



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Tula Rasi: 27.01 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 3:15PM – 4:47PM  
**Yama** 12:11PM – 1:43PM  
**Rahu** 4:47PM – 6:20PM

**Vishakha** Until 4:58PM  
Vyatipata\* Until 3:29AM Mon  
Vanija Until 11:53PM  
Dvitiya Until 12:31PM

**Ganesha:** Blue *Sunrise:* 6:02AM  
**Muruqa:** Yellow *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Colombo, Sri Lanka  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**1**

**Monday, April 22, 2019**

Virschika Rasi: 10.41 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 1:43PM – 3:15PM  
**Yama** 10:38AM – 12:11PM  
**Rahu** 7:34AM – 9:06AM

**Anuradha** Until 4:43PM  
Variyan Until 1:53AM Tue  
Bava Until 11:09PM  
Tritiya Until 11:24AM

**Ganesha:** Blue *Sunrise:* 6:02AM  
**Muruqa:** Yellow *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Colombo, Sri Lanka  
Sun 1 Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Tuesday, April 23, 2019**

Virschika Rasi: 23.56 Tithi 19 – 20

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 12:10PM – 1:43PM  
**Yama** 9:06AM – 10:38AM  
**Rahu** 3:15PM – 4:47PM

**Jyeshtha\*** Until 5:05PM  
Parigha\* Until 12:57AM Wed  
Kaulava Until 11:13PM  
Chaturthi\* Until 11:03AM

**Ganesha:** Blue *Sunrise:* 6:01AM  
**Muruqa:** Yellow *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Colombo, Sri Lanka  
Sun 2 Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 6.45 Tithi 20 – 21

Routine Work Marana Yoga

Until 6:34PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:38AM – 12:10PM  
**Yama** 7:33AM – 9:06AM  
**Rahu** 12:10PM – 1:43PM

**Mula\*** Until 6:34PM  
Shiva Until 12:39AM Thu  
Gara Until 12:06AM Thu  
Panchami Until 11:32AM

**Ganesha:** Yellow *Sunrise:* 6:01AM  
**Muruqa:** Yellow *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Colombo, Sri Lanka  
Sun 3 Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 19.13 Tithi 21 – 22

Creative Work Siddha Yoga

Until 8:38PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\* Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:05AM – 10:38AM  
**Yama** 6:01AM – 7:33AM  
**Rahu** 1:42PM – 3:15PM

**Purvashadha\*** Until 8:38PM  
Siddha Until 12:53AM Fri  
Visti Until 1:42AM Fri  
Shashthi\* Until 12:48PM

**Ganesha:** Yellow *Sunrise:* 6:01AM  
**Muruqa:** Yellow *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Colombo, Sri Lanka  
Sun 4 Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**5**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 1.22 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 7:33AM – 9:05AM  
**Yama** 3:15PM – 4:47PM  
**Rahu** 10:37AM – 12:10PM

**Uttarashadha** Until 11:05PM  
Sadhya Until 1:34AM Sat  
Balava Until 3:52AM Sat  
Saptami Until 2:43PM

**Ganesha:** Red *Sunrise:* 6:00AM  
**Muruqa:** Yellow *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Colombo, Sri Lanka  
Sun 5 Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Devaloka Day**

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 13.2 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:14AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 6:00AM – 7:32AM  
**Yama** 1:42PM – 3:15PM  
**Rahu** 9:05AM – 10:37AM

**Shravana** Until 2:14AM Sun  
Subha Until 2:31AM Sun  
Taitila Until 6:21AM Sun  
Ashtami\* Until 5:04PM

**Ganesha:** Green *Sunrise:* 6:00AM  
**Muruqa:** Yellow *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra•Chaitra**

Colombo, Sri Lanka  
Sun 6 Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau		Colombo, Sri Lanka Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 25.11	Tithi 24	<b>Gulika</b> 3:15PM – 4:47PM	<b>Dhanishtha</b> Until 5:18AM Mon	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:00AM
		Yama 12:10PM – 1:42PM	Sukla Until 3:31AM Mon	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
		294583469 <b>Rahu</b> 4:47PM – 6:20PM	Taitila Until 6:21AM	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			Navami* Until 7:36PM	Moon – Purple
Until 5:18AM Mon				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Colombo, Sri Lanka Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 7	Tithi 25	<b>Gulika</b> 1:42PM – 3:15PM	<b>Shatabhishak</b> Until 8:04AM Tue	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:59AM
<b>Family Home Evening</b>		Yama 10:37AM – 12:09PM	Brahma Until 4:27AM Tue	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
Creative Work Siddha Yoga		294583469 <b>Rahu</b> 7:32AM – 9:04AM	Vanija Until 8:54AM	<b>Nataraja:</b> Clear
Until 8:04AM Tue			Dashami Until 10:06PM	Moon – Purple
Then Routine Work - Marana Yoga				<b>Bhuloka Day</b>
				Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shatabhishak/Purvaprosnthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Colombo, Sri Lanka Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 18.52	Tithi 26	<b>Gulika</b> 12:09PM – 1:42PM	<b>Shatabhishak</b> Until 8:04AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:59AM
		Yama 9:04AM – 10:37AM	Indra Until 5:09AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
		294583469 <b>Rahu</b> 3:14PM – 4:47PM	Bava Until 11:16AM	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			Ekadashi* Until 12:19AM Wed	Moon – Purple
Until 10:51AM				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Colombo, Sri Lanka Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 0.52	Tithi 27	<b>Gulika</b> 10:37AM – 12:09PM	<b>Purvaprosnthapada*</b> Until 10:51AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:59AM
		Yama 7:31AM – 9:04AM	Vaidhrili* Until 5:29AM Thu	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
		214583469 <b>Rahu</b> 12:09PM – 1:42PM	Kaulava Until 1:17PM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			Dvadashi* Until 2:06AM Thu	Moon – Clear
Until 10:51AM				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprosnthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Colombo, Sri Lanka Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 13.03	Tithi 28	<b>Gulika</b> 9:04AM – 10:36AM	<b>Uttaraprosnthapada</b> Until 1:01PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:58AM
		Yama 5:58AM – 7:31AM	Vishkambha* Until 5:26AM Fri	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
		214583469 <b>Rahu</b> 1:42PM – 3:14PM	Gara Until 2:49PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Trayodashi* Until 3:22AM Fri	Moon – Clear
Until 2:31PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Colombo, Sri Lanka Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 25.27	Tithi 29	<b>Gulika</b> 7:31AM – 9:04AM	<b>Revati</b> Until 2:31PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:58AM
		Yama 3:14PM – 4:47PM	Priti Until 4:58AM Sat	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
		215583469 <b>Rahu</b> 10:36AM – 12:09PM	Visti Until 3:49PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Chaturdashi* Until 4:06AM Sat	Moon – Clear
Until 2:31PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Colombo, Sri Lanka Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 8.05	Tithi 30	<b>Gulika</b> 5:58AM – 7:31AM	<b>Ashvini</b> Until 3:48PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:58AM
		Yama 1:42PM – 3:14PM	Ayushman Until 4:04AM Sun	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
		225583469 <b>Rahu</b> 9:03AM – 10:36AM	Catuspada Until 4:17PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Amavasya* Until 4:17AM Sun	Moon – White
Until 4:25PM				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Colombo, Sri Lanka Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 20.59	Tithi 1	<b>Gulika</b> 3:14PM – 4:47PM	<b>Bharani</b> Until 4:25PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:58AM
		Yama 12:09PM – 1:42PM	Saubhagya Until 2:48AM Mon	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
		225583469 <b>Rahu</b> 4:47PM – 6:20PM	Kintughna Until 4:13PM	<b>Nataraja:</b> Clear
Routine Work Prabalarishta Yoga			Prathama* Until 4:00AM Mon	Moon – White
Until 4:25PM				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Colombo, Sri Lanka Sun 15 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:41PM – 3:14PM	<b>Krittika</b> Until 4:28PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:57AM
Vrishabha Rasi: 4.07	Tithi 2	Yama 10:36AM – 12:09PM	Sobhana Until 1:13AM Tue	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 7:30AM – 9:03AM	Balava Until 3:43PM	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			Dvitiya Until 3:19AM Tue	Moon – White
Until 4:28PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Colombo, Sri Lanka Sun 16 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:09PM – 1:41PM	<b>Rohini</b> Until 4:26PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:57AM
Vrishabha Rasi: 17.28	Tithi 3	Yama 9:03AM – 10:36AM	Athiganda* Until 11:20PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
	235583469	<b>Rahu</b> 3:14PM – 4:47PM	Taitila Until 2:51PM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			Tritiya Until 2:16AM Wed	Moon – Yellow
Until 4:26PM		<b>Akshaya Tritiya</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau		Colombo, Sri Lanka Sun 17 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:36AM – 12:09PM	<b>Mrigashira</b> Until 3:57PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:57AM
Mithuna Rasi: 0.59	Tithi 4	Yama 7:30AM – 9:03AM	Sukarma Until 9:14PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
	235583469	<b>Rahu</b> 12:09PM – 1:41PM	Vanija Until 1:40PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Chaturthi* Until 12:57AM Thu	Moon – Yellow
				<b>Bhuloka Day</b>
				Devaloka Time: 3:PM to 6:PM

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Colombo, Sri Lanka Sun 18 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:03AM – 10:36AM	<b>Ardra</b> Until 3:05PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:57AM
Mithuna Rasi: 14.41	Tithi 5	Yama 5:57AM – 7:30AM	Dhriti Until 6:58PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
	235583469	<b>Rahu</b> 1:41PM – 3:14PM	Bava Until 12:13PM	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			Panchami Until 11:24PM	Moon – Yellow
Until 3:05PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Colombo, Sri Lanka Sun 19 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:30AM – 9:02AM	<b>Punarvasu</b> Until 2:18PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:57AM
Mithuna Rasi: 28.31	Tithi 6	Yama 3:14PM – 4:47PM	Shula* Until 4:29PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
	245583469	<b>Rahu</b> 10:35AM – 12:08PM	Kaulava Until 10:34AM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Shashthi* Until 9:39PM	Moon – Blue
Until 2:18PM				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau		Colombo, Sri Lanka Sun 20 Sutra 27 Vikarin 5121
<b>6</b>		<b>Gulika</b> 5:56AM – 7:29AM	<b>Pushya</b> Until 1:10PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:56AM
Kataka Rasi: 12.28	Tithi 7	Yama 1:41PM – 3:14PM	Ganda* Until 1:52PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
	245583469	<b>Rahu</b> 9:02AM – 10:35AM	Gara Until 8:43AM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Saptami Until 7:42PM	Moon – Blue
Until 1:10PM				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Colombo, Sri Lanka Sun 21 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:14PM – 4:47PM	<b>Ashlesha*</b> Until 11:44AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:56AM
Kataka Rasi: 26.32	Tithi 8 – 9	Yama 12:08PM – 1:41PM	Vridhhi Until 11:08AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM
	246583469	<b>Rahu</b> 4:47PM – 6:20PM	Visti Until 6:41AM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Ashtami* Until 5:35PM	Moon – Blue
Until 11:44AM		<b>Mother's Day</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				


<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Colombo, Sri Lanka Sun 22 Sutra 29 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 1:41PM – 3:14PM	<b>Magha*</b> Until 10:25AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:56AM
Simha Rasi: 10.42	Tithi 9 – 10	Yama 10:35AM – 12:08PM	Dhruva Until 8:14AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:21PM
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 7:29AM – 9:02AM	Taitila Until 2:11AM Tue	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			Navami* Until 3:20PM	Moon – Red
Until 10:25AM				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, May 14, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Colombo, Sri Lanka Sun 23 Sutra 30	
Simha Rasi: 24.57	Tithi 10 – 11	<b>Gulika</b>	12:08PM – 1:41PM	<b>Purvaphalguni Until 8:52AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:56AM	Vikarin 5121		
		Yama	9:02AM – 10:35AM	Harshana Until 2:15AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 5		
		256583469 <b>Rahu</b>	3:15PM – 4:48PM	Vanija Until 11:49PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga			<b>Dashami Until 12:59PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 8:52AM					<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, May 15, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Colombo, Sri Lanka Sun 24 Sutra 31	
Kanya Rasi: 19.14	Tithi 11 – 12	<b>Gulika</b>	10:35AM – 12:08PM	<b>Uttaraphalguni Until 7:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:56AM	Vikarin 5121		
		Yama	7:29AM – 9:02AM	Vajra* Until 11:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 5		
		256583469 <b>Rahu</b>	12:08PM – 1:41PM	Bava Until 9:26PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Amrita Yoga			<b>Ekadashi Until 10:36AM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 7:07AM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, May 16, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Colombo, Sri Lanka Sun 25 Sutra 32	
Kanya Rasi: 23.31	Tithi 12 – 13	<b>Gulika</b>	9:02AM – 10:35AM	<b>Chitra Until 4:15AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	Vikarin 5121		
		Yama	5:56AM – 7:29AM	Siddhi Until 8:19PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 5		
		266583469 <b>Rahu</b>	1:41PM – 3:15PM	Kaulava Until 7:09PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga			<b>Dvadashi Until 8:15AM</b>	Moon – Green		<b>Devaloka Day</b>		
					<b>Vaisaka-Vaikasi</b>				
					<i>Pradosha Vrata</i>				

<b>4</b>		<b>Friday, May 17, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Varyan Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Colombo, Sri Lanka Sun 26 Sutra 33	
Tula Rasi: 7.41	Tithi 13 – 14	<b>Gulika</b>	7:29AM – 9:02AM	<b>Svati Until 2:56AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	Vikarin 5121		
		Yama	3:15PM – 4:48PM	Vyatipata* Until 5:35PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 5		
		266583469 <b>Rahu</b>	10:35AM – 12:08PM	Vanija Until 4:09AM Sat	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga			<b>Trayodashi Until 6:04AM</b>	Moon – Green		<b>Devaloka Day</b>		
					<b>Vaisaka-Vaikasi</b>				

		<b>Saturday, May 18, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau		Colombo, Sri Lanka Sun 27 Sutra 34	
Tula Rasi: 21.41	Tithi 15	<b>Gulika</b>	5:55AM – 7:29AM	<b>Vishakha Until 2:18AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:55AM	Vikarin 5121		
		Yama	1:42PM – 3:15PM	Varyan Until 3:07PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 5		
		276583469 <b>Rahu</b>	9:02AM – 10:35AM	Visti Until 3:22PM	<b>Nataraja:</b> Clear		Purnima		
Creative Work	Siddha Yoga			<b>Purnima* Until 2:39AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>		
Until 2:18AM Sun					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

<b>5</b>		<b>Sunday, May 19, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau		Colombo, Sri Lanka Sun 28 Sutra 35	
<b>Silver Retreat Star</b>		<b>Gulika</b>	3:15PM – 4:48PM	<b>Anuradha Until 2:03AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:55AM	Vikarin 5121		
Vrischika Rasi: 5.25	Tithi 16	Yama	12:08PM – 1:42PM	Parigha* Until 1:02PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 5		
		277583469 <b>Rahu</b>	4:48PM – 6:21PM	Balava Until 2:06PM	<b>Nataraja:</b> Clear		Prathama		
Routine Work	Marana Yoga			<b>Prathama* Until 1:40AM Mon</b>	Moon – Orange		<b>Devaloka Day</b>		
Until 2:03AM Mon					<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Siddha Yoga									

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 18.5 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 2:17AM Tue  
Then Creative Work - Amrita Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

**Gulika** 1:42PM – 3:15PM  
**Yama** 10:35AM – 12:08PM  
**Rahu** 7:29AM – 9:02AM  
**Jyeshtha\* Until 2:17AM Tue**  
Shiva Until 11:26AM  
Taitila Until 1:26PM  
**Dvitiya Until 1:19AM Tue**

Colombo, Sri Lanka  
Sun 1 Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow *Sunrise: 5:55AM*  
Muruga: Yellow *Sunset: 6:22PM*  
Nataraja: Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 1.55 Tithi 18  
Creative Work Amrita Yoga

287583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 12:09PM – 1:42PM  
**Yama** 9:02AM – 10:35AM  
**Rahu** 3:15PM – 4:48PM  
**Mula\* Until 3:29AM Wed**  
Siddha Until 10:20AM  
Vanija Until 1:25PM  
**Tritiya Until 1:40AM Wed**

Colombo, Sri Lanka  
Sun 2 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Sivaloka Day**  
Ganesha: Blue *Sunrise: 5:55AM*  
Muruga: Yellow *Sunset: 6:22PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 14.38 Tithi 19  
Creative Work Amrita Yoga  
Until 5:13AM Thu  
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika** 10:35AM – 12:09PM  
**Yama** 7:29AM – 9:02AM  
**Rahu** 12:09PM – 1:42PM  
**Purvashadha\* Until 5:13AM Thu**  
Sadhya Until 9:48AM  
Bava Until 2:07PM  
**Chaturthi\* Until 2:42AM Thu**

Colombo, Sri Lanka  
Sun 3 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 5:55AM*  
Muruga: Yellow *Sunset: 6:22PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 27.04 Tithi 20  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 9:02AM – 10:35AM  
**Yama** 5:55AM – 7:29AM  
**Rahu** 1:42PM – 3:15PM  
**Uttarashadha Until 7:22AM Fri**  
Subha Until 9:49AM  
Kaulava Until 3:29PM  
**Panchami Until 4:21AM Fri**

Colombo, Sri Lanka  
Sun 4 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 5:55AM*  
Muruga: Yellow *Sunset: 6:22PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**4**

**Friday, May 24, 2019**

Makara Rasi: 9.13 Tithi 21  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 7:29AM – 9:02AM  
**Yama** 3:16PM – 4:49PM  
**Rahu** 10:35AM – 12:09PM  
**Uttarashadha Until 7:22AM**  
Sukla Until 10:15AM  
Gara Until 5:24PM  
**Shashthi\* Until 6:29AM Sat**

Colombo, Sri Lanka  
Sun 5 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 5:55AM*  
Muruga: Yellow *Sunset: 6:22PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**5**

**Saturday, May 25, 2019**

Makara Rasi: 21.12 Tithi 21 – 22  
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 5:55AM – 7:29AM  
**Yama** 1:42PM – 3:16PM  
**Rahu** 9:02AM – 10:35AM  
**Shravana Until 10:17AM**  
Brahma Until 11:01AM  
Visti Until 7:41PM  
**Shashthi\* Until 6:29AM**

Colombo, Sri Lanka  
Sun 6 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Bhuloka Day**  
Ganesha: Green *Sunrise: 5:55AM*  
Muruga: Yellow *Sunset: 6:23PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 3.05 Tithi 22 – 23  
Routine Work Marana Yoga  
Until 1:14PM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 3:16PM – 4:49PM  
**Yama** 12:09PM – 1:42PM  
**Rahu** 4:49PM – 6:23PM  
**Dhanishtha Until 1:14PM**  
Indra Until 11:59AM  
Balava Until 10:07PM  
**Saptami Until 8:52AM**

Colombo, Sri Lanka  
Sun 7 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami  
**Sivaloka Day**  
Ganesha: Blue *Sunrise: 5:55AM*  
Muruga: Yellow *Sunset: 6:23PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Monday, May 27, 2019**

**Retreat Star**

Kumbha Rasi: 14.56 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 4:02PM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosanthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:43PM – 3:16PM  
**Yama** 10:36AM – 12:09PM  
**Rahu** 7:29AM – 9:02AM  
**Shatabhishak Until 4:02PM**  
Vaidhriti\* Until 12:55PM  
Taitila Until 12:27AM Tue  
**Ashtami\* Until 11:17AM**

Colombo, Sri Lanka  
Sun 8 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami  
**Sivaloka Day**  
Ganesha: Blue *Sunrise: 5:55AM*  
Muruga: Yellow *Sunset: 6:23PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

<b>1</b>		<b>Tuesday, May 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Colombo, Sri Lanka Sun 9      Sutra 44	
Kumbha Rasi: 26.51	Tithi 24 – 25	<b>Gulika</b> 12:09PM – 1:43PM	<b>Purvaproshtapada* Until 6:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
		Yama 9:02AM – 10:36AM	Vishkambha* Until 1:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 3:16PM – 4:50PM	Vanija Until 2:30AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Navami* Until 1:30PM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 6:56PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Colombo, Sri Lanka Sun 10      Sutra 45	
Meena Rasi: 8.54	Tithi 25 – 26	<b>Gulika</b> 10:36AM – 12:09PM	<b>Uttaraproshtapada Until 9:15PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
		Yama 7:29AM – 9:02AM	Priti Until 2:13PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 12:09PM – 1:43PM	Bava Until 4:04AM Thu	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 3:20PM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 9:15PM				<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Colombo, Sri Lanka Sun 11      Sutra 46	
Meena Rasi: 21.09	Tithi 26 – 27	<b>Gulika</b> 9:02AM – 10:36AM	<b>Revati Until 10:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
		Yama 5:55AM – 7:29AM	Ayushman Until 2:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 1:43PM – 3:16PM	Kaulava Until 5:03AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 4:37PM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 10:52PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Colombo, Sri Lanka Sun 12      Sutra 47	
Mesha Rasi: 3.39	Tithi 27 – 28	<b>Gulika</b> 7:29AM – 9:02AM	<b>Ashvini Until 12:12AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
		Yama 3:17PM – 4:50PM	Saubhagya Until 1:53PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b> 10:36AM – 12:10PM	Gara Until 5:24AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 5:17PM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 12:12AM Sat				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, June 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti*/Karana Trayodashi/Chaturdashyam Titau		Colombo, Sri Lanka Sun 13      Sutra 48	
Mesha Rasi: 16.26	Tithi 28 – 29	<b>Gulika</b> 5:55AM – 7:29AM	<b>Bharani Until 12:44AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
		Yama 1:43PM – 3:17PM	Sobhana Until 1:00PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 9:03AM – 10:36AM	Visti Until 5:07AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 5:19PM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
Until 12:32AM Mon				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Sunday, June 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Colombo, Sri Lanka Sun 14      Sutra 49	
Mesha Rasi: 29.34	Tithi 29 – 30	<b>Gulika</b> 3:17PM – 4:51PM	<b>Krittika Until 12:32AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
		Yama 12:10PM – 1:43PM	Athiganda* Until 11:35AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 4:51PM – 6:24PM	Catuspada Until 4:14AM Mon	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 4:44PM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
Until 12:32AM Mon				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Colombo, Sri Lanka Sun 15      Sutra 50	
Vrishabha Rasi: 12.59	Tithi 30 – 1	<b>Gulika</b> 1:44PM – 3:17PM	<b>Rohini Until 12:07AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:36AM – 12:10PM	Sukarma Until 9:44AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 7	
Creative Work	Amrita Yoga	339683469 <b>Rahu</b> 7:29AM – 9:03AM	Kintughna Until 2:52AM Tue	<b>Nataraja:</b> Clear		Amavasya	
Until 12:07AM Tue			<b>Amavasya* Until 3:35PM</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Tuesday, June 4, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Colombo, Sri Lanka Sun 16      Sutra 51	
Vrishabha Rasi: 26.42	Tithi 1 – 2	<b>Gulika</b> 12:10PM – 1:44PM	<b>Mrigashira Until 11:09PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
		Yama 9:03AM – 10:37AM	Dhriti Until 7:31AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:25PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b> 3:17PM – 4:51PM	Balava Until 1:05AM Wed	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 2:00PM</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>	
Until 11:09PM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

<b>1</b>	<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Colombo, Sri Lanka Sun 17    Sutra 52
	Mithuna Rasi: 10.4	Tithi 2 – 3	<b>Gulika</b> 10:37AM – 12:10PM	<b>Ardra Until 9:44PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:56AM		Vikarin 5121
			Yama 7:29AM – 9:03AM	Ganda* Until 2:12AM Thu	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:25PM		Moon 5 - Phase 8
	Creative Work    Siddha Yoga	339683461	<b>Rahu</b> 12:10PM – 1:44PM	Taitila Until 11:01PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 12:04PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Colombo, Sri Lanka Sun 18    Sutra 53
	Mithuna Rasi: 24.47	Tithi 3 – 4	<b>Gulika</b> 9:03AM – 10:37AM	<b>Punarvasu Until 8:25PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:56AM		Vikarin 5121
			Yama 5:56AM – 7:30AM	Vriddhi Until 11:18PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:25PM		Moon 5 - Phase 8
	Creative Work    Amrita Yoga	349683461	<b>Rahu</b> 1:44PM – 3:18PM	Vanija Until 8:45PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Tritiya Until 9:53AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Colombo, Sri Lanka Sun 19    Sutra 54
	Kataka Rasi: 9.01	Tithi 4 – 5	<b>Gulika</b> 7:30AM – 9:03AM	<b>Pushya Until 6:51PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:56AM		Vikarin 5121
			Yama 3:18PM – 4:52PM	Dhruva Until 8:19PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:25PM		Moon 5 - Phase 8
	Routine Work    Marana Yoga	349683461	<b>Rahu</b> 10:37AM – 12:11PM	Bava Until 6:24PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Chaturthi* Until 7:34AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Colombo, Sri Lanka Sun 20    Sutra 55
	Kataka Rasi: 23.17	Tithi 6	<b>Gulika</b> 5:56AM – 7:30AM	<b>Ashlesha* Until 5:08PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:56AM		Vikarin 5121
			Yama 1:45PM – 3:18PM	Vyaghata* Until 5:20PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM		Moon 5 - Phase 8
	Routine Work    Marana Yoga	349683461	<b>Rahu</b> 9:03AM – 10:37AM	Kaulava Until 4:02PM	<b>Nataraja:</b> Yellow		3rd Phase
Until 5:08PM			<b>Shashthi* Until 2:50AM Sun</b>	Moon – Blue		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Colombo, Sri Lanka Sun 21    Sutra 56
	Simha Rasi: 7.33	Tithi 7	<b>Gulika</b> 3:18PM – 4:52PM	<b>Magha* Until 3:44PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM		Vikarin 5121
			Yama 12:11PM – 1:45PM	Harshana Until 2:23PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM		Moon 5 - Phase 8
	Routine Work    Marana Yoga	351683461	<b>Rahu</b> 4:52PM – 6:26PM	Gara Until 1:42PM	<b>Nataraja:</b> Yellow		3rd Phase
Until 3:44PM			<b>Saptami Until 12:33AM Mon</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>			

<b>Monday, June 10, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Colombo, Sri Lanka Sun 22    Sutra 57
	Simha Rasi: 21.46	Tithi 8	<b>Gulika</b> 1:45PM – 3:19PM	<b>Purvaphalguni Until 2:18PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM		Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:38AM – 12:11PM	Vajra* Until 11:30AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM		Moon 5 - Phase 8
	Creative Work    Siddha Yoga	351683461	<b>Rahu</b> 7:30AM – 9:04AM	Visti Until 11:28AM	<b>Nataraja:</b> Yellow		Ashtami
			<b>Ashtami* Until 10:22PM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>Tuesday, June 11, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Kaulava Karana Navamyam Titau				Colombo, Sri Lanka Sun 23    Sutra 58
	Kanya Rasi: 5.53	Tithi 9	<b>Gulika</b> 12:11PM – 1:45PM	<b>Uttaraphalguni Until 12:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:57AM		Vikarin 5121
			Yama 9:04AM – 10:38AM	Siddhi Until 8:44AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM		Moon 5 - Phase 8
	Creative Work    Amrita Yoga	351683461	<b>Rahu</b> 3:19PM – 4:53PM	Balava Until 9:21AM	<b>Nataraja:</b> Yellow		Navami
Until 12:51PM			<b>Navami* Until 8:19PM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>			

1	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Colombo, Sri Lanka Sun 24 Sutra 59
	Kanya Rasi: 19.55	Tithi 10	<b>Gulika</b> 10:38AM – 12:12PM	<b>Hasta</b> <b>Until 11:51AM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:57AM</i>		Vikarin 5121
			Yama 7:30AM – 9:04AM	Vyatipata* <b>Until 6:06AM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:27PM</i>		Moon 5 - Phase 9
		361683461	<b>Rahu</b> 12:12PM – 1:45PM	Taitila <b>Until 7:23AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Routine Work Marana Yoga			<b>Dashami</b> <b>Until 6:28PM</b>	Moon – Green	<b>Bhuloka Day</b>		
Until 11:51AM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Colombo, Sri Lanka Sun 25 Sutra 60
	Tula Rasi: 3.49	Tithi 11 – 12	<b>Gulika</b> 9:04AM – 10:38AM	<b>Chitra</b> <b>Until 10:55AM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:57AM</i>		Vikarin 5121
			Yama 5:57AM – 7:31AM	Parigha* <b>Until 1:21AM</b> Fri	<b>Muruqa:</b> Yellow <i>Sunset: 6:27PM</i>		Moon 5 - Phase 9
		361683461	<b>Rahu</b> 1:46PM – 3:19PM	Bava <b>Until 4:09AM</b> Fri	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> <b>Until 4:50PM</b>	Moon – Green	<b>Bhuloka Day</b>		
Until 10:55AM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

3	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Colombo, Sri Lanka Sun 26 Sutra 61
	Tula Rasi: 17.34	Tithi 12 – 13	<b>Gulika</b> 7:31AM – 9:05AM	<b>Svati</b> <b>Until 10:07AM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:57AM</i>		Vikarin 5121
			Yama 3:20PM – 4:53PM	Shiva <b>Until 11:22PM</b>	<b>Muruqa:</b> Blue <i>Sunset: 6:27PM</i>		Moon 5 - Phase 9
		361693461	<b>Rahu</b> 10:38AM – 12:12PM	Kaulava <b>Until 2:59AM</b> Sat	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Dvodashi</b> <b>Until 3:30PM</b>	Moon – Green	<b>Devaloka Day</b>		
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
			<i>Pradosha Vrata</i>				

4	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Colombo, Sri Lanka Sun 27 Sutra 62
	Vrischika Rasi: 1.07	Tithi 13 – 14	<b>Gulika</b> 5:57AM – 7:31AM	<b>Vishakha</b> <b>Until 9:57AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i>		Vikarin 5121
			Yama 1:46PM – 3:20PM	Siddha <b>Until 9:39PM</b>	<b>Muruqa:</b> Blue <i>Sunset: 6:27PM</i>		Moon 5 - Phase 9
		371693461	<b>Rahu</b> 9:05AM – 10:39AM	Gara <b>Until 2:13AM</b> Sun	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> <b>Until 2:31PM</b>	Moon – Orange	<b>Sivaloka Day</b>		
				<b>Jyeshtha-Ani</b>			

○	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Colombo, Sri Lanka Sutra 63
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:20PM – 4:54PM	<b>Anuradha</b> <b>Until 10:03AM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:57AM</i>		Vikarin 5121
	Vrischika Rasi: 14.26	Tithi 14 – 15	Yama 12:13PM – 1:46PM	Sadhya <b>Until 8:19PM</b>	<b>Muruqa:</b> Blue <i>Sunset: 6:28PM</i>		Moon 5 - Phase 9
		371793461	<b>Rahu</b> 4:54PM – 6:28PM	Visti <b>Until 1:55AM</b> Mon	<b>Nataraja:</b> Yellow		Purnima
Routine Work Marana Yoga			<b>Chaturdashi*</b> <b>Until 1:59PM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>		
		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			

○	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Colombo, Sri Lanka Sutra 64
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:47PM – 3:20PM	<b>Jyeshtha*</b> <b>Until 10:29AM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:58AM</i>		Vikarin 5121
	Vrischika Rasi: 27.29	Tithi 15 – 16	Yama 10:39AM – 12:13PM	Subha <b>Until 7:25PM</b>	<b>Muruqa:</b> Blue <i>Sunset: 6:28PM</i>		Moon 5 - Phase 9
	<b>Family Home Evening</b>	371793461	<b>Rahu</b> 7:31AM – 9:05AM	Balava <b>Until 2:09AM</b> Tue	<b>Nataraja:</b> Yellow		Prathama
Creative Work Siddha Yoga			<b>Purnima*</b> <b>Until 1:57PM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>		
				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang





**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Colombo, Sri Lanka  
Sutra 65

Dhanus Rasi: 10.17 Tithi 16 – 17

381793461

**Gulika** 12:13PM – 1:47PM  
**Yama** 9:05AM – 10:39AM  
**Rahu** 3:21PM – 4:54PM

**Mula\* Until 11:46AM**  
Sukla Until 6:56PM  
Taitila Until 2:58AM Wed  
**Prathama\* Until 2:28PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:58AM  
**Sunset:** 6:28PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 11:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Colombo, Sri Lanka  
Sun 1 Sutra 66

Dhanus Rasi: 22.49 Tithi 17 – 18

381793461

**Gulika** 10:39AM – 12:13PM  
**Yama** 7:32AM – 9:06AM  
**Rahu** 12:13PM – 1:47PM

**Purvashadha\* Until 1:27PM**  
Brahma Until 6:54PM  
Vanija Until 4:19AM Thu  
**Dvitiya Until 3:33PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:58AM  
**Sunset:** 6:28PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

**Sivaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Colombo, Sri Lanka  
Sun 2 Sutra 67

Makara Rasi: 5.06 Tithi 18 – 19

382793461

**Gulika** 9:06AM – 10:40AM  
**Yama** 5:58AM – 7:32AM  
**Rahu** 1:47PM – 3:21PM

**Uttarashadha Until 3:29PM**  
Indra Until 7:17PM  
Bava Until 6:10AM Fri  
**Tritiya Until 5:10PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:58AM  
**Sunset:** 6:29PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 3:29PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthyam Titau

Colombo, Sri Lanka  
Sun 3 Sutra 68

Makara Rasi: 17.12 Tithi 19

392793461

**Gulika** 7:32AM – 9:06AM  
**Yama** 3:21PM – 4:55PM  
**Rahu** 10:40AM – 12:14PM

**Shravana Until 6:16PM**  
Vaidhriti\* Until 7:57PM  
Bava Until 6:10AM  
**Chaturthi\* Until 7:12PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:58AM  
**Sunset:** 6:29PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 6:16PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Colombo, Sri Lanka  
Sun 4 Sutra 69

Makara Rasi: 29.09 Tithi 20

392793461

**Gulika** 5:59AM – 7:32AM  
**Yama** 1:48PM – 3:21PM  
**Rahu** 9:06AM – 10:40AM

**Dhanishtha Until 9:09PM**  
Vishkambha\* Until 8:51PM  
Kaulava Until 8:21AM  
**Panchami Until 9:30PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:59AM  
**Sunset:** 6:29PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 9:09PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Colombo, Sri Lanka  
Sun 5 Sutra 70

Kumbha Rasi: 11.02 Tithi 21

392793461

**Gulika** 3:22PM – 4:55PM  
**Yama** 12:14PM – 1:48PM  
**Rahu** 4:55PM – 6:29PM

**Shatabhishak Until 11:57PM**  
Priti Until 9:50PM  
Gara Until 10:43AM  
**Shashthi\* Until 11:54PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:59AM  
**Sunset:** 6:29PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Colombo, Sri Lanka  
Sun 6 Sutra 71

Kumbha Rasi: 22.54 Tithi 22

312793461

**Gulika** 1:48PM – 3:22PM  
**Yama** 10:40AM – 12:14PM  
**Rahu** 7:33AM – 9:07AM

**Purvaproshtapada\* Until 2:59AM Tue**  
Ayushman Until 10:42PM  
Visti Until 1:05PM  
**Saptami Until 2:11AM Tue**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:59AM  
**Sunset:** 6:29PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Family Home Evening**  
Routine Work Marana Yoga  
Until 2:59AM Tue  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**D**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Colombo, Sri Lanka  
Sun 7 Sutra 72

Meena Rasi: 4.5 Tithi 23

312793461

**Gulika** 12:14PM – 1:48PM  
**Yama** 9:07AM – 10:41AM  
**Rahu** 3:22PM – 4:56PM

**Uttaraproshtapada Until 5:33AM Wed**  
Saubhagya Until 11:23PM  
Balava Until 3:15PM  
**Ashtami\* Until 4:10AM Wed**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:59AM  
**Sunset:** 6:30PM

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga  
Until 5:33AM Wed  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Colombo, Sri Lanka  
Sun 8 Sutra 73

Meena Rasi: 16.53 Tithi 24

312793461

**Gulika** 10:41AM – 12:15PM  
**Yama** 7:33AM – 9:07AM  
**Rahu** 12:15PM – 1:48PM

**Revati Until 7:29AM Thu**  
Sobhana Until 11:44PM  
Taitila Until 5:01PM  
**Navami\* Until 5:40AM Thu**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 6:00AM  
**Sunset:** 6:30PM

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga  
Until 7:29AM Thu  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija Karana Dashamyam Titau			Colombo, Sri Lanka Sun 9	Sutra 74 Vikarin 5121
Meena Rasi: 29.08	Tithi 25	<b>Gulika</b>	<b>9:07AM – 10:41AM</b>	<b>Revati Until 7:29AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:00AM</i>		
		Yama	6:00AM – 7:34AM	Athiganda* Until 11:36PM	<b>Muruqa: Blue</b>	<i>Sunset: 6:30PM</i>	Moon 6 - Phase 11	
		312793461 <b>Rahu</b>	<b>1:49PM – 3:22PM</b>	Vanija Until 6:13PM	<b>Nataraja: Yellow</b>		2nd Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 6:34AM Fri</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 7:29AM					<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Colombo, Sri Lanka Sun 10	Sutra 75 Vikarin 5121
Mesha Rasi: 11.4	Tithi 25 – 26	<b>Gulika</b>	<b>7:34AM – 9:08AM</b>	<b>Ashvini Until 9:08AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:00AM</i>		
		Yama	3:23PM – 4:56PM	Sukarma Until 10:57PM	<b>Muruqa: Blue</b>	<i>Sunset: 6:30PM</i>	Moon 6 - Phase 11	
		322793461 <b>Rahu</b>	<b>10:41AM – 12:15PM</b>	Bava Until 6:46PM	<b>Nataraja: Yellow</b>		2nd Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 6:34AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 9:08AM					<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Colombo, Sri Lanka Sun 11	Sutra 76 Vikarin 5121
Mesha Rasi: 24.31	Tithi 26 – 27	<b>Gulika</b>	<b>6:00AM – 7:34AM</b>	<b>Bharani Until 9:56AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:00AM</i>		
		Yama	1:49PM – 3:23PM	Dhriti Until 9:44PM	<b>Muruqa: Blue</b>	<i>Sunset: 6:30PM</i>	Moon 6 - Phase 11	
		322793461 <b>Rahu</b>	<b>9:08AM – 10:42AM</b>	Kaulava Until 6:36PM	<b>Nataraja: Yellow</b>		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:45AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 9:56AM					<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taila/Vanija Karana Dvadashi/Trayodashyam Titau			Colombo, Sri Lanka Sun 12	Sutra 77 Vikarin 5121
Vrishabha Rasi: 7.44	Tithi 27 – 28	<b>Gulika</b>	<b>3:23PM – 4:57PM</b>	<b>Krittika Until 9:52AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:00AM</i>		
		Yama	12:15PM – 1:49PM	Shula* Until 7:55PM	<b>Muruqa: Blue</b>	<i>Sunset: 6:30PM</i>	Moon 6 - Phase 11	
		322793461 <b>Rahu</b>	<b>4:57PM – 6:30PM</b>	Vanija Until 4:59AM Mon	<b>Nataraja: Yellow</b>		2nd Phase	
Creative Work	Siddha Yoga			<b>Dvadashi* Until 6:13AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
					<b>Jyeshtha-Ani</b>			

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Colombo, Sri Lanka Sun 13	Sutra 78 Vikarin 5121
Vrishabha Rasi: 21.2	Tithi 29	<b>Gulika</b>	<b>1:49PM – 3:23PM</b>	<b>Rohini Until 9:26AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:01AM</i>		
<b>Family Home Evening</b>		Yama	10:42AM – 12:16PM	Ganda* Until 5:36PM	<b>Muruqa: Blue</b>	<i>Sunset: 6:31PM</i>	Moon 6 - Phase 11	
		332793461 <b>Rahu</b>	<b>7:34AM – 9:08AM</b>	Visti Until 4:09PM	<b>Nataraja: Yellow</b>		2nd Phase	
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 3:09AM Tue</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
					<b>Jyeshtha-Ani</b>			

<b>●</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Colombo, Sri Lanka Sun 14	Sutra 79 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b>	<b>12:16PM – 1:50PM</b>	<b>Mrigashira Until 8:16AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:01AM</i>		
Mithuna Rasi: 5.19	Tithi 30	Yama	9:08AM – 10:42AM	Vridhi Until 2:50PM	<b>Muruqa: Blue</b>	<i>Sunset: 6:31PM</i>	Moon 6 - Phase 11	
		332793461 <b>Rahu</b>	<b>3:23PM – 4:57PM</b>	Catuspada Until 2:03PM	<b>Nataraja: Yellow</b>		Amavasya	
Creative Work	Siddha Yoga			<b>Amavasya* Until 12:48AM Wed</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
Until 8:16AM					<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Colombo, Sri Lanka Sun 15	Sutra 80 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b>	<b>10:42AM – 12:16PM</b>	<b>Ardra Until 6:29AM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 6:01AM</i>		
Mithuna Rasi: 19.37	Tithi 1	Yama	7:35AM – 9:09AM	Dhruva Until 11:42AM	<b>Muruqa: Blue</b>	<i>Sunset: 6:31PM</i>	Moon 6 - Phase 11	
		333793461 <b>Rahu</b>	<b>12:16PM – 1:50PM</b>	Kintughna Until 11:30AM	<b>Nataraja: Yellow</b>		Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 10:06PM</b>	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>	
					<b>Ashada-Ani</b>			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau			Colombo, Sri Lanka Sun 16 Sutra 81
Kataka Rasi: 4.09	Tithi 2	<b>Gulika</b> 9:09AM – 10:43AM	<b>Pushya</b> Until 2:28AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:01AM	Vikarin 5121	
		Yama 6:01AM – 7:35AM	Vyaghata* Until 8:19AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 1:50PM – 3:24PM	Balava Until 8:40AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 7:09PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 2:28AM Fri				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Colombo, Sri Lanka Sun 17 Sutra 82
Kataka Rasi: 18.49	Tithi 3 – 4	<b>Gulika</b> 7:35AM – 9:09AM	<b>Ashlesha*</b> Until 12:07AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 3:24PM – 4:57PM	Vajra* Until 1:15AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:43AM – 12:16PM	Vanija Until 2:38AM Sat	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> Until 4:07PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 12:07AM Sat				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Colombo, Sri Lanka Sun 18 Sutra 83
Simha Rasi: 3.3	Tithi 4 – 5	<b>Gulika</b> 6:02AM – 7:36AM	<b>Magha*</b> Until 10:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 1:50PM – 3:24PM	Siddhi Until 9:47PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		353793461 <b>Rahu</b> 9:09AM – 10:43AM	Bava Until 11:41PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 1:07PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 10:07PM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Colombo, Sri Lanka Sun 19 Sutra 84
Simha Rasi: 18.06	Tithi 5 – 6	<b>Gulika</b> 3:24PM – 4:58PM	<b>Purvaphalguni</b> Until 8:10PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 12:17PM – 1:50PM	Vyatipata* Until 6:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 4:58PM – 6:31PM	Kaulava Until 8:57PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 10:16AM	Moon – Red		<b>Sivaloka Day</b>	
Until 8:10PM				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Varyian/Parigha* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau			Colombo, Sri Lanka Sun 20 Sutra 85
Kanya Rasi: 2.32	Tithi 6 – 7	<b>Gulika</b> 1:51PM – 3:24PM	<b>Uttaraphalguni</b> Until 6:22PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:43AM – 12:17PM	Variyan Until 3:23PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 7:36AM – 9:10AM	Gara Until 6:30PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 7:40AM	Moon – Red		<b>Sivaloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>			

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Colombo, Sri Lanka Sun 21 Sutra 86
Kanya Rasi: 16.46	Tithi 8	<b>Gulika</b> 12:17PM – 1:51PM	<b>Hasta</b> Until 5:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 9:10AM – 10:43AM	Parigha* Until 12:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 3:24PM – 4:58PM	Visti Until 4:24PM	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 3:30AM Wed	Moon – Green		<b>Subha Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Colombo, Sri Lanka Sun 22 Sutra 87
Tula Rasi: 0.43	Tithi 9	<b>Gulika</b> 10:44AM – 12:17PM	<b>Chitra</b> Until 4:20PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 7:36AM – 9:10AM	Shiva Until 10:09AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 12:17PM – 1:51PM	Balava Until 2:44PM	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:02AM Thu	Moon – Green		<b>Subha Sivaloka Day</b>	
				<b>Ashada*Ani</b>			


<b>1</b>		<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau			Colombo, Sri Lanka Sun 23 Sutra 88
Tula Rasi: 14.25	Tithi 10	<b>Gulika</b> 9:10AM – 10:44AM	<b>Svati</b> Until 3:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 6:03AM – 7:37AM	Siddha Until 8:02AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 13	
		463893461 <b>Rahu</b> 1:51PM – 3:25PM	Taitila Until 1:30PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 1:02AM Fri	Moon – Green		<b>Sivaloka Day</b>	
Until 3:45PM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau			Colombo, Sri Lanka Sun 24 Sutra 89
Tula Rasi: 27.51	Tithi 11	<b>Gulika</b> 7:37AM – 9:10AM	<b>Vishakha</b> Until 3:55PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 3:25PM – 4:58PM	Sadhya Until 6:18AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 13	
		473893461 <b>Rahu</b> 10:44AM – 12:17PM	Vanija Until 12:43PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 12:30AM Sat	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>		<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau			Colombo, Sri Lanka Sun 25 Sutra 90
Vrischika Rasi: 11.01	Tithi 12	<b>Gulika</b> 6:03AM – 7:37AM	<b>Anuradha</b> Until 4:24PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 1:51PM – 3:25PM	Sukla Until 3:59AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 13	
		473893461 <b>Rahu</b> 9:10AM – 10:44AM	Bava Until 12:26PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 12:26AM Sun	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>4</b>		<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Colombo, Sri Lanka Sun 26 Sutra 91
Vrischika Rasi: 23.57	Tithi 13	<b>Gulika</b> 3:25PM – 4:58PM	<b>Jyeshtha*</b> Until 5:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	Vikarin 5121	
		Yama 12:18PM – 1:51PM	Brahma Until 3:23AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 13	
		473893461 <b>Rahu</b> 4:58PM – 6:32PM	Kaulava Until 12:37PM	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 12:52AM Mon	Moon – Orange		<b>Devaloka Day</b>	
Until 5:13PM				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Colombo, Sri Lanka Sun 27 Sutra 92
Dhanus Rasi: 6.38	Tithi 14	<b>Gulika</b> 1:51PM – 3:25PM	<b>Mula*</b> Until 6:48PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:44AM – 12:18PM	Indra Until 3:11AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 13	
		483893461 <b>Rahu</b> 7:37AM – 9:11AM	Gara Until 1:17PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:46AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:48PM				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga							

		<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Colombo, Sri Lanka Sun 28 Sutra 93
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:18PM – 1:51PM	<b>Purvashadha*</b> Until 8:40PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	Vikarin 5121	
Dhanus Rasi: 19.07	Tithi 15	Yama 9:11AM – 10:44AM	Vaidhriti* Until 3:18AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 13	
		483893461 <b>Rahu</b> 3:25PM – 4:58PM	Visti Until 2:24PM	<b>Nataraja:</b> Yellow		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 3:07AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 8:40PM				<b>Ashada*Ani</b>			
Then Routine Work - Prabalarishta Yoga		<b>Partial Lunar Eclipse</b> <b>Satguru Purnima</b>					

<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Colombo, Sri Lanka Sun 29 Sutra 94	
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:45AM – 12:18PM	<b>Uttarashadha</b> Until 10:48PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:04AM	Vikarin 5121
Makara Rasi: 1.25	Tithi 16	Yama 7:38AM – 9:11AM	Vishkambha* Until 3:44AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 13
		484893462 <b>Rahu</b> 12:18PM – 1:51PM	Balava Until 3:58PM	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 4:53AM Thu	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 10:48PM				<b>Ashada*Ani</b>		
Then Creative Work - Siddha Yoga						



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Colombo, Sri Lanka  
Sutra 95

Makara Rasi: 13.32 Tithi 17

494893462 **Rahu** 1:52PM – 3:25PM

**Gulika** 9:11AM – 10:45AM  
Yama 6:04AM – 7:38AM

**Shravana Until 1:35AM Fri**  
Priti Until 4:27AM Fri  
Taitila Until 5:54PM  
**Dvitiya Until 6:58AM Fri**

**Ganesha:** Clear *Sunrise: 6:04AM*  
**Muruqa:** Blue *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Purple

Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**Ashada-Adi**

Creative Work Siddha Yoga

**1**

**Friday, July 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Colombo, Sri Lanka  
Sun 1 Sutra 96

Makara Rasi: 25.31 Tithi 17 – 18

494893462 **Rahu** 10:45AM – 12:18PM

**Gulika** 7:38AM – 9:11AM  
Yama 3:25PM – 4:58PM

**Dhanishtha Until 4:27AM Sat**  
Ayushman Until 5:19AM Sat  
Vanija Until 8:07PM  
**Dvitiya Until 6:58AM**

**Ganesha:** Clear *Sunrise: 6:04AM*  
**Muruqa:** Blue *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Purple

Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**Ashada-Adi**

Creative Work Siddha Yoga

Until 4:27AM Sat  
Then Creative Work - Amrita Yoga

**2**

**Saturday, July 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Colombo, Sri Lanka  
Sun 2 Sutra 97

Kumbha Rasi: 7.25 Tithi 18 – 19

494893462 **Rahu** 9:11AM – 10:45AM

**Gulika** 6:05AM – 7:38AM  
Yama 1:52PM – 3:25PM

**Shatabhishak Until 7:15AM Sun**  
Saubhagya Until 6:18AM Sun  
Bava Until 10:30PM  
**Tritiya Until 9:17AM**

**Ganesha:** Clear *Sunrise: 6:05AM*  
**Muruqa:** Blue *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Purple

Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**Ashada-Adi**

Creative Work Amrita Yoga

Until 7:15AM Sun  
Then Creative Work - Siddha Yoga

**3**

**Sunday, July 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Colombo, Sri Lanka  
Sun 3 Sutra 98

Kumbha Rasi: 19.17 Tithi 19 – 20

494893462 **Rahu** 4:58PM – 6:32PM

**Gulika** 3:25PM – 4:58PM  
Yama 12:18PM – 1:52PM

**Shatabhishak Until 7:15AM**  
Saubhagya Until 6:18AM  
Kaulava Until 12:55AM Mon  
**Chaturthi\* Until 11:42AM**

**Ganesha:** Clear *Sunrise: 6:05AM*  
**Muruqa:** Blue *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Purple

Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**Ashada-Adi**

Creative Work Siddha Yoga

**4**

**Monday, July 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Colombo, Sri Lanka  
Sun 4 Sutra 99

Meena Rasi: 1.09 Tithi 20 – 21

414893462 **Rahu** 7:38AM – 9:12AM

**Gulika** 1:52PM – 3:25PM  
Yama 10:45AM – 12:18PM

**Purvaproshtapada\* Until 10:23AM**  
Sobhana Until 7:16AM  
Gara Until 3:12AM Tue  
**Panchami Until 2:04PM**

**Ganesha:** Clear *Sunrise: 6:05AM*  
**Muruqa:** Blue *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Clear

Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**Ashada-Adi**

Routine Work Marana Yoga

Until 10:23AM  
Then Creative Work - Siddha Yoga

**5**

**Tuesday, July 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Colombo, Sri Lanka  
Sun 5 Sutra 100

Meena Rasi: 13.04 Tithi 21 – 22

414893462 **Rahu** 3:25PM – 4:58PM

**Gulika** 12:18PM – 1:52PM  
Yama 9:12AM – 10:45AM

**Uttaraproshtapada Until 1:10PM**  
Athiganda\* Until 8:05AM  
Visti Until 5:12AM Wed  
**Shashthi\* Until 4:14PM**

**Ganesha:** Clear *Sunrise: 6:05AM*  
**Muruqa:** Blue *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Clear

Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**Ashada-Adi**

Creative Work Amrita Yoga

Until 1:10PM  
Then Creative Work - Siddha Yoga

**6**

**Wednesday, July 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava Karana Saptamyam Titau

Colombo, Sri Lanka  
Sun 6 Sutra 101

Meena Rasi: 25.07 Tithi 22

414893462 **Rahu** 12:18PM – 1:52PM

**Gulika** 10:45AM – 12:18PM  
Yama 7:39AM – 9:12AM

**Revati Until 3:27PM**  
Sukarma Until 8:41AM  
Bava Until 6:02PM  
**Saptami Until 6:02PM**

**Ganesha:** Clear *Sunrise: 6:05AM*  
**Muruqa:** Blue *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Clear

Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**Ashada-Adi**

Routine Work Marana Yoga

**Retreat Star**

**Thursday, July 25, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Colombo, Sri Lanka  
Sun 7 Sutra 102

Mesha Rasi: 7.2 Tithi 23

424893462 **Rahu** 1:52PM – 3:25PM

**Gulika** 9:12AM – 10:45AM  
Yama 6:05AM – 7:39AM

**Ashvini Until 5:34PM**  
Dhriti Until 8:56AM  
Balava Until 6:46AM  
**Ashtami\* Until 7:18PM**

**Ganesha:** White *Sunrise: 6:05AM*  
**Muruqa:** Blue *Sunset: 6:31PM*  
**Nataraja:** White  
Moon – White

Moon 7 - Phase 14  
Ashtami

**Subha Subha Sivaloka Day**

**Ashada-Adi**

Creative Work Amrita Yoga

Until 5:34PM

Then Creative Work - Siddha Yoga

**Friday, July 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

Colombo, Sri Lanka  
Sun 8 Sutra 103

Mesha Rasi: 19.49 Tithi 24

424893462 **Rahu** 10:45AM – 12:18PM

**Gulika** 7:39AM – 9:12AM  
Yama 3:25PM – 4:58PM

**Bharani Until 6:53PM**  
Shula\* Until 8:40AM  
Taitila Until 7:43AM  
**Navami\* Until 7:55PM**

**Ganesha:** White *Sunrise: 6:06AM*  
**Muruqa:** Blue *Sunset: 6:31PM*  
**Nataraja:** White  
Moon – White

Moon 7 - Phase 14  
Navami

**Subha Subha Sivaloka Day**

**Ashada-Adi**


Creative Work Siddha Yoga

<b>1</b>	<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau				Colombo, Sri Lanka Sun 9 Sutra 104
	Wrishabha Rasi: 2.38	Tithi 25	<b>Gulika</b> 6:06AM – 7:39AM	<b>Krittika</b> Until 7:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	Vikarin 5121
			Yama 1:52PM – 3:25PM	Ganda* Until 7:52AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 15
	424893462	<b>Rahu</b> 9:12AM – 10:45AM		Vanija Until 7:57AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 7:46PM	Moon – White		<b>Subha Subha Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>2</b>	<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Colombo, Sri Lanka Sun 10 Sutra 105
	Wrishabha Rasi: 15.5	Tithi 26	<b>Gulika</b> 3:25PM – 4:58PM	<b>Rohini</b> Until 7:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM	Vikarin 5121
			Yama 12:18PM – 1:52PM	Vriddhi Until 6:27AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 15
	434893462	<b>Rahu</b> 4:58PM – 6:31PM		Bava Until 7:25AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:50PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>3</b>	<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Colombo, Sri Lanka Sun 11 Sutra 106
	Wrishabha Rasi: 29.28	Tithi 27 – 28	<b>Gulika</b> 1:52PM – 3:25PM	<b>Mrigashira</b> Until 6:21PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:45AM – 12:18PM	Vyaghata* Until 1:44AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 15
	434893462	<b>Rahu</b> 7:39AM – 9:12AM		Kaulava Until 6:06AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 5:09PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 6:21PM						<b>Ashada-Adi</b>	
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>	<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Colombo, Sri Lanka Sun 12 Sutra 107
	Mithuna Rasi: 13.32	Tithi 28 – 29	<b>Gulika</b> 12:18PM – 1:51PM	<b>Ardra</b> Until 4:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	Vikarin 5121
			Yama 9:12AM – 10:45AM	Harshana Until 10:37PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 15
	435893462	<b>Rahu</b> 3:25PM – 4:58PM		Visti Until 1:27AM Wed	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 2:49PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 4:37PM						<b>Ashada-Adi</b>	
Then Creative Work - Siddha Yoga							

	<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Colombo, Sri Lanka Sun 13 Sutra 108
	<b>Retreat Star</b>		<b>Gulika</b> 10:45AM – 12:18PM	<b>Punarvasu</b> Until 2:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:06AM	Vikarin 5121
	Mithuna Rasi: 28.01	Tithi 29 – 30	Yama 7:39AM – 9:12AM	Vajra* Until 7:03PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 15
	445893462	<b>Rahu</b> 12:18PM – 1:51PM		Catuspada Until 10:22PM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:57AM	Moon – Blue		<b>Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>Retreat Star</b>	<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Colombo, Sri Lanka Sun 14 Sutra 109
	Kataka Rasi: 12.49	Tithi 30 – 1	<b>Gulika</b> 9:12AM – 10:45AM	<b>Pushya</b> Until 12:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:06AM	Vikarin 5121
			Yama 6:06AM – 7:39AM	Siddhi Until 3:13PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 15
	445893462	<b>Rahu</b> 1:51PM – 3:24PM		Kintughna Until 6:58PM	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 8:41AM	Moon – Blue		<b>Sivaloka Day</b>	
Until 12:10PM						<b>Sravana-Adi</b>	
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Colombo, Sri Lanka Sun 15 Sutra 110 Vikarin 5121
Kataka Rasi: 27.49	Tithi 2	<b>Gulika</b> 7:39AM – 9:12AM	<b>Ashlesha* Until 9:20AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:06AM	
		Yama 3:24PM – 4:57PM	Vyatipata* Until 11:15AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 16
445893462	<b>Rahu</b> 10:45AM – 12:18PM		Balava Until 3:25PM	<b>Nataraja:</b> White		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 1:37AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau		Colombo, Sri Lanka Sun 16 Sutra 111 Vikarin 5121
Simha Rasi: 12.52	Tithi 3	<b>Gulika</b> 6:06AM – 7:39AM	<b>Magha* Until 6:43AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	
		Yama 1:51PM – 3:24PM	Variyan Until 7:13AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 16
455893462	<b>Rahu</b> 9:12AM – 10:45AM		Taitila Until 11:52AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 10:07PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 6:43AM				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthiyam Titau		Colombo, Sri Lanka Sun 17 Sutra 112 Vikarin 5121
Simha Rasi: 27.5	Tithi 4	<b>Gulika</b> 3:24PM – 4:57PM	<b>Uttaraphalguni Until 1:36AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM	
		Yama 12:18PM – 1:51PM	Shiva Until 11:38PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 16
455993462	<b>Rahu</b> 4:57PM – 6:30PM		Vanija Until 8:27AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 6:50PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
Until 1:36AM Mon				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Colombo, Sri Lanka Sun 18 Sutra 113 Vikarin 5121
Kanya Rasi: 12.35	Tithi 5 – 6	<b>Gulika</b> 1:51PM – 3:24PM	<b>Hasta Until 11:47PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	
<b>Family Home Evening</b>		Yama 10:45AM – 12:18PM	Siddha Until 8:15PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 16
465993462	<b>Rahu</b> 7:39AM – 9:12AM		Kaulava Until 2:40AM Tue	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:56PM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
Until 11:47PM		<b>Nag Panchami</b>		<b>Sravana*Adi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Colombo, Sri Lanka Sun 19 Sutra 114 Vikarin 5121
Kanya Rasi: 27.01	Tithi 6 – 7	<b>Gulika</b> 12:18PM – 1:51PM	<b>Chitra Until 10:22PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	
		Yama 9:12AM – 10:45AM	Sadhya Until 5:18PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 16
465993462	<b>Rahu</b> 3:24PM – 4:56PM		Gara Until 12:32AM Wed	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 1:30PM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Colombo, Sri Lanka Sun 20 Sutra 115 Vikarin 5121
Tula Rasi: 11.05	Tithi 7 – 8	<b>Gulika</b> 10:45AM – 12:18PM	<b>Svati Until 9:24PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	
		Yama 7:39AM – 9:12AM	Subha Until 2:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 16
465993462	<b>Rahu</b> 12:18PM – 1:51PM		Visti Until 11:00PM	<b>Nataraja:</b> White		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 11:40AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Colombo, Sri Lanka Sun 21 Sutra 116 Vikarin 5121
Tula Rasi: 24.45	Tithi 8 – 9	<b>Gulika</b> 9:12AM – 10:45AM	<b>Vishakha Until 9:24PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:06AM	
		Yama 6:06AM – 7:39AM	Sukla Until 12:55PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 16
476993462	<b>Rahu</b> 1:50PM – 3:23PM		Balava Until 10:09PM	<b>Nataraja:</b> White		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:29AM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Colombo, Sri Lanka Sun 22 Sutra 117 Vikarin 5121
Wrischika Rasi: 8.02	Tithi 9 – 10	<b>Gulika</b> 7:39AM – 9:12AM	<b>Anuradha</b> Until 9:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 3:23PM – 4:56PM	Brahma Until 11:32AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17
		476993462 <b>Rahu</b> 10:45AM – 12:17PM	Taitila Until 9:58PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:58AM	Moon – Orange		<b>Sivaloka Day</b>
Until 9:54PM				<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau		Colombo, Sri Lanka Sun 23 Sutra 118 Vikarin 5121
Wrischika Rasi: 20.59	Tithi 10 – 11	<b>Gulika</b> 6:06AM – 7:39AM	<b>Jyeshtha*</b> Until 10:52PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 1:50PM – 3:23PM	Indra Until 10:40AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17
		476993462 <b>Rahu</b> 9:12AM – 10:45AM	Vanija Until 10:25PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 10:06AM	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau		Colombo, Sri Lanka Sun 24 Sutra 119 Vikarin 5121
Dhanus Rasi: 3.38	Tithi 11 – 12	<b>Gulika</b> 3:23PM – 4:55PM	<b>Mula*</b> Until 12:42AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 12:17PM – 1:50PM	Vaidhriti* Until 10:15AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17
		486993462 <b>Rahu</b> 4:55PM – 6:28PM	Bava Until 11:26PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 10:50AM	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 12:42AM Mon				<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Pritii Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Colombo, Sri Lanka Sun 25 Sutra 120 Vikarin 5121
Dhanus Rasi: 16.02	Tithi 12 – 13	<b>Gulika</b> 1:50PM – 3:22PM	<b>Purvashadha*</b> Until 2:50AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:44AM – 12:17PM	Vishkambha* Until 10:16AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17
Routine Work	Marana Yoga	486993462 <b>Rahu</b> 7:39AM – 9:12AM	Kaulava Until 12:55AM Tue	<b>Nataraja:</b> White		4th Phase
Until 2:50AM Tue			<b>Dvadashi</b> Until 12:06PM	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Sravana*Adi</b>		
						<i>Pradosha Vrata</i>

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Pritii/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Colombo, Sri Lanka Sun 26 Sutra 121 Vikarin 5121
Dhanus Rasi: 28.16	Tithi 13 – 14	<b>Gulika</b> 12:17PM – 1:49PM	<b>Uttarashadha</b> Until 5:08AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 9:12AM – 10:44AM	Pritii Until 10:37AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 17
		486993462 <b>Rahu</b> 3:22PM – 4:55PM	Gara Until 2:46AM Wed	<b>Nataraja:</b> White		4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi</b> Until 1:47PM	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 5:08AM Wed				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau		Colombo, Sri Lanka Sun 27 Sutra 122 Vikarin 5121
Makara Rasi: 10.2	Tithi 14 – 15	<b>Gulika</b> 10:44AM – 12:17PM	<b>Shravana</b> Until 8:03AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 7:39AM – 9:12AM	Ayushman Until 11:12AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 17
		496993462 <b>Rahu</b> 12:17PM – 1:49PM	Vistii Until 4:55AM Thu	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:48PM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>○</b>		<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava Karana Purnimayam Titau		Colombo, Sri Lanka Sutra 123 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:11AM – 10:44AM	<b>Shravana</b> Until 8:03AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM	Vikarin 5121
Makara Rasi: 22.18	Tithi 15	Yama 6:06AM – 7:39AM	Saubhagya Until 11:59AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 17
		497993462 <b>Rahu</b> 1:49PM – 3:21PM	Bava Until 6:02PM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:02PM	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Raksha Bandhan</b>		<b>Sravana*Adi</b>		

<b>○</b>		<b>Friday, August 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Colombo, Sri Lanka Sutra 124 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:39AM – 9:11AM	<b>Dhanishtha</b> Until 10:57AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM	Vikarin 5121
Kumbha Rasi: 4.12	Tithi 16	Yama 3:21PM – 4:54PM	Sobhana Until 12:54PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 17
		497993462 <b>Rahu</b> 10:44AM – 12:16PM	Balava Until 7:14AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:25PM	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





Saturday, August 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Colombo, Sri Lanka

Sun 1 Sutra 125

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 16.04 Tithi 17

Gulika 6:06AM - 7:39AM  
Yama 1:48PM - 3:21PM  
Rahu 9:11AM - 10:44AM

Shatabhishak Until 1:46PM  
Athiganda\* Until 1:51PM  
Taitila Until 9:40AM  
Dvitiya Until 10:51PM

Ganesha: Yellow  
Muruga: Blue  
Nataraja: White  
Moon - Purple  
Sravana-Avani

Sunrise: 6:06AM  
Sunset: 6:26PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 1:46PM

Then Routine Work - Marana Yoga

1

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Triliyayam Titau

Colombo, Sri Lanka

Sun 2 Sutra 126

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 27.55 Tithi 18

Gulika 3:21PM - 4:53PM  
Yama 12:16PM - 1:48PM  
Rahu 4:53PM - 6:25PM

Purvaproshtapada\* Until 4:55PM  
Sukarma Until 2:48PM  
Vanija Until 12:05PM  
Tritiya Until 1:15AM Mon

Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon - Clear  
Sravana-Avani

Sunrise: 6:06AM  
Sunset: 6:25PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:55PM

Then Creative Work - Amrita Yoga

2

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

Colombo, Sri Lanka

Sun 3 Sutra 127

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 9.49 Tithi 19

Family Home Evening

517993462 Rahu 7:39AM - 9:11AM

Uttaraproshtapada Until 7:46PM  
Dhriti Until 3:42PM  
Bava Until 2:25PM  
Chaturthi\* Until 3:30AM Tue

Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon - Clear  
Sravana-Avani

Sunrise: 6:06AM  
Sunset: 6:25PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

3

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Colombo, Sri Lanka

Sun 4 Sutra 128

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 21.45 Tithi 20

Creative Work Siddha Yoga

Gulika 12:15PM - 1:48PM  
Yama 9:11AM - 10:43AM  
Rahu 3:20PM - 4:52PM

Revati Until 10:16PM  
Shula\* Until 4:24PM  
Kaulava Until 4:33PM  
Panchami Until 5:29AM Wed

Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon - Clear  
Sravana-Avani

Sunrise: 6:06AM  
Sunset: 6:25PM

Subha Subha Sivaloka Day

4

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara Karana Shashthyam Titau

Colombo, Sri Lanka

Sun 5 Sutra 129

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 3.49 Tithi 21

Routine Work Marana Yoga

Until 12:44AM Thu

Then Creative Work - Siddha Yoga

527993462 Rahu 12:15PM - 1:47PM

Ashvini Until 12:44AM Thu  
Ganda\* Until 4:52PM  
Gara Until 6:22PM  
Shashthi\* Until 7:05AM Thu

Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon - White  
Sravana-Avani

Sunrise: 6:06AM  
Sunset: 6:24PM

Subha Sivaloka Day

5

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Colombo, Sri Lanka

Sun 6 Sutra 130

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 16.01 Tithi 21 - 22

Creative Work Siddha Yoga

528993462 Rahu 1:47PM - 3:19PM

Bharani Until 2:34AM Fri  
Vridhhi Until 5:00PM  
Visti Until 7:43PM  
Shashthi\* Until 7:05AM

Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon - White  
Sravana-Avani

Sunrise: 6:06AM  
Sunset: 6:24PM

Sivaloka Day

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Colombo, Sri Lanka

Sun 7 Sutra 131

Vikarin 5121

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 28.27 Tithi 22 - 23

Creative Work Siddha Yoga

Until 3:37AM Sat

Then Creative Work - Amrita Yoga

528993462 Rahu 10:42AM - 12:15PM

Krishna Janmashtami

Krittika Until 3:37AM Sat  
Dhruva Until 4:39PM  
Balava Until 8:28PM  
Saptami Until 8:09AM

Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon - White  
Sravana-Avani

Sunrise: 6:06AM  
Sunset: 6:23PM

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Colombo, Sri Lanka

Sun 8 Sutra 132

Vikarin 5121

Moon 8 - Phase 18

Navami

Vrishabha Rasi: 11.11 Tithi 23 - 24

Creative Work Amrita Yoga

Until 4:15AM Sun

Then Creative Work - Siddha Yoga

538993462 Rahu 9:10AM - 10:42AM

Rohini Until 4:15AM Sun  
Vyaghata\* Until 3:46PM  
Taitila Until 8:30PM  
Ashtami\* Until 8:33AM

Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon - Yellow  
Sravana-Avani

Sunrise: 6:06AM  
Sunset: 6:23PM

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Colombo, Sri Lanka Sun 9 Sutra 133 Vikarin 5121
Wishabha Rasi: 24.17	Tithi 24 – 25	<b>Gulika</b> 3:18PM – 4:50PM	<b>Mrigashira</b> Until 3:57AM Mon	<b>Ganesha:</b> Clear <i>Sunrise: 6:06AM</i>	
		Yama 12:14PM – 1:46PM	Harshana Until 2:16PM	<b>Muruqa:</b> Blue <i>Sunset: 6:23PM</i>	Moon 8 - Phase 19
	538993462	<b>Rahu</b> 4:50PM – 6:23PM	Vanija Until 7:44PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 8:12AM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	


<b>2</b>		<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Colombo, Sri Lanka Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 7.49	Tithi 25 – 26	<b>Gulika</b> 1:46PM – 3:18PM	<b>Ardra</b> Until 2:45AM Tue	<b>Ganesha:</b> Clear <i>Sunrise: 6:06AM</i>	
<b>Family Home Evening</b>		Yama 10:42AM – 12:14PM	Vajra* Until 12:07PM	<b>Muruqa:</b> Blue <i>Sunset: 6:22PM</i>	Moon 8 - Phase 19
	538993462	<b>Rahu</b> 7:38AM – 9:10AM	Bava Until 6:12PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:03AM	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>3</b>		<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Colombo, Sri Lanka Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 21.5	Tithi 27	<b>Gulika</b> 12:14PM – 1:46PM	<b>Punarvasu</b> Until 1:09AM Wed	<b>Ganesha:</b> Purple <i>Sunrise: 6:06AM</i>	
		Yama 9:10AM – 10:42AM	Siddhi Until 9:22AM	<b>Muruqa:</b> Blue <i>Sunset: 6:22PM</i>	Moon 8 - Phase 19
	548993462	<b>Rahu</b> 3:18PM – 4:50PM	Kaulava Until 3:56PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:33AM Wed</b>	Moon – Blue	<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>4</b>		<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Colombo, Sri Lanka Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 6.17	Tithi 28	<b>Gulika</b> 10:41AM – 12:13PM	<b>Pushya</b> Until 10:50PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:05AM</i>	
		Yama 7:37AM – 9:09AM	Vyatipata* Until 6:06AM	<b>Muruqa:</b> Blue <i>Sunset: 6:21PM</i>	Moon 8 - Phase 19
	549993463	<b>Rahu</b> 12:13PM – 1:45PM	Gara Until 1:04PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:25PM</b>	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana-Avani</b>	

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Colombo, Sri Lanka Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 21.07	Tithi 29	<b>Gulika</b> 9:09AM – 10:41AM	<b>Ashlesha*</b> Until 7:59PM	<b>Ganesha:</b> Orange <i>Sunrise: 6:05AM</i>	
		Yama 6:05AM – 7:37AM	Parigha* Until 10:19PM	<b>Muruqa:</b> Blue <i>Sunset: 6:21PM</i>	Moon 8 - Phase 19
	549193463	<b>Rahu</b> 1:45PM – 3:17PM	Visti Until 9:42AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:53PM</b>	Moon – Blue	<b>Sivaloka Day</b>
Until 7:59PM				<b>Sravana-Avani</b>	
Then Creative Work - Amrita Yoga					

		<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Colombo, Sri Lanka Sun 14 Sutra 138 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:37AM – 9:09AM	<b>Magha*</b> Until 5:09PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:05AM</i>	
Simha Rasi: 6.14	Tithi 30 – 1	Yama 3:16PM – 4:48PM	Shiva Until 6:06PM	<b>Muruqa:</b> Blue <i>Sunset: 6:20PM</i>	Moon 8 - Phase 19
	559193463	<b>Rahu</b> 10:41AM – 12:13PM	Catuspada Until 6:01AM	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 4:06PM</b>	Moon – Red	<b>Sivaloka Day</b>
Until 5:09PM				<b>Sravana-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Colombo, Sri Lanka Sun 15 Sutra 139 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:05AM – 7:37AM	<b>Purvaphalguni</b> Until 2:07PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:05AM</i>	
Simha Rasi: 21.29	Tithi 1 – 2	Yama 1:44PM – 3:16PM	Siddha Until 1:48PM	<b>Muruqa:</b> Blue <i>Sunset: 6:20PM</i>	Moon 8 - Phase 19
	559193463	<b>Rahu</b> 9:09AM – 10:41AM	Balava Until 10:22PM	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 12:15PM</b>	Moon – Red	<b>Sivaloka Day</b>
Until 2:07PM				<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Colombo, Sri Lanka
	Kanya Rasi: 6.42	Tithi 2 - 3	<b>Gulika</b> 3:16PM - 4:47PM	<b>Uttaraphalguni</b> Until 11:05AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:05AM	Sun 16 Sutra 140
			Yama 12:12PM - 1:44PM	Sadhya Until 9:37AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:19PM	Vikarin 5121
	559193463		<b>Rahu</b> 4:47PM - 6:19PM	Taitila Until 6:44PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 8:30AM	Moon - Red		3rd Phase	
				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Colombo, Sri Lanka
	Kanya Rasi: 21.43	Tithi 4	<b>Gulika</b> 1:43PM - 3:15PM	<b>Hasta</b> Until 8:36AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	Sun 17 Sutra 141
	<b>Family Home Evening</b>		Yama 10:40AM - 12:12PM	Sukla Until 2:05AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:19PM	Vikarin 5121
	559193463		<b>Rahu</b> 7:36AM - 9:08AM	Vanija Until 3:27PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 1:58AM Tue	Moon - Green		3rd Phase	
Until 8:36AM		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Then Routine Work - Prabararishta Yoga							

<b>3</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Colombo, Sri Lanka
	Tula Rasi: 6.23	Tithi 5	<b>Gulika</b> 12:11PM - 1:43PM	<b>Chitra</b> Until 6:26AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	Sun 18 Sutra 142
			Yama 9:08AM - 10:40AM	Brahma Until 10:58PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:18PM	Vikarin 5121
	559193463		<b>Rahu</b> 3:15PM - 4:47PM	Bava Until 12:40PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		<b>Panchami</b> Until 11:30PM	Moon - Green		3rd Phase	
				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthiyam Titau				Colombo, Sri Lanka
	Tula Rasi: 20.38	Tithi 6	<b>Gulika</b> 10:39AM - 12:11PM	<b>Vishakha</b> Until 4:05AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:04AM	Sun 19 Sutra 143
			Yama 7:36AM - 9:08AM	Indra Until 8:27PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:18PM	Vikarin 5121
	559193463		<b>Rahu</b> 12:11PM - 1:43PM	Kaulava Until 10:32AM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:44PM	Moon - Orange		3rd Phase	
				<b>Bhadrapada-Avani</b>		<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Colombo, Sri Lanka
	Vrischika Rasi: 4.24	Tithi 7	<b>Gulika</b> 9:08AM - 10:39AM	<b>Anuradha</b> Until 4:05AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:04AM	Sun 20 Sutra 144
			Yama 6:04AM - 7:36AM	Vaidhriti* Until 6:34PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:17PM	Vikarin 5121
	559193463		<b>Rahu</b> 1:42PM - 3:14PM	Gara Until 9:11AM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		<b>Saptami</b> Until 8:47PM	Moon - Orange		3rd Phase	
Until 4:05AM Fri				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Colombo, Sri Lanka
	Vrischika Rasi: 17.42	Tithi 8	<b>Gulika</b> 7:36AM - 9:07AM	<b>Jyeshtha*</b> Until 4:43AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:04AM	Sun 21 Sutra 145
			Yama 3:14PM - 4:45PM	Vishkambha* Until 5:20PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:17PM	Vikarin 5121
	559193463		<b>Rahu</b> 10:39AM - 12:10PM	Visti Until 8:38AM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 8:40PM	Moon - Orange		Ashtami	
Until 4:43AM Sat				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Colombo, Sri Lanka
	Dhanus Rasi: 0.35	Tithi 9	<b>Gulika</b> 6:04AM - 7:35AM	<b>Mula*</b> Until 6:26AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:04AM	Sun 22 Sutra 146
			Yama 1:42PM - 3:13PM	Priti Until 4:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:16PM	Vikarin 5121
	581193463		<b>Rahu</b> 9:07AM - 10:39AM	Balava Until 8:55AM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:19PM	Moon - Light Blue		Navami	
				<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

1	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Colombo, Sri Lanka Sun 23 Sutra 147
	Dhanus Rasi: 13.06	Tithi 10	<b>Gulika</b> 3:13PM – 4:44PM	<b>Mula* Until 6:26AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 12:10PM – 1:41PM	Ayushman Until 4:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 21
		581193463	<b>Rahu</b> 4:44PM – 6:16PM	Taitila Until 9:57AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga		<b>Grandparent's Day</b>		<b>Dashami Until 10:40PM</b>		<b>Devaloka Day</b>	
Until 6:26AM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

2	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Colombo, Sri Lanka Sun 24 Sutra 148
	Dhanus Rasi: 25.21	Tithi 11	<b>Gulika</b> 1:41PM – 3:12PM	<b>Purvashadha* Until 8:35AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 10:38AM – 12:09PM	Saubhagya Until 5:04PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 21
		581193463	<b>Rahu</b> 7:35AM – 9:07AM	Vanija Until 11:35AM	<b>Nataraja:</b> Clear		4th Phase
Family Home Evening		<b>Ekadashi Until 12:33AM Tue</b>		<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
Routine Work Marana Yoga							

3	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Colombo, Sri Lanka Sun 25 Sutra 149
	Makara Rasi: 7.25	Tithi 12	<b>Gulika</b> 12:09PM – 1:40PM	<b>Uttarashadha Until 11:00AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:03AM	Vikarin 5121
			Yama 9:06AM – 10:38AM	Sobhana Until 5:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 21
		581193463	<b>Rahu</b> 3:12PM – 4:43PM	Bava Until 1:39PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Prabalarishta Yoga		<b>Dvadashi Until 2:46AM Wed</b>		<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
Until 11:00AM							
Then Creative Work - Siddha Yoga							

4	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Colombo, Sri Lanka Sun 26 Sutra 150
	Makara Rasi: 19.21	Tithi 13	<b>Gulika</b> 10:37AM – 12:09PM	<b>Shravana Until 2:02PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:03AM	Vikarin 5121
			Yama 7:35AM – 9:06AM	Athiganda* Until 6:37PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21
		591193463	<b>Rahu</b> 12:09PM – 1:40PM	Kaulava Until 3:59PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Avani Avittam</b>		<b>Trayodashi Until 5:11AM Thu</b>		<b>Sivaloka Day</b>	
Until 2:02PM				<i>Pradosha Vrata</i>			
Then Routine Work - Prabalarishta Yoga							

5	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Gara Karana Chaturdashyam Titau				Colombo, Sri Lanka Sun 27 Sutra 151
	Kumbha Rasi: 1.13	Tithi 14	<b>Gulika</b> 9:06AM – 10:37AM	<b>Dhanishtha Until 5:01PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:03AM	Vikarin 5121
			Yama 6:03AM – 7:34AM	Sukarma Until 7:34PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21
		591193463	<b>Rahu</b> 1:40PM – 3:11PM	Gara Until 6:27PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Chaturdashi* Until 7:39AM Fri</b>		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

O	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Colombo, Sri Lanka Sutra 152
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:34AM – 9:05AM	<b>Shatabhishak Until 7:50PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:03AM	Vikarin 5121
	Kumbha Rasi: 13.04	Tithi 14 – 15	Yama 3:11PM – 4:42PM	Dhriti Until 8:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 21
			591113463	<b>Rahu</b> 10:37AM – 12:08PM	Visti Until 8:54PM	<b>Nataraja:</b> Clear	Purnima
Creative Work Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Chaturdashi* Until 7:39AM</b>		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

O	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Colombo, Sri Lanka Sutra 153
	<b>Silver Retreat Star</b>		<b>Gulika</b> 6:03AM – 7:34AM	<b>Purvaproshtapada* Until 10:55PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:03AM	Vikarin 5121
	Kumbha Rasi: 24.56	Tithi 15 – 16	Yama 1:39PM – 3:10PM	Shula* Until 9:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 21
			511113463	<b>Rahu</b> 9:05AM – 10:36AM	Balava Until 11:18PM	<b>Nataraja:</b> Clear	Prathama
Routine Work Marana Yoga		<b>Purnima* Until 10:06AM</b>		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 10:55PM							
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Colombo, Sri Lanka

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 6.5 Tithi 16 - 17

Gulika 3:10PM - 4:41PM  
Yama 12:07PM - 1:38PM  
Rahu 4:41PM - 6:12PM

Uttaraproshtapada Until 1:43AM Mon  
Ganda\* Until 10:10PM  
Taitila Until 1:33AM Mon  
Prathama\* Until 12:25PM

Ganesha: Red Sunrise: 6:03AM  
Muruqa: Purple Sunset: 6:12PM  
Nataraja: Clear  
Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga

Until 1:43AM Mon

Then Creative Work - Siddha Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Colombo, Sri Lanka

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 18.48 Tithi 17 - 18

Gulika 1:38PM - 3:09PM  
Yama 10:36AM - 12:07PM  
Rahu 7:34AM - 9:05AM

Revati Until 4:09AM Tue  
Vriddhi Until 10:50PM  
Vanija Until 3:36AM Tue  
Dvitiya Until 2:35PM

Ganesha: Yellow Sunrise: 6:02AM  
Muruqa: Purple Sunset: 6:11PM  
Nataraja: Clear  
Moon - Clear

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Colombo, Sri Lanka

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 0.5 Tithi 18 - 19

Gulika 12:07PM - 1:38PM  
Yama 9:04AM - 10:35AM  
Rahu 3:09PM - 4:40PM

Ashvini Until 6:41AM Wed  
Dhruva Until 11:16PM  
Bava Until 5:25AM Wed  
Tritiya Until 4:32PM

Ganesha: White Sunrise: 6:02AM  
Muruqa: Purple Sunset: 6:11PM  
Nataraja: Clear  
Moon - White

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\* Yoga Balava Karana Chaturtham Titau

Colombo, Sri Lanka

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 12.59 Tithi 19

Gulika 10:35AM - 12:06PM  
Yama 7:33AM - 9:04AM  
Rahu 12:06PM - 1:37PM

Ashvini Until 6:41AM  
Vyaghata\* Until 11:29PM  
Balava Until 6:11PM  
Chaturthi\* Until 6:11PM

Ganesha: White Sunrise: 6:02AM  
Muruqa: Purple Sunset: 6:10PM  
Nataraja: Clear  
Moon - White

Devaloka Day

Routine Work Marana Yoga

Until 6:41AM

Then Creative Work - Siddha Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Colombo, Sri Lanka

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 25.16 Tithi 20

Gulika 9:04AM - 10:35AM  
Yama 6:02AM - 7:33AM  
Rahu 1:37PM - 3:08PM

Bharani Until 8:43AM  
Harshana Until 11:25PM  
Kaulava Until 6:53AM  
Panchami Until 7:27PM

Ganesha: White Sunrise: 6:02AM  
Muruqa: Purple Sunset: 6:10PM  
Nataraja: Clear  
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Until 8:43AM

Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Gara/Vanija Karana Shashtyam Titau

Colombo, Sri Lanka

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 7.43 Tithi 21

Gulika 7:33AM - 9:04AM  
Yama 3:07PM - 4:38PM  
Rahu 10:35AM - 12:06PM

Krittika Until 10:09AM  
Vajra\* Until 10:54PM  
Gara Until 7:56AM  
Shashti\* Until 8:14PM

Ganesha: White Sunrise: 6:02AM  
Muruqa: Purple Sunset: 6:09PM  
Nataraja: Clear  
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Until 10:09AM

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Colombo, Sri Lanka

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 20.26 Tithi 22

Gulika 6:02AM - 7:32AM  
Yama 1:36PM - 3:07PM  
Rahu 9:03AM - 10:34AM

Rohini Until 11:22AM  
Siddhi Until 9:56PM  
Visti Until 8:25AM  
Saptami Until 8:24PM

Ganesha: Clear Sunrise: 6:02AM  
Muruqa: Purple Sunset: 6:09PM  
Nataraja: Clear  
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 11:22AM

Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Colombo, Sri Lanka

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 3.28 Tithi 23

Gulika 3:07PM - 4:37PM  
Yama 12:05PM - 1:36PM  
Rahu 4:37PM - 6:08PM

Mrigashira Until 11:47AM  
Vyatipata\* Until 8:25PM  
Balava Until 8:15AM  
Ashtami\* Until 7:53PM

Ganesha: Clear Sunrise: 6:01AM  
Muruqa: Purple Sunset: 6:08PM  
Nataraja: Clear  
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Colombo, Sri Lanka

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 16.52 Tithi 24

Gulika 1:35PM - 3:06PM  
Yama 10:34AM - 12:04PM  
Rahu 7:32AM - 9:03AM

Ardra Until 11:20AM  
Variyan Until 6:18PM  
Taitila Until 7:22AM  
Navami\* Until 6:38PM

Ganesha: Orange Sunrise: 6:01AM  
Muruqa: Purple Sunset: 6:08PM  
Nataraja: Clear  
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Until 11:20AM

Then Creative Work - Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time


www.gurudeva.org/panchang


<b>1</b>	<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visiti/Bava Karana Dashami/Ekadashyam Titau				Colombo, Sri Lanka Sun 9 Sutra 163
	Kataka Rasi: 0.41	Tithi 25 – 26	<b>Gulika</b> 12:04PM – 1:35PM	<b>Punarvasu</b> Until 10:29AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:01AM		Vikarin 5121
			Yama 9:03AM – 10:33AM	Parigha* Until 3:38PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM		Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b> 3:06PM – 4:36PM	Bava Until 3:29AM Wed	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 4:41PM	<b>Moon – Blue</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada•Puratasi</b>			

<b>2</b>	<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Colombo, Sri Lanka Sun 10 Sutra 164
	Kataka Rasi: 14.58	Tithi 26 – 27	<b>Gulika</b> 10:33AM – 12:04PM	<b>Pushya</b> Until 8:48AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:01AM		Vikarin 5121
			Yama 7:32AM – 9:02AM	Shiva Until 12:26PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM		Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b> 12:04PM – 1:34PM	Kaulava Until 12:37AM Thu	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 2:06PM	<b>Moon – Blue</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada•Puratasi</b>			

<b>3</b>	<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha/Magha* Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Colombo, Sri Lanka Sun 11 Sutra 165
	Kataka Rasi: 29.38	Tithi 27 – 28	<b>Gulika</b> 9:02AM – 10:33AM	<b>Ashlesha*</b> Until 6:27AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:01AM		Vikarin 5121
			Yama 6:01AM – 7:31AM	Siddha Until 8:47AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:06PM		Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b> 1:34PM – 3:05PM	Gara Until 9:17PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 10:59AM	<b>Moon – Blue</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada•Puratasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Colombo, Sri Lanka Sun 12 Sutra 166
	Simha Rasi: 14.37	Tithi 28 – 29	<b>Gulika</b> 7:31AM – 9:02AM	<b>Purvaphalguni</b> Until 1:01AM Sat	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:00AM		Vikarin 5121
			Yama 3:04PM – 4:35PM	Subha Until 12:37AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:06PM		Moon 9 - Phase 23
	Creative Work	Siddha Yoga	552213463 <b>Rahu</b> 10:32AM – 12:03PM	Sakuni Until 3:45AM Sat	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 7:29AM	<b>Moon – Red</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada•Puratasi</b>			

	<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Colombo, Sri Lanka Sun 13 Sutra 167
	<b>Retreat Star</b>		<b>Gulika</b> 6:00AM – 7:31AM	<b>Uttaraphalguni</b> Until 9:54PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:00AM		Vikarin 5121
	Simha Rasi: 29.49	Tithi 30	Yama 1:33PM – 3:04PM	Sukla Until 8:21PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:05PM		Moon 9 - Phase 23
	Routine Work	Marana Yoga	652213463 <b>Rahu</b> 9:02AM – 10:32AM	Catuspada Until 1:52PM	<b>Nataraja:</b> Clear		Amavasya
		<b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Amavasya*</b> Until 11:58PM	<b>Moon – Red</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada•Puratasi</b>			

	<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Colombo, Sri Lanka Sun 14 Sutra 168
	<b>Retreat Star</b>		<b>Gulika</b> 3:04PM – 4:34PM	<b>Hasta</b> Until 7:09PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:00AM		Vikarin 5121
	Kanya Rasi: 15.02	Tithi 1	Yama 12:02PM – 1:33PM	Brahma Until 4:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:05PM		Moon 9 - Phase 23
	Creative Work	Amrita Yoga	663213463 <b>Rahu</b> 4:34PM – 6:05PM	Kintughna Until 10:07AM	<b>Nataraja:</b> Clear		Prathama
		<b>Navaratri Begins</b>	<b>Prathama*</b> Until 8:17PM	<b>Moon – Green</b>		<b>Devaloka Day</b>	
				<b>Ashvina•Puratasi</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Dvitiya/Tritiyam Titau	Colombo, Sri Lanka Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 0.07	Tithi 2 – 3	<b>Gulika</b>	1:33PM – 3:03PM	<b>Chitra Until 4:32PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:00AM
<b>Family Home Evening</b>	663213463	Yama	10:32AM – 12:02PM	Indra Until 12:11PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM
Routine Work Prabalarishta Yoga		<b>Rahu</b>	7:31AM – 9:01AM	Balava Until 6:34AM	<b>Nataraja:</b> Clear
Until 4:32PM				Dvitiya Until 4:54PM	Moon – Green
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Triliya/Chaturhyam Titau	Colombo, Sri Lanka Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 14.55	Tithi 3 – 4	<b>Gulika</b>	12:02PM – 1:32PM	<b>Svati Until 2:15PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:00AM
663213463		Yama	9:01AM – 10:31AM	Vaidhriti* Until 8:33AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM
Creative Work Siddha Yoga		<b>Rahu</b>	3:03PM – 4:33PM	Vanija Until 12:47AM Wed	<b>Nataraja:</b> Clear
Until 2:15PM				Tritiya Until 2:00PM	Moon – Green
Then Routine Work - Marana Yoga					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Colombo, Sri Lanka Sun 17 Sutra 171 Vikarin 5121
Tula Rasi: 29.17	Tithi 4 – 5	<b>Gulika</b>	10:31AM – 12:01PM	<b>Vishakha Until 12:53PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:00AM
673213463		Yama	7:30AM – 9:01AM	Priti Until 2:52AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:03PM
Creative Work Siddha Yoga		<b>Rahu</b>	12:01PM – 1:32PM	Bava Until 10:52PM	<b>Nataraja:</b> Clear
				Chaturthi* Until 11:43AM	Moon – Orange
					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Colombo, Sri Lanka Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 13.11	Tithi 5 – 6	<b>Gulika</b>	9:00AM – 10:31AM	<b>Anuradha Until 12:08PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:00AM
673213463		Yama	6:00AM – 7:30AM	Ayushman Until 12:59AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:03PM
Creative Work Siddha Yoga		<b>Rahu</b>	1:31PM – 3:02PM	Kaulava Until 9:47PM	<b>Nataraja:</b> Clear
Until 12:08PM				Panchami Until 10:12AM	Moon – Orange
Then Routine Work - Prabalarishta Yoga					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Colombo, Sri Lanka Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 26.34	Tithi 6 – 7	<b>Gulika</b>	7:30AM – 9:00AM	<b>Jyeshtha* Until 12:06PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:59AM
673213463		Yama	3:01PM – 4:32PM	Saubhagya Until 11:49PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:02PM
Routine Work Marana Yoga		<b>Rahu</b>	10:30AM – 12:01PM	Gara Until 9:36PM	<b>Nataraja:</b> Clear
Until 12:06PM				Shashthi* Until 9:33AM	Moon – Orange
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>Retreat Star</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Colombo, Sri Lanka Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 9.3	Tithi 7 – 8	<b>Gulika</b>	5:59AM – 7:30AM	<b>Mula* Until 1:15PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:59AM
683213463		Yama	1:31PM – 3:01PM	Sobhana Until 11:21PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:02PM
Creative Work Siddha Yoga		<b>Rahu</b>	9:00AM – 10:30AM	Visti Until 10:17PM	<b>Nataraja:</b> Clear
				Saptami Until 9:49AM	Moon – Light Blue
		<b>Durga Ashtami</b>			<b>Sivaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>Retreat Star</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Colombo, Sri Lanka Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 22.01	Tithi 8 – 9	<b>Gulika</b>	3:01PM – 4:31PM	<b>Purvashadha* Until 3:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:59AM
683213463		Yama	12:00PM – 1:30PM	Athiganda* Until 11:25PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:01PM
Creative Work Siddha Yoga		<b>Rahu</b>	4:31PM – 6:01PM	Balava Until 11:44PM	<b>Nataraja:</b> Clear
Until 3:02PM				Ashtami* Until 10:54AM	Moon – Light Blue
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>			<b>Sivaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>1</b>	<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Colombo, Sri Lanka
	Makara Rasi: 4.14	Tithi 9 – 10	<b>Gulika</b> 1:30PM – 3:00PM	<b>Uttarashadha</b> Until 5:16PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Sun 22 Sutra 176
	<b>Family Home Evening</b>	683213463	Yama 10:30AM – 12:00PM	Sukarma Until 11:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	Vikarin 5121
	Routine Work Marana Yoga		<b>Rahu</b> 7:29AM – 8:59AM	Taitila Until 1:47AM Tue	<b>Nataraja:</b> Clear		Moon 9 - Phase 25
Until 5:16PM			<b>Navami*</b> Until 12:41PM	Moon – Light Blue		4th Phase	
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	


<b>2</b>	<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Colombo, Sri Lanka
	Makara Rasi: 16.15	Tithi 10 – 11	<b>Gulika</b> 12:00PM – 1:30PM	<b>Shravana</b> Until 8:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Sun 23 Sutra 177
	693213464		Yama 8:59AM – 10:29AM	Dhriti Until 12:48AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Vikarin 5121
	Creative Work Siddha Yoga		<b>Rahu</b> 3:00PM – 4:30PM	Vanija Until 4:10AM Wed	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Vijaya Dasami</b>	Dashami Until 2:55PM	Moon – Purple		4th Phase
				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Colombo, Sri Lanka
	Makara Rasi: 28.08	Tithi 11 – 12	<b>Gulika</b> 10:29AM – 11:59AM	<b>Dhanishtha</b> Until 11:16PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Sun 24 Sutra 178
	693213464		Yama 7:29AM – 8:59AM	Shula* Until 1:43AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Vikarin 5121
	Routine Work Prabalarishta Yoga		<b>Rahu</b> 11:59AM – 1:29PM	Bava Until 6:43AM Thu	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 11:16PM			<b>Ekadashi</b> Until 5:25PM	Moon – Purple		4th Phase	
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Colombo, Sri Lanka
	Kumbha Rasi: 9.59	Tithi 12	<b>Gulika</b> 8:59AM – 10:29AM	<b>Shatabhishak</b> Until 2:06AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Sun 25 Sutra 179
	693213464		Yama 5:59AM – 7:29AM	Ganda* Until 2:39AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Vikarin 5121
	Creative Work Siddha Yoga		<b>Rahu</b> 1:29PM – 2:59PM	Bava Until 6:43AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Kadaitswami Mahasamadhi</b>	Dvadashi Until 7:57PM	Moon – Purple		4th Phase
				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

<b>5</b>	<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Colombo, Sri Lanka
	Kumbha Rasi: 21.5	Tithi 13	<b>Gulika</b> 7:29AM – 8:59AM	<b>Purvaproshtapada*</b> Until 5:10AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM	Sun 26 Sutra 180
	613213464		Yama 2:59PM – 4:29PM	Vriddhi Until 3:30AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Vikarin 5121
	Creative Work Siddha Yoga		<b>Rahu</b> 10:29AM – 11:59AM	Kaulava Until 9:13AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
			<b>Chidambaram Abhishekam</b>	Trayodashi Until 10:23PM	Moon – Clear		4th Phase
				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Colombo, Sri Lanka
	Meena Rasi: 3.44	Tithi 14	<b>Gulika</b> 5:59AM – 7:29AM	<b>Uttaraproshtapada</b> Until 7:51AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM	Sun 27 Sutra 181
	613213464		Yama 1:29PM – 2:59PM	Dhruva Until 4:10AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Vikarin 5121
	Creative Work Siddha Yoga		<b>Rahu</b> 8:59AM – 10:29AM	Gara Until 11:34AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 7:51AM Sun			<b>Chaturdashi*</b> Until 12:38AM Sun	Moon – Clear		4th Phase	
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

	<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Colombo, Sri Lanka
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:58PM – 4:28PM	<b>Uttaraproshtapada</b> Until 7:51AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Sutra 182
	Meena Rasi: 15.43	Tithi 15	Yama 11:58AM – 1:28PM	Vyaghata* Until 4:38AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Vikarin 5121
	614213464		<b>Rahu</b> 4:28PM – 5:58PM	Visti Until 1:41PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Creative Work Amrita Yoga			<b>Purnima*</b> Until 2:37AM Mon	Moon – Clear		Purnima	
				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	

<b>Monday, October 14, 2019</b>	<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Colombo, Sri Lanka
	Meena Rasi: 27.49	Tithi 16	<b>Gulika</b> 1:28PM – 2:58PM	<b>Revati</b> Until 10:08AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:58AM	Sutra 183
	614213464		Yama 10:28AM – 11:58AM	Harshana Until 4:55AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Vikarin 5121
	<b>Family Home Evening</b>		<b>Rahu</b> 7:28AM – 8:58AM	Balava Until 3:32PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Creative Work Siddha Yoga			<b>Prathama*</b> Until 4:20AM Tue	Moon – Clear		Prathama	
				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Colombo, Sri Lanka Sutra 184 Vikarin 5121

Mesha Rasi: 10.01 Tithi 17

624213464

Gulika 11:58AM - 1:28PM  
Yama 8:58AM - 10:28AM  
Rahu 2:58PM - 4:27PM

Ashvini Until 12:27PM  
Vajra\* Until 4:55AM Wed  
Taitila Until 5:05PM  
Dvitiya Until 5:43AM Wed

Ganesha: White Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:57PM

Nataraja: Purple Moon - White Subha Subha Sivaloka Day

Ashvina-Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Siddhi Yoga Vanija Karana Trityayam Titau

Colombo, Sri Lanka Sun 1 Sutra 185 Vikarin 5121

Mesha Rasi: 22.22 Tithi 18

624213464

Gulika 10:28AM - 11:58AM  
Yama 7:28AM - 8:58AM  
Rahu 11:58AM - 1:27PM

Bharani Until 2:18PM  
Siddhi Until 4:41AM Thu  
Vanija Until 6:19PM  
Tritya Until 6:47AM Thu

Ganesha: White Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:57PM

Nataraja: Purple Moon - White Subha Subha Sivaloka Day

Ashvina-Puratasi

Creative Work Siddha Yoga

Until 2:18PM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Vyatipata\* Yoga Visti/Bava Karana Tritya/Chaturtham Titau

Colombo, Sri Lanka Sun 2 Sutra 186 Vikarin 5121

Vrishabha Rasi: 4.5 Tithi 18 - 19

624213464

Gulika 8:58AM - 10:28AM  
Yama 5:58AM - 7:28AM  
Rahu 1:27PM - 2:57PM

Krittika Until 3:39PM  
Vyatipata\* Until 4:10AM Fri  
Bava Until 7:12PM  
Tritya Until 6:47AM

Ganesha: White Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:56PM

Nataraja: Purple Moon - White Subha Subha Sivaloka Day

Ashvina-Puratasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Colombo, Sri Lanka Sun 3 Sutra 187 Vikarin 5121

Vrishabha Rasi: 17.29 Tithi 19 - 20

634313464

Gulika 7:28AM - 8:58AM  
Yama 2:57PM - 4:26PM  
Rahu 10:27AM - 11:57AM

Rohini Until 4:57PM  
Varyan Until 3:19AM Sat  
Kaulava Until 7:41PM  
Chaturthi\* Until 7:28AM

Ganesha: White Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:56PM

Nataraja: Purple Moon - Yellow Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

Until 4:57PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Colombo, Sri Lanka Sun 4 Sutra 188 Vikarin 5121

Mithuna Rasi: 0.2 Tithi 20 - 21

634313464

Gulika 5:58AM - 7:28AM  
Yama 1:27PM - 2:56PM  
Rahu 8:58AM - 10:27AM

Mrigashira Until 5:39PM  
Parigha\* Until 2:06AM Sun  
Gara Until 7:43PM  
Panchami Until 7:44AM

Ganesha: White Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:56PM

Nataraja: Purple Moon - Yellow Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Colombo, Sri Lanka Sun 5 Sutra 189 Vikarin 5121

Mithuna Rasi: 13.25 Tithi 21 - 22

634313464

Gulika 2:56PM - 4:26PM  
Yama 11:57AM - 1:26PM  
Rahu 4:26PM - 5:55PM

Ardra Until 5:42PM  
Shiva Until 12:29AM Mon  
Visti Until 7:14PM  
Shashthi\* Until 7:31AM

Ganesha: White Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:55PM

Nataraja: Purple Moon - Yellow Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Colombo, Sri Lanka Sun 6 Sutra 190 Vikarin 5121

Mithuna Rasi: 26.47 Tithi 22 - 23

644313464

Gulika 1:26PM - 2:56PM  
Yama 10:27AM - 11:57AM  
Rahu 7:28AM - 8:57AM

Punarvasu Until 5:31PM  
Siddha Until 10:24PM  
Balava Until 6:11PM  
Saptami Until 6:45AM

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:55PM

Nataraja: Purple Moon - Blue Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Amrita Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Colombo, Sri Lanka Sun 7 Sutra 191 Vikarin 5121

Kataka Rasi: 10.29 Tithi 24

644313464

Gulika 11:56AM - 1:26PM  
Yama 8:57AM - 10:27AM  
Rahu 2:56PM - 4:25PM

Pushya Until 4:37PM  
Sadhya Until 7:51PM  
Taitila Until 4:34PM  
Navami\* Until 3:32AM Wed

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:55PM

Nataraja: Purple Moon - Blue Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Colombo, Sri Lanka Sun 8 Sutra 192	
Kataka Rasi: 24.32	Tithi 25	<b>Gulika</b> 10:27AM – 11:56AM	<b>Ashlesha* Until 3:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise: 5:58AM</i>	Vikarin 5121	
		Yama 7:28AM – 8:57AM	Subha Until 4:54PM	<b>Muruqa:</b> Purple	<i>Sunset: 5:54PM</i>	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	644313464 <b>Rahu</b> 11:56AM – 1:26PM	Vanija Until 2:25PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami Until 1:08AM Thu</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Colombo, Sri Lanka Sun 9 Sutra 193	
Simha Rasi: 8.55	Tithi 26	<b>Gulika</b> 8:57AM – 10:27AM	<b>Magha* Until 1:15PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise: 5:58AM</i>	Vikarin 5121	
		Yama 5:58AM – 7:28AM	Sukla Until 1:32PM	<b>Muruqa:</b> Purple	<i>Sunset: 5:54PM</i>	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	654313464 <b>Rahu</b> 1:26PM – 2:55PM	Bava Until 11:46AM	<b>Nataraja:</b> Purple		2nd Phase	
Until 1:15PM			<b>Ekadashi* Until 10:17PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>			

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Dvadashyam Titau		Colombo, Sri Lanka Sun 10 Sutra 194	
Simha Rasi: 23.35	Tithi 27	<b>Gulika</b> 7:28AM – 8:57AM	<b>Purvaphalguni Until 10:57AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise: 5:58AM</i>	Vikarin 5121	
		Yama 2:55PM – 4:24PM	Brahma Until 9:52AM	<b>Muruqa:</b> Purple	<i>Sunset: 5:54PM</i>	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	654313464 <b>Rahu</b> 10:27AM – 11:56AM	Kaulava Until 8:45AM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dvadashi* Until 7:08PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Colombo, Sri Lanka Sun 11 Sutra 195	
Kanya Rasi: 8.28	Tithi 28 – 29	<b>Gulika</b> 5:58AM – 7:28AM	<b>Uttaraphalguni Until 8:18AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise: 5:58AM</i>	Vikarin 5121	
		Yama 1:25PM – 2:55PM	Indra Until 6:01AM	<b>Muruqa:</b> Purple	<i>Sunset: 5:54PM</i>	Moon 10 - Phase 27	
Routine Work	Marana Yoga	655313464 <b>Rahu</b> 8:57AM – 10:27AM	Visti Until 2:07AM Sun	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Trayodashi* Until 3:47PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina•Aipasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>●</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Colombo, Sri Lanka Sun 12 Sutra 196	
<b>Retreat Star</b>		<b>Gulika</b> 2:55PM – 4:24PM	<b>Chitra Until 3:18AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise: 5:58AM</i>	Vikarin 5121	
Kanya Rasi: 23.26	Tithi 29 – 30	Yama 11:56AM – 1:25PM	Vishkambha* Until 10:10PM	<b>Muruqa:</b> Purple	<i>Sunset: 5:53PM</i>	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	665313464 <b>Rahu</b> 4:24PM – 5:53PM	Catuspada Until 10:48PM	<b>Nataraja:</b> Purple		Amavasya	
Until 3:18AM Mon			<b>Chaturdashi* Until 12:25PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>			

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Colombo, Sri Lanka Sun 13 Sutra 197	
Tula Rasi: 8.19	Tithi 30 – 1	<b>Gulika</b> 1:25PM – 2:54PM	<b>Svati Until 12:54AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise: 5:58AM</i>	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:26AM – 11:56AM	Priti Until 6:27PM	<b>Muruqa:</b> Purple	<i>Sunset: 5:53PM</i>	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	665313464 <b>Rahu</b> 7:28AM – 8:57AM	Kintughna Until 7:42PM	<b>Nataraja:</b> Purple		Prathama	
Until 12:54AM Tue			<b>Amavasya* Until 9:12AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Colombo, Sri Lanka Sun 14 Sutra 198
Tula Rasi: 23	Tithi 1 - 2	675313464	<b>Gulika</b> 11:56AM - 1:25PM <b>Yama</b> 8:57AM - 10:26AM <b>Rahu</b> 2:54PM - 4:24PM	<b>Vishakha</b> Until 11:12PM Ayushman Until 3:02PM Kaulava Until 3:51AM Wed <b>Prathama* Until 6:17AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Orange	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 5:53PM	Vikarin 5121 Moon 10 - Phase 28 3rd Phase	<b>Subha Sivaloka Day</b> <b>Kartika•Aipasi</b>
Routine Work Marana Yoga								
Until 11:12PM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Colombo, Sri Lanka Sun 15 Sutra 199
Virshika Rasi: 7.2	Tithi 3	675313464	<b>Gulika</b> 10:26AM - 11:56AM <b>Yama</b> 7:28AM - 8:57AM <b>Rahu</b> 11:56AM - 1:25PM	<b>Anuradha</b> Until 9:59PM Saubhagya Until 12:04PM Taitila Until 2:52PM <b>Tritiya Until 2:03AM Thu</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Orange	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 5:53PM	Vikarin 5121 Moon 10 - Phase 28 3rd Phase	<b>Subha Sivaloka Day</b> <b>Kartika•Aipasi</b>
Creative Work Siddha Yoga								

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Colombo, Sri Lanka Sun 16 Sutra 200
Virshika Rasi: 21.15	Tithi 4	675313464	<b>Gulika</b> 8:57AM - 10:26AM <b>Yama</b> 5:59AM - 7:28AM <b>Rahu</b> 1:25PM - 2:54PM	<b>Jyeshtha* Until 9:21PM</b> Sobhana Until 9:41AM Vanija Until 1:27PM <b>Chaturthi* Until 1:01AM Fri</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Orange	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 5:52PM	Vikarin 5121 Moon 10 - Phase 28 3rd Phase	<b>Subha Sivaloka Day</b> <b>Kartika•Aipasi</b>
Routine Work Prabalarishta Yoga								
Until 9:21PM								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Colombo, Sri Lanka Sun 17 Sutra 201
Dhanus Rasi: 4.42	Tithi 5	685313464	<b>Gulika</b> 7:28AM - 8:57AM <b>Yama</b> 2:54PM - 4:23PM <b>Rahu</b> 10:26AM - 11:56AM	<b>Mula* Until 9:50PM</b> Athiganda* Until 7:54AM Bava Until 12:51PM <b>Panchami Until 12:51AM Sat</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Light Blue	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 5:52PM	Vikarin 5121 Moon 10 - Phase 28 3rd Phase	<b>Subha Subha Sivaloka Day</b> <b>Kartika•Aipasi</b>
Creative Work Amrita Yoga								
Until 9:50PM								
Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Colombo, Sri Lanka Sun 18 Sutra 202
Dhanus Rasi: 17.41	Tithi 6	685313464	<b>Gulika</b> 5:59AM - 7:28AM <b>Yama</b> 1:25PM - 2:54PM <b>Rahu</b> 8:57AM - 10:26AM	<b>Purvashadha* Until 11:01PM</b> Sukarma Until 6:48AM Kaulava Until 1:07PM <b>Shashthi* Until 1:32AM Sun</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Light Blue	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 5:52PM	Vikarin 5121 Moon 10 - Phase 28 3rd Phase	<b>Subha Subha Sivaloka Day</b> <b>Kartika•Aipasi</b>
Creative Work Siddha Yoga								
Until 11:01PM								
Then Routine Work - Marana Yoga								

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Colombo, Sri Lanka Sun 19 Sutra 203
Makara Rasi: 0.17	Tithi 7	685313464	<b>Gulika</b> 2:54PM - 4:23PM <b>Yama</b> 11:56AM - 1:25PM <b>Rahu</b> 4:23PM - 5:52PM	<b>Uttarashadha</b> Until 12:46AM Mon Dhriti Until 6:23AM Gara Until 2:12PM <b>Saptami Until 3:00AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Light Blue	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 5:52PM	Vikarin 5121 Moon 10 - Phase 28 3rd Phase	<b>Subha Subha Sivaloka Day</b> <b>Kartika•Aipasi</b>
Creative Work Amrita Yoga								

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Colombo, Sri Lanka Sun 20 Sutra 204
Makara Rasi: 12.33	Tithi 8	696313464	<b>Gulika</b> 1:25PM - 2:54PM <b>Yama</b> 10:26AM - 11:56AM <b>Rahu</b> 7:28AM - 8:57AM	<b>Shravana</b> Until 3:27AM Tue Shula* Until 6:29AM Visti Until 3:59PM <b>Ashtami* Until 5:03AM Tue</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Purple	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 5:52PM	Vikarin 5121 Moon 10 - Phase 28 Ashtami	<b>Sivaloka Day</b> <b>Kartika•Aipasi</b>
Family Home Evening								
Creative Work Amrita Yoga								
Until 3:27AM Tue								
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Balava Karana Navamyam Titau				Colombo, Sri Lanka Sun 21 Sutra 205
Makara Rasi: 24.35	Tithi 9	696313464	<b>Gulika</b> 11:56AM - 1:25PM <b>Yama</b> 8:57AM - 10:26AM <b>Rahu</b> 2:54PM - 4:23PM	<b>Dhanishtha</b> Until 6:19AM Wed Ganda* Until 7:02AM Balava Until 6:15PM <b>Navami* Until 7:28AM Wed</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Purple	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 5:52PM	Vikarin 5121 Moon 10 - Phase 28 Navami	<b>Sivaloka Day</b> <b>Kartika•Aipasi</b>
Creative Work Siddha Yoga								

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Colombo, Sri Lanka
	Kumbha Rasi: 6.3	Tithi 9 – 10	<b>Gulika</b> 10:27AM – 11:56AM	<b>Dhanishtha</b> <b>Until 6:19AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:00AM	Sun 22 Sutra 206
		696313464	<b>Yama</b> 7:29AM – 8:58AM	Vridhhi <b>Until 7:51AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Vikarin 5121
			<b>Rahu</b> 11:56AM – 1:25PM	Taitila <b>Until 8:46PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Routine Work Prabalarishta Yoga			<b>Navami* Until 7:28AM</b>	Moon – Purple		4th Phase
	Until 6:19AM				<b>Karttika-Aipasi</b>		<b>Sivaloka Day</b>
	Then Creative Work - Siddha Yoga						


<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Colombo, Sri Lanka
	Kumbha Rasi: 18.21	Tithi 10 – 11	<b>Gulika</b> 8:58AM – 10:27AM	<b>Shatabhishak</b> <b>Until 9:09AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Sun 23 Sutra 207
		796313464	<b>Yama</b> 6:00AM – 7:29AM	Dhruva <b>Until 8:44AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Vikarin 5121
			<b>Rahu</b> 1:25PM – 2:54PM	Vanija <b>Until 11:17PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work Siddha Yoga			<b>Dashami Until 10:01AM</b>	Moon – Purple		4th Phase
					<b>Karttika-Aipasi</b>		<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Colombo, Sri Lanka
	Meena Rasi: 0.14	Tithi 11 – 12	<b>Gulika</b> 7:29AM – 8:58AM	<b>Purvaproshtapada* Until 12:14PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	Sun 24 Sutra 208
		716313464	<b>Yama</b> 2:54PM – 4:22PM	Vyaghata* <b>Until 9:34AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Vikarin 5121
			<b>Rahu</b> 10:27AM – 11:56AM	Bava <b>Until 1:38AM Sat</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work Siddha Yoga			<b>Ekadashi Until 12:28PM</b>	Moon – Clear		4th Phase
					<b>Karttika-Aipasi</b>		<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Colombo, Sri Lanka
	Meena Rasi: 12.11	Tithi 12 – 13	<b>Gulika</b> 6:00AM – 7:29AM	<b>Uttaraproshtapada Until 2:55PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	Sun 25 Sutra 209
		716313464	<b>Yama</b> 1:25PM – 2:54PM	Harshana <b>Until 10:14AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Vikarin 5121
			<b>Rahu</b> 8:58AM – 10:27AM	Kaulava <b>Until 3:42AM Sun</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work Siddha Yoga			<b>Dvadashi Until 2:41PM</b>	Moon – Clear		4th Phase
	Until 2:55PM				<b>Karttika-Aipasi</b>		<b>Subha Sivaloka Day</b>
	Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Colombo, Sri Lanka
	Meena Rasi: 24.16	Tithi 13 – 14	<b>Gulika</b> 2:54PM – 4:22PM	<b>Revati Until 5:07PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	Sun 26 Sutra 210
		716313464	<b>Yama</b> 11:56AM – 1:25PM	Vajra* <b>Until 10:38AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Vikarin 5121
			<b>Rahu</b> 4:22PM – 5:51PM	Gara <b>Until 5:22AM Mon</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work Amrita Yoga			<b>Trayodashi Until 4:33PM</b>	Moon – Clear		4th Phase
	Until 5:07PM				<b>Karttika-Aipasi</b>		<b>Subha Sivaloka Day</b>
	Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdashyam Titau				Colombo, Sri Lanka
	Mesha Rasi: 6.29	Tithi 14	<b>Gulika</b> 1:25PM – 2:54PM	<b>Ashvini Until 7:15PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM	Sun 27 Sutra 211
	<b>Family Home Evening</b>	727313464	<b>Yama</b> 10:27AM – 11:56AM	Siddhi <b>Until 10:45AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Vikarin 5121
			<b>Rahu</b> 7:29AM – 8:58AM	Vanija <b>Until 6:02PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work Siddha Yoga			<b>Chaturdashi* Until 6:02PM</b>	Moon – White		4th Phase
					<b>Karttika-Aipasi</b>		<b>Subha Sivaloka Day</b>

	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Colombo, Sri Lanka
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:56AM – 1:25PM	<b>Bharani Until 8:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Sun 28 Sutra 212
	Mesha Rasi: 18.54	Tithi 15	<b>Yama</b> 8:58AM – 10:27AM	Vyatipata* <b>Until 10:33AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Vikarin 5121
		727413464	<b>Rahu</b> 2:54PM – 4:22PM	Visti <b>Until 6:37AM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work Siddha Yoga			<b>Purnima* Until 7:04PM</b>	Moon – White		Purnima
					<b>Karttika-Aipasi</b>		<b>Sivaloka Day</b>

<b>○</b>	<b>Wednesday, November 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Colombo, Sri Lanka
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:27AM – 11:56AM	<b>Krittika Until 9:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Sun 29 Sutra 213
	Vrishabha Rasi: 1.3	Tithi 16	<b>Yama</b> 7:30AM – 8:59AM	Variyan <b>Until 10:00AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Vikarin 5121
		727413464	<b>Rahu</b> 11:56AM – 1:25PM	Balava <b>Until 7:27AM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work Amrita Yoga			<b>Prathama* Until 7:41PM</b>	Moon – White		Prathama
	Until 9:49PM				<b>Karttika-Aipasi</b>		<b>Sivaloka Day</b>
	Then Creative Work - Siddha Yoga						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Colombo, Sri Lanka

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 14.17 Tithi 17

Gulika 8:59AM - 10:28AM

Yama 6:01AM - 7:30AM

Rahu 1:25PM - 2:54PM

Rohini Until 10:44PM

Parigha\* Until 9:09AM

Taitila Until 7:52AM

Dvitiya Until 7:54PM

Ganesha: Clear

Sunrise: 6:01AM

Muruqa: Purple

Sunset: 5:51PM

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

Friday, November 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Colombo, Sri Lanka

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 27.16 Tithi 18

Gulika 7:30AM - 8:59AM

Yama 2:54PM - 4:23PM

Rahu 10:28AM - 11:56AM

Mrigashira Until 11:08PM

Shiva Until 8:01AM

Vanija Until 7:53AM

Tritiya Until 7:44PM

Ganesha: Clear

Sunrise: 6:02AM

Muruqa: Purple

Sunset: 5:51PM

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Saturday, November 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Colombo, Sri Lanka

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Mithuna Rasi: 10.26 Tithi 19

Gulika 6:02AM - 7:31AM

Yama 1:25PM - 2:54PM

Rahu 8:59AM - 10:28AM

Ardra Until 11:02PM

Siddha Until 6:33AM

Bava Until 7:32AM

Chaturthi\* Until 7:12PM

Ganesha: Clear

Sunrise: 6:02AM

Muruqa: Purple

Sunset: 5:51PM

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Sunday, November 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Colombo, Sri Lanka

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

747413465 Mithuna Rasi: 23.48 Tithi 20

Gulika 2:54PM - 4:23PM

Yama 11:57AM - 1:25PM

Rahu 4:23PM - 5:51PM

Punarvasu Until 10:54PM

Subha Until 2:50AM Mon

Kaulava Until 6:50AM

Panchami Until 6:20PM

Ganesha: Purple

Sunrise: 6:02AM

Muruqa: Purple

Sunset: 5:51PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Monday, November 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Colombo, Sri Lanka

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 7.21 Tithi 21 - 22

Gulika 1:26PM - 2:54PM

Yama 10:28AM - 11:57AM

Rahu 7:31AM - 9:00AM

Pushya Until 10:16PM

Sukla Until 12:33AM Tue

Visti Until 4:23AM Tue

Shashthi\* Until 5:07PM

Ganesha: Clear

Sunrise: 6:03AM

Muruqa: Purple

Sunset: 5:51PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, November 19, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Colombo, Sri Lanka

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 21.07 Tithi 22 - 23

Gulika 11:57AM - 1:26PM

Yama 9:00AM - 10:29AM

Rahu 2:54PM - 4:23PM

Ashlesha\* Until 9:10PM

Brahma Until 10:01PM

Balava Until 2:40AM Wed

Saptami Until 3:33PM

Ganesha: Clear

Sunrise: 6:03AM

Muruqa: Purple

Sunset: 5:52PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Colombo, Sri Lanka

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Ashtami

758413465 Simha Rasi: 5.04 Tithi 23 - 24

Gulika 10:29AM - 11:57AM

Yama 7:32AM - 9:00AM

Rahu 11:57AM - 1:26PM

Magha\* Until 8:02PM

Indra Until 7:14PM

Taitila Until 12:38AM Thu

Ashtami\* Until 1:40PM

Ganesha: White

Sunrise: 6:03AM

Muruqa: Purple

Sunset: 5:52PM

Nataraja: Clear

Moon - Red

Karttika-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:02PM

Then Creative Work - Amrita Yoga

Thursday, November 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Colombo, Sri Lanka

Sun 8 Sutra 221

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Simha Rasi: 19.13 Tithi 24 - 25

Gulika 9:01AM - 10:29AM

Yama 6:04AM - 7:32AM

Rahu 1:26PM - 2:55PM

Purvaphalguni Until 6:29PM

Vaidhriti\* Until 4:12PM

Vanija Until 10:19PM

Navami\* Until 11:29AM

Ganesha: White

Sunrise: 6:04AM

Muruqa: Purple

Sunset: 5:52PM

Nataraja: Clear

Moon - Red

Karttika-Karttikai

Subha Sivaloka Day


Creative Work Siddha Yoga

<b>1</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Colombo, Sri Lanka Sun 9 Sutra 222	
Kanya Rasi: 3.34	Tithi 25 – 26	<b>Gulika</b> 7:32AM – 9:01AM	<b>Uttaraphalguni</b> Until 4:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	Vikarin 5121	
		Yama 2:55PM – 4:23PM	Vishkambha* Until 12:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 11 - Phase 31	
		758413465 <b>Rahu</b> 10:29AM – 11:58AM	Bava Until 7:47PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 9:03AM	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 4:33PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau		Colombo, Sri Lanka Sun 10 Sutra 223	
Kanya Rasi: 18.01	Tithi 26 – 27	<b>Gulika</b> 6:04AM – 7:33AM	<b>Hasta</b> Until 2:46PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:04AM	Vikarin 5121	
		Yama 1:27PM – 2:55PM	Priti Until 9:39AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 11 - Phase 31	
		768413465 <b>Rahu</b> 9:01AM – 10:30AM	Taitila Until 3:47AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 6:27AM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>3</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Colombo, Sri Lanka Sun 11 Sutra 224	
Tula Rasi: 2.32	Tithi 28	<b>Gulika</b> 2:55PM – 4:24PM	<b>Chitra</b> Until 12:50PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM	Vikarin 5121	
		Yama 11:59AM – 1:27PM	Ayushman Until 6:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 11 - Phase 31	
		769413465 <b>Rahu</b> 4:24PM – 5:52PM	Gara Until 2:29PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:10AM Mon	Moon – Green		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Colombo, Sri Lanka Sun 12 Sutra 225	
Tula Rasi: 17	Tithi 29	<b>Gulika</b> 1:27PM – 2:56PM	<b>Svati</b> Until 10:51AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:30AM – 11:59AM	Sobhana Until 11:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 11 - Phase 31	
Creative Work	Amrita Yoga	769413465 <b>Rahu</b> 7:34AM – 9:02AM	Visti Until 11:56AM	<b>Nataraja:</b> Clear		2nd Phase	
Until 10:51AM			Chaturdashi* Until 10:44PM	Moon – Green		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>			

		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Colombo, Sri Lanka Sun 13 Sutra 226	
<b>Retreat Star</b>		<b>Gulika</b> 11:59AM – 1:28PM	<b>Vishakha</b> Until 9:24AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM	Vikarin 5121	
Vrischika Rasi: 1.19	Tithi 30	Yama 9:02AM – 10:31AM	Athiganda* Until 8:50PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 11 - Phase 31	
		779413465 <b>Rahu</b> 2:56PM – 4:24PM	Catuspada Until 9:39AM	<b>Nataraja:</b> Clear		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 8:38PM	Moon – Orange		<b>Devaloka Day</b>	
Until 9:24AM				<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Colombo, Sri Lanka Sun 14 Sutra 227	
Vrischika Rasi: 15.23	Tithi 1	<b>Gulika</b> 10:31AM – 11:59AM	<b>Anuradha</b> Until 8:12AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:06AM	Vikarin 5121	
		Yama 7:34AM – 9:03AM	Sukarma Until 6:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 11 - Phase 31	
		779413465 <b>Rahu</b> 11:59AM – 1:28PM	Kintughna Until 7:46AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Balava/Tailila Karana Dvitiya/Tritiyayam Titau	Colombo, Sri Lanka Sun 15 Sutra 228 Vikarin 5121
Vrischika Rasi: 29.07	Tithi 2 – 3	<b>Gulika</b> 9:03AM – 10:31AM	<b>Jyeshtha* Until 7:23AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:06AM	
		Yama 6:06AM – 7:35AM	Dhriti Until 4:17PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM	Moon 11 - Phase 32
		779413465 <b>Rahu</b> 1:28PM – 2:56PM	Balava Until 6:25AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 5:59PM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 7:23AM				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Colombo, Sri Lanka Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 12.29	Tithi 3 – 4	<b>Gulika</b> 7:35AM – 9:03AM	<b>Mula* Until 7:32AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:07AM	
		Yama 2:57PM – 4:25PM	Shula* Until 2:46PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:32AM – 12:00PM	Vanija Until 5:49AM Sat	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 5:40PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 7:32AM				<b>Margasira-Karttikai</b>	
Then Routine Work - Prabalarishta Yoga					

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Chaturthyam Titau	Colombo, Sri Lanka Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 25.28	Tithi 4	<b>Gulika</b> 6:07AM – 7:36AM	<b>Purvashadha* Until 8:15AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:07AM	
		Yama 1:29PM – 2:57PM	Ganda* Until 1:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:04AM – 10:32AM	Visti Until 6:07PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 6:07PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 8:15AM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau	Colombo, Sri Lanka Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 8.05	Tithi 5	<b>Gulika</b> 2:57PM – 4:26PM	<b>Uttarashadha Until 9:31AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:08AM	
		Yama 12:01PM – 1:29PM	Vridhhi Until 1:31PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 4:26PM – 5:54PM	Bava Until 6:38AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 7:17PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Shashthyam Titau	Colombo, Sri Lanka Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 20.24	Tithi 6	<b>Gulika</b> 1:29PM – 2:58PM	<b>Shravana Until 11:46AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:08AM	
<b>Family Home Evening</b>		Yama 10:33AM – 12:01PM	Dhruva Until 1:39PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 7:36AM – 9:05AM	Kaulava Until 8:09AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 9:05PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 11:46AM				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Colombo, Sri Lanka Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 2.29	Tithi 7	<b>Gulika</b> 12:02PM – 1:30PM	<b>Dhanishtha Until 2:21PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:09AM	
		Yama 9:05AM – 10:33AM	Vyaghata* Until 2:11PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:55PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:58PM – 4:26PM	Gara Until 10:12AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 11:21PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 2:21PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Colombo, Sri Lanka Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 14.26	Tithi 8	<b>Gulika</b> 10:34AM – 12:02PM	<b>Shatabhishak Until 5:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:09AM	
		Yama 7:37AM – 9:05AM	Harshana Until 2:57PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:55PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 12:02PM – 1:30PM	Visti Until 12:35PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:49AM Thu</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 5:03PM				<b>Margasira-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Colombo, Sri Lanka Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 26.19	Tithi 9	<b>Gulika</b> 9:06AM – 10:34AM	<b>Purvaproshtapada* Until 8:09PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:09AM	
		Yama 6:09AM – 7:38AM	Vajra* Until 3:45PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:55PM	Moon 11 - Phase 32
		711413465 <b>Rahu</b> 1:31PM – 2:59PM	Balava Until 3:06PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Siddha Yoga		<b>Navami* Until 4:18AM Fri</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Taitila/Gara Karana Dashamyam Titau			Colombo, Sri Lanka
Meena Rasi: 8.13	Tithi 10	<b>Gulika</b> 7:38AM – 9:06AM	<b>Uttaraproshtapada</b> Until 10:57PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:10AM	Sun 23	Sutra 236
		Yama 2:59PM – 4:27PM	Siddhi Until 4:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM		Vikarin 5121
		711413465 <b>Rahu</b> 10:35AM – 12:03PM	Taitila Until 5:30PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:35AM Sat	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Colombo, Sri Lanka
Meena Rasi: 20.11	Tithi 10 – 11	<b>Gulika</b> 6:10AM – 7:39AM	<b>Revati</b> Until 1:16AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	Sun 24	Sutra 237
		Yama 1:31PM – 3:00PM	Vyatipata* Until 5:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM		Vikarin 5121
		711513465 <b>Rahu</b> 9:07AM – 10:35AM	Vanija Until 7:37PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33	4th Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 6:35AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 1:16AM Sun		<b>Gita Jayanthi</b>		<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyian/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Colombo, Sri Lanka
Mesha Rasi: 2.19	Tithi 11 – 12	<b>Gulika</b> 3:00PM – 4:28PM	<b>Ashvini</b> Until 3:29AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:11AM	Sun 25	Sutra 238
		Yama 12:04PM – 1:32PM	Varyian Until 5:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM		Vikarin 5121
		721513465 <b>Rahu</b> 4:28PM – 5:56PM	Bava Until 9:17PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 8:29AM	Moon – White		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Colombo, Sri Lanka
Mesha Rasi: 14.37	Tithi 12 – 13	<b>Gulika</b> 1:32PM – 3:00PM	<b>Bharani</b> Until 5:00AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:11AM	Sun 26	Sutra 239
<b>Family Home Evening</b>		Yama 10:36AM – 12:04PM	Parigha* Until 5:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM		Vikarin 5121
		721513465 <b>Rahu</b> 7:40AM – 9:08AM	Kaulava Until 10:25PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 9:54AM	Moon – White		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Colombo, Sri Lanka
Mesha Rasi: 27.11	Tithi 13 – 14	<b>Gulika</b> 12:05PM – 1:33PM	<b>Krittika</b> Until 5:48AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:12AM	Sun 27	Sutra 240
		Yama 9:08AM – 10:36AM	Shiva Until 4:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM		Vikarin 5121
		721513465 <b>Rahu</b> 3:01PM – 4:29PM	Gara Until 10:59PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 10:45AM	Moon – White		<b>Sivaloka Day</b>	
		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>			

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Colombo, Sri Lanka
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:37AM – 12:05PM	<b>Rohini</b> Until 6:22AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:12AM	Sun 28	Sutra 241
Vrishabha Rasi: 10.01	Tithi 14 – 15	Yama 7:41AM – 9:09AM	Siddha Until 3:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:58PM		Vikarin 5121
		731523465 <b>Rahu</b> 12:05PM – 1:33PM	Visti Until 10:58PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33	Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:01AM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 6:22AM Thu				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Colombo, Sri Lanka		
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:09AM – 10:37AM	<b>Rohini</b> Until 6:22AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM	Sun 29	Sutra 242
Vrishabha Rasi: 23.07	Tithi 15 – 16	Yama 6:13AM – 7:41AM	Sadhya Until 1:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:58PM		Vikarin 5121
		732523465 <b>Rahu</b> 1:34PM – 3:02PM	Balava Until 10:25PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33	Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 10:44AM	Moon – Yellow		<b>Devaloka Day</b>	
		<b>Vinayaga Viratam Begins</b>		<b>Margasira-Karttikai</b>			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Colombo, Sri Lanka

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 6.29 Tithi 16 - 17

732523465

**Gulika** 7:42AM - 9:10AM  
**Yama** 3:02PM - 4:30PM  
**Rahu** 10:38AM - 12:06PM

**Mrigashira** Until 6:18AM  
Subha Until 11:58AM  
Taitila Until 9:26PM  
**Prathama\*** Until 9:57AM

**Ganesha:** Clear *Sunrise:* 6:13AM  
**Muruqa:** Clear *Sunset:* 5:58PM  
**Nataraja:** Clear  
Moon - Yellow  
**Margasira-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Colombo, Sri Lanka

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 20.06 Tithi 17 - 18

742523465

**Gulika** 6:14AM - 7:42AM  
**Yama** 1:35PM - 3:03PM  
**Rahu** 9:10AM - 10:38AM

**Punarvasu** Until 4:59AM Sun  
Sukla Until 9:45AM  
Vanija Until 8:04PM  
**Dvitiya** Until 8:46AM

**Ganesha:** Purple *Sunrise:* 6:14AM  
**Muruqa:** Clear *Sunset:* 5:59PM  
**Nataraja:** Clear  
Moon - Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Colombo, Sri Lanka

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 3.55 Tithi 18 - 19

742523465

**Gulika** 3:03PM - 4:31PM  
**Yama** 12:07PM - 1:35PM  
**Rahu** 4:31PM - 5:59PM

**Pushya** Until 3:55AM Mon  
Brahma Until 7:19AM  
Bava Until 6:25PM  
**Tritiya** Until 7:15AM

**Ganesha:** Purple *Sunrise:* 6:14AM  
**Muruqa:** Clear *Sunset:* 5:59PM  
**Nataraja:** Clear  
Moon - Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Colombo, Sri Lanka

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 17.52 Tithi 20

742523465

**Gulika** 1:35PM - 3:04PM  
**Yama** 10:39AM - 12:07PM  
**Rahu** 7:43AM - 9:11AM

**Ashlesha\*** Until 2:32AM Tue  
Vaidhriti\* Until 1:54AM Tue  
Kaulava Until 4:34PM  
**Panchami** Until 3:34AM Tue

**Ganesha:** Purple *Sunrise:* 6:15AM  
**Muruqa:** Clear *Sunset:* 6:00PM  
**Nataraja:** Clear  
Moon - Blue  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Family Home Evening  
Creative Work Siddha Yoga

Markali Pillaiyar

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Colombo, Sri Lanka

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 1.56 Tithi 21

852523465

**Gulika** 12:08PM - 1:36PM  
**Yama** 9:12AM - 10:40AM  
**Rahu** 3:04PM - 4:32PM

**Magha\*** Until 1:20AM Wed  
Vishkambha\* Until 11:03PM  
Gara Until 2:36PM  
**Shashthi\*** Until 1:33AM Wed

**Ganesha:** Purple *Sunrise:* 6:15AM  
**Muruqa:** Clear *Sunset:* 6:00PM  
**Nataraja:** Clear  
Moon - Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 1:20AM Wed  
Then Creative Work - Amrita Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti\* Yoga Visti\*/Bava Karana Saptamyam Titau

Colombo, Sri Lanka

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 16.04 Tithi 22

852523465

**Gulika** 10:40AM - 12:08PM  
**Yama** 7:44AM - 9:12AM  
**Rahu** 12:08PM - 1:36PM

**Purvaphalguni** Until 11:57PM  
Priti Until 8:10PM  
Visti Until 12:32PM  
**Saptami** Until 11:29PM

**Ganesha:** Purple *Sunrise:* 6:16AM  
**Muruqa:** Clear *Sunset:* 6:01PM  
**Nataraja:** Clear  
Moon - Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Colombo, Sri Lanka

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 0.13 Tithi 23

852523465

**Gulika** 9:13AM - 10:41AM  
**Yama** 6:16AM - 7:45AM  
**Rahu** 1:37PM - 3:05PM

**Uttaraphalguni** Until 10:25PM  
Ayushman Until 5:14PM  
Balava Until 10:27AM  
**Ashtami\*** Until 9:24PM

**Ganesha:** Purple *Sunrise:* 6:16AM  
**Muruqa:** Clear *Sunset:* 6:01PM  
**Nataraja:** Clear  
Moon - Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 10:25PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Colombo, Sri Lanka

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 14.23 Tithi 24

862523465

**Gulika** 7:45AM - 9:13AM  
**Yama** 3:06PM - 4:34PM  
**Rahu** 10:41AM - 12:09PM

**Hasta** Until 9:11PM  
Saubhagya Until 2:20PM  
Taitila Until 8:23AM  
**Navami\*** Until 7:20PM

**Ganesha:** Clear *Sunrise:* 6:17AM  
**Muruqa:** Clear *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon - Green  
**Margasira-Markali**

**Devaloka Day**

Creative Work Amrita Yoga

Until 9:11PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau	Colombo, Sri Lanka Sun 8 Sutra 251 Vikarin 5121
Kanya Rasi: 28.31	Tithi 25 – 26	862523465	<b>Gulika</b> 6:17AM – 7:46AM <b>Yama</b> 1:38PM – 3:06PM <b>Rahu</b> 9:14AM – 10:42AM	<b>Chitra</b> Until 7:52PM Sobhana Until 11:29AM Vanija Until 6:21AM Dashami Until 5:21PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:17AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:02PM</i> <b>Nataraja:</b> Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati		<b>Devaloka Day</b>
Until 7:52PM				<b>Margasira-Markali</b>	
Then Creative Work - Siddha Yoga					
<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Colombo, Sri Lanka Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 12.35	Tithi 26 – 27	862523465	<b>Gulika</b> 3:07PM – 4:35PM <b>Yama</b> 12:10PM – 1:38PM <b>Rahu</b> 4:35PM – 6:03PM	<b>Svati</b> Until 6:33PM Athiganda* Until 8:42AM Kaulava Until 2:37AM Mon Ekadashi* Until 3:28PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:03PM</i> <b>Nataraja:</b> Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati		<b>Devaloka Day</b>
Until 6:33PM				<b>Margasira-Markali</b>	
Then Routine Work - Marana Yoga					
<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Colombo, Sri Lanka Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 26.33	Tithi 27 – 28	872523465	<b>Gulika</b> 1:39PM – 3:07PM <b>Yama</b> 10:43AM – 12:11PM <b>Rahu</b> 7:47AM – 9:15AM	<b>Vishakha</b> Until 5:43PM Sukarma Until 6:03AM Gara Until 1:04AM Tue Dvadashi* Until 1:47PM	<b>Ganesha:</b> White <i>Sunrise: 6:18AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:03PM</i> <b>Nataraja:</b> Clear Moon – Orange
<b>Family Home Evening</b>	Marana Yoga		Day 3 of Pancha Ganapati		<b>Bhuloka Day</b>
Until 5:43PM				<b>Margasira-Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			
<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Colombo, Sri Lanka Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 10.23	Tithi 28 – 29	872523465	<b>Gulika</b> 12:11PM – 1:39PM <b>Yama</b> 9:15AM – 10:43AM <b>Rahu</b> 3:08PM – 4:36PM	<b>Anuradha</b> Until 5:01PM Shula* Until 1:24AM Wed Visti Until 11:49PM Trayodashi* Until 12:22PM	<b>Ganesha:</b> White <i>Sunrise: 6:19AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:04PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati		<b>Bhuloka Day</b>
Until 5:01PM				<b>Margasira-Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Colombo, Sri Lanka Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 24	Tithi 29 – 30	872523465	<b>Gulika</b> 10:44AM – 12:12PM <b>Yama</b> 7:48AM – 9:16AM <b>Rahu</b> 12:12PM – 1:40PM	<b>Jyeshtha*</b> Until 4:32PM Ganda* Until 11:32PM Catuspada Until 10:59PM Chaturdashi* Until 11:19AM	<b>Ganesha:</b> White <i>Sunrise: 6:19AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:04PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati		<b>Bhuloka Day</b>
Until 4:32PM				<b>Margasira-Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Colombo, Sri Lanka Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 7.23	Tithi 30 – 1	883523465	<b>Gulika</b> 9:16AM – 10:44AM <b>Yama</b> 6:20AM – 7:48AM <b>Rahu</b> 1:40PM – 3:09PM	<b>Mula*</b> Until 4:49PM Vriddhi Until 10:04PM Kintughna Until 10:39PM Amavasya* Until 10:44AM	<b>Ganesha:</b> Orange <i>Sunrise: 6:20AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:05PM</i> <b>Nataraja:</b> Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Colombo, Sri Lanka Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 20.29	Tithi 1 – 2	<b>Gulika</b> 7:49AM – 9:17AM <b>Yama</b> 3:09PM – 4:37PM <b>Rahu</b> 10:45AM – 12:13PM	<b>Purvashadha* Until 5:29PM</b> Dhruva Until 9:01PM Balava Until 10:52PM <b>Prathama* Until 10:40AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausa-Markali</b>	<b>Devaloka Day</b> Sunrise: 6:20AM Sunset: 6:05PM Moon 12 - Phase 36 3rd Phase
Routine Work Prabalarishta Yoga Until 5:29PM Then Routine Work - Marana Yoga					
<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Colombo, Sri Lanka Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 3.18	Tithi 2 – 3	<b>Gulika</b> 6:21AM – 7:49AM <b>Yama</b> 1:41PM – 3:10PM <b>Rahu</b> 9:17AM – 10:45AM	<b>Uttarashadha Until 6:34PM</b> Vyaghata* Until 8:26PM Taitila Until 11:42PM <b>Dvitiya Until 11:12AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausa-Markali</b>	<b>Devaloka Day</b> Sunrise: 6:21AM Sunset: 6:06PM Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga Until 6:34PM Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Colombo, Sri Lanka Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 15.51	Tithi 3 – 4	<b>Gulika</b> 3:10PM – 4:38PM <b>Yama</b> 12:14PM – 1:42PM <b>Rahu</b> 4:38PM – 6:06PM	<b>Shravana Until 8:32PM</b> Harshana Until 8:18PM Vanija Until 1:07AM Mon <b>Tritiya Until 12:19PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausa-Markali</b>	<b>Devaloka Day</b> Sunrise: 6:21AM Sunset: 6:06PM Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 8:32PM Then Routine Work - Marana Yoga					
<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Colombo, Sri Lanka Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 28.09	Tithi 4 – 5	<b>Gulika</b> 1:42PM – 3:11PM <b>Yama</b> 10:46AM – 12:14PM <b>Rahu</b> 7:50AM – 9:18AM	<b>Dhanishtha Until 10:50PM</b> Vajra* Until 8:33PM Bava Until 3:01AM Tue <b>Chaturthi* Until 1:59PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausa-Markali</b>	<b>Devaloka Day</b> Sunrise: 6:22AM Sunset: 6:07PM Moon 12 - Phase 36 3rd Phase
Family Home Evening Creative Work Siddha Yoga					
<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Colombo, Sri Lanka Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 10.15	Tithi 5 – 6	<b>Gulika</b> 12:15PM – 1:43PM <b>Yama</b> 9:19AM – 10:47AM <b>Rahu</b> 3:11PM – 4:39PM	<b>Shatabhishak Until 1:20AM Wed</b> Siddhi Until 9:06PM Kaulava Until 5:18AM Wed <b>Panchami Until 4:06PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausa-Markali</b>	<b>Devaloka Day</b> Sunrise: 6:22AM Sunset: 6:07PM Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga Until 1:20AM Wed Then Creative Work - Amrita Yoga					
<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila Karana Shashthyam Titau	Colombo, Sri Lanka Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 22.13	Tithi 6	<b>Gulika</b> 10:48AM – 12:16PM <b>Yama</b> 7:51AM – 9:19AM <b>Rahu</b> 12:16PM – 1:44PM	<b>Purvaprosarthpada* Until 4:24AM Thu</b> Vyatipata* Until 9:51PM Taitila Until 6:31PM <b>Shashthi* Until 6:31PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausa-Markali</b>	<b>Bhuloka Day</b> Sunrise: 6:23AM Sunset: 6:08PM Moon 12 - Phase 36 3rd Phase Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 4:24AM Thu Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>			
<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau	Colombo, Sri Lanka Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 4.07	Tithi 7	<b>Gulika</b> 9:20AM – 10:48AM <b>Yama</b> 6:24AM – 7:52AM <b>Rahu</b> 1:44PM – 3:13PM	<b>Uttaraprosarthpada Until 7:18AM Fri</b> Variyan Until 10:38PM Gara Until 7:47AM <b>Saptami Until 9:01PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausa-Markali</b>	<b>Bhuloka Day</b> Sunrise: 6:24AM Sunset: 6:09PM Moon 12 - Phase 36 3rd Phase Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					
<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Colombo, Sri Lanka Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 16.01	Tithi 8	<b>Gulika</b> 7:52AM – 9:20AM <b>Yama</b> 3:13PM – 4:41PM <b>Rahu</b> 10:48AM – 12:17PM	<b>Uttaraprosarthpada Until 7:18AM</b> Parigha* Until 11:21PM Visti Until 10:16AM <b>Ashtami* Until 11:25PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausa-Markali</b>	<b>Bhuloka Day</b> Sunrise: 6:24AM Sunset: 6:09PM Moon 12 - Phase 36 Ashtami Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					
<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Colombo, Sri Lanka Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 27.58	Tithi 9	<b>Gulika</b> 6:24AM – 7:53AM <b>Yama</b> 1:45PM – 3:13PM <b>Rahu</b> 9:21AM – 10:49AM	<b>Revati Until 9:53AM</b> Shiva Until 11:51PM Balava Until 12:32PM <b>Navami* Until 1:31AM Sun</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausa-Markali</b>	<b>Bhuloka Day</b> Sunrise: 6:24AM Sunset: 6:10PM Moon 12 - Phase 36 Navami Devaloka Time: 3:PM to 6:PM
Routine Work Prabalarishta Yoga Until 9:53AM Then Creative Work - Siddha Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Colombo, Sri Lanka Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 10.04	Tithi 10	<b>Gulika</b> 3:14PM – 4:42PM	<b>Ashvini</b> Until 12:24PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:25AM	<i>Sunset:</i> 6:10PM	Moon 12 - Phase 37
		Yama 12:18PM – 1:46PM	Siddha Until 11:57PM	<b>Muruqa:</b> Clear		4th Phase
	823623466	<b>Rahu</b> 4:42PM – 6:10PM	Taitila Until 2:24PM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 12:24PM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami</b> Until 3:06AM Mon	<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2 Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Colombo, Sri Lanka Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 22.22	Tithi 11	<b>Gulika</b> 1:46PM – 3:14PM	<b>Bharani</b> Until 2:14PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:25AM	<i>Sunset:</i> 6:11PM	Moon 12 - Phase 37
<b>Family Home Evening</b>		Yama 10:50AM – 12:18PM	Sadhya Until 11:36PM	<b>Muruqa:</b> Clear		4th Phase
Creative Work	Siddha Yoga	823623466 <b>Rahu</b> 7:53AM – 9:22AM	Vanija Until 3:41PM	<b>Nataraja:</b> Orange		
Until 2:14PM		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 4:03AM Tue	Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		

<b>3 Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Colombo, Sri Lanka Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 4.58	Tithi 12	<b>Gulika</b> 12:18PM – 1:47PM	<b>Krittika</b> Until 3:15PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM	<i>Sunset:</i> 6:11PM	Moon 12 - Phase 37
		Yama 9:22AM – 10:50AM	Subha Until 10:43PM	<b>Muruqa:</b> Clear		4th Phase
	823623466	<b>Rahu</b> 3:15PM – 4:43PM	Bava Until 4:17PM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 3:15PM			<b>Dvadashi</b> Until 4:17AM Wed	<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Colombo, Sri Lanka Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 17.54	Tithi 13	<b>Gulika</b> 10:51AM – 12:19PM	<b>Rohini</b> Until 3:52PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM	<i>Sunset:</i> 6:12PM	Moon 12 - Phase 37
		Yama 7:54AM – 9:22AM	Sukla Until 9:14PM	<b>Muruqa:</b> Clear		4th Phase
	833623466	<b>Rahu</b> 12:19PM – 1:47PM	Kaulava Until 4:08PM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Yellow		<b>Bhuloka Day</b>
			<b>Trayodashi</b> Until 3:47AM Thu	<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
			<i>Pradosha Vrata</i>			

<b>5 Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Colombo, Sri Lanka Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 1.12	Tithi 14	<b>Gulika</b> 9:23AM – 10:51AM	<b>Mrigashira</b> Until 3:39PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM	<i>Sunset:</i> 6:12PM	Moon 12 - Phase 37
		Yama 6:26AM – 7:54AM	Brahma Until 7:14PM	<b>Muruqa:</b> Clear		4th Phase
	834623466	<b>Rahu</b> 1:48PM – 3:16PM	Gara Until 3:18PM	<b>Nataraja:</b> Orange		
Routine Work	Marana Yoga			Moon – Yellow		<b>Devaloka Day</b>
			<b>Chaturdashi*</b> Until 2:37AM Fri	<b>Pausha-Markali</b>		

<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Colombo, Sri Lanka Sutra 271 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:55AM – 9:23AM	<b>Ardra</b> Until 2:40PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM	<i>Sunset:</i> 6:13PM	Moon 12 - Phase 37
Mithuna Rasi: 14.53	Tithi 15	Yama 3:16PM – 4:45PM	Indra Until 4:46PM	<b>Muruqa:</b> Clear		Purnima
		834623466 <b>Rahu</b> 10:51AM – 12:20PM	Visti Until 1:49PM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>	<b>Purnima*</b> Until 12:52AM Sat	<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				

<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Colombo, Sri Lanka Sutra 272 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:27AM – 7:55AM	<b>Punarvasu</b> Until 1:29PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM	<i>Sunset:</i> 6:13PM	Moon 12 - Phase 37
Mithuna Rasi: 28.53	Tithi 16	Yama 1:48PM – 3:17PM	Vaidhriti* Until 1:52PM	<b>Muruqa:</b> Clear		Prathama
		844623466 <b>Rahu</b> 9:23AM – 10:52AM	Balava Until 11:50AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Blue		<b>Sivaloka Day</b>
			<b>Prathama*</b> Until 10:40PM	<b>Pausha-Markali</b>		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 13.11 Tithi 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 3:17PM – 4:45PM  
**Yama** 12:20PM – 1:49PM  
**Rahu** 4:45PM – 6:14PM

**Pushya Until 11:47AM**  
**Vishkambha\* Until 10:42AM**  
**Taitila Until 9:28AM**  
**Dvitiya Until 8:10PM**

**Ganesha:** White *Sunrise:* 6:27AM  
**Muruqa:** Clear *Sunset:* 6:14PM  
**Nataraja:** Orange  
Moon – Blue  
**Pausha-Markali**

Colombo, Sri Lanka  
Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

1

Monday, January 13, 2020

Kataka Rasi: 27.39 Tithi 18 – 19

Family Home Evening

844623466

Creative Work Siddha Yoga

Until 9:43AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 1:49PM – 3:18PM  
**Yama** 10:52AM – 12:21PM  
**Rahu** 7:56AM – 9:24AM

**Ashlesha\* Until 9:43AM**  
**Priti Until 7:21AM**  
**Vanija Until 6:51AM**  
**Tritiya Until 5:29PM**

**Ganesha:** White *Sunrise:* 6:27AM  
**Muruqa:** Clear *Sunset:* 6:14PM  
**Nataraja:** Orange  
Moon – Blue  
**Pausha-Markali**

Colombo, Sri Lanka  
Sun 1 Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

2

Tuesday, January 14, 2020

Simha Rasi: 12.12 Tithi 19 – 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 12:21PM – 1:50PM  
**Yama** 9:24AM – 10:53AM  
**Rahu** 3:18PM – 4:46PM

**Magha\* Until 7:51AM**  
**Saubhagya Until 12:28AM Wed**  
**Kaulava Until 1:27AM Wed**  
**Chaturthi\* Until 2:46PM**

**Ganesha:** Clear *Sunrise:* 6:28AM  
**Muruqa:** Clear *Sunset:* 6:15PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Markali**

Colombo, Sri Lanka  
Sun 2 Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

3

Wednesday, January 15, 2020

Simha Rasi: 26.43 Tithi 20 – 21

Creative Work Amrita Yoga

854623466

Until 3:56AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:53AM – 12:22PM  
**Yama** 7:56AM – 9:25AM  
**Rahu** 12:22PM – 1:50PM

**Uttaraphalguni Until 3:56AM Thu**  
**Sobhana Until 9:10PM**  
**Gara Until 10:54PM**  
**Panchami Until 12:08PM**

**Ganesha:** Clear *Sunrise:* 6:28AM  
**Muruqa:** Clear *Sunset:* 6:15PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Thai**

Colombo, Sri Lanka  
Sun 3 Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

4

Thursday, January 16, 2020

Kanya Rasi: 11.08 Tithi 21 – 22

Routine Work Marana Yoga

864623466

Until 2:30AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:25AM – 10:53AM  
**Yama** 6:28AM – 7:57AM  
**Rahu** 1:50PM – 3:19PM

**Hasta Until 2:30AM Fri**  
**Athiganda\* Until 6:00PM**  
**Visti Until 8:34PM**  
**Shashthi\* Until 9:41AM**

**Ganesha:** Purple *Sunrise:* 6:28AM  
**Muruqa:** Clear *Sunset:* 6:16PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Colombo, Sri Lanka  
Sun 4 Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 25.23 Tithi 22 – 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 7:57AM – 9:25AM  
**Yama** 3:19PM – 4:48PM  
**Rahu** 10:54AM – 12:22PM

**Chitra Until 1:13AM Sat**  
**Sukarma Until 3:05PM**  
**Balava Until 6:31PM**  
**Saptami Until 7:29AM**

**Ganesha:** Purple *Sunrise:* 6:28AM  
**Muruqa:** Clear *Sunset:* 6:16PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Colombo, Sri Lanka  
Sun 5 Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

**Sivaloka Day**

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 9.26 Tithi 24

Creative Work Siddha Yoga

864623466

Until 12:09AM Sun

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 6:29AM – 7:57AM  
**Yama** 1:51PM – 3:19PM  
**Rahu** 9:26AM – 10:54AM

**Svati Until 12:09AM Sun**  
**Dhriti Until 12:26PM**  
**Taitila Until 4:49PM**  
**Navami\* Until 4:05AM Sun**

**Ganesha:** Purple *Sunrise:* 6:29AM  
**Muruqa:** Clear *Sunset:* 6:16PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Colombo, Sri Lanka  
Sun 6 Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

**Sivaloka Day**


<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Colombo, Sri Lanka Sun 7 Sutra 280 Vikarin 5121
Tula Rasi: 23.15	Tithi 25	<b>Gulika</b> 3:20PM – 4:48PM	<b>Vishakha</b> Until 11:44PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM	
		Yama 12:23PM – 1:51PM	Shula* Until 10:03AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:17PM	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 4:48PM – 6:17PM	Vanija Until 3:28PM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 2:56AM Mon	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ekadashyam Titau	Colombo, Sri Lanka Sun 8 Sutra 281 Vikarin 5121
Vrischika Rasi: 6.51	Tithi 26	<b>Gulika</b> 1:52PM – 3:20PM	<b>Anuradha</b> Until 11:32PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM	
<b>Family Home Evening</b>		Yama 10:55AM – 12:23PM	Ganda* Until 8:00AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:17PM	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 7:58AM – 9:26AM	Bava Until 2:31PM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 2:10AM Tue	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau	Colombo, Sri Lanka Sun 9 Sutra 282 Vikarin 5121
Vrischika Rasi: 20.14	Tithi 27	<b>Gulika</b> 12:23PM – 1:52PM	<b>Jyeshtha*</b> Until 11:35PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM	
		Yama 9:26AM – 10:55AM	Vriddhi Until 6:15AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:18PM	Moon 1 - Phase 39
	875623466	<b>Rahu</b> 3:20PM – 4:49PM	Kaulava Until 1:57PM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 1:48AM Wed	Moon – Orange	<b>Bhuloka Day</b>
Until 11:35PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Colombo, Sri Lanka Sun 10 Sutra 283 Vikarin 5121
Dhanus Rasi: 3.24	Tithi 28	<b>Gulika</b> 10:55AM – 12:24PM	<b>Mula*</b> Until 12:21AM Thu	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:29AM	
		Yama 7:58AM – 9:27AM	Vyaghata* Until 3:40AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:18PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 12:24PM – 1:52PM	Gara Until 1:48PM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 1:51AM Thu	Moon – Light Blue	<b>Bhuloka Day</b>
Until 12:21AM Thu				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Colombo, Sri Lanka Sun 11 Sutra 284 Vikarin 5121
Dhanus Rasi: 16.21	Tithi 29	<b>Gulika</b> 9:27AM – 10:55AM	<b>Purvashadha*</b> Until 1:21AM Fri	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:30AM	
		Yama 6:30AM – 7:58AM	Harshana Until 2:53AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:18PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 1:53PM – 3:21PM	Visti* Until 2:04PM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:20AM Fri	Moon – Light Blue	<b>Bhuloka Day</b>
Until 1:21AM Fri				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Colombo, Sri Lanka Sun 12 Sutra 285 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:58AM – 9:27AM	<b>Uttarashadha</b> Until 2:37AM Sat	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:30AM	
Dhanus Rasi: 29.07	Tithi 30	Yama 3:21PM – 4:50PM	Vajra* Until 2:24AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 10:56AM – 12:24PM	Catuspada Until 2:45PM	<b>Nataraja:</b> Orange	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 3:14AM Sat	Moon – Light Blue	<b>Bhuloka Day</b>
Until 2:37AM Sat				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Colombo, Sri Lanka Sun 13 Sutra 286 Vikarin 5121
Makara Rasi: 11.4	Tithi 1	<b>Gulika</b> 6:30AM – 7:58AM	<b>Shravana</b> Until 4:38AM Sun	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:30AM	
		Yama 1:53PM – 3:22PM	Siddhi Until 2:16AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 1 - Phase 39
	995623466	<b>Rahu</b> 9:27AM – 10:56AM	Kintughna Until 3:53PM	<b>Nataraja:</b> Orange	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:35AM Sun	Moon – Purple	<b>Bhuloka Day</b>
Until 4:38AM Sun				<b>Magha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Colombo, Sri Lanka Sun 14 Sutra 287
	Makara Rasi: 24.01	Tithi 2	<b>Gulika</b> 3:22PM – 4:51PM	<b>Dhanishtha</b> Until 6:51AM Mon	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work Marana Yoga		Yama 12:25PM – 1:53PM	Vyatipata* Until 2:27AM Mon	<b>Nataraja:</b> Orange	<b>Moon – Purple</b>	<b>Devaloka Day</b>
		995723466 <b>Rahu</b> 4:51PM – 6:19PM	Balava Until 5:26PM				
			<b>Dvitiya</b> Until 6:20AM Mon	<b>Magha-Thai</b>			
		Until 6:51AM Mon					
		Then Creative Work - Siddha Yoga					

<b>2</b>	<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Colombo, Sri Lanka Sun 15 Sutra 288
	Kumbha Rasi: 6.13	Tithi 2 – 3	<b>Gulika</b> 1:54PM – 3:22PM	<b>Dhanishtha</b> Until 6:51AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Family Home Evening		Yama 10:56AM – 12:25PM	Variyan Until 2:53AM Tue	<b>Nataraja:</b> Orange	<b>Moon – Purple</b>	<b>Devaloka Day</b>
		995723466 <b>Rahu</b> 7:59AM – 9:27AM	Taitila Until 7:22PM				
			<b>Dvitiya</b> Until 6:20AM	<b>Magha-Thai</b>			
		Creative Work Siddha Yoga					

<b>3</b>	<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Colombo, Sri Lanka Sun 16 Sutra 289
	Kumbha Rasi: 18.17	Tithi 3 – 4	<b>Gulika</b> 12:25PM – 1:54PM	<b>Shatabhishak</b> Until 9:15AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work Marana Yoga		Yama 9:28AM – 10:56AM	Parigha* Until 3:32AM Wed	<b>Nataraja:</b> Orange	<b>Moon – Purple</b>	<b>Devaloka Day</b>
		995723466 <b>Rahu</b> 3:23PM – 4:51PM	Vanija Until 9:36PM				
			<b>Tritiya</b> Until 8:26AM	<b>Magha-Thai</b>			
		Then Creative Work - Siddha Yoga					

<b>4</b>	<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Colombo, Sri Lanka Sun 17 Sutra 290
	Meena Rasi: 0.14	Tithi 4 – 5	<b>Gulika</b> 10:56AM – 12:25PM	<b>Purvaproshtapada*</b> Until 12:14PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work Amrita Yoga		Yama 7:59AM – 9:28AM	Shiva Until 4:21AM Thu	<b>Nataraja:</b> Orange	<b>Moon – Clear</b>	<b>Sivaloka Day</b>
		915723466 <b>Rahu</b> 12:25PM – 1:54PM	Bava Until 12:04AM Thu				
			<b>Chaturthi*</b> Until 10:48AM	<b>Magha-Thai</b>			
		Until 12:14PM					
		Then Creative Work - Siddha Yoga					

<b>5</b>	<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Colombo, Sri Lanka Sun 18 Sutra 291
	Meena Rasi: 12.07	Tithi 5 – 6	<b>Gulika</b> 9:28AM – 10:57AM	<b>Uttaraproshtapada</b> Until 3:11PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:21PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work Siddha Yoga		Yama 6:30AM – 7:59AM	Siddha Until 5:10AM Fri	<b>Nataraja:</b> Orange	<b>Moon – Clear</b>	<b>Sivaloka Day</b>
		915723466 <b>Rahu</b> 1:54PM – 3:23PM	Kaulava Until 2:36AM Fri				
			<b>Panchami</b> Until 1:19PM	<b>Magha-Thai</b>			
		Then Creative Work - Siddha Yoga					

<b>6</b>	<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Colombo, Sri Lanka Sun 19 Sutra 292
	Meena Rasi: 23.59	Tithi 6 – 7	<b>Gulika</b> 7:59AM – 9:28AM	<b>Revati</b> Until 5:56PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:21PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work Siddha Yoga		Yama 3:23PM – 4:52PM	Sadhya Until 5:55AM Sat	<b>Nataraja:</b> Orange	<b>Moon – Clear</b>	<b>Devaloka Day</b>
		916723466 <b>Rahu</b> 10:57AM – 12:26PM	Gara Until 5:02AM Sat				
			<b>Shashthi*</b> Until 3:49PM	<b>Magha-Thai</b>			
		Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>	<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija Karana Saptamyam Titau				Colombo, Sri Lanka Sun 20 Sutra 293
	Mesha Rasi: 5.54	Tithi 7	<b>Gulika</b> 6:30AM – 7:59AM	<b>Ashvini</b> Until 8:50PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:21PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work Siddha Yoga		Yama 1:54PM – 3:23PM	Subha Until 6:27AM Sun	<b>Nataraja:</b> Orange	<b>Moon – White</b>	<b>Bhuloka Day</b>
		926723466 <b>Rahu</b> 9:28AM – 10:57AM	Vanija Until 6:08PM			<b>Devaloka Time: 3:PM to 6:PM</b>	
			<b>Saptami</b> Until 6:08PM	<b>Magha-Thai</b>			
		Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>	<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Colombo, Sri Lanka Sun 21 Sutra 294
	Mesha Rasi: 17.56	Tithi 8	<b>Gulika</b> 3:23PM – 4:52PM	<b>Bharani</b> Until 11:09PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:21PM	Vikarin 5121 Moon 1 - Phase 40 Ashtami
	Routine Work Prabalarishta Yoga		Yama 12:26PM – 1:55PM	Subha Until 6:27AM	<b>Nataraja:</b> Orange	<b>Moon – White</b>	<b>Bhuloka Day</b>
		926723466 <b>Rahu</b> 4:52PM – 6:21PM	Visti Until 7:10AM			<b>Devaloka Time: 3:PM to 6:PM</b>	
			<b>Ashtami*</b> Until 8:02PM	<b>Magha-Thai</b>			
		Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>	<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Colombo, Sri Lanka Sun 22 Sutra 295
	Vrishabha Rasi: 0.1	Tithi 9	<b>Gulika</b> 1:55PM – 3:24PM	<b>Krittika</b> Until 12:42AM Tue	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:21PM	Vikarin 5121 Moon 1 - Phase 40 Navami
	Family Home Evening		Yama 10:57AM – 12:26PM	Sukla Until 6:35AM	<b>Nataraja:</b> Orange	<b>Moon – White</b>	<b>Bhuloka Day</b>
		926723466 <b>Rahu</b> 7:59AM – 9:28AM	Balava Until 8:48AM			<b>Devaloka Time: 3:PM to 6:PM</b>	
			<b>Navami*</b> Until 9:20PM	<b>Magha-Thai</b>			
		Routine Work Marana Yoga					
		Until 12:42AM Tue					
		Then Creative Work - Amrita Yoga					

<b>1</b>		<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau	Colombo, Sri Lanka Sun 23 Sutra 296
Wishabha Rasi: 12.42	Tithi 10	Gulika 12:26PM – 1:55PM	Rohini Until 1:50AM Wed	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:30AM Sunset: 6:22PM Moon 1 - Phase 41 4th Phase
936723467	Rahu 3:24PM – 4:53PM	Yama 9:28AM – 10:57AM	Brahma Until 6:12AM	Magha*Thai	Devaloka Day
Creative Work Amrita Yoga			Taitila Until 9:43AM		
Until 1:50AM Wed			Dashami Until 9:51PM		
Then Creative Work - Siddha Yoga					
<b>2</b>		<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Colombo, Sri Lanka Sun 24 Sutra 297
Wishabha Rasi: 25.35	Tithi 11	Gulika 10:57AM – 12:26PM	Mrigashira Until 1:59AM Thu	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:30AM Sunset: 6:22PM Moon 1 - Phase 41 4th Phase
936723467	Rahu 12:26PM – 1:55PM	Yama 7:59AM – 9:28AM	Vaidhriti* Until 3:35AM Thu	Magha*Thai	Devaloka Day
Creative Work Siddha Yoga			Vanija Until 9:49AM		
Until 1:59AM Thu			Ekadashi Until 9:32PM		
Then Routine Work - Marana Yoga					
<b>3</b>		<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashtyam Titau	Colombo, Sri Lanka Sun 25 Sutra 298
Mithuna Rasi: 8.55	Tithi 12	Gulika 9:28AM – 10:57AM	Ardra Until 1:11AM Fri	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:30AM Sunset: 6:22PM Moon 1 - Phase 41 4th Phase
936723467	Rahu 1:55PM – 3:24PM	Yama 6:30AM – 7:59AM	Vishkambha* Until 1:18AM Fri	Magha*Thai	Devaloka Day
Routine Work Marana Yoga			Bava Until 9:05AM		
Until 1:11AM Fri			Dvadashti Until 8:24PM		
Then Creative Work - Siddha Yoga					
<b>4</b>		<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Colombo, Sri Lanka Sun 26 Sutra 299
Mithuna Rasi: 22.43	Tithi 13	Gulika 7:59AM – 9:28AM	Punarvasu Until 11:58PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:30AM Sunset: 6:22PM Moon 1 - Phase 41 4th Phase
947723467	Rahu 10:57AM – 12:26PM	Yama 3:24PM – 4:53PM	Priti Until 10:27PM	Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga			Kaulava Until 7:33AM		
Until 11:58PM			Trayodashi Until 6:30PM		
Then Routine Work - Marana Yoga					
<b>5</b>		<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Colombo, Sri Lanka Sun 27 Sutra 300
Kataka Rasi: 6.56	Tithi 14 – 15	Gulika 6:30AM – 7:59AM	Pushya Until 10:01PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:30AM Sunset: 6:23PM Moon 1 - Phase 41 4th Phase
947723467	Rahu 9:28AM – 10:57AM	Yama 1:55PM – 3:24PM	Ayushman Until 7:06PM	Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga			Visti Until 2:33AM Sun		
Until 10:01PM		Thai Pusam	Chaturdashi* Until 3:59PM		
Then Routine Work - Marana Yoga					
<b>○</b>		<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Colombo, Sri Lanka Sutra 301
Kataka Rasi: 21.33	Tithi 15 – 16	Gulika 3:24PM – 4:54PM	Ashlesha* Until 7:31PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:30AM Sunset: 6:23PM Moon 1 - Phase 41 Purnima
947723467	Rahu 4:54PM – 6:23PM	Yama 12:26PM – 1:55PM	Saubhagya Until 3:24PM	Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga			Balava Until 11:24PM		
Until 7:31PM			Purnima* Until 1:00PM		
Then Routine Work - Marana Yoga					
<b>○</b>		<b>Monday, February 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Colombo, Sri Lanka Sutra 302
Simha Rasi: 6.25	Tithi 16 – 17	Gulika 1:55PM – 3:25PM	Magha* Until 5:03PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:30AM Sunset: 6:23PM Moon 1 - Phase 41 Prathama
957723467	Rahu 7:59AM – 9:28AM	Yama 10:57AM – 12:26PM	Sobhana Until 11:29AM	Magha*Thai	Devaloka Day
Family Home Evening			Taitila Until 8:01PM		
Routine Work Marana Yoga			Prathama* Until 9:43AM		
Until 5:03PM					
Then Creative Work - Siddha Yoga					





Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Gara/Vishti\* Karana Dvitiya/Trilyayam Titau

Colombo, Sri Lanka  
Sun 1 Sutra 303

Simha Rasi: 21.25 Tithi 17 - 18

957723467

Gulika  
Yama  
Rahu

12:26PM - 1:55PM  
9:28AM - 10:57AM  
3:25PM - 4:54PM

Purvaphalguni Until 2:22PM  
Athiganda\* Until 7:26AM  
Visti Until 2:54AM Wed  
Dvitiya Until 6:17AM

Ganesha: Red  
Muruga: Clear  
Nataraja: Clear  
Moon - Red

Sunrise: 6:29AM  
Sunset: 6:23PM

Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Creative Work Siddha Yoga  
Until 2:22PM  
Then Creative Work - Amrita Yoga

Devaloka Day  
Magha-Thai

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Colombo, Sri Lanka  
Sun 2 Sutra 304

Kanya Rasi: 6.24 Tithi 19

957723467

Gulika  
Yama  
Rahu

10:57AM - 12:26PM  
7:59AM - 9:28AM  
12:26PM - 1:55PM

Uttaraphalguni Until 11:38AM  
Dhriti Until 11:37PM  
Bava Until 1:17PM  
Chaturthi\* Until 11:41PM

Ganesha: Red  
Muruga: Clear  
Nataraja: Clear  
Moon - Red

Sunrise: 6:29AM  
Sunset: 6:23PM

Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Creative Work Amrita Yoga  
Until 11:38AM  
Then Routine Work - Marana Yoga

Devaloka Day  
Magha-Thai

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Colombo, Sri Lanka  
Sun 3 Sutra 305

Kanya Rasi: 21.13 Tithi 20

967723467

Gulika  
Yama  
Rahu

9:28AM - 10:57AM  
6:29AM - 7:58AM  
1:56PM - 3:25PM

Hasta Until 9:26AM  
Shula\* Until 8:02PM  
Kaulava Until 10:13AM  
Panchami Until 8:49PM

Ganesha: Green  
Muruga: Clear  
Nataraja: Clear  
Moon - Green

Sunrise: 6:29AM  
Sunset: 6:23PM

Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Routine Work Marana Yoga  
Until 9:26AM  
Then Creative Work - Siddha Yoga

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha-Masi

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yridhi Yoga Gara/Vanija Karana Shashthyam Titau

Colombo, Sri Lanka  
Sun 4 Sutra 306

Tula Rasi: 5.46 Tithi 21

968723467

Gulika  
Yama  
Rahu

7:58AM - 9:28AM  
3:25PM - 4:54PM  
10:57AM - 12:26PM

Chitra Until 7:28AM  
Ganda\* Until 4:50PM  
Gara Until 7:33AM  
Shashthi\* Until 6:23PM

Ganesha: White  
Muruga: Clear  
Nataraja: Clear  
Moon - Green

Sunrise: 6:29AM  
Sunset: 6:23PM

Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Creative Work Siddha Yoga

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha-Masi

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Colombo, Sri Lanka  
Sun 5 Sutra 307

Tula Rasi: 19.58 Tithi 22 - 23

968723467

Gulika  
Yama  
Rahu

6:29AM - 7:58AM  
1:56PM - 3:25PM  
9:27AM - 10:57AM

Vishakha Until 5:09AM Sun  
Vriddhi Until 2:05PM  
Balava Until 3:49AM Sun  
Saptami Until 4:31PM

Ganesha: White  
Muruga: Clear  
Nataraja: Clear  
Moon - Green

Sunrise: 6:29AM  
Sunset: 6:24PM

Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Creative Work Siddha Yoga  
Until 5:09AM Sun  
Then Routine Work - Marana Yoga

Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha-Masi

D

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Colombo, Sri Lanka  
Sun 6 Sutra 308

Vrischika Rasi: 3.49 Tithi 23 - 24

978723467

Gulika  
Yama  
Rahu

3:25PM - 4:54PM  
12:26PM - 1:56PM  
4:54PM - 6:24PM

Anuradha Until 4:53AM Mon  
Dhruva Until 11:47AM  
Taitila Until 2:52AM Mon  
Ashtami\* Until 3:14PM

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear  
Moon - Orange

Sunrise: 6:29AM  
Sunset: 6:24PM

Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

Routine Work Marana Yoga  
Until 4:53AM Mon  
Then Creative Work - Siddha Yoga

Devaloka Day  
Magha-Masi

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Colombo, Sri Lanka  
Sun 7 Sutra 309

Vrischika Rasi: 17.17 Tithi 24 - 25

978723467

Gulika  
Yama  
Rahu

1:56PM - 3:25PM  
10:57AM - 12:26PM  
7:58AM - 9:27AM

Jyeshtha\* Until 5:03AM Tue  
Vyaghata\* Until 10:00AM  
Vanija Until 2:31AM Tue  
Navami\* Until 2:36PM

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear  
Moon - Orange

Sunrise: 6:28AM  
Sunset: 6:24PM

Vikarin 5121  
Moon 2 - Phase 42  
Navami

Family Home Evening  
Creative Work Siddha Yoga  
Until 5:03AM Tue  
Then Creative Work - Amrita Yoga

Devaloka Day  
Magha-Masi

1	<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Colombo, Sri Lanka Sun 8 Sutra 310 Vikarin 5121
	Dhanus Rasi: 0.25	Tithi 25 – 26	<b>Gulika</b> 12:26PM – 1:55PM	<b>Mula* Until 6:06AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	
			Yama 9:27AM – 10:57AM	Harshana Until 8:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 43
	988723467	<b>Rahu</b> 3:25PM – 4:54PM	Bava Until 2:46AM Wed	<b>Dashami Until 2:33PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga				Moon – Light Blue		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

2	<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Colombo, Sri Lanka Sun 9 Sutra 311 Vikarin 5121
	Dhanus Rasi: 13.16	Tithi 26 – 27	<b>Gulika</b> 10:56AM – 12:26PM	<b>Mula* Until 6:06AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	
			Yama 7:57AM – 9:27AM	Vajra* Until 7:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 43
	988723467	<b>Rahu</b> 12:26PM – 1:55PM	Kaulava Until 3:31AM Thu	<b>Ekadashi* Until 3:04PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga Until 6:06AM Then Creative Work - Amrita Yoga				Moon – Light Blue		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

3	<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau				Colombo, Sri Lanka Sun 10 Sutra 312 Vikarin 5121
	Dhanus Rasi: 25.53	Tithi 27 – 28	<b>Gulika</b> 9:27AM – 10:56AM	<b>Purvashadha* Until 7:28AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	
			Yama 6:28AM – 7:57AM	Siddhi Until 7:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 43
	989823467	<b>Rahu</b> 1:55PM – 3:25PM	Gara Until 4:42AM Fri	<b>Dvodashi* Until 4:02PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga Until 7:28AM Then Routine Work - Marana Yoga				Moon – Light Blue		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata (Fasting)</i>	<b>Magha* Masi</b>			

4	<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Colombo, Sri Lanka Sun 11 Sutra 313 Vikarin 5121
	Makara Rasi: 8.19	Tithi 28 – 29	<b>Gulika</b> 7:57AM – 9:27AM	<b>Uttarashadha Until 9:05AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	
			Yama 3:25PM – 4:55PM	Vyatipata* Until 7:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 43
	989823467	<b>Rahu</b> 10:56AM – 12:26PM	Visti Until 6:15AM Sat	<b>Trayodashi* Until 5:25PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga				Moon – Light Blue		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
		<b>Mahasivaratri (Lunar)</b> <b>Mahasivaratri (Solar)</b>		<b>Magha* Masi</b>			

5	<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Colombo, Sri Lanka Sun 12 Sutra 314 Vikarin 5121
	Makara Rasi: 20.35	Tithi 29	<b>Gulika</b> 6:27AM – 7:57AM	<b>Shravana Until 11:22AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:27AM	
			Yama 1:55PM – 3:25PM	Variyan Until 7:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 43
	999823467	<b>Rahu</b> 9:26AM – 10:56AM	Visti Until 6:15AM	<b>Chaturdashi* Until 7:07PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga				Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				<b>Magha* Masi</b>			

●	<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Colombo, Sri Lanka Sun 13 Sutra 315 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 3:25PM – 4:55PM	<b>Dhanishtha Until 1:46PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:27AM	
	Kumbha Rasi: 2.45	Tithi 30	Yama 12:25PM – 1:55PM	Parigha* Until 7:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 43
	999823467	<b>Rahu</b> 4:55PM – 6:24PM	Catuspada Until 8:06AM	<b>Amavasya* Until 9:06PM</b>	<b>Nataraja:</b> Clear		Amavasya
Routine Work Marana Yoga Until 1:46PM Then Creative Work - Siddha Yoga				Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				<b>Magha* Masi</b>			

●	<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Colombo, Sri Lanka Sun 14 Sutra 316 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 1:55PM – 3:25PM	<b>Shatabhishak Until 4:13PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:26AM	
	Kumbha Rasi: 14.48	Tithi 1	Yama 10:56AM – 12:25PM	Shiva Until 8:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 43
	999823467	<b>Rahu</b> 7:56AM – 9:26AM	Kintughna Until 10:12AM	<b>Prathama* Until 11:18PM</b>	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga Until 4:13PM Then Routine Work - Marana Yoga				Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				<b>Phalgun* Masi</b>			

<b>1</b>		<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Colombo, Sri Lanka Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 26.46	Tithi 2	<b>Gulika</b> 12:25PM – 1:55PM	<b>Purvaproshtapada* Until 7:11PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:26AM	
		Yama 9:26AM – 10:55AM	Siddha Until 8:45AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:24PM	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 3:25PM – 4:54PM	Balava Until 12:30PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Dvitiya Until 1:41AM Wed</b>	Moon – Clear	<b>Devaloka Day</b>
Until 7:11PM				<b>Phalguna-Masi</b>	
Then Creative Work - Amrita Yoga					

<b>2</b>		<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau	Colombo, Sri Lanka Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 8.41	Tithi 3	<b>Gulika</b> 10:55AM – 12:25PM	<b>Uttaraproshtapada Until 10:06PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:26AM	
		Yama 7:56AM – 9:25AM	Sadhya Until 9:32AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:24PM	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 12:25PM – 1:55PM	Taitila Until 2:57PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 4:11AM Thu</b>	Moon – Clear	<b>Devaloka Day</b>
Until 10:06PM				<b>Phalguna-Masi</b>	
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau	Colombo, Sri Lanka Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 20.34	Tithi 4	<b>Gulika</b> 9:25AM – 10:55AM	<b>Revati Until 12:55AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:25AM	
		Yama 6:25AM – 7:55AM	Subha Until 10:25AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:24PM	Moon 2 - Phase 44
		919823467 <b>Rahu</b> 1:55PM – 3:25PM	Vanija Until 5:28PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 6:42AM Fri</b>	Moon – Clear	<b>Devaloka Day</b>
Until 12:55AM Fri				<b>Phalguna-Masi</b>	
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>			

<b>4</b>		<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Colombo, Sri Lanka Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 2.25	Tithi 4 – 5	<b>Gulika</b> 7:55AM – 9:25AM	<b>Ashvini Until 3:59AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM	
		Yama 3:24PM – 4:54PM	Sukla Until 11:15AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:24PM	Moon 2 - Phase 44
		921823467 <b>Rahu</b> 10:55AM – 12:25PM	Bava Until 7:57PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Chaturthi* Until 6:42AM</b>	Moon – White	<b>Bhuloka Day</b>
Until 3:59AM Sat				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga					

<b>5</b>		<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Colombo, Sri Lanka Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 14.19	Tithi 5 – 6	<b>Gulika</b> 6:25AM – 7:55AM	<b>Bharani Until 6:40AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM	
		Yama 1:54PM – 3:24PM	Brahma Until 12:01PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:24PM	Moon 2 - Phase 44
		921823467 <b>Rahu</b> 9:25AM – 10:55AM	Kaulava Until 10:15PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 9:07AM</b>	Moon – White	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>6</b>		<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Colombo, Sri Lanka Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 26.19	Tithi 6 – 7	<b>Gulika</b> 3:24PM – 4:54PM	<b>Bharani Until 6:40AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:24AM	
		Yama 12:24PM – 1:54PM	Indra Until 12:35PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:24PM	Moon 2 - Phase 44
		921833467 <b>Rahu</b> 4:54PM – 6:24PM	Gara Until 12:11AM Mon	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Shashthi* Until 11:15AM</b>	Moon – White	<b>Bhuloka Day</b>
Until 6:40AM				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Colombo, Sri Lanka Sun 21 Sutra 323 Vikarin 5121
Vrishabha Rasi: 8.29	Tithi 7 – 8	<b>Gulika</b> 1:54PM – 3:24PM	<b>Krittika Until 8:46AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:24AM	
<b>Family Home Evening</b>		Yama 10:54AM – 12:24PM	Vaidhriti* Until 12:44PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:24PM	Moon 2 - Phase 44
		921833467 <b>Rahu</b> 7:54AM – 9:24AM	Visti Until 1:31AM Tue	<b>Nataraja:</b> Clear	Ashtami
Routine Work Marana Yoga			<b>Saptami Until 12:55PM</b>	Moon – White	<b>Bhuloka Day</b>
Until 8:46AM				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Colombo, Sri Lanka Sun 22 Sutra 324 Vikarin 5121
Vrishabha Rasi: 20.55	Tithi 8 – 9	<b>Gulika</b> 12:24PM – 1:54PM	<b>Rohini Until 10:34AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM	
		Yama 9:23AM – 10:54AM	Vishkambha* Until 12:24PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:24PM	Moon 2 - Phase 44
		931833467 <b>Rahu</b> 3:24PM – 4:54PM	Balava Until 2:06AM Wed	<b>Nataraja:</b> Clear	Navami
Creative Work Amrita Yoga			<b>Ashtami* Until 1:53PM</b>	Moon – Yellow	<b>Devaloka Day</b>
Until 10:34AM				<b>Phalguna-Masi</b>	
Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Colombo, Sri Lanka Sun 23 Sutra 325	
Mithuna Rasi: 3.43	Tithi 9 – 10	<b>Gulika</b> 10:53AM – 12:23PM	<b>Mrigashira</b> Until 11:25AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Vikarin 5121	
		Yama 7:53AM – 9:23AM	Priti Until 11:27AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
931833467	<b>Rahu</b> 12:23PM – 1:54PM		Taitila Until 1:49AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:03PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Colombo, Sri Lanka Sun 24 Sutra 326	
Mithuna Rasi: 16.56	Tithi 10 – 11	<b>Gulika</b> 9:23AM – 10:53AM	<b>Ardra</b> Until 11:17AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:22AM	Vikarin 5121	
		Yama 6:22AM – 7:53AM	Ayushman Until 9:48AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
131833467	<b>Rahu</b> 1:53PM – 3:24PM		Vanija Until 12:39AM Fri	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 1:19PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 11:17AM				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Colombo, Sri Lanka Sun 25 Sutra 327	
Kataka Rasi: 0.38	Tithi 11 – 12	<b>Gulika</b> 7:52AM – 9:23AM	<b>Punarvasu</b> Until 10:35AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	Vikarin 5121	
		Yama 3:23PM – 4:54PM	Saubhagya Until 7:28AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
141833467	<b>Rahu</b> 10:53AM – 12:23PM		Bava Until 10:40PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 11:44AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 10:35AM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Colombo, Sri Lanka Sun 26 Sutra 328	
Kataka Rasi: 14.52	Tithi 12 – 13	<b>Gulika</b> 6:22AM – 7:52AM	<b>Pushya</b> Until 8:59AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	Vikarin 5121	
		Yama 1:53PM – 3:23PM	Athiganda* Until 12:59AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
141833467	<b>Rahu</b> 9:22AM – 10:52AM		Kaulava Until 7:59PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 9:23AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:59AM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							
							<i>Pradosha Vrata</i>

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Colombo, Sri Lanka Sun 27 Sutra 329	
Kataka Rasi: 29.31	Tithi 13 – 14	<b>Gulika</b> 3:23PM – 4:53PM	<b>Ashlesha*</b> Until 6:37AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
		Yama 12:22PM – 1:53PM	Sukarma Until 9:04PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
141833467	<b>Rahu</b> 4:53PM – 6:24PM		Vanija Until 2:57AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:24AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 6:37AM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Colombo, Sri Lanka Sutra 330	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:53PM – 3:23PM	<b>Purvaphalguni</b> Until 1:04AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
Simha Rasi: 14.33	Tithi 15	Yama 10:52AM – 12:22PM	Dhriti Until 4:53PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
<b>Family Home Evening</b>	152833467	<b>Rahu</b> 7:51AM – 9:21AM	Visti Until 1:08PM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 11:13PM	Moon – Red		<b>Sivaloka Day</b>	
Until 1:04AM Tue		<b>Holi</b>		<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Colombo, Sri Lanka Sutra 331	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:22PM – 1:52PM	<b>Uttaraphalguni</b> Until 9:52PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM	Vikarin 5121	
Simha Rasi: 29.47	Tithi 16	Yama 9:21AM – 10:52AM	Shula* Until 12:31PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
152833467	<b>Rahu</b> 3:23PM – 4:53PM		Balava Until 9:19AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 7:23PM	Moon – Red		<b>Sivaloka Day</b>	
Until 9:52PM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasla Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Colombo, Sri Lanka  
Sun 1 Sutra 332  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Kanya Rasi: 15.04 Tithi 17 - 18

162833467

**Gulika** 10:51AM - 12:22PM  
Yama 7:50AM - 9:21AM  
**Rahu** 12:22PM - 1:52PM

**Hasta** Until 7:01PM  
Ganda\* Until 8:11AM  
Vanija Until 1:48AM Thu  
Dvitiya Until 3:36PM

**Ganesha:** Clear *Sunrise:* 6:20AM  
**Muruqa:** Orange *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon - Green  
**Phalguna-Masi**

**Devaloka Day**

Routine Work Marana Yoga

Until 7:01PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Colombo, Sri Lanka  
Sun 2 Sutra 333  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 0.13 Tithi 18 - 19

162833467

**Gulika** 9:20AM - 10:51AM  
Yama 6:19AM - 7:50AM  
**Rahu** 1:52PM - 3:22PM

**Chitra** Until 4:19PM  
Dhruva Until 12:06AM Fri  
Bava Until 10:27PM  
Tritiya Until 12:03PM

**Ganesha:** Clear *Sunrise:* 6:19AM  
**Muruqa:** Orange *Sunset:* 6:23PM  
**Nataraja:** Clear  
Moon - Green  
**Phalguna-Masi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 4:19PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Colombo, Sri Lanka  
Sun 3 Sutra 334  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 15.05 Tithi 19 - 20

162833467

**Gulika** 7:49AM - 9:20AM  
Yama 3:22PM - 4:53PM  
**Rahu** 10:51AM - 12:21PM

**Svati** Until 1:54PM  
Vyaghata\* Until 8:36PM  
Kaulava Until 7:34PM  
Chaturthi\* Until 8:55AM

**Ganesha:** Clear *Sunrise:* 6:19AM  
**Muruqa:** Orange *Sunset:* 6:23PM  
**Nataraja:** Clear  
Moon - Green  
**Phalguna-Masi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Colombo, Sri Lanka  
Sun 4 Sutra 335  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 29.34 Tithi 20 - 21

172833467

**Gulika** 6:18AM - 7:49AM  
Yama 1:51PM - 3:22PM  
**Rahu** 9:20AM - 10:50AM

**Vishakha** Until 12:21PM  
Harshana Until 5:38PM  
Vanija Until 4:26AM Sun  
Panchami Until 6:20AM

**Ganesha:** Purple *Sunrise:* 6:18AM  
**Muruqa:** Orange *Sunset:* 6:23PM  
**Nataraja:** Clear  
Moon - Orange  
**Phalguna-Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Colombo, Sri Lanka  
Sun 5 Sutra 336  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Vrischika Rasi: 13.35 Tithi 22

172833468

**Gulika** 3:22PM - 4:53PM  
Yama 12:21PM - 1:51PM  
**Rahu** 4:53PM - 6:23PM

**Anuradha** Until 11:22AM  
Vajra\* Until 3:14PM  
Visti Until 3:47PM  
Saptami Until 3:18AM Mon

**Ganesha:** Purple *Sunrise:* 6:18AM  
**Muruqa:** Orange *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon - Orange  
**Phalguna-Panguni**

**Subha Sivaloka Day**

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Colombo, Sri Lanka  
Sun 6 Sutra 337  
Vikarin 5121  
Moon 3 - Phase 46  
Ashtami

Vrischika Rasi: 27.08 Tithi 23

172933468

**Gulika** 1:51PM - 3:22PM  
Yama 10:50AM - 12:20PM  
**Rahu** 7:48AM - 9:19AM

**Jyeshtha\*** Until 11:01AM  
Siddhi Until 1:28PM  
Balava Until 3:03PM  
Ashtami\* Until 2:58AM Tue

**Ganesha:** Clear *Sunrise:* 6:18AM  
**Muruqa:** Orange *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon - Orange  
**Phalguna-Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Colombo, Sri Lanka  
Sun 7 Sutra 338  
Vikarin 5121  
Moon 3 - Phase 46  
Navami

Dhanus Rasi: 10.15 Tithi 24

182933468

**Gulika** 12:20PM - 1:51PM  
Yama 9:19AM - 10:49AM  
**Rahu** 3:21PM - 4:52PM

**Mula\*** Until 11:43AM  
Vyatipata\* Until 12:20PM  
Taitila Until 3:06PM  
Navami\* Until 3:22AM Wed

**Ganesha:** Purple *Sunrise:* 6:17AM  
**Muruqa:** Orange *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Phalguna-Panguni**

**Devaloka Day**

Creative Work Amrita Yoga

Until 11:43AM

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Colombo, Sri Lanka Sun 8 Sutra 339
Dhanus Rasi: 23	Tithi 25	<b>Gulika</b> 10:49AM – 12:20PM	<b>Purvashadha* Until 12:59PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:17AM	Vikarin 5121
		Yama 7:47AM – 9:18AM	Variyan Until 11:44AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 47
		182933468 <b>Rahu</b> 12:20PM – 1:50PM	Vanija Until 3:51PM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Amrita Yoga		<b>Dashami Until 4:27AM Thu</b>	Moon – Light Blue	<b>Devaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Colombo, Sri Lanka Sun 9 Sutra 340
Makara Rasi: 5.28	Tithi 26	<b>Gulika</b> 9:18AM – 10:49AM	<b>Uttarashadha Until 2:40PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:16AM	Vikarin 5121
		Yama 6:16AM – 7:47AM	Parigha* Until 11:37AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 47
		182933468 <b>Rahu</b> 1:50PM – 3:21PM	Bava Until 5:12PM	<b>Nataraja:</b> Purple	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 6:02AM Fri</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 2:40PM				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Colombo, Sri Lanka Sun 10 Sutra 341
Makara Rasi: 17.43	Tithi 26 – 27	<b>Gulika</b> 7:47AM – 9:17AM	<b>Shravana Until 5:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:16AM	Vikarin 5121
		Yama 3:21PM – 4:52PM	Shiva Until 11:53AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 10:48AM – 12:19PM	Kaulava Until 7:00PM	<b>Nataraja:</b> Purple	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 6:02AM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 5:07PM				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Colombo, Sri Lanka Sun 11 Sutra 342
Makara Rasi: 29.48	Tithi 27 – 28	<b>Gulika</b> 6:15AM – 7:46AM	<b>Dhanishtha Until 7:42PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:15AM	Vikarin 5121
		Yama 1:50PM – 3:21PM	Siddha Until 12:23PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 9:17AM – 10:48AM	Gara Until 9:06PM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 7:59AM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 7:42PM				<b>Phalguna-Panguni</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Colombo, Sri Lanka Sun 12 Sutra 343
Kumbha Rasi: 11.47	Tithi 28 – 29	<b>Gulika</b> 3:20PM – 4:51PM	<b>Shatabhishak Until 10:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:15AM	Vikarin 5121
		Yama 12:19PM – 1:49PM	Sadhya Until 1:04PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 4:51PM – 6:22PM	Visti Until 11:23PM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 10:12AM</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Colombo, Sri Lanka Sun 13 Sutra 344
Kumbha Rasi: 23.43	Tithi 29 – 30	<b>Gulika</b> 1:49PM – 3:20PM	<b>Purvaproshtpada* Until 1:21AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:14AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:47AM – 12:18PM	Subha Until 1:52PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 7:45AM – 9:16AM	Catuspada Until 1:47AM Tue	<b>Nataraja:</b> Purple	Amavasya
Until 1:21AM Tue			<b>Chaturdashi* Until 12:33PM</b>	Moon – Clear	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Phalguna-Panguni</b>	

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Colombo, Sri Lanka Sun 14 Sutra 345
Meena Rasi: 5.37	Tithi 30 – 1	<b>Gulika</b> 12:18PM – 1:49PM	<b>Uttaraproshtpada Until 4:17AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:14AM	Vikarin 5121
		Yama 9:16AM – 10:47AM	Sukla Until 2:42PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM	Moon 3 - Phase 47
		113933468 <b>Rahu</b> 3:20PM – 4:51PM	Kintughna Until 4:13AM Wed	<b>Nataraja:</b> Purple	Prathama
Creative Work	Amrita Yoga		<b>Amavasya* Until 2:58PM</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 4:17AM Wed		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>	
Then Routine Work - Marana Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Colombo, Sri Lanka Sun 15 Sutra 346
Meena Rasi: 17.3	Tithi 1 – 2	113933468	<b>Gulika</b> 10:47AM – 12:18PM Yama 7:44AM – 9:15AM <b>Rahu</b> 12:18PM – 1:49PM	<b>Revati Until 7:03AM Thu</b> Brahma Until 3:34PM Balava Until 6:40AM Thu Prathama* Until 5:25PM	Ganesha: Yellow Sunrise: 6:13AM Muruqa: Orange Sunset: 6:22PM Nataraja: Purple Moon – Clear Chaitra•Panguni
Routine Work Marana Yoga Until 7:03AM Thu Then Creative Work - Amrita Yoga				Sivaloka Day	
<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Colombo, Sri Lanka Sun 16 Sutra 347
Meena Rasi: 29.23	Tithi 2	113933468	<b>Gulika</b> 9:15AM – 10:46AM Yama 6:13AM – 7:44AM <b>Rahu</b> 1:48PM – 3:20PM	<b>Revati Until 7:03AM</b> Indra Until 4:25PM Balava Until 6:40AM Dvitiya Until 7:51PM	Ganesha: Yellow Sunrise: 6:13AM Muruqa: Orange Sunset: 6:22PM Nataraja: Purple Moon – Clear Chaitra•Panguni
Creative Work Siddha Yoga Until 7:03AM Then Creative Work - Amrita Yoga		Chellappaswami Mahasamadhi		Sivaloka Day	
<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau	Colombo, Sri Lanka Sun 17 Sutra 348
Mesha Rasi: 11.17	Tithi 3	123933468	<b>Gulika</b> 7:43AM – 9:15AM Yama 3:19PM – 4:51PM <b>Rahu</b> 10:46AM – 12:17PM	<b>Ashvini Until 10:06AM</b> Vaidhriti* Until 5:11PM Tailila Until 9:03AM Tritiya Until 10:10PM	Ganesha: Red Sunrise: 6:12AM Muruqa: Orange Sunset: 6:22PM Nataraja: Purple Moon – White Chaitra•Panguni
Creative Work Amrita Yoga Until 10:06AM Then Creative Work - Siddha Yoga				Sivaloka Day	
<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau	Colombo, Sri Lanka Sun 18 Sutra 349
Mesha Rasi: 23.14	Tithi 4	123933468	<b>Gulika</b> 6:12AM – 7:43AM Yama 1:48PM – 3:19PM <b>Rahu</b> 9:14AM – 10:45AM	<b>Bharani Until 12:49PM</b> Vishkambha* Until 5:50PM Vanija Until 11:17AM Chaturthi* Until 12:17AM Sun	Ganesha: Red Sunrise: 6:12AM Muruqa: Orange Sunset: 6:22PM Nataraja: Purple Moon – White Chaitra•Panguni
Creative Work Siddha Yoga Until 12:49PM Then Creative Work - Amrita Yoga				Sivaloka Day	
<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau	Colombo, Sri Lanka Sun 19 Sutra 350
Vrishabha Rasi: 5.17	Tithi 5	123933468	<b>Gulika</b> 3:19PM – 4:50PM Yama 12:16PM – 1:48PM <b>Rahu</b> 4:50PM – 6:21PM	<b>Krittika Until 3:07PM</b> Priti Until 6:16PM Bava Until 1:14PM Panchami Until 2:03AM Mon	Ganesha: Red Sunrise: 6:11AM Muruqa: Orange Sunset: 6:21PM Nataraja: Purple Moon – White Chaitra•Panguni
Creative Work Siddha Yoga				Sivaloka Day	
<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Kaulava/Tailila Karana Shashthyam Titau	Colombo, Sri Lanka Sun 20 Sutra 351
Vrishabha Rasi: 17.29	Tithi 6	133933468	<b>Gulika</b> 1:47PM – 3:19PM Yama 10:45AM – 12:16PM <b>Rahu</b> 7:42AM – 9:13AM	<b>Rohini Until 5:20PM</b> Ayushman Until 6:20PM Kaulava Until 2:46PM Shashthi* Until 3:19AM Tue	Ganesha: Blue Sunrise: 6:11AM Muruqa: Orange Sunset: 6:21PM Nataraja: Purple Moon – Yellow Chaitra•Panguni
Family Home Evening Creative Work Amrita Yoga				Subha Sivaloka Day	
<b>Tuesday, March 31, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Colombo, Sri Lanka Sun 21 Sutra 352
Vrishabha Rasi: 29.55	Tithi 7	133933468	<b>Gulika</b> 12:16PM – 1:47PM Yama 9:13AM – 10:44AM <b>Rahu</b> 3:19PM – 4:50PM	<b>Mrigashira Until 6:47PM</b> Saubhagya Until 5:56PM Gara Until 3:43PM Saptami Until 3:55AM Wed	Ganesha: Blue Sunrise: 6:10AM Muruqa: Orange Sunset: 6:21PM Nataraja: Purple Moon – Yellow Chaitra•Panguni
Creative Work Siddha Yoga Until 6:47PM Then Routine Work - Marana Yoga				Subha Sivaloka Day	
<b>Wednesday, April 1, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Colombo, Sri Lanka Sun 22 Sutra 353
Mithuna Rasi: 12.38	Tithi 8	133933468	<b>Gulika</b> 10:44AM – 12:16PM Yama 7:42AM – 9:13AM <b>Rahu</b> 12:16PM – 1:47PM	<b>Ardra Until 7:23PM</b> Sobhana Until 4:59PM Visti Until 3:56PM Ashtami* Until 3:44AM Thu	Ganesha: Blue Sunrise: 6:10AM Muruqa: Orange Sunset: 6:21PM Nataraja: Purple Moon – Yellow Chaitra•Panguni
Creative Work Siddha Yoga				Subha Sivaloka Day	
<b>Thursday, April 2, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Colombo, Sri Lanka Sun 23 Sutra 354
Mithuna Rasi: 25.46	Tithi 9	143933468	<b>Gulika</b> 9:13AM – 10:44AM Yama 6:10AM – 7:41AM <b>Rahu</b> 1:47PM – 3:18PM	<b>Punarvasu Until 7:29PM</b> Athiganda* Until 3:22PM Balava Until 3:21PM Navami* Until 2:43AM Fri	Ganesha: Yellow Sunrise: 6:10AM Muruqa: Orange Sunset: 6:21PM Nataraja: Purple Moon – Blue Chaitra•Panguni
Creative Work Amrita Yoga		Sri Rama Navami		Sivaloka Day	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Colombo, Sri Lanka
	Kataka Rasi: 9.19	Tithi 10	<b>Gulika</b> 7:41AM – 9:12AM	<b>Pushya</b> <b>Until 6:38PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM	Sun 24 Sutra 355
			Yama 3:18PM – 4:50PM	Sukarma <b>Until 1:07PM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM	Vikarin 5121
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:44AM – 12:15PM	Taitila <b>Until 1:56PM</b>	<b>Nataraja:</b> Purple		Moon 3 - Phase 49
			<b>Dashami</b> <b>Until 12:55AM Sat</b>	Moon – Blue		4th Phase	
				<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Colombo, Sri Lanka
	Kataka Rasi: 23.22	Tithi 11	<b>Gulika</b> 6:09AM – 7:40AM	<b>Ashlesha*</b> <b>Until 4:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM	Sun 25 Sutra 356
			Yama 1:46PM – 3:18PM	Dhriti <b>Until 10:16AM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM	Vikarin 5121
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 9:12AM – 10:43AM	Vanija <b>Until 11:45AM</b>	<b>Nataraja:</b> Purple		Moon 3 - Phase 49
Until 4:54PM			<b>Ekadashi</b> <b>Until 10:24PM</b>	Moon – Blue		4th Phase	
Then Creative Work - Amrita Yoga		<b>Yogaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Colombo, Sri Lanka
	Simha Rasi: 7.53	Tithi 12	<b>Gulika</b> 3:18PM – 4:49PM	<b>Magha*</b> <b>Until 2:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:08AM	Sun 26 Sutra 357
			Yama 12:15PM – 1:46PM	Shula* <b>Until 6:50AM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM	Vikarin 5121
	Routine Work	Marana Yoga	153933468 <b>Rahu</b> 4:49PM – 6:21PM	Bava <b>Until 8:55AM</b>	<b>Nataraja:</b> Purple		Moon 3 - Phase 49
Until 2:49PM			<b>Dvadashi</b> <b>Until 7:17PM</b>	Moon – Red		4th Phase	
Then Creative Work - Siddha Yoga				<b>Chaitra•Panguni</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Colombo, Sri Lanka
	Simha Rasi: 22.47	Tithi 13 – 14	<b>Gulika</b> 1:46PM – 3:18PM	<b>Purvaphalguni</b> <b>Until 12:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	Sun 27 Sutra 358
	<b>Family Home Evening</b>		Yama 10:43AM – 12:14PM	Vriddhi <b>Until 10:51PM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM	Vikarin 5121
	Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:40AM – 9:11AM	Gara <b>Until 1:53AM Tue</b>	<b>Nataraja:</b> Purple		Moon 3 - Phase 49
			<b>Trayodashi</b> <b>Until 3:45PM</b>	Moon – Red		4th Phase	
				<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>	
				<i>Pradosha Vrata</i>			

	<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Colombo, Sri Lanka
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:14PM – 1:46PM	<b>Uttaraphalguni</b> <b>Until 9:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	Sutra 359
	Kanya Rasi: 7.58	Tithi 14 – 15	Yama 9:11AM – 10:42AM	Dhruva <b>Until 6:31PM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM	Vikarin 5121
			154933468 <b>Rahu</b> 3:17PM – 4:49PM	Visti <b>Until 10:01PM</b>	<b>Nataraja:</b> Purple		Moon 3 - Phase 49
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> <b>Until 11:57AM</b>	Moon – Red		Purnima	
Until 9:02AM		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>					

<b>○</b>	<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Colombo, Sri Lanka
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:42AM – 12:14PM	<b>Hasta</b> <b>Until 6:04AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:07AM	Sutra 360
	Kanya Rasi: 23.16	Tithi 15 – 16	Yama 7:39AM – 9:10AM	Vyaghata* <b>Until 2:10PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM	Vikarin 5121
			164934468 <b>Rahu</b> 12:14PM – 1:45PM	Balava <b>Until 6:09PM</b>	<b>Nataraja:</b> Purple		Moon 3 - Phase 49
Routine Work	Marana Yoga		<b>Purnima*</b> <b>Until 8:03AM</b>	Moon – Green		Prathama	
Until 6:04AM				<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Colombo, Sri Lanka  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 8.31 Tithi 17  
164934468  
Creative Work Amrita Yoga  
Until 12:09AM Fri  
Then Creative Work - Siddha Yoga

**Gulika** 9:10AM – 10:42AM  
Yama 6:07AM – 7:38AM  
**Rahu** 1:45PM – 3:17PM

**Svati Until 12:09AM Fri**  
Harshana Until 9:57AM  
Tailila Until 2:27PM  
**Dvitiya Until 12:42AM Fri**

**Ganesha:** Purple *Sunrise:* 6:07AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra+Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Colombo, Sri Lanka  
Sun 1 Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 23.32 Tithi 18  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:38AM – 9:10AM  
Yama 3:17PM – 4:49PM  
**Rahu** 10:41AM – 12:13PM

**Vishakha Until 9:57PM**  
Siddhi Until 2:24AM Sat  
Vanija Until 11:06AM  
**Tritiya Until 9:36PM**

**Ganesha:** Yellow *Sunrise:* 6:06AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chatrthyam Titau

Colombo, Sri Lanka  
Sun 2 Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virschika Rasi: 8.11 Tithi 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 6:06AM – 7:38AM  
Yama 1:45PM – 3:17PM  
**Rahu** 9:09AM – 10:41AM

**Anuradha Until 8:13PM**  
Vyatipata\* Until 11:21PM  
Bava Until 8:16AM  
**Chatrthi\* Until 7:04PM**

**Ganesha:** Yellow *Sunrise:* 6:06AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyan Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

Colombo, Sri Lanka  
Sun 3 Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virschika Rasi: 22.23 Tithi 20 – 21  
174134468  
Routine Work Marana Yoga  
Until 7:03PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:16PM – 4:48PM  
Yama 12:13PM – 1:45PM  
**Rahu** 4:48PM – 6:20PM

**Jyeshtha\* Until 7:03PM**  
Varyan Until 8:53PM  
Kaulava Until 6:06AM  
**Panchami Until 5:17PM**

**Ganesha:** Yellow *Sunrise:* 6:05AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Colombo, Sri Lanka  
Sun 4 Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 6.05 Tithi 21 – 22  
184134468  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 7:01PM  
Then Routine Work - Marana Yoga

**Gulika** 1:44PM – 3:16PM  
Yama 10:41AM – 12:12PM  
**Rahu** 7:37AM – 9:09AM

**Mula\* Until 7:01PM**  
Parigha\* Until 7:06PM  
Visti Until 4:09AM Tue  
**Shashthi\* Until 4:18PM**

**Ganesha:** Blue *Sunrise:* 6:05AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra+Chaitra**

**Devaloka Day**

**5**

**Tuesday, April 14, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Colombo, Sri Lanka  
Sun 5 Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 19.19 Tithi 22 – 23  
284134468  
Creative Work Siddha Yoga  
Until 7:39PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:12PM – 1:44PM  
Yama 9:08AM – 10:40AM  
**Rahu** 3:16PM – 4:48PM

**Purvashadha\* Until 7:39PM**  
Shiva Until 6:00PM  
Balava Until 4:27AM Wed  
**Saptami Until 4:11PM**

**Ganesha:** Yellow *Sunrise:* 6:04AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra+Chaitra**

**Sivaloka Day**

**D**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Colombo, Sri Lanka  
Sun 6 Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Makara Rasi: 2.08 Tithi 23 – 24  
284134468  
Creative Work Amrita Yoga  
Until 8:54PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:40AM – 12:12PM  
Yama 7:36AM – 9:08AM  
**Rahu** 12:12PM – 1:44PM

**Uttarashadha Until 8:54PM**  
Siddha Until 5:30PM  
Tailila Until 5:29AM Thu  
**Ashtami\* Until 4:52PM**

**Ganesha:** Yellow *Sunrise:* 6:04AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra+Chaitra**

**Sivaloka Day**

**Thursday, April 16, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Sadhya/Subha Yoga Gara Karana Navamyam Titau

Colombo, Sri Lanka  
Sun 7 Sutra 4  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 15 Tithi 24  
294134468  
Creative Work Siddha Yoga

**Gulika** 9:08AM – 10:40AM  
Yama 6:04AM – 7:36AM  
**Rahu** 1:44PM – 3:16PM

**Shravana Until 11:06PM**  
Sadhya Until 5:32PM  
Gara Until 6:14PM  
**Navami\* Until 6:14PM**

**Ganesha:** Blue *Sunrise:* 6:04AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra+Chaitra**

**Devaloka Day**

Chidambaram Abhishekam

<b>1</b>		<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau				Colombo, Sri Lanka Sun 8	Sutra 5
Makara Rasi: 26.49	Tithi 25	<b>Gulika</b> 7:35AM – 9:07AM	<b>Dhanishtha</b> Until 1:37AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:03AM			Sarvari 5122	
		Yama 3:16PM – 4:48PM	Subha Until 6:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 1		
		294134468 <b>Rahu</b> 10:39AM – 12:11PM	Vanija Until 7:08AM	<b>Nataraja:</b> Purple			2nd Phase		
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:07PM	Moon – Purple			<b>Devaloka Day</b>		
Until 1:37AM Sat				<b>Chaitra+Chaitra</b>					
Then Creative Work - Amrita Yoga									
<b>2</b>		<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Colombo, Sri Lanka Sun 9	Sutra 6
Kumbha Rasi: 8.5	Tithi 26	<b>Gulika</b> 6:03AM – 7:35AM	<b>Shatabhishak</b> Until 4:16AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:03AM			Sarvari 5122	
		Yama 1:43PM – 3:15PM	Sukla Until 6:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 1		
		295134468 <b>Rahu</b> 9:07AM – 10:39AM	Bava Until 9:13AM	<b>Nataraja:</b> Purple			2nd Phase		
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 10:21PM	Moon – Purple			<b>Sivaloka Day</b>		
Until 4:16AM Sun				<b>Chaitra+Chaitra</b>					
Then Creative Work - Siddha Yoga									
<b>3</b>		<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Colombo, Sri Lanka Sun 10	Sutra 7
Kumbha Rasi: 20.46	Tithi 27	<b>Gulika</b> 3:15PM – 4:48PM	<b>Purvaproshtapada*</b> Until 7:23AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM			Sarvari 5122	
		Yama 12:11PM – 1:43PM	Brahma Until 7:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 1		
		215134468 <b>Rahu</b> 4:48PM – 6:20PM	Kaulava Until 11:33AM	<b>Nataraja:</b> Purple			2nd Phase		
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 12:45AM Mon	Moon – Clear			<b>Sivaloka Day</b>		
Until 7:23AM				<b>Chaitra+Chaitra</b>					
Then Creative Work - Siddha Yoga									
<b>4</b>		<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Colombo, Sri Lanka Sun 11	Sutra 8
Meena Rasi: 2.38	Tithi 28	<b>Gulika</b> 1:43PM – 3:15PM	<b>Purvaproshtapada*</b> Until 7:23AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM			Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:39AM – 12:11PM	Indra Until 8:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 1		
Routine Work	Marana Yoga	215134468 <b>Rahu</b> 7:34AM – 9:06AM	Gara Until 2:00PM	<b>Nataraja:</b> Purple			2nd Phase		
Until 7:23AM			<b>Trayodashi*</b> Until 3:12AM Tue	Moon – Clear			<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Chaitra+Chaitra</b>					
<b>5</b>		<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Colombo, Sri Lanka Sun 12	Sutra 9
Meena Rasi: 14.3	Tithi 29	<b>Gulika</b> 12:11PM – 1:43PM	<b>Uttaraproshtapada</b> Until 10:21AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM			Sarvari 5122	
		Yama 9:06AM – 10:38AM	Vaidhriti* Until 9:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 1		
		215134468 <b>Rahu</b> 3:15PM – 4:47PM	Visti Until 4:26PM	<b>Nataraja:</b> Purple			2nd Phase		
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 5:36AM Wed	Moon – Clear			<b>Sivaloka Day</b>		
Until 10:21AM				<b>Chaitra+Chaitra</b>					
Then Creative Work - Siddha Yoga									
<b>Retreat Star</b>		<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau				Colombo, Sri Lanka Sun 13	Sutra 10
Meena Rasi: 26.23	Tithi 30	<b>Gulika</b> 10:38AM – 12:10PM	<b>Revati</b> Until 1:05PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:01AM			Sarvari 5122	
		Yama 7:34AM – 9:06AM	Vishkambha* Until 10:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 1		
		215134468 <b>Rahu</b> 12:10PM – 1:43PM	Catuspada Until 6:47PM	<b>Nataraja:</b> Purple			Amavasya		
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 7:53AM Thu	Moon – Clear			<b>Sivaloka Day</b>		
Until 7:53AM Thu				<b>Chaitra+Chaitra</b>					
Then Creative Work - Siddha Yoga									
<b>Retreat Star</b>		<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Colombo, Sri Lanka Sun 14	Sutra 11
Mesha Rasi: 8.19	Tithi 30 – 1	<b>Gulika</b> 9:06AM – 10:38AM	<b>Ashvini</b> Until 4:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:01AM			Sarvari 5122	
		Yama 6:01AM – 7:33AM	Priti Until 10:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 1		
		225134468 <b>Rahu</b> 1:43PM – 3:15PM	Kintughna Until 8:59PM	<b>Nataraja:</b> Purple			Prathama		
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 7:53AM	Moon – White			<b>Sivaloka Day</b>		
Until 4:01PM				<b>Vaisaka+Chaitra</b>					
Then Creative Work - Siddha Yoga									

<b>1</b>	<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Colombo, Sri Lanka
	Mesha Rasi: 20.19	Tithi 1 – 2	<b>Gulika</b> 7:33AM – 9:05AM	<b>Bharani Until 6:36PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:01AM	Sun 15 Sutra 12
			Yama 3:15PM – 4:47PM	Ayushman Until 11:29PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	225134469	<b>Rahu</b> 10:38AM – 12:10PM		Balava Until 10:58PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
Creative Work	Siddha Yoga		<b>Prathama* Until 9:59AM</b>	Moon – White		3rd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Colombo, Sri Lanka
	Vrishabha Rasi: 2.25	Tithi 2 – 3	<b>Gulika</b> 6:00AM – 7:33AM	<b>Krittika Until 8:46PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:00AM	Sun 16 Sutra 13
			Yama 1:42PM – 3:15PM	Saubhagya Until 11:49PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	225134469	<b>Rahu</b> 9:05AM – 10:37AM		Taitila Until 12:41AM Sun	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
Creative Work	Amrita Yoga		<b>Dvitiya Until 11:51AM</b>	Moon – White		3rd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Colombo, Sri Lanka
	Vrishabha Rasi: 14.37	Tithi 3 – 4	<b>Gulika</b> 3:15PM – 4:47PM	<b>Rohini Until 10:56PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	Sun 17 Sutra 14
			Yama 12:10PM – 1:42PM	Sobhana Until 11:54PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	235134469	<b>Rahu</b> 4:47PM – 6:20PM		Vanija Until 2:02AM Mon	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
Creative Work	Siddha Yoga		<b>Tritiya Until 1:23PM</b>	Moon – Yellow		3rd Phase	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Colombo, Sri Lanka
	Vrishabha Rasi: 26.59	Tithi 4 – 5	<b>Gulika</b> 1:42PM – 3:15PM	<b>Mrigashira Until 12:30AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	Sun 18 Sutra 15
	<b>Family Home Evening</b>		Yama 10:37AM – 12:10PM	Athiganda* Until 11:37PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	235134469	<b>Rahu</b> 7:32AM – 9:05AM		Bava Until 2:57AM Tue	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
Creative Work	Amrita Yoga		<b>Chaturthi* Until 2:32PM</b>	Moon – Yellow		3rd Phase	
Until 12:30AM Tue		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Colombo, Sri Lanka
	Mithuna Rasi: 9.33	Tithi 5 – 6	<b>Gulika</b> 12:09PM – 1:42PM	<b>Ardra Until 1:25AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM	Sun 19 Sutra 16
			Yama 9:04AM – 10:37AM	Sukarma Until 10:57PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	236134469	<b>Rahu</b> 3:14PM – 4:47PM		Kaulava Until 3:19AM Wed	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
Routine Work	Marana Yoga		<b>Panchami Until 3:11PM</b>	Moon – Yellow		3rd Phase	
Until 1:25AM Wed				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

<b>6</b>	<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Colombo, Sri Lanka
	Mithuna Rasi: 22.22	Tithi 6 – 7	<b>Gulika</b> 10:37AM – 12:09PM	<b>Punarvasu Until 2:03AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Sun 20 Sutra 17
			Yama 7:32AM – 9:04AM	Dhriti Until 9:49PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	246134469	<b>Rahu</b> 12:09PM – 1:42PM		Gara Until 3:04AM Thu	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
Creative Work	Siddha Yoga		<b>Shashthi* Until 3:15PM</b>	Moon – Blue		3rd Phase	
Until 2:03AM Thu				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>☾</b>	<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Colombo, Sri Lanka
	<b>Retreat Star</b>		<b>Gulika</b> 9:04AM – 10:37AM	<b>Pushya Until 1:53AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Sun 21 Sutra 18
	Kataka Rasi: 5.31	Tithi 7 – 8	Yama 5:59AM – 7:31AM	Shula* Until 8:09PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	246134469	<b>Rahu</b> 1:42PM – 3:14PM		Visti Until 2:10AM Fri	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
Creative Work	Amrita Yoga		<b>Saptami Until 2:41PM</b>	Moon – Blue		Ashtami	
Until 1:53AM Fri				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>☽</b>	<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Colombo, Sri Lanka
	<b>Retreat Star</b>		<b>Gulika</b> 7:31AM – 9:04AM	<b>Ashlesha* Until 12:54AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:58AM	Sun 22 Sutra 19
	Kataka Rasi: 19	Tithi 8 – 9	Yama 3:14PM – 4:47PM	Ganda* Until 5:57PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	246134469	<b>Rahu</b> 10:36AM – 12:09PM		Balava Until 12:36AM Sat	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
Routine Work	Marana Yoga		<b>Ashtami* Until 1:27PM</b>	Moon – Blue		Navami	
Until 12:54AM Sat				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>		<b>Saturday, May 2, 2020</b>			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Colombo, Sri Lanka Sun 23	Sutra 20
Simha Rasi: 2.53	Tithi 9 – 10	<b>Gulika</b> 5:58AM – 7:31AM	<b>Magha* Until 11:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM		Sarvari 5122		
		Yama 1:42PM – 3:14PM	Vriddhi Until 3:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 3		
		256134469 <b>Rahu</b> 9:03AM – 10:36AM	Taitila Until 10:25PM	<b>Nataraja:</b> Clear			4th Phase		
Creative Work	Amrita Yoga		<b>Navami* Until 11:34AM</b>	Moon – Red		<b>Bhuloka Day</b>			
Until 11:36PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM			
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Sunday, May 3, 2020</b>			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Colombo, Sri Lanka Sun 24	Sutra 21
Simha Rasi: 17.1	Tithi 10 – 11	<b>Gulika</b> 3:14PM – 4:47PM	<b>Purvaphalguni Until 9:38PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM		Sarvari 5122		
		Yama 12:09PM – 1:41PM	Dhruva Until 12:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 3		
		256134469 <b>Rahu</b> 4:47PM – 6:20PM	Vanija Until 7:41PM	<b>Nataraja:</b> Clear			4th Phase		
Creative Work	Siddha Yoga		<b>Dashami Until 9:06AM</b>	Moon – Red		<b>Bhuloka Day</b>			
Until 9:38PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM			
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, May 4, 2020</b>			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*Harshana Yoga Visli*/Balava Karana Ekadashi/Dvodashyam Titau			Colombo, Sri Lanka Sun 25	Sutra 22
Kanya Rasi: 1.47	Tithi 11 – 12	<b>Gulika</b> 1:41PM – 3:14PM	<b>Uttaraphalguni Until 7:06PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM		Sarvari 5122		
<b>Family Home Evening</b>		Yama 10:36AM – 12:09PM	Vyaghata* Until 8:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 3		
		256234469 <b>Rahu</b> 7:30AM – 9:03AM	Balava Until 2:50AM Tue	<b>Nataraja:</b> Clear			4th Phase		
Creative Work	Siddha Yoga		<b>Ekadashi Until 6:08AM</b>	Moon – Red		<b>Devaloka Day</b>			
				<b>Vaisaka*Chaitra</b>					

<b>4</b>		<b>Tuesday, May 5, 2020</b>			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Colombo, Sri Lanka Sun 26	Sutra 23
Kanya Rasi: 16.41	Tithi 13	<b>Gulika</b> 12:09PM – 1:41PM	<b>Hasta Until 4:35PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM		Sarvari 5122		
		Yama 9:03AM – 10:36AM	Vajra* Until 12:39AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 3		
		267234469 <b>Rahu</b> 3:14PM – 4:47PM	Kaulava Until 1:06PM	<b>Nataraja:</b> Clear			4th Phase		
Creative Work	Siddha Yoga		<b>Trayodashi Until 11:18PM</b>	Moon – Green		<b>Devaloka Day</b>			
				<b>Vaisaka*Chaitra</b>					
				<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, May 6, 2020</b>			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau			Colombo, Sri Lanka Sun 27	Sutra 24
Tula Rasi: 1.45	Tithi 14	<b>Gulika</b> 10:36AM – 12:08PM	<b>Chitra Until 1:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM		Sarvari 5122		
		Yama 7:30AM – 9:03AM	Siddhi Until 8:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 3		
		267234469 <b>Rahu</b> 12:08PM – 1:41PM	Gara Until 9:32AM	<b>Nataraja:</b> Clear			4th Phase		
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:44PM</b>	Moon – Green		<b>Devaloka Day</b>			
				<b>Vaisaka*Chaitra</b>					

<b>○</b>		<b>Thursday, May 7, 2020</b>			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Colombo, Sri Lanka Sun 28	Sutra 25
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:03AM – 10:35AM	<b>Svati Until 10:58AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM		Sarvari 5122		
Tula Rasi: 16.48	Tithi 15 – 16	Yama 5:57AM – 7:30AM	Vyatipata* Until 4:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 3		
		267234469 <b>Rahu</b> 1:41PM – 3:14PM	Balava Until 2:37AM Fri	<b>Nataraja:</b> Clear			Purnima		
Creative Work	Amrita Yoga		<b>Purnima* Until 4:15PM</b>	Moon – Green		<b>Devaloka Day</b>			
Until 10:58AM		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>					
Then Creative Work - Siddha Yoga									

<b>○</b>		<b>Friday, May 8, 2020</b>			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Colombo, Sri Lanka Sun 29	Sutra 26
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:29AM – 9:02AM	<b>Vishakha Until 8:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:57AM		Sarvari 5122		
Vrischika Rasi: 1.42	Tithi 16 – 17	Yama 3:14PM – 4:47PM	Variyan Until 12:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 4 - Phase 3		
		277234469 <b>Rahu</b> 10:35AM – 12:08PM	Taitila Until 11:37PM	<b>Nataraja:</b> Clear			Prathama		
Creative Work	Siddha Yoga		<b>Prathama* Until 1:03PM</b>	Moon – Orange		<b>Bhuloka Day</b>			
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda