44PM	Dhruva Until 12:04PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 3	
		256134469 Rahu 5:02PM – 6:42PM	Vanija Until 7:41PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 9:06AM	Moon – Red		Bhuloka Day	
Until 9:38PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visli*/Balava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 25 Sutra 22	
Kanya Rasi: 1.47	Tithi 11 – 12	Gulika 1:44PM – 3:23PM	Uttaraphalguni Until 7:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Sarvari 5122	
Family Home Evening		Yama 10:25AM – 12:05PM	Vyaghata* Until 8:30AM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 3	
		256234469 Rahu 7:06AM – 8:46AM	Balava Until 2:50AM Tue	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:08AM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Lucknow, India Sun 26 Sutra 23	
Kanya Rasi: 16.41	Tithi 13	Gulika 12:04PM – 1:44PM	Hasta Until 4:35PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Sarvari 5122	
		Yama 8:45AM – 10:25AM	Vajra* Until 12:39AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 3	
		267234469 Rahu 3:24PM – 5:03PM	Kaulava Until 1:06PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 11:18PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			
						<i>Pradosha Vrata</i>	

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Lucknow, India Sun 27 Sutra 24	
Tula Rasi: 1.45	Tithi 14	Gulika 10:25AM – 12:04PM	Chitra Until 1:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Sarvari 5122	
		Yama 7:05AM – 8:45AM	Siddhi Until 8:36PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 3	
		267234469 Rahu 12:04PM – 1:44PM	Gara Until 9:32AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:44PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lucknow, India Sun 27 Sutra 24	
Tula Rasi: 16.48	Tithi 15 – 16	Gulika 8:45AM – 10:24AM	Svati Until 10:58AM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Sarvari 5122	
		Yama 5:25AM – 7:05AM	Vyatipata* Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 3	
		267234469 Rahu 1:44PM – 3:24PM	Balava Until 2:37AM Fri	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 4:15PM	Moon – Green		Devaloka Day	
Until 10:58AM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Lucknow, India Sun 26 Sutra 26	
Vrischika Rasi: 1.42	Tithi 16 – 17	Gulika 7:04AM – 8:44AM	Vishakha Until 8:38AM	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	Sarvari 5122	
		Yama 3:24PM – 5:04PM	Variyan Until 12:55PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 3	
		277234469 Rahu 10:24AM – 12:04PM	Taitila Until 11:37PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 1:03PM	Moon – Orange		Bhuloka Day	
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda