



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 27.01 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:44PM – 5:22PM
Yama 12:28PM – 2:06PM
Rahu 5:22PM – 7:01PM

Vishakha Until 4:58PM
Vyatipata* Until 3:29AM Mon
Vanija Until 11:53PM
Dvitiya Until 12:31PM

Ganesha: Blue *Sunrise:* 5:55AM
Muruqa: Yellow *Sunset:* 7:01PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Jalandhar, India
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 10.41 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:06PM – 3:44PM
Yama 10:49AM – 12:27PM
Rahu 7:32AM – 9:11AM

Anuradha Until 4:43PM
Variyan Until 1:53AM Tue
Bava Until 11:09PM
Tritiya Until 11:24AM

Ganesha: Blue *Sunrise:* 5:54AM
Muruqa: Yellow *Sunset:* 7:01PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Jalandhar, India
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 23.56 Tithi 19 – 20

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:27PM – 2:06PM
Yama 9:10AM – 10:49AM
Rahu 3:45PM – 5:23PM

Jyeshtha* Until 5:05PM
Parigha* Until 12:57AM Wed
Kaulava Until 11:13PM
Chaturthi* Until 11:03AM

Ganesha: Blue *Sunrise:* 5:53AM
Muruqa: Yellow *Sunset:* 7:02PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Jalandhar, India
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 6.45 Tithi 20 – 21

Routine Work Marana Yoga

Until 6:34PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:48AM – 12:27PM
Yama 7:30AM – 9:09AM
Rahu 12:27PM – 2:06PM

Mula* Until 6:34PM
Shiva Until 12:39AM Thu
Gara Until 12:06AM Thu
Panchami Until 11:32AM

Ganesha: Yellow *Sunrise:* 5:52AM
Muruqa: Yellow *Sunset:* 7:03PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Jalandhar, India
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 19.13 Tithi 21 – 22

Creative Work Siddha Yoga

Until 8:38PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:09AM – 10:48AM
Yama 5:51AM – 7:30AM
Rahu 2:06PM – 3:45PM

Purvashadha* Until 8:38PM
Siddha Until 12:53AM Fri
Visti Until 1:42AM Fri
Shashthi* Until 12:48PM

Ganesha: Yellow *Sunrise:* 5:51AM
Muruqa: Yellow *Sunset:* 7:03PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Jalandhar, India
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

●

Friday, April 26, 2019

Retreat Star

Makara Rasi: 1.22 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:29AM – 9:08AM
Yama 3:45PM – 5:25PM
Rahu 10:47AM – 12:27PM

Uttarashadha Until 11:05PM
Sadhya Until 1:34AM Sat
Balava Until 3:52AM Sat
Saptami Until 2:43PM

Ganesha: Red *Sunrise:* 5:49AM
Muruqa: Yellow *Sunset:* 7:04PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Jalandhar, India
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 13.2 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:14AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:48AM – 7:28AM
Yama 2:06PM – 3:46PM
Rahu 9:08AM – 10:47AM

Shravana Until 2:14AM Sun
Subha Until 2:31AM Sun
Taitila Until 6:21AM Sun
Ashtami* Until 5:04PM

Ganesha: Green *Sunrise:* 5:48AM
Muruqa: Yellow *Sunset:* 7:05PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Jalandhar, India
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau		Jalandhar, India Sun 7 Sutra 14 Vikarin 5121	
Makara Rasi: 25.11	Tithi 24	Gulika 3:46PM – 5:26PM	Dhanishtha Until 5:18AM Mon	Ganesha: Green <i>Sunrise:</i> 5:47AM	Vikarin 5121
		Yama 12:26PM – 2:06PM	Sukla Until 3:31AM Mon	Muruqa: Yellow <i>Sunset:</i> 7:05PM	Moon 4 - Phase 3
	294583469	Rahu 5:26PM – 7:05PM	Taitila Until 6:21AM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Navami* Until 7:36PM	Chaitra+Chaitra	Bhuloka Day
Until 5:18AM Mon					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visli* Karana Dashamyam Titau		Jalandhar, India Sun 8 Sutra 15 Vikarin 5121	
Kumbha Rasi: 7	Tithi 25	Gulika 2:06PM – 3:46PM	Shatabhishak Until 8:04AM Tue	Ganesha: Green <i>Sunrise:</i> 5:47AM	Vikarin 5121
Family Home Evening		Yama 10:46AM – 12:26PM	Brahma Until 4:27AM Tue	Muruqa: Yellow <i>Sunset:</i> 7:06PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 7:26AM – 9:06AM	Vanija Until 8:54AM	Nataraja: Clear	2nd Phase
Until 8:04AM Tue			Dashami Until 10:06PM	Chaitra+Chaitra	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shatabhishak/Purvaprosnthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Jalandhar, India Sun 9 Sutra 16 Vikarin 5121	
Kumbha Rasi: 18.52	Tithi 26	Gulika 12:26PM – 2:06PM	Shatabhishak Until 8:04AM	Ganesha: Green <i>Sunrise:</i> 5:46AM	Vikarin 5121
		Yama 9:06AM – 10:46AM	Indra Until 5:09AM Wed	Muruqa: Yellow <i>Sunset:</i> 7:07PM	Moon 4 - Phase 3
	294583469	Rahu 3:46PM – 5:27PM	Bava Until 11:16AM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 12:19AM Wed	Chaitra+Chaitra	Bhuloka Day
Until 10:51AM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Jalandhar, India Sun 10 Sutra 17 Vikarin 5121	
Meena Rasi: 0.52	Tithi 27	Gulika 10:46AM – 12:26PM	Purvaprosnthapada* Until 10:51AM	Ganesha: Purple <i>Sunrise:</i> 5:45AM	Vikarin 5121
		Yama 7:25AM – 9:05AM	Vaidhrili* Until 5:29AM Thu	Muruqa: Yellow <i>Sunset:</i> 7:07PM	Moon 4 - Phase 3
	214583469	Rahu 12:26PM – 2:06PM	Kaulava Until 1:17PM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:06AM Thu	Chaitra+Chaitra	Bhuloka Day
Until 10:51AM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprosnthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Jalandhar, India Sun 11 Sutra 18 Vikarin 5121	
Meena Rasi: 13.03	Tithi 28	Gulika 9:05AM – 10:45AM	Uttaraprosnthapada Until 1:01PM	Ganesha: Purple <i>Sunrise:</i> 5:44AM	Vikarin 5121
		Yama 5:44AM – 7:24AM	Vishkambha* Until 5:26AM Fri	Muruqa: Yellow <i>Sunset:</i> 7:08PM	Moon 4 - Phase 3
	214583469	Rahu 2:06PM – 3:47PM	Gara Until 2:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:22AM Fri	Chaitra+Chaitra	Bhuloka Day
Until 2:31PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Jalandhar, India Sun 12 Sutra 19 Vikarin 5121	
Meena Rasi: 25.27	Tithi 29	Gulika 7:24AM – 9:04AM	Revati Until 2:31PM	Ganesha: Light Blue <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 3:47PM – 5:28PM	Priti Until 4:58AM Sat	Muruqa: Yellow <i>Sunset:</i> 7:09PM	Moon 4 - Phase 3
	215583469	Rahu 10:45AM – 12:26PM	Visti Until 3:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:06AM Sat	Chaitra+Chaitra	Bhuloka Day
Until 2:31PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Jalandhar, India Sun 13 Sutra 20 Vikarin 5121	
Retreat Star		Gulika 5:42AM – 7:23AM	Ashvini Until 3:48PM	Ganesha: Purple <i>Sunrise:</i> 5:42AM	Vikarin 5121
Mesha Rasi: 8.05	Tithi 30	Yama 2:07PM – 3:48PM	Ayushman Until 4:04AM Sun	Muruqa: Yellow <i>Sunset:</i> 7:09PM	Moon 4 - Phase 3
	225583469	Rahu 9:04AM – 10:45AM	Catuspada Until 4:17PM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:17AM Sun	Chaitra+Chaitra	Bhuloka Day
Until 4:25PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Jalandhar, India Sun 14 Sutra 21 Vikarin 5121	
Retreat Star		Gulika 3:48PM – 5:29PM	Bharani Until 4:25PM	Ganesha: Purple <i>Sunrise:</i> 5:41AM	Vikarin 5121
Mesha Rasi: 20.59	Tithi 1	Yama 12:26PM – 2:07PM	Saubhagya Until 2:48AM Mon	Muruqa: Yellow <i>Sunset:</i> 7:10PM	Moon 4 - Phase 3
	225583469	Rahu 5:29PM – 7:10PM	Kintughna Until 4:13PM	Nataraja: Clear	Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 4:00AM Mon	Vaisaka+Chaitra	Bhuloka Day
Until 4:25PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Jalandhar, India Sun 15 Sutra 22 Vikarin 5121	
1		Gulika 2:07PM – 3:48PM	Krittika Until 4:28PM	Ganesha: Purple <i>Sunrise:</i> 5:40AM	Vikarin 5121
Virshabha Rasi: 4.07	Tithi 2	Yama 10:44AM – 12:25PM	Sobhana Until 1:13AM Tue	Muruqa: Yellow <i>Sunset:</i> 7:11PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 7:21AM – 9:03AM	Balava Until 3:43PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 3:19AM Tue	Moon – White	Bhuloka Day
Until 4:28PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Jalandhar, India Sun 16 Sutra 23 Vikarin 5121	
2		Gulika 12:25PM – 2:07PM	Rohini Until 4:26PM	Ganesha: Light Blue <i>Sunrise:</i> 5:39AM	Vikarin 5121
Virshabha Rasi: 17.28	Tithi 3	Yama 9:02AM – 10:44AM	Athiganda* Until 11:20PM	Muruqa: Yellow <i>Sunset:</i> 7:12PM	Moon 4 - Phase 4
	235583469	Rahu 3:48PM – 5:30PM	Taitila Until 2:51PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Taitiya Until 2:16AM Wed	Moon – Yellow	Bhuloka Day
Until 4:26PM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau		Jalandhar, India Sun 17 Sutra 24 Vikarin 5121	
3		Gulika 10:44AM – 12:25PM	Mrigashira Until 3:57PM	Ganesha: Light Blue <i>Sunrise:</i> 5:38AM	Vikarin 5121
Mithuna Rasi: 0.59	Tithi 4	Yama 7:20AM – 9:02AM	Sukarma Until 9:14PM	Muruqa: Yellow <i>Sunset:</i> 7:12PM	Moon 4 - Phase 4
	235583469	Rahu 12:25PM – 2:07PM	Vanija Until 1:40PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 12:57AM Thu	Moon – Yellow	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Jalandhar, India Sun 18 Sutra 25 Vikarin 5121	
4		Gulika 9:01AM – 10:43AM	Ardra Until 3:05PM	Ganesha: Light Blue <i>Sunrise:</i> 5:38AM	Vikarin 5121
Mithuna Rasi: 14.41	Tithi 5	Yama 5:38AM – 7:20AM	Dhriti Until 6:58PM	Muruqa: Yellow <i>Sunset:</i> 7:13PM	Moon 4 - Phase 4
	235583469	Rahu 2:07PM – 3:49PM	Bava Until 12:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Panchami Until 11:24PM	Moon – Yellow	Bhuloka Day
Until 3:05PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Jalandhar, India Sun 19 Sutra 26 Vikarin 5121	
5		Gulika 7:19AM – 9:01AM	Punarvasu Until 2:18PM	Ganesha: Orange <i>Sunrise:</i> 5:37AM	Vikarin 5121
Mithuna Rasi: 28.31	Tithi 6	Yama 3:49PM – 5:31PM	Shula* Until 4:29PM	Muruqa: Yellow <i>Sunset:</i> 7:14PM	Moon 4 - Phase 4
	245583469	Rahu 10:43AM – 12:25PM	Kaulava Until 10:34AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 9:39PM	Moon – Blue	Devaloka Day
Until 2:18PM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau		Jalandhar, India Sun 20 Sutra 27 Vikarin 5121	
6		Gulika 5:36AM – 7:18AM	Pushya Until 1:10PM	Ganesha: Orange <i>Sunrise:</i> 5:36AM	Vikarin 5121
Kataka Rasi: 12.28	Tithi 7	Yama 2:07PM – 3:50PM	Ganda* Until 1:52PM	Muruqa: Yellow <i>Sunset:</i> 7:14PM	Moon 4 - Phase 4
	245583469	Rahu 9:01AM – 10:43AM	Gara Until 8:43AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 7:42PM	Moon – Blue	Devaloka Day
Until 1:10PM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Jalandhar, India Sun 21 Sutra 28 Vikarin 5121	
Retreat Star		Gulika 3:50PM – 5:32PM	Ashlesha* Until 11:44AM	Ganesha: Clear <i>Sunrise:</i> 5:35AM	Vikarin 5121
Kataka Rasi: 26.32	Tithi 8 – 9	Yama 12:25PM – 2:08PM	Vridhhi Until 11:08AM	Muruqa: Yellow <i>Sunset:</i> 7:15PM	Moon 4 - Phase 4
	246583469	Rahu 5:32PM – 7:15PM	Visti Until 6:41AM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 5:35PM	Moon – Blue	Devaloka Day
Until 11:44AM		Mother's Day		Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Jalandhar, India Sun 22 Sutra 29 Vikarin 5121	
Retreat Star		Gulika 2:08PM – 3:50PM	Magha* Until 10:25AM	Ganesha: White <i>Sunrise:</i> 5:35AM	Vikarin 5121
Simha Rasi: 10.42	Tithi 9 – 10	Yama 10:43AM – 12:25PM	Dhruva Until 8:14AM	Muruqa: Yellow <i>Sunset:</i> 7:16PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 7:17AM – 9:00AM	Taitila Until 2:11AM Tue	Nataraja: Clear	Navami
Routine Work Marana Yoga			Navami* Until 3:20PM	Moon – Red	Bhuloka Day
Until 10:25AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					


1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 23 Sutra 30
Simha Rasi: 24.57	Tithi 10 – 11	Gulika 12:25PM – 2:08PM	Purvaphalguni Until 8:52AM	Ganesha: White	<i>Sunrise:</i> 5:34AM	Vikarin 5121	
		Yama 9:00AM – 10:42AM	Harshana Until 2:15AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 5	
	256583469	Rahu 3:51PM – 5:33PM	Vanija Until 11:49PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 12:59PM	Moon – Red		Bhuloka Day	
Until 8:52AM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Jalandhar, India Sun 24 Sutra 31
Kanya Rasi: 19.14	Tithi 11 – 12	Gulika 10:42AM – 12:25PM	Uttaraphalguni Until 7:07AM	Ganesha: White	<i>Sunrise:</i> 5:33AM	Vikarin 5121	
		Yama 7:16AM – 8:59AM	Vajra* Until 11:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 5	
	256583469	Rahu 12:25PM – 2:08PM	Bava Until 9:26PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 10:36AM	Moon – Red		Bhuloka Day	
Until 7:07AM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 25 Sutra 32
Kanya Rasi: 23.31	Tithi 12 – 13	Gulika 8:59AM – 10:42AM	Chitra Until 4:15AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Vikarin 5121	
		Yama 5:33AM – 7:16AM	Siddhi Until 8:19PM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5	
	266583469	Rahu 2:08PM – 3:51PM	Kaulava Until 7:09PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:15AM	Moon – Green		Devaloka Day	
				Vaisaka-Vaikasi			

Pradosha Vrata

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Varyan Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 26 Sutra 33
Tula Rasi: 7.41	Tithi 13 – 14	Gulika 7:15AM – 8:59AM	Svati Until 2:56AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM	Vikarin 5121	
		Yama 3:52PM – 5:35PM	Vyatipata* Until 5:35PM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5	
	266583469	Rahu 10:42AM – 12:25PM	Vanija Until 4:09AM Sat	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:04AM	Moon – Green		Devaloka Day	
				Vaisaka-Vaikasi			

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Jalandhar, India Sun 27 Sutra 34
Tula Rasi: 21.41	Tithi 15	Gulika 5:31AM – 7:15AM	Vishakha Until 2:18AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Vikarin 5121	
		Yama 2:09PM – 3:52PM	Varyan Until 3:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5	
	276583469	Rahu 8:58AM – 10:42AM	Visti Until 3:22PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 2:39AM Sun	Moon – Orange		Bhuloka Day	
Until 2:18AM Sun				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

Sunday, May 19, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Jalandhar, India Sutra 35
Vrischika Rasi: 5.25	Tithi 16	Gulika 3:52PM – 5:36PM	Anuradha Until 2:03AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Vikarin 5121	
		Yama 12:25PM – 2:09PM	Parigha* Until 1:02PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 5	
	277583469	Rahu 5:36PM – 7:20PM	Balava Until 2:06PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 1:40AM Mon	Moon – Orange		Devaloka Day	
Until 2:03AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 18.5 Tithi 17
Family Home Evening 277583469
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:09PM – 3:53PM
Yama 10:42AM – 12:25PM
Rahu 7:14AM – 8:58AM
Jyeshtha* Until 2:17AM Tue
Shiva Until 11:26AM
Taitila Until 1:26PM
Dvitiya Until 1:19AM Tue

Jalandhar, India Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Yellow Sunrise: 5:30AM
Muruga: Yellow Sunset: 7:20PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 1.55 Tithi 18
287583469
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:25PM – 2:09PM
Yama 8:58AM – 10:41AM
Rahu 3:53PM – 5:37PM
Mula* Until 3:29AM Wed
Siddha Until 10:20AM
Vanija Until 1:25PM
Tritiya Until 1:40AM Wed

Jalandhar, India Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Sivaloka Day
Ganesha: Blue Sunrise: 5:30AM
Muruga: Yellow Sunset: 7:21PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 14.38 Tithi 19
287683469
Creative Work Amrita Yoga
Until 5:13AM Thu
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:41AM – 12:25PM
Yama 7:13AM – 8:57AM
Rahu 12:25PM – 2:09PM
Purvashadha* Until 5:13AM Thu
Sadhya Until 9:48AM
Bava Until 2:07PM
Chaturthi* Until 2:42AM Thu

Jalandhar, India Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red Sunrise: 5:29AM
Muruga: Yellow Sunset: 7:22PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 27.04 Tithi 20
287683469
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:57AM – 10:41AM
Yama 5:29AM – 7:13AM
Rahu 2:10PM – 3:54PM
Uttarashadha Until 7:22AM Fri
Subha Until 9:49AM
Kaulava Until 3:29PM
Panchami Until 4:21AM Fri

Jalandhar, India Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red Sunrise: 5:29AM
Muruga: Yellow Sunset: 7:22PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 9.13 Tithi 21
287683469
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:13AM – 8:57AM
Yama 3:54PM – 5:38PM
Rahu 10:41AM – 12:26PM
Uttarashadha Until 7:22AM
Sukla Until 10:15AM
Gara Until 5:24PM
Shashthi* Until 6:29AM Sat

Jalandhar, India Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red Sunrise: 5:28AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 21.12 Tithi 21 – 22
297683469
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 5:28AM – 7:12AM
Yama 2:10PM – 3:55PM
Rahu 8:57AM – 10:41AM
Shravana Until 10:17AM
Brahma Until 11:01AM
Visti Until 7:41PM
Shashthi* Until 6:29AM

Jalandhar, India Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Ganesha: Green Sunrise: 5:28AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 3.05 Tithi 22 – 23
398683469
Routine Work Marana Yoga
Until 1:14PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Gulika 3:55PM – 5:39PM
Yama 12:26PM – 2:10PM
Rahu 5:39PM – 7:24PM
Dhanishtha Until 1:14PM
Indra Until 11:59AM
Balava Until 10:07PM
Saptami Until 8:52AM

Jalandhar, India Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami
Sivaloka Day
Ganesha: Blue Sunrise: 5:27AM
Muruga: Yellow Sunset: 7:24PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 14.56 Tithi 23 – 24
398683469
Family Home Evening
Creative Work Siddha Yoga
Until 4:02PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosanthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:11PM – 3:55PM
Yama 10:41AM – 12:26PM
Rahu 7:12AM – 8:56AM
Shatabhishak Until 4:02PM
Vaidhriti* Until 12:55PM
Taitila Until 12:27AM Tue
Ashtami* Until 11:17AM

Jalandhar, India Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami
Sivaloka Day
Ganesha: Blue Sunrise: 5:27AM
Muruga: Yellow Sunset: 7:25PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Jalandhar, India Sun 9 Sutra 44
Kumbha Rasi: 26.51	Tithi 24 – 25	Gulika 12:26PM – 2:11PM	Purvaproshtapada* Until 6:56PM	Ganesha: Purple	<i>Sunrise:</i> 5:27AM	Vikarin 5121	
		Yama 8:56AM – 10:41AM	Vishkambha* Until 1:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 7	
		318683469 Rahu 3:56PM – 5:40PM	Vanija Until 2:30AM Wed	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 1:30PM	Moon – Clear		Sivaloka Day	
Until 6:56PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Jalandhar, India Sun 10 Sutra 45
Meena Rasi: 8.54	Tithi 25 – 26	Gulika 10:41AM – 12:26PM	Uttaraproshtapada Until 9:15PM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM	Vikarin 5121	
		Yama 7:11AM – 8:56AM	Priti Until 2:13PM	Muruqa: Yellow	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 7	
		318683469 Rahu 12:26PM – 2:11PM	Bava Until 4:04AM Thu	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 3:20PM	Moon – Clear		Sivaloka Day	
Until 9:15PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Jalandhar, India Sun 11 Sutra 46
Meena Rasi: 21.09	Tithi 26 – 27	Gulika 8:56AM – 10:41AM	Revati Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM	Vikarin 5121	
		Yama 5:26AM – 7:11AM	Ayushman Until 2:17PM	Muruqa: Yellow	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 7	
		318683469 Rahu 2:11PM – 3:56PM	Kaulava Until 5:03AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 4:37PM	Moon – Clear		Sivaloka Day	
Until 10:52PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Jalandhar, India Sun 12 Sutra 47
Mesha Rasi: 3.39	Tithi 27 – 28	Gulika 7:11AM – 8:56AM	Ashvini Until 12:12AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Vikarin 5121	
		Yama 3:57PM – 5:42PM	Saubhagya Until 1:53PM	Muruqa: Yellow	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 7	
		328683469 Rahu 10:41AM – 12:26PM	Gara Until 5:24AM Sat	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 5:17PM	Moon – White		Devaloka Day	
Until 12:12AM Sat				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Jalandhar, India Sun 13 Sutra 48
Mesha Rasi: 16.26	Tithi 28 – 29	Gulika 5:25AM – 7:11AM	Bharani Until 12:44AM Sun	Ganesha: White	<i>Sunrise:</i> 5:25AM	Vikarin 5121	
		Yama 2:12PM – 3:57PM	Sobhana Until 1:00PM	Muruqa: Yellow	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 7	
		329683469 Rahu 8:56AM – 10:41AM	Visti Until 5:07AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 5:19PM	Moon – White		Bhuloka Day	
Until 12:32AM Mon				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

6		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Jalandhar, India Sun 14 Sutra 49
Mesha Rasi: 29.34	Tithi 29 – 30	Gulika 3:57PM – 5:43PM	Krittika Until 12:32AM Mon	Ganesha: White	<i>Sunrise:</i> 5:25AM	Vikarin 5121	
		Yama 12:27PM – 2:12PM	Athiganda* Until 11:35AM	Muruqa: Yellow	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 7	
		329683469 Rahu 5:43PM – 7:28PM	Catuspada Until 4:14AM Mon	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:44PM	Moon – White		Bhuloka Day	
Until 12:32AM Mon				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

●		Monday, June 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Jalandhar, India Sun 15 Sutra 50
Retreat Star		Gulika 2:12PM – 3:58PM	Rohini Until 12:07AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:25AM	Vikarin 5121	
Vrishabha Rasi: 12.59	Tithi 30 – 1	Yama 10:41AM – 12:27PM	Sukarma Until 9:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 7	
Family Home Evening		339683469 Rahu 7:10AM – 8:56AM	Kintughna Until 2:52AM Tue	Nataraja: Clear		Amavasya	
Creative Work	Amrita Yoga		Amavasya* Until 3:35PM	Moon – Yellow		Bhuloka Day	
Until 12:07AM Tue				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, June 4, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Jalandhar, India Sun 16 Sutra 51
Vrishabha Rasi: 26.42	Tithi 1 – 2	Gulika 12:27PM – 2:12PM	Mrigashira Until 11:09PM	Ganesha: Green	<i>Sunrise:</i> 5:25AM	Vikarin 5121	
		Yama 8:56AM – 10:41AM	Dhriti Until 7:31AM	Muruqa: Yellow	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 7	
		339683469 Rahu 3:58PM – 5:44PM	Balava Until 1:05AM Wed	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:00PM	Moon – Yellow		Bhuloka Day	
Until 11:09PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

1	Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India
	Mithuna Rasi: 10.4	Tithi 2 - 3	339683461	Gulika 10:41AM - 12:27PM	Ardra Until 9:44PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon - Yellow	Sun 17 Sutra 52 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Creative Work	Siddha Yoga		Yama 7:10AM - 8:56AM	Ganda* Until 2:12AM Thu	Sunrise: 5:25AM Sunset: 7:30PM	
				Rahu 12:27PM - 2:13PM	Taitila Until 11:01PM	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
				Dvitiya Until 12:04PM	Jyeshtha-Vaikasi		

2	Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India
	Mithuna Rasi: 24.47	Tithi 3 - 4	349683461	Gulika 8:56AM - 10:42AM	Punarvasu Until 8:25PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon - Blue	Sun 18 Sutra 53 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Creative Work	Amrita Yoga		Yama 5:24AM - 7:10AM	Vriddhi Until 11:18PM	Sunrise: 5:24AM Sunset: 7:30PM	
				Rahu 2:13PM - 3:59PM	Vanija Until 8:45PM	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
				Tritiya Until 9:53AM	Jyeshtha-Vaikasi		

3	Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India
	Kataka Rasi: 9.01	Tithi 4 - 5	349683461	Gulika 7:10AM - 8:56AM	Pushya Until 6:51PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon - Blue	Sun 19 Sutra 54 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Routine Work	Marana Yoga		Yama 3:59PM - 5:45PM	Dhruva Until 8:19PM	Sunrise: 5:24AM Sunset: 7:31PM	
				Rahu 10:42AM - 12:27PM	Bava Until 6:24PM	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
				Chaturthi* Until 7:34AM	Jyeshtha-Vaikasi		

4	Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Jalandhar, India
	Kataka Rasi: 23.17	Tithi 6	349683461	Gulika 5:24AM - 7:10AM	Ashlesha* Until 5:08PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon - Blue	Sun 20 Sutra 55 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Routine Work	Marana Yoga		Yama 2:13PM - 3:59PM	Vyaghata* Until 5:20PM	Sunrise: 5:24AM Sunset: 7:31PM	
	Until 5:08PM	Then Creative Work - Amrita Yoga		Rahu 8:56AM - 10:42AM	Kaulava Until 4:02PM	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
				Shashthi* Until 2:50AM Sun	Jyeshtha-Vaikasi		

5	Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India
	Simha Rasi: 7.33	Tithi 7	351683461	Gulika 4:00PM - 5:46PM	Magha* Until 3:44PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon - Red	Sun 21 Sutra 56 Vikarin 5121 Moon 5 - Phase 8 3rd Phase
	Routine Work	Marana Yoga		Yama 12:28PM - 2:14PM	Harshana Until 2:23PM	Sunrise: 5:24AM Sunset: 7:32PM	
	Until 3:44PM	Then Creative Work - Siddha Yoga		Rahu 5:46PM - 7:32PM	Gara Until 1:42PM	Devaloka Day	
				Saptami Until 12:33AM Mon	Jyeshtha-Vaikasi		

Monday, June 10, 2019	Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India
	Simha Rasi: 21.46	Tithi 8	351683461	Gulika 2:14PM - 4:00PM	Purvaphalguni Until 2:18PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon - Red	Sun 22 Sutra 57 Vikarin 5121 Moon 5 - Phase 8 Ashtami
	Family Home Evening			Yama 10:42AM - 12:28PM	Vajra* Until 11:30AM	Sunrise: 5:24AM Sunset: 7:32PM	
	Creative Work	Siddha Yoga		Rahu 7:10AM - 8:56AM	Visti Until 11:28AM	Devaloka Day	
				Ashtami* Until 10:22PM	Jyeshtha-Vaikasi		

Tuesday, June 11, 2019	Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India
	Kanya Rasi: 5.53	Tithi 9	351683461	Gulika 12:28PM - 2:14PM	Uttaraphalguni Until 12:51PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon - Red	Sun 23 Sutra 58 Vikarin 5121 Moon 5 - Phase 8 Navami
	Creative Work	Amrita Yoga		Yama 8:56AM - 10:42AM	Siddhi Until 8:44AM	Sunrise: 5:24AM Sunset: 7:32PM	
	Until 12:51PM	Then Creative Work - Siddha Yoga		Rahu 4:00PM - 5:46PM	Balava Until 9:21AM	Devaloka Day	
				Navami* Until 8:19PM	Jyeshtha-Vaikasi		


1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 24 Sutra 59
	Kanya Rasi: 19.55	Tithi 10	Gulika 10:42AM – 12:28PM	Hasta Until 11:51AM	Ganesha: White <i>Sunrise: 5:24AM</i>	Vikarin 5121	
		361683461	Yama 7:10AM – 8:56AM	Vyatipata* Until 6:06AM	Muruqa: Yellow <i>Sunset: 7:33PM</i>	Moon 5 - Phase 9	
			Rahu 12:28PM – 2:14PM	Taitila Until 7:23AM	Nataraja: Yellow	4th Phase	
	Routine Work	Marana Yoga		Dashami Until 6:28PM	Moon – Green	Bhuloka Day	
	Until 11:51AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 60
	Tula Rasi: 3.49	Tithi 11 – 12	Gulika 8:56AM – 10:42AM	Chitra Until 10:55AM	Ganesha: White <i>Sunrise: 5:24AM</i>	Vikarin 5121	
		361683461	Yama 5:24AM – 7:10AM	Parigha* Until 1:21AM Fri	Muruqa: Yellow <i>Sunset: 7:33PM</i>	Moon 5 - Phase 9	
			Rahu 2:15PM – 4:01PM	Bava Until 4:09AM Fri	Nataraja: Yellow	4th Phase	
	Creative Work	Siddha Yoga		Ekadashi Until 4:50PM	Moon – Green	Bhuloka Day	
	Until 10:55AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Amrita Yoga						

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 61
	Tula Rasi: 17.34	Tithi 12 – 13	Gulika 7:10AM – 8:56AM	Svati Until 10:07AM	Ganesha: White <i>Sunrise: 5:24AM</i>	Vikarin 5121	
		361693461	Yama 4:01PM – 5:47PM	Shiva Until 11:22PM	Muruqa: Blue <i>Sunset: 7:34PM</i>	Moon 5 - Phase 9	
			Rahu 10:43AM – 12:29PM	Kaulava Until 2:59AM Sat	Nataraja: Yellow	4th Phase	
	Creative Work	Siddha Yoga		Dvadashi Until 3:30PM	Moon – Green	Devaloka Day	
			Vaikasi Visakam		Jyeshtha-Vaikasi		

Pradosha Vrata

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 62
	Vrischika Rasi: 1.07	Tithi 13 – 14	Gulika 5:24AM – 7:10AM	Vishakha Until 9:57AM	Ganesha: Clear <i>Sunrise: 5:24AM</i>	Vikarin 5121	
		371693461	Yama 2:15PM – 4:01PM	Siddha Until 9:39PM	Muruqa: Blue <i>Sunset: 7:34PM</i>	Moon 5 - Phase 9	
			Rahu 8:57AM – 10:43AM	Gara Until 2:13AM Sun	Nataraja: Yellow	4th Phase	
	Creative Work	Siddha Yoga		Trayodashi Until 2:31PM	Moon – Orange	Sivaloka Day	
					Jyeshtha-Ani		

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sutra 63
	Copper Retreat Star		Gulika 4:02PM – 5:48PM	Anuradha Until 10:03AM	Ganesha: White <i>Sunrise: 5:24AM</i>	Vikarin 5121	
Vrischika Rasi: 14.26	Tithi 14 – 15		Yama 12:29PM – 2:15PM	Sadhya Until 8:19PM	Muruqa: Blue <i>Sunset: 7:34PM</i>	Moon 5 - Phase 9	
		371793461	Rahu 5:48PM – 7:34PM	Visti Until 1:55AM Mon	Nataraja: Yellow	Purnima	
	Routine Work	Marana Yoga		Chaturdashi* Until 1:59PM	Moon – Orange	Subha Sivaloka Day	
			Father's Day		Jyeshtha-Ani		

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 64
	Vrischika Rasi: 27.29	Tithi 15 – 16	Gulika 2:16PM – 4:02PM	Jyeshtha* Until 10:29AM	Ganesha: White <i>Sunrise: 5:24AM</i>	Vikarin 5121	
		371793461	Yama 10:43AM – 12:29PM	Subha Until 7:25PM	Muruqa: Blue <i>Sunset: 7:35PM</i>	Moon 5 - Phase 9	
	Family Home Evening		Rahu 7:11AM – 8:57AM	Balava Until 2:09AM Tue	Nataraja: Yellow	Prathama	
	Creative Work	Siddha Yoga		Purnima* Until 1:57PM	Moon – Orange	Subha Sivaloka Day	
					Jyeshtha-Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India
Sutra 65

Dhanus Rasi: 10.17 Tithi 16 - 17

381793461

Gulika 12:30PM - 2:16PM
Yama 8:57AM - 10:43AM
Rahu 4:02PM - 5:49PM

Mula* Until 11:46AM
Sukla Until 6:56PM
Taitila Until 2:58AM Wed
Prathama* Until 2:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 7:35PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 11:46AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India
Sun 1 Sutra 66

Dhanus Rasi: 22.49 Tithi 17 - 18

381793461

Gulika 10:44AM - 12:30PM
Yama 7:11AM - 8:57AM
Rahu 12:30PM - 2:16PM

Purvashadha* Until 1:27PM
Brahma Until 6:54PM
Vanija Until 4:19AM Thu
Dvitiya Until 3:33PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:35PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India
Sun 2 Sutra 67

Makara Rasi: 5.06 Tithi 18 - 19

382793461

Gulika 8:57AM - 10:44AM
Yama 5:25AM - 7:11AM
Rahu 2:16PM - 4:03PM

Uttarashadha Until 3:29PM
Indra Until 7:17PM
Bava Until 6:10AM Fri
Tritiya Until 5:10PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:35PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 3:29PM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India
Sun 3 Sutra 68

Makara Rasi: 17.12 Tithi 19

392793461

Gulika 7:11AM - 8:58AM
Yama 4:03PM - 5:49PM
Rahu 10:44AM - 12:30PM

Shravana Until 6:16PM
Vaidhriti* Until 7:57PM
Bava Until 6:10AM
Chaturthi* Until 7:12PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:36PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 6:16PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India
Sun 4 Sutra 69

Makara Rasi: 29.09 Tithi 20

392793461

Gulika 5:25AM - 7:11AM
Yama 2:17PM - 4:03PM
Rahu 8:58AM - 10:44AM

Dhanishtha Until 9:09PM
Vishkambha* Until 8:51PM
Kaulava Until 8:21AM
Panchami Until 9:30PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:36PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 9:09PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India
Sun 5 Sutra 70

Kumbha Rasi: 11.02 Tithi 21

392793461

Gulika 4:03PM - 5:50PM
Yama 12:31PM - 2:17PM
Rahu 5:50PM - 7:36PM

Shatabhishak Until 11:57PM
Priti Until 9:50PM
Gara Until 10:43AM
Shashthi* Until 11:54PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 7:36PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Jalandhar, India
Sun 6 Sutra 71

Kumbha Rasi: 22.54 Tithi 22

312793461

Gulika 2:17PM - 4:04PM
Yama 10:45AM - 12:31PM
Rahu 7:12AM - 8:58AM

Purvaproshtapada* Until 2:59AM Tue
Ayushman Until 10:42PM
Visti Until 1:05PM
Saptami Until 2:11AM Tue

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:26AM
Sunset: 7:36PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:59AM Tue

Then Creative Work - Amrita Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India
Sun 7 Sutra 72

Meena Rasi: 4.5 Tithi 23

312793461

Gulika 12:31PM - 2:17PM
Yama 8:59AM - 10:45AM
Rahu 4:04PM - 5:50PM

Uttaraproshtapada Until 5:33AM Wed
Saubhagya Until 11:23PM
Balava Until 3:15PM
Ashtami* Until 4:10AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:26AM
Sunset: 7:36PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 5:33AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India
Sun 8 Sutra 73

Meena Rasi: 16.53 Tithi 24

312793461

Gulika 10:45AM - 12:31PM
Yama 7:12AM - 8:59AM
Rahu 12:31PM - 2:18PM

Revati Until 7:29AM Thu
Sobhana Until 11:44PM
Taitila Until 5:01PM
Navami* Until 5:40AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:26AM
Sunset: 7:36PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 7:29AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija Karana Dashamyam Titau		Jalandhar, India Sun 9 Sutra 74	
Meena Rasi: 29.08	Tithi 25	Gulika 8:59AM – 10:45AM	Revati Until 7:29AM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM		Vikarin 5121
		Yama 5:27AM – 7:13AM	Athiganda* Until 11:36PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 6 - Phase 11
		312793461 Rahu 2:18PM – 4:04PM	Vanija Until 6:13PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 6:34AM Fri	Moon – Clear		Sivaloka Day	
Until 7:29AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Jalandhar, India Sun 10 Sutra 75	
Mesha Rasi: 11.4	Tithi 25 – 26	Gulika 7:13AM – 8:59AM	Ashvini Until 9:08AM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM		Vikarin 5121
		Yama 4:04PM – 5:50PM	Sukarma Until 10:57PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 6 - Phase 11
		322793461 Rahu 10:46AM – 12:32PM	Bava Until 6:46PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 6:34AM	Moon – White		Devaloka Day	
Until 9:08AM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 11 Sutra 76	
Mesha Rasi: 24.31	Tithi 26 – 27	Gulika 5:27AM – 7:13AM	Bharani Until 9:56AM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM		Vikarin 5121
		Yama 2:18PM – 4:04PM	Dhriti Until 9:44PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 6 - Phase 11
		322793461 Rahu 9:00AM – 10:46AM	Kaulava Until 6:36PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:45AM	Moon – White		Devaloka Day	
Until 9:56AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taila/Vanija Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 12 Sutra 77	
Vrishabha Rasi: 7.44	Tithi 27 – 28	Gulika 4:04PM – 5:51PM	Krittika Until 9:52AM	Ganesha: Blue	<i>Sunrise:</i> 5:28AM		Vikarin 5121
		Yama 12:32PM – 2:18PM	Shula* Until 7:55PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 6 - Phase 11
		322793461 Rahu 5:51PM – 7:37PM	Vanija Until 4:59AM Mon	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:13AM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

Pradosha Vrata (Fasting)

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Jalandhar, India Sun 13 Sutra 78	
Vrishabha Rasi: 21.2	Tithi 29	Gulika 2:18PM – 4:05PM	Rohini Until 9:26AM	Ganesha: Blue	<i>Sunrise:</i> 5:28AM		Vikarin 5121
Family Home Evening		Yama 10:46AM – 12:32PM	Ganda* Until 5:36PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 6 - Phase 11
		332793461 Rahu 7:14AM – 9:00AM	Visti Until 4:09PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 3:09AM Tue	Moon – Yellow		Devaloka Day	
Until 8:16AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Jalandhar, India Sun 14 Sutra 79	
Mithuna Rasi: 5.19	Tithi 30	Gulika 12:32PM – 2:19PM	Mrigashira Until 8:16AM	Ganesha: Blue	<i>Sunrise:</i> 5:28AM		Vikarin 5121
		Yama 9:00AM – 10:46AM	Vridhhi Until 2:50PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 6 - Phase 11
		332793461 Rahu 4:05PM – 5:51PM	Catuspada Until 2:03PM	Nataraja: Yellow			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 12:48AM Wed	Moon – Yellow		Devaloka Day	
Until 8:16AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Jalandhar, India Sun 15 Sutra 80	
Mithuna Rasi: 19.37	Tithi 1	Gulika 10:47AM – 12:33PM	Ardra Until 6:29AM	Ganesha: Red	<i>Sunrise:</i> 5:29AM		Vikarin 5121
		Yama 7:15AM – 9:01AM	Dhruva Until 11:42AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 6 - Phase 11
		333793461 Rahu 12:33PM – 2:19PM	Kintughna Until 11:30AM	Nataraja: Yellow			Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:06PM	Moon – Yellow		Sivaloka Day	
				Ashada-Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau			Jalandhar, India Sun 16 Sutra 81
Kataka Rasi: 4.09	Tithi 2	Gulika 9:01AM – 10:47AM	Pushya Until 2:28AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
		Yama 5:29AM – 7:15AM	Vyaghata* Until 8:19AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 12	
		343793461 Rahu 2:19PM – 4:05PM	Balava Until 8:40AM	Nataraja: Yellow		3rd Phase	
Creative Work Amrita Yoga			Dvitiya Until 7:09PM	Moon – Blue		Sivaloka Day	
Until 2:28AM Fri				Ashada*Ani			
Then Routine Work - Marana Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Jalandhar, India Sun 17 Sutra 82
Kataka Rasi: 18.49	Tithi 3 – 4	Gulika 7:15AM – 9:01AM	Ashlesha* Until 12:07AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama 4:05PM – 5:51PM	Vajra* Until 1:15AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
		343793461 Rahu 10:47AM – 12:33PM	Vanija Until 2:38AM Sat	Nataraja: Yellow		3rd Phase	
Routine Work Marana Yoga			Tritiya Until 4:07PM	Moon – Blue		Sivaloka Day	
Until 12:07AM Sat				Ashada*Ani			
Then Creative Work - Amrita Yoga							

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Jalandhar, India Sun 18 Sutra 83
Simha Rasi: 3.3	Tithi 4 – 5	Gulika 5:30AM – 7:16AM	Magha* Until 10:07PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama 2:19PM – 4:05PM	Siddhi Until 9:47PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
		353793461 Rahu 9:02AM – 10:47AM	Bava Until 11:41PM	Nataraja: Yellow		3rd Phase	
Creative Work Amrita Yoga			Chaturthi* Until 1:07PM	Moon – Red		Subha Sivaloka Day	
Until 10:07PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Jalandhar, India Sun 19 Sutra 84
Simha Rasi: 18.06	Tithi 5 – 6	Gulika 4:05PM – 5:50PM	Purvaphalguni Until 8:10PM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Vikarin 5121	
		Yama 12:33PM – 2:19PM	Vyatipata* Until 6:29PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
		453793461 Rahu 5:50PM – 7:36PM	Kaulava Until 8:57PM	Nataraja: Yellow		3rd Phase	
Creative Work Siddha Yoga			Panchami Until 10:16AM	Moon – Red		Sivaloka Day	
Until 8:10PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Varyian/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Jalandhar, India Sun 20 Sutra 85
Kanya Rasi: 2.32	Tithi 6 – 7	Gulika 2:19PM – 4:05PM	Uttaraphalguni Until 6:22PM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Vikarin 5121	
Family Home Evening		Yama 10:48AM – 12:34PM	Variyan Until 3:23PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
		453793461 Rahu 7:17AM – 9:02AM	Gara Until 6:30PM	Nataraja: Yellow		3rd Phase	
Creative Work Siddha Yoga			Chidambaram Abhishekam	Moon – Red		Sivaloka Day	
			Shashthi* Until 7:40AM	Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Jalandhar, India Sun 21 Sutra 86
Kanya Rasi: 16.46	Tithi 8	Gulika 12:34PM – 2:19PM	Hasta Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 5:31AM	Vikarin 5121	
		Yama 9:03AM – 10:48AM	Parigha* Until 12:36PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
		463793461 Rahu 4:05PM – 5:50PM	Visti Until 4:24PM	Nataraja: Yellow		Ashtami	
Creative Work Siddha Yoga			Ashtami* Until 3:30AM Wed	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Jalandhar, India Sun 22 Sutra 87
Tula Rasi: 0.43	Tithi 9	Gulika 10:48AM – 12:34PM	Chitra Until 4:20PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Vikarin 5121	
		Yama 7:17AM – 9:03AM	Shiva Until 10:09AM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
		463793461 Rahu 12:34PM – 2:19PM	Balava Until 2:44PM	Nataraja: Yellow		Navami	
Creative Work Siddha Yoga			Navami* Until 2:02AM Thu	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau			Jalandhar, India Sun 23 Sutra 88
Tula Rasi: 14.25	Tithi 10	Gulika 9:03AM – 10:49AM	Svati Until 3:45PM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Vikarin 5121	
		Yama 5:33AM – 7:18AM	Siddha Until 8:02AM	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13	
		463893461 Rahu 2:19PM – 4:05PM	Taitila Until 1:30PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 1:02AM Fri	Moon – Green		Sivaloka Day	
Until 3:45PM				Ashada•Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau			Jalandhar, India Sun 24 Sutra 89
Tula Rasi: 27.51	Tithi 11	Gulika 7:18AM – 9:04AM	Vishakha Until 3:55PM	Ganesha: White	<i>Sunrise:</i> 5:33AM	Vikarin 5121	
		Yama 4:05PM – 5:50PM	Sadhya Until 6:18AM	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13	
		473893461 Rahu 10:49AM – 12:34PM	Vanija Until 12:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:30AM Sat	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau			Jalandhar, India Sun 25 Sutra 90
Vrischika Rasi: 11.01	Tithi 12	Gulika 5:34AM – 7:19AM	Anuradha Until 4:24PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	Vikarin 5121	
		Yama 2:19PM – 4:04PM	Sukla Until 3:59AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13	
		473893461 Rahu 9:04AM – 10:49AM	Bava Until 12:26PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 12:26AM Sun	Moon – Orange		Devaloka Day	
				Ashada•Ani			

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Jalandhar, India Sun 26 Sutra 91
Vrischika Rasi: 23.57	Tithi 13	Gulika 4:04PM – 5:49PM	Jyeshtha* Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	Vikarin 5121	
		Yama 12:34PM – 2:19PM	Brahma Until 3:23AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13	
		473893461 Rahu 5:49PM – 7:34PM	Kaulava Until 12:37PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 12:52AM Mon	Moon – Orange		Devaloka Day	
Until 5:13PM				Ashada•Ani			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Jalandhar, India Sun 27 Sutra 92
Dhanus Rasi: 6.38	Tithi 14	Gulika 2:19PM – 4:04PM	Mula* Until 6:48PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Vikarin 5121	
Family Home Evening		Yama 10:49AM – 12:34PM	Indra Until 3:11AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13	
		483893461 Rahu 7:20AM – 9:05AM	Gara Until 1:17PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:46AM Tue	Moon – Light Blue		Sivaloka Day	
Until 6:48PM				Ashada•Ani			
Then Routine Work - Marana Yoga							

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Jalandhar, India Sutra 93
Copper Retreat Star		Gulika 12:35PM – 2:19PM	Purvashadha* Until 8:40PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Vikarin 5121	
Dhanus Rasi: 19.07	Tithi 15	Yama 9:05AM – 10:50AM	Vaidhriti* Until 3:18AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13	
		483893461 Rahu 4:04PM – 5:49PM	Visti Until 2:24PM	Nataraja: Yellow		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 3:07AM Wed	Moon – Light Blue		Sivaloka Day	
Until 8:40PM				Ashada•Ani			
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima					

Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Jalandhar, India Sutra 94	
Silver Retreat Star		Gulika 10:50AM – 12:35PM	Uttarashadha Until 10:48PM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	Vikarin 5121
Makara Rasi: 1.25	Tithi 16	Yama 7:21AM – 9:05AM	Vishkambha* Until 3:44AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13
		484893462 Rahu 12:35PM – 2:19PM	Balava Until 3:58PM	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 4:53AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day
Until 10:48PM				Ashada•Ani		
Then Creative Work - Siddha Yoga						



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Jalandhar, India
Sutra 95

Makara Rasi: 13.32 Tithi 17

494893462 **Rahu** 2:19PM – 4:04PM

Gulika 9:06AM – 10:50AM
Yama 5:36AM – 7:21AM
Rahu 2:19PM – 4:04PM
Shravana Until 1:35AM Fri
Priti Until 4:27AM Fri
Tailila Until 5:54PM
Dvitiya Until 6:58AM Fri

Ganesha: Clear *Sunrise: 5:36AM*
Muruqa: Blue *Sunset: 7:33PM*
Nataraja: White
Moon – Purple
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India
Sun 1 Sutra 96

Makara Rasi: 25.31 Tithi 17 – 18

494893462 **Rahu** 10:50AM – 12:35PM

Gulika 7:21AM – 9:06AM
Yama 4:04PM – 5:48PM
Rahu 10:50AM – 12:35PM
Dhanishtha Until 4:27AM Sat
Ayushman Until 5:19AM Sat
Vanija Until 8:07PM
Dvitiya Until 6:58AM

Ganesha: Clear *Sunrise: 5:37AM*
Muruqa: Blue *Sunset: 7:33PM*
Nataraja: White
Moon – Purple
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 4:27AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Jalandhar, India
Sun 2 Sutra 97

Kumbha Rasi: 7.25 Tithi 18 – 19

494893462 **Rahu** 9:06AM – 10:50AM

Gulika 5:38AM – 7:22AM
Yama 2:19PM – 4:03PM
Rahu 9:06AM – 10:50AM
Shatabhishak Until 7:15AM Sun
Saubhagya Until 6:18AM Sun
Bava Until 10:30PM
Tritiya Until 9:17AM

Ganesha: Clear *Sunrise: 5:38AM*
Muruqa: Blue *Sunset: 7:32PM*
Nataraja: White
Moon – Purple
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 7:15AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India
Sun 3 Sutra 98

Kumbha Rasi: 19.17 Tithi 19 – 20

494893462 **Rahu** 5:47PM – 7:32PM

Gulika 4:03PM – 5:47PM
Yama 12:35PM – 2:19PM
Rahu 5:47PM – 7:32PM
Shatabhishak Until 7:15AM
Saubhagya Until 6:18AM
Kaulava Until 12:55AM Mon
Chaturthi* Until 11:42AM

Ganesha: Clear *Sunrise: 5:38AM*
Muruqa: Blue *Sunset: 7:32PM*
Nataraja: White
Moon – Purple
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India
Sun 4 Sutra 99

Meena Rasi: 1.09 Tithi 20 – 21

414893462 **Rahu** 7:23AM – 9:07AM

Gulika 2:19PM – 4:03PM
Yama 10:51AM – 12:35PM
Rahu 7:23AM – 9:07AM
Purvaproshtapada* Until 10:23AM
Sobhana Until 7:16AM
Gara Until 3:12AM Tue
Panchami Until 2:04PM

Ganesha: Clear *Sunrise: 5:39AM*
Muruqa: Blue *Sunset: 7:31PM*
Nataraja: White
Moon – Clear
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 10:23AM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jalandhar, India
Sun 5 Sutra 100

Meena Rasi: 13.04 Tithi 21 – 22

414893462 **Rahu** 4:03PM – 5:47PM

Gulika 12:35PM – 2:19PM
Yama 9:07AM – 10:51AM
Rahu 4:03PM – 5:47PM
Uttaraproshtapada Until 1:10PM
Athiganda* Until 8:05AM
Visti Until 5:12AM Wed
Shashthi* Until 4:14PM

Ganesha: Clear *Sunrise: 5:39AM*
Muruqa: Blue *Sunset: 7:30PM*
Nataraja: White
Moon – Clear
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 1:10PM
Then Creative Work - Siddha Yoga

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava Karana Saptamyam Titau

Jalandhar, India
Sun 6 Sutra 101

Meena Rasi: 25.07 Tithi 22

414893462 **Rahu** 12:35PM – 2:19PM

Gulika 10:51AM – 12:35PM
Yama 7:24AM – 9:07AM
Rahu 12:35PM – 2:19PM
Revati Until 3:27PM
Sukarma Until 8:41AM
Bava Until 6:02PM
Saptami Until 6:02PM

Ganesha: Clear *Sunrise: 5:40AM*
Muruqa: Blue *Sunset: 7:30PM*
Nataraja: White
Moon – Clear
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Retreat Star

Thursday, July 25, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India
Sun 7 Sutra 102

Mesha Rasi: 7.2 Tithi 23

424893462 **Rahu** 2:19PM – 4:02PM

Gulika 9:08AM – 10:51AM
Yama 5:41AM – 7:24AM
Rahu 2:19PM – 4:02PM
Ashvini Until 5:34PM
Dhriti Until 8:56AM
Balava Until 6:46AM
Ashtami* Until 7:18PM

Ganesha: White *Sunrise: 5:41AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – White
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Until 5:34PM
Then Creative Work - Siddha Yoga

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Navamyam Titau

Jalandhar, India
Sun 8 Sutra 103

Mesha Rasi: 19.49 Tithi 24

424893462 **Rahu** 10:52AM – 12:35PM

Gulika 7:25AM – 9:08AM
Yama 4:02PM – 5:45PM
Rahu 10:52AM – 12:35PM
Bharani Until 6:53PM
Shula* Until 8:40AM
Tailila Until 7:43AM
Navami* Until 7:55PM

Ganesha: White *Sunrise: 5:41AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – White
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India
	424893462		Gulika 5:42AM – 7:25AM	Krittika Until 7:19PM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Sun 9 Sutra 104
	424893462		Yama 2:18PM – 4:02PM	Ganda* Until 7:52AM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Vikarin 5121
	424893462		Rahu 9:08AM – 10:52AM	Vanija Until 7:57AM	Nataraja: White		Moon 7 - Phase 15
Creative Work Amrita Yoga			Dashami Until 7:46PM	Moon – White	Subha Subha Sivaloka Day		2nd Phase
				Ashada-Adi			

2	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India
	434893462		Gulika 4:01PM – 5:44PM	Rohini Until 7:17PM	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM	Sun 10 Sutra 105
	434893462		Yama 12:35PM – 2:18PM	Vriddhi Until 6:27AM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Vikarin 5121
	434893462		Rahu 5:44PM – 7:27PM	Bava Until 7:25AM	Nataraja: White		Moon 7 - Phase 15
Creative Work Siddha Yoga			Ekadashi* Until 6:50PM	Moon – Yellow	Subha Sivaloka Day		2nd Phase
				Ashada-Adi			

3	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	434893462		Gulika 2:18PM – 4:01PM	Mrigashira Until 6:21PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sun 11 Sutra 106
	434893462		Yama 10:52AM – 12:35PM	Vyaghata* Until 1:44AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Vikarin 5121
	434893462		Rahu 7:26AM – 9:09AM	Kaulava Until 6:06AM	Nataraja: White		Moon 7 - Phase 15
Creative Work Amrita Yoga			Dvadashi* Until 5:09PM	Moon – Yellow	Subha Sivaloka Day		2nd Phase
Until 6:21PM				Ashada-Adi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India
	435893462		Gulika 12:35PM – 2:18PM	Ardra Until 4:37PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Sun 12 Sutra 107
	435893462		Yama 9:09AM – 10:52AM	Harshana Until 10:37PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Vikarin 5121
	435893462		Rahu 4:00PM – 5:43PM	Visti Until 1:27AM Wed	Nataraja: White		Moon 7 - Phase 15
Routine Work Marana Yoga			Trayodashi* Until 2:49PM	Moon – Yellow	Sivaloka Day		2nd Phase
Until 4:37PM				Ashada-Adi			
Then Creative Work - Siddha Yoga							

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Jalandhar, India	
	Retreat Star			Gulika 10:52AM – 12:35PM	Punarvasu Until 2:39PM	Ganesha: Green	<i>Sunrise:</i> 5:44AM	Sun 13 Sutra 108
	445893462		Yama 7:27AM – 9:10AM	Vajra* Until 7:03PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Vikarin 5121	
	445893462		Rahu 12:35PM – 2:17PM	Catuspada Until 10:22PM	Nataraja: White		Moon 7 - Phase 15	
Creative Work Siddha Yoga			Chaturdashi* Until 11:57AM	Moon – Blue	Sivaloka Day		Amavasya	
				Ashada-Adi				

	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India	
	Retreat Star			Gulika 9:10AM – 10:52AM	Pushya Until 12:10PM	Ganesha: Green	<i>Sunrise:</i> 5:45AM	Sun 14 Sutra 109
	445893462		Yama 5:45AM – 7:27AM	Siddhi Until 3:13PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Vikarin 5121	
	445893462		Rahu 2:17PM – 4:00PM	Kintughna Until 6:58PM	Nataraja: White		Moon 7 - Phase 15	
Creative Work Amrita Yoga			Amavasya* Until 8:41AM	Moon – Blue	Sivaloka Day		Prathama	
Until 12:10PM				Sravana-Adi				
Then Creative Work - Siddha Yoga								

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Jalandhar, India Sun 15 Sutra 110 Vikarin 5121
Kataka Rasi: 27.49	Tithi 2	Gulika 7:28AM – 9:10AM	Ashlesha* Until 9:20AM	Ganesha: Green	<i>Sunrise:</i> 5:46AM		
		Yama 3:59PM – 5:42PM	Vyatipata* Until 11:15AM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16	
		445893462 Rahu 10:52AM – 12:35PM	Balava Until 3:25PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 1:37AM Sat	Moon – Blue			Sivaloka Day
				Sravana*Adi			

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau			Jalandhar, India Sun 16 Sutra 111 Vikarin 5121
Simha Rasi: 12.52	Tithi 3	Gulika 5:46AM – 7:28AM	Magha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 5:46AM		
		Yama 2:17PM – 3:59PM	Varyan Until 7:13AM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 16	
		455893462 Rahu 9:10AM – 10:53AM	Taitila Until 11:52AM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 10:07PM	Moon – Red			Sivaloka Day
Until 6:43AM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthiyam Titau			Jalandhar, India Sun 17 Sutra 112 Vikarin 5121
Simha Rasi: 27.5	Tithi 4	Gulika 3:58PM – 5:40PM	Uttaraphalguni Until 1:36AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM		
		Yama 12:35PM – 2:16PM	Shiva Until 11:38PM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16	
		455993462 Rahu 5:40PM – 7:22PM	Vanija Until 8:27AM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 6:50PM	Moon – Red			Subha Sivaloka Day
Until 1:36AM Mon				Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Jalandhar, India Sun 18 Sutra 113 Vikarin 5121
Kanya Rasi: 12.35	Tithi 5 – 6	Gulika 2:16PM – 3:58PM	Hasta Until 11:47PM	Ganesha: White	<i>Sunrise:</i> 5:48AM		
Family Home Evening		Yama 10:53AM – 12:34PM	Siddha Until 8:15PM	Muruqa: Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 Rahu 7:29AM – 9:11AM	Kaulava Until 2:40AM Tue	Nataraja: White		3rd Phase	
Until 11:47PM			Panchami Until 3:56PM	Moon – Green			Subha Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Jalandhar, India Sun 19 Sutra 114 Vikarin 5121
Kanya Rasi: 27.01	Tithi 6 – 7	Gulika 12:34PM – 2:16PM	Chitra Until 10:22PM	Ganesha: White	<i>Sunrise:</i> 5:48AM		
		Yama 9:11AM – 10:53AM	Sadhya Until 5:18PM	Muruqa: Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 16	
		465993462 Rahu 3:57PM – 5:39PM	Gara Until 12:32AM Wed	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 1:30PM	Moon – Green			Subha Subha Sivaloka Day
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Jalandhar, India Sun 20 Sutra 115 Vikarin 5121
Tula Rasi: 11.05	Tithi 7 – 8	Gulika 10:53AM – 12:34PM	Svati Until 9:24PM	Ganesha: White	<i>Sunrise:</i> 5:49AM		
		Yama 7:30AM – 9:12AM	Subha Until 2:51PM	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 16	
		465993462 Rahu 12:34PM – 2:16PM	Visti Until 11:00PM	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 11:40AM	Moon – Green			Subha Subha Sivaloka Day
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Jalandhar, India Sun 21 Sutra 116 Vikarin 5121
Tula Rasi: 24.45	Tithi 8 – 9	Gulika 9:12AM – 10:53AM	Vishakha Until 9:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM		
		Yama 5:49AM – 7:31AM	Sukla Until 12:55PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 16	
		476993462 Rahu 2:15PM – 3:56PM	Balava Until 10:09PM	Nataraja: White		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 10:29AM	Moon – Orange			Sivaloka Day
				Sravana*Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau			Jalandhar, India Sun 22 Sutra 117
Wrischika Rasi: 8.02	Tithi 9 – 10	Gulika 7:31AM – 9:12AM	Anuradha Until 9:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:50AM	Vikarin 5121	
		Yama 3:56PM – 5:37PM	Brahma Until 11:32AM	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 17	
	476993462	Rahu 10:53AM – 12:34PM	Taitila Until 9:58PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 9:58AM	Moon – Orange		Sivaloka Day	
Until 9:54PM				Sravana*Adi			
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau			Jalandhar, India Sun 23 Sutra 118
Wrischika Rasi: 20.59	Tithi 10 – 11	Gulika 5:51AM – 7:32AM	Jyeshtha* Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM	Vikarin 5121	
		Yama 2:15PM – 3:55PM	Indra Until 10:40AM	Muruqa: Blue	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17	
	476993462	Rahu 9:12AM – 10:53AM	Vanija Until 10:25PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:06AM	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Jalandhar, India Sun 24 Sutra 119
Dhanus Rasi: 3.38	Tithi 11 – 12	Gulika 3:55PM – 5:35PM	Mula* Until 12:42AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Vikarin 5121	
		Yama 12:34PM – 2:14PM	Vaidhriti* Until 10:15AM	Muruqa: Blue	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 17	
	486993462	Rahu 5:35PM – 7:16PM	Bava Until 11:26PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 10:50AM	Moon – Light Blue		Subha Sivaloka Day	
Until 12:42AM Mon				Sravana*Adi			
Then Routine Work - Marana Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 25 Sutra 120
Dhanus Rasi: 16.02	Tithi 12 – 13	Gulika 2:14PM – 3:54PM	Purvashadha* Until 2:50AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Vikarin 5121	
Family Home Evening		Yama 10:53AM – 12:34PM	Vishkambha* Until 10:16AM	Muruqa: Blue	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 17	
Routine Work	Marana Yoga	Rahu 7:32AM – 9:13AM	Kaulava Until 12:55AM Tue	Nataraja: White		4th Phase	
Until 2:50AM Tue			Dvadashi Until 12:06PM	Moon – Light Blue		Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana*Adi			
			<i>Pradosha Vrata</i>				

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 26 Sutra 121
Dhanus Rasi: 28.16	Tithi 13 – 14	Gulika 12:33PM – 2:14PM	Uttarashadha Until 5:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	Vikarin 5121	
		Yama 9:13AM – 10:53AM	Priti Until 10:37AM	Muruqa: Blue	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 17	
	486993462	Rahu 3:54PM – 5:34PM	Gara Until 2:46AM Wed	Nataraja: White		4th Phase	
Routine Work	Prabalarishta Yoga		Trayodashi Until 1:47PM	Moon – Light Blue		Subha Sivaloka Day	
Until 5:08AM Wed				Sravana*Adi			
Then Creative Work - Siddha Yoga							

6		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Jalandhar, India Sun 27 Sutra 122
Makara Rasi: 10.2	Tithi 14 – 15	Gulika 10:53AM – 12:33PM	Shravana Until 8:03AM Thu	Ganesha: White	<i>Sunrise:</i> 5:53AM	Vikarin 5121	
		Yama 7:33AM – 9:13AM	Ayushman Until 11:12AM	Muruqa: Blue	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17	
	496993462	Rahu 12:33PM – 2:13PM	Visti Until 4:55AM Thu	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:48PM	Moon – Purple		Sivaloka Day	
				Sravana*Adi			

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava Karana Purnimayam Titau			Jalandhar, India Sutra 123
Copper Retreat Star		Gulika 9:13AM – 10:53AM	Shravana Until 8:03AM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
Makara Rasi: 22.18	Tithi 15	Yama 5:54AM – 7:34AM	Saubhagya Until 11:59AM	Muruqa: Blue	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 17	
	497993462	Rahu 2:13PM – 3:53PM	Bava Until 6:02PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:02PM	Moon – Purple		Subha Sivaloka Day	
		Raksha Bandhan		Sravana*Adi			

○		Friday, August 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau			Jalandhar, India Sutra 124
Silver Retreat Star		Gulika 7:34AM – 9:14AM	Dhanishtha Until 10:57AM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
Kumbha Rasi: 4.12	Tithi 16	Yama 3:52PM – 5:31PM	Sobhana Until 12:54PM	Muruqa: Blue	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17	
	497993462	Rahu 10:53AM – 12:33PM	Balava Until 7:14AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:25PM	Moon – Purple		Subha Sivaloka Day	
				Sravana*Adi			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Saturday, August 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India

Sun 1 Sutra 125

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 16.04 Tithi 17

Gulika 5:55AM - 7:34AM
Yama 2:12PM - 3:51PM
Rahu 9:14AM - 10:53AM

Shatabhishak Until 1:46PM
Athiganda* Until 1:51PM
Taitila Until 9:40AM
Dvitiya Until 10:51PM

Ganesha: Yellow
Muruga: Blue
Nataraja: White
Moon - Purple
Sravana-Avani

Sunrise: 5:55AM
Sunset: 7:10PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 1:46PM

Then Routine Work - Marana Yoga

1

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Triliyayam Titau

Jalandhar, India

Sun 2 Sutra 126

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 27.55 Tithi 18

Gulika 3:51PM - 5:30PM
Yama 12:32PM - 2:12PM
Rahu 5:30PM - 7:09PM

Purvaproshtapada* Until 4:55PM
Sukarma Until 2:48PM
Vanija Until 12:05PM
Tritiya Until 1:15AM Mon

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 5:56AM
Sunset: 7:09PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:55PM

Then Creative Work - Amrita Yoga

2

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 3 Sutra 127

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 9.49 Tithi 19

Family Home Evening

517993462 Rahu 7:35AM - 9:14AM

Uttaraproshtapada Until 7:46PM
Dhriti Until 3:42PM
Bava Until 2:25PM
Chaturthi* Until 3:30AM Tue

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 5:56AM
Sunset: 7:08PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Amrita Yoga

3

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 4 Sutra 128

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 21.45 Tithi 20

Gulika 12:32PM - 2:11PM
Yama 9:14AM - 10:53AM
Rahu 3:49PM - 5:28PM

Revati Until 10:16PM
Shula* Until 4:24PM
Kaulava Until 4:33PM
Panchami Until 5:29AM Wed

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 5:57AM
Sunset: 7:07PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

4

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara Karana Shashthyam Titau

Jalandhar, India

Sun 5 Sutra 129

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 3.49 Tithi 21

Gulika 10:53AM - 12:32PM
Yama 7:36AM - 9:15AM
Rahu 12:32PM - 2:10PM

Ashvini Until 12:44AM Thu
Ganda* Until 4:52PM
Gara Until 6:22PM
Shashthi* Until 7:05AM Thu

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon - White
Sravana-Avani

Sunrise: 5:58AM
Sunset: 7:06PM

Subha Sivaloka Day

Routine Work Marana Yoga

Until 12:44AM Thu

Then Creative Work - Siddha Yoga

5

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vridhhi/Dhruva Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Jalandhar, India

Sun 6 Sutra 130

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 16.01 Tithi 21 - 22

528993462 Rahu 2:10PM - 3:48PM

Bharani Until 2:34AM Fri
Vridhhi Until 5:00PM
Visiti Until 7:43PM
Shashthi* Until 7:05AM

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - White
Sravana-Avani

Sunrise: 5:58AM
Sunset: 7:05PM

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India

Sun 7 Sutra 131

Vikarin 5121

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 28.27 Tithi 22 - 23

528993462 Rahu 10:53AM - 12:31PM

Krittika Until 3:37AM Sat
Dhruva Until 4:39PM
Balava Until 8:28PM
Saptami Until 8:09AM

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - White
Sravana-Avani

Sunrise: 5:59AM
Sunset: 7:03PM

Sivaloka Day

Creative Work Siddha Yoga

Until 3:37AM Sat

Then Creative Work - Amrita Yoga

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 8 Sutra 132

Vikarin 5121

Moon 8 - Phase 18

Navami

Vrishabha Rasi: 11.11 Tithi 23 - 24

538993462 Rahu 9:15AM - 10:53AM

Rohini Until 4:15AM Sun
Vyaghata* Until 3:46PM
Taitila Until 8:30PM
Ashtami* Until 8:33AM

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon - Yellow
Sravana-Avani

Sunrise: 5:59AM
Sunset: 7:02PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 4:15AM Sun

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Jalandhar, India Sun 9 Sutra 133
538993462	Gulika 3:46PM – 5:24PM Yama 12:31PM – 2:08PM Rahu 5:24PM – 7:01PM	Mrigashira Until 3:57AM Mon Harshana Until 2:16PM Vanija Until 7:44PM Navami* Until 8:12AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:00AM Sunset: 7:01PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Subha Sivaloka Day Sravana-Avani
Creative Work Siddha Yoga					

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Jalandhar, India Sun 10 Sutra 134
538993462	Gulika 2:08PM – 3:45PM Yama 10:53AM – 12:30PM Rahu 7:38AM – 9:15AM	Ardra Until 2:45AM Tue Vajra* Until 12:07PM Bava Until 6:12PM Dashami Until 7:03AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:01AM Sunset: 7:00PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Subha Sivaloka Day Sravana-Avani
Mithuna Rasi: 7.49 Tithi 25 – 26 Family Home Evening Creative Work Siddha Yoga					

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Jalandhar, India Sun 11 Sutra 135
548993462	Gulika 12:30PM – 2:07PM Yama 9:16AM – 10:53AM Rahu 3:44PM – 5:22PM	Punarvasu Until 1:09AM Wed Siddhi Until 9:22AM Kaulava Until 3:56PM Dvadashi* Until 2:33AM Wed	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 6:01AM Sunset: 6:59PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Sivaloka Day Sravana-Avani
Mithuna Rasi: 21.5 Tithi 27 Creative Work Siddha Yoga					

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Jalandhar, India Sun 12 Sutra 136
549993463	Gulika 10:53AM – 12:30PM Yama 7:39AM – 9:16AM Rahu 12:30PM – 2:07PM	Pushya Until 10:50PM Vyatipata* Until 6:06AM Gara Until 1:04PM Trayodashi* Until 11:25PM	Ganesha: Light Blue Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 6:02AM Sunset: 6:58PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Devaloka Day Sravana-Avani
Kataka Rasi: 6.17 Tithi 28 Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Jalandhar, India Sun 13 Sutra 137
549193463	Gulika 9:16AM – 10:53AM Yama 6:02AM – 7:39AM Rahu 2:06PM – 3:43PM	Ashlesha* Until 7:59PM Parigha* Until 10:19PM Visti Until 9:42AM Chaturdashi* Until 7:53PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 6:02AM Sunset: 6:57PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Sivaloka Day Sravana-Avani
Kataka Rasi: 21.07 Tithi 29 Creative Work Siddha Yoga Until 7:59PM Then Creative Work - Amrita Yoga					

		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Jalandhar, India Sun 14 Sutra 138
559193463	Gulika 7:40AM – 9:16AM Yama 3:42PM – 5:19PM Rahu 10:53AM – 12:29PM	Magha* Until 5:09PM Shiva Until 6:06PM Catuspada Until 6:01AM Amavasya* Until 4:06PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 6:03AM Sunset: 6:55PM	Vikarin 5121 Moon 8 - Phase 19 Amavasya Sivaloka Day Sravana-Avani
Simha Rasi: 6.14 Tithi 30 – 1 Routine Work Marana Yoga Until 5:09PM Then Creative Work - Siddha Yoga		Varalakshmi Vratam			

6		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Jalandhar, India Sun 15 Sutra 139
559193463	Gulika 6:04AM – 7:40AM Yama 2:05PM – 3:41PM Rahu 9:16AM – 10:53AM	Purvaphalguni Until 2:07PM Siddha Until 1:48PM Balava Until 10:22PM Prathama* Until 12:15PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 6:04AM Sunset: 6:54PM	Vikarin 5121 Moon 8 - Phase 19 Prathama Sivaloka Day Bhadrapada-Avani
Simha Rasi: 21.29 Tithi 1 – 2 Creative Work Siddha Yoga Until 2:07PM Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Jalandhar, India
	Kanya Rasi: 6.42	Tithi 2 - 3	559193463	Gulika 3:41PM - 5:17PM	Uttaraphalguni Until 11:05AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon - Red	Sun 16 Sutra 140 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Amrita Yoga		Yama 12:29PM - 2:05PM	Sadhya Until 9:37AM	Sunrise: 6:04AM Sunset: 6:53PM	
				Rahu 5:17PM - 6:53PM	Taitila Until 6:44PM		Sivaloka Day
				Dvitiya Until 8:30AM	Bhadrapada-Avani		

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Jalandhar, India
	Kanya Rasi: 21.43	Tithi 4	569193463	Gulika 2:04PM - 3:40PM	Hasta Until 8:36AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon - Green	Sun 17 Sutra 141 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Family Home Evening			Yama 10:52AM - 12:28PM	Sukla Until 2:05AM Tue	Sunrise: 6:05AM Sunset: 6:52PM	
	Creative Work	Siddha Yoga		Rahu 7:41AM - 9:17AM	Vanija Until 3:27PM		Sivaloka Day
				Ganesha Chaturthi	Chaturthi* Until 1:58AM Tue	Bhadrapada-Avani	
				Until 8:36AM	Then Routine Work - Prabararishta Yoga		

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India
	Tula Rasi: 6.23	Tithi 5	569193463	Gulika 12:28PM - 2:04PM	Chitra Until 6:26AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon - Green	Sun 18 Sutra 142 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga		Yama 9:17AM - 10:52AM	Brahma Until 10:58PM	Sunrise: 6:05AM Sunset: 6:50PM	
				Rahu 3:39PM - 5:15PM	Bava Until 12:40PM		Sivaloka Day
				Panchami Until 11:30PM	Bhadrapada-Avani		

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthiyam Titau				Jalandhar, India
	Tula Rasi: 20.38	Tithi 6	579193463	Gulika 10:52AM - 12:28PM	Vishakha Until 4:05AM Thu	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon - Orange	Sun 19 Sutra 143 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga		Yama 7:41AM - 9:17AM	Indra Until 8:27PM	Sunrise: 6:06AM Sunset: 6:49PM	
				Rahu 12:28PM - 2:03PM	Kaulava Until 10:32AM		Subha Sivaloka Day
				Shashthi* Until 9:44PM	Bhadrapada-Avani		

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India
	Vrischika Rasi: 4.24	Tithi 7	571193463	Gulika 9:17AM - 10:52AM	Anuradha Until 4:05AM Fri	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon - Orange	Sun 20 Sutra 144 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga		Yama 6:07AM - 7:42AM	Vaidhriti* Until 6:34PM	Sunrise: 6:07AM Sunset: 6:48PM	
				Rahu 2:02PM - 3:38PM	Gara Until 9:11AM		Sivaloka Day
				Saptami Until 8:47PM	Bhadrapada-Avani		
				Until 4:05AM Fri	Then Routine Work - Marana Yoga		

6	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India
	Retreat Star		571193463	Gulika 7:42AM - 9:17AM	Jyeshtha* Until 4:43AM Sat	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon - Orange	Sun 21 Sutra 145 Vikarin 5121 Moon 8 - Phase 20 Ashtami
	Vrischika Rasi: 17.42	Tithi 8		Yama 3:37PM - 5:12PM	Vishkambha* Until 5:20PM	Sunrise: 6:07AM Sunset: 6:47PM	
	Routine Work	Marana Yoga		Rahu 10:52AM - 12:27PM	Visti Until 8:38AM		Sivaloka Day
				Ashtami* Until 8:40PM	Bhadrapada-Avani		
				Until 4:43AM Sat	Then Creative Work - Siddha Yoga		

7	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India
	Retreat Star		581193463	Gulika 6:08AM - 7:42AM	Mula* Until 6:26AM Sun	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon - Light Blue	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 20 Navami
	Dhanus Rasi: 0.35	Tithi 9		Yama 2:01PM - 3:36PM	Priti Until 4:45PM	Sunrise: 6:08AM Sunset: 6:45PM	
	Creative Work	Siddha Yoga		Rahu 9:17AM - 10:52AM	Balava Until 8:55AM		Devaloka Day
				Navami* Until 9:19PM	Bhadrapada-Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 147
Dhanus Rasi: 13.06	Tithi 10	Gulika 3:35PM – 5:10PM	Mula* Until 6:26AM	Ganesha: Green	<i>Sunrise:</i> 6:08AM	Vikarin 5121
		Yama 12:26PM – 2:01PM	Ayushman Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 21
	581193463	Rahu 5:10PM – 6:44PM	Taitila Until 9:57AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		Devaloka Day
Until 6:26AM		Grandparent's Day	Dashami Until 10:40PM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 148
Dhanus Rasi: 25.21	Tithi 11	Gulika 2:00PM – 3:34PM	Purvashadha* Until 8:35AM	Ganesha: Green	<i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 10:52AM – 12:26PM	Saubhagya Until 5:04PM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 21
Family Home Evening	581193463	Rahu 7:43AM – 9:17AM	Vanija Until 11:35AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		Devaloka Day
			Ekadashi Until 12:33AM Tue	Bhadrapada-Avani		

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 149
Makara Rasi: 7.25	Tithi 12	Gulika 12:26PM – 2:00PM	Uttarashadha Until 11:00AM	Ganesha: Green	<i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 9:18AM – 10:52AM	Sobhana Until 5:46PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 21
	581193463	Rahu 3:34PM – 5:08PM	Bava Until 1:39PM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Devaloka Day
Until 11:00AM			Dvadashi Until 2:46AM Wed	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 150
Makara Rasi: 19.21	Tithi 13	Gulika 10:51AM – 12:25PM	Shravana Until 2:02PM	Ganesha: Red	<i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 7:44AM – 9:18AM	Athiganda* Until 6:37PM	Muruqa: Blue	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 21
	591193463	Rahu 12:25PM – 1:59PM	Kaulava Until 3:59PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
Until 2:02PM		Avani Avittam	Trayodashi Until 5:11AM Thu	Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Gara Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 151
Kumbha Rasi: 1.13	Tithi 14	Gulika 9:18AM – 10:51AM	Dhanishtha Until 5:01PM	Ganesha: Red	<i>Sunrise:</i> 6:11AM	Vikarin 5121
		Yama 6:11AM – 7:44AM	Sukarma Until 7:34PM	Muruqa: Blue	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 21
	591193463	Rahu 1:58PM – 3:32PM	Gara Until 6:27PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
			Chaturdashi* Until 7:39AM Fri	Bhadrapada-Avani		

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sutra 152
Copper Retreat Star		Gulika 7:45AM – 9:18AM	Shatabhishak Until 7:50PM	Ganesha: Red	<i>Sunrise:</i> 6:11AM	Vikarin 5121
Kumbha Rasi: 13.04	Tithi 14 – 15	Yama 3:31PM – 5:04PM	Dhriti Until 8:31PM	Muruqa: Purple	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 21
	591113463	Rahu 10:51AM – 12:24PM	Visti Until 8:54PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
		Chidambaram Abhishekam	Chaturdashi* Until 7:39AM	Bhadrapada-Avani		

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 153
Silver Retreat Star		Gulika 6:12AM – 7:45AM	Purvaproshtapada* Until 10:55PM	Ganesha: Red	<i>Sunrise:</i> 6:12AM	Vikarin 5121
Kumbha Rasi: 24.56	Tithi 15 – 16	Yama 1:57PM – 3:30PM	Shula* Until 9:23PM	Muruqa: Purple	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 21
	511113463	Rahu 9:18AM – 10:51AM	Balava Until 11:18PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Moon – Clear		Sivaloka Day
Until 10:55PM			Purnima* Until 10:06AM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 6.5 Tithi 16 - 17

511113463

Gulika

3:29PM - 5:02PM

Yama

12:24PM - 1:57PM

Rahu

5:02PM - 6:35PM

Uttaraproshtapada Until 1:43AM Mon

Ganda* Until 10:10PM

Taitila Until 1:33AM Mon

Prathama* Until 12:25PM

Ganesha: Red

Sunrise: 6:12AM

Muruqa: Purple

Sunset: 6:35PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Amrita Yoga

Until 1:43AM Mon

Then Creative Work - Siddha Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 18.48 Tithi 17 - 18

512113463

Gulika

1:56PM - 3:29PM

Yama

10:51AM - 12:23PM

Rahu

7:46AM - 9:18AM

Revati Until 4:09AM Tue

Vriddhi Until 10:50PM

Vanija Until 3:36AM Tue

Dvitiya Until 2:35PM

Ganesha: Yellow

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:34PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 0.5 Tithi 18 - 19

522113463

Gulika

12:23PM - 1:55PM

Yama

9:18AM - 10:51AM

Rahu

3:28PM - 5:00PM

Ashvini Until 6:41AM Wed

Dhruva Until 11:16PM

Bava Until 5:25AM Wed

Tritiya Until 4:32PM

Ganesha: White

Sunrise: 6:14AM

Muruqa: Purple

Sunset: 6:33PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata* Yoga Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 12.59 Tithi 19

522113463

Gulika

10:51AM - 12:23PM

Yama

7:46AM - 9:18AM

Rahu

12:23PM - 1:55PM

Ashvini Until 6:41AM

Vyaghata* Until 11:29PM

Balava Until 6:11PM

Chaturthi* Until 6:11PM

Ganesha: White

Sunrise: 6:14AM

Muruqa: Purple

Sunset: 6:31PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Until 6:41AM

Then Creative Work - Siddha Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 25.16 Tithi 20

522113463

Gulika

9:19AM - 10:50AM

Yama

6:15AM - 7:47AM

Rahu

1:54PM - 3:26PM

Bharani Until 8:43AM

Harshana Until 11:25PM

Kaulava Until 6:53AM

Panchami Until 7:27PM

Ganesha: White

Sunrise: 6:15AM

Muruqa: Purple

Sunset: 6:30PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 8:43AM

Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtyam Titau

Jalandhar, India

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 7.43 Tithi 21

522113463

Gulika

7:47AM - 9:19AM

Yama

3:25PM - 4:57PM

Rahu

10:50AM - 12:22PM

Krittika Until 10:09AM

Vajra* Until 10:54PM

Gara Until 7:56AM

Shashthi* Until 8:14PM

Ganesha: White

Sunrise: 6:15AM

Muruqa: Purple

Sunset: 6:29PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 10:09AM

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 20.26 Tithi 22

532113463

Gulika

6:16AM - 7:47AM

Yama

1:53PM - 3:25PM

Rahu

9:19AM - 10:50AM

Rohini Until 11:22AM

Siddhi Until 9:56PM

Visti Until 8:25AM

Saptami Until 8:24PM

Ganesha: Clear

Sunrise: 6:16AM

Muruqa: Purple

Sunset: 6:27PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Amrita Yoga

Until 11:22AM

Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 3.28 Tithi 23

532113463

Gulika

3:24PM - 4:55PM

Yama

12:21PM - 1:52PM

Rahu

4:55PM - 6:26PM

Mrigashira Until 11:47AM

Vyatipata* Until 8:25PM

Balava Until 8:15AM

Ashtami* Until 7:53PM

Ganesha: Clear

Sunrise: 6:16AM

Muruqa: Purple

Sunset: 6:26PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 16.52 Tithi 24

532213463

Gulika

1:52PM - 3:23PM

Yama

10:50AM - 12:21PM

Rahu

7:48AM - 9:19AM

Ardra Until 11:20AM

Variyan Until 6:18PM

Taitila Until 7:22AM

Navami* Until 6:38PM

Ganesha: Orange

Sunrise: 6:17AM

Muruqa: Purple

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visiti/Bava Karana Dashami/Ekadashyam Titau	Jalandhar, India Sun 9 Sutra 163
Kataka Rasi: 0.41	Tithi 25 – 26	Gulika 12:21PM – 1:51PM	Punarvasu Until 10:29AM	Ganesha: Light Blue <i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 9:19AM – 10:50AM	Parigha* Until 3:38PM	Muruqa: Purple <i>Sunset:</i> 6:24PM	Moon 9 - Phase 23
Creative Work	Siddha Yoga	542213463 Rahu 3:22PM – 4:53PM	Bava Until 3:29AM Wed	Nataraja: Clear	2nd Phase
			Dashami Until 4:41PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau	Jalandhar, India Sun 10 Sutra 164
Kataka Rasi: 14.58	Tithi 26 – 27	Gulika 10:50AM – 12:20PM	Pushya Until 8:48AM	Ganesha: Light Blue <i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 7:49AM – 9:19AM	Shiva Until 12:26PM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 9 - Phase 23
Creative Work	Siddha Yoga	542213463 Rahu 12:20PM – 1:51PM	Kaulava Until 12:37AM Thu	Nataraja: Clear	2nd Phase
			Ekadashi* Until 2:06PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha/Magha* Nakshatra Siddha/Sadhya Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau	Jalandhar, India Sun 11 Sutra 165
Kataka Rasi: 29.38	Tithi 27 – 28	Gulika 9:19AM – 10:50AM	Ashlesha* Until 6:27AM	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM	Vikarin 5121
		Yama 6:19AM – 7:49AM	Siddha Until 8:47AM	Muruqa: Purple <i>Sunset:</i> 6:21PM	Moon 9 - Phase 23
Creative Work	Siddha Yoga	542213463 Rahu 1:50PM – 3:20PM	Gara Until 9:17PM	Nataraja: Clear	2nd Phase
Until 6:27AM			Dvadashi* Until 10:59AM	Moon – Blue	Devaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada•Puratasi	
				<i>Pradosha Vrata (Fasting)</i>	

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau	Jalandhar, India Sun 12 Sutra 166
Simha Rasi: 14.37	Tithi 28 – 29	Gulika 7:49AM – 9:19AM	Purvaphalguni Until 1:01AM Sat	Ganesha: Purple <i>Sunrise:</i> 6:19AM	Vikarin 5121
		Yama 3:20PM – 4:50PM	Subha Until 12:37AM Sat	Muruqa: Purple <i>Sunset:</i> 6:20PM	Moon 9 - Phase 23
Creative Work	Siddha Yoga	552213463 Rahu 10:50AM – 12:20PM	Sakuni Until 3:45AM Sat	Nataraja: Clear	2nd Phase
Until 1:01AM Sat			Trayodashi* Until 7:29AM	Moon – Red	Devaloka Day
Then Routine Work - Marana Yoga				Bhadrapada•Puratasi	

Retreat Star		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Jalandhar, India Sun 13 Sutra 167
Simha Rasi: 29.49	Tithi 30	Gulika 6:20AM – 7:50AM	Uttaraphalguni Until 9:54PM	Ganesha: Light Blue <i>Sunrise:</i> 6:20AM	Vikarin 5121
		Yama 1:49PM – 3:19PM	Sukla Until 8:21PM	Muruqa: Purple <i>Sunset:</i> 6:18PM	Moon 9 - Phase 23
Routine Work	Marana Yoga	652213463 Rahu 9:20AM – 10:49AM	Catuspada Until 1:52PM	Nataraja: Clear	Amavasya
			Amavasya* Until 11:58PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi	

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau	Jalandhar, India Sun 14 Sutra 168
Kanya Rasi: 15.02	Tithi 1	Gulika 3:18PM – 4:48PM	Hasta Until 7:09PM	Ganesha: Light Blue <i>Sunrise:</i> 6:21AM	Vikarin 5121
		Yama 12:19PM – 1:48PM	Brahma Until 4:09PM	Muruqa: Purple <i>Sunset:</i> 6:17PM	Moon 9 - Phase 23
Creative Work	Amrita Yoga	663213463 Rahu 4:48PM – 6:17PM	Kintughna Until 10:07AM	Nataraja: Clear	Prathama
Until 7:09PM			Prathama* Until 8:17PM	Moon – Green	Devaloka Day
Then Creative Work - Siddha Yoga		Navaratri Begins		Ashvina•Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Dvitiya/Tritiyam Titau			Jalandhar, India Sun 15 Sutra 169 Vikarin 5121
1		Gulika 1:48PM – 3:17PM	Chitra Until 4:32PM	Ganesha: Light Blue <i>Sunrise: 6:21AM</i>	
Tula Rasi: 0.07	Tithi 2 – 3	Yama 10:49AM – 12:19PM	Indra Until 12:11PM	Muruqa: Purple <i>Sunset: 6:16PM</i>	Moon 9 - Phase 24
Family Home Evening	663213463	Rahu 7:51AM – 9:20AM	Balava Until 6:34AM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 4:54PM	Moon – Green	Devaloka Day
Until 4:32PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Jalandhar, India Sun 16 Sutra 170 Vikarin 5121
2		Gulika 12:18PM – 1:47PM	Svati Until 2:15PM	Ganesha: Light Blue <i>Sunrise: 6:22AM</i>	
Tula Rasi: 14.55	Tithi 3 – 4	Yama 9:20AM – 10:49AM	Vaidhriti* Until 8:33AM	Muruqa: Purple <i>Sunset: 6:15PM</i>	Moon 9 - Phase 24
Creative Work Siddha Yoga	663213463	Rahu 3:16PM – 4:45PM	Vanija Until 12:47AM Wed	Nataraja: Clear	3rd Phase
Until 2:15PM			Tritiya Until 2:00PM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi	

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Jalandhar, India Sun 17 Sutra 171 Vikarin 5121
3		Gulika 10:49AM – 12:18PM	Vishakha Until 12:53PM	Ganesha: Purple <i>Sunrise: 6:22AM</i>	
Tula Rasi: 29.17	Tithi 4 – 5	Yama 7:51AM – 9:20AM	Priti Until 2:52AM Thu	Muruqa: Purple <i>Sunset: 6:13PM</i>	Moon 9 - Phase 24
Creative Work Siddha Yoga	673213463	Rahu 12:18PM – 1:47PM	Bava Until 10:52PM	Nataraja: Clear	3rd Phase
Until 4:32PM			Chaturthi Until 11:43AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Jalandhar, India Sun 18 Sutra 172 Vikarin 5121
4		Gulika 9:20AM – 10:49AM	Anuradha Until 12:08PM	Ganesha: Purple <i>Sunrise: 6:23AM</i>	
Vrischika Rasi: 13.11	Tithi 5 – 6	Yama 6:23AM – 7:52AM	Ayushman Until 12:59AM Fri	Muruqa: Purple <i>Sunset: 6:12PM</i>	Moon 9 - Phase 24
Creative Work Siddha Yoga	673213463	Rahu 1:46PM – 3:15PM	Kaulava Until 9:47PM	Nataraja: Clear	3rd Phase
Until 12:08PM			Panchami Until 10:12AM	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi	

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Jalandhar, India Sun 19 Sutra 173 Vikarin 5121
5		Gulika 7:52AM – 9:21AM	Jyeshtha* Until 12:06PM	Ganesha: Purple <i>Sunrise: 6:24AM</i>	
Vrischika Rasi: 26.34	Tithi 6 – 7	Yama 3:14PM – 4:42PM	Saubhagya Until 11:49PM	Muruqa: Purple <i>Sunset: 6:11PM</i>	Moon 9 - Phase 24
Routine Work Marana Yoga	673213463	Rahu 10:49AM – 12:17PM	Gara Until 9:36PM	Nataraja: Clear	3rd Phase
Until 12:06PM			Shashthi* Until 9:33AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Jalandhar, India Sun 20 Sutra 174 Vikarin 5121
Retreat Star		Gulika 6:24AM – 7:53AM	Mula* Until 1:15PM	Ganesha: Clear <i>Sunrise: 6:24AM</i>	
Dhanus Rasi: 9.3	Tithi 7 – 8	Yama 1:45PM – 3:13PM	Sobhana Until 11:21PM	Muruqa: Purple <i>Sunset: 6:10PM</i>	Moon 9 - Phase 24
Creative Work Siddha Yoga	683213463	Rahu 9:21AM – 10:49AM	Visti Until 10:17PM	Nataraja: Clear	Ashtami
Until 3:02PM			Saptami Until 9:49AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi	

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Jalandhar, India Sun 21 Sutra 175 Vikarin 5121
Retreat Star		Gulika 3:13PM – 4:40PM	Purvashadha* Until 3:02PM	Ganesha: Clear <i>Sunrise: 6:25AM</i>	
Dhanus Rasi: 22.01	Tithi 8 – 9	Yama 12:17PM – 1:45PM	Athiganda* Until 11:25PM	Muruqa: Purple <i>Sunset: 6:08PM</i>	Moon 9 - Phase 24
Creative Work Siddha Yoga	683213463	Rahu 4:40PM – 6:08PM	Balava Until 11:44PM	Nataraja: Clear	Navami
Until 3:02PM			Ashtami* Until 10:54AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Jalandhar, India Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:44PM – 3:12PM	Uttarashadha Until 5:16PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
Makara Rasi: 4.14	Tithi 9 – 10	Yama 10:49AM – 12:16PM	Sukarma Until 11:58PM	Muruqa: Purple <i>Sunset:</i> 6:07PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:53AM – 9:21AM	Taitila Until 1:47AM Tue	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Navami* Until 12:41PM	Moon – Light Blue	Sivaloka Day
Until 5:16PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Jalandhar, India Sun 23 Sutra 177 Vikarin 5121
2		Gulika 12:16PM – 1:44PM	Shravana Until 8:15PM	Ganesha: White <i>Sunrise:</i> 6:26AM	
Makara Rasi: 16.15	Tithi 10 – 11	Yama 9:21AM – 10:49AM	Dhriti Until 12:48AM Wed	Muruqa: Purple <i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 3:11PM – 4:38PM	Vanija Until 4:10AM Wed	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:55PM	Moon – Purple	Sivaloka Day
		Vijaya Dasami		Ashvina+Puratasi	

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Jalandhar, India Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:49AM – 12:16PM	Dhanishtha Until 11:16PM	Ganesha: White <i>Sunrise:</i> 6:27AM	
Makara Rasi: 28.08	Tithi 11 – 12	Yama 7:54AM – 9:21AM	Shula* Until 1:43AM Thu	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 12:16PM – 1:43PM	Bava Until 6:43AM Thu	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 5:25PM	Moon – Purple	Sivaloka Day
Until 11:16PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau			Jalandhar, India Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:22AM – 10:49AM	Shatabhishak Until 2:06AM Fri	Ganesha: White <i>Sunrise:</i> 6:28AM	
Kumbha Rasi: 9.59	Tithi 12	Yama 6:28AM – 7:55AM	Ganda* Until 2:39AM Fri	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 1:43PM – 3:10PM	Bava Until 6:43AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:57PM	Moon – Purple	Sivaloka Day
		Kadaitswami Mahasamadhi		Ashvina+Puratasi	

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau			Jalandhar, India Sun 26 Sutra 180 Vikarin 5121
5		Gulika 7:55AM – 9:22AM	Purvaproshtapada* Until 5:10AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:28AM	
Kumbha Rasi: 21.5	Tithi 13	Yama 3:09PM – 4:36PM	Vriddhi Until 3:30AM Sat	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 10:49AM – 12:15PM	Kaulava Until 9:13AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:23PM	Moon – Clear	Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi	
			<i>Pradosha Vrata</i>		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Jalandhar, India Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:29AM – 7:55AM	Uttaraproshtapada Until 7:51AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:29AM	
Meena Rasi: 3.44	Tithi 14	Yama 1:42PM – 3:08PM	Dhruva Until 4:10AM Sun	Muruqa: Purple <i>Sunset:</i> 6:01PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 9:22AM – 10:49AM	Gara Until 11:34AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:38AM Sun	Moon – Clear	Sivaloka Day
Until 7:51AM Sun				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Jalandhar, India Sutra 182 Vikarin 5121
○		Gulika 3:07PM – 4:34PM	Uttaraproshtapada Until 7:51AM	Ganesha: Yellow <i>Sunrise:</i> 6:30AM	
Meena Rasi: 15.43	Tithi 15	Yama 12:15PM – 1:41PM	Vyaghata* Until 4:38AM Mon	Muruqa: Purple <i>Sunset:</i> 6:00PM	Moon 9 - Phase 25
Copper Retreat Star	614213464	Rahu 4:34PM – 6:00PM	Visti Until 1:41PM	Nataraja: Purple	Purnima
Creative Work	Amrita Yoga		Purnima* Until 2:37AM Mon	Moon – Clear	Subha Sivaloka Day
				Ashvina+Puratasi	

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Jalandhar, India Sutra 183 Vikarin 5121
○		Gulika 1:41PM – 3:07PM	Revati Until 10:08AM	Ganesha: Yellow <i>Sunrise:</i> 6:30AM	
Meena Rasi: 27.49	Tithi 16	Yama 10:48AM – 12:15PM	Harshana Until 4:55AM Tue	Muruqa: Purple <i>Sunset:</i> 5:59PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 7:56AM – 9:22AM	Balava Until 3:32PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:20AM Tue	Moon – Clear	Subha Sivaloka Day
				Ashvina+Puratasi	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India

Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 10.01 Tithi 17

624213464

Gulika 12:14PM - 1:40PM
Yama 9:23AM - 10:48AM
Rahu 3:06PM - 4:32PM

Ashvini Until 12:27PM
Vajra* Until 4:55AM Wed
Taitila Until 5:05PM
Dvitiya Until 5:43AM Wed

Ganesha: White *Sunrise:* 6:31AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Wednesday, October 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija Karana Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 22.22 Tithi 18

624213464

Gulika 10:48AM - 12:14PM
Yama 7:57AM - 9:23AM
Rahu 12:14PM - 1:40PM

Bharani Until 2:18PM
Siddhi Until 4:41AM Thu
Vanija Until 6:19PM
Tritiya Until 6:47AM Thu

Ganesha: White *Sunrise:* 6:32AM
Muruqa: Purple *Sunset:* 5:57PM
Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 2:18PM

Then Creative Work - Amrita Yoga

Thursday, October 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Jalandhar, India

Sun 2 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 4.5 Tithi 18 - 19

624213464

Gulika 9:23AM - 10:49AM
Yama 6:32AM - 7:58AM
Rahu 1:39PM - 3:05PM

Krittika Until 3:39PM
Vyatipata* Until 4:10AM Fri
Bava Until 7:12PM
Tritiya Until 6:47AM

Ganesha: White *Sunrise:* 6:32AM
Muruqa: Purple *Sunset:* 5:55PM
Nataraja: Purple
Moon - White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Routine Work Marana Yoga

Friday, October 18, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 17.29 Tithi 19 - 20

634313464

Gulika 7:58AM - 9:23AM
Yama 3:04PM - 4:29PM
Rahu 10:49AM - 12:14PM

Rohini Until 4:57PM
Variyan Until 3:19AM Sat
Kaulava Until 7:41PM
Chaturthi* Until 7:28AM

Ganesha: White *Sunrise:* 6:33AM
Muruqa: Purple *Sunset:* 5:54PM
Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

Until 4:57PM

Then Creative Work - Siddha Yoga

Saturday, October 19, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 0.2 Tithi 20 - 21

634313464

Gulika 6:34AM - 7:59AM
Yama 1:38PM - 3:03PM
Rahu 9:24AM - 10:49AM

Mrigashira Until 5:39PM
Parigha* Until 2:06AM Sun
Gara Until 7:43PM
Panchami Until 7:44AM

Ganesha: White *Sunrise:* 6:34AM
Muruqa: Purple *Sunset:* 5:53PM
Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

Sunday, October 20, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.25 Tithi 21 - 22

634313464

Gulika 3:03PM - 4:27PM
Yama 12:13PM - 1:38PM
Rahu 4:27PM - 5:52PM

Ardra Until 5:42PM
Shiva Until 12:29AM Mon
Visti Until 7:14PM
Shashthi* Until 7:31AM

Ganesha: White *Sunrise:* 6:35AM
Muruqa: Purple *Sunset:* 5:52PM
Nataraja: Purple
Moon - Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

Monday, October 21, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 26.47 Tithi 22 - 23

644313464

Gulika 1:38PM - 3:02PM
Yama 10:49AM - 12:13PM
Rahu 8:00AM - 9:24AM

Punarvasu Until 5:31PM
Siddha Until 10:24PM
Balava Until 6:11PM
Saptami Until 6:45AM

Ganesha: Clear *Sunrise:* 6:35AM
Muruqa: Purple *Sunset:* 5:51PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 10.29 Tithi 24

644313464

Gulika 12:13PM - 1:37PM
Yama 9:24AM - 10:49AM
Rahu 3:01PM - 4:26PM

Pushya Until 4:37PM
Sadhya Until 7:51PM
Taitila Until 4:34PM
Navami* Until 3:32AM Wed

Ganesha: Clear *Sunrise:* 6:36AM
Muruqa: Purple *Sunset:* 5:50PM
Nataraja: Purple
Moon - Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India
	Kataka Rasi: 24.32	Tithi 25	644313464	Gulika 10:49AM – 12:13PM	Ashlesha* Until 3:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Blue	Sun 8 Sutra 192 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Siddha Yoga		Yama 8:01AM – 9:25AM	Subha Until 4:54PM	Sunrise: 6:37AM Sunset: 5:49PM	
				Rahu 12:13PM – 1:37PM	Vanija Until 2:25PM		Subha Sivaloka Day
				Dashami Until 1:08AM Thu	Ashvina•Aipasi		

2	Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India
	Simha Rasi: 8.55	Tithi 26	654313464	Gulika 9:25AM – 10:49AM	Magha* Until 1:15PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Red	Sun 9 Sutra 193 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Amrita Yoga		Yama 6:37AM – 8:01AM	Sukla Until 1:32PM	Sunrise: 6:37AM Sunset: 5:48PM	
	Until 1:15PM			Rahu 1:37PM – 3:00PM	Bava Until 11:46AM		Sivaloka Day
Then Creative Work - Siddha Yoga				Ekadashi* Until 10:17PM	Ashvina•Aipasi		

3	Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Dvadashyam Titau				Jalandhar, India
	Simha Rasi: 23.35	Tithi 27	654313464	Gulika 8:02AM – 9:25AM	Purvaphalguni Until 10:57AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Red	Sun 10 Sutra 194 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Siddha Yoga		Yama 3:00PM – 4:23PM	Brahma Until 9:52AM	Sunrise: 6:38AM Sunset: 5:47PM	
				Rahu 10:49AM – 12:13PM	Kaulava Until 8:45AM		Sivaloka Day
				Dvadashi* Until 7:08PM	Ashvina•Aipasi		

4	Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India
	Kanya Rasi: 8.28	Tithi 28 – 29	655313464	Gulika 6:39AM – 8:02AM	Uttaraphalguni Until 8:18AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Red	Sun 11 Sutra 195 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Routine Work	Marana Yoga		Yama 1:36PM – 2:59PM	Indra Until 6:01AM	Sunrise: 6:39AM Sunset: 5:46PM	
				Rahu 9:26AM – 10:49AM	Visti Until 2:07AM Sun		Subha Sivaloka Day
			Deepavali Hindu Solidarity Day	Trayodashi* Until 3:47PM	Ashvina•Aipasi		
				<i>Pradosha Vrata (Fasting)</i>			

	Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Jalandhar, India
	Retreat Star			Gulika 2:59PM – 4:22PM	Chitra Until 3:18AM Mon	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	Sun 12 Sutra 196 Vikarin 5121 Moon 10 - Phase 27 Amavasya
	Kanya Rasi: 23.26	Tithi 29 – 30	665313464	Yama 12:12PM – 1:36PM	Vishkambha* Until 10:10PM	Sunrise: 6:40AM Sunset: 5:45PM	
	Creative Work	Siddha Yoga		Rahu 4:22PM – 5:45PM	Catuspada Until 10:48PM		Subha Sivaloka Day
Until 3:18AM Mon			Subramuniyaswami Mahasamadhi	Chaturdashi* Until 12:25PM	Ashvina•Aipasi		
Then Creative Work - Amrita Yoga							

5	Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India
	Retreat Star			Gulika 1:35PM – 2:58PM	Svati Until 12:54AM Tue	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	Sun 13 Sutra 197 Vikarin 5121 Moon 10 - Phase 27 Prathama
	Tula Rasi: 8.19	Tithi 30 – 1	665313464	Yama 10:49AM – 12:12PM	Priti Until 6:27PM	Sunrise: 6:40AM Sunset: 5:44PM	
	Family Home Evening			Rahu 8:03AM – 9:26AM	Kintughna Until 7:42PM		Subha Sivaloka Day
Creative Work	Amrita Yoga			Amavasya* Until 9:12AM	Kartika•Aipasi		
Until 12:54AM Tue			Skanda Shasthi Begins				
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau			Jalandhar, India Sun 14 Sutra 198	
Tula Rasi: 23	Tithi 1 - 2	675313464	Gulika 12:12PM - 1:35PM Yama 9:27AM - 10:49AM Rahu 2:58PM - 4:20PM	Vishakha Until 11:12PM Ayushman Until 3:02PM Kaulava Until 3:51AM Wed Prathama* Until 6:17AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon - Orange	Sunrise: 6:41AM Sunset: 5:43PM	Moon 10 - Phase 28 3rd Phase	Subha Sivaloka Day Kartika-Aipasi
Routine Work Marana Yoga		Until 11:12PM		Then Creative Work - Siddha Yoga				

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau			Jalandhar, India Sun 15 Sutra 199	
Vischika Rasi: 7.2	Tithi 3	675313464	Gulika 10:50AM - 12:12PM Yama 8:05AM - 9:27AM Rahu 12:12PM - 1:35PM	Anuradha Until 9:59PM Saubhagya Until 12:04PM Taitila Until 2:52PM Tritiya Until 2:03AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon - Orange	Sunrise: 6:42AM Sunset: 5:42PM	Moon 10 - Phase 28 3rd Phase	Subha Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga		Until 11:12PM		Then Creative Work - Siddha Yoga				

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau			Jalandhar, India Sun 16 Sutra 200	
Vischika Rasi: 21.15	Tithi 4	675313464	Gulika 9:27AM - 10:50AM Yama 6:43AM - 8:05AM Rahu 1:34PM - 2:57PM	Jyeshtha* Until 9:21PM Sobhana Until 9:41AM Vanija Until 1:27PM Chaturthi* Until 1:01AM Fri	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon - Orange	Sunrise: 6:43AM Sunset: 5:41PM	Moon 10 - Phase 28 3rd Phase	Subha Sivaloka Day Kartika-Aipasi
Routine Work Prabalarishta Yoga		Until 9:21PM		Then Creative Work - Siddha Yoga				

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Jalandhar, India Sun 17 Sutra 201	
Dhanus Rasi: 4.42	Tithi 5	685313464	Gulika 8:06AM - 9:28AM Yama 2:56PM - 4:18PM Rahu 10:50AM - 12:12PM	Mula* Until 9:50PM Athiganda* Until 7:54AM Bava Until 12:51PM Panchami Until 12:51AM Sat	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Light Blue	Sunrise: 6:44AM Sunset: 5:40PM	Moon 10 - Phase 28 3rd Phase	Subha Subha Sivaloka Day Kartika-Aipasi
Creative Work Amrita Yoga		Until 9:50PM		Then Routine Work - Prabalarishta Yoga				

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau			Jalandhar, India Sun 18 Sutra 202	
Dhanus Rasi: 17.41	Tithi 6	685313464	Gulika 6:44AM - 8:06AM Yama 1:34PM - 2:56PM Rahu 9:28AM - 10:50AM	Purvashadha* Until 11:01PM Sukarma Until 6:48AM Kaulava Until 1:07PM Shashthi* Until 1:32AM Sun	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Light Blue	Sunrise: 6:44AM Sunset: 5:40PM	Moon 10 - Phase 28 3rd Phase	Subha Subha Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga		Until 11:01PM		Then Routine Work - Marana Yoga				

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau			Jalandhar, India Sun 19 Sutra 203	
Makara Rasi: 0.17	Tithi 7	685313464	Gulika 2:55PM - 4:17PM Yama 12:12PM - 1:34PM Rahu 4:17PM - 5:39PM	Uttarashadha Until 12:46AM Mon Dhriti Until 6:23AM Gara Until 2:12PM Saptami Until 3:00AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Light Blue	Sunrise: 6:45AM Sunset: 5:39PM	Moon 10 - Phase 28 3rd Phase	Subha Subha Sivaloka Day Kartika-Aipasi
Creative Work Amrita Yoga		Until 11:01PM		Then Routine Work - Marana Yoga				

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Jalandhar, India Sun 20 Sutra 204	
Makara Rasi: 12.33	Tithi 8	696313464	Gulika 1:34PM - 2:55PM Yama 10:51AM - 12:12PM Rahu 8:08AM - 9:29AM	Shravana Until 3:27AM Tue Shula* Until 6:29AM Visti Until 3:59PM Ashtami* Until 5:03AM Tue	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Purple	Sunrise: 6:46AM Sunset: 5:38PM	Moon 10 - Phase 28 Ashtami	Sivaloka Day Kartika-Aipasi
Family Home Evening		Creative Work Amrita Yoga		Until 3:27AM Tue		Then Creative Work - Siddha Yoga		

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Balava Karana Navamyam Titau			Jalandhar, India Sun 21 Sutra 205	
Makara Rasi: 24.35	Tithi 9	696313464	Gulika 12:12PM - 1:33PM Yama 9:29AM - 10:51AM Rahu 2:55PM - 4:16PM	Dhanishtha Until 6:19AM Wed Ganda* Until 7:02AM Balava Until 6:15PM Navami* Until 7:28AM Wed	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Purple	Sunrise: 6:47AM Sunset: 5:37PM	Moon 10 - Phase 28 Navami	Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga		Until 11:01PM		Then Creative Work - Siddha Yoga				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Jalandhar, India
	Kumbha Rasi: 6.3	Tithi 9 – 10	Gulika 10:51AM – 12:12PM	Dhanishtha Until 6:19AM	Ganesha: Purple	<i>Sunrise:</i> 6:48AM	Sun 22 Sutra 206
			Yama 8:09AM – 9:30AM	Vriddhi Until 7:51AM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Vikarin 5121
		696313464	Rahu 12:12PM – 1:33PM	Taitila Until 8:46PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Routine Work Prabalarishta Yoga Until 6:19AM Then Creative Work - Siddha Yoga			Navami* Until 7:28AM		Kartika-Aipasi		Sivaloka Day

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India
	Kumbha Rasi: 18.21	Tithi 10 – 11	Gulika 9:30AM – 10:51AM	Shatabhishak Until 9:09AM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM	Sun 23 Sutra 207
			Yama 6:49AM – 8:09AM	Dhruva Until 8:44AM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Vikarin 5121
		796313464	Rahu 1:33PM – 2:54PM	Vanija Until 11:17PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga			Dashami Until 10:01AM		Kartika-Aipasi		Subha Sivaloka Day

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India
	Meena Rasi: 0.14	Tithi 11 – 12	Gulika 8:10AM – 9:31AM	Purvaproshtapada* Until 12:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	Sun 24 Sutra 208
			Yama 2:54PM – 4:14PM	Vyaghata* Until 9:34AM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Vikarin 5121
		716313464	Rahu 10:51AM – 12:12PM	Bava Until 1:38AM Sat	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga			Ekadashi Until 12:28PM		Kartika-Aipasi		Subha Sivaloka Day

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	Meena Rasi: 12.11	Tithi 12 – 13	Gulika 6:50AM – 8:11AM	Uttaraproshtapada Until 2:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM	Sun 25 Sutra 209
			Yama 1:33PM – 2:53PM	Harshana Until 10:14AM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Vikarin 5121
		716313464	Rahu 9:31AM – 10:52AM	Kaulava Until 3:42AM Sun	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga Until 2:55PM Then Routine Work - Prabalarishta Yoga			Dvadashi Until 2:41PM		Kartika-Aipasi		Subha Sivaloka Day
<i>Pradosha Vrata</i>							

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India
	Meena Rasi: 24.16	Tithi 13 – 14	Gulika 2:53PM – 4:13PM	Revati Until 5:07PM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	Sun 26 Sutra 210
			Yama 12:12PM – 1:33PM	Vajra* Until 10:38AM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Vikarin 5121
		716313464	Rahu 4:13PM – 5:34PM	Gara Until 5:22AM Mon	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Amrita Yoga Until 5:07PM Then Creative Work - Siddha Yoga			Trayodashi Until 4:33PM		Kartika-Aipasi		Subha Sivaloka Day

6	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdashyam Titau				Jalandhar, India
	Mesha Rasi: 6.29	Tithi 14	Gulika 1:33PM – 2:53PM	Ashvini Until 7:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	Sun 27 Sutra 211
			Yama 10:52AM – 12:12PM	Siddhi Until 10:45AM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Vikarin 5121
	Family Home Evening	727313464	Rahu 8:12AM – 9:32AM	Vanija Until 6:02PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 6:02PM		Kartika-Aipasi		Subha Sivaloka Day

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Vistil/Bava Karana Purnimayam Titau				Jalandhar, India
	Copper Retreat Star		Gulika 12:13PM – 1:33PM	Bharani Until 8:49PM	Ganesha: White	<i>Sunrise:</i> 6:53AM	Sun 28 Sutra 212
	Mesha Rasi: 18.54	Tithi 15	Yama 9:33AM – 10:53AM	Vyatipata* Until 10:33AM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Vikarin 5121
			727413464 Rahu 2:52PM – 4:12PM	Vistil Until 6:37AM	Nataraja: Purple		Moon 10 - Phase 29 Purnima
Creative Work Siddha Yoga			Purnima* Until 7:04PM		Kartika-Aipasi		Sivaloka Day

○	Wednesday, November 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India
	Silver Retreat Star		Gulika 10:53AM – 12:13PM	Krittika Until 9:49PM	Ganesha: White	<i>Sunrise:</i> 6:54AM	Sun 29 Sutra 213
	Vrishabha Rasi: 1.3	Tithi 16	Yama 8:13AM – 9:33AM	Variyan Until 10:00AM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Vikarin 5121
			727413464 Rahu 12:13PM – 1:32PM	Balava Until 7:27AM	Nataraja: Purple		Moon 10 - Phase 29 Prathama
Creative Work Amrita Yoga Until 9:49PM Then Creative Work - Siddha Yoga			Prathama* Until 7:41PM		Kartika-Aipasi		Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 14.17 Tithi 17

Gulika 9:34AM - 10:53AM

Yama 6:54AM - 8:14AM

Rahu 1:32PM - 2:52PM

Rohini Until 10:44PM

Parigha* Until 9:09AM

Taitila Until 7:52AM

Dvitiya Until 7:54PM

Ganesha: Clear

Sunrise: 6:54AM

Muruqa: Purple

Sunset: 5:31PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

Friday, November 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Jalandhar, India

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 27.16 Tithi 18

Gulika 8:15AM - 9:34AM

Yama 2:52PM - 4:11PM

Rahu 10:54AM - 12:13PM

Mrigashira Until 11:08PM

Shiva Until 8:01AM

Vanija Until 7:53AM

Tritiya Until 7:44PM

Ganesha: Clear

Sunrise: 6:55AM

Muruqa: Purple

Sunset: 5:31PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Saturday, November 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Mithuna Rasi: 10.26 Tithi 19

Gulika 6:56AM - 8:15AM

Yama 1:32PM - 2:52PM

Rahu 9:35AM - 10:54AM

Ardra Until 11:02PM

Siddha Until 6:33AM

Bava Until 7:32AM

Chaturthi* Until 7:12PM

Ganesha: Clear

Sunrise: 6:56AM

Muruqa: Purple

Sunset: 5:30PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Sunday, November 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

747413465 Mithuna Rasi: 23.48 Tithi 20

Gulika 2:52PM - 4:11PM

Yama 12:13PM - 1:32PM

Rahu 4:11PM - 5:30PM

Punarvasu Until 10:54PM

Subha Until 2:50AM Mon

Kaulava Until 6:50AM

Panchami Until 6:20PM

Ganesha: Purple

Sunrise: 6:57AM

Muruqa: Purple

Sunset: 5:30PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

Monday, November 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 7.21 Tithi 21 - 22

Gulika 1:32PM - 2:51PM

Yama 10:55AM - 12:14PM

Rahu 8:17AM - 9:36AM

Pushya Until 10:16PM

Sukla Until 12:33AM Tue

Visti Until 4:23AM Tue

Shashthi* Until 5:07PM

Ganesha: Clear

Sunrise: 6:58AM

Muruqa: Purple

Sunset: 5:29PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, November 19, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 21.07 Tithi 22 - 23

Gulika 12:14PM - 1:33PM

Yama 9:36AM - 10:55AM

Rahu 2:51PM - 4:10PM

Ashlesha* Until 9:10PM

Brahma Until 10:01PM

Balava Until 2:40AM Wed

Saptami Until 3:33PM

Ganesha: Clear

Sunrise: 6:59AM

Muruqa: Purple

Sunset: 5:29PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Ashtami

758413465 Simha Rasi: 5.04 Tithi 23 - 24

Gulika 10:55AM - 12:14PM

Yama 8:18AM - 9:37AM

Rahu 12:14PM - 1:33PM

Magha* Until 8:02PM

Indra Until 7:14PM

Taitila Until 12:38AM Thu

Ashtami* Until 1:40PM

Ganesha: White

Sunrise: 7:00AM

Muruqa: Purple

Sunset: 5:28PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:02PM

Then Creative Work - Amrita Yoga

Thursday, November 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Jalandhar, India

Sun 8 Sutra 221

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Simha Rasi: 19.13 Tithi 24 - 25

Gulika 9:37AM - 10:56AM

Yama 7:00AM - 8:19AM

Rahu 1:33PM - 2:51PM

Purvaphalguni Until 6:29PM

Vaidhriti* Until 4:12PM

Vanija Until 10:19PM

Navami* Until 11:29AM

Ganesha: White

Sunrise: 7:00AM

Muruqa: Purple

Sunset: 5:28PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day


Creative Work Siddha Yoga

1		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 9 Sutra 222	
Kanya Rasi: 3.34	Tithi 25 – 26	Gulika 8:20AM – 9:38AM	Uttaraphalguni Until 4:33PM	Ganesha: White	<i>Sunrise:</i> 7:01AM		Vikarin 5121	
		Yama 2:51PM – 4:09PM	Vishkambha* Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM		Moon 11 - Phase 31	
		758413465 Rahu 10:56AM – 12:15PM	Bava Until 7:47PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 9:03AM	Moon – Red		Subha Sivaloka Day		
Until 4:33PM						Karttika-Karttikai		
Then Creative Work - Amrita Yoga								

2		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau			Jalandhar, India Sun 10 Sutra 223	
Kanya Rasi: 18.01	Tithi 26 – 27	Gulika 7:02AM – 8:20AM	Hasta Until 2:46PM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM		Vikarin 5121	
		Yama 1:33PM – 2:51PM	Priti Until 9:39AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM		Moon 11 - Phase 31	
		768413465 Rahu 9:38AM – 10:57AM	Taitila Until 3:47AM Sun	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 6:27AM	Moon – Green		Sivaloka Day		
						Karttika-Karttikai		

3		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau			Jalandhar, India Sun 11 Sutra 224	
Tula Rasi: 2.32	Tithi 28	Gulika 2:51PM – 4:09PM	Chitra Until 12:50PM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM		Vikarin 5121	
		Yama 12:15PM – 1:33PM	Ayushman Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM		Moon 11 - Phase 31	
		769413465 Rahu 4:09PM – 5:27PM	Gara Until 2:29PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:10AM Mon	Moon – Green		Devaloka Day		
						Karttika-Karttikai		
						<i>Pradosha Vrata (Fasting)</i>		

4		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Jalandhar, India Sun 12 Sutra 225	
Tula Rasi: 17	Tithi 29	Gulika 1:33PM – 2:51PM	Svati Until 10:51AM	Ganesha: Blue	<i>Sunrise:</i> 7:04AM		Vikarin 5121	
Family Home Evening		Yama 10:58AM – 12:15PM	Sobhana Until 11:45PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM		Moon 11 - Phase 31	
Creative Work	Amrita Yoga	769413465 Rahu 8:22AM – 9:40AM	Visti Until 11:56AM	Nataraja: Clear			2nd Phase	
Until 10:51AM			Chaturdashi* Until 10:44PM	Moon – Green		Devaloka Day		
Then Routine Work - Marana Yoga						Karttika-Karttikai		

		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Jalandhar, India Sun 13 Sutra 226	
Retreat Star		Gulika 12:16PM – 1:33PM	Vishakha Until 9:24AM	Ganesha: Blue	<i>Sunrise:</i> 7:05AM		Vikarin 5121	
Vrischika Rasi: 1.19	Tithi 30	Yama 9:40AM – 10:58AM	Athiganda* Until 8:50PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM		Moon 11 - Phase 31	
		779413465 Rahu 2:51PM – 4:09PM	Catuspada Until 9:39AM	Nataraja: Clear			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 8:38PM	Moon – Orange		Devaloka Day		
Until 9:24AM						Karttika-Karttikai		
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau			Jalandhar, India Sun 14 Sutra 227	
Vrischika Rasi: 15.23	Tithi 1	Gulika 10:58AM – 12:16PM	Anuradha Until 8:12AM	Ganesha: Blue	<i>Sunrise:</i> 7:06AM		Vikarin 5121	
		Yama 8:23AM – 9:41AM	Sukarma Until 6:19PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM		Moon 11 - Phase 31	
		779413465 Rahu 12:16PM – 1:34PM	Kintughna Until 7:46AM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:00PM	Moon – Orange		Devaloka Day		
						Margasira-Karttikai		

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau	Jalandhar, India Sun 15 Sutra 228 Vikarin 5121
Vrischika Rasi: 29.07	Tithi 2 – 3	Gulika 9:41AM – 10:59AM	Jyeshtha* Until 7:23AM	Ganesha: Blue <i>Sunrise:</i> 7:06AM	
		Yama 7:06AM – 8:24AM	Dhriti Until 4:17PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
		779413465 Rahu 1:34PM – 2:51PM	Balava Until 6:25AM	Nataraja: Clear	3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 5:59PM	Moon – Orange	Devaloka Day
Until 7:23AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Jalandhar, India Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 12.29	Tithi 3 – 4	Gulika 8:25AM – 9:42AM	Mula* Until 7:32AM	Ganesha: Blue <i>Sunrise:</i> 7:07AM	
		Yama 2:51PM – 4:09PM	Shula* Until 2:46PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
		789413465 Rahu 10:59AM – 12:17PM	Vanija Until 5:49AM Sat	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 5:40PM	Moon – Light Blue	Devaloka Day
Until 7:32AM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga					

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Chaturthyam Titau	Jalandhar, India Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 25.28	Tithi 4	Gulika 7:08AM – 8:25AM	Purvashadha* Until 8:15AM	Ganesha: Blue <i>Sunrise:</i> 7:08AM	
		Yama 1:34PM – 2:52PM	Ganda* Until 1:51PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
		789413465 Rahu 9:43AM – 11:00AM	Visti Until 6:07PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:07PM	Moon – Light Blue	Devaloka Day
Until 8:15AM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau	Jalandhar, India Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 8.05	Tithi 5	Gulika 2:52PM – 4:09PM	Uttarashadha Until 9:31AM	Ganesha: Blue <i>Sunrise:</i> 7:09AM	
		Yama 12:17PM – 1:35PM	Vridhhi Until 1:31PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
		789413465 Rahu 4:09PM – 5:26PM	Bava Until 6:38AM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 7:17PM	Moon – Light Blue	Devaloka Day
Until 5:26PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailita Karana Shashthyam Titau	Jalandhar, India Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 20.24	Tithi 6	Gulika 1:35PM – 2:52PM	Shravana Until 11:46AM	Ganesha: Clear <i>Sunrise:</i> 7:10AM	
Family Home Evening		Yama 11:01AM – 12:18PM	Dhruva Until 1:39PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
		791413465 Rahu 8:27AM – 9:44AM	Kaulava Until 8:09AM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 9:05PM	Moon – Purple	Sivaloka Day
Until 11:46AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Jalandhar, India Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 2.29	Tithi 7	Gulika 12:18PM – 1:35PM	Dhanishtha Until 2:21PM	Ganesha: Clear <i>Sunrise:</i> 7:11AM	
		Yama 9:44AM – 11:01AM	Vyaghata* Until 2:11PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
		791413465 Rahu 2:52PM – 4:09PM	Gara Until 10:12AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:21PM	Moon – Purple	Sivaloka Day
Until 2:21PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Jalandhar, India Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 14.26	Tithi 8	Gulika 11:02AM – 12:19PM	Shatabhishak Until 5:03PM	Ganesha: Clear <i>Sunrise:</i> 7:11AM	
		Yama 8:28AM – 9:45AM	Harshana Until 2:57PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
		791413465 Rahu 12:19PM – 1:35PM	Visti Until 12:35PM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:49AM Thu	Moon – Purple	Sivaloka Day
Until 5:03PM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Jalandhar, India Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 26.19	Tithi 9	Gulika 9:46AM – 11:02AM	Purvaproshtapada* Until 8:09PM	Ganesha: Yellow <i>Sunrise:</i> 7:12AM	
		Yama 7:12AM – 8:29AM	Vajra* Until 3:45PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
		711413465 Rahu 1:36PM – 2:52PM	Balava Until 3:06PM	Nataraja: Clear	Navami
Creative Work	Siddha Yoga		Navami* Until 4:18AM Fri	Moon – Clear	Sivaloka Day
Until 2:52PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyaltipata* Yoga Taitila/Gara Karana Dashamyam Titau			Jalandhar, India Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 8.13	Tithi 10	Gulika 8:30AM – 9:46AM	Uttaraproshtapada Until 10:57PM	Ganesha: Yellow	<i>Sunrise:</i> 7:13AM		
		Yama 2:53PM – 4:09PM	Siddhi Until 4:29PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM		Moon 11 - Phase 33
		711413465 Rahu 11:03AM – 12:19PM	Taitila Until 5:30PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:35AM Sat	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 20.11	Tithi 10 – 11	Gulika 7:14AM – 8:30AM	Revati Until 1:16AM Sun	Ganesha: White	<i>Sunrise:</i> 7:14AM		
		Yama 1:36PM – 2:53PM	Vyatipata* Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM		Moon 11 - Phase 33
		711513465 Rahu 9:47AM – 11:03AM	Vanija Until 7:37PM	Nataraja: Clear			4th Phase
Routine Work	Prabalarishta Yoga		Dashami Until 6:35AM	Moon – Clear		Subha Sivaloka Day	
Until 1:16AM Sun		Gita Jayanthi		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Jalandhar, India Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 2.19	Tithi 11 – 12	Gulika 2:53PM – 4:10PM	Ashvini Until 3:29AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:14AM		
		Yama 12:20PM – 1:37PM	Variyan Until 5:13PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM		Moon 11 - Phase 33
		721513465 Rahu 4:10PM – 5:26PM	Bava Until 9:17PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:29AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 14.37	Tithi 12 – 13	Gulika 1:37PM – 2:53PM	Bharani Until 5:00AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:15AM		
Family Home Evening		Yama 11:04AM – 12:21PM	Parigha* Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM		Moon 11 - Phase 33
		721513465 Rahu 8:32AM – 9:48AM	Kaulava Until 10:25PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:54AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 27.11	Tithi 13 – 14	Gulika 12:21PM – 1:37PM	Krittika Until 5:48AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:16AM		
		Yama 9:49AM – 11:05AM	Shiva Until 4:24PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM		Moon 11 - Phase 33
		721513465 Rahu 2:54PM – 4:10PM	Gara Until 10:59PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:45AM	Moon – White		Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai			

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Jalandhar, India Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 11:05AM – 12:22PM	Rohini Until 6:22AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:17AM		
Vrishabha Rasi: 10.01	Tithi 14 – 15	Yama 8:33AM – 9:49AM	Siddha Until 3:19PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM		Moon 11 - Phase 33
		731523465 Rahu 12:22PM – 1:38PM	Visti Until 10:58PM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 11:01AM	Moon – Yellow		Sivaloka Day	
Until 6:22AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Jalandhar, India Sutra 242 Vikarin 5121		
Silver Retreat Star		Gulika 9:50AM – 11:06AM	Rohini Until 6:22AM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM		
Vrishabha Rasi: 23.07	Tithi 15 – 16	Yama 7:17AM – 8:34AM	Sadhya Until 1:50PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM		Moon 11 - Phase 33
		732523465 Rahu 1:38PM – 2:54PM	Balava Until 10:25PM	Nataraja: Clear			Prathama
Routine Work	Marana Yoga		Purnima* Until 10:44AM	Moon – Yellow		Devaloka Day	
		Vinayaga Viratam Begins		Margasira-Karttikai			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sukla/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India

Sutra 243

Mithuna Rasi: 6.29 Tithi 16 - 17

732523465

Gulika 8:34AM - 9:50AM
Yama 2:55PM - 4:11PM
Rahu 11:06AM - 12:23PM

Mrigashira Until 6:18AM

Subha Until 11:58AM

Taitila Until 9:26PM

Prathama* Until 9:57AM

Ganesha: Clear

Sunrise: 7:18AM

Muruga: Clear

Sunset: 5:27PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Moon 12 - Phase 34

1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 244

Mithuna Rasi: 20.06 Tithi 17 - 18

742523465

Gulika 7:19AM - 8:35AM
Yama 1:39PM - 2:55PM
Rahu 9:51AM - 11:07AM

Punarvasu Until 4:59AM Sun

Sukla Until 9:45AM

Vanija Until 8:04PM

Dvitiya Until 8:46AM

Ganesha: Purple

Sunrise: 7:19AM

Muruga: Clear

Sunset: 5:27PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Moon 12 - Phase 34

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 245

Kataka Rasi: 3.55 Tithi 18 - 19

742523465

Gulika 2:56PM - 4:12PM
Yama 12:24PM - 1:40PM
Rahu 4:12PM - 5:28PM

Pushya Until 3:55AM Mon

Brahma Until 7:19AM

Bava Until 6:25PM

Tritiya Until 7:15AM

Ganesha: Purple

Sunrise: 7:19AM

Muruga: Clear

Sunset: 5:28PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Moon 12 - Phase 34

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 246

Kataka Rasi: 17.52 Tithi 20

742523465

Gulika 1:40PM - 2:56PM
Yama 11:08AM - 12:24PM
Rahu 8:36AM - 9:52AM

Ashlesha* Until 2:32AM Tue

Vaidhriti* Until 1:54AM Tue

Kaulava Until 4:34PM

Panchami Until 3:34AM Tue

Ganesha: Purple

Sunrise: 7:20AM

Muruga: Clear

Sunset: 5:28PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Moon 12 - Phase 34

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 247

Simha Rasi: 1.56 Tithi 21

852523465

Gulika 12:25PM - 1:41PM
Yama 9:53AM - 11:09AM
Rahu 2:56PM - 4:12PM

Magha* Until 1:20AM Wed

Vishkambha* Until 11:03PM

Gara Until 2:36PM

Shashthi* Until 1:33AM Wed

Ganesha: Purple

Sunrise: 7:21AM

Muruga: Clear

Sunset: 5:28PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Moon 12 - Phase 34

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 1:20AM Wed

Then Creative Work - Amrita Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti* Yoga Visti*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 248

Simha Rasi: 16.04 Tithi 22

852523465

Gulika 11:09AM - 12:25PM
Yama 8:37AM - 9:53AM
Rahu 12:25PM - 1:41PM

Purvaphalguni Until 11:57PM

Priti Until 8:10PM

Visti Until 12:32PM

Saptami Until 11:29PM

Ganesha: Purple

Sunrise: 7:21AM

Muruga: Clear

Sunset: 5:29PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Moon 12 - Phase 34

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 249

Kanya Rasi: 0.13 Tithi 23

852523465

Gulika 9:54AM - 11:10AM
Yama 7:22AM - 8:38AM
Rahu 1:41PM - 2:57PM

Uttaraphalguni Until 10:25PM

Ayushman Until 5:14PM

Balava Until 10:27AM

Ashtami* Until 9:24PM

Ganesha: Purple

Sunrise: 7:22AM

Muruga: Clear

Sunset: 5:29PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Moon 12 - Phase 34

Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 10:25PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 250

Kanya Rasi: 14.23 Tithi 24

862523465

Gulika 8:38AM - 9:54AM
Yama 2:58PM - 4:14PM
Rahu 11:10AM - 12:26PM

Hasta Until 9:11PM

Saubhagya Until 2:20PM

Taitila Until 8:23AM

Navami* Until 7:20PM

Ganesha: Clear

Sunrise: 7:22AM

Muruga: Clear

Sunset: 5:30PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Moon 12 - Phase 34

Navami

Devaloka Day

Creative Work Amrita Yoga

Until 9:11PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Dashami/Ekadashyam Tilau	Jalandhar, India Sun 8 Sutra 251 Vikarin 5121
Kanya Rasi: 28.31	Tithi 25 – 26	Gulika 7:23AM – 8:39AM	Chitra Until 7:52PM	Ganesha: Clear <i>Sunrise: 7:23AM</i>	
		Yama 1:42PM – 2:58PM	Sobhana Until 11:29AM	Muruqa: Clear <i>Sunset: 5:30PM</i>	Moon 12 - Phase 35
	862523465	Rahu 9:55AM – 11:11AM	Vanija Until 6:21AM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Green	Devaloka Day
Until 7:52PM		Day 1 of Pancha Ganapati	Dashami Until 5:21PM	Margasira-Markali	
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau	Jalandhar, India Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 12.35	Tithi 26 – 27	Gulika 2:59PM – 4:15PM	Svati Until 6:33PM	Ganesha: Clear <i>Sunrise: 7:23AM</i>	
		Yama 12:27PM – 1:43PM	Athiganda* Until 8:42AM	Muruqa: Clear <i>Sunset: 5:31PM</i>	Moon 12 - Phase 35
	862523465	Rahu 4:15PM – 5:31PM	Kaulava Until 2:37AM Mon	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Green	Devaloka Day
Until 6:33PM		Day 2 of Pancha Ganapati	Ekadashi* Until 3:28PM	Margasira-Markali	
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Tilau	Jalandhar, India Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 26.33	Tithi 27 – 28	Gulika 1:43PM – 2:59PM	Vishakha Until 5:43PM	Ganesha: White <i>Sunrise: 7:24AM</i>	
Family Home Evening		Yama 11:12AM – 12:28PM	Sukarma Until 6:03AM	Muruqa: Clear <i>Sunset: 5:31PM</i>	Moon 12 - Phase 35
	872523465	Rahu 8:40AM – 9:56AM	Gara Until 1:04AM Tue	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Orange	Bhuloka Day
Until 5:43PM		Day 3 of Pancha Ganapati	Dvadashi* Until 1:47PM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Tilau	Jalandhar, India Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 10.23	Tithi 28 – 29	Gulika 12:28PM – 1:44PM	Anuradha Until 5:01PM	Ganesha: White <i>Sunrise: 7:24AM</i>	
		Yama 9:56AM – 11:12AM	Shula* Until 1:24AM Wed	Muruqa: Clear <i>Sunset: 5:32PM</i>	Moon 12 - Phase 35
	872523465	Rahu 3:00PM – 4:16PM	Visti Until 11:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Orange	Bhuloka Day
Until 5:01PM		Day 4 of Pancha Ganapati	Trayodashi* Until 12:22PM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau	Jalandhar, India Sun 12 Sutra 255 Vikarin 5121
Retreat Star		Gulika 11:13AM – 12:29PM	Jyeshtha* Until 4:32PM	Ganesha: White <i>Sunrise: 7:25AM</i>	
Vrischika Rasi: 24	Tithi 29 – 30	Yama 8:41AM – 9:57AM	Ganda* Until 11:32PM	Muruqa: Clear <i>Sunset: 5:32PM</i>	Moon 12 - Phase 35
	872523465	Rahu 12:29PM – 1:44PM	Catuspada Until 10:59PM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga			Moon – Orange	Bhuloka Day
Until 4:32PM		Day 5 of Pancha Ganapati	Chaturdashi* Until 11:19AM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau	Jalandhar, India Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 7.23	Tithi 30 – 1	Gulika 9:57AM – 11:13AM	Mula* Until 4:49PM	Ganesha: Orange <i>Sunrise: 7:25AM</i>	
		Yama 7:25AM – 8:41AM	Vriddhi Until 10:04PM	Muruqa: Clear <i>Sunset: 5:33PM</i>	Moon 12 - Phase 35
	883523465	Rahu 1:45PM – 3:01PM	Kintughna Until 10:39PM	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga			Moon – Light Blue	Devaloka Day
		Annular Solar Eclipse	Amavasya* Until 10:44AM	Pausha-Markali	

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Jalandhar, India Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 20.29	Tithi 1 – 2	Gulika 8:42AM – 9:58AM	Purvashadha* Until 5:29PM	Ganesha: Orange	Sunrise: 7:26AM		
		Yama 3:02PM – 4:17PM	Dhruva Until 9:01PM	Muruqa: Clear	Sunset: 5:33PM		Moon 12 - Phase 36
		883523466 Rahu 11:14AM – 12:30PM	Balava Until 10:52PM	Nataraja: Orange			3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 10:40AM	Moon – Light Blue		Devaloka Day	
Until 5:29PM				Pausha-Markali			
Then Routine Work - Marana Yoga							

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Jalandhar, India Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 3.18	Tithi 2 – 3	Gulika 7:26AM – 8:42AM	Uttarashadha Until 6:34PM	Ganesha: Orange	Sunrise: 7:26AM		
		Yama 1:46PM – 3:02PM	Vyaghata* Until 8:26PM	Muruqa: Clear	Sunset: 5:34PM		Moon 12 - Phase 36
		883523466 Rahu 9:58AM – 11:14AM	Taitila Until 11:42PM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 11:12AM	Moon – Light Blue		Devaloka Day	
Until 6:34PM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Jalandhar, India Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 15.51	Tithi 3 – 4	Gulika 3:03PM – 4:19PM	Shravana Until 8:32PM	Ganesha: Clear	Sunrise: 7:26AM		
		Yama 12:31PM – 1:47PM	Harshana Until 8:18PM	Muruqa: Clear	Sunset: 5:35PM		Moon 12 - Phase 36
		893523466 Rahu 4:19PM – 5:35PM	Vanija Until 1:07AM Mon	Nataraja: Orange			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 12:19PM	Moon – Purple		Devaloka Day	
Until 8:32PM				Pausha-Markali			
Then Routine Work - Marana Yoga							

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Jalandhar, India Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 28.09	Tithi 4 – 5	Gulika 1:47PM – 3:03PM	Dhanishtha Until 10:50PM	Ganesha: Clear	Sunrise: 7:27AM		
		Yama 11:15AM – 12:31PM	Vajra* Until 8:33PM	Muruqa: Clear	Sunset: 5:35PM		Moon 12 - Phase 36
Family Home Evening		893523466 Rahu 8:43AM – 9:59AM	Bava Until 3:01AM Tue	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:59PM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Jalandhar, India Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 10.15	Tithi 5 – 6	Gulika 12:32PM – 1:48PM	Shatabhishak Until 1:20AM Wed	Ganesha: Clear	Sunrise: 7:27AM		
		Yama 9:59AM – 11:15AM	Siddhi Until 9:06PM	Muruqa: Clear	Sunset: 5:36PM		Moon 12 - Phase 36
		893523466 Rahu 3:04PM – 4:20PM	Kaulava Until 5:18AM Wed	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Panchami Until 4:06PM	Moon – Purple		Devaloka Day	
Until 1:20AM Wed				Pausha-Markali			
Then Creative Work - Amrita Yoga							

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila Karana Shashthyam Titau			Jalandhar, India Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 22.13	Tithi 6	Gulika 11:16AM – 12:32PM	Purvaproshtapada* Until 4:24AM Thu	Ganesha: Blue	Sunrise: 7:27AM		
		Yama 8:44AM – 10:00AM	Vyatipata* Until 9:51PM	Muruqa: Clear	Sunset: 5:38PM		Moon 12 - Phase 36
		813623466 Rahu 12:32PM – 1:49PM	Taitila Until 6:31PM	Nataraja: Orange			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 6:31PM	Moon – Clear		Bhuloka Day	
Until 4:24AM Thu				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau			Jalandhar, India Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 4.07	Tithi 7	Gulika 10:00AM – 11:17AM	Uttaraproshtapada Until 7:18AM Fri	Ganesha: Blue	Sunrise: 7:28AM		
		Yama 7:28AM – 8:44AM	Variyan Until 10:38PM	Muruqa: Clear	Sunset: 5:38PM		Moon 12 - Phase 36
		813623466 Rahu 1:49PM – 3:06PM	Gara Until 7:47AM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 9:01PM	Moon – Clear		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau			Jalandhar, India Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 16.01	Tithi 8	Gulika 8:44AM – 10:01AM	Uttaraproshtapada Until 7:18AM	Ganesha: Blue	Sunrise: 7:28AM		
		Yama 3:06PM – 4:23PM	Parigha* Until 11:21PM	Muruqa: Clear	Sunset: 5:39PM		Moon 12 - Phase 36
		813623466 Rahu 11:17AM – 12:33PM	Visti Until 10:16AM	Nataraja: Orange			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:25PM	Moon – Clear		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau			Jalandhar, India Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 27.58	Tithi 9	Gulika 7:28AM – 8:44AM	Revati Until 9:53AM	Ganesha: Blue	Sunrise: 7:28AM		
		Yama 1:50PM – 3:07PM	Shiva Until 11:51PM	Muruqa: Clear	Sunset: 5:40PM		Moon 12 - Phase 36
		813623466 Rahu 10:01AM – 11:17AM	Balava Until 12:32PM	Nataraja: Orange			Navami
Routine Work	Prabalarishta Yoga		Navami* Until 1:31AM Sun	Moon – Clear		Bhuloka Day	
Until 9:53AM				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 10.04	Tithi 10	Gulika 3:07PM – 4:24PM	Ashvini Until 12:24PM	Ganesha: Yellow <i>Sunrise:</i> 7:28AM	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 37
		Yama 12:34PM – 1:51PM	Siddha Until 11:57PM	Muruqa: Clear		4th Phase
		823623466 Rahu 4:24PM – 5:41PM	Taitila Until 2:24PM	Nataraja: Orange		
Creative Work	Siddha Yoga			Moon – White		Devaloka Day
Until 12:24PM		Subramuniyaswami Jayanti	Dashami Until 3:06AM Mon	Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 22.22	Tithi 11	Gulika 1:51PM – 3:08PM	Bharani Until 2:14PM	Ganesha: Yellow <i>Sunrise:</i> 7:28AM	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 37
Family Home Evening		Yama 11:18AM – 12:35PM	Sadhya Until 11:36PM	Muruqa: Clear		4th Phase
Creative Work	Siddha Yoga	823623466 Rahu 8:45AM – 10:01AM	Vanija Until 3:41PM	Nataraja: Orange		
Until 2:14PM		Vaikuntha Ekadasi	Ekadashi Until 4:03AM Tue	Moon – White		Devaloka Day
Then Routine Work - Marana Yoga				Pausha-Markali		

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 4.58	Tithi 12	Gulika 12:35PM – 1:52PM	Krittika Until 3:15PM	Ganesha: Yellow <i>Sunrise:</i> 7:28AM	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 37
		Yama 10:02AM – 11:18AM	Subha Until 10:43PM	Muruqa: Clear		4th Phase
		823623466 Rahu 3:09PM – 4:25PM	Bava Until 4:17PM	Nataraja: Orange		
Creative Work	Siddha Yoga			Moon – White		Devaloka Day
Until 3:15PM			Dvadashi Until 4:17AM Wed	Pausha-Markali		
Then Creative Work - Amrita Yoga						

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 17.54	Tithi 13	Gulika 11:19AM – 12:36PM	Rohini Until 3:52PM	Ganesha: White <i>Sunrise:</i> 7:28AM	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 37
		Yama 8:45AM – 10:02AM	Sukla Until 9:14PM	Muruqa: Clear		4th Phase
		833623466 Rahu 12:36PM – 1:52PM	Kaulava Until 4:08PM	Nataraja: Orange		
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day
			Trayodashi Until 3:47AM Thu	Pausha-Markali		Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata</i>			

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 1.12	Tithi 14	Gulika 10:02AM – 11:19AM	Mrigashira Until 3:39PM	Ganesha: Yellow <i>Sunrise:</i> 7:28AM	<i>Sunset:</i> 5:44PM	Moon 12 - Phase 37
		Yama 7:28AM – 8:45AM	Brahma Until 7:14PM	Muruqa: Clear		4th Phase
		834623466 Rahu 1:53PM – 3:10PM	Gara Until 3:18PM	Nataraja: Orange		
Routine Work	Marana Yoga			Moon – Yellow		Devaloka Day
			Chaturdashi* Until 2:37AM Fri	Pausha-Markali		

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 8:45AM – 10:02AM	Ardra Until 2:40PM	Ganesha: Yellow <i>Sunrise:</i> 7:28AM	<i>Sunset:</i> 5:45PM	Moon 12 - Phase 37
Mithuna Rasi: 14.53	Tithi 15	Yama 3:11PM – 4:28PM	Indra Until 4:46PM	Muruqa: Clear		Purnima
		834623466 Rahu 11:19AM – 12:36PM	Visti Until 1:49PM	Nataraja: Orange		
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day
		Penumbral Lunar Eclipse	Purnima* Until 12:52AM Sat	Pausha-Markali		
		Ardra Darshanam				

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 7:28AM – 8:45AM	Punarvasu Until 1:29PM	Ganesha: White <i>Sunrise:</i> 7:28AM	<i>Sunset:</i> 5:45PM	Moon 12 - Phase 37
Mithuna Rasi: 28.53	Tithi 16	Yama 1:54PM – 3:11PM	Vaidhriti* Until 1:52PM	Muruqa: Clear		Prathama
		844623466 Rahu 10:03AM – 11:20AM	Balava Until 11:50AM	Nataraja: Orange		
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day
			Prathama* Until 10:40PM	Pausha-Markali		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 13.11 Tithi 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvityayam Titau

Jalandhar, India

Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

3:12PM - 4:29PM

Pushya Until 11:47AM

Ganesha: White

Sunrise: 7:28AM

Yama

12:37PM - 1:54PM

Vishkambha* Until 10:42AM

Muruqa: Clear

Sunset: 5:46PM

Rahu

4:29PM - 5:46PM

Taitila Until 9:28AM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Dvitiya Until 8:10PM

Pausha-Markali

Monday, January 13, 2020

1

Kataka Rasi: 27.39 Tithi 18 - 19

Family Home Evening

Creative Work Siddha Yoga

Until 9:43AM

Then Routine Work - Marana Yoga

844623466

Gulika

1:55PM - 3:12PM

Ashlesha* Until 9:43AM

Ganesha: White

Sunrise: 7:28AM

Yama

11:20AM - 12:38PM

Priti Until 7:21AM

Muruqa: Clear

Sunset: 5:47PM

Rahu

8:45AM - 10:03AM

Vanija Until 6:51AM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Tritiya Until 5:29PM

Pausha-Markali

Tuesday, January 14, 2020

2

Simha Rasi: 12.12 Tithi 19 - 20

Creative Work Siddha Yoga

854623466

Gulika

12:38PM - 1:55PM

Magha* Until 7:51AM

Ganesha: Clear

Sunrise: 7:28AM

Yama

10:03AM - 11:20AM

Saubhagya Until 12:28AM Wed

Muruqa: Clear

Sunset: 5:48PM

Rahu

3:13PM - 4:30PM

Kaulava Until 1:27AM Wed

Nataraja: Orange

Moon - Red

Devaloka Day

Chaturthi* Until 2:46PM

Pausha-Markali

Wednesday, January 15, 2020

3

Simha Rasi: 26.43 Tithi 20 - 21

Creative Work Amrita Yoga

Until 3:56AM Thu

Then Routine Work - Marana Yoga

854623466

Gulika

11:21AM - 12:38PM

Uttaraphalguni Until 3:56AM Thu

Ganesha: Clear

Sunrise: 7:28AM

Yama

8:45AM - 10:03AM

Sobhana Until 9:10PM

Muruqa: Clear

Sunset: 5:49PM

Rahu

12:38PM - 1:56PM

Gara Until 10:54PM

Nataraja: Orange

Moon - Red

Devaloka Day

Thai Pongal

Panchami Until 12:08PM

Pausha-Thai

Thursday, January 16, 2020

4

Kanya Rasi: 11.08 Tithi 21 - 22

Routine Work Marana Yoga

Until 2:30AM Fri

Then Creative Work - Siddha Yoga

864623466

Gulika

10:03AM - 11:21AM

Hasta Until 2:30AM Fri

Ganesha: Purple

Sunrise: 7:28AM

Yama

7:28AM - 8:45AM

Athiganda* Until 6:00PM

Muruqa: Clear

Sunset: 5:50PM

Rahu

1:56PM - 3:14PM

Visti Until 8:34PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Shashthi* Until 9:41AM

Pausha-Thai

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 25.23 Tithi 22 - 23

Creative Work Siddha Yoga

864623466

Gulika

8:45AM - 10:03AM

Chitra Until 1:13AM Sat

Ganesha: Purple

Sunrise: 7:27AM

Yama

3:15PM - 4:33PM

Sukarma Until 3:05PM

Muruqa: Clear

Sunset: 5:51PM

Rahu

11:21AM - 12:39PM

Balava Until 6:31PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Saptami Until 7:29AM

Pausha-Thai

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 9.26 Tithi 24

Creative Work Siddha Yoga

Until 12:09AM Sun

Then Routine Work - Marana Yoga

864623466

Gulika

7:27AM - 8:45AM

Svati Until 12:09AM Sun

Ganesha: Purple

Sunrise: 7:27AM

Yama

1:57PM - 3:15PM

Dhriti Until 12:26PM

Muruqa: Clear

Sunset: 5:52PM

Rahu

10:03AM - 11:21AM

Taitila Until 4:49PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Navami* Until 4:05AM Sun

Pausha-Thai

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India
	Tula Rasi: 23.15	Tithi 25	Gulika 3:16PM – 4:34PM	Vishakha Until 11:44PM	Ganesha: Clear	Sunrise: 7:27AM	Sun 7 Sutra 280
			Yama 12:40PM – 1:58PM	Shula* Until 10:03AM	Muruqa: Clear	Sunset: 5:52PM	Vikarin 5121
	Routine Work	Marana Yoga	874623466 Rahu 4:34PM – 5:52PM	Vanija Until 3:28PM	Nataraja: Orange		Moon 1 - Phase 39
			Dashami Until 2:56AM Mon	Moon – Orange		2nd Phase	
				Pausha*Thai		Devaloka Day	

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India
	Vrischika Rasi: 6.51	Tithi 26	Gulika 1:58PM – 3:17PM	Anuradha Until 11:32PM	Ganesha: Clear	Sunrise: 7:27AM	Sun 8 Sutra 281
	Family Home Evening		Yama 11:22AM – 12:40PM	Ganda* Until 8:00AM	Muruqa: Clear	Sunset: 5:53PM	Vikarin 5121
	Creative Work	Siddha Yoga	874623466 Rahu 8:45AM – 10:03AM	Bava Until 2:31PM	Nataraja: Orange		Moon 1 - Phase 39
			Ekadashi* Until 2:10AM Tue	Moon – Orange		2nd Phase	
				Pausha*Thai		Devaloka Day	

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Jalandhar, India
	Vrischika Rasi: 20.14	Tithi 27	Gulika 12:40PM – 1:59PM	Jyeshtha* Until 11:35PM	Ganesha: Purple	Sunrise: 7:26AM	Sun 9 Sutra 282
			Yama 10:03AM – 11:22AM	Vridhi Until 6:15AM	Muruqa: Clear	Sunset: 5:54PM	Vikarin 5121
	Routine Work	Marana Yoga	875623466 Rahu 3:17PM – 4:36PM	Kaulava Until 1:57PM	Nataraja: Orange		Moon 1 - Phase 39
			Dvadashi* Until 1:48AM Wed	Moon – Orange		2nd Phase	
				Pausha*Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India
	Dhanus Rasi: 3.24	Tithi 28	Gulika 11:22AM – 12:41PM	Mula* Until 12:21AM Thu	Ganesha: Light Blue	Sunrise: 7:26AM	Sun 10 Sutra 283
			Yama 8:45AM – 10:03AM	Vyaghata* Until 3:40AM Thu	Muruqa: Clear	Sunset: 5:55PM	Vikarin 5121
	Routine Work	Marana Yoga	885623466 Rahu 12:41PM – 1:59PM	Gara Until 1:48PM	Nataraja: Orange		Moon 1 - Phase 39
			Trayodashi* Until 1:51AM Thu	Moon – Light Blue		2nd Phase	
				Pausha*Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India
	Dhanus Rasi: 16.21	Tithi 29	Gulika 10:03AM – 11:22AM	Purvashadha* Until 1:21AM Fri	Ganesha: Light Blue	Sunrise: 7:26AM	Sun 11 Sutra 284
			Yama 7:26AM – 8:44AM	Harshana Until 2:53AM Fri	Muruqa: Clear	Sunset: 5:56PM	Vikarin 5121
	Creative Work	Siddha Yoga	885623466 Rahu 2:00PM – 3:18PM	Visti Until 2:04PM	Nataraja: Orange		Moon 1 - Phase 39
			Chaturdashi* Until 2:20AM Fri	Moon – Light Blue		2nd Phase	
				Pausha*Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

●	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India
	Retreat Star		Gulika 8:44AM – 10:03AM	Uttarashadha Until 2:37AM Sat	Ganesha: Light Blue	Sunrise: 7:25AM	Sun 12 Sutra 285
	Dhanus Rasi: 29.07	Tithi 30	Yama 3:19PM – 4:38PM	Vajra* Until 2:24AM Sat	Muruqa: Clear	Sunset: 5:57PM	Vikarin 5121
			885623466 Rahu 11:22AM – 12:41PM	Catuspada Until 2:45PM	Nataraja: Orange		Moon 1 - Phase 39
			Amavasya* Until 3:14AM Sat	Moon – Light Blue		Amavasya	
				Pausha*Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

●	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India
	Retreat Star		Gulika 7:25AM – 8:44AM	Shravana Until 4:38AM Sun	Ganesha: Light Blue	Sunrise: 7:25AM	Sun 13 Sutra 286
	Makara Rasi: 11.4	Tithi 1	Yama 2:00PM – 3:20PM	Siddhi Until 2:16AM Sun	Muruqa: Clear	Sunset: 5:58PM	Vikarin 5121
			995623466 Rahu 10:03AM – 11:22AM	Kintughna Until 3:53PM	Nataraja: Orange		Moon 1 - Phase 39
			Prathama* Until 4:35AM Sun	Moon – Purple		Prathama	
				Magha*Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 14 Sutra 287 Vikarin 5121
Makara Rasi: 24.01	Tithi 2	Gulika 3:20PM – 4:39PM	Dhanishtha Until 6:51AM Mon	Ganesha: Orange	<i>Sunrise:</i> 7:24AM			
		Yama 12:41PM – 2:01PM	Vyatipata* Until 2:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:59PM		Moon 1 - Phase 40	
		995723466 Rahu 4:39PM – 5:59PM	Balava Until 5:26PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 6:20AM Mon	Moon – Purple				Devaloka Day
Until 6:51AM Mon				Magha-Thai				
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India Sun 15 Sutra 288 Vikarin 5121
Kumbha Rasi: 6.13	Tithi 2 – 3	Gulika 2:01PM – 3:21PM	Dhanishtha Until 6:51AM	Ganesha: Orange	<i>Sunrise:</i> 7:24AM			
Family Home Evening		Yama 11:22AM – 12:42PM	Variyan Until 2:53AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 1 - Phase 40	
		995723466 Rahu 8:43AM – 10:03AM	Taitila Until 7:22PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 6:20AM	Moon – Purple				Devaloka Day
				Magha-Thai				

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 16 Sutra 289 Vikarin 5121
Kumbha Rasi: 18.17	Tithi 3 – 4	Gulika 12:42PM – 2:02PM	Shatabhishak Until 9:15AM	Ganesha: Orange	<i>Sunrise:</i> 7:23AM			
		Yama 10:03AM – 11:22AM	Parigha* Until 3:32AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:01PM		Moon 1 - Phase 40	
		995723466 Rahu 3:21PM – 4:41PM	Vanija Until 9:36PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 8:26AM	Moon – Purple				Devaloka Day
				Magha-Thai				

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 17 Sutra 290 Vikarin 5121
Meena Rasi: 0.14	Tithi 4 – 5	Gulika 11:22AM – 12:42PM	Purvaproshtapada* Until 12:14PM	Ganesha: Green	<i>Sunrise:</i> 7:23AM			
		Yama 8:42AM – 10:02AM	Shiva Until 4:21AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:01PM		Moon 1 - Phase 40	
		915723466 Rahu 12:42PM – 2:02PM	Bava Until 12:04AM Thu	Nataraja: Orange			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 10:48AM	Moon – Clear				Sivaloka Day
Until 12:14PM				Magha-Thai				
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India Sun 18 Sutra 291 Vikarin 5121
Meena Rasi: 12.07	Tithi 5 – 6	Gulika 10:02AM – 11:22AM	Uttaraproshtapada Until 3:11PM	Ganesha: Green	<i>Sunrise:</i> 7:22AM			
		Yama 7:22AM – 8:42AM	Siddha Until 5:10AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:02PM		Moon 1 - Phase 40	
		915723466 Rahu 2:02PM – 3:22PM	Kaulava Until 2:36AM Fri	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 1:19PM	Moon – Clear				Sivaloka Day
				Magha-Thai				

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 19 Sutra 292 Vikarin 5121
Meena Rasi: 23.59	Tithi 6 – 7	Gulika 8:42AM – 10:02AM	Revati Until 5:56PM	Ganesha: Orange	<i>Sunrise:</i> 7:21AM			
		Yama 3:23PM – 4:43PM	Sadhya Until 5:55AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:03PM		Moon 1 - Phase 40	
		916723466 Rahu 11:22AM – 12:42PM	Gara Until 5:02AM Sat	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:49PM	Moon – Clear				Devaloka Day
Until 5:56PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija Karana Saptamyam Titau				Jalandhar, India Sun 20 Sutra 293 Vikarin 5121
Mesha Rasi: 5.54	Tithi 7	Gulika 7:21AM – 8:42AM	Ashvini Until 8:50PM	Ganesha: Green	<i>Sunrise:</i> 7:21AM			
		Yama 2:03PM – 3:23PM	Subha Until 6:27AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:03PM		Moon 1 - Phase 40	
		926723466 Rahu 10:02AM – 11:22AM	Vanija Until 6:08PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 6:08PM	Moon – White				Bhuloka Day
				Magha-Thai				Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 294 Vikarin 5121
Mesha Rasi: 17.56	Tithi 8	Gulika 3:23PM – 4:44PM	Bharani Until 11:09PM	Ganesha: Green	<i>Sunrise:</i> 7:21AM			
		Yama 12:42PM – 2:03PM	Subha Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM		Moon 1 - Phase 40	
		926723466 Rahu 4:44PM – 6:04PM	Visti Until 7:10AM	Nataraja: Orange			Ashtami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 8:02PM	Moon – White				Bhuloka Day
Until 11:09PM				Magha-Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

Retreat Star		Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 22 Sutra 295 Vikarin 5121
Vrishabha Rasi: 0.1	Tithi 9	Gulika 2:03PM – 3:24PM	Krittika Until 12:42AM Tue	Ganesha: Green	<i>Sunrise:</i> 7:20AM			
Family Home Evening		Yama 11:22AM – 12:43PM	Sukla Until 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:05PM		Moon 1 - Phase 40	
		926723466 Rahu 8:41AM – 10:01AM	Balava Until 8:48AM	Nataraja: Orange			Navami	
Routine Work	Marana Yoga		Navami* Until 9:20PM	Moon – White				Bhuloka Day
Until 12:42AM Tue				Magha-Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

1		Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau	Jalandhar, India Sun 23 Sutra 296
Wishabha Rasi: 12.42	Tithi 10	Gulika 12:43PM – 2:04PM	Rohini Until 1:50AM Wed	Ganesha: Red <i>Sunrise:</i> 7:20AM	Vikarin 5121
		Yama 10:01AM – 11:22AM	Brahma Until 6:12AM	Muruqa: Clear <i>Sunset:</i> 6:06PM	Moon 1 - Phase 41
		936723467 Rahu 3:24PM – 4:45PM	Taitila Until 9:43AM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga			Dashami Until 9:51PM	Moon – Yellow	Devaloka Day
Until 1:50AM Wed				Magha-Thai	
Then Creative Work - Siddha Yoga					

2		Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visli* Karana Ekadashyam Titau	Jalandhar, India Sun 24 Sutra 297
Wishabha Rasi: 25.35	Tithi 11	Gulika 11:22AM – 12:43PM	Mrigashira Until 1:59AM Thu	Ganesha: Red <i>Sunrise:</i> 7:19AM	Vikarin 5121
		Yama 8:40AM – 10:01AM	Vaidhriti* Until 3:35AM Thu	Muruqa: Clear <i>Sunset:</i> 6:07PM	Moon 1 - Phase 41
		936723467 Rahu 12:43PM – 2:04PM	Vanija Until 9:49AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 9:32PM	Moon – Yellow	Devaloka Day
Until 1:59AM Thu				Magha-Thai	
Then Routine Work - Marana Yoga					

3		Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau	Jalandhar, India Sun 25 Sutra 298
Mithuna Rasi: 8.55	Tithi 12	Gulika 10:01AM – 11:22AM	Ardra Until 1:11AM Fri	Ganesha: Red <i>Sunrise:</i> 7:18AM	Vikarin 5121
		Yama 7:18AM – 8:39AM	Vishkambha* Until 1:18AM Fri	Muruqa: Clear <i>Sunset:</i> 6:08PM	Moon 1 - Phase 41
		936723467 Rahu 2:04PM – 3:25PM	Bava Until 9:05AM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dvadashi Until 8:24PM	Moon – Yellow	Devaloka Day
Until 1:11AM Fri				Magha-Thai	
Then Creative Work - Siddha Yoga					

4		Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Jalandhar, India Sun 26 Sutra 299
Mithuna Rasi: 22.43	Tithi 13	Gulika 8:39AM – 10:00AM	Punarvasu Until 11:58PM	Ganesha: Blue <i>Sunrise:</i> 7:17AM	Vikarin 5121
		Yama 3:26PM – 4:47PM	Priti Until 10:27PM	Muruqa: Clear <i>Sunset:</i> 6:09PM	Moon 1 - Phase 41
		947723467 Rahu 11:22AM – 12:43PM	Kaulava Until 7:33AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 6:30PM	Moon – Blue	Bhuloka Day
Until 11:58PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		

5		Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau	Jalandhar, India Sun 27 Sutra 300
Kataka Rasi: 6.56	Tithi 14 – 15	Gulika 7:17AM – 8:38AM	Pushya Until 10:01PM	Ganesha: Blue <i>Sunrise:</i> 7:17AM	Vikarin 5121
		Yama 2:05PM – 3:26PM	Ayushman Until 7:06PM	Muruqa: Clear <i>Sunset:</i> 6:09PM	Moon 1 - Phase 41
		947723467 Rahu 10:00AM – 11:21AM	Visli Until 2:33AM Sun	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga		Thai Pusam	Chaturdashi* Until 3:59PM	Moon – Blue	Bhuloka Day
Until 10:01PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

○		Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Jalandhar, India Sutra 301
Copper Retreat Star		Gulika 3:27PM – 4:48PM	Ashlesha* Until 7:31PM	Ganesha: Blue <i>Sunrise:</i> 7:16AM	Vikarin 5121
Kataka Rasi: 21.33	Tithi 15 – 16	Yama 12:43PM – 2:05PM	Saubhagya Until 3:24PM	Muruqa: Clear <i>Sunset:</i> 6:10PM	Moon 1 - Phase 41
		947723467 Rahu 4:48PM – 6:10PM	Balava Until 11:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 1:00PM	Moon – Blue	Bhuloka Day
Until 7:31PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

○		Monday, February 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Jalandhar, India Sutra 302
Silver Retreat Star		Gulika 2:05PM – 3:27PM	Magha* Until 5:03PM	Ganesha: Red <i>Sunrise:</i> 7:15AM	Vikarin 5121
Simha Rasi: 6.25	Tithi 16 – 17	Yama 11:21AM – 12:43PM	Sobhana Until 11:29AM	Muruqa: Clear <i>Sunset:</i> 6:11PM	Moon 1 - Phase 41
Family Home Evening		957723467 Rahu 8:37AM – 9:59AM	Taitila Until 8:01PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Prathama* Until 9:43AM	Moon – Red	Devaloka Day
Until 5:03PM				Magha-Thai	
Then Creative Work - Siddha Yoga					



Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Gara/Vishti* Karana Dvitiya/Trilyayam Titau

Jalandhar, India

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 21.25 Tithi 17 - 18

957723467

Gulika

12:43PM - 2:05PM

Yama

9:59AM - 11:21AM

Rahu

3:28PM - 4:50PM

Purvaphalguni Until 2:22PM

Athiganda* Until 7:26AM

Visti Until 2:54AM Wed

Dvitiya Until 6:17AM

Ganesha: Red

Sunrise: 7:14AM

Muruqa: Clear

Sunset: 6:12PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 2:22PM

Then Creative Work - Amrita Yoga

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturtham Titau

Jalandhar, India

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 6.24 Tithi 19

957723467

Gulika

11:21AM - 12:43PM

Yama

8:36AM - 9:58AM

Rahu

12:43PM - 2:06PM

Uttaraphalguni Until 11:38AM

Dhriti Until 11:37PM

Bava Until 1:17PM

Chaturthi* Until 11:41PM

Ganesha: Red

Sunrise: 7:13AM

Muruqa: Clear

Sunset: 6:13PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 11:38AM

Then Routine Work - Marana Yoga

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 21.13 Tithi 20

967723467

Gulika

9:58AM - 11:20AM

Yama

7:13AM - 8:35AM

Rahu

2:06PM - 3:28PM

Hasta Until 9:26AM

Shula* Until 8:02PM

Kaulava Until 10:13AM

Panchami Until 8:49PM

Ganesha: Green

Sunrise: 7:13AM

Muruqa: Clear

Sunset: 6:14PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 9:26AM

Then Creative Work - Siddha Yoga

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*Yridhi Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 5.46 Tithi 21

968723467

Gulika

8:35AM - 9:57AM

Yama

3:29PM - 4:52PM

Rahu

11:20AM - 12:43PM

Chitra Until 7:28AM

Ganda* Until 4:50PM

Gara Until 7:33AM

Shashthi* Until 6:23PM

Ganesha: White

Sunrise: 7:12AM

Muruqa: Clear

Sunset: 6:14PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Jalandhar, India

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 19.58 Tithi 22 - 23

968723467

Gulika

7:11AM - 8:34AM

Yama

2:06PM - 3:29PM

Rahu

9:57AM - 11:20AM

Vishakha Until 5:09AM Sun

Vriddhi Until 2:05PM

Balava Until 3:49AM Sun

Saptami Until 4:31PM

Ganesha: White

Sunrise: 7:11AM

Muruqa: Clear

Sunset: 6:15PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 5:09AM Sun

Then Routine Work - Marana Yoga

5

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Vrischika Rasi: 3.49 Tithi 23 - 24

978723467

Gulika

3:30PM - 4:53PM

Yama

12:43PM - 2:06PM

Rahu

4:53PM - 6:16PM

Anuradha Until 4:53AM Mon

Dhruva Until 11:47AM

Taitila Until 2:52AM Mon

Ashtami* Until 3:14PM

Ganesha: Clear

Sunrise: 7:10AM

Muruqa: Clear

Sunset: 6:16PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Routine Work Marana Yoga

Until 4:53AM Mon

Then Creative Work - Siddha Yoga

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Jalandhar, India

Sun 7 Sutra 309

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 17.17 Tithi 24 - 25

978723467

Gulika

2:06PM - 3:30PM

Yama

11:19AM - 12:43PM

Rahu

8:32AM - 9:56AM

Jyeshtha* Until 5:03AM Tue

Vyaghata* Until 10:00AM

Vanija Until 2:31AM Tue

Navami* Until 2:36PM

Ganesha: Clear

Sunrise: 7:09AM

Muruqa: Clear

Sunset: 6:17PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Creative Work Siddha Yoga

Until 5:03AM Tue

Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Jalandhar, India
	Dhanus Rasi: 0.25	Tithi 26 – 26	988723467	Gulika 12:43PM – 2:07PM Yama 9:55AM – 11:19AM Rahu 3:30PM – 4:54PM	Mula* Until 6:06AM Wed Harshana Until 8:42AM Bava Until 2:46AM Wed Dashami Until 2:33PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:08AM Sunset: 6:18PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga					

2	Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India
	Dhanus Rasi: 13.16	Tithi 26 – 27	988723467	Gulika 11:19AM – 12:43PM Yama 8:31AM – 9:55AM Rahu 12:43PM – 2:07PM	Mula* Until 6:06AM Vajra* Until 7:49AM Kaulava Until 3:31AM Thu Ekadashi* Until 3:04PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:07AM Sunset: 6:19PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga					
	Until 6:06AM	Then Creative Work - Amrita Yoga					

3	Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	Dhanus Rasi: 25.53	Tithi 27 – 28	989823467	Gulika 9:54AM – 11:19AM Yama 7:06AM – 8:30AM Rahu 2:07PM – 3:31PM	Purvashadha* Until 7:28AM Siddhi Until 7:19AM Gara Until 4:42AM Fri Dvadashi* Until 4:02PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:06AM Sunset: 6:19PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					
	Until 7:28AM	Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

4	Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India
	Makara Rasi: 8.19	Tithi 28 – 29	989823467	Gulika 8:29AM – 9:54AM Yama 3:31PM – 4:56PM Rahu 11:18AM – 12:43PM	Uttarashadha Until 9:05AM Vyatipata* Until 7:10AM Visti Until 6:15AM Sat Trayodashi* Until 5:25PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:05AM Sunset: 6:20PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga					

5	Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India
	Makara Rasi: 20.35	Tithi 29	999823467	Gulika 7:04AM – 8:29AM Yama 2:07PM – 3:32PM Rahu 9:53AM – 11:18AM	Shravana Until 11:22AM Variyan Until 7:15AM Visti Until 6:15AM Chaturdashi* Until 7:07PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 7:04AM Sunset: 6:21PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

●	Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India		
	Retreat Star		Kumbha Rasi: 2.45	Tithi 30	999823467	Gulika 3:32PM – 4:57PM Yama 12:42PM – 2:07PM Rahu 4:57PM – 6:22PM	Dhanishtha Until 1:46PM Parigha* Until 7:34AM Catuspada Until 8:06AM Amavasya* Until 9:06PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 7:03AM Sunset: 6:22PM Moon 2 - Phase 43 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga							
	Until 1:46PM	Then Creative Work - Siddha Yoga							

●	Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India		
	Retreat Star		Kumbha Rasi: 14.48	Tithi 1	999823467	Gulika 2:07PM – 3:32PM Yama 11:17AM – 12:42PM Rahu 8:27AM – 9:52AM	Shatabhishak Until 4:13PM Shiva Until 8:06AM Kintughna Until 10:12AM Prathama* Until 11:18PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi	Sunrise: 7:02AM Sunset: 6:23PM Moon 2 - Phase 43 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga							
	Until 4:13PM	Then Routine Work - Marana Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Jalandhar, India Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 26.46	Tithi 2	Gulika 12:42PM – 2:07PM	Purvaproshtapada* Until 7:11PM	Ganesha: Orange	<i>Sunrise:</i> 7:01AM		
		Yama 9:51AM – 11:17AM	Siddha Until 8:45AM	Muruḡa: Clear	<i>Sunset:</i> 6:23PM		Moon 2 - Phase 44
		919823467 Rahu 3:33PM – 4:58PM	Balava Until 12:30PM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 1:41AM Wed	Moon – Clear		Devaloka Day	
Until 7:11PM						Phalguna-Masi	
Then Creative Work - Amrita Yoga							

2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau			Jalandhar, India Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 8.41	Tithi 3	Gulika 11:16AM – 12:42PM	Uttaraproshtapada Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 7:00AM		
		Yama 8:25AM – 9:51AM	Sadhya Until 9:32AM	Muruḡa: Clear	<i>Sunset:</i> 6:24PM		Moon 2 - Phase 44
		919823467 Rahu 12:42PM – 2:07PM	Taitila Until 2:57PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:11AM Thu	Moon – Clear		Devaloka Day	
Until 10:06PM						Phalguna-Masi	
Then Routine Work - Marana Yoga							

3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau			Jalandhar, India Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 20.34	Tithi 4	Gulika 9:50AM – 11:16AM	Revati Until 12:55AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:59AM		
		Yama 6:59AM – 8:24AM	Subha Until 10:25AM	Muruḡa: Clear	<i>Sunset:</i> 6:25PM		Moon 2 - Phase 44
		919823467 Rahu 2:08PM – 3:33PM	Vanija Until 5:28PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:42AM Fri	Moon – Clear		Devaloka Day	
Until 12:55AM Fri						Phalguna-Masi	
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4		Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Jalandhar, India Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 2.25	Tithi 4 – 5	Gulika 8:24AM – 9:50AM	Ashvini Until 3:59AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:58AM		
		Yama 3:34PM – 5:00PM	Sukla Until 11:15AM	Muruḡa: Clear	<i>Sunset:</i> 6:26PM		Moon 2 - Phase 44
		921823467 Rahu 11:16AM – 12:42PM	Bava Until 7:57PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 6:42AM	Moon – White		Bhuloka Day	
Until 3:59AM Sat						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Jalandhar, India Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 14.19	Tithi 5 – 6	Gulika 6:56AM – 8:23AM	Bharani Until 6:40AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:56AM		
		Yama 2:08PM – 3:34PM	Brahma Until 12:01PM	Muruḡa: Clear	<i>Sunset:</i> 6:26PM		Moon 2 - Phase 44
		921823467 Rahu 9:49AM – 11:15AM	Kaulava Until 10:15PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:07AM	Moon – White		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Jalandhar, India Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 26.19	Tithi 6 – 7	Gulika 3:34PM – 5:01PM	Bharani Until 6:40AM	Ganesha: Purple	<i>Sunrise:</i> 6:54AM		
		Yama 12:41PM – 2:08PM	Indra Until 12:35PM	Muruḡa: Orange	<i>Sunset:</i> 6:28PM		Moon 2 - Phase 44
		921833467 Rahu 5:01PM – 6:28PM	Gara Until 12:11AM Mon	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 11:15AM	Moon – White		Bhuloka Day	
Until 6:40AM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

☾		Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Jalandhar, India Sun 21 Sutra 323 Vikarin 5121
Retreat Star		Gulika 2:08PM – 3:35PM	Krittika Until 8:46AM	Ganesha: Purple	<i>Sunrise:</i> 6:53AM		
Vrishabha Rasi: 8.29	Tithi 7 – 8	Yama 11:14AM – 12:41PM	Vaidhriti* Until 12:44PM	Muruḡa: Orange	<i>Sunset:</i> 6:29PM		Moon 2 - Phase 44
Family Home Evening		921833467 Rahu 8:20AM – 9:47AM	Visti Until 1:31AM Tue	Nataraja: Clear			Ashtami
Routine Work	Marana Yoga		Saptami Until 12:55PM	Moon – White		Bhuloka Day	
Until 8:46AM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

☽		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Jalandhar, India Sun 22 Sutra 324 Vikarin 5121
Retreat Star		Gulika 12:41PM – 2:08PM	Rohini Until 10:34AM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM		
Vrishabha Rasi: 20.55	Tithi 8 – 9	Yama 9:46AM – 11:13AM	Vishkambha* Until 12:24PM	Muruḡa: Orange	<i>Sunset:</i> 6:29PM		Moon 2 - Phase 44
		931833467 Rahu 3:35PM – 5:02PM	Balava Until 2:06AM Wed	Nataraja: Clear			Navami
Creative Work	Amrita Yoga		Ashtami* Until 1:53PM	Moon – Yellow		Devaloka Day	
Until 10:34AM						Phalguna-Masi	
Then Creative Work - Siddha Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Jalandhar, India Sun 23 Sutra 325	
Mithuna Rasi: 3.43	Tithi 9 – 10	Gulika 11:13AM – 12:40PM	Mrigashira Until 11:25AM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	Vikarin 5121	
		Yama 8:18AM – 9:46AM	Priti Until 11:27AM	Muruqa: Orange	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 45	
931833467	Rahu 12:40PM – 2:08PM		Taitila Until 1:49AM Thu	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 2:03PM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Jalandhar, India Sun 24 Sutra 326	
Mithuna Rasi: 16.56	Tithi 10 – 11	Gulika 9:45AM – 11:12AM	Ardra Until 11:17AM	Ganesha: Red	<i>Sunrise:</i> 6:50AM	Vikarin 5121	
		Yama 6:50AM – 8:17AM	Ayushman Until 9:48AM	Muruqa: Orange	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 45	
131833467	Rahu 2:08PM – 3:35PM		Vanija Until 12:39AM Fri	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 1:19PM	Moon – Yellow		Devaloka Day	
Until 11:17AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 25 Sutra 327	
Kataka Rasi: 0.38	Tithi 11 – 12	Gulika 8:16AM – 9:44AM	Punarvasu Until 10:35AM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	Vikarin 5121	
		Yama 3:36PM – 5:03PM	Saubhagya Until 7:28AM	Muruqa: Orange	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 45	
141833467	Rahu 11:12AM – 12:40PM		Bava Until 10:40PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:44AM	Moon – Blue		Bhuloka Day	
Until 10:35AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 26 Sutra 328	
Kataka Rasi: 14.52	Tithi 12 – 13	Gulika 6:47AM – 8:15AM	Pushya Until 8:59AM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Vikarin 5121	
		Yama 2:08PM – 3:36PM	Athiganda* Until 12:59AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 45	
141833467	Rahu 9:43AM – 11:11AM		Kaulava Until 7:59PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 9:23AM	Moon – Blue		Bhuloka Day	
Until 8:59AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							
							<i>Pradosha Vrata</i>

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 27 Sutra 329	
Kataka Rasi: 29.31	Tithi 13 – 14	Gulika 3:36PM – 5:04PM	Ashlesha* Until 6:37AM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 12:39PM – 2:08PM	Sukarma Until 9:04PM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 45	
141833467	Rahu 5:04PM – 6:33PM		Vanija Until 2:57AM Mon	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:24AM	Moon – Blue		Bhuloka Day	
Until 6:37AM		Chidambaram Abhishekam		Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Purnimayam Titau		Jalandhar, India Sutra 330	
Copper Retreat Star		Gulika 2:08PM – 3:36PM	Purvaphalguni Until 1:04AM Tue	Ganesha: White	<i>Sunrise:</i> 6:45AM	Vikarin 5121	
Simha Rasi: 14.33	Tithi 15	Yama 11:11AM – 12:39PM	Dhriti Until 4:53PM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 8:13AM – 9:42AM	Visti Until 1:08PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 11:13PM	Moon – Red		Sivaloka Day	
Until 1:04AM Tue		Holi		Phalguna-Masi			
Then Creative Work - Amrita Yoga							

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Jalandhar, India Sutra 331	
Silver Retreat Star		Gulika 12:39PM – 2:08PM	Uttaraphalguni Until 9:52PM	Ganesha: White	<i>Sunrise:</i> 6:44AM	Vikarin 5121	
Simha Rasi: 29.47	Tithi 16	Yama 9:41AM – 11:10AM	Shula* Until 12:31PM	Muruqa: Orange	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 45	
152833467	Rahu 3:36PM – 5:05PM		Balava Until 9:19AM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 7:23PM	Moon – Red		Sivaloka Day	
Until 9:52PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 15.04 Tithi 17 - 18

162833467

Gulika 11:10AM - 12:39PM
Yama 8:11AM - 9:40AM
Rahu 12:39PM - 2:08PM

Hasta Until 7:01PM
Ganda* Until 8:11AM
Vanija Until 1:48AM Thu
Dvitiya Until 3:36PM

Ganesha: Clear *Sunrise: 6:42AM*
Muruqa: Orange *Sunset: 6:35PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 7:01PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Jalandhar, India

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 0.13 Tithi 18 - 19

162833467

Gulika 9:40AM - 11:09AM
Yama 6:41AM - 8:10AM
Rahu 2:08PM - 3:37PM

Chitra Until 4:19PM
Dhruva Until 12:06AM Fri
Bava Until 10:27PM
Tritiya Until 12:03PM

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Orange *Sunset: 6:36PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 4:19PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 15.05 Tithi 19 - 20

162833467

Gulika 8:09AM - 9:39AM
Yama 3:37PM - 5:07PM
Rahu 11:08AM - 12:38PM

Svati Until 1:54PM
Vyaghata* Until 8:36PM
Kaulava Until 7:34PM
Chaturthi* Until 8:55AM

Ganesha: Clear *Sunrise: 6:40AM*
Muruqa: Orange *Sunset: 6:36PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 29.34 Tithi 20 - 21

172833467

Gulika 6:39AM - 8:08AM
Yama 2:08PM - 3:37PM
Rahu 9:38AM - 11:08AM

Vishakha Until 12:21PM
Harshana Until 5:38PM
Vanija Until 4:26AM Sun
Panchami Until 6:20AM

Ganesha: Purple *Sunrise: 6:39AM*
Muruqa: Orange *Sunset: 6:37PM*
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 13.35 Tithi 22

172833468

Gulika 3:37PM - 5:08PM
Yama 12:37PM - 2:07PM
Rahu 5:08PM - 6:38PM

Anuradha Until 11:22AM
Vajra* Until 3:14PM
Visti Until 3:47PM
Saptami Until 3:18AM Mon

Ganesha: Purple *Sunrise: 6:37AM*
Muruqa: Orange *Sunset: 6:38PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 27.08 Tithi 23

172933468

Gulika 2:07PM - 3:38PM
Yama 11:07AM - 12:37PM
Rahu 8:06AM - 9:37AM

Jyeshtha* Until 11:01AM
Siddhi Until 1:28PM
Balava Until 3:03PM
Ashtami* Until 2:58AM Tue

Ganesha: Clear *Sunrise: 6:36AM*
Muruqa: Orange *Sunset: 6:38PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 10.15 Tithi 24

182933468

Gulika 12:37PM - 2:07PM
Yama 9:36AM - 11:06AM
Rahu 3:38PM - 5:08PM

Mula* Until 11:43AM
Vyatipata* Until 12:20PM
Taitila Until 3:06PM
Navami* Until 3:22AM Wed

Ganesha: Purple *Sunrise: 6:35AM*
Muruqa: Orange *Sunset: 6:39PM*
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 11:43AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Jalandhar, India Sun 8 Sutra 339
Dhanus Rasi: 23	Tithi 25	Gulika 11:06AM – 12:37PM	Purvashadha* Until 12:59PM	Ganesha: Purple <i>Sunrise:</i> 6:34AM	Vikarin 5121
		Yama 8:04AM – 9:35AM	Variyan Until 11:44AM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Moon 3 - Phase 47
182933468	Rahu 12:37PM – 2:07PM		Vanija Until 3:51PM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:27AM Thu	Moon – Light Blue	Devaloka Day
				Phalguna-Panguni	

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Jalandhar, India Sun 9 Sutra 340
Makara Rasi: 5.28	Tithi 26	Gulika 9:34AM – 11:05AM	Uttarashadha Until 2:40PM	Ganesha: Purple <i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 6:32AM – 8:03AM	Parigha* Until 11:37AM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Moon 3 - Phase 47
182933468	Rahu 2:07PM – 3:38PM		Bava Until 5:12PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:02AM Fri	Moon – Light Blue	Devaloka Day
Until 2:40PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Jalandhar, India Sun 10 Sutra 341
Makara Rasi: 17.43	Tithi 26 – 27	Gulika 8:02AM – 9:34AM	Shravana Until 5:07PM	Ganesha: Clear <i>Sunrise:</i> 6:31AM	Vikarin 5121
		Yama 3:38PM – 5:10PM	Shiva Until 11:53AM	Muruqa: Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 47
192933468	Rahu 11:05AM – 12:36PM		Kaulava Until 7:00PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:02AM	Moon – Purple	Sivaloka Day
Until 5:07PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Jalandhar, India Sun 11 Sutra 342
Makara Rasi: 29.48	Tithi 27 – 28	Gulika 6:30AM – 8:01AM	Dhanishtha Until 7:42PM	Ganesha: Clear <i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 2:07PM – 3:39PM	Siddha Until 12:23PM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
192933468	Rahu 9:33AM – 11:04AM		Gara Until 9:06PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 7:59AM	Moon – Purple	Sivaloka Day
Until 7:42PM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Jalandhar, India Sun 12 Sutra 343
Kumbha Rasi: 11.47	Tithi 28 – 29	Gulika 3:39PM – 5:10PM	Shatabhishak Until 10:18PM	Ganesha: Clear <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 12:35PM – 2:07PM	Sadhya Until 1:04PM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
192933468	Rahu 5:10PM – 6:42PM		Visti Until 11:23PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:12AM	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Jalandhar, India Sun 13 Sutra 344
Kumbha Rasi: 23.43	Tithi 29 – 30	Gulika 2:07PM – 3:39PM	Purvaproshtpada* Until 1:21AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:27AM	Vikarin 5121
Family Home Evening	113933468	Yama 11:03AM – 12:35PM	Subha Until 1:52PM	Muruqa: Orange <i>Sunset:</i> 6:43PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	Rahu 7:59AM – 9:31AM	Catuspada Until 1:47AM Tue	Nataraja: Purple	Amavasya
Until 1:21AM Tue			Chaturdashi* Until 12:33PM	Moon – Clear	Sivaloka Day
Then Creative Work - Amrita Yoga				Phalguna-Panguni	

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Jalandhar, India Sun 14 Sutra 345
Meena Rasi: 5.37	Tithi 30 – 1	Gulika 12:35PM – 2:07PM	Uttaraproshtpada Until 4:17AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	Vikarin 5121
		Yama 9:30AM – 11:03AM	Sukla Until 2:42PM	Muruqa: Orange <i>Sunset:</i> 6:43PM	Moon 3 - Phase 47
113933468	Rahu 3:39PM – 5:11PM		Kintughna Until 4:13AM Wed	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Amavasya* Until 2:58PM	Moon – Clear	Sivaloka Day
Until 4:17AM Wed		Yugadhi		Chaitra-Panguni	
Then Routine Work - Marana Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Jalandhar, India Sun 15 Sutra 346
Meena Rasi: 17.3	Tithi 1 – 2	113933468	Gulika 11:02AM – 12:34PM Yama 7:57AM – 9:30AM Rahu 12:34PM – 2:07PM	Revati Until 7:03AM Thu Brahma Until 3:34PM Balava Until 6:40AM Thu Prathama* Until 5:25PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruqa: Orange <i>Sunset:</i> 6:44PM Nataraja: Purple Moon – Clear Chaitra•Panguni
Routine Work	Marana Yoga				Sivaloka Day
Until 7:03AM Thu		Then Creative Work - Amrita Yoga			
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvityayam Titau	Jalandhar, India Sun 16 Sutra 347
Meena Rasi: 29.23	Tithi 2	113933468	Gulika 9:29AM – 11:02AM Yama 6:24AM – 7:56AM Rahu 2:07PM – 3:39PM	Revati Until 7:03AM Indra Until 4:25PM Balava Until 6:40AM Dvitiya Until 7:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:24AM Muruqa: Orange <i>Sunset:</i> 6:45PM Nataraja: Purple Moon – Clear Chaitra•Panguni
Creative Work	Siddha Yoga		Chellappaswami Mahasamadhi		Sivaloka Day
Until 7:03AM		Then Creative Work - Amrita Yoga			
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Trityayam Titau	Jalandhar, India Sun 17 Sutra 348
Mesha Rasi: 11.17	Tithi 3	123933468	Gulika 7:55AM – 9:28AM Yama 3:40PM – 5:13PM Rahu 11:01AM – 12:34PM	Ashvini Until 10:06AM Vaidhriti* Until 5:11PM Tailila Until 9:03AM Tritya Until 10:10PM	Ganesha: Red <i>Sunrise:</i> 6:22AM Muruqa: Orange <i>Sunset:</i> 6:45PM Nataraja: Purple Moon – White Chaitra•Panguni
Creative Work	Amrita Yoga				Sivaloka Day
Until 10:06AM		Then Creative Work - Siddha Yoga			
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau	Jalandhar, India Sun 18 Sutra 349
Mesha Rasi: 23.14	Tithi 4	123933468	Gulika 6:21AM – 7:54AM Yama 2:07PM – 3:40PM Rahu 9:27AM – 11:00AM	Bharani Until 12:49PM Vishkambha* Until 5:50PM Vanija Until 11:17AM Chaturthi* Until 12:17AM Sun	Ganesha: Red <i>Sunrise:</i> 6:21AM Muruqa: Orange <i>Sunset:</i> 6:46PM Nataraja: Purple Moon – White Chaitra•Panguni
Creative Work	Siddha Yoga				Sivaloka Day
Until 12:49PM		Then Creative Work - Amrita Yoga			
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau	Jalandhar, India Sun 19 Sutra 350
Vrishabha Rasi: 5.17	Tithi 5	123933468	Gulika 3:40PM – 5:13PM Yama 12:33PM – 2:07PM Rahu 5:13PM – 6:47PM	Krittika Until 3:07PM Priti Until 6:16PM Bava Until 1:14PM Panchami Until 2:03AM Mon	Ganesha: Red <i>Sunrise:</i> 6:20AM Muruqa: Orange <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – White Chaitra•Panguni
Creative Work	Siddha Yoga				Sivaloka Day
Until 6:47PM		Then Routine Work - Marana Yoga			
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Kaulava/Tailila Karana Shashthyam Titau	Jalandhar, India Sun 20 Sutra 351
Vrishabha Rasi: 17.29	Tithi 6	133933468	Gulika 2:07PM – 3:40PM Yama 10:59AM – 12:33PM Rahu 7:52AM – 9:26AM	Rohini Until 5:20PM Ayushman Until 6:20PM Kaulava Until 2:46PM Shashthi* Until 3:19AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:19AM Muruqa: Orange <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – Yellow Chaitra•Panguni
Family Home Evening	Amrita Yoga				Subha Sivaloka Day
Until 6:47PM		Then Routine Work - Marana Yoga			
Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Jalandhar, India Sun 21 Sutra 352
Vrishabha Rasi: 29.55	Tithi 7	133933468	Gulika 12:33PM – 2:06PM Yama 9:25AM – 10:59AM Rahu 3:40PM – 5:14PM	Mrigashira Until 6:47PM Saubhagya Until 5:56PM Gara Until 3:43PM Saptami Until 3:55AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:17AM Muruqa: Orange <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Yellow Chaitra•Panguni
Creative Work	Siddha Yoga				Subha Sivaloka Day
Until 6:47PM		Then Routine Work - Marana Yoga			
Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Jalandhar, India Sun 22 Sutra 353
Mithuna Rasi: 12.38	Tithi 8	133933468	Gulika 10:59AM – 12:33PM Yama 7:51AM – 9:25AM Rahu 12:33PM – 2:06PM	Ardra Until 7:23PM Sobhana Until 4:59PM Visti Until 3:56PM Ashtami* Until 3:44AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:17AM Muruqa: Orange <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Yellow Chaitra•Panguni
Creative Work	Siddha Yoga				Subha Sivaloka Day
Until 6:47PM		Then Routine Work - Marana Yoga			
Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Jalandhar, India Sun 23 Sutra 354
Mithuna Rasi: 25.46	Tithi 9	143933468	Gulika 9:24AM – 10:58AM Yama 6:16AM – 7:50AM Rahu 2:06PM – 3:40PM	Punarvasu Until 7:29PM Athiganda* Until 3:22PM Balava Until 3:21PM Navami* Until 2:43AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:16AM Muruqa: Orange <i>Sunset:</i> 6:49PM Nataraja: Purple Moon – Blue Chaitra•Panguni
Creative Work	Amrita Yoga		Sri Rama Navami		Sivaloka Day
Until 6:47PM		Then Routine Work - Marana Yoga			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


1	Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Jalandhar, India Sun 24 Sutra 355
	Kataka Rasi: 9.19	Tithi 10	Gulika 7:49AM – 9:23AM	Pushya Until 6:38PM	Ganesha: Yellow <i>Sunrise:</i> 6:15AM	Vikarin 5121
			Yama 3:41PM – 5:15PM	Sukarma Until 1:07PM	Muruqa: Orange <i>Sunset:</i> 6:49PM	Moon 3 - Phase 49
	Routine Work Marana Yoga	143933468	Rahu 10:58AM – 12:32PM	Taitila Until 1:56PM	Nataraja: Purple Moon – Blue	4th Phase
			Dashami Until 12:55AM Sat	Chaitra•Panguni	Sivaloka Day	

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau			Jalandhar, India Sun 25 Sutra 356
	Kataka Rasi: 23.22	Tithi 11	Gulika 6:14AM – 7:48AM	Ashlesha* Until 4:54PM	Ganesha: Yellow <i>Sunrise:</i> 6:14AM	Vikarin 5121
			Yama 2:06PM – 3:41PM	Dhriti Until 10:16AM	Muruqa: Orange <i>Sunset:</i> 6:50PM	Moon 3 - Phase 49
	Routine Work Marana Yoga Until 4:54PM Then Creative Work - Amrita Yoga	143933468	Rahu 9:23AM – 10:57AM	Vanija Until 11:45AM	Nataraja: Purple Moon – Blue	4th Phase
		Yogaswami Mahasamadhi	Ekadashi Until 10:24PM	Chaitra•Panguni	Sivaloka Day	

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau			Jalandhar, India Sun 26 Sutra 357
	Simha Rasi: 7.53	Tithi 12	Gulika 3:41PM – 5:16PM	Magha* Until 2:49PM	Ganesha: White <i>Sunrise:</i> 6:12AM	Vikarin 5121
			Yama 12:31PM – 2:06PM	Shula* Until 6:50AM	Muruqa: Orange <i>Sunset:</i> 6:51PM	Moon 3 - Phase 49
	Routine Work Marana Yoga Until 2:49PM Then Creative Work - Siddha Yoga	153933468	Rahu 5:16PM – 6:51PM	Bava Until 8:55AM	Nataraja: Purple Moon – Red	4th Phase
			Dvadashi Until 7:17PM	Chaitra•Panguni	Subha Sivaloka Day	

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 27 Sutra 358
	Simha Rasi: 22.47	Tithi 13 – 14	Gulika 2:06PM – 3:41PM	Purvaphalguni Until 12:08PM	Ganesha: Clear <i>Sunrise:</i> 6:11AM	Vikarin 5121
	Family Home Evening		Yama 10:56AM – 12:31PM	Vriddhi Until 10:51PM	Muruqa: Orange <i>Sunset:</i> 6:51PM	Moon 3 - Phase 49
	Creative Work Siddha Yoga	154933468	Rahu 7:46AM – 9:21AM	Gara Until 1:53AM Tue	Nataraja: Purple Moon – Red	4th Phase
			Trayodashi Until 3:45PM	Chaitra•Panguni	Sivaloka Day	
			<i>Pradosha Vrata</i>			

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Jalandhar, India Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:31PM – 2:06PM	Uttaraphalguni Until 9:02AM	Ganesha: Clear <i>Sunrise:</i> 6:10AM	Vikarin 5121
	Kanya Rasi: 7.58	Tithi 14 – 15	Yama 9:20AM – 10:56AM	Dhruva Until 6:31PM	Muruqa: Orange <i>Sunset:</i> 6:52PM	Moon 3 - Phase 49
	Creative Work Amrita Yoga Until 9:02AM Then Creative Work - Siddha Yoga	154933468	Rahu 3:41PM – 5:17PM	Visti Until 10:01PM	Nataraja: Purple Moon – Red	Purnima
		Panguni Uttiram Hanuman Jayanti	Chaturdashi* Until 11:57AM	Chaitra•Panguni	Sivaloka Day	

	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Jalandhar, India Sun 29 Sutra 360
	Silver Retreat Star		Gulika 10:55AM – 12:31PM	Hasta Until 6:04AM	Ganesha: Purple <i>Sunrise:</i> 6:09AM	Vikarin 5121
	Kanya Rasi: 23.16	Tithi 15 – 16	Yama 7:44AM – 9:20AM	Vyaghata* Until 2:10PM	Muruqa: Clear <i>Sunset:</i> 6:53PM	Moon 3 - Phase 49
	Routine Work Marana Yoga Until 6:04AM Then Creative Work - Siddha Yoga	164934468	Rahu 12:31PM – 2:06PM	Balava Until 6:09PM	Nataraja: Purple Moon – Green	Prathama
			Purnima* Until 8:03AM	Chaitra•Panguni	Devaloka Day	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India
Sutra 361

Tula Rasi: 8.31 Tithi 17

164934468 **Gulika** 9:19AM – 10:55AM
Yama 6:08AM – 7:43AM
Rahu 2:06PM – 3:42PM

Svati Until 12:09AM Fri
Harshana Until 9:57AM
Taitila Until 2:27PM
Dvitiya Until 12:42AM Fri

Ganesha: Purple *Sunrise:* 6:08AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Purple
Moon – Green

Moon 4 - Phase 50
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 12:09AM Fri
Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Jalandhar, India
Sun 1 Sutra 362

Tula Rasi: 23.32 Tithi 18

174134468 **Gulika** 7:42AM – 9:18AM
Yama 3:42PM – 5:18PM
Rahu 10:54AM – 12:30PM

Vishakha Until 9:57PM
Siddhi Until 2:24AM Sat
Vanija Until 11:06AM
Tritiya Until 9:36PM

Ganesha: Yellow *Sunrise:* 6:06AM
Muruqa: Clear *Sunset:* 6:54PM
Nataraja: Purple
Moon – Orange

Moon 4 - Phase 50
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India
Sun 2 Sutra 363

Virschika Rasi: 8.11 Tithi 19

174134468 **Gulika** 6:05AM – 7:41AM
Yama 2:06PM – 3:42PM
Rahu 9:17AM – 10:54AM

Anuradha Until 8:13PM
Vyatipata* Until 11:21PM
Bava Until 8:16AM
Chaturthi* Until 7:04PM

Ganesha: Yellow *Sunrise:* 6:05AM
Muruqa: Clear *Sunset:* 6:54PM
Nataraja: Purple
Moon – Orange

Moon 4 - Phase 50
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Variyan Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India
Sun 3 Sutra 364

Virschika Rasi: 22.23 Tithi 20 – 21

174134468 **Gulika** 3:42PM – 5:19PM
Yama 12:30PM – 2:06PM
Rahu 5:19PM – 6:55PM

Jyeshtha* Until 7:03PM
Variyan Until 8:53PM
Kaulava Until 6:06AM
Panchami Until 5:17PM

Ganesha: Yellow *Sunrise:* 6:04AM
Muruqa: Clear *Sunset:* 6:55PM
Nataraja: Purple
Moon – Orange

Moon 4 - Phase 50
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 7:03PM
Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jalandhar, India
Sun 4 Sutra 1

Dhanus Rasi: 6.05 Tithi 21 – 22

Family Home Evening

184134468 **Gulika** 2:06PM – 3:43PM
Yama 10:53AM – 12:29PM
Rahu 7:39AM – 9:16AM

Mula* Until 7:01PM
Parigha* Until 7:06PM
Visti Until 4:09AM Tue
Shashthi* Until 4:18PM

Ganesha: Blue *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 6:56PM
Nataraja: Purple
Moon – Light Blue

Moon 4 - Phase 50
1st Phase

Devaloka Day

Until 7:01PM
Then Routine Work - Marana Yoga

Tamil New Year

Chaitra+Chaitra

5

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India
Sun 5 Sutra 2

Dhanus Rasi: 19.19 Tithi 22 – 23

284134468 **Gulika** 12:29PM – 2:06PM
Yama 9:15AM – 10:52AM
Rahu 3:43PM – 5:20PM

Purvashadha* Until 7:39PM
Shiva Until 6:00PM
Balava Until 4:27AM Wed
Saptami Until 4:11PM

Ganesha: Yellow *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 6:56PM
Nataraja: Purple
Moon – Light Blue

Moon 4 - Phase 50
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 7:39PM
Then Routine Work - Prabalarishta Yoga

Chaitra+Chaitra

D

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India
Sun 6 Sutra 3

Makara Rasi: 2.08 Tithi 23 – 24

284134468 **Gulika** 10:52AM – 12:29PM
Yama 7:38AM – 9:15AM
Rahu 12:29PM – 2:06PM

Uttarashadha Until 8:54PM
Siddha Until 5:30PM
Taitila Until 5:29AM Thu
Ashtami* Until 4:52PM

Ganesha: Yellow *Sunrise:* 6:01AM
Muruqa: Clear *Sunset:* 6:57PM
Nataraja: Purple
Moon – Light Blue

Moon 4 - Phase 50
Ashtami

Sivaloka Day

Creative Work Amrita Yoga
Until 8:54PM
Then Creative Work - Siddha Yoga

Chaitra+Chaitra

Thursday, April 16, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Gara Karana Navamyam Titau

Jalandhar, India
Sun 7 Sutra 4

Makara Rasi: 15 Tithi 24

294134468 **Gulika** 9:14AM – 10:51AM
Yama 5:59AM – 7:37AM
Rahu 2:06PM – 3:43PM

Shravana Until 11:06PM
Sadhya Until 5:32PM
Gara Until 6:14PM
Navami* Until 6:14PM

Ganesha: Blue *Sunrise:* 5:59AM
Muruqa: Clear *Sunset:* 6:58PM
Nataraja: Purple
Moon – Purple

Moon 4 - Phase 50
Navami

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

Chaitra+Chaitra

1		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau				Jalandhar, India Sun 8 Sutra 5
Makara Rasi: 26.49	Tithi 25	Gulika 7:36AM – 9:13AM	Dhanishtha Until 1:37AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:58AM		Sarvari 5122	
		Yama 3:43PM – 5:21PM	Subha Until 6:00PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM		Moon 4 - Phase 1	
		294134468 Rahu 10:51AM – 12:28PM	Vanija Until 7:08AM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:07PM	Chaitra+Chaitra			Devaloka Day	
Until 1:37AM Sat								
Then Creative Work - Amrita Yoga								
2		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India Sun 9 Sutra 6
Kumbha Rasi: 8.5	Tithi 26	Gulika 5:57AM – 7:35AM	Shatabhishak Until 4:16AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM		Sarvari 5122	
		Yama 2:06PM – 3:44PM	Sukla Until 6:42PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM		Moon 4 - Phase 1	
		295134468 Rahu 9:13AM – 10:50AM	Bava Until 9:13AM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 10:21PM	Chaitra+Chaitra			Sivaloka Day	
Until 4:16AM Sun								
Then Creative Work - Siddha Yoga								
3		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Jalandhar, India Sun 10 Sutra 7
Kumbha Rasi: 20.46	Tithi 27	Gulika 3:44PM – 5:22PM	Purvaproshtapada* Until 7:23AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:56AM		Sarvari 5122	
		Yama 12:28PM – 2:06PM	Brahma Until 7:34PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM		Moon 4 - Phase 1	
		215134468 Rahu 5:22PM – 7:00PM	Kaulava Until 11:33AM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 12:45AM Mon	Chaitra+Chaitra			Sivaloka Day	
Until 7:23AM								
Then Creative Work - Siddha Yoga								
4		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 11 Sutra 8
Meena Rasi: 2.38	Tithi 28	Gulika 2:06PM – 3:44PM	Purvaproshtapada* Until 7:23AM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM		Sarvari 5122	
Family Home Evening		Yama 10:49AM – 12:28PM	Indra Until 8:30PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM		Moon 4 - Phase 1	
Routine Work	Marana Yoga	215134468 Rahu 7:33AM – 9:11AM	Gara Until 2:00PM	Nataraja: Purple			2nd Phase	
Until 7:23AM			Trayodashi* Until 3:12AM Tue	Chaitra+Chaitra			Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>					
5		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India Sun 12 Sutra 9
Meena Rasi: 14.3	Tithi 29	Gulika 12:27PM – 2:06PM	Uttaraproshtapada Until 10:21AM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM		Sarvari 5122	
		Yama 9:11AM – 10:49AM	Vaidhriti* Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM		Moon 4 - Phase 1	
		215134468 Rahu 3:44PM – 5:23PM	Visti Until 4:26PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36AM Wed	Chaitra+Chaitra			Sivaloka Day	
Until 10:21AM								
Then Creative Work - Siddha Yoga								
Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau				Jalandhar, India Sun 13 Sutra 10
Meena Rasi: 26.23	Tithi 30	Gulika 10:49AM – 12:27PM	Revati Until 1:05PM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM		Sarvari 5122	
		Yama 7:31AM – 9:10AM	Vishkambha* Until 10:13PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM		Moon 4 - Phase 1	
		215134468 Rahu 12:27PM – 2:06PM	Catuspada Until 6:47PM	Nataraja: Purple			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 7:53AM Thu	Chaitra+Chaitra			Sivaloka Day	
Until 7:53AM Thu								
Then Creative Work - Siddha Yoga								
Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India Sun 14 Sutra 11
Mesha Rasi: 8.19	Tithi 30 – 1	Gulika 9:09AM – 10:48AM	Ashvini Until 4:01PM	Ganesha: Red	<i>Sunrise:</i> 5:52AM		Sarvari 5122	
		Yama 5:52AM – 7:31AM	Priti Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM		Moon 4 - Phase 1	
		225134468 Rahu 2:06PM – 3:45PM	Kintughna Until 8:59PM	Nataraja: Purple			Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 7:53AM	Vaisaka+Chaitra			Sivaloka Day	
Until 4:01PM								
Then Creative Work - Siddha Yoga								

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 12
	Mesha Rasi: 20.19	Tithi 1 – 2	Gulika 7:30AM – 9:09AM	Bharani Until 6:36PM	Ganesha: Red <i>Sunrise:</i> 5:51AM		Sarvari 5122
			Yama 3:45PM – 5:24PM	Ayushman Until 11:29PM	Muruqa: Clear <i>Sunset:</i> 7:03PM		Moon 4 - Phase 2
	Creative Work Siddha Yoga	225134469	Rahu 10:48AM – 12:27PM	Balava Until 10:58PM	Nataraja: Clear		3rd Phase
			Prathama* Until 9:59AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India Sun 16 Sutra 13
	Vrishabha Rasi: 2.25	Tithi 2 – 3	Gulika 5:50AM – 7:29AM	Krittika Until 8:46PM	Ganesha: Red <i>Sunrise:</i> 5:50AM		Sarvari 5122
			Yama 2:06PM – 3:45PM	Saubhagya Until 11:49PM	Muruqa: Clear <i>Sunset:</i> 7:04PM		Moon 4 - Phase 2
	Creative Work Amrita Yoga	225134469	Rahu 9:08AM – 10:47AM	Taitila Until 12:41AM Sun	Nataraja: Clear		3rd Phase
			Dvitiya Until 11:51AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 17 Sutra 14
	Vrishabha Rasi: 14.37	Tithi 3 – 4	Gulika 3:46PM – 5:25PM	Rohini Until 10:56PM	Ganesha: Yellow <i>Sunrise:</i> 5:49AM		Sarvari 5122
			Yama 12:27PM – 2:06PM	Sobhana Until 11:54PM	Muruqa: Clear <i>Sunset:</i> 7:04PM		Moon 4 - Phase 2
	Creative Work Siddha Yoga	235134469	Rahu 5:25PM – 7:04PM	Vanija Until 2:02AM Mon	Nataraja: Clear		3rd Phase
			Tritiya Until 1:23PM	Moon – Yellow		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 18 Sutra 15
	Vrishabha Rasi: 26.59	Tithi 4 – 5	Gulika 2:06PM – 3:46PM	Mrigashira Until 12:30AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:48AM		Sarvari 5122
	Family Home Evening		Yama 10:47AM – 12:26PM	Athiganda* Until 11:37PM	Muruqa: Clear <i>Sunset:</i> 7:05PM		Moon 4 - Phase 2
	Creative Work Amrita Yoga	235134469	Rahu 7:27AM – 9:07AM	Bava Until 2:57AM Tue	Nataraja: Clear		3rd Phase
Until 12:30AM Tue			Chaturthi* Until 2:32PM	Moon – Yellow		Devaloka Day	
Then Routine Work - Marana Yoga			Adi Sankara Jayanthi	Vaisaka-Chaitra			

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India Sun 19 Sutra 16
	Mithuna Rasi: 9.33	Tithi 5 – 6	Gulika 12:26PM – 2:06PM	Ardra Until 1:25AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:47AM		Sarvari 5122
			Yama 9:06AM – 10:46AM	Sukarma Until 10:57PM	Muruqa: Clear <i>Sunset:</i> 7:06PM		Moon 4 - Phase 2
	Routine Work Marana Yoga	236134469	Rahu 3:46PM – 5:26PM	Kaulava Until 3:19AM Wed	Nataraja: Clear		3rd Phase
Until 1:25AM Wed			Panchami Until 3:11PM	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 20 Sutra 17
	Mithuna Rasi: 22.22	Tithi 6 – 7	Gulika 10:46AM – 12:26PM	Punarvasu Until 2:03AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:46AM		Sarvari 5122
			Yama 7:26AM – 9:06AM	Dhriti Until 9:49PM	Muruqa: Clear <i>Sunset:</i> 7:06PM		Moon 4 - Phase 2
	Creative Work Siddha Yoga	246134469	Rahu 12:26PM – 2:06PM	Gara Until 3:04AM Thu	Nataraja: Clear		3rd Phase
Until 2:03AM Thu			Shashthi* Until 3:15PM	Moon – Blue		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

☾	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 18
	Retreat Star		Gulika 9:05AM – 10:46AM	Pushya Until 1:53AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:45AM		Sarvari 5122
	Kataka Rasi: 5.31	Tithi 7 – 8	Yama 5:45AM – 7:25AM	Shula* Until 8:09PM	Muruqa: Clear <i>Sunset:</i> 7:07PM		Moon 4 - Phase 2
	Creative Work Amrita Yoga	246134469	Rahu 2:06PM – 3:47PM	Visti Until 2:10AM Fri	Nataraja: Clear		Ashtami
Until 1:53AM Fri			Saptami Until 2:41PM	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

☽	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhii Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 22 Sutra 19
	Retreat Star		Gulika 7:24AM – 9:04AM	Ashlesha* Until 12:54AM Sat	Ganesha: Yellow <i>Sunrise:</i> 5:43AM		Sarvari 5122
	Kataka Rasi: 19	Tithi 8 – 9	Yama 3:47PM – 5:28PM	Ganda* Until 5:57PM	Muruqa: Clear <i>Sunset:</i> 7:09PM		Moon 4 - Phase 2
	Routine Work Marana Yoga	246134469	Rahu 10:45AM – 12:26PM	Balava Until 12:36AM Sat	Nataraja: Clear		Navami
Until 12:54AM Sat			Ashtami* Until 1:27PM	Moon – Blue		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Jalandhar, India Sun 23
Simha Rasi: 2.53	Tithi 9 – 10	256134469	Gulika 5:42AM – 7:23AM Yama 2:07PM – 3:47PM Rahu 9:04AM – 10:45AM	Magha* Until 11:36PM Vriddhi Until 3:15PM Taitila Until 10:25PM Navami* Until 11:34AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	<i>Sunrise:</i> 5:42AM <i>Sunset:</i> 7:09PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 11:36PM Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 24
Simha Rasi: 17.1	Tithi 10 – 11	256134469	Gulika 3:48PM – 5:29PM Yama 12:26PM – 2:07PM Rahu 5:29PM – 7:10PM	Purvaphalguni Until 9:38PM Dhruva Until 12:04PM Vanija Until 7:41PM Dashami Until 9:06AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	<i>Sunrise:</i> 5:41AM <i>Sunset:</i> 7:10PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 9:38PM Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*Harshana Yoga Visli*/Balava Karana Ekadashi/Dvadashyam Titau			Jalandhar, India Sun 25
Kanya Rasi: 1.47	Tithi 11 – 12	256234469	Gulika 2:07PM – 3:48PM Yama 10:44AM – 12:25PM Rahu 7:22AM – 9:03AM	Uttaraphalguni Until 7:06PM Vyaghata* Until 8:30AM Balava Until 2:50AM Tue Ekadashi Until 6:08AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Red	<i>Sunrise:</i> 5:40AM <i>Sunset:</i> 7:11PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga							

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Jalandhar, India Sun 26
Kanya Rasi: 16.41	Tithi 13	267234469	Gulika 12:25PM – 2:07PM Yama 9:02AM – 10:44AM Rahu 3:48PM – 5:30PM	Hasta Until 4:35PM Vajra* Until 12:39AM Wed Kaulava Until 1:06PM Trayodashi Until 11:18PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	<i>Sunrise:</i> 5:39AM <i>Sunset:</i> 7:11PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga		<i>Pradosha Vrata</i>					

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau			Jalandhar, India Sun 27
Tula Rasi: 1.45	Tithi 14	267234469	Gulika 10:44AM – 12:25PM Yama 7:20AM – 9:02AM Rahu 12:25PM – 2:07PM	Chitra Until 1:49PM Siddhi Until 8:36PM Gara Until 9:32AM Chaturdashi* Until 7:44PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	<i>Sunrise:</i> 5:39AM <i>Sunset:</i> 7:12PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga							

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Jalandhar, India Sun 25		
Copper Retreat Star		Tula Rasi: 16.48	Tithi 15 – 16	267234469	Gulika 9:02AM – 10:43AM Yama 5:38AM – 7:20AM Rahu 2:07PM – 3:49PM	Svati Until 10:58AM Vyatipata* Until 4:39PM Balava Until 2:37AM Fri Purnima* Until 4:15PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	<i>Sunrise:</i> 5:38AM <i>Sunset:</i> 7:13PM	Sarvari 5122 Moon 4 - Phase 3 Purnima Devaloka Day
Creative Work Amrita Yoga Until 10:58AM Then Creative Work - Siddha Yoga		Budha Purnima (Tamil Nadu)							

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Jalandhar, India Sun 26
Vrischika Rasi: 1.42	Tithi 16 – 17	277234469	Gulika 7:19AM – 9:01AM Yama 3:49PM – 5:31PM Rahu 10:43AM – 12:25PM	Vishakha Until 8:38AM Variyan Until 12:55PM Taitila Until 11:37PM Prathama* Until 1:03PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Orange	<i>Sunrise:</i> 5:37AM <i>Sunset:</i> 7:13PM	Sarvari 5122 Moon 4 - Phase 3 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda