



Sunday, April 21, 2019
Gold Retreat Star

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Trityayam Titau
Gulika 3:14PM – 4:49PM **Vishakha** **Until 6:28AM**
Yama 12:05PM – 1:40PM **Vyatipata*** **Until 4:59PM**
Rahu 4:49PM – 6:24PM **Vanija** **Until 1:23PM**
Tritiya **Until 12:54AM Mon**

Kingston, Jamaica
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise:* 5:46AM
Muruqa: Yellow *Sunset:* 6:24PM
Nataraja: Purple
Moon – Orange **Chaitra*Chaitra**

1

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthiyam Titau
Gulika 1:40PM – 3:14PM **Anuradha** **Until 6:13AM**
Yama 10:30AM – 12:05PM **Variyan** **Until 3:23PM**
Rahu 7:20AM – 8:55AM **Bava** **Until 12:39PM**
Chaturthi* **Until 12:33AM Tue**

Kingston, Jamaica
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise:* 5:45AM
Muruqa: Yellow *Sunset:* 6:24PM
Nataraja: Purple
Moon – Orange **Chaitra*Chaitra**

2

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 12:04PM – 1:39PM **Jyeshtha*** **Until 6:35AM**
Yama 8:54AM – 10:29AM **Parigha*** **Until 2:27PM**
Rahu 3:14PM – 4:50PM **Kaulava** **Until 12:43PM**
Panchami **Until 1:02AM Wed**

Kingston, Jamaica
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise:* 5:44AM
Muruqa: Yellow *Sunset:* 6:25PM
Nataraja: Purple
Moon – Orange **Chaitra*Chaitra**

3

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthiyam Titau
Gulika 10:29AM – 12:04PM **Mula*** **Until 8:04AM**
Yama 7:19AM – 8:54AM **Shiva** **Until 2:09PM**
Rahu 12:04PM – 1:39PM **Gara** **Until 1:36PM**
Shashthi* **Until 2:18AM Thu**

Kingston, Jamaica
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 5:44AM
Muruqa: Yellow *Sunset:* 6:25PM
Nataraja: Purple
Moon – Light Blue **Chaitra*Chaitra**

4

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 8:53AM – 10:29AM **Purvashadha*** **Until 10:08AM**
Yama 5:43AM – 7:18AM **Siddha** **Until 2:23PM**
Rahu 1:39PM – 3:15PM **Visti** **Until 3:12PM**
Saptami **Until 4:13AM Fri**

Kingston, Jamaica
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise:* 5:43AM
Muruqa: Yellow *Sunset:* 6:25PM
Nataraja: Clear
Moon – Light Blue **Chaitra*Chaitra**

5

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 7:18AM – 8:53AM **Uttarashadha** **Until 12:35PM**
Yama 3:15PM – 4:50PM **Sadhya** **Until 3:04PM**
Rahu 10:28AM – 12:04PM **Balava** **Until 5:22PM**
Ashtami* **Until 6:34AM Sat**

Kingston, Jamaica
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami
Devaloka Day
Ganesha: Red *Sunrise:* 5:42AM
Muruqa: Yellow *Sunset:* 6:25PM
Nataraja: Clear
Moon – Light Blue **Chaitra*Chaitra**

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 5:42AM – 7:17AM **Shravana** **Until 3:44PM**
Yama 1:39PM – 3:15PM **Subha** **Until 4:01PM**
Rahu 8:53AM – 10:28AM **Taitila** **Until 7:51PM**
Ashtami* **Until 6:34AM**

Kingston, Jamaica
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami
Bhuloka Day
Ganesha: Green *Sunrise:* 5:42AM
Muruqa: Yellow *Sunset:* 6:26PM
Nataraja: Clear
Moon – Purple **Chaitra*Chaitra**
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau			Kingston, Jamaica Sun 7 Sutra 14
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika 3:15PM – 4:50PM	Dhanishtha Until 6:48PM	Ganesha: Green <i>Sunrise:</i> 5:41AM	Vikarin 5121
		Yama 12:04PM – 1:39PM	Sukla Until 5:01PM	Muruqa: Yellow <i>Sunset:</i> 6:26PM	Moon 4 - Phase 3
		294583469 Rahu 4:50PM – 6:26PM	Vanija Until 10:24PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:06AM	Moon – Purple	Bhuloka Day
Until 6:48PM				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Kingston, Jamaica Sun 8 Sutra 15
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika 1:39PM – 3:15PM	Shatabhishak Until 9:34PM	Ganesha: Green <i>Sunrise:</i> 5:40AM	Vikarin 5121
Family Home Evening		Yama 10:28AM – 12:03PM	Brahma Until 5:57PM	Muruqa: Yellow <i>Sunset:</i> 6:26PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 7:16AM – 8:52AM	Bava Until 12:46AM Tue	Nataraja: Clear	2nd Phase
Until 9:34PM			Dashami Until 11:36AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau			Kingston, Jamaica Sun 9 Sutra 16
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika 12:03PM – 1:39PM	Purvaprossthapada* Until 12:21AM We	Ganesha: Purple <i>Sunrise:</i> 5:40AM	Vikarin 5121
		Yama 8:52AM – 10:27AM	Indra Until 6:39PM	Muruqa: Yellow <i>Sunset:</i> 6:27PM	Moon 4 - Phase 3
		214583469 Rahu 3:15PM – 4:51PM	Kaulava Until 2:47AM Wed	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:49PM	Moon – Clear	Bhuloka Day
Until 12:21AM Wed				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau			Kingston, Jamaica Sun 10 Sutra 17
Meena Rasi: 6.1	Tithi 27 – 28	Gulika 10:27AM – 12:03PM	Uttaraprossthapada Until 2:31AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 7:15AM – 8:51AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow <i>Sunset:</i> 6:27PM	Moon 4 - Phase 3
		214583469 Rahu 12:03PM – 1:39PM	Gara Until 4:19AM Thu	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dvadhshi* Until 3:36PM	Moon – Clear	Bhuloka Day
				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata (Fasting)</i>

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Kingston, Jamaica Sun 11 Sutra 18
Meena Rasi: 18.26	Tithi 28 – 29	Gulika 8:51AM – 10:27AM	Revati Until 4:01AM Fri	Ganesha: Light Blue <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 5:39AM – 7:15AM	Vishkambha* Until 6:56PM	Muruqa: Yellow <i>Sunset:</i> 6:27PM	Moon 4 - Phase 3
		215583469 Rahu 1:39PM – 3:15PM	Visti Until 5:19AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:52PM	Moon – Clear	Bhuloka Day
Until 4:01AM Fri				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Kingston, Jamaica Sun 12 Sutra 19
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika 7:14AM – 8:51AM	Ashvini Until 5:18AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:38AM	Vikarin 5121
		Yama 3:15PM – 4:51PM	Priti Until 6:28PM	Muruqa: Yellow <i>Sunset:</i> 6:28PM	Moon 4 - Phase 3
		225583469 Rahu 10:27AM – 12:03PM	Catuspada Until 5:47AM Sat	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36PM	Moon – White	Bhuloka Day
Until 5:18AM Sat				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Kingston, Jamaica Sun 13 Sutra 20
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika 5:38AM – 7:14AM	Bharani Until 5:55AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:38AM	Vikarin 5121
		Yama 1:39PM – 3:15PM	Ayushman Until 5:34PM	Muruqa: Yellow <i>Sunset:</i> 6:28PM	Moon 4 - Phase 3
		225583469 Rahu 8:50AM – 10:27AM	Kintughna Until 5:43AM Sun	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:47PM	Moon – White	Bhuloka Day
				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Kingston, Jamaica Sun 14 Sutra 21
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika 3:15PM – 4:52PM	Krittika Until 5:58AM Mon	Ganesha: Purple <i>Sunrise:</i> 5:37AM	Vikarin 5121
		Yama 12:03PM – 1:39PM	Saubhagya Until 4:18PM	Muruqa: Yellow <i>Sunset:</i> 6:28PM	Moon 4 - Phase 3
		225583469 Rahu 4:52PM – 6:28PM	Balava Until 5:13AM Mon	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:30PM	Moon – White	Bhuloka Day
Until 5:58AM Mon				Vaisaka+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Kingston, Jamaica Sun 15 Sutra 22 Vikarin 5121
1	Vrishabha Rasi: 9.56 Tithi 2 – 3 Family Home Evening Creative Work Amrita Yoga Until 5:56AM Tue Then Creative Work - Siddha Yoga	Gulika 1:39PM – 3:16PM Yama 10:26AM – 12:03PM Rahu 7:13AM – 8:50AM	Rohini Until 5:56AM Tue Sobhana Until 2:43PM Taitila Until 4:21AM Tue Dvitiya Until 4:49PM	Ganesha: Purple <i>Sunrise:</i> 5:37AM Muruqa: Yellow <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – White Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Kingston, Jamaica Sun 16 Sutra 23 Vikarin 5121
2	Vrishabha Rasi: 23.22 Tithi 3 – 4 235583469 Creative Work Siddha Yoga	Gulika 12:03PM – 1:39PM Yama 8:49AM – 10:26AM Rahu 3:16PM – 4:52PM	Mrigashira Until 5:27AM Wed Athiganda* Until 12:50PM Vanija Until 3:10AM Wed Tritiya Until 3:46PM	Ganesha: Light Blue <i>Sunrise:</i> 5:36AM Muruqa: Yellow <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kingston, Jamaica Sun 17 Sutra 24 Vikarin 5121
3	Mithuna Rasi: 6.58 Tithi 4 – 5 235583469 Creative Work Siddha Yoga Until 4:35AM Thu Then Creative Work - Amrita Yoga	Gulika 10:26AM – 12:03PM Yama 7:13AM – 8:49AM Rahu 12:03PM – 1:39PM	Ardra Until 4:35AM Thu Sukarma Until 10:44AM Bava Until 1:43AM Thu Chaturthi* Until 2:27PM	Ganesha: Light Blue <i>Sunrise:</i> 5:36AM Muruqa: Yellow <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kingston, Jamaica Sun 18 Sutra 25 Vikarin 5121
4	Mithuna Rasi: 20.43 Tithi 5 – 6 245583469 Creative Work Amrita Yoga Until 3:48AM Fri Then Routine Work - Marana Yoga	Gulika 8:49AM – 10:26AM Yama 5:35AM – 7:12AM Rahu 1:39PM – 3:16PM	Punarvasu Until 3:48AM Fri Dhriti Until 8:28AM Kaulava Until 12:04AM Fri Panchami Until 12:54PM	Ganesha: Orange <i>Sunrise:</i> 5:35AM Muruqa: Yellow <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Devaloka Day

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Kingston, Jamaica Sun 19 Sutra 26 Vikarin 5121
5	Kataka Rasi: 5 Tithi 6 – 7 245583469 Routine Work Marana Yoga	Gulika 7:12AM – 8:49AM Yama 3:16PM – 4:53PM Rahu 10:26AM – 12:02PM	Pushya Until 2:40AM Sat Ganda* Until 6:00AM Gara Until 10:13PM Shashthi* Until 11:09AM	Ganesha: Orange <i>Sunrise:</i> 5:35AM Muruqa: Yellow <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Devaloka Day

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kingston, Jamaica Sun 20 Sutra 27 Vikarin 5121
Retreat Star	Kataka Rasi: 18.36 Tithi 7 – 8 245583469 Routine Work Marana Yoga	Gulika 5:35AM – 7:12AM Yama 1:39PM – 3:16PM Rahu 8:48AM – 10:25AM	Ashlesha* Until 1:14AM Sun Vriddhi Until 12:38AM Sun Visti Until 8:11PM Saptami Until 9:12AM	Ganesha: Orange <i>Sunrise:</i> 5:35AM Muruqa: Yellow <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 4 Ashtami Devaloka Day

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kingston, Jamaica Sun 21 Sutra 28 Vikarin 5121
Retreat Star	Simha Rasi: 2.43 Tithi 8 – 9 256583469 Routine Work Marana Yoga Until 11:55PM Then Creative Work - Siddha Yoga	Gulika 3:16PM – 4:54PM Yama 12:02PM – 1:39PM Rahu 4:54PM – 6:31PM	Magha* Until 11:55PM Dhruva Until 9:44PM Balava Until 6:00PM Ashtami* Until 7:05AM	Ganesha: White <i>Sunrise:</i> 5:34AM Muruqa: Yellow <i>Sunset:</i> 6:31PM Nataraja: Clear Moon – Red Vaisaka-Chaitra	Moon 4 - Phase 4 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau			Kingston, Jamaica Sun 22 Sutra 29
1	Simha Rasi: 16.56 Tithi 10	Gulika 1:39PM – 3:17PM	Purvaphalguni Until 10:22PM	Ganesha: White <i>Sunrise:</i> 5:34AM	Vikarin 5121
Family Home Evening	256583469	Yama 10:25AM – 12:02PM	Vyaghata* Until 6:46PM	Muruqa: Yellow <i>Sunset:</i> 6:31PM	Moon 4 - Phase 5
Creative Work Siddha Yoga		Rahu 7:11AM – 8:48AM	Taitila Until 3:41PM	Nataraja: Clear	4th Phase
			Dashami Until 2:29AM Tue	Moon – Red	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau			Kingston, Jamaica Sun 23 Sutra 30
2	Kanya Rasi: 1.12 Tithi 11	Gulika 12:02PM – 1:40PM	Uttaraphalguni Until 8:37PM	Ganesha: White <i>Sunrise:</i> 5:33AM	Vikarin 5121
	256583469	Yama 8:48AM – 10:25AM	Harshana Until 3:45PM	Muruqa: Yellow <i>Sunset:</i> 6:31PM	Moon 4 - Phase 5
Creative Work Amrita Yoga		Rahu 3:17PM – 4:54PM	Vanija Until 1:19PM	Nataraja: Clear	4th Phase
Until 8:37PM			Ekadashi Until 12:06AM Wed	Moon – Red	Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau			Kingston, Jamaica Sun 24 Sutra 31
3	Kanya Rasi: 15.29 Tithi 12	Gulika 10:25AM – 12:02PM	Hasta Until 7:11PM	Ganesha: Yellow <i>Sunrise:</i> 5:33AM	Vikarin 5121
	266583469	Yama 7:10AM – 8:48AM	Vajra* Until 12:44PM	Muruqa: Yellow <i>Sunset:</i> 6:32PM	Moon 4 - Phase 5
Routine Work Marana Yoga		Rahu 12:02PM – 1:40PM	Bava Until 10:56AM	Nataraja: Clear	4th Phase
Until 7:11PM			Dvadashti Until 9:45PM	Moon – Green	Devaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi	

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kingston, Jamaica Sun 25 Sutra 32
4	Kanya Rasi: 29.44 Tithi 13	Gulika 8:48AM – 10:25AM	Chitra Until 5:45PM	Ganesha: Yellow <i>Sunrise:</i> 5:33AM	Vikarin 5121
	266583469	Yama 5:33AM – 7:10AM	Siddhi Until 9:49AM	Muruqa: Yellow <i>Sunset:</i> 6:32PM	Moon 4 - Phase 5
Creative Work Siddha Yoga		Rahu 1:40PM – 3:17PM	Kaulava Until 8:39AM	Nataraja: Clear	4th Phase
Until 5:45PM			Trayodashi Until 7:34PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi	
			<i>Pradosha Vrata</i>		

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau			Kingston, Jamaica Sun 26 Sutra 33
5	Tula Rasi: 13.5 Tithi 14 – 15	Gulika 7:10AM – 8:47AM	Svati Until 4:26PM	Ganesha: Yellow <i>Sunrise:</i> 5:32AM	Vikarin 5121
	266583469	Yama 3:17PM – 4:55PM	Vyatipata* Until 7:05AM	Muruqa: Yellow <i>Sunset:</i> 6:32PM	Moon 4 - Phase 5
Creative Work Siddha Yoga		Rahu 10:25AM – 12:02PM	Gara Until 6:35AM	Nataraja: Clear	4th Phase
			Chaturdashi* Until 5:39PM	Moon – Green	Devaloka Day
				Vaisaka-Vaikasi	

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kingston, Jamaica Sun 27 Sutra 34
○	Copper Retreat Star	Gulika 5:32AM – 7:10AM	Vishakha Until 3:48PM	Ganesha: Blue <i>Sunrise:</i> 5:32AM	Vikarin 5121
Tula Rasi: 27.43 Tithi 15 – 16	276583469	Yama 1:40PM – 3:18PM	Parigha* Until 2:32AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:33PM	Moon 4 - Phase 5
Creative Work Siddha Yoga		Rahu 8:47AM – 10:25AM	Balava Until 3:36AM Sun	Nataraja: Clear	Purnima
			Purnima* Until 4:09PM	Moon – Orange	Bhuloka Day
				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Kingston, Jamaica Sun 28 Sutra 35
	Silver Retreat Star	Gulika 3:18PM – 4:55PM	Anuradha Until 3:33PM	Ganesha: Yellow <i>Sunrise:</i> 5:32AM	Vikarin 5121
Vrischika Rasi: 11.2 Tithi 16 – 17	277583469	Yama 12:02PM – 1:40PM	Shiva Until 12:56AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:33PM	Moon 4 - Phase 5
Routine Work Marana Yoga		Rahu 4:55PM – 6:33PM	Taitila Until 2:56AM Mon	Nataraja: Clear	Prathama
			Prathama* Until 3:10PM	Moon – Orange	Devaloka Day
				Vaisaka-Vaikasi	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:40PM – 3:18PM
Yama 10:25AM – 12:03PM
Rahu 7:09AM – 8:47AM

Jyeshtha* Until 3:47PM
Siddha Until 11:50PM
Vanija Until 2:55AM Tue
Dvitiya Until 2:49PM

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: Yellow *Sunset:* 6:33PM
Nataraja: Clear
Moon – Orange

Vaisaka-Vaikasi

Kingston, Jamaica
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19
Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:03PM – 1:40PM
Yama 8:47AM – 10:25AM
Rahu 3:18PM – 4:56PM

Mula* Until 4:59PM
Sadhya Until 11:18PM
Bava Until 3:37AM Wed
Tritiya Until 3:10PM

Ganesha: Red *Sunrise:* 5:31AM
Muruqa: Yellow *Sunset:* 6:34PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Kingston, Jamaica
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:25AM – 12:03PM
Yama 7:09AM – 8:47AM
Rahu 12:03PM – 1:41PM

Purvashadha* Until 6:43PM
Subha Until 11:19PM
Kaulava Until 4:59AM Thu
Chaturthi* Until 4:12PM

Ganesha: Red *Sunrise:* 5:31AM
Muruqa: Yellow *Sunset:* 6:34PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Kingston, Jamaica
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:47AM – 10:25AM
Yama 5:31AM – 7:09AM
Rahu 1:41PM – 3:19PM

Uttarashadha Until 8:52PM
Sukla Until 11:45PM
Gara Until 6:54AM Fri
Panchami Until 5:51PM

Ganesha: Red *Sunrise:* 5:31AM
Muruqa: Yellow *Sunset:* 6:35PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Kingston, Jamaica
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:09AM – 8:47AM
Yama 3:19PM – 4:57PM
Rahu 10:25AM – 12:03PM

Shravana Until 11:47PM
Brahma Until 12:31AM Sat
Gara Until 6:54AM
Shashthi* Until 7:59PM

Ganesha: Green *Sunrise:* 5:31AM
Muruqa: Yellow *Sunset:* 6:35PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Kingston, Jamaica
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 5:30AM – 7:09AM
Yama 1:41PM – 3:19PM
Rahu 8:47AM – 10:25AM

Dhanishtha Until 2:44AM Sun
Indra Until 1:29AM Sun
Visti Until 9:11AM
Saptami Until 10:22PM

Ganesha: Red *Sunrise:* 5:30AM
Muruqa: Yellow *Sunset:* 6:35PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Kingston, Jamaica
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23
Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:19PM – 4:58PM
Yama 12:03PM – 1:41PM
Rahu 4:58PM – 6:36PM

Shatabhishak Until 5:32AM Mon
Vaidhriti* Until 2:25AM Mon
Balava Until 11:37AM
Ashtami* Until 12:47AM Mon

Ganesha: Blue *Sunrise:* 5:30AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Kingston, Jamaica
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 20.08 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:41PM – 3:20PM
Yama 10:25AM – 12:03PM
Rahu 7:08AM – 8:47AM

Purvaproshtapada* Until 8:26AM Tue
Vishkambha* Until 3:12AM Tue
Taitila Until 1:57PM
Navami* Until 3:00AM Tue

Ganesha: Purple *Sunrise:* 5:30AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Clear
Moon – Clear

Vaisaka-Vaikasi

Kingston, Jamaica
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Kingston, Jamaica Sun 9	Sutra 44
Meena Rasi: 2.06	Tithi 25	Gulika	12:03PM – 1:42PM	Purvaproshtapada* Until 8:26AM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama	8:47AM – 10:25AM	Priti Until 3:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 7	
		318683469 Rahu	3:20PM – 4:58PM	Vanija Until 4:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Dashami Until 4:50AM Wed	Moon – Clear		Sivaloka Day	
Until 8:26AM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Kingston, Jamaica Sun 10	Sutra 45
Meena Rasi: 14.14	Tithi 26	Gulika	10:25AM – 12:03PM	Uttaraproshtapada Until 10:45AM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama	7:08AM – 8:47AM	Ayushman Until 3:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 7	
		318683469 Rahu	12:03PM – 1:42PM	Bava Until 5:34PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM Thu	Moon – Clear		Sivaloka Day	
Until 10:45AM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kingston, Jamaica Sun 11	Sutra 46
Meena Rasi: 26.35	Tithi 26 – 27	Gulika	8:47AM – 10:25AM	Revati Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama	5:30AM – 7:08AM	Saubhagya Until 3:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 7	
		318683469 Rahu	1:42PM – 3:20PM	Kaulava Until 6:33PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM	Moon – Clear		Sivaloka Day	
Until 12:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 12	Sutra 47
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika	7:08AM – 8:47AM	Ashvini Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama	3:21PM – 4:59PM	Sobhana Until 2:30AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 7	
		328683469 Rahu	10:25AM – 12:04PM	Gara Until 6:54PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 6:47AM	Moon – White		Devaloka Day	
Until 1:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 13	Sutra 48
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika	5:30AM – 7:08AM	Bharani Until 2:14PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama	1:42PM – 3:21PM	Athiganda* Until 1:05AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 7	
		329683469 Rahu	8:47AM – 10:25AM	Visti Until 6:37PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 6:49AM	Moon – White		Bhuloka Day	
Until 2:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Kingston, Jamaica Sun 14	Sutra 49
Retreat Star		Gulika	3:21PM – 5:00PM	Krittika Until 2:02PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	12:04PM – 1:43PM	Sukarma Until 11:14PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 7	
		329683469 Rahu	5:00PM – 6:38PM	Naga Until 5:05AM Mon	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Kingston, Jamaica Sun 15	Sutra 50
Vrishabha Rasi: 18.58	Tithi 1	Gulika	1:43PM – 3:21PM	Rohini Until 1:37PM	Ganesha: Green	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
Family Home Evening		Yama	10:25AM – 12:04PM	Dhriti Until 9:01PM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 7	
		339683469 Rahu	7:08AM – 8:47AM	Kintughna Until 4:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Prathama* Until 3:30AM Tue	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 16 Sutra 51	
Mithuna Rasi: 2.47	Tithi 2	Gulika 12:04PM – 1:43PM	Mrigashira Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
		Yama 8:47AM – 10:26AM	Shula* Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 8	
		339683461 Rahu 3:22PM – 5:00PM	Balava Until 2:35PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:34AM Wed	Moon – Yellow		Bhuloka Day	
Until 12:39PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 17 Sutra 52	
Mithuna Rasi: 16.49	Tithi 3	Gulika 10:26AM – 12:04PM	Ardra Until 11:14AM	Ganesha: Green	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
		Yama 7:08AM – 8:47AM	Ganda* Until 3:42PM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 8	
		339683461 Rahu 12:04PM – 1:43PM	Taitila Until 12:31PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 11:23PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau		Kingston, Jamaica Sun 18 Sutra 53	
Kataka Rasi: 1	Tithi 4	Gulika 8:47AM – 10:26AM	Punarvasu Until 9:55AM	Ganesha: White	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
		Yama 5:29AM – 7:08AM	Vridhhi Until 12:48PM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 8	
		349683461 Rahu 1:43PM – 3:22PM	Vanija Until 10:15AM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 9:04PM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 19 Sutra 54	
Kataka Rasi: 15.15	Tithi 5	Gulika 7:08AM – 8:47AM	Pushya Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama 3:22PM – 5:01PM	Dhruva Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 8	
		349683461 Rahu 10:26AM – 12:05PM	Bava Until 7:54AM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 6:42PM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 20 Sutra 55	
Kataka Rasi: 29.32	Tithi 6 – 7	Gulika 5:30AM – 7:08AM	Ashlesha* Until 6:38AM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama 1:44PM – 3:23PM	Vyaghata* Until 6:50AM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 8	
		349683461 Rahu 8:47AM – 10:26AM	Gara Until 3:12AM Sun	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 4:20PM	Moon – Blue		Bhuloka Day	
Until 6:38AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 56	
Simha Rasi: 13.46	Tithi 7 – 8	Gulika 3:23PM – 5:02PM	Purvaphalguni Until 3:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama 12:05PM – 1:44PM	Vajra* Until 1:00AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8	
		351683461 Rahu 5:02PM – 6:41PM	Visti Until 12:58AM Mon	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:03PM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 57	
Simha Rasi: 27.57	Tithi 8 – 9	Gulika 1:44PM – 3:23PM	Uttaraphalguni Until 2:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
Family Home Evening		Yama 10:26AM – 12:05PM	Siddhi Until 10:14PM	Muruqa: Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8	
		351683461 Rahu 7:09AM – 8:48AM	Balava Until 10:51PM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 11:52AM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			


1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica
	Kanya Rasi: 12.02	Tithi 9 – 10	Gulika 12:06PM – 1:44PM	Hasta Until 1:21AM Wed	Ganesha: White	<i>Sunrise:</i> 5:30AM	Sun 23 Sutra 58
			Yama 8:48AM – 10:27AM	Vyatipata* Until 7:36PM	Muruqa: Yellow	<i>Sunset:</i> 6:41PM	Vikarin 5121
	361683461	Rahu 3:23PM – 5:02PM	Taitila Until 8:53PM	Navami* Until 9:49AM	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga			Moon – Green		4th Phase	
				Jyeshtha-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Kanya Rasi: 26.01	Tithi 10 – 11	Gulika 10:27AM – 12:06PM	Chitra Until 12:25AM Thu	Ganesha: White	<i>Sunrise:</i> 5:30AM	Sun 24 Sutra 59
			Yama 7:09AM – 8:48AM	Variyan Until 5:07PM	Muruqa: Yellow	<i>Sunset:</i> 6:42PM	Vikarin 5121
	361683461	Rahu 12:06PM – 1:45PM	Vanija Until 7:08PM	Dashami Until 7:58AM	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga			Moon – Green		4th Phase	
Until 12:25AM Thu				Jyeshtha-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica
	Tula Rasi: 9.52	Tithi 11 – 12	Gulika 8:48AM – 10:27AM	Svati Until 11:37PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Sun 25 Sutra 60
			Yama 5:30AM – 7:09AM	Parigha* Until 2:51PM	Muruqa: Yellow	<i>Sunset:</i> 6:42PM	Vikarin 5121
	361683461	Rahu 1:45PM – 3:24PM	Balava Until 5:00AM Fri	Ekadashi Until 6:20AM	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Amrita Yoga			Moon – Green		4th Phase	
Until 11:37PM				Jyeshtha-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica
	Tula Rasi: 23.31	Tithi 13	Gulika 7:09AM – 8:48AM	Vishakha Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Sun 26 Sutra 61
			Yama 3:24PM – 5:03PM	Shiva Until 12:52PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Vikarin 5121
	371693461	Rahu 10:27AM – 12:06PM	Kaulava Until 4:29PM	Trayodashi Until 4:01AM Sat	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga			Moon – Orange		4th Phase	
		Vaikasi Visakam		Jyeshtha-Vaikasi	Sivaloka Day		
						<i>Pradosha Vrata</i>	

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica
	Vrischika Rasi: 6.58	Tithi 14	Gulika 5:30AM – 7:09AM	Anuradha Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Sun 27 Sutra 62
			Yama 1:45PM – 3:24PM	Siddha Until 11:09AM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Vikarin 5121
	371793461	Rahu 8:48AM – 10:27AM	Gara Until 3:43PM	Chaturdashi* Until 3:29AM Sun	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga			Moon – Orange		4th Phase	
				Jyeshtha-Ani	Subha Sivaloka Day		

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica
	Copper Retreat Star		Gulika 3:25PM – 5:04PM	Jyeshtha* Until 11:59PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Sutra 63
	Vrischika Rasi: 20.11	Tithi 15	Yama 12:07PM – 1:46PM	Sadhya Until 9:49AM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Vikarin 5121
	371793461	Rahu 5:04PM – 6:43PM	Visti Until 3:25PM	Purnima* Until 3:27AM Mon	Nataraja: Yellow		Moon 5 - Phase 9
Routine Work	Marana Yoga			Moon – Orange		Purnima	
Until 11:59PM		Father's Day		Jyeshtha-Ani	Subha Sivaloka Day		
Then Creative Work - Amrita Yoga							

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica
	Family Home Evening		Gulika 1:46PM – 3:25PM	Mula* Until 1:16AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sutra 64
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:28AM – 12:07PM	Subha Until 8:55AM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Vikarin 5121
	381793461	Rahu 7:10AM – 8:49AM	Balava Until 3:39PM	Prathama* Until 3:58AM Tue	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga			Moon – Light Blue		Prathama	
				Jyeshtha-Ani	Sivaloka Day		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica
Sutra 66
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Dhanus Rasi: 15.48 Tithi 17
381793461
Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:07PM – 1:46PM
Yama 8:49AM – 10:28AM
Rahu 3:25PM – 5:04PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise: 5:31AM*
Muruqa: Blue *Sunset: 6:43PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti* Karana Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 66
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Dhanus Rasi: 28.13 Tithi 18
382793461
Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Gulika 10:28AM – 12:07PM
Yama 7:10AM – 8:49AM
Rahu 12:07PM – 1:46PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise: 5:31AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica
Sun 2 Sutra 67
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Makara Rasi: 10.25 Tithi 18 – 19
392793461
Creative Work Siddha Yoga

Gulika 8:49AM – 10:28AM
Yama 5:31AM – 7:10AM
Rahu 1:47PM – 3:26PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise: 5:31AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 68
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Makara Rasi: 22.26 Tithi 19 – 20
392793461
Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Gulika 7:10AM – 8:49AM
Yama 3:26PM – 5:05PM
Rahu 10:29AM – 12:08PM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise: 5:31AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 69
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 4.22 Tithi 20 – 21
392793461
Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Gulika 5:32AM – 7:11AM
Yama 1:47PM – 3:26PM
Rahu 8:50AM – 10:29AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise: 5:32AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 70
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 16.13 Tithi 21 – 22
392793461
Creative Work Siddha Yoga

Gulika 3:26PM – 5:05PM
Yama 12:08PM – 1:47PM
Rahu 5:05PM – 6:44PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visti Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise: 5:32AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 71
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 28.07 Tithi 22 – 23
312793461
Family Home Evening
Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Gulika 1:47PM – 3:26PM
Yama 10:29AM – 12:08PM
Rahu 7:11AM – 8:50AM

Purvaprosarthapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise: 5:32AM*
Muruqa: Blue *Sunset: 6:45PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 72
Vikarin 5121
Moon 6 - Phase 10
Ashtami

Meena Rasi: 10.05 Tithi 23 – 24
312793461
Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Gulika 12:08PM – 1:48PM
Yama 8:50AM – 10:29AM
Rahu 3:27PM – 5:06PM

Uttaraprosarthapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise: 5:32AM*
Muruqa: Blue *Sunset: 6:45PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Kingston, Jamaica
Sun 8 Sutra 73
Vikarin 5121
Moon 6 - Phase 10
Navami

Meena Rasi: 22.13 Tithi 24
312793461
Routine Work Marana Yoga

Gulika 10:30AM – 12:09PM
Yama 7:12AM – 8:51AM
Rahu 12:09PM – 1:48PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise: 5:33AM*
Muruqa: Blue *Sunset: 6:45PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day


1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Kingston, Jamaica Sun 9 Sutra 74
Mesha Rasi: 4.35	Tithi 25	Gulika 8:51AM – 10:30AM	Ashvini Until 10:38PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM		Vikarin 5121	
		Yama 5:33AM – 7:12AM	Athiganda* Until 1:06PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 6 - Phase 11	
		322793461 Rahu 1:48PM – 3:27PM	Vanija Until 7:43AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 8:04PM	Moon – White		Devaloka Day		
Until 10:38PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 10 Sutra 75
Mesha Rasi: 17.14	Tithi 26	Gulika 7:12AM – 8:51AM	Bharani Until 11:26PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM		Vikarin 5121	
		Yama 3:27PM – 5:06PM	Sukarma Until 12:27PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 6 - Phase 11	
		322793461 Rahu 10:30AM – 12:09PM	Bava Until 8:16AM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:15PM	Moon – White		Devaloka Day		
				Jyeshtha-Ani				

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kingston, Jamaica Sun 11 Sutra 76
Vrishabha Rasi: 0.15	Tithi 27	Gulika 5:33AM – 7:12AM	Krittika Until 11:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM		Vikarin 5121	
		Yama 1:48PM – 3:27PM	Dhriti Until 11:14AM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 6 - Phase 11	
		322793461 Rahu 8:51AM – 10:30AM	Kaulava Until 8:06AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 7:43PM	Moon – White		Devaloka Day		
				Jyeshtha-Ani				

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 12 Sutra 77
Vrishabha Rasi: 13.38	Tithi 28	Gulika 3:27PM – 5:06PM	Rohini Until 10:56PM	Ganesha: Blue	<i>Sunrise:</i> 5:34AM		Vikarin 5121	
		Yama 12:10PM – 1:48PM	Shula* Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 6 - Phase 11	
		322793461 Rahu 5:06PM – 6:45PM	Gara Until 7:12AM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:29PM	Moon – Yellow		Devaloka Day		
				Jyeshtha-Ani				
			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 78
Vrishabha Rasi: 27.25	Tithi 29 – 30	Gulika 1:49PM – 3:28PM	Mrigashira Until 9:46PM	Ganesha: Blue	<i>Sunrise:</i> 5:34AM		Vikarin 5121	
Family Home Evening		Yama 10:31AM – 12:10PM	Ganda* Until 7:06AM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 6 - Phase 11	
		332793461 Rahu 7:13AM – 8:52AM	Catuspada Until 3:33AM Tue	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:39PM	Moon – Yellow		Devaloka Day		
Until 9:46PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 79
Retreat Star		Gulika 12:10PM – 1:49PM	Ardra Until 7:59PM	Ganesha: Red	<i>Sunrise:</i> 5:34AM		Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:52AM – 10:31AM	Dhruva Until 1:12AM Wed	Muruqa: Blue	<i>Sunset:</i> 6:46PM		Moon 6 - Phase 11	
		333793461 Rahu 3:28PM – 5:07PM	Kintughna Until 1:00AM Wed	Nataraja: Yellow			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 2:18PM	Moon – Yellow		Sivaloka Day		
Until 7:59PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 80
Mithuna Rasi: 25.57	Tithi 1 – 2	Gulika 10:31AM – 12:10PM	Punarvasu Until 6:08PM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM		Vikarin 5121	
		Yama 7:13AM – 8:52AM	Vyaghata* Until 9:49PM	Muruqa: Blue	<i>Sunset:</i> 6:46PM		Moon 6 - Phase 11	
		343793461 Rahu 12:10PM – 1:49PM	Balava Until 10:10PM	Nataraja: Yellow			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:36AM	Moon – Blue		Sivaloka Day		
				Ashada-Ani				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau	Kingston, Jamaica Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 – 3	343793461	Gulika 8:53AM – 10:31AM Yama 5:35AM – 7:14AM Rahu 1:49PM – 3:28PM	Pushya Until 3:58PM Harshana Until 6:19PM Taitila Until 7:10PM Dvitiya Until 8:39AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 5:35AM Sunset: 6:46PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 3:58PM Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau	Kingston, Jamaica Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	343793461	Gulika 7:14AM – 8:53AM Yama 3:28PM – 5:07PM Rahu 10:32AM – 12:10PM	Ashlesha* Until 1:37PM Vajra* Until 2:45PM Vanija Until 4:08PM Chaturthi* Until 2:37AM Sat	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 5:35AM Sunset: 6:46PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Routine Work Marana Yoga							

3		Saturday, July 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau	Kingston, Jamaica Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	353793461	Gulika 5:35AM – 7:14AM Yama 1:49PM – 3:28PM Rahu 8:53AM – 10:32AM	Magha* Until 11:37AM Siddhi Until 11:17AM Bava Until 1:11PM Panchami Until 11:46PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 5:35AM Sunset: 6:46PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 11:37AM Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau	Kingston, Jamaica Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	453793461	Gulika 3:28PM – 5:07PM Yama 12:11PM – 1:49PM Rahu 5:07PM – 6:46PM	Purvaphalguni Until 9:40AM Vyatipata* Until 7:59AM Kaulava Until 10:27AM Shashthi* Until 9:10PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 5:36AM Sunset: 6:46PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 9:40AM Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau	Kingston, Jamaica Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	453793461	Gulika 1:50PM – 3:28PM Yama 10:32AM – 12:11PM Rahu 7:15AM – 8:54AM	Uttaraphalguni Until 7:52AM Parigha* Until 2:06AM Tue Gara Until 8:00AM Saptami Until 6:53PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 5:36AM Sunset: 6:46PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga							

Retreat Star		Tuesday, July 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kingston, Jamaica Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 – 9	463793461	Gulika 12:11PM – 1:50PM Yama 8:54AM – 10:32AM Rahu 3:28PM – 5:07PM	Hasta Until 6:43AM Shiva Until 11:39PM Balava Until 4:14AM Wed Ashtami* Until 5:00PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Green	Sunrise: 5:36AM Sunset: 6:46PM	Vikarin 5121 Moon 6 - Phase 12 Ashtami Subha Sivaloka Day
Creative Work Siddha Yoga							

Retreat Star		Wednesday, July 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kingston, Jamaica Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 – 10	463893461	Gulika 10:33AM – 12:11PM Yama 7:15AM – 8:54AM Rahu 12:11PM – 1:50PM	Svati Until 5:15AM Thu Siddha Until 9:32PM Taitila Until 3:00AM Thu Navami* Until 3:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Green	Sunrise: 5:37AM Sunset: 6:46PM	Vikarin 5121 Moon 6 - Phase 12 Navami Sivaloka Day
Creative Work Siddha Yoga							

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	Gulika 8:54AM – 10:33AM	Vishakha Until 5:25AM Fri	Ganesha: White	<i>Sunrise:</i> 5:37AM	Vikarin 5121
			Yama 5:37AM – 7:16AM	Sadhya Until 7:48PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 1:50PM – 3:28PM	Vanija Until 2:13AM Fri	Nataraja: Yellow		4th Phase
			Dashami Until 2:32PM	Ashada•Ani	Devaloka Day		

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 7:16AM – 8:54AM	Anuradha Until 5:54AM Sat	Ganesha: White	<i>Sunrise:</i> 5:38AM	Vikarin 5121
			Yama 3:28PM – 5:07PM	Subha Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:33AM – 12:11PM	Bava Until 1:56AM Sat	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:00PM	Ashada•Ani	Devaloka Day		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 5:38AM – 7:16AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White	<i>Sunrise:</i> 5:38AM	Vikarin 5121
			Yama 1:50PM – 3:28PM	Sukla Until 5:29PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:55AM – 10:33AM	Kaulava Until 2:07AM Sun	Nataraja: Yellow		4th Phase
Until 6:43AM Sun Then Creative Work - Amrita Yoga			Dvadashi Until 1:56PM	Ashada•Ani	Devaloka Day		
<i>Pradosha Vrata</i>							

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 3:28PM – 5:07PM	Jyeshtha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 5:38AM	Vikarin 5121
			Yama 12:12PM – 1:50PM	Brahma Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 Rahu 5:07PM – 6:45PM	Gara Until 2:47AM Mon	Nataraja: Yellow		4th Phase
Until 6:43AM Then Creative Work - Amrita Yoga			Trayodashi Until 2:22PM	Ashada•Ani	Devaloka Day		

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 1:50PM – 3:28PM	Mula* Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Vikarin 5121
	Family Home Evening		Yama 10:33AM – 12:12PM	Indra Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 7:17AM – 8:55AM	Visti Until 3:54AM Tue	Nataraja: Yellow		4th Phase
Until 8:18AM Then Routine Work - Marana Yoga			Chaturdashi* Until 3:16PM	Ashada•Ani	Sivaloka Day		

○	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:12PM – 1:50PM	Purvashadha* Until 10:10AM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Vikarin 5121
	Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:55AM – 10:34AM	Vaidhriti* Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 3:28PM – 5:07PM	Balava Until 5:28AM Wed	Nataraja: Yellow		Purnima
Until 10:10AM Then Routine Work - Prabalarishta Yoga			Purnima* Until 4:37PM	Ashada•Adi	Sivaloka Day		
			Partial Lunar Eclipse Satguru Purnima				

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Kingston, Jamaica Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:34AM – 12:12PM	Uttarashadha Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	Vikarin 5121
	Makara Rasi: 6.44	Tithi 16	Yama 7:17AM – 8:56AM	Vishkambha* Until 5:14PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 Rahu 12:12PM – 1:50PM	Kaulava Until 6:23PM	Nataraja: White		Prathama
Until 12:18PM Then Creative Work - Siddha Yoga			Prathama* Until 6:23PM	Ashada•Adi	Subha Subha Sivaloka Day		



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:56AM – 10:34AM **Shravana Until 3:05PM**
Yama 5:40AM – 7:18AM Priti Until 5:57PM
Rahu 1:50PM – 3:28PM Taitila Until 7:24AM
Dvitiya Until 8:28PM

Kingston, Jamaica
Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:40AM
Muruga: Blue Sunset: 6:45PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 7:18AM – 8:56AM **Dhanishtha Until 5:57PM**
Yama 3:28PM – 5:06PM Ayushman Until 6:49PM
Rahu 10:34AM – 12:12PM Vanija Until 9:37AM
Tritiya Until 10:47PM

Kingston, Jamaica
Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:40AM
Muruga: Blue Sunset: 6:44PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462 Rahu
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 5:40AM – 7:18AM **Shatabhishak Until 8:45PM**
Yama 1:50PM – 3:28PM Saubhagya Until 7:48PM
Rahu 8:56AM – 10:34AM Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Kingston, Jamaica
Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:40AM
Muruga: Blue Sunset: 6:44PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462 Rahu
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:28PM – 5:06PM **Purvaproshtapada* Until 11:53PM**
Yama 12:12PM – 1:50PM Sobhana Until 8:46PM
Rahu 5:06PM – 6:44PM Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Kingston, Jamaica
Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:41AM
Muruga: Blue Sunset: 6:44PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462 Rahu
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 1:50PM – 3:28PM **Uttaraproshtapada Until 2:40AM Tue**
Yama 10:34AM – 12:12PM Athiganda* Until 9:35PM
Rahu 7:19AM – 8:57AM Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Kingston, Jamaica
Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:41AM
Muruga: Blue Sunset: 6:44PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462 Rahu
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau
Gulika 12:12PM – 1:50PM **Revati Until 4:57AM Wed**
Yama 8:57AM – 10:35AM Sukarma Until 10:11PM
Rahu 3:28PM – 5:06PM Visti Until 6:42PM
Saptami Until 7:32AM Wed

Kingston, Jamaica
Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:41AM
Muruga: Blue Sunset: 6:43PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462 Rahu
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:35AM – 12:12PM **Ashvini Until 7:04AM Thu**
Yama 7:19AM – 8:57AM Dhriti Until 10:26PM
Rahu 12:12PM – 1:50PM Balava Until 8:16PM
Saptami Until 7:32AM

Kingston, Jamaica
Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: White Sunrise: 5:42AM
Muruga: Blue Sunset: 6:43PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462 Rahu
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:57AM – 10:35AM **Ashvini Until 7:04AM**
Yama 5:42AM – 7:20AM Shula* Until 10:10PM
Rahu 1:50PM – 3:28PM Taitila Until 9:13PM
Ashtami* Until 8:48AM

Kingston, Jamaica
Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 5:42AM
Muruga: Blue Sunset: 6:43PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kingston, Jamaica
	Mesha Rasi: 25.23	Tithi 24 – 25	Gulika 7:20AM – 8:57AM	Bharani Until 8:23AM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Sun 9 Sutra 103
			Yama 3:27PM – 5:05PM	Ganda* Until 9:22PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Vikarin 5121
	Creative Work	Siddha Yoga	424893462 Rahu 10:35AM – 12:12PM	Vanija Until 9:27PM	Nataraja: White		Moon 7 - Phase 15
			Navami* Until 9:25AM	Moon – White		2nd Phase	
				Ashada-Adi		Subha Subha Sivaloka Day	

2	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Wrishabha Rasi: 8.21	Tithi 25 – 26	Gulika 5:43AM – 7:20AM	Krittika Until 8:49AM	Ganesha: White	<i>Sunrise:</i> 5:43AM	Sun 10 Sutra 104
			Yama 1:50PM – 3:27PM	Vriddhi Until 7:57PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Vikarin 5121
	Creative Work	Amrita Yoga	424893462 Rahu 8:57AM – 10:35AM	Bava Until 8:55PM	Nataraja: White		Moon 7 - Phase 15
			Dashami Until 9:16AM	Moon – White		2nd Phase	
				Ashada-Adi		Subha Subha Sivaloka Day	

3	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica
	Wrishabha Rasi: 21.44	Tithi 26 – 27	Gulika 3:27PM – 5:04PM	Rohini Until 8:47AM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sun 11 Sutra 105
			Yama 12:12PM – 1:50PM	Dhruva Until 5:53PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Vikarin 5121
	Creative Work	Siddha Yoga	424893462 Rahu 5:04PM – 6:42PM	Kaulava Until 7:36PM	Nataraja: White		Moon 7 - Phase 15
			Ekadashi* Until 8:20AM	Moon – Yellow		2nd Phase	
				Ashada-Adi		Subha Sivaloka Day	

4	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica
	Mithuna Rasi: 5.34	Tithi 27 – 28	Gulika 1:50PM – 3:27PM	Mrigashira Until 7:51AM	Ganesha: White	<i>Sunrise:</i> 5:43AM	Sun 12 Sutra 106
	Family Home Evening		Yama 10:35AM – 12:12PM	Vyaghata* Until 3:14PM	Muruqa: Blue	<i>Sunset:</i> 6:41PM	Vikarin 5121
	Creative Work	Amrita Yoga	435893462 Rahu 7:21AM – 8:58AM	Vanija Until 4:19AM Tue	Nataraja: White		Moon 7 - Phase 15
			Dvadashi* Until 6:39AM	Moon – Yellow		2nd Phase	
				Ashada-Adi		Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica
	Mithuna Rasi: 19.5	Tithi 29	Gulika 12:12PM – 1:49PM	Ardra Until 6:07AM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Sun 13 Sutra 107
			Yama 8:58AM – 10:35AM	Harshana Until 12:07PM	Muruqa: Blue	<i>Sunset:</i> 6:41PM	Vikarin 5121
	Routine Work	Marana Yoga	435893462 Rahu 3:27PM – 5:04PM	Visti Until 2:57PM	Nataraja: White		Moon 7 - Phase 15
			Chaturdashi* Until 1:27AM Wed	Moon – Yellow		2nd Phase	
				Ashada-Adi		Sivaloka Day	

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica
	Retreat Star		Gulika 10:35AM – 12:12PM	Pushya Until 1:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:44AM	Sun 14 Sutra 108
	Kataka Rasi: 4.28	Tithi 30	Yama 7:21AM – 8:58AM	Vajra* Until 8:33AM	Muruqa: Blue	<i>Sunset:</i> 6:40PM	Vikarin 5121
	Creative Work	Siddha Yoga	445893462 Rahu 12:12PM – 1:49PM	Catuspada Until 11:52AM	Nataraja: White		Moon 7 - Phase 15
			Amavasya* Until 10:11PM	Moon – Blue		Amavasya	
				Ashada-Adi		Sivaloka Day	

Retreat Star	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica
	Kataka Rasi: 19.22	Tithi 1	Gulika 8:58AM – 10:35AM	Ashlesha* Until 10:50PM	Ganesha: Green	<i>Sunrise:</i> 5:44AM	Sun 15 Sutra 109
			Yama 5:44AM – 7:21AM	Vyatipata* Until 12:45AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:40PM	Vikarin 5121
	Creative Work	Siddha Yoga	445893462 Rahu 1:49PM – 3:26PM	Kintughna Until 8:28AM	Nataraja: White		Moon 7 - Phase 15
			Prathama* Until 6:41PM	Moon – Blue		Prathama	
				Sravana-Adi		Sivaloka Day	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 110	
Simha Rasi: 4.24	Tithi 2 - 3	Gulika 7:21AM - 8:58AM	Magha* Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 5:45AM		Vikarin 5121
		Yama 3:26PM - 5:03PM	Variyan Until 8:43PM	Muruqa: Blue	<i>Sunset:</i> 6:40PM		Moon 7 - Phase 16
		455893462 Rahu 10:35AM - 12:12PM	Taitila Until 1:22AM Sat	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:07PM	Moon - Red		Sivaloka Day	
Until 8:13PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Kingston, Jamaica Sun 17 Sutra 111	
Simha Rasi: 19.26	Tithi 3 - 4	Gulika 5:45AM - 7:22AM	Purvaphalguni Until 5:36PM	Ganesha: White	<i>Sunrise:</i> 5:45AM		Vikarin 5121
		Yama 1:49PM - 3:26PM	Parigha* Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 6:39PM		Moon 7 - Phase 16
		455893462 Rahu 8:58AM - 10:35AM	Vanija Until 9:57PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:37AM	Moon - Red		Sivaloka Day	
Until 5:36PM				Sravana-Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 112	
Kanya Rasi: 4.19	Tithi 4 - 5	Gulika 3:25PM - 5:02PM	Uttaraphalguni Until 3:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM		Vikarin 5121
		Yama 12:12PM - 1:49PM	Shiva Until 1:08PM	Muruqa: Blue	<i>Sunset:</i> 6:39PM		Moon 7 - Phase 16
		455993462 Rahu 5:02PM - 6:39PM	Bava Until 6:51PM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:20AM	Moon - Red		Subha Sivaloka Day	
		Nag Panchami		Sravana-Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Kingston, Jamaica Sun 19 Sutra 113	
Kanya Rasi: 18.57	Tithi 6	Gulika 1:48PM - 3:25PM	Hasta Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 5:45AM		Vikarin 5121
Family Home Evening		Yama 10:35AM - 12:12PM	Siddha Until 9:45AM	Muruqa: Blue	<i>Sunset:</i> 6:38PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 7:22AM - 8:59AM	Kaulava Until 4:10PM	Nataraja: White			3rd Phase
Until 1:17PM			Shashthi* Until 3:00AM Tue	Moon - Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabararishta Yoga				Sravana-Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Kingston, Jamaica Sun 20 Sutra 114	
Tula Rasi: 3.13	Tithi 7	Gulika 12:12PM - 1:48PM	Chitra Until 11:52AM	Ganesha: White	<i>Sunrise:</i> 5:46AM		Vikarin 5121
		Yama 8:59AM - 10:35AM	Sadhya Until 6:48AM	Muruqa: Blue	<i>Sunset:</i> 6:38PM		Moon 7 - Phase 16
		465993462 Rahu 3:25PM - 5:01PM	Gara Until 2:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:10AM Wed	Moon - Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 115	
Tula Rasi: 17.07	Tithi 8	Gulika 10:35AM - 12:12PM	Svati Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 5:46AM		Vikarin 5121
		Yama 7:22AM - 8:59AM	Sukla Until 2:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 6:37PM		Moon 7 - Phase 16
		465993462 Rahu 12:12PM - 1:48PM	Visti Until 12:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:59PM	Moon - Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 116	
Vrischika Rasi: 0.37	Tithi 9	Gulika 8:59AM - 10:35AM	Vishakha Until 10:54AM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM		Vikarin 5121
		Yama 5:46AM - 7:23AM	Brahma Until 1:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:37PM		Moon 7 - Phase 16
		476993462 Rahu 1:48PM - 3:24PM	Balava Until 11:39AM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 11:28PM	Moon - Orange		Sivaloka Day	
				Sravana-Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Kingston, Jamaica Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	476993462	Gulika 7:23AM – 8:59AM Yama 3:24PM – 5:00PM Rahu 10:35AM – 12:11PM	Anuradha Until 11:24AM Indra Until 12:10AM Sat Taitila Until 11:28AM Dashami Until 11:36PM	Ganesha: Purple <i>Sunrise:</i> 5:47AM Muruqa: Blue <i>Sunset:</i> 6:36PM Nataraja: White Moon – Orange Sivaloka Day
Creative Work	Siddha Yoga		Varalakshmi Vratam		
Until 11:24AM					
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Kingston, Jamaica Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	476993462	Gulika 5:47AM – 7:23AM Yama 1:47PM – 3:23PM Rahu 8:59AM – 10:35AM	Jyeshtha* Until 12:22PM Vaidhriti* Until 11:45PM Vanija Until 11:55AM Ekadashi Until 12:20AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:47AM Muruqa: Blue <i>Sunset:</i> 6:35PM Nataraja: White Moon – Orange Sivaloka Day
Creative Work	Siddha Yoga				

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Kingston, Jamaica Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	486993462	Gulika 3:23PM – 4:59PM Yama 12:11PM – 1:47PM Rahu 4:59PM – 6:35PM	Mula* Until 2:12PM Vishkambha* Until 11:46PM Bava Until 12:56PM Dvodashi Until 1:36AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: Blue <i>Sunset:</i> 6:35PM Nataraja: White Moon – Light Blue Subha Sivaloka Day
Creative Work	Amrita Yoga				
Until 2:12PM					
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kingston, Jamaica Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	486993462	Gulika 1:47PM – 3:23PM Yama 10:35AM – 12:11PM Rahu 7:23AM – 8:59AM	Purvashadha* Until 4:20PM Priti Until 12:07AM Tue Kaulava Until 2:25PM Trayodashi Until 3:17AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: Blue <i>Sunset:</i> 6:34PM Nataraja: White Moon – Light Blue Subha Sivaloka Day
Family Home Evening					
Routine Work	Marana Yoga				

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Kingston, Jamaica Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	486993462	Gulika 12:11PM – 1:46PM Yama 8:59AM – 10:35AM Rahu 3:22PM – 4:58PM	Uttarashadha Until 6:38PM Ayushman Until 12:42AM Wed Gara Until 4:16PM Chaturdashi* Until 5:18AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:48AM Muruqa: Blue <i>Sunset:</i> 6:34PM Nataraja: White Moon – Light Blue Subha Sivaloka Day
Routine Work	Prabalarishta Yoga				
Until 6:38PM					
Then Creative Work - Siddha Yoga					

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau	Kingston, Jamaica Sutra 122 Vikarin 5121
Copper Retreat Star			Gulika 10:35AM – 12:10PM Yama 7:24AM – 8:59AM Rahu 12:10PM – 1:46PM	Shravana Until 9:33PM Saubhagya Until 1:29AM Thu Visti Until 6:25PM Purnima* Until 7:32AM Thu	Ganesha: White <i>Sunrise:</i> 5:48AM Muruqa: Blue <i>Sunset:</i> 6:33PM Nataraja: White Moon – Purple Sivaloka Day
Makara Rasi: 15.35	Tithi 15	496993462			
Creative Work	Siddha Yoga		Raksha Bandhan		
Until 9:33PM					
Then Routine Work - Prabalarishta Yoga					

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kingston, Jamaica Sutra 123 Vikarin 5121
Silver Retreat Star			Gulika 8:59AM – 10:35AM Yama 5:48AM – 7:24AM Rahu 1:46PM – 3:21PM	Dhanishtha Until 12:27AM Fri Sobhana Until 2:24AM Fri Balava Until 8:44PM Purnima* Until 7:32AM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM Muruqa: Blue <i>Sunset:</i> 6:32PM Nataraja: White Moon – Purple Subha Sivaloka Day
Makara Rasi: 27.31	Tithi 15 – 16	497993462			
Creative Work	Siddha Yoga				



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 9.24 Tithi 16 – 17

497993462

Creative Work Siddha Yoga
Until 3:16AM Sat
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:24AM – 8:59AM
Yama 3:21PM – 4:56PM
Rahu 10:35AM – 12:10PM

Shatabhishak Until 3:16AM Sat
Athiganda* Until 3:21AM Sat
Taitila Until 11:10PM
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:48AM*
Muruqa: Blue *Sunset: 6:32PM*
Nataraja: White
Moon – Purple

Sravana-Adi

Kingston, Jamaica
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 21.15 Tithi 17 – 18

517993462

Routine Work Marana Yoga
Until 6:25AM Sun
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 5:49AM – 7:24AM
Yama 1:45PM – 3:21PM
Rahu 8:59AM – 10:35AM

Purvaproshtapada* Until 6:25AM Sun
Sukarma Until 4:18AM Sun
Vanija Until 1:35AM Sun
Dvitiya Until 12:21PM

Ganesha: White *Sunrise: 5:49AM*
Muruqa: Blue *Sunset: 6:31PM*
Nataraja: White
Moon – Clear

Sravana-Avani

Kingston, Jamaica
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

2

Sunday, August 18, 2019

Meena Rasi: 3.07 Tithi 18 – 19

517993462

Creative Work Siddha Yoga
Until 6:25AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:20PM – 4:55PM
Yama 12:10PM – 1:45PM
Rahu 4:55PM – 6:30PM

Purvaproshtapada* Until 6:25AM
Dhriti Until 5:12AM Mon
Bava Until 3:55AM Mon
Tritiya Until 2:45PM

Ganesha: White *Sunrise: 5:49AM*
Muruqa: Blue *Sunset: 6:30PM*
Nataraja: White
Moon – Clear

Sravana-Avani

Kingston, Jamaica
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 15.02 Tithi 19 – 20

517993462

Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:45PM – 3:20PM
Yama 10:34AM – 12:09PM
Rahu 7:24AM – 8:59AM

Uttaraproshtapada Until 9:16AM
Shula* Until 5:54AM Tue
Kaulava Until 6:03AM Tue
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise: 5:49AM*
Muruqa: Blue *Sunset: 6:30PM*
Nataraja: White
Moon – Clear

Sravana-Avani

Kingston, Jamaica
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 27.01 Tithi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:09PM – 1:44PM
Yama 8:59AM – 10:34AM
Rahu 3:19PM – 4:54PM

Revati Until 11:46AM
Ganda* Until 6:22AM Wed
Kaulava Until 6:03AM
Panchami Until 6:59PM

Ganesha: White *Sunrise: 5:49AM*
Muruqa: Blue *Sunset: 6:29PM*
Nataraja: White
Moon – Clear

Sravana-Avani

Kingston, Jamaica
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 9.07 Tithi 21

528993462

Routine Work Marana Yoga
Until 2:14PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:34AM – 12:09PM
Yama 7:24AM – 8:59AM
Rahu 12:09PM – 1:44PM

Ashvini Until 2:14PM
Ganda* Until 6:22AM
Gara Until 7:52AM
Shashthi* Until 8:35PM

Ganesha: White *Sunrise: 5:49AM*
Muruqa: Blue *Sunset: 6:28PM*
Nataraja: White
Moon – White

Sravana-Avani

Kingston, Jamaica
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 21.25 Tithi 22

528993462

Creative Work Siddha Yoga
Until 4:04PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:59AM – 10:34AM
Yama 5:50AM – 7:24AM
Rahu 1:43PM – 3:18PM

Bharani Until 4:04PM
Vridhhi Until 6:30AM
Visti Until 9:13AM
Saptami Until 9:39PM

Ganesha: White *Sunrise: 5:50AM*
Muruqa: Blue *Sunset: 6:28PM*
Nataraja: White
Moon – White

Sravana-Avani

Kingston, Jamaica
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 3.59 Tithi 23

528993462

Creative Work Siddha Yoga
Until 5:07PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:25AM – 8:59AM
Yama 3:18PM – 4:52PM
Rahu 10:34AM – 12:08PM

Krittika Until 5:07PM
Dhruva Until 6:09AM
Balava Until 9:58AM
Ashtami* Until 10:03PM

Ganesha: White *Sunrise: 5:50AM*
Muruqa: Blue *Sunset: 6:27PM*
Nataraja: White
Moon – White

Sravana-Avani

Kingston, Jamaica
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 16.52 Tithi 24

538993462

Creative Work Amrita Yoga
Until 5:45PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:50AM – 7:25AM
Yama 1:43PM – 3:17PM
Rahu 8:59AM – 10:34AM

Rohini Until 5:45PM
Harshana Until 3:46AM Sun
Taitila Until 10:00AM
Navami* Until 9:42PM

Ganesha: Clear *Sunrise: 5:50AM*
Muruqa: Blue *Sunset: 6:26PM*
Nataraja: White
Moon – Yellow

Sravana-Avani

Kingston, Jamaica
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1 Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Kingston, Jamaica Sun 9 Sutra 133
Mithuna Rasi: 0.09	Tithi 25	Gulika 3:17PM – 4:51PM	Mrigashira Until 5:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Vikarin 5121
		Yama 12:08PM – 1:42PM	Vajra* Until 1:37AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 19
		538993462 Rahu 4:51PM – 6:25PM	Vanija Until 9:14AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:33PM	Moon – Yellow		Subha Sivaloka Day
				Sravana-Avani		

2 Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 10 Sutra 134
Mithuna Rasi: 13.53	Tithi 26	Gulika 1:42PM – 3:16PM	Ardra Until 4:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Vikarin 5121
Family Home Evening		Yama 10:33AM – 12:08PM	Siddhi Until 10:52PM	Muruqa: Blue	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 Rahu 7:25AM – 8:59AM	Bava Until 7:42AM	Nataraja: White		2nd Phase
Until 4:15PM			Ekadashi* Until 6:38PM	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Sravana-Avani		

3 Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 135
Mithuna Rasi: 28.06	Tithi 27 – 28	Gulika 12:07PM – 1:41PM	Punarvasu Until 2:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM	Vikarin 5121
		Yama 8:59AM – 10:33AM	Vyatipata* Until 7:36PM	Muruqa: Blue	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 19
		548993462 Rahu 3:16PM – 4:50PM	Gara Until 2:34AM Wed	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 4:03PM	Moon – Blue		Sivaloka Day
				Sravana-Avani		
				<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 136
Kataka Rasi: 12.44	Tithi 28 – 29	Gulika 10:33AM – 12:07PM	Pushya Until 12:20PM	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	Vikarin 5121
		Yama 7:25AM – 8:59AM	Variyan Until 3:51PM	Muruqa: Blue	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 19
		549193463 Rahu 12:07PM – 1:41PM	Visti Until 11:12PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:55PM	Moon – Blue		Sivaloka Day
				Sravana-Avani		

Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 137
Retreat Star		Gulika 8:59AM – 10:33AM	Ashlesha* Until 9:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	Vikarin 5121
Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:51AM – 7:25AM	Parigha* Until 11:49AM	Muruqa: Blue	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19
		549193463 Rahu 1:41PM – 3:15PM	Catuspada Until 7:31PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 9:23AM	Moon – Blue		Sivaloka Day
Until 9:29AM				Sravana-Avani		
Then Creative Work - Amrita Yoga						

Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 138
Retreat Star		Gulika 7:25AM – 8:59AM	Magha* Until 6:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Vikarin 5121
Simha Rasi: 12.55	Tithi 1	Yama 3:14PM – 4:48PM	Shiva Until 7:36AM	Muruqa: Blue	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19
		559193463 Rahu 10:33AM – 12:06PM	Kintughna Until 3:41PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 1:45AM Sat	Moon – Red		Sivaloka Day
Until 6:39AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 139
	Simha Rasi: 28.1	Tithi 2	Gulika 5:51AM – 7:25AM Yama 1:40PM – 3:13PM Rahu 8:59AM – 10:32AM	Uttaraphalguni Until 12:35AM Sun Sadhya Until 11:07PM Balava Until 11:52AM Dvitiya Until 10:00PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:51AM Sunset: 6:21PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Routine Work Marana Yoga Until 12:35AM Sun Then Creative Work - Amrita Yoga							

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 140
	Kanya Rasi: 13.19	Tithi 3	Gulika 3:13PM – 4:46PM Yama 12:06PM – 1:39PM Rahu 4:46PM – 6:20PM	Hasta Until 10:06PM Subha Until 7:11PM Taitila Until 8:14AM Tritiya Until 6:31PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:52AM Sunset: 6:20PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Creative Work Amrita Yoga Until 10:06PM Then Creative Work - Siddha Yoga							

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 17 Sutra 141
	Kanya Rasi: 28.11	Tithi 4 – 5	Gulika 1:39PM – 3:12PM Yama 10:32AM – 12:05PM Rahu 7:25AM – 8:59AM	Chitra Until 7:56PM Sukla Until 3:35PM Bava Until 2:10AM Tue Chaturthi* Until 3:28PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:52AM Sunset: 6:19PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Family Home Evening Routine Work Prabalarishta Yoga Until 7:56PM Then Creative Work - Amrita Yoga							

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica Sun 18 Sutra 142
	Tula Rasi: 12.41	Tithi 5 – 6	Gulika 12:05PM – 1:38PM Yama 8:59AM – 10:32AM Rahu 3:12PM – 4:45PM	Svati Until 6:15PM Brahma Until 12:28PM Kaulava Until 12:02AM Wed Panchami Until 1:00PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:52AM Sunset: 6:18PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga Until 6:15PM Then Routine Work - Marana Yoga							

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 19 Sutra 143
	Tula Rasi: 26.43	Tithi 6 – 7	Gulika 10:32AM – 12:05PM Yama 7:25AM – 8:58AM Rahu 12:05PM – 1:38PM	Vishakha Until 5:35PM Indra Until 9:57AM Gara Until 10:41PM Shashthi* Until 11:14AM	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:52AM Sunset: 6:18PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Subha Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga							

D	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica Sun 20 Sutra 144
	Retreat Star		Gulika 8:58AM – 10:31AM Yama 5:52AM – 7:25AM Rahu 1:38PM – 3:11PM	Anuradha Until 5:35PM Vaidhriti* Until 8:04AM Visti Until 10:08PM Saptami Until 10:17AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:52AM Sunset: 6:17PM	Vikarin 5121 Moon 8 - Phase 20 Ashtami Sivaloka Day Bhadrapada-Avani
Vrischika Rasi: 10.17		Tithi 7 – 8					
Creative Work Siddha Yoga Until 5:35PM Then Routine Work - Prabalarishta Yoga							

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 21 Sutra 145
	Retreat Star		Gulika 7:25AM – 8:58AM Yama 3:10PM – 4:43PM Rahu 10:31AM – 12:04PM	Jyeshtha* Until 6:13PM Vishkambha* Until 6:50AM Balava Until 10:25PM Ashtami* Until 10:10AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:52AM Sunset: 6:16PM	Vikarin 5121 Moon 8 - Phase 20 Navami Sivaloka Day Bhadrapada-Avani
Vrischika Rasi: 23.23		Tithi 8 – 9					
Routine Work Marana Yoga Until 6:13PM Then Creative Work - Amrita Yoga							

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Kingston, Jamaica
	Dhanus Rasi: 6.06	Tithi 9 – 10	Gulika 5:53AM – 7:25AM	Mula* Until 7:56PM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Sun 22 Sutra 146
			Yama 1:37PM – 3:09PM	Priti Until 6:15AM	Muruqa: Blue	<i>Sunset:</i> 6:15PM	Vikarin 5121
	581193463	Rahu 8:58AM – 10:31AM	Taitila Until 11:27PM	Nataraja: Clear			Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga		Navami* Until 10:49AM	Moon – Light Blue		Devaloka Day	
				Bhadrapada-Avani			


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Dhanus Rasi: 18.29	Tithi 10 – 11	Gulika 3:09PM – 4:42PM	Purvashadha* Until 10:05PM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Sun 23 Sutra 147
			Yama 12:03PM – 1:36PM	Ayushman Until 6:11AM	Muruqa: Blue	<i>Sunset:</i> 6:14PM	Vikarin 5121
	581193463	Rahu 4:42PM – 6:14PM	Vanija Until 1:05AM Mon	Nataraja: Clear			Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:10PM	Moon – Light Blue		Devaloka Day	
Until 10:05PM		Grandparent's Day		Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica
	Makara Rasi: 0.39	Tithi 11 – 12	Gulika 1:36PM – 3:08PM	Uttarashadha Until 12:30AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Sun 24 Sutra 148
			Yama 10:31AM – 12:03PM	Saubhagya Until 6:34AM	Muruqa: Blue	<i>Sunset:</i> 6:13PM	Vikarin 5121
	581193463	Rahu 7:25AM – 8:58AM	Bava Until 3:09AM Tue	Nataraja: Clear			Moon 8 - Phase 21 4th Phase
Routine Work	Marana Yoga		Ekadashi Until 2:03PM	Moon – Light Blue		Devaloka Day	
Until 12:30AM Tue				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica
	Makara Rasi: 12.38	Tithi 12 – 13	Gulika 12:03PM – 1:35PM	Shravana Until 3:32AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:53AM	Sun 25 Sutra 149
			Yama 8:58AM – 10:30AM	Sobhana Until 7:16AM	Muruqa: Blue	<i>Sunset:</i> 6:13PM	Vikarin 5121
	591193463	Rahu 3:08PM – 4:40PM	Kaulava Until 5:29AM Wed	Nataraja: Clear			Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 4:16PM	Moon – Purple		Sivaloka Day	
Until 3:32AM Wed				Bhadrapada-Avani			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Kingston, Jamaica
	Makara Rasi: 24.32	Tithi 13	Gulika 10:30AM – 12:02PM	Dhanishtha Until 6:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:53AM	Sun 26 Sutra 150
			Yama 7:25AM – 8:58AM	Athiganda* Until 8:07AM	Muruqa: Blue	<i>Sunset:</i> 6:12PM	Vikarin 5121
	591193463	Rahu 12:02PM – 1:35PM	Taitila Until 6:41PM	Nataraja: Clear			Moon 8 - Phase 21 4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 6:41PM	Moon – Purple		Sivaloka Day	
Until 6:31AM Thu		Chidambaram Abhishekam		Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica
	Kumbha Rasi: 6.24	Tithi 14	Gulika 8:58AM – 10:30AM	Dhanishtha Until 6:31AM	Ganesha: Red	<i>Sunrise:</i> 5:53AM	Sun 27 Sutra 151
			Yama 5:53AM – 7:25AM	Sukarma Until 9:04AM	Muruqa: Blue	<i>Sunset:</i> 6:11PM	Vikarin 5121
	591193463	Rahu 1:34PM – 3:06PM	Gara Until 7:57AM	Nataraja: Clear			Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:09PM	Moon – Purple		Sivaloka Day	
		Avani Avittam		Bhadrapada-Avani			

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica
	Copper Retreat Star		Gulika 7:26AM – 8:58AM	Shatabhishak Until 9:20AM	Ganesha: Red	<i>Sunrise:</i> 5:53AM	Sutra 152
	Kumbha Rasi: 18.16	Tithi 15	Yama 3:06PM – 4:38PM	Dhriti Until 10:01AM	Muruqa: Purple	<i>Sunset:</i> 6:10PM	Vikarin 5121
	591113463	Rahu 10:30AM – 12:02PM	Visti Until 10:24AM	Nataraja: Clear			Moon 8 - Phase 21 Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:36PM	Moon – Purple		Sivaloka Day	
				Bhadrapada-Avani			

7	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica
	Silver Retreat Star		Gulika 5:54AM – 7:26AM	Purvaprosarthapada* Until 12:25PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM	Sutra 153
	Meena Rasi: 0.08	Tithi 16	Yama 1:33PM – 3:05PM	Shula* Until 10:53AM	Muruqa: Purple	<i>Sunset:</i> 6:09PM	Vikarin 5121
	511113463	Rahu 8:57AM – 10:29AM	Balava Until 12:48PM	Nataraja: Clear			Moon 8 - Phase 21 Prathama
Routine Work	Marana Yoga		Prathama* Until 1:55AM Sun	Moon – Clear		Sivaloka Day	
Until 12:25PM				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Kingston, Jamaica

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 12.04 Tithi 17

512113463

Gulika 3:05PM - 4:36PM

Yama 12:01PM - 1:33PM

Rahu 4:36PM - 6:08PM

Uttaraproshtapada Until 3:13PM

Ganda* Until 11:40AM

Taitila Until 3:03PM

Dvitiya Until 4:05AM Mon

Ganesha: Yellow

Muruqa: Purple

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 5:54AM

Sunset: 6:08PM

Sivaloka Day

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.03 Tithi 18

512113463

Gulika 1:32PM - 3:04PM

Yama 10:29AM - 12:01PM

Rahu 7:26AM - 8:57AM

Revati Until 5:39PM

Vridhhi Until 12:20PM

Vanija Until 5:06PM

Tritiya Until 6:02AM Tue

Ganesha: Yellow

Muruqa: Purple

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 5:54AM

Sunset: 6:07PM

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 6.08 Tithi 18 - 19

522113463

Gulika 12:00PM - 1:32PM

Yama 8:57AM - 10:29AM

Rahu 3:03PM - 4:35PM

Ashvini Until 8:11PM

Dhruva Until 12:46PM

Bava Until 6:55PM

Tritiya Until 6:02AM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Sunrise: 5:54AM

Sunset: 6:07PM

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 18.2 Tithi 19 - 20

522113463

Gulika 10:29AM - 12:00PM

Yama 7:26AM - 8:57AM

Rahu 12:00PM - 1:31PM

Bharani Until 10:13PM

Vyaghata* Until 12:59PM

Kaulava Until 8:23PM

Chaturthi* Until 7:41AM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Sunrise: 5:54AM

Sunset: 6:06PM

Devaloka Day

Creative Work Siddha Yoga

Until 10:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 0.41 Tithi 20 - 21

522113463

Gulika 8:57AM - 10:28AM

Yama 5:54AM - 7:26AM

Rahu 1:31PM - 3:02PM

Krittika Until 11:39PM

Harshana Until 12:55PM

Gara Until 9:26PM

Panchami Until 8:57AM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Sunrise: 5:54AM

Sunset: 6:05PM

Devaloka Day

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 13.15 Tithi 21 - 22

532113463

Gulika 7:26AM - 8:57AM

Yama 3:02PM - 4:33PM

Rahu 10:28AM - 11:59AM

Rohini Until 12:52AM Sat

Vajra* Until 12:24PM

Visti Until 9:55PM

Shashthi* Until 9:44AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:54AM

Sunset: 6:04PM

Sivaloka Day

Routine Work Marana Yoga

Until 12:52AM Sat

Then Creative Work - Siddha Yoga

6

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 26.05 Tithi 22 - 23

532113463

Gulika 5:55AM - 7:26AM

Yama 1:30PM - 3:01PM

Rahu 8:57AM - 10:28AM

Mrigashira Until 1:17AM Sun

Siddhi Until 11:26AM

Balava Until 9:45PM

Saptami Until 9:54AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:55AM

Sunset: 6:03PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 9.16 Tithi 23 - 24

532213463

Gulika 3:00PM - 4:31PM

Yama 11:59AM - 1:29PM

Rahu 4:31PM - 6:02PM

Ardra Until 12:50AM Mon

Vyatipata* Until 9:55AM

Taitila Until 8:52PM

Ashtami* Until 9:23AM

Ganesha: Orange

Muruqa: Purple

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:55AM

Sunset: 6:02PM

Sivaloka Day

Creative Work Siddha Yoga

Until 12:50AM Mon

Then Creative Work - Amrita Yoga


Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 9 Sutra 162
1	Mithuna Rasi: 22.52 Tithi 24 – 25	Gulika 1:29PM – 3:00PM	Punarvasu Until 11:59PM	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM
Family Home Evening	542213463	Yama 10:27AM – 11:58AM	Variyan Until 7:48AM	Muruqa: Purple <i>Sunset:</i> 6:01PM
Creative Work Amrita Yoga		Rahu 7:26AM – 8:57AM	Vanija Until 7:16PM	Nataraja: Clear
Until 11:59PM			Navami* Until 8:08AM	Moon – Blue
Then Creative Work - Siddha Yoga				Devaloka Day Bhadrapada-Puratasi

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 10 Sutra 163
2	Kataka Rasi: 6.53 Tithi 25 – 26	Gulika 11:58AM – 1:29PM	Pushya Until 10:18PM	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM
	542213463	Yama 8:56AM – 10:27AM	Shiva Until 1:56AM Wed	Muruqa: Purple <i>Sunset:</i> 6:01PM
Creative Work Siddha Yoga		Rahu 2:59PM – 4:30PM	Balava Until 3:36AM Wed	Nataraja: Clear
			Dashami Until 6:11AM	Moon – Blue
				Devaloka Day Bhadrapada-Puratasi

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kingston, Jamaica Sun 11 Sutra 164
3	Kataka Rasi: 21.2 Tithi 27	Gulika 10:27AM – 11:57AM	Ashlesha* Until 7:57PM	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM
	542213463	Yama 7:26AM – 8:56AM	Siddha Until 10:17PM	Muruqa: Purple <i>Sunset:</i> 6:00PM
Creative Work Siddha Yoga		Rahu 11:57AM – 1:28PM	Kaulava Until 2:07PM	Nataraja: Clear
			Dvadashi* Until 12:29AM Thu	Moon – Blue
				Devaloka Day Bhadrapada-Puratasi

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Kingston, Jamaica Sun 12 Sutra 165
4	Simha Rasi: 6.1 Tithi 28	Gulika 8:56AM – 10:27AM	Magha* Until 5:26PM	Ganesha: Purple <i>Sunrise:</i> 5:55AM
	552213463	Yama 5:55AM – 7:26AM	Sadhya Until 6:18PM	Muruqa: Purple <i>Sunset:</i> 5:59PM
Creative Work Amrita Yoga		Rahu 1:28PM – 2:58PM	Gara Until 10:47AM	Nataraja: Clear
Until 5:26PM			Trayodashi* Until 8:59PM	Moon – Red
Then Creative Work - Siddha Yoga				Devaloka Day Bhadrapada-Puratasi
			<i>Pradosha Vrata (Fasting)</i>	

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 166
5	Simha Rasi: 21.15 Tithi 29 – 30	Gulika 7:26AM – 8:56AM	Purvaphalguni Until 2:31PM	Ganesha: Purple <i>Sunrise:</i> 5:56AM
	552213463	Yama 2:57PM – 4:28PM	Subha Until 2:07PM	Muruqa: Purple <i>Sunset:</i> 5:58PM
Creative Work Siddha Yoga		Rahu 10:26AM – 11:57AM	Visti Until 7:09AM	Nataraja: Clear
			Chaturdashi* Until 5:15PM	Moon – Red
				Devaloka Day Bhadrapada-Puratasi

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 167
	Retreat Star	Gulika 5:56AM – 7:26AM	Uttaraphalguni Until 11:24AM	Ganesha: Purple <i>Sunrise:</i> 5:56AM
Kanya Rasi: 6.29 Tithi 30 – 1		Yama 1:27PM – 2:57PM	Sukla Until 9:51AM	Muruqa: Purple <i>Sunset:</i> 5:57PM
	653213463	Rahu 8:56AM – 10:26AM	Kintughna Until 11:37PM	Nataraja: Clear
Routine Work Marana Yoga			Amavasya* Until 1:28PM	Moon – Red
				Devaloka Day Bhadrapada-Puratasi
				Mahalaya Amavasai (Tamil Nadu)

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 168
Retreat Star		Gulika 2:56PM – 4:26PM	Hasta Until 8:39AM	Ganesha: Light Blue <i>Sunrise:</i> 5:56AM
Kanya Rasi: 21.4 Tithi 1 – 2		Yama 11:56AM – 1:26PM	Indra Until 1:41AM Mon	Muruqa: Purple <i>Sunset:</i> 5:56PM
	663213463	Rahu 4:26PM – 5:56PM	Balava Until 8:04PM	Nataraja: Clear
Creative Work Amrita Yoga			Prathama* Until 9:47AM	Moon – Green
Until 8:39AM				Devaloka Day Ashvina-Puratasi
Then Creative Work - Siddha Yoga				Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhrili* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		Kingston, Jamaica Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:26PM – 2:56PM	Chitra Until 6:02AM	Ganesha: Light Blue <i>Sunrise:</i> 5:56AM
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:26AM – 11:56AM	Vaidhrili* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
Family Home Evening	663213463	Rahu 7:26AM – 8:56AM	Gara Until 3:30AM Tue	Nataraja: Clear
Routine Work Prabalarishta Yoga			Dvitiya Until 6:24AM	Moon – Green
Until 6:02AM				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturtham Titau		Kingston, Jamaica Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:55AM – 1:25PM	Vishakha Until 2:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:56AM
Tula Rasi: 21.16	Tithi 4	Yama 8:56AM – 10:26AM	Vishkambha* Until 6:54PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
673213463		Rahu 2:55PM – 4:25PM	Vanija Until 2:17PM	Nataraja: Clear
Routine Work Marana Yoga			Chaturthi* Until 1:13AM Wed	Moon – Orange
Until 2:23AM Wed				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:25AM – 11:55AM	Anuradha Until 1:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:56AM
Vrischika Rasi: 5.26	Tithi 5	Yama 7:26AM – 8:56AM	Priti Until 4:22PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
673213463		Rahu 11:55AM – 1:25PM	Bava Until 12:22PM	Nataraja: Clear
Creative Work Siddha Yoga			Panchami Until 11:42PM	Moon – Orange
Until 1:38AM Thu				Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashtham Titau		Kingston, Jamaica Sun 19 Sutra 172 Vikarin 5121
4		Gulika 8:56AM – 10:25AM	Jyeshtha* Until 1:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:57AM
Vrischika Rasi: 19.06	Tithi 6	Yama 5:57AM – 7:26AM	Ayushman Until 2:29PM	Muruqa: Purple <i>Sunset:</i> 5:53PM
673213463		Rahu 1:24PM – 2:54PM	Kaulava Until 11:17AM	Nataraja: Clear
Routine Work Prabalarishta Yoga			Shashthi* Until 11:03PM	Moon – Orange
Until 1:36AM Fri				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Kingston, Jamaica Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:26AM – 8:56AM	Mula* Until 2:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:57AM
Dhanus Rasi: 2.17	Tithi 7	Yama 2:53PM – 4:23PM	Saubhagya Until 1:19PM	Muruqa: Purple <i>Sunset:</i> 5:52PM
683213463		Rahu 10:25AM – 11:55AM	Gara Until 11:06AM	Nataraja: Clear
Creative Work Amrita Yoga			Saptami Until 11:19PM	Moon – Light Blue
Until 2:45AM Sat				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 5:57AM – 7:26AM	Purvashadha* Until 4:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:57AM
Dhanus Rasi: 15.01	Tithi 8	Yama 1:24PM – 2:53PM	Sobhana Until 12:51PM	Muruqa: Purple <i>Sunset:</i> 5:51PM
683213463		Rahu 8:56AM – 10:25AM	Visti Until 11:47AM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 12:24AM Sun	Moon – Light Blue
Until 4:32AM Sun				Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:52PM – 4:21PM	Uttarashadha Until 6:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:57AM
Dhanus Rasi: 27.24	Tithi 9	Yama 11:54AM – 1:23PM	Athiganda* Until 12:55PM	Muruqa: Purple <i>Sunset:</i> 5:51PM
683213463		Rahu 4:21PM – 5:51PM	Balava Until 1:14PM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 2:11AM Mon	Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 176
1		Gulika 1:23PM – 2:52PM	Uttarashadha Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM	Vikarin 5121
Makara Rasi: 9.31	Tithi 10	Yama 10:25AM – 11:54AM	Sukarma Until 1:28PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:26AM – 8:56AM	Taitila Until 3:17PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dashami Until 4:25AM Tue	Moon – Light Blue		Sivaloka Day
Until 6:46AM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 177
2		Gulika 11:53AM – 1:22PM	Shravana Until 9:45AM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Vikarin 5121
Makara Rasi: 21.28	Tithi 11	Yama 8:56AM – 10:24AM	Dhriti Until 2:18PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 25
	693213464	Rahu 2:51PM – 4:20PM	Vanija Until 5:40PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:55AM Wed	Moon – Purple		Sivaloka Day
		Vijaya Dasami		Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 178
3		Gulika 10:24AM – 11:53AM	Dhanishtha Until 12:46PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Vikarin 5121
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:27AM – 8:55AM	Shula* Until 3:13PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
	693213464	Rahu 11:53AM – 1:22PM	Bava Until 8:13PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 6:55AM	Moon – Purple		Sivaloka Day
Until 12:46PM		Kadaitswami Mahasamadhi		Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 179
4		Gulika 8:55AM – 10:24AM	Shatabhishak Until 3:36PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Vikarin 5121
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 5:58AM – 7:27AM	Ganda* Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
	693213464	Rahu 1:21PM – 2:50PM	Kaulava Until 10:43PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:27AM	Moon – Purple		Sivaloka Day
				Ashvina+Puratasi		
				<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 180
5		Gulika 7:27AM – 8:55AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	Vikarin 5121
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:50PM – 4:18PM	Vridhhi Until 5:00PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
	613213464	Rahu 10:24AM – 11:53AM	Gara Until 1:04AM Sat	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:53AM	Moon – Clear		Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sutra 181
○	Copper Retreat Star	Gulika 5:59AM – 7:27AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	Vikarin 5121
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:21PM – 2:49PM	Dhruva Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
	613213464	Rahu 8:55AM – 10:24AM	Vistil Until 3:11AM Sun	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 2:08PM	Moon – Clear		Sivaloka Day
Until 9:21PM				Ashvina+Puratasi		
Then Routine Work - Prabalarishta Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 182
○	Silver Retreat Star	Gulika 2:49PM – 4:17PM	Revati Until 11:38PM	Ganesha: Yellow	<i>Sunrise:</i> 5:59AM	Vikarin 5121
Meena Rasi: 21	Tithi 15 – 16	Yama 11:52AM – 1:20PM	Vyaghata* Until 6:08PM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
	614213464	Rahu 4:17PM – 5:45PM	Balava Until 5:02AM Mon	Nataraja: Purple		Prathama
Creative Work Amrita Yoga			Purnima* Until 4:07PM	Moon – Clear		Subha Sivaloka Day
Until 11:38PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:20PM – 2:48PM
Yama 10:24AM – 11:52AM
Rahu 7:27AM – 8:55AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 1:57AM Tue
Harshana Until 6:25PM
Taitila Until 6:35AM Tue
Prathama* Until 5:50PM

Ganesha: White Sunrise: 5:59AM
Muruga: Purple Sunset: 5:45PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Kingston, Jamaica
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24 Tithi 17

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Gulika 11:52AM – 1:20PM
Yama 8:55AM – 10:24AM
Rahu 2:48PM – 4:16PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bharani Until 3:48AM Wed
Vajra* Until 6:25PM
Taitila Until 6:35AM
Dvitiya Until 7:13PM

Ganesha: White Sunrise: 5:59AM
Muruga: Purple Sunset: 5:44PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Kingston, Jamaica
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48 Tithi 18

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Gulika 10:23AM – 11:51AM
Yama 7:28AM – 8:56AM
Rahu 11:51AM – 1:19PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Krittika Until 5:09AM Thu
Siddhi Until 6:11PM
Vanija Until 7:49AM
Tritiya Until 8:17PM

Ganesha: White Sunrise: 6:00AM
Muruga: Purple Sunset: 5:43PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Kingston, Jamaica
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21 Tithi 19

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Gulika 8:56AM – 10:23AM
Yama 6:00AM – 7:28AM
Rahu 1:19PM – 2:47PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan*Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 6:27AM Fri
Vyatipata* Until 5:40PM
Bava Until 8:42AM
Chaturthi* Until 8:58PM

Ganesha: White Sunrise: 6:00AM
Muruga: Purple Sunset: 5:42PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Kingston, Jamaica
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05 Tithi 20

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Gulika 7:28AM – 8:56AM
Yama 2:46PM – 4:14PM
Rahu 10:23AM – 11:51AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rohini Until 6:27AM
Variyan Until 4:49PM
Kaulava Until 9:11AM
Panchami Until 9:14PM

Ganesha: White Sunrise: 6:00AM
Muruga: Purple Sunset: 5:42PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Kingston, Jamaica
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02 Tithi 21

Creative Work Siddha Yoga

Gulika 6:00AM – 7:28AM
Yama 1:18PM – 2:46PM
Rahu 8:56AM – 10:23AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 7:09AM
Parigha* Until 3:36PM
Gara Until 9:13AM
Shashthi* Until 9:01PM

Ganesha: White Sunrise: 6:00AM
Muruga: Purple Sunset: 5:41PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Kingston, Jamaica
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14 Tithi 22

Creative Work Siddha Yoga

Gulika 2:46PM – 4:13PM
Yama 11:51AM – 1:18PM
Rahu 4:13PM – 5:40PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Ardra Until 7:12AM
Shiva Until 1:59PM
Visti Until 8:44AM
Saptami Until 8:15PM

Ganesha: White Sunrise: 6:01AM
Muruga: Purple Sunset: 5:40PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Kingston, Jamaica
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 2.44 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Gulika 1:18PM – 2:45PM
Yama 10:23AM – 11:50AM
Rahu 7:28AM – 8:56AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Punarvasu Until 7:01AM
Siddha Until 11:54AM
Balava Until 7:41AM
Ashtami* Until 6:56PM

Ganesha: Clear Sunrise: 6:01AM
Muruga: Purple Sunset: 5:40PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina+Aipasi

Kingston, Jamaica
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika 11:50AM – 1:18PM
Yama 8:56AM – 10:23AM
Rahu 2:45PM – 4:12PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Pushya Until 6:07AM
Sadhya Until 9:21AM
Taitila Until 6:04AM
Navami* Until 5:02PM

Ganesha: Clear Sunrise: 6:01AM
Muruga: Purple Sunset: 5:39PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina+Aipasi

Kingston, Jamaica
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


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1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 – 26	Gulika 10:23AM – 11:50AM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 7:29AM – 8:56AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 10 - Phase 27	
	654313464	Rahu 11:50AM – 1:17PM	Bava Until 1:16AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 – 27	Gulika 8:56AM – 10:23AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 6:02AM – 7:29AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 10 - Phase 27	
	654313464	Rahu 1:17PM – 2:44PM	Kaulava Until 10:15PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 – 28	Gulika 7:29AM – 8:56AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 2:44PM – 4:11PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 27	
	655313464	Rahu 10:23AM – 11:50AM	Gara Until 6:59PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day	
Until 9:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	Gulika 6:03AM – 7:30AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 1:17PM – 2:43PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 27	
	665313464	Rahu 8:56AM – 10:23AM	Visti Until 3:37PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 196	
Retreat Star		Gulika 2:43PM – 4:10PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
Kanya Rasi: 29.58	Tithi 30	Yama 11:50AM – 1:16PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 27	
	665313464	Rahu 4:10PM – 5:36PM	Catuspada Until 12:18PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	Gulika 1:16PM – 2:43PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
Family Home Evening		Yama 10:23AM – 11:50AM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	Rahu 7:30AM – 8:57AM	Kintughna Until 9:12AM	Nataraja: Purple		Prathama	
Until 2:24PM			Prathama* Until 7:47PM	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica
	Tula Rasi: 29.19	Tithi 2 – 3	Gulika 11:50AM – 1:16PM	Vishakha Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Sun 15 Sutra 198
			Yama 8:57AM – 10:23AM	Saubhagya Until 1:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Vikarin 5121
		675313464	Rahu 2:42PM – 4:09PM	Balava Until 6:31AM	Nataraja: Purple		Moon 10 - Phase 28 3rd Phase
Routine Work Marana Yoga			Dvitiya Until 5:21PM	Kartika•Aipasi		Subha Sivaloka Day	
Until 12:42PM							
Then Creative Work - Siddha Yoga							

2	Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kingston, Jamaica
	Vischika Rasi: 13.29	Tithi 3 – 4	Gulika 10:23AM – 11:49AM	Anuradha Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Sun 16 Sutra 199
			Yama 7:31AM – 8:57AM	Sobhana Until 11:11PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Vikarin 5121
		675313464	Rahu 11:49AM – 1:16PM	Vanija Until 2:57AM Thu	Nataraja: Purple		Moon 10 - Phase 28 3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:33PM	Kartika•Aipasi		Subha Sivaloka Day	
Until 12:42PM							
Then Creative Work - Siddha Yoga							

3	Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica
	Vischika Rasi: 27.11	Tithi 4 – 5	Gulika 8:57AM – 10:23AM	Jyeshtha* Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:05AM	Sun 17 Sutra 200
			Yama 6:05AM – 7:31AM	Athiganda* Until 9:24PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Vikarin 5121
		675313464	Rahu 1:16PM – 2:42PM	Bava Until 2:21AM Fri	Nataraja: Purple		Moon 10 - Phase 28 3rd Phase
Routine Work Prabalarishta Yoga			Chaturthi* Until 2:31PM	Kartika•Aipasi		Subha Sivaloka Day	
Until 10:51AM							
Then Creative Work - Siddha Yoga							

4	Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica
	Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika 7:31AM – 8:57AM	Mula* Until 11:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM	Sun 18 Sutra 201
			Yama 2:42PM – 4:08PM	Sukarma Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Vikarin 5121
		685313464	Rahu 10:23AM – 11:49AM	Kaulava Until 2:37AM Sat	Nataraja: Purple		Moon 10 - Phase 28 3rd Phase
Creative Work Amrita Yoga			Panchami Until 2:21PM	Kartika•Aipasi		Subha Subha Sivaloka Day	
Until 11:20AM							
Then Routine Work - Prabalarishta Yoga							

5	Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica
	Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika 6:05AM – 7:31AM	Purvashadha* Until 12:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM	Sun 19 Sutra 202
			Yama 1:15PM – 2:41PM	Dhriti Until 7:53PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Vikarin 5121
		685313464	Rahu 8:57AM – 10:23AM	Gara Until 3:42AM Sun	Nataraja: Purple		Moon 10 - Phase 28 3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 3:02PM	Kartika•Aipasi		Subha Subha Sivaloka Day	
Until 12:31PM							
Then Routine Work - Marana Yoga							

6	Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica
	Makara Rasi: 5.41	Tithi 7 – 8	Gulika 2:41PM – 4:07PM	Uttarashadha Until 2:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:06AM	Sun 20 Sutra 203
			Yama 11:49AM – 1:15PM	Shula* Until 7:59PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Vikarin 5121
		685313464	Rahu 4:07PM – 5:33PM	Visti* Until 5:29AM Mon	Nataraja: Purple		Moon 10 - Phase 28 3rd Phase
Creative Work Amrita Yoga			Saptami Until 4:30PM	Kartika•Aipasi		Subha Subha Sivaloka Day	
Until 12:31PM							
Then Routine Work - Marana Yoga							

D	Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau				Kingston, Jamaica
	Retreat Star		Gulika 1:15PM – 2:41PM	Shravana Until 4:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:06AM	Sun 21 Sutra 204
	Makara Rasi: 17.5	Tithi 8	Yama 10:24AM – 11:49AM	Ganda* Until 8:32PM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Vikarin 5121
	Family Home Evening	696313464	Rahu 7:32AM – 8:58AM	Bava Until 6:33PM	Nataraja: Purple		Moon 10 - Phase 28 Ashtami
Creative Work Amrita Yoga			Ashtami* Until 6:33PM	Kartika•Aipasi		Sivaloka Day	
Until 4:57PM							
Then Creative Work - Siddha Yoga							

D	Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica
	Retreat Star		Gulika 11:49AM – 1:15PM	Dhanishtha Until 7:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM	Sun 22 Sutra 205
	Makara Rasi: 29.49	Tithi 9	Yama 8:58AM – 10:24AM	Vriddhi Until 9:21PM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Vikarin 5121
		696313464	Rahu 2:41PM – 4:06PM	Balava Until 7:45AM	Nataraja: Purple		Moon 10 - Phase 28 Navami
Creative Work Siddha Yoga			Navami* Until 8:58PM	Kartika•Aipasi		Sivaloka Day	
Until 7:49PM							
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 213

Vikarin 5121

Vrishabha Rasi: 7.04 Tithi 16 - 17

727413464

Gulika 10:25AM - 11:50AM
Yama 7:36AM - 9:00AM
Rahu 11:50AM - 1:15PM

Krittika Until 11:19AM

Parigha* Until 10:39PM

Taitila Until 9:22PM

Prathama* Until 9:11AM

Ganesha: White *Sunrise:* 6:11AM

Muruqa: Purple *Sunset:* 5:30PM

Nataraja: Purple

Moon - White

Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 19.56 Tithi 17 - 18

737413464

Gulika 9:01AM - 10:25AM
Yama 6:11AM - 7:36AM
Rahu 1:15PM - 2:40PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear *Sunrise:* 6:11AM

Muruqa: Purple *Sunset:* 5:29PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kingston, Jamaica

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Gulika 7:36AM - 9:01AM
Yama 2:40PM - 4:05PM
Rahu 10:26AM - 11:50AM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear *Sunrise:* 6:12AM

Muruqa: Purple *Sunset:* 5:29PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Gulika 6:12AM - 7:37AM
Yama 1:15PM - 2:40PM
Rahu 9:01AM - 10:26AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise:* 6:12AM

Muruqa: Purple *Sunset:* 5:29PM

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Gulika 2:40PM - 4:04PM
Yama 11:51AM - 1:15PM
Rahu 4:04PM - 5:29PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear *Sunrise:* 6:13AM

Muruqa: Purple *Sunset:* 5:29PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Gulika 1:15PM - 2:40PM
Yama 10:27AM - 11:51AM
Rahu 7:38AM - 9:02AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi* Until 6:37AM

Ganesha: Clear *Sunrise:* 6:13AM

Muruqa: Purple *Sunset:* 5:29PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 27.11 Tithi 23

748413465

Gulika 11:51AM - 1:16PM
Yama 9:03AM - 10:27AM
Rahu 2:40PM - 4:04PM

Ashlesha* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami* Until 3:10AM Wed

Ganesha: Clear *Sunrise:* 6:14AM

Muruqa: Purple *Sunset:* 5:29PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 11.14 Tithi 24

758413465

Gulika 10:27AM - 11:51AM
Yama 7:39AM - 9:03AM
Rahu 11:51AM - 1:16PM

Magha* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami* Until 12:59AM Thu

Ganesha: White *Sunrise:* 6:14AM

Muruqa: Purple *Sunset:* 5:29PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanja/Visti* Karana Dashamyam Titau	Kingston, Jamaica Sun 8 Sutra 221
Simha Rasi: 25.28	Tithi 25	Gulika 9:03AM – 10:28AM	Purvaphalguni Until 7:59AM	Ganesha: White	<i>Sunrise:</i> 6:15AM
		Yama 6:15AM – 7:39AM	Vishkambha* Until 2:29AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:28PM
		758413465 Rahu 1:16PM – 2:40PM	Vanija Until 11:49AM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Dashami Until 10:33PM	Moon – Red	2nd Phase
				Karttika-Karttikai	Subha Sivaloka Day

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau	Kingston, Jamaica Sun 9 Sutra 222
Kanya Rasi: 9.52	Tithi 26	Gulika 7:40AM – 9:04AM	Uttaraphalguni Until 6:03AM	Ganesha: White	<i>Sunrise:</i> 6:16AM
		Yama 2:40PM – 4:04PM	Priti Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM
		758413465 Rahu 10:28AM – 11:52AM	Bava Until 9:17AM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Ekadashi* Until 7:57PM	Moon – Red	2nd Phase
Until 6:03AM				Karttika-Karttikai	Subha Sivaloka Day
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 10 Sutra 223
Kanya Rasi: 24.22	Tithi 27 – 28	Gulika 6:16AM – 7:40AM	Chitra Until 2:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM
		Yama 1:16PM – 2:40PM	Ayushman Until 7:45PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM
		768413465 Rahu 9:04AM – 10:28AM	Kaulava Until 6:39AM	Nataraja: Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga		Dvadashi* Until 5:17PM	Moon – Green	2nd Phase
Until 2:20AM Sun				Karttika-Karttikai	Sivaloka Day
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata (Fasting)</i>

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 11 Sutra 224
Tula Rasi: 8.52	Tithi 28 – 29	Gulika 2:40PM – 4:04PM	Svati Until 12:21AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:17AM
		Yama 11:53AM – 1:16PM	Saubhagya Until 4:25PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM
		769413465 Rahu 4:04PM – 5:28PM	Visti Until 1:26AM Mon	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Trayodashi* Until 2:40PM	Moon – Green	2nd Phase
Until 12:21AM Mon				Karttika-Karttikai	Devaloka Day
Then Routine Work - Marana Yoga					

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kingston, Jamaica Sun 12 Sutra 225
Tula Rasi: 23.17	Tithi 29 – 30	Gulika 1:17PM – 2:41PM	Vishakha Until 10:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:17AM
Family Home Evening		Yama 10:29AM – 11:53AM	Sobhana Until 1:15PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM
		779413465 Rahu 7:41AM – 9:05AM	Catuspada Until 11:09PM	Nataraja: Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga		Chaturdashi* Until 12:14PM	Moon – Orange	Amavasya
Until 10:54PM				Karttika-Karttikai	Devaloka Day
Then Creative Work - Siddha Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kingston, Jamaica Sun 13 Sutra 226
Vrischika Rasi: 7.3	Tithi 30 – 1	Gulika 11:53AM – 1:17PM	Anuradha Until 9:42PM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM
		Yama 9:06AM – 10:29AM	Athiganda* Until 10:20AM	Muruqa: Purple	<i>Sunset:</i> 5:28PM
		779413465 Rahu 2:41PM – 4:05PM	Kintughna Until 9:16PM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Amavasya* Until 10:08AM	Moon – Orange	Prathama
Until 9:42PM				Margasira-Karttikai	Devaloka Day
Then Routine Work - Marana Yoga					

1	Wednesday, November 27, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Kingston, Jamaica Sun 14 Sutra 227 Vikarin 5121
	Wrischika Rasi: 21.26 Tithi 1 – 2 779413465	Gulika 10:30AM – 11:53AM Yama 7:42AM – 9:06AM Rahu 11:53AM – 1:17PM	Jyeshtha* Until 8:53PM Sukarma Until 7:49AM Balava Until 7:55PM Prathama* Until 8:30AM

Creative Work Siddha Yoga Until 8:53PM Then Routine Work - Marana Yoga	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Orange Margasira-Karttikai	Sunrise: 6:19AM Sunset: 5:28PM	Moon 11 - Phase 32 3rd Phase Devaloka Day
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2	Thursday, November 28, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Kingston, Jamaica Sun 15 Sutra 228 Vikarin 5121
	Dhanus Rasi: 5.01 Tithi 2 – 3 789413465	Gulika 9:06AM – 10:30AM Yama 6:19AM – 7:43AM Rahu 1:18PM – 2:41PM	Mula* Until 9:02PM Shula* Until 4:16AM Fri Tailila Until 7:15PM Dvitiya Until 7:29AM

Creative Work Siddha Yoga	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 6:19AM Sunset: 5:29PM	Moon 11 - Phase 32 3rd Phase Devaloka Day
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3	Friday, November 29, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau	Kingston, Jamaica Sun 16 Sutra 229 Vikarin 5121
	Dhanus Rasi: 18.13 Tithi 3 – 4 789413465	Gulika 7:43AM – 9:07AM Yama 2:41PM – 4:05PM Rahu 10:31AM – 11:54AM	Purvashadha* Until 9:45PM Ganda* Until 3:21AM Sat Vanija Until 7:19PM Tritiya Until 7:10AM

Routine Work Prabalarishta Yoga Until 9:45PM Then Routine Work - Marana Yoga	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 6:20AM Sunset: 5:29PM	Moon 11 - Phase 32 3rd Phase Devaloka Day
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4	Saturday, November 30, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau	Kingston, Jamaica Sun 17 Sutra 230 Vikarin 5121
	Makara Rasi: 1.01 Tithi 4 – 5 789413465	Gulika 6:20AM – 7:44AM Yama 1:18PM – 2:42PM Rahu 9:07AM – 10:31AM	Uttarashadha Until 11:01PM Vriddhi Until 3:01AM Sun Bava Until 8:08PM Chaturthi* Until 7:37AM

Routine Work Marana Yoga Until 11:01PM Then Creative Work - Siddha Yoga	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 6:20AM Sunset: 5:29PM	Moon 11 - Phase 32 3rd Phase Devaloka Day
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5	Sunday, December 1, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kingston, Jamaica Sun 18 Sutra 231 Vikarin 5121
	Makara Rasi: 13.3 Tithi 5 – 6 799413465	Gulika 2:42PM – 4:05PM Yama 11:55AM – 1:18PM Rahu 4:05PM – 5:29PM	Shravana Until 1:16AM Mon Dhruva Until 3:09AM Mon Kaulava Until 9:39PM Panchami Until 8:47AM

Creative Work Amrita Yoga Until 1:16AM Mon Then Creative Work - Siddha Yoga	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 6:21AM Sunset: 5:29PM	Moon 11 - Phase 32 3rd Phase Sivaloka Day
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6	Monday, December 2, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Kingston, Jamaica Sun 19 Sutra 232 Vikarin 5121
	Makara Rasi: 25.43 Tithi 6 – 7 791413465	Gulika 1:19PM – 2:42PM Yama 10:32AM – 11:55AM Rahu 7:45AM – 9:08AM	Dhanishtha Until 3:51AM Tue Vyaghata* Until 3:41AM Tue Gara Until 11:42PM Shashthi* Until 10:35AM

Family Home Evening Creative Work Siddha Yoga Until 3:51AM Tue Then Routine Work - Marana Yoga	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 6:22AM Sunset: 5:29PM	Moon 11 - Phase 32 3rd Phase Sivaloka Day
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D	Tuesday, December 3, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kingston, Jamaica Sun 20 Sutra 233 Vikarin 5121
	Kumbha Rasi: 7.44 Tithi 7 – 8 791413465	Gulika 11:56AM – 1:19PM Yama 9:09AM – 10:32AM Rahu 2:42PM – 4:06PM	Shatabhishak Until 6:33AM Wed Harshana Until 4:27AM Wed Visti Until 2:05AM Wed Saptami Until 12:51PM

Routine Work Marana Yoga Until 6:33AM Wed Then Creative Work - Amrita Yoga	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 6:22AM Sunset: 5:29PM	Moon 11 - Phase 32 Ashtami Sivaloka Day
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D	Wednesday, December 4, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kingston, Jamaica Sun 21 Sutra 234 Vikarin 5121
	Kumbha Rasi: 19.38 Tithi 8 – 9 791413465	Gulika 10:33AM – 11:56AM Yama 7:46AM – 9:09AM Rahu 11:56AM – 1:19PM	Shatabhishak Until 6:33AM Vajra* Until 5:15AM Thu Balava Until 4:36AM Thu Ashtami* Until 3:19PM

Creative Work Siddha Yoga Until 6:33AM Then Creative Work - Amrita Yoga	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 6:23AM Sunset: 5:29PM	Moon 11 - Phase 32 Navami Sivaloka Day
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The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kingston, Jamaica Sun 22 Sutra 235 Vikarin 5121
Meena Rasi: 1.31	Tithi 9 – 10	Gulika 9:10AM – 10:33AM	Purvaproshtapada* Until 9:39AM	Ganesha: Yellow <i>Sunrise:</i> 6:23AM	
		Yama 6:23AM – 7:47AM	Siddhi Until 5:59AM Fri	Muruqa: Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 33
711413465		Rahu 1:20PM – 2:43PM	Taitila Until 7:00AM Fri	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Navami* Until 5:48PM	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau	Kingston, Jamaica Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 13.26	Tithi 10	Gulika 7:47AM – 9:10AM	Uttaraproshtapada Until 12:27PM	Ganesha: Yellow <i>Sunrise:</i> 6:24AM	
		Yama 2:43PM – 4:07PM	Vyatipata* Until 6:31AM Sat	Muruqa: Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 33
711413465		Rahu 10:34AM – 11:57AM	Taitila Until 7:00AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:05PM	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau	Kingston, Jamaica Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 25.28	Tithi 11	Gulika 6:25AM – 7:48AM	Revati Until 2:46PM	Ganesha: White <i>Sunrise:</i> 6:25AM	
		Yama 1:21PM – 2:44PM	Vyatipata* Until 6:31AM	Muruqa: Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 33
711513465		Rahu 9:11AM – 10:34AM	Vanija Until 9:07AM	Nataraja: Clear	4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 9:59PM	Moon – Clear	Subha Sivaloka Day
Until 2:46PM		Gita Jayanthi		Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Kingston, Jamaica Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 7.4	Tithi 12	Gulika 2:44PM – 4:07PM	Ashvini Until 4:59PM	Ganesha: Clear <i>Sunrise:</i> 6:25AM	
		Yama 11:58AM – 1:21PM	Variyan Until 6:43AM	Muruqa: Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 33
721513465		Rahu 4:07PM – 5:30PM	Bava Until 10:47AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:24PM	Moon – White	Sivaloka Day
Until 4:59PM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga					

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kingston, Jamaica Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 20.05	Tithi 13	Gulika 1:21PM – 2:44PM	Bharani Until 6:30PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
		Yama 10:35AM – 11:58AM	Parigha* Until 6:31AM	Muruqa: Purple <i>Sunset:</i> 5:31PM	Moon 11 - Phase 33
721513465		Rahu 7:49AM – 9:12AM	Kaulava Until 11:55AM	Nataraja: Clear	4th Phase
Family Home Evening	Siddha Yoga		Trayodashi Until 12:15AM Tue	Moon – White	Sivaloka Day
Until 6:30PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					
				<i>Pradosha Vrata</i>	

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	Kingston, Jamaica Sun 27 Sutra 240 Vikarin 5121
Vrishabha Rasi: 2.46	Tithi 14	Gulika 11:59AM – 1:22PM	Krittika Until 7:18PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
		Yama 9:13AM – 10:36AM	Siddha Until 4:49AM Wed	Muruqa: Purple <i>Sunset:</i> 5:31PM	Moon 11 - Phase 33
721513465		Rahu 2:45PM – 4:08PM	Gara Until 12:29PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:31AM Wed	Moon – White	Sivaloka Day
Until 7:18PM		Krittika Deepam		Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	Kingston, Jamaica Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:36AM – 11:59AM	Rohini Until 7:52PM	Ganesha: Purple <i>Sunrise:</i> 6:27AM	
Vrishabha Rasi: 15.43	Tithi 15	Yama 7:50AM – 9:13AM	Sadhya Until 3:20AM Thu	Muruqa: Clear <i>Sunset:</i> 5:31PM	Moon 11 - Phase 33
731523465		Rahu 11:59AM – 1:22PM	Visti Until 12:28PM	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:14AM Thu	Moon – Yellow	Sivaloka Day
				Margasira-Karttikai	

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Kingston, Jamaica Sutra 242 Vikarin 5121
Vrishabha Rasi: 28.56	Tithi 16	Gulika 9:14AM – 10:37AM	Mrigashira Until 7:48PM	Ganesha: Clear <i>Sunrise:</i> 6:28AM	
		Yama 6:28AM – 7:51AM	Subha Until 1:28AM Fri	Muruqa: Clear <i>Sunset:</i> 5:32PM	Moon 11 - Phase 33
732523465		Rahu 1:23PM – 2:46PM	Balava Until 11:55AM	Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Prathama* Until 11:27PM	Moon – Yellow	Devaloka Day
				Margasira-Karttikai	
		Vinayaga Viratam Begins			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica
Sutra 243

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika 7:51AM – 9:14AM
Yama 2:46PM – 4:09PM
Rahu 10:37AM – 12:00PM

Ardra Until 7:09PM
Sukla Until 11:15PM
Taitila Until 10:56AM
Dvitiya Until 10:16PM

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 244

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika 6:29AM – 7:52AM
Yama 1:24PM – 2:47PM
Rahu 9:15AM – 10:38AM

Punarvasu Until 6:29PM
Brahma Until 8:49PM
Vanija Until 9:34AM
Tritiya Until 8:45PM

Ganesha: Purple *Sunrise: 6:29AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica
Sun 2 Sutra 245

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika 2:47PM – 4:10PM
Yama 12:01PM – 1:24PM
Rahu 4:10PM – 5:33PM

Pushya Until 5:25PM
Indra Until 6:11PM
Bava Until 7:55AM
Chaturthi* Until 7:00PM

Ganesha: Purple *Sunrise: 6:29AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrithi*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica
Sun 3 Sutra 246

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika 1:24PM – 2:47PM
Yama 10:39AM – 12:02PM
Rahu 7:53AM – 9:16AM

Ashlesha* Until 4:02PM
Vaidhrithi* Until 3:24PM
Kaulava Until 6:04AM
Panchami Until 5:04PM

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: Clear
Moon – Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening
Until 4:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica
Sun 4 Sutra 247

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika 12:02PM – 1:25PM
Yama 9:16AM – 10:39AM
Rahu 2:48PM – 4:11PM

Magha* Until 2:50PM
Vishkambha* Until 12:33PM
Visti Until 2:02AM Wed
Shashthi* Until 3:03PM

Ganesha: Purple *Sunrise: 6:30AM*
Muruqa: Clear *Sunset: 5:34PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Kingston, Jamaica
Sun 5 Sutra 248

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika 10:40AM – 12:03PM
Yama 7:54AM – 9:17AM
Rahu 12:03PM – 1:25PM

Purvaphalguni Until 1:27PM
Priti Until 9:40AM
Balava Until 11:57PM
Saptami Until 12:59PM

Ganesha: Purple *Sunrise: 6:31AM*
Muruqa: Clear *Sunset: 5:34PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica
Sun 6 Sutra 249

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika 9:17AM – 10:40AM
Yama 6:31AM – 7:54AM
Rahu 1:26PM – 2:49PM

Uttaraphalguni Until 11:55AM
Ayushman Until 6:44AM
Taitila Until 9:53PM
Ashtami* Until 10:54AM

Ganesha: Purple *Sunrise: 6:31AM*
Muruqa: Clear *Sunset: 5:35PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM


Amrita Yoga

Until 11:55AM
Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 7:55AM – 9:18AM Yama 2:49PM – 4:12PM Rahu 10:41AM – 12:04PM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear <i>Sunrise: 6:32AM</i> Muruqa: Clear <i>Sunset: 5:35PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga							
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 6:32AM – 7:55AM Yama 1:27PM – 2:50PM Rahu 9:18AM – 10:41AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear <i>Sunrise: 6:32AM</i> Muruqa: Clear <i>Sunset: 5:36PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati					
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Kingston, Jamaica Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 2:50PM – 4:13PM Yama 12:05PM – 1:27PM Rahu 4:13PM – 5:36PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear <i>Sunrise: 6:33AM</i> Muruqa: Clear <i>Sunset: 5:36PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati					
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Kingston, Jamaica Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 1:28PM – 2:51PM Yama 10:42AM – 12:05PM Rahu 7:56AM – 9:19AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White <i>Sunrise: 6:33AM</i> Muruqa: Clear <i>Sunset: 5:37PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati		<i>Pradosha Vrata (Fasting)</i>			
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kingston, Jamaica Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 12:06PM – 1:28PM Yama 9:20AM – 10:43AM Rahu 2:51PM – 4:14PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White <i>Sunrise: 6:34AM</i> Muruqa: Clear <i>Sunset: 5:37PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					
		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kingston, Jamaica Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 10:43AM – 12:06PM Yama 7:57AM – 9:20AM Rahu 12:06PM – 1:29PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear <i>Sunrise: 6:34AM</i> Muruqa: Clear <i>Sunset: 5:38PM</i> Nataraja: Clear Moon – Orange	Devaloka Day	
Retreat Star Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati					
Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 9:21AM – 10:44AM Yama 6:35AM – 7:58AM Rahu 1:29PM – 2:52PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange <i>Sunrise: 6:35AM</i> Muruqa: Clear <i>Sunset: 5:38PM</i> Nataraja: Orange Moon – Light Blue	Devaloka Day	
Creative Work Siddha Yoga		Annular Solar Eclipse		Pausha-Markali			

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Kingston, Jamaica
Dhanus Rasi: 26.08	Tithi 2	Gulika 7:58AM – 9:21AM	Purvashadha* Until 6:59AM	Ganesha: Orange	Sunrise: 6:35AM	Sun 14	Sutra 257	Vikarin 5121
		Yama 2:53PM – 4:16PM	Dhruva Until 10:31AM	Muruqa: Clear	Sunset: 5:39PM			Moon 12 - Phase 36
		883523466 Rahu 10:44AM – 12:07PM	Balava Until 12:22PM	Nataraja: Orange				3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:42AM Sat	Moon – Light Blue		Devaloka Day		
Until 6:59AM				Pausha-Markali				
Then Routine Work - Marana Yoga								
2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Kingston, Jamaica
Makara Rasi: 8.49	Tithi 3	Gulika 6:36AM – 7:59AM	Uttarashadha Until 8:04AM	Ganesha: Orange	Sunrise: 6:36AM	Sun 15	Sutra 258	Vikarin 5121
		Yama 1:30PM – 2:53PM	Vyaghata* Until 9:56AM	Muruqa: Clear	Sunset: 5:39PM			Moon 12 - Phase 36
		883523466 Rahu 9:22AM – 10:45AM	Taitila Until 1:12PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:49AM Sun	Moon – Light Blue		Devaloka Day		
Until 8:04AM				Pausha-Markali				
Then Creative Work - Siddha Yoga								
3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Kingston, Jamaica
Makara Rasi: 21.16	Tithi 4	Gulika 2:54PM – 4:17PM	Shravana Until 10:02AM	Ganesha: Clear	Sunrise: 6:36AM	Sun 16	Sutra 259	Vikarin 5121
		Yama 12:08PM – 1:31PM	Harshana Until 9:48AM	Muruqa: Clear	Sunset: 5:40PM			Moon 12 - Phase 36
		893523466 Rahu 4:17PM – 5:40PM	Vanija Until 2:37PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:29AM Mon	Moon – Purple		Devaloka Day		
Until 10:02AM				Pausha-Markali				
Then Routine Work - Marana Yoga								
4		Monday, December 30, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica
Kumbha Rasi: 3.28	Tithi 5	Gulika 1:31PM – 2:54PM	Dhanishtha Until 12:20PM	Ganesha: Clear	Sunrise: 6:36AM	Sun 17	Sutra 260	Vikarin 5121
Family Home Evening		Yama 10:45AM – 12:08PM	Vajra* Until 10:03AM	Muruqa: Clear	Sunset: 5:40PM			Moon 12 - Phase 36
		893523466 Rahu 7:59AM – 9:22AM	Bava Until 4:31PM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:36AM Tue	Moon – Purple		Devaloka Day		
				Pausha-Markali				
5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthiyam Titau				Kingston, Jamaica
Kumbha Rasi: 15.3	Tithi 6	Gulika 12:09PM – 1:32PM	Shatabhishak Until 2:50PM	Ganesha: Clear	Sunrise: 6:37AM	Sun 18	Sutra 261	Vikarin 5121
		Yama 9:23AM – 10:46AM	Siddhi Until 10:36AM	Muruqa: Clear	Sunset: 5:41PM			Moon 12 - Phase 36
		893523466 Rahu 2:55PM – 4:18PM	Kaulava Until 6:48PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 8:01AM Wed	Moon – Purple		Devaloka Day		
				Pausha-Markali				
6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica
Kumbha Rasi: 27.26	Tithi 6 – 7	Gulika 10:47AM – 12:10PM	Purvaprosarthapada* Until 5:54PM	Ganesha: Blue	Sunrise: 6:38AM	Sun 19	Sutra 262	Vikarin 5121
		Yama 8:01AM – 9:24AM	Vyatipata* Until 11:21AM	Muruqa: Clear	Sunset: 5:42PM			Moon 12 - Phase 36
		813623466 Rahu 12:10PM – 1:33PM	Gara Until 9:17PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 8:01AM	Moon – Clear		Bhuloka Day		
Until 5:54PM				Pausha-Markali		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						
☾		Thursday, January 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica
Meena Rasi: 9.19	Tithi 7 – 8	Gulika 9:24AM – 10:47AM	Uttaraprosarthapada Until 8:48PM	Ganesha: Blue	Sunrise: 6:38AM	Sun 20	Sutra 263	Vikarin 5121
		Yama 6:38AM – 8:01AM	Variyan Until 12:08PM	Muruqa: Clear	Sunset: 5:43PM			Moon 12 - Phase 36
		813623466 Rahu 1:34PM – 2:57PM	Visti Until 11:46PM	Nataraja: Orange				Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:31AM	Moon – Clear		Bhuloka Day		
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM		
☾		Friday, January 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica
Meena Rasi: 21.13	Tithi 8 – 9	Gulika 8:01AM – 9:25AM	Revati Until 11:23PM	Ganesha: Blue	Sunrise: 6:38AM	Sun 21	Sutra 264	Vikarin 5121
		Yama 2:57PM – 4:20PM	Parigha* Until 12:51PM	Muruqa: Clear	Sunset: 5:43PM			Moon 12 - Phase 36
		813623466 Rahu 10:48AM – 12:11PM	Balava Until 2:02AM Sat	Nataraja: Orange				Navami
Creative Work	Siddha Yoga		Ashtami* Until 12:55PM	Moon – Clear		Bhuloka Day		
Until 11:23PM				Pausha-Markali		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 22 Sutra 265 Vikarin 5121
	Mesha Rasi: 3.14	Tithi 9 – 10	Gulika 6:38AM – 8:02AM Yama 1:34PM – 2:58PM Rahu 9:25AM – 10:48AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sunrise: 6:38AM Sunset: 5:44PM	Moon 12 - Phase 37 4th Phase Devaloka Day
	Creative Work	Siddha Yoga	Until 1:54AM Sun Then Routine Work - Prabalarishta Yoga				

2	Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 23 Sutra 266 Vikarin 5121
	Mesha Rasi: 15.25	Tithi 10 – 11	Gulika 2:58PM – 4:21PM Yama 12:12PM – 1:35PM Rahu 4:21PM – 5:45PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sunrise: 6:39AM Sunset: 5:45PM	Moon 12 - Phase 37 4th Phase Devaloka Day
	Routine Work	Prabalarishta Yoga	Until 3:44AM Mon Then Routine Work - Marana Yoga				

3	Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 24 Sutra 267 Vikarin 5121
	Mesha Rasi: 27.5	Tithi 11 – 12	Gulika 1:35PM – 2:59PM Yama 10:49AM – 12:12PM Rahu 8:02AM – 9:26AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sunrise: 6:39AM Sunset: 5:45PM	Moon 12 - Phase 37 4th Phase Devaloka Day
	Family Home Evening	Marana Yoga	Until 4:45AM Tue Then Creative Work - Amrita Yoga				


4	Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 25 Sutra 268 Vikarin 5121
	Vrishabha Rasi: 10.35	Tithi 12 – 13	Gulika 12:13PM – 1:36PM Yama 9:26AM – 10:49AM Rahu 2:59PM – 4:23PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sunrise: 6:39AM Sunset: 5:46PM	Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga	Until 5:22AM Wed Then Creative Work - Siddha Yoga				

Pradosha Vrata

5	Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 26 Sutra 269 Vikarin 5121
	Vrishabha Rasi: 23.4	Tithi 13 – 14	Gulika 10:50AM – 12:13PM Yama 8:03AM – 9:26AM Rahu 12:13PM – 1:36PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sunrise: 6:39AM Sunset: 5:47PM	Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga	Until 5:09AM Thu Then Routine Work - Marana Yoga				

6	Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sun 27 Sutra 270 Vikarin 5121
	Mithuna Rasi: 7.08	Tithi 14 – 15	Gulika 9:27AM – 10:50AM Yama 6:40AM – 8:03AM Rahu 1:37PM – 3:00PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sunrise: 6:40AM Sunset: 5:47PM	Moon 12 - Phase 37 4th Phase Devaloka Day
	Routine Work	Marana Yoga	Until 4:10AM Fri Then Creative Work - Siddha Yoga				

Ardra Darshanam

	Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 271 Vikarin 5121
	Copper Retreat Star		Gulika 8:03AM – 9:27AM Yama 3:01PM – 4:24PM Rahu 10:50AM – 12:14PM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue Pausha-Markali	Sunrise: 6:40AM Sunset: 5:48PM	Moon 12 - Phase 37 Purnima Sivaloka Day
	Creative Work	Siddha Yoga	Until 10:50AM Sat Then Routine Work - Marana Yoga				

Penumbra Lunar Eclipse

7	Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sutra 272 Vikarin 5121
	Silver Retreat Star		Gulika 6:40AM – 8:04AM Yama 1:38PM – 3:01PM Rahu 9:27AM – 10:51AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue Pausha-Markali	Sunrise: 6:40AM Sunset: 5:48PM	Moon 12 - Phase 37 Prathama Sivaloka Day
	Creative Work	Siddha Yoga	Until 10:51AM Sat Then Routine Work - Marana Yoga				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 19.3 Tithi 17 - 18

844623466

Gulika

3:02PM - 4:25PM

Yama

12:15PM - 1:38PM

Rahu

4:25PM - 5:49PM

Ashlesha* Until 11:13PM

Priti Until 8:51PM

Vanija Until 8:21PM

Dvitiya Until 9:40AM

Ganesha: White

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:49PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Kingston, Jamaica

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 4.01 Tithi 18 - 19

844623466

Gulika

1:39PM - 3:02PM

Yama

10:51AM - 12:15PM

Rahu

8:04AM - 9:28AM

Magha* Until 9:21PM

Ayushman Until 5:24PM

Balava Until 4:16AM Tue

Tritiya Until 6:59AM

Ganesha: Clear

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:50PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 18.34 Tithi 20

844623466

Gulika

12:15PM - 1:39PM

Yama

9:28AM - 10:52AM

Rahu

3:03PM - 4:27PM

Purvaphalguni Until 7:23PM

Saubhagya Until 1:58PM

Kaulava Until 2:57PM

Panchami Until 1:38AM Wed

Ganesha: Clear

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:50PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Kingston, Jamaica

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 3.03 Tithi 21

844623466

Gulika

10:52AM - 12:16PM

Yama

8:04AM - 9:28AM

Rahu

12:16PM - 1:40PM

Uttaraphalguni Until 5:26PM

Sobhana Until 10:40AM

Gara Until 12:24PM

Shashthi* Until 11:11PM

Ganesha: Clear

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:51PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 17.24 Tithi 22

844623466

Gulika

9:28AM - 10:52AM

Yama

6:40AM - 8:04AM

Rahu

1:40PM - 3:04PM

Hasta Until 4:00PM

Athiganda* Until 7:30AM

Visti Until 10:04AM

Saptami Until 8:59PM

Ganesha: Purple

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:52PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Tula Rasi: 1.34 Tithi 23

844623466

Gulika

8:04AM - 9:28AM

Yama

3:04PM - 4:28PM

Rahu

10:52AM - 12:16PM

Chitra Until 2:43PM

Dhriti Until 1:56AM Sat

Balava Until 8:01AM

Ashtami* Until 7:06PM

Ganesha: Purple

Sunrise: 6:41AM

Muruqa: Clear

Sunset: 5:52PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Tula Rasi: 15.31 Tithi 24 - 25

844623466

Gulika

6:41AM - 8:05AM

Yama

1:41PM - 3:05PM

Rahu

9:29AM - 10:53AM

Svati Until 1:39PM

Shula* Until 11:33PM

Taitila Until 6:19AM

Navami* Until 5:35PM

Ganesha: Purple

Sunrise: 6:41AM

Muruqa: Clear

Sunset: 5:53PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga


1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Kingston, Jamaica Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 25 – 26	Gulika 3:05PM – 4:29PM	Vishakha Until 1:14PM	Ganesha: Clear <i>Sunrise: 6:41AM</i>	
		Yama 12:17PM – 1:41PM	Ganda* Until 9:30PM	Muruqa: Clear <i>Sunset: 5:53PM</i>	Moon 1 - Phase 39
		874623466 Rahu 4:29PM – 5:53PM	Bava Until 4:01AM Mon	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:26PM	Moon – Orange	Devaloka Day
				Pausha-Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau	Kingston, Jamaica Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika 1:41PM – 3:06PM	Anuradha Until 1:02PM	Ganesha: Clear <i>Sunrise: 6:41AM</i>	
Family Home Evening		Yama 10:53AM – 12:17PM	Vriddhi Until 7:45PM	Muruqa: Clear <i>Sunset: 5:54PM</i>	Moon 1 - Phase 39
		874623466 Rahu 8:05AM – 9:29AM	Kaulava Until 3:27AM Tue	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:40PM	Moon – Orange	Devaloka Day
				Pausha-Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Talitla/Gara Karana Dvadashti/Trayodashyam Titau	Kingston, Jamaica Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika 12:18PM – 1:42PM	Jyeshtha* Until 1:05PM	Ganesha: Purple <i>Sunrise: 6:40AM</i>	
		Yama 9:29AM – 10:53AM	Dhruva Until 6:17PM	Muruqa: Clear <i>Sunset: 5:55PM</i>	Moon 1 - Phase 39
		875623466 Rahu 3:06PM – 4:30PM	Gara Until 3:18AM Wed	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashti* Until 3:18PM	Moon – Orange	Bhuloka Day
Until 1:05PM				Pausha-Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika 10:53AM – 12:18PM	Mula* Until 1:51PM	Ganesha: Light Blue <i>Sunrise: 6:40AM</i>	
		Yama 8:05AM – 9:29AM	Vyaghata* Until 5:10PM	Muruqa: Clear <i>Sunset: 5:55PM</i>	Moon 1 - Phase 39
		885623466 Rahu 12:18PM – 1:42PM	Visti Until 3:34AM Thu	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 3:21PM	Moon – Light Blue	Bhuloka Day
Until 1:51PM				Pausha-Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kingston, Jamaica Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika 9:29AM – 10:54AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue <i>Sunrise: 6:40AM</i>	
		Yama 6:40AM – 8:05AM	Harshana Until 4:23PM	Muruqa: Clear <i>Sunset: 5:56PM</i>	Moon 1 - Phase 39
		885623466 Rahu 1:43PM – 3:07PM	Catuspada Until 4:15AM Fri	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:50PM	Moon – Light Blue	Bhuloka Day
Until 2:51PM				Pausha-Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kingston, Jamaica Sun 13 Sutra 285 Vikarin 5121
Retreat Star		Gulika 8:05AM – 9:29AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue <i>Sunrise: 6:40AM</i>	
Makara Rasi: 4.37	Tithi 30 – 1	Yama 3:07PM – 4:32PM	Vajra* Until 3:54PM	Muruqa: Clear <i>Sunset: 5:56PM</i>	Moon 1 - Phase 39
		885623466 Rahu 10:54AM – 12:18PM	Kintughna Until 5:23AM Sat	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:44PM	Moon – Light Blue	Bhuloka Day
				Pausha-Thai	Devaloka Time: 3:PM to 6:PM

Saturday, January 25, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Kingston, Jamaica Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	Gulika 6:40AM – 8:05AM	Shravana Until 6:08PM	Ganesha: Light Blue <i>Sunrise: 6:40AM</i>	
		Yama 1:43PM – 3:08PM	Siddhi Until 3:46PM	Muruqa: Clear <i>Sunset: 5:57PM</i>	Moon 1 - Phase 39
		995623466 Rahu 9:29AM – 10:54AM	Bava Until 6:05PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:05PM	Moon – Purple	Bhuloka Day
				Magha-Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerly, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Kingston, Jamaica Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	Gulika 3:08PM – 4:33PM	Dhanishtha Until 8:21PM	Ganesha: Orange	<i>Sunrise:</i> 6:40AM		
		Yama 12:19PM – 1:43PM	Vyatipata* Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 5:58PM		Moon 1 - Phase 40
		995723466 Rahu 4:33PM – 5:58PM	Balava Until 6:56AM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:50PM	Moon – Purple		Devaloka Day	
Until 8:21PM				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Kingston, Jamaica Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:44PM – 3:09PM	Shatabhishak Until 10:45PM	Ganesha: Orange	<i>Sunrise:</i> 6:40AM		
Family Home Evening		Yama 10:54AM – 12:19PM	Variyan Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 5:58PM		Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 Rahu 8:05AM – 9:29AM	Taitila Until 8:52AM	Nataraja: Orange			3rd Phase
Until 10:45PM			Tritiya Until 9:56PM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturtham Titau			Kingston, Jamaica Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:19PM – 1:44PM	Purvaproshtapada* Until 1:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:40AM		
		Yama 9:29AM – 10:54AM	Parigha* Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM		Moon 1 - Phase 40
		915723466 Rahu 3:09PM – 4:34PM	Vanija Until 11:06AM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 12:18AM Wed	Moon – Clear		Sivaloka Day	
Until 1:44AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Kingston, Jamaica Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	Gulika 10:54AM – 12:19PM	Uttaraproshtapada Until 4:41AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:39AM		
		Yama 8:04AM – 9:29AM	Shiva Until 5:51PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM		Moon 1 - Phase 40
		915723466 Rahu 12:19PM – 1:44PM	Bava Until 1:34PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:49AM Thu	Moon – Clear		Sivaloka Day	
				Magha-Thai			

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau			Kingston, Jamaica Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	Gulika 9:29AM – 10:54AM	Revati Until 7:26AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:39AM		
		Yama 6:39AM – 8:04AM	Siddha Until 6:40PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 1 - Phase 40
		916723466 Rahu 1:45PM – 3:10PM	Kaulava Until 4:06PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 5:19AM Fri	Moon – Clear		Devaloka Day	
Until 7:26AM Fri				Magha-Thai			
Then Creative Work - Amrita Yoga							

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau			Kingston, Jamaica Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	Gulika 8:04AM – 9:29AM	Revati Until 7:26AM	Ganesha: Orange	<i>Sunrise:</i> 6:39AM		
		Yama 3:10PM – 4:35PM	Sadhya Until 7:25PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 1 - Phase 40
		916723466 Rahu 10:54AM – 12:20PM	Gara Until 6:32PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:38AM Sat	Moon – Clear		Devaloka Day	
Until 7:26AM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kingston, Jamaica Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 6:39AM – 8:04AM	Ashvini Until 10:20AM	Ganesha: Green	<i>Sunrise:</i> 6:39AM		
		Yama 1:45PM – 3:10PM	Subha Until 7:57PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 1 - Phase 40
		926723466 Rahu 9:29AM – 10:54AM	Visti Until 8:40PM	Nataraja: Orange			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kingston, Jamaica Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 3:10PM – 4:36PM	Bharani Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 6:39AM		
		Yama 12:20PM – 1:45PM	Sukla Until 8:05PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM		Moon 1 - Phase 40
		926723466 Rahu 4:36PM – 6:01PM	Balava Until 10:18PM	Nataraja: Orange			Navami
Routine Work	Prabalarishta Yoga		Ashtami* Until 9:32AM	Moon – White		Bhuloka Day	
Until 12:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 295
1		Gulika 1:45PM – 3:11PM	Krittika Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:38AM	Vikarin 5121
Vrishabha Rasi: 5.37	Tithi 9 – 10	Yama 10:54AM – 12:20PM	Brahma Until 7:42PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 41
Family Home Evening	926723466	Rahu 8:04AM – 9:29AM	Taitila Until 11:13PM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Navami* Until 10:50AM	Moon – White		
Until 2:12PM				Magha-Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 296
2		Gulika 12:20PM – 1:45PM	Rohini Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 6:38AM	Vikarin 5121
Vrishabha Rasi: 18.17	Tithi 10 – 11	Yama 9:29AM – 10:54AM	Indra Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 41
	936723467	Rahu 3:11PM – 4:36PM	Vanija Until 11:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 11:21AM	Moon – Yellow		
Until 3:20PM				Magha-Thai	Devaloka Day	
Then Creative Work - Siddha Yoga						

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhrili/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 297
3		Gulika 10:54AM – 12:20PM	Mrigashira Until 3:29PM	Ganesha: Red	<i>Sunrise:</i> 6:38AM	Vikarin 5121
Mithuna Rasi: 1.22	Tithi 11 – 12	Yama 8:03AM – 9:29AM	Vaidhrili* Until 5:05PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 41
	936723467	Rahu 12:20PM – 1:46PM	Bava Until 10:35PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:02AM	Moon – Yellow		
				Magha-Thai	Devaloka Day	

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 298
4		Gulika 9:29AM – 10:54AM	Ardra Until 2:41PM	Ganesha: Red	<i>Sunrise:</i> 6:37AM	Vikarin 5121
Mithuna Rasi: 14.54	Tithi 12 – 13	Yama 6:37AM – 8:03AM	Vishkambha* Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 41
	936723467	Rahu 1:46PM – 3:12PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 9:54AM	Moon – Yellow		
Until 2:41PM				Magha-Thai	Devaloka Day	
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 299
5		Gulika 8:03AM – 9:29AM	Punarvasu Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	Vikarin 5121
Mithuna Rasi: 28.53	Tithi 13 – 14	Yama 3:12PM – 4:38PM	Priti Until 11:57AM	Muruqa: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 41
	947723467	Rahu 10:54AM – 12:20PM	Gara Until 6:50PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:00AM	Moon – Blue		
Until 1:28PM		Thai Pusam		Magha-Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Kingston, Jamaica Sutra 300
○	Copper Retreat Star	Gulika 6:37AM – 8:02AM	Pushya Until 11:31AM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	Vikarin 5121
Kataka Rasi: 13.17	Tithi 15	Yama 1:46PM – 3:12PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 41
	947723467	Rahu 9:28AM – 10:54AM	Visti Until 4:03PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:30AM Sun	Moon – Blue		
Until 11:31AM				Magha-Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica Sutra 301
○	Silver Retreat Star	Gulika 3:12PM – 4:38PM	Ashlesha* Until 9:01AM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Vikarin 5121
Kataka Rasi: 28.02	Tithi 16	Yama 12:20PM – 1:46PM	Sobhana Until 12:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 41
	947723467	Rahu 4:38PM – 6:04PM	Balava Until 12:54PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:13PM	Moon – Blue		
Until 9:01AM				Magha-Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020

Gold Retreat Star

Simha Rasi: 12.59 Tithi 17

Family Home Evening

957723467

Routine Work Marana Yoga

Until 6:33AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:46PM - 3:13PM
Yama 10:54AM - 12:20PM
Rahu 8:02AM - 9:28AM

Magha* Until 6:33AM
Athiganda* Until 8:56PM
Taitila Until 9:31AM
Dvitiya Until 7:47PM

Ganesha: Red Sunrise: 6:36AM
Muruqa: Clear Sunset: 6:05PM
Nataraja: Clear
Moon - Red
Magha*Thai

Kingston, Jamaica
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 27.59 Tithi 18 - 19

Creative Work Amrita Yoga

Until 1:08AM Wed

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:20PM - 1:47PM
Yama 9:28AM - 10:54AM
Rahu 3:13PM - 4:39PM

Uttaraphalguni Until 1:08AM Wed
Sukarma Until 4:57PM
Vanija Until 6:06AM
Tritiya Until 4:24PM

Ganesha: Red Sunrise: 6:35AM
Muruqa: Clear Sunset: 6:05PM
Nataraja: Clear
Moon - Red
Magha*Thai

Kingston, Jamaica
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 12.55 Tithi 19 - 20

Routine Work Marana Yoga

Until 10:56PM

Then Creative Work - Siddha Yoga

967723467

Maha Sankatahara Chaturthi

Gulika 10:54AM - 12:20PM
Yama 8:01AM - 9:28AM
Rahu 12:20PM - 1:47PM

Hasta Until 10:56PM
Dhriti Until 1:07PM
Kaulava Until 11:43PM
Chaturthi* Until 1:11PM

Ganesha: Green Sunrise: 6:35AM
Muruqa: Clear Sunset: 6:06PM
Nataraja: Clear
Moon - Green
Magha*Thai

Kingston, Jamaica
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 27.38 Tithi 20 - 21

Creative Work Siddha Yoga

Until 8:58PM

Then Creative Work - Amrita Yoga

968723467

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Dhula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:27AM - 10:54AM
Yama 6:34AM - 8:01AM
Rahu 1:47PM - 3:13PM

Chitra Until 8:58PM
Shula* Until 9:32AM
Gara Until 9:03PM
Panchami Until 10:19AM

Ganesha: White Sunrise: 6:34AM
Muruqa: Clear Sunset: 6:06PM
Nataraja: Clear
Moon - Green
Magha*Masi

Kingston, Jamaica
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 12.02 Tithi 21 - 22

Creative Work Siddha Yoga

968723467

Gulika 8:01AM - 9:27AM
Yama 3:13PM - 4:40PM
Rahu 10:54AM - 12:20PM

Svati Until 7:23PM
Ganda* Until 6:20AM
Vistit Until 6:54PM
Shashthi* Until 7:53AM

Ganesha: White Sunrise: 6:34AM
Muruqa: Clear Sunset: 6:07PM
Nataraja: Clear
Moon - Green
Magha*Masi

Kingston, Jamaica
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Tula Rasi: 26.04 Tithi 22 - 23

Creative Work Siddha Yoga

978723467

Gulika 6:33AM - 8:00AM
Yama 1:47PM - 3:14PM
Rahu 9:27AM - 10:54AM

Vishakha Until 6:39PM
Dhruva Until 1:17AM Sun
Kaulava Until 4:44AM Sun
Saptami Until 6:01AM

Ganesha: Clear Sunrise: 6:33AM
Muruqa: Clear Sunset: 6:07PM
Nataraja: Clear
Moon - Orange
Magha*Masi

Kingston, Jamaica
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 9.44 Tithi 24

Routine Work Marana Yoga

978723467

Gulika 3:14PM - 4:41PM
Yama 12:20PM - 1:47PM
Rahu 4:41PM - 6:07PM

Anuradha Until 6:23PM
Vyaghata* Until 11:30PM
Taitila Until 4:22PM
Navami* Until 4:06AM Mon

Ganesha: Clear Sunrise: 6:33AM
Muruqa: Clear Sunset: 6:07PM
Nataraja: Clear
Moon - Orange
Magha*Masi

Kingston, Jamaica
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau	Kingston, Jamaica Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 23.04	Tithi 25	Gulika 1:47PM – 3:14PM	Jyeshtha* Until 6:33PM	Ganesha: Clear <i>Sunrise:</i> 6:32AM	
Family Home Evening	978723467	Yama 10:53AM – 12:20PM	Harshana Until 10:12PM	Muruqa: Clear <i>Sunset:</i> 6:08PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 7:59AM – 9:26AM	Vanija Until 4:01PM	Nataraja: Clear	2nd Phase
			Dashami Until 4:03AM Tue	Moon – Orange	Devaloka Day
				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	Kingston, Jamaica Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 26	Gulika 12:20PM – 1:47PM	Mula* Until 7:36PM	Ganesha: Purple <i>Sunrise:</i> 6:32AM	
	988723467	Yama 9:26AM – 10:53AM	Vajra* Until 9:19PM	Muruqa: Clear <i>Sunset:</i> 6:08PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 3:14PM – 4:41PM	Bava Until 4:16PM	Nataraja: Clear	2nd Phase
Until 7:36PM			Ekadashi* Until 4:34AM Wed	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kingston, Jamaica Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 18.49	Tithi 27	Gulika 10:53AM – 12:20PM	Purvashadha* Until 8:58PM	Ganesha: Purple <i>Sunrise:</i> 6:31AM	
	988723467	Yama 7:58AM – 9:26AM	Siddhi Until 8:49PM	Muruqa: Clear <i>Sunset:</i> 6:09PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 12:20PM – 1:47PM	Kaulava Until 5:01PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 5:32AM Thu	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau	Kingston, Jamaica Sun 10 Sutra 312 Vikarin 5121
Makara Rasi: 1.2	Tithi 28	Gulika 9:25AM – 10:53AM	Uttarashadha Until 10:35PM	Ganesha: Purple <i>Sunrise:</i> 6:31AM	
	989823467	Yama 6:31AM – 7:58AM	Vyatipata* Until 8:40PM	Muruqa: Clear <i>Sunset:</i> 6:09PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 1:47PM – 3:14PM	Gara Until 6:12PM	Nataraja: Clear	2nd Phase
Until 10:35PM			Trayodashi* Until 6:55AM Fri	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga			Pradosha Vrata (Fasting)	Magha-Masi	Devaloka Time: 3:PM to 6:PM

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 13.42	Tithi 28 – 29	Gulika 7:58AM – 9:25AM	Shravana Until 12:52AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:30AM	
	999823467	Yama 3:15PM – 4:42PM	Variyan Until 8:45PM	Muruqa: Clear <i>Sunset:</i> 6:09PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 10:52AM – 12:20PM	Visti Until 7:45PM	Nataraja: Clear	2nd Phase
Until 12:52AM Sat			Trayodashi* Until 6:55AM	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

Retreat Star		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau	Kingston, Jamaica Sun 12 Sutra 314 Vikarin 5121
Makara Rasi: 25.55	Tithi 29 – 30	Gulika 6:29AM – 7:57AM	Dhanishtha Until 3:16AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:29AM	
	999823467	Yama 1:47PM – 3:15PM	Parigha* Until 9:04PM	Muruqa: Clear <i>Sunset:</i> 6:10PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 9:25AM – 10:52AM	Catuspada Until 9:36PM	Nataraja: Clear	Amavasya
			Chaturdashil* Until 8:37AM	Moon – Purple	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kingston, Jamaica Sun 13 Sutra 315 Vikarin 5121
Kumbha Rasi: 8.02	Tithi 30 – 1	Gulika 3:15PM – 4:42PM	Shatabhishak Until 5:43AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:29AM	
	999823467	Yama 12:19PM – 1:47PM	Shiva Until 9:36PM	Muruqa: Clear <i>Sunset:</i> 6:10PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 4:42PM – 6:10PM	Kintughna Until 11:42PM	Nataraja: Clear	Prathama
Until 5:43AM Mon			Amavasya* Until 10:36AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 20.03 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	919823467	Gulika 1:47PM – 3:15PM Yama 10:52AM – 12:19PM Rahu 7:56AM – 9:24AM	Purvaproshtapada* Until 8:41AM Tue Siddha Until 10:15PM Balava Until 2:00AM Tue Prathama* Until 12:48PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:28AM Sunset: 6:10PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica Sun 15 Sutra 317 Vikarin 5121
2	Meena Rasi: 1.59 Tithi 2 – 3 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	919823467	Gulika 12:19PM – 1:47PM Yama 9:23AM – 10:51AM Rahu 3:15PM – 4:43PM	Purvaproshtapada* Until 8:41AM Sadhya Until 11:02PM Taitila Until 4:27AM Wed Dvitiya Until 3:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:28AM Sunset: 6:11PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kingston, Jamaica Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 13.53 Tithi 3 – 4 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	919823467	Gulika 10:51AM – 12:19PM Yama 7:55AM – 9:23AM Rahu 12:19PM – 1:47PM	Uttaraproshtapada Until 11:36AM Subha Until 11:55PM Vanija Until 6:58AM Thu Tritiya Until 5:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:27AM Sunset: 6:11PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau				Kingston, Jamaica Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 25.45 Tithi 4 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	919823467	Gulika 9:23AM – 10:51AM Yama 6:26AM – 7:54AM Rahu 1:47PM – 3:15PM	Revati Until 2:25PM Sukla Until 12:45AM Fri Vanija Until 6:58AM Chaturthi* Until 8:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:26AM Sunset: 6:11PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 7.37 Tithi 5 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	921823467	Gulika 7:54AM – 9:22AM Yama 3:15PM – 4:43PM Rahu 10:50AM – 12:19PM	Ashvini Until 5:29PM Brahma Until 1:31AM Sat Bava Until 9:27AM Panchami Until 10:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:26AM Sunset: 6:12PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 19.33 Tithi 6 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	921823467	Gulika 6:25AM – 7:53AM Yama 1:47PM – 3:15PM Rahu 9:22AM – 10:50AM	Bharani Until 8:10PM Indra Until 2:05AM Sun Kaulava Until 11:45AM Shashthi* Until 12:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:25AM Sunset: 6:12PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 322 Vikarin 5121
Retreat Star			Gulika 3:15PM – 4:44PM Yama 12:18PM – 1:47PM Rahu 4:44PM – 6:13PM	Krittika Until 10:16PM Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM Saptami Until 2:25AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:24AM Sunset: 6:13PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 323 Vikarin 5121
Retreat Star			Gulika 1:47PM – 3:15PM Yama 10:49AM – 12:18PM Rahu 7:52AM – 9:20AM	Rohini Until 12:04AM Tue Vishkambha* Until 1:54AM Tue Visti Until 3:01PM Ashtami* Until 3:23AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:23AM Sunset: 6:13PM Moon 2 - Phase 44 Ashtami Devaloka Day
Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 324 Vikarin 5121
Retreat Star			Gulika 12:18PM – 1:47PM Yama 9:20AM – 10:49AM Rahu 3:15PM – 4:44PM	Mrigashira Until 12:55AM Wed Priti Until 12:57AM Wed Balava Until 3:36PM Navami* Until 3:33AM Wed	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:22AM Sunset: 6:13PM Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

Gulika 10:46AM – 12:16PM
Yama 7:46AM – 9:16AM
Rahu 12:16PM – 1:46PM

Hasta Until 8:31AM
Vriddhi Until 5:31PM
Vanija Until 3:18PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Orange *Sunset:* 6:15PM
Nataraja: Clear
Moon – Green

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

Tritiya Until 1:33AM Thu

Phalguna-Masi

1 Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

Gulika 9:15AM – 10:45AM
Yama 6:15AM – 7:45AM
Rahu 1:45PM – 3:15PM

Svati Until 3:24AM Fri
Dhruva Until 1:36PM
Bava Until 11:57AM
Chaturthi* Until 10:25PM

Ganesha: Clear *Sunrise:* 6:15AM
Muruqa: Orange *Sunset:* 6:15PM
Nataraja: Clear
Moon – Green

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

Phalguna-Masi

2 Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

Gulika 7:45AM – 9:15AM
Yama 3:15PM – 4:46PM
Rahu 10:45AM – 12:15PM

Vishakha Until 1:51AM Sat
Vyaghata* Until 10:06AM
Kaulava Until 9:04AM
Panchami Until 7:50PM

Ganesha: Purple *Sunrise:* 6:14AM
Muruqa: Orange *Sunset:* 6:16PM
Nataraja: Clear
Moon – Orange

Sivaloka Day

Creative Work Siddha Yoga

Phalguna-Masi

3 Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

Gulika 6:14AM – 7:44AM
Yama 1:45PM – 3:15PM
Rahu 9:14AM – 10:45AM

Anuradha Until 12:52AM Sun
Harshana Until 7:08AM
Gara Until 6:49AM
Shashthi* Until 5:56PM

Ganesha: Purple *Sunrise:* 6:14AM
Muruqa: Orange *Sunset:* 6:16PM
Nataraja: Purple
Moon – Orange

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

Phalguna-Panguni

4 Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

Gulika 3:15PM – 4:46PM
Yama 12:15PM – 1:45PM
Rahu 4:46PM – 6:16PM

Jyeshtha* Until 12:31AM Mon
Siddhi Until 2:58AM Mon
Balava Until 4:33AM Mon
Saptami Until 4:48PM

Ganesha: Clear *Sunrise:* 6:13AM
Muruqa: Orange *Sunset:* 6:16PM
Nataraja: Purple
Moon – Orange

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

Phalguna-Panguni

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

Gulika 1:45PM – 3:15PM
Yama 10:44AM – 12:14PM
Rahu 7:43AM – 9:13AM

Mula* Until 1:13AM Tue
Vyatipata* Until 1:50AM Tue
Taitila Until 4:36AM Tue
Ashtami* Until 4:28PM

Ganesha: Purple *Sunrise:* 6:12AM
Muruqa: Orange *Sunset:* 6:16PM
Nataraja: Purple
Moon – Light Blue

Devaloka Day

Creative Work Siddha Yoga

Phalguna-Panguni

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

Gulika 12:14PM – 1:45PM
Yama 9:13AM – 10:43AM
Rahu 3:15PM – 4:46PM

Purvashadha* Until 2:29AM Wed
Variyan Until 1:14AM Wed
Vanija Until 5:21AM Wed
Navami* Until 4:52PM

Ganesha: Purple *Sunrise:* 6:11AM
Muruqa: Orange *Sunset:* 6:17PM
Nataraja: Purple
Moon – Light Blue

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

Phalguna-Panguni

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kingston, Jamaica Sun 8 Sutra 339 Vikarin 5121
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 10:43AM – 12:14PM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:10AM	
		Yama 7:41AM – 9:12AM	Parigha* Until 1:07AM Thu	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 47
	182933468	Rahu 12:14PM – 1:44PM	Bava Until 6:42AM Thu	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue	Devaloka Day
Until 4:10AM Thu				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Kingston, Jamaica Sun 9 Sutra 340 Vikarin 5121
Makara Rasi: 10.5	Tithi 26	Gulika 9:11AM – 10:42AM	Shravana Until 6:37AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:10AM	
		Yama 6:10AM – 7:41AM	Shiva Until 1:23AM Fri	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 47
	192933468	Rahu 1:44PM – 3:15PM	Bava Until 6:42AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau	Kingston, Jamaica Sun 10 Sutra 341 Vikarin 5121
Makara Rasi: 23.01	Tithi 27	Gulika 7:40AM – 9:11AM	Shravana Until 6:37AM	Ganesha: Clear <i>Sunrise:</i> 6:09AM	
		Yama 3:15PM – 4:46PM	Siddha Until 1:53AM Sat	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 47
	192933468	Rahu 10:42AM – 12:13PM	Kaulava Until 8:30AM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple	Sivaloka Day
Until 6:37AM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Kingston, Jamaica Sun 11 Sutra 342 Vikarin 5121
Kumbha Rasi: 5.04	Tithi 28	Gulika 6:08AM – 7:39AM	Dhanishtha Until 9:12AM	Ganesha: Clear <i>Sunrise:</i> 6:08AM	
		Yama 1:44PM – 3:15PM	Sadhya Until 2:34AM Sun	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 47
	192933468	Rahu 9:10AM – 10:42AM	Gara Until 10:36AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple	Sivaloka Day
Until 9:12AM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kingston, Jamaica Sun 12 Sutra 343 Vikarin 5121
Kumbha Rasi: 17.01	Tithi 29	Gulika 3:15PM – 4:46PM	Shatabhishak Until 11:48AM	Ganesha: White <i>Sunrise:</i> 6:07AM	
		Yama 12:12PM – 1:44PM	Subha Until 3:22AM Mon	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 3 - Phase 47
	193933468	Rahu 4:46PM – 6:18PM	Visti* Until 12:53PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple	Subha Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kingston, Jamaica Sun 13 Sutra 344 Vikarin 5121
Kumbha Rasi: 28.56	Tithi 30	Gulika 1:44PM – 3:15PM	Purvaprosarthapada* Until 2:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM	
Family Home Evening		Yama 10:41AM – 12:12PM	Sukla Until 4:12AM Tue	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 3 - Phase 47
	113933468	Rahu 7:38AM – 9:09AM	Catuspada Until 3:17PM	Nataraja: Purple	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:28AM Tue	Moon – Clear	Sivaloka Day
Until 2:51PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau	Kingston, Jamaica Sun 14 Sutra 345 Vikarin 5121
Meena Rasi: 10.49	Tithi 1	Gulika 12:12PM – 1:43PM	Uttaraprosarthapada Until 5:47PM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM	
		Yama 9:09AM – 10:40AM	Brahma Until 5:04AM Wed	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 3 - Phase 47
	113933468	Rahu 3:15PM – 4:47PM	Kintughna Until 5:43PM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear	Sivaloka Day
Until 5:47PM		Yugadhi		Chaitra-Panguni	
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kingston, Jamaica Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 10:40AM – 12:12PM Yama 7:36AM – 9:08AM 113933468 Rahu 12:12PM – 1:43PM	Revati Until 8:33PM Indra Until 5:55AM Thu Balava Until 8:10PM Prathama* Until 6:55AM	Ganesha: Yellow <i>Sunrise:</i> 6:05AM Muruqa: Orange <i>Sunset:</i> 6:18PM Nataraja: Purple Moon – Clear	Sivaloka Day Moon 3 - Phase 48 3rd Phase
Routine Work	Marana Yoga			Chaitra•Panguni	
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kingston, Jamaica Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 9:08AM – 10:39AM Yama 6:04AM – 7:36AM 123933468 Rahu 1:43PM – 3:15PM	Ashvini Until 11:36PM Vaidhriti* Until 6:41AM Fri Taitila Until 10:33PM Dvitiya Until 9:21AM	Ganesha: Red <i>Sunrise:</i> 6:04AM Muruqa: Orange <i>Sunset:</i> 6:18PM Nataraja: Purple Moon – White	Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi		Chaitra•Panguni	
Until 11:36PM					
Then Creative Work - Siddha Yoga					
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kingston, Jamaica Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:35AM – 9:07AM Yama 3:15PM – 4:47PM 123933468 Rahu 10:39AM – 12:11PM	Bharani Until 2:19AM Sat Vaidhriti* Until 6:41AM Vanija Until 12:47AM Sat Tritiya Until 11:40AM	Ganesha: Red <i>Sunrise:</i> 6:03AM Muruqa: Orange <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – White	Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Siddha Yoga			Chaitra•Panguni	
Until 2:19AM Sat					
Then Creative Work - Amrita Yoga					
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kingston, Jamaica Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 6:02AM – 7:34AM Yama 1:43PM – 3:15PM 123933468 Rahu 9:06AM – 10:39AM	Krittika Until 4:37AM Sun Vishkambha* Until 7:20AM Bava Until 2:44AM Sun Chaturthi* Until 1:47PM	Ganesha: Red <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – White	Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Amrita Yoga			Chaitra•Panguni	
Until 4:37AM Sun					
Then Creative Work - Siddha Yoga					
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kingston, Jamaica Sun 19 Sutra 350 Vikarin 5121
Virshabha Rasi: 10.37	Tithi 5 – 6	Gulika 3:15PM – 4:47PM Yama 12:10PM – 1:43PM 133933468 Rahu 4:47PM – 6:19PM	Rohini Until 6:50AM Mon Priti Until 7:46AM Kaulava Until 4:16AM Mon Panchami Until 3:33PM	Ganesha: Blue <i>Sunrise:</i> 6:01AM Muruqa: Orange <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Yellow	Subha Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Siddha Yoga			Chaitra•Panguni	
Until 6:50AM Mon					
Then Creative Work - Amrita Yoga					
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kingston, Jamaica Sun 20 Sutra 351 Vikarin 5121
Virshabha Rasi: 22.53	Tithi 6 – 7	Gulika 1:42PM – 3:15PM Yama 10:38AM – 12:10PM 133933468 Rahu 7:33AM – 9:05AM	Rohini Until 6:50AM Ayushman Until 7:50AM Gara Until 5:13AM Tue Shashthi* Until 4:49PM	Ganesha: Blue <i>Sunrise:</i> 6:01AM Muruqa: Orange <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Yellow	Subha Sivaloka Day Moon 3 - Phase 48 3rd Phase
Family Home Evening				Chaitra•Panguni	
Creative Work	Amrita Yoga				
Tuesday, March 31, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kingston, Jamaica Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 12:10PM – 1:42PM Yama 9:05AM – 10:37AM 133933468 Rahu 3:15PM – 4:47PM	Mrigashira Until 8:17AM Saubhagya Until 7:26AM Visti Until 5:26AM Wed Saptami Until 5:25PM	Ganesha: Blue <i>Sunrise:</i> 6:00AM Muruqa: Orange <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Yellow	Subha Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Siddha Yoga			Chaitra•Panguni	
Until 8:17AM					
Then Routine Work - Marana Yoga					
Wednesday, April 1, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kingston, Jamaica Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 10:37AM – 12:10PM Yama 7:32AM – 9:05AM 133933468 Rahu 12:10PM – 1:42PM	Ardra Until 8:53AM Sobhana Until 6:29AM Balava Until 4:51AM Thu Ashtami* Until 5:14PM	Ganesha: Blue <i>Sunrise:</i> 6:00AM Muruqa: Orange <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Yellow	Subha Sivaloka Day Moon 3 - Phase 48 Ashtami
Creative Work	Siddha Yoga			Chaitra•Panguni	
Thursday, April 2, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kingston, Jamaica Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 9:04AM – 10:37AM Yama 5:59AM – 7:32AM 143933468 Rahu 1:42PM – 3:15PM	Punarvasu Until 8:59AM Sukarma Until 2:37AM Fri Taitila Until 3:26AM Fri Navami* Until 4:13PM	Ganesha: Yellow <i>Sunrise:</i> 5:59AM Muruqa: Orange <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Blue	Sivaloka Day Moon 3 - Phase 48 Navami
Creative Work	Amrita Yoga	Sri Rama Navami		Chaitra•Panguni	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau	Kingston, Jamaica Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 7:31AM – 9:04AM	Pushya Until 8:08AM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		Yama 3:15PM – 4:47PM	Dhriti Until 11:46PM	Muruqa: Orange <i>Sunset:</i> 6:20PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:36AM – 12:09PM	Vanija Until 1:15AM Sat	Nataraja: Purple	4th Phase
			Yogaswami Mahasamadhi	Moon – Blue	Sivaloka Day
			Dashami Until 2:25PM	Chaitra•Panguni	

2		Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kingston, Jamaica Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 5:57AM – 7:30AM	Ashlesha* Until 6:24AM	Ganesha: Yellow <i>Sunrise:</i> 5:57AM	
		Yama 1:42PM – 3:14PM	Shula* Until 8:20PM	Muruqa: Orange <i>Sunset:</i> 6:20PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 9:03AM – 10:36AM	Bava Until 10:25PM	Nataraja: Purple	4th Phase
Until 6:24AM			Ekadashi Until 11:54AM	Moon – Blue	Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra•Panguni	

3		Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:14PM – 4:47PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White <i>Sunrise:</i> 5:57AM	
		Yama 12:09PM – 1:41PM	Ganda* Until 4:29PM	Muruqa: Orange <i>Sunset:</i> 6:20PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 Rahu 4:47PM – 6:20PM	Kaulava Until 7:05PM	Nataraja: Purple	4th Phase
			Dvadashi Until 8:47AM	Moon – Red	Subha Sivaloka Day
				Chaitra•Panguni	
				<i>Pradosha Vrata</i>	

4		Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau	Kingston, Jamaica Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 29.25	Tithi 14	Gulika 1:41PM – 3:14PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear <i>Sunrise:</i> 5:56AM	
Family Home Evening		Yama 10:35AM – 12:08PM	Vridhhi Until 12:21PM	Muruqa: Orange <i>Sunset:</i> 6:21PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:29AM – 9:02AM	Gara Until 3:23PM	Nataraja: Purple	4th Phase
			Chaturdashi* Until 1:27AM Tue	Moon – Red	Sivaloka Day
				Chaitra•Panguni	

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau	Kingston, Jamaica Sutra 359 Vikarin 5121
Kanya Rasi: 14.4	Tithi 15	Gulika 12:08PM – 1:41PM	Hasta Until 7:34PM	Ganesha: Purple <i>Sunrise:</i> 5:55AM	
		Yama 9:02AM – 10:35AM	Dhruva Until 8:01AM	Muruqa: Orange <i>Sunset:</i> 6:21PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:14PM – 4:48PM	Visti Until 11:31AM	Nataraja: Purple	Purnima
			Purnima* Until 9:33PM	Moon – Green	Devaloka Day
		Panguni Uttiram		Chaitra•Panguni	
		Hanuman Jayanti			

Wednesday, April 8, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau	Kingston, Jamaica Sutra 360 Vikarin 5121
Kanya Rasi: 29.58	Tithi 16 – 17	Gulika 10:34AM – 12:08PM	Chitra Until 4:33PM	Ganesha: Purple <i>Sunrise:</i> 5:54AM	
		Yama 7:28AM – 9:01AM	Harshana Until 11:27PM	Muruqa: Clear <i>Sunset:</i> 6:21PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 12:08PM – 1:41PM	Balava Until 7:39AM	Nataraja: Purple	Prathama
			Prathama* Until 5:45PM	Moon – Green	Devaloka Day
				Chaitra•Panguni	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.07 Tithi 17 - 18
164134468
Creative Work Amrita Yoga
Until 1:39PM
Then Creative Work - Siddha Yoga

Gulika 9:01AM - 10:34AM
Yama 5:54AM - 7:27AM
Rahu 1:41PM - 3:14PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Purple
Moon - Green
Chaitra-Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 30 Tithi 18 - 19
174134468
Creative Work Siddha Yoga

Gulika 7:26AM - 9:00AM
Yama 3:14PM - 4:48PM
Rahu 10:34AM - 12:07PM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 5:53AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 14.28 Tithi 19 - 20
174134468
Creative Work Siddha Yoga

Gulika 5:52AM - 7:26AM
Yama 1:41PM - 3:14PM
Rahu 8:59AM - 10:33AM

Anuradha Until 9:43AM
Vyatipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 5:52AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 28.26 Tithi 20 - 21
174134468
Routine Work Marana Yoga
Until 8:33AM
Then Creative Work - Amrita Yoga

Gulika 3:14PM - 4:48PM
Yama 12:07PM - 1:40PM
Rahu 4:48PM - 6:22PM

Jyeshtha* Until 8:33AM
Varyan Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:51AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.56 Tithi 22
Family Home Evening
184134468
Creative Work Siddha Yoga
Until 8:31AM
Then Routine Work - Marana Yoga

Gulika 1:40PM - 3:14PM
Yama 10:32AM - 12:06PM
Rahu 7:25AM - 8:58AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:51AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Chaitra

Devaloka Day

D

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 24.59 Tithi 23
284134468
Creative Work Siddha Yoga
Until 9:09AM
Then Routine Work - Prabalarishta Yoga

Gulika 12:06PM - 1:40PM
Yama 8:58AM - 10:32AM
Rahu 3:14PM - 4:48PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 5:50AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 7.37 Tithi 23 - 24
284134468
Creative Work Amrita Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Gulika 10:32AM - 12:06PM
Yama 7:23AM - 8:57AM
Rahu 12:06PM - 1:40PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 5:49AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 8	Sutra 4 Sarvari 5122
Makara Rasi: 19.58	Tithi 24 – 25	Gulika 8:57AM – 10:31AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM				
		Yama 5:48AM – 7:23AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM			Moon 4 - Phase 1	
294134468		Rahu 1:40PM – 3:14PM	Vanija Until 8:38PM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Purple			Devaloka Day		
				Chaitra*Chaitra					

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visli/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 9	Sutra 5 Sarvari 5122
Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 7:22AM – 8:57AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM				
		Yama 3:14PM – 4:49PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM			Moon 4 - Phase 1	
294134468		Rahu 10:31AM – 12:05PM	Bava Until 10:43PM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 9:37AM	Moon – Purple			Devaloka Day		
				Chaitra*Chaitra					

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 10	Sutra 6 Sarvari 5122
Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 5:47AM – 7:22AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM				
		Yama 1:40PM – 3:14PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM			Moon 4 - Phase 1	
295134468		Rahu 8:56AM – 10:31AM	Kaulava Until 1:03AM Sun	Nataraja: Purple				2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple			Sivaloka Day		
Until 5:46PM				Chaitra*Chaitra					
Then Routine Work - Marana Yoga									

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 11	Sutra 7 Sarvari 5122
Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:14PM – 4:49PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM				
		Yama 12:05PM – 1:40PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM			Moon 4 - Phase 1	
215134468		Rahu 4:49PM – 6:24PM	Gara Until 3:30AM Mon	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 2:15PM	Moon – Clear			Sivaloka Day		
Until 8:53PM				Chaitra*Chaitra					
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>						

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 12	Sutra 8 Sarvari 5122
Meena Rasi: 7.5	Tithi 28 – 29	Gulika 1:40PM – 3:14PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM				
Family Home Evening		Yama 10:30AM – 12:05PM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM			Moon 4 - Phase 1	
215134468		Rahu 7:20AM – 8:55AM	Vistit Until 5:56AM Tue	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 4:42PM	Moon – Clear			Sivaloka Day		
				Chaitra*Chaitra					

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 13	Sutra 9 Sarvari 5122
Meena Rasi: 19.42	Tithi 29	Gulika 12:05PM – 1:39PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM				
		Yama 8:55AM – 10:30AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM			Moon 4 - Phase 1	
215134468		Rahu 3:14PM – 4:49PM	Sakuni Until 7:06PM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06PM	Moon – Clear			Sivaloka Day		
Until 2:35AM Wed				Chaitra*Chaitra					
Then Routine Work - Marana Yoga									

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 14	Sutra 10 Sarvari 5122
Mesha Rasi: 2	Tithi 30	Gulika 10:29AM – 12:04PM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:44AM				
		Yama 7:19AM – 8:54AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM			Moon 4 - Phase 1	
225134468		Rahu 12:04PM – 1:39PM	Catuspada Until 8:17AM	Nataraja: Purple				Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 9:23PM	Moon – White			Sivaloka Day		
Until 5:31AM Thu				Chaitra*Chaitra					
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 15	Sutra 11 Sarvari 5122
Mesha Rasi: 13.34	Tithi 1	Gulika 8:54AM – 10:29AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:44AM				
		Yama 5:44AM – 7:19AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM			Moon 4 - Phase 1	
225134468		Rahu 1:39PM – 3:14PM	Kintughna Until 10:29AM	Nataraja: Purple				Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:29PM	Moon – White			Sivaloka Day		
				Vaisaka*Chaitra					

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 16	Sutra 12
Mesha Rasi: 25.35	Tithi 2	Gulika 7:18AM – 8:54AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 5:43AM			Sarvari 5122	
		Yama 3:15PM – 4:50PM	Ayushman Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM			Moon 4 - Phase 2	
225134469	Rahu 10:29AM – 12:04PM		Balava Until 12:28PM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:21AM Sat	Moon – White			Devaloka Day		
				Vaisaka-Chaitra					

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 17	Sutra 13
Virshabha Rasi: 7.44	Tithi 3	Gulika 5:42AM – 7:18AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 5:42AM			Sarvari 5122	
		Yama 1:39PM – 3:15PM	Saubhagya Until 1:19PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM			Moon 4 - Phase 2	
225134469	Rahu 8:53AM – 10:28AM		Taitila Until 2:11PM	Nataraja: Clear				3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 2:53AM Sun	Moon – White			Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra					

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Kingston, Jamaica Sun 18	Sutra 14
Virshabha Rasi: 20	Tithi 4	Gulika 3:15PM – 4:50PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM			Sarvari 5122	
		Yama 12:04PM – 1:39PM	Sobhana Until 1:24PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM			Moon 4 - Phase 2	
235134469	Rahu 4:50PM – 6:26PM		Vanija Until 3:32PM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 4:02AM Mon	Moon – Yellow			Devaloka Day		
				Vaisaka-Chaitra					

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 19	Sutra 15
Mithuna Rasi: 2.27	Tithi 5	Gulika 1:39PM – 3:15PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 5:41AM			Sarvari 5122	
Family Home Evening		Yama 10:28AM – 12:04PM	Athiganda* Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM			Moon 4 - Phase 2	
236134469	Rahu 7:17AM – 8:52AM		Bava Until 4:27PM	Nataraja: Clear				3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 4:41AM Tue	Moon – Yellow			Bhuloka Day		
Until 2:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica Sun 20	Sutra 16
Mithuna Rasi: 15.08	Tithi 6	Gulika 12:03PM – 1:39PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:41AM			Sarvari 5122	
		Yama 8:52AM – 10:28AM	Sukarma Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM			Moon 4 - Phase 2	
236134469	Rahu 3:15PM – 4:50PM		Kaulava Until 4:49PM	Nataraja: Clear				3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 4:45AM Wed	Moon – Yellow			Bhuloka Day		
Until 2:55PM				Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Kingston, Jamaica Sun 21	Sutra 17
Mithuna Rasi: 28.05	Tithi 7	Gulika 10:27AM – 12:03PM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM			Sarvari 5122	
		Yama 7:16AM – 8:52AM	Dhriti Until 11:19AM	Muruqa: Clear	<i>Sunset:</i> 6:26PM			Moon 4 - Phase 2	
246134469	Rahu 12:03PM – 1:39PM		Gara Until 4:34PM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 4:11AM Thu	Moon – Blue			Devaloka Day		
				Vaisaka-Chaitra					

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau				Kingston, Jamaica Sun 22	Sutra 18
Kataka Rasi: 11.22	Tithi 8	Gulika 8:51AM – 10:27AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM			Sarvari 5122	
		Yama 5:39AM – 7:15AM	Shula* Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 6:27PM			Moon 4 - Phase 2	
246134469	Rahu 1:39PM – 3:15PM		Visli Until 3:40PM	Nataraja: Clear				Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 2:57AM Fri	Moon – Blue			Devaloka Day		
Until 3:23PM				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica Sun 23	Sutra 19
Kataka Rasi: 25.01	Tithi 9	Gulika 7:14AM – 8:51AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM			Sarvari 5122	
		Yama 3:15PM – 4:51PM	Ganda* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 6:27PM			Moon 4 - Phase 2	
246134469	Rahu 10:27AM – 12:03PM		Balava Until 2:06PM	Nataraja: Clear				Navami	
Routine Work	Marana Yoga		Navami* Until 1:04AM Sat	Moon – Blue			Devaloka Day		
				Vaisaka-Chaitra					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Kingston, Jamaica Sun 24 Sutra 20	
Simha Rasi: 9.05	Tithi 10	Gulika 5:38AM – 7:14AM	Magha* Until 1:06PM	Ganesha: White	<i>Sunrise:</i> 5:38AM			Sarvari 5122	
		Yama 1:39PM – 3:15PM	Dhruva Until 1:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:28PM			Moon 4 - Phase 3	
		256134469 Rahu 8:50AM – 10:27AM	Taitila Until 11:55AM	Nataraja: Clear					4th Phase
Creative Work	Amrita Yoga			Moon – Red			Bhuloka Day		
Until 1:06PM				Vaisaka*Chaitra			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Kingston, Jamaica Sun 25 Sutra 21	
Simha Rasi: 23.31	Tithi 11	Gulika 3:15PM – 4:52PM	Purvaphalguni Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 5:37AM			Sarvari 5122	
		Yama 12:03PM – 1:39PM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 6:28PM			Moon 4 - Phase 3	
		256134469 Rahu 4:52PM – 6:28PM	Vanija Until 9:11AM	Nataraja: Clear					4th Phase
Creative Work	Siddha Yoga			Moon – Red			Bhuloka Day		
Until 11:08AM				Vaisaka*Chaitra			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 26 Sutra 22	
Kanya Rasi: 8.17	Tithi 12 – 13	Gulika 1:39PM – 3:15PM	Uttaraphalguni Until 8:36AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM			Sarvari 5122	
Family Home Evening		Yama 10:26AM – 12:03PM	Harshana Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 6:28PM			Moon 4 - Phase 3	
		256234469 Rahu 7:13AM – 8:50AM	Bava Until 6:02AM	Nataraja: Clear					4th Phase
Creative Work	Siddha Yoga			Moon – Red			Devaloka Day		
				Vaisaka*Chaitra					

Pradosha Vrata

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 27 Sutra 23	
Kanya Rasi: 23.16	Tithi 13 – 14	Gulika 12:03PM – 1:39PM	Hasta Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM			Sarvari 5122	
		Yama 8:49AM – 10:26AM	Vajra* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM			Moon 4 - Phase 3	
		267234469 Rahu 3:16PM – 4:52PM	Gara Until 11:02PM	Nataraja: Clear					4th Phase
Creative Work	Siddha Yoga			Moon – Green			Devaloka Day		
				Vaisaka*Chaitra					

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kingston, Jamaica Sutra 24	
Copper Retreat Star		Gulika 10:26AM – 12:02PM	Svati Until 12:28AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:36AM			Sarvari 5122	
Tula Rasi: 8.2	Tithi 14 – 15	Yama 7:13AM – 8:49AM	Siddhi Until 10:06AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM			Moon 4 - Phase 3	
		267234469 Rahu 12:02PM – 1:39PM	Visti Until 7:29PM	Nataraja: Clear					Purnima
Creative Work	Siddha Yoga			Moon – Green			Devaloka Day		
		Budha Purnima (Tamil Nadu)	Chaturdashi* Until 9:14AM	Vaisaka*Chaitra					

Thursday, May 7, 2020		Silver Retreat Star				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Kingston, Jamaica Sutra 25	
Tula Rasi: 23.21	Tithi 16	Gulika 8:49AM – 10:26AM	Vishakha Until 10:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM			Sarvari 5122	
		Yama 5:35AM – 7:12AM	Vyatipata* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM			Moon 4 - Phase 3	
		277234469 Rahu 1:39PM – 3:16PM	Balava Until 4:07PM	Nataraja: Clear					Prathama
Creative Work	Siddha Yoga			Moon – Orange			Bhuloka Day		
				Vaisaka*Chaitra			Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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