



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 25.34 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 4:16PM – 5:48PM
Yama 1:13PM – 2:45PM
Rahu 5:48PM – 7:19PM

Vishakha **Until 7:28PM**
Siddhi **Until 8:09AM**
Vanija **Until 2:23AM Mon**
Dvitiya **Until 3:01PM**

Ganesha: Blue *Sunrise:* 7:07AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Purple
Moon – Orange

Chaitra•Chaitra

KL, Malaysia
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 9.17 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha Nakshatra Varyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:44PM – 4:16PM
Yama 11:41AM – 1:13PM
Rahu 8:38AM – 10:10AM

Anuradha **Until 7:13PM**
Variyan **Until 6:00AM**
Bava **Until 1:39AM Tue**
Tritiya **Until 1:54PM**

Ganesha: Blue *Sunrise:* 7:07AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Purple
Moon – Orange

Chaitra•Chaitra

KL, Malaysia
Sun 1
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 22.34 Tithi 19 – 20

Routine Work Marana Yoga

Until 7:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:13PM – 2:44PM
Yama 10:10AM – 11:41AM
Rahu 4:16PM – 5:47PM

Jyeshtha* **Until 7:35PM**
Parigha* **Until 3:27AM Wed**
Kaulava **Until 1:43AM Wed**
Chaturthi* **Until 1:33PM**

Ganesha: Blue *Sunrise:* 7:07AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Purple
Moon – Orange

Chaitra•Chaitra

KL, Malaysia
Sun 2
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 5.26 Tithi 20 – 21

Routine Work Marana Yoga

Until 9:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:41AM – 1:13PM
Yama 8:38AM – 10:10AM
Rahu 1:13PM – 2:44PM

Mula* **Until 9:04PM**
Shiva **Until 3:09AM Thu**
Gara **Until 2:36AM Thu**
Panchami **Until 2:02PM**

Ganesha: Yellow *Sunrise:* 7:06AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Purple
Moon – Light Blue

Chaitra•Chaitra

KL, Malaysia
Sun 3
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 17.56 Tithi 21 – 22

Creative Work Siddha Yoga

Until 11:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:09AM – 11:41AM
Yama 7:06AM – 8:38AM
Rahu 2:44PM – 4:16PM

Purvashadha* **Until 11:08PM**
Siddha **Until 3:23AM Fri**
Visti **Until 4:12AM Fri**
Shashthi* **Until 3:18PM**

Ganesha: Yellow *Sunrise:* 7:06AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Light Blue

Chaitra•Chaitra

KL, Malaysia
Sun 4
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Makara Rasi: 0.07 Tithi 22 – 23

Routine Work Marana Yoga

Until 1:35AM Sat

Then Creative Work - Siddha Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:37AM – 10:09AM
Yama 4:15PM – 5:47PM
Rahu 11:41AM – 1:12PM

Uttarashadha **Until 1:35AM Sat**
Sadhya **Until 4:04AM Sat**
Balava **Until 6:22AM Sat**
Saptami **Until 5:13PM**

Ganesha: Red *Sunrise:* 7:06AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Light Blue

Chaitra•Chaitra

KL, Malaysia
Sun 5
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

Retreat Star

Saturday, April 27, 2019

Makara Rasi: 12.05 Tithi 23

Creative Work Siddha Yoga

Until 4:44AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:06AM – 8:37AM
Yama 2:44PM – 4:15PM
Rahu 10:09AM – 11:40AM

Shravana **Until 4:44AM Sun**
Subha **Until 5:01AM Sun**
Balava **Until 6:22AM**
Ashtami* **Until 7:34PM**

Ganesha: Green *Sunrise:* 7:06AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Purple

Chaitra•Chaitra

KL, Malaysia
Sun 6
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Sunday, April 28, 2019

Retreat Star

Makara Rasi: 23.57 Tithi 24

Routine Work Marana Yoga

Until 7:48AM Mon

Then Creative Work - Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Gulika 4:15PM – 5:47PM
Yama 1:12PM – 2:44PM
Rahu 5:47PM – 7:18PM

Dhanishtha **Until 7:48AM Mon**
Sukla **Until 6:01AM Mon**
Taitila **Until 8:51AM**
Navami* **Until 10:06PM**

Ganesha: Green *Sunrise:* 7:05AM
Muruqa: Yellow *Sunset:* 7:18PM
Nataraja: Clear
Moon – Purple

Chaitra•Chaitra

KL, Malaysia
Sun 7
Sutra 14
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

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| Monday, April 29, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau | | | | KL, Malaysia Sun 8 Sutra 15 Vikarin 5121 |
| 1 | | Gulika 2:43PM – 4:15PM | Dhanishtha Until 7:48AM | Ganesha: Green | <i>Sunrise:</i> 7:05AM | |
| Kumbha Rasi: 5.46 | Tithi 25 | Yama 11:40AM – 1:12PM | Sukla Until 6:01AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| Family Home Evening | 294583469 | Rahu 8:37AM – 10:08AM | Vanija Until 11:24AM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 12:36AM Tue | Moon – Purple | | Bhuloka Day |
| | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM |

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| Tuesday, April 30, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau | | | | KL, Malaysia Sun 9 Sutra 16 Vikarin 5121 |
| 2 | | Gulika 1:12PM – 2:43PM | Shatabhishak Until 10:34AM | Ganesha: Green | <i>Sunrise:</i> 7:05AM | |
| Kumbha Rasi: 17.38 | Tithi 26 | Yama 10:08AM – 11:40AM | Brahma Until 6:57AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| Routine Work | 294583469 | Rahu 4:15PM – 5:47PM | Bava Until 1:46PM | Nataraja: Clear | | 2nd Phase |
| Marana Yoga | | | Ekadashi* Until 2:49AM Wed | Moon – Purple | | Bhuloka Day |
| | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM |

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| Wednesday, May 1, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | KL, Malaysia Sun 10 Sutra 17 Vikarin 5121 |
| 3 | | Gulika 11:40AM – 1:12PM | Purvaproshtapada* Until 1:21PM | Ganesha: Purple | <i>Sunrise:</i> 7:05AM | |
| Kumbha Rasi: 29.37 | Tithi 27 | Yama 8:36AM – 10:08AM | Indra Until 7:39AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| Creative Work | 214583469 | Rahu 1:12PM – 2:43PM | Kaulava Until 3:47PM | Nataraja: Clear | | 2nd Phase |
| Amrita Yoga | | | Dvadashi* Until 4:36AM Thu | Moon – Clear | | Bhuloka Day |
| Until 1:21PM | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Thursday, May 2, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | KL, Malaysia Sun 11 Sutra 18 Vikarin 5121 |
| 4 | | Gulika 10:08AM – 11:40AM | Uttaraproshtapada Until 3:31PM | Ganesha: Purple | <i>Sunrise:</i> 7:05AM | |
| Meena Rasi: 11.46 | Tithi 28 | Yama 7:05AM – 8:36AM | Vaidhriti* Until 7:59AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| Creative Work | 214583469 | Rahu 2:43PM – 4:15PM | Gara Until 5:19PM | Nataraja: Clear | | 2nd Phase |
| Siddha Yoga | | | Trayodashi* Until 5:52AM Fri | Moon – Clear | | Bhuloka Day |
| | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM |
| | | | | | | <i>Pradosha Vrata (Fasting)</i> |

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| Friday, May 3, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti* Karana Chaturdashyam Titau | | | | KL, Malaysia Sun 12 Sutra 19 Vikarin 5121 |
| 5 | | Gulika 8:36AM – 10:08AM | Revati Until 5:01PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:04AM | |
| Meena Rasi: 24.08 | Tithi 29 | Yama 4:15PM – 5:46PM | Vishkambha* Until 7:56AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| Creative Work | 215583469 | Rahu 11:40AM – 1:11PM | Visti Until 6:19PM | Nataraja: Clear | | 2nd Phase |
| Siddha Yoga | | | Chaturdashi* Until 6:36AM Sat | Moon – Clear | | Bhuloka Day |
| Until 5:01PM | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Saturday, May 4, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | KL, Malaysia Sun 13 Sutra 20 Vikarin 5121 |
| Retreat Star | | Gulika 7:04AM – 8:36AM | Ashvini Until 6:18PM | Ganesha: Purple | <i>Sunrise:</i> 7:04AM | |
| Mesha Rasi: 6.46 | Tithi 29 – 30 | Yama 2:43PM – 4:15PM | Priti Until 7:28AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| Creative Work | 225583469 | Rahu 10:08AM – 11:39AM | Catuspada Until 6:47PM | Nataraja: Clear | | Amavasya |
| Siddha Yoga | | | Chaturdashi* Until 6:36AM | Moon – White | | Bhuloka Day |
| | | | | Chaitra+Chaitra | | Devaloka Time: 3:PM to 6:PM |

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| Sunday, May 5, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | KL, Malaysia Sun 14 Sutra 21 Vikarin 5121 |
| Retreat Star | | Gulika 4:15PM – 5:46PM | Bharani Until 6:55PM | Ganesha: Purple | <i>Sunrise:</i> 7:04AM | |
| Mesha Rasi: 19.38 | Tithi 30 – 1 | Yama 1:11PM – 2:43PM | Ayushman Until 6:34AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| Routine Work | 225583469 | Rahu 5:46PM – 7:18PM | Kintughna Until 6:43PM | Nataraja: Clear | | Prathama |
| Prabalarishta Yoga | | | Amavasya* Until 6:47AM | Moon – White | | Bhuloka Day |
| Until 6:55PM | | | | Vaisaka+Chaitra | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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| Monday, May 6, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | KL, Malaysia Sun 15 Sutra 22 Vikarin 5121 |
| 1 | | Gulika 2:43PM – 4:15PM | Krittika Until 6:58PM | Ganesha: Purple | <i>Sunrise:</i> 7:04AM | |
| Wrishabha Rasi: 2.44 | Tithi 1 – 2 | Yama 11:39AM – 1:11PM | Sobhana Until 3:43AM Tue | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 4 |
| Family Home Evening | 225583469 | Rahu 8:36AM – 10:07AM | Balava Until 6:13PM | Nataraja: Clear | | 3rd Phase |
| Routine Work Marana Yoga | | | Prathama* Until 6:30AM | Moon – White | Bhuloka Day | Devaloka Time: 3:PM to 6:PM |
| Until 6:58PM | | | | Vaisaka-Chaitra | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Tuesday, May 7, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau | | | | KL, Malaysia Sun 16 Sutra 23 Vikarin 5121 |
| 2 | | Gulika 1:11PM – 2:43PM | Rohini Until 6:56PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:04AM | |
| Wrishabha Rasi: 16.04 | Tithi 3 | Yama 10:07AM – 11:39AM | Athiganda* Until 1:50AM Wed | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 4 |
| Creative Work Amrita Yoga | 235583469 | Rahu 4:15PM – 5:46PM | Taitila Until 5:21PM | Nataraja: Clear | | 3rd Phase |
| Until 6:56PM | | Akshaya Tritiya | Tritiya Until 4:46AM Wed | Moon – Yellow | Bhuloka Day | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | Vaisaka-Chaitra | | |

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| Wednesday, May 8, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Vanija/Visiti* Karana Chaturthyam Titau | | | | KL, Malaysia Sun 17 Sutra 24 Vikarin 5121 |
| 3 | | Gulika 11:39AM – 1:11PM | Mrigashira Until 6:27PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:04AM | |
| Wrishabha Rasi: 29.34 | Tithi 4 | Yama 8:35AM – 10:07AM | Sukarma Until 11:44PM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 4 |
| Creative Work Siddha Yoga | 235583469 | Rahu 1:11PM – 2:43PM | Vanija Until 4:10PM | Nataraja: Clear | | 3rd Phase |
| Until 6:56PM | | | Chaturthi* Until 3:27AM Thu | Moon – Yellow | Bhuloka Day | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | Vaisaka-Chaitra | | |

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| Thursday, May 9, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau | | | | KL, Malaysia Sun 18 Sutra 25 Vikarin 5121 |
| 4 | | Gulika 10:07AM – 11:39AM | Ardra Until 5:35PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:03AM | |
| Mithuna Rasi: 13.15 | Tithi 5 | Yama 7:03AM – 8:35AM | Dhriti Until 9:28PM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 4 |
| Routine Work Marana Yoga | 235583469 | Rahu 2:43PM – 4:14PM | Bava Until 2:43PM | Nataraja: Clear | | 3rd Phase |
| Until 5:35PM | | | Panchami Until 1:54AM Fri | Moon – Yellow | Bhuloka Day | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | Vaisaka-Chaitra | | |

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| Friday, May 10, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | KL, Malaysia Sun 19 Sutra 26 Vikarin 5121 |
| 5 | | Gulika 8:35AM – 10:07AM | Punarvasu Until 4:48PM | Ganesha: Orange | <i>Sunrise:</i> 7:03AM | |
| Mithuna Rasi: 27.04 | Tithi 6 | Yama 4:14PM – 5:46PM | Shula* Until 6:59PM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 4 |
| Creative Work Siddha Yoga | 245583469 | Rahu 11:39AM – 1:11PM | Kaulava Until 1:04PM | Nataraja: Clear | | 3rd Phase |
| Until 4:48PM | | | Shashthi* Until 12:09AM Sat | Moon – Blue | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Vaisaka-Chaitra | | |

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| Saturday, May 11, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau | | | | KL, Malaysia Sun 20 Sutra 27 Vikarin 5121 |
| 6 | | Gulika 7:03AM – 8:35AM | Pushya Until 3:40PM | Ganesha: Orange | <i>Sunrise:</i> 7:03AM | |
| Kataka Rasi: 11 | Tithi 7 | Yama 2:43PM – 4:14PM | Ganda* Until 4:22PM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 4 |
| Creative Work Siddha Yoga | 245583469 | Rahu 10:07AM – 11:39AM | Gara Until 11:13AM | Nataraja: Clear | | 3rd Phase |
| Until 3:40PM | | | Saptami Until 10:12PM | Moon – Blue | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Vaisaka-Chaitra | | |

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| Sunday, May 12, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visiti*/Bava Karana Ashtamyam Titau | | | | KL, Malaysia Sun 21 Sutra 28 Vikarin 5121 |
| Retreat Star | | Gulika 4:14PM – 5:46PM | Ashlesha* Until 2:14PM | Ganesha: Clear | <i>Sunrise:</i> 7:03AM | |
| Kataka Rasi: 25.04 | Tithi 8 | Yama 1:11PM – 2:43PM | Vridhhi Until 1:38PM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 4 |
| Creative Work Siddha Yoga | 246583469 | Rahu 5:46PM – 7:18PM | Visiti Until 9:11AM | Nataraja: Clear | | Ashtami |
| Until 2:14PM | | Mother's Day | Ashtami* Until 8:05PM | Moon – Blue | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Vaisaka-Chaitra | | |


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| Monday, May 13, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Navami/Dashamyam Titau | | | | KL, Malaysia Sun 22 Sutra 29 Vikarin 5121 |
| Retreat Star | | Gulika 2:43PM – 4:14PM | Magha* Until 12:55PM | Ganesha: White | <i>Sunrise:</i> 7:03AM | |
| Simha Rasi: 9.13 | Tithi 9 – 10 | Yama 11:39AM – 1:11PM | Dhruva Until 10:44AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 4 |
| Family Home Evening | 256583469 | Rahu 8:35AM – 10:07AM | Balava Until 7:00AM | Nataraja: Clear | | Navami |
| Routine Work Marana Yoga | | | Navami* Until 5:50PM | Moon – Red | Bhuloka Day | Devaloka Time: 3:PM to 6:PM |
| Until 12:55PM | | | | Vaisaka-Chaitra | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 1 | | Tuesday, May 14, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | KL, Malaysia Sun 23 Sutra 30 |
| Simha Rasi: 23.28 | Tithi 10 – 11 | Gulika | 1:11PM – 2:43PM | Purvaphalguni Until 11:22AM | Ganesha: White | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama | 10:07AM – 11:39AM | Vyaghata* Until 7:46AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 5 |
| | | 256583469 Rahu | 4:15PM – 5:46PM | Vanija Until 2:19AM Wed | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Dashami Until 3:29PM | Moon – Red | Bhuloka Day | |
| Until 11:22AM | | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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|---------------------------------|---------------|--------------------------------|------------------|------------------------------------|------------------------|---|------------------------------------|
| 2 | | Wednesday, May 15, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | KL, Malaysia Sun 24 Sutra 31 |
| Kanya Rasi: 7.45 | Tithi 11 – 12 | Gulika | 11:39AM – 1:11PM | Uttaraphalguni Until 9:37AM | Ganesha: White | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama | 8:35AM – 10:07AM | Vajra* Until 1:44AM Thu | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 5 |
| | | 256583469 Rahu | 1:11PM – 2:43PM | Bava Until 11:56PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | | Ekadashi Until 1:06PM | Moon – Red | Bhuloka Day | |
| Until 9:37AM | | | | | Vaisaka-Vaikasi | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|----------------------------------|---------------|-------------------------------|-------------------|-------------------------------|------------------------|---|------------------------------------|
| 3 | | Thursday, May 16, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | KL, Malaysia Sun 25 Sutra 32 |
| Kanya Rasi: 22.02 | Tithi 12 – 13 | Gulika | 10:07AM – 11:39AM | Hasta Until 8:11AM | Ganesha: Yellow | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama | 7:03AM – 8:35AM | Siddhi Until 10:49PM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 5 |
| | | 266583469 Rahu | 2:43PM – 4:15PM | Kaulava Until 9:39PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | | Dvadashi Until 10:45AM | Moon – Green | Devaloka Day | |
| Until 8:11AM | | | | | Vaisaka-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | <i>Pradosha Vrata</i> | | | |

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|-----------------|---------------|-----------------------------|------------------|--------------------------------|------------------------|---|------------------------------------|
| 4 | | Friday, May 17, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | KL, Malaysia Sun 26 Sutra 33 |
| Tula Rasi: 6.13 | Tithi 13 – 14 | Gulika | 8:35AM – 10:07AM | Chitra Until 6:45AM | Ganesha: Yellow | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama | 4:15PM – 5:47PM | Vyatipata* Until 8:05PM | Muruqa: Yellow | <i>Sunset:</i> 7:19PM | Moon 4 - Phase 5 |
| | | 266583469 Rahu | 11:39AM – 1:11PM | Gara Until 7:35PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Trayodashi Until 8:34AM | Moon – Green | Devaloka Day | |
| | | | | | Vaisaka-Vaikasi | | |

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|---|---------------|-------------------------------|-------------------|----------------------------------|------------------------|--|------------------------------------|
|  | | Saturday, May 18, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau | KL, Malaysia Sun 27 Sutra 34 |
| Tula Rasi: 20.14 | Tithi 14 – 15 | Gulika | 7:03AM – 8:35AM | Vishakha Until 4:48AM Sun | Ganesha: Blue | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama | 2:43PM – 4:15PM | Variyan Until 5:37PM | Muruqa: Yellow | <i>Sunset:</i> 7:19PM | Moon 4 - Phase 5 |
| | | 276583469 Rahu | 10:07AM – 11:39AM | Bava Until 5:09AM Sun | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 6:39AM | Moon – Orange | Bhuloka Day | |
| Until 4:48AM Sun | | | | | Vaisaka-Vaikasi | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|----------------------------------|-------------|-----------------------------|-----------------|-----------------------------------|------------------------|--|------------------------------------|
| Silver Retreat Star | | Sunday, May 19, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau | KL, Malaysia Sun 28 Sutra 35 |
| Vrischika Rasi: 4 | Tithi 16 | Gulika | 4:15PM – 5:47PM | Anuradha Until 4:33AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama | 1:11PM – 2:43PM | Parigha* Until 3:32PM | Muruqa: Yellow | <i>Sunset:</i> 7:19PM | Moon 4 - Phase 5 |
| | | 277583469 Rahu | 5:47PM – 7:19PM | Balava Until 4:36PM | Nataraja: Clear | | Prathama |
| Routine Work | Marana Yoga | | | Prathama* Until 4:10AM Mon | Moon – Orange | Devaloka Day | |
| Until 4:33AM Mon | | | | | Vaisaka-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 17.27 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 4:47AM Tue
Then Creative Work - Amrita Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:43PM – 4:15PM
Yama 11:39AM – 1:11PM
Rahu 8:35AM – 10:07AM

Jyeshtha* Until 4:47AM Tue
Shiva Until 1:56PM
Taitila Until 3:56PM
Dvitiya Until 3:49AM Tue

Ganesha: Yellow *Sunrise: 7:03AM*
Muruga: Yellow *Sunset: 7:19PM*
Nataraja: Clear
Moon – Orange

Devaloka Day

KL, Malaysia
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

1

Tuesday, May 21, 2019

Dhanus Rasi: 0.34 Tithi 18
Creative Work Amrita Yoga

287583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:11PM – 2:43PM
Yama 10:07AM – 11:39AM
Rahu 4:15PM – 5:47PM

Mula* Until 6:00AM Wed
Siddha Until 12:50PM
Vanija Until 3:55PM
Tritiya Until 4:10AM Wed

Ganesha: Blue *Sunrise: 7:03AM*
Muruga: Yellow *Sunset: 7:19PM*
Nataraja: Clear
Moon – Light Blue

Sivaloka Day

KL, Malaysia
Sun 1
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

2

Wednesday, May 22, 2019

Dhanus Rasi: 13.2 Tithi 19
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:39AM – 1:11PM
Yama 8:35AM – 10:07AM
Rahu 1:11PM – 2:43PM

Mula* Until 6:00AM
Sadhya Until 12:18PM
Bava Until 4:37PM
Chaturthi* Until 5:12AM Thu

Ganesha: Red *Sunrise: 7:03AM*
Muruga: Yellow *Sunset: 7:19PM*
Nataraja: Clear
Moon – Light Blue

Devaloka Day

KL, Malaysia
Sun 2
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

3

Thursday, May 23, 2019

Dhanus Rasi: 25.47 Tithi 20
Creative Work Siddha Yoga
Until 7:43AM
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:07AM – 11:39AM
Yama 7:03AM – 8:35AM
Rahu 2:43PM – 4:15PM

Purvashadha* Until 7:43AM
Subha Until 12:19PM
Kaulava Until 5:59PM
Panchami Until 6:51AM Fri

Ganesha: Red *Sunrise: 7:03AM*
Muruga: Yellow *Sunset: 7:19PM*
Nataraja: Clear
Moon – Light Blue

Devaloka Day

KL, Malaysia
Sun 3
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

4

Friday, May 24, 2019

Makara Rasi: 7.58 Tithi 20 – 21
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:35AM – 10:07AM
Yama 4:15PM – 5:47PM
Rahu 11:39AM – 1:11PM

Uttarashadha Until 9:52AM
Sukla Until 12:45PM
Gara Until 7:54PM
Panchami Until 6:51AM

Ganesha: Red *Sunrise: 7:03AM*
Muruga: Yellow *Sunset: 7:19PM*
Nataraja: Clear
Moon – Light Blue

Devaloka Day

KL, Malaysia
Sun 4
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

5

Saturday, May 25, 2019

Makara Rasi: 19.58 Tithi 21 – 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:03AM – 8:35AM
Yama 2:43PM – 4:15PM
Rahu 10:07AM – 11:39AM

Shravana Until 12:47PM
Brahma Until 1:31PM
Visti Until 10:11PM
Shashthi* Until 8:59AM

Ganesha: Green *Sunrise: 7:03AM*
Muruga: Yellow *Sunset: 7:20PM*
Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

KL, Malaysia
Sun 5
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

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Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 1.5 Tithi 22 – 23
Routine Work Marana Yoga
Until 3:44PM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 4:15PM – 5:48PM
Yama 1:11PM – 2:43PM
Rahu 5:48PM – 7:20PM

Dhanishtha Until 3:44PM
Indra Until 2:29PM
Balava Until 12:37AM Mon
Saptami Until 11:22AM

Ganesha: Blue *Sunrise: 7:03AM*
Muruga: Yellow *Sunset: 7:20PM*
Nataraja: Clear
Moon – Purple

Sivaloka Day

KL, Malaysia
Sun 6
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 13.42 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 6:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:43PM – 4:16PM
Yama 11:39AM – 1:11PM
Rahu 8:35AM – 10:07AM

Shatabhishak Until 6:32PM
Vaidhriti* Until 3:25PM
Taitila Until 2:57AM Tue
Ashtami* Until 1:47PM

Ganesha: Blue *Sunrise: 7:03AM*
Muruga: Yellow *Sunset: 7:20PM*
Nataraja: Clear
Moon – Purple

Sivaloka Day

KL, Malaysia
Sun 7
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

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|----------------------------------|---------------|---------------------------------------|---------------------------------------|------------------------|------------------------|--|---|
| 1 | | Tuesday, May 28, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau | KL, Malaysia Sun 8 Sutra 44 Vikarin 5121 |
| Kumbha Rasi: 25.37 | Tithi 24 – 25 | Gulika 1:12PM – 2:44PM | Purvaproshtapada* Until 9:26PM | Ganesha: Purple | <i>Sunrise:</i> 7:03AM | | |
| | | Yama 10:07AM – 11:39AM | Vishkambha* Until 4:12PM | Muruqa: Yellow | <i>Sunset:</i> 7:20PM | Moon 5 - Phase 7 | |
| | | 318683469 Rahu 4:16PM – 5:48PM | Vanija Until 5:00AM Wed | Nataraja: Clear | | 2nd Phase | |
| Routine Work | Marana Yoga | | Navami* Until 4:00PM | Moon – Clear | | Sivaloka Day | |
| Until 9:26PM | | | | Vaisaka-Vaikasi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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|---------------------------------|---------------|---------------------------------------|--|------------------------|------------------------|---|---|
| 2 | | Wednesday, May 29, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | KL, Malaysia Sun 9 Sutra 45 Vikarin 5121 |
| Meena Rasi: 7.38 | Tithi 25 – 26 | Gulika 11:39AM – 1:12PM | Uttaraproshtapada Until 11:45PM | Ganesha: Purple | <i>Sunrise:</i> 7:03AM | | |
| | | Yama 8:35AM – 10:07AM | Priti Until 4:43PM | Muruqa: Yellow | <i>Sunset:</i> 7:20PM | Moon 5 - Phase 7 | |
| | | 318683469 Rahu 1:12PM – 2:44PM | Bava Until 6:34AM Thu | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 5:50PM | Moon – Clear | | Sivaloka Day | |
| Until 11:45PM | | | | Vaisaka-Vaikasi | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 | | Thursday, May 30, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau | KL, Malaysia Sun 10 Sutra 46 Vikarin 5121 |
| Meena Rasi: 19.52 | Tithi 26 | Gulika 10:07AM – 11:40AM | Revati Until 1:22AM Fri | Ganesha: Purple | <i>Sunrise:</i> 7:03AM | | |
| | | Yama 7:03AM – 8:35AM | Ayushman Until 4:47PM | Muruqa: Yellow | <i>Sunset:</i> 7:20PM | Moon 5 - Phase 7 | |
| | | 318683469 Rahu 2:44PM – 4:16PM | Bava Until 6:34AM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Ekadashi* Until 7:07PM | Moon – Clear | | Sivaloka Day | |
| Until 1:22AM Fri | | | | Vaisaka-Vaikasi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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|----------------------------------|-------------|--|---------------------------------|------------------------|------------------------|--|--|
| 4 | | Friday, May 31, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau | KL, Malaysia Sun 11 Sutra 47 Vikarin 5121 |
| Mesha Rasi: 2.2 | Tithi 27 | Gulika 8:35AM – 10:08AM | Ashvini Until 2:42AM Sat | Ganesha: Clear | <i>Sunrise:</i> 7:03AM | | |
| | | Yama 4:16PM – 5:48PM | Saubhagya Until 4:23PM | Muruqa: Yellow | <i>Sunset:</i> 7:21PM | Moon 5 - Phase 7 | |
| | | 328683469 Rahu 11:40AM – 1:12PM | Kaulava Until 7:33AM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Dvadashi* Until 7:47PM | Moon – White | | Devaloka Day | |
| Until 2:42AM Sat | | | | Vaisaka-Vaikasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 5 | | Saturday, June 1, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau | KL, Malaysia Sun 12 Sutra 48 Vikarin 5121 |
| Mesha Rasi: 15.06 | Tithi 28 | Gulika 7:03AM – 8:36AM | Bharani Until 3:14AM Sun | Ganesha: White | <i>Sunrise:</i> 7:03AM | | |
| | | Yama 2:44PM – 4:16PM | Sobhana Until 3:30PM | Muruqa: Yellow | <i>Sunset:</i> 7:21PM | Moon 5 - Phase 7 | |
| | | 329683469 Rahu 10:08AM – 11:40AM | Gara Until 7:54AM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 7:49PM | Moon – White | | Bhuloka Day | |
| | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |
| | | | | | | <i>Pradosha Vrata (Fasting)</i> | |

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| 6 | | Sunday, June 2, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | KL, Malaysia Sun 13 Sutra 49 Vikarin 5121 |
| Mesha Rasi: 28.11 | Tithi 29 | Gulika 4:17PM – 5:49PM | Krittika Until 3:02AM Mon | Ganesha: White | <i>Sunrise:</i> 7:03AM | | |
| | | Yama 1:12PM – 2:44PM | Athiganda* Until 2:05PM | Muruqa: Yellow | <i>Sunset:</i> 7:21PM | Moon 5 - Phase 7 | |
| | | 329683469 Rahu 5:49PM – 7:21PM | Visti Until 7:37AM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 7:14PM | Moon – White | | Bhuloka Day | |
| Until 3:02AM Mon | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| Monday, June 3, 2019 | | Retreat Star | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau | KL, Malaysia Sun 14 Sutra 50 Vikarin 5121 |
| Vrshabha Rasi: 11.35 | Tithi 30 | Gulika 2:45PM – 4:17PM | Rohini Until 2:37AM Tue | Ganesha: Green | <i>Sunrise:</i> 7:04AM | | |
| Family Home Evening | | Yama 11:40AM – 1:12PM | Sukarma Until 12:14PM | Muruqa: Yellow | <i>Sunset:</i> 7:21PM | Moon 5 - Phase 7 | |
| Creative Work | Amrita Yoga | 339683469 Rahu 8:36AM – 10:08AM | Catuspada Until 6:44AM | Nataraja: Clear | | Amavasya | |
| Until 2:37AM Tue | | | Amavasya* Until 6:05PM | Moon – Yellow | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |

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| Tuesday, June 4, 2019 | | Retreat Star | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau | KL, Malaysia Sun 15 Sutra 51 Vikarin 5121 |
| Vrshabha Rasi: 25.16 | Tithi 1 – 2 | Gulika 1:13PM – 2:45PM | Mrigashira Until 1:39AM Wed | Ganesha: Green | <i>Sunrise:</i> 7:04AM | | |
| | | Yama 10:08AM – 11:40AM | Dhriti Until 10:01AM | Muruqa: Yellow | <i>Sunset:</i> 7:21PM | Moon 5 - Phase 7 | |
| | | 339683469 Rahu 4:17PM – 5:49PM | Balava Until 3:35AM Wed | Nataraja: Clear | | Prathama | |
| Creative Work | Siddha Yoga | | Prathama* Until 4:30PM | Moon – Yellow | | Bhuloka Day | |
| | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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| 1 | Wednesday, June 5, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | KL, Malaysia Sun 16 Sutra 52 Vikarin 5121 |
| | Mithuna Rasi: 9.11 | Tithi 2 – 3 | Gulika 11:40AM – 1:13PM | Ardra Until 12:14AM Thu | Ganesha: Green | <i>Sunrise:</i> 7:04AM | |
| | | | Yama 8:36AM – 10:08AM | Shula* Until 7:28AM | Muruqa: Yellow | <i>Sunset:</i> 7:21PM | Moon 5 - Phase 8 |
| | | | 339683461 Rahu 1:13PM – 2:45PM | Taitila Until 1:31AM Thu | Nataraja: Clear | | 3rd Phase |
| Creative Work Siddha Yoga Until 12:14AM Thu Then Creative Work - Amrita Yoga | | | Dvitiya Until 2:34PM | Jyeshtha-Vaikasi | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| 2 | Thursday, June 6, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | KL, Malaysia Sun 17 Sutra 53 Vikarin 5121 |
| | Mithuna Rasi: 23.18 | Tithi 3 – 4 | Gulika 10:08AM – 11:41AM | Punarvasu Until 10:55PM | Ganesha: White | <i>Sunrise:</i> 7:04AM | |
| | | | Yama 7:04AM – 8:36AM | Vriddhi Until 1:48AM Fri | Muruqa: Yellow | <i>Sunset:</i> 7:22PM | Moon 5 - Phase 8 |
| | | | 349683461 Rahu 2:45PM – 4:17PM | Vanija Until 11:15PM | Nataraja: Yellow | | 3rd Phase |
| Creative Work Amrita Yoga | | | Tritiya Until 12:23PM | Jyeshtha-Vaikasi | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| 3 | Friday, June 7, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | KL, Malaysia Sun 18 Sutra 54 Vikarin 5121 |
| | Kataka Rasi: 7.32 | Tithi 4 – 5 | Gulika 8:36AM – 10:09AM | Pushya Until 9:21PM | Ganesha: White | <i>Sunrise:</i> 7:04AM | |
| | | | Yama 4:17PM – 5:50PM | Dhruva Until 10:49PM | Muruqa: Yellow | <i>Sunset:</i> 7:22PM | Moon 5 - Phase 8 |
| | | | 349683461 Rahu 11:41AM – 1:13PM | Bava Until 8:54PM | Nataraja: Yellow | | 3rd Phase |
| Routine Work Marana Yoga | | | Chaturthi* Until 10:04AM | Jyeshtha-Vaikasi | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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|--|-------------------------------|-------------|--|-------------------------------|-------------------------|---|--|
| 4 | Saturday, June 8, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | KL, Malaysia Sun 19 Sutra 55 Vikarin 5121 |
| | Kataka Rasi: 21.48 | Tithi 5 – 6 | Gulika 7:04AM – 8:37AM | Ashlesha* Until 7:38PM | Ganesha: White | <i>Sunrise:</i> 7:04AM | |
| | | | Yama 2:45PM – 4:18PM | Vyaghata* Until 7:50PM | Muruqa: Yellow | <i>Sunset:</i> 7:22PM | Moon 5 - Phase 8 |
| | | | 349683461 Rahu 10:09AM – 11:41AM | Kaulava Until 6:32PM | Nataraja: Yellow | | 3rd Phase |
| Routine Work Marana Yoga Until 7:38PM Then Creative Work - Amrita Yoga | | | Panchami Until 7:42AM | Jyeshtha-Vaikasi | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| 5 | Sunday, June 9, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saplamyam Titau | | | | KL, Malaysia Sun 20 Sutra 56 Vikarin 5121 |
| | Simha Rasi: 6.04 | Tithi 7 | Gulika 4:18PM – 5:50PM | Magha* Until 6:14PM | Ganesha: Yellow | <i>Sunrise:</i> 7:05AM | |
| | | | Yama 1:13PM – 2:46PM | Harshana Until 4:53PM | Muruqa: Yellow | <i>Sunset:</i> 7:22PM | Moon 5 - Phase 8 |
| | | | 351683461 Rahu 5:50PM – 7:22PM | Gara Until 4:12PM | Nataraja: Yellow | | 3rd Phase |
| Routine Work Marana Yoga Until 6:14PM Then Creative Work - Siddha Yoga | | | Saptami Until 3:03AM Mon | Jyeshtha-Vaikasi | | Devaloka Day | |

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| Monday, June 10, 2019 | Retreat Star | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashlamyam Titau | | | | KL, Malaysia Sun 21 Sutra 57 Vikarin 5121 |
| | Simha Rasi: 20.17 | Tithi 8 | Gulika 2:46PM – 4:18PM | Purvaphalguni Until 4:48PM | Ganesha: Yellow | <i>Sunrise:</i> 7:05AM | |
| | Family Home Evening | | Yama 11:41AM – 1:14PM | Vajra* Until 2:00PM | Muruqa: Yellow | <i>Sunset:</i> 7:23PM | Moon 5 - Phase 8 |
| | | | 351683461 Rahu 8:37AM – 10:09AM | Visti Until 1:58PM | Nataraja: Yellow | | Ashtami |
| Creative Work Siddha Yoga | | | Ashtami* Until 12:52AM Tue | Jyeshtha-Vaikasi | | Devaloka Day | |

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| Tuesday, June 11, 2019 | Retreat Star | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Navamyam Titau | | | | KL, Malaysia Sun 22 Sutra 58 Vikarin 5121 |
| | Kanya Rasi: 4.25 | Tithi 9 | Gulika 1:14PM – 2:46PM | Uttaraphalguni Until 3:21PM | Ganesha: Yellow | <i>Sunrise:</i> 7:05AM | |
| | | | Yama 10:09AM – 11:42AM | Siddhi Until 11:14AM | Muruqa: Yellow | <i>Sunset:</i> 7:23PM | Moon 5 - Phase 8 |
| | | | 351683461 Rahu 4:18PM – 5:51PM | Balava Until 11:51AM | Nataraja: Yellow | | Navami |
| Creative Work Amrita Yoga Until 3:21PM Then Creative Work - Siddha Yoga | | | Navami* Until 10:49PM | Jyeshtha-Vaikasi | | Devaloka Day | |

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| 1 | | Wednesday, June 12, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasla/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau | | KL, Malaysia Sun 23 Sutra 59 Vikarin 5121 | |
| Kanya Rasi: 18.28 | Tithi 10 | Gulika | 11:42AM – 1:14PM | Hasta Until 2:21PM | Ganesha: White | <i>Sunrise:</i> 7:05AM | |
| | | Yama | 8:37AM – 10:10AM | Vyatipata* Until 8:36AM | Muruqa: Yellow | <i>Sunset:</i> 7:23PM | Moon 5 - Phase 9 |
| | | 361683461 Rahu | 1:14PM – 2:46PM | Taitila Until 9:53AM | Nataraja: Yellow | | 4th Phase |
| Routine Work | Marana Yoga | | | Dashami Until 8:58PM | Moon – Green | Bhuloka Day | |
| Until 2:21PM | | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Thursday, June 13, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau | | KL, Malaysia Sun 24 Sutra 60 Vikarin 5121 | |
| Tula Rasi: 2.23 | Tithi 11 | Gulika | 10:10AM – 11:42AM | Chitra Until 1:25PM | Ganesha: White | <i>Sunrise:</i> 7:05AM | |
| | | Yama | 7:05AM – 8:37AM | Variyan Until 6:07AM | Muruqa: Yellow | <i>Sunset:</i> 7:23PM | Moon 5 - Phase 9 |
| | | 361683461 Rahu | 2:46PM – 4:19PM | Vanija Until 8:08AM | Nataraja: Yellow | | 4th Phase |
| Creative Work | Siddha Yoga | | | Ekadashi Until 7:20PM | Moon – Green | Bhuloka Day | |
| Until 1:25PM | | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 3 | | Friday, June 14, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau | | KL, Malaysia Sun 25 Sutra 61 Vikarin 5121 | |
| Tula Rasi: 16.08 | Tithi 12 | Gulika | 8:38AM – 10:10AM | Svati Until 12:37PM | Ganesha: White | <i>Sunrise:</i> 7:05AM | |
| | | Yama | 4:19PM – 5:51PM | Shiva Until 1:52AM Sat | Muruqa: Blue | <i>Sunset:</i> 7:23PM | Moon 5 - Phase 9 |
| | | 361693461 Rahu | 11:42AM – 1:14PM | Bava Until 6:39AM | Nataraja: Yellow | | 4th Phase |
| Creative Work | Siddha Yoga | | | Dvadashi Until 6:00PM | Moon – Green | Devaloka Day | |
| | | Vaikasi Visakam | | | Jyeshtha-Vaikasi | | |

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| 4 | | Saturday, June 15, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | KL, Malaysia Sun 26 Sutra 62 Vikarin 5121 | |
| Tula Rasi: 29.43 | Tithi 13 – 14 | Gulika | 7:06AM – 8:38AM | Vishakha Until 12:27PM | Ganesha: Clear | <i>Sunrise:</i> 7:06AM | |
| | | Yama | 2:47PM – 4:19PM | Siddha Until 12:09AM Sun | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 5 - Phase 9 |
| | | 371693461 Rahu | 10:10AM – 11:42AM | Gara Until 4:43AM Sun | Nataraja: Yellow | | 4th Phase |
| Creative Work | Siddha Yoga | | | Trayodashi Until 5:01PM | Moon – Orange | Sivaloka Day | |
| | | | | | Jyeshtha-Ani | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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| 5 | | Sunday, June 16, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | KL, Malaysia Sun 27 Sutra 63 Vikarin 5121 | |
| Vrischika Rasi: 13.03 | Tithi 14 – 15 | Gulika | 4:19PM – 5:52PM | Anuradha Until 12:33PM | Ganesha: White | <i>Sunrise:</i> 7:06AM | |
| | | Yama | 1:15PM – 2:47PM | Sadhya Until 10:49PM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 5 - Phase 9 |
| | | 371793461 Rahu | 5:52PM – 7:24PM | Visti Until 4:25AM Mon | Nataraja: Yellow | | 4th Phase |
| Routine Work | Marana Yoga | | | Chaturdashi* Until 4:29PM | Moon – Orange | Subha Sivaloka Day | |
| | | Father's Day | | | Jyeshtha-Ani | | |

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| ○ | | Monday, June 17, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | KL, Malaysia Sun 28 Sutra 64 Vikarin 5121 | |
| Copper Retreat Star | | Gulika | 2:47PM – 4:20PM | Jyeshtha* Until 12:59PM | Ganesha: White | <i>Sunrise:</i> 7:06AM | |
| Vrischika Rasi: 26.08 | Tithi 15 – 16 | Yama | 11:43AM – 1:15PM | Subha Until 9:55PM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 5 - Phase 9 |
| Family Home Evening | | 371793461 Rahu | 8:38AM – 10:11AM | Balava Until 4:39AM Tue | Nataraja: Yellow | | Purnima |
| Creative Work | Siddha Yoga | | | Purnima* Until 4:27PM | Moon – Orange | Subha Sivaloka Day | |
| | | | | | Jyeshtha-Ani | | |

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| ○ | | Tuesday, June 18, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | | KL, Malaysia Sun 29 Sutra 65 Vikarin 5121 | |
| Silver Retreat Star | | Gulika | 1:15PM – 2:48PM | Mula* Until 2:16PM | Ganesha: Clear | <i>Sunrise:</i> 7:06AM | |
| Dhanus Rasi: 8.58 | Tithi 16 – 17 | Yama | 10:11AM – 11:43AM | Sukla Until 9:26PM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 5 - Phase 9 |
| | | 381793461 Rahu | 4:20PM – 5:52PM | Taitila Until 5:28AM Wed | Nataraja: Yellow | | Prathama |
| Creative Work | Amrita Yoga | | | Prathama* Until 4:58PM | Moon – Light Blue | Sivaloka Day | |
| Until 2:16PM | | | | | Jyeshtha-Ani | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Wednesday, June 19, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Gara Karana Dvitiyayam Titau

KL, Malaysia
Sun 1
Sutra 66
Vikarin 5121

Dhanus Rasi: 21.31 Tithi 17

382793461

Gulika 11:43AM – 1:15PM
Yama 8:39AM – 10:11AM
Rahu 1:15PM – 2:48PM

Purvashadha* Until 3:57PM
Brahma Until 9:24PM
Gara Until 6:03PM
Dvitiya Until 6:03PM

Ganesha: Clear *Sunrise: 7:06AM*
Muruqa: Blue *Sunset: 7:25PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Thursday, June 20, 2019

1

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

KL, Malaysia
Sun 2
Sutra 67
Vikarin 5121

Makara Rasi: 3.5 Tithi 18

382793461

Gulika 10:11AM – 11:43AM
Yama 7:07AM – 8:39AM
Rahu 2:48PM – 4:20PM

Uttarashadha Until 5:59PM
Indra Until 9:47PM
Vanija Until 6:49AM
Tritiya Until 7:40PM

Ganesha: Purple *Sunrise: 7:07AM*
Muruqa: Blue *Sunset: 7:25PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 5:59PM

Then Creative Work - Siddha Yoga

Friday, June 21, 2019

2

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

KL, Malaysia
Sun 3
Sutra 68
Vikarin 5121

Makara Rasi: 15.56 Tithi 19

392793461

Gulika 8:39AM – 10:11AM
Yama 4:20PM – 5:53PM
Rahu 11:44AM – 1:16PM

Shravana Until 8:46PM
Vaidhriti* Until 10:27PM
Bava Until 8:40AM
Chaturthi* Until 9:42PM

Ganesha: Clear *Sunrise: 7:07AM*
Muruqa: Blue *Sunset: 7:25PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

Saturday, June 22, 2019

3

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

KL, Malaysia
Sun 4
Sutra 69
Vikarin 5121

Makara Rasi: 27.55 Tithi 20

392793461

Gulika 7:07AM – 8:39AM
Yama 2:48PM – 4:21PM
Rahu 10:12AM – 11:44AM

Dhanishtha Until 11:39PM
Vishkambha* Until 11:21PM
Kaulava Until 10:51AM
Panchami Until 12:00AM Sun

Ganesha: Clear *Sunrise: 7:07AM*
Muruqa: Blue *Sunset: 7:25PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 11:39PM

Then Creative Work - Amrita Yoga

Sunday, June 23, 2019

4

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

KL, Malaysia
Sun 5
Sutra 70
Vikarin 5121

Kumbha Rasi: 9.48 Tithi 21

392793461

Gulika 4:21PM – 5:53PM
Yama 1:16PM – 2:49PM
Rahu 5:53PM – 7:25PM

Shatabhishak Until 2:27AM Mon
Priti Until 12:20AM Mon
Gara Until 1:13PM
Shashthi* Until 2:24AM Mon

Ganesha: Clear *Sunrise: 7:07AM*
Muruqa: Blue *Sunset: 7:25PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 2:27AM Mon

Then Routine Work - Marana Yoga

Monday, June 24, 2019

5

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

KL, Malaysia
Sun 6
Sutra 71
Vikarin 5121

Kumbha Rasi: 21.4 Tithi 22

312793461

Gulika 2:49PM – 4:21PM
Yama 11:44AM – 1:17PM
Rahu 8:40AM – 10:12AM

Purvaproshtapada* Until 5:29AM Tue
Ayushman Until 1:12AM Tue
Visti Until 3:35PM
Saptami Until 4:41AM Tue

Ganesha: Yellow *Sunrise: 7:08AM*
Muruqa: Blue *Sunset: 7:26PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 5:29AM Tue

Then Creative Work - Amrita Yoga

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Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

KL, Malaysia
Sun 7
Sutra 72
Vikarin 5121

Meena Rasi: 3.35 Tithi 23

312793461

Gulika 1:17PM – 2:49PM
Yama 10:12AM – 11:45AM
Rahu 4:21PM – 5:54PM

Uttaraproshtapada Until 8:03AM Wed
Saubhagya Until 1:53AM Wed
Balava Until 5:45PM
Ashtami* Until 6:40AM Wed

Ganesha: Yellow *Sunrise: 7:08AM*
Muruqa: Blue *Sunset: 7:26PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Ashtami

Sivaloka Day

Creative Work Amrita Yoga

Until 8:03AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

KL, Malaysia
Sun 8
Sutra 73
Vikarin 5121

Meena Rasi: 15.37 Tithi 23 – 24

312793461

Gulika 11:45AM – 1:17PM
Yama 8:40AM – 10:12AM
Rahu 1:17PM – 2:49PM

Uttaraproshtapada Until 8:03AM
Sobhana Until 2:14AM Thu
Taitila Until 7:31PM
Ashtami* Until 6:40AM

Ganesha: Yellow *Sunrise: 7:08AM*
Muruqa: Blue *Sunset: 7:26PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 8:03AM

Then Routine Work - Marana Yoga

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| 1 | | Thursday, June 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | KL, Malaysia Sun 9 Sutra 74 Vikarin 5121 |
| Meena Rasi: 27.51 | Tithi 24 – 25 | Gulika 10:13AM – 11:45AM | Revati Until 9:59AM | Ganesha: Yellow | <i>Sunrise:</i> 7:08AM | | |
| | | Yama 7:08AM – 8:40AM | Athiganda* Until 2:06AM Fri | Muruqa: Blue | <i>Sunset:</i> 7:26PM | | Moon 6 - Phase 11 |
| | | 312793461 Rahu 2:49PM – 4:22PM | Vanija Until 8:43PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Navami* Until 8:10AM | Moon – Clear | | Sivaloka Day | |
| Until 9:59AM | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 2 | | Friday, June 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | KL, Malaysia Sun 10 Sutra 75 Vikarin 5121 |
| Mesha Rasi: 10.2 | Tithi 25 – 26 | Gulika 8:41AM – 10:13AM | Ashvini Until 11:38AM | Ganesha: Blue | <i>Sunrise:</i> 7:08AM | | |
| | | Yama 4:22PM – 5:54PM | Sukarma Until 1:27AM Sat | Muruqa: Blue | <i>Sunset:</i> 7:26PM | | Moon 6 - Phase 11 |
| | | 322793461 Rahu 11:45AM – 1:17PM | Bava Until 9:16PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dashami Until 9:04AM | Moon – White | | Devaloka Day | |
| Until 11:38AM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | | Saturday, June 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | KL, Malaysia Sun 11 Sutra 76 Vikarin 5121 |
| Mesha Rasi: 23.1 | Tithi 26 – 27 | Gulika 7:09AM – 8:41AM | Bharani Until 12:26PM | Ganesha: Blue | <i>Sunrise:</i> 7:09AM | | |
| | | Yama 2:50PM – 4:22PM | Dhriti Until 12:14AM Sun | Muruqa: Blue | <i>Sunset:</i> 7:27PM | | Moon 6 - Phase 11 |
| | | 322793461 Rahu 10:13AM – 11:45AM | Kaulava Until 9:06PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 9:15AM | Moon – White | | Devaloka Day | |
| Until 12:26PM | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 | | Sunday, June 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau | | | KL, Malaysia Sun 12 Sutra 77 Vikarin 5121 |
| Vrisabha Rasi: 6.2 | Tithi 27 – 28 | Gulika 4:22PM – 5:55PM | Krittika Until 12:22PM | Ganesha: Blue | <i>Sunrise:</i> 7:09AM | | |
| | | Yama 1:18PM – 2:50PM | Shula* Until 10:25PM | Muruqa: Blue | <i>Sunset:</i> 7:27PM | | Moon 6 - Phase 11 |
| | | 322793461 Rahu 5:55PM – 7:27PM | Gara Until 8:12PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dvadashi* Until 8:43AM | Moon – White | | Devaloka Day | |
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Pradosha Vrata (Fasting)

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|----------------------------|---------------|--|---------------------------------|--|------------------------|---------------------|--|
| 5 | | Monday, July 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chatradashyam Titau | | | KL, Malaysia Sun 13 Sutra 78 Vikarin 5121 |
| Vrisabha Rasi: 19.55 | Tithi 28 – 29 | Gulika 2:50PM – 4:23PM | Rohini Until 11:56AM | Ganesha: Blue | <i>Sunrise:</i> 7:09AM | | |
| Family Home Evening | | Yama 11:46AM – 1:18PM | Ganda* Until 8:06PM | Muruqa: Blue | <i>Sunset:</i> 7:27PM | | Moon 6 - Phase 11 |
| | | 332793461 Rahu 8:41AM – 10:14AM | Visti Until 6:39PM | Nataraja: Yellow | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Trayodashi* Until 7:29AM | Moon – Yellow | | Devaloka Day | |
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|---------------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|---------------------|--|
| Retreat Star | | Tuesday, July 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | KL, Malaysia Sun 14 Sutra 79 Vikarin 5121 |
| Mithuna Rasi: 3.51 | Tithi 30 | Gulika 1:18PM – 2:50PM | Mrigashira Until 10:46AM | Ganesha: Blue | <i>Sunrise:</i> 7:09AM | | |
| | | Yama 10:14AM – 11:46AM | Vriddhi Until 5:20PM | Muruqa: Blue | <i>Sunset:</i> 7:27PM | | Moon 6 - Phase 11 |
| | | 332793461 Rahu 4:23PM – 5:55PM | Catuspada Until 4:33PM | Nataraja: Yellow | | | Amavasya |
| Creative Work | Siddha Yoga | | Amavasya* Until 3:18AM Wed | Moon – Yellow | | Devaloka Day | |
| Until 10:46AM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|---------------------|-------------|---------------------------------------|------------------------------------|--|------------------------|---------------------|--|
| Retreat Star | | Wednesday, July 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | KL, Malaysia Sun 15 Sutra 80 Vikarin 5121 |
| Mithuna Rasi: 18.07 | Tithi 1 | Gulika 11:46AM – 1:18PM | Ardra Until 8:59AM | Ganesha: Red | <i>Sunrise:</i> 7:09AM | | |
| | | Yama 8:42AM – 10:14AM | Dhruva Until 2:12PM | Muruqa: Blue | <i>Sunset:</i> 7:27PM | | Moon 6 - Phase 11 |
| | | 333793461 Rahu 1:18PM – 2:51PM | Kintughna Until 2:00PM | Nataraja: Yellow | | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 12:36AM Thu | Moon – Yellow | | Sivaloka Day | |
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Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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|-------------------|-------------|---------------------------------------|-------------------------------|---|------------------------|---------------------|-------------------|--|
| 1 | | Thursday, July 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | KL, Malaysia Sun 16 Sutra 81 Vikarin 5121 |
| Kataka Rasi: 2.38 | Tithi 2 | Gulika 10:14AM – 11:46AM | Punarvasu Until 7:08AM | Ganesha: Yellow | <i>Sunrise:</i> 7:10AM | | | |
| | | Yama 7:10AM – 8:42AM | Vyaghata* Until 10:49AM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | | Moon 6 - Phase 12 | |
| Creative Work | Amrita Yoga | 343793461 Rahu 2:51PM – 4:23PM | Balava Until 11:10AM | Nataraja: Yellow | | | 3rd Phase | |
| | | | Dvitiya Until 9:39PM | Moon – Blue | | Sivaloka Day | | |
| | | | | Ashada*Ani | | | | |

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| 2 | | Friday, July 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau | | | | KL, Malaysia Sun 17 Sutra 82 Vikarin 5121 |
| Kataka Rasi: 17.17 | Tithi 3 | Gulika 8:42AM – 10:14AM | Ashlesha* Until 2:37AM Sat | Ganesha: Yellow | <i>Sunrise:</i> 7:10AM | | | |
| | | Yama 4:23PM – 5:55PM | Harshana Until 7:19AM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | | Moon 6 - Phase 12 | |
| Routine Work | Marana Yoga | 343793461 Rahu 11:47AM – 1:19PM | Taitila Until 8:10AM | Nataraja: Yellow | | | 3rd Phase | |
| Until 2:37AM Sat | | | Tritiya Until 6:37PM | Moon – Blue | | Sivaloka Day | | |
| Then Creative Work - Amrita Yoga | | | | Ashada*Ani | | | | |

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| 3 | | Saturday, July 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | KL, Malaysia Sun 18 Sutra 83 Vikarin 5121 |
| Simha Rasi: 1.58 | Tithi 4 – 5 | Gulika 7:10AM – 8:42AM | Magha* Until 12:37AM Sun | Ganesha: White | <i>Sunrise:</i> 7:10AM | | | |
| | | Yama 2:51PM – 4:23PM | Siddhi Until 12:17AM Sun | Muruqa: Blue | <i>Sunset:</i> 7:28PM | | Moon 6 - Phase 12 | |
| Creative Work | Amrita Yoga | 353793461 Rahu 10:15AM – 11:47AM | Bava Until 2:11AM Sun | Nataraja: Yellow | | | 3rd Phase | |
| Until 12:37AM Sun | | | Chaturthi* Until 3:37PM | Moon – Red | | Subha Sivaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | Ashada*Ani | | | | |

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| 4 | | Sunday, July 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau | | | | KL, Malaysia Sun 19 Sutra 84 Vikarin 5121 |
| Simha Rasi: 16.35 | Tithi 5 – 6 | Gulika 4:24PM – 5:56PM | Purvaphalguni Until 10:40PM | Ganesha: Yellow | <i>Sunrise:</i> 7:10AM | | | |
| | | Yama 1:19PM – 2:51PM | Vyatipata* Until 8:59PM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 453793461 Rahu 5:56PM – 7:28PM | Kaulava Until 11:27PM | Nataraja: Yellow | | | 3rd Phase | |
| Until 10:40PM | | | Panchami Until 12:46PM | Moon – Red | | Sivaloka Day | | |
| Then Creative Work - Amrita Yoga | | | | Ashada*Ani | | | | |

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| 5 | | Monday, July 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | KL, Malaysia Sun 20 Sutra 85 Vikarin 5121 |
| Kanya Rasi: 1.03 | Tithi 6 – 7 | Gulika 2:51PM – 4:24PM | Uttaraphalguni Until 8:52PM | Ganesha: Yellow | <i>Sunrise:</i> 7:10AM | | | |
| Family Home Evening | | Yama 11:47AM – 1:19PM | Variyan Until 5:53PM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 453793461 Rahu 8:43AM – 10:15AM | Gara Until 9:00PM | Nataraja: Yellow | | | 3rd Phase | |
| | | | Chidambaram Abhishekam | Moon – Red | | Sivaloka Day | | |
| | | | Shashthi* Until 10:10AM | Ashada*Ani | | | | |

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| Retreat Star | | Tuesday, July 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | KL, Malaysia Sun 21 Sutra 86 Vikarin 5121 |
| Kanya Rasi: 15.17 | Tithi 7 – 8 | Gulika 1:19PM – 2:52PM | Hasta Until 7:43PM | Ganesha: White | <i>Sunrise:</i> 7:11AM | | | |
| | | Yama 10:15AM – 11:47AM | Parigha* Until 3:06PM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 463793461 Rahu 4:24PM – 5:56PM | Visti Until 6:54PM | Nataraja: Yellow | | | Ashtami | |
| | | | Saptami Until 7:53AM | Moon – Green | | Subha Sivaloka Day | | |
| | | | | Ashada*Ani | | | | |

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|---------------------|-------------|---------------------------------------|------------------------------|---|------------------------|---------------------------|-------------------|--|
| Retreat Star | | Wednesday, July 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau | | | | KL, Malaysia Sun 22 Sutra 87 Vikarin 5121 |
| Kanya Rasi: 29.17 | Tithi 8 – 9 | Gulika 11:47AM – 1:20PM | Chitra Until 6:50PM | Ganesha: White | <i>Sunrise:</i> 7:11AM | | | |
| | | Yama 8:43AM – 10:15AM | Shiva Until 12:39PM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 463793461 Rahu 1:20PM – 2:52PM | Kaulava Until 4:32AM Thu | Nataraja: Yellow | | | Navami | |
| | | | Ashtami* Until 6:00AM | Moon – Green | | Subha Sivaloka Day | | |
| | | | | Ashada*Ani | | | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


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| 1 | Thursday, July 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau | | | | KL, Malaysia Sun 23 Sutra 88 |
| | Tula Rasi: 13 | Tithi 10 | Gulika 10:15AM – 11:48AM | Svati Until 6:15PM | Ganesha: Yellow | <i>Sunrise:</i> 7:11AM | Vikarin 5121 |
| | | 463893461 | Yama 7:11AM – 8:43AM | Siddha Until 10:32AM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | Moon 6 - Phase 13 |
| | | | Rahu 2:52PM – 4:24PM | Taitila Until 4:00PM | Nataraja: Yellow | | 4th Phase |
| Creative Work | Amrita Yoga | | | Dashami Until 3:32AM Fri | Moon – Green | | Sivaloka Day |
| Until 6:15PM | | | | | Ashada•Ani | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | Friday, July 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | KL, Malaysia Sun 24 Sutra 89 |
| | Tula Rasi: 26.28 | Tithi 11 | Gulika 8:43AM – 10:16AM | Vishakha Until 6:25PM | Ganesha: White | <i>Sunrise:</i> 7:11AM | Vikarin 5121 |
| | | 473893461 | Yama 4:24PM – 5:56PM | Sadhya Until 8:48AM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | Moon 6 - Phase 13 |
| | | | Rahu 11:48AM – 1:20PM | Vanija Until 3:13PM | Nataraja: Yellow | | 4th Phase |
| Creative Work | Siddha Yoga | | | Ekadashi Until 3:00AM Sat | Moon – Orange | | Devaloka Day |
| | | | | | Ashada•Ani | | |

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|---------------|--------------------------------|-----------|---|----------------------------------|-------------------------|------------------------|------------------------------------|
| 3 | Saturday, July 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvodashyam Titau | | | | KL, Malaysia Sun 25 Sutra 90 |
| | Vrischika Rasi: 9.4 | Tithi 12 | Gulika 7:11AM – 8:43AM | Anuradha Until 6:54PM | Ganesha: White | <i>Sunrise:</i> 7:11AM | Vikarin 5121 |
| | | 473893461 | Yama 2:52PM – 4:24PM | Subha Until 7:28AM | Muruqa: Blue | <i>Sunset:</i> 7:29PM | Moon 6 - Phase 13 |
| | | | Rahu 10:16AM – 11:48AM | Bava Until 2:56PM | Nataraja: Yellow | | 4th Phase |
| Creative Work | Siddha Yoga | | | Dvadashi Until 2:56AM Sun | Moon – Orange | | Devaloka Day |
| | | | | | Ashada•Ani | | |

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| 4 | Sunday, July 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | KL, Malaysia Sun 26 Sutra 91 |
| | Vrischika Rasi: 22.37 | Tithi 13 | Gulika 4:24PM – 5:57PM | Jyeshtha* Until 7:43PM | Ganesha: White | <i>Sunrise:</i> 7:12AM | Vikarin 5121 |
| | | 473893461 | Yama 1:20PM – 2:52PM | Sukla Until 6:29AM | Muruqa: Blue | <i>Sunset:</i> 7:29PM | Moon 6 - Phase 13 |
| | | | Rahu 5:57PM – 7:29PM | Kaulava Until 3:07PM | Nataraja: Yellow | | 4th Phase |
| Routine Work | Marana Yoga | | | Trayodashi Until 3:22AM Mon | Moon – Orange | | Devaloka Day |
| Until 7:43PM | | | | | Ashada•Ani | | |
| Then Creative Work - Amrita Yoga | | | | <i>Pradosha Vrata</i> | | | |

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| 5 | Monday, July 15, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | KL, Malaysia Sun 27 Sutra 92 |
| | Dhanus Rasi: 5.2 | Tithi 14 | Gulika 2:52PM – 4:24PM | Mula* Until 9:18PM | Ganesha: Clear | <i>Sunrise:</i> 7:12AM | Vikarin 5121 |
| Family Home Evening | | 483893461 | Yama 11:48AM – 1:20PM | Indra Until 5:41AM Tue | Muruqa: Blue | <i>Sunset:</i> 7:29PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | | Rahu 8:44AM – 10:16AM | Gara Until 3:47PM | Nataraja: Yellow | | 4th Phase |
| Until 9:18PM | | | | Chaturdashi* Until 4:16AM Tue | Moon – Light Blue | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | | Ashada•Ani | | |

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|  | Tuesday, July 16, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau | | | | KL, Malaysia Sun 28 Sutra 93 |
| | Dhanus Rasi: 17.5 | Tithi 15 | Gulika 1:20PM – 2:52PM | Purvashadha* Until 11:10PM | Ganesha: Clear | <i>Sunrise:</i> 7:12AM | Vikarin 5121 |
| | | 483893461 | Yama 10:16AM – 11:48AM | Vaidhriti* Until 5:48AM Wed | Muruqa: Blue | <i>Sunset:</i> 7:29PM | Moon 6 - Phase 13 |
| | | | Rahu 4:25PM – 5:57PM | Visti Until 4:54PM | Nataraja: Yellow | | Purnima |
| Creative Work | Siddha Yoga | | | Purnima* Until 5:37AM Wed | Moon – Light Blue | | Sivaloka Day |
| Until 11:10PM | | | | | Ashada•Ani | | |
| Then Routine Work - Prabalarishta Yoga | | | | Partial Lunar Eclipse Satguru Purnima | | | |

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| 6 | Wednesday, July 17, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava Karana Prathamayam Titau | | | | KL, Malaysia Sun 29 Sutra 94 |
| | Makara Rasi: 0.08 | Tithi 16 | Gulika 11:48AM – 1:20PM | Uttarashadha Until 1:18AM Thu | Ganesha: Purple | <i>Sunrise:</i> 7:12AM | Vikarin 5121 |
| | | 484893461 | Yama 8:44AM – 10:16AM | Vishkambha* Until 6:14AM Thu | Muruqa: Blue | <i>Sunset:</i> 7:29PM | Moon 6 - Phase 13 |
| | | | Rahu 1:20PM – 2:52PM | Balava Until 6:28PM | Nataraja: Yellow | | Prathama |
| Creative Work | Amrita Yoga | | | Prathama* Until 7:23AM Thu | Moon – Light Blue | | Subha Sivaloka Day |
| Until 1:18AM Thu | | | | | Ashada•Ani | | |
| Then Creative Work - Siddha Yoga | | | | | | | |



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vishkambha* Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

KL, Malaysia
Sutra 95

Makara Rasi: 12.16 Tithi 16 – 17

Gulika 10:16AM – 11:48AM
Yama 7:12AM – 8:44AM
494893462 **Rahu** 2:53PM – 4:25PM

Shravana Until 4:05AM Fri
Vishkambha* Until 6:14AM
Taitila Until 8:24PM
Prathama* Until 7:23AM

Ganesha: Clear *Sunrise: 7:12AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – Purple
Ashada*Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

KL, Malaysia
Sutra 96

Makara Rasi: 24.17 Tithi 17 – 18

Gulika 8:44AM – 10:16AM
Yama 4:25PM – 5:57PM
494893462 **Rahu** 11:48AM – 1:21PM

Dhanishtha Until 6:57AM Sat
Priti Until 6:57AM
Vanija Until 10:37PM
Dvitiya Until 9:28AM

Ganesha: Clear *Sunrise: 7:12AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – Purple
Ashada*Adi

Sun 1
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 6:57AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

KL, Malaysia
Sutra 97

Kumbha Rasi: 6.11 Tithi 18 – 19

Gulika 7:12AM – 8:44AM
Yama 2:53PM – 4:25PM
494893462 **Rahu** 10:16AM – 11:49AM

Dhanishtha Until 6:57AM
Ayushman Until 7:49AM
Bava Until 1:00AM Sun
Tritiya Until 11:47AM

Ganesha: Clear *Sunrise: 7:12AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – Purple
Ashada*Adi

Sun 2
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 6:57AM
Then Creative Work - Amrita Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

KL, Malaysia
Sutra 98

Kumbha Rasi: 18.03 Tithi 19 – 20

Gulika 4:25PM – 5:57PM
Yama 1:21PM – 2:53PM
494893462 **Rahu** 5:57PM – 7:29PM

Shatabhishak Until 9:45AM
Saubhagya Until 8:48AM
Kaulava Until 3:25AM Mon
Chaturthi* Until 2:12PM

Ganesha: Clear *Sunrise: 7:12AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – Purple
Ashada*Adi

Sun 3
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

KL, Malaysia
Sutra 99

Kumbha Rasi: 29.55 Tithi 20 – 21

Gulika 2:53PM – 4:25PM
Yama 11:49AM – 1:21PM
414893462 **Rahu** 8:45AM – 10:17AM

Purvaproshtapada* Until 12:53PM
Sobhana Until 9:46AM
Gara Until 5:42AM Tue
Panchami Until 4:34PM

Ganesha: Clear *Sunrise: 7:13AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Sun 4
Moon 7 - Phase 14
1st Phase

Family Home Evening
Routine Work Marana Yoga

Subha Sivaloka Day

Until 12:53PM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija Karana Shashthyam Titau

KL, Malaysia
Sutra 100

Meena Rasi: 11.5 Tithi 21

Gulika 1:21PM – 2:53PM
Yama 10:17AM – 11:49AM
414893462 **Rahu** 4:25PM – 5:57PM

Uttaraproshtapada Until 3:40PM
Athiganda* Until 10:35AM
Vanija Until 6:44PM
Shashthi* Until 6:44PM

Ganesha: Clear *Sunrise: 7:13AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Sun 5
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 3:40PM
Then Creative Work - Siddha Yoga

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

KL, Malaysia
Sutra 101

Meena Rasi: 23.51 Tithi 22

Gulika 11:49AM – 1:21PM
Yama 8:45AM – 10:17AM
414893462 **Rahu** 1:21PM – 2:53PM

Revati Until 5:57PM
Sukarma Until 11:11AM
Visti Until 7:42AM
Saptami Until 8:32PM

Ganesha: Clear *Sunrise: 7:13AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Sun 6
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

D

Thursday, July 25, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

KL, Malaysia
Sutra 102

Mesha Rasi: 6.03 Tithi 23

Gulika 10:17AM – 11:49AM
Yama 7:13AM – 8:45AM
424893462 **Rahu** 2:53PM – 4:25PM

Ashvini Until 8:04PM
Dhriti Until 11:26AM
Balava Until 9:16AM
Ashtami* Until 9:48PM

Ganesha: White *Sunrise: 7:13AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – White
Ashada*Adi

Sun 7
Moon 7 - Phase 14
Ashtami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Until 8:04PM
Then Creative Work - Siddha Yoga

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navamyam Titau

KL, Malaysia
Sutra 103

Mesha Rasi: 18.3 Tithi 24

Gulika 8:45AM – 10:17AM
Yama 4:25PM – 5:57PM
424893462 **Rahu** 11:49AM – 1:21PM

Bharani Until 9:23PM
Shula* Until 11:10AM
Taitila Until 10:13AM
Navami* Until 10:25PM

Ganesha: White *Sunrise: 7:13AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – White
Ashada*Adi

Sun 8
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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|---------------|--------------------------------|-------------------------------|--|-------------------------------------|------------------------|--------------------------|-----------------------|
| 1 | Saturday, July 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau | | | | KL, Malaysia Sun 9 |
| | Wrishabha Rasi: 1.17 | Tithi 25 | Gulika 7:13AM – 8:45AM | Krittika Until 9:49PM | Ganesha: White | <i>Sunrise:</i> 7:13AM | Sutra 104 |
| | | | Yama 2:53PM – 4:25PM | Ganda* Until 10:22AM | Muruqa: Blue | <i>Sunset:</i> 7:29PM | Vikarin 5121 |
| | 424893462 | Rahu 10:17AM – 11:49AM | | Vanija Until 10:27AM | Nataraja: White | | Moon 7 - Phase 15 |
| Creative Work | Amrita Yoga | | Dashami Until 10:16PM | Moon – White | | 2nd Phase | |
| | | | | Ashada-Adi | | Subha Subha Sivaloka Day | |

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| 2 | Sunday, July 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau | | | | KL, Malaysia Sun 10 |
| | Wrishabha Rasi: 14.26 | Tithi 26 | Gulika 4:25PM – 5:57PM | Rohini Until 9:47PM | Ganesha: Yellow | <i>Sunrise:</i> 7:13AM | Sutra 105 |
| | | | Yama 1:21PM – 2:53PM | Vriddhi Until 8:57AM | Muruqa: Blue | <i>Sunset:</i> 7:29PM | Vikarin 5121 |
| | 434893462 | Rahu 5:57PM – 7:29PM | | Bava Until 9:55AM | Nataraja: White | | Moon 7 - Phase 15 |
| Creative Work | Siddha Yoga | | Ekadashi* Until 9:20PM | Moon – Yellow | | 2nd Phase | |
| | | | | Ashada-Adi | | Subha Sivaloka Day | |

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| 3 | Monday, July 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Dvadashyam Titau | | | | KL, Malaysia Sun 11 |
| | Wrishabha Rasi: 28.02 | Tithi 27 | Gulika 2:53PM – 4:25PM | Mrigashira Until 8:51PM | Ganesha: Yellow | <i>Sunrise:</i> 7:13AM | Sutra 106 |
| | Family Home Evening | | Yama 11:49AM – 1:21PM | Dhruva Until 6:53AM | Muruqa: Blue | <i>Sunset:</i> 7:29PM | Vikarin 5121 |
| | 434893462 | Rahu 8:45AM – 10:17AM | | Kaulava Until 8:36AM | Nataraja: White | | Moon 7 - Phase 15 |
| Creative Work | Amrita Yoga | | Dvadashi* Until 7:39PM | Moon – Yellow | | 2nd Phase | |
| Until 8:51PM | | | | Ashada-Adi | | Subha Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | Tuesday, July 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Harshana Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | KL, Malaysia Sun 12 |
| | Mithuna Rasi: 12.04 | Tithi 28 – 29 | Gulika 1:21PM – 2:53PM | Ardra Until 7:07PM | Ganesha: White | <i>Sunrise:</i> 7:13AM | Sutra 107 |
| | | | Yama 10:17AM – 11:49AM | Harshana Until 1:07AM Wed | Muruqa: Blue | <i>Sunset:</i> 7:28PM | Vikarin 5121 |
| | 435893462 | Rahu 4:25PM – 5:56PM | | Gara Until 6:35AM | Nataraja: White | | Moon 7 - Phase 15 |
| Routine Work | Marana Yoga | | Trayodashi* Until 5:19PM | Moon – Yellow | | 2nd Phase | |
| Until 7:07PM | | | | Ashada-Adi | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| | | | | | | <i>Pradosha Vrata (Fasting)</i> | |

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|---|---------------------------------|-----------------------------|--|--------------------------------------|------------------------|------------------------|------------------------|
|  | Wednesday, July 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | KL, Malaysia Sun 13 |
| | Retreat Star | | Gulika 11:49AM – 1:21PM | Punarvasu Until 5:09PM | Ganesha: Green | <i>Sunrise:</i> 7:13AM | Sutra 108 |
| | Mithuna Rasi: 26.29 | Tithi 29 – 30 | Yama 8:45AM – 10:17AM | Vajra* Until 9:33PM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | Vikarin 5121 |
| | 445893462 | Rahu 1:21PM – 2:53PM | | Catuspada Until 12:52AM Thu | Nataraja: White | | Moon 7 - Phase 15 |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 2:27PM | Moon – Blue | | Amavasya | |
| | | | | Ashada-Adi | | Sivaloka Day | |

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| Retreat Star | Thursday, August 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | KL, Malaysia Sun 14 |
| | Kataka Rasi: 11.16 | Tithi 30 – 1 | Gulika 10:17AM – 11:49AM | Pushya Until 2:40PM | Ganesha: Green | <i>Sunrise:</i> 7:13AM | Sutra 109 |
| | | | Yama 7:13AM – 8:45AM | Siddhi Until 5:43PM | Muruqa: Blue | <i>Sunset:</i> 7:28PM | Vikarin 5121 |
| | 445893462 | Rahu 2:53PM – 4:24PM | | Kintughna Until 9:28PM | Nataraja: White | | Moon 7 - Phase 15 |
| Creative Work | Amrita Yoga | | Amavasya* Until 11:11AM | Moon – Blue | | Prathama | |
| Until 2:40PM | | | | Sravana-Adi | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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| 1 | | Friday, August 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipala*/Varyan Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau | | | | KL, Malaysia |
| Kataka Rasi: 26.15 | Tithi 1 – 2 | 445893462 | Gulika 8:45AM – 10:17AM Yama 4:24PM – 5:56PM Rahu 11:49AM – 1:21PM | Ashlesha* Until 11:50AM Vyatipata* Until 1:45PM Kaulava Until 4:07AM Sat Prathama* Until 7:41AM | Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue | Sunrise: 7:13AM Sunset: 7:28PM | Sun 15 | Sutra 110 Vikarin 5121 Moon 7 - Phase 16 3rd Phase |
| Routine Work | Marana Yoga | | | | | | | Sivaloka Day |

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| 2 | | Saturday, August 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau | | | | KL, Malaysia |
| Simha Rasi: 11.18 | Tithi 3 | 455893462 | Gulika 7:13AM – 8:45AM Yama 2:52PM – 4:24PM Rahu 10:17AM – 11:49AM | Magha* Until 9:13AM Varyan Until 9:43AM Taitila Until 2:22PM Tritiya Until 12:37AM Sun | Ganesha: White Muruqa: Blue Nataraja: White Moon – Red | Sunrise: 7:13AM Sunset: 7:28PM | Sun 16 | Sutra 111 Vikarin 5121 Moon 7 - Phase 16 3rd Phase |
| Creative Work | Amrita Yoga | | | | | | | Sivaloka Day |
| Until 9:13AM | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 3 | | Sunday, August 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturtham Titau | | | | KL, Malaysia |
| Simha Rasi: 26.17 | Tithi 4 | 455993462 | Gulika 4:24PM – 5:56PM Yama 1:20PM – 2:52PM Rahu 5:56PM – 7:28PM | Purvaphalguni Until 6:36AM Shiva Until 2:08AM Mon Vanija Until 10:57AM Chaturthi* Until 9:20PM | Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Red | Sunrise: 7:13AM Sunset: 7:28PM | Sun 17 | Sutra 112 Vikarin 5121 Moon 7 - Phase 16 3rd Phase |
| Creative Work | Siddha Yoga | | | | | | | Subha Sivaloka Day |
| Until 6:36AM | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 4 | | Monday, August 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau | | | | KL, Malaysia |
| Kanya Rasi: 11.04 | Tithi 5 | 465993462 | Gulika 2:52PM – 4:24PM Yama 11:49AM – 1:20PM Rahu 8:45AM – 10:17AM | Hasta Until 2:17AM Tue Siddha Until 10:45PM Bava Until 7:51AM Panchami Until 6:26PM | Ganesha: White Muruqa: Blue Nataraja: White Moon – Green | Sunrise: 7:13AM Sunset: 7:28PM | Sun 18 | Sutra 113 Vikarin 5121 Moon 7 - Phase 16 3rd Phase |
| Family Home Evening | | | | | | | | Subha Subha Sivaloka Day |
| Creative Work | Siddha Yoga | | | | | | | |
| | | | Nag Panchami | | | | | |

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| 5 | | Tuesday, August 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | KL, Malaysia |
| Kanya Rasi: 25.32 | Tithi 6 – 7 | 465993462 | Gulika 1:20PM – 2:52PM Yama 10:17AM – 11:48AM Rahu 4:24PM – 5:56PM | Chitra Until 12:52AM Wed Sadhya Until 7:48PM Gara Until 3:02AM Wed Shashthi* Until 4:00PM | Ganesha: White Muruqa: Blue Nataraja: White Moon – Green | Sunrise: 7:13AM Sunset: 7:27PM | Sun 19 | Sutra 114 Vikarin 5121 Moon 7 - Phase 16 3rd Phase |
| Creative Work | Siddha Yoga | | | | | | | Subha Subha Sivaloka Day |

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| Retreat Star | | Wednesday, August 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | KL, Malaysia |
| Tula Rasi: 9.38 | Tithi 7 – 8 | 465993462 | Gulika 11:48AM – 1:20PM Yama 8:45AM – 10:17AM Rahu 1:20PM – 2:52PM | Svati Until 11:54PM Subha Until 5:21PM Visti Until 1:30AM Thu Saptami Until 2:10PM | Ganesha: White Muruqa: Blue Nataraja: White Moon – Green | Sunrise: 7:13AM Sunset: 7:27PM | Sun 20 | Sutra 115 Vikarin 5121 Moon 7 - Phase 16 Ashtami |
| Creative Work | Siddha Yoga | | | | | | | Subha Subha Sivaloka Day |

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| Retreat Star | | Thursday, August 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | KL, Malaysia |
| Tula Rasi: 23.21 | Tithi 8 – 9 | 476993462 | Gulika 10:16AM – 11:48AM Yama 7:13AM – 8:45AM Rahu 2:52PM – 4:24PM | Vishakha Until 11:54PM Sukla Until 3:25PM Balava Until 12:39AM Fri Ashtami* Until 12:59PM | Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange | Sunrise: 7:13AM Sunset: 7:27PM | Sun 21 | Sutra 116 Vikarin 5121 Moon 7 - Phase 16 Navami |
| Creative Work | Siddha Yoga | | | | | | | Sivaloka Day |

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| 1 | | Friday, August 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | | KL, Malaysia Sun 22 Sutra 117 Vikarin 5121 |
| Wrischika Rasi: 6.4 | Tithi 9 – 10 | Gulika 8:45AM – 10:16AM | Anuradha Until 12:24AM Sat | Ganesha: Purple | <i>Sunrise:</i> 7:13AM | |
| | | Yama 4:23PM – 5:55PM | Brahma Until 2:02PM | Muruqa: Blue | <i>Sunset:</i> 7:27PM | Moon 7 - Phase 17 |
| 476993462 | | Rahu 11:48AM – 1:20PM | Taitila Until 12:28AM Sat | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 12:28PM | Moon – Orange | | Sivaloka Day |
| | | Varalakshmi Vratam | | Sravana*Adi | | |

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| 2 | | Saturday, August 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | KL, Malaysia Sun 23 Sutra 118 Vikarin 5121 |
| Wrischika Rasi: 19.39 | Tithi 10 – 11 | Gulika 7:13AM – 8:45AM | Jyeshtha* Until 1:22AM Sun | Ganesha: Purple | <i>Sunrise:</i> 7:13AM | |
| | | Yama 2:51PM – 4:23PM | Indra Until 1:10PM | Muruqa: Blue | <i>Sunset:</i> 7:27PM | Moon 7 - Phase 17 |
| 476993462 | | Rahu 10:16AM – 11:48AM | Vanija Until 12:55AM Sun | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 12:36PM | Moon – Orange | | Sivaloka Day |
| Until 1:22AM Sun | | | | Sravana*Adi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 3 | | Sunday, August 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | KL, Malaysia Sun 24 Sutra 119 Vikarin 5121 |
| Dhanus Rasi: 2.2 | Tithi 11 – 12 | Gulika 4:23PM – 5:55PM | Mula* Until 3:12AM Mon | Ganesha: Clear | <i>Sunrise:</i> 7:13AM | |
| | | Yama 1:20PM – 2:51PM | Vaidhriti* Until 12:45PM | Muruqa: Blue | <i>Sunset:</i> 7:26PM | Moon 7 - Phase 17 |
| 486993462 | | Rahu 5:55PM – 7:26PM | Bava Until 1:56AM Mon | Nataraja: White | | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 1:20PM | Moon – Light Blue | | Subha Sivaloka Day |
| Until 3:12AM Mon | | | | Sravana*Adi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 4 | | Monday, August 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | KL, Malaysia Sun 25 Sutra 120 Vikarin 5121 |
| Dhanus Rasi: 14.46 | Tithi 12 – 13 | Gulika 2:51PM – 4:23PM | Purvashadha* Until 5:20AM Tue | Ganesha: Clear | <i>Sunrise:</i> 7:13AM | |
| | | Yama 11:48AM – 1:19PM | Vishkambha* Until 12:46PM | Muruqa: Blue | <i>Sunset:</i> 7:26PM | Moon 7 - Phase 17 |
| 486993462 | | Rahu 8:44AM – 10:16AM | Kaulava Until 3:25AM Tue | Nataraja: White | | 4th Phase |
| Family Home Evening | | | Dvadashi Until 2:36PM | Moon – Light Blue | | Subha Sivaloka Day |
| Routine Work | Marana Yoga | | | Sravana*Adi | | |
| Until 5:20AM Tue | | | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |
| | | | | | | <i>Pradosha Vrata</i> |

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| 5 | | Tuesday, August 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | KL, Malaysia Sun 26 Sutra 121 Vikarin 5121 |
| Dhanus Rasi: 27 | Tithi 13 – 14 | Gulika 1:19PM – 2:51PM | Uttarashadha Until 7:38AM Wed | Ganesha: Clear | <i>Sunrise:</i> 7:13AM | |
| | | Yama 10:16AM – 11:48AM | Priti Until 1:07PM | Muruqa: Blue | <i>Sunset:</i> 7:26PM | Moon 7 - Phase 17 |
| 486993462 | | Rahu 4:23PM – 5:54PM | Gara Until 5:16AM Wed | Nataraja: White | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Trayodashi Until 4:17PM | Moon – Light Blue | | Subha Sivaloka Day |
| Until 7:38AM Wed | | | | Sravana*Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 6 | | Wednesday, August 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija Karana Chaturdashyam Titau | | KL, Malaysia Sun 27 Sutra 122 Vikarin 5121 |
| Makara Rasi: 9.05 | Tithi 14 | Gulika 11:47AM – 1:19PM | Uttarashadha Until 7:38AM | Ganesha: Clear | <i>Sunrise:</i> 7:12AM | |
| | | Yama 8:44AM – 10:16AM | Ayushman Until 1:42PM | Muruqa: Blue | <i>Sunset:</i> 7:26PM | Moon 7 - Phase 17 |
| 486993462 | | Rahu 1:19PM – 2:51PM | Vanija Until 6:18PM | Nataraja: White | | 4th Phase |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 6:18PM | Moon – Light Blue | | Subha Sivaloka Day |
| Until 7:38AM | | | | Sravana*Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| ○ | | Thursday, August 15, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau | | KL, Malaysia Sutra 123 Vikarin 5121 |
| Copper Retreat Star | | Gulika 10:16AM – 11:47AM | Shravana Until 10:33AM | Ganesha: Yellow | <i>Sunrise:</i> 7:12AM | |
| Makara Rasi: 21.04 | Tithi 15 | Yama 7:12AM – 8:44AM | Saubhagya Until 2:29PM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | Moon 7 - Phase 17 |
| 497993462 | | Rahu 2:50PM – 4:22PM | Visti Until 7:25AM | Nataraja: White | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 8:32PM | Moon – Purple | | Subha Sivaloka Day |
| | | Raksha Bandhan | | Sravana*Adi | | |

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| Friday, August 16, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau | | KL, Malaysia Sutra 124 Vikarin 5121 | | |
| Silver Retreat Star | | Gulika 8:44AM – 10:15AM | Dhanishtha Until 1:27PM | Ganesha: Yellow | <i>Sunrise:</i> 7:12AM | |
| Kumbha Rasi: 2.58 | Tithi 16 | Yama 4:22PM – 5:54PM | Sobhana Until 3:24PM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | Moon 7 - Phase 17 |
| 497993462 | | Rahu 11:47AM – 1:19PM | Balava Until 9:44AM | Nataraja: White | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 10:55PM | Moon – Purple | | Subha Sivaloka Day |
| | | | | Sravana*Adi | | |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Saturday, August 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

KL, Malaysia

Sun 1 Sutra 125

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 14.5 Tithi 17

Gulika 7:12AM - 8:44AM

Yama 2:50PM - 4:22PM

497993462 Rahu 10:15AM - 11:47AM

Shatabhishak Until 4:16PM

Athiganda* Until 4:21PM

Taitila Until 12:10PM

Dvitiya Until 1:21AM Sun

Ganesha: Yellow

Muruqa: Blue

Nataraja: White

Moon - Purple

Sravana-Avani

Sunrise: 7:12AM

Sunset: 7:25PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 4:16PM

Then Routine Work - Marana Yoga

1 Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

KL, Malaysia

Sun 2 Sutra 126

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 26.41 Tithi 18

Gulika 4:21PM - 5:53PM

Yama 1:18PM - 2:50PM

517993462 Rahu 5:53PM - 7:25PM

Purvaproshtapada* Until 7:25PM

Sukarma Until 5:18PM

Vanija Until 2:35PM

Tritiya Until 3:45AM Mon

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 7:12AM

Sunset: 7:25PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 7:25PM

Then Creative Work - Amrita Yoga

2 Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

KL, Malaysia

Sun 3 Sutra 127

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 8.34 Tithi 19

Gulika 2:50PM - 4:21PM

Yama 11:46AM - 1:18PM

517993462 Rahu 8:43AM - 10:15AM

Uttaraproshtapada Until 10:16PM

Dhriti Until 6:12PM

Bava Until 4:55PM

Chaturthi* Until 6:00AM Tue

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 7:12AM

Sunset: 7:24PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 7:25PM

Then Routine Work - Marana Yoga

3 Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

KL, Malaysia

Sun 4 Sutra 128

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 20.31 Tithi 19 - 20

Gulika 1:18PM - 2:49PM

Yama 10:15AM - 11:46AM

517993462 Rahu 4:21PM - 5:52PM

Revati Until 12:46AM Wed

Shula* Until 6:54PM

Kaulava Until 7:03PM

Chaturthi* Until 6:00AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 7:12AM

Sunset: 7:24PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:46AM Wed

Then Routine Work - Marana Yoga

4 Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthayam Titau

KL, Malaysia

Sun 5 Sutra 129

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 2.32 Tithi 20 - 21

Gulika 11:46AM - 1:18PM

Yama 8:43AM - 10:15AM

527993462 Rahu 1:18PM - 2:49PM

Ashvini Until 3:14AM Thu

Ganda* Until 7:22PM

Gara Until 8:52PM

Panchami Until 7:59AM

Ganesha: Clear

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 7:12AM

Sunset: 7:24PM

Subha Sivaloka Day

Routine Work Marana Yoga

Until 3:14AM Thu

Then Creative Work - Siddha Yoga

5 Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

KL, Malaysia

Sun 6 Sutra 130

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 14.44 Tithi 21 - 22

Gulika 10:14AM - 11:46AM

Yama 7:11AM - 8:43AM

528993462 Rahu 2:49PM - 4:20PM

Bharani Until 5:04AM Fri

Vriddhi Until 7:30PM

Visti Until 10:13PM

Shashthi* Until 9:35AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 7:11AM

Sunset: 7:23PM

Sivaloka Day

Creative Work Siddha Yoga

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

KL, Malaysia

Sun 7 Sutra 131

Vikarin 5121

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 27.08 Tithi 22 - 23

Gulika 8:43AM - 10:14AM

Yama 4:20PM - 5:51PM

528993462 Rahu 11:46AM - 1:17PM

Krittika Until 6:07AM Sat

Dhruva Until 7:09PM

Balava Until 10:58PM

Saptami Until 10:39AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 7:11AM

Sunset: 7:23PM

Sivaloka Day

Creative Work Siddha Yoga

Until 6:07AM Sat

Then Creative Work - Amrita Yoga

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

KL, Malaysia

Sun 8 Sutra 132

Vikarin 5121

Moon 8 - Phase 18

Navami

Vrishabha Rasi: 9.5 Tithi 23 - 24

Gulika 7:11AM - 8:42AM

Yama 2:48PM - 4:20PM

528993462 Rahu 10:14AM - 11:45AM

Krittika Until 6:07AM

Vyaghata* Until 6:16PM

Taitila Until 11:00PM

Ashtami* Until 11:03AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 7:11AM

Sunset: 7:23PM

Sivaloka Day

Creative Work Amrita Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


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|---------------------------|--------------------------------|--|---|----------------------------|------------------------|---------------------------|-------------------|
| 1 | Sunday, August 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | KL, Malaysia |
| | 538993462 | | Gulika 4:19PM – 5:51PM | Rohini Until 6:45AM | Ganesha: Clear | <i>Sunrise:</i> 7:11AM | Sun 9 Sutra 133 |
| | | | Yama 1:17PM – 2:48PM | Harshana Until 4:46PM | Muruqa: Blue | <i>Sunset:</i> 7:22PM | Vikarin 5121 |
| | | | Rahu 5:51PM – 7:22PM | Vanija Until 10:14PM | Nataraja: White | | Moon 8 - Phase 19 |
| Creative Work Siddha Yoga | | | Navami* Until 10:42AM | Moon – Yellow | | 2nd Phase | |
| | | | | Sravana-Avani | | Subha Sivaloka Day | |

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|--|--------------------------------|--|---|--------------------------------|------------------------|---------------------------|-------------------|
| 2 | Monday, August 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | KL, Malaysia |
| | 538993462 | | Gulika 2:48PM – 4:19PM | Mrigashira Until 6:27AM | Ganesha: Clear | <i>Sunrise:</i> 7:11AM | Sun 10 Sutra 134 |
| | | | Yama 11:45AM – 1:16PM | Vajra* Until 2:37PM | Muruqa: Blue | <i>Sunset:</i> 7:22PM | Vikarin 5121 |
| | | | Rahu 8:42AM – 10:13AM | Bava Until 8:42PM | Nataraja: White | | Moon 8 - Phase 19 |
| Family Home Evening Creative Work Amrita Yoga Until 6:27AM Then Creative Work - Siddha Yoga | | | Dashami Until 9:33AM | Moon – Yellow | | 2nd Phase | |
| | | | | Sravana-Avani | | Subha Sivaloka Day | |

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|---------------------------|---------------------------------|--|---|-----------------------------------|------------------------|------------------------|-------------------|
| 3 | Tuesday, August 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | KL, Malaysia |
| | 548993462 | | Gulika 1:16PM – 2:47PM | Punarvasu Until 3:39AM Wed | Ganesha: Purple | <i>Sunrise:</i> 7:10AM | Sun 11 Sutra 135 |
| | | | Yama 10:13AM – 11:45AM | Siddhi Until 11:52AM | Muruqa: Blue | <i>Sunset:</i> 7:22PM | Vikarin 5121 |
| | | | Rahu 4:19PM – 5:50PM | Kaulava Until 6:26PM | Nataraja: White | | Moon 8 - Phase 19 |
| Creative Work Siddha Yoga | | | Ekadashi* Until 7:38AM | Moon – Blue | | 2nd Phase | |
| | | | | Sravana-Avani | | Sivaloka Day | |

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|---------------------------|-----------------------------------|--|---|---------------------------------|----------------------------|------------------------|-------------------|
| 4 | Wednesday, August 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau | | | | KL, Malaysia |
| | 549993463 | | Gulika 11:44AM – 1:16PM | Pushya Until 1:20AM Thu | Ganesha: Light Blue | <i>Sunrise:</i> 7:10AM | Sun 12 Sutra 136 |
| | | | Yama 8:42AM – 10:13AM | Vyatipata* Until 8:36AM | Muruqa: Blue | <i>Sunset:</i> 7:21PM | Vikarin 5121 |
| | | | Rahu 1:16PM – 2:47PM | Gara Until 3:34PM | Nataraja: Clear | | Moon 8 - Phase 19 |
| Creative Work Siddha Yoga | | | Trayodashi* Until 1:55AM Thu | Moon – Blue | | 2nd Phase | |
| | | | | Sravana-Avani | | Devaloka Day | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | Thursday, August 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | KL, Malaysia |
| | 549193463 | | Gulika 10:13AM – 11:44AM | Ashlesha* Until 10:29PM | Ganesha: Orange | <i>Sunrise:</i> 7:10AM | Sun 13 Sutra 137 |
| | | | Yama 7:10AM – 8:41AM | Parigha* Until 12:49AM Fri | Muruqa: Blue | <i>Sunset:</i> 7:21PM | Vikarin 5121 |
| | | | Rahu 2:47PM – 4:18PM | Visti Until 12:12PM | Nataraja: Clear | | Moon 8 - Phase 19 |
| Creative Work Siddha Yoga Until 10:29PM Then Creative Work - Amrita Yoga | | | Chaturdashi* Until 10:23PM | Moon – Blue | | 2nd Phase | |
| | | | | Sravana-Avani | | Sivaloka Day | |

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|  | Friday, August 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | KL, Malaysia | |
| | Retreat Star | | | Gulika 8:41AM – 10:12AM | Magha* Until 7:39PM | Ganesha: Clear | <i>Sunrise:</i> 7:10AM | Sun 14 Sutra 138 |
| | 559193463 | | Yama 4:18PM – 5:49PM | Shiva Until 8:36PM | Muruqa: Blue | <i>Sunset:</i> 7:20PM | Vikarin 5121 | |
| | | | Rahu 11:44AM – 1:15PM | Catuspada Until 8:31AM | Nataraja: Clear | | Moon 8 - Phase 19 | |
| Routine Work Marana Yoga Until 7:39PM Then Creative Work - Siddha Yoga | | | Amavasya* Until 6:36PM | Moon – Red | | Amavasya | | |
| | | | | Sravana-Avani | | Sivaloka Day | | |

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| | Saturday, August 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | KL, Malaysia | |
| | Retreat Star | | | Gulika 7:10AM – 8:41AM | Purvaphalguni Until 4:37PM | Ganesha: Clear | <i>Sunrise:</i> 7:10AM | Sun 15 Sutra 139 |
| | 559193463 | | Yama 2:46PM – 4:17PM | Siddha Until 4:18PM | Muruqa: Blue | <i>Sunset:</i> 7:20PM | Vikarin 5121 | |
| | | | Rahu 10:12AM – 11:43AM | Balava Until 12:52AM Sun | Nataraja: Clear | | Moon 8 - Phase 19 | |
| Creative Work Siddha Yoga Until 4:37PM Then Routine Work - Marana Yoga | | | Prathama* Until 2:45PM | Moon – Red | | Prathama | | |
| | | | | Bhadrapada-Avani | | Sivaloka Day | | |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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| 1 | Sunday, September 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau | | | | KL, Malaysia |
| | Kanya Rasi: 5.08 | Tithi 2 – 3 | 559193463 | Gulika 4:17PM – 5:48PM Yama 1:14PM – 2:46PM Rahu 5:48PM – 7:20PM | Uttaraphalguni Until 1:35PM Sadhya Until 12:07PM Taitila Until 9:14PM Dvitiya Until 11:00AM | Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red | Sun 16 Sutra 140 Vikarin 5121 Moon 8 - Phase 20 3rd Phase |
| | Creative Work | Amrita Yoga | | | | Sivaloka Day Bhadrapada-Avani | |
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| 2 | Monday, September 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Visli* Karana Tritiya/Chaturtham Titau | | | | KL, Malaysia |
| | Kanya Rasi: 20.1 | Tithi 3 – 4 | 569193463 | Gulika 2:45PM – 4:17PM Yama 11:43AM – 1:14PM Rahu 8:40AM – 10:12AM | Hasta Until 11:06AM Subha Until 8:11AM Visli Until 4:28AM Tue Tritiya Until 7:31AM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green | Sun 17 Sutra 141 Vikarin 5121 Moon 8 - Phase 20 3rd Phase |
| | Family Home Evening | Siddha Yoga | | Ganesha Chaturthi | | Sivaloka Day Bhadrapada-Avani | |
| | Until 11:06AM | Then Routine Work - Prabararishta Yoga | | | | | |

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| 3 | Tuesday, September 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau | | | | KL, Malaysia |
| | Tula Rasi: 4.53 | Tithi 5 | 569193463 | Gulika 1:14PM – 2:45PM Yama 10:11AM – 11:43AM Rahu 4:16PM – 5:48PM | Chitra Until 8:56AM Brahma Until 1:28AM Wed Bava Until 3:10PM Panchami Until 2:00AM Wed | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green | Sun 18 Sutra 142 Vikarin 5121 Moon 8 - Phase 20 3rd Phase |
| | Creative Work | Siddha Yoga | | | | Sivaloka Day Bhadrapada-Avani | |
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| 4 | Wednesday, September 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashtham Titau | | | | KL, Malaysia |
| | Tula Rasi: 19.1 | Tithi 6 | 569193463 | Gulika 11:42AM – 1:13PM Yama 8:40AM – 10:11AM Rahu 1:13PM – 2:45PM | Svati Until 7:15AM Indra Until 10:57PM Kaulava Until 1:02PM Shashthi* Until 12:14AM Thu | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green | Sun 19 Sutra 143 Vikarin 5121 Moon 8 - Phase 20 3rd Phase |
| | Creative Work | Siddha Yoga | | | | Sivaloka Day Bhadrapada-Avani | |
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| 5 | Thursday, September 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau | | | | KL, Malaysia |
| | Vrischika Rasi: 2.59 | Tithi 7 | 571193463 | Gulika 10:11AM – 11:42AM Yama 7:08AM – 8:40AM Rahu 2:44PM – 4:16PM | Vishakha Until 6:35AM Vaidhriti* Until 9:04PM Gara Until 11:41AM Saptami Until 11:17PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange | Sun 20 Sutra 144 Vikarin 5121 Moon 8 - Phase 20 3rd Phase |
| | Creative Work | Siddha Yoga | | | | Sivaloka Day Bhadrapada-Avani | |
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| Retreat Star | Friday, September 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Visli*/Bava Karana Ashtamyam Titau | | | | KL, Malaysia |
| | Vrischika Rasi: 16.2 | Tithi 8 | 571193463 | Gulika 8:39AM – 10:10AM Yama 4:15PM – 5:46PM Rahu 11:42AM – 1:13PM | Anuradha Until 6:35AM Vishkambha* Until 7:50PM Visli Until 11:08AM Ashtami* Until 11:10PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange | Sun 21 Sutra 145 Vikarin 5121 Moon 8 - Phase 20 Ashtami |
| | Creative Work | Siddha Yoga | | | | Sivaloka Day Bhadrapada-Avani | |
| | Until 6:35AM | Then Routine Work - Marana Yoga | | | | | |

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| Retreat Star | Saturday, September 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau | | | | KL, Malaysia |
| | Vrischika Rasi: 29.16 | Tithi 9 | 571193463 | Gulika 7:08AM – 8:39AM Yama 2:44PM – 4:15PM Rahu 10:10AM – 11:41AM | Jyeshtha* Until 7:13AM Priti Until 7:15PM Balava Until 11:25AM Navami* Until 11:49PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange | Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 20 Navami |
| | Creative Work | Siddha Yoga | | | | Sivaloka Day Bhadrapada-Avani | |
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|---|----------------------------------|-------------------|---|---------------------------|------------------------|------------------------|-------------------------------------|
| 1 | Sunday, September 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau | | | | KL, Malaysia Sun 23 Sutra 147 |
| | Dhanus Rasi: 11.49 | Tithi 10 | Gulika 4:14PM – 5:46PM | Mula* Until 8:56AM | Ganesha: Green | <i>Sunrise:</i> 7:08AM | Vikarin 5121 |
| | | | Yama 1:12PM – 2:43PM | Ayushman Until 7:11PM | Muruqa: Blue | <i>Sunset:</i> 7:17PM | Moon 8 - Phase 21 |
| | | 581193463 | Rahu 5:46PM – 7:17PM | Taitila Until 12:27PM | Nataraja: Clear | | 4th Phase |
| Creative Work Amrita Yoga Until 8:56AM Then Creative Work - Siddha Yoga | | Grandparent's Day | | Dashami Until 1:10AM Mon | | Bhadrapada-Avani | Devaloka Day |

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| 2 | Monday, September 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | KL, Malaysia Sun 24 Sutra 148 |
| | Dhanus Rasi: 24.05 | Tithi 11 | Gulika 2:43PM – 4:14PM | Purvashadha* Until 11:05AM | Ganesha: Green | <i>Sunrise:</i> 7:07AM | Vikarin 5121 |
| | | | Yama 11:41AM – 1:12PM | Saubhagya Until 7:34PM | Muruqa: Blue | <i>Sunset:</i> 7:16PM | Moon 8 - Phase 21 |
| | | 581193463 | Rahu 8:38AM – 10:10AM | Vanija Until 2:05PM | Nataraja: Clear | | 4th Phase |
| Family Home Evening Routine Work Marana Yoga | | | | Ekadashi Until 3:03AM Tue | | Bhadrapada-Avani | Devaloka Day |

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| 3 | Tuesday, September 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau | | | | KL, Malaysia Sun 25 Sutra 149 |
| | Makara Rasi: 6.1 | Tithi 12 | Gulika 1:11PM – 2:43PM | Uttarashadha Until 1:30PM | Ganesha: Green | <i>Sunrise:</i> 7:07AM | Vikarin 5121 |
| | | | Yama 10:09AM – 11:40AM | Sobhana Until 8:16PM | Muruqa: Blue | <i>Sunset:</i> 7:16PM | Moon 8 - Phase 21 |
| | | 581193463 | Rahu 4:14PM – 5:45PM | Bava Until 4:09PM | Nataraja: Clear | | 4th Phase |
| Routine Work Prabalarishta Yoga Until 1:30PM Then Creative Work - Siddha Yoga | | | | Dvadashi Until 5:16AM Wed | | Bhadrapada-Avani | Devaloka Day |

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| 4 | Wednesday, September 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava Karana Trayodashyam Titau | | | | KL, Malaysia Sun 26 Sutra 150 |
| | Makara Rasi: 18.07 | Tithi 13 | Gulika 11:40AM – 1:11PM | Shravana Until 4:32PM | Ganesha: Red | <i>Sunrise:</i> 7:07AM | Vikarin 5121 |
| | | | Yama 8:38AM – 10:09AM | Athiganda* Until 9:07PM | Muruqa: Blue | <i>Sunset:</i> 7:15PM | Moon 8 - Phase 21 |
| | | 591193463 | Rahu 1:11PM – 2:42PM | Kaulava Until 6:29PM | Nataraja: Clear | | 4th Phase |
| Creative Work Siddha Yoga Until 4:32PM Then Routine Work - Prabalarishta Yoga | | | | Trayodashi Until 7:41AM Thu | | Bhadrapada-Avani | Sivaloka Day |
| <i>Pradosha Vrata</i> | | | | | | | |

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|---------------------------|-------------------------------------|------------------------|--|--------------------------------|------------------------|------------------------|-------------------------------------|
| 5 | Thursday, September 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | KL, Malaysia Sun 27 Sutra 151 |
| | Makara Rasi: 29.59 | Tithi 13 – 14 | Gulika 10:09AM – 11:40AM | Dhanishtha Until 7:31PM | Ganesha: Red | <i>Sunrise:</i> 7:07AM | Vikarin 5121 |
| | | | Yama 7:07AM – 8:38AM | Sukarma Until 10:04PM | Muruqa: Blue | <i>Sunset:</i> 7:15PM | Moon 8 - Phase 21 |
| | | 591193463 | Rahu 2:42PM – 4:13PM | Gara Until 8:57PM | Nataraja: Clear | | 4th Phase |
| Creative Work Siddha Yoga | | Chidambaram Abhishekam | | Trayodashi Until 7:41AM | | Bhadrapada-Avani | Sivaloka Day |

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|---------------------------|-----------------------------------|---------------|---|-----------------------------------|------------------------|------------------------|---------------------------|
| ○ | Friday, September 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | KL, Malaysia Sutra 152 |
| | Copper Retreat Star | | Gulika 8:37AM – 10:08AM | Shatabhishak Until 10:20PM | Ganesha: Red | <i>Sunrise:</i> 7:06AM | Vikarin 5121 |
| | Kumbha Rasi: 11.5 | Tithi 14 – 15 | Yama 4:12PM – 5:43PM | Dhriti Until 11:01PM | Muruqa: Purple | <i>Sunset:</i> 7:15PM | Moon 8 - Phase 21 |
| | | 591113463 | Rahu 11:39AM – 1:10PM | Visti Until 11:24PM | Nataraja: Clear | | Purnima |
| Creative Work Siddha Yoga | | | | Chaturdashi* Until 10:09AM | | Bhadrapada-Avani | Sivaloka Day |

| | | | | | | | |
|--|-------------------------------------|---------------|---|---|------------------------|------------------------|---------------------------|
| ○ | Saturday, September 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | KL, Malaysia Sutra 153 |
| | Silver Retreat Star | | Gulika 7:06AM – 8:37AM | Purvaproshtapada* Until 1:25AM Sun | Ganesha: Red | <i>Sunrise:</i> 7:06AM | Vikarin 5121 |
| | Kumbha Rasi: 23.42 | Tithi 15 – 16 | Yama 2:41PM – 4:12PM | Shula* Until 11:53PM | Muruqa: Purple | <i>Sunset:</i> 7:14PM | Moon 8 - Phase 21 |
| | | 511113463 | Rahu 10:08AM – 11:39AM | Balava Until 1:48AM Sun | Nataraja: Clear | | Prathama |
| Routine Work Marana Yoga Until 1:25AM Sun Then Creative Work - Amrita Yoga | | | | Purnima* Until 12:36PM | | Bhadrapada-Avani | Sivaloka Day |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

KL, Malaysia

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 5.35 Tithi 16 - 17

Gulika 4:12PM - 5:43PM

Yama 1:10PM - 2:41PM

Rahu 5:43PM - 7:14PM

Uttaraproshtapada Until 4:13AM Mon

Ganda* Until 12:40AM Mon

Taitila Until 4:03AM Mon

Prathama* Until 2:55PM

Ganesha: Red Sunrise: 7:06AM

Muruqa: Purple Sunset: 7:14PM

Nataraja: Clear

Moon - Clear

Bhadrapada*Avani

Sivaloka Day

Creative Work Amrita Yoga

Until 4:13AM Mon

Then Creative Work - Siddha Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

KL, Malaysia

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 17.33 Tithi 17 - 18

Gulika 2:40PM - 4:11PM

Yama 11:38AM - 1:09PM

Rahu 8:36AM - 10:07AM

Revati Until 6:39AM Tue

Vriddhi Until 1:20AM Tue

Vanija Until 6:06AM Tue

Dvitiya Until 5:05PM

Ganesha: Yellow Sunrise: 7:05AM

Muruqa: Purple Sunset: 7:13PM

Nataraja: Clear

Moon - Clear

Bhadrapada*Avani

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

KL, Malaysia

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 29.35 Tithi 18

Gulika 1:09PM - 2:40PM

Yama 10:07AM - 11:38AM

Rahu 4:11PM - 5:42PM

Revati Until 6:39AM

Dhruva Until 1:46AM Wed

Vanija Until 6:06AM

Tritiya Until 7:02PM

Ganesha: Yellow Sunrise: 7:05AM

Muruqa: Purple Sunset: 7:13PM

Nataraja: Clear

Moon - Clear

Bhadrapada*Puratasi

Sivaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

KL, Malaysia

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 11.42 Tithi 19

Gulika 11:38AM - 1:09PM

Yama 8:36AM - 10:07AM

Rahu 1:09PM - 2:40PM

Ashvini Until 9:11AM

Vyaghata* Until 1:59AM Thu

Bava Until 7:55AM

Chaturthi* Until 8:41PM

Ganesha: White Sunrise: 7:05AM

Muruqa: Purple Sunset: 7:12PM

Nataraja: Clear

Moon - White

Bhadrapada*Puratasi

Devaloka Day

Routine Work Marana Yoga

Until 9:11AM

Then Creative Work - Siddha Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

KL, Malaysia

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 23.58 Tithi 20

Gulika 10:06AM - 11:37AM

Yama 7:05AM - 8:36AM

Rahu 2:39PM - 4:10PM

Bharani Until 11:13AM

Harshana Until 1:55AM Fri

Kaulava Until 9:23AM

Panchami Until 9:57PM

Ganesha: White Sunrise: 7:05AM

Muruqa: Purple Sunset: 7:12PM

Nataraja: Clear

Moon - White

Bhadrapada*Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 11:13AM

Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtyayam Titau

KL, Malaysia

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 6.25 Tithi 21

Gulika 8:35AM - 10:06AM

Yama 4:10PM - 5:41PM

Rahu 11:37AM - 1:08PM

Krittika Until 12:39PM

Vajra* Until 1:24AM Sat

Gara Until 10:26AM

Shashthi* Until 10:44PM

Ganesha: White Sunrise: 7:04AM

Muruqa: Purple Sunset: 7:11PM

Nataraja: Clear

Moon - White

Bhadrapada*Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 12:39PM

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

KL, Malaysia

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 19.06 Tithi 22

Gulika 7:04AM - 8:35AM

Yama 2:38PM - 4:09PM

Rahu 10:06AM - 11:37AM

Rohini Until 1:52PM

Siddhi Until 12:26AM Sun

Visti Until 10:55AM

Saptami Until 10:54PM

Ganesha: Clear Sunrise: 7:04AM

Muruqa: Purple Sunset: 7:11PM

Nataraja: Clear

Moon - Yellow

Bhadrapada*Puratasi

Sivaloka Day

Creative Work Amrita Yoga

Until 1:52PM

Then Creative Work - Siddha Yoga

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Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

KL, Malaysia

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 2.05 Tithi 23

Gulika 4:09PM - 5:40PM

Yama 1:07PM - 2:38PM

Rahu 5:40PM - 7:11PM

Mrigashira Until 2:17PM

Vyatipata* Until 10:55PM

Balava Until 10:45AM

Ashtami* Until 10:23PM

Ganesha: Clear Sunrise: 7:04AM

Muruqa: Purple Sunset: 7:11PM

Nataraja: Clear

Moon - Yellow

Bhadrapada*Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

KL, Malaysia

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 15.27 Tithi 24

Gulika 2:38PM - 4:08PM

Yama 11:36AM - 1:07PM

Rahu 8:34AM - 10:05AM

Ardra Until 1:50PM

Variyan Until 8:48PM

Taitila Until 9:52AM

Navami* Until 9:08PM

Ganesha: Orange Sunrise: 7:04AM

Muruqa: Purple Sunset: 7:10PM

Nataraja: Clear

Moon - Yellow

Bhadrapada*Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 1:50PM


Then Creative Work - Amrita Yoga

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|---------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|------------------------------------|
| 1 | | Tuesday, September 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau | | KL, Malaysia Sun 9 Sutra 163 |
| Mithuna Rasi: 29.14 | Tithi 25 | Gulika 1:07PM – 2:37PM | Punarvasu Until 12:59PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama 10:05AM – 11:36AM | Parigha* Until 6:08PM | Muruqa: Purple | <i>Sunset:</i> 7:10PM | Moon 9 - Phase 23 |
| | | 542213463 Rahu 4:08PM – 5:39PM | Vanija Until 8:16AM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 7:11PM | Moon – Blue | | Devaloka Day |
| | | | | Bhadrapada•Puratasi | | |

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|--------------------|---------------|---------------------------------------|-------------------------------|---|------------------------|-------------------------------------|
| 2 | | Wednesday, September 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | KL, Malaysia Sun 10 Sutra 164 |
| Kataka Rasi: 13.27 | Tithi 26 – 27 | Gulika 11:35AM – 1:06PM | Pushya Until 11:18AM | Ganesha: Light Blue | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama 8:34AM – 10:05AM | Shiva Until 2:56PM | Muruqa: Purple | <i>Sunset:</i> 7:09PM | Moon 9 - Phase 23 |
| | | 542213463 Rahu 1:06PM – 2:37PM | Kaulava Until 3:07AM Thu | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 4:36PM | Moon – Blue | | Devaloka Day |
| | | | | Bhadrapada•Puratasi | | |

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|----------------------------------|---------------|---------------------------------------|-------------------------------|--|------------------------|-------------------------------------|
| 3 | | Thursday, September 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha/Sadha Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau | | KL, Malaysia Sun 11 Sutra 165 |
| Kataka Rasi: 28.05 | Tithi 27 – 28 | Gulika 10:04AM – 11:35AM | Ashlesha* Until 8:57AM | Ganesha: Light Blue | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama 7:03AM – 8:34AM | Siddha Until 11:17AM | Muruqa: Purple | <i>Sunset:</i> 7:09PM | Moon 9 - Phase 23 |
| | | 542213463 Rahu 2:37PM – 4:07PM | Gara Until 11:47PM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dvadashi* Until 1:29PM | Moon – Blue | | Devaloka Day |
| Until 8:57AM | | | | Bhadrapada•Puratasi | | |
| Then Creative Work - Amrita Yoga | | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 4 | | Friday, September 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | KL, Malaysia Sun 12 Sutra 166 |
| Simha Rasi: 13.03 | Tithi 28 – 29 | Gulika 8:33AM – 10:04AM | Magha* Until 6:26AM | Ganesha: Purple | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | Yama 4:07PM – 5:38PM | Sadhya Until 7:18AM | Muruqa: Purple | <i>Sunset:</i> 7:08PM | Moon 9 - Phase 23 |
| | | 552213463 Rahu 11:35AM – 1:05PM | Visti Until 8:09PM | Nataraja: Clear | | 2nd Phase |
| Routine Work | Marana Yoga | | Trayodashi* Until 9:59AM | Moon – Red | | Devaloka Day |
| Until 6:26AM | | | | Bhadrapada•Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|  | | Saturday, September 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau | | KL, Malaysia Sun 13 Sutra 167 |
| Retreat Star | | Gulika 7:02AM – 8:33AM | Uttaraphalguni Until 12:24AM Sun | Ganesha: Light Blue | <i>Sunrise:</i> 7:02AM | Vikarin 5121 |
| Simha Rasi: 28.13 | Tithi 29 – 30 | Yama 2:36PM – 4:07PM | Sukla Until 10:51PM | Muruqa: Purple | <i>Sunset:</i> 7:08PM | Moon 9 - Phase 23 |
| | | 652213463 Rahu 10:04AM – 11:34AM | Naga Until 2:28AM Sun | Nataraja: Clear | | Amavasya |
| Routine Work | Marana Yoga | | Chaturdashi* Until 6:15AM | Moon – Red | | Devaloka Day |
| Until 12:24AM Sun | | Mahalaya Amavasai (Tamil Nadu) | | Bhadrapada•Puratasi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|----------------------------------|-------------|---------------------------------------|--------------------------------|---|------------------------|-------------------------------------|
| Retreat Star | | Sunday, September 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau | | KL, Malaysia Sun 14 Sutra 168 |
| Retreat Star | | Gulika 4:06PM – 5:37PM | Hasta Until 9:39PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:02AM | Vikarin 5121 |
| Kanya Rasi: 13.27 | Tithi 1 | Yama 1:05PM – 2:35PM | Brahma Until 6:39PM | Muruqa: Purple | <i>Sunset:</i> 7:08PM | Moon 9 - Phase 23 |
| | | 663213463 Rahu 5:37PM – 7:08PM | Kintughna Until 12:37PM | Nataraja: Clear | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 10:47PM | Moon – Green | | Devaloka Day |
| Until 9:39PM | | Navaratri Begins | | Ashvina•Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

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|----------------------------------|--------------------|-----------------------------------|------------------|---|---|---|
| 1 | | Monday, September 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | KL, Malaysia Sun 15 Sutra 169 Vikarin 5121 |
| Kanya Rasi: 28.34 | Tithi 2 | Gulika | 2:35PM – 4:06PM | Chitra Until 7:02PM | Ganesha: Light Blue <i>Sunrise:</i> 7:02AM | |
| Family Home Evening | 663213463 | Yama | 11:34AM – 1:04PM | Indra Until 2:41PM | Muruqa: Purple <i>Sunset:</i> 7:07PM | Moon 9 - Phase 24 |
| Routine Work | Prabalarishta Yoga | Rahu | 8:32AM – 10:03AM | Balava Until 9:04AM | Nataraja: Clear | 3rd Phase |
| Until 7:02PM | | | | Dvitiya Until 7:24PM | Moon – Green | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | | Ashvina+Puratasi | |

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| 2 | | Tuesday, October 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Triliya/Chaturthyam Titau | | KL, Malaysia Sun 16 Sutra 170 Vikarin 5121 |
| Tula Rasi: 13.23 | Tithi 3 – 4 | Gulika | 1:04PM – 2:35PM | Svati Until 4:45PM | Ganesha: Light Blue <i>Sunrise:</i> 7:02AM | |
| | 663213463 | Yama | 10:03AM – 11:33AM | Vaidhriti* Until 11:03AM | Muruqa: Purple <i>Sunset:</i> 7:07PM | Moon 9 - Phase 24 |
| Creative Work | Siddha Yoga | Rahu | 4:05PM – 5:36PM | Vanija Until 3:17AM Wed | Nataraja: Clear | 3rd Phase |
| Until 4:45PM | | | | Tritiya Until 4:30PM | Moon – Green | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | Ashvina+Puratasi | |

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| 3 | | Wednesday, October 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Prili Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | KL, Malaysia Sun 17 Sutra 171 Vikarin 5121 |
| Tula Rasi: 27.49 | Tithi 4 – 5 | Gulika | 11:33AM – 1:04PM | Vishakha Until 3:23PM | Ganesha: Purple <i>Sunrise:</i> 7:01AM | |
| | 673213463 | Yama | 8:32AM – 10:03AM | Vishkambha* Until 7:54AM | Muruqa: Purple <i>Sunset:</i> 7:06PM | Moon 9 - Phase 24 |
| Creative Work | Siddha Yoga | Rahu | 1:04PM – 2:34PM | Bava Until 1:22AM Thu | Nataraja: Clear | 3rd Phase |
| | | | | Chaturthi* Until 2:13PM | Moon – Orange | Devaloka Day |
| | | | | | Ashvina+Puratasi | |

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|--|-------------|----------------------------------|-------------------|--|---|---|
| 4 | | Thursday, October 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | KL, Malaysia Sun 18 Sutra 172 Vikarin 5121 |
| Vrischika Rasi: 11.46 | Tithi 5 – 6 | Gulika | 10:02AM – 11:33AM | Anuradha Until 2:38PM | Ganesha: Purple <i>Sunrise:</i> 7:01AM | |
| | 673213463 | Yama | 7:01AM – 8:32AM | Ayushman Until 3:29AM Fri | Muruqa: Purple <i>Sunset:</i> 7:06PM | Moon 9 - Phase 24 |
| Creative Work | Siddha Yoga | Rahu | 2:34PM – 4:05PM | Kaulava Until 12:17AM Fri | Nataraja: Clear | 3rd Phase |
| Until 2:38PM | | | | Panchami Until 12:42PM | Moon – Orange | Devaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | | | Ashvina+Puratasi | |

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| 5 | | Friday, October 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitil/Gara Karana Shashthi/Saptamyam Titau | | KL, Malaysia Sun 19 Sutra 173 Vikarin 5121 |
| Vrischika Rasi: 25.12 | Tithi 6 – 7 | Gulika | 8:31AM – 10:02AM | Jyeshtha* Until 2:36PM | Ganesha: Purple <i>Sunrise:</i> 7:01AM | |
| | 673213463 | Yama | 4:04PM – 5:35PM | Saubhagya Until 2:19AM Sat | Muruqa: Purple <i>Sunset:</i> 7:06PM | Moon 9 - Phase 24 |
| Routine Work | Marana Yoga | Rahu | 11:33AM – 1:03PM | Gara Until 12:06AM Sat | Nataraja: Clear | 3rd Phase |
| Until 2:36PM | | | | Shashthi* Until 12:03PM | Moon – Orange | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | | Ashvina+Puratasi | |

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| 6 | | Saturday, October 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | KL, Malaysia Sun 20 Sutra 174 Vikarin 5121 |
| Retreat Star | | Gulika | 7:01AM – 8:31AM | Mula* Until 3:45PM | Ganesha: Clear <i>Sunrise:</i> 7:01AM | |
| Dhanus Rasi: 8.1 | Tithi 7 – 8 | Yama | 2:33PM – 4:04PM | Sobhana Until 1:51AM Sun | Muruqa: Purple <i>Sunset:</i> 7:05PM | Moon 9 - Phase 24 |
| | 683213463 | Rahu | 10:02AM – 11:32AM | Visti Until 12:47AM Sun | Nataraja: Clear | Ashtami |
| Creative Work | Siddha Yoga | | | Saptami Until 12:19PM | Moon – Light Blue | Sivaloka Day |
| | | Durga Ashtami | | | Ashvina+Puratasi | |

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| 7 | | Sunday, October 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | KL, Malaysia Sun 21 Sutra 175 Vikarin 5121 |
| Retreat Star | | Gulika | 4:04PM – 5:34PM | Purvashadha* Until 5:32PM | Ganesha: Clear <i>Sunrise:</i> 7:00AM | |
| Dhanus Rasi: 20.44 | Tithi 8 – 9 | Yama | 1:03PM – 2:33PM | Athiganda* Until 1:55AM Mon | Muruqa: Purple <i>Sunset:</i> 7:05PM | Moon 9 - Phase 24 |
| | 683213463 | Rahu | 5:34PM – 7:05PM | Balava Until 2:14AM Mon | Nataraja: Clear | Navami |
| Creative Work | Siddha Yoga | | | Ashtami* Until 1:24PM | Moon – Light Blue | Sivaloka Day |
| Until 5:32PM | | Saraswathi Puja (Tamil Nadu) | | | Ashvina+Puratasi | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|----------------------------------|--------------|---|----------------------------------|---|
| Monday, October 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | KL, Malaysia Sun 22 Sutra 176 Vikarin 5121 |
| 1 | | Gulika 2:33PM – 4:03PM | Uttarashadha Until 7:46PM | Ganesha: Clear <i>Sunrise:</i> 7:00AM |
| Makara Rasi: 2.59 | Tithi 9 – 10 | Yama 11:32AM – 1:02PM | Sukarma Until 2:28AM Tue | Muruqa: Purple <i>Sunset:</i> 7:04PM |
| Family Home Evening | 683213463 | Rahu 8:31AM – 10:01AM | Taitila Until 4:17AM Tue | Nataraja: Clear |
| Routine Work Marana Yoga | | | Navami* Until 3:11PM | Moon – Light Blue |
| Until 7:46PM | | | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi |

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|---------------------------------|---------------|---|-------------------------------|---|
| Tuesday, October 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekashyam Titau | | KL, Malaysia Sun 23 Sutra 177 Vikarin 5121 |
| 2 | | Gulika 1:02PM – 2:33PM | Shravana Until 10:45PM | Ganesha: White <i>Sunrise:</i> 7:00AM |
| Makara Rasi: 15.01 | Tithi 10 – 11 | Yama 10:01AM – 11:32AM | Dhriti Until 3:18AM Wed | Muruqa: Purple <i>Sunset:</i> 7:04PM |
| Creative Work | 693213464 | Rahu 4:03PM – 5:34PM | Vanija Until 6:40AM Wed | Nataraja: Purple |
| Siddha Yoga | | | Dashami Until 5:25PM | Moon – Purple |
| | | Vijaya Dasami | | Sivaloka Day |
| | | | | Ashvina+Puratasi |

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|-----------------------------------|-----------|---|------------------------------------|---|
| Wednesday, October 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Vanija/Visti* Karana Ekashyam Titau | | KL, Malaysia Sun 24 Sutra 178 Vikarin 5121 |
| 3 | | Gulika 11:31AM – 1:02PM | Dhanishtha Until 1:46AM Thu | Ganesha: White <i>Sunrise:</i> 7:00AM |
| Makara Rasi: 26.54 | Tithi 11 | Yama 8:30AM – 10:01AM | Shula* Until 4:13AM Thu | Muruqa: Purple <i>Sunset:</i> 7:04PM |
| Routine Work | 693213464 | Rahu 1:02PM – 2:32PM | Vanija Until 6:40AM | Nataraja: Purple |
| Prabalarishta Yoga | | | Ekadashi Until 7:55PM | Moon – Purple |
| Until 1:46AM Thu | | | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Ashvina+Puratasi |

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|-----------------------------------|-----------|--|--------------------------------------|---|
| Thursday, October 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvodashyam Titau | | KL, Malaysia Sun 25 Sutra 179 Vikarin 5121 |
| 4 | | Gulika 10:01AM – 11:31AM | Shatabhishak Until 4:36AM Fri | Ganesha: White <i>Sunrise:</i> 7:00AM |
| Kumbha Rasi: 8.44 | Tithi 12 | Yama 7:00AM – 8:30AM | Ganda* Until 5:09AM Fri | Muruqa: Purple <i>Sunset:</i> 7:03PM |
| Creative Work | 693213464 | Rahu 2:32PM – 4:02PM | Bava Until 9:13AM | Nataraja: Purple |
| Siddha Yoga | | | Dvadashi Until 10:27PM | Moon – Purple |
| | | Kadaitswami Mahasamadhi | | Sivaloka Day |
| | | | | Ashvina+Puratasi |

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|---------------------------------|-----------|---|---|---|
| Friday, October 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau | | KL, Malaysia Sun 26 Sutra 180 Vikarin 5121 |
| 5 | | Gulika 8:30AM – 10:00AM | Purvaproshtapada* Until 7:40AM Sat | Ganesha: Blue <i>Sunrise:</i> 6:59AM |
| Kumbha Rasi: 20.35 | Tithi 13 | Yama 4:02PM – 5:33PM | Vriddhi Until 6:00AM Sat | Muruqa: Purple <i>Sunset:</i> 7:03PM |
| Creative Work | 613213464 | Rahu 11:31AM – 1:01PM | Kaulava Until 11:43AM | Nataraja: Purple |
| Siddha Yoga | | | Trayodashi Until 12:53AM Sat | Moon – Clear |
| | | | | Sivaloka Day |
| | | | | Ashvina+Puratasi |
| | | | | <i>Pradosha Vrata</i> |

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|-----------------------------------|-----------|--|---------------------------------------|---|
| Saturday, October 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau | | KL, Malaysia Sun 27 Sutra 181 Vikarin 5121 |
| 6 | | Gulika 6:59AM – 8:30AM | Purvaproshtapada* Until 7:40AM | Ganesha: Blue <i>Sunrise:</i> 6:59AM |
| Meena Rasi: 2.29 | Tithi 14 | Yama 2:31PM – 4:02PM | Variyan Until 6:00AM | Muruqa: Purple <i>Sunset:</i> 7:03PM |
| Routine Work | 613213464 | Rahu 10:00AM – 11:31AM | Gara Until 2:04PM | Nataraja: Purple |
| Marana Yoga | | | Chaturdashi* Until 3:08AM Sun | Moon – Clear |
| Until 7:40AM | | Chidambaram Abhishekam | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Ashvina+Puratasi |

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|---------------------------------|-----------|---|--|---|
| Sunday, October 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau | | KL, Malaysia Sun 28 Sutra 182 Vikarin 5121 |
| 0 | | Gulika 4:02PM – 5:32PM | Uttaraproshtapada Until 10:21AM | Ganesha: Yellow <i>Sunrise:</i> 6:59AM |
| Meena Rasi: 14.28 | Tithi 15 | Yama 1:01PM – 2:31PM | Dhruva Until 6:40AM | Muruqa: Purple <i>Sunset:</i> 7:02PM |
| Creative Work | 614213464 | Rahu 5:32PM – 7:02PM | Visti Until 4:11PM | Nataraja: Purple |
| Amrita Yoga | | | Purnima* Until 5:07AM Mon | Moon – Clear |
| | | | | Subha Sivaloka Day |
| | | | | Ashvina+Puratasi |

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|---------------------------------|-----------|--|-----------------------------|---|
| Monday, October 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava Karana Prathamayam Titau | | KL, Malaysia Sun 29 Sutra 183 Vikarin 5121 |
| 1 | | Gulika 2:31PM – 4:01PM | Revati Until 12:38PM | Ganesha: Yellow <i>Sunrise:</i> 6:59AM |
| Meena Rasi: 26.33 | Tithi 16 | Yama 11:30AM – 1:00PM | Vyaghata* Until 7:08AM | Muruqa: Purple <i>Sunset:</i> 7:02PM |
| Family Home Evening | 614213464 | Rahu 8:29AM – 10:00AM | Balava Until 6:02PM | Nataraja: Purple |
| Creative Work | | | Prathama* Until 6:50AM Tue | Moon – Clear |
| Siddha Yoga | | | | Subha Sivaloka Day |
| | | | | Ashvina+Puratasi |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

KL, Malaysia Sutra 184

Mesha Rasi: 8.44 Tithi 16 - 17

624213464

Gulika 1:00PM - 2:31PM
Yama 9:59AM - 11:30AM
Rahu 4:01PM - 5:31PM

Ashvini Until 2:57PM
Harshana Until 7:25AM
Taitila Until 7:35PM
Prathama* Until 6:50AM

Ganesha: White Sunrise: 6:59AM
Muruga: Purple Sunset: 7:02PM

Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina*Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

KL, Malaysia Sutra 185

Mesha Rasi: 21.04 Tithi 17 - 18

624213464

Gulika 11:30AM - 1:00PM
Yama 8:29AM - 9:59AM
Rahu 1:00PM - 2:30PM

Bharani Until 4:48PM
Vajra* Until 7:25AM
Vanija Until 8:49PM
Dvitiya Until 8:13AM

Ganesha: White Sunrise: 6:59AM
Muruga: Purple Sunset: 7:01PM

Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina*Puratasi

Creative Work Siddha Yoga

Until 4:48PM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Kaulava Karana Tritiya/Chaturthayam Titau

KL, Malaysia Sutra 186

Vrishabha Rasi: 3.32 Tithi 18 - 19

624213464

Gulika 9:59AM - 11:29AM
Yama 6:58AM - 8:29AM
Rahu 2:30PM - 4:00PM

Krittika Until 6:09PM
Siddhi Until 7:11AM
Bava Until 9:42PM
Tritiya Until 9:17AM

Ganesha: White Sunrise: 6:58AM
Muruga: Purple Sunset: 7:01PM

Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina*Puratasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

KL, Malaysia Sutra 187

Vrishabha Rasi: 16.1 Tithi 19 - 20

634313464

Gulika 8:29AM - 9:59AM
Yama 4:00PM - 5:31PM
Rahu 11:29AM - 1:00PM

Rohini Until 7:27PM
Vyatipata* Until 6:40AM
Kaulava Until 10:11PM
Chaturthi* Until 9:58AM

Ganesha: White Sunrise: 6:58AM
Muruga: Purple Sunset: 7:01PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina*Aipasi

Routine Work Marana Yoga

Until 7:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

KL, Malaysia Sutra 188

Vrishabha Rasi: 28.59 Tithi 20 - 21

634313464

Gulika 6:58AM - 8:29AM
Yama 2:30PM - 4:00PM
Rahu 9:59AM - 11:29AM

Mrigashira Until 8:09PM
Parigha* Until 4:36AM Sun
Gara Until 10:13PM
Panchami Until 10:14AM

Ganesha: White Sunrise: 6:58AM
Muruga: Purple Sunset: 7:01PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina*Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

KL, Malaysia Sutra 189

Mithuna Rasi: 12.03 Tithi 21 - 22

634313464

Gulika 4:00PM - 5:30PM
Yama 12:59PM - 2:29PM
Rahu 5:30PM - 7:00PM

Ardra Until 8:12PM
Shiva Until 2:59AM Mon
Visti Until 9:44PM
Shashthi* Until 10:01AM

Ganesha: White Sunrise: 6:58AM
Muruga: Purple Sunset: 7:00PM

Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina*Aipasi

Creative Work Siddha Yoga

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Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

KL, Malaysia Sutra 190

Mithuna Rasi: 25.23 Tithi 22 - 23

644313464

Gulika 2:29PM - 4:00PM
Yama 11:29AM - 12:59PM
Rahu 8:28AM - 9:59AM

Punarvasu Until 8:01PM
Siddha Until 12:54AM Tue
Balava Until 8:41PM
Saptami Until 9:15AM

Ganesha: Clear Sunrise: 6:58AM
Muruga: Purple Sunset: 7:00PM

Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Ashvina*Aipasi

Creative Work Amrita Yoga

Until 8:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

KL, Malaysia Sutra 191

Kataka Rasi: 9.03 Tithi 23 - 24

644313464

Gulika 12:59PM - 2:29PM
Yama 9:58AM - 11:29AM
Rahu 3:59PM - 5:30PM

Pushya Until 7:07PM
Sadhya Until 10:21PM
Taitila Until 7:04PM
Ashtami* Until 7:56AM

Ganesha: Clear Sunrise: 6:58AM
Muruga: Purple Sunset: 7:00PM

Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Ashvina*Aipasi

Creative Work Siddha Yoga

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|--------------------|---------------|--|-------------------------------|---|------------------------|--|--|
| 1 | | Wednesday, October 23, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Gara/Visli* Karana Navami/Dashamyam Titau | | KL, Malaysia Sun 8 Sutra 192 Vikarin 5121 | |
| Kataka Rasi: 23.03 | Tithi 24 – 25 | Gulika 11:29AM – 12:59PM | Ashlesha* Until 5:32PM | Ganesha: Clear | <i>Sunrise:</i> 6:58AM | Moon 10 - Phase 27 | |
| | | Yama 8:28AM – 9:58AM | Subha Until 7:24PM | Muruqa: Purple | <i>Sunset:</i> 7:00PM | 2nd Phase | |
| Creative Work | Siddha Yoga | 644313464 Rahu 12:59PM – 2:29PM | Visti Until 3:38AM Thu | Nataraja: Purple | | Subha Sivaloka Day | |
| | | | Navami* Until 6:02AM | Moon – Blue | | Ashvina•Aipasi | |

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|----------------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|--|--|
| 2 | | Thursday, October 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau | | KL, Malaysia Sun 9 Sutra 193 Vikarin 5121 | |
| Simha Rasi: 7.24 | Tithi 26 | Gulika 9:58AM – 11:28AM | Magha* Until 3:45PM | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | Moon 10 - Phase 27 | |
| | | Yama 6:58AM – 8:28AM | Sukla Until 4:02PM | Muruqa: Purple | <i>Sunset:</i> 6:59PM | 2nd Phase | |
| Creative Work | Amrita Yoga | 654313464 Rahu 2:29PM – 3:59PM | Bava Until 2:16PM | Nataraja: Purple | | Sivaloka Day | |
| Until 3:45PM | | | Ekadashi* Until 12:47AM Fri | Moon – Red | | Ashvina•Aipasi | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | | Friday, October 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Dvodashyam Titau | | KL, Malaysia Sun 10 Sutra 194 Vikarin 5121 | |
| Simha Rasi: 22.03 | Tithi 27 | Gulika 8:28AM – 9:58AM | Purvaphalguni Until 1:27PM | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | Moon 10 - Phase 27 | |
| | | Yama 3:59PM – 5:29PM | Brahma Until 12:22PM | Muruqa: Purple | <i>Sunset:</i> 6:59PM | 2nd Phase | |
| Creative Work | Siddha Yoga | 654313464 Rahu 11:28AM – 12:58PM | Kaulava Until 11:15AM | Nataraja: Purple | | Sivaloka Day | |
| | | | Dvadashi* Until 9:38PM | Moon – Red | | Ashvina•Aipasi | |

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| 4 | | Saturday, October 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau | | KL, Malaysia Sun 11 Sutra 195 Vikarin 5121 | |
| Kanya Rasi: 6.55 | Tithi 28 | Gulika 6:58AM – 8:28AM | Uttaraphalguni Until 10:48AM | Ganesha: Clear | <i>Sunrise:</i> 6:58AM | Moon 10 - Phase 27 | |
| | | Yama 2:29PM – 3:59PM | Indra Until 8:31AM | Muruqa: Purple | <i>Sunset:</i> 6:59PM | 2nd Phase | |
| Routine Work | Marana Yoga | 655313464 Rahu 9:58AM – 11:28AM | Gara Until 7:59AM | Nataraja: Purple | | Subha Sivaloka Day | |
| | | | Trayodashi* Until 6:17PM | Moon – Red | | Ashvina•Aipasi | |
| | | Deepavali Hindu Solidarity Day | | | | Pradosha Vrata (Fasting) | |

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| ● | | Sunday, October 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | KL, Malaysia Sun 12 Sutra 196 Vikarin 5121 | |
| Retreat Star | | Gulika 3:59PM – 5:29PM | Hasta Until 8:19AM | Ganesha: Orange | <i>Sunrise:</i> 6:58AM | Moon 10 - Phase 27 | |
| Kanya Rasi: 21.52 | Tithi 29 – 30 | Yama 12:58PM – 2:28PM | Vishkambha* Until 12:40AM Mon | Muruqa: Purple | <i>Sunset:</i> 6:59PM | Amavasya | |
| Creative Work | Amrita Yoga | 665313464 Rahu 5:29PM – 6:59PM | Catuspada Until 1:18AM Mon | Nataraja: Purple | | Subha Sivaloka Day | |
| Until 8:19AM | | | Chaturdashi* Until 2:55PM | Moon – Green | | Ashvina•Aipasi | |
| Then Creative Work - Siddha Yoga | | Subramuniyaswami Mahasamadhi | | | | | |

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|---------------------------------|--------------|---------------------------------------|--------------------------------|--|------------------------|---|--|
| Monday, October 28, 2019 | | Retreat Star | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | KL, Malaysia Sun 13 Sutra 197 Vikarin 5121 | |
| Tula Rasi: 6.47 | Tithi 30 – 1 | Gulika 2:28PM – 3:58PM | Svati Until 3:24AM Tue | Ganesha: Orange | <i>Sunrise:</i> 6:58AM | Moon 10 - Phase 27 | |
| Family Home Evening | | Yama 11:28AM – 12:58PM | Priti Until 8:57PM | Muruqa: Purple | <i>Sunset:</i> 6:59PM | Prathama | |
| Creative Work | Amrita Yoga | 665313464 Rahu 8:28AM – 9:58AM | Kintughna Until 10:12PM | Nataraja: Purple | | Subha Sivaloka Day | |
| Until 3:24AM Tue | | | Amavasya* Until 11:42AM | Moon – Green | | Kartika•Aipasi | |
| Then Routine Work - Marana Yoga | | Skanda Shasthi Begins | | | | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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| 1 | | Tuesday, October 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | KL, Malaysia Sun 14 Sutra 198 Vikarin 5121 |
| Tula Rasi: 21.29 | Tithi 1 – 2 | Gulika 12:58PM – 2:28PM | Vishakha Until 1:42AM Wed | Ganesha: Clear | <i>Sunrise:</i> 6:58AM | | |
| | | Yama 9:58AM – 11:28AM | Ayushman Until 5:32PM | Muruqa: Purple | <i>Sunset:</i> 6:59PM | Moon 10 - Phase 28 | 3rd Phase |
| | | 675313464 Rahu 3:58PM – 5:28PM | Balava Until 7:31PM | Nataraja: Purple | | | |
| Routine Work | Marana Yoga | | Prathama* Until 8:47AM | Moon – Orange | | Subha Sivaloka Day | |
| Until 1:42AM Wed | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | Kartika•Aipasi | | | |

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| 2 | | Wednesday, October 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Dvitiya/Trityayam Titau | | | KL, Malaysia Sun 15 Sutra 199 Vikarin 5121 |
| Virchika Rasi: 5.52 | Tithi 2 – 3 | Gulika 11:28AM – 12:58PM | Anuradha Until 12:29AM Thu | Ganesha: Clear | <i>Sunrise:</i> 6:58AM | | |
| | | Yama 8:28AM – 9:58AM | Saubhagya Until 2:34PM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 28 | 3rd Phase |
| | | 675313464 Rahu 12:58PM – 2:28PM | Gara Until 4:33AM Thu | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | | Dvitiya Until 6:21AM | Moon – Orange | | Subha Sivaloka Day | |
| Until 12:29AM Thu | | | | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | Kartika•Aipasi | | | |

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| 3 | | Thursday, October 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturtham Titau | | | KL, Malaysia Sun 16 Sutra 200 Vikarin 5121 |
| Virchika Rasi: 19.49 | Tithi 4 | Gulika 9:58AM – 11:28AM | Jyeshtha* Until 11:51PM | Ganesha: Clear | <i>Sunrise:</i> 6:58AM | | |
| | | Yama 6:58AM – 8:28AM | Sobhana Until 12:11PM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 28 | 3rd Phase |
| | | 675313464 Rahu 2:28PM – 3:58PM | Vanija Until 3:57PM | Nataraja: Purple | | | |
| Routine Work | Prabalarishta Yoga | | Chaturthi* Until 3:31AM Fri | Moon – Orange | | Subha Sivaloka Day | |
| Until 11:51PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | Kartika•Aipasi | | | |

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|----------------------------------|-------------|---|----------------------------------|---|------------------------|---------------------------------|---|
| 4 | | Friday, November 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau | | | KL, Malaysia Sun 17 Sutra 201 Vikarin 5121 |
| Dhanus Rasi: 3.19 | Tithi 5 | Gulika 8:28AM – 9:58AM | Mula* Until 12:20AM Sat | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | | |
| | | Yama 3:58PM – 5:28PM | Athiganda* Until 10:24AM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 28 | 3rd Phase |
| | | 685313464 Rahu 11:28AM – 12:58PM | Bava Until 3:21PM | Nataraja: Purple | | | |
| Creative Work | Amrita Yoga | | Panchami Until 3:21AM Sat | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| Until 12:20AM Sat | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | Kartika•Aipasi | | | |

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|----------------------------------|-------------|--|--------------------------------------|---|------------------------|---------------------------------|---|
| 5 | | Saturday, November 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau | | | KL, Malaysia Sun 18 Sutra 202 Vikarin 5121 |
| Dhanus Rasi: 16.22 | Tithi 6 | Gulika 6:58AM – 8:28AM | Purvashadha* Until 1:31AM Sun | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | | |
| | | Yama 2:28PM – 3:58PM | Sukarma Until 9:18AM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 28 | 3rd Phase |
| | | 685313464 Rahu 9:58AM – 11:28AM | Kaulava Until 3:37PM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | | Shashthi* Until 4:02AM Sun | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| Until 1:31AM Sun | | | | | | | |
| Then Creative Work - Amrita Yoga | | Skanda Shasthi | | Kartika•Aipasi | | | |

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|--------------------|-------------|---------------------------------------|--------------------------------------|--|------------------------|---------------------------------|---|
| 6 | | Sunday, November 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau | | | KL, Malaysia Sun 19 Sutra 203 Vikarin 5121 |
| Dhanus Rasi: 28.59 | Tithi 7 | Gulika 3:58PM – 5:28PM | Uttarashadha Until 3:16AM Mon | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | | |
| | | Yama 12:58PM – 2:28PM | Dhriti Until 8:53AM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 28 | 3rd Phase |
| | | 685313464 Rahu 5:28PM – 6:58PM | Gara Until 4:42PM | Nataraja: Purple | | | |
| Creative Work | Amrita Yoga | | Saptami Until 5:30AM Mon | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| | | | | | | | |
| | | | | Kartika•Aipasi | | | |

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|----------------------------------|-------------|--|----------------------------------|-------------------------|---|---------------------|
| Monday, November 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti* Karana Ashtamyam Titau | | | KL, Malaysia Sun 20 Sutra 204 Vikarin 5121 | |
| Retreat Star | | Gulika 2:28PM – 3:58PM | Shravana Until 5:57AM Tue | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | |
| Makara Rasi: 11.17 | Tithi 8 | Yama 11:28AM – 12:58PM | Shula* Until 8:59AM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 28 |
| Family Home Evening | | 696313464 Rahu 8:28AM – 9:58AM | Visti Until 6:29PM | Nataraja: Purple | | Ashtami |
| Creative Work | Amrita Yoga | | Ashtami* Until 7:33AM Tue | Moon – Purple | | Sivaloka Day |
| Until 5:57AM Tue | | | | | | |
| Then Creative Work - Siddha Yoga | | | | Kartika•Aipasi | | |

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|----------------------------------|-------------|---|------------------------------------|-------------------------|---|---------------------|
| Tuesday, November 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | KL, Malaysia Sun 21 Sutra 205 Vikarin 5121 | |
| Retreat Star | | Gulika 12:58PM – 2:28PM | Dhanishtha Until 8:49AM Wed | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | |
| Makara Rasi: 23.21 | Tithi 8 – 9 | Yama 9:58AM – 11:28AM | Ganda* Until 9:32AM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 28 |
| | | 696313464 Rahu 3:58PM – 5:28PM | Balava Until 8:45PM | Nataraja: Purple | | Navami |
| Creative Work | Siddha Yoga | | Ashtami* Until 7:33AM | Moon – Purple | | Sivaloka Day |
| | | | | | | |
| | | | | Kartika•Aipasi | | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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|----------------------------------|--------------------|--|---------------------------------------|---|------------------------|------------------------|
| 1 | | Wednesday, November 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | KL, Malaysia Sun 22 |
| Kumbha Rasi: 5.16 | Tithi 9 – 10 | Gulika 11:28AM – 12:58PM | Dhanishtha Until 8:49AM | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | Vikarin 5121 |
| | | Yama 8:28AM – 9:58AM | Vriddhi Until 10:21AM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 29 |
| | | 696313464 Rahu 12:58PM – 2:28PM | Taitila Until 11:16PM | Nataraja: Purple | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Navami* Until 9:58AM | Moon – Purple | | Sivaloka Day |
| Until 8:49AM | | | | | | Kartika-Aipasi |
| Then Creative Work - Siddha Yoga | | | | | | |


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| 2 | | Thursday, November 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | KL, Malaysia Sun 23 |
| Kumbha Rasi: 17.07 | Tithi 10 – 11 | Gulika 9:58AM – 11:28AM | Shatabhishak Until 11:39AM | Ganesha: Clear | <i>Sunrise:</i> 6:58AM | Vikarin 5121 |
| | | Yama 6:58AM – 8:28AM | Dhruva Until 11:14AM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 29 |
| | | 796313464 Rahu 2:28PM – 3:58PM | Vanija Until 1:47AM Fri | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 12:31PM | Moon – Purple | | Subha Sivaloka Day |
| | | | | | | Kartika-Aipasi |


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|--------------------|---------------|---|---------------------------------------|--|------------------------|---------------------------|
| 3 | | Friday, November 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau | | KL, Malaysia Sun 24 |
| Kumbha Rasi: 28.59 | Tithi 11 – 12 | Gulika 8:28AM – 9:58AM | Purvaproshtapada* Until 2:44PM | Ganesha: Yellow | <i>Sunrise:</i> 6:58AM | Vikarin 5121 |
| | | Yama 3:58PM – 5:28PM | Vyaghata* Until 12:04PM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 29 |
| | | 716313464 Rahu 11:28AM – 12:58PM | Bava Until 4:08AM Sat | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 2:58PM | Moon – Clear | | Subha Sivaloka Day |
| | | | | | | Kartika-Aipasi |

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|--|---------------|--|---------------------------------------|---|------------------------|---------------------------|
| 4 | | Saturday, November 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | KL, Malaysia Sun 25 |
| Meena Rasi: 10.56 | Tithi 12 – 13 | Gulika 6:58AM – 8:28AM | Uttaraproshtapada Until 5:25PM | Ganesha: Yellow | <i>Sunrise:</i> 6:58AM | Vikarin 5121 |
| | | Yama 2:28PM – 3:58PM | Harshana Until 12:44PM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 29 |
| | | 716313464 Rahu 9:58AM – 11:28AM | Kaulava Until 6:12AM Sun | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 5:11PM | Moon – Clear | | Subha Sivaloka Day |
| Until 5:25PM | | | | | | Kartika-Aipasi |
| Then Routine Work - Prabalarishta Yoga | | | <i>Pradosha Vrata</i> | | | |

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|----------------------------------|-------------|---------------------------------------|--------------------------------|---|------------------------|---------------------------|
| 5 | | Sunday, November 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau | | KL, Malaysia Sun 26 |
| Meena Rasi: 22.59 | Tithi 13 | Gulika 3:58PM – 5:28PM | Revati Until 7:37PM | Ganesha: Yellow | <i>Sunrise:</i> 6:58AM | Vikarin 5121 |
| | | Yama 12:58PM – 2:28PM | Vajra* Until 1:08PM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 29 |
| | | 716313464 Rahu 5:28PM – 6:58PM | Kaulava Until 6:12AM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Trayodashi Until 7:03PM | Moon – Clear | | Subha Sivaloka Day |
| Until 7:37PM | | | | | | Kartika-Aipasi |
| Then Creative Work - Siddha Yoga | | | | | | |

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|----------------------------|-------------|---------------------------------------|----------------------------------|--|------------------------|---------------------------|
| 6 | | Monday, November 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau | | KL, Malaysia Sun 27 |
| Mesha Rasi: 5.13 | Tithi 14 | Gulika 2:28PM – 3:58PM | Ashvini Until 9:45PM | Ganesha: Clear | <i>Sunrise:</i> 6:59AM | Vikarin 5121 |
| Family Home Evening | | Yama 11:28AM – 12:58PM | Siddhi Until 1:15PM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 29 |
| | | 727313464 Rahu 8:29AM – 9:58AM | Gara Until 7:52AM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 8:32PM | Moon – White | | Subha Sivaloka Day |
| | | | | | | Kartika-Aipasi |

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|---|-------------|---------------------------------------|--------------------------------|---|------------------------|------------------------|
|  | | Tuesday, November 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Vistil/Bava Karana Purnimayam Titau | | KL, Malaysia Sun 27 |
| Copper Retreat Star | | Gulika 12:58PM – 2:28PM | Bharani Until 11:19PM | Ganesha: White | <i>Sunrise:</i> 6:59AM | Vikarin 5121 |
| Mesha Rasi: 17.36 | Tithi 15 | Yama 9:59AM – 11:29AM | Vyatipata* Until 1:03PM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 29 |
| | | 727413464 Rahu 3:58PM – 5:28PM | Vistil Until 9:07AM | Nataraja: Purple | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 9:34PM | Moon – White | | Sivaloka Day |
| | | | | | | Kartika-Aipasi |

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|---|-------------|--|-----------------------------------|---|------------------------|------------------------|
|  | | Wednesday, November 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigaha* Yoga Balava/Kaulava Karana Prathamayam Titau | | KL, Malaysia Sun 27 |
| Silver Retreat Star | | Gulika 11:29AM – 12:59PM | Krittika Until 12:19AM Thu | Ganesha: White | <i>Sunrise:</i> 6:59AM | Vikarin 5121 |
| Vrishabha Rasi: 0.11 | Tithi 16 | Yama 8:29AM – 9:59AM | Variyan Until 12:30PM | Muruqa: Purple | <i>Sunset:</i> 6:58PM | Moon 10 - Phase 29 |
| | | 727413464 Rahu 12:59PM – 2:28PM | Balava Until 9:57AM | Nataraja: Purple | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 10:11PM | Moon – White | | Sivaloka Day |
| Until 12:19AM Thu | | | | | | Kartika-Aipasi |
| Then Routine Work - Marana Yoga | | | | | | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

KL, Malaysia

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 12.56 Tithi 17

737413464

Gulika 9:59AM – 11:29AM
Yama 6:59AM – 8:29AM
Rahu 2:29PM – 3:58PM

Rohini Until 1:14AM Fri
Parigha* Until 11:39AM
Taitila Until 10:22AM
Dvitiya Until 10:24PM

Ganesha: Clear *Sunrise: 6:59AM*
Muruqa: Purple *Sunset: 6:58PM*
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

Until 1:14AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trityayam Titau

KL, Malaysia

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 25.55 Tithi 18

737413464

Gulika 8:29AM – 9:59AM
Yama 3:59PM – 5:28PM
Rahu 11:29AM – 12:59PM

Mrigashira Until 1:38AM Sat
Shiva Until 10:31AM
Vanija Until 10:23AM
Tritiya Until 10:14PM

Ganesha: Clear *Sunrise: 6:59AM*
Muruqa: Purple *Sunset: 6:58PM*
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

KL, Malaysia

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 9.04 Tithi 19

737413464

Gulika 7:00AM – 8:29AM
Yama 2:29PM – 3:59PM
Rahu 9:59AM – 11:29AM

Ardra Until 1:32AM Sun
Siddha Until 9:03AM
Bava Until 10:02AM
Chaturthi* Until 9:42PM

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Purple *Sunset: 6:58PM*
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

KL, Malaysia

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 22.24 Tithi 20

747413465

Gulika 3:59PM – 5:29PM
Yama 12:59PM – 2:29PM
Rahu 5:29PM – 6:59PM

Punarvasu Until 1:24AM Mon
Sadhya Until 7:19AM
Kaulava Until 9:20AM
Panchami Until 8:50PM

Ganesha: Purple *Sunrise: 7:00AM*
Muruqa: Purple *Sunset: 6:59PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

KL, Malaysia

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 5.56 Tithi 21

748413465

Gulika 2:29PM – 3:59PM
Yama 11:30AM – 12:59PM
Rahu 8:30AM – 10:00AM

Pushya Until 12:46AM Tue
Sukla Until 3:03AM Tue
Gara Until 8:17AM
Shashthi* Until 7:37PM

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Purple *Sunset: 6:59PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

5

Tuesday, November 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Visti*/Bava Karana Saplamyam Titau

KL, Malaysia

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 19.4 Tithi 22

748413465

Gulika 1:00PM – 2:29PM
Yama 10:00AM – 11:30AM
Rahu 3:59PM – 5:29PM

Ashlesha* Until 11:40PM
Brahma Until 12:31AM Wed
Visti Until 6:53AM
Saptami Until 6:03PM

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Purple *Sunset: 6:59PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

KL, Malaysia

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Simha Rasi: 4 Tithi 23 – 24

758413465

Gulika 11:30AM – 1:00PM
Yama 8:30AM – 10:00AM
Rahu 1:00PM – 2:30PM

Magha* Until 10:32PM
Indra Until 9:44PM
Taitila Until 3:08AM Thu
Ashtami* Until 4:10PM

Ganesha: White *Sunrise: 7:01AM*
Muruqa: Purple *Sunset: 6:59PM*
Nataraja: Clear
Moon – Red
Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 10:32PM

Then Creative Work - Amrita Yoga

Thursday, November 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

KL, Malaysia

Sun 8 Sutra 221

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 17.44 Tithi 24 – 25

758413465

Gulika 10:01AM – 11:30AM
Yama 7:01AM – 8:31AM
Rahu 2:30PM – 4:00PM

Purvaphalguni Until 8:59PM
Vaidhriti* Until 6:42PM
Vanija Until 12:49AM Fri
Navami* Until 1:59PM

Ganesha: White *Sunrise: 7:01AM*
Muruqa: Purple *Sunset: 6:59PM*
Nataraja: Clear
Moon – Red
Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Friday, November 22, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Vishkambha*Prili*Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

KL, Malaysia
Sun 9 Sutra 222
Vikarin 5121
Moon 11 - Phase 31
2nd Phase

Kanya Rasi: 2.04 Tithi 25 - 26

Gulika 8:31AM - 10:01AM
Yama 4:00PM - 5:30PM
768413465 Rahu 11:31AM - 1:00PM

Uttaraphalguni Until 7:03PM
Vishkambha* Until 3:29PM
Bava Until 10:17PM
Dashami Until 11:33AM

Ganesha: White Sunrise: 7:01AM
Muruqa: Purple Sunset: 6:59PM
Nataraja: Clear
Moon - Red

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 7:03PM

Then Creative Work - Amrita Yoga

Saturday, November 23, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Prili/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

KL, Malaysia
Sun 10 Sutra 223
Vikarin 5121
Moon 11 - Phase 31
2nd Phase

Kanya Rasi: 16.31 Tithi 26 - 27

Gulika 7:02AM - 8:31AM
Yama 2:30PM - 4:00PM
768413465 Rahu 10:01AM - 11:31AM

Hasta Until 5:16PM
Prili Until 12:09PM
Kaulava Until 7:39PM
Ekadashi* Until 8:57AM

Ganesha: Yellow Sunrise: 7:02AM
Muruqa: Purple Sunset: 7:00PM
Nataraja: Clear
Moon - Green

Sivaloka Day

Routine Work Marana Yoga

Sunday, November 24, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau

KL, Malaysia
Sun 11 Sutra 224
Vikarin 5121
Moon 11 - Phase 31
2nd Phase

Tula Rasi: 1.01 Tithi 27 - 28

Gulika 4:00PM - 5:30PM
Yama 1:01PM - 2:31PM
769413465 Rahu 5:30PM - 7:00PM

Chitra Until 3:20PM
Ayushman Until 8:45AM
Vanija Until 3:40AM Mon
Dvadashi* Until 6:17AM

Ganesha: Blue Sunrise: 7:02AM
Muruqa: Purple Sunset: 7:00PM
Nataraja: Clear
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Pradosha Vrata (Fasting)

Monday, November 25, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

KL, Malaysia
Sun 12 Sutra 225
Vikarin 5121
Moon 11 - Phase 31
2nd Phase

Tula Rasi: 15.29 Tithi 29

Gulika 2:31PM - 4:01PM
Yama 11:31AM - 1:01PM
769413465 Rahu 8:32AM - 10:02AM

Svati Until 1:21PM
Sobhana Until 2:15AM Tue
Visti Until 2:26PM
Chaturdashi* Until 1:14AM Tue

Ganesha: Blue Sunrise: 7:02AM
Muruqa: Purple Sunset: 7:00PM
Nataraja: Clear
Moon - Green

Devaloka Day

Family Home Evening

Creative Work Amrita Yoga

Until 1:21PM

Then Routine Work - Marana Yoga

Tuesday, November 26, 2019

●

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau

KL, Malaysia
Sun 13 Sutra 226
Vikarin 5121
Moon 11 - Phase 31
Amavasya

Tula Rasi: 29.5 Tithi 30

Gulika 1:01PM - 2:31PM
Yama 10:02AM - 11:32AM
779413465 Rahu 4:01PM - 5:31PM

Vishakha Until 11:54AM
Athiganda* Until 11:20PM
Catuspada Until 12:09PM
Amavasya* Until 11:08PM

Ganesha: Blue Sunrise: 7:03AM
Muruqa: Purple Sunset: 7:00PM
Nataraja: Clear
Moon - Orange

Devaloka Day

Routine Work Marana Yoga

Until 11:54AM

Then Creative Work - Siddha Yoga

Wednesday, November 27, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau

KL, Malaysia
Sun 14 Sutra 227
Vikarin 5121
Moon 11 - Phase 31
Prathama

Vrischika Rasi: 13.56 Tithi 1

Gulika 11:32AM - 1:02PM
Yama 8:33AM - 10:02AM
779413465 Rahu 1:02PM - 2:32PM

Anuradha Until 10:42AM
Sukarma Until 8:49PM
Kintughna Until 10:16AM
Prathama* Until 9:30PM

Ganesha: Blue Sunrise: 7:03AM
Muruqa: Purple Sunset: 7:01PM
Nataraja: Clear
Moon - Orange

Devaloka Day

Creative Work Siddha Yoga

Margasira*Karttikai

| | | | | | | |
|----------------------------------|--------------------|---------------------------------------|-------------------------------|---|------------------------|---|
| 1 | | Thursday, November 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau | | KL, Malaysia Sun 15 Sutra 228 Vikarin 5121 |
| Vrischika Rasi: 27.43 | Tithi 2 | Gulika 10:03AM – 11:32AM | Jyeshtha* Until 9:53AM | Ganesha: Blue | <i>Sunrise:</i> 7:03AM | |
| | | Yama 7:03AM – 8:33AM | Dhriti Until 6:47PM | Muruqa: Purple | <i>Sunset:</i> 7:01PM | Moon 11 - Phase 32 |
| | | 779413465 Rahu 2:32PM – 4:02PM | Balava Until 8:55AM | Nataraja: Clear | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Dvitiya Until 8:29PM | Moon – Orange | | Devaloka Day |
| Until 9:53AM | | | | Margasira-Karttikai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|--|-------------|--|-----------------------------|--|------------------------|---|
| 2 | | Friday, November 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau | | KL, Malaysia Sun 16 Sutra 229 Vikarin 5121 |
| Dhanus Rasi: 11.07 | Tithi 3 | Gulika 8:33AM – 10:03AM | Mula* Until 10:02AM | Ganesha: Blue | <i>Sunrise:</i> 7:04AM | |
| | | Yama 4:02PM – 5:32PM | Shula* Until 5:16PM | Muruqa: Purple | <i>Sunset:</i> 7:01PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 11:33AM – 1:02PM | Taitila Until 8:15AM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Amrita Yoga | | Tritiya Until 8:10PM | Moon – Light Blue | | Devaloka Day |
| Until 10:02AM | | | | Margasira-Karttikai | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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|---------------------------------|-------------|---|-----------------------------------|---|------------------------|---|
| 3 | | Saturday, November 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Chaturthyam Titau | | KL, Malaysia Sun 17 Sutra 230 Vikarin 5121 |
| Dhanus Rasi: 24.07 | Tithi 4 | Gulika 7:04AM – 8:34AM | Purvashadha* Until 10:45AM | Ganesha: Blue | <i>Sunrise:</i> 7:04AM | |
| | | Yama 2:32PM – 4:02PM | Ganda* Until 4:21PM | Muruqa: Purple | <i>Sunset:</i> 7:02PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 10:03AM – 11:33AM | Vanija Until 8:19AM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 8:37PM | Moon – Light Blue | | Devaloka Day |
| Until 10:45AM | | | | Margasira-Karttikai | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|---------------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|---|
| 4 | | Sunday, December 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau | | KL, Malaysia Sun 18 Sutra 231 Vikarin 5121 |
| Makara Rasi: 6.47 | Tithi 5 | Gulika 4:03PM – 5:32PM | Uttarashadha Until 12:01PM | Ganesha: Blue | <i>Sunrise:</i> 7:04AM | |
| | | Yama 1:03PM – 2:33PM | Vridhi Until 4:01PM | Muruqa: Purple | <i>Sunset:</i> 7:02PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 5:32PM – 7:02PM | Bava Until 9:08AM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Amrita Yoga | | Panchami Until 9:47PM | Moon – Light Blue | | Devaloka Day |
| Until 7:02PM | | | | Margasira-Karttikai | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|-------------|--|--------------------------------|--|------------------------|---|
| 5 | | Monday, December 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau | | KL, Malaysia Sun 19 Sutra 232 Vikarin 5121 |
| Makara Rasi: 19.07 | Tithi 6 | Gulika 2:33PM – 4:03PM | Shravana Until 2:16PM | Ganesha: Clear | <i>Sunrise:</i> 7:05AM | |
| Family Home Evening | | Yama 11:34AM – 1:04PM | Dhruva Until 4:09PM | Muruqa: Purple | <i>Sunset:</i> 7:02PM | Moon 11 - Phase 32 |
| | | 791413465 Rahu 8:35AM – 10:04AM | Kaulava Until 10:39AM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Until 11:35PM | Moon – Purple | | Sivaloka Day |
| Until 2:16PM | | | | Margasira-Karttikai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 6 | | Tuesday, December 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau | | KL, Malaysia Sun 20 Sutra 233 Vikarin 5121 |
| Kumbha Rasi: 1.14 | Tithi 7 | Gulika 1:04PM – 2:34PM | Dhanishtha Until 4:51PM | Ganesha: Clear | <i>Sunrise:</i> 7:05AM | |
| | | Yama 10:05AM – 11:34AM | Vyaghata* Until 4:41PM | Muruqa: Purple | <i>Sunset:</i> 7:03PM | Moon 11 - Phase 32 |
| | | 791413465 Rahu 4:03PM – 5:33PM | Gara Until 12:42PM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 1:51AM Wed | Moon – Purple | | Sivaloka Day |
| Until 4:51PM | | | | Margasira-Karttikai | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|-------------|---------------------------------------|----------------------------------|--|------------------------|---|
| Retreat Star | | Wednesday, December 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau | | KL, Malaysia Sun 21 Sutra 234 Vikarin 5121 |
| Kumbha Rasi: 13.11 | Tithi 8 | Gulika 11:35AM – 1:04PM | Shatabhishak Until 7:33PM | Ganesha: Clear | <i>Sunrise:</i> 7:06AM | |
| | | Yama 8:35AM – 10:05AM | Harshana Until 5:27PM | Muruqa: Purple | <i>Sunset:</i> 7:03PM | Moon 11 - Phase 32 |
| | | 791413465 Rahu 1:04PM – 2:34PM | Visti Until 3:05PM | Nataraja: Clear | | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 4:19AM Thu | Moon – Purple | | Sivaloka Day |
| Until 7:33PM | | | | Margasira-Karttikai | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|---------------------------------|-------------|---------------------------------------|---------------------------------------|--|------------------------|---|
| Retreat Star | | Thursday, December 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau | | KL, Malaysia Sun 22 Sutra 235 Vikarin 5121 |
| Kumbha Rasi: 25.05 | Tithi 9 | Gulika 10:05AM – 11:35AM | Purvaproshtpada* Until 10:39PM | Ganesha: Yellow | <i>Sunrise:</i> 7:06AM | |
| | | Yama 7:06AM – 8:36AM | Vajra* Until 6:15PM | Muruqa: Purple | <i>Sunset:</i> 7:03PM | Moon 11 - Phase 32 |
| | | 711413465 Rahu 2:34PM – 4:04PM | Balava Until 5:36PM | Nataraja: Clear | | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 6:48AM Fri | Moon – Clear | | Sivaloka Day |
| Until 6:48AM | | | | Margasira-Karttikai | | |
| Then Routine Work - Marana Yoga | | | | | | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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| 1 | | Friday, December 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | KL, Malaysia Sun 23 Sutra 236 Vikarin 5121 |
| Meena Rasi: 6.58 | Tithi 9 – 10 | Gulika 8:36AM – 10:06AM | Uttaraproshtapada Until 1:27AM Sat | Ganesha: Yellow | <i>Sunrise:</i> 7:07AM | |
| | | Yama 4:04PM – 5:34PM | Siddhi Until 6:59PM | Muruqa: Purple | <i>Sunset:</i> 7:04PM | Moon 11 - Phase 33 |
| | 711413465 | Rahu 11:35AM – 1:05PM | Taitila Until 8:00PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 6:48AM | Moon – Clear | | Sivaloka Day |
| Until 1:27AM Sat | | | | Margasira-Karttikai | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| 2 | | Saturday, December 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | KL, Malaysia Sun 24 Sutra 237 Vikarin 5121 |
| Meena Rasi: 18.56 | Tithi 10 – 11 | Gulika 7:07AM – 8:37AM | Revati Until 3:46AM Sun | Ganesha: White | <i>Sunrise:</i> 7:07AM | |
| | | Yama 2:35PM – 4:05PM | Vyatipata* Until 7:31PM | Muruqa: Purple | <i>Sunset:</i> 7:04PM | Moon 11 - Phase 33 |
| | 711513465 | Rahu 10:06AM – 11:36AM | Vanija Until 10:07PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Dashami Until 9:05AM | Moon – Clear | | Subha Sivaloka Day |
| Until 3:46AM Sun | | Gita Jayanthi | | Margasira-Karttikai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 3 | | Sunday, December 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | KL, Malaysia Sun 25 Sutra 238 Vikarin 5121 |
| Mesha Rasi: 1.02 | Tithi 11 – 12 | Gulika 4:05PM – 5:35PM | Ashvini Until 5:59AM Mon | Ganesha: Clear | <i>Sunrise:</i> 7:07AM | |
| | | Yama 1:06PM – 2:36PM | Varyan Until 7:43PM | Muruqa: Purple | <i>Sunset:</i> 7:05PM | Moon 11 - Phase 33 |
| | 721513465 | Rahu 5:35PM – 7:05PM | Bava Until 11:47PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 10:59AM | Moon – White | | Sivaloka Day |
| | | | | Margasira-Karttikai | | |

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| 4 | | Monday, December 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | KL, Malaysia Sun 26 Sutra 239 Vikarin 5121 |
| Mesha Rasi: 13.2 | Tithi 12 – 13 | Gulika 2:36PM – 4:06PM | Bharani Until 7:30AM Tue | Ganesha: Clear | <i>Sunrise:</i> 7:08AM | |
| Family Home Evening | | Yama 11:37AM – 1:06PM | Parigha* Until 7:31PM | Muruqa: Purple | <i>Sunset:</i> 7:05PM | Moon 11 - Phase 33 |
| | 721513465 | Rahu 8:38AM – 10:07AM | Kaulava Until 12:55AM Tue | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 12:24PM | Moon – White | | Sivaloka Day |
| | | | | Margasira-Karttikai | | |
| | | | | <i>Pradosha Vrata</i> | | |

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| 5 | | Tuesday, December 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | KL, Malaysia Sun 27 Sutra 240 Vikarin 5121 |
| Mesha Rasi: 25.52 | Tithi 13 – 14 | Gulika 1:07PM – 2:37PM | Bharani Until 7:30AM | Ganesha: Clear | <i>Sunrise:</i> 7:08AM | |
| | | Yama 10:08AM – 11:37AM | Shiva Until 6:54PM | Muruqa: Purple | <i>Sunset:</i> 7:05PM | Moon 11 - Phase 33 |
| | 721513465 | Rahu 4:06PM – 5:36PM | Gara Until 1:29AM Wed | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 1:15PM | Moon – White | | Sivaloka Day |
| | | Krittika Deepam | | Margasira-Karttikai | | |

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|----------------------------------|---------------|-------------------------------------|----------------------------------|---|------------------------|---|
| ○ | | Wednesday, December 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | KL, Malaysia Sun 28 Sutra 241 Vikarin 5121 |
| Copper Retreat Star | | Gulika 11:38AM – 1:07PM | Krittika Until 8:18AM | Ganesha: Clear | <i>Sunrise:</i> 7:09AM | |
| Vrishabha Rasi: 8.4 | Tithi 14 – 15 | Yama 8:38AM – 10:08AM | Siddha Until 5:49PM | Muruqa: Clear | <i>Sunset:</i> 7:06PM | Moon 11 - Phase 33 |
| | 721523465 | Rahu 1:07PM – 2:37PM | Visti Until 1:28AM Thu | Nataraja: Clear | | Purnima |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 1:31PM | Moon – White | | Devaloka Day |
| Until 8:18AM | | | | Margasira-Karttikai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|----------------------------|---------------|------------------------------------|------------------------------|--|------------------------|---|
| ○ | | Thursday, December 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | KL, Malaysia Sun 29 Sutra 242 Vikarin 5121 |
| Silver Retreat Star | | Gulika 10:09AM – 11:38AM | Rohini Until 8:52AM | Ganesha: Purple | <i>Sunrise:</i> 7:09AM | |
| Vrishabha Rasi: 21.44 | Tithi 15 – 16 | Yama 7:09AM – 8:39AM | Sadhya Until 4:20PM | Muruqa: Clear | <i>Sunset:</i> 7:06PM | Moon 11 - Phase 33 |
| | 731523465 | Rahu 2:37PM – 4:07PM | Balava Until 12:55AM Fri | Nataraja: Clear | | Prathama |
| Routine Work | Marana Yoga | | Purnima* Until 1:14PM | Moon – Yellow | | Sivaloka Day |
| | | Vinayaga Viratam Begins | | Margasira-Karttikai | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Mithuna Rasi: 5.05 Tithi 16 - 17

732523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

KL, Malaysia

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 8:39AM - 10:09AM

Yama 4:07PM - 5:37PM

Rahu 11:39AM - 1:08PM

Mrigashira Until 8:48AM

Subha Until 2:28PM

Taitila Until 11:56PM

Prathama* Until 12:27PM

Ganesha: Clear

Sunrise: 7:10AM

Muruga: Clear

Sunset: 7:07PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

1

Saturday, December 14, 2019

Mithuna Rasi: 18.4 Tithi 17 - 18

732523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Sun 1

KL, Malaysia

Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 7:10AM - 8:40AM

Yama 2:38PM - 4:08PM

Rahu 10:10AM - 11:39AM

Ardra Until 8:09AM

Sukla Until 12:15PM

Vanija Until 10:34PM

Dvitiya Until 11:16AM

Ganesha: Clear

Sunrise: 7:10AM

Muruga: Clear

Sunset: 7:07PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

2

Sunday, December 15, 2019

Kataka Rasi: 2.28 Tithi 18 - 19

742523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visli*/Bava Karana Tritya/Chaturthayam Titau

Sun 2

KL, Malaysia

Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 4:08PM - 5:38PM

Yama 1:09PM - 2:39PM

Rahu 5:38PM - 7:08PM

Punarvasu Until 7:29AM

Brahma Until 9:49AM

Bava Until 8:55PM

Tritya Until 9:45AM

Ganesha: Purple

Sunrise: 7:11AM

Muruga: Clear

Sunset: 7:08PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

3

Monday, December 16, 2019

Kataka Rasi: 16.25 Tithi 19 - 20

742523465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

KL, Malaysia

Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 2:39PM - 4:09PM

Yama 11:40AM - 1:10PM

Rahu 8:41AM - 10:11AM

Markali Pillaiyar

Pushya Until 6:25AM

Indra Until 7:11AM

Kaulava Until 7:04PM

Chaturthi* Until 8:00AM

Ganesha: Purple

Sunrise: 7:11AM

Muruga: Clear

Sunset: 7:08PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Tuesday, December 17, 2019

Simha Rasi: 0.28 Tithi 20 - 21

852523465

Creative Work Siddha Yoga

Until 3:50AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Sun 4

KL, Malaysia

Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 1:10PM - 2:40PM

Yama 10:11AM - 11:41AM

Rahu 4:09PM - 5:39PM

Magha* Until 3:50AM Wed

Vishkambha* Until 1:33AM Wed

Vanija Until 4:03AM Wed

Panchami Until 6:04AM

Ganesha: Purple

Sunrise: 7:12AM

Muruga: Clear

Sunset: 7:09PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Wednesday, December 18, 2019

Simha Rasi: 14.35 Tithi 22

852523465

Creative Work Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5

KL, Malaysia

Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 11:41AM - 1:11PM

Yama 8:42AM - 10:11AM

Rahu 1:11PM - 2:40PM

Purvaphalguni Until 2:27AM Thu

Priti Until 10:40PM

Visti Until 3:02PM

Saptami Until 1:59AM Thu

Ganesha: Purple

Sunrise: 7:12AM

Muruga: Clear

Sunset: 7:09PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Thursday, December 19, 2019

Retreat Star

Simha Rasi: 28.45 Tithi 23

852523465

Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6

KL, Malaysia

Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Gulika 10:12AM - 11:42AM

Yama 7:13AM - 8:42AM

Rahu 2:41PM - 4:10PM

Uttaraphalguni Until 12:55AM Fri

Ayushman Until 7:44PM

Balava Until 12:57PM

Ashtami* Until 11:54PM

Ganesha: Purple

Sunrise: 7:13AM

Muruga: Clear

Sunset: 7:10PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Friday, December 20, 2019

Retreat Star

Kanya Rasi: 12.54 Tithi 24

862523465

Creative Work Amrita Yoga

Until 11:41PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Sun 7

KL, Malaysia

Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Gulika 8:43AM - 10:12AM

Yama 4:11PM - 5:40PM

Rahu 11:42AM - 1:12PM

Hasta Until 11:41PM

Saubhagya Until 4:50PM

Taitila Until 10:53AM

Navami* Until 9:50PM

Ganesha: Clear

Sunrise: 7:13AM

Muruga: Clear

Sunset: 7:10PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

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|----------------------------------|------------------------------------|---------------------------------|---|--|---------------------------|
| 1 | Saturday, December 21, 2019 | | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Dashamyam Titau | | KL, Malaysia |
| | Kanya Rasi: 27.02 | Tithi 25 | 862523465 | Sun 8 | Sutra 251 Vikarin 5121 |
| Routine Work | Marana Yoga | Gulika 7:14AM – 8:43AM | Chitra Until 10:22PM | Ganesha: Clear <i>Sunrise: 7:14AM</i> | |
| Until 10:22PM | | Yama 2:42PM – 4:11PM | Sobhana Until 1:59PM | Muruqa: Clear <i>Sunset: 7:11PM</i> | Moon 12 - Phase 35 |
| Then Creative Work - Siddha Yoga | | Rahu 10:13AM – 11:43AM | Vanija Until 8:51AM | Nataraja: Clear | 2nd Phase |
| | | Day 1 of Pancha Ganapati | Dashami Until 7:51PM | Moon – Green | Devaloka Day |
| | | | | Margasira-Markali | |

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| 2 | Sunday, December 22, 2019 | | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau | | KL, Malaysia |
| | Tula Rasi: 11.07 | Tithi 26 – 27 | 862523465 | Sun 9 | Sutra 252 Vikarin 5121 |
| Creative Work | Siddha Yoga | Gulika 4:12PM – 5:41PM | Svati Until 9:03PM | Ganesha: Clear <i>Sunrise: 7:14AM</i> | |
| Until 9:03PM | | Yama 1:13PM – 2:42PM | Athiganda* Until 11:12AM | Muruqa: Clear <i>Sunset: 7:11PM</i> | Moon 12 - Phase 35 |
| Then Routine Work - Marana Yoga | | Rahu 5:41PM – 7:11PM | Bava Until 6:54AM | Nataraja: Clear | 2nd Phase |
| | | Day 2 of Pancha Ganapati | Ekadashi* Until 5:58PM | Moon – Green | Devaloka Day |
| | | | | Margasira-Markali | |

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| 3 | Monday, December 23, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | KL, Malaysia |
| | Tula Rasi: 25.06 | Tithi 27 – 28 | 872523465 | Sun 10 | Sutra 253 Vikarin 5121 |
| Family Home Evening | Marana Yoga | Gulika 2:43PM – 4:12PM | Vishakha Until 8:13PM | Ganesha: White <i>Sunrise: 7:15AM</i> | |
| Routine Work | | Yama 11:44AM – 1:13PM | Sukarma Until 8:33AM | Muruqa: Clear <i>Sunset: 7:12PM</i> | Moon 12 - Phase 35 |
| Until 8:13PM | | Rahu 8:44AM – 10:14AM | Gara Until 3:34AM Tue | Nataraja: Clear | 2nd Phase |
| Then Creative Work - Siddha Yoga | | Day 3 of Pancha Ganapati | Dvadashi* Until 4:17PM | Moon – Orange | Bhuloka Day |
| | | | | Margasira-Markali | Devaloka Time: 3:PM to 6:PM |
| | | | | <i>Pradosha Vrata (Fasting)</i> | |

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| 4 | Tuesday, December 24, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau | | KL, Malaysia |
| | Vrischika Rasi: 8.56 | Tithi 28 – 29 | 872523465 | Sun 11 | Sutra 254 Vikarin 5121 |
| Creative Work | Siddha Yoga | Gulika 1:14PM – 2:43PM | Anuradha Until 7:31PM | Ganesha: White <i>Sunrise: 7:15AM</i> | |
| Until 7:31PM | | Yama 10:14AM – 11:44AM | Dhriti Until 6:07AM | Muruqa: Clear <i>Sunset: 7:12PM</i> | Moon 12 - Phase 35 |
| Then Routine Work - Marana Yoga | | Rahu 4:13PM – 5:42PM | Visti Until 2:19AM Wed | Nataraja: Clear | 2nd Phase |
| | | Day 4 of Pancha Ganapati | Trayodashi* Until 2:52PM | Moon – Orange | Bhuloka Day |
| | | | | Margasira-Markali | Devaloka Time: 3:PM to 6:PM |

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|  | Wednesday, December 25, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | KL, Malaysia |
| | Vrischika Rasi: 22.35 | Tithi 29 – 30 | 872523465 | Sun 12 | Sutra 255 Vikarin 5121 |
| Retreat Star | Siddha Yoga | Gulika 11:45AM – 1:14PM | Jyeshtha* Until 7:02PM | Ganesha: White <i>Sunrise: 7:16AM</i> | |
| Creative Work | | Yama 8:45AM – 10:15AM | Ganda* Until 2:02AM Thu | Muruqa: Clear <i>Sunset: 7:13PM</i> | Moon 12 - Phase 35 |
| Until 7:02PM | | Rahu 1:14PM – 2:44PM | Catuspada Until 1:29AM Thu | Nataraja: Clear | Amavasya |
| Then Routine Work - Marana Yoga | | Day 5 of Pancha Ganapati | Chaturdashi* Until 1:49PM | Moon – Orange | Bhuloka Day |
| | | | | Margasira-Markali | Devaloka Time: 3:PM to 6:PM |

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| Retreat Star | Thursday, December 26, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | KL, Malaysia |
| | Dhanus Rasi: 6 | Tithi 30 – 1 | 883523465 | Sun 13 | Sutra 256 Vikarin 5121 |
| Creative Work | Siddha Yoga | Gulika 10:15AM – 11:45AM | Mula* Until 7:19PM | Ganesha: Orange <i>Sunrise: 7:16AM</i> | |
| | | Yama 7:16AM – 8:46AM | Vriddhi Until 12:34AM Fri | Muruqa: Clear <i>Sunset: 7:13PM</i> | Moon 12 - Phase 35 |
| | | Rahu 2:44PM – 4:14PM | Kintughna Until 1:09AM Fri | Nataraja: Clear | Prathama |
| | | Annular Solar Eclipse | Amavasya* Until 1:14PM | Moon – Light Blue | Devaloka Day |
| | | | | Pausha-Markali | |

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| 1 | | Friday, December 27, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | KL, Malaysia |
| Dhanus Rasi: 19.08 | Tithi 1 – 2 | Gulika 8:46AM – 10:16AM | Purvashadha* Untill 7:59PM | Ganesha: Orange | <i>Sunrise:</i> 7:17AM | Sun 14 | Sutra 257 | Vikarin 5121 |
| | | Yama 4:14PM – 5:44PM | Dhruva Untill 11:31PM | Muruqa: Clear | <i>Sunset:</i> 7:14PM | | | Moon 12 - Phase 36 |
| | | 883523466 Rahu 11:46AM – 1:15PM | Balava Untill 1:22AM Sat | Nataraja: Orange | | | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Prathama* Untill 1:10PM | Moon – Light Blue | | | Devaloka Day | |
| Untill 7:59PM | | | | Pausha-Markali | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 2 | | Saturday, December 28, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | KL, Malaysia |
| Makara Rasi: 1.59 | Tithi 2 – 3 | Gulika 7:17AM – 8:47AM | Uttarashadha Untill 9:04PM | Ganesha: Orange | <i>Sunrise:</i> 7:17AM | Sun 15 | Sutra 258 | Vikarin 5121 |
| | | Yama 2:45PM – 4:15PM | Vyaghata* Untill 10:56PM | Muruqa: Clear | <i>Sunset:</i> 7:14PM | | | Moon 12 - Phase 36 |
| | | 883523466 Rahu 10:16AM – 11:46AM | Taitila Untill 2:12AM Sun | Nataraja: Orange | | | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Untill 1:42PM | Moon – Light Blue | | | Devaloka Day | |
| Untill 9:04PM | | | | Pausha-Markali | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 3 | | Sunday, December 29, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | KL, Malaysia |
| Makara Rasi: 14.33 | Tithi 3 – 4 | Gulika 4:15PM – 5:45PM | Shravana Untill 11:02PM | Ganesha: Clear | <i>Sunrise:</i> 7:18AM | Sun 16 | Sutra 259 | Vikarin 5121 |
| | | Yama 1:16PM – 2:46PM | Harshana Untill 10:48PM | Muruqa: Clear | <i>Sunset:</i> 7:15PM | | | Moon 12 - Phase 36 |
| | | 893523466 Rahu 5:45PM – 7:15PM | Vanija Untill 3:37AM Mon | Nataraja: Orange | | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Tritiya Untill 2:49PM | Moon – Purple | | | Devaloka Day | |
| Untill 11:02PM | | | | Pausha-Markali | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 4 | | Monday, December 30, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | KL, Malaysia |
| Makara Rasi: 26.53 | Tithi 4 – 5 | Gulika 2:46PM – 4:16PM | Dhanishtha Untill 1:20AM Tue | Ganesha: Clear | <i>Sunrise:</i> 7:18AM | Sun 17 | Sutra 260 | Vikarin 5121 |
| | | Yama 11:47AM – 1:17PM | Vajra* Untill 11:03PM | Muruqa: Clear | <i>Sunset:</i> 7:15PM | | | Moon 12 - Phase 36 |
| | | 893523466 Rahu 8:48AM – 10:17AM | Bava Untill 5:31AM Tue | Nataraja: Orange | | | | 3rd Phase |
| Family Home Evening | Siddha Yoga | | Chaturthi* Untill 4:29PM | Moon – Purple | | | Devaloka Day | |
| Creative Work | | | | Pausha-Markali | | | | |
| Untill 1:20AM Tue | | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 5 | | Tuesday, December 31, 2019 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava Karana Panchamyam Titau | | | | KL, Malaysia |
| Kumbha Rasi: 9 | Tithi 5 | Gulika 1:17PM – 2:47PM | Shatabhishak Untill 3:50AM Wed | Ganesha: Clear | <i>Sunrise:</i> 7:19AM | Sun 18 | Sutra 261 | Vikarin 5121 |
| | | Yama 10:18AM – 11:47AM | Siddhi Untill 11:36PM | Muruqa: Clear | <i>Sunset:</i> 7:16PM | | | Moon 12 - Phase 36 |
| | | 893523466 Rahu 4:16PM – 5:46PM | Balava Untill 6:36PM | Nataraja: Orange | | | | 3rd Phase |
| Routine Work | Marana Yoga | | Panchami Untill 6:36PM | Moon – Purple | | | Devaloka Day | |
| Untill 3:50AM Wed | | | | Pausha-Markali | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 6 | | Wednesday, January 1, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | KL, Malaysia |
| Kumbha Rasi: 20.59 | Tithi 6 | Gulika 11:48AM – 1:18PM | Purvaprossthapada* Untill 6:54AM Thu | Ganesha: Blue | <i>Sunrise:</i> 7:20AM | Sun 19 | Sutra 262 | Vikarin 5121 |
| | | Yama 8:49AM – 10:19AM | Vyatipata* Untill 12:21AM Thu | Muruqa: Clear | <i>Sunset:</i> 7:17PM | | | Moon 12 - Phase 36 |
| | | 813623466 Rahu 1:18PM – 2:48PM | Kaulava Untill 7:48AM | Nataraja: Orange | | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Untill 9:01PM | Moon – Clear | | | Bhuloka Day | |
| Untill 6:54AM Thu | | | | Pausha-Markali | | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | Vinayaga Viratam Ends | | | | | | |

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| Retreat Star | | Thursday, January 2, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Varyan Yoga Gara/Vanija Karana Saptamyam Titau | | | | KL, Malaysia |
| Meena Rasi: 2.53 | Tithi 7 | Gulika 10:19AM – 11:49AM | Purvaprossthapada* Untill 6:54AM | Ganesha: Blue | <i>Sunrise:</i> 7:20AM | Sun 20 | Sutra 263 | Vikarin 5121 |
| | | Yama 7:20AM – 8:50AM | Variyan Untill 1:08AM Fri | Muruqa: Clear | <i>Sunset:</i> 7:17PM | | | Moon 12 - Phase 36 |
| | | 813623466 Rahu 2:48PM – 4:18PM | Gara Untill 10:17AM | Nataraja: Orange | | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Untill 11:31PM | Moon – Clear | | | Bhuloka Day | |
| | | | | Pausha-Markali | | | Devaloka Time: 3:PM to 6:PM | |

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| Retreat Star | | Friday, January 3, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | KL, Malaysia |
| Meena Rasi: 14.46 | Tithi 8 | Gulika 8:50AM – 10:20AM | Uttaraprossthapada Untill 9:48AM | Ganesha: Blue | <i>Sunrise:</i> 7:20AM | Sun 21 | Sutra 264 | Vikarin 5121 |
| | | Yama 4:18PM – 5:48PM | Parigha* Untill 1:51AM Sat | Muruqa: Clear | <i>Sunset:</i> 7:18PM | | | Moon 12 - Phase 36 |
| | | 813623466 Rahu 11:49AM – 1:19PM | Visti Untill 12:46PM | Nataraja: Orange | | | | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Untill 1:55AM Sat | Moon – Clear | | | Bhuloka Day | |
| | | | | Pausha-Markali | | | Devaloka Time: 3:PM to 6:PM | |

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| Retreat Star | | Saturday, January 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau | | | | KL, Malaysia |
| Meena Rasi: 26.43 | Tithi 9 | Gulika 7:21AM – 8:51AM | Revati Untill 12:23PM | Ganesha: Blue | <i>Sunrise:</i> 7:21AM | Sun 22 | Sutra 265 | Vikarin 5121 |
| | | Yama 2:49PM – 4:19PM | Shiva Untill 2:21AM Sun | Muruqa: Clear | <i>Sunset:</i> 7:18PM | | | Moon 12 - Phase 36 |
| | | 813623466 Rahu 10:20AM – 11:50AM | Balava Untill 3:02PM | Nataraja: Orange | | | | Navami |
| Routine Work | Prabalarishta Yoga | | Navami* Untill 4:01AM Sun | Moon – Clear | | | Bhuloka Day | |
| Untill 12:23PM | | | | Pausha-Markali | | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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| 1 Sunday, January 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau | | | | KL, Malaysia Sun 23 Sutra 266 Vikarin 5121 |
| Mesha Rasi: 8.47 | Tithi 10 | Gulika 4:19PM – 5:49PM | Ashvini Until 2:54PM | Ganesha: Yellow | <i>Sunrise:</i> 7:21AM | |
| | | Yama 1:20PM – 2:50PM | Siddha Until 2:27AM Mon | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 12 - Phase 37 |
| | 823623466 | Rahu 5:49PM – 7:18PM | Taitila Until 4:54PM | Nataraja: Orange | | 4th Phase |
| Creative Work | Siddha Yoga | | | Moon – White | | Devaloka Day |
| Until 2:54PM | | Subramuniyaswami Jayanti | Dashami Until 5:36AM Mon | Pausha-Markali | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| 2 Monday, January 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija Karana Ekadashyam Titau | | | | KL, Malaysia Sun 24 Sutra 267 Vikarin 5121 |
| Mesha Rasi: 21.04 | Tithi 11 | Gulika 2:50PM – 4:20PM | Bharani Until 4:44PM | Ganesha: Yellow | <i>Sunrise:</i> 7:22AM | |
| Family Home Evening | | Yama 11:51AM – 1:20PM | Sadhya Until 2:06AM Tue | Muruqa: Clear | <i>Sunset:</i> 7:19PM | Moon 12 - Phase 37 |
| Creative Work | Siddha Yoga | 823623466 Rahu 8:51AM – 10:21AM | Vanija Until 6:11PM | Nataraja: Orange | | 4th Phase |
| Until 4:44PM | | | Ekadashi Until 6:33AM Tue | Moon – White | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | Pausha-Markali | | |

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| 3 Tuesday, January 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | KL, Malaysia Sun 25 Sutra 268 Vikarin 5121 |
| Vrishabha Rasi: 3.38 | Tithi 11 – 12 | Gulika 1:21PM – 2:50PM | Krittika Until 5:45PM | Ganesha: Yellow | <i>Sunrise:</i> 7:22AM | |
| | | Yama 10:21AM – 11:51AM | Subha Until 1:13AM Wed | Muruqa: Clear | <i>Sunset:</i> 7:19PM | Moon 12 - Phase 37 |
| | 823623466 | Rahu 4:20PM – 5:50PM | Bava Until 6:47PM | Nataraja: Orange | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 6:33AM | Moon – White | | Devaloka Day |
| Until 5:45PM | | Vaikuntha Ekadasi | | Pausha-Markali | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 4 Wednesday, January 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | KL, Malaysia Sun 26 Sutra 269 Vikarin 5121 |
| Vrishabha Rasi: 16.32 | Tithi 12 – 13 | Gulika 11:52AM – 1:21PM | Rohini Until 6:22PM | Ganesha: White | <i>Sunrise:</i> 7:23AM | |
| | | Yama 8:52AM – 10:22AM | Sukla Until 11:44PM | Muruqa: Clear | <i>Sunset:</i> 7:20PM | Moon 12 - Phase 37 |
| | 823623466 | Rahu 1:21PM – 2:51PM | Kaulava Until 6:38PM | Nataraja: Orange | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 6:47AM | Moon – Yellow | | Bhuloka Day |
| | | | | Pausha-Markali | | Devaloka Time: 3:PM to 6:PM |
| | | | | | | <i>Pradosha Vrata</i> |

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| 5 Thursday, January 9, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau | | | | KL, Malaysia Sun 27 Sutra 270 Vikarin 5121 |
| Vrishabha Rasi: 29.48 | Tithi 13 – 14 | Gulika 10:22AM – 11:52AM | Mrigashira Until 6:09PM | Ganesha: Yellow | <i>Sunrise:</i> 7:23AM | |
| | | Yama 7:23AM – 8:53AM | Brahma Until 9:44PM | Muruqa: Clear | <i>Sunset:</i> 7:20PM | Moon 12 - Phase 37 |
| | 823623466 | Rahu 2:51PM – 4:21PM | Vanija Until 5:07AM Fri | Nataraja: Orange | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 6:17AM | Moon – Yellow | | Devaloka Day |
| | | | | Pausha-Markali | | |

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| Friday, January 10, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau | | | | KL, Malaysia Sun 27 Sutra 271 Vikarin 5121 |
| Copper Retreat Star | | Gulika 8:53AM – 10:23AM | Ardra Until 5:10PM | Ganesha: Yellow | <i>Sunrise:</i> 7:23AM | |
| Mithuna Rasi: 13.26 | Tithi 15 | Yama 4:21PM – 5:51PM | Indra Until 7:16PM | Muruqa: Clear | <i>Sunset:</i> 7:21PM | Moon 12 - Phase 37 |
| | | 823623466 Rahu 11:52AM – 1:22PM | Visti Until 4:19PM | Nataraja: Orange | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 3:22AM Sat | Moon – Yellow | | Devaloka Day |
| | | Penumbral Lunar Eclipse | | Pausha-Markali | | |
| | | Ardra Darshanam | | | | |

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|-----------------------------------|-------------|--|-----------------------------------|-------------------------|------------------------|---|
| Saturday, January 11, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | KL, Malaysia Sun 27 Sutra 272 Vikarin 5121 |
| Silver Retreat Star | | Gulika 7:24AM – 8:53AM | Punarvasu Until 3:59PM | Ganesha: White | <i>Sunrise:</i> 7:24AM | |
| Mithuna Rasi: 27.25 | Tithi 16 | Yama 2:52PM – 4:22PM | Vaidhriti* Until 4:22PM | Muruqa: Clear | <i>Sunset:</i> 7:21PM | Moon 12 - Phase 37 |
| | | 844623466 Rahu 10:23AM – 11:53AM | Balava Until 2:20PM | Nataraja: Orange | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 1:10AM Sun | Moon – Blue | | Sivaloka Day |
| | | | | Pausha-Markali | | |



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 11.41 Tithi 17

Creative Work Siddha Yoga

844623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 4:22PM - 5:52PM Pushya Until 2:17PM
Yama 1:23PM - 2:52PM Vishkambha* Until 1:12PM
Rahu 5:52PM - 7:22PM Taitila Until 11:58AM
Dvitiya Until 10:40PM

Ganesha: White Sunrise: 7:24AM
Muruga: Clear Sunset: 7:22PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

KL, Malaysia Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 26.08 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

Until 12:13PM

Then Routine Work - Marana Yoga

844623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 2:53PM - 4:23PM Ashlesha* Until 12:13PM
Yama 11:53AM - 1:23PM Priti Until 9:51AM
Rahu 8:54AM - 10:24AM Vanija Until 9:21AM
Tritiya Until 7:59PM

Ganesha: White Sunrise: 7:24AM
Muruga: Clear Sunset: 7:22PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

KL, Malaysia Sutra 274
Sun 1 Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 10.41 Tithi 19 - 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ayushman/Saubhaya Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:24PM - 2:53PM Magha* Until 10:21AM
Yama 10:24AM - 11:54AM Ayushman Until 6:24AM
Rahu 4:23PM - 5:53PM Bava Until 6:39AM
Chaturthi* Until 5:16PM

Ganesha: Clear Sunrise: 7:25AM
Muruga: Clear Sunset: 7:22PM
Nataraja: Orange
Moon - Red
Pausha-Markali

KL, Malaysia Sutra 275
Sun 2 Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 25.13 Tithi 20 - 21

Creative Work Amrita Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 11:54AM - 1:24PM Purvaphalguni Until 8:23AM
Yama 8:55AM - 10:24AM Sobhana Until 11:40PM
Rahu 1:24PM - 2:54PM Gara Until 1:24AM Thu
Panchami Until 2:38PM

Ganesha: Clear Sunrise: 7:25AM
Muruga: Clear Sunset: 7:23PM
Nataraja: Orange
Moon - Red
Pausha-Thai

KL, Malaysia Sutra 276
Sun 3 Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

Thai Pongal

4

Thursday, January 16, 2020

Kanya Rasi: 9.38 Tithi 21 - 22

Amrita Yoga

Until 6:26AM

Then Routine Work - Marana Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:25AM - 11:54AM Uttaraphalguni Until 6:26AM
Yama 7:25AM - 8:55AM Athiganda* Until 8:30PM
Rahu 2:54PM - 4:24PM Visti Until 11:04PM
Shashthi* Until 12:11PM

Ganesha: Clear Sunrise: 7:25AM
Muruga: Clear Sunset: 7:23PM
Nataraja: Orange
Moon - Red
Pausha-Thai

KL, Malaysia Sutra 277
Sun 4 Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 23.55 Tithi 22 - 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:55AM - 10:25AM Chitra Until 3:43AM Sat
Yama 4:24PM - 5:54PM Sukarma Until 5:35PM
Rahu 11:55AM - 1:25PM Balava Until 9:01PM
Saptami Until 9:59AM

Ganesha: Purple Sunrise: 7:26AM
Muruga: Clear Sunset: 7:24PM
Nataraja: Orange
Moon - Green
Pausha-Thai

KL, Malaysia Sutra 278
Sun 5 Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 7.59 Tithi 23 - 24

Creative Work Siddha Yoga

Until 2:39AM Sun

Then Routine Work - Marana Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:26AM - 8:56AM Svati Until 2:39AM Sun
Yama 2:55PM - 4:24PM Dhriti Until 2:56PM
Rahu 10:25AM - 11:55AM Taitila Until 7:19PM
Ashtami* Until 8:06AM

Ganesha: Purple Sunrise: 7:26AM
Muruga: Clear Sunset: 7:24PM
Nataraja: Orange
Moon - Green
Pausha-Thai

KL, Malaysia Sutra 279
Sun 6 Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day


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|----------------------------------|---------------|---------------------------------|----------------------------------|--|--|
| 1 | | Sunday, January 19, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Navami/Dashmyam Titau | KL, Malaysia Sun 7 Sutra 280 Vikarin 5121 |
| Tula Rasi: 21.49 | Tithi 24 – 25 | Gulika 4:25PM – 5:54PM | Vishakha Until 2:14AM Mon | Ganesha: Clear <i>Sunrise:</i> 7:26AM | |
| | | Yama 1:25PM – 2:55PM | Shula* Until 12:33PM | Muruqa: Clear <i>Sunset:</i> 7:24PM | Moon 1 - Phase 39 |
| | 874623466 | Rahu 5:54PM – 7:24PM | Visti Until 5:26AM Mon | Nataraja: Orange | 2nd Phase |
| Routine Work | Marana Yoga | | Navami* Until 6:35AM | Moon – Orange | Devaloka Day |
| Until 2:14AM Mon | | | | Pausha*Thai | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 2 | | Monday, January 20, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau | KL, Malaysia Sun 8 Sutra 281 Vikarin 5121 |
| Virshika Rasi: 5.27 | Tithi 26 | Gulika 2:55PM – 4:25PM | Anuradha Until 2:02AM Tue | Ganesha: Clear <i>Sunrise:</i> 7:26AM | |
| Family Home Evening | | Yama 11:56AM – 1:25PM | Ganda* Until 10:30AM | Muruqa: Clear <i>Sunset:</i> 7:25PM | Moon 1 - Phase 39 |
| Creative Work | Siddha Yoga | 874623466 Rahu 8:56AM – 10:26AM | Bava Until 5:01PM | Nataraja: Orange | 2nd Phase |
| Until 2:02AM Tue | | | Ekadashi* Until 4:40AM Tue | Moon – Orange | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | Pausha*Thai | |

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| 3 | | Tuesday, January 21, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Dhruva Yoga Kaulava/Taitika Karana Dvadashyam Titau | KL, Malaysia Sun 9 Sutra 282 Vikarin 5121 |
| Virshika Rasi: 18.51 | Tithi 27 | Gulika 1:26PM – 2:56PM | Jyeshtha* Until 2:05AM Wed | Ganesha: Clear <i>Sunrise:</i> 7:27AM | |
| | | Yama 10:26AM – 11:56AM | Vridhi Until 8:45AM | Muruqa: Clear <i>Sunset:</i> 7:25PM | Moon 1 - Phase 39 |
| | 874623466 | Rahu 4:25PM – 5:55PM | Kaulava Until 4:27PM | Nataraja: Orange | 2nd Phase |
| Routine Work | Marana Yoga | | Dvadashi* Until 4:18AM Wed | Moon – Orange | Devaloka Day |
| | | | | Pausha*Thai | |

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| 4 | | Wednesday, January 22, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau | KL, Malaysia Sun 10 Sutra 283 Vikarin 5121 |
| Dhanus Rasi: 2.02 | Tithi 28 | Gulika 11:56AM – 1:26PM | Mula* Until 2:51AM Thu | Ganesha: Light Blue <i>Sunrise:</i> 7:27AM | |
| | | Yama 8:57AM – 10:26AM | Dhruva Until 7:17AM | Muruqa: Clear <i>Sunset:</i> 7:25PM | Moon 1 - Phase 39 |
| | 885623466 | Rahu 1:26PM – 2:56PM | Gara Until 4:18PM | Nataraja: Orange | 2nd Phase |
| Routine Work | Marana Yoga | | Trayodashi* Until 4:21AM Thu | Moon – Light Blue | Bhuloka Day |
| Until 2:51AM Thu | | | | Pausha*Thai | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 5 | | Thursday, January 23, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | KL, Malaysia Sun 11 Sutra 284 Vikarin 5121 |
| Dhanus Rasi: 15.01 | Tithi 29 | Gulika 10:27AM – 11:56AM | Purvashadha* Until 3:51AM Fri | Ganesha: Light Blue <i>Sunrise:</i> 7:27AM | |
| | | Yama 7:27AM – 8:57AM | Vyaghata* Until 6:10AM | Muruqa: Clear <i>Sunset:</i> 7:26PM | Moon 1 - Phase 39 |
| | 885623466 | Rahu 2:56PM – 4:26PM | Visti Until 4:34PM | Nataraja: Orange | 2nd Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 4:50AM Fri | Moon – Light Blue | Bhuloka Day |
| Until 3:51AM Fri | | | | Pausha*Thai | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

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|  | | Friday, January 24, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | KL, Malaysia Sun 12 Sutra 285 Vikarin 5121 |
| Retreat Star | | Gulika 8:57AM – 10:27AM | Uttarashadha Until 5:07AM Sat | Ganesha: Light Blue <i>Sunrise:</i> 7:27AM | |
| Dhanus Rasi: 27.47 | Tithi 30 | Yama 4:26PM – 5:56PM | Vajra* Until 4:54AM Sat | Muruqa: Clear <i>Sunset:</i> 7:26PM | Moon 1 - Phase 39 |
| | 885623466 | Rahu 11:57AM – 1:27PM | Catuspada Until 5:15PM | Nataraja: Orange | Amavasya |
| Routine Work | Marana Yoga | | Amavasya* Until 5:44AM Sat | Moon – Light Blue | Bhuloka Day |
| Until 5:07AM Sat | | | | Pausha*Thai | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |

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| Retreat Star | | Saturday, January 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna* Karana Prathamayam Titau | KL, Malaysia Sun 13 Sutra 286 Vikarin 5121 |
| Makara Rasi: 10.22 | Tithi 1 | Gulika 7:27AM – 8:57AM | Shravana Until 7:08AM Sun | Ganesha: Light Blue <i>Sunrise:</i> 7:27AM | |
| | | Yama 2:57PM – 4:26PM | Siddhi Until 4:46AM Sun | Muruqa: Clear <i>Sunset:</i> 7:26PM | Moon 1 - Phase 39 |
| | 995623466 | Rahu 10:27AM – 11:57AM | Kintughna Until 6:23PM | Nataraja: Orange | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 7:05AM Sun | Moon – Purple | Bhuloka Day |
| Until 7:08AM Sun | | | | Magha*Thai | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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| 1 | | Sunday, January 26, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyalipata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau | | | | KL, Malaysia Sun 14 Sutra 287 Vikarin 5121 |
| Makara Rasi: 22.44 | Tithi 1 – 2 | Gulika 4:27PM – 5:57PM | Shravana Until 7:08AM | Ganesha: Orange | <i>Sunrise:</i> 7:28AM | | | |
| | | Yama 1:27PM – 2:57PM | Vyatipata* Until 4:57AM Mon | Muruqa: Clear | <i>Sunset:</i> 7:26PM | | Moon 1 - Phase 40 | |
| | | 995723466 Rahu 5:57PM – 7:26PM | Balava Until 7:56PM | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Prathama* Until 7:05AM | Magha-Thai | | | Devaloka Day | |
| Until 7:08AM | | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 2 | | Monday, January 27, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | KL, Malaysia Sun 15 Sutra 288 Vikarin 5121 |
| Kumbha Rasi: 4.58 | Tithi 2 – 3 | Gulika 2:57PM – 4:27PM | Dhanishtha Until 9:21AM | Ganesha: Orange | <i>Sunrise:</i> 7:28AM | | | |
| Family Home Evening | | Yama 11:57AM – 1:27PM | Variyan Until 5:23AM Tue | Muruqa: Clear | <i>Sunset:</i> 7:27PM | | Moon 1 - Phase 40 | |
| | | 995723466 Rahu 8:58AM – 10:27AM | Taitila Until 9:52PM | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Dvitiya Until 8:50AM | Magha-Thai | | | Devaloka Day | |
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| 3 | | Tuesday, January 28, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | | | KL, Malaysia Sun 16 Sutra 289 Vikarin 5121 |
| Kumbha Rasi: 17.02 | Tithi 3 – 4 | Gulika 1:27PM – 2:57PM | Shatabhishak Until 11:45AM | Ganesha: Orange | <i>Sunrise:</i> 7:28AM | | | |
| | | Yama 10:28AM – 11:57AM | Parigha* Until 6:02AM Wed | Muruqa: Clear | <i>Sunset:</i> 7:27PM | | Moon 1 - Phase 40 | |
| | | 995723466 Rahu 4:27PM – 5:57PM | Vanija Until 12:06AM Wed | Nataraja: Orange | | | 3rd Phase | |
| Routine Work | Marana Yoga | | Tritiya Until 10:56AM | Magha-Thai | | | Devaloka Day | |
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| 4 | | Wednesday, January 29, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | KL, Malaysia Sun 17 Sutra 290 Vikarin 5121 |
| Kumbha Rasi: 28.59 | Tithi 4 – 5 | Gulika 11:58AM – 1:28PM | Purvaproshtapada* Until 2:44PM | Ganesha: Green | <i>Sunrise:</i> 7:28AM | | | |
| | | Yama 8:58AM – 10:28AM | Parigha* Until 6:02AM | Muruqa: Clear | <i>Sunset:</i> 7:27PM | | Moon 1 - Phase 40 | |
| | | 915723466 Rahu 1:28PM – 2:57PM | Bava Until 2:34AM Thu | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Chaturthi* Until 1:18PM | Magha-Thai | | | Sivaloka Day | |
| Until 2:44PM | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 5 | | Thursday, January 30, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | | | KL, Malaysia Sun 18 Sutra 291 Vikarin 5121 |
| Meena Rasi: 10.53 | Tithi 5 – 6 | Gulika 10:28AM – 11:58AM | Uttaraproshtapada Until 5:41PM | Ganesha: Green | <i>Sunrise:</i> 7:28AM | | | |
| | | Yama 7:28AM – 8:58AM | Shiva Until 6:51AM | Muruqa: Clear | <i>Sunset:</i> 7:27PM | | Moon 1 - Phase 40 | |
| | | 915723466 Rahu 2:58PM – 4:28PM | Kaulava Until 5:06AM Fri | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Panchami Until 3:49PM | Magha-Thai | | | Sivaloka Day | |
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| 6 | | Friday, January 31, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila Karana Shashthiyam Titau | | | | KL, Malaysia Sun 19 Sutra 292 Vikarin 5121 |
| Meena Rasi: 22.45 | Tithi 6 | Gulika 8:58AM – 10:28AM | Revati Until 8:26PM | Ganesha: Orange | <i>Sunrise:</i> 7:28AM | | | |
| | | Yama 4:28PM – 5:58PM | Siddha Until 7:40AM | Muruqa: Clear | <i>Sunset:</i> 7:28PM | | Moon 1 - Phase 40 | |
| | | 916723466 Rahu 11:58AM – 1:28PM | Taitila Until 6:19PM | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 6:19PM | Magha-Thai | | | Devaloka Day | |
| Until 8:26PM | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| Retreat Star | | Saturday, February 1, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau | | | | KL, Malaysia Sun 20 Sutra 293 Vikarin 5121 |
| Mesha Rasi: 4.4 | Tithi 7 | Gulika 7:28AM – 8:58AM | Ashvini Until 11:20PM | Ganesha: Green | <i>Sunrise:</i> 7:28AM | | | |
| | | Yama 2:58PM – 4:28PM | Sadhya Until 8:25AM | Muruqa: Clear | <i>Sunset:</i> 7:28PM | | Moon 1 - Phase 40 | |
| | | 926723466 Rahu 10:28AM – 11:58AM | Gara Until 7:32AM | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Saptami Until 8:38PM | Magha-Thai | | | Bhuloka Day | |
| | | | | | | | Devaloka Time: 3:PM to 6:PM | |
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| Retreat Star | | Sunday, February 2, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau | | | | KL, Malaysia Sun 21 Sutra 294 Vikarin 5121 |
| Mesha Rasi: 16.4 | Tithi 8 | Gulika 4:28PM – 5:58PM | Bharani Until 1:39AM Mon | Ganesha: Green | <i>Sunrise:</i> 7:28AM | | | |
| | | Yama 1:28PM – 2:58PM | Subha Until 8:57AM | Muruqa: Clear | <i>Sunset:</i> 7:28PM | | Moon 1 - Phase 40 | |
| | | 926723466 Rahu 5:58PM – 7:28PM | Visti Until 9:40AM | Nataraja: Orange | | | Ashtami | |
| Routine Work | Prabalarishta Yoga | | Ashtami* Until 10:32PM | Magha-Thai | | | Bhuloka Day | |
| Until 1:39AM Mon | | | | | | | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| Retreat Star | | Monday, February 3, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau | | | | KL, Malaysia Sun 22 Sutra 295 Vikarin 5121 |
| Mesha Rasi: 28.53 | Tithi 9 | Gulika 2:58PM – 4:28PM | Krittika Until 3:12AM Tue | Ganesha: Green | <i>Sunrise:</i> 7:28AM | | | |
| Family Home Evening | | Yama 11:58AM – 1:28PM | Sukla Until 9:05AM | Muruqa: Clear | <i>Sunset:</i> 7:28PM | | Moon 1 - Phase 40 | |
| | | 926723466 Rahu 8:58AM – 10:28AM | Balava Until 11:18AM | Nataraja: Orange | | | Navami | |
| Routine Work | Marana Yoga | | Navami* Until 11:50PM | Magha-Thai | | | Bhuloka Day | |
| Until 3:12AM Tue | | | | | | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 1 | | Tuesday, February 4, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau | KL, Malaysia Sun 23 Sutra 296 Vikarin 5121 |
| Wishabha Rasi: 11.23 | Tithi 10 | Gulika 1:28PM – 2:58PM | Rohini Until 4:20AM Wed | Ganesha: Red <i>Sunrise:</i> 7:28AM | |
| | | Yama 10:28AM – 11:58AM | Brahma Until 8:42AM | Muruqa: Clear <i>Sunset:</i> 7:28PM | Moon 1 - Phase 41 |
| | 936723467 | Rahu 4:28PM – 5:58PM | Taitila Until 12:13PM | Nataraja: Clear | 4th Phase |
| Creative Work | Amrita Yoga | | Dashami Until 12:21AM Wed | Moon – Yellow | Devaloka Day |
| Until 4:20AM Wed | | | | Magha-Thai | |
| Then Creative Work - Siddha Yoga | | | | | |

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|---------------------------------|-------------|------------------------------------|------------------------------------|---|---|
| 2 | | Wednesday, February 5, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau | KL, Malaysia Sun 24 Sutra 297 Vikarin 5121 |
| Wishabha Rasi: 24.14 | Tithi 11 | Gulika 11:58AM – 1:28PM | Mrigashira Until 4:29AM Thu | Ganesha: Red <i>Sunrise:</i> 7:28AM | |
| | | Yama 8:58AM – 10:28AM | Indra Until 7:44AM | Muruqa: Clear <i>Sunset:</i> 7:28PM | Moon 1 - Phase 41 |
| | 936723467 | Rahu 1:28PM – 2:58PM | Vanija Until 12:19PM | Nataraja: Clear | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 12:02AM Thu | Moon – Yellow | Devaloka Day |
| Until 4:29AM Thu | | | | Magha-Thai | |
| Then Routine Work - Marana Yoga | | | | | |

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|----------------------------------|-------------|-----------------------------------|-------------------------------|--|---|
| 3 | | Thursday, February 6, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkamba* Yoga Bava/Balava Karana Dvodashyam Titau | KL, Malaysia Sun 25 Sutra 298 Vikarin 5121 |
| Mithuna Rasi: 7.31 | Tithi 12 | Gulika 10:28AM – 11:58AM | Ardra Until 3:41AM Fri | Ganesha: Red <i>Sunrise:</i> 7:28AM | |
| | | Yama 7:28AM – 8:58AM | Vaidhriti* Until 6:05AM | Muruqa: Clear <i>Sunset:</i> 7:28PM | Moon 1 - Phase 41 |
| | 936723467 | Rahu 2:58PM – 4:28PM | Bava Until 11:35AM | Nataraja: Clear | 4th Phase |
| Routine Work | Marana Yoga | | Dvodashi Until 10:54PM | Moon – Yellow | Devaloka Day |
| Until 3:41AM Fri | | | | Magha-Thai | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 4 | | Friday, February 7, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau | KL, Malaysia Sun 26 Sutra 299 Vikarin 5121 |
| Mithuna Rasi: 21.15 | Tithi 13 | Gulika 8:58AM – 10:28AM | Punarvasu Until 2:28AM Sat | Ganesha: Blue <i>Sunrise:</i> 7:28AM | |
| | | Yama 4:28PM – 5:58PM | Priti Until 12:57AM Sat | Muruqa: Clear <i>Sunset:</i> 7:28PM | Moon 1 - Phase 41 |
| | 947723467 | Rahu 11:58AM – 1:28PM | Kaulava Until 10:03AM | Nataraja: Clear | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 9:00PM | Moon – Blue | Bhuloka Day |
| | | | | Magha-Thai | Devaloka Time: 3:PM to 6:PM |
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Pradosha Vrata

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| 5 | | Saturday, February 8, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau | KL, Malaysia Sun 27 Sutra 300 Vikarin 5121 |
| Kataka Rasi: 5.26 | Tithi 14 | Gulika 7:28AM – 8:58AM | Pushya Until 12:31AM Sun | Ganesha: Blue <i>Sunrise:</i> 7:28AM | |
| | | Yama 2:59PM – 4:29PM | Ayushman Until 9:36PM | Muruqa: Clear <i>Sunset:</i> 7:29PM | Moon 1 - Phase 41 |
| | 947723467 | Rahu 10:28AM – 11:58AM | Gara Until 7:50AM | Nataraja: Clear | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 6:29PM | Moon – Blue | Bhuloka Day |
| | | Thai Pusam | | Magha-Thai | Devaloka Time: 3:PM to 6:PM |
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| ○ | | Sunday, February 9, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | KL, Malaysia Sutra 301 Vikarin 5121 |
| Copper Retreat Star | | Gulika 4:29PM – 5:59PM | Ashlesha* Until 10:01PM | Ganesha: Blue <i>Sunrise:</i> 7:28AM | |
| Kataka Rasi: 20.01 | Tithi 15 – 16 | Yama 1:29PM – 2:59PM | Saubhagya Until 5:54PM | Muruqa: Clear <i>Sunset:</i> 7:29PM | Moon 1 - Phase 41 |
| | 947723467 | Rahu 5:59PM – 7:29PM | Balava Until 1:54AM Mon | Nataraja: Clear | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 3:30PM | Moon – Blue | Bhuloka Day |
| Until 10:01PM | | | | Magha-Thai | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

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| Monday, February 10, 2020 | | Silver Retreat Star | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | KL, Malaysia Sutra 302 Vikarin 5121 |
| Simha Rasi: 4.52 | Tithi 16 – 17 | Gulika 2:59PM – 4:29PM | Magha* Until 7:33PM | Ganesha: Red <i>Sunrise:</i> 7:28AM | |
| Family Home Evening | | Yama 11:59AM – 1:29PM | Sobhana Until 1:59PM | Muruqa: Clear <i>Sunset:</i> 7:29PM | Moon 1 - Phase 41 |
| | 957723467 | Rahu 8:58AM – 10:28AM | Taitila Until 10:31PM | Nataraja: Clear | Prathama |
| Routine Work | Marana Yoga | | Prathama* Until 12:13PM | Moon – Red | Devaloka Day |
| Until 7:33PM | | | | Magha-Thai | |
| Then Creative Work - Siddha Yoga | | | | | |



Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

KL, Malaysia

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 19.52 Tithi 17 - 18

957723467

Gulika

1:29PM - 2:59PM

Yama

10:28AM - 11:59AM

Rahu

4:29PM - 5:59PM

Purvaphalguni Until 4:52PM

Athiganda* Until 9:56AM

Vanija Until 7:06PM

Dvitiya Until 8:47AM

Ganesha: Red

Sunrise: 7:28AM

Muruqa: Clear

Sunset: 7:29PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 4:52PM

Then Creative Work - Amrita Yoga

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

KL, Malaysia

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 4.51 Tithi 19

957723467

Gulika

11:59AM - 1:29PM

Yama

8:58AM - 10:28AM

Rahu

1:29PM - 2:59PM

Uttaraphalguni Until 2:08PM

Dhriti Until 2:07AM Thu

Bava Until 3:47PM

Chaturthi* Until 2:11AM Thu

Ganesha: Red

Sunrise: 7:28AM

Muruqa: Clear

Sunset: 7:29PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 2:08PM

Then Routine Work - Marana Yoga

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

KL, Malaysia

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 19.41 Tithi 20

967723467

Gulika

10:28AM - 11:58AM

Yama

7:28AM - 8:58AM

Rahu

2:59PM - 4:29PM

Hasta Until 11:56AM

Shula* Until 10:32PM

Kaulava Until 12:43PM

Panchami Until 11:19PM

Ganesha: Green

Sunrise: 7:28AM

Muruqa: Clear

Sunset: 7:29PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 11:56AM

Then Creative Work - Siddha Yoga

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

KL, Malaysia

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 4.16 Tithi 21

968723467

Gulika

8:58AM - 10:28AM

Yama

4:29PM - 5:59PM

Rahu

11:58AM - 1:29PM

Chitra Until 9:58AM

Ganda* Until 7:20PM

Gara Until 10:03AM

Shashthi* Until 8:53PM

Ganesha: White

Sunrise: 7:28AM

Muruqa: Clear

Sunset: 7:29PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

KL, Malaysia

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 18.31 Tithi 22

968723467

Gulika

7:28AM - 8:58AM

Yama

2:59PM - 4:29PM

Rahu

10:28AM - 11:58AM

Svati Until 8:23AM

Vriddhi Until 4:35PM

Visti Until 7:54AM

Saptami Until 7:01PM

Ganesha: White

Sunrise: 7:28AM

Muruqa: Clear

Sunset: 7:29PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bharu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

KL, Malaysia

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Vrischika Rasi: 2.23 Tithi 23 - 24

978723467

Gulika

4:29PM - 5:59PM

Yama

1:28PM - 2:59PM

Rahu

5:59PM - 7:29PM

Vishakha Until 7:39AM

Dhruva Until 2:17PM

Balava Until 6:19AM

Ashtami* Until 5:44PM

Ganesha: Clear

Sunrise: 7:28AM

Muruqa: Clear

Sunset: 7:29PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

KL, Malaysia

Sun 7 Sutra 309

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 15.53 Tithi 24 - 25

978723467

Gulika

2:59PM - 4:29PM

Yama

11:58AM - 1:28PM

Rahu

8:58AM - 10:28AM

Anuradha Until 7:23AM

Vyaghata* Until 12:30PM

Vanija Until 5:01AM Tue

Navami* Until 5:06PM

Ganesha: Clear

Sunrise: 7:28AM

Muruqa: Clear

Sunset: 7:29PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

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|--|---------------|-----------------------------------|-------------------------------|---|--|--|---|
| 1 | | Tuesday, February 18, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | KL, Malaysia Sun 8 Sutra 310 Vikarin 5121 |
| Wrischika Rasi: 29.04 | Tithi 25 – 26 | 987823467 | Gulika Yama Rahu | 1:28PM – 2:59PM 10:28AM – 11:58AM 4:29PM – 5:59PM | Jyeshtha* Until 7:33AM Harshana Until 11:12AM Bava Until 5:16AM Wed Dashami Until 5:03PM | Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Magha-Masi | Sunrise: 7:28AM Sunset: 7:29PM Moon 2 - Phase 43 2nd Phase |
| Routine Work Marana Yoga Until 7:33AM Then Creative Work - Amrita Yoga | | | | | | Devaloka Day | |

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|--|---------------|-------------------------------------|-------------------------------|---|---|--|---|
| 2 | | Wednesday, February 19, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau | KL, Malaysia Sun 9 Sutra 311 Vikarin 5121 |
| Dhanus Rasi: 11.56 | Tithi 26 – 27 | 988723467 | Gulika Yama Rahu | 11:58AM – 1:28PM 8:58AM – 10:28AM 1:28PM – 2:58PM | Mula* Until 8:36AM Vajra* Until 10:19AM Kaulava Until 6:01AM Thu Ekadashi* Until 5:34PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi | Sunrise: 7:27AM Sunset: 7:29PM Moon 2 - Phase 43 2nd Phase |
| Routine Work Marana Yoga Until 8:36AM Then Creative Work - Amrita Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| 3 | | Thursday, February 20, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taililla Karana Dvadashtyam Titau | KL, Malaysia Sun 10 Sutra 312 Vikarin 5121 |
| Dhanus Rasi: 24.35 | Tithi 27 | 989823467 | Gulika Yama Rahu | 10:28AM – 11:58AM 7:27AM – 8:57AM 2:58PM – 4:29PM | Purvashadha* Until 9:58AM Siddhi Until 9:49AM Kaulava Until 6:01AM Dvadashti* Until 6:32PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi | Sunrise: 7:27AM Sunset: 7:29PM Moon 2 - Phase 43 2nd Phase |
| Creative Work Siddha Yoga Until 9:58AM Then Routine Work - Marana Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| 4 | | Friday, February 21, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau | KL, Malaysia Sun 11 Sutra 313 Vikarin 5121 |
| Makara Rasi: 7.02 | Tithi 28 | 989823467 | Gulika Yama Rahu | 8:57AM – 10:28AM 4:29PM – 5:59PM 11:58AM – 1:28PM | Uttarashadha Until 11:35AM Vyatipata* Until 9:40AM Gara Until 7:12AM Trayodashi* Until 7:55PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi | Sunrise: 7:27AM Sunset: 7:29PM Moon 2 - Phase 43 2nd Phase |
| Routine Work Marana Yoga | | | | Mahasivaratri (Lunar) Mahasivaratri (Solar) | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | Pradosha Vrata (Fasting) | | | |

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| 5 | | Saturday, February 22, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | KL, Malaysia Sun 12 Sutra 314 Vikarin 5121 |
| Makara Rasi: 19.19 | Tithi 29 | 999823467 | Gulika Yama Rahu | 7:27AM – 8:57AM 2:58PM – 4:28PM 10:27AM – 11:58AM | Shravana Until 1:52PM Variyan Until 9:45AM Visti Until 8:45AM Chaturdashi* Until 9:37PM | Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi | Sunrise: 7:27AM Sunset: 7:29PM Moon 2 - Phase 43 2nd Phase |
| Creative Work Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| Retreat Star | | Sunday, February 23, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | KL, Malaysia Sun 13 Sutra 315 Vikarin 5121 |
| Kumbha Rasi: 1.29 | Tithi 30 | 999823467 | Gulika Yama Rahu | 4:28PM – 5:59PM 1:28PM – 2:58PM 5:59PM – 7:29PM | Dhanishtha Until 4:16PM Parigha* Until 10:04AM Catuspada Until 10:36AM Amavasya* Until 11:36PM | Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi | Sunrise: 7:27AM Sunset: 7:29PM Moon 2 - Phase 43 Amavasya |
| Routine Work Marana Yoga Until 4:16PM Then Creative Work - Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| Retreat Star | | Monday, February 24, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau | KL, Malaysia Sun 14 Sutra 316 Vikarin 5121 |
| Kumbha Rasi: 13.33 | Tithi 1 | 999823467 | Gulika Yama Rahu | 2:58PM – 4:28PM 11:57AM – 1:28PM 8:57AM – 10:27AM | Shatabhishak Until 6:43PM Shiva Until 10:36AM Kintughna Until 12:42PM Prathama* Until 1:48AM Tue | Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi | Sunrise: 7:26AM Sunset: 7:29PM Moon 2 - Phase 43 Prathama |
| Family Home Evening Creative Work Siddha Yoga Until 6:43PM Then Routine Work - Marana Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| 1 | Tuesday, February 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtpada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | KL, Malaysia Sun 15 Sutra 317 Vikarin 5121 |
| | Kumbha Rasi: 25.32 | Tithi 2 | Gulika 1:28PM – 2:58PM | Purvaproshtpada* Until 9:41PM | Ganesha: Orange | <i>Sunrise:</i> 7:26AM | |
| | | | Yama 10:27AM – 11:57AM | Siddha Until 11:15AM | Muruqa: Clear | <i>Sunset:</i> 7:29PM | Moon 2 - Phase 44 |
| | | | 919823467 Rahu 4:28PM – 5:59PM | Balava Until 3:00PM | Nataraja: Clear | | 3rd Phase |
| Routine Work Marana Yoga Until 9:41PM Then Creative Work - Amrita Yoga | | Dvitiya Until 4:11AM Wed | | Phalguna-Masi | | Devaloka Day | |

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| 2 | Wednesday, February 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau | | | | KL, Malaysia Sun 16 Sutra 318 Vikarin 5121 |
| | Meena Rasi: 7.27 | Tithi 3 | Gulika 11:57AM – 1:27PM | Uttaraproshtpada Until 12:36AM Thu | Ganesha: Orange | <i>Sunrise:</i> 7:26AM | |
| | | | Yama 8:56AM – 10:27AM | Sadhya Until 12:02PM | Muruqa: Clear | <i>Sunset:</i> 7:29PM | Moon 2 - Phase 44 |
| | | | 919823467 Rahu 1:27PM – 2:58PM | Taitila Until 5:27PM | Nataraja: Clear | | 3rd Phase |
| Creative Work Siddha Yoga | | Tritiya Until 6:41AM Thu | | Phalguna-Masi | | Devaloka Day | |

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| 3 | Thursday, February 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritya/Chatrthyam Titau | | | | KL, Malaysia Sun 17 Sutra 319 Vikarin 5121 |
| | Meena Rasi: 19.19 | Tithi 3 – 4 | Gulika 10:26AM – 11:57AM | Revati Until 3:25AM Fri | Ganesha: Orange | <i>Sunrise:</i> 7:26AM | |
| | | | Yama 7:26AM – 8:56AM | Subha Until 12:55PM | Muruqa: Clear | <i>Sunset:</i> 7:29PM | Moon 2 - Phase 44 |
| | | | 919823467 Rahu 2:58PM – 4:28PM | Vanija Until 7:58PM | Nataraja: Clear | | 3rd Phase |
| Creative Work Siddha Yoga Until 3:25AM Fri Then Creative Work - Amrita Yoga | | Tritiya Until 6:41AM | | Phalguna-Masi | | Devaloka Day | |
| Subramuniyaswami Siva Vision Day | | | | | | | |

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| 4 | Friday, February 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau | | | | KL, Malaysia Sun 18 Sutra 320 Vikarin 5121 |
| | Mesha Rasi: 1.11 | Tithi 4 – 5 | Gulika 8:56AM – 10:26AM | Ashvini Until 6:29AM Sat | Ganesha: Purple | <i>Sunrise:</i> 7:25AM | |
| | | | Yama 4:28PM – 5:58PM | Sukla Until 1:45PM | Muruqa: Clear | <i>Sunset:</i> 7:29PM | Moon 2 - Phase 44 |
| | | | 921823467 Rahu 11:57AM – 1:27PM | Bava Until 10:27PM | Nataraja: Clear | | 3rd Phase |
| Creative Work Amrita Yoga Until 6:29AM Sat Then Creative Work - Siddha Yoga | | Chatrthi* Until 9:12AM | | Phalguna-Masi | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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|---------------------------|------------------------------------|-------------------------------|---|-----------------------------|------------------------|---|---|
| 5 | Saturday, February 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | KL, Malaysia Sun 19 Sutra 321 Vikarin 5121 |
| | Mesha Rasi: 13.05 | Tithi 5 – 6 | Gulika 7:25AM – 8:56AM | Ashvini Until 6:29AM | Ganesha: Purple | <i>Sunrise:</i> 7:25AM | |
| | | | Yama 2:57PM – 4:28PM | Brahma Until 2:31PM | Muruqa: Clear | <i>Sunset:</i> 7:28PM | Moon 2 - Phase 44 |
| | | | 921823467 Rahu 10:26AM – 11:56AM | Kaulava Until 12:45AM Sun | Nataraja: Clear | | 3rd Phase |
| Creative Work Siddha Yoga | | Panchami Until 11:37AM | | Phalguna-Masi | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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|---|------------------------------|-------------------------------|---|-----------------------------|------------------------|---|---|
| 6 | Sunday, March 1, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | KL, Malaysia Sun 20 Sutra 322 Vikarin 5121 |
| | Mesha Rasi: 25.04 | Tithi 6 – 7 | Gulika 4:27PM – 5:58PM | Bharani Until 9:10AM | Ganesha: Purple | <i>Sunrise:</i> 7:25AM | |
| | | | Yama 1:26PM – 2:57PM | Indra Until 3:05PM | Muruqa: Orange | <i>Sunset:</i> 7:28PM | Moon 2 - Phase 44 |
| | | | 921833467 Rahu 5:58PM – 7:28PM | Gara Until 2:41AM Mon | Nataraja: Clear | | 3rd Phase |
| Routine Work Prabalarishta Yoga Until 9:10AM Then Creative Work - Siddha Yoga | | Shashthi* Until 1:45PM | | Phalguna-Masi | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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|---|-------------|---|-------------------------------|------------------------|------------------------|---|
| Monday, March 2, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | KL, Malaysia Sun 21 Sutra 323 Vikarin 5121 |
| Retreat Star | | Gulika 2:57PM – 4:27PM | Krittika Until 11:16AM | Ganesha: Purple | <i>Sunrise:</i> 7:24AM | |
| Vrishabha Rasi: 7.13 | Tithi 7 – 8 | Yama 11:56AM – 1:26PM | Vaidhriti* Until 3:14PM | Muruqa: Orange | <i>Sunset:</i> 7:28PM | Moon 2 - Phase 44 |
| Family Home Evening | | 921833467 Rahu 8:55AM – 10:25AM | Visti Until 4:01AM Tue | Nataraja: Clear | | 3rd Phase |
| Routine Work Marana Yoga Until 11:16AM Then Creative Work - Amrita Yoga | | Saptami Until 3:25PM | | Phalguna-Masi | | Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| D | Tuesday, March 3, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | KL, Malaysia Sun 22 Sutra 324 Vikarin 5121 |
| | Retreat Star | | Gulika 1:26PM – 2:57PM | Rohini Until 1:04PM | Ganesha: Clear | <i>Sunrise:</i> 7:24AM | |
| | Vrishabha Rasi: 19.37 | Tithi 8 – 9 | Yama 10:25AM – 11:56AM | Vishkambha* Until 2:54PM | Muruqa: Orange | <i>Sunset:</i> 7:28PM | Moon 2 - Phase 44 |
| | | | 931833467 Rahu 4:27PM – 5:57PM | Balava Until 4:36AM Wed | Nataraja: Clear | | Ashtami |
| Creative Work Amrita Yoga Until 1:04PM Then Creative Work - Siddha Yoga | | Ashtami* Until 4:23PM | | Phalguna-Masi | | Devaloka Day | |

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|---------------------------------|--------------|--|--------------------------------|------------------------|------------------------|---|
| Wednesday, March 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | KL, Malaysia Sun 23 Sutra 325 Vikarin 5121 |
| Retreat Star | | Gulika 11:55AM – 1:26PM | Mrigashira Until 1:55PM | Ganesha: Clear | <i>Sunrise:</i> 7:24AM | |
| Mithuna Rasi: 2.22 | Tithi 9 – 10 | Yama 8:54AM – 10:25AM | Priti Until 1:57PM | Muruqa: Orange | <i>Sunset:</i> 7:28PM | Moon 2 - Phase 44 |
| | | 931833467 Rahu 1:26PM – 2:56PM | Taitila Until 4:19AM Thu | Nataraja: Clear | | Navami |
| Creative Work Siddha Yoga | | Navami* Until 4:33PM | | Phalguna-Masi | | Devaloka Day |


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| 1 | | Thursday, March 5, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | KL, Malaysia Sun 24 Sutra 326 Vikarin 5121 |
| Mithuna Rasi: 15.32 | Tithi 10 – 11 | Gulika 10:25AM – 11:55AM | Ardra Until 1:47PM | Ganesha: Red | <i>Sunrise:</i> 7:23AM | | |
| | | Yama 7:23AM – 8:54AM | Ayushman Until 12:18PM | Muruqa: Orange | <i>Sunset:</i> 7:28PM | | Moon 2 - Phase 45 |
| | 131833467 | Rahu 2:56PM – 4:27PM | Vanija Until 3:09AM Fri | Nataraja: Clear | | | 4th Phase |
| Routine Work | Marana Yoga | | Dashami Until 3:49PM | Moon – Yellow | | Devaloka Day | |
| Until 1:47PM | | | | Phalguna-Masi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 2 | | Friday, March 6, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vistii/Bava Karana Ekadashi/Dvadashyam Titau | | | KL, Malaysia Sun 25 Sutra 327 Vikarin 5121 |
| Mithuna Rasi: 29.11 | Tithi 11 – 12 | Gulika 8:54AM – 10:24AM | Punarvasu Until 1:05PM | Ganesha: Blue | <i>Sunrise:</i> 7:23AM | | |
| | | Yama 4:26PM – 5:57PM | Saubhagya Until 9:58AM | Muruqa: Orange | <i>Sunset:</i> 7:28PM | | Moon 2 - Phase 45 |
| | 141833467 | Rahu 11:55AM – 1:25PM | Bava Until 1:10AM Sat | Nataraja: Clear | | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 2:14PM | Moon – Blue | | Bhuloka Day | |
| Until 1:05PM | | | | Phalguna-Masi | | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|---------------------------------|---------------|--------------------------------|-------------------------------|---|------------------------|------------------------------------|---|
| 3 | | Saturday, March 7, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | KL, Malaysia Sun 26 Sutra 328 Vikarin 5121 |
| Kataka Rasi: 13.21 | Tithi 12 – 13 | Gulika 7:23AM – 8:53AM | Pushya Until 11:29AM | Ganesha: Blue | <i>Sunrise:</i> 7:23AM | | |
| | | Yama 2:56PM – 4:26PM | Sobhana Until 7:00AM | Muruqa: Orange | <i>Sunset:</i> 7:27PM | | Moon 2 - Phase 45 |
| | 141833467 | Rahu 10:24AM – 11:55AM | Kaulava Until 10:29PM | Nataraja: Clear | | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 11:53AM | Moon – Blue | | Bhuloka Day | |
| Until 11:29AM | | | | Phalguna-Masi | | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | <i>Pradosha Vrata</i> | | | | |

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| 4 | | Sunday, March 8, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | KL, Malaysia Sun 27 Sutra 329 Vikarin 5121 |
| Kataka Rasi: 27.59 | Tithi 13 – 14 | Gulika 4:26PM – 5:57PM | Ashlesha* Until 9:07AM | Ganesha: Blue | <i>Sunrise:</i> 7:22AM | | |
| | | Yama 1:25PM – 2:55PM | Sukarma Until 11:34PM | Muruqa: Orange | <i>Sunset:</i> 7:27PM | | Moon 2 - Phase 45 |
| | 141833467 | Rahu 5:57PM – 7:27PM | Gara Until 7:15PM | Nataraja: Clear | | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 8:54AM | Moon – Blue | | Bhuloka Day | |
| Until 9:07AM | | Chidambaram Abhishekam | | Phalguna-Masi | | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|---|-------------|-------------------------------|----------------------------------|--|------------------------|---------------------|---|
|  | | Monday, March 9, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti Yoga Vistii/Bava Karana Purnimayam Titau | | | KL, Malaysia Sun 28 Sutra 330 Vikarin 5121 |
| Simha Rasi: 12.58 | Tithi 15 | Gulika 2:55PM – 4:26PM | Magha* Until 6:33AM | Ganesha: Yellow | <i>Sunrise:</i> 7:22AM | | |
| Family Home Evening | | Yama 11:54AM – 1:25PM | Dhriti Until 7:23PM | Muruqa: Orange | <i>Sunset:</i> 7:27PM | | Moon 2 - Phase 45 |
| Routine Work | Marana Yoga | Rahu 8:53AM – 10:23AM | Vistii Until 3:38PM | Nataraja: Clear | | | Purnima |
| Until 6:33AM | | | Purnima* Until 1:43AM Tue | Moon – Red | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | Holi | | Phalguna-Masi | | | |

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|---------------------------------|-------------|--------------------------------|---|--|------------------------|---------------------|---|
| 5 | | Tuesday, March 10, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau | | | KL, Malaysia Sun 29 Sutra 331 Vikarin 5121 |
| Simha Rasi: 28.12 | Tithi 16 | Gulika 1:24PM – 2:55PM | Uttaraphalguni Until 12:22AM Wed | Ganesha: White | <i>Sunrise:</i> 7:22AM | | |
| | | Yama 10:23AM – 11:54AM | Shula* Until 3:01PM | Muruqa: Orange | <i>Sunset:</i> 7:27PM | | Moon 2 - Phase 45 |
| | 152833467 | Rahu 4:26PM – 5:56PM | Balava Until 11:49AM | Nataraja: Clear | | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 9:53PM | Moon – Red | | Sivaloka Day | |
| Until 12:22AM Wed | | | | Phalguna-Masi | | | |
| Then Routine Work - Marana Yoga | | | | | | | |



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla Nakshatra Ganda/Vridhhi Yoga Taitila/Gara Karana Dvitiyayam Titau

KL, Malaysia

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 13.29 Tithi 17

162833467

Gulika

11:53AM - 1:24PM

Yama

8:52AM - 10:23AM

Rahu

1:24PM - 2:55PM

Hasta Until 9:31PM

Ganda* Until 10:41AM

Taitila Until 7:59AM

Dvitiya Until 6:06PM

Ganesha: Clear

Sunrise: 7:21AM

Muruqa: Orange

Sunset: 7:27PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 9:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

KL, Malaysia

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 28.4 Tithi 18 - 19

162833467

Gulika

10:22AM - 11:53AM

Yama

7:21AM - 8:52AM

Rahu

2:54PM - 4:25PM

Chitra Until 6:49PM

Vridhhi Until 6:31AM

Bava Until 12:57AM Fri

Tritiya Until 2:33PM

Ganesha: Clear

Sunrise: 7:21AM

Muruqa: Orange

Sunset: 7:26PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 6:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

KL, Malaysia

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 13.34 Tithi 19 - 20

162833467

Gulika

8:51AM - 10:22AM

Yama

4:25PM - 5:56PM

Rahu

11:53AM - 1:24PM

Svati Until 4:24PM

Vyaghata* Until 11:06PM

Kaulava Until 10:04PM

Chaturthi* Until 11:25AM

Ganesha: Clear

Sunrise: 7:21AM

Muruqa: Orange

Sunset: 7:26PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

KL, Malaysia

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 28.05 Tithi 20 - 21

172833467

Gulika

7:20AM - 8:51AM

Yama

2:54PM - 4:25PM

Rahu

10:22AM - 11:53AM

Vishakha Until 2:51PM

Harshana Until 8:08PM

Gara Until 7:49PM

Panchami Until 8:50AM

Ganesha: Purple

Sunrise: 7:20AM

Muruqa: Orange

Sunset: 7:26PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

KL, Malaysia

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 12.08 Tithi 21 - 22

172833468

Gulika

4:24PM - 5:55PM

Yama

1:23PM - 2:54PM

Rahu

5:55PM - 7:26PM

Anuradha Until 1:52PM

Vajra* Until 5:44PM

Visti Until 6:17PM

Shashthi* Until 6:56AM

Ganesha: Purple

Sunrise: 7:20AM

Muruqa: Orange

Sunset: 7:26PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

KL, Malaysia

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 25.44 Tithi 23

172933468

Gulika

2:53PM - 4:24PM

Yama

11:52AM - 1:23PM

Rahu

8:50AM - 10:21AM

Jyeshtha* Until 1:31PM

Siddhi Until 3:58PM

Balava Until 5:33PM

Ashtami* Until 5:28AM Tue

Ganesha: Clear

Sunrise: 7:20AM

Muruqa: Orange

Sunset: 7:26PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

KL, Malaysia

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 8.54 Tithi 24

182933468

Gulika

1:22PM - 2:53PM

Yama

10:21AM - 11:52AM

Rahu

4:24PM - 5:55PM

Mula* Until 2:13PM

Vyatipata* Until 2:50PM

Taitila Until 5:36PM

Navami* Until 5:52AM Wed

Ganesha: Purple

Sunrise: 7:19AM

Muruqa: Orange

Sunset: 7:25PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 2:13PM

Then Creative Work - Siddha Yoga

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|---------------------------|----------|----------------------------------|--|---|--|---|-------|---|
| 1 | | Wednesday, March 18, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukhtayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija Karana Dashamyam Titau | | | | KL, Malaysia |
| Dhanus Rasi: 21.41 | Tithi 25 | 182933468 | Gulika 11:51AM – 1:22PM Yama 8:50AM – 10:20AM Rahu 1:22PM – 2:53PM | Purvashadha* Until 3:29PM Variyan Until 2:14PM Vanija Until 6:21PM Dashami Until 6:57AM Thu | Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni | <i>Sunrise:</i> 7:19AM <i>Sunset:</i> 7:25PM | Sun 8 | Sutra 339 Vikarin 5121 Moon 3 - Phase 47 2nd Phase |
| Creative Work Amrita Yoga | | Devaloka Day | | | | | | |

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| 2 | | Thursday, March 19, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukhtayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | KL, Malaysia |
| Makara Rasi: 4.11 | Tithi 25 – 26 | 182933468 | Gulika 10:20AM – 11:51AM Yama 7:19AM – 8:49AM Rahu 2:53PM – 4:23PM | Uttarashadha Until 5:10PM Parigha* Until 2:07PM Bava Until 7:42PM Dashami Until 6:57AM | Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni | <i>Sunrise:</i> 7:19AM <i>Sunset:</i> 7:25PM | Sun 9 | Sutra 340 Vikarin 5121 Moon 3 - Phase 47 2nd Phase |
| Routine Work Marana Yoga Until 5:10PM Then Creative Work - Siddha Yoga | | Devaloka Day | | | | | | |

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| 3 | | Friday, March 20, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukhtayam Shravana Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | KL, Malaysia |
| Makara Rasi: 16.26 | Tithi 26 – 27 | 192933468 | Gulika 8:49AM – 10:20AM Yama 4:23PM – 5:54PM Rahu 11:51AM – 1:21PM | Shravana Until 7:37PM Shiva Until 2:23PM Kaulava Until 9:30PM Ekadashi* Until 8:32AM | Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni | <i>Sunrise:</i> 7:18AM <i>Sunset:</i> 7:25PM | Sun 10 | Sutra 341 Vikarin 5121 Moon 3 - Phase 47 2nd Phase |
| Routine Work Marana Yoga Until 7:37PM Then Creative Work - Siddha Yoga | | Sivaloka Day | | | | | | |

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| 4 | | Saturday, March 21, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yukhtayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | KL, Malaysia |
| Makara Rasi: 28.33 | Tithi 27 – 28 | 192933468 | Gulika 7:18AM – 8:49AM Yama 2:52PM – 4:23PM Rahu 10:19AM – 11:50AM | Dhanishtha Until 10:12PM Siddha Until 2:53PM Gara Until 11:36PM Dvadashi* Until 10:29AM | Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni | <i>Sunrise:</i> 7:18AM <i>Sunset:</i> 7:25PM | Sun 11 | Sutra 342 Vikarin 5121 Moon 3 - Phase 47 2nd Phase |
| Creative Work Siddha Yoga Until 10:12PM Then Creative Work - Amrita Yoga | | Sivaloka Day <i>Pradosha Vrata (Fasting)</i> | | | | | | |

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| 5 | | Sunday, March 22, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yukhtayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | KL, Malaysia |
| Kumbha Rasi: 10.33 | Tithi 28 – 29 | 192933468 | Gulika 4:23PM – 5:54PM Yama 1:21PM – 2:52PM Rahu 5:54PM – 7:24PM | Shatabhishak Until 12:48AM Mon Sadhya Until 3:34PM Visti Until 1:53AM Mon Trayodashi* Until 12:42PM | Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni | <i>Sunrise:</i> 7:17AM <i>Sunset:</i> 7:24PM | Sun 12 | Sutra 343 Vikarin 5121 Moon 3 - Phase 47 2nd Phase |
| Creative Work Siddha Yoga Until 12:48AM Mon Then Routine Work - Marana Yoga | | Sivaloka Day | | | | | | |

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| Retreat Star | | Monday, March 23, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yukhtayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | KL, Malaysia |
| Kumbha Rasi: 22.29 | Tithi 29 – 30 | 113933468 | Gulika 2:51PM – 4:22PM Yama 11:50AM – 1:21PM Rahu 8:48AM – 10:19AM | Purvaproshtapada* Until 3:51AM Tue Subha Until 4:22PM Catuspada Until 4:17AM Tue Chaturdashi* Until 3:03PM | Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Phalguna-Panguni | <i>Sunrise:</i> 7:17AM <i>Sunset:</i> 7:24PM | Sun 13 | Sutra 344 Vikarin 5121 Moon 3 - Phase 47 Amavasya |
| Family Home Evening Routine Work Marana Yoga Until 3:51AM Tue Then Creative Work - Amrita Yoga | | Sivaloka Day | | | | | | |

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| Retreat Star | | Tuesday, March 24, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yukhtayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | KL, Malaysia |
| Meena Rasi: 4.23 | Tithi 30 – 1 | 113933468 | Gulika 1:20PM – 2:51PM Yama 10:18AM – 11:49AM Rahu 4:22PM – 5:53PM | Uttaraproshtapada Until 6:47AM Wed Sukla Until 5:12PM Kintughna Until 6:43AM Wed Amavasya* Until 5:28PM | Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Chaitra-Panguni | <i>Sunrise:</i> 7:17AM <i>Sunset:</i> 7:24PM | Sun 14 | Sutra 345 Vikarin 5121 Moon 3 - Phase 47 Prathama |
| Creative Work Amrita Yoga Until 6:47AM Wed Then Routine Work - Marana Yoga | | Sivaloka Day | | | | | | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

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|---------------------------------|---------|---------------------------------------|---------------------------------------|---|---|
| 1 | | Wednesday, March 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna/Bava Karana Prathamayam Titau | KL, Malaysia Sun 15 Sutra 346 Vikarin 5121 |
| Meena Rasi: 16.16 | Tithi 1 | Gulika 11:49AM – 1:20PM | Uttaraproshtapada Until 6:47AM | Ganesha: Yellow <i>Sunrise:</i> 7:16AM | |
| | | Yama 8:47AM – 10:18AM | Brahma Until 6:04PM | Muruqa: Orange <i>Sunset:</i> 7:24PM | Moon 3 - Phase 48 |
| | | 113933468 Rahu 1:20PM – 2:51PM | Kintughna Until 6:43AM | Nataraja: Purple | 3rd Phase |
| Creative Work Siddha Yoga | | | Prathama* Until 7:55PM | Moon – Clear | Sivaloka Day |
| Until 6:47AM | | | | Chaitra•Panguni | |
| Then Routine Work - Marana Yoga | | | | | |

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|----------------------------------|---------|---------------------------------------|------------------------------|--|---|
| 2 | | Thursday, March 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau | KL, Malaysia Sun 16 Sutra 347 Vikarin 5121 |
| Meena Rasi: 28.08 | Tithi 2 | Gulika 10:18AM – 11:49AM | Revati Until 9:33AM | Ganesha: Yellow <i>Sunrise:</i> 7:16AM | |
| | | Yama 7:16AM – 8:47AM | Indra Until 6:55PM | Muruqa: Orange <i>Sunset:</i> 7:24PM | Moon 3 - Phase 48 |
| | | 113933468 Rahu 2:51PM – 4:22PM | Balava Until 9:10AM | Nataraja: Purple | 3rd Phase |
| Creative Work Siddha Yoga | | Chellappaswami Mahasamadhi | Dvitiya Until 10:21PM | Moon – Clear | Sivaloka Day |
| Until 9:33AM | | | | Chaitra•Panguni | |
| Then Creative Work - Amrita Yoga | | | | | |

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|----------------------------------|---------|--|----------------------------------|---|---|
| 3 | | Friday, March 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau | KL, Malaysia Sun 17 Sutra 348 Vikarin 5121 |
| Mesha Rasi: 10.02 | Tithi 3 | Gulika 8:46AM – 10:17AM | Ashvini Until 12:36PM | Ganesha: Red <i>Sunrise:</i> 7:15AM | |
| | | Yama 4:21PM – 5:52PM | Vaidhriti* Until 7:41PM | Muruqa: Orange <i>Sunset:</i> 7:23PM | Moon 3 - Phase 48 |
| | | 123933468 Rahu 11:48AM – 1:19PM | Taitila Until 11:33AM | Nataraja: Purple | 3rd Phase |
| Creative Work Amrita Yoga | | | Tritiya Until 12:40AM Sat | Moon – White | Sivaloka Day |
| Until 12:36PM | | | | Chaitra•Panguni | |
| Then Creative Work - Siddha Yoga | | | | | |

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|----------------------------------|---------|---|------------------------------------|---|---|
| 4 | | Saturday, March 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau | KL, Malaysia Sun 18 Sutra 349 Vikarin 5121 |
| Mesha Rasi: 21.59 | Tithi 4 | Gulika 7:15AM – 8:46AM | Bharani Until 3:19PM | Ganesha: Red <i>Sunrise:</i> 7:15AM | |
| | | Yama 2:50PM – 4:21PM | Vishkambha* Until 8:20PM | Muruqa: Orange <i>Sunset:</i> 7:23PM | Moon 3 - Phase 48 |
| | | 123933468 Rahu 10:17AM – 11:48AM | Vanija Until 1:47PM | Nataraja: Purple | 3rd Phase |
| Creative Work Siddha Yoga | | | Chaturthi* Until 2:47AM Sun | Moon – White | Sivaloka Day |
| Until 3:19PM | | | | Chaitra•Panguni | |
| Then Creative Work - Amrita Yoga | | | | | |

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|---------------------------|---------|---------------------------------------|----------------------------------|---|---|
| 5 | | Sunday, March 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau | KL, Malaysia Sun 19 Sutra 350 Vikarin 5121 |
| Vrishabha Rasi: 4.02 | Tithi 5 | Gulika 4:21PM – 5:52PM | Krittika Until 5:37PM | Ganesha: Red <i>Sunrise:</i> 7:15AM | |
| | | Yama 1:19PM – 2:50PM | Priti Until 8:46PM | Muruqa: Orange <i>Sunset:</i> 7:23PM | Moon 3 - Phase 48 |
| | | 123933468 Rahu 5:52PM – 7:23PM | Bava Until 3:44PM | Nataraja: Purple | 3rd Phase |
| Creative Work Siddha Yoga | | | Panchami Until 4:33AM Mon | Moon – White | Sivaloka Day |
| | | | | Chaitra•Panguni | |
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|----------------------------|---------|--|-----------------------------------|--|---|
| 6 | | Monday, March 30, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau | KL, Malaysia Sun 20 Sutra 351 Vikarin 5121 |
| Vrishabha Rasi: 16.13 | Tithi 6 | Gulika 2:49PM – 4:21PM | Rohini Until 7:50PM | Ganesha: Blue <i>Sunrise:</i> 7:14AM | |
| Family Home Evening | | Yama 11:47AM – 1:18PM | Ayushman Until 8:50PM | Muruqa: Orange <i>Sunset:</i> 7:23PM | Moon 3 - Phase 48 |
| | | 133933468 Rahu 8:45AM – 10:16AM | Kaulava Until 5:16PM | Nataraja: Purple | 3rd Phase |
| Creative Work Amrita Yoga | | | Shashthi* Until 5:49AM Tue | Moon – Yellow | Subha Sivaloka Day |
| | | | | Chaitra•Panguni | |
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|---------------------------------|---------|---------------------------------------|---------------------------------|--|---|
| Retreat Star | | Tuesday, March 31, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Gara Karana Saptamyam Titau | KL, Malaysia Sun 21 Sutra 352 Vikarin 5121 |
| Vrishabha Rasi: 28.37 | Tithi 7 | Gulika 1:18PM – 2:49PM | Mrigashira Until 9:17PM | Ganesha: Blue <i>Sunrise:</i> 7:14AM | |
| | | Yama 10:16AM – 11:47AM | Saubhagya Until 8:26PM | Muruqa: Orange <i>Sunset:</i> 7:22PM | Moon 3 - Phase 48 |
| | | 133933468 Rahu 4:20PM – 5:51PM | Gara Until 6:13PM | Nataraja: Purple | 3rd Phase |
| Creative Work Siddha Yoga | | | Saptami Until 6:25AM Wed | Moon – Yellow | Subha Sivaloka Day |
| Until 9:17PM | | | | Chaitra•Panguni | |
| Then Routine Work - Marana Yoga | | | | | |

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|---------------------------|-------------|---------------------------------------|-----------------------------|--|---|
| Retreat Star | | Wednesday, April 1, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | KL, Malaysia Sun 22 Sutra 353 Vikarin 5121 |
| Mithuna Rasi: 11.18 | Tithi 7 – 8 | Gulika 11:47AM – 1:18PM | Ardra Until 9:53PM | Ganesha: Blue <i>Sunrise:</i> 7:14AM | |
| | | Yama 8:45AM – 10:16AM | Sobhana Until 7:29PM | Muruqa: Orange <i>Sunset:</i> 7:22PM | Moon 3 - Phase 48 |
| | | 133933468 Rahu 1:18PM – 2:49PM | Visti Until 6:26PM | Nataraja: Purple | Ashtami |
| Creative Work Siddha Yoga | | | Saptami Until 6:25AM | Moon – Yellow | Subha Sivaloka Day |
| | | | | Chaitra•Panguni | |
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|---------------------------|-------------|---------------------------------------|-------------------------------|--|---|
| Retreat Star | | Thursday, April 2, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau | KL, Malaysia Sun 23 Sutra 354 Vikarin 5121 |
| Mithuna Rasi: 24.22 | Tithi 8 – 9 | Gulika 10:16AM – 11:47AM | Punarvasu Until 9:59PM | Ganesha: Yellow <i>Sunrise:</i> 7:13AM | |
| | | Yama 7:13AM – 8:45AM | Athiganda* Until 5:52PM | Muruqa: Orange <i>Sunset:</i> 7:22PM | Moon 3 - Phase 48 |
| | | 143933468 Rahu 2:49PM – 4:20PM | Kaulava Until 5:13AM Fri | Nataraja: Purple | Navami |
| Creative Work Amrita Yoga | | Sri Rama Navami | Ashtami* Until 6:14AM | Moon – Blue | Sivaloka Day |
| | | | | Chaitra•Panguni | |
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Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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|----------|------------------------------|-------------|---|----------------------------|-------------------------|------------------------|-------------------|
| 1 | Friday, April 3, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau | | | | KL, Malaysia |
| | Kataka Rasi: 7.53 | Tithi 10 | Gulika 8:44AM – 10:15AM | Pushya Until 9:08PM | Ganesha: Yellow | <i>Sunrise:</i> 7:13AM | Sun 24 Sutra 355 |
| | | | Yama 4:20PM – 5:51PM | Sukarma Until 3:37PM | Muruqa: Orange | <i>Sunset:</i> 7:22PM | Vikarin 5121 |
| | Routine Work | Marana Yoga | 143933468 Rahu 11:46AM – 1:18PM | Taitila Until 4:26PM | Nataraja: Purple | | Moon 3 - Phase 49 |
| | | | Dashami Until 3:25AM Sat | Moon – Blue | | 4th Phase | |
| | | | | Chaitra •Panguni | | Sivaloka Day | |

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| 2 | Saturday, April 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | KL, Malaysia |
| | Kataka Rasi: 21.53 | Tithi 11 | Gulika 7:13AM – 8:44AM | Ashlesha* Until 7:24PM | Ganesha: Yellow | <i>Sunrise:</i> 7:13AM | Sun 25 Sutra 356 |
| | | | Yama 2:48PM – 4:20PM | Dhriti Until 12:46PM | Muruqa: Orange | <i>Sunset:</i> 7:22PM | Vikarin 5121 |
| | Routine Work | Marana Yoga | 143933468 Rahu 10:15AM – 11:46AM | Vanija Until 2:15PM | Nataraja: Purple | | Moon 3 - Phase 49 |
| Until 7:24PM | | | Ekadashi Until 12:54AM Sun | Moon – Blue | | 4th Phase | |
| Then Creative Work - Amrita Yoga | | Yogaswami Mahasamadhi | | Chaitra •Panguni | | Sivaloka Day | |

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|----------------------------------|------------------------------|-------------|--|----------------------------|-------------------------|---------------------------|-------------------|
| 3 | Sunday, April 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau | | | | KL, Malaysia |
| | Simha Rasi: 6.21 | Tithi 12 | Gulika 4:19PM – 5:50PM | Magha* Until 5:19PM | Ganesha: White | <i>Sunrise:</i> 7:12AM | Sun 26 Sutra 357 |
| | | | Yama 1:17PM – 2:48PM | Shula* Until 9:20AM | Muruqa: Orange | <i>Sunset:</i> 7:22PM | Vikarin 5121 |
| | Routine Work | Marana Yoga | 153933468 Rahu 5:50PM – 7:22PM | Bava Until 11:25AM | Nataraja: Purple | | Moon 3 - Phase 49 |
| Until 5:19PM | | | Dvadashi Until 9:47PM | Moon – Red | | 4th Phase | |
| Then Creative Work - Siddha Yoga | | | | Chaitra •Panguni | | Subha Sivaloka Day | |

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| 4 | Monday, April 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | KL, Malaysia |
| | Simha Rasi: 21.13 | Tithi 13 | Gulika 2:48PM – 4:19PM | Purvaphalguni Until 2:38PM | Ganesha: Clear | <i>Sunrise:</i> 7:12AM | Sun 27 Sutra 358 |
| | Family Home Evening | | Yama 11:46AM – 1:17PM | Vriddhi Until 1:21AM Tue | Muruqa: Orange | <i>Sunset:</i> 7:21PM | Vikarin 5121 |
| | Creative Work | Siddha Yoga | 154933468 Rahu 8:43AM – 10:14AM | Kaulava Until 8:05AM | Nataraja: Purple | | Moon 3 - Phase 49 |
| | | | Trayodashi Until 6:15PM | Moon – Red | | 4th Phase | |
| | | | | Chaitra •Panguni | | Sivaloka Day | |
| | | | | <i>Pradosha Vrata</i> | | | |

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|---|-------------------------------|------------------------|---|-------------------------------------|-------------------------|------------------------|-------------------|
|  | Tuesday, April 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | KL, Malaysia |
| | Copper Retreat Star | | Gulika 1:16PM – 2:48PM | Uttaraphalguni Until 11:32AM | Ganesha: Clear | <i>Sunrise:</i> 7:12AM | Sutra 359 |
| | Kanya Rasi: 6.23 | Tithi 14 – 15 | Yama 10:14AM – 11:45AM | Dhruva Until 9:01PM | Muruqa: Orange | <i>Sunset:</i> 7:21PM | Vikarin 5121 |
| | | | 154933468 Rahu 4:19PM – 5:50PM | Visti Until 12:31AM Wed | Nataraja: Purple | | Moon 3 - Phase 49 |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 2:27PM | Moon – Red | | Purnima | |
| Until 11:32AM | | Panguni Uttiram | | Chaitra •Panguni | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | Hanuman Jayanti | | | | | |

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|----------------------------------|---------------------------------|---------------|--|---------------------------|-------------------------|------------------------|-------------------|
| ○ | Wednesday, April 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | KL, Malaysia |
| | Silver Retreat Star | | Gulika 11:45AM – 1:16PM | Hasta Until 8:34AM | Ganesha: Purple | <i>Sunrise:</i> 7:11AM | Sutra 360 |
| | Kanya Rasi: 21.41 | Tithi 15 – 16 | Yama 8:42AM – 10:14AM | Vyaghata* Until 4:40PM | Muruqa: Clear | <i>Sunset:</i> 7:21PM | Vikarin 5121 |
| | | | 164934468 Rahu 1:16PM – 2:47PM | Balava Until 8:39PM | Nataraja: Purple | | Moon 3 - Phase 49 |
| Routine Work | Marana Yoga | | Purnima* Until 10:33AM | Moon – Green | | Prathama | |
| Until 8:34AM | | | | Chaitra •Panguni | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | |



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

KL, Malaysia
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 6.56 Tithi 16 - 17

Gulika 10:13AM - 11:45AM
Yama 7:11AM - 8:42AM
164934468 **Rahu** 2:47PM - 4:18PM

Svati Until 2:39AM Fri
Harshana Until 12:27PM
Gara Until 3:12AM Fri
Prathama* Until 6:45AM

Ganesha: Purple *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 7:21PM
Nataraja: Purple
Moon - Green
Chaitra-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 2:39AM Fri

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

KL, Malaysia
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 21.59 Tithi 18

Gulika 8:42AM - 10:13AM
Yama 4:18PM - 5:49PM
174134468 **Rahu** 11:44AM - 1:16PM

Vishakha Until 12:27AM Sat
Vajra* Until 8:28AM
Vanija Until 1:36PM
Tritiya Until 12:06AM Sat

Ganesha: Yellow *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 7:21PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

KL, Malaysia
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virschika Rasi: 6.41 Tithi 19

Gulika 7:10AM - 8:41AM
Yama 2:47PM - 4:18PM
174134468 **Rahu** 10:13AM - 11:44AM

Anuradha Until 10:43PM
Vyatipata* Until 1:51AM Sun
Bava Until 10:46AM
Chaturthi* Until 9:34PM

Ganesha: Yellow *Sunrise:* 7:10AM
Muruqa: Clear *Sunset:* 7:20PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

KL, Malaysia
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virschika Rasi: 20.56 Tithi 20

Gulika 4:18PM - 5:49PM
Yama 1:15PM - 2:46PM
174134468 **Rahu** 5:49PM - 7:20PM

Jyeshtha* Until 9:33PM
Varyan Until 11:23PM
Kaulava Until 8:36AM
Panchami Until 7:47PM

Ganesha: Yellow *Sunrise:* 7:10AM
Muruqa: Clear *Sunset:* 7:20PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 9:33PM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

KL, Malaysia
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 4.41 Tithi 21

Gulika 2:46PM - 4:17PM
Yama 11:43AM - 1:15PM
184134468 **Rahu** 8:41AM - 10:12AM

Mula* Until 9:31PM
Parigha* Until 9:36PM
Gara Until 7:12AM
Shashthi* Until 6:48PM

Ganesha: Blue *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 7:20PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 9:31PM

Then Routine Work - Marana Yoga

Tamil New Year

5

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Bava Karana Saptamyam Titau

KL, Malaysia
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 17.58 Tithi 22

Gulika 1:15PM - 2:46PM
Yama 10:12AM - 11:43AM
284134468 **Rahu** 4:17PM - 5:49PM

Purvashadha* Until 10:09PM
Shiva Until 8:30PM
Visti Until 6:39AM
Saptami Until 6:41PM

Ganesha: Yellow *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 7:20PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 10:09PM

Then Routine Work - Prabalarishta Yoga

D

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

KL, Malaysia
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Makara Rasi: 0.49 Tithi 23

Gulika 11:43AM - 1:14PM
Yama 8:40AM - 10:12AM
284134468 **Rahu** 1:14PM - 2:46PM

Uttarashadha Until 11:24PM
Siddha Until 8:00PM
Balava Until 6:57AM
Ashtami* Until 7:22PM

Ganesha: Yellow *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 7:20PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 11:24PM

Then Creative Work - Siddha Yoga

Thursday, April 16, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

KL, Malaysia
Sun 7 Sutra 4
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 13.19 Tithi 24

Gulika 10:11AM - 11:43AM
Yama 7:08AM - 8:40AM
294134468 **Rahu** 2:45PM - 4:17PM

Shravana Until 1:36AM Fri
Sadhya Until 8:02PM
Taitila Until 7:59AM
Navami* Until 8:44PM

Ganesha: Blue *Sunrise:* 7:08AM
Muruqa: Clear *Sunset:* 7:20PM
Nataraja: Purple
Moon - Purple
Chaitra-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

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|----------------------------------|-------------|--|------------------------------------|--|------------------------|--|---------------------|----------------------------------|
| 1 | | Friday, April 17, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau | | | | KL, Malaysia Sun 8 Sutra 5 |
| Makara Rasi: 25.32 | Tithi 25 | Gulika 8:40AM – 10:11AM | Dhanishtha Until 4:07AM Sat | Ganesha: Blue | <i>Sunrise:</i> 7:08AM | | Sarvari 5122 | |
| | | Yama 4:17PM – 5:48PM | Subha Until 8:30PM | Muruqa: Clear | <i>Sunset:</i> 7:19PM | | Moon 4 - Phase 1 | |
| | | 294134468 Rahu 11:42AM – 1:14PM | Vanija Until 9:38AM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 10:37PM | Chaitra+Chaitra | | | Devaloka Day | |
| Until 4:07AM Sat | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 2 | | Saturday, April 18, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau | | | | KL, Malaysia Sun 9 Sutra 6 |
| Kumbha Rasi: 7.35 | Tithi 26 | Gulika 7:08AM – 8:39AM | Shatabhishak Until 6:46AM Sun | Ganesha: Blue | <i>Sunrise:</i> 7:08AM | | Sarvari 5122 | |
| | | Yama 2:45PM – 4:16PM | Sukla Until 9:12PM | Muruqa: Clear | <i>Sunset:</i> 7:19PM | | Moon 4 - Phase 1 | |
| | | 294134468 Rahu 10:11AM – 11:42AM | Bava Until 11:43AM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Ekadashi* Until 12:51AM Sun | Chaitra+Chaitra | | | Devaloka Day | |
| Until 6:46AM Sun | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 3 | | Sunday, April 19, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau | | | | KL, Malaysia Sun 10 Sutra 7 |
| Kumbha Rasi: 19.32 | Tithi 27 | Gulika 4:16PM – 5:48PM | Shatabhishak Until 6:46AM | Ganesha: Yellow | <i>Sunrise:</i> 7:08AM | | Sarvari 5122 | |
| | | Yama 1:13PM – 2:45PM | Brahma Until 10:04PM | Muruqa: Clear | <i>Sunset:</i> 7:19PM | | Moon 4 - Phase 1 | |
| | | 295134468 Rahu 5:48PM – 7:19PM | Kaulava Until 2:03PM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dvadashi* Until 3:15AM Mon | Chaitra+Chaitra | | | Sivaloka Day | |
| Until 9:53AM | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 4 | | Monday, April 20, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*Uttaraprosarthapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau | | | | KL, Malaysia Sun 11 Sutra 8 |
| Meena Rasi: 1.24 | Tithi 28 | Gulika 2:45PM – 4:16PM | Purvaprosarthapada* Until 9:53AM | Ganesha: Yellow | <i>Sunrise:</i> 7:07AM | | Sarvari 5122 | |
| Family Home Evening | | Yama 11:42AM – 1:13PM | Indra Until 11:00PM | Muruqa: Clear | <i>Sunset:</i> 7:19PM | | Moon 4 - Phase 1 | |
| Routine Work | Marana Yoga | 215134468 Rahu 8:39AM – 10:10AM | Gara Until 4:30PM | Nataraja: Purple | | | 2nd Phase | |
| Until 9:53AM | | | Trayodashi* Until 5:42AM Tue | Chaitra+Chaitra | | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | | |

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| 5 | | Tuesday, April 21, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vaidhriti* Yoga Visti* Karana Chaturdashyam Titau | | | | KL, Malaysia Sun 12 Sutra 9 |
| Meena Rasi: 13.16 | Tithi 29 | Gulika 1:13PM – 2:44PM | Uttaraprosarthapada Until 12:51PM | Ganesha: Yellow | <i>Sunrise:</i> 7:07AM | | Sarvari 5122 | |
| | | Yama 10:10AM – 11:41AM | Vaidhriti* Until 11:53PM | Muruqa: Clear | <i>Sunset:</i> 7:19PM | | Moon 4 - Phase 1 | |
| | | 215134468 Rahu 4:16PM – 5:47PM | Visti Until 6:56PM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 8:06AM Wed | Chaitra+Chaitra | | | Sivaloka Day | |
| Until 12:51PM | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| Retreat Star | | Wednesday, April 22, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | KL, Malaysia Sun 13 Sutra 10 |
| Meena Rasi: 25.09 | Tithi 29 – 30 | Gulika 11:41AM – 1:13PM | Revati Until 3:35PM | Ganesha: Yellow | <i>Sunrise:</i> 7:07AM | | Sarvari 5122 | |
| | | Yama 8:38AM – 10:10AM | Vishkambha* Until 12:43AM Thu | Muruqa: Clear | <i>Sunset:</i> 7:19PM | | Moon 4 - Phase 1 | |
| | | 215134468 Rahu 1:13PM – 2:44PM | Catuspada Until 9:17PM | Nataraja: Purple | | | Amavasya | |
| Routine Work | Marana Yoga | | Chaturdashi* Until 8:06AM | Chaitra+Chaitra | | | Sivaloka Day | |
| Until 6:31PM | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| Retreat Star | | Thursday, April 23, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | KL, Malaysia Sun 14 Sutra 11 |
| Mesha Rasi: 7.04 | Tithi 30 – 1 | Gulika 10:09AM – 11:41AM | Ashvini Until 6:31PM | Ganesha: Red | <i>Sunrise:</i> 7:06AM | | Sarvari 5122 | |
| | | Yama 7:06AM – 8:38AM | Priti Until 1:27AM Fri | Muruqa: Clear | <i>Sunset:</i> 7:19PM | | Moon 4 - Phase 1 | |
| | | 225134468 Rahu 2:44PM – 4:16PM | Kintughna Until 11:29PM | Nataraja: Purple | | | Prathama | |
| Creative Work | Amrita Yoga | | Amavasya* Until 10:23AM | Vaisaka+Chaitra | | | Sivaloka Day | |
| Until 6:31PM | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 1 | Friday, April 24, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | KL, Malaysia Sun 15 |
| | Mesha Rasi: 19.04 | Tithi 1 – 2 | Gulika 8:38AM – 10:09AM | Bharani Until 9:06PM | Ganesha: Red | <i>Sunrise:</i> 7:06AM | Sarvari 5122 |
| | | | Yama 4:16PM – 5:47PM | Ayushman Until 1:59AM Sat | Muruqa: Clear | <i>Sunset:</i> 7:19PM | Moon 4 - Phase 2 |
| | Creative Work | Siddha Yoga | 225134469 Rahu 11:41AM – 1:12PM | Balava Until 1:28AM Sat | Nataraja: Clear | | 3rd Phase |
| | | | Prathama* Until 12:29PM | Moon – White | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| 2 | Saturday, April 25, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | KL, Malaysia Sun 16 |
| | Shrabha Rasi: 1.08 | Tithi 2 – 3 | Gulika 7:06AM – 8:37AM | Krittika Until 11:16PM | Ganesha: Red | <i>Sunrise:</i> 7:06AM | Sarvari 5122 |
| | | | Yama 2:44PM – 4:15PM | Saubhagya Until 2:19AM Sun | Muruqa: Clear | <i>Sunset:</i> 7:19PM | Moon 4 - Phase 2 |
| | Creative Work | Amrita Yoga | 225134469 Rahu 10:09AM – 11:41AM | Taitila Until 3:11AM Sun | Nataraja: Clear | | 3rd Phase |
| | | | Dvitiya Until 2:21PM | Moon – White | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| 3 | Sunday, April 26, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | KL, Malaysia Sun 17 |
| | Shrabha Rasi: 13.2 | Tithi 3 – 4 | Gulika 4:15PM – 5:47PM | Rohini Until 1:26AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 7:06AM | Sarvari 5122 |
| | | | Yama 1:12PM – 2:44PM | Sobhana Until 2:24AM Mon | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 2 |
| | Creative Work | Siddha Yoga | 235134469 Rahu 5:47PM – 7:18PM | Vanija Until 4:32AM Mon | Nataraja: Clear | | 3rd Phase |
| | | | Tritiya Until 3:53PM | Moon – Yellow | | Devaloka Day | |
| | | | Akshaya Tritiya | Vaisaka-Chaitra | | | |

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| 4 | Monday, April 27, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | KL, Malaysia Sun 18 |
| | Shrabha Rasi: 25.41 | Tithi 4 – 5 | Gulika 2:44PM – 4:15PM | Mrigashira Until 3:00AM Tue | Ganesha: Yellow | <i>Sunrise:</i> 7:05AM | Sarvari 5122 |
| | Family Home Evening | | Yama 11:40AM – 1:12PM | Athiganda* Until 2:07AM Tue | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 2 |
| | Creative Work | Amrita Yoga | 235134469 Rahu 8:37AM – 10:09AM | Bava Until 5:27AM Tue | Nataraja: Clear | | 3rd Phase |
| | | | Chaturthi* Until 5:02PM | Moon – Yellow | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| 5 | Tuesday, April 28, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | KL, Malaysia Sun 19 |
| | Mithuna Rasi: 8.14 | Tithi 5 – 6 | Gulika 1:12PM – 2:43PM | Ardra Until 3:55AM Wed | Ganesha: Blue | <i>Sunrise:</i> 7:05AM | Sarvari 5122 |
| | | | Yama 10:08AM – 11:40AM | Sukarma Until 1:27AM Wed | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 2 |
| | Routine Work | Marana Yoga | 236134469 Rahu 4:15PM – 5:47PM | Kaulava Until 5:49AM Wed | Nataraja: Clear | | 3rd Phase |
| | | | Panchami Until 5:41PM | Moon – Yellow | | Bhuloka Day | |
| | | | Adi Sankara Jayanthi | Vaisaka-Chaitra | | Devaloka Time: 3:PM to 6:PM | |

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| 6 | Wednesday, April 29, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | KL, Malaysia Sun 20 |
| | Mithuna Rasi: 21.01 | Tithi 6 – 7 | Gulika 11:40AM – 1:12PM | Punarvasu Until 4:33AM Thu | Ganesha: Yellow | <i>Sunrise:</i> 7:05AM | Sarvari 5122 |
| | | | Yama 8:37AM – 10:08AM | Dhriti Until 12:19AM Thu | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 2 |
| | Creative Work | Siddha Yoga | 246134469 Rahu 1:12PM – 2:43PM | Gara Until 5:34AM Thu | Nataraja: Clear | | 3rd Phase |
| | | | Shashthi* Until 5:45PM | Moon – Blue | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| Retreat Star | Thursday, April 30, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | KL, Malaysia Sun 21 |
| | Kataka Rasi: 4.07 | Tithi 7 – 8 | Gulika 10:08AM – 11:40AM | Pushya Until 4:23AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 7:05AM | Sarvari 5122 |
| | | | Yama 7:05AM – 8:36AM | Shula* Until 10:39PM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 2 |
| | Creative Work | Amrita Yoga | 246134469 Rahu 2:43PM – 4:15PM | Visti Until 4:40AM Fri | Nataraja: Clear | | 3rd Phase |
| | | | Saptami Until 5:11PM | Moon – Blue | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| Retreat Star | Friday, May 1, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | KL, Malaysia Sun 22 |
| | Kataka Rasi: 17.35 | Tithi 8 – 9 | Gulika 8:36AM – 10:08AM | Ashlesha* Until 3:24AM Sat | Ganesha: Yellow | <i>Sunrise:</i> 7:04AM | Sarvari 5122 |
| | | | Yama 4:15PM – 5:46PM | Ganda* Until 8:27PM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 2 |
| | Routine Work | Marana Yoga | 246134469 Rahu 11:40AM – 1:11PM | Balava Until 3:06AM Sat | Nataraja: Clear | | Ashtami |
| | | | Ashtami* Until 3:57PM | Moon – Blue | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| Retreat Star | Saturday, May 2, 2020 | | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | KL, Malaysia Sun 23 |
| | Simha Rasi: 1.25 | Tithi 9 – 10 | Gulika 7:04AM – 8:36AM | Magha* Until 2:06AM Sun | Ganesha: White | <i>Sunrise:</i> 7:04AM | Sarvari 5122 |
| | | | Yama 2:43PM – 4:15PM | Vriddhi Until 5:45PM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 2 |
| | Creative Work | Amrita Yoga | 256134469 Rahu 10:08AM – 11:39AM | Taitila Until 12:55AM Sun | Nataraja: Clear | | Navami |
| | | | Navami* Until 2:04PM | Moon – Red | | Bhuloka Day | |
| | | | | Vaisaka-Chaitra | | Devaloka Time: 3:PM to 6:PM | |


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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| 1 | Sunday, May 3, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | KL, Malaysia Sun 24 |
| | Simha Rasi: 15.4 | Tithi 10 - 11 | Gulika 4:15PM - 5:46PM | Purvaphalguni Until 12:08AM Mon | Ganesha: White | <i>Sunrise:</i> 7:04AM | Sarvari 5122 |
| | | | Yama 1:11PM - 2:43PM | Dhruva Until 2:34PM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| | Creative Work | Siddha Yoga | 256134469 Rahu 5:46PM - 7:18PM | Vanija Until 10:11PM | Nataraja: Clear | | 4th Phase |
| | | | Dashami Until 11:36AM | Moon - Red | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

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| 2 | Monday, May 4, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | KL, Malaysia Sun 25 |
| | Kanya Rasi: 0.15 | Tithi 11 - 12 | Gulika 2:43PM - 4:15PM | Uttaraphalguni Until 9:36PM | Ganesha: Clear | <i>Sunrise:</i> 7:04AM | Sarvari 5122 |
| | Family Home Evening | | Yama 11:39AM - 1:11PM | Vyaghata* Until 11:00AM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| | Creative Work | Siddha Yoga | 256234469 Rahu 8:36AM - 10:07AM | Bava Until 7:02PM | Nataraja: Clear | | 4th Phase |
| | | | Ekadashi Until 8:38AM | Moon - Red | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| 3 | Tuesday, May 5, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | KL, Malaysia Sun 26 |
| | Kanya Rasi: 15.08 | Tithi 13 | Gulika 1:11PM - 2:43PM | Hasta Until 7:05PM | Ganesha: Clear | <i>Sunrise:</i> 7:04AM | Sarvari 5122 |
| | | | Yama 10:07AM - 11:39AM | Harshana Until 7:10AM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| | Creative Work | Siddha Yoga | 267234469 Rahu 4:14PM - 5:46PM | Kaulava Until 3:36PM | Nataraja: Clear | | 4th Phase |
| | | | Trayodashi Until 1:48AM Wed | Moon - Green | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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| 4 | Wednesday, May 6, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | KL, Malaysia Sun 27 |
| | Tula Rasi: 0.11 | Tithi 14 | Gulika 11:39AM - 1:11PM | Chitra Until 4:19PM | Ganesha: Clear | <i>Sunrise:</i> 7:04AM | Sarvari 5122 |
| | | | Yama 8:35AM - 10:07AM | Siddhi Until 11:06PM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| | Creative Work | Siddha Yoga | 267234469 Rahu 1:11PM - 2:43PM | Gara Until 12:02PM | Nataraja: Clear | | 4th Phase |
| | | | Chaturdashi* Until 10:14PM | Moon - Green | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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|  | Thursday, May 7, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau | | | | KL, Malaysia Sun 25 |
| | Copper Retreat Star | | Gulika 10:07AM - 11:39AM | Svati Until 1:28PM | Ganesha: Clear | <i>Sunrise:</i> 7:03AM | Sarvari 5122 |
| | Tula Rasi: 15.14 | Tithi 15 | Yama 7:03AM - 8:35AM | Vyatipata* Until 7:09PM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| | Creative Work | Amrita Yoga | 267234469 Rahu 2:43PM - 4:14PM | Visti Until 8:29AM | Nataraja: Clear | | Purnima |
| | | | Purnima* Until 6:45PM | Moon - Green | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |
| | | | | Budha Purnima (Tamil Nadu) | | | |

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| Friday, May 8, 2020 | Friday, May 8, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | | KL, Malaysia Sun 26 |
| | Silver Retreat Star | | Gulika 8:35AM - 10:07AM | Vishakha Until 11:08AM | Ganesha: Purple | <i>Sunrise:</i> 7:03AM | Sarvari 5122 |
| | Vrischika Rasi: 0.1 | Tithi 16 - 17 | Yama 4:14PM - 5:46PM | Variyan Until 3:25PM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 4 - Phase 3 |
| | Creative Work | Siddha Yoga | 277234469 Rahu 11:39AM - 1:11PM | Taitila Until 2:07AM Sat | Nataraja: Clear | | Prathama |
| | | | Prathama* Until 3:33PM | Moon - Orange | | Bhuloka Day | |
| | | | | Vaisaka-Chaitra | | Devaloka Time: 3:PM to 6:PM | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda