



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 27.01 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:29PM – 5:07PM
Yama 12:13PM – 1:51PM
Rahu 5:07PM – 6:45PM

Vishakha Until 4:58PM
Vyatipata* Until 3:29AM Mon
Vanija Until 11:53PM
Dvitiya Until 12:31PM

Ganesha: Blue *Sunrise:* 5:41AM
Muruqa: Yellow *Sunset:* 6:45PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Kedarnath, India
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Virschika Rasi: 10.41 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:51PM – 3:29PM
Yama 10:34AM – 12:13PM
Rahu 7:18AM – 8:56AM

Anuradha Until 4:43PM
Variyan Until 1:53AM Tue
Bava Until 11:09PM
Tritiya Until 11:24AM

Ganesha: Blue *Sunrise:* 5:40AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Kedarnath, India
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Virschika Rasi: 23.56 Tithi 19 – 20

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:12PM – 1:51PM
Yama 8:56AM – 10:34AM
Rahu 3:29PM – 5:08PM

Jyeshtha* Until 5:05PM
Parigha* Until 12:57AM Wed
Kaulava Until 11:13PM
Chaturthi* Until 11:03AM

Ganesha: Blue *Sunrise:* 5:39AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Kedarnath, India
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 6.45 Tithi 20 – 21

Routine Work Marana Yoga

Until 6:34PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:34AM – 12:12PM
Yama 7:16AM – 8:55AM
Rahu 12:12PM – 1:51PM

Mula* Until 6:34PM
Shiva Until 12:39AM Thu
Gara Until 12:06AM Thu
Panchami Until 11:32AM

Ganesha: Yellow *Sunrise:* 5:38AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Kedarnath, India
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 19.13 Tithi 21 – 22

Creative Work Siddha Yoga

Until 8:38PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:54AM – 10:33AM
Yama 5:37AM – 7:16AM
Rahu 1:51PM – 3:30PM

Purvashadha* Until 8:38PM
Siddha Until 12:53AM Fri
Visti Until 1:42AM Fri
Shashthi* Until 12:48PM

Ganesha: Yellow *Sunrise:* 5:37AM
Muruqa: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Kedarnath, India
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

D

Friday, April 26, 2019

Retreat Star

Makara Rasi: 1.22 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:15AM – 8:54AM
Yama 3:30PM – 5:09PM
Rahu 10:33AM – 12:12PM

Uttarashadha Until 11:05PM
Sadhya Until 1:34AM Sat
Balava Until 3:52AM Sat
Saptami Until 2:43PM

Ganesha: Red *Sunrise:* 5:36AM
Muruqa: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Kedarnath, India
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 13.2 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:14AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:35AM – 7:14AM
Yama 1:51PM – 3:30PM
Rahu 8:53AM – 10:33AM

Shravana Until 2:14AM Sun
Subha Until 2:31AM Sun
Taitila Until 6:21AM Sun
Ashtami* Until 5:04PM

Ganesha: Green *Sunrise:* 5:35AM
Muruqa: Yellow *Sunset:* 6:49PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Kedarnath, India
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau	Kedarnath, India Sun 7 Sutra 14
Makara Rasi: 25.11	Tithi 24	Gulika 3:31PM – 5:10PM	Dhanishtha Until 5:18AM Mon	Ganesha: Green <i>Sunrise:</i> 5:34AM	Vikarin 5121
		Yama 12:12PM – 1:51PM	Sukla Until 3:31AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:49PM	Moon 4 - Phase 3
	294583469	Rahu 5:10PM – 6:49PM	Taitila Until 6:21AM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Navami* Until 7:36PM	Chaitra+Chaitra	Bhuloka Day
Until 5:18AM Mon					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

2		Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau	Kedarnath, India Sun 8 Sutra 15
Kumbha Rasi: 7	Tithi 25	Gulika 1:51PM – 3:31PM	Shatabhishak Until 8:04AM Tue	Ganesha: Green <i>Sunrise:</i> 5:33AM	Vikarin 5121
Family Home Evening		Yama 10:32AM – 12:11PM	Brahma Until 4:27AM Tue	Muruqa: Yellow <i>Sunset:</i> 6:50PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 7:12AM – 8:52AM	Vanija Until 8:54AM	Nataraja: Clear	2nd Phase
Until 8:04AM Tue			Dashami Until 10:06PM	Chaitra+Chaitra	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shatabhishak/Purvaprosnthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau	Kedarnath, India Sun 9 Sutra 16
Kumbha Rasi: 18.52	Tithi 26	Gulika 12:11PM – 1:51PM	Shatabhishak Until 8:04AM	Ganesha: Green <i>Sunrise:</i> 5:32AM	Vikarin 5121
		Yama 8:52AM – 10:31AM	Indra Until 5:09AM Wed	Muruqa: Yellow <i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
	294583469	Rahu 3:31PM – 5:11PM	Bava Until 11:16AM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 12:19AM Wed	Chaitra+Chaitra	Bhuloka Day
Until 10:51AM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kedarnath, India Sun 10 Sutra 17
Meena Rasi: 0.52	Tithi 27	Gulika 10:31AM – 12:11PM	Purvaprosnthapada* Until 10:51AM	Ganesha: Purple <i>Sunrise:</i> 5:31AM	Vikarin 5121
		Yama 7:11AM – 8:51AM	Vaidhrili* Until 5:29AM Thu	Muruqa: Yellow <i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
	214583469	Rahu 12:11PM – 1:51PM	Kaulava Until 1:17PM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:06AM Thu	Chaitra+Chaitra	Bhuloka Day
Until 10:51AM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprosnthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau	Kedarnath, India Sun 11 Sutra 18
Meena Rasi: 13.03	Tithi 28	Gulika 8:51AM – 10:31AM	Uttaraprosnthapada Until 1:01PM	Ganesha: Purple <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 5:30AM – 7:10AM	Vishkambha* Until 5:26AM Fri	Muruqa: Yellow <i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
	214583469	Rahu 1:51PM – 3:32PM	Gara Until 2:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:22AM Fri	Chaitra+Chaitra	Bhuloka Day
Until 2:31PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kedarnath, India Sun 12 Sutra 19
Meena Rasi: 25.27	Tithi 29	Gulika 7:10AM – 8:50AM	Revati Until 2:31PM	Ganesha: Light Blue <i>Sunrise:</i> 5:29AM	Vikarin 5121
		Yama 3:32PM – 5:12PM	Priti Until 4:58AM Sat	Muruqa: Yellow <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
	215583469	Rahu 10:31AM – 12:11PM	Visti Until 3:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:06AM Sat	Chaitra+Chaitra	Bhuloka Day
Until 2:31PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kedarnath, India Sun 13 Sutra 20
Mesha Rasi: 8.05	Tithi 30	Gulika 5:28AM – 7:09AM	Ashvini Until 3:48PM	Ganesha: Purple <i>Sunrise:</i> 5:28AM	Vikarin 5121
		Yama 1:52PM – 3:32PM	Ayushman Until 4:04AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
	225583469	Rahu 8:50AM – 10:30AM	Catuspada Until 4:17PM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:17AM Sun	Chaitra+Chaitra	Bhuloka Day
Until 4:25PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau	Kedarnath, India Sun 14 Sutra 21
Mesha Rasi: 20.59	Tithi 1	Gulika 3:32PM – 5:13PM	Bharani Until 4:25PM	Ganesha: Purple <i>Sunrise:</i> 5:27AM	Vikarin 5121
		Yama 12:11PM – 1:52PM	Saubhagya Until 2:48AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
	225583469	Rahu 5:13PM – 6:54PM	Kintughna Until 4:13PM	Nataraja: Clear	Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 4:00AM Mon	Vaisaka+Chaitra	Bhuloka Day
Until 4:25PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kedarnath, India Sun 15 Sutra 22 Vikarin 5121	
1		Gulika 1:52PM – 3:33PM	Krittika Until 4:28PM	Ganesha: Purple <i>Sunrise:</i> 5:27AM	
Vrishabha Rasi: 4.07	Tithi 2	Yama 10:30AM – 12:11PM	Sobhana Until 1:13AM Tue	Muruqa: Yellow <i>Sunset:</i> 6:55PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 7:08AM – 8:49AM	Balava Until 3:43PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 3:19AM Tue	Moon – White	Bhuloka Day
Until 4:28PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Kedarnath, India Sun 16 Sutra 23 Vikarin 5121	
2		Gulika 12:11PM – 1:52PM	Rohini Until 4:26PM	Ganesha: Light Blue <i>Sunrise:</i> 5:26AM	
Vrishabha Rasi: 17.28	Tithi 3	Yama 8:48AM – 10:29AM	Athiganda* Until 11:20PM	Muruqa: Yellow <i>Sunset:</i> 6:55PM	Moon 4 - Phase 4
	235583469	Rahu 3:33PM – 5:14PM	Taitila Until 2:51PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Tritiya Until 2:16AM Wed	Moon – Yellow	Bhuloka Day
Until 4:26PM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau		Kedarnath, India Sun 17 Sutra 24 Vikarin 5121	
3		Gulika 10:29AM – 12:11PM	Mrigashira Until 3:57PM	Ganesha: Light Blue <i>Sunrise:</i> 5:25AM	
Mithuna Rasi: 0.59	Tithi 4	Yama 7:06AM – 8:48AM	Sukarma Until 9:14PM	Muruqa: Yellow <i>Sunset:</i> 6:56PM	Moon 4 - Phase 4
	235583469	Rahu 12:11PM – 1:52PM	Vanija Until 1:40PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 12:57AM Thu	Moon – Yellow	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Kedarnath, India Sun 18 Sutra 25 Vikarin 5121	
4		Gulika 8:47AM – 10:29AM	Ardra Until 3:05PM	Ganesha: Light Blue <i>Sunrise:</i> 5:24AM	
Mithuna Rasi: 14.41	Tithi 5	Yama 5:24AM – 7:06AM	Dhriti Until 6:58PM	Muruqa: Yellow <i>Sunset:</i> 6:57PM	Moon 4 - Phase 4
	235583469	Rahu 1:52PM – 3:34PM	Bava Until 12:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Panchami Until 11:24PM	Moon – Yellow	Bhuloka Day
Until 3:05PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Kedarnath, India Sun 19 Sutra 26 Vikarin 5121	
5		Gulika 7:05AM – 8:47AM	Punarvasu Until 2:18PM	Ganesha: Orange <i>Sunrise:</i> 5:23AM	
Mithuna Rasi: 28.31	Tithi 6	Yama 3:34PM – 5:16PM	Shula* Until 4:29PM	Muruqa: Yellow <i>Sunset:</i> 6:57PM	Moon 4 - Phase 4
	245583469	Rahu 10:29AM – 12:10PM	Kaulava Until 10:34AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 9:39PM	Moon – Blue	Devaloka Day
Until 2:18PM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau		Kedarnath, India Sun 20 Sutra 27 Vikarin 5121	
6		Gulika 5:23AM – 7:05AM	Pushya Until 1:10PM	Ganesha: Orange <i>Sunrise:</i> 5:23AM	
Kataka Rasi: 12.28	Tithi 7	Yama 1:52PM – 3:34PM	Ganda* Until 1:52PM	Muruqa: Yellow <i>Sunset:</i> 6:58PM	Moon 4 - Phase 4
	245583469	Rahu 8:47AM – 10:28AM	Gara Until 8:43AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 7:42PM	Moon – Blue	Devaloka Day
Until 1:10PM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Kedarnath, India Sun 21 Sutra 28 Vikarin 5121	
Retreat Star		Gulika 3:35PM – 5:17PM	Ashlesha* Until 11:44AM	Ganesha: Clear <i>Sunrise:</i> 5:22AM	
Kataka Rasi: 26.32	Tithi 8 – 9	Yama 12:10PM – 1:52PM	Vridhhi Until 11:08AM	Muruqa: Yellow <i>Sunset:</i> 6:59PM	Moon 4 - Phase 4
	246583469	Rahu 5:17PM – 6:59PM	Visti Until 6:41AM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 5:35PM	Moon – Blue	Devaloka Day
Until 11:44AM		Mother's Day		Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kedarnath, India Sun 22 Sutra 29 Vikarin 5121	
Retreat Star		Gulika 1:53PM – 3:35PM	Magha* Until 10:25AM	Ganesha: White <i>Sunrise:</i> 5:21AM	
Simha Rasi: 10.42	Tithi 9 – 10	Yama 10:28AM – 12:10PM	Dhruva Until 8:14AM	Muruqa: Yellow <i>Sunset:</i> 6:59PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 7:04AM – 8:46AM	Taitila Until 2:11AM Tue	Nataraja: Clear	Navami
Routine Work Marana Yoga			Navami* Until 3:20PM	Moon – Red	Bhuloka Day
Until 10:25AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

1		Tuesday, May 14, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kedarnath, India Sun 23 Sutra 30
Simha Rasi: 24.57	Tithi 10 – 11	Gulika	12:10PM – 1:53PM	Purvaphalguni Until 8:52AM	Ganesha: White	<i>Sunrise: 5:21AM</i>	Vikarin 5121
		Yama	8:45AM – 10:28AM	Harshana Until 2:15AM Wed	Muruqa: Yellow	<i>Sunset: 7:00PM</i>	Moon 4 - Phase 5
		256583469 Rahu	3:35PM – 5:18PM	Vanija Until 11:49PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dashami Until 12:59PM	Moon – Red	Bhuloka Day	
Until 8:52AM					Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

2		Wednesday, May 15, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kedarnath, India Sun 24 Sutra 31
Kanya Rasi: 19.14	Tithi 11 – 12	Gulika	10:28AM – 12:10PM	Uttaraphalguni Until 7:07AM	Ganesha: White	<i>Sunrise: 5:20AM</i>	Vikarin 5121
		Yama	7:03AM – 8:45AM	Vajra* Until 11:14PM	Muruqa: Yellow	<i>Sunset: 7:01PM</i>	Moon 4 - Phase 5
		256583469 Rahu	12:10PM – 1:53PM	Bava Until 9:26PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Ekadashi Until 10:36AM	Moon – Red	Bhuloka Day	
Until 7:07AM					Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

3		Thursday, May 16, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kedarnath, India Sun 25 Sutra 32
Kanya Rasi: 23.31	Tithi 12 – 13	Gulika	8:45AM – 10:28AM	Chitra Until 4:15AM Fri	Ganesha: Yellow	<i>Sunrise: 5:19AM</i>	Vikarin 5121
		Yama	5:19AM – 7:02AM	Siddhi Until 8:19PM	Muruqa: Yellow	<i>Sunset: 7:01PM</i>	Moon 4 - Phase 5
		266583469 Rahu	1:53PM – 3:36PM	Kaulava Until 7:09PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 8:15AM	Moon – Green	Devaloka Day	
					Vaisaka-Vaikasi		
					<i>Pradosha Vrata</i>		

4		Friday, May 17, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Varyan Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Kedarnath, India Sun 26 Sutra 33
Tula Rasi: 7.41	Tithi 13 – 14	Gulika	7:02AM – 8:45AM	Svati Until 2:56AM Sat	Ganesha: Yellow	<i>Sunrise: 5:19AM</i>	Vikarin 5121
		Yama	3:36PM – 5:19PM	Vyatipata* Until 5:35PM	Muruqa: Yellow	<i>Sunset: 7:02PM</i>	Moon 4 - Phase 5
		266583469 Rahu	10:27AM – 12:10PM	Vanija Until 4:09AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 6:04AM	Moon – Green	Devaloka Day	
					Vaisaka-Vaikasi		

		Saturday, May 18, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau	Kedarnath, India Sun 27 Sutra 34
Copper Retreat Star		Gulika	5:18AM – 7:01AM	Vishakha Until 2:18AM Sun	Ganesha: Blue	<i>Sunrise: 5:18AM</i>	Vikarin 5121
Tula Rasi: 21.41	Tithi 15	Yama	1:53PM – 3:37PM	Varyan Until 3:07PM	Muruqa: Yellow	<i>Sunset: 7:03PM</i>	Moon 4 - Phase 5
		276583469 Rahu	8:44AM – 10:27AM	Visti Until 3:22PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Purnima* Until 2:39AM Sun	Moon – Orange	Bhuloka Day	
Until 2:18AM Sun					Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

5		Sunday, May 19, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau	Kedarnath, India Sun 28 Sutra 35
Silver Retreat Star		Gulika	3:37PM – 5:20PM	Anuradha Until 2:03AM Mon	Ganesha: Yellow	<i>Sunrise: 5:18AM</i>	Vikarin 5121
Vrischika Rasi: 5.25	Tithi 16	Yama	12:10PM – 1:54PM	Parigha* Until 1:02PM	Muruqa: Yellow	<i>Sunset: 7:03PM</i>	Moon 4 - Phase 5
		277583469 Rahu	5:20PM – 7:03PM	Balava Until 2:06PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Prathama* Until 1:40AM Mon	Moon – Orange	Devaloka Day	
Until 2:03AM Mon					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 18.5 Tithi 17
Family Home Evening 277583469
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau
Gulika 1:54PM – 3:37PM
Yama 10:27AM – 12:10PM
Rahu 7:00AM – 8:44AM
Jyeshtha* Until 2:17AM Tue
Shiva Until 11:26AM
Taitila Until 1:26PM
Dvitiya Until 1:19AM Tue

Kedarnath, India Sun 1 Sutra 36 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Ganesha: Yellow *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 7:04PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 1.55 Tithi 18
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 12:11PM – 1:54PM
Yama 8:44AM – 10:27AM
Rahu 3:38PM – 5:21PM
Mula* Until 3:29AM Wed
Siddha Until 10:20AM
Vanija Until 1:25PM
Tritiya Until 1:40AM Wed

Kedarnath, India Sun 2 Sutra 37 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Ganesha: Blue *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 7:05PM
Nataraja: Clear
Moon – Light Blue
Sivaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 14.38 Tithi 19
Creative Work Amrita Yoga
Until 5:13AM Thu
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 10:27AM – 12:11PM
Yama 7:00AM – 8:43AM
Rahu 12:11PM – 1:54PM
Purvashadha* Until 5:13AM Thu
Sadhya Until 9:48AM
Bava Until 2:07PM
Chaturthi* Until 2:42AM Thu

Kedarnath, India Sun 3 Sutra 38 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Ganesha: Red *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 7:05PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 27.04 Tithi 20
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 8:43AM – 10:27AM
Yama 5:16AM – 6:59AM
Rahu 1:54PM – 3:38PM
Uttarashadha Until 7:22AM Fri
Subha Until 9:49AM
Kaulava Until 3:29PM
Panchami Until 4:21AM Fri

Kedarnath, India Sun 4 Sutra 39 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Ganesha: Red *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 7:06PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 9.13 Tithi 21
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 6:59AM – 8:43AM
Yama 3:39PM – 5:22PM
Rahu 10:27AM – 12:11PM
Uttarashadha Until 7:22AM
Sukla Until 10:15AM
Gara Until 5:24PM
Shashthi* Until 6:29AM Sat

Kedarnath, India Sun 5 Sutra 40 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Ganesha: Red *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 7:06PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 21.12 Tithi 21 – 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 5:15AM – 6:59AM
Yama 1:55PM – 3:39PM
Rahu 8:43AM – 10:27AM
Shravana Until 10:17AM
Brahma Until 11:01AM
Visti Until 7:41PM
Shashthi* Until 6:29AM

Kedarnath, India Sun 6 Sutra 41 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Ganesha: Green *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 7:07PM
Nataraja: Clear
Moon – Purple
Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 3.05 Tithi 22 – 23
Routine Work Marana Yoga
Until 1:14PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau
Gulika 3:39PM – 5:23PM
Yama 12:11PM – 1:55PM
Rahu 5:23PM – 7:08PM
Dhanishtha Until 1:14PM
Indra Until 11:59AM
Balava Until 10:07PM
Saptami Until 8:52AM

Kedarnath, India Sun 7 Sutra 42 Vikarin 5121
Moon 5 - Phase 6 Ashtami
Ganesha: Blue *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 7:08PM
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 14.56 Tithi 23 – 24
Family Home Evening 398683469
Creative Work Siddha Yoga
Until 4:02PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosanthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 1:55PM – 3:40PM
Yama 10:27AM – 12:11PM
Rahu 6:58AM – 8:42AM
Shatabhishak Until 4:02PM
Vaidhriti* Until 12:55PM
Taitila Until 12:27AM Tue
Ashtami* Until 11:17AM

Kedarnath, India Sun 8 Sutra 43 Vikarin 5121
Moon 5 - Phase 6 Navami
Ganesha: Blue *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 7:08PM
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

1	Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kedarnath, India Sun 9 Sutra 44
	Kumbha Rasi: 26.51	Tithi 24 – 25	Gulika Yama	12:11PM – 1:56PM 8:42AM – 10:27AM	Purvaproshtapada* Until 6:56PM Vishkambha* Until 1:42PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Vikarin 5121 Moon 5 - Phase 7 2nd Phase
	Routine Work	Marana Yoga	318683469 Rahu	3:40PM – 5:24PM	Vanija Until 2:30AM Wed Navami* Until 1:30PM	Sunrise: 5:14AM Sunset: 7:09PM	Sivaloka Day
Until 6:56PM		Then Creative Work - Amrita Yoga					


2	Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kedarnath, India Sun 10 Sutra 45
	Meena Rasi: 8.54	Tithi 25 – 26	Gulika Yama	10:27AM – 12:11PM 6:58AM – 8:42AM	Uttaraproshtapada Until 9:15PM Priti Until 2:13PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Vikarin 5121 Moon 5 - Phase 7 2nd Phase
	Creative Work	Siddha Yoga	318683469 Rahu	12:11PM – 1:56PM	Bava Until 4:04AM Thu Dashami Until 3:20PM	Sunrise: 5:13AM Sunset: 7:09PM	Sivaloka Day
Until 9:15PM		Then Routine Work - Marana Yoga					

3	Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kedarnath, India Sun 11 Sutra 46
	Meena Rasi: 21.09	Tithi 26 – 27	Gulika Yama	8:42AM – 10:27AM 5:13AM – 6:58AM	Revati Until 10:52PM Ayushman Until 2:17PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Vikarin 5121 Moon 5 - Phase 7 2nd Phase
	Creative Work	Siddha Yoga	318683469 Rahu	1:56PM – 3:41PM	Kaulava Until 5:03AM Fri Ekadashi* Until 4:37PM	Sunrise: 5:13AM Sunset: 7:10PM	Sivaloka Day
Until 10:52PM		Then Creative Work - Amrita Yoga					

4	Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 12 Sutra 47
	Mesha Rasi: 3.39	Tithi 27 – 28	Gulika Yama	6:57AM – 8:42AM 3:41PM – 5:26PM	Ashvini Until 12:12AM Sat Saubhagya Until 1:53PM	Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – White	Vikarin 5121 Moon 5 - Phase 7 2nd Phase
	Creative Work	Amrita Yoga	328683469 Rahu	10:27AM – 12:12PM	Gara Until 5:24AM Sat Dvadashi* Until 5:17PM	Sunrise: 5:13AM Sunset: 7:10PM	Devaloka Day
Until 12:12AM Sat		Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			

5	Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 13 Sutra 48
	Mesha Rasi: 16.26	Tithi 28 – 29	Gulika Yama	5:12AM – 6:57AM 1:56PM – 3:41PM	Bharani Until 12:44AM Sun Sobhana Until 1:00PM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – White	Vikarin 5121 Moon 5 - Phase 7 2nd Phase
	Creative Work	Siddha Yoga	329683469 Rahu	8:42AM – 10:27AM	Visti Until 5:07AM Sun Trayodashi* Until 5:19PM	Sunrise: 5:12AM Sunset: 7:11PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:32AM Mon		Then Creative Work - Amrita Yoga					

6	Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kedarnath, India Sun 14 Sutra 49
	Mesha Rasi: 29.34	Tithi 29 – 30	Gulika Yama	3:42PM – 5:27PM 12:12PM – 1:57PM	Krittika Until 12:32AM Mon Athiganda* Until 11:35AM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – White	Vikarin 5121 Moon 5 - Phase 7 2nd Phase
	Creative Work	Siddha Yoga	329683469 Rahu	5:27PM – 7:12PM	Catuspada Until 4:14AM Mon Chaturdashi* Until 4:44PM	Sunrise: 5:12AM Sunset: 7:12PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:32AM Mon		Then Creative Work - Amrita Yoga					

	Monday, June 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kedarnath, India Sun 15 Sutra 50
	Vrishabha Rasi: 12.59	Tithi 30 – 1	Gulika Yama	1:57PM – 3:42PM 10:27AM – 12:12PM	Rohini Until 12:07AM Tue Sukarma Until 9:44AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Vikarin 5121 Moon 5 - Phase 7 Amavasya
	Family Home Evening		339683469 Rahu	6:57AM – 8:42AM	Kintughna Until 2:52AM Tue Amavasya* Until 3:35PM	Sunrise: 5:12AM Sunset: 7:12PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:07AM Tue		Then Creative Work - Siddha Yoga					

Retreat Star	Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Kedarnath, India Sun 16 Sutra 51
	Vrishabha Rasi: 26.42	Tithi 1 – 2	Gulika Yama	12:12PM – 1:57PM 8:42AM – 10:27AM	Mrigashira Until 11:09PM Dhriti Until 7:31AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Vikarin 5121 Moon 5 - Phase 7 Prathama
	Creative Work	Siddha Yoga	339683469 Rahu	3:42PM – 5:27PM	Balava Until 1:05AM Wed Prathama* Until 2:00PM	Sunrise: 5:12AM Sunset: 7:13PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 11:09PM		Then Routine Work - Marana Yoga					

1	Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kedarnath, India Sun 17 Sutra 52
	Mithuna Rasi: 10.4	Tithi 2 - 3	Gulika 10:27AM - 12:12PM	Ardra Until 9:44PM	Ganesha: Green	<i>Sunrise:</i> 5:12AM	Vikarin 5121
			Yama 6:57AM - 8:42AM	Ganda* Until 2:12AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:13PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	339683461 Rahu 12:12PM - 1:57PM	Taitila Until 11:01PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 12:04PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2	Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kedarnath, India Sun 18 Sutra 53
	Mithuna Rasi: 24.47	Tithi 3 - 4	Gulika 8:42AM - 10:27AM	Punarvasu Until 8:25PM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Vikarin 5121
			Yama 5:11AM - 6:57AM	Vriddhi Until 11:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	349683461 Rahu 1:58PM - 3:43PM	Vanija Until 8:45PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 9:53AM	Moon - Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3	Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kedarnath, India Sun 19 Sutra 54
	Kataka Rasi: 9.01	Tithi 4 - 5	Gulika 6:57AM - 8:42AM	Pushya Until 6:51PM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Vikarin 5121
			Yama 3:43PM - 5:29PM	Dhruva Until 8:19PM	Muruqa: Yellow	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 Rahu 10:27AM - 12:13PM	Bava Until 6:24PM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 7:34AM	Moon - Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Kedarnath, India Sun 20 Sutra 55
	Kataka Rasi: 23.17	Tithi 6	Gulika 5:11AM - 6:57AM	Ashlesha* Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Vikarin 5121
			Yama 1:58PM - 3:44PM	Vyaghata* Until 5:20PM	Muruqa: Yellow	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 Rahu 8:42AM - 10:27AM	Kaulava Until 4:02PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 2:50AM Sun	Moon - Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5	Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Kedarnath, India Sun 21 Sutra 56
	Simha Rasi: 7.33	Tithi 7	Gulika 3:44PM - 5:29PM	Magha* Until 3:44PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Vikarin 5121
			Yama 12:13PM - 1:58PM	Harshana Until 2:23PM	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	351683461 Rahu 5:29PM - 7:15PM	Gara Until 1:42PM	Nataraja: Yellow		3rd Phase
			Saptami Until 12:33AM Mon	Moon - Red		Devaloka Day	
				Jyeshtha-Vaikasi			

D	Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Kedarnath, India Sun 22 Sutra 57
	Retreat Star		Gulika 1:59PM - 3:44PM	Purvaphalguni Until 2:18PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Vikarin 5121
	Simha Rasi: 21.46	Tithi 8	Yama 10:28AM - 12:13PM	Vajra* Until 11:30AM	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Moon 5 - Phase 8
	Family Home Evening		351683461 Rahu 6:57AM - 8:42AM	Visti Until 11:28AM	Nataraja: Yellow		Ashtami
			Ashtami* Until 10:22PM	Moon - Red		Devaloka Day	
				Jyeshtha-Vaikasi			


D	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Kaulava Karana Navamyam Titau				Kedarnath, India Sun 23 Sutra 58
	Retreat Star		Gulika 12:13PM - 1:59PM	Uttaraphalguni Until 12:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Vikarin 5121
	Kanya Rasi: 5.53	Tithi 9	Yama 8:42AM - 10:28AM	Siddhi Until 8:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	351683461 Rahu 3:45PM - 5:30PM	Balava Until 9:21AM	Nataraja: Yellow		Navami
			Navami* Until 8:19PM	Moon - Red		Devaloka Day	
				Jyeshtha-Vaikasi			

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Kedarnath, India Sun 24 Sutra 59	
Kanya Rasi: 19.55	Tithi 10	Gulika 10:28AM – 12:14PM	Hasta Until 11:51AM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Vikarin 5121	
		Yama 6:57AM – 8:42AM	Vyatipata* Until 6:06AM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 5 - Phase 9	
	361683461	Rahu 12:14PM – 1:59PM	Taitila Until 7:23AM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Dashami Until 6:28PM	Moon – Green		Bhuloka Day	
Until 11:51AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Kedarnath, India Sun 25 Sutra 60	
Tula Rasi: 3.49	Tithi 11 – 12	Gulika 8:42AM – 10:28AM	Chitra Until 10:55AM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Vikarin 5121	
		Yama 5:11AM – 6:57AM	Parigha* Until 1:21AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Moon 5 - Phase 9	
	361683461	Rahu 1:59PM – 3:45PM	Bava Until 4:09AM Fri	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 4:50PM	Moon – Green		Bhuloka Day	
Until 10:55AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kedarnath, India Sun 26 Sutra 61	
Tula Rasi: 17.34	Tithi 12 – 13	Gulika 6:57AM – 8:43AM	Svati Until 10:07AM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Vikarin 5121	
		Yama 3:45PM – 5:31PM	Shiva Until 11:22PM	Muruqa: Blue	<i>Sunset:</i> 7:17PM	Moon 5 - Phase 9	
	361693461	Rahu 10:28AM – 12:14PM	Kaulava Until 2:59AM Sat	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 3:30PM	Moon – Green		Devaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
						<i>Pradosha Vrata</i>	

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kedarnath, India Sun 27 Sutra 62	
Vrischika Rasi: 1.07	Tithi 13 – 14	Gulika 5:11AM – 6:57AM	Vishakha Until 9:57AM	Ganesha: Clear	<i>Sunrise:</i> 5:11AM	Vikarin 5121	
		Yama 2:00PM – 3:46PM	Siddha Until 9:39PM	Muruqa: Blue	<i>Sunset:</i> 7:17PM	Moon 5 - Phase 9	
	371693461	Rahu 8:43AM – 10:28AM	Gara Until 2:13AM Sun	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:31PM	Moon – Orange		Sivaloka Day	
				Jyeshtha-Ani			

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kedarnath, India Sutra 63	
Copper Retreat Star		Gulika 3:46PM – 5:32PM	Anuradha Until 10:03AM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Vikarin 5121	
Vrischika Rasi: 14.26	Tithi 14 – 15	Yama 12:14PM – 2:00PM	Sadhya Until 8:19PM	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 5 - Phase 9	
	371793461	Rahu 5:32PM – 7:18PM	Visti Until 1:55AM Mon	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 1:59PM	Moon – Orange		Subha Sivaloka Day	
		Father's Day		Jyeshtha-Ani			

Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kedarnath, India Sutra 64			
Silver Retreat Star		Gulika 2:00PM – 3:46PM	Jyeshtha* Until 10:29AM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Vikarin 5121	
Vrischika Rasi: 27.29	Tithi 15 – 16	Yama 10:29AM – 12:15PM	Subha Until 7:25PM	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 5 - Phase 9	
Family Home Evening	371793461	Rahu 6:57AM – 8:43AM	Balava Until 2:09AM Tue	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 1:57PM	Moon – Orange		Subha Sivaloka Day	
				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kedarnath, India
Sutra 65

Dhanus Rasi: 10.17 Tithi 16 – 17

381793461

Gulika 12:15PM – 2:01PM
Yama 8:43AM – 10:29AM
Rahu 3:47PM – 5:32PM

Mula* Until 11:46AM
Sukla Until 6:56PM
Taitila Until 2:58AM Wed
Prathama* Until 2:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:11AM
Sunset: 7:18PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 11:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kedarnath, India
Sun 1 Sutra 66

Dhanus Rasi: 22.49 Tithi 17 – 18

381793461

Gulika 10:29AM – 12:15PM
Yama 6:57AM – 8:43AM
Rahu 12:15PM – 2:01PM

Purvashadha* Until 1:27PM
Brahma Until 6:54PM
Vanija Until 4:19AM Thu
Dvitiya Until 3:33PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:12AM
Sunset: 7:18PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kedarnath, India
Sun 2 Sutra 67

Makara Rasi: 5.06 Tithi 18 – 19

382793461

Gulika 8:44AM – 10:29AM
Yama 5:12AM – 6:58AM
Rahu 2:01PM – 3:47PM

Uttarashadha Until 3:29PM
Indra Until 7:17PM
Bava Until 6:10AM Fri
Tritiya Until 5:10PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:12AM
Sunset: 7:19PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 3:29PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Kedarnath, India
Sun 3 Sutra 68

Makara Rasi: 17.12 Tithi 19

392793461

Gulika 6:58AM – 8:44AM
Yama 3:47PM – 5:33PM
Rahu 10:30AM – 12:15PM

Shravana Until 6:16PM
Vaidhriti* Until 7:57PM
Bava Until 6:10AM
Chaturthi* Until 7:12PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:12AM
Sunset: 7:19PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 6:16PM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India
Sun 4 Sutra 69

Makara Rasi: 29.09 Tithi 20

392793461

Gulika 5:12AM – 6:58AM
Yama 2:02PM – 3:47PM
Rahu 8:44AM – 10:30AM

Dhanishtha Until 9:09PM
Vishkambha* Until 8:51PM
Kaulava Until 8:21AM
Panchami Until 9:30PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:12AM
Sunset: 7:19PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 9:09PM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Kedarnath, India
Sun 5 Sutra 70

Kumbha Rasi: 11.02 Tithi 21

392793461

Gulika 3:48PM – 5:33PM
Yama 12:16PM – 2:02PM
Rahu 5:33PM – 7:19PM

Shatabhishak Until 11:57PM
Priti Until 9:50PM
Gara Until 10:43AM
Shashthi* Until 11:54PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:12AM
Sunset: 7:19PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Kedarnath, India
Sun 6 Sutra 71

Kumbha Rasi: 22.54 Tithi 22

312793461

Gulika 2:02PM – 3:48PM
Yama 10:30AM – 12:16PM
Rahu 6:59AM – 8:44AM

Purvaproshtapada* Until 2:59AM Tue
Ayushman Until 10:42PM
Visti Until 1:05PM
Saptami Until 2:11AM Tue

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:13AM
Sunset: 7:20PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 2:59AM Tue
Then Creative Work - Amrita Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India
Sun 7 Sutra 72

Meena Rasi: 4.5 Tithi 23

312793461

Gulika 12:16PM – 2:02PM
Yama 8:45AM – 10:30AM
Rahu 3:48PM – 5:34PM

Uttaraproshtapada Until 5:33AM Wed
Saubhagya Until 11:23PM
Balava Until 3:15PM
Ashtami* Until 4:10AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:13AM
Sunset: 7:20PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 5:33AM Wed
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India
Sun 8 Sutra 73

Meena Rasi: 16.53 Tithi 24

312793461

Gulika 10:31AM – 12:17PM
Yama 6:59AM – 8:45AM
Rahu 12:17PM – 2:02PM

Revati Until 7:29AM Thu
Sobhana Until 11:44PM
Taitila Until 5:01PM
Navami* Until 5:40AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:13AM
Sunset: 7:20PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 7:29AM Thu
Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija Karana Dashamyam Titau			Kedarnath, India Sun 9 Sutra 74
Meena Rasi: 29.08	Tithi 25	312793461	Gulika 8:45AM – 10:31AM Yama 5:14AM – 6:59AM Rahu 2:03PM – 3:48PM	Revati Until 7:29AM Athiganda* Until 11:36PM Vanija Until 6:13PM Dashami Until 6:34AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:14AM Muruqa: Blue <i>Sunset:</i> 7:20PM Nataraja: Yellow Moon – Clear	<i>Sunrise:</i> 5:14AM <i>Sunset:</i> 7:20PM Moon 6 - Phase 11 2nd Phase	Sivaloka Day
Creative Work Siddha Yoga Until 7:29AM Then Creative Work - Amrita Yoga							

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Kedarnath, India Sun 10 Sutra 75
Mesha Rasi: 11.4	Tithi 25 – 26	322793461	Gulika 7:00AM – 8:45AM Yama 3:48PM – 5:34PM Rahu 10:31AM – 12:17PM	Ashvini Until 9:08AM Sukarma Until 10:57PM Bava Until 6:46PM Dashami Until 6:34AM	Ganesha: Blue <i>Sunrise:</i> 5:14AM Muruqa: Blue <i>Sunset:</i> 7:20PM Nataraja: Yellow Moon – White	<i>Sunrise:</i> 5:14AM <i>Sunset:</i> 7:20PM Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Until 9:08AM Then Creative Work - Siddha Yoga							

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Kedarnath, India Sun 11 Sutra 76
Mesha Rasi: 24.31	Tithi 26 – 27	322793461	Gulika 5:14AM – 7:00AM Yama 2:03PM – 3:49PM Rahu 8:46AM – 10:31AM	Bharani Until 9:56AM Dhriti Until 9:44PM Kaulava Until 6:36PM Ekadashi* Until 6:45AM	Ganesha: Blue <i>Sunrise:</i> 5:14AM Muruqa: Blue <i>Sunset:</i> 7:20PM Nataraja: Yellow Moon – White	<i>Sunrise:</i> 5:14AM <i>Sunset:</i> 7:20PM Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga Until 9:56AM Then Creative Work - Amrita Yoga							

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taila/Vanija Karana Dvadashi/Trayodashyam Titau			Kedarnath, India Sun 12 Sutra 77
Vrishabha Rasi: 7.44	Tithi 27 – 28	322793461	Gulika 3:49PM – 5:34PM Yama 12:17PM – 2:03PM Rahu 5:34PM – 7:20PM	Krittika Until 9:52AM Shula* Until 7:55PM Vanija Until 4:59AM Mon Dvadashi* Until 6:13AM	Ganesha: Blue <i>Sunrise:</i> 5:15AM Muruqa: Blue <i>Sunset:</i> 7:20PM Nataraja: Yellow Moon – White	<i>Sunrise:</i> 5:15AM <i>Sunset:</i> 7:20PM Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Kedarnath, India Sun 13 Sutra 78
Vrishabha Rasi: 21.2	Tithi 29	332793461	Gulika 2:03PM – 3:49PM Yama 10:32AM – 12:18PM Rahu 7:01AM – 8:46AM	Rohini Until 9:26AM Ganda* Until 5:36PM Visti Until 4:09PM Chaturdashi* Until 3:09AM Tue	Ganesha: Blue <i>Sunrise:</i> 5:15AM Muruqa: Blue <i>Sunset:</i> 7:20PM Nataraja: Yellow Moon – Yellow	<i>Sunrise:</i> 5:15AM <i>Sunset:</i> 7:20PM Moon 6 - Phase 11 2nd Phase	Devaloka Day
Family Home Evening Creative Work Amrita Yoga							

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Kedarnath, India Sun 14 Sutra 79		
Retreat Star		Mithuna Rasi: 5.19	Tithi 30	332793461	Gulika 12:18PM – 2:03PM Yama 8:47AM – 10:32AM Rahu 3:49PM – 5:34PM	Mrigashira Until 8:16AM Vridhhi Until 2:50PM Catuspada Until 2:03PM Amavasya* Until 12:48AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:15AM Muruqa: Blue <i>Sunset:</i> 7:20PM Nataraja: Yellow Moon – Yellow	<i>Sunrise:</i> 5:15AM <i>Sunset:</i> 7:20PM Moon 6 - Phase 11 Amavasya	Devaloka Day
Creative Work Siddha Yoga Until 8:16AM Then Routine Work - Marana Yoga		Total Solar Eclipse							

Wednesday, July 3, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Kedarnath, India Sun 15 Sutra 80
Mithuna Rasi: 19.37	Tithi 1	333793461	Gulika 10:32AM – 12:18PM Yama 7:01AM – 8:47AM Rahu 12:18PM – 2:03PM	Ardra Until 6:29AM Dhruva Until 11:42AM Kintughna Until 11:30AM Prathama* Until 10:06PM	Ganesha: Red <i>Sunrise:</i> 5:16AM Muruqa: Blue <i>Sunset:</i> 7:20PM Nataraja: Yellow Moon – Yellow	<i>Sunrise:</i> 5:16AM <i>Sunset:</i> 7:20PM Moon 6 - Phase 11 Prathama	Sivaloka Day
Creative Work Siddha Yoga		Ashada* Ani					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau			Kedarnath, India Sun 16 Sutra 81
Kataka Rasi: 4.09	Tithi 2	Gulika 8:47AM – 10:33AM	Pushya Until 2:28AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM	Vikarin 5121	
		Yama 5:16AM – 7:02AM	Vyaghata* Until 8:19AM	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 12	
		343793461 Rahu 2:04PM – 3:49PM	Balava Until 8:40AM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 7:09PM	Moon – Blue		Sivaloka Day	
Until 2:28AM Fri				Ashada*Ani			
Then Routine Work - Marana Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Kedarnath, India Sun 17 Sutra 82
Kataka Rasi: 18.49	Tithi 3 – 4	Gulika 7:02AM – 8:47AM	Ashlesha* Until 12:07AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM	Vikarin 5121	
		Yama 3:49PM – 5:34PM	Vajra* Until 1:15AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 12	
		343793461 Rahu 10:33AM – 12:18PM	Vanija Until 2:38AM Sat	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 4:07PM	Moon – Blue		Sivaloka Day	
Until 12:07AM Sat				Ashada*Ani			
Then Creative Work - Amrita Yoga							

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kedarnath, India Sun 18 Sutra 83
Simha Rasi: 3.3	Tithi 4 – 5	Gulika 5:17AM – 7:02AM	Magha* Until 10:07PM	Ganesha: White	<i>Sunrise:</i> 5:17AM	Vikarin 5121	
		Yama 2:04PM – 3:49PM	Siddhi Until 9:47PM	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 12	
		353793461 Rahu 8:48AM – 10:33AM	Bava Until 11:41PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 1:07PM	Moon – Red		Subha Sivaloka Day	
Until 10:07PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kedarnath, India Sun 19 Sutra 84
Simha Rasi: 18.06	Tithi 5 – 6	Gulika 3:49PM – 5:34PM	Purvaphalguni Until 8:10PM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
		Yama 12:19PM – 2:04PM	Vyatipata* Until 6:29PM	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 12	
		453793461 Rahu 5:34PM – 7:20PM	Kaulava Until 8:57PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 10:16AM	Moon – Red		Sivaloka Day	
Until 8:10PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau			Kedarnath, India Sun 20 Sutra 85
Kanya Rasi: 2.32	Tithi 6 – 7	Gulika 2:04PM – 3:49PM	Uttaraphalguni Until 6:22PM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
Family Home Evening		Yama 10:34AM – 12:19PM	Variyan Until 3:23PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 12	
		453793461 Rahu 7:03AM – 8:48AM	Gara Until 6:30PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 7:40AM	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Kedarnath, India Sun 21 Sutra 86
Kanya Rasi: 16.46	Tithi 8	Gulika 12:19PM – 2:04PM	Hasta Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
		Yama 8:49AM – 10:34AM	Parigha* Until 12:36PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 12	
		463793461 Rahu 3:49PM – 5:34PM	Visti Until 4:24PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 3:30AM Wed	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Kedarnath, India Sun 22 Sutra 87
Tula Rasi: 0.43	Tithi 9	Gulika 10:34AM – 12:19PM	Chitra Until 4:20PM	Ganesha: White	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
		Yama 7:04AM – 8:49AM	Shiva Until 10:09AM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 12	
		463793461 Rahu 12:19PM – 2:04PM	Balava Until 2:44PM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 2:02AM Thu	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau			Kedarnath, India Sun 23 Sutra 88
Tula Rasi: 14.25	Tithi 10	Gulika 8:49AM – 10:34AM	Svati Until 3:45PM	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
		Yama 5:19AM – 7:04AM	Siddha Until 8:02AM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13	
		463893461 Rahu 2:04PM – 3:49PM	Taitila Until 1:30PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 1:02AM Fri	Moon – Green		Sivaloka Day	
Until 3:45PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau			Kedarnath, India Sun 24 Sutra 89
Tula Rasi: 27.51	Tithi 11	Gulika 7:05AM – 8:50AM	Vishakha Until 3:55PM	Ganesha: White	<i>Sunrise:</i> 5:20AM	Vikarin 5121	
		Yama 3:49PM – 5:34PM	Sadhya Until 6:18AM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13	
		473893461 Rahu 10:34AM – 12:19PM	Vanija Until 12:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:30AM Sat	Moon – Orange		Devaloka Day	
				Ashada*Ani			

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau			Kedarnath, India Sun 25 Sutra 90
Vrischika Rasi: 11.01	Tithi 12	Gulika 5:20AM – 7:05AM	Anuradha Until 4:24PM	Ganesha: White	<i>Sunrise:</i> 5:20AM	Vikarin 5121	
		Yama 2:04PM – 3:49PM	Sukla Until 3:59AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13	
		473893461 Rahu 8:50AM – 10:35AM	Bava Until 12:26PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 12:26AM Sun	Moon – Orange		Devaloka Day	
				Ashada*Ani			

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kedarnath, India Sun 26 Sutra 91
Vrischika Rasi: 23.57	Tithi 13	Gulika 3:49PM – 5:33PM	Jyeshtha* Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 5:21AM	Vikarin 5121	
		Yama 12:20PM – 2:04PM	Brahma Until 3:23AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13	
		473893461 Rahu 5:33PM – 7:18PM	Kaulava Until 12:37PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 12:52AM Mon	Moon – Orange		Devaloka Day	
Until 5:13PM				Ashada*Ani			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Kedarnath, India Sun 27 Sutra 92
Dhanus Rasi: 6.38	Tithi 14	Gulika 2:04PM – 3:49PM	Mula* Until 6:48PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
Family Home Evening		Yama 10:35AM – 12:20PM	Indra Until 3:11AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13	
		483893461 Rahu 7:06AM – 8:51AM	Gara Until 1:17PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:46AM Tue	Moon – Light Blue		Sivaloka Day	
Until 6:48PM				Ashada*Ani			
Then Routine Work - Marana Yoga							

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Kedarnath, India Sutra 93
Copper Retreat Star		Gulika 12:20PM – 2:04PM	Purvashadha* Until 8:40PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
Dhanus Rasi: 19.07	Tithi 15	Yama 8:51AM – 10:35AM	Vaidhriti* Until 3:18AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 13	
		483893461 Rahu 3:48PM – 5:33PM	Visti Until 2:24PM	Nataraja: Yellow		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 3:07AM Wed	Moon – Light Blue		Sivaloka Day	
Until 8:40PM				Ashada*Ani			
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima					

Wednesday, July 17, 2019		Silver Retreat Star			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Kedarnath, India Sutra 94
Makara Rasi: 1.25	Tithi 16	Gulika 10:36AM – 12:20PM	Uttarashadha Until 10:48PM	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	Vikarin 5121		
		Yama 7:07AM – 8:51AM	Vishkambha* Until 3:44AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 13		
		484893462 Rahu 12:20PM – 2:04PM	Balava Until 3:58PM	Nataraja: White		Prathama		
Creative Work	Amrita Yoga		Prathama* Until 4:53AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day		
Until 10:48PM				Ashada*Adi				
Then Creative Work - Siddha Yoga								



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Kedarnath, India
Sutra 95

Makara Rasi: 13.32 Tithi 17

Gulika 8:52AM – 10:36AM
Yama 5:23AM – 7:07AM
494893462 **Rahu** 2:04PM – 3:48PM

Shravana Until 1:35AM Fri
Priti Until 4:27AM Fri
Tailila Until 5:54PM
Dvitiya Until 6:58AM Fri

Ganesha: Clear *Sunrise: 5:23AM*
Muruqa: Blue *Sunset: 7:17PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kedarnath, India
Sun 1 Sutra 96

Makara Rasi: 25.31 Tithi 17 – 18

Gulika 7:08AM – 8:52AM
Yama 3:48PM – 5:32PM
494893462 **Rahu** 10:36AM – 12:20PM

Dhanishtha Until 4:27AM Sat
Ayushman Until 5:19AM Sat
Vanija Until 8:07PM
Dvitiya Until 6:58AM

Ganesha: Clear *Sunrise: 5:24AM*
Muruqa: Blue *Sunset: 7:16PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 4:27AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Kedarnath, India
Sun 2 Sutra 97

Kumbha Rasi: 7.25 Tithi 18 – 19

Gulika 5:24AM – 7:08AM
Yama 2:04PM – 3:48PM
494893462 **Rahu** 8:52AM – 10:36AM

Shatabhishak Until 7:15AM Sun
Saubhagya Until 6:18AM Sun
Bava Until 10:30PM
Tritiya Until 9:17AM

Ganesha: Clear *Sunrise: 5:24AM*
Muruqa: Blue *Sunset: 7:16PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 7:15AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kedarnath, India
Sun 3 Sutra 98

Kumbha Rasi: 19.17 Tithi 19 – 20

Gulika 3:48PM – 5:31PM
Yama 12:20PM – 2:04PM
494893462 **Rahu** 5:31PM – 7:15PM

Shatabhishak Until 7:15AM
Saubhagya Until 6:18AM
Kaulava Until 12:55AM Mon
Chaturthi* Until 11:42AM

Ganesha: Clear *Sunrise: 5:25AM*
Muruqa: Blue *Sunset: 7:15PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kedarnath, India
Sun 4 Sutra 99

Meena Rasi: 1.09 Tithi 20 – 21

Family Home Evening

Gulika 2:04PM – 3:47PM
Yama 10:36AM – 12:20PM
414893462 **Rahu** 7:09AM – 8:53AM

Purvaproshtapada* Until 10:23AM
Sobhana Until 7:16AM
Gara Until 3:12AM Tue
Panchami Until 2:04PM

Ganesha: Clear *Sunrise: 5:26AM*
Muruqa: Blue *Sunset: 7:15PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 10:23AM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kedarnath, India
Sun 5 Sutra 100

Meena Rasi: 13.04 Tithi 21 – 22

Gulika 12:20PM – 2:04PM
Yama 8:53AM – 10:37AM
414893462 **Rahu** 3:47PM – 5:31PM

Uttaraproshtapada Until 1:10PM
Athiganda* Until 8:05AM
Visti Until 5:12AM Wed
Shashthi* Until 4:14PM

Ganesha: Clear *Sunrise: 5:26AM*
Muruqa: Blue *Sunset: 7:14PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 1:10PM
Then Creative Work - Siddha Yoga

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava Karana Saptamyam Titau

Kedarnath, India
Sun 6 Sutra 101

Meena Rasi: 25.07 Tithi 22

Gulika 10:37AM – 12:20PM
Yama 7:10AM – 8:53AM
414893462 **Rahu** 12:20PM – 2:04PM

Revati Until 3:27PM
Sukarma Until 8:41AM
Bava Until 6:02PM
Saptami Until 6:02PM

Ganesha: Clear *Sunrise: 5:27AM*
Muruqa: Blue *Sunset: 7:14PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Retreat Star

Thursday, July 25, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India
Sun 7 Sutra 102

Mesha Rasi: 7.2 Tithi 23

Gulika 8:54AM – 10:37AM
Yama 5:27AM – 7:11AM
424893462 **Rahu** 2:03PM – 3:47PM

Ashvini Until 5:34PM
Dhriti Until 8:56AM
Balava Until 6:46AM
Ashtami* Until 7:18PM

Ganesha: White *Sunrise: 5:27AM*
Muruqa: Blue *Sunset: 7:13PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Ashtami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Until 5:34PM
Then Creative Work - Siddha Yoga

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Navamyam Titau

Kedarnath, India
Sun 8 Sutra 103

Mesha Rasi: 19.49 Tithi 24

Gulika 7:11AM – 8:54AM
Yama 3:46PM – 5:29PM
424893462 **Rahu** 10:37AM – 12:20PM

Bharani Until 6:53PM
Shula* Until 8:40AM
Tailila Until 7:43AM
Navami* Until 7:55PM

Ganesha: White *Sunrise: 5:28AM*
Muruqa: Blue *Sunset: 7:12PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Ashada*Adi


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda* Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau				Kedarnath, India Sun 9 Sutra 104
	Vrishabha Rasi: 2.38	Tithi 25	Gulika 5:29AM – 7:11AM	Krittika Until 7:19PM	Ganesha: White	<i>Sunrise:</i> 5:29AM	Vikarin 5121
			Yama 2:03PM – 3:46PM	Ganda* Until 7:52AM	Muruqa: Blue	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 15
	424893462	Rahu 8:54AM – 10:37AM	Vanija Until 7:57AM	Nataraja: White	Moon – White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 7:46PM	Ashada*Adi		Subha Subha Sivaloka Day	

2	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Kedarnath, India Sun 10 Sutra 105
	Vrishabha Rasi: 15.5	Tithi 26	Gulika 3:46PM – 5:28PM	Rohini Until 7:17PM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Vikarin 5121
			Yama 12:20PM – 2:03PM	Vriddhi Until 6:27AM	Muruqa: Blue	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15
	434893462	Rahu 5:28PM – 7:11PM	Bava Until 7:25AM	Nataraja: White	Moon – Yellow		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:50PM	Ashada*Adi		Subha Sivaloka Day	

3	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 11 Sutra 106
	Vrishabha Rasi: 29.28	Tithi 27 – 28	Gulika 2:03PM – 3:45PM	Mrigashira Until 6:21PM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Vikarin 5121
	Family Home Evening		Yama 10:38AM – 12:20PM	Vyaghata* Until 1:44AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15
	434893462	Rahu 7:12AM – 8:55AM	Kaulava Until 6:06AM	Nataraja: White	Moon – Yellow		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 5:09PM	Ashada*Adi		Subha Sivaloka Day	
Until 6:21PM			<i>Pradosha Vrata (Fasting)</i>				
Then Creative Work - Siddha Yoga							

4	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 12 Sutra 107
	Mithuna Rasi: 13.32	Tithi 28 – 29	Gulika 12:20PM – 2:03PM	Ardra Until 4:37PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vikarin 5121
			Yama 8:55AM – 10:38AM	Harshana Until 10:37PM	Muruqa: Blue	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 15
	435893462	Rahu 3:45PM – 5:27PM	Visti Until 1:27AM Wed	Nataraja: White	Moon – Yellow		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 2:49PM	Ashada*Adi		Sivaloka Day	
Until 4:37PM							
Then Creative Work - Siddha Yoga							

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kedarnath, India Sun 13 Sutra 108
	Retreat Star		Gulika 10:38AM – 12:20PM	Punarvasu Until 2:39PM	Ganesha: Green	<i>Sunrise:</i> 5:31AM	Vikarin 5121
	Mithuna Rasi: 28.01	Tithi 29 – 30	Yama 7:13AM – 8:56AM	Vajra* Until 7:03PM	Muruqa: Blue	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 15
	445893462	Rahu 12:20PM – 2:02PM	Catuspada Until 10:22PM	Nataraja: White	Moon – Blue		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 11:57AM	Ashada*Adi		Sivaloka Day	

	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kedarnath, India Sun 14 Sutra 109
	Retreat Star		Gulika 8:56AM – 10:38AM	Pushya Until 12:10PM	Ganesha: Green	<i>Sunrise:</i> 5:32AM	Vikarin 5121
	Kataka Rasi: 12.49	Tithi 30 – 1	Yama 5:32AM – 7:14AM	Siddhi Until 3:13PM	Muruqa: Blue	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 15
	445893462	Rahu 2:02PM – 3:44PM	Kintughna Until 6:58PM	Nataraja: White	Moon – Blue		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 8:41AM	Sravana*Adi		Sivaloka Day	
Until 12:10PM							
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Kedarnath, India Sun 15 Sutra 110	
Kataka Rasi: 27.49	Tithi 2	Gulika 7:14AM – 8:56AM	Ashlesha* Until 9:20AM	Ganesha: Green	<i>Sunrise:</i> 5:32AM		Vikarin 5121	
		Yama 3:44PM – 5:26PM	Vyatipata* Until 11:15AM	Muruqa: Blue	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 16	
445893462	Rahu 10:38AM – 12:20PM		Balava Until 3:25PM	Nataraja: White			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 1:37AM Sat	Moon – Blue		Sivaloka Day		
						Sravana*Adi		

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau			Kedarnath, India Sun 16 Sutra 111	
Simha Rasi: 12.52	Tithi 3	Gulika 5:33AM – 7:15AM	Magha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 5:33AM		Vikarin 5121	
		Yama 2:02PM – 3:43PM	Varyan Until 7:13AM	Muruqa: Blue	<i>Sunset:</i> 7:07PM		Moon 7 - Phase 16	
455893462	Rahu 8:56AM – 10:38AM		Taitila Until 11:52AM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 10:07PM	Moon – Red		Sivaloka Day		
Until 6:43AM						Sravana*Adi		
Then Creative Work - Siddha Yoga								

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau			Kedarnath, India Sun 17 Sutra 112	
Simha Rasi: 27.5	Tithi 4	Gulika 3:43PM – 5:25PM	Uttaraphalguni Until 1:36AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM		Vikarin 5121	
		Yama 12:20PM – 2:01PM	Shiva Until 11:38PM	Muruqa: Blue	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 16	
455993462	Rahu 5:25PM – 7:06PM		Vanija Until 8:27AM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 6:50PM	Moon – Red		Subha Sivaloka Day		
Until 1:36AM Mon						Sravana*Adi		
Then Creative Work - Siddha Yoga								

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kedarnath, India Sun 18 Sutra 113	
Kanya Rasi: 12.35	Tithi 5 – 6	Gulika 2:01PM – 3:42PM	Hasta Until 11:47PM	Ganesha: White	<i>Sunrise:</i> 5:34AM		Vikarin 5121	
Family Home Evening		Yama 10:38AM – 12:20PM	Siddha Until 8:15PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 16	
465993462	Rahu 7:15AM – 8:57AM		Kaulava Until 2:40AM Tue	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 3:56PM	Moon – Green		Subha Subha Sivaloka Day		
Until 11:47PM		Nag Panchami				Sravana*Adi		
Then Routine Work - Prabalarishta Yoga								

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Kedarnath, India Sun 19 Sutra 114	
Kanya Rasi: 27.01	Tithi 6 – 7	Gulika 12:20PM – 2:01PM	Chitra Until 10:22PM	Ganesha: White	<i>Sunrise:</i> 5:35AM		Vikarin 5121	
		Yama 8:57AM – 10:38AM	Sadhya Until 5:18PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 16	
465993462	Rahu 3:42PM – 5:23PM		Gara Until 12:32AM Wed	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 1:30PM	Moon – Green		Subha Subha Sivaloka Day		
						Sravana*Adi		

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kedarnath, India Sun 20 Sutra 115	
Tula Rasi: 11.05	Tithi 7 – 8	Gulika 10:38AM – 12:19PM	Svati Until 9:24PM	Ganesha: White	<i>Sunrise:</i> 5:35AM		Vikarin 5121	
		Yama 7:16AM – 8:57AM	Subha Until 2:51PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 16	
465993462	Rahu 12:19PM – 2:00PM		Visti Until 11:00PM	Nataraja: White			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 11:40AM	Moon – Green		Subha Subha Sivaloka Day		
						Sravana*Adi		

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kedarnath, India Sun 21 Sutra 116	
Tula Rasi: 24.45	Tithi 8 – 9	Gulika 8:58AM – 10:38AM	Vishakha Until 9:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM		Vikarin 5121	
		Yama 5:36AM – 7:17AM	Sukla Until 12:55PM	Muruqa: Blue	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 16	
476993462	Rahu 2:00PM – 3:41PM		Balava Until 10:09PM	Nataraja: White			Navami	
Creative Work	Siddha Yoga		Ashtami* Until 10:29AM	Moon – Orange		Sivaloka Day		
						Sravana*Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Kedarnath, India Sun 22 Sutra 117 Vikarin 5121
Wrischika Rasi: 8.02	Tithi 9 – 10	Gulika 7:17AM – 8:58AM	Anuradha Until 9:54PM	Ganesha: Purple <i>Sunrise: 5:37AM</i>	
		Yama 3:41PM – 5:21PM	Brahma Until 11:32AM	Muruqa: Blue <i>Sunset: 7:02PM</i>	Moon 7 - Phase 17
476993462	Rahu 10:39AM – 12:19PM		Taitila Until 9:58PM	Nataraja: White	4th Phase
Creative Work Siddha Yoga			Navami* Until 9:58AM	Moon – Orange	Sivaloka Day
Until 9:54PM				Sravana*Adi	
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kedarnath, India Sun 23 Sutra 118 Vikarin 5121
Wrischika Rasi: 20.59	Tithi 10 – 11	Gulika 5:37AM – 7:18AM	Jyeshtha* Until 10:52PM	Ganesha: Purple <i>Sunrise: 5:37AM</i>	
		Yama 2:00PM – 3:40PM	Indra Until 10:40AM	Muruqa: Blue <i>Sunset: 7:01PM</i>	Moon 7 - Phase 17
476993462	Rahu 8:58AM – 10:39AM		Vanija Until 10:25PM	Nataraja: White	4th Phase
Creative Work Siddha Yoga			Dashami Until 10:06AM	Moon – Orange	Sivaloka Day
				Sravana*Adi	

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau	Kedarnath, India Sun 24 Sutra 119 Vikarin 5121
Dhanus Rasi: 3.38	Tithi 11 – 12	Gulika 3:39PM – 5:20PM	Mula* Until 12:42AM Mon	Ganesha: Clear <i>Sunrise: 5:38AM</i>	
		Yama 12:19PM – 1:59PM	Vaidhriti* Until 10:15AM	Muruqa: Blue <i>Sunset: 7:00PM</i>	Moon 7 - Phase 17
486993462	Rahu 5:20PM – 7:00PM		Bava Until 11:26PM	Nataraja: White	4th Phase
Creative Work Amrita Yoga			Ekadashi Until 10:50AM	Moon – Light Blue	Subha Sivaloka Day
Until 12:42AM Mon				Sravana*Adi	
Then Routine Work - Marana Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Pritii Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kedarnath, India Sun 25 Sutra 120 Vikarin 5121
Dhanus Rasi: 16.02	Tithi 12 – 13	Gulika 1:59PM – 3:39PM	Purvashadha* Until 2:50AM Tue	Ganesha: Clear <i>Sunrise: 5:38AM</i>	
		Yama 10:39AM – 12:19PM	Vishkambha* Until 10:16AM	Muruqa: Blue <i>Sunset: 6:59PM</i>	Moon 7 - Phase 17
486993462	Rahu 7:18AM – 8:59AM		Kaulava Until 12:55AM Tue	Nataraja: White	4th Phase
Family Home Evening			Dvadashi Until 12:06PM	Moon – Light Blue	Subha Sivaloka Day
Routine Work Marana Yoga				Sravana*Adi	
Until 2:50AM Tue					
Then Routine Work - Prabalarishta Yoga					

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Pritii/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Kedarnath, India Sun 26 Sutra 121 Vikarin 5121
Dhanus Rasi: 28.16	Tithi 13 – 14	Gulika 12:19PM – 1:58PM	Uttarashadha Until 5:08AM Wed	Ganesha: Clear <i>Sunrise: 5:39AM</i>	
		Yama 8:59AM – 10:39AM	Pritii Until 10:37AM	Muruqa: Blue <i>Sunset: 6:58PM</i>	Moon 7 - Phase 17
486993462	Rahu 3:38PM – 5:18PM		Gara Until 2:46AM Wed	Nataraja: White	4th Phase
Routine Work Prabalarishta Yoga			Trayodashi Until 1:47PM	Moon – Light Blue	Subha Sivaloka Day
Until 5:08AM Wed				Sravana*Adi	
Then Creative Work - Siddha Yoga					

6		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau	Kedarnath, India Sun 27 Sutra 122 Vikarin 5121
Makara Rasi: 10.2	Tithi 14 – 15	Gulika 10:39AM – 12:18PM	Shravana Until 8:03AM Thu	Ganesha: White <i>Sunrise: 5:40AM</i>	
		Yama 7:19AM – 8:59AM	Ayushman Until 11:12AM	Muruqa: Blue <i>Sunset: 6:57PM</i>	Moon 7 - Phase 17
496993462	Rahu 12:18PM – 1:58PM		Vistii Until 4:55AM Thu	Nataraja: White	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 3:48PM	Moon – Purple	Sivaloka Day
				Sravana*Adi	

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava Karana Purnimayam Titau	Kedarnath, India Sutra 123 Vikarin 5121
Copper Retreat Star		Gulika 8:59AM – 10:39AM	Shravana Until 8:03AM	Ganesha: Yellow <i>Sunrise: 5:40AM</i>	
Makara Rasi: 22.18	Tithi 15	Yama 5:40AM – 7:20AM	Saubhagya Until 11:59AM	Muruqa: Blue <i>Sunset: 6:56PM</i>	Moon 7 - Phase 17
497993462	Rahu 1:58PM – 3:37PM		Bava Until 6:02PM	Nataraja: White	Purnima
Creative Work Siddha Yoga			Purnima* Until 6:02PM	Moon – Purple	Subha Sivaloka Day
		Raksha Bandhan		Sravana*Adi	

○		Friday, August 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau	Kedarnath, India Sutra 124 Vikarin 5121
Silver Retreat Star		Gulika 7:20AM – 8:59AM	Dhanishtha Until 10:57AM	Ganesha: Yellow <i>Sunrise: 5:41AM</i>	
Kumbha Rasi: 4.12	Tithi 16	Yama 3:37PM – 5:16PM	Sobhana Until 12:54PM	Muruqa: Blue <i>Sunset: 6:55PM</i>	Moon 7 - Phase 17
497993462	Rahu 10:39AM – 12:18PM		Balava Until 7:14AM	Nataraja: White	Prathama
Creative Work Siddha Yoga			Prathama* Until 8:25PM	Moon – Purple	Subha Sivaloka Day
				Sravana*Adi	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Saturday, August 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Kedarnath, India

Sun 1 Sutra 125

Kumbha Rasi: 16.04 Tithi 17

Gulika 5:41AM – 7:20AM
Yama 1:57PM – 3:36PM
Rahu 9:00AM – 10:39AM

Shatabhishak Until 1:46PM
Athiganda* Until 1:51PM
Taitila Until 9:40AM
Dvitiya Until 10:51PM

Ganesha: Yellow
Muruga: Blue
Nataraja: White
Moon – Purple
Sravana-Avani

Sunrise: 5:41AM
Sunset: 6:54PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 1:46PM

Then Routine Work - Marana Yoga

1

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Triliyayam Titau

Kedarnath, India

Sun 2 Sutra 126

Kumbha Rasi: 27.55 Tithi 18

Gulika 3:35PM – 5:14PM
Yama 12:18PM – 1:56PM
Rahu 5:14PM – 6:53PM

Purvaprosarthapada* Until 4:55PM
Sukarma Until 2:48PM
Vanija Until 12:05PM
Tritiya Until 1:15AM Mon

Ganesha: White
Muruga: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:42AM
Sunset: 6:53PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:55PM

Then Creative Work - Amrita Yoga

2

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Kedarnath, India

Sun 3 Sutra 127

Meena Rasi: 9.49 Tithi 19

Gulika 1:56PM – 3:35PM
Yama 10:39AM – 12:17PM
Rahu 7:21AM – 9:00AM

Uttaraprosarthapada Until 7:46PM
Dhriti Until 3:42PM
Bava Until 2:25PM
Chaturthi* Until 3:30AM Tue

Ganesha: White
Muruga: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:43AM
Sunset: 6:52PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Amrita Yoga

3

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 4 Sutra 128

Meena Rasi: 21.45 Tithi 20

Gulika 12:17PM – 1:56PM
Yama 9:00AM – 10:39AM
Rahu 3:34PM – 5:13PM

Revati Until 10:16PM
Shula* Until 4:24PM
Kaulava Until 4:33PM
Panchami Until 5:29AM Wed

Ganesha: White
Muruga: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:43AM
Sunset: 6:51PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

4

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara Karana Shashthyam Titau

Kedarnath, India

Sun 5 Sutra 129

Mesha Rasi: 3.49 Tithi 21

Gulika 10:39AM – 12:17PM
Yama 7:22AM – 9:00AM
Rahu 12:17PM – 1:55PM

Ashvini Until 12:44AM Thu
Ganda* Until 4:52PM
Gara Until 6:22PM
Shashthi* Until 7:05AM Thu

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:44AM
Sunset: 6:50PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Until 12:44AM Thu

Then Creative Work - Siddha Yoga

5

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vridhhi/Dhruva Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Kedarnath, India

Sun 6 Sutra 130

Mesha Rasi: 16.01 Tithi 21 – 22

Gulika 9:00AM – 10:39AM
Yama 5:44AM – 7:22AM
Rahu 1:55PM – 3:33PM

Bharani Until 2:34AM Fri
Vridhhi Until 5:00PM
Visiti Until 7:43PM
Shashthi* Until 7:05AM

Ganesha: White
Muruga: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:44AM
Sunset: 6:49PM

Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Kritika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kedarnath, India

Sun 7 Sutra 131

Mesha Rasi: 28.27 Tithi 22 – 23

Gulika 7:23AM – 9:01AM
Yama 3:32PM – 5:10PM
Rahu 10:38AM – 12:16PM

Krittika Until 3:37AM Sat
Dhruva Until 4:39PM
Balava Until 8:28PM
Saptami Until 8:09AM

Ganesha: White
Muruga: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:45AM
Sunset: 6:48PM

Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 3:37AM Sat

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kedarnath, India

Sun 8 Sutra 132

Vrishabha Rasi: 11.11 Tithi 23 – 24

Gulika 5:45AM – 7:23AM
Yama 1:54PM – 3:31PM
Rahu 9:01AM – 10:38AM

Rohini Until 4:15AM Sun
Vyaghata* Until 3:46PM
Taitila Until 8:30PM
Ashtami* Until 8:33AM

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Yellow
Sravana-Avani

Sunrise: 5:45AM
Sunset: 6:47PM

Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 4:15AM Sun

Then Creative Work - Siddha Yoga


1	Sunday, August 25, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kedarnath, India Sun 9 Sutra 133 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Wishabha Rasi: 24.17 Tithi 24 – 25	Gulika 3:31PM – 5:08PM Yama 12:16PM – 1:53PM Rahu 5:08PM – 6:46PM	Mrigashira Until 3:57AM Mon Harshana Until 2:16PM Vanija Until 7:44PM Navami* Until 8:12AM	Ganesha: Clear <i>Sunrise: 5:46AM</i> Muruqa: Blue <i>Sunset: 6:46PM</i> Nataraja: White Moon – Yellow
	538993462			Subha Sivaloka Day Sravana-Avani
	Creative Work Siddha Yoga			

2	Monday, August 26, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kedarnath, India Sun 10 Sutra 134 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Mithuna Rasi: 7.49 Tithi 25 – 26	Gulika 1:53PM – 3:30PM Yama 10:38AM – 12:16PM Rahu 7:24AM – 9:01AM	Ardra Until 2:45AM Tue Vajra* Until 12:07PM Bava Until 6:12PM Dashami Until 7:03AM	Ganesha: Clear <i>Sunrise: 5:47AM</i> Muruqa: Blue <i>Sunset: 6:44PM</i> Nataraja: White Moon – Yellow
	538993462			Subha Sivaloka Day Sravana-Avani
	Creative Work Siddha Yoga			

3	Tuesday, August 27, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kedarnath, India Sun 11 Sutra 135 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Mithuna Rasi: 21.5 Tithi 27	Gulika 12:15PM – 1:52PM Yama 9:01AM – 10:38AM Rahu 3:29PM – 5:06PM	Punarvasu Until 1:09AM Wed Siddhi Until 9:22AM Kaulava Until 3:56PM Dvadashi* Until 2:33AM Wed	Ganesha: Purple <i>Sunrise: 5:47AM</i> Muruqa: Blue <i>Sunset: 6:43PM</i> Nataraja: White Moon – Blue
	548993462			Sivaloka Day Sravana-Avani
	Creative Work Siddha Yoga			

4	Wednesday, August 28, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Kedarnath, India Sun 12 Sutra 136 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Kataka Rasi: 6.17 Tithi 28	Gulika 10:38AM – 12:15PM Yama 7:25AM – 9:01AM Rahu 12:15PM – 1:52PM	Pushya Until 10:50PM Vyatipata* Until 6:06AM Gara Until 1:04PM Trayodashi* Until 11:25PM	Ganesha: Light Blue <i>Sunrise: 5:48AM</i> Muruqa: Blue <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Blue
	549993463			Devaloka Day Sravana-Avani
	Creative Work Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>

5	Thursday, August 29, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kedarnath, India Sun 13 Sutra 137 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Kataka Rasi: 21.07 Tithi 29	Gulika 9:02AM – 10:38AM Yama 5:48AM – 7:25AM Rahu 1:51PM – 3:28PM	Ashlesha* Until 7:59PM Parigha* Until 10:19PM Visti Until 9:42AM Chaturdashi* Until 7:53PM	Ganesha: Orange <i>Sunrise: 5:48AM</i> Muruqa: Blue <i>Sunset: 6:41PM</i> Nataraja: Clear Moon – Blue
	549193463			Sivaloka Day Sravana-Avani
	Creative Work Siddha Yoga Until 7:59PM Then Creative Work - Amrita Yoga			

	Friday, August 30, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Kedarnath, India Sun 14 Sutra 138 Vikarin 5121 Moon 8 - Phase 19 Amavasya
	Retreat Star	Gulika 7:25AM – 9:02AM Yama 3:27PM – 5:03PM Rahu 10:38AM – 12:14PM	Magha* Until 5:09PM Shiva Until 6:06PM Catuspada Until 6:01AM Amavasya* Until 4:06PM	Ganesha: Clear <i>Sunrise: 5:49AM</i> Muruqa: Blue <i>Sunset: 6:40PM</i> Nataraja: Clear Moon – Red
	Simha Rasi: 6.14 Tithi 30 – 1		Varalakshmi Vratam	Sivaloka Day Sravana-Avani
	559193463			

Retreat Star	Saturday, August 31, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kedarnath, India Sun 15 Sutra 139 Vikarin 5121 Moon 8 - Phase 19 Prathama
	Simha Rasi: 21.29 Tithi 1 – 2	Gulika 5:49AM – 7:26AM Yama 1:50PM – 3:26PM Rahu 9:02AM – 10:38AM	Purvaphalguni Until 2:07PM Siddha Until 1:48PM Balava Until 10:22PM Prathama* Until 12:15PM	Ganesha: Clear <i>Sunrise: 5:49AM</i> Muruqa: Blue <i>Sunset: 6:39PM</i> Nataraja: Clear Moon – Red
	559193463			Sivaloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga Until 2:07PM Then Routine Work - Marana Yoga			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Kedarnath, India
	Kanya Rasi: 6.42	Tithi 2 - 3	Gulika 3:26PM - 5:02PM	Uttaraphalguni Until 11:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Sun 16 Sutra 140
			Yama 12:14PM - 1:50PM	Sadhya Until 9:37AM	Muruqa: Blue	<i>Sunset:</i> 6:37PM	Vikarin 5121
	559193463	Rahu 5:02PM - 6:37PM	Taitila Until 6:44PM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Amrita Yoga		Dvitiya Until 8:30AM	Moon - Red		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Kedarnath, India
	Kanya Rasi: 21.43	Tithi 4	Gulika 1:49PM - 3:25PM	Hasta Until 8:36AM	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	Sun 17 Sutra 141
	Family Home Evening		Yama 10:38AM - 12:13PM	Sukla Until 2:05AM Tue	Muruqa: Blue	<i>Sunset:</i> 6:36PM	Vikarin 5121
	559193463	Rahu 7:26AM - 9:02AM	Vanija Until 3:27PM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Chaturthi* Until 1:58AM Tue	Moon - Green		3rd Phase	
Until 8:36AM		Ganesha Chaturthi		Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Prabararishta Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Kedarnath, India
	Tula Rasi: 6.23	Tithi 5	Gulika 12:13PM - 1:49PM	Chitra Until 6:26AM	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	Sun 18 Sutra 142
			Yama 9:02AM - 10:38AM	Brahma Until 10:58PM	Muruqa: Blue	<i>Sunset:</i> 6:35PM	Vikarin 5121
	559193463	Rahu 3:24PM - 5:00PM	Bava Until 12:40PM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Panchami Until 11:30PM	Moon - Green		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthiyam Titau				Kedarnath, India
	Tula Rasi: 20.38	Tithi 6	Gulika 10:38AM - 12:13PM	Vishakha Until 4:05AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:52AM	Sun 19 Sutra 143
			Yama 7:27AM - 9:02AM	Indra Until 8:27PM	Muruqa: Blue	<i>Sunset:</i> 6:34PM	Vikarin 5121
	559193463	Rahu 12:13PM - 1:48PM	Kaulava Until 10:32AM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Shashthi* Until 9:44PM	Moon - Orange		3rd Phase	
				Bhadrapada-Avani		Subha Sivaloka Day	

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Kedarnath, India
	Vrischika Rasi: 4.24	Tithi 7	Gulika 9:02AM - 10:37AM	Anuradha Until 4:05AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:52AM	Sun 20 Sutra 144
			Yama 5:52AM - 7:27AM	Vaidhriti* Until 6:34PM	Muruqa: Blue	<i>Sunset:</i> 6:33PM	Vikarin 5121
	559193463	Rahu 1:48PM - 3:23PM	Gara Until 9:11AM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Saptami Until 8:47PM	Moon - Orange		3rd Phase	
Until 4:05AM Fri				Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Marana Yoga							

Retreat Star	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Kedarnath, India
	Vrischika Rasi: 17.42	Tithi 8	Gulika 7:28AM - 9:02AM	Jyeshtha* Until 4:43AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:53AM	Sun 21 Sutra 145
			Yama 3:22PM - 4:57PM	Vishkambha* Until 5:20PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Vikarin 5121
	559193463	Rahu 10:37AM - 12:12PM	Visti Until 8:38AM		Nataraja: Clear		Moon 8 - Phase 20
Routine Work	Marana Yoga		Ashtami* Until 8:40PM	Moon - Orange		Ashtami	
Until 4:43AM Sat				Bhadrapada-Avani		Sivaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Kedarnath, India
	Dhanus Rasi: 0.35	Tithi 9	Gulika 5:53AM - 7:28AM	Mula* Until 6:26AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Sun 22 Sutra 146
			Yama 1:46PM - 3:21PM	Priti Until 4:45PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Vikarin 5121
	581193463	Rahu 9:03AM - 10:37AM	Balava Until 8:55AM		Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Navami* Until 9:19PM	Moon - Light Blue		Navami	
				Bhadrapada-Avani		Devaloka Day	

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Kedarnath, India Sun 23 Sutra 147
Dhanus Rasi: 13.06	Tithi 10	Gulika 3:20PM – 4:55PM	Mula* Until 6:26AM	Ganesha: Green	<i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 12:11PM – 1:46PM	Ayushman Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 21
	581193463	Rahu 4:55PM – 6:29PM	Taitila Until 9:57AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		Devaloka Day
Until 6:26AM		Grandparent's Day	Dashami Until 10:40PM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Kedarnath, India Sun 24 Sutra 148
Dhanus Rasi: 25.21	Tithi 11	Gulika 1:45PM – 3:19PM	Purvashadha* Until 8:35AM	Ganesha: Green	<i>Sunrise:</i> 5:55AM	Vikarin 5121
Family Home Evening		Yama 10:37AM – 12:11PM	Saubhagya Until 5:04PM	Muruqa: Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
	581193463	Rahu 7:29AM – 9:03AM	Vanija Until 11:35AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		Devaloka Day
			Ekadashi Until 12:33AM Tue	Bhadrapada-Avani		

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Kedarnath, India Sun 25 Sutra 149
Makara Rasi: 7.25	Tithi 12	Gulika 12:11PM – 1:45PM	Uttarashadha Until 11:00AM	Ganesha: Green	<i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 9:03AM – 10:37AM	Sobhana Until 5:46PM	Muruqa: Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
	581193463	Rahu 3:19PM – 4:53PM	Bava Until 1:39PM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Devaloka Day
Until 11:00AM			Dvadashi Until 2:46AM Wed	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kedarnath, India Sun 26 Sutra 150
Makara Rasi: 19.21	Tithi 13	Gulika 10:37AM – 12:10PM	Shravana Until 2:02PM	Ganesha: Red	<i>Sunrise:</i> 5:56AM	Vikarin 5121
		Yama 7:29AM – 9:03AM	Athiganda* Until 6:37PM	Muruqa: Blue	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
	591193463	Rahu 12:10PM – 1:44PM	Kaulava Until 3:59PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
Until 2:02PM		Avani Avittam	Trayodashi Until 5:11AM Thu	Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Gara Karana Chaturdashyam Titau				Kedarnath, India Sun 27 Sutra 151
Kumbha Rasi: 1.13	Tithi 14	Gulika 9:03AM – 10:37AM	Dhanishtha Until 5:01PM	Ganesha: Red	<i>Sunrise:</i> 5:56AM	Vikarin 5121
		Yama 5:56AM – 7:30AM	Sukarma Until 7:34PM	Muruqa: Blue	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
	591193463	Rahu 1:44PM – 3:17PM	Gara Until 6:27PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
			Chaturdashi* Until 7:39AM Fri	Bhadrapada-Avani		

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kedarnath, India Sutra 152
Copper Retreat Star		Gulika 7:30AM – 9:03AM	Shatabhishak Until 7:50PM	Ganesha: Red	<i>Sunrise:</i> 5:57AM	Vikarin 5121
Kumbha Rasi: 13.04	Tithi 14 – 15	Yama 3:16PM – 4:49PM	Dhriti Until 8:31PM	Muruqa: Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	591113463	Rahu 10:36AM – 12:10PM	Visti Until 8:54PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
		Chidambaram Abhishekam	Chaturdashi* Until 7:39AM	Bhadrapada-Avani		

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kedarnath, India Sutra 153
Silver Retreat Star		Gulika 5:57AM – 7:30AM	Purvaproshtapada* Until 10:55PM	Ganesha: Red	<i>Sunrise:</i> 5:57AM	Vikarin 5121
Kumbha Rasi: 24.56	Tithi 15 – 16	Yama 1:42PM – 3:15PM	Shula* Until 9:23PM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	511113463	Rahu 9:03AM – 10:36AM	Balava Until 11:18PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Moon – Clear		Sivaloka Day
Until 10:55PM			Purnima* Until 10:06AM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Kedarnath, India

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 6.5 Tithi 16 - 17

511113463

Gulika 3:15PM - 4:47PM
Yama 12:09PM - 1:42PM
Rahu 4:47PM - 6:20PM

Uttaraproshtapada Until 1:43AM Mon
Ganda* Until 10:10PM
Taitila Until 1:33AM Mon
Prathama* Until 12:25PM

Ganesha: Red Sunrise: 5:58AM
Muruga: Purple Sunset: 6:20PM
Nataraja: Clear
Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga

Until 1:43AM Mon

Then Creative Work - Siddha Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kedarnath, India

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 18.48 Tithi 17 - 18

512113463

Gulika 1:41PM - 3:14PM
Yama 10:36AM - 12:09PM
Rahu 7:31AM - 9:04AM

Revati Until 4:09AM Tue
Vriddhi Until 10:50PM
Vanija Until 3:36AM Tue
Dvitiya Until 2:35PM

Ganesha: Yellow Sunrise: 5:58AM
Muruga: Purple Sunset: 6:19PM
Nataraja: Clear
Moon - Clear

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Kedarnath, India

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 0.5 Tithi 18 - 19

522113463

Gulika 12:08PM - 1:41PM
Yama 9:04AM - 10:36AM
Rahu 3:13PM - 4:45PM

Ashvini Until 6:41AM Wed
Dhruva Until 11:16PM
Bava Until 5:25AM Wed
Tritiya Until 4:32PM

Ganesha: White Sunrise: 5:59AM
Muruga: Purple Sunset: 6:18PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata* Yoga Balava Karana Chaturthyam Titau

Kedarnath, India

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 12.59 Tithi 19

522113463

Gulika 10:36AM - 12:08PM
Yama 7:32AM - 9:04AM
Rahu 12:08PM - 1:40PM

Ashvini Until 6:41AM
Vyaghata* Until 11:29PM
Balava Until 6:11PM
Chaturthi* Until 6:11PM

Ganesha: White Sunrise: 5:59AM
Muruga: Purple Sunset: 6:16PM
Nataraja: Clear
Moon - White

Devaloka Day

Routine Work Marana Yoga

Until 6:41AM

Then Creative Work - Siddha Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 25.16 Tithi 20

522113463

Gulika 9:04AM - 10:36AM
Yama 6:00AM - 7:32AM
Rahu 1:39PM - 3:11PM

Bharani Until 8:43AM
Harshana Until 11:25PM
Kaulava Until 6:53AM
Panchami Until 7:27PM

Ganesha: White Sunrise: 6:00AM
Muruga: Purple Sunset: 6:15PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Until 8:43AM

Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtyam Titau

Kedarnath, India

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 7.43 Tithi 21

522113463

Gulika 7:32AM - 9:04AM
Yama 3:11PM - 4:42PM
Rahu 10:36AM - 12:07PM

Krittika Until 10:09AM
Vajra* Until 10:54PM
Gara Until 7:56AM
Shashthi* Until 8:14PM

Ganesha: White Sunrise: 6:01AM
Muruga: Purple Sunset: 6:14PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Until 10:09AM

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Kedarnath, India

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 20.26 Tithi 22

532113463

Gulika 6:01AM - 7:33AM
Yama 1:38PM - 3:10PM
Rahu 9:04AM - 10:35AM

Rohini Until 11:22AM
Siddhi Until 9:56PM
Visti Until 8:25AM
Saptami Until 8:24PM

Ganesha: Clear Sunrise: 6:01AM
Muruga: Purple Sunset: 6:13PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 11:22AM

Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 3.28 Tithi 23

532113463

Gulika 3:09PM - 4:40PM
Yama 12:06PM - 1:38PM
Rahu 4:40PM - 6:11PM

Mrigashira Until 11:47AM
Vyatipata* Until 8:25PM
Balava Until 8:15AM
Ashtami* Until 7:53PM

Ganesha: Clear Sunrise: 6:02AM
Muruga: Purple Sunset: 6:11PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 16.52 Tithi 24

532213463

Gulika 1:37PM - 3:08PM
Yama 10:35AM - 12:06PM
Rahu 7:33AM - 9:04AM

Ardra Until 11:20AM
Variyan Until 6:18PM
Taitila Until 7:22AM
Navami* Until 6:38PM

Ganesha: Orange Sunrise: 6:02AM
Muruga: Purple Sunset: 6:10PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Until 11:20AM

Then Creative Work - Amrita Yoga

1	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visiti/Bava Karana Dashami/Ekadashyam Titau				Kedarnath, India
	Kataka Rasi: 0.41	Tithi 25 – 26	542213463	Gulika 2:06PM – 1:37PM Yama 9:04AM – 10:35AM Rahu 3:07PM – 4:38PM	Punarvasu Until 10:29AM Parigha* Until 3:38PM Bava Until 3:29AM Wed Dashami Until 4:41PM	Ganesha: Light Blue <i>Sunrise:</i> 6:03AM Muruqa: Purple <i>Sunset:</i> 6:09PM Nataraja: Clear Moon – Blue	Sun 9 Sutra 163 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

2	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Kedarnath, India
	Kataka Rasi: 14.58	Tithi 26 – 27	542213463	Gulika 10:35AM – 12:05PM Yama 7:34AM – 9:04AM Rahu 12:05PM – 1:36PM	Pushya Until 8:48AM Shiva Until 12:26PM Kaulava Until 12:37AM Thu Ekadashi* Until 2:06PM	Ganesha: Light Blue <i>Sunrise:</i> 6:03AM Muruqa: Purple <i>Sunset:</i> 6:07PM Nataraja: Clear Moon – Blue	Sun 10 Sutra 164 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

3	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha/Magha* Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Kedarnath, India
	Kataka Rasi: 29.38	Tithi 27 – 28	542213463	Gulika 9:05AM – 10:35AM Yama 6:04AM – 7:34AM Rahu 1:35PM – 3:06PM	Ashlesha* Until 6:27AM Siddha Until 8:47AM Gara Until 9:17PM Dvadashi* Until 10:59AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 6:04AM Muruqa: Purple <i>Sunset:</i> 6:06PM Nataraja: Clear Moon – Blue	Sun 11 Sutra 165 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	
	Until 6:27AM	Then Creative Work - Amrita Yoga					

4	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India
	Simha Rasi: 14.37	Tithi 28 – 29	552213463	Gulika 7:35AM – 9:05AM Yama 3:05PM – 4:35PM Rahu 10:35AM – 12:05PM	Purvaphalguni Until 1:01AM Sat Subha Until 12:37AM Sat Sakuni Until 3:45AM Sat Trayodashi* Until 7:29AM	Ganesha: Purple <i>Sunrise:</i> 6:05AM Muruqa: Purple <i>Sunset:</i> 6:05PM Nataraja: Clear Moon – Red	Sun 12 Sutra 166 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	
	Until 1:01AM Sat	Then Routine Work - Marana Yoga					

●	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kedarnath, India
	Retreat Star		542213463	Gulika 6:05AM – 7:35AM Yama 1:34PM – 3:04PM Rahu 9:05AM – 10:35AM	Uttaraphalguni Until 9:54PM Sukla Until 8:21PM Catuspada Until 1:52PM Amavasya* Until 11:58PM	Ganesha: Light Blue <i>Sunrise:</i> 6:05AM Muruqa: Purple <i>Sunset:</i> 6:04PM Nataraja: Clear Moon – Red	Sun 13 Sutra 167 Vikarin 5121 Moon 9 - Phase 23 Amavasya
	Routine Work	Marana Yoga		Mahalaya Amavasai (Tamil Nadu)		Devaloka Day Bhadrapada•Puratasi	

●	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Kedarnath, India
	Retreat Star		663213463	Gulika 3:03PM – 4:33PM Yama 12:04PM – 1:34PM Rahu 4:33PM – 6:02PM	Hasta Until 7:09PM Brahma Until 4:09PM Kintughna Until 10:07AM Prathama* Until 8:17PM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM Muruqa: Purple <i>Sunset:</i> 6:02PM Nataraja: Clear Moon – Green	Sun 14 Sutra 168 Vikarin 5121 Moon 9 - Phase 23 Prathama
	Creative Work	Amrita Yoga		Navaratri Begins		Devaloka Day Ashvina•Puratasi	
	Until 7:09PM	Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Dvitiya/Tritiyam Titau			Kedarnath, India Sun 15 Sutra 169
1		Gulika 1:33PM – 3:02PM	Chitra Until 4:32PM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM	Vikarin 5121
Tula Rasi: 0.07	Tithi 2 – 3	Yama 10:34AM – 12:04PM	Indra Until 12:11PM	Muruqa: Purple <i>Sunset:</i> 6:01PM	Moon 9 - Phase 24
Family Home Evening	663213463	Rahu 7:36AM – 9:05AM	Balava Until 6:34AM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 4:54PM	Ashvina+Puratasi	Devaloka Day
Until 4:32PM					
Then Creative Work - Amrita Yoga					

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Triliya/Chaturhyam Titau			Kedarnath, India Sun 16 Sutra 170
2		Gulika 12:03PM – 1:33PM	Svati Until 2:15PM	Ganesha: Light Blue <i>Sunrise:</i> 6:07AM	Vikarin 5121
Tula Rasi: 14.55	Tithi 3 – 4	Yama 9:05AM – 10:34AM	Vaidhriti* Until 8:33AM	Muruqa: Purple <i>Sunset:</i> 6:00PM	Moon 9 - Phase 24
663213463		Rahu 3:02PM – 4:31PM	Vanija Until 12:47AM Wed	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 2:00PM	Ashvina+Puratasi	Devaloka Day
Until 2:15PM					
Then Routine Work - Marana Yoga					

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kedarnath, India Sun 17 Sutra 171
3		Gulika 10:34AM – 12:03PM	Vishakha Until 12:53PM	Ganesha: Purple <i>Sunrise:</i> 6:07AM	Vikarin 5121
Tula Rasi: 29.17	Tithi 4 – 5	Yama 7:36AM – 9:05AM	Priti Until 2:52AM Thu	Muruqa: Purple <i>Sunset:</i> 5:59PM	Moon 9 - Phase 24
673213463		Rahu 12:03PM – 1:32PM	Bava Until 10:52PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 11:43AM	Ashvina+Puratasi	Devaloka Day

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kedarnath, India Sun 18 Sutra 172
4		Gulika 9:05AM – 10:34AM	Anuradha Until 12:08PM	Ganesha: Purple <i>Sunrise:</i> 6:08AM	Vikarin 5121
Vrischika Rasi: 13.11	Tithi 5 – 6	Yama 6:08AM – 7:37AM	Ayushman Until 12:59AM Fri	Muruqa: Purple <i>Sunset:</i> 5:58PM	Moon 9 - Phase 24
673213463		Rahu 1:31PM – 3:00PM	Kaulava Until 9:47PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Panchami Until 10:12AM	Ashvina+Puratasi	Devaloka Day
Until 12:08PM					
Then Routine Work - Prabalarishta Yoga					

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Kedarnath, India Sun 19 Sutra 173
5		Gulika 7:37AM – 9:06AM	Jyeshtha* Until 12:06PM	Ganesha: Purple <i>Sunrise:</i> 6:09AM	Vikarin 5121
Vrischika Rasi: 26.34	Tithi 6 – 7	Yama 2:59PM – 4:28PM	Saubhagya Until 11:49PM	Muruqa: Purple <i>Sunset:</i> 5:56PM	Moon 9 - Phase 24
673213463		Rahu 10:34AM – 12:02PM	Gara Until 9:36PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Shashthi* Until 9:33AM	Ashvina+Puratasi	Devaloka Day
Until 12:06PM					
Then Creative Work - Amrita Yoga					

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kedarnath, India Sun 20 Sutra 174
Retreat Star		Gulika 6:09AM – 7:38AM	Mula* Until 1:15PM	Ganesha: Clear <i>Sunrise:</i> 6:09AM	Vikarin 5121
Dhanus Rasi: 9.3	Tithi 7 – 8	Yama 1:30PM – 2:59PM	Sobhana Until 11:21PM	Muruqa: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
683213463		Rahu 9:06AM – 10:34AM	Visti Until 10:17PM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Saptami Until 9:49AM	Ashvina+Puratasi	Sivaloka Day
		Durga Ashtami			

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kedarnath, India Sun 21 Sutra 175
Retreat Star		Gulika 2:58PM – 4:26PM	Purvashadha* Until 3:02PM	Ganesha: Clear <i>Sunrise:</i> 6:10AM	Vikarin 5121
Dhanus Rasi: 22.01	Tithi 8 – 9	Yama 12:02PM – 1:30PM	Athiganda* Until 11:25PM	Muruqa: Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
683213463		Rahu 4:26PM – 5:54PM	Balava Until 11:44PM	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Ashtami* Until 10:54AM	Ashvina+Puratasi	Sivaloka Day
Until 3:02PM		Saraswathi Puja (Tamil Nadu)			
Then Creative Work - Amrita Yoga					

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Kedarnath, India Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:29PM – 2:57PM	Uttarashadha Until 5:16PM	Ganesha: Clear <i>Sunrise:</i> 6:11AM	
Makara Rasi: 4.14	Tithi 9 – 10	Yama 10:34AM – 12:02PM	Sukarma Until 11:58PM	Muruqa: Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:38AM – 9:06AM	Taitila Until 1:47AM Tue	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Navami* Until 12:41PM	Moon – Light Blue	Sivaloka Day
Until 5:16PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Kedarnath, India Sun 23 Sutra 177 Vikarin 5121
2		Gulika 12:01PM – 1:29PM	Shravana Until 8:15PM	Ganesha: White <i>Sunrise:</i> 6:11AM	
Makara Rasi: 16.15	Tithi 10 – 11	Yama 9:06AM – 10:34AM	Dhriti Until 12:48AM Wed	Muruqa: Purple <i>Sunset:</i> 5:51PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 2:56PM – 4:24PM	Vanija Until 4:10AM Wed	Nataraja: Purple	4th Phase
Routine Work	Siddha Yoga		Dashami Until 2:55PM	Moon – Purple	Sivaloka Day
Until 5:16PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Kedarnath, India Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:34AM – 12:01PM	Dhanishtha Until 11:16PM	Ganesha: White <i>Sunrise:</i> 6:12AM	
Makara Rasi: 28.08	Tithi 11 – 12	Yama 7:39AM – 9:06AM	Shula* Until 1:43AM Thu	Muruqa: Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 12:01PM – 1:28PM	Bava Until 6:43AM Thu	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 5:25PM	Moon – Purple	Sivaloka Day
Until 11:16PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau			Kedarnath, India Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:07AM – 10:34AM	Shatabhishak Until 2:06AM Fri	Ganesha: White <i>Sunrise:</i> 6:12AM	
Kumbha Rasi: 9.59	Tithi 12	Yama 6:12AM – 7:39AM	Ganda* Until 2:39AM Fri	Muruqa: Purple <i>Sunset:</i> 5:49PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 1:28PM – 2:55PM	Bava Until 6:43AM	Nataraja: Purple	4th Phase
Routine Work	Siddha Yoga		Dvadashi Until 7:57PM	Moon – Purple	Sivaloka Day
Until 5:16PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kedarnath, India Sun 26 Sutra 180 Vikarin 5121
5		Gulika 7:40AM – 9:07AM	Purvaproshtapada* Until 5:10AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:13AM	
Kumbha Rasi: 21.5	Tithi 13	Yama 2:54PM – 4:21PM	Vriddhi Until 3:30AM Sat	Muruqa: Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 10:34AM – 12:00PM	Kaulava Until 9:13AM	Nataraja: Purple	4th Phase
Routine Work	Siddha Yoga		Trayodashi Until 10:23PM	Moon – Clear	Sivaloka Day
Until 5:16PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Kedarnath, India Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:14AM – 7:40AM	Uttaraproshtapada Until 7:51AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:14AM	
Meena Rasi: 3.44	Tithi 14	Yama 1:27PM – 2:54PM	Dhruva Until 4:10AM Sun	Muruqa: Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 9:07AM – 10:34AM	Gara Until 11:34AM	Nataraja: Purple	4th Phase
Routine Work	Siddha Yoga		Chaturdashi* Until 12:38AM Sun	Moon – Clear	Sivaloka Day
Until 7:51AM Sun				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Kedarnath, India Sun 28 Sutra 182 Vikarin 5121
7		Gulika 2:53PM – 4:19PM	Uttaraproshtapada Until 7:51AM	Ganesha: Yellow <i>Sunrise:</i> 6:14AM	
Meena Rasi: 15.43	Tithi 15	Yama 12:00PM – 1:26PM	Vyaghata* Until 4:38AM Mon	Muruqa: Purple <i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 4:19PM – 5:46PM	Visti Until 1:41PM	Nataraja: Purple	Purnima
Routine Work	Amrita Yoga		Purnima* Until 2:37AM Mon	Moon – Clear	Subha Sivaloka Day
Until 5:16PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Kedarnath, India Sun 29 Sutra 183 Vikarin 5121
8		Gulika 1:26PM – 2:52PM	Revati Until 10:08AM	Ganesha: Yellow <i>Sunrise:</i> 6:15AM	
Meena Rasi: 27.49	Tithi 16	Yama 10:34AM – 12:00PM	Harshana Until 4:55AM Tue	Muruqa: Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 7:41AM – 9:07AM	Balava Until 3:32PM	Nataraja: Purple	Prathama
Routine Work	Siddha Yoga		Prathama* Until 4:20AM Tue	Moon – Clear	Subha Sivaloka Day
Until 5:16PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kedarnath, India

Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 10.01 Tithi 17

624213464

Gulika 12:00PM – 1:25PM
Yama 9:08AM – 10:34AM
Rahu 2:51PM – 4:17PM

Ashvini Until 12:27PM
Vajra* Until 4:55AM Wed
Taitila Until 5:05PM
Dvitiya Until 5:43AM Wed

Ganesha: White *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 5:43PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija Karana Tritiyayam Titau

Kedarnath, India

Sun 1 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 22.22 Tithi 18

624213464

Gulika 10:34AM – 11:59AM
Yama 7:42AM – 9:08AM
Rahu 11:59AM – 1:25PM

Bharani Until 2:18PM
Siddhi Until 4:41AM Thu
Vanija Until 6:19PM
Tritiya Until 6:47AM Thu

Ganesha: White *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 5:42PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

Until 2:18PM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Kedarnath, India

Sun 2 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 4.5 Tithi 18 – 19

624213464

Gulika 9:08AM – 10:34AM
Yama 6:17AM – 7:42AM
Rahu 1:25PM – 2:50PM

Krittika Until 3:39PM
Vyatipata* Until 4:10AM Fri
Bava Until 7:12PM
Tritiya Until 6:47AM

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 5:41PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kedarnath, India

Sun 3 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 17.29 Tithi 19 – 20

634313464

Gulika 7:43AM – 9:08AM
Yama 2:50PM – 4:15PM
Rahu 10:34AM – 11:59AM

Rohini Until 4:57PM
Variyan Until 3:19AM Sat
Kaulava Until 7:41PM
Chaturthi* Until 7:28AM

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:40PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Routine Work Marana Yoga

Until 4:57PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kedarnath, India

Sun 4 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 0.2 Tithi 20 – 21

634313464

Gulika 6:18AM – 7:43AM
Yama 1:24PM – 2:49PM
Rahu 9:09AM – 10:34AM

Mrigashira Until 5:39PM
Parigha* Until 2:06AM Sun
Gara Until 7:43PM
Panchami Until 7:44AM

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:39PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kedarnath, India

Sun 5 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.25 Tithi 21 – 22

634313464

Gulika 2:48PM – 4:13PM
Yama 11:59AM – 1:23PM
Rahu 4:13PM – 5:38PM

Ardra Until 5:42PM
Shiva Until 12:29AM Mon
Visti Until 7:14PM
Shashthi* Until 7:31AM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 5:38PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kedarnath, India

Sun 6 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 26.47 Tithi 22 – 23

644313464

Gulika 1:23PM – 2:48PM
Yama 10:34AM – 11:58AM
Rahu 7:44AM – 9:09AM

Punarvasu Until 5:31PM
Siddha Until 10:24PM
Balava Until 6:11PM
Saptami Until 6:45AM

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:37PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Amrita Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India

Sun 7 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 10.29 Tithi 24

644313464

Gulika 11:58AM – 1:23PM
Yama 9:09AM – 10:34AM
Rahu 2:47PM – 4:12PM

Pushya Until 4:37PM
Sadhya Until 7:51PM
Taitila Until 4:34PM
Navami* Until 3:32AM Wed

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:36PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Kedarnath, India Sun 8 Sutra 192	
Kataka Rasi: 24.32	Tithi 25	Gulika 10:34AM – 11:58AM	Ashlesha* Until 3:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM		Vikarin 5121
		Yama 7:45AM – 9:10AM	Subha Until 4:54PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	644313464 Rahu 11:58AM – 1:22PM	Vanija Until 2:25PM	Nataraja: Purple			2nd Phase
			Dashami Until 1:08AM Thu	Moon – Blue		Subha Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Kedarnath, India Sun 9 Sutra 193	
Simha Rasi: 8.55	Tithi 26	Gulika 9:10AM – 10:34AM	Magha* Until 1:15PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM		Vikarin 5121
		Yama 6:22AM – 7:46AM	Sukla Until 1:32PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	654313464 Rahu 1:22PM – 2:46PM	Bava Until 11:46AM	Nataraja: Purple			2nd Phase
Until 1:15PM			Ekadashi* Until 10:17PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Dvadashyam Titau		Kedarnath, India Sun 10 Sutra 194	
Simha Rasi: 23.35	Tithi 27	Gulika 7:46AM – 9:10AM	Purvaphalguni Until 10:57AM	Ganesha: Purple	<i>Sunrise:</i> 6:23AM		Vikarin 5121
		Yama 2:45PM – 4:09PM	Brahma Until 9:52AM	Muruqa: Purple	<i>Sunset:</i> 5:33PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	654313464 Rahu 10:34AM – 11:58AM	Kaulava Until 8:45AM	Nataraja: Purple			2nd Phase
			Dvadashi* Until 7:08PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kedarnath, India Sun 11 Sutra 195	
Kanya Rasi: 8.28	Tithi 28 – 29	Gulika 6:23AM – 7:47AM	Uttaraphalguni Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM		Vikarin 5121
		Yama 1:21PM – 2:45PM	Indra Until 6:01AM	Muruqa: Purple	<i>Sunset:</i> 5:32PM		Moon 10 - Phase 27
Routine Work	Marana Yoga	655313464 Rahu 9:10AM – 10:34AM	Visti Until 2:07AM Sun	Nataraja: Purple			2nd Phase
			Trayodashi* Until 3:47PM	Moon – Red		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			
			<i>Pradosha Vrata (Fasting)</i>				

●		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kedarnath, India Sun 12 Sutra 196	
Retreat Star		Gulika 2:44PM – 4:08PM	Chitra Until 3:18AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:24AM		Vikarin 5121
Kanya Rasi: 23.26	Tithi 29 – 30	Yama 11:58AM – 1:21PM	Vishkambha* Until 10:10PM	Muruqa: Purple	<i>Sunset:</i> 5:31PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	665313464 Rahu 4:08PM – 5:31PM	Catuspada Until 10:48PM	Nataraja: Purple			Amavasya
Until 3:18AM Mon			Chaturdashi* Until 12:25PM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kedarnath, India Sun 13 Sutra 197	
Tula Rasi: 8.19	Tithi 30 – 1	Gulika 1:21PM – 2:44PM	Svati Until 12:54AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:25AM		Vikarin 5121
Family Home Evening		Yama 10:34AM – 11:57AM	Priti Until 6:27PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 7:48AM – 9:11AM	Kintughna Until 7:42PM	Nataraja: Purple			Prathama
Until 12:54AM Tue			Amavasya* Until 9:12AM	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Kedarnath, India Sun 14 Sutra 198 Vikarin 5121
Tula Rasi: 23	Tithi 1 - 2	675313464	Gulika 11:57AM - 1:20PM Yama 9:11AM - 10:34AM Rahu 2:43PM - 4:06PM	Vishakha Until 11:12PM Ayushman Until 3:02PM Kaulava Until 3:51AM Wed Prathama* Until 6:17AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon - Orange	<i>Sunrise:</i> 6:26AM <i>Sunset:</i> 5:29PM	Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day Kartika•Aipasi
Routine Work Marana Yoga							
Until 11:12PM							
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Kedarnath, India Sun 15 Sutra 199 Vikarin 5121
Vischika Rasi: 7.2	Tithi 3	675313464	Gulika 10:35AM - 11:57AM Yama 7:49AM - 9:12AM Rahu 11:57AM - 1:20PM	Anuradha Until 9:59PM Saubhagya Until 12:04PM Taitila Until 2:52PM Tritiya Until 2:03AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon - Orange	<i>Sunrise:</i> 6:26AM <i>Sunset:</i> 5:29PM	Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga							

3		Thursday, October 31, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau	Kedarnath, India Sun 16 Sutra 200 Vikarin 5121
Vischika Rasi: 21.15	Tithi 4	675313464	Gulika 9:12AM - 10:35AM Yama 6:27AM - 7:50AM Rahu 1:20PM - 2:42PM	Jyeshtha* Until 9:21PM Sobhana Until 9:41AM Vanija Until 1:27PM Chaturthi* Until 1:01AM Fri	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon - Orange	<i>Sunrise:</i> 6:27AM <i>Sunset:</i> 5:28PM	Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day Kartika•Aipasi
Routine Work Prabalarishta Yoga							
Until 9:21PM							
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Kedarnath, India Sun 17 Sutra 201 Vikarin 5121
Dhanus Rasi: 4.42	Tithi 5	685313464	Gulika 7:50AM - 9:13AM Yama 2:42PM - 4:04PM Rahu 10:35AM - 11:57AM	Mula* Until 9:50PM Athiganda* Until 7:54AM Bava Until 12:51PM Panchami Until 12:51AM Sat	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Light Blue	<i>Sunrise:</i> 6:28AM <i>Sunset:</i> 5:27PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Amrita Yoga							
Until 9:50PM							
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau	Kedarnath, India Sun 18 Sutra 202 Vikarin 5121
Dhanus Rasi: 17.41	Tithi 6	685313464	Gulika 6:29AM - 7:51AM Yama 1:19PM - 2:42PM Rahu 9:13AM - 10:35AM	Purvashadha* Until 11:01PM Sukarma Until 6:48AM Kaulava Until 1:07PM Shashthi* Until 1:32AM Sun	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Light Blue	<i>Sunrise:</i> 6:29AM <i>Sunset:</i> 5:26PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga							
Until 11:01PM							
Then Routine Work - Marana Yoga							

6		Sunday, November 3, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Kedarnath, India Sun 19 Sutra 203 Vikarin 5121
Makara Rasi: 0.17	Tithi 7	685313464	Gulika 2:41PM - 4:03PM Yama 11:57AM - 1:19PM Rahu 4:03PM - 5:25PM	Uttarashadha Until 12:46AM Mon Dhriti Until 6:23AM Gara Until 2:12PM Saptami Until 3:00AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Light Blue	<i>Sunrise:</i> 6:29AM <i>Sunset:</i> 5:25PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Amrita Yoga							

Retreat Star		Monday, November 4, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Kedarnath, India Sun 20 Sutra 204 Vikarin 5121
Makara Rasi: 12.33	Tithi 8	696313464	Gulika 1:19PM - 2:41PM Yama 10:35AM - 11:57AM Rahu 7:52AM - 9:14AM	Shravana Until 3:27AM Tue Shula* Until 6:29AM Visti Until 3:59PM Ashtami* Until 5:03AM Tue	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Purple	<i>Sunrise:</i> 6:30AM <i>Sunset:</i> 5:24PM	Moon 10 - Phase 28 Ashtami Sivaloka Day Kartika•Aipasi
Family Home Evening							
Creative Work Amrita Yoga							
Until 3:27AM Tue							
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 5, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Balava Karana Navamyam Titau	Kedarnath, India Sun 21 Sutra 205 Vikarin 5121
Makara Rasi: 24.35	Tithi 9	696313464	Gulika 11:57AM - 1:19PM Yama 9:14AM - 10:36AM Rahu 2:40PM - 4:02PM	Dhanishtha Until 6:19AM Wed Ganda* Until 7:02AM Balava Until 6:15PM Navami* Until 7:28AM Wed	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Purple	<i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:24PM	Moon 10 - Phase 28 Navami Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Kedarnath, India Sun 22 Sutra 206 Vikarin 5121
	Kumbha Rasi: 6.3	Tithi 9 – 10	Gulika 10:36AM – 11:57AM	Dhanishtha Until 6:19AM	Ganesha: Purple	<i>Sunrise:</i> 6:32AM	
			Yama 7:53AM – 9:15AM	Vriddhi Until 7:51AM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 29
		696313464	Rahu 11:57AM – 1:19PM	Taitila Until 8:46PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga Until 6:19AM Then Creative Work - Siddha Yoga			Navami* Until 7:28AM		Kartika-Aipasi		Sivaloka Day


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kedarnath, India Sun 23 Sutra 207 Vikarin 5121
	Kumbha Rasi: 18.21	Tithi 10 – 11	Gulika 9:15AM – 10:36AM	Shatabhishak Until 9:09AM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	
			Yama 6:33AM – 7:54AM	Dhruva Until 8:44AM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 29
		796313464	Rahu 1:19PM – 2:40PM	Vanija Until 11:17PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dashami Until 10:01AM		Kartika-Aipasi		Subha Sivaloka Day


3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau				Kedarnath, India Sun 24 Sutra 208 Vikarin 5121
	Meena Rasi: 0.14	Tithi 11 – 12	Gulika 7:54AM – 9:15AM	Purvaproshtapada* Until 12:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	
			Yama 2:39PM – 4:00PM	Vyaghata* Until 9:34AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 29
		716313464	Rahu 10:36AM – 11:57AM	Bava Until 1:38AM Sat	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 12:28PM		Kartika-Aipasi		Subha Sivaloka Day

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 25 Sutra 209 Vikarin 5121
	Meena Rasi: 12.11	Tithi 12 – 13	Gulika 6:34AM – 7:55AM	Uttaraproshtapada Until 2:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	
			Yama 1:18PM – 2:39PM	Harshana Until 10:14AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 29
		716313464	Rahu 9:16AM – 10:37AM	Kaulava Until 3:42AM Sun	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga Until 2:55PM Then Routine Work - Prabalarishta Yoga			Dvadashi Until 2:41PM		Kartika-Aipasi		Subha Sivaloka Day
<i>Pradosha Vrata</i>							

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 26 Sutra 210 Vikarin 5121
	Meena Rasi: 24.16	Tithi 13 – 14	Gulika 2:39PM – 3:59PM	Revati Until 5:07PM	Ganesha: Yellow	<i>Sunrise:</i> 6:35AM	
			Yama 11:58AM – 1:18PM	Vajra* Until 10:38AM	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29
		716313464	Rahu 3:59PM – 5:20PM	Gara Until 5:22AM Mon	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga Until 5:07PM Then Creative Work - Siddha Yoga			Trayodashi Until 4:33PM		Kartika-Aipasi		Subha Sivaloka Day

6	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdashyam Titau				Kedarnath, India Sun 27 Sutra 211 Vikarin 5121
	Mesha Rasi: 6.29	Tithi 14	Gulika 1:18PM – 2:39PM	Ashvini Until 7:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	
	Family Home Evening		Yama 10:37AM – 11:58AM	Siddhi Until 10:45AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29
		727313464	Rahu 7:56AM – 9:17AM	Vanija Until 6:02PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 6:02PM		Kartika-Aipasi		Subha Sivaloka Day

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Vistil/Bava Karana Purnimayam Titau				Kedarnath, India Sun 28 Sutra 212 Vikarin 5121
	Copper Retreat Star		Gulika 11:58AM – 1:18PM	Bharani Until 8:49PM	Ganesha: White	<i>Sunrise:</i> 6:37AM	
	Mesha Rasi: 18.54	Tithi 15	Yama 9:17AM – 10:37AM	Vyatipata* Until 10:33AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29
		727413464	Rahu 2:38PM – 3:59PM	Vistil Until 6:37AM	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Purnima* Until 7:04PM		Kartika-Aipasi		Sivaloka Day

	Wednesday, November 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Kedarnath, India Sun 29 Sutra 213 Vikarin 5121
	Silver Retreat Star		Gulika 10:38AM – 11:58AM	Krittika Until 9:49PM	Ganesha: White	<i>Sunrise:</i> 6:37AM	
	Vrishabha Rasi: 1.3	Tithi 16	Yama 7:58AM – 9:18AM	Variyan Until 10:00AM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 29
		727413464	Rahu 11:58AM – 1:18PM	Balava Until 7:27AM	Nataraja: Purple		Prathama
Creative Work Amrita Yoga Until 9:49PM Then Creative Work - Siddha Yoga			Prathama* Until 7:41PM		Kartika-Aipasi		Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Kedarnath, India

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 14.17 Tithi 17

737413464

Gulika 9:18AM – 10:38AM
Yama 6:38AM – 7:58AM
Rahu 1:18PM – 2:38PM

Rohini Until 10:44PM
Parigha* Until 9:09AM
Taitila Until 7:52AM
Dvitiya Until 7:54PM

Ganesha: Clear *Sunrise: 6:38AM*

Muruqa: Purple *Sunset: 5:18PM*

Nataraja: Purple

Moon – Yellow

Karttika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

1

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Kedarnath, India

Sun 2 Sutra 215

Vikarin 5121

Vrishabha Rasi: 27.16 Tithi 18

737413464

Gulika 7:59AM – 9:19AM
Yama 2:38PM – 3:58PM
Rahu 10:38AM – 11:58AM

Mrigashira Until 11:08PM
Shiva Until 8:01AM
Vanija Until 7:53AM
Tritiya Until 7:44PM

Ganesha: Clear *Sunrise: 6:39AM*

Muruqa: Purple *Sunset: 5:17PM*

Nataraja: Purple

Moon – Yellow

Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Kedarnath, India

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 10.26 Tithi 19

737413464

Gulika 6:40AM – 8:00AM
Yama 1:18PM – 2:38PM
Rahu 9:19AM – 10:39AM

Ardra Until 11:02PM
Siddha Until 6:33AM
Bava Until 7:32AM
Chaturthi* Until 7:12PM

Ganesha: Clear *Sunrise: 6:40AM*

Muruqa: Purple *Sunset: 5:17PM*

Nataraja: Purple

Moon – Yellow

Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 23.48 Tithi 20

747413465

Gulika 2:37PM – 3:57PM
Yama 11:59AM – 1:18PM
Rahu 3:57PM – 5:16PM

Punarvasu Until 10:54PM
Subha Until 2:50AM Mon
Kaulava Until 6:50AM
Panchami Until 6:20PM

Ganesha: Purple *Sunrise: 6:41AM*

Muruqa: Purple *Sunset: 5:16PM*

Nataraja: Clear

Moon – Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kedarnath, India

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 7.21 Tithi 21 – 22

748413465

Gulika 1:18PM – 2:37PM
Yama 10:40AM – 11:59AM
Rahu 8:01AM – 9:20AM

Pushya Until 10:16PM
Sukla Until 12:33AM Tue
Visti Until 4:23AM Tue
Shashthi* Until 5:07PM

Ganesha: Clear *Sunrise: 6:42AM*

Muruqa: Purple *Sunset: 5:16PM*

Nataraja: Clear

Moon – Blue

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga
Family Home Evening

5

Tuesday, November 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kedarnath, India

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 21.07 Tithi 22 – 23

748413465

Gulika 11:59AM – 1:18PM
Yama 9:21AM – 10:40AM
Rahu 2:37PM – 3:56PM

Ashlesha* Until 9:10PM
Brahma Until 10:01PM
Balava Until 2:40AM Wed
Saptami Until 3:33PM

Ganesha: Clear *Sunrise: 6:43AM*

Muruqa: Purple *Sunset: 5:15PM*

Nataraja: Clear

Moon – Blue

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kedarnath, India

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 5.04 Tithi 23 – 24

758413465

Gulika 10:40AM – 11:59AM
Yama 8:02AM – 9:21AM
Rahu 11:59AM – 1:18PM

Magha* Until 8:02PM
Indra Until 7:14PM
Taitila Until 12:38AM Thu
Ashtami* Until 1:40PM

Ganesha: White *Sunrise: 6:43AM*

Muruqa: Purple *Sunset: 5:15PM*

Nataraja: Clear

Moon – Red

Karttika-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:02PM

Then Creative Work - Amrita Yoga

Thursday, November 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kedarnath, India

Sun 8 Sutra 221

Vikarin 5121

Simha Rasi: 19.13 Tithi 24 – 25

758413465

Gulika 9:22AM – 10:41AM
Yama 6:44AM – 8:03AM
Rahu 1:18PM – 2:37PM

Purvaphalguni Until 6:29PM
Vaidhriti* Until 4:12PM
Vanija Until 10:19PM
Navami* Until 11:29AM

Ganesha: White *Sunrise: 6:44AM*

Muruqa: Purple *Sunset: 5:15PM*

Nataraja: Clear

Moon – Red

Karttika-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga


Navami

1		Friday, November 22, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kedarnath, India Sun 9 Sutra 222	
Kanya Rasi: 3.34	Tithi 25 – 26	Gulika	8:04AM – 9:22AM	Uttaraphalguni Until 4:33PM	Ganesha: White	<i>Sunrise:</i> 6:45AM		Vikarin 5121	
		Yama	2:37PM – 3:56PM	Vishkambha* Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 5:14PM		Moon 11 - Phase 31	
		758413465 Rahu	10:41AM – 12:00PM	Bava Until 7:47PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 9:03AM	Moon – Red		Subha Sivaloka Day		
Until 4:33PM							Karttika-Karttikai		
Then Creative Work - Amrita Yoga									

2		Saturday, November 23, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau		Kedarnath, India Sun 10 Sutra 223	
Kanya Rasi: 18.01	Tithi 26 – 27	Gulika	6:46AM – 8:04AM	Hasta Until 2:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:46AM		Vikarin 5121	
		Yama	1:19PM – 2:37PM	Priti Until 9:39AM	Muruqa: Purple	<i>Sunset:</i> 5:14PM		Moon 11 - Phase 31	
		768413465 Rahu	9:23AM – 10:41AM	Taitila Until 3:47AM Sun	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 6:27AM	Moon – Green		Sivaloka Day		
							Karttika-Karttikai		

3		Sunday, November 24, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Kedarnath, India Sun 11 Sutra 224	
Tula Rasi: 2.32	Tithi 28	Gulika	2:37PM – 3:55PM	Chitra Until 12:50PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM		Vikarin 5121	
		Yama	12:00PM – 1:19PM	Ayushman Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 5:14PM		Moon 11 - Phase 31	
		769413465 Rahu	3:55PM – 5:14PM	Gara Until 2:29PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 1:10AM Mon	Moon – Green		Devaloka Day		
							Karttika-Karttikai		
							<i>Pradosha Vrata (Fasting)</i>		

4		Monday, November 25, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kedarnath, India Sun 12 Sutra 225	
Tula Rasi: 17	Tithi 29	Gulika	1:19PM – 2:37PM	Svati Until 10:51AM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM		Vikarin 5121	
Family Home Evening		Yama	10:42AM – 12:01PM	Sobhana Until 11:45PM	Muruqa: Purple	<i>Sunset:</i> 5:14PM		Moon 11 - Phase 31	
Creative Work	Amrita Yoga	769413465 Rahu	8:06AM – 9:24AM	Visti Until 11:56AM	Nataraja: Clear			2nd Phase	
Until 10:51AM				Chaturdashi* Until 10:44PM	Moon – Green		Devaloka Day		
Then Routine Work - Marana Yoga							Karttika-Karttikai		

		Tuesday, November 26, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kedarnath, India Sun 13 Sutra 226	
Retreat Star		Gulika	12:01PM – 1:19PM	Vishakha Until 9:24AM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM		Vikarin 5121	
Vrischika Rasi: 1.19	Tithi 30	Yama	9:25AM – 10:43AM	Athiganda* Until 8:50PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM		Moon 11 - Phase 31	
		779413465 Rahu	2:37PM – 3:55PM	Catuspada Until 9:39AM	Nataraja: Clear			Amavasya	
Routine Work	Marana Yoga			Amavasya* Until 8:38PM	Moon – Orange		Devaloka Day		
Until 9:24AM							Karttika-Karttikai		
Then Creative Work - Siddha Yoga									

Retreat Star		Wednesday, November 27, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Kedarnath, India Sun 14 Sutra 227	
Vrischika Rasi: 15.23	Tithi 1	Gulika	10:43AM – 12:01PM	Anuradha Until 8:12AM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM		Vikarin 5121	
		Yama	8:07AM – 9:25AM	Sukarma Until 6:19PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM		Moon 11 - Phase 31	
		779413465 Rahu	12:01PM – 1:19PM	Kintughna Until 7:46AM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 7:00PM	Moon – Orange		Devaloka Day		
							Margasira-Karttikai		

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Balava/Tailita Karana Dvitiya/Tritiayam Titau	Kedarnath, India Sun 15 Sutra 228 Vikarin 5121
Vrischika Rasi: 29.07	Tithi 2 – 3	Gulika 9:26AM – 10:44AM	Jyeshtha* Until 7:23AM	Ganesha: Blue <i>Sunrise:</i> 6:50AM	
		Yama 6:50AM – 8:08AM	Dhriti Until 4:17PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 11 - Phase 32
	779413465	Rahu 1:19PM – 2:37PM	Balava Until 6:25AM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 5:59PM	Moon – Orange	Devaloka Day
Until 7:23AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kedarnath, India Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 12.29	Tithi 3 – 4	Gulika 8:09AM – 9:26AM	Mula* Until 7:32AM	Ganesha: Blue <i>Sunrise:</i> 6:51AM	
		Yama 2:37PM – 3:55PM	Shula* Until 2:46PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 11 - Phase 32
	789413465	Rahu 10:44AM – 12:02PM	Vanija Until 5:49AM Sat	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Tritiya Until 5:40PM	Moon – Light Blue	Devaloka Day
Until 7:32AM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga					

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Chaturthyam Titau	Kedarnath, India Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 25.28	Tithi 4	Gulika 6:52AM – 8:09AM	Purvashadha* Until 8:15AM	Ganesha: Blue <i>Sunrise:</i> 6:52AM	
		Yama 1:20PM – 2:38PM	Ganda* Until 1:51PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 11 - Phase 32
	789413465	Rahu 9:27AM – 10:45AM	Visti Until 6:07PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 6:07PM	Moon – Light Blue	Devaloka Day
Until 8:15AM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau	Kedarnath, India Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 8.05	Tithi 5	Gulika 2:38PM – 3:55PM	Uttarashadha Until 9:31AM	Ganesha: Blue <i>Sunrise:</i> 6:53AM	
		Yama 12:03PM – 1:20PM	Vridhhi Until 1:31PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 11 - Phase 32
	789413465	Rahu 3:55PM – 5:13PM	Bava Until 6:38AM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 7:17PM	Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailita Karana Shashthyam Titau	Kedarnath, India Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 20.24	Tithi 6	Gulika 1:20PM – 2:38PM	Shravana Until 11:46AM	Ganesha: Clear <i>Sunrise:</i> 6:53AM	
Family Home Evening		Yama 10:46AM – 12:03PM	Dhruva Until 1:39PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 11 - Phase 32
	791413465	Rahu 8:11AM – 9:28AM	Kaulava Until 8:09AM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 9:05PM	Moon – Purple	Sivaloka Day
Until 11:46AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Kedarnath, India Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 2.29	Tithi 7	Gulika 12:03PM – 1:21PM	Dhanishtha Until 2:21PM	Ganesha: Clear <i>Sunrise:</i> 6:54AM	
		Yama 9:29AM – 10:46AM	Vyaghata* Until 2:11PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 11 - Phase 32
	791413465	Rahu 2:38PM – 3:55PM	Gara Until 10:12AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 11:21PM	Moon – Purple	Sivaloka Day
Until 2:21PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Kedarnath, India Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 14.26	Tithi 8	Gulika 10:47AM – 12:04PM	Shatabhishak Until 5:03PM	Ganesha: Clear <i>Sunrise:</i> 6:55AM	
		Yama 8:12AM – 9:29AM	Harshana Until 2:57PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 11 - Phase 32
	791413465	Rahu 12:04PM – 1:21PM	Visti Until 12:35PM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 1:49AM Thu	Moon – Purple	Sivaloka Day
Until 5:03PM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Kedarnath, India Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 26.19	Tithi 9	Gulika 9:30AM – 10:47AM	Purvaproshtapada* Until 8:09PM	Ganesha: Yellow <i>Sunrise:</i> 6:56AM	
		Yama 6:56AM – 8:13AM	Vajra* Until 3:45PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 11 - Phase 32
	711413465	Rahu 1:21PM – 2:38PM	Balava Until 3:06PM	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Navami* Until 4:18AM Fri	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyaltipata* Yoga Taitila/Gara Karana Dashamyam Titau				Kedarnath, India Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 8.13	Tithi 10	Gulika 8:13AM – 9:31AM	Uttaraproshtapada Until 10:57PM	Ganesha: Yellow	<i>Sunrise:</i> 6:56AM			
		Yama 2:39PM – 3:56PM	Siddhi Until 4:29PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM			Moon 11 - Phase 33
		711413465 Rahu 10:48AM – 12:05PM	Taitila Until 5:30PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:35AM Sat	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kedarnath, India Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 20.11	Tithi 10 – 11	Gulika 6:57AM – 8:14AM	Revati Until 1:16AM Sun	Ganesha: White	<i>Sunrise:</i> 6:57AM			
		Yama 1:22PM – 2:39PM	Vyatipata* Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM			Moon 11 - Phase 33
		711513465 Rahu 9:31AM – 10:48AM	Vanija Until 7:37PM	Nataraja: Clear				4th Phase
Routine Work	Prabalarishta Yoga		Dashami Until 6:35AM	Moon – Clear			Subha Sivaloka Day	
Until 1:16AM Sun		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kedarnath, India Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 2.19	Tithi 11 – 12	Gulika 2:39PM – 3:56PM	Ashvini Until 3:29AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:58AM			
		Yama 12:05PM – 1:22PM	Variyan Until 5:13PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM			Moon 11 - Phase 33
		721513465 Rahu 3:56PM – 5:13PM	Bava Until 9:17PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:29AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 14.37	Tithi 12 – 13	Gulika 1:23PM – 2:40PM	Bharani Until 5:00AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:59AM			
Family Home Evening		Yama 10:49AM – 12:06PM	Parigha* Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM			Moon 11 - Phase 33
		721513465 Rahu 8:15AM – 9:32AM	Kaulava Until 10:25PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:54AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 27.11	Tithi 13 – 14	Gulika 12:06PM – 1:23PM	Krittika Until 5:48AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:59AM			
		Yama 9:33AM – 10:50AM	Shiva Until 4:24PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM			Moon 11 - Phase 33
		721513465 Rahu 2:40PM – 3:57PM	Gara Until 10:59PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:45AM	Moon – White			Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai				

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kedarnath, India Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:50AM – 12:07PM	Rohini Until 6:22AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:00AM			
Vrishabha Rasi: 10.01	Tithi 14 – 15	Yama 8:17AM – 9:33AM	Siddha Until 3:19PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM			Moon 11 - Phase 33
		731523465 Rahu 12:07PM – 1:24PM	Visti Until 10:58PM	Nataraja: Clear				Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 11:01AM	Moon – Yellow			Sivaloka Day	
Until 6:22AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kedarnath, India Sutra 242 Vikarin 5121
Silver Retreat Star		Gulika 9:34AM – 10:51AM	Rohini Until 6:22AM	Ganesha: Clear	<i>Sunrise:</i> 7:01AM			
Vrishabha Rasi: 23.07	Tithi 15 – 16	Yama 7:01AM – 8:17AM	Sadhya Until 1:50PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM			Moon 11 - Phase 33
		732523465 Rahu 1:24PM – 2:41PM	Balava Until 10:25PM	Nataraja: Clear				Prathama
Routine Work	Marana Yoga		Purnima* Until 10:44AM	Moon – Yellow			Devaloka Day	
		Vinayaga Viratam Begins		Margasira-Karttikai				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kedarnath, India

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 6.29 Tithi 16 - 17

732523465

Gulika 8:18AM - 9:35AM
Yama 2:41PM - 3:57PM
Rahu 10:51AM - 12:08PM

Mrigashira Until 6:18AM
Subha Until 11:58AM
Taitila Until 9:26PM
Prathama* Until 9:57AM

Ganesha: Clear *Sunrise: 7:01AM*
Muruqa: Clear *Sunset: 5:14PM*
Nataraja: Clear
Moon - Yellow
Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kedarnath, India

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 20.06 Tithi 17 - 18

742523465

Gulika 7:02AM - 8:19AM
Yama 1:25PM - 2:41PM
Rahu 9:35AM - 10:52AM

Punarvasu Until 4:59AM Sun
Sukla Until 9:45AM
Vanija Until 8:04PM
Dvitiya Until 8:46AM

Ganesha: Purple *Sunrise: 7:02AM*
Muruqa: Clear *Sunset: 5:14PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kedarnath, India

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 3.55 Tithi 18 - 19

742523465

Gulika 2:42PM - 3:58PM
Yama 12:09PM - 1:25PM
Rahu 3:58PM - 5:15PM

Pushya Until 3:55AM Mon
Brahma Until 7:19AM
Bava Until 6:25PM
Tritiya Until 7:15AM

Ganesha: Purple *Sunrise: 7:03AM*
Muruqa: Clear *Sunset: 5:15PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 17.52 Tithi 20

742523465

Gulika 1:26PM - 2:42PM
Yama 10:53AM - 12:09PM
Rahu 8:20AM - 9:36AM

Ashlesha* Until 2:32AM Tue
Vaidhriti* Until 1:54AM Tue
Kaulava Until 4:34PM
Panchami Until 3:34AM Tue

Ganesha: Purple *Sunrise: 7:03AM*
Muruqa: Clear *Sunset: 5:15PM*
Nataraja: Clear
Moon - Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Family Home Evening
Creative Work Siddha Yoga

Markali Pillaiyar

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Kedarnath, India

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 1.56 Tithi 21

852523465

Gulika 12:10PM - 1:26PM
Yama 9:37AM - 10:53AM
Rahu 2:43PM - 3:59PM

Magha* Until 1:20AM Wed
Vishkambha* Until 11:03PM
Gara Until 2:36PM
Shashthi* Until 1:33AM Wed

Ganesha: Purple *Sunrise: 7:04AM*
Muruqa: Clear *Sunset: 5:15PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga
Until 1:20AM Wed
Then Creative Work - Amrita Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti* Yoga Visti*/Bava Karana Saptamyam Titau

Kedarnath, India

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 16.04 Tithi 22

852523465

Gulika 10:54AM - 12:10PM
Yama 8:21AM - 9:37AM
Rahu 12:10PM - 1:27PM

Purvaphalguni Until 11:57PM
Priti Until 8:10PM
Visti Until 12:32PM
Saptami Until 11:29PM

Ganesha: Purple *Sunrise: 7:05AM*
Muruqa: Clear *Sunset: 5:16PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 0.13 Tithi 23

852523465

Gulika 9:38AM - 10:54AM
Yama 7:05AM - 8:22AM
Rahu 1:27PM - 2:43PM

Uttaraphalguni Until 10:25PM
Ayushman Until 5:14PM
Balava Until 10:27AM
Ashtami* Until 9:24PM

Ganesha: Purple *Sunrise: 7:05AM*
Muruqa: Clear *Sunset: 5:16PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga
Until 10:25PM
Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 14.23 Tithi 24

862523465

Gulika 8:22AM - 9:38AM
Yama 2:44PM - 4:00PM
Rahu 10:55AM - 12:11PM

Hasta Until 9:11PM
Saubhagya Until 2:20PM
Taitila Until 8:23AM
Navami* Until 7:20PM

Ganesha: Clear *Sunrise: 7:06AM*
Muruqa: Clear *Sunset: 5:17PM*
Nataraja: Clear
Moon - Green
Margasira-Markali

Devaloka Day

Amrita Yoga
Until 9:11PM
Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau	Kedarnath, India Sun 8 Sutra 251 Vikarin 5121
Kanya Rasi: 28.31	Tithi 25 – 26	862523465	Gulika 7:06AM – 8:23AM Yama 1:28PM – 2:44PM Rahu 9:39AM – 10:55AM	Chitra Until 7:52PM Sobhana Until 11:29AM Vanija Until 6:21AM Dashami Until 5:21PM	Ganesha: Clear <i>Sunrise: 7:06AM</i> Muruqa: Clear <i>Sunset: 5:17PM</i> Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati		Devaloka Day
Until 7:52PM					
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kedarnath, India Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 12.35	Tithi 26 – 27	862523465	Gulika 2:45PM – 4:01PM Yama 12:12PM – 1:29PM Rahu 4:01PM – 5:18PM	Svati Until 6:33PM Athiganda* Until 8:42AM Kaulava Until 2:37AM Mon Ekadashi* Until 3:28PM	Ganesha: Clear <i>Sunrise: 7:07AM</i> Muruqa: Clear <i>Sunset: 5:18PM</i> Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati		Devaloka Day
Until 6:33PM					
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kedarnath, India Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 26.33	Tithi 27 – 28	872523465	Gulika 1:29PM – 2:45PM Yama 10:56AM – 12:13PM Rahu 8:24AM – 9:40AM	Vishakha Until 5:43PM Sukarma Until 6:03AM Gara Until 1:04AM Tue Dvadashi* Until 1:47PM	Ganesha: White <i>Sunrise: 7:07AM</i> Muruqa: Clear <i>Sunset: 5:18PM</i> Nataraja: Clear Moon – Orange
Family Home Evening			Day 3 of Pancha Ganapati		Bhuloka Day
Routine Work	Marana Yoga				Devaloka Time: 3:PM to 6:PM
Until 5:43PM					
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kedarnath, India Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 10.23	Tithi 28 – 29	872523465	Gulika 12:13PM – 1:30PM Yama 9:40AM – 10:57AM Rahu 2:46PM – 4:02PM	Anuradha Until 5:01PM Shula* Until 1:24AM Wed Visti Until 11:49PM Trayodashi* Until 12:22PM	Ganesha: White <i>Sunrise: 7:08AM</i> Muruqa: Clear <i>Sunset: 5:19PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati		Bhuloka Day
Until 5:01PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
●		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kedarnath, India Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 24	Tithi 29 – 30	872523465	Gulika 10:57AM – 12:14PM Yama 8:25AM – 9:41AM Rahu 12:14PM – 1:30PM	Jyeshtha* Until 4:32PM Ganda* Until 11:32PM Catuspada Until 10:59PM Chaturdashi* Until 11:19AM	Ganesha: White <i>Sunrise: 7:08AM</i> Muruqa: Clear <i>Sunset: 5:19PM</i> Nataraja: Clear Moon – Orange
Retreat Star			Day 5 of Pancha Ganapati		Bhuloka Day
Creative Work	Siddha Yoga				Devaloka Time: 3:PM to 6:PM
Until 4:32PM					
Then Routine Work - Marana Yoga					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kedarnath, India Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 7.23	Tithi 30 – 1	883523465	Gulika 9:41AM – 10:58AM Yama 7:09AM – 8:25AM Rahu 1:31PM – 2:47PM	Mula* Until 4:49PM Vriddhi Until 10:04PM Kintughna Until 10:39PM Amavasya* Until 10:44AM	Ganesha: Orange <i>Sunrise: 7:09AM</i> Muruqa: Clear <i>Sunset: 5:20PM</i> Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse		Devaloka Day
					Pausha-Markali

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kedarnath, India Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 20.29	Tithi 1 – 2	Gulika 8:25AM – 9:42AM	Purvashadha* Until 5:29PM	Ganesha: Orange <i>Sunrise:</i> 7:09AM	
		Yama 2:48PM – 4:04PM	Dhruva Until 9:01PM	Muruqa: Clear <i>Sunset:</i> 5:20PM	Moon 12 - Phase 36
		883523466 Rahu 10:58AM – 12:15PM	Balava Until 10:52PM	Nataraja: Orange	3rd Phase
Routine Work Prabalarishta Yoga			Prathama* Until 10:40AM	Moon – Light Blue	Devaloka Day
Until 5:29PM				Pausha-Markali	
Then Routine Work - Marana Yoga					

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kedarnath, India Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 3.18	Tithi 2 – 3	Gulika 7:09AM – 8:26AM	Uttarashadha Until 6:34PM	Ganesha: Orange <i>Sunrise:</i> 7:09AM	
		Yama 1:32PM – 2:48PM	Vyaghata* Until 8:26PM	Muruqa: Clear <i>Sunset:</i> 5:21PM	Moon 12 - Phase 36
		883523466 Rahu 9:42AM – 10:59AM	Taitila Until 11:42PM	Nataraja: Orange	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 11:12AM	Moon – Light Blue	Devaloka Day
Until 6:34PM				Pausha-Markali	
Then Creative Work - Siddha Yoga					

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kedarnath, India Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 15.51	Tithi 3 – 4	Gulika 2:49PM – 4:05PM	Shravana Until 8:32PM	Ganesha: Clear <i>Sunrise:</i> 7:10AM	
		Yama 12:16PM – 1:32PM	Harshana Until 8:18PM	Muruqa: Clear <i>Sunset:</i> 5:22PM	Moon 12 - Phase 36
		893523466 Rahu 4:05PM – 5:22PM	Vanija Until 1:07AM Mon	Nataraja: Orange	3rd Phase
Creative Work Amrita Yoga			Tritiya Until 12:19PM	Moon – Purple	Devaloka Day
Until 8:32PM				Pausha-Markali	
Then Routine Work - Marana Yoga					

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kedarnath, India Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 28.09	Tithi 4 – 5	Gulika 1:33PM – 2:49PM	Dhanishtha Until 10:50PM	Ganesha: Clear <i>Sunrise:</i> 7:10AM	
		Yama 11:00AM – 12:16PM	Vajra* Until 8:33PM	Muruqa: Clear <i>Sunset:</i> 5:22PM	Moon 12 - Phase 36
Family Home Evening		893523466 Rahu 8:27AM – 9:43AM	Bava Until 3:01AM Tue	Nataraja: Orange	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 1:59PM	Moon – Purple	Devaloka Day
				Pausha-Markali	

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kedarnath, India Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 10.15	Tithi 5 – 6	Gulika 12:17PM – 1:33PM	Shatabhishak Until 1:20AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:10AM	
		Yama 9:44AM – 11:00AM	Siddhi Until 9:06PM	Muruqa: Clear <i>Sunset:</i> 5:23PM	Moon 12 - Phase 36
		893523466 Rahu 2:50PM – 4:06PM	Kaulava Until 5:18AM Wed	Nataraja: Orange	3rd Phase
Routine Work Marana Yoga			Panchami Until 4:06PM	Moon – Purple	Devaloka Day
Until 1:20AM Wed				Pausha-Markali	
Then Creative Work - Amrita Yoga					

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila Karana Shashthyam Titau	Kedarnath, India Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 22.13	Tithi 6	Gulika 11:01AM – 12:18PM	Purvaprosarthpada* Until 4:24AM Thu	Ganesha: Blue <i>Sunrise:</i> 7:11AM	
		Yama 8:28AM – 9:44AM	Vyatipata* Until 9:51PM	Muruqa: Clear <i>Sunset:</i> 5:24PM	Moon 12 - Phase 36
		813623466 Rahu 12:18PM – 1:34PM	Taitila Until 6:31PM	Nataraja: Orange	3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 6:31PM	Moon – Clear	Bhuloka Day
Until 4:24AM Thu				Pausha-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends			

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau	Kedarnath, India Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 4.07	Tithi 7	Gulika 9:45AM – 11:01AM	Uttaraprosarthpada Until 7:18AM Fri	Ganesha: Blue <i>Sunrise:</i> 7:11AM	
		Yama 7:11AM – 8:28AM	Variyan Until 10:38PM	Muruqa: Clear <i>Sunset:</i> 5:25PM	Moon 12 - Phase 36
		813623466 Rahu 1:35PM – 2:52PM	Gara Until 7:47AM	Nataraja: Orange	3rd Phase
Creative Work Siddha Yoga			Saptami Until 9:01PM	Moon – Clear	Bhuloka Day
				Pausha-Markali	Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Kedarnath, India Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 16.01	Tithi 8	Gulika 8:28AM – 9:45AM	Uttaraprosarthpada Until 7:18AM	Ganesha: Blue <i>Sunrise:</i> 7:11AM	
		Yama 2:52PM – 4:09PM	Parigha* Until 11:21PM	Muruqa: Clear <i>Sunset:</i> 5:26PM	Moon 12 - Phase 36
		813623466 Rahu 11:02AM – 12:19PM	Visti Until 10:16AM	Nataraja: Orange	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 11:25PM	Moon – Clear	Bhuloka Day
				Pausha-Markali	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Kedarnath, India Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 27.58	Tithi 9	Gulika 7:11AM – 8:28AM	Revati Until 9:53AM	Ganesha: Blue <i>Sunrise:</i> 7:11AM	
		Yama 1:36PM – 2:53PM	Shiva Until 11:51PM	Muruqa: Clear <i>Sunset:</i> 5:27PM	Moon 12 - Phase 36
		813623466 Rahu 9:45AM – 11:02AM	Balava Until 12:32PM	Nataraja: Orange	Navami
Routine Work Prabalarishta Yoga			Navami* Until 1:31AM Sun	Moon – Clear	Bhuloka Day
Until 9:53AM				Pausha-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Kedarnath, India Sun 23 Sutra 266 Vikarin 5121	
Mesha Rasi: 10.04	Tithi 10	823623466	Gulika 2:53PM – 4:10PM Yama 12:20PM – 1:36PM Rahu 4:10PM – 5:27PM	Ashvini Until 12:24PM Siddha Until 11:57PM Taitila Until 2:24PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:12AM Sunset: 5:27PM	Moon 12 - Phase 37 4th Phase	Devaloka Day
Creative Work Siddha Yoga Until 12:24PM Then Routine Work - Prabararishta Yoga		Subramuniyaswami Jayanti		Dashami Until 3:06AM Mon		Pausha-Markali		
2		Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Kedarnath, India Sun 24 Sutra 267 Vikarin 5121	
Mesha Rasi: 22.22	Tithi 11	823623466	Gulika 1:37PM – 2:54PM Yama 11:03AM – 12:20PM Rahu 8:29AM – 9:46AM	Bharani Until 2:14PM Sadhya Until 11:36PM Vanija Until 3:41PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:12AM Sunset: 5:29PM	Moon 12 - Phase 37 4th Phase	Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 2:14PM Then Routine Work - Marana Yoga		Vaikuntha Ekadasi		Ekadashi Until 4:03AM Tue		Pausha-Markali		
3		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Kedarnath, India Sun 25 Sutra 268 Vikarin 5121	
Vrishabha Rasi: 4.58	Tithi 12	823623466	Gulika 12:20PM – 1:38PM Yama 9:46AM – 11:03AM Rahu 2:55PM – 4:12PM	Krittika Until 3:15PM Subha Until 10:43PM Bava Until 4:17PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:12AM Sunset: 5:29PM	Moon 12 - Phase 37 4th Phase	Devaloka Day
Creative Work Siddha Yoga Until 3:15PM Then Creative Work - Amrita Yoga				Dvadashi Until 4:17AM Wed		Pausha-Markali		
4		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kedarnath, India Sun 26 Sutra 269 Vikarin 5121	
Vrishabha Rasi: 17.54	Tithi 13	833623466	Gulika 11:04AM – 12:21PM Yama 8:29AM – 9:46AM Rahu 12:21PM – 1:38PM	Rohini Until 3:52PM Sukla Until 9:14PM Kaulava Until 4:08PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:12AM Sunset: 5:30PM	Moon 12 - Phase 37 4th Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga				Trayodashi Until 3:47AM Thu		Pausha-Markali		
				<i>Pradosha Vrata</i>				
5		Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau			Kedarnath, India Sun 27 Sutra 270 Vikarin 5121	
Mithuna Rasi: 1.12	Tithi 14	834623466	Gulika 9:47AM – 11:04AM Yama 7:12AM – 8:29AM Rahu 1:39PM – 2:56PM	Mrigashira Until 3:39PM Brahma Until 7:14PM Gara Until 3:18PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:12AM Sunset: 5:31PM	Moon 12 - Phase 37 4th Phase	Devaloka Day
Routine Work Marana Yoga				Chaturdashi* Until 2:37AM Fri		Pausha-Markali		
○		Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Kedarnath, India Sutra 271 Vikarin 5121	
Mithuna Rasi: 14.53	Tithi 15	834623466	Gulika 8:29AM – 9:47AM Yama 2:57PM – 4:14PM Rahu 11:04AM – 12:22PM	Ardra Until 2:40PM Indra Until 4:46PM Visti Until 1:49PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:12AM Sunset: 5:31PM	Moon 12 - Phase 37 Purnima	Devaloka Day
Creative Work Siddha Yoga		Penumbral Lunar Eclipse Ardra Darshanam		Purnima* Until 12:52AM Sat		Pausha-Markali		
○		Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Kedarnath, India Sutra 272 Vikarin 5121	
Mithuna Rasi: 28.53	Tithi 16	844623466	Gulika 7:12AM – 8:29AM Yama 1:40PM – 2:57PM Rahu 9:47AM – 11:04AM	Punarvasu Until 1:29PM Vaidhriti* Until 1:52PM Balava Until 11:50AM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue	Sunrise: 7:12AM Sunset: 5:32PM	Moon 12 - Phase 37 Prathama	Sivaloka Day
Creative Work Siddha Yoga				Prathama* Until 10:40PM		Pausha-Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 13.11 Tithi 17

Creative Work Siddha Yoga

844623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha* Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:58PM – 4:15PM
Yama 12:22PM – 1:40PM
Rahu 4:15PM – 5:33PM

Pushya Until 11:47AM
Vishkambha* Until 10:42AM
Taitila Until 9:28AM
Dvitiya Until 8:10PM

Ganesha: White *Sunrise: 7:12AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: Orange
Moon – Blue
Pausha-Markali

Kedarnath, India
Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 27.39 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

Until 9:43AM

Then Routine Work - Marana Yoga

844623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:41PM – 2:58PM
Yama 11:05AM – 12:23PM
Rahu 8:29AM – 9:47AM

Ashlesha* Until 9:43AM
Priti Until 7:21AM
Vanija Until 6:51AM
Tritiya Until 5:29PM

Ganesha: White *Sunrise: 7:12AM*
Muruqa: Clear *Sunset: 5:34PM*
Nataraja: Orange
Moon – Blue
Pausha-Markali

Kedarnath, India
Sun 1 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 12.12 Tithi 19 – 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:23PM – 1:41PM
Yama 9:47AM – 11:05AM
Rahu 2:59PM – 4:17PM

Magha* Until 7:51AM
Saubhagya Until 12:28AM Wed
Kaulava Until 1:27AM Wed
Chaturthi* Until 2:46PM

Ganesha: Clear *Sunrise: 7:12AM*
Muruqa: Clear *Sunset: 5:35PM*
Nataraja: Orange
Moon – Red
Pausha-Markali

Kedarnath, India
Sun 2 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 26.43 Tithi 20 – 21

Creative Work Amrita Yoga

Until 3:56AM Thu

Then Routine Work - Marana Yoga

854623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:06AM – 12:24PM
Yama 8:29AM – 9:47AM
Rahu 12:24PM – 1:42PM

Thai Pongal

Uttaraphalguni Until 3:56AM Thu
Sobhana Until 9:10PM
Gara Until 10:54PM
Panchami Until 12:08PM

Ganesha: Clear *Sunrise: 7:11AM*
Muruqa: Clear *Sunset: 5:36PM*
Nataraja: Orange
Moon – Red
Pausha-Thai

Kedarnath, India
Sun 3 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 11.08 Tithi 21 – 22

Routine Work Marana Yoga

Until 2:30AM Fri

Then Creative Work - Siddha Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:48AM – 11:06AM
Yama 7:11AM – 8:29AM
Rahu 1:42PM – 3:00PM

Hasta Until 2:30AM Fri
Athiganda* Until 6:00PM
Visti Until 8:34PM
Shashthi* Until 9:41AM

Ganesha: Purple *Sunrise: 7:11AM*
Muruqa: Clear *Sunset: 5:36PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Kedarnath, India
Sun 4 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 25.23 Tithi 22 – 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:29AM – 9:48AM
Yama 3:01PM – 4:19PM
Rahu 11:06AM – 12:24PM

Chitra Until 1:13AM Sat
Sukarma Until 3:05PM
Balava Until 6:31PM
Saptami Until 7:29AM

Ganesha: Purple *Sunrise: 7:11AM*
Muruqa: Clear *Sunset: 5:37PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Kedarnath, India
Sun 5 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 9.26 Tithi 24

Creative Work Siddha Yoga

Until 12:09AM Sun

Then Routine Work - Marana Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 7:11AM – 8:29AM
Yama 1:43PM – 3:01PM
Rahu 9:48AM – 11:06AM

Svati Until 12:09AM Sun
Dhriti Until 12:26PM
Taitila Until 4:49PM
Navami* Until 4:05AM Sun

Ganesha: Purple *Sunrise: 7:11AM*
Muruqa: Clear *Sunset: 5:38PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Kedarnath, India
Sun 6 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day


1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Kedarnath, India Sun 7 Sutra 280 Vikarin 5121
Tula Rasi: 23.15	Tithi 25	Gulika 3:02PM – 4:21PM	Vishakha Until 11:44PM	Ganesha: Clear <i>Sunrise:</i> 7:11AM	
		Yama 12:25PM – 1:43PM	Shula* Until 10:03AM	Muruqa: Clear <i>Sunset:</i> 5:39PM	Moon 1 - Phase 39
		874623466 Rahu 4:21PM – 5:39PM	Vanija Until 3:28PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 2:56AM Mon	Moon – Orange	Devaloka Day
				Pausha*Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau	Kedarnath, India Sun 8 Sutra 281 Vikarin 5121
Vrischika Rasi: 6.51	Tithi 26	Gulika 1:44PM – 3:03PM	Anuradha Until 11:32PM	Ganesha: Clear <i>Sunrise:</i> 7:10AM	
Family Home Evening		Yama 11:06AM – 12:25PM	Ganda* Until 8:00AM	Muruqa: Clear <i>Sunset:</i> 5:40PM	Moon 1 - Phase 39
		874623466 Rahu 8:29AM – 9:48AM	Bava Until 2:31PM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:10AM Tue	Moon – Orange	Devaloka Day
				Pausha*Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kedarnath, India Sun 9 Sutra 282 Vikarin 5121
Vrischika Rasi: 20.14	Tithi 27	Gulika 12:25PM – 1:44PM	Jyeshtha* Until 11:35PM	Ganesha: Purple <i>Sunrise:</i> 7:10AM	
		Yama 9:48AM – 11:07AM	Vridhi Until 6:15AM	Muruqa: Clear <i>Sunset:</i> 5:41PM	Moon 1 - Phase 39
		875623466 Rahu 3:03PM – 4:22PM	Kaulava Until 1:57PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 1:48AM Wed	Moon – Orange	Bhuloka Day
Until 11:35PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Kedarnath, India Sun 10 Sutra 283 Vikarin 5121
Dhanus Rasi: 3.24	Tithi 28	Gulika 11:07AM – 12:26PM	Mula* Until 12:21AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 7:10AM	
		Yama 8:29AM – 9:48AM	Vyaghata* Until 3:40AM Thu	Muruqa: Clear <i>Sunset:</i> 5:42PM	Moon 1 - Phase 39
		885623466 Rahu 12:26PM – 1:45PM	Gara Until 1:48PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 1:51AM Thu	Moon – Light Blue	Bhuloka Day
Until 12:21AM Thu				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kedarnath, India Sun 11 Sutra 284 Vikarin 5121
Dhanus Rasi: 16.21	Tithi 29	Gulika 9:48AM – 11:07AM	Purvashadha* Until 1:21AM Fri	Ganesha: Light Blue <i>Sunrise:</i> 7:09AM	
		Yama 7:09AM – 8:28AM	Harshana Until 2:53AM Fri	Muruqa: Clear <i>Sunset:</i> 5:43PM	Moon 1 - Phase 39
		885623466 Rahu 1:45PM – 3:04PM	Visti Until 2:04PM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:20AM Fri	Moon – Light Blue	Bhuloka Day
Until 1:21AM Fri				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kedarnath, India Sun 12 Sutra 285 Vikarin 5121
Retreat Star		Gulika 8:28AM – 9:48AM	Uttarashadha Until 2:37AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 7:09AM	
Dhanus Rasi: 29.07	Tithi 30	Yama 3:05PM – 4:24PM	Vajra* Until 2:24AM Sat	Muruqa: Clear <i>Sunset:</i> 5:44PM	Moon 1 - Phase 39
		885623466 Rahu 11:07AM – 12:26PM	Catuspada Until 2:45PM	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 3:14AM Sat	Moon – Light Blue	Bhuloka Day
Until 2:37AM Sat				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Kedarnath, India Sun 13 Sutra 286 Vikarin 5121
Makara Rasi: 11.4	Tithi 1	Gulika 7:08AM – 8:28AM	Shravana Until 4:38AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 7:08AM	
		Yama 1:46PM – 3:05PM	Siddhi Until 2:16AM Sun	Muruqa: Clear <i>Sunset:</i> 5:44PM	Moon 1 - Phase 39
		995623466 Rahu 9:47AM – 11:07AM	Kintughna Until 3:53PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:35AM Sun	Moon – Purple	Bhuloka Day
Until 4:38AM Sun				Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kedarnath, India Sun 14 Sutra 287 Vikarin 5121
Makara Rasi: 24.01	Tithi 2	Gulika 3:06PM – 4:26PM	Dhanishtha Until 6:51AM Mon	Ganesha: Orange	<i>Sunrise:</i> 7:08AM			
		Yama 12:27PM – 1:46PM	Vyatipata* Until 2:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:45PM		Moon 1 - Phase 40	
		995723466 Rahu 4:26PM – 5:45PM	Balava Until 5:26PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 6:20AM Mon	Moon – Purple				Devaloka Day
Until 6:51AM Mon				Magha-Thai				
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kedarnath, India Sun 15 Sutra 288 Vikarin 5121
Kumbha Rasi: 6.13	Tithi 2 – 3	Gulika 1:47PM – 3:07PM	Dhanishtha Until 6:51AM	Ganesha: Orange	<i>Sunrise:</i> 7:08AM			
Family Home Evening		Yama 11:07AM – 12:27PM	Variyan Until 2:53AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:46PM		Moon 1 - Phase 40	
		995723466 Rahu 8:27AM – 9:47AM	Taitila Until 7:22PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 6:20AM	Moon – Purple				Devaloka Day
				Magha-Thai				

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Kedarnath, India Sun 16 Sutra 289 Vikarin 5121
Kumbha Rasi: 18.17	Tithi 3 – 4	Gulika 12:27PM – 1:47PM	Shatabhishak Until 9:15AM	Ganesha: Orange	<i>Sunrise:</i> 7:07AM			
		Yama 9:47AM – 11:07AM	Parigha* Until 3:32AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:47PM		Moon 1 - Phase 40	
		995723466 Rahu 3:07PM – 4:27PM	Vanija Until 9:36PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 8:26AM	Moon – Purple				Devaloka Day
				Magha-Thai				

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosnthapada*Uttaraprosnthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Kedarnath, India Sun 17 Sutra 290 Vikarin 5121
Meena Rasi: 0.14	Tithi 4 – 5	Gulika 11:07AM – 12:27PM	Purvaprosnthapada* Until 12:14PM	Ganesha: Green	<i>Sunrise:</i> 7:07AM			
		Yama 8:27AM – 9:47AM	Shiva Until 4:21AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:48PM		Moon 1 - Phase 40	
		915723466 Rahu 12:27PM – 1:47PM	Bava Until 12:04AM Thu	Nataraja: Orange			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 10:48AM	Moon – Clear				Sivaloka Day
Until 12:14PM				Magha-Thai				
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kedarnath, India Sun 18 Sutra 291 Vikarin 5121
Meena Rasi: 12.07	Tithi 5 – 6	Gulika 9:47AM – 11:07AM	Uttaraprosnthapada Until 3:11PM	Ganesha: Green	<i>Sunrise:</i> 7:06AM			
		Yama 7:06AM – 8:26AM	Siddha Until 5:10AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:49PM		Moon 1 - Phase 40	
		915723466 Rahu 1:48PM – 3:08PM	Kaulava Until 2:36AM Fri	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 1:19PM	Moon – Clear				Sivaloka Day
				Magha-Thai				

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kedarnath, India Sun 19 Sutra 292 Vikarin 5121
Meena Rasi: 23.59	Tithi 6 – 7	Gulika 8:26AM – 9:46AM	Revati Until 5:56PM	Ganesha: Orange	<i>Sunrise:</i> 7:05AM			
		Yama 3:09PM – 4:29PM	Sadhya Until 5:55AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 1 - Phase 40	
		916723466 Rahu 11:07AM – 12:28PM	Gara Until 5:02AM Sat	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:49PM	Moon – Clear				Devaloka Day
Until 5:56PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija Karana Saptamyam Titau				Kedarnath, India Sun 20 Sutra 293 Vikarin 5121
Mesha Rasi: 5.54	Tithi 7	Gulika 7:05AM – 8:26AM	Ashvini Until 8:50PM	Ganesha: Green	<i>Sunrise:</i> 7:05AM			
		Yama 1:48PM – 3:09PM	Subha Until 6:27AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 1 - Phase 40	
		926723466 Rahu 9:46AM – 11:07AM	Vanija Until 6:08PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 6:08PM	Moon – White				Bhuloka Day
				Magha-Thai				Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Kedarnath, India Sun 21 Sutra 294 Vikarin 5121
Mesha Rasi: 17.56	Tithi 8	Gulika 3:09PM – 4:30PM	Bharani Until 11:09PM	Ganesha: Green	<i>Sunrise:</i> 7:05AM			
		Yama 12:28PM – 1:48PM	Subha Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 5:51PM		Moon 1 - Phase 40	
		926723466 Rahu 4:30PM – 5:51PM	Visti Until 7:10AM	Nataraja: Orange			Ashtami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 8:02PM	Moon – White				Bhuloka Day
Until 11:09PM				Magha-Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

Retreat Star		Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Kedarnath, India Sun 22 Sutra 295 Vikarin 5121
Vrishabha Rasi: 0.1	Tithi 9	Gulika 1:49PM – 3:10PM	Krittika Until 12:42AM Tue	Ganesha: Green	<i>Sunrise:</i> 7:04AM			
Family Home Evening		Yama 11:07AM – 12:28PM	Sukla Until 6:35AM	Muruqa: Clear	<i>Sunset:</i> 5:51PM		Moon 1 - Phase 40	
		926723466 Rahu 8:25AM – 9:46AM	Balava Until 8:48AM	Nataraja: Orange			Navami	
Routine Work	Marana Yoga		Navami* Until 9:20PM	Moon – White				Bhuloka Day
Until 12:42AM Tue				Magha-Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								


1		Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau		Kedarnath, India Sun 23 Sutra 296	
Wishabha Rasi: 12.42	Tithi 10	Gulika 12:28PM – 1:49PM	Rohini Until 1:50AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:04AM	Vikarin 5121	
		Yama 9:46AM – 11:07AM	Brahma Until 6:12AM	Muruqa: Clear	<i>Sunset:</i> 5:52PM	Moon 1 - Phase 41	
	936723467	Rahu 3:10PM – 4:31PM	Taitila Until 9:43AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:51PM	Moon – Yellow		Devaloka Day	
Until 1:50AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visli* Karana Ekadashyam Titau		Kedarnath, India Sun 24 Sutra 297	
Wishabha Rasi: 25.35	Tithi 11	Gulika 11:07AM – 12:28PM	Mrigashira Until 1:59AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:03AM	Vikarin 5121	
		Yama 8:24AM – 9:45AM	Vaidhriti* Until 3:35AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Moon 1 - Phase 41	
	936723467	Rahu 12:28PM – 1:49PM	Vanija Until 9:49AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 9:32PM	Moon – Yellow		Devaloka Day	
Until 1:59AM Thu				Magha-Thai			
Then Routine Work - Marana Yoga							

3		Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau		Kedarnath, India Sun 25 Sutra 298	
Mithuna Rasi: 8.55	Tithi 12	Gulika 9:45AM – 11:07AM	Ardra Until 1:11AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
		Yama 7:02AM – 8:24AM	Vishkambha* Until 1:18AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:54PM	Moon 1 - Phase 41	
	936723467	Rahu 1:50PM – 3:11PM	Bava Until 9:05AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 8:24PM	Moon – Yellow		Devaloka Day	
Until 1:11AM Fri				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kedarnath, India Sun 26 Sutra 299	
Mithuna Rasi: 22.43	Tithi 13	Gulika 8:23AM – 9:45AM	Punarvasu Until 11:58PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
		Yama 3:11PM – 4:33PM	Priti Until 10:27PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM	Moon 1 - Phase 41	
	947723467	Rahu 11:06AM – 12:28PM	Kaulava Until 7:33AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:30PM	Moon – Blue		Bhuloka Day	
Until 11:58PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

5		Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Kedarnath, India Sun 27 Sutra 300	
Kataka Rasi: 6.56	Tithi 14 – 15	Gulika 7:01AM – 8:23AM	Pushya Until 10:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:01AM	Vikarin 5121	
		Yama 1:50PM – 3:12PM	Ayushman Until 7:06PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 41	
	947723467	Rahu 9:44AM – 11:06AM	Visli Until 2:33AM Sun	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:59PM	Moon – Blue		Bhuloka Day	
Until 10:01PM		Thai Pusam		Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

		Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kedarnath, India Sutra 301	
Copper Retreat Star		Gulika 3:12PM – 4:34PM	Ashlesha* Until 7:31PM	Ganesha: Blue	<i>Sunrise:</i> 7:00AM	Vikarin 5121	
Kataka Rasi: 21.33	Tithi 15 – 16	Yama 12:28PM – 1:50PM	Saubhagya Until 3:24PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 41	
	947723467	Rahu 4:34PM – 5:56PM	Balava Until 11:24PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 1:00PM	Moon – Blue		Bhuloka Day	
Until 7:31PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

Monday, February 10, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Kedarnath, India Sutra 302	
Simha Rasi: 6.25	Tithi 16 – 17	Gulika 1:51PM – 3:13PM	Magha* Until 5:03PM	Ganesha: Red	<i>Sunrise:</i> 6:59AM	Vikarin 5121	
Family Home Evening		Yama 11:06AM – 12:28PM	Sobhana Until 11:29AM	Muruqa: Clear	<i>Sunset:</i> 5:57PM	Moon 1 - Phase 41	
	957723467	Rahu 8:22AM – 9:44AM	Taitila Until 8:01PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 9:43AM	Moon – Red		Devaloka Day	
Until 5:03PM				Magha-Thai			
Then Creative Work - Siddha Yoga							



Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Gara/Vishti* Karana Dvitiya/Trilyayam Titau

Kedarnath, India

Sun 1 Sutra 303

Vikarin 5121

Simha Rasi: 21.25 Tithi 17 - 18

957723467

Gulika 12:28PM - 1:51PM
Yama 9:43AM - 11:06AM
Rahu 3:13PM - 4:36PM

Purvaphalguni Until 2:22PM

Athiganda* Until 7:26AM

Visti Until 2:54AM Wed

Dvitiya Until 6:17AM

Ganesha: Red

Sunrise: 6:58AM

Muruqa: Clear

Sunset: 5:58PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 2:22PM

Then Creative Work - Amrita Yoga

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Kedarnath, India

Sun 2 Sutra 304

Vikarin 5121

Kanya Rasi: 6.24 Tithi 19

957723467

Gulika 11:06AM - 12:28PM
Yama 8:20AM - 9:43AM
Rahu 12:28PM - 1:51PM

Uttaraphalguni Until 11:38AM

Dhriti Until 11:37PM

Bava Until 1:17PM

Chaturthi* Until 11:41PM

Ganesha: Red

Sunrise: 6:58AM

Muruqa: Clear

Sunset: 5:59PM

Nataraja: Clear

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 11:38AM

Then Routine Work - Marana Yoga

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 3 Sutra 305

Vikarin 5121

Kanya Rasi: 21.13 Tithi 20

967723467

Gulika 9:43AM - 11:05AM
Yama 6:57AM - 8:20AM
Rahu 1:51PM - 3:14PM

Hasta Until 9:26AM

Shula* Until 8:02PM

Kaulava Until 10:13AM

Panchami Until 8:49PM

Ganesha: Green

Sunrise: 6:57AM

Muruqa: Clear

Sunset: 6:00PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 9:26AM

Then Creative Work - Siddha Yoga

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Shashthyam Titau

Kedarnath, India

Sun 4 Sutra 306

Vikarin 5121

Tula Rasi: 5.46 Tithi 21

968723467

Gulika 8:19AM - 9:42AM
Yama 3:14PM - 4:38PM
Rahu 11:05AM - 12:28PM

Chitra Until 7:28AM

Ganda* Until 4:50PM

Gara Until 7:33AM

Shashthi* Until 6:23PM

Ganesha: White

Sunrise: 6:56AM

Muruqa: Clear

Sunset: 6:01PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Kedarnath, India

Sun 5 Sutra 307

Vikarin 5121

Tula Rasi: 19.58 Tithi 22 - 23

968723467

Gulika 6:55AM - 8:18AM
Yama 1:52PM - 3:15PM
Rahu 9:42AM - 11:05AM

Vishakha Until 5:09AM Sun

Vridhi Until 2:05PM

Balava Until 3:49AM Sun

Saptami Until 4:31PM

Ganesha: White

Sunrise: 6:55AM

Muruqa: Clear

Sunset: 6:01PM

Nataraja: Clear

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 5:09AM Sun

Then Routine Work - Marana Yoga

5

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kedarnath, India

Sun 6 Sutra 308

Vikarin 5121

Vrischika Rasi: 3.49 Tithi 23 - 24

978723467

Gulika 3:15PM - 4:39PM
Yama 12:28PM - 1:52PM
Rahu 4:39PM - 6:02PM

Anuradha Until 4:53AM Mon

Dhruva Until 11:47AM

Taitila Until 2:52AM Mon

Ashtami* Until 3:14PM

Ganesha: Clear

Sunrise: 6:54AM

Muruqa: Clear

Sunset: 6:02PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 4:53AM Mon

Then Creative Work - Siddha Yoga

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kedarnath, India

Sun 7 Sutra 309

Vikarin 5121

Vrischika Rasi: 17.17 Tithi 24 - 25

978723467

Gulika 1:52PM - 3:16PM
Yama 11:04AM - 12:28PM
Rahu 8:17AM - 9:41AM

Jyeshtha* Until 5:03AM Tue

Vyaghata* Until 10:00AM

Vanija Until 2:31AM Tue

Navami* Until 2:36PM

Ganesha: Clear

Sunrise: 6:53AM

Muruqa: Clear

Sunset: 6:03PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 5:03AM Tue

Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1 Tuesday, February 18, 2020 Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Kedarnath, India
Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 8 Sutra 310

Dhanus Rasi: 0.25	Tithi 26 – 26	988723467	Gulika 12:28PM – 1:52PM	Mula* Until 6:06AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	Vikarin 5121
			Yama 9:40AM – 11:04AM	Harshana Until 8:42AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 43
Creative Work	Amrita Yoga		Rahu 3:16PM – 4:40PM	Bava Until 2:46AM Wed	Nataraja: Clear		2nd Phase
				Dashami Until 2:33PM	Moon – Light Blue		
					Magha-Masi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2 Wednesday, February 19, 2020 Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Kedarnath, India
Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau Sun 9 Sutra 311

Dhanus Rasi: 13.16	Tithi 26 – 27	988723467	Gulika 11:04AM – 12:28PM	Mula* Until 6:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:51AM	Vikarin 5121
			Yama 8:16AM – 9:40AM	Vajra* Until 7:49AM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 43
Routine Work	Marana Yoga		Rahu 12:28PM – 1:52PM	Kaulava Until 3:31AM Thu	Nataraja: Clear		2nd Phase
Until 6:06AM				Ekadashi* Until 3:04PM	Moon – Light Blue		
Then Creative Work - Amrita Yoga					Magha-Masi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3 Thursday, February 20, 2020 Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Kedarnath, India
Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau Sun 10 Sutra 312

Dhanus Rasi: 25.53	Tithi 27 – 28	989823467	Gulika 9:39AM – 11:04AM	Purvashadha* Until 7:28AM	Ganesha: Purple	<i>Sunrise:</i> 6:50AM	Vikarin 5121
			Yama 6:50AM – 8:15AM	Siddhi Until 7:19AM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga		Rahu 1:52PM – 3:17PM	Gara Until 4:42AM Fri	Nataraja: Clear		2nd Phase
Until 7:28AM				Dvodashi* Until 4:02PM	Moon – Light Blue		
Then Routine Work - Marana Yoga					Magha-Masi	Bhuloka Day	
				<i>Pradosha Vrata (Fasting)</i>		Devaloka Time: 3:PM to 6:PM	

4 Friday, February 21, 2020 Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Kedarnath, India
Uttarashadha*/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 11 Sutra 313

Makara Rasi: 8.19	Tithi 28 – 29	989823467	Gulika 8:14AM – 9:39AM	Uttarashadha Until 9:05AM	Ganesha: Purple	<i>Sunrise:</i> 6:49AM	Vikarin 5121
			Yama 3:17PM – 4:42PM	Vyatipata* Until 7:10AM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 43
Routine Work	Marana Yoga		Rahu 11:03AM – 12:28PM	Visti Until 6:15AM Sat	Nataraja: Clear		2nd Phase
				Trayodashi* Until 5:25PM	Moon – Light Blue		
					Magha-Masi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

5 Saturday, February 22, 2020 Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Kedarnath, India
Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 314

Makara Rasi: 20.35	Tithi 29	999823467	Gulika 6:48AM – 8:13AM	Shravana Until 11:22AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:48AM	Vikarin 5121
			Yama 1:52PM – 3:17PM	Variyan Until 7:15AM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga		Rahu 9:38AM – 11:03AM	Visti Until 6:15AM	Nataraja: Clear		2nd Phase
				Chaturdashi* Until 7:07PM	Moon – Purple		
					Magha-Masi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Retreat Star Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Kedarnath, India
Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 13 Sutra 315

Kumbha Rasi: 2.45	Tithi 30	999823467	Gulika 3:18PM – 4:43PM	Dhanishtha Until 1:46PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:47AM	Vikarin 5121
			Yama 12:28PM – 1:53PM	Parigha* Until 7:34AM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 43
Routine Work	Marana Yoga		Rahu 4:43PM – 6:08PM	Catuspada Until 8:06AM	Nataraja: Clear		Amavasya
Until 1:46PM				Amavasya* Until 9:06PM	Moon – Purple		
Then Creative Work - Siddha Yoga					Magha-Masi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Retreat Star Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Kedarnath, India
Shatabhishak*/Purvaprosithpada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 14 Sutra 316

Kumbha Rasi: 14.48	Tithi 1	999823467	Gulika 1:53PM – 3:18PM	Shatabhishak Until 4:13PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:46AM	Vikarin 5121
Family Home Evening			Yama 11:02AM – 12:27PM	Shiva Until 8:06AM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga		Rahu 8:12AM – 9:37AM	Kintughna Until 10:12AM	Nataraja: Clear		Prathama
Until 4:13PM				Prathama* Until 11:18PM	Moon – Purple		
Then Routine Work - Marana Yoga					Phalgun-Masi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadha Yoga Balava/Kaulava Karana Dvitiyayam Titau			Kedarnath, India Sun 15 Sutra 317 Vikarin 5121	
Kumbha Rasi: 26.46	Tithi 2	Gulika 12:27PM – 1:53PM	Purvaproshtapada* Until 7:11PM	Ganesha: Orange	<i>Sunrise:</i> 6:45AM	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 44 3rd Phase
Routine Work	Marana Yoga	Yama 9:36AM – 11:02AM	Siddha Until 8:45AM	Nataraja: Clear		Moon – Clear		Devaloka Day
Until 7:11PM		919823467 Rahu 3:18PM – 4:44PM	Balava Until 12:30PM					
Then Creative Work - Amrita Yoga			Dvitiya Until 1:41AM Wed					

2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau			Kedarnath, India Sun 16 Sutra 318 Vikarin 5121	
Meena Rasi: 8.41	Tithi 3	Gulika 11:01AM – 12:27PM	Uttaraproshtapada Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 6:44AM	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 44 3rd Phase
Creative Work	Siddha Yoga	Yama 8:10AM – 9:36AM	Sadhya Until 9:32AM	Nataraja: Clear		Moon – Clear		Devaloka Day
Until 10:06PM		919823467 Rahu 12:27PM – 1:53PM	Taitila Until 2:57PM					
Then Routine Work - Marana Yoga			Tritiya Until 4:11AM Thu					

3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau			Kedarnath, India Sun 17 Sutra 319 Vikarin 5121	
Meena Rasi: 20.34	Tithi 4	Gulika 9:35AM – 11:01AM	Revati Until 12:55AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:43AM	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44 3rd Phase
Creative Work	Siddha Yoga	Yama 6:43AM – 8:09AM	Subha Until 10:25AM	Nataraja: Clear		Moon – Clear		Devaloka Day
Until 12:55AM Fri		919823467 Rahu 1:53PM – 3:19PM	Vanija Until 5:28PM					
Then Creative Work - Amrita Yoga			Chaturthi* Until 6:42AM Fri					

4		Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kedarnath, India Sun 18 Sutra 320 Vikarin 5121	
Mesha Rasi: 2.25	Tithi 4 – 5	Gulika 8:08AM – 9:34AM	Ashvini Until 3:59AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:42AM	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44 3rd Phase
Creative Work	Amrita Yoga	Yama 3:19PM – 4:45PM	Sukla Until 11:15AM	Nataraja: Clear		Moon – White		Bhuloka Day
Until 3:59AM Sat		921823467 Rahu 11:01AM – 12:27PM	Bava Until 7:57PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			Chaturthi* Until 6:42AM					

5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kedarnath, India Sun 19 Sutra 321 Vikarin 5121	
Mesha Rasi: 14.19	Tithi 5 – 6	Gulika 6:41AM – 8:07AM	Bharani Until 6:40AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44 3rd Phase
Creative Work	Siddha Yoga	Yama 1:53PM – 3:19PM	Brahma Until 12:01PM	Nataraja: Clear		Moon – White		Bhuloka Day
Until 6:40AM		921823467 Rahu 9:34AM – 11:00AM	Kaulava Until 10:15PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			Panchami Until 9:07AM					

6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Kedarnath, India Sun 20 Sutra 322 Vikarin 5121	
Mesha Rasi: 26.19	Tithi 6 – 7	Gulika 3:20PM – 4:47PM	Bharani Until 6:40AM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	Muruqa: Orange	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 12:26PM – 1:53PM	Indra Until 12:35PM	Nataraja: Clear		Moon – White		Bhuloka Day
Until 6:40AM		921833467 Rahu 4:47PM – 6:13PM	Gara Until 12:11AM Mon					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			Shashthi* Until 11:15AM					

Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kedarnath, India Sun 21 Sutra 323 Vikarin 5121	
Vrshabha Rasi: 8.29	Tithi 7 – 8	Gulika 1:53PM – 3:20PM	Krittika Until 8:46AM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM	Muruqa: Orange	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 44 Ashtami
Family Home Evening		Yama 10:59AM – 12:26PM	Vaidhriti* Until 12:44PM	Nataraja: Clear		Moon – White		Bhuloka Day
Routine Work	Marana Yoga	921833467 Rahu 8:05AM – 9:32AM	Visti Until 1:31AM Tue					Devaloka Time: 3:PM to 6:PM
Until 8:46AM			Saptami Until 12:55PM					
Then Creative Work - Amrita Yoga								

Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kedarnath, India Sun 22 Sutra 324 Vikarin 5121	
Vrshabha Rasi: 20.55	Tithi 8 – 9	Gulika 12:26PM – 1:53PM	Rohini Until 10:34AM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	Muruqa: Orange	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 44 Navami
Creative Work	Amrita Yoga	Yama 9:31AM – 10:58AM	Vishkambha* Until 12:24PM	Nataraja: Clear		Moon – Yellow		Devaloka Day
Until 10:34AM		931833467 Rahu 3:20PM – 4:48PM	Balava Until 2:06AM Wed					
Then Creative Work - Siddha Yoga			Ashtami* Until 1:53PM					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kedarnath, India Sun 23 Sutra 325
Mithuna Rasi: 3.43	Tithi 9 – 10	Gulika 10:58AM – 12:26PM	Mrigashira Until 11:25AM	Ganesha: Clear <i>Sunrise:</i> 6:36AM	Vikarin 5121
		Yama 8:03AM – 9:31AM	Priti Until 11:27AM	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 2 - Phase 45
	931833467	Rahu 12:26PM – 1:53PM	Taitila Until 1:49AM Thu	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Navami* Until 2:03PM	Moon – Yellow	Devaloka Day
				Phalguna-Masi	

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kedarnath, India Sun 24 Sutra 326
Mithuna Rasi: 16.56	Tithi 10 – 11	Gulika 9:30AM – 10:58AM	Ardra Until 11:17AM	Ganesha: Red <i>Sunrise:</i> 6:34AM	Vikarin 5121
		Yama 6:34AM – 8:02AM	Ayushman Until 9:48AM	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 2 - Phase 45
	131833467	Rahu 1:53PM – 3:21PM	Vanija Until 12:39AM Fri	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Dashami Until 1:19PM	Moon – Yellow	Devaloka Day
Until 11:17AM				Phalguna-Masi	
Then Creative Work - Amrita Yoga					

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Kedarnath, India Sun 25 Sutra 327
Kataka Rasi: 0.38	Tithi 11 – 12	Gulika 8:01AM – 9:29AM	Punarvasu Until 10:35AM	Ganesha: Blue <i>Sunrise:</i> 6:33AM	Vikarin 5121
		Yama 3:21PM – 4:49PM	Saubhagya Until 7:28AM	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 2 - Phase 45
	141833467	Rahu 10:57AM – 12:25PM	Bava Until 10:40PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:44AM	Moon – Blue	Bhuloka Day
Until 10:35AM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kedarnath, India Sun 26 Sutra 328
Kataka Rasi: 14.52	Tithi 12 – 13	Gulika 6:32AM – 8:00AM	Pushya Until 8:59AM	Ganesha: Blue <i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 1:53PM – 3:21PM	Athiganda* Until 12:59AM Sun	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 2 - Phase 45
	141833467	Rahu 9:28AM – 10:57AM	Kaulava Until 7:59PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:23AM	Moon – Blue	Bhuloka Day
Until 8:59AM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
			<i>Pradosha Vrata</i>		

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Kedarnath, India Sun 27 Sutra 329
Kataka Rasi: 29.31	Tithi 13 – 14	Gulika 3:21PM – 4:50PM	Ashlesha* Until 6:37AM	Ganesha: Blue <i>Sunrise:</i> 6:31AM	Vikarin 5121
		Yama 12:25PM – 1:53PM	Sukarma Until 9:04PM	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 2 - Phase 45
	141833467	Rahu 4:50PM – 6:18PM	Vanija Until 2:57AM Mon	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:24AM	Moon – Blue	Bhuloka Day
Until 6:37AM		Chidambaram Abhishekam		Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Purnimayam Titau	Kedarnath, India Sutra 330
Copper Retreat Star		Gulika 1:53PM – 3:22PM	Purvaphalguni Until 1:04AM Tue	Ganesha: White <i>Sunrise:</i> 6:30AM	Vikarin 5121
Simha Rasi: 14.33	Tithi 15	Yama 10:56AM – 12:24PM	Dhriti Until 4:53PM	Muruqa: Orange <i>Sunset:</i> 6:19PM	Moon 2 - Phase 45
Family Home Evening	152833467	Rahu 7:58AM – 9:27AM	Visti Until 1:08PM	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:13PM	Moon – Red	Sivaloka Day
Until 1:04AM Tue		Holi		Phalguna-Masi	
Then Creative Work - Amrita Yoga					

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau	Kedarnath, India Sutra 331
Silver Retreat Star		Gulika 12:24PM – 1:53PM	Uttaraphalguni Until 9:52PM	Ganesha: White <i>Sunrise:</i> 6:29AM	Vikarin 5121
Simha Rasi: 29.47	Tithi 16	Yama 9:26AM – 10:55AM	Shula* Until 12:31PM	Muruqa: Orange <i>Sunset:</i> 6:20PM	Moon 2 - Phase 45
	152833467	Rahu 3:22PM – 4:51PM	Balava Until 9:19AM	Nataraja: Clear	Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:23PM	Moon – Red	Sivaloka Day
Until 9:52PM				Phalguna-Masi	
Then Creative Work - Siddha Yoga					



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kedarnath, India

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 15.04 Tithi 17 - 18

162833467

Gulika 10:55AM - 12:24PM
Yama 7:56AM - 9:26AM
Rahu 12:24PM - 1:53PM

Hasta Until 7:01PM
Ganda* Until 8:11AM
Vanija Until 1:48AM Thu
Dvitiya Until 3:36PM

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Orange *Sunset:* 6:20PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga
Until 7:01PM
Then Creative Work - Siddha Yoga

Thursday, March 12, 2020

1

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kedarnath, India

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 0.13 Tithi 18 - 19

162833467

Gulika 9:25AM - 10:54AM
Yama 6:26AM - 7:55AM
Rahu 1:53PM - 3:22PM

Chitra Until 4:19PM
Dhruva Until 12:06AM Fri
Bava Until 10:27PM
Tritiya Until 12:03PM

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Orange *Sunset:* 6:21PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga
Until 4:19PM
Then Creative Work - Amrita Yoga

Friday, March 13, 2020

2

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kedarnath, India

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 15.05 Tithi 19 - 20

162833467

Gulika 7:54AM - 9:24AM
Yama 3:22PM - 4:52PM
Rahu 10:54AM - 12:23PM

Svati Until 1:54PM
Vyaghata* Until 8:36PM
Kaulava Until 7:34PM
Chaturthi* Until 8:55AM

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Orange *Sunset:* 6:22PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Saturday, March 14, 2020

3

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Kedarnath, India

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 29.34 Tithi 20 - 21

172833467

Gulika 6:24AM - 7:54AM
Yama 1:53PM - 3:23PM
Rahu 9:23AM - 10:53AM

Vishakha Until 12:21PM
Harshana Until 5:38PM
Vanija Until 4:26AM Sun
Panchami Until 6:20AM

Ganesha: Purple *Sunrise:* 6:24AM
Muruqa: Orange *Sunset:* 6:22PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga
Karadaiyan Nombu (Tamil Nadu)

Sunday, March 15, 2020

4

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Kedarnath, India

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 13.35 Tithi 22

172833468

Gulika 3:23PM - 4:53PM
Yama 12:23PM - 1:53PM
Rahu 4:53PM - 6:23PM

Anuradha Until 11:22AM
Vajra* Until 3:14PM
Visti Until 3:47PM
Saptami Until 3:18AM Mon

Ganesha: Purple *Sunrise:* 6:22AM
Muruqa: Orange *Sunset:* 6:23PM
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

Monday, March 16, 2020

D

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 27.08 Tithi 23

172933468

Gulika 1:53PM - 3:23PM
Yama 10:52AM - 12:22PM
Rahu 7:52AM - 9:22AM

Jyeshtha* Until 11:01AM
Siddhi Until 1:28PM
Balava Until 3:03PM
Ashtami* Until 2:58AM Tue

Ganesha: Clear *Sunrise:* 6:21AM
Muruqa: Orange *Sunset:* 6:23PM
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 10.15 Tithi 24

182933468

Gulika 12:22PM - 1:53PM
Yama 9:21AM - 10:52AM
Rahu 3:23PM - 4:54PM

Mula* Until 11:43AM
Vyatipata* Until 12:20PM
Taitila Until 3:06PM
Navami* Until 3:22AM Wed

Ganesha: Purple *Sunrise:* 6:20AM
Muruqa: Orange *Sunset:* 6:24PM
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga
Until 11:43AM
Then Creative Work - Siddha Yoga


1	Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Kedarnath, India
	Dhanus Rasi: 23	Tithi 25	Gulika 10:51AM – 12:22PM	Purvashadha* Until 12:59PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Sun 8 Sutra 339
			Yama 7:50AM – 9:20AM	Variyan Until 11:44AM	Muruqa: Orange	<i>Sunset:</i> 6:25PM	Vikarin 5121
	182933468	Rahu 12:22PM – 1:53PM	Variyan Until 3:51PM	Nataraja: Purple			Moon 3 - Phase 47
Creative Work	Amrita Yoga		Dashami Until 4:27AM Thu	Moon – Light Blue		2nd Phase	
				Phalguna-Panguni		Devaloka Day	

2	Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Kedarnath, India
	Makara Rasi: 5.28	Tithi 26	Gulika 9:20AM – 10:51AM	Uttarashadha Until 2:40PM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	Sun 9 Sutra 340
			Yama 6:18AM – 7:49AM	Parigha* Until 11:37AM	Muruqa: Orange	<i>Sunset:</i> 6:25PM	Vikarin 5121
	182933468	Rahu 1:52PM – 3:23PM	Bava Until 5:12PM	Nataraja: Purple			Moon 3 - Phase 47
Routine Work	Marana Yoga		Ekadashi* Until 6:02AM Fri	Moon – Light Blue		2nd Phase	
Until 2:40PM				Phalguna-Panguni		Devaloka Day	
Then Creative Work - Siddha Yoga							

3	Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kedarnath, India
	Makara Rasi: 17.43	Tithi 26 – 27	Gulika 7:48AM – 9:19AM	Shravana Until 5:07PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Sun 10 Sutra 341
			Yama 3:24PM – 4:55PM	Shiva Until 11:53AM	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Vikarin 5121
	192933468	Rahu 10:50AM – 12:21PM	Kaulava Until 7:00PM	Nataraja: Purple			Moon 3 - Phase 47
Routine Work	Marana Yoga		Ekadashi* Until 6:02AM	Moon – Purple		2nd Phase	
Until 5:07PM				Phalguna-Panguni		Sivaloka Day	
Then Creative Work - Siddha Yoga							

4	Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kedarnath, India
	Makara Rasi: 29.48	Tithi 27 – 28	Gulika 6:15AM – 7:47AM	Dhanishtha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Sun 11 Sutra 342
			Yama 1:52PM – 3:24PM	Siddha Until 12:23PM	Muruqa: Orange	<i>Sunset:</i> 6:27PM	Vikarin 5121
	192933468	Rahu 9:18AM – 10:49AM	Gara Until 9:06PM	Nataraja: Purple			Moon 3 - Phase 47
Creative Work	Siddha Yoga		Dvadashi* Until 7:59AM	Moon – Purple		2nd Phase	
Until 7:42PM				Phalguna-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India
	Kumbha Rasi: 11.47	Tithi 28 – 29	Gulika 3:24PM – 4:56PM	Shatabhishak Until 10:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Sun 12 Sutra 343
			Yama 12:21PM – 1:52PM	Sadhya Until 1:04PM	Muruqa: Orange	<i>Sunset:</i> 6:27PM	Vikarin 5121
	192933468	Rahu 4:56PM – 6:27PM	Visti Until 11:23PM	Nataraja: Purple			Moon 3 - Phase 47
Creative Work	Siddha Yoga		Trayodashi* Until 10:12AM	Moon – Purple		2nd Phase	
				Phalguna-Panguni		Sivaloka Day	

	Monday, March 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kedarnath, India
	Retreat Star		Gulika 1:52PM – 3:24PM	Purvaproshtapada* Until 1:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	Sun 13 Sutra 344
	Kumbha Rasi: 23.43	Tithi 29 – 30	Yama 10:48AM – 12:20PM	Subha Until 1:52PM	Muruqa: Orange	<i>Sunset:</i> 6:28PM	Vikarin 5121
	113933468	Rahu 7:45AM – 9:16AM	Catuspada Until 1:47AM Tue	Nataraja: Purple			Moon 3 - Phase 47
Family Home Evening			Chaturdashi* Until 12:33PM	Moon – Clear		Amavasya	
Routine Work	Marana Yoga			Phalguna-Panguni		Sivaloka Day	
Until 1:21AM Tue							
Then Creative Work - Amrita Yoga							

	Tuesday, March 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kedarnath, India
	Retreat Star		Gulika 12:20PM – 1:52PM	Uttaraproshtapada Until 4:17AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:11AM	Sun 14 Sutra 345
	Meena Rasi: 5.37	Tithi 30 – 1	Yama 9:16AM – 10:48AM	Sukla Until 2:42PM	Muruqa: Orange	<i>Sunset:</i> 6:28PM	Vikarin 5121
	113933468	Rahu 3:24PM – 4:56PM	Kintughna Until 4:13AM Wed	Nataraja: Purple			Moon 3 - Phase 47
Creative Work	Amrita Yoga		Amavasya* Until 2:58PM	Moon – Clear		Prathama	
Until 4:17AM Wed		Yugadhi		Chaitra-Panguni		Sivaloka Day	
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Kedarnath, India Sun 15 Sutra 346
Meena Rasi: 17.3	Tithi 1 – 2	Gulika 10:47AM – 12:20PM	Revati Until 7:03AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 7:43AM – 9:15AM	Brahma Until 3:34PM	Muruqa: Orange <i>Sunset:</i> 6:29PM	Moon 3 - Phase 48
		113933468 Rahu 12:20PM – 1:52PM	Balava Until 6:40AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 5:25PM	Chaitra•Panguni	Sivaloka Day
Until 7:03AM Thu					
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvityayam Titau	Kedarnath, India Sun 16 Sutra 347
Meena Rasi: 29.23	Tithi 2	Gulika 9:14AM – 10:47AM	Revati Until 7:03AM	Ganesha: Yellow <i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 6:09AM – 7:42AM	Indra Until 4:25PM	Muruqa: Orange <i>Sunset:</i> 6:30PM	Moon 3 - Phase 48
		113933468 Rahu 1:52PM – 3:25PM	Balava Until 6:40AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:51PM	Chaitra•Panguni	Sivaloka Day
Until 7:03AM		Chellappaswami Mahasamadhi			
Then Creative Work - Amrita Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau	Kedarnath, India Sun 17 Sutra 348
Mesha Rasi: 11.17	Tithi 3	Gulika 7:41AM – 9:13AM	Ashvini Until 10:06AM	Ganesha: Red <i>Sunrise:</i> 6:08AM	Vikarin 5121
		Yama 3:25PM – 4:58PM	Vaidhriti* Until 5:11PM	Muruqa: Orange <i>Sunset:</i> 6:30PM	Moon 3 - Phase 48
		123933468 Rahu 10:46AM – 12:19PM	Taitila Until 9:03AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 10:10PM	Chaitra•Panguni	Sivaloka Day
Until 10:06AM					
Then Creative Work - Siddha Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau	Kedarnath, India Sun 18 Sutra 349
Mesha Rasi: 23.14	Tithi 4	Gulika 6:07AM – 7:40AM	Bharani Until 12:49PM	Ganesha: Red <i>Sunrise:</i> 6:07AM	Vikarin 5121
		Yama 1:52PM – 3:25PM	Vishkambha* Until 5:50PM	Muruqa: Orange <i>Sunset:</i> 6:31PM	Moon 3 - Phase 48
		123933468 Rahu 9:13AM – 10:46AM	Vanija Until 11:17AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:17AM Sun	Chaitra•Panguni	Sivaloka Day
Until 12:49PM					
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau	Kedarnath, India Sun 19 Sutra 350
Vrishabha Rasi: 5.17	Tithi 5	Gulika 3:25PM – 4:58PM	Krittika Until 3:07PM	Ganesha: Red <i>Sunrise:</i> 6:05AM	Vikarin 5121
		Yama 12:18PM – 1:52PM	Priti Until 6:16PM	Muruqa: Orange <i>Sunset:</i> 6:32PM	Moon 3 - Phase 48
		123933468 Rahu 4:58PM – 6:32PM	Bava Until 1:14PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:03AM Mon	Chaitra•Panguni	Sivaloka Day

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Kedarnath, India Sun 20 Sutra 351
Vrishabha Rasi: 17.29	Tithi 6	Gulika 1:52PM – 3:25PM	Rohini Until 5:20PM	Ganesha: Blue <i>Sunrise:</i> 6:04AM	Vikarin 5121
Family Home Evening		Yama 10:45AM – 12:18PM	Ayushman Until 6:20PM	Muruqa: Orange <i>Sunset:</i> 6:32PM	Moon 3 - Phase 48
		133933468 Rahu 7:38AM – 9:11AM	Kaulava Until 2:46PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:19AM Tue	Chaitra•Panguni	Subha Sivaloka Day

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Kedarnath, India Sun 21 Sutra 352
Vrishabha Rasi: 29.55	Tithi 7	Gulika 12:18PM – 1:52PM	Mrigashira Until 6:47PM	Ganesha: Blue <i>Sunrise:</i> 6:03AM	Vikarin 5121
		Yama 9:10AM – 10:44AM	Saubhagya Until 5:56PM	Muruqa: Orange <i>Sunset:</i> 6:33PM	Moon 3 - Phase 48
		133933468 Rahu 3:25PM – 4:59PM	Gara Until 3:43PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 3:55AM Wed	Chaitra•Panguni	Subha Sivaloka Day
Until 6:47PM					
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Kedarnath, India Sun 22 Sutra 353
Mithuna Rasi: 12.38	Tithi 8	Gulika 10:44AM – 12:18PM	Ardra Until 7:23PM	Ganesha: Blue <i>Sunrise:</i> 6:03AM	Vikarin 5121
		Yama 7:37AM – 9:10AM	Sobhana Until 4:59PM	Muruqa: Orange <i>Sunset:</i> 6:33PM	Moon 3 - Phase 48
		133933468 Rahu 12:18PM – 1:52PM	Visti Until 3:56PM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 3:44AM Thu	Chaitra•Panguni	Subha Sivaloka Day

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Kedarnath, India Sun 23 Sutra 354
Mithuna Rasi: 25.46	Tithi 9	Gulika 9:10AM – 10:44AM	Punarvasu Until 7:29PM	Ganesha: Yellow <i>Sunrise:</i> 6:02AM	Vikarin 5121
		Yama 6:02AM – 7:36AM	Athiganda* Until 3:22PM	Muruqa: Orange <i>Sunset:</i> 6:33PM	Moon 3 - Phase 48
		143933468 Rahu 1:52PM – 3:25PM	Balava Until 3:21PM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 2:43AM Fri	Chaitra•Panguni	Sivaloka Day
		Sri Rama Navami			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Kedarnath, India Sun 24 Sutra 355
	Kataka Rasi: 9.19	Tithi 10	Gulika 7:35AM – 9:09AM	Pushya Until 6:38PM	Ganesha: Yellow <i>Sunrise:</i> 6:00AM		Vikarin 5121
			Yama 3:26PM – 5:00PM	Sukarma Until 1:07PM	Muruqa: Orange <i>Sunset:</i> 6:34PM		Moon 3 - Phase 49
	Routine Work Marana Yoga	143933468	Rahu 10:43AM – 12:17PM	Taitila Until 1:56PM	Nataraja: Purple		4th Phase
			Dashami Until 12:55AM Sat	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kedarnath, India Sun 25 Sutra 356
	Kataka Rasi: 23.22	Tithi 11	Gulika 5:59AM – 7:34AM	Ashlesha* Until 4:54PM	Ganesha: Yellow <i>Sunrise:</i> 5:59AM		Vikarin 5121
			Yama 1:51PM – 3:26PM	Dhriti Until 10:16AM	Muruqa: Orange <i>Sunset:</i> 6:35PM		Moon 3 - Phase 49
	Routine Work Marana Yoga	143933468	Rahu 9:08AM – 10:43AM	Vanija Until 11:45AM	Nataraja: Purple		4th Phase
Until 4:54PM			Ekadashi Until 10:24PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Chaitra•Panguni			

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Kedarnath, India Sun 26 Sutra 357
	Simha Rasi: 7.53	Tithi 12	Gulika 3:26PM – 5:01PM	Magha* Until 2:49PM	Ganesha: White <i>Sunrise:</i> 5:58AM		Vikarin 5121
			Yama 12:17PM – 1:51PM	Shula* Until 6:50AM	Muruqa: Orange <i>Sunset:</i> 6:35PM		Moon 3 - Phase 49
	Routine Work Marana Yoga	153933468	Rahu 5:01PM – 6:35PM	Bava Until 8:55AM	Nataraja: Purple		4th Phase
Until 2:49PM			Dvadashi Until 7:17PM	Moon – Red		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 27 Sutra 358
	Simha Rasi: 22.47	Tithi 13 – 14	Gulika 1:51PM – 3:26PM	Purvaphalguni Until 12:08PM	Ganesha: Clear <i>Sunrise:</i> 5:57AM		Vikarin 5121
	Family Home Evening		Yama 10:42AM – 12:16PM	Vriddhi Until 10:51PM	Muruqa: Orange <i>Sunset:</i> 6:36PM		Moon 3 - Phase 49
	Creative Work Siddha Yoga	154933468	Rahu 7:32AM – 9:07AM	Gara Until 1:53AM Tue	Nataraja: Purple		4th Phase
			Trayodashi Until 3:45PM	Moon – Red		Sivaloka Day	
				Chaitra•Panguni			
				<i>Pradosha Vrata</i>			

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kedarnath, India Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:16PM – 1:51PM	Uttaraphalguni Until 9:02AM	Ganesha: Clear <i>Sunrise:</i> 5:56AM		Vikarin 5121
	Kanya Rasi: 7.58	Tithi 14 – 15	Yama 9:06AM – 10:41AM	Dhruva Until 6:31PM	Muruqa: Orange <i>Sunset:</i> 6:37PM		Moon 3 - Phase 49
			154933468 Rahu 3:26PM – 5:01PM	Visti Until 10:01PM	Nataraja: Purple		Purnima
Creative Work Amrita Yoga			Chaturdashi* Until 11:57AM	Moon – Red		Sivaloka Day	
Until 9:02AM		Panguni Uttiram		Chaitra•Panguni			
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

5	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kedarnath, India Sun 29 Sutra 360
	Silver Retreat Star		Gulika 10:41AM – 12:16PM	Hasta Until 6:04AM	Ganesha: Purple <i>Sunrise:</i> 5:55AM		Vikarin 5121
	Kanya Rasi: 23.16	Tithi 15 – 16	Yama 7:30AM – 9:05AM	Vyaghata* Until 2:10PM	Muruqa: Clear <i>Sunset:</i> 6:37PM		Moon 3 - Phase 49
			164934468 Rahu 12:16PM – 1:51PM	Balava Until 6:09PM	Nataraja: Purple		Prathama
Routine Work Marana Yoga			Purnima* Until 8:03AM	Moon – Green		Devaloka Day	
Until 6:04AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvityayam Titau

Kedarnath, India
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 8.31 Tithi 17
164934468
Creative Work Amrita Yoga
Until 12:09AM Fri
Then Creative Work - Siddha Yoga

Gulika 9:04AM – 10:40AM
Yama 5:53AM – 7:29AM
Rahu 1:51PM – 3:27PM

Svati Until 12:09AM Fri
Harshana Until 9:57AM
Taitila Until 2:27PM
Dvitiya Until 12:42AM Fri

Ganesha: Purple *Sunrise:* 5:53AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Kedarnath, India
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 23.32 Tithi 18
174134468
Creative Work Siddha Yoga

Gulika 7:28AM – 9:04AM
Yama 3:27PM – 5:03PM
Rahu 10:40AM – 12:15PM

Vishakha Until 9:57PM
Siddhi Until 2:24AM Sat
Vanija Until 11:06AM
Tritiya Until 9:36PM

Ganesha: Yellow *Sunrise:* 5:52AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Kedarnath, India
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virschika Rasi: 8.11 Tithi 19
174134468
Creative Work Siddha Yoga

Gulika 5:51AM – 7:27AM
Yama 1:51PM – 3:27PM
Rahu 9:03AM – 10:39AM

Anuradha Until 8:13PM
Vyatipata* Until 11:21PM
Bava Until 8:16AM
Chaturthi* Until 7:04PM

Ganesha: Yellow *Sunrise:* 5:51AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vriyan Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Kedarnath, India
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virschika Rasi: 22.23 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 7:03PM
Then Creative Work - Amrita Yoga

Gulika 3:27PM – 5:03PM
Yama 12:15PM – 1:51PM
Rahu 5:03PM – 6:40PM

Jyeshtha* Until 7:03PM
Vriyan Until 8:53PM
Kaulava Until 6:06AM
Panchami Until 5:17PM

Ganesha: Yellow *Sunrise:* 5:50AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kedarnath, India
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 6.05 Tithi 21 – 22
184134468
Family Home Evening
Creative Work Siddha Yoga
Until 7:01PM
Then Routine Work - Marana Yoga

Gulika 1:51PM – 3:27PM
Yama 10:38AM – 12:14PM
Rahu 7:25AM – 9:02AM

Mula* Until 7:01PM
Parigha* Until 7:06PM
Visti Until 4:09AM Tue
Shashthi* Until 4:18PM

Ganesha: Blue *Sunrise:* 5:49AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Tamil New Year

5

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kedarnath, India
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 19.19 Tithi 22 – 23
284134468
Creative Work Siddha Yoga
Until 7:39PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:14PM – 1:51PM
Yama 9:01AM – 10:38AM
Rahu 3:28PM – 5:04PM

Purvashadha* Until 7:39PM
Shiva Until 6:00PM
Balava Until 4:27AM Wed
Saptami Until 4:11PM

Ganesha: Yellow *Sunrise:* 5:48AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Retreat Star

Wednesday, April 15, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kedarnath, India
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Makara Rasi: 2.08 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 8:54PM
Then Creative Work - Siddha Yoga

Gulika 10:37AM – 12:14PM
Yama 7:23AM – 9:00AM
Rahu 12:14PM – 1:51PM

Uttarashadha Until 8:54PM
Siddha Until 5:30PM
Taitila Until 5:29AM Thu
Ashtami* Until 4:52PM

Ganesha: Yellow *Sunrise:* 5:46AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Thursday, April 16, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Gara Karana Navamyam Titau

Kedarnath, India
Sun 7 Sutra 4
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 15 Tithi 24
294134468
Creative Work Siddha Yoga

Gulika 9:00AM – 10:37AM
Yama 5:45AM – 7:22AM
Rahu 1:51PM – 3:28PM

Shravana Until 11:06PM
Sadhya Until 5:32PM
Gara Until 6:14PM
Navami* Until 6:14PM

Ganesha: Blue *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Devaloka Day

Chidambaram Abhishekam


1		Friday, April 17, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau		Kedarnath, India Sun 8 Sutra 5	
Makara Rasi: 26.49	Tithi 25	Gulika 7:22AM – 8:59AM	Dhanishtha Until 1:37AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:44AM			Sarvari 5122	
		Yama 3:28PM – 5:05PM	Subha Until 6:00PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM			Moon 4 - Phase 1	
		294134468 Rahu 10:36AM – 12:14PM	Vanija Until 7:08AM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:07PM	Moon – Purple				Devaloka Day	
Until 1:37AM Sat				Chaitra+Chaitra					
Then Creative Work - Amrita Yoga									

2		Saturday, April 18, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau		Kedarnath, India Sun 9 Sutra 6	
Kumbha Rasi: 8.5	Tithi 26	Gulika 5:43AM – 7:21AM	Shatabhishak Until 4:16AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM			Sarvari 5122	
		Yama 1:51PM – 3:28PM	Sukla Until 6:42PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM			Moon 4 - Phase 1	
		295134468 Rahu 8:58AM – 10:36AM	Bava Until 9:13AM	Nataraja: Purple				2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 10:21PM	Moon – Purple				Sivaloka Day	
Until 4:16AM Sun				Chaitra+Chaitra					
Then Creative Work - Siddha Yoga									

3		Sunday, April 19, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kedarnath, India Sun 10 Sutra 7	
Kumbha Rasi: 20.46	Tithi 27	Gulika 3:29PM – 5:06PM	Purvaproshtapada* Until 7:23AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM			Sarvari 5122	
		Yama 12:13PM – 1:51PM	Brahma Until 7:34PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM			Moon 4 - Phase 1	
		215134468 Rahu 5:06PM – 6:44PM	Kaulava Until 11:33AM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 12:45AM Mon	Moon – Clear				Sivaloka Day	
Until 7:23AM				Chaitra+Chaitra					
Then Creative Work - Siddha Yoga									

4		Monday, April 20, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau		Kedarnath, India Sun 11 Sutra 8	
Meena Rasi: 2.38	Tithi 28	Gulika 1:51PM – 3:29PM	Purvaproshtapada* Until 7:23AM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM			Sarvari 5122	
Family Home Evening		Yama 10:35AM – 12:13PM	Indra Until 8:30PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM			Moon 4 - Phase 1	
Routine Work	Marana Yoga	215134468 Rahu 7:19AM – 8:57AM	Gara Until 2:00PM	Nataraja: Purple				2nd Phase	
Until 7:23AM			Trayodashi* Until 3:12AM Tue	Moon – Clear				Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Chaitra+Chaitra					

5		Tuesday, April 21, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kedarnath, India Sun 12 Sutra 9	
Meena Rasi: 14.3	Tithi 29	Gulika 12:13PM – 1:51PM	Uttaraproshtapada Until 10:21AM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM			Sarvari 5122	
		Yama 8:56AM – 10:34AM	Vaidhriti* Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM			Moon 4 - Phase 1	
		215134468 Rahu 3:29PM – 5:07PM	Visti Until 4:26PM	Nataraja: Purple				2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36AM Wed	Moon – Clear				Sivaloka Day	
Until 10:21AM				Chaitra+Chaitra					
Then Creative Work - Siddha Yoga									

		Wednesday, April 22, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau		Kedarnath, India Sun 13 Sutra 10	
Retreat Star		Gulika 10:34AM – 12:12PM	Revati Until 1:05PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM			Sarvari 5122	
Meena Rasi: 26.23	Tithi 30	Yama 7:17AM – 8:56AM	Vishkambha* Until 10:13PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM			Moon 4 - Phase 1	
		215134468 Rahu 12:12PM – 1:51PM	Catuspada Until 6:47PM	Nataraja: Purple				Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 7:53AM Thu	Moon – Clear				Sivaloka Day	
				Chaitra+Chaitra					

Retreat Star		Thursday, April 23, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kedarnath, India Sun 14 Sutra 11	
Mesha Rasi: 8.19	Tithi 30 – 1	Gulika 8:55AM – 10:34AM	Ashvini Until 4:01PM	Ganesha: Red	<i>Sunrise:</i> 5:38AM			Sarvari 5122	
		Yama 5:38AM – 7:16AM	Priti Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM			Moon 4 - Phase 1	
		225134468 Rahu 1:51PM – 3:29PM	Kintughna Until 8:59PM	Nataraja: Purple				Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 7:53AM	Moon – White				Sivaloka Day	
Until 4:01PM				Vaisaka+Chaitra					
Then Creative Work - Siddha Yoga									

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kedarnath, India Sun 15
	Mesha Rasi: 20.19	Tithi 1 – 2	Gulika 7:16AM – 8:54AM	Bharani Until 6:36PM	Ganesha: Red	<i>Sunrise:</i> 5:37AM	Sarvari 5122
			Yama 3:30PM – 5:08PM	Ayushman Until 11:29PM	Muruḡa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	225134469	Rahu 10:33AM – 12:12PM		Balava Until 10:58PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 9:59AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kedarnath, India Sun 16
	Wrishabha Rasi: 2.25	Tithi 2 – 3	Gulika 5:36AM – 7:15AM	Krittika Until 8:46PM	Ganesha: Red	<i>Sunrise:</i> 5:36AM	Sarvari 5122
			Yama 1:51PM – 3:30PM	Saubhagya Until 11:49PM	Muruḡa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2
	225134469	Rahu 8:54AM – 10:33AM		Taitila Until 12:41AM Sun	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 11:51AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kedarnath, India Sun 17
	Wrishabha Rasi: 14.37	Tithi 3 – 4	Gulika 3:30PM – 5:09PM	Rohini Until 10:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	Sarvari 5122
			Yama 12:12PM – 1:51PM	Sobhana Until 11:54PM	Muruḡa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2
	235134469	Rahu 5:09PM – 6:49PM		Vanija Until 2:02AM Mon	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 1:23PM	Moon – Yellow		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kedarnath, India Sun 18
	Wrishabha Rasi: 26.59	Tithi 4 – 5	Gulika 1:51PM – 3:30PM	Mrigashira Until 12:30AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM	Sarvari 5122
	Family Home Evening		Yama 10:32AM – 12:12PM	Athiganda* Until 11:37PM	Muruḡa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2
	235134469	Rahu 7:13AM – 8:53AM		Bava Until 2:57AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 2:32PM	Moon – Yellow		Devaloka Day	
Until 12:30AM Tue		Adi Sankara Jayanthi		Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kedarnath, India Sun 19
	Mithuna Rasi: 9.33	Tithi 5 – 6	Gulika 12:11PM – 1:51PM	Ardra Until 1:25AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:33AM	Sarvari 5122
			Yama 8:52AM – 10:32AM	Sukarma Until 10:57PM	Muruḡa: Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2
	236134469	Rahu 3:31PM – 5:10PM		Kaulava Until 3:19AM Wed	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 3:11PM	Moon – Yellow		Bhuloka Day	
Until 1:25AM Wed				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kedarnath, India Sun 20
	Mithuna Rasi: 22.22	Tithi 6 – 7	Gulika 10:31AM – 12:11PM	Punarvasu Until 2:03AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM	Sarvari 5122
			Yama 7:12AM – 8:52AM	Dhriti Until 9:49PM	Muruḡa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2
	246134469	Rahu 12:11PM – 1:51PM		Gara Until 3:04AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:15PM	Moon – Blue		Devaloka Day	
Until 2:03AM Thu				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kedarnath, India Sun 21
	Retreat Star		Gulika 8:51AM – 10:31AM	Pushya Until 1:53AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Sarvari 5122
	Kataka Rasi: 5.31	Tithi 7 – 8	Yama 5:31AM – 7:11AM	Shula* Until 8:09PM	Muruḡa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2
	246134469	Rahu 1:51PM – 3:31PM		Visti Until 2:10AM Fri	Nataraja: Clear		Ashtami
Creative Work	Amrita Yoga		Saptami Until 2:41PM	Moon – Blue		Devaloka Day	
Until 1:53AM Fri				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kedarnath, India Sun 22
	Retreat Star		Gulika 7:10AM – 8:50AM	Ashlesha* Until 12:54AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Sarvari 5122
	Kataka Rasi: 19	Tithi 8 – 9	Yama 3:32PM – 5:12PM	Ganda* Until 5:57PM	Muruḡa: Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2
	246134469	Rahu 10:31AM – 12:11PM		Balava Until 12:36AM Sat	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 1:27PM	Moon – Blue		Devaloka Day	
Until 12:54AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Kedarnath, India Sun 23 Sutra 20	
Simha Rasi: 2.53	Tithi 9 – 10	Gulika 5:28AM – 7:09AM	Magha* Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	Sarvari 5122		
		Yama 1:51PM – 3:32PM	Vriddhi Until 3:15PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3		
		256134469 Rahu 8:50AM – 10:30AM	Taitila Until 10:25PM	Nataraja: Clear		4th Phase		
Creative Work	Amrita Yoga		Navami* Until 11:34AM	Moon – Red		Bhuloka Day		
Until 11:36PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Kedarnath, India Sun 24 Sutra 21	
Simha Rasi: 17.1	Tithi 10 – 11	Gulika 3:32PM – 5:13PM	Purvaphalguni Until 9:38PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	Sarvari 5122		
		Yama 12:11PM – 1:52PM	Dhruva Until 12:04PM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3		
		256134469 Rahu 5:13PM – 6:54PM	Vanija Until 7:41PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 9:06AM	Moon – Red		Bhuloka Day		
Until 9:38PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visli*/Balava Karana Ekadashi/Dvadashyam Titau			Kedarnath, India Sun 25 Sutra 22	
Kanya Rasi: 1.47	Tithi 11 – 12	Gulika 1:52PM – 3:33PM	Uttaraphalguni Until 7:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Sarvari 5122		
Family Home Evening		Yama 10:30AM – 12:11PM	Vyaghata* Until 8:30AM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3		
		256234469 Rahu 7:08AM – 8:49AM	Balava Until 2:50AM Tue	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Ekadashi Until 6:08AM	Moon – Red		Devaloka Day		
				Vaisaka*Chaitra				

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kedarnath, India Sun 26 Sutra 23		
Kanya Rasi: 16.41	Tithi 13	Gulika 12:11PM – 1:52PM	Hasta Until 4:35PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Sarvari 5122			
		Yama 8:48AM – 10:29AM	Vajra* Until 12:39AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3			
		267234469 Rahu 3:33PM – 5:14PM	Kaulava Until 1:06PM	Nataraja: Clear		4th Phase			
Creative Work	Siddha Yoga		Trayodashi Until 11:18PM	Moon – Green		Devaloka Day			
				Vaisaka*Chaitra					
				<i>Pradosha Vrata</i>					

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau			Kedarnath, India Sun 27 Sutra 24	
Tula Rasi: 1.45	Tithi 14	Gulika 10:29AM – 12:10PM	Chitra Until 1:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Sarvari 5122		
		Yama 7:06AM – 8:48AM	Siddhi Until 8:36PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3		
		267234469 Rahu 12:10PM – 1:52PM	Gara Until 9:32AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 7:44PM	Moon – Green		Devaloka Day		
				Vaisaka*Chaitra				

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kedarnath, India Sutra 25	
Tula Rasi: 16.48	Tithi 15 – 16	Gulika 8:47AM – 10:29AM	Svati Until 10:58AM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Sarvari 5122		
		Yama 5:24AM – 7:06AM	Vyatipata* Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3		
		267234469 Rahu 1:52PM – 3:33PM	Balava Until 2:37AM Fri	Nataraja: Clear		Purnima		
Creative Work	Amrita Yoga		Purnima* Until 4:15PM	Moon – Green		Devaloka Day		
Until 10:58AM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga		Budha Purnima (Tamil Nadu)						

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Kedarnath, India Sutra 26	
Vrischika Rasi: 1.42	Tithi 16 – 17	Gulika 7:05AM – 8:47AM	Vishakha Until 8:38AM	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	Sarvari 5122		
		Yama 3:34PM – 5:15PM	Variyan Until 12:55PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3		
		277234469 Rahu 10:29AM – 12:10PM	Taitila Until 11:37PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga		Prathama* Until 1:03PM	Moon – Orange		Bhuloka Day		
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda