



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 29.02 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Gulika 3:07PM – 4:33PM
Yama 12:16PM – 1:42PM
Rahu 4:33PM – 5:58PM
Vishakha Until 1:28PM
Vyatipata* Until 11:59PM
Vanija Until 8:23PM
Dvitiya Until 9:01AM

Ganesha: Blue *Sunrise:* 6:35AM
Muruqa: Yellow *Sunset:* 5:58PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Gaborone, Botswana
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 12.38 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Gulika 1:42PM – 3:07PM
Yama 10:51AM – 12:16PM
Rahu 8:00AM – 9:26AM
Anuradha Until 1:13PM
Variyan Until 10:23PM
Bava Until 7:39PM
Tritiya Until 7:54AM

Ganesha: Blue *Sunrise:* 6:35AM
Muruqa: Yellow *Sunset:* 5:57PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Gaborone, Botswana
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 25.49 Tithi 19 – 20

Routine Work Marana Yoga

Until 1:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:16PM – 1:41PM
Yama 9:26AM – 10:51AM
Rahu 3:06PM – 4:31PM
Jyeshtha* Until 1:35PM
Parigha* Until 9:27PM
Kaulava Until 7:43PM
Chaturthi* Until 7:33AM

Ganesha: Blue *Sunrise:* 6:35AM
Muruqa: Yellow *Sunset:* 5:57PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Gaborone, Botswana
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 8.35 Tithi 20 – 21

Routine Work Marana Yoga

Until 3:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:51AM – 12:16PM
Yama 8:01AM – 9:26AM
Rahu 12:16PM – 1:41PM
Mula* Until 3:04PM
Shiva Until 9:09PM
Gara Until 8:36PM
Panchami Until 8:02AM

Ganesha: Yellow *Sunrise:* 6:36AM
Muruqa: Yellow *Sunset:* 5:56PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Gaborone, Botswana
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 21 Tithi 21 – 22

Creative Work Siddha Yoga

Until 5:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:26AM – 10:51AM
Yama 6:36AM – 8:01AM
Rahu 1:41PM – 3:05PM
Purvashadha* Until 5:08PM
Siddha Until 9:23PM
Visti Until 10:12PM
Shashthi* Until 9:18AM

Ganesha: Yellow *Sunrise:* 6:36AM
Muruqa: Yellow *Sunset:* 5:55PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Gaborone, Botswana
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Retreat Star

Makara Rasi: 3.08 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:01AM – 9:26AM
Yama 3:05PM – 4:30PM
Rahu 10:51AM – 12:16PM
Uttarashadha Until 7:35PM
Sadhya Until 10:04PM
Balava Until 12:22AM Sat
Saptami Until 11:13AM

Ganesha: Red *Sunrise:* 6:37AM
Muruqa: Yellow *Sunset:* 5:54PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Gaborone, Botswana
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 15.04 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:37AM – 8:02AM
Yama 1:40PM – 3:04PM
Rahu 9:26AM – 10:51AM
Shravana Until 10:44PM
Subha Until 11:01PM
Taitila Until 2:51AM Sun
Ashtami* Until 1:34PM

Ganesha: Green *Sunrise:* 6:37AM
Muruqa: Yellow *Sunset:* 5:53PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Gaborone, Botswana
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Gaborone, Botswana Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 26.54	Tithi 24 – 25	Gulika 3:04PM – 4:28PM	Dhanishtha Until 1:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:38AM	
		Yama 12:15PM – 1:40PM	Sukla Until 12:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 5:53PM	Moon 4 - Phase 3
		294583469 Rahu 4:28PM – 5:53PM	Vanija Until 5:24AM Mon	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 4:06PM	Moon – Purple		Bhuloka Day
Until 1:48AM Mon				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti* Karana Dashamyam Titau				Gaborone, Botswana Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 8.44	Tithi 25	Gulika 1:39PM – 3:04PM	Shatabhishak Until 4:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:38AM	
Family Home Evening		Yama 10:51AM – 12:15PM	Brahma Until 12:57AM Tue	Muruqa: Yellow	<i>Sunset:</i> 5:52PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 8:02AM – 9:27AM	Visti Until 6:36PM	Nataraja: Clear		2nd Phase
Until 4:34AM Tue			Dashami Until 6:36PM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Gaborone, Botswana Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 20.37	Tithi 26	Gulika 12:15PM – 1:39PM	Purvaproshtapada* Until 7:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	
		Yama 9:27AM – 10:51AM	Indra Until 1:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 5:51PM	Moon 4 - Phase 3
		214583469 Rahu 3:03PM – 4:27PM	Bava Until 7:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 8:49PM	Moon – Clear		Bhuloka Day
Until 7:21AM Wed				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Gaborone, Botswana Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 2.38	Tithi 27	Gulika 10:51AM – 12:15PM	Purvaproshtapada* Until 7:21AM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	
		Yama 8:03AM – 9:27AM	Vaidhriti* Until 1:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:51PM	Moon 4 - Phase 3
		214583469 Rahu 12:15PM – 1:39PM	Kaulava Until 9:47AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 10:36PM	Moon – Clear		Bhuloka Day
Until 7:21AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Gaborone, Botswana Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 14.5	Tithi 28	Gulika 9:27AM – 10:51AM	Uttaraproshtapada Until 9:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:40AM	
		Yama 6:40AM – 8:03AM	Vishkambha* Until 1:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 5:50PM	Moon 4 - Phase 3
		215583469 Rahu 1:38PM – 3:02PM	Gara Until 11:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:52PM	Moon – Clear		Bhuloka Day
Until 11:01AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Pradosha Vrata (Fasting)

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Gaborone, Botswana Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 27.17	Tithi 29	Gulika 8:04AM – 9:27AM	Revati Until 11:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:40AM	
		Yama 3:02PM – 4:25PM	Priti Until 1:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 3
		215583469 Rahu 10:51AM – 12:15PM	Visti Until 12:19PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:36AM Sat	Moon – Clear		Bhuloka Day
Until 11:01AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Gaborone, Botswana Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 9.57	Tithi 30	Gulika 6:40AM – 8:04AM	Ashvini Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:40AM	
		Yama 1:38PM – 3:01PM	Ayushman Until 12:34AM Sun	Muruqa: Yellow	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 3
		225583469 Rahu 9:27AM – 10:51AM	Catuspada Until 12:47PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 12:47AM Sun	Moon – White		Bhuloka Day
Until 11:01AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Gaborone, Botswana Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 22.53	Tithi 1	Gulika 3:01PM – 4:24PM	Bharani Until 12:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	
		Yama 12:14PM – 1:38PM	Saubhagya Until 11:18PM	Muruqa: Yellow	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 3
		225583469 Rahu 4:24PM – 5:48PM	Kintughna Until 12:43PM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 12:30AM Mon	Moon – White		Bhuloka Day
Until 12:55PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Gaborone, Botswana Sun 15 Sutra 22 Vikarin 5121
1		Gulika 1:38PM – 3:01PM	Krittika Until 12:58PM	Ganesha: Purple <i>Sunrise: 6:41AM</i>
Vrishabha Rasi: 6.02	Tithi 2	Yama 10:51AM – 12:14PM	Sobhana Until 9:43PM	Muruqa: Yellow <i>Sunset: 5:47PM</i>
Family Home Evening	225583469	Rahu 8:05AM – 9:28AM	Balava Until 12:13PM	Nataraja: Clear
Routine Work Marana Yoga			Dvitiya Until 11:49PM	Moon – White
Until 12:58PM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Gaborone, Botswana Sun 16 Sutra 23 Vikarin 5121
2		Gulika 12:14PM – 1:37PM	Rohini Until 12:56PM	Ganesha: Light Blue <i>Sunrise: 6:42AM</i>
Vrishabha Rasi: 19.25	Tithi 3	Yama 9:28AM – 10:51AM	Athiganda* Until 7:50PM	Muruqa: Yellow <i>Sunset: 5:47PM</i>
235583469		Rahu 3:00PM – 4:23PM	Taitila Until 11:21AM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Yellow
Until 12:56PM		Akshaya Tritiya	Tritiya Until 10:46PM	Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Gaborone, Botswana Sun 17 Sutra 24 Vikarin 5121
3		Gulika 10:51AM – 12:14PM	Mrigashira Until 12:27PM	Ganesha: Light Blue <i>Sunrise: 6:42AM</i>
Mithuna Rasi: 2.59	Tithi 4	Yama 8:05AM – 9:28AM	Sukarma Until 5:44PM	Muruqa: Yellow <i>Sunset: 5:46PM</i>
235583469		Rahu 12:14PM – 1:37PM	Vanija Until 10:10AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Yellow
			Chaturthi* Until 9:27PM	Bhuloka Day
				Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Gaborone, Botswana Sun 18 Sutra 25 Vikarin 5121
4		Gulika 9:29AM – 10:51AM	Ardra Until 11:35AM	Ganesha: Light Blue <i>Sunrise: 6:43AM</i>
Mithuna Rasi: 16.41	Tithi 5	Yama 6:43AM – 8:06AM	Dhriti Until 3:28PM	Muruqa: Yellow <i>Sunset: 5:45PM</i>
235583469		Rahu 1:37PM – 3:00PM	Bava Until 8:43AM	Nataraja: Clear
Routine Work Marana Yoga				Moon – Yellow
Until 11:35AM			Panchami Until 7:54PM	Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Gaborone, Botswana Sun 19 Sutra 26 Vikarin 5121
5		Gulika 8:06AM – 9:29AM	Punarvasu Until 10:48AM	Ganesha: Orange <i>Sunrise: 6:43AM</i>
Kataka Rasi: 0.32	Tithi 6	Yama 2:59PM – 4:22PM	Shula* Until 12:59PM	Muruqa: Yellow <i>Sunset: 5:45PM</i>
245583469		Rahu 10:51AM – 12:14PM	Kaulava Until 7:04AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 10:48AM			Shashthi* Until 6:09PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Gaborone, Botswana Sun 20 Sutra 27 Vikarin 5121
6		Gulika 6:44AM – 8:06AM	Pushya Until 9:40AM	Ganesha: Orange <i>Sunrise: 6:44AM</i>
Kataka Rasi: 14.31	Tithi 7 – 8	Yama 1:37PM – 2:59PM	Ganda* Until 10:22AM	Muruqa: Yellow <i>Sunset: 5:44PM</i>
245583469		Rahu 9:29AM – 10:51AM	Visti Until 3:11AM Sun	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 9:40AM			Saptami Until 4:12PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Gaborone, Botswana Sun 21 Sutra 28 Vikarin 5121
Retreat Star		Gulika 2:59PM – 4:21PM	Ashlesha* Until 8:14AM	Ganesha: Clear <i>Sunrise: 6:44AM</i>
Kataka Rasi: 28.35	Tithi 8 – 9	Yama 12:14PM – 1:36PM	Vridhhi Until 7:38AM	Muruqa: Yellow <i>Sunset: 5:44PM</i>
246583469		Rahu 4:21PM – 5:44PM	Balava Until 1:00AM Mon	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 8:14AM		Mother's Day	Ashtami* Until 2:05PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Gaborone, Botswana Sun 22 Sutra 29 Vikarin 5121
Retreat Star		Gulika 1:36PM – 2:59PM	Magha* Until 6:55AM	Ganesha: White <i>Sunrise: 6:45AM</i>
Simha Rasi: 12.46	Tithi 9 – 10	Yama 10:52AM – 12:14PM	Vyaghata* Until 1:46AM Tue	Muruqa: Yellow <i>Sunset: 5:43PM</i>
256583469		Rahu 8:07AM – 9:29AM	Taitila Until 10:41PM	Nataraja: Clear
Family Home Evening				Moon – Red
Routine Work Marana Yoga			Navami* Until 11:50AM	Bhuloka Day
Until 6:55AM				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra

1		Tuesday, May 14, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Gaborone, Botswana Sun 23 Sutra 30
Simha Rasi: 27.02	Tithi 10 – 11	Gulika 12:14PM – 1:36PM	Uttaraphalguni Until 3:37AM Wed	Ganesha: White	<i>Sunrise:</i> 6:45AM	Vikarin 5121	
		Yama 9:30AM – 10:52AM	Harshana Until 10:45PM	Muruqa: Yellow	<i>Sunset:</i> 5:43PM	Moon 4 - Phase 5	
		266583469 Rahu 2:58PM – 4:21PM	Vanija Until 8:19PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:29AM	Moon – Red	Bhuloka Day		
Until 3:37AM Wed				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga							

2		Wednesday, May 15, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau	Gaborone, Botswana Sun 24 Sutra 31
Kanya Rasi: 11.19	Tithi 11 – 12	Gulika 10:52AM – 12:14PM	Hasta Until 2:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 8:08AM – 9:30AM	Vajra* Until 7:44PM	Muruqa: Yellow	<i>Sunset:</i> 5:42PM	Moon 4 - Phase 5	
		266583469 Rahu 12:14PM – 1:36PM	Balava Until 4:45AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 7:06AM	Moon – Green	Devaloka Day		
Until 2:11AM Thu				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

3		Thursday, May 16, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Gaborone, Botswana Sun 25 Sutra 32
Kanya Rasi: 25.35	Tithi 13	Gulika 9:30AM – 10:52AM	Chitra Until 12:45AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 6:46AM – 8:08AM	Siddhi Until 4:49PM	Muruqa: Yellow	<i>Sunset:</i> 5:42PM	Moon 4 - Phase 5	
		266583469 Rahu 1:36PM – 2:58PM	Kaulava Until 3:39PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:34AM Fri	Moon – Green	Devaloka Day		
				Vaisaka-Vaikasi			
				<i>Pradosha Vrata</i>			

4		Friday, May 17, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau	Gaborone, Botswana Sun 26 Sutra 33
Tula Rasi: 9.44	Tithi 14	Gulika 8:09AM – 9:30AM	Svati Until 11:26PM	Ganesha: Yellow	<i>Sunrise:</i> 6:47AM	Vikarin 5121	
		Yama 2:58PM – 4:20PM	Vyatipata* Until 2:05PM	Muruqa: Yellow	<i>Sunset:</i> 5:41PM	Moon 4 - Phase 5	
		266583469 Rahu 10:52AM – 12:14PM	Gara Until 1:35PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:39AM Sat	Moon – Green	Devaloka Day		
				Vaisaka-Vaikasi			

		Saturday, May 18, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau	Gaborone, Botswana Sun 27 Sutra 34
Copper Retreat Star		Gulika 6:47AM – 8:09AM	Vishakha Until 10:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Vikarin 5121	
Tula Rasi: 23.42	Tithi 15	Yama 1:36PM – 2:57PM	Variyan Until 11:37AM	Muruqa: Yellow	<i>Sunset:</i> 5:41PM	Moon 4 - Phase 5	
		276583469 Rahu 9:31AM – 10:52AM	Visti Until 11:52AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 11:09PM	Moon – Orange	Bhuloka Day		
				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM		

0		Sunday, May 19, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau	Gaborone, Botswana Sun 28 Sutra 35
Silver Retreat Star		Gulika 2:57PM – 4:19PM	Anuradha Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:48AM	Vikarin 5121	
Vrischika Rasi: 7.23	Tithi 16	Yama 12:14PM – 1:36PM	Parigha* Until 9:32AM	Muruqa: Yellow	<i>Sunset:</i> 5:41PM	Moon 4 - Phase 5	
		277583469 Rahu 4:19PM – 5:41PM	Balava Until 10:36AM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 10:10PM	Moon – Orange	Devaloka Day		
				Vaisaka-Vaikasi			



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.46 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:36PM – 2:57PM
Yama 10:53AM – 12:14PM
Rahu 8:10AM – 9:31AM

Jyeshtha* Until 10:47PM
Shiva Until 7:56AM
Taitila Until 9:56AM
Dvitiya Until 9:49PM

Ganesha: Yellow *Sunrise:* 6:48AM
Muruqa: Yellow *Sunset:* 5:40PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

Gaborone, Botswana
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.47 Tithi 18
Creative Work Amrita Yoga
Until 11:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:14PM – 1:36PM
Yama 9:31AM – 10:53AM
Rahu 2:57PM – 4:18PM

Mula* Until 11:59PM
Siddha Until 6:50AM
Vanija Until 9:55AM
Tritiya Until 10:10PM

Ganesha: Red *Sunrise:* 6:49AM
Muruqa: Yellow *Sunset:* 5:40PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Gaborone, Botswana
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.28 Tithi 19
Creative Work Amrita Yoga
Until 1:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:53AM – 12:14PM
Yama 8:10AM – 9:32AM
Rahu 12:14PM – 1:36PM

Purvashadha* Until 1:43AM Thu
Sadhya Until 6:18AM
Bava Until 10:37AM
Chaturthi* Until 11:12PM

Ganesha: Red *Sunrise:* 6:49AM
Muruqa: Yellow *Sunset:* 5:39PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Gaborone, Botswana
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

3

Thursday, May 23, 2019

Dhanus Rasi: 28.5 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 9:32AM – 10:53AM
Yama 6:50AM – 8:11AM
Rahu 1:36PM – 2:57PM

Uttarashadha Until 3:52AM Fri
Subha Until 6:19AM
Kaulava Until 11:59AM
Panchami Until 12:51AM Fri

Ganesha: Red *Sunrise:* 6:50AM
Muruqa: Yellow *Sunset:* 5:39PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Gaborone, Botswana
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

4

Friday, May 24, 2019

Makara Rasi: 10.58 Tithi 21
Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:11AM – 9:32AM
Yama 2:57PM – 4:18PM
Rahu 10:53AM – 12:14PM

Shravana Until 6:47AM Sat
Sukla Until 6:45AM
Gara Until 1:54PM
Shashthi* Until 2:59AM Sat

Ganesha: Green *Sunrise:* 6:50AM
Muruqa: Yellow *Sunset:* 5:39PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

Gaborone, Botswana
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

5

Saturday, May 25, 2019

Makara Rasi: 22.56 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:51AM – 8:12AM
Yama 1:36PM – 2:57PM
Rahu 9:33AM – 10:54AM

Shravana Until 6:47AM
Brahma Until 7:31AM
Visti Until 4:11PM
Saptami Until 5:22AM Sun

Ganesha: Green *Sunrise:* 6:51AM
Muruqa: Yellow *Sunset:* 5:39PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

Gaborone, Botswana
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 4.49 Tithi 23
Routine Work Marana Yoga
Until 9:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Indra/Vaidhriti* Yoga Balava Karana Ashtamyam Titau

Gulika 2:56PM – 4:17PM
Yama 12:15PM – 1:36PM
Rahu 4:17PM – 5:38PM

Dhanishtha Until 9:44AM
Indra Until 8:29AM
Balava Until 6:37PM
Ashtami* Until 7:47AM Mon

Ganesha: Blue *Sunrise:* 6:51AM
Muruqa: Yellow *Sunset:* 5:38PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Gaborone, Botswana
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 16.4 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 12:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shalabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:36PM – 2:56PM
Yama 10:54AM – 12:15PM
Rahu 8:12AM – 9:33AM

Shatabhishak Until 12:32PM
Vaidhriti* Until 9:25AM
Taitila Until 8:57PM
Ashtami* Until 7:47AM

Ganesha: Blue *Sunrise:* 6:52AM
Muruqa: Yellow *Sunset:* 5:38PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Gaborone, Botswana
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Gaborone, Botswana Sun 9	Sutra 44
Kumbha Rasi: 28.36	Tithi 24 – 25	Gulika	12:15PM – 1:36PM	Purvaproshtapada* Until 3:26PM	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	Vikarin 5121	
		Yama	9:33AM – 10:54AM	Vishkambha* Until 10:12AM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 7	
		318683469 Rahu	2:56PM – 4:17PM	Vanija Until 11:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 10:00AM	Moon – Clear		Sivaloka Day	
Until 3:26PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Gaborone, Botswana Sun 10	Sutra 45
Meena Rasi: 10.4	Tithi 25 – 26	Gulika	10:54AM – 12:15PM	Uttaraproshtapada Until 5:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	Vikarin 5121	
		Yama	8:13AM – 9:34AM	Priti Until 10:43AM	Muruqa: Yellow	<i>Sunset:</i> 5:38PM	Moon 5 - Phase 7	
		318683469 Rahu	12:15PM – 1:36PM	Bava Until 12:34AM Thu	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 11:50AM	Moon – Clear		Sivaloka Day	
Until 5:45PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Gaborone, Botswana Sun 11	Sutra 46
Meena Rasi: 22.57	Tithi 26 – 27	Gulika	9:34AM – 10:55AM	Revati Until 7:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
		Yama	6:53AM – 8:14AM	Ayushman Until 10:47AM	Muruqa: Yellow	<i>Sunset:</i> 5:37PM	Moon 5 - Phase 7	
		318683469 Rahu	1:36PM – 2:56PM	Kaulava Until 1:33AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 1:07PM	Moon – Clear		Sivaloka Day	
Until 7:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Gaborone, Botswana Sun 12	Sutra 47
Mesha Rasi: 5.29	Tithi 27 – 28	Gulika	8:14AM – 9:34AM	Ashvini Until 8:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
		Yama	2:56PM – 4:17PM	Saubhagya Until 10:23AM	Muruqa: Yellow	<i>Sunset:</i> 5:37PM	Moon 5 - Phase 7	
		328683469 Rahu	10:55AM – 12:15PM	Gara Until 1:54AM Sat	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 1:47PM	Moon – White		Devaloka Day	
Until 8:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Gaborone, Botswana Sun 13	Sutra 48
Mesha Rasi: 18.2	Tithi 28 – 29	Gulika	6:54AM – 8:14AM	Bharani Until 9:14PM	Ganesha: White	<i>Sunrise:</i> 6:54AM	Vikarin 5121	
		Yama	1:36PM – 2:56PM	Sobhana Until 9:30AM	Muruqa: Yellow	<i>Sunset:</i> 5:37PM	Moon 5 - Phase 7	
		329683469 Rahu	9:35AM – 10:55AM	Visti Until 1:37AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 1:49PM	Moon – White		Bhuloka Day	
Until 9:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Gaborone, Botswana Sun 14	Sutra 49
Vrishabha Rasi: 1.3	Tithi 29 – 30	Gulika	2:56PM – 4:17PM	Krittika Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 6:54AM	Vikarin 5121	
		Yama	12:16PM – 1:36PM	Athiganda* Until 8:05AM	Muruqa: Yellow	<i>Sunset:</i> 5:37PM	Moon 5 - Phase 7	
		329683469 Rahu	4:17PM – 5:37PM	Catuspada Until 12:44AM Mon	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:14PM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Monday, June 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Gaborone, Botswana Sun 15	Sutra 50
Vrishabha Rasi: 14.58	Tithi 30 – 1	Gulika	1:36PM – 2:56PM	Rohini Until 8:37PM	Ganesha: Green	<i>Sunrise:</i> 6:55AM	Vikarin 5121	
Family Home Evening		Yama	10:56AM – 12:16PM	Sukarma Until 6:14AM	Muruqa: Yellow	<i>Sunset:</i> 5:37PM	Moon 5 - Phase 7	
		339683469 Rahu	8:15AM – 9:35AM	Kintughna Until 11:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Amavasya* Until 12:05PM	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Gaborone, Botswana Sun 16 Sutra 51 Vikarin 5121
Vrishabha Rasi: 28.44	Tithi 1 – 2	Gulika 12:16PM – 1:36PM	Mrigashira Until 7:39PM	Ganesha: Green <i>Sunrise:</i> 6:55AM	
		Yama 9:36AM – 10:56AM	Shula* Until 1:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:37PM	Moon 5 - Phase 8
339683469	Rahu 2:56PM – 4:17PM		Balava Until 9:35PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Prathama* Until 10:30AM	Moon – Yellow	
Until 7:39PM				Jyeshtha-Vaikasi	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Gaborone, Botswana Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 12.43	Tithi 2 – 3	Gulika 10:56AM – 12:16PM	Ardra Until 6:14PM	Ganesha: Green <i>Sunrise:</i> 6:56AM	
		Yama 8:16AM – 9:36AM	Ganda* Until 10:42PM	Muruqa: Yellow <i>Sunset:</i> 5:37PM	Moon 5 - Phase 8
339683461	Rahu 12:16PM – 1:36PM		Taitila Until 7:31PM	Nataraja: Yellow	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 8:34AM	Moon – Yellow	
				Jyeshtha-Vaikasi	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Visiti* Karana Tritiya/Chaturthyam Titau	Gaborone, Botswana Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 26.51	Tithi 3 – 4	Gulika 9:36AM – 10:56AM	Punarvasu Until 4:55PM	Ganesha: White <i>Sunrise:</i> 6:56AM	
		Yama 6:56AM – 8:16AM	Vridhi Until 7:48PM	Muruqa: Yellow <i>Sunset:</i> 5:37PM	Moon 5 - Phase 8
349683461	Rahu 1:36PM – 2:56PM		Visti Until 4:04AM Fri	Nataraja: Yellow	3rd Phase
Creative Work Amrita Yoga			Tritiya Until 6:23AM	Moon – Blue	
				Jyeshtha-Vaikasi	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Gaborone, Botswana Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 11.05	Tithi 5	Gulika 8:16AM – 9:36AM	Pushya Until 3:21PM	Ganesha: White <i>Sunrise:</i> 6:56AM	
		Yama 2:57PM – 4:17PM	Dhruva Until 4:49PM	Muruqa: Yellow <i>Sunset:</i> 5:37PM	Moon 5 - Phase 8
349683461	Rahu 10:56AM – 12:17PM		Bava Until 2:54PM	Nataraja: Yellow	3rd Phase
Routine Work Marana Yoga			Panchami Until 1:42AM Sat	Moon – Blue	
				Jyeshtha-Vaikasi	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Gaborone, Botswana Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 25.22	Tithi 6	Gulika 6:57AM – 8:17AM	Ashlesha* Until 1:38PM	Ganesha: White <i>Sunrise:</i> 6:57AM	
		Yama 1:37PM – 2:57PM	Vyaghata* Until 1:50PM	Muruqa: Yellow <i>Sunset:</i> 5:37PM	Moon 5 - Phase 8
349683461	Rahu 9:37AM – 10:57AM		Kaulava Until 12:32PM	Nataraja: Yellow	3rd Phase
Routine Work Marana Yoga			Shashthi* Until 11:20PM	Moon – Blue	
Until 1:38PM				Jyeshtha-Vaikasi	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Gaborone, Botswana Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 9.37	Tithi 7	Gulika 2:57PM – 4:17PM	Magha* Until 12:14PM	Ganesha: Yellow <i>Sunrise:</i> 6:57AM	
		Yama 12:17PM – 1:37PM	Harshana Until 10:53AM	Muruqa: Yellow <i>Sunset:</i> 5:37PM	Moon 5 - Phase 8
351683461	Rahu 4:17PM – 5:37PM		Gara Until 10:12AM	Nataraja: Yellow	3rd Phase
Routine Work Marana Yoga			Saptami Until 9:03PM	Moon – Red	
Until 12:14PM				Jyeshtha-Vaikasi	Devaloka Day
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Gaborone, Botswana Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 23.49	Tithi 8	Gulika 1:37PM – 2:57PM	Purvaphalguni Until 10:48AM	Ganesha: Yellow <i>Sunrise:</i> 6:58AM	
Family Home Evening		Yama 10:57AM – 12:17PM	Vajra* Until 8:00AM	Muruqa: Yellow <i>Sunset:</i> 5:37PM	Moon 5 - Phase 8
351683461	Rahu 8:17AM – 9:37AM		Visti Until 7:58AM	Nataraja: Yellow	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 6:52PM	Moon – Red	
				Jyeshtha-Vaikasi	Devaloka Day


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Gaborone, Botswana Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 7.56	Tithi 9 – 10	Gulika 12:17PM – 1:37PM	Uttaraphalguni Until 9:21AM	Ganesha: Yellow <i>Sunrise:</i> 6:58AM	
		Yama 9:38AM – 10:57AM	Vyatipata* Until 2:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:37PM	Moon 5 - Phase 8
351683461	Rahu 2:57PM – 4:17PM		Taitila Until 3:53AM Wed	Nataraja: Yellow	Navami
Creative Work Amrita Yoga			Navami* Until 4:49PM	Moon – Red	
Until 9:21AM				Jyeshtha-Vaikasi	Devaloka Day
Then Creative Work - Siddha Yoga					

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Gaborone, Botswana Sun 24 Sutra 59	
Kanya Rasi: 21.58	Tithi 10 – 11	Gulika	10:58AM – 12:18PM	Hasta Until 8:21AM	Ganesha: White <i>Sunrise: 6:58AM</i>		Vikarin 5121
		Yama	8:18AM – 9:38AM	Variyan Until 12:07AM Thu	Muruqa: Yellow <i>Sunset: 5:37PM</i>		Moon 5 - Phase 9
		361683461 Rahu	12:18PM – 1:37PM	Vanija Until 2:08AM Thu	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga			Dashami Until 2:58PM	Jyeshtha-Vaikasi	Bhuloka Day	
Until 8:21AM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Gaborone, Botswana Sun 25 Sutra 60	
Tula Rasi: 5.5	Tithi 11 – 12	Gulika	9:38AM – 10:58AM	Chitra Until 7:25AM	Ganesha: White <i>Sunrise: 6:59AM</i>		Vikarin 5121
		Yama	6:59AM – 8:18AM	Parigha* Until 9:51PM	Muruqa: Yellow <i>Sunset: 5:37PM</i>		Moon 5 - Phase 9
		361683461 Rahu	1:37PM – 2:57PM	Bava Until 12:39AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 1:20PM	Jyeshtha-Vaikasi	Bhuloka Day	
Until 7:25AM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Gaborone, Botswana Sun 26 Sutra 61	
Tula Rasi: 19.33	Tithi 12 – 13	Gulika	8:19AM – 9:38AM	Svati Until 6:37AM	Ganesha: White <i>Sunrise: 6:59AM</i>		Vikarin 5121
		Yama	2:57PM – 4:17PM	Shiva Until 7:52PM	Muruqa: Blue <i>Sunset: 5:37PM</i>		Moon 5 - Phase 9
		361693461 Rahu	10:58AM – 12:18PM	Kaulava Until 11:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 12:00PM	Jyeshtha-Vaikasi	Devaloka Day	
		Vaikasi Visakam					
				<i>Pradosha Vrata</i>			

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Gaborone, Botswana Sun 27 Sutra 62	
Vrischika Rasi: 3.04	Tithi 13 – 14	Gulika	6:59AM – 8:19AM	Vishakha Until 6:27AM	Ganesha: White <i>Sunrise: 6:59AM</i>		Vikarin 5121
		Yama	1:38PM – 2:58PM	Siddha Until 6:09PM	Muruqa: Blue <i>Sunset: 5:37PM</i>		Moon 5 - Phase 9
		371793461 Rahu	9:39AM – 10:58AM	Gara Until 10:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 11:01AM	Jyeshtha-Ani	Subha Sivaloka Day	

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Gaborone, Botswana Sutra 63	
Copper Retreat Star		Gulika	2:58PM – 4:17PM	Anuradha Until 6:33AM	Ganesha: White <i>Sunrise: 7:00AM</i>		Vikarin 5121
Vrischika Rasi: 16.21	Tithi 14 – 15	Yama	12:18PM – 1:38PM	Sadhya Until 4:49PM	Muruqa: Blue <i>Sunset: 5:37PM</i>		Moon 5 - Phase 9
		371793461 Rahu	4:17PM – 5:37PM	Visti Until 10:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga			Chaturdashi* Until 10:29AM	Jyeshtha-Ani	Subha Sivaloka Day	
		Father's Day					

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Gaborone, Botswana Sutra 64	
Vrischika Rasi: 29.22	Tithi 15 – 16	Gulika	1:38PM – 2:58PM	Jyeshtha* Until 6:59AM	Ganesha: White <i>Sunrise: 7:00AM</i>		Vikarin 5121
Family Home Evening		Yama	10:59AM – 12:19PM	Subha Until 3:55PM	Muruqa: Blue <i>Sunset: 5:37PM</i>		Moon 5 - Phase 9
		371793461 Rahu	8:19AM – 9:39AM	Balava Until 10:39PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga			Purnima* Until 10:27AM	Jyeshtha-Ani	Subha Sivaloka Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha/Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gaborone, Botswana
Sutra 66

Dhanus Rasi: 12.08 Tithi 16 - 17

381793461

Gulika 12:19PM - 1:38PM
Yama 9:39AM - 10:59AM
Rahu 2:58PM - 4:18PM

Mula* Until 8:16AM
Sukla Until 3:26PM
Taitila Until 11:28PM
Prathama* Until 10:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 7:00AM
Sunset: 5:38PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Gaborone, Botswana
Sun 1 Sutra 66

Dhanus Rasi: 24.37 Tithi 17 - 18

382793461

Gulika 10:59AM - 12:19PM
Yama 8:20AM - 9:40AM
Rahu 12:19PM - 1:39PM

Purvashadha* Until 9:57AM
Brahma Until 3:24PM
Vanija Until 12:49AM Thu
Dvitiya Until 12:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 7:00AM
Sunset: 5:38PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Trilya/Chatrthyam Titau

Gaborone, Botswana
Sun 2 Sutra 67

Makara Rasi: 6.53 Tithi 18 - 19

382793461

Gulika 9:40AM - 11:00AM
Yama 7:01AM - 8:20AM
Rahu 1:39PM - 2:59PM

Uttarashadha Until 11:59AM
Indra Until 3:47PM
Bava Until 2:40AM Fri
Tritiya Until 1:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 7:01AM
Sunset: 5:38PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili*/Vishkambha* Yoga Bala*/Kaulava Karana Chaturthi/Panchamyam Titau

Gaborone, Botswana
Sun 3 Sutra 68

Makara Rasi: 18.57 Tithi 19 - 20

392793461

Gulika 8:20AM - 9:40AM
Yama 2:59PM - 4:18PM
Rahu 11:00AM - 12:19PM

Shravana Until 2:46PM
Vaidhrili* Until 4:27PM
Kaulava Until 4:51AM Sat
Chaturthi* Until 3:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 7:01AM
Sunset: 5:38PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vishkambha*/Priti Yoga Taitila Karana Panchamyam Titau

Gaborone, Botswana
Sun 4 Sutra 69

Kumbha Rasi: 0.53 Tithi 20

392793461

Gulika 7:01AM - 8:21AM
Yama 1:39PM - 2:59PM
Rahu 9:40AM - 11:00AM

Dhanishtha Until 5:39PM
Vishkambha* Until 5:21PM
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 7:01AM
Sunset: 5:38PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shalabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Gaborone, Botswana
Sun 5 Sutra 70

Kumbha Rasi: 12.46 Tithi 21

392793461

Gulika 2:59PM - 4:19PM
Yama 12:20PM - 1:40PM
Rahu 4:19PM - 5:39PM

Shatabhishak Until 8:27PM
Priti Until 6:20PM
Gara Until 7:13AM
Shashthi* Until 8:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 7:01AM
Sunset: 5:39PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Gaborone, Botswana
Sun 6 Sutra 71

Kumbha Rasi: 24.38 Tithi 22

312793461

Gulika 1:40PM - 2:59PM
Yama 11:00AM - 12:20PM
Rahu 8:21AM - 9:41AM

Purvaproshtapada* Until 11:29PM
Ayushman Until 7:12PM
Visti Until 9:35AM
Saptami Until 10:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 7:01AM
Sunset: 5:39PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Gaborone, Botswana
Sun 7 Sutra 72

Meena Rasi: 6.35 Tithi 23

312793461

Gulika 12:20PM - 1:40PM
Yama 9:41AM - 11:01AM
Rahu 3:00PM - 4:19PM

Uttaraproshtapada Until 2:03AM Wed
Saubhagya Until 7:53PM
Balava Until 11:45AM
Ashtami* Until 12:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 7:02AM
Sunset: 5:39PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 2:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Gaborone, Botswana
Sun 8 Sutra 73

Meena Rasi: 18.4 Tithi 24

312793461

Gulika 11:01AM - 12:21PM
Yama 8:21AM - 9:41AM
Rahu 12:21PM - 1:40PM

Revati Until 3:59AM Thu
Sobhana Until 8:14PM
Taitila Until 1:31PM
Navami* Until 2:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 7:02AM
Sunset: 5:39PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Gaborone, Botswana Sun 9 Sutra 74	
Mesha Rasi: 0.57	Tithi 25	Gulika 9:41AM – 11:01AM	Ashvini Until 5:38AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:02AM		Vikarin 5121
		Yama 7:02AM – 8:22AM	Athiganda* Until 8:06PM	Muruqa: Blue	<i>Sunset:</i> 5:40PM		Moon 6 - Phase 11
		322793461 Rahu 1:40PM – 3:00PM	Vanija Until 2:43PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 3:04AM Fri	Moon – White		Devaloka Day	
Until 5:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Gaborone, Botswana Sun 10 Sutra 75	
Mesha Rasi: 13.31	Tithi 26	Gulika 8:22AM – 9:41AM	Bharani Until 6:26AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:02AM		Vikarin 5121
		Yama 3:00PM – 4:20PM	Sukarma Until 7:27PM	Muruqa: Blue	<i>Sunset:</i> 5:40PM		Moon 6 - Phase 11
		322793461 Rahu 11:01AM – 12:21PM	Bava Until 3:16PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:15AM Sat	Moon – White		Devaloka Day	
Until 6:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Gaborone, Botswana Sun 11 Sutra 76	
Mesha Rasi: 26.25	Tithi 27	Gulika 7:02AM – 8:22AM	Bharani Until 6:26AM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM		Vikarin 5121
		Yama 1:41PM – 3:01PM	Dhriti Until 6:14PM	Muruqa: Blue	<i>Sunset:</i> 5:40PM		Moon 6 - Phase 11
		322793461 Rahu 9:42AM – 11:01AM	Kaulava Until 3:06PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:43AM Sun	Moon – White		Devaloka Day	
Until 6:26AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Gaborone, Botswana Sun 12 Sutra 77	
Vrishabha Rasi: 9.41	Tithi 28	Gulika 3:01PM – 4:21PM	Krittika Until 6:22AM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM		Vikarin 5121
		Yama 12:21PM – 1:41PM	Shula* Until 4:25PM	Muruqa: Blue	<i>Sunset:</i> 5:41PM		Moon 6 - Phase 11
		322793461 Rahu 4:21PM – 5:41PM	Gara Until 2:12PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:29AM Mon	Moon – White		Devaloka Day	
Until 4:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
<i>Pradosha Vrata (Fasting)</i>							
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Gaborone, Botswana Sun 13 Sutra 78	
Vrishabha Rasi: 23.22	Tithi 29	Gulika 1:41PM – 3:01PM	Mrigashira Until 4:46AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:02AM		Vikarin 5121
Family Home Evening		Yama 11:02AM – 12:22PM	Ganda* Until 2:06PM	Muruqa: Blue	<i>Sunset:</i> 5:41PM		Moon 6 - Phase 11
		332793461 Rahu 8:22AM – 9:42AM	Visti Until 12:39PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 11:39PM	Moon – Yellow		Devaloka Day	
Until 4:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Gaborone, Botswana Sun 14 Sutra 79	
Mithuna Rasi: 7.23	Tithi 30	Gulika 12:22PM – 1:42PM	Ardra Until 2:59AM Wed	Ganesha: Blue	<i>Sunrise:</i> 7:02AM		Vikarin 5121
		Yama 9:42AM – 11:02AM	Vridhhi Until 11:20AM	Muruqa: Blue	<i>Sunset:</i> 5:41PM		Moon 6 - Phase 11
		332793461 Rahu 3:02PM – 4:21PM	Catuspada Until 10:33AM	Nataraja: Yellow			Amavasya
Routine Work	Marana Yoga		Amavasya* Until 9:18PM	Moon – Yellow		Devaloka Day	
Until 2:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Gaborone, Botswana Sun 15 Sutra 80	
Mithuna Rasi: 21.43	Tithi 1	Gulika 11:02AM – 12:22PM	Punarvasu Until 1:08AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM		Vikarin 5121
		Yama 8:22AM – 9:42AM	Dhruva Until 8:12AM	Muruqa: Blue	<i>Sunset:</i> 5:42PM		Moon 6 - Phase 11
		343793461 Rahu 12:22PM – 1:42PM	Kintughna Until 8:00AM	Nataraja: Yellow			Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:36PM	Moon – Blue		Sivaloka Day	
Until 1:08AM Thu				Ashada-Ani			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gaborone, Botswana Sun 16 Sutra 81	
Kataka Rasi: 6.17	Tithi 2 – 3	Gulika 9:42AM – 11:02AM	Pushya Until 10:58PM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
		Yama 7:02AM – 8:22AM	Harshana Until 1:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 5:42PM	Moon 6 - Phase 12	
		343793461 Rahu 1:42PM – 3:02PM	Taitila Until 2:10AM Fri	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 3:39PM	Moon – Blue		Sivaloka Day	
Until 10:58PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Gaborone, Botswana Sun 17 Sutra 82	
Kataka Rasi: 20.58	Tithi 3 – 4	Gulika 8:22AM – 9:42AM	Ashlesha* Until 8:37PM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
		Yama 3:02PM – 4:22PM	Vajra* Until 9:45PM	Muruqa: Blue	<i>Sunset:</i> 5:42PM	Moon 6 - Phase 12	
		343793461 Rahu 11:02AM – 12:22PM	Vanija Until 11:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 12:37PM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Gaborone, Botswana Sun 18 Sutra 83	
Simha Rasi: 5.38	Tithi 4 – 5	Gulika 7:02AM – 8:22AM	Magha* Until 6:37PM	Ganesha: White	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
		Yama 1:43PM – 3:03PM	Siddhi Until 6:17PM	Muruqa: Blue	<i>Sunset:</i> 5:43PM	Moon 6 - Phase 12	
		353793461 Rahu 9:42AM – 11:02AM	Bava Until 8:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 9:37AM	Moon – Red		Subha Sivaloka Day	
Until 6:37PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Gaborone, Botswana Sun 19 Sutra 84	
Simha Rasi: 20.13	Tithi 5 – 6	Gulika 3:03PM – 4:23PM	Purvaphalguni Until 4:40PM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
		Yama 12:23PM – 1:43PM	Vyatipata* Until 2:59PM	Muruqa: Blue	<i>Sunset:</i> 5:43PM	Moon 6 - Phase 12	
		453793461 Rahu 4:23PM – 5:43PM	Taitila Until 4:10AM Mon	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:46AM	Moon – Red		Sivaloka Day	
Until 4:40PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Gaborone, Botswana Sun 20 Sutra 85	
Kanya Rasi: 4.38	Tithi 7	Gulika 1:43PM – 3:03PM	Uttaraphalguni Until 2:52PM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
Family Home Evening		Yama 11:03AM – 12:23PM	Variyan Until 11:53AM	Muruqa: Blue	<i>Sunset:</i> 5:44PM	Moon 6 - Phase 12	
		453793461 Rahu 8:22AM – 9:43AM	Gara Until 3:00PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 1:53AM Tue	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Gaborone, Botswana Sun 21 Sutra 86	
Kanya Rasi: 18.49	Tithi 8	Gulika 12:23PM – 1:43PM	Hasta Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
		Yama 9:43AM – 11:03AM	Parigha* Until 9:06AM	Muruqa: Blue	<i>Sunset:</i> 5:44PM	Moon 6 - Phase 12	
		463793461 Rahu 3:03PM – 4:24PM	Visti Until 12:54PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 12:00AM Wed	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Gaborone, Botswana Sun 22 Sutra 87	
Tula Rasi: 2.44	Tithi 9	Gulika 11:03AM – 12:23PM	Chitra Until 12:50PM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	Vikarin 5121	
		Yama 8:22AM – 9:43AM	Shiva Until 6:39AM	Muruqa: Blue	<i>Sunset:</i> 5:44PM	Moon 6 - Phase 12	
		463893461 Rahu 12:23PM – 1:43PM	Balava Until 11:14AM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 10:32PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Gaborone, Botswana Sun 23 Sutra 88
	Tula Rasi: 16.23	Tithi 10	Gulika 9:43AM – 11:03AM	Svati Until 12:15PM	Ganesha: Yellow <i>Sunrise:</i> 7:02AM		Vikarin 5121
			Yama 7:02AM – 8:22AM	Sadhya Until 2:48AM Fri	Muruqa: Blue <i>Sunset:</i> 5:45PM		Moon 6 - Phase 13
	463893461	Rahu 1:44PM – 3:04PM		Taitila Until 10:00AM	Nataraja: Yellow		4th Phase
Creative Work Amrita Yoga			Dashami Until 9:32PM	Ashada*Ani	Sivaloka Day		
Until 12:15PM							
Then Creative Work - Siddha Yoga							

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Gaborone, Botswana Sun 24 Sutra 89
	Tula Rasi: 29.47	Tithi 11	Gulika 8:22AM – 9:43AM	Vishakha Until 12:25PM	Ganesha: White <i>Sunrise:</i> 7:02AM		Vikarin 5121
			Yama 3:04PM – 4:25PM	Subha Until 1:28AM Sat	Muruqa: Blue <i>Sunset:</i> 5:45PM		Moon 6 - Phase 13
	473893461	Rahu 11:03AM – 12:23PM		Vanija Until 9:13AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 9:00PM	Ashada*Ani	Devaloka Day		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Gaborone, Botswana Sun 25 Sutra 90
	Vrischika Rasi: 12.55	Tithi 12	Gulika 7:02AM – 8:22AM	Anuradha Until 12:54PM	Ganesha: White <i>Sunrise:</i> 7:02AM		Vikarin 5121
			Yama 1:44PM – 3:05PM	Sukla Until 12:29AM Sun	Muruqa: Blue <i>Sunset:</i> 5:46PM		Moon 6 - Phase 13
	473893461	Rahu 9:43AM – 11:03AM		Bava Until 8:56AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 8:56PM	Ashada*Ani	Devaloka Day		

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Gaborone, Botswana Sun 26 Sutra 91
	Vrischika Rasi: 25.49	Tithi 13	Gulika 3:05PM – 4:25PM	Jyeshtha* Until 1:43PM	Ganesha: White <i>Sunrise:</i> 7:01AM		Vikarin 5121
			Yama 12:24PM – 1:44PM	Brahma Until 11:53PM	Muruqa: Blue <i>Sunset:</i> 5:46PM		Moon 6 - Phase 13
	473893461	Rahu 4:25PM – 5:46PM		Kaulava Until 9:07AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Trayodashi Until 9:22PM	Ashada*Ani	Devaloka Day		
Until 1:43PM							
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata</i>							

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Gaborone, Botswana Sun 27 Sutra 92
	Dhanus Rasi: 8.28	Tithi 14	Gulika 1:44PM – 3:05PM	Mula* Until 3:18PM	Ganesha: Clear <i>Sunrise:</i> 7:01AM		Vikarin 5121
			Yama 11:03AM – 12:24PM	Indra Until 11:41PM	Muruqa: Blue <i>Sunset:</i> 5:46PM		Moon 6 - Phase 13
	483893461	Rahu 8:22AM – 9:42AM		Gara Until 9:47AM	Nataraja: Yellow		4th Phase
Family Home Evening			Chaturdashi* Until 10:16PM	Ashada*Ani	Sivaloka Day		
Creative Work Siddha Yoga							
Until 3:18PM							
Then Routine Work - Marana Yoga							

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Gaborone, Botswana Sun 28 Sutra 93
	Dhanus Rasi: 20.55	Tithi 15	Gulika 12:24PM – 1:45PM	Purvashadha* Until 5:10PM	Ganesha: Clear <i>Sunrise:</i> 7:01AM		Vikarin 5121
			Yama 9:42AM – 11:03AM	Vaidhriti* Until 11:48PM	Muruqa: Blue <i>Sunset:</i> 5:47PM		Moon 6 - Phase 13
	483893461	Rahu 3:05PM – 4:26PM		Visti Until 10:54AM	Nataraja: Yellow		Purnima
Creative Work Siddha Yoga			Purnima* Until 11:37PM	Ashada*Ani	Sivaloka Day		
Until 5:10PM							
Then Routine Work - Prabalarishta Yoga							
		Partial Lunar Eclipse					
		Satguru Purnima					

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Gaborone, Botswana Sun 29 Sutra 94
	Makara Rasi: 3.11	Tithi 16	Gulika 11:03AM – 12:24PM	Uttarashadha Until 7:18PM	Ganesha: Purple <i>Sunrise:</i> 7:01AM		Vikarin 5121
			Yama 8:21AM – 9:42AM	Vishkambha* Until 12:14AM Thu	Muruqa: Blue <i>Sunset:</i> 5:47PM		Moon 6 - Phase 13
	484893462	Rahu 12:24PM – 1:45PM		Balava Until 12:28PM	Nataraja: White		Prathama
Creative Work Amrita Yoga			Prathama* Until 1:23AM Thu	Ashada*Adi	Subha Subha Sivaloka Day		
Until 7:18PM							
Then Creative Work - Siddha Yoga							



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gaborone, Botswana
Sun 1 Sutra 95

Makara Rasi: 15.17 Tithi 17

Gulika 9:42AM – 11:03AM
Yama 7:00AM – 8:21AM
494893462 **Rahu** 1:45PM – 3:06PM

Shravana Until 10:05PM
Priti Until 12:57AM Fri
Taitila Until 2:24PM
Dvitiya Until 3:28AM Fri

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Blue *Sunset: 5:48PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Gaborone, Botswana
Sun 2 Sutra 96

Makara Rasi: 27.16 Tithi 18

Gulika 8:21AM – 9:42AM
Yama 3:06PM – 4:27PM
494893462 **Rahu** 11:03AM – 12:24PM

Dhanishtha Until 12:57AM Sat
Ayushman Until 1:49AM Sat
Vanija Until 4:37PM
Tritiya Until 5:47AM Sat

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Blue *Sunset: 5:48PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

Until 12:57AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Gaborone, Botswana
Sun 3 Sutra 97

Kumbha Rasi: 9.1 Tithi 19

Gulika 7:00AM – 8:21AM
Yama 1:45PM – 3:06PM
494893462 **Rahu** 9:42AM – 11:03AM

Shatabhishak Until 3:45AM Sun
Saubhagya Until 2:48AM Sun
Bava Until 7:00PM
Chaturthi* Until 8:12AM Sun

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Blue *Sunset: 5:49PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day
Ashada-Adi

Until 3:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gaborone, Botswana
Sun 4 Sutra 98

Kumbha Rasi: 21.01 Tithi 19 – 20

Gulika 3:07PM – 4:28PM
Yama 12:24PM – 1:45PM
414893462 **Rahu** 4:28PM – 5:49PM

Purvaproshtapada* Until 6:53AM Mon
Sobhana Until 3:46AM Mon
Kaulava Until 9:25PM
Chaturthi* Until 8:12AM

Ganesha: Clear *Sunrise: 6:59AM*
Muruqa: Blue *Sunset: 5:49PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gaborone, Botswana
Sun 5 Sutra 99

Meena Rasi: 2.53 Tithi 20 – 21

Family Home Evening

Gulika 1:46PM – 3:07PM
Yama 11:03AM – 12:24PM
414893462 **Rahu** 8:20AM – 9:42AM

Purvaproshtapada* Until 6:53AM
Athiganda* Until 4:35AM Tue
Gara Until 11:42PM
Panchami Until 10:34AM

Ganesha: Clear *Sunrise: 6:59AM*
Muruqa: Blue *Sunset: 5:50PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga
Until 6:53AM

Subha Sivaloka Day
Ashada-Adi

Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gaborone, Botswana
Sun 6 Sutra 100

Meena Rasi: 14.49 Tithi 21 – 22

Gulika 12:24PM – 1:46PM
Yama 9:42AM – 11:03AM
414893462 **Rahu** 3:07PM – 4:29PM

Uttaraproshtapada Until 9:40AM
Sukarma Until 5:11AM Wed
Visti Until 1:42AM Wed
Shashthi* Until 12:44PM

Ganesha: Clear *Sunrise: 6:59AM*
Muruqa: Blue *Sunset: 5:50PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day
Ashada-Adi

Until 9:40AM
Then Creative Work - Siddha Yoga

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gaborone, Botswana
Sun 7 Sutra 101

Meena Rasi: 26.53 Tithi 22 – 23

Gulika 11:03AM – 12:24PM
Yama 8:20AM – 9:41AM
414893462 **Rahu** 12:24PM – 1:46PM

Revati Until 11:57AM
Dhriti Until 5:26AM Thu
Balava Until 3:16AM Thu
Saptami Until 2:32PM

Ganesha: Clear *Sunrise: 6:58AM*
Muruqa: Blue *Sunset: 5:50PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gaborone, Botswana
Sun 8 Sutra 102

Mesha Rasi: 9.08 Tithi 23 – 24

Gulika 9:41AM – 11:03AM
Yama 6:58AM – 8:20AM
424893462 **Rahu** 1:46PM – 3:08PM

Ashvini Until 2:04PM
Shula* Until 5:10AM Fri
Taitila Until 4:13AM Fri
Ashtami* Until 3:48PM

Ganesha: White *Sunrise: 6:58AM*
Muruqa: Blue *Sunset: 5:51PM*
Nataraja: White
Moon – White

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day
Ashada-Adi

Until 2:04PM
Then Creative Work - Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Gaborone, Botswana Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 21.4	Tithi 24 – 25	Gulika 8:19AM – 9:41AM	Bharani Until 3:23PM	Ganesha: White	<i>Sunrise:</i> 6:57AM		
		Yama 3:08PM – 4:30PM	Ganda* Until 4:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 5:51PM		Moon 7 - Phase 15
		424893462 Rahu 11:03AM – 12:24PM	Vanija Until 4:27AM Sat	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 4:25PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Gaborone, Botswana Sun 10 Sutra 104 Vikarin 5121	
Virshabha Rasi: 4.32	Tithi 25 – 26	Gulika 6:57AM – 8:19AM	Krittika Until 3:49PM	Ganesha: White	<i>Sunrise:</i> 6:57AM		
		Yama 1:46PM – 3:08PM	Vriddhi Until 2:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 5:52PM		Moon 7 - Phase 15
		424893462 Rahu 9:41AM – 11:03AM	Bava Until 3:55AM Sun	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:16PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Gaborone, Botswana Sun 11 Sutra 105 Vikarin 5121	
Virshabha Rasi: 14.47	Tithi 26 – 27	Gulika 3:08PM – 4:30PM	Rohini Until 3:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:57AM		
		Yama 12:24PM – 1:46PM	Dhruva Until 12:53AM Mon	Muruqa: Blue	<i>Sunset:</i> 5:52PM		Moon 7 - Phase 15
		434893462 Rahu 4:30PM – 5:52PM	Kaulava Until 2:36AM Mon	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:20PM	Moon – Yellow		Subha Sivaloka Day	
						Ashada-Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Gaborone, Botswana Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 1.29	Tithi 27 – 28	Gulika 1:46PM – 3:09PM	Mrigashira Until 2:51PM	Ganesha: White	<i>Sunrise:</i> 6:56AM		
Family Home Evening		Yama 11:02AM – 12:24PM	Vyaghata* Until 10:14PM	Muruqa: Blue	<i>Sunset:</i> 5:53PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 Rahu 8:18AM – 9:40AM	Gara Until 12:35AM Tue	Nataraja: White			2nd Phase
Until 2:51PM			Dvadashi* Until 1:39PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada-Adi	
						Pradosha Vrata (Fasting)	

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Gaborone, Botswana Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 15.38	Tithi 28 – 29	Gulika 12:24PM – 1:47PM	Ardra Until 1:07PM	Ganesha: White	<i>Sunrise:</i> 6:56AM		
		Yama 9:40AM – 11:02AM	Harshana Until 7:07PM	Muruqa: Blue	<i>Sunset:</i> 5:53PM		Moon 7 - Phase 15
		435893462 Rahu 3:09PM – 4:31PM	Visti Until 9:57PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 11:19AM	Moon – Yellow		Sivaloka Day	
Until 1:07PM						Ashada-Adi	
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gaborone, Botswana Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 11:02AM – 12:24PM	Punarvasu Until 11:09AM	Ganesha: Green	<i>Sunrise:</i> 6:55AM		
Kataka Rasi: 0.1	Tithi 29 – 30	Yama 8:17AM – 9:40AM	Vajra* Until 3:33PM	Muruqa: Blue	<i>Sunset:</i> 5:54PM		Moon 7 - Phase 15
		445893462 Rahu 12:24PM – 1:47PM	Catuspada Until 6:52PM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Moon – Blue		Sivaloka Day	
						Ashada-Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Gaborone, Botswana Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 14.59	Tithi 1	Gulika 9:39AM – 11:02AM	Pushya Until 8:40AM	Ganesha: Green	<i>Sunrise:</i> 6:54AM		
		Yama 6:54AM – 8:17AM	Siddhi Until 11:43AM	Muruqa: Blue	<i>Sunset:</i> 5:54PM		Moon 7 - Phase 15
		445893462 Rahu 1:47PM – 3:09PM	Kintughna Until 3:28PM	Nataraja: White			Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:41AM Fri	Moon – Blue		Sivaloka Day	
Until 8:40AM						Sravana-Adi	
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Gaborone, Botswana Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.01	Tithi 2	Gulika Yama	8:16AM – 9:39AM 3:09PM – 4:32PM	Magha* Until 3:13AM Sat Vyatipata* Until 7:45AM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Red	Sunrise: 6:54AM Sunset: 5:54PM	Moon 7 - Phase 16 3rd Phase
Routine Work Marana Yoga Until 3:13AM Sat Then Creative Work - Siddha Yoga		455893462	Rahu 11:02AM – 12:24PM	Balava Until 11:55AM Dvitiya Until 10:07PM	Sravana*Adi		Sivaloka Day

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Gaborone, Botswana Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.04	Tithi 3	Gulika Yama	6:53AM – 8:16AM 1:47PM – 3:10PM	Purvaphalguni Until 12:36AM Sun Parigha* Until 11:49PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Red	Sunrise: 6:53AM Sunset: 5:55PM	Moon 7 - Phase 16 3rd Phase
Creative Work Siddha Yoga Until 12:36AM Sun Then Creative Work - Amrita Yoga		455893462	Rahu 9:39AM – 11:01AM	Taitila Until 8:22AM Tritiya Until 6:37PM	Sravana*Adi		Sivaloka Day

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Gaborone, Botswana Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0	Tithi 4 – 5	Gulika Yama	3:10PM – 4:33PM 12:24PM – 1:47PM	Uttaraphalguni Until 10:06PM Shiva Until 8:08PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Red	Sunrise: 6:53AM Sunset: 5:55PM	Moon 7 - Phase 16 3rd Phase
Creative Work Amrita Yoga		455993462	Rahu 4:33PM – 5:55PM	Bava Until 1:51AM Mon Chaturthi* Until 3:20PM	Sravana*Adi		Subha Sivaloka Day

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Gaborone, Botswana Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 14.43	Tithi 5 – 6	Gulika Yama	1:47PM – 3:10PM 11:01AM – 12:24PM	Hasta Until 8:17PM Siddha Until 4:45PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green	Sunrise: 6:52AM Sunset: 5:56PM	Moon 7 - Phase 16 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 8:17PM Then Routine Work - Prabalarishta Yoga		465993462	Rahu 8:15AM – 9:38AM	Kaulava Until 11:10PM Panchami Until 12:26PM	Sravana*Adi		Subha Subha Sivaloka Day

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Gaborone, Botswana Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.06	Tithi 6 – 7	Gulika Yama	12:24PM – 1:47PM 9:38AM – 11:01AM	Chitra Until 6:52PM Sadhya Until 1:48PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green	Sunrise: 6:51AM Sunset: 5:56PM	Moon 7 - Phase 16 3rd Phase
Creative Work Siddha Yoga		465993462	Rahu 3:10PM – 4:33PM	Gara Until 9:02PM Shashthi* Until 10:00AM	Sravana*Adi		Subha Subha Sivaloka Day

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Gaborone, Botswana Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.06	Tithi 7 – 8	Gulika Yama	11:00AM – 12:24PM 8:14AM – 9:37AM	Svati Until 5:54PM Subha Until 11:21AM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green	Sunrise: 6:51AM Sunset: 5:57PM	Moon 7 - Phase 16 Ashtami
Creative Work Siddha Yoga		465993462	Rahu 12:24PM – 1:47PM	Visti Until 7:30PM Saptami Until 8:10AM	Sravana*Adi		Subha Subha Sivaloka Day

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Gaborone, Botswana Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 26.43	Tithi 8 – 9	Gulika Yama	9:37AM – 11:00AM 6:50AM – 8:13AM	Vishakha Until 5:54PM Sukla Until 9:25AM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:50AM Sunset: 5:57PM	Moon 7 - Phase 16 Navami
Creative Work Siddha Yoga		476993462	Rahu 1:47PM – 3:10PM	Balava Until 6:39PM Ashtami* Until 6:59AM	Sravana*Adi		Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Gaborone, Botswana Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 9.57	Tithi 9 – 10	Gulika 8:13AM – 9:36AM	Anuradha Until 6:24PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:49AM Sunset: 5:58PM Moon 7 - Phase 17 4th Phase
Creative Work	Siddha Yoga	476993462 Rahu 11:00AM – 12:23PM	Brahma Until 8:02AM Taitila Until 6:28PM Navami* Until 6:28AM	Sivaloka Day	
Until 6:24PM		Then Routine Work - Marana Yoga			

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Gaborone, Botswana Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 22.5	Tithi 10 – 11	Gulika 6:49AM – 8:12AM	Jyeshtha* Until 7:22PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:49AM Sunset: 5:58PM Moon 7 - Phase 17 4th Phase
Creative Work	Siddha Yoga	476993462 Rahu 9:36AM – 11:00AM	Indra Until 7:10AM Vanija Until 6:55PM Dashami Until 6:36AM	Sivaloka Day	
Until 6:24PM		Then Routine Work - Marana Yoga			

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau	Gaborone, Botswana Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 5.28	Tithi 11 – 12	Gulika 3:11PM – 4:35PM	Mula* Until 9:12PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:48AM Sunset: 5:58PM Moon 7 - Phase 17 4th Phase
Creative Work	Amrita Yoga	486993462 Rahu 4:35PM – 5:58PM	Vaidhriti* Until 6:45AM Bava Until 7:56PM Ekadashi Until 7:20AM	Subha Sivaloka Day	
Until 9:12PM		Then Creative Work - Siddha Yoga			

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Gaborone, Botswana Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 17.5	Tithi 12 – 13	Gulika 1:47PM – 3:11PM	Purvashadha* Until 11:20PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:47AM Sunset: 5:59PM Moon 7 - Phase 17 4th Phase
Family Home Evening		486993462 Rahu 8:11AM – 9:35AM	Vishkambha* Until 6:46AM Kaulava Until 9:25PM Dvadashi Until 8:36AM	Subha Sivaloka Day	
Routine Work		Marana Yoga			
<i>Pradosha Vrata</i>					

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Gaborone, Botswana Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 0.02	Tithi 13 – 14	Gulika 12:23PM – 1:47PM	Uttarashadha Until 1:38AM Wed	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:46AM Sunset: 5:59PM Moon 7 - Phase 17 4th Phase
Routine Work	Prabalarishta Yoga	486993462 Rahu 9:35AM – 10:59AM	Priti Until 7:07AM Gara Until 11:16PM Trayodashi Until 10:17AM	Subha Sivaloka Day	
Until 1:38AM Wed		Then Creative Work - Siddha Yoga			

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau	Gaborone, Botswana Sutra 122 Vikarin 5121
Makara Rasi: 12.05	Tithi 14 – 15	Gulika 10:58AM – 12:23PM	Shravana Until 4:33AM Thu	Ganesha: White Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 6:46AM Sunset: 6:00PM Moon 7 - Phase 17 Purnima
Creative Work	Siddha Yoga	496993462 Rahu 12:23PM – 1:47PM	Ayushman Until 7:42AM Vistii Until 1:25AM Thu Chaturdashi* Until 12:18PM	Sivaloka Day	
		Raksha Bandhan			

Thursday, August 15, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Gaborone, Botswana Sutra 123 Vikarin 5121
Makara Rasi: 24.02	Tithi 15 – 16	Gulika 9:34AM – 10:58AM	Dhanishtha Until 7:27AM Fri	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 6:45AM Sunset: 6:00PM Moon 7 - Phase 17 Prathama
Creative Work	Siddha Yoga	497993462 Rahu 1:47PM – 3:11PM	Saubhagya Until 8:29AM Balava Until 3:44AM Fri Purnima* Until 2:32PM	Subha Sivaloka Day	



Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gaborone, Botswana
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 5.56 Tilthi 16 – 17

497993462 **Gulika** 8:09AM – 9:33AM
Yama 3:11PM – 4:36PM
Rahu 10:58AM – 12:22PM

Dhanishtha Until 7:27AM
Sobhana Until 9:24AM
Taitila Until 6:10AM Sat
Prathama* Until 4:55PM

Ganesha: Yellow *Sunrise: 6:44AM*
Muruqa: Blue *Sunset: 6:00PM*
Nataraja: White
Moon – Purple
Sravana-Adi

Subha Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Gaborone, Botswana
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 17.48 Tilthi 17

497993462 **Gulika** 6:43AM – 8:08AM
Yama 1:47PM – 3:11PM
Rahu 9:33AM – 10:57AM

Shatabhishak Until 10:16AM
Athiganda* Until 10:21AM
Taitila Until 6:10AM
Dvitiya Until 7:21PM

Ganesha: Yellow *Sunrise: 6:43AM*
Muruqa: Blue *Sunset: 6:01PM*
Nataraja: White
Moon – Purple
Sravana-Avani

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 10:16AM
Then Routine Work - Marana Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Triliyayam Titau

Gaborone, Botswana
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 29.4 Tilthi 18

517993462 **Gulika** 3:12PM – 4:36PM
Yama 12:22PM – 1:47PM
Rahu 4:36PM – 6:01PM

Purvaproshtapada* Until 1:25PM
Sukarma Until 11:18AM
Vanija Until 8:35AM
Tritiya Until 9:45PM

Ganesha: White *Sunrise: 6:43AM*
Muruqa: Blue *Sunset: 6:01PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:25PM
Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gaborone, Botswana
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 11.33 Tilthi 19

Family Home Evening

517993462 **Gulika** 1:47PM – 3:12PM
Yama 10:57AM – 12:22PM
Rahu 8:07AM – 9:32AM

Uttaraproshtapada Until 4:16PM
Dhriti Until 12:12PM
Bava Until 10:55AM
Chaturthi* Until 12:00AM Tue

Ganesha: White *Sunrise: 6:42AM*
Muruqa: Blue *Sunset: 6:02PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gaborone, Botswana
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 23.3 Tilthi 20

517993462 **Gulika** 12:21PM – 1:47PM
Yama 9:31AM – 10:56AM
Rahu 3:12PM – 4:37PM

Revati Until 6:46PM
Shula* Until 12:54PM
Kaulava Until 1:03PM
Panchami Until 1:59AM Wed

Ganesha: White *Sunrise: 6:41AM*
Muruqa: Blue *Sunset: 6:02PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gaborone, Botswana
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 5.34 Tilthi 21

Routine Work Marana Yoga
Until 9:14PM
Then Creative Work - Siddha Yoga

527993462 **Gulika** 10:56AM – 12:21PM
Yama 8:05AM – 9:31AM
Rahu 12:21PM – 1:46PM

Ashvini Until 9:14PM
Ganda* Until 1:22PM
Gara Until 2:52PM
Shashthi* Until 3:35AM Thu

Ganesha: Clear *Sunrise: 6:40AM*
Muruqa: Blue *Sunset: 6:02PM*
Nataraja: White
Moon – White
Sravana-Avani

Subha Sivaloka Day

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gaborone, Botswana
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 17.49 Tilthi 22

Creative Work Siddha Yoga
Until 11:04PM
Then Routine Work - Marana Yoga

528993462 **Gulika** 9:30AM – 10:55AM
Yama 6:39AM – 8:05AM
Rahu 1:46PM – 3:12PM

Bharani Until 11:04PM
Vridhhi Until 1:30PM
Visti Until 4:13PM
Saptami Until 4:39AM Fri

Ganesha: White *Sunrise: 6:39AM*
Muruqa: Blue *Sunset: 6:03PM*
Nataraja: White
Moon – White
Sravana-Avani

Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gaborone, Botswana
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Vrishabha Rasi: 0.17 Tilthi 23

Creative Work Siddha Yoga
Until 12:07AM Sat
Then Creative Work - Amrita Yoga

528993462 **Gulika** 8:04AM – 9:29AM
Yama 3:12PM – 4:38PM
Rahu 10:55AM – 12:21PM

Krishna Janmashtami

Krittika Until 12:07AM Sat
Dhruva Until 1:09PM
Balava Until 4:58PM
Ashtami* Until 5:03AM Sat

Ganesha: White *Sunrise: 6:38AM*
Muruqa: Blue *Sunset: 6:03PM*
Nataraja: White
Moon – White
Sravana-Avani

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gaborone, Botswana
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Vrishabha Rasi: 13.04 Tilthi 24

Creative Work Amrita Yoga
Until 12:45AM Sun
Then Creative Work - Siddha Yoga

538993462 **Gulika** 6:37AM – 8:03AM
Yama 1:46PM – 3:12PM
Rahu 9:29AM – 10:55AM

Rohini Until 12:45AM Sun
Vyaghata* Until 12:16PM
Taitila Until 5:00PM
Navami* Until 4:42AM Sun

Ganesha: Clear *Sunrise: 6:37AM*
Muruqa: Blue *Sunset: 6:04PM*
Nataraja: White
Moon – Yellow
Sravana-Avani

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Vistli* Karana Dashamyam Titau	Gaborone, Botswana Sun 9 Sutra 133 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Wishabha Rasi: 26.14	Tithi 25	Gulika 3:12PM – 4:38PM	Mrigashira Until 12:27AM Mon	Ganesha: Clear <i>Sunrise: 6:36AM</i>	
		Yama 12:20PM – 1:46PM	Harshana Until 10:46AM	Muruqa: Blue <i>Sunset: 6:04PM</i>	
538993462	Rahu 4:38PM – 6:04PM		Vanija Until 4:14PM	Nataraja: White	
Creative Work	Siddha Yoga		Dashami Until 3:33AM Mon	Moon – Yellow	Subha Sivaloka Day
				Sravana-Avani	

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Gaborone, Botswana Sun 10 Sutra 134 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Mithuna Rasi: 9.5	Tithi 26	Gulika 1:46PM – 3:12PM	Ardra Until 11:15PM	Ganesha: Clear <i>Sunrise: 6:35AM</i>	
Family Home Evening		Yama 10:54AM – 12:20PM	Vajra* Until 8:37AM	Muruqa: Blue <i>Sunset: 6:04PM</i>	
538993462	Rahu 8:02AM – 9:28AM		Bava Until 2:42PM	Nataraja: White	
Creative Work	Siddha Yoga		Ekadashi* Until 1:38AM Tue	Moon – Yellow	Subha Sivaloka Day
Until 11:15PM				Sravana-Avani	
Then Creative Work - Amrita Yoga					

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Gaborone, Botswana Sun 11 Sutra 135 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Mithuna Rasi: 23.55	Tithi 27	Gulika 12:20PM – 1:46PM	Punarvasu Until 9:39PM	Ganesha: Purple <i>Sunrise: 6:35AM</i>	
		Yama 9:27AM – 10:53AM	Vyatipata* Until 2:36AM Wed	Muruqa: Blue <i>Sunset: 6:05PM</i>	
548993462	Rahu 3:12PM – 4:38PM		Kaulava Until 12:26PM	Nataraja: White	
Creative Work	Siddha Yoga		Dvadashi* Until 11:03PM	Moon – Blue	Sivaloka Day
				Sravana-Avani	

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau	Gaborone, Botswana Sun 12 Sutra 136 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Kataka Rasi: 8.25	Tithi 28	Gulika 10:53AM – 12:19PM	Pushya Until 7:20PM	Ganesha: Light Blue <i>Sunrise: 6:34AM</i>	
		Yama 8:00AM – 9:26AM	Varyan Until 10:51PM	Muruqa: Blue <i>Sunset: 6:05PM</i>	
549993463	Rahu 12:19PM – 1:46PM		Gara Until 9:34AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Trayodashi* Until 7:55PM	Moon – Blue	Devaloka Day
				Sravana-Avani	
				<i>Pradosha Vrata (Fasting)</i>	

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Vistli*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Gaborone, Botswana Sun 13 Sutra 137 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
Kataka Rasi: 23.19	Tithi 29 – 30	Gulika 9:26AM – 10:52AM	Ashlesha* Until 4:29PM	Ganesha: Orange <i>Sunrise: 6:33AM</i>	
		Yama 6:33AM – 7:59AM	Parigha* Until 6:49PM	Muruqa: Blue <i>Sunset: 6:05PM</i>	
549193463	Rahu 1:46PM – 3:12PM		Vistli Until 6:12AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:23PM	Moon – Blue	Sivaloka Day
Until 4:29PM				Sravana-Avani	
Then Creative Work - Amrita Yoga					

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Gaborone, Botswana Sun 14 Sutra 138 Vikarin 5121 Moon 8 - Phase 19 Amavasya
Simha Rasi: 8.28	Tithi 30 – 1	Gulika 7:58AM – 9:25AM	Magha* Until 1:39PM	Ganesha: Clear <i>Sunrise: 6:32AM</i>	
		Yama 3:12PM – 4:39PM	Shiva Until 2:36PM	Muruqa: Blue <i>Sunset: 6:06PM</i>	
559193463	Rahu 10:52AM – 12:19PM		Kintughna Until 10:41PM	Nataraja: Clear	
Routine Work	Marana Yoga		Amavasya* Until 12:36PM	Moon – Red	Sivaloka Day
Until 1:39PM				Sravana-Avani	
Then Creative Work - Siddha Yoga					

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Gaborone, Botswana Sun 15 Sutra 139 Vikarin 5121 Moon 8 - Phase 19 Prathama
Simha Rasi: 23.43	Tithi 1 – 2	Gulika 6:31AM – 7:58AM	Purvaphalguni Until 10:37AM	Ganesha: Clear <i>Sunrise: 6:31AM</i>	
		Yama 1:45PM – 3:12PM	Siddha Until 10:18AM	Muruqa: Blue <i>Sunset: 6:06PM</i>	
559193463	Rahu 9:25AM – 10:51AM		Balava Until 6:52PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 8:45AM	Moon – Red	Sivaloka Day
Until 10:37AM				Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyam Titau				Gaborone, Botswana Sun 16 Sutra 140
	Kanya Rasi: 8.55	Tithi 3	59193463	Gulika 3:12PM – 4:39PM Yama 12:18PM – 1:45PM Rahu 4:39PM – 6:06PM	Uttaraphalguni Until 7:35AM Sadhya Until 6:07AM Taitila Until 3:14PM Tritiya Until 1:31AM Mon	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red Bhadrapada-Avani	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day
	Creative Work	Amrita Yoga					

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Gaborone, Botswana Sun 17 Sutra 141
	Kanya Rasi: 23.53	Tithi 4	569193463	Gulika 1:45PM – 3:12PM Yama 10:50AM – 12:18PM Rahu 7:56AM – 9:23AM	Chitra Until 2:56AM Tue Sukla Until 10:35PM Vanija Until 11:57AM Chaturthi* Until 10:28PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green Bhadrapada-Avani	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day
	Family Home Evening	Prabalarishta Yoga		Ganesha Chaturthi			
	Routine Work	Until 2:56AM Tue Then Creative Work - Siddha Yoga					

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Gaborone, Botswana Sun 18 Sutra 142
	Tula Rasi: 8.3	Tithi 5	569193463	Gulika 12:17PM – 1:45PM Yama 9:23AM – 10:50AM Rahu 3:12PM – 4:40PM	Svati Until 1:15AM Wed Brahma Until 7:28PM Bava Until 9:10AM Panchami Until 8:00PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green Bhadrapada-Avani	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Gaborone, Botswana Sun 19 Sutra 143
	Tula Rasi: 22.4	Tithi 6	579193463	Gulika 10:49AM – 12:17PM Yama 7:54AM – 9:22AM Rahu 12:17PM – 1:45PM	Vishakha Until 12:35AM Thu Indra Until 4:57PM Kaulava Until 7:02AM Shashthi* Until 6:14PM	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Orange Bhadrapada-Avani	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Subha Sivaloka Day
	Creative Work	Siddha Yoga					

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Gaborone, Botswana Sun 20 Sutra 144
	Vrischika Rasi: 6.22	Tithi 7 – 8	571193463	Gulika 9:21AM – 10:49AM Yama 6:26AM – 7:53AM Rahu 1:45PM – 3:12PM	Anuradha Until 12:35AM Fri Vaidhriti* Until 3:04PM Visti Until 5:08AM Fri Saptami Until 5:17PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange Bhadrapada-Avani	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 12:35AM Fri Then Routine Work - Marana Yoga						

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gaborone, Botswana Sun 21 Sutra 145
	Retreat Star		571193463	Gulika 7:53AM – 9:21AM Yama 3:12PM – 4:40PM Rahu 10:48AM – 12:16PM	Jyeshtha* Until 1:13AM Sat Vishkambha* Until 1:50PM Balava Until 5:25AM Sat Ashtami* Until 5:10PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange Bhadrapada-Avani	Vikarin 5121 Moon 8 - Phase 20 Ashtami Sivaloka Day
	Vrischika Rasi: 19.37	Tithi 8 – 9					
	Routine Work	Marana Yoga					

D	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Gaborone, Botswana Sun 22 Sutra 146
	Retreat Star		581193463	Gulika 6:24AM – 7:52AM Yama 1:44PM – 3:12PM Rahu 9:20AM – 10:48AM	Mula* Until 2:56AM Sun Priti Until 1:15PM Taitila Until 6:27AM Sun Navami* Until 5:49PM	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Light Blue Bhadrapada-Avani	Vikarin 5121 Moon 8 - Phase 20 Navami Devaloka Day
	Dhanus Rasi: 2.26	Tithi 9 – 10					
	Creative Work	Siddha Yoga					

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Gaborone, Botswana Sun 23 Sutra 147
Dhanus Rasi: 14.54	Tithi 10	Gulika 3:12PM – 4:41PM	Purvashadha* Until 5:05AM Mon	Ganesha: Green <i>Sunrise:</i> 6:23AM	Vikarin 5121
		Yama 12:16PM – 1:44PM	Ayushman Until 1:11PM	Muruqa: Blue <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
	581193463	Rahu 4:41PM – 6:09PM	Taitila Until 6:27AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	
Until 5:05AM Mon		Grandparent's Day	Dashami Until 7:10PM	Bhadrapada-Avani	Devaloka Day
Then Routine Work - Marana Yoga					

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Gaborone, Botswana Sun 24 Sutra 148
Dhanus Rasi: 27.07	Tithi 11	Gulika 1:44PM – 3:12PM	Uttarashadha Until 7:30AM Tue	Ganesha: Green <i>Sunrise:</i> 6:22AM	Vikarin 5121
Family Home Evening		Yama 10:47AM – 12:15PM	Saubhagya Until 1:34PM	Muruqa: Blue <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	Rahu 7:50AM – 9:19AM	Vanija Until 8:05AM	Nataraja: Clear	4th Phase
Until 7:30AM Tue			Ekadashi Until 9:03PM	Moon – Light Blue	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	Devaloka Day

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Gaborone, Botswana Sun 25 Sutra 149
Makara Rasi: 9.1	Tithi 12	Gulika 12:15PM – 1:44PM	Uttarashadha Until 7:30AM	Ganesha: Green <i>Sunrise:</i> 6:21AM	Vikarin 5121
		Yama 9:18AM – 10:46AM	Sobhana Until 2:16PM	Muruqa: Blue <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
	581193463	Rahu 3:12PM – 4:41PM	Bava Until 10:09AM	Nataraja: Clear	4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 11:16PM	Moon – Light Blue	
Until 7:30AM				Bhadrapada-Avani	Devaloka Day
Then Creative Work - Siddha Yoga					

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Gaborone, Botswana Sun 26 Sutra 150
Makara Rasi: 21.05	Tithi 13	Gulika 10:46AM – 12:15PM	Shravana Until 10:32AM	Ganesha: Red <i>Sunrise:</i> 6:20AM	Vikarin 5121
		Yama 7:48AM – 9:17AM	Athiganda* Until 3:07PM	Muruqa: Blue <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
	591193463	Rahu 12:15PM – 1:44PM	Kaulava Until 12:29PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 1:41AM Thu	Moon – Purple	
Until 10:32AM		Avani Avittam		Bhadrapada-Avani	Sivaloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Gaborone, Botswana Sun 27 Sutra 151
Kumbha Rasi: 2.57	Tithi 14	Gulika 9:16AM – 10:45AM	Dhanishtha Until 1:31PM	Ganesha: Red <i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 6:18AM – 7:47AM	Sukarma Until 4:04PM	Muruqa: Blue <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
	591193463	Rahu 1:43PM – 3:12PM	Gara Until 2:57PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:09AM Fri	Moon – Purple	
		Chidambaram Abhishekam		Bhadrapada-Avani	Sivaloka Day

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Gaborone, Botswana Sun 28 Sutra 152
Copper Retreat Star		Gulika 7:47AM – 9:16AM	Shatabhishak Until 4:20PM	Ganesha: Red <i>Sunrise:</i> 6:17AM	Vikarin 5121
Kumbha Rasi: 14.48	Tithi 15	Yama 3:12PM – 4:41PM	Dhriti Until 5:01PM	Muruqa: Purple <i>Sunset:</i> 6:11PM	Moon 8 - Phase 21
	591113463	Rahu 10:45AM – 12:14PM	Visti Until 5:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 6:36AM Sat	Moon – Purple	
				Bhadrapada-Avani	Sivaloka Day

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Gaborone, Botswana Sun 29 Sutra 153
Silver Retreat Star		Gulika 6:16AM – 7:46AM	Purvaprosarthapada* Until 7:25PM	Ganesha: Red <i>Sunrise:</i> 6:16AM	Vikarin 5121
Kumbha Rasi: 26.4	Tithi 15 – 16	Yama 1:43PM – 3:12PM	Shula* Until 5:53PM	Muruqa: Purple <i>Sunset:</i> 6:11PM	Moon 8 - Phase 21
	511113463	Rahu 9:15AM – 10:44AM	Balava Until 7:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Purnima* Until 6:36AM	Moon – Clear	
Until 7:25PM				Bhadrapada-Avani	Sivaloka Day
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gaborone, Botswana

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 8.35 Tithi 16 - 17

Gulika 3:12PM - 4:42PM

Yama 12:13PM - 1:43PM

512113463 Rahu 4:42PM - 6:11PM

Uttaraproshtapada Until 10:13PM

Ganda* Until 6:40PM

Taitila Until 10:03PM

Prathama* Until 8:55AM

Ganesha: Yellow Sunrise: 6:15AM

Muruqa: Purple Sunset: 6:11PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Avani

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Trityayam Titau

Gaborone, Botswana

Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 20.33 Tithi 17 - 18

Gulika 1:43PM - 3:12PM

Yama 10:43AM - 12:13PM

512113463 Rahu 7:44AM - 9:14AM

Revati Until 12:39AM Tue

Vriddhi Until 7:20PM

Vanija Until 12:06AM Tue

Dvitiya Until 11:05AM

Ganesha: Yellow Sunrise: 6:14AM

Muruqa: Purple Sunset: 6:12PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Family Home Evening

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Gaborone, Botswana

Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 3 Tithi 18 - 19

Gulika 12:13PM - 1:42PM

Yama 9:13AM - 10:43AM

522113463 Rahu 3:12PM - 4:42PM

Ashvini Until 3:11AM Wed

Dhruva Until 7:46PM

Bava Until 1:55AM Wed

Tritiya Until 1:02PM

Ganesha: White Sunrise: 6:13AM

Muruqa: Purple Sunset: 6:12PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gaborone, Botswana

Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 14.46 Tithi 19 - 20

Gulika 10:42AM - 12:12PM

Yama 7:42AM - 9:12AM

522113463 Rahu 12:12PM - 1:42PM

Bharani Until 5:13AM Thu

Vyaghata* Until 7:59PM

Kaulava Until 3:23AM Thu

Chaturthi* Until 2:41PM

Ganesha: White Sunrise: 6:12AM

Muruqa: Purple Sunset: 6:12PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 5:13AM Thu

Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Gaborone, Botswana

Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 27.04 Tithi 20 - 21

Gulika 9:11AM - 10:42AM

Yama 6:11AM - 7:41AM

522113463 Rahu 1:42PM - 3:12PM

Krittika Until 6:39AM Fri

Harshana Until 7:55PM

Gara Until 4:26AM Fri

Panchami Until 3:57PM

Ganesha: White Sunrise: 6:11AM

Muruqa: Purple Sunset: 6:13PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gaborone, Botswana

Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 9.34 Tithi 21 - 22

Gulika 7:40AM - 9:11AM

Yama 3:12PM - 4:43PM

522113463 Rahu 10:41AM - 12:12PM

Krittika Until 6:39AM

Vajra* Until 7:24PM

Visti Until 4:55AM Sat

Shashthi* Until 4:44PM

Ganesha: White Sunrise: 6:10AM

Muruqa: Purple Sunset: 6:13PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 6:39AM

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gaborone, Botswana

Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 22.19 Tithi 22 - 23

Gulika 6:09AM - 7:40AM

Yama 1:42PM - 3:12PM

532113463 Rahu 9:10AM - 10:41AM

Rohini Until 7:52AM

Siddhi Until 6:26PM

Balava Until 4:45AM Sun

Saptami Until 4:54PM

Ganesha: Clear Sunrise: 6:09AM

Muruqa: Purple Sunset: 6:13PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 7:52AM

Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vysatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gaborone, Botswana

Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 5.23 Tithi 23 - 24

Gulika 3:12PM - 4:43PM

Yama 12:11PM - 1:42PM

532213463 Rahu 4:43PM - 6:14PM

Mrigashira Until 8:17AM

Vyatipata* Until 4:55PM

Taitila Until 3:52AM Mon

Ashtami* Until 4:23PM

Ganesha: Orange Sunrise: 6:08AM

Muruqa: Purple Sunset: 6:14PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gaborone, Botswana

Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 18.51 Tithi 24 - 25

Gulika 1:41PM - 3:12PM

Yama 10:40AM - 12:10PM

532213463 Rahu 7:38AM - 9:09AM

Ardra Until 7:50AM

Variyan Until 2:48PM

Vanija Until 2:16AM Tue

Navami* Until 3:08PM

Ganesha: Orange Sunrise: 6:07AM

Muruqa: Purple Sunset: 6:14PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 7:50AM

Then Creative Work - Amrita Yoga

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gaborone, Botswana Sun 15 Sutra 169 Vikarin 5121	
Tula Rasi: 2.18	Tithi 2 – 3	Gulika	1:40PM – 3:12PM	Chitra Until 1:02PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:59AM	
Family Home Evening	663213463	Yama	10:36AM – 12:08PM	Indra Until 8:41AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 24
Routine Work	Prabalarishta Yoga	Rahu	7:32AM – 9:04AM	Taitila Until 11:54PM	Nataraja: Clear		3rd Phase
Until 1:02PM				Dvitiya Until 1:24PM	Moon – Green		Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi		

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Gaborone, Botswana Sun 16 Sutra 170 Vikarin 5121	
Tula Rasi: 17.02	Tithi 3 – 4	Gulika	12:08PM – 1:40PM	Svati Until 10:45AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:58AM	
	663213463	Yama	9:03AM – 10:35AM	Vishkambha* Until 1:54AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	3:12PM – 4:45PM	Vanija Until 9:17PM	Nataraja: Clear		3rd Phase
Until 10:45AM				Tritiya Until 10:30AM	Moon – Green		Devaloka Day
Then Routine Work - Marana Yoga					Ashvina+Puratasi		

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Gaborone, Botswana Sun 17 Sutra 171 Vikarin 5121	
Vrischika Rasi: 1.2	Tithi 4 – 5	Gulika	10:35AM – 12:07PM	Vishakha Until 9:23AM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	
	673213463	Yama	7:30AM – 9:02AM	Priti Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	12:07PM – 1:40PM	Bava Until 7:22PM	Nataraja: Clear		3rd Phase
				Chaturthi* Until 8:13AM	Moon – Orange		Devaloka Day
					Ashvina+Puratasi		

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Gaborone, Botswana Sun 18 Sutra 172 Vikarin 5121	
Vrischika Rasi: 15.1	Tithi 5 – 6	Gulika	9:02AM – 10:34AM	Anuradha Until 8:38AM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	
	673213463	Yama	5:56AM – 7:29AM	Ayushman Until 9:29PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	1:40PM – 3:12PM	Kaulava Until 6:17PM	Nataraja: Clear		3rd Phase
Until 8:38AM				Panchami Until 6:42AM	Moon – Orange		Devaloka Day
Then Routine Work - Prabalarishta Yoga					Ashvina+Puratasi		

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Gaborone, Botswana Sun 19 Sutra 173 Vikarin 5121	
Vrischika Rasi: 28.29	Tithi 6 – 7	Gulika	7:28AM – 9:01AM	Jyeshtha* Until 8:36AM	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	
	673213463	Yama	3:13PM – 4:45PM	Saubhagya Until 8:19PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 24
Routine Work	Marana Yoga	Rahu	10:34AM – 12:07PM	Gara Until 6:06PM	Nataraja: Clear		3rd Phase
Until 8:36AM				Shashthi* Until 6:03AM	Moon – Orange		Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi		

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Gaborone, Botswana Sun 20 Sutra 174 Vikarin 5121	
Dhanus Rasi: 11.21	Tithi 7 – 8	Gulika	5:54AM – 7:27AM	Mula* Until 9:45AM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	
	683213463	Yama	1:40PM – 3:13PM	Sobhana Until 7:51PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	9:00AM – 10:33AM	Visti Until 6:47PM	Nataraja: Clear		Ashtami
				Saptami Until 6:19AM	Moon – Light Blue		Sivaloka Day
		Durga Ashtami			Ashvina+Puratasi		

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Gaborone, Botswana Sun 21 Sutra 175 Vikarin 5121	
Dhanus Rasi: 23.49	Tithi 8 – 9	Gulika	3:13PM – 4:46PM	Purvashadha* Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	
	683213463	Yama	12:06PM – 1:39PM	Athiganda* Until 7:55PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	4:46PM – 6:19PM	Balava Until 8:14PM	Nataraja: Clear		Navami
Until 11:32AM				Ashtami* Until 7:24AM	Moon – Light Blue		Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			Ashvina+Puratasi		

1	Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Gaborone, Botswana Sun 22 Sutra 176
	Makara Rasi: 6.01	Tithi 9 – 10	Gulika 1:39PM – 3:13PM	Uttarashadha Until 1:46PM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Vikarin 5121
	Family Home Evening	683213463	Yama 10:33AM – 12:06PM	Sukarma Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
	Routine Work Marana Yoga		Rahu 7:26AM – 8:59AM	Taitila Until 10:17PM	Nataraja: Clear		4th Phase
Until 1:46PM			Navami* Until 9:11AM	Moon – Light Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashvina+Puratasi			


2	Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Gaborone, Botswana Sun 23 Sutra 177
	Makara Rasi: 17.59	Tithi 10 – 11	Gulika 12:06PM – 1:39PM	Shravana Until 4:45PM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Vikarin 5121
	693213464		Yama 8:58AM – 10:32AM	Dhriti Until 9:18PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 3:13PM – 4:46PM	Vanija Until 12:40AM Wed	Nataraja: Purple		4th Phase
		Vijaya Dasami	Dashami Until 11:25AM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			

3	Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Gaborone, Botswana Sun 24 Sutra 178
	Makara Rasi: 29.52	Tithi 11 – 12	Gulika 10:32AM – 12:05PM	Dhanishtha Until 7:46PM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Vikarin 5121
	693213464		Yama 7:24AM – 8:58AM	Shula* Until 10:13PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 9 - Phase 25
	Routine Work Prabalarishta Yoga		Rahu 12:05PM – 1:39PM	Bava Until 3:13AM Thu	Nataraja: Purple		4th Phase
Until 7:46PM			Ekadashi Until 1:55PM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi			

4	Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gaborone, Botswana Sun 25 Sutra 179
	Kumbha Rasi: 11.42	Tithi 12 – 13	Gulika 8:57AM – 10:31AM	Shatabhishak Until 10:36PM	Ganesha: White	<i>Sunrise:</i> 5:49AM	Vikarin 5121
	693213464		Yama 5:49AM – 7:23AM	Ganda* Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 1:39PM – 3:13PM	Kaulava Until 5:43AM Fri	Nataraja: Purple		4th Phase
		Kadaitswami Mahasamadhi	Dvadashi Until 4:27PM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			
				<i>Pradosha Vrata</i>			

5	Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila Karana Trayodashyam Titau				Gaborone, Botswana Sun 26 Sutra 180
	Kumbha Rasi: 23.34	Tithi 13	Gulika 7:23AM – 8:57AM	Purvaproshtapada* Until 1:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	Vikarin 5121
	613213464		Yama 3:13PM – 4:47PM	Vriddhi Until 12:00AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 10:31AM – 12:05PM	Taitila Until 6:53PM	Nataraja: Purple		4th Phase
		Chidambaram Abhishekam	Trayodashi Until 6:53PM	Moon – Clear		Sivaloka Day	
				Ashvina+Puratasi			

6	Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Gaborone, Botswana Sun 27 Sutra 181
	Meena Rasi: 5.29	Tithi 14	Gulika 5:47AM – 7:22AM	Uttaraproshtapada Until 4:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Vikarin 5121
	613213464		Yama 1:39PM – 3:13PM	Dhruva Until 12:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:22PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 8:56AM – 10:30AM	Gara Until 8:04AM	Nataraja: Purple		4th Phase
Until 4:21AM Sun			Chaturdashi* Until 9:08PM	Moon – Clear		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashvina+Puratasi			

	Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Gaborone, Botswana Sutra 182
	Copper Retreat Star		Gulika 3:13PM – 4:48PM	Revati Until 6:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	Vikarin 5121
	Meena Rasi: 17.29	Tithi 15	Yama 12:04PM – 1:39PM	Vyaghata* Until 1:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:22PM	Moon 9 - Phase 25
	614213464		Rahu 4:48PM – 6:22PM	Visti Until 10:11AM	Nataraja: Purple		Purnima
Creative Work Amrita Yoga			Purnima* Until 11:07PM	Moon – Clear		Subha Sivaloka Day	
Until 6:38AM Mon				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

Monday, October 14, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Gaborone, Botswana Sutra 183
	Meena Rasi: 29.35	Tithi 16	Gulika 1:39PM – 3:13PM	Revati Until 6:38AM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM	Vikarin 5121
	614213464		Yama 10:29AM – 12:04PM	Harshana Until 1:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 25
	Family Home Evening		Rahu 7:20AM – 8:55AM	Balava Until 12:02PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 12:50AM Tue	Moon – Clear		Subha Sivaloka Day	
				Ashvina+Puratasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gaborone, Botswana

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 11.49 Tithi 17

624213464

Gulika

12:04PM - 1:39PM

Yama 8:54AM - 10:29AM

Rahu

3:13PM - 4:48PM

Ashvini Until 8:57AM

Vajra* Until 1:25AM Wed

Taitila Until 1:35PM

Dvitiya Until 2:13AM Wed

Ganesha: White

Sunrise: 5:45AM

Muruqa: Purple

Sunset: 6:23PM

Nataraja: Purple

Moon - White

Subha Subha Sivaloka Day

Ashvina-Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gaborone, Botswana

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.1 Tithi 18

624213464

Gulika

10:29AM - 12:04PM

Yama

7:19AM - 8:54AM

Rahu

12:04PM - 1:39PM

Bharani Until 10:48AM

Siddhi Until 1:11AM Thu

Vanija Until 2:49PM

Tritiya Until 3:17AM Thu

Ganesha: White

Sunrise: 5:44AM

Muruqa: Purple

Sunset: 6:24PM

Nataraja: Purple

Moon - White

Subha Subha Sivaloka Day

Ashvina-Puratasi

Creative Work Siddha Yoga

Until 10:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Gaborone, Botswana

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 6.4 Tithi 19

624313464

Gulika

8:53AM - 10:28AM

Yama

5:43AM - 7:18AM

Rahu

1:39PM - 3:14PM

Krittika Until 12:09PM

Vyatipata* Until 12:40AM Fri

Bava Until 3:42PM

Chaturthi* Until 3:58AM Fri

Ganesha: Yellow

Sunrise: 5:43AM

Muruqa: Purple

Sunset: 6:24PM

Nataraja: Purple

Moon - White

Subha Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gaborone, Botswana

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.21 Tithi 20

634313464

Gulika

7:17AM - 8:53AM

Yama

3:14PM - 4:49PM

Rahu

10:28AM - 12:03PM

Rohini Until 1:27PM

Varyan Until 11:49PM

Kaulava Until 4:11PM

Panchami Until 4:14AM Sat

Ganesha: White

Sunrise: 5:42AM

Muruqa: Purple

Sunset: 6:24PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Gaborone, Botswana

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.14 Tithi 21

634313464

Gulika

5:41AM - 7:17AM

Yama

1:39PM - 3:14PM

Rahu

8:52AM - 10:28AM

Mrigashira Until 2:09PM

Parigha* Until 10:36PM

Gara Until 4:13PM

Shashthi* Until 4:01AM Sun

Ganesha: White

Sunrise: 5:41AM

Muruqa: Purple

Sunset: 6:25PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Gaborone, Botswana

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.21 Tithi 22

634313464

Gulika

3:14PM - 4:50PM

Yama

12:03PM - 1:39PM

Rahu

4:50PM - 6:25PM

Ardra Until 2:12PM

Shiva Until 8:59PM

Visti Until 3:44PM

Saptami Until 3:15AM Mon

Ganesha: White

Sunrise: 5:40AM

Muruqa: Purple

Sunset: 6:25PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gaborone, Botswana

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 28.46 Tithi 23

644313464

Gulika

1:39PM - 3:14PM

Yama

10:27AM - 12:03PM

Rahu

7:15AM - 8:51AM

Punarvasu Until 2:01PM

Siddha Until 6:54PM

Balava Until 2:41PM

Ashtami* Until 1:56AM Tue

Ganesha: Clear

Sunrise: 5:39AM

Muruqa: Purple

Sunset: 6:26PM

Nataraja: Purple

Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Amrita Yoga

Until 2:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Gaborone, Botswana

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 12.31 Tithi 24

644313464

Gulika

12:03PM - 1:39PM

Yama

8:51AM - 10:27AM

Rahu

3:15PM - 4:51PM

Pushya Until 1:07PM

Sadhya Until 4:21PM

Taitila Until 1:04PM

Navami* Until 12:02AM Wed

Ganesha: Clear

Sunrise: 5:39AM

Muruqa: Purple

Sunset: 6:27PM

Nataraja: Purple

Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

1	Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Gaborone, Botswana Sun 9 Sutra 192
	Kataka Rasi: 26.37	Tithi 25	Gulika	10:26AM – 12:02PM	Ashlesha* Until 11:32AM	Ganesha: Clear	Sunrise: 5:38AM Vikarin 5121
			Yama	7:14AM – 8:50AM	Subha Until 1:24PM	Muruqa: Purple	Sunset: 6:27PM Moon 10 - Phase 27
	Creative Work	Siddha Yoga	644313464 Rahu	12:02PM – 1:39PM	Vanija Until 10:55AM	Nataraja: Purple	2nd Phase
				Dashami Until 9:38PM	Ashvina•Aipasi	Subha Sivaloka Day	

2	Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Gaborone, Botswana Sun 10 Sutra 193
	Simha Rasi: 11.02	Tithi 26	Gulika	8:50AM – 10:26AM	Magha* Until 9:45AM	Ganesha: Purple	Sunrise: 5:37AM Vikarin 5121
			Yama	5:37AM – 7:13AM	Sukla Until 10:02AM	Muruqa: Purple	Sunset: 6:28PM Moon 10 - Phase 27
	Creative Work	Amrita Yoga	654313464 Rahu	1:39PM – 3:15PM	Bava Until 8:16AM	Nataraja: Purple	2nd Phase
Until 9:45AM Then Creative Work - Siddha Yoga				Ekadashi* Until 6:47PM	Ashvina•Aipasi	Sivaloka Day	

3	Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Gaborone, Botswana Sun 11 Sutra 194
	Simha Rasi: 25.45	Tithi 27 – 28	Gulika	7:13AM – 8:49AM	Purvaphalguni Until 7:27AM	Ganesha: Clear	Sunrise: 5:36AM Vikarin 5121
			Yama	3:15PM – 4:52PM	Brahma Until 6:22AM	Muruqa: Purple	Sunset: 6:28PM Moon 10 - Phase 27
	Creative Work	Siddha Yoga	655313464 Rahu	10:26AM – 12:02PM	Gara Until 1:59AM Sat	Nataraja: Purple	2nd Phase
				Dvadashi* Until 3:38PM	Ashvina•Aipasi	Subha Sivaloka Day	
<i>Pradosha Vrata (Fasting)</i>							

4	Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Gaborone, Botswana Sun 12 Sutra 195
	Kanya Rasi: 10.39	Tithi 28 – 29	Gulika	5:35AM – 7:12AM	Hasta Until 2:19AM Sun	Ganesha: Orange	Sunrise: 5:35AM Vikarin 5121
			Yama	1:39PM – 3:15PM	Vaidhriti* Until 10:34PM	Muruqa: Purple	Sunset: 6:29PM Moon 10 - Phase 27
	Routine Work	Marana Yoga	665313464 Rahu	8:49AM – 10:25AM	Visti Until 10:37PM	Nataraja: Purple	2nd Phase
Until 2:19AM Sun Then Creative Work - Siddha Yoga				Trayodashi* Until 12:17PM	Ashvina•Aipasi	Subha Sivaloka Day	
Deepavali Hindu Solidarity Day							

	Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Gaborone, Botswana Sun 13 Sutra 196
	Retreat Star		Gulika	3:16PM – 4:52PM	Chitra Until 11:48PM	Ganesha: Orange	Sunrise: 5:35AM Vikarin 5121
	Kanya Rasi: 25.37	Tithi 29 – 30	Yama	12:02PM – 1:39PM	Vishkambha* Until 6:40PM	Muruqa: Purple	Sunset: 6:29PM Moon 10 - Phase 27
	Creative Work	Siddha Yoga	665313464 Rahu	4:52PM – 6:29PM	Catuspada Until 7:18PM	Nataraja: Purple	Amavasya
				Chaturdashi* Until 8:55AM	Ashvina•Aipasi	Subha Sivaloka Day	
Subramuniyaswami Mahasamadhi							

Retreat Star	Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Gaborone, Botswana Sun 14 Sutra 197
	Tula Rasi: 10.29	Tithi 1	Gulika	1:39PM – 3:16PM	Svati Until 9:24PM	Ganesha: Orange	Sunrise: 5:34AM Vikarin 5121
	Family Home Evening		Yama	10:25AM – 12:02PM	Priti Until 2:57PM	Muruqa: Purple	Sunset: 6:30PM Moon 10 - Phase 27
	Creative Work	Amrita Yoga	665313464 Rahu	7:11AM – 8:48AM	Kintughna Until 4:12PM	Nataraja: Purple	Prathama
Until 9:24PM Then Routine Work - Marana Yoga				Prathama* Until 2:47AM Tue	Kartika•Aipasi	Subha Sivaloka Day	
Skanda Shasthi Begins							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Gaborone, Botswana Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 25.07	Tithi 2	Gulika 12:02PM – 1:39PM	Vishakha Until 7:42PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:33AM Sunset: 6:30PM Moon 10 - Phase 28 3rd Phase
Routine Work	Marana Yoga	Yama 8:47AM – 10:25AM	Ayushman Until 11:32AM	Subha Sivaloka Day	
Until 7:42PM		675313464 Rahu 3:16PM – 4:53PM	Balava Until 1:31PM	Kartika•Aipasi	
Then Creative Work - Siddha Yoga			Dvitiya Until 12:21AM Wed		

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Gaborone, Botswana Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 9.24	Tithi 3	Gulika 10:24AM – 12:02PM	Anuradha Until 6:29PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:32AM Sunset: 6:31PM Moon 10 - Phase 28 3rd Phase
Creative Work	Siddha Yoga	Yama 7:10AM – 8:47AM	Saubhagya Until 8:34AM	Subha Sivaloka Day	
		675313464 Rahu 12:02PM – 1:39PM	Taitila Until 11:22AM	Kartika•Aipasi	
			Tritiya Until 10:33PM		

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau	Gaborone, Botswana Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 23.14	Tithi 4	Gulika 8:47AM – 10:24AM	Jyeshtha* Until 5:51PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:32AM Sunset: 6:32PM Moon 10 - Phase 28 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 5:32AM – 7:09AM	Sobhana Until 6:11AM	Subha Sivaloka Day	
Until 5:51PM		675313464 Rahu 1:39PM – 3:17PM	Vanija Until 9:57AM	Kartika•Aipasi	
Then Creative Work - Siddha Yoga			Chaturthi* Until 9:31PM		

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Gaborone, Botswana Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 6.37	Tithi 5	Gulika 7:09AM – 8:46AM	Mula* Until 6:20PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:31AM Sunset: 6:32PM Moon 10 - Phase 28 3rd Phase
Creative Work	Amrita Yoga	Yama 3:17PM – 4:55PM	Sukarma Until 3:18AM Sat	Subha Subha Sivaloka Day	
Until 6:20PM		685313464 Rahu 10:24AM – 12:02PM	Bava Until 9:21AM	Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga			Panchami Until 9:21PM		

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau	Gaborone, Botswana Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 19.33	Tithi 6	Gulika 5:30AM – 7:08AM	Purvashadha* Until 7:31PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:30AM Sunset: 6:33PM Moon 10 - Phase 28 3rd Phase
Creative Work	Siddha Yoga	Yama 1:39PM – 3:17PM	Dhriti Until 2:53AM Sun	Subha Subha Sivaloka Day	
Until 7:31PM		685313464 Rahu 8:46AM – 10:24AM	Kaulava Until 9:37AM	Kartika•Aipasi	
Then Routine Work - Marana Yoga			Shashthi* Until 10:02PM		

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Gaborone, Botswana Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 2.05	Tithi 7	Gulika 3:17PM – 4:55PM	Uttarashadha Until 9:16PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:30AM Sunset: 6:33PM Moon 10 - Phase 28 3rd Phase
Creative Work	Amrita Yoga	Yama 12:02PM – 1:40PM	Shula* Until 2:59AM Mon	Subha Subha Sivaloka Day	
		685313464 Rahu 4:55PM – 6:33PM	Gara Until 10:42AM	Kartika•Aipasi	
			Saptami Until 11:30PM		

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Gaborone, Botswana Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 14.19	Tithi 8	Gulika 1:40PM – 3:18PM	Shravana Until 11:57PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:29AM Sunset: 6:34PM Moon 10 - Phase 28 Ashtami
Family Home Evening		Yama 10:23AM – 12:02PM	Ganda* Until 3:32AM Tue	Sivaloka Day	
Creative Work	Amrita Yoga	696313464 Rahu 7:07AM – 8:45AM	Visti Until 12:29PM	Kartika•Aipasi	
Until 11:57PM			Ashtami* Until 1:33AM Tue		
Then Creative Work - Siddha Yoga					

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Gaborone, Botswana Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 26.2	Tithi 9	Gulika 12:02PM – 1:40PM	Dhanishtha Until 2:49AM Wed	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:28AM Sunset: 6:35PM Moon 10 - Phase 28 Navami
Creative Work	Siddha Yoga	Yama 8:45AM – 10:23AM	Vriddhi Until 4:21AM Wed	Sivaloka Day	
		696313464 Rahu 3:18PM – 4:56PM	Balava Until 2:45PM	Kartika•Aipasi	
			Navami* Until 3:58AM Wed		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Gaborone, Botswana Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.14	Tithi 10	Gulika 10:23AM – 12:02PM	Shatabhishak Until 5:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:28AM	
			Yama 7:06AM – 8:45AM	Dhruva Until 5:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:35PM	Moon 10 - Phase 29
	696313464		Rahu 12:02PM – 1:40PM	Taitila Until 5:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Gaborone, Botswana Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.05	Tithi 10 – 11	Gulika 8:44AM – 10:23AM	Purvaproshtapada* Until 8:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	
			Yama 5:27AM – 7:06AM	Vyaghata* Until 6:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:36PM	Moon 10 - Phase 29
	716313464		Rahu 1:40PM – 3:19PM	Vanija Until 7:47PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:31AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Gaborone, Botswana Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 1.58	Tithi 11 – 12	Gulika 7:06AM – 8:44AM	Purvaproshtapada* Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	
			Yama 3:19PM – 4:58PM	Vyaghata* Until 6:04AM	Muruqa: Purple	<i>Sunset:</i> 6:37PM	Moon 10 - Phase 29
	716313464		Rahu 10:23AM – 12:02PM	Bava Until 10:08PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gaborone, Botswana Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 13.56	Tithi 12 – 13	Gulika 5:26AM – 7:05AM	Uttaraproshtapada Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	
			Yama 1:41PM – 3:20PM	Harshana Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 6:37PM	Moon 10 - Phase 29
	716313464		Rahu 8:44AM – 10:23AM	Kaulava Until 12:12AM Sun	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:11AM	Moon – Clear		Subha Sivaloka Day	
Until 11:25AM				Kartika-Aipasi			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Gaborone, Botswana Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.02	Tithi 13 – 14	Gulika 3:20PM – 4:59PM	Revati Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	
			Yama 12:02PM – 1:41PM	Vajra* Until 7:08AM	Muruqa: Purple	<i>Sunset:</i> 6:38PM	Moon 10 - Phase 29
	716313464		Rahu 4:59PM – 6:38PM	Gara Until 1:52AM Mon	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 1:03PM	Moon – Clear		Subha Sivaloka Day	
Until 1:37PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Gaborone, Botswana Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:41PM – 3:20PM	Ashvini Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	
	Mesha Rasi: 8.17	Tithi 14 – 15	Yama 10:23AM – 12:02PM	Siddhi Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 6:39PM	Moon 10 - Phase 29
	Family Home Evening	727313464	Rahu 7:04AM – 8:44AM	Visti Until 3:07AM Tue	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 2:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gaborone, Botswana Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 12:02PM – 1:41PM	Bharani Until 5:19PM	Ganesha: White	<i>Sunrise:</i> 5:25AM	
	Mesha Rasi: 20.43	Tithi 15 – 16	Yama 8:43AM – 10:23AM	Vyatipata* Until 7:03AM	Muruqa: Purple	<i>Sunset:</i> 6:39PM	Moon 10 - Phase 29
	727413464		Rahu 3:21PM – 5:00PM	Balava Until 3:57AM Wed	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 3:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gaborone, Botswana

Sun 1 Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 3.21 Tithi 16 - 17

727413464

Gulika 10:23AM - 12:02PM
Yama 7:04AM - 8:43AM
Rahu 12:02PM - 1:42PM

Krittika Until 6:19PM

Variyan Until 6:30AM

Taitila Until 4:22AM Thu

Prathama* Until 4:11PM

Ganesha: White

Muruqa: Purple

Nataraja: Purple

Moon - White

Karttika-Aipasi

Sunrise: 5:24AM

Sunset: 6:40PM

Sivaloka Day

Creative Work Amrita Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gaborone, Botswana

Sun 2 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 16.1 Tithi 17 - 18

737413464

Gulika 8:43AM - 10:23AM
Yama 5:24AM - 7:04AM
Rahu 1:42PM - 3:22PM

Rohini Until 7:14PM

Shiva Until 4:31AM Fri

Vanija Until 4:23AM Fri

Dvitiya Until 4:24PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Sunrise: 5:24AM

Sunset: 6:41PM

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gaborone, Botswana

Sun 3 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 29.11 Tithi 18 - 19

737413464

Gulika 7:03AM - 8:43AM
Yama 3:22PM - 5:02PM
Rahu 10:23AM - 12:02PM

Mrigashira Until 7:38PM

Siddha Until 3:03AM Sat

Bava Until 4:02AM Sat

Tritiya Until 4:14PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Sunrise: 5:24AM

Sunset: 6:41PM

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gaborone, Botswana

Sun 4 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.23 Tithi 19 - 20

737413464

Gulika 5:23AM - 7:03AM
Yama 1:43PM - 3:22PM
Rahu 8:43AM - 10:23AM

Ardra Until 7:32PM

Sadhya Until 1:19AM Sun

Kaulava Until 3:20AM Sun

Chaturthi* Until 3:42PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Karttika-Karttikai

Sunrise: 5:23AM

Sunset: 6:42PM

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gaborone, Botswana

Sun 5 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 25.46 Tithi 20 - 21

747413465

Gulika 3:23PM - 5:03PM
Yama 12:03PM - 1:43PM
Rahu 5:03PM - 6:43PM

Punarvasu Until 7:24PM

Subha Until 11:20PM

Gara Until 2:17AM Mon

Panchami Until 2:50PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Sunrise: 5:23AM

Sunset: 6:43PM

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gaborone, Botswana

Sun 6 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 9.21 Tithi 21 - 22

748413465

Gulika 1:43PM - 3:23PM
Yama 10:23AM - 12:03PM
Rahu 7:03AM - 8:43AM

Pushya Until 6:46PM

Sukla Until 9:03PM

Visti Until 12:53AM Tue

Shashthi* Until 1:37PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Sunrise: 5:23AM

Sunset: 6:43PM

Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Gaborone, Botswana

Sun 7 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 23.08 Tithi 22 - 23

748413465

Gulika 12:03PM - 1:43PM
Yama 8:43AM - 10:23AM
Rahu 3:24PM - 5:04PM

Ashlesha* Until 5:40PM

Brahma Until 6:31PM

Balava Until 11:10PM

Saptami Until 12:03PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Sunrise: 5:22AM

Sunset: 6:44PM

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gaborone, Botswana

Sun 8 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 7.07 Tithi 23 - 24

758413465

Gulika 10:23AM - 12:03PM
Yama 7:02AM - 8:43AM
Rahu 12:03PM - 1:44PM

Magha* Until 4:32PM

Indra Until 3:44PM

Taitila Until 9:08PM

Ashtami* Until 10:10AM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Red

Karttika-Karttikai

Sunrise: 5:22AM

Sunset: 6:45PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Gaborone, Botswana Sun 9 Sutra 221 Vikarin 5121
Simha Rasi: 21.18	Tithi 24 – 25	Gulika 8:43AM – 10:23AM	Purvaphalguni Until 2:59PM	Ganesha: White <i>Sunrise:</i> 5:22AM	Moon 11 - Phase 31
		Yama 5:22AM – 7:02AM	Vaidhriti* Until 12:42PM	Muruqa: Purple <i>Sunset:</i> 6:46PM	2nd Phase
		Rahu 1:44PM – 3:25PM	Vanija Until 6:49PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Navami* Until 7:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau	Gaborone, Botswana Sun 10 Sutra 222 Vikarin 5121
Kanya Rasi: 5.4	Tithi 26	Gulika 7:02AM – 8:43AM	Uttaraphalguni Until 1:03PM	Ganesha: White <i>Sunrise:</i> 5:22AM	Moon 11 - Phase 31
		Yama 3:25PM – 5:06PM	Vishkambha* Until 9:29AM	Muruqa: Purple <i>Sunset:</i> 6:46PM	2nd Phase
		Rahu 10:23AM – 12:04PM	Bava Until 4:17PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Ekadashi* Until 2:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 1:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau	Gaborone, Botswana Sun 11 Sutra 223 Vikarin 5121
Kanya Rasi: 20.08	Tithi 27	Gulika 5:21AM – 7:02AM	Hasta Until 11:16AM	Ganesha: Yellow <i>Sunrise:</i> 5:21AM	Moon 11 - Phase 31
		Yama 1:45PM – 3:26PM	Priti Until 6:09AM	Muruqa: Purple <i>Sunset:</i> 6:47PM	2nd Phase
		Rahu 8:43AM – 10:24AM	Kaulava Until 1:39PM	Nataraja: Clear	
Routine Work	Marana Yoga		Dvadashti* Until 12:17AM Sun	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Gaborone, Botswana Sun 12 Sutra 224 Vikarin 5121
Tula Rasi: 4.38	Tithi 28	Gulika 3:26PM – 5:07PM	Chitra Until 9:20AM	Ganesha: Blue <i>Sunrise:</i> 5:21AM	Moon 11 - Phase 31
		Yama 12:05PM – 1:45PM	Saubhagya Until 11:25PM	Muruqa: Purple <i>Sunset:</i> 6:48PM	2nd Phase
		Rahu 5:07PM – 6:48PM	Gara Until 10:59AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Trayodashi* Until 9:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Gaborone, Botswana Sun 13 Sutra 225 Vikarin 5121
Tula Rasi: 19.06	Tithi 29	Gulika 1:46PM – 3:27PM	Svati Until 7:21AM	Ganesha: Blue <i>Sunrise:</i> 5:21AM	Moon 11 - Phase 31
Family Home Evening		Yama 10:24AM – 12:05PM	Sobhana Until 8:15PM	Muruqa: Purple <i>Sunset:</i> 6:48PM	2nd Phase
		Rahu 7:02AM – 8:43AM	Visti Until 8:26AM	Nataraja: Clear	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:14PM	Moon – Green	Devaloka Day
Until 7:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Gaborone, Botswana Sun 14 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.23	Tithi 30 – 1	Gulika 12:05PM – 1:46PM	Anuradha Until 4:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:21AM	Moon 11 - Phase 31
		Yama 8:43AM – 10:24AM	Athiganda* Until 5:20PM	Muruqa: Purple <i>Sunset:</i> 6:49PM	Amavasya
		Rahu 3:27PM – 5:08PM	Catuspada Until 6:09AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Amavasya* Until 5:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Gaborone, Botswana Sun 15 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.25	Tithi 1 – 2	Gulika 10:24AM – 12:05PM	Jyeshtha* Until 3:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:21AM	Moon 11 - Phase 31
		Yama 7:02AM – 8:43AM	Sukarma Until 2:49PM	Muruqa: Purple <i>Sunset:</i> 6:50PM	Prathama
		Rahu 12:05PM – 1:47PM	Balava Until 2:55AM Thu	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 3:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Gaborone, Botswana Sun 16 Sutra 228 Vikarin 5121
Dhanus Rasi: 1.05	Tithi 2 – 3	789413465	Gulika 8:43AM – 10:25AM Yama 5:21AM – 7:02AM Rahu 1:47PM – 3:28PM	Mula* Until 4:02AM Fri Dhriti Until 12:47PM Taitila Until 2:15AM Fri Dvitiya Until 2:29PM	Ganesha: Blue <i>Sunrise:</i> 5:21AM Muruqa: Purple <i>Sunset:</i> 6:51PM Nataraja: Clear Moon – Light Blue Margasira•Karttikai
Creative Work Siddha Yoga Until 4:02AM Fri Then Routine Work - Prabalarishta Yoga				Devaloka Day	

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Gaborone, Botswana Sun 17 Sutra 229 Vikarin 5121
Dhanus Rasi: 14.24	Tithi 3 – 4	789413465	Gulika 7:02AM – 8:43AM Yama 3:29PM – 5:10PM Rahu 10:25AM – 12:06PM	Purvashadha* Until 4:45AM Sat Shula* Until 11:16AM Vanija Until 2:19AM Sat Tritiya Until 2:10PM	Ganesha: Blue <i>Sunrise:</i> 5:21AM Muruqa: Purple <i>Sunset:</i> 6:51PM Nataraja: Clear Moon – Light Blue Margasira•Karttikai
Routine Work Prabalarishta Yoga Until 4:45AM Sat Then Routine Work - Marana Yoga				Devaloka Day	

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Gaborone, Botswana Sun 18 Sutra 230 Vikarin 5121
Dhanus Rasi: 27.19	Tithi 4 – 5	789413465	Gulika 5:21AM – 7:02AM Yama 1:48PM – 3:29PM Rahu 8:44AM – 10:25AM	Uttarashadha Until 6:01AM Sun Ganda* Until 10:21AM Bava Until 3:08AM Sun Chaturthi* Until 2:37PM	Ganesha: Blue <i>Sunrise:</i> 5:21AM Muruqa: Purple <i>Sunset:</i> 6:52PM Nataraja: Clear Moon – Light Blue Margasira•Karttikai
Routine Work Marana Yoga Until 6:01AM Sun Then Creative Work - Amrita Yoga				Devaloka Day	

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Gaborone, Botswana Sun 19 Sutra 231 Vikarin 5121
Makara Rasi: 9.53	Tithi 5 – 6	789413465	Gulika 3:30PM – 5:11PM Yama 12:07PM – 1:48PM Rahu 5:11PM – 6:53PM	Uttarashadha Until 6:01AM Vridhi Until 10:01AM Kaulava Until 4:39AM Mon Panchami Until 3:47PM	Ganesha: Blue <i>Sunrise:</i> 5:21AM Muruqa: Purple <i>Sunset:</i> 6:53PM Nataraja: Clear Moon – Light Blue Margasira•Karttikai
Creative Work Amrita Yoga				Devaloka Day	

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Gaborone, Botswana Sun 20 Sutra 232 Vikarin 5121
Makara Rasi: 22.1	Tithi 6 – 7	791413465	Gulika 1:49PM – 3:30PM Yama 10:26AM – 12:07PM Rahu 7:02AM – 8:44AM	Shravana Until 8:16AM Dhruva Until 10:09AM Gara Until 6:42AM Tue Shashthi* Until 5:35PM	Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruqa: Purple <i>Sunset:</i> 6:54PM Nataraja: Clear Moon – Purple Margasira•Karttikai
Family Home Evening Creative Work Amrita Yoga Until 8:16AM Then Creative Work - Siddha Yoga				Sivaloka Day	

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana* Yoga Gara/Vanija Karana Saptamyam Titau	Gaborone, Botswana Sun 21 Sutra 233 Vikarin 5121
Kumbha Rasi: 4.14	Tithi 7	791413465	Gulika 12:08PM – 1:49PM Yama 8:44AM – 10:26AM Rahu 3:31PM – 5:13PM	Dhanishtha Until 10:51AM Vyaghata* Until 10:41AM Gara Until 6:42AM Saptami Until 7:51PM	Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruqa: Purple <i>Sunset:</i> 6:54PM Nataraja: Clear Moon – Purple Margasira•Karttikai
Creative Work Siddha Yoga Until 10:51AM Then Routine Work - Marana Yoga				Sivaloka Day	

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhisak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Gaborone, Botswana Sun 22 Sutra 234 Vikarin 5121
Kumbha Rasi: 16.1	Tithi 8	791413465	Gulika 10:26AM – 12:08PM Yama 7:03AM – 8:44AM Rahu 12:08PM – 1:50PM	Shatabhishak Until 1:33PM Harshana Until 11:27AM Visti Until 9:05AM Ashtami* Until 10:19PM	Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruqa: Purple <i>Sunset:</i> 6:55PM Nataraja: Clear Moon – Purple Margasira•Karttikai
Creative Work Siddha Yoga Until 1:33PM Then Creative Work - Amrita Yoga				Sivaloka Day	

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi* Yoga Balava/Kaulava Karana Navamyam Titau	Gaborone, Botswana Sun 23 Sutra 235 Vikarin 5121
Kumbha Rasi: 28.03	Tithi 9	711413465	Gulika 8:45AM – 10:27AM Yama 5:21AM – 7:03AM Rahu 1:50PM – 3:32PM	Purvaproshtapada* Until 4:39PM Vajra* Until 12:15PM Balava Until 11:36AM Navami* Until 12:48AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:21AM Muruqa: Purple <i>Sunset:</i> 6:56PM Nataraja: Clear Moon – Clear Margasira•Karttikai
Creative Work Siddha Yoga				Sivaloka Day	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau			Gaborone, Botswana Sun 24 Sutra 236
Meena Rasi: 9.57	Tithi 10	Gulika 7:03AM – 8:45AM	Uttaraproshtapada Until 7:27PM	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	Vikarin 5121	
		Yama 3:33PM – 5:14PM	Siddhi Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 6:56PM	Moon 11 - Phase 33	4th Phase
		711413465 Rahu 10:27AM – 12:09PM	Taitila Until 2:00PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Dashami Until 3:05AM Sat	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau			Gaborone, Botswana Sun 25 Sutra 237
Meena Rasi: 21.56	Tithi 11	Gulika 5:21AM – 7:03AM	Revati Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 5:21AM	Vikarin 5121	
		Yama 1:51PM – 3:33PM	Vyatiyata* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 6:57PM	Moon 11 - Phase 33	4th Phase
		711513465 Rahu 8:45AM – 10:27AM	Vanija Until 4:07PM	Nataraja: Clear			
Routine Work	Prabalarishta Yoga		Ekadashi Until 4:59AM Sun	Moon – Clear		Subha Sivaloka Day	
Until 9:46PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau			Gaborone, Botswana Sun 26 Sutra 238
Mesha Rasi: 4.05	Tithi 12	Gulika 3:34PM – 5:16PM	Ashvini Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
		Yama 12:10PM – 1:52PM	Variyan Until 1:43PM	Muruqa: Purple	<i>Sunset:</i> 6:58PM	Moon 11 - Phase 33	4th Phase
		721513465 Rahu 5:16PM – 6:58PM	Bava Until 5:47PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM Mon	Moon – White		Sivaloka Day	
Until 11:59PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Gaborone, Botswana Sun 27 Sutra 239
Mesha Rasi: 16.26	Tithi 12 – 13	Gulika 1:52PM – 3:34PM	Bharani Until 1:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
Family Home Evening		Yama 10:28AM – 12:10PM	Parigha* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 6:58PM	Moon 11 - Phase 33	4th Phase
		721513465 Rahu 7:04AM – 8:46AM	Kaulava Until 6:55PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Gaborone, Botswana Sun 28 Sutra 240
Mesha Rasi: 29.02	Tithi 13 – 14	Gulika 12:11PM – 1:53PM	Krittika Until 2:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
		Yama 8:46AM – 10:28AM	Shiva Until 12:54PM	Muruqa: Purple	<i>Sunset:</i> 6:59PM	Moon 11 - Phase 33	4th Phase
		721513465 Rahu 3:35PM – 5:17PM	Gara Until 7:29PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Trayodashi Until 7:15AM	Moon – White		Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai			

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Gaborone, Botswana Sun 29 Sutra 241
Copper Retreat Star		Gulika 10:29AM – 12:11PM	Rohini Until 2:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
Vrishabha Rasi: 11.54	Tithi 14 – 15	Yama 7:04AM – 8:47AM	Siddha Until 11:49AM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 11 - Phase 33	Purnima
		731523465 Rahu 12:11PM – 1:53PM	Visti Until 7:28PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 7:31AM	Moon – Yellow		Sivaloka Day	
Until 2:52AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Gaborone, Botswana Sun 30 Sutra 242		
Silver Retreat Star		Gulika 8:47AM – 10:29AM	Mrigashira Until 2:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Vikarin 5121	
Vrishabha Rasi: 25.03	Tithi 15 – 16	Yama 5:23AM – 7:05AM	Sadhya Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 11 - Phase 33	Prathama
		732523465 Rahu 1:54PM – 3:36PM	Balava Until 6:55PM	Nataraja: Clear			
Routine Work	Marana Yoga		Purnima* Until 7:14AM	Moon – Yellow		Devaloka Day	
Until 2:48AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gaborone, Botswana

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 8.28 Tithi 16 - 17

732523465

Gulika 7:05AM - 8:47AM

Yama 3:36PM - 5:19PM

Rahu 10:30AM - 12:12PM

Ardra Until 2:09AM Sat

Subha Until 8:28AM

Gara Until 5:16AM Sat

Prathama* Until 6:27AM

Ganesha: Clear Sunrise: 5:23AM

Muruqa: Clear Sunset: 7:01PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gaborone, Botswana

Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 22.06 Tithi 18

742523465

Gulika 5:23AM - 7:06AM

Yama 1:55PM - 3:37PM

Rahu 8:48AM - 10:30AM

Punarvasu Until 1:29AM Sun

Sukla Until 6:15AM

Vanija Until 4:34PM

Tritiya Until 3:45AM Sun

Ganesha: Purple Sunrise: 5:23AM

Muruqa: Clear Sunset: 7:02PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Gaborone, Botswana

Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 5.56 Tithi 19

742523465

Gulika 3:37PM - 5:20PM

Yama 12:13PM - 1:55PM

Rahu 5:20PM - 7:02PM

Pushya Until 12:25AM Mon

Indra Until 1:11AM Mon

Bava Until 2:55PM

Chaturthi* Until 2:00AM Mon

Ganesha: Purple Sunrise: 5:24AM

Muruqa: Clear Sunset: 7:02PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Gaborone, Botswana

Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 19.55 Tithi 20

742523465

Gulika 1:56PM - 3:38PM

Yama 10:31AM - 12:13PM

Rahu 7:06AM - 8:49AM

Ashlesha* Until 11:02PM

Vaidhriti* Until 10:24PM

Kaulava Until 1:04PM

Panchami Until 12:04AM Tue

Ganesha: Purple Sunrise: 5:24AM

Muruqa: Clear Sunset: 7:03PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 11:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Gaborone, Botswana

Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 4 Tithi 21

852523465

Gulika 12:14PM - 1:56PM

Yama 8:49AM - 10:31AM

Rahu 3:39PM - 5:21PM

Magha* Until 9:50PM

Vishkambha* Until 7:33PM

Gara Until 11:06AM

Shashthi* Until 10:03PM

Ganesha: Purple Sunrise: 5:24AM

Muruqa: Clear Sunset: 7:03PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Gaborone, Botswana

Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 18.08 Tithi 22

852523465

Gulika 10:32AM - 12:14PM

Yama 7:07AM - 8:50AM

Rahu 12:14PM - 1:57PM

Purvaphalguni Until 8:27PM

Priti Until 4:40PM

Visti Until 9:02AM

Saptami Until 7:59PM

Ganesha: Purple Sunrise: 5:25AM

Muruqa: Clear Sunset: 7:04PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Gaborone, Botswana

Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 2.17 Tithi 23 - 24

852523465

Gulika 8:50AM - 10:32AM

Yama 5:25AM - 7:08AM

Rahu 1:57PM - 3:40PM

Uttaraphalguni Until 6:55PM

Ayushman Until 1:44PM

Balava Until 6:57AM

Ashtami* Until 5:54PM

Ganesha: Purple Sunrise: 5:25AM

Muruqa: Clear Sunset: 7:04PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 6:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gaborone, Botswana

Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 16.26 Tithi 24 - 25

862523465

Gulika 7:08AM - 8:50AM

Yama 3:40PM - 5:23PM

Rahu 10:33AM - 12:15PM

Hasta Until 5:41PM

Saubhagya Until 10:50AM

Vanija Until 2:51AM Sat

Navami* Until 3:50PM

Ganesha: Clear Sunrise: 5:26AM

Muruqa: Clear Sunset: 7:05PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Gaborone, Botswana Sun 8 Sutra 251 Vikarin 5121		
Tula Rasi: 0.34	Tithi 25 – 26	Gulika 5:26AM – 7:08AM	Chitra Until 4:22PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 12 - Phase 35
		Yama 1:58PM – 3:41PM	Sobhana Until 7:59AM	Nataraja: Clear		Moon – Green		2nd Phase
		862523465 Rahu 8:51AM – 10:33AM	Bava Until 12:54AM Sun			Devaloka Day		
Routine Work	Marana Yoga	Day 1 of Pancha Ganapati		Dashami Until 1:51PM		Margasira-Markali		
Until 4:22PM								
Then Creative Work - Siddha Yoga								

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Gaborone, Botswana Sun 9 Sutra 252 Vikarin 5121		
Tula Rasi: 14.38	Tithi 26 – 27	Gulika 3:41PM – 5:24PM	Svati Until 3:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Moon 12 - Phase 35
		Yama 12:16PM – 1:59PM	Sukarma Until 2:33AM Mon	Nataraja: Clear		Moon – Green		2nd Phase
		862523465 Rahu 5:24PM – 7:06PM	Kaulava Until 11:07PM			Devaloka Day		
Creative Work	Siddha Yoga	Day 2 of Pancha Ganapati		Ekadashi* Until 11:58AM		Margasira-Markali		
Until 3:03PM								
Then Routine Work - Marana Yoga								

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Gaborone, Botswana Sun 10 Sutra 253 Vikarin 5121		
Tula Rasi: 28.35	Tithi 27 – 28	Gulika 1:59PM – 3:42PM	Vishakha Until 2:13PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Moon 12 - Phase 35
Family Home Evening		Yama 10:34AM – 12:17PM	Dhriti Until 12:07AM Tue	Nataraja: Clear		Moon – Orange		2nd Phase
		872523465 Rahu 7:09AM – 8:52AM	Gara Until 9:34PM			Bhuloka Day		
Routine Work	Marana Yoga	Day 3 of Pancha Ganapati		Dvadashi* Until 10:17AM		Margasira-Markali		Devaloka Time: 3:PM to 6:PM
Until 2:13PM								
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Gaborone, Botswana Sun 11 Sutra 254 Vikarin 5121		
Vrischika Rasi: 12.23	Tithi 28 – 29	Gulika 12:17PM – 2:00PM	Anuradha Until 1:31PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 12 - Phase 35
		Yama 8:54AM – 10:35AM	Shula* Until 9:54PM	Nataraja: Clear		Moon – Orange		2nd Phase
		872523465 Rahu 3:42PM – 5:24PM	Visti Until 8:19PM			Bhuloka Day		
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Trayodashi* Until 8:52AM		Margasira-Markali		Devaloka Time: 3:PM to 6:PM
Until 1:31PM								
Then Routine Work - Marana Yoga								

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gaborone, Botswana Sun 12 Sutra 255 Vikarin 5121		
Retreat Star		Gulika 10:35AM – 12:18PM	Jyeshtha* Until 1:02PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 12 - Phase 35
Vrischika Rasi: 25.58	Tithi 29 – 30	Yama 7:11AM – 8:53AM	Ganda* Until 8:02PM	Nataraja: Clear		Moon – Orange		Amavasya
		872523465 Rahu 12:18PM – 2:00PM	Catuspada Until 7:29PM			Bhuloka Day		
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Chaturdashi* Until 7:49AM		Margasira-Markali		Devaloka Time: 3:PM to 6:PM
Until 1:02PM								
Then Routine Work - Marana Yoga								

Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Gaborone, Botswana Sun 13 Sutra 256 Vikarin 5121		
Dhanus Rasi: 9.19	Tithi 30 – 1	Gulika 8:53AM – 10:36AM	Mula* Until 1:19PM	Ganesha: Orange	<i>Sunrise:</i> 5:29AM	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 12 - Phase 35
		Yama 5:29AM – 7:11AM	Vriddhi Until 6:34PM	Nataraja: Clear		Moon – Light Blue		Prathama
		883523465 Rahu 2:01PM – 3:43PM	Kintughna Until 7:09PM			Devaloka Day		
Creative Work	Siddha Yoga	Annular Solar Eclipse		Amavasya* Until 7:14AM		Pausha-Markali		

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau	Gaborone, Botswana Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 22.22	Tithi 1 – 2	Gulika 7:12AM – 8:54AM	Purvashadha* Until 1:59PM	Ganesha: Orange <i>Sunrise:</i> 5:29AM	
		Yama 3:43PM – 5:26PM	Dhruva Until 5:31PM	Muruqa: Clear <i>Sunset:</i> 7:08PM	Moon 12 - Phase 36
	883523466	Rahu 10:36AM – 12:19PM	Balava Until 7:22PM	Nataraja: Orange	3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 7:10AM	Moon – Light Blue	Devaloka Day
Until 1:59PM				Pausha-Markali	
Then Routine Work - Marana Yoga					

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau	Gaborone, Botswana Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 5.09	Tithi 2 – 3	Gulika 5:30AM – 7:12AM	Uttarashadha Until 3:04PM	Ganesha: Orange <i>Sunrise:</i> 5:30AM	
		Yama 2:02PM – 3:44PM	Vyaghata* Until 4:56PM	Muruqa: Clear <i>Sunset:</i> 7:09PM	Moon 12 - Phase 36
	883523466	Rahu 8:55AM – 10:37AM	Taitila Until 8:12PM	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:42AM	Moon – Light Blue	Devaloka Day
Until 3:04PM				Pausha-Markali	
Then Creative Work - Siddha Yoga					

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Gaborone, Botswana Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 17.4	Tithi 3 – 4	Gulika 3:44PM – 5:27PM	Shravana Until 5:02PM	Ganesha: Clear <i>Sunrise:</i> 5:30AM	
		Yama 12:20PM – 2:02PM	Harshana Until 4:48PM	Muruqa: Clear <i>Sunset:</i> 7:09PM	Moon 12 - Phase 36
	893523466	Rahu 5:27PM – 7:09PM	Vanija Until 9:37PM	Nataraja: Orange	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:49AM	Moon – Purple	Devaloka Day
Until 5:02PM				Pausha-Markali	
Then Routine Work - Marana Yoga					

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Gaborone, Botswana Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 29.55	Tithi 4 – 5	Gulika 2:02PM – 3:45PM	Dhanishtha Until 7:20PM	Ganesha: Clear <i>Sunrise:</i> 5:31AM	
Family Home Evening		Yama 10:38AM – 12:20PM	Vajra* Until 5:03PM	Muruqa: Clear <i>Sunset:</i> 7:09PM	Moon 12 - Phase 36
	893523466	Rahu 7:13AM – 8:56AM	Bava Until 11:31PM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:29AM	Moon – Purple	Devaloka Day
				Pausha-Markali	

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Gaborone, Botswana Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 12.01	Tithi 5 – 6	Gulika 12:21PM – 2:03PM	Shatabhishak Until 9:50PM	Ganesha: Clear <i>Sunrise:</i> 5:32AM	
		Yama 8:56AM – 10:38AM	Siddhi Until 5:36PM	Muruqa: Clear <i>Sunset:</i> 7:10PM	Moon 12 - Phase 36
	893523466	Rahu 3:45PM – 5:27PM	Kaulava Until 1:48AM Wed	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Panchami Until 12:36PM	Moon – Purple	Devaloka Day
				Pausha-Markali	

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Gaborone, Botswana Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 23.58	Tithi 6 – 7	Gulika 10:39AM – 12:22PM	Purvaprosarthpada* Until 12:54AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:33AM	
		Yama 7:15AM – 8:57AM	Vyatipata* Until 6:21PM	Muruqa: Clear <i>Sunset:</i> 7:10PM	Moon 12 - Phase 36
	813623466	Rahu 12:22PM – 2:04PM	Gara Until 4:17AM Thu	Nataraja: Orange	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:01PM	Moon – Clear	Bhuloka Day
Until 12:54AM Thu				Pausha-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends			

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Varyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Gaborone, Botswana Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 5.51	Tithi 7 – 8	Gulika 8:58AM – 10:40AM	Uttaraprosarthpada Until 3:48AM Fri	Ganesha: Blue <i>Sunrise:</i> 5:34AM	
		Yama 5:34AM – 7:16AM	Varyan Until 7:08PM	Muruqa: Clear <i>Sunset:</i> 7:10PM	Moon 12 - Phase 36
	813623466	Rahu 2:04PM – 3:46PM	Visti Until 6:46AM Fri	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:31PM	Moon – Clear	Bhuloka Day
				Pausha-Markali	Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Gaborone, Botswana Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 17.44	Tithi 8	Gulika 7:16AM – 8:58AM	Revati Until 6:23AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:34AM	
		Yama 3:47PM – 5:29PM	Parigha* Until 7:51PM	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 12 - Phase 36
	813623466	Rahu 10:40AM – 12:22PM	Visti Until 6:46AM	Nataraja: Orange	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:55PM	Moon – Clear	Bhuloka Day
				Pausha-Markali	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Gaborone, Botswana Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 29.43	Tithi 9	Gulika 5:35AM – 7:17AM	Revati Until 6:23AM	Ganesha: Blue <i>Sunrise:</i> 5:35AM	
		Yama 2:05PM – 3:47PM	Shiva Until 8:21PM	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 12 - Phase 36
	813623466	Rahu 8:59AM – 10:41AM	Balava Until 9:02AM	Nataraja: Orange	Navami
Routine Work	Prabalarishta Yoga		Navami* Until 10:01PM	Moon – Clear	Bhuloka Day
Until 6:23AM				Pausha-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Gaborone, Botswana Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 11.5	Tithi 10	Gulika 3:47PM – 5:29PM	Ashvini Until 8:54AM	Ganesha: Yellow <i>Sunrise:</i> 5:36AM	
		Yama 12:23PM – 2:05PM	Siddha Until 8:27PM	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 12 - Phase 37
	823623466	Rahu 5:29PM – 7:11PM	Taitila Until 10:54AM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 8:54AM		Subramuniyaswami Jayanti	Dashami Until 11:36PM	Pausha-Markali	
Then Routine Work - Prabalarishta Yoga					

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Gaborone, Botswana Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.11	Tithi 11	Gulika 2:06PM – 3:48PM	Bharani Until 10:44AM	Ganesha: Yellow <i>Sunrise:</i> 5:36AM	
Family Home Evening		Yama 10:42AM – 12:24PM	Sadhya Until 8:06PM	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 12 - Phase 37
Creative Work	Siddha Yoga	Rahu 7:18AM – 9:00AM	Vanija Until 12:11PM	Nataraja: Orange	4th Phase
Until 10:44AM		Vaikuntha Ekadasi	Ekadashi Until 12:33AM Tue	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Pausha-Markali	

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Gaborone, Botswana Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 6.5	Tithi 12	Gulika 12:24PM – 2:06PM	Krittika Until 11:45AM	Ganesha: Yellow <i>Sunrise:</i> 5:37AM	
		Yama 9:01AM – 10:42AM	Subha Until 7:13PM	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 12 - Phase 37
	823623466	Rahu 3:48PM – 5:30PM	Bava Until 12:47PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 11:45AM			Dvadashi Until 12:47AM Wed	Pausha-Markali	
Then Creative Work - Amrita Yoga					

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Gaborone, Botswana Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 19.49	Tithi 13	Gulika 10:43AM – 12:25PM	Rohini Until 12:22PM	Ganesha: White <i>Sunrise:</i> 5:38AM	
		Yama 7:20AM – 9:01AM	Sukla Until 5:44PM	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 12 - Phase 37
	833623466	Rahu 12:25PM – 2:06PM	Kaulava Until 12:38PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – Yellow	Bhuloka Day
			Trayodashi Until 12:17AM Thu	Pausha-Markali	Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata</i>		

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Gaborone, Botswana Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.1	Tithi 14	Gulika 9:02AM – 10:43AM	Mrigashira Until 12:09PM	Ganesha: Yellow <i>Sunrise:</i> 5:39AM	
		Yama 5:39AM – 7:20AM	Brahma Until 3:44PM	Muruqa: Clear <i>Sunset:</i> 7:12PM	Moon 12 - Phase 37
	834623466	Rahu 2:07PM – 3:48PM	Gara Until 11:48AM	Nataraja: Orange	4th Phase
Routine Work	Marana Yoga			Moon – Yellow	Devaloka Day
			Chaturdashi* Until 11:07PM	Pausha-Markali	

Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Gaborone, Botswana Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 7:21AM – 9:02AM	Ardra Until 11:10AM	Ganesha: Yellow <i>Sunrise:</i> 5:39AM	
Mithuna Rasi: 16.54	Tithi 15	Yama 3:49PM – 5:30PM	Indra Until 1:16PM	Muruqa: Clear <i>Sunset:</i> 7:12PM	Moon 12 - Phase 37
	834623466	Rahu 10:44AM – 12:25PM	Visti Until 10:19AM	Nataraja: Orange	Purnima
Creative Work	Siddha Yoga			Moon – Yellow	Devaloka Day
		Penumbral Lunar Eclipse	Purnima* Until 9:22PM	Pausha-Markali	
		Ardra Darshanam			

Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Gaborone, Botswana Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 5:40AM – 7:21AM	Punarvasu Until 9:59AM	Ganesha: White <i>Sunrise:</i> 5:40AM	
Kataka Rasi: 0.58	Tithi 16	Yama 2:07PM – 3:49PM	Vaidhriti* Until 10:22AM	Muruqa: Clear <i>Sunset:</i> 7:12PM	Moon 12 - Phase 37
	844623466	Rahu 9:03AM – 10:44AM	Balava Until 8:20AM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga			Moon – Blue	Sivaloka Day
			Prathama* Until 7:10PM	Pausha-Markali	



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.17 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*7Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:49PM - 5:30PM
Yama 12:26PM - 2:08PM
Rahu 5:30PM - 7:12PM

Pushya Until 8:17AM
Vishkambha* Until 7:12AM
Vanija Until 3:21AM Mon
Dvitiya Until 4:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 5:41AM
Sunset: 7:12PM

Gaborone, Botswana
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 29.46 Tithi 18 - 19

844623466

Family Home Evening
Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:08PM - 3:49PM
Yama 10:45AM - 12:27PM
Rahu 7:23AM - 9:04AM

Ashlesha* Until 6:13AM
Ayushman Until 12:24AM Tue
Bava Until 12:39AM Tue
Tritiya Until 1:59PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 5:42AM
Sunset: 7:12PM

Gaborone, Botswana
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.19 Tithi 19 - 20

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Creative Work Siddha Yoga

Until 2:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:27PM - 2:08PM
Yama 9:05AM - 10:46AM
Rahu 3:49PM - 5:30PM

Purvaphalguni Until 2:23AM Wed
Saubhagya Until 8:58PM
Kaulava Until 9:57PM
Chaturthi* Until 11:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 5:42AM
Sunset: 7:12PM

Gaborone, Botswana
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 28.5 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:46AM - 12:27PM
Yama 7:24AM - 9:05AM
Rahu 12:27PM - 2:08PM

Uttaraphalguni Until 12:26AM Thu
Sobhana Until 5:40PM
Gara Until 7:24PM
Panchami Until 8:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 5:43AM
Sunset: 7:12PM

Gaborone, Botswana
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.14 Tithi 21 - 22

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Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 9:06AM - 10:47AM
Yama 5:44AM - 7:25AM
Rahu 2:09PM - 3:50PM

Hasta Until 11:00PM
Athiganda* Until 2:30PM
Bava Until 3:59AM Fri
Shashthi* Until 6:11AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 5:44AM
Sunset: 7:12PM

Gaborone, Botswana
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 27.27 Tithi 23

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Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:25AM - 9:06AM
Yama 3:50PM - 5:31PM
Rahu 10:47AM - 12:28PM

Chitra Until 9:43PM
Sukarma Until 11:35AM
Balava Until 3:01PM
Ashtami* Until 2:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 5:45AM
Sunset: 7:11PM

Gaborone, Botswana
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 11.28 Tithi 24

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Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:45AM - 7:26AM
Yama 2:09PM - 3:50PM
Rahu 9:07AM - 10:48AM

Svati Until 8:39PM
Dhriti Until 8:56AM
Taitila Until 1:19PM
Navami* Until 12:35AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 5:45AM
Sunset: 7:11PM

Gaborone, Botswana
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Gaborone, Botswana Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 25.15	Tithi 25	Gulika 3:50PM – 5:31PM	Vishakha Until 8:14PM	Ganesha: Clear <i>Sunrise:</i> 5:46AM	
		Yama 12:29PM – 2:09PM	Shula* Until 6:33AM	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 1 - Phase 39
		874623466 Rahu 5:31PM – 7:11PM	Vanija Until 11:58AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 11:26PM	Moon – Orange	Devaloka Day
				Pausha*Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Gaborone, Botswana Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 8.49	Tithi 26	Gulika 2:09PM – 3:50PM	Anuradha Until 8:02PM	Ganesha: Clear <i>Sunrise:</i> 5:47AM	
Family Home Evening		Yama 10:48AM – 12:29PM	Vriddhi Until 2:45AM Tue	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 1 - Phase 39
		874623466 Rahu 7:27AM – 9:08AM	Bava Until 11:01AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:40PM	Moon – Orange	Devaloka Day
				Pausha*Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Gaborone, Botswana Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 22.1	Tithi 27	Gulika 12:29PM – 2:10PM	Jyeshtha* Until 8:05PM	Ganesha: Purple <i>Sunrise:</i> 5:48AM	
		Yama 9:08AM – 10:49AM	Dhruva Until 1:17AM Wed	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 1 - Phase 39
		875623466 Rahu 3:50PM – 5:30PM	Kaulava Until 10:27AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 10:18PM	Moon – Orange	Bhuloka Day
Until 8:05PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Gaborone, Botswana Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 5.18	Tithi 28	Gulika 10:49AM – 12:29PM	Mula* Until 8:51PM	Ganesha: Light Blue <i>Sunrise:</i> 5:48AM	
		Yama 7:29AM – 9:09AM	Vyaghata* Until 12:10AM Thu	Muruqa: Clear <i>Sunset:</i> 7:11PM	Moon 1 - Phase 39
		885623466 Rahu 12:29PM – 2:10PM	Gara Until 10:18AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 10:21PM	Moon – Light Blue	Bhuloka Day
Until 8:51PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Gaborone, Botswana Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 18.14	Tithi 29	Gulika 9:09AM – 10:50AM	Purvashadha* Until 9:51PM	Ganesha: Light Blue <i>Sunrise:</i> 5:49AM	
		Yama 5:49AM – 7:29AM	Harshana Until 11:23PM	Muruqa: Clear <i>Sunset:</i> 7:10PM	Moon 1 - Phase 39
		885623466 Rahu 2:10PM – 3:50PM	Visti* Until 10:34AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:50PM	Moon – Light Blue	Bhuloka Day
Until 9:51PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Gaborone, Botswana Sun 13 Sutra 285 Vikarin 5121
Makara Rasi: 0.57	Tithi 30	Gulika 7:30AM – 9:10AM	Uttarashadha Until 11:07PM	Ganesha: Light Blue <i>Sunrise:</i> 5:50AM	
		Yama 3:50PM – 5:30PM	Vajra* Until 10:54PM	Muruqa: Clear <i>Sunset:</i> 7:10PM	Moon 1 - Phase 39
		885623466 Rahu 10:50AM – 12:30PM	Catuspada Until 11:15AM	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 11:44PM	Moon – Light Blue	Bhuloka Day
				Pausha*Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Gaborone, Botswana Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 13.28	Tithi 1	Gulika 5:51AM – 7:30AM	Shravana Until 1:08AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:51AM	
		Yama 2:10PM – 3:50PM	Siddhi Until 10:46PM	Muruqa: Clear <i>Sunset:</i> 7:10PM	Moon 1 - Phase 39
		995623466 Rahu 9:10AM – 10:50AM	Kintughna Until 12:23PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sun	Moon – Purple	Bhuloka Day
Until 1:08AM Sun				Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Gaborone, Botswana Sun 15 Sutra 287
	Makara Rasi: 25.49	Tithi 2	Gulika 3:50PM – 5:30PM	Dhanishtha Until 3:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	Vikarin 5121
			Yama 12:30PM – 2:10PM	Vyatipata* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 1 - Phase 40
		995723466 Rahu 5:30PM – 7:09PM	Balava Until 1:56PM	Nataraja: Orange		3rd Phase	
	Routine Work	Marana Yoga		Dvitiya Until 2:50AM Mon	Moon – Purple	Devaloka Day	
	Until 3:21AM Mon				Magha-Thai		
	Then Creative Work - Siddha Yoga						

2	Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Gaborone, Botswana Sun 16 Sutra 288
	Kumbha Rasi: 7.59	Tithi 3	Gulika 2:10PM – 3:50PM	Shatabhishak Until 5:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:52AM	Vikarin 5121
	Family Home Evening		Yama 10:51AM – 12:31PM	Variyan Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 1 - Phase 40
		995723466 Rahu 7:32AM – 9:11AM	Taitila Until 3:52PM	Nataraja: Orange		3rd Phase	
	Creative Work	Siddha Yoga		Tritiya Until 4:56AM Tue	Moon – Purple	Devaloka Day	
	Until 5:45AM Tue				Magha-Thai		
	Then Routine Work - Marana Yoga						

3	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija Karana Chalurthyam Titau				Gaborone, Botswana Sun 17 Sutra 289
	Kumbha Rasi: 20.02	Tithi 4	Gulika 12:31PM – 2:10PM	Purvaprossthapada* Until 8:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Vikarin 5121
			Yama 9:12AM – 10:51AM	Parigha* Until 12:02AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 1 - Phase 40
		915723466 Rahu 3:50PM – 5:29PM	Vanija Until 6:06PM	Nataraja: Orange		3rd Phase	
	Routine Work	Marana Yoga		Chaturthi* Until 7:18AM Wed	Moon – Clear	Sivaloka Day	
	Until 8:44AM Wed				Magha-Thai		
	Then Creative Work - Siddha Yoga						

4	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Gaborone, Botswana Sun 18 Sutra 290
	Meena Rasi: 1.58	Tithi 4 – 5	Gulika 10:52AM – 12:31PM	Purvaprossthapada* Until 8:44AM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Vikarin 5121
			Yama 7:33AM – 9:12AM	Shiva Until 12:51AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 1 - Phase 40
		915723466 Rahu 12:31PM – 2:10PM	Bava Until 8:34PM	Nataraja: Orange		3rd Phase	
	Creative Work	Amrita Yoga		Chaturthi* Until 7:18AM	Moon – Clear	Sivaloka Day	
	Until 8:44AM				Magha-Thai		
	Then Creative Work - Siddha Yoga						

5	Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Gaborone, Botswana Sun 19 Sutra 291
	Meena Rasi: 13.51	Tithi 5 – 6	Gulika 9:13AM – 10:52AM	Uttaraprossthapada Until 11:41AM	Ganesha: Green	<i>Sunrise:</i> 5:54AM	Vikarin 5121
			Yama 5:54AM – 7:33AM	Siddha Until 1:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 1 - Phase 40
		915723466 Rahu 2:10PM – 3:49PM	Kaulava Until 11:06PM	Nataraja: Orange		3rd Phase	
	Creative Work	Siddha Yoga		Panchami Until 9:49AM	Moon – Clear	Sivaloka Day	
	Until 2:26PM				Magha-Thai		
	Then Creative Work - Amrita Yoga						

6	Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Gaborone, Botswana Sun 20 Sutra 292
	Meena Rasi: 25.43	Tithi 6 – 7	Gulika 7:34AM – 9:13AM	Revati Until 2:26PM	Ganesha: Orange	<i>Sunrise:</i> 5:55AM	Vikarin 5121
			Yama 3:49PM – 5:28PM	Sadhya Until 2:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 1 - Phase 40
		916723466 Rahu 10:52AM – 12:31PM	Gara Until 1:32AM Sat	Nataraja: Orange		3rd Phase	
	Creative Work	Siddha Yoga		Shashthi* Until 12:19PM	Moon – Clear	Devaloka Day	
	Until 2:26PM				Magha-Thai		
	Then Creative Work - Amrita Yoga						

D	Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Gaborone, Botswana Sun 21 Sutra 293
	Retreat Star		Gulika 5:55AM – 7:34AM	Ashvini Until 5:20PM	Ganesha: Green	<i>Sunrise:</i> 5:55AM	Vikarin 5121
	Mesha Rasi: 7.39	Tithi 7 – 8	Yama 2:10PM – 3:49PM	Subha Until 2:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 1 - Phase 40
		926723466 Rahu 9:13AM – 10:52AM	Vistil Until 3:40AM Sun	Nataraja: Orange		Ashtami	
	Creative Work	Siddha Yoga		Saptami Until 2:38PM	Moon – White	Bhuloka Day	
	Until 7:39PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

D	Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gaborone, Botswana Sun 22 Sutra 294
	Retreat Star		Gulika 3:49PM – 5:28PM	Bharani Until 7:39PM	Ganesha: Green	<i>Sunrise:</i> 5:56AM	Vikarin 5121
	Mesha Rasi: 19.43	Tithi 8 – 9	Yama 12:31PM – 2:10PM	Sukla Until 3:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 1 - Phase 40
		926723466 Rahu 5:28PM – 7:07PM	Balava Until 5:18AM Mon	Nataraja: Orange		Navami	
	Routine Work	Prabalarishta Yoga		Ashtami* Until 4:32PM	Moon – White	Bhuloka Day	
	Until 7:39PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Gaborone, Botswana Sun 23 Sutra 295
1		Gulika 2:10PM – 3:49PM	Krittika Until 9:12PM	Ganesha: Green <i>Sunrise:</i> 5:56AM
Vrishabha Rasi: 1.59	Tithi 9 – 10	Yama 10:53AM – 12:31PM	Brahma Until 2:42AM Tue	Muruqa: Clear <i>Sunset:</i> 7:07PM
Family Home Evening	926723466	Rahu 7:35AM – 9:14AM	Taitila Until 6:13AM Tue	Nataraja: Orange
Routine Work Marana Yoga			Navami* Until 5:50PM	Moon – White
Until 9:12PM				Magha*Thai
Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Gaborone, Botswana Sun 24 Sutra 296
2		Gulika 12:32PM – 2:10PM	Rohini Until 10:20PM	Ganesha: Red <i>Sunrise:</i> 5:57AM
Vrishabha Rasi: 14.33	Tithi 10	Yama 9:14AM – 10:53AM	Indra Until 1:44AM Wed	Muruqa: Clear <i>Sunset:</i> 7:06PM
	936723467	Rahu 3:49PM – 5:27PM	Taitila Until 6:13AM	Nataraja: Clear
Creative Work Amrita Yoga			Dashami Until 6:21PM	Moon – Yellow
Until 10:20PM				Magha*Thai
Then Creative Work - Siddha Yoga				Devaloka Day

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Ekadashyam Titau		Gaborone, Botswana Sun 25 Sutra 297
3		Gulika 10:53AM – 12:32PM	Mrigashira Until 10:29PM	Ganesha: Red <i>Sunrise:</i> 5:58AM
Vrishabha Rasi: 27.31	Tithi 11	Yama 7:36AM – 9:15AM	Vaidhriti* Until 12:05AM Thu	Muruqa: Clear <i>Sunset:</i> 7:06PM
	936723467	Rahu 12:32PM – 2:10PM	Vanija Until 6:19AM	Nataraja: Clear
Creative Work Siddha Yoga			Ekadashi Until 6:02PM	Moon – Yellow
				Magha*Thai
				Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Gaborone, Botswana Sun 26 Sutra 298
4		Gulika 9:15AM – 10:53AM	Ardra Until 9:41PM	Ganesha: Red <i>Sunrise:</i> 5:58AM
Mithuna Rasi: 10.54	Tithi 12 – 13	Yama 5:58AM – 7:37AM	Vishkambha* Until 9:48PM	Muruqa: Clear <i>Sunset:</i> 7:05PM
	936723467	Rahu 2:10PM – 3:48PM	Kaulava Until 4:03AM Fri	Nataraja: Clear
Routine Work Marana Yoga			Dvadashi Until 4:54PM	Moon – Yellow
Until 9:41PM				Magha*Thai
Then Creative Work - Amrita Yoga				Devaloka Day
				<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Gaborone, Botswana Sun 27 Sutra 299
5		Gulika 7:37AM – 9:15AM	Punarvasu Until 8:28PM	Ganesha: Blue <i>Sunrise:</i> 5:59AM
Mithuna Rasi: 24.46	Tithi 13 – 14	Yama 3:48PM – 5:26PM	Priti Until 6:57PM	Muruqa: Clear <i>Sunset:</i> 7:04PM
	947723467	Rahu 10:54AM – 12:32PM	Gara Until 1:50AM Sat	Nataraja: Clear
Creative Work Siddha Yoga			Trayodashi Until 3:00PM	Moon – Blue
Until 8:28PM				Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau		Gaborone, Botswana Sutra 300
○	Copper Retreat Star	Gulika 6:00AM – 7:38AM	Pushya Until 6:31PM	Ganesha: Blue <i>Sunrise:</i> 6:00AM
Kataka Rasi: 9.03	Tithi 14 – 15	Yama 2:10PM – 3:48PM	Ayushman Until 3:36PM	Muruqa: Clear <i>Sunset:</i> 7:04PM
	947723467	Rahu 9:16AM – 10:54AM	Visiti Until 11:03PM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 12:29PM	Moon – Blue
Until 6:31PM		Thai Pusam		Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Gaborone, Botswana Sutra 301
○	Silver Retreat Star	Gulika 3:48PM – 5:25PM	Ashlesha* Until 4:01PM	Ganesha: Blue <i>Sunrise:</i> 6:00AM
Kataka Rasi: 23.42	Tithi 15 – 16	Yama 12:32PM – 2:10PM	Saubhagya Until 11:54AM	Muruqa: Clear <i>Sunset:</i> 7:03PM
	947723467	Rahu 5:25PM – 7:03PM	Balava Until 7:54PM	Nataraja: Clear
Creative Work Siddha Yoga			Purnima* Until 9:30AM	Moon – Blue
Until 4:01PM				Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gaborone, Botswana

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9 Tithi 16 - 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 1:33PM

Then Creative Work - Siddha Yoga

Gulika 2:10PM - 3:47PM

Yama 10:54AM - 12:32PM

Rahu 7:39AM - 9:17AM

Magha* Until 1:33PM

Sobhana Until 7:59AM

Gara Until 2:47AM Tue

Prathama* Until 6:13AM

Ganesha: Red Sunrise: 6:01AM

Muruqa: Clear Sunset: 7:03PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti* Karana Tritiyayam Titau

Gaborone, Botswana

Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 23.37 Tithi 18

Creative Work Siddha Yoga

Until 10:52AM

Then Creative Work - Amrita Yoga

Gulika 12:32PM - 2:09PM

Yama 9:17AM - 10:54AM

Rahu 3:47PM - 5:24PM

Purvaphalguni Until 10:52AM

Sukarma Until 11:57PM

Vanija Until 1:06PM

Tritiya Until 11:24PM

Ganesha: Red Sunrise: 6:02AM

Muruqa: Clear Sunset: 7:02PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gaborone, Botswana

Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 8.35 Tithi 19

Creative Work Amrita Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Gulika 10:55AM - 12:32PM

Yama 7:40AM - 9:17AM

Rahu 12:32PM - 2:09PM

Uttaraphalguni Until 8:08AM

Dhriti Until 8:07PM

Bava Until 9:47AM

Chaturthi* Until 8:11PM

Ganesha: Red Sunrise: 6:02AM

Muruqa: Clear Sunset: 7:01PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Gaborone, Botswana

Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.22 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 9:17AM - 10:55AM

Yama 6:03AM - 7:40AM

Rahu 2:09PM - 3:46PM

Chitra Until 3:58AM Fri

Shula* Until 4:32PM

Kaulava Until 6:43AM

Panchami Until 5:19PM

Ganesha: Green Sunrise: 6:03AM

Muruqa: Clear Sunset: 7:01PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhdi Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Gaborone, Botswana

Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 7.52 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 7:41AM - 9:18AM

Yama 3:46PM - 5:23PM

Rahu 10:55AM - 12:32PM

Svati Until 2:23AM Sat

Ganda* Until 1:20PM

Visti Until 1:54AM Sat

Shashthi* Until 2:53PM

Ganesha: White Sunrise: 6:04AM

Muruqa: Clear Sunset: 7:00PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gaborone, Botswana

Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.01 Tithi 22 - 23

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

Gulika 6:04AM - 7:41AM

Yama 2:09PM - 3:46PM

Rahu 9:18AM - 10:55AM

Vishakha Until 1:39AM Sun

Vridhdi Until 10:35AM

Balava Until 12:19AM Sun

Saptami Until 1:01PM

Ganesha: Clear Sunrise: 6:04AM

Muruqa: Clear Sunset: 6:59PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gaborone, Botswana

Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 5.47 Tithi 23 - 24

Routine Work Marana Yoga

Until 1:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:45PM - 5:22PM

Yama 12:32PM - 2:08PM

Rahu 5:22PM - 6:59PM

Anuradha Until 1:23AM Mon

Dhruva Until 8:17AM

Taitila Until 11:22PM

Ashtami* Until 11:44AM

Ganesha: Clear Sunrise: 6:05AM

Muruqa: Clear Sunset: 6:59PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1	Monday, February 17, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Gaborone, Botswana Sun 7 Sutra 309 Vikarin 5121
	Vrischika Rasi: 19.13 Tithi 24 – 25	Gulika 2:08PM – 3:45PM Yama 10:55AM – 12:32PM Rahu 7:42AM – 9:19AM	Jyeshtha* Until 1:33AM Tue Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange Magha-Masi
	Family Home Evening 988723467		Sunrise: 6:06AM Sunset: 6:58PM Moon 2 - Phase 43 2nd Phase
	Creative Work Siddha Yoga Until 1:33AM Tue Then Creative Work - Amrita Yoga		Devaloka Day

2	Tuesday, February 18, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau	Gaborone, Botswana Sun 8 Sutra 310 Vikarin 5121
	Dhanus Rasi: 2.19 Tithi 25 – 26	Gulika 12:32PM – 2:08PM Yama 9:19AM – 10:55AM Rahu 3:44PM – 5:21PM	Mula* Until 2:36AM Wed Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Magha-Masi
	988723467		Sunrise: 6:06AM Sunset: 6:57PM Moon 2 - Phase 43 2nd Phase
	Creative Work Amrita Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM


3	Wednesday, February 19, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Gaborone, Botswana Sun 9 Sutra 311 Vikarin 5121
	Dhanus Rasi: 15.07 Tithi 26 – 27	Gulika 10:55AM – 12:32PM Yama 7:43AM – 9:19AM Rahu 12:32PM – 2:08PM	Purvashadha* Until 3:58AM Thu Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Magha-Masi
	988723467		Sunrise: 6:07AM Sunset: 6:56PM Moon 2 - Phase 43 2nd Phase
	Creative Work Amrita Yoga Until 3:58AM Thu Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Thursday, February 20, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Gaborone, Botswana Sun 10 Sutra 312 Vikarin 5121
	Dhanus Rasi: 27.43 Tithi 27 – 28	Gulika 9:19AM – 10:55AM Yama 6:07AM – 7:43AM Rahu 2:07PM – 3:43PM	Uttarashadha Until 5:35AM Fri Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Magha-Masi
	989823467		Sunrise: 6:07AM Sunset: 6:56PM Moon 2 - Phase 43 2nd Phase
	Routine Work Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5	Friday, February 21, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Gaborone, Botswana Sun 11 Sutra 313 Vikarin 5121
	Makara Rasi: 10.07 Tithi 28 – 29	Gulika 7:44AM – 9:20AM Yama 3:43PM – 5:19PM Rahu 10:55AM – 12:31PM	Shravana Until 7:52AM Sat Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Purple Magha-Masi
	999823467		Sunrise: 6:08AM Sunset: 6:55PM Moon 2 - Phase 43 2nd Phase
	Routine Work Marana Yoga Until 7:52AM Sat Then Creative Work - Siddha Yoga	Mahasivaratri (Lunar) Mahasivaratri (Solar)	Trayodashi* Until 1:55PM Magha-Masi

6	Saturday, February 22, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Gaborone, Botswana Sun 12 Sutra 314 Vikarin 5121
	Makara Rasi: 22.22 Tithi 29 – 30	Gulika 6:08AM – 7:44AM Yama 2:07PM – 3:43PM Rahu 9:20AM – 10:56AM	Shravana Until 7:52AM Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Purple Magha-Masi
	999823467		Sunrise: 6:08AM Sunset: 6:54PM Moon 2 - Phase 43 2nd Phase
	Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Sunday, February 23, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Gaborone, Botswana Sun 13 Sutra 315 Vikarin 5121
	Retreat Star	Gulika 3:42PM – 5:18PM Yama 12:31PM – 2:07PM Rahu 5:18PM – 6:53PM	Dhanishtha Until 10:16AM Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Purple Magha-Masi
	Kumbha Rasi: 4.31 Tithi 30 – 1		Sunrise: 6:09AM Sunset: 6:53PM Moon 2 - Phase 43 Amavasya
	Routine Work Marana Yoga Until 10:16AM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, February 24, 2020	Retreat Star	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau	Gaborone, Botswana Sun 14 Sutra 316 Vikarin 5121
	Kumbha Rasi: 16.33 Tithi 1	Gulika 2:06PM – 3:42PM Yama 10:56AM – 12:31PM Rahu 7:45AM – 9:20AM	Shatabhishak Until 12:43PM Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Purple Phalgun-Masi
	Family Home Evening 999823467		Sunrise: 6:10AM Sunset: 6:52PM Moon 2 - Phase 43 Prathama
	Creative Work Siddha Yoga Until 12:43PM Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1	Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Gaborone, Botswana Sun 15 Sutra 317 Vikarin 5121
	Kumbha Rasi: 28.31	Tithi 2	Gulika 12:31PM – 2:06PM Yama 9:20AM – 10:56AM 919823467 Rahu 3:41PM – 5:16PM	Purvaprosarthpada* Until 3:41PM Sadhya Until 6:02AM Wed Balava Until 9:00AM Dvitiya Until 10:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:10AM Sunset: 6:51PM	Moon 2 - Phase 44 3rd Phase
	Routine Work Until 3:41PM Then Creative Work - Amrita Yoga	Marana Yoga			Phalguna-Masi		Devaloka Day

2	Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthpada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trilyayam Titau				Gaborone, Botswana Sun 16 Sutra 318 Vikarin 5121
	Meena Rasi: 10.25	Tithi 3	Gulika 10:56AM – 12:31PM Yama 7:46AM – 9:21AM 919823467 Rahu 12:31PM – 2:06PM	Uttaraprosarthpada Until 6:36PM Sadhya Until 6:02AM Taitila Until 11:27AM Tritiya Until 12:41AM Thu	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:11AM Sunset: 6:51PM	Moon 2 - Phase 44 3rd Phase
	Creative Work Until 6:36PM Then Routine Work - Marana Yoga	Siddha Yoga			Phalguna-Masi		Devaloka Day

3	Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau				Gaborone, Botswana Sun 17 Sutra 319 Vikarin 5121
	Meena Rasi: 22.17	Tithi 4	Gulika 9:21AM – 10:56AM Yama 6:11AM – 7:46AM 919823467 Rahu 2:05PM – 3:40PM	Revati Until 9:25PM Subha Until 6:55AM Vanija Until 1:58PM Chaturthi* Until 3:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:11AM Sunset: 6:50PM	Moon 2 - Phase 44 3rd Phase
	Creative Work Until 9:25PM Then Creative Work - Amrita Yoga	Siddha Yoga	Subramuniyaswami Siva Vision Day		Phalguna-Masi		Devaloka Day

4	Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Gaborone, Botswana Sun 18 Sutra 320 Vikarin 5121
	Mesha Rasi: 4.09	Tithi 5	Gulika 7:46AM – 9:21AM Yama 3:40PM – 5:14PM 921823467 Rahu 10:56AM – 12:30PM	Ashvini Until 12:29AM Sat Sukla Until 7:45AM Bava Until 4:27PM Panchami Until 5:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 6:12AM Sunset: 6:49PM	Moon 2 - Phase 44 3rd Phase
	Creative Work Until 12:29AM Sat Then Creative Work - Siddha Yoga	Amrita Yoga			Phalguna-Masi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava Karana Shashthyam Titau				Gaborone, Botswana Sun 19 Sutra 321 Vikarin 5121
	Mesha Rasi: 16.04	Tithi 6	Gulika 6:12AM – 7:47AM Yama 2:05PM – 3:39PM 921823467 Rahu 9:21AM – 10:56AM	Bharani Until 3:10AM Sun Brahma Until 8:31AM Kaulava Until 6:45PM Shashthi* Until 7:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 6:12AM Sunset: 6:48PM	Moon 2 - Phase 44 3rd Phase
	Creative Work Until 7:04AM Tue Then Creative Work - Siddha Yoga	Siddha Yoga			Phalguna-Masi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

6	Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Gaborone, Botswana Sun 20 Sutra 322 Vikarin 5121
	Mesha Rasi: 28.05	Tithi 6 – 7	Gulika 3:38PM – 5:12PM Yama 12:30PM – 2:04PM 921833467 Rahu 5:12PM – 6:46PM	Krittika Until 5:16AM Mon Indra Until 9:05AM Gara Until 8:41PM Shashthi* Until 7:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Sunrise: 6:13AM Sunset: 6:46PM	Moon 2 - Phase 44 3rd Phase
	Creative Work Until 5:16AM Mon Then Creative Work - Amrita Yoga	Siddha Yoga			Phalguna-Masi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

D	Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Gaborone, Botswana Sun 21 Sutra 323 Vikarin 5121
	Retreat Star Vrshabha Rasi: 10.17	Tithi 7 – 8	Gulika 2:03PM – 3:37PM Yama 10:56AM – 12:29PM 931833467 Rahu 7:48AM – 9:22AM	Rohini Until 7:04AM Tue Vaidhriti* Until 9:14AM Visiti Until 10:01PM Saptami Until 9:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 6:14AM Sunset: 6:45PM	Moon 2 - Phase 44 Ashtami
	Family Home Evening Creative Work Until 7:04AM Tue Then Creative Work - Siddha Yoga	Amrita Yoga			Phalguna-Masi		Devaloka Day

D	Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gaborone, Botswana Sun 22 Sutra 324 Vikarin 5121
	Retreat Star Vrshabha Rasi: 22.46	Tithi 8 – 9	Gulika 12:29PM – 2:03PM Yama 9:22AM – 10:56AM 931833467 Rahu 3:37PM – 5:10PM	Rohini Until 7:04AM Vishkambha* Until 8:54AM Balava Until 10:36PM Ashtami* Until 10:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 6:14AM Sunset: 6:44PM	Moon 2 - Phase 44 Navami
	Creative Work Until 7:04AM Then Creative Work - Siddha Yoga	Amrita Yoga			Phalguna-Masi		Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Gaborone, Botswana Sun 23 Sutra 325	
Mithuna Rasi: 5.37	Tithi 9 – 10	Gulika 10:55AM – 12:29PM	Mrigashira Until 7:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM		Vikarin 5121
		Yama 7:48AM – 9:22AM	Priti Until 7:57AM	Muruqa: Orange	<i>Sunset:</i> 6:43PM		Moon 2 - Phase 45
931833467	Rahu 12:29PM – 2:03PM		Taitila Until 10:19PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Navami* Until 10:33AM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Gaborone, Botswana Sun 24 Sutra 326	
Mithuna Rasi: 18.54	Tithi 10 – 11	Gulika 9:22AM – 10:55AM	Ardra Until 7:47AM	Ganesha: Red	<i>Sunrise:</i> 6:15AM		Vikarin 5121
		Yama 6:15AM – 7:49AM	Ayushman Until 6:18AM	Muruqa: Orange	<i>Sunset:</i> 6:42PM		Moon 2 - Phase 45
131833467	Rahu 2:02PM – 3:36PM		Vanija Until 9:09PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Dashami Until 9:49AM	Moon – Yellow		Devaloka Day	
Until 7:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Gaborone, Botswana Sun 25 Sutra 327	
Kataka Rasi: 2.41	Tithi 11 – 12	Gulika 7:49AM – 9:22AM	Punarvasu Until 7:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 3:35PM – 5:08PM	Sobhana Until 1:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:41PM		Moon 2 - Phase 45
141833467	Rahu 10:55AM – 12:29PM		Bava Until 7:10PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:14AM	Moon – Blue		Bhuloka Day	
Until 7:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Gaborone, Botswana Sun 26 Sutra 328	
Kataka Rasi: 16.58	Tithi 13	Gulika 6:16AM – 7:49AM	Ashlesha* Until 3:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 2:01PM – 3:34PM	Athiganda* Until 9:29PM	Muruqa: Orange	<i>Sunset:</i> 6:40PM		Moon 2 - Phase 45
141833467	Rahu 9:22AM – 10:55AM		Kaulava Until 4:29PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Trayodashi Until 2:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Gaborone, Botswana Sun 27 Sutra 329	
Simha Rasi: 1.42	Tithi 14	Gulika 3:34PM – 5:07PM	Magha* Until 12:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 12:28PM – 2:01PM	Sukarma Until 5:34PM	Muruqa: Orange	<i>Sunset:</i> 6:39PM		Moon 2 - Phase 45
151833467	Rahu 5:07PM – 6:39PM		Gara Until 1:15PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 11:27PM	Moon – Red		Devaloka Day	
Until 12:33AM Mon		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Gaborone, Botswana Sutra 330	
Copper Retreat Star		Gulika 2:00PM – 3:33PM	Purvaphalguni Until 9:34PM	Ganesha: White	<i>Sunrise:</i> 6:17AM		Vikarin 5121
Simha Rasi: 16.46	Tithi 15	Yama 10:55AM – 12:28PM	Dhriti Until 1:23PM	Muruqa: Orange	<i>Sunset:</i> 6:38PM		Moon 2 - Phase 45
Family Home Evening	152833467	Rahu 7:50AM – 9:22AM	Visti Until 9:38AM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Gaborone, Botswana Sutra 331	
Silver Retreat Star		Gulika 12:28PM – 2:00PM	Uttaraphalguni Until 6:22PM	Ganesha: White	<i>Sunrise:</i> 6:18AM		Vikarin 5121
Kanya Rasi: 2.01	Tithi 16 – 17	Yama 9:23AM – 10:55AM	Shula* Until 9:01AM	Muruqa: Orange	<i>Sunset:</i> 6:37PM		Moon 2 - Phase 45
152833467	Rahu 3:32PM – 5:05PM		Taitila Until 1:59AM Wed	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:53PM	Moon – Red		Sivaloka Day	
Until 6:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gaborone, Botswana

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.17 Tithi 17 - 18

162833467

Gulika

10:55AM - 12:27PM

Yama

7:50AM - 9:23AM

Rahu

12:27PM - 2:00PM

Hasta Until 3:31PM

Vriddhi Until 12:31AM Thu

Vanija Until 10:18PM

Dvitiya Until 12:06PM

Ganesha: Clear

Sunrise: 6:18AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 3:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Gaborone, Botswana

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 2.25 Tithi 18 - 19

162833467

Gulika

9:23AM - 10:55AM

Yama

6:19AM - 7:51AM

Rahu

1:59PM - 3:31PM

Chitra Until 12:49PM

Dhruva Until 8:36PM

Bava Until 6:57PM

Tritiya Until 8:33AM

Ganesha: Clear

Sunrise: 6:19AM

Muruqa: Orange

Sunset: 6:35PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gaborone, Botswana

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.14 Tithi 20

162833467

Gulika

7:51AM - 9:23AM

Yama

3:31PM - 5:03PM

Rahu

10:55AM - 12:27PM

Svati Until 10:24AM

Vyaghata* Until 5:06PM

Kaulava Until 4:04PM

Panchami Until 2:50AM Sat

Ganesha: Clear

Sunrise: 6:19AM

Muruqa: Orange

Sunset: 6:34PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Gaborone, Botswana

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.38 Tithi 21

172833467

Gulika

6:19AM - 7:51AM

Yama

1:58PM - 3:30PM

Rahu

9:23AM - 10:55AM

Vishakha Until 8:51AM

Harshana Until 2:08PM

Gara Until 1:49PM

Shashthi* Until 12:56AM Sun

Ganesha: Purple

Sunrise: 6:19AM

Muruqa: Orange

Sunset: 6:33PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Gaborone, Botswana

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.35 Tithi 22

172833468

Gulika

3:29PM - 5:01PM

Yama

12:26PM - 1:58PM

Rahu

5:01PM - 6:32PM

Anuradha Until 7:52AM

Vajra* Until 11:44AM

Visti Until 12:17PM

Saptami Until 11:48PM

Ganesha: Purple

Sunrise: 6:20AM

Muruqa: Orange

Sunset: 6:32PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gaborone, Botswana

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.04 Tithi 23

172933468

Gulika

1:57PM - 3:29PM

Yama

10:54AM - 12:26PM

Rahu

7:52AM - 9:23AM

Jyeshtha* Until 7:31AM

Siddhi Until 9:58AM

Balava Until 11:33AM

Ashtami* Until 11:28PM

Ganesha: Clear

Sunrise: 6:20AM

Muruqa: Orange

Sunset: 6:31PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata*/Vriyan Yoga Taitila/Gara Karana Navamyam Titau

Gaborone, Botswana

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.08 Tithi 24

182933468

Gulika

12:26PM - 1:57PM

Yama

9:23AM - 10:54AM

Rahu

3:28PM - 4:59PM

Mula* Until 8:13AM

Vyatipata* Until 8:50AM

Taitila Until 11:36AM

Navami* Until 11:52PM

Ganesha: Purple

Sunrise: 6:21AM

Muruqa: Orange

Sunset: 6:30PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 8:13AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Gaborone, Botswana Sun 8 Sutra 339 Vikarin 5121 Moon 3 - Phase 47 2nd Phase
Dhanus Rasi: 24.5	Tithi 25	Gulika 10:54AM – 12:25PM	Purvashadha* Until 9:29AM	Ganesha: Purple <i>Sunrise:</i> 6:21AM	
		Yama 7:52AM – 9:23AM	Variyan Until 8:14AM	Muruqa: Orange <i>Sunset:</i> 6:29PM	
182933468	Rahu 12:25PM – 1:56PM		Vanija Until 12:21PM	Nataraja: Purple	
Creative Work	Amrita Yoga		Dashami Until 12:57AM Thu	Moon – Light Blue	Devaloka Day
				Phalguna-Panguni	

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Gaborone, Botswana Sun 9 Sutra 340 Vikarin 5121 Moon 3 - Phase 47 2nd Phase
Makara Rasi: 7.16	Tithi 26	Gulika 9:23AM – 10:54AM	Uttarashadha Until 11:10AM	Ganesha: Purple <i>Sunrise:</i> 6:22AM	
		Yama 6:22AM – 7:52AM	Parigha* Until 8:07AM	Muruqa: Orange <i>Sunset:</i> 6:29PM	
182933468	Rahu 1:56PM – 3:27PM		Bava Until 1:42PM	Nataraja: Purple	
Routine Work	Marana Yoga		Ekadashi* Until 2:32AM Fri	Moon – Light Blue	Devaloka Day
Until 11:10AM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Gaborone, Botswana Sun 10 Sutra 341 Vikarin 5121 Moon 3 - Phase 47 2nd Phase
Makara Rasi: 19.29	Tithi 27	Gulika 7:53AM – 9:23AM	Shravana Until 1:37PM	Ganesha: Clear <i>Sunrise:</i> 6:22AM	
		Yama 3:26PM – 4:57PM	Shiva Until 8:23AM	Muruqa: Orange <i>Sunset:</i> 6:27PM	
192933468	Rahu 10:54AM – 12:25PM		Kaulava Until 3:30PM	Nataraja: Purple	
Routine Work	Marana Yoga		Dvadashi* Until 4:29AM Sat	Moon – Purple	Sivaloka Day
Until 1:37PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Gaborone, Botswana Sun 11 Sutra 342 Vikarin 5121 Moon 3 - Phase 47 2nd Phase
Kumbha Rasi: 1.33	Tithi 28	Gulika 6:22AM – 7:53AM	Dhanishtha Until 4:12PM	Ganesha: Clear <i>Sunrise:</i> 6:22AM	
		Yama 1:55PM – 3:25PM	Siddha Until 8:53AM	Muruqa: Orange <i>Sunset:</i> 6:26PM	
192933468	Rahu 9:23AM – 10:54AM		Gara Until 5:36PM	Nataraja: Purple	
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM Sun	Moon – Purple	Sivaloka Day
Until 4:12PM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Gaborone, Botswana Sun 12 Sutra 343 Vikarin 5121 Moon 3 - Phase 47 2nd Phase
Kumbha Rasi: 13.32	Tithi 28 – 29	Gulika 3:25PM – 4:55PM	Shatabhishak Until 6:48PM	Ganesha: Clear <i>Sunrise:</i> 6:23AM	
		Yama 12:24PM – 1:54PM	Sadhya Until 9:34AM	Muruqa: Orange <i>Sunset:</i> 6:25PM	
192933468	Rahu 4:55PM – 6:25PM		Visti Until 7:53PM	Nataraja: Purple	
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Gaborone, Botswana Sun 13 Sutra 344 Vikarin 5121 Moon 3 - Phase 47 Amavasya
Kumbha Rasi: 25.28	Tithi 29 – 30	Gulika 1:54PM – 3:24PM	Purvaproshtapada* Until 9:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:23AM	
Family Home Evening		Yama 10:54AM – 12:24PM	Subha Until 10:22AM	Muruqa: Orange <i>Sunset:</i> 6:24PM	
113933468	Rahu 7:53AM – 9:24AM		Catuspada Until 10:17PM	Nataraja: Purple	
Routine Work	Marana Yoga		Chaturdashi* Until 9:03AM	Moon – Clear	Sivaloka Day
Until 9:51PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Gaborone, Botswana Sun 14 Sutra 345 Vikarin 5121 Moon 3 - Phase 47 Prathama
Meena Rasi: 7.21	Tithi 30 – 1	Gulika 12:23PM – 1:53PM	Uttaraproshtapada Until 12:47AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:24AM	
		Yama 9:24AM – 10:54AM	Sukla Until 11:12AM	Muruqa: Orange <i>Sunset:</i> 6:23PM	
113933468	Rahu 3:23PM – 4:53PM		Kintughna Until 12:43AM Wed	Nataraja: Purple	
Creative Work	Amrita Yoga		Amavasya* Until 11:28AM	Moon – Clear	Sivaloka Day
Until 12:47AM Wed		Yugadhi		Chaitra-Panguni	
Then Routine Work - Marana Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Gaborone, Botswana Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 19.14	Tithi 1 – 2	Gulika 10:53AM – 12:23PM	Revati Until 3:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:24AM	
		Yama 7:54AM – 9:24AM	Brahma Until 12:04PM	Muruqa: Orange <i>Sunset:</i> 6:22PM	Moon 3 - Phase 48
		113933468 Rahu 12:23PM – 1:53PM	Balava Until 3:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 1:55PM	Moon – Clear	Sivaloka Day
Until 3:33AM Thu				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Gaborone, Botswana Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 1.07	Tithi 2 – 3	Gulika 9:24AM – 10:53AM	Ashvini Until 6:36AM Fri	Ganesha: Red <i>Sunrise:</i> 6:24AM	
		Yama 6:24AM – 7:54AM	Indra Until 12:55PM	Muruqa: Orange <i>Sunset:</i> 6:21PM	Moon 3 - Phase 48
		123933468 Rahu 1:52PM – 3:22PM	Taitila Until 5:33AM Fri	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 4:21PM	Moon – White	Sivaloka Day
Until 6:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Tritiyayam Titau	Gaborone, Botswana Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 13.02	Tithi 3	Gulika 7:54AM – 9:24AM	Ashvini Until 6:36AM	Ganesha: Red <i>Sunrise:</i> 6:25AM	
		Yama 3:21PM – 4:51PM	Vaidhriti* Until 1:41PM	Muruqa: Orange <i>Sunset:</i> 6:20PM	Moon 3 - Phase 48
		123933468 Rahu 10:53AM – 12:23PM	Gara Until 6:40PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:40PM	Moon – White	Sivaloka Day
Until 6:36AM				Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau	Gaborone, Botswana Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 24.59	Tithi 4	Gulika 6:25AM – 7:55AM	Bharani Until 9:19AM	Ganesha: Red <i>Sunrise:</i> 6:25AM	
		Yama 1:52PM – 3:21PM	Vishkambha* Until 2:20PM	Muruqa: Orange <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48
		123933468 Rahu 9:24AM – 10:53AM	Vanija Until 7:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:47PM	Moon – White	Sivaloka Day
Until 9:19AM				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Gaborone, Botswana Sun 19 Sutra 350 Vikarin 5121
Vrishabha Rasi: 7.04	Tithi 5	Gulika 3:20PM – 4:49PM	Krittika Until 11:37AM	Ganesha: Red <i>Sunrise:</i> 6:26AM	
		Yama 12:22PM – 1:51PM	Priti Until 2:46PM	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 3 - Phase 48
		123933468 Rahu 4:49PM – 6:18PM	Bava Until 9:44AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:33PM	Moon – White	Sivaloka Day
				Chaitra•Panguni	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Gaborone, Botswana Sun 20 Sutra 351 Vikarin 5121
Vrishabha Rasi: 19.17	Tithi 6	Gulika 1:51PM – 3:19PM	Rohini Until 1:50PM	Ganesha: Blue <i>Sunrise:</i> 6:26AM	
Family Home Evening		Yama 10:53AM – 12:22PM	Ayushman Until 2:50PM	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 48
		133933468 Rahu 7:55AM – 9:24AM	Kaulava Until 11:16AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 11:49PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Gaborone, Botswana Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 1.45	Tithi 7	Gulika 12:21PM – 1:50PM	Mrigashira Until 3:17PM	Ganesha: Blue <i>Sunrise:</i> 6:26AM	
		Yama 9:24AM – 10:53AM	Saubhagya Until 2:26PM	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 48
		133933468 Rahu 3:19PM – 4:48PM	Gara Until 12:13PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:25AM Wed	Moon – Yellow	Subha Sivaloka Day
Until 3:17PM				Chaitra•Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Gaborone, Botswana Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 14.32	Tithi 8	Gulika 10:53AM – 12:21PM	Ardra Until 3:53PM	Ganesha: Blue <i>Sunrise:</i> 6:26AM	
		Yama 7:55AM – 9:24AM	Sobhana Until 1:29PM	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 48
		133933468 Rahu 12:21PM – 1:50PM	Visti Until 12:26PM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:14AM Thu	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau	Gaborone, Botswana Sun 23 Sutra 354 Vikarin 5121
Mithuna Rasi: 27.43	Tithi 9	Gulika 9:24AM – 10:53AM	Punarvasu Until 3:59PM	Ganesha: Yellow <i>Sunrise:</i> 6:27AM	
		Yama 6:27AM – 7:55AM	Athiganda* Until 11:52AM	Muruqa: Orange <i>Sunset:</i> 6:15PM	Moon 3 - Phase 48
		143933468 Rahu 1:50PM – 3:18PM	Balava Until 11:51AM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 11:13PM	Moon – Blue	Sivaloka Day
		Sri Rama Navami		Chaitra•Panguni	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Gaborone, Botswana Sun 24 Sutra 355
	Kataka Rasi: 11.2	Tithi 10	Gulika 7:56AM – 9:24AM	Pushya Until 3:08PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Vikarin 5121
			Yama 3:18PM – 4:46PM	Sukarma Until 9:37AM	Muruqa: Orange	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 10:52AM – 12:21PM	Taitila Until 10:26AM	Nataraja: Purple		4th Phase
			Dashami Until 9:25PM	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Gaborone, Botswana Sun 25 Sutra 356
	Kataka Rasi: 25.28	Tithi 11	Gulika 6:28AM – 7:56AM	Ashlesha* Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:28AM	Vikarin 5121
			Yama 1:49PM – 3:17PM	Dhriti Until 6:46AM	Muruqa: Orange	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 9:24AM – 10:52AM	Vanija Until 8:15AM	Nataraja: Purple		4th Phase
Until 1:24PM			Ekadashi Until 6:54PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Chaitra•Panguni			

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Gaborone, Botswana Sun 26 Sutra 357
	Simha Rasi: 10.02	Tithi 12 – 13	Gulika 3:16PM – 4:44PM	Magha* Until 11:19AM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Vikarin 5121
			Yama 12:20PM – 1:48PM	Ganda* Until 11:29PM	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	153933468 Rahu 4:44PM – 6:12PM	Kaulava Until 2:05AM Mon	Nataraja: Purple		4th Phase
Until 11:19AM			Dvodashi Until 3:47PM	Moon – Red		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			
				<i>Pradosha Vrata</i>			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Gaborone, Botswana Sun 27 Sutra 358
	Simha Rasi: 24.59	Tithi 13 – 14	Gulika 1:48PM – 3:16PM	Purvaphalguni Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Vikarin 5121
	Family Home Evening		Yama 10:52AM – 12:20PM	Vridhhi Until 7:21PM	Muruqa: Orange	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 Rahu 7:56AM – 9:24AM	Gara Until 10:23PM	Nataraja: Purple		4th Phase
			Trayodashi Until 12:15PM	Moon – Red		Sivaloka Day	
				Chaitra•Panguni			

○	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Gaborone, Botswana Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:20PM – 1:47PM	Hasta Until 2:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Vikarin 5121
	Kanya Rasi: 10.12	Tithi 14 – 15	Yama 9:24AM – 10:52AM	Dhruva Until 3:01PM	Muruqa: Orange	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 49
			164933468 Rahu 3:15PM – 4:43PM	Visti Until 6:31PM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Moon – Green		Devaloka Day	
		Panguni Uttiram		Chaitra•Panguni			
		Hanuman Jayanti					

○	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Gaborone, Botswana Sun 29 Sutra 360
	Silver Retreat Star		Gulika 10:52AM – 12:19PM	Chitra Until 11:33PM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Vikarin 5121
	Kanya Rasi: 25.3	Tithi 16	Yama 7:57AM – 9:24AM	Vyaghata* Until 10:40AM	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 49
			164934468 Rahu 12:19PM – 1:47PM	Balava Until 2:39PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:45AM Thu	Moon – Green		Devaloka Day	
				Chaitra•Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gaborone, Botswana
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 10.43 Tithi 17

Gulika 9:24AM – 10:52AM
Yama 6:30AM – 7:57AM
164134468 **Rahu** 1:46PM – 3:14PM

Svati Until 8:39PM
Harshana Until 6:27AM
Taitila Until 10:57AM
Dvitiya Until 9:12PM

Ganesha: White *Sunrise:* 6:30AM
Muruqa: Clear *Sunset:* 6:08PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga
Until 8:39PM
Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gaborone, Botswana
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 25.42 Tithi 18

Gulika 7:57AM – 9:24AM
Yama 3:13PM – 4:40PM
174134468 **Rahu** 10:52AM – 12:19PM

Vishakha Until 6:27PM
Siddhi Until 10:54PM
Vanija Until 7:36AM
Tritiya Until 6:06PM

Ganesha: Yellow *Sunrise:* 6:30AM
Muruqa: Clear *Sunset:* 6:07PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gaborone, Botswana
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 10.17 Tithi 19 – 20

Gulika 6:31AM – 7:58AM
Yama 1:46PM – 3:13PM
174134468 **Rahu** 9:25AM – 10:52AM

Anuradha Until 4:43PM
Vyatipata* Until 7:51PM
Kaulava Until 2:36AM Sun
Chaturthi* Until 3:34PM

Ganesha: Yellow *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 6:07PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Vriyana/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gaborone, Botswana
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 24.25 Tithi 20 – 21

Gulika 3:12PM – 4:39PM
Yama 12:18PM – 1:45PM
174134468 **Rahu** 4:39PM – 6:06PM

Jyeshtha* Until 3:33PM
Vriyana Until 5:23PM
Gara Until 1:12AM Mon
Panchami Until 1:47PM

Ganesha: Yellow *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 6:06PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga
Until 3:33PM
Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gaborone, Botswana
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 8.03 Tithi 21 – 22

Family Home Evening

Gulika 1:45PM – 3:11PM
Yama 10:51AM – 12:18PM
184134468 **Rahu** 7:58AM – 9:25AM

Mula* Until 3:31PM
Parigha* Until 3:36PM
Visti Until 12:39AM Tue
Shashthi* Until 12:48PM

Ganesha: Blue *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 6:05PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga
Until 3:31PM
Then Routine Work - Marana Yoga

Retreat Star

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gaborone, Botswana
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 21.13 Tithi 22 – 23

Gulika 12:18PM – 1:44PM
Yama 9:25AM – 10:51AM
284134468 **Rahu** 3:11PM – 4:37PM

Purvashadha* Until 4:09PM
Shiva Until 2:30PM
Balava Until 12:57AM Wed
Saptami Until 12:41PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruqa: Clear *Sunset:* 6:04PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga
Until 4:09PM
Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gaborone, Botswana
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 3.58 Tithi 23 – 24

Gulika 10:51AM – 12:18PM
Yama 7:59AM – 9:25AM
284134468 **Rahu** 12:18PM – 1:44PM

Uttarashadha Until 5:24PM
Siddha Until 2:00PM
Taitila Until 1:59AM Thu
Ashtami* Until 1:22PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruqa: Clear *Sunset:* 6:03PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga
Until 5:24PM
Then Creative Work - Siddha Yoga

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Gaborone, Botswana Sun 7 Sutra 4
	Makara Rasi: 16.23	Tithi 24 – 25	Gulika 9:25AM – 10:51AM	Shravana Until 7:36PM	Ganesha: Blue <i>Sunrise:</i> 6:33AM		Sarvari 5122
			Yama 6:33AM – 7:59AM	Sadhya Until 2:02PM	Muruqa: Clear <i>Sunset:</i> 6:02PM		Moon 4 - Phase 1
	294134468		Rahu 1:43PM – 3:10PM	Vanija Until 3:38AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Moon – Purple		Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Gaborone, Botswana Sun 8 Sutra 5
	Makara Rasi: 28.34	Tithi 25 – 26	Gulika 7:59AM – 9:25AM	Dhanishtha Until 10:07PM	Ganesha: Blue <i>Sunrise:</i> 6:33AM		Sarvari 5122
			Yama 3:09PM – 4:35PM	Subha Until 2:30PM	Muruqa: Clear <i>Sunset:</i> 6:01PM		Moon 4 - Phase 1
	294134468		Rahu 10:51AM – 12:17PM	Bava Until 5:43AM Sat	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dashami Until 4:37PM		Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava Karana Ekadashyam Titau				Gaborone, Botswana Sun 9 Sutra 6
	Kumbha Rasi: 10.35	Tithi 26	Gulika 6:34AM – 7:59AM	Shatabhishak Until 12:46AM Sun	Ganesha: Yellow <i>Sunrise:</i> 6:34AM		Sarvari 5122
			Yama 1:43PM – 3:09PM	Sukla Until 3:12PM	Muruqa: Clear <i>Sunset:</i> 6:00PM		Moon 4 - Phase 1
	295134468		Rahu 9:25AM – 10:51AM	Balava Until 6:51PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Ekadashi* Until 6:51PM		Moon – Purple		Sivaloka Day	
Until 12:46AM Sun				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Gaborone, Botswana Sun 10 Sutra 7
	Kumbha Rasi: 22.3	Tithi 27	Gulika 3:08PM – 4:34PM	Purvaproshtapada* Until 3:53AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:34AM		Sarvari 5122
			Yama 12:17PM – 1:42PM	Brahma Until 4:04PM	Muruqa: Clear <i>Sunset:</i> 5:59PM		Moon 4 - Phase 1
	215134468		Rahu 4:34PM – 5:59PM	Kaulava Until 8:03AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dvadashi* Until 9:15PM		Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Gaborone, Botswana Sun 11 Sutra 8
	Meena Rasi: 4.22	Tithi 28	Gulika 1:42PM – 3:07PM	Uttaraproshtapada Until 6:51AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:34AM		Sarvari 5122
	Family Home Evening		Yama 10:51AM – 12:16PM	Indra Until 5:00PM	Muruqa: Clear <i>Sunset:</i> 5:58PM		Moon 4 - Phase 1
	215134468		Rahu 8:00AM – 9:25AM	Gara Until 10:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Trayodashi* Until 11:42PM		Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Gaborone, Botswana Sun 12 Sutra 9
	Meena Rasi: 16.14	Tithi 29	Gulika 12:16PM – 1:42PM	Uttaraproshtapada Until 6:51AM	Ganesha: Yellow <i>Sunrise:</i> 6:35AM		Sarvari 5122
			Yama 9:26AM – 10:51AM	Vaidhriti* Until 5:53PM	Muruqa: Clear <i>Sunset:</i> 5:58PM		Moon 4 - Phase 1
	215134468		Rahu 3:07PM – 4:32PM	Visti Until 12:56PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Chaturdashi* Until 2:06AM Wed		Moon – Clear		Sivaloka Day	
Until 6:51AM				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Gaborone, Botswana Sun 13 Sutra 10
	Retreat Star		Gulika 10:51AM – 12:16PM	Revati Until 9:35AM	Ganesha: Yellow <i>Sunrise:</i> 6:35AM		Sarvari 5122
	Meena Rasi: 28.08	Tithi 30	Yama 8:00AM – 9:26AM	Vishkambha* Until 6:43PM	Muruqa: Clear <i>Sunset:</i> 5:57PM		Moon 4 - Phase 1
	215134468		Rahu 12:16PM – 1:41PM	Catuspada Until 3:17PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga	Amavasya* Until 4:23AM Thu		Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Gaborone, Botswana Sun 14 Sutra 11
	Mesha Rasi: 10.04	Tithi 1	Gulika 9:26AM – 10:51AM	Ashvini Until 12:31PM	Ganesha: Red <i>Sunrise:</i> 6:36AM		Sarvari 5122
			Yama 6:36AM – 8:01AM	Priti Until 7:27PM	Muruqa: Clear <i>Sunset:</i> 5:56PM		Moon 4 - Phase 1
	225134468		Rahu 1:41PM – 3:06PM	Kintughna Until 5:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga	Prathama* Until 6:29AM Fri		Moon – White		Sivaloka Day	
Until 12:31PM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Gaborone, Botswana Sun 15 Sutra 12	
1	Mesha Rasi: 22.04 Tithi 1 – 2	Gulika	8:01AM – 9:26AM	Bharani Until 3:06PM	Ganesha: Red	Sunrise: 6:36AM	Sarvari 5122
		Yama	3:05PM – 4:30PM	Ayushman Until 7:59PM	Muruqa: Clear	Sunset: 5:55PM	
		225134469 Rahu	10:51AM – 12:16PM	Balava Until 7:28PM	Nataraja: Clear		3rd Phase
	Creative Work Siddha Yoga		Prathama* Until 6:29AM		Moon – White		Devaloka Day
					Vaisaka-Chaitra		

Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Gaborone, Botswana Sun 16 Sutra 13	
2	Vrishabha Rasi: 4.11 Tithi 2 – 3	Gulika	6:37AM – 8:01AM	Krittika Until 5:16PM	Ganesha: Red	Sunrise: 6:37AM	Sarvari 5122
		Yama	1:40PM – 3:05PM	Saubhagya Until 8:19PM	Muruqa: Clear	Sunset: 5:54PM	
		225134469 Rahu	9:26AM – 10:51AM	Taitila Until 9:11PM	Nataraja: Clear		3rd Phase
	Creative Work Amrita Yoga		Dvitiya Until 8:21AM		Moon – White		Devaloka Day
					Vaisaka-Chaitra		

Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Gaborone, Botswana Sun 17 Sutra 14	
3	Vrishabha Rasi: 16.25 Tithi 3 – 4	Gulika	3:04PM – 4:29PM	Rohini Until 7:26PM	Ganesha: Yellow	Sunrise: 6:37AM	Sarvari 5122
		Yama	12:15PM – 1:40PM	Sobhana Until 8:24PM	Muruqa: Clear	Sunset: 5:54PM	
		235134469 Rahu	4:29PM – 5:54PM	Vanija Until 10:32PM	Nataraja: Clear		3rd Phase
	Creative Work Siddha Yoga		Akshaya Tritiya	Tritiya Until 9:53AM	Moon – Yellow		Devaloka Day
					Vaisaka-Chaitra		

Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Gaborone, Botswana Sun 18 Sutra 15	
4	Vrishabha Rasi: 28.48 Tithi 4 – 5	Gulika	1:40PM – 3:04PM	Mrigashira Until 9:00PM	Ganesha: Yellow	Sunrise: 6:38AM	Sarvari 5122
		Yama	10:51AM – 12:15PM	Athiganda* Until 8:07PM	Muruqa: Clear	Sunset: 5:53PM	
	Family Home Evening	235134469 Rahu	8:02AM – 9:26AM	Bava Until 11:27PM	Nataraja: Clear		3rd Phase
	Creative Work Amrita Yoga		Adi Sankara Jayanthi	Chaturthi* Until 11:02AM	Moon – Yellow		Devaloka Day
	Until 9:00PM				Vaisaka-Chaitra		
	Then Creative Work - Siddha Yoga						

Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Gaborone, Botswana Sun 19 Sutra 16	
5	Mithuna Rasi: 11.24 Tithi 5 – 6	Gulika	12:15PM – 1:39PM	Ardra Until 9:55PM	Ganesha: Blue	Sunrise: 6:38AM	Sarvari 5122
		Yama	9:27AM – 10:51AM	Sukarma Until 7:27PM	Muruqa: Clear	Sunset: 5:52PM	
		236134469 Rahu	3:04PM – 4:28PM	Kaulava Until 11:49PM	Nataraja: Clear		3rd Phase
	Routine Work Marana Yoga			Panchami Until 11:41AM	Moon – Yellow		Bhuloka Day
	Until 9:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
	Then Creative Work - Siddha Yoga						

Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Gaborone, Botswana Sun 20 Sutra 17	
6	Mithuna Rasi: 24.16 Tithi 6 – 7	Gulika	10:51AM – 12:15PM	Punarvasu Until 10:33PM	Ganesha: Yellow	Sunrise: 6:38AM	Sarvari 5122
		Yama	8:03AM – 9:27AM	Dhriti Until 6:19PM	Muruqa: Clear	Sunset: 5:51PM	
		246134469 Rahu	12:15PM – 1:39PM	Gara Until 11:34PM	Nataraja: Clear		3rd Phase
	Creative Work Siddha Yoga			Shashthi* Until 11:45AM	Moon – Blue		Devaloka Day
					Vaisaka-Chaitra		

Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Gaborone, Botswana Sun 21 Sutra 18	
D	Kataka Rasi: 7.27 Tithi 7 – 8	Gulika	9:27AM – 10:51AM	Pushya Until 10:23PM	Ganesha: Yellow	Sunrise: 6:39AM	Sarvari 5122
		Yama	6:39AM – 8:03AM	Shula* Until 4:39PM	Muruqa: Clear	Sunset: 5:51PM	
		246134469 Rahu	1:39PM – 3:03PM	Visti Until 10:40PM	Nataraja: Clear		Ashtami
	Creative Work Amrita Yoga			Saptami Until 11:11AM	Moon – Blue		Devaloka Day
	Until 10:23PM				Vaisaka-Chaitra		
	Then Creative Work - Siddha Yoga						

Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gaborone, Botswana Sun 22 Sutra 19	
D	Kataka Rasi: 21 Tithi 8 – 9	Gulika	8:04AM – 9:27AM	Ashlesha* Until 9:24PM	Ganesha: Yellow	Sunrise: 6:40AM	Sarvari 5122
		Yama	3:02PM – 4:26PM	Ganda* Until 2:27PM	Muruqa: Clear	Sunset: 5:49PM	
		246134469 Rahu	10:51AM – 12:15PM	Balava Until 9:06PM	Nataraja: Clear		Navami
	Routine Work Marana Yoga			Ashtami* Until 9:57AM	Moon – Blue		Devaloka Day
					Vaisaka-Chaitra		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Gaborone, Botswana Sun 23	Sutra 20
Simha Rasi: 4.56	Tithi 9 – 10	Gulika 6:40AM – 8:04AM	Magha* Until 8:06PM	Ganesha: White	<i>Sunrise:</i> 6:40AM		Sarvari 5122	
		Yama 1:38PM – 3:01PM	Vriddhi Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 5:49PM		Moon 4 - Phase 3	
		256134469 Rahu 9:27AM – 10:51AM	Taitila Until 6:55PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Navami* Until 8:04AM	Moon – Red		Bhuloka Day		
Until 8:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								


2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Gaborone, Botswana Sun 24	Sutra 21
Simha Rasi: 19.16	Tithi 11	Gulika 3:01PM – 4:25PM	Purvaphalguni Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 6:41AM		Sarvari 5122	
		Yama 12:14PM – 1:38PM	Dhruva Until 8:34AM	Muruqa: Clear	<i>Sunset:</i> 5:48PM		Moon 4 - Phase 3	
		256134469 Rahu 4:25PM – 5:48PM	Vanija Until 4:11PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 2:38AM Mon	Moon – Red		Bhuloka Day		
Until 6:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau			Gaborone, Botswana Sun 25	Sutra 22
Kanya Rasi: 3.57	Tithi 12	Gulika 1:38PM – 3:01PM	Uttaraphalguni Until 3:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM		Sarvari 5122	
Family Home Evening		Yama 10:51AM – 12:14PM	Harshana Until 1:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:47PM		Moon 4 - Phase 3	
		256234469 Rahu 8:05AM – 9:28AM	Bava Until 1:02PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:20PM	Moon – Red		Devaloka Day		
				Vaisaka*Chaitra				

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Gaborone, Botswana Sun 26	Sutra 23
Kanya Rasi: 18.53	Tithi 13	Gulika 12:14PM – 1:37PM	Hasta Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM		Sarvari 5122	
		Yama 9:28AM – 10:51AM	Vajra* Until 9:09PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM		Moon 4 - Phase 3	
		267234469 Rahu 3:00PM – 4:24PM	Kaulava Until 9:36AM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 7:48PM	Moon – Green		Devaloka Day		
				Vaisaka*Chaitra				

Pradosha Vrata

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau			Gaborone, Botswana Sun 27	Sutra 24
Tula Rasi: 3.56	Tithi 14 – 15	Gulika 10:51AM – 12:14PM	Chitra Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM		Sarvari 5122	
		Yama 8:05AM – 9:28AM	Siddhi Until 5:06PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM		Moon 4 - Phase 3	
		267234469 Rahu 12:14PM – 1:37PM	Gara Until 6:02AM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:14PM	Moon – Green		Devaloka Day		
				Vaisaka*Chaitra				

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Gaborone, Botswana Sun 28	Sutra 25
Copper Retreat Star		Gulika 9:28AM – 10:51AM	Svati Until 7:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM		Sarvari 5122	
Tula Rasi: 18.59	Tithi 15 – 16	Yama 6:43AM – 8:06AM	Vyatipata* Until 1:09PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM		Moon 4 - Phase 3	
		267234469 Rahu 1:37PM – 3:00PM	Balava Until 11:07PM	Nataraja: Clear			Purnima	
Creative Work	Amrita Yoga		Purnima* Until 12:45PM	Moon – Green		Devaloka Day		
Until 7:28AM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								

Friday, May 8, 2020		Silver Retreat Star			Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Gaborone, Botswana Sun 29	Sutra 26
Vrischika Rasi: 3.52	Tithi 16 – 17	Gulika 8:06AM – 9:29AM	Anuradha Until 3:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:43AM		Sarvari 5122		
		Yama 2:59PM – 4:22PM	Variyan Until 9:25AM	Muruqa: Clear	<i>Sunset:</i> 5:45PM		Moon 4 - Phase 3		
		277234469 Rahu 10:51AM – 12:14PM	Taitila Until 8:07PM	Nataraja: Clear			Prathama		
Creative Work	Siddha Yoga		Prathama* Until 9:33AM	Moon – Orange		Bhuloka Day			
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda