



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Durban, South Africa
Sutra 7

Tula Rasi: 29.02 Tithi 17 – 18

Gulika 2:45PM – 4:09PM
Yama 11:56AM – 1:21PM
274483468 **Rahu** 4:09PM – 5:33PM

Vishakha Until 1:28PM
Vyatipata* Until 11:59PM
Vanija Until 8:23PM
Dvitiya Until 9:01AM

Ganesha: Blue *Sunrise:* 6:20AM
Muruqa: Yellow *Sunset:* 5:33PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Durban, South Africa
Sun 1 Sutra 8

Vrischika Rasi: 12.38 Tithi 18 – 19

Gulika 1:20PM – 2:44PM
Yama 10:32AM – 11:56AM
274483468 **Rahu** 7:44AM – 9:08AM

Anuradha Until 1:13PM
Variyan Until 10:23PM
Bava Until 7:39PM
Tritiya Until 7:54AM

Ganesha: Blue *Sunrise:* 6:20AM
Muruqa: Yellow *Sunset:* 5:32PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Durban, South Africa
Sun 2 Sutra 9

Vrischika Rasi: 25.49 Tithi 19 – 20

Gulika 11:56AM – 1:20PM
Yama 9:08AM – 10:32AM
274483468 **Rahu** 2:43PM – 4:07PM

Jyeshtha* Until 1:35PM
Parigha* Until 9:27PM
Kaulava Until 7:43PM
Chaturthi* Until 7:33AM

Ganesha: Blue *Sunrise:* 6:21AM
Muruqa: Yellow *Sunset:* 5:31PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 1:35PM
Then Creative Work - Amrita Yoga

Devaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Durban, South Africa
Sun 3 Sutra 10

Dhanus Rasi: 8.35 Tithi 20 – 21

Gulika 10:32AM – 11:56AM
Yama 7:45AM – 9:09AM
284483468 **Rahu** 11:56AM – 1:19PM

Mula* Until 3:04PM
Shiva Until 9:09PM
Gara Until 8:36PM
Panchami Until 8:02AM

Ganesha: Yellow *Sunrise:* 6:22AM
Muruqa: Yellow *Sunset:* 5:30PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 3:04PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Durban, South Africa
Sun 4 Sutra 11

Dhanus Rasi: 21 Tithi 21 – 22

Gulika 9:09AM – 10:32AM
Yama 6:22AM – 7:46AM
284483469 **Rahu** 1:19PM – 2:42PM

Purvashadha* Until 5:08PM
Siddha Until 9:23PM
Visti Until 10:12PM
Shashthi* Until 9:18AM

Ganesha: Yellow *Sunrise:* 6:22AM
Muruqa: Yellow *Sunset:* 5:29PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 5:08PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Durban, South Africa
Sun 5 Sutra 12

Makara Rasi: 3.08 Tithi 22 – 23

Gulika 7:46AM – 9:09AM
Yama 2:42PM – 4:05PM
284583469 **Rahu** 10:32AM – 11:55AM

Uttarashadha Until 7:35PM
Sadhya Until 10:04PM
Balava Until 12:22AM Sat
Saptami Until 11:13AM

Ganesha: Red *Sunrise:* 6:23AM
Muruqa: Yellow *Sunset:* 5:28PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Durban, South Africa
Sun 6 Sutra 13

Makara Rasi: 15.04 Tithi 23 – 24

Gulika 6:23AM – 7:46AM
Yama 1:18PM – 2:41PM
294583469 **Rahu** 9:09AM – 10:32AM

Shravana Until 10:44PM
Subha Until 11:01PM
Taitila Until 2:51AM Sun
Ashtami* Until 1:34PM

Ganesha: Green *Sunrise:* 6:23AM
Muruqa: Yellow *Sunset:* 5:27PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Durban, South Africa Sun 7 Sutra 14
Makara Rasi: 26.54	Tithi 24 – 25	Gulika	2:41PM – 4:04PM	Dhanishtha Until 1:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:24AM	Vikarin 5121	
		Yama	11:55AM – 1:18PM	Sukla Until 12:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 5:26PM	Moon 4 - Phase 3	
		294583469 Rahu	4:04PM – 5:26PM	Vanija Until 5:24AM Mon	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 4:06PM	Moon – Purple		Bhuloka Day	
Until 1:48AM Mon					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

2		Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti* Karana Dashamyam Titau				Durban, South Africa Sun 8 Sutra 15
Kumbha Rasi: 8.44	Tithi 25	Gulika	1:18PM – 2:40PM	Shatabhishak Until 4:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
Family Home Evening		Yama	10:32AM – 11:55AM	Brahma Until 12:57AM Tue	Muruqa: Yellow	<i>Sunset:</i> 5:25PM	Moon 4 - Phase 3	
Creative Work	Siddha Yoga	294583469 Rahu	7:47AM – 9:10AM	Visti Until 6:36PM	Nataraja: Clear		2nd Phase	
Until 4:34AM Tue				Dashami Until 6:36PM	Moon – Purple		Bhuloka Day	
Then Routine Work - Marana Yoga					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Durban, South Africa Sun 9 Sutra 16
Kumbha Rasi: 20.37	Tithi 26	Gulika	11:55AM – 1:17PM	Purvaproshtapada* Until 7:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama	9:10AM – 10:32AM	Indra Until 1:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 5:25PM	Moon 4 - Phase 3	
		214583469 Rahu	2:40PM – 4:02PM	Bava Until 7:46AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 8:49PM	Moon – Clear		Bhuloka Day	
Until 7:21AM Wed					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Durban, South Africa Sun 10 Sutra 17
Meena Rasi: 2.38	Tithi 27	Gulika	10:32AM – 11:55AM	Purvaproshtapada* Until 7:21AM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama	7:48AM – 9:10AM	Vaidhrili* Until 1:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:24PM	Moon 4 - Phase 3	
		214583469 Rahu	11:55AM – 1:17PM	Kaulava Until 9:47AM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 10:36PM	Moon – Clear		Bhuloka Day	
Until 7:21AM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Durban, South Africa Sun 11 Sutra 18
Meena Rasi: 14.5	Tithi 28	Gulika	9:11AM – 10:33AM	Uttaraproshtapada Until 9:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama	6:26AM – 7:48AM	Vishkambha* Until 1:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 5:23PM	Moon 4 - Phase 3	
		215583469 Rahu	1:17PM – 2:39PM	Gara Until 11:19AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 11:52PM	Moon – Clear		Bhuloka Day	
Until 11:01AM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

Pradosha Vrata (Fasting)

6		Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Durban, South Africa Sun 12 Sutra 19
Meena Rasi: 27.17	Tithi 29	Gulika	7:49AM – 9:11AM	Revati Until 11:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM	Vikarin 5121	
		Yama	2:38PM – 4:00PM	Priti Until 1:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 5:22PM	Moon 4 - Phase 3	
		215583469 Rahu	10:33AM – 11:55AM	Visti Until 12:19PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:36AM Sat	Moon – Clear		Bhuloka Day	
Until 11:01AM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Durban, South Africa Sun 13 Sutra 20
Mesha Rasi: 9.57	Tithi 30	Gulika	6:28AM – 7:49AM	Ashvini Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Vikarin 5121	
		Yama	1:16PM – 2:38PM	Ayushman Until 12:34AM Sun	Muruqa: Yellow	<i>Sunset:</i> 5:21PM	Moon 4 - Phase 3	
		225583469 Rahu	9:11AM – 10:33AM	Catuspada Until 12:47PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 12:47AM Sun	Moon – White		Bhuloka Day	
Until 12:55PM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Durban, South Africa Sun 14 Sutra 21
Mesha Rasi: 22.53	Tithi 1	Gulika	2:37PM – 3:59PM	Bharani Until 12:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Vikarin 5121	
		Yama	11:54AM – 1:16PM	Saubhagya Until 11:18PM	Muruqa: Yellow	<i>Sunset:</i> 5:20PM	Moon 4 - Phase 3	
		225583469 Rahu	3:59PM – 5:20PM	Kintughna Until 12:43PM	Nataraja: Clear		Prathama	
Routine Work	Prabalarishta Yoga			Prathama* Until 12:30AM Mon	Moon – White		Bhuloka Day	
Until 12:55PM					Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Durban, South Africa Sun 15 Sutra 22	
1		Gulika 1:16PM – 2:37PM	Krittika Until 12:58PM	Ganesha: Purple <i>Sunrise:</i> 6:29AM	Vikarin 5121
Vrishabha Rasi: 6.02	Tithi 2	Yama 10:33AM – 11:54AM	Sobhana Until 9:43PM	Muruqa: Yellow <i>Sunset:</i> 5:20PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 7:50AM – 9:12AM	Balava Until 12:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 11:49PM	Moon – White	Bhuloka Day
Until 12:58PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Durban, South Africa Sun 16 Sutra 23	
2		Gulika 11:54AM – 1:15PM	Rohini Until 12:56PM	Ganesha: Light Blue <i>Sunrise:</i> 6:29AM	Vikarin 5121
Vrishabha Rasi: 19.25	Tithi 3	Yama 9:12AM – 10:33AM	Athiganda* Until 7:50PM	Muruqa: Yellow <i>Sunset:</i> 5:19PM	Moon 4 - Phase 4
Creative Work Amrita Yoga	235583469	Rahu 2:36PM – 3:58PM	Taitila Until 11:21AM	Nataraja: Clear	3rd Phase
Until 12:56PM			Tritiya Until 10:46PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Siddha Yoga		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Durban, South Africa Sun 17 Sutra 24	
3		Gulika 10:33AM – 11:54AM	Mrigashira Until 12:27PM	Ganesha: Light Blue <i>Sunrise:</i> 6:30AM	Vikarin 5121
Mithuna Rasi: 2.59	Tithi 4	Yama 7:51AM – 9:12AM	Sukarma Until 5:44PM	Muruqa: Yellow <i>Sunset:</i> 5:18PM	Moon 4 - Phase 4
Creative Work Siddha Yoga	235583469	Rahu 11:54AM – 1:15PM	Vanija Until 10:10AM	Nataraja: Clear	3rd Phase
Until 12:56PM			Chaturthi* Until 9:27PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Durban, South Africa Sun 18 Sutra 25	
4		Gulika 9:12AM – 10:33AM	Ardra Until 11:35AM	Ganesha: Light Blue <i>Sunrise:</i> 6:31AM	Vikarin 5121
Mithuna Rasi: 16.41	Tithi 5	Yama 6:31AM – 7:52AM	Dhriti Until 3:28PM	Muruqa: Yellow <i>Sunset:</i> 5:17PM	Moon 4 - Phase 4
Routine Work Marana Yoga	235583469	Rahu 1:15PM – 2:36PM	Bava Until 8:43AM	Nataraja: Clear	3rd Phase
Until 11:35AM			Panchami Until 7:54PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Durban, South Africa Sun 19 Sutra 26	
5		Gulika 7:52AM – 9:13AM	Punarvasu Until 10:48AM	Ganesha: Orange <i>Sunrise:</i> 6:31AM	Vikarin 5121
Kataka Rasi: 0.32	Tithi 6	Yama 2:35PM – 3:56PM	Shula* Until 12:59PM	Muruqa: Yellow <i>Sunset:</i> 5:17PM	Moon 4 - Phase 4
Creative Work Siddha Yoga	245583469	Rahu 10:33AM – 11:54AM	Kaulava Until 7:04AM	Nataraja: Clear	3rd Phase
Until 10:48AM			Shashthi* Until 6:09PM	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Durban, South Africa Sun 20 Sutra 27	
6		Gulika 6:32AM – 7:52AM	Pushya Until 9:40AM	Ganesha: Orange <i>Sunrise:</i> 6:32AM	Vikarin 5121
Kataka Rasi: 14.31	Tithi 7 – 8	Yama 1:14PM – 2:35PM	Ganda* Until 10:22AM	Muruqa: Yellow <i>Sunset:</i> 5:16PM	Moon 4 - Phase 4
Creative Work Siddha Yoga	245583469	Rahu 9:13AM – 10:33AM	Visti Until 3:11AM Sun	Nataraja: Clear	3rd Phase
Until 9:40AM			Saptami Until 4:12PM	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Durban, South Africa Sun 21 Sutra 28	
Retreat Star		Gulika 2:35PM – 3:55PM	Ashlesha* Until 8:14AM	Ganesha: Clear <i>Sunrise:</i> 6:33AM	Vikarin 5121
Kataka Rasi: 28.35	Tithi 8 – 9	Yama 11:54AM – 1:14PM	Vridhhi Until 7:38AM	Muruqa: Yellow <i>Sunset:</i> 5:15PM	Moon 4 - Phase 4
Creative Work Siddha Yoga	246583469	Rahu 3:55PM – 5:15PM	Balava Until 1:00AM Mon	Nataraja: Clear	Ashtami
Until 8:14AM			Ashtami* Until 2:05PM	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga		Mother's Day		Vaisaka-Chaitra	


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Durban, South Africa Sun 22 Sutra 29	
Retreat Star		Gulika 1:14PM – 2:34PM	Magha* Until 6:55AM	Ganesha: White <i>Sunrise:</i> 6:33AM	Vikarin 5121
Simha Rasi: 12.46	Tithi 9 – 10	Yama 10:34AM – 11:54AM	Vyaghata* Until 1:46AM Tue	Muruqa: Yellow <i>Sunset:</i> 5:15PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 7:53AM – 9:14AM	Taitila Until 10:41PM	Nataraja: Clear	Navami
Routine Work Marana Yoga			Navami* Until 11:50AM	Moon – Red	Bhuloka Day
Until 6:55AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Durban, South Africa Sun 23 Sutra 30	
Simha Rasi: 27.02	Tithi 10 – 11	Gulika 11:54AM – 1:14PM	Uttaraphalguni Until 3:37AM Wed	Ganesha: White	<i>Sunrise:</i> 6:34AM	Vikarin 5121		
		Yama 9:14AM – 10:34AM	Harshana Until 10:45PM	Muruqa: Yellow	<i>Sunset:</i> 5:14PM	Moon 4 - Phase 5		
		256583469 Rahu 2:34PM – 3:54PM	Vanija Until 8:19PM	Nataraja: Clear		4th Phase		
Creative Work	Amrita Yoga		Dashami Until 9:29AM	Moon – Red		Bhuloka Day		
Until 3:37AM Wed				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga								

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau			Durban, South Africa Sun 24 Sutra 31	
Kanya Rasi: 11.19	Tithi 11 – 12	Gulika 10:34AM – 11:54AM	Hasta Until 2:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Vikarin 5121		
		Yama 7:54AM – 9:14AM	Vajra* Until 7:44PM	Muruqa: Yellow	<i>Sunset:</i> 5:13PM	Moon 4 - Phase 5		
		266583469 Rahu 11:54AM – 1:14PM	Balava Until 4:45AM Thu	Nataraja: Clear		4th Phase		
Routine Work	Marana Yoga		Ekadashi Until 7:06AM	Moon – Green		Devaloka Day		
Until 2:11AM Thu				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Durban, South Africa Sun 25 Sutra 32	
Kanya Rasi: 25.35	Tithi 13	Gulika 9:14AM – 10:34AM	Chitra Until 12:45AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:35AM	Vikarin 5121		
		Yama 6:35AM – 7:55AM	Siddhi Until 4:49PM	Muruqa: Yellow	<i>Sunset:</i> 5:13PM	Moon 4 - Phase 5		
		266583469 Rahu 1:14PM – 2:33PM	Kaulava Until 3:39PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 2:34AM Fri	Moon – Green		Devaloka Day		
				Vaisaka-Vaikasi				
				<i>Pradosha Vrata</i>				

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Durban, South Africa Sun 26 Sutra 33	
Tula Rasi: 9.44	Tithi 14	Gulika 7:55AM – 9:15AM	Svati Until 11:26PM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM	Vikarin 5121		
		Yama 2:33PM – 3:53PM	Vyatipata* Until 2:05PM	Muruqa: Yellow	<i>Sunset:</i> 5:12PM	Moon 4 - Phase 5		
		266583469 Rahu 10:34AM – 11:54AM	Gara Until 1:35PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 12:39AM Sat	Moon – Green		Devaloka Day		
				Vaisaka-Vaikasi				

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Durban, South Africa Sun 27 Sutra 34	
Tula Rasi: 23.42	Tithi 15	Gulika 6:36AM – 7:56AM	Vishakha Until 10:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Vikarin 5121		
		Yama 1:13PM – 2:33PM	Variyan Until 11:37AM	Muruqa: Yellow	<i>Sunset:</i> 5:12PM	Moon 4 - Phase 5		
		276583469 Rahu 9:15AM – 10:35AM	Visti Until 11:52AM	Nataraja: Clear		Purnima		
Creative Work	Siddha Yoga		Purnima* Until 11:09PM	Moon – Orange		Bhuloka Day		
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		

Sunday, May 19, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Durban, South Africa Sutra 35	
Vrischika Rasi: 7.23	Tithi 16	Gulika 2:33PM – 3:52PM	Anuradha Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	Vikarin 5121		
		Yama 11:54AM – 1:13PM	Parigha* Until 9:32AM	Muruqa: Yellow	<i>Sunset:</i> 5:11PM	Moon 4 - Phase 5		
		277583469 Rahu 3:52PM – 5:11PM	Balava Until 10:36AM	Nataraja: Clear		Prathama		
Routine Work	Marana Yoga		Prathama* Until 10:10PM	Moon – Orange		Devaloka Day		
				Vaisaka-Vaikasi				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.46 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:13PM – 2:32PM
Yama 10:35AM – 11:54AM
Rahu 7:57AM – 9:16AM

Jyeshtha* Until 10:47PM
Shiva Until 7:56AM
Taitila Until 9:56AM
Dvitiya Until 9:49PM

Ganesha: Yellow *Sunrise:* 6:37AM
Muruqa: Yellow *Sunset:* 5:11PM
Nataraja: Clear
Moon – Orange

Vaisaka-Vaikasi

Durban, South Africa
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.47 Tithi 18

Creative Work Amrita Yoga
Until 11:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:54AM – 1:13PM
Yama 9:16AM – 10:35AM
Rahu 2:32PM – 3:51PM

Mula* Until 11:59PM
Siddha Until 6:50AM
Vanija Until 9:55AM
Tritiya Until 10:10PM

Ganesha: Red *Sunrise:* 6:38AM
Muruqa: Yellow *Sunset:* 5:10PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Durban, South Africa
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.28 Tithi 19

Creative Work Amrita Yoga
Until 1:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:35AM – 11:54AM
Yama 7:58AM – 9:16AM
Rahu 11:54AM – 1:13PM

Purvashadha* Until 1:43AM Thu
Sadhya Until 6:18AM
Bava Until 10:37AM
Chaturthi* Until 11:12PM

Ganesha: Red *Sunrise:* 6:39AM
Muruqa: Yellow *Sunset:* 5:10PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Durban, South Africa
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Thursday, May 23, 2019

Dhanus Rasi: 28.5 Tithi 20

Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 9:17AM – 10:36AM
Yama 6:39AM – 7:58AM
Rahu 1:13PM – 2:32PM

Uttarashadha Until 3:52AM Fri
Subha Until 6:19AM
Kaulava Until 11:59AM
Panchami Until 12:51AM Fri

Ganesha: Red *Sunrise:* 6:39AM
Muruqa: Yellow *Sunset:* 5:09PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Durban, South Africa
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Friday, May 24, 2019

Makara Rasi: 10.58 Tithi 21

Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:58AM – 9:17AM
Yama 2:32PM – 3:50PM
Rahu 10:36AM – 11:54AM

Shravana Until 6:47AM Sat
Sukla Until 6:45AM
Gara Until 1:54PM
Shashthi* Until 2:59AM Sat

Ganesha: Green *Sunrise:* 6:40AM
Muruqa: Yellow *Sunset:* 5:09PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Durban, South Africa
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 22.56 Tithi 22

Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:40AM – 7:59AM
Yama 1:13PM – 2:32PM
Rahu 9:17AM – 10:36AM

Shravana Until 6:47AM
Brahma Until 7:31AM
Visti* Until 4:11PM
Saptami Until 5:22AM Sun

Ganesha: Green *Sunrise:* 6:40AM
Muruqa: Yellow *Sunset:* 5:09PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Durban, South Africa
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 4.49 Tithi 23

Routine Work Marana Yoga
Until 9:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Indra/Vaidhriti* Yoga Balava Karana Ashtamyam Titau

Gulika 2:31PM – 3:50PM
Yama 11:55AM – 1:13PM
Rahu 3:50PM – 5:08PM

Dhanishtha Until 9:44AM
Indra Until 8:29AM
Balava Until 6:37PM
Ashtami* Until 7:47AM Mon

Ganesha: Blue *Sunrise:* 6:41AM
Muruqa: Yellow *Sunset:* 5:08PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Durban, South Africa
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 16.4 Tithi 23 – 24

Family Home Evening
Creative Work Siddha Yoga
Until 12:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shalabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:13PM – 2:31PM
Yama 10:36AM – 11:55AM
Rahu 8:00AM – 9:18AM

Shatabhishak Until 12:32PM
Vaidhriti* Until 9:25AM
Taitila Until 8:57PM
Ashtami* Until 7:47AM

Ganesha: Blue *Sunrise:* 6:42AM
Muruqa: Yellow *Sunset:* 5:08PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Durban, South Africa
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Durban, South Africa Sun 9 Sutra 44	
Kumbha Rasi: 28.36	Tithi 24 – 25	Gulika	11:55AM – 1:13PM	Purvaproshtapada* Until 3:26PM	Ganesha: Purple	<i>Sunrise:</i> 6:42AM		Vikarin 5121	
		Yama	9:18AM – 10:37AM	Vishkambha* Until 10:12AM	Muruqa: Yellow	<i>Sunset:</i> 5:08PM		Moon 5 - Phase 7	
		318683469 Rahu	2:31PM – 3:49PM	Vanija Until 11:00PM	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga			Navami* Until 10:00AM	Moon – Clear		Sivaloka Day		
Until 3:26PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Durban, South Africa Sun 10 Sutra 45	
Meena Rasi: 10.4	Tithi 25 – 26	Gulika	10:37AM – 11:55AM	Uttaraproshtapada Until 5:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM		Vikarin 5121	
		Yama	8:01AM – 9:19AM	Priti Until 10:43AM	Muruqa: Yellow	<i>Sunset:</i> 5:07PM		Moon 5 - Phase 7	
		318683469 Rahu	11:55AM – 1:13PM	Bava Until 12:34AM Thu	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 11:50AM	Moon – Clear		Sivaloka Day		
Until 5:45PM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Durban, South Africa Sun 11 Sutra 46	
Meena Rasi: 22.57	Tithi 26 – 27	Gulika	9:19AM – 10:37AM	Revati Until 7:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM		Vikarin 5121	
		Yama	6:43AM – 8:01AM	Ayushman Until 10:47AM	Muruqa: Yellow	<i>Sunset:</i> 5:07PM		Moon 5 - Phase 7	
		318683469 Rahu	1:13PM – 2:31PM	Kaulava Until 1:33AM Fri	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 1:07PM	Moon – Clear		Sivaloka Day		
Until 7:22PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Durban, South Africa Sun 12 Sutra 47	
Mesha Rasi: 5.29	Tithi 27 – 28	Gulika	8:02AM – 9:19AM	Ashvini Until 8:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM		Vikarin 5121	
		Yama	2:31PM – 3:49PM	Saubhagya Until 10:23AM	Muruqa: Yellow	<i>Sunset:</i> 5:07PM		Moon 5 - Phase 7	
		328683469 Rahu	10:37AM – 11:55AM	Gara Until 1:54AM Sat	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 1:47PM	Moon – White		Devaloka Day		
Until 8:42PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Durban, South Africa Sun 13 Sutra 48	
Mesha Rasi: 18.2	Tithi 28 – 29	Gulika	6:44AM – 8:02AM	Bharani Until 9:14PM	Ganesha: White	<i>Sunrise:</i> 6:44AM		Vikarin 5121	
		Yama	1:13PM – 2:31PM	Sobhana Until 9:30AM	Muruqa: Yellow	<i>Sunset:</i> 5:07PM		Moon 5 - Phase 7	
		329683469 Rahu	9:20AM – 10:38AM	Visti Until 1:37AM Sun	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 1:49PM	Moon – White		Bhuloka Day		
Until 9:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Durban, South Africa Sun 14 Sutra 49	
Retreat Star		Gulika	2:31PM – 3:49PM	Krittika Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 6:45AM		Vikarin 5121	
Vrishabha Rasi: 1.3	Tithi 29 – 30	Yama	11:56AM – 1:13PM	Athiganda* Until 8:05AM	Muruqa: Yellow	<i>Sunset:</i> 5:06PM		Moon 5 - Phase 7	
		329683469 Rahu	3:49PM – 5:06PM	Catuspada Until 12:44AM Mon	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:14PM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Durban, South Africa Sun 15 Sutra 50	
Vrishabha Rasi: 14.58	Tithi 30 – 1	Gulika	1:13PM – 2:31PM	Rohini Until 8:37PM	Ganesha: Green	<i>Sunrise:</i> 6:45AM		Vikarin 5121	
Family Home Evening		Yama	10:38AM – 11:56AM	Sukarma Until 6:14AM	Muruqa: Yellow	<i>Sunset:</i> 5:06PM		Moon 5 - Phase 7	
		339683469 Rahu	8:03AM – 9:20AM	Kintughna Until 11:22PM	Nataraja: Clear			Prathama	
Creative Work	Amrita Yoga			Amavasya* Until 12:05PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Durban, South Africa Sun 16 Sutra 51
Vrishabha Rasi: 28.44	Tithi 1 – 2	Gulika 11:56AM – 1:13PM	Mrigashira Until 7:39PM	Ganesha: Green <i>Sunrise:</i> 6:46AM	Vikarin 5121
		Yama 9:21AM – 10:38AM	Shula* Until 1:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:06PM	Moon 5 - Phase 8
339683469	Rahu 2:31PM – 3:49PM		Balava Until 9:35PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 10:30AM	Moon – Yellow	Bhuloka Day
Until 7:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Durban, South Africa Sun 17 Sutra 52
Mithuna Rasi: 12.43	Tithi 2 – 3	Gulika 10:39AM – 11:56AM	Ardra Until 6:14PM	Ganesha: Green <i>Sunrise:</i> 6:46AM	Vikarin 5121
		Yama 8:04AM – 9:21AM	Ganda* Until 10:42PM	Muruqa: Yellow <i>Sunset:</i> 5:06PM	Moon 5 - Phase 8
339683461	Rahu 11:56AM – 1:14PM		Taitila Until 7:31PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:34AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Visiti* Karana Tritiya/Chaturthyam Titau	Durban, South Africa Sun 18 Sutra 53
Mithuna Rasi: 26.51	Tithi 3 – 4	Gulika 9:21AM – 10:39AM	Punarvasu Until 4:55PM	Ganesha: White <i>Sunrise:</i> 6:47AM	Vikarin 5121
		Yama 6:47AM – 8:04AM	Vridhi Until 7:48PM	Muruqa: Yellow <i>Sunset:</i> 5:06PM	Moon 5 - Phase 8
349683461	Rahu 1:14PM – 2:31PM		Visti Until 4:04AM Fri	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:23AM	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Durban, South Africa Sun 19 Sutra 54
Kataka Rasi: 11.05	Tithi 5	Gulika 8:04AM – 9:22AM	Pushya Until 3:21PM	Ganesha: White <i>Sunrise:</i> 6:47AM	Vikarin 5121
		Yama 2:31PM – 3:48PM	Dhruva Until 4:49PM	Muruqa: Yellow <i>Sunset:</i> 5:06PM	Moon 5 - Phase 8
349683461	Rahu 10:39AM – 11:56AM		Bava Until 2:54PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:42AM Sat	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Durban, South Africa Sun 20 Sutra 55
Kataka Rasi: 25.22	Tithi 6	Gulika 6:48AM – 8:05AM	Ashlesha* Until 1:38PM	Ganesha: White <i>Sunrise:</i> 6:48AM	Vikarin 5121
		Yama 1:14PM – 2:31PM	Vyaghata* Until 1:50PM	Muruqa: Yellow <i>Sunset:</i> 5:06PM	Moon 5 - Phase 8
349683461	Rahu 9:22AM – 10:39AM		Kaulava Until 12:32PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 11:20PM	Moon – Blue	Bhuloka Day
Until 1:38PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Durban, South Africa Sun 21 Sutra 56
Simha Rasi: 9.37	Tithi 7	Gulika 2:31PM – 3:48PM	Magha* Until 12:14PM	Ganesha: Yellow <i>Sunrise:</i> 6:48AM	Vikarin 5121
		Yama 11:57AM – 1:14PM	Harshana Until 10:53AM	Muruqa: Yellow <i>Sunset:</i> 5:06PM	Moon 5 - Phase 8
351683461	Rahu 3:48PM – 5:06PM		Gara Until 10:12AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Saptami Until 9:03PM	Moon – Red	Devaloka Day
Until 12:14PM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Durban, South Africa Sun 22 Sutra 57
Simha Rasi: 23.49	Tithi 8	Gulika 1:14PM – 2:31PM	Purvaphalguni Until 10:48AM	Ganesha: Yellow <i>Sunrise:</i> 6:48AM	Vikarin 5121
Family Home Evening		Yama 10:40AM – 11:57AM	Vajra* Until 8:00AM	Muruqa: Yellow <i>Sunset:</i> 5:06PM	Moon 5 - Phase 8
351683461	Rahu 8:06AM – 9:23AM		Visti Until 7:58AM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	

Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Durban, South Africa Sun 23 Sutra 58
Kanya Rasi: 7.56	Tithi 9 – 10	Gulika 11:57AM – 1:14PM	Uttaraphalguni Until 9:21AM	Ganesha: Yellow <i>Sunrise:</i> 6:49AM	Vikarin 5121
		Yama 9:23AM – 10:40AM	Vyatipata* Until 2:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:06PM	Moon 5 - Phase 8
351683461	Rahu 2:31PM – 3:49PM		Taitila Until 3:53AM Wed	Nataraja: Yellow	Navami
Creative Work	Amrita Yoga		Navami* Until 4:49PM	Moon – Red	Devaloka Day
Until 9:21AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekodashyam Titau				Durban, South Africa Sun 24 Sutra 59
	Kanya Rasi: 21.58	Tithi 10 – 11	Gulika 10:40AM – 11:57AM	Hasta Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 6:49AM	Vikarin 5121
			Yama 8:06AM – 9:23AM	Variyan Until 12:07AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:06PM	Moon 5 - Phase 9
		361683461	Rahu 11:57AM – 1:15PM	Varija Until 2:08AM Thu	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Dashami Until 2:58PM	Moon – Green	Bhuloka Day		
Until 8:21AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Durban, South Africa Sun 25 Sutra 60
	Tula Rasi: 5.5	Tithi 11 – 12	Gulika 9:24AM – 10:41AM	Chitra Until 7:25AM	Ganesha: White	<i>Sunrise:</i> 6:50AM	Vikarin 5121
			Yama 6:50AM – 8:07AM	Parigha* Until 9:51PM	Muruqa: Yellow	<i>Sunset:</i> 5:06PM	Moon 5 - Phase 9
		361683461	Rahu 1:15PM – 2:32PM	Bava Until 12:39AM Fri	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 1:20PM	Moon – Green	Bhuloka Day		
Until 7:25AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Durban, South Africa Sun 26 Sutra 61
	Tula Rasi: 19.33	Tithi 12 – 13	Gulika 8:07AM – 9:24AM	Svati Until 6:37AM	Ganesha: White	<i>Sunrise:</i> 6:50AM	Vikarin 5121
			Yama 2:32PM – 3:49PM	Shiva Until 7:52PM	Muruqa: Blue	<i>Sunset:</i> 5:06PM	Moon 5 - Phase 9
		361693461	Rahu 10:41AM – 11:58AM	Kaulava Until 11:29PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvodashi Until 12:00PM	Moon – Green	Devaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Durban, South Africa Sun 27 Sutra 62
	Vrischika Rasi: 3.04	Tithi 13 – 14	Gulika 6:50AM – 8:07AM	Vishakha Until 6:27AM	Ganesha: White	<i>Sunrise:</i> 6:50AM	Vikarin 5121
			Yama 1:15PM – 2:32PM	Siddha Until 6:09PM	Muruqa: Blue	<i>Sunset:</i> 5:06PM	Moon 5 - Phase 9
		371793461	Rahu 9:24AM – 10:41AM	Gara Until 10:43PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:01AM	Moon – Orange	Subha Sivaloka Day		
				Jyeshtha-Ani			

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau				Durban, South Africa Sutra 63
	Copper Retreat Star		Gulika 2:32PM – 3:49PM	Anuradha Until 6:33AM	Ganesha: White	<i>Sunrise:</i> 6:51AM	Vikarin 5121
	Vrischika Rasi: 16.21	Tithi 14 – 15	Yama 11:58AM – 1:15PM	Sadhya Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 5:06PM	Moon 5 - Phase 9
		371793461	Rahu 3:49PM – 5:06PM	Visti Until 10:25PM	Nataraja: Yellow		Purnima
Routine Work Marana Yoga			Chaturdashi* Until 10:29AM	Moon – Orange	Subha Sivaloka Day		
		Father's Day		Jyeshtha-Ani			

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Durban, South Africa Sutra 64
	Silver Retreat Star		Gulika 1:15PM – 2:32PM	Jyeshtha* Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 6:51AM	Vikarin 5121
	Vrischika Rasi: 29.22	Tithi 15 – 16	Yama 10:42AM – 11:59AM	Subha Until 3:55PM	Muruqa: Blue	<i>Sunset:</i> 5:06PM	Moon 5 - Phase 9
	Family Home Evening	371793461	Rahu 8:08AM – 9:25AM	Balava Until 10:39PM	Nataraja: Yellow		Prathama
Creative Work Siddha Yoga			Purnima* Until 10:27AM	Moon – Orange	Subha Sivaloka Day		
				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Durban, South Africa
Sutra 65

Dhanus Rasi: 12.08 Tithi 16 - 17

Gulika 11:59AM - 1:16PM
Yama 9:25AM - 10:42AM
381793461 **Rahu** 2:33PM - 3:49PM

Mula* Until 8:16AM
Sukla Until 3:26PM
Taitila Until 11:28PM
Prathama* Until 10:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:51AM
Sunset: 5:06PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Durban, South Africa
Sun 1 Sutra 66

Dhanus Rasi: 24.37 Tithi 17 - 18

Gulika 10:42AM - 11:59AM
Yama 8:08AM - 9:25AM
382793461 **Rahu** 11:59AM - 1:16PM

Purvashadha* Until 9:57AM
Brahma Until 3:24PM
Vanija Until 12:49AM Thu
Dvitiya Until 12:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:51AM
Sunset: 5:06PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili Yoga Visti/Bava Karana Trilya/Chatrthyam Titau

Durban, South Africa
Sun 2 Sutra 67

Makara Rasi: 6.53 Tithi 18 - 19

Gulika 9:25AM - 10:42AM
Yama 6:52AM - 8:09AM
382793461 **Rahu** 1:16PM - 2:33PM

Uttarashadha Until 11:59AM
Indra Until 3:47PM
Bava Until 2:40AM Fri
Tritiya Until 1:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:52AM
Sunset: 5:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili/Vishkambha Yoga Bala/Kaulava Karana Chaturthi/Panchamyam Titau

Durban, South Africa
Sun 3 Sutra 68

Makara Rasi: 18.57 Tithi 19 - 20

Gulika 8:09AM - 9:26AM
Yama 2:33PM - 3:50PM
392793461 **Rahu** 10:43AM - 11:59AM

Shravana Until 2:46PM
Vaidhrili* Until 4:27PM
Kaulava Until 4:51AM Sat
Chaturthi* Until 3:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:52AM
Sunset: 5:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vishkambha/Priti Yoga Taitila Karana Panchamyam Titau

Durban, South Africa
Sun 4 Sutra 69

Kumbha Rasi: 0.53 Tithi 20

Gulika 6:52AM - 8:09AM
Yama 1:16PM - 2:33PM
392793461 **Rahu** 9:26AM - 10:43AM

Dhanishtha Until 5:39PM
Vishkambha* Until 5:21PM
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:52AM
Sunset: 5:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Durban, South Africa
Sun 5 Sutra 70

Kumbha Rasi: 12.46 Tithi 21

Gulika 2:34PM - 3:50PM
Yama 12:00PM - 1:17PM
392793461 **Rahu** 3:50PM - 5:07PM

Shatabhishak Until 8:27PM
Priti Until 6:20PM
Gara Until 7:13AM
Shashthi* Until 8:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:52AM
Sunset: 5:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada Nakshatra Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Durban, South Africa
Sun 6 Sutra 71

Kumbha Rasi: 24.38 Tithi 22

Family Home Evening

Gulika 1:17PM - 2:34PM
Yama 10:43AM - 12:00PM
312793461 **Rahu** 8:09AM - 9:26AM

Purvaproshtapada* Until 11:29PM
Ayushman Until 7:12PM
Visti Until 9:35AM
Saptami Until 10:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:53AM
Sunset: 5:08PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Durban, South Africa
Sun 7 Sutra 72

Meena Rasi: 6.35 Tithi 23

Gulika 12:00PM - 1:17PM
Yama 9:27AM - 10:43AM
312793461 **Rahu** 2:34PM - 3:51PM

Uttaraproshtapada Until 2:03AM Wed
Saubhagya Until 7:53PM
Balava Until 11:45AM
Ashtami* Until 12:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:53AM
Sunset: 5:08PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 2:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Durban, South Africa
Sun 8 Sutra 73

Meena Rasi: 18.4 Tithi 24

Gulika 10:44AM - 12:01PM
Yama 8:10AM - 9:27AM
312793461 **Rahu** 12:01PM - 1:17PM

Revati Until 3:59AM Thu
Sobhana Until 8:14PM
Taitila Until 1:31PM
Navami* Until 2:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:53AM
Sunset: 5:08PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Durban, South Africa Sun 9 Sutra 74
Mesha Rasi: 0.57	Tithi 25	322793461	Gulika 9:27AM – 10:44AM Yama 6:53AM – 8:10AM Rahu 1:18PM – 2:35PM	Ashvini Until 5:38AM Fri Athiganda* Until 8:06PM Vanija Until 2:43PM Dashami Until 3:04AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:53AM Muruqa: Blue <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – White Devaloka Day Jyeshtha-Ani
Creative Work Amrita Yoga		Until 5:38AM Fri		Then Creative Work - Siddha Yoga	
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau	Durban, South Africa Sun 10 Sutra 75
Mesha Rasi: 13.31	Tithi 26	322793461	Gulika 8:10AM – 9:27AM Yama 2:35PM – 3:52PM Rahu 10:44AM – 12:01PM	Bharani Until 6:26AM Sat Sukarma Until 7:27PM Bava Until 3:16PM Ekadashi* Until 3:15AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:53AM Muruqa: Blue <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – White Devaloka Day Jyeshtha-Ani
Creative Work Siddha Yoga		Until 6:26AM Sat		Then Creative Work - Amrita Yoga	
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau	Durban, South Africa Sun 11 Sutra 76
Mesha Rasi: 26.25	Tithi 27	322793461	Gulika 6:53AM – 8:10AM Yama 1:18PM – 2:35PM Rahu 9:27AM – 10:44AM	Bharani Until 6:26AM Dhriti Until 6:14PM Kaulava Until 3:06PM Dvodashi* Until 2:43AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:53AM Muruqa: Blue <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – White Devaloka Day Jyeshtha-Ani
Creative Work Siddha Yoga		Until 6:26AM		Then Creative Work - Amrita Yoga	
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau	Durban, South Africa Sun 12 Sutra 77
Vrishabha Rasi: 9.41	Tithi 28	322793461	Gulika 2:35PM – 3:52PM Yama 12:01PM – 1:18PM Rahu 3:52PM – 5:09PM	Krittika Until 6:22AM Shula* Until 4:25PM Gara Until 2:12PM Trayodashi* Until 1:29AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:53AM Muruqa: Blue <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – White Devaloka Day Jyeshtha-Ani
Creative Work Siddha Yoga				Pradosha Vrata (Fasting)	
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Durban, South Africa Sun 13 Sutra 78
Vrishabha Rasi: 23.22	Tithi 29	332793461	Gulika 1:19PM – 2:36PM Yama 10:44AM – 12:02PM Rahu 8:10AM – 9:27AM	Mrigashira Until 4:46AM Tue Ganda* Until 2:06PM Visti Until 12:39PM Chaturdashi* Until 11:39PM	Ganesha: Blue <i>Sunrise:</i> 6:53AM Muruqa: Blue <i>Sunset:</i> 5:10PM Nataraja: Yellow Moon – Yellow Devaloka Day Jyeshtha-Ani
Family Home Evening		Creative Work Amrita Yoga		Until 4:46AM Tue	
Then Routine Work - Marana Yoga					
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Durban, South Africa Sun 14 Sutra 79
Mithuna Rasi: 7.23	Tithi 30	332793461	Gulika 12:02PM – 1:19PM Yama 9:27AM – 10:45AM Rahu 2:36PM – 3:53PM	Ardra Until 2:59AM Wed Vridhhi Until 11:20AM Catuspada Until 10:33AM Amavasya* Until 9:18PM	Ganesha: Blue <i>Sunrise:</i> 6:53AM Muruqa: Blue <i>Sunset:</i> 5:10PM Nataraja: Yellow Moon – Yellow Devaloka Day Jyeshtha-Ani
Routine Work Marana Yoga		Until 2:59AM Wed		Then Creative Work - Siddha Yoga	
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau	Durban, South Africa Sun 15 Sutra 80
Mithuna Rasi: 21.43	Tithi 1	343793461	Gulika 10:45AM – 12:02PM Yama 8:10AM – 9:28AM Rahu 12:02PM – 1:19PM	Punarvasu Until 1:08AM Thu Dhruva Until 8:12AM Kintughna Until 8:00AM Prathama* Until 6:36PM	Ganesha: Yellow <i>Sunrise:</i> 6:53AM Muruqa: Blue <i>Sunset:</i> 5:11PM Nataraja: Yellow Moon – Blue Sivaloka Day Ashada-Ani
Creative Work Siddha Yoga		Until 1:08AM Thu		Then Creative Work - Amrita Yoga	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Durban, South Africa Sun 16 Sutra 81	
Kataka Rasi: 6.17	Tithi 2 – 3	Gulika 9:28AM – 10:45AM	Pushya Until 10:58PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
		Yama 6:53AM – 8:10AM	Harshana Until 1:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 5:11PM	Moon 6 - Phase 12	
		343793461 Rahu 1:19PM – 2:37PM	Taitila Until 2:10AM Fri	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 3:39PM	Moon – Blue		Sivaloka Day	
Until 10:58PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Durban, South Africa Sun 17 Sutra 82	
Kataka Rasi: 20.58	Tithi 3 – 4	Gulika 8:10AM – 9:28AM	Ashlesha* Until 8:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
		Yama 2:37PM – 3:54PM	Vajra* Until 9:45PM	Muruqa: Blue	<i>Sunset:</i> 5:11PM	Moon 6 - Phase 12	
		343793461 Rahu 10:45AM – 12:02PM	Vanija Until 11:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 12:37PM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Durban, South Africa Sun 18 Sutra 83	
Simha Rasi: 5.38	Tithi 4 – 5	Gulika 6:53AM – 8:10AM	Magha* Until 6:37PM	Ganesha: White	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
		Yama 1:20PM – 2:37PM	Siddhi Until 6:17PM	Muruqa: Blue	<i>Sunset:</i> 5:12PM	Moon 6 - Phase 12	
		353793461 Rahu 9:28AM – 10:45AM	Bava Until 8:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 9:37AM	Moon – Red		Subha Sivaloka Day	
Until 6:37PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Durban, South Africa Sun 19 Sutra 84	
Simha Rasi: 20.13	Tithi 5 – 6	Gulika 2:38PM – 3:55PM	Purvaphalguni Until 4:40PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
		Yama 12:03PM – 1:20PM	Vyatipata* Until 2:59PM	Muruqa: Blue	<i>Sunset:</i> 5:12PM	Moon 6 - Phase 12	
		453793461 Rahu 3:55PM – 5:12PM	Taitila Until 4:10AM Mon	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:46AM	Moon – Red		Sivaloka Day	
Until 4:40PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Durban, South Africa Sun 20 Sutra 85	
Kanya Rasi: 4.38	Tithi 7	Gulika 1:20PM – 2:38PM	Uttaraphalguni Until 2:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
Family Home Evening		Yama 10:45AM – 12:03PM	Variyan Until 11:53AM	Muruqa: Blue	<i>Sunset:</i> 5:13PM	Moon 6 - Phase 12	
		453793461 Rahu 8:10AM – 9:28AM	Gara Until 3:00PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 1:53AM Tue	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Durban, South Africa Sun 21 Sutra 86	
Kanya Rasi: 18.49	Tithi 8	Gulika 12:03PM – 1:21PM	Hasta Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
		Yama 9:28AM – 10:45AM	Parigha* Until 9:06AM	Muruqa: Blue	<i>Sunset:</i> 5:13PM	Moon 6 - Phase 12	
		463793461 Rahu 2:38PM – 3:56PM	Visti Until 12:54PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 12:00AM Wed	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Durban, South Africa Sun 22 Sutra 87	
Tula Rasi: 2.44	Tithi 9	Gulika 10:45AM – 12:03PM	Chitra Until 12:50PM	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	Vikarin 5121	
		Yama 8:10AM – 9:28AM	Shiva Until 6:39AM	Muruqa: Blue	<i>Sunset:</i> 5:14PM	Moon 6 - Phase 12	
		463893461 Rahu 12:03PM – 1:21PM	Balava Until 11:14AM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 10:32PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Durban, South Africa	
			Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 88	
	Tula Rasi: 16.23	Tithi 10	Gulika 9:28AM – 10:46AM	Svati Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	Vikarin 5121	
			Yama 6:52AM – 8:10AM	Sadhya Until 2:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 5:14PM	Moon 6 - Phase 13	
		463893461 Rahu 1:21PM – 2:39PM	Taitila Until 10:00AM	Nataraja: Yellow		4th Phase		
Creative Work Amrita Yoga			Dashami Until 9:32PM	Ashada*Ani		Sivaloka Day		
Until 12:15PM								
Then Creative Work - Siddha Yoga								

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Durban, South Africa	
			Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 89	
	Tula Rasi: 29.47	Tithi 11	Gulika 8:10AM – 9:28AM	Vishakha Until 12:25PM	Ganesha: White	<i>Sunrise:</i> 6:52AM	Vikarin 5121	
			Yama 2:39PM – 3:57PM	Subha Until 1:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 5:15PM	Moon 6 - Phase 13	
		473893461 Rahu 10:46AM – 12:03PM	Vanija Until 9:13AM	Nataraja: Yellow		4th Phase		
Creative Work Siddha Yoga			Ekadashi Until 9:00PM	Ashada*Ani		Devaloka Day		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Durban, South Africa	
			Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 90	
	Vrischika Rasi: 12.55	Tithi 12	Gulika 6:52AM – 8:10AM	Anuradha Until 12:54PM	Ganesha: White	<i>Sunrise:</i> 6:52AM	Vikarin 5121	
			Yama 1:21PM – 2:39PM	Sukla Until 12:29AM Sun	Muruqa: Blue	<i>Sunset:</i> 5:15PM	Moon 6 - Phase 13	
		473893461 Rahu 9:28AM – 10:46AM	Bava Until 8:56AM	Nataraja: Yellow		4th Phase		
Creative Work Siddha Yoga			Dvadashi Until 8:56PM	Ashada*Ani		Devaloka Day		

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Durban, South Africa	
			Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 91	
	Vrischika Rasi: 25.49	Tithi 13	Gulika 2:40PM – 3:58PM	Jyeshtha* Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 6:52AM	Vikarin 5121	
			Yama 12:04PM – 1:22PM	Brahma Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 5:16PM	Moon 6 - Phase 13	
		473893461 Rahu 3:58PM – 5:16PM	Kaulava Until 9:07AM	Nataraja: Yellow		4th Phase		
Routine Work Marana Yoga			Trayodashi Until 9:22PM	Ashada*Ani		Devaloka Day		
Until 1:43PM								
Then Creative Work - Amrita Yoga								
						<i>Pradosha Vrata</i>		

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Durban, South Africa	
			Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 92	
	Dhanus Rasi: 8.28	Tithi 14	Gulika 1:22PM – 2:40PM	Mula* Until 3:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	Vikarin 5121	
			Yama 10:46AM – 12:04PM	Indra Until 11:41PM	Muruqa: Blue	<i>Sunset:</i> 5:16PM	Moon 6 - Phase 13	
Family Home Evening		483893461 Rahu 8:09AM – 9:28AM	Gara Until 9:47AM	Nataraja: Yellow		4th Phase		
Creative Work Siddha Yoga			Chaturdashi* Until 10:16PM	Ashada*Ani		Sivaloka Day		
Until 3:18PM								
Then Routine Work - Marana Yoga								

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Durban, South Africa	
			Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 93	
	Dhanus Rasi: 20.55	Tithi 15	Gulika 12:04PM – 1:22PM	Purvashadha* Until 5:10PM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	Vikarin 5121	
			Yama 9:27AM – 10:46AM	Vaidhriti* Until 11:48PM	Muruqa: Blue	<i>Sunset:</i> 5:17PM	Moon 6 - Phase 13	
		483893461 Rahu 2:40PM – 3:59PM	Visti Until 10:54AM	Nataraja: Yellow		Purnima		
Creative Work Siddha Yoga			Purnima* Until 11:37PM	Ashada*Ani		Sivaloka Day		
Until 5:10PM								
Then Routine Work - Prabalarishta Yoga								
						Partial Lunar Eclipse		
						Satguru Purnima		

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Durban, South Africa	
			Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 94	
	Makara Rasi: 3.11	Tithi 16	Gulika 10:46AM – 12:04PM	Uttarashadha Until 7:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:51AM	Vikarin 5121	
			Yama 8:09AM – 9:27AM	Vishkambha* Until 12:14AM Thu	Muruqa: Blue	<i>Sunset:</i> 5:17PM	Moon 6 - Phase 13	
		484893462 Rahu 12:04PM – 1:22PM	Balava Until 12:28PM	Nataraja: White		Prathama		
Creative Work Amrita Yoga			Prathama* Until 1:23AM Thu	Ashada*Adi		Subha Subha Sivaloka Day		
Until 7:18PM								
Then Creative Work - Siddha Yoga								



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Durban, South Africa
Sun 1 Sutra 95
Vikarin 5121

Makara Rasi: 15.17 Tithi 17

Gulika 9:27AM – 10:46AM
Yama 6:50AM – 8:09AM
494893462 **Rahu** 1:22PM – 2:41PM

Shravana Until 10:05PM
Priti Until 12:57AM Fri
Taitila Until 2:24PM
Dvitiya Until 3:28AM Fri

Ganesha: Clear *Sunrise: 6:50AM*
Muruqa: Blue *Sunset: 5:18PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Durban, South Africa
Sun 2 Sutra 96
Vikarin 5121

Makara Rasi: 27.16 Tithi 18

Gulika 8:08AM – 9:27AM
Yama 2:41PM – 4:00PM
494893462 **Rahu** 10:46AM – 12:04PM

Dhanishtha Until 12:57AM Sat
Ayushman Until 1:49AM Sat
Vanija Until 4:37PM
Tritiya Until 5:47AM Sat

Ganesha: Clear *Sunrise: 6:50AM*
Muruqa: Blue *Sunset: 5:18PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

Until 12:57AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Durban, South Africa
Sun 3 Sutra 97
Vikarin 5121

Kumbha Rasi: 9.1 Tithi 19

Gulika 6:49AM – 8:08AM
Yama 1:23PM – 2:42PM
494893462 **Rahu** 9:27AM – 10:45AM

Shatabhishak Until 3:45AM Sun
Saubhagya Until 2:48AM Sun
Bava Until 7:00PM
Chaturthi* Until 8:12AM Sun

Ganesha: Clear *Sunrise: 6:49AM*
Muruqa: Blue *Sunset: 5:19PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Ashada-Adi

Until 3:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Durban, South Africa
Sun 4 Sutra 98
Vikarin 5121

Kumbha Rasi: 21.01 Tithi 19 – 20

Gulika 2:42PM – 4:01PM
Yama 12:04PM – 1:23PM
414893462 **Rahu** 4:01PM – 5:19PM

Purvaproshtapada* Until 6:53AM Mon
Sobhana Until 3:46AM Mon
Kaulava Until 9:25PM
Chaturthi* Until 8:12AM

Ganesha: Clear *Sunrise: 6:49AM*
Muruqa: Blue *Sunset: 5:19PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Durban, South Africa
Sun 5 Sutra 99
Vikarin 5121

Meena Rasi: 2.53 Tithi 20 – 21

Family Home Evening

Gulika 1:23PM – 2:42PM
Yama 10:45AM – 12:04PM
414893462 **Rahu** 8:07AM – 9:26AM

Purvaproshtapada* Until 6:53AM
Athiganda* Until 4:35AM Tue
Gara Until 11:42PM
Panchami Until 10:34AM

Ganesha: Clear *Sunrise: 6:49AM*
Muruqa: Blue *Sunset: 5:20PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga
Until 6:53AM

Subha Sivaloka Day

Ashada-Adi

Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Durban, South Africa
Sun 6 Sutra 100
Vikarin 5121

Meena Rasi: 14.49 Tithi 21 – 22

Gulika 12:04PM – 1:23PM
Yama 9:26AM – 10:45AM
414893462 **Rahu** 2:42PM – 4:02PM

Uttaraproshtapada Until 9:40AM
Sukarma Until 5:11AM Wed
Visti Until 1:42AM Wed
Shashthi* Until 12:44PM

Ganesha: Clear *Sunrise: 6:48AM*
Muruqa: Blue *Sunset: 5:21PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga
Until 9:40AM

Subha Sivaloka Day

Ashada-Adi

Then Creative Work - Siddha Yoga

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Durban, South Africa
Sun 7 Sutra 101
Vikarin 5121

Meena Rasi: 26.53 Tithi 22 – 23

Gulika 10:45AM – 12:04PM
Yama 8:07AM – 9:26AM
414893462 **Rahu** 12:04PM – 1:24PM

Revati Until 11:57AM
Dhriti Until 5:26AM Thu
Balava Until 3:16AM Thu
Saptami Until 2:32PM

Ganesha: Clear *Sunrise: 6:48AM*
Muruqa: Blue *Sunset: 5:21PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day

Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Durban, South Africa
Sun 8 Sutra 102
Vikarin 5121

Mesha Rasi: 9.08 Tithi 23 – 24

Gulika 9:26AM – 10:45AM
Yama 6:47AM – 8:06AM
424893462 **Rahu** 1:24PM – 2:43PM

Ashvini Until 2:04PM
Shula* Until 5:10AM Fri
Taitila Until 4:13AM Fri
Ashtami* Until 3:48PM

Ganesha: White *Sunrise: 6:47AM*
Muruqa: Blue *Sunset: 5:22PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga
Until 2:04PM

Subha Subha Sivaloka Day

Ashada-Adi

Then Creative Work - Siddha Yoga


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Durban, South Africa Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 21.4	Tithi 24 – 25	Gulika 8:06AM – 9:25AM	Bharani Until 3:23PM	Ganesha: White	<i>Sunrise:</i> 6:46AM	Muruqa: Blue	<i>Sunset:</i> 5:22PM
		Yama 2:43PM – 4:03PM	Ganda* Until 4:22AM Sat	Nataraja: White		Moon – White	Moon 7 - Phase 15
		424893462 Rahu 10:45AM – 12:04PM	Vanija Until 4:27AM Sat	Moon – White		Subha Subha Sivaloka Day	
Creative Work	Siddha Yoga		Navami* Until 4:25PM	Ashada-Adi			2nd Phase

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Durban, South Africa Sun 10 Sutra 104 Vikarin 5121	
Virshabha Rasi: 4.32	Tithi 25 – 26	Gulika 6:46AM – 8:06AM	Krittika Until 3:49PM	Ganesha: White	<i>Sunrise:</i> 6:46AM	Muruqa: Blue	<i>Sunset:</i> 5:23PM
		Yama 1:24PM – 2:44PM	Vriddhi Until 2:57AM Sun	Nataraja: White		Moon – White	Moon 7 - Phase 15
		424893462 Rahu 9:25AM – 10:45AM	Bava Until 3:55AM Sun	Moon – White		Subha Subha Sivaloka Day	
Creative Work	Amrita Yoga		Dashami Until 4:16PM	Ashada-Adi			2nd Phase

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Durban, South Africa Sun 11 Sutra 105 Vikarin 5121	
Virshabha Rasi: 14.77	Tithi 26 – 27	Gulika 2:44PM – 4:04PM	Rohini Until 3:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:45AM	Muruqa: Blue	<i>Sunset:</i> 5:23PM
		Yama 12:04PM – 1:24PM	Dhruva Until 12:53AM Mon	Nataraja: White		Moon – Yellow	Moon 7 - Phase 15
		434893462 Rahu 4:04PM – 5:23PM	Kaulava Until 2:36AM Mon	Moon – Yellow		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 3:20PM	Ashada-Adi			2nd Phase

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Durban, South Africa Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 1.29	Tithi 27 – 28	Gulika 1:24PM – 2:44PM	Mrigashira Until 2:51PM	Ganesha: White	<i>Sunrise:</i> 6:45AM	Muruqa: Blue	<i>Sunset:</i> 5:24PM
Family Home Evening		Yama 10:44AM – 12:04PM	Vyaghata* Until 10:14PM	Nataraja: White		Moon – Yellow	Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 Rahu 8:05AM – 9:25AM	Gara Until 12:35AM Tue	Moon – Yellow		Sivaloka Day	
Until 2:51PM			Dvadashi* Until 1:39PM	Ashada-Adi			2nd Phase
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Durban, South Africa Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 15.38	Tithi 28 – 29	Gulika 12:04PM – 1:24PM	Ardra Until 1:07PM	Ganesha: White	<i>Sunrise:</i> 6:44AM	Muruqa: Blue	<i>Sunset:</i> 5:25PM
		Yama 9:24AM – 10:44AM	Harshana Until 7:07PM	Nataraja: White		Moon – Yellow	Moon 7 - Phase 15
		435893462 Rahu 2:44PM – 4:05PM	Visti Until 9:57PM	Moon – Yellow		Sivaloka Day	
Routine Work	Marana Yoga		Trayodashi* Until 11:19AM	Ashada-Adi			2nd Phase
Until 1:07PM							
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Durban, South Africa Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 10:44AM – 12:04PM	Punarvasu Until 11:09AM	Ganesha: Green	<i>Sunrise:</i> 6:43AM	Muruqa: Blue	<i>Sunset:</i> 5:25PM
Kataka Rasi: 0.1	Tithi 29 – 30	Yama 8:04AM – 9:24AM	Vajra* Until 3:33PM	Nataraja: White		Moon – Blue	Moon 7 - Phase 15
		445893462 Rahu 12:04PM – 1:25PM	Catuspada Until 6:52PM	Moon – Blue		Sivaloka Day	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Ashada-Adi			Amavasya

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Durban, South Africa Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 14.59	Tithi 1	Gulika 9:23AM – 10:44AM	Pushya Until 8:40AM	Ganesha: Green	<i>Sunrise:</i> 6:43AM	Muruqa: Blue	<i>Sunset:</i> 5:25PM
		Yama 6:43AM – 8:03AM	Siddhi Until 11:43AM	Nataraja: White		Moon – Blue	Moon 7 - Phase 15
		445893462 Rahu 1:25PM – 2:45PM	Kintughna Until 3:28PM	Moon – Blue		Sivaloka Day	
Creative Work	Amrita Yoga		Prathama* Until 1:41AM Fri	Sravana-Adi			Prathama
Until 8:40AM							
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Durban, South Africa Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.01	Tithi 2	Gulika 8:03AM – 9:23AM	Magha* Until 3:13AM Sat	Ganesha: White	<i>Sunrise:</i> 6:42AM		
		Yama 2:45PM – 4:06PM	Vyatipata* Until 7:45AM	Muruqa: Blue	<i>Sunset:</i> 5:26PM		Moon 7 - Phase 16
		455893462 Rahu 10:44AM – 12:04PM	Balava Until 11:55AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red		Sivaloka Day	
Until 3:13AM Sat				Sravana•Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Durban, South Africa Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.04	Tithi 3	Gulika 6:41AM – 8:02AM	Purvaphalguni Until 12:36AM Sun	Ganesha: White	<i>Sunrise:</i> 6:41AM		
		Yama 1:25PM – 2:45PM	Parigha* Until 11:49PM	Muruqa: Blue	<i>Sunset:</i> 5:27PM		Moon 7 - Phase 16
		455893462 Rahu 9:23AM – 10:43AM	Taitila Until 8:22AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:37PM	Moon – Red		Sivaloka Day	
Until 12:36AM Sun				Sravana•Adi			
Then Creative Work - Amrita Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Durban, South Africa Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0	Tithi 4 – 5	Gulika 2:46PM – 4:07PM	Uttaraphalguni Until 10:06PM	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM		
		Yama 12:04PM – 1:25PM	Shiva Until 8:08PM	Muruqa: Blue	<i>Sunset:</i> 5:27PM		Moon 7 - Phase 16
		455993462 Rahu 4:07PM – 5:27PM	Bava Until 1:51AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:20PM	Moon – Red		Subha Sivaloka Day	
				Sravana•Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Durban, South Africa Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 14.43	Tithi 5 – 6	Gulika 1:25PM – 2:46PM	Hasta Until 8:17PM	Ganesha: White	<i>Sunrise:</i> 6:40AM		
Family Home Evening		Yama 10:43AM – 12:04PM	Siddha Until 4:45PM	Muruqa: Blue	<i>Sunset:</i> 5:28PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 8:01AM – 9:22AM	Kaulava Until 11:10PM	Nataraja: White			3rd Phase
Until 8:17PM			Panchami Until 12:26PM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana•Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Durban, South Africa Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.06	Tithi 6 – 7	Gulika 12:04PM – 1:25PM	Chitra Until 6:52PM	Ganesha: White	<i>Sunrise:</i> 6:39AM		
		Yama 9:21AM – 10:43AM	Sadhya Until 1:48PM	Muruqa: Blue	<i>Sunset:</i> 5:29PM		Moon 7 - Phase 16
		465993462 Rahu 2:46PM – 4:07PM	Gara Until 9:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana•Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Durban, South Africa Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.06	Tithi 7 – 8	Gulika 10:42AM – 12:04PM	Svati Until 5:54PM	Ganesha: White	<i>Sunrise:</i> 6:38AM		
		Yama 8:00AM – 9:21AM	Subha Until 11:21AM	Muruqa: Blue	<i>Sunset:</i> 5:29PM		Moon 7 - Phase 16
		465993462 Rahu 12:04PM – 1:25PM	Visti Until 7:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana•Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Durban, South Africa Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 26.43	Tithi 8 – 9	Gulika 9:21AM – 10:42AM	Vishakha Until 5:54PM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM		
		Yama 6:37AM – 7:59AM	Sukla Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 5:30PM		Moon 7 - Phase 16
		476993462 Rahu 1:25PM – 2:47PM	Balava Until 6:39PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Ashtami* Until 6:59AM	Moon – Orange		Sivaloka Day	
				Sravana•Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Durban, South Africa Sun 23 Sutra 117 Vikarin 5121	
Wrischika Rasi: 9.57	Tithi 9 – 10	Gulika 7:58AM – 9:20AM	Anuradha Until 6:24PM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	Muruqa: Blue	<i>Sunset:</i> 5:30PM
		Yama 2:47PM – 4:09PM	Brahma Until 8:02AM	Nataraja: White			Moon 7 - Phase 17
		476993462 Rahu 10:42AM – 12:03PM	Taitila Until 6:28PM	Moon – Orange			4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:28AM	Sravana*Adi		Sivaloka Day	
Until 6:24PM							
Then Routine Work - Marana Yoga							


2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Durban, South Africa Sun 24 Sutra 118 Vikarin 5121	
Wrischika Rasi: 22.5	Tithi 10 – 11	Gulika 6:36AM – 7:58AM	Jyeshtha* Until 7:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:36AM	Muruqa: Blue	<i>Sunset:</i> 5:31PM
		Yama 1:25PM – 2:47PM	Indra Until 7:10AM	Nataraja: White			Moon 7 - Phase 17
		476993462 Rahu 9:20AM – 10:41AM	Vanija Until 6:55PM	Moon – Orange			4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:36AM	Sravana*Adi		Sivaloka Day	

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Durban, South Africa Sun 25 Sutra 119 Vikarin 5121	
Dhanus Rasi: 5.28	Tithi 11 – 12	Gulika 2:47PM – 4:09PM	Mula* Until 9:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Muruqa: Blue	<i>Sunset:</i> 5:31PM
		Yama 12:03PM – 1:25PM	Vaidhriti* Until 6:45AM	Nataraja: White			Moon 7 - Phase 17
		486993462 Rahu 4:09PM – 5:31PM	Bava Until 7:56PM	Moon – Light Blue			4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:20AM	Sravana*Adi		Subha Sivaloka Day	
Until 9:12PM							
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Durban, South Africa Sun 26 Sutra 120 Vikarin 5121	
Dhanus Rasi: 17.5	Tithi 12 – 13	Gulika 1:25PM – 2:48PM	Purvashadha* Until 11:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Muruqa: Blue	<i>Sunset:</i> 5:32PM
Family Home Evening		Yama 10:41AM – 12:03PM	Vishkambha* Until 6:46AM	Nataraja: White			Moon 7 - Phase 17
		486993462 Rahu 7:56AM – 9:19AM	Kaulava Until 9:25PM	Moon – Light Blue			4th Phase
Routine Work	Marana Yoga		Dvadashi Until 8:36AM	Sravana*Adi		Subha Sivaloka Day	

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Durban, South Africa Sun 27 Sutra 121 Vikarin 5121	
Makara Rasi: 0.02	Tithi 13 – 14	Gulika 12:03PM – 1:25PM	Uttarashadha Until 1:38AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	Muruqa: Blue	<i>Sunset:</i> 5:33PM
		Yama 9:18AM – 10:40AM	Priti Until 7:07AM	Nataraja: White			Moon 7 - Phase 17
		486993462 Rahu 2:48PM – 4:10PM	Gara Until 11:16PM	Moon – Light Blue			4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 10:17AM	Sravana*Adi		Subha Sivaloka Day	
Until 1:38AM Wed							
Then Creative Work - Siddha Yoga							

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Durban, South Africa Sutra 122 Vikarin 5121	
Copper Retreat Star		Gulika 10:40AM – 12:03PM	Shravana Until 4:33AM Thu	Ganesha: White	<i>Sunrise:</i> 6:32AM	Muruqa: Blue	<i>Sunset:</i> 5:33PM
Makara Rasi: 12.05	Tithi 14 – 15	Yama 7:55AM – 9:17AM	Ayushman Until 7:42AM	Nataraja: White			Moon 7 - Phase 17
		496993462 Rahu 12:03PM – 1:25PM	Visti Until 1:25AM Thu	Moon – Purple			Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:18PM	Sravana*Adi		Sivaloka Day	

Thursday, August 15, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Durban, South Africa Sutra 123 Vikarin 5121	
Makara Rasi: 24.02	Tithi 15 – 16	Gulika 9:17AM – 10:40AM	Dhanishtha Until 7:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM	Muruqa: Blue	<i>Sunset:</i> 5:34PM
		Yama 6:31AM – 7:54AM	Saubhagya Until 8:29AM	Nataraja: White			Moon 7 - Phase 17
		497993462 Rahu 1:25PM – 2:48PM	Balava Until 3:44AM Fri	Moon – Purple			Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:32PM	Sravana*Adi		Subha Sivaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 5.56 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 7:53AM – 9:16AM
Yama 2:48PM – 4:11PM
Rahu 10:39AM – 12:02PM

Dhanishtha Until 7:27AM
Sobhana Until 9:24AM
Taitila Until 6:10AM Sat
Prathama* Until 4:55PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Adi

Sunrise: 6:30AM
Sunset: 5:34PM

Durban, South Africa
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 17.48 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 10:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 6:29AM – 7:53AM
Yama 1:25PM – 2:48PM
Rahu 9:16AM – 10:39AM

Shatabhishak Until 10:16AM
Athiganda* Until 10:21AM
Taitila Until 6:10AM
Dvitiya Until 7:21PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Avani

Sunrise: 6:29AM
Sunset: 5:35PM

Durban, South Africa
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

2

Sunday, August 18, 2019

Kumbha Rasi: 29.4 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 1:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 2:49PM – 4:12PM
Yama 12:02PM – 1:25PM
Rahu 4:12PM – 5:35PM

Purvaproshtapada* Until 1:25PM
Sukarma Until 11:18AM
Vanija Until 8:35AM
Tritiya Until 9:45PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 6:28AM
Sunset: 5:35PM

Durban, South Africa
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 11.33 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:25PM – 2:49PM
Yama 10:38AM – 12:02PM
Rahu 7:51AM – 9:15AM

Uttaraproshtapada Until 4:16PM
Dhriti Until 12:12PM
Bava Until 10:55AM
Chaturthi* Until 12:00AM Tue

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 6:27AM
Sunset: 5:36PM

Durban, South Africa
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 23.3 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:01PM – 1:25PM
Yama 9:14AM – 10:38AM
Rahu 2:49PM – 4:13PM

Revati Until 6:46PM
Shula* Until 12:54PM
Kaulava Until 1:03PM
Panchami Until 1:59AM Wed

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 6:26AM
Sunset: 5:36PM

Durban, South Africa
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 5.34 Tilthi 21

527993462

Routine Work Marana Yoga

Until 9:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:37AM – 12:01PM
Yama 7:49AM – 9:13AM
Rahu 12:01PM – 1:25PM

Ashvini Until 9:14PM
Ganda* Until 1:22PM
Gara Until 2:52PM
Shashthi* Until 3:35AM Thu

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 6:25AM
Sunset: 5:37PM

Durban, South Africa
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 17.49 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 11:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 9:13AM – 10:37AM
Yama 6:24AM – 7:48AM
Rahu 1:25PM – 2:49PM

Bharani Until 11:04PM
Vridhhi Until 1:30PM
Visti Until 4:13PM
Saptami Until 4:39AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 6:24AM
Sunset: 5:38PM

Durban, South Africa
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019

Retreat Star

Vrishabha Rasi: 0.17 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 12:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:48AM – 9:12AM
Yama 2:49PM – 4:14PM
Rahu 10:36AM – 12:01PM

Krishna Janmashtami

Krittika Until 12:07AM Sat
Dhruva Until 1:09PM
Balava Until 4:58PM
Ashtami* Until 5:03AM Sat

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 6:23AM
Sunset: 5:38PM

Durban, South Africa
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.04 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 12:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 6:22AM – 7:47AM
Yama 1:25PM – 2:49PM
Rahu 9:11AM – 10:36AM

Rohini Until 12:45AM Sun
Vyaghata* Until 12:16PM
Taitila Until 5:00PM
Navami* Until 4:42AM Sun

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – Yellow
Sravana-Avani

Sunrise: 6:22AM
Sunset: 5:39PM

Durban, South Africa
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau		Durban, South Africa Sun 9 Sutra 133	
538993462	Gulika 2:50PM – 4:14PM Yama 12:00PM – 1:25PM Rahu 4:14PM – 5:39PM	Mrigashira Until 12:27AM Mon Harshana Until 10:46AM Vanija Until 4:14PM Dashami Until 3:33AM Mon	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:21AM Sunset: 5:39PM	Subha Sivaloka Day Sravana-Avani	Moon 8 - Phase 19 2nd Phase	
Creative Work Siddha Yoga							

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Durban, South Africa Sun 10 Sutra 134	
538993462	Gulika 1:25PM – 2:50PM Yama 10:35AM – 12:00PM Rahu 7:45AM – 9:10AM	Ardra Until 11:15PM Vajra* Until 8:37AM Bava Until 2:42PM Ekadashi* Until 1:38AM Tue	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 6:20AM Sunset: 5:40PM	Subha Sivaloka Day Sravana-Avani	Moon 8 - Phase 19 2nd Phase	
Mithuna Rasi: 9.5 Family Home Evening Creative Work Siddha Yoga Until 11:15PM Then Creative Work - Amrita Yoga							

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Durban, South Africa Sun 11 Sutra 135	
548993462	Gulika 12:00PM – 1:25PM Yama 9:09AM – 10:34AM Rahu 2:50PM – 4:15PM	Punarvasu Until 9:39PM Vyatipata* Until 2:36AM Wed Kaulava Until 12:26PM Dvadashi* Until 11:03PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 6:19AM Sunset: 5:40PM	Sivaloka Day Sravana-Avani	Moon 8 - Phase 19 2nd Phase	
Mithuna Rasi: 23.55 Creative Work Siddha Yoga							

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Durban, South Africa Sun 12 Sutra 136	
549993463	Gulika 10:34AM – 11:59AM Yama 7:43AM – 9:09AM Rahu 11:59AM – 1:25PM	Pushya Until 7:20PM Variyan Until 10:51PM Gara Until 9:34AM Trayodashi* Until 7:55PM	Ganesha: Light Blue Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 6:18AM Sunset: 5:41PM	Devaloka Day Sravana-Avani	Moon 8 - Phase 19 2nd Phase	
Kataka Rasi: 8.25 Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Durban, South Africa Sun 13 Sutra 137	
549193463	Gulika 9:08AM – 10:33AM Yama 6:17AM – 7:42AM Rahu 1:25PM – 2:50PM	Ashlesha* Until 4:29PM Parigha* Until 6:49PM Visti Until 6:12AM Chaturdashi* Until 4:23PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 6:17AM Sunset: 5:41PM	Sivaloka Day Sravana-Avani	Moon 8 - Phase 19 2nd Phase	
Kataka Rasi: 23.19 Creative Work Siddha Yoga Until 4:29PM Then Creative Work - Amrita Yoga							

		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Durban, South Africa Sun 14 Sutra 138	
Retreat Star		Gulika 7:41AM – 9:07AM Yama 2:50PM – 4:16PM Rahu 10:33AM – 11:59AM	Magha* Until 1:39PM Shiva Until 2:36PM Kintughna Until 10:41PM Amavasya* Until 12:36PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 6:16AM Sunset: 5:42PM	Sivaloka Day Sravana-Avani	Moon 8 - Phase 19 Amavasya
Simha Rasi: 8.28 Routine Work Marana Yoga Until 1:39PM Then Creative Work - Siddha Yoga		Varalakshmi Vratam					

6		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Durban, South Africa Sun 15 Sutra 139	
Retreat Star		Gulika 6:14AM – 7:40AM Yama 1:24PM – 2:50PM Rahu 9:06AM – 10:32AM	Purvaphalguni Until 10:37AM Siddha Until 10:18AM Balava Until 6:52PM Prathama* Until 8:45AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 6:14AM Sunset: 5:42PM	Sivaloka Day Bhadrapada-Avani	Moon 8 - Phase 19 Prathama
Simha Rasi: 23.43 Creative Work Siddha Yoga Until 10:37AM Then Routine Work - Marana Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyam Titau				Durban, South Africa Sun 16 Sutra 140
Kanya Rasi: 8.55	Tithi 3	Gulika 2:50PM – 4:17PM	Uttaraphalguni Until 7:35AM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM			Vikarin 5121
		Yama 11:58AM – 1:24PM	Sadhya Until 6:07AM	Muruqa: Blue	<i>Sunset:</i> 5:43PM			Moon 8 - Phase 20
		559193463 Rahu 4:17PM – 5:43PM	Taitila Until 3:14PM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 1:31AM Mon	Moon – Red			Sivaloka Day	
				Bhadrapada-Avani				

2		Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Durban, South Africa Sun 17 Sutra 141
Kanya Rasi: 23.53	Tithi 4	Gulika 1:24PM – 2:51PM	Chitra Until 2:56AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:12AM			Vikarin 5121
Family Home Evening		Yama 10:31AM – 11:58AM	Sukla Until 10:35PM	Muruqa: Blue	<i>Sunset:</i> 5:43PM			Moon 8 - Phase 20
Routine Work	Prabalarishta Yoga	569193463 Rahu 7:39AM – 9:05AM	Vanija Until 11:57AM	Nataraja: Clear				3rd Phase
Until 2:56AM Tue			Chaturthi* Until 10:28PM	Moon – Green			Sivaloka Day	
Then Creative Work - Siddha Yoga		Ganesha Chaturthi		Bhadrapada-Avani				

3		Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Durban, South Africa Sun 18 Sutra 142
Tula Rasi: 8.3	Tithi 5	Gulika 11:57AM – 1:24PM	Svati Until 1:15AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:11AM			Vikarin 5121
		Yama 9:04AM – 10:31AM	Brahma Until 7:28PM	Muruqa: Blue	<i>Sunset:</i> 5:44PM			Moon 8 - Phase 20
		569193463 Rahu 2:51PM – 4:17PM	Bava Until 9:10AM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:00PM	Moon – Green			Sivaloka Day	
				Bhadrapada-Avani				

4		Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Durban, South Africa Sun 19 Sutra 143
Tula Rasi: 22.4	Tithi 6	Gulika 10:30AM – 11:57AM	Vishakha Until 12:35AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:10AM			Vikarin 5121
		Yama 7:37AM – 9:03AM	Indra Until 4:57PM	Muruqa: Blue	<i>Sunset:</i> 5:44PM			Moon 8 - Phase 20
		579193463 Rahu 11:57AM – 1:24PM	Kaulava Until 7:02AM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:14PM	Moon – Orange			Subha Sivaloka Day	
				Bhadrapada-Avani				

5		Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Durban, South Africa Sun 20 Sutra 144
Vrischika Rasi: 6.22	Tithi 7 – 8	Gulika 9:03AM – 10:30AM	Anuradha Until 12:35AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:09AM			Vikarin 5121
		Yama 6:09AM – 7:36AM	Vaidhriti* Until 3:04PM	Muruqa: Blue	<i>Sunset:</i> 5:45PM			Moon 8 - Phase 20
		571193463 Rahu 1:24PM – 2:51PM	Visti Until 5:08AM Fri	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:17PM	Moon – Orange			Sivaloka Day	
Until 12:35AM Fri				Bhadrapada-Avani				
Then Routine Work - Marana Yoga								

Retreat Star		Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Durban, South Africa Sun 21 Sutra 145
Vrischika Rasi: 19.37	Tithi 8 – 9	Gulika 7:35AM – 9:02AM	Jyeshtha* Until 1:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:07AM			Vikarin 5121
		Yama 2:51PM – 4:18PM	Vishkambha* Until 1:50PM	Muruqa: Blue	<i>Sunset:</i> 5:45PM			Moon 8 - Phase 20
		571193463 Rahu 10:29AM – 11:56AM	Balava Until 5:25AM Sat	Nataraja: Clear				Ashtami
Routine Work	Marana Yoga		Ashtami* Until 5:10PM	Moon – Orange			Sivaloka Day	
Until 1:13AM Sat				Bhadrapada-Avani				
Then Creative Work - Siddha Yoga								

Retreat Star		Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Durban, South Africa Sun 22 Sutra 146
Dhanus Rasi: 2.26	Tithi 9 – 10	Gulika 6:06AM – 7:34AM	Mula* Until 2:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:06AM			Vikarin 5121
		Yama 1:24PM – 2:51PM	Priti Until 1:15PM	Muruqa: Blue	<i>Sunset:</i> 5:46PM			Moon 8 - Phase 20
		581193463 Rahu 9:01AM – 10:29AM	Taitila Until 6:27AM Sun	Nataraja: Clear				Navami
Creative Work	Siddha Yoga		Navami* Until 5:49PM	Moon – Light Blue			Devaloka Day	
				Bhadrapada-Avani				

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Durban, South Africa Sun 23 Sutra 147
Dhanus Rasi: 14.54	Tithi 10	Gulika 2:51PM – 4:19PM	Purvashadha* Until 5:05AM Mon	Ganesha: Green <i>Sunrise: 6:05AM</i>	Vikarin 5121
		Yama 11:56AM – 1:23PM	Ayushman Until 1:11PM	Muruqa: Blue <i>Sunset: 5:46PM</i>	Moon 8 - Phase 21
	581193463	Rahu 4:19PM – 5:46PM	Taitila Until 6:27AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	Devaloka Day
Until 5:05AM Mon		Grandparent's Day	Dashami Until 7:10PM	Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Durban, South Africa Sun 24 Sutra 148
Dhanus Rasi: 27.07	Tithi 11	Gulika 1:23PM – 2:51PM	Uttarashadha Until 7:30AM Tue	Ganesha: Green <i>Sunrise: 6:04AM</i>	Vikarin 5121
Family Home Evening		Yama 10:28AM – 11:55AM	Saubhagya Until 1:34PM	Muruqa: Blue <i>Sunset: 5:47PM</i>	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	Rahu 7:32AM – 9:00AM	Vanija Until 8:05AM	Nataraja: Clear	4th Phase
Until 7:30AM Tue			Ekadashi Until 9:03PM	Moon – Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Durban, South Africa Sun 25 Sutra 149
Makara Rasi: 9.1	Tithi 12	Gulika 11:55AM – 1:23PM	Uttarashadha Until 7:30AM	Ganesha: Green <i>Sunrise: 6:03AM</i>	Vikarin 5121
		Yama 8:59AM – 10:27AM	Sobhana Until 2:16PM	Muruqa: Blue <i>Sunset: 5:47PM</i>	Moon 8 - Phase 21
	581193463	Rahu 2:51PM – 4:19PM	Bava Until 10:09AM	Nataraja: Clear	4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 11:16PM	Moon – Light Blue	Devaloka Day
Until 7:30AM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Durban, South Africa Sun 26 Sutra 150
Makara Rasi: 21.05	Tithi 13	Gulika 10:26AM – 11:55AM	Shravana Until 10:32AM	Ganesha: Red <i>Sunrise: 6:01AM</i>	Vikarin 5121
		Yama 7:30AM – 8:58AM	Athiganda* Until 3:07PM	Muruqa: Blue <i>Sunset: 5:48PM</i>	Moon 8 - Phase 21
	591193463	Rahu 11:55AM – 1:23PM	Kaulava Until 12:29PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 1:41AM Thu	Moon – Purple	Sivaloka Day
Until 10:32AM		Avani Avittam		Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Durban, South Africa Sun 27 Sutra 151
Kumbha Rasi: 2.57	Tithi 14	Gulika 8:57AM – 10:26AM	Dhanishtha Until 1:31PM	Ganesha: Red <i>Sunrise: 6:00AM</i>	Vikarin 5121
		Yama 6:00AM – 7:29AM	Sukarma Until 4:04PM	Muruqa: Blue <i>Sunset: 5:49PM</i>	Moon 8 - Phase 21
	591193463	Rahu 1:23PM – 2:51PM	Gara Until 2:57PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:09AM Fri	Moon – Purple	Sivaloka Day
		Chidambaram Abhishekam		Bhadrapada-Avani	

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Durban, South Africa Sutra 152
Copper Retreat Star		Gulika 7:28AM – 8:57AM	Shatabhishak Until 4:20PM	Ganesha: Red <i>Sunrise: 5:59AM</i>	Vikarin 5121
Kumbha Rasi: 14.48	Tithi 15	Yama 2:52PM – 4:20PM	Dhriti Until 5:01PM	Muruqa: Purple <i>Sunset: 5:49PM</i>	Moon 8 - Phase 21
	591113463	Rahu 10:25AM – 11:54AM	Visti Until 5:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 6:36AM Sat	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Durban, South Africa Sutra 153
Silver Retreat Star		Gulika 5:58AM – 7:27AM	Purvaprosarthapada* Until 7:25PM	Ganesha: Red <i>Sunrise: 5:58AM</i>	Vikarin 5121
Kumbha Rasi: 26.4	Tithi 15 – 16	Yama 1:23PM – 2:52PM	Shula* Until 5:53PM	Muruqa: Purple <i>Sunset: 5:50PM</i>	Moon 8 - Phase 21
	511113463	Rahu 8:56AM – 10:25AM	Balava Until 7:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Purnima* Until 6:36AM	Moon – Clear	Sivaloka Day
Until 7:25PM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Durban, South Africa

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 8.35 Tithi 16 - 17

512113463

Gulika

2:52PM - 4:21PM

Yama

11:53AM - 1:22PM

Rahu

4:21PM - 5:50PM

Uttaraproshtapada Until 10:13PM

Ganda* Until 6:40PM

Taitila Until 10:03PM

Prathama* Until 8:55AM

Ganesha: Yellow

Sunrise: 5:57AM

Muruqa: Purple

Sunset: 5:50PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Avani

Creative Work Amrita Yoga

Monday, September 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Durban, South Africa

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 20.33 Tithi 17 - 18

512113463

Gulika

1:22PM - 2:52PM

Yama

10:24AM - 11:53AM

Rahu

7:25AM - 8:54AM

Revati Until 12:39AM Tue

Vriddhi Until 7:20PM

Vanija Until 12:06AM Tue

Dvitiya Until 11:05AM

Ganesha: Yellow

Sunrise: 5:55AM

Muruqa: Purple

Sunset: 5:51PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Family Home Evening

Tuesday, September 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Durban, South Africa

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 3 Tithi 18 - 19

522113463

Gulika

11:53AM - 1:22PM

Yama

8:53AM - 10:23AM

Rahu

2:52PM - 4:21PM

Ashvini Until 3:11AM Wed

Dhruva Until 7:46PM

Bava Until 1:55AM Wed

Tritiya Until 1:02PM

Ganesha: White

Sunrise: 5:54AM

Muruqa: Purple

Sunset: 5:51PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Wednesday, September 18, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Durban, South Africa

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 14.46 Tithi 19 - 20

522113463

Gulika

10:22AM - 11:52AM

Yama

7:23AM - 8:53AM

Rahu

11:52AM - 1:22PM

Bharani Until 5:13AM Thu

Vyaghata* Until 7:59PM

Kaulava Until 3:23AM Thu

Chaturthi* Until 2:41PM

Ganesha: White

Sunrise: 5:53AM

Muruqa: Purple

Sunset: 5:52PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 5:13AM Thu

Then Routine Work - Marana Yoga

Thursday, September 19, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Durban, South Africa

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 27.04 Tithi 20 - 21

522113463

Gulika

8:52AM - 10:22AM

Yama

5:52AM - 7:22AM

Rahu

1:22PM - 2:52PM

Krittika Until 6:39AM Fri

Harshana Until 7:55PM

Gara Until 4:26AM Fri

Panchami Until 3:57PM

Ganesha: White

Sunrise: 5:52AM

Muruqa: Purple

Sunset: 5:52PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Friday, September 20, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Durban, South Africa

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 9.34 Tithi 21 - 22

522113463

Gulika

7:21AM - 8:51AM

Yama

2:52PM - 4:22PM

Rahu

10:21AM - 11:52AM

Krittika Until 6:39AM

Vajra* Until 7:24PM

Visti Until 4:55AM Sat

Shashthi* Until 4:44PM

Ganesha: White

Sunrise: 5:50AM

Muruqa: Purple

Sunset: 5:53PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 6:39AM

Then Routine Work - Marana Yoga

Saturday, September 21, 2019

6

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Durban, South Africa

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 22.19 Tithi 22 - 23

532113463

Gulika

5:49AM - 7:20AM

Yama

1:22PM - 2:52PM

Rahu

8:50AM - 10:21AM

Rohini Until 7:52AM

Siddhi Until 6:26PM

Balava Until 4:45AM Sun

Saptami Until 4:54PM

Ganesha: Clear

Sunrise: 5:49AM

Muruqa: Purple

Sunset: 5:53PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 7:52AM

Then Creative Work - Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vysatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Durban, South Africa

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 5.23 Tithi 23 - 24

532213463

Gulika

2:52PM - 4:23PM

Yama

11:51AM - 1:22PM

Rahu

4:23PM - 5:54PM

Mrigashira Until 8:17AM

Vyatipata* Until 4:55PM

Taitila Until 3:52AM Mon

Ashtami* Until 4:23PM

Ganesha: Orange

Sunrise: 5:48AM

Muruqa: Purple

Sunset: 5:54PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Durban, South Africa

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 18.51 Tithi 24 - 25

532213463

Gulika

1:21PM - 2:52PM

Yama

10:20AM - 11:50AM

Rahu

7:18AM - 8:49AM

Ardra Until 7:50AM

Variyan Until 2:48PM

Vanija Until 2:16AM Tue

Navami* Until 3:08PM

Ganesha: Orange

Sunrise: 5:47AM

Muruqa: Purple

Sunset: 5:54PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 7:50AM

Then Creative Work - Amrita Yoga

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Durban, South Africa Sun 9 Sutra 163 Vikarin 5121
Kataka Rasi: 2.45	Tithi 25 – 26	542213463	Gulika 11:50AM – 1:21PM Yama 8:48AM – 10:19AM Rahu 2:52PM – 4:24PM	Punarvasu Until 6:59AM Parigha* Until 12:08PM Bava Until 11:59PM Dashami Until 1:11PM	Ganesha: Light Blue <i>Sunrise:</i> 5:45AM Muruqa: Purple <i>Sunset:</i> 5:55PM Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada•Puratasi
Creative Work Siddha Yoga					

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Durban, South Africa Sun 10 Sutra 164 Vikarin 5121
Kataka Rasi: 17.04	Tithi 26 – 27	542213463	Gulika 10:18AM – 11:50AM Yama 7:16AM – 8:47AM Rahu 11:50AM – 1:21PM	Ashlesha* Until 2:57AM Thu Shiva Until 8:56AM Kaulava Until 9:07PM Ekadashi* Until 10:36AM	Ganesha: Light Blue <i>Sunrise:</i> 5:44AM Muruqa: Purple <i>Sunset:</i> 5:55PM Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada•Puratasi
Creative Work Siddha Yoga Until 2:57AM Thu Then Creative Work - Amrita Yoga					

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau	Durban, South Africa Sun 11 Sutra 165 Vikarin 5121
Simha Rasi: 1.48	Tithi 27 – 28	552213463	Gulika 8:46AM – 10:18AM Yama 5:43AM – 7:15AM Rahu 1:21PM – 2:53PM	Magha* Until 12:26AM Fri Sadhya Until 1:18AM Fri Vanija Until 3:59AM Fri Dvadashi* Until 7:29AM	Ganesha: Purple <i>Sunrise:</i> 5:43AM Muruqa: Purple <i>Sunset:</i> 5:56PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada•Puratasi
Creative Work Amrita Yoga Until 12:26AM Fri Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau	Durban, South Africa Sun 12 Sutra 166 Vikarin 5121
Simha Rasi: 16.5	Tithi 29	552213463	Gulika 7:14AM – 8:45AM Yama 2:53PM – 4:25PM Rahu 10:17AM – 11:49AM	Purvaphalguni Until 9:31PM Subha Until 9:07PM Visti Until 2:09PM Chaturdashi* Until 12:15AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:42AM Muruqa: Purple <i>Sunset:</i> 5:56PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada•Puratasi
Creative Work Siddha Yoga					

Retreat Star		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Durban, South Africa Sun 13 Sutra 167 Vikarin 5121
Kanya Rasi: 2.02	Tithi 30	652213463	Gulika 5:41AM – 7:13AM Yama 1:21PM – 2:53PM Rahu 8:45AM – 10:17AM	Uttaraphalguni Until 6:24PM Sukla Until 4:51PM Catuspada Until 10:22AM Amavasya* Until 8:28PM	Ganesha: Light Blue <i>Sunrise:</i> 5:41AM Muruqa: Purple <i>Sunset:</i> 5:57PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada•Puratasi
Routine Work Marana Yoga		Mahalaya Amavasai (Tamil Nadu)			

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau	Durban, South Africa Sun 14 Sutra 168 Vikarin 5121
Kanya Rasi: 17.14	Tithi 1 – 2	663213463	Gulika 2:53PM – 4:25PM Yama 11:48AM – 1:21PM Rahu 4:25PM – 5:58PM	Hasta Until 3:39PM Brahma Until 12:39PM Kintughna Until 6:37AM Prathama* Until 4:47PM	Ganesha: Light Blue <i>Sunrise:</i> 5:39AM Muruqa: Purple <i>Sunset:</i> 5:58PM Nataraja: Clear Moon – Green Devaloka Day Ashvina•Puratasi
Creative Work Amrita Yoga Until 3:39PM Then Creative Work - Siddha Yoga		Navaratri Begins			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Durban, South Africa Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.18	Tithi 2 – 3	Gulika	1:21PM – 2:53PM	Chitra Until 1:02PM	Ganesha: Light Blue <i>Sunrise:</i> 5:38AM
Family Home Evening	663213463	Yama	10:16AM – 11:48AM	Indra Until 8:41AM	Muruqa: Purple <i>Sunset:</i> 5:58PM
Routine Work Prabalarishta Yoga		Rahu	7:11AM – 8:43AM	Taitila Until 11:54PM	Nataraja: Clear
Until 1:02PM				Dvitiya Until 1:24PM	Moon – Green
Then Creative Work - Amrita Yoga					Devaloka Day
					Ashvina+Puratasi

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Durban, South Africa Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.02	Tithi 3 – 4	Gulika	11:48AM – 1:20PM	Svati Until 10:45AM	Ganesha: Light Blue <i>Sunrise:</i> 5:37AM
	663213463	Yama	8:42AM – 10:15AM	Vishkambha* Until 1:54AM Wed	Muruqa: Purple <i>Sunset:</i> 5:59PM
Creative Work Siddha Yoga		Rahu	2:53PM – 4:26PM	Vanija Until 9:17PM	Nataraja: Clear
Until 10:45AM				Tritiya Until 10:30AM	Moon – Green
Then Routine Work - Marana Yoga					Devaloka Day
					Ashvina+Puratasi

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Durban, South Africa Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.2	Tithi 4 – 5	Gulika	10:15AM – 11:47AM	Vishakha Until 9:23AM	Ganesha: Purple <i>Sunrise:</i> 5:36AM
	673213463	Yama	7:09AM – 8:42AM	Priti Until 11:22PM	Muruqa: Purple <i>Sunset:</i> 5:59PM
Creative Work Siddha Yoga		Rahu	11:47AM – 1:20PM	Bava Until 7:22PM	Nataraja: Clear
				Chaturthi* Until 8:13AM	Moon – Orange
					Devaloka Day
					Ashvina+Puratasi

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Durban, South Africa Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.1	Tithi 5 – 6	Gulika	8:41AM – 10:14AM	Anuradha Until 8:38AM	Ganesha: Purple <i>Sunrise:</i> 5:34AM
	673213463	Yama	5:34AM – 7:08AM	Ayushman Until 9:29PM	Muruqa: Purple <i>Sunset:</i> 6:00PM
Creative Work Siddha Yoga		Rahu	1:20PM – 2:53PM	Kaulava Until 6:17PM	Nataraja: Clear
Until 8:38AM				Panchami Until 6:42AM	Moon – Orange
Then Routine Work - Prabalarishta Yoga					Devaloka Day
					Ashvina+Puratasi

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Durban, South Africa Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 28.29	Tithi 6 – 7	Gulika	7:07AM – 8:40AM	Jyeshtha* Until 8:36AM	Ganesha: Purple <i>Sunrise:</i> 5:33AM
	673213463	Yama	2:54PM – 4:27PM	Saubhagya Until 8:19PM	Muruqa: Purple <i>Sunset:</i> 6:00PM
Routine Work Marana Yoga		Rahu	10:13AM – 11:47AM	Gara Until 6:06PM	Nataraja: Clear
Until 8:36AM				Shashthi* Until 6:03AM	Moon – Orange
Then Creative Work - Amrita Yoga					Devaloka Day
					Ashvina+Puratasi

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Durban, South Africa Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.21	Tithi 7 – 8	Gulika	5:32AM – 7:06AM	Mula* Until 9:45AM	Ganesha: Clear <i>Sunrise:</i> 5:32AM
	683213463	Yama	1:20PM – 2:54PM	Sobhana Until 7:51PM	Muruqa: Purple <i>Sunset:</i> 6:01PM
Creative Work Siddha Yoga		Rahu	8:39AM – 10:13AM	Visti Until 6:47PM	Nataraja: Clear
				Saptami Until 6:19AM	Moon – Light Blue
		Durga Ashtami			Sivaloka Day
					Ashvina+Puratasi

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Durban, South Africa Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 23.49	Tithi 8 – 9	Gulika	2:54PM – 4:28PM	Purvashadha* Until 11:32AM	Ganesha: Clear <i>Sunrise:</i> 5:31AM
	683213463	Yama	11:46AM – 1:20PM	Athiganda* Until 7:55PM	Muruqa: Purple <i>Sunset:</i> 6:02PM
Creative Work Siddha Yoga		Rahu	4:28PM – 6:02PM	Balava Until 8:14PM	Nataraja: Clear
Until 11:32AM				Ashtami* Until 7:24AM	Moon – Light Blue
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			Sivaloka Day
					Ashvina+Puratasi

1	Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Durban, South Africa Sun 22 Sutra 176 Vikarin 5121
	Makara Rasi: 6.01	Tithi 9 – 10	Gulika 1:20PM – 2:54PM	Uttarashadha Until 1:46PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	
	Family Home Evening	683213463	Yama 10:12AM – 11:46AM	Sukarma Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 25
	Routine Work Marana Yoga		Rahu 7:04AM – 8:38AM	Taitila Until 10:17PM	Nataraja: Clear		4th Phase
Until 1:46PM			Navami* Until 9:11AM	Moon – Light Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashvina+Puratasi			


2	Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Durban, South Africa Sun 23 Sutra 177 Vikarin 5121
	Makara Rasi: 17.59	Tithi 10 – 11	Gulika 11:46AM – 1:20PM	Shravana Until 4:45PM	Ganesha: White	<i>Sunrise:</i> 5:29AM	
	693213464		Yama 8:37AM – 10:11AM	Dhriti Until 9:18PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 2:54PM – 4:28PM	Vanija Until 12:40AM Wed	Nataraja: Purple		4th Phase
		Vijaya Dasami	Dashami Until 11:25AM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			

3	Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Durban, South Africa Sun 24 Sutra 178 Vikarin 5121
	Makara Rasi: 29.52	Tithi 11 – 12	Gulika 10:11AM – 11:45AM	Dhanishtha Until 7:46PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	
	693213464		Yama 7:02AM – 8:36AM	Shula* Until 10:13PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 25
	Routine Work Prabalarishta Yoga		Rahu 11:45AM – 1:20PM	Bava Until 3:13AM Thu	Nataraja: Purple		4th Phase
Until 7:46PM			Ekadashi Until 1:55PM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi			

4	Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Durban, South Africa Sun 25 Sutra 179 Vikarin 5121
	Kumbha Rasi: 11.42	Tithi 12 – 13	Gulika 8:36AM – 10:10AM	Shatabhishak Until 10:36PM	Ganesha: White	<i>Sunrise:</i> 5:26AM	
	693213464		Yama 5:26AM – 7:01AM	Ganda* Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 1:20PM – 2:54PM	Kaulava Until 5:43AM Fri	Nataraja: Purple		4th Phase
		Kadaitswami Mahasamadhi	Dvadashi Until 4:27PM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			
				<i>Pradosha Vrata</i>			

5	Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Taitila Karana Trayodashyam Titau				Durban, South Africa Sun 26 Sutra 180 Vikarin 5121
	Kumbha Rasi: 23.34	Tithi 13	Gulika 7:00AM – 8:35AM	Purvaproshtpada* Until 1:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:25AM	
	613213464		Yama 2:55PM – 4:30PM	Vriddhi Until 12:00AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 10:10AM – 11:45AM	Taitila Until 6:53PM	Nataraja: Purple		4th Phase
		Chidambaram Abhishekam	Trayodashi Until 6:53PM	Moon – Clear		Sivaloka Day	
				Ashvina+Puratasi			

6	Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Durban, South Africa Sun 27 Sutra 181 Vikarin 5121
	Meena Rasi: 5.29	Tithi 14	Gulika 5:24AM – 6:59AM	Uttaraproshtpada Until 4:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	
	613213464		Yama 1:20PM – 2:55PM	Dhruva Until 12:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 8:34AM – 10:09AM	Gara Until 8:04AM	Nataraja: Purple		4th Phase
Until 4:21AM Sun			Chaturdashi* Until 9:08PM	Moon – Clear		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashvina+Puratasi			

	Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Durban, South Africa Sutra 182 Vikarin 5121
	Copper Retreat Star		Gulika 2:55PM – 4:30PM	Revati Until 6:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	
	Meena Rasi: 17.29	Tithi 15	Yama 11:44AM – 1:20PM	Vyaghata* Until 1:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
	614213464		Rahu 4:30PM – 6:06PM	Visti Until 10:11AM	Nataraja: Purple		Purnima
Creative Work Amrita Yoga			Purnima* Until 11:07PM	Moon – Clear		Subha Sivaloka Day	
Until 6:38AM Mon				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

Monday, October 14, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Durban, South Africa Sutra 183 Vikarin 5121
	Meena Rasi: 29.35	Tithi 16	Gulika 1:20PM – 2:55PM	Revati Until 6:38AM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	
	614213464		Yama 10:08AM – 11:44AM	Harshana Until 1:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
	Family Home Evening		Rahu 6:57AM – 8:33AM	Balava Until 12:02PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 12:50AM Tue	Moon – Clear		Subha Sivaloka Day	
				Ashvina+Puratasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Durban, South Africa

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 11.49 Tithi 17

624213464

Gulika 11:44AM – 1:20PM
Yama 8:32AM – 10:08AM
Rahu 2:55PM – 4:31PM

Ashvini Until 8:57AM
Vajra* Until 1:25AM Wed
Taitila Until 1:35PM
Dvitiya Until 2:13AM Wed

Ganesha: White *Sunrise:* 5:21AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Durban, South Africa

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.1 Tithi 18

624213464

Gulika 10:08AM – 11:44AM
Yama 6:56AM – 8:32AM
Rahu 11:44AM – 1:20PM

Bharani Until 10:48AM
Siddhi Until 1:11AM Thu
Vanija Until 2:49PM
Tritiya Until 3:17AM Thu

Ganesha: White *Sunrise:* 5:20AM
Muruqa: Purple *Sunset:* 6:08PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 10:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Durban, South Africa

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 6.4 Tithi 19

624313464

Gulika 8:31AM – 10:07AM
Yama 5:18AM – 6:55AM
Rahu 1:20PM – 2:56PM

Krittika Until 12:09PM
Vyatipata* Until 12:40AM Fri
Bava Until 3:42PM
Chaturthi* Until 3:58AM Fri

Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: Purple *Sunset:* 6:08PM
Nataraja: Purple
Moon – White
Subha Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Durban, South Africa

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.21 Tithi 20

634313464

Gulika 6:54AM – 8:30AM
Yama 2:56PM – 4:33PM
Rahu 10:07AM – 11:43AM

Rohini Until 1:27PM
Varyan Until 11:49PM
Kaulava Until 4:11PM
Panchami Until 4:14AM Sat

Ganesha: White *Sunrise:* 5:17AM
Muruqa: Purple *Sunset:* 6:09PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Durban, South Africa

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.14 Tithi 21

634313464

Gulika 5:16AM – 6:53AM
Yama 1:20PM – 2:56PM
Rahu 8:30AM – 10:06AM

Mrigashira Until 2:09PM
Parigha* Until 10:36PM
Gara Until 4:13PM
Shashthi* Until 4:01AM Sun

Ganesha: White *Sunrise:* 5:16AM
Muruqa: Purple *Sunset:* 6:10PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Durban, South Africa

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.21 Tithi 22

634313464

Gulika 2:57PM – 4:33PM
Yama 11:43AM – 1:20PM
Rahu 4:33PM – 6:10PM

Ardra Until 2:12PM
Shiva Until 8:59PM
Visti Until 3:44PM
Saptami Until 3:15AM Mon

Ganesha: White *Sunrise:* 5:15AM
Muruqa: Purple *Sunset:* 6:10PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Durban, South Africa

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 28.46 Tithi 23

644313464

Gulika 1:20PM – 2:57PM
Yama 10:06AM – 11:43AM
Rahu 6:51AM – 8:28AM

Punarvasu Until 2:01PM
Siddha Until 6:54PM
Balava Until 2:41PM
Ashtami* Until 1:56AM Tue

Ganesha: Clear *Sunrise:* 5:14AM
Muruqa: Purple *Sunset:* 6:11PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 2:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Durban, South Africa

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 12.31 Tithi 24

644313464

Gulika 11:43AM – 1:20PM
Yama 8:28AM – 10:05AM
Rahu 2:57PM – 4:34PM

Pushya Until 1:07PM
Sadhya Until 4:21PM
Taitila Until 1:04PM
Navami* Until 12:02AM Wed

Ganesha: Clear *Sunrise:* 5:13AM
Muruqa: Purple *Sunset:* 6:12PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Durban, South Africa Sun 9 Sutra 192 Vikarin 5121	
Kataka Rasi: 26.37	Tithi 25	Gulika 10:05AM – 11:42AM	Ashlesha* Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:12AM	Moon 10 - Phase 27	
		Yama 6:50AM – 8:27AM	Subha Until 1:24PM	Muruqa: Purple	<i>Sunset:</i> 6:12PM	2nd Phase	
Creative Work	Siddha Yoga	644313464 Rahu 11:42AM – 1:20PM	Vanija Until 10:55AM	Nataraja: Purple		Subha Sivaloka Day	
			Dashami Until 9:38PM	Moon – Blue		Ashvina•Aipasi	

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Durban, South Africa Sun 10 Sutra 193 Vikarin 5121	
Simha Rasi: 11.02	Tithi 26	Gulika 8:27AM – 10:05AM	Magha* Until 9:45AM	Ganesha: Purple	<i>Sunrise:</i> 5:11AM	Moon 10 - Phase 27	
		Yama 5:11AM – 6:49AM	Sukla Until 10:02AM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	2nd Phase	
Creative Work	Amrita Yoga	654313464 Rahu 1:20PM – 2:58PM	Bava Until 8:16AM	Nataraja: Purple		Sivaloka Day	
Until 9:45AM			Ekadashi* Until 6:47PM	Moon – Red		Ashvina•Aipasi	
Then Creative Work - Siddha Yoga							

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Dvodashi/Trayodashyam Titau		Durban, South Africa Sun 11 Sutra 194 Vikarin 5121	
Simha Rasi: 25.45	Tithi 27 – 28	Gulika 6:48AM – 8:26AM	Purvaphalguni Until 7:27AM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Moon 10 - Phase 27	
		Yama 2:58PM – 4:36PM	Brahma Until 6:22AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	2nd Phase	
Creative Work	Siddha Yoga	655313464 Rahu 10:04AM – 11:42AM	Gara Until 1:59AM Sat	Nataraja: Purple		Subha Sivaloka Day	
			Dvodashi* Until 3:38PM	Moon – Red		Ashvina•Aipasi	
						<i>Pradosha Vrata (Fasting)</i>	

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Durban, South Africa Sun 12 Sutra 195 Vikarin 5121	
Kanya Rasi: 10.39	Tithi 28 – 29	Gulika 5:09AM – 6:48AM	Hasta Until 2:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 5:09AM	Moon 10 - Phase 27	
		Yama 1:20PM – 2:58PM	Vaidhriti* Until 10:34PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	2nd Phase	
Routine Work	Marana Yoga	665313464 Rahu 8:26AM – 10:04AM	Visti Until 10:37PM	Nataraja: Purple		Subha Sivaloka Day	
Until 2:19AM Sun			Trayodashi* Until 12:17PM	Moon – Green		Ashvina•Aipasi	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day					

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Durban, South Africa Sun 13 Sutra 196 Vikarin 5121	
Kanya Rasi: 25.37	Tithi 29 – 30	Gulika 2:59PM – 4:37PM	Chitra Until 11:48PM	Ganesha: Orange	<i>Sunrise:</i> 5:09AM	Moon 10 - Phase 27	
		Yama 11:42AM – 1:20PM	Vishkambha* Until 6:40PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Amavasya	
Creative Work	Siddha Yoga	665313464 Rahu 4:37PM – 6:15PM	Catuspada Until 7:18PM	Nataraja: Purple		Subha Sivaloka Day	
			Chaturdashi* Until 8:55AM	Moon – Green		Ashvina•Aipasi	
		Subramuniyaswami Mahasamadhi					

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Durban, South Africa Sun 14 Sutra 197 Vikarin 5121	
Tula Rasi: 10.29	Tithi 1	Gulika 1:20PM – 2:59PM	Svati Until 9:24PM	Ganesha: Orange	<i>Sunrise:</i> 5:08AM	Moon 10 - Phase 27	
Family Home Evening		Yama 10:03AM – 11:42AM	Priti Until 2:57PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Prathama	
Creative Work	Amrita Yoga	665313464 Rahu 6:46AM – 8:25AM	Kintughna Until 4:12PM	Nataraja: Purple		Subha Sivaloka Day	
Until 9:24PM			Prathama* Until 2:47AM Tue	Moon – Green		Kartika•Aipasi	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Durban, South Africa Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 25.07	Tithi 2	Gulika 11:42AM – 1:20PM	Vishakha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:07AM		
		Yama 8:24AM – 10:03AM	Ayushman Until 11:32AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM		Moon 10 - Phase 28
		675313464 Rahu 2:59PM – 4:38PM	Balava Until 1:31PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:21AM Wed	Moon – Orange		Subha Sivaloka Day	
Until 7:42PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau			Durban, South Africa Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 9.24	Tithi 3	Gulika 10:03AM – 11:42AM	Anuradha Until 6:29PM	Ganesha: Clear	<i>Sunrise:</i> 5:06AM		
		Yama 6:45AM – 8:24AM	Saubhagya Until 8:34AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM		Moon 10 - Phase 28
		675313464 Rahu 11:42AM – 1:21PM	Taitila Until 11:22AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:33PM	Moon – Orange		Subha Sivaloka Day	
						Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau			Durban, South Africa Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 23.14	Tithi 4	Gulika 8:23AM – 10:02AM	Jyeshtha* Until 5:51PM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM		
		Yama 5:05AM – 6:44AM	Sobhana Until 6:11AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM		Moon 10 - Phase 28
		675313464 Rahu 1:21PM – 3:00PM	Vanija Until 9:57AM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:31PM	Moon – Orange		Subha Sivaloka Day	
Until 5:51PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Durban, South Africa Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 6.37	Tithi 5	Gulika 6:43AM – 8:23AM	Mula* Until 6:20PM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM		
		Yama 3:00PM – 4:40PM	Sukarma Until 3:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:19PM		Moon 10 - Phase 28
		685313464 Rahu 10:02AM – 11:42AM	Bava Until 9:21AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 9:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 6:20PM						Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau			Durban, South Africa Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 19.33	Tithi 6	Gulika 5:03AM – 6:43AM	Purvashadha* Until 7:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM		
		Yama 1:21PM – 3:01PM	Dhriti Until 2:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:20PM		Moon 10 - Phase 28
		685313464 Rahu 8:22AM – 10:02AM	Kaulava Until 9:37AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:02PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 7:31PM		Skanda Shasthi				Kartika•Aipasi	
Then Routine Work - Marana Yoga							

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau			Durban, South Africa Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 2.05	Tithi 7	Gulika 3:01PM – 4:41PM	Uttarashadha Until 9:16PM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM		
		Yama 11:42AM – 1:21PM	Shula* Until 2:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:21PM		Moon 10 - Phase 28
		685313464 Rahu 4:41PM – 6:21PM	Gara Until 10:42AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 11:30PM	Moon – Light Blue		Subha Subha Sivaloka Day	
						Kartika•Aipasi	

Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Durban, South Africa Sun 21 Sutra 204 Vikarin 5121	
Retreat Star		Gulika 1:21PM – 3:01PM	Shravana Until 11:57PM	Ganesha: Purple	<i>Sunrise:</i> 5:02AM	
Makara Rasi: 14.19	Tithi 8	Yama 10:02AM – 11:42AM	Ganda* Until 3:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:21PM	
Family Home Evening		696313464 Rahu 6:42AM – 8:22AM	Visti Until 12:29PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Ashtami* Until 1:33AM Tue	Moon – Purple		Sivaloka Day
Until 11:57PM						Kartika•Aipasi
Then Creative Work - Siddha Yoga						

Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau			Durban, South Africa Sun 22 Sutra 205 Vikarin 5121	
Retreat Star		Gulika 11:42AM – 1:22PM	Dhanishtha Until 2:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:01AM	
Makara Rasi: 26.2	Tithi 9	Yama 8:21AM – 10:01AM	Vriddhi Until 4:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:22PM	
		696313464 Rahu 3:02PM – 4:42PM	Balava Until 2:45PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Navami* Until 3:58AM Wed	Moon – Purple		Sivaloka Day
						Kartika•Aipasi


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Durban, South Africa Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.14	Tithi 10	Gulika 10:01AM – 11:42AM	Shatabhishak Until 5:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:00AM	
			Yama 6:41AM – 8:21AM	Dhruva Until 5:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:23PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	696313464 Rahu 11:42AM – 1:22PM	Taitila Until 5:16PM	Nataraja: Purple		4th Phase
			Dashami Until 6:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Durban, South Africa Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.05	Tithi 10 – 11	Gulika 8:21AM – 10:01AM	Purvaproshtapada* Until 8:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM	
			Yama 5:00AM – 6:40AM	Vyaghata* Until 6:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 Rahu 1:22PM – 3:03PM	Vanija Until 7:47PM	Nataraja: Purple		4th Phase
			Dashami Until 6:31AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Durban, South Africa Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 1.58	Tithi 11 – 12	Gulika 6:40AM – 8:20AM	Purvaproshtapada* Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 4:59AM	
			Yama 3:03PM – 4:44PM	Vyaghata* Until 6:04AM	Muruqa: Purple	<i>Sunset:</i> 6:25PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 Rahu 10:01AM – 11:42AM	Bava Until 10:08PM	Nataraja: Purple		4th Phase
			Ekadashi Until 8:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Durban, South Africa Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 13.56	Tithi 12 – 13	Gulika 4:58AM – 6:39AM	Uttaraproshtapada Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	
			Yama 1:23PM – 3:04PM	Harshana Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 6:25PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 Rahu 8:20AM – 10:01AM	Kaulava Until 12:12AM Sun	Nataraja: Purple		4th Phase
			Dvadashi Until 11:11AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			
				<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Durban, South Africa Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.02	Tithi 13 – 14	Gulika 3:04PM – 4:45PM	Revati Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	
			Yama 11:42AM – 1:23PM	Vajra* Until 7:08AM	Muruqa: Purple	<i>Sunset:</i> 6:26PM	Moon 10 - Phase 29
	Creative Work	Amrita Yoga	716313464 Rahu 4:45PM – 6:26PM	Gara Until 1:52AM Mon	Nataraja: Purple		4th Phase
			Trayodashi Until 1:03PM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Durban, South Africa Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:23PM – 3:04PM	Ashvini Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	
	Mesha Rasi: 8.17	Tithi 14 – 15	Yama 10:01AM – 11:42AM	Siddhi Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 6:27PM	Moon 10 - Phase 29
	Family Home Evening		727313464 Rahu 6:38AM – 8:19AM	Visti Until 3:07AM Tue	Nataraja: Purple		Purnima
			Chaturdashi* Until 2:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Durban, South Africa Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 11:42AM – 1:23PM	Bharani Until 5:19PM	Ganesha: White	<i>Sunrise:</i> 4:56AM	
	Mesha Rasi: 20.43	Tithi 15 – 16	Yama 8:19AM – 10:01AM	Vyatipata* Until 7:03AM	Muruqa: Purple	<i>Sunset:</i> 6:28PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	727413464 Rahu 3:05PM – 4:46PM	Balava Until 3:57AM Wed	Nataraja: Purple		Prathama
			Purnima* Until 3:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Durban, South Africa

Sun 1 Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 3.21 Tithi 16 - 17

727413464

Gulika 10:01AM - 11:42AM
Yama 6:37AM - 8:19AM
Rahu 11:42AM - 1:24PM

Krittika Until 6:19PM

Variyan Until 6:30AM

Taitila Until 4:22AM Thu

Prathama* Until 4:11PM

Ganesha: White *Sunrise:* 4:56AM

Muruqa: Purple *Sunset:* 6:29PM

Nataraja: Purple

Moon - White

Karttika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Durban, South Africa

Sun 2 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 16.1 Tithi 17 - 18

737413464

Gulika 8:19AM - 10:01AM
Yama 4:55AM - 6:37AM
Rahu 1:24PM - 3:06PM

Rohini Until 7:14PM

Shiva Until 4:31AM Fri

Vanija Until 4:23AM Fri

Dvitiya Until 4:24PM

Ganesha: Clear *Sunrise:* 4:55AM

Muruqa: Purple *Sunset:* 6:29PM

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Durban, South Africa

Sun 3 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 29.11 Tithi 18 - 19

737413464

Gulika 6:37AM - 8:19AM
Yama 3:06PM - 4:48PM
Rahu 10:01AM - 11:42AM

Mrigashira Until 7:38PM

Siddha Until 3:03AM Sat

Bava Until 4:02AM Sat

Tritiya Until 4:14PM

Ganesha: Clear *Sunrise:* 4:55AM

Muruqa: Purple *Sunset:* 6:30PM

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Durban, South Africa

Sun 4 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.23 Tithi 19 - 20

737413464

Gulika 4:54AM - 6:36AM
Yama 1:25PM - 3:07PM
Rahu 8:18AM - 10:01AM

Ardra Until 7:32PM

Sadhya Until 1:19AM Sun

Kaulava Until 3:20AM Sun

Chaturthi* Until 3:42PM

Ganesha: Clear *Sunrise:* 4:54AM

Muruqa: Purple *Sunset:* 6:31PM

Nataraja: Purple

Moon - Yellow

Karttika-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Durban, South Africa

Sun 5 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 25.46 Tithi 20 - 21

747413465

Gulika 3:07PM - 4:50PM
Yama 11:43AM - 1:25PM
Rahu 4:50PM - 6:32PM

Punarvasu Until 7:24PM

Subha Until 11:20PM

Gara Until 2:17AM Mon

Panchami Until 2:50PM

Ganesha: Purple *Sunrise:* 4:54AM

Muruqa: Purple *Sunset:* 6:32PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Durban, South Africa

Sun 6 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 9.21 Tithi 21 - 22

748413465

Gulika 1:25PM - 3:08PM
Yama 10:01AM - 11:43AM
Rahu 6:36AM - 8:18AM

Pushya Until 6:46PM

Sukla Until 9:03PM

Visti Until 12:53AM Tue

Shashthi* Until 1:37PM

Ganesha: Clear *Sunrise:* 4:53AM

Muruqa: Purple *Sunset:* 6:33PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Durban, South Africa

Sun 7 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 23.08 Tithi 22 - 23

748413465

Gulika 11:43AM - 1:26PM
Yama 8:18AM - 10:01AM
Rahu 3:08PM - 4:51PM

Ashlesha* Until 5:40PM

Brahma Until 6:31PM

Balava Until 11:10PM

Saptami Until 12:03PM

Ganesha: Clear *Sunrise:* 4:53AM

Muruqa: Purple *Sunset:* 6:34PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Durban, South Africa

Sun 8 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 7.07 Tithi 23 - 24

758413465

Gulika 10:01AM - 11:43AM
Yama 6:35AM - 8:18AM
Rahu 11:43AM - 1:26PM

Magha* Until 4:32PM

Indra Until 3:44PM

Taitila Until 9:08PM

Ashtami* Until 10:10AM

Ganesha: White *Sunrise:* 4:53AM

Muruqa: Purple *Sunset:* 6:34PM

Nataraja: Clear

Moon - Red

Karttika-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Durban, South Africa Sun 9 Sutra 221 Vikarin 5121
Simha Rasi: 21.18	Tithi 24 – 25	Gulika 8:18AM – 10:01AM	Purvaphalguni Until 2:59PM	Ganesha: White <i>Sunrise:</i> 4:52AM	Moon 11 - Phase 31
		Yama 4:52AM – 6:35AM	Vaidhriti* Until 12:42PM	Muruqa: Purple <i>Sunset:</i> 6:35PM	2nd Phase
		Rahu 1:27PM – 3:09PM	Vanija Until 6:49PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Navami* Until 7:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau	Durban, South Africa Sun 10 Sutra 222 Vikarin 5121
Kanya Rasi: 5.4	Tithi 26	Gulika 6:35AM – 8:18AM	Uttaraphalguni Until 1:03PM	Ganesha: White <i>Sunrise:</i> 4:52AM	Moon 11 - Phase 31
		Yama 3:10PM – 4:53PM	Vishkambha* Until 9:29AM	Muruqa: Purple <i>Sunset:</i> 6:36PM	2nd Phase
		Rahu 10:01AM – 11:44AM	Bava Until 4:17PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Ekadashi* Until 2:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 1:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau	Durban, South Africa Sun 11 Sutra 223 Vikarin 5121
Kanya Rasi: 20.08	Tithi 27	Gulika 4:52AM – 6:35AM	Hasta Until 11:16AM	Ganesha: Yellow <i>Sunrise:</i> 4:52AM	Moon 11 - Phase 31
		Yama 1:27PM – 3:11PM	Priti Until 6:09AM	Muruqa: Purple <i>Sunset:</i> 6:37PM	2nd Phase
		Rahu 8:18AM – 10:01AM	Kaulava Until 1:39PM	Nataraja: Clear	
Routine Work	Marana Yoga		Dvadashti* Until 12:17AM Sun	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Durban, South Africa Sun 12 Sutra 224 Vikarin 5121
Tula Rasi: 4.38	Tithi 28	Gulika 3:11PM – 4:54PM	Chitra Until 9:20AM	Ganesha: Blue <i>Sunrise:</i> 4:51AM	Moon 11 - Phase 31
		Yama 11:45AM – 1:28PM	Saubhagya Until 11:25PM	Muruqa: Purple <i>Sunset:</i> 6:38PM	2nd Phase
		Rahu 4:54PM – 6:38PM	Gara Until 10:59AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Trayodashi* Until 9:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Durban, South Africa Sun 13 Sutra 225 Vikarin 5121
Tula Rasi: 19.06	Tithi 29	Gulika 1:28PM – 3:12PM	Svati Until 7:21AM	Ganesha: Blue <i>Sunrise:</i> 4:51AM	Moon 11 - Phase 31
Family Home Evening		Yama 10:01AM – 11:45AM	Sobhana Until 8:15PM	Muruqa: Purple <i>Sunset:</i> 6:39PM	2nd Phase
		Rahu 6:34AM – 8:18AM	Visti Until 8:26AM	Nataraja: Clear	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:14PM	Moon – Green	Devaloka Day
Until 7:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Durban, South Africa Sun 14 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.23	Tithi 30 – 1	Gulika 11:45AM – 1:29PM	Anuradha Until 4:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 4:51AM	Moon 11 - Phase 31
		Yama 8:18AM – 10:02AM	Athiganda* Until 5:20PM	Muruqa: Purple <i>Sunset:</i> 6:39PM	Amavasya
		Rahu 3:12PM – 4:56PM	Catuspada Until 6:09AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Amavasya* Until 5:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Durban, South Africa Sun 15 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.25	Tithi 1 – 2	Gulika 10:02AM – 11:45AM	Jyeshtha* Until 3:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 4:51AM	Moon 11 - Phase 31
		Yama 6:34AM – 8:18AM	Sukarma Until 2:49PM	Muruqa: Purple <i>Sunset:</i> 6:40PM	Prathama
		Rahu 11:45AM – 1:29PM	Balava Until 2:55AM Thu	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 3:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Durban, South Africa Sun 16 Sutra 228 Vikarin 5121		
Dhanus Rasi: 1.05	Tithi 2 – 3	Gulika 8:18AM – 10:02AM	Mula* Until 4:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Muruqa: Purple	<i>Sunset:</i> 6:41PM	Moon 11 - Phase 32
		Yama 4:50AM – 6:34AM	Dhriti Until 12:47PM	Nataraja: Clear		Moon – Light Blue		3rd Phase
		789413465 Rahu 1:30PM – 3:13PM	Taitila Until 2:15AM Fri	Margasira-Karttikai				Devaloka Day
Creative Work Siddha Yoga		Dvitiya Until 2:29PM						
Until 4:02AM Fri								
Then Routine Work - Prabalarishta Yoga								

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Durban, South Africa Sun 17 Sutra 229 Vikarin 5121		
Dhanus Rasi: 14.24	Tithi 3 – 4	Gulika 6:34AM – 8:18AM	Purvashadha* Until 4:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Muruqa: Purple	<i>Sunset:</i> 6:42PM	Moon 11 - Phase 32
		Yama 3:14PM – 4:58PM	Shula* Until 11:16AM	Nataraja: Clear		Moon – Light Blue		3rd Phase
		789413465 Rahu 10:02AM – 11:46AM	Vanija Until 2:19AM Sat	Margasira-Karttikai				Devaloka Day
Routine Work Prabalarishta Yoga		Tritiya Until 2:10PM						
Until 4:45AM Sat								
Then Routine Work - Marana Yoga								

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Durban, South Africa Sun 18 Sutra 230 Vikarin 5121		
Dhanus Rasi: 27.19	Tithi 4 – 5	Gulika 4:50AM – 6:34AM	Uttarashadha Until 6:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Muruqa: Purple	<i>Sunset:</i> 6:43PM	Moon 11 - Phase 32
		Yama 1:31PM – 3:15PM	Ganda* Until 10:21AM	Nataraja: Clear		Moon – Light Blue		3rd Phase
		789413465 Rahu 8:18AM – 10:02AM	Bava Until 3:08AM Sun	Margasira-Karttikai				Devaloka Day
Routine Work Marana Yoga		Chaturthi* Until 2:37PM						
Until 6:01AM Sun								
Then Creative Work - Amrita Yoga								

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Durban, South Africa Sun 19 Sutra 231 Vikarin 5121		
Makara Rasi: 9.53	Tithi 5 – 6	Gulika 3:15PM – 4:59PM	Uttarashadha Until 6:01AM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Muruqa: Purple	<i>Sunset:</i> 6:44PM	Moon 11 - Phase 32
		Yama 11:47AM – 1:31PM	Vridhi Until 10:01AM	Nataraja: Clear		Moon – Light Blue		3rd Phase
		789413465 Rahu 4:59PM – 6:44PM	Kaulava Until 4:39AM Mon	Margasira-Karttikai				Devaloka Day
Creative Work Amrita Yoga		Panchami Until 3:47PM						

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Durban, South Africa Sun 20 Sutra 232 Vikarin 5121		
Makara Rasi: 22.1	Tithi 6 – 7	Gulika 1:31PM – 3:16PM	Shravana Until 8:16AM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Muruqa: Purple	<i>Sunset:</i> 6:44PM	Moon 11 - Phase 32
Family Home Evening		Yama 10:03AM – 11:47AM	Dhruva Until 10:09AM	Nataraja: Clear		Moon – Purple		3rd Phase
		791413465 Rahu 6:34AM – 8:19AM	Gara Until 6:42AM Tue	Margasira-Karttikai				Sivaloka Day
Creative Work Amrita Yoga		Shashthi* Until 5:35PM						
Until 8:16AM								
Then Creative Work - Siddha Yoga								

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Durban, South Africa Sun 21 Sutra 233 Vikarin 5121		
Kumbha Rasi: 4.14	Tithi 7	Gulika 11:48AM – 1:32PM	Dhanishtha Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Muruqa: Purple	<i>Sunset:</i> 6:45PM	Moon 11 - Phase 32
		Yama 8:19AM – 10:03AM	Vyaghata* Until 10:41AM	Nataraja: Clear		Moon – Purple		3rd Phase
		791413465 Rahu 3:16PM – 5:01PM	Gara Until 6:42AM	Margasira-Karttikai				Sivaloka Day
Creative Work Siddha Yoga		Saptami Until 7:51PM						
Until 10:51AM								
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Durban, South Africa Sun 22 Sutra 234 Vikarin 5121		
Kumbha Rasi: 16.1	Tithi 8	Gulika 10:03AM – 11:48AM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Muruqa: Purple	<i>Sunset:</i> 6:46PM	Moon 11 - Phase 32
		Yama 6:34AM – 8:19AM	Harshana Until 11:27AM	Nataraja: Clear		Moon – Purple		Ashtami
		791413465 Rahu 11:48AM – 1:32PM	Visti Until 9:05AM	Margasira-Karttikai				Sivaloka Day
Creative Work Siddha Yoga		Ashtami* Until 10:19PM						
Until 1:33PM								
Then Creative Work - Amrita Yoga								

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Durban, South Africa Sun 23 Sutra 235 Vikarin 5121		
Kumbha Rasi: 28.03	Tithi 9	Gulika 8:19AM – 10:04AM	Purvaproshtapada* Until 4:39PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Muruqa: Purple	<i>Sunset:</i> 6:47PM	Moon 11 - Phase 32
		Yama 4:50AM – 6:35AM	Vajra* Until 12:15PM	Nataraja: Clear		Moon – Clear		Navami
		711413465 Rahu 1:33PM – 3:17PM	Balava Until 11:36AM	Margasira-Karttikai				Sivaloka Day
Creative Work Siddha Yoga		Navami* Until 12:48AM Fri						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Taitila/Gara Karana Dashamyam Titau		Durban, South Africa Sun 24 Sutra 236	
Meena Rasi: 9.57	Tithi 10	Gulika 6:35AM – 8:19AM	Uttaraproshtapada Until 7:27PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 3:18PM – 5:03PM	Siddhi Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 6:47PM	Moon 11 - Phase 33	
		711413465 Rahu 10:04AM – 11:49AM	Taitila Until 2:00PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 3:05AM Sat	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau		Durban, South Africa Sun 25 Sutra 237	
Meena Rasi: 21.56	Tithi 11	Gulika 4:50AM – 6:35AM	Revati Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 1:34PM – 3:19PM	Vyatipata* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 6:48PM	Moon 11 - Phase 33	
		711513465 Rahu 8:20AM – 10:04AM	Vanija Until 4:07PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 4:59AM Sun	Moon – Clear		Subha Sivaloka Day	
Until 9:46PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyian/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau		Durban, South Africa Sun 26 Sutra 238	
Mesha Rasi: 4.05	Tithi 12	Gulika 3:19PM – 5:04PM	Ashvini Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 11:50AM – 1:34PM	Varyian Until 1:43PM	Muruqa: Purple	<i>Sunset:</i> 6:49PM	Moon 11 - Phase 33	
		721513465 Rahu 5:04PM – 6:49PM	Bava Until 5:47PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM Mon	Moon – White		Sivaloka Day	
Until 11:59PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Durban, South Africa Sun 27 Sutra 239	
Mesha Rasi: 16.26	Tithi 12 – 13	Gulika 1:35PM – 3:20PM	Bharani Until 1:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
Family Home Evening		Yama 10:05AM – 11:50AM	Parigha* Until 1:31PM	Muruqa: Purple	<i>Sunset:</i> 6:50PM	Moon 11 - Phase 33	
		721513465 Rahu 6:35AM – 8:20AM	Kaulava Until 6:55PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Durban, South Africa Sutra 240	
Mesha Rasi: 29.02	Tithi 13 – 14	Gulika 11:50AM – 1:35PM	Krittika Until 2:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
		Yama 8:21AM – 10:06AM	Shiva Until 12:54PM	Muruqa: Purple	<i>Sunset:</i> 6:50PM	Moon 11 - Phase 33	
		721513465 Rahu 3:20PM – 5:05PM	Gara Until 7:29PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 7:15AM	Moon – White		Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai			

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Durban, South Africa Sutra 241	
Copper Retreat Star		Gulika 10:06AM – 11:51AM	Rohini Until 2:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
Vrishabha Rasi: 11.54	Tithi 14 – 15	Yama 6:36AM – 8:21AM	Siddha Until 11:49AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 11 - Phase 33	
		731523465 Rahu 11:51AM – 1:36PM	Visti Until 7:28PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:31AM	Moon – Yellow		Sivaloka Day	
Until 2:52AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Durban, South Africa Sutra 242	
Vrishabha Rasi: 25.03	Tithi 15 – 16	Gulika 8:21AM – 10:06AM	Mrigashira Until 2:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
		Yama 4:51AM – 6:36AM	Sadhya Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 11 - Phase 33	
		732523465 Rahu 1:36PM – 3:22PM	Balava Until 6:55PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Purnima* Until 7:14AM	Moon – Yellow		Devaloka Day	
Until 2:48AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Durban, South Africa
Sutra 243

Mithuna Rasi: 8.28 Tithi 16 - 17

732523465

Gulika 6:36AM - 8:22AM
Yama 3:22PM - 5:07PM
Rahu 10:07AM - 11:52AM

Ardra Until 2:09AM Sat
Subha Until 8:28AM
Gara Until 5:16AM Sat
Prathama* Until 6:27AM

Ganesha: Clear *Sunrise: 4:51AM*
Muruqa: Clear *Sunset: 6:52PM*
Nataraja: Clear
Moon - Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Durban, South Africa
Sun 1 Sutra 244

Mithuna Rasi: 22.06 Tithi 18

742523465

Gulika 4:52AM - 6:37AM
Yama 1:37PM - 3:23PM
Rahu 8:22AM - 10:07AM

Punarvasu Until 1:29AM Sun
Sukla Until 6:15AM
Vanija Until 4:34PM
Tritiya Until 3:45AM Sun

Ganesha: Purple *Sunrise: 4:52AM*
Muruqa: Clear *Sunset: 6:53PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Durban, South Africa
Sun 2 Sutra 245

Kataka Rasi: 5.56 Tithi 19

742523465

Gulika 3:23PM - 5:08PM
Yama 11:53AM - 1:38PM
Rahu 5:08PM - 6:54PM

Pushya Until 12:25AM Mon
Indra Until 1:11AM Mon
Bava Until 2:55PM
Chaturthi* Until 2:00AM Mon

Ganesha: Purple *Sunrise: 4:52AM*
Muruqa: Clear *Sunset: 6:54PM*
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Durban, South Africa
Sun 3 Sutra 246

Kataka Rasi: 19.55 Tithi 20

742523465

Gulika 1:39PM - 3:24PM
Yama 10:08AM - 11:53AM
Rahu 6:38AM - 8:23AM

Ashlesha* Until 11:02PM
Vaidhriti* Until 10:24PM
Kaulava Until 1:04PM
Panchami Until 12:04AM Tue

Ganesha: Purple *Sunrise: 4:52AM*
Muruqa: Clear *Sunset: 6:54PM*
Nataraja: Clear
Moon - Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening
Until 11:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Durban, South Africa
Sun 4 Sutra 247

Simha Rasi: 4 Tithi 21

852523465

Gulika 11:54AM - 1:39PM
Yama 8:23AM - 10:08AM
Rahu 3:24PM - 5:10PM

Magha* Until 9:50PM
Vishkambha* Until 7:33PM
Gara Until 11:06AM
Shashthi* Until 10:03PM

Ganesha: Purple *Sunrise: 4:53AM*
Muruqa: Clear *Sunset: 6:55PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Durban, South Africa
Sun 5 Sutra 248

Simha Rasi: 18.08 Tithi 22

852523465

Gulika 10:09AM - 11:54AM
Yama 6:38AM - 8:24AM
Rahu 11:54AM - 1:40PM

Purvaphalguni Until 8:27PM
Priti Until 4:40PM
Visti Until 9:02AM
Saptami Until 7:59PM

Ganesha: Purple *Sunrise: 4:53AM*
Muruqa: Clear *Sunset: 6:55PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Durban, South Africa
Sun 6 Sutra 249

Kanya Rasi: 2.17 Tithi 23 - 24

852523465

Gulika 8:24AM - 10:09AM
Yama 4:53AM - 6:39AM
Rahu 1:40PM - 3:25PM

Uttaraphalguni Until 6:55PM
Ayushman Until 1:44PM
Balava Until 6:57AM
Ashtami* Until 5:54PM

Ganesha: Purple *Sunrise: 4:53AM*
Muruqa: Clear *Sunset: 6:56PM*
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 6:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Durban, South Africa
Sun 7 Sutra 250

Kanya Rasi: 16.26 Tithi 24 - 25

862523465

Gulika 6:39AM - 8:25AM
Yama 3:26PM - 5:11PM
Rahu 10:10AM - 11:55AM

Hasta Until 5:41PM
Saubhagya Until 10:50AM
Vanija Until 2:51AM Sat
Navami* Until 3:50PM

Ganesha: Clear *Sunrise: 4:54AM*
Muruqa: Clear *Sunset: 6:57PM*
Nataraja: Clear
Moon - Green
Margasira-Markali

Moon 12 - Phase 34
Navami

Devaloka Day

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Durban, South Africa Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 0.34	Tithi 25 – 26	862523465	Gulika 4:54AM – 6:40AM Yama 1:41PM – 3:26PM Rahu 8:25AM – 10:10AM	Chitra Until 4:22PM Sobhana Until 7:59AM Bava Until 12:54AM Sun Dashami Until 1:51PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Muruqa: Clear <i>Sunset:</i> 6:57PM Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 4:22PM					
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Durban, South Africa Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 14.38	Tithi 26 – 27	862523465	Gulika 3:27PM – 5:12PM Yama 11:56AM – 1:42PM Rahu 5:12PM – 6:58PM	Svati Until 3:03PM Sukarma Until 2:33AM Mon Kaulava Until 11:07PM Ekadashi* Until 11:58AM	Ganesha: Clear <i>Sunrise:</i> 4:55AM Muruqa: Clear <i>Sunset:</i> 6:58PM Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 3:03PM					
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Durban, South Africa Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 28.35	Tithi 27 – 28	872523465	Gulika 1:42PM – 3:27PM Yama 10:11AM – 11:57AM Rahu 6:41AM – 8:26AM	Vishakha Until 2:13PM Dhriti Until 12:07AM Tue Gara Until 9:34PM Dvadashi* Until 10:17AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White <i>Sunrise:</i> 4:55AM Muruqa: Clear <i>Sunset:</i> 6:58PM Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:13PM					
Then Creative Work - Siddha Yoga					
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Durban, South Africa Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.23	Tithi 28 – 29	872523465	Gulika 11:57AM – 1:43PM Yama 8:27AM – 10:12AM Rahu 3:28PM – 5:13PM	Anuradha Until 1:31PM Shula* Until 9:54PM Visti Until 8:19PM Trayodashi* Until 8:52AM	Ganesha: White <i>Sunrise:</i> 4:56AM Muruqa: Clear <i>Sunset:</i> 6:58PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:31PM					
Then Routine Work - Marana Yoga					
●		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Durban, South Africa Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 25.58	Tithi 29 – 30	872523465	Gulika 10:12AM – 11:58AM Yama 6:42AM – 8:27AM Rahu 11:58AM – 1:43PM	Jyeshtha* Until 1:02PM Ganda* Until 8:02PM Catuspada Until 7:29PM Chaturdashi* Until 7:49AM	Ganesha: White <i>Sunrise:</i> 4:56AM Muruqa: Clear <i>Sunset:</i> 6:59PM Nataraja: Clear Moon – Orange
Retreat Star	Siddha Yoga		Day 5 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:02PM					
Then Routine Work - Marana Yoga					
●		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Durban, South Africa Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.19	Tithi 30 – 1	883523465	Gulika 8:28AM – 10:13AM Yama 4:57AM – 6:42AM Rahu 1:43PM – 3:29PM	Mula* Until 1:19PM Vriddhi Until 6:34PM Kintughna Until 7:09PM Amavasya* Until 7:14AM	Ganesha: Orange <i>Sunrise:</i> 4:57AM Muruqa: Clear <i>Sunset:</i> 6:59PM Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha*Markali	Devaloka Day

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau				Durban, South Africa Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 22.22	Tithi 1 – 2	Gulika 6:43AM – 8:28AM	Purvashadha* Until 1:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:58AM			
		Yama 3:29PM – 5:14PM	Dhruva Until 5:31PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM			Moon 12 - Phase 36 3rd Phase
		883523466 Rahu 10:13AM – 11:59AM	Balava Until 7:22PM	Nataraja: Orange				
Routine Work	Prabalarishta Yoga		Prathama* Until 7:10AM	Moon – Light Blue			Devaloka Day	
Until 1:59PM				Pausha-Markali				
Then Routine Work - Marana Yoga								

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau				Durban, South Africa Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 5.09	Tithi 2 – 3	Gulika 4:58AM – 6:43AM	Uttarashadha Until 3:04PM	Ganesha: Orange	<i>Sunrise:</i> 4:58AM			
		Yama 1:44PM – 3:30PM	Vyaghata* Until 4:56PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM			Moon 12 - Phase 36 3rd Phase
		883523466 Rahu 8:29AM – 10:14AM	Taitila Until 8:12PM	Nataraja: Orange				
Routine Work	Marana Yoga		Dvitiya Until 7:42AM	Moon – Light Blue			Devaloka Day	
Until 3:04PM				Pausha-Markali				
Then Creative Work - Siddha Yoga								

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritya/Chaturtham Titau				Durban, South Africa Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 17.4	Tithi 3 – 4	Gulika 3:30PM – 5:15PM	Shravana Until 5:02PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM			
		Yama 12:00PM – 1:45PM	Harshana Until 4:48PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM			Moon 12 - Phase 36 3rd Phase
		893523466 Rahu 5:15PM – 7:00PM	Vanija Until 9:37PM	Nataraja: Orange				
Creative Work	Amrita Yoga		Tritiya Until 8:49AM	Moon – Purple			Devaloka Day	
Until 5:02PM				Pausha-Markali				
Then Routine Work - Marana Yoga								

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Durban, South Africa Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 29.55	Tithi 4 – 5	Gulika 1:45PM – 3:30PM	Dhanishtha Until 7:20PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM			
		Yama 10:15AM – 12:00PM	Vajra* Until 5:03PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM			Moon 12 - Phase 36 3rd Phase
Family Home Evening		893523466 Rahu 6:45AM – 8:30AM	Bava Until 11:31PM	Nataraja: Orange				
Creative Work	Siddha Yoga		Chaturthi* Until 10:29AM	Moon – Purple			Devaloka Day	
				Pausha-Markali				

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Durban, South Africa Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 12.01	Tithi 5 – 6	Gulika 12:01PM – 1:46PM	Shatabhishak Until 9:50PM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM			
		Yama 8:30AM – 10:15AM	Siddhi Until 5:36PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM			Moon 12 - Phase 36 3rd Phase
		893523466 Rahu 3:31PM – 5:16PM	Kaulava Until 1:48AM Wed	Nataraja: Orange				
Routine Work	Marana Yoga		Panchami Until 12:36PM	Moon – Purple			Devaloka Day	
				Pausha-Markali				

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Durban, South Africa Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 23.58	Tithi 6 – 7	Gulika 10:17AM – 12:02PM	Purvaprosarthpada* Until 12:54AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:02AM			
		Yama 6:47AM – 8:32AM	Vyatipata* Until 6:21PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM			Moon 12 - Phase 36 3rd Phase
		813623466 Rahu 12:02PM – 1:47PM	Gara Until 4:17AM Thu	Nataraja: Orange				
Creative Work	Amrita Yoga		Shashthi* Until 3:01PM	Moon – Clear			Bhuloka Day	
Until 12:54AM Thu				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Varyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Durban, South Africa Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 5.51	Tithi 7 – 8	Gulika 8:32AM – 10:17AM	Uttaraprosarthpada Until 3:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:02AM			
		Yama 5:02AM – 6:47AM	Varyan Until 7:08PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 36 3rd Phase
		813623466 Rahu 1:47PM – 3:32PM	Visti Until 6:46AM Fri	Nataraja: Orange				
Creative Work	Siddha Yoga		Saptami Until 5:31PM	Moon – Clear			Bhuloka Day	
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Durban, South Africa Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 17.44	Tithi 8	Gulika 6:48AM – 8:33AM	Revati Until 6:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:03AM			
		Yama 3:32PM – 5:17PM	Parigha* Until 7:51PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 36 Ashtami
		813623466 Rahu 10:18AM – 12:02PM	Visti Until 6:46AM	Nataraja: Orange				
Creative Work	Siddha Yoga		Ashtami* Until 7:55PM	Moon – Clear			Bhuloka Day	
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Durban, South Africa Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 29.43	Tithi 9	Gulika 5:04AM – 6:49AM	Revati Until 6:23AM	Ganesha: Blue	<i>Sunrise:</i> 5:04AM			
		Yama 1:48PM – 3:32PM	Shiva Until 8:21PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 36 Navami
		813623466 Rahu 8:33AM – 10:18AM	Balava Until 9:02AM	Nataraja: Orange				
Routine Work	Prabalarishta Yoga		Navami* Until 10:01PM	Moon – Clear			Bhuloka Day	
Until 6:23AM				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


1		Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Durban, South Africa Sun 23 Sutra 266 Vikarin 5121	
Mesha Rasi: 11.5	Tithi 10	Gulika 3:33PM – 5:17PM	Ashvini Until 8:54AM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM			
		Yama 12:03PM – 1:48PM	Siddha Until 8:27PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 37
	823623466	Rahu 5:17PM – 7:02PM	Taitila Until 10:54AM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga			Moon – White			Devaloka Day	
Until 8:54AM		Subramuniyaswami Jayanti	Dashami Until 11:36PM	Pausha-Markali				
Then Routine Work - Prabalarishta Yoga								

2		Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Durban, South Africa Sun 24 Sutra 267 Vikarin 5121	
Mesha Rasi: 24.11	Tithi 11	Gulika 1:48PM – 3:33PM	Bharani Until 10:44AM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM			
Family Home Evening		Yama 10:19AM – 12:04PM	Sadhya Until 8:06PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 Rahu 6:50AM – 8:35AM	Vanija Until 12:11PM	Nataraja: Orange				4th Phase
Until 10:44AM		Vaikuntha Ekadasi	Ekadashi Until 12:33AM Tue	Moon – White			Devaloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali				

3		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Durban, South Africa Sun 25 Sutra 268 Vikarin 5121	
Vrishabha Rasi: 6.5	Tithi 12	Gulika 12:04PM – 1:49PM	Krittika Until 11:45AM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM			
		Yama 8:35AM – 10:20AM	Subha Until 7:13PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 37
	823623466	Rahu 3:33PM – 5:18PM	Bava Until 12:47PM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga			Moon – White			Devaloka Day	
Until 11:45AM			Dvadashi Until 12:47AM Wed	Pausha-Markali				
Then Creative Work - Amrita Yoga								

4		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Durban, South Africa Sun 26 Sutra 269 Vikarin 5121	
Vrishabha Rasi: 19.49	Tithi 13	Gulika 10:20AM – 12:05PM	Rohini Until 12:22PM	Ganesha: White	<i>Sunrise:</i> 5:07AM			
		Yama 6:51AM – 8:36AM	Sukla Until 5:44PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 37
	833623466	Rahu 12:05PM – 1:49PM	Kaulava Until 12:38PM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga			Moon – Yellow			Bhuloka Day	
			Trayodashi Until 12:17AM Thu	Pausha-Markali			Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata</i>					

5		Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Durban, South Africa Sun 27 Sutra 270 Vikarin 5121	
Mithuna Rasi: 3.1	Tithi 14	Gulika 8:36AM – 10:21AM	Mrigashira Until 12:09PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM			
		Yama 5:08AM – 6:52AM	Brahma Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 37
	834623466	Rahu 1:49PM – 3:34PM	Gara Until 11:48AM	Nataraja: Orange				4th Phase
Routine Work	Marana Yoga			Moon – Yellow			Devaloka Day	
			Chaturdashi* Until 11:07PM	Pausha-Markali				

		Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Durban, South Africa Sutra 271 Vikarin 5121	
Mithuna Rasi: 16.54	Tithi 15	Gulika 6:53AM – 8:37AM	Ardra Until 11:10AM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM			
		Yama 3:34PM – 5:18PM	Indra Until 1:16PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 37
	834623466	Rahu 10:21AM – 12:05PM	Visti Until 10:19AM	Nataraja: Orange				Purnima
Creative Work	Siddha Yoga			Moon – Yellow			Devaloka Day	
		Penumbral Lunar Eclipse	Purnima* Until 9:22PM	Pausha-Markali				
		Ardra Darshanam						

Saturday, January 11, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Durban, South Africa Sutra 272 Vikarin 5121	
Kataka Rasi: 0.58	Tithi 16	Gulika 5:09AM – 6:53AM	Punarvasu Until 9:59AM	Ganesha: White	<i>Sunrise:</i> 5:09AM			
		Yama 1:50PM – 3:34PM	Vaidhriti* Until 10:22AM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 12 - Phase 37
	844623466	Rahu 8:38AM – 10:22AM	Balava Until 8:20AM	Nataraja: Orange				Prathama
Creative Work	Siddha Yoga			Moon – Blue			Sivaloka Day	
			Prathama* Until 7:10PM	Pausha-Markali				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.17 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*7Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:34PM - 5:18PM
Yama 12:06PM - 1:50PM
Rahu 5:18PM - 7:02PM

Pushya Until 8:17AM
Vishkambha* Until 7:12AM
Vanija Until 3:21AM Mon
Dvitiya Until 4:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 5:10AM
Sunset: 7:02PM

Durban, South Africa
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 29.46 Tithi 18 - 19

844623466

Family Home Evening

Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:50PM - 3:34PM
Yama 10:23AM - 12:07PM
Rahu 6:55AM - 8:39AM

Ashlesha* Until 6:13AM
Ayushman Until 12:24AM Tue
Bava Until 12:39AM Tue
Tritiya Until 1:59PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 5:11AM
Sunset: 7:02PM

Durban, South Africa
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.19 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 2:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:07PM - 1:51PM
Yama 8:39AM - 10:23AM
Rahu 3:34PM - 5:18PM

Purvaphalguni Until 2:23AM Wed
Saubhagya Until 8:58PM
Kaulava Until 9:57PM
Chaturthi* Until 11:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 5:12AM
Sunset: 7:02PM

Durban, South Africa
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 28.5 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:24AM - 12:07PM
Yama 6:56AM - 8:40AM
Rahu 12:07PM - 1:51PM

Uttaraphalguni Until 12:26AM Thu
Sobhana Until 5:40PM
Gara Until 7:24PM
Panchami Until 8:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 5:13AM
Sunset: 7:02PM

Durban, South Africa
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.14 Tithi 21 - 22

864623466

Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 8:41AM - 10:24AM
Yama 5:14AM - 6:57AM
Rahu 1:51PM - 3:35PM

Hasta Until 11:00PM
Athiganda* Until 2:30PM
Bava Until 3:59AM Fri
Shashthi* Until 6:11AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 5:14AM
Sunset: 7:02PM

Durban, South Africa
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 27.27 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:58AM - 8:41AM
Yama 3:35PM - 5:18PM
Rahu 10:25AM - 12:08PM

Chitra Until 9:43PM
Sukarma Until 11:35AM
Balava Until 3:01PM
Ashtami* Until 2:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 5:14AM
Sunset: 7:01PM

Durban, South Africa
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 11.28 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:15AM - 6:58AM
Yama 1:51PM - 3:35PM
Rahu 8:42AM - 10:25AM

Svati Until 8:39PM
Dhriti Until 8:56AM
Taitila Until 1:19PM
Navami* Until 12:35AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 5:15AM
Sunset: 7:01PM

Durban, South Africa
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Durban, South Africa Sun 8 Sutra 280 Vikarin 5121
	Tula Rasi: 25.15	Tithi 25	Gulika 3:35PM – 5:18PM	Vishakha Until 8:14PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	
			Yama 12:09PM – 1:52PM	Shula* Until 6:33AM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	874623466 Rahu 5:18PM – 7:01PM	Vanija Until 11:58AM	Nataraja: Orange		2nd Phase
			Dashami Until 11:26PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Durban, South Africa Sun 9 Sutra 281 Vikarin 5121
	Vrischika Rasi: 8.49	Tithi 26	Gulika 1:52PM – 3:35PM	Anuradha Until 8:02PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	
	Family Home Evening		Yama 10:26AM – 12:09PM	Vriddhi Until 2:45AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	874623466 Rahu 7:00AM – 8:43AM	Bava Until 11:01AM	Nataraja: Orange		2nd Phase
			Ekadashi* Until 10:40PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Durban, South Africa Sun 10 Sutra 282 Vikarin 5121
	Vrischika Rasi: 22.1	Tithi 27	Gulika 12:09PM – 1:52PM	Jyeshtha* Until 8:05PM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	
			Yama 8:43AM – 10:26AM	Dhruva Until 1:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	875623466 Rahu 3:35PM – 5:18PM	Kaulava Until 10:27AM	Nataraja: Orange		2nd Phase
			Dvadashi* Until 10:18PM	Moon – Orange		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Durban, South Africa Sun 11 Sutra 283 Vikarin 5121
	Dhanus Rasi: 5.18	Tithi 28	Gulika 10:27AM – 12:09PM	Mula* Until 8:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:19AM	
			Yama 7:01AM – 8:44AM	Vyaghata* Until 12:10AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 Rahu 12:09PM – 1:52PM	Gara Until 10:18AM	Nataraja: Orange		2nd Phase
			Trayodashi* Until 10:21PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Durban, South Africa Sun 12 Sutra 284 Vikarin 5121
	Dhanus Rasi: 18.14	Tithi 29	Gulika 8:45AM – 10:27AM	Purvashadha* Until 9:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:20AM	
			Yama 5:20AM – 7:02AM	Harshana Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	885623466 Rahu 1:52PM – 3:35PM	Visti* Until 10:34AM	Nataraja: Orange		2nd Phase
			Chaturdashi* Until 10:50PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

●	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Durban, South Africa Sun 13 Sutra 285 Vikarin 5121
	Retreat Star		Gulika 7:03AM – 8:45AM	Uttarashadha Until 11:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:20AM	
	Makara Rasi: 0.57	Tithi 30	Yama 3:35PM – 5:17PM	Vajra* Until 10:54PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 Rahu 10:27AM – 12:10PM	Catuspada Until 11:15AM	Nataraja: Orange		Amavasya
			Amavasya* Until 11:44PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

●	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Durban, South Africa Sun 14 Sutra 286 Vikarin 5121
	Retreat Star		Gulika 5:21AM – 7:04AM	Shravana Until 1:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:21AM	
	Makara Rasi: 13.28	Tithi 1	Yama 1:52PM – 3:34PM	Siddhi Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	995623466 Rahu 8:46AM – 10:28AM	Kintughna Until 12:23PM	Nataraja: Orange		Prathama
			Prathama* Until 1:05AM Sun	Moon – Purple		Bhuloka Day	
				Magha*Thai		Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Durban, South Africa Sun 15 Sutra 287
	Makara Rasi: 25.49	Tithi 2	Gulika 3:34PM – 5:16PM	Dhanishtha Until 3:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:22AM	Vikarin 5121
			Yama 12:10PM – 1:52PM	Vyatipata* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 1 - Phase 40
		995723466 Rahu 5:16PM – 6:58PM	Balava Until 1:56PM	Nataraja: Orange		3rd Phase	
	Routine Work	Marana Yoga		Dvitiya Until 2:50AM Mon	Moon – Purple	Devaloka Day	
	Until 3:21AM Mon				Magha-Thai		
	Then Creative Work - Siddha Yoga						

2	Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Durban, South Africa Sun 16 Sutra 288
	Kumbha Rasi: 7.59	Tithi 3	Gulika 1:52PM – 3:34PM	Shatabhishak Until 5:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:23AM	Vikarin 5121
	Family Home Evening		Yama 10:29AM – 12:10PM	Variyan Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 1 - Phase 40
		995723466 Rahu 7:05AM – 8:47AM	Taitila Until 3:52PM	Nataraja: Orange		3rd Phase	
	Creative Work	Siddha Yoga		Tritiya Until 4:56AM Tue	Moon – Purple	Devaloka Day	
	Until 5:45AM Tue				Magha-Thai		
	Then Routine Work - Marana Yoga						

3	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija Karana Chaturthyam Titau				Durban, South Africa Sun 17 Sutra 289
	Kumbha Rasi: 20.02	Tithi 4	Gulika 12:11PM – 1:52PM	Purvaprossthapada* Until 8:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:24AM	Vikarin 5121
			Yama 8:47AM – 10:29AM	Parigha* Until 12:02AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 1 - Phase 40
		915723466 Rahu 3:34PM – 5:16PM	Vanija Until 6:06PM	Nataraja: Orange		3rd Phase	
	Routine Work	Marana Yoga		Chaturthi* Until 7:18AM Wed	Moon – Clear	Sivaloka Day	
	Until 8:44AM Wed				Magha-Thai		
	Then Creative Work - Siddha Yoga						

4	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Durban, South Africa Sun 18 Sutra 290
	Meena Rasi: 1.58	Tithi 4 – 5	Gulika 10:29AM – 12:11PM	Purvaprossthapada* Until 8:44AM	Ganesha: Green	<i>Sunrise:</i> 5:25AM	Vikarin 5121
			Yama 7:06AM – 8:48AM	Shiva Until 12:51AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 1 - Phase 40
		915723466 Rahu 12:11PM – 1:52PM	Bava Until 8:34PM	Nataraja: Orange		3rd Phase	
	Creative Work	Amrita Yoga		Chaturthi* Until 7:18AM	Moon – Clear	Sivaloka Day	
	Until 8:44AM				Magha-Thai		
	Then Creative Work - Siddha Yoga						

5	Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Durban, South Africa Sun 19 Sutra 291
	Meena Rasi: 13.51	Tithi 5 – 6	Gulika 8:48AM – 10:30AM	Uttaraprossthapada Until 11:41AM	Ganesha: Green	<i>Sunrise:</i> 5:26AM	Vikarin 5121
			Yama 5:26AM – 7:07AM	Siddha Until 1:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 40
		915723466 Rahu 1:52PM – 3:34PM	Kaulava Until 11:06PM	Nataraja: Orange		3rd Phase	
	Creative Work	Siddha Yoga		Panchami Until 9:49AM	Moon – Clear	Sivaloka Day	
	Until 2:26PM				Magha-Thai		
	Then Creative Work - Amrita Yoga						

6	Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Durban, South Africa Sun 20 Sutra 292
	Meena Rasi: 25.43	Tithi 6 – 7	Gulika 7:08AM – 8:49AM	Revati Until 2:26PM	Ganesha: Orange	<i>Sunrise:</i> 5:27AM	Vikarin 5121
			Yama 3:33PM – 5:15PM	Sadhya Until 2:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 40
		916723466 Rahu 10:30AM – 12:11PM	Gara Until 1:32AM Sat	Nataraja: Orange		3rd Phase	
	Creative Work	Siddha Yoga		Shashthi* Until 12:19PM	Moon – Clear	Devaloka Day	
	Until 2:26PM				Magha-Thai		
	Then Creative Work - Amrita Yoga						

☾	Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Durban, South Africa Sun 21 Sutra 293
	Retreat Star		Gulika 5:27AM – 7:08AM	Ashvini Until 5:20PM	Ganesha: Green	<i>Sunrise:</i> 5:27AM	Vikarin 5121
	Mesha Rasi: 7.39	Tithi 7 – 8	Yama 1:52PM – 3:33PM	Subha Until 2:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 1 - Phase 40
		926723466 Rahu 8:49AM – 10:30AM	Vistil Until 3:40AM Sun	Nataraja: Orange		Ashtami	
	Creative Work	Siddha Yoga		Saptami Until 2:38PM	Moon – White	Bhuloka Day	
	Until 7:39PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

☽	Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Durban, South Africa Sun 22 Sutra 294
	Retreat Star		Gulika 3:33PM – 5:14PM	Bharani Until 7:39PM	Ganesha: Green	<i>Sunrise:</i> 5:27AM	Vikarin 5121
	Mesha Rasi: 19.43	Tithi 8 – 9	Yama 12:11PM – 1:52PM	Sukla Until 3:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 1 - Phase 40
		926723466 Rahu 5:14PM – 6:55PM	Balava Until 5:18AM Mon	Nataraja: Orange		Navami	
	Routine Work	Prabalarishta Yoga		Ashtami* Until 4:32PM	Moon – White	Bhuloka Day	
	Until 7:39PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Durban, South Africa Sun 23 Sutra 295 Vikarin 5121	
1		Gulika 1:52PM – 3:33PM	Krittika Until 9:12PM	Ganesha: Green	<i>Sunrise:</i> 5:28AM
Vrishabha Rasi: 1.59	Tithi 9 – 10	Yama 10:31AM – 12:11PM	Brahma Until 2:42AM Tue	Muruḡa: Clear	<i>Sunset:</i> 6:54PM
Family Home Evening	926723466	Rahu 7:09AM – 8:50AM	Taitila Until 6:13AM Tue	Nataraja: Orange	Moon 1 - Phase 41
Routine Work Marana Yoga			Navami* Until 5:50PM	Moon – White	Bhuloka Day
Until 9:12PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Durban, South Africa Sun 24 Sutra 296 Vikarin 5121	
2		Gulika 12:11PM – 1:52PM	Rohini Until 10:20PM	Ganesha: Red	<i>Sunrise:</i> 5:29AM
Vrishabha Rasi: 14.33	Tithi 10	Yama 8:50AM – 10:31AM	Indra Until 1:44AM Wed	Muruḡa: Clear	<i>Sunset:</i> 6:54PM
	936723467	Rahu 3:33PM – 5:13PM	Taitila Until 6:13AM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Amrita Yoga			Dashami Until 6:21PM	Moon – Yellow	Devaloka Day
Until 10:20PM				Magha-Thai	
Then Creative Work - Siddha Yoga					

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Durban, South Africa Sun 25 Sutra 297 Vikarin 5121	
3		Gulika 10:31AM – 12:12PM	Mrigashira Until 10:29PM	Ganesha: Red	<i>Sunrise:</i> 5:30AM
Vrishabha Rasi: 27.31	Tithi 11	Yama 7:10AM – 8:51AM	Vaidhriti* Until 12:05AM Thu	Muruḡa: Clear	<i>Sunset:</i> 6:53PM
	936723467	Rahu 12:12PM – 1:52PM	Vanija Until 6:19AM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Ekadashi Until 6:02PM	Moon – Yellow	Devaloka Day
				Magha-Thai	

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Durban, South Africa Sun 26 Sutra 298 Vikarin 5121	
4		Gulika 8:51AM – 10:31AM	Ardra Until 9:41PM	Ganesha: Red	<i>Sunrise:</i> 5:31AM
Mithuna Rasi: 10.54	Tithi 12 – 13	Yama 5:31AM – 7:11AM	Vishkambha* Until 9:48PM	Muruḡa: Clear	<i>Sunset:</i> 6:52PM
	936723467	Rahu 1:52PM – 3:32PM	Kaulava Until 4:03AM Fri	Nataraja: Clear	Moon 1 - Phase 41
Routine Work Marana Yoga			Dvadashi Until 4:54PM	Moon – Yellow	Devaloka Day
Until 9:41PM				Magha-Thai	
Then Creative Work - Amrita Yoga					

Pradosha Vrata

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Durban, South Africa Sun 27 Sutra 299 Vikarin 5121	
5		Gulika 7:12AM – 8:52AM	Punarvasu Until 8:28PM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM
Mithuna Rasi: 24.46	Tithi 13 – 14	Yama 3:32PM – 5:12PM	Priti Until 6:57PM	Muruḡa: Clear	<i>Sunset:</i> 6:52PM
	947723467	Rahu 10:32AM – 12:12PM	Gara Until 1:50AM Sat	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Trayodashi Until 3:00PM	Moon – Blue	Bhuloka Day
Until 8:28PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Durban, South Africa Sutra 300 Vikarin 5121	
○		Gulika 5:32AM – 7:12AM	Pushya Until 6:31PM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM
Copper Retreat Star		Yama 1:52PM – 3:31PM	Ayushman Until 3:36PM	Muruḡa: Clear	<i>Sunset:</i> 6:51PM
Kataka Rasi: 9.03	Tithi 14 – 15	Rahu 8:52AM – 10:32AM	Visti Until 11:03PM	Nataraja: Clear	Moon 1 - Phase 41
	947723467		Chaturdashi* Until 12:29PM	Moon – Blue	Bhuloka Day
Creative Work Siddha Yoga		Thai Pusam		Magha-Thai	Devaloka Time: 3:PM to 6:PM
Until 6:31PM					
Then Routine Work - Marana Yoga					

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Durban, South Africa Sutra 301 Vikarin 5121	
○		Gulika 3:31PM – 5:11PM	Ashlesha* Until 4:01PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM
Silver Retreat Star		Yama 12:12PM – 1:51PM	Saubhagya Until 11:54AM	Muruḡa: Clear	<i>Sunset:</i> 6:50PM
Kataka Rasi: 23.42	Tithi 15 – 16	Rahu 5:11PM – 6:50PM	Balava Until 7:54PM	Nataraja: Clear	Moon 1 - Phase 41
	947723467		Purnima* Until 9:30AM	Moon – Blue	Bhuloka Day
Creative Work Siddha Yoga				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Until 4:01PM					
Then Routine Work - Marana Yoga					



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Durban, South Africa

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9 Tithi 16 - 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 1:33PM

Then Creative Work - Siddha Yoga

Gulika 1:51PM - 3:31PM

Yama 10:32AM - 12:12PM

Rahu 7:14AM - 8:53AM

Magha* Until 1:33PM

Sobhana Until 7:59AM

Gara Until 2:47AM Tue

Prathama* Until 6:13AM

Ganesha: Red Sunrise: 5:34AM

Muruqa: Clear Sunset: 6:49PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti* Karana Tritiyayam Titau

Durban, South Africa

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 23.37 Tithi 18

Creative Work Siddha Yoga

Until 10:52AM

Then Creative Work - Amrita Yoga

Gulika 12:12PM - 1:51PM

Yama 8:53AM - 10:33AM

Rahu 3:30PM - 5:09PM

Purvaphalguni Until 10:52AM

Sukarma Until 11:57PM

Vanija Until 1:06PM

Tritiya Until 11:24PM

Ganesha: Red Sunrise: 5:35AM

Muruqa: Clear Sunset: 6:49PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Durban, South Africa

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 8.35 Tithi 19

Creative Work Amrita Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Gulika 10:33AM - 12:12PM

Yama 7:15AM - 8:54AM

Rahu 12:12PM - 1:51PM

Uttaraphalguni Until 8:08AM

Dhriti Until 8:07PM

Bava Until 9:47AM

Chaturthi* Until 8:11PM

Ganesha: Red Sunrise: 5:36AM

Muruqa: Clear Sunset: 6:48PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Durban, South Africa

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.22 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 8:54AM - 10:33AM

Yama 5:37AM - 7:15AM

Rahu 1:51PM - 3:29PM

Chitra Until 3:58AM Fri

Shula* Until 4:32PM

Kaulava Until 6:43AM

Panchami Until 5:19PM

Ganesha: Green Sunrise: 5:37AM

Muruqa: Clear Sunset: 6:47PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhdi Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Durban, South Africa

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 7.52 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 7:16AM - 8:55AM

Yama 3:29PM - 5:08PM

Rahu 10:33AM - 12:12PM

Svati Until 2:23AM Sat

Ganda* Until 1:20PM

Vistii Until 1:54AM Sat

Shashthi* Until 2:53PM

Ganesha: White Sunrise: 5:37AM

Muruqa: Clear Sunset: 6:46PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Durban, South Africa

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.01 Tithi 22 - 23

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

Gulika 5:38AM - 7:17AM

Yama 1:50PM - 3:29PM

Rahu 8:55AM - 10:33AM

Vishakha Until 1:39AM Sun

Vridhdi Until 10:35AM

Balava Until 12:19AM Sun

Saptami Until 1:01PM

Ganesha: Clear Sunrise: 5:38AM

Muruqa: Clear Sunset: 6:45PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Durban, South Africa

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 5.47 Tithi 23 - 24

Routine Work Marana Yoga

Until 1:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:28PM - 5:06PM

Yama 12:12PM - 1:50PM

Rahu 5:06PM - 6:44PM

Anuradha Until 1:23AM Mon

Dhruva Until 8:17AM

Taitila Until 11:22PM

Ashtami* Until 11:44AM

Ganesha: Clear Sunrise: 5:39AM

Muruqa: Clear Sunset: 6:44PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Durban, South Africa Sun 7 Sutra 309 Vikarin 5121
1		Gulika 1:50PM – 3:28PM	Jyeshtha* Until 1:33AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:40AM
Vrischika Rasi: 19.13	Tithi 24 – 25	Yama 10:34AM – 12:12PM	Vyaghata* Until 6:30AM	Muruqa: Clear <i>Sunset:</i> 6:44PM
Family Home Evening	978723467	Rahu 7:18AM – 8:56AM	Vanija Until 11:01PM	Nataraja: Clear
Creative Work Siddha Yoga			Navami* Until 11:06AM	Moon – Orange
Until 1:33AM Tue				Devaloka Day
Then Creative Work - Amrita Yoga				

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau		Durban, South Africa Sun 8 Sutra 310 Vikarin 5121
2		Gulika 12:12PM – 1:49PM	Mula* Until 2:36AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:40AM
Dhanus Rasi: 2.19	Tithi 25 – 26	Yama 8:56AM – 10:34AM	Vajra* Until 4:19AM Wed	Muruqa: Clear <i>Sunset:</i> 6:43PM
	988723467	Rahu 3:27PM – 5:05PM	Bava Until 11:16PM	Nataraja: Clear
Creative Work Amrita Yoga			Dashami Until 11:03AM	Moon – Light Blue
				Bhuloka Day
				Devaloka Time: 3:PM to 6:PM

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Durban, South Africa Sun 9 Sutra 311 Vikarin 5121
3		Gulika 10:34AM – 12:11PM	Purvashadha* Until 3:58AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:41AM
Dhanus Rasi: 15.07	Tithi 26 – 27	Yama 7:19AM – 8:56AM	Siddhi Until 3:49AM Thu	Muruqa: Clear <i>Sunset:</i> 6:42PM
	988723467	Rahu 12:11PM – 1:49PM	Kaulava Until 12:01AM Thu	Nataraja: Clear
Creative Work Amrita Yoga			Ekadashi* Until 11:34AM	Moon – Light Blue
Until 3:58AM Thu				Bhuloka Day
Then Routine Work - Marana Yoga				Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Durban, South Africa Sun 10 Sutra 312 Vikarin 5121
4		Gulika 8:57AM – 10:34AM	Uttarashadha Until 5:35AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:42AM
Dhanus Rasi: 27.43	Tithi 27 – 28	Yama 5:42AM – 7:19AM	Vyatipata* Until 3:40AM Fri	Muruqa: Clear <i>Sunset:</i> 6:41PM
	989823467	Rahu 1:49PM – 3:26PM	Gara Until 1:12AM Fri	Nataraja: Clear
Routine Work Marana Yoga			Dvadashi* Until 12:32PM	Moon – Light Blue
				Bhuloka Day
				Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Durban, South Africa Sun 11 Sutra 313 Vikarin 5121
5		Gulika 7:20AM – 8:57AM	Shravana Until 7:52AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 5:43AM
Makara Rasi: 10.07	Tithi 28 – 29	Yama 3:25PM – 5:03PM	Varyan Until 3:45AM Sat	Muruqa: Clear <i>Sunset:</i> 6:40PM
	999823467	Rahu 10:34AM – 12:11PM	Vistii Until 2:45AM Sat	Nataraja: Clear
Routine Work Marana Yoga			Trayodashi* Until 1:55PM	Moon – Purple
Until 7:52AM Sat				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Durban, South Africa Sun 12 Sutra 314 Vikarin 5121
6		Gulika 5:44AM – 7:20AM	Shravana Until 7:52AM	Ganesha: Light Blue <i>Sunrise:</i> 5:44AM
Makara Rasi: 22.22	Tithi 29 – 30	Yama 1:48PM – 3:25PM	Parigha* Until 4:04AM Sun	Muruqa: Clear <i>Sunset:</i> 6:39PM
	999823467	Rahu 8:57AM – 10:34AM	Catuspada Until 4:36AM Sun	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 3:37PM	Moon – Purple
				Bhuloka Day
				Devaloka Time: 3:PM to 6:PM

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Durban, South Africa Sun 13 Sutra 315 Vikarin 5121
Retreat Star		Gulika 3:24PM – 5:01PM	Dhanishtha Until 10:16AM	Ganesha: Light Blue <i>Sunrise:</i> 5:44AM
Kumbha Rasi: 4.31	Tithi 30 – 1	Yama 12:11PM – 1:48PM	Shiva Until 4:36AM Mon	Muruqa: Clear <i>Sunset:</i> 6:38PM
	999823467	Rahu 5:01PM – 6:38PM	Kintughna Until 6:42AM Mon	Nataraja: Clear
Routine Work Marana Yoga			Amavasya* Until 5:36PM	Moon – Purple
Until 10:16AM				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosrothapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Durban, South Africa Sun 14 Sutra 316 Vikarin 5121
Retreat Star		Gulika 1:47PM – 3:24PM	Shatabhishak Until 12:43PM	Ganesha: Light Blue <i>Sunrise:</i> 5:45AM
Kumbha Rasi: 16.33	Tithi 1	Yama 10:34AM – 12:11PM	Siddha Until 5:15AM Tue	Muruqa: Clear <i>Sunset:</i> 6:37PM
Family Home Evening	999823467	Rahu 7:21AM – 8:58AM	Kintughna Until 6:42AM	Nataraja: Clear
Creative Work Siddha Yoga			Prathama* Until 7:48PM	Moon – Purple
Until 12:43PM				Bhuloka Day
Then Routine Work - Marana Yoga				Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau	Durban, South Africa Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 28.31	Tithi 2	Gulika 12:11PM – 1:47PM	Purvaproshtapada* Until 3:41PM	Ganesha: Orange <i>Sunrise:</i> 5:46AM	
		Yama 8:58AM – 10:34AM	Sadhya Until 6:02AM Wed	Muruqa: Clear <i>Sunset:</i> 6:36PM	Moon 2 - Phase 44
		919823467 Rahu 3:23PM – 4:59PM	Balava Until 9:00AM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:11PM	Moon – Clear	Devaloka Day
Until 3:41PM				Phalguna-Masi	
Then Creative Work - Amrita Yoga					
2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trilyayam Titau	Durban, South Africa Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 10.25	Tithi 3	Gulika 10:35AM – 12:11PM	Uttaraproshtapada Until 6:36PM	Ganesha: Orange <i>Sunrise:</i> 5:46AM	
		Yama 7:22AM – 8:58AM	Sadhya Until 6:02AM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 2 - Phase 44
		919823467 Rahu 12:11PM – 1:47PM	Taitila Until 11:27AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:41AM Thu	Moon – Clear	Devaloka Day
Until 6:36PM				Phalguna-Masi	
Then Routine Work - Marana Yoga					
3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Chaturtham Titau	Durban, South Africa Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 22.17	Tithi 4	Gulika 8:59AM – 10:35AM	Revati Until 9:25PM	Ganesha: Orange <i>Sunrise:</i> 5:47AM	
		Yama 5:47AM – 7:23AM	Subha Until 6:55AM	Muruqa: Clear <i>Sunset:</i> 6:34PM	Moon 2 - Phase 44
		919823467 Rahu 1:46PM – 3:22PM	Vanija Until 1:58PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:12AM Fri	Moon – Clear	Devaloka Day
Until 9:25PM				Phalguna-Masi	
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day				
4		Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau	Durban, South Africa Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 4.09	Tithi 5	Gulika 7:23AM – 8:59AM	Ashvini Until 12:29AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:48AM	
		Yama 3:21PM – 4:57PM	Sukla Until 7:45AM	Muruqa: Clear <i>Sunset:</i> 6:33PM	Moon 2 - Phase 44
		921823467 Rahu 10:35AM – 12:10PM	Bava Until 4:27PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 5:37AM Sat	Moon – White	Bhuloka Day
Until 12:29AM Sat				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					
5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava Karana Shashtham Titau	Durban, South Africa Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 16.04	Tithi 6	Gulika 5:49AM – 7:24AM	Bharani Until 3:10AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:49AM	
		Yama 1:45PM – 3:21PM	Brahma Until 8:31AM	Muruqa: Clear <i>Sunset:</i> 6:32PM	Moon 2 - Phase 44
		921823467 Rahu 8:59AM – 10:35AM	Kaulava Until 6:45PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:45AM Sun	Moon – White	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Durban, South Africa Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 28.05	Tithi 6 – 7	Gulika 3:19PM – 4:54PM	Krittika Until 5:16AM Mon	Ganesha: Purple <i>Sunrise:</i> 5:50AM	
		Yama 12:10PM – 1:45PM	Indra Until 9:05AM	Muruqa: Orange <i>Sunset:</i> 6:29PM	Moon 2 - Phase 44
		921833467 Rahu 4:54PM – 6:29PM	Gara Until 8:41PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:45AM	Moon – White	Bhuloka Day
Until 5:16AM Mon				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					
Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau	Durban, South Africa Sun 21 Sutra 323 Vikarin 5121
Vrshabha Rasi: 10.17	Tithi 7 – 8	Gulika 1:44PM – 3:19PM	Rohini Until 7:04AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:51AM	
Family Home Evening		Yama 10:35AM – 12:09PM	Vaidhriti* Until 9:14AM	Muruqa: Orange <i>Sunset:</i> 6:28PM	Moon 2 - Phase 44
Creative Work	Amrita Yoga	931833467 Rahu 7:25AM – 9:00AM	Visiti Until 10:01PM	Nataraja: Clear	Ashtami
Until 7:04AM Tue			Saptami Until 9:25AM	Moon – Yellow	Devaloka Day
Then Creative Work - Siddha Yoga				Phalguna-Masi	
Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Durban, South Africa Sun 22 Sutra 324 Vikarin 5121
Vrshabha Rasi: 22.46	Tithi 8 – 9	Gulika 12:09PM – 1:44PM	Rohini Until 7:04AM	Ganesha: Clear <i>Sunrise:</i> 5:51AM	
		Yama 9:00AM – 10:35AM	Vishkambha* Until 8:54AM	Muruqa: Orange <i>Sunset:</i> 6:27PM	Moon 2 - Phase 44
		931833467 Rahu 3:18PM – 4:53PM	Balava Until 10:36PM	Nataraja: Clear	Navami
Creative Work	Amrita Yoga		Ashtami* Until 10:23AM	Moon – Yellow	Devaloka Day
Until 7:04AM				Phalguna-Masi	
Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Durban, South Africa Sun 23 Sutra 325	
Mithuna Rasi: 5.37	Tithi 9 – 10	Gulika 10:35AM – 12:09PM	Mrigashira Until 7:55AM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM		Vikarin 5121
		Yama 7:26AM – 9:00AM	Priti Until 7:57AM	Muruqa: Orange	<i>Sunset:</i> 6:26PM		Moon 2 - Phase 45
931833467	Rahu 12:09PM – 1:43PM		Taitila Until 10:19PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Navami* Until 10:33AM	Moon – Yellow		Devaloka Day	
				Phalgun-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Durban, South Africa Sun 24 Sutra 326	
Mithuna Rasi: 18.54	Tithi 10 – 11	Gulika 9:01AM – 10:35AM	Ardra Until 7:47AM	Ganesha: Red	<i>Sunrise:</i> 5:53AM		Vikarin 5121
		Yama 5:53AM – 7:27AM	Ayushman Until 6:18AM	Muruqa: Orange	<i>Sunset:</i> 6:25PM		Moon 2 - Phase 45
131833467	Rahu 1:43PM – 3:17PM		Vanija Until 9:09PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Dashami Until 9:49AM	Moon – Yellow		Devaloka Day	
Until 7:47AM				Phalgun-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Durban, South Africa Sun 25 Sutra 327	
Kataka Rasi: 2.41	Tithi 11 – 12	Gulika 7:27AM – 9:01AM	Punarvasu Until 7:05AM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM		Vikarin 5121
		Yama 3:16PM – 4:50PM	Sobhana Until 1:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:24PM		Moon 2 - Phase 45
141833467	Rahu 10:35AM – 12:08PM		Bava Until 7:10PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:14AM	Moon – Blue		Bhuloka Day	
Until 7:05AM				Phalgun-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Durban, South Africa Sun 26 Sutra 328	
Kataka Rasi: 16.58	Tithi 13	Gulika 5:54AM – 7:27AM	Ashlesha* Until 3:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 1:42PM – 3:15PM	Athiganda* Until 9:29PM	Muruqa: Orange	<i>Sunset:</i> 6:23PM		Moon 2 - Phase 45
141833467	Rahu 9:01AM – 10:35AM		Kaulava Until 4:29PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Trayodashi Until 2:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalgun-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Durban, South Africa Sun 27 Sutra 329	
Simha Rasi: 1.42	Tithi 14	Gulika 3:15PM – 4:48PM	Magha* Until 12:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM		Vikarin 5121
		Yama 12:08PM – 1:41PM	Sukarma Until 5:34PM	Muruqa: Orange	<i>Sunset:</i> 6:21PM		Moon 2 - Phase 45
151833467	Rahu 4:48PM – 6:21PM		Gara Until 1:15PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 11:27PM	Moon – Red		Devaloka Day	
Until 12:33AM Mon		Chidambaram Abhishekam		Phalgun-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Durban, South Africa Sutra 330	
Copper Retreat Star		Gulika 1:41PM – 3:14PM	Purvaphalguni Until 9:34PM	Ganesha: White	<i>Sunrise:</i> 5:55AM		Vikarin 5121
Simha Rasi: 16.46	Tithi 15	Yama 10:35AM – 12:08PM	Dhriti Until 1:23PM	Muruqa: Orange	<i>Sunset:</i> 6:20PM		Moon 2 - Phase 45
Family Home Evening	152833467	Rahu 7:28AM – 9:01AM	Visti Until 9:38AM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalgun-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Durban, South Africa Sutra 331	
Silver Retreat Star		Gulika 12:07PM – 1:40PM	Uttaraphalguni Until 6:22PM	Ganesha: White	<i>Sunrise:</i> 5:56AM		Vikarin 5121
Kanya Rasi: 2.01	Tithi 16 – 17	Yama 9:02AM – 10:35AM	Shula* Until 9:01AM	Muruqa: Orange	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 45
152833467	Rahu 3:13PM – 4:46PM		Taitila Until 1:59AM Wed	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:53PM	Moon – Red		Sivaloka Day	
Until 6:22PM				Phalgun-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyyam Titau

Durban, South Africa

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.17 Tithi 17 - 18

162833467

Gulika

10:35AM - 12:07PM

Yama

7:29AM - 9:02AM

Rahu

12:07PM - 1:40PM

Hasta Until 3:31PM

Vriddhi Until 12:31AM Thu

Vanija Until 10:18PM

Dvitiya Until 12:06PM

Ganesha: Clear

Sunrise: 5:56AM

Muruqa: Orange

Sunset: 6:18PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 3:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Durban, South Africa

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 2.25 Tithi 18 - 19

162833467

Gulika

9:02AM - 10:34AM

Yama

5:57AM - 7:30AM

Rahu

1:39PM - 3:12PM

Chitra Until 12:49PM

Dhruva Until 8:36PM

Bava Until 6:57PM

Tritiya Until 8:33AM

Ganesha: Clear

Sunrise: 5:57AM

Muruqa: Orange

Sunset: 6:17PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Durban, South Africa

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.14 Tithi 20

162833467

Gulika

7:30AM - 9:02AM

Yama

3:11PM - 4:43PM

Rahu

10:34AM - 12:07PM

Svati Until 10:24AM

Vyaghata* Until 5:06PM

Kaulava Until 4:04PM

Panchami Until 2:50AM Sat

Ganesha: Clear

Sunrise: 5:58AM

Muruqa: Orange

Sunset: 6:16PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Durban, South Africa

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.38 Tithi 21

172833467

Gulika

5:58AM - 7:30AM

Yama

1:38PM - 3:10PM

Rahu

9:02AM - 10:34AM

Vishakha Until 8:51AM

Harshana Until 2:08PM

Gara Until 1:49PM

Shashthi* Until 12:56AM Sun

Ganesha: Purple

Sunrise: 5:58AM

Muruqa: Orange

Sunset: 6:14PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Durban, South Africa

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.35 Tithi 22

172833468

Gulika

3:10PM - 4:41PM

Yama

12:06PM - 1:38PM

Rahu

4:41PM - 6:13PM

Anuradha Until 7:52AM

Vajra* Until 11:44AM

Visti Until 12:17PM

Saptami Until 11:48PM

Ganesha: Purple

Sunrise: 5:59AM

Muruqa: Orange

Sunset: 6:13PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Durban, South Africa

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.04 Tithi 23

172933468

Gulika

1:37PM - 3:09PM

Yama

10:34AM - 12:06PM

Rahu

7:31AM - 9:03AM

Jyeshtha* Until 7:31AM

Siddhi Until 9:58AM

Balava Until 11:33AM

Ashtami* Until 11:28PM

Ganesha: Clear

Sunrise: 6:00AM

Muruqa: Orange

Sunset: 6:12PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Durban, South Africa

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.08 Tithi 24

182933468

Gulika

12:05PM - 1:37PM

Yama

9:03AM - 10:34AM

Rahu

3:08PM - 4:40PM

Mula* Until 8:13AM

Vyatipata* Until 8:50AM

Taitila Until 11:36AM

Navami* Until 11:52PM

Ganesha: Purple

Sunrise: 6:00AM

Muruqa: Orange

Sunset: 6:11PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 8:13AM

Then Creative Work - Siddha Yoga

1	Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Durban, South Africa Sun 8 Sutra 339
	Dhanus Rasi: 24.5	Tithi 25	Gulika 10:34AM – 12:05PM	Purvashadha* Until 9:29AM	Ganesha: Purple	<i>Sunrise:</i> 6:01AM	Vikarin 5121
			Yama 7:32AM – 9:03AM	Variyan Until 8:14AM	Muruqa: Orange	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47
	182933468	Rahu 12:05PM – 1:36PM	Vanija Until 12:21PM	Nataraja: Purple	Moon – Light Blue		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 12:57AM Thu	Phalguna-Panguni		Devaloka Day	

2	Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Durban, South Africa Sun 9 Sutra 340
	Makara Rasi: 7.16	Tithi 26	Gulika 9:03AM – 10:34AM	Uttarashadha Until 11:10AM	Ganesha: Purple	<i>Sunrise:</i> 6:01AM	Vikarin 5121
			Yama 6:01AM – 7:32AM	Parigha* Until 8:07AM	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47
	182933468	Rahu 1:36PM – 3:07PM	Bava Until 1:42PM	Nataraja: Purple	Moon – Light Blue		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 2:32AM Fri	Phalguna-Panguni		Devaloka Day	
Until 11:10AM							
Then Creative Work - Siddha Yoga							

3	Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Durban, South Africa Sun 10 Sutra 341
	Makara Rasi: 19.29	Tithi 27	Gulika 7:33AM – 9:03AM	Shravana Until 1:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Vikarin 5121
			Yama 3:06PM – 4:37PM	Shiva Until 8:23AM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 47
	192933468	Rahu 10:34AM – 12:05PM	Kaulava Until 3:30PM	Nataraja: Purple	Moon – Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 4:29AM Sat	Phalguna-Panguni		Sivaloka Day	
Until 1:37PM							
Then Creative Work - Siddha Yoga							

4	Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Durban, South Africa Sun 11 Sutra 342
	Kumbha Rasi: 1.33	Tithi 28	Gulika 6:03AM – 7:33AM	Dhanishtha Until 4:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Vikarin 5121
			Yama 1:35PM – 3:05PM	Siddha Until 8:53AM	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47
	192933468	Rahu 9:03AM – 10:34AM	Gara Until 5:36PM	Nataraja: Purple	Moon – Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM Sun	Phalguna-Panguni		Sivaloka Day	
Until 4:12PM							
Then Creative Work - Amrita Yoga							
			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Durban, South Africa Sun 12 Sutra 343
	Kumbha Rasi: 13.32	Tithi 28 – 29	Gulika 3:04PM – 4:35PM	Shatabhishak Until 6:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Vikarin 5121
			Yama 12:04PM – 1:34PM	Sadhya Until 9:34AM	Muruqa: Orange	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 47
	192933468	Rahu 4:35PM – 6:05PM	Visti Until 7:53PM	Nataraja: Purple	Moon – Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM	Phalguna-Panguni		Sivaloka Day	
Until 9:51PM							
Then Creative Work - Siddha Yoga							

	Monday, March 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Durban, South Africa Sun 13 Sutra 344
	Retreat Star		Gulika 1:34PM – 3:04PM	Purvaproshtapada* Until 9:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Vikarin 5121
	Kumbha Rasi: 25.28	Tithi 29 – 30	Yama 10:34AM – 12:04PM	Subha Until 10:22AM	Muruqa: Orange	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 47
	113933468	Rahu 7:34AM – 9:04AM	Catuspada Until 10:17PM	Nataraja: Purple	Moon – Clear		Amavasya
Family Home Evening			Chaturdashi* Until 9:03AM	Phalguna-Panguni		Sivaloka Day	
Routine Work	Marana Yoga						
Until 9:51PM							
Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, March 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Durban, South Africa Sun 14 Sutra 345
	Meena Rasi: 7.21	Tithi 30 – 1	Gulika 12:03PM – 1:33PM	Uttaraproshtapada Until 12:47AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 9:04AM – 10:34AM	Sukla Until 11:12AM	Muruqa: Orange	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 47
	113933468	Rahu 3:03PM – 4:33PM	Kintughna Until 12:43AM Wed	Nataraja: Purple	Moon – Clear		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 11:28AM	Chaitra-Panguni		Sivaloka Day	
Until 12:47AM Wed		Yugadhi					
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Durban, South Africa Sun 15 Sutra 346	
Meena Rasi: 19.14	Tithi 1 – 2	Gulika 10:34AM – 12:03PM	Revati Until 3:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 7:34AM – 9:04AM	Brahma Until 12:04PM	Muruqa: Orange	<i>Sunset:</i> 6:01PM		Moon 3 - Phase 48
		113933468 Rahu 12:03PM – 1:33PM	Balava Until 3:10AM Thu	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 1:55PM	Moon – Clear		Sivaloka Day	
Until 3:33AM Thu				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Durban, South Africa Sun 16 Sutra 347	
Mesha Rasi: 1.07	Tithi 2 – 3	Gulika 9:04AM – 10:33AM	Ashvini Until 6:36AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 6:05AM – 7:35AM	Indra Until 12:55PM	Muruqa: Orange	<i>Sunset:</i> 6:00PM		Moon 3 - Phase 48
		123933468 Rahu 1:32PM – 3:01PM	Taitila Until 5:33AM Fri	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 4:21PM	Moon – White		Sivaloka Day	
Until 6:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Tritiyayam Titau		Durban, South Africa Sun 17 Sutra 348	
Mesha Rasi: 13.02	Tithi 3	Gulika 7:35AM – 9:04AM	Ashvini Until 6:36AM	Ganesha: Red	<i>Sunrise:</i> 6:06AM		Vikarin 5121
		Yama 3:01PM – 4:30PM	Vaidhriti* Until 1:41PM	Muruqa: Orange	<i>Sunset:</i> 5:59PM		Moon 3 - Phase 48
		123933468 Rahu 10:33AM – 12:02PM	Gara Until 6:40PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:40PM	Moon – White		Sivaloka Day	
Until 6:36AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Durban, South Africa Sun 18 Sutra 349	
Mesha Rasi: 24.59	Tithi 4	Gulika 6:07AM – 7:36AM	Bharani Until 9:19AM	Ganesha: Red	<i>Sunrise:</i> 6:07AM		Vikarin 5121
		Yama 1:31PM – 3:00PM	Vishkambha* Until 2:20PM	Muruqa: Orange	<i>Sunset:</i> 5:58PM		Moon 3 - Phase 48
		123933468 Rahu 9:04AM – 10:33AM	Vanija Until 7:47AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:47PM	Moon – White		Sivaloka Day	
Until 9:19AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Durban, South Africa Sun 19 Sutra 350	
Vrishabha Rasi: 7.04	Tithi 5	Gulika 2:59PM – 4:28PM	Krittika Until 11:37AM	Ganesha: Red	<i>Sunrise:</i> 6:07AM		Vikarin 5121
		Yama 12:02PM – 1:31PM	Priti Until 2:46PM	Muruqa: Orange	<i>Sunset:</i> 5:57PM		Moon 3 - Phase 48
		123933468 Rahu 4:28PM – 5:57PM	Bava Until 9:44AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:33PM	Moon – White		Sivaloka Day	
				Chaitra•Panguni			

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Durban, South Africa Sun 20 Sutra 351	
Vrishabha Rasi: 19.17	Tithi 6	Gulika 1:30PM – 2:58PM	Rohini Until 1:50PM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM		Vikarin 5121
Family Home Evening		Yama 10:33AM – 12:02PM	Ayushman Until 2:50PM	Muruqa: Orange	<i>Sunset:</i> 5:55PM		Moon 3 - Phase 48
		133933468 Rahu 7:36AM – 9:05AM	Kaulava Until 11:16AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 11:49PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Durban, South Africa Sun 21 Sutra 352	
Mithuna Rasi: 1.45	Tithi 7	Gulika 12:01PM – 1:30PM	Mrigashira Until 3:17PM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 9:05AM – 10:33AM	Saubhagya Until 2:26PM	Muruqa: Orange	<i>Sunset:</i> 5:54PM		Moon 3 - Phase 48
		133933468 Rahu 2:58PM – 4:26PM	Gara Until 12:13PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:25AM Wed	Moon – Yellow		Subha Sivaloka Day	
Until 3:17PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Durban, South Africa Sun 22 Sutra 353	
Mithuna Rasi: 14.32	Tithi 8	Gulika 10:33AM – 12:01PM	Ardra Until 3:53PM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 7:37AM – 9:05AM	Sobhana Until 1:29PM	Muruqa: Orange	<i>Sunset:</i> 5:54PM		Moon 3 - Phase 48
		133933468 Rahu 12:01PM – 1:30PM	Visti Until 12:26PM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:14AM Thu	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Durban, South Africa Sun 23 Sutra 354	
Mithuna Rasi: 27.43	Tithi 9	Gulika 9:05AM – 10:33AM	Punarvasu Until 3:59PM	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM		Vikarin 5121
		Yama 6:09AM – 7:37AM	Athiganda* Until 11:52AM	Muruqa: Orange	<i>Sunset:</i> 5:53PM		Moon 3 - Phase 48
		143933468 Rahu 1:29PM – 2:57PM	Balava Until 11:51AM	Nataraja: Purple			Navami
Creative Work	Amrita Yoga		Navami* Until 11:13PM	Moon – Blue		Sivaloka Day	
		Sri Rama Navami		Chaitra•Panguni			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Durban, South Africa Sun 24 Sutra 355 Vikarin 5121
	Kataka Rasi: 11.2	Tithi 10	Gulika 7:37AM – 9:05AM	Pushya Until 3:08PM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	
			Yama 2:56PM – 4:24PM	Sukarma Until 9:37AM	Muruqa: Orange	<i>Sunset:</i> 5:52PM	Moon 3 - Phase 49
	143933468	Rahu 10:33AM – 12:01PM	Taitila Until 10:26AM		Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dashami Until 9:25PM	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Durban, South Africa Sun 25 Sutra 356 Vikarin 5121
	Kataka Rasi: 25.28	Tithi 11	Gulika 6:10AM – 7:38AM	Ashlesha* Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	
			Yama 1:28PM – 2:56PM	Dhriti Until 6:46AM	Muruqa: Orange	<i>Sunset:</i> 5:51PM	Moon 3 - Phase 49
	143933468	Rahu 9:05AM – 10:33AM	Vanija Until 8:15AM		Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 6:54PM	Moon – Blue		Sivaloka Day	
Until 1:24PM		Yogaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Durban, South Africa Sun 26 Sutra 357 Vikarin 5121
	Simha Rasi: 10.02	Tithi 12 – 13	Gulika 2:55PM – 4:22PM	Magha* Until 11:19AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	
			Yama 12:00PM – 1:27PM	Ganda* Until 11:29PM	Muruqa: Orange	<i>Sunset:</i> 5:50PM	Moon 3 - Phase 49
	153933468	Rahu 4:22PM – 5:50PM	Kaulava Until 2:05AM Mon		Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 3:47PM	Moon – Red		Subha Sivaloka Day	
Until 11:19AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Durban, South Africa Sun 27 Sutra 358 Vikarin 5121
	Simha Rasi: 24.59	Tithi 13 – 14	Gulika 1:27PM – 2:54PM	Purvaphalguni Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	
			Yama 10:33AM – 12:00PM	Vriddhi Until 7:21PM	Muruqa: Orange	<i>Sunset:</i> 5:48PM	Moon 3 - Phase 49
	154933468	Rahu 7:38AM – 9:06AM	Gara Until 10:23PM		Nataraja: Purple		4th Phase
Family Home Evening			Trayodashi Until 12:15PM	Moon – Red		Sivaloka Day	
Creative Work	Siddha Yoga			Chaitra•Panguni			

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hashta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Durban, South Africa Sutra 359 Vikarin 5121
	Copper Retreat Star		Gulika 12:00PM – 1:26PM	Hashta Until 2:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	
	Kanya Rasi: 10.12	Tithi 14 – 15	Yama 9:06AM – 10:33AM	Dhruva Until 3:01PM	Muruqa: Orange	<i>Sunset:</i> 5:47PM	Moon 3 - Phase 49
	164933468	Rahu 2:53PM – 4:20PM	Visti Until 6:31PM		Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Moon – Green		Devaloka Day	
		Panguni Uttiram		Chaitra•Panguni			
		Hanuman Jayanti					

5	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Durban, South Africa Sutra 360 Vikarin 5121
	Silver Retreat Star		Gulika 10:33AM – 11:59AM	Chitra Until 11:33PM	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	
	Kanya Rasi: 25.3	Tithi 16	Yama 7:39AM – 9:06AM	Vyaghata* Until 10:40AM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 3 - Phase 49
	164934468	Rahu 11:59AM – 1:26PM	Balava Until 2:39PM		Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:45AM Thu	Moon – Green		Devaloka Day	
				Chaitra•Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Durban, South Africa
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 10.43 Tithi 17

Gulika 9:06AM – 10:33AM
Yama 6:13AM – 7:40AM
164134468 **Rahu** 1:25PM – 2:52PM

Svati Until 8:39PM
Harshana Until 6:27AM
Taitila Until 10:57AM
Dvitiya Until 9:12PM

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 5:45PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga
Until 8:39PM
Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Durban, South Africa
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 25.42 Tithi 18

Gulika 7:40AM – 9:06AM
Yama 2:51PM – 4:18PM
174134468 **Rahu** 10:32AM – 11:59AM

Vishakha Until 6:27PM
Siddhi Until 10:54PM
Vanija Until 7:36AM
Tritiya Until 6:06PM

Ganesha: Yellow *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 5:44PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Durban, South Africa
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 10.17 Tithi 19 – 20

Gulika 6:14AM – 7:40AM
Yama 1:25PM – 2:51PM
174134468 **Rahu** 9:06AM – 10:32AM

Anuradha Until 4:43PM
Vyatipata* Until 7:51PM
Kaulava Until 2:36AM Sun
Chaturthi* Until 3:34PM

Ganesha: Yellow *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 5:43PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Vriyari/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Durban, South Africa
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 24.25 Tithi 20 – 21

Gulika 2:50PM – 4:16PM
Yama 11:58AM – 1:24PM
174134468 **Rahu** 4:16PM – 5:42PM

Jyeshtha* Until 3:33PM
Vriyari Until 5:23PM
Gara Until 1:12AM Mon
Panchami Until 1:47PM

Ganesha: Yellow *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 5:42PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga
Until 3:33PM
Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Durban, South Africa
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 8.03 Tithi 21 – 22

Family Home Evening

Gulika 1:24PM – 2:49PM
Yama 10:32AM – 11:58AM
184134468 **Rahu** 7:41AM – 9:07AM

Mula* Until 3:31PM
Parigha* Until 3:36PM
Visti Until 12:39AM Tue
Shashthi* Until 12:48PM

Ganesha: Blue *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 5:41PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga
Until 3:31PM
Then Routine Work - Marana Yoga

Retreat Star

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Durban, South Africa
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 21.13 Tithi 22 – 23

Gulika 11:58AM – 1:23PM
Yama 9:07AM – 10:32AM
284134468 **Rahu** 2:49PM – 4:14PM

Purvashadha* Until 4:09PM
Shiva Until 2:30PM
Balava Until 12:57AM Wed
Saptami Until 12:41PM

Ganesha: Yellow *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 5:39PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga
Until 4:09PM
Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Durban, South Africa
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 3.58 Tithi 23 – 24

Gulika 10:32AM – 11:57AM
Yama 7:42AM – 9:07AM
284134468 **Rahu** 11:57AM – 1:23PM

Uttarashadha Until 5:24PM
Siddha Until 2:00PM
Taitila Until 1:59AM Thu
Ashtami* Until 1:22PM

Ganesha: Yellow *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 5:38PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga
Until 5:24PM
Then Creative Work - Siddha Yoga

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Durban, South Africa Sun 7 Sutra 4
	Makara Rasi: 16.23	Tithi 24 – 25	Gulika 9:07AM – 10:32AM	Shravana Until 7:36PM	Ganesha: Blue	<i>Sunrise:</i> 6:17AM	Sarvari 5122
			Yama 6:17AM – 7:42AM	Sadhya Until 2:02PM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 4 - Phase 1
	294134468		Rahu 1:22PM – 2:47PM	Vanija Until 3:38AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Moon – Purple		Devaloka Day	
			Navami* Until 2:44PM	Chaitra*Chaitra			


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Durban, South Africa Sun 8 Sutra 5
	Makara Rasi: 28.34	Tithi 25 – 26	Gulika 7:43AM – 9:07AM	Dhanishtha Until 10:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	Sarvari 5122
			Yama 2:47PM – 4:11PM	Subha Until 2:30PM	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Moon 4 - Phase 1
	294134468		Rahu 10:32AM – 11:57AM	Bava Until 5:43AM Sat	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dashami Until 4:37PM		Moon – Purple		Devaloka Day	
			Dashami* Until 4:37PM	Chaitra*Chaitra			


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava Karana Ekadashyam Titau				Durban, South Africa Sun 9 Sutra 6
	Kumbha Rasi: 10.35	Tithi 26	Gulika 6:18AM – 7:43AM	Shatabhishak Until 12:46AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM	Sarvari 5122
			Yama 1:21PM – 2:46PM	Sukla Until 3:12PM	Muruqa: Clear	<i>Sunset:</i> 5:35PM	Moon 4 - Phase 1
	295134468		Rahu 9:08AM – 10:32AM	Balava Until 6:51PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Ekadashi* Until 6:51PM		Moon – Purple		Sivaloka Day	
Until 12:46AM Sun				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Durban, South Africa Sun 10 Sutra 7
	Kumbha Rasi: 22.3	Tithi 27	Gulika 2:45PM – 4:10PM	Purvaproshtapada* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	Sarvari 5122
			Yama 11:57AM – 1:21PM	Brahma Until 4:04PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM	Moon 4 - Phase 1
	215134468		Rahu 4:10PM – 5:34PM	Kaulava Until 8:03AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dvadashi* Until 9:15PM		Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Durban, South Africa Sun 11 Sutra 8
	Meena Rasi: 4.22	Tithi 28	Gulika 1:21PM – 2:45PM	Uttaraproshtapada Until 6:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM	Sarvari 5122
	Family Home Evening		Yama 10:32AM – 11:56AM	Indra Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 4 - Phase 1
	215134468		Rahu 7:44AM – 9:08AM	Gara Until 10:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Trayodashi* Until 11:42PM		Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Durban, South Africa Sun 12 Sutra 9
	Meena Rasi: 16.14	Tithi 29	Gulika 11:56AM – 1:20PM	Uttaraproshtapada Until 6:51AM	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM	Sarvari 5122
			Yama 9:08AM – 10:32AM	Vaidhriti* Until 5:53PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 4 - Phase 1
	215134468		Rahu 2:44PM – 4:08PM	Visti Until 12:56PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Chaturdashi* Until 2:06AM Wed		Moon – Clear		Sivaloka Day	
Until 6:51AM				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Durban, South Africa Sun 13 Sutra 10
	Retreat Star		Gulika 10:32AM – 11:56AM	Revati Until 9:35AM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Sarvari 5122
	Meena Rasi: 28.08	Tithi 30	Yama 7:45AM – 9:08AM	Vishkambha* Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 4 - Phase 1
	215134468		Rahu 11:56AM – 1:20PM	Catuspada Until 3:17PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga	Amavasya* Until 4:23AM Thu		Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Durban, South Africa Sun 14 Sutra 11
	Retreat Star		Gulika 9:09AM – 10:32AM	Ashvini Until 12:31PM	Ganesha: Red	<i>Sunrise:</i> 6:21AM	Sarvari 5122
	Mesha Rasi: 10.04	Tithi 1	Yama 6:21AM – 7:45AM	Priti Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 4 - Phase 1
	225134468		Rahu 1:19PM – 2:43PM	Kintughna Until 5:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga	Prathama* Until 6:29AM Fri		Moon – White		Sivaloka Day	
Until 12:31PM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Durban, South Africa Sun 15 Sutra 12	
	Mesha Rasi: 22.04	Tithi 1 – 2	Gulika 7:45AM – 9:09AM	Bharani Until 3:06PM	Ganesha: Red	<i>Sunrise:</i> 6:22AM	Sarvari 5122	
			Yama 2:42PM – 4:06PM	Ayushman Until 7:59PM	Muruḡa: Clear	<i>Sunset:</i> 5:29PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	225134469 Rahu 10:32AM – 11:56AM	Balava Until 7:28PM	Nataraja: Clear		3rd Phase	
			Prathama* Until 6:29AM	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Durban, South Africa Sun 16 Sutra 13	
	Vrishabha Rasi: 4.11	Tithi 2 – 3	Gulika 6:23AM – 7:46AM	Krittika Until 5:16PM	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Sarvari 5122	
			Yama 1:19PM – 2:42PM	Saubhagya Until 8:19PM	Muruḡa: Clear	<i>Sunset:</i> 5:28PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	225134469 Rahu 9:09AM – 10:32AM	Taitila Until 9:11PM	Nataraja: Clear		3rd Phase	
			Dvitiya Until 8:21AM	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Durban, South Africa Sun 17 Sutra 14	
	Vrishabha Rasi: 16.25	Tithi 3 – 4	Gulika 2:41PM – 4:04PM	Rohini Until 7:26PM	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Sarvari 5122	
			Yama 11:55AM – 1:18PM	Sobhana Until 8:24PM	Muruḡa: Clear	<i>Sunset:</i> 5:27PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	235134469 Rahu 4:04PM – 5:27PM	Vanija Until 10:32PM	Nataraja: Clear		3rd Phase	
			Tritiya Until 9:53AM	Moon – Yellow		Devaloka Day		
			Akshaya Tritiya	Vaisaka-Chaitra				

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Durban, South Africa Sun 18 Sutra 15	
	Vrishabha Rasi: 28.48	Tithi 4 – 5	Gulika 1:18PM – 2:41PM	Mrigashira Until 9:00PM	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	Sarvari 5122	
	Family Home Evening		Yama 10:32AM – 11:55AM	Athiganda* Until 8:07PM	Muruḡa: Clear	<i>Sunset:</i> 5:26PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	235134469 Rahu 7:47AM – 9:09AM	Bava Until 11:27PM	Nataraja: Clear		3rd Phase	
			Chaturthi* Until 11:02AM	Moon – Yellow		Devaloka Day		
			Adi Sankara Jayanthi	Vaisaka-Chaitra				

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Durban, South Africa Sun 19 Sutra 16	
	Mithuna Rasi: 11.24	Tithi 5 – 6	Gulika 11:55AM – 1:18PM	Ardra Until 9:55PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Sarvari 5122	
			Yama 9:10AM – 10:32AM	Sukarma Until 7:27PM	Muruḡa: Clear	<i>Sunset:</i> 5:26PM	Moon 4 - Phase 2	
	Routine Work	Marana Yoga	236134469 Rahu 2:40PM – 4:03PM	Kaulava Until 11:49PM	Nataraja: Clear		3rd Phase	
			Panchami Until 11:41AM	Moon – Yellow		Bhuloka Day		
				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Durban, South Africa Sun 20 Sutra 17	
	Mithuna Rasi: 24.16	Tithi 6 – 7	Gulika 10:32AM – 11:55AM	Punarvasu Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sarvari 5122	
			Yama 7:47AM – 9:10AM	Dhriti Until 6:19PM	Muruḡa: Clear	<i>Sunset:</i> 5:25PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	246134469 Rahu 11:55AM – 1:17PM	Gara Until 11:34PM	Nataraja: Clear		3rd Phase	
			Shashthi* Until 11:45AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Durban, South Africa Sun 21 Sutra 18	
	Retreat Star		Gulika 9:10AM – 10:32AM	Pushya Until 10:23PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Sarvari 5122	
	Kataka Rasi: 7.27	Tithi 7 – 8	Yama 6:26AM – 7:48AM	Shula* Until 4:39PM	Muruḡa: Clear	<i>Sunset:</i> 5:24PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	246134469 Rahu 1:17PM – 2:39PM	Visti Until 10:40PM	Nataraja: Clear		Ashtami	
			Saptami Until 11:11AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Durban, South Africa Sun 22 Sutra 19	
	Retreat Star		Gulika 7:49AM – 9:11AM	Ashlesha* Until 9:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sarvari 5122	
	Kataka Rasi: 21	Tithi 8 – 9	Yama 2:38PM – 4:00PM	Ganda* Until 2:27PM	Muruḡa: Clear	<i>Sunset:</i> 5:22PM	Moon 4 - Phase 2	
	Routine Work	Marana Yoga	246134469 Rahu 10:33AM – 11:54AM	Balava Until 9:06PM	Nataraja: Clear		Navami	
			Ashtami* Until 9:57AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				


1	Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Durban, South Africa Sun 23 Sutra 20
	Simha Rasi: 4.56	Tithi 9 – 10	Gulika 6:27AM – 7:49AM	Magha* Until 8:06PM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Sarvari 5122
			Yama 1:16PM – 2:38PM	Vriddhi Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 4 - Phase 3
		256134469	Rahu 9:11AM – 10:33AM	Taitila Until 6:55PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Navami* Until 8:04AM	Moon – Red		Bhuloka Day	
Until 8:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2	Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Durban, South Africa Sun 24 Sutra 21
	Simha Rasi: 19.16	Tithi 11	Gulika 2:37PM – 3:59PM	Purvaphalguni Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sarvari 5122
			Yama 11:54AM – 1:16PM	Dhruva Until 8:34AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 4 - Phase 3
		256134469	Rahu 3:59PM – 5:20PM	Vanija Until 4:11PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 2:38AM Mon	Moon – Red		Bhuloka Day	
Until 6:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3	Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Durban, South Africa Sun 25 Sutra 22
	Kanya Rasi: 3.57	Tithi 12	Gulika 1:16PM – 2:37PM	Uttaraphalguni Until 3:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sarvari 5122
	Family Home Evening		Yama 10:33AM – 11:54AM	Harshana Until 1:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 4 - Phase 3
		256234469	Rahu 7:50AM – 9:11AM	Bava Until 1:02PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 11:20PM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

4	Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Durban, South Africa Sun 26 Sutra 23
	Kanya Rasi: 18.53	Tithi 13	Gulika 11:54AM – 1:15PM	Hasta Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sarvari 5122
			Yama 9:12AM – 10:33AM	Vajra* Until 9:09PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 4 - Phase 3
		267234469	Rahu 2:37PM – 3:58PM	Kaulava Until 9:36AM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 7:48PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			
				<i>Pradosha Vrata</i>			

5	Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Durban, South Africa Sun 27 Sutra 24
	Tula Rasi: 3.56	Tithi 14 – 15	Gulika 10:33AM – 11:54AM	Chitra Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Sarvari 5122
			Yama 7:51AM – 9:12AM	Siddhi Until 5:06PM	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Moon 4 - Phase 3
		267234469	Rahu 11:54AM – 1:15PM	Gara Until 6:02AM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:14PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

	Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Durban, South Africa Sutra 25
	Copper Retreat Star		Gulika 9:12AM – 10:33AM	Svati Until 7:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Sarvari 5122
	Tula Rasi: 18.59	Tithi 15 – 16	Yama 6:30AM – 7:51AM	Vyatipata* Until 1:09PM	Muruqa: Clear	<i>Sunset:</i> 5:17PM	Moon 4 - Phase 3
		267234469	Rahu 1:15PM – 2:36PM	Balava Until 11:07PM	Nataraja: Clear		Purnima
Creative Work Amrita Yoga			Purnima* Until 12:45PM	Moon – Green		Devaloka Day	
Until 7:28AM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

6	Friday, May 8, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Durban, South Africa Sutra 26
	Silver Retreat Star		Gulika 7:52AM – 9:13AM	Anuradha Until 3:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:31AM	Sarvari 5122
	Vrischika Rasi: 3.52	Tithi 16 – 17	Yama 2:35PM – 3:56PM	Variyan Until 9:25AM	Muruqa: Clear	<i>Sunset:</i> 5:17PM	Moon 4 - Phase 3
		277234469	Rahu 10:33AM – 11:54AM	Taitila Until 8:07PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 9:33AM	Moon – Orange		Bhuloka Day	
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda