



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 26.44 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala* Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Gulika 3:42PM – 5:14PM
Yama 12:37PM – 2:10PM
Rahu 5:14PM – 6:47PM

Vishakha **Until 5:28PM**
Siddhi **Until 6:09AM**
Vanija **Until 12:23AM Mon**
Dvitiya **Until 1:01PM**

Ganesha: Blue *Sunrise:* 6:28AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Kandy, Sri Lanka
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

1

Monday, April 22, 2019

Vrischika Rasi: 10.25 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Gulika 2:10PM – 3:42PM
Yama 11:05AM – 12:37PM
Rahu 8:00AM – 9:32AM

Anuradha **Until 5:13PM**
Variyan **Until 2:23AM Tue**
Bava **Until 11:39PM**
Tritiya **Until 11:54AM**

Ganesha: Blue *Sunrise:* 6:28AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Kandy, Sri Lanka
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

2

Tuesday, April 23, 2019

Vrischika Rasi: 23.4 Tithi 19 – 20

Routine Work Marana Yoga

Until 5:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:37PM – 2:09PM
Yama 9:32AM – 11:05AM
Rahu 3:42PM – 5:14PM

Jyeshtha* **Until 5:35PM**
Parigha* **Until 1:27AM Wed**
Kaulava **Until 11:43PM**
Chaturthi* **Until 11:33AM**

Ganesha: Blue *Sunrise:* 6:27AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Kandy, Sri Lanka
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

3

Wednesday, April 24, 2019

Dhanus Rasi: 6.29 Tithi 20 – 21

Routine Work Marana Yoga

Until 7:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:04AM – 12:37PM
Yama 7:59AM – 9:32AM
Rahu 12:37PM – 2:09PM

Mula* **Until 7:04PM**
Shiva **Until 1:09AM Thu**
Gara **Until 12:36AM Thu**
Panchami **Until 12:02PM**

Ganesha: Yellow *Sunrise:* 6:27AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Kandy, Sri Lanka
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

4

Thursday, April 25, 2019

Dhanus Rasi: 18.57 Tithi 21 – 22

Creative Work Siddha Yoga

Until 9:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:32AM – 11:04AM
Yama 6:26AM – 7:59AM
Rahu 2:09PM – 3:42PM

Purvashadha* **Until 9:08PM**
Siddha **Until 1:23AM Fri**
Visti **Until 2:12AM Fri**
Shashthi* **Until 1:18PM**

Ganesha: Yellow *Sunrise:* 6:26AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Kandy, Sri Lanka
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

5

Friday, April 26, 2019

Makara Rasi: 1.07 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:59AM – 9:31AM
Yama 3:42PM – 5:14PM
Rahu 11:04AM – 12:36PM

Uttarashadha **Until 11:35PM**
Sadhya **Until 2:04AM Sat**
Balava **Until 4:22AM Sat**
Saptami **Until 3:13PM**

Ganesha: Red *Sunrise:* 6:26AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Kandy, Sri Lanka
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
1st Phase

D

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 13.05 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:44AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:26AM – 7:58AM
Yama 2:09PM – 3:42PM
Rahu 9:31AM – 11:04AM

Shravana **Until 2:44AM Sun**
Subha **Until 3:01AM Sun**
Taitila **Until 6:51AM Sun**
Ashtami* **Until 5:34PM**

Ganesha: Green *Sunrise:* 6:26AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Kandy, Sri Lanka
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Sunday, April 28, 2019

Retreat Star

Makara Rasi: 24.56 Tithi 24

Routine Work Marana Yoga

Until 5:48AM Mon

Then Creative Work - Siddha Yoga

294583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:41PM – 5:14PM
Yama 12:36PM – 2:09PM
Rahu 5:14PM – 6:47PM

Dhanishtha **Until 5:48AM Mon**
Sukla **Until 4:01AM Mon**
Taitila **Until 6:51AM**
Navami* **Until 8:06PM**

Ganesha: Green *Sunrise:* 6:25AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Kandy, Sri Lanka
Sun 7 Sutra 14
Vikarin 5121
Moon 4 - Phase 2
Navami

Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Kandy, Sri Lanka Sun 8 Sutra 15
1		Gulika 2:09PM – 3:41PM	Shatabhishak Until 8:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:25AM	Vikarin 5121
Kumbha Rasi: 6.45	Tithi 25	Yama 11:03AM – 12:36PM	Brahma Until 4:57AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
Family Home Evening	294583469	Rahu 7:58AM – 9:31AM	Vanija Until 9:24AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 10:36PM	Moon – Purple		
Until 8:34AM Tue				Chaitra*Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 16
2		Gulika 12:36PM – 2:09PM	Shatabhishak Until 8:34AM	Ganesha: Green	<i>Sunrise:</i> 6:25AM	Vikarin 5121
Kumbha Rasi: 18.38	Tithi 26	Yama 9:30AM – 11:03AM	Indra Until 5:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
	294583469	Rahu 3:41PM – 5:14PM	Bava Until 11:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 12:49AM Wed	Moon – Purple		
				Chaitra*Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 17
3		Gulika 11:03AM – 12:36PM	Purvaproshtapada* Until 11:21AM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Vikarin 5121
Meena Rasi: 0.37	Tithi 27	Yama 7:57AM – 9:30AM	Vaidhrili* Until 5:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
	214583469	Rahu 12:36PM – 2:08PM	Kaulava Until 1:47PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:36AM Thu	Moon – Clear		
Until 11:21AM				Chaitra*Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 18
4		Gulika 9:30AM – 11:03AM	Uttaraproshtapada Until 1:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	Vikarin 5121
Meena Rasi: 12.47	Tithi 28	Yama 6:24AM – 7:57AM	Vishkambha* Until 6:00AM	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
	214583469	Rahu 2:08PM – 3:41PM	Gara Until 3:19PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:52AM Fri	Moon – Clear		
				Chaitra*Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 19
5		Gulika 7:57AM – 9:30AM	Revati Until 3:01PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:24AM	Vikarin 5121
Meena Rasi: 25.11	Tithi 29	Yama 3:41PM – 5:14PM	Priti Until 5:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
	215583469	Rahu 11:03AM – 12:35PM	Visti Until 4:19PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:36AM Sat	Moon – Clear		
Until 3:01PM				Chaitra*Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Saturday, May 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kandy, Sri Lanka Sun 13 Sutra 20
Retreat Star		Gulika 6:24AM – 7:57AM	Ashvini Until 4:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	Vikarin 5121
Mesha Rasi: 7.49	Tithi 30	Yama 2:08PM – 3:41PM	Ayushman Until 4:34AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
	225583469	Rahu 9:30AM – 11:02AM	Catuspada Until 4:47PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:47AM Sun	Moon – White		
				Chaitra*Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Sunday, May 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 21
Retreat Star		Gulika 3:41PM – 5:14PM	Bharani Until 4:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:23AM	Vikarin 5121
Mesha Rasi: 20.43	Tithi 1	Yama 12:35PM – 2:08PM	Saubhagya Until 3:18AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
	225583469	Rahu 5:14PM – 6:47PM	Kintughna Until 4:43PM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 4:30AM Mon	Moon – White		
Until 4:55PM				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kandy, Sri Lanka Sun 15 Sutra 22
1		Gulika 2:08PM – 3:41PM	Krittika Until 4:58PM	Ganesha: Purple <i>Sunrise:</i> 6:23AM
Vrishabha Rasi: 3.5	Tithi 2	Yama 11:02AM – 12:35PM	Sobhana Until 1:43AM Tue	Muruqa: Yellow <i>Sunset:</i> 6:47PM
Family Home Evening	225583469	Rahu 7:56AM – 9:29AM	Balava Until 4:13PM	Nataraja: Clear
Routine Work Marana Yoga			Dvitiya Until 3:49AM Tue	Moon – White
Until 4:58PM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Kandy, Sri Lanka Sun 16 Sutra 23
2		Gulika 12:35PM – 2:08PM	Rohini Until 4:56PM	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM
Vrishabha Rasi: 17.11	Tithi 3	Yama 9:29AM – 11:02AM	Athiganda* Until 11:50PM	Muruqa: Yellow <i>Sunset:</i> 6:47PM
	235583469	Rahu 3:41PM – 5:14PM	Taitila Until 3:21PM	Nataraja: Clear
Creative Work Amrita Yoga			Tritiya Until 2:46AM Wed	Moon – Yellow
Until 4:56PM		Akshaya Tritiya		Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visiti* Karana Chaturthyam Titau		Kandy, Sri Lanka Sun 17 Sutra 24
3		Gulika 11:02AM – 12:35PM	Mrigashira Until 4:27PM	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM
Mithuna Rasi: 0.43	Tithi 4	Yama 7:56AM – 9:29AM	Sukarma Until 9:44PM	Muruqa: Yellow <i>Sunset:</i> 6:47PM
	235583469	Rahu 12:35PM – 2:08PM	Vanija Until 2:10PM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturthi* Until 1:27AM Thu	Moon – Yellow
				Bhuloka Day
				Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Kandy, Sri Lanka Sun 18 Sutra 25
4		Gulika 9:29AM – 11:02AM	Ardra Until 3:35PM	Ganesha: Light Blue <i>Sunrise:</i> 6:22AM
Mithuna Rasi: 14.24	Tithi 5	Yama 6:22AM – 7:56AM	Dhriti Until 7:28PM	Muruqa: Yellow <i>Sunset:</i> 6:47PM
	235583469	Rahu 2:08PM – 3:41PM	Bava Until 12:43PM	Nataraja: Clear
Routine Work Marana Yoga			Panchami Until 11:54PM	Moon – Yellow
Until 3:35PM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Kandy, Sri Lanka Sun 19 Sutra 26
5		Gulika 7:55AM – 9:29AM	Punarvasu Until 2:48PM	Ganesha: Orange <i>Sunrise:</i> 6:22AM
Mithuna Rasi: 28.13	Tithi 6	Yama 3:41PM – 5:14PM	Shula* Until 4:59PM	Muruqa: Yellow <i>Sunset:</i> 6:48PM
	245583469	Rahu 11:02AM – 12:35PM	Kaulava Until 11:04AM	Nataraja: Clear
Creative Work Siddha Yoga			Shashthi* Until 10:09PM	Moon – Blue
Until 2:48PM				Devaloka Day
Then Routine Work - Marana Yoga				

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau		Kandy, Sri Lanka Sun 20 Sutra 27
6		Gulika 6:22AM – 7:55AM	Pushya Until 1:40PM	Ganesha: Orange <i>Sunrise:</i> 6:22AM
Kataka Rasi: 12.1	Tithi 7	Yama 2:08PM – 3:41PM	Ganda* Until 2:22PM	Muruqa: Yellow <i>Sunset:</i> 6:48PM
	245583469	Rahu 9:28AM – 11:02AM	Gara Until 9:13AM	Nataraja: Clear
Creative Work Siddha Yoga			Saptami Until 8:12PM	Moon – Blue
Until 1:40PM				Devaloka Day
Then Routine Work - Marana Yoga				

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visiti*/Bava Karana Ashtamyam Titau		Kandy, Sri Lanka Sun 21 Sutra 28
Retreat Star		Gulika 3:41PM – 5:15PM	Ashlesha* Until 12:14PM	Ganesha: Clear <i>Sunrise:</i> 6:22AM
Kataka Rasi: 26.14	Tithi 8	Yama 12:35PM – 2:08PM	Vridhhi Until 11:38AM	Muruqa: Yellow <i>Sunset:</i> 6:48PM
	246583469	Rahu 5:15PM – 6:48PM	Visiti Until 7:11AM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 6:05PM	Moon – Blue
Until 12:14PM		Mother's Day		Devaloka Day
Then Routine Work - Marana Yoga				

Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kandy, Sri Lanka Sun 22 Sutra 29
Retreat Star		Gulika 2:08PM – 3:41PM	Magha* Until 10:55AM	Ganesha: White <i>Sunrise:</i> 6:22AM
Simha Rasi: 10.24	Tithi 9 – 10	Yama 11:02AM – 12:35PM	Dhruva Until 8:44AM	Muruqa: Yellow <i>Sunset:</i> 6:48PM
Family Home Evening	256583469	Rahu 7:55AM – 9:28AM	Taitila Until 2:41AM Tue	Nataraja: Clear
Routine Work Marana Yoga			Navami* Until 3:50PM	Moon – Red
Until 10:55AM				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

1 Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kandy, Sri Lanka Sun 23 Sutra 30 Vikarin 5121
Simha Rasi: 24.39	Tithi 10 – 11	Gulika 12:35PM – 2:08PM	Purvaphalguni Until 9:22AM	Ganesha: White	<i>Sunrise:</i> 6:22AM	
		Yama 9:28AM – 11:02AM	Harshana Until 2:45AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	256583469	Rahu 3:41PM – 5:15PM	Vanija Until 12:19AM Wed	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:29PM	Moon – Red		Bhuloka Day
Until 9:22AM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

2 Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 31 Vikarin 5121
Kanya Rasi: 8.56	Tithi 11 – 12	Gulika 11:01AM – 12:35PM	Uttaraphalguni Until 7:37AM	Ganesha: White	<i>Sunrise:</i> 6:21AM	
		Yama 7:55AM – 9:28AM	Vajra* Until 11:44PM	Muruqa: Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	256583469	Rahu 12:35PM – 2:08PM	Bava Until 9:56PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 11:06AM	Moon – Red		Bhuloka Day
Until 7:37AM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

3 Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 32 Vikarin 5121
Kanya Rasi: 23.13	Tithi 12 – 13	Gulika 9:28AM – 11:01AM	Hasta Until 6:11AM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	
		Yama 6:21AM – 7:55AM	Siddhi Until 8:49PM	Muruqa: Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	266583469	Rahu 2:08PM – 3:42PM	Kaulava Until 7:39PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 8:45AM	Moon – Green		Devaloka Day
Until 6:11AM				Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

4 Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 33 Vikarin 5121
Tula Rasi: 7.23	Tithi 13 – 14	Gulika 7:55AM – 9:28AM	Svati Until 3:26AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	
		Yama 3:42PM – 5:15PM	Vyatipata* Until 6:05PM	Muruqa: Yellow	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 5
	266583469	Rahu 11:01AM – 12:35PM	Vanija Until 4:39AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:34AM	Moon – Green		Devaloka Day
				Vaisaka-Vaikasi		

○ Saturday, May 18, 2019 Copper Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Kandy, Sri Lanka Sun 27 Sutra 34 Vikarin 5121
Tula Rasi: 21.23	Tithi 15	Gulika 6:21AM – 7:55AM	Vishakha Until 2:48AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:21AM	
		Yama 2:08PM – 3:42PM	Variyan Until 3:37PM	Muruqa: Yellow	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 5
	276583469	Rahu 9:28AM – 11:01AM	Visti Until 3:52PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 3:09AM Sun	Moon – Orange		Bhuloka Day
Until 2:48AM Sun				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, May 19, 2019 Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Kandy, Sri Lanka Sutra 35 Vikarin 5121
Vrischika Rasi: 5.08	Tithi 16	Gulika 3:42PM – 5:15PM	Anuradha Until 2:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	
		Yama 12:35PM – 2:08PM	Parigha* Until 1:32PM	Muruqa: Yellow	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 5
	277583469	Rahu 5:15PM – 6:49PM	Balava Until 2:36PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 2:10AM Mon	Moon – Orange		Devaloka Day
Until 2:33AM Mon				Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 18.34 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 2:47AM Tue
Then Creative Work - Amrita Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:09PM – 3:42PM
Yama 11:01AM – 12:35PM
Rahu 7:54AM – 9:28AM
Jyeshtha* Until 2:47AM Tue
Shiva Until 11:56AM
Taitila Until 1:56PM
Dvitiya Until 1:49AM Tue

Kandy, Sri Lanka
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Yellow *Sunrise: 6:21AM*
Muruga: Yellow *Sunset: 6:49PM*
Nataraja: Clear
Moon – Orange
Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 1.38 Tithi 18
Creative Work Amrita Yoga

287583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 12:35PM – 2:09PM
Yama 9:28AM – 11:02AM
Rahu 3:42PM – 5:16PM
Mula* Until 3:59AM Wed
Siddha Until 10:50AM
Vanija Until 1:55PM
Tritiya Until 2:10AM Wed

Kandy, Sri Lanka
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Blue *Sunrise: 6:21AM*
Muruga: Yellow *Sunset: 6:49PM*
Nataraja: Clear
Moon – Light Blue
Sivaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 14.23 Tithi 19
Creative Work Amrita Yoga
Until 5:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 11:02AM – 12:35PM
Yama 7:54AM – 9:28AM
Rahu 12:35PM – 2:09PM
Purvashadha* Until 5:43AM Thu
Sadhya Until 10:18AM
Bava Until 2:37PM
Chaturthi* Until 3:12AM Thu

Kandy, Sri Lanka
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Red *Sunrise: 6:21AM*
Muruga: Yellow *Sunset: 6:49PM*
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 26.48 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 9:28AM – 11:02AM
Yama 6:21AM – 7:54AM
Rahu 2:09PM – 3:42PM
Uttarashadha Until 7:52AM Fri
Subha Until 10:19AM
Kaulava Until 3:59PM
Panchami Until 4:51AM Fri

Kandy, Sri Lanka
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Red *Sunrise: 6:21AM*
Muruga: Yellow *Sunset: 6:50PM*
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 8.58 Tithi 21
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 7:54AM – 9:28AM
Yama 3:43PM – 5:16PM
Rahu 11:02AM – 12:35PM
Uttarashadha Until 7:52AM
Sukla Until 10:45AM
Gara Until 5:54PM
Shashthi* Until 6:59AM Sat

Kandy, Sri Lanka
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Red *Sunrise: 6:21AM*
Muruga: Yellow *Sunset: 6:50PM*
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 20.57 Tithi 21 – 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 6:21AM – 7:54AM
Yama 2:09PM – 3:43PM
Rahu 9:28AM – 11:02AM
Shravana Until 10:47AM
Brahma Until 11:31AM
Visti Until 8:11PM
Shashthi* Until 6:59AM

Kandy, Sri Lanka
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Ganesha: Green *Sunrise: 6:21AM*
Muruga: Yellow *Sunset: 6:50PM*
Nataraja: Clear
Moon – Purple
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 2.5 Tithi 22 – 23
Routine Work Marana Yoga
Until 1:44PM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 3:43PM – 5:17PM
Yama 12:35PM – 2:09PM
Rahu 5:17PM – 6:50PM
Dhanishtha Until 1:44PM
Indra Until 12:29PM
Balava Until 10:37PM
Saptami Until 9:22AM

Kandy, Sri Lanka
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami
Ganesha: Blue *Sunrise: 6:21AM*
Muruga: Yellow *Sunset: 6:50PM*
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 14.41 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 4:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:09PM – 3:43PM
Yama 11:02AM – 12:36PM
Rahu 7:54AM – 9:28AM
Shatabhishak Until 4:32PM
Vaidhriti* Until 1:25PM
Taitila Until 12:57AM Tue
Ashtami* Until 11:47AM

Kandy, Sri Lanka
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami
Ganesha: Blue *Sunrise: 6:21AM*
Muruga: Yellow *Sunset: 6:50PM*
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kandy, Sri Lanka Sun 9
Kumbha Rasi: 26.36	Tithi 24 – 25	Gulika	12:36PM – 2:09PM	Purvaproshtapada* Until 7:26PM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Vikarin 5121	Sutra 44
		Yama	9:28AM – 11:02AM	Vishkambha* Until 2:12PM	Muruqa: Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		318683469 Rahu	3:43PM – 5:17PM	Vanija Until 3:00AM Wed	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 2:00PM	Moon – Clear		Sivaloka Day	
Until 7:26PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kandy, Sri Lanka Sun 10
Meena Rasi: 8.39	Tithi 25 – 26	Gulika	11:02AM – 12:36PM	Uttaraproshtapada Until 9:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Vikarin 5121	Sutra 45
		Yama	7:55AM – 9:28AM	Priti Until 2:43PM	Muruqa: Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		318683469 Rahu	12:36PM – 2:10PM	Bava Until 4:34AM Thu	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 3:50PM	Moon – Clear		Sivaloka Day	
Until 9:45PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 11
Meena Rasi: 20.53	Tithi 26 – 27	Gulika	9:28AM – 11:02AM	Revati Until 11:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Vikarin 5121	Sutra 46
		Yama	6:21AM – 7:55AM	Ayushman Until 2:47PM	Muruqa: Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		318683469 Rahu	2:10PM – 3:44PM	Kaulava Until 5:33AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 5:07PM	Moon – Clear		Sivaloka Day	
Until 11:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 12
Mesha Rasi: 3.23	Tithi 27 – 28	Gulika	7:55AM – 9:28AM	Ashvini Until 12:42AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Vikarin 5121	Sutra 47
		Yama	3:44PM – 5:18PM	Saubhagya Until 2:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		328683469 Rahu	11:02AM – 12:36PM	Gara Until 5:54AM Sat	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 5:47PM	Moon – White		Devaloka Day	
Until 12:42AM Sat					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								
					<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 13
Mesha Rasi: 16.1	Tithi 28 – 29	Gulika	6:21AM – 7:55AM	Bharani Until 1:14AM Sun	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121	Sutra 48
		Yama	2:10PM – 3:44PM	Sobhana Until 1:30PM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7	
		329683469 Rahu	9:29AM – 11:02AM	Visti Until 5:37AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 5:49PM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

6		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kandy, Sri Lanka Sun 14
Mesha Rasi: 29.17	Tithi 29 – 30	Gulika	3:44PM – 5:18PM	Krittika Until 1:02AM Mon	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121	Sutra 49
		Yama	12:36PM – 2:10PM	Athiganda* Until 12:05PM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7	
		329683469 Rahu	5:18PM – 6:52PM	Catuspada Until 4:44AM Mon	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 5:14PM	Moon – White		Bhuloka Day	
Until 1:02AM Mon					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

Monday, June 3, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kandy, Sri Lanka Sun 15
Vrishabha Rasi: 12.43	Tithi 30 – 1	Gulika	2:10PM – 3:44PM	Rohini Until 12:37AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:21AM	Vikarin 5121	Sutra 50
Family Home Evening		Yama	11:03AM – 12:37PM	Sukarma Until 10:14AM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7	
Creative Work	Amrita Yoga	339683469 Rahu	7:55AM – 9:29AM	Kintughna Until 3:22AM Tue	Nataraja: Clear		Amavasya	
Until 12:37AM Tue				Amavasya* Until 4:05PM	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Tuesday, June 4, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Kandy, Sri Lanka Sun 16
Vrishabha Rasi: 26.25	Tithi 1 – 2	Gulika	12:37PM – 2:11PM	Mrigashira Until 11:39PM	Ganesha: Green	<i>Sunrise:</i> 6:21AM	Vikarin 5121	Sutra 51
		Yama	9:29AM – 11:03AM	Dhriti Until 8:01AM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7	
		339683469 Rahu	3:44PM – 5:18PM	Balava Until 1:35AM Wed	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 2:30PM	Moon – Yellow		Bhuloka Day	
Until 11:39PM					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

1	Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kandy, Sri Lanka Sun 17 Sutra 52
	Mithuna Rasi: 10.22	Tithi 2 – 3	Gulika 11:03AM – 12:37PM	Ardra Until 10:14PM	Ganesha: Green	<i>Sunrise:</i> 6:21AM	Vikarin 5121
			Yama 7:55AM – 9:29AM	Ganda* Until 2:42AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	339683461 Rahu 12:37PM – 2:11PM	Taitila Until 11:31PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 12:34PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2	Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kandy, Sri Lanka Sun 18 Sutra 53
	Mithuna Rasi: 24.29	Tithi 3 – 4	Gulika 9:29AM – 11:03AM	Punarvasu Until 8:55PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121
			Yama 6:21AM – 7:55AM	Vriddhi Until 11:48PM	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	349683461 Rahu 2:11PM – 3:45PM	Vanija Until 9:15PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 10:23AM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3	Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka Sun 19 Sutra 54
	Kataka Rasi: 8.43	Tithi 4 – 5	Gulika 7:55AM – 9:29AM	Pushya Until 7:21PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121
			Yama 3:45PM – 5:19PM	Dhruva Until 8:49PM	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 Rahu 11:03AM – 12:37PM	Bava Until 6:54PM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 8:04AM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Kandy, Sri Lanka Sun 20 Sutra 55
	Kataka Rasi: 22.59	Tithi 6	Gulika 6:22AM – 7:56AM	Ashlesha* Until 5:38PM	Ganesha: White	<i>Sunrise:</i> 6:22AM	Vikarin 5121
			Yama 2:11PM – 3:45PM	Vyaghata* Until 5:50PM	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 Rahu 9:29AM – 11:03AM	Kaulava Until 4:32PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 3:20AM Sun	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5	Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 56
	Simha Rasi: 7.15	Tithi 7	Gulika 3:46PM – 5:20PM	Magha* Until 4:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Vikarin 5121
			Yama 12:38PM – 2:12PM	Harshana Until 2:53PM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	351683461 Rahu 5:20PM – 6:54PM	Gara Until 2:12PM	Nataraja: Yellow		3rd Phase
			Saptami Until 1:03AM Mon	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

Monday, June 10, 2019	Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 57
	Simha Rasi: 21.28	Tithi 8	Gulika 2:12PM – 3:46PM	Purvaphalguni Until 2:48PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Vikarin 5121
	Family Home Evening		Yama 11:04AM – 12:38PM	Vajra* Until 12:00PM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	351683461 Rahu 7:56AM – 9:30AM	Visti Until 11:58AM	Nataraja: Yellow		Ashtami
			Ashtami* Until 10:52PM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			


Tuesday, June 11, 2019	Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 58
	Kanya Rasi: 6	Tithi 9	Gulika 12:38PM – 2:12PM	Uttaraphalguni Until 1:21PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Vikarin 5121
			Yama 9:30AM – 11:04AM	Siddhi Until 9:14AM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	351683461 Rahu 3:46PM – 5:20PM	Balava Until 9:51AM	Nataraja: Yellow		Navami
			Navami* Until 8:49PM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasla/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Kandy, Sri Lanka Sun 24 Sutra 59
	Kanya Rasi: 19.38	Tithi 10	Gulika 11:04AM – 12:38PM	Hasta Until 12:21PM	Ganesha: White	<i>Sunrise:</i> 6:22AM	Vikarin 5121
		361683461	Yama 7:56AM – 9:30AM	Vyatipata* Until 6:36AM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 9
			Rahu 12:38PM – 2:12PM	Taitila Until 7:53AM	Nataraja: Yellow		4th Phase
	Routine Work	Marana Yoga		Dashami Until 6:58PM	Moon – Green	Bhuloka Day	
	Until 12:21PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 60
	Tula Rasi: 3.32	Tithi 11 – 12	Gulika 9:30AM – 11:04AM	Chitra Until 11:25AM	Ganesha: White	<i>Sunrise:</i> 6:22AM	Vikarin 5121
		361683461	Yama 6:22AM – 7:56AM	Parigha* Until 1:51AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 9
			Rahu 2:12PM – 3:46PM	Vanija Until 6:08AM	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Ekadashi Until 5:20PM	Moon – Green	Bhuloka Day	
	Until 11:25AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Amrita Yoga						

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 61
	Tula Rasi: 17.17	Tithi 12 – 13	Gulika 7:57AM – 9:31AM	Svati Until 10:37AM	Ganesha: White	<i>Sunrise:</i> 6:22AM	Vikarin 5121
		361693461	Yama 3:47PM – 5:21PM	Shiva Until 11:52PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 9
			Rahu 11:05AM – 12:39PM	Kaulava Until 3:29AM Sat	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Dvadashi Until 4:00PM	Moon – Green	Devaloka Day	
			Vaikasi Visakam		Jyeshtha-Vaikasi		
				<i>Pradosha Vrata</i>			

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 62
	Vrischika Rasi: 0.5	Tithi 13 – 14	Gulika 6:23AM – 7:57AM	Vishakha Until 10:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Vikarin 5121
		371693461	Yama 2:13PM – 3:47PM	Siddha Until 10:09PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 9
			Rahu 9:31AM – 11:05AM	Gara Until 2:43AM Sun	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Trayodashi Until 3:01PM	Moon – Orange	Sivaloka Day	
					Jyeshtha-Ani		

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka Sutra 63
	Copper Retreat Star		Gulika 3:47PM – 5:21PM	Anuradha Until 10:33AM	Ganesha: White	<i>Sunrise:</i> 6:23AM	Vikarin 5121
	Vrischika Rasi: 14.1	Tithi 14 – 15	Yama 12:39PM – 2:13PM	Sadhya Until 8:49PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 9
		371793461	Rahu 5:21PM – 6:55PM	Visti Until 2:25AM Mon	Nataraja: Yellow		Purnima
	Routine Work	Marana Yoga		Chaturdashi* Until 2:29PM	Moon – Orange	Subha Sivaloka Day	
			Father's Day		Jyeshtha-Ani		

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 64
	Vrischika Rasi: 27.13	Tithi 15 – 16	Gulika 2:13PM – 3:47PM	Jyeshtha* Until 10:59AM	Ganesha: White	<i>Sunrise:</i> 6:23AM	Vikarin 5121
	Family Home Evening	371793461	Yama 11:05AM – 12:39PM	Subha Until 7:55PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 9
			Rahu 7:57AM – 9:31AM	Balava Until 2:39AM Tue	Nataraja: Yellow		Prathama
	Creative Work	Siddha Yoga		Purnima* Until 2:27PM	Moon – Orange	Subha Sivaloka Day	
					Jyeshtha-Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kandy, Sri Lanka
Sutra 65

Dhanus Rasi: 10.01 Tithi 16 – 17

381793461

Gulika 12:39PM – 2:14PM
Yama 9:31AM – 11:05AM
Rahu 3:48PM – 5:22PM

Mula* Until 12:16PM
Sukla Until 7:26PM
Taitila Until 3:28AM Wed
Prathama* Until 2:58PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:23AM
Sunset: 6:56PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 12:16PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka
Sun 1 Sutra 66

Dhanus Rasi: 22.33 Tithi 17 – 18

381793461

Gulika 11:06AM – 12:40PM
Yama 7:57AM – 9:32AM
Rahu 12:40PM – 2:14PM

Purvashadha* Until 1:57PM
Brahma Until 7:24PM
Vanija Until 4:49AM Thu
Dvitiya Until 4:03PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:23AM
Sunset: 6:56PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kandy, Sri Lanka
Sun 2 Sutra 67

Makara Rasi: 4.51 Tithi 18 – 19

382793461

Gulika 9:32AM – 11:06AM
Yama 6:24AM – 7:58AM
Rahu 2:14PM – 3:48PM

Uttarashadha Until 3:59PM
Indra Until 7:47PM
Bava Until 6:40AM Fri
Tritiya Until 5:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:24AM
Sunset: 6:56PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 3:59PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Kandy, Sri Lanka
Sun 3 Sutra 68

Makara Rasi: 16.57 Tithi 19

392793461

Gulika 7:58AM – 9:32AM
Yama 3:48PM – 5:22PM
Rahu 11:06AM – 12:40PM

Shravana Until 6:46PM
Vaidhriti* Until 8:27PM
Bava Until 6:40AM
Chaturthi* Until 7:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:24AM
Sunset: 6:56PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 6:46PM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kandy, Sri Lanka
Sun 4 Sutra 69

Makara Rasi: 28.54 Tithi 20

392793461

Gulika 6:24AM – 7:58AM
Yama 2:14PM – 3:48PM
Rahu 9:32AM – 11:06AM

Dhanishtha Until 9:39PM
Vishkambha* Until 9:21PM
Kaulava Until 8:51AM
Panchami Until 10:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:24AM
Sunset: 6:57PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 9:39PM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Kandy, Sri Lanka
Sun 5 Sutra 70

Kumbha Rasi: 10.47 Tithi 21

392793461

Gulika 3:49PM – 5:23PM
Yama 12:41PM – 2:15PM
Rahu 5:23PM – 6:57PM

Shatabhishak Until 12:27AM Mon
Priti Until 10:20PM
Gara Until 11:13AM
Shashthi* Until 12:24AM Mon

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:24AM
Sunset: 6:57PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 12:27AM Mon
Then Routine Work - Marana Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Kandy, Sri Lanka
Sun 6 Sutra 71

Kumbha Rasi: 22.39 Tithi 22

312793461

Gulika 2:15PM – 3:49PM
Yama 11:07AM – 12:41PM
Rahu 7:59AM – 9:33AM

Purvaproshtapada* Until 3:29AM Tue
Ayushman Until 11:12PM
Visti Until 1:35PM
Saptami Until 2:41AM Tue

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:25AM
Sunset: 6:57PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 3:29AM Tue
Then Creative Work - Amrita Yoga

Sivaloka Day

D

Tuesday, June 25, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kandy, Sri Lanka
Sun 7 Sutra 72

Meena Rasi: 4.35 Tithi 23

312793461

Gulika 12:41PM – 2:15PM
Yama 9:33AM – 11:07AM
Rahu 3:49PM – 5:23PM

Uttaraproshtapada Until 6:03AM Wed
Saubhagya Until 11:53PM
Balava Until 3:45PM
Ashtami* Until 4:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:25AM
Sunset: 6:57PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 6:03AM Wed
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kandy, Sri Lanka
Sun 8 Sutra 73

Meena Rasi: 16.38 Tithi 24

312793461

Gulika 11:07AM – 12:41PM
Yama 7:59AM – 9:33AM
Rahu 12:41PM – 2:15PM

Uttaraproshtapada Until 6:03AM
Sobhana Until 12:14AM Thu
Taitila Until 5:31PM
Navami* Until 6:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:25AM
Sunset: 6:57PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Creative Work Siddha Yoga
Until 6:03AM
Then Routine Work - Marana Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kandy, Sri Lanka Sun 9 Sutra 74	
Meena Rasi: 28.53	Tithi 24 – 25	Gulika 9:33AM – 11:07AM	Revati Until 7:59AM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM		Vikarin 5121
		Yama 6:25AM – 7:59AM	Athiganda* Until 12:06AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:58PM		Moon 6 - Phase 11
	312793461	Rahu 2:15PM – 3:49PM	Vanija Until 6:43PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:10AM	Moon – Clear		Sivaloka Day	
Until 7:59AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kandy, Sri Lanka Sun 10 Sutra 75	
Mesha Rasi: 11.24	Tithi 25 – 26	Gulika 7:59AM – 9:34AM	Ashvini Until 9:38AM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM		Vikarin 5121
		Yama 3:50PM – 5:24PM	Sukarma Until 11:27PM	Muruqa: Blue	<i>Sunset:</i> 6:58PM		Moon 6 - Phase 11
	322793461	Rahu 11:08AM – 12:42PM	Bava Until 7:16PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 7:04AM	Moon – White		Devaloka Day	
Until 9:38AM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kandy, Sri Lanka Sun 11 Sutra 76	
Mesha Rasi: 24.14	Tithi 26 – 27	Gulika 6:26AM – 8:00AM	Bharani Until 10:26AM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM		Vikarin 5121
		Yama 2:16PM – 3:50PM	Dhriti Until 10:14PM	Muruqa: Blue	<i>Sunset:</i> 6:58PM		Moon 6 - Phase 11
	322793461	Rahu 9:34AM – 11:08AM	Kaulava Until 7:06PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:15AM	Moon – White		Devaloka Day	
Until 10:26AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Kandy, Sri Lanka Sun 12 Sutra 77	
Vrishabha Rasi: 7.27	Tithi 27 – 28	Gulika 3:50PM – 5:24PM	Krittika Until 10:22AM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM		Vikarin 5121
		Yama 12:42PM – 2:16PM	Shula* Until 8:25PM	Muruqa: Blue	<i>Sunset:</i> 6:58PM		Moon 6 - Phase 11
	322793461	Rahu 5:24PM – 6:58PM	Gara Until 6:12PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:43AM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

Pradosha Vrata (Fasting)

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kandy, Sri Lanka Sun 13 Sutra 78	
Vrishabha Rasi: 21.03	Tithi 29	Gulika 2:16PM – 3:50PM	Rohini Until 9:56AM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM		Vikarin 5121
Family Home Evening		Yama 11:08AM – 12:42PM	Ganda* Until 6:06PM	Muruqa: Blue	<i>Sunset:</i> 6:58PM		Moon 6 - Phase 11
	332793461	Rahu 8:00AM – 9:34AM	Visti Until 4:39PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 3:39AM Tue	Moon – Yellow		Devaloka Day	
Until 8:46AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kandy, Sri Lanka Sun 14 Sutra 79	
Mithuna Rasi: 5.02	Tithi 30	Gulika 12:42PM – 2:16PM	Mrigashira Until 8:46AM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM		Vikarin 5121
		Yama 9:34AM – 11:08AM	Vriddhi Until 3:20PM	Muruqa: Blue	<i>Sunset:</i> 6:58PM		Moon 6 - Phase 11
	332793461	Rahu 3:50PM – 5:24PM	Catuspada Until 2:33PM	Nataraja: Yellow			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:18AM Wed	Moon – Yellow		Devaloka Day	
Until 8:46AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Kandy, Sri Lanka Sun 15 Sutra 80	
Mithuna Rasi: 19.19	Tithi 1	Gulika 11:09AM – 12:43PM	Ardra Until 6:59AM	Ganesha: Red	<i>Sunrise:</i> 6:27AM		Vikarin 5121
		Yama 8:01AM – 9:35AM	Dhruva Until 12:12PM	Muruqa: Blue	<i>Sunset:</i> 6:59PM		Moon 6 - Phase 11
	333793461	Rahu 12:43PM – 2:17PM	Kintughna Until 12:00PM	Nataraja: Yellow			Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:36PM	Moon – Yellow		Sivaloka Day	
				Ashada-Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kandy, Sri Lanka Sun 16 Sutra 81
Kataka Rasi: 3.51	Tithi 2	Gulika 9:35AM – 11:09AM	Pushya Until 2:58AM Fri	Ganesha: Yellow <i>Sunrise: 6:27AM</i>	Vikarin 5121
		Yama 6:27AM – 8:01AM	Vyaghata* Until 8:49AM	Muruqa: Blue <i>Sunset: 6:59PM</i>	Moon 6 - Phase 12
343793461		Rahu 2:17PM – 3:51PM	Balava Until 9:10AM	Nataraja: Yellow	3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 7:39PM	Moon – Blue	Sivaloka Day
Until 2:58AM Fri				Ashada*Ani	
Then Routine Work - Marana Yoga					

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau	Kandy, Sri Lanka Sun 17 Sutra 82
Kataka Rasi: 18.31	Tithi 3 – 4	Gulika 8:01AM – 9:35AM	Ashlesha* Until 12:37AM Sat	Ganesha: Yellow <i>Sunrise: 6:27AM</i>	Vikarin 5121
		Yama 3:51PM – 5:25PM	Vajra* Until 1:45AM Sat	Muruqa: Blue <i>Sunset: 6:59PM</i>	Moon 6 - Phase 12
343793461		Rahu 11:09AM – 12:43PM	Taitila Until 6:10AM	Nataraja: Yellow	3rd Phase
Routine Work Marana Yoga			Tritiya Until 4:37PM	Moon – Blue	Sivaloka Day
Until 12:37AM Sat				Ashada*Ani	
Then Creative Work - Amrita Yoga					

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kandy, Sri Lanka Sun 18 Sutra 83
Simha Rasi: 3.11	Tithi 4 – 5	Gulika 6:27AM – 8:01AM	Magha* Until 10:37PM	Ganesha: White <i>Sunrise: 6:27AM</i>	Vikarin 5121
		Yama 2:17PM – 3:51PM	Siddhi Until 10:17PM	Muruqa: Blue <i>Sunset: 6:59PM</i>	Moon 6 - Phase 12
353793461		Rahu 9:35AM – 11:09AM	Bava Until 12:11AM Sun	Nataraja: Yellow	3rd Phase
Creative Work Amrita Yoga			Chaturthi* Until 1:37PM	Moon – Red	Subha Sivaloka Day
Until 10:37PM				Ashada*Ani	
Then Creative Work - Siddha Yoga					

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kandy, Sri Lanka Sun 19 Sutra 84
Simha Rasi: 17.48	Tithi 5 – 6	Gulika 3:51PM – 5:25PM	Purvaphalguni Until 8:40PM	Ganesha: Yellow <i>Sunrise: 6:28AM</i>	Vikarin 5121
		Yama 12:43PM – 2:17PM	Vyatipata* Until 6:59PM	Muruqa: Blue <i>Sunset: 6:59PM</i>	Moon 6 - Phase 12
453793461		Rahu 5:25PM – 6:59PM	Kaulava Until 9:27PM	Nataraja: Yellow	3rd Phase
Creative Work Siddha Yoga			Panchami Until 10:46AM	Moon – Red	Sivaloka Day
Until 8:40PM				Ashada*Ani	
Then Creative Work - Amrita Yoga					

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Varyian/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kandy, Sri Lanka Sun 20 Sutra 85
Kanya Rasi: 2.15	Tithi 6 – 7	Gulika 2:17PM – 3:51PM	Uttaraphalguni Until 6:52PM	Ganesha: Yellow <i>Sunrise: 6:28AM</i>	Vikarin 5121
Family Home Evening		Yama 11:10AM – 12:43PM	Varyian Until 3:53PM	Muruqa: Blue <i>Sunset: 6:59PM</i>	Moon 6 - Phase 12
453793461		Rahu 8:02AM – 9:36AM	Gara Until 7:00PM	Nataraja: Yellow	3rd Phase
Creative Work Siddha Yoga			Chidambaram Abhishekam	Moon – Red	Sivaloka Day
			Shashthi* Until 8:10AM	Ashada*Ani	

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau	Kandy, Sri Lanka Sun 21 Sutra 86
Kanya Rasi: 16.28	Tithi 8	Gulika 12:44PM – 2:17PM	Hasta Until 5:43PM	Ganesha: White <i>Sunrise: 6:28AM</i>	Vikarin 5121
		Yama 9:36AM – 11:10AM	Parigha* Until 1:06PM	Muruqa: Blue <i>Sunset: 6:59PM</i>	Moon 6 - Phase 12
463793461		Rahu 3:51PM – 5:25PM	Visti Until 4:54PM	Nataraja: Yellow	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 4:00AM Wed	Moon – Green	Subha Sivaloka Day
				Ashada*Ani	

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau	Kandy, Sri Lanka Sun 22 Sutra 87
Tula Rasi: 0.26	Tithi 9	Gulika 11:10AM – 12:44PM	Chitra Until 4:50PM	Ganesha: White <i>Sunrise: 6:28AM</i>	Vikarin 5121
		Yama 8:02AM – 9:36AM	Shiva Until 10:39AM	Muruqa: Blue <i>Sunset: 6:59PM</i>	Moon 6 - Phase 12
463793461		Rahu 12:44PM – 2:18PM	Balava Until 3:14PM	Nataraja: Yellow	Navami
Creative Work Siddha Yoga			Navami* Until 2:32AM Thu	Moon – Green	Subha Sivaloka Day
				Ashada*Ani	


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau	Kandy, Sri Lanka Sun 23 Sutra 88
Tula Rasi: 14.08	Tithi 10	Gulika 9:36AM – 11:10AM	Svati Until 4:15PM	Ganesha: Yellow <i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 6:28AM – 8:02AM	Siddha Until 8:32AM	Muruqa: Blue <i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
		463893461 Rahu 2:18PM – 3:52PM	Taitila Until 2:00PM	Nataraja: Yellow	4th Phase
Creative Work Amrita Yoga			Dashami Until 1:32AM Fri	Moon – Green	Sivaloka Day
Until 4:15PM				Ashada*Ani	
Then Creative Work - Siddha Yoga					

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau	Kandy, Sri Lanka Sun 24 Sutra 89
Tula Rasi: 27.34	Tithi 11	Gulika 8:02AM – 9:36AM	Vishakha Until 4:25PM	Ganesha: White <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 3:52PM – 5:25PM	Sadhya Until 6:48AM	Muruqa: Blue <i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
		473893461 Rahu 11:10AM – 12:44PM	Vanija Until 1:13PM	Nataraja: Yellow	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 1:00AM Sat	Moon – Orange	Devaloka Day
				Ashada*Ani	

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau	Kandy, Sri Lanka Sun 25 Sutra 90
Vrischika Rasi: 10.45	Tithi 12	Gulika 6:29AM – 8:03AM	Anuradha Until 4:54PM	Ganesha: White <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 2:18PM – 3:52PM	Sukla Until 4:29AM Sun	Muruqa: Blue <i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
		473893461 Rahu 9:36AM – 11:10AM	Bava Until 12:56PM	Nataraja: Yellow	4th Phase
Creative Work Siddha Yoga			Dvadashi Until 12:56AM Sun	Moon – Orange	Devaloka Day
				Ashada*Ani	

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kandy, Sri Lanka Sun 26 Sutra 91
Vrischika Rasi: 23.41	Tithi 13	Gulika 3:52PM – 5:26PM	Jyeshtha* Until 5:43PM	Ganesha: White <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 12:44PM – 2:18PM	Brahma Until 3:53AM Mon	Muruqa: Blue <i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
		473893461 Rahu 5:26PM – 6:59PM	Kaulava Until 1:07PM	Nataraja: Yellow	4th Phase
Routine Work Marana Yoga			Trayodashi Until 1:22AM Mon	Moon – Orange	Devaloka Day
Until 5:43PM				Ashada*Ani	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau	Kandy, Sri Lanka Sun 27 Sutra 92
Dhanus Rasi: 6.23	Tithi 14	Gulika 2:18PM – 3:52PM	Mula* Until 7:18PM	Ganesha: Clear <i>Sunrise:</i> 6:29AM	Vikarin 5121
Family Home Evening		Yama 11:11AM – 12:44PM	Indra Until 3:41AM Tue	Muruqa: Blue <i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
483893461 Rahu 8:03AM – 9:37AM			Gara Until 1:47PM	Nataraja: Yellow	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 2:16AM Tue	Moon – Light Blue	Sivaloka Day
Until 7:18PM				Ashada*Ani	
Then Routine Work - Marana Yoga					

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau	Kandy, Sri Lanka Sun 27 Sutra 93
Copper Retreat Star		Gulika 12:44PM – 2:18PM	Purvashadha* Until 9:10PM	Ganesha: Clear <i>Sunrise:</i> 6:29AM	Vikarin 5121
Dhanus Rasi: 18.52	Tithi 15	Yama 9:37AM – 11:11AM	Vaidhriti* Until 3:48AM Wed	Muruqa: Blue <i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
		483893461 Rahu 3:52PM – 5:26PM	Visti Until 2:54PM	Nataraja: Yellow	Purnima
Creative Work Siddha Yoga			Purnima* Until 3:37AM Wed	Moon – Light Blue	Sivaloka Day
Until 9:10PM				Ashada*Ani	
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima			

Wednesday, July 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau	Kandy, Sri Lanka Sun 28 Sutra 94
Makara Rasi: 1.09	Tithi 16	Gulika 11:11AM – 12:45PM	Uttarashadha Until 11:18PM	Ganesha: Purple <i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 8:03AM – 9:37AM	Vishkambha* Until 4:14AM Thu	Muruqa: Blue <i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
		484893462 Rahu 12:45PM – 2:18PM	Balava Until 4:28PM	Nataraja: White	Prathama
Creative Work Amrita Yoga			Prathama* Until 5:23AM Thu	Moon – Light Blue	Subha Subha Sivaloka Day
Until 11:18PM				Ashada*Adi	
Then Creative Work - Siddha Yoga					



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila Karana Dvitiyayam Titau

Kandy, Sri Lanka
Sutra 95

Makara Rasi: 13.17 Tithi 17

Gulika 9:37AM – 11:11AM
Yama 6:30AM – 8:04AM
494893462 **Rahu** 2:18PM – 3:52PM

Shravana Until 2:05AM Fri
Priti Until 4:57AM Fri
Tailila Until 6:24PM
Dvitiya Until 7:28AM Fri

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka
Sun 1 Sutra 96

Makara Rasi: 25.16 Tithi 17 – 18

Gulika 8:04AM – 9:37AM
Yama 3:52PM – 5:26PM
494893462 **Rahu** 11:11AM – 12:45PM

Dhanishtha Until 4:57AM Sat
Ayushman Until 5:49AM Sat
Vanija Until 8:37PM
Dvitiya Until 7:28AM

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 4:57AM Sat
Then Creative Work - Amrita Yoga

Ashada-Adi

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kandy, Sri Lanka
Sun 2 Sutra 97

Kumbha Rasi: 7.11 Tithi 18 – 19

Gulika 6:30AM – 8:04AM
Yama 2:18PM – 3:52PM
494893462 **Rahu** 9:37AM – 11:11AM

Shatabhishak Until 7:45AM Sun
Saubhagya Until 6:48AM Sun
Bava Until 11:00PM
Tritiya Until 9:47AM

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 7:45AM Sun
Then Creative Work - Siddha Yoga

Ashada-Adi

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kandy, Sri Lanka
Sun 3 Sutra 98

Kumbha Rasi: 19.02 Tithi 19 – 20

Gulika 3:52PM – 5:26PM
Yama 12:45PM – 2:18PM
494893462 **Rahu** 5:26PM – 6:59PM

Shatabhishak Until 7:45AM
Saubhagya Until 6:48AM
Kaulava Until 1:25AM Mon
Chaturthi* Until 12:12PM

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kandy, Sri Lanka
Sun 4 Sutra 99

Meena Rasi: 0.54 Tithi 20 – 21

Family Home Evening

Gulika 2:18PM – 3:52PM
Yama 11:11AM – 12:45PM
414893462 **Rahu** 8:04AM – 9:38AM

Purvaproshtapada* Until 10:53AM
Sobhana Until 7:46AM
Gara Until 3:42AM Tue
Panchami Until 2:34PM

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 10:53AM
Then Creative Work - Siddha Yoga

Ashada-Adi

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kandy, Sri Lanka
Sun 5 Sutra 100

Meena Rasi: 12.49 Tithi 21 – 22

Gulika 12:45PM – 2:18PM
Yama 9:38AM – 11:11AM
414893462 **Rahu** 3:52PM – 5:26PM

Uttaraproshtapada Until 1:40PM
Athiganda* Until 8:35AM
Visti Until 5:42AM Wed
Shashthi* Until 4:44PM

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 1:40PM
Then Creative Work - Siddha Yoga

Ashada-Adi

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava Karana Saptamyam Titau

Kandy, Sri Lanka
Sun 6 Sutra 101

Meena Rasi: 24.52 Tithi 22

Gulika 11:11AM – 12:45PM
Yama 8:04AM – 9:38AM
414893462 **Rahu** 12:45PM – 2:18PM

Revati Until 3:57PM
Sukarma Until 9:11AM
Bava Until 6:32PM
Saptami Until 6:32PM

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Ashada-Adi

Retreat Star

Thursday, July 25, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kandy, Sri Lanka
Sun 7 Sutra 102

Mesha Rasi: 7.05 Tithi 23

Gulika 9:38AM – 11:11AM
Yama 6:31AM – 8:04AM
424893462 **Rahu** 2:18PM – 3:52PM

Ashvini Until 6:04PM
Dhriti Until 9:26AM
Balava Until 7:16AM
Ashtami* Until 7:48PM

Ganesha: White *Sunrise: 6:31AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Ashtami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Until 6:04PM
Then Creative Work - Siddha Yoga

Ashada-Adi

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Navamyam Titau

Kandy, Sri Lanka
Sun 8 Sutra 103

Mesha Rasi: 19.34 Tithi 24

Gulika 8:05AM – 9:38AM
Yama 3:52PM – 5:25PM
424893462 **Rahu** 11:11AM – 12:45PM

Bharani Until 7:23PM
Shula* Until 9:10AM
Tailila Until 8:13AM
Navami* Until 8:25PM

Ganesha: White *Sunrise: 6:31AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Ashada-Adi


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau	Kandy, Sri Lanka Sun 9 Sutra 104
424893462	Gulika 6:31AM – 8:05AM Yama 2:18PM – 3:52PM Rahu 9:38AM – 11:12AM	Krittika Until 7:49PM Ganda* Until 8:22AM Vanija Until 8:27AM Dashami Until 8:16PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – White	Sunrise: 6:31AM Sunset: 6:59PM	Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day
Vrishabha Rasi: 2.22 Tithi 25 Creative Work Amrita Yoga					

2		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau	Kandy, Sri Lanka Sun 10 Sutra 105
434893462	Gulika 3:52PM – 5:25PM Yama 12:45PM – 2:18PM Rahu 5:25PM – 6:58PM	Rohini Until 7:47PM Vriddhi Until 6:57AM Bava Until 7:55AM Ekadashi* Until 7:20PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:31AM Sunset: 6:59PM	Vikarin 5121 Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day
Vrishabha Rasi: 15.33 Tithi 26 Creative Work Siddha Yoga					

3		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Kandy, Sri Lanka Sun 11 Sutra 106
434893462	Gulika 2:18PM – 3:52PM Yama 11:12AM – 12:45PM Rahu 8:05AM – 9:38AM	Mrigashira Until 6:51PM Vyaghata* Until 2:14AM Tue Kaulava Until 6:36AM Dvadashi* Until 5:39PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:32AM Sunset: 6:58PM	Vikarin 5121 Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day
Vrishabha Rasi: 29.11 Tithi 27 – 28 Family Home Evening Creative Work Amrita Yoga Until 6:51PM Then Creative Work - Siddha Yoga					

4		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kandy, Sri Lanka Sun 12 Sutra 107
435893462	Gulika 12:45PM – 2:18PM Yama 9:38AM – 11:12AM Rahu 3:51PM – 5:25PM	Ardra Until 5:07PM Harshana Until 11:07PM Visti Until 1:57AM Wed Trayodashi* Until 3:19PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:32AM Sunset: 6:58PM	Vikarin 5121 Moon 7 - Phase 15 2nd Phase Sivaloka Day
Mithuna Rasi: 13.14 Tithi 28 – 29 Routine Work Marana Yoga Until 5:07PM Then Creative Work - Siddha Yoga					

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kandy, Sri Lanka Sun 13 Sutra 108
445893462	Gulika 11:12AM – 12:45PM Yama 8:05AM – 9:38AM Rahu 12:45PM – 2:18PM	Punarvasu Until 3:09PM Vajra* Until 7:33PM Catuspada Until 10:52PM Chaturdashi* Until 12:27PM	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 6:32AM Sunset: 6:58PM	Vikarin 5121 Moon 7 - Phase 15 Amavasya Sivaloka Day
Mithuna Rasi: 27.43 Tithi 29 – 30 Creative Work Siddha Yoga					

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kandy, Sri Lanka Sun 14 Sutra 109
445893462	Gulika 9:38AM – 11:12AM Yama 6:32AM – 8:05AM Rahu 2:18PM – 3:51PM	Pushya Until 12:40PM Siddhi Until 3:43PM Kintughna Until 7:28PM Amavasya* Until 9:11AM	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 6:32AM Sunset: 6:58PM	Vikarin 5121 Moon 7 - Phase 15 Prathama Sivaloka Day
Kataka Rasi: 12.3 Tithi 30 – 1 Creative Work Amrita Yoga Until 12:40PM Then Creative Work - Siddha Yoga					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Kandy, Sri Lanka Sun 15 Sutra 110 Vikarin 5121
Kataka Rasi: 27.3	Tithi 2	Gulika 8:05AM – 9:38AM	Ashlesha* Until 9:50AM	Ganesha: Green	<i>Sunrise:</i> 6:32AM		
		Yama 3:51PM – 5:24PM	Vyatiyata* Until 11:45AM	Muruqa: Blue	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 16	
		445893462 Rahu 11:12AM – 12:45PM	Balava Until 3:55PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 2:07AM Sat	Moon – Blue			Sivaloka Day
							Sravana-Adi

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau			Kandy, Sri Lanka Sun 16 Sutra 111 Vikarin 5121
Simha Rasi: 12.33	Tithi 3	Gulika 6:32AM – 8:05AM	Magha* Until 7:13AM	Ganesha: White	<i>Sunrise:</i> 6:32AM		
		Yama 2:18PM – 3:51PM	Varyan Until 7:43AM	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16	
		455893462 Rahu 9:38AM – 11:11AM	Taitila Until 12:22PM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 10:37PM	Moon – Red			Sivaloka Day
Until 7:13AM							Sravana-Adi
Then Creative Work - Siddha Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturtham Titau			Kandy, Sri Lanka Sun 17 Sutra 112 Vikarin 5121
Simha Rasi: 27.32	Tithi 4	Gulika 3:51PM – 5:24PM	Uttaraphalguni Until 2:06AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM		
		Yama 12:45PM – 2:18PM	Shiva Until 12:08AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16	
		455993462 Rahu 5:24PM – 6:57PM	Vanija Until 8:57AM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 7:20PM	Moon – Red			Subha Sivaloka Day
Until 2:06AM Mon							Sravana-Adi
Then Creative Work - Siddha Yoga							

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtham Titau			Kandy, Sri Lanka Sun 18 Sutra 113 Vikarin 5121
Kanya Rasi: 12.17	Tithi 5 – 6	Gulika 2:18PM – 3:51PM	Hasta Until 12:17AM Tue	Ganesha: White	<i>Sunrise:</i> 6:32AM		
Family Home Evening		Yama 11:11AM – 12:44PM	Siddha Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16	
		465993462 Rahu 8:05AM – 9:38AM	Kaulava Until 3:10AM Tue	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 4:26PM	Moon – Green			Subha Subha Sivaloka Day
		Nag Panchami					Sravana-Adi

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamam Titau			Kandy, Sri Lanka Sun 19 Sutra 114 Vikarin 5121
Kanya Rasi: 26.44	Tithi 6 – 7	Gulika 12:44PM – 2:17PM	Chitra Until 10:52PM	Ganesha: White	<i>Sunrise:</i> 6:32AM		
		Yama 9:38AM – 11:11AM	Sadhya Until 5:48PM	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16	
		465993462 Rahu 3:50PM – 5:23PM	Gara Until 1:02AM Wed	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 2:00PM	Moon – Green			Subha Subha Sivaloka Day
							Sravana-Adi

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamam Titau			Kandy, Sri Lanka Sun 20 Sutra 115 Vikarin 5121
Tula Rasi: 10.48	Tithi 7 – 8	Gulika 11:11AM – 12:44PM	Svati Until 9:54PM	Ganesha: White	<i>Sunrise:</i> 6:32AM		
		Yama 8:05AM – 9:38AM	Subha Until 3:21PM	Muruqa: Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16	
		465993462 Rahu 12:44PM – 2:17PM	Visti Until 11:30PM	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 12:10PM	Moon – Green			Subha Subha Sivaloka Day
							Sravana-Adi

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamam Titau			Kandy, Sri Lanka Sun 21 Sutra 116 Vikarin 5121
Tula Rasi: 24.28	Tithi 8 – 9	Gulika 9:38AM – 11:11AM	Vishakha Until 9:54PM	Ganesha: Purple	<i>Sunrise:</i> 6:32AM		
		Yama 6:32AM – 8:05AM	Sukla Until 1:25PM	Muruqa: Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16	
		476993462 Rahu 2:17PM – 3:50PM	Balava Until 10:39PM	Nataraja: White		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 10:59AM	Moon – Orange			Sivaloka Day
							Sravana-Adi

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Kandy, Sri Lanka Sun 22 Sutra 117 Vikarin 5121	
Wrischika Rasi: 7.46	Tithi 9 – 10	Gulika 8:05AM – 9:38AM	Anuradha Until 10:24PM	Ganesha: Purple	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 6:56PM
		Yama 3:50PM – 5:23PM	Brahma Until 12:02PM	Nataraja: White		Moon 7 - Phase 17	4th Phase
		476993462 Rahu 11:11AM – 12:44PM	Taitila Until 10:28PM	Moon – Orange		Sivaloka Day	
Creative Work	Siddha Yoga		Navami* Until 10:28AM	Sravana*Adi			
Until 10:24PM							
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau		Kandy, Sri Lanka Sun 23 Sutra 118 Vikarin 5121	
Wrischika Rasi: 20.43	Tithi 10 – 11	Gulika 6:32AM – 8:05AM	Jyeshtha* Until 11:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 6:55PM
		Yama 2:17PM – 3:50PM	Indra Until 11:10AM	Nataraja: White		Moon 7 - Phase 17	4th Phase
		476993462 Rahu 9:38AM – 11:11AM	Vanija Until 10:55PM	Moon – Orange		Sivaloka Day	
Creative Work	Siddha Yoga		Dashami Until 10:36AM	Sravana*Adi			
Until 10:24PM							
Then Routine Work - Marana Yoga							

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau		Kandy, Sri Lanka Sun 24 Sutra 119 Vikarin 5121	
Dhanus Rasi: 3.22	Tithi 11 – 12	Gulika 3:49PM – 5:22PM	Mula* Until 1:12AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 6:55PM
		Yama 12:44PM – 2:17PM	Vaidhriti* Until 10:45AM	Nataraja: White		Moon 7 - Phase 17	4th Phase
		486993462 Rahu 5:22PM – 6:55PM	Bava Until 11:56PM	Moon – Light Blue		Subha Sivaloka Day	
Creative Work	Amrita Yoga		Ekadashi Until 11:20AM	Sravana*Adi			
Until 1:12AM Mon							
Then Routine Work - Marana Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Pritii Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kandy, Sri Lanka Sun 25 Sutra 120 Vikarin 5121	
Dhanus Rasi: 15.47	Tithi 12 – 13	Gulika 2:16PM – 3:49PM	Purvashadha* Until 3:20AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 6:55PM
Family Home Evening		Yama 11:11AM – 12:44PM	Vishkambha* Until 10:46AM	Nataraja: White		Moon 7 - Phase 17	4th Phase
Routine Work	Marana Yoga	486993462 Rahu 8:05AM – 9:38AM	Kaulava Until 1:25AM Tue	Moon – Light Blue		Subha Sivaloka Day	
Until 3:20AM Tue			Dvadashi Until 12:36PM	Sravana*Adi			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Pritii/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kandy, Sri Lanka Sun 26 Sutra 121 Vikarin 5121	
Dhanus Rasi: 28.01	Tithi 13 – 14	Gulika 12:43PM – 2:16PM	Uttarashadha Until 5:38AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 6:54PM
		Yama 9:38AM – 11:11AM	Pritii Until 11:07AM	Nataraja: White		Moon 7 - Phase 17	4th Phase
		486993462 Rahu 3:49PM – 5:22PM	Gara Until 3:16AM Wed	Moon – Light Blue		Subha Sivaloka Day	
Routine Work	Prabalarishta Yoga		Trayodashi Until 2:17PM	Sravana*Adi			
Until 5:38AM Wed							
Then Creative Work - Siddha Yoga							

6		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau		Kandy, Sri Lanka Sun 27 Sutra 122 Vikarin 5121	
Makara Rasi: 10.05	Tithi 14 – 15	Gulika 11:10AM – 12:43PM	Shravana Until 8:33AM Thu	Ganesha: White	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 6:54PM
		Yama 8:05AM – 9:38AM	Ayushman Until 11:42AM	Nataraja: White		Moon 7 - Phase 17	4th Phase
		496993462 Rahu 12:43PM – 2:16PM	Vistii Until 5:25AM Thu	Moon – Purple		Sivaloka Day	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:18PM	Sravana*Adi			
Until 10:24PM							

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava Karana Purnimayam Titau		Kandy, Sri Lanka Sutra 123 Vikarin 5121	
Copper Retreat Star		Gulika 9:38AM – 11:10AM	Shravana Until 8:33AM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 6:54PM
Makara Rasi: 22.03	Tithi 15	Yama 6:32AM – 8:05AM	Saubhagya Until 12:29PM	Nataraja: White		Moon 7 - Phase 17	Purnima
		497993462 Rahu 2:16PM – 3:48PM	Bava Until 6:32PM	Moon – Purple		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Purnima* Until 6:32PM	Sravana*Adi			
Until 10:24PM							
Then Routine Work - Marana Yoga							

○		Friday, August 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Kandy, Sri Lanka Sutra 124 Vikarin 5121	
Silver Retreat Star		Gulika 8:05AM – 9:38AM	Dhanishtha Until 11:27AM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 6:53PM
Kumbha Rasi: 3.58	Tithi 16	Yama 3:48PM – 5:21PM	Sobhana Until 1:24PM	Nataraja: White		Moon 7 - Phase 17	Prathama
		497993462 Rahu 11:10AM – 12:43PM	Balava Until 7:44AM	Moon – Purple		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Prathama* Until 8:55PM	Sravana*Adi			
Until 10:24PM							
Then Routine Work - Marana Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Saturday, August 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 125

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 15.49 Tithi 17

497993462

Gulika 6:32AM - 8:05AM
Yama 2:15PM - 3:48PM
Rahu 9:37AM - 11:10AM

Shatabhishak Until 2:16PM

Athiganda* Until 2:21PM

Taitila Until 10:10AM

Dvitiya Until 11:21PM

Ganesha: Yellow

Muruqa: Blue

Nataraja: White

Moon - Purple

Sravana-Avani

Sunrise: 6:32AM

Sunset: 6:53PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 2:16PM

Then Routine Work - Marana Yoga

1

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Triliyayam Titau

Kandy, Sri Lanka

Sun 2 Sutra 126

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 27.41 Tithi 18

517993462

Gulika 3:47PM - 5:20PM
Yama 12:42PM - 2:15PM
Rahu 5:20PM - 6:53PM

Purvaproshtapada* Until 5:25PM

Sukarma Until 3:18PM

Vanija Until 12:35PM

Tritiya Until 1:45AM Mon

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:32AM

Sunset: 6:53PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 5:25PM

Then Creative Work - Amrita Yoga

2

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 127

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 9.34 Tithi 19

517993462

Gulika 2:15PM - 3:47PM
Yama 11:10AM - 12:42PM
Rahu 8:05AM - 9:37AM

Uttaraproshtapada Until 8:16PM

Dhriti Until 4:12PM

Bava Until 2:55PM

Chaturthi* Until 4:00AM Tue

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:32AM

Sunset: 6:52PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:00AM Tue

Then Creative Work - Amrita Yoga

3

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 128

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 21.3 Tithi 20

517993462

Gulika 12:42PM - 2:14PM
Yama 9:37AM - 11:09AM
Rahu 3:47PM - 5:19PM

Revati Until 10:46PM

Shula* Until 4:54PM

Kaulava Until 5:03PM

Panchami Until 5:59AM Wed

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:32AM

Sunset: 6:52PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 5:59AM Wed

Then Creative Work - Siddha Yoga

4

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara Karana Shashthyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 129

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 3.33 Tithi 21

527993462

Gulika 11:09AM - 12:42PM
Yama 8:04AM - 9:37AM
Rahu 12:42PM - 2:14PM

Ashvini Until 1:14AM Thu

Ganda* Until 5:22PM

Gara Until 6:52PM

Shashthi* Until 7:35AM Thu

Ganesha: Clear

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 6:32AM

Sunset: 6:51PM

Subha Sivaloka Day

Routine Work Marana Yoga

Until 1:14AM Thu

Then Creative Work - Siddha Yoga

5

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vridhhi/Dhruva Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 130

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 15.46 Tithi 21 - 22

528993462

Gulika 9:37AM - 11:09AM
Yama 6:32AM - 8:04AM
Rahu 2:14PM - 3:46PM

Bharani Until 3:04AM Fri

Vridhhi Until 5:30PM

Visiti Until 8:13PM

Shashthi* Until 7:35AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 6:32AM

Sunset: 6:51PM

Sivaloka Day

Creative Work Siddha Yoga

Until 7:35AM

Then Creative Work - Siddha Yoga

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 131

Vikarin 5121

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 28.11 Tithi 22 - 23

528993462

Gulika 8:04AM - 9:37AM
Yama 3:46PM - 5:18PM
Rahu 11:09AM - 12:41PM

Krittika Until 4:07AM Sat

Dhruva Until 5:09PM

Balava Until 8:58PM

Saptami Until 8:39AM

Ganesha: White

Muruqa: Blue

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 6:32AM

Sunset: 6:50PM

Sivaloka Day

Creative Work Siddha Yoga

Until 4:07AM Sat

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kandy, Sri Lanka

Sun 8 Sutra 132

Vikarin 5121

Moon 8 - Phase 18

Navami

Vrishabha Rasi: 10.55 Tithi 23 - 24

538993462

Gulika 6:32AM - 8:04AM
Yama 2:13PM - 3:45PM
Rahu 9:36AM - 11:09AM

Rohini Until 4:45AM Sun

Vyaghata* Until 4:16PM

Taitila Until 9:00PM

Ashtami* Until 9:03AM

Ganesha: Clear

Muruqa: Blue

Nataraja: White

Moon - Yellow

Sravana-Avani

Sunrise: 6:32AM

Sunset: 6:50PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 4:45AM Sun

Then Creative Work - Siddha Yoga

1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Kandy, Sri Lanka Sun 9 Sutra 133 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Wishabha Rasi: 24.01	Tithi 24 - 25	Gulika 3:45PM - 5:17PM	Mrigashira Until 4:27AM Mon	Ganesha: Clear <i>Sunrise: 6:32AM</i>	
		Yama 12:41PM - 2:13PM	Harshana Until 2:46PM	Muruqa: Blue <i>Sunset: 6:50PM</i>	
538993462	Rahu 5:17PM - 6:50PM		Vanija Until 8:14PM	Nataraja: White	
Creative Work	Siddha Yoga		Navami* Until 8:42AM	Moon - Yellow	Subha Sivaloka Day
				Sravana-Avani	

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kandy, Sri Lanka Sun 10 Sutra 134 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Mithuna Rasi: 7.32	Tithi 25 - 26	Gulika 2:13PM - 3:45PM	Ardra Until 3:15AM Tue	Ganesha: Clear <i>Sunrise: 6:32AM</i>	
		Yama 11:08AM - 12:40PM	Vajra* Until 12:37PM	Muruqa: Blue <i>Sunset: 6:49PM</i>	
538993462	Rahu 8:04AM - 9:36AM		Bava Until 6:42PM	Nataraja: White	
Creative Work	Siddha Yoga		Dashami Until 7:33AM	Moon - Yellow	Subha Sivaloka Day
				Sravana-Avani	

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvodashyam Titau	Kandy, Sri Lanka Sun 11 Sutra 135 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Mithuna Rasi: 21.32	Tithi 27	Gulika 12:40PM - 2:12PM	Punarvasu Until 1:39AM Wed	Ganesha: Purple <i>Sunrise: 6:32AM</i>	
		Yama 9:36AM - 11:08AM	Siddhi Until 9:52AM	Muruqa: Blue <i>Sunset: 6:49PM</i>	
548993462	Rahu 3:44PM - 5:16PM		Kaulava Until 4:26PM	Nataraja: White	
Creative Work	Siddha Yoga		Dvodashi* Until 3:03AM Wed	Moon - Blue	Sivaloka Day
				Sravana-Avani	

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Kandy, Sri Lanka Sun 12 Sutra 136 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Kataka Rasi: 5.58	Tithi 28	Gulika 11:08AM - 12:40PM	Pushya Until 11:20PM	Ganesha: Light Blue <i>Sunrise: 6:31AM</i>	
		Yama 8:04AM - 9:36AM	Vyatipata* Until 6:36AM	Muruqa: Blue <i>Sunset: 6:48PM</i>	
549993463	Rahu 12:40PM - 2:12PM		Gara Until 1:34PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Trayodashi* Until 11:55PM	Moon - Blue	Devaloka Day
				Sravana-Avani	

Pradosha Vrata (Fasting)

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kandy, Sri Lanka Sun 13 Sutra 137 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Kataka Rasi: 20.49	Tithi 29	Gulika 9:35AM - 11:07AM	Ashlesha* Until 8:29PM	Ganesha: Orange <i>Sunrise: 6:31AM</i>	
		Yama 6:31AM - 8:03AM	Parigha* Until 10:49PM	Muruqa: Blue <i>Sunset: 6:48PM</i>	
549193463	Rahu 2:12PM - 3:44PM		Visti Until 10:12AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:23PM	Moon - Blue	Sivaloka Day
Until 8:29PM				Sravana-Avani	
Then Creative Work - Amrita Yoga					

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Kandy, Sri Lanka Sun 14 Sutra 138 Vikarin 5121 Moon 8 - Phase 19 Amavasya
Simha Rasi: 5.55	Tithi 30 - 1	Gulika 8:03AM - 9:35AM	Magha* Until 5:39PM	Ganesha: Clear <i>Sunrise: 6:31AM</i>	
		Yama 3:43PM - 5:15PM	Shiva Until 6:36PM	Muruqa: Blue <i>Sunset: 6:47PM</i>	
559193463	Rahu 11:07AM - 12:39PM		Catuspada Until 6:31AM	Nataraja: Clear	
Routine Work	Marana Yoga		Amavasya* Until 4:36PM	Moon - Red	Sivaloka Day
Until 5:39PM				Sravana-Avani	
Then Creative Work - Siddha Yoga					

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kandy, Sri Lanka Sun 15 Sutra 139 Vikarin 5121 Moon 8 - Phase 19 Prathama
Simha Rasi: 21.1	Tithi 1 - 2	Gulika 6:31AM - 8:03AM	Purvaphalguni Until 2:37PM	Ganesha: Clear <i>Sunrise: 6:31AM</i>	
		Yama 2:11PM - 3:43PM	Siddha Until 2:18PM	Muruqa: Blue <i>Sunset: 6:47PM</i>	
559193463	Rahu 9:35AM - 11:07AM		Balava Until 10:52PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 12:45PM	Moon - Red	Sivaloka Day
Until 2:37PM				Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Kandy, Sri Lanka Sun 16 Sutra 140
	Kanya Rasi: 6.23	Tithi 2 – 3	Gulika 3:42PM – 5:14PM	Uttaraphalguni Until 11:35AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Vikarin 5121
			Yama 12:39PM – 2:10PM	Sadhya Until 10:07AM	Muruqa: Blue	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 20
	Creative Work Amrita Yoga	559193463	Rahu 5:14PM – 6:46PM	Taitila Until 7:14PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 9:00AM	Bhadrapada-Avani	Sivaloka Day		

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Kandy, Sri Lanka Sun 17 Sutra 141
	Kanya Rasi: 21.25	Tithi 4	Gulika 2:10PM – 3:42PM	Hasta Until 9:06AM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Vikarin 5121
	Family Home Evening		Yama 11:06AM – 12:38PM	Subha Until 6:11AM	Muruqa: Blue	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	Rahu 8:03AM – 9:35AM	Vanija Until 3:57PM	Nataraja: Clear		3rd Phase
			Ganesha Chaturthi	Chaturthi* Until 2:28AM Tue	Bhadrapada-Avani	Sivaloka Day	
Until 9:06AM Then Routine Work - Prabararishta Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Kandy, Sri Lanka Sun 18 Sutra 142
	Tula Rasi: 6.05	Tithi 5	Gulika 12:38PM – 2:10PM	Chitra Until 6:56AM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Vikarin 5121
			Yama 9:34AM – 11:06AM	Brahma Until 11:28PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	Rahu 3:42PM – 5:13PM	Bava Until 1:10PM	Nataraja: Clear		3rd Phase
			Panchami Until 12:00AM Wed	Bhadrapada-Avani	Sivaloka Day		

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Kandy, Sri Lanka Sun 19 Sutra 143
	Tula Rasi: 20.2	Tithi 6	Gulika 11:06AM – 12:38PM	Vishakha Until 4:35AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:31AM	Vikarin 5121
			Yama 8:02AM – 9:34AM	Indra Until 8:57PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	579193463	Rahu 12:38PM – 2:09PM	Kaulava Until 11:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 10:14PM	Bhadrapada-Avani	Subha Sivaloka Day		

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 144
	Vrischika Rasi: 4.07	Tithi 7	Gulika 9:34AM – 11:06AM	Anuradha Until 4:35AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:30AM	Vikarin 5121
			Yama 6:30AM – 8:02AM	Vaidhriti* Until 7:04PM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 20
	Creative Work Siddha Yoga	571193463	Rahu 2:09PM – 3:41PM	Gara Until 9:41AM	Nataraja: Clear		3rd Phase
			Saptami Until 9:17PM	Bhadrapada-Avani	Sivaloka Day		
Until 4:35AM Fri Then Routine Work - Marana Yoga							

6	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 145
	Retreat Star		Gulika 8:02AM – 9:34AM	Jyeshtha* Until 5:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:30AM	Vikarin 5121
	Vrischika Rasi: 17.26	Tithi 8	Yama 3:40PM – 5:12PM	Vishkambha* Until 5:50PM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 20
			Rahu 11:05AM – 12:37PM	Visti Until 9:08AM	Nataraja: Clear		Ashtami
			Ashtami* Until 9:10PM	Bhadrapada-Avani	Sivaloka Day		
Routine Work Marana Yoga Until 5:13AM Sat Then Creative Work - Siddha Yoga							

7	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 146
	Retreat Star		Gulika 6:30AM – 8:02AM	Mula* Until 6:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Vikarin 5121
	Dhanus Rasi: 0.19	Tithi 9	Yama 2:08PM – 3:40PM	Priti Until 5:15PM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 20
			Rahu 9:33AM – 11:05AM	Balava Until 9:25AM	Nataraja: Clear		Navami
			Navami* Until 9:49PM	Bhadrapada-Avani	Devaloka Day		
Creative Work Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 147
Dhanus Rasi: 12.5	Tithi 10	Gulika 3:39PM – 5:11PM	Mula* Until 6:56AM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 12:36PM – 2:08PM	Ayushman Until 5:11PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 21
	581193463	Rahu 5:11PM – 6:42PM	Taitila Until 10:27AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		Devaloka Day
Until 6:56AM		Grandparent's Day	Dashami Until 11:10PM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 148
Dhanus Rasi: 25.06	Tithi 11	Gulika 2:07PM – 3:39PM	Purvashadha* Until 9:05AM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 11:04AM – 12:36PM	Saubhagya Until 5:34PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 21
Family Home Evening	581193463	Rahu 8:01AM – 9:33AM	Vanija Until 12:05PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		Devaloka Day
			Ekadashi Until 1:03AM Tue	Bhadrapada-Avani		

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 149
Makara Rasi: 7.1	Tithi 12	Gulika 12:36PM – 2:07PM	Uttarashadha Until 11:30AM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 9:33AM – 11:04AM	Sobhana Until 6:16PM	Muruqa: Blue	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
	581193463	Rahu 3:38PM – 5:10PM	Bava Until 2:09PM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Devaloka Day
Until 11:30AM			Dvadashi Until 3:16AM Wed	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 150
Makara Rasi: 19.06	Tithi 13	Gulika 11:04AM – 12:35PM	Shravana Until 2:32PM	Ganesha: Red	<i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 8:01AM – 9:32AM	Athiganda* Until 7:07PM	Muruqa: Blue	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
	591193463	Rahu 12:35PM – 2:07PM	Kaulava Until 4:29PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
Until 2:32PM		Avani Avittam	Trayodashi Until 5:41AM Thu	Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Gara Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 151
Kumbha Rasi: 0.58	Tithi 14	Gulika 9:32AM – 11:04AM	Dhanishtha Until 5:31PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 6:29AM – 8:01AM	Sukarma Until 8:04PM	Muruqa: Blue	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 21
	591193463	Rahu 2:06PM – 3:38PM	Gara Until 6:57PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
			Chaturdashi* Until 8:09AM Fri	Bhadrapada-Avani		

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka Sutra 152
Copper Retreat Star		Gulika 8:01AM – 9:32AM	Shatabhishak Until 8:20PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Vikarin 5121
Kumbha Rasi: 12.49	Tithi 14 – 15	Yama 3:37PM – 5:08PM	Dhriti Until 9:01PM	Muruqa: Purple	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 21
	591113463	Rahu 11:03AM – 12:35PM	Visti Until 9:24PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
		Chidambaram Abhishekam	Chaturdashi* Until 8:09AM	Bhadrapada-Avani		

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 153
Silver Retreat Star		Gulika 6:29AM – 8:00AM	Purvaproshtapada* Until 11:25PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Vikarin 5121
Kumbha Rasi: 24.41	Tithi 15 – 16	Yama 2:05PM – 3:37PM	Shula* Until 9:53PM	Muruqa: Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 21
	511113463	Rahu 9:32AM – 11:03AM	Balava Until 11:48PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Moon – Clear		Sivaloka Day
Until 11:25PM			Purnima* Until 10:36AM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kandy, Sri Lanka
Sutra 154
Vikarin 5121

Meena Rasi: 6.35 Tithi 16 – 17

511113463

Gulika 3:36PM – 5:07PM
Yama 12:34PM – 2:05PM
Rahu 5:07PM – 6:39PM

Uttaraproshtapada Until 2:13AM Mon
Ganda* Until 10:40PM
Taitila Until 2:03AM Mon
Prathama* Until 12:55PM

Ganesha: Red
Muruqa: Purple
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Sunrise: 6:29AM
Sunset: 6:39PM

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Until 2:13AM Mon

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka
Sun 1 Sutra 155
Vikarin 5121

Meena Rasi: 18.33 Tithi 17 – 18

512113463

Gulika 2:05PM – 3:36PM
Yama 11:02AM – 12:33PM
Rahu 8:00AM – 9:31AM

Revati Until 4:39AM Tue
Vriddhi Until 11:20PM
Vanija Until 4:06AM Tue
Dvitiya Until 3:05PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Sunrise: 6:29AM
Sunset: 6:38PM

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Until 2:13AM Mon

Then Creative Work - Siddha Yoga

Sivaloka Day

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Kandy, Sri Lanka
Sun 2 Sutra 156
Vikarin 5121

Mesha Rasi: 0.35 Tithi 18 – 19

522113463

Gulika 12:33PM – 2:04PM
Yama 9:31AM – 11:02AM
Rahu 3:35PM – 5:06PM

Ashvini Until 7:11AM Wed
Dhruva Until 11:46PM
Bava Until 5:55AM Wed
Tritiya Until 5:02PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Sunrise: 6:29AM
Sunset: 6:38PM

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Until 7:11AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata* Yoga Balava Karana Chaturthyam Titau

Kandy, Sri Lanka
Sun 3 Sutra 157
Vikarin 5121

Mesha Rasi: 12.43 Tithi 19

522113463

Gulika 11:02AM – 12:33PM
Yama 8:00AM – 9:31AM
Rahu 12:33PM – 2:04PM

Ashvini Until 7:11AM
Vyaghata* Until 11:59PM
Balava Until 6:41PM
Chaturthi* Until 6:41PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Sunrise: 6:28AM
Sunset: 6:37PM

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Until 7:11AM

Then Creative Work - Siddha Yoga

Devaloka Day

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Kandy, Sri Lanka
Sun 4 Sutra 158
Vikarin 5121

Mesha Rasi: 25 Tithi 20

522113463

Gulika 9:30AM – 11:01AM
Yama 6:28AM – 7:59AM
Rahu 2:03PM – 3:34PM

Bharani Until 9:13AM
Harshana Until 11:55PM
Kaulava Until 7:23AM
Panchami Until 7:57PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Sunrise: 6:28AM
Sunset: 6:36PM

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Until 9:13AM

Then Routine Work - Marana Yoga

Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtyam Titau

Kandy, Sri Lanka
Sun 5 Sutra 159
Vikarin 5121

Vrishabha Rasi: 7.28 Tithi 21

522113463

Gulika 7:59AM – 9:30AM
Yama 3:34PM – 5:05PM
Rahu 11:01AM – 12:32PM

Krittika Until 10:39AM
Vajra* Until 11:24PM
Gara Until 8:26AM
Shashthi* Until 8:44PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Sunrise: 6:28AM
Sunset: 6:36PM

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Until 10:39AM

Then Routine Work - Marana Yoga

Devaloka Day

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Kandy, Sri Lanka
Sun 6 Sutra 160
Vikarin 5121

Vrishabha Rasi: 20.1 Tithi 22

532113463

Gulika 6:28AM – 7:59AM
Yama 2:03PM – 3:34PM
Rahu 9:30AM – 11:01AM

Rohini Until 11:52AM
Siddhi Until 10:26PM
Visti Until 8:55AM
Saptami Until 8:54PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Sunrise: 6:28AM
Sunset: 6:35PM

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Until 11:52AM

Then Creative Work - Siddha Yoga

Sivaloka Day

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kandy, Sri Lanka
Sun 7 Sutra 161
Vikarin 5121

Mithuna Rasi: 3.11 Tithi 23

532113463

Gulika 3:33PM – 5:04PM
Yama 12:31PM – 2:02PM
Rahu 5:04PM – 6:35PM

Mrigashira Until 12:17PM
Vyatipata* Until 8:55PM
Balava Until 8:45AM
Ashtami* Until 8:23PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Sunrise: 6:28AM
Sunset: 6:35PM

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Until 11:52AM

Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Kandy, Sri Lanka
Sun 8 Sutra 162
Vikarin 5121

Mithuna Rasi: 16.35 Tithi 24

532213463

Gulika 2:02PM – 3:33PM
Yama 11:00AM – 12:31PM
Rahu 7:59AM – 9:29AM

Ardra Until 11:50AM
Variyan Until 6:48PM
Taitila Until 7:52AM
Navami* Until 7:08PM

Ganesha: Orange
Muruqa: Purple
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Sunrise: 6:28AM
Sunset: 6:34PM

Moon 9 - Phase 22
Navami

Creative Work Siddha Yoga

Until 11:50AM

Then Creative Work - Amrita Yoga

Sivaloka Day

1	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 163
	Kataka Rasi: 0.24	Tithi 25 – 26	Gulika 12:31PM – 2:01PM	Punarvasu Until 10:59AM	Ganesha: Light Blue <i>Sunrise:</i> 6:28AM	Muruqa: Purple <i>Sunset:</i> 6:34PM	Vikarin 5121
			Yama 9:29AM – 11:00AM	Parigha* Until 4:08PM			Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 Rahu 3:32PM – 5:03PM	Vanija Until 6:16AM	Nataraja: Clear		2nd Phase
			Dashami Until 5:11PM	Moon – Blue	Devaloka Day		
				Bhadrapada •Puratasi			

2	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 164
	Kataka Rasi: 14.4	Tithi 26 – 27	Gulika 11:00AM – 12:30PM	Pushya Until 9:18AM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM	Muruqa: Purple <i>Sunset:</i> 6:33PM	Vikarin 5121
			Yama 7:58AM – 9:29AM	Shiva Until 12:56PM			Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 Rahu 12:30PM – 2:01PM	Kaulava Until 1:07AM Thu	Nataraja: Clear		2nd Phase
			Ekadashi* Until 2:36PM	Moon – Blue	Devaloka Day		
				Bhadrapada •Puratasi			

3	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha/Magha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 165
	Kataka Rasi: 29.19	Tithi 27 – 28	Gulika 9:29AM – 10:59AM	Ashlesha* Until 6:57AM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM	Muruqa: Purple <i>Sunset:</i> 6:33PM	Vikarin 5121
			Yama 6:27AM – 7:58AM	Siddha Until 9:17AM			Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 Rahu 2:01PM – 3:31PM	Gara Until 9:47PM	Nataraja: Clear		2nd Phase
Until 6:57AM			Dvadashi* Until 11:29AM	Moon – Blue	Devaloka Day		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada •Puratasi			

4	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 166
	Simha Rasi: 14.19	Tithi 28 – 29	Gulika 7:58AM – 9:28AM	Purvaphalguni Until 1:31AM Sat	Ganesha: Purple <i>Sunrise:</i> 6:27AM	Muruqa: Purple <i>Sunset:</i> 6:32PM	Vikarin 5121
			Yama 3:31PM – 5:01PM	Subha Until 1:07AM Sat			Moon 9 - Phase 23
	Creative Work	Siddha Yoga	552213463 Rahu 10:59AM – 12:30PM	Visti Until 6:09PM	Nataraja: Clear		2nd Phase
Until 1:31AM Sat			Trayodashi* Until 7:59AM	Moon – Red	Devaloka Day		
Then Routine Work - Marana Yoga				Bhadrapada •Puratasi			

●	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kandy, Sri Lanka Sun 13 Sutra 167
	Retreat Star		Gulika 6:27AM – 7:58AM	Uttaraphalguni Until 10:24PM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM	Muruqa: Purple <i>Sunset:</i> 6:32PM	Vikarin 5121
	Simha Rasi: 29.29	Tithi 30	Yama 2:00PM – 3:30PM	Sukla Until 8:51PM			Moon 9 - Phase 23
	Routine Work	Marana Yoga	652213463 Rahu 9:28AM – 10:59AM	Catuspada Until 2:22PM	Nataraja: Clear		Amavasya
		Mahalaya Amavasai (Tamil Nadu)	Amavasya* Until 12:28AM Sun	Moon – Red	Devaloka Day		
				Bhadrapada •Puratasi			

●	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 168
	Retreat Star		Gulika 3:30PM – 5:01PM	Hasta Until 7:39PM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM	Muruqa: Purple <i>Sunset:</i> 6:31PM	Vikarin 5121
	Kanya Rasi: 14.43	Tithi 1	Yama 12:29PM – 1:59PM	Brahma Until 4:39PM			Moon 9 - Phase 23
	Creative Work	Amrita Yoga	663213463 Rahu 5:01PM – 6:31PM	Kintughna Until 10:37AM	Nataraja: Clear		Prathama
Until 7:39PM		Navaratri Begins	Prathama* Until 8:47PM	Moon – Green	Devaloka Day		
Then Creative Work - Siddha Yoga				Ashvina •Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau			Kandy, Sri Lanka Sun 15 Sutra 169 Vikarin 5121
1		Gulika 1:59PM – 3:30PM	Chitra Until 5:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM	
Kanya Rasi: 29.48	Tithi 2 – 3	Yama 10:58AM – 12:29PM	Indra Until 12:41PM	Muruqa: Purple <i>Sunset:</i> 6:31PM	Moon 9 - Phase 24
Family Home Evening	663213463	Rahu 7:57AM – 9:28AM	Balava Until 7:04AM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 5:24PM	Moon – Green	Devaloka Day
Until 5:02PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Kandy, Sri Lanka Sun 16 Sutra 170 Vikarin 5121
2		Gulika 12:28PM – 1:59PM	Svati Until 2:45PM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM	
Tula Rasi: 15	Tithi 3 – 4	Yama 9:27AM – 10:58AM	Vaidhriti* Until 9:03AM	Muruqa: Purple <i>Sunset:</i> 6:30PM	Moon 9 - Phase 24
663213463		Rahu 3:29PM – 5:00PM	Vanija Until 1:17AM Wed	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 2:30PM	Moon – Green	Devaloka Day
Until 2:45PM				Ashvina+Puratasi	
Then Routine Work - Marana Yoga					

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kandy, Sri Lanka Sun 17 Sutra 171 Vikarin 5121
3		Gulika 10:58AM – 12:28PM	Vishakha Until 1:23PM	Ganesha: Purple <i>Sunrise:</i> 6:26AM	
Tula Rasi: 28.59	Tithi 4 – 5	Yama 7:57AM – 9:27AM	Priti Until 3:22AM Thu	Muruqa: Purple <i>Sunset:</i> 6:29PM	Moon 9 - Phase 24
673213463		Rahu 12:28PM – 1:58PM	Bava Until 11:22PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi Until 12:13PM	Moon – Orange	Devaloka Day
				Ashvina+Puratasi	

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kandy, Sri Lanka Sun 18 Sutra 172 Vikarin 5121
4		Gulika 9:27AM – 10:57AM	Anuradha Until 12:38PM	Ganesha: Purple <i>Sunrise:</i> 6:26AM	
Vrischika Rasi: 12.54	Tithi 5 – 6	Yama 6:26AM – 7:57AM	Ayushman Until 1:29AM Fri	Muruqa: Purple <i>Sunset:</i> 6:29PM	Moon 9 - Phase 24
673213463		Rahu 1:58PM – 3:28PM	Kaulava Until 10:17PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Panchami Until 10:42AM	Moon – Orange	Devaloka Day
Until 12:38PM				Ashvina+Puratasi	
Then Routine Work - Prabalarishta Yoga					

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Kandy, Sri Lanka Sun 19 Sutra 173 Vikarin 5121
5		Gulika 7:56AM – 9:27AM	Jyeshtha* Until 12:36PM	Ganesha: Purple <i>Sunrise:</i> 6:26AM	
Vrischika Rasi: 26.18	Tithi 6 – 7	Yama 3:28PM – 4:58PM	Saubhagya Until 12:19AM Sat	Muruqa: Purple <i>Sunset:</i> 6:28PM	Moon 9 - Phase 24
673213463		Rahu 10:57AM – 12:27PM	Gara Until 10:06PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Shashthi* Until 10:03AM	Moon – Orange	Devaloka Day
Until 12:36PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kandy, Sri Lanka Sun 20 Sutra 174 Vikarin 5121
Retreat Star		Gulika 6:26AM – 7:56AM	Mula* Until 1:45PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
Dhanus Rasi: 9.14	Tithi 7 – 8	Yama 1:57PM – 3:27PM	Sobhana Until 11:51PM	Muruqa: Purple <i>Sunset:</i> 6:28PM	Moon 9 - Phase 24
683213463		Rahu 9:27AM – 10:57AM	Visti Until 10:47PM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Saptami Until 10:19AM	Moon – Light Blue	Sivaloka Day
		Durga Ashtami		Ashvina+Puratasi	

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kandy, Sri Lanka Sun 21 Sutra 175 Vikarin 5121
Retreat Star		Gulika 3:27PM – 4:57PM	Purvashadha* Until 3:32PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
Dhanus Rasi: 21.46	Tithi 8 – 9	Yama 12:27PM – 1:57PM	Athiganda* Until 11:55PM	Muruqa: Purple <i>Sunset:</i> 6:27PM	Moon 9 - Phase 24
683213463		Rahu 4:57PM – 6:27PM	Balava Until 12:14AM Mon	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Ashtami* Until 11:24AM	Moon – Light Blue	Sivaloka Day
Until 3:32PM		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kandy, Sri Lanka Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:57PM – 3:27PM	Uttarashadha Until 5:46PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM
Makara Rasi: 3.59	Tithi 9 – 10	Yama 10:56AM – 12:26PM	Sukarma Until 12:28AM Tue	Muruqa: Purple <i>Sunset:</i> 6:27PM
Family Home Evening	683213463	Rahu 7:56AM – 9:26AM	Taitila Until 2:17AM Tue	Nataraja: Clear
Routine Work Marana Yoga			Navami* Until 1:11PM	Moon – Light Blue
Until 5:46PM				Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Kandy, Sri Lanka Sun 23 Sutra 177 Vikarin 5121
2		Gulika 12:26PM – 1:56PM	Shravana Until 8:45PM	Ganesha: White <i>Sunrise:</i> 6:26AM
Makara Rasi: 16	Tithi 10 – 11	Yama 9:26AM – 10:56AM	Dhriti Until 1:18AM Wed	Muruqa: Purple <i>Sunset:</i> 6:27PM
Family Home Evening	693213464	Rahu 3:26PM – 4:56PM	Vanija Until 4:40AM Wed	Nataraja: Purple
Creative Work Siddha Yoga			Dashami Until 3:25PM	Moon – Purple
		Vijaya Dasami		Sivaloka Day
				Ashvina+Puratasi

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Kandy, Sri Lanka Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:56AM – 12:26PM	Dhanishtha Until 11:46PM	Ganesha: White <i>Sunrise:</i> 6:26AM
Makara Rasi: 27.53	Tithi 11 – 12	Yama 7:56AM – 9:26AM	Shula* Until 2:13AM Thu	Muruqa: Purple <i>Sunset:</i> 6:26PM
Family Home Evening	693213464	Rahu 12:26PM – 1:56PM	Bava Until 7:13AM Thu	Nataraja: Purple
Routine Work Prabalarishta Yoga			Ekadashi Until 5:55PM	Moon – Purple
Until 11:46PM				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Kandy, Sri Lanka Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:26AM – 10:56AM	Shatabhishak Until 2:36AM Fri	Ganesha: White <i>Sunrise:</i> 6:26AM
Kumbha Rasi: 9.44	Tithi 12	Yama 6:26AM – 7:56AM	Ganda* Until 3:09AM Fri	Muruqa: Purple <i>Sunset:</i> 6:26PM
Family Home Evening	693213464	Rahu 1:56PM – 3:26PM	Bava Until 7:13AM	Nataraja: Purple
Creative Work Siddha Yoga			Dvadashi Until 8:27PM	Moon – Purple
		Kadaitswami Mahasamadhi		Sivaloka Day
				Ashvina+Puratasi

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kandy, Sri Lanka Sun 26 Sutra 180 Vikarin 5121
5		Gulika 7:55AM – 9:25AM	Purvaproshtapada* Until 5:40AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:25AM
Kumbha Rasi: 21.35	Tithi 13	Yama 3:25PM – 4:55PM	Vriddhi Until 4:00AM Sat	Muruqa: Purple <i>Sunset:</i> 6:25PM
Family Home Evening	613213464	Rahu 10:55AM – 12:25PM	Kaulava Until 9:43AM	Nataraja: Purple
Creative Work Siddha Yoga			Trayodashi Until 10:53PM	Moon – Clear
		Chidambaram Abhishekam		Sivaloka Day
				Ashvina+Puratasi
				<i>Pradosha Vrata</i>

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Kandy, Sri Lanka Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:25AM – 7:55AM	Uttaraproshtapada Until 8:21AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:25AM
Meena Rasi: 3.29	Tithi 14	Yama 1:55PM – 3:25PM	Dhruva Until 4:40AM Sun	Muruqa: Purple <i>Sunset:</i> 6:25PM
Family Home Evening	613213464	Rahu 9:25AM – 10:55AM	Gara Until 12:04PM	Nataraja: Purple
Creative Work Siddha Yoga			Chaturdashi* Until 1:08AM Sun	Moon – Clear
Until 8:21AM Sun				Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Kandy, Sri Lanka Sutra 182 Vikarin 5121
○		Gulika 3:25PM – 4:54PM	Uttaraproshtapada Until 8:21AM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM
Meena Rasi: 15.28	Tithi 15	Yama 12:25PM – 1:55PM	Vyaghata* Until 5:08AM Mon	Muruqa: Purple <i>Sunset:</i> 6:24PM
Copper Retreat Star	614213464	Rahu 4:54PM – 6:24PM	Visti Until 2:11PM	Nataraja: Purple
Creative Work Amrita Yoga			Purnima* Until 3:07AM Mon	Moon – Clear
				Subha Sivaloka Day
				Ashvina+Puratasi

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Kandy, Sri Lanka Sutra 183 Vikarin 5121
○		Gulika 1:54PM – 3:24PM	Revati Until 10:38AM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM
Meena Rasi: 27.34	Tithi 16	Yama 10:55AM – 12:25PM	Harshana Until 5:25AM Tue	Muruqa: Purple <i>Sunset:</i> 6:24PM
Silver Retreat Star	614213464	Rahu 7:55AM – 9:25AM	Balava Until 4:02PM	Nataraja: Purple
Family Home Evening			Prathama* Until 4:50AM Tue	Moon – Clear
Creative Work Siddha Yoga				Subha Sivaloka Day
				Ashvina+Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kandy, Sri Lanka
Sutra 184

Mesha Rasi: 9.46 Tithi 17

624213464

Gulika 12:24PM – 1:54PM
Yama 9:25AM – 10:55AM
Rahu 3:24PM – 4:54PM

Ashvini Until 12:57PM
Vajra* Until 5:25AM Wed
Taitila Until 5:35PM
Dvitiya Until 6:13AM Wed

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:23PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Moon 10 - Phase 26
1st Phase

Creative Work Siddha Yoga

Wednesday, October 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka
Sun 1 Sutra 185

Mesha Rasi: 22.06 Tithi 17 – 18

624213464

Gulika 10:54AM – 12:24PM
Yama 7:55AM – 9:25AM
Rahu 12:24PM – 1:54PM

Bharani Until 2:48PM
Siddhi Until 5:11AM Thu
Vanija Until 6:49PM
Dvitiya Until 6:13AM

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:23PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Moon 10 - Phase 26
1st Phase

Creative Work Siddha Yoga

Until 2:48PM

Then Creative Work - Amrita Yoga

Thursday, October 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Kandy, Sri Lanka
Sun 2 Sutra 186

Vrishabha Rasi: 4.35 Tithi 18 – 19

624213464

Gulika 9:25AM – 10:54AM
Yama 6:25AM – 7:55AM
Rahu 1:54PM – 3:23PM

Krittika Until 4:09PM
Vyatipata* Until 4:40AM Fri
Bava Until 7:42PM
Tritiya Until 7:17AM

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:23PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Moon 10 - Phase 26
1st Phase

Routine Work Marana Yoga

Friday, October 18, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kandy, Sri Lanka
Sun 3 Sutra 187

Vrishabha Rasi: 17.13 Tithi 19 – 20

634313464

Gulika 7:55AM – 9:24AM
Yama 3:23PM – 4:53PM
Rahu 10:54AM – 12:24PM

Rohini Until 5:27PM
Varyan Until 3:49AM Sat
Kaulava Until 8:11PM
Chaturthi* Until 7:58AM

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:22PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Moon 10 - Phase 26
1st Phase

Routine Work Marana Yoga

Until 5:27PM

Then Creative Work - Siddha Yoga

Saturday, October 19, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kandy, Sri Lanka
Sun 4 Sutra 188

Mithuna Rasi: 0.04 Tithi 20 – 21

634313464

Gulika 6:25AM – 7:55AM
Yama 1:53PM – 3:23PM
Rahu 9:24AM – 10:54AM

Mrigashira Until 6:09PM
Parigha* Until 2:36AM Sun
Gara Until 8:13PM
Panchami Until 8:14AM

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:22PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Moon 10 - Phase 26
1st Phase

Creative Work Siddha Yoga

Sunday, October 20, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kandy, Sri Lanka
Sun 5 Sutra 189

Mithuna Rasi: 13.09 Tithi 21 – 22

634313464

Gulika 3:22PM – 4:52PM
Yama 12:23PM – 1:53PM
Rahu 4:52PM – 6:21PM

Ardra Until 6:12PM
Shiva Until 12:59AM Mon
Visti Until 7:44PM
Shashthi* Until 8:01AM

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:21PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Moon 10 - Phase 26
1st Phase

Creative Work Siddha Yoga

Monday, October 21, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kandy, Sri Lanka
Sun 6 Sutra 190

Mithuna Rasi: 26.31 Tithi 22 – 23

644313464

Gulika 1:53PM – 3:22PM
Yama 10:54AM – 12:23PM
Rahu 7:55AM – 9:24AM

Punarvasu Until 6:01PM
Siddha Until 10:54PM
Balava Until 6:41PM
Saptami Until 7:15AM

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:21PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Moon 10 - Phase 26
Ashtami

Creative Work Amrita Yoga

Until 6:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Kandy, Sri Lanka
Sun 7 Sutra 191

Kataka Rasi: 10.12 Tithi 24

644313464

Gulika 12:23PM – 1:52PM
Yama 9:24AM – 10:54AM
Rahu 3:22PM – 4:51PM

Pushya Until 5:07PM
Sadhya Until 8:21PM
Taitila Until 5:04PM
Navami* Until 4:02AM Wed

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:21PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Moon 10 - Phase 26
Navami

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Kandy, Sri Lanka Sun 8 Sutra 192	
Kataka Rasi: 24.14	Tithi 25	Gulika 10:53AM – 12:23PM	Ashlesha* Until 3:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama 7:55AM – 9:24AM	Subha Until 5:24PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	644313464 Rahu 12:23PM – 1:52PM	Vanija Until 2:55PM	Nataraja: Purple		2nd Phase	
			Dashami Until 1:38AM Thu	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Kandy, Sri Lanka Sun 9 Sutra 193	
Simha Rasi: 8.37	Tithi 26	Gulika 9:24AM – 10:53AM	Magha* Until 1:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama 6:25AM – 7:55AM	Sukla Until 2:02PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	654313464 Rahu 1:52PM – 3:21PM	Bava Until 12:16PM	Nataraja: Purple		2nd Phase	
Until 1:45PM			Ekadashi* Until 10:47PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Dvadashyam Titau		Kandy, Sri Lanka Sun 10 Sutra 194	
Simha Rasi: 23.17	Tithi 27	Gulika 7:55AM – 9:24AM	Purvaphalguni Until 11:27AM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama 3:21PM – 4:51PM	Brahma Until 10:22AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	654313464 Rahu 10:53AM – 12:23PM	Kaulava Until 9:15AM	Nataraja: Purple		2nd Phase	
			Dvadashi* Until 7:38PM	Moon – Red		Sivaloka Day	
				Ashvina•Aipasi			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kandy, Sri Lanka Sun 11 Sutra 195	
Kanya Rasi: 8.1	Tithi 28 – 29	Gulika 6:25AM – 7:55AM	Uttaraphalguni Until 8:48AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama 1:52PM – 3:21PM	Indra Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 10 - Phase 27	
Routine Work	Marana Yoga	655313464 Rahu 9:24AM – 10:53AM	Visti Until 2:37AM Sun	Nataraja: Purple		2nd Phase	
			Trayodashi* Until 4:17PM	Moon – Red		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

●		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kandy, Sri Lanka Sun 12 Sutra 196	
Retreat Star		Gulika 3:21PM – 4:50PM	Hasta Until 6:19AM	Ganesha: Orange	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
Kanya Rasi: 23.07	Tithi 29 – 30	Yama 12:22PM – 1:52PM	Vishkambha* Until 10:40PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	665313464 Rahu 4:50PM – 6:19PM	Catuspada Until 11:18PM	Nataraja: Purple		Amavasya	
Until 6:19AM			Chaturdashi* Until 12:55PM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kandy, Sri Lanka Sun 13 Sutra 197	
Tula Rasi: 8.01	Tithi 30 – 1	Gulika 1:51PM – 3:21PM	Svati Until 1:24AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
Family Home Evening		Yama 10:53AM – 12:22PM	Priti Until 6:57PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	665313464 Rahu 7:55AM – 9:24AM	Kintughna Until 8:12PM	Nataraja: Purple		Prathama	
Until 1:24AM Tue			Amavasya* Until 9:42AM	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau			Kandy, Sri Lanka Sun 14 Sutra 198 Vikarin 5121
Tula Rasi: 22.42	Tithi 1 – 2	675313464	Gulika 12:22PM – 1:51PM Yama 9:24AM – 10:53AM Rahu 3:21PM – 4:50PM	Vishakha Until 11:42PM Ayushman Until 3:32PM Kaulava Until 4:21AM Wed Prathama* Until 6:47AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:26AM Sunset: 6:19PM	Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day Kartika•Aipasi
Routine Work Marana Yoga Until 11:42PM Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau			Kandy, Sri Lanka Sun 15 Sutra 199 Vikarin 5121
Virshika Rasi: 7.02	Tithi 3	675313464	Gulika 10:53AM – 12:22PM Yama 7:55AM – 9:24AM Rahu 12:22PM – 1:51PM	Anuradha Until 10:29PM Saubhagya Until 12:34PM Taitila Until 3:22PM Tritiya Until 2:33AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:26AM Sunset: 6:19PM	Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga							

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau			Kandy, Sri Lanka Sun 16 Sutra 200 Vikarin 5121
Virshika Rasi: 20.58	Tithi 4	675313464	Gulika 9:24AM – 10:53AM Yama 6:26AM – 7:55AM Rahu 1:51PM – 3:20PM	Jyeshtha* Until 9:51PM Sobhana Until 10:11AM Vanija Until 1:57PM Chaturthi* Until 1:31AM Fri	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:26AM Sunset: 6:18PM	Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day Kartika•Aipasi
Routine Work Prabalarishta Yoga Until 9:51PM Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Kandy, Sri Lanka Sun 17 Sutra 201 Vikarin 5121
Dhanus Rasi: 4.25	Tithi 5	685313464	Gulika 7:55AM – 9:24AM Yama 3:20PM – 4:49PM Rahu 10:53AM – 12:22PM	Mula* Until 10:20PM Athiganda* Until 8:24AM Bava Until 1:21PM Panchami Until 1:21AM Sat	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:26AM Sunset: 6:18PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Amrita Yoga Until 10:20PM Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau			Kandy, Sri Lanka Sun 18 Sutra 202 Vikarin 5121
Dhanus Rasi: 17.26	Tithi 6	685313464	Gulika 6:26AM – 7:55AM Yama 1:51PM – 3:20PM Rahu 9:24AM – 10:53AM	Purvashadha* Until 11:31PM Sukarma Until 7:18AM Kaulava Until 1:37PM Shashthi* Until 2:02AM Sun	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:26AM Sunset: 6:18PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga Until 11:31PM Then Routine Work - Marana Yoga							

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau			Kandy, Sri Lanka Sun 19 Sutra 203 Vikarin 5121
Makara Rasi: 0.02	Tithi 7	685313464	Gulika 3:20PM – 4:49PM Yama 12:22PM – 1:51PM Rahu 4:49PM – 6:18PM	Uttarashadha Until 1:16AM Mon Dhriti Until 6:53AM Gara Until 2:42PM Saptami Until 3:30AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:26AM Sunset: 6:18PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Amrita Yoga							

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Kandy, Sri Lanka Sun 20 Sutra 204 Vikarin 5121
Makara Rasi: 12.18	Tithi 8	696313464	Gulika 1:51PM – 3:20PM Yama 10:53AM – 12:22PM Rahu 7:55AM – 9:24AM	Shravana Until 3:57AM Tue Shula* Until 6:59AM Visti Until 4:29PM Ashtami* Until 5:33AM Tue	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 6:26AM Sunset: 6:18PM	Moon 10 - Phase 28 Ashtami Sivaloka Day Kartika•Aipasi
Family Home Evening Creative Work Amrita Yoga Until 3:57AM Tue Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Balava Karana Navamyam Titau			Kandy, Sri Lanka Sun 21 Sutra 205 Vikarin 5121
Makara Rasi: 24.2	Tithi 9	696313464	Gulika 12:22PM – 1:51PM Yama 9:24AM – 10:53AM Rahu 3:20PM – 4:49PM	Dhanishtha Until 6:49AM Wed Ganda* Until 7:32AM Balava Until 6:45PM Navami* Until 7:58AM Wed	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 6:27AM Sunset: 6:17PM	Moon 10 - Phase 28 Navami Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau			Kandy, Sri Lanka Sun 22 Sutra 206
	Kumbha Rasi: 6.15	Tithi 9 – 10	Gulika 10:53AM – 12:22PM	Dhanishtha Until 6:49AM	Ganesha: Purple <i>Sunrise: 6:27AM</i>	Vikarin 5121
			Yama 7:56AM – 9:24AM	Vriddhi Until 8:21AM	Muruqa: Purple <i>Sunset: 6:17PM</i>	Moon 10 - Phase 29
		696313464	Rahu 12:22PM – 1:51PM	Taitila Until 9:16PM	Nataraja: Purple	4th Phase
Routine Work Prabalarishta Yoga					Moon – Purple	Sivaloka Day
Until 6:49AM					Kartika-Aipasi	
Then Creative Work - Siddha Yoga						


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Kandy, Sri Lanka Sun 23 Sutra 207
	Kumbha Rasi: 18.06	Tithi 10 – 11	Gulika 9:25AM – 10:53AM	Shatabhishak Until 9:39AM	Ganesha: Clear <i>Sunrise: 6:27AM</i>	Vikarin 5121
			Yama 6:27AM – 7:56AM	Dhruva Until 9:14AM	Muruqa: Purple <i>Sunset: 6:17PM</i>	Moon 10 - Phase 29
		796313464	Rahu 1:51PM – 3:20PM	Vanija Until 11:47PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga					Moon – Purple	Subha Sivaloka Day
					Kartika-Aipasi	


3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau			Kandy, Sri Lanka Sun 24 Sutra 208
	Kumbha Rasi: 29.59	Tithi 11 – 12	Gulika 7:56AM – 9:25AM	Purvaproshtapada* Until 12:44PM	Ganesha: Yellow <i>Sunrise: 6:27AM</i>	Vikarin 5121
			Yama 3:20PM – 4:48PM	Vyaghata* Until 10:04AM	Muruqa: Purple <i>Sunset: 6:17PM</i>	Moon 10 - Phase 29
		716313464	Rahu 10:53AM – 12:22PM	Bava Until 2:08AM Sat	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga					Moon – Clear	Subha Sivaloka Day
					Kartika-Aipasi	

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kandy, Sri Lanka Sun 25 Sutra 209
	Meena Rasi: 11.56	Tithi 12 – 13	Gulika 6:27AM – 7:56AM	Uttaraproshtapada Until 3:25PM	Ganesha: Yellow <i>Sunrise: 6:27AM</i>	Vikarin 5121
			Yama 1:51PM – 3:20PM	Harshana Until 10:44AM	Muruqa: Purple <i>Sunset: 6:17PM</i>	Moon 10 - Phase 29
		716313464	Rahu 9:25AM – 10:54AM	Kaulava Until 4:12AM Sun	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga					Moon – Clear	Subha Sivaloka Day
Until 3:25PM					Kartika-Aipasi	
Then Routine Work - Prabalarishta Yoga						

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Kandy, Sri Lanka Sun 26 Sutra 210
	Meena Rasi: 24	Tithi 13 – 14	Gulika 3:20PM – 4:48PM	Revati Until 5:37PM	Ganesha: Yellow <i>Sunrise: 6:28AM</i>	Vikarin 5121
			Yama 12:22PM – 1:51PM	Vajra* Until 11:08AM	Muruqa: Purple <i>Sunset: 6:17PM</i>	Moon 10 - Phase 29
		716313464	Rahu 4:48PM – 6:17PM	Gara Until 5:52AM Mon	Nataraja: Purple	4th Phase
Creative Work Amrita Yoga					Moon – Clear	Subha Sivaloka Day
Until 5:37PM					Kartika-Aipasi	
Then Creative Work - Siddha Yoga						

6	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdashyam Titau			Kandy, Sri Lanka Sun 27 Sutra 211
	Mesha Rasi: 6.14	Tithi 14	Gulika 1:51PM – 3:20PM	Ashvini Until 7:45PM	Ganesha: Clear <i>Sunrise: 6:28AM</i>	Vikarin 5121
			Yama 10:54AM – 12:22PM	Siddhi Until 11:15AM	Muruqa: Purple <i>Sunset: 6:17PM</i>	Moon 10 - Phase 29
		727313464	Rahu 7:57AM – 9:25AM	Vanija Until 6:32PM	Nataraja: Purple	4th Phase
Family Home Evening					Moon – White	Subha Sivaloka Day
Creative Work Siddha Yoga					Kartika-Aipasi	

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Vistil/Bava Karana Purnimayam Titau			Kandy, Sri Lanka Sun 27 Sutra 212
	Copper Retreat Star		Gulika 12:23PM – 1:51PM	Bharani Until 9:19PM	Ganesha: White <i>Sunrise: 6:28AM</i>	Vikarin 5121
	Mesha Rasi: 18.38	Tithi 15	Yama 9:25AM – 10:54AM	Vyatipata* Until 11:03AM	Muruqa: Purple <i>Sunset: 6:17PM</i>	Moon 10 - Phase 29
			727413464	Rahu 3:20PM – 4:48PM	Nataraja: Purple	Purnima
Creative Work Siddha Yoga					Moon – White	Sivaloka Day
					Kartika-Aipasi	

	Wednesday, November 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau			Kandy, Sri Lanka Sun 28 Sutra 213
	Silver Retreat Star		Gulika 10:54AM – 12:23PM	Krittika Until 10:19PM	Ganesha: White <i>Sunrise: 6:28AM</i>	Vikarin 5121
	Vrishabha Rasi: 1.14	Tithi 16	Yama 7:57AM – 9:26AM	Variyan Until 10:30AM	Muruqa: Purple <i>Sunset: 6:17PM</i>	Moon 10 - Phase 29
			727413464	Rahu 12:23PM – 1:51PM	Nataraja: Purple	Prathama
Creative Work Amrita Yoga					Moon – White	Sivaloka Day
Until 10:19PM					Kartika-Aipasi	
Then Creative Work - Siddha Yoga						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 14.01 Tithi 17

Gulika 9:26AM - 10:54AM

Yama 6:29AM - 7:57AM

Rahu 1:51PM - 3:20PM

Rohini Until 11:14PM

Parigha* Until 9:39AM

Taitila Until 8:22AM

Dvitiya Until 8:24PM

Ganesha: Clear Sunrise: 6:29AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

Friday, November 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Kandy, Sri Lanka

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 27 Tithi 18

Gulika 7:58AM - 9:26AM

Yama 3:20PM - 4:48PM

Rahu 10:54AM - 12:23PM

Mrigashira Until 11:38PM

Shiva Until 8:31AM

Vanija Until 8:23AM

Tritiya Until 8:14PM

Ganesha: Clear Sunrise: 6:29AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Saturday, November 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Mithuna Rasi: 10.1 Tithi 19

Gulika 6:29AM - 7:58AM

Yama 1:52PM - 3:20PM

Rahu 9:26AM - 10:55AM

Ardra Until 11:32PM

Siddha Until 7:03AM

Bava Until 8:02AM

Chaturthi* Until 7:42PM

Ganesha: Clear Sunrise: 6:29AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Sunday, November 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

747413465 Mithuna Rasi: 23.31 Tithi 20

Gulika 3:20PM - 4:49PM

Yama 12:23PM - 1:52PM

Rahu 4:49PM - 6:17PM

Punarvasu Until 11:24PM

Subha Until 3:20AM Mon

Kaulava Until 7:20AM

Panchami Until 6:50PM

Ganesha: Purple Sunrise: 6:30AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

Monday, November 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 7.04 Tithi 21 - 22

Gulika 1:52PM - 3:20PM

Yama 10:55AM - 12:24PM

Rahu 7:58AM - 9:27AM

Pushya Until 10:46PM

Sukla Until 1:03AM Tue

Gara Until 6:17AM

Shashthi* Until 5:37PM

Ganesha: Clear Sunrise: 6:30AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, November 19, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 20.49 Tithi 22 - 23

Gulika 12:24PM - 1:52PM

Yama 9:27AM - 10:55AM

Rahu 3:20PM - 4:49PM

Ashlesha* Until 9:40PM

Brahma Until 10:31PM

Balava Until 3:10AM Wed

Saptami Until 4:03PM

Ganesha: Clear Sunrise: 6:30AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Ashtami

758413465 Simha Rasi: 4.46 Tithi 23 - 24

Gulika 10:56AM - 12:24PM

Yama 7:59AM - 9:27AM

Rahu 12:24PM - 1:52PM

Magha* Until 8:32PM

Indra Until 7:44PM

Taitila Until 1:08AM Thu

Ashtami* Until 2:10PM

Ganesha: White Sunrise: 6:31AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:32PM

Then Creative Work - Amrita Yoga

Thursday, November 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kandy, Sri Lanka

Sun 8 Sutra 221

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Simha Rasi: 18.56 Tithi 24 - 25

Gulika 9:28AM - 10:56AM

Yama 6:31AM - 7:59AM

Rahu 1:53PM - 3:21PM

Purvaphalguni Until 6:59PM

Vaidhriti* Until 4:42PM

Vanija Until 10:49PM

Navami* Until 11:59AM

Ganesha: White Sunrise: 6:31AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day


Creative Work Siddha Yoga

1		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kandy, Sri Lanka Sun 9 Sutra 222	
Kanya Rasi: 3.16	Tithi 25 – 26	Gulika 8:00AM – 9:28AM	Uttaraphalguni Until 5:03PM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Vikarin 5121	
		Yama 3:21PM – 4:49PM	Vishkambha* Until 1:29PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31	
		758413465 Rahu 10:56AM – 12:24PM	Bava Until 8:17PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 9:33AM	Moon – Red		Subha Sivaloka Day	
Until 5:03PM						Karttika-Karttikai	
Then Creative Work - Amrita Yoga							

2		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau		Kandy, Sri Lanka Sun 10 Sutra 223	
Kanya Rasi: 17.43	Tithi 26 – 27	Gulika 6:32AM – 8:00AM	Hasta Until 3:16PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Vikarin 5121	
		Yama 1:53PM – 3:21PM	Priti Until 10:09AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31	
		768413465 Rahu 9:28AM – 10:57AM	Taitila Until 4:17AM Sun	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 6:57AM	Moon – Green		Sivaloka Day	
						Karttika-Karttikai	

3		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Kandy, Sri Lanka Sun 11 Sutra 224	
Tula Rasi: 2.14	Tithi 28	Gulika 3:21PM – 4:50PM	Chitra Until 1:20PM	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Vikarin 5121	
		Yama 12:25PM – 1:53PM	Ayushman Until 6:45AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31	
		769413465 Rahu 4:50PM – 6:18PM	Gara Until 2:59PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:40AM Mon	Moon – Green		Devaloka Day	
						Karttika-Karttikai	
						<i>Pradosha Vrata (Fasting)</i>	

4		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kandy, Sri Lanka Sun 12 Sutra 225	
Tula Rasi: 16.42	Tithi 29	Gulika 1:54PM – 3:22PM	Svati Until 11:21AM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Vikarin 5121	
Family Home Evening		Yama 10:57AM – 12:25PM	Sobhana Until 12:15AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31	
Creative Work	Amrita Yoga	769413465 Rahu 8:01AM – 9:29AM	Visti Until 12:26PM	Nataraja: Clear		2nd Phase	
Until 11:21AM			Chaturdashi* Until 11:14PM	Moon – Green		Devaloka Day	
Then Routine Work - Marana Yoga						Karttika-Karttikai	

		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kandy, Sri Lanka Sun 13 Sutra 226	
Retreat Star		Gulika 12:26PM – 1:54PM	Vishakha Until 9:54AM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Vikarin 5121	
Vrischika Rasi: 1.01	Tithi 30	Yama 9:29AM – 10:57AM	Athiganda* Until 9:20PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31	
		779413465 Rahu 3:22PM – 4:50PM	Catuspada Until 10:09AM	Nataraja: Clear		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 9:08PM	Moon – Orange		Devaloka Day	
Until 9:54AM						Karttika-Karttikai	
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Kandy, Sri Lanka Sun 14 Sutra 227	
Vrischika Rasi: 15.05	Tithi 1	Gulika 10:58AM – 12:26PM	Anuradha Until 8:42AM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Vikarin 5121	
		Yama 8:02AM – 9:30AM	Sukarma Until 6:49PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31	
		779413465 Rahu 12:26PM – 1:54PM	Kintughna Until 8:16AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:30PM	Moon – Orange		Devaloka Day	
						Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kandy, Sri Lanka Sun 15 Sutra 228 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Vrischika Rasi: 28.5	Tithi 2	Gulika 9:30AM – 10:58AM	Jyeshtha* Until 7:53AM	Ganesha: Blue <i>Sunrise:</i> 6:34AM	
		Yama 6:34AM – 8:02AM	Dhriti Until 4:47PM	Muruqa: Purple <i>Sunset:</i> 6:19PM	
	779413465	Rahu 1:54PM – 3:23PM	Balava Until 6:55AM	Nataraja: Clear	
Routine Work Prabalarishta Yoga			Dvitiya Until 6:29PM	Moon – Orange	Devaloka Day
Until 7:53AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Kandy, Sri Lanka Sun 16 Sutra 229 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Dhanus Rasi: 12.13	Tithi 3	Gulika 8:02AM – 9:30AM	Mula* Until 8:02AM	Ganesha: Blue <i>Sunrise:</i> 6:34AM	
		Yama 3:23PM – 4:51PM	Shula* Until 3:16PM	Muruqa: Purple <i>Sunset:</i> 6:19PM	
	789413465	Rahu 10:59AM – 12:27PM	Taitila Until 6:15AM	Nataraja: Clear	
Creative Work Amrita Yoga			Tritiya Until 6:10PM	Moon – Light Blue	Devaloka Day
Until 8:02AM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga					

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Chaturthayam Titau	Kandy, Sri Lanka Sun 17 Sutra 230 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Dhanus Rasi: 25.11	Tithi 4	Gulika 6:35AM – 8:03AM	Purvashadha* Until 8:45AM	Ganesha: Blue <i>Sunrise:</i> 6:35AM	
		Yama 1:55PM – 3:23PM	Ganda* Until 2:21PM	Muruqa: Purple <i>Sunset:</i> 6:19PM	
	789413465	Rahu 9:31AM – 10:59AM	Vanija Until 6:19AM	Nataraja: Clear	
Creative Work Siddha Yoga			Chaturthi* Until 6:37PM	Moon – Light Blue	Devaloka Day
Until 8:45AM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau	Kandy, Sri Lanka Sun 18 Sutra 231 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Makara Rasi: 7.49	Tithi 5	Gulika 3:23PM – 4:51PM	Uttarashadha Until 10:01AM	Ganesha: Blue <i>Sunrise:</i> 6:35AM	
		Yama 12:27PM – 1:55PM	Vridhi Until 2:01PM	Muruqa: Purple <i>Sunset:</i> 6:20PM	
	789413465	Rahu 4:51PM – 6:20PM	Bava Until 7:08AM	Nataraja: Clear	
Creative Work Amrita Yoga			Panchami Until 7:47PM	Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Kandy, Sri Lanka Sun 19 Sutra 232 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Makara Rasi: 20.08	Tithi 6	Gulika 1:56PM – 3:24PM	Shravana Until 12:16PM	Ganesha: Clear <i>Sunrise:</i> 6:36AM	
Family Home Evening		Yama 11:00AM – 12:28PM	Dhruva Until 2:09PM	Muruqa: Purple <i>Sunset:</i> 6:20PM	
	791413465	Rahu 8:04AM – 9:32AM	Kaulava Until 8:39AM	Nataraja: Clear	
Creative Work Amrita Yoga			Shashthi* Until 9:35PM	Moon – Purple	Sivaloka Day
Until 12:16PM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Kandy, Sri Lanka Sun 20 Sutra 233 Vikarin 5121 Moon 11 - Phase 32 3rd Phase
Kumbha Rasi: 2.14	Tithi 7	Gulika 12:28PM – 1:56PM	Dhanishtha Until 2:51PM	Ganesha: Clear <i>Sunrise:</i> 6:36AM	
		Yama 9:32AM – 11:00AM	Vyaghata* Until 2:41PM	Muruqa: Purple <i>Sunset:</i> 6:20PM	
	791413465	Rahu 3:24PM – 4:52PM	Gara Until 10:42AM	Nataraja: Clear	
Creative Work Siddha Yoga			Saptami Until 11:51PM	Moon – Purple	Sivaloka Day
Until 2:51PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau	Kandy, Sri Lanka Sun 21 Sutra 234 Vikarin 5121 Moon 11 - Phase 32 Ashtami
Kumbha Rasi: 14.11	Tithi 8	Gulika 11:01AM – 12:28PM	Shatabhishak Until 5:33PM	Ganesha: Clear <i>Sunrise:</i> 6:37AM	
		Yama 8:05AM – 9:33AM	Harshana Until 3:27PM	Muruqa: Purple <i>Sunset:</i> 6:20PM	
	791413465	Rahu 12:28PM – 1:56PM	Visti Until 1:05PM	Nataraja: Clear	
Creative Work Siddha Yoga			Ashtami* Until 2:19AM Thu	Moon – Purple	Sivaloka Day
Until 5:33PM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Kandy, Sri Lanka Sun 22 Sutra 235 Vikarin 5121 Moon 11 - Phase 32 Navami
Kumbha Rasi: 26.04	Tithi 9	Gulika 9:33AM – 11:01AM	Purvaproshtapada* Until 8:39PM	Ganesha: Yellow <i>Sunrise:</i> 6:37AM	
		Yama 6:37AM – 8:05AM	Vajra* Until 4:15PM	Muruqa: Purple <i>Sunset:</i> 6:21PM	
	711413465	Rahu 1:57PM – 3:25PM	Balava Until 3:36PM	Nataraja: Clear	
Creative Work Siddha Yoga			Navami* Until 4:48AM Fri	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His own form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Taitila Karana Dashamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 7.58	Tithi 10	Gulika 8:05AM – 9:33AM	Uttaraproshtapada Until 11:27PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM			
		Yama 3:25PM – 4:53PM	Siddhi Until 4:59PM	Muruqa: Purple	<i>Sunset:</i> 6:21PM			Moon 11 - Phase 33
		711413465 Rahu 11:01AM – 12:29PM	Taitila Until 6:00PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:05AM Sat	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 19.56	Tithi 10 – 11	Gulika 6:38AM – 8:06AM	Revati Until 1:46AM Sun	Ganesha: White	<i>Sunrise:</i> 6:38AM			
		Yama 1:58PM – 3:26PM	Vyatipata* Until 5:31PM	Muruqa: Purple	<i>Sunset:</i> 6:21PM			Moon 11 - Phase 33
		711513465 Rahu 9:34AM – 11:02AM	Vanija Until 8:07PM	Nataraja: Clear				4th Phase
Routine Work	Prabalarishta Yoga		Dashami Until 7:05AM	Moon – Clear			Subha Sivaloka Day	
Until 1:46AM Sun		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 2.03	Tithi 11 – 12	Gulika 3:26PM – 4:54PM	Ashvini Until 3:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:38AM			
		Yama 12:30PM – 1:58PM	Variyan Until 5:43PM	Muruqa: Purple	<i>Sunset:</i> 6:22PM			Moon 11 - Phase 33
		721513465 Rahu 4:54PM – 6:22PM	Bava Until 9:47PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:59AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 14.22	Tithi 12 – 13	Gulika 1:59PM – 3:26PM	Bharani Until 5:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:39AM			
Family Home Evening		Yama 11:03AM – 12:31PM	Parigha* Until 5:31PM	Muruqa: Purple	<i>Sunset:</i> 6:22PM			Moon 11 - Phase 33
		721513465 Rahu 8:07AM – 9:35AM	Kaulava Until 10:55PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:24AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 26.55	Tithi 13 – 14	Gulika 12:31PM – 1:59PM	Krittika Until 6:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:39AM			
		Yama 9:35AM – 11:03AM	Shiva Until 4:54PM	Muruqa: Purple	<i>Sunset:</i> 6:23PM			Moon 11 - Phase 33
		721513465 Rahu 3:27PM – 4:55PM	Gara Until 11:29PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:15AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 11:04AM – 12:32PM	Krittika Until 6:18AM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM			
Vrishabha Rasi: 9.44	Tithi 14 – 15	Yama 8:08AM – 9:36AM	Siddha Until 3:49PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM			Moon 11 - Phase 33
		721523465 Rahu 12:32PM – 1:59PM	Visti Until 11:28PM	Nataraja: Clear				Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 11:31AM	Moon – White			Devaloka Day	
Until 6:18AM		Krittika Deepam		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 242 Vikarin 5121
Silver Retreat Star		Gulika 9:36AM – 11:04AM	Rohini Until 6:52AM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM			
Vrishabha Rasi: 22.5	Tithi 15 – 16	Yama 6:41AM – 8:08AM	Sadhya Until 2:20PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM			Moon 11 - Phase 33
		732523465 Rahu 2:00PM – 3:28PM	Balava Until 10:55PM	Nataraja: Clear				Prathama
Routine Work	Marana Yoga		Purnima* Until 11:14AM	Moon – Yellow			Devaloka Day	
				Margasira-Karttikai				
		Vinayaga Viratam Begins						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kandy, Sri Lanka

Sutra 243

Vikarin 5121

Mithuna Rasi: 6.13 Tithi 16 - 17

732523465

Gulika 8:09AM - 9:37AM
Yama 3:28PM - 4:56PM
Rahu 11:05AM - 12:32PM

Mrigashira Until 6:48AM

Subha Until 12:28PM

Taitila Until 9:56PM

Prathama* Until 10:27AM

Ganesha: Clear

Sunrise: 6:41AM

Muruga: Clear

Sunset: 6:24PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 19.49 Tithi 17 - 18

732523465

Gulika 6:42AM - 8:09AM
Yama 2:01PM - 3:29PM
Rahu 9:37AM - 11:05AM

Ardra Until 6:09AM

Sukla Until 10:15AM

Vanija Until 8:34PM

Dvitiya Until 9:16AM

Ganesha: Clear

Sunrise: 6:42AM

Muruga: Clear

Sunset: 6:24PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kandy, Sri Lanka

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 3.37 Tithi 18 - 19

742523465

Gulika 3:29PM - 4:57PM
Yama 12:33PM - 2:01PM
Rahu 4:57PM - 6:25PM

Pushya Until 4:25AM Mon

Brahma Until 7:49AM

Bava Until 6:55PM

Tritiya Until 7:45AM

Ganesha: Purple

Sunrise: 6:42AM

Muruga: Clear

Sunset: 6:25PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 17.35 Tithi 19 - 20

742523465

Gulika 2:02PM - 3:30PM
Yama 11:06AM - 12:34PM
Rahu 8:10AM - 9:38AM

Ashlesha* Until 3:02AM Tue

Vaidhriti* Until 2:24AM Tue

Taitila Until 4:04AM Tue

Chaturthi* Until 6:00AM

Ganesha: Purple

Sunrise: 6:43AM

Muruga: Clear

Sunset: 6:25PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 1.39 Tithi 21

852523465

Gulika 12:34PM - 2:02PM
Yama 9:39AM - 11:07AM
Rahu 3:30PM - 4:58PM

Magha* Until 1:50AM Wed

Vishkambha* Until 11:33PM

Gara Until 3:06PM

Shashthi* Until 2:03AM Wed

Ganesha: Purple

Sunrise: 6:43AM

Muruga: Clear

Sunset: 6:26PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 1:50AM Wed

Then Creative Work - Amrita Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti* Yoga Visti*/Bava Karana Saptamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 15.46 Tithi 22

852523465

Gulika 11:07AM - 12:35PM
Yama 8:11AM - 9:39AM
Rahu 12:35PM - 2:03PM

Purvaphalguni Until 12:27AM Thu

Priti Until 8:40PM

Visti Until 1:02PM

Saptami Until 11:59PM

Ganesha: Purple

Sunrise: 6:44AM

Muruga: Clear

Sunset: 6:26PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 249

Vikarin 5121

Simha Rasi: 29.56 Tithi 23

852523465

Gulika 9:40AM - 11:08AM
Yama 6:44AM - 8:12AM
Rahu 2:03PM - 3:31PM

Uttaraphalguni Until 10:55PM

Ayushman Until 5:44PM

Balava Until 10:57AM

Ashtami* Until 9:54PM

Ganesha: Purple

Sunrise: 6:44AM

Muruga: Clear

Sunset: 6:27PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 10:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 250

Vikarin 5121

Kanya Rasi: 14.05 Tithi 24

862523465

Gulika 8:12AM - 9:40AM
Yama 3:31PM - 4:59PM
Rahu 11:08AM - 12:36PM

Hasta Until 9:41PM

Saubhagya Until 2:50PM

Taitila Until 8:53AM

Navami* Until 7:50PM

Ganesha: Clear

Sunrise: 6:45AM

Muruga: Clear

Sunset: 6:27PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 9:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau	Kandy, Sri Lanka Sun 8 Sutra 251 Vikarin 5121
Kanya Rasi: 28.13	Tithi 25 – 26	862523465	Gulika 6:45AM – 8:13AM Yama 2:04PM – 3:32PM Rahu 9:41AM – 11:09AM	Chitra Until 8:22PM Sobhana Until 11:59AM Vanija Until 6:51AM Dashami Until 5:51PM	Ganesha: Clear <i>Sunrise: 6:45AM</i> Muruqa: Clear <i>Sunset: 6:28PM</i> Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira-Markali	Devaloka Day
Until 8:22PM					
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kandy, Sri Lanka Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 12.17	Tithi 26 – 27	862523465	Gulika 3:32PM – 5:00PM Yama 12:37PM – 2:05PM Rahu 5:00PM – 6:28PM	Svati Until 7:03PM Athiganda* Until 9:12AM Kaulava Until 3:07AM Mon Ekadashi* Until 3:58PM	Ganesha: Clear <i>Sunrise: 6:46AM</i> Muruqa: Clear <i>Sunset: 6:28PM</i> Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira-Markali	Devaloka Day
Until 7:03PM					
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Kandy, Sri Lanka Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 26.16	Tithi 27 – 28	872523465	Gulika 2:05PM – 3:33PM Yama 11:10AM – 12:37PM Rahu 8:14AM – 9:42AM	Vishakha Until 6:13PM Sukarma Until 6:33AM Gara Until 1:34AM Tue Dvadashi* Until 2:17PM	Ganesha: White <i>Sunrise: 6:46AM</i> Muruqa: Clear <i>Sunset: 6:29PM</i> Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 6:13PM					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata (Fasting)</i>					

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kandy, Sri Lanka Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 10.05	Tithi 28 – 29	872523465	Gulika 12:38PM – 2:06PM Yama 9:42AM – 11:10AM Rahu 3:33PM – 5:01PM	Anuradha Until 5:31PM Shula* Until 1:54AM Wed Visti Until 12:19AM Wed Trayodashi* Until 12:52PM	Ganesha: White <i>Sunrise: 6:47AM</i> Muruqa: Clear <i>Sunset: 6:29PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 5:31PM					
Then Routine Work - Marana Yoga					

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kandy, Sri Lanka Sun 12 Sutra 255 Vikarin 5121
Retreat Star			Gulika 11:11AM – 12:38PM Yama 8:15AM – 9:43AM Rahu 12:38PM – 2:06PM	Jyeshtha* Until 5:02PM Ganda* Until 12:02AM Thu Catuspada Until 11:29PM Chaturdashi* Until 11:49AM	Ganesha: White <i>Sunrise: 6:47AM</i> Muruqa: Clear <i>Sunset: 6:30PM</i> Nataraja: Clear Moon – Orange
Vrischika Rasi: 23.43	Tithi 29 – 30	872523465	Day 5 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 5:02PM					
Then Routine Work - Marana Yoga					

Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kandy, Sri Lanka Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 7.06	Tithi 30 – 1	883523465	Gulika 9:43AM – 11:11AM Yama 6:48AM – 8:15AM Rahu 2:07PM – 3:34PM	Mula* Until 5:19PM Vriddhi Until 10:34PM Kintughna Until 11:09PM Amavasya* Until 11:14AM	Ganesha: Orange <i>Sunrise: 6:48AM</i> Muruqa: Clear <i>Sunset: 6:30PM</i> Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha-Markali	Devaloka Day

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kandy, Sri Lanka Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 20.13	Tithi 1 – 2	Gulika 8:16AM – 9:44AM	Purvashadha* Until 5:59PM	Ganesha: Orange <i>Sunrise:</i> 6:48AM	
		Yama 3:35PM – 5:03PM	Dhruva Until 9:31PM	Muruqa: Clear <i>Sunset:</i> 6:31PM	Moon 12 - Phase 36
		883523466 Rahu 11:12AM – 12:39PM	Balava Until 11:22PM	Nataraja: Orange	3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 11:10AM	Moon – Light Blue	Devaloka Day
Until 5:59PM				Pausa-Markali	
Then Routine Work - Marana Yoga					

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kandy, Sri Lanka Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 3.02	Tithi 2 – 3	Gulika 6:48AM – 8:16AM	Uttarashadha Until 7:04PM	Ganesha: Orange <i>Sunrise:</i> 6:48AM	
		Yama 2:08PM – 3:36PM	Vyaghata* Until 8:56PM	Muruqa: Clear <i>Sunset:</i> 6:31PM	Moon 12 - Phase 36
		883523466 Rahu 9:44AM – 11:12AM	Taitila Until 12:12AM Sun	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 11:42AM	Moon – Light Blue	Devaloka Day
Until 7:04PM				Pausa-Markali	
Then Creative Work - Siddha Yoga					

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kandy, Sri Lanka Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 15.35	Tithi 3 – 4	Gulika 3:36PM – 5:04PM	Shravana Until 9:02PM	Ganesha: Clear <i>Sunrise:</i> 6:49AM	
		Yama 12:40PM – 2:08PM	Harshana Until 8:48PM	Muruqa: Clear <i>Sunset:</i> 6:32PM	Moon 12 - Phase 36
		893523466 Rahu 5:04PM – 6:32PM	Vanija Until 1:37AM Mon	Nataraja: Orange	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 12:49PM	Moon – Purple	Devaloka Day
Until 9:02PM				Pausa-Markali	
Then Routine Work - Marana Yoga					

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kandy, Sri Lanka Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 27.53	Tithi 4 – 5	Gulika 2:09PM – 3:37PM	Dhanishtha Until 11:20PM	Ganesha: Clear <i>Sunrise:</i> 6:49AM	
		Yama 11:13AM – 12:41PM	Vajra* Until 9:03PM	Muruqa: Clear <i>Sunset:</i> 6:32PM	Moon 12 - Phase 36
Family Home Evening		893523466 Rahu 8:17AM – 9:45AM	Bava Until 3:31AM Tue	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:29PM	Moon – Purple	Devaloka Day
				Pausa-Markali	

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Kandy, Sri Lanka Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 10	Tithi 5 – 6	Gulika 12:41PM – 2:09PM	Shatabhishak Until 1:50AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:50AM	
		Yama 9:46AM – 11:13AM	Siddhi Until 9:36PM	Muruqa: Clear <i>Sunset:</i> 6:33PM	Moon 12 - Phase 36
		893523466 Rahu 3:37PM – 5:05PM	Kaulava Until 5:48AM Wed	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Panchami Until 4:36PM	Moon – Purple	Devaloka Day
Until 1:50AM Wed				Pausa-Markali	
Then Creative Work - Amrita Yoga					

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila Karana Shashthiyam Titau	Kandy, Sri Lanka Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 21.58	Tithi 6	Gulika 11:14AM – 12:42PM	Purvaprosarthpada* Until 4:54AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:51AM	
		Yama 8:19AM – 9:46AM	Vyatipata* Until 10:21PM	Muruqa: Clear <i>Sunset:</i> 6:34PM	Moon 12 - Phase 36
		813623466 Rahu 12:42PM – 2:10PM	Taitila Until 7:01PM	Nataraja: Orange	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 7:01PM	Moon – Clear	Bhuloka Day
Until 4:54AM Thu				Pausa-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends			

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Varyan Yoga Gara/Vanija Karana Saptamyam Titau	Kandy, Sri Lanka Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 3.52	Tithi 7	Gulika 9:47AM – 11:15AM	Uttaraprosarthpada Until 7:48AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:51AM	
		Yama 6:51AM – 8:19AM	Varyan Until 11:08PM	Muruqa: Clear <i>Sunset:</i> 6:34PM	Moon 12 - Phase 36
		813623466 Rahu 2:11PM – 3:39PM	Gara Until 8:17AM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 9:31PM	Moon – Clear	Bhuloka Day
				Pausa-Markali	Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Kandy, Sri Lanka Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 15.46	Tithi 8	Gulika 8:19AM – 9:47AM	Uttaraprosarthpada Until 7:48AM	Ganesha: Blue <i>Sunrise:</i> 6:52AM	
		Yama 3:39PM – 5:07PM	Parigha* Until 11:51PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 12 - Phase 36
		813623466 Rahu 11:15AM – 12:43PM	Visti Until 10:46AM	Nataraja: Orange	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:55PM	Moon – Clear	Bhuloka Day
				Pausa-Markali	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Kandy, Sri Lanka Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 27.43	Tithi 9	Gulika 6:52AM – 8:20AM	Revati Until 10:23AM	Ganesha: Blue <i>Sunrise:</i> 6:52AM	
		Yama 2:12PM – 3:39PM	Shiva Until 12:21AM Sun	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 12 - Phase 36
		813623466 Rahu 9:48AM – 11:16AM	Balava Until 1:02PM	Nataraja: Orange	Navami
Routine Work	Prabalarishta Yoga		Navami* Until 2:01AM Sun	Moon – Clear	Bhuloka Day
Until 10:23AM				Pausa-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Kandy, Sri Lanka Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 9.48	Tithi 10	Gulika 3:40PM – 5:08PM	Ashvini Until 12:54PM	Ganesha: Yellow <i>Sunrise:</i> 6:52AM	
		Yama 12:44PM – 2:12PM	Siddha Until 12:27AM Mon	Muruqa: Clear <i>Sunset:</i> 6:36PM	Moon 12 - Phase 37
	823623466	Rahu 5:08PM – 6:36PM	Taitila Until 2:54PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 12:54PM		Subramuniyaswami Jayanti	Dashami Until 3:36AM Mon	Pausha-Markali	
Then Routine Work - Prabalarishta Yoga					

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Kandy, Sri Lanka Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 22.07	Tithi 11	Gulika 2:12PM – 3:40PM	Bharani Until 2:44PM	Ganesha: Yellow <i>Sunrise:</i> 6:53AM	
Family Home Evening		Yama 11:17AM – 12:45PM	Sadhya Until 12:06AM Tue	Muruqa: Clear <i>Sunset:</i> 6:36PM	Moon 12 - Phase 37
Creative Work	Siddha Yoga	Rahu 8:21AM – 9:49AM	Vanija Until 4:11PM	Nataraja: Orange	4th Phase
Until 2:44PM		Vaikuntha Ekadasi	Ekadashi Until 4:33AM Tue	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Pausha-Markali	

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Kandy, Sri Lanka Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 4.42	Tithi 12	Gulika 12:45PM – 2:13PM	Krittika Until 3:45PM	Ganesha: Yellow <i>Sunrise:</i> 6:53AM	
		Yama 9:49AM – 11:17AM	Subha Until 11:13PM	Muruqa: Clear <i>Sunset:</i> 6:37PM	Moon 12 - Phase 37
	823623466	Rahu 3:41PM – 5:09PM	Bava Until 4:47PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 3:45PM			Dvadashi Until 4:47AM Wed	Pausha-Markali	
Then Creative Work - Amrita Yoga					

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kandy, Sri Lanka Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 17.37	Tithi 13	Gulika 11:17AM – 12:45PM	Rohini Until 4:22PM	Ganesha: White <i>Sunrise:</i> 6:53AM	
		Yama 8:21AM – 9:49AM	Sukla Until 9:44PM	Muruqa: Clear <i>Sunset:</i> 6:37PM	Moon 12 - Phase 37
	833623466	Rahu 12:45PM – 2:13PM	Kaulava Until 4:38PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – Yellow	Bhuloka Day
			Trayodashi Until 4:17AM Thu	Pausha-Markali	Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata</i>

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau			Kandy, Sri Lanka Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 0.55	Tithi 14	Gulika 9:50AM – 11:18AM	Mrigashira Until 4:09PM	Ganesha: Yellow <i>Sunrise:</i> 6:54AM	
		Yama 6:54AM – 8:22AM	Brahma Until 7:44PM	Muruqa: Clear <i>Sunset:</i> 6:38PM	Moon 12 - Phase 37
	834623466	Rahu 2:14PM – 3:42PM	Gara Until 3:48PM	Nataraja: Orange	4th Phase
Routine Work	Marana Yoga			Moon – Yellow	Devaloka Day
			Chaturdashi* Until 3:07AM Fri	Pausha-Markali	

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Kandy, Sri Lanka Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 8:22AM – 9:50AM	Ardra Until 3:10PM	Ganesha: Yellow <i>Sunrise:</i> 6:54AM	
Mithuna Rasi: 14.35	Tithi 15	Yama 3:42PM – 5:10PM	Indra Until 5:16PM	Muruqa: Clear <i>Sunset:</i> 6:38PM	Moon 12 - Phase 37
		Rahu 11:18AM – 12:46PM	Visti Until 2:19PM	Nataraja: Orange	Purnima
Creative Work	Siddha Yoga			Moon – Yellow	Devaloka Day
		Penumbral Lunar Eclipse	Purnima* Until 1:22AM Sat	Pausha-Markali	
		Ardra Darshanam			

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Kandy, Sri Lanka Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 6:54AM – 8:22AM	Punarvasu Until 1:59PM	Ganesha: White <i>Sunrise:</i> 6:54AM	
Mithuna Rasi: 28.36	Tithi 16	Yama 2:15PM – 3:43PM	Vaidhriti* Until 2:22PM	Muruqa: Clear <i>Sunset:</i> 6:39PM	Moon 12 - Phase 37
		Rahu 9:50AM – 11:19AM	Balava Until 12:20PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga			Moon – Blue	Sivaloka Day
			Prathama* Until 11:10PM	Pausha-Markali	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 12.53 Tithi 17

Creative Work Siddha Yoga

844623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkamba*/Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 3:43PM - 5:11PM
Yama 12:47PM - 2:15PM
Rahu 5:11PM - 6:39PM

Pushya Until 12:17PM
Vishkamba* Until 11:12AM
Taitila Until 9:58AM
Dvitiya Until 8:40PM

Ganesha: White Sunrise: 6:55AM
Muruga: Clear Sunset: 6:39PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

Kandy, Sri Lanka Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 27.21 Tithi 18 - 19

Family Home Evening
Creative Work Siddha Yoga

Until 10:13AM

Then Routine Work - Marana Yoga

844623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:15PM - 3:44PM
Yama 11:19AM - 12:47PM
Rahu 8:23AM - 9:51AM

Ashlesha* Until 10:13AM
Priti Until 7:51AM
Vanija Until 7:21AM
Tritiya Until 5:59PM

Ganesha: White Sunrise: 6:55AM
Muruga: Clear Sunset: 6:40PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

Kandy, Sri Lanka Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 11.54 Tithi 19 - 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:48PM - 2:16PM
Yama 9:51AM - 11:20AM
Rahu 3:44PM - 5:12PM

Magha* Until 8:21AM
Saubhagya Until 12:58AM Wed
Kaulava Until 1:57AM Wed
Chaturthi* Until 3:16PM

Ganesha: Clear Sunrise: 6:55AM
Muruga: Clear Sunset: 6:40PM
Nataraja: Orange
Moon - Red
Pausha-Markali

Kandy, Sri Lanka Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 26.25 Tithi 20 - 21

Creative Work Amrita Yoga

854623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:20AM - 12:48PM
Yama 8:24AM - 9:52AM
Rahu 12:48PM - 2:16PM

Purvaphalguni Until 6:23AM
Sobhana Until 9:40PM
Gara Until 11:24PM
Panchami Until 12:38PM

Ganesha: Clear Sunrise: 6:55AM
Muruga: Clear Sunset: 6:41PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Kandy, Sri Lanka Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

Thai Pongal

4

Thursday, January 16, 2020

Kanya Rasi: 10.5 Tithi 21 - 22

Routine Work Marana Yoga

Until 3:00AM Fri

Then Creative Work - Siddha Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:52AM - 11:20AM
Yama 6:56AM - 8:24AM
Rahu 2:17PM - 3:45PM

Hasta Until 3:00AM Fri
Athiganda* Until 6:30PM
Visti Until 9:04PM
Shashthi* Until 10:11AM

Ganesha: Purple Sunrise: 6:56AM
Muruga: Clear Sunset: 6:41PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Kandy, Sri Lanka Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 25.05 Tithi 22 - 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:24AM - 9:52AM
Yama 3:45PM - 5:13PM
Rahu 11:21AM - 12:49PM

Chitra Until 1:43AM Sat
Sukarma Until 3:35PM
Balava Until 7:01PM
Saptami Until 7:59AM

Ganesha: Purple Sunrise: 6:56AM
Muruga: Clear Sunset: 6:42PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Kandy, Sri Lanka Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 9.08 Tithi 23 - 24

Creative Work Siddha Yoga

Until 12:39AM Sun

Then Routine Work - Marana Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Gulika 6:56AM - 8:24AM
Yama 2:17PM - 3:46PM
Rahu 9:53AM - 11:21AM

Svati Until 12:39AM Sun
Dhriti Until 12:56PM
Gara Until 4:35AM Sun
Ashtami* Until 6:06AM

Ganesha: Purple Sunrise: 6:56AM
Muruga: Clear Sunset: 6:42PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Kandy, Sri Lanka Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Kandy, Sri Lanka Sun 7 Sutra 280 Vikarin 5121
Tula Rasi: 22.58	Tithi 25	Gulika 3:46PM – 5:14PM	Vishakha Until 12:14AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:56AM	
		Yama 12:49PM – 2:18PM	Shula* Until 10:33AM	Muruqa: Clear <i>Sunset:</i> 6:42PM	Moon 1 - Phase 39
	874623466	Rahu 5:14PM – 6:42PM	Vanija Until 3:58PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 3:26AM Mon	Moon – Orange	Devaloka Day
Until 12:14AM Mon				Pausha*Thai	
Then Creative Work - Siddha Yoga					

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau	Kandy, Sri Lanka Sun 8 Sutra 281 Vikarin 5121
Vrischika Rasi: 6.34	Tithi 26	Gulika 2:18PM – 3:46PM	Anuradha Until 12:02AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:57AM	
Family Home Evening		Yama 11:21AM – 12:50PM	Ganda* Until 8:30AM	Muruqa: Clear <i>Sunset:</i> 6:43PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	Rahu 8:25AM – 9:53AM	Bava Until 3:01PM	Nataraja: Orange	2nd Phase
Until 12:02AM Tue			Ekadashi* Until 2:40AM Tue	Moon – Orange	Devaloka Day
Then Routine Work - Marana Yoga				Pausha*Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kandy, Sri Lanka Sun 9 Sutra 282 Vikarin 5121
Vrischika Rasi: 19.58	Tithi 27	Gulika 12:50PM – 2:18PM	Jyeshtha* Until 12:05AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:57AM	
		Yama 9:53AM – 11:22AM	Vriddhi Until 6:45AM	Muruqa: Clear <i>Sunset:</i> 6:43PM	Moon 1 - Phase 39
	874623466	Rahu 3:47PM – 5:15PM	Kaulava Until 2:27PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 2:18AM Wed	Moon – Orange	Devaloka Day
				Pausha*Thai	

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Kandy, Sri Lanka Sun 10 Sutra 283 Vikarin 5121
Dhanus Rasi: 3.08	Tithi 28	Gulika 11:22AM – 12:50PM	Mula* Until 12:51AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:57AM	
		Yama 8:25AM – 9:54AM	Vyaghata* Until 4:10AM Thu	Muruqa: Clear <i>Sunset:</i> 6:44PM	Moon 1 - Phase 39
	885623466	Rahu 12:50PM – 2:19PM	Gara Until 2:18PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 2:21AM Thu	Moon – Light Blue	Bhuloka Day
Until 12:51AM Thu				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)	

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kandy, Sri Lanka Sun 11 Sutra 284 Vikarin 5121
Dhanus Rasi: 16.05	Tithi 29	Gulika 9:54AM – 11:22AM	Purvashadha* Until 1:51AM Fri	Ganesha: Light Blue <i>Sunrise:</i> 6:57AM	
		Yama 6:57AM – 8:25AM	Harshana Until 3:23AM Fri	Muruqa: Clear <i>Sunset:</i> 6:44PM	Moon 1 - Phase 39
	885623466	Rahu 2:19PM – 3:47PM	Visti* Until 2:34PM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:50AM Fri	Moon – Light Blue	Bhuloka Day
Until 1:51AM Fri				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kandy, Sri Lanka Sun 12 Sutra 285 Vikarin 5121
Dhanus Rasi: 28.5	Tithi 30	Gulika 8:25AM – 9:54AM	Uttarashadha Until 3:07AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:57AM	
		Yama 3:48PM – 5:16PM	Vajra* Until 2:54AM Sat	Muruqa: Clear <i>Sunset:</i> 6:44PM	Moon 1 - Phase 39
	885623466	Rahu 11:22AM – 12:51PM	Catuspada Until 3:15PM	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 3:44AM Sat	Moon – Light Blue	Bhuloka Day
Until 3:07AM Sat				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Kandy, Sri Lanka Sun 13 Sutra 286 Vikarin 5121
Makara Rasi: 11.24	Tithi 1	Gulika 6:57AM – 8:26AM	Shravana Until 5:08AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:57AM	
		Yama 2:19PM – 3:48PM	Siddhi Until 2:46AM Sun	Muruqa: Clear <i>Sunset:</i> 6:45PM	Moon 1 - Phase 39
	995623466	Rahu 9:54AM – 11:23AM	Kintughna Until 4:23PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:05AM Sun	Moon – Purple	Bhuloka Day
Until 5:08AM Sun				Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kandy, Sri Lanka Sun 14 Sutra 287 Vikarin 5121
	Makara Rasi: 23.46	Tithi 2	Gulika 3:48PM – 5:17PM	Dhanishtha Until 7:21AM Mon	Ganesha: Orange <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:45PM	Moon 1 - Phase 40 3rd Phase
	Routine Work Marana Yoga Until 7:21AM Mon Then Creative Work - Siddha Yoga	995723466	Rahu 5:17PM – 6:45PM	Yama 12:51PM – 2:20PM Vyatipata* Until 2:57AM Mon Balava Until 5:56PM Dvitiya Until 6:50AM Mon	Nataraja: Orange Moon – Purple Magha-Thai	Devaloka Day	

2	Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 288 Vikarin 5121
	Kumbha Rasi: 5.58	Tithi 2 – 3	Gulika 2:20PM – 3:48PM	Dhanishtha Until 7:21AM	Ganesha: Orange <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:45PM	Moon 1 - Phase 40 3rd Phase
	Family Home Evening Creative Work Siddha Yoga	995723466	Rahu 8:26AM – 9:54AM	Yama 11:23AM – 12:51PM Variyan Until 3:23AM Tue Taitila Until 7:52PM Dvitiya Until 6:50AM	Nataraja: Orange Moon – Purple Magha-Thai	Devaloka Day	

3	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Kandy, Sri Lanka Sun 16 Sutra 289 Vikarin 5121
	Kumbha Rasi: 18.02	Tithi 3 – 4	Gulika 12:52PM – 2:20PM	Shatabhishak Until 9:45AM	Ganesha: Orange <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:46PM	Moon 1 - Phase 40 3rd Phase
	Routine Work Marana Yoga	995723466	Rahu 3:49PM – 5:17PM	Parigha* Until 4:02AM Wed Vanija Until 10:06PM Tritiya Until 8:56AM	Nataraja: Orange Moon – Purple Magha-Thai	Devaloka Day	

4	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosnthapada*Uttaraprosnthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka Sun 17 Sutra 290 Vikarin 5121
	Kumbha Rasi: 29.59	Tithi 4 – 5	Gulika 11:23AM – 12:52PM	Purvaprosnthapada* Until 12:44PM	Ganesha: Green <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:46PM	Moon 1 - Phase 40 3rd Phase
	Creative Work Amrita Yoga Until 12:44PM Then Creative Work - Siddha Yoga	915723466	Rahu 12:52PM – 2:20PM	Shiva Until 4:51AM Thu Bava Until 12:34AM Thu Chaturthi* Until 11:18AM	Nataraja: Orange Moon – Clear Magha-Thai	Sivaloka Day	

5	Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau				Kandy, Sri Lanka Sun 18 Sutra 291 Vikarin 5121
	Meena Rasi: 11.52	Tithi 5 – 6	Gulika 9:55AM – 11:23AM	Uttaraprosnthapada Until 3:41PM	Ganesha: Green <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:46PM	Moon 1 - Phase 40 3rd Phase
	Creative Work Siddha Yoga	915723466	Rahu 2:21PM – 3:49PM	Siddha Until 5:40AM Fri Kaulava Until 3:06AM Fri Panchami Until 1:49PM	Nataraja: Orange Moon – Clear Magha-Thai	Sivaloka Day	

6	Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kandy, Sri Lanka Sun 19 Sutra 292 Vikarin 5121
	Meena Rasi: 23.44	Tithi 6 – 7	Gulika 8:26AM – 9:55AM	Revati Until 6:26PM	Ganesha: Orange <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:47PM	Moon 1 - Phase 40 3rd Phase
	Creative Work Siddha Yoga Until 6:26PM Then Creative Work - Amrita Yoga	916723466	Rahu 11:23AM – 12:52PM	Sadhya Until 6:25AM Sat Gara Until 5:32AM Sat Shashthi* Until 4:19PM	Nataraja: Orange Moon – Clear Magha-Thai	Devaloka Day	

Retreat Star	Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija Karana Saptamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 293 Vikarin 5121
	Mesha Rasi: 5.39	Tithi 7	Gulika 6:57AM – 8:26AM	Ashvini Until 9:20PM	Ganesha: Green <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:47PM	Moon 1 - Phase 40 3rd Phase
	Creative Work Siddha Yoga	926723466	Rahu 9:55AM – 11:23AM	Sadhya Until 6:25AM Vanija Until 6:38PM Saptami Until 6:38PM	Nataraja: Orange Moon – White Magha-Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Retreat Star	Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Vistil*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 294 Vikarin 5121
	Mesha Rasi: 17.41	Tithi 8	Gulika 3:50PM – 5:18PM	Bharani Until 11:39PM	Ganesha: Green <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:47PM	Moon 1 - Phase 40 Ashtami
	Routine Work Prabalarishta Yoga Until 11:39PM Then Creative Work - Siddha Yoga	926723466	Rahu 5:18PM – 6:47PM	Subha Until 6:57AM Visti Until 7:40AM Ashtami* Until 8:32PM	Nataraja: Orange Moon – White Magha-Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Retreat Star	Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 295 Vikarin 5121
	Mesha Rasi: 29.55	Tithi 9	Gulika 2:21PM – 3:50PM	Krittika Until 1:12AM Tue	Ganesha: Green <i>Sunrise:</i> 6:57AM	Muruqa: Clear <i>Sunset:</i> 6:47PM	Moon 1 - Phase 40 Navami
	Family Home Evening Routine Work Marana Yoga Until 1:12AM Tue Then Creative Work - Amrita Yoga	926723466	Rahu 8:26AM – 9:55AM	Sukla Until 7:05AM Balava Until 9:18AM Navami* Until 9:50PM	Nataraja: Orange Moon – White Magha-Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

1		Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau	Kandy, Sri Lanka Sun 23 Sutra 296
Wishabha Rasi: 12.26	Tithi 10	Gulika 12:52PM – 2:21PM	Rohini Until 2:20AM Wed	Ganesha: Red <i>Sunrise:</i> 6:57AM	Vikarin 5121
		Yama 9:55AM – 11:24AM	Brahma Until 6:42AM	Muruqa: Clear <i>Sunset:</i> 6:47PM	Moon 1 - Phase 41
	936723467	Rahu 3:50PM – 5:19PM	Taitila Until 10:13AM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga			Dashami Until 10:21PM	Moon – Yellow	Devaloka Day
Until 2:20AM Wed				Magha-Thai	
Then Creative Work - Siddha Yoga					

2		Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Kandy, Sri Lanka Sun 24 Sutra 297
Wishabha Rasi: 25.19	Tithi 11	Gulika 11:24AM – 12:52PM	Mrigashira Until 2:29AM Thu	Ganesha: Red <i>Sunrise:</i> 6:57AM	Vikarin 5121
		Yama 8:26AM – 9:55AM	Vaidhriti* Until 4:05AM Thu	Muruqa: Clear <i>Sunset:</i> 6:48PM	Moon 1 - Phase 41
	936723467	Rahu 12:52PM – 2:21PM	Vanija Until 10:19AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 10:02PM	Moon – Yellow	Devaloka Day
Until 2:29AM Thu				Magha-Thai	
Then Routine Work - Marana Yoga					

3		Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau	Kandy, Sri Lanka Sun 25 Sutra 298
Mithuna Rasi: 8.38	Tithi 12	Gulika 9:55AM – 11:24AM	Ardra Until 1:41AM Fri	Ganesha: Red <i>Sunrise:</i> 6:57AM	Vikarin 5121
		Yama 6:57AM – 8:26AM	Vishkambha* Until 1:48AM Fri	Muruqa: Clear <i>Sunset:</i> 6:48PM	Moon 1 - Phase 41
	936723467	Rahu 2:21PM – 3:50PM	Bava Until 9:35AM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dvadashi Until 8:54PM	Moon – Yellow	Devaloka Day
Until 1:41AM Fri				Magha-Thai	
Then Creative Work - Siddha Yoga					

4		Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kandy, Sri Lanka Sun 26 Sutra 299
Mithuna Rasi: 22.25	Tithi 13	Gulika 8:26AM – 9:55AM	Punarvasu Until 12:28AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:57AM	Vikarin 5121
		Yama 3:50PM – 5:19PM	Priti Until 10:57PM	Muruqa: Clear <i>Sunset:</i> 6:48PM	Moon 1 - Phase 41
	947723467	Rahu 11:24AM – 12:53PM	Kaulava Until 8:03AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 7:00PM	Moon – Blue	Bhuloka Day
				Magha-Thai	Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata</i>

5		Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Kandy, Sri Lanka Sun 27 Sutra 300
Kataka Rasi: 6.38	Tithi 14 – 15	Gulika 6:57AM – 8:26AM	Pushya Until 10:31PM	Ganesha: Blue <i>Sunrise:</i> 6:57AM	Vikarin 5121
		Yama 2:22PM – 3:51PM	Ayushman Until 7:36PM	Muruqa: Clear <i>Sunset:</i> 6:48PM	Moon 1 - Phase 41
	947723467	Rahu 9:55AM – 11:24AM	Visti Until 3:03AM Sun	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:29PM	Moon – Blue	Bhuloka Day
Until 10:31PM		Thai Pusam		Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

○		Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kandy, Sri Lanka Sutra 301
Copper Retreat Star		Gulika 3:51PM – 5:20PM	Ashlesha* Until 8:01PM	Ganesha: Blue <i>Sunrise:</i> 6:57AM	Vikarin 5121
Kataka Rasi: 21.14	Tithi 15 – 16	Yama 12:53PM – 2:22PM	Saubhagya Until 3:54PM	Muruqa: Clear <i>Sunset:</i> 6:49PM	Moon 1 - Phase 41
	947723467	Rahu 5:20PM – 6:49PM	Balava Until 11:54PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 1:30PM	Moon – Blue	Bhuloka Day
Until 8:01PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

○		Monday, February 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Kandy, Sri Lanka Sutra 302
Silver Retreat Star		Gulika 2:22PM – 3:51PM	Magha* Until 5:33PM	Ganesha: Red <i>Sunrise:</i> 6:57AM	Vikarin 5121
Simha Rasi: 6.07	Tithi 16 – 17	Yama 11:24AM – 12:53PM	Sobhana Until 11:59AM	Muruqa: Clear <i>Sunset:</i> 6:49PM	Moon 1 - Phase 41
Family Home Evening	957723467	Rahu 8:26AM – 9:55AM	Taitila Until 8:31PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Prathama* Until 10:13AM	Moon – Red	Devaloka Day
Until 5:33PM				Magha-Thai	
Then Creative Work - Siddha Yoga					



Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Gara/Vishti* Karana Dvitiya/Trilyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 21.07 Tithi 17 - 18

957723467

Gulika

12:53PM - 2:22PM

Yama

9:55AM - 11:24AM

Rahu

3:51PM - 5:20PM

Purvaphalguni Until 2:52PM

Athiganda* Until 7:56AM

Visti Until 3:24AM Wed

Dvitiya Until 6:47AM

Ganesha: Red

Sunrise: 6:57AM

Muruqa: Clear

Sunset: 6:49PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 2:52PM

Then Creative Work - Amrita Yoga

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Kandy, Sri Lanka

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 6.05 Tithi 19

957723467

Gulika

11:24AM - 12:53PM

Yama

8:26AM - 9:55AM

Rahu

12:53PM - 2:22PM

Uttaraphalguni Until 12:08PM

Dhriti Until 12:07AM Thu

Bava Until 1:47PM

Chaturthi* Until 12:11AM Thu

Ganesha: Red

Sunrise: 6:56AM

Muruqa: Clear

Sunset: 6:49PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 12:08PM

Then Routine Work - Marana Yoga

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 20.55 Tithi 20

967723467

Gulika

9:55AM - 11:24AM

Yama

6:56AM - 8:25AM

Rahu

2:22PM - 3:51PM

Hasta Until 9:56AM

Shula* Until 8:32PM

Kaulava Until 10:43AM

Panchami Until 9:19PM

Ganesha: Green

Sunrise: 6:56AM

Muruqa: Clear

Sunset: 6:49PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 9:56AM

Then Creative Work - Siddha Yoga

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*Yridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 5.28 Tithi 21

968723467

Gulika

8:25AM - 9:54AM

Yama

3:51PM - 5:20PM

Rahu

11:24AM - 12:53PM

Chitra Until 7:58AM

Ganda* Until 5:20PM

Gara Until 8:03AM

Shashthi* Until 6:53PM

Ganesha: White

Sunrise: 6:56AM

Muruqa: Clear

Sunset: 6:49PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 19.41 Tithi 22 - 23

968723467

Gulika

6:56AM - 8:25AM

Yama

2:22PM - 3:51PM

Rahu

9:54AM - 11:24AM

Svati Until 6:23AM

Vridhhi Until 2:35PM

Balava Until 4:19AM Sun

Saptami Until 5:01PM

Ganesha: White

Sunrise: 6:56AM

Muruqa: Clear

Sunset: 6:50PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Vrischika Rasi: 3.31 Tithi 23 - 24

978723467

Gulika

3:51PM - 5:20PM

Yama

12:53PM - 2:22PM

Rahu

5:20PM - 6:50PM

Anuradha Until 5:23AM Mon

Dhruva Until 12:17PM

Taitila Until 3:22AM Mon

Ashtami* Until 3:44PM

Ganesha: Clear

Sunrise: 6:56AM

Muruqa: Clear

Sunset: 6:50PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Routine Work Marana Yoga

Until 5:23AM Mon

Then Creative Work - Siddha Yoga

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 309

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 17 Tithi 24 - 25

978723467

Gulika

2:22PM - 3:51PM

Yama

11:23AM - 12:53PM

Rahu

8:25AM - 9:54AM

Jyeshtha* Until 5:33AM Tue

Vyaghata* Until 10:30AM

Vanija Until 3:01AM Tue

Navami* Until 3:06PM

Ganesha: Clear

Sunrise: 6:55AM

Muruqa: Clear

Sunset: 6:50PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Creative Work Siddha Yoga

Until 5:33AM Tue

Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kandy, Sri Lanka Sun 8 Sutra 310	
Dhanus Rasi: 0.08	Tithi 25 – 26	988723467	Gulika Yama Rahu	12:53PM – 2:22PM 9:54AM – 11:23AM 3:51PM – 5:21PM	Mula* Until 6:36AM Wed Harshana Until 9:12AM Bava Until 3:16AM Wed Dashami Until 3:03PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 6:55AM Sunset: 6:50PM Moon 2 - Phase 43 2nd Phase
Creative Work Amrita Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Kandy, Sri Lanka Sun 9 Sutra 311	
Dhanus Rasi: 13	Tithi 26 – 27	988723467	Gulika Yama Rahu	11:23AM – 12:52PM 8:24AM – 9:54AM 12:52PM – 2:22PM	Mula* Until 6:36AM Vajra* Until 8:19AM Kaulava Until 4:01AM Thu Ekadashi* Until 3:34PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 6:55AM Sunset: 6:50PM Moon 2 - Phase 43 2nd Phase
Routine Work Marana Yoga Until 6:36AM Then Creative Work - Amrita Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau		Kandy, Sri Lanka Sun 10 Sutra 312	
Dhanus Rasi: 25.38	Tithi 27 – 28	989823467	Gulika Yama Rahu	9:53AM – 11:23AM 6:55AM – 8:24AM 2:22PM – 3:51PM	Purvashadha* Until 7:58AM Siddhi Until 7:49AM Gara Until 5:12AM Fri Dvodashi* Until 4:32PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 6:55AM Sunset: 6:50PM Moon 2 - Phase 43 2nd Phase
Creative Work Siddha Yoga Until 7:58AM Then Routine Work - Marana Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM	
<i>Pradosha Vrata (Fasting)</i>							

4		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kandy, Sri Lanka Sun 11 Sutra 313	
Makara Rasi: 8.04	Tithi 28 – 29	989823467	Gulika Yama Rahu	8:24AM – 9:53AM 3:51PM – 5:21PM 11:23AM – 12:52PM	Uttarashadha Until 9:35AM Vyatipata* Until 7:40AM Visti Until 6:45AM Sat Trayodashi* Until 5:55PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 6:54AM Sunset: 6:50PM Moon 2 - Phase 43 2nd Phase
Routine Work Marana Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM	
		Mahasivaratri (Lunar) Mahasivaratri (Solar)					

5		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kandy, Sri Lanka Sun 12 Sutra 314	
Makara Rasi: 20.2	Tithi 29	999823467	Gulika Yama Rahu	6:54AM – 8:24AM 2:22PM – 3:51PM 9:53AM – 11:23AM	Shravana Until 11:52AM Variyan Until 7:45AM Visti Until 6:45AM Chaturdashi* Until 7:37PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 6:54AM Sunset: 6:50PM Moon 2 - Phase 43 2nd Phase
Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kandy, Sri Lanka Sun 13 Sutra 315	
Kumbha Rasi: 2.29	Tithi 30	999823467	Gulika Yama Rahu	3:51PM – 5:21PM 12:52PM – 2:22PM 5:21PM – 6:50PM	Dhanishtha Until 2:16PM Parigha* Until 8:04AM Catuspada Until 8:36AM Amavasya* Until 9:36PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 6:54AM Sunset: 6:50PM Moon 2 - Phase 43 Amavasya
Routine Work Marana Yoga Until 2:16PM Then Creative Work - Siddha Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Retreat Star		Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak*/Purvaprosithpada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Kandy, Sri Lanka Sun 14 Sutra 316	
Kumbha Rasi: 14.33	Tithi 1	999823467	Gulika Yama Rahu	2:21PM – 3:51PM 11:22AM – 12:52PM 8:23AM – 9:53AM	Shatabhishak Until 4:43PM Shiva Until 8:36AM Kintughna Until 10:42AM Prathama* Until 11:48PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi	Sunrise: 6:53AM Sunset: 6:50PM Moon 2 - Phase 43 Prathama
Family Home Evening Creative Work Siddha Yoga Until 4:43PM Then Routine Work - Marana Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtpada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kandy, Sri Lanka Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 26.31	Tithi 2	Gulika 12:52PM – 2:21PM	Purvaproshtpada* Until 7:41PM	Ganesha: Orange <i>Sunrise:</i> 6:53AM	
		Yama 9:52AM – 11:22AM	Siddha Until 9:15AM	Muruqa: Clear <i>Sunset:</i> 6:50PM	Moon 2 - Phase 44
		919823467 Rahu 3:51PM – 5:21PM	Balava Until 1:00PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 2:11AM Wed	Moon – Clear	Devaloka Day
Until 7:41PM				Phalguna-Masi	
Then Creative Work - Amrita Yoga					

2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyayam Titau	Kandy, Sri Lanka Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 8.26	Tithi 3	Gulika 11:22AM – 12:52PM	Uttaraproshtpada Until 10:36PM	Ganesha: Orange <i>Sunrise:</i> 6:53AM	
		Yama 8:22AM – 9:52AM	Sadhya Until 10:02AM	Muruqa: Clear <i>Sunset:</i> 6:50PM	Moon 2 - Phase 44
		919823467 Rahu 12:52PM – 2:21PM	Taitila Until 3:27PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 4:41AM Thu	Moon – Clear	Devaloka Day
Until 10:36PM				Phalguna-Masi	
Then Routine Work - Marana Yoga					

3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau	Kandy, Sri Lanka Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 20.19	Tithi 4	Gulika 9:52AM – 11:22AM	Revati Until 1:25AM Fri	Ganesha: Orange <i>Sunrise:</i> 6:52AM	
		Yama 6:52AM – 8:22AM	Subha Until 10:55AM	Muruqa: Clear <i>Sunset:</i> 6:50PM	Moon 2 - Phase 44
		919823467 Rahu 2:21PM – 3:51PM	Vanija Until 5:58PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 7:12AM Fri	Moon – Clear	Devaloka Day
Until 1:25AM Fri				Phalguna-Masi	
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day			

4		Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kandy, Sri Lanka Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 2.1	Tithi 4 – 5	Gulika 8:22AM – 9:52AM	Ashvini Until 4:29AM Sat	Ganesha: Purple <i>Sunrise:</i> 6:52AM	
		Yama 3:51PM – 5:21PM	Sukla Until 11:45AM	Muruqa: Clear <i>Sunset:</i> 6:50PM	Moon 2 - Phase 44
		921823467 Rahu 11:21AM – 12:51PM	Bava Until 8:27PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Chaturthi* Until 7:12AM	Moon – White	Bhuloka Day
Until 4:29AM Sat				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kandy, Sri Lanka Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 14.04	Tithi 5 – 6	Gulika 6:52AM – 8:21AM	Bharani Until 7:10AM Sun	Ganesha: Purple <i>Sunrise:</i> 6:52AM	
		Yama 2:21PM – 3:51PM	Brahma Until 12:31PM	Muruqa: Clear <i>Sunset:</i> 6:50PM	Moon 2 - Phase 44
		921823467 Rahu 9:51AM – 11:21AM	Kaulava Until 10:45PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Panchami Until 9:37AM	Moon – White	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM

6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kandy, Sri Lanka Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 26.04	Tithi 6 – 7	Gulika 3:51PM – 5:20PM	Bharani Until 7:10AM	Ganesha: Purple <i>Sunrise:</i> 6:51AM	
		Yama 12:51PM – 2:21PM	Indra Until 1:05PM	Muruqa: Orange <i>Sunset:</i> 6:50PM	Moon 2 - Phase 44
		921833467 Rahu 5:20PM – 6:50PM	Gara Until 12:41AM Mon	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Shashthi* Until 11:45AM	Moon – White	Bhuloka Day
Until 7:10AM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kandy, Sri Lanka Sun 21 Sutra 323 Vikarin 5121
Vrishabha Rasi: 8.14	Tithi 7 – 8	Gulika 2:20PM – 3:50PM	Krittika Until 9:16AM	Ganesha: Purple <i>Sunrise:</i> 6:50AM	
Family Home Evening		Yama 11:20AM – 12:50PM	Vaidhriti* Until 1:14PM	Muruqa: Orange <i>Sunset:</i> 6:50PM	Moon 2 - Phase 44
		921833467 Rahu 8:20AM – 9:50AM	Visti Until 2:01AM Tue	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 1:25PM	Moon – White	Bhuloka Day
Until 9:16AM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kandy, Sri Lanka Sun 22 Sutra 324 Vikarin 5121
Vrishabha Rasi: 20.4	Tithi 8 – 9	Gulika 12:50PM – 2:20PM	Rohini Until 11:04AM	Ganesha: Clear <i>Sunrise:</i> 6:50AM	
		Yama 9:50AM – 11:20AM	Vishkambha* Until 12:54PM	Muruqa: Orange <i>Sunset:</i> 6:50PM	Moon 2 - Phase 44
		931833467 Rahu 3:50PM – 5:20PM	Balava Until 2:36AM Wed	Nataraja: Clear	Navami
Creative Work Amrita Yoga			Ashtami* Until 2:23PM	Moon – Yellow	Devaloka Day
Until 11:04AM				Phalguna-Masi	
Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kandy, Sri Lanka Sun 23 Sutra 325
Mithuna Rasi: 3.26	Tithi 9 – 10	931833467	Gulika 11:20AM – 12:50PM Yama 8:20AM – 9:50AM Rahu 12:50PM – 2:20PM	Mrigashira Until 11:55AM Priti Until 11:57AM Taitila Until 2:19AM Thu Navami* Until 2:33PM	Ganesha: Clear <i>Sunrise:</i> 6:50AM Muruqa: Orange <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Yellow Phalguna-Masi
Creative Work	Siddha Yoga				Devaloka Day
2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kandy, Sri Lanka Sun 24 Sutra 326
Mithuna Rasi: 16.39	Tithi 10 – 11	131833467	Gulika 9:49AM – 11:20AM Yama 6:49AM – 8:19AM Rahu 2:20PM – 3:50PM	Ardra Until 11:47AM Ayushman Until 10:18AM Vanija Until 1:09AM Fri Dashami Until 1:49PM	Ganesha: Red <i>Sunrise:</i> 6:49AM Muruqa: Orange <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Yellow Phalguna-Masi
Routine Work	Marana Yoga				Devaloka Day
Until 11:47AM					
Then Creative Work - Amrita Yoga					
3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Kandy, Sri Lanka Sun 25 Sutra 327
Kataka Rasi: 0.21	Tithi 11 – 12	141833467	Gulika 8:19AM – 9:49AM Yama 3:50PM – 5:20PM Rahu 11:19AM – 12:50PM	Punarvasu Until 11:05AM Saubhagya Until 7:58AM Bava Until 11:10PM Ekadashi Until 12:14PM	Ganesha: Blue <i>Sunrise:</i> 6:49AM Muruqa: Orange <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Blue Phalguna-Masi
Creative Work	Siddha Yoga				Bhuloka Day
Until 11:05AM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kandy, Sri Lanka Sun 26 Sutra 328
Kataka Rasi: 14.33	Tithi 12 – 13	141833467	Gulika 6:48AM – 8:19AM Yama 2:19PM – 3:50PM Rahu 9:49AM – 11:19AM	Pushya Until 9:29AM Athiganda* Until 1:29AM Sun Kaulava Until 8:29PM Dvadashi Until 9:53AM	Ganesha: Blue <i>Sunrise:</i> 6:48AM Muruqa: Orange <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Blue Phalguna-Masi
Creative Work	Siddha Yoga				Bhuloka Day
Until 9:29AM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					<i>Pradosha Vrata</i>
5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Kandy, Sri Lanka Sun 27 Sutra 329
Kataka Rasi: 29.13	Tithi 13 – 14	141833467	Gulika 3:50PM – 5:20PM Yama 12:49PM – 2:19PM Rahu 5:20PM – 6:50PM	Ashlesha* Until 7:07AM Sukarma Until 9:34PM Vanija Until 3:27AM Mon Trayodashi Until 6:54AM	Ganesha: Blue <i>Sunrise:</i> 6:48AM Muruqa: Orange <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Blue Phalguna-Masi
Creative Work	Siddha Yoga				Bhuloka Day
Until 7:07AM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Purnimayam Titau	Kandy, Sri Lanka Sutra 330
Simha Rasi: 14.14	Tithi 15	152833467	Gulika 2:19PM – 3:49PM Yama 11:18AM – 12:49PM Rahu 8:18AM – 9:48AM	Purvaphalguni Until 1:34AM Tue Dhriti Until 5:23PM Visti Until 1:38PM Purnima* Until 11:43PM	Ganesha: White <i>Sunrise:</i> 6:47AM Muruqa: Orange <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Red Phalguna-Masi
Family Home Evening					Sivaloka Day
Creative Work	Siddha Yoga				
Until 1:34AM Tue					
Then Creative Work - Amrita Yoga					
○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau	Kandy, Sri Lanka Sutra 331
Simha Rasi: 29.28	Tithi 16	152833467	Gulika 12:48PM – 2:19PM Yama 9:48AM – 11:18AM Rahu 3:49PM – 5:20PM	Uttaraphalguni Until 10:22PM Shula* Until 1:01PM Balava Until 9:49AM Prathama* Until 7:53PM	Ganesha: White <i>Sunrise:</i> 6:47AM Muruqa: Orange <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Red Phalguna-Masi
Creative Work	Amrita Yoga				Sivaloka Day
Until 10:22PM					
Then Creative Work - Siddha Yoga					



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 14.46 Tithi 17 - 18

162833467

Gulika 11:18AM - 12:48PM
Yama 8:17AM - 9:47AM
Rahu 12:48PM - 2:19PM

Hasta Until 7:31PM
Ganda* Until 8:41AM
Vanija Until 2:18AM Thu
Dvitiya Until 4:06PM

Ganesha: Clear Sunrise: 6:47AM
Muruga: Orange Sunset: 6:50PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 7:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Kandy, Sri Lanka

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 29.55 Tithi 18 - 19

162833467

Gulika 9:47AM - 11:17AM
Yama 6:46AM - 8:17AM
Rahu 2:18PM - 3:49PM

Chitra Until 4:49PM
Dhruva Until 12:36AM Fri
Bava Until 10:57PM
Tritiya Until 12:33PM

Ganesha: Clear Sunrise: 6:46AM
Muruga: Orange Sunset: 6:50PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 4:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 14.47 Tithi 19 - 20

162833467

Gulika 8:16AM - 9:47AM
Yama 3:49PM - 5:19PM
Rahu 11:17AM - 12:48PM

Svati Until 2:24PM
Vyaghata* Until 9:06PM
Kaulava Until 8:04PM
Chaturthi* Until 9:25AM

Ganesha: Clear Sunrise: 6:46AM
Muruga: Orange Sunset: 6:50PM
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Harshana Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 29.16 Tithi 20 - 21

172833467

Gulika 6:45AM - 8:16AM
Yama 2:18PM - 3:49PM
Rahu 9:46AM - 11:17AM

Vishakha Until 12:51PM
Harshana Until 6:08PM
Vanija Until 4:56AM Sun
Panchami Until 6:50AM

Ganesha: Purple Sunrise: 6:45AM
Muruga: Orange Sunset: 6:50PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 13.17 Tithi 22

172833468

Gulika 3:48PM - 5:19PM
Yama 12:47PM - 2:18PM
Rahu 5:19PM - 6:50PM

Anuradha Until 11:52AM
Vajra* Until 3:44PM
Visti Until 4:17PM
Saptami Until 3:48AM Mon

Ganesha: Purple Sunrise: 6:45AM
Muruga: Orange Sunset: 6:50PM
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 26.51 Tithi 23

172933468

Gulika 2:17PM - 3:48PM
Yama 11:16AM - 12:47PM
Rahu 8:15AM - 9:45AM

Jyeshtha* Until 11:31AM
Siddhi Until 1:58PM
Balava Until 3:33PM
Ashtami* Until 3:28AM Tue

Ganesha: Clear Sunrise: 6:44AM
Muruga: Orange Sunset: 6:50PM
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 9.59 Tithi 24

182933468

Gulika 12:47PM - 2:17PM
Yama 9:45AM - 11:16AM
Rahu 3:48PM - 5:19PM

Mula* Until 12:13PM
Vyatipata* Until 12:50PM
Taitila Until 3:36PM
Navami* Until 3:52AM Wed

Ganesha: Purple Sunrise: 6:44AM
Muruga: Orange Sunset: 6:49PM
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 12:13PM

Then Creative Work - Siddha Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Kandy, Sri Lanka Sun 8 Sutra 339
Dhanus Rasi: 22.44	Tithi 25	Gulika 11:15AM – 12:46PM	Purvashadha* Until 1:29PM	Ganesha: Purple <i>Sunrise:</i> 6:43AM	Vikarin 5121
		Yama 8:14AM – 9:45AM	Variyan Until 12:14PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 47
182933468	Rahu 12:46PM – 2:17PM		Vanija Until 4:21PM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:57AM Thu	Moon – Light Blue	Devaloka Day
				Phalguna-Panguni	

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Kandy, Sri Lanka Sun 9 Sutra 340
Makara Rasi: 5.13	Tithi 26	Gulika 9:44AM – 11:15AM	Uttarashadha Until 3:10PM	Ganesha: Purple <i>Sunrise:</i> 6:43AM	Vikarin 5121
		Yama 6:43AM – 8:13AM	Parigha* Until 12:07PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 47
182933468	Rahu 2:17PM – 3:48PM		Bava Until 5:42PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:32AM Fri	Moon – Light Blue	Devaloka Day
Until 3:10PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kandy, Sri Lanka Sun 10 Sutra 341
Makara Rasi: 17.27	Tithi 26 – 27	Gulika 8:13AM – 9:44AM	Shravana Until 5:37PM	Ganesha: Clear <i>Sunrise:</i> 6:42AM	Vikarin 5121
		Yama 3:47PM – 5:18PM	Shiva Until 12:23PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 47
192933468	Rahu 11:15AM – 12:46PM		Kaulava Until 7:30PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:32AM	Moon – Purple	Sivaloka Day
Until 5:37PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kandy, Sri Lanka Sun 11 Sutra 342
Makara Rasi: 29.33	Tithi 27 – 28	Gulika 6:42AM – 8:13AM	Dhanishtha Until 8:12PM	Ganesha: Clear <i>Sunrise:</i> 6:42AM	Vikarin 5121
		Yama 2:16PM – 3:47PM	Siddha Until 12:53PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 47
192933468	Rahu 9:43AM – 11:14AM		Gara Until 9:36PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:29AM	Moon – Purple	Sivaloka Day
Until 8:12PM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kandy, Sri Lanka Sun 12 Sutra 343
Kumbha Rasi: 11.32	Tithi 28 – 29	Gulika 3:47PM – 5:18PM	Shatabhishak Until 10:48PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM	Vikarin 5121
		Yama 12:45PM – 2:16PM	Sadhya Until 1:34PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 47
192933468	Rahu 5:18PM – 6:49PM		Visti Until 11:53PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:42AM	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kandy, Sri Lanka Sun 13 Sutra 344
Kumbha Rasi: 23.29	Tithi 29 – 30	Gulika 2:16PM – 3:47PM	Purvaproshtpada* Until 1:51AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:41AM	Vikarin 5121
Family Home Evening	113933468	Yama 11:14AM – 12:45PM	Subha Until 2:22PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	Rahu 8:12AM – 9:43AM	Catuspada Until 2:17AM Tue	Nataraja: Purple	Amavasya
Until 1:51AM Tue			Chaturdashi* Until 1:03PM	Moon – Clear	Sivaloka Day
Then Creative Work - Amrita Yoga				Phalguna-Panguni	

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kandy, Sri Lanka Sun 14 Sutra 345
Meena Rasi: 5.22	Tithi 30 – 1	Gulika 12:44PM – 2:16PM	Uttaraproshtpada Until 4:47AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:40AM	Vikarin 5121
		Yama 9:42AM – 11:13AM	Sukla Until 3:12PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 47
113933468	Rahu 3:47PM – 5:18PM		Kintughna Until 4:43AM Wed	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Amavasya* Until 3:28PM	Moon – Clear	Sivaloka Day
Until 4:47AM Wed		Yugadhi		Chaitra-Panguni	
Then Routine Work - Marana Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Kandy, Sri Lanka Sun 15 Sutra 346
Meena Rasi: 17.15	Tithi 1 – 2	Gulika 11:13AM – 12:44PM	Revati Until 7:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:40AM	Vikarin 5121
		Yama 8:11AM – 9:42AM	Brahma Until 4:04PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 48
		113933468 Rahu 12:44PM – 2:15PM	Balava Until 7:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 5:55PM	Chaitra•Panguni	Sivaloka Day
Until 7:33AM Thu					
Then Creative Work - Amrita Yoga					
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvityayam Titau	Kandy, Sri Lanka Sun 16 Sutra 347
Meena Rasi: 29.08	Tithi 2	Gulika 9:41AM – 11:13AM	Revati Until 7:33AM	Ganesha: Yellow <i>Sunrise:</i> 6:39AM	Vikarin 5121
		Yama 6:39AM – 8:10AM	Indra Until 4:55PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 48
		113933468 Rahu 2:15PM – 3:46PM	Balava Until 7:10AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:21PM	Chaitra•Panguni	Sivaloka Day
Until 7:33AM		Chellappaswami Mahasamadhi			
Then Creative Work - Amrita Yoga					
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau	Kandy, Sri Lanka Sun 17 Sutra 348
Mesha Rasi: 11.02	Tithi 3	Gulika 8:10AM – 9:41AM	Ashvini Until 10:36AM	Ganesha: Red <i>Sunrise:</i> 6:39AM	Vikarin 5121
		Yama 3:46PM – 5:17PM	Vaidhriti* Until 5:41PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		123933468 Rahu 11:12AM – 12:44PM	Taitila Until 9:33AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 10:40PM	Chaitra•Panguni	Sivaloka Day
Until 10:36AM					
Then Creative Work - Siddha Yoga					
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau	Kandy, Sri Lanka Sun 18 Sutra 349
Mesha Rasi: 22.59	Tithi 4	Gulika 6:38AM – 8:09AM	Bharani Until 1:19PM	Ganesha: Red <i>Sunrise:</i> 6:38AM	Vikarin 5121
		Yama 2:14PM – 3:46PM	Vishkambha* Until 6:20PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		123933468 Rahu 9:41AM – 11:12AM	Vanija Until 11:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:47AM Sun	Chaitra•Panguni	Sivaloka Day
Until 1:19PM					
Then Creative Work - Amrita Yoga					
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau	Kandy, Sri Lanka Sun 19 Sutra 350
Vrishabha Rasi: 5.02	Tithi 5	Gulika 3:46PM – 5:17PM	Krittika Until 3:37PM	Ganesha: Red <i>Sunrise:</i> 6:38AM	Vikarin 5121
		Yama 12:43PM – 2:14PM	Priti Until 6:46PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		123933468 Rahu 5:17PM – 6:48PM	Bava Until 1:44PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:33AM Mon	Chaitra•Panguni	Sivaloka Day
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Kandy, Sri Lanka Sun 20 Sutra 351
Vrishabha Rasi: 17.14	Tithi 6	Gulika 2:14PM – 3:45PM	Rohini Until 5:50PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM	Vikarin 5121
Family Home Evening		Yama 11:11AM – 12:43PM	Ayushman Until 6:50PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		133933468 Rahu 8:08AM – 9:40AM	Kaulava Until 3:16PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:49AM Tue	Chaitra•Panguni	Subha Sivaloka Day
		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau	Kandy, Sri Lanka Sun 21 Sutra 352
Retreat Star		Gulika 12:42PM – 2:14PM	Mrigashira Until 7:17PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM	Vikarin 5121
Vrishabha Rasi: 29.39	Tithi 7	Yama 9:39AM – 11:11AM	Saubhagya Until 6:26PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		133933468 Rahu 3:45PM – 5:17PM	Gara Until 4:13PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:25AM Wed	Chaitra•Panguni	Subha Sivaloka Day
Until 7:17PM					
Then Routine Work - Marana Yoga					
Wednesday, April 1, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Kandy, Sri Lanka Sun 22 Sutra 353
Mithuna Rasi: 12.22	Tithi 8	Gulika 11:11AM – 12:42PM	Ardra Until 7:53PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM	Vikarin 5121
		Yama 8:08AM – 9:39AM	Sobhana Until 5:29PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		133933468 Rahu 12:42PM – 2:14PM	Visti Until 4:26PM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 4:14AM Thu	Chaitra•Panguni	Subha Sivaloka Day
Thursday, April 2, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Kandy, Sri Lanka Sun 23 Sutra 354
Mithuna Rasi: 25.29	Tithi 9	Gulika 9:39AM – 11:11AM	Punarvasu Until 7:59PM	Ganesha: Yellow <i>Sunrise:</i> 6:36AM	Vikarin 5121
		Yama 6:36AM – 8:08AM	Athiganda* Until 3:52PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		143933468 Rahu 2:13PM – 3:45PM	Balava Until 3:51PM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 3:13AM Fri	Chaitra•Panguni	Sivaloka Day
		Sri Rama Navami			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Kandy, Sri Lanka Sun 24 Sutra 355
Kataka Rasi: 9.02	Tithi 10	Gulika 8:07AM – 9:39AM	Pushya Until 7:08PM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 3:45PM – 5:16PM	Sukarma Until 1:37PM	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 49	
		143933468 Rahu 11:10AM – 12:42PM	Taitila Until 2:26PM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga		Dashami Until 1:25AM Sat	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			

2		Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau			Kandy, Sri Lanka Sun 25 Sutra 356
Kataka Rasi: 23.04	Tithi 11	Gulika 6:35AM – 8:07AM	Ashlesha* Until 5:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
		Yama 2:13PM – 3:45PM	Dhriti Until 10:46AM	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 49	
		143933468 Rahu 9:38AM – 11:10AM	Vanija Until 12:15PM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 10:54PM	Moon – Blue		Sivaloka Day	
Until 5:24PM		Yogaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

3		Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau			Kandy, Sri Lanka Sun 26 Sutra 357
Simha Rasi: 7.34	Tithi 12	Gulika 3:44PM – 5:16PM	Magha* Until 3:19PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
		Yama 12:41PM – 2:13PM	Shula* Until 7:20AM	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 49	
		153933468 Rahu 5:16PM – 6:48PM	Bava Until 9:25AM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 7:47PM	Moon – Red		Subha Sivaloka Day	
Until 3:19PM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

4		Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau			Kandy, Sri Lanka Sun 27 Sutra 358
Simha Rasi: 22.28	Tithi 13 – 14	Gulika 2:13PM – 3:44PM	Purvaphalguni Until 12:38PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Vikarin 5121	
Family Home Evening		Yama 11:09AM – 12:41PM	Vriddhi Until 11:21PM	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	154933468 Rahu 8:06AM – 9:38AM	Kaulava Until 6:05AM	Nataraja: Purple		4th Phase	
			Trayodashi Until 4:15PM	Moon – Red		Sivaloka Day	
				Chaitra•Panguni			
				<i>Pradosha Vrata</i>			

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashil/Purnimayam Titau			Kandy, Sri Lanka Sun 28 Sutra 359
Copper Retreat Star		Gulika 12:41PM – 2:12PM	Uttaraphalguni Until 9:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Vikarin 5121	
Kanya Rasi: 7.39	Tithi 14 – 15	Yama 9:37AM – 11:09AM	Dhruva Until 7:01PM	Muruqa: Orange	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 49	
		154933468 Rahu 3:44PM – 5:16PM	Visti Until 10:31PM	Nataraja: Purple		Purnima	
Creative Work	Amrita Yoga		Chaturdashi* Until 12:27PM	Moon – Red		Sivaloka Day	
Until 9:32AM		Panguni Uttiram		Chaitra•Panguni			
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

5		Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kandy, Sri Lanka Sun 29 Sutra 360
Silver Retreat Star		Gulika 11:09AM – 12:40PM	Hasta Until 6:34AM	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	Vikarin 5121	
Kanya Rasi: 22.58	Tithi 15 – 16	Yama 8:05AM – 9:37AM	Vyaghata* Until 2:40PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 49	
		164934468 Rahu 12:40PM – 2:12PM	Balava Until 6:39PM	Nataraja: Purple		Prathama	
Routine Work	Marana Yoga		Purnima* Until 8:33AM	Moon – Green		Devaloka Day	
Until 6:34AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kandy, Sri Lanka
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 8.12 Tithi 17
164934468
Creative Work Amrita Yoga
Until 12:39AM Fri
Then Creative Work - Siddha Yoga

Gulika 9:36AM – 11:08AM
Yama 6:33AM – 8:05AM
Rahu 2:12PM – 3:44PM

Svati Until 12:39AM Fri
Harshana Until 10:27AM
Taitila Until 2:57PM
Dvitiya Until 1:12AM Fri

Ganesha: Purple *Sunrise:* 6:33AM
Muruḡa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Kandy, Sri Lanka
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 23.13 Tithi 18
174134468
Creative Work Siddha Yoga

Gulika 8:04AM – 9:36AM
Yama 3:43PM – 5:15PM
Rahu 11:08AM – 12:40PM

Vishakha Until 10:27PM
Vajra* Until 6:28AM
Vanija Until 11:36AM
Tritiya Until 10:06PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruḡa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Kandy, Sri Lanka
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virschika Rasi: 7.53 Tithi 19
174134468
Creative Work Siddha Yoga

Gulika 6:32AM – 8:04AM
Yama 2:11PM – 3:43PM
Rahu 9:36AM – 11:08AM

Anuradha Until 8:43PM
Vyatipata* Until 11:51PM
Bava Until 8:46AM
Chaturthi* Until 7:34PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruḡa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Variyan Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Kandy, Sri Lanka
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virschika Rasi: 22.05 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 7:33PM
Then Creative Work - Amrita Yoga

Gulika 3:43PM – 5:15PM
Yama 12:39PM – 2:11PM
Rahu 5:15PM – 6:47PM

Jyeshtha* Until 7:33PM
Variyan Until 9:23PM
Kaulava Until 6:36AM
Panchami Until 5:47PM

Ganesha: Yellow *Sunrise:* 6:31AM
Muruḡa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kandy, Sri Lanka
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 5.49 Tithi 21 – 22
184134468
Family Home Evening
Creative Work Siddha Yoga
Until 7:31PM
Then Routine Work - Marana Yoga

Gulika 2:11PM – 3:43PM
Yama 11:07AM – 12:39PM
Rahu 8:03AM – 9:35AM

Mula* Until 7:31PM
Parigha* Until 7:36PM
Visti Until 4:39AM Tue
Shashthi* Until 4:48PM

Ganesha: Blue *Sunrise:* 6:31AM
Muruḡa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

5

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kandy, Sri Lanka
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 19.03 Tithi 22 – 23
284134468
Creative Work Siddha Yoga
Until 8:09PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:39PM – 2:11PM
Yama 9:35AM – 11:07AM
Rahu 3:43PM – 5:15PM

Purvashadha* Until 8:09PM
Shiva Until 6:30PM
Balava Until 4:57AM Wed
Saptami Until 4:41PM

Ganesha: Yellow *Sunrise:* 6:30AM
Muruḡa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

D

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kandy, Sri Lanka
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Makara Rasi: 1.52 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 9:24PM
Then Creative Work - Siddha Yoga

Gulika 11:06AM – 12:38PM
Yama 8:02AM – 9:34AM
Rahu 12:38PM – 2:11PM

Uttarashadha Until 9:24PM
Siddha Until 6:00PM
Taitila Until 5:59AM Thu
Ashtami* Until 5:22PM

Ganesha: Yellow *Sunrise:* 6:30AM
Muruḡa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Thursday, April 16, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara Karana Navamyam Titau

Kandy, Sri Lanka
Sun 7 Sutra 4
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 14.2 Tithi 24
294134468
Creative Work Siddha Yoga

Gulika 9:34AM – 11:06AM
Yama 6:30AM – 8:02AM
Rahu 2:10PM – 3:43PM

Shravana Until 11:36PM
Sadhya Until 6:02PM
Gara Until 6:44PM
Navami* Until 6:44PM

Ganesha: Blue *Sunrise:* 6:30AM
Muruḡa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Devaloka Day

Chidambaram Abhishekam

1		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Kandy, Sri Lanka Sun 8 Sutra 5
Makara Rasi: 26.33	Tithi 25	Gulika 8:01AM – 9:34AM	Dhanishtha Until 2:07AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:29AM		Sarvari 5122	
		Yama 3:42PM – 5:15PM	Subha Until 6:30PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 1	
		294134468 Rahu 11:06AM – 12:38PM	Vanija Until 7:38AM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:37PM	Moon – Purple		Devaloka Day		
Until 2:07AM Sat				Chaitra+Chaitra				
Then Creative Work - Amrita Yoga								
2		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 6
Kumbha Rasi: 8.35	Tithi 26	Gulika 6:29AM – 8:01AM	Shatabhishak Until 4:46AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM		Sarvari 5122	
		Yama 2:10PM – 3:42PM	Sukla Until 7:12PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 1	
		295134468 Rahu 9:33AM – 11:06AM	Bava Until 9:43AM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 10:51PM	Moon – Purple		Sivaloka Day		
Until 4:46AM Sun				Chaitra+Chaitra				
Then Creative Work - Siddha Yoga								
3		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 7
Kumbha Rasi: 20.31	Tithi 27	Gulika 3:42PM – 5:14PM	Purvaproshtapada* Until 7:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:28AM		Sarvari 5122	
		Yama 12:38PM – 2:10PM	Brahma Until 8:04PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 1	
		215134468 Rahu 5:14PM – 6:47PM	Kaulava Until 12:03PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 1:15AM Mon	Moon – Clear		Sivaloka Day		
Until 7:53AM				Chaitra+Chaitra				
Then Creative Work - Siddha Yoga								
4		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 8
Meena Rasi: 2.23	Tithi 28	Gulika 2:10PM – 3:42PM	Purvaproshtapada* Until 7:53AM	Ganesha: Yellow	<i>Sunrise:</i> 6:28AM		Sarvari 5122	
Family Home Evening		Yama 11:05AM – 12:37PM	Indra Until 9:00PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 1	
Routine Work	Marana Yoga	215134468 Rahu 8:00AM – 9:33AM	Gara Until 2:30PM	Nataraja: Purple			2nd Phase	
Until 7:53AM			Trayodashi* Until 3:42AM Tue	Moon – Clear		Sivaloka Day		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Chaitra+Chaitra				
5		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 9
Meena Rasi: 14.16	Tithi 29	Gulika 12:37PM – 2:10PM	Uttaraproshtapada Until 10:51AM	Ganesha: Yellow	<i>Sunrise:</i> 6:28AM		Sarvari 5122	
		Yama 9:32AM – 11:05AM	Vaidhriti* Until 9:53PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 1	
		215134468 Rahu 3:42PM – 5:14PM	Visti Until 4:56PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 6:06AM Wed	Moon – Clear		Sivaloka Day		
Until 10:51AM				Chaitra+Chaitra				
Then Creative Work - Siddha Yoga								
Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kandy, Sri Lanka Sun 13 Sutra 10
Meena Rasi: 26.08	Tithi 29 – 30	Gulika 11:05AM – 12:37PM	Revati Until 1:35PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
		Yama 8:00AM – 9:32AM	Vishkambha* Until 10:43PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 1	
		215134468 Rahu 12:37PM – 2:09PM	Catuspada Until 7:17PM	Nataraja: Purple			Amavasya	
Routine Work	Marana Yoga		Chaturdashi* Until 6:06AM	Moon – Clear		Sivaloka Day		
				Chaitra+Chaitra				
Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 11
Mesha Rasi: 8.04	Tithi 30 – 1	Gulika 9:32AM – 11:04AM	Ashvini Until 4:31PM	Ganesha: Red	<i>Sunrise:</i> 6:27AM		Sarvari 5122	
		Yama 6:27AM – 7:59AM	Priti Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 1	
		225134468 Rahu 2:09PM – 3:42PM	Kintughna Until 9:29PM	Nataraja: Purple			Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 8:23AM	Moon – White		Sivaloka Day		
Until 4:31PM				Vaisaka+Chaitra				
Then Creative Work - Siddha Yoga								

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 12
	Mesha Rasi: 20.04	Tithi 1 – 2	Gulika 7:59AM – 9:32AM	Bharani Until 7:06PM	Ganesha: Red	<i>Sunrise:</i> 6:26AM	Sarvari 5122
			Yama 3:42PM – 5:14PM	Ayushman Until 11:59PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	225134469 Rahu 11:04AM – 12:37PM	Balava Until 11:28PM	Nataraja: Clear		3rd Phase
			Prathama* Until 10:29AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kandy, Sri Lanka Sun 16 Sutra 13
	Virshabha Rasi: 2.09	Tithi 2 – 3	Gulika 6:26AM – 7:59AM	Krittika Until 9:16PM	Ganesha: Red	<i>Sunrise:</i> 6:26AM	Sarvari 5122
			Yama 2:09PM – 3:42PM	Saubhagya Until 12:19AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	225134469 Rahu 9:31AM – 11:04AM	Taitila Until 1:11AM Sun	Nataraja: Clear		3rd Phase
			Dvitiya Until 12:21PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kandy, Sri Lanka Sun 17 Sutra 14
	Virshabha Rasi: 14.22	Tithi 3 – 4	Gulika 3:41PM – 5:14PM	Rohini Until 11:26PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Sarvari 5122
			Yama 12:36PM – 2:09PM	Sobhana Until 12:24AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	235134469 Rahu 5:14PM – 6:47PM	Vanija Until 2:32AM Mon	Nataraja: Clear		3rd Phase
			Tritiya Until 1:53PM	Moon – Yellow		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka Sun 18 Sutra 15
	Virshabha Rasi: 26.43	Tithi 4 – 5	Gulika 2:09PM – 3:41PM	Mrigashira Until 1:00AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sarvari 5122
	Family Home Evening		Yama 11:03AM – 12:36PM	Athiganda* Until 12:07AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	235134469 Rahu 7:58AM – 9:31AM	Bava Until 3:27AM Tue	Nataraja: Clear		3rd Phase
			Chaturthi* Until 3:02PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kandy, Sri Lanka Sun 19 Sutra 16
	Mithuna Rasi: 9.17	Tithi 5 – 6	Gulika 12:36PM – 2:09PM	Ardra Until 1:55AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	Sarvari 5122
			Yama 9:31AM – 11:03AM	Sukarma Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Routine Work	Marana Yoga	236134469 Rahu 3:41PM – 5:14PM	Kaulava Until 3:49AM Wed	Nataraja: Clear		3rd Phase
			Panchami Until 3:41PM	Moon – Yellow		Bhuloka Day	
			Adi Sankara Jayanthi	Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 17
	Mithuna Rasi: 22.06	Tithi 6 – 7	Gulika 11:03AM – 12:36PM	Punarvasu Until 2:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sarvari 5122
			Yama 7:58AM – 9:30AM	Dhriti Until 10:19PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	246134469 Rahu 12:36PM – 2:09PM	Gara Until 3:34AM Thu	Nataraja: Clear		3rd Phase
			Shashthi* Until 3:45PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

☽	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 18
	Retreat Star		Gulika 9:30AM – 11:03AM	Pushya Until 2:23AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sarvari 5122
	Kataka Rasi: 5.14	Tithi 7 – 8	Yama 6:25AM – 7:57AM	Shula* Until 8:39PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	246134469 Rahu 2:08PM – 3:41PM	Visti Until 2:40AM Fri	Nataraja: Clear		Ashtami
			Saptami Until 3:11PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

☽	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 19
	Retreat Star		Gulika 7:57AM – 9:30AM	Ashlesha* Until 1:24AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	Sarvari 5122
	Kataka Rasi: 18.43	Tithi 8 – 9	Yama 3:41PM – 5:14PM	Ganda* Until 6:27PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Routine Work	Marana Yoga	246134469 Rahu 11:03AM – 12:35PM	Balava Until 1:06AM Sat	Nataraja: Clear		Navami
			Ashtami* Until 1:57PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kandy, Sri Lanka Sun 23 Sutra 20	
Simha Rasi: 2.35	Tithi 9 – 10	Gulika 6:24AM – 7:57AM	Magha* Until 12:06AM Sun	Ganesha: White	<i>Sunrise:</i> 6:24AM	Sarvari 5122	
		Yama 2:08PM – 3:41PM	Vriddhi Until 3:45PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3	
	256134469	Rahu 9:29AM – 11:02AM	Taitila Until 10:55PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 12:04PM	Moon – Red		Bhuloka Day	
Until 12:06AM Sun				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kandy, Sri Lanka Sun 24 Sutra 21	
Simha Rasi: 16.52	Tithi 10 – 11	Gulika 3:41PM – 5:14PM	Purvaphalguni Until 10:08PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	Sarvari 5122	
		Yama 12:35PM – 2:08PM	Dhruva Until 12:34PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3	
	256134469	Rahu 5:14PM – 6:47PM	Vanija Until 8:11PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 9:36AM	Moon – Red		Bhuloka Day	
Until 10:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Vistil*/Balava Karana Ekadashi/Dvadashyam Titau		Kandy, Sri Lanka Sun 25 Sutra 22	
Kanya Rasi: 1.29	Tithi 11 – 12	Gulika 2:08PM – 3:41PM	Uttaraphalguni Until 7:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sarvari 5122	
Family Home Evening		Yama 11:02AM – 12:35PM	Vyaghata* Until 9:00AM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3	
	256234469	Rahu 7:56AM – 9:29AM	Balava Until 3:20AM Tue	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:38AM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kandy, Sri Lanka Sun 26 Sutra 23	
Kanya Rasi: 16.23	Tithi 13	Gulika 12:35PM – 2:08PM	Hasta Until 5:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sarvari 5122	
		Yama 9:29AM – 11:02AM	Vajra* Until 1:09AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3	
	267234469	Rahu 3:41PM – 5:14PM	Kaulava Until 1:36PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 11:48PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			
				<i>Pradosha Vrata</i>			

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Kandy, Sri Lanka Sun 27 Sutra 24	
Tula Rasi: 1.26	Tithi 14	Gulika 11:02AM – 12:35PM	Chitra Until 2:19PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sarvari 5122	
		Yama 7:56AM – 9:29AM	Siddhi Until 9:06PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3	
	267234469	Rahu 12:35PM – 2:08PM	Gara Until 10:02AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:14PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vistil*/Balava Karana Purnima/Prathamayam Titau		Kandy, Sri Lanka Sutra 25	
Copper Retreat Star		Gulika 9:29AM – 11:02AM	Svati Until 11:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sarvari 5122	
Tula Rasi: 16.29	Tithi 15 – 16	Yama 6:22AM – 7:56AM	Vyatipata* Until 5:09PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3	
	267234469	Rahu 2:08PM – 3:41PM	Vistil Until 6:29AM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 4:45PM	Moon – Green		Devaloka Day	
Until 11:28AM		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Kandy, Sri Lanka Sutra 26	
Silver Retreat Star		Gulika 7:55AM – 9:29AM	Vishakha Until 9:08AM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	Sarvari 5122	
Vrischika Rasi: 1.24	Tithi 16 – 17	Yama 3:41PM – 5:14PM	Variyan Until 1:25PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3	
	277234469	Rahu 11:02AM – 12:35PM	Taitila Until 12:07AM Sat	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 1:33PM	Moon – Orange		Bhuloka Day	
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda