



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Gulika 3:52PM – 5:35PM
Yama 12:26PM – 2:09PM
Rahu 5:35PM – 7:18PM

Vishakha **Until 12:28PM**
Vyatipata* **Until 10:59PM**
Vanija **Until 7:23PM**
Dvitiya **Until 8:01AM**

Ganesha: Blue *Sunrise:* 5:35AM
Muruqa: Yellow *Sunset:* 7:18PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Carcare, Switzerland
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 13.12 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Gulika 2:10PM – 3:53PM
Yama 10:43AM – 12:26PM
Rahu 7:16AM – 9:00AM

Anuradha **Until 12:13PM**
Variyan **Until 9:23PM**
Bava **Until 6:39PM**
Tritiya **Until 6:54AM**

Ganesha: Blue *Sunrise:* 5:33AM
Muruqa: Yellow *Sunset:* 7:20PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Carcare, Switzerland
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 26.22 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:26PM – 2:10PM
Yama 8:59AM – 10:42AM
Rahu 3:53PM – 5:37PM

Jyeshtha* **Until 12:35PM**
Parigha* **Until 8:27PM**
Kaulava **Until 6:43PM**
Chaturthi* **Until 6:33AM**

Ganesha: Blue *Sunrise:* 5:31AM
Muruqa: Yellow *Sunset:* 7:21PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Carcare, Switzerland
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 9.07 Tithi 20 – 21

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:42AM – 12:26PM
Yama 7:14AM – 8:58AM
Rahu 12:26PM – 2:10PM

Mula* **Until 2:04PM**
Shiva **Until 8:09PM**
Gara **Until 7:36PM**
Panchami **Until 7:02AM**

Ganesha: Yellow *Sunrise:* 5:30AM
Muruqa: Yellow *Sunset:* 7:22PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Carcare, Switzerland
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 21.31 Tithi 21 – 22

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:57AM – 10:41AM
Yama 5:28AM – 7:13AM
Rahu 2:10PM – 3:54PM

Purvashadha* **Until 4:08PM**
Siddha **Until 8:23PM**
Visti **Until 9:12PM**
Shashthi* **Until 8:18AM**

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Yellow *Sunset:* 7:23PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Carcare, Switzerland
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Retreat Star

Makara Rasi: 3.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:11AM – 8:56AM
Yama 3:55PM – 5:40PM
Rahu 10:41AM – 12:25PM

Uttarashadha **Until 6:35PM**
Sadhya **Until 9:04PM**
Balava **Until 11:22PM**
Saptami **Until 10:13AM**

Ganesha: Red *Sunrise:* 5:27AM
Muruqa: Yellow *Sunset:* 7:24PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Carcare, Switzerland
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 15.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:25AM – 7:10AM
Yama 2:10PM – 3:55PM
Rahu 8:55AM – 10:40AM

Shravana **Until 9:44PM**
Subha **Until 10:01PM**
Taitila **Until 1:51AM Sun**
Ashtami* **Until 12:34PM**

Ganesha: Green *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 7:26PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Carcare, Switzerland
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 7 Sutra 14
Makara Rasi: 27.23	Tithi 24 – 25	Gulika 3:56PM – 5:41PM	Dhanishtha Until 12:48AM Mon	Ganesha: Green <i>Sunrise: 5:24AM</i>		Vikarin 5121
	294583469	Yama 12:25PM – 2:11PM	Sukla Until 11:01PM	Muruqa: Yellow <i>Sunset: 7:27PM</i>		Moon 4 - Phase 3
Routine Work	Marana Yoga	Rahu 5:41PM – 7:27PM	Vanija Until 4:24AM Mon	Nataraja: Clear		2nd Phase
Until 12:48AM Mon			Navami* Until 3:06PM	Moon – Purple	Bhuloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 8 Sutra 15
Kumbha Rasi: 9.13	Tithi 25 – 26	Gulika 2:11PM – 3:57PM	Shatabhishak Until 3:34AM Tue	Ganesha: Green <i>Sunrise: 5:22AM</i>		Vikarin 5121
Family Home Evening	294583469	Yama 10:39AM – 12:25PM	Brahma Until 11:57PM	Muruqa: Yellow <i>Sunset: 7:28PM</i>		Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu 7:08AM – 8:54AM	Bava Until 6:46AM Tue	Nataraja: Clear		2nd Phase
Until 3:34AM Tue			Dashami Until 5:36PM	Moon – Purple	Bhuloka Day	
Then Routine Work - Marana Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Carcare, Switzerland Sun 9 Sutra 16
Kumbha Rasi: 21.07	Tithi 26	Gulika 12:25PM – 2:11PM	Purvaproshtapada* Until 6:21AM Wed	Ganesha: Purple <i>Sunrise: 5:21AM</i>		Vikarin 5121
	214583469	Yama 8:53AM – 10:39AM	Indra Until 12:39AM Wed	Muruqa: Yellow <i>Sunset: 7:29PM</i>		Moon 4 - Phase 3
Routine Work	Marana Yoga	Rahu 3:57PM – 5:43PM	Bava Until 6:46AM	Nataraja: Clear		2nd Phase
Until 6:21AM Wed			Ekadashi* Until 7:49PM	Moon – Clear	Bhuloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Carcare, Switzerland Sun 10 Sutra 17
Meena Rasi: 3.08	Tithi 27	Gulika 10:38AM – 12:25PM	Purvaproshtapada* Until 6:21AM	Ganesha: Purple <i>Sunrise: 5:19AM</i>		Vikarin 5121
	214583469	Yama 7:06AM – 8:52AM	Vaidhriti* Until 12:59AM Thu	Muruqa: Yellow <i>Sunset: 7:30PM</i>		Moon 4 - Phase 3
Creative Work	Amrita Yoga	Rahu 12:25PM – 2:11PM	Kaulava Until 8:47AM	Nataraja: Clear		2nd Phase
Until 6:21AM			Dvadashi* Until 9:36PM	Moon – Clear	Bhuloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Carcare, Switzerland Sun 11 Sutra 18
Meena Rasi: 15.22	Tithi 28	Gulika 8:51AM – 10:38AM	Uttaraproshtapada Until 8:31AM	Ganesha: Light Blue <i>Sunrise: 5:18AM</i>		Vikarin 5121
	215583469	Yama 5:18AM – 7:04AM	Vishkambha* Until 12:56AM Fri	Muruqa: Yellow <i>Sunset: 7:32PM</i>		Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu 2:11PM – 3:58PM	Gara Until 10:19AM	Nataraja: Clear		2nd Phase
Until 10:01AM			Trayodashi* Until 10:52PM	Moon – Clear	Bhuloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata (Fasting)

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Carcare, Switzerland Sun 12 Sutra 19
Meena Rasi: 27.48	Tithi 29	Gulika 7:03AM – 8:50AM	Revati Until 10:01AM	Ganesha: Light Blue <i>Sunrise: 5:16AM</i>		Vikarin 5121
	215583469	Yama 3:59PM – 5:46PM	Priti Until 12:28AM Sat	Muruqa: Yellow <i>Sunset: 7:33PM</i>		Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu 10:37AM – 12:25PM	Visti Until 11:19AM	Nataraja: Clear		2nd Phase
Until 10:01AM			Chaturdashi* Until 11:36PM	Moon – Clear	Bhuloka Day	
Then Creative Work - Amrita Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Carcare, Switzerland Sun 13 Sutra 20
Mesha Rasi: 10.29	Tithi 30	Gulika 5:15AM – 7:02AM	Ashvini Until 11:18AM	Ganesha: Purple <i>Sunrise: 5:15AM</i>		Vikarin 5121
	225583469	Yama 2:12PM – 3:59PM	Ayushman Until 11:34PM	Muruqa: Yellow <i>Sunset: 7:34PM</i>		Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu 8:50AM – 10:37AM	Catuspada Until 11:47AM	Nataraja: Clear		Amavasya
Until 11:55AM			Amavasya* Until 11:47PM	Moon – White	Bhuloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM	

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Carcare, Switzerland Sun 14 Sutra 21
Mesha Rasi: 23.26	Tithi 1	Gulika 4:00PM – 5:47PM	Bharani Until 11:55AM	Ganesha: Purple <i>Sunrise: 5:13AM</i>		Vikarin 5121
	225583469	Yama 12:24PM – 2:12PM	Saubhagya Until 10:18PM	Muruqa: Yellow <i>Sunset: 7:35PM</i>		Moon 4 - Phase 3
Routine Work	Prabalarishta Yoga	Rahu 5:47PM – 7:35PM	Kintughna Until 11:43AM	Nataraja: Clear		Prathama
Until 11:55AM			Prathama* Until 11:30PM	Moon – White	Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Carcare, Switzerland Sun 15 Sutra 22	
1		Gulika 2:12PM – 4:00PM	Krittika Until 11:58AM	Ganesha: Purple <i>Sunrise:</i> 5:12AM	Vikarin 5121
Vrishabha Rasi: 7	Tithi 2	Yama 10:36AM – 12:24PM	Sobhana Until 8:43PM	Muruqa: Yellow <i>Sunset:</i> 7:36PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 7:00AM – 8:48AM	Balava Until 11:13AM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 10:49PM	Moon – White	Bhuloka Day
Until 11:58AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Carcare, Switzerland Sun 16 Sutra 23	
2		Gulika 12:24PM – 2:13PM	Rohini Until 11:56AM	Ganesha: Light Blue <i>Sunrise:</i> 5:11AM	Vikarin 5121
Vrishabha Rasi: 19.59	Tithi 3	Yama 8:47AM – 10:36AM	Athiganda* Until 6:50PM	Muruqa: Yellow <i>Sunset:</i> 7:38PM	Moon 4 - Phase 4
235583469		Rahu 4:01PM – 5:49PM	Taitila Until 10:21AM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Tritiya Until 9:46PM	Moon – Yellow	Bhuloka Day
Until 11:56AM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau		Carcare, Switzerland Sun 17 Sutra 24	
3		Gulika 10:35AM – 12:24PM	Mrigashira Until 11:27AM	Ganesha: Light Blue <i>Sunrise:</i> 5:09AM	Vikarin 5121
Mithuna Rasi: 3.33	Tithi 4	Yama 6:58AM – 8:47AM	Sukarma Until 4:44PM	Muruqa: Yellow <i>Sunset:</i> 7:39PM	Moon 4 - Phase 4
235583469		Rahu 12:24PM – 2:13PM	Vanija Until 9:10AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi Until 8:27PM	Moon – Yellow	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Carcare, Switzerland Sun 18 Sutra 25	
4		Gulika 8:46AM – 10:35AM	Ardra Until 10:35AM	Ganesha: Light Blue <i>Sunrise:</i> 5:08AM	Vikarin 5121
Mithuna Rasi: 17.16	Tithi 5	Yama 5:08AM – 6:57AM	Dhriti Until 2:28PM	Muruqa: Yellow <i>Sunset:</i> 7:40PM	Moon 4 - Phase 4
235583469		Rahu 2:13PM – 4:02PM	Bava Until 7:43AM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Panchami Until 6:54PM	Moon – Yellow	Bhuloka Day
Until 10:35AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau		Carcare, Switzerland Sun 19 Sutra 26	
5		Gulika 6:56AM – 8:45AM	Punarvasu Until 9:48AM	Ganesha: Orange <i>Sunrise:</i> 5:07AM	Vikarin 5121
Kataka Rasi: 1.07	Tithi 6 – 7	Yama 4:03PM – 5:52PM	Shula* Until 11:59AM	Muruqa: Yellow <i>Sunset:</i> 7:41PM	Moon 4 - Phase 4
245583469		Rahu 10:35AM – 12:24PM	Kaulava Until 6:04AM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Shashthi Until 5:09PM	Moon – Blue	Devaloka Day
Until 9:48AM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Carcare, Switzerland Sun 20 Sutra 27	
6		Gulika 5:06AM – 6:55AM	Pushya Until 8:40AM	Ganesha: Orange <i>Sunrise:</i> 5:06AM	Vikarin 5121
Kataka Rasi: 15.05	Tithi 7 – 8	Yama 2:14PM – 4:03PM	Ganda* Until 9:22AM	Muruqa: Yellow <i>Sunset:</i> 7:42PM	Moon 4 - Phase 4
245583469		Rahu 8:45AM – 10:34AM	Visti Until 2:11AM Sun	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 3:12PM	Moon – Blue	Devaloka Day
Until 8:40AM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Carcare, Switzerland Sun 21 Sutra 28	
Retreat Star		Gulika 4:04PM – 5:53PM	Ashlesha* Until 7:14AM	Ganesha: Clear <i>Sunrise:</i> 5:04AM	Vikarin 5121
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 12:24PM – 2:14PM	Vridhhi Until 6:38AM	Muruqa: Yellow <i>Sunset:</i> 7:43PM	Moon 4 - Phase 4
246583469		Rahu 5:53PM – 7:43PM	Balava Until 12:00AM Mon	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami Until 1:05PM	Moon – Blue	Devaloka Day
Until 7:14AM		Mother's Day		Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 22 Sutra 29	
Retreat Star		Gulika 2:14PM – 4:04PM	Purvaphalguni Until 4:22AM Tue	Ganesha: White <i>Sunrise:</i> 5:03AM	Vikarin 5121
Simha Rasi: 13.22	Tithi 9 – 10	Yama 10:34AM – 12:24PM	Vyaghata* Until 12:46AM Tue	Muruqa: Yellow <i>Sunset:</i> 7:44PM	Moon 4 - Phase 4
256583469		Rahu 6:53AM – 8:44AM	Taitila Until 9:41PM	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Navami Until 10:50AM	Moon – Red	Bhuloka Day
Until 4:22AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 23 Sutra 30	
Simha Rasi: 27.38	Tithi 10 – 11	Gulika	12:24PM – 2:14PM	Uttaraphalguni Until 2:37AM Wed	Ganesha: White	<i>Sunrise:</i> 5:02AM	Vikarin 5121		
		Yama	8:43AM – 10:33AM	Harshana Until 9:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 5		
		266583469 Rahu	4:05PM – 5:55PM	Vanija Until 7:19PM	Nataraja: Clear		4th Phase		
Creative Work	Amrita Yoga			Dashami Until 8:29AM	Moon – Red		Bhuloka Day		
Until 2:37AM Wed					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau				Carcare, Switzerland Sun 24 Sutra 31	
Kanya Rasi: 11.55	Tithi 11 – 12	Gulika	10:33AM – 12:24PM	Hasta Until 1:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM	Vikarin 5121		
		Yama	6:52AM – 8:42AM	Vajra* Until 6:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 5		
		266583469 Rahu	12:24PM – 2:15PM	Balava Until 3:45AM Thu	Nataraja: Clear		4th Phase		
Routine Work	Marana Yoga			Ekadashi Until 6:06AM	Moon – Green		Devaloka Day		
Until 1:11AM Thu					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Carcare, Switzerland Sun 25 Sutra 32	
Kanya Rasi: 26.11	Tithi 13	Gulika	8:42AM – 10:33AM	Chitra Until 11:45PM	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM	Vikarin 5121		
		Yama	5:00AM – 6:51AM	Siddhi Until 3:49PM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 5		
		266583469 Rahu	2:15PM – 4:06PM	Kaulava Until 2:39PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Trayodashi Until 1:34AM Fri	Moon – Green		Devaloka Day		
Until 11:45PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>					

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Carcare, Switzerland Sun 26 Sutra 33	
Tula Rasi: 10.19	Tithi 14	Gulika	6:50AM – 8:41AM	Svati Until 10:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:59AM	Vikarin 5121		
		Yama	4:06PM – 5:58PM	Vyatipata* Until 1:05PM	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 5		
		266583469 Rahu	10:33AM – 12:24PM	Gara Until 12:35PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 11:39PM	Moon – Green		Devaloka Day		
					Vaisaka-Vaikasi				

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Carcare, Switzerland Sun 27 Sutra 34	
Tula Rasi: 24.17	Tithi 15	Gulika	4:58AM – 6:49AM	Vishakha Until 9:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:58AM	Vikarin 5121		
		Yama	2:15PM – 4:07PM	Variyan Until 10:37AM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 5		
		276583469 Rahu	8:41AM – 10:32AM	Visti Until 10:52AM	Nataraja: Clear		Purnima		
Creative Work	Siddha Yoga			Purnima* Until 10:09PM	Moon – Orange		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		

5		Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Carcare, Switzerland Sun 28 Sutra 35	
Vrischika Rasi: 7.58	Tithi 16	Gulika	4:08PM – 5:59PM	Anuradha Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Vikarin 5121		
		Yama	12:24PM – 2:16PM	Parigha* Until 8:32AM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Moon 4 - Phase 5		
		277583469 Rahu	5:59PM – 7:51PM	Balava Until 9:36AM	Nataraja: Clear		Prathama		
Routine Work	Marana Yoga			Prathama* Until 9:10PM	Moon – Orange		Devaloka Day		
					Vaisaka-Vaikasi				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 21.19 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:16PM – 4:08PM
Yama 10:32AM – 12:24PM
Rahu 6:48AM – 8:40AM

Jyeshtha* Until 9:47PM
Shiva Until 6:56AM
Taitila Until 8:56AM
Dvitiya Until 8:49PM

Carcare, Switzerland
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:56AM
Muruqa: Yellow *Sunset:* 7:52PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 4.19 Tithi 18
Creative Work Amrita Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:24PM – 2:16PM
Yama 8:40AM – 10:32AM
Rahu 4:09PM – 6:01PM

Mula* Until 10:59PM
Sadhya Until 5:18AM Wed
Vanija Until 8:55AM
Tritiya Until 9:10PM

Carcare, Switzerland
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:55AM
Muruqa: Yellow *Sunset:* 7:53PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.59 Tithi 19
Creative Work Amrita Yoga
Until 12:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:32AM – 12:24PM
Yama 6:47AM – 8:39AM
Rahu 12:24PM – 2:17PM

Purvashadha* Until 12:43AM Thu
Subha Until 5:19AM Thu
Bava Until 9:37AM
Chaturthi* Until 10:12PM

Carcare, Switzerland
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:54AM
Muruqa: Yellow *Sunset:* 7:54PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 29.21 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:39AM – 10:31AM
Yama 4:53AM – 6:46AM
Rahu 2:17PM – 4:10PM

Uttarashadha Until 2:52AM Fri
Sukla Until 5:45AM Fri
Kaulava Until 10:59AM
Panchami Until 11:51PM

Carcare, Switzerland
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:53AM
Muruqa: Yellow *Sunset:* 7:55PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 11.29 Tithi 21
Routine Work Marana Yoga
Until 5:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:45AM – 8:38AM
Yama 4:10PM – 6:03PM
Rahu 10:31AM – 12:24PM

Shravana Until 5:47AM Sat
Brahma Until 6:31AM Sat
Gara Until 12:54PM
Shashthi* Until 1:59AM Sat

Carcare, Switzerland
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:52AM
Muruqa: Yellow *Sunset:* 7:56PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 23.26 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 4:52AM – 6:45AM
Yama 2:18PM – 4:11PM
Rahu 8:38AM – 10:31AM

Dhanishtha Until 8:44AM Sun
Brahma Until 6:31AM
Visti Until 3:11PM
Saptami Until 4:22AM Sun

Carcare, Switzerland
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:52AM
Muruqa: Yellow *Sunset:* 7:57PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 5.18 Tithi 23
Routine Work Marana Yoga
Until 8:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:11PM – 6:05PM
Yama 12:24PM – 2:18PM
Rahu 6:05PM – 7:58PM

Dhanishtha Until 8:44AM
Indra Until 7:29AM
Balava Until 5:37PM
Ashtami* Until 6:47AM Mon

Carcare, Switzerland
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:51AM
Muruqa: Yellow *Sunset:* 7:58PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 17.1 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 11:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:18PM – 4:12PM
Yama 10:31AM – 12:25PM
Rahu 6:44AM – 8:37AM

Shatabhishak Until 11:32AM
Vaidhriti* Until 8:25AM
Taitila Until 7:57PM
Ashtami* Until 6:47AM

Carcare, Switzerland
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Blue *Sunrise:* 4:50AM
Muruqa: Yellow *Sunset:* 7:59PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba/Priti Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Carcare, Switzerland Sun 9 Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	Gulika	12:25PM – 2:19PM	Purvaproshtapada* Until 2:26PM	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	Vikarin 5121
		Yama	8:37AM – 10:31AM	Vishkamba* Until 9:12AM	Muruqa: Yellow	<i>Sunset:</i> 8:00PM	Moon 5 - Phase 7
		318683469 Rahu	4:12PM – 6:06PM	Vanija Until 10:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 9:00AM	Moon – Clear		Sivaloka Day
Until 2:26PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Carcare, Switzerland Sun 10 Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	Gulika	10:31AM – 12:25PM	Uttaraproshtapada Until 4:45PM	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	Vikarin 5121
		Yama	6:43AM – 8:37AM	Priti Until 9:43AM	Muruqa: Yellow	<i>Sunset:</i> 8:01PM	Moon 5 - Phase 7
		318683469 Rahu	12:25PM – 2:19PM	Bava Until 11:34PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 10:50AM	Moon – Clear		Sivaloka Day
Until 4:45PM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Carcare, Switzerland Sun 11 Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	Gulika	8:36AM – 10:31AM	Revati Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:48AM	Vikarin 5121
		Yama	4:48AM – 6:42AM	Ayushman Until 9:47AM	Muruqa: Yellow	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 7
		318683469 Rahu	2:19PM – 4:13PM	Kaulava Until 12:33AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:07PM	Moon – Clear		Sivaloka Day
Until 6:22PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Carcare, Switzerland Sun 12 Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	Gulika	6:42AM – 8:36AM	Ashvini Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	Vikarin 5121
		Yama	4:14PM – 6:08PM	Saubhagya Until 9:23AM	Muruqa: Yellow	<i>Sunset:</i> 8:03PM	Moon 5 - Phase 7
		328683469 Rahu	10:31AM – 12:25PM	Gara Until 12:54AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 12:47PM	Moon – White		Devaloka Day
Until 7:42PM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Carcare, Switzerland Sun 13 Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	Gulika	4:47AM – 6:41AM	Bharani Until 8:14PM	Ganesha: White	<i>Sunrise:</i> 4:47AM	Vikarin 5121
		Yama	2:20PM – 4:14PM	Sobhana Until 8:30AM	Muruqa: Yellow	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 7
		329683469 Rahu	8:36AM – 10:31AM	Visti Until 12:37AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 12:49PM	Moon – White		Bhuloka Day
Until 8:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Carcare, Switzerland Sun 14 Sutra 49
Vrishabha Rasi: 2.03	Tithi 29 – 30	Gulika	4:15PM – 6:10PM	Krittika Until 8:02PM	Ganesha: White	<i>Sunrise:</i> 4:46AM	Vikarin 5121
		Yama	12:25PM – 2:20PM	Athiganda* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 7
		329683469 Rahu	6:10PM – 8:04PM	Catuspada Until 11:44PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 12:14PM	Moon – White		Bhuloka Day
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

Retreat Star		Monday, June 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Carcare, Switzerland Sun 15 Sutra 50
Vrishabha Rasi: 15.32	Tithi 30 – 1	Gulika	2:20PM – 4:15PM	Rohini Until 7:37PM	Ganesha: Green	<i>Sunrise:</i> 4:46AM	Vikarin 5121
Family Home Evening		Yama	10:31AM – 12:26PM	Dhriti Until 3:01AM Tue	Muruqa: Yellow	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 7
		339683469 Rahu	6:41AM – 8:36AM	Kintughna Until 10:22PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 11:05AM	Moon – Yellow		Bhuloka Day
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Carcare, Switzerland Sun 16 Sutra 51 Vikarin 5121
Vrishabha Rasi: 29.18	Tithi 1 – 2	Gulika 12:26PM – 2:21PM	Mrigashira Until 6:39PM	Ganesha: Green <i>Sunrise:</i> 4:45AM	Moon 5 - Phase 8
		Yama 8:36AM – 10:31AM	Shula* Until 12:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 8:06PM	3rd Phase
		339683461 Rahu 4:16PM – 6:11PM	Balava Until 8:35PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 9:30AM	Moon – Yellow	Bhuloka Day
Until 6:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Carcare, Switzerland Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 13.17	Tithi 2 – 3	Gulika 10:31AM – 12:26PM	Ardra Until 5:14PM	Ganesha: Green <i>Sunrise:</i> 4:45AM	Moon 5 - Phase 8
		Yama 6:40AM – 8:35AM	Ganda* Until 9:42PM	Muruqa: Yellow <i>Sunset:</i> 8:07PM	3rd Phase
		339683461 Rahu 12:26PM – 2:21PM	Taitila Until 6:31PM	Nataraja: Yellow	
Creative Work	Siddha Yoga		Dvitiya Until 7:34AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Carcare, Switzerland Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 27.26	Tithi 4	Gulika 8:35AM – 10:31AM	Punarvasu Until 3:55PM	Ganesha: White <i>Sunrise:</i> 4:45AM	Moon 5 - Phase 8
		Yama 4:45AM – 6:40AM	Vridhi Until 6:48PM	Muruqa: Yellow <i>Sunset:</i> 8:07PM	3rd Phase
		349683461 Rahu 2:21PM – 4:17PM	Vanija Until 4:15PM	Nataraja: Yellow	
Creative Work	Amrita Yoga		Chaturthi* Until 3:04AM Fri	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Carcare, Switzerland Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 11.41	Tithi 5	Gulika 6:40AM – 8:35AM	Pushya Until 2:21PM	Ganesha: White <i>Sunrise:</i> 4:44AM	Moon 5 - Phase 8
		Yama 4:17PM – 6:13PM	Dhruva Until 3:49PM	Muruqa: Yellow <i>Sunset:</i> 8:08PM	3rd Phase
		349683461 Rahu 10:31AM – 12:26PM	Bava Until 1:54PM	Nataraja: Yellow	
Routine Work	Marana Yoga		Panchami Until 12:42AM Sat	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Carcare, Switzerland Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 25.58	Tithi 6	Gulika 4:44AM – 6:40AM	Ashlesha* Until 12:38PM	Ganesha: White <i>Sunrise:</i> 4:44AM	Moon 5 - Phase 8
		Yama 2:22PM – 4:18PM	Vyaghata* Until 12:50PM	Muruqa: Yellow <i>Sunset:</i> 8:09PM	3rd Phase
		349683461 Rahu 8:35AM – 10:31AM	Kaulava Until 11:32AM	Nataraja: Yellow	
Routine Work	Marana Yoga		Shashthi* Until 10:20PM	Moon – Blue	Bhuloka Day
Until 12:38PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Carcare, Switzerland Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 10.13	Tithi 7	Gulika 4:18PM – 6:14PM	Magha* Until 11:14AM	Ganesha: Yellow <i>Sunrise:</i> 4:44AM	Moon 5 - Phase 8
		Yama 12:27PM – 2:22PM	Harshana Until 9:53AM	Muruqa: Yellow <i>Sunset:</i> 8:09PM	3rd Phase
		351683461 Rahu 6:14PM – 8:09PM	Gara Until 9:12AM	Nataraja: Yellow	
Routine Work	Marana Yoga		Saptami Until 8:03PM	Moon – Red	Devaloka Day
Until 11:14AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Carcare, Switzerland Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 24.25	Tithi 8 – 9	Gulika 2:23PM – 4:18PM	Purvaphalguni Until 9:48AM	Ganesha: Yellow <i>Sunrise:</i> 4:43AM	Moon 5 - Phase 8
Family Home Evening		Yama 10:31AM – 12:27PM	Vajra* Until 7:00AM	Muruqa: Yellow <i>Sunset:</i> 8:10PM	Ashtami
		351683461 Rahu 6:39AM – 8:35AM	Visti Until 6:58AM	Nataraja: Yellow	
Creative Work	Siddha Yoga		Ashtami* Until 5:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	

Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Carcare, Switzerland Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 8.32	Tithi 9 – 10	Gulika 12:27PM – 2:23PM	Uttaraphalguni Until 8:21AM	Ganesha: Yellow <i>Sunrise:</i> 4:43AM	Moon 5 - Phase 8
		Yama 8:35AM – 10:31AM	Vyatipata* Until 1:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 8:11PM	Navami
		351683461 Rahu 4:19PM – 6:15PM	Taitila Until 2:53AM Wed	Nataraja: Yellow	
Creative Work	Amrita Yoga		Navami* Until 3:49PM	Moon – Red	Devaloka Day
Until 8:21AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					


Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Carcare, Switzerland Sun 24 Sutra 59	
Kanya Rasi: 22.32	Tithi 10 – 11	Gulika 10:31AM – 12:27PM	Hasta Until 7:21AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
		Yama 6:39AM – 8:35AM	Variyan Until 11:07PM	Muruqa: Yellow	<i>Sunset:</i> 8:11PM	Moon 5 - Phase 9	
		361683461 Rahu 12:27PM – 2:23PM	Vanija Until 1:08AM Thu	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Dashami Until 1:58PM	Moon – Green		Bhuloka Day	
Until 7:21AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Carcare, Switzerland Sun 25 Sutra 60	
Tula Rasi: 6.25	Tithi 11 – 12	Gulika 8:35AM – 10:31AM	Chitra Until 6:25AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
		Yama 4:43AM – 6:39AM	Parigha* Until 8:51PM	Muruqa: Yellow	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 9	
		361683461 Rahu 2:23PM – 4:19PM	Bava Until 11:39PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:20PM	Moon – Green		Bhuloka Day	
Until 6:25AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 61	
Tula Rasi: 20.07	Tithi 12 – 13	Gulika 6:39AM – 8:35AM	Vishakha Until 5:27AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
		Yama 4:20PM – 6:16PM	Shiva Until 6:52PM	Muruqa: Blue	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 9	
		371693461 Rahu 10:31AM – 12:28PM	Kaulava Until 10:29PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvodashi Until 11:00AM	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 62	
Vrischika Rasi: 3.38	Tithi 13 – 14	Gulika 4:43AM – 6:39AM	Anuradha Until 5:33AM Sun	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
		Yama 2:24PM – 4:20PM	Siddha Until 5:09PM	Muruqa: Blue	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 9	
		371793461 Rahu 8:35AM – 10:32AM	Gara Until 9:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 10:01AM	Moon – Orange		Subha Sivaloka Day	
Until 5:33AM Sun				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sutra 63	
Copper Retreat Star							
Vrischika Rasi: 16.54	Tithi 14 – 15	Gulika 4:20PM – 6:17PM	Jyeshtha* Until 6:00AM Mon	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
		Yama 12:28PM – 2:24PM	Sadhya Until 3:49PM	Muruqa: Blue	<i>Sunset:</i> 8:13PM	Moon 5 - Phase 9	
		371793461 Rahu 6:17PM – 8:13PM	Visti Until 9:25PM	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 9:29AM	Moon – Orange		Subha Sivaloka Day	
Until 6:00AM Mon		Father's Day		Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Carcare, Switzerland Sutra 64	
Vrischika Rasi: 29.55	Tithi 15 – 16	Gulika 2:24PM – 4:21PM	Jyeshtha* Until 6:00AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
		Yama 10:32AM – 12:28PM	Subha Until 2:55PM	Muruqa: Blue	<i>Sunset:</i> 8:13PM	Moon 5 - Phase 9	
Family Home Evening		371793461 Rahu 6:39AM – 8:36AM	Balava Until 9:39PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 9:27AM	Moon – Orange		Subha Sivaloka Day	
Until 6:00AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Carcare, Switzerland
Sutra 65

Dhanus Rasi: 12.39 Tithi 16 – 17

Gulika 12:28PM – 2:25PM
Yama 8:36AM – 10:32AM
Rahu 4:21PM – 6:17PM

Mula* Until 7:16AM
Sukla Until 2:26PM
Taitila Until 10:28PM
Prathama* Until 9:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:14PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 7:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Carcare, Switzerland
Sun 1 Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

Gulika 10:32AM – 12:29PM
Yama 6:39AM – 8:36AM
Rahu 12:29PM – 2:25PM

Purvashadha* Until 8:57AM
Brahma Until 2:24PM
Vanija Until 11:49PM
Dvitiya Until 11:03AM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:14PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Carcare, Switzerland
Sun 2 Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

Gulika 8:36AM – 10:32AM
Yama 4:43AM – 6:40AM
Rahu 2:25PM – 4:21PM

Uttarashadha Until 10:59AM
Indra Until 2:47PM
Bava Until 1:40AM Fri
Tritya Until 12:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:14PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 10:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland
Sun 3 Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

Gulika 6:40AM – 8:36AM
Yama 4:22PM – 6:18PM
Rahu 10:33AM – 12:29PM

Shravana Until 1:46PM
Vaidhriti* Until 3:27PM
Kaulava Until 3:51AM Sat
Chaturthi* Until 2:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:14PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 1:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland
Sun 4 Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

Gulika 4:44AM – 6:40AM
Yama 2:26PM – 4:22PM
Rahu 8:36AM – 10:33AM

Dhanishtha Until 4:39PM
Vishkambha* Until 4:21PM
Gara Until 6:13AM Sun
Panchami Until 5:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:44AM
Sunset: 8:15PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

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Sun 5 Sutra 70

Kumbha Rasi: 13.16 Tithi 21

Gulika 4:22PM – 6:18PM
Yama 12:29PM – 2:26PM
Rahu 6:18PM – 8:15PM

Shatabhishak Until 7:27PM
Priti Until 5:20PM
Gara Until 6:13AM
Shashthi* Until 7:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:44AM
Sunset: 8:15PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Carcare, Switzerland
Sun 6 Sutra 71

Kumbha Rasi: 25.08 Tithi 22

Family Home Evening

Gulika 2:26PM – 4:22PM
Yama 10:33AM – 12:30PM
Rahu 6:41AM – 8:37AM

Purvaproshtapada* Until 10:29PM
Ayushman Until 6:12PM
Visti Until 8:35AM
Saptami Until 9:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:44AM
Sunset: 8:15PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 10:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland
Sun 7 Sutra 72

Meena Rasi: 7.05 Tithi 23

Gulika 12:30PM – 2:26PM
Yama 8:37AM – 10:33AM
Rahu 4:22PM – 6:19PM

Uttaraproshtapada Until 1:03AM Wed
Saubhagya Until 6:53PM
Balava Until 10:45AM
Ashtami* Until 11:40PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:45AM
Sunset: 8:15PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 1:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland
Sun 8 Sutra 73

Meena Rasi: 19.1 Tithi 24

Gulika 10:34AM – 12:30PM
Yama 6:41AM – 8:37AM
Rahu 12:30PM – 2:26PM

Revati Until 2:59AM Thu
Sobhana Until 7:14PM
Taitila Until 12:31PM
Navami* Until 1:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:45AM
Sunset: 8:15PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 2:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Carcare, Switzerland Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	Gulika 8:38AM – 10:34AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 4:45AM		Vikarin 5121
		Yama 4:45AM – 6:42AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 8:15PM		Moon 6 - Phase 11
		322793461 Rahu 2:26PM – 4:23PM	Vanija Until 1:43PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White		Devaloka Day	
Until 4:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Carcare, Switzerland Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	Gulika 6:42AM – 8:38AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 4:46AM		Vikarin 5121
		Yama 4:23PM – 6:19PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 8:15PM		Moon 6 - Phase 11
		322793461 Rahu 10:34AM – 12:30PM	Bava Until 2:16PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:15AM Sat	Moon – White		Devaloka Day	
Until 5:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Carcare, Switzerland Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	Gulika 4:46AM – 6:42AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 4:46AM		Vikarin 5121
		Yama 2:27PM – 4:23PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 8:15PM		Moon 6 - Phase 11
		322793461 Rahu 8:38AM – 10:34AM	Kaulava Until 2:06PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White		Devaloka Day	
Until 5:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Carcare, Switzerland Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	Gulika 4:23PM – 6:19PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 4:47AM		Vikarin 5121
		Yama 12:31PM – 2:27PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 8:15PM		Moon 6 - Phase 11
		322793461 Rahu 6:19PM – 8:15PM	Gara Until 1:12PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow		Devaloka Day	
Until 4:56AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Carcare, Switzerland Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	Gulika 2:27PM – 4:23PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 4:47AM		Vikarin 5121
Family Home Evening		Yama 10:35AM – 12:31PM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 8:15PM		Moon 6 - Phase 11
		322793461 Rahu 6:43AM – 8:39AM	Visti Until 11:39AM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Yellow		Devaloka Day	
Until 3:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Carcare, Switzerland Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	Gulika 12:31PM – 2:27PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 4:48AM		Vikarin 5121
		Yama 8:39AM – 10:35AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 8:15PM		Moon 6 - Phase 11
		322793461 Rahu 4:23PM – 6:19PM	Catuspada Until 9:33AM	Nataraja: Yellow			Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow		Devaloka Day	
Until 1:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Carcare, Switzerland Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 10:36AM – 12:31PM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 4:48AM		Vikarin 5121
		Yama 6:44AM – 8:40AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 8:14PM		Moon 6 - Phase 11
		343793461 Rahu 12:31PM – 2:27PM	Kintughna Until 7:00AM	Nataraja: Yellow			Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue		Sivaloka Day	
Until 12:08AM Thu				Ashada-Ani			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Tritiya/Trityayam Titau		Carcare, Switzerland Sun 16 Sutra 81	
Kataka Rasi: 6.53	Tithi 2 – 3	Gulika 8:40AM – 10:36AM	Pushya Until 9:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	Vikarin 5121	
		Yama 4:49AM – 6:45AM	Harshana Until 12:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 8:14PM	Moon 6 - Phase 12	
		343793461 Rahu 2:27PM – 4:23PM	Taitila Until 1:10AM Fri	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 2:39PM	Moon – Blue		Sivaloka Day	
Until 9:58PM				Ashada-Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 17 Sutra 82	
Kataka Rasi: 21.34	Tithi 3 – 4	Gulika 6:45AM – 8:41AM	Ashlesha* Until 7:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 4:23PM – 6:18PM	Vajra* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 8:14PM	Moon 6 - Phase 12	
		343793461 Rahu 10:36AM – 12:32PM	Vanija Until 10:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 11:37AM	Moon – Blue		Sivaloka Day	
				Ashada-Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Carcare, Switzerland Sun 18 Sutra 83	
Simha Rasi: 6.15	Tithi 4 – 5	Gulika 4:50AM – 6:46AM	Magha* Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 2:27PM – 4:23PM	Siddhi Until 5:17PM	Muruqa: Blue	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 12	
		353793461 Rahu 8:41AM – 10:36AM	Bava Until 7:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 8:37AM	Moon – Red		Subha Sivaloka Day	
Until 5:37PM				Ashada-Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Carcare, Switzerland Sun 19 Sutra 84	
Simha Rasi: 20.5	Tithi 6	Gulika 4:23PM – 6:18PM	Purvaphalguni Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
		Yama 12:32PM – 2:27PM	Vyatipata* Until 1:59PM	Muruqa: Blue	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 12	
		453793461 Rahu 6:18PM – 8:13PM	Kaulava Until 4:27PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:10AM Mon	Moon – Red		Sivaloka Day	
Until 3:40PM				Ashada-Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Carcare, Switzerland Sun 20 Sutra 85	
Kanya Rasi: 5.14	Tithi 7	Gulika 2:27PM – 4:22PM	Uttaraphalguni Until 1:52PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
Family Home Evening		Yama 10:37AM – 12:32PM	Variyan Until 10:53AM	Muruqa: Blue	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 12	
		453793461 Rahu 6:47AM – 8:42AM	Gara Until 2:00PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:53AM Tue	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada-Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Carcare, Switzerland Sun 21 Sutra 86	
Kanya Rasi: 19.24	Tithi 8	Gulika 12:32PM – 2:27PM	Hasta Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama 8:42AM – 10:37AM	Parigha* Until 8:06AM	Muruqa: Blue	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 12	
		463793461 Rahu 4:22PM – 6:17PM	Visti Until 11:54AM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 11:00PM	Moon – Green		Subha Sivaloka Day	
				Ashada-Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Carcare, Switzerland Sun 22 Sutra 87	
Tula Rasi: 3.19	Tithi 9	Gulika 10:38AM – 12:32PM	Chitra Until 11:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Vikarin 5121	
		Yama 6:48AM – 8:43AM	Siddha Until 3:32AM Thu	Muruqa: Blue	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 12	
		463893461 Rahu 12:32PM – 2:27PM	Balava Until 10:14AM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 9:32PM	Moon – Green		Sivaloka Day	
				Ashada-Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Carcare, Switzerland Sun 23 Sutra 88
	Tula Rasi: 16.58	Tithi 10	Gulika 8:43AM – 10:38AM	Svati Until 11:15AM	Ganesha: Yellow <i>Sunrise:</i> 4:54AM	Vikarin 5121	
			Yama 4:54AM – 6:49AM	Sadhya Until 1:48AM Fri	Muruqa: Blue <i>Sunset:</i> 8:11PM	Moon 6 - Phase 13	
	463893461	Rahu 2:27PM – 4:22PM	Taitila Until 9:00AM		Nataraja: Yellow	4th Phase	
Creative Work	Amrita Yoga		Dashami Until 8:32PM	Moon – Green	Sivaloka Day		
Until 11:15AM				Ashada•Ani			
Then Creative Work - Siddha Yoga							

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Carcare, Switzerland Sun 24 Sutra 89
	Vrischika Rasi: 0.2	Tithi 11	Gulika 6:49AM – 8:44AM	Vishakha Until 11:25AM	Ganesha: White <i>Sunrise:</i> 4:55AM	Vikarin 5121	
			Yama 4:22PM – 6:16PM	Subha Until 12:28AM Sat	Muruqa: Blue <i>Sunset:</i> 8:11PM	Moon 6 - Phase 13	
	473893461	Rahu 10:38AM – 12:33PM	Vanija Until 8:13AM		Nataraja: Yellow	4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:00PM	Moon – Orange	Devaloka Day		
				Ashada•Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Carcare, Switzerland Sun 25 Sutra 90
	Vrischika Rasi: 13.28	Tithi 12	Gulika 4:55AM – 6:50AM	Anuradha Until 11:54AM	Ganesha: White <i>Sunrise:</i> 4:55AM	Vikarin 5121	
			Yama 2:27PM – 4:21PM	Sukla Until 11:29PM	Muruqa: Blue <i>Sunset:</i> 8:10PM	Moon 6 - Phase 13	
	473893461	Rahu 8:44AM – 10:38AM	Bava Until 7:56AM		Nataraja: Yellow	4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:56PM	Moon – Orange	Devaloka Day		
				Ashada•Ani			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Carcare, Switzerland Sun 26 Sutra 91
	Vrischika Rasi: 26.2	Tithi 13	Gulika 4:21PM – 6:15PM	Jyeshtha* Until 12:43PM	Ganesha: White <i>Sunrise:</i> 4:56AM	Vikarin 5121	
			Yama 12:33PM – 2:27PM	Brahma Until 10:53PM	Muruqa: Blue <i>Sunset:</i> 8:09PM	Moon 6 - Phase 13	
	473893461	Rahu 6:15PM – 8:09PM	Kaulava Until 8:07AM		Nataraja: Yellow	4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 8:22PM	Moon – Orange	Devaloka Day		
Until 12:43PM				Ashada•Ani			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 92
	Dhanus Rasi: 9	Tithi 14	Gulika 2:27PM – 4:21PM	Mula* Until 2:18PM	Ganesha: Clear <i>Sunrise:</i> 4:57AM	Vikarin 5121	
			Yama 10:39AM – 12:33PM	Indra Until 10:41PM	Muruqa: Blue <i>Sunset:</i> 8:09PM	Moon 6 - Phase 13	
	483893461	Rahu 6:51AM – 8:45AM	Gara Until 8:47AM		Nataraja: Yellow	4th Phase	
Family Home Evening	Siddha Yoga		Chaturdashi* Until 9:16PM	Moon – Light Blue	Sivaloka Day		
Creative Work				Ashada•Ani			
Until 2:18PM							
Then Routine Work - Marana Yoga							

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Carcare, Switzerland Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:33PM – 2:27PM	Purvashadha* Until 4:10PM	Ganesha: Clear <i>Sunrise:</i> 4:58AM	Vikarin 5121	
	Dhanus Rasi: 21.26	Tithi 15	Yama 8:46AM – 10:39AM	Vaidhriti* Until 10:48PM	Muruqa: Blue <i>Sunset:</i> 8:08PM	Moon 6 - Phase 13	
	483893461	Rahu 4:21PM – 6:14PM	Visti Until 9:54AM		Nataraja: Yellow	Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:37PM	Moon – Light Blue	Sivaloka Day		
Until 4:10PM				Ashada•Adi			
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima					

6	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Carcare, Switzerland Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:40AM – 12:33PM	Uttarashadha Until 6:18PM	Ganesha: Purple <i>Sunrise:</i> 4:59AM	Vikarin 5121	
	Makara Rasi: 3.41	Tithi 16	Yama 6:53AM – 8:46AM	Vishkambha* Until 11:14PM	Muruqa: Blue <i>Sunset:</i> 8:07PM	Moon 6 - Phase 13	
	484893462	Rahu 12:33PM – 2:27PM	Balava Until 11:28AM		Nataraja: White	Prathama	
Creative Work	Amrita Yoga		Prathama* Until 12:23AM Thu	Moon – Light Blue	Subha Subha Sivaloka Day		
Until 6:18PM				Ashada•Adi			
Then Creative Work - Siddha Yoga							



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 15.47 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 8:47AM – 10:40AM
Yama 5:00AM – 6:53AM
Rahu 2:27PM – 4:20PM

Shravana Until 9:05PM
Priti Until 11:57PM
Taitila Until 1:24PM
Dvitiya Until 2:28AM Fri

Carcare, Switzerland
Sun 1 Sutra 95
Vikarin 5121

Ganesha: Clear Sunrise: 5:00AM
Muruga: Blue Sunset: 8:07PM
Nataraja: White
Moon – Purple

Subha Sivaloka Day
Ashada-Adi

Moon 7 - Phase 14
1st Phase

1

Friday, July 19, 2019

Makara Rasi: 27.46 Tithi 18
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:54AM – 8:47AM
Yama 4:20PM – 6:13PM
Rahu 10:40AM – 12:33PM

Dhanishtha Until 11:57PM
Ayushman Until 12:49AM Sat
Vanija Until 3:37PM
Tritiya Until 4:47AM Sat

Carcare, Switzerland
Sun 2 Sutra 96
Vikarin 5121

Ganesha: Clear Sunrise: 5:01AM
Muruga: Blue Sunset: 8:06PM
Nataraja: White
Moon – Purple

Subha Sivaloka Day
Ashada-Adi

Moon 7 - Phase 14
1st Phase

2

Saturday, July 20, 2019

Kumbha Rasi: 9.39 Tithi 19
Creative Work Amrita Yoga
Until 2:45AM Sun
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Gulika 5:02AM – 6:55AM
Yama 2:26PM – 4:19PM
Rahu 8:48AM – 10:40AM

Shatabhishak Until 2:45AM Sun
Saubhagya Until 1:48AM Sun
Bava Until 6:00PM
Chaturthi* Until 7:12AM Sun

Carcare, Switzerland
Sun 3 Sutra 97
Vikarin 5121

Ganesha: Clear Sunrise: 5:02AM
Muruga: Blue Sunset: 8:05PM
Nataraja: White
Moon – Purple

Subha Sivaloka Day
Ashada-Adi

Moon 7 - Phase 14
1st Phase

3

Sunday, July 21, 2019

Kumbha Rasi: 21.31 Tithi 19 – 20
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 4:19PM – 6:11PM
Yama 12:33PM – 2:26PM
Rahu 6:11PM – 8:04PM

Purvaproshtapada* Until 5:53AM Mon
Sobhana Until 2:46AM Mon
Kaulava Until 8:25PM
Chaturthi* Until 7:12AM

Carcare, Switzerland
Sun 4 Sutra 98
Vikarin 5121

Ganesha: Clear Sunrise: 5:03AM
Muruga: Blue Sunset: 8:04PM
Nataraja: White
Moon – Clear

Subha Sivaloka Day
Ashada-Adi

Moon 7 - Phase 14
1st Phase

4

Monday, July 22, 2019

Meena Rasi: 3.23 Tithi 20 – 21
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 2:26PM – 4:18PM
Yama 10:41AM – 12:33PM
Rahu 6:56AM – 8:49AM

Uttaraproshtapada Until 8:40AM Tue
Athiganda* Until 3:35AM Tue
Gara Until 10:42PM
Panchami Until 9:34AM

Carcare, Switzerland
Sun 5 Sutra 99
Vikarin 5121

Ganesha: Clear Sunrise: 5:04AM
Muruga: Blue Sunset: 8:03PM
Nataraja: White
Moon – Clear

Subha Sivaloka Day
Ashada-Adi

Moon 7 - Phase 14
1st Phase

5

Tuesday, July 23, 2019

Meena Rasi: 15.19 Tithi 21 – 22
Creative Work Amrita Yoga
Until 8:40AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 12:33PM – 2:26PM
Yama 8:49AM – 10:41AM
Rahu 4:18PM – 6:10PM

Uttaraproshtapada Until 8:40AM
Sukarma Until 4:11AM Wed
Visti Until 12:42AM Wed
Shashthi* Until 11:44AM

Carcare, Switzerland
Sun 6 Sutra 100
Vikarin 5121

Ganesha: Clear Sunrise: 5:05AM
Muruga: Blue Sunset: 8:02PM
Nataraja: White
Moon – Clear

Subha Sivaloka Day
Ashada-Adi

Moon 7 - Phase 14
1st Phase

D

Wednesday, July 24, 2019
Retreat Star

Meena Rasi: 27.23 Tithi 22 – 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:42AM – 12:33PM
Yama 6:58AM – 8:50AM
Rahu 12:33PM – 2:25PM

Revati Until 10:57AM
Dhriti Until 4:26AM Thu
Balava Until 2:16AM Thu
Saptami Until 1:32PM

Carcare, Switzerland
Sun 7 Sutra 101
Vikarin 5121

Ganesha: Clear Sunrise: 5:06AM
Muruga: Blue Sunset: 8:01PM
Nataraja: White
Moon – Clear

Subha Sivaloka Day
Ashada-Adi

Moon 7 - Phase 14
Ashtami

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 9.4 Tithi 23 – 24
Creative Work Amrita Yoga
Until 1:04PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:50AM – 10:42AM
Yama 5:07AM – 6:58AM
Rahu 2:25PM – 4:17PM

Ashvini Until 1:04PM
Shula* Until 4:10AM Fri
Taitila Until 3:13AM Fri
Ashtami* Until 2:48PM

Carcare, Switzerland
Sun 8 Sutra 102
Vikarin 5121

Ganesha: White Sunrise: 5:07AM
Muruga: Blue Sunset: 8:00PM
Nataraja: White
Moon – White

Subha Subha Sivaloka Day
Ashada-Adi

Moon 7 - Phase 14
Navami


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 9 Sutra 103	
Mesha Rasi: 22.11	Tithi 24 – 25	Gulika 6:59AM – 8:51AM	Bharani Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 5:08AM		Vikarin 5121
		Yama 4:16PM – 6:08PM	Ganda* Until 3:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:59PM		Moon 7 - Phase 15
424893462	Rahu 10:42AM – 12:34PM		Vanija Until 3:27AM Sat	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 3:25PM	Moon – White		Subha Subha Sivaloka Day	
				Ashada-Adi			

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 10 Sutra 104	
Wrishabha Rasi: 5.04	Tithi 25 – 26	Gulika 5:09AM – 7:00AM	Krittika Until 2:49PM	Ganesha: White	<i>Sunrise:</i> 5:09AM		Vikarin 5121
		Yama 2:25PM – 4:16PM	Vriddhi Until 1:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:59PM		Moon 7 - Phase 15
424893462	Rahu 8:51AM – 10:42AM		Bava Until 2:55AM Sun	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 3:16PM	Moon – White		Subha Subha Sivaloka Day	
				Ashada-Adi			

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 11 Sutra 105	
Wrishabha Rasi: 18.21	Tithi 26 – 27	Gulika 4:15PM – 6:06PM	Rohini Until 2:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM		Vikarin 5121
		Yama 12:33PM – 2:24PM	Dhruva Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 7:57PM		Moon 7 - Phase 15
434893462	Rahu 6:06PM – 7:57PM		Kaulava Until 1:36AM Mon	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:20PM	Moon – Yellow		Subha Sivaloka Day	
				Ashada-Adi			

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 12 Sutra 106	
Mithuna Rasi: 2.04	Tithi 27 – 28	Gulika 2:24PM – 4:15PM	Mrigashira Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 5:11AM		Vikarin 5121
Family Home Evening		Yama 10:43AM – 12:33PM	Vyaghata* Until 9:14PM	Muruqa: Blue	<i>Sunset:</i> 7:56PM		Moon 7 - Phase 15
435893462	Rahu 7:02AM – 8:52AM		Gara Until 11:35PM	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 12:39PM	Moon – Yellow		Sivaloka Day	
Until 1:51PM				Ashada-Adi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 13 Sutra 107	
Mithuna Rasi: 16.14	Tithi 28 – 29	Gulika 12:33PM – 2:24PM	Ardra Until 12:07PM	Ganesha: White	<i>Sunrise:</i> 5:12AM		Vikarin 5121
		Yama 8:53AM – 10:43AM	Harshana Until 6:07PM	Muruqa: Blue	<i>Sunset:</i> 7:55PM		Moon 7 - Phase 15
435893462	Rahu 4:14PM – 6:04PM		Visti Until 8:57PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 10:19AM	Moon – Yellow		Sivaloka Day	
Until 12:07PM				Ashada-Adi			
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Carcare, Switzerland Sun 14 Sutra 108	
Retreat Star		Gulika 10:43AM – 12:33PM	Punarvasu Until 10:09AM	Ganesha: Green	<i>Sunrise:</i> 5:13AM		Vikarin 5121
Kataka Rasi: 0.46	Tithi 29 – 30	Yama 7:03AM – 8:53AM	Vajra* Until 2:33PM	Muruqa: Blue	<i>Sunset:</i> 7:54PM		Moon 7 - Phase 15
445893462	Rahu 12:33PM – 2:23PM		Naga Until 4:11AM Thu	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 7:27AM	Moon – Blue		Sivaloka Day	
				Ashada-Adi			

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Carcare, Switzerland Sun 15 Sutra 109	
Kataka Rasi: 15.37	Tithi 1	Gulika 8:54AM – 10:44AM	Pushya Until 7:40AM	Ganesha: Green	<i>Sunrise:</i> 5:14AM		Vikarin 5121
		Yama 5:14AM – 7:04AM	Siddhi Until 10:43AM	Muruqa: Blue	<i>Sunset:</i> 7:52PM		Moon 7 - Phase 15
445893462	Rahu 2:23PM – 4:13PM		Kintughna Until 2:28PM	Nataraja: White			Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:41AM Fri	Moon – Blue		Sivaloka Day	
Until 7:40AM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Carcare, Switzerland Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.38	Tithi 2	Gulika 7:05AM – 8:54AM	Magha* Until 2:13AM Sat	Ganesha: White	<i>Sunrise:</i> 5:15AM		
		Yama 4:12PM – 6:02PM	Vyatipata* Until 6:45AM	Muruqa: Blue	<i>Sunset:</i> 7:51PM		Moon 7 - Phase 16
		455893462 Rahu 10:44AM – 12:33PM	Balava Until 10:55AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day	
Until 2:13AM Sat				Sravana*Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.41	Tithi 3 – 4	Gulika 5:16AM – 7:06AM	Purvaphalguni Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 5:16AM		
		Yama 2:22PM – 4:11PM	Parigha* Until 10:49PM	Muruqa: Blue	<i>Sunset:</i> 7:50PM		Moon 7 - Phase 16
		455893462 Rahu 8:55AM – 10:44AM	Taitila Until 7:22AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:37PM	Moon – Red		Sivaloka Day	
Until 11:36PM				Sravana*Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Carcare, Switzerland Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0.37	Tithi 4 – 5	Gulika 4:11PM – 6:00PM	Uttaraphalguni Until 9:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM		
		Yama 12:33PM – 2:22PM	Shiva Until 7:08PM	Muruqa: Blue	<i>Sunset:</i> 7:49PM		Moon 7 - Phase 16
		455993462 Rahu 6:00PM – 7:49PM	Bava Until 12:51AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 2:20PM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana*Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Carcare, Switzerland Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 15.19	Tithi 5 – 6	Gulika 2:22PM – 4:10PM	Hasta Until 7:17PM	Ganesha: White	<i>Sunrise:</i> 5:19AM		
Family Home Evening		Yama 10:44AM – 12:33PM	Siddha Until 3:45PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 7:07AM – 8:56AM	Kaulava Until 10:10PM	Nataraja: White			3rd Phase
Until 7:17PM			Panchami Until 11:26AM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Carcare, Switzerland Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.41	Tithi 6 – 7	Gulika 12:33PM – 2:21PM	Chitra Until 5:52PM	Ganesha: White	<i>Sunrise:</i> 5:20AM		
		Yama 8:56AM – 10:45AM	Sadhya Until 12:48PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM		Moon 7 - Phase 16
		465993462 Rahu 4:09PM – 5:58PM	Gara Until 8:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Carcare, Switzerland Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.41	Tithi 7 – 8	Gulika 10:45AM – 12:33PM	Svati Until 4:54PM	Ganesha: White	<i>Sunrise:</i> 5:21AM		
		Yama 7:09AM – 8:57AM	Subha Until 10:21AM	Muruqa: Blue	<i>Sunset:</i> 7:45PM		Moon 7 - Phase 16
		465993462 Rahu 12:33PM – 2:21PM	Visti Until 6:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Carcare, Switzerland Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 27.16	Tithi 9	Gulika 8:57AM – 10:45AM	Vishakha Until 4:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:22AM		
		Yama 5:22AM – 7:10AM	Sukla Until 8:25AM	Muruqa: Blue	<i>Sunset:</i> 7:43PM		Moon 7 - Phase 16
		476993462 Rahu 2:20PM – 4:08PM	Balava Until 5:39PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 5:28AM Fri	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau			Carcare, Switzerland Sun 23 Sutra 117
Wrischika Rasi: 10.29	Tithi 10	Gulika 7:11AM – 8:58AM	Anuradha Until 5:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	Vikarin 5121	
		Yama 4:07PM – 5:54PM	Brahma Until 7:02AM	Muruqa: Blue	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 17	
		476993462 Rahu 10:45AM – 12:32PM	Taitila Until 5:28PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 5:36AM Sat	Moon – Orange		Sivaloka Day	
Until 5:24PM				Sravana-Adi			
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau			Carcare, Switzerland Sun 24 Sutra 118
Wrischika Rasi: 23.23	Tithi 11	Gulika 5:24AM – 7:11AM	Jyeshtha* Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	Vikarin 5121	
		Yama 2:19PM – 4:06PM	Indra Until 6:10AM	Muruqa: Blue	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 17	
		476993462 Rahu 8:58AM – 10:45AM	Vanija Until 5:55PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:20AM Sun	Moon – Orange		Sivaloka Day	
				Sravana-Adi			

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Carcare, Switzerland Sun 25 Sutra 119
Dhanus Rasi: 5.59	Tithi 11 – 12	Gulika 4:06PM – 5:52PM	Mula* Until 8:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Vikarin 5121	
		Yama 12:32PM – 2:19PM	Vishkambha* Until 5:46AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 17	
		486993462 Rahu 5:52PM – 7:39PM	Bava Until 6:56PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 6:20AM	Moon – Light Blue		Subha Sivaloka Day	
Until 8:12PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Carcare, Switzerland Sun 26 Sutra 120
Dhanus Rasi: 18.21	Tithi 12 – 13	Gulika 2:18PM – 4:05PM	Purvashadha* Until 10:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Vikarin 5121	
Family Home Evening		Yama 10:46AM – 12:32PM	Priti Until 6:07AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 17	
		486993462 Rahu 7:13AM – 8:59AM	Kaulava Until 8:25PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 7:36AM	Moon – Light Blue		Subha Sivaloka Day	
				Sravana-Adi			

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Carcare, Switzerland Sun 27 Sutra 121
Makara Rasi: 0.32	Tithi 13 – 14	Gulika 12:32PM – 2:18PM	Uttarashadha Until 12:38AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Vikarin 5121	
		Yama 9:00AM – 10:46AM	Priti Until 6:07AM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 17	
		486993462 Rahu 4:04PM – 5:50PM	Gara Until 10:16PM	Nataraja: White		4th Phase	
Routine Work	Prabalarishta Yoga		Trayodashi Until 9:17AM	Moon – Light Blue		Subha Sivaloka Day	
Until 12:38AM Wed				Sravana-Adi			
Then Creative Work - Siddha Yoga							

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Carcare, Switzerland Sutra 122
Copper Retreat Star		Gulika 10:46AM – 12:32PM	Shravana Until 3:33AM Thu	Ganesha: White	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
Makara Rasi: 12.35	Tithi 14 – 15	Yama 7:15AM – 9:00AM	Ayushman Until 6:42AM	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 17	
		496993462 Rahu 12:32PM – 2:17PM	Visti Until 12:25AM Thu	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:18AM	Moon – Purple		Sivaloka Day	
		Raksha Bandhan		Sravana-Adi			

Thursday, August 15, 2019		Silver Retreat Star			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Carcare, Switzerland Sutra 123
Makara Rasi: 24.32	Tithi 15 – 16	Gulika 9:01AM – 10:46AM	Dhanishtha Until 6:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Vikarin 5121		
		Yama 5:30AM – 7:15AM	Saubhagya Until 7:29AM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 17		
		497993462 Rahu 2:17PM – 4:02PM	Balava Until 2:44AM Fri	Nataraja: White		Prathama		
Creative Work	Siddha Yoga		Purnima* Until 1:32PM	Moon – Purple		Subha Sivaloka Day		
				Sravana-Adi				

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 6.26 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:16AM – 9:01AM
Yama 4:01PM – 5:46PM
Rahu 10:46AM – 12:31PM

Dhanishtha **Until 6:27AM**
Sobhana **Until 8:24AM**
Taitila **Until 5:10AM Sat**
Prathama* Until 3:55PM

Ganesha: Yellow *Sunrise: 5:31AM*
Muruqa: Blue *Sunset: 7:31PM*
Nataraja: White
Moon – Purple
Sravana-Adi

Carcare, Switzerland
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 18.17 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Gara Karana Dvitiyayam Titau

Gulika 5:32AM – 7:17AM
Yama 2:16PM – 4:00PM
Rahu 9:02AM – 10:46AM

Shatabhishak **Until 9:16AM**
Athiganda* **Until 9:21AM**
Gara **Until 6:21PM**
Dvitiya Until 6:21PM

Ganesha: Yellow *Sunrise: 5:32AM*
Muruqa: Blue *Sunset: 7:30PM*
Nataraja: White
Moon – Purple
Sravana-Avani

Carcare, Switzerland
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

2

Sunday, August 18, 2019

Meena Rasi: 0.09 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trilyayam Titau

Gulika 3:59PM – 5:44PM
Yama 12:31PM – 2:15PM
Rahu 5:44PM – 7:28PM

Purvaproshtapada* Until 12:25PM
Sukarma **Until 10:18AM**
Vanija **Until 7:35AM**
Tritiya Until 8:45PM

Ganesha: White *Sunrise: 5:34AM*
Muruqa: Blue *Sunset: 7:28PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Carcare, Switzerland
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 12.02 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:15PM – 3:59PM
Yama 10:47AM – 12:31PM
Rahu 7:19AM – 9:03AM

Uttaraproshtapada Until 3:16PM
Dhriti **Until 11:12AM**
Bava **Until 9:55AM**
Chaturthi* Until 11:00PM

Ganesha: White *Sunrise: 5:35AM*
Muruqa: Blue *Sunset: 7:27PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Carcare, Switzerland
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 24 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:30PM – 2:14PM
Yama 9:03AM – 10:47AM
Rahu 3:58PM – 5:41PM

Revati Until 5:46PM
Shula* **Until 11:54AM**
Kaulava **Until 12:03PM**
Panchami Until 12:59AM Wed

Ganesha: White *Sunrise: 5:36AM*
Muruqa: Blue *Sunset: 7:25PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Carcare, Switzerland
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 6.05 Tilthi 21

527993462

Routine Work Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:47AM – 12:30PM
Yama 7:20AM – 9:04AM
Rahu 12:30PM – 2:13PM

Ashvini Until 8:14PM
Ganda* **Until 12:22PM**
Gara **Until 1:52PM**
Shashthi* Until 2:35AM Thu

Ganesha: Clear *Sunrise: 5:37AM*
Muruqa: Blue *Sunset: 7:23PM*
Nataraja: White
Moon – White
Sravana-Avani

Carcare, Switzerland
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 18.2 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 9:04AM – 10:47AM
Yama 5:38AM – 7:21AM
Rahu 2:13PM – 3:56PM

Bharani Until 10:04PM
Vridhhi **Until 12:30PM**
Visti **Until 3:13PM**
Saptami Until 3:39AM Fri

Ganesha: White *Sunrise: 5:38AM*
Muruqa: Blue *Sunset: 7:22PM*
Nataraja: White
Moon – White
Sravana-Avani

Carcare, Switzerland
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019

Retreat Star

Vrishabha Rasi: 0.49 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:22AM – 9:04AM
Yama 3:55PM – 5:37PM
Rahu 10:47AM – 12:30PM

Krishna Janmashtami

Krittika Until 11:07PM
Dhruva **Until 12:09PM**
Balava **Until 3:58PM**
Ashtami* Until 4:03AM Sat

Ganesha: White *Sunrise: 5:39AM*
Muruqa: Blue *Sunset: 7:20PM*
Nataraja: White
Moon – White
Sravana-Avani

Carcare, Switzerland
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.37 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:40AM – 7:23AM
Yama 2:12PM – 3:54PM
Rahu 9:05AM – 10:47AM

Rohini Until 11:45PM
Vyaghata* **Until 11:16AM**
Taitila **Until 4:00PM**
Navami* Until 3:42AM Sun

Ganesha: Clear *Sunrise: 5:40AM*
Muruqa: Blue *Sunset: 7:18PM*
Nataraja: White
Moon – Yellow
Sravana-Avani

Carcare, Switzerland
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau	Carcare, Switzerland Sun 9 Sutra 133
538993462	Gulika 3:53PM – 5:35PM Yama 12:29PM – 2:11PM Rahu 5:35PM – 7:17PM	Mrigashira Until 11:27PM Harshana Until 9:46AM Vanija Until 3:14PM Dashami Until 2:33AM Mon	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:42AM Sunset: 7:17PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Subha Sivaloka Day Srivana-Avani
Vishabha Rasi: 26.47 Tithi 25 Creative Work Siddha Yoga					

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Carcare, Switzerland Sun 10 Sutra 134
538993462	Gulika 2:10PM – 3:52PM Yama 10:47AM – 12:29PM Rahu 7:24AM – 9:06AM	Ardra Until 10:15PM Vajra* Until 7:37AM Bava Until 1:42PM Ekadashi* Until 12:38AM Tue	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:43AM Sunset: 7:15PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Subha Sivaloka Day Srivana-Avani
Mithuna Rasi: 10.25 Tithi 26 Family Home Evening Creative Work Siddha Yoga Until 10:15PM Then Creative Work - Amrita Yoga					

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Carcare, Switzerland Sun 11 Sutra 135
548993462	Gulika 12:29PM – 2:10PM Yama 9:06AM – 10:47AM Rahu 3:51PM – 5:32PM	Punarvasu Until 8:39PM Vyatipata* Until 1:36AM Wed Kaulava Until 11:26AM Dvadashi* Until 10:03PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 5:44AM Sunset: 7:13PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Sivaloka Day Srivana-Avani
Mithuna Rasi: 24.3 Tithi 27 Creative Work Siddha Yoga					

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Carcare, Switzerland Sun 12 Sutra 136
549993463	Gulika 10:47AM – 12:28PM Yama 7:26AM – 9:07AM Rahu 12:28PM – 2:09PM	Pushya Until 6:20PM Variyan Until 9:51PM Gara Until 8:34AM Trayodashi* Until 6:55PM	Ganesha: Light Blue Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 5:45AM Sunset: 7:11PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Devaloka Day Srivana-Avani
Kataka Rasi: 9.02 Tithi 28 Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Carcare, Switzerland Sun 13 Sutra 137
549193463	Gulika 9:07AM – 10:47AM Yama 5:46AM – 7:27AM Rahu 2:08PM – 3:49PM	Ashlesha* Until 3:29PM Parigha* Until 5:49PM Catuspada Until 1:31AM Fri Chaturdashi* Until 3:23PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 5:46AM Sunset: 7:10PM	Vikarin 5121 Moon 8 - Phase 19 2nd Phase Sivaloka Day Srivana-Avani
Kataka Rasi: 23.56 Tithi 29 – 30 Creative Work Siddha Yoga Until 3:29PM Then Creative Work - Amrita Yoga					

		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Carcare, Switzerland Sun 14 Sutra 138
559193463	Gulika 7:27AM – 9:07AM Yama 3:48PM – 5:28PM Rahu 10:48AM – 12:28PM	Magha* Until 12:39PM Shiva Until 1:36PM Kintughna Until 9:41PM Amavasya* Until 11:36AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:47AM Sunset: 7:08PM	Vikarin 5121 Moon 8 - Phase 19 Amavasya Sivaloka Day Srivana-Avani
Simha Rasi: 9.06 Tithi 30 – 1 Routine Work Marana Yoga Until 12:39PM Then Creative Work - Siddha Yoga		Varalakshmi Vratam			

6		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Carcare, Switzerland Sun 15 Sutra 139
559193463	Gulika 5:48AM – 7:28AM Yama 2:07PM – 3:47PM Rahu 9:08AM – 10:48AM	Purvaphalguni Until 9:37AM Siddha Until 9:18AM Kaulava Until 4:00AM Sun Prathama* Until 7:45AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:48AM Sunset: 7:06PM	Vikarin 5121 Moon 8 - Phase 19 Prathama Sivaloka Day Bhadrapada-Avani
Simha Rasi: 24.21 Tithi 1 – 2 Creative Work Siddha Yoga Until 9:37AM Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trityayam Titau				Carcare, Switzerland Sun 16 Sutra 140
	Kanya Rasi: 9.32	Tithi 3	Gulika 3:46PM – 5:25PM	Uttaraphalguni Until 6:35AM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Vikarin 5121
			Yama 12:27PM – 2:06PM	Subha Until 1:11AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 20
	559193463	Rahu 5:25PM – 7:04PM	Taitila Until 2:14PM		Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 12:31AM Mon	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Carcare, Switzerland Sun 17 Sutra 141
	Kanya Rasi: 24.3	Tithi 4	Gulika 2:06PM – 3:45PM	Chitra Until 1:56AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	Vikarin 5121
	Family Home Evening		Yama 10:48AM – 12:27PM	Sukla Until 9:35PM	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 8 - Phase 20
	569193463	Rahu 7:30AM – 9:09AM	Vanija Until 10:57AM		Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:28PM	Moon – Green		Sivaloka Day	
Until 1:56AM Tue		Ganesha Chaturthi		Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Carcare, Switzerland Sun 18 Sutra 142
	Tula Rasi: 9.06	Tithi 5	Gulika 12:26PM – 2:05PM	Svati Until 12:15AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:52AM	Vikarin 5121
			Yama 9:09AM – 10:48AM	Brahma Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 20
	569193463	Rahu 3:44PM – 5:22PM	Bava Until 8:10AM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:00PM	Moon – Green		Sivaloka Day	
				Bhadrapada-Avani			

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 19 Sutra 143
	Tula Rasi: 23.15	Tithi 6 – 7	Gulika 10:48AM – 12:26PM	Vishakha Until 11:35PM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Vikarin 5121
			Yama 7:31AM – 9:10AM	Indra Until 3:57PM	Muruqa: Blue	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 20
	579193463	Rahu 12:26PM – 2:04PM	Kaulava Until 6:02AM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 5:14PM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada-Avani			

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 20 Sutra 144
	Vrischika Rasi: 6.56	Tithi 7 – 8	Gulika 9:10AM – 10:48AM	Anuradha Until 11:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM	Vikarin 5121
			Yama 5:54AM – 7:32AM	Vaidhriti* Until 2:04PM	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 20
	571193463	Rahu 2:04PM – 3:41PM	Visti Until 4:08AM Fri		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:17PM	Moon – Orange		Sivaloka Day	
Until 11:35PM				Bhadrapada-Avani			
Then Routine Work - Prabalarishta Yoga							

6	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 21 Sutra 145
	Retreat Star		Gulika 7:33AM – 9:10AM	Jyeshtha* Until 12:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:55AM	Vikarin 5121
	Vrischika Rasi: 20.09	Tithi 8 – 9	Yama 3:40PM – 5:18PM	Vishkambha* Until 12:50PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 20
	571193463	Rahu 10:48AM – 12:25PM	Balava Until 4:25AM Sat		Nataraja: Clear		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 4:10PM	Moon – Orange		Sivaloka Day	
Until 12:13AM Sat				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

7	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 22 Sutra 146
	Retreat Star		Gulika 5:57AM – 7:34AM	Mula* Until 1:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:57AM	Vikarin 5121
	Dhanus Rasi: 2.57	Tithi 9 – 10	Yama 2:02PM – 3:39PM	Priti Until 12:15PM	Muruqa: Blue	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 20
	581193463	Rahu 9:11AM – 10:48AM	Taitila Until 5:27AM Sun		Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Navami* Until 4:49PM	Moon – Light Blue		Devaloka Day	
				Bhadrapada-Avani			

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau			Carcare, Switzerland Sun 23 Sutra 147
Dhanus Rasi: 15.25	Tithi 10	Gulika 3:38PM – 5:15PM	Purvashadha* Until 4:05AM Mon	Ganesha: Green <i>Sunrise:</i> 5:58AM	Vikarin 5121
		Yama 12:25PM – 2:01PM	Ayushman Until 12:11PM	Muruqa: Blue <i>Sunset:</i> 6:52PM	Moon 8 - Phase 21
	581193463	Rahu 5:15PM – 6:52PM	Gara Until 6:10PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	Devaloka Day
Until 4:05AM Mon		Grandparent's Day	Dashami Until 6:10PM	Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Carcare, Switzerland Sun 24 Sutra 148
Dhanus Rasi: 27.38	Tithi 11	Gulika 2:01PM – 3:37PM	Uttarashadha Until 6:30AM Tue	Ganesha: Green <i>Sunrise:</i> 5:59AM	Vikarin 5121
Family Home Evening		Yama 10:48AM – 12:24PM	Saubhagya Until 12:34PM	Muruqa: Blue <i>Sunset:</i> 6:50PM	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	Rahu 7:35AM – 9:12AM	Vanija Until 7:05AM	Nataraja: Clear	4th Phase
Until 6:30AM Tue			Ekadashi Until 8:03PM	Moon – Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Carcare, Switzerland Sun 25 Sutra 149
Makara Rasi: 9.4	Tithi 12	Gulika 12:24PM – 2:00PM	Uttarashadha Until 6:30AM	Ganesha: Green <i>Sunrise:</i> 6:00AM	Vikarin 5121
		Yama 9:12AM – 10:48AM	Sobhana Until 1:16PM	Muruqa: Blue <i>Sunset:</i> 6:48PM	Moon 8 - Phase 21
	581193463	Rahu 3:36PM – 5:12PM	Bava Until 9:09AM	Nataraja: Clear	4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 10:16PM	Moon – Light Blue	Devaloka Day
Until 6:30AM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Carcare, Switzerland Sun 26 Sutra 150
Makara Rasi: 21.34	Tithi 13	Gulika 10:48AM – 12:24PM	Shravana Until 9:32AM	Ganesha: Red <i>Sunrise:</i> 6:01AM	Vikarin 5121
		Yama 7:37AM – 9:12AM	Athiganda* Until 2:07PM	Muruqa: Blue <i>Sunset:</i> 6:46PM	Moon 8 - Phase 21
	591193463	Rahu 12:24PM – 1:59PM	Kaulava Until 11:29AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 12:41AM Thu	Moon – Purple	Sivaloka Day
Until 9:32AM		Avani Avittam		Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Carcare, Switzerland Sun 27 Sutra 151
Kumbha Rasi: 3.26	Tithi 14	Gulika 9:13AM – 10:48AM	Dhanishtha Until 12:31PM	Ganesha: Red <i>Sunrise:</i> 6:02AM	Vikarin 5121
		Yama 6:02AM – 7:38AM	Sukarma Until 3:04PM	Muruqa: Blue <i>Sunset:</i> 6:44PM	Moon 8 - Phase 21
	591193463	Rahu 1:59PM – 3:34PM	Gara Until 1:57PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 3:09AM Fri	Moon – Purple	Sivaloka Day
		Chidambaram Abhishekam		Bhadrapada-Avani	

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Carcare, Switzerland Sutra 152
Copper Retreat Star		Gulika 7:38AM – 9:13AM	Shatabhishak Until 3:20PM	Ganesha: Red <i>Sunrise:</i> 6:03AM	Vikarin 5121
Kumbha Rasi: 15.17	Tithi 15	Yama 3:33PM – 5:08PM	Dhriti Until 4:01PM	Muruqa: Purple <i>Sunset:</i> 6:42PM	Moon 8 - Phase 21
	591113463	Rahu 10:48AM – 12:23PM	Visti Until 4:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 5:36AM Sat	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau			Carcare, Switzerland Sutra 153
Silver Retreat Star		Gulika 6:05AM – 7:39AM	Purvaproshtapada* Until 6:25PM	Ganesha: Red <i>Sunrise:</i> 6:05AM	Vikarin 5121
Kumbha Rasi: 27.1	Tithi 16	Yama 1:57PM – 3:32PM	Shula* Until 4:53PM	Muruqa: Purple <i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
	511113463	Rahu 9:14AM – 10:48AM	Balava Until 6:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Prathama* Until 7:55AM Sun	Moon – Clear	Sivaloka Day
Until 6:25PM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda *Vridhhi Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Carcare, Switzerland

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 9.04 Tithi 16 - 17

Gulika 3:30PM - 5:05PM

Uttaraproshtapada Until 9:13PM

Ganesha: Yellow Sunrise: 6:06AM

Yama 12:22PM - 1:56PM

Ganda* Until 5:40PM

Muruqa: Purple Sunset: 6:39PM

512113463 Rahu 5:05PM - 6:39PM

Taitila Until 9:03PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga

Bhadrapada*Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 21.03 Tithi 17 - 18

Gulika 1:56PM - 3:29PM

Revati Until 11:39PM

Ganesha: Yellow Sunrise: 6:07AM

Yama 10:48AM - 12:22PM

Vridhhi Until 6:20PM

Muruqa: Purple Sunset: 6:37PM

512113463 Rahu 7:41AM - 9:14AM

Vanija Until 11:06PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Creative Work Siddha Yoga

Dvitiya Until 10:05AM

Bhadrapada*Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Carcare, Switzerland

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 3.06 Tithi 18 - 19

Gulika 12:21PM - 1:55PM

Ashvini Until 2:11AM Wed

Ganesha: White Sunrise: 6:08AM

Yama 9:15AM - 10:48AM

Dhruva Until 6:46PM

Muruqa: Purple Sunset: 6:35PM

522113463 Rahu 3:28PM - 5:02PM

Bava Until 12:55AM Wed

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Tritiya Until 12:02PM

Bhadrapada*Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 15.16 Tithi 19 - 20

Gulika 10:48AM - 12:21PM

Bharani Until 4:13AM Thu

Ganesha: White Sunrise: 6:09AM

Yama 7:42AM - 9:15AM

Vyaghata* Until 6:59PM

Muruqa: Purple Sunset: 6:33PM

522113463 Rahu 12:21PM - 1:54PM

Kaulava Until 2:23AM Thu

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 1:41PM

Bhadrapada*Puratasi

Until 4:13AM Thu
Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtayam Titau

Carcare, Switzerland

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 27.35 Tithi 20 - 21

Gulika 9:16AM - 10:48AM

Krittika Until 5:39AM Fri

Ganesha: White Sunrise: 6:10AM

Yama 6:10AM - 7:43AM

Harshana Until 6:55PM

Muruqa: Purple Sunset: 6:31PM

522113463 Rahu 1:53PM - 3:26PM

Gara Until 3:26AM Fri

Nataraja: Clear

Moon - White

Devaloka Day

Routine Work Marana Yoga

Panchami Until 2:57PM

Bhadrapada*Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 10.05 Tithi 21 - 22

Gulika 7:44AM - 9:16AM

Rohini Until 6:52AM Sat

Ganesha: Clear Sunrise: 6:11AM

Yama 3:25PM - 4:57PM

Vajra* Until 6:24PM

Muruqa: Purple Sunset: 6:29PM

532113463 Rahu 10:48AM - 12:20PM

Visti Until 3:55AM Sat

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Routine Work Marana Yoga

Shashthi* Until 3:44PM

Bhadrapada*Puratasi

Until 6:52AM Sat
Then Creative Work - Siddha Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 22.51 Tithi 22 - 23

Gulika 6:13AM - 7:45AM

Rohini Until 6:52AM

Ganesha: Clear Sunrise: 6:13AM

Yama 1:52PM - 3:24PM

Siddhi Until 5:26PM

Muruqa: Purple Sunset: 6:27PM

532113463 Rahu 9:16AM - 10:48AM

Balava Until 3:45AM Sun

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Saptami Until 3:54PM

Bhadrapada*Puratasi

Until 6:52AM
Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 5.56 Tithi 23 - 24

Gulika 3:23PM - 4:54PM

Mrigashira Until 7:17AM

Ganesha: Orange Sunrise: 6:14AM

Yama 12:20PM - 1:51PM

Vyatipata* Until 3:55PM

Muruqa: Purple Sunset: 6:26PM

532213463 Rahu 4:54PM - 6:26PM

Taitila Until 2:52AM Mon

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 3:23PM

Bhadrapada*Puratasi

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Carcare, Switzerland

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 19.25 Tithi 24 - 25

Gulika 1:50PM - 3:22PM

Ardra Until 6:50AM

Ganesha: Orange Sunrise: 6:15AM

Yama 10:48AM - 12:19PM

Variyan Until 1:48PM

Muruqa: Purple Sunset: 6:24PM

532213463 Rahu 7:46AM - 9:17AM

Vanija Until 1:16AM Tue

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Navami* Until 2:08PM

Bhadrapada*Puratasi

Until 6:50AM
Then Creative Work - Amrita Yoga

1	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 9 Sutra 163
	Kataka Rasi: 3.2	Tithi 25 – 26	Gulika	12:19PM – 1:50PM	Pushya Until 4:18AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:16AM	Vikarin 5121
			Yama	9:18AM – 10:48AM	Parigha* Until 11:08AM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 Rahu	3:20PM – 4:51PM	Bava Until 10:59PM	Nataraja: Clear	2nd Phase
				Dashami Until 12:11PM	Moon – Blue	Devaloka Day	
					Bhadrapada•Puratasi		

2	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 10 Sutra 164
	Kataka Rasi: 17.41	Tithi 26 – 27	Gulika	10:48AM – 12:19PM	Ashlesha* Until 1:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:17AM	Vikarin 5121
			Yama	7:48AM – 9:18AM	Shiva Until 7:56AM	Muruqa: Purple <i>Sunset:</i> 6:20PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 Rahu	12:19PM – 1:49PM	Kaulava Until 8:07PM	Nataraja: Clear	2nd Phase
				Ekadashi* Until 9:36AM	Moon – Blue	Devaloka Day	
					Bhadrapada•Puratasi		
						Then Creative Work - Amrita Yoga	

3	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 11 Sutra 165
	Simha Rasi: 2.25	Tithi 27 – 28	Gulika	9:18AM – 10:48AM	Magha* Until 11:26PM	Ganesha: Purple <i>Sunrise:</i> 6:18AM	Vikarin 5121
			Yama	6:18AM – 7:48AM	Sadhya Until 12:18AM Fri	Muruqa: Purple <i>Sunset:</i> 6:18PM	Moon 9 - Phase 23
	Creative Work	Amrita Yoga	552213463 Rahu	1:48PM – 3:18PM	Vanija Until 2:59AM Fri	Nataraja: Clear	2nd Phase
				Dvadashi* Until 6:29AM	Moon – Red	Devaloka Day	
					Bhadrapada•Puratasi		
					<i>Pradosha Vrata (Fasting)</i>		
						Then Creative Work - Siddha Yoga	

4	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Carcare, Switzerland Sun 12 Sutra 166
	Simha Rasi: 17.28	Tithi 29	Gulika	7:49AM – 9:19AM	Purvaphalguni Until 8:31PM	Ganesha: Purple <i>Sunrise:</i> 6:20AM	Vikarin 5121
			Yama	3:17PM – 4:47PM	Subha Until 8:07PM	Muruqa: Purple <i>Sunset:</i> 6:16PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	552213463 Rahu	10:48AM – 12:18PM	Visti Until 1:09PM	Nataraja: Clear	2nd Phase
				Chaturdashi* Until 11:15PM	Moon – Red	Devaloka Day	
					Bhadrapada•Puratasi		

●	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Carcare, Switzerland Sun 13 Sutra 167
	Retreat Star		Gulika	6:21AM – 7:50AM	Uttaraphalguni Until 5:24PM	Ganesha: Light Blue <i>Sunrise:</i> 6:21AM	Vikarin 5121
	Kanya Rasi: 2.4	Tithi 30	Yama	1:47PM – 3:16PM	Sukla Until 3:51PM	Muruqa: Purple <i>Sunset:</i> 6:14PM	Moon 9 - Phase 23
	Routine Work	Marana Yoga	652213463 Rahu	9:19AM – 10:48AM	Catuspada Until 9:22AM	Nataraja: Clear	Amavasya
		Mahalaya Amavasai (Tamil Nadu)		Amavasya* Until 7:28PM	Moon – Red	Devaloka Day	
					Bhadrapada•Puratasi		

●	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sun 14 Sutra 168
	Retreat Star		Gulika	3:15PM – 4:44PM	Hasta Until 2:39PM	Ganesha: Light Blue <i>Sunrise:</i> 6:22AM	Vikarin 5121
	Kanya Rasi: 17.53	Tithi 1 – 2	Yama	12:17PM – 1:46PM	Brahma Until 11:39AM	Muruqa: Purple <i>Sunset:</i> 6:13PM	Moon 9 - Phase 23
	Creative Work	Amrita Yoga	663213463 Rahu	4:44PM – 6:13PM	Balava Until 2:04AM Mon	Nataraja: Clear	Prathama
				Prathama* Until 3:47PM	Moon – Green	Devaloka Day	
		Navaratri Begins			Ashvina•Puratasi		
						Then Creative Work - Siddha Yoga	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Carcare, Switzerland Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.55	Tithi 2 – 3	Gulika 1:45PM – 3:14PM	Chitra Until 12:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM	
Family Home Evening	663213463	Yama 10:49AM – 12:17PM	Indra Until 7:41AM	Muruqa: Purple <i>Sunset:</i> 6:11PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu 7:52AM – 9:20AM	Taitila Until 10:54PM	Nataraja: Clear	3rd Phase
Until 12:02PM			Dvitiya Until 12:24PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Carcare, Switzerland Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.38	Tithi 3 – 4	Gulika 12:17PM – 1:45PM	Svati Until 9:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:24AM	
	663213463	Yama 9:21AM – 10:49AM	Vishkamba* Until 12:54AM Wed	Muruqa: Purple <i>Sunset:</i> 6:09PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 3:13PM – 4:41PM	Vanija Until 8:17PM	Nataraja: Clear	3rd Phase
Until 9:45AM			Tritiya Until 9:30AM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Carcare, Switzerland Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.56	Tithi 4 – 5	Gulika 10:49AM – 12:16PM	Vishakha Until 8:23AM	Ganesha: Purple <i>Sunrise:</i> 6:26AM	
	673213463	Yama 7:53AM – 9:21AM	Priti Until 10:22PM	Muruqa: Purple <i>Sunset:</i> 6:07PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 12:16PM – 1:44PM	Bava Until 6:22PM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 7:13AM	Moon – Orange	Devaloka Day
				Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Carcare, Switzerland Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.44	Tithi 6	Gulika 9:21AM – 10:49AM	Anuradha Until 7:38AM	Ganesha: Purple <i>Sunrise:</i> 6:27AM	
	673213463	Yama 6:27AM – 7:54AM	Ayushman Until 8:29PM	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 1:43PM – 3:11PM	Kaulava Until 5:17PM	Nataraja: Clear	3rd Phase
Until 7:38AM			Shashthi* Until 5:03AM Fri	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau	Carcare, Switzerland Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 29.02	Tithi 7	Gulika 7:55AM – 9:22AM	Jyeshtha* Until 7:36AM	Ganesha: Purple <i>Sunrise:</i> 6:28AM	
	673213463	Yama 3:10PM – 4:37PM	Saubhagya Until 7:19PM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 9 - Phase 24
Routine Work Marana Yoga		Rahu 10:49AM – 12:16PM	Gara Until 5:06PM	Nataraja: Clear	3rd Phase
Until 7:36AM			Saptami Until 5:19AM Sat	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau	Carcare, Switzerland Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.52	Tithi 8	Gulika 6:29AM – 7:56AM	Mula* Until 8:45AM	Ganesha: Clear <i>Sunrise:</i> 6:29AM	
	683213463	Yama 1:42PM – 3:09PM	Sobhana Until 6:51PM	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 9:22AM – 10:49AM	Visti Until 5:47PM	Nataraja: Clear	Ashtami
			Ashtami* Until 6:24AM Sun	Moon – Light Blue	Sivaloka Day
		Durga Ashtami		Ashvina+Puratasi	

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Carcare, Switzerland Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 24.2	Tithi 8 – 9	Gulika 3:07PM – 4:34PM	Purvashadha* Until 10:32AM	Ganesha: Clear <i>Sunrise:</i> 6:30AM	
	683213463	Yama 12:15PM – 1:41PM	Athiganda* Until 6:55PM	Muruqa: Purple <i>Sunset:</i> 6:00PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 4:34PM – 6:00PM	Balava Until 7:14PM	Nataraja: Clear	Navami
Until 10:32AM			Ashtami* Until 6:24AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:41PM – 3:06PM	Uttarashadha Until 12:46PM	Ganesha: Clear <i>Sunrise:</i> 6:32AM
Makara Rasi: 6.31	Tithi 9 – 10	Yama 10:49AM – 12:15PM	Sukarma Until 7:28PM	Muruqa: Purple <i>Sunset:</i> 5:58PM
Family Home Evening	683213463	Rahu 7:57AM – 9:23AM	Taitila Until 9:17PM	Nataraja: Clear
Routine Work Marana Yoga			Navami* Until 8:11AM	Moon – Light Blue
Until 12:46PM				Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 23 Sutra 177 Vikarin 5121
2		Gulika 12:15PM – 1:40PM	Shravana Until 3:45PM	Ganesha: White <i>Sunrise:</i> 6:33AM
Makara Rasi: 18.29	Tithi 10 – 11	Yama 9:24AM – 10:49AM	Dhriti Until 8:18PM	Muruqa: Purple <i>Sunset:</i> 5:56PM
693213464		Rahu 3:05PM – 4:31PM	Vanija Until 11:40PM	Nataraja: Purple
Creative Work Siddha Yoga			Vijaya Dasami	Moon – Purple
			Dashami Until 10:25AM	Sivaloka Day
				Ashvina+Puratasi

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:49AM – 12:14PM	Dhanishtha Until 6:46PM	Ganesha: White <i>Sunrise:</i> 6:34AM
Kumbha Rasi: 0.22	Tithi 11 – 12	Yama 7:59AM – 9:24AM	Shula* Until 9:13PM	Muruqa: Purple <i>Sunset:</i> 5:54PM
693213464		Rahu 12:14PM – 1:39PM	Bava Until 2:13AM Thu	Nataraja: Purple
Routine Work Prabalarishta Yoga			Ekadashi Until 12:55PM	Moon – Purple
Until 6:46PM				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:25AM – 10:49AM	Shatabhishak Until 9:36PM	Ganesha: White <i>Sunrise:</i> 6:35AM
Kumbha Rasi: 12.12	Tithi 12 – 13	Yama 6:35AM – 8:00AM	Ganda* Until 10:09PM	Muruqa: Purple <i>Sunset:</i> 5:53PM
693213464		Rahu 1:39PM – 3:03PM	Kaulava Until 4:43AM Fri	Nataraja: Purple
Creative Work Siddha Yoga			Dvadashi Until 3:27PM	Moon – Purple
		Kadaitswami Mahasamadhi		Sivaloka Day
				Ashvina+Puratasi
				<i>Pradosha Vrata</i>

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 26 Sutra 180 Vikarin 5121
5		Gulika 8:01AM – 9:25AM	Purvaproshtapada* Until 12:40AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:36AM
Kumbha Rasi: 24.04	Tithi 13 – 14	Yama 3:02PM – 4:27PM	Vriddhi Until 11:00PM	Muruqa: Purple <i>Sunset:</i> 5:51PM
613213464		Rahu 10:49AM – 12:14PM	Gara Until 7:04AM Sat	Nataraja: Purple
Creative Work Siddha Yoga			Trayodashi Until 5:53PM	Moon – Clear
		Chidambaram Abhishekam		Sivaloka Day
				Ashvina+Puratasi

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:38AM – 8:02AM	Uttaraproshtapada Until 3:21AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:38AM
Meena Rasi: 5.58	Tithi 14	Yama 1:37PM – 3:01PM	Dhruva Until 11:40PM	Muruqa: Purple <i>Sunset:</i> 5:49PM
613213464		Rahu 9:26AM – 10:50AM	Gara Until 7:04AM	Nataraja: Purple
Creative Work Siddha Yoga			Chaturdashi* Until 8:08PM	Moon – Clear
Until 3:21AM Sun				Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 182 Vikarin 5121
○		Gulika 3:00PM – 4:24PM	Revati Until 5:38AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:39AM
Meena Rasi: 17.59	Tithi 15	Yama 12:13PM – 1:37PM	Vyaghata* Until 12:08AM Mon	Muruqa: Purple <i>Sunset:</i> 5:47PM
614213464		Rahu 4:24PM – 5:47PM	Visti Until 9:11AM	Nataraja: Purple
Creative Work Amrita Yoga			Purnima* Until 10:07PM	Moon – Clear
Until 5:38AM Mon				Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Carcare, Switzerland Sutra 183 Vikarin 5121
○		Gulika 1:36PM – 2:59PM	Ashvini Until 7:57AM Tue	Ganesha: White <i>Sunrise:</i> 6:40AM
Mesha Rasi: 0.05	Tithi 16	Yama 10:50AM – 12:13PM	Harshana Until 12:25AM Tue	Muruqa: Purple <i>Sunset:</i> 5:46PM
624213464		Rahu 8:03AM – 9:27AM	Balava Until 11:02AM	Nataraja: Purple
Creative Work Siddha Yoga			Prathama* Until 11:50PM	Moon – White
				Subha Subha Sivaloka Day
				Ashvina+Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 12.19 Tithi 17

624213464

Gulika

12:13PM - 1:36PM

Yama

9:27AM - 10:50AM

Rahu

2:58PM - 4:21PM

Ashvini Until 7:57AM

Vajra* Until 12:25AM Wed

Taitila Until 12:35PM

Dvitiya Until 1:13AM Wed

Ganesha: White

Sunrise: 6:41AM

Muruqa: Purple

Sunset: 5:44PM

Nataraja: Purple

Moon - White

Subha Subha Sivaloka Day

Ashvina-Puratasi

Creative Work Siddha Yoga

Wednesday, October 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Carcare, Switzerland

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.41 Tithi 18

624213464

Gulika

10:50AM - 12:13PM

Yama

8:05AM - 9:28AM

Rahu

12:13PM - 1:35PM

Bharani Until 9:48AM

Siddhi Until 12:11AM Thu

Vanija Until 1:49PM

Tritiya Until 2:17AM Thu

Ganesha: White

Sunrise: 6:43AM

Muruqa: Purple

Sunset: 5:42PM

Nataraja: Purple

Moon - White

Subha Subha Sivaloka Day

Ashvina-Puratasi

Creative Work Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

Thursday, October 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Carcare, Switzerland

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 7.12 Tithi 19

624313464

Gulika

9:28AM - 10:50AM

Yama

6:44AM - 8:06AM

Rahu

1:34PM - 2:57PM

Krittika Until 11:09AM

Vyatipata* Until 11:40PM

Bava Until 2:42PM

Chaturthi* Until 2:58AM Fri

Ganesha: Yellow

Sunrise: 6:44AM

Muruqa: Purple

Sunset: 5:41PM

Nataraja: Purple

Moon - White

Subha Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

Friday, October 18, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.53 Tithi 20

624313464

Gulika

8:07AM - 9:29AM

Yama

2:56PM - 4:17PM

Rahu

10:50AM - 12:12PM

Rohini Until 12:27PM

Varyan Until 10:49PM

Kaulava Until 3:11PM

Panchami Until 3:14AM Sat

Ganesha: White

Sunrise: 6:45AM

Muruqa: Purple

Sunset: 5:39PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

Until 12:27PM

Then Creative Work - Siddha Yoga

Saturday, October 19, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Carcare, Switzerland

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.46 Tithi 21

624313464

Gulika

6:47AM - 8:08AM

Yama

1:33PM - 2:55PM

Rahu

9:29AM - 10:51AM

Mrigashira Until 1:09PM

Parigha* Until 9:36PM

Gara Until 3:13PM

Shashthi* Until 3:01AM Sun

Ganesha: White

Sunrise: 6:47AM

Muruqa: Purple

Sunset: 5:37PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

Sunday, October 20, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Carcare, Switzerland

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.55 Tithi 22

624313464

Gulika

2:54PM - 4:15PM

Yama

12:12PM - 1:33PM

Rahu

4:15PM - 5:36PM

Ardra Until 1:12PM

Shiva Until 7:59PM

Visti Until 2:44PM

Saptami Until 2:15AM Mon

Ganesha: White

Sunrise: 6:48AM

Muruqa: Purple

Sunset: 5:36PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

Monday, October 21, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 29.2 Tithi 23

644313464

Gulika

1:32PM - 2:53PM

Yama

10:51AM - 12:12PM

Rahu

8:10AM - 9:30AM

Punarvasu Until 1:01PM

Siddha Until 5:54PM

Balava Until 1:41PM

Ashtami* Until 12:56AM Tue

Ganesha: Clear

Sunrise: 6:49AM

Muruqa: Purple

Sunset: 5:34PM

Nataraja: Purple

Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Amrita Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 13.05 Tithi 24

644313464

Gulika

12:11PM - 1:32PM

Yama

9:31AM - 10:51AM

Rahu

2:52PM - 4:12PM

Pushya Until 12:07PM

Sadhya Until 3:21PM

Taitila Until 12:04PM

Navami* Until 11:02PM

Ganesha: Clear

Sunrise: 6:50AM

Muruqa: Purple

Sunset: 5:33PM

Nataraja: Purple

Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi


Creative Work Siddha Yoga

1	Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Carcare, Switzerland Sun 9 Sutra 192
	Kataka Rasi: 27.12	Tithi 25	Gulika 10:51AM – 12:11PM	Ashlesha* Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	Vikarin 5121
			Yama 8:12AM – 9:31AM	Subha Until 12:24PM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	644313464 Rahu 12:11PM – 1:31PM	Vanija Until 9:55AM	Nataraja: Purple		2nd Phase
			Dashami Until 8:38PM	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2	Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 10 Sutra 193
	Simha Rasi: 11.39	Tithi 26 – 27	Gulika 9:32AM – 10:52AM	Magha* Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:53AM	Vikarin 5121
			Yama 6:53AM – 8:13AM	Sukla Until 9:02AM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 10 - Phase 27
	Creative Work	Amrita Yoga	654313464 Rahu 1:31PM – 2:50PM	Bava Until 7:16AM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 5:47PM	Moon – Red		Sivaloka Day	
				Ashvina•Aipasi			

3	Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillal/Gara Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 11 Sutra 194
	Simha Rasi: 26.22	Tithi 27 – 28	Gulika 8:13AM – 9:33AM	Purvaphalguni Until 6:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	Vikarin 5121
			Yama 2:49PM – 4:09PM	Indra Until 1:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	655313464 Rahu 10:52AM – 12:11PM	Gara Until 12:59AM Sat	Nataraja: Purple		2nd Phase
			Dvadashi* Until 2:38PM	Moon – Red		Subha Sivaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 12 Sutra 195
	Kanya Rasi: 11.16	Tithi 28 – 29	Gulika 6:56AM – 8:14AM	Hasta Until 1:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:56AM	Vikarin 5121
			Yama 1:30PM – 2:49PM	Vaidhriti* Until 9:34PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 27
	Routine Work	Marana Yoga	665313464 Rahu 9:33AM – 10:52AM	Visti Until 9:37PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 11:17AM	Moon – Green		Subha Sivaloka Day	
				Ashvina•Aipasi			

	Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Carcare, Switzerland Sun 13 Sutra 196
	Retreat Star		Gulika 2:48PM – 4:06PM	Chitra Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:57AM	Vikarin 5121
	Kanya Rasi: 26.14	Tithi 29 – 30	Yama 12:11PM – 1:29PM	Vishkambha* Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	665313464 Rahu 4:06PM – 5:25PM	Catuspada Until 6:18PM	Nataraja: Purple		Amavasya
			Chaturdashi* Until 7:55AM	Moon – Green		Subha Sivaloka Day	
				Ashvina•Aipasi			

Monday, October 28, 2019	Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Carcare, Switzerland Sun 14 Sutra 197
	Tula Rasi: 11.05	Tithi 1	Gulika 1:29PM – 2:47PM	Svati Until 8:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:58AM	Vikarin 5121
	Family Home Evening		Yama 10:53AM – 12:11PM	Priti Until 1:57PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 27
	Creative Work	Amrita Yoga	665313464 Rahu 8:16AM – 9:34AM	Kintughna Until 3:12PM	Nataraja: Purple		Prathama
			Prathama* Until 1:47AM Tue	Moon – Green		Subha Sivaloka Day	
				Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Carcare, Switzerland Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 25.43	Tithi 2	Gulika 12:11PM – 1:28PM	Vishakha Until 6:42PM	Ganesha: Clear <i>Sunrise: 7:00AM</i>	
		Yama 9:35AM – 10:53AM	Ayushman Until 10:32AM	Muruqa: Purple <i>Sunset: 5:22PM</i>	Moon 10 - Phase 28
		675313464 Rahu 2:46PM – 4:04PM	Balava Until 12:31PM	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 11:21PM	Moon – Orange	Subha Sivaloka Day
Until 6:42PM				Kartika•Aipasi	
Then Creative Work - Siddha Yoga					

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Carcare, Switzerland Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 9.59	Tithi 3	Gulika 10:53AM – 12:11PM	Anuradha Until 5:29PM	Ganesha: Clear <i>Sunrise: 7:01AM</i>	
		Yama 8:18AM – 9:36AM	Saubhagya Until 7:34AM	Muruqa: Purple <i>Sunset: 5:20PM</i>	Moon 10 - Phase 28
		675313464 Rahu 12:11PM – 1:28PM	Taitila Until 10:22AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Orange	Subha Sivaloka Day
				Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau	Carcare, Switzerland Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 23.49	Tithi 4	Gulika 9:36AM – 10:53AM	Jyeshtha* Until 4:51PM	Ganesha: Clear <i>Sunrise: 7:02AM</i>	
		Yama 7:02AM – 8:19AM	Athiganda* Until 3:24AM Fri	Muruqa: Purple <i>Sunset: 5:19PM</i>	Moon 10 - Phase 28
		675313464 Rahu 1:28PM – 2:45PM	Vanija Until 8:57AM	Nataraja: Purple	3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 8:31PM	Moon – Orange	Subha Sivaloka Day
Until 4:51PM				Kartika•Aipasi	
Then Creative Work - Siddha Yoga					

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Carcare, Switzerland Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 7.1	Tithi 5	Gulika 8:20AM – 9:37AM	Mula* Until 5:20PM	Ganesha: Purple <i>Sunrise: 7:04AM</i>	
		Yama 2:44PM – 4:01PM	Sukarma Until 2:18AM Sat	Muruqa: Purple <i>Sunset: 5:18PM</i>	Moon 10 - Phase 28
		685313464 Rahu 10:54AM – 12:11PM	Bava Until 8:21AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:21PM	Moon – Light Blue	Subha Subha Sivaloka Day
Until 5:20PM				Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga					

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau	Carcare, Switzerland Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 20.05	Tithi 6	Gulika 7:05AM – 8:21AM	Purvashadha* Until 6:31PM	Ganesha: Purple <i>Sunrise: 7:05AM</i>	
		Yama 1:27PM – 2:43PM	Dhriti Until 1:53AM Sun	Muruqa: Purple <i>Sunset: 5:16PM</i>	Moon 10 - Phase 28
		685313464 Rahu 9:38AM – 10:54AM	Kaulava Until 8:37AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:02PM	Moon – Light Blue	Subha Subha Sivaloka Day
Until 6:31PM		Skanda Shasthi		Kartika•Aipasi	
Then Routine Work - Marana Yoga					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Carcare, Switzerland Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 2.37	Tithi 7	Gulika 2:43PM – 3:59PM	Uttarashadha Until 8:16PM	Ganesha: Purple <i>Sunrise: 7:06AM</i>	
		Yama 12:11PM – 1:27PM	Shula* Until 1:59AM Mon	Muruqa: Purple <i>Sunset: 5:15PM</i>	Moon 10 - Phase 28
		685313464 Rahu 3:59PM – 5:15PM	Gara Until 9:42AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Saptami Until 10:30PM	Moon – Light Blue	Subha Subha Sivaloka Day
				Kartika•Aipasi	

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Carcare, Switzerland Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 14.49	Tithi 8	Gulika 1:26PM – 2:42PM	Shravana Until 10:57PM	Ganesha: Purple <i>Sunrise: 7:08AM</i>	
Family Home Evening		Yama 10:55AM – 12:11PM	Ganda* Until 2:32AM Tue	Muruqa: Purple <i>Sunset: 5:14PM</i>	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 8:23AM – 9:39AM	Visti Until 11:29AM	Nataraja: Purple	Ashtami
Until 10:57PM			Ashtami* Until 12:33AM Tue	Moon – Purple	Sivaloka Day
Then Creative Work - Siddha Yoga				Kartika•Aipasi	

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Carcare, Switzerland Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 26.5	Tithi 9	Gulika 12:11PM – 1:26PM	Dhanishtha Until 1:49AM Wed	Ganesha: Purple <i>Sunrise: 7:09AM</i>	
		Yama 9:40AM – 10:55AM	Vriddhi Until 3:21AM Wed	Muruqa: Purple <i>Sunset: 5:12PM</i>	Moon 10 - Phase 28
		696313464 Rahu 2:41PM – 3:57PM	Balava Until 1:45PM	Nataraja: Purple	Navami
Creative Work	Siddha Yoga		Navami* Until 2:58AM Wed	Moon – Purple	Sivaloka Day
				Kartika•Aipasi	


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Carcare, Switzerland Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.43	Tithi 10	Gulika 10:55AM – 12:11PM	Shatabhishak Until 4:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:10AM	
			Yama 8:25AM – 9:40AM	Dhruva Until 4:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 29
	696313464		Rahu 12:11PM – 1:26PM	Taitila Until 4:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Carcare, Switzerland Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.34	Tithi 11	Gulika 9:41AM – 10:56AM	Purvaproshtapada* Until 7:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:12AM	
			Yama 7:12AM – 8:26AM	Vyaghata* Until 5:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 29
	716313464		Rahu 1:25PM – 2:40PM	Vanija Until 6:47PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM Fri	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 2.28	Tithi 11 – 12	Gulika 8:27AM – 9:42AM	Purvaproshtapada* Until 7:44AM	Ganesha: Yellow	<i>Sunrise:</i> 7:13AM	
			Yama 2:40PM – 3:54PM	Harshana Until 5:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 29
	716313464		Rahu 10:56AM – 12:11PM	Bava Until 9:08PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 14.26	Tithi 12 – 13	Gulika 7:14AM – 8:28AM	Uttaraproshtapada Until 10:25AM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM	
			Yama 1:25PM – 2:39PM	Vajra* Until 6:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 29
	716313464		Rahu 9:42AM – 10:57AM	Kaulava Until 11:12PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:11AM	Moon – Clear		Subha Sivaloka Day	
Until 10:25AM				Kartika-Aipasi			
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.32	Tithi 13 – 14	Gulika 2:39PM – 3:52PM	Revati Until 12:37PM	Ganesha: Yellow	<i>Sunrise:</i> 7:16AM	
			Yama 12:11PM – 1:25PM	Vajra* Until 6:08AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 29
	716313464		Rahu 3:52PM – 5:06PM	Gara Until 12:52AM Mon	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 12:03PM	Moon – Clear		Subha Sivaloka Day	
Until 12:37PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Carcare, Switzerland Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:25PM – 2:38PM	Ashvini Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	
	Mesha Rasi: 8.48	Tithi 14 – 15	Yama 10:57AM – 12:11PM	Siddhi Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 29
	Family Home Evening		Rahu 8:30AM – 9:44AM	Visti Until 2:07AM Tue	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 1:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

0	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Carcare, Switzerland Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 12:11PM – 1:24PM	Bharani Until 4:19PM	Ganesha: White	<i>Sunrise:</i> 7:18AM	
	Mesha Rasi: 21.15	Tithi 15 – 16	Yama 9:45AM – 10:58AM	Vyatipata* Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 29
	727413464		Rahu 2:38PM – 3:51PM	Balava Until 2:57AM Wed	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Carcare, Switzerland

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 3.53 Tithi 16 - 17

727413464

Gulika 10:58AM - 12:11PM
Yama 8:32AM - 9:45AM
Rahu 12:11PM - 1:24PM

Krittika Until 5:19PM
Parigha* Until 4:39AM Thu
Taitila Until 3:22AM Thu
Prathama* Until 3:11PM

Ganesha: White *Sunrise:* 7:20AM
Muruqa: Purple *Sunset:* 5:03PM
Nataraja: Purple
Moon - White
Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 16.43 Tithi 17 - 18

737413464

Gulika 9:46AM - 10:59AM
Yama 7:21AM - 8:33AM
Rahu 1:24PM - 2:37PM

Rohini Until 6:14PM
Shiva Until 3:31AM Fri
Vanija Until 3:23AM Fri
Dvitiya Until 3:24PM

Ganesha: Clear *Sunrise:* 7:21AM
Muruqa: Purple *Sunset:* 5:02PM
Nataraja: Purple
Moon - Yellow
Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 29.43 Tithi 18 - 19

737413464

Gulika 8:35AM - 9:47AM
Yama 2:36PM - 3:49PM
Rahu 10:59AM - 12:12PM

Mrigashira Until 6:38PM
Siddha Until 2:03AM Sat
Bava Until 3:02AM Sat
Tritiya Until 3:14PM

Ganesha: Clear *Sunrise:* 7:22AM
Muruqa: Purple *Sunset:* 5:01PM
Nataraja: Purple
Moon - Yellow
Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.56 Tithi 19 - 20

737413464

Gulika 7:24AM - 8:36AM
Yama 1:24PM - 2:36PM
Rahu 9:48AM - 11:00AM

Ardra Until 6:32PM
Sadhya Until 12:19AM Sun
Kaulava Until 2:20AM Sun
Chaturthi* Until 2:42PM

Ganesha: Clear *Sunrise:* 7:24AM
Muruqa: Purple *Sunset:* 5:00PM
Nataraja: Purple
Moon - Yellow
Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 26.2 Tithi 20 - 21

747413465

Gulika 2:35PM - 3:47PM
Yama 12:12PM - 1:24PM
Rahu 3:47PM - 4:59PM

Punarvasu Until 6:24PM
Subha Until 10:20PM
Gara Until 1:17AM Mon
Panchami Until 1:50PM

Ganesha: Purple *Sunrise:* 7:25AM
Muruqa: Purple *Sunset:* 4:59PM
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 9.55 Tithi 21 - 22

748413465

Gulika 1:24PM - 2:35PM
Yama 11:01AM - 12:12PM
Rahu 8:38AM - 9:49AM

Pushya Until 5:46PM
Sukla Until 8:03PM
Visti Until 11:53PM
Shashthi* Until 12:37PM

Ganesha: Clear *Sunrise:* 7:26AM
Muruqa: Purple *Sunset:* 4:58PM
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplami/Ashlamyam Titau

Carcare, Switzerland

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 23.43 Tithi 22 - 23

748413465

Gulika 12:12PM - 1:24PM
Yama 9:50AM - 11:01AM
Rahu 2:35PM - 3:46PM

Ashlesha* Until 4:40PM
Brahma Until 5:31PM
Balava Until 10:10PM
Saptami Until 11:03AM

Ganesha: Clear *Sunrise:* 7:27AM
Muruqa: Purple *Sunset:* 4:57PM
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 7.42 Tithi 23 - 24

758413465

Gulika 11:02AM - 12:13PM
Yama 8:40AM - 9:51AM
Rahu 12:13PM - 1:24PM

Magha* Until 3:32PM
Indra Until 2:44PM
Taitila Until 8:08PM
Ashtami* Until 9:10AM

Ganesha: White *Sunrise:* 7:29AM
Muruqa: Purple *Sunset:* 4:56PM
Nataraja: Clear
Moon - Red
Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Carcare, Switzerland Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 21.54	Tithi 24 – 25	Gulika 9:51AM – 11:02AM	Purvaphalguni Until 1:59PM	Ganesha: White <i>Sunrise:</i> 7:30AM	Moon 11 - Phase 31
		Yama 7:30AM – 8:41AM	Vaidhriti* Until 11:42AM	Muruqa: Purple <i>Sunset:</i> 4:56PM	2nd Phase
758413465		Rahu 1:24PM – 2:34PM	Visti Until 4:33AM Fri	Nataraja: Clear	
Creative Work	Siddha Yoga		Navami* Until 6:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Ekadashyam Titau	Carcare, Switzerland Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 6.16	Tithi 26	Gulika 8:42AM – 9:52AM	Uttaraphalguni Until 12:03PM	Ganesha: White <i>Sunrise:</i> 7:31AM	Moon 11 - Phase 31
		Yama 2:34PM – 3:44PM	Vishkambha* Until 8:29AM	Muruqa: Purple <i>Sunset:</i> 4:55PM	2nd Phase
758413465		Rahu 11:03AM – 12:13PM	Bava Until 3:17PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Ekadashi* Until 1:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 12:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Carcare, Switzerland Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 20.44	Tithi 27	Gulika 7:33AM – 8:43AM	Hasta Until 10:16AM	Ganesha: Yellow <i>Sunrise:</i> 7:33AM	Moon 11 - Phase 31
		Yama 1:24PM – 2:34PM	Ayushman Until 1:45AM Sun	Muruqa: Purple <i>Sunset:</i> 4:54PM	2nd Phase
768413465		Rahu 9:53AM – 11:03AM	Kaulava Until 12:39PM	Nataraja: Clear	
Routine Work	Marana Yoga		Dvadashi* Until 11:17PM	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Carcare, Switzerland Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 5.15	Tithi 28	Gulika 2:34PM – 3:44PM	Chitra Until 8:20AM	Ganesha: Blue <i>Sunrise:</i> 7:34AM	Moon 11 - Phase 31
		Yama 12:14PM – 1:24PM	Saubhagya Until 10:25PM	Muruqa: Purple <i>Sunset:</i> 4:54PM	2nd Phase
769413465		Rahu 3:44PM – 4:54PM	Gara Until 9:59AM	Nataraja: Clear	
Creative Work	Siddha Yoga		Trayodashi* Until 8:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Carcare, Switzerland Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 19.41	Tithi 29	Gulika 1:24PM – 2:33PM	Svati Until 6:21AM	Ganesha: Blue <i>Sunrise:</i> 7:35AM	Moon 11 - Phase 31
Family Home Evening		Yama 11:04AM – 12:14PM	Sobhana Until 7:15PM	Muruqa: Purple <i>Sunset:</i> 4:53PM	2nd Phase
769413465		Rahu 8:45AM – 9:54AM	Visti Until 7:26AM	Nataraja: Clear	
Creative Work	Amrita Yoga		Chaturdashi* Until 6:14PM	Moon – Green	Devaloka Day
Until 6:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Carcare, Switzerland Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.58	Tithi 30 – 1	Gulika 12:14PM – 1:24PM	Anuradha Until 3:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 7:36AM	Moon 11 - Phase 31
		Yama 9:55AM – 11:05AM	Athiganda* Until 4:20PM	Muruqa: Purple <i>Sunset:</i> 4:52PM	Amavasya
779413465		Rahu 2:33PM – 3:43PM	Kintughna Until 3:16AM Wed	Nataraja: Clear	
Creative Work	Siddha Yoga		Amavasya* Until 4:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Carcare, Switzerland Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.59	Tithi 1 – 2	Gulika 11:05AM – 12:15PM	Jyeshtha* Until 2:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 7:37AM	Moon 11 - Phase 31
		Yama 8:47AM – 9:56AM	Sukarma Until 1:49PM	Muruqa: Purple <i>Sunset:</i> 4:52PM	Prathama
779413465		Rahu 12:15PM – 1:24PM	Balava Until 1:55AM Thu	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 2:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1	Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Carcare, Switzerland Sun 15 Sutra 228 Vikarin 5121
	Dhanus Rasi: 1.39	Tithi 2 – 3	Gulika 9:57AM – 11:06AM Yama 7:39AM – 8:48AM 789413465 Rahu 1:24PM – 2:33PM	Mula* Until 3:02AM Fri Dhriti Until 11:47AM Taitila Until 1:15AM Fri Dvitiya Until 1:29PM	Ganesha: Blue <i>Sunrise:</i> 7:39AM Muruqa: Purple <i>Sunset:</i> 4:51PM Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 32 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 3:02AM Fri Then Routine Work - Prabalarishta Yoga					

2	Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Carcare, Switzerland Sun 16 Sutra 229 Vikarin 5121
	Dhanus Rasi: 14.56	Tithi 3 – 4	Gulika 8:49AM – 9:58AM Yama 2:33PM – 3:42PM 789413465 Rahu 11:06AM – 12:15PM	Purvashadha* Until 3:45AM Sat Shula* Until 10:16AM Vanija Until 1:19AM Sat Tritiya Until 1:10PM	Ganesha: Blue <i>Sunrise:</i> 7:40AM Muruqa: Purple <i>Sunset:</i> 4:51PM Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 32 3rd Phase Devaloka Day
	Routine Work Prabalarishta Yoga Until 3:45AM Sat Then Routine Work - Marana Yoga					

3	Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Carcare, Switzerland Sun 17 Sutra 230 Vikarin 5121
	Dhanus Rasi: 27.51	Tithi 4 – 5	Gulika 7:41AM – 8:50AM Yama 1:24PM – 2:33PM 789413465 Rahu 9:58AM – 11:07AM	Uttarashadha Until 5:01AM Sun Ganda* Until 9:21AM Bava Until 2:08AM Sun Chaturthi* Until 1:37PM	Ganesha: Blue <i>Sunrise:</i> 7:41AM Muruqa: Purple <i>Sunset:</i> 4:50PM Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 32 3rd Phase Devaloka Day
	Routine Work Marana Yoga Until 5:01AM Sun Then Creative Work - Amrita Yoga					

4	Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Carcare, Switzerland Sun 18 Sutra 231 Vikarin 5121
	Makara Rasi: 10.25	Tithi 5 – 6	Gulika 2:33PM – 3:42PM Yama 12:16PM – 1:25PM 799413465 Rahu 3:42PM – 4:50PM	Shravana Until 7:16AM Mon Vridhi Until 9:01AM Kaulava Until 3:39AM Mon Panchami Until 2:47PM	Ganesha: Yellow <i>Sunrise:</i> 7:42AM Muruqa: Purple <i>Sunset:</i> 4:50PM Nataraja: Clear Moon – Purple Margasira-Karttikai	Moon 11 - Phase 32 3rd Phase Sivaloka Day
	Creative Work Amrita Yoga Until 7:16AM Mon Then Creative Work - Siddha Yoga					

5	Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Carcare, Switzerland Sun 19 Sutra 232 Vikarin 5121
	Makara Rasi: 22.41	Tithi 6 – 7	Gulika 1:25PM – 2:33PM Yama 11:08AM – 12:16PM 791413465 Rahu 8:52AM – 10:00AM	Shravana Until 7:16AM Dhruva Until 9:09AM Gara Until 5:42AM Tue Shashthi* Until 4:35PM	Ganesha: Clear <i>Sunrise:</i> 7:43AM Muruqa: Purple <i>Sunset:</i> 4:50PM Nataraja: Clear Moon – Purple Margasira-Karttikai	Moon 11 - Phase 32 3rd Phase Sivaloka Day
	Family Home Evening Creative Work Amrita Yoga Until 7:16AM Then Creative Work - Siddha Yoga					

6	Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau			Carcare, Switzerland Sun 20 Sutra 233 Vikarin 5121
	Kumbha Rasi: 4.44	Tithi 7	Gulika 12:17PM – 1:25PM Yama 10:01AM – 11:09AM 791413465 Rahu 2:33PM – 3:41PM	Dhanishtha Until 9:51AM Vyaghata* Until 9:41AM Vanija Until 6:51PM Saptami Until 6:51PM	Ganesha: Clear <i>Sunrise:</i> 7:44AM Muruqa: Purple <i>Sunset:</i> 4:49PM Nataraja: Clear Moon – Purple Margasira-Karttikai	Moon 11 - Phase 32 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 9:51AM Then Routine Work - Marana Yoga					

Retreat Star	Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau			Carcare, Switzerland Sun 21 Sutra 234 Vikarin 5121
	Kumbha Rasi: 16.4	Tithi 8	Gulika 11:09AM – 12:17PM Yama 8:53AM – 10:01AM 791413465 Rahu 12:17PM – 1:25PM	Shatabhishak Until 12:33PM Harshana Until 10:27AM Visti Until 8:05AM Ashtami* Until 9:19PM	Ganesha: Clear <i>Sunrise:</i> 7:45AM Muruqa: Purple <i>Sunset:</i> 4:49PM Nataraja: Clear Moon – Purple Margasira-Karttikai	Moon 11 - Phase 32 Ashtami Sivaloka Day
	Creative Work Siddha Yoga Until 12:33PM Then Creative Work - Amrita Yoga					

Retreat Star	Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau			Carcare, Switzerland Sun 22 Sutra 235 Vikarin 5121
	Kumbha Rasi: 28.32	Tithi 9	Gulika 10:02AM – 11:10AM Yama 7:46AM – 8:54AM 711413465 Rahu 1:25PM – 2:33PM	Purvaproshtapada* Until 3:39PM Vajra* Until 11:15AM Balava Until 10:36AM Navami* Until 11:48PM	Ganesha: Yellow <i>Sunrise:</i> 7:46AM Muruqa: Purple <i>Sunset:</i> 4:49PM Nataraja: Clear Moon – Clear Margasira-Karttikai	Moon 11 - Phase 32 Navami Sivaloka Day
	Creative Work Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau			Carcare, Switzerland Sun 23 Sutra 236
Meena Rasi: 10.27	Tithi 10	Gulika 8:55AM – 10:03AM	Uttaraproshtapada Until 6:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:47AM	Vikarin 5121	
		Yama 2:33PM – 3:41PM	Siddhi Until 11:59AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		711413465 Rahu 11:10AM – 12:18PM	Taitila Until 1:00PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 2:05AM Sat	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau			Carcare, Switzerland Sun 24 Sutra 237
Meena Rasi: 22.27	Tithi 11	Gulika 7:48AM – 8:56AM	Revati Until 8:46PM	Ganesha: White	<i>Sunrise:</i> 7:48AM	Vikarin 5121	
		Yama 1:26PM – 2:34PM	Vyatipata* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		711513465 Rahu 10:03AM – 11:11AM	Vanija Until 3:07PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 3:59AM Sun	Moon – Clear		Subha Sivaloka Day	
Until 8:46PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau			Carcare, Switzerland Sun 25 Sutra 238
Mesha Rasi: 5	Tithi 12	Gulika 2:34PM – 3:41PM	Ashvini Until 10:59PM	Ganesha: Clear	<i>Sunrise:</i> 7:49AM	Vikarin 5121	
		Yama 12:19PM – 1:26PM	Variyan Until 12:43PM	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 33	
		721513465 Rahu 3:41PM – 4:48PM	Bava Until 4:47PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvodashi Until 5:24AM Mon	Moon – White		Sivaloka Day	
Until 10:59PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Carcare, Switzerland Sun 26 Sutra 239
Mesha Rasi: 16.58	Tithi 13	Gulika 1:27PM – 2:34PM	Bharani Until 12:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:50AM	Vikarin 5121	
Family Home Evening		Yama 11:12AM – 12:19PM	Parigha* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 33	
		721513465 Rahu 8:58AM – 10:05AM	Kaulava Until 5:55PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:15AM Tue	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Carcare, Switzerland Sun 27 Sutra 240
Mesha Rasi: 29.34	Tithi 13 – 14	Gulika 12:20PM – 1:27PM	Krittika Until 1:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:51AM	Vikarin 5121	
		Yama 10:06AM – 11:13AM	Shiva Until 11:54AM	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 33	
		721513465 Rahu 2:34PM – 3:41PM	Gara Until 6:29PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:15AM	Moon – White		Sivaloka Day	
				Margasira-Karttikai			
		Krittika Deepam					

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Carcare, Switzerland Sutra 241
Copper Retreat Star		Gulika 11:13AM – 12:20PM	Rohini Until 1:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:52AM	Vikarin 5121	
Vrishabha Rasi: 12.27	Tithi 14 – 15	Yama 8:59AM – 10:06AM	Siddha Until 10:49AM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 33	
		731523465 Rahu 12:20PM – 1:27PM	Visti Until 6:28PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:31AM	Moon – Yellow		Sivaloka Day	
Until 1:52AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau			Carcare, Switzerland Sutra 242
Silver Retreat Star		Gulika 10:07AM – 11:14AM	Mrigashira Until 1:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:53AM	Vikarin 5121	
Vrishabha Rasi: 25.36	Tithi 15 – 16	Yama 7:53AM – 9:00AM	Sadhya Until 9:20AM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		732523465 Rahu 1:28PM – 2:35PM	Kaulava Until 5:27AM Fri	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Purnima* Until 6:14AM	Moon – Yellow		Devaloka Day	
Until 1:48AM Fri				Margasira-Karttikai			
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 9.01 Tithi 17

732523465

Gulika 9:01AM – 10:08AM
Yama 2:35PM – 3:42PM
Rahu 11:14AM – 12:21PM

Ardra Until 1:09AM Sat

Subha Until 7:28AM

Taitila Until 4:56PM

Dvitiya Until 4:16AM Sat

Ganesha: Clear **Sunrise:** 7:54AM

Muruqa: Clear **Sunset:** 4:49PM

Nataraja: Clear

Moon – Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 22.41 Tithi 18

742523465

Gulika 7:55AM – 9:01AM
Yama 1:29PM – 2:35PM
Rahu 10:08AM – 11:15AM

Punarvasu Until 12:29AM Sun

Brahma Until 2:49AM Sun

Vanija Until 3:34PM

Tritiya Until 2:45AM Sun

Ganesha: Purple **Sunrise:** 7:55AM

Muruqa: Clear **Sunset:** 4:49PM

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Carcare, Switzerland

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 6.31 Tithi 19

742523465

Gulika 2:36PM – 3:42PM
Yama 12:22PM – 1:29PM
Rahu 3:42PM – 4:49PM

Pushya Until 11:25PM

Indra Until 12:11AM Mon

Bava Until 1:55PM

Chaturthi* Until 1:00AM Mon

Ganesha: Purple **Sunrise:** 7:55AM

Muruqa: Clear **Sunset:** 4:49PM

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 20.31 Tithi 20

742523465

Gulika 1:29PM – 2:36PM
Yama 11:16AM – 12:23PM
Rahu 9:03AM – 10:09AM

Ashlesha* Until 10:02PM

Vaidhriti* Until 9:24PM

Kaulava Until 12:04PM

Panchami Until 11:04PM

Ganesha: Purple **Sunrise:** 7:56AM

Muruqa: Clear **Sunset:** 4:49PM

Nataraja: Clear

Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 10:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 4.35 Tithi 21

852523465

Gulika 12:23PM – 1:30PM
Yama 10:10AM – 11:17AM
Rahu 2:36PM – 3:43PM

Magha* Until 8:50PM

Vishkambha* Until 6:33PM

Gara Until 10:06AM

Shashthi* Until 9:03PM

Ganesha: Purple **Sunrise:** 7:57AM

Muruqa: Clear **Sunset:** 4:50PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Carcare, Switzerland

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 18.43 Tithi 22

852523465

Gulika 11:17AM – 12:24PM
Yama 9:04AM – 10:11AM
Rahu 12:24PM – 1:30PM

Purvaphalguni Until 7:27PM

Priti Until 3:40PM

Visti Until 8:02AM

Saptami Until 6:59PM

Ganesha: Purple **Sunrise:** 7:58AM

Muruqa: Clear **Sunset:** 4:50PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Carcare, Switzerland

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

Gulika 10:11AM – 11:18AM
Yama 7:58AM – 9:05AM
Rahu 1:31PM – 2:37PM

Uttaraphalguni Until 5:55PM

Ayushman Until 12:44PM

Taitila Until 3:53AM Fri

Ashtami* Until 4:54PM

Ganesha: Purple **Sunrise:** 7:58AM

Muruqa: Clear **Sunset:** 4:50PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Carcare, Switzerland

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

Gulika 9:05AM – 10:12AM
Yama 2:38PM – 3:44PM
Rahu 11:18AM – 12:25PM

Hasta Until 4:41PM

Saubhagya Until 9:50AM

Vanija Until 1:51AM Sat

Navami* Until 2:50PM

Ganesha: Clear **Sunrise:** 7:59AM

Muruqa: Clear **Sunset:** 4:51PM

Nataraja: Clear

Moon – Green

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

1	Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 8 Sutra 251 Vikarin 5121
	Tula Rasi: 1.09	Tithi 25 – 26	Gulika 7:59AM – 9:06AM	Chitra Until 3:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:59AM	
			Yama 1:32PM – 2:38PM	Sobhana Until 6:59AM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 35
		862523465	Rahu 10:12AM – 11:19AM	Bava Until 11:54PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga		Day 1 of Pancha Ganapati		Dashami Until 12:51PM		Margasira-Markali	Devaloka Day
Until 3:22PM							
Then Creative Work - Siddha Yoga							

2	Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 9 Sutra 252 Vikarin 5121
	Tula Rasi: 15.13	Tithi 26 – 27	Gulika 2:39PM – 3:45PM	Svati Until 2:03PM	Ganesha: Clear	<i>Sunrise:</i> 8:00AM	
			Yama 12:26PM – 1:32PM	Sukarma Until 1:33AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 35
		862523465	Rahu 3:45PM – 4:52PM	Kaulava Until 10:07PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga		Day 2 of Pancha Ganapati		Ekadashi* Until 10:58AM		Margasira-Markali	Devaloka Day
Until 2:03PM							
Then Routine Work - Marana Yoga							

3	Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 10 Sutra 253 Vikarin 5121
	Tula Rasi: 29.1	Tithi 27 – 28	Gulika 1:33PM – 2:39PM	Vishakha Until 1:13PM	Ganesha: White	<i>Sunrise:</i> 8:00AM	
	Family Home Evening		Yama 11:20AM – 12:26PM	Dhriti Until 11:07PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 35
		872523465	Rahu 9:07AM – 10:13AM	Gara Until 8:34PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga		Day 3 of Pancha Ganapati		Dvadashi* Until 9:17AM		Margasira-Markali	Bhuloka Day
Until 1:13PM							Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 11 Sutra 254 Vikarin 5121
	Vrischika Rasi: 12.57	Tithi 28 – 29	Gulika 12:27PM – 1:33PM	Anuradha Until 12:31PM	Ganesha: White	<i>Sunrise:</i> 8:01AM	
			Yama 10:14AM – 11:20AM	Shula* Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 35
		872523465	Rahu 2:40PM – 3:46PM	Visti Until 7:19PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Trayodashi* Until 7:52AM		Margasira-Markali	Bhuloka Day
Until 12:31PM							Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

●	Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Carcare, Switzerland Sun 12 Sutra 255 Vikarin 5121
	Retreat Star		Gulika 11:21AM – 12:27PM	Jyeshtha* Until 12:02PM	Ganesha: White	<i>Sunrise:</i> 8:01AM	
	Vrischika Rasi: 26.32	Tithi 29 – 30	Yama 9:08AM – 10:14AM	Ganda* Until 7:02PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 35
		872523465	Rahu 12:27PM – 1:34PM	Catuspada Until 6:29PM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga		Day 5 of Pancha Ganapati		Chaturdashi* Until 6:49AM		Margasira-Markali	Bhuloka Day
Until 12:02PM							Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

●	Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Carcare, Switzerland Sun 13 Sutra 256 Vikarin 5121
	Retreat Star		Gulika 10:15AM – 11:21AM	Mula* Until 12:19PM	Ganesha: Orange	<i>Sunrise:</i> 8:02AM	
	Dhanus Rasi: 9.52	Tithi 30 – 1	Yama 8:02AM – 9:08AM	Vriddhi Until 5:34PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 35
		883523465	Rahu 1:34PM – 2:41PM	Kintughna Until 6:09PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga		Annular Solar Eclipse		Amavasya* Until 6:14AM		Pausha-Markali	Devaloka Day

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Carcare, Switzerland Sun 14 Sutra 257 Vikarin 5121		
Dhanus Rasi: 22.55	Tithi 1 – 2	Gulika 9:08AM – 10:15AM	Purvashadha* Until 12:59PM	Ganesha: Orange	<i>Sunrise:</i> 8:02AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 2:42PM – 3:48PM	Dhruva Until 4:31PM	Nataraja: Orange		Moon – Light Blue		Devaloka Day
Until 12:59PM		Rahu 11:22AM – 12:28PM	Balava Until 6:22PM	Pausha-Markali				
Then Routine Work - Marana Yoga			Prathama* Until 6:10AM					
2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Carcare, Switzerland Sun 15 Sutra 258 Vikarin 5121		
Makara Rasi: 5.41	Tithi 2 – 3	Gulika 8:02AM – 9:09AM	Uttarashadha Until 2:04PM	Ganesha: Orange	<i>Sunrise:</i> 8:02AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Marana Yoga	Yama 1:35PM – 2:42PM	Vyaghata* Until 3:56PM	Nataraja: Orange		Moon – Light Blue		Devaloka Day
Until 2:04PM		Rahu 10:15AM – 11:22AM	Taitila Until 7:12PM	Pausha-Markali				
Then Creative Work - Siddha Yoga			Dvitiya Until 6:42AM					
3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 16 Sutra 259 Vikarin 5121		
Makara Rasi: 18.1	Tithi 3 – 4	Gulika 2:43PM – 3:49PM	Shravana Until 4:02PM	Ganesha: Clear	<i>Sunrise:</i> 8:02AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36 3rd Phase
Creative Work	Amrita Yoga	Yama 12:29PM – 1:36PM	Harshana Until 3:48PM	Nataraja: Orange		Moon – Purple		Devaloka Day
Until 4:02PM		Rahu 3:49PM – 4:56PM	Vanija Until 8:37PM	Pausha-Markali				
Then Routine Work - Marana Yoga			Tritiya Until 7:49AM					
4		Monday, December 30, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Carcare, Switzerland Sun 17 Sutra 260 Vikarin 5121		
Kumbha Rasi: 0.26	Tithi 4 – 5	Gulika 1:37PM – 2:43PM	Dhanishtha Until 6:20PM	Ganesha: Clear	<i>Sunrise:</i> 8:03AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 36 3rd Phase
Family Home Evening		Yama 11:23AM – 12:30PM	Vajra* Until 4:03PM	Nataraja: Orange		Moon – Purple		Devaloka Day
Creative Work	Siddha Yoga	Rahu 9:09AM – 10:16AM	Bava Until 10:31PM	Pausha-Markali				
			Chaturthi* Until 9:29AM					
5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Carcare, Switzerland Sun 18 Sutra 261 Vikarin 5121		
Kumbha Rasi: 12.31	Tithi 5 – 6	Gulika 12:30PM – 1:37PM	Shatabhishak Until 8:50PM	Ganesha: Clear	<i>Sunrise:</i> 8:03AM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Marana Yoga	Yama 10:16AM – 11:23AM	Siddhi Until 4:36PM	Nataraja: Orange		Moon – Purple		Devaloka Day
		Rahu 2:44PM – 3:51PM	Kaulava Until 12:48AM Wed	Pausha-Markali				
			Panchami Until 11:36AM					
6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Carcare, Switzerland Sun 19 Sutra 262 Vikarin 5121		
Kumbha Rasi: 24.27	Tithi 6 – 7	Gulika 11:24AM – 12:31PM	Purvaproshtapada* Until 11:54PM	Ganesha: Blue	<i>Sunrise:</i> 8:03AM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 36 3rd Phase
Creative Work	Amrita Yoga	Yama 9:10AM – 10:17AM	Vyatipata* Until 5:21PM	Nataraja: Orange		Moon – Clear		Bhuloka Day
Until 11:54PM		Rahu 12:31PM – 1:38PM	Gara Until 3:17AM Thu	Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			Shashthi* Until 2:01PM					
		Vinayaga Viratam Ends						
Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Carcare, Switzerland Sun 20 Sutra 263 Vikarin 5121		
Meena Rasi: 6.2	Tithi 7 – 8	Gulika 10:17AM – 11:25AM	Uttaraproshtapada Until 2:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 8:03AM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 3rd Phase
Creative Work	Siddha Yoga	Yama 8:03AM – 9:10AM	Variyan Until 6:08PM	Nataraja: Orange		Moon – Clear		Bhuloka Day
		Rahu 1:39PM – 2:46PM	Visti Until 5:46AM Fri	Pausha-Markali				Devaloka Time: 3:PM to 6:PM
			Saptami Until 4:31PM					
Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau		Carcare, Switzerland Sun 21 Sutra 264 Vikarin 5121		
Meena Rasi: 18.14	Tithi 8	Gulika 9:10AM – 10:18AM	Revati Until 5:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 8:03AM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 Ashtami
Creative Work	Siddha Yoga	Yama 2:47PM – 3:54PM	Parigha* Until 6:51PM	Nataraja: Orange		Moon – Clear		Bhuloka Day
		Rahu 11:25AM – 12:32PM	Bava Until 6:55PM	Pausha-Markali				Devaloka Time: 3:PM to 6:PM
			Ashtami* Until 6:55PM					
Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Carcare, Switzerland Sun 22 Sutra 265 Vikarin 5121		
Mesha Rasi: 0.13	Tithi 9	Gulika 8:03AM – 9:10AM	Ashvini Until 7:54AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 8:03AM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 36 Navami
Creative Work	Siddha Yoga	Yama 1:40PM – 2:48PM	Shiva Until 7:21PM	Nataraja: Orange		Moon – White		Devaloka Day
Until 7:54AM Sun		Rahu 10:18AM – 11:25AM	Balava Until 8:02AM	Pausha-Markali				
Then Routine Work - Prabalarishta Yoga			Navami* Until 9:01PM					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Carcare, Switzerland Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.21	Tithi 10	Gulika 2:48PM – 3:56PM	Ashvini Until 7:54AM	Ganesha: Yellow <i>Sunrise:</i> 8:03AM	
		Yama 12:33PM – 1:41PM	Siddha Until 7:27PM	Muruqa: Clear <i>Sunset:</i> 5:03PM	Moon 12 - Phase 37
	823623466	Rahu 3:56PM – 5:03PM	Taitila Until 9:54AM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 7:54AM		Subramuniyaswami Jayanti	Dashami Until 10:36PM	Pausha-Markali	
Then Routine Work - Prabalarishta Yoga					

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Carcare, Switzerland Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.43	Tithi 11	Gulika 1:41PM – 2:49PM	Bharani Until 9:44AM	Ganesha: Yellow <i>Sunrise:</i> 8:03AM	
Family Home Evening		Yama 11:26AM – 12:34PM	Sadhya Until 7:06PM	Muruqa: Clear <i>Sunset:</i> 5:05PM	Moon 12 - Phase 37
Creative Work	Siddha Yoga	Rahu 9:10AM – 10:18AM	Vanija Until 11:11AM	Nataraja: Orange	4th Phase
Until 9:44AM		Vaikuntha Ekadasi	Ekadashi Until 11:33PM	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Pausha-Markali	

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Carcare, Switzerland Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.22	Tithi 12	Gulika 12:34PM – 1:42PM	Krittika Until 10:45AM	Ganesha: Yellow <i>Sunrise:</i> 8:02AM	
		Yama 10:18AM – 11:26AM	Subha Until 6:13PM	Muruqa: Clear <i>Sunset:</i> 5:06PM	Moon 12 - Phase 37
	823623466	Rahu 2:50PM – 3:58PM	Bava Until 11:47AM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:47PM	Moon – White	Devaloka Day
Until 10:45AM				Pausha-Markali	
Then Creative Work - Amrita Yoga					

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Carcare, Switzerland Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.22	Tithi 13	Gulika 11:26AM – 12:34PM	Rohini Until 11:22AM	Ganesha: White <i>Sunrise:</i> 8:02AM	
		Yama 9:10AM – 10:18AM	Sukla Until 4:44PM	Muruqa: Clear <i>Sunset:</i> 5:07PM	Moon 12 - Phase 37
	833623466	Rahu 12:34PM – 1:42PM	Kaulava Until 11:38AM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:17PM	Moon – Yellow	Bhuloka Day
				Pausha-Markali	Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata</i>

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Carcare, Switzerland Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.44	Tithi 14	Gulika 10:18AM – 11:27AM	Mrigashira Until 11:09AM	Ganesha: Yellow <i>Sunrise:</i> 8:02AM	
		Yama 8:02AM – 9:10AM	Brahma Until 2:44PM	Muruqa: Clear <i>Sunset:</i> 5:08PM	Moon 12 - Phase 37
	834623466	Rahu 1:43PM – 2:51PM	Gara Until 10:48AM	Nataraja: Orange	4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 10:07PM	Moon – Yellow	Devaloka Day
				Pausha-Markali	

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Carcare, Switzerland Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 9:10AM – 10:18AM	Ardra Until 10:10AM	Ganesha: Yellow <i>Sunrise:</i> 8:02AM	
Mithuna Rasi: 17.29	Tithi 15	Yama 2:52PM – 4:00PM	Indra Until 12:16PM	Muruqa: Clear <i>Sunset:</i> 5:09PM	Moon 12 - Phase 37
	834623466	Rahu 11:27AM – 12:35PM	Visti Until 9:19AM	Nataraja: Orange	Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:22PM	Moon – Yellow	Devaloka Day
		Penumbral Lunar Eclipse		Pausha-Markali	
		Ardra Darshanam			

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Carcare, Switzerland Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 8:01AM – 9:10AM	Punarvasu Until 8:59AM	Ganesha: White <i>Sunrise:</i> 8:01AM	
Kataka Rasi: 1.34	Tithi 16	Yama 1:44PM – 2:53PM	Vaidhriti* Until 9:22AM	Muruqa: Clear <i>Sunset:</i> 5:10PM	Moon 12 - Phase 37
	844623466	Rahu 10:18AM – 11:27AM	Balava Until 7:20AM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:10PM	Moon – Blue	Sivaloka Day
				Pausha-Markali	



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:54PM - 4:02PM
Yama 12:36PM - 1:45PM
Rahu 4:02PM - 5:11PM

Pushya Until 7:17AM
Vishkambha* Until 6:12AM
Vanija Until 2:21AM Mon
Dvitiya Until 3:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 8:01AM
Sunset: 5:11PM

Carcare, Switzerland
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue

Then Creative Work - Siddha Yoga

844623466

Gulika 1:45PM - 2:54PM
Yama 11:27AM - 12:36PM
Rahu 9:09AM - 10:18AM

Magha* Until 3:21AM Tue
Ayushman Until 11:24PM
Bava Until 11:39PM
Tritiya Until 12:59PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Markali

Sunrise: 8:00AM
Sunset: 5:12PM

Carcare, Switzerland
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

844623466

Gulika 12:37PM - 1:46PM
Yama 10:18AM - 11:28AM
Rahu 2:55PM - 4:04PM

Thai Pongal

Purvaphalguni Until 1:23AM Wed
Saubhagya Until 7:58PM
Kaulava Until 8:57PM
Chaturthi* Until 10:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 8:00AM
Sunset: 5:14PM

Carcare, Switzerland
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

844623466

Gulika 11:28AM - 12:37PM
Yama 9:09AM - 10:18AM
Rahu 12:37PM - 1:47PM

Uttaraphalguni Until 11:26PM
Sobhana Until 4:40PM
Gara Until 6:24PM
Panchami Until 7:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:59AM
Sunset: 5:15PM

Carcare, Switzerland
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

844623466

Gulika 10:18AM - 11:28AM
Yama 7:09AM - 9:08AM
Rahu 1:47PM - 2:57PM

Hasta Until 10:00PM
Athiganda* Until 1:30PM
Visti Until 4:04PM
Saptami Until 2:59AM Fri

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:59AM
Sunset: 5:16PM

Carcare, Switzerland
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

Creative Work Siddha Yoga

844623466

Gulika 9:08AM - 10:18AM
Yama 2:58PM - 4:08PM
Rahu 11:28AM - 12:38PM

Chitra Until 8:43PM
Sukarma Until 10:35AM
Balava Until 2:01PM
Ashtami* Until 1:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:58AM
Sunset: 5:17PM

Carcare, Switzerland
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

Creative Work Siddha Yoga

844623466

Gulika 7:58AM - 9:08AM
Yama 1:48PM - 2:58PM
Rahu 10:18AM - 11:28AM

Svati Until 7:39PM
Dhriti Until 7:56AM
Taitila Until 12:19PM
Navami* Until 11:35PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:58AM
Sunset: 5:19PM

Carcare, Switzerland
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Carcare, Switzerland Sun 8 Sutra 280 Vikarin 5121
	Tula Rasi: 25.49	Tithi 25	Gulika 2:59PM – 4:10PM	Vishakha Until 7:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:57AM	
			Yama 12:38PM – 1:49PM	Ganda* Until 3:30AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	874623466 Rahu 4:10PM – 5:20PM	Vanija Until 10:58AM	Nataraja: Orange		2nd Phase
			Dashami Until 10:26PM	Moon – Orange		Devaloka Day	
				Pausha -Thai			

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Carcare, Switzerland Sun 9 Sutra 281 Vikarin 5121
	Vrischika Rasi: 9.23	Tithi 26	Gulika 1:49PM – 3:00PM	Anuradha Until 7:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:56AM	
	Family Home Evening		Yama 11:28AM – 12:39PM	Vriddhi Until 1:45AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	874623466 Rahu 9:07AM – 10:17AM	Bava Until 10:01AM	Nataraja: Orange		2nd Phase
			Ekadashi* Until 9:40PM	Moon – Orange		Devaloka Day	
				Pausha -Thai			

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Carcare, Switzerland Sun 10 Sutra 282 Vikarin 5121
	Vrischika Rasi: 22.43	Tithi 27	Gulika 12:39PM – 1:50PM	Jyeshtha* Until 7:05PM	Ganesha: Purple	<i>Sunrise:</i> 7:55AM	
			Yama 10:17AM – 11:28AM	Dhruva Until 12:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	875623466 Rahu 3:01PM – 4:12PM	Kaulava Until 9:27AM	Nataraja: Orange		2nd Phase
			Dvadashi* Until 9:18PM	Moon – Orange		Bhuloka Day	
				Pausha -Thai		Devaloka Time: 3:PM to 6:PM	

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Carcare, Switzerland Sun 11 Sutra 283 Vikarin 5121
	Dhanus Rasi: 5.5	Tithi 28	Gulika 11:28AM – 12:39PM	Mula* Until 7:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:55AM	
			Yama 9:06AM – 10:17AM	Vyaghata* Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 Rahu 12:39PM – 1:50PM	Gara Until 9:18AM	Nataraja: Orange		2nd Phase
			Trayodashi* Until 9:21PM	Moon – Light Blue		Bhuloka Day	
				Pausha -Thai		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Carcare, Switzerland Sun 12 Sutra 284 Vikarin 5121
	Dhanus Rasi: 18.46	Tithi 29	Gulika 10:17AM – 11:28AM	Purvashadha* Until 8:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:54AM	
			Yama 7:54AM – 9:05AM	Harshana Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	885623466 Rahu 1:51PM – 3:02PM	Visti* Until 9:34AM	Nataraja: Orange		2nd Phase
			Chaturdashi* Until 9:50PM	Moon – Light Blue		Bhuloka Day	
				Pausha -Thai		Devaloka Time: 3:PM to 6:PM	

●	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Carcare, Switzerland Sun 13 Sutra 285 Vikarin 5121
	Retreat Star		Gulika 9:05AM – 10:16AM	Uttarashadha Until 10:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:53AM	
	Makara Rasi: 1.28	Tithi 30	Yama 3:03PM – 4:15PM	Vajra* Until 9:54PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 Rahu 11:28AM – 12:40PM	Catuspada Until 10:15AM	Nataraja: Orange		Amavasya
			Amavasya* Until 10:44PM	Moon – Light Blue		Bhuloka Day	
				Pausha -Thai		Devaloka Time: 3:PM to 6:PM	

●	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Carcare, Switzerland Sun 14 Sutra 286 Vikarin 5121
	Retreat Star		Gulika 7:52AM – 9:04AM	Shravana Until 12:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 7:52AM	
	Makara Rasi: 13.59	Tithi 1	Yama 1:52PM – 3:04PM	Siddhi Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	995623466 Rahu 10:16AM – 11:28AM	Kintughna Until 11:23AM	Nataraja: Orange		Prathama
			Prathama* Until 12:05AM Sun	Moon – Purple		Bhuloka Day	
				Magha -Thai		Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Carcare, Switzerland Sun 15 Sutra 287
Makara Rasi: 26.19	Tithi 2	Gulika 3:05PM – 4:17PM	Dhanishtha Until 2:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 7:51AM	Vikarin 5121	
		Yama 12:40PM – 1:53PM	Vyatipata* Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
		995723466 Rahu 4:17PM – 5:29PM	Balava Until 12:56PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 1:50AM Mon	Moon – Purple		Devaloka Day	
Until 2:21AM Mon				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau			Carcare, Switzerland Sun 16 Sutra 288
Kumbha Rasi: 8.29	Tithi 3	Gulika 1:53PM – 3:06PM	Shatabhishak Until 4:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:50AM	Vikarin 5121	
Family Home Evening		Yama 11:28AM – 12:40PM	Variyan Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 9:03AM – 10:15AM	Taitila Until 2:52PM	Nataraja: Orange		3rd Phase	
Until 4:45AM Tue			Tritiya Until 3:56AM Tue	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visli* Karana Chaturthyam Titau			Carcare, Switzerland Sun 17 Sutra 289
Kumbha Rasi: 20.32	Tithi 4	Gulika 12:41PM – 1:54PM	Purvaprossthapada* Until 7:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:49AM	Vikarin 5121	
		Yama 10:15AM – 11:28AM	Parigha* Until 11:02PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 40	
		915723466 Rahu 3:06PM – 4:19PM	Vanija Until 5:06PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 6:18AM Wed	Moon – Clear		Sivaloka Day	
Until 7:44AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau			Carcare, Switzerland Sun 18 Sutra 290
Meena Rasi: 2.28	Tithi 4 – 5	Gulika 11:28AM – 12:41PM	Purvaprossthapada* Until 7:44AM	Ganesha: Green	<i>Sunrise:</i> 7:48AM	Vikarin 5121	
		Yama 9:01AM – 10:15AM	Shiva Until 11:51PM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 40	
		915723466 Rahu 12:41PM – 1:54PM	Bava Until 7:34PM	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 6:18AM	Moon – Clear		Sivaloka Day	
Until 7:44AM				Magha-Thai			
Then Creative Work - Siddha Yoga							

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Carcare, Switzerland Sun 19 Sutra 291
Meena Rasi: 14.2	Tithi 5 – 6	Gulika 10:14AM – 11:28AM	Uttaraprossthapada Until 10:41AM	Ganesha: Green	<i>Sunrise:</i> 7:47AM	Vikarin 5121	
		Yama 7:47AM – 9:01AM	Siddha Until 12:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 40	
		915723466 Rahu 1:54PM – 3:08PM	Kaulava Until 10:06PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 8:49AM	Moon – Clear		Sivaloka Day	
				Magha-Thai			

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Carcare, Switzerland Sun 20 Sutra 292
Meena Rasi: 26.13	Tithi 6 – 7	Gulika 9:00AM – 10:14AM	Revati Until 1:26PM	Ganesha: Orange	<i>Sunrise:</i> 7:46AM	Vikarin 5121	
		Yama 3:09PM – 4:22PM	Sadhya Until 1:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 40	
		916723466 Rahu 11:27AM – 12:41PM	Gara Until 12:32AM Sat	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 11:19AM	Moon – Clear		Devaloka Day	
Until 1:26PM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau			Carcare, Switzerland Sun 21 Sutra 293
Mesha Rasi: 8.09	Tithi 7 – 8	Gulika 7:46AM – 9:00AM	Ashvini Until 4:20PM	Ganesha: Green	<i>Sunrise:</i> 7:46AM	Vikarin 5121	
		Yama 1:55PM – 3:09PM	Subha Until 1:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 40	
		926723466 Rahu 10:14AM – 11:27AM	Visli Until 2:40AM Sun	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 1:38PM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Carcare, Switzerland Sun 22 Sutra 294
Mesha Rasi: 20.13	Tithi 8 – 9	Gulika 3:09PM – 4:24PM	Bharani Until 6:39PM	Ganesha: Green	<i>Sunrise:</i> 7:45AM	Vikarin 5121	
		Yama 12:41PM – 1:55PM	Sukla Until 2:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 40	
		926723466 Rahu 4:24PM – 5:38PM	Balava Until 4:18AM Mon	Nataraja: Orange		Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 3:32PM	Moon – White		Bhuloka Day	
Until 6:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 295 Vikarin 5121	
1		Gulika 1:56PM – 3:10PM	Krittika Until 8:12PM	Ganesha: Green	<i>Sunrise:</i> 7:44AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 11:27AM – 12:41PM	Brahma Until 1:42AM Tue	Muruḡa: Clear	<i>Sunset:</i> 5:39PM
Family Home Evening	926723466	Rahu 8:58AM – 10:13AM	Taitila Until 5:13AM Tue	Nataraja: Orange	Moon 1 - Phase 41
Routine Work Marana Yoga			Navami* Until 4:50PM	Moon – White	4th Phase
Until 8:12PM				Magha*Thai	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Carcare, Switzerland Sun 24 Sutra 296 Vikarin 5121	
2		Gulika 12:42PM – 1:56PM	Rohini Until 9:20PM	Ganesha: Red	<i>Sunrise:</i> 7:43AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 10:12AM – 11:27AM	Indra Until 12:44AM Wed	Muruḡa: Clear	<i>Sunset:</i> 5:40PM
	936723467	Rahu 3:11PM – 4:26PM	Vanija Until 5:19AM Wed	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Amrita Yoga			Dashami Until 5:21PM	Moon – Yellow	4th Phase
Until 9:20PM				Magha*Thai	Devaloka Day
Then Creative Work - Siddha Yoga					

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 297 Vikarin 5121	
3		Gulika 11:27AM – 12:42PM	Mrigashira Until 9:29PM	Ganesha: Red	<i>Sunrise:</i> 7:41AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 8:56AM – 10:12AM	Vaidhriti* Until 11:05PM	Muruḡa: Clear	<i>Sunset:</i> 5:42PM
	936723467	Rahu 12:42PM – 1:57PM	Bava Until 4:35AM Thu	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Ekadashi Until 5:02PM	Moon – Yellow	4th Phase
				Magha*Thai	Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 298 Vikarin 5121	
4		Gulika 10:11AM – 11:26AM	Ardra Until 8:41PM	Ganesha: Red	<i>Sunrise:</i> 7:40AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 7:40AM – 8:56AM	Vishkambha* Until 8:48PM	Muruḡa: Clear	<i>Sunset:</i> 5:43PM
	936723467	Rahu 1:57PM – 3:12PM	Kaulava Until 3:03AM Fri	Nataraja: Clear	Moon 1 - Phase 41
Routine Work Marana Yoga			Dvadashi Until 3:54PM	Moon – Yellow	4th Phase
Until 8:41PM				Magha*Thai	Devaloka Day
Then Creative Work - Amrita Yoga					

Pradosha Vrata

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 299 Vikarin 5121	
5		Gulika 8:55AM – 10:10AM	Punarvasu Until 7:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:39AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 3:13PM – 4:29PM	Priti Until 5:57PM	Muruḡa: Clear	<i>Sunset:</i> 5:45PM
	947723467	Rahu 11:26AM – 12:42PM	Gara Until 12:50AM Sat	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Trayodashi Until 2:00PM	Moon – Blue	4th Phase
Until 7:28PM				Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sutra 300 Vikarin 5121	
○		Gulika 7:38AM – 8:54AM	Pushya Until 5:31PM	Ganesha: Blue	<i>Sunrise:</i> 7:38AM
Copper Retreat Star		Yama 1:58PM – 3:14PM	Ayushman Until 2:36PM	Muruḡa: Clear	<i>Sunset:</i> 5:46PM
Kataka Rasi: 9.39	Tithi 14 – 15	Rahu 10:10AM – 11:26AM	Visti Until 10:03PM	Nataraja: Clear	Moon 1 - Phase 41
	947723467		Chaturdashi* Until 11:29AM	Moon – Blue	Purnima
Creative Work Siddha Yoga		Thai Pusam		Magha*Thai	Bhuloka Day
Until 5:31PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Carcare, Switzerland Sutra 301 Vikarin 5121	
○		Gulika 3:15PM – 4:31PM	Ashlesha* Until 3:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:36AM
Silver Retreat Star		Yama 12:42PM – 1:58PM	Saubhagya Until 10:54AM	Muruḡa: Clear	<i>Sunset:</i> 5:47PM
Kataka Rasi: 24.19	Tithi 15 – 16	Rahu 4:31PM – 5:47PM	Balava Until 6:54PM	Nataraja: Clear	Moon 1 - Phase 41
	947723467		Purnima* Until 8:30AM	Moon – Blue	Prathama
Creative Work Siddha Yoga				Magha*Thai	Bhuloka Day
Until 3:01PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9.14 Tithi 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 12:33PM

Then Creative Work - Siddha Yoga

Gulika 1:59PM - 3:15PM

Yama 11:25AM - 12:42PM

Rahu 8:52AM - 10:08AM

Magha* Until 12:33PM

Sobhana Until 6:59AM

Taitila Until 3:31PM

Dvitiya Until 1:47AM Tue

Ganesha: Red Sunrise: 7:35AM

Muruqa: Clear Sunset: 5:49PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Tuesday, February 11, 2020

1

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti* Karana Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 24.14 Tithi 18

957723467

Creative Work Siddha Yoga

Until 9:52AM

Then Creative Work - Amrita Yoga

Gulika 12:42PM - 1:59PM

Yama 10:08AM - 11:25AM

Rahu 3:16PM - 4:33PM

Purvaphalguni Until 9:52AM

Sukarma Until 10:57PM

Vanija Until 12:06PM

Tritiya Until 10:24PM

Ganesha: Red Sunrise: 7:34AM

Muruqa: Clear Sunset: 5:50PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Wednesday, February 12, 2020

2

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Carcare, Switzerland

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 9.12 Tithi 19

957723467

Creative Work Amrita Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

Gulika 11:24AM - 12:42PM

Yama 8:50AM - 10:07AM

Rahu 12:42PM - 1:59PM

Uttaraphalguni Until 7:08AM

Dhriti Until 7:07PM

Bava Until 8:47AM

Chaturthi* Until 7:11PM

Ganesha: Red Sunrise: 7:32AM

Muruqa: Clear Sunset: 5:52PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Thursday, February 13, 2020

3

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.58 Tithi 20 - 21

967723467

Creative Work Siddha Yoga

Gulika 10:06AM - 11:24AM

Yama 7:31AM - 8:49AM

Rahu 2:00PM - 3:17PM

Chitra Until 2:58AM Fri

Shula* Until 3:32PM

Gara Until 3:03AM Fri

Panchami Until 4:19PM

Ganesha: Green Sunrise: 7:31AM

Muruqa: Clear Sunset: 5:53PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Friday, February 14, 2020

4

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 8.28 Tithi 21 - 22

968723467

Creative Work Siddha Yoga

Gulika 8:48AM - 10:06AM

Yama 3:18PM - 4:36PM

Rahu 11:24AM - 12:42PM

Svati Until 1:23AM Sat

Ganda* Until 12:20PM

Vistii Until 12:54AM Sat

Shashthi* Until 1:53PM

Ganesha: White Sunrise: 7:29AM

Muruqa: Clear Sunset: 5:54PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.36 Tithi 22 - 23

978723467

Creative Work Siddha Yoga

Until 12:39AM Sun

Then Routine Work - Marana Yoga

Gulika 7:28AM - 8:46AM

Yama 2:00PM - 3:19PM

Rahu 10:05AM - 11:23AM

Vishakha Until 12:39AM Sun

Vridhhi Until 9:35AM

Balava Until 11:19PM

Saptami Until 12:01PM

Ganesha: Clear Sunrise: 7:28AM

Muruqa: Clear Sunset: 5:56PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 6.22 Tithi 23 - 24

978723467

Routine Work Marana Yoga

Until 12:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:19PM - 4:38PM

Yama 12:42PM - 2:01PM

Rahu 4:38PM - 5:57PM

Anuradha Until 12:23AM Mon

Dhruva Until 7:17AM

Taitila Until 10:22PM

Ashtami* Until 10:44AM

Ganesha: Clear Sunrise: 7:26AM

Muruqa: Clear Sunset: 5:57PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Carcare, Switzerland	
1		Jyeshtha* Until 12:33AM Tue		Sun 7 Sutra 309	
Vrischika Rasi: 19.46 Tithi 24 – 25		Gulika 2:01PM – 3:20PM		Ganesha: Clear Sunrise: 7:25AM	
Family Home Evening		Yama 11:23AM – 12:42PM		Muruqa: Clear Sunset: 5:58PM	
Creative Work Siddha Yoga		Rahu 8:44AM – 10:03AM		Nataraja: Clear	
Until 12:33AM Tue		Harshana Until 4:12AM Tue		Moon 2 - Phase 43	
Then Creative Work - Amrita Yoga		Vanija Until 10:01PM		2nd Phase	
		Navami* Until 10:06AM		Devaloka Day	
				Magha-Masi	

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Carcare, Switzerland	
2		Mula* Until 1:36AM Wed		Sun 8 Sutra 310	
Dhanus Rasi: 2.5 Tithi 25 – 26		Gulika 12:42PM – 2:01PM		Ganesha: Purple Sunrise: 7:23AM	
988723467		Yama 10:03AM – 11:22AM		Muruqa: Clear Sunset: 6:00PM	
Creative Work Amrita Yoga		Rahu 3:21PM – 4:40PM		Nataraja: Clear	
		Vajra* Until 3:19AM Wed		Moon 2 - Phase 43	
		Bava Until 10:16PM		2nd Phase	
		Dashami Until 10:03AM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Carcare, Switzerland	
3		Purvashadha* Until 2:58AM Thu		Sun 9 Sutra 311	
Dhanus Rasi: 15.39 Tithi 26 – 27		Gulika 11:22AM – 12:42PM		Ganesha: Purple Sunrise: 7:22AM	
988723467		Yama 8:42AM – 10:02AM		Muruqa: Clear Sunset: 6:01PM	
Creative Work Amrita Yoga		Rahu 12:42PM – 2:01PM		Nataraja: Clear	
Until 2:58AM Thu		Siddhi Until 2:49AM Thu		Moon 2 - Phase 43	
Then Routine Work - Marana Yoga		Kaulava Until 11:01PM		2nd Phase	
		Ekadashi* Until 10:34AM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Carcare, Switzerland	
4		Uttarashadha Until 4:35AM Fri		Sun 10 Sutra 312	
Dhanus Rasi: 28.14 Tithi 27 – 28		Gulika 10:01AM – 11:21AM		Ganesha: Purple Sunrise: 7:20AM	
989823467		Yama 7:20AM – 8:41AM		Muruqa: Clear Sunset: 6:03PM	
Routine Work Marana Yoga		Rahu 2:02PM – 3:22PM		Nataraja: Clear	
		Vyatipata* Until 2:40AM Fri		Moon 2 - Phase 43	
		Gara Until 12:12AM Fri		2nd Phase	
		Dvadashi* Until 11:32AM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	
				Pradosha Vrata (Fasting)	

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Carcare, Switzerland	
5		Shravana Until 6:52AM Sat		Sun 11 Sutra 313	
Makara Rasi: 10.38 Tithi 28 – 29		Gulika 8:39AM – 10:00AM		Ganesha: Light Blue Sunrise: 7:19AM	
999823467		Yama 3:23PM – 4:43PM		Muruqa: Clear Sunset: 6:04PM	
Routine Work Marana Yoga		Rahu 11:21AM – 12:41PM		Nataraja: Clear	
Until 6:52AM Sat		Variyan Until 2:45AM Sat		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Visti Until 1:45AM Sat		2nd Phase	
		Trayodashi* Until 12:55PM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	
				Mahasivaratri (Lunar)	
				Mahasivaratri (Solar)	

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Carcare, Switzerland	
Retreat Star		Shravana Until 6:52AM		Sun 12 Sutra 314	
Makara Rasi: 22.53 Tithi 29 – 30		Gulika 7:17AM – 8:38AM		Ganesha: Light Blue Sunrise: 7:17AM	
999823467		Yama 2:02PM – 3:23PM		Muruqa: Clear Sunset: 6:05PM	
Creative Work Siddha Yoga		Rahu 9:59AM – 11:20AM		Nataraja: Clear	
		Parigha* Until 3:04AM Sun		Moon 2 - Phase 43	
		Catuspada Until 3:36AM Sun		Amavasya	
		Chaturdashi* Until 2:37PM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Carcare, Switzerland	
Retreat Star		Dhanishtha Until 9:16AM		Sun 13 Sutra 315	
Kumbha Rasi: 5.01 Tithi 30 – 1		Gulika 3:24PM – 4:45PM		Ganesha: Light Blue Sunrise: 7:16AM	
999823467		Yama 12:41PM – 2:02PM		Muruqa: Clear Sunset: 6:07PM	
Routine Work Marana Yoga		Rahu 4:45PM – 6:07PM		Nataraja: Clear	
Until 9:16AM		Shiva Until 3:36AM Mon		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Kintughna Until 5:42AM Mon		Prathama	
		Amavasya* Until 4:36PM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Phalgun-Masi	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau		Carcare, Switzerland Sun 14 Sutra 316	
1	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Tithi 1 999823467	Gulika 2:03PM – 3:24PM Yama 11:19AM – 12:41PM Rahu 8:36AM – 9:57AM	Shatabhishak Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM Prathama* Until 6:48PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Sunrise: 7:14AM Sunset: 6:08PM Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau		Carcare, Switzerland Sun 15 Sutra 317	
2	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	Gulika 12:41PM – 2:03PM Yama 9:57AM – 11:19AM Rahu 3:25PM – 4:47PM	Purvaproshtapada* Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM Dvitiya Until 9:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Sunrise: 7:12AM Sunset: 6:09PM Phalguna-Masi Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau		Carcare, Switzerland Sun 16 Sutra 318	
3	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	Gulika 11:18AM – 12:41PM Yama 8:33AM – 9:56AM Rahu 12:41PM – 2:03PM	Uttaraproshtapada Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM Tritiya Until 11:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Sunrise: 7:11AM Sunset: 6:11PM Phalguna-Masi Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau		Carcare, Switzerland Sun 17 Sutra 319	
4	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	Gulika 9:55AM – 11:18AM Yama 7:09AM – 8:32AM Rahu 2:03PM – 3:26PM	Revati Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM Chaturthi* Until 2:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Sunrise: 7:09AM Sunset: 6:12PM Phalguna-Masi Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau		Carcare, Switzerland Sun 18 Sutra 320	
5	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	Gulika 8:31AM – 9:54AM Yama 3:27PM – 4:50PM Rahu 11:17AM – 12:40PM	Ashvini Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM Panchami Until 4:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Sunrise: 7:07AM Sunset: 6:13PM Phalguna-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau		Carcare, Switzerland Sun 19 Sutra 321	
6	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Tithi 6 921823467	Gulika 7:06AM – 8:29AM Yama 2:04PM – 3:27PM Rahu 9:53AM – 11:17AM	Bharani Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM Shashthi* Until 6:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Sunrise: 7:06AM Sunset: 6:15PM Phalguna-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Carcare, Switzerland Sun 20 Sutra 322	
Retreat Star					
7	Mesha Rasi: 28.35 Creative Work Siddha Yoga Until 4:16AM Mon Then Creative Work - Amrita Yoga	Tithi 6 – 7 921833467	Gulika 3:28PM – 4:53PM Yama 12:40PM – 2:04PM Rahu 4:53PM – 6:17PM	Krittika Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM Shashthi* Until 6:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Sunrise: 7:02AM Sunset: 6:17PM Phalguna-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Carcare, Switzerland Sun 21 Sutra 323	
Retreat Star					
8	Vrishabha Rasi: 10.48 Family Home Evening Creative Work Amrita Yoga Until 6:04AM Tue Then Creative Work - Siddha Yoga	Tithi 7 – 8 931833467	Gulika 2:04PM – 3:29PM Yama 11:15AM – 12:40PM Rahu 8:25AM – 9:50AM	Rohini Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM Saptami Until 8:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Sunrise: 7:01AM Sunset: 6:18PM Phalguna-Masi Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Carcare, Switzerland Sun 22 Sutra 324	
Retreat Star					
9	Vrishabha Rasi: 23.17 Creative Work Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga	Tithi 8 – 9 931833467	Gulika 12:39PM – 2:04PM Yama 9:49AM – 11:14AM Rahu 3:30PM – 4:55PM	Rohini Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM Ashtami* Until 9:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Sunrise: 6:59AM Sunset: 6:20PM Phalguna-Masi Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 325	
Mithuna Rasi: 6.09	Tithi 9 – 10	Gulika 11:14AM – 12:39PM	Mrigashira Until 6:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:57AM		Vikarin 5121
		Yama 8:23AM – 9:48AM	Priti Until 6:57AM	Muruqa: Orange	<i>Sunset:</i> 6:21PM		Moon 2 - Phase 45
931833467	Rahu 12:39PM – 2:05PM		Taitila Until 9:19PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:33AM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 326	
Mithuna Rasi: 19.28	Tithi 10 – 11	Gulika 9:47AM – 11:13AM	Ardra Until 6:47AM	Ganesha: Red	<i>Sunrise:</i> 6:55AM		Vikarin 5121
		Yama 6:55AM – 8:21AM	Saubhagya Until 2:58AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:22PM		Moon 2 - Phase 45
131833467	Rahu 2:05PM – 3:31PM		Vanija Until 8:09PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Dashami Until 8:49AM	Moon – Yellow		Devaloka Day	
Until 6:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Carcare, Switzerland Sun 25 Sutra 327	
Kataka Rasi: 3.16	Tithi 11 – 12	Gulika 8:20AM – 9:46AM	Punarvasu Until 6:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM		Vikarin 5121
		Yama 3:31PM – 4:57PM	Sobhana Until 12:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:24PM		Moon 2 - Phase 45
141833467	Rahu 11:12AM – 12:39PM		Bava Until 6:10PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:14AM	Moon – Blue		Bhuloka Day	
Until 6:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 328	
Kataka Rasi: 17.34	Tithi 13	Gulika 6:52AM – 8:18AM	Ashlesha* Until 2:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:52AM		Vikarin 5121
		Yama 2:05PM – 3:32PM	Athiganda* Until 8:29PM	Muruqa: Orange	<i>Sunset:</i> 6:25PM		Moon 2 - Phase 45
141833467	Rahu 9:45AM – 11:12AM		Kaulava Until 3:29PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Trayodashi Until 1:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 329	
Simha Rasi: 2.19	Tithi 14	Gulika 3:32PM – 4:59PM	Magha* Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM		Vikarin 5121
		Yama 12:38PM – 2:05PM	Sukarma Until 4:34PM	Muruqa: Orange	<i>Sunset:</i> 6:26PM		Moon 2 - Phase 45
151833467	Rahu 4:59PM – 6:26PM		Gara Until 12:15PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 10:27PM	Moon – Red		Devaloka Day	
Until 11:33PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 330	
Copper Retreat Star		Gulika 2:05PM – 3:33PM	Purvaphalguni Until 8:34PM	Ganesha: White	<i>Sunrise:</i> 6:48AM		Vikarin 5121
Simha Rasi: 17.24	Tithi 15	Yama 11:10AM – 12:38PM	Dhriti Until 12:23PM	Muruqa: Orange	<i>Sunset:</i> 6:27PM		Moon 2 - Phase 45
Family Home Evening	152833467	Rahu 8:16AM – 9:43AM	Visti Until 8:38AM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Carcare, Switzerland Sutra 331	
Silver Retreat Star		Gulika 12:38PM – 2:05PM	Uttaraphalguni Until 5:22PM	Ganesha: White	<i>Sunrise:</i> 6:46AM		Vikarin 5121
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 9:42AM – 11:10AM	Shula* Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:29PM		Moon 2 - Phase 45
152833467	Rahu 3:33PM – 5:01PM		Taitila Until 12:59AM Wed	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga		Prathama* Until 2:53PM	Moon – Red		Sivaloka Day	
Until 5:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika

11:09AM - 12:37PM

Hasta Until 2:31PM

Ganesha: Clear

Sunrise: 6:45AM

Yama

8:13AM - 9:41AM

Vriddhi Until 11:31PM

Muruqa: Orange

Sunset: 6:30PM

Rahu

12:37PM - 2:05PM

Vanija Until 9:18PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

Thursday, March 12, 2020

1

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika

9:40AM - 11:08AM

Chitra Until 11:49AM

Ganesha: Clear

Sunrise: 6:43AM

Yama

6:43AM - 8:11AM

Dhruva Until 7:36PM

Muruqa: Orange

Sunset: 6:31PM

Rahu

2:06PM - 3:34PM

Balava Until 4:25AM Fri

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

Friday, March 13, 2020

2

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.5 Tithi 20

162833467

Gulika

8:10AM - 9:39AM

Svati Until 9:24AM

Ganesha: Clear

Sunrise: 6:41AM

Yama

3:35PM - 5:04PM

Vyaghata* Until 4:06PM

Muruqa: Orange

Sunset: 6:33PM

Rahu

11:08AM - 12:37PM

Kaulava Until 3:04PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Panchami Until 1:50AM Sat

Saturday, March 14, 2020

3

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika

6:39AM - 8:08AM

Vishakha Until 7:51AM

Ganesha: Purple

Sunrise: 6:39AM

Yama

2:06PM - 3:35PM

Harshana Until 1:08PM

Muruqa: Orange

Sunset: 6:34PM

Rahu

9:38AM - 11:07AM

Gara Until 12:49PM

Nataraja: Clear

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Shashthi* Until 11:56PM

Sunday, March 15, 2020

4

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Carcare, Switzerland

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika

3:36PM - 5:05PM

Anuradha Until 6:52AM

Ganesha: Purple

Sunrise: 6:37AM

Yama

12:36PM - 2:06PM

Vajra* Until 10:44AM

Muruqa: Orange

Sunset: 6:35PM

Rahu

5:05PM - 6:35PM

Visti Until 11:17AM

Nataraja: Purple

Moon - Orange

Subha Sivaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

Saptami Until 10:48PM

Monday, March 16, 2020

D

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.37 Tithi 23

172933468

Gulika

2:06PM - 3:36PM

Jyeshtha* Until 6:31AM

Ganesha: Clear

Sunrise: 6:36AM

Yama

11:06AM - 12:36PM

Siddhi Until 8:58AM

Muruqa: Orange

Sunset: 6:36PM

Rahu

8:06AM - 9:36AM

Balava Until 10:33AM

Nataraja: Purple

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Ashtami* Until 10:28PM

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika

12:36PM - 2:06PM

Mula* Until 7:13AM

Ganesha: Purple

Sunrise: 6:34AM

Yama

9:35AM - 11:05AM

Vyatipata* Until 7:50AM

Muruqa: Orange

Sunset: 6:38PM

Rahu

3:37PM - 5:07PM

Taitila Until 10:36AM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Phalguna-Panguni

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

Navami* Until 10:52PM

1	Wednesday, March 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Carcare, Switzerland Sun 8 Sutra 339
	Dhanus Rasi: 25.22	Tithi 25	Gulika 11:04AM – 12:35PM	Purvashadha* Until 8:29AM	Ganesha: Purple	<i>Sunrise:</i> 6:32AM	Vikarin 5121
			Yama 8:03AM – 9:34AM	Variyan Until 7:14AM	Muruqa: Orange	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 47
	182933468	Rahu 12:35PM – 2:06PM	Vanija Until 11:21AM		Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 11:57PM	Moon – Light Blue		Devaloka Day	
				Phalguna-Panguni			

2	Thursday, March 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Carcare, Switzerland Sun 9 Sutra 340
	Makara Rasi: 7.46	Tithi 26	Gulika 9:33AM – 11:04AM	Uttarashadha Until 10:10AM	Ganesha: Purple	<i>Sunrise:</i> 6:30AM	Vikarin 5121
			Yama 6:30AM – 8:01AM	Parigha* Until 7:07AM	Muruqa: Orange	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 47
	182933468	Rahu 2:06PM – 3:38PM	Bava Until 12:42PM		Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:32AM Fri	Moon – Light Blue		Devaloka Day	
Until 10:10AM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3	Friday, March 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Carcare, Switzerland Sun 10 Sutra 341
	Makara Rasi: 19.59	Tithi 27	Gulika 8:00AM – 9:31AM	Shravana Until 12:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Vikarin 5121
			Yama 3:38PM – 5:10PM	Shiva Until 7:23AM	Muruqa: Orange	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47
	192933468	Rahu 11:03AM – 12:35PM	Kaulava Until 2:30PM		Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 3:29AM Sat	Moon – Purple		Sivaloka Day	
Until 12:37PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

4	Saturday, March 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Carcare, Switzerland Sun 11 Sutra 342
	Kumbha Rasi: 2.03	Tithi 28	Gulika 6:26AM – 7:58AM	Dhanishtha Until 3:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Vikarin 5121
			Yama 2:06PM – 3:38PM	Siddha Until 7:53AM	Muruqa: Orange	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
	192933468	Rahu 9:30AM – 11:02AM	Gara Until 4:36PM		Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 5:42AM Sun	Moon – Purple		Sivaloka Day	
Until 3:12PM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, March 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau				Carcare, Switzerland Sun 12 Sutra 343
	Kumbha Rasi: 14.02	Tithi 29	Gulika 3:39PM – 5:11PM	Shatabhishak Until 5:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Vikarin 5121
			Yama 12:34PM – 2:07PM	Sadhya Until 8:34AM	Muruqa: Orange	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 47
	192933468	Rahu 5:11PM – 6:44PM	Visti Until 6:53PM		Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:03AM Mon	Moon – Purple		Sivaloka Day	
				Phalguna-Panguni			

Monday, March 23, 2020	Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Carcare, Switzerland Sun 13 Sutra 344
	Kumbha Rasi: 25.58	Tithi 29 – 30	Gulika 2:07PM – 3:39PM	Purvaproshtpada* Until 8:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Vikarin 5121
	Family Home Evening	113933468	Yama 11:01AM – 12:34PM	Subha Until 9:22AM	Muruqa: Orange	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 47
	Routine Work	Marana Yoga	Rahu 7:55AM – 9:28AM	Catuspada Until 9:17PM	Nataraja: Purple		Amavasya
Until 8:51PM			Chaturdashi* Until 8:03AM	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Panguni			

Tuesday, March 24, 2020	Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Carcare, Switzerland Sun 14 Sutra 345
	Meena Rasi: 7.51	Tithi 30 – 1	Gulika 12:34PM – 2:07PM	Uttaraproshtpada Until 11:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Vikarin 5121
			Yama 9:27AM – 11:00AM	Sukla Until 10:12AM	Muruqa: Orange	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 47
	113933468	Rahu 3:40PM – 5:13PM	Kintughna Until 11:43PM		Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 10:28AM	Moon – Clear		Sivaloka Day	
Until 11:47PM		Yugadhi		Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Carcare, Switzerland Sun 15 Sutra 346	
Meena Rasi: 19.44	Tithi 1 – 2	Gulika 11:00AM – 12:33PM	Revati Until 2:33AM Thu	Ganesha: Yellow	Sunrise: 6:19AM		Vikarin 5121
		Yama 7:53AM – 9:26AM	Brahma Until 11:04AM	Muruqa: Orange	Sunset: 6:47PM		Moon 3 - Phase 48
		113933468 Rahu 12:33PM – 2:07PM	Balava Until 2:10AM Thu	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 12:55PM	Chaitra•Panguni		Sivaloka Day	
Until 2:33AM Thu							
Then Creative Work - Amrita Yoga							

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Carcare, Switzerland Sun 16 Sutra 347	
Mesha Rasi: 1.37	Tithi 2 – 3	Gulika 9:25AM – 10:59AM	Ashvini Until 5:36AM Fri	Ganesha: Red	Sunrise: 6:17AM		Vikarin 5121
		Yama 6:17AM – 7:51AM	Indra Until 11:55AM	Muruqa: Orange	Sunset: 6:49PM		Moon 3 - Phase 48
		123933468 Rahu 2:07PM – 3:41PM	Taitila Until 4:33AM Fri	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:21PM	Chaitra•Panguni		Sivaloka Day	
Until 5:36AM Fri		Chellappaswami Mahasamadhi					
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 17 Sutra 348	
Mesha Rasi: 13.31	Tithi 3 – 4	Gulika 7:50AM – 9:24AM	Bharani Until 8:19AM Sat	Ganesha: Red	Sunrise: 6:15AM		Vikarin 5121
		Yama 3:41PM – 5:16PM	Vaidhriti* Until 12:41PM	Muruqa: Orange	Sunset: 6:50PM		Moon 3 - Phase 48
		123933468 Rahu 10:58AM – 12:33PM	Vanija Until 6:47AM Sat	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:40PM	Chaitra•Panguni		Sivaloka Day	
Until 8:19AM Sat							
Then Creative Work - Amrita Yoga							

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Carcare, Switzerland Sun 18 Sutra 349	
Mesha Rasi: 25.29	Tithi 4	Gulika 6:13AM – 7:48AM	Bharani Until 8:19AM	Ganesha: Red	Sunrise: 6:13AM		Vikarin 5121
		Yama 2:07PM – 3:42PM	Vishkambha* Until 1:20PM	Muruqa: Orange	Sunset: 6:51PM		Moon 3 - Phase 48
		123933468 Rahu 9:23AM – 10:58AM	Vanija Until 6:47AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:47PM	Chaitra•Panguni		Sivaloka Day	
Until 8:19AM							
Then Creative Work - Amrita Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Carcare, Switzerland Sun 19 Sutra 350	
Vrishabha Rasi: 7.34	Tithi 5	Gulika 3:42PM – 5:17PM	Krittika Until 10:37AM	Ganesha: Red	Sunrise: 6:12AM		Vikarin 5121
		Yama 12:32PM – 2:07PM	Priti Until 1:46PM	Muruqa: Orange	Sunset: 6:52PM		Moon 3 - Phase 48
		123933468 Rahu 5:17PM – 6:52PM	Bava Until 8:44AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:33PM	Chaitra•Panguni		Sivaloka Day	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Carcare, Switzerland Sun 20 Sutra 351	
Vrishabha Rasi: 19.48	Tithi 6	Gulika 2:07PM – 3:43PM	Rohini Until 12:50PM	Ganesha: Blue	Sunrise: 6:10AM		Vikarin 5121
Family Home Evening		Yama 10:56AM – 12:32PM	Ayushman Until 1:50PM	Muruqa: Orange	Sunset: 6:54PM		Moon 3 - Phase 48
		133933468 Rahu 7:45AM – 9:21AM	Kaulava Until 10:16AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 10:49PM	Chaitra•Panguni		Subha Sivaloka Day	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Carcare, Switzerland Sun 21 Sutra 352	
Mithuna Rasi: 2.16	Tithi 7	Gulika 12:31PM – 2:07PM	Mrigashira Until 2:17PM	Ganesha: Blue	Sunrise: 6:08AM		Vikarin 5121
		Yama 9:20AM – 10:56AM	Saubhagya Until 1:26PM	Muruqa: Orange	Sunset: 6:55PM		Moon 3 - Phase 48
		133933468 Rahu 3:43PM – 5:19PM	Gara Until 11:13AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:25PM	Chaitra•Panguni		Subha Sivaloka Day	
Until 2:17PM							
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Carcare, Switzerland Sun 22 Sutra 353	
Mithuna Rasi: 15.04	Tithi 8	Gulika 10:56AM – 12:31PM	Ardra Until 2:53PM	Ganesha: Blue	Sunrise: 6:08AM		Vikarin 5121
		Yama 7:44AM – 9:20AM	Sobhana Until 12:29PM	Muruqa: Orange	Sunset: 6:55PM		Moon 3 - Phase 48
		133933468 Rahu 12:31PM – 2:07PM	Visti Until 11:26AM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:14PM	Chaitra•Panguni		Subha Sivaloka Day	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau		Carcare, Switzerland Sun 23 Sutra 354	
Mithuna Rasi: 28.16	Tithi 9	Gulika 9:19AM – 10:55AM	Punarvasu Until 2:59PM	Ganesha: Yellow	Sunrise: 6:06AM		Vikarin 5121
		Yama 6:06AM – 7:42AM	Athiganda* Until 10:52AM	Muruqa: Orange	Sunset: 6:56PM		Moon 3 - Phase 48
		143933468 Rahu 2:07PM – 3:44PM	Balava Until 10:51AM	Nataraja: Purple			Navami
Creative Work	Amrita Yoga		Navami* Until 10:13PM	Chaitra•Panguni		Sivaloka Day	
		Sri Rama Navami					


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Carcare, Switzerland Sun 24 Sutra 355
	Kataka Rasi: 11.55	Tithi 10	Gulika 7:41AM – 9:18AM	Pushya Until 2:08PM	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 3:44PM – 5:21PM	Sukarma Until 8:37AM	Muruqa: Orange	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 10:54AM – 12:31PM	Taitila Until 9:26AM	Nataraja: Purple		4th Phase
			Yogaswami Mahasamadhi	Dashami Until 8:25PM	Moon – Blue	Sivaloka Day	
					Chaitra•Panguni		

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 25 Sutra 356
	Kataka Rasi: 26.04	Tithi 11 – 12	Gulika 6:03AM – 7:40AM	Ashlesha* Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM	Vikarin 5121
			Yama 2:07PM – 3:44PM	Shula* Until 2:20AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 9:17AM – 10:54AM	Vanija Until 7:15AM	Nataraja: Purple		4th Phase
			Ekadashi Until 5:54PM	Moon – Blue	Sivaloka Day		
					Chaitra•Panguni		
			Then Creative Work - Amrita Yoga				

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 26 Sutra 357
	Simha Rasi: 10.39	Tithi 12 – 13	Gulika 3:45PM – 5:22PM	Magha* Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 6:01AM	Vikarin 5121
			Yama 12:30PM – 2:08PM	Ganda* Until 10:29PM	Muruqa: Orange	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	153933468 Rahu 5:22PM – 7:00PM	Kaulava Until 1:05AM Mon	Nataraja: Purple		4th Phase
			Dvadashi Until 2:47PM	Moon – Red	Subha Sivaloka Day		
					Chaitra•Panguni		
			Then Creative Work - Siddha Yoga	<i>Pradosha Vrata</i>			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 358
	Simha Rasi: 25.37	Tithi 13 – 14	Gulika 2:08PM – 3:45PM	Purvaphalguni Until 7:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	Vikarin 5121
	Family Home Evening		Yama 10:52AM – 12:30PM	Vriddhi Until 6:21PM	Muruqa: Orange	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 Rahu 7:37AM – 9:14AM	Gara Until 9:23PM	Nataraja: Purple		4th Phase
			Trayodashi Until 11:15AM	Moon – Red	Sivaloka Day		
					Chaitra•Panguni		

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Carcare, Switzerland Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:30PM – 2:08PM	Hasta Until 1:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Vikarin 5121
	Kanya Rasi: 10.5	Tithi 14 – 15	Yama 9:13AM – 10:52AM	Dhruva Until 2:01PM	Muruqa: Orange	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164933468 Rahu 3:46PM – 5:24PM	Bava Until 3:33AM Wed	Nataraja: Purple		Purnima
			Chaturdashi* Until 7:27AM	Moon – Green	Devaloka Day		
					Chaitra•Panguni		
			Panguni Uttiram Hanuman Jayanti				

5	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Carcare, Switzerland Sun 29 Sutra 360
	Silver Retreat Star		Gulika 10:51AM – 12:29PM	Chitra Until 10:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	Vikarin 5121
	Kanya Rasi: 26.08	Tithi 16	Yama 7:34AM – 9:12AM	Vyaghata* Until 9:40AM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164934468 Rahu 12:29PM – 2:08PM	Balava Until 1:39PM	Nataraja: Purple		Prathama
			Prathama* Until 11:45PM	Moon – Green	Devaloka Day		
					Chaitra•Panguni		



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland
Sutra 361

Tula Rasi: 11.21 Tithi 17

Gulika 9:11AM – 10:50AM
Yama 5:54AM – 7:33AM
164134468 **Rahu** 2:08PM – 3:47PM

Svati Until 7:39PM
Vajra* Until 1:28AM Fri
Taitila Until 9:57AM
Dvitiya Until 8:12PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 7:05PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga
Until 7:39PM
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland
Sun 1 Sutra 362

Tula Rasi: 26.19 Tithi 18 – 19

Gulika 7:31AM – 9:10AM
Yama 3:47PM – 5:27PM
174134468 **Rahu** 10:50AM – 12:29PM

Vishakha Until 5:27PM
Siddhi Until 9:54PM
Vanija Until 6:36AM
Tritiya Until 5:06PM

Ganesha: Yellow *Sunrise:* 5:52AM
Muruqa: Clear *Sunset:* 7:06PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland
Sun 2 Sutra 363

Vischika Rasi: 10.53 Tithi 19 – 20

Gulika 5:50AM – 7:30AM
Yama 2:08PM – 3:48PM
174134468 **Rahu** 9:09AM – 10:49AM

Anuradha Until 3:43PM
Vyatipata* Until 6:51PM
Kaulava Until 1:36AM Sun
Chaturthi* Until 2:34PM

Ganesha: Yellow *Sunrise:* 5:50AM
Muruqa: Clear *Sunset:* 7:07PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland
Sun 3 Sutra 364

Vischika Rasi: 24.59 Tithi 20 – 21

Gulika 3:48PM – 5:28PM
Yama 12:28PM – 2:08PM
174134468 **Rahu** 5:28PM – 7:08PM

Jyeshtha* Until 2:33PM
Varyani Until 4:23PM
Gara Until 12:12AM Mon
Panchami Until 12:47PM

Ganesha: Yellow *Sunrise:* 5:48AM
Muruqa: Clear *Sunset:* 7:08PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga
Until 2:33PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland
Sun 4 Sutra 1

Dhanus Rasi: 8.37 Tithi 21 – 22

Family Home Evening

Gulika 2:08PM – 3:49PM
Yama 10:48AM – 12:28PM
184134468 **Rahu** 7:27AM – 9:07AM

Mula* Until 2:31PM
Parigha* Until 2:36PM
Visti Until 11:39PM
Shashthi* Until 11:48AM

Ganesha: Blue *Sunrise:* 5:47AM
Muruqa: Clear *Sunset:* 7:09PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga
Until 2:31PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland
Sun 5 Sutra 2

Dhanus Rasi: 21.46 Tithi 22 – 23

Gulika 12:28PM – 2:08PM
Yama 9:06AM – 10:47AM
284134468 **Rahu** 3:49PM – 5:30PM

Purvashadha* Until 3:09PM
Shiva Until 1:30PM
Balava Until 11:57PM
Saptami Until 11:41AM

Ganesha: Yellow *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 7:11PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Ashtami

Creative Work Siddha Yoga
Until 3:09PM
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland
Sun 6 Sutra 3

Makara Rasi: 4.29 Tithi 23 – 24

Gulika 10:46AM – 12:28PM
Yama 7:24AM – 9:05AM
284134468 **Rahu** 12:28PM – 2:09PM

Uttarashadha Until 4:24PM
Siddha Until 1:00PM
Taitila Until 12:59AM Thu
Ashtami* Until 12:22PM

Ganesha: Yellow *Sunrise:* 5:43AM
Muruqa: Clear *Sunset:* 7:12PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Navami

Creative Work Amrita Yoga
Until 4:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 7 Sutra 4
	Makara Rasi: 16.54	Tithi 24 – 25	Gulika 9:04AM – 10:46AM	Shravana Until 6:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:42AM	Sarvari 5122
			Yama 5:42AM – 7:23AM	Sadhya Until 1:02PM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 1
	294134468		Rahu 2:09PM – 3:50PM	Vanija Until 2:38AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Moon – Purple		Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 8 Sutra 5
	Makara Rasi: 29.04	Tithi 25 – 26	Gulika 7:22AM – 9:03AM	Dhanishtha Until 9:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:40AM	Sarvari 5122
			Yama 3:51PM – 5:32PM	Subha Until 1:30PM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 1
	294134468		Rahu 10:45AM – 12:27PM	Bava Until 4:43AM Sat	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dashami Until 3:37PM		Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 9 Sutra 6
	Kumbha Rasi: 11.05	Tithi 26 – 27	Gulika 5:38AM – 7:20AM	Shatabhishak Until 11:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM	Sarvari 5122
			Yama 2:09PM – 3:51PM	Sukla Until 2:12PM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 1
	295134468		Rahu 9:03AM – 10:45AM	Kaulava Until 7:03AM Sun	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Ekadashi* Until 5:51PM		Moon – Purple		Sivaloka Day	
Until 11:46PM				Chaitra+Chaitra			
Then Routine Work - Marana Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Carcare, Switzerland Sun 10 Sutra 7
	Kumbha Rasi: 22.59	Tithi 27	Gulika 3:52PM – 5:34PM	Purvaproshtapada* Until 2:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	Sarvari 5122
			Yama 12:27PM – 2:09PM	Brahma Until 3:04PM	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 1
	215134468		Rahu 5:34PM – 7:17PM	Kaulava Until 7:03AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dvadashi* Until 8:15PM		Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Carcare, Switzerland Sun 11 Sutra 8
	Meena Rasi: 4.52	Tithi 28	Gulika 2:09PM – 3:52PM	Uttaraproshtapada Until 5:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	Sarvari 5122
	Family Home Evening		Yama 10:44AM – 12:26PM	Indra Until 4:00PM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 1
	215134468		Rahu 7:18AM – 9:01AM	Gara Until 9:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Trayodashi* Until 10:42PM		Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Carcare, Switzerland Sun 12 Sutra 9
	Meena Rasi: 16.44	Tithi 29	Gulika 12:26PM – 2:09PM	Revati Until 8:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Sarvari 5122
			Yama 9:00AM – 10:43AM	Vaidhriti* Until 4:53PM	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 1
	215134468		Rahu 3:53PM – 5:36PM	Visti Until 11:56AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chaturdashi* Until 1:06AM Wed		Moon – Clear		Sivaloka Day	
Until 8:35AM Wed				Chaitra+Chaitra			
Then Routine Work - Marana Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Carcare, Switzerland Sun 13 Sutra 10
	Retreat Star		Gulika 10:42AM – 12:26PM	Revati Until 8:35AM	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM	Sarvari 5122
	Meena Rasi: 28.37	Tithi 30	Yama 7:15AM – 8:59AM	Vishkambha* Until 5:43PM	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 1
	215134468		Rahu 12:26PM – 2:10PM	Catuspada Until 2:17PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga	Amavasya* Until 3:23AM Thu		Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Carcare, Switzerland Sun 14 Sutra 11
	Mesha Rasi: 10.34	Tithi 1	Gulika 8:58AM – 10:42AM	Ashvini Until 11:31AM	Ganesha: Red	<i>Sunrise:</i> 5:30AM	Sarvari 5122
			Yama 5:30AM – 7:14AM	Priti Until 6:27PM	Muruqa: Clear	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 1
	225134468		Rahu 2:10PM – 3:54PM	Kintughna Until 4:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga	Prathama* Until 5:29AM Fri		Moon – White		Sivaloka Day	
Until 11:31AM				Vaisaka+Chaitra			
Then Creative Work - Siddha Yoga							

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau				Carcare, Switzerland Sun 15 Sutra 12	
	Mesha Rasi: 22.35	Tithi 2	Gulika 7:13AM – 8:57AM	Bharani Until 2:06PM	Ganesha: Red	Sunrise: 5:28AM	Sarvari 5122	
			Yama 3:54PM – 5:38PM	Ayushman Until 6:59PM	Muruqa: Clear	Sunset: 7:23PM	Moon 4 - Phase 2	
	225134469	Rahu 10:41AM – 12:26PM	Balava Until 6:28PM	Dvitiya Until 7:21AM Sat	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Carcare, Switzerland Sun 16 Sutra 13	
	Wrishabha Rasi: 4.41	Tithi 2 – 3	Gulika 5:27AM – 7:12AM	Krittika Until 4:16PM	Ganesha: Red	Sunrise: 5:27AM	Sarvari 5122	
			Yama 2:10PM – 3:55PM	Saubhagya Until 7:19PM	Muruqa: Clear	Sunset: 7:24PM	Moon 4 - Phase 2	
	225134469	Rahu 8:56AM – 10:41AM	Taitila Until 8:11PM	Dvitiya Until 7:21AM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Carcare, Switzerland Sun 17 Sutra 14	
	Wrishabha Rasi: 16.55	Tithi 3 – 4	Gulika 3:55PM – 5:40PM	Rohini Until 6:26PM	Ganesha: Yellow	Sunrise: 5:25AM	Sarvari 5122	
			Yama 12:25PM – 2:10PM	Sobhana Until 7:24PM	Muruqa: Clear	Sunset: 7:25PM	Moon 4 - Phase 2	
	235134469	Rahu 5:40PM – 7:25PM	Vanija Until 9:32PM	Tritiya Until 8:53AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra				

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Carcare, Switzerland Sun 18 Sutra 15	
	Wrishabha Rasi: 29.19	Tithi 4 – 5	Gulika 2:10PM – 3:56PM	Mrigashira Until 8:00PM	Ganesha: Yellow	Sunrise: 5:24AM	Sarvari 5122	
	Family Home Evening		Yama 10:40AM – 12:25PM	Athiganda* Until 7:07PM	Muruqa: Clear	Sunset: 7:26PM	Moon 4 - Phase 2	
	235134469	Rahu 7:09AM – 8:55AM	Bava Until 10:27PM	Chaturthi* Until 10:02AM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Yellow		Devaloka Day		
Until 8:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Carcare, Switzerland Sun 19 Sutra 16	
	Mithuna Rasi: 11.56	Tithi 5 – 6	Gulika 12:25PM – 2:11PM	Ardra Until 8:55PM	Ganesha: Blue	Sunrise: 5:22AM	Sarvari 5122	
			Yama 8:54AM – 10:39AM	Sukarma Until 6:27PM	Muruqa: Clear	Sunset: 7:28PM	Moon 4 - Phase 2	
	236134469	Rahu 3:56PM – 5:42PM	Kaulava Until 10:49PM	Panchami Until 10:41AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga			Moon – Yellow		Bhuloka Day		
Until 8:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 20 Sutra 17	
	Mithuna Rasi: 24.49	Tithi 6 – 7	Gulika 10:39AM – 12:25PM	Punarvasu Until 9:33PM	Ganesha: Yellow	Sunrise: 5:21AM	Sarvari 5122	
			Yama 7:07AM – 8:53AM	Dhriti Until 5:19PM	Muruqa: Clear	Sunset: 7:29PM	Moon 4 - Phase 2	
	246134469	Rahu 12:25PM – 2:11PM	Gara Until 10:34PM	Shashthi* Until 10:45AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 21 Sutra 18	
	Retreat Star		Gulika 8:52AM – 10:38AM	Pushya Until 9:23PM	Ganesha: Yellow	Sunrise: 5:19AM	Sarvari 5122	
	Kataka Rasi: 8.01	Tithi 7 – 8	Yama 5:19AM – 7:06AM	Shula* Until 3:39PM	Muruqa: Clear	Sunset: 7:30PM	Moon 4 - Phase 2	
	246134469	Rahu 2:11PM – 3:57PM	Visti Until 9:40PM	Saptami Until 10:11AM	Nataraja: Clear		Ashtami	
Creative Work	Amrita Yoga			Moon – Blue		Devaloka Day		
Until 9:23PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 22 Sutra 19	
	Retreat Star		Gulika 7:04AM – 8:50AM	Ashlesha* Until 8:24PM	Ganesha: Yellow	Sunrise: 5:17AM	Sarvari 5122	
	Kataka Rasi: 21.34	Tithi 8 – 9	Yama 3:58PM – 5:45PM	Ganda* Until 1:27PM	Muruqa: Clear	Sunset: 7:32PM	Moon 4 - Phase 2	
	246134469	Rahu 10:37AM – 12:24PM	Balava Until 8:06PM	Ashtami* Until 8:57AM	Nataraja: Clear		Navami	
Routine Work	Marana Yoga			Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 20	
Simha Rasi: 5.32	Tithi 9 – 10	Gulika 5:15AM – 7:02AM	Magha* Until 7:06PM	Ganesha: White	<i>Sunrise:</i> 5:15AM	Sarvari 5122	
		Yama 2:12PM – 3:59PM	Vriddhi Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 3	
	256134469	Rahu 8:50AM – 10:37AM	Gara Until 4:36AM Sun	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 7:04AM	Moon – Red		Bhuloka Day	
Until 7:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 21	
Simha Rasi: 19.53	Tithi 11	Gulika 4:00PM – 5:47PM	Purvaphalguni Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 5:14AM	Sarvari 5122	
		Yama 12:24PM – 2:12PM	Dhruva Until 7:34AM	Muruqa: Clear	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 3	
	256134469	Rahu 5:47PM – 7:35PM	Vanija Until 3:11PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 1:38AM Mon	Moon – Red		Bhuloka Day	
Until 5:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 22	
Kanya Rasi: 4.34	Tithi 12	Gulika 2:12PM – 4:00PM	Uttaraphalguni Until 2:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:12AM	Sarvari 5122	
Family Home Evening		Yama 10:36AM – 12:24PM	Harshana Until 12:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 3	
	256234469	Rahu 7:00AM – 8:48AM	Bava Until 12:02PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:20PM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 23	
Kanya Rasi: 19.31	Tithi 13	Gulika 12:24PM – 2:12PM	Hasta Until 12:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
		Yama 8:48AM – 10:36AM	Vajra* Until 8:09PM	Muruqa: Clear	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 3	
	267234469	Rahu 4:01PM – 5:49PM	Kaulava Until 8:36AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:48PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			
				<i>Pradosha Vrata</i>			

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sun 27 Sutra 24	
Tula Rasi: 4.34	Tithi 14 – 15	Gulika 10:35AM – 12:24PM	Chitra Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Sarvari 5122	
		Yama 6:58AM – 8:47AM	Siddhi Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 3	
	267234469	Rahu 12:24PM – 2:13PM	Visti Until 1:29AM Thu	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:14PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Carcare, Switzerland Sun 27 Sutra 24	
Tula Rasi: 19.37	Tithi 15 – 16	Gulika 8:46AM – 10:35AM	Svati Until 6:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:08AM	Sarvari 5122	
		Yama 5:08AM – 6:57AM	Vyatipata* Until 12:09PM	Muruqa: Clear	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 3	
	267234469	Rahu 2:13PM – 4:02PM	Balava Until 10:07PM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 11:45AM	Moon – Green		Devaloka Day	
Until 6:28AM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Carcare, Switzerland Sun 26 Sutra 26	
Vrischika Rasi: 4.28	Tithi 16 – 17	Gulika 6:56AM – 8:46AM	Anuradha Until 2:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 4:02PM – 5:51PM	Variyan Until 8:25AM	Muruqa: Clear	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 3	
	277234469	Rahu 10:35AM – 12:24PM	Taitila Until 7:07PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:33AM	Moon – Orange		Bhuloka Day	
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda