



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Tula Rasi: 28.28 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

**Gulika** 3:02PM – 4:39PM  
**Yama** 11:47AM – 1:24PM  
**Rahu** 4:39PM – 6:17PM

**Vishakha** **Until 2:28PM**  
**Vyatipata\*** **Until 12:59AM Mon**  
**Vanija** **Until 9:23PM**  
**Dvitiya** **Until 10:01AM**

**Ganesha:** Blue *Sunrise: 5:17AM*  
**Muruqa:** Yellow *Sunset: 6:17PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Kuwait City, Kuwait  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 12.05 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

**Gulika** 1:24PM – 3:02PM  
**Yama** 10:09AM – 11:47AM  
**Rahu** 6:54AM – 8:32AM

**Anuradha** **Until 2:13PM**  
**Variyan** **Until 11:23PM**  
**Bava** **Until 8:39PM**  
**Tritiya** **Until 8:54AM**

**Ganesha:** Blue *Sunrise: 5:16AM*  
**Muruqa:** Yellow *Sunset: 6:17PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Kuwait City, Kuwait  
Sun 1 Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 25.17 Tithi 19 – 20

Routine Work Marana Yoga

Until 2:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

**Gulika** 11:47AM – 1:24PM  
**Yama** 8:31AM – 10:09AM  
**Rahu** 3:02PM – 4:40PM

**Jyeshtha\*** **Until 2:35PM**  
**Parigha\*** **Until 10:27PM**  
**Kaulava** **Until 8:43PM**  
**Chatrthi\*** **Until 8:33AM**

**Ganesha:** Blue *Sunrise: 5:16AM*  
**Muruqa:** Yellow *Sunset: 6:18PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Kuwait City, Kuwait  
Sun 2 Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 8.04 Tithi 20 – 21

Routine Work Marana Yoga

Until 4:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:08AM – 11:46AM  
**Yama** 6:53AM – 8:30AM  
**Rahu** 11:46AM – 1:24PM

**Mula\*** **Until 4:04PM**  
**Shiva** **Until 10:09PM**  
**Gara** **Until 9:36PM**  
**Panchami** **Until 9:02AM**

**Ganesha:** Yellow *Sunrise: 5:15AM*  
**Muruqa:** Yellow *Sunset: 6:18PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra\*Chaitra**

Kuwait City, Kuwait  
Sun 3 Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 20.29 Tithi 21 – 22

Creative Work Siddha Yoga

Until 6:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\* Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:30AM – 10:08AM  
**Yama** 5:14AM – 6:52AM  
**Rahu** 1:24PM – 3:03PM

**Purvashadha\*** **Until 6:08PM**  
**Siddha** **Until 10:23PM**  
**Visti** **Until 11:12PM**  
**Shashthi\*** **Until 10:18AM**

**Ganesha:** Yellow *Sunrise: 5:14AM*  
**Muruqa:** Yellow *Sunset: 6:19PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Kuwait City, Kuwait  
Sun 4 Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**5**

**Friday, April 26, 2019**

**Retreat Star**

Makara Rasi: 2.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 6:51AM – 8:29AM  
**Yama** 3:03PM – 4:41PM  
**Rahu** 10:08AM – 11:46AM

**Uttarashadha** **Until 8:35PM**  
**Sadhya** **Until 11:04PM**  
**Balava** **Until 1:22AM Sat**  
**Saptami** **Until 12:13PM**

**Ganesha:** Red *Sunrise: 5:13AM*  
**Muruqa:** Yellow *Sunset: 6:19PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Kuwait City, Kuwait  
Sun 5 Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Devaloka Day**

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 14.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:12AM – 6:50AM  
**Yama** 1:24PM – 3:03PM  
**Rahu** 8:29AM – 10:07AM

**Shravana** **Until 11:44PM**  
**Subha** **Until 12:01AM Sun**  
**Taitila** **Until 3:51AM Sun**  
**Ashtami\*** **Until 2:34PM**

**Ganesha:** Green *Sunrise: 5:12AM*  
**Muruqa:** Yellow *Sunset: 6:20PM*  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra\*Chaitra**

Kuwait City, Kuwait  
Sun 6 Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kuwait City, Kuwait Sun 7 Sutra 14
Makara Rasi: 26.25	Tithi 24 – 25	<b>Gulika</b> 3:03PM – 4:42PM	<b>Dhanishtha</b> Until 2:48AM Mon	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:11AM	Vikarin 5121
		Yama 11:46AM – 1:24PM	Sukla Until 1:01AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b> 4:42PM – 6:21PM	Vanija Until 6:24AM Mon	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 5:06PM	Moon – Purple		<b>Bhuloka Day</b>
Until 2:48AM Mon				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Kuwait City, Kuwait Sun 8 Sutra 15
Kumbha Rasi: 8.14	Tithi 25	<b>Gulika</b> 1:25PM – 3:03PM	<b>Shatabhishak</b> Until 5:34AM Tue	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:10AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:07AM – 11:46AM	Brahma Until 1:57AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:49AM – 8:28AM	Vanija Until 6:24AM	<b>Nataraja:</b> Clear		2nd Phase
Until 5:34AM Tue			<b>Dashami</b> Until 7:36PM	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Kuwait City, Kuwait Sun 9 Sutra 16
Kumbha Rasi: 20.07	Tithi 26	<b>Gulika</b> 11:45AM – 1:25PM	<b>Purvaproshtapada*</b> Until 8:21AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:09AM	Vikarin 5121
		Yama 8:27AM – 10:06AM	Indra Until 2:39AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 3:04PM – 4:43PM	Bava Until 8:46AM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 9:49PM	Moon – Clear		<b>Bhuloka Day</b>
Until 8:21AM Wed				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Kuwait City, Kuwait Sun 10 Sutra 17
Meena Rasi: 2.08	Tithi 27	<b>Gulika</b> 10:06AM – 11:45AM	<b>Purvaproshtapada*</b> Until 8:21AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:08AM	Vikarin 5121
		Yama 6:48AM – 8:27AM	Vaidhriti* Until 2:59AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 11:45AM – 1:25PM	Kaulava Until 10:47AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 11:36PM	Moon – Clear		<b>Bhuloka Day</b>
Until 8:21AM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Kuwait City, Kuwait Sun 11 Sutra 18
Meena Rasi: 14.2	Tithi 28	<b>Gulika</b> 8:26AM – 10:06AM	<b>Uttaraproshtapada</b> Until 10:31AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:07AM	Vikarin 5121
		Yama 5:07AM – 6:47AM	Vishkambha* Until 2:56AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 1:25PM – 3:04PM	Gara Until 12:19PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 12:52AM Fri	Moon – Clear		<b>Bhuloka Day</b>
Until 12:01PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						
<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kuwait City, Kuwait Sun 12 Sutra 19
Meena Rasi: 26.45	Tithi 29	<b>Gulika</b> 6:46AM – 8:26AM	<b>Revati</b> Until 12:01PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:07AM	Vikarin 5121
		Yama 3:04PM – 4:44PM	Priti Until 2:28AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 10:05AM – 11:45AM	Visti Until 1:19PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:36AM Sat	Moon – Clear		<b>Bhuloka Day</b>
Until 12:01PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						
<b>Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kuwait City, Kuwait Sun 13 Sutra 20
Mesha Rasi: 9.25	Tithi 30	<b>Gulika</b> 5:06AM – 6:46AM	<b>Ashvini</b> Until 1:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	Vikarin 5121
		Yama 1:25PM – 3:05PM	Ayushman Until 1:34AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:25AM – 10:05AM	Catuspada Until 1:47PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 1:47AM Sun	Moon – White		<b>Bhuloka Day</b>
Until 1:55PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
<b>Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Kuwait City, Kuwait Sun 14 Sutra 21
Mesha Rasi: 22.2	Tithi 1	<b>Gulika</b> 3:05PM – 4:45PM	<b>Bharani</b> Until 1:55PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM	Vikarin 5121
		Yama 11:45AM – 1:25PM	Saubhagya Until 12:18AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 4:45PM – 6:25PM	Kintughna Until 1:43PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> Until 1:30AM Mon	Moon – White		<b>Bhuloka Day</b>
Until 1:55PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kuwait City, Kuwait Sun 15 Sutra 22
<b>1</b>	Vrishabha Rasi: 5.29 Tithi 2 <b>Family Home Evening</b> Routine Work Marana Yoga Until 1:58PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:25PM – 3:05PM Yama 10:05AM – 11:45AM Rahu 6:44AM – 8:25AM	<b>Krittika</b> Until 1:58PM Sobhana Until 10:43PM Balava Until 1:13PM Dvitiya Until 12:49AM Tue	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:04AM <b>Sunset:</b> 6:25PM	Vikarin 5121 Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Kuwait City, Kuwait Sun 16 Sutra 23
<b>2</b>	Vrishabha Rasi: 18.52 Tithi 3  Creative Work Amrita Yoga Until 1:56PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:45AM – 1:25PM Yama 8:24AM – 10:04AM Rahu 3:05PM – 4:46PM	<b>Rohini</b> Until 1:56PM Athiganda* Until 8:50PM Taitila Until 12:21PM Tritiya Until 11:46PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:03AM <b>Sunset:</b> 6:26PM	Vikarin 5121 Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Kuwait City, Kuwait Sun 17 Sutra 24
<b>3</b>	Mithuna Rasi: 2.25 Tithi 4  Creative Work Siddha Yoga	<b>Gulika</b> 10:04AM – 11:45AM Yama 6:43AM – 8:24AM Rahu 11:45AM – 1:25PM	<b>Mrigashira</b> Until 1:27PM Sukarma Until 6:44PM Vanija Until 11:10AM Chaturthi* Until 10:27PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:03AM <b>Sunset:</b> 6:27PM	Vikarin 5121 Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Kuwait City, Kuwait Sun 18 Sutra 25
<b>4</b>	Mithuna Rasi: 16.07 Tithi 5  Routine Work Marana Yoga Until 12:35PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:23AM – 10:04AM Yama 5:02AM – 6:43AM Rahu 1:25PM – 3:06PM	<b>Ardra</b> Until 12:35PM Dhriti Until 4:28PM Bava Until 9:43AM Panchami Until 8:54PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:02AM <b>Sunset:</b> 6:27PM	Vikarin 5121 Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kuwait City, Kuwait Sun 19 Sutra 26
<b>5</b>	Mithuna Rasi: 29.58 Tithi 6  Creative Work Siddha Yoga Until 11:48AM Then Routine Work - Marana Yoga	<b>Gulika</b> 6:42AM – 8:23AM Yama 3:06PM – 4:47PM Rahu 10:04AM – 11:45AM	<b>Punarvasu</b> Until 11:48AM Shula* Until 1:59PM Kaulava Until 8:04AM Shashthi* Until 7:09PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 6:28PM	Vikarin 5121 Moon 4 - Phase 4 3rd Phase <b>Devaloka Day</b>
<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhi Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Kuwait City, Kuwait Sun 20 Sutra 27
<b>6</b>	Kataka Rasi: 13.55 Tithi 7 – 8  Creative Work Siddha Yoga Until 10:40AM Then Routine Work - Marana Yoga	<b>Gulika</b> 5:01AM – 6:42AM Yama 1:25PM – 3:06PM Rahu 8:23AM – 10:04AM	<b>Pushya</b> Until 10:40AM Ganda* Until 11:22AM Gara Until 6:13AM Saptami Until 5:12PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 6:28PM	Vikarin 5121 Moon 4 - Phase 4 3rd Phase <b>Devaloka Day</b>
<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kuwait City, Kuwait Sun 21 Sutra 28
<b>Retreat Star</b>	Kataka Rasi: 28 Tithi 8 – 9  Creative Work Siddha Yoga Until 9:14AM Then Routine Work - Marana Yoga	<b>Gulika</b> 3:07PM – 4:48PM Yama 11:45AM – 1:26PM Rahu 4:48PM – 6:29PM	<b>Ashlesha*</b> Until 9:14AM Vridhi Until 8:38AM Balava Until 2:00AM Mon Ashtami* Until 3:05PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 6:29PM	Vikarin 5121 Moon 4 - Phase 4 Ashtami <b>Devaloka Day</b>
<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kuwait City, Kuwait Sun 22 Sutra 29
<b>Retreat Star</b>	Simha Rasi: 12.11 Tithi 9 – 10 <b>Family Home Evening</b> Routine Work Marana Yoga Until 7:55AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:26PM – 3:07PM Yama 10:03AM – 11:44AM Rahu 6:41AM – 8:22AM	<b>Magha*</b> Until 7:55AM Vyaghata* Until 2:46AM Tue Taitila Until 11:41PM Navami* Until 12:50PM	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 6:29PM	Vikarin 5121 Moon 4 - Phase 4 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kuwait City, Kuwait Sun 23 Sutra 30
Simha Rasi: 26.26	Tithi 10 – 11	<b>Gulika</b> 11:44AM – 1:26PM	<b>Purvaphalguni Until 6:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM
		Yama 8:22AM – 10:03AM	Harshana Until 11:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:30PM
		256583469 <b>Rahu</b> 3:07PM – 4:49PM	Vanija Until 9:19PM	<b>Nataraja:</b> Clear	Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Dashami Until 10:29AM</b>	Moon – Red	4th Phase
Until 6:22AM				<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>2</b>		<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kuwait City, Kuwait Sun 24 Sutra 31
Kanya Rasi: 10.44	Tithi 11 – 12	<b>Gulika</b> 10:03AM – 11:44AM	<b>Hasta Until 3:11AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM
		Yama 6:40AM – 8:21AM	Vajra* Until 8:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:31PM
		266583469 <b>Rahu</b> 11:44AM – 1:26PM	Bava Until 6:56PM	<b>Nataraja:</b> Clear	Moon 4 - Phase 5
Routine Work	Marana Yoga		<b>Ekadashi Until 8:06AM</b>	Moon – Green	4th Phase
Until 3:11AM Thu				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>3</b>		<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kuwait City, Kuwait Sun 25 Sutra 32
Kanya Rasi: 24.59	Tithi 13	<b>Gulika</b> 8:21AM – 10:03AM	<b>Chitra Until 1:45AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM
		Yama 4:58AM – 6:39AM	Siddhi Until 5:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:31PM
		266583469 <b>Rahu</b> 1:26PM – 3:08PM	Kaulava Until 4:39PM	<b>Nataraja:</b> Clear	Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Trayodashi Until 3:34AM Fri</b>	Moon – Green	4th Phase
				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>
					<i>Pradosha Vrata</i>

<b>4</b>		<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau	Kuwait City, Kuwait Sun 26 Sutra 33
Tula Rasi: 9.09	Tithi 14	<b>Gulika</b> 6:39AM – 8:21AM	<b>Svati Until 12:26AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM
		Yama 3:08PM – 4:50PM	Vyatipata* Until 3:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:32PM
		266583469 <b>Rahu</b> 10:03AM – 11:45AM	Gara Until 2:35PM	<b>Nataraja:</b> Clear	Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:39AM Sat</b>	Moon – Green	4th Phase
				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>

		<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau	Kuwait City, Kuwait Sun 27 Sutra 34
<b>Copper Retreat Star</b>		<b>Gulika</b> 4:57AM – 6:39AM	<b>Vishakha Until 11:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:57AM
Tula Rasi: 23.07	Tithi 15	Yama 1:27PM – 3:08PM	Variyan Until 12:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:32PM
		276583469 <b>Rahu</b> 8:21AM – 10:03AM	Visti Until 12:52PM	<b>Nataraja:</b> Clear	Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Purnima* Until 12:09AM Sun</b>	Moon – Orange	Purnima
				<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau	Kuwait City, Kuwait Sun 28 Sutra 35
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:09PM – 4:51PM	<b>Anuradha Until 11:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM
Vrischika Rasi: 6.5	Tithi 16	Yama 11:45AM – 1:27PM	Parigha* Until 10:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:33PM
		277583469 <b>Rahu</b> 4:51PM – 6:33PM	Balava Until 11:36AM	<b>Nataraja:</b> Clear	Moon 4 - Phase 5
Routine Work	Marana Yoga		<b>Prathama* Until 11:10PM</b>	Moon – Orange	Prathama
				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 20.13 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 1:27PM – 3:09PM  
**Yama** 10:02AM – 11:45AM  
**Rahu** 6:38AM – 8:20AM  
**Jyeshtha\* Until 11:47PM**  
Shiva Until 8:56AM  
Taitila Until 10:56AM  
**Dvitiya Until 10:49PM**

**Ganesha:** Yellow *Sunrise:* 4:56AM  
**Muruqa:** Yellow *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 1 Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 3.15 Tithi 18  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 11:45AM – 1:27PM  
**Yama** 8:20AM – 10:02AM  
**Rahu** 3:09PM – 4:52PM  
**Mula\* Until 12:59AM Wed**  
Siddha Until 7:50AM  
Vanija Until 10:55AM  
**Tritiya Until 11:10PM**

**Ganesha:** Red *Sunrise:* 4:55AM  
**Muruqa:** Yellow *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 2 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 15.57 Tithi 19  
Creative Work Amrita Yoga  
Until 2:43AM Thu  
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau  
**Gulika** 10:02AM – 11:45AM  
**Yama** 6:37AM – 8:20AM  
**Rahu** 11:45AM – 1:27PM  
**Purvashadha\* Until 2:43AM Thu**  
Sadhya Until 7:18AM  
Bava Until 11:37AM  
**Chaturthi\* Until 12:12AM Thu**

**Ganesha:** Red *Sunrise:* 4:55AM  
**Muruqa:** Yellow *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 3 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 28.2 Tithi 20  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 8:20AM – 10:02AM  
**Yama** 4:54AM – 6:37AM  
**Rahu** 1:27PM – 3:10PM  
**Uttarashadha Until 4:52AM Fri**  
Subha Until 7:19AM  
Kaulava Until 12:59PM  
**Panchami Until 1:51AM Fri**

**Ganesha:** Red *Sunrise:* 4:54AM  
**Muruqa:** Yellow *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 4 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**4**

**Friday, May 24, 2019**

Makara Rasi: 10.28 Tithi 21  
Routine Work Marana Yoga  
Until 7:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 6:37AM – 8:19AM  
**Yama** 3:10PM – 4:53PM  
**Rahu** 10:02AM – 11:45AM  
**Shravana Until 7:47AM Sat**  
Sukla Until 7:45AM  
Gara Until 2:54PM  
**Shashthi\* Until 3:59AM Sat**

**Ganesha:** Green *Sunrise:* 4:54AM  
**Muruqa:** Yellow *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 5 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, May 25, 2019**

Makara Rasi: 22.26 Tithi 22  
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika** 4:54AM – 6:36AM  
**Yama** 1:28PM – 3:11PM  
**Rahu** 8:19AM – 10:02AM  
**Shravana Until 7:47AM**  
Brahma Until 8:31AM  
Visti Until 5:11PM  
**Saptami Until 6:22AM Sun**

**Ganesha:** Green *Sunrise:* 4:54AM  
**Muruqa:** Yellow *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 6 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 4.19 Tithi 22 – 23  
Routine Work Marana Yoga  
Until 10:44AM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau  
**Gulika** 3:11PM – 4:54PM  
**Yama** 11:45AM – 1:28PM  
**Rahu** 4:54PM – 6:37PM  
**Dhanishtha Until 10:44AM**  
Indra Until 9:29AM  
Balava Until 7:37PM  
**Saptami Until 6:22AM**

**Ganesha:** Blue *Sunrise:* 4:53AM  
**Muruqa:** Yellow *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 7 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Sivaloka Day**

**Monday, May 27, 2019**

**Retreat Star**

Kumbha Rasi: 16.1 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 1:32PM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 1:28PM – 3:11PM  
**Yama** 10:02AM – 11:45AM  
**Rahu** 6:36AM – 8:19AM  
**Shatabhishak Until 1:32PM**  
Vaidhriti\* Until 10:25AM  
Taitila Until 9:57PM  
**Ashtami\* Until 8:47AM**

**Ganesha:** Blue *Sunrise:* 4:53AM  
**Muruqa:** Yellow *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 8 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Sivaloka Day**

<b>1</b>		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Kuwait City, Kuwait Sun 9	Sutra 44
Kumbha Rasi: 28.06	Tithi 24 – 25	<b>Gulika</b>	11:45AM – 1:28PM	<b>Purvaproshtapada* Until 4:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama	8:19AM – 10:02AM	Vishkambha* Until 11:12AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	3:12PM – 4:55PM	Vanija Until 12:00AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga			<b>Navami* Until 11:00AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 4:26PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Kuwait City, Kuwait Sun 10	Sutra 45
Meena Rasi: 10.1	Tithi 25 – 26	<b>Gulika</b>	10:02AM – 11:45AM	<b>Uttaraproshtapada Until 6:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama	6:36AM – 8:19AM	Priti Until 11:43AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	11:45AM – 1:29PM	Bava Until 1:34AM Thu	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 12:50PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:45PM					<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kuwait City, Kuwait Sun 11	Sutra 46
Meena Rasi: 22.26	Tithi 26 – 27	<b>Gulika</b>	8:19AM – 10:02AM	<b>Revati Until 8:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama	4:52AM – 6:35AM	Ayushman Until 11:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	1:29PM – 3:12PM	Kaulava Until 2:33AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 2:07PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 8:22PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau	Kuwait City, Kuwait Sun 12	Sutra 47
Mesha Rasi: 4.58	Tithi 27 – 28	<b>Gulika</b>	6:35AM – 8:19AM	<b>Ashvini Until 9:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama	3:13PM – 4:56PM	Saubhagya Until 11:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b>	10:02AM – 11:46AM	Gara Until 2:54AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 2:47PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 9:42PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kuwait City, Kuwait Sun 13	Sutra 48
Mesha Rasi: 17.48	Tithi 28 – 29	<b>Gulika</b>	4:51AM – 6:35AM	<b>Bharani Until 10:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
		Yama	1:29PM – 3:13PM	Sobhana Until 10:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	8:19AM – 10:02AM	Visti Until 2:37AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 2:49PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 10:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kuwait City, Kuwait Sun 14	Sutra 49
Vrishabha Rasi: 0.56	Tithi 29 – 30	<b>Gulika</b>	3:13PM – 4:57PM	<b>Krittika Until 10:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
		Yama	11:46AM – 1:30PM	Athiganda* Until 9:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	4:57PM – 6:41PM	Catuspada Until 1:44AM Mon	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 2:14PM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		Monday, June 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kuwait City, Kuwait Sun 15	Sutra 50
Vrishabha Rasi: 14.24	Tithi 30 – 1	<b>Gulika</b>	1:30PM – 3:14PM	<b>Rohini Until 9:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:02AM – 11:46AM	Sukarma Until 7:14AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b>	6:35AM – 8:19AM	Kintughna Until 12:22AM Tue	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga			<b>Amavasya* Until 1:05PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kuwait City, Kuwait Sun 16 Sutra 51 Vikarin 5121
339683461	<b>Gulika</b> 11:46AM – 1:30PM <b>Yama</b> 8:19AM – 10:02AM <b>Rahu</b> 3:14PM – 4:58PM	<b>Mrigashira</b> Until 8:39PM Shula* Until 2:28AM Wed Balava Until 10:35PM <b>Prathama*</b> Until 11:30AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:42PM	Moon 5 - Phase 8 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Vrishabha Rasi: 28.09 Tithi 1 – 2 Creative Work Siddha Yoga Until 8:39PM Then Routine Work - Marana Yoga					

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kuwait City, Kuwait Sun 17 Sutra 52 Vikarin 5121
339683461	<b>Gulika</b> 10:03AM – 11:46AM <b>Yama</b> 6:35AM – 8:19AM <b>Rahu</b> 11:46AM – 1:30PM	<b>Ardra</b> Until 7:14PM Ganda* Until 11:42PM Taitila Until 8:31PM <b>Dvitiya</b> Until 9:34AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:42PM	Moon 5 - Phase 8 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 12.07 Tithi 2 – 3 Creative Work Siddha Yoga					

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau	Kuwait City, Kuwait Sun 18 Sutra 53 Vikarin 5121
349683461	<b>Gulika</b> 8:19AM – 10:03AM <b>Yama</b> 4:51AM – 6:35AM <b>Rahu</b> 1:31PM – 3:15PM	<b>Punarvasu</b> Until 5:55PM Vridhi Until 8:48PM Vanija Until 6:15PM <b>Tritiya</b> Until 7:23AM	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:43PM	Moon 5 - Phase 8 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 26.16 Tithi 3 – 4 Creative Work Amrita Yoga					

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Kuwait City, Kuwait Sun 19 Sutra 54 Vikarin 5121
349683461	<b>Gulika</b> 6:35AM – 8:19AM <b>Yama</b> 3:15PM – 4:59PM <b>Rahu</b> 10:03AM – 11:47AM	<b>Pushya</b> Until 4:21PM Dhruva Until 5:49PM Bava Until 3:54PM <b>Panchami</b> Until 2:42AM Sat	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:43PM	Moon 5 - Phase 8 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Kataka Rasi: 10.3 Tithi 5 Routine Work Marana Yoga					

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Kuwait City, Kuwait Sun 20 Sutra 55 Vikarin 5121
349683461	<b>Gulika</b> 4:51AM – 6:35AM <b>Yama</b> 1:31PM – 3:15PM <b>Rahu</b> 8:19AM – 10:03AM	<b>Ashlesha*</b> Until 2:38PM Vyaghata* Until 2:50PM Kaulava Until 1:32PM <b>Shashthi*</b> Until 12:20AM Sun	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:43PM	Moon 5 - Phase 8 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Kataka Rasi: 24.46 Tithi 6 Routine Work Marana Yoga Until 2:38PM Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Kuwait City, Kuwait Sun 21 Sutra 56 Vikarin 5121
351683461	<b>Gulika</b> 3:16PM – 5:00PM <b>Yama</b> 11:47AM – 1:31PM <b>Rahu</b> 5:00PM – 6:44PM	<b>Magha*</b> Until 1:14PM Harshana Until 11:53AM Gara Until 11:12AM <b>Saptami</b> Until 10:03PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 6:44PM	Moon 5 - Phase 8 3rd Phase <b>Devaloka Day</b>
Simha Rasi: 9.02 Tithi 7 Routine Work Marana Yoga Until 1:14PM Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Kuwait City, Kuwait Sun 22 Sutra 57 Vikarin 5121
351683461	<b>Gulika</b> 1:32PM – 3:16PM <b>Yama</b> 10:03AM – 11:47AM <b>Rahu</b> 6:35AM – 8:19AM	<b>Purvaphalguni</b> Until 11:48AM Vajra* Until 9:00AM Visti Until 8:58AM <b>Ashtami*</b> Until 7:52PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 6:44PM	Moon 5 - Phase 8 Ashtami <b>Devaloka Day</b>
Simha Rasi: 23.14 Tithi 8 Family Home Evening Creative Work Siddha Yoga					


<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Taitila Karana Navami/Dashamyam Titau	Kuwait City, Kuwait Sun 23 Sutra 58 Vikarin 5121
351683461	<b>Gulika</b> 11:48AM – 1:32PM <b>Yama</b> 8:19AM – 10:03AM <b>Rahu</b> 3:16PM – 5:00PM	<b>Uttaraphalguni</b> Until 10:21AM Siddhi Until 6:14AM Balava Until 6:51AM <b>Navami*</b> Until 5:49PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 6:45PM	Moon 5 - Phase 8 Navami <b>Devaloka Day</b>
Kanya Rasi: 7.22 Tithi 9 – 10 Creative Work Amrita Yoga Until 10:21AM Then Creative Work - Siddha Yoga					

<b>1</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyayan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau				Kuwait City, Kuwait Sun 24
	Kanya Rasi: 21.23	Tithi 10 – 11	<b>Gulika</b> 10:03AM – 11:48AM	<b>Hasta Until 9:21AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	Vikarin 5121
		361683461	Yama 6:35AM – 8:19AM	Variyan Until 1:07AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 9
			<b>Rahu</b> 11:48AM – 1:32PM	Varija Until 3:08AM Thu	<b>Nataraja:</b> Yellow		4th Phase
	Routine Work	Marana Yoga		<b>Dashami Until 3:58PM</b>	Moon – Green	<b>Bhuloka Day</b>	
	Until 9:21AM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kuwait City, Kuwait Sun 25
	Tula Rasi: 5.16	Tithi 11 – 12	<b>Gulika</b> 8:19AM – 10:04AM	<b>Chitra Until 8:25AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
		361683461	Yama 4:51AM – 6:35AM	Parigha* Until 10:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 9
			<b>Rahu</b> 1:32PM – 3:17PM	Bava Until 1:39AM Fri	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Siddha Yoga		<b>Ekadashi Until 2:20PM</b>	Moon – Green	<b>Bhuloka Day</b>	
	Until 8:25AM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Amrita Yoga						

<b>3</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kuwait City, Kuwait Sun 26
	Tula Rasi: 18.59	Tithi 12 – 13	<b>Gulika</b> 6:35AM – 8:19AM	<b>Svati Until 7:37AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
		361693461	Yama 3:17PM – 5:01PM	Shiva Until 8:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9
			<b>Rahu</b> 10:04AM – 11:48AM	Kaulava Until 12:29AM Sat	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Siddha Yoga		<b>Dvadashi Until 1:00PM</b>	Moon – Green	<b>Devaloka Day</b>	
			<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>		
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kuwait City, Kuwait Sun 27
	Vrischika Rasi: 2.31	Tithi 13 – 14	<b>Gulika</b> 4:51AM – 6:35AM	<b>Vishakha Until 7:27AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:51AM	Vikarin 5121
		371693461	Yama 1:33PM – 3:17PM	Siddha Until 7:09PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9
			<b>Rahu</b> 8:20AM – 10:04AM	Gara Until 11:43PM	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Siddha Yoga		<b>Trayodashi Until 12:01PM</b>	Moon – Orange	<b>Sivaloka Day</b>	
					<b>Jyeshtha-Ani</b>		

	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau				Kuwait City, Kuwait Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:17PM – 5:02PM	<b>Anuradha Until 7:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
	Vrischika Rasi: 15.48	Tithi 14 – 15	Yama 11:49AM – 1:33PM	Sadhya Until 5:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9
		371793461	<b>Rahu</b> 5:02PM – 6:46PM	Visti Until 11:25PM	<b>Nataraja:</b> Yellow		Purnima
	Routine Work	Marana Yoga		<b>Chaturdashi* Until 11:29AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
			<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		

<b>Monday, June 17, 2019</b>	<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kuwait City, Kuwait Sun 29
	Vrischika Rasi: 28.5	Tithi 15 – 16	<b>Gulika</b> 1:33PM – 3:18PM	<b>Jyeshtha* Until 7:59AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
	<b>Family Home Evening</b>	371793461	Yama 10:04AM – 11:49AM	Subha Until 4:55PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 9
			<b>Rahu</b> 6:35AM – 8:20AM	Balava Until 11:39PM	<b>Nataraja:</b> Yellow		Prathama
	Creative Work	Siddha Yoga		<b>Purnima* Until 11:27AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
					<b>Jyeshtha-Ani</b>		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kuwait City, Kuwait  
Sutra 65

Dhanus Rasi: 12      Tithi 16 – 17

**Gulika** 11:49AM – 1:34PM  
Yama 8:20AM – 10:05AM  
**Rahu** 3:18PM – 5:02PM

**Mula\* Until 9:16AM**  
Sukla Until 4:26PM  
Taitila Until 12:28AM Wed  
**Prathama\* Until 11:58AM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:51AM  
**Sunset:** 6:47PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 9:16AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Kuwait City, Kuwait  
Sun 1 Sutra 66

Dhanus Rasi: 24.06      Tithi 17 – 18

**Gulika** 10:05AM – 11:49AM  
Yama 6:36AM – 8:20AM  
**Rahu** 11:49AM – 1:34PM

**Purvashadha\* Until 10:57AM**  
Brahma Until 4:24PM  
Vanija Until 1:49AM Thu  
**Dvitiya Until 1:03PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:51AM  
**Sunset:** 6:47PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Trilya/Chatrthyam Titau

Kuwait City, Kuwait  
Sun 2 Sutra 67

Makara Rasi: 6.22      Tithi 18 – 19

**Gulika** 8:20AM – 10:05AM  
Yama 4:51AM – 6:36AM  
**Rahu** 1:34PM – 3:18PM

**Uttarashadha Until 12:59PM**  
Indra Until 4:47PM  
Bava Until 3:40AM Fri  
**Tritya Until 2:40PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:51AM  
**Sunset:** 6:47PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 12:59PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait  
Sun 3 Sutra 68

Makara Rasi: 18.27      Tithi 19 – 20

**Gulika** 6:36AM – 8:21AM  
Yama 3:19PM – 5:03PM  
**Rahu** 10:05AM – 11:50AM

**Shravana Until 3:46PM**  
Vaidhriti\* Until 5:27PM  
Kaulava Until 5:51AM Sat  
**Chaturthi\* Until 4:42PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:52AM  
**Sunset:** 6:48PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 3:46PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vishkambha\* Yoga Taitila Karana Panchamyam Titau

Kuwait City, Kuwait  
Sun 4 Sutra 69

Kumbha Rasi: 0.23      Tithi 20

**Gulika** 4:52AM – 6:36AM  
Yama 1:34PM – 3:19PM  
**Rahu** 8:21AM – 10:05AM

**Dhanishtha Until 6:39PM**  
Vishkambha\* Until 6:21PM  
Taitila Until 7:00PM  
**Panchami Until 7:00PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:52AM  
**Sunset:** 6:48PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 6:39PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Kuwait City, Kuwait  
Sun 5 Sutra 70

Kumbha Rasi: 12.16      Tithi 21

**Gulika** 3:19PM – 5:04PM  
Yama 11:50AM – 1:35PM  
**Rahu** 5:04PM – 6:48PM

**Shatabhishak Until 9:27PM**  
Priti Until 7:20PM  
Gara Until 8:13AM  
**Shashthi\* Until 9:24PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:52AM  
**Sunset:** 6:48PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Kuwait City, Kuwait  
Sun 6 Sutra 71

Kumbha Rasi: 24.08      Tithi 22

**Family Home Evening** 312793461

**Gulika** 1:35PM – 3:19PM  
Yama 10:06AM – 11:50AM  
**Rahu** 6:37AM – 8:21AM

**Purvaproshtapada\* Until 12:29AM Tue**  
Ayushman Until 8:12PM  
Visti Until 10:35AM  
**Saptami Until 11:41PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:52AM  
**Sunset:** 6:48PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 12:29AM Tue  
Then Creative Work - Amrita Yoga

**Sivaloka Day**



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kuwait City, Kuwait  
Sun 7 Sutra 72

Meena Rasi: 6.05      Tithi 23

**Gulika** 11:50AM – 1:35PM  
Yama 8:22AM – 10:06AM  
**Rahu** 3:19PM – 5:04PM

**Uttaraproshtapada Until 3:03AM Wed**  
Saubhagya Until 8:53PM  
Balava Until 12:45PM  
**Ashtami\* Until 1:40AM Wed**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:53AM  
**Sunset:** 6:48PM

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga  
Until 3:03AM Wed  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kuwait City, Kuwait  
Sun 8 Sutra 73

Meena Rasi: 18.09      Tithi 24

**Gulika** 10:06AM – 11:51AM  
Yama 6:37AM – 8:22AM  
**Rahu** 11:51AM – 1:35PM

**Revati Until 4:59AM Thu**  
Sobhana Until 9:14PM  
Taitila Until 2:31PM  
**Navami\* Until 3:10AM Thu**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:53AM  
**Sunset:** 6:49PM

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga  
Until 4:59AM Thu  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Kuwait City, Kuwait Sun 9 Sutra 74
Mesha Rasi: 0.26	Tithi 25	Gulika 8:22AM – 10:06AM	Ashvini Until 6:38AM Fri	Ganesha: Blue Sunrise: 4:53AM	Vikarin 5121
		Yama 4:53AM – 6:38AM	Athiganda* Until 9:06PM	Muruqa: Blue Sunset: 6:49PM	Moon 6 - Phase 11
	322793461	Rahu 1:35PM – 3:20PM	Vanija Until 3:43PM	Nataraja: Yellow	2nd Phase
Creative Work Amrita Yoga			Dashami Until 4:04AM Fri	Moon – White	Devaloka Day
Until 6:38AM Fri				Jyeshtha-Ani	
Then Creative Work - Siddha Yoga					
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau	Kuwait City, Kuwait Sun 10 Sutra 75
Mesha Rasi: 12.59	Tithi 26	Gulika 6:38AM – 8:22AM	Ashvini Until 6:38AM	Ganesha: Blue Sunrise: 4:53AM	Vikarin 5121
		Yama 3:20PM – 5:04PM	Sukarma Until 8:27PM	Muruqa: Blue Sunset: 6:49PM	Moon 6 - Phase 11
	322793461	Rahu 10:07AM – 11:51AM	Bava Until 4:16PM	Nataraja: Yellow	2nd Phase
Creative Work Amrita Yoga			Ekadashi* Until 4:15AM Sat	Moon – White	Devaloka Day
Until 6:38AM				Jyeshtha-Ani	
Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau	Kuwait City, Kuwait Sun 11 Sutra 76
Mesha Rasi: 25.52	Tithi 27	Gulika 4:54AM – 6:38AM	Bharani Until 7:26AM	Ganesha: Blue Sunrise: 4:54AM	Vikarin 5121
		Yama 1:36PM – 3:20PM	Dhriti Until 7:14PM	Muruqa: Blue Sunset: 6:49PM	Moon 6 - Phase 11
	322793461	Rahu 8:23AM – 10:07AM	Kaulava Until 4:06PM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga			Dvodashi* Until 3:43AM Sun	Moon – White	Devaloka Day
Until 7:26AM				Jyeshtha-Ani	
Then Creative Work - Amrita Yoga					
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau	Kuwait City, Kuwait Sun 12 Sutra 77
Vrishabha Rasi: 9.08	Tithi 28	Gulika 3:20PM – 5:05PM	Krittika Until 7:22AM	Ganesha: Blue Sunrise: 4:54AM	Vikarin 5121
		Yama 11:51AM – 1:36PM	Shula* Until 5:25PM	Muruqa: Blue Sunset: 6:49PM	Moon 6 - Phase 11
	322793461	Rahu 5:05PM – 6:49PM	Gara Until 3:12PM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 2:29AM Mon	Moon – White	Devaloka Day
				Jyeshtha-Ani	
			<i>Pradosha Vrata (Fasting)</i>		
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kuwait City, Kuwait Sun 13 Sutra 78
Vrishabha Rasi: 22.47	Tithi 29	Gulika 1:36PM – 3:20PM	Rohini Until 6:56AM	Ganesha: Blue Sunrise: 4:54AM	Vikarin 5121
Family Home Evening		Yama 10:07AM – 11:52AM	Ganda* Until 3:06PM	Muruqa: Blue Sunset: 6:49PM	Moon 6 - Phase 11
	332793461	Rahu 6:39AM – 8:23AM	Visti Until 1:39PM	Nataraja: Yellow	2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 12:39AM Tue	Moon – Yellow	Devaloka Day
				Jyeshtha-Ani	
<b>Retreat Star</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kuwait City, Kuwait Sun 14 Sutra 79
Mithuna Rasi: 6.48	Tithi 30	Gulika 11:52AM – 1:36PM	Ardra Until 3:59AM Wed	Ganesha: Blue Sunrise: 4:55AM	Vikarin 5121
		Yama 8:23AM – 10:08AM	Vridhi Until 12:20PM	Muruqa: Blue Sunset: 6:49PM	Moon 6 - Phase 11
	332793461	Rahu 3:20PM – 5:05PM	Catuspada Until 11:33AM	Nataraja: Yellow	Amavasya
Routine Work Marana Yoga			Amavasya* Until 10:18PM	Moon – Yellow	Devaloka Day
Until 3:59AM Wed				Jyeshtha-Ani	
Then Creative Work - Siddha Yoga					
<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau	Kuwait City, Kuwait Sun 15 Sutra 80
Mithuna Rasi: 21.07	Tithi 1	Gulika 10:08AM – 11:52AM	Punarvasu Until 2:08AM Thu	Ganesha: Yellow Sunrise: 4:55AM	Vikarin 5121
		Yama 6:39AM – 8:24AM	Dhruva Until 9:12AM	Muruqa: Blue Sunset: 6:49PM	Moon 6 - Phase 11
	343793461	Rahu 11:52AM – 1:36PM	Kintughna Until 9:00AM	Nataraja: Yellow	Prathama
Creative Work Siddha Yoga			Prathama* Until 7:36PM	Moon – Blue	Sivaloka Day
Until 2:08AM Thu				Ashada-Ani	
Then Creative Work - Amrita Yoga					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau	Kuwait City, Kuwait Sun 16 Sutra 81
Kataka Rasi: 5.4	Tithi 2 – 3	<b>Gulika</b> 8:24AM – 10:08AM	<b>Pushya</b> Until 11:58PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 4:56AM – 6:40AM	Harshana Until 2:19AM Fri	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:49PM	Moon 6 - Phase 12
	343793461	<b>Rahu</b> 1:36PM – 3:21PM	Balava Until 6:10AM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 4:39PM	Moon – Blue	<b>Sivaloka Day</b>
Until 11:58PM				<b>Ashada*Ani</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kuwait City, Kuwait Sun 17 Sutra 82
Kataka Rasi: 20.21	Tithi 3 – 4	<b>Gulika</b> 6:40AM – 8:24AM	<b>Ashlesha*</b> Until 9:37PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 3:21PM – 5:05PM	Vajra* Until 10:45PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:49PM	Moon 6 - Phase 12
	343793461	<b>Rahu</b> 10:08AM – 11:52AM	Vanija Until 12:08AM Sat	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:37PM	Moon – Blue	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kuwait City, Kuwait Sun 18 Sutra 83
Simha Rasi: 5.02	Tithi 4 – 5	<b>Gulika</b> 4:56AM – 6:40AM	<b>Magha*</b> Until 7:37PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 1:37PM – 3:21PM	Siddhi Until 7:17PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:49PM	Moon 6 - Phase 12
	353793461	<b>Rahu</b> 8:25AM – 10:09AM	Bava Until 9:11PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:37AM	Moon – Red	<b>Subha Sivaloka Day</b>
Until 7:37PM				<b>Ashada*Ani</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kuwait City, Kuwait Sun 19 Sutra 84
Simha Rasi: 19.37	Tithi 5 – 6	<b>Gulika</b> 3:21PM – 5:05PM	<b>Purvaphalguni</b> Until 5:40PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:57AM	Vikarin 5121
		Yama 11:53AM – 1:37PM	Vyatipata* Until 3:59PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:49PM	Moon 6 - Phase 12
	453793461	<b>Rahu</b> 5:05PM – 6:49PM	Kaulava Until 6:27PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:46AM	Moon – Red	<b>Sivaloka Day</b>
Until 5:40PM				<b>Ashada*Ani</b>	
Then Creative Work - Amrita Yoga					

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau	Kuwait City, Kuwait Sun 20 Sutra 85
Kanya Rasi: 4.02	Tithi 7	<b>Gulika</b> 1:37PM – 3:21PM	<b>Uttaraphalguni</b> Until 3:52PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:57AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:09AM – 11:53AM	Varyan Until 12:53PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
	453793461	<b>Rahu</b> 6:41AM – 8:25AM	Gara Until 4:00PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 2:53AM Tue	Moon – Red	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>	

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau	Kuwait City, Kuwait Sun 21 Sutra 86
Kanya Rasi: 18.14	Tithi 8	<b>Gulika</b> 11:53AM – 1:37PM	<b>Hasta</b> Until 2:43PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:58AM	Vikarin 5121
		Yama 8:25AM – 10:09AM	Parigha* Until 10:06AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
	463793461	<b>Rahu</b> 3:21PM – 5:04PM	Visti Until 1:54PM	<b>Nataraja:</b> Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:00AM Wed	Moon – Green	<b>Subha Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau	Kuwait City, Kuwait Sun 22 Sutra 87
Tula Rasi: 2.1	Tithi 9	<b>Gulika</b> 10:09AM – 11:53AM	<b>Chitra</b> Until 1:50PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:58AM	Vikarin 5121
		Yama 6:42AM – 8:26AM	Shiva Until 7:39AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
	463893461	<b>Rahu</b> 11:53AM – 1:37PM	Balava Until 12:14PM	<b>Nataraja:</b> Yellow	Navami
Creative Work	Siddha Yoga		Navami* Until 11:32PM	Moon – Green	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>1</b>	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Kuwait City, Kuwait Sun 23    Sutra 88
	Tula Rasi: 15.5	Tithi 10	<b>Gulika</b> 8:26AM – 10:10AM	<b>Svati</b> Until 1:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Vikarin 5121
			Yama 4:59AM – 6:42AM	Sadhya Until 3:48AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	463893461	<b>Rahu</b> 1:37PM – 3:21PM		Taitila Until 11:00AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Amrita Yoga			<b>Dashami</b> Until 10:32PM	Moon – Green		<b>Sivaloka Day</b>	
Until 1:15PM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Kuwait City, Kuwait Sun 24    Sutra 89
	Tula Rasi: 29.14	Tithi 11	<b>Gulika</b> 6:43AM – 8:26AM	<b>Vishakha</b> Until 1:25PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM	Vikarin 5121
			Yama 3:21PM – 5:04PM	Subha Until 2:28AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	473893461	<b>Rahu</b> 10:10AM – 11:53AM		Vanija Until 10:13AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Siddha Yoga			<b>Ekadashi</b> Until 10:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Kuwait City, Kuwait Sun 25    Sutra 90
	Vrischika Rasi: 12.23	Tithi 12	<b>Gulika</b> 5:00AM – 6:43AM	<b>Anuradha</b> Until 1:54PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Vikarin 5121
			Yama 1:37PM – 3:21PM	Sukla Until 1:29AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 13
	473893461	<b>Rahu</b> 8:27AM – 10:10AM		Bava Until 9:56AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Siddha Yoga			<b>Dvadashi</b> Until 9:56PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>4</b>	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kuwait City, Kuwait Sun 26    Sutra 91
	Vrischika Rasi: 25.17	Tithi 13	<b>Gulika</b> 3:20PM – 5:04PM	<b>Jyeshtha*</b> Until 2:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Vikarin 5121
			Yama 11:54AM – 1:37PM	Brahma Until 12:53AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 13
	473893461	<b>Rahu</b> 5:04PM – 6:47PM		Kaulava Until 10:07AM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work    Marana Yoga			<b>Trayodashi</b> Until 10:22PM	Moon – Orange		<b>Devaloka Day</b>	
Until 2:43PM				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Kuwait City, Kuwait Sun 27    Sutra 92
	Dhanus Rasi: 7.57	Tithi 14	<b>Gulika</b> 1:37PM – 3:20PM	<b>Mula*</b> Until 4:18PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	Vikarin 5121
			Yama 10:11AM – 11:54AM	Indra Until 12:41AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 13
	483893461	<b>Rahu</b> 6:44AM – 8:27AM		Gara Until 10:47AM	<b>Nataraja:</b> Yellow		4th Phase
Family Home Evening			<b>Chaturdashi*</b> Until 11:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Creative Work    Siddha Yoga				<b>Ashada*Ani</b>			
Until 4:18PM							
Then Routine Work - Marana Yoga							

	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Kuwait City, Kuwait Sun 27    Sutra 93
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:54AM – 1:37PM	<b>Purvashadha*</b> Until 6:10PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	Vikarin 5121
	Dhanus Rasi: 20.25	Tithi 15	Yama 8:28AM – 10:11AM	Vaidhriti* Until 12:48AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 13
	483893461	<b>Rahu</b> 3:20PM – 5:03PM		Visti Until 11:54AM	<b>Nataraja:</b> Yellow		Purnima
Creative Work    Siddha Yoga			<b>Purnima*</b> Until 12:37AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:10PM				<b>Ashada*Ani</b>			
Then Routine Work - Prabalarishta Yoga							
		<b>Partial Lunar Eclipse</b> <b>Satguru Purnima</b>					

<b>○</b>	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Kuwait City, Kuwait Sun 28    Sutra 94
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:11AM – 11:54AM	<b>Uttarashadha</b> Until 8:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Vikarin 5121
	Makara Rasi: 2.41	Tithi 16	Yama 6:45AM – 8:28AM	Vishkambha* Until 1:14AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 13
	484893462	<b>Rahu</b> 11:54AM – 1:37PM		Balava Until 1:28PM	<b>Nataraja:</b> White		Prathama
Creative Work    Amrita Yoga			<b>Prathama*</b> Until 2:23AM Thu	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 8:18PM				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvityayam Titau

Kuwait City, Kuwait  
Sun 1 Sutra 95

Makara Rasi: 14.47 Tithi 17

**Gulika** 8:28AM – 10:11AM  
Yama 5:02AM – 6:45AM  
494893462 **Rahu** 1:37PM – 3:20PM

**Shravana Until 11:05PM**  
Priti Until 1:57AM Fri  
Tailila Until 3:24PM  
**Dvitiya Until 4:28AM Fri**

**Ganesha:** Clear *Sunrise: 5:02AM*  
**Muruqa:** Blue *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Purple

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

**Subha Sivaloka Day**  
**Ashada-Adi**

**1**

**Friday, July 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kuwait City, Kuwait  
Sun 2 Sutra 96

Makara Rasi: 26.46 Tithi 18

**Gulika** 6:46AM – 8:28AM  
Yama 3:20PM – 5:03PM  
494893462 **Rahu** 10:11AM – 11:54AM

**Dhanishtha Until 1:57AM Sat**  
Ayushman Until 2:49AM Sat  
Vanija Until 5:37PM  
**Tritiya Until 6:47AM Sat**

**Ganesha:** Clear *Sunrise: 5:03AM*  
**Muruqa:** Blue *Sunset: 6:45PM*  
**Nataraja:** White  
Moon – Purple

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

**Subha Sivaloka Day**  
**Ashada-Adi**

Until 1:57AM Sat  
Then Creative Work - Amrita Yoga

**2**

**Saturday, July 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Kuwait City, Kuwait  
Sun 3 Sutra 97

Kumbha Rasi: 8.4 Tithi 18 – 19

**Gulika** 5:03AM – 6:46AM  
Yama 1:37PM – 3:20PM  
494893462 **Rahu** 8:29AM – 10:11AM

**Shatabhishak Until 4:45AM Sun**  
Saubhagya Until 3:48AM Sun  
Bava Until 8:00PM  
**Tritiya Until 6:47AM**

**Ganesha:** Clear *Sunrise: 5:03AM*  
**Muruqa:** Blue *Sunset: 6:45PM*  
**Nataraja:** White  
Moon – Purple

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

**Subha Sivaloka Day**  
**Ashada-Adi**

Until 4:45AM Sun  
Then Creative Work - Siddha Yoga

**3**

**Sunday, July 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait  
Sun 4 Sutra 98

Kumbha Rasi: 20.31 Tithi 19 – 20

**Gulika** 3:19PM – 5:02PM  
Yama 11:54AM – 1:37PM  
414893462 **Rahu** 5:02PM – 6:45PM

**Purvaproshtapada\* Until 7:53AM Mon**  
Sobhana Until 4:46AM Mon  
Kaulava Until 10:25PM  
**Chaturthi\* Until 9:12AM**

**Ganesha:** Clear *Sunrise: 5:04AM*  
**Muruqa:** Blue *Sunset: 6:45PM*  
**Nataraja:** White  
Moon – Clear

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

**Subha Sivaloka Day**  
**Ashada-Adi**

**4**

**Monday, July 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Athiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kuwait City, Kuwait  
Sun 5 Sutra 99

Meena Rasi: 2.23 Tithi 20 – 21

**Family Home Evening**

**Gulika** 1:37PM – 3:19PM  
Yama 10:12AM – 11:54AM  
414893462 **Rahu** 6:47AM – 8:29AM

**Purvaproshtapada\* Until 7:53AM**  
Athiganda\* Until 5:35AM Tue  
Gara Until 12:42AM Tue  
**Panchami Until 11:34AM**

**Ganesha:** Clear *Sunrise: 5:04AM*  
**Muruqa:** Blue *Sunset: 6:44PM*  
**Nataraja:** White  
Moon – Clear

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Routine Work Marana Yoga  
Until 7:53AM

**Subha Sivaloka Day**  
**Ashada-Adi**

Then Creative Work - Siddha Yoga

**5**

**Tuesday, July 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait  
Sun 6 Sutra 100

Meena Rasi: 14.19 Tithi 21 – 22

**Gulika** 11:54AM – 1:37PM  
Yama 8:30AM – 10:12AM  
414893462 **Rahu** 3:19PM – 5:01PM

**Uttaraproshtapada Until 10:40AM**  
Sukarma Until 6:11AM Wed  
Visti Until 2:42AM Wed  
**Shashthi\* Until 1:44PM**

**Ganesha:** Clear *Sunrise: 5:05AM*  
**Muruqa:** Blue *Sunset: 6:44PM*  
**Nataraja:** White  
Moon – Clear

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

**Subha Sivaloka Day**  
**Ashada-Adi**

Until 10:40AM  
Then Creative Work - Siddha Yoga

**6**

**Wednesday, July 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait  
Sun 7 Sutra 101

Meena Rasi: 26.23 Tithi 22 – 23

**Gulika** 10:12AM – 11:54AM  
Yama 6:48AM – 8:30AM  
414893462 **Rahu** 11:54AM – 1:37PM

**Revati Until 12:57PM**  
Sukarma Until 6:11AM  
Balava Until 4:16AM Thu  
**Saptami Until 3:32PM**

**Ganesha:** Clear *Sunrise: 5:05AM*  
**Muruqa:** Blue *Sunset: 6:43PM*  
**Nataraja:** White  
Moon – Clear

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Routine Work Marana Yoga

**Subha Sivaloka Day**  
**Ashada-Adi**

**Retreat Star**

**Thursday, July 25, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait  
Sun 8 Sutra 102

Mesha Rasi: 8.37 Tithi 23 – 24

**Gulika** 8:30AM – 10:12AM  
Yama 5:06AM – 6:48AM  
424893462 **Rahu** 1:36PM – 3:19PM

**Ashvini Until 3:04PM**  
Dhriti Until 6:26AM  
Tailila Until 5:13AM Fri  
**Ashtami\* Until 4:48PM**

**Ganesha:** White *Sunrise: 5:06AM*  
**Muruqa:** Blue *Sunset: 6:43PM*  
**Nataraja:** White  
Moon – White

Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

Creative Work Amrita Yoga

**Subha Subha Sivaloka Day**  
**Ashada-Adi**

Until 3:04PM  
Then Creative Work - Siddha Yoga

**Friday, July 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kuwait City, Kuwait  
Sun 9 Sutra 103

Mesha Rasi: 21.08 Tithi 24 – 25

**Gulika** 6:48AM – 8:30AM  
Yama 3:18PM – 5:00PM  
424893462 **Rahu** 10:12AM – 11:54AM

**Bharani Until 4:23PM**  
Shula\* Until 6:10AM  
Vanija Until 5:27AM Sat  
**Navami\* Until 5:25PM**

**Ganesha:** White *Sunrise: 5:07AM*  
**Muruqa:** Blue *Sunset: 6:42PM*  
**Nataraja:** White  
Moon – White

Vikarin 5121  
Moon 7 - Phase 14  
Navami

Creative Work Siddha Yoga

**Subha Subha Sivaloka Day**  
**Ashada-Adi**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time


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<b>1</b>	<b>Saturday, July 27, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Kuwait City, Kuwait Sun 10 Sutra 104 Vikarin 5121
	Wrishabha Rasi: 3.59 Tithi 25 – 26	<b>Gulika</b> 5:07AM – 6:49AM <b>Yama</b> 1:36PM – 3:18PM <b>Rahu</b> 8:31AM – 10:13AM	<b>Krittika Until 4:49PM</b> Vriddhi Until 3:57AM Sun Bava Until 4:55AM Sun Dashami Until 5:16PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 5:07AM <b>Sunset:</b> 6:42PM Moon 7 - Phase 15 2nd Phase
	424893462				Subha Subha Sivaloka Day
	Creative Work Amrita Yoga				

<b>2</b>	<b>Sunday, July 28, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Kuwait City, Kuwait Sun 11 Sutra 105 Vikarin 5121
	Wrishabha Rasi: 17.14 Tithi 26 – 27	<b>Gulika</b> 3:18PM – 4:59PM <b>Yama</b> 11:54AM – 1:36PM <b>Rahu</b> 4:59PM – 6:41PM	<b>Rohini Until 4:47PM</b> Dhruva Until 1:53AM Mon Kaulava Until 3:36AM Mon Ekadashi* Until 4:20PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 5:08AM <b>Sunset:</b> 6:41PM Moon 7 - Phase 15 2nd Phase
	434893462				Subha Sivaloka Day
	Creative Work Siddha Yoga				

<b>3</b>	<b>Monday, July 29, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau			Kuwait City, Kuwait Sun 12 Sutra 106 Vikarin 5121
	Mithuna Rasi: 0.55 Tithi 27 – 28	<b>Gulika</b> 1:36PM – 3:17PM <b>Yama</b> 10:13AM – 11:54AM <b>Rahu</b> 6:50AM – 8:31AM	<b>Mrigashira Until 3:51PM</b> Vyaghata* Until 11:14PM Gara Until 1:35AM Tue Dvadashi* Until 2:39PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 5:08AM <b>Sunset:</b> 6:40PM Moon 7 - Phase 15 2nd Phase
	435893462				Sivaloka Day
	Family Home Evening Creative Work Amrita Yoga Until 3:51PM Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)

<b>4</b>	<b>Tuesday, July 30, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Kuwait City, Kuwait Sun 13 Sutra 107 Vikarin 5121
	Mithuna Rasi: 15.02 Tithi 28 – 29	<b>Gulika</b> 11:54AM – 1:36PM <b>Yama</b> 8:32AM – 10:13AM <b>Rahu</b> 3:17PM – 4:58PM	<b>Ardra Until 2:07PM</b> Harshana Until 8:07PM Visti Until 10:57PM Trayodashi* Until 12:19PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 5:09AM <b>Sunset:</b> 6:40PM Moon 7 - Phase 15 2nd Phase
	435893462				Sivaloka Day
	Routine Work Marana Yoga Until 2:07PM Then Creative Work - Siddha Yoga				

	<b>Wednesday, July 31, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Kuwait City, Kuwait Sun 14 Sutra 108 Vikarin 5121
	Retreat Star Mithuna Rasi: 29.33 Tithi 29 – 30	<b>Gulika</b> 10:13AM – 11:54AM <b>Yama</b> 6:51AM – 8:32AM <b>Rahu</b> 11:54AM – 1:35PM	<b>Punarvasu Until 12:09PM</b> Vajra* Until 4:33PM Catuspada Until 7:52PM Chaturdashi* Until 9:27AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Blue	<b>Sunrise:</b> 5:09AM <b>Sunset:</b> 6:39PM Moon 7 - Phase 15 Amavasya
	445893462				Sivaloka Day
	Creative Work Siddha Yoga				

	<b>Thursday, August 1, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatlipata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau			Kuwait City, Kuwait Sun 15 Sutra 109 Vikarin 5121
	Retreat Star Kataka Rasi: 14.22 Tithi 30 – 1	<b>Gulika</b> 8:32AM – 10:13AM <b>Yama</b> 5:10AM – 6:51AM <b>Rahu</b> 1:35PM – 3:16PM	<b>Pushya Until 9:40AM</b> Siddhi Until 12:43PM Bava Until 2:41AM Fri Amavasya* Until 6:11AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Blue	<b>Sunrise:</b> 5:10AM <b>Sunset:</b> 6:38PM Moon 7 - Phase 15 Prathama
	445893462				Sivaloka Day
	Creative Work Amrita Yoga Until 9:40AM Then Creative Work - Siddha Yoga				Sravana*Adi

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvityayam Titau			Kuwait City, Kuwait Sun 16 Sutra 110 Vikarin 5121
Kataka Rasi: 29.23	Tithi 2	<b>Gulika</b> 6:51AM – 8:32AM	<b>Ashlesha* Until 6:50AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:10AM		
		Yama 3:16PM – 4:57PM	Vyatipata* Until 8:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM		Moon 7 - Phase 16
		445893462 <b>Rahu</b> 10:13AM – 11:54AM	Balava Until 12:55PM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 11:07PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau			Kuwait City, Kuwait Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 14.26	Tithi 3	<b>Gulika</b> 5:11AM – 6:52AM	<b>Purvaphalguni Until 1:36AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM		
		Yama 1:35PM – 3:16PM	Parigha* Until 12:49AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:37PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 8:32AM – 10:13AM	Taitila Until 9:22AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:37PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 1:36AM Sun				<b>Sravana-Adi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kuwait City, Kuwait Sun 18 Sutra 112 Vikarin 5121
Simha Rasi: 29.23	Tithi 4 – 5	<b>Gulika</b> 3:15PM – 4:56PM	<b>Uttaraphalguni Until 11:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:12AM		
		Yama 11:54AM – 1:35PM	Shiva Until 9:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:36PM		Moon 7 - Phase 16
		455993462 <b>Rahu</b> 4:56PM – 6:36PM	Bava Until 2:51AM Mon	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 4:20PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kuwait City, Kuwait Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 14.07	Tithi 5 – 6	<b>Gulika</b> 1:34PM – 3:15PM	<b>Hasta Until 9:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:12AM		
<b>Family Home Evening</b>		Yama 10:13AM – 11:54AM	Siddha Until 5:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:36PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 6:53AM – 8:33AM	Kaulava Until 12:10AM Tue	<b>Nataraja:</b> White			3rd Phase
Until 9:17PM			<b>Panchami Until 1:26PM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga		<b>Nag Panchami</b>		<b>Sravana-Adi</b>			

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Kuwait City, Kuwait Sun 20 Sutra 114 Vikarin 5121
Kanya Rasi: 28.31	Tithi 6 – 7	<b>Gulika</b> 11:54AM – 1:34PM	<b>Chitra Until 7:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM		
		Yama 8:33AM – 10:13AM	Sadhya Until 2:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:35PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 3:14PM – 4:55PM	Gara Until 10:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 11:00AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kuwait City, Kuwait Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 12.32	Tithi 7 – 8	<b>Gulika</b> 10:14AM – 11:54AM	<b>Svati Until 6:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM		
		Yama 6:53AM – 8:33AM	Subha Until 12:21PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:34PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 11:54AM – 1:34PM	Visti Until 8:30PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 9:10AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kuwait City, Kuwait Sun 22 Sutra 116 Vikarin 5121
Tula Rasi: 26.09	Tithi 8 – 9	<b>Gulika</b> 8:34AM – 10:14AM	<b>Vishakha Until 6:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM		
		Yama 5:14AM – 6:54AM	Sukla Until 10:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:33PM		Moon 7 - Phase 16
		476993462 <b>Rahu</b> 1:33PM – 3:13PM	Balava Until 7:39PM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 7:59AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			


<b>1</b>	<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kuwait City, Kuwait Sun 23 Sutra 117 Vikarin 5121
	Wrischika Rasi: 9.24	Tithi 9 – 10	<b>Gulika</b> 6:54AM – 8:34AM	<b>Anuradha</b> <b>Until 7:24PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	
			Yama 3:13PM – 4:53PM	Brahma <b>Until 9:02AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
	476993462	<b>Rahu</b> 10:14AM – 11:53AM	Taitila <b>Until 7:28PM</b>	Nataraja: White	Moon – Orange		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 7:28AM</b>	<b>Sravana*Adi</b>		<b>Sivaloka Day</b>	
Until 7:24PM							
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kuwait City, Kuwait Sun 24 Sutra 118 Vikarin 5121
	Wrischika Rasi: 22.19	Tithi 10 – 11	<b>Gulika</b> 5:15AM – 6:54AM	<b>Jyeshtha*</b> <b>Until 8:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:15AM	
			Yama 1:33PM – 3:12PM	Indra <b>Until 8:10AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
	476993462	<b>Rahu</b> 8:34AM – 10:14AM	Vanija <b>Until 7:55PM</b>	Nataraja: White	Moon – Orange		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:36AM</b>	<b>Sravana*Adi</b>		<b>Sivaloka Day</b>	
Until 7:24PM							
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau				Kuwait City, Kuwait Sun 25 Sutra 119 Vikarin 5121
	Dhanus Rasi: 4.56	Tithi 11 – 12	<b>Gulika</b> 3:12PM – 4:51PM	<b>Mula*</b> <b>Until 10:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:15AM	
			Yama 11:53AM – 1:32PM	Vaidhriti* <b>Until 7:45AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 4:51PM – 6:31PM	Bava <b>Until 8:56PM</b>	Nataraja: White	Moon – Light Blue		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 8:20AM</b>	<b>Sravana*Adi</b>		<b>Subha Sivaloka Day</b>	
Until 10:12PM							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Pritii Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kuwait City, Kuwait Sun 26 Sutra 120 Vikarin 5121
	Dhanus Rasi: 17.19	Tithi 12 – 13	<b>Gulika</b> 1:32PM – 3:11PM	<b>Purvashadha*</b> <b>Until 12:20AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM	
			Yama 10:14AM – 11:53AM	Vishkambha* <b>Until 7:46AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 6:55AM – 8:34AM	Kaulava <b>Until 10:25PM</b>	Nataraja: White	Moon – Light Blue		4th Phase
<b>Family Home Evening</b>	Marana Yoga		<b>Dvadashi Until 9:36AM</b>	<b>Sravana*Adi</b>		<b>Subha Sivaloka Day</b>	
Routine Work							
Until 12:20AM Tue							
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Pritii/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kuwait City, Kuwait Sun 27 Sutra 121 Vikarin 5121
	Dhanus Rasi: 29.31	Tithi 13 – 14	<b>Gulika</b> 11:53AM – 1:32PM	<b>Uttarashadha</b> <b>Until 2:38AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM	
			Yama 8:35AM – 10:14AM	Pritii <b>Until 8:07AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 3:11PM – 4:50PM	Gara <b>Until 12:16AM Wed</b>	Nataraja: White	Moon – Light Blue		4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 11:17AM</b>	<b>Sravana*Adi</b>		<b>Subha Sivaloka Day</b>	
Until 2:38AM Wed							
Then Creative Work - Siddha Yoga							

	<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau				Kuwait City, Kuwait Sutra 122 Vikarin 5121
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:14AM – 11:53AM	<b>Shravana</b> <b>Until 5:33AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:17AM	
	Makara Rasi: 11.35	Tithi 14 – 15	Yama 6:56AM – 8:35AM	Ayushman <b>Until 8:42AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17
	496993462	<b>Rahu</b> 11:53AM – 1:31PM	Vistii <b>Until 2:25AM Thu</b>	Nataraja: White	Moon – Purple		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:18PM</b>	<b>Sravana*Adi</b>		<b>Sivaloka Day</b>	
			<b>Raksha Bandhan</b>				

	<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kuwait City, Kuwait Sutra 123 Vikarin 5121
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:35AM – 10:14AM	<b>Dhanishtha</b> <b>Until 8:27AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:17AM	
	Makara Rasi: 23.33	Tithi 15 – 16	Yama 5:17AM – 6:56AM	Saubhagya <b>Until 9:29AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 17
	497993462	<b>Rahu</b> 1:31PM – 3:10PM	Balava <b>Until 4:44AM Fri</b>	Nataraja: White	Moon – Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 3:32PM</b>	<b>Sravana*Adi</b>		<b>Subha Sivaloka Day</b>	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 5.26    Tilthi 16 – 17

497993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

**Gulika**    6:57AM – 8:35AM  
Yama        3:09PM – 4:48PM  
**Rahu**        10:14AM – 11:52AM

**Dhanishtha** **Until 8:27AM**  
Sobhana **Until 10:24AM**  
Taitila **Until 7:10AM Sat**  
**Prathama\* Until 5:55PM**

**Ganesha:** Yellow    *Sunrise: 5:18AM*  
**Muruqa:** Blue        *Sunset: 6:26PM*  
**Nataraja:** White  
Moon – Purple

Kuwait City, Kuwait  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 17.18    Tilthi 17

497993462

Creative Work    Amrita Yoga

Until 11:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

**Gulika**    5:19AM – 6:57AM  
Yama        1:30PM – 3:09PM  
**Rahu**        8:35AM – 10:14AM

**Shatabhishak** **Until 11:16AM**  
Athiganda\* **Until 11:21AM**  
Taitila **Until 7:10AM**  
**Dvitiya Until 8:21PM**

**Ganesha:** Yellow    *Sunrise: 5:19AM*  
**Muruqa:** Blue        *Sunset: 6:25PM*  
**Nataraja:** White  
Moon – Purple

Kuwait City, Kuwait  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**2**

**Sunday, August 18, 2019**

Kumbha Rasi: 29.1    Tilthi 18

517993462

Creative Work    Siddha Yoga

Until 2:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika**    3:08PM – 4:46PM  
Yama        11:52AM – 1:30PM  
**Rahu**        4:46PM – 6:24PM

**Purvaproshtapada\* Until 2:25PM**  
Sukarma **Until 12:18PM**  
Vanija **Until 9:35AM**  
**Tritiya Until 10:45PM**

**Ganesha:** White    *Sunrise: 5:19AM*  
**Muruqa:** Blue        *Sunset: 6:24PM*  
**Nataraja:** White  
Moon – Clear

Kuwait City, Kuwait  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**3**

**Monday, August 19, 2019**

Meena Rasi: 11.03    Tilthi 19

517993462

**Family Home Evening**

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    1:29PM – 3:07PM  
Yama        10:14AM – 11:52AM  
**Rahu**        6:58AM – 8:36AM

**Uttaraproshtapada Until 5:16PM**  
Dhriti **Until 1:12PM**  
Bava **Until 11:55AM**  
**Chaturthi\* Until 1:00AM Tue**

**Ganesha:** White    *Sunrise: 5:20AM*  
**Muruqa:** Blue        *Sunset: 6:23PM*  
**Nataraja:** White  
Moon – Clear

Kuwait City, Kuwait  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 23    Tilthi 20

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    11:51AM – 1:29PM  
Yama        8:36AM – 10:13AM  
**Rahu**        3:07PM – 4:45PM

**Revati Until 7:46PM**  
Shula\* **Until 1:54PM**  
Kaulava **Until 2:03PM**  
**Panchami Until 2:59AM Wed**

**Ganesha:** White    *Sunrise: 5:20AM*  
**Muruqa:** Blue        *Sunset: 6:22PM*  
**Nataraja:** White  
Moon – Clear

Kuwait City, Kuwait  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 5.04    Tilthi 21

527993462

Routine Work    Marana Yoga

Until 10:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    10:13AM – 11:51AM  
Yama        6:58AM – 8:36AM  
**Rahu**        11:51AM – 1:29PM

**Ashvini Until 10:14PM**  
Ganda\* **Until 2:22PM**  
Gara **Until 3:52PM**  
**Shashthi\* Until 4:35AM Thu**

**Ganesha:** Clear    *Sunrise: 5:21AM*  
**Muruqa:** Blue        *Sunset: 6:21PM*  
**Nataraja:** White  
Moon – White

Kuwait City, Kuwait  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 17.18    Tilthi 22

528993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    8:36AM – 10:13AM  
Yama        5:21AM – 6:59AM  
**Rahu**        1:28PM – 3:06PM

**Bharani Until 12:04AM Fri**  
Vridhhi **Until 2:30PM**  
Visti **Until 5:13PM**  
**Saptami Until 5:39AM Fri**

**Ganesha:** White    *Sunrise: 5:21AM*  
**Muruqa:** Blue        *Sunset: 6:20PM*  
**Nataraja:** White  
Moon – White

Kuwait City, Kuwait  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Mesha Rasi: 29.46    Tilthi 23

528993462

Creative Work    Siddha Yoga

Until 1:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    6:59AM – 8:36AM  
Yama        3:05PM – 4:42PM  
**Rahu**        10:13AM – 11:51AM

**Krittika Until 1:07AM Sat**  
Dhruva **Until 2:09PM**  
Balava **Until 5:58PM**  
**Ashtami\* Until 6:03AM Sat**

**Ganesha:** White    *Sunrise: 5:22AM*  
**Muruqa:** Blue        *Sunset: 6:19PM*  
**Nataraja:** White  
Moon – White

Kuwait City, Kuwait  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Saturday, August 24, 2019**

**Retreat Star**

Vrshabha Rasi: 12.32    Tilthi 23 – 24

538993462

Creative Work    Amrita Yoga

Until 1:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    5:22AM – 6:59AM  
Yama        1:27PM – 3:04PM  
**Rahu**        8:36AM – 10:13AM

**Rohini Until 1:45AM Sun**  
Vyaghata\* **Until 1:16PM**  
Taitila **Until 6:00PM**  
**Ashtami\* Until 6:03AM**

**Ganesha:** Clear    *Sunrise: 5:22AM*  
**Muruqa:** Blue        *Sunset: 6:18PM*  
**Nataraja:** White  
Moon – Yellow

Kuwait City, Kuwait  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau	Kuwait City, Kuwait Sun 9 Sutra 133 Vikarin 5121
Wishabha Rasi: 25.41	Tithi 25	<b>Gulika</b> 3:04PM – 4:40PM	<b>Mrigashira</b> Until 1:27AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:23AM	
		Yama 11:50AM – 1:27PM	Harshana Until 11:46AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:17PM	Moon 8 - Phase 19
538993462	<b>Rahu</b> 4:40PM – 6:17PM		Vanija Until 5:14PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:33AM Mon	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>2</b>		<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Kuwait City, Kuwait Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 9.16	Tithi 26	<b>Gulika</b> 1:26PM – 3:03PM	<b>Ardra</b> Until 12:15AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:23AM	
<b>Family Home Evening</b>		Yama 10:13AM – 11:50AM	Vajra* Until 9:37AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:16PM	Moon 8 - Phase 19
538993462	<b>Rahu</b> 7:00AM – 8:36AM		Bava Until 3:42PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 2:38AM Tue	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>3</b>		<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kuwait City, Kuwait Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 23.19	Tithi 27	<b>Gulika</b> 11:49AM – 1:26PM	<b>Punarvasu</b> Until 10:39PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:24AM	
		Yama 8:37AM – 10:13AM	Siddhi Until 6:52AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:15PM	Moon 8 - Phase 19
548993462	<b>Rahu</b> 3:02PM – 4:39PM		Kaulava Until 1:26PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 12:03AM Wed	Moon – Blue	<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>4</b>		<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Kuwait City, Kuwait Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 7.49	Tithi 28	<b>Gulika</b> 10:13AM – 11:49AM	<b>Pushya</b> Until 8:20PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:24AM	
		Yama 7:00AM – 8:37AM	Variyan Until 11:51PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:14PM	Moon 8 - Phase 19
549993463	<b>Rahu</b> 11:49AM – 1:25PM		Gara Until 10:34AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:55PM	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana-Avani</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kuwait City, Kuwait Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 22.41	Tithi 29 – 30	<b>Gulika</b> 8:37AM – 10:13AM	<b>Ashlesha*</b> Until 5:29PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:25AM	
		Yama 5:25AM – 7:01AM	Parigha* Until 7:49PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:13PM	Moon 8 - Phase 19
549193463	<b>Rahu</b> 1:25PM – 3:01PM		Visti Until 7:12AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:23PM	Moon – Blue	<b>Sivaloka Day</b>
Until 5:29PM				<b>Sravana-Avani</b>	
Then Creative Work - Amrita Yoga					

		<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kuwait City, Kuwait Sun 14 Sutra 138 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:01AM – 8:37AM	<b>Magha*</b> Until 2:39PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM	
Simha Rasi: 7.5	Tithi 30 – 1	Yama 3:00PM – 4:36PM	Shiva Until 3:36PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:12PM	Moon 8 - Phase 19
559193463	<b>Rahu</b> 10:13AM – 11:49AM		Kintughna Until 11:41PM	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 1:36PM	Moon – Red	<b>Sivaloka Day</b>
Until 2:39PM		<b>Varalakshmi Vratam</b>		<b>Sravana-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kuwait City, Kuwait Sun 15 Sutra 139 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:26AM – 7:01AM	<b>Purvaphalguni</b> Until 11:37AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:26AM	
Simha Rasi: 23.05	Tithi 1 – 2	Yama 1:24PM – 3:00PM	Siddha Until 11:18AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:11PM	Moon 8 - Phase 19
559193463	<b>Rahu</b> 8:37AM – 10:13AM		Balava Until 7:52PM	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 9:45AM	Moon – Red	<b>Sivaloka Day</b>
Until 11:37AM				<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Kuwait City, Kuwait Sun 16 Sutra 140
	Kanya Rasi: 8.17	Tithi 2 - 3	<b>Gulika</b> 2:59PM - 4:34PM	<b>Uttaraphalguni</b> Until 8:35AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Vikarin 5121
			Yama 11:48AM - 1:23PM	Sadhya Until 7:07AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 20
	Creative Work Amrita Yoga	559193463	<b>Rahu</b> 4:34PM - 6:10PM	Gara Until 2:31AM Mon	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 6:00AM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Kuwait City, Kuwait Sun 17 Sutra 141
	Kanya Rasi: 23.16	Tithi 4	<b>Gulika</b> 1:23PM - 2:58PM	<b>Hasta</b> Until 6:06AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:27AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:12AM - 11:48AM	Sukla Until 11:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	<b>Rahu</b> 7:02AM - 8:37AM	Vanija Until 12:57PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Ganesha Chaturthi</b>	<b>Chaturthi*</b> Until 11:28PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>	
			Until 6:06AM				
			Then Routine Work - Prabararishta Yoga				

<b>3</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Kuwait City, Kuwait Sun 18 Sutra 142
	Tula Rasi: 7.54	Tithi 5	<b>Gulika</b> 11:47AM - 1:22PM	<b>Svati</b> Until 2:15AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:27AM	Vikarin 5121
			Yama 8:37AM - 10:12AM	Brahma Until 8:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	<b>Rahu</b> 2:57PM - 4:32PM	Bava Until 10:10AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 9:00PM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kuwait City, Kuwait Sun 19 Sutra 143
	Tula Rasi: 22.05	Tithi 6	<b>Gulika</b> 10:12AM - 11:47AM	<b>Vishakha</b> Until 1:35AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:28AM	Vikarin 5121
			Yama 7:02AM - 8:37AM	Indra Until 5:57PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	579193463	<b>Rahu</b> 11:47AM - 1:22PM	Kaulava Until 8:02AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 7:14PM	<b>Bhadrapada-Avani</b>		<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Kuwait City, Kuwait Sun 20 Sutra 144
	Vrischika Rasi: 5.49	Tithi 7	<b>Gulika</b> 8:37AM - 10:12AM	<b>Anuradha</b> Until 1:35AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:28AM	Vikarin 5121
			Yama 5:28AM - 7:03AM	Vaidhriti* Until 4:04PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	571193463	<b>Rahu</b> 1:21PM - 2:56PM	Gara Until 6:41AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> Until 6:17PM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
			Until 1:35AM Fri				
			Then Routine Work - Marana Yoga				

<b>6</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Kuwait City, Kuwait Sun 21 Sutra 145
	<b>Retreat Star</b>		<b>Gulika</b> 7:03AM - 8:37AM	<b>Jyeshtha*</b> Until 2:13AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:29AM	Vikarin 5121
	Vrischika Rasi: 19.04	Tithi 8	Yama 2:55PM - 4:30PM	Vishkambha* Until 2:50PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20
			571193463 <b>Rahu</b> 10:12AM - 11:46AM	Visti Until 6:08AM	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami*</b> Until 6:10PM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
			Routine Work Marana Yoga				
			Until 2:13AM Sat				
			Then Creative Work - Siddha Yoga				

<b>7</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Kuwait City, Kuwait Sun 22 Sutra 146
	<b>Retreat Star</b>		<b>Gulika</b> 5:29AM - 7:03AM	<b>Mula*</b> Until 3:56AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:29AM	Vikarin 5121
	Dhanus Rasi: 1.54	Tithi 9	Yama 1:20PM - 2:54PM	Priti Until 2:15PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
			581193463 <b>Rahu</b> 8:37AM - 10:12AM	Balava Until 6:25AM	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> Until 6:49PM	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
			Creative Work Siddha Yoga				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Kuwait City, Kuwait Sun 23 Sutra 147
Dhanus Rasi: 14.23	Tithi 10	<b>Gulika</b> 2:54PM – 4:28PM	<b>Purvashadha* Until 6:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:29AM	Vikarin 5121
		Yama 11:46AM – 1:20PM	Ayushman Until 2:11PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:02PM	Moon 8 - Phase 21
		581193463 <b>Rahu</b> 4:28PM – 6:02PM	Taitila Until 7:27AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	<b>Devaloka Day</b>
Until 6:05AM Mon		<b>Grandparent's Day</b>	<b>Dashami Until 8:10PM</b>	<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

<b>2 Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Kuwait City, Kuwait Sun 24 Sutra 148
Dhanus Rasi: 26.37	Tithi 11	<b>Gulika</b> 1:19PM – 2:53PM	<b>Purvashadha* Until 6:05AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:30AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:11AM – 11:45AM	Saubhagya Until 2:34PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:01PM	Moon 8 - Phase 21
		581193463 <b>Rahu</b> 7:04AM – 8:38AM	Vanija Until 9:05AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Marana Yoga				Moon – Light Blue	<b>Devaloka Day</b>
			<b>Ekadashi Until 10:03PM</b>	<b>Bhadrapada-Avani</b>	

<b>3 Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Kuwait City, Kuwait Sun 25 Sutra 149
Makara Rasi: 8.4	Tithi 12	<b>Gulika</b> 11:45AM – 1:19PM	<b>Uttarashadha Until 8:30AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 8:38AM – 10:11AM	Sobhana Until 3:16PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 5:59PM	Moon 8 - Phase 21
		581193463 <b>Rahu</b> 2:52PM – 4:26PM	Bava Until 11:09AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Prabalarishta Yoga				Moon – Light Blue	<b>Devaloka Day</b>
Until 8:30AM			<b>Dvadashi Until 12:16AM Wed</b>	<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kuwait City, Kuwait Sun 26 Sutra 150
Makara Rasi: 20.35	Tithi 13	<b>Gulika</b> 10:11AM – 11:45AM	<b>Shravana Until 11:32AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:31AM	Vikarin 5121
		Yama 7:04AM – 8:38AM	Athiganda* Until 4:07PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 5:58PM	Moon 8 - Phase 21
		591193463 <b>Rahu</b> 11:45AM – 1:18PM	Kaulava Until 1:29PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga				Moon – Purple	<b>Sivaloka Day</b>
Until 11:32AM		<b>Avani Avittam</b>	<b>Trayodashi Until 2:41AM Thu</b>	<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

<b>5 Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Kuwait City, Kuwait Sun 27 Sutra 151
Kumbha Rasi: 2.27	Tithi 14	<b>Gulika</b> 8:38AM – 10:11AM	<b>Dhanishtha Until 2:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:31AM	Vikarin 5121
		Yama 5:31AM – 7:05AM	Sukarma Until 5:04PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 5:57PM	Moon 8 - Phase 21
		591193463 <b>Rahu</b> 1:17PM – 2:51PM	Gara Until 3:57PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga				Moon – Purple	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	<b>Chaturdashi* Until 5:09AM Fri</b>	<b>Bhadrapada-Avani</b>	

<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Visti* Karana Purnimayam Titau			Kuwait City, Kuwait Sutra 152
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:05AM – 8:38AM	<b>Shatabhishak Until 5:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:32AM	Vikarin 5121
Kumbha Rasi: 14.18	Tithi 15	Yama 2:50PM – 4:23PM	Dhriti Until 6:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:56PM	Moon 8 - Phase 21
		591113463 <b>Rahu</b> 10:11AM – 11:44AM	Visti Until 6:24PM	<b>Nataraja:</b> Clear	Purnima
Creative Work Siddha Yoga				Moon – Purple	<b>Sivaloka Day</b>
			<b>Purnima* Until 7:36AM Sat</b>	<b>Bhadrapada-Avani</b>	

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kuwait City, Kuwait Sutra 153
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:32AM – 7:05AM	<b>Purvaproshtapada* Until 8:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:32AM	Vikarin 5121
Kumbha Rasi: 26.1	Tithi 15 – 16	Yama 1:16PM – 2:49PM	Shula* Until 6:53PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:55PM	Moon 8 - Phase 21
		511113463 <b>Rahu</b> 8:38AM – 10:11AM	Balava Until 8:48PM	<b>Nataraja:</b> Clear	Prathama
Routine Work Marana Yoga				Moon – Clear	<b>Sivaloka Day</b>
Until 8:25PM			<b>Purnima* Until 7:36AM</b>	<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Kuwait City, Kuwait

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 8.05 Tithi 16 - 17

512113463

**Gulika** 2:48PM - 4:21PM  
**Yama** 11:43AM - 1:16PM  
**Rahu** 4:21PM - 5:53PM

**Uttaraproshtapada** Until 11:13PM  
**Ganda\*** Until 7:40PM  
Taitila Until 11:03PM  
**Prathama\*** Until 9:55AM

**Ganesha:** Yellow *Sunrise:* 5:33AM  
**Muruqa:** Purple *Sunset:* 5:53PM  
**Nataraja:** Clear  
Moon - Clear

**Sivaloka Day**

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kuwait City, Kuwait

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 20.03 Tithi 17 - 18

512113463

**Gulika** 1:15PM - 2:48PM  
**Yama** 10:10AM - 11:43AM  
**Rahu** 7:06AM - 8:38AM

**Revati** Until 1:39AM Tue  
**Vriddhi** Until 8:20PM  
**Vanija** Until 1:06AM Tue  
**Dvitiya** Until 12:05PM

**Ganesha:** Yellow *Sunrise:* 5:33AM  
**Muruqa:** Purple *Sunset:* 5:52PM  
**Nataraja:** Clear  
Moon - Clear

**Sivaloka Day**

Family Home Evening  
Creative Work Siddha Yoga

**Bhadrapada-Avani**

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Kuwait City, Kuwait

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 2.05 Tithi 18 - 19

522113463

**Gulika** 11:42AM - 1:15PM  
**Yama** 8:38AM - 10:10AM  
**Rahu** 2:47PM - 4:19PM

**Ashvini** Until 4:11AM Wed  
**Dhruva** Until 8:46PM  
**Bava** Until 2:55AM Wed  
**Tritiya** Until 2:02PM

**Ganesha:** White *Sunrise:* 5:34AM  
**Muruqa:** Purple *Sunset:* 5:51PM  
**Nataraja:** Clear  
Moon - White

**Devaloka Day**

Creative Work Siddha Yoga

**Bhadrapada-Puratasi**

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 14.15 Tithi 19 - 20

522113463

**Gulika** 10:10AM - 11:42AM  
**Yama** 7:06AM - 8:38AM  
**Rahu** 11:42AM - 1:14PM

**Bharani** Until 6:13AM Thu  
**Vyaghata\*** Until 8:59PM  
**Kaulava** Until 4:23AM Thu  
**Chaturthi\*** Until 3:41PM

**Ganesha:** White *Sunrise:* 5:34AM  
**Muruqa:** Purple *Sunset:* 5:50PM  
**Nataraja:** Clear  
Moon - White

**Devaloka Day**

Creative Work Siddha Yoga

**Bhadrapada-Puratasi**

Until 6:13AM Thu  
Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Kuwait City, Kuwait

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 26.32 Tithi 20 - 21

522113463

**Gulika** 8:38AM - 10:10AM  
**Yama** 5:35AM - 7:06AM  
**Rahu** 1:13PM - 2:45PM

**Bharani** Until 6:13AM  
**Harshana** Until 8:55PM  
**Gara** Until 5:26AM Fri  
**Panchami** Until 4:57PM

**Ganesha:** White *Sunrise:* 5:35AM  
**Muruqa:** Purple *Sunset:* 5:49PM  
**Nataraja:** Clear  
Moon - White

**Devaloka Day**

Creative Work Siddha Yoga

**Bhadrapada-Puratasi**

Until 6:13AM  
Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 9.02 Tithi 21 - 22

522113463

**Gulika** 7:07AM - 8:38AM  
**Yama** 2:44PM - 4:16PM  
**Rahu** 10:10AM - 11:41AM

**Krittika** Until 7:39AM  
**Vajra\*** Until 8:24PM  
**Visti** Until 5:55AM Sat  
**Shashthi\*** Until 5:44PM

**Ganesha:** White *Sunrise:* 5:35AM  
**Muruqa:** Purple *Sunset:* 5:48PM  
**Nataraja:** Clear  
Moon - White

**Devaloka Day**

Creative Work Siddha Yoga

**Bhadrapada-Puratasi**

Until 7:39AM  
Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 21.46 Tithi 22 - 23

532113463

**Gulika** 5:36AM - 7:07AM  
**Yama** 1:12PM - 2:44PM  
**Rahu** 8:38AM - 10:10AM

**Rohini** Until 8:52AM  
**Siddhi** Until 7:26PM  
**Balava** Until 5:45AM Sun  
**Saptami** Until 5:54PM

**Ganesha:** Clear *Sunrise:* 5:36AM  
**Muruqa:** Purple *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

Creative Work Amrita Yoga

**Bhadrapada-Puratasi**

Until 8:52AM  
Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyalipata\*Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 4.5 Tithi 23 - 24

532213463

**Gulika** 2:43PM - 4:14PM  
**Yama** 11:41AM - 1:12PM  
**Rahu** 4:14PM - 5:45PM

**Mrigashira** Until 9:17AM  
**Vyalipata\*** Until 5:55PM  
**Taitila** Until 4:52AM Mon  
**Ashtami\*** Until 5:23PM

**Ganesha:** Orange *Sunrise:* 5:36AM  
**Muruqa:** Purple *Sunset:* 5:45PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

**Bhadrapada-Puratasi**

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kuwait City, Kuwait

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 18.17 Tithi 24 - 25

532213463

**Gulika** 1:11PM - 2:42PM  
**Yama** 10:09AM - 11:40AM  
**Rahu** 7:08AM - 8:38AM

**Ardra** Until 8:50AM  
**Variyan** Until 3:48PM  
**Vanija** Until 3:16AM Tue  
**Navami\*** Until 4:08PM

**Ganesha:** Orange *Sunrise:* 5:37AM  
**Muruqa:** Purple *Sunset:* 5:44PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

**Bhadrapada-Puratasi**


Until 8:50AM  
Then Creative Work - Amrita Yoga

<b>1</b>		<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Kuwait City, Kuwait Sun 9 Sutra 163
Kataka Rasi: 2.1	Tithi 25 – 26	<b>Gulika</b> 11:40AM – 1:11PM	<b>Punarvasu</b> Until 7:59AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:37AM	Vikarin 5121
		Yama 8:39AM – 10:09AM	Parigha* Until 1:08PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:43PM	Moon 9 - Phase 23
	542213463	<b>Rahu</b> 2:41PM – 4:12PM	Bava Until 12:59AM Wed	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:11PM	Moon – Blue	<b>Devaloka Day</b>
				<b>Bhadrapada•Puratasi</b>	

<b>2</b>		<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kuwait City, Kuwait Sun 10 Sutra 164
Kataka Rasi: 16.28	Tithi 26 – 27	<b>Gulika</b> 10:09AM – 11:40AM	<b>Pushya</b> Until 6:18AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:38AM	Vikarin 5121
		Yama 7:08AM – 8:39AM	Shiva Until 9:56AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 23
	542213463	<b>Rahu</b> 11:40AM – 1:10PM	Kaulava Until 10:07PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 11:36AM	Moon – Blue	<b>Devaloka Day</b>
				<b>Bhadrapada•Puratasi</b>	

<b>3</b>		<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Kuwait City, Kuwait Sun 11 Sutra 165
Simha Rasi: 1.11	Tithi 27 – 28	<b>Gulika</b> 8:39AM – 10:09AM	<b>Magha*</b> Until 1:26AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:38AM	Vikarin 5121
		Yama 5:38AM – 7:08AM	Siddha Until 6:17AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM	Moon 9 - Phase 23
	552213463	<b>Rahu</b> 1:10PM – 2:40PM	Gara Until 6:47PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 8:29AM	Moon – Red	<b>Devaloka Day</b>
Until 1:26AM Fri				<b>Bhadrapada•Puratasi</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>		<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau	Kuwait City, Kuwait Sun 12 Sutra 166
Simha Rasi: 16.12	Tithi 29	<b>Gulika</b> 7:09AM – 8:39AM	<b>Purvaphalguni</b> Until 10:31PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 2:39PM – 4:09PM	Subha Until 10:07PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 23
	552213463	<b>Rahu</b> 10:09AM – 11:39AM	Visti Until 3:09PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:15AM Sat	Moon – Red	<b>Devaloka Day</b>
				<b>Bhadrapada•Puratasi</b>	

		<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada/Naga* Karana Amavasyayam Titau	Kuwait City, Kuwait Sun 13 Sutra 167
<b>Retreat Star</b>		<b>Gulika</b> 5:39AM – 7:09AM	<b>Uttaraphalguni</b> Until 7:24PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:39AM	Vikarin 5121
Kanya Rasi: 1.24	Tithi 30	Yama 1:08PM – 2:38PM	Sukla Until 5:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:38PM	Moon 9 - Phase 23
	652213463	<b>Rahu</b> 8:39AM – 10:09AM	Catuspada Until 11:22AM	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 9:28PM	Moon – Red	<b>Devaloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>	

<b>Sunday, September 29, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna/Balava Karana Prathama/Dvitiyayam Titau	Kuwait City, Kuwait Sun 14 Sutra 168
Kanya Rasi: 16.37	Tithi 1 – 2	<b>Gulika</b> 2:38PM – 4:07PM	<b>Hasta</b> Until 4:39PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:40AM	Vikarin 5121
		Yama 11:38AM – 1:08PM	Brahma Until 1:39PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 23
	663213463	<b>Rahu</b> 4:07PM – 5:37PM	Kintughna Until 7:37AM	<b>Nataraja:</b> Clear	Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 5:47PM	Moon – Green	<b>Devaloka Day</b>
Until 4:39PM		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>	
Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kuwait City, Kuwait Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 1.4	Tithi 2 – 3	<b>Gulika</b> 1:07PM – 2:37PM	<b>Chitra</b> Until 2:02PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:40AM	
<b>Family Home Evening</b>	663213463	Yama 10:08AM – 11:38AM	Indra Until 9:41AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:36PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		<b>Rahu</b> 7:10AM – 8:39AM	Taitila Until 12:54AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 2:02PM			<b>Dvitiya</b> Until 2:24PM	Moon – Green	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>	

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kuwait City, Kuwait Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 16.26	Tithi 3 – 4	<b>Gulika</b> 11:38AM – 1:07PM	<b>Svati</b> Until 11:45AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:41AM	
	663213463	Yama 8:39AM – 10:08AM	Vaidhriti* Until 6:03AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b> 2:36PM – 4:05PM	Vanija Until 10:17PM	<b>Nataraja:</b> Clear	3rd Phase
Until 11:45AM			<b>Tritiya</b> Until 11:30AM	Moon – Green	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Ashvina+Puratasi</b>	

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kuwait City, Kuwait Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 0.46	Tithi 4 – 5	<b>Gulika</b> 10:08AM – 11:37AM	<b>Vishakha</b> Until 10:23AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:41AM	
	673213463	Yama 7:10AM – 8:39AM	Priti Until 12:22AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:33PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b> 11:37AM – 1:06PM	Bava Until 8:22PM	<b>Nataraja:</b> Clear	3rd Phase
			<b>Chaturthi*</b> Until 9:13AM	Moon – Orange	<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>	

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kuwait City, Kuwait Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15	Tithi 5 – 6	<b>Gulika</b> 8:39AM – 10:08AM	<b>Anuradha</b> Until 9:38AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:42AM	
	673213463	Yama 5:42AM – 7:10AM	Ayushman Until 10:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b> 1:06PM – 2:35PM	Kaulava Until 7:17PM	<b>Nataraja:</b> Clear	3rd Phase
Until 9:38AM			<b>Panchami</b> Until 7:42AM	Moon – Orange	<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashvina+Puratasi</b>	

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kuwait City, Kuwait Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 27.56	Tithi 6 – 7	<b>Gulika</b> 7:11AM – 8:39AM	<b>Jyeshtha*</b> Until 9:36AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:42AM	
	673213463	Yama 2:34PM – 4:03PM	Saubhagya Until 9:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:31PM	Moon 9 - Phase 24
Routine Work Marana Yoga		<b>Rahu</b> 10:08AM – 11:37AM	Gara Until 7:06PM	<b>Nataraja:</b> Clear	3rd Phase
Until 9:36AM			<b>Shashthi*</b> Until 7:03AM	Moon – Orange	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>	

<b>Retreat Star</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kuwait City, Kuwait Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 10.49	Tithi 7 – 8	<b>Gulika</b> 5:43AM – 7:11AM	<b>Mula*</b> Until 10:45AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:43AM	
	683213463	Yama 1:05PM – 2:33PM	Sobhana Until 8:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b> 8:39AM – 10:08AM	Visti Until 7:47PM	<b>Nataraja:</b> Clear	Ashtami
			<b>Saptami</b> Until 7:19AM	Moon – Light Blue	<b>Sivaloka Day</b>
		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>	

<b>Retreat Star</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kuwait City, Kuwait Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 23.19	Tithi 8 – 9	<b>Gulika</b> 2:32PM – 4:01PM	<b>Purvashadha*</b> Until 12:32PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:43AM	
	683213463	Yama 11:36AM – 1:04PM	Athiganda* Until 8:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:29PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b> 4:01PM – 5:29PM	Balava Until 9:14PM	<b>Nataraja:</b> Clear	Navami
Until 12:32PM			<b>Ashtami*</b> Until 8:24AM	Moon – Light Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Puratasi</b>	

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kuwait City, Kuwait Sun 22 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:04PM – 2:32PM	<b>Uttarashadha</b> Until 2:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:44AM	
Makara Rasi: 5.3	Tithi 9 – 10	Yama 10:08AM – 11:36AM	Sukarma Until 9:28PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:12AM – 8:40AM	Taitila Until 11:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 10:11AM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 2:46PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Kuwait City, Kuwait Sun 23 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:35AM – 1:03PM	<b>Shravana</b> Until 5:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:44AM	
Makara Rasi: 17.29	Tithi 10 – 11	Yama 8:40AM – 10:08AM	Dhriti Until 10:18PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 2:31PM – 3:59PM	Vanija Until 1:40AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:25PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kuwait City, Kuwait Sun 24 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:08AM – 11:35AM	<b>Dhanishtha</b> Until 8:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	
Makara Rasi: 29.22	Tithi 11 – 12	Yama 7:12AM – 8:40AM	Shula* Until 11:13PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 11:35AM – 1:03PM	Bava Until 4:13AM Thu	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 2:55PM	Moon – Purple		<b>Sivaloka Day</b>
Until 8:46PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kuwait City, Kuwait Sun 25 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:40AM – 10:08AM	<b>Shatabhishak</b> Until 11:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	
Kumbha Rasi: 11.13	Tithi 12 – 13	Yama 5:45AM – 7:13AM	Ganda* Until 12:09AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 1:02PM – 2:30PM	Kaulava Until 6:43AM Fri	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 5:27PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>		

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kuwait City, Kuwait Sun 26 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:13AM – 8:40AM	<b>Purvaproshtapada*</b> Until 2:40AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM	
Kumbha Rasi: 23.04	Tithi 13	Yama 2:29PM – 3:56PM	Vriddhi Until 1:00AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	613213464	<b>Rahu</b> 10:07AM – 11:35AM	Kaulava Until 6:43AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:53PM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Kuwait City, Kuwait Sun 27 Sutra 181 Vikarin 5121
<b>6</b>		<b>Gulika</b> 5:46AM – 7:13AM	<b>Uttaraproshtapada</b> Until 5:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM	
Meena Rasi: 4.59	Tithi 14	Yama 1:01PM – 2:28PM	Dhruva Until 1:40AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	613213464	<b>Rahu</b> 8:40AM – 10:07AM	Gara Until 9:04AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 5:21AM Sun				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Kuwait City, Kuwait Sutra 182 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:28PM – 3:54PM	<b>Revati</b> Until 7:38AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM	
Meena Rasi: 16.59	Tithi 15	Yama 11:34AM – 1:01PM	Vyaghata* Until 2:08AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
<b>Copper Retreat Star</b>	614213464	<b>Rahu</b> 3:54PM – 5:21PM	Visti Until 11:11AM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 12:07AM Mon	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 7:38AM Mon				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Kuwait City, Kuwait Sutra 183 Vikarin 5121
<b>○</b>		<b>Gulika</b> 1:00PM – 2:27PM	<b>Revati</b> Until 7:38AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:48AM	
Meena Rasi: 29.05	Tithi 16	Yama 10:07AM – 11:34AM	Harshana Until 2:25AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
<b>Silver Retreat Star</b>	614213464	<b>Rahu</b> 7:14AM – 8:41AM	Balava Until 1:02PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:50AM Tue	Moon – Clear		<b>Subha Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kuwait City, Kuwait  
Sutra 184

Mesha Rasi: 11.18      Tithi 17

Gulika 11:34AM - 1:00PM  
Yama 8:41AM - 10:07AM  
Rahu 2:26PM - 3:53PM

**Ashvini Until 9:57AM**  
Vajra\* Until 2:25AM Wed  
Taitila Until 2:35PM  
Dvitiya Until 3:13AM Wed

Ganesha: White      Sunrise: 5:48AM  
Muruga: Purple      Sunset: 5:19PM  
Nataraja: Purple  
Moon - White      Subha Subha Sivaloka Day  
Ashvina-Puratasi

Creative Work      Siddha Yoga

Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kuwait City, Kuwait  
Sun 1      Sutra 185

Mesha Rasi: 23.39      Tithi 18

Gulika 10:07AM - 11:33AM  
Yama 7:15AM - 8:41AM  
Rahu 11:33AM - 1:00PM

**Bharani Until 11:48AM**  
Siddhi Until 2:11AM Thu  
Vanija Until 3:49PM  
Tritiya Until 4:17AM Thu

Ganesha: White      Sunrise: 5:49AM  
Muruga: Purple      Sunset: 5:18PM  
Nataraja: Purple  
Moon - White      Subha Subha Sivaloka Day  
Ashvina-Puratasi

Creative Work      Siddha Yoga

Until 11:48AM

Then Creative Work - Amrita Yoga

Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Kuwait City, Kuwait  
Sun 2      Sutra 186

Vrishabha Rasi: 6.09      Tithi 19

Gulika 8:41AM - 10:07AM  
Yama 5:49AM - 7:15AM  
Rahu 12:59PM - 2:25PM

**Krittika Until 1:09PM**  
Vyatipata\* Until 1:40AM Fri  
Bava Until 4:42PM  
Chaturthi\* Until 4:58AM Fri

Ganesha: Yellow      Sunrise: 5:49AM  
Muruga: Purple      Sunset: 5:17PM  
Nataraja: Purple  
Moon - White      Subha Sivaloka Day  
Ashvina-Aipasi

Routine Work      Marana Yoga

Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Kuwait City, Kuwait  
Sun 3      Sutra 187

Vrishabha Rasi: 18.49      Tithi 20

Gulika 7:16AM - 8:42AM  
Yama 2:25PM - 3:50PM  
Rahu 10:07AM - 11:33AM

**Rohini Until 2:27PM**  
Variyan Until 12:49AM Sat  
Kaulava Until 5:11PM  
Panchami Until 5:14AM Sat

Ganesha: White      Sunrise: 5:50AM  
Muruga: Purple      Sunset: 5:16PM  
Nataraja: Purple  
Moon - Yellow      Sivaloka Day  
Ashvina-Aipasi

Routine Work      Marana Yoga

Until 2:27PM

Then Creative Work - Siddha Yoga

Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Kuwait City, Kuwait  
Sun 4      Sutra 188

Mithuna Rasi: 1.41      Tithi 21

Gulika 5:51AM - 7:16AM  
Yama 12:58PM - 2:24PM  
Rahu 8:42AM - 10:07AM

**Mrigashira Until 3:09PM**  
Parigha\* Until 11:36PM  
Gara Until 5:13PM  
Shashthi\* Until 5:01AM Sun

Ganesha: White      Sunrise: 5:51AM  
Muruga: Purple      Sunset: 5:15PM  
Nataraja: Purple  
Moon - Yellow      Sivaloka Day  
Ashvina-Aipasi

Creative Work      Siddha Yoga

Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Kuwait City, Kuwait  
Sun 5      Sutra 189

Mithuna Rasi: 14.48      Tithi 22

Gulika 2:23PM - 3:49PM  
Yama 11:33AM - 12:58PM  
Rahu 3:49PM - 5:14PM

**Ardra Until 3:12PM**  
Shiva Until 9:59PM  
Visti Until 4:44PM  
Saptami Until 4:15AM Mon

Ganesha: White      Sunrise: 5:51AM  
Muruga: Purple      Sunset: 5:14PM  
Nataraja: Purple  
Moon - Yellow      Sivaloka Day  
Ashvina-Aipasi

Creative Work      Siddha Yoga

Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Kuwait City, Kuwait  
Sun 6      Sutra 190

Mithuna Rasi: 28.12      Tithi 23

Gulika 12:58PM - 2:23PM  
Yama 10:07AM - 11:33AM  
Rahu 7:17AM - 8:42AM

**Punarvasu Until 3:01PM**  
Siddha Until 7:54PM  
Balava Until 3:41PM  
Ashtami\* Until 2:56AM Tue

Ganesha: Clear      Sunrise: 5:52AM  
Muruga: Purple      Sunset: 5:13PM  
Nataraja: Purple  
Moon - Blue      Subha Sivaloka Day  
Ashvina-Aipasi

Creative Work      Amrita Yoga

Until 3:01PM

Then Creative Work - Siddha Yoga

Vikarin 5121  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Kuwait City, Kuwait  
Sun 7      Sutra 191

Kataka Rasi: 11.56      Tithi 24

Gulika 11:32AM - 12:57PM  
Yama 8:42AM - 10:07AM  
Rahu 2:22PM - 3:47PM

**Pushya Until 2:07PM**  
Sadhya Until 5:21PM  
Taitila Until 2:04PM  
Navami\* Until 1:02AM Wed

Ganesha: Clear      Sunrise: 5:52AM  
Muruga: Purple      Sunset: 5:12PM  
Nataraja: Purple  
Moon - Blue      Subha Sivaloka Day  
Ashvina-Aipasi

Creative Work      Siddha Yoga

Vikarin 5121  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Dashamyam Titau	Kuwait City, Kuwait Sun 8 Sutra 192 Vikarin 5121
Kataka Rasi: 26.01	Tithi 25	<b>Gulika</b> 10:07AM – 11:32AM	<b>Ashlesha* Until 12:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:53AM</i>	
		Yama 7:18AM – 8:43AM	Subha Until 2:24PM	<b>Muruqa:</b> Purple <i>Sunset: 5:11PM</i>	Moon 10 - Phase 27
Creative Work	Siddha Yoga	644313464 <b>Rahu</b> 11:32AM – 12:57PM	Vanija Until 11:55AM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Dashami Until 10:38PM</b>	Moon – Blue	<b>Subha Sivaloka Day</b>
				<b>Ashvina•Aipasi</b>	

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau	Kuwait City, Kuwait Sun 9 Sutra 193 Vikarin 5121
Simha Rasi: 10.26	Tithi 26	<b>Gulika</b> 8:43AM – 10:07AM	<b>Magha* Until 10:45AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:54AM</i>	
		Yama 5:54AM – 7:18AM	Sukla Until 11:02AM	<b>Muruqa:</b> Purple <i>Sunset: 5:10PM</i>	Moon 10 - Phase 27
Creative Work	Amrita Yoga	654313464 <b>Rahu</b> 12:57PM – 2:21PM	Bava Until 9:16AM	<b>Nataraja:</b> Purple	2nd Phase
Until 10:45AM			<b>Ekadashi* Until 7:47PM</b>	Moon – Red	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>	

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Kuwait City, Kuwait Sun 10 Sutra 194 Vikarin 5121
Simha Rasi: 25.08	Tithi 27 – 28	<b>Gulika</b> 7:19AM – 8:43AM	<b>Purvaphalguni Until 8:27AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:54AM</i>	
		Yama 2:21PM – 3:45PM	Brahma Until 7:22AM	<b>Muruqa:</b> Purple <i>Sunset: 5:10PM</i>	Moon 10 - Phase 27
Creative Work	Siddha Yoga	655313464 <b>Rahu</b> 10:08AM – 11:32AM	Kaulava Until 6:15AM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Dvadashi* Until 4:38PM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Ashvina•Aipasi</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau	Kuwait City, Kuwait Sun 11 Sutra 195 Vikarin 5121
Kanya Rasi: 10.02	Tithi 28 – 29	<b>Gulika</b> 5:55AM – 7:19AM	<b>Hasta Until 3:19AM Sun</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:55AM</i>	
		Yama 12:56PM – 2:20PM	Vaidhriti* Until 11:34PM	<b>Muruqa:</b> Purple <i>Sunset: 5:09PM</i>	Moon 10 - Phase 27
Routine Work	Marana Yoga	665313464 <b>Rahu</b> 8:43AM – 10:08AM	Visti Until 11:37PM	<b>Nataraja:</b> Purple	2nd Phase
Until 3:19AM Sun			<b>Trayodashi* Until 1:17PM</b>	Moon – Green	<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina•Aipasi</b>	

<b>●</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau	Kuwait City, Kuwait Sun 12 Sutra 196 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:20PM – 3:44PM	<b>Chitra Until 12:48AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:56AM</i>	
Kanya Rasi: 24.59	Tithi 29 – 30	Yama 11:32AM – 12:56PM	Vishkambha* Until 7:40PM	<b>Muruqa:</b> Purple <i>Sunset: 5:08PM</i>	Moon 10 - Phase 27
Creative Work	Siddha Yoga	665313464 <b>Rahu</b> 3:44PM – 5:08PM	Catuspada Until 8:18PM	<b>Nataraja:</b> Purple	Amavasya
Until 12:48AM Mon			<b>Chaturdashy* Until 9:55AM</b>	Moon – Green	<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>	

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau	Kuwait City, Kuwait Sun 13 Sutra 197 Vikarin 5121
Tula Rasi: 9.52	Tithi 30 – 1	<b>Gulika</b> 12:55PM – 2:19PM	<b>Svati Until 10:24PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:56AM</i>	
<b>Family Home Evening</b>		Yama 10:08AM – 11:32AM	Priti Until 3:57PM	<b>Muruqa:</b> Purple <i>Sunset: 5:07PM</i>	Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 <b>Rahu</b> 7:20AM – 8:44AM	Bava Until 3:47AM Tue	<b>Nataraja:</b> Purple	Prathama
Until 10:24PM			<b>Amavasya* Until 6:42AM</b>	Moon – Green	<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kuwait City, Kuwait Sun 14 Sutra 198 Vikarin 5121
Tula Rasi: 24.31	Tithi 2	<b>Gulika</b> 11:32AM – 12:55PM	<b>Vishakha</b> Until 8:42PM	<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i>	
		Yama 8:44AM – 10:08AM	Ayushman Until 12:32PM	<b>Muruqa:</b> Purple <i>Sunset: 5:06PM</i>	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 2:19PM – 3:43PM	Balava Until 2:31PM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 1:21AM Wed	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 8:42PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Kuwait City, Kuwait Sun 15 Sutra 199 Vikarin 5121
Virshika Rasi: 8.49	Tithi 3	<b>Gulika</b> 10:08AM – 11:32AM	<b>Anuradha</b> Until 7:29PM	<b>Ganesha:</b> Clear <i>Sunrise: 5:58AM</i>	
		Yama 7:21AM – 8:45AM	Saubhagya Until 9:34AM	<b>Muruqa:</b> Purple <i>Sunset: 5:05PM</i>	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 11:32AM – 12:55PM	Taitila Until 12:22PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 11:33PM	Moon – Orange	<b>Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau	Kuwait City, Kuwait Sun 16 Sutra 200 Vikarin 5121
Virshika Rasi: 22.4	Tithi 4	<b>Gulika</b> 8:45AM – 10:08AM	<b>Jyeshtha*</b> Until 6:51PM	<b>Ganesha:</b> Clear <i>Sunrise: 5:58AM</i>	
		Yama 5:58AM – 7:22AM	Sobhana Until 7:11AM	<b>Muruqa:</b> Purple <i>Sunset: 5:05PM</i>	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 12:55PM – 2:18PM	Vanija Until 10:57AM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 10:31PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 6:51PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Kuwait City, Kuwait Sun 17 Sutra 201 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 5	<b>Gulika</b> 7:22AM – 8:45AM	<b>Mula*</b> Until 7:20PM	<b>Ganesha:</b> Purple <i>Sunrise: 5:59AM</i>	
		Yama 2:18PM – 3:41PM	Sukarma Until 4:18AM Sat	<b>Muruqa:</b> Purple <i>Sunset: 5:04PM</i>	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 10:08AM – 11:31AM	Bava Until 10:21AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 10:21PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 7:20PM				<b>Kartika•Aipasi</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau	Kuwait City, Kuwait Sun 18 Sutra 202 Vikarin 5121
Dhanus Rasi: 19.01	Tithi 6	<b>Gulika</b> 6:00AM – 7:23AM	<b>Purvashadha*</b> Until 8:31PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:00AM</i>	
		Yama 12:54PM – 2:17PM	Dhriti Until 3:53AM Sun	<b>Muruqa:</b> Purple <i>Sunset: 5:03PM</i>	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 8:46AM – 10:09AM	Kaulava Until 10:37AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 11:02PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 8:31PM		<b>Skanda Shasthi</b>		<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Kuwait City, Kuwait Sun 19 Sutra 203 Vikarin 5121
Makara Rasi: 1.35	Tithi 7	<b>Gulika</b> 2:17PM – 3:40PM	<b>Uttarashadha</b> Until 10:16PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:01AM</i>	
		Yama 11:31AM – 12:54PM	Shula* Until 3:59AM Mon	<b>Muruqa:</b> Purple <i>Sunset: 5:02PM</i>	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 3:40PM – 5:02PM	Gara Until 11:42AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 12:30AM Mon	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Kuwait City, Kuwait Sun 20 Sutra 204 Vikarin 5121
Makara Rasi: 13.49	Tithi 8	<b>Gulika</b> 12:54PM – 2:17PM	<b>Shravana</b> Until 12:57AM Tue	<b>Ganesha:</b> Purple <i>Sunrise: 6:01AM</i>	
<b>Family Home Evening</b>		Yama 10:09AM – 11:31AM	Ganda* Until 4:32AM Tue	<b>Muruqa:</b> Purple <i>Sunset: 5:02PM</i>	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 <b>Rahu</b> 7:24AM – 8:46AM	Visti Until 1:29PM	<b>Nataraja:</b> Purple	Ashtami
Until 12:57AM Tue			<b>Ashtami*</b> Until 2:33AM Tue	Moon – Purple	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Kartika•Aipasi</b>	

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Kuwait City, Kuwait Sun 21 Sutra 205 Vikarin 5121
Makara Rasi: 25.5	Tithi 9	<b>Gulika</b> 11:31AM – 12:54PM	<b>Dhanishtha</b> Until 3:49AM Wed	<b>Ganesha:</b> Purple <i>Sunrise: 6:02AM</i>	
		Yama 8:47AM – 10:09AM	Vriddhi Until 5:21AM Wed	<b>Muruqa:</b> Purple <i>Sunset: 5:01PM</i>	Moon 10 - Phase 28
		696313464 <b>Rahu</b> 2:16PM – 3:39PM	Balava Until 3:45PM	<b>Nataraja:</b> Purple	Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 4:58AM Wed	Moon – Purple	<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila Karana Dashamyam Titau				Kuwait City, Kuwait Sun 22 Sutra 206 Vikarin 5121
	Kumbha Rasi: 7.44	Tithi 10	<b>Gulika</b> 10:09AM – 11:31AM	<b>Shatabhishak</b> Until 6:39AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:03AM	
			Yama 7:25AM – 8:47AM	Dhruva Until 6:14AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	696313464 <b>Rahu</b> 11:31AM – 12:54PM	Taitila Until 6:16PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 7:31AM Thu	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			


<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kuwait City, Kuwait Sun 23 Sutra 207 Vikarin 5121
	Kumbha Rasi: 19.35	Tithi 10 – 11	<b>Gulika</b> 8:47AM – 10:09AM	<b>Shatabhishak</b> Until 6:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:03AM	
			Yama 6:03AM – 7:25AM	Dhruva Until 6:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	796313464 <b>Rahu</b> 12:54PM – 2:16PM	Vanija Until 8:47PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 7:31AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			


<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Kuwait City, Kuwait Sun 24 Sutra 208 Vikarin 5121
	Meena Rasi: 1.28	Tithi 11 – 12	<b>Gulika</b> 7:26AM – 8:48AM	<b>Purvaproshtapada*</b> Until 9:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:04AM	
			Yama 2:15PM – 3:37PM	Vyaghata* Until 7:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 <b>Rahu</b> 10:10AM – 11:32AM	Bava Until 11:08PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi</b> Until 9:58AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kuwait City, Kuwait Sun 25 Sutra 209 Vikarin 5121
	Meena Rasi: 13.26	Tithi 12 – 13	<b>Gulika</b> 6:05AM – 7:27AM	<b>Uttaraproshtapada</b> Until 12:25PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:05AM	
			Yama 12:53PM – 2:15PM	Harshana Until 7:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 <b>Rahu</b> 8:48AM – 10:10AM	Kaulava Until 1:12AM Sun	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi</b> Until 12:11PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kuwait City, Kuwait Sun 26 Sutra 210 Vikarin 5121
	Meena Rasi: 25.31	Tithi 13 – 14	<b>Gulika</b> 2:15PM – 3:36PM	<b>Revati</b> Until 2:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM	
			Yama 11:32AM – 12:53PM	Vajra* Until 8:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29
	Creative Work	Amrita Yoga	716313464 <b>Rahu</b> 3:36PM – 4:58PM	Gara Until 2:52AM Mon	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi</b> Until 2:03PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>6</b>	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kuwait City, Kuwait Sun 27 Sutra 211 Vikarin 5121
	Mesha Rasi: 7.46	Tithi 14 – 15	<b>Gulika</b> 12:53PM – 2:15PM	<b>Ashvini</b> Until 4:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	
	<b>Family Home Evening</b>		Yama 10:10AM – 11:32AM	Siddhi Until 8:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	727313464 <b>Rahu</b> 7:28AM – 8:49AM	Visti Until 4:07AM Tue	<b>Nataraja:</b> Purple		4th Phase
			<b>Chaturdashi*</b> Until 3:32PM	Moon – White		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kuwait City, Kuwait Sutra 212 Vikarin 5121
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:32AM – 12:53PM	<b>Bharani</b> Until 6:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM	
	Mesha Rasi: 20.12	Tithi 15 – 16	Yama 8:50AM – 10:11AM	Vyatipata* Until 8:03AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	727413464 <b>Rahu</b> 2:14PM – 3:36PM	Balava Until 4:57AM Wed	<b>Nataraja:</b> Purple		Purnima
			<b>Purnima*</b> Until 4:34PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

	<b>Wednesday, November 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kuwait City, Kuwait Sutra 213 Vikarin 5121
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:11AM – 11:32AM	<b>Krittika</b> Until 7:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:08AM	
	Vrishabha Rasi: 2.49	Tithi 16 – 17	Yama 7:29AM – 8:50AM	Variyan Until 7:30AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 29
	Creative Work	Amrita Yoga	727413464 <b>Rahu</b> 11:32AM – 12:53PM	Taitila Until 5:22AM Thu	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama*</b> Until 5:11PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kuwait City, Kuwait  
Sun 1 Sutra 214

Vrishabha Rasi: 15.38 Tithi 17 - 18

737413464

**Gulika** 8:50AM - 10:11AM  
**Yama** 6:09AM - 7:30AM  
**Rahu** 12:53PM - 2:14PM

**Rohini** Until 8:14PM  
Parigha\* Until 6:39AM  
Vanija Until 5:23AM Fri  
Dvitiya Until 5:24PM

**Ganesha:** Clear *Sunrise: 6:09AM*  
**Muruqa:** Purple *Sunset: 4:56PM*  
**Nataraja:** Purple  
Moon - Yellow  
**Karttika-Aipasi**

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

1

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Kuwait City, Kuwait  
Sun 2 Sutra 215

Vrishabha Rasi: 28.38 Tithi 18 - 19

737413464

**Gulika** 7:30AM - 8:51AM  
**Yama** 2:14PM - 3:35PM  
**Rahu** 10:12AM - 11:32AM

**Mrigashira** Until 8:38PM  
Siddha Until 4:03AM Sat  
Bava Until 5:02AM Sat  
Tritiya Until 5:14PM

**Ganesha:** Clear *Sunrise: 6:10AM*  
**Muruqa:** Purple *Sunset: 4:55PM*  
**Nataraja:** Purple  
Moon - Yellow  
**Karttika-Aipasi**

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait  
Sun 3 Sutra 216

Mithuna Rasi: 11.49 Tithi 19 - 20

737413464

**Gulika** 6:10AM - 7:31AM  
**Yama** 12:53PM - 2:14PM  
**Rahu** 8:51AM - 10:12AM

**Ardra** Until 8:32PM  
Sadhya Until 2:19AM Sun  
Kaulava Until 4:20AM Sun  
Chaturthi\* Until 4:42PM

**Ganesha:** Clear *Sunrise: 6:10AM*  
**Muruqa:** Purple *Sunset: 4:55PM*  
**Nataraja:** Purple  
Moon - Yellow  
**Karttika-Kartikai**

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kuwait City, Kuwait  
Sun 4 Sutra 217

Mithuna Rasi: 25.12 Tithi 20 - 21

747413465

**Gulika** 2:14PM - 3:34PM  
**Yama** 11:33AM - 12:53PM  
**Rahu** 3:34PM - 4:54PM

**Punarvasu** Until 8:24PM  
Subha Until 12:20AM Mon  
Gara Until 3:17AM Mon  
Panchami Until 3:50PM

**Ganesha:** Purple *Sunrise: 6:11AM*  
**Muruqa:** Purple *Sunset: 4:54PM*  
**Nataraja:** Clear  
Moon - Blue  
**Karttika-Kartikai**

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait  
Sun 5 Sutra 218

Kataka Rasi: 8.47 Tithi 21 - 22

748413465

Family Home Evening

Creative Work Siddha Yoga

**Gulika** 12:53PM - 2:14PM  
**Yama** 10:13AM - 11:33AM  
**Rahu** 7:32AM - 8:52AM

**Pushya** Until 7:46PM  
Sukla Until 10:03PM  
Visti Until 1:53AM Tue  
Shashthi\* Until 2:37PM

**Ganesha:** Clear *Sunrise: 6:12AM*  
**Muruqa:** Purple *Sunset: 4:54PM*  
**Nataraja:** Clear  
Moon - Blue  
**Karttika-Kartikai**

Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

Sivaloka Day

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait  
Sun 6 Sutra 219

Kataka Rasi: 22.33 Tithi 22 - 23

748413465

**Gulika** 11:33AM - 12:53PM  
**Yama** 8:53AM - 10:13AM  
**Rahu** 2:13PM - 3:34PM

**Ashlesha\*** Until 6:40PM  
Brahma Until 7:31PM  
Balava Until 12:10AM Wed  
Saptami Until 1:03PM

**Ganesha:** Clear *Sunrise: 6:13AM*  
**Muruqa:** Purple *Sunset: 4:54PM*  
**Nataraja:** Clear  
Moon - Blue  
**Karttika-Kartikai**

Vikarin 5121  
Moon 11 - Phase 30  
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait  
Sun 7 Sutra 220

Simha Rasi: 6.32 Tithi 23 - 24

758413465

**Gulika** 10:13AM - 11:33AM  
**Yama** 7:33AM - 8:53AM  
**Rahu** 11:33AM - 12:53PM

**Magha\*** Until 5:32PM  
Indra Until 4:44PM  
Taitila Until 10:08PM  
Ashtami\* Until 11:10AM

**Ganesha:** White *Sunrise: 6:13AM*  
**Muruqa:** Purple *Sunset: 4:53PM*  
**Nataraja:** Clear  
Moon - Red  
**Karttika-Kartikai**

Vikarin 5121  
Moon 11 - Phase 30  
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 5:32PM

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Kuwait City, Kuwait Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 20.43	Tithi 24 – 25	<b>Gulika</b> 8:54AM – 10:14AM	<b>Purvaphalguni</b> Until 3:59PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:14AM	
		Yama 6:14AM – 7:34AM	Vaidhriti* Until 1:42PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:53PM	Moon 11 - Phase 31
		758413465 <b>Rahu</b> 12:54PM – 2:13PM	Vanija Until 7:49PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 8:59AM	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Kuwait City, Kuwait Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 5.04	Tithi 25 – 26	<b>Gulika</b> 7:35AM – 8:54AM	<b>Uttaraphalguni</b> Until 2:03PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:15AM	
		Yama 2:13PM – 3:33PM	Vishkambha* Until 10:29AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:53PM	Moon 11 - Phase 31
		758413465 <b>Rahu</b> 10:14AM – 11:34AM	Balava Until 3:57AM Sat	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:33AM	Moon – Red	<b>Subha Sivaloka Day</b>
Until 2:03PM				<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitilla Karana Dvodashyam Titau	Kuwait City, Kuwait Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 19.32	Tithi 27	<b>Gulika</b> 6:16AM – 7:35AM	<b>Hasta</b> Until 12:16PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:16AM	
		Yama 12:54PM – 2:13PM	Priti Until 7:09AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:53PM	Moon 11 - Phase 31
		768413465 <b>Rahu</b> 8:55AM – 10:15AM	Kaulava Until 2:39PM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Dvodashi*</b> Until 1:17AM Sun	Moon – Green	<b>Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Kuwait City, Kuwait Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 4.02	Tithi 28	<b>Gulika</b> 2:13PM – 3:33PM	<b>Chitra</b> Until 10:20AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:17AM	
		Yama 11:34AM – 12:54PM	Saubhagya Until 12:25AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 31
		769413465 <b>Rahu</b> 3:33PM – 4:52PM	Gara Until 11:59AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 10:40PM	Moon – Green	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kuwait City, Kuwait Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 18.3	Tithi 29	<b>Gulika</b> 12:54PM – 2:13PM	<b>Svati</b> Until 8:21AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:17AM	
<b>Family Home Evening</b>		Yama 10:15AM – 11:35AM	Sobhana Until 9:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 31
		769413465 <b>Rahu</b> 7:37AM – 8:56AM	Visti Until 9:26AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 8:14PM	Moon – Green	<b>Devaloka Day</b>
Until 8:21AM				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kuwait City, Kuwait Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 2.47	Tithi 30	<b>Gulika</b> 11:35AM – 12:54PM	<b>Vishakha</b> Until 6:54AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:18AM	
		Yama 8:57AM – 10:16AM	Athiganda* Until 6:20PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 31
		779413465 <b>Rahu</b> 2:14PM – 3:33PM	Catuspada Until 7:09AM	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 6:08PM	Moon – Orange	<b>Devaloka Day</b>
Until 6:54AM				<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kuwait City, Kuwait Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 16.5	Tithi 1 – 2	<b>Gulika</b> 10:16AM – 11:35AM	<b>Jyeshtha*</b> Until 4:53AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:19AM	
		Yama 7:38AM – 8:57AM	Sukarma Until 3:49PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 31
		779413465 <b>Rahu</b> 11:35AM – 12:55PM	Balava Until 3:55AM Thu	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:30PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kuwait City, Kuwait Sun 15 Sutra 228
Dhanus Rasi: 0.32	Tithi 2 – 3	<b>Gulika</b> 8:58AM – 10:17AM	<b>Mula* Until 5:02AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:20AM	Vikarin 5121
		Yama 6:20AM – 7:39AM	Dhriti Until 1:47PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 12:55PM – 2:14PM	Taitila Until 3:15AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 3:29PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 5:02AM Fri				<b>Margasira•Karttikai</b>	
Then Routine Work - Prabalarishta Yoga					

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kuwait City, Kuwait Sun 16 Sutra 229
Dhanus Rasi: 13.51	Tithi 3 – 4	<b>Gulika</b> 7:39AM – 8:58AM	<b>Purvashadha* Until 5:45AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:20AM	Vikarin 5121
		Yama 2:14PM – 3:33PM	Shula* Until 12:16PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:17AM – 11:36AM	Vanija Until 3:19AM Sat	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Tritiya Until 3:10PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 5:45AM Sat				<b>Margasira•Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kuwait City, Kuwait Sun 17 Sutra 230
Dhanus Rasi: 26.47	Tithi 4 – 5	<b>Gulika</b> 6:21AM – 7:40AM	<b>Uttarashadha Until 7:01AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:21AM	Vikarin 5121
		Yama 12:55PM – 2:14PM	Ganda* Until 11:21AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 8:59AM – 10:18AM	Bava Until 4:08AM Sun	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Chaturthi* Until 3:37PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 7:01AM Sun				<b>Margasira•Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kuwait City, Kuwait Sun 18 Sutra 231
Makara Rasi: 9.22	Tithi 5 – 6	<b>Gulika</b> 2:14PM – 3:33PM	<b>Uttarashadha Until 7:01AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:22AM	Vikarin 5121
		Yama 11:37AM – 12:56PM	Vridhhi Until 11:01AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 3:33PM – 4:52PM	Kaulava Until 5:39AM Mon	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 4:47PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
				<b>Margasira•Karttikai</b>	

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila Karana Shashthyam Titau	Kuwait City, Kuwait Sun 19 Sutra 232
Makara Rasi: 21.4	Tithi 6	<b>Gulika</b> 12:56PM – 2:14PM	<b>Shravana Until 9:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:19AM – 11:37AM	Dhruva Until 11:09AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
791413465 <b>Rahu</b> 7:41AM – 9:00AM			Taitila Until 6:35PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Shashthi* Until 6:35PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 9:16AM				<b>Margasira•Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana* Yoga Gara/Vanija Karana Saptamyam Titau	Kuwait City, Kuwait Sun 20 Sutra 233
Kumbha Rasi: 3.44	Tithi 7	<b>Gulika</b> 11:38AM – 12:56PM	<b>Dhanishtha Until 11:51AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM	Vikarin 5121
		Yama 9:01AM – 10:19AM	Vyaghata* Until 11:41AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:15PM – 3:33PM	Gara Until 7:42AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 8:51PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 11:51AM				<b>Margasira•Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Kuwait City, Kuwait Sun 21 Sutra 234
Kumbha Rasi: 15.4	Tithi 8	<b>Gulika</b> 10:20AM – 11:38AM	<b>Shatabhishak Until 2:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM	Vikarin 5121
		Yama 7:43AM – 9:01AM	Harshana Until 12:27PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 11:38AM – 12:56PM	Visti Until 10:05AM	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 11:19PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 2:33PM				<b>Margasira•Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Kuwait City, Kuwait Sun 22 Sutra 235
Kumbha Rasi: 27.33	Tithi 9	<b>Gulika</b> 9:02AM – 10:20AM	<b>Purvaproshtapada* Until 5:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:25AM	Vikarin 5121
		Yama 6:25AM – 7:43AM	Vajra* Until 1:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
		711413465 <b>Rahu</b> 12:57PM – 2:15PM	Balava Until 12:36PM	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga			<b>Navami* Until 1:48AM Fri</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Margasira•Karttikai</b>	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Kuwait City, Kuwait Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 9.27	Tithi 10	<b>Gulika</b> 7:44AM – 9:02AM	<b>Uttaraproshtapada</b> Until 8:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM			
		Yama 2:15PM – 3:34PM	Siddhi Until 1:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 33
		711413465 <b>Rahu</b> 10:21AM – 11:39AM	Taitila Until 3:00PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:05AM Sat	Moon – Clear			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Kuwait City, Kuwait Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 21.26	Tithi 11	<b>Gulika</b> 6:27AM – 7:45AM	<b>Revati</b> Until 10:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM			
		Yama 12:57PM – 2:16PM	Vyatipata* Until 2:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 33
		711513465 <b>Rahu</b> 9:03AM – 10:21AM	Vanija Until 5:07PM	<b>Nataraja:</b> Clear				4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 5:59AM Sun	Moon – Clear			<b>Subha Sivaloka Day</b>	
Until 10:46PM				<b>Margasira-Karttikai</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava Karana Dvadashyam Titau				Kuwait City, Kuwait Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 3.35	Tithi 12	<b>Gulika</b> 2:16PM – 3:34PM	<b>Ashvini</b> Until 12:59AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM			
		Yama 11:40AM – 12:58PM	Varyan Until 2:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 3:34PM – 4:52PM	Bava Until 6:47PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 7:24AM Mon	Moon – White			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kuwait City, Kuwait Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 15.55	Tithi 12 – 13	<b>Gulika</b> 12:58PM – 2:16PM	<b>Bharani</b> Until 2:30AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM			
<b>Family Home Evening</b>		Yama 10:22AM – 11:40AM	Parigha* Until 2:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 7:46AM – 9:04AM	Kaulava Until 7:55PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 7:24AM	Moon – White			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kuwait City, Kuwait Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 28.31	Tithi 13 – 14	<b>Gulika</b> 11:41AM – 12:59PM	<b>Krittika</b> Until 3:18AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM			
		Yama 9:05AM – 10:23AM	Shiva Until 1:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 2:17PM – 3:35PM	Gara Until 8:29PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 8:15AM	Moon – White			<b>Sivaloka Day</b>	
		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>				

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kuwait City, Kuwait Sutra 241 Vikarin 5121
Virshabha Rasi: 11.22	Tithi 14 – 15	<b>Gulika</b> 10:23AM – 11:41AM	<b>Rohini</b> Until 3:52AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM			
		Yama 7:47AM – 9:05AM	Siddha Until 12:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM			Moon 11 - Phase 33
		731523465 <b>Rahu</b> 11:41AM – 12:59PM	Visti Until 8:28PM	<b>Nataraja:</b> Clear				Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:31AM	Moon – Yellow			<b>Sivaloka Day</b>	
Until 3:52AM Thu				<b>Margasira-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kuwait City, Kuwait Sutra 242 Vikarin 5121		
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:06AM – 10:24AM	<b>Mrigashira</b> Until 3:48AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM			
Virshabha Rasi: 24.3	Tithi 15 – 16	Yama 6:30AM – 7:48AM	Sadhya Until 11:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM			Moon 11 - Phase 33
		732523465 <b>Rahu</b> 12:59PM – 2:17PM	Balava Until 7:55PM	<b>Nataraja:</b> Clear				Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 8:14AM	Moon – Yellow			<b>Devaloka Day</b>	
Until 3:48AM Fri		<b>Vinayaga Viratam Begins</b>		<b>Margasira-Karttikai</b>				
Then Creative Work - Siddha Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kuwait City, Kuwait

Sutra 243

Vikarin 5121

Mithuna Rasi: 7.54 Tithi 16 - 17

732523465

Gulika 7:48AM - 9:06AM  
Yama 2:18PM - 3:35PM  
Rahu 10:24AM - 11:42AM

Ardra Until 3:09AM Sat

Subha Until 9:28AM

Taitila Until 6:56PM

Prathama\* Until 7:27AM

Ganesha: Clear Sunrise: 6:31AM  
Muruga: Clear Sunset: 4:53PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Visli\* Karana Dvitiya/Tritiyayam Titau

Kuwait City, Kuwait

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 21.32 Tithi 17 - 18

742523465

Gulika 6:31AM - 7:49AM  
Yama 1:00PM - 2:18PM  
Rahu 9:07AM - 10:25AM

Punarvasu Until 2:29AM Sun

Sukla Until 7:15AM

Visti Until 4:45AM Sun

Dvitiya Until 6:16AM

Ganesha: Purple Sunrise: 6:31AM  
Muruga: Clear Sunset: 4:54PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturtham Titau

Kuwait City, Kuwait

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 5.22 Tithi 19

742523465

Gulika 2:18PM - 3:36PM  
Yama 11:43AM - 1:01PM  
Rahu 3:36PM - 4:54PM

Pushya Until 1:25AM Mon

Indra Until 2:11AM Mon

Bava Until 3:55PM

Chaturthi\* Until 3:00AM Mon

Ganesha: Purple Sunrise: 6:32AM  
Muruga: Clear Sunset: 4:54PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kuwait City, Kuwait

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 19.2 Tithi 20

742523465

Gulika 1:01PM - 2:19PM  
Yama 10:26AM - 11:43AM  
Rahu 7:50AM - 9:08AM

Ashlesha\* Until 12:02AM Tue

Vaidhriti\* Until 11:24PM

Kaulava Until 2:04PM

Panchami Until 1:04AM Tue

Ganesha: Purple Sunrise: 6:33AM  
Muruga: Clear Sunset: 4:54PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthiyam Titau

Kuwait City, Kuwait

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 3.25 Tithi 21

852523465

Gulika 11:44AM - 1:02PM  
Yama 9:09AM - 10:26AM  
Rahu 2:19PM - 3:37PM

Magha\* Until 10:50PM

Vishkambha\* Until 8:33PM

Gara Until 12:06PM

Shashthi\* Until 11:03PM

Ganesha: Purple Sunrise: 6:33AM  
Muruga: Clear Sunset: 4:55PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saplamyam Titau

Kuwait City, Kuwait

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 17.32 Tithi 22

852523465

Gulika 10:27AM - 11:44AM  
Yama 7:51AM - 9:09AM  
Rahu 11:44AM - 1:02PM

Purvaphalguni Until 9:27PM

Priti Until 5:40PM

Visti Until 10:02AM

Saptami Until 8:59PM

Ganesha: Purple Sunrise: 6:34AM  
Muruga: Clear Sunset: 4:55PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kuwait City, Kuwait

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 1.42 Tithi 23

852523465

Gulika 9:10AM - 10:27AM  
Yama 6:34AM - 7:52AM  
Rahu 1:03PM - 2:20PM

Uttaraphalguni Until 7:55PM

Ayushman Until 2:44PM

Balava Until 7:57AM

Ashtami\* Until 6:54PM

Ganesha: Purple Sunrise: 6:34AM  
Muruga: Clear Sunset: 4:56PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 7:55PM

Then Routine Work - Marana Yoga

Moon 12 - Phase 34

Ashtami

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kuwait City, Kuwait

Sun 7 Sutra 250

Vikarin 5121

Kanya Rasi: 15.51 Tithi 24 - 25

862523465

Gulika 7:52AM - 9:10AM  
Yama 2:21PM - 3:38PM  
Rahu 10:28AM - 11:45AM

Hasta Until 6:41PM

Saubhagya Until 11:50AM

Vanija Until 3:51AM Sat

Navami\* Until 4:50PM

Ganesha: Clear Sunrise: 6:35AM  
Muruga: Clear Sunset: 4:56PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 6:41PM

Then Creative Work - Siddha Yoga

Moon 12 - Phase 34

Navami

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Saturday, December 21, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kuwait City, Kuwait Sun 8 Sutra 251
Kanya Rasi: 29.59	Tithi 25 – 26	862523465	<b>Gulika</b> 6:35AM – 7:53AM <b>Yama</b> 1:04PM – 2:21PM <b>Rahu</b> 9:11AM – 10:28AM	<b>Chitra</b> Until 5:22PM Sobhana Until 8:59AM Bava Until 1:54AM Sun	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 6:35AM <i>Sunset:</i> 4:57PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase
Routine Work	Marana Yoga		<b>Day 1 of Pancha Ganapati</b>	<b>Dashami</b> Until 2:51PM	<b>Margasira-Markali</b>		<b>Devaloka Day</b>
Until 5:22PM							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, December 22, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kuwait City, Kuwait Sun 9 Sutra 252
Tula Rasi: 14.02	Tithi 26 – 27	862523465	<b>Gulika</b> 2:22PM – 3:39PM <b>Yama</b> 11:46AM – 1:04PM <b>Rahu</b> 3:39PM – 4:57PM	<b>Svati</b> Until 4:03PM Athiganda* Until 6:12AM Kaulava Until 12:07AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 6:36AM <i>Sunset:</i> 4:57PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase
Creative Work	Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>	<b>Ekadashi*</b> Until 12:58PM	<b>Margasira-Markali</b>		<b>Devaloka Day</b>
Until 4:03PM							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, December 23, 2019</b>				Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kuwait City, Kuwait Sun 10 Sutra 253
Tula Rasi: 28	Tithi 27 – 28	872523465	<b>Gulika</b> 1:05PM – 2:22PM <b>Yama</b> 10:29AM – 11:47AM <b>Rahu</b> 7:54AM – 9:12AM	<b>Vishakha</b> Until 3:13PM Dhriti Until 1:07AM Tue Gara Until 10:34PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<i>Sunrise:</i> 6:36AM <i>Sunset:</i> 4:58PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase
Family Home Evening	Marana Yoga		<b>Day 3 of Pancha Ganapati</b>	<b>Dvadashi*</b> Until 11:17AM	<b>Margasira-Markali</b>		<b>Bhuloka Day</b>
Until 3:13PM							Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							

<b>4</b>		<b>Tuesday, December 24, 2019</b>				Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kuwait City, Kuwait Sun 11 Sutra 254
Vrischika Rasi: 11.48	Tithi 28 – 29	872523465	<b>Gulika</b> 11:47AM – 1:05PM <b>Yama</b> 9:12AM – 10:30AM <b>Rahu</b> 2:23PM – 3:40PM	<b>Anuradha</b> Until 2:31PM Shula* Until 10:54PM Visti Until 9:19PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<i>Sunrise:</i> 6:37AM <i>Sunset:</i> 4:58PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase
Creative Work	Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>	<b>Trayodashi*</b> Until 9:52AM	<b>Margasira-Markali</b>		<b>Bhuloka Day</b>
Until 2:31PM							Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 25, 2019</b>				Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kuwait City, Kuwait Sun 12 Sutra 255
Vrischika Rasi: 25.25	Tithi 29 – 30	872523465	<b>Gulika</b> 10:30AM – 11:48AM <b>Yama</b> 7:55AM – 9:13AM <b>Rahu</b> 11:48AM – 1:06PM	<b>Jyeshtha*</b> Until 2:02PM Ganda* Until 9:02PM Catuspada Until 8:29PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<i>Sunrise:</i> 6:37AM <i>Sunset:</i> 4:59PM	Vikarin 5121 Moon 12 - Phase 35 Amavasya
Creative Work	Siddha Yoga		<b>Day 5 of Pancha Ganapati</b>	<b>Chaturdashi*</b> Until 8:49AM	<b>Margasira-Markali</b>		<b>Bhuloka Day</b>
Until 2:02PM							Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>				Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kuwait City, Kuwait Sun 13 Sutra 256
Dhanus Rasi: 8.46	Tithi 30 – 1	883523465	<b>Gulika</b> 9:13AM – 10:31AM <b>Yama</b> 6:38AM – 7:55AM <b>Rahu</b> 1:06PM – 2:24PM	<b>Mula*</b> Until 2:19PM Vriddhi Until 7:34PM Kintughna Until 8:09PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<i>Sunrise:</i> 6:38AM <i>Sunset:</i> 4:59PM	Vikarin 5121 Moon 12 - Phase 35 Prathama
Creative Work	Siddha Yoga		<b>Annular Solar Eclipse</b>	<b>Amavasya*</b> Until 8:14AM	<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kuwait City, Kuwait Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 21.5	Tithi 1 – 2	<b>Gulika</b> 7:56AM – 9:14AM	<b>Purvashadha* Until 2:59PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:38AM	
		Yama 2:24PM – 3:42PM	Dhruva Until 6:31PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:00PM	Moon 12 - Phase 36
	883523466	<b>Rahu</b> 10:31AM – 11:49AM	Balava Until 8:22PM	<b>Nataraja:</b> Orange	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 8:10AM</b>	<b>Moon – Light Blue</b>	<b>Devaloka Day</b>
Until 2:59PM				<b>Pausha-Markali</b>	
Then Routine Work - Marana Yoga					
<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kuwait City, Kuwait Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 4.37	Tithi 2 – 3	<b>Gulika</b> 6:38AM – 7:56AM	<b>Uttarashadha Until 4:04PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:38AM	
		Yama 1:07PM – 2:25PM	Vyaghata* Until 5:56PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:00PM	Moon 12 - Phase 36
	883523466	<b>Rahu</b> 9:14AM – 10:32AM	Taitila Until 9:12PM	<b>Nataraja:</b> Orange	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 8:42AM</b>	<b>Moon – Light Blue</b>	<b>Devaloka Day</b>
Until 4:04PM				<b>Pausha-Markali</b>	
Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kuwait City, Kuwait Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 17.08	Tithi 3 – 4	<b>Gulika</b> 2:25PM – 3:43PM	<b>Shravana Until 6:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:39AM	
		Yama 11:50AM – 1:08PM	Harshana Until 5:48PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM	Moon 12 - Phase 36
	893523466	<b>Rahu</b> 3:43PM – 5:01PM	Vanija Until 10:37PM	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 9:49AM</b>	<b>Moon – Purple</b>	<b>Devaloka Day</b>
Until 6:02PM				<b>Pausha-Markali</b>	
Then Routine Work - Marana Yoga					
<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kuwait City, Kuwait Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 29.25	Tithi 4 – 5	<b>Gulika</b> 1:08PM – 2:26PM	<b>Dhanishtha Until 8:20PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:39AM	
<b>Family Home Evening</b>		Yama 10:33AM – 11:50AM	Vajra* Until 6:03PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:02PM	Moon 12 - Phase 36
	893523466	<b>Rahu</b> 7:57AM – 9:15AM	Bava Until 12:31AM Tue	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:29AM</b>	<b>Moon – Purple</b>	<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	
<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kuwait City, Kuwait Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 5 – 6	<b>Gulika</b> 11:51AM – 1:09PM	<b>Shatabhishak Until 10:50PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:39AM	
		Yama 9:15AM – 10:33AM	Siddhi Until 6:36PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:02PM	Moon 12 - Phase 36
	893523466	<b>Rahu</b> 2:27PM – 3:44PM	Kaulava Until 2:48AM Wed	<b>Nataraja:</b> Orange	3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 1:36PM</b>	<b>Moon – Purple</b>	<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	
<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kuwait City, Kuwait Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 23.28	Tithi 6 – 7	<b>Gulika</b> 10:34AM – 11:52AM	<b>Purvaproshtapada* Until 1:54AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:40AM	
		Yama 7:58AM – 9:16AM	Vyatipata* Until 7:21PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:04PM	Moon 12 - Phase 36
	813623466	<b>Rahu</b> 11:52AM – 1:10PM	Gara Until 5:17AM Thu	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:01PM</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>
Until 1:54AM Thu				<b>Pausha-Markali</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>			
<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija Karana Saplamyam Titau	Kuwait City, Kuwait Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 5.21	Tithi 7	<b>Gulika</b> 9:16AM – 10:34AM	<b>Uttaraproshtapada Until 4:48AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:40AM	
		Yama 6:40AM – 7:58AM	Variyan Until 8:08PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:04PM	Moon 12 - Phase 36
	813623466	<b>Rahu</b> 1:10PM – 2:28PM	Vanija Until 6:31PM	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:31PM</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>
				<b>Pausha-Markali</b>	Devaloka Time: 3:PM to 6:PM
<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Kuwait City, Kuwait Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 17.15	Tithi 8	<b>Gulika</b> 7:59AM – 9:17AM	<b>Revati Until 7:23AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:40AM	
		Yama 2:29PM – 3:47PM	Parigha* Until 8:51PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:05PM	Moon 12 - Phase 36
	813623466	<b>Rahu</b> 10:35AM – 11:53AM	Visti Until 7:46AM	<b>Nataraja:</b> Orange	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:55PM</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>
				<b>Pausha-Markali</b>	Devaloka Time: 3:PM to 6:PM
<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Kuwait City, Kuwait Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 29.13	Tithi 9	<b>Gulika</b> 6:41AM – 7:59AM	<b>Revati Until 7:23AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:41AM	
		Yama 1:11PM – 2:30PM	Shiva Until 9:21PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:06PM	Moon 12 - Phase 36
	813623466	<b>Rahu</b> 9:17AM – 10:35AM	Balava Until 10:02AM	<b>Nataraja:</b> Orange	Navami
Routine Work	Prabalarishta Yoga		<b>Navami* Until 11:01PM</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>
Until 7:23AM				<b>Pausha-Markali</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Kuwait City, Kuwait Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 11.2	Tithi 10	<b>Gulika</b> 2:30PM – 3:48PM	<b>Ashvini</b> Until 9:54AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:41AM	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 37
		Yama 11:54AM – 1:12PM	Siddha Until 9:27PM	<b>Muruqa:</b> Clear		4th Phase
	823623466	<b>Rahu</b> 3:48PM – 5:07PM	Taitila Until 11:54AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 9:54AM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami</b> Until 12:36AM Mon	<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						
<b>2 Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Kuwait City, Kuwait Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 23.4	Tithi 11	<b>Gulika</b> 1:12PM – 2:31PM	<b>Bharani</b> Until 11:44AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:41AM	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 37
<b>Family Home Evening</b>		Yama 10:36AM – 11:54AM	Sadhya Until 9:06PM	<b>Muruqa:</b> Clear		4th Phase
Creative Work	Siddha Yoga	823623466 <b>Rahu</b> 7:59AM – 9:18AM	Vanija Until 1:11PM	<b>Nataraja:</b> Orange		
Until 11:44AM		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 1:33AM Tue	Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		
<b>3 Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Kuwait City, Kuwait Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 6.17	Tithi 12	<b>Gulika</b> 11:55AM – 1:13PM	<b>Krittika</b> Until 12:45PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:41AM	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 37
		Yama 9:18AM – 10:36AM	Subha Until 8:13PM	<b>Muruqa:</b> Clear		4th Phase
	823623466	<b>Rahu</b> 2:31PM – 3:50PM	Bava Until 1:47PM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 12:45PM			<b>Dvadashi</b> Until 1:47AM Wed	<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						
<b>4 Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kuwait City, Kuwait Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 19.16	Tithi 13	<b>Gulika</b> 10:37AM – 11:55AM	<b>Rohini</b> Until 1:22PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 37
		Yama 8:00AM – 9:18AM	Sukla Until 8:44PM	<b>Muruqa:</b> Clear		4th Phase
	833623466	<b>Rahu</b> 11:55AM – 1:13PM	Kaulava Until 1:38PM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Yellow		<b>Bhuloka Day</b>
			<b>Trayodashi</b> Until 1:17AM Thu	<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
			<i>Pradosha Vrata</i>			
<b>5 Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Kuwait City, Kuwait Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 2.37	Tithi 14	<b>Gulika</b> 9:18AM – 10:37AM	<b>Mrigashira</b> Until 1:09PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:41AM	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 37
		Yama 6:41AM – 8:00AM	Brahma Until 4:44PM	<b>Muruqa:</b> Clear		4th Phase
	834623466	<b>Rahu</b> 1:14PM – 2:33PM	Gara Until 12:48PM	<b>Nataraja:</b> Orange		
Routine Work	Marana Yoga			Moon – Yellow		<b>Devaloka Day</b>
			<b>Chaturdashi*</b> Until 12:07AM Fri	<b>Pausha-Markali</b>		
<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Kuwait City, Kuwait Sutra 271 Vikarin 5121
Mithuna Rasi: 16.19	Tithi 15	<b>Gulika</b> 8:00AM – 9:19AM	<b>Ardra</b> Until 12:10PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:41AM	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 37
		Yama 2:33PM – 3:52PM	Indra Until 2:16PM	<b>Muruqa:</b> Clear		Purnima
	834623466	<b>Rahu</b> 10:37AM – 11:56AM	Visti Until 11:19AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>	<b>Purnima*</b> Until 10:22PM	<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				
<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Kuwait City, Kuwait Sutra 272 Vikarin 5121
Kataka Rasi: 0.22	Tithi 16	<b>Gulika</b> 6:41AM – 8:00AM	<b>Punarvasu</b> Until 10:59AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 37
		Yama 1:15PM – 2:34PM	Vaidhriti* Until 11:22AM	<b>Muruqa:</b> Clear		Prathama
	844623466	<b>Rahu</b> 9:19AM – 10:37AM	Balava Until 9:20AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Blue		<b>Sivaloka Day</b>
			<b>Prathama*</b> Until 8:10PM	<b>Pausha-Markali</b>		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 14.41 Tithi 17 – 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\* Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:34PM – 3:53PM  
**Yama** 11:57AM – 1:15PM  
**Rahu** 3:53PM – 5:12PM

**Pushya Until 9:17AM**  
**Vishkambha\* Until 8:12AM**  
**Taitila Until 6:58AM**  
**Dvitiya Until 5:40PM**

**Ganesha:** White *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 5:12PM*  
**Nataraja:** Orange  
Moon – Blue  
**Pausha-Markali**

Kuwait City, Kuwait  
Sun 1 Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

1

Monday, January 13, 2020

Kataka Rasi: 29.1 Tithi 18 – 19

844623466

Family Home Evening

Creative Work Siddha Yoga

Until 7:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 1:16PM – 2:35PM  
**Yama** 10:38AM – 11:57AM  
**Rahu** 8:00AM – 9:19AM

**Ashlesha\* Until 7:13AM**  
**Ayushman Until 1:24AM Tue**  
**Bava Until 1:39AM Tue**  
**Tritiya Until 2:59PM**

**Ganesha:** White *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 5:13PM*  
**Nataraja:** Orange  
Moon – Blue  
**Pausha-Markali**

Kuwait City, Kuwait  
Sun 2 Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

2

Tuesday, January 14, 2020

Simha Rasi: 13.43 Tithi 19 – 20

854623466

Creative Work Siddha Yoga

Until 3:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:57AM – 1:16PM  
**Yama** 9:19AM – 10:38AM  
**Rahu** 2:35PM – 3:55PM

**Purvaphalguni Until 3:23AM Wed**  
**Saubhagya Until 9:58PM**  
**Kaulava Until 10:57PM**  
**Chaturthi\* Until 12:16PM**

**Ganesha:** Clear *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 5:14PM*  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Thai**

Kuwait City, Kuwait  
Sun 3 Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

3

Wednesday, January 15, 2020

Simha Rasi: 28.14 Tithi 20 – 21

854623466

Creative Work Amrita Yoga

Until 1:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:39AM – 11:58AM  
**Yama** 8:00AM – 9:19AM  
**Rahu** 11:58AM – 1:17PM

**Uttaraphalguni Until 1:26AM Thu**  
**Sobhana Until 6:40PM**  
**Gara Until 8:24PM**  
**Panchami Until 9:38AM**

**Ganesha:** Clear *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 5:14PM*  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Thai**

Kuwait City, Kuwait  
Sun 4 Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

4

Thursday, January 16, 2020

Kanya Rasi: 12.38 Tithi 21 – 22

864623466

Routine Work Marana Yoga

Until 12:00AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:19AM – 10:39AM  
**Yama** 6:41AM – 8:00AM  
**Rahu** 1:17PM – 2:37PM

**Hasta Until 12:00AM Fri**  
**Athiganda\* Until 3:30PM**  
**Visti Until 6:04PM**  
**Shashthi\* Until 7:11AM**

**Ganesha:** Purple *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 5:15PM*  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Kuwait City, Kuwait  
Sun 5 Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 26.52 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 8:00AM – 9:20AM  
**Yama** 2:37PM – 3:57PM  
**Rahu** 10:39AM – 11:58AM

**Chitra Until 10:43PM**  
**Sukarma Until 12:35PM**  
**Balava Until 4:01PM**  
**Ashtami\* Until 3:06AM Sat**

**Ganesha:** Purple *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 5:16PM*  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Kuwait City, Kuwait  
Sun 6 Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

**Sivaloka Day**

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 10.53 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 6:41AM – 8:00AM  
**Yama** 1:18PM – 2:38PM  
**Rahu** 9:20AM – 10:39AM

**Svati Until 9:39PM**  
**Dhriti Until 9:56AM**  
**Taitila Until 2:19PM**  
**Navami\* Until 1:35AM Sun**

**Ganesha:** Purple *Sunrise: 6:41AM*  
**Muruqa:** Clear *Sunset: 5:17PM*  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Kuwait City, Kuwait  
Sun 7 Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

**Sivaloka Day**

<b>1</b>	<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Dashamyam Titau				Kuwait City, Kuwait Sun 8 Sutra 280 Vikarin 5121
	Tula Rasi: 24.41	Tithi 25	<b>Gulika</b> 2:38PM – 3:58PM	<b>Vishakha</b> Until 9:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	
			Yama 11:59AM – 1:19PM	Shula* Until 7:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	874623466 <b>Rahu</b> 3:58PM – 5:18PM	Vanija Until 12:58PM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dashami</b> Until 12:26AM Mon	Moon – Orange		<b>Devaloka Day</b>	
				Pausha*Thai			

<b>2</b>	<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Kuwait City, Kuwait Sun 9 Sutra 281 Vikarin 5121
	Vrischika Rasi: 8.16	Tithi 26	<b>Gulika</b> 1:19PM – 2:39PM	<b>Anuradha</b> Until 9:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	
	<b>Family Home Evening</b>		Yama 10:40AM – 11:59AM	Vriddhi Until 3:45AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	874623466 <b>Rahu</b> 8:00AM – 9:20AM	Bava Until 12:01PM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Ekadashi*</b> Until 11:40PM	Moon – Orange		<b>Devaloka Day</b>	
				Pausha*Thai			

<b>3</b>	<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Kuwait City, Kuwait Sun 10 Sutra 282 Vikarin 5121
	Vrischika Rasi: 21.37	Tithi 27	<b>Gulika</b> 12:00PM – 1:20PM	<b>Jyeshtha*</b> Until 9:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:40AM	
			Yama 9:20AM – 10:40AM	Dhruva Until 2:17AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	875623466 <b>Rahu</b> 2:39PM – 3:59PM	Kaulava Until 11:27AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dvadashi*</b> Until 11:18PM	Moon – Orange		<b>Bhuloka Day</b>	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Kuwait City, Kuwait Sun 11 Sutra 283 Vikarin 5121
	Dhanus Rasi: 4.46	Tithi 28	<b>Gulika</b> 10:40AM – 12:00PM	<b>Mula*</b> Until 9:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:40AM	
			Yama 8:00AM – 9:20AM	Vyaghata* Until 1:10AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 <b>Rahu</b> 12:00PM – 1:20PM	Gara Until 11:18AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Trayodashi*</b> Until 11:21PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kuwait City, Kuwait Sun 12 Sutra 284 Vikarin 5121
	Dhanus Rasi: 17.41	Tithi 29	<b>Gulika</b> 9:20AM – 10:40AM	<b>Purvashadha*</b> Until 10:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:39AM	
			Yama 6:39AM – 8:00AM	Harshana Until 12:23AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	885623466 <b>Rahu</b> 1:20PM – 2:41PM	Visti Until 11:34AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Chaturdashi*</b> Until 11:50PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

	<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kuwait City, Kuwait Sun 13 Sutra 285 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 7:59AM – 9:20AM	<b>Uttarashadha</b> Until 12:07AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:39AM	
	Makara Rasi: 0.25	Tithi 30	Yama 2:41PM – 4:01PM	Vajra* Until 11:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 <b>Rahu</b> 10:40AM – 12:00PM	Catuspada Until 12:15PM	<b>Nataraja:</b> Orange		Amavasya
			<b>Amavasya*</b> Until 12:44AM Sat	Moon – Light Blue		<b>Bhuloka Day</b>	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

	<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Kuwait City, Kuwait Sun 14 Sutra 286 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 6:39AM – 7:59AM	<b>Shravana</b> Until 2:08AM Sun	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:39AM	
	Makara Rasi: 12.57	Tithi 1	Yama 1:21PM – 2:42PM	Siddhi Until 11:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	995623466 <b>Rahu</b> 9:20AM – 10:40AM	Kintughna Until 1:23PM	<b>Nataraja:</b> Orange		Prathama
			<b>Prathama*</b> Until 2:05AM Sun	Moon – Purple		<b>Bhuloka Day</b>	
				Magha*Thai		Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kuwait City, Kuwait Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 25.18	Tithi 2	<b>Gulika</b> 2:42PM – 4:03PM	<b>Dhanishtha</b> Until 4:21AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:38AM			
		Yama 12:01PM – 1:21PM	Vyatipata* Until 11:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:23PM		Moon 1 - Phase 40	
		995723466 <b>Rahu</b> 4:03PM – 5:23PM	Balava Until 2:56PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 3:50AM Mon	Moon – Purple		<b>Devaloka Day</b>		
Until 4:21AM Mon				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Kuwait City, Kuwait Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 7.29	Tithi 3	<b>Gulika</b> 1:22PM – 2:43PM	<b>Shatabhishak</b> Until 6:45AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:38AM			
<b>Family Home Evening</b>		Yama 10:40AM – 12:01PM	Variyan Until 12:23AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:24PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 7:59AM – 9:19AM	Taitila Until 4:52PM	<b>Nataraja:</b> Orange			3rd Phase	
Until 6:45AM Tue			<b>Tritiya</b> Until 5:56AM Tue	Moon – Purple		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>				

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Parigha* Yoga Vanija Karana Chaturthyam Titau				Kuwait City, Kuwait Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 19.32	Tithi 4	<b>Gulika</b> 12:01PM – 1:22PM	<b>Shatabhishak</b> Until 6:45AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:37AM			
		Yama 9:19AM – 10:40AM	Parigha* Until 1:02AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:25PM		Moon 1 - Phase 40	
		995723466 <b>Rahu</b> 2:43PM – 4:04PM	Vanija Until 7:06PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi</b> Until 8:18AM Wed	Moon – Purple		<b>Devaloka Day</b>		
				<b>Magha-Thai</b>				

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Kuwait City, Kuwait Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 1.28	Tithi 4 – 5	<b>Gulika</b> 10:40AM – 12:01PM	<b>Purvaprosnthapada*</b> Until 9:44AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:37AM			
		Yama 7:58AM – 9:19AM	Shiva Until 1:51AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 12:01PM – 1:23PM	Bava Until 9:34PM	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 8:18AM	Moon – Clear		<b>Sivaloka Day</b>		
Until 9:44AM				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosnthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Kuwait City, Kuwait Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 13.21	Tithi 5 – 6	<b>Gulika</b> 9:19AM – 10:40AM	<b>Uttaraprosnthapada</b> Until 12:41PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:36AM			
		Yama 6:36AM – 7:58AM	Siddha Until 2:40AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 1:23PM – 2:44PM	Kaulava Until 12:06AM Fri	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 10:49AM	Moon – Clear		<b>Sivaloka Day</b>		
				<b>Magha-Thai</b>				

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kuwait City, Kuwait Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 25.14	Tithi 6 – 7	<b>Gulika</b> 7:57AM – 9:19AM	<b>Revati</b> Until 3:26PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:36AM			
		Yama 2:45PM – 4:06PM	Sadhya Until 3:25AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM		Moon 1 - Phase 40	
		916723466 <b>Rahu</b> 10:40AM – 12:02PM	Gara Until 2:32AM Sat	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:19PM	Moon – Clear		<b>Devaloka Day</b>		
Until 3:26PM				<b>Magha-Thai</b>				
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Kuwait City, Kuwait Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 7.09	Tithi 7 – 8	<b>Gulika</b> 6:36AM – 7:57AM	<b>Ashvini</b> Until 6:20PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:36AM			
		Yama 1:23PM – 2:45PM	Subha Until 3:57AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 9:19AM – 10:40AM	Vistil Until 4:40AM Sun	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 3:38PM	Moon – White		<b>Bhuloka Day</b>		
				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kuwait City, Kuwait Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 19.12	Tithi 8 – 9	<b>Gulika</b> 2:45PM – 4:07PM	<b>Bharani</b> Until 8:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:35AM			
		Yama 12:02PM – 1:23PM	Sukla Until 4:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 4:07PM – 5:28PM	Balava Until 6:18AM Mon	<b>Nataraja:</b> Orange			Ashtami	
Routine Work	Prabalarishta Yoga		<b>Ashtami*</b> Until 5:32PM	Moon – White		<b>Bhuloka Day</b>		
Until 8:39PM				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga								


<b>Retreat Star</b>		<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Kuwait City, Kuwait Sun 23 Sutra 295 Vikarin 5121
Vrishabha Rasi: 1.28	Tithi 9	<b>Gulika</b> 1:24PM – 2:46PM	<b>Krittika</b> Until 10:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:35AM			
<b>Family Home Evening</b>		Yama 10:40AM – 12:02PM	Brahma Until 3:42AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM		Moon 1 - Phase 40	
Routine Work	Marana Yoga	926723466 <b>Rahu</b> 7:57AM – 9:18AM	Balava Until 6:18AM	<b>Nataraja:</b> Orange			Navami	
Until 10:12PM			<b>Navami*</b> Until 6:50PM	Moon – White		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>1</b>	<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Kuwait City, Kuwait
	Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau						Sun 24 Sutra 296
	Wishabha Rasi: 14.01	Tithi 10	<b>Gulika</b> 12:02PM – 1:24PM	<b>Rohini</b> Until 11:20PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:34AM	Vikarin 5121
	936723467		Yama 9:18AM – 10:40AM	Indra Until 2:44AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 41
		<b>Rahu</b> 2:46PM – 4:08PM	Taitila Until 7:13AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 7:21PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 11:20PM				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Kuwait City, Kuwait
	Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 25 Sutra 297
	Wishabha Rasi: 26.58	Tithi 11	<b>Gulika</b> 10:40AM – 12:02PM	<b>Mrigashira</b> Until 11:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:34AM	Vikarin 5121
	936723467		Yama 7:56AM – 9:18AM	Vaidhriti* Until 1:05AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 41
		<b>Rahu</b> 12:02PM – 1:24PM	Vanija Until 7:19AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:02PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Magha-Thai</b>			

<b>3</b>	<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Kuwait City, Kuwait
	Ardra Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau						Sun 26 Sutra 298
	Mithuna Rasi: 10.2	Tithi 12 – 13	<b>Gulika</b> 9:18AM – 10:40AM	<b>Ardra</b> Until 10:41PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:33AM	Vikarin 5121
	936723467		Yama 6:33AM – 7:55AM	Vishkambha* Until 10:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 41
		<b>Rahu</b> 1:25PM – 2:47PM	Bava Until 6:35AM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 5:54PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 10:41PM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Kuwait City, Kuwait
	Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 27 Sutra 299
	Mithuna Rasi: 24.1	Tithi 13 – 14	<b>Gulika</b> 7:55AM – 9:17AM	<b>Punarvasu</b> Until 9:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:32AM	Vikarin 5121
	947723467		Yama 2:47PM – 4:10PM	Priti Until 7:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 41
		<b>Rahu</b> 10:40AM – 12:02PM	Gara Until 2:50AM Sat	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 4:00PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 9:28PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

	<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Kuwait City, Kuwait
	<b>Copper Retreat Star</b>		Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 300
	Kataka Rasi: 8.26	Tithi 14 – 15	<b>Gulika</b> 6:32AM – 7:54AM	<b>Pushya</b> Until 7:31PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:32AM	Vikarin 5121
	947723467		Yama 1:25PM – 2:48PM	Ayushman Until 4:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 41
		<b>Rahu</b> 9:17AM – 10:40AM	Visti Until 12:03AM Sun	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:29PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 7:31PM		<b>Thai Pusam</b>		<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Kuwait City, Kuwait
	<b>Silver Retreat Star</b>		Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 301
	Kataka Rasi: 23.05	Tithi 15 – 16	<b>Gulika</b> 2:48PM – 4:11PM	<b>Ashlesha*</b> Until 5:01PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:31AM	Vikarin 5121
	947723467		Yama 12:02PM – 1:25PM	Saubhagya Until 12:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41
		<b>Rahu</b> 4:11PM – 5:34PM	Balava Until 8:54PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 10:30AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 5:01PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Alhiganda\* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Kuwait City, Kuwait

Sutra 302

Simha Rasi: 7.59 Tithi 16 - 17

Gulika 1:25PM - 2:48PM

Magha\* Until 2:33PM

Ganesha: Red Sunrise: 6:30AM

Vikarin 5121

Family Home Evening 957723467

Yama 10:39AM - 12:02PM

Sobhana Until 8:59AM

Muruqa: Clear Sunset: 5:35PM

Moon 2 - Phase 42

Routine Work Marana Yoga

Rahu 7:53AM - 9:16AM

Gara Until 3:47AM Tue

Nataraja: Clear

1st Phase

Until 2:33PM

Prathama\* Until 7:13AM

Moon - Red  
Magha\*Thai

Devaloka Day

Then Creative Work - Siddha Yoga

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kuwait City, Kuwait

Sun 1 Sutra 303

1  
Simha Rasi: 22.59 Tithi 18  
957723467

Gulika 12:02PM - 1:26PM

Purvaphalguni Until 11:52AM

Ganesha: Red Sunrise: 6:30AM

Vikarin 5121

Creative Work Siddha Yoga

Yama 9:16AM - 10:39AM

Sukarma Until 12:57AM Wed

Muruqa: Clear Sunset: 5:35PM

Moon 2 - Phase 42

Until 11:52AM

Vanija Until 2:06PM

Nataraja: Clear

1st Phase

Then Creative Work - Amrita Yoga

Tritiya Until 12:24AM Wed

Moon - Red  
Magha\*Thai

Devaloka Day

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Kuwait City, Kuwait

Sun 2 Sutra 304

2  
Kanya Rasi: 7.58 Tithi 19  
957723467

Gulika 10:39AM - 12:02PM

Uttaraphalguni Until 9:08AM

Ganesha: Red Sunrise: 6:29AM

Vikarin 5121

Creative Work Amrita Yoga

Yama 7:52AM - 9:16AM

Dhriti Until 9:07PM

Muruqa: Clear Sunset: 5:36PM

Moon 2 - Phase 42

Until 9:08AM

Bava Until 10:47AM

Nataraja: Clear

1st Phase

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Chaturthi\* Until 9:11PM

Moon - Red  
Magha\*Thai

Devaloka Day

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kuwait City, Kuwait

Sun 3 Sutra 305

3  
Kanya Rasi: 22.45 Tithi 20  
967723467

Gulika 9:15AM - 10:39AM

Hasta Until 6:56AM

Ganesha: Green Sunrise: 6:28AM

Vikarin 5121

Routine Work Marana Yoga

Yama 6:28AM - 7:52AM

Shula\* Until 5:32PM

Muruqa: Clear Sunset: 5:37PM

Moon 2 - Phase 42

Until 6:56AM

Kaulava Until 7:43AM

Nataraja: Clear

1st Phase

Then Creative Work - Siddha Yoga

Panchami Until 6:19PM

Moon - Green  
Magha\*Masi

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait

Sun 4 Sutra 306

4  
Tula Rasi: 7.16 Tithi 21 - 22  
968723467

Gulika 7:51AM - 9:15AM

Svati Until 3:23AM Sat

Ganesha: White Sunrise: 6:27AM

Vikarin 5121

Creative Work Siddha Yoga

Yama 2:50PM - 4:14PM

Ganda\* Until 2:20PM

Muruqa: Clear Sunset: 5:38PM

Moon 2 - Phase 42

Until 2:39AM Sun

Visti Until 2:54AM Sat

Nataraja: Clear

1st Phase

Then Routine Work - Marana Yoga

Shashthi\* Until 3:53PM

Moon - Green  
Magha\*Masi

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait

Sun 5 Sutra 307

Tula Rasi: 21.26 Tithi 22 - 23  
978723467

Gulika 6:27AM - 7:50AM

Vishakha Until 2:39AM Sun

Ganesha: Clear Sunrise: 6:27AM

Vikarin 5121

Creative Work Siddha Yoga

Yama 1:26PM - 2:50PM

Vridhi Until 11:35AM

Muruqa: Clear Sunset: 5:38PM

Moon 2 - Phase 42

Until 2:39AM Sun

Balava Until 1:19AM Sun

Nataraja: Clear

Ashtami

Then Routine Work - Marana Yoga

Saptami Until 2:01PM

Moon - Orange  
Magha\*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait

Sun 6 Sutra 308

Vrischika Rasi: 5.14 Tithi 23 - 24  
978723467

Gulika 2:51PM - 4:15PM

Anuradha Until 2:23AM Mon

Ganesha: Clear Sunrise: 6:26AM

Vikarin 5121

Routine Work Marana Yoga

Yama 12:02PM - 1:26PM

Dhruva Until 9:17AM

Muruqa: Clear Sunset: 5:39PM

Moon 2 - Phase 42

Until 2:23AM Mon

Taitila Until 12:22AM Mon

Nataraja: Clear

Navami

Then Creative Work - Siddha Yoga

Ashtami\* Until 12:44PM

Moon - Orange  
Magha\*Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kuwait City, Kuwait Sun 7 Sutra 309 Vikarin 5121	
<b>1</b>	Vrischika Rasi: 18.4 Tithi 24 – 25 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 2:33AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:27PM – 2:51PM Yama 10:38AM – 12:02PM <b>Rahu</b> 7:49AM – 9:14AM	<b>Jyeshtha* Until 2:33AM Tue</b> Vyaghata* Until 7:30AM Vanija Until 12:01AM Tue <b>Navami* Until 12:06PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Magha-Masi</b>	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 5:40PM Moon 2 - Phase 43 2nd Phase <b>Devaloka Day</b>

<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau		Kuwait City, Kuwait Sun 8 Sutra 310 Vikarin 5121	
<b>2</b>	Dhanus Rasi: 1.46 Tithi 25 – 26 <b>Family Home Evening</b> Creative Work Amrita Yoga	<b>Gulika</b> 12:02PM – 1:27PM Yama 9:13AM – 10:38AM <b>Rahu</b> 2:51PM – 4:16PM	<b>Mula* Until 3:36AM Wed</b> Harshana Until 6:12AM Bava Until 12:16AM Wed <b>Dashami Until 12:03PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 5:40PM Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kuwait City, Kuwait Sun 9 Sutra 311 Vikarin 5121	
<b>3</b>	Dhanus Rasi: 14.35 Tithi 26 – 27 <b>Family Home Evening</b> Creative Work Amrita Yoga Until 4:58AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 10:37AM – 12:02PM Yama 7:48AM – 9:13AM <b>Rahu</b> 12:02PM – 1:27PM	<b>Purvashadha* Until 4:58AM Thu</b> Siddhi Until 4:49AM Thu Kaulava Until 1:01AM Thu <b>Ekadashi* Until 12:34PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 5:41PM Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Kuwait City, Kuwait Sun 10 Sutra 312 Vikarin 5121	
<b>4</b>	Dhanus Rasi: 27.11 Tithi 27 – 28 <b>Family Home Evening</b> Routine Work Marana Yoga	<b>Gulika</b> 9:12AM – 10:37AM Yama 6:22AM – 7:47AM <b>Rahu</b> 1:27PM – 2:52PM	<b>Uttarashadha Until 6:35AM Fri</b> Vyatipata* Until 4:40AM Fri Gara Until 2:12AM Fri <b>Dvadashi* Until 1:32PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 5:42PM Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata (Fasting)*

<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau		Kuwait City, Kuwait Sun 11 Sutra 313 Vikarin 5121	
<b>5</b>	Makara Rasi: 10 Tithi 28 – 29 <b>Family Home Evening</b> Routine Work Marana Yoga	<b>Gulika</b> 7:46AM – 9:12AM Yama 2:52PM – 4:17PM <b>Rahu</b> 10:37AM – 12:02PM	<b>Uttarashadha Until 6:35AM</b> Variyan Until 4:45AM Sat Vistit Until 3:45AM Sat <b>Trayodashi* Until 2:55PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 5:42PM Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

**Mahasivaratri (Lunar)**  
**Mahasivaratri (Solar)**

<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kuwait City, Kuwait Sun 12 Sutra 314 Vikarin 5121	
<b>6</b>	Makara Rasi: 21.52 Tithi 29 – 30 <b>Family Home Evening</b> Creative Work Siddha Yoga	<b>Gulika</b> 6:20AM – 7:46AM Yama 1:27PM – 2:52PM <b>Rahu</b> 9:11AM – 10:36AM	<b>Shravana Until 8:52AM</b> Parigha* Until 5:04AM Sun Catuspada Until 5:36AM Sun <b>Chaturdashi* Until 4:37PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Masi</b>	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:43PM Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga* Karana Amavasyayam Titau		Kuwait City, Kuwait Sun 13 Sutra 315 Vikarin 5121	
<b>Retreat Star</b>	Kumbha Rasi: 4.01 Tithi 30 <b>Family Home Evening</b> Routine Work Marana Yoga Until 11:16AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:53PM – 4:18PM Yama 12:02PM – 1:27PM <b>Rahu</b> 4:18PM – 5:44PM	<b>Dhanishtha Until 11:16AM</b> Shiva Until 5:36AM Mon Naga Until 6:36PM <b>Amavasya* Until 6:36PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Masi</b>	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:44PM Moon 2 - Phase 43 Amavasya <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Kuwait City, Kuwait Sun 14 Sutra 316 Vikarin 5121	
<b>Retreat Star</b>	Kumbha Rasi: 16.03 Tithi 1 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 1:43PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:27PM – 2:53PM Yama 10:36AM – 12:02PM <b>Rahu</b> 7:44AM – 9:10AM	<b>Shatabhishak Until 1:43PM</b> Siddha Until 6:15AM Tue Kintughna Until 7:42AM <b>Prathama* Until 8:48PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Phalgun-Masi</b>	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:44PM Moon 2 - Phase 43 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kuwait City, Kuwait Sun 15 Sutra 317
Kumbha Rasi: 28.01	Tithi 2	<b>Gulika</b> 12:01PM – 1:27PM	<b>Purvaproshtapada* Until 4:41PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 9:09AM – 10:35AM	Siddha Until 6:15AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:45PM	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 2:53PM – 4:19PM	Balava Until 10:00AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 11:11PM</b>	Moon – Clear	<b>Devaloka Day</b>
Until 4:41PM				<b>Phalguna-Masi</b>	
Then Creative Work - Amrita Yoga					
<b>2</b>		<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau	Kuwait City, Kuwait Sun 16 Sutra 318
Meena Rasi: 9.55	Tithi 3	<b>Gulika</b> 10:35AM – 12:01PM	<b>Uttaraproshtapada Until 7:36PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:17AM	Vikarin 5121
		Yama 7:43AM – 9:09AM	Sadhya Until 7:02AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:46PM	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 12:01PM – 1:27PM	Taitila Until 12:27PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 1:41AM Thu</b>	Moon – Clear	<b>Devaloka Day</b>
Until 7:36PM				<b>Phalguna-Masi</b>	
Then Routine Work - Marana Yoga					
<b>3</b>		<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau	Kuwait City, Kuwait Sun 17 Sutra 319
Meena Rasi: 21.47	Tithi 4	<b>Gulika</b> 9:08AM – 10:35AM	<b>Revati Until 10:25PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:16AM	Vikarin 5121
		Yama 6:16AM – 7:42AM	Subha Until 7:55AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:46PM	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 1:27PM – 2:54PM	Vanija Until 2:58PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 4:12AM Fri</b>	Moon – Clear	<b>Devaloka Day</b>
Until 10:25PM				<b>Phalguna-Masi</b>	
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day				
<b>4</b>		<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau	Kuwait City, Kuwait Sun 18 Sutra 320
Mesha Rasi: 3.4	Tithi 5	<b>Gulika</b> 7:41AM – 9:08AM	<b>Ashvini Until 1:29AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:15AM	Vikarin 5121
		Yama 2:54PM – 4:21PM	Sukla Until 8:45AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM	Moon 2 - Phase 44
		921823467 <b>Rahu</b> 10:34AM – 12:01PM	Bava Until 5:27PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 6:37AM Sat</b>	Moon – White	<b>Bhuloka Day</b>
Until 1:29AM Sat				<b>Phalguna-Masi</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					
<b>5</b>		<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kuwait City, Kuwait Sun 19 Sutra 321
Mesha Rasi: 15.34	Tithi 5 – 6	<b>Gulika</b> 6:14AM – 7:40AM	<b>Bharani Until 4:10AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:14AM	Vikarin 5121
		Yama 1:27PM – 2:54PM	Brahma Until 9:31AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM	Moon 2 - Phase 44
		921823467 <b>Rahu</b> 9:07AM – 10:34AM	Kaulava Until 7:45PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 6:37AM</b>	Moon – White	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	Devaloka Time: 3:PM to 6:PM
<b>6</b>		<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kuwait City, Kuwait Sun 20 Sutra 322
Mesha Rasi: 27.35	Tithi 6 – 7	<b>Gulika</b> 2:55PM – 4:22PM	<b>Krittika Until 6:16AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:12AM	Vikarin 5121
		Yama 12:00PM – 1:27PM	Indra Until 10:05AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:49PM	Moon 2 - Phase 44
		921833467 <b>Rahu</b> 4:22PM – 5:49PM	Gara Until 9:41PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:45AM</b>	Moon – White	<b>Bhuloka Day</b>
Until 6:16AM Mon				<b>Phalguna-Masi</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					
<b>Retreat Star</b>		<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kuwait City, Kuwait Sun 21 Sutra 323
Vrshabha Rasi: 9.46	Tithi 7 – 8	<b>Gulika</b> 1:27PM – 2:55PM	<b>Krittika Until 6:16AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:11AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:33AM – 12:00PM	Vaidhriti* Until 10:14AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:50PM	Moon 2 - Phase 44
		921833467 <b>Rahu</b> 7:38AM – 9:05AM	Visti Until 11:01PM	<b>Nataraja:</b> Clear	Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 10:25AM</b>	Moon – White	<b>Bhuloka Day</b>
Until 6:16AM				<b>Phalguna-Masi</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					
<b>Retreat Star</b>		<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kuwait City, Kuwait Sun 22 Sutra 324
Vrshabha Rasi: 22.14	Tithi 8 – 9	<b>Gulika</b> 12:00PM – 1:27PM	<b>Rohini Until 8:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 9:05AM – 10:32AM	Vishkambha* Until 9:54AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:50PM	Moon 2 - Phase 44
		931833467 <b>Rahu</b> 2:55PM – 4:23PM	Balava Until 11:36PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 11:23AM</b>	Moon – Yellow	<b>Devaloka Day</b>
Until 8:04AM				<b>Phalguna-Masi</b>	
Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam			Kuwait City, Kuwait
			Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Sun 23 Sutra 325
	Mithuna Rasi: 5.04	Tithi 9 – 10	<b>Gulika</b> 10:32AM – 12:00PM	<b>Mrigashira</b> Until 8:55AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:08AM	Vikarin 5121
	931833467	Rahu	Yama 7:36AM – 9:04AM	Priti Until 8:57AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:51PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	12:00PM – 1:27PM	Taitila Until 11:19PM	<b>Nataraja:</b> Clear	4th Phase	
			<b>Navami*</b> Until 11:33AM	Moon – Yellow	<b>Devaloka Day</b>	
				<b>Phalgun-Masi</b>		

<b>2</b>	<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam			Kuwait City, Kuwait
			Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Sun 24 Sutra 326
	Mithuna Rasi: 18.2	Tithi 10 – 11	<b>Gulika</b> 9:03AM – 10:31AM	<b>Ardra</b> Until 8:47AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM	Vikarin 5121
	131833467	Rahu	Yama 6:07AM – 7:35AM	Ayushman Until 7:18AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:51PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	1:27PM – 2:55PM	Vanija Until 10:09PM	<b>Nataraja:</b> Clear	4th Phase	
Until 8:47AM			<b>Dashami</b> Until 10:49AM	Moon – Yellow	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Phalgun-Masi</b>		

<b>3</b>	<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam			Kuwait City, Kuwait
			Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Sun 25 Sutra 327
	Kataka Rasi: 2.06	Tithi 11 – 12	<b>Gulika</b> 7:35AM – 9:03AM	<b>Punarvasu</b> Until 8:05AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:06AM	Vikarin 5121
	141833467	Rahu	Yama 2:56PM – 4:24PM	Sobhana Until 2:00AM Sat	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:52PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	10:31AM – 11:59AM	Bava Until 8:10PM	<b>Nataraja:</b> Clear	4th Phase	
Until 8:05AM			<b>Ekadashi</b> Until 9:14AM	Moon – Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalgun-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>	<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam			Kuwait City, Kuwait
			Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau			Sun 26 Sutra 328
	Kataka Rasi: 16.22	Tithi 12 – 13	<b>Gulika</b> 6:05AM – 7:34AM	<b>Pushya</b> Until 6:29AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:05AM	Vikarin 5121
	141833467	Rahu	Yama 1:27PM – 2:56PM	Athiganda* Until 10:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:53PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	9:02AM – 10:30AM	Taitila Until 3:54AM Sun	<b>Nataraja:</b> Clear	4th Phase	
Until 6:29AM			<b>Dvadashi</b> Until 6:53AM	Moon – Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalgun-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
				<i>Pradosha Vrata</i>		

<b>5</b>	<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Kuwait City, Kuwait
			Magha* Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau			Sun 27 Sutra 329
	Simha Rasi: 1.05	Tithi 14	<b>Gulika</b> 2:56PM – 4:25PM	<b>Magha*</b> Until 1:33AM Mon	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:04AM	Vikarin 5121
	151833467	Rahu	Yama 11:59AM – 1:27PM	Sukarma Until 6:34PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:53PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	4:25PM – 5:53PM	Gara Until 2:15PM	<b>Nataraja:</b> Clear	4th Phase	
Until 1:33AM Mon			<b>Chaturdashi*</b> Until 12:27AM Mon	Moon – Red	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Phalgun-Masi</b>		

	<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam			Kuwait City, Kuwait
	<b>Copper Retreat Star</b>		Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Sutra 330
	Simha Rasi: 16.08	Tithi 15	<b>Gulika</b> 1:27PM – 2:56PM	<b>Purvaphalguni</b> Until 10:34PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:03AM	Vikarin 5121
	152833467	Rahu	Yama 10:30AM – 11:58AM	Dhriti Until 2:23PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:54PM	Moon 2 - Phase 45
<b>Family Home Evening</b>		7:32AM – 9:01AM	Visti Until 10:38AM	<b>Nataraja:</b> Clear	Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 8:43PM	Moon – Red	<b>Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalgun-Masi</b>		

<b>○</b>	<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam			Kuwait City, Kuwait
	<b>Silver Retreat Star</b>		Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau			Sutra 331
	Kanya Rasi: 1.23	Tithi 16 – 17	<b>Gulika</b> 11:58AM – 1:27PM	<b>Uttaraphalguni</b> Until 7:22PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:02AM	Vikarin 5121
	152833467	Rahu	Yama 9:00AM – 10:29AM	Shula* Until 10:01AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 5:54PM	Moon 2 - Phase 45
Creative Work	Amrita Yoga	2:56PM – 4:25PM	Balava Until 6:49AM	<b>Nataraja:</b> Clear	Prathama	
Until 7:22PM			<b>Prathama*</b> Until 4:53PM	Moon – Red	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Phalgun-Masi</b>		



Wednesday, March 11, 2020

Gold Retreat Star

Kanya Rasi: 16.4 Tithi 17 – 18

162833467

**Gulika** 10:29AM – 11:58AM  
Yama 7:30AM – 8:59AM  
**Rahu** 11:58AM – 1:27PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Hasta** Until 4:31PM  
Vriddhi Until 1:31AM Thu  
Vanija Until 11:18PM  
Dvitiya Until 1:06PM

**Ganesha:** Clear *Sunrise: 6:01AM*  
**Muruqa:** Orange *Sunset: 5:55PM*  
**Nataraja:** Clear  
Moon – Green

Kuwait City, Kuwait  
Sun 1 Sutra 332  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

**Devaloka Day**

Phalguna-Masi

Routine Work Marana Yoga

Until 4:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Tula Rasi: 1.47 Tithi 18 – 19

162833467

**Gulika** 8:59AM – 10:28AM  
Yama 6:00AM – 7:29AM  
**Rahu** 1:27PM – 2:57PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

**Chitra** Until 1:49PM  
Dhruva Until 9:36PM  
Bava Until 7:57PM  
Tritiya Until 9:33AM

**Ganesha:** Clear *Sunrise: 6:00AM*  
**Muruqa:** Orange *Sunset: 5:56PM*  
**Nataraja:** Clear  
Moon – Green

Kuwait City, Kuwait  
Sun 2 Sutra 333  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

**Devaloka Day**

Phalguna-Masi

Creative Work Siddha Yoga

Until 1:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Tula Rasi: 16.37 Tithi 19 – 20

162833467

**Gulika** 7:28AM – 8:58AM  
Yama 2:57PM – 4:26PM  
**Rahu** 10:28AM – 11:57AM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

**Svati** Until 11:24AM  
Vyaghata\* Until 6:06PM  
Taitila Until 3:50AM Sat  
Chaturthi\* Until 6:25AM

**Ganesha:** Clear *Sunrise: 5:59AM*  
**Muruqa:** Orange *Sunset: 5:56PM*  
**Nataraja:** Clear  
Moon – Green

Kuwait City, Kuwait  
Sun 3 Sutra 334  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

**Devaloka Day**

Phalguna-Masi

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vrischika Rasi: 1.03 Tithi 21

172833467

**Gulika** 5:57AM – 7:27AM  
Yama 1:27PM – 2:57PM  
**Rahu** 8:57AM – 10:27AM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

**Vishakha** Until 9:51AM  
Harshana Until 3:08PM  
Gara Until 2:49PM  
Shashthi\* Until 1:56AM Sun

**Ganesha:** Purple *Sunrise: 5:57AM*  
**Muruqa:** Orange *Sunset: 5:57PM*  
**Nataraja:** Clear  
Moon – Orange

Kuwait City, Kuwait  
Sun 4 Sutra 335  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

**Sivaloka Day**

Phalguna-Panguni

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vrischika Rasi: 15.01 Tithi 22

172833468

**Gulika** 2:57PM – 4:27PM  
Yama 11:57AM – 1:27PM  
**Rahu** 4:27PM – 5:57PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

**Anuradha** Until 8:52AM  
Vajra\* Until 12:44PM  
Visti Until 1:17PM  
Saptami Until 12:48AM Mon

**Ganesha:** Purple *Sunrise: 5:56AM*  
**Muruqa:** Orange *Sunset: 5:57PM*  
**Nataraja:** Purple  
Moon – Orange

Kuwait City, Kuwait  
Sun 5 Sutra 336  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

**Subha Sivaloka Day**

Phalguna-Panguni

Routine Work Marana Yoga

Monday, March 16, 2020

Retreat Star

Vrischika Rasi: 28.31 Tithi 23

172933468

**Gulika** 1:27PM – 2:57PM  
Yama 10:26AM – 11:56AM  
**Rahu** 7:25AM – 8:56AM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Jyeshtha\*** Until 8:31AM  
Siddhi Until 10:58AM  
Balava Until 12:33PM  
Ashtami\* Until 12:28AM Tue

**Ganesha:** Clear *Sunrise: 5:55AM*  
**Muruqa:** Orange *Sunset: 5:58PM*  
**Nataraja:** Purple  
Moon – Orange

Kuwait City, Kuwait  
Sun 6 Sutra 337  
Vikarin 5121  
Moon 3 - Phase 46  
Ashtami

**Sivaloka Day**

Phalguna-Panguni

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Dhanus Rasi: 12 Tithi 24

182933468

**Gulika** 11:56AM – 1:27PM  
Yama 8:55AM – 10:26AM  
**Rahu** 2:57PM – 4:28PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

**Mula\*** Until 9:13AM  
Vyatipata\* Until 9:50AM  
Taitila Until 12:36PM  
Navami\* Until 12:52AM Wed

**Ganesha:** Purple *Sunrise: 5:54AM*  
**Muruqa:** Orange *Sunset: 5:58PM*  
**Nataraja:** Purple  
Moon – Light Blue

Kuwait City, Kuwait  
Sun 7 Sutra 338  
Vikarin 5121  
Moon 3 - Phase 46  
Navami

**Devaloka Day**

Phalguna-Panguni

Creative Work Amrita Yoga

Until 9:13AM

Then Creative Work - Siddha Yoga


<b>1</b>	<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Kuwait City, Kuwait
	Dhanus Rasi: 24.19	Tithi 25	<b>Gulika</b> 10:25AM – 11:56AM	<b>Purvashadha* Until 10:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	Sun 8 Sutra 339
			Yama 7:24AM – 8:54AM	Variyan Until 9:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Vikarin 5121
	182933468	<b>Rahu</b> 11:56AM – 1:27PM	Variyan Until 1:21PM		<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		<b>Dashami Until 1:57AM Thu</b>	Moon – Light Blue		2nd Phase	
				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Kuwait City, Kuwait
	Makara Rasi: 6.45	Tithi 26	<b>Gulika</b> 8:54AM – 10:25AM	<b>Uttarashadha Until 12:10PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:52AM	Sun 9 Sutra 340
			Yama 5:52AM – 7:23AM	Parigha* Until 9:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Vikarin 5121
	182933468	<b>Rahu</b> 1:27PM – 2:58PM	Bava Until 2:42PM		<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Ekadashi* Until 3:32AM Fri</b>	Moon – Light Blue		2nd Phase	
Until 12:10PM				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kuwait City, Kuwait
	Makara Rasi: 18.58	Tithi 27	<b>Gulika</b> 7:22AM – 8:53AM	<b>Shravana Until 2:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM	Sun 10 Sutra 341
			Yama 2:58PM – 4:29PM	Shiva Until 9:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:00PM	Vikarin 5121
	192933468	<b>Rahu</b> 10:24AM – 11:55AM	Kaulava Until 4:30PM		<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Dvadashi* Until 5:29AM Sat</b>	Moon – Purple		2nd Phase	
Until 2:37PM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara Karana Trayodashyam Titau				Kuwait City, Kuwait
	Kumbha Rasi: 1.03	Tithi 28	<b>Gulika</b> 5:49AM – 7:21AM	<b>Dhanishtha Until 5:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	Sun 11 Sutra 342
			Yama 1:26PM – 2:58PM	Siddha Until 9:53AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:01PM	Vikarin 5121
	192933468	<b>Rahu</b> 8:52AM – 10:24AM	Gara Until 6:36PM		<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		<b>Trayodashi* Until 7:42AM Sun</b>	Moon – Purple		2nd Phase	
Until 5:12PM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kuwait City, Kuwait
	Kumbha Rasi: 13.02	Tithi 28 – 29	<b>Gulika</b> 2:58PM – 4:29PM	<b>Shatabhishak Until 7:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:48AM	Sun 12 Sutra 343
			Yama 11:55AM – 1:26PM	Sadhya Until 10:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:01PM	Vikarin 5121
	192933468	<b>Rahu</b> 4:29PM – 6:01PM	Visti Until 8:53PM		<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		<b>Trayodashi* Until 7:42AM</b>	Moon – Purple		2nd Phase	
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

	<b>Monday, March 23, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kuwait City, Kuwait
	<b>Retreat Star</b>		<b>Gulika</b> 1:26PM – 2:58PM	<b>Purvaproshtapada* Until 10:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM	Sun 13 Sutra 344
	Kumbha Rasi: 24.58	Tithi 29 – 30	Yama 10:23AM – 11:54AM	Subha Until 11:22AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:02PM	Vikarin 5121
	<b>Family Home Evening</b>	113933468	<b>Rahu</b> 7:19AM – 8:51AM	Catuspada Until 11:17PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Chaturdashi* Until 10:03AM</b>	Moon – Clear		Amavasya	
Until 10:51PM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Tuesday, March 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kuwait City, Kuwait
	Meena Rasi: 6.52	Tithi 30 – 1	<b>Gulika</b> 11:54AM – 1:26PM	<b>Uttaraproshtapada Until 1:47AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:46AM	Sun 14 Sutra 345
			Yama 8:50AM – 10:22AM	Sukla Until 12:12PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:02PM	Vikarin 5121
	113933468	<b>Rahu</b> 2:58PM – 4:30PM	Kintughna Until 1:43AM Wed		<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		<b>Amavasya* Until 12:28PM</b>	Moon – Clear		Prathama	
Until 1:47AM Wed		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kuwait City, Kuwait Sun 15 Sutra 346	
Meena Rasi: 18.44	Tithi 1 – 2	<b>Gulika</b> 10:22AM – 11:54AM	<b>Revati Until 4:33AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:45AM		Vikarin 5121
		Yama 7:17AM – 8:49AM	Brahma Until 1:04PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:03PM		Moon 3 - Phase 48
		113933468 <b>Rahu</b> 11:54AM – 1:26PM	Balava Until 4:10AM Thu	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 2:55PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 4:33AM Thu				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kuwait City, Kuwait Sun 16 Sutra 347	
Mesha Rasi: 0.37	Tithi 2 – 3	<b>Gulika</b> 8:49AM – 10:21AM	<b>Ashvini Until 7:36AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM		Vikarin 5121
		Yama 5:44AM – 7:16AM	Indra Until 1:55PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:03PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 1:26PM – 2:58PM	Taitila Until 6:33AM Fri	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 5:21PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 7:36AM Fri		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau		Kuwait City, Kuwait Sun 17 Sutra 348	
Mesha Rasi: 12.32	Tithi 3	<b>Gulika</b> 7:15AM – 8:48AM	<b>Ashvini Until 7:36AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:43AM		Vikarin 5121
		Yama 2:58PM – 4:31PM	Vaidhriti* Until 2:41PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:04PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:21AM – 11:53AM	Taitila Until 6:33AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 7:40PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 7:36AM				<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau		Kuwait City, Kuwait Sun 18 Sutra 349	
Mesha Rasi: 24.29	Tithi 4	<b>Gulika</b> 5:41AM – 7:14AM	<b>Bharani Until 10:19AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:41AM		Vikarin 5121
		Yama 1:26PM – 2:59PM	Vishkambha* Until 3:20PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:04PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 8:47AM – 10:20AM	Vanija Until 8:47AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:47PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 10:19AM				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Kuwait City, Kuwait Sun 19 Sutra 350	
Vrishabha Rasi: 6.33	Tithi 5	<b>Gulika</b> 2:59PM – 4:32PM	<b>Krittika Until 12:37PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:40AM		Vikarin 5121
		Yama 11:53AM – 1:26PM	Priti Until 3:46PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:05PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 4:32PM – 6:05PM	Bava Until 10:44AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 11:33PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Kuwait City, Kuwait Sun 20 Sutra 351	
Vrishabha Rasi: 18.46	Tithi 6	<b>Gulika</b> 1:26PM – 2:59PM	<b>Rohini Until 2:50PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:39AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:19AM – 11:52AM	Ayushman Until 3:50PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:05PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 7:12AM – 8:46AM	Kaulava Until 12:16PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 12:49AM Tue</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Kuwait City, Kuwait Sun 21 Sutra 352	
Mithuna Rasi: 1.13	Tithi 7	<b>Gulika</b> 11:52AM – 1:25PM	<b>Mrigashira Until 4:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM		Vikarin 5121
		Yama 8:45AM – 10:18AM	Saubhagya Until 3:26PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:06PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 2:59PM – 4:32PM	Gara Until 1:13PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 1:25AM Wed</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 4:17PM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Kuwait City, Kuwait Sun 22 Sutra 353	
Mithuna Rasi: 13.59	Tithi 8	<b>Gulika</b> 10:18AM – 11:52AM	<b>Ardra Until 4:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM		Vikarin 5121
		Yama 7:11AM – 8:45AM	Sobhana Until 2:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:06PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 11:52AM – 1:25PM	Visti Until 1:26PM	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:14AM Thu</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Kuwait City, Kuwait Sun 23 Sutra 354	
Mithuna Rasi: 27.09	Tithi 9	<b>Gulika</b> 8:44AM – 10:18AM	<b>Punarvasu Until 4:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:37AM		Vikarin 5121
		Yama 5:37AM – 7:11AM	Athiganda* Until 12:52PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:06PM		Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:25PM – 2:59PM	Balava Until 12:51PM	<b>Nataraja:</b> Purple			Navami
Creative Work	Amrita Yoga		<b>Navami* Until 12:13AM Fri</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Kuwait City, Kuwait Sun 24 Sutra 355
	Kataka Rasi: 10.46	Tithi 10	<b>Gulika</b> 7:10AM – 8:44AM	<b>Pushya</b> Until 4:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM	Vikarin 5121
			Yama 2:59PM – 4:33PM	Sukarma Until 10:37AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:17AM – 11:51AM	Taitila Until 11:26AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 10:25PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

2	<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Ekadashyam Titau				Kuwait City, Kuwait Sun 25 Sutra 356
	Kataka Rasi: 24.52	Tithi 11	<b>Gulika</b> 5:35AM – 7:09AM	<b>Ashlesha*</b> Until 2:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM	Vikarin 5121
			Yama 1:25PM – 2:59PM	Dhriti Until 7:46AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:43AM – 10:17AM	Vanija Until 9:15AM	<b>Nataraja:</b> Purple		4th Phase
Until 2:24PM			<b>Ekadashi</b> Until 7:54PM	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Yogaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			

3	<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kuwait City, Kuwait Sun 26 Sutra 357
	Simha Rasi: 9.25	Tithi 12 – 13	<b>Gulika</b> 2:59PM – 4:34PM	<b>Magha*</b> Until 12:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	Vikarin 5121
			Yama 11:51AM – 1:25PM	Ganda* Until 12:29AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	153933468 <b>Rahu</b> 4:34PM – 6:08PM	Bava Until 6:25AM	<b>Nataraja:</b> Purple		4th Phase
Until 12:19PM			<b>Dvadashi</b> Until 4:47PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra•Panguni</b>			
				<i>Pradosha Vrata</i>			

4	<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kuwait City, Kuwait Sun 27 Sutra 358
	Simha Rasi: 24.22	Tithi 13 – 14	<b>Gulika</b> 1:25PM – 3:00PM	<b>Purvaphalguni</b> Until 9:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:16AM – 11:51AM	Vriddhi Until 8:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:07AM – 8:41AM	Gara Until 11:23PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi</b> Until 1:15PM	Moon – Red		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

○	<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Kuwait City, Kuwait Sun 27 Sutra 359
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:50AM – 1:25PM	<b>Uttaraphalguni</b> Until 6:32AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM	Vikarin 5121
	Kanya Rasi: 9.34	Tithi 14 – 15	Yama 8:41AM – 10:15AM	Dhruva Until 4:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 49
			154933468 <b>Rahu</b> 3:00PM – 4:34PM	Visti Until 7:31PM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 9:27AM	Moon – Red		<b>Sivaloka Day</b>	
Until 6:32AM		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>					

○	<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Kuwait City, Kuwait Sun 27 Sutra 360
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:15AM – 11:50AM	<b>Chitra</b> Until 12:33AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:30AM	Vikarin 5121
	Kanya Rasi: 24.52	Tithi 16	Yama 7:05AM – 8:40AM	Vyaghata* Until 11:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 49
			164934468 <b>Rahu</b> 11:50AM – 1:25PM	Balava Until 3:39PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:45AM Thu	Moon – Green		<b>Devaloka Day</b>	
Until 12:33AM Thu				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kuwait City, Kuwait  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 10.05 Tithi 17

164134468

**Gulika** 8:39AM – 10:15AM  
Yama 5:29AM – 7:04AM  
**Rahu** 1:25PM – 3:00PM

**Svati Until 9:39PM**  
Harshana Until 7:27AM  
Taitila Until 11:57AM  
**Dvitiya Until 10:12PM**

**Ganesha:** White *Sunrise:* 5:29AM  
**Muruqa:** Clear *Sunset:* 6:10PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

Creative Work Amrita Yoga

Until 9:39PM

Then Creative Work - Siddha Yoga

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kuwait City, Kuwait  
Sun 1 Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 25.05 Tithi 18

174134468

**Gulika** 7:03AM – 8:39AM  
Yama 3:00PM – 4:35PM  
**Rahu** 10:14AM – 11:49AM

**Vishakha Until 7:27PM**  
Siddhi Until 11:54PM  
Vanija Until 8:36AM  
**Tritiya Until 7:06PM**

**Ganesha:** Yellow *Sunrise:* 5:28AM  
**Muruqa:** Clear *Sunset:* 6:11PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait  
Sun 2 Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 9.41 Tithi 19 – 20

174134468

**Gulika** 5:27AM – 7:02AM  
Yama 1:25PM – 3:00PM  
**Rahu** 8:38AM – 10:14AM

**Anuradha Until 5:43PM**  
Vyatipata\* Until 8:51PM  
Kaulava Until 3:36AM Sun  
**Chaturthi\* Until 4:34PM**

**Ganesha:** Yellow *Sunrise:* 5:27AM  
**Muruqa:** Clear *Sunset:* 6:11PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Kuwait City, Kuwait  
Sun 3 Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 23.5 Tithi 20 – 21

174134468

**Gulika** 3:00PM – 4:36PM  
Yama 11:49AM – 1:25PM  
**Rahu** 4:36PM – 6:12PM

**Jyeshtha\* Until 4:33PM**  
Variyan Until 6:23PM  
Gara Until 2:12AM Mon  
**Panchami Until 2:47PM**

**Ganesha:** Yellow *Sunrise:* 5:26AM  
**Muruqa:** Clear *Sunset:* 6:12PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 4:33PM

Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait  
Sun 4 Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 7.29 Tithi 21 – 22

184134468

**Gulika** 1:25PM – 3:01PM  
Yama 10:13AM – 11:49AM  
**Rahu** 7:01AM – 8:37AM

**Mula\* Until 4:31PM**  
Parigha\* Until 4:36PM  
Visti Until 1:39AM Tue  
**Shashthi\* Until 1:48PM**

**Ganesha:** Blue *Sunrise:* 5:25AM  
**Muruqa:** Clear *Sunset:* 6:12PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

Creative Work Siddha Yoga

Until 4:31PM

Then Routine Work - Marana Yoga

Tamil New Year

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait  
Sun 5 Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 20.41 Tithi 22 – 23

284134468

**Gulika** 11:48AM – 1:25PM  
Yama 8:36AM – 10:12AM  
**Rahu** 3:01PM – 4:37PM

**Purvashadha\* Until 5:09PM**  
Shiva Until 3:30PM  
Balava Until 1:57AM Wed  
**Saptami Until 1:41PM**

**Ganesha:** Yellow *Sunrise:* 5:24AM  
**Muruqa:** Clear *Sunset:* 6:13PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 5:09PM

Then Routine Work - Prabalarishta Yoga

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait  
Sun 6 Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 3.27 Tithi 23 – 24

284134468

**Gulika** 10:12AM – 11:48AM  
Yama 6:59AM – 8:35AM  
**Rahu** 11:48AM – 1:24PM

**Uttarashadha Until 6:24PM**  
Siddha Until 3:00PM  
Taitila Until 2:59AM Thu  
**Ashtami\* Until 2:22PM**

**Ganesha:** Yellow *Sunrise:* 5:23AM  
**Muruqa:** Clear *Sunset:* 6:14PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 6:24PM

Then Creative Work - Siddha Yoga

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kuwait City, Kuwait Sun 7 Sutra 4
	Makara Rasi: 15.53	Tithi 24 – 25	<b>Gulika</b> 8:35AM – 10:11AM	<b>Shravana</b> Until 8:36PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:22AM	Sarvari 5122
			Yama 5:22AM – 6:58AM	Sadhya Until 3:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 4 - Phase 1
	294134468		<b>Rahu</b> 1:24PM – 3:01PM	Vanija Until 4:38AM Fri	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Moon – Purple		<b>Devaloka Day</b>	
			<b>Navami*</b> Until 3:44PM	<b>Chaitra*Chaitra</b>			


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Kuwait City, Kuwait Sun 8 Sutra 5
	Makara Rasi: 28.04	Tithi 25 – 26	<b>Gulika</b> 6:57AM – 8:34AM	<b>Dhanishtha</b> Until 11:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:21AM	Sarvari 5122
			Yama 3:01PM – 4:38PM	Subha Until 3:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 4 - Phase 1
	294134468		<b>Rahu</b> 10:11AM – 11:48AM	Bava Until 6:43AM Sat	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		<b>Devaloka Day</b>	
			<b>Dashami</b> Until 5:37PM	<b>Chaitra*Chaitra</b>			


<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Kuwait City, Kuwait Sun 9 Sutra 6
	Kumbha Rasi: 10.05	Tithi 26	<b>Gulika</b> 5:20AM – 6:57AM	<b>Shatabhishak</b> Until 1:46AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM	Sarvari 5122
			Yama 1:24PM – 3:01PM	Sukla Until 4:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 4 - Phase 1
	295134468		<b>Rahu</b> 8:34AM – 10:10AM	Bava Until 6:43AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Purple		<b>Sivaloka Day</b>	
			<b>Ekadashi*</b> Until 7:51PM	<b>Chaitra*Chaitra</b>			
Until 1:46AM Sun							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kuwait City, Kuwait Sun 10 Sutra 7
	Kumbha Rasi: 22	Tithi 27	<b>Gulika</b> 3:02PM – 4:39PM	<b>Purvaproshtapada*</b> Until 4:53AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:19AM	Sarvari 5122
			Yama 11:47AM – 1:24PM	Brahma Until 5:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 4:39PM – 6:16PM	Kaulava Until 9:03AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>	
			<b>Dvadashi*</b> Until 10:15PM	<b>Chaitra*Chaitra</b>			

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Kuwait City, Kuwait Sun 11 Sutra 8
	Meena Rasi: 3.53	Tithi 28	<b>Gulika</b> 1:24PM – 3:02PM	<b>Uttaraproshtapada</b> Until 7:51AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:18AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:10AM – 11:47AM	Indra Until 6:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 6:55AM – 8:32AM	Gara Until 11:30AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>	
			<b>Trayodashi*</b> Until 12:42AM Tue	<b>Chaitra*Chaitra</b>			
			<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Kuwait City, Kuwait Sun 12 Sutra 9
	Meena Rasi: 15.44	Tithi 29	<b>Gulika</b> 11:47AM – 1:24PM	<b>Uttaraproshtapada</b> Until 7:51AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:17AM	Sarvari 5122
			Yama 8:32AM – 10:09AM	Vaidhriti* Until 6:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 3:02PM – 4:39PM	Visti Until 1:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Clear		<b>Sivaloka Day</b>	
			<b>Chaturdashi*</b> Until 3:06AM Wed	<b>Chaitra*Chaitra</b>			
Until 7:51AM							
Then Creative Work - Siddha Yoga							

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kuwait City, Kuwait Sun 13 Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 10:09AM – 11:47AM	<b>Revati</b> Until 10:35AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	Sarvari 5122
	Meena Rasi: 27.38	Tithi 30	Yama 6:53AM – 8:31AM	Vishkambha* Until 7:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 11:47AM – 1:24PM	Catuspada Until 4:17PM	<b>Nataraja:</b> Purple		Amavasya
Routine Work	Marana Yoga			Moon – Clear		<b>Sivaloka Day</b>	
			<b>Amavasya*</b> Until 5:23AM Thu	<b>Chaitra*Chaitra</b>			

	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna* Karana Prathamayam Titau				Kuwait City, Kuwait Sun 14 Sutra 11
	<b>Retreat Star</b>		<b>Gulika</b> 8:31AM – 10:08AM	<b>Ashvini</b> Until 1:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:15AM	Sarvari 5122
	Mesha Rasi: 9.34	Tithi 1	Yama 5:15AM – 6:53AM	Priti Until 8:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 1
	225134468		<b>Rahu</b> 1:24PM – 3:02PM	Kintughna Until 6:29PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga			Moon – White		<b>Sivaloka Day</b>	
			<b>Prathama*</b> Until 7:29AM Fri	<b>Vaisaka*Chaitra</b>			
Until 1:31PM							
Then Creative Work - Siddha Yoga							

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kuwait City, Kuwait Sun 15      Sutra 12	
Mesha Rasi: 21.34	Tithi 1 – 2	<b>Gulika</b> 6:52AM – 8:30AM	<b>Bharani</b> Until 4:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:14AM		Sarvari 5122
		Yama 3:02PM – 4:41PM	Ayushman Until 8:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 4 - Phase 2
225134469	<b>Rahu</b> 10:08AM – 11:46AM		Balava Until 8:28PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:29AM	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kuwait City, Kuwait Sun 16      Sutra 13	
Vrishabha Rasi: 3.4	Tithi 2 – 3	<b>Gulika</b> 5:13AM – 6:51AM	<b>Krittika</b> Until 6:16PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:13AM		Sarvari 5122
		Yama 1:24PM – 3:03PM	Saubhagya Until 9:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 4 - Phase 2
225134469	<b>Rahu</b> 8:29AM – 10:08AM		Taitila Until 10:11PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 9:21AM	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kuwait City, Kuwait Sun 17      Sutra 14	
Vrishabha Rasi: 15.54	Tithi 3 – 4	<b>Gulika</b> 3:03PM – 4:41PM	<b>Rohini</b> Until 8:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:12AM		Sarvari 5122
		Yama 11:46AM – 1:24PM	Sobhana Until 9:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 2
235134469	<b>Rahu</b> 4:41PM – 6:20PM		Vanija Until 11:32PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 10:53AM	Moon – Yellow		<b>Devaloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>			

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kuwait City, Kuwait Sun 18      Sutra 15	
Vrishabha Rasi: 28.17	Tithi 4 – 5	<b>Gulika</b> 1:24PM – 3:03PM	<b>Mrigashira</b> Until 10:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 10:07AM – 11:46AM	Athiganda* Until 9:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 2
235134469	<b>Rahu</b> 6:50AM – 8:28AM		Bava Until 12:27AM Tue	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 12:02PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 10:00PM		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kuwait City, Kuwait Sun 19      Sutra 16	
Mithuna Rasi: 10.52	Tithi 5 – 6	<b>Gulika</b> 11:46AM – 1:24PM	<b>Ardra</b> Until 10:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:10AM		Sarvari 5122
		Yama 8:28AM – 10:07AM	Sukarma Until 8:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM		Moon 4 - Phase 2
236134469	<b>Rahu</b> 3:03PM – 4:42PM		Kaulava Until 12:49AM Wed	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Panchami</b> Until 12:41PM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 10:55PM				<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kuwait City, Kuwait Sun 20      Sutra 17	
Mithuna Rasi: 23.44	Tithi 6 – 7	<b>Gulika</b> 10:06AM – 11:45AM	<b>Punarvasu</b> Until 11:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM		Sarvari 5122
		Yama 6:48AM – 8:27AM	Dhriti Until 7:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM		Moon 4 - Phase 2
246134469	<b>Rahu</b> 11:45AM – 1:24PM		Gara Until 12:34AM Thu	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 12:45PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kuwait City, Kuwait Sun 21      Sutra 18	
Kataka Rasi: 6.53	Tithi 7 – 8	<b>Gulika</b> 8:27AM – 10:06AM	<b>Pushya</b> Until 11:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM		Sarvari 5122
		Yama 5:08AM – 6:48AM	Shula* Until 5:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM		Moon 4 - Phase 2
246134469	<b>Rahu</b> 1:25PM – 3:04PM		Visti Until 11:40PM	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Amrita Yoga		<b>Saptami</b> Until 12:11PM	Moon – Blue		<b>Devaloka Day</b>	
Until 11:23PM				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhithi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kuwait City, Kuwait Sun 22      Sutra 19	
Kataka Rasi: 20.26	Tithi 8 – 9	<b>Gulika</b> 6:46AM – 8:26AM	<b>Ashlesha*</b> Until 10:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM		Sarvari 5122
		Yama 3:04PM – 4:44PM	Ganda* Until 3:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:23PM		Moon 4 - Phase 2
246134469	<b>Rahu</b> 10:05AM – 11:45AM		Balava Until 10:06PM	<b>Nataraja:</b> Clear			Navami
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 10:57AM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau			Kuwait City, Kuwait Sun 23 Sutra 20
Simha Rasi: 4.21	Tithi 9 – 10	<b>Gulika</b> 5:06AM – 6:46AM	<b>Magha* Until 9:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM	Sarvari 5122	
		Yama 1:25PM – 3:04PM	Vriddhi Until 12:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 8:25AM – 10:05AM	Taitila Until 7:55PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Navami* Until 9:04AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 9:06PM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Visli* Karana Dashami/Ekodashyam Titau			Kuwait City, Kuwait Sun 24 Sutra 21
Simha Rasi: 18.4	Tithi 10 – 11	<b>Gulika</b> 3:05PM – 4:45PM	<b>Purvaphalguni Until 7:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM	Sarvari 5122	
		Yama 11:45AM – 1:25PM	Dhruva Until 9:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 4:45PM – 6:25PM	Visti Until 3:38AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 6:36AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 7:08PM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvodashyam Titau			Kuwait City, Kuwait Sun 25 Sutra 22
Kanya Rasi: 3.2	Tithi 12	<b>Gulika</b> 1:25PM – 3:05PM	<b>Uttaraphalguni Until 4:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:05AM – 11:45AM	Vyaghata* Until 6:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 6:45AM – 8:25AM	Bava Until 2:02PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvodashi Until 12:20AM Tue</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kuwait City, Kuwait Sun 26 Sutra 23
Kanya Rasi: 18.16	Tithi 13	<b>Gulika</b> 11:45AM – 1:25PM	<b>Hasta Until 2:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Sarvari 5122	
		Yama 8:24AM – 10:04AM	Vajra* Until 10:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:05PM – 4:45PM	Kaulava Until 10:36AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 8:48PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau			Kuwait City, Kuwait Sun 27 Sutra 24
Tula Rasi: 3.19	Tithi 14 – 15	<b>Gulika</b> 10:04AM – 11:45AM	<b>Chitra Until 11:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM	Sarvari 5122	
		Yama 6:43AM – 8:24AM	Siddhi Until 6:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 11:45AM – 1:25PM	Gara Until 7:02AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:14PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

		<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kuwait City, Kuwait Sun 28 Sutra 25
Tula Rasi: 18.22	Tithi 15 – 16	<b>Gulika</b> 8:23AM – 10:04AM	<b>Svati Until 8:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
		Yama 5:02AM – 6:43AM	Vyatipata* Until 2:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 1:25PM – 3:06PM	Balava Until 12:07AM Fri	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Amrita Yoga		<b>Purnima* Until 1:45PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 8:28AM				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Friday, May 8, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Kuwait City, Kuwait Sun 29 Sutra 26
Vrischika Rasi: 3.14	Tithi 16 – 17	<b>Gulika</b> 6:42AM – 8:23AM	<b>Vishakha Until 6:08AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
		Yama 3:06PM – 4:47PM	Variyan Until 10:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 10:04AM – 11:45AM	Taitila Until 9:07PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 10:33AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda