



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Istanbul, Turkey
Sutra 7

Tula Rasi: 29.02 Tithi 17 – 18

Gulika 3:28PM – 5:10PM
Yama 12:05PM – 1:46PM
274483468 **Rahu** 5:10PM – 6:51PM

Vishakha Until 1:28PM
Vyatipata* Until 11:59PM
Vanija Until 8:23PM
Dvitiya Until 9:01AM

Ganesha: Blue *Sunrise:* 5:18AM
Muruqa: Yellow *Sunset:* 6:51PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Istanbul, Turkey
Sun 1 Sutra 8

Vrischika Rasi: 12.38 Tithi 18 – 19

Gulika 1:47PM – 3:28PM
Yama 10:23AM – 12:05PM
274483468 **Rahu** 6:59AM – 8:41AM

Anuradha Until 1:13PM
Variyan Until 10:23PM
Bava Until 7:39PM
Tritiya Until 7:54AM

Ganesha: Blue *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 6:52PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey
Sun 2 Sutra 9

Vrischika Rasi: 25.49 Tithi 19 – 20

Gulika 12:04PM – 1:47PM
Yama 8:40AM – 10:22AM
274483468 **Rahu** 3:29PM – 5:11PM

Jyeshtha* Until 1:35PM
Parigha* Until 9:27PM
Kaulava Until 7:43PM
Chaturthi* Until 7:33AM

Ganesha: Blue *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 6:53PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 1:35PM
Then Creative Work - Amrita Yoga

Devaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey
Sun 3 Sutra 10

Dhanus Rasi: 8.35 Tithi 20 – 21

Gulika 10:22AM – 12:04PM
Yama 6:57AM – 8:39AM
284483468 **Rahu** 12:04PM – 1:47PM

Mula* Until 3:04PM
Shiva Until 9:09PM
Gara Until 8:36PM
Panchami Until 8:02AM

Ganesha: Yellow *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 6:54PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 3:04PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey
Sun 4 Sutra 11

Dhanus Rasi: 21 Tithi 21 – 22

Gulika 8:38AM – 10:21AM
Yama 5:13AM – 6:55AM
284483469 **Rahu** 1:47PM – 3:30PM

Purvashadha* Until 5:08PM
Siddha Until 9:23PM
Visti Until 10:12PM
Shashthi* Until 9:18AM

Ganesha: Yellow *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 6:56PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 5:08PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey
Sun 5 Sutra 12

Makara Rasi: 3.08 Tithi 22 – 23

Gulika 6:54AM – 8:38AM
Yama 3:30PM – 5:13PM
284583469 **Rahu** 10:21AM – 12:04PM

Uttarashadha Until 7:35PM
Sadhya Until 10:04PM
Balava Until 12:22AM Sat
Saptami Until 11:13AM

Ganesha: Red *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 6:57PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey
Sun 6 Sutra 13

Makara Rasi: 15.04 Tithi 23 – 24

Gulika 5:10AM – 6:53AM
Yama 1:47PM – 3:31PM
294583469 **Rahu** 8:37AM – 10:20AM

Shravana Until 10:44PM
Subha Until 11:01PM
Taitila Until 2:51AM Sun
Ashtami* Until 1:34PM

Ganesha: Green *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 6:58PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 7 Sutra 14
Makara Rasi: 26.54	Tithi 24 – 25	Gulika 3:31PM – 5:15PM	Dhanishtha Until 1:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 5:08AM	Vikarin 5121
		Yama 12:04PM – 1:47PM	Sukla Until 12:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3
		294583469 Rahu 5:15PM – 6:59PM	Vanija Until 5:24AM Mon	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 4:06PM	Moon – Purple		Bhuloka Day
Until 1:48AM Mon				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti* Karana Dashamyam Titau				Istanbul, Turkey Sun 8 Sutra 15
Kumbha Rasi: 8.44	Tithi 25	Gulika 1:47PM – 3:32PM	Shatabhishak Until 4:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:07AM	Vikarin 5121
Family Home Evening		Yama 10:19AM – 12:03PM	Brahma Until 12:57AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:51AM – 8:35AM	Visti Until 6:36PM	Nataraja: Clear		2nd Phase
Until 4:34AM Tue			Dashami Until 6:36PM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey Sun 9 Sutra 16
Kumbha Rasi: 20.37	Tithi 26	Gulika 12:03PM – 1:48PM	Purvaproshtapada* Until 7:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	Vikarin 5121
		Yama 8:34AM – 10:19AM	Indra Until 1:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3
		214583469 Rahu 3:32PM – 5:16PM	Bava Until 7:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 8:49PM	Moon – Clear		Bhuloka Day
Until 7:21AM Wed				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Istanbul, Turkey Sun 10 Sutra 17
Meena Rasi: 2.38	Tithi 27	Gulika 10:18AM – 12:03PM	Purvaproshtapada* Until 7:21AM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	Vikarin 5121
		Yama 6:49AM – 8:34AM	Vaidhriti* Until 1:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3
		214583469 Rahu 12:03PM – 1:48PM	Kaulava Until 9:47AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 10:36PM	Moon – Clear		Bhuloka Day
Until 7:21AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey Sun 11 Sutra 18
Meena Rasi: 14.5	Tithi 28	Gulika 8:33AM – 10:18AM	Uttaraproshtapada Until 9:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:03AM	Vikarin 5121
		Yama 5:03AM – 6:48AM	Vishkambha* Until 1:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3
		215583469 Rahu 1:48PM – 3:33PM	Gara Until 11:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:52PM	Moon – Clear		Bhuloka Day
Until 11:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Pradosha Vrata (Fasting)

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey Sun 12 Sutra 19
Meena Rasi: 27.17	Tithi 29	Gulika 6:47AM – 8:32AM	Revati Until 11:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:02AM	Vikarin 5121
		Yama 3:33PM – 5:19PM	Priti Until 1:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 3
		215583469 Rahu 10:18AM – 12:03PM	Visti Until 12:19PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:36AM Sat	Moon – Clear		Bhuloka Day
Until 11:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Istanbul, Turkey Sun 13 Sutra 20
Mesha Rasi: 9.57	Tithi 30	Gulika 5:01AM – 6:46AM	Ashvini Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 5:01AM	Vikarin 5121
		Yama 1:48PM – 3:34PM	Ayushman Until 12:34AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3
		225583469 Rahu 8:32AM – 10:17AM	Catuspada Until 12:47PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 12:47AM Sun	Moon – White		Bhuloka Day
Until 11:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Istanbul, Turkey Sun 14 Sutra 21
Mesha Rasi: 22.53	Tithi 1	Gulika 3:34PM – 5:20PM	Bharani Until 12:55PM	Ganesha: Purple	<i>Sunrise:</i> 4:59AM	Vikarin 5121
		Yama 12:03PM – 1:49PM	Saubhagya Until 11:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3
		225583469 Rahu 5:20PM – 7:06PM	Kintughna Until 12:43PM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 12:30AM Mon	Moon – White		Bhuloka Day
Until 12:55PM				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Istanbul, Turkey Sun 15 Sutra 22	
1		Gulika 1:49PM – 3:35PM	Krittika Until 12:58PM	Ganesha: Purple <i>Sunrise:</i> 4:58AM	Vikarin 5121
Vrishabha Rasi: 6.02	Tithi 2	Yama 10:16AM – 12:03PM	Sobhana Until 9:43PM	Muruḡa: Yellow <i>Sunset:</i> 7:07PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:44AM – 8:30AM	Balava Until 12:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 11:49PM	Moon – White	Bhuloka Day
Until 12:58PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Istanbul, Turkey Sun 16 Sutra 23	
2		Gulika 12:03PM – 1:49PM	Rohini Until 12:56PM	Ganesha: Light Blue <i>Sunrise:</i> 4:57AM	Vikarin 5121
Vrishabha Rasi: 19.25	Tithi 3	Yama 8:30AM – 10:16AM	Athiganda* Until 7:50PM	Muruḡa: Yellow <i>Sunset:</i> 7:08PM	Moon 4 - Phase 4
	235583469	Rahu 3:35PM – 5:22PM	Taitila Until 11:21AM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Tritiya Until 10:46PM	Moon – Yellow	Bhuloka Day
Until 12:56PM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Vishti* Karana Chaturthyam Titau		Istanbul, Turkey Sun 17 Sutra 24	
3		Gulika 10:16AM – 12:02PM	Mrigashira Until 12:27PM	Ganesha: Light Blue <i>Sunrise:</i> 4:56AM	Vikarin 5121
Mithuna Rasi: 2.59	Tithi 4	Yama 6:42AM – 8:29AM	Sukarma Until 5:44PM	Muruḡa: Yellow <i>Sunset:</i> 7:09PM	Moon 4 - Phase 4
	235583469	Rahu 12:02PM – 1:49PM	Vanija Until 10:10AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 9:27PM	Moon – Yellow	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Istanbul, Turkey Sun 18 Sutra 25	
4		Gulika 8:29AM – 10:15AM	Ardra Until 11:35AM	Ganesha: Light Blue <i>Sunrise:</i> 4:55AM	Vikarin 5121
Mithuna Rasi: 16.41	Tithi 5	Yama 4:55AM – 6:42AM	Dhriti Until 3:28PM	Muruḡa: Yellow <i>Sunset:</i> 7:10PM	Moon 4 - Phase 4
	235583469	Rahu 1:49PM – 3:36PM	Bava Until 8:43AM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Panchami Until 7:54PM	Moon – Yellow	Bhuloka Day
Until 11:35AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Istanbul, Turkey Sun 19 Sutra 26	
5		Gulika 6:41AM – 8:28AM	Punarvasu Until 10:48AM	Ganesha: Orange <i>Sunrise:</i> 4:54AM	Vikarin 5121
Kataka Rasi: 0.32	Tithi 6	Yama 3:37PM – 5:24PM	Shula* Until 12:59PM	Muruḡa: Yellow <i>Sunset:</i> 7:11PM	Moon 4 - Phase 4
	245583469	Rahu 10:15AM – 12:02PM	Kaulava Until 7:04AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 6:09PM	Moon – Blue	Devaloka Day
Until 10:48AM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau		Istanbul, Turkey Sun 20 Sutra 27	
6		Gulika 4:52AM – 6:40AM	Pushya Until 9:40AM	Ganesha: Orange <i>Sunrise:</i> 4:52AM	Vikarin 5121
Kataka Rasi: 14.31	Tithi 7 – 8	Yama 1:50PM – 3:37PM	Ganda* Until 10:22AM	Muruḡa: Yellow <i>Sunset:</i> 7:12PM	Moon 4 - Phase 4
	245583469	Rahu 8:27AM – 10:15AM	Vishti Until 3:11AM Sun	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 4:12PM	Moon – Blue	Devaloka Day
Until 9:40AM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Istanbul, Turkey Sun 21 Sutra 28	
Retreat Star		Gulika 3:38PM – 5:25PM	Ashlesha* Until 8:14AM	Ganesha: Clear <i>Sunrise:</i> 4:51AM	Vikarin 5121
Kataka Rasi: 28.35	Tithi 8 – 9	Yama 12:02PM – 1:50PM	Vridhhi Until 7:38AM	Muruḡa: Yellow <i>Sunset:</i> 7:13PM	Moon 4 - Phase 4
	246583469	Rahu 5:25PM – 7:13PM	Balava Until 1:00AM Mon	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 2:05PM	Moon – Blue	Devaloka Day
Until 8:14AM		Mother's Day		Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Istanbul, Turkey Sun 22 Sutra 29	
Retreat Star		Gulika 1:50PM – 3:38PM	Magha* Until 6:55AM	Ganesha: White <i>Sunrise:</i> 4:50AM	Vikarin 5121
Simha Rasi: 12.46	Tithi 9 – 10	Yama 10:14AM – 12:02PM	Vyaghata* Until 1:46AM Tue	Muruḡa: Yellow <i>Sunset:</i> 7:14PM	Moon 4 - Phase 4
	256583469	Rahu 6:38AM – 8:26AM	Taitila Until 10:41PM	Nataraja: Clear	Navami
Family Home Evening			Navami* Until 11:50AM	Moon – Red	Bhuloka Day
Routine Work Marana Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Until 6:55AM					
Then Creative Work - Siddha Yoga					

1		Tuesday, May 14, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Istanbul, Turkey Sun 23 Sutra 30	
Simha Rasi: 27.02	Tithi 10 – 11	Gulika	12:02PM – 1:50PM	Uttaraphalguni Until 3:37AM Wed	Ganesha: White	<i>Sunrise:</i> 4:49AM	Vikarin 5121		
		Yama	8:26AM – 10:14AM	Harshana Until 10:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 5		
		266583469 Rahu	3:39PM – 5:27PM	Vanija Until 8:19PM	Nataraja: Clear		4th Phase		
Creative Work	Amrita Yoga			Dashami Until 9:29AM	Moon – Red		Bhuloka Day		
Until 3:37AM Wed					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

2		Wednesday, May 15, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 24 Sutra 31	
Kanya Rasi: 11.19	Tithi 11 – 12	Gulika	10:14AM – 12:02PM	Hasta Until 2:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Vikarin 5121		
		Yama	6:37AM – 8:25AM	Vajra* Until 7:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 5		
		266583469 Rahu	12:02PM – 1:51PM	Balava Until 4:45AM Thu	Nataraja: Clear		4th Phase		
Routine Work	Marana Yoga			Ekadashi Until 7:06AM	Moon – Green		Devaloka Day		
Until 2:11AM Thu					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

3		Thursday, May 16, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Istanbul, Turkey Sun 25 Sutra 32	
Kanya Rasi: 25.35	Tithi 13	Gulika	8:25AM – 10:14AM	Chitra Until 12:45AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Vikarin 5121		
		Yama	4:47AM – 6:36AM	Siddhi Until 4:49PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 5		
		266583469 Rahu	1:51PM – 3:40PM	Kaulava Until 3:39PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Trayodashi Until 2:34AM Fri	Moon – Green		Devaloka Day		
					Vaisaka-Vaikasi				
					<i>Pradosha Vrata</i>				

4		Friday, May 17, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau		Istanbul, Turkey Sun 26 Sutra 33	
Tula Rasi: 9.44	Tithi 14	Gulika	6:35AM – 8:24AM	Svati Until 11:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Vikarin 5121		
		Yama	3:40PM – 5:29PM	Vyatipata* Until 2:05PM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5		
		266583469 Rahu	10:13AM – 12:02PM	Gara Until 1:35PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 12:39AM Sat	Moon – Green		Devaloka Day		
					Vaisaka-Vaikasi				

		Saturday, May 18, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau		Istanbul, Turkey Sun 27 Sutra 34	
Copper Retreat Star		Gulika	4:46AM – 6:35AM	Vishakha Until 10:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Vikarin 5121		
Tula Rasi: 23.42	Tithi 15	Yama	1:52PM – 3:41PM	Variyan Until 11:37AM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5		
		277583469 Rahu	8:24AM – 10:13AM	Visti Until 11:52AM	Nataraja: Clear		Purnima		
Creative Work	Siddha Yoga			Purnima* Until 11:09PM	Moon – Orange		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		

○		Sunday, May 19, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau		Istanbul, Turkey Sutra 35	
Silver Retreat Star		Gulika	3:41PM – 5:31PM	Anuradha Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Vikarin 5121		
Vrischika Rasi: 7.23	Tithi 16	Yama	12:02PM – 1:52PM	Parigha* Until 9:32AM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 5		
		277583469 Rahu	5:31PM – 7:20PM	Balava Until 10:36AM	Nataraja: Clear		Prathama		
Routine Work	Marana Yoga			Prathama* Until 10:10PM	Moon – Orange		Devaloka Day		
					Vaisaka-Vaikasi				



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.46 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 1:52PM – 3:42PM
Yama 10:13AM – 12:02PM
Rahu 6:33AM – 8:23AM
Jyeshtha* Until 10:47PM
Shiva Until 7:56AM
Taitila Until 9:56AM
Dvitiya Until 9:49PM

Istanbul, Turkey
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise: 4:44AM*
Muruga: Yellow *Sunset: 7:21PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.47 Tithi 18

Creative Work Amrita Yoga
Until 11:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 12:02PM – 1:52PM
Yama 8:23AM – 10:13AM
Rahu 3:42PM – 5:32PM
Mula* Until 11:59PM
Siddha Until 6:50AM
Vanija Until 9:55AM
Tritiya Until 10:10PM

Istanbul, Turkey
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 4:43AM*
Muruga: Yellow *Sunset: 7:22PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.28 Tithi 19

Creative Work Amrita Yoga
Until 1:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 10:12AM – 12:03PM
Yama 6:32AM – 8:22AM
Rahu 12:03PM – 1:53PM
Purvashadha* Until 1:43AM Thu
Sadhya Until 6:18AM
Bava Until 10:37AM
Chaturthi* Until 11:12PM

Istanbul, Turkey
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 4:42AM*
Muruga: Yellow *Sunset: 7:23PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 28.5 Tithi 20

Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 8:22AM – 10:12AM
Yama 4:41AM – 6:32AM
Rahu 1:53PM – 3:43PM
Uttarashadha Until 3:52AM Fri
Subha Until 6:19AM
Kaulava Until 11:59AM
Panchami Until 12:51AM Fri

Istanbul, Turkey
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 4:41AM*
Muruga: Yellow *Sunset: 7:24PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 10.58 Tithi 21

Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 6:31AM – 8:22AM
Yama 3:44PM – 5:34PM
Rahu 10:12AM – 12:03PM
Shravana Until 6:47AM Sat
Sukla Until 6:45AM
Gara Until 1:54PM
Shashthi* Until 2:59AM Sat

Istanbul, Turkey
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Ganesha: Green *Sunrise: 4:41AM*
Muruga: Yellow *Sunset: 7:25PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 22.56 Tithi 22

Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 4:40AM – 6:31AM
Yama 1:53PM – 3:44PM
Rahu 8:21AM – 10:12AM
Shravana Until 6:47AM
Brahma Until 7:31AM
Visti Until 4:11PM
Saptami Until 5:22AM Sun

Istanbul, Turkey
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Ganesha: Green *Sunrise: 4:40AM*
Muruga: Yellow *Sunset: 7:25PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 4.49 Tithi 23

Routine Work Marana Yoga
Until 9:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Indra/Vaidhriti* Yoga Balava Karana Ashtamyam Titau
Gulika 3:45PM – 5:35PM
Yama 12:03PM – 1:54PM
Rahu 5:35PM – 7:26PM
Dhanishtha Until 9:44AM
Indra Until 8:29AM
Balava Until 6:37PM
Ashtami* Until 7:47AM Mon

Istanbul, Turkey
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami
Sivaloka Day
Ganesha: Blue *Sunrise: 4:39AM*
Muruga: Yellow *Sunset: 7:26PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 16.4 Tithi 23 – 24

Family Home Evening
Creative Work Siddha Yoga
Until 12:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shalabhishak/Purvaprosarthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 1:54PM – 3:45PM
Yama 10:12AM – 12:03PM
Rahu 6:30AM – 8:21AM
Shatabhishak Until 12:32PM
Vaidhriti* Until 9:25AM
Taitila Until 8:57PM
Ashtami* Until 7:47AM

Istanbul, Turkey
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami
Sivaloka Day
Ganesha: Blue *Sunrise: 4:39AM*
Muruga: Yellow *Sunset: 7:27PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi


1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Istanbul, Turkey Sun 9	Sutra 44
Kumbha Rasi: 28.36	Tithi 24 – 25	Gulika	12:03PM – 1:54PM	Purvaproshtapada* Until 3:26PM	Ganesha: Purple	<i>Sunrise:</i> 4:38AM	Vikarin 5121	
		Yama	8:21AM – 10:12AM	Vishkambha* Until 10:12AM	Muruqa: Yellow	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 7	
		318683469 Rahu	3:46PM – 5:37PM	Vanija Until 11:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 10:00AM	Moon – Clear		Sivaloka Day	
Until 3:26PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Istanbul, Turkey Sun 10	Sutra 45
Meena Rasi: 10.4	Tithi 25 – 26	Gulika	10:12AM – 12:03PM	Uttaraproshtapada Until 5:45PM	Ganesha: Purple	<i>Sunrise:</i> 4:38AM	Vikarin 5121	
		Yama	6:29AM – 8:20AM	Priti Until 10:43AM	Muruqa: Yellow	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 7	
		318683469 Rahu	12:03PM – 1:55PM	Bava Until 12:34AM Thu	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 11:50AM	Moon – Clear		Sivaloka Day	
Until 5:45PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Istanbul, Turkey Sun 11	Sutra 46
Meena Rasi: 22.57	Tithi 26 – 27	Gulika	8:20AM – 10:12AM	Revati Until 7:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:37AM	Vikarin 5121	
		Yama	4:37AM – 6:29AM	Ayushman Until 10:47AM	Muruqa: Yellow	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 7	
		318683469 Rahu	1:55PM – 3:46PM	Kaulava Until 1:33AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 1:07PM	Moon – Clear		Sivaloka Day	
Until 7:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Istanbul, Turkey Sun 12	Sutra 47
Mesha Rasi: 5.29	Tithi 27 – 28	Gulika	6:28AM – 8:20AM	Ashvini Until 8:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:36AM	Vikarin 5121	
		Yama	3:47PM – 5:39PM	Saubhagya Until 10:23AM	Muruqa: Yellow	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 7	
		328683469 Rahu	10:12AM – 12:03PM	Gara Until 1:54AM Sat	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 1:47PM	Moon – White		Devaloka Day	
Until 8:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Istanbul, Turkey Sun 13	Sutra 48
Mesha Rasi: 18.2	Tithi 28 – 29	Gulika	4:36AM – 6:28AM	Bharani Until 9:14PM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121	
		Yama	1:55PM – 3:47PM	Sobhana Until 9:30AM	Muruqa: Yellow	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 7	
		329683469 Rahu	8:20AM – 10:12AM	Visti Until 1:37AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 1:49PM	Moon – White		Bhuloka Day	
Until 9:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Istanbul, Turkey Sun 14	Sutra 49
Retreat Star		Gulika	3:48PM – 5:40PM	Krittika Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121	
Vrishabha Rasi: 1.3	Tithi 29 – 30	Yama	12:04PM – 1:56PM	Athiganda* Until 8:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 7	
		329683469 Rahu	5:40PM – 7:32PM	Catuspada Until 12:44AM Mon	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:14PM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Istanbul, Turkey Sun 15	Sutra 50
Vrishabha Rasi: 14.58	Tithi 30 – 1	Gulika	1:56PM – 3:48PM	Rohini Until 8:37PM	Ganesha: Green	<i>Sunrise:</i> 4:35AM	Vikarin 5121	
Family Home Evening		Yama	10:12AM – 12:04PM	Sukarma Until 6:14AM	Muruqa: Yellow	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 7	
		339683469 Rahu	6:27AM – 8:20AM	Kintughna Until 11:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Amavasya* Until 12:05PM	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Istanbul, Turkey Sun 16 Sutra 51
Vrishabha Rasi: 28.44	Tithi 1 – 2	Gulika 12:04PM – 1:56PM	Mrigashira Until 7:39PM	Ganesha: Green <i>Sunrise:</i> 4:35AM	Vikarin 5121
		Yama 8:19AM – 10:12AM	Shula* Until 1:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 7:33PM	Moon 5 - Phase 8
339683461		Rahu 3:49PM – 5:41PM	Balava Until 9:35PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 10:30AM	Jyeshtha-Vaikasi	Bhuloka Day
Until 7:39PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Istanbul, Turkey Sun 17 Sutra 52
Mithuna Rasi: 12.43	Tithi 2 – 3	Gulika 10:12AM – 12:04PM	Ardra Until 6:14PM	Ganesha: Green <i>Sunrise:</i> 4:34AM	Vikarin 5121
		Yama 6:27AM – 8:19AM	Ganda* Until 10:42PM	Muruqa: Yellow <i>Sunset:</i> 7:34PM	Moon 5 - Phase 8
339683461		Rahu 12:04PM – 1:57PM	Taitila Until 7:31PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:34AM	Jyeshtha-Vaikasi	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Visiti* Karana Tritiya/Chaturthyam Titau	Istanbul, Turkey Sun 18 Sutra 53
Mithuna Rasi: 26.51	Tithi 3 – 4	Gulika 8:19AM – 10:12AM	Punarvasu Until 4:55PM	Ganesha: White <i>Sunrise:</i> 4:34AM	Vikarin 5121
		Yama 4:34AM – 6:27AM	Vridhi Until 7:48PM	Muruqa: Yellow <i>Sunset:</i> 7:35PM	Moon 5 - Phase 8
349683461		Rahu 1:57PM – 3:50PM	Visti Until 4:04AM Fri	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:23AM	Jyeshtha-Vaikasi	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Istanbul, Turkey Sun 19 Sutra 54
Kataka Rasi: 11.05	Tithi 5	Gulika 6:27AM – 8:19AM	Pushya Until 3:21PM	Ganesha: White <i>Sunrise:</i> 4:34AM	Vikarin 5121
		Yama 3:50PM – 5:43PM	Dhruva Until 4:49PM	Muruqa: Yellow <i>Sunset:</i> 7:35PM	Moon 5 - Phase 8
349683461		Rahu 10:12AM – 12:05PM	Bava Until 2:54PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:42AM Sat	Jyeshtha-Vaikasi	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Istanbul, Turkey Sun 20 Sutra 55
Kataka Rasi: 25.22	Tithi 6	Gulika 4:34AM – 6:26AM	Ashlesha* Until 1:38PM	Ganesha: White <i>Sunrise:</i> 4:34AM	Vikarin 5121
		Yama 1:58PM – 3:50PM	Vyaghata* Until 1:50PM	Muruqa: Yellow <i>Sunset:</i> 7:36PM	Moon 5 - Phase 8
349683461		Rahu 8:19AM – 10:12AM	Kaulava Until 12:32PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 11:20PM	Jyeshtha-Vaikasi	Bhuloka Day
Until 1:38PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Istanbul, Turkey Sun 21 Sutra 56
Simha Rasi: 9.37	Tithi 7	Gulika 3:51PM – 5:44PM	Magha* Until 12:14PM	Ganesha: Yellow <i>Sunrise:</i> 4:33AM	Vikarin 5121
		Yama 12:05PM – 1:58PM	Harshana Until 10:53AM	Muruqa: Yellow <i>Sunset:</i> 7:36PM	Moon 5 - Phase 8
351683461		Rahu 5:44PM – 7:36PM	Gara Until 10:12AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Saptami Until 9:03PM	Jyeshtha-Vaikasi	Devaloka Day
Until 12:14PM					
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Istanbul, Turkey Sun 22 Sutra 57
Simha Rasi: 23.49	Tithi 8	Gulika 1:58PM – 3:51PM	Purvaphalguni Until 10:48AM	Ganesha: Yellow <i>Sunrise:</i> 4:33AM	Vikarin 5121
Family Home Evening		Yama 10:12AM – 12:05PM	Vajra* Until 8:00AM	Muruqa: Yellow <i>Sunset:</i> 7:37PM	Moon 5 - Phase 8
351683461		Rahu 6:26AM – 8:19AM	Visti Until 7:58AM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:52PM	Jyeshtha-Vaikasi	Devaloka Day


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Istanbul, Turkey Sun 23 Sutra 58
Kanya Rasi: 7.56	Tithi 9 – 10	Gulika 12:05PM – 1:58PM	Uttaraphalguni Until 9:21AM	Ganesha: Yellow <i>Sunrise:</i> 4:33AM	Vikarin 5121
		Yama 8:19AM – 10:12AM	Vyatipata* Until 2:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 7:38PM	Moon 5 - Phase 8
351683461		Rahu 3:51PM – 5:44PM	Taitila Until 3:53AM Wed	Nataraja: Yellow	Navami
Creative Work	Amrita Yoga		Navami* Until 4:49PM	Jyeshtha-Vaikasi	Devaloka Day
Until 9:21AM					
Then Creative Work - Siddha Yoga					

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Kanya Rasi: 21.58	Tithi 10 – 11	Gulika 10:12AM – 12:05PM	Hasta Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Sun 24 Sutra 59
			Yama 6:26AM – 8:19AM	Variyan Until 12:07AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Vikarin 5121
		361683461	Rahu 12:05PM – 1:59PM	Vanija Until 2:08AM Thu	Nataraja: Yellow		Moon 5 - Phase 9
Routine Work	Marana Yoga		Dashami Until 2:58PM	Moon – Green		4th Phase	
Until 8:21AM				Jyeshtha-Vaikasi		Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Tula Rasi: 5.5	Tithi 11 – 12	Gulika 8:19AM – 10:12AM	Chitra Until 7:25AM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Sun 25 Sutra 60
			Yama 4:33AM – 6:26AM	Parigha* Until 9:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Vikarin 5121
		361683461	Rahu 1:59PM – 3:52PM	Bava Until 12:39AM Fri	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga		Ekadashi Until 1:20PM	Moon – Green		4th Phase	
Until 7:25AM				Jyeshtha-Vaikasi		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Tula Rasi: 19.33	Tithi 12 – 13	Gulika 6:26AM – 8:19AM	Svati Until 6:37AM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Sun 26 Sutra 61
			Yama 3:52PM – 5:46PM	Shiva Until 7:52PM	Muruqa: Blue	<i>Sunset:</i> 7:39PM	Vikarin 5121
		361693461	Rahu 10:13AM – 12:06PM	Kaulava Until 11:29PM	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga		Dvadashi Until 12:00PM	Moon – Green		4th Phase	
		Vaikasi Visakam		Jyeshtha-Vaikasi		Devaloka Day	
						<i>Pradosha Vrata</i>	

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Vrischika Rasi: 3.04	Tithi 13 – 14	Gulika 4:33AM – 6:26AM	Vishakha Until 6:27AM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Sun 27 Sutra 62
			Yama 1:59PM – 3:53PM	Siddha Until 6:09PM	Muruqa: Blue	<i>Sunset:</i> 7:39PM	Vikarin 5121
		371793461	Rahu 8:19AM – 10:13AM	Gara Until 10:43PM	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga		Trayodashi Until 11:01AM	Moon – Orange		4th Phase	
				Jyeshtha-Ani		Subha Sivaloka Day	

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
	Copper Retreat Star		Gulika 3:53PM – 5:46PM	Anuradha Until 6:33AM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Sutra 63
	Vrischika Rasi: 16.21	Tithi 14 – 15	Yama 12:06PM – 2:00PM	Sadhya Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 7:40PM	Vikarin 5121
		371793461	Rahu 5:46PM – 7:40PM	Visti Until 10:25PM	Nataraja: Yellow		Moon 5 - Phase 9
Routine Work	Marana Yoga		Chaturdashi* Until 10:29AM	Moon – Orange		Purnima	
		Father's Day		Jyeshtha-Ani		Subha Sivaloka Day	

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey
	Vrischika Rasi: 29.22	Tithi 15 – 16	Gulika 2:00PM – 3:53PM	Jyeshtha* Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Sutra 64
	Family Home Evening		Yama 10:13AM – 12:07PM	Subha Until 3:55PM	Muruqa: Blue	<i>Sunset:</i> 7:40PM	Vikarin 5121
		371793461	Rahu 6:26AM – 8:20AM	Balava Until 10:39PM	Nataraja: Yellow		Moon 5 - Phase 9
Creative Work	Siddha Yoga		Purnima* Until 10:27AM	Moon – Orange		Prathama	
				Jyeshtha-Ani		Subha Sivaloka Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey
Sutra 65

Dhanus Rasi: 12.08 Tithi 16 - 17

Gulika 12:07PM - 2:00PM
Yama 8:20AM - 10:13AM
Rahu 3:54PM - 5:47PM

Mula* Until 8:16AM
Sukla Until 3:26PM
Taitila Until 11:28PM
Prathama* Until 10:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:33AM
Sunset: 7:40PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Istanbul, Turkey
Sun 1 Sutra 66

Dhanus Rasi: 24.37 Tithi 17 - 18

Gulika 10:13AM - 12:07PM
Yama 6:27AM - 8:20AM
Rahu 12:07PM - 2:00PM

Purvashadha* Until 9:57AM
Brahma Until 3:24PM
Vanija Until 12:49AM Thu
Dvitiya Until 12:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:33AM
Sunset: 7:41PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti/Bava Karana Trilya/Chatrthyam Titau

Istanbul, Turkey
Sun 2 Sutra 67

Makara Rasi: 6.53 Tithi 18 - 19

Gulika 8:20AM - 10:14AM
Yama 4:33AM - 6:27AM
Rahu 2:01PM - 3:54PM

Uttarashadha Until 11:59AM
Indra Until 3:47PM
Bava Until 2:40AM Fri
Tritya Until 1:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:33AM
Sunset: 7:41PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey
Sun 3 Sutra 68

Makara Rasi: 18.57 Tithi 19 - 20

Gulika 6:27AM - 8:20AM
Yama 3:54PM - 5:48PM
Rahu 10:14AM - 12:07PM

Shravana Until 2:46PM
Vaidhrili* Until 4:27PM
Kaulava Until 4:51AM Sat
Chaturthi* Until 3:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:33AM
Sunset: 7:41PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vishkambha*Priti Yoga Taitila Karana Panchamyam Titau

Istanbul, Turkey
Sun 4 Sutra 69

Kumbha Rasi: 0.53 Tithi 20

Gulika 4:34AM - 6:27AM
Yama 2:01PM - 3:54PM
Rahu 8:21AM - 10:14AM

Dhanishtha Until 5:39PM
Vishkambha* Until 5:21PM
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:34AM
Sunset: 7:41PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey
Sun 5 Sutra 70

Kumbha Rasi: 12.46 Tithi 21

Gulika 3:55PM - 5:48PM
Yama 12:08PM - 2:01PM
Rahu 5:48PM - 7:42PM

Shatabhishak Until 8:27PM
Priti Until 6:20PM
Gara Until 7:13AM
Shashthi* Until 8:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:34AM
Sunset: 7:42PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Istanbul, Turkey
Sun 6 Sutra 71

Kumbha Rasi: 24.38 Tithi 22

Family Home Evening

312793461

Gulika 2:01PM - 3:55PM
Yama 10:15AM - 12:08PM
Rahu 6:28AM - 8:21AM

Purvaproshtapada* Until 11:29PM
Ayushman Until 7:12PM
Visti Until 9:35AM
Saptami Until 10:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:34AM
Sunset: 7:42PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey
Sun 7 Sutra 72

Meena Rasi: 6.35 Tithi 23

312793461

Gulika 12:08PM - 2:02PM
Yama 8:21AM - 10:15AM
Rahu 3:55PM - 5:48PM

Uttaraproshtapada Until 2:03AM Wed
Saubhagya Until 7:53PM
Balava Until 11:45AM
Ashtami* Until 12:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:35AM
Sunset: 7:42PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 2:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey
Sun 8 Sutra 73

Meena Rasi: 18.4 Tithi 24

312793461

Gulika 10:15AM - 12:08PM
Yama 6:28AM - 8:22AM
Rahu 12:08PM - 2:02PM

Revati Until 3:59AM Thu
Sobhana Until 8:14PM
Taitila Until 1:31PM
Navami* Until 2:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:35AM
Sunset: 7:42PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Istanbul, Turkey Sun 9 Sutra 74
Mesha Rasi: 0.57	Tithi 25	Gulika 8:22AM – 10:15AM	Ashvini Until 5:38AM Fri	Ganesha: Blue <i>Sunrise:</i> 4:35AM	Vikarin 5121
		Yama 4:35AM – 6:29AM	Athiganda* Until 8:06PM	Muruqa: Blue <i>Sunset:</i> 7:42PM	Moon 6 - Phase 11
	322793461	Rahu 2:02PM – 3:55PM	Vanija Until 2:43PM	Nataraja: Yellow	2nd Phase
Creative Work Amrita Yoga			Dashami Until 3:04AM Fri	Moon – White	Devaloka Day
Until 5:38AM Fri				Jyeshtha-Ani	
Then Creative Work - Siddha Yoga					
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau	Istanbul, Turkey Sun 10 Sutra 75
Mesha Rasi: 13.31	Tithi 26	Gulika 6:29AM – 8:22AM	Bharani Until 6:26AM Sat	Ganesha: Blue <i>Sunrise:</i> 4:36AM	Vikarin 5121
		Yama 3:55PM – 5:49PM	Sukarma Until 7:27PM	Muruqa: Blue <i>Sunset:</i> 7:42PM	Moon 6 - Phase 11
	322793461	Rahu 10:15AM – 12:09PM	Bava Until 3:16PM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 3:15AM Sat	Moon – White	Devaloka Day
Until 6:26AM Sat				Jyeshtha-Ani	
Then Creative Work - Amrita Yoga					
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau	Istanbul, Turkey Sun 11 Sutra 76
Mesha Rasi: 26.25	Tithi 27	Gulika 4:36AM – 6:29AM	Bharani Until 6:26AM	Ganesha: Blue <i>Sunrise:</i> 4:36AM	Vikarin 5121
		Yama 2:02PM – 3:55PM	Dhriti Until 6:14PM	Muruqa: Blue <i>Sunset:</i> 7:42PM	Moon 6 - Phase 11
	322793461	Rahu 8:22AM – 10:16AM	Kaulava Until 3:06PM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga			Dvodashi* Until 2:43AM Sun	Moon – White	Devaloka Day
Until 6:26AM				Jyeshtha-Ani	
Then Creative Work - Amrita Yoga					
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau	Istanbul, Turkey Sun 12 Sutra 77
Vrishabha Rasi: 9.41	Tithi 28	Gulika 3:56PM – 5:49PM	Krittika Until 6:22AM	Ganesha: Blue <i>Sunrise:</i> 4:36AM	Vikarin 5121
		Yama 12:09PM – 2:02PM	Shula* Until 4:25PM	Muruqa: Blue <i>Sunset:</i> 7:42PM	Moon 6 - Phase 11
	322793461	Rahu 5:49PM – 7:42PM	Gara Until 2:12PM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 1:29AM Mon	Moon – White	Devaloka Day
				Jyeshtha-Ani	
			<i>Pradosha Vrata (Fasting)</i>		
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Istanbul, Turkey Sun 13 Sutra 78
Vrishabha Rasi: 23.22	Tithi 29	Gulika 2:02PM – 3:56PM	Mrigashira Until 4:46AM Tue	Ganesha: Blue <i>Sunrise:</i> 4:37AM	Vikarin 5121
Family Home Evening		Yama 10:16AM – 12:09PM	Ganda* Until 2:06PM	Muruqa: Blue <i>Sunset:</i> 7:42PM	Moon 6 - Phase 11
	332793461	Rahu 6:30AM – 8:23AM	Visti Until 12:39PM	Nataraja: Yellow	2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 11:39PM	Moon – Yellow	Devaloka Day
Until 4:46AM Tue				Jyeshtha-Ani	
Then Routine Work - Marana Yoga					
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Istanbul, Turkey Sun 14 Sutra 79
Mithuna Rasi: 7.23	Tithi 30	Gulika 12:10PM – 2:03PM	Ardra Until 2:59AM Wed	Ganesha: Blue <i>Sunrise:</i> 4:37AM	Vikarin 5121
		Yama 8:23AM – 10:17AM	Vridhhi Until 11:20AM	Muruqa: Blue <i>Sunset:</i> 7:42PM	Moon 6 - Phase 11
	332793461	Rahu 3:56PM – 5:49PM	Catuspada Until 10:33AM	Nataraja: Yellow	Amavasya
Routine Work Marana Yoga			Amavasya* Until 9:18PM	Moon – Yellow	Devaloka Day
Until 2:59AM Wed				Jyeshtha-Ani	
Then Creative Work - Siddha Yoga					
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau	Istanbul, Turkey Sun 15 Sutra 80
Mithuna Rasi: 21.43	Tithi 1	Gulika 10:17AM – 12:10PM	Punarvasu Until 1:08AM Thu	Ganesha: Yellow <i>Sunrise:</i> 4:38AM	Vikarin 5121
		Yama 6:31AM – 8:24AM	Dhruva Until 8:12AM	Muruqa: Blue <i>Sunset:</i> 7:41PM	Moon 6 - Phase 11
	343793461	Rahu 12:10PM – 2:03PM	Kintughna Until 8:00AM	Nataraja: Yellow	Prathama
Creative Work Siddha Yoga			Prathama* Until 6:36PM	Moon – Blue	Sivaloka Day
Until 1:08AM Thu				Ashada-Ani	
Then Creative Work - Amrita Yoga					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Istanbul, Turkey Sun 16 Sutra 81
Kataka Rasi: 6.17	Tithi 2 – 3	Gulika 8:24AM – 10:17AM	Pushya Until 10:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:39AM	Vikarin 5121	
		Yama 4:39AM – 6:31AM	Harshana Until 1:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:41PM	Moon 6 - Phase 12	
		343793461 Rahu 2:03PM – 3:56PM	Taitila Until 2:10AM Fri	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 3:39PM	Moon – Blue		Sivaloka Day	
Until 10:58PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Istanbul, Turkey Sun 17 Sutra 82
Kataka Rasi: 20.58	Tithi 3 – 4	Gulika 6:32AM – 8:25AM	Ashlesha* Until 8:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:39AM	Vikarin 5121	
		Yama 3:56PM – 5:48PM	Vajra* Until 9:45PM	Muruqa: Blue	<i>Sunset:</i> 7:41PM	Moon 6 - Phase 12	
		343793461 Rahu 10:17AM – 12:10PM	Vanija Until 11:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 12:37PM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Istanbul, Turkey Sun 18 Sutra 83
Simha Rasi: 5.38	Tithi 4 – 5	Gulika 4:40AM – 6:32AM	Magha* Until 6:37PM	Ganesha: White	<i>Sunrise:</i> 4:40AM	Vikarin 5121	
		Yama 2:03PM – 3:55PM	Siddhi Until 6:17PM	Muruqa: Blue	<i>Sunset:</i> 7:41PM	Moon 6 - Phase 12	
		353793461 Rahu 8:25AM – 10:18AM	Bava Until 8:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 9:37AM	Moon – Red		Subha Sivaloka Day	
Until 6:37PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Taitila Karana Panchami/Shashthyam Titau			Istanbul, Turkey Sun 19 Sutra 84
Simha Rasi: 20.13	Tithi 5 – 6	Gulika 3:55PM – 5:48PM	Purvaphalguni Until 4:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	Vikarin 5121	
		Yama 12:10PM – 2:03PM	Vyatipata* Until 2:59PM	Muruqa: Blue	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 12	
		453793461 Rahu 5:48PM – 7:40PM	Taitila Until 4:10AM Mon	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:46AM	Moon – Red		Sivaloka Day	
Until 4:40PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Istanbul, Turkey Sun 20 Sutra 85
Kanya Rasi: 4.38	Tithi 7	Gulika 2:03PM – 3:55PM	Uttaraphalguni Until 2:52PM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	Vikarin 5121	
Family Home Evening		Yama 10:18AM – 12:11PM	Variyan Until 11:53AM	Muruqa: Blue	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 12	
		453793461 Rahu 6:33AM – 8:26AM	Gara Until 3:00PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 1:53AM Tue	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Istanbul, Turkey Sun 21 Sutra 86
Kanya Rasi: 18.49	Tithi 8	Gulika 12:11PM – 2:03PM	Hasta Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama 8:26AM – 10:18AM	Parigha* Until 9:06AM	Muruqa: Blue	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 12	
		463793461 Rahu 3:55PM – 5:47PM	Visti Until 12:54PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 12:00AM Wed	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Istanbul, Turkey Sun 22 Sutra 87
Tula Rasi: 2.44	Tithi 9	Gulika 10:19AM – 12:11PM	Chitra Until 12:50PM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama 6:34AM – 8:27AM	Shiva Until 6:39AM	Muruqa: Blue	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 12	
		463893461 Rahu 12:11PM – 2:03PM	Balava Until 11:14AM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 10:32PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
			Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 88
	Tula Rasi: 16.23	Tithi 10	Gulika 8:27AM – 10:19AM	Svati Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM	Vikarin 5121
			Yama 4:43AM – 6:35AM	Sadhya Until 2:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 13
		463893461 Rahu 2:03PM – 3:55PM	Taitila Until 10:00AM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:32PM	Moon – Green		Sivaloka Day	
Until 12:15PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							


2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
			Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 89
	Tula Rasi: 29.47	Tithi 11	Gulika 6:36AM – 8:27AM	Vishakha Until 12:25PM	Ganesha: White	<i>Sunrise:</i> 4:44AM	Vikarin 5121
			Yama 3:55PM – 5:47PM	Subha Until 1:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 13
		473893461 Rahu 10:19AM – 12:11PM	Vanija Until 9:13AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 9:00PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Istanbul, Turkey
			Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 90
	Vrischika Rasi: 12.55	Tithi 12	Gulika 4:44AM – 6:36AM	Anuradha Until 12:54PM	Ganesha: White	<i>Sunrise:</i> 4:44AM	Vikarin 5121
			Yama 2:03PM – 3:55PM	Sukla Until 12:29AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 13
		473893461 Rahu 8:28AM – 10:20AM	Bava Until 8:56AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:56PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
			Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 91
	Vrischika Rasi: 25.49	Tithi 13	Gulika 3:54PM – 5:46PM	Jyeshtha* Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 4:45AM	Vikarin 5121
			Yama 12:11PM – 2:03PM	Brahma Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 13
		473893461 Rahu 5:46PM – 7:37PM	Kaulava Until 9:07AM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 9:22PM	Moon – Orange		Devaloka Day	
Until 1:43PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
			Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 92
	Dhanus Rasi: 8.28	Tithi 14	Gulika 2:03PM – 3:54PM	Mula* Until 3:18PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Vikarin 5121
			Yama 10:20AM – 12:11PM	Indra Until 11:41PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 13
Family Home Evening		483893461 Rahu 6:37AM – 8:29AM	Gara Until 9:47AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:16PM	Moon – Light Blue		Sivaloka Day	
Until 3:18PM				Ashada*Ani			
Then Routine Work - Marana Yoga							

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
			Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 93
	Dhanus Rasi: 20.55	Tithi 15	Gulika 12:11PM – 2:03PM	Purvashadha* Until 5:10PM	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	Vikarin 5121
			Yama 8:29AM – 10:20AM	Vaidhriti* Until 11:48PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 13
		483893461 Rahu 3:54PM – 5:45PM	Visti Until 10:54AM	Nataraja: Yellow		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 11:37PM	Moon – Light Blue		Sivaloka Day	
Until 5:10PM				Ashada*Ani			
Then Routine Work - Prabalarishta Yoga							

	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Istanbul, Turkey
			Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 94
	Makara Rasi: 3.11	Tithi 16	Gulika 10:21AM – 12:12PM	Uttarashadha Until 7:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:48AM	Vikarin 5121
			Yama 6:39AM – 8:30AM	Vishkambha* Until 12:14AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 13
		484893462 Rahu 12:12PM – 2:03PM	Balava Until 12:28PM	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 1:23AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 7:18PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey
Sun 1 Sutra 95

Makara Rasi: 15.17 Tithi 17

Gulika 8:30AM – 10:21AM
Yama 4:48AM – 6:39AM
494893462 **Rahu** 2:02PM – 3:53PM

Shravana Until 10:05PM
Priti Until 12:57AM Fri
Taitila Until 2:24PM
Dvitiya Until 3:28AM Fri

Ganesha: Clear *Sunrise: 4:48AM*
Muruqa: Blue *Sunset: 7:35PM*
Nataraja: White
Moon – Purple
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey
Sun 2 Sutra 96

Makara Rasi: 27.16 Tithi 18

Gulika 6:40AM – 8:30AM
Yama 3:53PM – 5:44PM
494893462 **Rahu** 10:21AM – 12:12PM

Dhanishtha Until 12:57AM Sat
Ayushman Until 1:49AM Sat
Vanija Until 4:37PM
Tritiya Until 5:47AM Sat

Ganesha: Clear *Sunrise: 4:49AM*
Muruqa: Blue *Sunset: 7:34PM*
Nataraja: White
Moon – Purple
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 12:57AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Istanbul, Turkey
Sun 3 Sutra 97

Kumbha Rasi: 9.1 Tithi 19

Gulika 4:50AM – 6:40AM
Yama 2:02PM – 3:53PM
494893462 **Rahu** 8:31AM – 10:21AM

Shatabhishak Until 3:45AM Sun
Saubhagya Until 2:48AM Sun
Bava Until 7:00PM
Chaturthi* Until 8:12AM Sun

Ganesha: Clear *Sunrise: 4:50AM*
Muruqa: Blue *Sunset: 7:34PM*
Nataraja: White
Moon – Purple
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 3:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey
Sun 4 Sutra 98

Kumbha Rasi: 21.01 Tithi 19 – 20

Gulika 3:52PM – 5:43PM
Yama 12:12PM – 2:02PM
414893462 **Rahu** 5:43PM – 7:33PM

Purvaproshtapada* Until 6:53AM Mon
Sobhana Until 3:46AM Mon
Kaulava Until 9:25PM
Chaturthi* Until 8:12AM

Ganesha: Clear *Sunrise: 4:51AM*
Muruqa: Blue *Sunset: 7:33PM*
Nataraja: White
Moon – Clear
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey
Sun 5 Sutra 99

Meena Rasi: 2.53 Tithi 20 – 21

Family Home Evening

Gulika 2:02PM – 3:52PM
Yama 10:22AM – 12:12PM
414893462 **Rahu** 6:42AM – 8:32AM

Purvaproshtapada* Until 6:53AM
Athiganda* Until 4:35AM Tue
Gara Until 11:42PM
Panchami Until 10:34AM

Ganesha: Clear *Sunrise: 4:52AM*
Muruqa: Blue *Sunset: 7:32PM*
Nataraja: White
Moon – Clear
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 6:53AM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey
Sun 6 Sutra 100

Meena Rasi: 14.49 Tithi 21 – 22

Gulika 12:12PM – 2:02PM
Yama 8:32AM – 10:22AM
414893462 **Rahu** 3:52PM – 5:41PM

Uttaraproshtapada Until 9:40AM
Sukarma Until 5:11AM Wed
Visti Until 1:42AM Wed
Shashthi* Until 12:44PM

Ganesha: Clear *Sunrise: 4:53AM*
Muruqa: Blue *Sunset: 7:31PM*
Nataraja: White
Moon – Clear
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 9:40AM
Then Creative Work - Siddha Yoga

D

Wednesday, July 24, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey
Sun 7 Sutra 101

Meena Rasi: 26.53 Tithi 22 – 23

Gulika 10:22AM – 12:12PM
Yama 6:43AM – 8:33AM
414893462 **Rahu** 12:12PM – 2:02PM

Revati Until 11:57AM
Dhriti Until 5:26AM Thu
Balava Until 3:16AM Thu
Saptami Until 2:32PM

Ganesha: Clear *Sunrise: 4:54AM*
Muruqa: Blue *Sunset: 7:30PM*
Nataraja: White
Moon – Clear
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey
Sun 8 Sutra 102

Mesha Rasi: 9.08 Tithi 23 – 24

Gulika 8:33AM – 10:23AM
Yama 4:54AM – 6:44AM
424893462 **Rahu** 2:01PM – 3:51PM

Ashvini Until 2:04PM
Shula* Until 5:10AM Fri
Taitila Until 4:13AM Fri
Ashtami* Until 3:48PM

Ganesha: White *Sunrise: 4:54AM*
Muruqa: Blue *Sunset: 7:29PM*
Nataraja: White
Moon – White
Ashada-Adi

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Until 2:04PM
Then Creative Work - Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Istanbul, Turkey Sun 9 Sutra 103	
Mesha Rasi: 21.4	Tithi 24 – 25	Gulika 6:45AM – 8:34AM	Bharani Until 3:23PM	Ganesha: White	<i>Sunrise:</i> 4:55AM		Vikarin 5121
		Yama 3:50PM – 5:39PM	Ganda* Until 4:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:28PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	424893462 Rahu 10:23AM – 12:12PM	Vanija Until 4:27AM Sat	Nataraja: White			2nd Phase
			Navami* Until 4:25PM	Moon – White		Subha Subha Sivaloka Day	
				Ashada*Adi			

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Istanbul, Turkey Sun 10 Sutra 104	
Wrishabha Rasi: 4.32	Tithi 25 – 26	Gulika 4:56AM – 6:45AM	Krittika Until 3:49PM	Ganesha: White	<i>Sunrise:</i> 4:56AM		Vikarin 5121
		Yama 2:01PM – 3:50PM	Vriddhi Until 2:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:28PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 Rahu 8:34AM – 10:23AM	Bava Until 3:55AM Sun	Nataraja: White			2nd Phase
			Dashami Until 4:16PM	Moon – White		Subha Subha Sivaloka Day	
				Ashada*Adi			

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 11 Sutra 105	
Wrishabha Rasi: 14.77	Tithi 26 – 27	Gulika 3:49PM – 5:38PM	Rohini Until 3:47PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM		Vikarin 5121
		Yama 12:12PM – 2:01PM	Dhruva Until 12:53AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:27PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	424893462 Rahu 5:38PM – 7:27PM	Kaulava Until 2:36AM Mon	Nataraja: White			2nd Phase
			Ekadashi* Until 3:20PM	Moon – Yellow		Subha Sivaloka Day	
				Ashada*Adi			

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 12 Sutra 106	
Mithuna Rasi: 1.29	Tithi 27 – 28	Gulika 2:00PM – 3:49PM	Mrigashira Until 2:51PM	Ganesha: White	<i>Sunrise:</i> 4:58AM		Vikarin 5121
Family Home Evening		Yama 10:23AM – 12:12PM	Vyaghata* Until 10:14PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 Rahu 6:47AM – 8:35AM	Gara Until 12:35AM Tue	Nataraja: White			2nd Phase
Until 2:51PM			Dvadashi* Until 1:39PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi			
				<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 13 Sutra 107	
Mithuna Rasi: 15.38	Tithi 28 – 29	Gulika 12:12PM – 2:00PM	Ardra Until 1:07PM	Ganesha: White	<i>Sunrise:</i> 4:59AM		Vikarin 5121
		Yama 8:35AM – 10:24AM	Harshana Until 7:07PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM		Moon 7 - Phase 15
Routine Work	Marana Yoga	424893462 Rahu 3:48PM – 5:36PM	Visti Until 9:57PM	Nataraja: White			2nd Phase
Until 1:07PM			Trayodashi* Until 11:19AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi			

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Istanbul, Turkey Sun 14 Sutra 108	
Retreat Star		Gulika 10:24AM – 12:12PM	Punarvasu Until 11:09AM	Ganesha: Green	<i>Sunrise:</i> 5:00AM		Vikarin 5121
Kataka Rasi: 0.1	Tithi 29 – 30	Yama 6:48AM – 8:36AM	Vajra* Until 3:33PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	445893462 Rahu 12:12PM – 2:00PM	Catuspada Until 6:52PM	Nataraja: White			Amavasya
			Chaturdashi* Until 8:27AM	Moon – Blue		Sivaloka Day	
				Ashada*Adi			

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 15 Sutra 109	
Kataka Rasi: 14.59	Tithi 1	Gulika 8:36AM – 10:24AM	Pushya Until 8:40AM	Ganesha: Green	<i>Sunrise:</i> 5:01AM		Vikarin 5121
		Yama 5:01AM – 6:49AM	Siddhi Until 11:43AM	Muruqa: Blue	<i>Sunset:</i> 7:22PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	445893462 Rahu 1:59PM – 3:47PM	Kintughna Until 3:28PM	Nataraja: White			Prathama
Until 8:40AM			Prathama* Until 1:41AM Fri	Moon – Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata/Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Istanbul, Turkey Sun 16 Sutra 110
Simha Rasi: 0.01	Tithi 2	Gulika 6:49AM – 8:37AM	Magha* Until 3:13AM Sat	Ganesha: White	<i>Sunrise:</i> 5:02AM	Vikarin 5121	
		Yama 3:47PM – 5:34PM	Vyatipata* Until 7:45AM	Muruqa: Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 16	
		455893462 Rahu 10:24AM – 12:12PM	Balava Until 11:55AM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red		Sivaloka Day	
Until 3:13AM Sat				Sravana•Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau			Istanbul, Turkey Sun 17 Sutra 111
Simha Rasi: 15.04	Tithi 3	Gulika 5:03AM – 6:50AM	Purvaphalguni Until 12:36AM Sun	Ganesha: White	<i>Sunrise:</i> 5:03AM	Vikarin 5121	
		Yama 1:59PM – 3:46PM	Parigha* Until 11:49PM	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 16	
		455893462 Rahu 8:37AM – 10:24AM	Taitila Until 8:22AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 6:37PM	Moon – Red		Sivaloka Day	
Until 12:36AM Sun				Sravana•Adi			
Then Creative Work - Amrita Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Istanbul, Turkey Sun 18 Sutra 112
Kanya Rasi: 0	Tithi 4 – 5	Gulika 3:45PM – 5:32PM	Uttaraphalguni Until 10:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Vikarin 5121	
		Yama 12:12PM – 1:58PM	Shiva Until 8:08PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 16	
		455993462 Rahu 5:32PM – 7:19PM	Bava Until 1:51AM Mon	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 3:20PM	Moon – Red		Subha Sivaloka Day	
				Sravana•Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Istanbul, Turkey Sun 19 Sutra 113
Kanya Rasi: 14.43	Tithi 5 – 6	Gulika 1:58PM – 3:45PM	Hasta Until 8:17PM	Ganesha: White	<i>Sunrise:</i> 5:05AM	Vikarin 5121	
Family Home Evening		Yama 10:25AM – 12:11PM	Siddha Until 4:45PM	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 Rahu 6:52AM – 8:38AM	Kaulava Until 11:10PM	Nataraja: White		3rd Phase	
Until 8:17PM			Panchami Until 12:26PM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana•Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Istanbul, Turkey Sun 20 Sutra 114
Kanya Rasi: 29.06	Tithi 6 – 7	Gulika 12:11PM – 1:58PM	Chitra Until 6:52PM	Ganesha: White	<i>Sunrise:</i> 5:06AM	Vikarin 5121	
		Yama 8:39AM – 10:25AM	Sadhya Until 1:48PM	Muruqa: Blue	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 16	
		465993462 Rahu 3:44PM – 5:30PM	Gara Until 9:02PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 10:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana•Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Istanbul, Turkey Sun 21 Sutra 115
Tula Rasi: 13.06	Tithi 7 – 8	Gulika 10:25AM – 12:11PM	Svati Until 5:54PM	Ganesha: White	<i>Sunrise:</i> 5:07AM	Vikarin 5121	
		Yama 6:53AM – 8:39AM	Subha Until 11:21AM	Muruqa: Blue	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 16	
		465993462 Rahu 12:11PM – 1:57PM	Visti Until 7:30PM	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 8:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana•Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Istanbul, Turkey Sun 22 Sutra 116
Tula Rasi: 26.43	Tithi 8 – 9	Gulika 8:39AM – 10:25AM	Vishakha Until 5:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:08AM	Vikarin 5121	
		Yama 5:08AM – 6:54AM	Sukla Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 16	
		476993462 Rahu 1:57PM – 3:43PM	Balava Until 6:39PM	Nataraja: White		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 6:59AM	Moon – Orange		Sivaloka Day	
				Sravana•Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Istanbul, Turkey Sun 23 Sutra 117
Wrischika Rasi: 9.57	Tithi 9 – 10	Gulika 6:54AM – 8:40AM	Anuradha Until 6:24PM	Ganesha: Purple <i>Sunrise:</i> 5:09AM	Vikarin 5121
		Yama 3:42PM – 5:27PM	Brahma Until 8:02AM	Muruqa: Blue <i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
		476993462 Rahu 10:25AM – 12:11PM	Taitila Until 6:28PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:28AM	Moon – Orange	Sivaloka Day
Until 6:24PM				Sravana*Adi	
Then Routine Work - Marana Yoga					


2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Istanbul, Turkey Sun 24 Sutra 118
Wrischika Rasi: 22.5	Tithi 10 – 11	Gulika 5:10AM – 6:55AM	Jyeshtha* Until 7:22PM	Ganesha: Purple <i>Sunrise:</i> 5:10AM	Vikarin 5121
		Yama 1:56PM – 3:41PM	Indra Until 7:10AM	Muruqa: Blue <i>Sunset:</i> 7:12PM	Moon 7 - Phase 17
		476993462 Rahu 8:40AM – 10:26AM	Vanija Until 6:55PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:36AM	Moon – Orange	Sivaloka Day
				Sravana*Adi	

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Istanbul, Turkey Sun 25 Sutra 119
Dhanus Rasi: 5.28	Tithi 11 – 12	Gulika 3:41PM – 5:25PM	Mula* Until 9:12PM	Ganesha: Clear <i>Sunrise:</i> 5:11AM	Vikarin 5121
		Yama 12:11PM – 1:56PM	Vaidhriti* Until 6:45AM	Muruqa: Blue <i>Sunset:</i> 7:10PM	Moon 7 - Phase 17
		486993462 Rahu 5:25PM – 7:10PM	Bava Until 7:56PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:20AM	Moon – Light Blue	Subha Sivaloka Day
Until 9:12PM				Sravana*Adi	
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Istanbul, Turkey Sun 26 Sutra 120
Dhanus Rasi: 17.5	Tithi 12 – 13	Gulika 1:55PM – 3:40PM	Purvashadha* Until 11:20PM	Ganesha: Clear <i>Sunrise:</i> 5:12AM	Vikarin 5121
Family Home Evening		Yama 10:26AM – 12:10PM	Vishkambha* Until 6:46AM	Muruqa: Blue <i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
Routine Work	Marana Yoga	486993462 Rahu 6:56AM – 8:41AM	Kaulava Until 9:25PM	Nataraja: White	4th Phase
			Dvadashi Until 8:36AM	Moon – Light Blue	Subha Sivaloka Day
				Sravana*Adi	

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Istanbul, Turkey Sun 27 Sutra 121
Makara Rasi: 0.02	Tithi 13 – 14	Gulika 12:10PM – 1:55PM	Uttarashadha Until 1:38AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:13AM	Vikarin 5121
		Yama 8:42AM – 10:26AM	Priti Until 7:07AM	Muruqa: Blue <i>Sunset:</i> 7:08PM	Moon 7 - Phase 17
		486993462 Rahu 3:39PM – 5:23PM	Gara Until 11:16PM	Nataraja: White	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 10:17AM	Moon – Light Blue	Subha Sivaloka Day
Until 1:38AM Wed				Sravana*Adi	
Then Creative Work - Siddha Yoga					

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Istanbul, Turkey Sutra 122
Copper Retreat Star		Gulika 10:26AM – 12:10PM	Shravana Until 4:33AM Thu	Ganesha: White <i>Sunrise:</i> 5:14AM	Vikarin 5121
Makara Rasi: 12.05	Tithi 14 – 15	Yama 6:58AM – 8:42AM	Ayushman Until 7:42AM	Muruqa: Blue <i>Sunset:</i> 7:06PM	Moon 7 - Phase 17
		496993462 Rahu 12:10PM – 1:54PM	Visti Until 1:25AM Thu	Nataraja: White	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:18PM	Moon – Purple	Sivaloka Day
		Raksha Bandhan		Sravana*Adi	

Thursday, August 15, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Istanbul, Turkey Sutra 123
Silver Retreat Star		Gulika 8:42AM – 10:26AM	Dhanishtha Until 7:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:15AM	Vikarin 5121
Makara Rasi: 24.02	Tithi 15 – 16	Yama 5:15AM – 6:59AM	Saubhagya Until 8:29AM	Muruqa: Blue <i>Sunset:</i> 7:05PM	Moon 7 - Phase 17
		497993462 Rahu 1:54PM – 3:37PM	Balava Until 3:44AM Fri	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:32PM	Moon – Purple	Subha Sivaloka Day
				Sravana*Adi	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 5.56 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 6:59AM – 8:43AM
Yama 3:37PM – 5:20PM
Rahu 10:26AM – 12:10PM

Dhanishtha Until 7:27AM
Sobhana Until 9:24AM
Taitila Until 6:10AM Sat
Prathama* Until 4:55PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Adi

Sunrise: 5:16AM
Sunset: 7:04PM

Istanbul, Turkey
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 17.48 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 10:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 5:17AM – 7:00AM
Yama 1:53PM – 3:36PM
Rahu 8:43AM – 10:26AM

Shatabhishak Until 10:16AM
Athiganda* Until 10:21AM
Taitila Until 6:10AM
Dvitiya Until 7:21PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Avani

Sunrise: 5:17AM
Sunset: 7:02PM

Istanbul, Turkey
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

2

Sunday, August 18, 2019

Kumbha Rasi: 29.4 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 1:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 3:35PM – 5:18PM
Yama 12:09PM – 1:52PM
Rahu 5:18PM – 7:01PM

Purvaproshtapada* Until 1:25PM
Sukarma Until 11:18AM
Vanija Until 8:35AM
Tritiya Until 9:45PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:18AM
Sunset: 7:01PM

Istanbul, Turkey
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 11.33 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:52PM – 3:34PM
Yama 10:26AM – 12:09PM
Rahu 7:01AM – 8:44AM

Uttaraproshtapada Until 4:16PM
Dhriti Until 12:12PM
Bava Until 10:55AM
Chaturthi* Until 12:00AM Tue

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:19AM
Sunset: 6:59PM

Istanbul, Turkey
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 23.3 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:09PM – 1:51PM
Yama 8:44AM – 10:27AM
Rahu 3:33PM – 5:16PM

Revati Until 6:46PM
Shula* Until 12:54PM
Kaulava Until 1:03PM
Panchami Until 1:59AM Wed

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:20AM
Sunset: 6:58PM

Istanbul, Turkey
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 5.34 Tilthi 21

527993462

Routine Work Marana Yoga

Until 9:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:27AM – 12:09PM
Yama 7:03AM – 8:45AM
Rahu 12:09PM – 1:51PM

Ashvini Until 9:14PM
Ganda* Until 1:22PM
Gara Until 2:52PM
Shashthi* Until 3:35AM Thu

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:21AM
Sunset: 6:56PM

Istanbul, Turkey
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 17.49 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 11:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 8:45AM – 10:27AM
Yama 5:22AM – 7:03AM
Rahu 1:50PM – 3:32PM

Bharani Until 11:04PM
Vridhhi Until 1:30PM
Visti Until 4:13PM
Saptami Until 4:39AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:22AM
Sunset: 6:53PM

Istanbul, Turkey
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019

Retreat Star

Vrishabha Rasi: 0.17 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 12:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:04AM – 8:45AM
Yama 3:31PM – 5:12PM
Rahu 10:27AM – 12:08PM

Krittika Until 12:07AM Sat
Dhruva Until 1:09PM
Balava Until 4:58PM
Ashtami* Until 5:03AM Sat

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:23AM
Sunset: 6:53PM

Istanbul, Turkey
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.04 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 12:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:24AM – 7:05AM
Yama 1:49PM – 3:30PM
Rahu 8:46AM – 10:27AM

Rohini Until 12:45AM Sun
Vyaghata* Until 12:16PM
Taitila Until 5:00PM
Navami* Until 4:42AM Sun

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – Yellow
Sravana-Avani

Sunrise: 5:24AM
Sunset: 6:52PM

Istanbul, Turkey
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau	Istanbul, Turkey Sun 9 Sutra 133
Wishabha Rasi: 26.14	Tithi 25	Gulika 3:29PM – 5:10PM	Mrigashira Until 12:27AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:25AM	Vikarin 5121
		Yama 12:08PM – 1:48PM	Harshana Until 10:46AM	Muruqa: Blue <i>Sunset:</i> 6:50PM	Moon 8 - Phase 19
538993462	Rahu 5:10PM – 6:50PM		Vanija Until 4:14PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 3:33AM Mon	Moon – Yellow	Subha Sivaloka Day
				Sravana-Avani	

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Istanbul, Turkey Sun 10 Sutra 134
Mithuna Rasi: 9.5	Tithi 26	Gulika 1:48PM – 3:28PM	Ardra Until 11:15PM	Ganesha: Clear <i>Sunrise:</i> 5:26AM	Vikarin 5121
Family Home Evening		Yama 10:27AM – 12:07PM	Vajra* Until 8:37AM	Muruqa: Blue <i>Sunset:</i> 6:49PM	Moon 8 - Phase 19
538993462	Rahu 7:06AM – 8:47AM		Bava Until 2:42PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:38AM Tue	Moon – Yellow	Subha Sivaloka Day
Until 11:15PM				Sravana-Avani	
Then Creative Work - Amrita Yoga					

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Istanbul, Turkey Sun 11 Sutra 135
Mithuna Rasi: 23.55	Tithi 27	Gulika 12:07PM – 1:47PM	Punarvasu Until 9:39PM	Ganesha: Purple <i>Sunrise:</i> 5:27AM	Vikarin 5121
		Yama 8:47AM – 10:27AM	Vyatipata* Until 2:36AM Wed	Muruqa: Blue <i>Sunset:</i> 6:47PM	Moon 8 - Phase 19
548993462	Rahu 3:27PM – 5:07PM		Kaulava Until 12:26PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:03PM	Moon – Blue	Sivaloka Day
				Sravana-Avani	

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau	Istanbul, Turkey Sun 12 Sutra 136
Kataka Rasi: 8.25	Tithi 28	Gulika 10:27AM – 12:07PM	Pushya Until 7:20PM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM	Vikarin 5121
		Yama 7:08AM – 8:47AM	Varyan Until 10:51PM	Muruqa: Blue <i>Sunset:</i> 6:46PM	Moon 8 - Phase 19
549993463	Rahu 12:07PM – 1:46PM		Gara Until 9:34AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 7:55PM	Moon – Blue	Devaloka Day
				Sravana-Avani	
				<i>Pradosha Vrata (Fasting)</i>	

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Istanbul, Turkey Sun 13 Sutra 137
Kataka Rasi: 23.19	Tithi 29 – 30	Gulika 8:48AM – 10:27AM	Ashlesha* Until 4:29PM	Ganesha: Orange <i>Sunrise:</i> 5:29AM	Vikarin 5121
		Yama 5:29AM – 7:08AM	Parigha* Until 6:49PM	Muruqa: Blue <i>Sunset:</i> 6:44PM	Moon 8 - Phase 19
549193463	Rahu 1:46PM – 3:25PM		Visti Until 6:12AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:23PM	Moon – Blue	Sivaloka Day
Until 4:29PM				Sravana-Avani	
Then Creative Work - Amrita Yoga					

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Istanbul, Turkey Sun 14 Sutra 138
Simha Rasi: 8.28	Tithi 30 – 1	Gulika 7:09AM – 8:48AM	Magha* Until 1:39PM	Ganesha: Clear <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 3:24PM – 5:03PM	Shiva Until 2:36PM	Muruqa: Blue <i>Sunset:</i> 6:42PM	Moon 8 - Phase 19
559193463	Rahu 10:27AM – 12:06PM		Kintughna Until 10:41PM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 12:36PM	Moon – Red	Sivaloka Day
Until 1:39PM				Sravana-Avani	
Then Creative Work - Siddha Yoga					

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Istanbul, Turkey Sun 15 Sutra 139
Simha Rasi: 23.43	Tithi 1 – 2	Gulika 5:31AM – 7:10AM	Purvaphalguni Until 10:37AM	Ganesha: Clear <i>Sunrise:</i> 5:31AM	Vikarin 5121
		Yama 1:45PM – 3:23PM	Siddha Until 10:18AM	Muruqa: Blue <i>Sunset:</i> 6:41PM	Moon 8 - Phase 19
559193463	Rahu 8:48AM – 10:27AM		Balava Until 6:52PM	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:45AM	Moon – Red	Sivaloka Day
Until 10:37AM				Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyam Titau				Istanbul, Turkey Sun 16 Sutra 140
	Kanya Rasi: 8.55	Tithi 3	Gulika 3:22PM – 5:01PM	Uttaraphalguni Until 7:35AM	Ganesha: Clear <i>Sunrise: 5:32AM</i>		Vikarin 5121
			Yama 12:05PM – 1:44PM	Sadhya Until 6:07AM	Muruqa: Blue <i>Sunset: 6:39PM</i>		Moon 8 - Phase 20
	Creative Work Amrita Yoga	559193463	Rahu 5:01PM – 6:39PM	Taitila Until 3:14PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:31AM Mon	Bhadrapada-Avani	Sivaloka Day		

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Istanbul, Turkey Sun 17 Sutra 141
	Kanya Rasi: 23.53	Tithi 4	Gulika 1:43PM – 3:21PM	Chitra Until 2:56AM Tue	Ganesha: Orange <i>Sunrise: 5:33AM</i>		Vikarin 5121
	Family Home Evening		Yama 10:27AM – 12:05PM	Sukla Until 10:35PM	Muruqa: Blue <i>Sunset: 6:38PM</i>		Moon 8 - Phase 20
	Routine Work Prabalarishta Yoga	569193463	Rahu 7:11AM – 8:49AM	Vanija Until 11:57AM	Nataraja: Clear		3rd Phase
Until 2:56AM Tue Then Creative Work - Siddha Yoga			Ganesha Chaturthi	Chaturthi* Until 10:28PM	Bhadrapada-Avani	Sivaloka Day	

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey Sun 18 Sutra 142
	Tula Rasi: 8.3	Tithi 5	Gulika 12:05PM – 1:43PM	Svati Until 1:15AM Wed	Ganesha: Orange <i>Sunrise: 5:34AM</i>		Vikarin 5121
			Yama 8:49AM – 10:27AM	Brahma Until 7:28PM	Muruqa: Blue <i>Sunset: 6:36PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	Rahu 3:20PM – 4:58PM	Bava Until 9:10AM	Nataraja: Clear		3rd Phase
			Panchami Until 8:00PM	Bhadrapada-Avani	Sivaloka Day		

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey Sun 19 Sutra 143
	Tula Rasi: 22.4	Tithi 6	Gulika 10:27AM – 12:04PM	Vishakha Until 12:35AM Thu	Ganesha: Green <i>Sunrise: 5:35AM</i>		Vikarin 5121
			Yama 7:12AM – 8:50AM	Indra Until 4:57PM	Muruqa: Blue <i>Sunset: 6:34PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	579193463	Rahu 12:04PM – 1:42PM	Kaulava Until 7:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 6:14PM	Bhadrapada-Avani	Subha Sivaloka Day		

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey Sun 20 Sutra 144
	Vrischika Rasi: 6.22	Tithi 7 – 8	Gulika 8:50AM – 10:27AM	Anuradha Until 12:35AM Fri	Ganesha: Orange <i>Sunrise: 5:36AM</i>		Vikarin 5121
			Yama 5:36AM – 7:13AM	Vaidhriti* Until 3:04PM	Muruqa: Blue <i>Sunset: 6:33PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	571193463	Rahu 1:41PM – 3:18PM	Visti Until 5:08AM Fri	Nataraja: Clear		3rd Phase
Until 12:35AM Fri Then Routine Work - Marana Yoga			Saptami Until 5:17PM	Bhadrapada-Avani	Sivaloka Day		

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey Sun 21 Sutra 145
	Retreat Star		Gulika 7:13AM – 8:50AM	Jyeshtha* Until 1:13AM Sat	Ganesha: Orange <i>Sunrise: 5:37AM</i>		Vikarin 5121
	Vrischika Rasi: 19.37	Tithi 8 – 9	Yama 3:17PM – 4:54PM	Vishkambha* Until 1:50PM	Muruqa: Blue <i>Sunset: 6:31PM</i>		Moon 8 - Phase 20
	Routine Work Marana Yoga	571193463	Rahu 10:27AM – 12:04PM	Balava Until 5:25AM Sat	Nataraja: Clear		Ashtami
Until 1:13AM Sat Then Creative Work - Siddha Yoga			Ashtami* Until 5:10PM	Bhadrapada-Avani	Sivaloka Day		

D	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 22 Sutra 146
	Retreat Star		Gulika 5:38AM – 7:14AM	Mula* Until 2:56AM Sun	Ganesha: Green <i>Sunrise: 5:38AM</i>		Vikarin 5121
	Dhanus Rasi: 2.26	Tithi 9 – 10	Yama 1:40PM – 3:16PM	Priti Until 1:15PM	Muruqa: Blue <i>Sunset: 6:29PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	581193463	Rahu 8:51AM – 10:27AM	Taitila Until 6:27AM Sun	Nataraja: Clear		Navami
			Navami* Until 5:49PM	Bhadrapada-Avani	Devaloka Day		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Istanbul, Turkey Sun 23 Sutra 147
Dhanus Rasi: 14.54	Tithi 10	Gulika 3:15PM – 4:51PM	Purvashadha* Until 5:05AM Mon	Ganesha: Green <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 12:03PM – 1:39PM	Ayushman Until 1:11PM	Muruqa: Blue <i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
	581193463	Rahu 4:51PM – 6:28PM	Taitila Until 6:27AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	Devaloka Day
Until 5:05AM Mon		Grandparent's Day	Dashami Until 7:10PM	Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Istanbul, Turkey Sun 24 Sutra 148
Dhanus Rasi: 27.07	Tithi 11	Gulika 1:39PM – 3:14PM	Uttarashadha Until 7:30AM Tue	Ganesha: Green <i>Sunrise:</i> 5:40AM	Vikarin 5121
Family Home Evening		Yama 10:27AM – 12:03PM	Saubhagya Until 1:34PM	Muruqa: Blue <i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	Rahu 7:15AM – 8:51AM	Vanija Until 8:05AM	Nataraja: Clear	4th Phase
Until 7:30AM Tue			Ekadashi Until 9:03PM	Moon – Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Istanbul, Turkey Sun 25 Sutra 149
Makara Rasi: 9.1	Tithi 12	Gulika 12:02PM – 1:38PM	Uttarashadha Until 7:30AM	Ganesha: Green <i>Sunrise:</i> 5:41AM	Vikarin 5121
		Yama 8:52AM – 10:27AM	Sobhana Until 2:16PM	Muruqa: Blue <i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
	581193463	Rahu 3:13PM – 4:49PM	Bava Until 10:09AM	Nataraja: Clear	4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 11:16PM	Moon – Light Blue	Devaloka Day
Until 7:30AM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Istanbul, Turkey Sun 26 Sutra 150
Makara Rasi: 21.05	Tithi 13	Gulika 10:27AM – 12:02PM	Shravana Until 10:32AM	Ganesha: Red <i>Sunrise:</i> 5:42AM	Vikarin 5121
		Yama 7:17AM – 8:52AM	Athiganda* Until 3:07PM	Muruqa: Blue <i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	591193463	Rahu 12:02PM – 1:37PM	Kaulava Until 12:29PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 1:41AM Thu	Moon – Purple	Sivaloka Day
Until 10:32AM		Avani Avittam		Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Istanbul, Turkey Sun 27 Sutra 151
Kumbha Rasi: 2.57	Tithi 14	Gulika 8:52AM – 10:27AM	Dhanishtha Until 1:31PM	Ganesha: Red <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 5:43AM – 7:17AM	Sukarma Until 4:04PM	Muruqa: Blue <i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	591193463	Rahu 1:37PM – 3:11PM	Gara Until 2:57PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:09AM Fri	Moon – Purple	Sivaloka Day
		Chidambaram Abhishekam		Bhadrapada-Avani	

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Istanbul, Turkey Sutra 152
Copper Retreat Star		Gulika 7:18AM – 8:53AM	Shatabhishak Until 4:20PM	Ganesha: Red <i>Sunrise:</i> 5:44AM	Vikarin 5121
Kumbha Rasi: 14.48	Tithi 15	Yama 3:10PM – 4:45PM	Dhriti Until 5:01PM	Muruqa: Purple <i>Sunset:</i> 6:19PM	Moon 8 - Phase 21
	591113463	Rahu 10:27AM – 12:01PM	Visti Until 5:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 6:36AM Sat	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Istanbul, Turkey Sutra 153
Silver Retreat Star		Gulika 5:45AM – 7:19AM	Purvaproshtapada* Until 7:25PM	Ganesha: Red <i>Sunrise:</i> 5:45AM	Vikarin 5121
Kumbha Rasi: 26.4	Tithi 15 – 16	Yama 1:35PM – 3:09PM	Shula* Until 5:53PM	Muruqa: Purple <i>Sunset:</i> 6:17PM	Moon 8 - Phase 21
	511113463	Rahu 8:53AM – 10:27AM	Balava Until 7:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Purnima* Until 6:36AM	Moon – Clear	Sivaloka Day
Until 7:25PM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 8.35 Tithi 16 – 17

Gulika

3:08PM – 4:42PM

Uttaraproshtapada Until 10:13PM

Ganesha: Yellow

Sunrise: 5:46AM

Yama

12:01PM – 1:34PM

Ganda* Until 6:40PM

Muruqa: Purple

Sunset: 6:16PM

Rahu

4:42PM – 6:16PM

Taitila Until 10:03PM

Nataraja: Clear

Moon – Clear

Sivaloka Day

Creative Work Amrita Yoga

Bhadrapada-Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 20.33 Tithi 17 – 18

Gulika

1:34PM – 3:07PM

Revati Until 12:39AM Tue

Ganesha: Yellow

Sunrise: 5:47AM

Yama

10:27AM – 12:00PM

Vriddhi Until 7:20PM

Muruqa: Purple

Sunset: 6:14PM

Rahu

7:20AM – 8:53AM

Vanija Until 12:06AM Tue

Nataraja: Clear

Moon – Clear

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

Dvitiya Until 11:05AM

Bhadrapada-Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Istanbul, Turkey

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 3 Tithi 18 – 19

Gulika

12:00PM – 1:33PM

Ashvini Until 3:11AM Wed

Ganesha: White

Sunrise: 5:48AM

Yama

8:54AM – 10:27AM

Dhruva Until 7:46PM

Muruqa: Purple

Sunset: 6:12PM

Rahu

3:06PM – 4:39PM

Bava Until 1:55AM Wed

Nataraja: Clear

Moon – White

Devaloka Day

Creative Work Siddha Yoga

Tritiya Until 1:02PM

Bhadrapada-Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 14.46 Tithi 19 – 20

Gulika

10:27AM – 12:00PM

Bharani Until 5:13AM Thu

Ganesha: White

Sunrise: 5:49AM

Yama

7:21AM – 8:54AM

Vyaghata* Until 7:59PM

Muruqa: Purple

Sunset: 6:11PM

Rahu

12:00PM – 1:32PM

Kaulava Until 3:23AM Thu

Nataraja: Clear

Moon – White

Devaloka Day

Creative Work Siddha Yoga

Until 5:13AM Thu

Then Routine Work - Marana Yoga

Chaturthi* Until 2:41PM

Bhadrapada-Puratasi

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Istanbul, Turkey

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 27.04 Tithi 20 – 21

Gulika

8:54AM – 10:27AM

Krittika Until 6:39AM Fri

Ganesha: White

Sunrise: 5:50AM

Yama

5:50AM – 7:22AM

Harshana Until 7:55PM

Muruqa: Purple

Sunset: 6:09PM

Rahu

1:32PM – 3:04PM

Gara Until 4:26AM Fri

Nataraja: Clear

Moon – White

Devaloka Day

Routine Work Marana Yoga

Panchami Until 3:57PM

Bhadrapada-Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 9.34 Tithi 21 – 22

Gulika

7:23AM – 8:55AM

Krittika Until 6:39AM

Ganesha: White

Sunrise: 5:51AM

Yama

3:03PM – 4:35PM

Vajra* Until 7:24PM

Muruqa: Purple

Sunset: 6:07PM

Rahu

10:27AM – 11:59AM

Visti Until 4:55AM Sat

Nataraja: Clear

Moon – White

Devaloka Day

Creative Work Siddha Yoga

Until 6:39AM

Then Routine Work - Marana Yoga

Shashthi* Until 4:44PM

Bhadrapada-Puratasi

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 22.19 Tithi 22 – 23

Gulika

5:52AM – 7:23AM

Rohini Until 7:52AM

Ganesha: Clear

Sunrise: 5:52AM

Yama

1:30PM – 3:02PM

Siddhi Until 6:26PM

Muruqa: Purple

Sunset: 6:05PM

Rahu

8:55AM – 10:27AM

Balava Until 4:45AM Sun

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 7:52AM

Then Creative Work - Siddha Yoga

Saptami Until 4:54PM

Bhadrapada-Puratasi

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Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 5.23 Tithi 23 – 24

Gulika

3:01PM – 4:32PM

Mrigashira Until 8:17AM

Ganesha: Orange

Sunrise: 5:53AM

Yama

11:58AM – 1:30PM

Vyatipata* Until 4:55PM

Muruqa: Purple

Sunset: 6:04PM

Rahu

4:32PM – 6:04PM

Taitila Until 3:52AM Mon

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 4:23PM

Bhadrapada-Puratasi

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Istanbul, Turkey

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 18.51 Tithi 24 – 25

Gulika

1:29PM – 3:00PM

Ardra Until 7:50AM

Ganesha: Orange

Sunrise: 5:54AM

Yama

10:27AM – 11:58AM

Variyan Until 2:48PM

Muruqa: Purple

Sunset: 6:02PM

Rahu

7:25AM – 8:56AM

Vanija Until 2:16AM Tue

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

Until 7:50AM

Then Creative Work - Amrita Yoga

Navami* Until 3:08PM

Bhadrapada-Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

www.gurudeva.org/panchang

1	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/7/Bava Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Kataka Rasi: 2.45	Tithi 25 – 26	542213463	Gulika 11:57AM – 1:28PM	Punarvasu Until 6:59AM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sun 9 Sutra 163 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 8:56AM – 10:27AM	Parigha* Until 12:08PM	Sunrise: 5:55AM Sunset: 6:00PM	Devaloka Day
				Rahu 2:59PM – 4:30PM	Bava Until 11:59PM	Bhadrapada•Puratasi	
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2	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Kataka Rasi: 17.04	Tithi 26 – 27	542213463	Gulika 10:27AM – 11:57AM	Ashlesha* Until 2:57AM Thu	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sun 10 Sutra 164 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:26AM – 8:56AM	Shiva Until 8:56AM	Sunrise: 5:56AM Sunset: 5:59PM	Devaloka Day
				Rahu 11:57AM – 1:28PM	Kaulava Until 9:07PM	Bhadrapada•Puratasi	
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3	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Simha Rasi: 1.48	Tithi 27 – 28	552213463	Gulika 8:57AM – 10:27AM	Magha* Until 12:26AM Fri	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Red	Sun 11 Sutra 165 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Amrita Yoga		Yama 5:57AM – 7:27AM	Sadhya Until 1:18AM Fri	Sunrise: 5:57AM Sunset: 5:57PM	Devaloka Day
				Rahu 1:27PM – 2:57PM	Vanija Until 3:59AM Fri	Bhadrapada•Puratasi	
<i>Pradosha Vrata (Fasting)</i>							
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4	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey
	Simha Rasi: 16.5	Tithi 29	552213463	Gulika 7:27AM – 8:57AM	Purvaphalguni Until 9:31PM	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Red	Sun 12 Sutra 166 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 2:56PM – 4:26PM	Subha Until 9:07PM	Sunrise: 5:58AM Sunset: 5:55PM	Devaloka Day
				Rahu 10:27AM – 11:56AM	Visti Until 2:09PM	Bhadrapada•Puratasi	
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●	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada/7/Naga* Karana Amavasyayam Titau				Istanbul, Turkey
	Retreat Star			Gulika 5:59AM – 7:28AM	Uttaraphalguni Until 6:24PM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Red	Sun 13 Sutra 167 Vikarin 5121 Moon 9 - Phase 23 Amavasya
	Kanya Rasi: 2.02	Tithi 30	652213463	Yama 1:25PM – 2:55PM	Sukla Until 4:51PM	Sunrise: 5:59AM Sunset: 5:54PM	Devaloka Day
	Routine Work	Marana Yoga		Rahu 8:57AM – 10:27AM	Catuspada Until 10:22AM	Bhadrapada•Puratasi	
Mahalaya Amavasai (Tamil Nadu)							
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●	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
	Retreat Star			Gulika 2:54PM – 4:23PM	Hasta Until 3:39PM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Green	Sun 14 Sutra 168 Vikarin 5121 Moon 9 - Phase 23 Prathama
	Kanya Rasi: 17.14	Tithi 1 – 2	663213463	Yama 11:56AM – 1:25PM	Brahma Until 12:39PM	Sunrise: 6:00AM Sunset: 5:52PM	Devaloka Day
	Creative Work	Amrita Yoga		Rahu 4:23PM – 5:52PM	Kintughna Until 6:37AM	Ashvina•Puratasi	
Navaratri Begins							
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The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Istanbul, Turkey Sun 15 Sutra 169
Tula Rasi: 2.18	Tithi 2 – 3	Gulika	1:24PM – 2:53PM	Chitra Until 1:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:01AM
Family Home Evening	663213463	Yama	10:27AM – 11:55AM	Indra Until 8:41AM	Muruqa: Purple <i>Sunset:</i> 5:50PM
Routine Work Prabalarishta Yoga		Rahu	7:29AM – 8:58AM	Taitila Until 11:54PM	Nataraja: Clear
Until 1:02PM				Dvitiya Until 1:24PM	Moon – Green
Then Creative Work - Amrita Yoga					Devaloka Day
					Ashvina+Puratasi

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Istanbul, Turkey Sun 16 Sutra 170
Tula Rasi: 17.02	Tithi 3 – 4	Gulika	11:55AM – 1:23PM	Svati Until 10:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:02AM
	663213463	Yama	8:58AM – 10:27AM	Vishkambha* Until 1:54AM Wed	Muruqa: Purple <i>Sunset:</i> 5:49PM
Creative Work Siddha Yoga		Rahu	2:52PM – 4:20PM	Vanija Until 9:17PM	Nataraja: Clear
Until 10:45AM				Tritiya Until 10:30AM	Moon 9 - Phase 24
Then Routine Work - Marana Yoga					3rd Phase
					Devaloka Day
					Ashvina+Puratasi

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Istanbul, Turkey Sun 17 Sutra 171
Vrischika Rasi: 1.2	Tithi 4 – 5	Gulika	10:27AM – 11:55AM	Vishakha Until 9:23AM	Ganesha: Purple <i>Sunrise:</i> 6:03AM
	673213463	Yama	7:31AM – 8:59AM	Priti Until 11:22PM	Muruqa: Purple <i>Sunset:</i> 5:47PM
Creative Work Siddha Yoga		Rahu	11:55AM – 1:23PM	Bava Until 7:22PM	Nataraja: Clear
				Chaturthi* Until 8:13AM	Moon – Orange
					Devaloka Day
					Ashvina+Puratasi

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Istanbul, Turkey Sun 18 Sutra 172
Vrischika Rasi: 15.1	Tithi 5 – 6	Gulika	8:59AM – 10:27AM	Anuradha Until 8:38AM	Ganesha: Purple <i>Sunrise:</i> 6:04AM
	673213463	Yama	6:04AM – 7:31AM	Ayushman Until 9:29PM	Muruqa: Purple <i>Sunset:</i> 5:45PM
Creative Work Siddha Yoga		Rahu	1:22PM – 2:50PM	Kaulava Until 6:17PM	Nataraja: Clear
Until 8:38AM				Panchami Until 6:42AM	Moon – Orange
Then Routine Work - Prabalarishta Yoga					Devaloka Day
					Ashvina+Puratasi

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Istanbul, Turkey Sun 19 Sutra 173
Vrischika Rasi: 28.29	Tithi 6 – 7	Gulika	7:32AM – 8:59AM	Jyeshtha* Until 8:36AM	Ganesha: Purple <i>Sunrise:</i> 6:05AM
	673213463	Yama	2:49PM – 4:16PM	Saubhagya Until 8:19PM	Muruqa: Purple <i>Sunset:</i> 5:44PM
Routine Work Marana Yoga		Rahu	10:27AM – 11:54AM	Gara Until 6:06PM	Nataraja: Clear
Until 8:36AM				Shashthi* Until 6:03AM	Moon – Orange
Then Creative Work - Amrita Yoga					Devaloka Day
					Ashvina+Puratasi

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Istanbul, Turkey Sun 20 Sutra 174
Dhanus Rasi: 11.21	Tithi 7 – 8	Gulika	6:06AM – 7:33AM	Mula* Until 9:45AM	Ganesha: Clear <i>Sunrise:</i> 6:06AM
	683213463	Yama	1:21PM – 2:48PM	Sobhana Until 7:51PM	Muruqa: Purple <i>Sunset:</i> 5:42PM
Creative Work Siddha Yoga		Rahu	9:00AM – 10:27AM	Visti Until 6:47PM	Nataraja: Clear
				Saptami Until 6:19AM	Moon – Light Blue
		Durga Ashtami			Sivaloka Day
					Ashvina+Puratasi

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Istanbul, Turkey Sun 21 Sutra 175
Dhanus Rasi: 23.49	Tithi 8 – 9	Gulika	2:47PM – 4:14PM	Purvashadha* Until 11:32AM	Ganesha: Clear <i>Sunrise:</i> 6:07AM
	683213463	Yama	11:54AM – 1:20PM	Athiganda* Until 7:55PM	Muruqa: Purple <i>Sunset:</i> 5:40PM
Creative Work Siddha Yoga		Rahu	4:14PM – 5:40PM	Balava Until 8:14PM	Nataraja: Clear
Until 11:32AM				Ashtami* Until 7:24AM	Moon – Light Blue
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			Sivaloka Day
					Ashvina+Puratasi

1	Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 22 Sutra 176
	Makara Rasi: 6.01	Tithi 9 – 10	Gulika 1:20PM – 2:46PM	Uttarashadha Until 1:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Vikarin 5121
	Family Home Evening	683213463	Yama 10:27AM – 11:53AM	Sukarma Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
	Routine Work Marana Yoga		Rahu 7:34AM – 9:01AM	Taitila Until 10:17PM	Nataraja: Clear		4th Phase
Until 1:46PM			Navami* Until 9:11AM	Moon – Light Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashvina+Puratasi			

2	Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey Sun 23 Sutra 177
	Makara Rasi: 17.59	Tithi 10 – 11	Gulika 11:53AM – 1:19PM	Shravana Until 4:45PM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Vikarin 5121
	693213464		Yama 9:01AM – 10:27AM	Dhriti Until 9:18PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 2:45PM – 4:11PM	Vanija Until 12:40AM Wed	Nataraja: Purple		4th Phase
		Vijaya Dasami	Dashami Until 11:25AM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			

3	Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey Sun 24 Sutra 178
	Makara Rasi: 29.52	Tithi 11 – 12	Gulika 10:27AM – 11:53AM	Dhanishtha Until 7:46PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Vikarin 5121
	693213464		Yama 7:36AM – 9:01AM	Shula* Until 10:13PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 25
	Routine Work Prabalarishta Yoga		Rahu 11:53AM – 1:18PM	Bava Until 3:13AM Thu	Nataraja: Purple		4th Phase
Until 7:46PM			Ekadashi Until 1:55PM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi			

4	Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 25 Sutra 179
	Kumbha Rasi: 11.42	Tithi 12 – 13	Gulika 9:02AM – 10:27AM	Shatabhishak Until 10:36PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Vikarin 5121
	693213464		Yama 6:11AM – 7:36AM	Ganda* Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 1:18PM – 2:43PM	Kaulava Until 5:43AM Fri	Nataraja: Purple		4th Phase
		Kadaitswami Mahasamadhi	Dvadashi Until 4:27PM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			
				<i>Pradosha Vrata</i>			

5	Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Taitila Karana Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 180
	Kumbha Rasi: 23.34	Tithi 13	Gulika 7:37AM – 9:02AM	Purvaproshtpada* Until 1:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:12AM	Vikarin 5121
	613213464		Yama 2:42PM – 4:07PM	Vriddhi Until 12:00AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 10:27AM – 11:52AM	Taitila Until 6:53PM	Nataraja: Purple		4th Phase
		Chidambaram Abhishekam	Trayodashi Until 6:53PM	Moon – Clear		Sivaloka Day	
				Ashvina+Puratasi			

6	Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 181
	Meena Rasi: 5.29	Tithi 14	Gulika 6:13AM – 7:38AM	Uttaraproshtpada Until 4:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Vikarin 5121
	613213464		Yama 1:17PM – 2:41PM	Dhruva Until 12:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 9:03AM – 10:27AM	Gara Until 8:04AM	Nataraja: Purple		4th Phase
Until 4:21AM Sun			Chaturdashi* Until 9:08PM	Moon – Clear		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashvina+Puratasi			

	Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey Sutra 182
	Meena Rasi: 17.29	Tithi 15	Gulika 2:40PM – 4:05PM	Revati Until 6:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:14AM	Vikarin 5121
	614213464		Yama 11:52AM – 1:16PM	Vyaghata* Until 1:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
	Creative Work Amrita Yoga		Rahu 4:05PM – 5:29PM	Visti Until 10:11AM	Nataraja: Purple		Purnima
Until 6:38AM Mon			Purnima* Until 11:07PM	Moon – Clear		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi			

Monday, October 14, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey Sutra 183
	Meena Rasi: 29.35	Tithi 16	Gulika 1:15PM – 2:39PM	Revati Until 6:38AM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Vikarin 5121
	614213464		Yama 10:27AM – 11:51AM	Harshana Until 1:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
	Family Home Evening		Rahu 7:39AM – 9:03AM	Balava Until 12:02PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 12:50AM Tue	Moon – Clear		Subha Sivaloka Day	
				Ashvina+Puratasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 11.49 Tithi 17

624213464

Gulika 11:51AM – 1:15PM
Yama 9:04AM – 10:28AM
Rahu 2:39PM – 4:02PM

Ashvini Until 8:57AM
Vajra* Until 1:25AM Wed
Taitila Until 1:35PM
Dvitiya Until 2:13AM Wed

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 5:26PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi* Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.1 Tithi 18

624213464

Gulika 10:28AM – 11:51AM
Yama 7:41AM – 9:04AM
Rahu 11:51AM – 1:14PM

Bharani Until 10:48AM
Siddhi Until 1:11AM Thu
Vanija Until 2:49PM
Tritiya Until 3:17AM Thu

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:24PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 10:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Istanbul, Turkey

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 6.4 Tithi 19

624313464

Gulika 9:05AM – 10:28AM
Yama 6:19AM – 7:42AM
Rahu 1:14PM – 2:37PM

Krittika Until 12:09PM
Vyatipata* Until 12:40AM Fri
Bava Until 3:42PM
Chaturthi* Until 3:58AM Fri

Ganesha: Yellow *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 5:23PM

Nataraja: Purple
Moon – White
Subha Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.21 Tithi 20

634313464

Gulika 7:43AM – 9:05AM
Yama 2:36PM – 3:59PM
Rahu 10:28AM – 11:51AM

Rohini Until 1:27PM
Varyan Until 11:49PM
Kaulava Until 4:11PM
Panchami Until 4:14AM Sat

Ganesha: White *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:21PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Istanbul, Turkey

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.14 Tithi 21

634313464

Gulika 6:21AM – 7:43AM
Yama 1:13PM – 2:35PM
Rahu 9:06AM – 10:28AM

Mrigashira Until 2:09PM
Parigha* Until 10:36PM
Gara Until 4:13PM
Shashthi* Until 4:01AM Sun

Ganesha: White *Sunrise:* 6:21AM
Muruqa: Purple *Sunset:* 5:20PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Istanbul, Turkey

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.21 Tithi 22

634313464

Gulika 2:34PM – 3:56PM
Yama 11:50AM – 1:12PM
Rahu 3:56PM – 5:18PM

Ardra Until 2:12PM
Shiva Until 8:59PM
Visti Until 3:44PM
Saptami Until 3:15AM Mon

Ganesha: White *Sunrise:* 6:22AM
Muruqa: Purple *Sunset:* 5:18PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 28.46 Tithi 23

644313464

Gulika 1:12PM – 2:33PM
Yama 10:28AM – 11:50AM
Rahu 7:45AM – 9:07AM

Punarvasu Until 2:01PM
Siddha Until 6:54PM
Balava Until 2:41PM
Ashtami* Until 1:56AM Tue

Ganesha: Clear *Sunrise:* 6:23AM
Muruqa: Purple *Sunset:* 5:17PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 2:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 12.31 Tithi 24

644313464

Gulika 11:50AM – 1:11PM
Yama 9:07AM – 10:29AM
Rahu 2:33PM – 3:54PM

Pushya Until 1:07PM
Sadhya Until 4:21PM
Taitila Until 1:04PM
Navami* Until 12:02AM Wed

Ganesha: Clear *Sunrise:* 6:24AM
Muruqa: Purple *Sunset:* 5:15PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

1	Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Istanbul, Turkey
	Kataka Rasi: 26.37	Tithi 25	644313464	Gulika 10:29AM – 11:50AM	Ashlesha* Until 11:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Blue	Sun 9 Sutra 192 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:47AM – 9:08AM	Subha Until 1:24PM	Sunrise: 6:25AM Sunset: 5:14PM	
				Rahu 11:50AM – 1:11PM	Vanija Until 10:55AM Dashami Until 9:38PM	Subha Sivaloka Day Ashvina•Aipasi	

2	Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey
	Simha Rasi: 11.02	Tithi 26	654313464	Gulika 9:08AM – 10:29AM	Magha* Until 9:45AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Red	Sun 10 Sutra 193 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Amrita Yoga		Yama 6:27AM – 7:47AM	Sukla Until 10:02AM	Sunrise: 6:27AM Sunset: 5:13PM	
	Until 9:45AM	Then Creative Work - Siddha Yoga		Rahu 1:10PM – 2:31PM	Bava Until 8:16AM Ekadashi* Until 6:47PM	Sivaloka Day Ashvina•Aipasi	

3	Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Dvodashi/Trayodashyam Titau				Istanbul, Turkey
	Simha Rasi: 25.45	Tithi 27 – 28	655313464	Gulika 7:48AM – 9:09AM	Purvaphalguni Until 7:27AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Red	Sun 11 Sutra 194 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Creative Work	Siddha Yoga		Yama 2:30PM – 3:51PM	Brahma Until 6:22AM	Sunrise: 6:28AM Sunset: 5:11PM	
				Rahu 10:29AM – 11:50AM	Gara Until 1:59AM Sat Dvodashi* Until 3:38PM	Subha Sivaloka Day Ashvina•Aipasi	

Pradosha Vrata (Fasting)

4	Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Kanya Rasi: 10.39	Tithi 28 – 29	665313464	Gulika 6:29AM – 7:49AM	Hasta Until 2:19AM Sun	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	Sun 12 Sutra 195 Vikarin 5121 Moon 10 - Phase 27 2nd Phase
	Routine Work	Marana Yoga		Yama 1:10PM – 2:30PM	Vaidhriti* Until 10:34PM	Sunrise: 6:29AM Sunset: 5:10PM	
	Until 2:19AM Sun	Then Creative Work - Siddha Yoga		Rahu 9:09AM – 10:29AM	Visti Until 10:37PM Trayodashi* Until 12:17PM	Subha Sivaloka Day Ashvina•Aipasi	

Deepavali Hindu Solidarity Day

	Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey
	Retreat Star			Gulika 2:29PM – 3:49PM	Chitra Until 11:48PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	Sun 13 Sutra 196 Vikarin 5121 Moon 10 - Phase 27 Amavasya
	Kanya Rasi: 25.37	Tithi 29 – 30	665313464	Yama 11:49AM – 1:09PM	Vishkambha* Until 6:40PM	Sunrise: 6:30AM Sunset: 5:09PM	
	Creative Work	Siddha Yoga		Rahu 3:49PM – 5:09PM	Catuspada Until 7:18PM Chaturdashi* Until 8:55AM	Subha Sivaloka Day Ashvina•Aipasi	

Subramuniyaswami Mahasamadhi

Retreat Star	Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Istanbul, Turkey
	Tula Rasi: 10.29	Tithi 1	665313464	Gulika 1:09PM – 2:28PM	Svati Until 9:24PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	Sun 14 Sutra 197 Vikarin 5121 Moon 10 - Phase 27 Prathama
	Family Home Evening			Yama 10:30AM – 11:49AM	Priti Until 2:57PM	Sunrise: 6:31AM Sunset: 5:07PM	
	Creative Work	Amrita Yoga		Rahu 7:51AM – 9:10AM	Kintughna Until 4:12PM Prathama* Until 2:47AM Tue	Subha Sivaloka Day Kartika•Aipasi	

Skanda Shasthi Begins

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Istanbul, Turkey Sun 15 Sutra 198	
Tula Rasi: 25.07	Tithi 2	Gulika 11:49AM – 1:08PM	Vishakha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM		Vikarin 5121
		Yama 9:11AM – 10:30AM	Ayushman Until 11:32AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM		Moon 10 - Phase 28
		675313464 Rahu 2:28PM – 3:47PM	Balava Until 1:31PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:21AM Wed	Moon – Orange		Subha Sivaloka Day	
Until 7:42PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Istanbul, Turkey Sun 16 Sutra 199	
Virshika Rasi: 9.24	Tithi 3	Gulika 10:30AM – 11:49AM	Anuradha Until 6:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM		Vikarin 5121
		Yama 7:52AM – 9:11AM	Saubhagya Until 8:34AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM		Moon 10 - Phase 28
		675313464 Rahu 11:49AM – 1:08PM	Taitila Until 11:22AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:33PM	Moon – Orange		Subha Sivaloka Day	
						Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Istanbul, Turkey Sun 17 Sutra 200	
Virshika Rasi: 23.14	Tithi 4	Gulika 9:12AM – 10:30AM	Jyeshtha* Until 5:51PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM		Vikarin 5121
		Yama 6:35AM – 7:53AM	Sobhana Until 6:11AM	Muruqa: Purple	<i>Sunset:</i> 5:03PM		Moon 10 - Phase 28
		675313464 Rahu 1:08PM – 2:26PM	Vanija Until 9:57AM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:31PM	Moon – Orange		Subha Sivaloka Day	
Until 5:51PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Istanbul, Turkey Sun 18 Sutra 201	
Dhanus Rasi: 6.37	Tithi 5	Gulika 7:54AM – 9:12AM	Mula* Until 6:20PM	Ganesha: Purple	<i>Sunrise:</i> 6:36AM		Vikarin 5121
		Yama 2:26PM – 3:44PM	Sukarma Until 3:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:02PM		Moon 10 - Phase 28
		685313464 Rahu 10:31AM – 11:49AM	Bava Until 9:21AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 9:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 6:20PM						Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Istanbul, Turkey Sun 19 Sutra 202	
Dhanus Rasi: 19.33	Tithi 6	Gulika 6:37AM – 7:55AM	Purvashadha* Until 7:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM		Vikarin 5121
		Yama 1:07PM – 2:25PM	Dhriti Until 2:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 28
		685313464 Rahu 9:13AM – 10:31AM	Kaulava Until 9:37AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:02PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 7:31PM						Kartika•Aipasi	
Then Routine Work - Marana Yoga		Skanda Shasthi					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Istanbul, Turkey Sun 20 Sutra 203	
Makara Rasi: 2.05	Tithi 7	Gulika 2:24PM – 3:42PM	Uttarashadha Until 9:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM		Vikarin 5121
		Yama 11:49AM – 1:07PM	Shula* Until 2:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 28
		685313464 Rahu 3:42PM – 5:00PM	Gara Until 10:42AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 11:30PM	Moon – Light Blue		Subha Subha Sivaloka Day	
						Kartika•Aipasi	

Monday, November 4, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Istanbul, Turkey Sun 21 Sutra 204	
Makara Rasi: 14.19	Tithi 8	Gulika 1:06PM – 2:24PM	Shravana Until 11:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM		Vikarin 5121
Family Home Evening		Yama 10:32AM – 11:49AM	Ganda* Until 3:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 7:57AM – 9:14AM	Visti Until 12:29PM	Nataraja: Purple			Ashtami
Until 11:57PM			Ashtami* Until 1:33AM Tue	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga						Kartika•Aipasi	

Tuesday, November 5, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Istanbul, Turkey Sun 22 Sutra 205	
Makara Rasi: 26.2	Tithi 9	Gulika 11:49AM – 1:06PM	Dhanishtha Until 2:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:41AM		Vikarin 5121
		Yama 9:15AM – 10:32AM	Vriddhi Until 4:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 28
		696313464 Rahu 2:23PM – 3:40PM	Balava Until 2:45PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 3:58AM Wed	Moon – Purple		Sivaloka Day	
						Kartika•Aipasi	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey
	Kumbha Rasi: 8.14	Tithi 10	Gulika 10:32AM – 11:49AM	Shatabhishak Until 5:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:42AM	Sun 23 Sutra 206
			Yama 7:59AM – 9:15AM	Dhruva Until 5:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Vikarin 5121
	696313464	Rahu 11:49AM – 1:06PM		Taitila Until 5:16PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dashami Until 6:31AM Thu	Moon – Purple		4th Phase	
				Kartika-Aipasi		Sivaloka Day	

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Kumbha Rasi: 20.05	Tithi 10 – 11	Gulika 9:16AM – 10:33AM	Purvaproshtapada* Until 8:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM	Sun 24 Sutra 207
			Yama 6:43AM – 8:00AM	Vyaghata* Until 6:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Vikarin 5121
	716313464	Rahu 1:06PM – 2:22PM		Vanija Until 7:47PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dashami Until 6:31AM	Moon – Clear		4th Phase	
				Kartika-Aipasi		Subha Sivaloka Day	

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Meena Rasi: 1.58	Tithi 11 – 12	Gulika 8:00AM – 9:17AM	Purvaproshtapada* Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM	Sun 25 Sutra 208
			Yama 2:22PM – 3:38PM	Vyaghata* Until 6:04AM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Vikarin 5121
	716313464	Rahu 10:33AM – 11:49AM		Bava Until 10:08PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Ekadashi Until 8:58AM	Moon – Clear		4th Phase	
				Kartika-Aipasi		Subha Sivaloka Day	

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Meena Rasi: 13.56	Tithi 12 – 13	Gulika 6:45AM – 8:01AM	Uttaraproshtapada Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 6:45AM	Sun 26 Sutra 209
			Yama 1:05PM – 2:21PM	Harshana Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Vikarin 5121
	716313464	Rahu 9:17AM – 10:33AM		Kaulava Until 12:12AM Sun	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dvadashi Until 11:11AM	Moon – Clear		4th Phase	
Until 11:25AM				Kartika-Aipasi		Subha Sivaloka Day	
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Meena Rasi: 26.02	Tithi 13 – 14	Gulika 2:21PM – 3:36PM	Revati Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:47AM	Sun 27 Sutra 210
			Yama 11:49AM – 1:05PM	Vajra* Until 7:08AM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Vikarin 5121
	716313464	Rahu 3:36PM – 4:52PM		Gara Until 1:52AM Mon	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Amrita Yoga		Trayodashi Until 1:03PM	Moon – Clear		4th Phase	
Until 1:37PM				Kartika-Aipasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
	Copper Retreat Star		Gulika 1:05PM – 2:20PM	Ashvini Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	Sutra 211
	Mesha Rasi: 8.17	Tithi 14 – 15	Yama 10:34AM – 11:49AM	Siddhi Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Vikarin 5121
	Family Home Evening	727313464	Rahu 8:03AM – 9:19AM	Visti Until 3:07AM Tue	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Chaturdashi* Until 2:32PM	Moon – White		Purnima	
				Kartika-Aipasi		Subha Sivaloka Day	

6	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey
	Silver Retreat Star		Gulika 11:50AM – 1:05PM	Bharani Until 5:19PM	Ganesha: White	<i>Sunrise:</i> 6:49AM	Sutra 212
	Mesha Rasi: 20.43	Tithi 15 – 16	Yama 9:19AM – 10:34AM	Vyatipata* Until 7:03AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Vikarin 5121
	727413464	Rahu 2:20PM – 3:35PM		Balava Until 3:57AM Wed	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Purnima* Until 3:34PM	Moon – White		Prathama	
				Kartika-Aipasi		Sivaloka Day	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 3.21 Tithi 16 - 17

727413464

Gulika

10:35AM - 11:50AM

Yama

8:05AM - 9:20AM

Rahu

11:50AM - 1:05PM

Krittika Until 6:19PM

Variyan Until 6:30AM

Taitila Until 4:22AM Thu

Prathama* Until 4:11PM

Ganesha: White

Sunrise: 6:50AM

Muruqa: Purple

Sunset: 4:49PM

Nataraja: Purple

Moon - White

Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

Thursday, November 14, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 2 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 16.1 Tithi 17 - 18

737413464

Gulika

9:21AM - 10:35AM

Yama

6:51AM - 8:06AM

Rahu

1:04PM - 2:19PM

Rohini Until 7:14PM

Shiva Until 4:31AM Fri

Vanija Until 4:23AM Fri

Dvitiya Until 4:24PM

Ganesha: Clear

Sunrise: 6:51AM

Muruqa: Purple

Sunset: 4:48PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

Friday, November 15, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Istanbul, Turkey

Sun 3 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 29.11 Tithi 18 - 19

737413464

Gulika

8:07AM - 9:21AM

Yama

2:19PM - 3:33PM

Rahu

10:36AM - 11:50AM

Mrigashira Until 7:38PM

Siddha Until 3:03AM Sat

Bava Until 4:02AM Sat

Tritiya Until 4:14PM

Ganesha: Clear

Sunrise: 6:53AM

Muruqa: Purple

Sunset: 4:47PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Saturday, November 16, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 4 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.23 Tithi 19 - 20

737413464

Gulika

6:54AM - 8:08AM

Yama

1:04PM - 2:18PM

Rahu

9:22AM - 10:36AM

Ardra Until 7:32PM

Sadhya Until 1:19AM Sun

Kaulava Until 3:20AM Sun

Chaturthi* Until 3:42PM

Ganesha: Clear

Sunrise: 6:54AM

Muruqa: Purple

Sunset: 4:47PM

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Sunday, November 17, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Sun 5 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 25.46 Tithi 20 - 21

747413465

Gulika

2:18PM - 3:32PM

Yama

11:50AM - 1:04PM

Rahu

3:32PM - 4:46PM

Punarvasu Until 7:24PM

Subha Until 11:20PM

Gara Until 2:17AM Mon

Panchami Until 2:50PM

Ganesha: Purple

Sunrise: 6:55AM

Muruqa: Purple

Sunset: 4:46PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

Monday, November 18, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 6 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 9.21 Tithi 21 - 22

748413465

Gulika

1:04PM - 2:18PM

Yama

10:37AM - 11:51AM

Rahu

8:10AM - 9:23AM

Pushya Until 6:46PM

Sukla Until 9:03PM

Visti Until 12:53AM Tue

Shashthi* Until 1:37PM

Ganesha: Clear

Sunrise: 6:56AM

Muruqa: Purple

Sunset: 4:45PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, November 19, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Istanbul, Turkey

Sun 7 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 23.08 Tithi 22 - 23

748413465

Gulika

11:51AM - 1:04PM

Yama

9:24AM - 10:37AM

Rahu

2:18PM - 3:31PM

Ashlesha* Until 5:40PM

Brahma Until 6:31PM

Balava Until 11:10PM

Saptami Until 12:03PM

Ganesha: Clear

Sunrise: 6:57AM

Muruqa: Purple

Sunset: 4:44PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 8 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 7.07 Tithi 23 - 24

758413465

Gulika

10:38AM - 11:51AM

Yama

8:12AM - 9:25AM

Rahu

11:51AM - 1:04PM

Magha* Until 4:32PM

Indra Until 3:44PM

Taitila Until 9:08PM

Ashtami* Until 10:10AM

Ganesha: White

Sunrise: 6:58AM

Muruqa: Purple

Sunset: 4:44PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Istanbul, Turkey Sun 9 Sutra 221 Vikarin 5121
Simha Rasi: 21.18	Tithi 24 – 25	Gulika 9:25AM – 10:38AM	Purvaphalguni Until 2:59PM	Ganesha: White <i>Sunrise:</i> 7:00AM	
		Yama 7:00AM – 8:13AM	Vaidhriti* Until 12:42PM	Muruqa: Purple <i>Sunset:</i> 4:43PM	Moon 11 - Phase 31
	758413465	Rahu 1:04PM – 2:17PM	Vanija Until 6:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau	Istanbul, Turkey Sun 10 Sutra 222 Vikarin 5121
Kanya Rasi: 5.4	Tithi 26	Gulika 8:13AM – 9:26AM	Uttaraphalguni Until 1:03PM	Ganesha: White <i>Sunrise:</i> 7:01AM	
		Yama 2:17PM – 3:30PM	Vishkambha* Until 9:29AM	Muruqa: Purple <i>Sunset:</i> 4:42PM	Moon 11 - Phase 31
	758413465	Rahu 10:39AM – 11:52AM	Bava Until 4:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 1:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitilla Karana Dvadashtyam Titau	Istanbul, Turkey Sun 11 Sutra 223 Vikarin 5121
Kanya Rasi: 20.08	Tithi 27	Gulika 7:02AM – 8:14AM	Hasta Until 11:16AM	Ganesha: Yellow <i>Sunrise:</i> 7:02AM	
		Yama 1:04PM – 2:17PM	Priti Until 6:09AM	Muruqa: Purple <i>Sunset:</i> 4:42PM	Moon 11 - Phase 31
	768413465	Rahu 9:27AM – 10:39AM	Kaulava Until 1:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashti* Until 12:17AM Sun	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Istanbul, Turkey Sun 12 Sutra 224 Vikarin 5121
Tula Rasi: 4.38	Tithi 28	Gulika 2:17PM – 3:29PM	Chitra Until 9:20AM	Ganesha: Blue <i>Sunrise:</i> 7:03AM	
		Yama 11:52AM – 1:04PM	Saubhagya Until 11:25PM	Muruqa: Purple <i>Sunset:</i> 4:41PM	Moon 11 - Phase 31
	769413465	Rahu 3:29PM – 4:41PM	Gara Until 10:59AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Istanbul, Turkey Sun 13 Sutra 225 Vikarin 5121
Tula Rasi: 19.06	Tithi 29	Gulika 1:04PM – 2:17PM	Svati Until 7:21AM	Ganesha: Blue <i>Sunrise:</i> 7:04AM	
Family Home Evening		Yama 10:40AM – 11:52AM	Sobhana Until 8:15PM	Muruqa: Purple <i>Sunset:</i> 4:41PM	Moon 11 - Phase 31
	769413465	Rahu 8:16AM – 9:28AM	Visti Until 8:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 7:14PM	Moon – Green	Devaloka Day
Until 7:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Istanbul, Turkey Sun 14 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.23	Tithi 30 – 1	Gulika 11:53AM – 1:05PM	Anuradha Until 4:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 7:05AM	
		Yama 9:29AM – 10:41AM	Athiganda* Until 5:20PM	Muruqa: Purple <i>Sunset:</i> 4:40PM	Moon 11 - Phase 31
	779413465	Rahu 2:16PM – 3:28PM	Catuspada Until 6:09AM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Istanbul, Turkey Sun 15 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.25	Tithi 1 – 2	Gulika 10:41AM – 11:53AM	Jyeshtha* Until 3:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 7:06AM	
		Yama 8:18AM – 9:30AM	Sukarma Until 2:49PM	Muruqa: Purple <i>Sunset:</i> 4:40PM	Moon 11 - Phase 31
	779413465	Rahu 11:53AM – 1:05PM	Balava Until 2:55AM Thu	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Istanbul, Turkey Sun 16 Sutra 228 Vikarin 5121	
Dhanus Rasi: 1.05	Tithi 2 – 3	Gulika 9:30AM – 10:42AM	Mula* Until 4:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:07AM	Muruqa: Purple	<i>Sunset:</i> 4:39PM
		Yama 7:07AM – 8:19AM	Dhriti Until 12:47PM	Nataraja: Clear		Moon 11 - Phase 32	3rd Phase
		789413465 Rahu 1:05PM – 2:16PM	Taitila Until 2:15AM Fri	Moon – Light Blue		Devaloka Day	
Creative Work Siddha Yoga		Dvitiya Until 2:29PM		Margasira•Karttikai			
Until 4:02AM Fri							
Then Routine Work - Prabalarishta Yoga							

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Istanbul, Turkey Sun 17 Sutra 229 Vikarin 5121	
Dhanus Rasi: 14.24	Tithi 3 – 4	Gulika 8:20AM – 9:31AM	Purvashadha* Until 4:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:09AM	Muruqa: Purple	<i>Sunset:</i> 4:39PM
		Yama 2:16PM – 3:28PM	Shula* Until 11:16AM	Nataraja: Clear		Moon 11 - Phase 32	3rd Phase
		789413465 Rahu 10:42AM – 11:54AM	Vanija Until 2:19AM Sat	Moon – Light Blue		Devaloka Day	
Routine Work Prabalarishta Yoga		Tritiya Until 2:10PM		Margasira•Karttikai			
Until 4:45AM Sat							
Then Routine Work - Marana Yoga							

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Istanbul, Turkey Sun 18 Sutra 230 Vikarin 5121	
Dhanus Rasi: 27.19	Tithi 4 – 5	Gulika 7:10AM – 8:21AM	Uttarashadha Until 6:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	Muruqa: Purple	<i>Sunset:</i> 4:39PM
		Yama 1:05PM – 2:16PM	Ganda* Until 10:21AM	Nataraja: Clear		Moon 11 - Phase 32	3rd Phase
		789413465 Rahu 9:32AM – 10:43AM	Bava Until 3:08AM Sun	Moon – Light Blue		Devaloka Day	
Routine Work Marana Yoga		Chaturthi* Until 2:37PM		Margasira•Karttikai			
Until 6:01AM Sun							
Then Creative Work - Amrita Yoga							

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Istanbul, Turkey Sun 19 Sutra 231 Vikarin 5121	
Makara Rasi: 9.53	Tithi 5 – 6	Gulika 2:16PM – 3:27PM	Uttarashadha Until 6:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:11AM	Muruqa: Purple	<i>Sunset:</i> 4:38PM
		Yama 11:54AM – 1:05PM	Vridhhi Until 10:01AM	Nataraja: Clear		Moon 11 - Phase 32	3rd Phase
		789413465 Rahu 3:27PM – 4:38PM	Kaulava Until 4:39AM Mon	Moon – Light Blue		Devaloka Day	
Creative Work Amrita Yoga		Panchami Until 3:47PM		Margasira•Karttikai			

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Istanbul, Turkey Sun 20 Sutra 232 Vikarin 5121	
Makara Rasi: 22.1	Tithi 6 – 7	Gulika 1:06PM – 2:16PM	Shravana Until 8:16AM	Ganesha: Clear	<i>Sunrise:</i> 7:12AM	Muruqa: Purple	<i>Sunset:</i> 4:38PM
Family Home Evening		Yama 10:44AM – 11:55AM	Dhruva Until 10:09AM	Nataraja: Clear		Moon 11 - Phase 32	3rd Phase
		791413465 Rahu 8:22AM – 9:33AM	Gara Until 6:42AM Tue	Moon – Purple		Sivaloka Day	
Creative Work Amrita Yoga		Shashthi* Until 5:35PM		Margasira•Karttikai			
Until 8:16AM							
Then Creative Work - Siddha Yoga							

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Istanbul, Turkey Sun 21 Sutra 233 Vikarin 5121	
Kumbha Rasi: 4.14	Tithi 7	Gulika 11:55AM – 1:06PM	Dhanishtha Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 7:13AM	Muruqa: Purple	<i>Sunset:</i> 4:38PM
		Yama 9:34AM – 10:45AM	Vyaghata* Until 10:41AM	Nataraja: Clear		Moon 11 - Phase 32	3rd Phase
		791413465 Rahu 2:16PM – 3:27PM	Gara Until 6:42AM	Moon – Purple		Sivaloka Day	
Creative Work Siddha Yoga		Saptami Until 7:51PM		Margasira•Karttikai			
Until 10:51AM							
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Istanbul, Turkey Sun 22 Sutra 234 Vikarin 5121	
Kumbha Rasi: 16.1	Tithi 8	Gulika 10:45AM – 11:56AM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 7:14AM	Muruqa: Purple	<i>Sunset:</i> 4:38PM
		Yama 8:24AM – 9:35AM	Harshana Until 11:27AM	Nataraja: Clear		Moon 11 - Phase 32	Ashtami
		791413465 Rahu 11:56AM – 1:06PM	Visti Until 9:05AM	Moon – Purple		Sivaloka Day	
Creative Work Siddha Yoga		Ashtami* Until 10:19PM		Margasira•Karttikai			
Until 1:33PM							
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Istanbul, Turkey Sun 23 Sutra 235 Vikarin 5121	
Kumbha Rasi: 28.03	Tithi 9	Gulika 9:35AM – 10:46AM	Purvaproshtapada* Until 4:39PM	Ganesha: Yellow	<i>Sunrise:</i> 7:15AM	Muruqa: Purple	<i>Sunset:</i> 4:37PM
		Yama 7:15AM – 8:25AM	Vajra* Until 12:15PM	Nataraja: Clear		Moon 11 - Phase 32	Navami
		711413465 Rahu 1:06PM – 2:17PM	Balava Until 11:36AM	Moon – Clear		Sivaloka Day	
Creative Work Siddha Yoga		Navami* Until 12:48AM Fri		Margasira•Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey
Meena Rasi: 9.57	Tithi 10	Gulika	8:26AM – 9:36AM	Uttaraproshtapada Until 7:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:16AM	Sun 24	Sutra 236
		Yama	2:17PM – 3:27PM	Siddhi Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM		Vikarin 5121
		711413465 Rahu	10:46AM – 11:56AM	Taitila Until 2:00PM	Nataraja: Clear			Moon 11 - Phase 33
Creative Work	Siddha Yoga			Dashami Until 3:05AM Sat	Moon – Clear			4th Phase
					Margasira-Karttikai		Sivaloka Day	

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey
Meena Rasi: 21.56	Tithi 11	Gulika	7:17AM – 8:27AM	Revati Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 7:17AM	Sun 25	Sutra 237
		Yama	1:07PM – 2:17PM	Vyatiyata* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM		Vikarin 5121
		711513465 Rahu	9:37AM – 10:47AM	Vanija Until 4:07PM	Nataraja: Clear			Moon 11 - Phase 33
Routine Work	Prabalarishta Yoga			Ekadashi Until 4:59AM Sun	Moon – Clear			4th Phase
Until 9:46PM					Margasira-Karttikai		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Istanbul, Turkey
Mesha Rasi: 4.05	Tithi 12	Gulika	2:17PM – 3:27PM	Ashvini Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Sun 26	Sutra 238
		Yama	11:57AM – 1:07PM	Variyan Until 1:43PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM		Vikarin 5121
		721513465 Rahu	3:27PM – 4:37PM	Bava Until 5:47PM	Nataraja: Clear			Moon 11 - Phase 33
Creative Work	Siddha Yoga			Dvadashi Until 6:24AM Mon	Moon – White			4th Phase
Until 11:59PM					Margasira-Karttikai		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
Mesha Rasi: 16.26	Tithi 12 – 13	Gulika	1:08PM – 2:18PM	Bharani Until 1:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	Sun 27	Sutra 239
Family Home Evening		Yama	10:48AM – 11:58AM	Parigha* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM		Vikarin 5121
		721513465 Rahu	8:28AM – 9:38AM	Kaulava Until 6:55PM	Nataraja: Clear			Moon 11 - Phase 33
Creative Work	Siddha Yoga			Dvadashi Until 6:24AM	Moon – White			4th Phase
					Margasira-Karttikai		Sivaloka Day	

Pradosha Vrata

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
Mesha Rasi: 29.02	Tithi 13 – 14	Gulika	11:58AM – 1:08PM	Krittika Until 2:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:19AM	Sun 28	Sutra 240
		Yama	9:39AM – 10:48AM	Shiva Until 12:54PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM		Vikarin 5121
		721513465 Rahu	2:18PM – 3:28PM	Gara Until 7:29PM	Nataraja: Clear			Moon 11 - Phase 33
Creative Work	Siddha Yoga			Trayodashi Until 7:15AM	Moon – White			4th Phase
					Margasira-Karttikai		Sivaloka Day	
		Krittika Deepam						

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
Copper Retreat Star		Gulika	10:49AM – 11:59AM	Rohini Until 2:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:20AM	Sun 29	Sutra 241
Vrishabha Rasi: 11.54	Tithi 14 – 15	Yama	8:30AM – 9:39AM	Siddha Until 11:49AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM		Vikarin 5121
		731523465 Rahu	11:59AM – 1:08PM	Visti Until 7:28PM	Nataraja: Clear			Moon 11 - Phase 33
Creative Work	Siddha Yoga			Chaturdashi* Until 7:31AM	Moon – Yellow			Purnima
Until 2:52AM Thu					Margasira-Karttikai		Sivaloka Day	
Then Routine Work - Marana Yoga								

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey
Silver Retreat Star		Gulika	9:40AM – 10:50AM	Mrigashira Until 2:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:21AM	Sun 30	Sutra 242
Vrishabha Rasi: 25.03	Tithi 15 – 16	Yama	7:21AM – 8:30AM	Sadhya Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM		Vikarin 5121
		732523465 Rahu	1:09PM – 2:18PM	Balava Until 6:55PM	Nataraja: Clear			Moon 11 - Phase 33
Routine Work	Marana Yoga			Purnima* Until 7:14AM	Moon – Yellow			Prathama
Until 2:48AM Fri					Margasira-Karttikai		Devaloka Day	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sutra 243

Vikarin 5121

Mithuna Rasi: 8.28 Tithi 16 - 17

732523465

Gulika 8:31AM - 9:41AM
Yama 2:19PM - 3:28PM
Rahu 10:50AM - 12:00PM

Ardra Until 2:09AM Sat

Subha Until 8:28AM

Gara Until 5:16AM Sat

Prathama* Until 6:27AM

Ganesha: Clear *Sunrise:* 7:22AM

Muruqa: Clear *Sunset:* 4:38PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 22.06 Tithi 18

742523465

Gulika 7:22AM - 8:32AM
Yama 1:10PM - 2:19PM
Rahu 9:41AM - 10:51AM

Punarvasu Until 1:29AM Sun

Sukla Until 6:15AM

Vanija Until 4:34PM

Tritiya Until 3:45AM Sun

Ganesha: Purple *Sunrise:* 7:22AM

Muruqa: Clear *Sunset:* 4:38PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Istanbul, Turkey

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 5.56 Tithi 19

742523465

Gulika 2:19PM - 3:29PM
Yama 12:01PM - 1:10PM
Rahu 3:29PM - 4:38PM

Pushya Until 12:25AM Mon

Indra Until 1:11AM Mon

Bava Until 2:55PM

Chaturthi* Until 2:00AM Mon

Ganesha: Purple *Sunrise:* 7:23AM

Muruqa: Clear *Sunset:* 4:38PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 19.55 Tithi 20

742523465

Gulika 1:10PM - 2:20PM
Yama 10:52AM - 12:01PM
Rahu 8:33AM - 9:42AM

Ashlesha* Until 11:02PM

Vaidhriti* Until 10:24PM

Kaulava Until 1:04PM

Panchami Until 12:04AM Tue

Ganesha: Purple *Sunrise:* 7:24AM

Muruqa: Clear *Sunset:* 4:38PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening

Until 11:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 4 Tithi 21

852523465

Gulika 12:02PM - 1:11PM
Yama 9:43AM - 10:52AM
Rahu 2:20PM - 3:29PM

Magha* Until 9:50PM

Vishkambha* Until 7:33PM

Gara Until 11:06AM

Shashthi* Until 10:03PM

Ganesha: Purple *Sunrise:* 7:25AM

Muruqa: Clear *Sunset:* 4:39PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 18.08 Tithi 22

852523465

Gulika 10:53AM - 12:02PM
Yama 8:34AM - 9:44AM
Rahu 12:02PM - 1:11PM

Purvaphalguni Until 8:27PM

Priti Until 4:40PM

Visti Until 9:02AM

Saptami Until 7:59PM

Ganesha: Purple *Sunrise:* 7:25AM

Muruqa: Clear *Sunset:* 4:39PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 2.17 Tithi 23 - 24

852523465

Gulika 9:44AM - 10:53AM
Yama 7:26AM - 8:35AM
Rahu 1:12PM - 2:21PM

Uttaraphalguni Until 6:55PM

Ayushman Until 1:44PM

Balava Until 6:57AM

Ashtami* Until 5:54PM

Ganesha: Purple *Sunrise:* 7:26AM

Muruqa: Clear *Sunset:* 4:39PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 6:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Istanbul, Turkey

Sun 7 Sutra 250

Vikarin 5121

Kanya Rasi: 16.26 Tithi 24 - 25

862523465

Gulika 8:36AM - 9:45AM
Yama 2:21PM - 3:31PM
Rahu 10:54AM - 12:03PM

Hasta Until 5:41PM

Saubhagya Until 10:50AM

Vanija Until 2:51AM Sat

Navami* Until 3:50PM

Ganesha: Clear *Sunrise:* 7:26AM

Muruqa: Clear *Sunset:* 4:40PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Istanbul, Turkey Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 0.34	Tithi 25 – 26	862523465	Gulika 7:27AM – 8:36AM Yama 1:13PM – 2:22PM Rahu 9:45AM – 10:54AM	Chitra Until 4:22PM Sobhana Until 7:59AM Bava Until 12:54AM Sun Dashami Until 1:51PM	Ganesha: Clear <i>Sunrise:</i> 7:27AM Muruqa: Clear <i>Sunset:</i> 4:40PM Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 4:22PM					
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Istanbul, Turkey Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 14.38	Tithi 26 – 27	862523465	Gulika 2:22PM – 3:32PM Yama 12:04PM – 1:13PM Rahu 3:32PM – 4:41PM	Svati Until 3:03PM Sukarma Until 2:33AM Mon Kaulava Until 11:07PM Ekadashi* Until 11:58AM	Ganesha: Clear <i>Sunrise:</i> 7:27AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 3:03PM					
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Istanbul, Turkey Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 28.35	Tithi 27 – 28	872523465	Gulika 1:14PM – 2:23PM Yama 10:55AM – 12:05PM Rahu 8:37AM – 9:46AM	Vishakha Until 2:13PM Dhriti Until 12:07AM Tue Gara Until 9:34PM Dvadashi* Until 10:17AM	Ganesha: White <i>Sunrise:</i> 7:28AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:13PM					
Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)			
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Istanbul, Turkey Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.23	Tithi 28 – 29	872523465	Gulika 12:05PM – 1:14PM Yama 9:47AM – 10:56AM Rahu 2:24PM – 3:33PM	Anuradha Until 1:31PM Shula* Until 9:54PM Visti Until 8:19PM Trayodashi* Until 8:52AM	Ganesha: White <i>Sunrise:</i> 7:28AM Muruqa: Clear <i>Sunset:</i> 4:42PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:31PM					
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Istanbul, Turkey Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 25.58	Tithi 29 – 30	872523465	Gulika 10:56AM – 12:06PM Yama 8:38AM – 9:47AM Rahu 12:06PM – 1:15PM	Jyeshtha* Until 1:02PM Ganda* Until 8:02PM Catuspada Until 7:29PM Chaturdashi* Until 7:49AM	Ganesha: White <i>Sunrise:</i> 7:29AM Muruqa: Clear <i>Sunset:</i> 4:43PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:02PM					
Then Routine Work - Marana Yoga					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Istanbul, Turkey Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.19	Tithi 30 – 1	883523465	Gulika 9:48AM – 10:57AM Yama 7:29AM – 8:38AM Rahu 1:15PM – 2:25PM	Mula* Until 1:19PM Vriddhi Until 6:34PM Kintughna Until 7:09PM Amavasya* Until 7:14AM	Ganesha: Orange <i>Sunrise:</i> 7:29AM Muruqa: Clear <i>Sunset:</i> 4:43PM Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha*Markali	Devaloka Day

1		Friday, December 27, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau	Istanbul, Turkey
Dhanus Rasi: 22.22	Tithi 1 – 2	Gulika 8:39AM – 9:48AM	Purvashadha* Until 1:59PM	Ganesha: Orange	<i>Sunrise:</i> 7:29AM	Sun 14	Sutra 257
		Yama 2:25PM – 3:35PM	Dhruva Until 5:31PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM		Vikarin 5121
		883523466 Rahu 10:57AM – 12:07PM	Balava Until 7:22PM	Nataraja: Orange			Moon 12 - Phase 36
Routine Work	Prabalarishta Yoga		Prathama* Until 7:10AM	Moon – Light Blue			3rd Phase
Until 1:59PM				Pausha-Markali		Devaloka Day	
Then Routine Work - Marana Yoga							

2		Saturday, December 28, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau	Istanbul, Turkey
Makara Rasi: 5.09	Tithi 2 – 3	Gulika 7:30AM – 8:39AM	Uttarashadha Until 3:04PM	Ganesha: Orange	<i>Sunrise:</i> 7:30AM	Sun 15	Sutra 258
		Yama 1:16PM – 2:26PM	Vyaghata* Until 4:56PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM		Vikarin 5121
		883523466 Rahu 9:48AM – 10:58AM	Taitila Until 8:12PM	Nataraja: Orange			Moon 12 - Phase 36
Routine Work	Marana Yoga		Dvitiya Until 7:42AM	Moon – Light Blue			3rd Phase
Until 3:04PM				Pausha-Markali		Devaloka Day	
Then Creative Work - Siddha Yoga							

3		Sunday, December 29, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Istanbul, Turkey
Makara Rasi: 17.4	Tithi 3 – 4	Gulika 2:26PM – 3:36PM	Shravana Until 5:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	Sun 16	Sutra 259
		Yama 12:08PM – 1:17PM	Harshana Until 4:48PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM		Vikarin 5121
		893523466 Rahu 3:36PM – 4:45PM	Vanija Until 9:37PM	Nataraja: Orange			Moon 12 - Phase 36
Creative Work	Amrita Yoga		Tritiya Until 8:49AM	Moon – Purple			3rd Phase
Until 5:02PM				Pausha-Markali		Devaloka Day	
Then Routine Work - Marana Yoga							

4		Monday, December 30, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Istanbul, Turkey
Makara Rasi: 29.55	Tithi 4 – 5	Gulika 1:18PM – 2:27PM	Dhanishtha Until 7:20PM	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	Sun 17	Sutra 260
		Yama 10:59AM – 12:08PM	Vajra* Until 5:03PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM		Vikarin 5121
Family Home Evening		893523466 Rahu 8:40AM – 9:49AM	Bava Until 11:31PM	Nataraja: Orange			Moon 12 - Phase 36
Creative Work	Siddha Yoga		Chaturthi* Until 10:29AM	Moon – Purple			3rd Phase
				Pausha-Markali		Devaloka Day	

5		Tuesday, December 31, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Istanbul, Turkey
Kumbha Rasi: 12.01	Tithi 5 – 6	Gulika 12:09PM – 1:18PM	Shatabhishak Until 9:50PM	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	Sun 18	Sutra 261
		Yama 9:50AM – 10:59AM	Siddhi Until 5:36PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM		Vikarin 5121
		893523466 Rahu 2:28PM – 3:37PM	Kaulava Until 1:48AM Wed	Nataraja: Orange			Moon 12 - Phase 36
Routine Work	Marana Yoga		Panchami Until 12:36PM	Moon – Purple			3rd Phase
				Pausha-Markali		Devaloka Day	

6		Wednesday, January 1, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Istanbul, Turkey
Kumbha Rasi: 23.58	Tithi 6 – 7	Gulika 11:00AM – 12:10PM	Purvaprosarthapada* Until 12:54AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:31AM	Sun 19	Sutra 262
		Yama 8:40AM – 9:50AM	Vyatipata* Until 6:21PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM		Vikarin 5121
		813623466 Rahu 12:10PM – 1:19PM	Gara Until 4:17AM Thu	Nataraja: Orange			Moon 12 - Phase 36
Creative Work	Amrita Yoga		Shashthi* Until 3:01PM	Moon – Clear			3rd Phase
Until 12:54AM Thu				Pausha-Markali		Bhuloka Day	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends				Devaloka Time: 3:PM to 6:PM	

Retreat Star		Thursday, January 2, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthapada Nakshatra Varyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Istanbul, Turkey
Meena Rasi: 5.51	Tithi 7 – 8	Gulika 9:50AM – 11:00AM	Uttaraprosarthapada Until 3:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:31AM	Sun 20	Sutra 263
		Yama 7:31AM – 8:41AM	Variyan Until 7:08PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM		Vikarin 5121
		813623466 Rahu 1:20PM – 2:30PM	Visti Until 6:46AM Fri	Nataraja: Orange			Moon 12 - Phase 36
Creative Work	Siddha Yoga		Saptami Until 5:31PM	Moon – Clear			3rd Phase
				Pausha-Markali		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Istanbul, Turkey
Meena Rasi: 17.44	Tithi 8	Gulika 8:41AM – 9:51AM	Revati Until 6:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:31AM	Sun 21	Sutra 264
		Yama 2:30PM – 3:40PM	Parigha* Until 7:51PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM		Vikarin 5121
		813623466 Rahu 11:01AM – 12:11PM	Visti Until 6:46AM	Nataraja: Orange			Moon 12 - Phase 36
Creative Work	Siddha Yoga		Ashtami* Until 7:55PM	Moon – Clear			Ashtami
				Pausha-Markali		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Istanbul, Turkey
Meena Rasi: 29.43	Tithi 9	Gulika 7:31AM – 8:41AM	Revati Until 6:23AM	Ganesha: Blue	<i>Sunrise:</i> 7:31AM	Sun 22	Sutra 265
		Yama 1:21PM – 2:31PM	Shiva Until 8:21PM	Muruqa: Clear	<i>Sunset:</i> 4:51PM		Vikarin 5121
		813623466 Rahu 9:51AM – 11:01AM	Balava Until 9:02AM	Nataraja: Orange			Moon 12 - Phase 36
Routine Work	Prabalarishta Yoga		Navami* Until 10:01PM	Moon – Clear			Navami
Until 6:23AM				Pausha-Markali		Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


1		Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau	Istanbul, Turkey Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 11.5	Tithi 10	Gulika 2:32PM – 3:42PM	Ashvini Until 8:54AM	Ganesha: Yellow <i>Sunrise:</i> 7:31AM	
		Yama 12:11PM – 1:22PM	Siddha Until 8:27PM	Muruqa: Clear <i>Sunset:</i> 4:52PM	Moon 12 - Phase 37
	823623466	Rahu 3:42PM – 4:52PM	Taitila Until 10:54AM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 8:54AM		Subramuniyaswami Jayanti	Dashami Until 11:36PM	Pausha-Markali	
Then Routine Work - Prabararishta Yoga					

2		Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau	Istanbul, Turkey Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.11	Tithi 11	Gulika 1:22PM – 2:32PM	Bharani Until 10:44AM	Ganesha: Yellow <i>Sunrise:</i> 7:31AM	
Family Home Evening		Yama 11:02AM – 12:12PM	Sadhya Until 8:06PM	Muruqa: Clear <i>Sunset:</i> 4:53PM	Moon 12 - Phase 37
Creative Work	Siddha Yoga	Rahu 8:41AM – 9:51AM	Vanija Until 12:11PM	Nataraja: Orange	4th Phase
Until 10:44AM		Vaikuntha Ekadasi	Ekadashi Until 12:33AM Tue	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Pausha-Markali	

3		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau	Istanbul, Turkey Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 6.5	Tithi 12	Gulika 12:12PM – 1:23PM	Krittika Until 11:45AM	Ganesha: Yellow <i>Sunrise:</i> 7:31AM	
		Yama 9:52AM – 11:02AM	Subha Until 7:13PM	Muruqa: Clear <i>Sunset:</i> 4:54PM	Moon 12 - Phase 37
	823623466	Rahu 2:33PM – 3:44PM	Bava Until 12:47PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 11:45AM			Dvadashi Until 12:47AM Wed	Pausha-Markali	
Then Creative Work - Amrita Yoga					

4		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Istanbul, Turkey Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 19.49	Tithi 13	Gulika 11:02AM – 12:13PM	Rohini Until 12:22PM	Ganesha: White <i>Sunrise:</i> 7:31AM	
		Yama 8:41AM – 9:52AM	Sukla Until 5:44PM	Muruqa: Clear <i>Sunset:</i> 4:55PM	Moon 12 - Phase 37
	833623466	Rahu 12:13PM – 1:23PM	Kaulava Until 12:38PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – Yellow	Bhuloka Day
			Trayodashi Until 12:17AM Thu	Pausha-Markali	Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata</i>		

5		Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau	Istanbul, Turkey Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.1	Tithi 14	Gulika 9:52AM – 11:02AM	Mrigashira Until 12:09PM	Ganesha: Yellow <i>Sunrise:</i> 7:30AM	
		Yama 7:30AM – 8:41AM	Brahma Until 3:44PM	Muruqa: Clear <i>Sunset:</i> 4:56PM	Moon 12 - Phase 37
	834623466	Rahu 1:24PM – 2:35PM	Gara Until 11:48AM	Nataraja: Orange	4th Phase
Routine Work	Marana Yoga			Moon – Yellow	Devaloka Day
			Chaturdashi* Until 11:07PM	Pausha-Markali	

		Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau	Istanbul, Turkey Sutra 271 Vikarin 5121
Mithuna Rasi: 16.54	Tithi 15	Gulika 8:41AM – 9:52AM	Ardra Until 11:10AM	Ganesha: Yellow <i>Sunrise:</i> 7:30AM	
		Yama 2:35PM – 3:46PM	Indra Until 1:16PM	Muruqa: Clear <i>Sunset:</i> 4:57PM	Moon 12 - Phase 37
	834623466	Rahu 11:03AM – 12:14PM	Visti Until 10:19AM	Nataraja: Orange	Purnima
Creative Work	Siddha Yoga			Moon – Yellow	Devaloka Day
		Penumbral Lunar Eclipse	Purnima* Until 9:22PM	Pausha-Markali	
		Ardra Darshanam			

Saturday, January 11, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau	Istanbul, Turkey Sutra 272 Vikarin 5121
Kataka Rasi: 0.58	Tithi 16	Gulika 7:30AM – 8:41AM	Punarvasu Until 9:59AM	Ganesha: White <i>Sunrise:</i> 7:30AM	
		Yama 1:25PM – 2:36PM	Vaidhriti* Until 10:22AM	Muruqa: Clear <i>Sunset:</i> 4:58PM	Moon 12 - Phase 37
	844623466	Rahu 9:52AM – 11:03AM	Balava Until 8:20AM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga			Moon – Blue	Sivaloka Day
			Prathama* Until 7:10PM	Pausha-Markali	



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.17 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*7/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:37PM - 3:48PM
Yama 12:14PM - 1:26PM
Rahu 3:48PM - 4:59PM

Pushya Until 8:17AM
Vishkambha* Until 7:12AM
Vanija Until 3:21AM Mon
Dvitiya Until 4:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 7:30AM
Sunset: 4:59PM

Istanbul, Turkey
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 29.46 Tithi 18 - 19

844623466

Family Home Evening

Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:26PM - 2:38PM
Yama 11:03AM - 12:15PM
Rahu 8:41AM - 9:52AM

Ashlesha* Until 6:13AM
Ayushman Until 12:24AM Tue
Bava Until 12:39AM Tue
Tritiya Until 1:59PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 7:29AM
Sunset: 5:00PM

Istanbul, Turkey
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.19 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 2:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:15PM - 1:27PM
Yama 9:52AM - 11:04AM
Rahu 2:38PM - 3:50PM

Purvaphalguni Until 2:23AM Wed
Saubhagya Until 8:58PM
Kaulava Until 9:57PM
Chaturthi* Until 11:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:29AM
Sunset: 5:01PM

Istanbul, Turkey
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 28.5 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:04AM - 12:15PM
Yama 8:40AM - 9:52AM
Rahu 12:15PM - 1:27PM

Uttaraphalguni Until 12:26AM Thu
Sobhana Until 5:40PM
Gara Until 7:24PM
Panchami Until 8:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:28AM
Sunset: 5:03PM

Istanbul, Turkey
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.14 Tithi 21 - 22

864623466

Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 9:52AM - 11:04AM
Yama 7:28AM - 8:40AM
Rahu 1:28PM - 2:40PM

Hasta Until 11:00PM
Athiganda* Until 2:30PM
Bava Until 3:59AM Fri
Shashthi* Until 6:11AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:28AM
Sunset: 5:04PM

Istanbul, Turkey
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 27.27 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:40AM - 9:52AM
Yama 2:41PM - 3:53PM
Rahu 11:04AM - 12:16PM

Chitra Until 9:43PM
Sukarma Until 11:35AM
Balava Until 3:01PM
Ashtami* Until 2:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:27AM
Sunset: 5:05PM

Istanbul, Turkey
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 11.28 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 7:27AM - 8:39AM
Yama 1:29PM - 2:41PM
Rahu 9:52AM - 11:04AM

Svati Until 8:39PM
Dhriti Until 8:56AM
Tailila Until 1:19PM
Navami* Until 12:35AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:27AM
Sunset: 5:06PM

Istanbul, Turkey
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day


1		Sunday, January 19, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Dashamyam Titau	Istanbul, Turkey Sun 8 Sutra 280
Tula Rasi: 25.15	Tithi 25	Gulika 2:42PM – 3:55PM	Vishakha Until 8:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	Vikarin 5121	
		Yama 12:17PM – 1:29PM	Shula* Until 6:33AM	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 1 - Phase 39	
		874623466 Rahu 3:55PM – 5:07PM	Vanija Until 11:58AM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 11:26PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

2		Monday, January 20, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Istanbul, Turkey Sun 9 Sutra 281
Vrischika Rasi: 8.49	Tithi 26	Gulika 1:30PM – 2:43PM	Anuradha Until 8:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	Vikarin 5121	
Family Home Evening		Yama 11:04AM – 12:17PM	Vriddhi Until 2:45AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Moon 1 - Phase 39	
		874623466 Rahu 8:39AM – 9:51AM	Bava Until 11:01AM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 10:40PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

3		Tuesday, January 21, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Istanbul, Turkey Sun 10 Sutra 282
Vrischika Rasi: 22.1	Tithi 27	Gulika 12:17PM – 1:30PM	Jyeshtha* Until 8:05PM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	Vikarin 5121	
		Yama 9:51AM – 11:04AM	Dhruva Until 1:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 1 - Phase 39	
		875623466 Rahu 2:43PM – 3:57PM	Kaulava Until 10:27AM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 10:18PM	Moon – Orange		Bhuloka Day	
Until 8:05PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4		Wednesday, January 22, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Istanbul, Turkey Sun 11 Sutra 283
Dhanus Rasi: 5.18	Tithi 28	Gulika 11:04AM – 12:18PM	Mula* Until 8:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:25AM	Vikarin 5121	
		Yama 8:38AM – 9:51AM	Vyaghata* Until 12:10AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 39	
		885623466 Rahu 12:18PM – 1:31PM	Gara Until 10:18AM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 10:21PM	Moon – Light Blue		Bhuloka Day	
Until 8:51PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, January 23, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Istanbul, Turkey Sun 12 Sutra 284
Dhanus Rasi: 18.14	Tithi 29	Gulika 9:51AM – 11:04AM	Purvashadha* Until 9:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:24AM	Vikarin 5121	
		Yama 7:24AM – 8:37AM	Harshana Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 39	
		885623466 Rahu 1:31PM – 2:45PM	Visti* Until 10:34AM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:50PM	Moon – Light Blue		Bhuloka Day	
Until 9:51PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

		Friday, January 24, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Istanbul, Turkey Sun 13 Sutra 285
Retreat Star		Gulika 8:37AM – 9:51AM	Uttarashadha Until 11:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:23AM	Vikarin 5121	
Makara Rasi: 0.57	Tithi 30	Yama 2:46PM – 3:59PM	Vajra* Until 10:54PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 39	
		885623466 Rahu 11:04AM – 12:18PM	Catuspada Until 11:15AM	Nataraja: Orange		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 11:44PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 25, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Istanbul, Turkey Sun 14 Sutra 286
Makara Rasi: 13.28	Tithi 1	Gulika 7:22AM – 8:36AM	Shravana Until 1:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 7:22AM	Vikarin 5121	
		Yama 1:32PM – 2:46PM	Siddhi Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 39	
		995623466 Rahu 9:50AM – 11:04AM	Kintughna Until 12:23PM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sun	Moon – Purple		Bhuloka Day	
Until 1:08AM Sun				Magha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey Sun 15 Sutra 287
Makara Rasi: 25.49	Tithi 2	Gulika	2:47PM – 4:01PM	Dhanishtha Until 3:21AM Mon	Ganesha: Orange	Sunrise: 7:22AM	Vikarin 5121	
		Yama	12:19PM – 1:33PM	Vyatipata* Until 10:57PM	Muruqa: Clear	Sunset: 5:16PM	Moon 1 - Phase 40	
		995723466 Rahu	4:01PM – 5:16PM	Balava Until 1:56PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga			Dvitiya Until 2:50AM Mon	Moon – Purple			Devaloka Day
Until 3:21AM Mon					Magha-Thai			
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Istanbul, Turkey Sun 16 Sutra 288
Kumbha Rasi: 7.59	Tithi 3	Gulika	1:33PM – 2:48PM	Shatabhishak Until 5:45AM Tue	Ganesha: Orange	Sunrise: 7:21AM	Vikarin 5121	
Family Home Evening		Yama	11:04AM – 12:19PM	Variyan Until 11:23PM	Muruqa: Clear	Sunset: 5:17PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu	8:35AM – 9:50AM	Taitila Until 3:52PM	Nataraja: Orange		3rd Phase	
Until 5:45AM Tue				Tritiya Until 4:56AM Tue	Moon – Purple			Devaloka Day
Then Routine Work - Marana Yoga					Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija Karana Chalurthyam Titau				Istanbul, Turkey Sun 17 Sutra 289
Kumbha Rasi: 20.02	Tithi 4	Gulika	12:19PM – 1:34PM	Purvaprossthapada* Until 8:44AM Wed	Ganesha: Green	Sunrise: 7:20AM	Vikarin 5121	
		Yama	9:49AM – 11:04AM	Parigha* Until 12:02AM Wed	Muruqa: Clear	Sunset: 5:18PM	Moon 1 - Phase 40	
		915723466 Rahu	2:49PM – 4:03PM	Vanija Until 6:06PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga			Chaturthi* Until 7:18AM Wed	Moon – Clear			Sivaloka Day
Until 8:44AM Wed					Magha-Thai			
Then Creative Work - Siddha Yoga								

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey Sun 18 Sutra 290
Meena Rasi: 1.58	Tithi 4 – 5	Gulika	11:04AM – 12:19PM	Purvaprossthapada* Until 8:44AM	Ganesha: Green	Sunrise: 7:19AM	Vikarin 5121	
		Yama	8:34AM – 9:49AM	Shiva Until 12:51AM Thu	Muruqa: Clear	Sunset: 5:19PM	Moon 1 - Phase 40	
		915723466 Rahu	12:19PM – 1:34PM	Bava Until 8:34PM	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga			Chaturthi* Until 7:18AM	Moon – Clear			Sivaloka Day
Until 8:44AM					Magha-Thai			
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Istanbul, Turkey Sun 19 Sutra 291
Meena Rasi: 13.51	Tithi 5 – 6	Gulika	9:49AM – 11:04AM	Uttaraprossthapada Until 11:41AM	Ganesha: Green	Sunrise: 7:18AM	Vikarin 5121	
		Yama	7:18AM – 8:33AM	Siddha Until 1:40AM Fri	Muruqa: Clear	Sunset: 5:21PM	Moon 1 - Phase 40	
		915723466 Rahu	1:35PM – 2:50PM	Kaulava Until 11:06PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga			Panchami Until 9:49AM	Moon – Clear			Sivaloka Day
					Magha-Thai			

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Istanbul, Turkey Sun 20 Sutra 292
Meena Rasi: 25.43	Tithi 6 – 7	Gulika	8:33AM – 9:48AM	Revati Until 2:26PM	Ganesha: Orange	Sunrise: 7:17AM	Vikarin 5121	
		Yama	2:51PM – 4:06PM	Sadhya Until 2:25AM Sat	Muruqa: Clear	Sunset: 5:22PM	Moon 1 - Phase 40	
		916723466 Rahu	11:04AM – 12:19PM	Gara Until 1:32AM Sat	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Until 12:19PM	Moon – Clear			Devaloka Day
Until 2:26PM					Magha-Thai			
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey Sun 21 Sutra 293
Mesha Rasi: 7.39	Tithi 7 – 8	Gulika	7:17AM – 8:33AM	Ashvini Until 5:20PM	Ganesha: Green	Sunrise: 7:17AM	Vikarin 5121	
		Yama	1:35PM – 2:51PM	Subha Until 2:57AM Sun	Muruqa: Clear	Sunset: 5:22PM	Moon 1 - Phase 40	
		926723466 Rahu	9:48AM – 11:04AM	Vistil Until 3:40AM Sun	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga			Saptami Until 2:38PM	Moon – White			Bhuloka Day
					Magha-Thai			Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey Sun 22 Sutra 294
Mesha Rasi: 19.43	Tithi 8 – 9	Gulika	2:51PM – 4:07PM	Bharani Until 7:39PM	Ganesha: Green	Sunrise: 7:16AM	Vikarin 5121	
		Yama	12:20PM – 1:35PM	Sukla Until 3:05AM Mon	Muruqa: Clear	Sunset: 5:23PM	Moon 1 - Phase 40	
		926723466 Rahu	4:07PM – 5:23PM	Balava Until 5:18AM Mon	Nataraja: Orange		Navami	
Routine Work	Prabalarishta Yoga			Ashtami* Until 4:32PM	Moon – White			Bhuloka Day
Until 7:39PM					Magha-Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								


Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Istanbul, Turkey Sun 23 Sutra 295	
1		Gulika 1:36PM – 2:52PM	Krittika Until 9:12PM	Ganesha: Green	<i>Sunrise:</i> 7:15AM
Vrishabha Rasi: 1.59	Tithi 9 – 10	Yama 11:04AM – 12:20PM	Brahma Until 2:42AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:24PM
Family Home Evening	926723466	Rahu 8:31AM – 9:47AM	Taitila Until 6:13AM Tue	Nataraja: Orange	Moon 1 - Phase 41
Routine Work Marana Yoga			Navami* Until 5:50PM	Moon – White	4th Phase
Until 9:12PM				Magha*Thai	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM


Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Istanbul, Turkey Sun 24 Sutra 296	
2		Gulika 12:20PM – 1:36PM	Rohini Until 10:20PM	Ganesha: Red	<i>Sunrise:</i> 7:14AM
Vrishabha Rasi: 14.33	Tithi 10	Yama 9:47AM – 11:03AM	Indra Until 1:44AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:26PM
	936723467	Rahu 2:53PM – 4:09PM	Taitila Until 6:13AM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Amrita Yoga			Dashami Until 6:21PM	Moon – Yellow	4th Phase
Until 10:20PM				Magha*Thai	Devaloka Day
Then Creative Work - Siddha Yoga					

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Ekadashyam Titau		Istanbul, Turkey Sun 25 Sutra 297	
3		Gulika 11:03AM – 12:20PM	Mrigashira Until 10:29PM	Ganesha: Red	<i>Sunrise:</i> 7:13AM
Vrishabha Rasi: 27.31	Tithi 11	Yama 8:30AM – 9:47AM	Vaidhriti* Until 12:05AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:27PM
	936723467	Rahu 12:20PM – 1:37PM	Vanija Until 6:19AM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Ekadashi Until 6:02PM	Moon – Yellow	4th Phase
				Magha*Thai	Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 26 Sutra 298	
4		Gulika 9:46AM – 11:03AM	Ardra Until 9:41PM	Ganesha: Red	<i>Sunrise:</i> 7:12AM
Mithuna Rasi: 10.54	Tithi 12 – 13	Yama 7:12AM – 8:29AM	Vishkambha* Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM
	936723467	Rahu 1:37PM – 2:54PM	Kaulava Until 4:03AM Fri	Nataraja: Clear	Moon 1 - Phase 41
Routine Work Marana Yoga			Dvadashi Until 4:54PM	Moon – Yellow	4th Phase
Until 9:41PM				Magha*Thai	Devaloka Day
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 27 Sutra 299	
5		Gulika 8:28AM – 9:46AM	Punarvasu Until 8:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:11AM
Mithuna Rasi: 24.46	Tithi 13 – 14	Yama 2:55PM – 4:12PM	Priti Until 6:57PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM
	947723467	Rahu 11:03AM – 12:20PM	Gara Until 1:50AM Sat	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Trayodashi Until 3:00PM	Moon – Blue	4th Phase
Until 8:28PM				Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau		Istanbul, Turkey Sutra 300	
	Copper Retreat Star	Gulika 7:10AM – 8:27AM	Pushya Until 6:31PM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM
Kataka Rasi: 9.03	Tithi 14 – 15	Yama 1:38PM – 2:55PM	Ayushman Until 3:36PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM
	947723467	Rahu 9:45AM – 11:03AM	Visiti Until 11:03PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Chaturdashi* Until 12:29PM	Moon – Blue	Purnima
Until 6:31PM		Thai Pusam		Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Istanbul, Turkey Sutra 301	
	Silver Retreat Star	Gulika 2:56PM – 4:14PM	Ashlesha* Until 4:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:09AM
Kataka Rasi: 23.42	Tithi 15 – 16	Yama 12:20PM – 1:38PM	Saubhagya Until 11:54AM	Muruqa: Clear	<i>Sunset:</i> 5:32PM
	947723467	Rahu 4:14PM – 5:32PM	Balava Until 7:54PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Purnima* Until 9:30AM	Moon – Blue	Prathama
Until 4:01PM				Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9 Tithi 16 - 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 1:33PM

Then Creative Work - Siddha Yoga

Gulika 1:38PM - 2:57PM

Yama 11:02AM - 12:20PM

Rahu 8:26AM - 9:44AM

Magha* Until 1:33PM

Sobhana Until 7:59AM

Gara Until 2:47AM Tue

Prathama* Until 6:13AM

Ganesha: Red Sunrise: 7:07AM

Muruqa: Clear Sunset: 5:33PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 23.37 Tithi 18

Creative Work Siddha Yoga

Until 10:52AM

Then Creative Work - Amrita Yoga

Gulika 12:20PM - 1:39PM

Yama 9:43AM - 11:02AM

Rahu 2:57PM - 4:16PM

Purvaphalguni Until 10:52AM

Sukarma Until 11:57PM

Vanija Until 1:06PM

Tritiya Until 11:24PM

Ganesha: Red Sunrise: 7:06AM

Muruqa: Clear Sunset: 5:34PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Istanbul, Turkey

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 8.35 Tithi 19

Creative Work Amrita Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Gulika 11:01AM - 12:20PM

Yama 8:24AM - 9:43AM

Rahu 12:20PM - 1:39PM

Uttaraphalguni Until 8:08AM

Dhriti Until 8:07PM

Bava Until 9:47AM

Chaturthi* Until 8:11PM

Ganesha: Red Sunrise: 7:05AM

Muruqa: Clear Sunset: 5:36PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.22 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 9:42AM - 11:01AM

Yama 7:04AM - 8:23AM

Rahu 1:39PM - 2:58PM

Chitra Until 3:58AM Fri

Shula* Until 4:32PM

Kaulava Until 6:43AM

Panchami Until 5:19PM

Ganesha: Green Sunrise: 7:04AM

Muruqa: Clear Sunset: 5:37PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 7.52 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 8:22AM - 9:41AM

Yama 2:59PM - 4:19PM

Rahu 11:01AM - 12:20PM

Svati Until 2:23AM Sat

Ganda* Until 1:20PM

Visti Until 1:54AM Sat

Shashthi* Until 2:53PM

Ganesha: White Sunrise: 7:02AM

Muruqa: Clear Sunset: 5:38PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.01 Tithi 22 - 23

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

Gulika 7:01AM - 8:21AM

Yama 1:40PM - 3:00PM

Rahu 9:41AM - 11:00AM

Vishakha Until 1:39AM Sun

Vridhhi Until 10:35AM

Balava Until 12:19AM Sun

Saptami Until 1:01PM

Ganesha: Clear Sunrise: 7:01AM

Muruqa: Clear Sunset: 5:39PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 5.47 Tithi 23 - 24

Routine Work Marana Yoga

Until 1:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:00PM - 4:20PM

Yama 12:20PM - 1:40PM

Rahu 4:20PM - 5:40PM

Anuradha Until 1:23AM Mon

Dhruva Until 8:17AM

Taitila Until 11:22PM

Ashtami* Until 11:44AM

Ganesha: Clear Sunrise: 7:00AM

Muruqa: Clear Sunset: 5:40PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Istanbul, Turkey	
1		Jyeshtha* Until 1:33AM Tue		Sun 7 Sutra 309	
Vrischika Rasi: 19.13 Tithi 24 – 25		Gulika 1:40PM – 3:01PM		Ganesha: Clear Sunrise: 6:59AM	
Family Home Evening		Yama 11:00AM – 12:20PM		Muruga: Clear Sunset: 5:42PM	
Creative Work Siddha Yoga		Rahu 8:19AM – 9:39AM		Nataraja: Clear	
Until 1:33AM Tue		Vyaghata* Until 6:30AM		Moon 2 - Phase 43	
Then Creative Work - Amrita Yoga		Vajira Until 11:01PM		Moon – Orange	
		Navami* Until 11:06AM		Devaloka Day	
				Magha-Masi	

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Istanbul, Turkey	
2		Mula* Until 2:36AM Wed		Sun 8 Sutra 310	
Dhanus Rasi: 2.19 Tithi 25 – 26		Gulika 12:20PM – 1:41PM		Ganesha: Purple Sunrise: 6:57AM	
Creative Work Amrita Yoga		Yama 9:39AM – 10:59AM		Muruga: Clear Sunset: 5:43PM	
988723467		Rahu 3:01PM – 4:22PM		Nataraja: Clear	
		Vajra* Until 4:19AM Wed		Moon 2 - Phase 43	
		Bava Until 11:16PM		Moon – Light Blue	
		Dashami Until 11:03AM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Istanbul, Turkey	
3		Purvashadha* Until 3:58AM Thu		Sun 9 Sutra 311	
Dhanus Rasi: 15.07 Tithi 26 – 27		Gulika 10:59AM – 12:20PM		Ganesha: Purple Sunrise: 6:56AM	
Creative Work Amrita Yoga		Yama 8:17AM – 9:38AM		Muruga: Clear Sunset: 5:44PM	
988723467		Rahu 12:20PM – 1:41PM		Nataraja: Clear	
Until 3:58AM Thu		Siddhi Until 3:49AM Thu		Moon 2 - Phase 43	
Then Routine Work - Marana Yoga		Kaulava Until 12:01AM Thu		Moon – Light Blue	
		Ekadashi* Until 11:34AM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Istanbul, Turkey	
4		Uttarashadha Until 5:35AM Fri		Sun 10 Sutra 312	
Dhanus Rasi: 27.43 Tithi 27 – 28		Gulika 9:37AM – 10:58AM		Ganesha: Purple Sunrise: 6:54AM	
Routine Work Marana Yoga		Yama 6:54AM – 8:16AM		Muruga: Clear Sunset: 5:45PM	
989823467		Rahu 1:41PM – 3:03PM		Nataraja: Clear	
		Vyatipata* Until 3:40AM Fri		Moon 2 - Phase 43	
		Gara Until 1:12AM Fri		Moon – Light Blue	
		Dvadashi* Until 12:32PM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	
				Pradosha Vrata (Fasting)	

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Istanbul, Turkey	
5		Shravana Until 7:52AM Sat		Sun 11 Sutra 313	
Makara Rasi: 10.07 Tithi 28 – 29		Gulika 8:15AM – 9:36AM		Ganesha: Light Blue Sunrise: 6:53AM	
Routine Work Marana Yoga		Yama 3:03PM – 4:25PM		Muruga: Clear Sunset: 5:46PM	
999823467		Rahu 10:58AM – 12:20PM		Nataraja: Clear	
Until 7:52AM Sat		Variyan Until 3:45AM Sat		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Vistii Until 2:45AM Sat		Moon – Purple	
		Trayodashi* Until 1:55PM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	
				Mahasivaratri (Lunar)	
				Mahasivaratri (Solar)	

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Istanbul, Turkey	
6		Shravana Until 7:52AM		Sun 12 Sutra 314	
Makara Rasi: 22.22 Tithi 29 – 30		Gulika 6:52AM – 8:14AM		Ganesha: Light Blue Sunrise: 6:52AM	
Creative Work Siddha Yoga		Yama 1:42PM – 3:04PM		Muruga: Clear Sunset: 5:48PM	
999823467		Rahu 9:36AM – 10:58AM		Nataraja: Clear	
		Parigha* Until 4:04AM Sun		Moon 2 - Phase 43	
		Catuspada Until 4:36AM Sun		Moon – Purple	
		Chaturdashi* Until 3:37PM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Istanbul, Turkey	
Retreat Star		Dhanishtha Until 10:16AM		Sun 13 Sutra 315	
Kumbha Rasi: 4.31 Tithi 30 – 1		Gulika 3:04PM – 4:26PM		Ganesha: Light Blue Sunrise: 6:50AM	
Routine Work Marana Yoga		Yama 12:19PM – 1:42PM		Muruga: Clear Sunset: 5:49PM	
999823467		Rahu 4:26PM – 5:49PM		Nataraja: Clear	
Until 10:16AM		Shiva Until 4:36AM Mon		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Kintughna Until 6:42AM Mon		Amavasya	
		Amavasya* Until 5:36PM		Moon – Purple	
				Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Istanbul, Turkey	
Retreat Star		Shatabhishak Until 12:43PM		Sun 14 Sutra 316	
Kumbha Rasi: 16.33 Tithi 1		Gulika 1:42PM – 3:05PM		Ganesha: Light Blue Sunrise: 6:49AM	
Family Home Evening		Yama 10:57AM – 12:19PM		Muruga: Clear Sunset: 5:50PM	
Creative Work Siddha Yoga		Rahu 8:11AM – 9:34AM		Nataraja: Clear	
999823467		Siddha Until 5:15AM Tue		Moon 2 - Phase 43	
Until 12:43PM		Kintughna Until 6:42AM		Moon – Purple	
Then Routine Work - Marana Yoga		Prathama* Until 7:48PM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Phalgun-Masi	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtpada/Uttaraproshtpada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau	Istanbul, Turkey
Kumbha Rasi: 28.31	Tithi 2	Gulika 12:19PM – 1:42PM	Purvaproshtpada* Until 3:41PM	Ganesha: Orange	Sun 15 Sutra 317
919823467	Rahu 3:05PM – 4:28PM	Yama 9:33AM – 10:56AM	Sadhya Until 6:02AM Wed	Muruqa: Clear	Vikarin 5121
Routine Work Marana Yoga			Balava Until 9:00AM	Nataraja: Clear	Moon 2 - Phase 44
Until 3:41PM			Dvitiya Until 10:11PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga				Phalguna-Masi	Devaloka Day

2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trilyayam Titau	Istanbul, Turkey
Meena Rasi: 10.25	Tithi 3	Gulika 10:56AM – 12:19PM	Uttaraproshtpada Until 6:36PM	Ganesha: Orange	Sun 16 Sutra 318
919823467	Rahu 12:19PM – 1:42PM	Yama 8:09AM – 9:32AM	Sadhya Until 6:02AM	Muruqa: Clear	Vikarin 5121
Creative Work Siddha Yoga			Taitila Until 11:27AM	Nataraja: Clear	Moon 2 - Phase 44
Until 6:36PM			Tritiya Until 12:41AM Thu	Moon – Clear	3rd Phase
Then Routine Work - Marana Yoga				Phalguna-Masi	Devaloka Day

3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visi* Karana Chaturtham Titau	Istanbul, Turkey
Meena Rasi: 22.17	Tithi 4	Gulika 9:32AM – 10:55AM	Revati Until 9:25PM	Ganesha: Orange	Sun 17 Sutra 319
919823467	Rahu 1:43PM – 3:06PM	Yama 6:44AM – 8:08AM	Subha Until 6:55AM	Muruqa: Clear	Vikarin 5121
Creative Work Siddha Yoga			Vanija Until 1:58PM	Nataraja: Clear	Moon 2 - Phase 44
Until 9:25PM			Chaturthi* Until 3:12AM Fri	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga				Phalguna-Masi	Devaloka Day

4		Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau	Istanbul, Turkey
Mesha Rasi: 4.09	Tithi 5	Gulika 8:07AM – 9:31AM	Ashvini Until 12:29AM Sat	Ganesha: Purple	Sun 18 Sutra 320
921823467	Rahu 10:55AM – 12:19PM	Yama 3:07PM – 4:31PM	Sukla Until 7:45AM	Muruqa: Clear	Vikarin 5121
Creative Work Amrita Yoga			Bava Until 4:27PM	Nataraja: Clear	Moon 2 - Phase 44
Until 12:29AM Sat			Panchami Until 5:37AM Sat	Moon – White	3rd Phase
Then Creative Work - Siddha Yoga				Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava Karana Shashtham Titau	Istanbul, Turkey
Mesha Rasi: 16.04	Tithi 6	Gulika 6:41AM – 8:05AM	Bharani Until 3:10AM Sun	Ganesha: Purple	Sun 19 Sutra 321
921823467	Rahu 9:30AM – 10:54AM	Yama 1:43PM – 3:07PM	Brahma Until 8:31AM	Muruqa: Clear	Vikarin 5121
Creative Work Siddha Yoga			Kaulava Until 6:45PM	Nataraja: Clear	Moon 2 - Phase 44
			Shashthi* Until 7:45AM Sun	Moon – White	3rd Phase
				Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Istanbul, Turkey
Mesha Rasi: 28.05	Tithi 6 – 7	Gulika 3:08PM – 4:33PM	Krittika Until 5:16AM Mon	Ganesha: Purple	Sun 20 Sutra 322
921833467	Rahu 4:33PM – 5:58PM	Yama 12:18PM – 1:43PM	Indra Until 9:05AM	Muruqa: Orange	Vikarin 5121
Creative Work Siddha Yoga			Gara Until 8:41PM	Nataraja: Clear	Moon 2 - Phase 44
Until 5:16AM Mon			Shashthi* Until 7:45AM	Moon – White	3rd Phase
Then Creative Work - Amrita Yoga				Phalguna-Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visi* Karana Saptami/Ashtamyam Titau	Istanbul, Turkey
Vrishabha Rasi: 10.17	Tithi 7 – 8	Gulika 1:43PM – 3:09PM	Rohini Until 7:04AM Tue	Ganesha: Clear	Sun 21 Sutra 323
931833467	Rahu 8:02AM – 9:27AM	Yama 10:53AM – 12:18PM	Vaidhriti* Until 9:14AM	Muruqa: Orange	Vikarin 5121
Family Home Evening			Visi Until 10:01PM	Nataraja: Clear	Moon 2 - Phase 44
Creative Work Amrita Yoga			Saptami Until 9:25AM	Moon – Yellow	Ashtami
Until 7:04AM Tue				Phalguna-Masi	Devaloka Day
Then Creative Work - Siddha Yoga					

Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Istanbul, Turkey
Vrishabha Rasi: 22.46	Tithi 8 – 9	Gulika 12:18PM – 1:43PM	Rohini Until 7:04AM	Ganesha: Clear	Sun 22 Sutra 324
931833467	Rahu 3:09PM – 4:35PM	Yama 9:26AM – 10:52AM	Vishkambha* Until 8:54AM	Muruqa: Orange	Vikarin 5121
Creative Work Amrita Yoga			Balava Until 10:36PM	Nataraja: Clear	Moon 2 - Phase 44
Until 7:04AM			Ashtami* Until 10:23AM	Moon – Yellow	Navami
Then Creative Work - Siddha Yoga				Phalguna-Masi	Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Istanbul, Turkey Sun 23 Sutra 325	
Mithuna Rasi: 5.37	Tithi 9 – 10	Gulika 10:51AM – 12:17PM	Mrigashira Until 7:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	Vikarin 5121	
		Yama 7:59AM – 9:25AM	Priti Until 7:57AM	Muruqa: Orange	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45	
931833467	Rahu 12:17PM – 1:43PM		Taitila Until 10:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 10:33AM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Istanbul, Turkey Sun 24 Sutra 326	
Mithuna Rasi: 18.54	Tithi 10 – 11	Gulika 9:24AM – 10:51AM	Ardra Until 7:47AM	Ganesha: Red	<i>Sunrise:</i> 6:32AM	Vikarin 5121	
		Yama 6:32AM – 7:58AM	Ayushman Until 6:18AM	Muruqa: Orange	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 45	
131833467	Rahu 1:44PM – 3:10PM		Vanija Until 9:09PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 9:49AM	Moon – Yellow		Devaloka Day	
Until 7:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 25 Sutra 327	
Kataka Rasi: 2.41	Tithi 11 – 12	Gulika 7:57AM – 9:24AM	Punarvasu Until 7:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	Vikarin 5121	
		Yama 3:10PM – 4:37PM	Sobhana Until 1:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45	
141833467	Rahu 10:50AM – 12:17PM		Bava Until 7:10PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:14AM	Moon – Blue		Bhuloka Day	
Until 7:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Istanbul, Turkey Sun 26 Sutra 328	
Kataka Rasi: 16.58	Tithi 13	Gulika 6:29AM – 7:56AM	Ashlesha* Until 3:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	Vikarin 5121	
		Yama 1:44PM – 3:11PM	Athiganda* Until 9:29PM	Muruqa: Orange	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 45	
141833467	Rahu 9:23AM – 10:50AM		Kaulava Until 4:29PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 2:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Istanbul, Turkey Sun 27 Sutra 329	
Simha Rasi: 1.42	Tithi 14	Gulika 3:11PM – 4:39PM	Magha* Until 12:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Vikarin 5121	
		Yama 12:16PM – 1:44PM	Sukarma Until 5:34PM	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 45	
151833467	Rahu 4:39PM – 6:06PM		Gara Until 1:15PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 11:27PM	Moon – Red		Devaloka Day	
Until 12:33AM Mon		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Istanbul, Turkey Sutra 330	
Copper Retreat Star		Gulika 1:44PM – 3:12PM	Purvaphalguni Until 9:34PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
Simha Rasi: 16.46	Tithi 15	Yama 10:48AM – 12:16PM	Dhriti Until 1:23PM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 7:53AM – 9:21AM	Visti Until 9:38AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 7:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Istanbul, Turkey Sutra 331	
Silver Retreat Star		Gulika 12:16PM – 1:44PM	Uttaraphalguni Until 6:22PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Vikarin 5121	
Kanya Rasi: 2.01	Tithi 16 – 17	Yama 9:20AM – 10:48AM	Shula* Until 9:01AM	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45	
152833467	Rahu 3:12PM – 4:40PM		Taitila Until 1:59AM Wed	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 3:53PM	Moon – Red		Sivaloka Day	
Until 6:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.17 Tithi 17 - 18

162833467

Gulika

10:47AM - 12:16PM

Yama

7:50AM - 9:19AM

Rahu

12:16PM - 1:44PM

Hasta Until 3:31PM

Vriddhi Until 12:31AM Thu

Vanija Until 10:18PM

Dvitiya Until 12:06PM

Ganesha: Clear

Sunrise: 6:22AM

Muruqa: Orange

Sunset: 6:09PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 3:31PM

Then Creative Work - Siddha Yoga

1 Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Istanbul, Turkey

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 2.25 Tithi 18 - 19

162833467

Gulika

9:18AM - 10:47AM

Yama

6:20AM - 7:49AM

Rahu

1:44PM - 3:13PM

Chitra Until 12:49PM

Dhruva Until 8:36PM

Bava Until 6:57PM

Tritiya Until 8:33AM

Ganesha: Clear

Sunrise: 6:20AM

Muruqa: Orange

Sunset: 6:10PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

2 Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.14 Tithi 20

162833467

Gulika

7:48AM - 9:17AM

Yama

3:13PM - 4:42PM

Rahu

10:46AM - 12:15PM

Svati Until 10:24AM

Vyaghata* Until 5:06PM

Kaulava Until 4:04PM

Panchami Until 2:50AM Sat

Ganesha: Clear

Sunrise: 6:19AM

Muruqa: Orange

Sunset: 6:12PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

3 Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.38 Tithi 21

172833467

Gulika

6:17AM - 7:47AM

Yama

1:44PM - 3:14PM

Rahu

9:16AM - 10:45AM

Vishakha Until 8:51AM

Harshana Until 2:08PM

Gara Until 1:49PM

Shashthi* Until 12:56AM Sun

Ganesha: Purple

Sunrise: 6:17AM

Muruqa: Orange

Sunset: 6:13PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4 Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.35 Tithi 22

172833468

Gulika

3:14PM - 4:44PM

Yama

12:15PM - 1:44PM

Rahu

4:44PM - 6:14PM

Anuradha Until 7:52AM

Vajra* Until 11:44AM

Visti Until 12:17PM

Saptami Until 11:48PM

Ganesha: Purple

Sunrise: 6:15AM

Muruqa: Orange

Sunset: 6:14PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

Until 8:13AM

Then Creative Work - Siddha Yoga

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.04 Tithi 23

172933468

Gulika

1:44PM - 3:15PM

Yama

10:44AM - 12:14PM

Rahu

7:44AM - 9:14AM

Jyeshtha* Until 7:31AM

Siddhi Until 9:58AM

Balava Until 11:33AM

Ashtami* Until 11:28PM

Ganesha: Clear

Sunrise: 6:14AM

Muruqa: Orange

Sunset: 6:15PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.08 Tithi 24

182933468

Gulika

12:14PM - 1:44PM

Yama

9:13AM - 10:44AM

Rahu

3:15PM - 4:45PM

Mula* Until 8:13AM

Vyatipata* Until 8:50AM

Taitila Until 11:36AM

Navami* Until 11:52PM

Ganesha: Purple

Sunrise: 6:12AM

Muruqa: Orange

Sunset: 6:16PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 8:13AM

Then Creative Work - Siddha Yoga

1	Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Istanbul, Turkey
	Dhanus Rasi: 24.5	Tithi 25	Sun 8	Sutra 349			
	182933468	Rahu	12:14PM – 1:45PM	Purvashadha* Until 9:29AM	Ganesha: Purple	Sunrise: 6:10AM	Vikarin 5121
	Creative Work	Amrita Yoga	Yama	7:41AM – 9:12AM	Muruga: Orange	Sunset: 6:17PM	Moon 3 - Phase 47
			Variyan Until 8:14AM	Nataraja: Purple			
			Vanija Until 12:21PM	Moon – Light Blue	Devaloka Day		
			Dashami Until 12:57AM Thu	Phalgun-Panguni			

2	Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey
	Makara Rasi: 7.16	Tithi 26	Sun 9	Sutra 340			
	182933468	Rahu	1:45PM – 3:16PM	Uttarashadha Until 11:10AM	Ganesha: Purple	Sunrise: 6:09AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama	6:09AM – 7:40AM	Muruga: Orange	Sunset: 6:17PM	Moon 3 - Phase 47
			Parigha* Until 8:07AM	Nataraja: Purple			
			Bava Until 1:42PM	Moon – Light Blue	Devaloka Day		
			Ekadashi* Until 2:32AM Fri	Phalgun-Panguni			

3	Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Istanbul, Turkey
	Makara Rasi: 19.29	Tithi 27	Sun 10	Sutra 341			
	192933468	Rahu	10:42AM – 12:13PM	Shravana Until 1:37PM	Ganesha: Clear	Sunrise: 6:07AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama	3:16PM – 4:48PM	Muruga: Orange	Sunset: 6:19PM	Moon 3 - Phase 47
			Shiva Until 8:23AM	Nataraja: Purple			
			Kaulava Until 3:30PM	Moon – Purple	Sivaloka Day		
			Dvadashi* Until 4:29AM Sat	Phalgun-Panguni			

4	Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey
	Kumbha Rasi: 1.33	Tithi 28	Sun 11	Sutra 342			
	192933468	Rahu	9:09AM – 10:41AM	Dhanishtha Until 4:12PM	Ganesha: Clear	Sunrise: 6:05AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama	1:45PM – 3:16PM	Muruga: Orange	Sunset: 6:20PM	Moon 3 - Phase 47
			Siddha Until 8:53AM	Nataraja: Purple			
			Gara Until 5:36PM	Moon – Purple	Sivaloka Day		
			Trayodashi* Until 6:42AM Sun	Phalgun-Panguni			
			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Kumbha Rasi: 13.32	Tithi 28 – 29	Sun 12	Sutra 343			
	192933468	Rahu	4:49PM – 6:21PM	Shatabhishak Until 6:48PM	Ganesha: Clear	Sunrise: 6:04AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama	12:12PM – 1:45PM	Muruga: Orange	Sunset: 6:21PM	Moon 3 - Phase 47
			Sadhya Until 9:34AM	Nataraja: Purple			
			Visti Until 7:53PM	Moon – Purple	Sivaloka Day		
			Trayodashi* Until 6:42AM	Phalgun-Panguni			

Monday, March 23, 2020	Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey
	Kumbha Rasi: 25.28	Tithi 29 – 30	Sun 13	Sutra 344			
	113933468	Rahu	7:35AM – 9:07AM	Purvaproshtapada* Until 9:51PM	Ganesha: Yellow	Sunrise: 6:02AM	Vikarin 5121
	Family Home Evening	Marana Yoga	Yama	10:40AM – 12:12PM	Muruga: Orange	Sunset: 6:22PM	Moon 3 - Phase 47
			Subha Until 10:22AM	Nataraja: Purple			
			Catuspada Until 10:17PM	Moon – Clear	Sivaloka Day		
			Chaturdashi* Until 9:03AM	Phalgun-Panguni			

Tuesday, March 24, 2020	Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey
	Meena Rasi: 7.21	Tithi 30 – 1	Sun 14	Sutra 345			
	113933468	Rahu	3:18PM – 4:51PM	Uttaraproshtapada Until 12:47AM Wed	Ganesha: Yellow	Sunrise: 6:00AM	Vikarin 5121
	Creative Work	Amrita Yoga	Yama	9:06AM – 10:39AM	Muruga: Orange	Sunset: 6:23PM	Moon 3 - Phase 47
			Sukla Until 11:12AM	Nataraja: Purple			
			Kintughna Until 12:43AM Wed	Moon – Clear	Sivaloka Day		
			Amavasya* Until 11:28AM	Chaitra-Panguni			
			Yugadhi				

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Istanbul, Turkey Sun 15 Sutra 346
Meena Rasi: 19.14	Tithi 1 – 2	Gulika 10:38AM – 12:12PM	Revati Until 3:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 7:32AM – 9:05AM	Brahma Until 12:04PM	Muruqa: Orange <i>Sunset:</i> 6:24PM	Moon 3 - Phase 48
		113933468 Rahu 12:12PM – 1:45PM	Balava Until 3:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 1:55PM	Chaitra•Panguni	Sivaloka Day
Until 3:33AM Thu					
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Istanbul, Turkey Sun 16 Sutra 347
Mesha Rasi: 1.07	Tithi 2 – 3	Gulika 9:04AM – 10:38AM	Ashvini Until 6:36AM Fri	Ganesha: Red <i>Sunrise:</i> 5:57AM	Vikarin 5121
		Yama 5:57AM – 7:31AM	Indra Until 12:55PM	Muruqa: Orange <i>Sunset:</i> 6:26PM	Moon 3 - Phase 48
		123933468 Rahu 1:45PM – 3:18PM	Taitila Until 5:33AM Fri	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 4:21PM	Chaitra•Panguni	Sivaloka Day
Until 6:36AM Fri		Chellappaswami Mahasamadhi			
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Tritiyayam Titau	Istanbul, Turkey Sun 17 Sutra 348
Mesha Rasi: 13.02	Tithi 3	Gulika 7:29AM – 9:03AM	Ashvini Until 6:36AM	Ganesha: Red <i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 3:19PM – 4:53PM	Vaidhriti* Until 1:41PM	Muruqa: Orange <i>Sunset:</i> 6:27PM	Moon 3 - Phase 48
		123933468 Rahu 10:37AM – 12:11PM	Gara Until 6:40PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:40PM	Chaitra•Panguni	Sivaloka Day
Until 6:36AM					
Then Creative Work - Siddha Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau	Istanbul, Turkey Sun 18 Sutra 349
Mesha Rasi: 24.59	Tithi 4	Gulika 5:54AM – 7:28AM	Bharani Until 9:19AM	Ganesha: Red <i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 1:45PM – 3:19PM	Vishkambha* Until 2:20PM	Muruqa: Orange <i>Sunset:</i> 6:28PM	Moon 3 - Phase 48
		123933468 Rahu 9:02AM – 10:36AM	Vanija Until 7:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:47PM	Chaitra•Panguni	Sivaloka Day
Until 9:19AM					
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Istanbul, Turkey Sun 19 Sutra 350
Wrishabha Rasi: 7.04	Tithi 5	Gulika 3:20PM – 4:54PM	Krittika Until 11:37AM	Ganesha: Red <i>Sunrise:</i> 5:52AM	Vikarin 5121
		Yama 12:10PM – 1:45PM	Priti Until 2:46PM	Muruqa: Orange <i>Sunset:</i> 6:29PM	Moon 3 - Phase 48
		123933468 Rahu 4:54PM – 6:29PM	Bava Until 9:44AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:33PM	Chaitra•Panguni	Sivaloka Day

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Istanbul, Turkey Sun 20 Sutra 351
Wrishabha Rasi: 19.17	Tithi 6	Gulika 1:45PM – 3:20PM	Rohini Until 1:50PM	Ganesha: Blue <i>Sunrise:</i> 5:50AM	Vikarin 5121
Family Home Evening		Yama 10:35AM – 12:10PM	Ayushman Until 2:50PM	Muruqa: Orange <i>Sunset:</i> 6:30PM	Moon 3 - Phase 48
		133933468 Rahu 7:25AM – 9:00AM	Kaulava Until 11:16AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 11:49PM	Chaitra•Panguni	Subha Sivaloka Day

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Istanbul, Turkey Sun 21 Sutra 352
Mithuna Rasi: 1.45	Tithi 7	Gulika 12:10PM – 1:45PM	Mrigashira Until 3:17PM	Ganesha: Blue <i>Sunrise:</i> 5:49AM	Vikarin 5121
		Yama 8:59AM – 10:34AM	Saubhagya Until 2:26PM	Muruqa: Orange <i>Sunset:</i> 6:31PM	Moon 3 - Phase 48
		133933468 Rahu 3:20PM – 4:56PM	Gara Until 12:13PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:25AM Wed	Chaitra•Panguni	Subha Sivaloka Day
Until 3:17PM					
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Istanbul, Turkey Sun 22 Sutra 353
Mithuna Rasi: 14.32	Tithi 8	Gulika 10:34AM – 12:10PM	Ardra Until 3:53PM	Ganesha: Blue <i>Sunrise:</i> 5:49AM	Vikarin 5121
		Yama 7:24AM – 8:59AM	Sobhana Until 1:29PM	Muruqa: Orange <i>Sunset:</i> 6:31PM	Moon 3 - Phase 48
		133933468 Rahu 12:10PM – 1:45PM	Visti Until 12:26PM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:14AM Thu	Chaitra•Panguni	Subha Sivaloka Day

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau	Istanbul, Turkey Sun 23 Sutra 354
Mithuna Rasi: 27.43	Tithi 9	Gulika 8:58AM – 10:34AM	Punarvasu Until 3:59PM	Ganesha: Yellow <i>Sunrise:</i> 5:47AM	Vikarin 5121
		Yama 5:47AM – 7:23AM	Athiganda* Until 11:52AM	Muruqa: Orange <i>Sunset:</i> 6:32PM	Moon 3 - Phase 48
		143933468 Rahu 1:45PM – 3:21PM	Balava Until 11:51AM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 11:13PM	Chaitra•Panguni	Sivaloka Day
		Sri Rama Navami			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey Sun 24 Sutra 355
	Kataka Rasi: 11.2	Tithi 10	Gulika 7:21AM – 8:57AM	Pushya Until 3:08PM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM	Vikarin 5121
			Yama 3:21PM – 4:57PM	Sukarma Until 9:37AM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 10:33AM – 12:09PM	Taitila Until 10:26AM	Nataraja: Purple		4th Phase
			Dashami Until 9:25PM	Moon – Blue		Sivaloka Day	
				Chaitra •Panguni			

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 25 Sutra 356
	Kataka Rasi: 25.28	Tithi 11	Gulika 5:44AM – 7:20AM	Ashlesha* Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM	Vikarin 5121
			Yama 1:45PM – 3:21PM	Dhriti Until 6:46AM	Muruqa: Orange	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 8:56AM – 10:33AM	Vanija Until 8:15AM	Nataraja: Purple		4th Phase
Until 1:24PM			Ekadashi Until 6:54PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Chaitra •Panguni			

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 357
	Simha Rasi: 10.02	Tithi 12 – 13	Gulika 3:22PM – 4:58PM	Magha* Until 11:19AM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Vikarin 5121
			Yama 12:09PM – 1:45PM	Ganda* Until 11:29PM	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	153933468 Rahu 4:58PM – 6:35PM	Kaulava Until 2:05AM Mon	Nataraja: Purple		4th Phase
Until 11:19AM			Dvadashi Until 3:47PM	Moon – Red		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaitra •Panguni			
			<i>Pradosha Vrata</i>				

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 358
	Simha Rasi: 24.59	Tithi 13 – 14	Gulika 1:45PM – 3:22PM	Purvaphalguni Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	Vikarin 5121
	Family Home Evening		Yama 10:31AM – 12:08PM	Vridhhi Until 7:21PM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 Rahu 7:17AM – 8:54AM	Gara Until 10:23PM	Nataraja: Purple		4th Phase
			Trayodashi Until 12:15PM	Moon – Red		Sivaloka Day	
				Chaitra •Panguni			

○	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:08PM – 1:45PM	Hasla Until 2:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	Vikarin 5121
	Kanya Rasi: 10.12	Tithi 14 – 15	Yama 8:53AM – 10:31AM	Dhruva Until 3:01PM	Muruqa: Orange	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
			164933468 Rahu 3:23PM – 5:00PM	Visti Until 6:31PM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Moon – Green		Devaloka Day	
		Panguni Uttiram		Chaitra •Panguni			
		Hanuman Jayanti					

○	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey Sun 29 Sutra 360
	Silver Retreat Star		Gulika 10:30AM – 12:08PM	Chitra Until 11:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Vikarin 5121
	Kanya Rasi: 25.3	Tithi 16	Yama 7:15AM – 8:52AM	Vyaghata* Until 10:40AM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
			164934468 Rahu 12:08PM – 1:45PM	Balava Until 2:39PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:45AM Thu	Moon – Green		Devaloka Day	
				Chaitra •Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey
Sutra 361

Tula Rasi: 10.43 Tithi 17

Gulika 8:52AM – 10:30AM
Yama 5:36AM – 7:14AM
164134468 **Rahu** 1:45PM – 3:23PM

Svati Until 8:39PM
Harshana Until 6:27AM
Taitila Until 10:57AM
Dvitiya Until 9:12PM

Ganesha: White *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga
Until 8:39PM
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey
Sun 1 Sutra 362

Tula Rasi: 25.42 Tithi 18

Gulika 7:12AM – 8:51AM
Yama 3:24PM – 5:02PM
174134468 **Rahu** 10:29AM – 12:07PM

Vishakha Until 6:27PM
Siddhi Until 10:54PM
Vanija Until 7:36AM
Tritiya Until 6:06PM

Ganesha: Yellow *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey
Sun 2 Sutra 363

Virchika Rasi: 10.17 Tithi 19 – 20

Gulika 5:32AM – 7:11AM
Yama 1:46PM – 3:24PM
174134468 **Rahu** 8:50AM – 10:28AM

Anuradha Until 4:43PM
Vyatipata* Until 7:51PM
Kaulava Until 2:36AM Sun
Chaturthi* Until 3:34PM

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Istanbul, Turkey
Sun 3 Sutra 364

Virchika Rasi: 24.25 Tithi 20 – 21

Gulika 3:25PM – 5:04PM
Yama 12:07PM – 1:46PM
174134468 **Rahu** 5:04PM – 6:42PM

Jyeshtha* Until 3:33PM
Varyani Until 5:23PM
Gara Until 1:12AM Mon
Panchami Until 1:47PM

Ganesha: Yellow *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga

Sivaloka Day

Until 3:33PM
Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey
Sun 4 Sutra 1

Dhanus Rasi: 8.03 Tithi 21 – 22

Family Home Evening

Gulika 1:46PM – 3:25PM
Yama 10:27AM – 12:06PM
184134468 **Rahu** 7:09AM – 8:48AM

Mula* Until 3:31PM
Parigha* Until 3:36PM
Visti Until 12:39AM Tue
Shashthi* Until 12:48PM

Ganesha: Blue *Sunrise:* 5:29AM
Muruqa: Clear *Sunset:* 6:44PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Until 3:31PM
Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey
Sun 5 Sutra 2

Dhanus Rasi: 21.13 Tithi 22 – 23

Retreat Star

Gulika 12:06PM – 1:46PM
Yama 8:47AM – 10:27AM
284134468 **Rahu** 3:25PM – 5:05PM

Purvashadha* Until 4:09PM
Shiva Until 2:30PM
Balava Until 12:57AM Wed
Saptami Until 12:41PM

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Until 4:09PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey
Sun 6 Sutra 3

Makara Rasi: 3.58 Tithi 23 – 24

Retreat Star

Gulika 10:26AM – 12:06PM
Yama 7:06AM – 8:46AM
284134468 **Rahu** 12:06PM – 1:46PM

Uttarashadha Until 5:24PM
Siddha Until 2:00PM
Taitila Until 1:59AM Thu
Ashtami* Until 1:22PM

Ganesha: Yellow *Sunrise:* 5:26AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Navami

Creative Work Amrita Yoga

Sivaloka Day

Until 5:24PM

Then Creative Work - Siddha Yoga

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Istanbul, Turkey Sun 7 Sutra 4	
Makara Rasi: 16.23	Tithi 24 – 25	Gulika 8:45AM – 10:25AM	Shravana Until 7:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:25AM	Sarvari 5122	
		Yama 5:25AM – 7:05AM	Sadhya Until 2:02PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1	
		294134468 Rahu 1:46PM – 3:26PM	Vanija Until 3:38AM Fri	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 2:44PM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam		Chaitra*Chaitra			

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Istanbul, Turkey Sun 8 Sutra 5	
Makara Rasi: 28.34	Tithi 25 – 26	Gulika 7:04AM – 8:44AM	Dhanishtha Until 10:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:23AM	Sarvari 5122	
		Yama 3:27PM – 5:07PM	Subha Until 2:30PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 1	
		294134468 Rahu 10:25AM – 12:05PM	Bava Until 5:43AM Sat	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 4:37PM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava Karana Ekadashyam Titau		Istanbul, Turkey Sun 9 Sutra 6	
Kumbha Rasi: 10.35	Tithi 26	Gulika 5:22AM – 7:03AM	Shatabhishak Until 12:46AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	Sarvari 5122	
		Yama 1:46PM – 3:27PM	Sukla Until 3:12PM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 1	
		295134468 Rahu 8:43AM – 10:24AM	Balava Until 6:51PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 6:51PM	Moon – Purple		Sivaloka Day	
				Chaitra*Chaitra			
						Until 12:46AM Sun Then Creative Work - Siddha Yoga	

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau		Istanbul, Turkey Sun 10 Sutra 7	
Kumbha Rasi: 22.3	Tithi 27	Gulika 3:27PM – 5:09PM	Purvaproshtapada* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	Sarvari 5122	
		Yama 12:05PM – 1:46PM	Brahma Until 4:04PM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 1	
		215134468 Rahu 5:09PM – 6:50PM	Kaulava Until 8:03AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 9:15PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Istanbul, Turkey Sun 11 Sutra 8	
Meena Rasi: 4.22	Tithi 28	Gulika 1:46PM – 3:28PM	Uttaraproshtapada Until 6:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	Sarvari 5122	
Family Home Evening		Yama 10:23AM – 12:05PM	Indra Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 1	
		215134468 Rahu 7:00AM – 8:42AM	Gara Until 10:30AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			
						<i>Pradosha Vrata (Fasting)</i>	

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Istanbul, Turkey Sun 12 Sutra 9	
Meena Rasi: 16.14	Tithi 29	Gulika 12:05PM – 1:46PM	Uttaraproshtapada Until 6:51AM	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM	Sarvari 5122	
		Yama 8:41AM – 10:23AM	Vaidhriti* Until 5:53PM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 1	
		215134468 Rahu 3:28PM – 5:10PM	Visti Until 12:56PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 2:06AM Wed	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			
						Until 6:51AM Then Creative Work - Siddha Yoga	

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Istanbul, Turkey Sun 13 Sutra 10	
Meena Rasi: 28.08	Tithi 30	Gulika 10:22AM – 12:04PM	Revati Until 9:35AM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM	Sarvari 5122	
		Yama 6:58AM – 8:40AM	Vishkambha* Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 1	
		215134468 Rahu 12:04PM – 1:47PM	Catuspada Until 3:17PM	Nataraja: Purple		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 4:23AM Thu	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 14 Sutra 11	
Mesha Rasi: 10.04	Tithi 1	Gulika 8:39AM – 10:22AM	Ashvini Until 12:31PM	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Sarvari 5122	
		Yama 5:14AM – 6:57AM	Priti Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 1	
		225134468 Rahu 1:47PM – 3:29PM	Kintughna Until 5:29PM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 6:29AM Fri	Moon – White		Sivaloka Day	
				Vaisaka*Chaitra			
						Until 12:31PM Then Creative Work - Siddha Yoga	

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Istanbul, Turkey Sun 15 Sutra 12	
Mesha Rasi: 22.04	Tithi 1 – 2	Gulika 6:56AM – 8:38AM	Bharani Until 3:06PM	Ganesha: Red	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
		Yama 3:30PM – 5:12PM	Ayushman Until 7:59PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 2	
225134469	Rahu 10:21AM – 12:04PM		Balava Until 7:28PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 6:29AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Istanbul, Turkey Sun 16 Sutra 13	
Vrishabha Rasi: 4.11	Tithi 2 – 3	Gulika 5:11AM – 6:55AM	Krittika Until 5:16PM	Ganesha: Red	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
		Yama 1:47PM – 3:30PM	Saubhagya Until 8:19PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 2	
225134469	Rahu 8:38AM – 10:21AM		Taitila Until 9:11PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 8:21AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Istanbul, Turkey Sun 17 Sutra 14	
Vrishabha Rasi: 16.25	Tithi 3 – 4	Gulika 3:30PM – 5:14PM	Rohini Until 7:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Sarvari 5122	
		Yama 12:04PM – 1:47PM	Sobhana Until 8:24PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 2	
235134469	Rahu 5:14PM – 6:57PM		Vanija Until 10:32PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 9:53AM	Moon – Yellow		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Istanbul, Turkey Sun 18 Sutra 15	
Vrishabha Rasi: 28.48	Tithi 4 – 5	Gulika 1:47PM – 3:31PM	Mrigashira Until 9:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Sarvari 5122	
Family Home Evening		Yama 10:20AM – 12:04PM	Athiganda* Until 8:07PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2	
235134469	Rahu 6:52AM – 8:36AM		Bava Until 11:27PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 11:02AM	Moon – Yellow		Devaloka Day	
Until 9:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Istanbul, Turkey Sun 19 Sutra 16	
Mithuna Rasi: 11.24	Tithi 5 – 6	Gulika 12:03PM – 1:47PM	Ardra Until 9:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 8:35AM – 10:19AM	Sukarma Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2	
236134469	Rahu 3:31PM – 5:15PM		Kaulava Until 11:49PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 11:41AM	Moon – Yellow		Bhuloka Day	
Until 9:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Istanbul, Turkey Sun 20 Sutra 17	
Mithuna Rasi: 24.16	Tithi 6 – 7	Gulika 10:19AM – 12:03PM	Punarvasu Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	Sarvari 5122	
		Yama 6:50AM – 8:35AM	Dhriti Until 6:19PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2	
246134469	Rahu 12:03PM – 1:48PM		Gara Until 11:34PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 11:45AM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Istanbul, Turkey Sun 21 Sutra 18	
Kataka Rasi: 7.27	Tithi 7 – 8	Gulika 8:34AM – 10:18AM	Pushya Until 10:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	Sarvari 5122	
		Yama 5:05AM – 6:49AM	Shula* Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2	
246134469	Rahu 1:48PM – 3:32PM		Visti Until 10:40PM	Nataraja: Clear		Ashtami	
Creative Work	Amrita Yoga		Saptami Until 11:11AM	Moon – Blue		Devaloka Day	
Until 10:23PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Istanbul, Turkey Sun 22 Sutra 19	
Kataka Rasi: 21	Tithi 8 – 9	Gulika 6:47AM – 8:32AM	Ashlesha* Until 9:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
		Yama 3:33PM – 5:18PM	Ganda* Until 2:27PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2	
246134469	Rahu 10:18AM – 12:03PM		Balava Until 9:06PM	Nataraja: Clear		Navami	
Routine Work	Marana Yoga		Ashtami* Until 9:57AM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau			Istanbul, Turkey Sun 23 Sutra 20
Simha Rasi: 4.56	Tithi 9 – 10	Gulika 5:01AM – 6:46AM	Magha* Until 8:06PM	Ganesha: White	<i>Sunrise:</i> 5:01AM	Sarvari 5122	
		Yama 1:48PM – 3:34PM	Vriddhi Until 11:45AM	Muruḡa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3	
		256134469 Rahu 8:32AM – 10:17AM	Taitila Until 6:55PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 8:04AM	Moon – Red		Bhuloka Day	
Until 8:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Istanbul, Turkey Sun 24 Sutra 21
Simha Rasi: 19.16	Tithi 11	Gulika 3:34PM – 5:20PM	Purvaphalguni Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 5:00AM	Sarvari 5122	
		Yama 12:03PM – 1:48PM	Dhruva Until 8:34AM	Muruḡa: Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3	
		256134469 Rahu 5:20PM – 7:06PM	Vanija Until 4:11PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 2:38AM Mon	Moon – Red		Bhuloka Day	
Until 6:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau			Istanbul, Turkey Sun 25 Sutra 22
Kanya Rasi: 3.57	Tithi 12	Gulika 1:49PM – 3:35PM	Uttaraphalguni Until 3:36PM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Sarvari 5122	
Family Home Evening		Yama 10:17AM – 12:03PM	Harshana Until 1:10AM Tue	Muruḡa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3	
		256234469 Rahu 6:44AM – 8:30AM	Bava Until 1:02PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvodashi Until 11:20PM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Istanbul, Turkey Sun 26 Sutra 23
Kanya Rasi: 18.53	Tithi 13	Gulika 12:02PM – 1:49PM	Hasta Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sarvari 5122	
		Yama 8:30AM – 10:16AM	Vajra* Until 9:09PM	Muruḡa: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3	
		267234469 Rahu 3:35PM – 5:21PM	Kaulava Until 9:36AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 7:48PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			
						<i>Pradosha Vrata</i>	

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau			Istanbul, Turkey Sun 27 Sutra 24
Tula Rasi: 3.56	Tithi 14 – 15	Gulika 10:16AM – 12:02PM	Chitra Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	Sarvari 5122	
		Yama 6:43AM – 8:29AM	Siddhi Until 5:06PM	Muruḡa: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 3	
		267234469 Rahu 12:02PM – 1:49PM	Gara Until 6:02AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:14PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Istanbul, Turkey Sun 28 Sutra 25
Tula Rasi: 18.59	Tithi 15 – 16	Gulika 8:29AM – 10:15AM	Svati Until 7:28AM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Sarvari 5122	
		Yama 4:55AM – 6:42AM	Vyatipata* Until 1:09PM	Muruḡa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3	
		267234469 Rahu 1:49PM – 3:36PM	Balava Until 11:07PM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 12:45PM	Moon – Green		Devaloka Day	
Until 7:28AM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Istanbul, Turkey Sun 29 Sutra 26
Vrischika Rasi: 3.52	Tithi 16 – 17	Gulika 6:41AM – 8:28AM	Anuradha Until 3:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Sarvari 5122	
		Yama 3:37PM – 5:24PM	Variyan Until 9:25AM	Muruḡa: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 3	
		277234469 Rahu 10:15AM – 12:02PM	Taitila Until 8:07PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:33AM	Moon – Orange		Bhuloka Day	
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda