



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 27.18 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiayam Titau

Gulika 3:44PM – 5:20PM
Yama 12:31PM – 2:07PM
Rahu 5:20PM – 6:56PM

Vishakha **Until 4:28PM**
Vyatipata* Until 2:59AM Mon
Vanija Until 11:23PM
Dvitiya **Until 12:01PM**

Ganesha: Blue *Sunrise:* 6:05AM
Muruqa: Yellow *Sunset:* 6:56PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Karachi, Pakistan
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 10.58 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Gulika 2:07PM – 3:44PM
Yama 10:54AM – 12:31PM
Rahu 7:41AM – 9:18AM

Anuradha **Until 4:13PM**
Variyan Until 1:23AM Tue
Bava Until 10:39PM
Tritiya **Until 10:54AM**

Ganesha: Blue *Sunrise:* 6:04AM
Muruqa: Yellow *Sunset:* 6:57PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Karachi, Pakistan
Sun 1
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 24.12 Tithi 19 – 20

Routine Work Marana Yoga

Until 4:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Gulika 12:30PM – 2:07PM
Yama 9:17AM – 10:54AM
Rahu 3:44PM – 5:21PM

Jyeshtha* **Until 4:35PM**
Parigha* Until 12:27AM Wed
Kaulava Until 10:43PM
Chatrthi* **Until 10:33AM**

Ganesha: Blue *Sunrise:* 6:04AM
Muruqa: Yellow *Sunset:* 6:57PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Karachi, Pakistan
Sun 2
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 7.01 Tithi 20 – 21

Routine Work Marana Yoga

Until 6:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:53AM – 12:30PM
Yama 7:40AM – 9:17AM
Rahu 12:30PM – 2:07PM

Mula* **Until 6:04PM**
Shiva Until 12:09AM Thu
Gara Until 11:36PM
Panchami **Until 11:02AM**

Ganesha: Yellow *Sunrise:* 6:03AM
Muruqa: Yellow *Sunset:* 6:58PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Karachi, Pakistan
Sun 3
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 19.28 Tithi 21 – 22

Creative Work Siddha Yoga

Until 8:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:16AM – 10:53AM
Yama 6:02AM – 7:39AM
Rahu 2:07PM – 3:44PM

Purvashadha* **Until 8:08PM**
Siddha Until 12:23AM Fri
Visti Until 1:12AM Fri
Shashthi* **Until 12:18PM**

Ganesha: Yellow *Sunrise:* 6:02AM
Muruqa: Yellow *Sunset:* 6:58PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Karachi, Pakistan
Sun 4
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

D

Friday, April 26, 2019

Retreat Star

Makara Rasi: 1.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:38AM – 9:16AM
Yama 3:44PM – 5:22PM
Rahu 10:53AM – 12:30PM

Uttarashadha **Until 10:35PM**
Sadhya Until 1:04AM Sat
Balava Until 3:22AM Sat
Saptami **Until 2:13PM**

Ganesha: Red *Sunrise:* 6:01AM
Muruqa: Yellow *Sunset:* 6:59PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Karachi, Pakistan
Sun 5
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 13.35 Tithi 23 – 24

Creative Work Siddha Yoga

Until 1:44AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:00AM – 7:38AM
Yama 2:07PM – 3:44PM
Rahu 9:15AM – 10:52AM

Shravana **Until 1:44AM Sun**
Subha Until 2:01AM Sun
Taitila Until 5:51AM Sun
Ashtami* **Until 4:34PM**

Ganesha: Green *Sunrise:* 6:00AM
Muruqa: Yellow *Sunset:* 6:59PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Karachi, Pakistan
Sun 6
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

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| 1 Sunday, April 28, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara Karana Navamyam Titau | | Karachi, Pakistan Sun 7 Sutra 14 | |
| Makara Rasi: 25.26 | Tithi 24 | Gulika 3:45PM – 5:22PM | Dhanishtha Until 4:48AM Mon | Ganesha: Green <i>Sunrise:</i> 6:00AM | Vikarin 5121 |
| | | Yama 12:30PM – 2:07PM | Sukla Until 3:01AM Mon | Muruqa: Yellow <i>Sunset:</i> 7:00PM | Moon 4 - Phase 3 |
| | 294583469 | Rahu 5:22PM – 7:00PM | Gara Until 7:06PM | Nataraja: Clear | 2nd Phase |
| Routine Work | Marana Yoga | | Navami* Until 7:06PM | Chaitra*Chaitra | Bhuloka Day |
| Until 4:48AM Mon | | | | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |

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| 2 Monday, April 29, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau | | Karachi, Pakistan Sun 8 Sutra 15 | |
| Kumbha Rasi: 7.15 | Tithi 25 | Gulika 2:07PM – 3:45PM | Shatabhishak Until 7:34AM Tue | Ganesha: Green <i>Sunrise:</i> 5:59AM | Vikarin 5121 |
| Family Home Evening | | Yama 10:52AM – 12:29PM | Brahma Until 3:57AM Tue | Muruqa: Yellow <i>Sunset:</i> 7:00PM | Moon 4 - Phase 3 |
| Creative Work | Siddha Yoga | 294583469 Rahu 7:36AM – 9:14AM | Vanija Until 8:24AM | Nataraja: Clear | 2nd Phase |
| Until 7:34AM Tue | | | Dashami Until 9:36PM | Chaitra*Chaitra | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | Devaloka Time: 3:PM to 6:PM |

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| 3 Tuesday, April 30, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shatabhishak/Purvaprosnthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau | | Karachi, Pakistan Sun 9 Sutra 16 | |
| Kumbha Rasi: 19.07 | Tithi 26 | Gulika 12:29PM – 2:07PM | Shatabhishak Until 7:34AM | Ganesha: Green <i>Sunrise:</i> 5:58AM | Vikarin 5121 |
| | | Yama 9:14AM – 10:52AM | Indra Until 4:39AM Wed | Muruqa: Yellow <i>Sunset:</i> 7:01PM | Moon 4 - Phase 3 |
| | 294583469 | Rahu 3:45PM – 5:23PM | Bava Until 10:46AM | Nataraja: Clear | 2nd Phase |
| Routine Work | Marana Yoga | | Ekadashi* Until 11:49PM | Chaitra*Chaitra | Bhuloka Day |
| | | | | | Devaloka Time: 3:PM to 6:PM |

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| 4 Wednesday, May 1, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Karachi, Pakistan Sun 10 Sutra 17 | |
| Meena Rasi: 1.07 | Tithi 27 | Gulika 10:51AM – 12:29PM | Purvaprosnthapada* Until 10:21AM | Ganesha: Purple <i>Sunrise:</i> 5:57AM | Vikarin 5121 |
| | | Yama 7:35AM – 9:13AM | Vaidhrili* Until 4:59AM Thu | Muruqa: Yellow <i>Sunset:</i> 7:01PM | Moon 4 - Phase 3 |
| | 214583469 | Rahu 12:29PM – 2:07PM | Kaulava Until 12:47PM | Nataraja: Clear | 2nd Phase |
| Creative Work | Amrita Yoga | | Dvadashi* Until 1:36AM Thu | Chaitra*Chaitra | Bhuloka Day |
| Until 10:21AM | | | | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |

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| 5 Thursday, May 2, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprosnthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau | | Karachi, Pakistan Sun 11 Sutra 18 | |
| Meena Rasi: 13.19 | Tithi 28 | Gulika 9:13AM – 10:51AM | Uttaraprosnthapada Until 12:31PM | Ganesha: Purple <i>Sunrise:</i> 5:57AM | Vikarin 5121 |
| | | Yama 5:57AM – 7:35AM | Vishkambha* Until 4:56AM Fri | Muruqa: Yellow <i>Sunset:</i> 7:02PM | Moon 4 - Phase 3 |
| | 214583469 | Rahu 2:07PM – 3:45PM | Gara Until 2:19PM | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 2:52AM Fri | Chaitra*Chaitra | Bhuloka Day |
| | | | | | Devaloka Time: 3:PM to 6:PM |
| | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 6 Friday, May 3, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Karachi, Pakistan Sun 12 Sutra 19 | |
| Meena Rasi: 25.43 | Tithi 29 | Gulika 7:34AM – 9:12AM | Revati Until 2:01PM | Ganesha: Light Blue <i>Sunrise:</i> 5:56AM | Vikarin 5121 |
| | | Yama 3:46PM – 5:24PM | Priti Until 4:28AM Sat | Muruqa: Yellow <i>Sunset:</i> 7:02PM | Moon 4 - Phase 3 |
| | 215583469 | Rahu 10:51AM – 12:29PM | Visti Until 3:19PM | Nataraja: Clear | 2nd Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 3:36AM Sat | Chaitra*Chaitra | Bhuloka Day |
| Until 2:01PM | | | | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | |

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| Retreat Star | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Karachi, Pakistan Sun 13 Sutra 20 | |
| Mesha Rasi: 8.22 | Tithi 30 | Gulika 5:55AM – 7:34AM | Ashvini Until 3:18PM | Ganesha: Purple <i>Sunrise:</i> 5:55AM | Vikarin 5121 |
| | | Yama 2:07PM – 3:46PM | Ayushman Until 3:34AM Sun | Muruqa: Yellow <i>Sunset:</i> 7:03PM | Moon 4 - Phase 3 |
| | 225583469 | Rahu 9:12AM – 10:50AM | Catuspada Until 3:47PM | Nataraja: Clear | Amavasya |
| Creative Work | Siddha Yoga | | Amavasya* Until 3:47AM Sun | Chaitra*Chaitra | Bhuloka Day |
| | | | | | Devaloka Time: 3:PM to 6:PM |

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| Retreat Star | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau | | Karachi, Pakistan Sun 14 Sutra 21 | |
| Mesha Rasi: 21.15 | Tithi 1 | Gulika 3:46PM – 5:24PM | Bharani Until 3:55PM | Ganesha: Purple <i>Sunrise:</i> 5:54AM | Vikarin 5121 |
| | | Yama 12:29PM – 2:07PM | Saubhagya Until 2:18AM Mon | Muruqa: Yellow <i>Sunset:</i> 7:03PM | Moon 4 - Phase 3 |
| | 225583469 | Rahu 5:24PM – 7:03PM | Kintughna Until 3:43PM | Nataraja: Clear | Prathama |
| Routine Work | Prabalarishta Yoga | | Prathama* Until 3:30AM Mon | Vaisaka*Chaitra | Bhuloka Day |
| Until 3:55PM | | | | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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| Monday, May 6, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Karachi, Pakistan Sun 15 Sutra 22 |
| 1 | | Gulika 2:07PM – 3:46PM | Krittika Until 3:58PM | Ganesha: Purple | <i>Sunrise:</i> 5:54AM | Vikarin 5121 |
| Vrishabha Rasi: 4.23 | Tithi 2 | Yama 10:50AM – 12:29PM | Sobhana Until 12:43AM Tue | Muruqa: Yellow | <i>Sunset:</i> 7:04PM | Moon 4 - Phase 4 |
| Family Home Evening | 225583469 | Rahu 7:33AM – 9:11AM | Balava Until 3:13PM | Nataraja: Clear | | 3rd Phase |
| Routine Work Marana Yoga | | | Dvitiya Until 2:49AM Tue | Moon – White | Bhuloka Day | |
| Until 3:58PM | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Tuesday, May 7, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Karachi, Pakistan Sun 16 Sutra 23 |
| 2 | | Gulika 12:29PM – 2:07PM | Rohini Until 3:56PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:53AM | Vikarin 5121 |
| Vrishabha Rasi: 17.44 | Tithi 3 | Yama 9:11AM – 10:50AM | Athiganda* Until 10:50PM | Muruqa: Yellow | <i>Sunset:</i> 7:04PM | Moon 4 - Phase 4 |
| | 235583469 | Rahu 3:46PM – 5:25PM | Taitila Until 2:21PM | Nataraja: Clear | | 3rd Phase |
| Creative Work Amrita Yoga | | | Tritiya Until 1:46AM Wed | Moon – Yellow | Bhuloka Day | |
| Until 3:56PM | | Akshaya Tritiya | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Wednesday, May 8, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturthyam Titau | | | | Karachi, Pakistan Sun 17 Sutra 24 |
| 3 | | Gulika 10:50AM – 12:29PM | Mrigashira Until 3:27PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:53AM | Vikarin 5121 |
| Mithuna Rasi: 1.16 | Tithi 4 | Yama 7:32AM – 9:11AM | Sukarma Until 8:44PM | Muruqa: Yellow | <i>Sunset:</i> 7:05PM | Moon 4 - Phase 4 |
| | 235583469 | Rahu 12:29PM – 2:08PM | Vanija Until 1:10PM | Nataraja: Clear | | 3rd Phase |
| Creative Work Siddha Yoga | | | Chaturthi Until 12:27AM Thu | Moon – Yellow | Bhuloka Day | |
| | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |

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| Thursday, May 9, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau | | | | Karachi, Pakistan Sun 18 Sutra 25 |
| 4 | | Gulika 9:10AM – 10:49AM | Ardra Until 2:35PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:52AM | Vikarin 5121 |
| Mithuna Rasi: 14.58 | Tithi 5 | Yama 5:52AM – 7:31AM | Dhriti Until 6:28PM | Muruqa: Yellow | <i>Sunset:</i> 7:05PM | Moon 4 - Phase 4 |
| | 235583469 | Rahu 2:08PM – 3:47PM | Bava Until 11:43AM | Nataraja: Clear | | 3rd Phase |
| Routine Work Marana Yoga | | | Panchami Until 10:54PM | Moon – Yellow | Bhuloka Day | |
| Until 2:35PM | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Friday, May 10, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Karachi, Pakistan Sun 19 Sutra 26 |
| 5 | | Gulika 7:31AM – 9:10AM | Punarvasu Until 1:48PM | Ganesha: Orange | <i>Sunrise:</i> 5:51AM | Vikarin 5121 |
| Mithuna Rasi: 28.48 | Tithi 6 | Yama 3:47PM – 5:26PM | Shula* Until 3:59PM | Muruqa: Yellow | <i>Sunset:</i> 7:06PM | Moon 4 - Phase 4 |
| | 245583469 | Rahu 10:49AM – 12:28PM | Kaulava Until 10:04AM | Nataraja: Clear | | 3rd Phase |
| Creative Work Siddha Yoga | | | Shashthi Until 9:09PM | Moon – Blue | Devaloka Day | |
| Until 1:48PM | | | | Vaisaka-Chaitra | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| Saturday, May 11, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau | | | | Karachi, Pakistan Sun 20 Sutra 27 |
| 6 | | Gulika 5:51AM – 7:30AM | Pushya Until 12:40PM | Ganesha: Orange | <i>Sunrise:</i> 5:51AM | Vikarin 5121 |
| Kataka Rasi: 12.46 | Tithi 7 | Yama 2:08PM – 3:47PM | Ganda* Until 1:22PM | Muruqa: Yellow | <i>Sunset:</i> 7:06PM | Moon 4 - Phase 4 |
| | 245583469 | Rahu 9:10AM – 10:49AM | Gara Until 8:13AM | Nataraja: Clear | | 3rd Phase |
| Creative Work Siddha Yoga | | | Saptami Until 7:12PM | Moon – Blue | Devaloka Day | |
| Until 12:40PM | | | | Vaisaka-Chaitra | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| Sunday, May 12, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visli*/Balava Karana Ashtami/Navamyam Titau | | | | Karachi, Pakistan Sun 21 Sutra 28 |
| Retreat Star | | Gulika 3:47PM – 5:27PM | Ashlesha* Until 11:14AM | Ganesha: Clear | <i>Sunrise:</i> 5:50AM | Vikarin 5121 |
| Kataka Rasi: 26.49 | Tithi 8 – 9 | Yama 12:28PM – 2:08PM | Vridhhi Until 10:38AM | Muruqa: Yellow | <i>Sunset:</i> 7:07PM | Moon 4 - Phase 4 |
| | 246583469 | Rahu 5:27PM – 7:07PM | Visli Until 6:11AM | Nataraja: Clear | | Ashtami |
| Creative Work Siddha Yoga | | | Ashtami Until 5:05PM | Moon – Blue | Devaloka Day | |
| Until 11:14AM | | Mother's Day | | Vaisaka-Chaitra | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| Monday, May 13, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Karachi, Pakistan Sun 22 Sutra 29 |
| Retreat Star | | Gulika 2:08PM – 3:48PM | Magha* Until 9:55AM | Ganesha: White | <i>Sunrise:</i> 5:50AM | Vikarin 5121 |
| Simha Rasi: 11 | Tithi 9 – 10 | Yama 10:49AM – 12:28PM | Dhruva Until 7:44AM | Muruqa: Yellow | <i>Sunset:</i> 7:07PM | Moon 4 - Phase 4 |
| Family Home Evening | 256583469 | Rahu 7:29AM – 9:09AM | Taitila Until 1:41AM Tue | Nataraja: Clear | | Navami |
| Routine Work Marana Yoga | | | Navami Until 2:50PM | Moon – Red | Bhuloka Day | |
| Until 9:55AM | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |


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| 1 | | Tuesday, May 14, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | Karachi, Pakistan Sun 23 Sutra 30 |
| Simha Rasi: 25.15 | Tithi 10 – 11 | Gulika | 12:28PM – 2:08PM | Purvaphalguni Until 8:22AM | Ganesha: White | <i>Sunrise:</i> 5:49AM | Vikarin 5121 |
| | | Yama | 9:09AM – 10:49AM | Harshana Until 1:45AM Wed | Muruqa: Yellow | <i>Sunset:</i> 7:08PM | Moon 4 - Phase 5 |
| | | 256583469 Rahu | 3:48PM – 5:28PM | Vanija Until 11:19PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Dashami Until 12:29PM | Moon – Red | | Bhuloka Day |
| Until 8:22AM | | | | | Vaisaka-Chaitra | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | | | |

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|---------------------------------|---------------|--------------------------------|-------------------|---|------------------------|------------------------|---|
| 2 | | Wednesday, May 15, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | Karachi, Pakistan Sun 24 Sutra 31 |
| Kanya Rasi: 9.32 | Tithi 11 – 12 | Gulika | 10:48AM – 12:28PM | Uttaraphalguni Until 6:37AM | Ganesha: White | <i>Sunrise:</i> 5:49AM | Vikarin 5121 |
| | | Yama | 7:29AM – 9:08AM | Vajra* Until 10:44PM | Muruqa: Yellow | <i>Sunset:</i> 7:08PM | Moon 4 - Phase 5 |
| | | 256583469 Rahu | 12:28PM – 2:08PM | Bava Until 8:56PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | | Ekadashi Until 10:06AM | Moon – Red | | Bhuloka Day |
| Until 6:37AM | | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | | | |

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|-------------------|---------------|-------------------------------|------------------|---|------------------------|------------------------|---|
| 3 | | Thursday, May 16, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | Karachi, Pakistan Sun 25 Sutra 32 |
| Kanya Rasi: 23.49 | Tithi 12 – 13 | Gulika | 9:08AM – 10:48AM | Chitra Until 3:45AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:48AM | Vikarin 5121 |
| | | Yama | 5:48AM – 7:28AM | Siddhi Until 7:49PM | Muruqa: Yellow | <i>Sunset:</i> 7:09PM | Moon 4 - Phase 5 |
| | | 266583469 Rahu | 2:08PM – 3:48PM | Kaulava Until 6:39PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Dvadashi Until 7:45AM | Moon – Green | | Devaloka Day |
| | | | | | Vaisaka-Vaikasi | | |
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Pradosha Vrata

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|-----------------|-------------|-----------------------------|-------------------|--|------------------------|------------------------|---|
| 4 | | Friday, May 17, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau | | | Karachi, Pakistan Sun 26 Sutra 33 |
| Tula Rasi: 7.59 | Tithi 14 | Gulika | 7:28AM – 9:08AM | Svati Until 2:26AM Sat | Ganesha: Yellow | <i>Sunrise:</i> 5:48AM | Vikarin 5121 |
| | | Yama | 3:49PM – 5:29PM | Vyatipata* Until 5:05PM | Muruqa: Yellow | <i>Sunset:</i> 7:09PM | Moon 4 - Phase 5 |
| | | 266583469 Rahu | 10:48AM – 12:28PM | Gara Until 4:35PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 3:39AM Sat | Moon – Green | | Devaloka Day |
| | | | | | Vaisaka-Vaikasi | | |

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|---|-------------|-------------------------------|------------------|---|------------------------|------------------------|---|
|  | | Saturday, May 18, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau | | | Karachi, Pakistan Sun 27 Sutra 34 |
| Copper Retreat Star | | Gulika | 5:47AM – 7:28AM | Vishakha Until 1:48AM Sun | Ganesha: Blue | <i>Sunrise:</i> 5:47AM | Vikarin 5121 |
| Tula Rasi: 21.58 | Tithi 15 | Yama | 2:09PM – 3:49PM | Variyan Until 2:37PM | Muruqa: Yellow | <i>Sunset:</i> 7:10PM | Moon 4 - Phase 5 |
| | | 276583469 Rahu | 9:08AM – 10:48AM | Visti Until 2:52PM | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | | Purnima* Until 2:09AM Sun | Moon – Orange | | Bhuloka Day |
| Until 1:48AM Sun | | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | | | |

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|----------------------------------|-------------|----------------------------|------------------|--|------------------------|------------------------|-------------------------------|
| Sunday, May 19, 2019 | | Silver Retreat Star | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau | | | Karachi, Pakistan Sutra 35 |
| Silver Retreat Star | | Gulika | 3:49PM – 5:30PM | Anuradha Until 1:33AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 5:47AM | Vikarin 5121 |
| Vrischika Rasi: 5.42 | Tithi 16 | Yama | 12:28PM – 2:09PM | Parigha* Until 12:32PM | Muruqa: Yellow | <i>Sunset:</i> 7:10PM | Moon 4 - Phase 5 |
| | | 277583469 Rahu | 5:30PM – 7:10PM | Balava Until 1:36PM | Nataraja: Clear | | Prathama |
| Routine Work | Marana Yoga | | | Prathama* Until 1:10AM Mon | Moon – Orange | | Devaloka Day |
| Until 1:33AM Mon | | | | | Vaisaka-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 19.07 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 1:47AM Tue
Then Creative Work - Amrita Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau
Gulika 2:09PM – 3:49PM
Yama 10:48AM – 12:28PM
Rahu 7:27AM – 9:07AM
Jyeshtha* Until 1:47AM Tue
Shiva Until 10:56AM
Taitila Until 12:56PM
Dvitiya Until 12:49AM Tue

Karachi, Pakistan
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesh: Yellow *Sunrise: 5:46AM*
Muruga: Yellow *Sunset: 7:11PM*
Nataraja: Clear
Moon – Orange
Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 2.11 Tithi 18
Creative Work Amrita Yoga

287583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 12:29PM – 2:09PM
Yama 9:07AM – 10:48AM
Rahu 3:50PM – 5:30PM
Mula* Until 2:59AM Wed
Siddha Until 9:50AM
Vanija Until 12:55PM
Tritiya Until 1:10AM Wed

Karachi, Pakistan
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesh: Blue *Sunrise: 5:46AM*
Muruga: Yellow *Sunset: 7:11PM*
Nataraja: Clear
Moon – Light Blue
Sivaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 14.54 Tithi 19
Creative Work Amrita Yoga
Until 4:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 10:48AM – 12:29PM
Yama 7:26AM – 9:07AM
Rahu 12:29PM – 2:09PM
Purvashadha* Until 4:43AM Thu
Sadhya Until 9:18AM
Bava Until 1:37PM
Chaturthi* Until 2:12AM Thu

Karachi, Pakistan
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesh: Red *Sunrise: 5:46AM*
Muruga: Yellow *Sunset: 7:12PM*
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 27.19 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 9:07AM – 10:48AM
Yama 5:45AM – 7:26AM
Rahu 2:10PM – 3:50PM
Uttarashadha Until 6:52AM Fri
Subha Until 9:19AM
Kaulava Until 2:59PM
Panchami Until 3:51AM Fri

Karachi, Pakistan
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesh: Red *Sunrise: 5:45AM*
Muruga: Yellow *Sunset: 7:12PM*
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 9.28 Tithi 21
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 7:26AM – 9:07AM
Yama 3:51PM – 5:32PM
Rahu 10:48AM – 12:29PM
Uttarashadha Until 6:52AM
Sukla Until 9:45AM
Gara Until 4:54PM
Shashthi* Until 5:59AM Sat

Karachi, Pakistan
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesh: Red *Sunrise: 5:45AM*
Muruga: Yellow *Sunset: 7:13PM*
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

D

Saturday, May 25, 2019
Retreat Star

Makara Rasi: 21.27 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti* Karana Saptamyam Titau
Gulika 5:45AM – 7:26AM
Yama 2:10PM – 3:51PM
Rahu 9:07AM – 10:48AM
Shravana Until 9:47AM
Brahma Until 10:31AM
Visti Until 7:11PM
Saptami Until 8:22AM Sun

Karachi, Pakistan
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
Ashtami
Ganesh: Green *Sunrise: 5:45AM*
Muruga: Yellow *Sunset: 7:13PM*
Nataraja: Clear
Moon – Purple
Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 3.19 Tithi 22 – 23
Routine Work Marana Yoga
Until 12:44PM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau
Gulika 3:51PM – 5:32PM
Yama 12:29PM – 2:10PM
Rahu 5:32PM – 7:13PM
Dhanishtha Until 12:44PM
Indra Until 11:29AM
Balava Until 9:37PM
Saptami Until 8:22AM

Karachi, Pakistan
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Navami
Ganesh: Blue *Sunrise: 5:44AM*
Muruga: Yellow *Sunset: 7:13PM*
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

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|---------------------------------|---------------|--|----------------------------------|------------------------|------------------------|--|
| Monday, May 27, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau | | | | Karachi, Pakistan Sun 8 Sutra 43 |
| 1 | | Gulika 2:10PM – 3:51PM | Shatabhishak Until 3:32PM | Ganesha: Blue | <i>Sunrise:</i> 5:44AM | Vikarin 5121 |
| Kumbha Rasi: 15.11 | Tithi 23 – 24 | Yama 10:48AM – 12:29PM | Vaidhriti* Until 12:25PM | Muruqa: Yellow | <i>Sunset:</i> 7:14PM | Moon 5 - Phase 7 |
| Family Home Evening | 398683469 | Rahu 7:25AM – 9:07AM | Taitila Until 11:57PM | Nataraja: Clear | | 2nd Phase |
| Creative Work Siddha Yoga | | | Ashtami* Until 10:47AM | Moon – Purple | | Sivaloka Day |
| Until 3:32PM | | | | Vaisaka-Vaikasi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|---------------|---|---------------------------------------|------------------------|------------------------|--|
| Tuesday, May 28, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Karachi, Pakistan Sun 9 Sutra 44 |
| 2 | | Gulika 12:29PM – 2:10PM | Purvaproshtapada* Until 6:26PM | Ganesha: Purple | <i>Sunrise:</i> 5:44AM | Vikarin 5121 |
| Kumbha Rasi: 27.06 | Tithi 24 – 25 | Yama 9:07AM – 10:48AM | Vishkambha* Until 1:12PM | Muruqa: Yellow | <i>Sunset:</i> 7:14PM | Moon 5 - Phase 7 |
| | 318683469 | Rahu 3:52PM – 5:33PM | Vanija Until 2:00AM Wed | Nataraja: Clear | | 2nd Phase |
| Routine Work Marana Yoga | | | Navami* Until 1:00PM | Moon – Clear | | Sivaloka Day |
| Until 6:26PM | | | | Vaisaka-Vaikasi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|---------------------------------|---------------|---|---------------------------------------|------------------------|------------------------|---|
| Wednesday, May 29, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 10 Sutra 45 |
| 3 | | Gulika 10:48AM – 12:29PM | Uttaraproshtapada Until 8:45PM | Ganesha: Purple | <i>Sunrise:</i> 5:44AM | Vikarin 5121 |
| Meena Rasi: 9.09 | Tithi 25 – 26 | Yama 7:25AM – 9:06AM | Priti Until 1:43PM | Muruqa: Yellow | <i>Sunset:</i> 7:15PM | Moon 5 - Phase 7 |
| | 318683469 | Rahu 12:29PM – 2:11PM | Bava Until 3:34AM Thu | Nataraja: Clear | | 2nd Phase |
| Creative Work Siddha Yoga | | | Dashami Until 2:50PM | Moon – Clear | | Sivaloka Day |
| Until 8:45PM | | | | Vaisaka-Vaikasi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|---------------|---|-------------------------------|------------------------|------------------------|---|
| Thursday, May 30, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Karachi, Pakistan Sun 11 Sutra 46 |
| 4 | | Gulika 9:06AM – 10:48AM | Revati Until 10:22PM | Ganesha: Purple | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| Meena Rasi: 21.24 | Tithi 26 – 27 | Yama 5:43AM – 7:25AM | Ayushman Until 1:47PM | Muruqa: Yellow | <i>Sunset:</i> 7:15PM | Moon 5 - Phase 7 |
| | 318683469 | Rahu 2:11PM – 3:52PM | Kaulava Until 4:33AM Fri | Nataraja: Clear | | 2nd Phase |
| Creative Work Siddha Yoga | | | Ekadashi* Until 4:07PM | Moon – Clear | | Sivaloka Day |
| Until 10:22PM | | | | Vaisaka-Vaikasi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Friday, May 31, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Karachi, Pakistan Sun 12 Sutra 47 |
| 5 | | Gulika 7:25AM – 9:06AM | Ashvini Until 11:42PM | Ganesha: Clear | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| Mesha Rasi: 3.55 | Tithi 27 – 28 | Yama 3:53PM – 5:34PM | Saubhagya Until 1:23PM | Muruqa: Yellow | <i>Sunset:</i> 7:16PM | Moon 5 - Phase 7 |
| | 328683469 | Rahu 10:48AM – 12:30PM | Gara Until 4:54AM Sat | Nataraja: Clear | | 2nd Phase |
| Creative Work Amrita Yoga | | | Dvadashi* Until 4:47PM | Moon – White | | Devaloka Day |
| Until 11:42PM | | | | Vaisaka-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Saturday, June 1, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan Sun 13 Sutra 48 |
| 6 | | Gulika 5:43AM – 7:25AM | Bharani Until 12:14AM Sun | Ganesha: White | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| Mesha Rasi: 16.43 | Tithi 28 – 29 | Yama 2:11PM – 3:53PM | Sobhana Until 12:30PM | Muruqa: Yellow | <i>Sunset:</i> 7:16PM | Moon 5 - Phase 7 |
| | 329683469 | Rahu 9:06AM – 10:48AM | Vistil Until 4:37AM Sun | Nataraja: Clear | | 2nd Phase |
| Creative Work Siddha Yoga | | | Trayodashi* Until 4:49PM | Moon – White | | Bhuloka Day |
| | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM |
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| Sunday, June 2, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau | | | | Karachi, Pakistan Sun 14 Sutra 49 |
| Retreat Star | | Gulika 3:53PM – 5:35PM | Krittika Until 12:02AM Mon | Ganesha: White | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| Mesha Rasi: 29.5 | Tithi 29 – 30 | Yama 12:30PM – 2:12PM | Athiganda* Until 11:05AM | Muruqa: Yellow | <i>Sunset:</i> 7:17PM | Moon 5 - Phase 7 |
| | 329683469 | Rahu 5:35PM – 7:17PM | Catuspada Until 3:44AM Mon | Nataraja: Clear | | 2nd Phase |
| Creative Work Siddha Yoga | | | Chaturdashy* Until 4:14PM | Moon – White | | Bhuloka Day |
| Until 12:02AM Mon | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Monday, June 3, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Karachi, Pakistan Sun 15 Sutra 50 |
| Retreat Star | | Gulika 2:12PM – 3:54PM | Rohini Until 11:37PM | Ganesha: Green | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| Vrishabha Rasi: 13.16 | Tithi 30 – 1 | Yama 10:48AM – 12:30PM | Sukarma Until 9:14AM | Muruqa: Yellow | <i>Sunset:</i> 7:17PM | Moon 5 - Phase 7 |
| Family Home Evening | 339683469 | Rahu 7:25AM – 9:06AM | Kintughna Until 2:22AM Tue | Nataraja: Clear | | Amavasya |
| Creative Work Amrita Yoga | | | Amavasya* Until 3:05PM | Moon – Yellow | | Bhuloka Day |
| | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM |
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| Tuesday, June 4, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau | | | | Karachi, Pakistan Sun 16 Sutra 51 |
| Retreat Star | | Gulika 12:30PM – 2:12PM | Mrigashira Until 10:39PM | Ganesha: Green | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| Vrishabha Rasi: 26.59 | Tithi 1 – 2 | Yama 9:06AM – 10:48AM | Dhriti Until 7:01AM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 5 - Phase 7 |
| | 339683469 | Rahu 3:54PM – 5:36PM | Balava Until 12:35AM Wed | Nataraja: Clear | | Prathama |
| Creative Work Siddha Yoga | | | Prathama* Until 1:30PM | Moon – Yellow | | Bhuloka Day |
| Until 10:39PM | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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| 1 | Wednesday, June 5, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Karachi, Pakistan Sun 17 Sutra 52 |
| | Mithuna Rasi: 10.57 | Tithi 2 – 3 | Gulika 10:48AM – 12:30PM | Ardra Until 9:14PM | Ganesha: Green | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| | | | Yama 7:25AM – 9:06AM | Ganda* Until 1:42AM Thu | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 5 - Phase 8 |
| | Creative Work | Siddha Yoga | 339683461 Rahu 12:30PM – 2:12PM | Taitila Until 8:31PM | Nataraja: Clear | | 3rd Phase |
| | | | Dvitiya Until 11:34AM | Moon – Yellow | | Bhuloka Day | |
| | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |

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| 2 | Thursday, June 6, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Karachi, Pakistan Sun 18 Sutra 53 |
| | Mithuna Rasi: 25.05 | Tithi 3 – 4 | Gulika 9:07AM – 10:49AM | Punarvasu Until 7:55PM | Ganesha: White | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| | | | Yama 5:43AM – 7:25AM | Vriddhi Until 10:48PM | Muruqa: Yellow | <i>Sunset:</i> 7:18PM | Moon 5 - Phase 8 |
| | Creative Work | Amrita Yoga | 349683461 Rahu 2:12PM – 3:54PM | Vanija Until 8:15PM | Nataraja: Yellow | | 3rd Phase |
| | | | Tritiya Until 9:23AM | Moon – Blue | | Bhuloka Day | |
| | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |

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|----------|-----------------------------|-------------|--|----------------------------|-------------------------|-----------------------------|---|
| 3 | Friday, June 7, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau | | | | Karachi, Pakistan Sun 19 Sutra 54 |
| | Kataka Rasi: 9.19 | Tithi 4 – 5 | Gulika 7:25AM – 9:07AM | Pushya Until 6:21PM | Ganesha: White | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| | | | Yama 3:55PM – 5:37PM | Dhruva Until 7:49PM | Muruqa: Yellow | <i>Sunset:</i> 7:19PM | Moon 5 - Phase 8 |
| | Routine Work | Marana Yoga | 349683461 Rahu 10:49AM – 12:31PM | Balava Until 4:42AM Sat | Nataraja: Yellow | | 3rd Phase |
| | | | Chaturthi* Until 7:04AM | Moon – Blue | | Bhuloka Day | |
| | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |

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|----------|-------------------------------|-------------|--|-------------------------------|-------------------------|-----------------------------|---|
| 4 | Saturday, June 8, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Karachi, Pakistan Sun 20 Sutra 55 |
| | Kataka Rasi: 23.35 | Tithi 6 | Gulika 5:42AM – 7:25AM | Ashlesha* Until 4:38PM | Ganesha: White | <i>Sunrise:</i> 5:42AM | Vikarin 5121 |
| | | | Yama 2:13PM – 3:55PM | Vyaghata* Until 4:50PM | Muruqa: Yellow | <i>Sunset:</i> 7:19PM | Moon 5 - Phase 8 |
| | Routine Work | Marana Yoga | 349683461 Rahu 9:07AM – 10:49AM | Kaulava Until 3:32PM | Nataraja: Yellow | | 3rd Phase |
| | | | Shashthi* Until 2:20AM Sun | Moon – Blue | | Bhuloka Day | |
| | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |

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|----------|-----------------------------|-------------|--|----------------------------|-------------------------|------------------------|---|
| 5 | Sunday, June 9, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau | | | | Karachi, Pakistan Sun 21 Sutra 56 |
| | Simha Rasi: 7.5 | Tithi 7 | Gulika 3:55PM – 5:37PM | Magha* Until 3:14PM | Ganesha: Yellow | <i>Sunrise:</i> 5:42AM | Vikarin 5121 |
| | | | Yama 12:31PM – 2:13PM | Harshana Until 1:53PM | Muruqa: Yellow | <i>Sunset:</i> 7:20PM | Moon 5 - Phase 8 |
| | Routine Work | Marana Yoga | 351683461 Rahu 5:37PM – 7:20PM | Gara Until 1:12PM | Nataraja: Yellow | | 3rd Phase |
| | | | Saptami Until 12:03AM Mon | Moon – Red | | Devaloka Day | |
| | | | | Jyeshtha-Vaikasi | | | |

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|------------------------------|----------------------------|-------------|---|-----------------------------------|-------------------------|------------------------|---|
| Monday, June 10, 2019 | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Karachi, Pakistan Sun 22 Sutra 57 |
| | Simha Rasi: 22.03 | Tithi 8 | Gulika 2:13PM – 3:56PM | Purvaphalguni Until 1:48PM | Ganesha: Yellow | <i>Sunrise:</i> 5:42AM | Vikarin 5121 |
| | Family Home Evening | | Yama 10:49AM – 12:31PM | Vajra* Until 11:00AM | Muruqa: Yellow | <i>Sunset:</i> 7:20PM | Moon 5 - Phase 8 |
| | Creative Work | Siddha Yoga | 351683461 Rahu 7:25AM – 9:07AM | Visti Until 10:58AM | Nataraja: Yellow | | Ashtami |
| | | | Ashtami* Until 9:52PM | Moon – Red | | Devaloka Day | |
| | | | | Jyeshtha-Vaikasi | | | |


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|-------------------------------|---------------------|-------------|--|-------------------------------------|-------------------------|------------------------|---|
| Tuesday, June 11, 2019 | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalipata* Yoga Balava/Kaulava Karana Navamyam Titau | | | | Karachi, Pakistan Sun 23 Sutra 58 |
| | Kanya Rasi: 6.11 | Tithi 9 | Gulika 12:31PM – 2:14PM | Uttaraphalguni Until 12:21PM | Ganesha: Yellow | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| | | | Yama 9:07AM – 10:49AM | Siddhi Until 8:14AM | Muruqa: Yellow | <i>Sunset:</i> 7:20PM | Moon 5 - Phase 8 |
| | Creative Work | Amrita Yoga | 351683461 Rahu 3:56PM – 5:38PM | Balava Until 8:51AM | Nataraja: Yellow | | Navami |
| | | | Navami* Until 7:49PM | Moon – Red | | Devaloka Day | |
| | | | | Jyeshtha-Vaikasi | | | |

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|----------------------------------|---------------------------------|---------------|---|-----------------------------------|--|--|--------------------------------------|
| 1 | Wednesday, June 12, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyian Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 24 Sutra 59 |
| | Kanya Rasi: 20.13 | Tithi 10 – 11 | Gulika 10:49AM – 12:32PM | Hasta Until 11:21AM | Ganesha: White <i>Sunrise: 5:43AM</i> | | Vikarin 5121 |
| | | | Yama 7:25AM – 9:07AM | Variyan Until 3:07AM Thu | Muruqa: Yellow <i>Sunset: 7:21PM</i> | | Moon 5 - Phase 9 |
| | | 361683461 | Rahu 12:32PM – 2:14PM | Taitila Until 6:53AM | Nataraja: Yellow | | 4th Phase |
| Routine Work Marana Yoga | | | Dashami Until 5:58PM | Moon – Green | Bhuloka Day | | |
| Until 11:21AM | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|----------------------------------|--------------------------------|---------------|---|------------------------------------|--|--|--------------------------------------|
| 2 | Thursday, June 13, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau | | | | Karachi, Pakistan Sun 25 Sutra 60 |
| | Tula Rasi: 4.07 | Tithi 11 – 12 | Gulika 9:07AM – 10:50AM | Chitra Until 10:25AM | Ganesha: White <i>Sunrise: 5:43AM</i> | | Vikarin 5121 |
| | | | Yama 5:43AM – 7:25AM | Parigha* Until 12:51AM Fri | Muruqa: Yellow <i>Sunset: 7:21PM</i> | | Moon 5 - Phase 9 |
| | | 361683461 | Rahu 2:14PM – 3:56PM | Bava Until 3:39AM Fri | Nataraja: Yellow | | 4th Phase |
| Creative Work Siddha Yoga | | | Ekadashi Until 4:20PM | Moon – Green | Bhuloka Day | | |
| Until 10:25AM | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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|---------------------------|------------------------------|------------------------|--|----------------------------------|--|--|--------------------------------------|
| 3 | Friday, June 14, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau | | | | Karachi, Pakistan Sun 26 Sutra 61 |
| | Tula Rasi: 17.51 | Tithi 12 – 13 | Gulika 7:25AM – 9:07AM | Svati Until 9:37AM | Ganesha: White <i>Sunrise: 5:43AM</i> | | Vikarin 5121 |
| | | | Yama 3:57PM – 5:39PM | Shiva Until 10:52PM | Muruqa: Blue <i>Sunset: 7:21PM</i> | | Moon 5 - Phase 9 |
| | | 361693461 | Rahu 10:50AM – 12:32PM | Kaulava Until 2:29AM Sat | Nataraja: Yellow | | 4th Phase |
| Creative Work Siddha Yoga | | | Dvodashi Until 3:00PM | Moon – Green | Devaloka Day | | |
| | | Vaikasi Visakam | | Jyeshtha-Vaikasi | | | |
| | | | | | <i>Pradosha Vrata</i> | | |

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|---------------------------|--------------------------------|---------------|---|-------------------------------------|--|--|--------------------------------------|
| 4 | Saturday, June 15, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan Sun 27 Sutra 62 |
| | Vrischika Rasi: 1.23 | Tithi 13 – 14 | Gulika 5:43AM – 7:25AM | Vishakha Until 9:27AM | Ganesha: Clear <i>Sunrise: 5:43AM</i> | | Vikarin 5121 |
| | | | Yama 2:15PM – 3:57PM | Siddha Until 9:09PM | Muruqa: Blue <i>Sunset: 7:22PM</i> | | Moon 5 - Phase 9 |
| | | 371693461 | Rahu 9:08AM – 10:50AM | Gara Until 1:43AM Sun | Nataraja: Yellow | | 4th Phase |
| Creative Work Siddha Yoga | | | Trayodashi Until 2:01PM | Moon – Orange | Sivaloka Day | | |
| | | | | Jyeshtha-Ani | | | |

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|---|------------------------------|---------------------|---|-------------------------------------|--|--|-------------------------------|
|  | Sunday, June 16, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Karachi, Pakistan Sutra 63 |
| | Copper Retreat Star | | Gulika 3:57PM – 5:40PM | Anuradha Until 9:33AM | Ganesha: White <i>Sunrise: 5:43AM</i> | | Vikarin 5121 |
| | Vrischika Rasi: 14.43 | Tithi 14 – 15 | Yama 12:32PM – 2:15PM | Sadhya Until 7:49PM | Muruqa: Blue <i>Sunset: 7:22PM</i> | | Moon 5 - Phase 9 |
| | | 371793461 | Rahu 5:40PM – 7:22PM | Visti Until 1:25AM Mon | Nataraja: Yellow | | Purnima |
| Routine Work Marana Yoga | | | Chaturdashi* Until 1:29PM | Moon – Orange | Subha Sivaloka Day | | |
| | | Father's Day | | Jyeshtha-Ani | | | |

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|------------------------------|----------------------------|---------------|---|--------------------------------------|--|--|-------------------------------|
| Monday, June 17, 2019 | Silver Retreat Star | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Karachi, Pakistan Sutra 64 |
| | Vrischika Rasi: 27.46 | Tithi 15 – 16 | Gulika 2:15PM – 3:57PM | Jyeshtha* Until 9:59AM | Ganesha: White <i>Sunrise: 5:43AM</i> | | Vikarin 5121 |
| | Family Home Evening | | Yama 10:50AM – 12:33PM | Subha Until 6:55PM | Muruqa: Blue <i>Sunset: 7:22PM</i> | | Moon 5 - Phase 9 |
| | | 371793461 | Rahu 7:25AM – 9:08AM | Balava Until 1:39AM Tue | Nataraja: Yellow | | Prathama |
| Creative Work Siddha Yoga | | | Purnima* Until 1:27PM | Moon – Orange | Subha Sivaloka Day | | |
| | | | | Jyeshtha-Ani | | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Karachi, Pakistan
Sutra 65

Dhanus Rasi: 10.33 Tithi 16 - 17

381793461

Gulika 12:33PM - 2:15PM
Yama 9:08AM - 10:50AM
Rahu 3:58PM - 5:40PM

Mula* Until 11:16AM
Sukla Until 6:26PM
Taitila Until 2:28AM Wed
Prathama* Until 1:58PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:43AM
Sunset: 7:23PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 11:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Karachi, Pakistan
Sun 1 Sutra 66

Dhanus Rasi: 23.04 Tithi 17 - 18

381793461

Gulika 10:51AM - 12:33PM
Yama 7:26AM - 9:08AM
Rahu 12:33PM - 2:16PM

Purvashadha* Until 12:57PM
Brahma Until 6:24PM
Vanija Until 3:49AM Thu
Dvitiya Until 3:03PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:43AM
Sunset: 7:23PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Karachi, Pakistan
Sun 2 Sutra 67

Makara Rasi: 5.22 Tithi 18 - 19

382793461

Gulika 9:08AM - 10:51AM
Yama 5:44AM - 7:26AM
Rahu 2:16PM - 3:58PM

Uttarashadha Until 2:59PM
Indra Until 6:47PM
Bava Until 5:40AM Fri
Tritiya Until 4:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 7:23PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:59PM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti Yoga Balava Karana Chaturthayam Titau

Karachi, Pakistan
Sun 3 Sutra 68

Makara Rasi: 17.27 Tithi 19

392793461

Gulika 7:26AM - 9:09AM
Yama 3:58PM - 5:41PM
Rahu 10:51AM - 12:34PM

Shravana Until 5:46PM
Vaidhriti* Until 7:27PM
Balava Until 6:42PM
Chaturthi* Until 6:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 7:23PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 5:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Dhanishtha Nakshatra Vishkambha Yoga Kaulava/Taitila Karana Panchamyam Titau

Karachi, Pakistan
Sun 4 Sutra 69

Makara Rasi: 29.24 Tithi 20

392793461

Gulika 5:44AM - 7:26AM
Yama 2:16PM - 3:59PM
Rahu 9:09AM - 10:51AM

Dhanishtha Until 8:39PM
Vishkambha* Until 8:21PM
Kaulava Until 7:51AM
Panchami Until 9:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 7:23PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 8:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Karachi, Pakistan
Sun 5 Sutra 70

Kumbha Rasi: 11.17 Tithi 21

392793461

Gulika 3:59PM - 5:41PM
Yama 12:34PM - 2:16PM
Rahu 5:41PM - 7:24PM

Shatabhishak Until 11:27PM
Priti Until 9:20PM
Gara Until 10:13AM
Shashthi* Until 11:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 7:24PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada Nakshatra Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Karachi, Pakistan
Sun 6 Sutra 71

Kumbha Rasi: 23.09 Tithi 22

312793461

Gulika 2:17PM - 3:59PM
Yama 10:52AM - 12:34PM
Rahu 7:27AM - 9:09AM

Purvaproshtapada* Until 2:29AM Tue
Ayushman Until 10:12PM
Visti Until 12:35PM
Saptami Until 1:41AM Tue

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 7:24PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:29AM Tue

Then Creative Work - Amrita Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Karachi, Pakistan
Sun 7 Sutra 72

Meena Rasi: 5.05 Tithi 23

312793461

Gulika 12:34PM - 2:17PM
Yama 9:10AM - 10:52AM
Rahu 3:59PM - 5:42PM

Uttaraproshtapada Until 5:03AM Wed
Saubhagya Until 10:53PM
Balava Until 2:45PM
Ashtami* Until 3:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:45AM
Sunset: 7:24PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 5:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Karachi, Pakistan
Sun 8 Sutra 73

Meena Rasi: 17.08 Tithi 24

312793461

Gulika 10:52AM - 12:35PM
Yama 7:27AM - 9:10AM
Rahu 12:35PM - 2:17PM

Revati Until 6:59AM Thu
Sobhana Until 11:14PM
Taitila Until 4:31PM
Navami* Until 5:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:45AM
Sunset: 7:24PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 6:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

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|----------------------------------|-------------|---------------------------------------|---------------------------------|--|------------------------|---------------------|-------------------|-------------------------------------|
| 1 | | Thursday, June 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Karachi, Pakistan Sun 9 Sutra 74 |
| Meena Rasi: 29.24 | Tithi 25 | Gulika 9:10AM – 10:52AM | Revati Until 6:59AM | Ganesha: Yellow | <i>Sunrise:</i> 5:45AM | | Vikarin 5121 | |
| | | Yama 5:45AM – 7:28AM | Athiganda* Until 11:06PM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | | Moon 6 - Phase 11 | |
| | | 312793461 Rahu 2:17PM – 4:00PM | Vanija Until 5:43PM | Nataraja: Yellow | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 6:04AM Fri | Moon – Clear | | Sivaloka Day | | |
| Until 6:59AM | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |


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|----------------------------------|---------------|---|-----------------------------|--|------------------------|---------------------|-------------------|--------------------------------------|
| 2 | | Friday, June 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 10 Sutra 75 |
| Mesha Rasi: 11.56 | Tithi 25 – 26 | Gulika 7:28AM – 9:10AM | Ashvini Until 8:38AM | Ganesha: Blue | <i>Sunrise:</i> 5:46AM | | Vikarin 5121 | |
| | | Yama 4:00PM – 5:42PM | Sukarma Until 10:27PM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | | Moon 6 - Phase 11 | |
| | | 322793461 Rahu 10:53AM – 12:35PM | Bava Until 6:16PM | Nataraja: Yellow | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Dashami Until 6:04AM | Moon – White | | Devaloka Day | | |
| Until 8:38AM | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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|----------------------------------|---------------|--|-------------------------------|---|------------------------|---------------------|-------------------|--------------------------------------|
| 3 | | Saturday, June 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Karachi, Pakistan Sun 11 Sutra 76 |
| Mesha Rasi: 24.47 | Tithi 26 – 27 | Gulika 5:46AM – 7:28AM | Bharani Until 9:26AM | Ganesha: Blue | <i>Sunrise:</i> 5:46AM | | Vikarin 5121 | |
| | | Yama 2:18PM – 4:00PM | Dhriti Until 9:14PM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | | Moon 6 - Phase 11 | |
| | | 322793461 Rahu 9:11AM – 10:53AM | Kaulava Until 6:06PM | Nataraja: Yellow | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Ekadashi* Until 6:15AM | Moon – White | | Devaloka Day | | |
| Until 9:26AM | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 4 | | Sunday, June 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Karachi, Pakistan Sun 12 Sutra 77 |
| Vrishabha Rasi: 8.01 | Tithi 28 | Gulika 4:00PM – 5:42PM | Krittika Until 9:22AM | Ganesha: Blue | <i>Sunrise:</i> 5:46AM | | Vikarin 5121 | |
| | | Yama 12:35PM – 2:18PM | Shula* Until 7:25PM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | | Moon 6 - Phase 11 | |
| | | 322793461 Rahu 5:42PM – 7:25PM | Gara Until 5:12PM | Nataraja: Yellow | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 4:29AM Mon | Moon – White | | Devaloka Day | | |
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Pradosha Vrata (Fasting)

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|----------------------------|-------------|---------------------------------------|--------------------------------------|---|------------------------|---------------------|-------------------|--------------------------------------|
| 5 | | Monday, July 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhdi* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Karachi, Pakistan Sun 13 Sutra 78 |
| Vrishabha Rasi: 21.38 | Tithi 29 | Gulika 2:18PM – 4:00PM | Rohini Until 8:56AM | Ganesha: Blue | <i>Sunrise:</i> 5:47AM | | Vikarin 5121 | |
| Family Home Evening | | Yama 10:53AM – 12:36PM | Ganda* Until 5:06PM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | | Moon 6 - Phase 11 | |
| | | 332793461 Rahu 7:29AM – 9:11AM | Visti* Until 3:39PM | Nataraja: Yellow | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 2:39AM Tue | Moon – Yellow | | Devaloka Day | | |
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|---|-------------|---------------------------------------|------------------------------------|--|------------------------|---------------------|-------------------|--------------------------------------|
|  | | Tuesday, July 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhdi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Karachi, Pakistan Sun 14 Sutra 79 |
| Retreat Star | | Gulika 12:36PM – 2:18PM | Mrigashira Until 7:46AM | Ganesha: Blue | <i>Sunrise:</i> 5:47AM | | Vikarin 5121 | |
| Mithuna Rasi: 5.37 | Tithi 30 | Yama 9:11AM – 10:54AM | Vridhdi Until 2:20PM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | | Moon 6 - Phase 11 | |
| | | 332793461 Rahu 4:00PM – 5:42PM | Catuspada Until 1:33PM | Nataraja: Yellow | | | Amavasya | |
| Creative Work | Siddha Yoga | | Amavasya* Until 12:18AM Wed | Moon – Yellow | | Devaloka Day | | |
| Until 7:46AM | | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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|----------------------------------|-------------|--|-----------------------------------|--|------------------------|---------------------|-------------------|--------------------------------------|
| Retreat Star | | Wednesday, July 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Karachi, Pakistan Sun 15 Sutra 80 |
| Mithuna Rasi: 19.55 | Tithi 1 | Gulika 10:54AM – 12:36PM | Punarvasu Until 4:08AM Thu | Ganesha: Red | <i>Sunrise:</i> 5:47AM | | Vikarin 5121 | |
| | | Yama 7:29AM – 9:12AM | Dhruva Until 11:12AM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | | Moon 6 - Phase 11 | |
| | | 333793461 Rahu 12:36PM – 2:18PM | Kintughna Until 11:00AM | Nataraja: Yellow | | | Prathama | |
| Creative Work | Siddha Yoga | | Prathama* Until 9:36PM | Moon – Yellow | | Sivaloka Day | | |
| Until 4:08AM Thu | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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|---------------------------------|-------------|---------------------------------------|---------------------------------------|--|------------------------|---------------------|---|
| 1 | | Thursday, July 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | Karachi, Pakistan Sun 16 Sutra 81 |
| Kataka Rasi: 4.27 | Tithi 2 | Gulika 9:12AM – 10:54AM | Pushya Until 1:58AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:48AM | Vikarin 5121 | |
| | | Yama 5:48AM – 7:30AM | Vyaghata* Until 7:49AM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | Moon 6 - Phase 12 | |
| | | 343793461 Rahu 2:18PM – 4:00PM | Balava Until 8:10AM | Nataraja: Yellow | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Dvitiya Until 6:39PM | Moon – Blue | | Sivaloka Day | |
| Until 1:58AM Fri | | | | Ashada*Ani | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|--------------------|-------------|---|---------------------------------------|--|------------------------|---------------------|---|
| 2 | | Friday, July 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | Karachi, Pakistan Sun 17 Sutra 82 |
| Kataka Rasi: 19.07 | Tithi 3 – 4 | Gulika 7:30AM – 9:12AM | Ashlesha* Until 11:37PM | Ganesha: Yellow | <i>Sunrise:</i> 5:48AM | Vikarin 5121 | |
| | | Yama 4:00PM – 5:43PM | Vajra* Until 12:45AM Sat | Muruqa: Blue | <i>Sunset:</i> 7:25PM | Moon 6 - Phase 12 | |
| | | 343793461 Rahu 10:54AM – 12:36PM | Vanija Until 2:08AM Sat | Nataraja: Yellow | | 3rd Phase | |
| Routine Work | Marana Yoga | | Tritiya Until 3:37PM | Moon – Blue | | Sivaloka Day | |
| | | | | Ashada*Ani | | | |

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|----------------------------------|-------------|--|--|--|------------------------|---------------------------|---|
| 3 | | Saturday, July 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | Karachi, Pakistan Sun 18 Sutra 83 |
| Simha Rasi: 3.49 | Tithi 4 – 5 | Gulika 5:48AM – 7:30AM | Magha* Until 9:37PM | Ganesha: White | <i>Sunrise:</i> 5:48AM | Vikarin 5121 | |
| | | Yama 2:18PM – 4:01PM | Siddhi Until 9:17PM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | Moon 6 - Phase 12 | |
| | | 343793461 Rahu 9:12AM – 10:54AM | Bava Until 11:11PM | Nataraja: Yellow | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Chaturthi* Until 12:37PM | Moon – Red | | Subha Sivaloka Day | |
| Until 9:37PM | | | | Ashada*Ani | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Sunday, July 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | Karachi, Pakistan Sun 19 Sutra 84 |
| Simha Rasi: 18.25 | Tithi 5 – 6 | Gulika 4:01PM – 5:43PM | Purvaphalguni Until 7:40PM | Ganesha: Yellow | <i>Sunrise:</i> 5:49AM | Vikarin 5121 | |
| | | Yama 12:37PM – 2:19PM | Vyatipata* Until 5:59PM | Muruqa: Blue | <i>Sunset:</i> 7:25PM | Moon 6 - Phase 12 | |
| | | 453793461 Rahu 5:43PM – 7:25PM | Kaulava Until 8:27PM | Nataraja: Yellow | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Panchami Until 9:46AM | Moon – Red | | Sivaloka Day | |
| Until 7:40PM | | | | Ashada*Ani | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 5 | | Monday, July 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau | | | Karachi, Pakistan Sun 20 Sutra 85 |
| Kanya Rasi: 2.5 | Tithi 6 – 7 | Gulika 2:19PM – 4:01PM | Uttaraphalguni Until 5:52PM | Ganesha: Yellow | <i>Sunrise:</i> 5:49AM | Vikarin 5121 | |
| Family Home Evening | | Yama 10:55AM – 12:37PM | Variyan Until 2:53PM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 6 - Phase 12 | |
| | | 453793461 Rahu 7:31AM – 9:13AM | Gara Until 6:00PM | Nataraja: Yellow | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 7:10AM | Moon – Red | | Sivaloka Day | |
| | | Chidambaram Abhishekam | | Ashada*Ani | | | |

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| Retreat Star | | Tuesday, July 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau | | | Karachi, Pakistan Sun 21 Sutra 86 |
| Kanya Rasi: 17.03 | Tithi 8 | Gulika 12:37PM – 2:19PM | Hasta Until 4:43PM | Ganesha: White | <i>Sunrise:</i> 5:50AM | Vikarin 5121 | |
| | | Yama 9:13AM – 10:55AM | Parigha* Until 12:06PM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 6 - Phase 12 | |
| | | 463793461 Rahu 4:01PM – 5:42PM | Visti Until 3:54PM | Nataraja: Yellow | | Ashtami | |
| Creative Work | Siddha Yoga | | Ashtami* Until 3:00AM Wed | Moon – Green | | Subha Sivaloka Day | |
| | | | | Ashada*Ani | | | |

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| Retreat Star | | Wednesday, July 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau | | | Karachi, Pakistan Sun 22 Sutra 87 |
| Tula Rasi: 1.01 | Tithi 9 | Gulika 10:55AM – 12:37PM | Chitra Until 3:50PM | Ganesha: Yellow | <i>Sunrise:</i> 5:50AM | Vikarin 5121 | |
| | | Yama 7:32AM – 9:14AM | Shiva Until 9:39AM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 6 - Phase 12 | |
| | | 463893461 Rahu 12:37PM – 2:19PM | Balava Until 2:14PM | Nataraja: Yellow | | Navami | |
| Creative Work | Siddha Yoga | | Navami* Until 1:32AM Thu | Moon – Green | | Sivaloka Day | |
| | | | | Ashada*Ani | | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


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| 1 | | Thursday, July 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau | | | Karachi, Pakistan Sun 23 Sutra 88 |
| Tula Rasi: 14.42 | Tithi 10 | Gulika 9:14AM – 10:55AM | Svati Until 3:15PM | Ganesha: Yellow | <i>Sunrise:</i> 5:50AM | Vikarin 5121 | |
| | | Yama 5:50AM – 7:32AM | Siddha Until 7:32AM | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 6 - Phase 13 | |
| | | 463893461 Rahu 2:19PM – 4:01PM | Taitila Until 1:00PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Amrita Yoga | | Dashami Until 12:32AM Fri | Moon – Green | | Sivaloka Day | |
| Until 3:15PM | | | | Ashada*Ani | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Friday, July 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau | | | Karachi, Pakistan Sun 24 Sutra 89 |
| Tula Rasi: 28.07 | Tithi 11 | Gulika 7:32AM – 9:14AM | Vishakha Until 3:25PM | Ganesha: White | <i>Sunrise:</i> 5:51AM | Vikarin 5121 | |
| | | Yama 4:01PM – 5:42PM | Subha Until 4:28AM Sat | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 6 - Phase 13 | |
| | | 473893461 Rahu 10:56AM – 12:37PM | Vanija Until 12:13PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Ekadashi Until 12:00AM Sat | Moon – Orange | | Devaloka Day | |
| | | | | Ashada*Ani | | | |

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| 3 | | Saturday, July 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau | | | Karachi, Pakistan Sun 25 Sutra 90 |
| Vrischika Rasi: 11.17 | Tithi 12 | Gulika 5:51AM – 7:33AM | Anuradha Until 3:54PM | Ganesha: White | <i>Sunrise:</i> 5:51AM | Vikarin 5121 | |
| | | Yama 2:19PM – 4:01PM | Sukla Until 3:29AM Sun | Muruqa: Blue | <i>Sunset:</i> 7:24PM | Moon 6 - Phase 13 | |
| | | 473893461 Rahu 9:14AM – 10:56AM | Bava Until 11:56AM | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashi Until 11:56PM | Moon – Orange | | Devaloka Day | |
| | | | | Ashada*Ani | | | |

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| 4 | | Sunday, July 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | Karachi, Pakistan Sun 26 Sutra 91 |
| Vrischika Rasi: 24.13 | Tithi 13 | Gulika 4:01PM – 5:42PM | Jyeshtha* Until 4:43PM | Ganesha: White | <i>Sunrise:</i> 5:52AM | Vikarin 5121 | |
| | | Yama 12:38PM – 2:19PM | Brahma Until 2:53AM Mon | Muruqa: Blue | <i>Sunset:</i> 7:23PM | Moon 6 - Phase 13 | |
| | | 473893461 Rahu 5:42PM – 7:23PM | Kaulava Until 12:07PM | Nataraja: Yellow | | 4th Phase | |
| Routine Work | Marana Yoga | | Trayodashi Until 12:22AM Mon | Moon – Orange | | Devaloka Day | |
| Until 4:43PM | | | | Ashada*Ani | | | |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata</i> | | | | |

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| 5 | | Monday, July 15, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau | | | Karachi, Pakistan Sun 27 Sutra 92 |
| Dhanus Rasi: 6.54 | Tithi 14 | Gulika 2:19PM – 4:00PM | Mula* Until 6:18PM | Ganesha: Clear | <i>Sunrise:</i> 5:52AM | Vikarin 5121 | |
| Family Home Evening | | Yama 10:56AM – 12:38PM | Indra Until 2:41AM Tue | Muruqa: Blue | <i>Sunset:</i> 7:23PM | Moon 6 - Phase 13 | |
| | | 483893461 Rahu 7:33AM – 9:15AM | Gara Until 12:47PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 1:16AM Tue | Moon – Light Blue | | Sivaloka Day | |
| Until 6:18PM | | | | Ashada*Ani | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|  | | Tuesday, July 16, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau | | | Karachi, Pakistan Sun 27 Sutra 93 |
| Copper Retreat Star | | Gulika 12:38PM – 2:19PM | Purvashadha* Until 8:10PM | Ganesha: Clear | <i>Sunrise:</i> 5:53AM | Vikarin 5121 | |
| Dhanus Rasi: 19.23 | Tithi 15 | Yama 9:15AM – 10:56AM | Vaidhriti* Until 2:48AM Wed | Muruqa: Blue | <i>Sunset:</i> 7:23PM | Moon 6 - Phase 13 | |
| | | 483893461 Rahu 4:00PM – 5:42PM | Visti Until 1:54PM | Nataraja: Yellow | | Purnima | |
| Creative Work | Siddha Yoga | | Purnima* Until 2:37AM Wed | Moon – Light Blue | | Sivaloka Day | |
| Until 8:10PM | | | | Ashada*Ani | | | |
| Then Routine Work - Prabalarishta Yoga | | Partial Lunar Eclipse Satguru Purnima | | | | | |

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| Wednesday, July 17, 2019 | | Silver Retreat Star | | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | Karachi, Pakistan Sun 28 Sutra 94 |
| Makara Rasi: 1.4 | Tithi 16 | Gulika 10:57AM – 12:38PM | Uttarashadha Until 10:18PM | Ganesha: Purple | <i>Sunrise:</i> 5:53AM | Vikarin 5121 | | |
| | | Yama 7:34AM – 9:15AM | Vishkambha* Until 3:14AM Thu | Muruqa: Blue | <i>Sunset:</i> 7:23PM | Moon 6 - Phase 13 | | |
| | | 484893462 Rahu 12:38PM – 2:19PM | Balava Until 3:28PM | Nataraja: White | | Prathama | | |
| Creative Work | Amrita Yoga | | Prathama* Until 4:23AM Thu | Moon – Light Blue | | Subha Subha Sivaloka Day | | |
| Until 10:18PM | | | | Ashada*Adi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Karachi, Pakistan
Sutra 95

Makara Rasi: 13.47 Tithi 17

Gulika 9:16AM – 10:57AM
Yama 5:53AM – 7:35AM
494893462 **Rahu** 2:19PM – 4:00PM

Shravana Until 1:05AM Fri
Priti Until 3:57AM Fri
Tailila Until 5:24PM
Dvitiya Until 6:28AM Fri

Ganesha: Clear *Sunrise: 5:53AM*
Muruqa: Blue *Sunset: 7:22PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Karachi, Pakistan
Sun 1 Sutra 96

Makara Rasi: 25.46 Tithi 17 – 18

Gulika 7:35AM – 9:16AM
Yama 4:00PM – 5:41PM
494893462 **Rahu** 10:57AM – 12:38PM

Dhanishtha Until 3:57AM Sat
Ayushman Until 4:49AM Sat
Vanija Until 7:37PM
Dvitiya Until 6:28AM

Ganesha: Clear *Sunrise: 5:54AM*
Muruqa: Blue *Sunset: 7:22PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

Until 3:57AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Karachi, Pakistan
Sun 2 Sutra 97

Kumbha Rasi: 7.4 Tithi 18 – 19

Gulika 5:54AM – 7:35AM
Yama 2:19PM – 4:00PM
494893462 **Rahu** 9:16AM – 10:57AM

Shatabhishak Until 6:45AM Sun
Saubhagya Until 5:48AM Sun
Bava Until 10:00PM
Tritiya Until 8:47AM

Ganesha: Clear *Sunrise: 5:54AM*
Muruqa: Blue *Sunset: 7:22PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day
Ashada-Adi

Until 6:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Karachi, Pakistan
Sun 3 Sutra 98

Kumbha Rasi: 19.32 Tithi 19 – 20

Gulika 4:00PM – 5:41PM
Yama 12:38PM – 2:19PM
494893462 **Rahu** 5:41PM – 7:21PM

Shatabhishak Until 6:45AM
Sobhana Until 6:46AM Mon
Kaulava Until 12:25AM Mon
Chaturthi* Until 11:12AM

Ganesha: Clear *Sunrise: 5:55AM*
Muruqa: Blue *Sunset: 7:21PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Karachi, Pakistan
Sun 4 Sutra 99

Meena Rasi: 1.24 Tithi 20 – 21

Gulika 2:19PM – 4:00PM
Yama 10:57AM – 12:38PM
414893462 **Rahu** 7:36AM – 9:17AM

Purvaproshtapada* Until 9:53AM
Sobhana Until 6:46AM
Gara Until 2:42AM Tue
Panchami Until 1:34PM

Ganesha: Clear *Sunrise: 5:55AM*
Muruqa: Blue *Sunset: 7:21PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day
Ashada-Adi

Until 9:53AM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Karachi, Pakistan
Sun 5 Sutra 100

Meena Rasi: 13.19 Tithi 21 – 22

Gulika 12:38PM – 2:19PM
Yama 9:17AM – 10:58AM
414893462 **Rahu** 3:59PM – 5:40PM

Uttaraproshtapada Until 12:40PM
Athiganda* Until 7:35AM
Visti Until 4:42AM Wed
Shashthi* Until 3:44PM

Ganesha: Clear *Sunrise: 5:56AM*
Muruqa: Blue *Sunset: 7:21PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day
Ashada-Adi

Until 12:40PM
Then Creative Work - Siddha Yoga

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Karachi, Pakistan
Sun 6 Sutra 101

Meena Rasi: 25.22 Tithi 22 – 23

Gulika 10:58AM – 12:38PM
Yama 7:37AM – 9:17AM
414893462 **Rahu** 12:38PM – 2:19PM

Revati Until 2:57PM
Sukarma Until 8:11AM
Balava Until 6:16AM Thu
Saptami Until 5:32PM

Ganesha: Clear *Sunrise: 5:56AM*
Muruqa: Blue *Sunset: 7:20PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day
Ashada-Adi

D

Thursday, July 25, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Karachi, Pakistan
Sun 7 Sutra 102

Mesha Rasi: 7.35 Tithi 23

Gulika 9:17AM – 10:58AM
Yama 5:57AM – 7:37AM
424893462 **Rahu** 2:19PM – 3:59PM

Ashvini Until 5:04PM
Dhriti Until 8:26AM
Balava Until 6:16AM
Ashtami* Until 6:48PM

Ganesha: White *Sunrise: 5:57AM*
Muruqa: Blue *Sunset: 7:20PM*
Nataraja: White
Moon – White

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day
Ashada-Adi

Until 5:04PM
Then Creative Work - Siddha Yoga

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Navamyam Titau

Karachi, Pakistan
Sun 8 Sutra 103

Mesha Rasi: 20.05 Tithi 24

Gulika 7:37AM – 9:18AM
Yama 3:59PM – 5:39PM
424893462 **Rahu** 10:58AM – 12:38PM

Bharani Until 6:23PM
Shula* Until 8:10AM
Tailila Until 7:13AM
Navami* Until 7:25PM

Ganesha: White *Sunrise: 5:57AM*
Muruqa: Blue *Sunset: 7:19PM*
Nataraja: White
Moon – White

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day
Ashada-Adi


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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|---------------|--------------------------------|------------------------------|--|------------------------------|------------------------|---------------------------------|--------------------------------------|
| 1 | Saturday, July 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Karachi, Pakistan Sun 9 Sutra 104 |
| | Wrishabha Rasi: 2.54 | Tithi 25 | Gulika 5:58AM – 7:38AM | Krittika Until 6:49PM | Ganesha: White | <i>Sunrise:</i> 5:58AM | Vikarin 5121 |
| | | | Yama 2:18PM – 3:59PM | Ganda* Until 7:22AM | Muruqa: Blue | <i>Sunset:</i> 7:19PM | Moon 7 - Phase 15 |
| | 424893462 | Rahu 9:18AM – 10:58AM | | Vanija Until 7:27AM | Nataraja: White | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dashami Until 7:16PM | Moon – White | | Subha Subha Sivaloka Day | |
| | | | | Ashada-Adi | | | |

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|---------------|------------------------------|-----------------------------|---|----------------------------|------------------------|---------------------------|---------------------------------------|
| 2 | Sunday, July 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau | | | | Karachi, Pakistan Sun 10 Sutra 105 |
| | Wrishabha Rasi: 16.07 | Tithi 26 | Gulika 3:58PM – 5:38PM | Rohini Until 6:47PM | Ganesha: Yellow | <i>Sunrise:</i> 5:58AM | Vikarin 5121 |
| | | | Yama 12:38PM – 2:18PM | Dhruva Until 3:53AM Mon | Muruqa: Blue | <i>Sunset:</i> 7:19PM | Moon 7 - Phase 15 |
| | 434893462 | Rahu 5:38PM – 7:18PM | | Bava Until 6:55AM | Nataraja: White | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 6:20PM | Moon – Yellow | | Subha Sivaloka Day | |
| | | | | Ashada-Adi | | | |

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|----------------------------------|------------------------------|-----------------------------|---|--------------------------------|------------------------|---------------------------|---------------------------------------|
| 3 | Monday, July 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Karachi, Pakistan Sun 11 Sutra 106 |
| | Wrishabha Rasi: 29.46 | Tithi 27 – 28 | Gulika 2:18PM – 3:58PM | Mrigashira Until 5:51PM | Ganesha: Yellow | <i>Sunrise:</i> 5:59AM | Vikarin 5121 |
| | Family Home Evening | | Yama 10:58AM – 12:38PM | Vyaghata* Until 1:14AM Tue | Muruqa: Blue | <i>Sunset:</i> 7:18PM | Moon 7 - Phase 15 |
| | 434893462 | Rahu 7:38AM – 9:18AM | | Gara Until 3:35AM Tue | Nataraja: White | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dvadashi* Until 4:39PM | Moon – Yellow | | Subha Sivaloka Day | |
| Until 5:51PM | | | | Ashada-Adi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
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| 4 | Tuesday, July 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan Sun 12 Sutra 107 |
| | Mithuna Rasi: 13.5 | Tithi 28 – 29 | Gulika 12:38PM – 2:18PM | Ardra Until 4:07PM | Ganesha: White | <i>Sunrise:</i> 5:59AM | Vikarin 5121 |
| | | | Yama 9:19AM – 10:58AM | Harshana Until 10:07PM | Muruqa: Blue | <i>Sunset:</i> 7:17PM | Moon 7 - Phase 15 |
| | 435893462 | Rahu 3:58PM – 5:38PM | | Visti Until 12:57AM Wed | Nataraja: White | | 2nd Phase |
| Routine Work | Marana Yoga | | Trayodashi* Until 2:19PM | Moon – Yellow | | Sivaloka Day | |
| Until 4:07PM | | | | Ashada-Adi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|  | Wednesday, July 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Karachi, Pakistan Sun 13 Sutra 108 |
| | Retreat Star | | Gulika 10:58AM – 12:38PM | Punarvasu Until 2:09PM | Ganesha: Green | <i>Sunrise:</i> 5:59AM | Vikarin 5121 |
| | Mithuna Rasi: 28.19 | Tithi 29 – 30 | Yama 7:39AM – 9:19AM | Vajra* Until 6:33PM | Muruqa: Blue | <i>Sunset:</i> 7:17PM | Moon 7 - Phase 15 |
| | 445893462 | Rahu 12:38PM – 2:18PM | | Catuspada Until 9:52PM | Nataraja: White | | Amavasya |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 11:27AM | Moon – Blue | | Sivaloka Day | |
| | | | | Ashada-Adi | | | |

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| Retreat Star | Thursday, August 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Karachi, Pakistan Sun 14 Sutra 109 |
| | Kataka Rasi: 13.08 | Tithi 30 – 1 | Gulika 9:19AM – 10:59AM | Pushya Until 11:40AM | Ganesha: Green | <i>Sunrise:</i> 6:00AM | Vikarin 5121 |
| | | | Yama 6:00AM – 7:39AM | Siddhi Until 2:43PM | Muruqa: Blue | <i>Sunset:</i> 7:16PM | Moon 7 - Phase 15 |
| | 445893462 | Rahu 2:18PM – 3:57PM | | Kintughna Until 6:28PM | Nataraja: White | | Prathama |
| Creative Work | Amrita Yoga | | Amavasya* Until 8:11AM | Moon – Blue | | Sivaloka Day | |
| Until 11:40AM | | | | Sravana-Adi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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| 1 | | Friday, August 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau | Karachi, Pakistan Sun 15 Sutra 110 Vikarin 5121 |
| Kataka Rasi: 28.08 | Tithi 2 | Gulika 7:40AM – 9:19AM | Ashlesha* Until 8:50AM | Ganesha: Green <i>Sunrise:</i> 6:00AM | |
| | | Yama 3:57PM – 5:36PM | Vyatiyata* Until 10:45AM | Muruqa: Blue <i>Sunset:</i> 7:16PM | Moon 7 - Phase 16 |
| 445893462 | Rahu 10:59AM – 12:38PM | | Balava Until 2:55PM | Nataraja: White | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 1:07AM Sat | Moon – Blue | Sivaloka Day |
| | | | | Sravana-Adi | |

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| 2 | | Saturday, August 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau | Karachi, Pakistan Sun 16 Sutra 111 Vikarin 5121 |
| Simha Rasi: 13.11 | Tithi 3 | Gulika 6:01AM – 7:40AM | Magha* Until 6:13AM | Ganesha: White <i>Sunrise:</i> 6:01AM | |
| | | Yama 2:17PM – 3:56PM | Varyan Until 6:43AM | Muruqa: Blue <i>Sunset:</i> 7:15PM | Moon 7 - Phase 16 |
| 455893462 | Rahu 9:19AM – 10:59AM | | Taitila Until 11:22AM | Nataraja: White | 3rd Phase |
| Creative Work | Amrita Yoga | | Tritiya Until 9:37PM | Moon – Red | Sivaloka Day |
| Until 6:13AM | | | | Sravana-Adi | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 3 | | Sunday, August 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturtham Titau | Karachi, Pakistan Sun 17 Sutra 112 Vikarin 5121 |
| Simha Rasi: 28.09 | Tithi 4 | Gulika 3:56PM – 5:35PM | Uttaraphalguni Until 1:06AM Mon | Ganesha: Yellow <i>Sunrise:</i> 6:01AM | |
| | | Yama 12:38PM – 2:17PM | Shiva Until 11:08PM | Muruqa: Blue <i>Sunset:</i> 7:14PM | Moon 7 - Phase 16 |
| 455993462 | Rahu 5:35PM – 7:14PM | | Vanija Until 7:57AM | Nataraja: White | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 6:20PM | Moon – Red | Subha Sivaloka Day |
| Until 1:06AM Mon | | | | Sravana-Adi | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 4 | | Monday, August 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtham Titau | Karachi, Pakistan Sun 18 Sutra 113 Vikarin 5121 |
| Kanya Rasi: 12.53 | Tithi 5 – 6 | Gulika 2:17PM – 3:56PM | Hasta Until 11:17PM | Ganesha: White <i>Sunrise:</i> 6:02AM | |
| Family Home Evening | | Yama 10:59AM – 12:38PM | Siddha Until 7:45PM | Muruqa: Blue <i>Sunset:</i> 7:14PM | Moon 7 - Phase 16 |
| 465993462 | Rahu 7:41AM – 9:20AM | | Kaulava Until 2:10AM Tue | Nataraja: White | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 3:26PM | Moon – Green | Subha Subha Sivaloka Day |
| Until 11:17PM | | Nag Panchami | | Sravana-Adi | |
| Then Routine Work - Prabalarishta Yoga | | | | | |

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| 5 | | Tuesday, August 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamam Titau | Karachi, Pakistan Sun 19 Sutra 114 Vikarin 5121 |
| Kanya Rasi: 27.19 | Tithi 6 – 7 | Gulika 12:38PM – 2:17PM | Chitra Until 9:52PM | Ganesha: White <i>Sunrise:</i> 6:02AM | |
| | | Yama 9:20AM – 10:59AM | Sadhya Until 4:48PM | Muruqa: Blue <i>Sunset:</i> 7:13PM | Moon 7 - Phase 16 |
| 465993462 | Rahu 3:55PM – 5:34PM | | Gara Until 12:02AM Wed | Nataraja: White | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 1:00PM | Moon – Green | Subha Subha Sivaloka Day |
| | | | | Sravana-Adi | |

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| Retreat Star | | Wednesday, August 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamam Titau | Karachi, Pakistan Sun 20 Sutra 115 Vikarin 5121 |
| Tula Rasi: 11.22 | Tithi 7 – 8 | Gulika 10:59AM – 12:38PM | Svati Until 8:54PM | Ganesha: White <i>Sunrise:</i> 6:03AM | |
| | | Yama 7:41AM – 9:20AM | Subha Until 2:21PM | Muruqa: Blue <i>Sunset:</i> 7:12PM | Moon 7 - Phase 16 |
| 465993462 | Rahu 12:38PM – 2:16PM | | Visti Until 10:30PM | Nataraja: White | Ashtami |
| Creative Work | Siddha Yoga | | Saptami Until 11:10AM | Moon – Green | Subha Subha Sivaloka Day |
| | | | | Sravana-Adi | |

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| Retreat Star | | Thursday, August 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamam Titau | Karachi, Pakistan Sun 21 Sutra 116 Vikarin 5121 |
| Tula Rasi: 25.02 | Tithi 8 – 9 | Gulika 9:20AM – 10:59AM | Vishakha Until 8:54PM | Ganesha: Purple <i>Sunrise:</i> 6:03AM | |
| | | Yama 6:03AM – 7:42AM | Sukla Until 12:25PM | Muruqa: Blue <i>Sunset:</i> 7:12PM | Moon 7 - Phase 16 |
| 476993462 | Rahu 2:16PM – 3:55PM | | Balava Until 9:39PM | Nataraja: White | Navami |
| Creative Work | Siddha Yoga | | Ashtami* Until 9:59AM | Moon – Orange | Sivaloka Day |
| | | | | Sravana-Adi | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

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| 1 | | Friday, August 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | Karachi, Pakistan Sun 22 Sutra 117 Vikarin 5121 |
| Wrischika Rasi: 8.19 | Tithi 9 – 10 | Gulika 7:42AM – 9:20AM | Anuradha Until 9:24PM | Ganesha: Purple <i>Sunrise:</i> 6:04AM | |
| | | Yama 3:54PM – 5:33PM | Brahma Until 11:02AM | Muruqa: Blue <i>Sunset:</i> 7:11PM | Moon 7 - Phase 17 |
| | | 486993462 Rahu 10:59AM – 12:37PM | Taitila Until 9:28PM | Nataraja: White | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 9:28AM | Moon – Orange | Sivaloka Day |
| Until 9:24PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |

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| 2 | | Saturday, August 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau | Karachi, Pakistan Sun 23 Sutra 118 Vikarin 5121 |
| Wrischika Rasi: 21.15 | Tithi 10 – 11 | Gulika 6:04AM – 7:42AM | Jyeshtha* Until 10:22PM | Ganesha: Purple <i>Sunrise:</i> 6:04AM | |
| | | Yama 2:15PM – 3:54PM | Indra Until 10:10AM | Muruqa: Blue <i>Sunset:</i> 7:10PM | Moon 7 - Phase 17 |
| | | 486993462 Rahu 9:21AM – 10:59AM | Vanija Until 9:55PM | Nataraja: White | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 9:36AM | Moon – Orange | Sivaloka Day |
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| 3 | | Sunday, August 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Karachi, Pakistan Sun 24 Sutra 119 Vikarin 5121 |
| Dhanus Rasi: 3.53 | Tithi 11 – 12 | Gulika 3:53PM – 5:31PM | Mula* Until 12:12AM Mon | Ganesha: Clear <i>Sunrise:</i> 6:04AM | |
| | | Yama 12:37PM – 2:15PM | Vaidhriti* Until 9:45AM | Muruqa: Blue <i>Sunset:</i> 7:10PM | Moon 7 - Phase 17 |
| | | 486993462 Rahu 5:31PM – 7:10PM | Bava Until 10:56PM | Nataraja: White | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 10:20AM | Moon – Light Blue | Subha Sivaloka Day |
| Until 12:12AM Mon | | | | | |
| Then Routine Work - Marana Yoga | | | | | |

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| 4 | | Monday, August 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Karachi, Pakistan Sun 25 Sutra 120 Vikarin 5121 |
| Dhanus Rasi: 16.18 | Tithi 12 – 13 | Gulika 2:15PM – 3:53PM | Purvashadha* Until 2:20AM Tue | Ganesha: Clear <i>Sunrise:</i> 6:05AM | |
| Family Home Evening | | Yama 10:59AM – 12:37PM | Vishkambha* Until 9:46AM | Muruqa: Blue <i>Sunset:</i> 7:09PM | Moon 7 - Phase 17 |
| Routine Work | Marana Yoga | 486993462 Rahu 7:43AM – 9:21AM | Kaulava Until 12:25AM Tue | Nataraja: White | 4th Phase |
| Until 2:20AM Tue | | | Dvadashi Until 11:36AM | Moon – Light Blue | Subha Sivaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | | Sravana*Adi | |
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| 5 | | Tuesday, August 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Karachi, Pakistan Sun 26 Sutra 121 Vikarin 5121 |
| Dhanus Rasi: 28.31 | Tithi 13 – 14 | Gulika 12:37PM – 2:14PM | Uttarashadha Until 4:38AM Wed | Ganesha: Clear <i>Sunrise:</i> 6:05AM | |
| | | Yama 9:21AM – 10:59AM | Priti Until 10:07AM | Muruqa: Blue <i>Sunset:</i> 7:08PM | Moon 7 - Phase 17 |
| | | 486993462 Rahu 3:52PM – 5:30PM | Gara Until 2:16AM Wed | Nataraja: White | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Trayodashi Until 1:17PM | Moon – Light Blue | Subha Sivaloka Day |
| Until 4:38AM Wed | | | | Sravana*Adi | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 6 | | Wednesday, August 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Karachi, Pakistan Sun 27 Sutra 122 Vikarin 5121 |
| Makara Rasi: 10.35 | Tithi 14 – 15 | Gulika 10:59AM – 12:36PM | Shravana Until 7:33AM Thu | Ganesha: White <i>Sunrise:</i> 6:06AM | |
| | | Yama 7:43AM – 9:21AM | Ayushman Until 10:42AM | Muruqa: Blue <i>Sunset:</i> 7:07PM | Moon 7 - Phase 17 |
| | | 496993462 Rahu 12:36PM – 2:14PM | Visti Until 4:25AM Thu | Nataraja: White | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 3:18PM | Moon – Purple | Sivaloka Day |
| | | | | Sravana*Adi | |
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| ○ | | Thursday, August 15, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Karachi, Pakistan Sutra 123 Vikarin 5121 |
| Copper Retreat Star | | Gulika 9:21AM – 10:59AM | Shravana Until 7:33AM | Ganesha: Yellow <i>Sunrise:</i> 6:06AM | |
| Makara Rasi: 22.33 | Tithi 15 – 16 | Yama 6:06AM – 7:44AM | Saubhagya Until 11:29AM | Muruqa: Blue <i>Sunset:</i> 7:06PM | Moon 7 - Phase 17 |
| | | 497993462 Rahu 2:14PM – 3:51PM | Balava Until 6:44AM Fri | Nataraja: White | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 5:32PM | Moon – Purple | Subha Sivaloka Day |
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| ○ | | Friday, August 16, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau | Karachi, Pakistan Sutra 124 Vikarin 5121 |
| Silver Retreat Star | | Gulika 7:44AM – 9:21AM | Dhanishtha Until 10:27AM | Ganesha: Yellow <i>Sunrise:</i> 6:07AM | |
| Kumbha Rasi: 4.27 | Tithi 16 | Yama 3:51PM – 5:28PM | Sobhana Until 12:24PM | Muruqa: Blue <i>Sunset:</i> 7:06PM | Moon 7 - Phase 17 |
| | | 497993462 Rahu 10:59AM – 12:36PM | Balava Until 6:44AM | Nataraja: White | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 7:55PM | Moon – Purple | Subha Sivaloka Day |
| | | | | Sravana*Adi | |
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Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Saturday, August 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Karachi, Pakistan

Sun 1 Sutra 125

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 16.19 Tithi 17

497993462 Rahu 9:21AM - 10:59AM

Gulika 6:07AM - 7:44AM

Yama 2:13PM - 3:50PM

Shatabhishak Until 1:16PM

Athiganda* Until 1:21PM

Taitila Until 9:10AM

Dvitiya Until 10:21PM

Ganesha: Yellow

Muruqa: Blue

Nataraja: White

Moon - Purple

Sravana-Avani

Sunrise: 6:07AM

Sunset: 7:05PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 1:16PM

Then Routine Work - Marana Yoga

Sunday, August 18, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Triliyayam Titau

Karachi, Pakistan

Sun 2 Sutra 126

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 28.1 Tithi 18

517993462 Rahu 5:27PM - 7:04PM

Gulika 3:50PM - 5:27PM

Yama 12:36PM - 2:13PM

Purvaproshtapada* Until 4:25PM

Sukarma Until 2:18PM

Vanija Until 11:35AM

Tritiya Until 12:45AM Mon

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:07AM

Sunset: 7:04PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:25PM

Then Creative Work - Amrita Yoga

Monday, August 19, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Karachi, Pakistan

Sun 3 Sutra 127

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 10.04 Tithi 19

517993462 Rahu 7:45AM - 9:22AM

Gulika 2:12PM - 3:49PM

Yama 10:59AM - 12:35PM

Uttaraproshtapada Until 7:16PM

Dhriti Until 3:12PM

Bava Until 1:55PM

Chaturthi* Until 3:00AM Tue

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:08AM

Sunset: 7:03PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:00AM Tue

Then Creative Work - Amrita Yoga

Tuesday, August 20, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Karachi, Pakistan

Sun 4 Sutra 128

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 22 Tithi 20

517993462 Rahu 3:49PM - 5:25PM

Gulika 12:35PM - 2:12PM

Yama 9:22AM - 10:58AM

Revati Until 9:46PM

Shula* Until 3:54PM

Kaulava Until 4:03PM

Panchami Until 4:59AM Wed

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:08AM

Sunset: 7:02PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:59AM Wed

Then Creative Work - Amrita Yoga

Wednesday, August 21, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Karachi, Pakistan

Sun 5 Sutra 129

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 4.04 Tithi 21

527993462 Rahu 12:35PM - 2:12PM

Gulika 10:58AM - 12:35PM

Yama 7:45AM - 9:22AM

Ashvini Until 12:14AM Thu

Ganda* Until 4:22PM

Gara Until 5:52PM

Shashthi* Until 6:35AM Thu

Ganesha: Clear

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 6:09AM

Sunset: 7:01PM

Subha Sivaloka Day

Routine Work Marana Yoga

Until 12:14AM Thu

Then Creative Work - Siddha Yoga

Thursday, August 22, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Karachi, Pakistan

Sun 6 Sutra 130

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 16.16 Tithi 21 - 22

528993462 Rahu 2:11PM - 3:48PM

Gulika 9:22AM - 10:58AM

Yama 6:09AM - 7:45AM

Bharani Until 2:04AM Fri

Vridhhi Until 4:30PM

Visti Until 7:13PM

Shashthi* Until 6:35AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 6:09AM

Sunset: 7:00PM

Sivaloka Day

Creative Work Siddha Yoga

Until 6:35AM

Then Creative Work - Amrita Yoga

Friday, August 23, 2019

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Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Karachi, Pakistan

Sun 7 Sutra 131

Vikarin 5121

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 28.43 Tithi 22 - 23

528993462 Rahu 10:58AM - 12:34PM

Gulika 7:46AM - 9:22AM

Yama 3:47PM - 5:23PM

Krittika Until 3:07AM Sat

Dhruva Until 4:09PM

Balava Until 7:58PM

Saptami Until 7:39AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 6:09AM

Sunset: 6:59PM

Sivaloka Day

Creative Work Siddha Yoga

Until 3:07AM Sat

Then Creative Work - Amrita Yoga

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Karachi, Pakistan

Sun 8 Sutra 132

Vikarin 5121

Moon 8 - Phase 18

Navami

Vrishabha Rasi: 11.27 Tithi 23 - 24

538993462 Rahu 9:22AM - 10:58AM

Gulika 6:10AM - 7:46AM

Yama 2:10PM - 3:46PM

Rohini Until 3:45AM Sun

Vyaghata* Until 3:16PM

Taitila Until 8:00PM

Ashtami* Until 8:03AM

Ganesha: Clear

Muruqa: Blue

Nataraja: White

Moon - Yellow

Sravana-Avani

Sunrise: 6:10AM

Sunset: 6:59PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 3:45AM Sun

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


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|----------|-------------------------------------|-----------|--|--|--|-----------------------------------|--|
| 1 | Sunday, August 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Karachi, Pakistan Sun 9 Sutra 133 Vikarin 5121 |
| | Vrishabha Rasi: 24.34 Tithi 24 – 25 | 538993462 | Gulika 3:46PM – 5:22PM Yama 12:34PM – 2:10PM Rahu 5:22PM – 6:58PM | Mrigashira Until 3:27AM Mon Harshana Until 1:46PM Vanija Until 7:14PM Navami* Until 7:42AM | Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow | Sunrise: 6:10AM Sunset: 6:58PM | Moon 8 - Phase 19 2nd Phase |
| | Creative Work Siddha Yoga | | Subha Sivaloka Day | | | | |
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|----------|----------------------------------|-----------|--|--|--|-----------------------------------|---|
| 2 | Monday, August 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 10 Sutra 134 Vikarin 5121 |
| | Mithuna Rasi: 8.07 Tithi 25 – 26 | 538993462 | Gulika 2:09PM – 3:45PM Yama 10:58AM – 12:34PM Rahu 7:46AM – 9:22AM | Ardra Until 2:15AM Tue Vajra* Until 11:37AM Balava Until 4:38AM Tue Dashami Until 6:33AM | Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow | Sunrise: 6:11AM Sunset: 6:57PM | Moon 8 - Phase 19 2nd Phase |
| | Creative Work Siddha Yoga | | Subha Sivaloka Day | | | | |
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|----------|---------------------------------|-----------|---|---|---|-----------------------------------|---|
| 3 | Tuesday, August 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Karachi, Pakistan Sun 11 Sutra 135 Vikarin 5121 |
| | Mithuna Rasi: 22.07 Tithi 27 | 548993462 | Gulika 12:33PM – 2:09PM Yama 9:22AM – 10:58AM Rahu 3:45PM – 5:20PM | Punarvasu Until 12:39AM Wed Siddhi Until 8:52AM Kaulava Until 3:26PM Dvadashi* Until 2:03AM Wed | Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Blue | Sunrise: 6:11AM Sunset: 6:56PM | Moon 8 - Phase 19 2nd Phase |
| | Creative Work Siddha Yoga | | Sivaloka Day | | | | |
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|----------|-----------------------------------|-----------|--|--|---|-----------------------------------|---|
| 4 | Wednesday, August 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Karachi, Pakistan Sun 12 Sutra 136 Vikarin 5121 |
| | Kataka Rasi: 6.35 Tithi 28 | 549993463 | Gulika 10:58AM – 12:33PM Yama 7:47AM – 9:22AM Rahu 12:33PM – 2:08PM | Pushya Until 10:20PM Variyan Until 1:51AM Thu Gara Until 12:34PM Trayodashi* Until 10:55PM | Ganesha: Light Blue Muruqa: Blue Nataraja: Clear Moon – Blue | Sunrise: 6:11AM Sunset: 6:55PM | Moon 8 - Phase 19 2nd Phase |
| | Creative Work Siddha Yoga | | Devaloka Day | | | | |
| | <i>Pradosha Vrata (Fasting)</i> | | | | | | |

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|----------|---|-----------|---|---|---|-----------------------------------|---|
| 5 | Thursday, August 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Karachi, Pakistan Sun 13 Sutra 137 Vikarin 5121 |
| | Kataka Rasi: 21.26 Tithi 29 | 549193463 | Gulika 9:22AM – 10:57AM Yama 6:12AM – 7:47AM Rahu 2:08PM – 3:43PM | Ashlesha* Until 7:29PM Parigha* Until 9:49PM Visti Until 9:12AM Chaturdashi* Until 7:23PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue | Sunrise: 6:12AM Sunset: 6:54PM | Moon 8 - Phase 19 2nd Phase |
| | Creative Work Siddha Yoga Until 7:29PM Then Creative Work - Amrita Yoga | | Sivaloka Day | | | | |
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|  | Friday, August 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Karachi, Pakistan Sun 14 Sutra 138 Vikarin 5121 | | |
| | Retreat Star | | Simha Rasi: 6.34 Tithi 30 – 1 | 559193463 | Gulika 7:47AM – 9:22AM Yama 3:43PM – 5:18PM Rahu 10:57AM – 12:32PM | Magha* Until 4:39PM Shiva Until 5:36PM Kintughna Until 1:41AM Sat Amavasya* Until 3:36PM | Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red | Sunrise: 6:12AM Sunset: 6:53PM | Moon 8 - Phase 19 Amavasya |
| | Routine Work Marana Yoga Until 4:39PM Then Creative Work - Siddha Yoga | | Sivaloka Day | | | | | | |
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| 6 | Saturday, August 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Karachi, Pakistan Sun 15 Sutra 139 Vikarin 5121 | | |
| | Retreat Star | | Simha Rasi: 21.49 Tithi 1 – 2 | 559193463 | Gulika 6:12AM – 7:47AM Yama 2:07PM – 3:42PM Rahu 9:22AM – 10:57AM | Purvaphalguni Until 1:37PM Siddha Until 1:18PM Balava Until 9:52PM Prathama* Until 11:45AM | Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red | Sunrise: 6:12AM Sunset: 6:52PM | Moon 8 - Phase 19 Prathama |
| | Creative Work Siddha Yoga Until 1:37PM Then Routine Work - Marana Yoga | | Sivaloka Day | | | | | | |
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As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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|----------|----------------------------------|-------------|---|-------------------------------------|------------------------|------------------------|---------------------------------------|
| 1 | Sunday, September 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau | | | | Karachi, Pakistan Sun 16 Sutra 140 |
| | Kanya Rasi: 7.01 | Tithi 2 - 3 | Gulika 3:41PM - 5:16PM | Uttaraphalguni Until 10:35AM | Ganesha: Clear | <i>Sunrise:</i> 6:13AM | Vikarin 5121 |
| | | | Yama 12:32PM - 2:07PM | Sadhya Until 9:07AM | Muruqa: Blue | <i>Sunset:</i> 6:51PM | Moon 8 - Phase 20 |
| | Creative Work Amrita Yoga | 559193463 | Rahu 5:16PM - 6:51PM | Taitila Until 6:14PM | Nataraja: Clear | | 3rd Phase |
| | | | Dvitiya Until 8:00AM | Bhadrapada-Avani | Sivaloka Day | | |

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|--|----------------------------------|-----------|---|------------------------------------|-------------------------|------------------------|---------------------------------------|
| 2 | Monday, September 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau | | | | Karachi, Pakistan Sun 17 Sutra 141 |
| | Kanya Rasi: 22.02 | Tithi 4 | Gulika 2:06PM - 3:41PM | Hasta Until 8:06AM | Ganesha: Orange | <i>Sunrise:</i> 6:13AM | Vikarin 5121 |
| | Family Home Evening | | Yama 10:57AM - 12:32PM | Sukla Until 1:35AM Tue | Muruqa: Blue | <i>Sunset:</i> 6:50PM | Moon 8 - Phase 20 |
| | Creative Work Siddha Yoga | 569193463 | Rahu 7:48AM - 9:22AM | Vanija Until 2:57PM | Nataraja: Clear | | 3rd Phase |
| | | | Ganesha Chaturthi | Chaturthi* Until 1:28AM Tue | Bhadrapada-Avani | Sivaloka Day | |
| Until 8:06AM Then Routine Work - Prabararishta Yoga | | | | | | | |

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|----------|-----------------------------------|-----------|--|-------------------------------|------------------------|------------------------|---------------------------------------|
| 3 | Tuesday, September 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau | | | | Karachi, Pakistan Sun 18 Sutra 142 |
| | Tula Rasi: 6.41 | Tithi 5 | Gulika 12:31PM - 2:06PM | Svati Until 4:15AM Wed | Ganesha: Orange | <i>Sunrise:</i> 6:14AM | Vikarin 5121 |
| | | | Yama 9:22AM - 10:57AM | Brahma Until 10:28PM | Muruqa: Blue | <i>Sunset:</i> 6:49PM | Moon 8 - Phase 20 |
| | Creative Work Siddha Yoga | 569193463 | Rahu 3:40PM - 5:14PM | Bava Until 12:10PM | Nataraja: Clear | | 3rd Phase |
| | | | Panchami Until 11:00PM | Bhadrapada-Avani | Sivaloka Day | | |

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|----------|-------------------------------------|-----------|---|----------------------------------|---------------------------|------------------------|---------------------------------------|
| 4 | Wednesday, September 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthiyam Titau | | | | Karachi, Pakistan Sun 19 Sutra 143 |
| | Tula Rasi: 20.56 | Tithi 6 | Gulika 10:57AM - 12:31PM | Vishakha Until 3:35AM Thu | Ganesha: Green | <i>Sunrise:</i> 6:14AM | Vikarin 5121 |
| | | | Yama 7:48AM - 9:22AM | Indra Until 7:57PM | Muruqa: Blue | <i>Sunset:</i> 6:48PM | Moon 8 - Phase 20 |
| | Creative Work Siddha Yoga | 579193463 | Rahu 12:31PM - 2:05PM | Kaulava Until 10:02AM | Nataraja: Clear | | 3rd Phase |
| | | | Shashthi* Until 9:14PM | Bhadrapada-Avani | Subha Sivaloka Day | | |

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| 5 | Thursday, September 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau | | | | Karachi, Pakistan Sun 20 Sutra 144 |
| | Vrischika Rasi: 4.41 | Tithi 7 | Gulika 9:22AM - 10:56AM | Anuradha Until 3:35AM Fri | Ganesha: Orange | <i>Sunrise:</i> 6:14AM | Vikarin 5121 |
| | | | Yama 6:14AM - 7:48AM | Vaidhriti* Until 6:04PM | Muruqa: Blue | <i>Sunset:</i> 6:47PM | Moon 8 - Phase 20 |
| | Creative Work Siddha Yoga | 571193463 | Rahu 2:05PM - 3:39PM | Gara Until 8:41AM | Nataraja: Clear | | 3rd Phase |
| | | | Saptami Until 8:17PM | Bhadrapada-Avani | Sivaloka Day | | |
| Until 3:35AM Fri Then Routine Work - Marana Yoga | | | | | | | |

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| 6 | Friday, September 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Karachi, Pakistan Sun 21 Sutra 145 |
| | Retreat Star | | Gulika 7:49AM - 9:22AM | Jyeshtha* Until 4:13AM Sat | Ganesha: Orange | <i>Sunrise:</i> 6:15AM | Vikarin 5121 |
| | Vrischika Rasi: 17.58 | Tithi 8 | Yama 3:38PM - 5:12PM | Vishkambha* Until 4:50PM | Muruqa: Blue | <i>Sunset:</i> 6:46PM | Moon 8 - Phase 20 |
| | | | 571193463 Rahu 10:56AM - 12:30PM | Visti Until 8:08AM | Nataraja: Clear | | Ashtami |
| | | | Ashtami* Until 8:10PM | Bhadrapada-Avani | Sivaloka Day | | |
| Routine Work Marana Yoga Until 4:13AM Sat Then Creative Work - Siddha Yoga | | | | | | | |

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| 7 | Saturday, September 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau | | | | Karachi, Pakistan Sun 22 Sutra 146 |
| | Retreat Star | | Gulika 6:15AM - 7:49AM | Mula* Until 5:56AM Sun | Ganesha: Green | <i>Sunrise:</i> 6:15AM | Vikarin 5121 |
| | Dhanus Rasi: 0.5 | Tithi 9 | Yama 2:04PM - 3:37PM | Priti Until 4:15PM | Muruqa: Blue | <i>Sunset:</i> 6:45PM | Moon 8 - Phase 20 |
| | | | 581193463 Rahu 9:22AM - 10:56AM | Balava Until 8:25AM | Nataraja: Clear | | Navami |
| | | | Navami* Until 8:49PM | Bhadrapada-Avani | Devaloka Day | | |
| Creative Work Siddha Yoga | | | | | | | |


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|----------|----------------------------------|-------------|---|--------------------------------------|--|---------------------|---------------------------------------|
| 1 | Sunday, September 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau | | | | Karachi, Pakistan Sun 23 Sutra 147 |
| | Dhanus Rasi: 13.22 | Tithi 10 | Gulika 3:37PM – 5:10PM | Purvashadha* Until 8:05AM Mon | Ganesha: Green <i>Sunrise:</i> 6:15AM | | Vikarin 5121 |
| | | 581193463 | Yama 12:30PM – 2:03PM | Ayushman Until 4:11PM | Muruqa: Blue <i>Sunset:</i> 6:44PM | | Moon 8 - Phase 21 |
| | | | Rahu 5:10PM – 6:44PM | Taitila Until 9:27AM | Nataraja: Clear | | 4th Phase |
| | Creative Work | Siddha Yoga | | | Moon – Light Blue | Devaloka Day | |
| | Until 8:05AM Mon | | Grandparent's Day | Dashami Until 10:10PM | Bhadrapada-Avani | | |
| | Then Routine Work - Marana Yoga | | | | | | |

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| 2 | Monday, September 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Karachi, Pakistan Sun 24 Sutra 148 |
| | Dhanus Rasi: 25.36 | Tithi 11 | Gulika 2:03PM – 3:36PM | Purvashadha* Until 8:05AM | Ganesha: Green <i>Sunrise:</i> 6:16AM | | Vikarin 5121 |
| | Family Home Evening | 581193463 | Yama 10:56AM – 12:29PM | Saubhagya Until 4:34PM | Muruqa: Blue <i>Sunset:</i> 6:43PM | | Moon 8 - Phase 21 |
| | | | Rahu 7:49AM – 9:22AM | Vanija Until 11:05AM | Nataraja: Clear | | 4th Phase |
| | Routine Work | Marana Yoga | | | Moon – Light Blue | Devaloka Day | |
| | | | | Ekadashi Until 12:03AM Tue | Bhadrapada-Avani | | |

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|----------|------------------------------------|--------------------|--|-----------------------------------|--|---------------------|---------------------------------------|
| 3 | Tuesday, September 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau | | | | Karachi, Pakistan Sun 25 Sutra 149 |
| | Makara Rasi: 7.4 | Tithi 12 | Gulika 12:29PM – 2:02PM | Uttarashadha Until 10:30AM | Ganesha: Green <i>Sunrise:</i> 6:16AM | | Vikarin 5121 |
| | | 581193463 | Yama 9:22AM – 10:56AM | Sobhana Until 5:16PM | Muruqa: Blue <i>Sunset:</i> 6:42PM | | Moon 8 - Phase 21 |
| | | | Rahu 3:35PM – 5:08PM | Bava Until 1:09PM | Nataraja: Clear | | 4th Phase |
| | Routine Work | Prabalarishta Yoga | | | Moon – Light Blue | Devaloka Day | |
| | Until 10:30AM | | | Dvadashi Until 2:16AM Wed | Bhadrapada-Avani | | |
| | Then Creative Work - Siddha Yoga | | | | | | |

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|----------|--|-------------|--|------------------------------------|--|---------------------|---------------------------------------|
| 4 | Wednesday, September 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Karachi, Pakistan Sun 26 Sutra 150 |
| | Makara Rasi: 19.35 | Tithi 13 | Gulika 10:55AM – 12:28PM | Shravana Until 1:32PM | Ganesha: Red <i>Sunrise:</i> 6:16AM | | Vikarin 5121 |
| | | 591193463 | Yama 7:49AM – 9:22AM | Athiganda* Until 6:07PM | Muruqa: Blue <i>Sunset:</i> 6:41PM | | Moon 8 - Phase 21 |
| | | | Rahu 12:28PM – 2:02PM | Kaulava Until 3:29PM | Nataraja: Clear | | 4th Phase |
| | Creative Work | Siddha Yoga | | | Moon – Purple | Sivaloka Day | |
| | Until 1:32PM | | Avani Avittam | Trayodashi Until 4:41AM Thu | Bhadrapada-Avani | | |
| | Then Routine Work - Prabalarishta Yoga | | | <i>Pradosha Vrata</i> | | | |

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|----------|-------------------------------------|-------------|---|--------------------------------------|--|---------------------|---------------------------------------|
| 5 | Thursday, September 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Karachi, Pakistan Sun 27 Sutra 151 |
| | Kumbha Rasi: 1.28 | Tithi 14 | Gulika 9:22AM – 10:55AM | Dhanishtha Until 4:31PM | Ganesha: Red <i>Sunrise:</i> 6:17AM | | Vikarin 5121 |
| | | 591193463 | Yama 6:17AM – 7:50AM | Sukarma Until 7:04PM | Muruqa: Blue <i>Sunset:</i> 6:40PM | | Moon 8 - Phase 21 |
| | | | Rahu 2:01PM – 3:34PM | Gara Until 5:57PM | Nataraja: Clear | | 4th Phase |
| | Creative Work | Siddha Yoga | | | Moon – Purple | Sivaloka Day | |
| | | | | Chaturdashi* Until 7:09AM Fri | Bhadrapada-Avani | | |

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|---|-----------------------------------|---------------|---|----------------------------------|---|---------------------|--------------------------------|
|  | Friday, September 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Karachi, Pakistan Sutra 152 |
| | Copper Retreat Star | | Gulika 7:50AM – 9:22AM | Shatabhishak Until 7:20PM | Ganesha: Red <i>Sunrise:</i> 6:17AM | | Vikarin 5121 |
| | Kumbha Rasi: 13.19 | Tithi 14 – 15 | Yama 3:33PM – 5:06PM | Dhriti Until 8:01PM | Muruqa: Purple <i>Sunset:</i> 6:38PM | | Moon 8 - Phase 21 |
| | | 591113463 | Rahu 10:55AM – 12:28PM | Visti Until 8:24PM | Nataraja: Clear | | Purnima |
| | Creative Work | Siddha Yoga | | | Moon – Purple | Sivaloka Day | |
| | | | Chidambaram Abhishekam | Chaturdashi* Until 7:09AM | Bhadrapada-Avani | | |

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|----------------------------|-------------------------------------|---------------|---|--|---|---------------------|--------------------------------|
| Silver Retreat Star | Saturday, September 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Karachi, Pakistan Sutra 153 |
| | Silver Retreat Star | | Gulika 6:17AM – 7:50AM | Purvaproshtapada* Until 10:25PM | Ganesha: Red <i>Sunrise:</i> 6:17AM | | Vikarin 5121 |
| | Kumbha Rasi: 25.11 | Tithi 15 – 16 | Yama 2:00PM – 3:32PM | Shula* Until 8:53PM | Muruqa: Purple <i>Sunset:</i> 6:37PM | | Moon 8 - Phase 21 |
| | | 511113463 | Rahu 9:22AM – 10:55AM | Balava Until 10:48PM | Nataraja: Clear | | Prathama |
| | Routine Work | Marana Yoga | | | Moon – Clear | Sivaloka Day | |
| | Until 10:25PM | | | Purnima* Until 9:36AM | Bhadrapada-Avani | | |
| | Then Creative Work - Siddha Yoga | | | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Karachi, Pakistan

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 7.05 Tithi 16 - 17

Gulika 3:32PM - 5:04PM
Yama 12:27PM - 1:59PM
Rahu 5:04PM - 6:36PM

Uttaraproshtapada Until 1:13AM Mon
Ganda* Until 9:40PM
Taitila Until 1:03AM Mon

Ganesha: Yellow *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 6:36PM
Nataraja: Clear
Moon - Clear

Creative Work Amrita Yoga
Until 1:13AM Mon
Then Creative Work - Siddha Yoga

Prathama* Until 11:55AM

Bhadrapada*Avani

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Karachi, Pakistan

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 19.03 Tithi 17 - 18

Gulika 1:59PM - 3:31PM
Yama 10:55AM - 12:27PM
Rahu 7:50AM - 9:22AM

Revati Until 3:39AM Tue
Vriddhi Until 10:20PM
Vanija Until 3:06AM Tue

Ganesha: Yellow *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 6:35PM
Nataraja: Clear
Moon - Clear

Family Home Evening
Creative Work Siddha Yoga

Dvitiya Until 2:05PM

Bhadrapada*Avani

Sivaloka Day

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Karachi, Pakistan

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 1.05 Tithi 18 - 19

Gulika 12:26PM - 1:58PM
Yama 9:22AM - 10:54AM
Rahu 3:30PM - 5:02PM

Ashvini Until 6:11AM Wed
Dhruva Until 10:46PM
Bava Until 4:55AM Wed

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 6:34PM
Nataraja: Clear
Moon - White

Creative Work Siddha Yoga

Tritiya Until 4:02PM

Bhadrapada*Puratasi

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Karachi, Pakistan

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 13.14 Tithi 19 - 20

Gulika 10:54AM - 12:26PM
Yama 7:51AM - 9:22AM
Rahu 12:26PM - 1:58PM

Ashvini Until 6:11AM
Vyaghata* Until 10:59PM
Kaulava Until 6:23AM Thu

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 6:33PM
Nataraja: Clear
Moon - White

Routine Work Marana Yoga

Chaturthi* Until 5:41PM

Bhadrapada*Puratasi

Devaloka Day

Until 6:11AM
Then Creative Work - Siddha Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Karachi, Pakistan

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 25.31 Tithi 20

Gulika 9:22AM - 10:54AM
Yama 6:19AM - 7:51AM
Rahu 1:57PM - 3:29PM

Bharani Until 8:13AM
Harshana Until 10:55PM
Kaulava Until 6:23AM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 6:32PM
Nataraja: Clear
Moon - White

Creative Work Siddha Yoga

Panchami Until 6:57PM

Bhadrapada*Puratasi

Devaloka Day

Until 8:13AM
Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtyam Titau

Karachi, Pakistan

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 7.59 Tithi 21

Gulika 7:51AM - 9:22AM
Yama 3:28PM - 5:00PM
Rahu 10:54AM - 12:25PM

Krittika Until 9:39AM
Vajra* Until 10:24PM
Gara Until 7:26AM

Ganesha: White *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 6:31PM
Nataraja: Clear
Moon - White

Creative Work Siddha Yoga

Shashthi* Until 7:44PM

Bhadrapada*Puratasi

Devaloka Day

Until 9:39AM
Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Karachi, Pakistan

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 20.42 Tithi 22

Gulika 6:20AM - 7:51AM
Yama 1:56PM - 3:27PM
Rahu 9:22AM - 10:54AM

Rohini Until 10:52AM
Siddhi Until 9:26PM
Visti Until 7:55AM

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 6:30PM
Nataraja: Clear
Moon - Yellow

Creative Work Amrita Yoga

Saptami Until 7:54PM

Bhadrapada*Puratasi

Sivaloka Day

Until 10:52AM
Then Creative Work - Siddha Yoga

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Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Karachi, Pakistan

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 3.44 Tithi 23

Gulika 3:27PM - 4:58PM
Yama 12:25PM - 1:56PM
Rahu 4:58PM - 6:29PM

Mrigashira Until 11:17AM
Vyatipata* Until 7:55PM
Balava Until 7:45AM

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 6:29PM
Nataraja: Clear
Moon - Yellow

Creative Work Siddha Yoga

Ashtami* Until 7:23PM

Bhadrapada*Puratasi

Sivaloka Day

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Karachi, Pakistan

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 17.09 Tithi 24

Gulika 1:55PM - 3:26PM
Yama 10:53AM - 12:24PM
Rahu 7:52AM - 9:22AM

Ardra Until 10:50AM
Variyan Until 5:48PM
Taitila Until 6:52AM

Ganesha: Orange *Sunrise:* 6:21AM
Muruqa: Purple *Sunset:* 6:28PM
Nataraja: Clear
Moon - Yellow

Family Home Evening
Creative Work Siddha Yoga

Navami* Until 6:08PM

Bhadrapada*Puratasi

Sivaloka Day

Until 10:50AM
Then Creative Work - Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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|---|------------------------------------|---------------|--|----------------------------|---|---|--|
| 1 | Tuesday, September 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visiti/Bava Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 9 Sutra 163 |
| | Kataka Rasi: 0.59 | Tithi 25 – 26 | 542213463 | Gulika 12:24PM – 1:55PM | Punarvasu Until 9:59AM | Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Blue | Vikarin 5121 Moon 9 - Phase 23 2nd Phase |
| | | | | Yama 9:22AM – 10:53AM | Parigha* Until 3:08PM | Sunrise: 6:21AM Sunset: 6:27PM | |
| | Creative Work Siddha Yoga | | | Rahu 3:25PM – 4:56PM | Bava Until 2:59AM Wed Dashami Until 4:11PM | Devaloka Day Bhadrapada•Puratasi | |

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|---|--------------------------------------|---------------|---|-----------------------------|---|---|--|
| 2 | Wednesday, September 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Karachi, Pakistan Sun 10 Sutra 164 |
| | Kataka Rasi: 15.16 | Tithi 26 – 27 | 542213463 | Gulika 10:53AM – 12:24PM | Pushya Until 8:18AM | Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Blue | Vikarin 5121 Moon 9 - Phase 23 2nd Phase |
| | | | | Yama 7:52AM – 9:22AM | Shiva Until 11:56AM | Sunrise: 6:21AM Sunset: 6:26PM | |
| | Creative Work Siddha Yoga | | | Rahu 12:24PM – 1:54PM | Kaulava Until 12:07AM Thu Ekadashi* Until 1:36PM | Devaloka Day Bhadrapada•Puratasi | |

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|---|---|---------------|---|----------------------------|--|---|--|
| 3 | Thursday, September 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Karachi, Pakistan Sun 11 Sutra 165 |
| | Kataka Rasi: 29.56 | Tithi 27 – 28 | 542213463 | Gulika 9:22AM – 10:53AM | Magha* Until 3:26AM Fri | Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Blue | Vikarin 5121 Moon 9 - Phase 23 2nd Phase |
| | | | | Yama 6:22AM – 7:52AM | Siddha Until 8:17AM | Sunrise: 6:22AM Sunset: 6:25PM | |
| | Creative Work Amrita Yoga Until 3:26AM Fri Then Creative Work - Siddha Yoga | | | Rahu 1:54PM – 3:24PM | Gara Until 8:47PM Dvadashi* Until 10:29AM | Devaloka Day Bhadrapada•Puratasi <i>Pradosha Vrata (Fasting)</i> | |

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| 4 | Friday, September 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan Sun 12 Sutra 166 |
| | Simha Rasi: 14.56 | Tithi 28 – 29 | 552213463 | Gulika 7:52AM – 9:22AM | Purvaphalguni Until 12:31AM Sat | Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Red | Vikarin 5121 Moon 9 - Phase 23 2nd Phase |
| | | | | Yama 3:23PM – 4:53PM | Subha Until 12:07AM Sat | Sunrise: 6:22AM Sunset: 6:24PM | |
| | Creative Work Siddha Yoga Until 12:31AM Sat Then Routine Work - Marana Yoga | | | Rahu 10:53AM – 12:23PM | Sakuni Until 3:15AM Sat Trayodashi* Until 6:59AM | Devaloka Day Bhadrapada•Puratasi | |

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|---------------------------------------|-------------------------------------|----------|--|---|--|--|---|
| ● | Saturday, September 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Karachi, Pakistan Sun 13 Sutra 167 |
| | Retreat Star | | | | | | |
| | Kanya Rasi: 0.08 | Tithi 30 | 652213463 | Gulika 6:22AM – 7:52AM | Uttaraphalguni Until 9:24PM | Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Red | Vikarin 5121 Moon 9 - Phase 23 Amavasya |
| | Routine Work Marana Yoga | | | Yama 1:53PM – 3:23PM | Sukla Until 7:51PM | Sunrise: 6:22AM Sunset: 6:23PM | |
| | | | Rahu 9:22AM – 10:52AM | Catuspada Until 1:22PM Amavasya* Until 11:28PM | Devaloka Day Bhadrapada•Puratasi | | |
| Mahalaya Amavasai (Tamil Nadu) | | | | | | | |

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|---|-----------------------------------|---------|---|--|---|--|---|
| ● | Sunday, September 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Karachi, Pakistan Sun 14 Sutra 168 |
| | Retreat Star | | | | | | |
| | Kanya Rasi: 15.21 | Tithi 1 | 663213463 | Gulika 3:22PM – 4:52PM | Hasta Until 6:39PM | Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Green | Vikarin 5121 Moon 9 - Phase 23 Prathama |
| | | | | Yama 12:22PM – 1:52PM | Brahma Until 3:39PM | Sunrise: 6:23AM Sunset: 6:22PM | |
| Creative Work Amrita Yoga Until 6:39PM Then Creative Work - Siddha Yoga | | | Rahu 4:52PM – 6:22PM | Kintughna Until 9:37AM Prathama* Until 7:47PM | Devaloka Day Ashvina•Puratasi | | |
| Navaratri Begins | | | | | | | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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| 1 | | Monday, September 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Dvitiya/Tritiyam Titau | | Karachi, Pakistan Sun 15 Sutra 169 | |
| Tula Rasi: 0.26 | Tithi 2 – 3 | Gulika | 1:52PM – 3:21PM | Chitra Until 4:02PM | Ganesha: Light Blue | <i>Sunrise:</i> 6:23AM | Vikarin 5121 |
| Family Home Evening | 663213463 | Yama | 10:52AM – 12:22PM | Indra Until 11:41AM | Muruqa: Purple | <i>Sunset:</i> 6:20PM | Moon 9 - Phase 24 |
| Routine Work Prabalarishta Yoga | | Rahu | 7:53AM – 9:23AM | Balava Until 6:04AM | Nataraja: Clear | | 3rd Phase |
| Until 4:02PM | | | | Dvitiya Until 4:24PM | Moon – Green | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | | Ashvina+Puratasi | | |

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| 2 | | Tuesday, October 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | Karachi, Pakistan Sun 16 Sutra 170 | |
| Tula Rasi: 15.13 | Tithi 3 – 4 | Gulika | 12:22PM – 1:51PM | Svati Until 1:45PM | Ganesha: Light Blue | <i>Sunrise:</i> 6:24AM | Vikarin 5121 |
| | 663213463 | Yama | 9:23AM – 10:52AM | Vaidhriti* Until 8:03AM | Muruqa: Purple | <i>Sunset:</i> 6:19PM | Moon 9 - Phase 24 |
| Creative Work Siddha Yoga | | Rahu | 3:20PM – 4:50PM | Vanija Until 12:17AM Wed | Nataraja: Clear | | 3rd Phase |
| Until 1:45PM | | | | Tritiya Until 1:30PM | Moon – Green | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | Ashvina+Puratasi | | |

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| 3 | | Wednesday, October 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Karachi, Pakistan Sun 17 Sutra 171 | |
| Tula Rasi: 29.35 | Tithi 4 – 5 | Gulika | 10:52AM – 12:21PM | Vishakha Until 12:23PM | Ganesha: Purple | <i>Sunrise:</i> 6:24AM | Vikarin 5121 |
| | 673213463 | Yama | 7:53AM – 9:23AM | Priti Until 2:22AM Thu | Muruqa: Purple | <i>Sunset:</i> 6:18PM | Moon 9 - Phase 24 |
| Creative Work Siddha Yoga | | Rahu | 12:21PM – 1:51PM | Bava Until 10:22PM | Nataraja: Clear | | 3rd Phase |
| | | | | Chaturthi* Until 11:13AM | Moon – Orange | | Devaloka Day |
| | | | | | Ashvina+Puratasi | | |

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|--|-------------|----------------------------------|------------------|---|-------------------------|---------------------------------------|---------------------|
| 4 | | Thursday, October 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | Karachi, Pakistan Sun 18 Sutra 172 | |
| Vrischika Rasi: 13.28 | Tithi 5 – 6 | Gulika | 9:23AM – 10:52AM | Anuradha Until 11:38AM | Ganesha: Purple | <i>Sunrise:</i> 6:24AM | Vikarin 5121 |
| | 673213463 | Yama | 6:24AM – 7:53AM | Ayushman Until 12:29AM Fri | Muruqa: Purple | <i>Sunset:</i> 6:17PM | Moon 9 - Phase 24 |
| Creative Work Siddha Yoga | | Rahu | 1:50PM – 3:19PM | Kaulava Until 9:17PM | Nataraja: Clear | | 3rd Phase |
| Until 11:38AM | | | | Panchami Until 9:42AM | Moon – Orange | | Devaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | | | Ashvina+Puratasi | | |

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| 5 | | Friday, October 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Karachi, Pakistan Sun 19 Sutra 173 | |
| Vrischika Rasi: 26.51 | Tithi 6 – 7 | Gulika | 7:54AM – 9:23AM | Jyeshtha* Until 11:36AM | Ganesha: Purple | <i>Sunrise:</i> 6:25AM | Vikarin 5121 |
| | 673213463 | Yama | 3:18PM – 4:47PM | Saubhagya Until 11:19PM | Muruqa: Purple | <i>Sunset:</i> 6:16PM | Moon 9 - Phase 24 |
| Routine Work Marana Yoga | | Rahu | 10:52AM – 12:21PM | Gara Until 9:06PM | Nataraja: Clear | | 3rd Phase |
| Until 11:36AM | | | | Shashthi* Until 9:03AM | Moon – Orange | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | | Ashvina+Puratasi | | |

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|---------------------------|-------------|----------------------------------|------------------|---|-------------------------|---------------------------------------|---------------------|
| Retreat Star | | Saturday, October 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Karachi, Pakistan Sun 20 Sutra 174 | |
| Dhanus Rasi: 9.46 | Tithi 7 – 8 | Gulika | 6:25AM – 7:54AM | Mula* Until 12:45PM | Ganesha: Clear | <i>Sunrise:</i> 6:25AM | Vikarin 5121 |
| | 683213463 | Yama | 1:49PM – 3:18PM | Sobhana Until 10:51PM | Muruqa: Purple | <i>Sunset:</i> 6:15PM | Moon 9 - Phase 24 |
| Creative Work Siddha Yoga | | Rahu | 9:23AM – 10:51AM | Visti Until 9:47PM | Nataraja: Clear | | Ashtami |
| | | | | Saptami Until 9:19AM | Moon – Light Blue | | Sivaloka Day |
| | | Durga Ashtami | | | Ashvina+Puratasi | | |

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|----------------------------------|-------------|-------------------------------------|------------------|--|-------------------------|---------------------------------------|---------------------|
| Retreat Star | | Sunday, October 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Karachi, Pakistan Sun 21 Sutra 175 | |
| Dhanus Rasi: 22.17 | Tithi 8 – 9 | Gulika | 3:17PM – 4:46PM | Purvashadha* Until 2:32PM | Ganesha: Clear | <i>Sunrise:</i> 6:26AM | Vikarin 5121 |
| | 683213463 | Yama | 12:20PM – 1:49PM | Athiganda* Until 10:55PM | Muruqa: Purple | <i>Sunset:</i> 6:14PM | Moon 9 - Phase 24 |
| Creative Work Siddha Yoga | | Rahu | 4:46PM – 6:14PM | Balava Until 11:14PM | Nataraja: Clear | | Navami |
| Until 2:32PM | | | | Ashtami* Until 10:24AM | Moon – Light Blue | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | Saraswathi Puja (Tamil Nadu) | | | Ashvina+Puratasi | | |

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|----------------------------------|--------------|--|---|---|
| Monday, October 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Karachi, Pakistan Sun 22 Sutra 176 Vikarin 5121 |
| 1 | | Gulika 1:48PM – 3:17PM | Uttarashadha Until 4:46PM | Ganesha: Clear <i>Sunrise:</i> 6:26AM |
| Makara Rasi: 4.3 | Tithi 9 – 10 | Yama 10:51AM – 12:20PM | Sukarma Until 11:28PM | Muruqa: Purple <i>Sunset:</i> 6:13PM |
| Family Home Evening | 683213463 | Rahu 7:54AM – 9:23AM | Taitila Until 1:17AM Tue | Nataraja: Clear |
| Routine Work Marana Yoga | | | Navami* Until 12:11PM | Moon – Light Blue |
| Until 4:46PM | | | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi |

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|---------------------------------|---------------|---|-------------------------------------|---|
| Tuesday, October 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekashyam Titau | | Karachi, Pakistan Sun 23 Sutra 177 Vikarin 5121 |
| 2 | | Gulika 12:19PM – 1:48PM | Shravana Until 7:45PM | Ganesha: White <i>Sunrise:</i> 6:26AM |
| Makara Rasi: 16.3 | Tithi 10 – 11 | Yama 9:23AM – 10:51AM | Dhriti Until 12:18AM Wed | Muruqa: Purple <i>Sunset:</i> 6:12PM |
| Family Home Evening | 693213464 | Rahu 3:16PM – 4:44PM | Vanija Until 3:40AM Wed | Nataraja: Purple |
| Creative Work Siddha Yoga | | | Dashami Until 2:25PM | Moon – Purple |
| | | Vijaya Dasami | | Sivaloka Day |
| | | | | Ashvina+Puratasi |

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|-----------------------------------|---------------|--|--|---|
| Wednesday, October 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau | | Karachi, Pakistan Sun 24 Sutra 178 Vikarin 5121 |
| 3 | | Gulika 10:51AM – 12:19PM | Dhanishtha Until 10:46PM | Ganesha: White <i>Sunrise:</i> 6:27AM |
| Makara Rasi: 28.23 | Tithi 11 – 12 | Yama 7:55AM – 9:23AM | Shula* Until 1:13AM Thu | Muruqa: Purple <i>Sunset:</i> 6:11PM |
| Family Home Evening | 693213464 | Rahu 12:19PM – 1:47PM | Bava Until 6:13AM Thu | Nataraja: Purple |
| Routine Work Prabalarishta Yoga | | | Ekadashi Until 4:55PM | Moon – Purple |
| Until 10:46PM | | | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Ashvina+Puratasi |

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|-----------------------------------|-----------|--|---|---|
| Thursday, October 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvodashyam Titau | | Karachi, Pakistan Sun 25 Sutra 179 Vikarin 5121 |
| 4 | | Gulika 9:23AM – 10:51AM | Shatabhishak Until 1:36AM Fri | Ganesha: White <i>Sunrise:</i> 6:27AM |
| Kumbha Rasi: 10.13 | Tithi 12 | Yama 6:27AM – 7:55AM | Ganda* Until 2:09AM Fri | Muruqa: Purple <i>Sunset:</i> 6:10PM |
| Family Home Evening | 693213464 | Rahu 1:47PM – 3:15PM | Bava Until 6:13AM | Nataraja: Purple |
| Creative Work Siddha Yoga | | | Dvodashi Until 7:27PM | Moon – Purple |
| | | Kadaitswami Mahasamadhi | | Sivaloka Day |
| | | | | Ashvina+Puratasi |

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|---------------------------------|-----------|---|--|---|
| Friday, October 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Karachi, Pakistan Sun 26 Sutra 180 Vikarin 5121 |
| 5 | | Gulika 7:55AM – 9:23AM | Purvaproshtapada* Until 4:40AM Sat | Ganesha: Blue <i>Sunrise:</i> 6:28AM |
| Kumbha Rasi: 22.05 | Tithi 13 | Yama 3:14PM – 4:42PM | Vriddhi Until 3:00AM Sat | Muruqa: Purple <i>Sunset:</i> 6:09PM |
| Family Home Evening | 613213464 | Rahu 10:51AM – 12:19PM | Kaulava Until 8:43AM | Nataraja: Purple |
| Creative Work Siddha Yoga | | | Trayodashi Until 9:53PM | Moon – Clear |
| | | Chidambaram Abhishekam | | Sivaloka Day |
| | | | | Ashvina+Puratasi |
| | | | | <i>Pradosha Vrata</i> |

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|-----------------------------------|-----------|---|--|---|
| Saturday, October 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau | | Karachi, Pakistan Sun 27 Sutra 181 Vikarin 5121 |
| 6 | | Gulika 6:28AM – 7:56AM | Uttaraproshtapada Until 7:21AM Sun | Ganesha: Blue <i>Sunrise:</i> 6:28AM |
| Meena Rasi: 3.59 | Tithi 14 | Yama 1:46PM – 3:13PM | Dhruva Until 3:40AM Sun | Muruqa: Purple <i>Sunset:</i> 6:09PM |
| Family Home Evening | 613213464 | Rahu 9:23AM – 10:51AM | Gara Until 11:04AM | Nataraja: Purple |
| Creative Work Siddha Yoga | | | Chaturdashi* Until 12:08AM Sun | Moon – Clear |
| Until 7:21AM Sun | | | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi |

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|---------------------------------|-----------|--|--|--|
| Sunday, October 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau | | Karachi, Pakistan Sutra 182 Vikarin 5121 |
| ○ | | Gulika 3:13PM – 4:40PM | Uttaraproshtapada Until 7:21AM | Ganesha: Yellow <i>Sunrise:</i> 6:29AM |
| Meena Rasi: 15.58 | Tithi 15 | Yama 12:18PM – 1:45PM | Vyaghata* Until 4:08AM Mon | Muruqa: Purple <i>Sunset:</i> 6:08PM |
| Copper Retreat Star | 614213464 | Rahu 4:40PM – 6:08PM | Visti Until 1:11PM | Nataraja: Purple |
| Creative Work Amrita Yoga | | | Purnima* Until 2:07AM Mon | Moon – Clear |
| | | | | Subha Sivaloka Day |
| | | | | Ashvina+Puratasi |

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|---------------------------------|-----------|--|-----------------------------------|--|
| Monday, October 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau | | Karachi, Pakistan Sutra 183 Vikarin 5121 |
| ○ | | Gulika 1:45PM – 3:12PM | Revati Until 9:38AM | Ganesha: Yellow <i>Sunrise:</i> 6:29AM |
| Meena Rasi: 28.04 | Tithi 16 | Yama 10:51AM – 12:18PM | Harshana Until 4:25AM Tue | Muruqa: Purple <i>Sunset:</i> 6:07PM |
| Silver Retreat Star | 614213464 | Rahu 7:56AM – 9:23AM | Balava Until 3:02PM | Nataraja: Purple |
| Family Home Evening | | | Prathama* Until 3:50AM Tue | Moon – Clear |
| Creative Work Siddha Yoga | | | | Subha Sivaloka Day |
| | | | | Ashvina+Puratasi |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Karachi, Pakistan

Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 10.17 Tithi 17

624213464

Gulika 12:18PM – 1:45PM
Yama 9:24AM – 10:51AM
Rahu 3:12PM – 4:39PM

Ashvini Until 11:57AM
Vajra* Until 4:25AM Wed
Taitila Until 4:35PM
Dvitiya Until 5:13AM Wed

Ganesha: White *Sunrise:* 6:29AM
Muruqa: Purple *Sunset:* 6:06PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Karachi, Pakistan

Sun 1 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 22.37 Tithi 18

624213464

Gulika 10:51AM – 12:17PM
Yama 7:57AM – 9:24AM
Rahu 12:17PM – 1:44PM

Bharani Until 1:48PM
Siddhi Until 4:11AM Thu
Vanija Until 5:49PM
Tritiya Until 6:17AM Thu

Ganesha: White *Sunrise:* 6:30AM
Muruqa: Purple *Sunset:* 6:05PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

Until 1:48PM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Karachi, Pakistan

Sun 2 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 5.06 Tithi 18 – 19

624213464

Gulika 9:24AM – 10:50AM
Yama 6:30AM – 7:57AM
Rahu 1:44PM – 3:11PM

Krittika Until 3:09PM
Vyatipata* Until 3:40AM Fri
Bava Until 6:42PM
Tritiya Until 6:17AM

Ganesha: White *Sunrise:* 6:30AM
Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Karachi, Pakistan

Sun 3 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 17.45 Tithi 19 – 20

634313464

Gulika 7:57AM – 9:24AM
Yama 3:10PM – 4:37PM
Rahu 10:50AM – 12:17PM

Rohini Until 4:27PM
Variyan Until 2:49AM Sat
Kaulava Until 7:11PM
Chaturthi* Until 6:58AM

Ganesha: White *Sunrise:* 6:31AM
Muruqa: Purple *Sunset:* 6:03PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Routine Work Marana Yoga

Until 4:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Karachi, Pakistan

Sun 4 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 1 Tithi 20 – 21

634313464

Gulika 6:31AM – 7:58AM
Yama 1:43PM – 3:09PM
Rahu 9:24AM – 10:50AM

Mrigashira Until 5:09PM
Parigha* Until 1:36AM Sun
Gara Until 7:13PM
Panchami Until 7:14AM

Ganesha: White *Sunrise:* 6:31AM
Muruqa: Purple *Sunset:* 6:02PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Karachi, Pakistan

Sun 5 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.42 Tithi 21 – 22

634313464

Gulika 3:09PM – 4:35PM
Yama 12:17PM – 1:43PM
Rahu 4:35PM – 6:01PM

Ardra Until 5:12PM
Shiva Until 11:59PM
Visti Until 6:44PM
Shashthi* Until 7:01AM

Ganesha: White *Sunrise:* 6:32AM
Muruqa: Purple *Sunset:* 6:01PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Karachi, Pakistan

Sun 6 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 27.04 Tithi 22 – 23

644313464

Gulika 1:42PM – 3:08PM
Yama 10:50AM – 12:16PM
Rahu 7:58AM – 9:24AM

Punarvasu Until 5:01PM
Siddha Until 9:54PM
Kaulava Until 4:56AM Tue
Saptami Until 6:15AM

Ganesha: Clear *Sunrise:* 6:32AM
Muruqa: Purple *Sunset:* 6:01PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Amrita Yoga

Until 5:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Karachi, Pakistan

Sun 7 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 10.47 Tithi 24

644313464

Gulika 12:16PM – 1:42PM
Yama 9:25AM – 10:50AM
Rahu 3:08PM – 4:34PM

Pushya Until 4:07PM
Sadhya Until 7:21PM
Taitila Until 4:04PM
Navami* Until 3:02AM Wed

Ganesha: Clear *Sunrise:* 6:33AM
Muruqa: Purple *Sunset:* 6:00PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

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|-------------------|-------------|--|----------------------------------|--|------------------------|--------------------------------------|--|
| 1 | | Wednesday, October 23, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau | | Karachi, Pakistan Sun 8 Sutra 192 | |
| Kataka Rasi: 24.5 | Tithi 25 | Gulika 10:50AM – 12:16PM | Ashlesha* Until 2:32PM | Ganesha: Clear | <i>Sunrise:</i> 6:33AM | Vikarin 5121 | |
| | | Yama 7:59AM – 9:25AM | Subha Until 4:24PM | Muruqa: Purple | <i>Sunset:</i> 5:59PM | Moon 10 - Phase 27 | |
| Creative Work | Siddha Yoga | 644313464 Rahu 12:16PM – 1:42PM | Vanija Until 1:55PM | Nataraja: Purple | | 2nd Phase | |
| | | | Dashami Until 12:38AM Thu | Moon – Blue | | Subha Sivaloka Day | |
| | | | | Ashvina•Aipasi | | | |

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|----------------------------------|-------------|---------------------------------------|-------------------------------|---|------------------------|--------------------------------------|--|
| 2 | | Thursday, October 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau | | Karachi, Pakistan Sun 9 Sutra 193 | |
| Simha Rasi: 9.13 | Tithi 26 | Gulika 9:25AM – 10:50AM | Magha* Until 12:45PM | Ganesha: Purple | <i>Sunrise:</i> 6:34AM | Vikarin 5121 | |
| | | Yama 6:34AM – 7:59AM | Sukla Until 1:02PM | Muruqa: Purple | <i>Sunset:</i> 5:57PM | Moon 10 - Phase 27 | |
| Creative Work | Amrita Yoga | 654313464 Rahu 1:42PM – 3:07PM | Bava Until 11:16AM | Nataraja: Purple | | 2nd Phase | |
| Until 12:45PM | | | Ekadashi* Until 9:47PM | Moon – Red | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Ashvina•Aipasi | | | |

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|-------------------|-------------|---|------------------------------------|---|------------------------|---------------------------------------|--|
| 3 | | Friday, October 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Dvodashyam Titau | | Karachi, Pakistan Sun 10 Sutra 194 | |
| Simha Rasi: 23.54 | Tithi 27 | Gulika 8:00AM – 9:25AM | Purvaphalguni Until 10:27AM | Ganesha: Purple | <i>Sunrise:</i> 6:34AM | Vikarin 5121 | |
| | | Yama 3:07PM – 4:32PM | Brahma Until 9:22AM | Muruqa: Purple | <i>Sunset:</i> 5:57PM | Moon 10 - Phase 27 | |
| Creative Work | Siddha Yoga | 654313464 Rahu 10:51AM – 12:16PM | Kaulava Until 8:15AM | Nataraja: Purple | | 2nd Phase | |
| | | | Dvadashi* Until 6:38PM | Moon – Red | | Sivaloka Day | |
| | | | | Ashvina•Aipasi | | | |

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| 4 | | Saturday, October 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Karachi, Pakistan Sun 11 Sutra 195 | |
| Kanya Rasi: 8.47 | Tithi 28 – 29 | Gulika 6:35AM – 8:00AM | Uttaraphalguni Until 7:48AM | Ganesha: Clear | <i>Sunrise:</i> 6:35AM | Vikarin 5121 | |
| | | Yama 1:41PM – 3:06PM | Vaidhriti* Until 1:34AM Sun | Muruqa: Purple | <i>Sunset:</i> 5:57PM | Moon 10 - Phase 27 | |
| Routine Work | Marana Yoga | 655313464 Rahu 9:25AM – 10:51AM | Visti Until 1:37AM Sun | Nataraja: Purple | | 2nd Phase | |
| | | | Trayodashi* Until 3:17PM | Moon – Red | | Subha Sivaloka Day | |
| | | Deepavali Hindu Solidarity Day | | Ashvina•Aipasi | | | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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|----------------------------------|---------------|---------------------------------------|-----------------------------------|---|------------------------|---------------------------------------|--|
| ● | | Sunday, October 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Karachi, Pakistan Sun 12 Sutra 196 | |
| Retreat Star | | Gulika 3:06PM – 4:31PM | Chitra Until 2:48AM Mon | Ganesha: Orange | <i>Sunrise:</i> 6:36AM | Vikarin 5121 | |
| Kanya Rasi: 23.44 | Tithi 29 – 30 | Yama 12:16PM – 1:41PM | Vishkambha* Until 9:40PM | Muruqa: Purple | <i>Sunset:</i> 5:56PM | Moon 10 - Phase 27 | |
| Creative Work | Siddha Yoga | 665313464 Rahu 4:31PM – 5:56PM | Catuspada Until 10:18PM | Nataraja: Purple | | Amavasya | |
| Until 2:48AM Mon | | | Chaturdashi* Until 11:55AM | Moon – Green | | Subha Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | Subramuniyaswami Mahasamadhi | | Ashvina•Aipasi | | | |

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|---------------------------------|--------------|---------------------------------------|--------------------------------|---|------------------------|---------------------------------------|--|
| Monday, October 28, 2019 | | Retreat Star | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Karachi, Pakistan Sun 13 Sutra 197 | |
| Tula Rasi: 8.38 | Tithi 30 – 1 | Gulika 1:40PM – 3:05PM | Svati Until 12:24AM Tue | Ganesha: Orange | <i>Sunrise:</i> 6:36AM | Vikarin 5121 | |
| Family Home Evening | | Yama 10:51AM – 12:16PM | Priti Until 5:57PM | Muruqa: Purple | <i>Sunset:</i> 5:55PM | Moon 10 - Phase 27 | |
| Creative Work | Amrita Yoga | 665313464 Rahu 8:01AM – 9:26AM | Kintughna Until 7:12PM | Nataraja: Purple | | Prathama | |
| Until 12:24AM Tue | | | Amavasya* Until 8:42AM | Moon – Green | | Subha Sivaloka Day | |
| Then Routine Work - Marana Yoga | | Skanda Shasthi Begins | | Kartika•Aipasi | | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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| 1 | | Tuesday, October 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau | Karachi, Pakistan Sun 14 Sutra 198 Vikarin 5121 |
| Tula Rasi: 23.18 | Tithi 2 | Gulika 12:15PM – 1:40PM | Vishakha Until 10:42PM | Ganesha: Clear <i>Sunrise: 6:37AM</i> | |
| | | Yama 9:26AM – 10:51AM | Ayushman Until 2:32PM | Muruqa: Purple <i>Sunset: 5:54PM</i> | Moon 10 - Phase 28 |
| | | 675313464 Rahu 3:05PM – 4:30PM | Balava Until 4:31PM | Nataraja: Purple | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 3:21AM Wed | Moon – Orange | Subha Sivaloka Day |
| Until 10:42PM | | | | Kartika•Aipasi | |
| Then Creative Work - Siddha Yoga | | | | | |

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|---------------------|-------------|--|---------------------------------|--|---|
| 2 | | Wednesday, October 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau | Karachi, Pakistan Sun 15 Sutra 199 Vikarin 5121 |
| Virshika Rasi: 7.38 | Tithi 3 | Gulika 10:51AM – 12:15PM | Anuradha Until 9:29PM | Ganesha: Clear <i>Sunrise: 6:37AM</i> | |
| | | Yama 8:02AM – 9:26AM | Saubhagya Until 11:34AM | Muruqa: Purple <i>Sunset: 5:54PM</i> | Moon 10 - Phase 28 |
| | | 675313464 Rahu 12:15PM – 1:40PM | Taitila Until 2:22PM | Nataraja: Purple | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 1:33AM Thu | Moon – Orange | Subha Sivaloka Day |
| | | | | Kartika•Aipasi | |

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|----------------------------------|--------------------|---------------------------------------|-------------------------------------|--|---|
| 3 | | Thursday, October 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau | Karachi, Pakistan Sun 16 Sutra 200 Vikarin 5121 |
| Virshika Rasi: 21.32 | Tithi 4 | Gulika 9:27AM – 10:51AM | Jyeshtha* Until 8:51PM | Ganesha: Clear <i>Sunrise: 6:38AM</i> | |
| | | Yama 6:38AM – 8:02AM | Sobhana Until 9:11AM | Muruqa: Purple <i>Sunset: 5:53PM</i> | Moon 10 - Phase 28 |
| | | 675313464 Rahu 1:40PM – 3:04PM | Vanija Until 12:57PM | Nataraja: Purple | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Chaturthi* Until 12:31AM Fri | Moon – Orange | Subha Sivaloka Day |
| Until 8:51PM | | | | Kartika•Aipasi | |
| Then Creative Work - Siddha Yoga | | | | | |

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|--|-------------|---|-----------------------------------|---|---|
| 4 | | Friday, November 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau | Karachi, Pakistan Sun 17 Sutra 201 Vikarin 5121 |
| Dhanus Rasi: 4.59 | Tithi 5 | Gulika 8:03AM – 9:27AM | Mula* Until 9:20PM | Ganesha: Purple <i>Sunrise: 6:38AM</i> | |
| | | Yama 3:04PM – 4:28PM | Athiganda* Until 7:24AM | Muruqa: Purple <i>Sunset: 5:52PM</i> | Moon 10 - Phase 28 |
| | | 685313464 Rahu 10:51AM – 12:15PM | Bava Until 12:21PM | Nataraja: Purple | 3rd Phase |
| Creative Work | Amrita Yoga | | Panchami Until 12:21AM Sat | Moon – Light Blue | Subha Subha Sivaloka Day |
| Until 9:20PM | | | | Kartika•Aipasi | |
| Then Routine Work - Prabalarishta Yoga | | | | | |

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|---------------------------------|-------------|--|-----------------------------------|--|---|
| 5 | | Saturday, November 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau | Karachi, Pakistan Sun 18 Sutra 202 Vikarin 5121 |
| Dhanus Rasi: 17.58 | Tithi 6 | Gulika 6:39AM – 8:03AM | Purvashadha* Until 10:31PM | Ganesha: Purple <i>Sunrise: 6:39AM</i> | |
| | | Yama 1:39PM – 3:04PM | Sukarma Until 6:18AM | Muruqa: Purple <i>Sunset: 5:52PM</i> | Moon 10 - Phase 28 |
| | | 685313464 Rahu 9:27AM – 10:51AM | Kaulava Until 12:37PM | Nataraja: Purple | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 1:02AM Sun | Moon – Light Blue | Subha Subha Sivaloka Day |
| Until 10:31PM | | Skanda Shasthi | | Kartika•Aipasi | |
| Then Routine Work - Marana Yoga | | | | | |

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|-------------------|-------------|---------------------------------------|---------------------------------------|---|---|
| 6 | | Sunday, November 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau | Karachi, Pakistan Sun 19 Sutra 203 Vikarin 5121 |
| Makara Rasi: 0.32 | Tithi 7 | Gulika 3:03PM – 4:27PM | Uttarashadha Until 12:16AM Mon | Ganesha: Purple <i>Sunrise: 6:40AM</i> | |
| | | Yama 12:15PM – 1:39PM | Shula* Until 5:59AM Mon | Muruqa: Purple <i>Sunset: 5:51PM</i> | Moon 10 - Phase 28 |
| | | 685313464 Rahu 4:27PM – 5:51PM | Gara Until 1:42PM | Nataraja: Purple | 3rd Phase |
| Creative Work | Amrita Yoga | | Saptami Until 2:30AM Mon | Moon – Light Blue | Subha Subha Sivaloka Day |
| | | | | Kartika•Aipasi | |

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|----------------------------------|-------------|---------------------------------------|----------------------------------|--|---|
| Retreat Star | | Monday, November 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Vridhhi* Yoga Balava/Kaulava Karana Ashtamyam Titau | Karachi, Pakistan Sun 20 Sutra 204 Vikarin 5121 |
| Makara Rasi: 12.49 | Tithi 8 | Gulika 1:39PM – 3:03PM | Shravana Until 2:57AM Tue | Ganesha: Purple <i>Sunrise: 6:40AM</i> | |
| Family Home Evening | | Yama 10:52AM – 12:15PM | Ganda* Until 6:32AM Tue | Muruqa: Purple <i>Sunset: 5:50PM</i> | Moon 10 - Phase 28 |
| Creative Work | Amrita Yoga | 696313464 Rahu 8:04AM – 9:28AM | Visti Until 3:29PM | Nataraja: Purple | Ashtami |
| Until 2:57AM Tue | | | Ashtami* Until 4:33AM Tue | Moon – Purple | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Kartika•Aipasi | |

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|---------------------|-------------|---------------------------------------|------------------------------------|--|---|
| Retreat Star | | Tuesday, November 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Balava/Kaulava Karana Navamyam Titau | Karachi, Pakistan Sun 21 Sutra 205 Vikarin 5121 |
| Makara Rasi: 24.5 | Tithi 9 | Gulika 12:15PM – 1:39PM | Dhanishtha Until 5:49AM Wed | Ganesha: Purple <i>Sunrise: 6:41AM</i> | |
| | | Yama 9:28AM – 10:52AM | Ganda* Until 6:32AM | Muruqa: Purple <i>Sunset: 5:50PM</i> | Moon 10 - Phase 28 |
| | | 696313464 Rahu 3:03PM – 4:26PM | Balava Until 5:45PM | Nataraja: Purple | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 6:58AM Wed | Moon – Purple | Sivaloka Day |
| | | | | Kartika•Aipasi | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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|---------------|------------------------------------|--------------|--|---|-------------------------|------------------------|---|
| 1 | Wednesday, November 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Karachi, Pakistan Sun 22 Sutra 206 Vikarin 5121 |
| | Kumbha Rasi: 6.44 | Tithi 9 – 10 | Gulika 10:52AM – 12:15PM | Shatabhishak Until 8:39AM Thu | Ganesha: Purple | <i>Sunrise:</i> 6:41AM | |
| | | | Yama 8:05AM – 9:28AM | Vriddhi Until 7:21AM | Muruqa: Purple | <i>Sunset:</i> 5:49PM | Moon 10 - Phase 29 |
| | | | 696313464 Rahu 12:15PM – 1:39PM | Taitila Until 8:16PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 6:58AM | Moon – Purple | | Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |


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|---------------|-----------------------------------|---------------|---|---|-------------------------|---------------------------|---|
| 2 | Thursday, November 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 23 Sutra 207 Vikarin 5121 |
| | Kumbha Rasi: 18.36 | Tithi 10 – 11 | Gulika 9:29AM – 10:52AM | Shatabhishak Until 8:39AM | Ganesha: Clear | <i>Sunrise:</i> 6:42AM | |
| | | | Yama 6:42AM – 8:05AM | Dhruva Until 8:14AM | Muruqa: Purple | <i>Sunset:</i> 5:49PM | Moon 10 - Phase 29 |
| | | | 796313464 Rahu 1:39PM – 3:02PM | Vanija Until 10:47PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 9:31AM | Moon – Purple | | Subha Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |


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|---------------|---------------------------------|---------------|---|--|-------------------------|---------------------------|---|
| 3 | Friday, November 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau | | | | Karachi, Pakistan Sun 24 Sutra 208 Vikarin 5121 |
| | Meena Rasi: 0.28 | Tithi 11 – 12 | Gulika 8:06AM – 9:29AM | Purvaproshtapada* Until 11:44AM | Ganesha: Yellow | <i>Sunrise:</i> 6:43AM | |
| | | | Yama 3:02PM – 4:25PM | Vyaghata* Until 9:04AM | Muruqa: Purple | <i>Sunset:</i> 5:48PM | Moon 10 - Phase 29 |
| | | | 716313464 Rahu 10:52AM – 12:15PM | Bava Until 1:08AM Sat | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 11:58AM | Moon – Clear | | Subha Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |

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|--|-----------------------------------|---------------|---|---------------------------------------|-------------------------|---------------------------|---|
| 4 | Saturday, November 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Karachi, Pakistan Sun 25 Sutra 209 Vikarin 5121 |
| | Meena Rasi: 12.26 | Tithi 12 – 13 | Gulika 6:43AM – 8:06AM | Uttaraproshtapada Until 2:25PM | Ganesha: Yellow | <i>Sunrise:</i> 6:43AM | |
| | | | Yama 1:39PM – 3:02PM | Harshana Until 9:44AM | Muruqa: Purple | <i>Sunset:</i> 5:48PM | Moon 10 - Phase 29 |
| | | | 716313464 Rahu 9:29AM – 10:52AM | Kaulava Until 3:12AM Sun | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 2:11PM | Moon – Clear | | Subha Sivaloka Day | |
| Until 2:25PM | | | | Kartika-Aipasi | | | |
| Then Routine Work - Prabararishta Yoga | | | <i>Pradosha Vrata</i> | | | | |

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|----------------------------------|----------------------------------|---------------|--|----------------------------|-------------------------|---------------------------|---|
| 5 | Sunday, November 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan Sun 26 Sutra 210 Vikarin 5121 |
| | Meena Rasi: 24.31 | Tithi 13 – 14 | Gulika 3:01PM – 4:24PM | Revati Until 4:37PM | Ganesha: Yellow | <i>Sunrise:</i> 6:44AM | |
| | | | Yama 12:16PM – 1:39PM | Vajra* Until 10:08AM | Muruqa: Purple | <i>Sunset:</i> 5:47PM | Moon 10 - Phase 29 |
| | | | 716313464 Rahu 4:24PM – 5:47PM | Gara Until 4:52AM Mon | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Trayodashi Until 4:03PM | Moon – Clear | | Subha Sivaloka Day | |
| Until 4:37PM | | | | Kartika-Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|---------------|----------------------------------|---------------|---|-----------------------------|-------------------------|---------------------------|---|
| 6 | Monday, November 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Karachi, Pakistan Sun 27 Sutra 211 Vikarin 5121 |
| | Mesha Rasi: 6.45 | Tithi 14 – 15 | Gulika 1:39PM – 3:01PM | Ashvini Until 6:45PM | Ganesha: Clear | <i>Sunrise:</i> 6:45AM | |
| | Family Home Evening | | Yama 10:53AM – 12:16PM | Siddhi Until 10:15AM | Muruqa: Purple | <i>Sunset:</i> 5:47PM | Moon 10 - Phase 29 |
| | | | 727313464 Rahu 8:07AM – 9:30AM | Visti Until 6:07AM Tue | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 5:32PM | Moon – White | | Subha Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |

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|---|-----------------------------------|----------|---|-----------------------------|-------------------------|------------------------|--|
|  | Tuesday, November 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau | | | | Karachi, Pakistan Sutra 212 Vikarin 5121 |
| | Copper Retreat Star | | Gulika 12:16PM – 1:39PM | Bharani Until 8:19PM | Ganesha: White | <i>Sunrise:</i> 6:45AM | |
| | Mesha Rasi: 19.1 | Tithi 15 | Yama 9:31AM – 10:53AM | Vyatipata* Until 10:03AM | Muruqa: Purple | <i>Sunset:</i> 5:46PM | Moon 10 - Phase 29 |
| | | | 727413464 Rahu 3:01PM – 4:24PM | Visti Until 6:07AM | Nataraja: Purple | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 6:34PM | Moon – White | | Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |

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|---|-------------------------------------|----------|---|------------------------------|-------------------------|------------------------|--|
|  | Wednesday, November 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigaha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Karachi, Pakistan Sutra 213 Vikarin 5121 |
| | Silver Retreat Star | | Gulika 10:53AM – 12:16PM | Krittika Until 9:19PM | Ganesha: White | <i>Sunrise:</i> 6:46AM | |
| | Vrishabha Rasi: 1.46 | Tithi 16 | Yama 8:08AM – 9:31AM | Variyan Until 9:30AM | Muruqa: Purple | <i>Sunset:</i> 5:46PM | Moon 10 - Phase 29 |
| | | | 727413464 Rahu 12:16PM – 1:39PM | Balava Until 6:57AM | Nataraja: Purple | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 7:11PM | Moon – White | | Sivaloka Day | |
| Until 9:19PM | | | | Kartika-Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vrishabha Rasi: 14.33 Tithi 17

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 9:31AM – 10:54AM
Yama 6:47AM – 8:09AM
Rahu 1:39PM – 3:01PM
Rohini Until 10:14PM
Parigha* Until 8:39AM
Taitila Until 7:22AM
Dvitiya Until 7:24PM

Ganesha: Clear *Sunrise: 6:47AM*
Muruqa: Purple *Sunset: 5:46PM*
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Karachi, Pakistan
Sun 1 Sutra 214
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Subha Sivaloka Day

1

Friday, November 15, 2019

Vrishabha Rasi: 27.32 Tithi 18

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 8:10AM – 9:32AM
Yama 3:01PM – 4:23PM
Rahu 10:54AM – 12:16PM
Mrigashira Until 10:38PM
Shiva Until 7:31AM
Vanija Until 7:23AM
Tritiya Until 7:14PM

Ganesha: Clear *Sunrise: 6:47AM*
Muruqa: Purple *Sunset: 5:45PM*
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Karachi, Pakistan
Sun 2 Sutra 215
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Subha Sivaloka Day

2

Saturday, November 16, 2019

Mithuna Rasi: 10.43 Tithi 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 6:48AM – 8:10AM
Yama 1:39PM – 3:01PM
Rahu 9:32AM – 10:54AM
Ardra Until 10:32PM
Siddha Until 6:03AM
Bava Until 7:02AM
Chaturthi* Until 6:42PM

Ganesha: Clear *Sunrise: 6:48AM*
Muruqa: Purple *Sunset: 5:45PM*
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Karachi, Pakistan
Sun 3 Sutra 216
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Subha Sivaloka Day

3

Sunday, November 17, 2019

Mithuna Rasi: 24.05 Tithi 20 – 21

747413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Gulika 3:01PM – 4:23PM
Yama 12:17PM – 1:39PM
Rahu 4:23PM – 5:45PM
Punarvasu Until 10:24PM
Subha Until 2:20AM Mon
Kaulava Until 6:20AM
Panchami Until 5:50PM

Ganesha: Purple *Sunrise: 6:49AM*
Muruqa: Purple *Sunset: 5:45PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Karachi, Pakistan
Sun 4 Sutra 217
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Devaloka Day

4

Monday, November 18, 2019

Kataka Rasi: 7.38 Tithi 21 – 22

748413465

Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 1:39PM – 3:01PM
Yama 10:55AM – 12:17PM
Rahu 8:11AM – 9:33AM
Pushya Until 9:46PM
Sukla Until 12:03AM Tue
Visti Until 3:53AM Tue
Shashthi* Until 4:37PM

Ganesha: Clear *Sunrise: 6:49AM*
Muruqa: Purple *Sunset: 5:44PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Karachi, Pakistan
Sun 5 Sutra 218
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Sivaloka Day

●

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 21.24 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 12:17PM – 1:39PM
Yama 9:34AM – 10:55AM
Rahu 3:01PM – 4:22PM
Ashlesha* Until 8:40PM
Brahma Until 9:31PM
Balava Until 2:10AM Wed
Saptami Until 3:03PM

Ganesha: Clear *Sunrise: 6:50AM*
Muruqa: Purple *Sunset: 5:44PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Karachi, Pakistan
Sun 6 Sutra 219
Vikarin 5121
Moon 11 - Phase 30
Ashtami

Sivaloka Day

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 5.22 Tithi 23 – 24

758413465

Creative Work Siddha Yoga
Until 7:32PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:56AM – 12:17PM
Yama 8:12AM – 9:34AM
Rahu 12:17PM – 1:39PM
Magha* Until 7:32PM
Indra Until 6:44PM
Taitila Until 12:08AM Thu
Ashtami* Until 1:10PM

Ganesha: White *Sunrise: 6:51AM*
Muruqa: Purple *Sunset: 5:44PM*
Nataraja: Clear
Moon – Red
Kartika-Kartikai

Karachi, Pakistan
Sun 7 Sutra 220
Vikarin 5121
Moon 11 - Phase 30
Navami

Subha Sivaloka Day

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|----------------------------------|---------------|-------------------------------------|--|---|--|
| 1 | | Thursday, November 21, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | Karachi, Pakistan Sun 8 Sutra 221 Vikarin 5121 |
| Simha Rasi: 19.31 | Tithi 24 – 25 | 758413465 | Gulika 9:35AM – 10:56AM Yama 6:51AM – 8:13AM Rahu 1:39PM – 3:01PM | Purvaphalguni Until 5:59PM Vaidhriti* Until 3:42PM Vanija Until 9:49PM Navami* Until 10:59AM | Ganesha: White <i>Sunrise:</i> 6:51AM Muruqa: Purple <i>Sunset:</i> 5:44PM Nataraja: Clear Moon – Red Subha Sivaloka Day Karttika-Karttikai |
| Creative Work | Siddha Yoga | | | | |
| 2 | | Friday, November 22, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti/Bava Karana Dashami/Ekadashyam Titau | Karachi, Pakistan Sun 9 Sutra 222 Vikarin 5121 |
| Kanya Rasi: 3.52 | Tithi 25 – 26 | 758413465 | Gulika 8:14AM – 9:35AM Yama 3:01PM – 4:22PM Rahu 10:56AM – 12:18PM | Uttaraphalguni Until 4:03PM Vishkambha* Until 12:29PM Bava Until 7:17PM Dashami Until 8:33AM | Ganesha: White <i>Sunrise:</i> 6:52AM Muruqa: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Red Subha Sivaloka Day Karttika-Karttikai |
| Creative Work | Siddha Yoga | | | | |
| Until 4:03PM | | | | | |
| Then Creative Work - Amrita Yoga | | | | | |
| 3 | | Saturday, November 23, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvodashyam Titau | Karachi, Pakistan Sun 10 Sutra 223 Vikarin 5121 |
| Kanya Rasi: 18.19 | Tithi 27 | 768413465 | Gulika 6:53AM – 8:14AM Yama 1:39PM – 3:01PM Rahu 9:35AM – 10:57AM | Hasta Until 2:16PM Priti Until 9:09AM Kaulava Until 4:39PM Dvodashi* Until 3:17AM Sun | Ganesha: Yellow <i>Sunrise:</i> 6:53AM Muruqa: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Green Sivaloka Day Karttika-Karttikai |
| Routine Work | Marana Yoga | | | | |
| 4 | | Sunday, November 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau | Karachi, Pakistan Sun 11 Sutra 224 Vikarin 5121 |
| Tula Rasi: 2.5 | Tithi 28 | 769413465 | Gulika 3:01PM – 4:22PM Yama 12:18PM – 1:40PM Rahu 4:22PM – 5:43PM | Chitra Until 12:20PM Saubhagya Until 2:25AM Mon Gara Until 1:59PM Trayodashi* Until 12:40AM Mon Pradosha Vrata (Fasting) | Ganesha: Blue <i>Sunrise:</i> 6:54AM Muruqa: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Green Devaloka Day Karttika-Karttikai |
| Creative Work | Siddha Yoga | | | | |
| 5 | | Monday, November 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | Karachi, Pakistan Sun 12 Sutra 225 Vikarin 5121 |
| Tula Rasi: 17.18 | Tithi 29 | 769413465 | Gulika 1:40PM – 3:01PM Yama 10:58AM – 12:19PM Rahu 8:15AM – 9:36AM | Svati Until 10:21AM Sobhana Until 11:15PM Visti Until 11:26AM Chaturdashi* Until 10:14PM | Ganesha: Blue <i>Sunrise:</i> 6:54AM Muruqa: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Green Devaloka Day Karttika-Karttikai |
| Family Home Evening | | | | | |
| Creative Work | Amrita Yoga | | | | |
| Until 10:21AM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |
| Retreat Star | | Tuesday, November 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | Karachi, Pakistan Sun 13 Sutra 226 Vikarin 5121 |
| Vrischika Rasi: 1.37 | Tithi 30 | 779413465 | Gulika 12:19PM – 1:40PM Yama 9:37AM – 10:58AM Rahu 3:01PM – 4:22PM | Vishakha Until 8:54AM Athiganda* Until 8:20PM Catuspada Until 9:09AM Amavasya* Until 8:08PM | Ganesha: Blue <i>Sunrise:</i> 6:55AM Muruqa: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Orange Devaloka Day Karttika-Karttikai |
| Routine Work | Marana Yoga | | | | |
| Until 8:54AM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |
| Retreat Star | | Wednesday, November 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau | Karachi, Pakistan Sun 14 Sutra 227 Vikarin 5121 |
| Vrischika Rasi: 15.4 | Tithi 1 | 779413465 | Gulika 10:58AM – 12:19PM Yama 8:17AM – 9:38AM Rahu 12:19PM – 1:40PM | Anuradha Until 7:42AM Sukarma Until 5:49PM Kintughna Until 7:16AM Prathama* Until 6:30PM | Ganesha: Blue <i>Sunrise:</i> 6:56AM Muruqa: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Orange Devaloka Day Margasira-Karttikai |
| Creative Work | Siddha Yoga | | | | |

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|----------------------------------|--------------------|---------------------------------------|-------------------------------|--|---|
| 1 | | Thursday, November 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Dviliya/Tritiyayam Titau | Karachi, Pakistan Sun 15 Sutra 228 Vikarin 5121 |
| Vrischika Rasi: 29.24 | Tithi 2 – 3 | Gulika 9:38AM – 10:59AM | Jyeshtha* Until 6:53AM | Ganesha: Blue <i>Sunrise:</i> 6:56AM | |
| | | Yama 6:56AM – 8:17AM | Dhriti Until 3:47PM | Muruqa: Purple <i>Sunset:</i> 5:43PM | Moon 11 - Phase 32 |
| | | 779413465 Rahu 1:40PM – 3:01PM | Taitila Until 5:15AM Fri | Nataraja: Clear | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Dvitiya Until 5:29PM | Moon – Orange | Devaloka Day |
| Until 6:53AM | | | | Margasira-Karttikai | |
| Then Creative Work - Siddha Yoga | | | | | |

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|--|-------------|---|-----------------------------|---|---|
| 2 | | Friday, November 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | Karachi, Pakistan Sun 16 Sutra 229 Vikarin 5121 |
| Dhanus Rasi: 12.46 | Tithi 3 – 4 | Gulika 8:18AM – 9:39AM | Mula* Until 7:02AM | Ganesha: Blue <i>Sunrise:</i> 6:57AM | |
| | | Yama 3:01PM – 4:22PM | Shula* Until 2:16PM | Muruqa: Purple <i>Sunset:</i> 5:43PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 10:59AM – 12:20PM | Vanija Until 5:19AM Sat | Nataraja: Clear | 3rd Phase |
| Creative Work | Amrita Yoga | | Tritiya Until 5:10PM | Moon – Light Blue | Devaloka Day |
| Until 7:02AM | | | | Margasira-Karttikai | |
| Then Routine Work - Prabalarishta Yoga | | | | | |

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|---------------------------------|-------------|--|----------------------------------|---|---|
| 3 | | Saturday, November 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau | Karachi, Pakistan Sun 17 Sutra 230 Vikarin 5121 |
| Dhanus Rasi: 25.43 | Tithi 4 – 5 | Gulika 6:58AM – 8:18AM | Purvashadha* Until 7:45AM | Ganesha: Blue <i>Sunrise:</i> 6:58AM | |
| | | Yama 1:41PM – 3:02PM | Ganda* Until 1:21PM | Muruqa: Purple <i>Sunset:</i> 5:43PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 9:39AM – 11:00AM | Bava Until 6:08AM Sun | Nataraja: Clear | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 5:37PM | Moon – Light Blue | Devaloka Day |
| Until 7:45AM | | | | Margasira-Karttikai | |
| Then Routine Work - Marana Yoga | | | | | |

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|---------------------------------|-------------|---------------------------------------|----------------------------------|---|---|
| 4 | | Sunday, December 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau | Karachi, Pakistan Sun 18 Sutra 231 Vikarin 5121 |
| Makara Rasi: 8.2 | Tithi 5 | Gulika 3:02PM – 4:22PM | Uttarashadha Until 9:01AM | Ganesha: Blue <i>Sunrise:</i> 6:59AM | |
| | | Yama 12:21PM – 1:41PM | Vridhi Until 1:01PM | Muruqa: Purple <i>Sunset:</i> 5:43PM | Moon 11 - Phase 32 |
| | | 789413465 Rahu 4:22PM – 5:43PM | Bava Until 6:08AM | Nataraja: Clear | 3rd Phase |
| Creative Work | Amrita Yoga | | Panchami Until 6:47PM | Moon – Light Blue | Devaloka Day |
| Until 7:45AM | | | | Margasira-Karttikai | |
| Then Routine Work - Marana Yoga | | | | | |

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|----------------------------------|-------------|---------------------------------------|-------------------------------|---|---|
| 5 | | Monday, December 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Shashthyam Titau | Karachi, Pakistan Sun 19 Sutra 232 Vikarin 5121 |
| Makara Rasi: 20.39 | Tithi 6 | Gulika 1:42PM – 3:02PM | Shravana Until 11:16AM | Ganesha: Clear <i>Sunrise:</i> 6:59AM | |
| Family Home Evening | | Yama 11:01AM – 12:21PM | Dhruva Until 1:09PM | Muruqa: Purple <i>Sunset:</i> 5:43PM | Moon 11 - Phase 32 |
| | | 791413465 Rahu 8:20AM – 9:40AM | Kaulava Until 7:39AM | Nataraja: Clear | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Until 8:35PM | Moon – Purple | Sivaloka Day |
| Until 11:16AM | | | | Margasira-Karttikai | |
| Then Creative Work - Siddha Yoga | | | | | |

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|---------------------------------|-------------|---------------------------------------|--------------------------------|---|---|
| 6 | | Tuesday, December 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau | Karachi, Pakistan Sun 20 Sutra 233 Vikarin 5121 |
| Kumbha Rasi: 2.44 | Tithi 7 | Gulika 12:21PM – 1:42PM | Dhanishtha Until 1:51PM | Ganesha: Clear <i>Sunrise:</i> 7:00AM | |
| | | Yama 9:41AM – 11:01AM | Vyaghata* Until 1:41PM | Muruqa: Purple <i>Sunset:</i> 5:43PM | Moon 11 - Phase 32 |
| | | 791413465 Rahu 3:02PM – 4:23PM | Gara Until 9:42AM | Nataraja: Clear | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 10:51PM | Moon – Purple | Sivaloka Day |
| Until 1:51PM | | | | Margasira-Karttikai | |
| Then Routine Work - Marana Yoga | | | | | |

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| Retreat Star | | Wednesday, December 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Ashlamyam Titau | Karachi, Pakistan Sun 21 Sutra 234 Vikarin 5121 |
| Kumbha Rasi: 14.41 | Tithi 8 | Gulika 11:02AM – 12:22PM | Shatabhishak Until 4:33PM | Ganesha: Clear <i>Sunrise:</i> 7:01AM | |
| | | Yama 8:21AM – 9:41AM | Harshana Until 2:27PM | Muruqa: Purple <i>Sunset:</i> 5:43PM | Moon 11 - Phase 32 |
| | | 791413465 Rahu 12:22PM – 1:42PM | Visti Until 12:05PM | Nataraja: Clear | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 1:19AM Thu | Moon – Purple | Sivaloka Day |
| Until 4:33PM | | | | Margasira-Karttikai | |
| Then Creative Work - Amrita Yoga | | | | | |

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| Retreat Star | | Thursday, December 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau | Karachi, Pakistan Sun 22 Sutra 235 Vikarin 5121 |
| Kumbha Rasi: 26.34 | Tithi 9 | Gulika 9:42AM – 11:02AM | Purvaproshtapada* Until 7:39PM | Ganesha: Yellow <i>Sunrise:</i> 7:01AM | |
| | | Yama 7:01AM – 8:22AM | Vajra* Until 3:15PM | Muruqa: Purple <i>Sunset:</i> 5:43PM | Moon 11 - Phase 32 |
| | | 711413465 Rahu 1:42PM – 3:03PM | Balava Until 2:36PM | Nataraja: Clear | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 3:48AM Fri | Moon – Clear | Sivaloka Day |
| Until 4:33PM | | | | Margasira-Karttikai | |
| Then Creative Work - Amrita Yoga | | | | | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


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| 1 | | Friday, December 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Karachi, Pakistan Sun 23 Sutra 236 Vikarin 5121 |
| Meena Rasi: 8.28 | Tithi 10 | Gulika 8:22AM – 9:42AM | Uttaraproshtapada Until 10:27PM | Ganesha: Yellow | <i>Sunrise:</i> 7:02AM | | | |
| | | Yama 3:03PM – 4:23PM | Siddhi Until 3:59PM | Muruqa: Purple | <i>Sunset:</i> 5:43PM | | | Moon 11 - Phase 33 |
| | | 711413465 Rahu 11:03AM – 12:23PM | Taitila Until 5:00PM | Nataraja: Clear | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 6:05AM Sat | Moon – Clear | | | Sivaloka Day | |
| | | | | Margasira-Karttikai | | | | |

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| 2 | | Saturday, December 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 24 Sutra 237 Vikarin 5121 |
| Meena Rasi: 20.26 | Tithi 10 – 11 | Gulika 7:03AM – 8:23AM | Revati Until 12:46AM Sun | Ganesha: White | <i>Sunrise:</i> 7:03AM | | | |
| | | Yama 1:43PM – 3:03PM | Vyatiyata* Until 4:31PM | Muruqa: Purple | <i>Sunset:</i> 5:44PM | | | Moon 11 - Phase 33 |
| | | 711513465 Rahu 9:43AM – 11:03AM | Vanija Until 7:07PM | Nataraja: Clear | | | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Dashami Until 6:05AM | Moon – Clear | | | Subha Sivaloka Day | |
| Until 12:46AM Sun | | Gita Jayanthi | | Margasira-Karttikai | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 3 | | Sunday, December 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Karachi, Pakistan Sun 25 Sutra 238 Vikarin 5121 |
| Mesha Rasi: 2.34 | Tithi 11 – 12 | Gulika 3:04PM – 4:24PM | Ashvini Until 2:59AM Mon | Ganesha: Clear | <i>Sunrise:</i> 7:03AM | | | |
| | | Yama 12:24PM – 1:44PM | Variyan Until 4:43PM | Muruqa: Purple | <i>Sunset:</i> 5:44PM | | | Moon 11 - Phase 33 |
| | | 721513465 Rahu 4:24PM – 5:44PM | Bava Until 8:47PM | Nataraja: Clear | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 7:59AM | Moon – White | | | Sivaloka Day | |
| | | | | Margasira-Karttikai | | | | |

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| 4 | | Monday, December 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Karachi, Pakistan Sun 26 Sutra 239 Vikarin 5121 |
| Mesha Rasi: 14.53 | Tithi 12 – 13 | Gulika 1:44PM – 3:04PM | Bharani Until 4:30AM Tue | Ganesha: Clear | <i>Sunrise:</i> 7:04AM | | | |
| Family Home Evening | | Yama 11:04AM – 12:24PM | Parigha* Until 4:31PM | Muruqa: Purple | <i>Sunset:</i> 5:44PM | | | Moon 11 - Phase 33 |
| | | 721513465 Rahu 8:24AM – 9:44AM | Kaulava Until 9:55PM | Nataraja: Clear | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 9:24AM | Moon – White | | | Sivaloka Day | |
| | | | | Margasira-Karttikai | | | | |
| | | | | <i>Pradosha Vrata</i> | | | | |

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| 5 | | Tuesday, December 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan Sun 27 Sutra 240 Vikarin 5121 |
| Mesha Rasi: 27.27 | Tithi 13 – 14 | Gulika 12:24PM – 1:44PM | Krittika Until 5:18AM Wed | Ganesha: Clear | <i>Sunrise:</i> 7:05AM | | | |
| | | Yama 9:45AM – 11:05AM | Shiva Until 3:54PM | Muruqa: Purple | <i>Sunset:</i> 5:44PM | | | Moon 11 - Phase 33 |
| | | 721513465 Rahu 3:04PM – 4:24PM | Gara Until 10:29PM | Nataraja: Clear | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 10:15AM | Moon – White | | | Sivaloka Day | |
| | | Krittika Deepam | | Margasira-Karttikai | | | | |

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|  | | Wednesday, December 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Karachi, Pakistan Sutra 241 Vikarin 5121 |
| Copper Retreat Star | | Gulika 11:05AM – 12:25PM | Rohini Until 5:52AM Thu | Ganesha: Purple | <i>Sunrise:</i> 7:05AM | | | |
| Vrishabha Rasi: 10.17 | Tithi 14 – 15 | Yama 8:25AM – 9:45AM | Siddha Until 2:49PM | Muruqa: Clear | <i>Sunset:</i> 5:44PM | | | Moon 11 - Phase 33 |
| | | 731523465 Rahu 12:25PM – 1:45PM | Visti Until 10:28PM | Nataraja: Clear | | | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 10:31AM | Moon – Yellow | | | Sivaloka Day | |
| Until 5:52AM Thu | | | | Margasira-Karttikai | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| Thursday, December 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Karachi, Pakistan Sutra 242 Vikarin 5121 | | |
| Silver Retreat Star | | Gulika 9:46AM – 11:06AM | Mrigashira Until 5:48AM Fri | Ganesha: Clear | <i>Sunrise:</i> 7:06AM | | | |
| Vrishabha Rasi: 23.23 | Tithi 15 – 16 | Yama 7:06AM – 8:26AM | Sadhya Until 1:20PM | Muruqa: Clear | <i>Sunset:</i> 5:45PM | | | Moon 11 - Phase 33 |
| | | 732523465 Rahu 1:45PM – 3:05PM | Balava Until 9:55PM | Nataraja: Clear | | | | Prathama |
| Routine Work | Marana Yoga | | Purnima* Until 10:14AM | Moon – Yellow | | | Devaloka Day | |
| Until 5:48AM Fri | | Vinayaga Viratam Begins | | Margasira-Karttikai | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Mithuna Rasi: 6.46 Tithi 16 - 17

732523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Karachi, Pakistan

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 8:26AM - 9:46AM
Yama 3:05PM - 4:25PM
Rahu 11:06AM - 12:26PM

Ardra Until 5:09AM Sat
Subha Until 11:28AM
Taitila Until 8:56PM
Prathama* Until 9:27AM

Ganesha: Clear *Sunrise: 7:07AM*
Muruqa: Clear *Sunset: 5:45PM*
Nataraja: Clear
Moon - Yellow
Margasira-Karttikai

Devaloka Day

1

Saturday, December 14, 2019

Mithuna Rasi: 20.23 Tithi 17 - 18

742523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Karachi, Pakistan

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 7:07AM - 8:27AM
Yama 1:46PM - 3:06PM
Rahu 9:47AM - 11:07AM

Punarvasu Until 4:29AM Sun
Sukla Until 9:15AM
Vanija Until 7:34PM
Dvitiya Until 8:16AM

Ganesha: Purple *Sunrise: 7:07AM*
Muruqa: Clear *Sunset: 5:45PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

2

Sunday, December 15, 2019

Kataka Rasi: 4.12 Tithi 18 - 19

742523465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Tritiya/Chatrurthayam Titau

Karachi, Pakistan

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 3:06PM - 4:26PM
Yama 12:27PM - 1:47PM
Rahu 4:26PM - 5:46PM

Pushya Until 3:25AM Mon
Brahma Until 6:49AM
Balava Until 5:00AM Mon
Tritiya Until 6:45AM

Ganesha: Purple *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 5:46PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

3

Monday, December 16, 2019

Kataka Rasi: 18.1 Tithi 20

742523465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Karachi, Pakistan

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 1:47PM - 3:07PM
Yama 11:08AM - 12:27PM
Rahu 8:28AM - 9:48AM

Ashlesha* Until 2:02AM Tue
Vaidhriti* Until 1:24AM Tue
Kaulava Until 4:04PM
Panchami Until 3:04AM Tue

Ganesha: Purple *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 5:46PM*
Nataraja: Clear
Moon - Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Tuesday, December 17, 2019

Simha Rasi: 2.14 Tithi 21

852523465

Creative Work Siddha Yoga

Until 12:50AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Karachi, Pakistan

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 12:28PM - 1:47PM
Yama 9:48AM - 11:08AM
Rahu 3:07PM - 4:27PM

Magha* Until 12:50AM Wed
Vishkambha* Until 10:33PM
Gara Until 2:06PM
Shashthi* Until 1:03AM Wed

Ganesha: Purple *Sunrise: 7:09AM*
Muruqa: Clear *Sunset: 5:47PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Wednesday, December 18, 2019

Simha Rasi: 16.22 Tithi 22

852523465

Creative Work Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Karachi, Pakistan

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Gulika 11:09AM - 12:28PM
Yama 8:29AM - 9:49AM
Rahu 12:28PM - 1:48PM

Purvaphalguni Until 11:27PM
Priti Until 7:40PM
Visti Until 12:02PM
Saptami Until 10:59PM

Ganesha: Purple *Sunrise: 7:10AM*
Muruqa: Clear *Sunset: 5:47PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

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Thursday, December 19, 2019

Retreat Star

Kanya Rasi: 0.31 Tithi 23

852523465

Amrita Yoga

Until 9:55PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Karachi, Pakistan

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Gulika 9:49AM - 11:09AM
Yama 7:10AM - 8:30AM
Rahu 1:48PM - 3:08PM

Uttaraphalguni Until 9:55PM
Ayushman Until 4:44PM
Balava Until 9:57AM
Ashtami* Until 8:54PM

Ganesha: Purple *Sunrise: 7:10AM*
Muruqa: Clear *Sunset: 5:47PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Friday, December 20, 2019

Retreat Star

Kanya Rasi: 14.4 Tithi 24

862523465

Creative Work Amrita Yoga

Until 8:41PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Karachi, Pakistan

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Gulika 8:30AM - 9:50AM
Yama 3:09PM - 4:28PM
Rahu 11:10AM - 12:29PM

Hasta Until 8:41PM
Saubhagya Until 1:50PM
Taitila Until 7:53AM
Navami* Until 6:50PM

Ganesha: Clear *Sunrise: 7:11AM*
Muruqa: Clear *Sunset: 5:48PM*
Nataraja: Clear
Moon - Green
Margasira-Markali

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

| | | | | | |
|----------------------------------|---------------|------------------------------------|--|---|--|
| 1 | | Saturday, December 21, 2019 | | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau | Karachi, Pakistan Sun 8 Sutra 251 Vikarin 5121 |
| Kanya Rasi: 28.48 | Tithi 25 – 26 | 862523465 | Gulika 7:11AM – 8:31AM Yama 1:49PM – 3:09PM Rahu 9:50AM – 11:10AM | Chitra Until 7:22PM Sobhana Until 10:59AM Bava Until 3:54AM Sun | Ganesha: Clear <i>Sunrise:</i> 7:11AM Muruqa: Clear <i>Sunset:</i> 5:48PM Nataraja: Clear Moon – Green |
| Routine Work | Marana Yoga | | Day 1 of Pancha Ganapati | Dashami Until 4:51PM | Devaloka Day Margasira-Markali |
| Until 7:22PM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 2 | | Sunday, December 22, 2019 | | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Karachi, Pakistan Sun 9 Sutra 252 Vikarin 5121 |
| Tula Rasi: 12.52 | Tithi 26 – 27 | 862523465 | Gulika 3:10PM – 4:29PM Yama 12:30PM – 1:50PM Rahu 4:29PM – 5:49PM | Svati Until 6:03PM Athiganda* Until 8:12AM Kaulava Until 2:07AM Mon | Ganesha: Clear <i>Sunrise:</i> 7:12AM Muruqa: Clear <i>Sunset:</i> 5:49PM Nataraja: Clear Moon – Green |
| Creative Work | Siddha Yoga | | Day 2 of Pancha Ganapati | Ekadashi* Until 2:58PM | Devaloka Day Margasira-Markali |
| Until 6:03PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |

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|----------------------------------|---------------|----------------------------------|---|--|---|
| 3 | | Monday, December 23, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | Karachi, Pakistan Sun 10 Sutra 253 Vikarin 5121 |
| Tula Rasi: 26.5 | Tithi 27 – 28 | 872523465 | Gulika 1:50PM – 3:10PM Yama 11:11AM – 12:31PM Rahu 8:32AM – 9:51AM | Vishakha Until 5:13PM Dhriti Until 3:07AM Tue Gara Until 12:34AM Tue | Ganesha: White <i>Sunrise:</i> 7:12AM Muruqa: Clear <i>Sunset:</i> 5:49PM Nataraja: Clear Moon – Orange |
| Family Home Evening | Marana Yoga | | Day 3 of Pancha Ganapati | Dvadashi* Until 1:17PM | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Until 5:13PM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |
| <i>Pradosha Vrata (Fasting)</i> | | | | | |

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|---------------------------------|---------------|-----------------------------------|---|--|---|
| 4 | | Tuesday, December 24, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Karachi, Pakistan Sun 11 Sutra 254 Vikarin 5121 |
| Vrischika Rasi: 10.4 | Tithi 28 – 29 | 872523465 | Gulika 12:31PM – 1:51PM Yama 9:52AM – 11:12AM Rahu 3:11PM – 4:30PM | Anuradha Until 4:31PM Shula* Until 12:54AM Wed Visti Until 11:19PM | Ganesha: White <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 5:50PM Nataraja: Clear Moon – Orange |
| Creative Work | Siddha Yoga | | Day 4 of Pancha Ganapati | Trayodashi* Until 11:52AM | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Until 4:31PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |

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|  | | Wednesday, December 25, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Karachi, Pakistan Sun 12 Sutra 255 Vikarin 5121 |
| Retreat Star | | | Gulika 11:12AM – 12:32PM Yama 8:33AM – 9:52AM Rahu 12:32PM – 1:51PM | Jyeshtha* Until 4:02PM Ganda* Until 11:02PM Catuspada Until 10:29PM | Ganesha: White <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 5:50PM Nataraja: Clear Moon – Orange |
| Vrischika Rasi: 24.17 | Tithi 29 – 30 | 872523465 | Day 5 of Pancha Ganapati | Chaturdashi* Until 10:49AM | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Until 4:02PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |

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| Thursday, December 26, 2019 | | Retreat Star | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Karachi, Pakistan Sun 13 Sutra 256 Vikarin 5121 |
| Dhanus Rasi: 7.4 | Tithi 30 – 1 | 883523465 | Gulika 9:53AM – 11:13AM Yama 7:14AM – 8:33AM Rahu 1:52PM – 3:12PM | Mula* Until 4:19PM Vriddhi Until 9:34PM Kintughna Until 10:09PM | Ganesha: Orange <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:51PM Nataraja: Clear Moon – Light Blue |
| Creative Work | Siddha Yoga | | Annular Solar Eclipse | Amavasya* Until 10:14AM | Devaloka Day Pausha-Markali |

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| 1 | | Friday, December 27, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Karachi, Pakistan Sun 14 Sutra 257 Vikarin 5121 |
| Dhanus Rasi: 20.45 | Tithi 1 – 2 | Gulika 8:34AM – 9:53AM | Purvashadha* Until 4:59PM | Ganesha: Orange <i>Sunrise:</i> 7:14AM | |
| | | Yama 3:12PM – 4:32PM | Dhruva Until 8:31PM | Muruqa: Clear <i>Sunset:</i> 5:52PM | Moon 12 - Phase 36 |
| | 883523466 | Rahu 11:13AM – 12:33PM | Balava Until 10:22PM | Nataraja: Orange | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Prathama* Until 10:10AM | Moon – Light Blue | Devaloka Day |
| Until 4:59PM | | | | Pausa-Markali | |
| Then Routine Work - Marana Yoga | | | | | |
| 2 | | Saturday, December 28, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | Karachi, Pakistan Sun 15 Sutra 258 Vikarin 5121 |
| Makara Rasi: 3.34 | Tithi 2 – 3 | Gulika 7:14AM – 8:34AM | Uttarashadha Until 6:04PM | Ganesha: Orange <i>Sunrise:</i> 7:14AM | |
| | | Yama 1:53PM – 3:13PM | Vyaghata* Until 7:56PM | Muruqa: Clear <i>Sunset:</i> 5:52PM | Moon 12 - Phase 36 |
| | 883523466 | Rahu 9:54AM – 11:14AM | Taitila Until 11:12PM | Nataraja: Orange | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 10:42AM | Moon – Light Blue | Devaloka Day |
| Until 6:04PM | | | | Pausa-Markali | |
| Then Creative Work - Siddha Yoga | | | | | |
| 3 | | Sunday, December 29, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | Karachi, Pakistan Sun 16 Sutra 259 Vikarin 5121 |
| Makara Rasi: 16.07 | Tithi 3 – 4 | Gulika 3:13PM – 4:33PM | Shravana Until 8:02PM | Ganesha: Clear <i>Sunrise:</i> 7:15AM | |
| | | Yama 12:34PM – 1:54PM | Harshana Until 7:48PM | Muruqa: Clear <i>Sunset:</i> 5:53PM | Moon 12 - Phase 36 |
| | 893523466 | Rahu 4:33PM – 5:53PM | Vanija Until 12:37AM Mon | Nataraja: Orange | 3rd Phase |
| Creative Work | Amrita Yoga | | Tritiya Until 11:49AM | Moon – Purple | Devaloka Day |
| Until 8:02PM | | | | Pausa-Markali | |
| Then Routine Work - Marana Yoga | | | | | |
| 4 | | Monday, December 30, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | Karachi, Pakistan Sun 17 Sutra 260 Vikarin 5121 |
| Makara Rasi: 28.24 | Tithi 4 – 5 | Gulika 1:54PM – 3:14PM | Dhanishtha Until 10:20PM | Ganesha: Clear <i>Sunrise:</i> 7:15AM | |
| Family Home Evening | | Yama 11:14AM – 12:34PM | Vajra* Until 8:03PM | Muruqa: Clear <i>Sunset:</i> 5:53PM | Moon 12 - Phase 36 |
| | 893523466 | Rahu 8:35AM – 9:55AM | Bava Until 2:31AM Tue | Nataraja: Orange | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 1:29PM | Moon – Purple | Devaloka Day |
| | | | | Pausa-Markali | |
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| 5 | | Tuesday, December 31, 2019 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | Karachi, Pakistan Sun 18 Sutra 261 Vikarin 5121 |
| Kumbha Rasi: 10.3 | Tithi 5 – 6 | Gulika 12:35PM – 1:55PM | Shatabhishak Until 12:50AM Wed | Ganesha: Clear <i>Sunrise:</i> 7:15AM | |
| | | Yama 9:55AM – 11:15AM | Siddhi Until 8:36PM | Muruqa: Clear <i>Sunset:</i> 5:54PM | Moon 12 - Phase 36 |
| | 893523466 | Rahu 3:14PM – 4:34PM | Kaulava Until 4:48AM Wed | Nataraja: Orange | 3rd Phase |
| Routine Work | Marana Yoga | | Panchami Until 3:36PM | Moon – Purple | Devaloka Day |
| Until 12:50AM Wed | | | | Pausa-Markali | |
| Then Creative Work - Amrita Yoga | | | | | |
| 6 | | Wednesday, January 1, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila Karana Shashthiyam Titau | Karachi, Pakistan Sun 19 Sutra 262 Vikarin 5121 |
| Kumbha Rasi: 22.28 | Tithi 6 | Gulika 11:16AM – 12:36PM | Purvaprosarthpada* Until 3:54AM Thu | Ganesha: Blue <i>Sunrise:</i> 7:16AM | |
| | | Yama 8:36AM – 9:56AM | Vyatipata* Until 9:21PM | Muruqa: Clear <i>Sunset:</i> 5:55PM | Moon 12 - Phase 36 |
| | 813623466 | Rahu 12:36PM – 1:56PM | Taitila Until 6:01PM | Nataraja: Orange | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Until 6:01PM | Moon – Clear | Bhuloka Day |
| Until 3:54AM Thu | | | | Pausa-Markali | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | Vinayaga Viratam Ends | | | |
| Retreat Star | | Thursday, January 2, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau | Karachi, Pakistan Sun 20 Sutra 263 Vikarin 5121 |
| Meena Rasi: 4.22 | Tithi 7 | Gulika 9:56AM – 11:16AM | Uttaraprosarthpada Until 6:48AM Fri | Ganesha: Blue <i>Sunrise:</i> 7:16AM | |
| | | Yama 7:16AM – 8:36AM | Variyan Until 10:08PM | Muruqa: Clear <i>Sunset:</i> 5:56PM | Moon 12 - Phase 36 |
| | 813623466 | Rahu 1:56PM – 3:16PM | Gara Until 7:17AM | Nataraja: Orange | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 8:31PM | Moon – Clear | Bhuloka Day |
| | | | | Pausa-Markali | Devaloka Time: 3:PM to 6:PM |
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| Retreat Star | | Friday, January 3, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau | Karachi, Pakistan Sun 21 Sutra 264 Vikarin 5121 |
| Meena Rasi: 16.15 | Tithi 8 | Gulika 8:37AM – 9:57AM | Uttaraprosarthpada Until 6:48AM | Ganesha: Blue <i>Sunrise:</i> 7:17AM | |
| | | Yama 3:17PM – 4:37PM | Parigha* Until 10:51PM | Muruqa: Clear <i>Sunset:</i> 5:57PM | Moon 12 - Phase 36 |
| | 813623466 | Rahu 11:17AM – 12:37PM | Visti Until 9:46AM | Nataraja: Orange | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 10:55PM | Moon – Clear | Bhuloka Day |
| | | | | Pausa-Markali | Devaloka Time: 3:PM to 6:PM |
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| Retreat Star | | Saturday, January 4, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau | Karachi, Pakistan Sun 22 Sutra 265 Vikarin 5121 |
| Meena Rasi: 28.13 | Tithi 9 | Gulika 7:17AM – 8:37AM | Revati Until 9:23AM | Ganesha: Blue <i>Sunrise:</i> 7:17AM | |
| | | Yama 1:57PM – 3:17PM | Shiva Until 11:21PM | Muruqa: Clear <i>Sunset:</i> 5:57PM | Moon 12 - Phase 36 |
| | 813623466 | Rahu 9:57AM – 11:17AM | Balava Until 12:02PM | Nataraja: Orange | Navami |
| Routine Work | Prabalarishta Yoga | | Navami* Until 1:01AM Sun | Moon – Clear | Bhuloka Day |
| Until 9:23AM | | | | Pausa-Markali | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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| 1 Sunday, January 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau | | | Karachi, Pakistan Sun 23 Sutra 266 Vikarin 5121 |
| Mesha Rasi: 10.19 | Tithi 10 | Gulika 3:18PM – 4:38PM | Ashvini Until 11:54AM | Ganesha: Yellow <i>Sunrise:</i> 7:17AM | |
| | | Yama 12:38PM – 1:58PM | Siddha Until 11:27PM | Muruqa: Clear <i>Sunset:</i> 5:58PM | Moon 12 - Phase 37 |
| | 823623466 | Rahu 4:38PM – 5:58PM | Taitila Until 1:54PM | Nataraja: Orange | 4th Phase |
| Creative Work Siddha Yoga | | | | Moon – White | Devaloka Day |
| Until 11:54AM | | Subramuniyaswami Jayanti | Dashami Until 2:36AM Mon | Pausha-Markali | |
| Then Routine Work - Prabalarishta Yoga | | | | | |

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| 2 Monday, January 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau | | | Karachi, Pakistan Sun 24 Sutra 267 Vikarin 5121 |
| Mesha Rasi: 22.38 | Tithi 11 | Gulika 1:58PM – 3:18PM | Bharani Until 1:44PM | Ganesha: Yellow <i>Sunrise:</i> 7:17AM | |
| Family Home Evening | | Yama 11:18AM – 12:38PM | Sadhya Until 11:06PM | Muruqa: Clear <i>Sunset:</i> 5:59PM | Moon 12 - Phase 37 |
| Creative Work Siddha Yoga | 823623466 | Rahu 8:37AM – 9:58AM | Vanija Until 3:11PM | Nataraja: Orange | 4th Phase |
| Until 1:44PM | | | | Moon – White | Devaloka Day |
| Then Routine Work - Marana Yoga | | Vaikuntha Ekadasi | Ekadashi Until 3:33AM Tue | Pausha-Markali | |

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| 3 Tuesday, January 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau | | | Karachi, Pakistan Sun 25 Sutra 268 Vikarin 5121 |
| Vrishabha Rasi: 5.14 | Tithi 12 | Gulika 12:38PM – 1:59PM | Krittika Until 2:45PM | Ganesha: Yellow <i>Sunrise:</i> 7:17AM | |
| | | Yama 9:58AM – 11:18AM | Subha Until 10:13PM | Muruqa: Clear <i>Sunset:</i> 5:59PM | Moon 12 - Phase 37 |
| | 823623466 | Rahu 3:19PM – 4:39PM | Bava Until 3:47PM | Nataraja: Orange | 4th Phase |
| Creative Work Siddha Yoga | | | | Moon – White | Devaloka Day |
| Until 2:45PM | | | Dvadashi Until 3:47AM Wed | Pausha-Markali | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 4 Wednesday, January 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | Karachi, Pakistan Sun 26 Sutra 269 Vikarin 5121 |
| Vrishabha Rasi: 18.1 | Tithi 13 | Gulika 11:19AM – 12:39PM | Rohini Until 3:22PM | Ganesha: White <i>Sunrise:</i> 7:18AM | |
| | | Yama 8:38AM – 9:58AM | Sukla Until 8:44PM | Muruqa: Clear <i>Sunset:</i> 6:00PM | Moon 12 - Phase 37 |
| | 833623466 | Rahu 12:39PM – 1:59PM | Kaulava Until 3:38PM | Nataraja: Orange | 4th Phase |
| Creative Work Siddha Yoga | | | | Moon – Yellow | Bhuloka Day |
| | | | Trayodashi Until 3:17AM Thu | Pausha-Markali | Devaloka Time: 3:PM to 6:PM |
| | | | <i>Pradosha Vrata</i> | | |

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| 5 Thursday, January 9, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau | | | Karachi, Pakistan Sun 27 Sutra 270 Vikarin 5121 |
| Mithuna Rasi: 1.29 | Tithi 14 | Gulika 9:58AM – 11:19AM | Mrigashira Until 3:09PM | Ganesha: Yellow <i>Sunrise:</i> 7:18AM | |
| | | Yama 7:18AM – 8:38AM | Brahma Until 6:44PM | Muruqa: Clear <i>Sunset:</i> 6:01PM | Moon 12 - Phase 37 |
| | 834623466 | Rahu 2:00PM – 3:20PM | Gara Until 2:48PM | Nataraja: Orange | 4th Phase |
| Routine Work Marana Yoga | | | | Moon – Yellow | Devaloka Day |
| | | | Chaturdashi* Until 2:07AM Fri | Pausha-Markali | |

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| Friday, January 10, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau | | | Karachi, Pakistan Sutra 271 Vikarin 5121 |
| Copper Retreat Star | | Gulika 8:38AM – 9:59AM | Ardra Until 2:10PM | Ganesha: Yellow <i>Sunrise:</i> 7:18AM | |
| Mithuna Rasi: 15.1 | Tithi 15 | Yama 3:21PM – 4:41PM | Indra Until 4:16PM | Muruqa: Clear <i>Sunset:</i> 6:02PM | Moon 12 - Phase 37 |
| | 834623466 | Rahu 11:19AM – 12:40PM | Visti Until 1:19PM | Nataraja: Orange | Purnima |
| Creative Work Siddha Yoga | | | | Moon – Yellow | Devaloka Day |
| | | Penumbral Lunar Eclipse | Purnima* Until 12:22AM Sat | Pausha-Markali | |
| | | Ardra Darshanam | | | |

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|-----------------------------------|-----------|--|--------------------------------|--|--|
| Saturday, January 11, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | Karachi, Pakistan Sutra 272 Vikarin 5121 |
| Silver Retreat Star | | Gulika 7:18AM – 8:38AM | Punarvasu Until 12:59PM | Ganesha: White <i>Sunrise:</i> 7:18AM | |
| Mithuna Rasi: 29.11 | Tithi 16 | Yama 2:01PM – 3:21PM | Vaidhriti* Until 1:22PM | Muruqa: Clear <i>Sunset:</i> 6:02PM | Moon 12 - Phase 37 |
| | 844623466 | Rahu 9:59AM – 11:20AM | Balava Until 11:20AM | Nataraja: Orange | Prathama |
| Creative Work Siddha Yoga | | | | Moon – Blue | Sivaloka Day |
| | | | Prathama* Until 10:10PM | Pausha-Markali | |



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 13.29 Tithi 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 3:22PM – 4:42PM
Yama 12:40PM – 2:01PM
Rahu 4:42PM – 6:03PM

Pushya Until 11:17AM
Vishkambha* Until 10:12AM
Taitila Until 8:58AM
Dvitiya Until 7:40PM

Ganesha: White *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 6:03PM*
Nataraja: Orange
Moon – Blue
Pausha-Markali

Karachi, Pakistan
Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 27.57 Tithi 18 – 19

Family Home Evening

844623466

Creative Work Siddha Yoga

Until 9:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:02PM – 3:22PM
Yama 11:20AM – 12:41PM
Rahu 8:39AM – 9:59AM

Ashlesha* Until 9:13AM
Priti Until 6:51AM
Vanija Until 6:21AM
Tritiya Until 4:59PM

Ganesha: White *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 6:04PM*
Nataraja: Orange
Moon – Blue
Pausha-Markali

Karachi, Pakistan
Sun 1 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 12.3 Tithi 19 – 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:41PM – 2:02PM
Yama 10:00AM – 11:20AM
Rahu 3:23PM – 4:44PM

Magha* Until 7:21AM
Saubhagya Until 11:58PM
Kaulava Until 12:57AM Wed
Chaturthi* Until 2:16PM

Ganesha: Clear *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 6:04PM*
Nataraja: Orange
Moon – Red
Pausha-Markali

Karachi, Pakistan
Sun 2 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 27.01 Tithi 20 – 21

Creative Work Amrita Yoga

854623466

Until 3:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:21AM – 12:42PM
Yama 8:39AM – 10:00AM
Rahu 12:42PM – 2:02PM

Uttaraphalguni Until 3:26AM Thu
Sobhana Until 8:40PM
Gara Until 10:24PM
Panchami Until 11:38AM

Ganesha: Clear *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 6:05PM*
Nataraja: Orange
Moon – Red
Pausha-Thai

Karachi, Pakistan
Sun 3 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 11.26 Tithi 21 – 22

Routine Work Marana Yoga

864623466

Until 2:00AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:00AM – 11:21AM
Yama 7:18AM – 8:39AM
Rahu 2:03PM – 3:24PM

Hasta Until 2:00AM Fri
Athiganda* Until 5:30PM
Visti Until 8:04PM
Shashthi* Until 9:11AM

Ganesha: Purple *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 6:06PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Karachi, Pakistan
Sun 4 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 25.41 Tithi 22 – 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:39AM – 10:00AM
Yama 3:24PM – 4:46PM
Rahu 11:21AM – 12:42PM

Chitra Until 12:43AM Sat
Sukarma Until 2:35PM
Balava Until 6:01PM
Saptami Until 6:59AM

Ganesha: Purple *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 6:07PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Karachi, Pakistan
Sun 5 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 9.43 Tithi 24

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 7:18AM – 8:39AM
Yama 2:04PM – 3:25PM
Rahu 10:00AM – 11:21AM

Svati Until 11:39PM
Dhriti Until 11:56AM
Taitila Until 4:19PM
Navami* Until 3:35AM Sun

Ganesha: Purple *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 6:07PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Karachi, Pakistan
Sun 6 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

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|---|---------------------------------|-------------|--|-------------------------------|-------------------------|------------------------|--------------------------------------|
| 1 | Sunday, January 19, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Karachi, Pakistan Sun 7 Sutra 280 |
| | Tula Rasi: 23.32 | Tithi 25 | Gulika 3:26PM – 4:47PM | Vishakha Until 11:14PM | Ganesha: Clear | <i>Sunrise:</i> 7:18AM | Vikarin 5121 |
| | | | Yama 12:43PM – 2:04PM | Shula* Until 9:33AM | Muruqa: Clear | <i>Sunset:</i> 6:08PM | Moon 1 - Phase 39 |
| | Routine Work | Marana Yoga | 874623466 Rahu 4:47PM – 6:08PM | Vanija Until 2:58PM | Nataraja: Orange | | 2nd Phase |
| | | | Dashami Until 2:26AM Mon | Moon – Orange | | Devaloka Day | |
| | | | | Pausha*Thai | | | |

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|---|---------------------------------|-------------|--|-------------------------------|-------------------------|------------------------|--------------------------------------|
| 2 | Monday, January 20, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau | | | | Karachi, Pakistan Sun 8 Sutra 281 |
| | Vrischika Rasi: 7.08 | Tithi 26 | Gulika 2:05PM – 3:26PM | Anuradha Until 11:02PM | Ganesha: Clear | <i>Sunrise:</i> 7:17AM | Vikarin 5121 |
| | Family Home Evening | | Yama 11:22AM – 12:43PM | Ganda* Until 7:30AM | Muruqa: Clear | <i>Sunset:</i> 6:09PM | Moon 1 - Phase 39 |
| | Creative Work | Siddha Yoga | 874623466 Rahu 8:39AM – 10:00AM | Bava Until 2:01PM | Nataraja: Orange | | 2nd Phase |
| | | | Ekadashi* Until 1:40AM Tue | Moon – Orange | | Devaloka Day | |
| | | | | Pausha*Thai | | | |

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| 3 | Tuesday, January 21, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Taila Karana Dvadashyam Titau | | | | Karachi, Pakistan Sun 9 Sutra 282 |
| | Vrischika Rasi: 20.31 | Tithi 27 | Gulika 12:43PM – 2:05PM | Jyeshtha* Until 11:05PM | Ganesha: Purple | <i>Sunrise:</i> 7:17AM | Vikarin 5121 |
| | | | Yama 10:00AM – 11:22AM | Dhruva Until 4:17AM Wed | Muruqa: Clear | <i>Sunset:</i> 6:10PM | Moon 1 - Phase 39 |
| | Routine Work | Marana Yoga | 875623466 Rahu 3:27PM – 4:48PM | Kaulava Until 1:27PM | Nataraja: Orange | | 2nd Phase |
| | | | Dvadashi* Until 1:18AM Wed | Moon – Orange | | Bhuloka Day | |
| | | | | Pausha*Thai | | Devaloka Time: 3:PM to 6:PM | |
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| 4 | Wednesday, January 22, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Karachi, Pakistan Sun 10 Sutra 283 |
| | Dhanus Rasi: 3.4 | Tithi 28 | Gulika 11:22AM – 12:44PM | Mula* Until 11:51PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:17AM | Vikarin 5121 |
| | | | Yama 8:39AM – 10:00AM | Vyaghata* Until 3:10AM Thu | Muruqa: Clear | <i>Sunset:</i> 6:10PM | Moon 1 - Phase 39 |
| | Routine Work | Marana Yoga | 885623466 Rahu 12:44PM – 2:05PM | Gara Until 1:18PM | Nataraja: Orange | | 2nd Phase |
| | | | Trayodashi* Until 1:21AM Thu | Moon – Light Blue | | Bhuloka Day | |
| | | | | Pausha*Thai | | Devaloka Time: 3:PM to 6:PM | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | Thursday, January 23, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Karachi, Pakistan Sun 11 Sutra 284 |
| | Dhanus Rasi: 16.37 | Tithi 29 | Gulika 10:00AM – 11:22AM | Purvashadha* Until 12:51AM Fri | Ganesha: Light Blue | <i>Sunrise:</i> 7:17AM | Vikarin 5121 |
| | | | Yama 7:17AM – 8:39AM | Harshana Until 2:23AM Fri | Muruqa: Clear | <i>Sunset:</i> 6:11PM | Moon 1 - Phase 39 |
| | Creative Work | Siddha Yoga | 885623466 Rahu 2:06PM – 3:28PM | Visti* Until 1:34PM | Nataraja: Orange | | 2nd Phase |
| | | | Chaturdashi* Until 1:50AM Fri | Moon – Light Blue | | Bhuloka Day | |
| | | | | Pausha*Thai | | Devaloka Time: 3:PM to 6:PM | |
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| ● | Friday, January 24, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Karachi, Pakistan Sun 12 Sutra 285 |
| | Retreat Star | | Gulika 8:38AM – 10:00AM | Uttarashadha Until 2:07AM Sat | Ganesha: Light Blue | <i>Sunrise:</i> 7:17AM | Vikarin 5121 |
| | Dhanus Rasi: 29.22 | Tithi 30 | Yama 3:28PM – 4:50PM | Vajra* Until 1:54AM Sat | Muruqa: Clear | <i>Sunset:</i> 6:12PM | Moon 1 - Phase 39 |
| | Routine Work | Marana Yoga | 885623466 Rahu 11:22AM – 12:44PM | Catuspada Until 2:15PM | Nataraja: Orange | | Amavasya |
| | | | Amavasya* Until 2:44AM Sat | Moon – Light Blue | | Bhuloka Day | |
| | | | | Pausha*Thai | | Devaloka Time: 3:PM to 6:PM | |
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| ● | Saturday, January 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Karachi, Pakistan Sun 13 Sutra 286 |
| | Retreat Star | | Gulika 7:16AM – 8:38AM | Shravana Until 4:08AM Sun | Ganesha: Light Blue | <i>Sunrise:</i> 7:16AM | Vikarin 5121 |
| | Makara Rasi: 11.55 | Tithi 1 | Yama 2:06PM – 3:29PM | Siddhi Until 1:46AM Sun | Muruqa: Clear | <i>Sunset:</i> 6:13PM | Moon 1 - Phase 39 |
| | Creative Work | Siddha Yoga | 995623466 Rahu 10:00AM – 11:22AM | Kintughna Until 3:23PM | Nataraja: Orange | | Prathama |
| | | | Prathama* Until 4:05AM Sun | Moon – Purple | | Bhuloka Day | |
| | | | | Magha*Thai | | Devaloka Time: 3:PM to 6:PM | |
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From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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|----------------------------------|-------------|---------------------------------------|------------------------------------|--|------------------------|--|-------------------|---|
| 1 | | Sunday, January 26, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Karachi, Pakistan Sun 14 Sutra 287 Vikarin 5121 |
| Makara Rasi: 24.17 | Tithi 2 | Gulika 3:29PM – 4:51PM | Dhanishtha Until 6:21AM Mon | Ganesha: Orange | <i>Sunrise:</i> 7:16AM | | | |
| | | Yama 12:45PM – 2:07PM | Vyatipata* Until 1:57AM Mon | Muruqa: Clear | <i>Sunset:</i> 6:13PM | | Moon 1 - Phase 40 | |
| | | 995723466 Rahu 4:51PM – 6:13PM | Balava Until 4:56PM | Nataraja: Orange | | | 3rd Phase | |
| Routine Work | Marana Yoga | | Dvitiya Until 5:50AM Mon | Moon – Purple | | | | Devaloka Day |
| Until 6:21AM Mon | | | | Magha-Thai | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 2 | | Monday, January 27, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Taitila Karana Tritiyayam Titau | | | | Karachi, Pakistan Sun 15 Sutra 288 Vikarin 5121 |
| Kumbha Rasi: 6.29 | Tithi 3 | Gulika 2:07PM – 3:29PM | Dhanishtha Until 6:21AM | Ganesha: Orange | <i>Sunrise:</i> 7:16AM | | | |
| Family Home Evening | | Yama 11:23AM – 12:45PM | Variyan Until 2:23AM Tue | Muruqa: Clear | <i>Sunset:</i> 6:14PM | | Moon 1 - Phase 40 | |
| | | 995723466 Rahu 8:38AM – 10:00AM | Taitila Until 6:52PM | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Tritiya Until 7:56AM Tue | Moon – Purple | | | | Devaloka Day |
| | | | | Magha-Thai | | | | |

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| 3 | | Tuesday, January 28, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | | | Karachi, Pakistan Sun 16 Sutra 289 Vikarin 5121 |
| Kumbha Rasi: 18.32 | Tithi 3 – 4 | Gulika 12:45PM – 2:07PM | Shatabhishak Until 8:45AM | Ganesha: Orange | <i>Sunrise:</i> 7:15AM | | | |
| | | Yama 10:00AM – 11:23AM | Parigha* Until 3:02AM Wed | Muruqa: Clear | <i>Sunset:</i> 6:15PM | | Moon 1 - Phase 40 | |
| | | 995723466 Rahu 3:30PM – 4:52PM | Vanija Until 9:06PM | Nataraja: Orange | | | 3rd Phase | |
| Routine Work | Marana Yoga | | Tritiya Until 7:56AM | Moon – Purple | | | | Devaloka Day |
| | | | | Magha-Thai | | | | |

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| 4 | | Wednesday, January 29, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau | | | | Karachi, Pakistan Sun 17 Sutra 290 Vikarin 5121 |
| Meena Rasi: 0.29 | Tithi 4 – 5 | Gulika 11:23AM – 12:45PM | Purvaproshtapada* Until 11:44AM | Ganesha: Green | <i>Sunrise:</i> 7:15AM | | | |
| | | Yama 8:38AM – 10:00AM | Shiva Until 3:51AM Thu | Muruqa: Clear | <i>Sunset:</i> 6:16PM | | Moon 1 - Phase 40 | |
| | | 915723466 Rahu 12:45PM – 2:08PM | Bava Until 11:34PM | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Chaturthi* Until 10:18AM | Moon – Clear | | | | Sivaloka Day |
| Until 11:44AM | | | | Magha-Thai | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 5 | | Thursday, January 30, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau | | | | Karachi, Pakistan Sun 18 Sutra 291 Vikarin 5121 |
| Meena Rasi: 12.22 | Tithi 5 – 6 | Gulika 10:00AM – 11:23AM | Uttaraproshtapada Until 2:41PM | Ganesha: Green | <i>Sunrise:</i> 7:15AM | | | |
| | | Yama 7:15AM – 8:37AM | Siddha Until 4:40AM Fri | Muruqa: Clear | <i>Sunset:</i> 6:16PM | | Moon 1 - Phase 40 | |
| | | 915723466 Rahu 2:08PM – 3:31PM | Kaulava Until 2:06AM Fri | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Panchami Until 12:49PM | Moon – Clear | | | | Sivaloka Day |
| | | | | Magha-Thai | | | | |

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| 6 | | Friday, January 31, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Karachi, Pakistan Sun 19 Sutra 292 Vikarin 5121 |
| Meena Rasi: 24.14 | Tithi 6 – 7 | Gulika 8:37AM – 10:00AM | Revati Until 5:26PM | Ganesha: Orange | <i>Sunrise:</i> 7:14AM | | | |
| | | Yama 3:31PM – 4:54PM | Sadhya Until 5:25AM Sat | Muruqa: Clear | <i>Sunset:</i> 6:17PM | | Moon 1 - Phase 40 | |
| | | 916723466 Rahu 11:23AM – 12:46PM | Gara Until 4:32AM Sat | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 3:19PM | Moon – Clear | | | | Devaloka Day |
| Until 5:26PM | | | | Magha-Thai | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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|---------------------|-------------|---|-----------------------------|--|------------------------|--|-------------------|---|
| Retreat Star | | Saturday, February 1, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Karachi, Pakistan Sun 20 Sutra 293 Vikarin 5121 |
| Mesha Rasi: 6.09 | Tithi 7 – 8 | Gulika 7:14AM – 8:37AM | Ashvini Until 8:20PM | Ganesha: Green | <i>Sunrise:</i> 7:14AM | | | |
| | | Yama 2:08PM – 3:31PM | Subha Until 5:57AM Sun | Muruqa: Clear | <i>Sunset:</i> 6:17PM | | Moon 1 - Phase 40 | |
| | | 926723466 Rahu 10:00AM – 11:23AM | Visti Until 6:40AM Sun | Nataraja: Orange | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Saptami Until 5:38PM | Moon – White | | | | Bhuloka Day |
| | | | | Magha-Thai | | | | Devaloka Time: 3:PM to 6:PM |

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| Retreat Star | | Sunday, February 2, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Karachi, Pakistan Sun 21 Sutra 294 Vikarin 5121 |
| Mesha Rasi: 18.11 | Tithi 8 | Gulika 3:32PM – 4:55PM | Bharani Until 10:39PM | Ganesha: Green | <i>Sunrise:</i> 7:14AM | | | |
| | | Yama 12:46PM – 2:09PM | Sukla Until 6:05AM Mon | Muruqa: Clear | <i>Sunset:</i> 6:18PM | | Moon 1 - Phase 40 | |
| | | 926723466 Rahu 4:55PM – 6:18PM | Visti Until 6:40AM | Nataraja: Orange | | | Ashtami | |
| Routine Work | Prabalarishta Yoga | | Ashtami* Until 7:32PM | Moon – White | | | | Bhuloka Day |
| Until 10:39PM | | | | Magha-Thai | | | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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|----------------------------------|-------------|--|-----------------------------------|---|------------------------|--|-------------------|---|
| Retreat Star | | Monday, February 3, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau | | | | Karachi, Pakistan Sun 22 Sutra 295 Vikarin 5121 |
| Vrishabha Rasi: 0.26 | Tithi 9 | Gulika 2:09PM – 3:32PM | Krittika Until 12:12AM Tue | Ganesha: Green | <i>Sunrise:</i> 7:13AM | | | |
| Family Home Evening | | Yama 11:23AM – 12:46PM | Sukla Until 6:05AM | Muruqa: Clear | <i>Sunset:</i> 6:18PM | | Moon 1 - Phase 40 | |
| | | 926723466 Rahu 8:36AM – 10:00AM | Balava Until 8:18AM | Nataraja: Orange | | | Navami | |
| Routine Work | Marana Yoga | | Navami* Until 8:50PM | Moon – White | | | | Bhuloka Day |
| Until 12:12AM Tue | | | | Magha-Thai | | | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | | | | |


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|---|----------------------------------|-----------|---|---|--|---|
| 1 | Tuesday, February 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau | | | Karachi, Pakistan Sun 23 Sutra 296 |
| | 936723467 | 936723467 | Gulika 12:46PM – 2:09PM Yama 9:59AM – 11:23AM Rahu 3:32PM – 4:56PM | Rohini Until 1:20AM Wed Indra Until 4:44AM Wed Taitila Until 9:13AM Dashami Until 9:21PM | Ganesha: Red <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Yellow Magha-Thai | Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day |
| Creative Work Amrita Yoga Until 1:20AM Wed Then Creative Work - Siddha Yoga | | | | | | |


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|--|------------------------------------|-----------|--|--|--|---|
| 2 | Wednesday, February 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visli* Karana Ekadashyam Titau | | | Karachi, Pakistan Sun 24 Sutra 297 |
| | 936723467 | 936723467 | Gulika 11:23AM – 12:46PM Yama 8:36AM – 9:59AM Rahu 12:46PM – 2:09PM | Mrigashira Until 1:29AM Thu Vaidhriti* Until 3:05AM Thu Vanija Until 9:19AM Ekadashi Until 9:02PM | Ganesha: Red <i>Sunrise:</i> 7:12AM Muruqa: Clear <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – Yellow Magha-Thai | Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day |
| Creative Work Siddha Yoga Until 1:29AM Thu Then Routine Work - Marana Yoga | | | | | | |

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|---|-----------------------------------|-----------|---|--|--|---|
| 3 | Thursday, February 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau | | | Karachi, Pakistan Sun 25 Sutra 298 |
| | 936723467 | 936723467 | Gulika 9:59AM – 11:23AM Yama 7:12AM – 8:35AM Rahu 2:10PM – 3:33PM | Ardra Until 12:41AM Fri Vishkambha* Until 12:48AM Fri Bava Until 8:35AM Dvadashi Until 7:54PM | Ganesha: Red <i>Sunrise:</i> 7:12AM Muruqa: Clear <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – Yellow Magha-Thai | Vikarin 5121 Moon 1 - Phase 41 4th Phase Devaloka Day |
| Routine Work Marana Yoga Until 12:41AM Fri Then Creative Work - Siddha Yoga | | | | | | |

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|--|---------------------------------|-----------|--|--|---|---|
| 4 | Friday, February 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | Karachi, Pakistan Sun 26 Sutra 299 |
| | 947723467 | 947723467 | Gulika 8:35AM – 9:59AM Yama 3:34PM – 4:57PM Rahu 11:22AM – 12:46PM | Punarvasu Until 11:28PM Priti Until 9:57PM Kaulava Until 7:03AM Trayodashi Until 6:00PM | Ganesha: Blue <i>Sunrise:</i> 7:11AM Muruqa: Clear <i>Sunset:</i> 6:21PM Nataraja: Clear Moon – Blue Magha-Thai | Vikarin 5121 Moon 1 - Phase 41 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga Until 11:28PM Then Routine Work - Marana Yoga <i>Pradosha Vrata</i> | | | | | | |

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|--|-----------------------------------|-----------|--|---|---|---|
| 5 | Saturday, February 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau | | | Karachi, Pakistan Sun 27 Sutra 300 |
| | 947723467 | 947723467 | Gulika 7:11AM – 8:35AM Yama 2:10PM – 3:34PM Rahu 9:58AM – 11:22AM | Pushya Until 9:31PM Ayushman Until 6:36PM Visli Until 2:03AM Sun Chaturdashi* Until 3:29PM | Ganesha: Blue <i>Sunrise:</i> 7:11AM Muruqa: Clear <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Blue Magha-Thai | Vikarin 5121 Moon 1 - Phase 41 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga Until 9:31PM Then Routine Work - Marana Yoga | | | | | | |

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|---|---------------------------------|-----------|---|--|---|---|
|  | Sunday, February 9, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | Karachi, Pakistan Sutra 301 |
| | 947723467 | 947723467 | Gulika 3:34PM – 4:58PM Yama 12:46PM – 2:10PM Rahu 4:58PM – 6:22PM | Ashlesha* Until 7:01PM Saubhagya Until 2:54PM Balava Until 10:54PM Purnima* Until 12:30PM | Ganesha: Blue <i>Sunrise:</i> 7:10AM Muruqa: Clear <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Blue Magha-Thai | Vikarin 5121 Moon 1 - Phase 41 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga Until 7:01PM Then Routine Work - Marana Yoga | | | | | | |

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|--|----------------------------------|-----------|---|--|---|--|
|  | Monday, February 10, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | | | Karachi, Pakistan Sutra 302 |
| | 957723467 | 957723467 | Gulika 2:10PM – 3:35PM Yama 11:22AM – 12:46PM Rahu 8:34AM – 9:58AM | Magha* Until 4:33PM Sobhana Until 10:59AM Taitila Until 7:31PM Prathama* Until 9:13AM | Ganesha: Red <i>Sunrise:</i> 7:10AM Muruqa: Clear <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Red Magha-Thai | Vikarin 5121 Moon 1 - Phase 41 Prathama Devaloka Day |
| Simha Rasi: 6.44 Tithi 16 – 17 Family Home Evening Routine Work Marana Yoga Until 4:33PM Then Creative Work - Siddha Yoga | | | | | | |



Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Karachi, Pakistan

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 21.44 Tithi 18

957723467

Gulika

12:46PM - 2:11PM

Yama

9:58AM - 11:22AM

Rahu

3:35PM - 4:59PM

Purvaphalguni Until 1:52PM

Athiganda* Until 6:56AM

Vanija Until 4:06PM

Tritiya Until 2:24AM Wed

Ganesha: Red

Sunrise: 7:09AM

Muruqa: Clear

Sunset: 6:24PM

Nataraja: Clear

Moon - Red
Magha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 1:52PM

Then Creative Work - Amrita Yoga

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Karachi, Pakistan

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 6.43 Tithi 19

957723467

Gulika

11:22AM - 12:46PM

Yama

8:33AM - 9:57AM

Rahu

12:46PM - 2:11PM

Uttaraphalguni Until 11:08AM

Dhriti Until 11:07PM

Bava Until 12:47PM

Chaturthi* Until 11:11PM

Ganesha: Red

Sunrise: 7:08AM

Muruqa: Clear

Sunset: 6:24PM

Nataraja: Clear

Moon - Red
Magha*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 11:08AM

Then Routine Work - Marana Yoga

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Karachi, Pakistan

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 21.32 Tithi 20

967723467

Gulika

9:57AM - 11:22AM

Yama

7:08AM - 8:32AM

Rahu

2:11PM - 3:36PM

Hasta Until 8:56AM

Shula* Until 7:32PM

Kaulava Until 9:43AM

Panchami Until 8:19PM

Ganesha: Green

Sunrise: 7:08AM

Muruqa: Clear

Sunset: 6:25PM

Nataraja: Clear

Moon - Green
Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 8:56AM

Then Creative Work - Siddha Yoga

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*Yridhi Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Karachi, Pakistan

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 6.04 Tithi 21 - 22

968723467

Gulika

8:32AM - 9:57AM

Yama

3:36PM - 5:01PM

Rahu

11:21AM - 12:46PM

Chitra Until 6:58AM

Ganda* Until 4:20PM

Gara Until 7:03AM

Shashthi* Until 5:53PM

Ganesha: White

Sunrise: 7:07AM

Muruqa: Clear

Sunset: 6:26PM

Nataraja: Clear

Moon - Green
Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Karachi, Pakistan

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 20.16 Tithi 22 - 23

978723467

Gulika

7:06AM - 8:31AM

Yama

2:11PM - 3:36PM

Rahu

9:56AM - 11:21AM

Vishakha Until 4:39AM Sun

Vriddhi Until 1:35PM

Balava Until 3:19AM Sun

Saptami Until 4:01PM

Ganesha: Clear

Sunrise: 7:06AM

Muruqa: Clear

Sunset: 6:26PM

Nataraja: Clear

Moon - Orange
Magha*Masi

Devaloka Day

Creative Work Siddha Yoga

Until 4:39AM Sun

Then Routine Work - Marana Yoga

5

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Karachi, Pakistan

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Vrischika Rasi: 4.05 Tithi 23 - 24

978723467

Gulika

3:36PM - 5:02PM

Yama

12:46PM - 2:11PM

Rahu

5:02PM - 6:27PM

Anuradha Until 4:23AM Mon

Dhruva Until 11:17AM

Taitila Until 2:22AM Mon

Ashtami* Until 2:44PM

Ganesha: Clear

Sunrise: 7:06AM

Muruqa: Clear

Sunset: 6:27PM

Nataraja: Clear

Moon - Orange
Magha*Masi

Devaloka Day

Routine Work Marana Yoga

Until 4:23AM Mon

Then Creative Work - Siddha Yoga

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Karachi, Pakistan

Sun 7 Sutra 309

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 17.33 Tithi 24 - 25

978723467

Gulika

2:11PM - 3:37PM

Yama

11:21AM - 12:46PM

Rahu

8:30AM - 9:56AM

Jyeshtha* Until 4:33AM Tue

Vyaghata* Until 9:30AM

Vanija Until 2:01AM Tue

Navami* Until 2:06PM

Ganesha: Clear

Sunrise: 7:05AM

Muruqa: Clear

Sunset: 6:27PM

Nataraja: Clear

Moon - Orange
Magha*Masi

Devaloka Day

Creative Work Siddha Yoga

Until 4:33AM Tue

Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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|---|-----------------------------------|---------------|--|-------------------------------|------------------------|---|--------------------------------------|
| 1 | Tuesday, February 18, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 8 Sutra 310 |
| | Dhanus Rasi: 0.41 | Tithi 25 – 26 | Gulika 12:46PM – 2:12PM | Mula* Until 5:36AM Wed | Ganesha: Purple | <i>Sunrise:</i> 7:04AM | Vikarin 5121 |
| | | | Yama 9:55AM – 11:21AM | Harshana Until 8:12AM | Muruqa: Clear | <i>Sunset:</i> 6:28PM | Moon 2 - Phase 43 |
| | Creative Work | Amrita Yoga | 988723467 Rahu 3:37PM – 5:02PM | Bava Until 2:16AM Wed | Nataraja: Clear | | 2nd Phase |
| | | | Dashami Until 2:03PM | Moon – Light Blue | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | Magha* Masi | | | |

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| 2 | Wednesday, February 19, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Karachi, Pakistan Sun 9 Sutra 311 |
| | Dhanus Rasi: 13.32 | Tithi 26 – 27 | Gulika 11:20AM – 12:46PM | Purvashadha* Until 6:58AM Thu | Ganesha: Purple | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | | Yama 8:29AM – 9:55AM | Vajra* Until 7:19AM | Muruqa: Clear | <i>Sunset:</i> 6:28PM | Moon 2 - Phase 43 |
| | Creative Work | Amrita Yoga | 988723467 Rahu 12:46PM – 2:12PM | Kaulava Until 3:01AM Thu | Nataraja: Clear | | 2nd Phase |
| | | | Ekadashi* Until 2:34PM | Moon – Light Blue | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | Magha* Masi | | | |

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| 3 | Thursday, February 20, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyaltipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Karachi, Pakistan Sun 10 Sutra 312 |
| | Dhanus Rasi: 26.09 | Tithi 27 – 28 | Gulika 9:54AM – 11:20AM | Purvashadha* Until 6:58AM | Ganesha: Purple | <i>Sunrise:</i> 7:03AM | Vikarin 5121 |
| | | | Yama 7:03AM – 8:28AM | Siddhi Until 6:49AM | Muruqa: Clear | <i>Sunset:</i> 6:29PM | Moon 2 - Phase 43 |
| | Creative Work | Siddha Yoga | 989823467 Rahu 2:12PM – 3:37PM | Gara Until 4:12AM Fri | Nataraja: Clear | | 2nd Phase |
| | | | Dvadashi* Until 3:32PM | Moon – Light Blue | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | Magha* Masi | | | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 4 | Friday, February 21, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaltipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan Sun 11 Sutra 313 |
| | Makara Rasi: 8.34 | Tithi 28 – 29 | Gulika 8:28AM – 9:54AM | Uttarashadha Until 8:35AM | Ganesha: Purple | <i>Sunrise:</i> 7:02AM | Vikarin 5121 |
| | | | Yama 3:38PM – 5:04PM | Vyaltipata* Until 6:40AM | Muruqa: Clear | <i>Sunset:</i> 6:30PM | Moon 2 - Phase 43 |
| | Routine Work | Marana Yoga | 989823467 Rahu 11:20AM – 12:46PM | Visti Until 5:45AM Sat | Nataraja: Clear | | 2nd Phase |
| | | | Trayodashi* Until 4:55PM | Moon – Light Blue | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | Magha* Masi | | | |
| | | | | Mahasivaratri (Lunar) | | | |
| | | | | Mahasivaratri (Solar) | | | |

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| 5 | Saturday, February 22, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni* Karana Chaturdashyam Titau | | | | Karachi, Pakistan Sun 12 Sutra 314 |
| | Makara Rasi: 20.51 | Tithi 29 | Gulika 7:01AM – 8:27AM | Shravana Until 10:52AM | Ganesha: Light Blue | <i>Sunrise:</i> 7:01AM | Vikarin 5121 |
| | | | Yama 2:12PM – 3:38PM | Variyan Until 6:45AM | Muruqa: Clear | <i>Sunset:</i> 6:30PM | Moon 2 - Phase 43 |
| | Creative Work | Siddha Yoga | 999823467 Rahu 9:53AM – 11:20AM | Sakuni Until 6:37PM | Nataraja: Clear | | 2nd Phase |
| | | | Chaturdashi* Until 6:37PM | Moon – Purple | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | Magha* Masi | | | |

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| ● | Sunday, February 23, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Karachi, Pakistan Sun 13 Sutra 315 |
| | Retreat Star | | Gulika 3:38PM – 5:04PM | Dhanishtha Until 1:16PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:00AM | Vikarin 5121 |
| | Kumbha Rasi: 3 | Tithi 30 | Yama 12:46PM – 2:12PM | Parigha* Until 7:04AM | Muruqa: Clear | <i>Sunset:</i> 6:31PM | Moon 2 - Phase 43 |
| | Routine Work | Marana Yoga | 999823467 Rahu 5:04PM – 6:31PM | Catuspada Until 7:36AM | Nataraja: Clear | | Amavasya |
| | | | Amavasya* Until 8:36PM | Moon – Purple | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | Magha* Masi | | | |

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| ● | Monday, February 24, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Karachi, Pakistan Sun 14 Sutra 316 |
| | Retreat Star | | Gulika 2:12PM – 3:38PM | Shatabhishak Until 3:43PM | Ganesha: Light Blue | <i>Sunrise:</i> 6:59AM | Vikarin 5121 |
| | Kumbha Rasi: 15.03 | Tithi 1 | Yama 11:19AM – 12:45PM | Shiva Until 7:36AM | Muruqa: Clear | <i>Sunset:</i> 6:31PM | Moon 2 - Phase 43 |
| | Family Home Evening | | 999823467 Rahu 8:26AM – 9:52AM | Kintughna Until 9:42AM | Nataraja: Clear | | Prathama |
| | | | Prathama* Until 10:48PM | Moon – Purple | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | Phalgun* Masi | | | |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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| 1 | | Tuesday, February 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau | Karachi, Pakistan Sun 15 Sutra 317 Vikarin 5121 |
| Kumbha Rasi: 27.01 | Tithi 2 | Gulika 12:45PM – 2:12PM | Purvaproshtapada* Until 6:41PM | Ganesha: Orange <i>Sunrise:</i> 6:59AM | |
| | | Yama 9:52AM – 11:19AM | Siddha Until 8:15AM | Muruqa: Clear <i>Sunset:</i> 6:32PM | Moon 2 - Phase 44 |
| | | 919823467 Rahu 3:39PM – 5:05PM | Balava Until 12:00PM | Nataraja: Clear | 3rd Phase |
| Routine Work Marana Yoga | | | Dvitiya Until 1:11AM Wed | Moon – Clear | Devaloka Day |
| Until 6:41PM | | | | Phalguna-Masi | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 2 | | Wednesday, February 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau | Karachi, Pakistan Sun 16 Sutra 318 Vikarin 5121 |
| Meena Rasi: 8.56 | Tithi 3 | Gulika 11:18AM – 12:45PM | Uttaraproshtapada Until 9:36PM | Ganesha: Orange <i>Sunrise:</i> 6:58AM | |
| | | Yama 8:25AM – 9:51AM | Sadhya Until 9:02AM | Muruqa: Clear <i>Sunset:</i> 6:32PM | Moon 2 - Phase 44 |
| | | 919823467 Rahu 12:45PM – 2:12PM | Taitila Until 2:27PM | Nataraja: Clear | 3rd Phase |
| Creative Work Siddha Yoga | | | Tritiya Until 3:41AM Thu | Moon – Clear | Devaloka Day |
| Until 9:36PM | | | | Phalguna-Masi | |
| Then Routine Work - Marana Yoga | | | | | |

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|----------------------------------|---------|---|------------------------------------|---|---|
| 3 | | Thursday, February 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau | Karachi, Pakistan Sun 17 Sutra 319 Vikarin 5121 |
| Meena Rasi: 20.48 | Tithi 4 | Gulika 9:51AM – 11:18AM | Revati Until 12:25AM Fri | Ganesha: Orange <i>Sunrise:</i> 6:57AM | |
| | | Yama 6:57AM – 8:24AM | Subha Until 9:55AM | Muruqa: Clear <i>Sunset:</i> 6:33PM | Moon 2 - Phase 44 |
| | | 919823467 Rahu 2:12PM – 3:39PM | Vanija Until 4:58PM | Nataraja: Clear | 3rd Phase |
| Creative Work Siddha Yoga | | | Chaturthi* Until 6:12AM Fri | Moon – Clear | Devaloka Day |
| Until 12:25AM Fri | | | | Phalguna-Masi | |
| Then Creative Work - Amrita Yoga | | Subramuniyaswami Siva Vision Day | | | |

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|----------------------------------|-------------|---|---------------------------------|---|---|
| 4 | | Friday, February 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | Karachi, Pakistan Sun 18 Sutra 320 Vikarin 5121 |
| Mesha Rasi: 2.4 | Tithi 4 – 5 | Gulika 8:23AM – 9:50AM | Ashvini Until 3:29AM Sat | Ganesha: Purple <i>Sunrise:</i> 6:56AM | |
| | | Yama 3:39PM – 5:06PM | Sukla Until 10:45AM | Muruqa: Clear <i>Sunset:</i> 6:33PM | Moon 2 - Phase 44 |
| | | 921823467 Rahu 11:18AM – 12:45PM | Bava Until 7:27PM | Nataraja: Clear | 3rd Phase |
| Creative Work Amrita Yoga | | | Chaturthi* Until 6:12AM | Moon – White | Bhuloka Day |
| Until 3:29AM Sat | | | | Phalguna-Masi | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |

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|---------------------------|-------------|--|---------------------------------|---|---|
| 5 | | Saturday, February 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Karachi, Pakistan Sun 19 Sutra 321 Vikarin 5121 |
| Mesha Rasi: 14.34 | Tithi 5 – 6 | Gulika 6:55AM – 8:23AM | Bharani Until 6:10AM Sun | Ganesha: Purple <i>Sunrise:</i> 6:55AM | |
| | | Yama 2:12PM – 3:39PM | Brahma Until 11:31AM | Muruqa: Clear <i>Sunset:</i> 6:34PM | Moon 2 - Phase 44 |
| | | 921823467 Rahu 9:50AM – 11:17AM | Kaulava Until 9:45PM | Nataraja: Clear | 3rd Phase |
| Creative Work Siddha Yoga | | | Panchami Until 8:37AM | Moon – White | Bhuloka Day |
| | | | | Phalguna-Masi | Devaloka Time: 3:PM to 6:PM |

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|----------------------------------|-------------|---------------------------------------|--------------------------------|---|---|
| 6 | | Sunday, March 1, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Karachi, Pakistan Sun 20 Sutra 322 Vikarin 5121 |
| Mesha Rasi: 26.34 | Tithi 6 – 7 | Gulika 3:40PM – 5:07PM | Bharani Until 6:10AM | Ganesha: Purple <i>Sunrise:</i> 6:53AM | |
| | | Yama 12:44PM – 2:12PM | Indra Until 12:05PM | Muruqa: Orange <i>Sunset:</i> 6:35PM | Moon 2 - Phase 44 |
| | | 921833467 Rahu 5:07PM – 6:35PM | Gara Until 11:41PM | Nataraja: Clear | 3rd Phase |
| Routine Work Prabalarishta Yoga | | | Shashthi* Until 10:45AM | Moon – White | Bhuloka Day |
| Until 6:10AM | | | | Phalguna-Masi | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | |

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|----------------------------------|-------------|---------------------------------------|------------------------------|---|---|
| Retreat Star | | Monday, March 2, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | Karachi, Pakistan Sun 21 Sutra 323 Vikarin 5121 |
| Vrishabha Rasi: 8.44 | Tithi 7 – 8 | Gulika 2:12PM – 3:40PM | Krittika Until 8:16AM | Ganesha: Purple <i>Sunrise:</i> 6:52AM | |
| Family Home Evening | | Yama 11:16AM – 12:44PM | Vaidhriti* Until 12:14PM | Muruqa: Orange <i>Sunset:</i> 6:35PM | Moon 2 - Phase 44 |
| | | 921833467 Rahu 8:20AM – 9:48AM | Visti Until 1:01AM Tue | Nataraja: Clear | Ashtami |
| Routine Work Marana Yoga | | | Saptami Until 12:25PM | Moon – White | Bhuloka Day |
| Until 8:16AM | | | | Phalguna-Masi | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | |

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|----------------------------------|-------------|---------------------------------------|------------------------------|--|---|
| Retreat Star | | Tuesday, March 3, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Karachi, Pakistan Sun 22 Sutra 324 Vikarin 5121 |
| Vrishabha Rasi: 21.11 | Tithi 8 – 9 | Gulika 12:44PM – 2:12PM | Rohini Until 10:04AM | Ganesha: Clear <i>Sunrise:</i> 6:52AM | |
| | | Yama 9:48AM – 11:16AM | Vishkambha* Until 11:54AM | Muruqa: Orange <i>Sunset:</i> 6:36PM | Moon 2 - Phase 44 |
| | | 931833467 Rahu 3:40PM – 5:08PM | Balava Until 1:36AM Wed | Nataraja: Clear | Navami |
| Creative Work Amrita Yoga | | | Ashtami* Until 1:23PM | Moon – Yellow | Devaloka Day |
| Until 10:04AM | | | | Phalguna-Masi | |
| Then Creative Work - Siddha Yoga | | | | | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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|----------|---------------------------------|--------------|--|--|---|--|--|
| 1 | Wednesday, March 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Karachi, Pakistan Sun 23 Sutra 325 |
| | Mithuna Rasi: 3.59 | Tithi 9 – 10 | 931833467 | Gulika 11:15AM – 12:44PM Yama 8:19AM – 9:47AM Rahu 12:44PM – 2:12PM | Mrigashira Until 10:55AM Priti Until 10:57AM Taitila Until 1:19AM Thu Navami* Until 1:33PM | Ganesha: Clear <i>Sunrise: 6:51AM</i> Muruqa: Orange <i>Sunset: 6:36PM</i> Nataraja: Clear Moon – Yellow | Vikarin 5121 Moon 2 - Phase 45 4th Phase |
| | Creative Work | Siddha Yoga | | | | Phalguna-Masi | Devaloka Day |
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|----------|--------------------------------|----------------------------------|--|--|---|--|--|
| 2 | Thursday, March 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 24 Sutra 326 |
| | Mithuna Rasi: 17.13 | Tithi 10 – 11 | 131833467 | Gulika 9:46AM – 11:15AM Yama 6:50AM – 8:18AM Rahu 2:12PM – 3:40PM | Ardra Until 10:47AM Ayushman Until 9:18AM Vanija Until 12:09AM Fri Dashami Until 12:49PM | Ganesha: Red <i>Sunrise: 6:50AM</i> Muruqa: Orange <i>Sunset: 6:37PM</i> Nataraja: Clear Moon – Yellow | Vikarin 5121 Moon 2 - Phase 45 4th Phase |
| | Routine Work | Marana Yoga | | | | Phalguna-Masi | Devaloka Day |
| | Until 10:47AM | Then Creative Work - Amrita Yoga | | | | | |

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|----------|------------------------------|---------------------------------|---|---|---|---|---|
| 3 | Friday, March 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau | | | | Karachi, Pakistan Sun 25 Sutra 327 |
| | Kataka Rasi: 0.56 | Tithi 11 – 12 | 141833467 | Gulika 8:17AM – 9:46AM Yama 3:40PM – 5:09PM Rahu 11:14AM – 12:43PM | Punarvasu Until 10:05AM Saubhagya Until 6:58AM Bava Until 10:10PM Ekadashi Until 11:14AM | Ganesha: Blue <i>Sunrise: 6:49AM</i> Muruqa: Orange <i>Sunset: 6:37PM</i> Nataraja: Clear Moon – Blue | Vikarin 5121 Moon 2 - Phase 45 4th Phase |
| | Creative Work | Siddha Yoga | | | | Phalguna-Masi | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | Until 10:05AM | Then Routine Work - Marana Yoga | | | | | |

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| 4 | Saturday, March 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Karachi, Pakistan Sun 26 Sutra 328 |
| | Kataka Rasi: 15.1 | Tithi 12 – 13 | 141833467 | Gulika 6:48AM – 8:16AM Yama 2:12PM – 3:40PM Rahu 9:45AM – 11:14AM | Pushya Until 8:29AM Athiganda* Until 12:29AM Sun Kaulava Until 7:29PM Dvadashi Until 8:53AM | Ganesha: Blue <i>Sunrise: 6:48AM</i> Muruqa: Orange <i>Sunset: 6:38PM</i> Nataraja: Clear Moon – Blue | Vikarin 5121 Moon 2 - Phase 45 4th Phase |
| | Creative Work | Siddha Yoga | | | | Phalguna-Masi | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | Until 8:29AM | Then Routine Work - Marana Yoga | | | | | |

Pradosha Vrata

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|----------|------------------------------|---------------------------------|--|--|--|---|---|
| 5 | Sunday, March 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Karachi, Pakistan Sun 27 Sutra 329 |
| | Kataka Rasi: 29.5 | Tithi 14 | 141833467 | Gulika 3:40PM – 5:09PM Yama 12:43PM – 2:11PM Rahu 5:09PM – 6:38PM | Ashlesha* Until 6:07AM Sukarma Until 8:34PM Gara Until 4:15PM Chaturdashi* Until 2:27AM Mon | Ganesha: Blue <i>Sunrise: 6:47AM</i> Muruqa: Orange <i>Sunset: 6:38PM</i> Nataraja: Clear Moon – Blue | Vikarin 5121 Moon 2 - Phase 45 4th Phase |
| | Creative Work | Siddha Yoga | | Chidambaram Abhishekam | | Phalguna-Masi | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | Until 6:07AM | Then Routine Work - Marana Yoga | | | | | |

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|--|------------------------------|-------------|---|---|---|---|--|
| | Monday, March 9, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Karachi, Pakistan Sutra 330 |
| | Copper Retreat Star | | 152833467 | Gulika 2:11PM – 3:41PM Yama 11:13AM – 12:42PM Rahu 8:15AM – 9:44AM | Purvaphalguni Until 12:34AM Tue Dhriti Until 4:23PM Visti Until 12:38PM Purnima* Until 10:43PM | Ganesha: White <i>Sunrise: 6:46AM</i> Muruqa: Orange <i>Sunset: 6:39PM</i> Nataraja: Clear Moon – Red | Vikarin 5121 Moon 2 - Phase 45 Purnima |
| | Simha Rasi: 14.52 | Tithi 15 | | | | Phalguna-Masi | Sivaloka Day |
| | Family Home Evening | Siddha Yoga | | | | | |

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|--|--------------------------------|-------------|---|---|--|---|---|
| | Tuesday, March 10, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Karachi, Pakistan Sutra 331 |
| | Silver Retreat Star | | 152833467 | Gulika 12:42PM – 2:11PM Yama 9:43AM – 11:13AM Rahu 3:41PM – 5:10PM | Uttaraphalguni Until 9:22PM Shula* Until 12:01PM Balava Until 8:49AM Prathama* Until 6:53PM | Ganesha: White <i>Sunrise: 6:45AM</i> Muruqa: Orange <i>Sunset: 6:39PM</i> Nataraja: Clear Moon – Red | Vikarin 5121 Moon 2 - Phase 45 Prathama |
| | Kanya Rasi: 0.07 | Tithi 16 | | | | Phalguna-Masi | Sivaloka Day |
| | Creative Work | Amrita Yoga | | | | | |

Then Creative Work - Siddha Yoga



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Karachi, Pakistan

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 15.23 Tithi 17 - 18

162833467

Gulika 11:12AM - 12:42PM
Yama 8:13AM - 9:43AM
Rahu 12:42PM - 2:11PM

Hasta Until 6:31PM
Ganda* Until 7:41AM
Vanija Until 1:18AM Thu
Dvitiya Until 3:06PM

Ganesha: Clear *Sunrise: 6:44AM*
Muruqa: Orange *Sunset: 6:40PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 6:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Karachi, Pakistan

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 0.32 Tithi 18 - 19

162833467

Gulika 9:42AM - 11:12AM
Yama 6:43AM - 8:12AM
Rahu 2:11PM - 3:41PM

Chitra Until 3:49PM
Dhruva Until 11:36PM
Bava Until 9:57PM
Tritiya Until 11:33AM

Ganesha: Clear *Sunrise: 6:43AM*
Muruqa: Orange *Sunset: 6:40PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 3:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Karachi, Pakistan

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 15.24 Tithi 19 - 20

162833467

Gulika 8:12AM - 9:42AM
Yama 3:41PM - 5:11PM
Rahu 11:11AM - 12:41PM

Svati Until 1:24PM
Vyaghata* Until 8:06PM
Kaulava Until 7:04PM
Chaturthi* Until 8:25AM

Ganesha: Clear *Sunrise: 6:42AM*
Muruqa: Orange *Sunset: 6:41PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Karachi, Pakistan

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 29.52 Tithi 21

172833467

Gulika 6:41AM - 8:11AM
Yama 2:11PM - 3:41PM
Rahu 9:41AM - 11:11AM

Vishakha Until 11:51AM
Harshana Until 5:08PM
Gara Until 4:49PM
Shashthi* Until 3:56AM Sun

Ganesha: Purple *Sunrise: 6:41AM*
Muruqa: Orange *Sunset: 6:41PM*
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Karachi, Pakistan

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 13.52 Tithi 22

172833468

Gulika 3:41PM - 5:11PM
Yama 12:41PM - 2:11PM
Rahu 5:11PM - 6:41PM

Anuradha Until 10:52AM
Vajra* Until 2:44PM
Visti Until 3:17PM
Saptami Until 2:48AM Mon

Ganesha: Purple *Sunrise: 6:40AM*
Muruqa: Orange *Sunset: 6:41PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Karachi, Pakistan

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 27.25 Tithi 23

172933468

Gulika 2:11PM - 3:41PM
Yama 11:10AM - 12:40PM
Rahu 8:09AM - 9:40AM

Jyeshtha* Until 10:31AM
Siddhi Until 12:58PM
Balava Until 2:33PM
Ashtami* Until 2:28AM Tue

Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Orange *Sunset: 6:42PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Karachi, Pakistan

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 10.31 Tithi 24

182933468

Gulika 12:40PM - 2:11PM
Yama 9:39AM - 11:09AM
Rahu 3:41PM - 5:12PM

Mula* Until 11:13AM
Vyatipata* Until 11:50AM
Taitila Until 2:36PM
Navami* Until 2:52AM Wed

Ganesha: Purple *Sunrise: 6:38AM*
Muruqa: Orange *Sunset: 6:42PM*
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 11:13AM

Then Creative Work - Siddha Yoga

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|----------|----------------------------------|-------------|---|-----------------------|---|---|---|
| 1 | Wednesday, March 18, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Karachi, Pakistan |
| | Dhanus Rasi: 23.16 | Tithi 25 | 182933468 | Gulika Yama | 11:09AM – 12:40PM 8:08AM – 9:38AM | Purvashadha* Until 12:29PM Variyan Until 11:14AM Vanija Until 3:21PM | Sun 8 Sutra 339 Vikarin 5121 |
| | Creative Work | Amrita Yoga | | Rahu | 12:40PM – 2:10PM | Ganesha: Purple Muruga: Orange Nataraja: Purple Moon – Light Blue | Sunrise: 6:37AM Sunset: 6:43PM Moon 3 - Phase 47 2nd Phase |
| | | | | | Dashami Until 3:57AM Thu | Phalguna•Panguni | Devaloka Day |

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|----------|---------------------------------|----------------------------------|---|-----------------------|--|---|---|
| 2 | Thursday, March 19, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau | | | | Karachi, Pakistan |
| | Makara Rasi: 5.43 | Tithi 26 | 182933468 | Gulika Yama | 9:38AM – 11:09AM 6:36AM – 8:07AM | Uttarashadha Until 2:10PM Parigha* Until 11:07AM Bava Until 4:42PM | Sun 9 Sutra 340 Vikarin 5121 |
| | Routine Work | Marana Yoga | | Rahu | 2:10PM – 3:41PM | Ganesha: Purple Muruga: Orange Nataraja: Purple Moon – Light Blue | Sunrise: 6:36AM Sunset: 6:43PM Moon 3 - Phase 47 2nd Phase |
| | Until 2:10PM | Then Creative Work - Siddha Yoga | | | Ekadashi* Until 5:32AM Fri | Phalguna•Panguni | Devaloka Day |

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|----------|-------------------------------|----------------------------------|--|-----------------------|---|---|---|
| 3 | Friday, March 20, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava Karana Dvadashyam Titau | | | | Karachi, Pakistan |
| | Makara Rasi: 17.58 | Tithi 27 | 192933468 | Gulika Yama | 8:06AM – 9:37AM 3:41PM – 5:12PM | Shravana Until 4:37PM Shiva Until 11:23AM Kaulava Until 6:30PM | Sun 10 Sutra 341 Vikarin 5121 |
| | Routine Work | Marana Yoga | | Rahu | 11:08AM – 12:39PM | Ganesha: Clear Muruga: Orange Nataraja: Purple Moon – Purple | Sunrise: 6:35AM Sunset: 6:44PM Moon 3 - Phase 47 2nd Phase |
| | Until 4:37PM | Then Creative Work - Siddha Yoga | | | Dvadashi* Until 7:29AM Sat | Phalguna•Panguni | Sivaloka Day |

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|----------|---------------------------------|----------------------------------|--|-----------------------|---|---|---|
| 4 | Saturday, March 21, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Karachi, Pakistan |
| | Kumbha Rasi: 0.03 | Tithi 27 – 28 | 192933468 | Gulika Yama | 6:34AM – 8:05AM 2:10PM – 3:41PM | Dhanishtha Until 7:12PM Siddha Until 11:53AM Gara Until 8:36PM | Sun 11 Sutra 342 Vikarin 5121 |
| | Creative Work | Siddha Yoga | | Rahu | 9:36AM – 11:08AM | Ganesha: Clear Muruga: Orange Nataraja: Purple Moon – Purple | Sunrise: 6:34AM Sunset: 6:44PM Moon 3 - Phase 47 2nd Phase |
| | Until 7:12PM | Then Creative Work - Amrita Yoga | | | Dvadashi* Until 7:29AM | Phalguna•Panguni | Sivaloka Day |

Pradosha Vrata (Fasting)

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|----------|-------------------------------|----------------------------------|---|-----------------------|--|---|---|
| 5 | Sunday, March 22, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan |
| | Kumbha Rasi: 12.02 | Tithi 28 – 29 | 192933468 | Gulika Yama | 3:41PM – 5:13PM 12:39PM – 2:10PM | Shatabhishak Until 9:48PM Sadhya Until 12:34PM Visti Until 10:53PM | Sun 12 Sutra 343 Vikarin 5121 |
| | Creative Work | Siddha Yoga | | Rahu | 5:13PM – 6:44PM | Ganesha: Clear Muruga: Orange Nataraja: Purple Moon – Purple | Sunrise: 6:33AM Sunset: 6:44PM Moon 3 - Phase 47 2nd Phase |
| | Until 12:51AM Tue | Then Creative Work - Amrita Yoga | | | Trayodashi* Until 9:42AM | Phalguna•Panguni | Sivaloka Day |

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|-------------------------------|----------------------------|---------------|--|-----------------------|---|--|--|
| Monday, March 23, 2020 | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Karachi, Pakistan |
| | Kumbha Rasi: 23.58 | Tithi 29 – 30 | 113933468 | Gulika Yama | 2:10PM – 3:42PM 11:07AM – 12:38PM | Purvaproshtapada* Until 12:51AM Tue Subha Until 1:22PM Catuspada Until 1:17AM Tue | Sun 13 Sutra 344 Vikarin 5121 |
| | Family Home Evening | | | Rahu | 8:03AM – 9:35AM | Ganesha: Yellow Muruga: Orange Nataraja: Purple Moon – Clear | Sunrise: 6:32AM Sunset: 6:45PM Moon 3 - Phase 47 Amavasya |
| | Routine Work | Marana Yoga | | | Chaturdashi* Until 12:03PM | Phalguna•Panguni | Sivaloka Day |

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| Tuesday, March 24, 2020 | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Karachi, Pakistan |
| | Meena Rasi: 5.52 | Tithi 30 – 1 | 113933468 | Gulika Yama | 12:38PM – 2:10PM 9:34AM – 11:06AM | Uttaraproshtapada Until 3:47AM Wed Sukla Until 2:12PM Kintughna Until 3:43AM Wed | Sun 14 Sutra 345 Vikarin 5121 |
| | Creative Work | Amrita Yoga | | Rahu | 3:42PM – 5:13PM | Ganesha: Yellow Muruga: Orange Nataraja: Purple Moon – Clear | Sunrise: 6:31AM Sunset: 6:45PM Moon 3 - Phase 47 Prathama |
| | Until 3:47AM Wed | Then Routine Work - Marana Yoga | | Yugadhi | Amavasya* Until 2:28PM | Chaitra•Panguni | Sivaloka Day |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

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|--|-------------|----------------------------------|--|--|---|
| 1 | | Wednesday, March 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Karachi, Pakistan Sun 15 Sutra 346 |
| Meena Rasi: 17.45 | Tithi 1 – 2 | 113933468 | Gulika 11:06AM – 12:38PM Yama 8:02AM – 9:34AM Rahu 12:38PM – 2:10PM | Revati Until 6:33AM Thu Brahma Until 3:04PM Balava Until 6:10AM Thu Prathama* Until 4:55PM | Ganesha: Yellow <i>Sunrise:</i> 6:30AM Muruqa: Orange <i>Sunset:</i> 6:46PM Nataraja: Purple Moon – Clear Chaitra•Panguni |
| Routine Work Marana Yoga Until 6:33AM Thu Then Creative Work - Amrita Yoga | | | | Sivaloka Day | |
| 2 | | Thursday, March 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Karachi, Pakistan Sun 16 Sutra 347 |
| Meena Rasi: 29.38 | Tithi 2 | 113933468 | Gulika 9:33AM – 11:05AM Yama 6:29AM – 8:01AM Rahu 2:10PM – 3:42PM | Revati Until 6:33AM Indra Until 3:55PM Balava Until 6:10AM Dvitiya Until 7:21PM | Ganesha: Yellow <i>Sunrise:</i> 6:29AM Muruqa: Orange <i>Sunset:</i> 6:46PM Nataraja: Purple Moon – Clear Chaitra•Panguni |
| Creative Work Siddha Yoga Until 6:33AM Then Creative Work - Amrita Yoga | | Chellappaswami Mahasamadhi | | Sivaloka Day | |
| 3 | | Friday, March 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau | Karachi, Pakistan Sun 17 Sutra 348 |
| Mesha Rasi: 11.32 | Tithi 3 | 123933468 | Gulika 8:00AM – 9:32AM Yama 3:42PM – 5:14PM Rahu 11:05AM – 12:37PM | Ashvini Until 9:36AM Vaidhriti* Until 4:41PM Tailila Until 8:33AM Tritiya Until 9:40PM | Ganesha: Red <i>Sunrise:</i> 6:28AM Muruqa: Orange <i>Sunset:</i> 6:46PM Nataraja: Purple Moon – White Chaitra•Panguni |
| Creative Work Amrita Yoga Until 9:36AM Then Creative Work - Siddha Yoga | | | | Sivaloka Day | |
| 4 | | Saturday, March 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthayam Titau | Karachi, Pakistan Sun 18 Sutra 349 |
| Mesha Rasi: 23.29 | Tithi 4 | 123933468 | Gulika 6:27AM – 7:59AM Yama 2:09PM – 3:42PM Rahu 9:32AM – 11:04AM | Bharani Until 12:19PM Vishkambha* Until 5:20PM Vanija Until 10:47AM Chaturthi* Until 11:47PM | Ganesha: Red <i>Sunrise:</i> 6:27AM Muruqa: Orange <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – White Chaitra•Panguni |
| Creative Work Siddha Yoga Until 12:19PM Then Creative Work - Amrita Yoga | | | | Sivaloka Day | |
| 5 | | Sunday, March 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau | Karachi, Pakistan Sun 19 Sutra 350 |
| Vrishabha Rasi: 5.32 | Tithi 5 | 123933468 | Gulika 3:42PM – 5:15PM Yama 12:36PM – 2:09PM Rahu 5:15PM – 6:47PM | Krittika Until 2:37PM Priti Until 5:46PM Bava Until 12:44PM Panchami Until 1:33AM Mon | Ganesha: Red <i>Sunrise:</i> 6:26AM Muruqa: Orange <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – White Chaitra•Panguni |
| Creative Work Siddha Yoga | | | | Sivaloka Day | |
| 6 | | Monday, March 30, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Tailila Karana Shashthyam Titau | Karachi, Pakistan Sun 20 Sutra 351 |
| Vrishabha Rasi: 17.45 | Tithi 6 | 133933468 | Gulika 2:09PM – 3:42PM Yama 11:03AM – 12:36PM Rahu 7:57AM – 9:30AM | Rohini Until 4:50PM Ayushman Until 5:50PM Kaulava Until 2:16PM Shashthi* Until 2:49AM Tue | Ganesha: Blue <i>Sunrise:</i> 6:25AM Muruqa: Orange <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Yellow Chaitra•Panguni |
| Family Home Evening Creative Work Amrita Yoga | | | | Subha Sivaloka Day | |
| Tuesday, March 31, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau | Karachi, Pakistan Sun 21 Sutra 352 |
| Mithuna Rasi: 0.11 | Tithi 7 | 133933468 | Gulika 12:36PM – 2:09PM Yama 9:30AM – 11:03AM Rahu 3:42PM – 5:15PM | Mrigashira Until 6:17PM Saubhagya Until 5:26PM Gara Until 3:13PM Saptami Until 3:25AM Wed | Ganesha: Blue <i>Sunrise:</i> 6:24AM Muruqa: Orange <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Yellow Chaitra•Panguni |
| Creative Work Siddha Yoga Until 6:17PM Then Routine Work - Marana Yoga | | | | Subha Sivaloka Day | |
| Wednesday, April 1, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau | Karachi, Pakistan Sun 22 Sutra 353 |
| Mithuna Rasi: 12.55 | Tithi 8 | 133933468 | Gulika 11:03AM – 12:36PM Yama 7:57AM – 9:30AM Rahu 12:36PM – 2:09PM | Ardra Until 6:53PM Sobhana Until 4:29PM Visti Until 3:26PM Ashtami* Until 3:14AM Thu | Ganesha: Blue <i>Sunrise:</i> 6:24AM Muruqa: Orange <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Yellow Chaitra•Panguni |
| Creative Work Siddha Yoga | | | | Subha Sivaloka Day | |
| Thursday, April 2, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau | Karachi, Pakistan Sun 23 Sutra 354 |
| Mithuna Rasi: 26.02 | Tithi 9 | 143933468 | Gulika 9:29AM – 11:02AM Yama 6:23AM – 7:56AM Rahu 2:09PM – 3:42PM | Punarvasu Until 6:59PM Athiganda* Until 2:52PM Balava Until 2:51PM Navami* Until 2:13AM Fri | Ganesha: Yellow <i>Sunrise:</i> 6:23AM Muruqa: Orange <i>Sunset:</i> 6:49PM Nataraja: Purple Moon – Blue Chaitra•Panguni |
| Creative Work Amrita Yoga | | Sri Rama Navami | | Sivaloka Day | |


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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| 1 | Friday, April 3, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau | | | | Karachi, Pakistan Sun 24 Sutra 355 |
| | Kataka Rasi: 9.37 | Tithi 10 | Gulika 7:55AM – 9:28AM | Pushya Until 6:08PM | Ganesha: Yellow <i>Sunrise:</i> 6:22AM | Vikarin 5121 | |
| | | | Yama 3:42PM – 5:16PM | Sukarma Until 12:37PM | Muruqa: Orange <i>Sunset:</i> 6:49PM | Moon 3 - Phase 49 | |
| | 143933468 | Rahu 11:02AM – 12:35PM | Taitila Until 1:26PM | | Nataraja: Purple | 4th Phase | |
| Routine Work | Marana Yoga | | Dashami Until 12:25AM Sat | Moon – Blue | Sivaloka Day | | |
| | | | | Chaitra•Panguni | | | |

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| 2 | Saturday, April 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Karachi, Pakistan Sun 25 Sutra 356 |
| | Kataka Rasi: 23.4 | Tithi 11 | Gulika 6:21AM – 7:54AM | Ashlesha* Until 4:24PM | Ganesha: Yellow <i>Sunrise:</i> 6:21AM | Vikarin 5121 | |
| | | | Yama 2:09PM – 3:42PM | Dhriti Until 9:46AM | Muruqa: Orange <i>Sunset:</i> 6:49PM | Moon 3 - Phase 49 | |
| | 143933468 | Rahu 9:28AM – 11:01AM | Vanija Until 11:15AM | | Nataraja: Purple | 4th Phase | |
| Routine Work | Marana Yoga | | Ekadashi Until 9:54PM | Moon – Blue | Sivaloka Day | | |
| Until 4:24PM | | Yogaswami Mahasamadhi | | Chaitra•Panguni | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 3 | Sunday, April 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau | | | | Karachi, Pakistan Sun 26 Sutra 357 |
| | Simha Rasi: 8.11 | Tithi 12 | Gulika 3:42PM – 5:16PM | Magha* Until 2:19PM | Ganesha: White <i>Sunrise:</i> 6:20AM | Vikarin 5121 | |
| | | | Yama 12:35PM – 2:08PM | Shula* Until 6:20AM | Muruqa: Orange <i>Sunset:</i> 6:50PM | Moon 3 - Phase 49 | |
| | 153933468 | Rahu 5:16PM – 6:50PM | Bava Until 8:25AM | | Nataraja: Purple | 4th Phase | |
| Routine Work | Marana Yoga | | Dvadashi Until 6:47PM | Moon – Red | Subha Sivaloka Day | | |
| Until 2:19PM | | | | Chaitra•Panguni | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | Monday, April 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Karachi, Pakistan Sun 27 Sutra 358 |
| | Simha Rasi: 23.06 | Tithi 13 – 14 | Gulika 2:08PM – 3:42PM | Purvaphalguni Until 11:38AM | Ganesha: Clear <i>Sunrise:</i> 6:19AM | Vikarin 5121 | |
| | Family Home Evening | | Yama 11:00AM – 12:34PM | Vriddhi Until 10:21PM | Muruqa: Orange <i>Sunset:</i> 6:50PM | Moon 3 - Phase 49 | |
| | 154933468 | Rahu 7:53AM – 9:26AM | Gara Until 1:23AM Tue | | Nataraja: Purple | 4th Phase | |
| Creative Work | Siddha Yoga | | Trayodashi Until 3:15PM | Moon – Red | Sivaloka Day | | |
| | | | | Chaitra•Panguni | | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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|  | Tuesday, April 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Karachi, Pakistan Sutra 359 |
| | Copper Retreat Star | | Gulika 12:34PM – 2:08PM | Uttaraphalguni Until 8:32AM | Ganesha: Clear <i>Sunrise:</i> 6:18AM | Vikarin 5121 | |
| | Kanya Rasi: 8.17 | Tithi 14 – 15 | Yama 9:26AM – 11:00AM | Dhruva Until 6:01PM | Muruqa: Orange <i>Sunset:</i> 6:51PM | Moon 3 - Phase 49 | |
| | 154933468 | Rahu 3:42PM – 5:16PM | Visti Until 9:31PM | | Nataraja: Purple | Purnima | |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 11:27AM | Moon – Red | Sivaloka Day | | |
| Until 8:32AM | | Panguni Uttiram | | Chaitra•Panguni | | | |
| Then Creative Work - Siddha Yoga | | Hanuman Jayanti | | | | | |

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| ○ | Wednesday, April 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau | | | | Karachi, Pakistan Sutra 360 |
| | Silver Retreat Star | | Gulika 11:00AM – 12:34PM | Chitra Until 2:33AM Thu | Ganesha: Purple <i>Sunrise:</i> 6:17AM | Vikarin 5121 | |
| | Kanya Rasi: 23.35 | Tithi 15 – 16 | Yama 7:51AM – 9:25AM | Vyaghata* Until 1:40PM | Muruqa: Clear <i>Sunset:</i> 6:51PM | Moon 3 - Phase 49 | |
| | 164934468 | Rahu 12:34PM – 2:08PM | Kaulava Until 3:45AM Thu | | Nataraja: Purple | Prathama | |
| Creative Work | Siddha Yoga | | Purnima* Until 7:33AM | Moon – Green | Devaloka Day | | |
| Until 2:33AM Thu | | | | Chaitra•Panguni | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Karachi, Pakistan
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 8.5 Tithi 17
164934468
Creative Work Amrita Yoga
Until 11:39PM
Then Creative Work - Siddha Yoga

Gulika 9:25AM – 10:59AM
Yama 6:16AM – 7:50AM
Rahu 2:08PM – 3:42PM
Svati Until 11:39PM
Harshana Until 9:27AM
Taitila Until 1:57PM
Dvitiya Until 12:12AM Fri

Ganesha: Purple *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 6:51PM
Nataraja: Purple
Moon – Green
Devaloka Day
Chaitra•Panguni

1 Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Karachi, Pakistan
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 23.5 Tithi 18
174134468
Creative Work Siddha Yoga

Gulika 7:49AM – 9:24AM
Yama 3:43PM – 5:17PM
Rahu 10:59AM – 12:33PM
Vishakha Until 9:27PM
Siddhi Until 1:54AM Sat
Vanija Until 10:36AM
Tritiya Until 9:06PM

Ganesha: Yellow *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:52PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

2 Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Karachi, Pakistan
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virshchika Rasi: 8.29 Tithi 19
174134468
Creative Work Siddha Yoga

Gulika 6:14AM – 7:49AM
Yama 2:08PM – 3:43PM
Rahu 9:23AM – 10:58AM
Anuradha Until 7:43PM
Vyatipata* Until 10:51PM
Bava Until 7:46AM
Chaturthi* Until 6:34PM

Ganesha: Yellow *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:52PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

3 Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Karachi, Pakistan
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virshchika Rasi: 22.41 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 6:33PM
Then Creative Work - Amrita Yoga

Gulika 3:43PM – 5:18PM
Yama 12:33PM – 2:08PM
Rahu 5:18PM – 6:53PM
Jyeshtha* Until 6:33PM
Varyan Until 8:23PM
Gara Until 4:12AM Mon
Panchami Until 4:47PM

Ganesha: Yellow *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

4 Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Karachi, Pakistan
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 6.22 Tithi 21 – 22
184134468
Family Home Evening
Creative Work Siddha Yoga
Until 6:31PM
Then Routine Work - Marana Yoga

Gulika 2:08PM – 3:43PM
Yama 10:57AM – 12:32PM
Rahu 7:47AM – 9:22AM
Mula* Until 6:31PM
Parigha* Until 6:36PM
Visti Until 3:39AM Tue
Shashthi* Until 3:48PM

Ganesha: Blue *Sunrise:* 6:12AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Purple
Moon – Light Blue
Devaloka Day
Chaitra•Chaitra

5 Tuesday, April 14, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Karachi, Pakistan
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 19.35 Tithi 22 – 23
284134468
Creative Work Siddha Yoga
Until 7:09PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:32PM – 2:08PM
Yama 9:22AM – 10:57AM
Rahu 3:43PM – 5:18PM
Purvashadha* Until 7:09PM
Shiva Until 5:30PM
Balava Until 3:57AM Wed
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: Clear *Sunset:* 6:54PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

Retreat Star
Wednesday, April 15, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Karachi, Pakistan
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Makara Rasi: 2.24 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 8:24PM
Then Creative Work - Siddha Yoga

Gulika 10:56AM – 12:32PM
Yama 7:45AM – 9:21AM
Rahu 12:32PM – 2:07PM
Uttarashadha Until 8:24PM
Siddha Until 5:00PM
Taitila Until 4:59AM Thu
Ashtami* Until 4:22PM

Ganesha: Yellow *Sunrise:* 6:10AM
Muruqa: Clear *Sunset:* 6:54PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

Retreat Star
Thursday, April 16, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Karachi, Pakistan
Sun 7 Sutra 4
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 14.51 Tithi 24 – 25
294134468
Creative Work Siddha Yoga

Gulika 9:20AM – 10:56AM
Yama 6:09AM – 7:45AM
Rahu 2:07PM – 3:43PM
Shravana Until 10:36PM
Sadhya Until 5:02PM
Vanija Until 6:38AM Fri
Navami* Until 5:44PM

Ganesha: Blue *Sunrise:* 6:09AM
Muruqa: Clear *Sunset:* 6:54PM
Nataraja: Purple
Moon – Purple
Devaloka Day
Chaitra•Chaitra

Chidambaram Abhishekam

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| 1 | | Friday, April 17, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visli* Karana Dashamyam Titau | | | | Karachi, Pakistan Sun 8 Sutra 5 |
| Makara Rasi: 27.04 | Tithi 25 | Gulika 7:44AM – 9:20AM | Dhanishtha Until 1:07AM Sat | Ganesha: Blue | <i>Sunrise:</i> 6:08AM | | Sarvari 5122 | |
| | | Yama 3:43PM – 5:19PM | Subha Until 5:30PM | Muruqa: Clear | <i>Sunset:</i> 6:55PM | | Moon 4 - Phase 1 | |
| | | 294134468 Rahu 10:56AM – 12:32PM | Vanija Until 6:38AM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 7:37PM | Moon – Purple | | Devaloka Day | | |
| Until 1:07AM Sat | | | | Chaitra+Chaitra | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |
| 2 | | Saturday, April 18, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau | | | | Karachi, Pakistan Sun 9 Sutra 6 |
| Kumbha Rasi: 9.05 | Tithi 26 | Gulika 6:07AM – 7:43AM | Shatabhishak Until 3:46AM Sun | Ganesha: Yellow | <i>Sunrise:</i> 6:07AM | | Sarvari 5122 | |
| | | Yama 2:07PM – 3:43PM | Sukla Until 6:12PM | Muruqa: Clear | <i>Sunset:</i> 6:55PM | | Moon 4 - Phase 1 | |
| | | 295134468 Rahu 9:19AM – 10:55AM | Bava Until 8:43AM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Ekadashi* Until 9:51PM | Moon – Purple | | Sivaloka Day | | |
| Until 3:46AM Sun | | | | Chaitra+Chaitra | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |
| 3 | | Sunday, April 19, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Karachi, Pakistan Sun 10 Sutra 7 |
| Kumbha Rasi: 21.01 | Tithi 27 | Gulika 3:43PM – 5:20PM | Purvaproshtapada* Until 6:53AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 6:06AM | | Sarvari 5122 | |
| | | Yama 12:31PM – 2:07PM | Brahma Until 7:04PM | Muruqa: Clear | <i>Sunset:</i> 6:56PM | | Moon 4 - Phase 1 | |
| | | 215134468 Rahu 5:20PM – 6:56PM | Kaulava Until 11:03AM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dvadashi* Until 12:15AM Mon | Moon – Clear | | Sivaloka Day | | |
| Until 6:53AM | | | | Chaitra+Chaitra | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |
| 4 | | Monday, April 20, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Karachi, Pakistan Sun 11 Sutra 8 |
| Meena Rasi: 2.53 | Tithi 28 | Gulika 2:07PM – 3:44PM | Purvaproshtapada* Until 6:53AM | Ganesha: Yellow | <i>Sunrise:</i> 6:05AM | | Sarvari 5122 | |
| Family Home Evening | | Yama 10:55AM – 12:31PM | Indra Until 8:00PM | Muruqa: Clear | <i>Sunset:</i> 6:56PM | | Moon 4 - Phase 1 | |
| Routine Work | Marana Yoga | 215134468 Rahu 7:42AM – 9:18AM | Gara Until 1:30PM | Nataraja: Purple | | | 2nd Phase | |
| Until 6:53AM | | | Trayodashi* Until 2:42AM Tue | Moon – Clear | | Sivaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | Chaitra+Chaitra | | | | |
| | | | <i>Pradosha Vrata (Fasting)</i> | | | | | |
| 5 | | Tuesday, April 21, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Karachi, Pakistan Sun 12 Sutra 9 |
| Meena Rasi: 14.45 | Tithi 29 | Gulika 12:31PM – 2:07PM | Uttaraproshtapada Until 9:51AM | Ganesha: Yellow | <i>Sunrise:</i> 6:05AM | | Sarvari 5122 | |
| | | Yama 9:18AM – 10:54AM | Vaidhriti* Until 8:53PM | Muruqa: Clear | <i>Sunset:</i> 6:57PM | | Moon 4 - Phase 1 | |
| | | 215134468 Rahu 3:44PM – 5:20PM | Visti Until 3:56PM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 5:06AM Wed | Moon – Clear | | Sivaloka Day | | |
| Until 9:51AM | | | | Chaitra+Chaitra | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |
| Retreat Star | | Wednesday, April 22, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau | | | | Karachi, Pakistan Sun 13 Sutra 10 |
| Meena Rasi: 26.38 | Tithi 30 | Gulika 10:54AM – 12:30PM | Revati Until 12:35PM | Ganesha: Yellow | <i>Sunrise:</i> 6:04AM | | Sarvari 5122 | |
| | | Yama 7:40AM – 9:17AM | Vishkambha* Until 9:43PM | Muruqa: Clear | <i>Sunset:</i> 6:57PM | | Moon 4 - Phase 1 | |
| | | 215134468 Rahu 12:30PM – 2:07PM | Catuspada Until 6:17PM | Nataraja: Purple | | | Amavasya | |
| Routine Work | Marana Yoga | | Amavasya* Until 7:23AM Thu | Moon – Clear | | Sivaloka Day | | |
| | | | | Chaitra+Chaitra | | | | |
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| Retreat Star | | Thursday, April 23, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Karachi, Pakistan Sun 14 Sutra 11 |
| Mesha Rasi: 8.34 | Tithi 30 – 1 | Gulika 9:17AM – 10:53AM | Ashvini Until 3:31PM | Ganesha: Red | <i>Sunrise:</i> 6:03AM | | Sarvari 5122 | |
| | | Yama 6:03AM – 7:40AM | Priti Until 10:27PM | Muruqa: Clear | <i>Sunset:</i> 6:58PM | | Moon 4 - Phase 1 | |
| | | 225134468 Rahu 2:07PM – 3:44PM | Kintughna Until 8:29PM | Nataraja: Purple | | | Prathama | |
| Creative Work | Amrita Yoga | | Amavasya* Until 7:23AM | Moon – White | | Sivaloka Day | | |
| Until 3:31PM | | | | Vaisaka+Chaitra | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 1 | Friday, April 24, 2020 | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Karachi, Pakistan Sun 15 Sutra 12 |
| | Mesha Rasi: 20.34 | Tithi 1 – 2 | Gulika 7:39AM – 9:16AM Yama 3:44PM – 5:21PM Rahu 10:53AM – 12:30PM | Bharani Until 6:06PM Ayushman Until 10:59PM Balava Until 10:28PM Prathama* Until 9:29AM |
| | 225134469 | | Ganesha: Red <i>Sunrise:</i> 6:02AM Muruqa: Clear <i>Sunset:</i> 6:58PM Nataraja: Clear Moon – White | Sarvari 5122 Moon 4 - Phase 2 3rd Phase Devaloka Day |
| | Creative Work | Siddha Yoga | | Vaisaka-Chaitra |

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| 2 | Saturday, April 25, 2020 | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Karachi, Pakistan Sun 16 Sutra 13 |
| | Vrishabha Rasi: 2.4 | Tithi 2 – 3 | Gulika 6:01AM – 7:38AM Yama 2:07PM – 3:44PM Rahu 9:16AM – 10:53AM | Krittika Until 8:16PM Saubhagya Until 11:19PM Taitila Until 12:11AM Sun Dvitiya Until 11:21AM |
| | 225134469 | | Ganesha: Red <i>Sunrise:</i> 6:01AM Muruqa: Clear <i>Sunset:</i> 6:59PM Nataraja: Clear Moon – White | Sarvari 5122 Moon 4 - Phase 2 3rd Phase Devaloka Day |
| | Creative Work | Amrita Yoga | | Vaisaka-Chaitra |

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| 3 | Sunday, April 26, 2020 | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Karachi, Pakistan Sun 17 Sutra 14 |
| | Vrishabha Rasi: 14.52 | Tithi 3 – 4 | Gulika 3:44PM – 5:22PM Yama 12:30PM – 2:07PM Rahu 5:22PM – 6:59PM | Rohini Until 10:26PM Sobhana Until 11:24PM Vanija Until 1:32AM Mon Tritiya Until 12:53PM |
| | 235134469 | | Ganesha: Yellow <i>Sunrise:</i> 6:00AM Muruqa: Clear <i>Sunset:</i> 6:59PM Nataraja: Clear Moon – Yellow | Sarvari 5122 Moon 4 - Phase 2 3rd Phase Devaloka Day |
| | Creative Work | Siddha Yoga | | Vaisaka-Chaitra |

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| 4 | Monday, April 27, 2020 | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Karachi, Pakistan Sun 18 Sutra 15 |
| | Vrishabha Rasi: 27.14 | Tithi 4 – 5 | Gulika 2:07PM – 3:45PM Yama 10:52AM – 12:30PM Rahu 7:37AM – 9:15AM | Mrigashira Until 12:00AM Tue Athiganda* Until 11:07PM Bava Until 2:27AM Tue Chaturthi* Until 2:02PM |
| | 235134469 | | Ganesha: Yellow <i>Sunrise:</i> 6:00AM Muruqa: Clear <i>Sunset:</i> 6:59PM Nataraja: Clear Moon – Yellow | Sarvari 5122 Moon 4 - Phase 2 3rd Phase Devaloka Day |
| | Creative Work | Amrita Yoga | | Vaisaka-Chaitra |


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| 5 | Tuesday, April 28, 2020 | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Karachi, Pakistan Sun 19 Sutra 16 |
| | Mithuna Rasi: 9.49 | Tithi 5 – 6 | Gulika 12:29PM – 2:07PM Yama 9:14AM – 10:52AM Rahu 3:45PM – 5:22PM | Ardra Until 12:55AM Wed Sukarma Until 10:27PM Kaulava Until 2:49AM Wed Panchami Until 2:41PM |
| | 236134469 | | Ganesha: Blue <i>Sunrise:</i> 5:59AM Muruqa: Clear <i>Sunset:</i> 7:00PM Nataraja: Clear Moon – Yellow | Sarvari 5122 Moon 4 - Phase 2 3rd Phase Bhuloka Day |
| | Routine Work | Marana Yoga | | Devaloka Time: 3:PM to 6:PM |

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| 6 | Wednesday, April 29, 2020 | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Karachi, Pakistan Sun 20 Sutra 17 |
| | Mithuna Rasi: 22.38 | Tithi 6 – 7 | Gulika 10:52AM – 12:29PM Yama 7:36AM – 9:14AM Rahu 12:29PM – 2:07PM | Punarvasu Until 1:33AM Thu Dhriti Until 9:19PM Gara Until 2:34AM Thu Shashthi* Until 2:45PM |
| | 246134469 | | Ganesha: Yellow <i>Sunrise:</i> 5:58AM Muruqa: Clear <i>Sunset:</i> 7:00PM Nataraja: Clear Moon – Blue | Sarvari 5122 Moon 4 - Phase 2 3rd Phase Devaloka Day |
| | Creative Work | Siddha Yoga | | Vaisaka-Chaitra |

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| D | Thursday, April 30, 2020 | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Karachi, Pakistan Sun 21 Sutra 18 |
| | Retreat Star | Kataka Rasi: 5.47 | Tithi 7 – 8 | Gulika 9:13AM – 10:51AM Yama 5:57AM – 7:35AM Rahu 2:07PM – 3:45PM |
| | 246134469 | | Pushya Until 1:23AM Fri Shula* Until 7:39PM Visti Until 1:40AM Fri Saptami Until 2:11PM | Ganesha: Yellow <i>Sunrise:</i> 5:57AM Muruqa: Clear <i>Sunset:</i> 7:01PM Nataraja: Clear Moon – Blue |
| | Creative Work | Amrita Yoga | | Devaloka Day |

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| D | Friday, May 1, 2020 | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Karachi, Pakistan Sun 22 Sutra 19 |
| | Retreat Star | Kataka Rasi: 19.17 | Tithi 8 – 9 | Gulika 7:34AM – 9:12AM Yama 3:45PM – 5:24PM Rahu 10:51AM – 12:29PM |
| | 246134469 | | Ashlesha* Until 12:24AM Sat Ganda* Until 5:27PM Balava Until 12:06AM Sat Ashtami* Until 12:57PM | Ganesha: Yellow <i>Sunrise:</i> 5:56AM Muruqa: Clear <i>Sunset:</i> 7:02PM Nataraja: Clear Moon – Blue |
| | Routine Work | Marana Yoga | | Devaloka Day |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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| 1 | | Saturday, May 2, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Karachi, Pakistan Sun 23 Sutra 20 | | | |
| Simha Rasi: 3.11 | Tithi 9 – 10 | 256134469 | Gulika 5:55AM – 7:34AM Yama 2:07PM – 3:46PM Rahu 9:12AM – 10:50AM | Magha* Until 11:06PM Vriddhi Until 2:45PM Taitila Until 9:55PM Navami* Until 11:04AM | Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red | Sunrise: 5:55AM Sunset: 7:02PM | Sarvari 5122 Moon 4 - Phase 3 4th Phase | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |
| Creative Work Amrita Yoga Until 11:06PM Then Creative Work - Siddha Yoga | | | | | | | | | | | |
| 2 | | Sunday, May 3, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Karachi, Pakistan Sun 24 Sutra 21 | | | |
| Simha Rasi: 17.28 | Tithi 10 – 11 | 256134469 | Gulika 3:46PM – 5:24PM Yama 12:29PM – 2:07PM Rahu 5:24PM – 7:03PM | Purvaphalguni Until 9:08PM Dhruva Until 11:34AM Vanija Until 7:11PM Dashami Until 8:36AM | Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red | Sunrise: 5:55AM Sunset: 7:03PM | Sarvari 5122 Moon 4 - Phase 3 4th Phase | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |
| Creative Work Siddha Yoga Until 9:08PM Then Creative Work - Amrita Yoga | | | | | | | | | | | |
| 3 | | Monday, May 4, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau | | | | Karachi, Pakistan Sun 25 Sutra 22 | | | |
| Kanya Rasi: 2.06 | Tithi 12 | 256234469 | Gulika 2:07PM – 3:46PM Yama 10:50AM – 12:29PM Rahu 7:33AM – 9:11AM | Uttaraphalguni Until 6:36PM Vyaghata* Until 8:00AM Bava Until 4:02PM Dvadashi Until 2:20AM Tue | Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Red | Sunrise: 5:54AM Sunset: 7:03PM | Sarvari 5122 Moon 4 - Phase 3 4th Phase | Devaloka Day | | | |
| Creative Work Siddha Yoga | | | | | | | | | | | |
| 4 | | Tuesday, May 5, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Karachi, Pakistan Sun 26 Sutra 23 | | | |
| Kanya Rasi: 17.01 | Tithi 13 | 267234469 | Gulika 12:29PM – 2:07PM Yama 9:11AM – 10:50AM Rahu 3:46PM – 5:25PM | Hasta Until 4:05PM Vajra* Until 12:09AM Wed Kaulava Until 12:36PM Trayodashi Until 10:48PM | Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green | Sunrise: 5:53AM Sunset: 7:04PM | Sarvari 5122 Moon 4 - Phase 3 4th Phase | Devaloka Day | | | |
| Creative Work Siddha Yoga | | <i>Pradosha Vrata</i> | | | | | | | | | |
| 5 | | Wednesday, May 6, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Karachi, Pakistan Sun 27 Sutra 24 | | | |
| Tula Rasi: 2.04 | Tithi 14 | 267234469 | Gulika 10:50AM – 12:28PM Yama 7:32AM – 9:11AM Rahu 12:28PM – 2:07PM | Chitra Until 1:19PM Siddhi Until 8:06PM Gara Until 9:02AM Chaturdashi* Until 7:14PM | Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green | Sunrise: 5:53AM Sunset: 7:04PM | Sarvari 5122 Moon 4 - Phase 3 4th Phase | Devaloka Day | | | |
| Creative Work Siddha Yoga | | | | | | | | | | | |
|  | | Thursday, May 7, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Karachi, Pakistan Sutra 25 | | | |
| Copper Retreat Star | | Tula Rasi: 17.07 | | Tithi 15 – 16 | 267234469 | Gulika 9:10AM – 10:49AM Yama 5:52AM – 7:31AM Rahu 2:08PM – 3:47PM | Svati Until 10:28AM Vyatipata* Until 4:09PM Balava Until 2:07AM Fri Purnima* Until 3:45PM | Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green | Sunrise: 5:52AM Sunset: 7:05PM | Sarvari 5122 Moon 4 - Phase 3 Purnima | Devaloka Day |
| Creative Work Amrita Yoga Until 10:28AM Then Creative Work - Siddha Yoga | | Budha Purnima (Tamil Nadu) | | | | | | | | | |
| Friday, May 8, 2020 | | Silver Retreat Star | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | | Karachi, Pakistan Sutra 26 | | | |
| Vrischika Rasi: 2.01 | Tithi 16 – 17 | 277234469 | Gulika 7:31AM – 9:10AM Yama 3:47PM – 5:26PM Rahu 10:49AM – 12:28PM | Vishakha Until 8:08AM Variyan Until 12:25PM Taitila Until 11:07PM Prathama* Until 12:33PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Orange | Sunrise: 5:51AM Sunset: 7:05PM | Sarvari 5122 Moon 4 - Phase 3 Prathama | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |
| Creative Work Siddha Yoga | | | | | | | | | | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda