



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Cape Town, South Africa
Sutra 7

Tula Rasi: 29.02 Tithi 17 – 18

Gulika 3:32PM – 4:55PM
Yama 12:46PM – 2:09PM
274483468 **Rahu** 4:55PM – 6:18PM

Vishakha Until 1:28PM
Vyatipata* Until 11:59PM
Vanija Until 8:23PM
Dvitiya Until 9:01AM

Ganesha: Blue *Sunrise:* 7:14AM
Muruqa: Yellow *Sunset:* 6:18PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Cape Town, South Africa
Sun 1 Sutra 8

Vrischika Rasi: 12.38 Tithi 18 – 19

Gulika 2:08PM – 3:31PM
Yama 11:23AM – 12:45PM
274483468 **Rahu** 8:37AM – 10:00AM

Anuradha Until 1:13PM
Variyan Until 10:23PM
Bava Until 7:39PM
Tritiya Until 7:54AM

Ganesha: Blue *Sunrise:* 7:14AM
Muruqa: Yellow *Sunset:* 6:17PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa
Sun 2 Sutra 9

Vrischika Rasi: 25.49 Tithi 19 – 20

Gulika 12:45PM – 2:08PM
Yama 10:00AM – 11:23AM
274483468 **Rahu** 3:30PM – 4:53PM

Jyeshtha* Until 1:35PM
Parigha* Until 9:27PM
Kaulava Until 7:43PM
Chaturthi* Until 7:33AM

Ganesha: Blue *Sunrise:* 7:15AM
Muruqa: Yellow *Sunset:* 6:16PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 1:35PM
Then Creative Work - Amrita Yoga

Devaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa
Sun 3 Sutra 10

Dhanus Rasi: 8.35 Tithi 20 – 21

Gulika 11:23AM – 12:45PM
Yama 8:38AM – 10:00AM
284483468 **Rahu** 12:45PM – 2:07PM

Mula* Until 3:04PM
Shiva Until 9:09PM
Gara Until 8:36PM
Panchami Until 8:02AM

Ganesha: Yellow *Sunrise:* 7:16AM
Muruqa: Yellow *Sunset:* 6:14PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 3:04PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa
Sun 4 Sutra 11

Dhanus Rasi: 21 Tithi 21 – 22

Gulika 10:01AM – 11:23AM
Yama 7:17AM – 8:39AM
284483469 **Rahu** 2:07PM – 3:29PM

Purvashadha* Until 5:08PM
Siddha Until 9:23PM
Visti Until 10:12PM
Shashthi* Until 9:18AM

Ganesha: Yellow *Sunrise:* 7:17AM
Muruqa: Yellow *Sunset:* 6:13PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 5:08PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa
Sun 5 Sutra 12

Makara Rasi: 3.08 Tithi 22 – 23

Gulika 8:39AM – 10:01AM
Yama 3:29PM – 4:50PM
284583469 **Rahu** 11:23AM – 12:45PM

Uttarashadha Until 7:35PM
Sadhya Until 10:04PM
Balava Until 12:22AM Sat
Saptami Until 11:13AM

Ganesha: Red *Sunrise:* 7:17AM
Muruqa: Yellow *Sunset:* 6:12PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa
Sun 6 Sutra 13

Makara Rasi: 15.04 Tithi 23 – 24

Gulika 7:18AM – 8:40AM
Yama 2:06PM – 3:28PM
294583469 **Rahu** 10:01AM – 11:23AM

Shravana Until 10:44PM
Subha Until 11:01PM
Taitila Until 2:51AM Sun
Ashtami* Until 1:34PM

Ganesha: Green *Sunrise:* 7:18AM
Muruqa: Yellow *Sunset:* 6:11PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Cape Town, South Africa Sun 7 Sutra 14	
Makara Rasi: 26.54	Tithi 24 – 25	Gulika 3:27PM – 4:49PM	Dhanishtha Until 1:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 7:19AM		Vikarin 5121
		Yama 12:44PM – 2:06PM	Sukla Until 12:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:10PM		Moon 4 - Phase 3
	294583469	Rahu 4:49PM – 6:10PM	Vanija Until 5:24AM Mon	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Navami* Until 4:06PM	Moon – Purple		Bhuloka Day	
Until 1:48AM Mon				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							
2		Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti* Karana Dashamyam Titau		Cape Town, South Africa Sun 8 Sutra 15	
Kumbha Rasi: 8.44	Tithi 25	Gulika 2:06PM – 3:27PM	Shatabhishak Until 4:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 7:19AM		Vikarin 5121
Family Home Evening		Yama 11:23AM – 12:44PM	Brahma Until 12:57AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:09PM		Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 8:41AM – 10:02AM	Visti Until 6:36PM	Nataraja: Clear			2nd Phase
Until 4:34AM Tue			Dashami Until 6:36PM	Moon – Purple		Bhuloka Day	
Then Routine Work - Marana Yoga				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Cape Town, South Africa Sun 9 Sutra 16	
Kumbha Rasi: 20.37	Tithi 26	Gulika 12:44PM – 2:05PM	Purvaproshtapada* Until 7:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:20AM		Vikarin 5121
		Yama 10:02AM – 11:23AM	Indra Until 1:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:08PM		Moon 4 - Phase 3
	214583469	Rahu 3:26PM – 4:47PM	Bava Until 7:46AM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 8:49PM	Moon – Clear		Bhuloka Day	
Until 7:21AM Wed				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							
4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili* Yoga Kaulava/Taitilla Karana Dvadashyam Titau		Cape Town, South Africa Sun 10 Sutra 17	
Meena Rasi: 2.38	Tithi 27	Gulika 11:23AM – 12:44PM	Purvaproshtapada* Until 7:21AM	Ganesha: Purple	<i>Sunrise:</i> 7:21AM		Vikarin 5121
		Yama 8:42AM – 10:03AM	Vaidhrili* Until 1:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:07PM		Moon 4 - Phase 3
	214583469	Rahu 12:44PM – 2:05PM	Kaulava Until 9:47AM	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 10:36PM	Moon – Clear		Bhuloka Day	
Until 7:21AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							
5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Cape Town, South Africa Sun 11 Sutra 18	
Meena Rasi: 14.5	Tithi 28	Gulika 10:03AM – 11:23AM	Uttaraproshtapada Until 9:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:22AM		Vikarin 5121
		Yama 7:22AM – 8:42AM	Vishkambha* Until 1:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:06PM		Moon 4 - Phase 3
	215583469	Rahu 2:04PM – 3:25PM	Gara Until 11:19AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:52PM	Moon – Clear		Bhuloka Day	
Until 11:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							
6		Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Cape Town, South Africa Sun 12 Sutra 19	
Meena Rasi: 27.17	Tithi 29	Gulika 8:43AM – 10:03AM	Revati Until 11:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:22AM		Vikarin 5121
		Yama 3:25PM – 4:45PM	Priti Until 1:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:05PM		Moon 4 - Phase 3
	215583469	Rahu 11:23AM – 12:44PM	Visti Until 12:19PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:36AM Sat	Moon – Clear		Bhuloka Day	
Until 11:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							
Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Cape Town, South Africa Sun 13 Sutra 20	
Mesha Rasi: 9.57	Tithi 30	Gulika 7:23AM – 8:43AM	Ashvini Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 7:23AM		Vikarin 5121
		Yama 2:04PM – 3:24PM	Ayushman Until 12:34AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:04PM		Moon 4 - Phase 3
	225583469	Rahu 10:03AM – 11:24AM	Catuspada Until 12:47PM	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 12:47AM Sun	Moon – White		Bhuloka Day	
Until 12:55PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							
Retreat Star		Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Cape Town, South Africa Sun 14 Sutra 21	
Mesha Rasi: 22.53	Tithi 1	Gulika 3:23PM – 4:43PM	Bharani Until 12:55PM	Ganesha: Purple	<i>Sunrise:</i> 7:24AM		Vikarin 5121
		Yama 12:44PM – 2:04PM	Saubhagya Until 11:18PM	Muruqa: Yellow	<i>Sunset:</i> 6:03PM		Moon 4 - Phase 3
	225583469	Rahu 4:43PM – 6:03PM	Kintughna Until 12:43PM	Nataraja: Clear			Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 12:30AM Mon	Moon – White		Bhuloka Day	
Until 12:55PM				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Cape Town, South Africa Sun 15 Sutra 22
1		Gulika 2:03PM – 3:23PM	Krittika Until 12:58PM	Ganesha: Purple <i>Sunrise:</i> 7:25AM Vikarin 5121
Vrishabha Rasi: 6.02	Tithi 2	Yama 11:24AM – 12:44PM	Sobhana Until 9:43PM	Muruqa: Yellow <i>Sunset:</i> 6:02PM Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 8:44AM – 10:04AM	Balava Until 12:13PM	Nataraja: Clear 3rd Phase
Routine Work Marana Yoga			Dvitiya Until 11:49PM	Bhuloka Day
Until 12:58PM				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga				

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Cape Town, South Africa Sun 16 Sutra 23
2		Gulika 12:43PM – 2:03PM	Rohini Until 12:56PM	Ganesha: Light Blue <i>Sunrise:</i> 7:25AM Vikarin 5121
Vrishabha Rasi: 19.25	Tithi 3	Yama 10:04AM – 11:24AM	Athiganda* Until 7:50PM	Muruqa: Yellow <i>Sunset:</i> 6:02PM Moon 4 - Phase 4
	235583469	Rahu 3:23PM – 4:42PM	Taitila Until 11:21AM	Nataraja: Clear 3rd Phase
Creative Work Amrita Yoga			Tritiya Until 10:46PM	Bhuloka Day
Until 12:56PM		Akshaya Tritiya		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga				

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau		Cape Town, South Africa Sun 17 Sutra 24
3		Gulika 11:24AM – 12:43PM	Mrigashira Until 12:27PM	Ganesha: Light Blue <i>Sunrise:</i> 7:26AM Vikarin 5121
Mithuna Rasi: 2.59	Tithi 4	Yama 8:45AM – 10:05AM	Sukarma Until 5:44PM	Muruqa: Yellow <i>Sunset:</i> 6:01PM Moon 4 - Phase 4
	235583469	Rahu 12:43PM – 2:03PM	Vanija Until 10:10AM	Nataraja: Clear 3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 9:27PM	Bhuloka Day
				Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Cape Town, South Africa Sun 18 Sutra 25
4		Gulika 10:05AM – 11:24AM	Ardra Until 11:35AM	Ganesha: Light Blue <i>Sunrise:</i> 7:27AM Vikarin 5121
Mithuna Rasi: 16.41	Tithi 5	Yama 7:27AM – 8:46AM	Dhriti Until 3:28PM	Muruqa: Yellow <i>Sunset:</i> 6:00PM Moon 4 - Phase 4
	235583469	Rahu 2:02PM – 3:22PM	Bava Until 8:43AM	Nataraja: Clear 3rd Phase
Routine Work Marana Yoga			Panchami Until 7:54PM	Bhuloka Day
Until 11:35AM				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga				

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Cape Town, South Africa Sun 19 Sutra 26
5		Gulika 8:47AM – 10:05AM	Punarvasu Until 10:48AM	Ganesha: Orange <i>Sunrise:</i> 7:28AM Vikarin 5121
Kataka Rasi: 0.32	Tithi 6	Yama 3:21PM – 4:40PM	Shula* Until 12:59PM	Muruqa: Yellow <i>Sunset:</i> 5:59PM Moon 4 - Phase 4
	245583469	Rahu 11:24AM – 12:43PM	Kaulava Until 7:04AM	Nataraja: Clear 3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 6:09PM	Devaloka Day
Until 10:48AM				
Then Routine Work - Marana Yoga				

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Cape Town, South Africa Sun 20 Sutra 27
6		Gulika 7:28AM – 8:47AM	Pushya Until 9:40AM	Ganesha: Orange <i>Sunrise:</i> 7:28AM Vikarin 5121
Kataka Rasi: 14.31	Tithi 7 – 8	Yama 2:02PM – 3:21PM	Ganda* Until 10:22AM	Muruqa: Yellow <i>Sunset:</i> 5:58PM Moon 4 - Phase 4
	245583469	Rahu 10:06AM – 11:25AM	Visti Until 3:11AM Sun	Nataraja: Clear 3rd Phase
Creative Work Siddha Yoga			Saptami Until 4:12PM	Devaloka Day
Until 9:40AM				
Then Routine Work - Marana Yoga				

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cape Town, South Africa Sun 21 Sutra 28
Retreat Star		Gulika 3:20PM – 4:39PM	Ashlesha* Until 8:14AM	Ganesha: Clear <i>Sunrise:</i> 7:29AM Vikarin 5121
Kataka Rasi: 28.35	Tithi 8 – 9	Yama 12:43PM – 2:02PM	Vridhhi Until 7:38AM	Muruqa: Yellow <i>Sunset:</i> 5:57PM Moon 4 - Phase 4
	246583469	Rahu 4:39PM – 5:57PM	Balava Until 1:00AM Mon	Nataraja: Clear Ashtami
Creative Work Siddha Yoga			Ashtami* Until 2:05PM	Devaloka Day
Until 8:14AM		Mother's Day		
Then Routine Work - Marana Yoga				


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Cape Town, South Africa Sun 22 Sutra 29
Retreat Star		Gulika 2:02PM – 3:20PM	Magha* Until 6:55AM	Ganesha: White <i>Sunrise:</i> 7:30AM Vikarin 5121
Simha Rasi: 12.46	Tithi 9 – 10	Yama 11:25AM – 12:43PM	Vyaghata* Until 1:46AM Tue	Muruqa: Yellow <i>Sunset:</i> 5:57PM Moon 4 - Phase 4
	256583469	Rahu 8:48AM – 10:07AM	Taitila Until 10:41PM	Nataraja: Clear Navami
Family Home Evening			Navami* Until 11:50AM	Bhuloka Day
Routine Work Marana Yoga				Devaloka Time: 3:PM to 6:PM
Until 6:55AM				
Then Creative Work - Siddha Yoga				


1		Tuesday, May 14, 2019			Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Cape Town, South Africa Sun 23 Sutra 30	
Simha Rasi: 27.02	Tithi 10 – 11	Gulika 12:43PM – 2:01PM	Uttaraphalguni Until 3:37AM Wed	Ganesha: White	<i>Sunrise:</i> 7:31AM			Vikarin 5121	
		Yama 10:07AM – 11:25AM	Harshana Until 10:45PM	Muruqa: Yellow	<i>Sunset:</i> 5:56PM			Moon 4 - Phase 5	
		266583469 Rahu 3:20PM – 4:38PM	Vanija Until 8:19PM	Nataraja: Clear				4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:29AM	Moon – Red			Bhuloka Day		
Until 3:37AM Wed				Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

2		Wednesday, May 15, 2019			Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau			Cape Town, South Africa Sun 24 Sutra 31	
Kanya Rasi: 11.19	Tithi 11 – 12	Gulika 11:25AM – 12:43PM	Hasta Until 2:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:31AM			Vikarin 5121	
		Yama 8:49AM – 10:07AM	Vajra* Until 7:44PM	Muruqa: Yellow	<i>Sunset:</i> 5:55PM			Moon 4 - Phase 5	
		266583469 Rahu 12:43PM – 2:01PM	Balava Until 4:45AM Thu	Nataraja: Clear				4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 7:06AM	Moon – Green			Devaloka Day		
Until 2:11AM Thu				Vaisaka-Vaikasi					
Then Creative Work - Siddha Yoga									

3		Thursday, May 16, 2019			Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cape Town, South Africa Sun 25 Sutra 32	
Kanya Rasi: 25.35	Tithi 13	Gulika 10:08AM – 11:25AM	Chitra Until 12:45AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:32AM			Vikarin 5121	
		Yama 7:32AM – 8:50AM	Siddhi Until 4:49PM	Muruqa: Yellow	<i>Sunset:</i> 5:55PM			Moon 4 - Phase 5	
		266583469 Rahu 2:01PM – 3:19PM	Kaulava Until 3:39PM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:34AM Fri	Moon – Green			Devaloka Day		
				Vaisaka-Vaikasi					
				<i>Pradosha Vrata</i>					

4		Friday, May 17, 2019			Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Cape Town, South Africa Sun 26 Sutra 33	
Tula Rasi: 9.44	Tithi 14	Gulika 8:50AM – 10:08AM	Svati Until 11:26PM	Ganesha: Yellow	<i>Sunrise:</i> 7:33AM			Vikarin 5121	
		Yama 3:19PM – 4:36PM	Vyatipata* Until 2:05PM	Muruqa: Yellow	<i>Sunset:</i> 5:54PM			Moon 4 - Phase 5	
		266583469 Rahu 11:26AM – 12:43PM	Gara Until 1:35PM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:39AM Sat	Moon – Green			Devaloka Day		
				Vaisaka-Vaikasi					

		Saturday, May 18, 2019			Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Cape Town, South Africa Sun 27 Sutra 34	
Copper Retreat Star		Gulika 7:33AM – 8:51AM	Vishakha Until 10:48PM	Ganesha: Blue	<i>Sunrise:</i> 7:33AM			Vikarin 5121	
Tula Rasi: 23.42	Tithi 15	Yama 2:01PM – 3:18PM	Variyan Until 11:37AM	Muruqa: Yellow	<i>Sunset:</i> 5:53PM			Moon 4 - Phase 5	
		276583469 Rahu 10:08AM – 11:26AM	Visti Until 11:52AM	Nataraja: Clear				Purnima	
Creative Work	Siddha Yoga		Purnima* Until 11:09PM	Moon – Orange			Bhuloka Day		
				Vaisaka-Vaikasi			Devaloka Time: 3:PM to 6:PM		

		Sunday, May 19, 2019			Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Cape Town, South Africa Sun 28 Sutra 35	
Silver Retreat Star		Gulika 3:18PM – 4:35PM	Anuradha Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 7:34AM			Vikarin 5121	
Vrischika Rasi: 7.23	Tithi 16	Yama 12:43PM – 2:01PM	Parigha* Until 9:32AM	Muruqa: Yellow	<i>Sunset:</i> 5:53PM			Moon 4 - Phase 5	
		277583469 Rahu 4:35PM – 5:53PM	Balava Until 10:36AM	Nataraja: Clear				Prathama	
Routine Work	Marana Yoga		Prathama* Until 10:10PM	Moon – Orange			Devaloka Day		
				Vaisaka-Vaikasi					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.46 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:01PM – 3:18PM
Yama 11:26AM – 12:43PM
Rahu 8:52AM – 10:09AM
Jyeshtha* Until 10:47PM
Shiva Until 7:56AM
Taitila Until 9:56AM
Dvitiya Until 9:49PM

Cape Town, South Africa
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 7:35AM
Muruqa: Yellow *Sunset:* 5:52PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.47 Tithi 18
Creative Work Amrita Yoga
Until 11:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 12:44PM – 2:01PM
Yama 10:10AM – 11:27AM
Rahu 3:18PM – 4:35PM
Mula* Until 11:59PM
Siddha Until 6:50AM
Vanija Until 9:55AM
Tritiya Until 10:10PM

Cape Town, South Africa
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 7:35AM
Muruqa: Yellow *Sunset:* 5:52PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.28 Tithi 19
Creative Work Amrita Yoga
Until 1:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 11:27AM – 12:44PM
Yama 8:53AM – 10:10AM
Rahu 12:44PM – 2:00PM
Purvashadha* Until 1:43AM Thu
Sadhya Until 6:18AM
Bava Until 10:37AM
Chaturthi* Until 11:12PM

Cape Town, South Africa
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 7:36AM
Muruqa: Yellow *Sunset:* 5:51PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 28.5 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 10:10AM – 11:27AM
Yama 7:37AM – 8:54AM
Rahu 2:00PM – 3:17PM
Uttarashadha Until 3:52AM Fri
Subha Until 6:19AM
Kaulava Until 11:59AM
Panchami Until 12:51AM Fri

Cape Town, South Africa
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 7:37AM
Muruqa: Yellow *Sunset:* 5:50PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 10.58 Tithi 21
Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 8:54AM – 10:11AM
Yama 3:17PM – 4:33PM
Rahu 11:27AM – 12:44PM
Shravana Until 6:47AM Sat
Sukla Until 6:45AM
Gara Until 1:54PM
Shashthi* Until 2:59AM Sat

Cape Town, South Africa
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 7:38AM
Muruqa: Yellow *Sunset:* 5:50PM
Nataraja: Clear
Moon – Purple
Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 22.56 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 7:38AM – 8:55AM
Yama 2:00PM – 3:17PM
Rahu 10:11AM – 11:27AM
Shravana Until 6:47AM
Brahma Until 7:31AM
Visti* Until 4:11PM
Saptami Until 5:22AM Sun

Cape Town, South Africa
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 7:38AM
Muruqa: Yellow *Sunset:* 5:50PM
Nataraja: Clear
Moon – Purple
Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 4.49 Tithi 23
Routine Work Marana Yoga
Until 9:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Indra/Vaidhriti* Yoga Balava Karana Ashtamyam Titau
Gulika 3:17PM – 4:33PM
Yama 12:44PM – 2:00PM
Rahu 4:33PM – 5:49PM
Dhanishtha Until 9:44AM
Indra Until 8:29AM
Balava Until 6:37PM
Ashtami* Until 7:47AM Mon

Cape Town, South Africa
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 7:39AM
Muruqa: Yellow *Sunset:* 5:49PM
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 16.4 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 12:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shalabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:00PM – 3:16PM
Yama 11:28AM – 12:44PM
Rahu 8:56AM – 10:12AM
Shatabhishak Until 12:32PM
Vaidhriti* Until 9:25AM
Taitila Until 8:57PM
Ashtami* Until 7:47AM

Cape Town, South Africa
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Blue *Sunrise:* 7:39AM
Muruqa: Yellow *Sunset:* 5:49PM
Nataraja: Clear
Moon – Purple
Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Cape Town, South Africa Sun 9 Sutra 44
Kumbha Rasi: 28.36	Tithi 24 – 25	Gulika 12:44PM – 2:00PM	Purvaproshtapada* Until 3:26PM	Ganesha: Purple	<i>Sunrise:</i> 7:40AM	Vikarin 5121	
		Yama 10:12AM – 11:28AM	Vishkamba* Until 10:12AM	Muruqa: Yellow	<i>Sunset:</i> 5:48PM	Moon 5 - Phase 7	
		318683469 Rahu 3:16PM – 4:32PM	Vanija Until 11:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 10:00AM	Moon – Clear		Sivaloka Day	
Until 3:26PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Cape Town, South Africa Sun 10 Sutra 45
Meena Rasi: 10.4	Tithi 25 – 26	Gulika 11:28AM – 12:44PM	Uttaraproshtapada Until 5:45PM	Ganesha: Purple	<i>Sunrise:</i> 7:41AM	Vikarin 5121	
		Yama 8:57AM – 10:13AM	Priti Until 10:43AM	Muruqa: Yellow	<i>Sunset:</i> 5:48PM	Moon 5 - Phase 7	
		318683469 Rahu 12:44PM – 2:00PM	Bava Until 12:34AM Thu	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:50AM	Moon – Clear		Sivaloka Day	
Until 5:45PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Cape Town, South Africa Sun 11 Sutra 46
Meena Rasi: 22.57	Tithi 26 – 27	Gulika 10:13AM – 11:29AM	Revati Until 7:22PM	Ganesha: Purple	<i>Sunrise:</i> 7:41AM	Vikarin 5121	
		Yama 7:41AM – 8:57AM	Ayushman Until 10:47AM	Muruqa: Yellow	<i>Sunset:</i> 5:48PM	Moon 5 - Phase 7	
		318683469 Rahu 2:00PM – 3:16PM	Kaulava Until 1:33AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 1:07PM	Moon – Clear		Sivaloka Day	
Until 7:22PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Cape Town, South Africa Sun 12 Sutra 47
Mesha Rasi: 5.29	Tithi 27 – 28	Gulika 8:58AM – 10:13AM	Ashvini Until 8:42PM	Ganesha: Clear	<i>Sunrise:</i> 7:42AM	Vikarin 5121	
		Yama 3:16PM – 4:32PM	Saubhagya Until 10:23AM	Muruqa: Yellow	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 7	
		328683469 Rahu 11:29AM – 12:45PM	Gara Until 1:54AM Sat	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:47PM	Moon – White		Devaloka Day	
Until 8:42PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Cape Town, South Africa Sun 13 Sutra 48
Mesha Rasi: 18.2	Tithi 28 – 29	Gulika 7:43AM – 8:58AM	Bharani Until 9:14PM	Ganesha: White	<i>Sunrise:</i> 7:43AM	Vikarin 5121	
		Yama 2:00PM – 3:16PM	Sobhana Until 9:30AM	Muruqa: Yellow	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 7	
		329683469 Rahu 10:14AM – 11:29AM	Visti Until 1:37AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:49PM	Moon – White		Bhuloka Day	
Until 9:14PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Cape Town, South Africa Sun 14 Sutra 49
Retreat Star		Gulika 3:16PM – 4:31PM	Krittika Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 7:43AM	Vikarin 5121	
Vrishabha Rasi: 1.3	Tithi 29 – 30	Yama 12:45PM – 2:00PM	Athiganda* Until 8:05AM	Muruqa: Yellow	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 7	
		329683469 Rahu 4:31PM – 5:47PM	Catuspada Until 12:44AM Mon	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:14PM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Cape Town, South Africa Sun 15 Sutra 50
Vrishabha Rasi: 14.58	Tithi 30 – 1	Gulika 2:00PM – 3:16PM	Rohini Until 8:37PM	Ganesha: Green	<i>Sunrise:</i> 7:44AM	Vikarin 5121	
Family Home Evening		Yama 11:30AM – 12:45PM	Sukarma Until 6:14AM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 7	
		339683469 Rahu 8:59AM – 10:14AM	Kintughna Until 11:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 12:05PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Cape Town, South Africa Sun 16 Sutra 51
Vrishabha Rasi: 28.44	Tithi 1 – 2	Gulika 12:45PM – 2:01PM	Mrigashira Until 7:39PM	Ganesha: Green <i>Sunrise:</i> 7:44AM	Vikarin 5121
		Yama 10:15AM – 11:30AM	Shula* Until 1:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 5 - Phase 8
		339683461 Rahu 3:16PM – 4:31PM	Balava Until 9:35PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 10:30AM	Moon – Yellow	Bhuloka Day
Until 7:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Cape Town, South Africa Sun 17 Sutra 52
Mithuna Rasi: 12.43	Tithi 2 – 3	Gulika 11:30AM – 12:45PM	Ardra Until 6:14PM	Ganesha: Green <i>Sunrise:</i> 7:45AM	Vikarin 5121
		Yama 9:00AM – 10:15AM	Ganda* Until 10:42PM	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 5 - Phase 8
		339683461 Rahu 12:45PM – 2:01PM	Taitila Until 7:31PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:34AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Visiti* Karana Tritiya/Chaturthyam Titau	Cape Town, South Africa Sun 18 Sutra 53
Mithuna Rasi: 26.51	Tithi 3 – 4	Gulika 10:15AM – 11:31AM	Punarvasu Until 4:55PM	Ganesha: White <i>Sunrise:</i> 7:45AM	Vikarin 5121
		Yama 7:45AM – 9:00AM	Vridhi Until 7:48PM	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 5 - Phase 8
		349683461 Rahu 2:01PM – 3:16PM	Visti Until 4:04AM Fri	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:23AM	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Cape Town, South Africa Sun 19 Sutra 54
Kataka Rasi: 11.05	Tithi 5	Gulika 9:01AM – 10:16AM	Pushya Until 3:21PM	Ganesha: White <i>Sunrise:</i> 7:46AM	Vikarin 5121
		Yama 3:16PM – 4:31PM	Dhruva Until 4:49PM	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 5 - Phase 8
		349683461 Rahu 11:31AM – 12:46PM	Bava Until 2:54PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:42AM Sat	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Cape Town, South Africa Sun 20 Sutra 55
Kataka Rasi: 25.22	Tithi 6	Gulika 7:46AM – 9:01AM	Ashlesha* Until 1:38PM	Ganesha: White <i>Sunrise:</i> 7:46AM	Vikarin 5121
		Yama 2:01PM – 3:16PM	Vyaghata* Until 1:50PM	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 5 - Phase 8
		349683461 Rahu 10:16AM – 11:31AM	Kaulava Until 12:32PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 11:20PM	Moon – Blue	Bhuloka Day
Until 1:38PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Cape Town, South Africa Sun 21 Sutra 56
Simha Rasi: 9.37	Tithi 7	Gulika 3:16PM – 4:31PM	Magha* Until 12:14PM	Ganesha: Yellow <i>Sunrise:</i> 7:47AM	Vikarin 5121
		Yama 12:46PM – 2:01PM	Harshana Until 10:53AM	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 5 - Phase 8
		351683461 Rahu 4:31PM – 5:46PM	Gara Until 10:12AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Saptami Until 9:03PM	Moon – Red	Devaloka Day
Until 12:14PM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Cape Town, South Africa Sun 22 Sutra 57
Simha Rasi: 23.49	Tithi 8	Gulika 2:01PM – 3:16PM	Purvaphalguni Until 10:48AM	Ganesha: Yellow <i>Sunrise:</i> 7:47AM	Vikarin 5121
Family Home Evening		Yama 11:32AM – 12:46PM	Vajra* Until 8:00AM	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 5 - Phase 8
		351683461 Rahu 9:02AM – 10:17AM	Visti Until 7:58AM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Cape Town, South Africa Sun 23 Sutra 58
Kanya Rasi: 7.56	Tithi 9 – 10	Gulika 12:47PM – 2:01PM	Uttaraphalguni Until 9:21AM	Ganesha: Yellow <i>Sunrise:</i> 7:48AM	Vikarin 5121
		Yama 10:17AM – 11:32AM	Vyatipata* Until 2:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 5:46PM	Moon 5 - Phase 8
		351683461 Rahu 3:16PM – 4:31PM	Taitila Until 3:53AM Wed	Nataraja: Yellow	Navami
Creative Work	Amrita Yoga		Navami* Until 4:49PM	Moon – Red	Devaloka Day
Until 9:21AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 59	
	Kanya Rasi: 21.58	Tithi 10 – 11	Gulika 11:32AM – 12:47PM	Hasta Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 7:48AM	Vikarin 5121	
		361683461	Yama 9:03AM – 10:17AM	Variyan Until 12:07AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9	
			Rahu 12:47PM – 2:01PM	Varija Until 2:08AM Thu	Nataraja: Yellow		4th Phase	
	Routine Work	Marana Yoga		Dashami Until 2:58PM	Moon – Green		Bhuloka Day	
	Until 8:21AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga							

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 60	
	Tula Rasi: 5.5	Tithi 11 – 12	Gulika 10:18AM – 11:32AM	Chitra Until 7:25AM	Ganesha: White	<i>Sunrise:</i> 7:49AM	Vikarin 5121	
		361683461	Yama 7:49AM – 9:03AM	Parigha* Until 9:51PM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9	
			Rahu 2:02PM – 3:16PM	Bava Until 12:39AM Fri	Nataraja: Yellow		4th Phase	
	Creative Work	Siddha Yoga		Ekadashi Until 1:20PM	Moon – Green		Bhuloka Day	
	Until 7:25AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Amrita Yoga							

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 61	
	Tula Rasi: 19.33	Tithi 12 – 13	Gulika 9:03AM – 10:18AM	Svati Until 6:37AM	Ganesha: White	<i>Sunrise:</i> 7:49AM	Vikarin 5121	
		361693461	Yama 3:16PM – 4:31PM	Shiva Until 7:52PM	Muruqa: Blue	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9	
			Rahu 11:33AM – 12:47PM	Kaulava Until 11:29PM	Nataraja: Yellow		4th Phase	
	Creative Work	Siddha Yoga		Dvadashi Until 12:00PM	Moon – Green		Devaloka Day	
			Vaikasi Visakam		Jyeshtha-Vaikasi			
				<i>Pradosha Vrata</i>				

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 62	
	Vrischika Rasi: 3.04	Tithi 13 – 14	Gulika 7:49AM – 9:04AM	Vishakha Until 6:27AM	Ganesha: White	<i>Sunrise:</i> 7:49AM	Vikarin 5121	
		371793461	Yama 2:02PM – 3:17PM	Siddha Until 6:09PM	Muruqa: Blue	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9	
			Rahu 10:18AM – 11:33AM	Gara Until 10:43PM	Nataraja: Yellow		4th Phase	
	Creative Work	Siddha Yoga		Trayodashi Until 11:01AM	Moon – Orange		Subha Sivaloka Day	
					Jyeshtha-Ani			

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau				Cape Town, South Africa Sutra 63	
	Copper Retreat Star		Gulika 3:17PM – 4:31PM	Anuradha Until 6:33AM	Ganesha: White	<i>Sunrise:</i> 7:50AM	Vikarin 5121	
	Vrischika Rasi: 16.21	Tithi 14 – 15	Yama 12:48PM – 2:02PM	Sadhya Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9	
		371793461	Rahu 4:31PM – 5:46PM	Visti Until 10:25PM	Nataraja: Yellow		Purnima	
	Routine Work	Marana Yoga		Chaturdashi* Until 10:29AM	Moon – Orange		Subha Sivaloka Day	
			Father's Day		Jyeshtha-Ani			

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cape Town, South Africa Sutra 64	
	Vrischika Rasi: 29.22	Tithi 15 – 16	Gulika 2:02PM – 3:17PM	Jyeshtha* Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 7:50AM	Vikarin 5121	
		371793461	Yama 11:33AM – 12:48PM	Subha Until 3:55PM	Muruqa: Blue	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9	
	Family Home Evening		Rahu 9:04AM – 10:19AM	Balava Until 10:39PM	Nataraja: Yellow		Prathama	
	Creative Work	Siddha Yoga		Purnima* Until 10:27AM	Moon – Orange		Subha Sivaloka Day	
					Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa
Sutra 66

Dhanus Rasi: 12.08 Tithi 16 – 17

Gulika 12:48PM – 2:03PM
Yama 10:19AM – 11:34AM
Rahu 3:17PM – 4:32PM

Mula* Until 8:16AM
Sukla Until 3:26PM
Taitila Until 11:28PM
Prathama* Until 10:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 7:50AM
Sunset: 5:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Cape Town, South Africa
Sun 1 Sutra 66

Dhanus Rasi: 24.37 Tithi 17 – 18

Gulika 11:34AM – 12:48PM
Yama 9:05AM – 10:19AM
Rahu 12:48PM – 2:03PM

Purvashadha* Until 9:57AM
Brahma Until 3:24PM
Vanija Until 12:49AM Thu
Dvitiya Until 12:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 7:51AM
Sunset: 5:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhril* Yoga Visti*/Bava Karana Trilya/Chatrthyam Titau

Cape Town, South Africa
Sun 2 Sutra 67

Makara Rasi: 6.53 Tithi 18 – 19

Gulika 10:20AM – 11:34AM
Yama 7:51AM – 9:05AM
Rahu 2:03PM – 3:17PM

Uttarashadha Until 11:59AM
Indra Until 3:47PM
Bava Until 2:40AM Fri
Tritiya Until 1:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 7:51AM
Sunset: 5:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhril*/Vishkambha* Yoga Bala*/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa
Sun 3 Sutra 68

Makara Rasi: 18.57 Tithi 19 – 20

Gulika 9:05AM – 10:20AM
Yama 3:18PM – 4:32PM
Rahu 11:34AM – 12:49PM

Shravana Until 2:46PM
Vaidhril* Until 4:27PM
Kaulava Until 4:51AM Sat
Chaturthi* Until 3:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 7:51AM
Sunset: 5:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vishkambha*/Priti Yoga Taitila Karana Panchamyam Titau

Cape Town, South Africa
Sun 4 Sutra 69

Kumbha Rasi: 0.53 Tithi 20

Gulika 7:51AM – 9:06AM
Yama 2:03PM – 3:18PM
Rahu 10:20AM – 11:35AM

Dhanishtha Until 5:39PM
Vishkambha* Until 5:21PM
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 7:51AM
Sunset: 5:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa
Sun 5 Sutra 70

Kumbha Rasi: 12.46 Tithi 21

Gulika 3:18PM – 4:33PM
Yama 12:49PM – 2:04PM
Rahu 4:33PM – 5:47PM

Shatabhishak Until 8:27PM
Priti Until 6:20PM
Gara Until 7:13AM
Shashthi* Until 8:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 7:51AM
Sunset: 5:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Cape Town, South Africa
Sun 6 Sutra 71

Kumbha Rasi: 24.38 Tithi 22

Family Home Evening

Gulika 2:04PM – 3:18PM
Yama 11:35AM – 12:49PM
Rahu 9:06AM – 10:21AM

Purvaproshtapada* Until 11:29PM
Ayushman Until 7:12PM
Visti Until 9:35AM
Saptami Until 10:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 7:52AM
Sunset: 5:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa
Sun 7 Sutra 72

Meena Rasi: 6.35 Tithi 23

Gulika 12:50PM – 2:04PM
Yama 10:21AM – 11:35AM
Rahu 3:19PM – 4:33PM

Uttaraproshtapada Until 2:03AM Wed
Saubhagya Until 7:53PM
Balava Until 11:45AM
Ashtami* Until 12:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 7:52AM
Sunset: 5:48PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 2:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa
Sun 8 Sutra 73

Meena Rasi: 18.4 Tithi 24

Gulika 11:35AM – 12:50PM
Yama 9:06AM – 10:21AM
Rahu 12:50PM – 2:04PM

Revati Until 3:59AM Thu
Sobhana Until 8:14PM
Taitila Until 1:31PM
Navami* Until 2:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 7:52AM
Sunset: 5:48PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Cape Town, South Africa Sun 9 Sutra 74
Mesha Rasi: 0.57	Tithi 25	Gulika 10:21AM – 11:36AM	Ashvini Until 5:38AM Fri	Ganesha: Blue <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 7:52AM – 9:07AM	Athiganda* Until 8:06PM	Muruqa: Blue <i>Sunset:</i> 5:48PM	Moon 6 - Phase 11
		322793461 Rahu 2:05PM – 3:19PM	Vanija Until 2:43PM	Nataraja: Yellow	2nd Phase
Creative Work Amrita Yoga			Dashami Until 3:04AM Fri	Moon – White	Devaloka Day
Until 5:38AM Fri				Jyeshtha-Ani	
Then Creative Work - Siddha Yoga					
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau	Cape Town, South Africa Sun 10 Sutra 75
Mesha Rasi: 13.31	Tithi 26	Gulika 9:07AM – 10:21AM	Bharani Until 6:26AM Sat	Ganesha: Blue <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 3:19PM – 4:34PM	Sukarma Until 7:27PM	Muruqa: Blue <i>Sunset:</i> 5:49PM	Moon 6 - Phase 11
		322793461 Rahu 11:36AM – 12:50PM	Bava Until 3:16PM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 3:15AM Sat	Moon – White	Devaloka Day
Until 6:26AM Sat				Jyeshtha-Ani	
Then Creative Work - Amrita Yoga					
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau	Cape Town, South Africa Sun 11 Sutra 76
Mesha Rasi: 26.25	Tithi 27	Gulika 7:52AM – 9:07AM	Bharani Until 6:26AM	Ganesha: Blue <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 2:05PM – 3:20PM	Dhriti Until 6:14PM	Muruqa: Blue <i>Sunset:</i> 5:49PM	Moon 6 - Phase 11
		322793461 Rahu 10:21AM – 11:36AM	Kaulava Until 3:06PM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga			Dvodashi* Until 2:43AM Sun	Moon – White	Devaloka Day
Until 6:26AM				Jyeshtha-Ani	
Then Creative Work - Amrita Yoga					
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau	Cape Town, South Africa Sun 12 Sutra 77
Vrishabha Rasi: 9.41	Tithi 28	Gulika 3:20PM – 4:35PM	Krittika Until 6:22AM	Ganesha: Blue <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 12:51PM – 2:05PM	Shula* Until 4:25PM	Muruqa: Blue <i>Sunset:</i> 5:49PM	Moon 6 - Phase 11
		322793461 Rahu 4:35PM – 5:49PM	Gara Until 2:12PM	Nataraja: Yellow	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 1:29AM Mon	Moon – White	Devaloka Day
				Jyeshtha-Ani	
			<i>Pradosha Vrata (Fasting)</i>		
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Cape Town, South Africa Sun 13 Sutra 78
Vrishabha Rasi: 23.22	Tithi 29	Gulika 2:06PM – 3:20PM	Mrigashira Until 4:46AM Tue	Ganesha: Blue <i>Sunrise:</i> 7:52AM	Vikarin 5121
Family Home Evening		Yama 11:36AM – 12:51PM	Ganda* Until 2:06PM	Muruqa: Blue <i>Sunset:</i> 5:50PM	Moon 6 - Phase 11
		332793461 Rahu 9:07AM – 10:22AM	Visti Until 12:39PM	Nataraja: Yellow	2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 11:39PM	Moon – Yellow	Devaloka Day
Until 4:46AM Tue				Jyeshtha-Ani	
Then Routine Work - Marana Yoga					
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Cape Town, South Africa Sun 14 Sutra 79
Mithuna Rasi: 7.23	Tithi 30	Gulika 12:51PM – 2:06PM	Ardra Until 2:59AM Wed	Ganesha: Blue <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 10:22AM – 11:36AM	Vridhhi Until 11:20AM	Muruqa: Blue <i>Sunset:</i> 5:50PM	Moon 6 - Phase 11
		332793461 Rahu 3:21PM – 4:35PM	Catuspada Until 10:33AM	Nataraja: Yellow	Amavasya
Routine Work Marana Yoga			Amavasya* Until 9:18PM	Moon – Yellow	Devaloka Day
Until 2:59AM Wed				Jyeshtha-Ani	
Then Creative Work - Siddha Yoga					
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau	Cape Town, South Africa Sun 15 Sutra 80
Mithuna Rasi: 21.43	Tithi 1	Gulika 11:36AM – 12:51PM	Punarvasu Until 1:08AM Thu	Ganesha: Yellow <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 9:07AM – 10:22AM	Dhruva Until 8:12AM	Muruqa: Blue <i>Sunset:</i> 5:51PM	Moon 6 - Phase 11
		343793461 Rahu 12:51PM – 2:06PM	Kintughna Until 8:00AM	Nataraja: Yellow	Prathama
Creative Work Siddha Yoga			Prathama* Until 6:36PM	Moon – Blue	Sivaloka Day
Until 1:08AM Thu				Ashada-Ani	
Then Creative Work - Amrita Yoga					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Cape Town, South Africa Sun 16 Sutra 81
Kataka Rasi: 6.17	Tithi 2 – 3	Gulika 10:22AM – 11:37AM	Pushya Until 10:58PM	Ganesha: Yellow <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 7:52AM – 9:07AM	Harshana Until 1:19AM Fri	Muruqa: Blue <i>Sunset:</i> 5:51PM	Moon 6 - Phase 12
		343793461 Rahu 2:06PM – 3:21PM	Taitila Until 2:10AM Fri	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:39PM	Moon – Blue	Sivaloka Day
Until 10:58PM				Ashada*Ani	
Then Creative Work - Siddha Yoga					

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Cape Town, South Africa Sun 17 Sutra 82
Kataka Rasi: 20.58	Tithi 3 – 4	Gulika 9:07AM – 10:22AM	Ashlesha* Until 8:37PM	Ganesha: Yellow <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 3:22PM – 4:37PM	Vajra* Until 9:45PM	Muruqa: Blue <i>Sunset:</i> 5:51PM	Moon 6 - Phase 12
		343793461 Rahu 11:37AM – 12:52PM	Vanija Until 11:08PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Tritiya Until 12:37PM	Moon – Blue	Sivaloka Day
				Ashada*Ani	

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Cape Town, South Africa Sun 18 Sutra 83
Simha Rasi: 5.38	Tithi 4 – 5	Gulika 7:52AM – 9:07AM	Magha* Until 6:37PM	Ganesha: White <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 2:07PM – 3:22PM	Siddhi Until 6:17PM	Muruqa: Blue <i>Sunset:</i> 5:52PM	Moon 6 - Phase 12
		353793461 Rahu 10:22AM – 11:37AM	Bava Until 8:11PM	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 9:37AM	Moon – Red	Subha Sivaloka Day
Until 6:37PM				Ashada*Ani	
Then Creative Work - Siddha Yoga					

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Taitila Karana Panchami/Shashthyam Titau	Cape Town, South Africa Sun 19 Sutra 84
Simha Rasi: 20.13	Tithi 5 – 6	Gulika 3:22PM – 4:37PM	Purvaphalguni Until 4:40PM	Ganesha: Yellow <i>Sunrise:</i> 7:52AM	Vikarin 5121
		Yama 12:52PM – 2:07PM	Vyalipata* Until 2:59PM	Muruqa: Blue <i>Sunset:</i> 5:52PM	Moon 6 - Phase 12
		453793461 Rahu 4:37PM – 5:52PM	Taitila Until 4:10AM Mon	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:46AM	Moon – Red	Sivaloka Day
Until 4:40PM				Ashada*Ani	
Then Creative Work - Amrita Yoga					

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau	Cape Town, South Africa Sun 20 Sutra 85
Kanya Rasi: 4.38	Tithi 7	Gulika 2:07PM – 3:23PM	Uttaraphalguni Until 2:52PM	Ganesha: Yellow <i>Sunrise:</i> 7:51AM	Vikarin 5121
Family Home Evening		Yama 11:37AM – 12:52PM	Varyan Until 11:53AM	Muruqa: Blue <i>Sunset:</i> 5:53PM	Moon 6 - Phase 12
		453793461 Rahu 9:07AM – 10:22AM	Gara Until 3:00PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:53AM Tue	Moon – Red	Sivaloka Day
		Chidambaram Abhishekam		Ashada*Ani	

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau	Cape Town, South Africa Sun 21 Sutra 86
Kanya Rasi: 18.49	Tithi 8	Gulika 12:52PM – 2:08PM	Hasta Until 1:43PM	Ganesha: White <i>Sunrise:</i> 7:51AM	Vikarin 5121
		Yama 10:22AM – 11:37AM	Parigha* Until 9:06AM	Muruqa: Blue <i>Sunset:</i> 5:54PM	Moon 6 - Phase 12
		463793461 Rahu 3:23PM – 4:38PM	Visti Until 12:54PM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:00AM Wed	Moon – Green	Subha Sivaloka Day
				Ashada*Ani	

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau	Cape Town, South Africa Sun 22 Sutra 87
Tula Rasi: 2.44	Tithi 9	Gulika 11:37AM – 12:53PM	Chitra Until 12:50PM	Ganesha: Yellow <i>Sunrise:</i> 7:51AM	Vikarin 5121
		Yama 9:06AM – 10:22AM	Shiva Until 6:39AM	Muruqa: Blue <i>Sunset:</i> 5:54PM	Moon 6 - Phase 12
		463893461 Rahu 12:53PM – 2:08PM	Balava Until 11:14AM	Nataraja: Yellow	Navami
Creative Work	Siddha Yoga		Navami* Until 10:32PM	Moon – Green	Sivaloka Day
				Ashada*Ani	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Cape Town, South Africa Sun 23 Sutra 88
	Tula Rasi: 16.23	Tithi 10	Gulika 10:22AM – 11:37AM	Svati Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:51AM	Vikarin 5121
			Yama 7:51AM – 9:06AM	Sadhya Until 2:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 5:55PM	Moon 6 - Phase 13
	463893461	Rahu 2:08PM – 3:24PM	Taitila Until 10:00AM		Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Dashami Until 9:32PM	Moon – Green		Sivaloka Day	
Until 12:15PM				Ashada•Ani			
Then Creative Work - Siddha Yoga							

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 89
	Tula Rasi: 29.47	Tithi 11	Gulika 9:06AM – 10:22AM	Vishakha Until 12:25PM	Ganesha: White	<i>Sunrise:</i> 7:50AM	Vikarin 5121
			Yama 3:24PM – 4:40PM	Subha Until 1:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 5:55PM	Moon 6 - Phase 13
	473893461	Rahu 11:37AM – 12:53PM	Vanija Until 9:13AM		Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:00PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 90
	Vrischika Rasi: 12.55	Tithi 12	Gulika 7:50AM – 9:06AM	Anuradha Until 12:54PM	Ganesha: White	<i>Sunrise:</i> 7:50AM	Vikarin 5121
			Yama 2:09PM – 3:24PM	Sukla Until 12:29AM Sun	Muruqa: Blue	<i>Sunset:</i> 5:56PM	Moon 6 - Phase 13
	473893461	Rahu 10:21AM – 11:37AM	Bava Until 8:56AM		Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:56PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 91
	Vrischika Rasi: 25.49	Tithi 13	Gulika 3:25PM – 4:40PM	Jyeshtha* Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 7:50AM	Vikarin 5121
			Yama 12:53PM – 2:09PM	Brahma Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 5:56PM	Moon 6 - Phase 13
	473893461	Rahu 4:40PM – 5:56PM	Kaulava Until 9:07AM		Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 9:22PM	Moon – Orange		Devaloka Day	
Until 1:43PM				Ashada•Ani			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 92
	Dhanus Rasi: 8.28	Tithi 14	Gulika 2:09PM – 3:25PM	Mula* Until 3:18PM	Ganesha: Clear	<i>Sunrise:</i> 7:49AM	Vikarin 5121
			Yama 11:37AM – 12:53PM	Indra Until 11:41PM	Muruqa: Blue	<i>Sunset:</i> 5:57PM	Moon 6 - Phase 13
	483893461	Rahu 9:05AM – 10:21AM	Gara Until 9:47AM		Nataraja: Yellow		4th Phase
Family Home Evening	Siddha Yoga		Chaturdashi* Until 10:16PM	Moon – Light Blue		Sivaloka Day	
Creative Work				Ashada•Ani			
Until 3:18PM							
Then Routine Work - Marana Yoga							

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Cape Town, South Africa Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:53PM – 2:09PM	Purvashadha* Until 5:10PM	Ganesha: Clear	<i>Sunrise:</i> 7:49AM	Vikarin 5121
	Dhanus Rasi: 20.55	Tithi 15	Yama 10:21AM – 11:37AM	Vaidhriti* Until 11:48PM	Muruqa: Blue	<i>Sunset:</i> 5:58PM	Moon 6 - Phase 13
	483893461	Rahu 3:25PM – 4:41PM	Visti Until 10:54AM		Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:37PM	Moon – Light Blue		Sivaloka Day	
Until 5:10PM				Ashada•Ani			
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima					

6	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Cape Town, South Africa Sun 29 Sutra 94
	Silver Retreat Star		Gulika 11:37AM – 12:53PM	Uttarashadha Until 7:18PM	Ganesha: Purple	<i>Sunrise:</i> 7:49AM	Vikarin 5121
	Makara Rasi: 3.11	Tithi 16	Yama 9:05AM – 10:21AM	Vishkambha* Until 12:14AM Thu	Muruqa: Blue	<i>Sunset:</i> 5:58PM	Moon 6 - Phase 13
	484893462	Rahu 12:53PM – 2:10PM	Balava Until 12:28PM		Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:23AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 7:18PM				Ashada•Ani			
Then Creative Work - Siddha Yoga							



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa
Sun 1 Sutra 95

Makara Rasi: 15.17 Tithi 17

Gulika 10:21AM – 11:37AM
Yama 7:48AM – 9:04AM
494893462 **Rahu** 2:10PM – 3:26PM

Shravana Until 10:05PM
Priti Until 12:57AM Fri
Taitila Until 2:24PM
Dvitiya Until 3:28AM Fri

Ganesha: Clear *Sunrise: 7:48AM*
Muruqa: Blue *Sunset: 5:59PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Cape Town, South Africa
Sun 2 Sutra 96

Makara Rasi: 27.16 Tithi 18

Gulika 9:04AM – 10:21AM
Yama 3:26PM – 4:43PM
494893462 **Rahu** 11:37AM – 12:54PM

Dhanishtha Until 12:57AM Sat
Ayushman Until 1:49AM Sat
Vanija Until 4:37PM
Tritiya Until 5:47AM Sat

Ganesha: Clear *Sunrise: 7:48AM*
Muruqa: Blue *Sunset: 5:59PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 12:57AM Sat
Then Creative Work - Amrita Yoga

Ashada-Adi

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Cape Town, South Africa
Sun 3 Sutra 97

Kumbha Rasi: 9.1 Tithi 19

Gulika 7:47AM – 9:04AM
Yama 2:10PM – 3:27PM
494893462 **Rahu** 10:20AM – 11:37AM

Shatabhishak Until 3:45AM Sun
Saubhagya Until 2:48AM Sun
Bava Until 7:00PM
Chaturthi* Until 8:12AM Sun

Ganesha: Clear *Sunrise: 7:47AM*
Muruqa: Blue *Sunset: 6:00PM*
Nataraja: White
Moon – Purple

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 3:45AM Sun
Then Creative Work - Siddha Yoga

Ashada-Adi

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa
Sun 4 Sutra 98

Kumbha Rasi: 21.01 Tithi 19 – 20

Gulika 3:27PM – 4:44PM
Yama 12:54PM – 2:10PM
414893462 **Rahu** 4:44PM – 6:01PM

Purvaproshtapada* Until 6:53AM Mon
Sobhana Until 3:46AM Mon
Kaulava Until 9:25PM
Chaturthi* Until 8:12AM

Ganesha: Clear *Sunrise: 7:47AM*
Muruqa: Blue *Sunset: 6:01PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa
Sun 5 Sutra 99

Meena Rasi: 2.53 Tithi 20 – 21

Family Home Evening

Gulika 2:11PM – 3:27PM
Yama 11:37AM – 12:54PM
414893462 **Rahu** 9:03AM – 10:20AM

Purvaproshtapada* Until 6:53AM
Athiganda* Until 4:35AM Tue
Gara Until 11:42PM
Panchami Until 10:34AM

Ganesha: Clear *Sunrise: 7:46AM*
Muruqa: Blue *Sunset: 6:01PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 6:53AM
Then Creative Work - Siddha Yoga

Ashada-Adi

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa
Sun 6 Sutra 100

Meena Rasi: 14.49 Tithi 21 – 22

Gulika 12:54PM – 2:11PM
Yama 10:20AM – 11:37AM
414893462 **Rahu** 3:28PM – 4:45PM

Uttaraproshtapada Until 9:40AM
Sukarma Until 5:11AM Wed
Visti Until 1:42AM Wed
Shashthi* Until 12:44PM

Ganesha: Clear *Sunrise: 7:45AM*
Muruqa: Blue *Sunset: 6:02PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 9:40AM
Then Creative Work - Siddha Yoga

Ashada-Adi

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa
Sun 7 Sutra 101

Meena Rasi: 26.53 Tithi 22 – 23

Gulika 11:37AM – 12:54PM
Yama 9:02AM – 10:19AM
414893462 **Rahu** 12:54PM – 2:11PM

Revati Until 11:57AM
Dhriti Until 5:26AM Thu
Balava Until 3:16AM Thu
Saptami Until 2:32PM

Ganesha: Clear *Sunrise: 7:45AM*
Muruqa: Blue *Sunset: 6:03PM*
Nataraja: White
Moon – Clear

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day

Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa
Sun 8 Sutra 102

Mesha Rasi: 9.08 Tithi 23 – 24

Gulika 10:19AM – 11:36AM
Yama 7:44AM – 9:02AM
424893462 **Rahu** 2:11PM – 3:29PM

Ashvini Until 2:04PM
Shula* Until 5:10AM Fri
Taitila Until 4:13AM Fri
Ashtami* Until 3:48PM

Ganesha: White *Sunrise: 7:44AM*
Muruqa: Blue *Sunset: 6:03PM*
Nataraja: White
Moon – White

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Until 2:04PM
Then Creative Work - Siddha Yoga

Ashada-Adi


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Cape Town, South Africa Sun 9 Sutra 103 Vikarin 5121
Mesha Rasi: 21.4	Tithi 24 – 25	Gulika 9:01AM – 10:19AM	Bharani Until 3:23PM	Ganesha: White <i>Sunrise: 7:44AM</i>	
		Yama 3:29PM – 4:46PM	Ganda* Until 4:22AM Sat	Muruqa: Blue <i>Sunset: 6:04PM</i>	Moon 7 - Phase 15
424893462	Rahu 11:36AM – 12:54PM		Vanija Until 4:27AM Sat	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 4:25PM	Moon – White	Subha Subha Sivaloka Day
				Ashada-Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Cape Town, South Africa Sun 10 Sutra 104 Vikarin 5121
Virshabha Rasi: 4.32	Tithi 25 – 26	Gulika 7:43AM – 9:01AM	Krittika Until 3:49PM	Ganesha: White <i>Sunrise: 7:43AM</i>	
		Yama 2:11PM – 3:29PM	Vriddhi Until 2:57AM Sun	Muruqa: Blue <i>Sunset: 6:05PM</i>	Moon 7 - Phase 15
424893462	Rahu 10:18AM – 11:36AM		Bava Until 3:55AM Sun	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:16PM	Moon – White	Subha Subha Sivaloka Day
				Ashada-Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Cape Town, South Africa Sun 11 Sutra 105 Vikarin 5121
Virshabha Rasi: 14.7	Tithi 26 – 27	Gulika 3:30PM – 4:47PM	Rohini Until 3:47PM	Ganesha: Yellow <i>Sunrise: 7:42AM</i>	
		Yama 12:54PM – 2:12PM	Dhruva Until 12:53AM Mon	Muruqa: Blue <i>Sunset: 6:05PM</i>	Moon 7 - Phase 15
424893462	Rahu 4:47PM – 6:05PM		Kaulava Until 2:36AM Mon	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:20PM	Moon – Yellow	Subha Sivaloka Day
				Ashada-Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Cape Town, South Africa Sun 12 Sutra 106 Vikarin 5121
Mithuna Rasi: 1.29	Tithi 27 – 28	Gulika 2:12PM – 3:30PM	Mrigashira Until 2:51PM	Ganesha: White <i>Sunrise: 7:42AM</i>	
Family Home Evening		Yama 11:36AM – 12:54PM	Vyaghata* Until 10:14PM	Muruqa: Blue <i>Sunset: 6:06PM</i>	Moon 7 - Phase 15
435893462	Rahu 9:00AM – 10:18AM		Gara Until 12:35AM Tue	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:39PM	Moon – Yellow	Sivaloka Day
Until 2:51PM				Ashada-Adi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Cape Town, South Africa Sun 13 Sutra 107 Vikarin 5121
Mithuna Rasi: 15.38	Tithi 28 – 29	Gulika 12:54PM – 2:12PM	Ardra Until 1:07PM	Ganesha: White <i>Sunrise: 7:41AM</i>	
		Yama 10:17AM – 11:35AM	Harshana Until 7:07PM	Muruqa: Blue <i>Sunset: 6:07PM</i>	Moon 7 - Phase 15
435893462	Rahu 3:30PM – 4:48PM		Visti Until 9:57PM	Nataraja: White	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 11:19AM	Moon – Yellow	Sivaloka Day
Until 1:07PM				Ashada-Adi	
Then Creative Work - Siddha Yoga					

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Cape Town, South Africa Sun 14 Sutra 108 Vikarin 5121
Retreat Star		Gulika 11:35AM – 12:54PM	Punarvasu Until 11:09AM	Ganesha: Green <i>Sunrise: 7:40AM</i>	
Kataka Rasi: 0.1	Tithi 29 – 30	Yama 8:58AM – 10:17AM	Vajra* Until 3:33PM	Muruqa: Blue <i>Sunset: 6:07PM</i>	Moon 7 - Phase 15
445893462	Rahu 12:54PM – 2:12PM		Catuspada Until 6:52PM	Nataraja: White	Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Moon – Blue	Sivaloka Day
				Ashada-Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau	Cape Town, South Africa Sun 15 Sutra 109 Vikarin 5121
Kataka Rasi: 14.59	Tithi 1	Gulika 10:16AM – 11:35AM	Pushya Until 8:40AM	Ganesha: Green <i>Sunrise: 7:39AM</i>	
		Yama 7:39AM – 8:58AM	Siddhi Until 11:43AM	Muruqa: Blue <i>Sunset: 6:08PM</i>	Moon 7 - Phase 15
445893462	Rahu 2:12PM – 3:31PM		Kintughna Until 3:28PM	Nataraja: White	Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:41AM Fri	Moon – Blue	Sivaloka Day
Until 8:40AM				Sravana-Adi	
Then Creative Work - Siddha Yoga					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata/Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Cape Town, South Africa Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.01	Tithi 2	Gulika 8:57AM – 10:16AM	Magha* Until 3:13AM Sat	Ganesha: White	<i>Sunrise:</i> 7:38AM		
		Yama 3:31PM – 4:50PM	Vyatipata* Until 7:45AM	Muruqa: Blue	<i>Sunset:</i> 6:09PM		Moon 7 - Phase 16
		455893462 Rahu 11:35AM – 12:54PM	Balava Until 11:55AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red			Sivaloka Day
Until 3:13AM Sat				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau		Cape Town, South Africa Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.04	Tithi 3	Gulika 7:38AM – 8:57AM	Purvaphalguni Until 12:36AM Sun	Ganesha: White	<i>Sunrise:</i> 7:38AM		
		Yama 2:12PM – 3:31PM	Parigha* Until 11:49PM	Muruqa: Blue	<i>Sunset:</i> 6:09PM		Moon 7 - Phase 16
		455893462 Rahu 10:16AM – 11:35AM	Taitila Until 8:22AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:37PM	Moon – Red			Sivaloka Day
Until 12:36AM Sun				Sravana-Adi			
Then Creative Work - Amrita Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Cape Town, South Africa Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0	Tithi 4 – 5	Gulika 3:32PM – 4:51PM	Uttaraphalguni Until 10:06PM	Ganesha: Yellow	<i>Sunrise:</i> 7:37AM		
		Yama 12:53PM – 2:13PM	Shiva Until 8:08PM	Muruqa: Blue	<i>Sunset:</i> 6:10PM		Moon 7 - Phase 16
		455993462 Rahu 4:51PM – 6:10PM	Bava Until 1:51AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:20PM	Moon – Red			Subha Sivaloka Day
				Sravana-Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Cape Town, South Africa Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 14.43	Tithi 5 – 6	Gulika 2:13PM – 3:32PM	Hasta Until 8:17PM	Ganesha: White	<i>Sunrise:</i> 7:36AM		
Family Home Evening		Yama 11:34AM – 12:53PM	Siddha Until 4:45PM	Muruqa: Blue	<i>Sunset:</i> 6:11PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 8:55AM – 10:15AM	Kaulava Until 11:10PM	Nataraja: White			3rd Phase
Until 8:17PM			Panchami Until 12:26PM	Moon – Green			Subha Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana-Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Cape Town, South Africa Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.06	Tithi 6 – 7	Gulika 12:53PM – 2:13PM	Chitra Until 6:52PM	Ganesha: White	<i>Sunrise:</i> 7:35AM		
		Yama 10:14AM – 11:34AM	Sadhya Until 1:48PM	Muruqa: Blue	<i>Sunset:</i> 6:11PM		Moon 7 - Phase 16
		465993462 Rahu 3:32PM – 4:52PM	Gara Until 9:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:00AM	Moon – Green			Subha Subha Sivaloka Day
				Sravana-Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Cape Town, South Africa Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.06	Tithi 7 – 8	Gulika 11:33AM – 12:53PM	Svati Until 5:54PM	Ganesha: White	<i>Sunrise:</i> 7:34AM		
		Yama 8:54AM – 10:14AM	Subha Until 11:21AM	Muruqa: Blue	<i>Sunset:</i> 6:12PM		Moon 7 - Phase 16
		465993462 Rahu 12:53PM – 2:13PM	Visti Until 7:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:10AM	Moon – Green			Subha Subha Sivaloka Day
				Sravana-Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cape Town, South Africa Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 26.43	Tithi 8 – 9	Gulika 10:13AM – 11:33AM	Vishakha Until 5:54PM	Ganesha: Purple	<i>Sunrise:</i> 7:33AM		
		Yama 7:33AM – 8:53AM	Sukla Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 6:13PM		Moon 7 - Phase 16
		476993462 Rahu 2:13PM – 3:33PM	Balava Until 6:39PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Ashtami* Until 6:59AM	Moon – Orange			Sivaloka Day
				Sravana-Adi			


1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Cape Town, South Africa Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 9.57	Tithi 9 – 10	Gulika 8:52AM – 10:13AM	Anuradha Until 6:24PM	Ganesha: Purple <i>Sunrise:</i> 7:32AM	
		Yama 3:33PM – 4:53PM	Brahma Until 8:02AM	Muruqa: Blue <i>Sunset:</i> 6:14PM	Moon 7 - Phase 17
	476993462	Rahu 11:33AM – 12:53PM	Taitila Until 6:28PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:28AM	Moon – Orange	Sivaloka Day
Until 6:24PM				Sravana*Adi	
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Cape Town, South Africa Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 22.5	Tithi 10 – 11	Gulika 7:31AM – 8:52AM	Jyeshtha* Until 7:22PM	Ganesha: Purple <i>Sunrise:</i> 7:31AM	
		Yama 2:13PM – 3:33PM	Indra Until 7:10AM	Muruqa: Blue <i>Sunset:</i> 6:14PM	Moon 7 - Phase 17
	476993462	Rahu 10:12AM – 11:32AM	Vanija Until 6:55PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:36AM	Moon – Orange	Sivaloka Day
				Sravana*Adi	

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Cape Town, South Africa Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 5.28	Tithi 11 – 12	Gulika 3:34PM – 4:54PM	Mula* Until 9:12PM	Ganesha: Clear <i>Sunrise:</i> 7:30AM	
		Yama 12:53PM – 2:13PM	Vaidhriti* Until 6:45AM	Muruqa: Blue <i>Sunset:</i> 6:15PM	Moon 7 - Phase 17
	486993462	Rahu 4:54PM – 6:15PM	Bava Until 7:56PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:20AM	Moon – Light Blue	Subha Sivaloka Day
Until 9:12PM				Sravana*Adi	
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Cape Town, South Africa Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 17.5	Tithi 12 – 13	Gulika 2:13PM – 3:34PM	Purvashadha* Until 11:20PM	Ganesha: Clear <i>Sunrise:</i> 7:29AM	
Family Home Evening		Yama 11:32AM – 12:52PM	Vishkambha* Until 6:46AM	Muruqa: Blue <i>Sunset:</i> 6:16PM	Moon 7 - Phase 17
	486993462	Rahu 8:50AM – 10:11AM	Kaulava Until 9:25PM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Dvadashi Until 8:36AM	Moon – Light Blue	Subha Sivaloka Day
				Sravana*Adi	
					<i>Pradosha Vrata</i>

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Cape Town, South Africa Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 0.02	Tithi 13 – 14	Gulika 12:52PM – 2:13PM	Uttarashadha Until 1:38AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:28AM	
		Yama 10:10AM – 11:31AM	Priti Until 7:07AM	Muruqa: Blue <i>Sunset:</i> 6:16PM	Moon 7 - Phase 17
	486993462	Rahu 3:34PM – 4:55PM	Gara Until 11:16PM	Nataraja: White	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 10:17AM	Moon – Light Blue	Subha Sivaloka Day
Until 1:38AM Wed				Sravana*Adi	
Then Creative Work - Siddha Yoga					

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Cape Town, South Africa Sutra 122 Vikarin 5121
Makara Rasi: 12.05	Tithi 14 – 15	Gulika 11:31AM – 12:52PM	Shravana Until 4:33AM Thu	Ganesha: White <i>Sunrise:</i> 7:27AM	
		Yama 8:48AM – 10:10AM	Ayushman Until 7:42AM	Muruqa: Blue <i>Sunset:</i> 6:17PM	Moon 7 - Phase 17
	496993462	Rahu 12:52PM – 2:13PM	Visti Until 1:25AM Thu	Nataraja: White	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:18PM	Moon – Purple	Sivaloka Day
		Raksha Bandhan		Sravana*Adi	

Thursday, August 15, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Cape Town, South Africa Sutra 123 Vikarin 5121
Makara Rasi: 24.02	Tithi 15 – 16	Gulika 10:09AM – 11:30AM	Dhanishtha Until 7:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 7:26AM	
		Yama 7:26AM – 8:47AM	Saubhagya Until 8:29AM	Muruqa: Blue <i>Sunset:</i> 6:18PM	Moon 7 - Phase 17
	497993462	Rahu 2:13PM – 3:35PM	Balava Until 3:44AM Fri	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:32PM	Moon – Purple	Subha Sivaloka Day
				Sravana*Adi	



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 5.56 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Cape Town, South Africa

Sutra 124

Gulika 8:47AM – 10:08AM
Yama 3:35PM – 4:57PM
Rahu 11:30AM – 12:52PM

Dhanishtha **Until 7:27AM**
Sobhana **Until 9:24AM**
Taitila **Until 6:10AM Sat**
Prathama* Until 4:55PM

Ganesha: Yellow *Sunrise: 7:25AM*
Muruqa: Blue *Sunset: 6:18PM*
Nataraja: White
Moon – Purple

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Adi

1

Saturday, August 17, 2019

Kumbha Rasi: 17.48 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 10:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Cape Town, South Africa

Sun 1 Sutra 125

Gulika 7:24AM – 8:46AM
Yama 2:13PM – 3:35PM
Rahu 10:08AM – 11:30AM

Shatabhishak **Until 10:16AM**
Athiganda* **Until 10:21AM**
Taitila **Until 6:10AM**
Dvitiya Until 7:21PM

Ganesha: Yellow *Sunrise: 7:24AM*
Muruqa: Blue *Sunset: 6:19PM*
Nataraja: White
Moon – Purple

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Avani

2

Sunday, August 18, 2019

Kumbha Rasi: 29.4 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 1:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Cape Town, South Africa

Sun 2 Sutra 126

Gulika 3:35PM – 4:58PM
Yama 12:51PM – 2:13PM
Rahu 4:58PM – 6:20PM

Purvaproshtapada* Until 1:25PM
Sukarma **Until 11:18AM**
Vanija **Until 8:35AM**
Tritiya Until 9:45PM

Ganesha: White *Sunrise: 7:23AM*
Muruqa: Blue *Sunset: 6:20PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

3

Monday, August 19, 2019

Meena Rasi: 11.33 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa

Sun 3 Sutra 127

Gulika 2:13PM – 3:36PM
Yama 11:29AM – 12:51PM
Rahu 8:44AM – 10:06AM

Uttaraproshtapada Until 4:16PM
Dhriti **Until 12:12PM**
Bava **Until 10:55AM**
Chaturthi* Until 12:00AM Tue

Ganesha: White *Sunrise: 7:22AM*
Muruqa: Blue *Sunset: 6:20PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

4

Tuesday, August 20, 2019

Meena Rasi: 23.3 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 4 Sutra 128

Gulika 12:51PM – 2:13PM
Yama 10:06AM – 11:28AM
Rahu 3:36PM – 4:59PM

Revati Until 6:46PM
Shula* **Until 12:54PM**
Kaulava **Until 1:03PM**
Panchami Until 1:59AM Wed

Ganesha: White *Sunrise: 7:20AM*
Muruqa: Blue *Sunset: 6:21PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

5

Wednesday, August 21, 2019

Mesha Rasi: 5.34 Tilthi 21

527993462

Routine Work Marana Yoga

Until 9:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 5 Sutra 129

Gulika 11:28AM – 12:51PM
Yama 8:42AM – 10:05AM
Rahu 12:51PM – 2:13PM

Ashvini Until 9:14PM
Ganda* **Until 1:22PM**
Gara **Until 2:52PM**
Shashthi* Until 3:35AM Thu

Ganesha: Clear *Sunrise: 7:19AM*
Muruqa: Blue *Sunset: 6:22PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Avani

6

Thursday, August 22, 2019

Mesha Rasi: 17.49 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 11:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Cape Town, South Africa

Sun 6 Sutra 130

Gulika 10:04AM – 11:27AM
Yama 7:18AM – 8:41AM
Rahu 2:13PM – 3:36PM

Bharani Until 11:04PM
Vridhhi **Until 1:30PM**
Visti **Until 4:13PM**
Saptami Until 4:39AM Fri

Ganesha: White *Sunrise: 7:18AM*
Muruqa: Blue *Sunset: 6:23PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Sravana-Avani

D

Friday, August 23, 2019

Retreat Star

Vrishabha Rasi: 0.17 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 12:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa

Sun 7 Sutra 131

Gulika 8:40AM – 10:03AM
Yama 3:37PM – 5:00PM
Rahu 11:27AM – 12:50PM

Krittika Until 12:07AM Sat
Dhruva **Until 1:09PM**
Balava **Until 4:58PM**
Ashtami* Until 5:03AM Sat

Ganesha: White *Sunrise: 7:17AM*
Muruqa: Blue *Sunset: 6:23PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
Ashtami

Sivaloka Day

Sravana-Avani

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.04 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 12:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 8 Sutra 132

Gulika 7:16AM – 8:39AM
Yama 2:13PM – 3:37PM
Rahu 10:03AM – 11:26AM

Rohini Until 12:45AM Sun
Vyaghata* **Until 12:16PM**
Taitila **Until 5:00PM**
Navami* Until 4:42AM Sun

Ganesha: Clear *Sunrise: 7:16AM*
Muruqa: Blue *Sunset: 6:24PM*
Nataraja: White
Moon – Yellow

Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Cape Town, South Africa Sun 9 Sutra 133
	Vishabha Rasi: 26.14	Tithi 25	Gulika 3:37PM – 5:01PM	Mrigashira Until 12:27AM Mon	Ganesha: Clear	Sunrise: 7:15AM	Vikarin 5121
			Yama 12:50PM – 2:13PM	Harshana Until 10:46AM	Muruqa: Blue	Sunset: 6:24PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	538993462 Rahu 5:01PM – 6:24PM	Vanija Until 4:14PM	Nataraja: White		2nd Phase
			Dashami Until 3:33AM Mon	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Cape Town, South Africa Sun 10 Sutra 134
	Mithuna Rasi: 9.5	Tithi 26	Gulika 2:13PM – 3:37PM	Ardra Until 11:15PM	Ganesha: Clear	Sunrise: 7:13AM	Vikarin 5121
	Family Home Evening		Yama 11:25AM – 12:49PM	Vajra* Until 8:37AM	Muruqa: Blue	Sunset: 6:25PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	538993462 Rahu 8:37AM – 10:01AM	Bava Until 2:42PM	Nataraja: White		2nd Phase
Until 11:15PM			Ekadashi* Until 1:38AM Tue	Moon – Yellow		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana-Avani			

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Cape Town, South Africa Sun 11 Sutra 135
	Mithuna Rasi: 23.55	Tithi 27	Gulika 12:49PM – 2:13PM	Punarvasu Until 9:39PM	Ganesha: Purple	Sunrise: 7:12AM	Vikarin 5121
			Yama 10:01AM – 11:25AM	Vyatipata* Until 2:36AM Wed	Muruqa: Blue	Sunset: 6:26PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	548993462 Rahu 3:37PM – 5:02PM	Kaulava Until 12:26PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:03PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Cape Town, South Africa Sun 12 Sutra 136
	Kataka Rasi: 8.25	Tithi 28	Gulika 11:24AM – 12:49PM	Pushya Until 7:20PM	Ganesha: Light Blue	Sunrise: 7:11AM	Vikarin 5121
			Yama 8:35AM – 10:00AM	Variyan Until 10:51PM	Muruqa: Blue	Sunset: 6:27PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	549993463 Rahu 12:49PM – 2:13PM	Gara Until 9:34AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 7:55PM	Moon – Blue		Devaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 137
	Kataka Rasi: 23.19	Tithi 29 – 30	Gulika 9:59AM – 11:24AM	Ashlesha* Until 4:29PM	Ganesha: Orange	Sunrise: 7:10AM	Vikarin 5121
			Yama 7:10AM – 8:34AM	Parigha* Until 6:49PM	Muruqa: Blue	Sunset: 6:27PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	549193463 Rahu 2:13PM – 3:38PM	Visti Until 6:12AM	Nataraja: Clear		2nd Phase
Until 4:29PM			Chaturdashi* Until 4:23PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana-Avani			

	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cape Town, South Africa Sun 14 Sutra 138
	Retreat Star		Gulika 8:33AM – 9:58AM	Magha* Until 1:39PM	Ganesha: Clear	Sunrise: 7:08AM	Vikarin 5121
	Simha Rasi: 8.28	Tithi 30 – 1	Yama 3:38PM – 5:03PM	Shiva Until 2:36PM	Muruqa: Blue	Sunset: 6:28PM	Moon 8 - Phase 19
	Routine Work	Marana Yoga	559193463 Rahu 11:23AM – 12:48PM	Kintughna Until 10:41PM	Nataraja: Clear		Amavasya
Until 1:39PM			Amavasya* Until 12:36PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Sravana-Avani			
				Varalakshmi Vratam			

6	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 139
	Retreat Star		Gulika 7:07AM – 8:32AM	Purvaphalguni Until 10:37AM	Ganesha: Clear	Sunrise: 7:07AM	Vikarin 5121
	Simha Rasi: 23.43	Tithi 1 – 2	Yama 2:13PM – 3:38PM	Siddha Until 10:18AM	Muruqa: Blue	Sunset: 6:29PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	559193463 Rahu 9:57AM – 11:23AM	Balava Until 6:52PM	Nataraja: Clear		Prathama
Until 10:37AM			Prathama* Until 8:45AM	Moon – Red		Sivaloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyam Titau				Cape Town, South Africa Sun 16 Sutra 140
	Kanya Rasi: 8.55	Tithi 3	Gulika 3:38PM – 5:04PM	Uttaraphalguni Until 7:35AM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Vikarin 5121
			Yama 12:47PM – 2:13PM	Sadhya Until 6:07AM	Muruqa: Blue	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 Rahu 5:04PM – 6:29PM	Taitila Until 3:14PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:31AM Mon	Bhadrapada-Avani	Sivaloka Day		

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Cape Town, South Africa Sun 17 Sutra 141
	Kanya Rasi: 23.53	Tithi 4	Gulika 2:13PM – 3:38PM	Chitra Until 2:56AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:04AM	Vikarin 5121
	Family Home Evening		Yama 11:21AM – 12:47PM	Sukla Until 10:35PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 Rahu 8:30AM – 9:56AM	Vanija Until 11:57AM	Nataraja: Clear		3rd Phase
			Ganesha Chaturthi	Chaturthi* Until 10:28PM	Bhadrapada-Avani	Sivaloka Day	
Until 2:56AM Tue Then Creative Work - Siddha Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 142
	Tula Rasi: 8.3	Tithi 5	Gulika 12:47PM – 2:13PM	Svati Until 1:15AM Wed	Ganesha: Orange	<i>Sunrise:</i> 7:03AM	Vikarin 5121
			Yama 9:55AM – 11:21AM	Brahma Until 7:28PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 Rahu 3:39PM – 5:05PM	Bava Until 9:10AM	Nataraja: Clear		3rd Phase
			Panchami Until 8:00PM	Bhadrapada-Avani	Sivaloka Day		

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 143
	Tula Rasi: 22.4	Tithi 6	Gulika 11:20AM – 12:46PM	Vishakha Until 12:35AM Thu	Ganesha: Green	<i>Sunrise:</i> 7:02AM	Vikarin 5121
			Yama 8:28AM – 9:54AM	Indra Until 4:57PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 Rahu 12:46PM – 2:13PM	Kaulava Until 7:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 6:14PM	Bhadrapada-Avani	Subha Sivaloka Day		

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 20 Sutra 144
	Vrischika Rasi: 6.22	Tithi 7 – 8	Gulika 9:53AM – 11:20AM	Anuradha Until 12:35AM Fri	Ganesha: Orange	<i>Sunrise:</i> 7:00AM	Vikarin 5121
			Yama 7:00AM – 8:27AM	Vaidhriti* Until 3:04PM	Muruqa: Blue	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	571193463 Rahu 2:13PM – 3:39PM	Visti Until 5:08AM Fri	Nataraja: Clear		3rd Phase
			Saptami Until 5:17PM	Bhadrapada-Avani	Sivaloka Day		
Until 12:35AM Fri Then Routine Work - Marana Yoga							

6	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 21 Sutra 145
	Retreat Star		Gulika 8:26AM – 9:52AM	Jyeshtha* Until 1:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:59AM	Vikarin 5121
	Vrischika Rasi: 19.37	Tithi 8 – 9	Yama 3:39PM – 5:06PM	Vishkambha* Until 1:50PM	Muruqa: Blue	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20
			571193463 Rahu 11:19AM – 12:46PM	Balava Until 5:25AM Sat	Nataraja: Clear		Ashtami
			Ashtami* Until 5:10PM	Bhadrapada-Avani	Sivaloka Day		
Routine Work Marana Yoga Until 1:13AM Sat Then Creative Work - Siddha Yoga							

7	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 22 Sutra 146
	Retreat Star		Gulika 6:58AM – 8:25AM	Mula* Until 2:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:58AM	Vikarin 5121
	Dhanus Rasi: 2.26	Tithi 9 – 10	Yama 2:12PM – 3:39PM	Priti Until 1:15PM	Muruqa: Blue	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20
			581193463 Rahu 9:52AM – 11:19AM	Taitila Until 6:27AM Sun	Nataraja: Clear		Navami
			Navami* Until 5:49PM	Bhadrapada-Avani	Devaloka Day		
Creative Work Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda


1	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Cape Town, South Africa Sun 23 Sutra 147
	Dhanus Rasi: 14.54	Tithi 10	Gulika 3:39PM – 5:07PM	Purvashadha* Until 5:05AM Mon	Ganesha: Green <i>Sunrise:</i> 6:56AM	Vikarin 5121
			Yama 12:45PM – 2:12PM	Ayushman Until 1:11PM	Muruqa: Blue <i>Sunset:</i> 6:34PM	Moon 8 - Phase 21
	581193463	Rahu 5:07PM – 6:34PM	Taitila Until 6:27AM		Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga	Grandparent's Day		Moon – Light Blue	Devaloka Day	
Until 5:05AM Mon			Dashami Until 7:10PM	Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

2	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Cape Town, South Africa Sun 24 Sutra 148
	Dhanus Rasi: 27.07	Tithi 11	Gulika 2:12PM – 3:40PM	Uttarashadha Until 7:30AM Tue	Ganesha: Green <i>Sunrise:</i> 6:55AM	Vikarin 5121
	Family Home Evening		Yama 11:17AM – 12:45PM	Saubhagya Until 1:34PM	Muruqa: Blue <i>Sunset:</i> 6:34PM	Moon 8 - Phase 21
	581193463	Rahu 8:23AM – 9:50AM	Vanija Until 8:05AM		Nataraja: Clear	4th Phase
Routine Work	Marana Yoga	Ekadashi Until 9:03PM		Moon – Light Blue	Devaloka Day	
Until 7:30AM Tue				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

3	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Cape Town, South Africa Sun 25 Sutra 149
	Makara Rasi: 9.1	Tithi 12	Gulika 12:44PM – 2:12PM	Uttarashadha Until 7:30AM	Ganesha: Green <i>Sunrise:</i> 6:54AM	Vikarin 5121
			Yama 9:49AM – 11:17AM	Sobhana Until 2:16PM	Muruqa: Blue <i>Sunset:</i> 6:35PM	Moon 8 - Phase 21
	581193463	Rahu 3:40PM – 5:07PM	Bava Until 10:09AM		Nataraja: Clear	4th Phase
Routine Work	Prabalarishta Yoga	Dvadashi Until 11:16PM		Moon – Light Blue	Devaloka Day	
Until 7:30AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 150
	Makara Rasi: 21.05	Tithi 13	Gulika 11:16AM – 12:44PM	Shravana Until 10:32AM	Ganesha: Red <i>Sunrise:</i> 6:52AM	Vikarin 5121
			Yama 8:20AM – 9:48AM	Athiganda* Until 3:07PM	Muruqa: Blue <i>Sunset:</i> 6:36PM	Moon 8 - Phase 21
	591193463	Rahu 12:44PM – 2:12PM	Kaulava Until 12:29PM		Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga	Avani Avittam	Trayodashi Until 1:41AM Thu	Moon – Purple	Sivaloka Day	
Until 10:32AM				Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 151
	Kumbha Rasi: 2.57	Tithi 14	Gulika 9:47AM – 11:16AM	Dhanishtha Until 1:31PM	Ganesha: Red <i>Sunrise:</i> 6:51AM	Vikarin 5121
			Yama 6:51AM – 8:19AM	Sukarma Until 4:04PM	Muruqa: Blue <i>Sunset:</i> 6:36PM	Moon 8 - Phase 21
	591193463	Rahu 2:12PM – 3:40PM	Gara Until 2:57PM		Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam	Chaturdashi* Until 4:09AM Fri	Moon – Purple	Sivaloka Day	
Until 7:25PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Cape Town, South Africa Sun 28 Sutra 152
	Copper Retreat Star		Gulika 8:18AM – 9:47AM	Shatabhishak Until 4:20PM	Ganesha: Red <i>Sunrise:</i> 6:50AM	Vikarin 5121
	Kumbha Rasi: 14.48	Tithi 15	Yama 3:40PM – 5:09PM	Dhriti Until 5:01PM	Muruqa: Purple <i>Sunset:</i> 6:37PM	Moon 8 - Phase 21
	591113463	Rahu 11:15AM – 12:43PM	Visti Until 5:24PM		Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:36AM Sat	Moon – Purple	Sivaloka Day	
Until 7:25PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

6	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Cape Town, South Africa Sun 29 Sutra 153
	Silver Retreat Star		Gulika 6:48AM – 8:17AM	Purvaprosarthapada* Until 7:25PM	Ganesha: Red <i>Sunrise:</i> 6:48AM	Vikarin 5121
	Kumbha Rasi: 26.4	Tithi 15 – 16	Yama 2:12PM – 3:40PM	Shula* Until 5:53PM	Muruqa: Purple <i>Sunset:</i> 6:38PM	Moon 8 - Phase 21
	511113463	Rahu 9:46AM – 11:14AM	Balava Until 7:48PM		Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Purnima* Until 6:36AM	Moon – Clear	Sivaloka Day	
Until 7:25PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa
Sutra 154
Vikarin 5121

Meena Rasi: 8.35 Tithi 16 – 17

Gulika 3:41PM – 5:10PM
Yama 12:43PM – 2:12PM
Rahu 5:10PM – 6:38PM

Uttaraproshtapada Until 10:13PM
Ganda* Until 6:40PM
Taitila Until 10:03PM
Prathama* Until 8:55AM

Ganesha: Yellow *Sunrise: 6:47AM*
Muruqa: Purple *Sunset: 6:38PM*
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Sivaloka Day
Bhadrapada-Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa
Sun 1 Sutra 155
Vikarin 5121

Meena Rasi: 20.33 Tithi 17 – 18

Gulika 2:12PM – 3:41PM
Yama 11:13AM – 12:42PM
Rahu 8:15AM – 9:44AM

Revati Until 12:39AM Tue
Vriddhi Until 7:20PM
Vanija Until 12:06AM Tue
Dvitiya Until 11:05AM

Ganesha: Yellow *Sunrise: 6:46AM*
Muruqa: Purple *Sunset: 6:39PM*
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Sivaloka Day
Bhadrapada-Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Cape Town, South Africa
Sun 2 Sutra 156
Vikarin 5121

Mesha Rasi: 3 Tithi 18 – 19

Gulika 12:42PM – 2:11PM
Yama 9:43AM – 11:13AM
Rahu 3:41PM – 5:10PM

Ashvini Until 3:11AM Wed
Dhruva Until 7:46PM
Bava Until 1:55AM Wed
Tritiya Until 1:02PM

Ganesha: White *Sunrise: 6:44AM*
Muruqa: Purple *Sunset: 6:40PM*
Nataraja: Clear
Moon – White

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day
Bhadrapada-Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa
Sun 3 Sutra 157
Vikarin 5121

Mesha Rasi: 14.46 Tithi 19 – 20

Gulika 11:12AM – 12:42PM
Yama 8:12AM – 9:42AM
Rahu 12:42PM – 2:11PM

Bharani Until 5:13AM Thu
Vyaghata* Until 7:59PM
Kaulava Until 3:23AM Thu
Chaturthi* Until 2:41PM

Ganesha: White *Sunrise: 6:43AM*
Muruqa: Purple *Sunset: 6:40PM*
Nataraja: Clear
Moon – White

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day
Bhadrapada-Puratasi

Until 5:13AM Thu
Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtayam Titau

Cape Town, South Africa
Sun 4 Sutra 158
Vikarin 5121

Mesha Rasi: 27.04 Tithi 20 – 21

Gulika 9:41AM – 11:11AM
Yama 6:41AM – 8:11AM
Rahu 2:11PM – 3:41PM

Krittika Until 6:39AM Fri
Harshana Until 7:55PM
Gara Until 4:26AM Fri
Panchami Until 3:57PM

Ganesha: White *Sunrise: 6:41AM*
Muruqa: Purple *Sunset: 6:41PM*
Nataraja: Clear
Moon – White

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Devaloka Day
Bhadrapada-Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa
Sun 5 Sutra 159
Vikarin 5121

Vrishabha Rasi: 9.34 Tithi 21 – 22

Gulika 8:10AM – 9:40AM
Yama 3:41PM – 5:12PM
Rahu 11:11AM – 12:41PM

Krittika Until 6:39AM
Vajra* Until 7:24PM
Visti Until 4:55AM Sat
Shashthi* Until 4:44PM

Ganesha: White *Sunrise: 6:40AM*
Muruqa: Purple *Sunset: 6:42PM*
Nataraja: Clear
Moon – White

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day
Bhadrapada-Puratasi

Until 6:39AM
Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa
Sun 6 Sutra 160
Vikarin 5121

Vrishabha Rasi: 22.19 Tithi 22 – 23

Gulika 6:39AM – 8:09AM
Yama 2:11PM – 3:42PM
Rahu 9:40AM – 11:10AM

Rohini Until 7:52AM
Siddhi Until 6:26PM
Balava Until 4:45AM Sun
Saptami Until 4:54PM

Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Purple *Sunset: 6:42PM*
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Sivaloka Day
Bhadrapada-Puratasi

Until 7:52AM

Then Creative Work - Siddha Yoga



Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa
Sun 7 Sutra 161
Vikarin 5121

Mithuna Rasi: 5.23 Tithi 23 – 24

Gulika 3:42PM – 5:12PM
Yama 12:40PM – 2:11PM
Rahu 5:12PM – 6:43PM

Mrigashira Until 8:17AM
Vyatipata* Until 4:55PM
Taitila Until 3:52AM Mon
Ashtami* Until 4:23PM

Ganesha: Orange *Sunrise: 6:37AM*
Muruqa: Purple *Sunset: 6:43PM*
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Sivaloka Day
Bhadrapada-Puratasi

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cape Town, South Africa
Sun 8 Sutra 162
Vikarin 5121

Mithuna Rasi: 18.51 Tithi 24 – 25

Gulika 2:11PM – 3:42PM
Yama 11:09AM – 12:40PM
Rahu 8:07AM – 9:38AM

Ardra Until 7:50AM
Variyan Until 2:48PM
Vanija Until 2:16AM Tue
Navami* Until 3:08PM

Ganesha: Orange *Sunrise: 6:36AM*
Muruqa: Purple *Sunset: 6:44PM*
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22
Navami

Creative Work Siddha Yoga

Sivaloka Day
Bhadrapada-Puratasi

Until 7:50AM

Then Creative Work - Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Cape Town, South Africa Sun 9 Sutra 163
Kataka Rasi: 2.45	Tithi 25 – 26	Gulika 12:40PM – 2:11PM	Punarvasu Until 6:59AM	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM	Vikarin 5121
		Yama 9:37AM – 11:08AM	Parigha* Until 12:08PM	Muruqa: Purple <i>Sunset:</i> 6:45PM	Moon 9 - Phase 23
		542213463 Rahu 3:42PM – 5:13PM	Bava Until 11:59PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:11PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Cape Town, South Africa Sun 10 Sutra 164
Kataka Rasi: 17.04	Tithi 26 – 27	Gulika 11:08AM – 12:39PM	Ashlesha* Until 2:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:33AM	Vikarin 5121
		Yama 8:05AM – 9:36AM	Shiva Until 8:56AM	Muruqa: Purple <i>Sunset:</i> 6:45PM	Moon 9 - Phase 23
		542213463 Rahu 12:39PM – 2:11PM	Kaulava Until 9:07PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:36AM	Moon – Blue	Devaloka Day
Until 2:57AM Thu				Bhadrapada•Puratasi	
Then Creative Work - Amrita Yoga					

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau	Cape Town, South Africa Sun 11 Sutra 165
Simha Rasi: 1.48	Tithi 27 – 28	Gulika 9:35AM – 11:07AM	Magha* Until 12:26AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 6:32AM – 8:03AM	Sadhya Until 1:18AM Fri	Muruqa: Purple <i>Sunset:</i> 6:46PM	Moon 9 - Phase 23
		552213463 Rahu 2:11PM – 3:42PM	Vanija Until 3:59AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 7:29AM	Moon – Red	Devaloka Day
Until 12:26AM Fri				Bhadrapada•Puratasi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau	Cape Town, South Africa Sun 12 Sutra 166
Simha Rasi: 16.5	Tithi 29	Gulika 8:02AM – 9:34AM	Purvaphalguni Until 9:31PM	Ganesha: Purple <i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 3:43PM – 5:15PM	Subha Until 9:07PM	Muruqa: Purple <i>Sunset:</i> 6:47PM	Moon 9 - Phase 23
		552213463 Rahu 11:06AM – 12:38PM	Visti Until 2:09PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:15AM Sat	Moon – Red	Devaloka Day
				Bhadrapada•Puratasi	

Retreat Star		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Cape Town, South Africa Sun 13 Sutra 167
Kanya Rasi: 2.02	Tithi 30	Gulika 6:29AM – 8:01AM	Uttaraphalguni Until 6:24PM	Ganesha: Light Blue <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 2:10PM – 3:43PM	Sukla Until 4:51PM	Muruqa: Purple <i>Sunset:</i> 6:47PM	Moon 9 - Phase 23
		652213463 Rahu 9:34AM – 11:06AM	Catuspada Until 10:22AM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:28PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi	

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau	Cape Town, South Africa Sun 14 Sutra 168
Kanya Rasi: 17.14	Tithi 1 – 2	Gulika 3:43PM – 5:15PM	Hasta Until 3:39PM	Ganesha: Light Blue <i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 12:38PM – 2:10PM	Brahma Until 12:39PM	Muruqa: Purple <i>Sunset:</i> 6:48PM	Moon 9 - Phase 23
		663213463 Rahu 5:15PM – 6:48PM	Kintughna Until 6:37AM	Nataraja: Clear	Prathama
Creative Work	Amrita Yoga		Prathama* Until 4:47PM	Moon – Green	Devaloka Day
Until 3:39PM		Navaratri Begins		Ashvina•Puratasi	
Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Cape Town, South Africa Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.18	Tithi 2 – 3	Gulika	2:10PM – 3:43PM	Chitra Until 1:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:26AM
Family Home Evening	663213463	Yama	11:05AM – 12:37PM	Indra Until 8:41AM	Muruqa: Purple <i>Sunset:</i> 6:49PM
Routine Work	Prabalarishta Yoga	Rahu	7:59AM – 9:32AM	Taitila Until 11:54PM	Nataraja: Clear
Until 1:02PM				Dvitiya Until 1:24PM	Moon – Green
Then Creative Work - Amrita Yoga					Devaloka Day
					Ashvina+Puratasi

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Cape Town, South Africa Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.02	Tithi 3 – 4	Gulika	12:37PM – 2:10PM	Svati Until 10:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:25AM
	663213463	Yama	9:31AM – 11:04AM	Vishkambha* Until 1:54AM Wed	Muruqa: Purple <i>Sunset:</i> 6:49PM
Creative Work	Siddha Yoga	Rahu	3:43PM – 5:16PM	Vanija Until 9:17PM	Nataraja: Clear
Until 10:45AM				Tritiya Until 10:30AM	Moon – Green
Then Routine Work - Marana Yoga					Devaloka Day
					Ashvina+Puratasi

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Cape Town, South Africa Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.2	Tithi 4 – 5	Gulika	11:03AM – 12:37PM	Vishakha Until 9:23AM	Ganesha: Purple <i>Sunrise:</i> 6:24AM
	673213463	Yama	7:57AM – 9:30AM	Priti Until 11:22PM	Muruqa: Purple <i>Sunset:</i> 6:50PM
Creative Work	Siddha Yoga	Rahu	12:37PM – 2:10PM	Bava Until 7:22PM	Nataraja: Clear
Until 10:45AM				Chaturthi* Until 8:13AM	Moon – Orange
Then Routine Work - Marana Yoga					Devaloka Day
					Ashvina+Puratasi

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Cape Town, South Africa Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.1	Tithi 5 – 6	Gulika	9:29AM – 11:03AM	Anuradha Until 8:38AM	Ganesha: Purple <i>Sunrise:</i> 6:22AM
	673213463	Yama	6:22AM – 7:56AM	Ayushman Until 9:29PM	Muruqa: Purple <i>Sunset:</i> 6:51PM
Creative Work	Siddha Yoga	Rahu	2:10PM – 3:44PM	Kaulava Until 6:17PM	Nataraja: Clear
Until 8:38AM				Panchami Until 6:42AM	Moon – Orange
Then Routine Work - Prabalarishta Yoga					Devaloka Day
					Ashvina+Puratasi

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Cape Town, South Africa Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 28.29	Tithi 6 – 7	Gulika	7:55AM – 9:29AM	Jyeshtha* Until 8:36AM	Ganesha: Purple <i>Sunrise:</i> 6:21AM
	673213463	Yama	3:44PM – 5:18PM	Saubhagya Until 8:19PM	Muruqa: Purple <i>Sunset:</i> 6:52PM
Routine Work	Marana Yoga	Rahu	11:02AM – 12:36PM	Gara Until 6:06PM	Nataraja: Clear
Until 8:36AM				Shashthi* Until 6:03AM	Moon – Orange
Then Creative Work - Amrita Yoga					Devaloka Day
					Ashvina+Puratasi

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Cape Town, South Africa Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.21	Tithi 7 – 8	Gulika	6:19AM – 7:54AM	Mula* Until 9:45AM	Ganesha: Clear <i>Sunrise:</i> 6:19AM
	683213463	Yama	2:10PM – 3:44PM	Sobhana Until 7:51PM	Muruqa: Purple <i>Sunset:</i> 6:52PM
Creative Work	Siddha Yoga	Rahu	9:28AM – 11:02AM	Visti Until 6:47PM	Nataraja: Clear
Until 11:32AM				Saptami Until 6:19AM	Moon – Light Blue
Then Creative Work - Amrita Yoga					Sivaloka Day
					Ashvina+Puratasi

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Cape Town, South Africa Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 23.49	Tithi 8 – 9	Gulika	3:44PM – 5:19PM	Purvashadha* Until 11:32AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM
	683213463	Yama	12:36PM – 2:10PM	Athiganda* Until 7:55PM	Muruqa: Purple <i>Sunset:</i> 6:53PM
Creative Work	Siddha Yoga	Rahu	5:19PM – 6:53PM	Balava Until 8:14PM	Nataraja: Clear
Until 11:32AM				Ashtami* Until 7:24AM	Moon – Light Blue
Then Creative Work - Amrita Yoga					Sivaloka Day
					Ashvina+Puratasi

1	Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 22 Sutra 176 Vikarin 5121
	Makara Rasi: 6.01	Tithi 9 – 10	Gulika 2:10PM – 3:45PM	Uttarashadha Until 1:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	
	Family Home Evening	683213463	Yama 11:01AM – 12:35PM	Sukarma Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 6:54PM	Moon 9 - Phase 25
	Routine Work Marana Yoga		Rahu 7:51AM – 9:26AM	Taitila Until 10:17PM	Nataraja: Clear		4th Phase
			Navami* Until 9:11AM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			


2	Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Cape Town, South Africa Sun 23 Sutra 177 Vikarin 5121
	Makara Rasi: 17.59	Tithi 10 – 11	Gulika 12:35PM – 2:10PM	Shravana Until 4:45PM	Ganesha: White	<i>Sunrise:</i> 6:15AM	
		693213464	Yama 9:25AM – 11:00AM	Dhriti Until 9:18PM	Muruqa: Purple	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 3:45PM – 5:20PM	Vanija Until 12:40AM Wed	Nataraja: Purple		4th Phase
		Vijaya Dasami	Dashami Until 11:25AM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			

3	Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 24 Sutra 178 Vikarin 5121
	Makara Rasi: 29.52	Tithi 11 – 12	Gulika 11:00AM – 12:35PM	Dhanishtha Until 7:46PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	
		693213464	Yama 7:49AM – 9:24AM	Shula* Until 10:13PM	Muruqa: Purple	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 25
	Routine Work Prabalarishta Yoga		Rahu 12:35PM – 2:10PM	Bava Until 3:13AM Thu	Nataraja: Purple		4th Phase
			Ekadashi Until 1:55PM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			

4	Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 25 Sutra 179 Vikarin 5121
	Kumbha Rasi: 11.42	Tithi 12 – 13	Gulika 9:24AM – 10:59AM	Shatabhishak Until 10:36PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	
		693213464	Yama 6:13AM – 7:48AM	Ganda* Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 6:56PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 2:10PM – 3:45PM	Kaulava Until 5:43AM Fri	Nataraja: Purple		4th Phase
		Kadaitswami Mahasamadhi	Dvadashi Until 4:27PM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			
				<i>Pradosha Vrata</i>			

5	Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Taitila Karana Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 180 Vikarin 5121
	Kumbha Rasi: 23.34	Tithi 13	Gulika 7:47AM – 9:23AM	Purvaproshtpada* Until 1:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:12AM	
		613213464	Yama 3:46PM – 5:21PM	Vriddhi Until 12:00AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:57PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 10:59AM – 12:34PM	Taitila Until 6:53PM	Nataraja: Purple		4th Phase
		Chidambaram Abhishekam	Trayodashi Until 6:53PM	Moon – Clear		Sivaloka Day	
				Ashvina+Puratasi			

6	Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 181 Vikarin 5121
	Meena Rasi: 5.29	Tithi 14	Gulika 6:10AM – 7:46AM	Uttaraproshtpada Until 4:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:10AM	
		613213464	Yama 2:10PM – 3:46PM	Dhruva Until 12:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:58PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 9:22AM – 10:58AM	Gara Until 8:04AM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 9:08PM	Moon – Clear		Sivaloka Day	
				Ashvina+Puratasi			

	Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Cape Town, South Africa Sutra 182 Vikarin 5121
	Copper Retreat Star		Gulika 3:46PM – 5:22PM	Revati Until 6:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	
	Meena Rasi: 17.29	Tithi 15	Yama 12:34PM – 2:10PM	Vyaghata* Until 1:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:58PM	Moon 9 - Phase 25
		614213464	Rahu 5:22PM – 6:58PM	Visti Until 10:11AM	Nataraja: Purple		Purnima
			Purnima* Until 11:07PM	Moon – Clear		Subha Sivaloka Day	
				Ashvina+Puratasi			

Monday, October 14, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Cape Town, South Africa Sutra 183 Vikarin 5121
	Meena Rasi: 29.35	Tithi 16	Gulika 2:10PM – 3:46PM	Revati Until 6:38AM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	
	Family Home Evening	614213464	Yama 10:57AM – 12:33PM	Harshana Until 1:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:59PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 7:44AM – 9:21AM	Balava Until 12:02PM	Nataraja: Purple		Prathama
			Prathama* Until 12:50AM Tue	Moon – Clear		Subha Sivaloka Day	
				Ashvina+Puratasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa
Sun 1 Sutra 184

Mesha Rasi: 11.49 Tithi 17

624213464

Gulika 12:33PM – 2:10PM
Yama 9:20AM – 10:57AM
Rahu 3:47PM – 5:23PM

Ashvini Until 8:57AM
Vajra* Until 1:25AM Wed
Taitila Until 1:35PM
Dvitiya Until 2:13AM Wed

Ganesha: White *Sunrise: 6:07AM*
Muruqa: Purple *Sunset: 7:00PM*
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi* Yoga Vanija/Visti* Karana Tritiyayam Titau

Cape Town, South Africa
Sun 2 Sutra 185

Mesha Rasi: 24.1 Tithi 18

624213464

Gulika 10:56AM – 12:33PM
Yama 7:42AM – 9:19AM
Rahu 12:33PM – 2:10PM

Bharani Until 10:48AM
Siddhi Until 1:11AM Thu
Vanija Until 2:49PM
Tritiya Until 3:17AM Thu

Ganesha: White *Sunrise: 6:05AM*
Muruqa: Purple *Sunset: 7:01PM*
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 10:48AM
Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Cape Town, South Africa
Sun 3 Sutra 186

Vrishabha Rasi: 6.4 Tithi 19

624313464

Gulika 9:18AM – 10:56AM
Yama 6:04AM – 7:41AM
Rahu 2:10PM – 3:47PM

Krittika Until 12:09PM
Vyatipata* Until 12:40AM Fri
Bava Until 3:42PM
Chaturthi* Until 3:58AM Fri

Ganesha: Yellow *Sunrise: 6:04AM*
Muruqa: Purple *Sunset: 7:02PM*
Nataraja: Purple
Moon – White
Subha Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa
Sun 4 Sutra 187

Vrishabha Rasi: 19.21 Tithi 20

634313464

Gulika 7:40AM – 9:18AM
Yama 3:47PM – 5:25PM
Rahu 10:55AM – 12:33PM

Rohini Until 1:27PM
Varyan Until 11:49PM
Kaulava Until 4:11PM
Panchami Until 4:14AM Sat

Ganesha: White *Sunrise: 6:03AM*
Muruqa: Purple *Sunset: 7:02PM*
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Cape Town, South Africa
Sun 5 Sutra 188

Mithuna Rasi: 2.14 Tithi 21

634313464

Gulika 6:02AM – 7:39AM
Yama 2:10PM – 3:48PM
Rahu 9:17AM – 10:55AM

Mrigashira Until 2:09PM
Parigha* Until 10:36PM
Gara Until 4:13PM
Shashthi* Until 4:01AM Sun

Ganesha: White *Sunrise: 6:02AM*
Muruqa: Purple *Sunset: 7:03PM*
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Cape Town, South Africa
Sun 6 Sutra 189

Mithuna Rasi: 15.21 Tithi 22

634313464

Gulika 3:48PM – 5:26PM
Yama 12:32PM – 2:10PM
Rahu 5:26PM – 7:04PM

Ardra Until 2:12PM
Shiva Until 8:59PM
Visti Until 3:44PM
Saptami Until 3:15AM Mon

Ganesha: White *Sunrise: 6:00AM*
Muruqa: Purple *Sunset: 7:04PM*
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa
Sun 7 Sutra 190

Mithuna Rasi: 28.46 Tithi 23

644313464

Gulika 2:10PM – 3:48PM
Yama 10:54AM – 12:32PM
Rahu 7:38AM – 9:16AM

Punarvasu Until 2:01PM
Siddha Until 6:54PM
Balava Until 2:41PM
Ashtami* Until 1:56AM Tue

Ganesha: Clear *Sunrise: 5:59AM*
Muruqa: Purple *Sunset: 7:05PM*
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 2:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa
Sun 8 Sutra 191

Kataka Rasi: 12.31 Tithi 24

644313464

Gulika 12:32PM – 2:10PM
Yama 9:15AM – 10:53AM
Rahu 3:49PM – 5:27PM

Pushya Until 1:07PM
Sadhya Until 4:21PM
Taitila Until 1:04PM
Navami* Until 12:02AM Wed

Ganesha: Clear *Sunrise: 5:58AM*
Muruqa: Purple *Sunset: 7:06PM*
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Cape Town, South Africa Sun 9 Sutra 192	
Kataka Rasi: 26.37	Tithi 25	Gulika 10:53AM – 12:32PM	Ashlesha* Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM		Vikarin 5121
		Yama 7:36AM – 9:14AM	Subha Until 1:24PM	Muruqa: Purple	<i>Sunset:</i> 7:06PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	644313464 Rahu 12:32PM – 2:10PM	Vanija Until 10:55AM	Nataraja: Purple			2nd Phase
			Dashami Until 9:38PM	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Cape Town, South Africa Sun 10 Sutra 193	
Simha Rasi: 11.02	Tithi 26	Gulika 9:14AM – 10:53AM	Magha* Until 9:45AM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM		Vikarin 5121
		Yama 5:56AM – 7:35AM	Sukla Until 10:02AM	Muruqa: Purple	<i>Sunset:</i> 7:07PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	654313464 Rahu 2:11PM – 3:49PM	Bava Until 8:16AM	Nataraja: Purple			2nd Phase
Until 9:45AM			Ekadashi* Until 6:47PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Cape Town, South Africa Sun 11 Sutra 194	
Simha Rasi: 25.45	Tithi 27 – 28	Gulika 7:34AM – 9:13AM	Purvaphalguni Until 7:27AM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		Vikarin 5121
		Yama 3:50PM – 5:29PM	Brahma Until 6:22AM	Muruqa: Purple	<i>Sunset:</i> 7:08PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	655313464 Rahu 10:52AM – 12:32PM	Gara Until 1:59AM Sat	Nataraja: Purple			2nd Phase
			Dvadashi* Until 3:38PM	Moon – Red		Subha Sivaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Cape Town, South Africa Sun 12 Sutra 195	
Kanya Rasi: 10.39	Tithi 28 – 29	Gulika 5:54AM – 7:33AM	Hasta Until 2:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 2:11PM – 3:50PM	Vaidhriti* Until 10:34PM	Muruqa: Purple	<i>Sunset:</i> 7:09PM		Moon 10 - Phase 27
Routine Work	Marana Yoga	665313464 Rahu 9:13AM – 10:52AM	Visti Until 10:37PM	Nataraja: Purple			2nd Phase
Until 2:19AM Sun			Trayodashi* Until 12:17PM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Cape Town, South Africa Sun 13 Sutra 196	
Kanya Rasi: 25.37	Tithi 29 – 30	Gulika 3:51PM – 5:30PM	Chitra Until 11:48PM	Ganesha: Orange	<i>Sunrise:</i> 5:53AM		Vikarin 5121
		Yama 12:31PM – 2:11PM	Vishkambha* Until 6:40PM	Muruqa: Purple	<i>Sunset:</i> 7:10PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	665313464 Rahu 5:30PM – 7:10PM	Catuspada Until 7:18PM	Nataraja: Purple			Amavasya
			Chaturdashi* Until 8:55AM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Cape Town, South Africa Sun 14 Sutra 197	
Tula Rasi: 10.29	Tithi 1	Gulika 2:11PM – 3:51PM	Svati Until 9:24PM	Ganesha: Orange	<i>Sunrise:</i> 5:52AM		Vikarin 5121
Family Home Evening		Yama 10:51AM – 12:31PM	Priti Until 2:57PM	Muruqa: Purple	<i>Sunset:</i> 7:11PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 7:31AM – 9:11AM	Kintughna Until 4:12PM	Nataraja: Purple			Prathama
Until 9:24PM			Prathama* Until 2:47AM Tue	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Cape Town, South Africa Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 25.07	Tithi 2	Gulika 12:31PM – 2:11PM	Vishakha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM		
		Yama 9:11AM – 10:51AM	Ayushman Until 11:32AM	Muruqa: Purple	<i>Sunset:</i> 7:12PM		Moon 10 - Phase 28
		675313464 Rahu 3:51PM – 5:32PM	Balava Until 1:31PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:21AM Wed	Moon – Orange		Subha Sivaloka Day	
Until 7:42PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau		Cape Town, South Africa Sun 16 Sutra 199 Vikarin 5121	
Virshika Rasi: 9.24	Tithi 3	Gulika 10:51AM – 12:31PM	Anuradha Until 6:29PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM		
		Yama 7:30AM – 9:10AM	Saubhagya Until 8:34AM	Muruqa: Purple	<i>Sunset:</i> 7:13PM		Moon 10 - Phase 28
		675313464 Rahu 12:31PM – 2:11PM	Tailila Until 11:22AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:33PM	Moon – Orange		Subha Sivaloka Day	
						Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Cape Town, South Africa Sun 17 Sutra 200 Vikarin 5121	
Virshika Rasi: 23.14	Tithi 4	Gulika 9:10AM – 10:50AM	Jyeshtha* Until 5:51PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM		
		Yama 5:49AM – 7:29AM	Sobhana Until 6:11AM	Muruqa: Purple	<i>Sunset:</i> 7:13PM		Moon 10 - Phase 28
		675313464 Rahu 2:12PM – 3:52PM	Vanija Until 9:57AM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:31PM	Moon – Orange		Subha Sivaloka Day	
Until 5:51PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Cape Town, South Africa Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 6.37	Tithi 5	Gulika 7:28AM – 9:09AM	Mula* Until 6:20PM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM		
		Yama 3:53PM – 5:34PM	Sukarma Until 3:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 7:14PM		Moon 10 - Phase 28
		685313464 Rahu 10:50AM – 12:31PM	Bava Until 9:21AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 9:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 6:20PM						Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Tailila Karana Shashthiyam Titau		Cape Town, South Africa Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 19.33	Tithi 6	Gulika 5:47AM – 7:28AM	Purvashadha* Until 7:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:47AM		
		Yama 2:12PM – 3:53PM	Dhriti Until 2:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 7:15PM		Moon 10 - Phase 28
		685313464 Rahu 9:09AM – 10:50AM	Kaulava Until 9:37AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:02PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 7:31PM						Kartika•Aipasi	
Then Routine Work - Marana Yoga		Skanda Shasthi					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Cape Town, South Africa Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 2.05	Tithi 7	Gulika 3:54PM – 5:35PM	Uttarashadha Until 9:16PM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM		
		Yama 12:31PM – 2:12PM	Shula* Until 2:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 7:16PM		Moon 10 - Phase 28
		685313464 Rahu 5:35PM – 7:16PM	Gara Until 10:42AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 11:30PM	Moon – Light Blue		Subha Subha Sivaloka Day	
						Kartika•Aipasi	

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Cape Town, South Africa Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 14.19	Tithi 8	Gulika 2:12PM – 3:54PM	Shravana Until 11:57PM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM		
Family Home Evening		Yama 10:49AM – 12:31PM	Ganda* Until 3:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 7:17PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 7:26AM – 9:08AM	Visti Until 12:29PM	Nataraja: Purple			Ashtami
Until 11:57PM			Ashtami* Until 1:33AM Tue	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga						Kartika•Aipasi	

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Cape Town, South Africa Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 26.2	Tithi 9	Gulika 12:31PM – 2:13PM	Dhanishtha Until 2:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:44AM		
		Yama 9:07AM – 10:49AM	Vriddhi Until 4:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 7:18PM		Moon 10 - Phase 28
		696313464 Rahu 3:54PM – 5:36PM	Balava Until 2:45PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 3:58AM Wed	Moon – Purple		Sivaloka Day	
						Kartika•Aipasi	


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau			Cape Town, South Africa Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.14	Tithi 10	Gulika 10:49AM – 12:31PM	Shatabhishak Until 5:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:43AM
			Yama 7:25AM – 9:07AM	Dhruva Until 5:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 7:19PM
	696313464		Rahu 12:31PM – 2:13PM	Taitila Until 5:16PM	Nataraja: Purple	Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:31AM Thu	Moon – Purple	Sivaloka Day	
				Kartika-Aipasi		

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Cape Town, South Africa Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.05	Tithi 10 – 11	Gulika 9:07AM – 10:49AM	Purvaproshtapada* Until 8:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM
			Yama 5:42AM – 7:24AM	Vyaghata* Until 6:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 7:20PM
	716313464		Rahu 2:13PM – 3:55PM	Vanija Until 7:47PM	Nataraja: Purple	Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:31AM	Moon – Clear	Subha Sivaloka Day	
				Kartika-Aipasi		

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Cape Town, South Africa Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 1.58	Tithi 11 – 12	Gulika 7:24AM – 9:06AM	Purvaproshtapada* Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM
			Yama 3:56PM – 5:38PM	Vyaghata* Until 6:04AM	Muruqa: Purple	<i>Sunset:</i> 7:21PM
	716313464		Rahu 10:49AM – 12:31PM	Bava Until 10:08PM	Nataraja: Purple	Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:58AM	Moon – Clear	Subha Sivaloka Day	
				Kartika-Aipasi		

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 13.56	Tithi 12 – 13	Gulika 5:41AM – 7:23AM	Uttaraproshtapada Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM
			Yama 2:14PM – 3:56PM	Harshana Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 7:22PM
	716313464		Rahu 9:06AM – 10:49AM	Kaulava Until 12:12AM Sun	Nataraja: Purple	Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:11AM	Moon – Clear	Subha Sivaloka Day	
Until 11:25AM				Kartika-Aipasi		
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.02	Tithi 13 – 14	Gulika 3:57PM – 5:40PM	Revati Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM
			Yama 12:31PM – 2:14PM	Vajra* Until 7:08AM	Muruqa: Purple	<i>Sunset:</i> 7:23PM
	716313464		Rahu 5:40PM – 7:23PM	Gara Until 1:52AM Mon	Nataraja: Purple	Moon 10 - Phase 29 4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 1:03PM	Moon – Clear	Subha Sivaloka Day	
Until 1:37PM				Kartika-Aipasi		
Then Creative Work - Siddha Yoga						

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Cape Town, South Africa Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 2:14PM – 3:57PM	Ashvini Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM
	Mesha Rasi: 8.17	Tithi 14 – 15	Yama 10:48AM – 12:31PM	Siddhi Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 7:24PM
	Family Home Evening	727313464	Rahu 7:22AM – 9:05AM	Visti Until 3:07AM Tue	Nataraja: Purple	Moon 10 - Phase 29 Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 2:32PM	Moon – White	Subha Sivaloka Day	
				Kartika-Aipasi		

6	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Cape Town, South Africa Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 12:31PM – 2:15PM	Bharani Until 5:19PM	Ganesha: White	<i>Sunrise:</i> 5:38AM
	Mesha Rasi: 20.43	Tithi 15 – 16	Yama 9:05AM – 10:48AM	Vyatipata* Until 7:03AM	Muruqa: Purple	<i>Sunset:</i> 7:25PM
	727413464		Rahu 3:58PM – 5:41PM	Balava Until 3:57AM Wed	Nataraja: Purple	Moon 10 - Phase 29 Prathama
Creative Work	Siddha Yoga		Purnima* Until 3:34PM	Moon – White	Sivaloka Day	
				Kartika-Aipasi		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 3.21 Tithi 16 - 17

727413464

Gulika 10:48AM - 12:32PM
Yama 7:21AM - 9:05AM
Rahu 12:32PM - 2:15PM

Krittika Until 6:19PM
Varyan Until 6:30AM
Taitila Until 4:22AM Thu
Prathama* Until 4:11PM

Ganesha: White *Sunrise: 5:38AM*
Muruqa: Purple *Sunset: 7:26PM*
Nataraja: Purple
Moon - White
Karttika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 2 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 16.1 Tithi 17 - 18

737413464

Gulika 9:04AM - 10:48AM
Yama 5:37AM - 7:21AM
Rahu 2:15PM - 3:59PM

Rohini Until 7:14PM
Shiva Until 4:31AM Fri
Vanija Until 4:23AM Fri
Dvitiya Until 4:24PM

Ganesha: Clear *Sunrise: 5:37AM*
Muruqa: Purple *Sunset: 7:26PM*
Nataraja: Purple
Moon - Yellow
Karttika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Cape Town, South Africa

Sun 3 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 29.11 Tithi 18 - 19

737413464

Gulika 7:20AM - 9:04AM
Yama 4:00PM - 5:44PM
Rahu 10:48AM - 12:32PM

Mrigashira Until 7:38PM
Siddha Until 3:03AM Sat
Bava Until 4:02AM Sat
Tritiya Until 4:14PM

Ganesha: Clear *Sunrise: 5:36AM*
Muruqa: Purple *Sunset: 7:27PM*
Nataraja: Purple
Moon - Yellow
Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa

Sun 4 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.23 Tithi 19 - 20

737413464

Gulika 5:36AM - 7:20AM
Yama 2:16PM - 4:00PM
Rahu 9:04AM - 10:48AM

Ardra Until 7:32PM
Sadhya Until 1:19AM Sun
Kaulava Until 3:20AM Sun
Chaturthi* Until 3:42PM

Ganesha: Clear *Sunrise: 5:36AM*
Muruqa: Purple *Sunset: 7:28PM*
Nataraja: Purple
Moon - Yellow
Karttika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa

Sun 5 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 25.46 Tithi 20 - 21

747413465

Gulika 4:01PM - 5:45PM
Yama 12:32PM - 2:17PM
Rahu 5:45PM - 7:29PM

Punarvasu Until 7:24PM
Subha Until 11:20PM
Gara Until 2:17AM Mon
Panchami Until 2:50PM

Ganesha: Purple *Sunrise: 5:35AM*
Muruqa: Purple *Sunset: 7:29PM*
Nataraja: Clear
Moon - Blue
Karttika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa

Sun 6 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 9.21 Tithi 21 - 22

748413465

Gulika 2:17PM - 4:01PM
Yama 10:48AM - 12:32PM
Rahu 7:19AM - 9:04AM

Pushya Until 6:46PM
Sukla Until 9:03PM
Visti Until 12:53AM Tue
Shashthi* Until 1:37PM

Ganesha: Clear *Sunrise: 5:35AM*
Muruqa: Purple *Sunset: 7:30PM*
Nataraja: Clear
Moon - Blue
Karttika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Cape Town, South Africa

Sun 7 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 23.08 Tithi 22 - 23

748413465

Gulika 12:33PM - 2:17PM
Yama 9:03AM - 10:48AM
Rahu 4:02PM - 5:47PM

Ashlesha* Until 5:40PM
Brahma Until 6:31PM
Balava Until 11:10PM
Saptami Until 12:03PM

Ganesha: Clear *Sunrise: 5:34AM*
Muruqa: Purple *Sunset: 7:31PM*
Nataraja: Clear
Moon - Blue
Karttika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 8 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 7.07 Tithi 23 - 24

758413465

Gulika 10:48AM - 12:33PM
Yama 7:18AM - 9:03AM
Rahu 12:33PM - 2:18PM

Magha* Until 4:32PM
Indra Until 3:44PM
Taitila Until 9:08PM
Ashtami* Until 10:10AM

Ganesha: White *Sunrise: 5:34AM*
Muruqa: Purple *Sunset: 7:32PM*
Nataraja: Clear
Moon - Red
Karttika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Cape Town, South Africa Sun 9 Sutra 221 Vikarin 5121
Simha Rasi: 21.18	Tithi 24 – 25	Gulika 9:03AM – 10:48AM	Purvaphalguni Until 2:59PM	Ganesha: White <i>Sunrise:</i> 5:33AM	
		Yama 5:33AM – 7:18AM	Vaidhriti* Until 12:42PM	Muruqa: Purple <i>Sunset:</i> 7:33PM	Moon 11 - Phase 31
		758413465 Rahu 2:18PM – 4:03PM	Vanija Until 6:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau	Cape Town, South Africa Sun 10 Sutra 222 Vikarin 5121
Kanya Rasi: 5.4	Tithi 26	Gulika 7:18AM – 9:03AM	Uttaraphalguni Until 1:03PM	Ganesha: White <i>Sunrise:</i> 5:33AM	
		Yama 4:04PM – 5:49PM	Vishkambha* Until 9:29AM	Muruqa: Purple <i>Sunset:</i> 7:33PM	Moon 11 - Phase 31
		758413465 Rahu 10:48AM – 12:33PM	Bava Until 4:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 1:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitilla Karana Dvadashtyam Titau	Cape Town, South Africa Sun 11 Sutra 223 Vikarin 5121
Kanya Rasi: 20.08	Tithi 27	Gulika 5:32AM – 7:18AM	Hasta Until 11:16AM	Ganesha: Yellow <i>Sunrise:</i> 5:32AM	
		Yama 2:19PM – 4:04PM	Priti Until 6:09AM	Muruqa: Purple <i>Sunset:</i> 7:35PM	Moon 11 - Phase 31
		768413465 Rahu 9:03AM – 10:48AM	Kaulava Until 1:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashti* Until 12:17AM Sun	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Cape Town, South Africa Sun 12 Sutra 224 Vikarin 5121
Tula Rasi: 4.38	Tithi 28	Gulika 4:05PM – 5:50PM	Chitra Until 9:20AM	Ganesha: Blue <i>Sunrise:</i> 5:32AM	
		Yama 12:34PM – 2:19PM	Saubhagya Until 11:25PM	Muruqa: Purple <i>Sunset:</i> 7:36PM	Moon 11 - Phase 31
		769413465 Rahu 5:50PM – 7:36PM	Gara Until 10:59AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Cape Town, South Africa Sun 13 Sutra 225 Vikarin 5121
Tula Rasi: 19.06	Tithi 29	Gulika 2:20PM – 4:06PM	Svati Until 7:21AM	Ganesha: Blue <i>Sunrise:</i> 5:32AM	
Family Home Evening		Yama 10:49AM – 12:34PM	Sobhana Until 8:15PM	Muruqa: Purple <i>Sunset:</i> 7:37PM	Moon 11 - Phase 31
		769413465 Rahu 7:17AM – 9:03AM	Visti Until 8:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 7:14PM	Moon – Green	Devaloka Day
Until 7:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Cape Town, South Africa Sun 14 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.23	Tithi 30 – 1	Gulika 12:34PM – 2:20PM	Anuradha Until 4:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:31AM	
		Yama 9:03AM – 10:49AM	Athiganda* Until 5:20PM	Muruqa: Purple <i>Sunset:</i> 7:38PM	Moon 11 - Phase 31
		779413465 Rahu 4:06PM – 5:52PM	Catuspada Until 6:09AM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Cape Town, South Africa Sun 15 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.25	Tithi 1 – 2	Gulika 10:49AM – 12:35PM	Jyeshtha* Until 3:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:31AM	
		Yama 7:17AM – 9:03AM	Sukarma Until 2:49PM	Muruqa: Purple <i>Sunset:</i> 7:39PM	Moon 11 - Phase 31
		779413465 Rahu 12:35PM – 2:21PM	Balava Until 2:55AM Thu	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Cape Town, South Africa Sun 16 Sutra 228 Vikarin 5121		
Dhanus Rasi: 1.05	Tithi 2 – 3	Gulika 9:03AM – 10:49AM	Mula* Until 4:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Muruqa: Purple	<i>Sunset:</i> 7:40PM	Moon 11 - Phase 32 3rd Phase
		Yama 5:31AM – 7:17AM	Dhriti Until 12:47PM	Nataraja: Clear				
		789413465 Rahu 2:21PM – 4:07PM	Taitila Until 2:15AM Fri	Moon – Light Blue				
Creative Work	Siddha Yoga		Dvitiya Until 2:29PM	Margasira•Karttikai				Devaloka Day
Until 4:02AM Fri								
Then Routine Work - Prabalarishta Yoga								

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Cape Town, South Africa Sun 17 Sutra 229 Vikarin 5121		
Dhanus Rasi: 14.24	Tithi 3 – 4	Gulika 7:17AM – 9:03AM	Purvashadha* Until 4:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Muruqa: Purple	<i>Sunset:</i> 7:40PM	Moon 11 - Phase 32 3rd Phase
		Yama 4:08PM – 5:54PM	Shula* Until 11:16AM	Nataraja: Clear				
		789413465 Rahu 10:49AM – 12:35PM	Vanija Until 2:19AM Sat	Moon – Light Blue				
Routine Work	Prabalarishta Yoga		Tritiya Until 2:10PM	Margasira•Karttikai				Devaloka Day
Until 4:45AM Sat								
Then Routine Work - Marana Yoga								

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Cape Town, South Africa Sun 18 Sutra 230 Vikarin 5121		
Dhanus Rasi: 27.19	Tithi 4 – 5	Gulika 5:30AM – 7:17AM	Uttarashadha Until 6:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Muruqa: Purple	<i>Sunset:</i> 7:41PM	Moon 11 - Phase 32 3rd Phase
		Yama 2:22PM – 4:09PM	Ganda* Until 10:21AM	Nataraja: Clear				
		789413465 Rahu 9:03AM – 10:49AM	Bava Until 3:08AM Sun	Moon – Light Blue				
Routine Work	Marana Yoga		Chaturthi* Until 2:37PM	Margasira•Karttikai				Devaloka Day
Until 6:01AM Sun								
Then Creative Work - Amrita Yoga								

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Cape Town, South Africa Sun 19 Sutra 231 Vikarin 5121		
Makara Rasi: 9.53	Tithi 5 – 6	Gulika 4:09PM – 5:56PM	Uttarashadha Until 6:01AM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Muruqa: Purple	<i>Sunset:</i> 7:42PM	Moon 11 - Phase 32 3rd Phase
		Yama 12:36PM – 2:23PM	Vridhi Until 10:01AM	Nataraja: Clear				
		789413465 Rahu 5:56PM – 7:42PM	Kaulava Until 4:39AM Mon	Moon – Light Blue				
Creative Work	Amrita Yoga		Panchami Until 3:47PM	Margasira•Karttikai				Devaloka Day

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Cape Town, South Africa Sun 20 Sutra 232 Vikarin 5121		
Makara Rasi: 22.1	Tithi 6 – 7	Gulika 2:23PM – 4:10PM	Shravana Until 8:16AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Muruqa: Purple	<i>Sunset:</i> 7:43PM	Moon 11 - Phase 32 3rd Phase
Family Home Evening		Yama 10:50AM – 12:37PM	Dhruva Until 10:09AM	Nataraja: Clear				
		791413465 Rahu 7:17AM – 9:03AM	Gara Until 6:42AM Tue	Moon – Purple				
Creative Work	Amrita Yoga		Shashthi* Until 5:35PM	Margasira•Karttikai				Sivaloka Day
Until 8:16AM								
Then Creative Work - Siddha Yoga								

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana* Yoga Gara/Vanija Karana Saptamyam Titau		Cape Town, South Africa Sun 21 Sutra 233 Vikarin 5121		
Kumbha Rasi: 4.14	Tithi 7	Gulika 12:37PM – 2:24PM	Dhanishtha Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Muruqa: Purple	<i>Sunset:</i> 7:44PM	Moon 11 - Phase 32 3rd Phase
		Yama 9:03AM – 10:50AM	Vyaghata* Until 10:41AM	Nataraja: Clear				
		791413465 Rahu 4:10PM – 5:57PM	Gara Until 6:42AM	Moon – Purple				
Creative Work	Siddha Yoga		Saptami Until 7:51PM	Margasira•Karttikai				Sivaloka Day
Until 10:51AM								
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Cape Town, South Africa Sun 22 Sutra 234 Vikarin 5121		
Kumbha Rasi: 16.1	Tithi 8	Gulika 10:50AM – 12:37PM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Muruqa: Purple	<i>Sunset:</i> 7:45PM	Moon 11 - Phase 32 Ashtami
		Yama 7:17AM – 9:04AM	Harshana Until 11:27AM	Nataraja: Clear				
		791413465 Rahu 12:37PM – 2:24PM	Visti Until 9:05AM	Moon – Purple				
Creative Work	Siddha Yoga		Ashtami* Until 10:19PM	Margasira•Karttikai				Sivaloka Day
Until 1:33PM								
Then Creative Work - Amrita Yoga								

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vajra*/Siddhi* Yoga Balava/Kaulava Karana Navamyam Titau		Cape Town, South Africa Sun 23 Sutra 235 Vikarin 5121		
Kumbha Rasi: 28.03	Tithi 9	Gulika 9:04AM – 10:51AM	Purvaprosarthapada* Until 4:39PM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Muruqa: Purple	<i>Sunset:</i> 7:46PM	Moon 11 - Phase 32 Navami
		Yama 5:30AM – 7:17AM	Vajra* Until 12:15PM	Nataraja: Clear				
		711413465 Rahu 2:25PM – 4:12PM	Balava Until 11:36AM	Moon – Clear				
Creative Work	Siddha Yoga		Navami* Until 12:48AM Fri	Margasira•Karttikai				Sivaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Taitila/Gara Karana Dashamyam Titau	Cape Town, South Africa Sun 24 Sutra 236
Meena Rasi: 9.57	Tithi 10	Gulika 7:17AM – 9:04AM	Uttaraproshtapada Until 7:27PM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 4:12PM – 5:59PM	Siddhi Until 12:59PM	Muruqa: Purple <i>Sunset:</i> 7:46PM	Moon 11 - Phase 33
		711413465 Rahu 10:51AM – 12:38PM	Taitila Until 2:00PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:05AM Sat	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau	Cape Town, South Africa Sun 25 Sutra 237
Meena Rasi: 21.56	Tithi 11	Gulika 5:30AM – 7:17AM	Revati Until 9:46PM	Ganesha: White <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 2:26PM – 4:13PM	Vyatipata* Until 1:31PM	Muruqa: Purple <i>Sunset:</i> 7:47PM	Moon 11 - Phase 33
		711513465 Rahu 9:04AM – 10:51AM	Vanija Until 4:07PM	Nataraja: Clear	4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 4:59AM Sun	Moon – Clear	Subha Sivaloka Day
Until 9:46PM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Cape Town, South Africa Sun 26 Sutra 238
Mesha Rasi: 4.05	Tithi 12	Gulika 4:14PM – 6:01PM	Ashvini Until 11:59PM	Ganesha: Clear <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 12:39PM – 2:26PM	Varyan Until 1:43PM	Muruqa: Purple <i>Sunset:</i> 7:48PM	Moon 11 - Phase 33
		721513465 Rahu 6:01PM – 7:48PM	Bava Until 5:47PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM Mon	Moon – White	Sivaloka Day
Until 11:59PM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga					

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Cape Town, South Africa Sun 27 Sutra 239
Mesha Rasi: 16.26	Tithi 12 – 13	Gulika 2:27PM – 4:14PM	Bharani Until 1:30AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:30AM	Vikarin 5121
Family Home Evening		Yama 10:52AM – 12:39PM	Parigha* Until 1:31PM	Muruqa: Purple <i>Sunset:</i> 7:49PM	Moon 11 - Phase 33
		721513465 Rahu 7:17AM – 9:05AM	Kaulava Until 6:55PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:24AM	Moon – White	Sivaloka Day
				Margasira-Karttikai	
				<i>Pradosha Vrata</i>	

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Cape Town, South Africa Sutra 240
Mesha Rasi: 29.02	Tithi 13 – 14	Gulika 12:40PM – 2:27PM	Krittika Until 2:18AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 9:05AM – 10:52AM	Shiva Until 12:54PM	Muruqa: Purple <i>Sunset:</i> 7:50PM	Moon 11 - Phase 33
		721513465 Rahu 4:15PM – 6:02PM	Gara Until 7:29PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:15AM	Moon – White	Sivaloka Day
		Krittika Deepam		Margasira-Karttikai	

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Cape Town, South Africa Sutra 241
Copper Retreat Star		Gulika 10:53AM – 12:40PM	Rohini Until 2:52AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:30AM	Vikarin 5121
Vrishabha Rasi: 11.54	Tithi 14 – 15	Yama 7:18AM – 9:05AM	Siddha Until 11:49AM	Muruqa: Clear <i>Sunset:</i> 7:50PM	Moon 11 - Phase 33
		731523465 Rahu 12:40PM – 2:28PM	Visti Until 7:28PM	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 7:31AM	Moon – Yellow	Sivaloka Day
Until 2:52AM Thu				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Cape Town, South Africa Sutra 242
Silver Retreat Star		Gulika 9:06AM – 10:53AM	Mrigashira Until 2:48AM Fri	Ganesha: Clear <i>Sunrise:</i> 5:30AM	Vikarin 5121
Vrishabha Rasi: 25.03	Tithi 15 – 16	Yama 5:30AM – 7:18AM	Sadhya Until 10:20AM	Muruqa: Clear <i>Sunset:</i> 7:51PM	Moon 11 - Phase 33
		732523465 Rahu 2:28PM – 4:16PM	Balava Until 6:55PM	Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Purnima* Until 7:14AM	Moon – Yellow	Devaloka Day
Until 2:48AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa
Sutra 243

Mithuna Rasi: 8.28 Tithi 16 - 17

732523465

Gulika 7:18AM - 9:06AM
Yama 4:17PM - 6:04PM
Rahu 10:54AM - 12:41PM

Ardra Until 2:09AM Sat
Subha Until 8:28AM
Gara Until 5:16AM Sat
Prathama* Until 6:27AM

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 7:52PM
Nataraja: Clear
Moon - Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Cape Town, South Africa
Sun 1 Sutra 244

Mithuna Rasi: 22.06 Tithi 18

742523465

Gulika 5:31AM - 7:19AM
Yama 2:29PM - 4:17PM
Rahu 9:06AM - 10:54AM

Punarvasu Until 1:29AM Sun
Sukla Until 6:15AM
Vanija Until 4:34PM
Tritiya Until 3:45AM Sun

Ganesha: Purple *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 7:52PM
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Cape Town, South Africa
Sun 2 Sutra 245

Kataka Rasi: 5.56 Tithi 19

742523465

Gulika 4:18PM - 6:05PM
Yama 12:42PM - 2:30PM
Rahu 6:05PM - 7:53PM

Pushya Until 12:25AM Mon
Indra Until 1:11AM Mon
Bava Until 2:55PM
Chaturthi* Until 2:00AM Mon

Ganesha: Purple *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 7:53PM
Nataraja: Clear
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Cape Town, South Africa
Sun 3 Sutra 246

Kataka Rasi: 19.55 Tithi 20

742523465

Gulika 2:30PM - 4:18PM
Yama 10:55AM - 12:43PM
Rahu 7:19AM - 9:07AM

Ashlesha* Until 11:02PM
Vaidhriti* Until 10:24PM
Kaulava Until 1:04PM
Panchami Until 12:04AM Tue

Ganesha: Purple *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 7:54PM
Nataraja: Clear
Moon - Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening
Until 11:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa
Sun 4 Sutra 247

Simha Rasi: 4 Tithi 21

852523465

Gulika 12:43PM - 2:31PM
Yama 9:08AM - 10:55AM
Rahu 4:19PM - 6:07PM

Magha* Until 9:50PM
Vishkambha* Until 7:33PM
Gara Until 11:06AM
Shashthi* Until 10:03PM

Ganesha: Purple *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 7:54PM
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Cape Town, South Africa
Sun 5 Sutra 248

Simha Rasi: 18.08 Tithi 22

852523465

Gulika 10:56AM - 12:44PM
Yama 7:20AM - 9:08AM
Rahu 12:44PM - 2:31PM

Purvaphalguni Until 8:27PM
Priti Until 4:40PM
Visti Until 9:02AM
Saptami Until 7:59PM

Ganesha: Purple *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 7:55PM
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Cape Town, South Africa
Sun 6 Sutra 249

Kanya Rasi: 2.17 Tithi 23 - 24

852523465

Gulika 9:08AM - 10:56AM
Yama 5:33AM - 7:21AM
Rahu 2:32PM - 4:20PM

Uttaraphalguni Until 6:55PM
Ayushman Until 1:44PM
Balava Until 6:57AM
Ashtami* Until 5:54PM

Ganesha: Purple *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 7:56PM
Nataraja: Clear
Moon - Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 6:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cape Town, South Africa
Sun 7 Sutra 250

Kanya Rasi: 16.26 Tithi 24 - 25

862523465

Gulika 7:21AM - 9:09AM
Yama 4:20PM - 6:08PM
Rahu 10:57AM - 12:45PM

Hasta Until 5:41PM
Saubhagya Until 10:50AM
Vanija Until 2:51AM Sat
Navami* Until 3:50PM

Ganesha: Clear *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 7:56PM
Nataraja: Clear
Moon - Green
Margasira-Markali

Moon 12 - Phase 34
Navami

Devaloka Day

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Cape Town, South Africa Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 0.34	Tithi 25 – 26	862523465	Gulika 5:34AM – 7:21AM Yama 2:33PM – 4:21PM Rahu 9:09AM – 10:57AM	Chitra Until 4:22PM Sobhana Until 7:59AM Bava Until 12:54AM Sun Dashami Until 1:51PM	Ganesha: Clear <i>Sunrise:</i> 5:34AM Muruqa: Clear <i>Sunset:</i> 7:57PM Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati		Devaloka Day
Until 4:22PM					Margasira-Markali
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Cape Town, South Africa Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 14.38	Tithi 26 – 27	862523465	Gulika 4:21PM – 6:09PM Yama 12:46PM – 2:33PM Rahu 6:09PM – 7:57PM	Svati Until 3:03PM Sukarma Until 2:33AM Mon Kaulava Until 11:07PM Ekadashi* Until 11:58AM	Ganesha: Clear <i>Sunrise:</i> 5:34AM Muruqa: Clear <i>Sunset:</i> 7:57PM Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati		Devaloka Day
Until 3:03PM					Margasira-Markali
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Cape Town, South Africa Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 28.35	Tithi 27 – 28	872523465	Gulika 2:34PM – 4:22PM Yama 10:58AM – 12:46PM Rahu 7:22AM – 9:10AM	Vishakha Until 2:13PM Dhriti Until 12:07AM Tue Gara Until 9:34PM Dvadashi* Until 10:17AM	Ganesha: White <i>Sunrise:</i> 5:35AM Muruqa: Clear <i>Sunset:</i> 7:58PM Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati		Bhuloka Day
Until 2:13PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Cape Town, South Africa Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.23	Tithi 28 – 29	872523465	Gulika 12:47PM – 2:34PM Yama 9:11AM – 10:59AM Rahu 4:22PM – 6:10PM	Anuradha Until 1:31PM Shula* Until 9:54PM Visti Until 8:19PM Trayodashi* Until 8:52AM	Ganesha: White <i>Sunrise:</i> 5:35AM Muruqa: Clear <i>Sunset:</i> 7:58PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati		Bhuloka Day
Until 1:31PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Cape Town, South Africa Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 25.58	Tithi 29 – 30	872523465	Gulika 10:59AM – 12:47PM Yama 7:24AM – 9:11AM Rahu 12:47PM – 2:35PM	Jyeshtha* Until 1:02PM Ganda* Until 8:02PM Catuspada Until 7:29PM Chaturdashi* Until 7:49AM	Ganesha: White <i>Sunrise:</i> 5:36AM Muruqa: Clear <i>Sunset:</i> 7:58PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati		Bhuloka Day
Until 1:02PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Cape Town, South Africa Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.19	Tithi 30 – 1	883523465	Gulika 9:12AM – 11:00AM Yama 5:36AM – 7:24AM Rahu 2:35PM – 4:23PM	Mula* Until 1:19PM Vriddhi Until 6:34PM Kintughna Until 7:09PM Amavasya* Until 7:14AM	Ganesha: Orange <i>Sunrise:</i> 5:36AM Muruqa: Clear <i>Sunset:</i> 7:59PM Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse		Devaloka Day
					Pausha-Markali

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Cape Town, South Africa Sun 14 Sutra 257 Vikarin 5121	
Dhanus Rasi: 22.22	Tithi 1 – 2	Gulika 7:25AM – 9:12AM	Purvashadha* Until 1:59PM	Ganesha: Orange	<i>Sunrise:</i> 5:37AM			
		Yama 4:24PM – 6:11PM	Dhruva Until 5:31PM	Muruqa: Clear	<i>Sunset:</i> 7:59PM			Moon 12 - Phase 36
		883523466 Rahu 11:00AM – 12:48PM	Balava Until 7:22PM	Nataraja: Orange				3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 7:10AM	Moon – Light Blue			Devaloka Day	
Until 1:59PM				Pausha-Markali				
Then Routine Work - Marana Yoga								

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Cape Town, South Africa Sun 15 Sutra 258 Vikarin 5121	
Makara Rasi: 5.09	Tithi 2 – 3	Gulika 5:37AM – 7:25AM	Uttarashadha Until 3:04PM	Ganesha: Orange	<i>Sunrise:</i> 5:37AM			
		Yama 2:36PM – 4:24PM	Vyaghata* Until 4:56PM	Muruqa: Clear	<i>Sunset:</i> 8:00PM			Moon 12 - Phase 36
		883523466 Rahu 9:13AM – 11:01AM	Taitila Until 8:12PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:42AM	Moon – Light Blue			Devaloka Day	
Until 3:04PM				Pausha-Markali				
Then Creative Work - Siddha Yoga								

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Cape Town, South Africa Sun 16 Sutra 259 Vikarin 5121	
Makara Rasi: 17.4	Tithi 3 – 4	Gulika 4:24PM – 6:12PM	Shravana Until 5:02PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM			
		Yama 12:49PM – 2:37PM	Harshana Until 4:48PM	Muruqa: Clear	<i>Sunset:</i> 8:00PM			Moon 12 - Phase 36
		893523466 Rahu 6:12PM – 8:00PM	Vanija Until 9:37PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:49AM	Moon – Purple			Devaloka Day	
Until 5:02PM				Pausha-Markali				
Then Routine Work - Marana Yoga								

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Cape Town, South Africa Sun 17 Sutra 260 Vikarin 5121	
Makara Rasi: 29.55	Tithi 4 – 5	Gulika 2:37PM – 4:25PM	Dhanishtha Until 7:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM			
		Yama 11:02AM – 12:49PM	Vajra* Until 5:03PM	Muruqa: Clear	<i>Sunset:</i> 8:00PM			Moon 12 - Phase 36
Family Home Evening		893523466 Rahu 7:26AM – 9:14AM	Bava Until 11:31PM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:29AM	Moon – Purple			Devaloka Day	
				Pausha-Markali				

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Cape Town, South Africa Sun 18 Sutra 261 Vikarin 5121	
Kumbha Rasi: 12.01	Tithi 5 – 6	Gulika 12:50PM – 2:38PM	Shatabhishak Until 9:50PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM			
		Yama 9:15AM – 11:02AM	Siddhi Until 5:36PM	Muruqa: Clear	<i>Sunset:</i> 8:00PM			Moon 12 - Phase 36
		893523466 Rahu 4:25PM – 6:13PM	Kaulava Until 1:48AM Wed	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Panchami Until 12:36PM	Moon – Purple			Devaloka Day	
				Pausha-Markali				

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Cape Town, South Africa Sun 19 Sutra 262 Vikarin 5121	
Kumbha Rasi: 23.58	Tithi 6 – 7	Gulika 11:03AM – 12:51PM	Purvaprosarthpada* Until 12:54AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:41AM			
		Yama 7:28AM – 9:16AM	Vyatipata* Until 6:21PM	Muruqa: Clear	<i>Sunset:</i> 8:01PM			Moon 12 - Phase 36
		813623466 Rahu 12:51PM – 2:38PM	Gara Until 4:17AM Thu	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:01PM	Moon – Clear			Bhuloka Day	
Until 12:54AM Thu				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Varyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Cape Town, South Africa Sun 20 Sutra 263 Vikarin 5121	
Meena Rasi: 5.51	Tithi 7 – 8	Gulika 9:17AM – 11:04AM	Uttaraprosarthpada Until 3:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:42AM			
		Yama 5:42AM – 7:29AM	Variyan Until 7:08PM	Muruqa: Clear	<i>Sunset:</i> 8:01PM			Moon 12 - Phase 36
		813623466 Rahu 2:39PM – 4:26PM	Visti Until 6:46AM Fri	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:31PM	Moon – Clear			Bhuloka Day	
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau			Cape Town, South Africa Sun 21 Sutra 264 Vikarin 5121	
Meena Rasi: 17.44	Tithi 8	Gulika 7:30AM – 9:17AM	Revati Until 6:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:43AM			
		Yama 4:26PM – 6:14PM	Parigha* Until 7:51PM	Muruqa: Clear	<i>Sunset:</i> 8:01PM			Moon 12 - Phase 36
		813623466 Rahu 11:04AM – 12:52PM	Visti Until 6:46AM	Nataraja: Orange				Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:55PM	Moon – Clear			Bhuloka Day	
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau			Cape Town, South Africa Sun 22 Sutra 265 Vikarin 5121	
Meena Rasi: 29.43	Tithi 9	Gulika 5:43AM – 7:31AM	Revati Until 6:23AM	Ganesha: Blue	<i>Sunrise:</i> 5:43AM			
		Yama 2:39PM – 4:27PM	Shiva Until 8:21PM	Muruqa: Clear	<i>Sunset:</i> 8:01PM			Moon 12 - Phase 36
		813623466 Rahu 9:18AM – 11:05AM	Balava Until 9:02AM	Nataraja: Orange				Navami
Routine Work	Prabalarishta Yoga		Navami* Until 10:01PM	Moon – Clear			Bhuloka Day	
Until 6:23AM				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Cape Town, South Africa Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 11.5	Tithi 10	Gulika 4:27PM – 6:14PM	Ashvini Until 8:54AM	Ganesha: Yellow <i>Sunrise:</i> 5:44AM	
		Yama 12:53PM – 2:40PM	Siddha Until 8:27PM	Muruqa: Clear <i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	823623466	Rahu 6:14PM – 8:01PM	Taitila Until 10:54AM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 8:54AM		Subramuniyaswami Jayanti	Dashami Until 11:36PM	Pausha-Markali	
Then Routine Work - Prabarishtha Yoga					

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Cape Town, South Africa Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.11	Tithi 11	Gulika 2:40PM – 4:27PM	Bharani Until 10:44AM	Ganesha: Yellow <i>Sunrise:</i> 5:45AM	
Family Home Evening		Yama 11:06AM – 12:53PM	Sadhya Until 8:06PM	Muruqa: Clear <i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 Rahu 7:32AM – 9:19AM	Vanija Until 12:11PM	Nataraja: Orange	4th Phase
Until 10:44AM		Vaikuntha Ekadasi	Ekadashi Until 12:33AM Tue	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Pausha-Markali	

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Cape Town, South Africa Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 6.5	Tithi 12	Gulika 12:54PM – 2:40PM	Krittika Until 11:45AM	Ganesha: Yellow <i>Sunrise:</i> 5:46AM	
		Yama 9:20AM – 11:07AM	Subha Until 7:13PM	Muruqa: Clear <i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	823623466	Rahu 4:27PM – 6:14PM	Bava Until 12:47PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day
Until 11:45AM			Dvadashi Until 12:47AM Wed	Pausha-Markali	
Then Creative Work - Amrita Yoga					

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 19.49	Tithi 13	Gulika 11:07AM – 12:54PM	Rohini Until 12:22PM	Ganesha: White <i>Sunrise:</i> 5:47AM	
		Yama 7:34AM – 9:20AM	Sukla Until 5:44PM	Muruqa: Clear <i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	833623466	Rahu 12:54PM – 2:41PM	Kaulava Until 12:38PM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga			Moon – Yellow	Bhuloka Day
			Trayodashi Until 12:17AM Thu	Pausha-Markali	Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata</i>		

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.1	Tithi 14	Gulika 9:21AM – 11:08AM	Mrigashira Until 12:09PM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM	
		Yama 5:48AM – 7:34AM	Brahma Until 3:44PM	Muruqa: Clear <i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	834623466	Rahu 2:41PM – 4:28PM	Gara Until 11:48AM	Nataraja: Orange	4th Phase
Routine Work	Marana Yoga			Moon – Yellow	Devaloka Day
			Chaturdashi* Until 11:07PM	Pausha-Markali	

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Cape Town, South Africa Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 7:35AM – 9:22AM	Ardra Until 11:10AM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM	
Mithuna Rasi: 16.54	Tithi 15	Yama 4:28PM – 6:14PM	Indra Until 1:16PM	Muruqa: Clear <i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	834623466	Rahu 11:08AM – 12:55PM	Visti Until 10:19AM	Nataraja: Orange	Purnima
Creative Work	Siddha Yoga			Moon – Yellow	Devaloka Day
		Penumbral Lunar Eclipse	Purnima* Until 9:22PM	Pausha-Markali	
		Ardra Darshanam			

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Cape Town, South Africa Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 5:49AM – 7:36AM	Punarvasu Until 9:59AM	Ganesha: White <i>Sunrise:</i> 5:49AM	
Kataka Rasi: 0.58	Tithi 16	Yama 2:42PM – 4:28PM	Vaidhriti* Until 10:22AM	Muruqa: Clear <i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	844623466	Rahu 9:22AM – 11:09AM	Balava Until 8:20AM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga			Moon – Blue	Sivaloka Day
			Prathama* Until 7:10PM	Pausha-Markali	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.17 Tithi 17 – 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*7Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 4:28PM – 6:14PM
Yama 12:56PM – 2:42PM
Rahu 6:14PM – 8:01PM

Pushya Until 8:17AM
Vishkambha* Until 7:12AM
Vanija Until 3:21AM Mon
Dvitiya Until 4:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sunrise: 5:50AM
Sunset: 8:01PM

Cape Town, South Africa
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 29.46 Tithi 18 – 19

844623466

Family Home Evening

Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:42PM – 4:28PM
Yama 11:10AM – 12:56PM
Rahu 7:37AM – 9:24AM

Ashlesha* Until 6:13AM
Ayushman Until 12:24AM Tue
Bava Until 12:39AM Tue
Tritiya Until 1:59PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sunrise: 5:51AM
Sunset: 8:01PM

Cape Town, South Africa
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.19 Tithi 19 – 20

854623466

Creative Work Siddha Yoga

Until 2:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:56PM – 2:42PM
Yama 9:24AM – 11:10AM
Rahu 4:28PM – 6:14PM

Purvaphalguni Until 2:23AM Wed
Saubhagya Until 8:58PM
Kaulava Until 9:57PM
Chaturthi* Until 11:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon – Red
Pausha-Thai

Sunrise: 5:52AM
Sunset: 8:00PM

Cape Town, South Africa
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 28.5 Tithi 20 – 21

854623466

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:11AM – 12:57PM
Yama 7:39AM – 9:25AM
Rahu 12:57PM – 2:42PM

Uttaraphalguni Until 12:26AM Thu
Sobhana Until 5:40PM
Gara Until 7:24PM
Panchami Until 8:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon – Red
Pausha-Thai

Sunrise: 5:53AM
Sunset: 8:00PM

Cape Town, South Africa
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.14 Tithi 21 – 22

864623466

Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 9:25AM – 11:11AM
Yama 5:54AM – 7:40AM
Rahu 2:43PM – 4:28PM

Hasta Until 11:00PM
Athiganda* Until 2:30PM
Bava Until 3:59AM Fri
Shashthi* Until 6:11AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 5:54AM
Sunset: 8:00PM

Cape Town, South Africa
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 27.27 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:41AM – 9:26AM
Yama 4:28PM – 6:14PM
Rahu 11:12AM – 12:57PM

Chitra Until 9:43PM
Sukarma Until 11:35AM
Balava Until 3:01PM
Ashtami* Until 2:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 5:55AM
Sunset: 8:00PM

Cape Town, South Africa
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 11.28 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:56AM – 7:41AM
Yama 2:43PM – 4:28PM
Rahu 9:27AM – 11:12AM

Svati Until 8:39PM
Dhriti Until 8:56AM
Taitila Until 1:19PM
Navami* Until 12:35AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon – Green
Pausha-Thai

Sunrise: 5:56AM
Sunset: 7:59PM

Cape Town, South Africa
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day


1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam			Cape Town, South Africa
			Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Sun 8 Sutra 280
	Tula Rasi: 25.15	Tithi 25	Gulika 4:28PM – 6:14PM	Vishakha Until 8:14PM	Ganesha: Clear <i>Sunrise:</i> 5:57AM	Vikarin 5121
			Yama 12:58PM – 2:43PM	Shula* Until 6:33AM	Muruqa: Clear <i>Sunset:</i> 7:59PM	Moon 1 - Phase 39
		874623466 Rahu 6:14PM – 7:59PM	Vanija Until 11:58AM	Nataraja: Orange	2nd Phase	
Routine Work	Marana Yoga		Dashami Until 11:26PM	Moon – Orange	Devaloka Day	
				Pausha*Thai		


2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam			Cape Town, South Africa
			Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau			Sun 9 Sutra 281
	Vrischika Rasi: 8.49	Tithi 26	Gulika 2:43PM – 4:28PM	Anuradha Until 8:02PM	Ganesha: Clear <i>Sunrise:</i> 5:58AM	Vikarin 5121
	Family Home Evening		Yama 11:13AM – 12:58PM	Vriddhi Until 2:45AM Tue	Muruqa: Clear <i>Sunset:</i> 7:59PM	Moon 1 - Phase 39
		874623466 Rahu 7:43AM – 9:28AM	Bava Until 11:01AM	Nataraja: Orange	2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 10:40PM	Moon – Orange	Devaloka Day	
				Pausha*Thai		

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam			Cape Town, South Africa
			Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau			Sun 10 Sutra 282
	Vrischika Rasi: 22.1	Tithi 27	Gulika 12:58PM – 2:43PM	Jyeshtha* Until 8:05PM	Ganesha: Purple <i>Sunrise:</i> 5:59AM	Vikarin 5121
			Yama 9:29AM – 11:14AM	Dhruva Until 1:17AM Wed	Muruqa: Clear <i>Sunset:</i> 7:58PM	Moon 1 - Phase 39
		875623466 Rahu 4:28PM – 6:13PM	Kaulava Until 10:27AM	Nataraja: Orange	2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 10:18PM	Moon – Orange	Bhuloka Day	
Until 8:05PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam			Cape Town, South Africa
			Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau			Sun 11 Sutra 283
	Dhanus Rasi: 5.18	Tithi 28	Gulika 11:14AM – 12:59PM	Mula* Until 8:51PM	Ganesha: Light Blue <i>Sunrise:</i> 6:00AM	Vikarin 5121
			Yama 7:45AM – 9:29AM	Vyaghata* Until 12:10AM Thu	Muruqa: Clear <i>Sunset:</i> 7:58PM	Moon 1 - Phase 39
		885623466 Rahu 12:59PM – 2:43PM	Gara Until 10:18AM	Nataraja: Orange	2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 10:21PM	Moon – Light Blue	Bhuloka Day	
Until 8:51PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vrata (Fasting)</i>		

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam			Cape Town, South Africa
			Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Sun 12 Sutra 284
	Dhanus Rasi: 18.14	Tithi 29	Gulika 9:30AM – 11:14AM	Purvashadha* Until 9:51PM	Ganesha: Light Blue <i>Sunrise:</i> 6:01AM	Vikarin 5121
			Yama 6:01AM – 7:45AM	Harshana Until 11:23PM	Muruqa: Clear <i>Sunset:</i> 7:57PM	Moon 1 - Phase 39
		885623466 Rahu 2:43PM – 4:28PM	Visti* Until 10:34AM	Nataraja: Orange	2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:50PM	Moon – Light Blue	Bhuloka Day	
Until 9:51PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga						

	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam			Cape Town, South Africa
	Retreat Star		Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Sun 13 Sutra 285
	Makara Rasi: 0.57	Tithi 30	Gulika 7:46AM – 9:30AM	Uttarashadha Until 11:07PM	Ganesha: Light Blue <i>Sunrise:</i> 6:02AM	Vikarin 5121
			Yama 4:28PM – 6:12PM	Vajra* Until 10:54PM	Muruqa: Clear <i>Sunset:</i> 7:57PM	Moon 1 - Phase 39
		885623466 Rahu 11:15AM – 12:59PM	Catuspada Until 11:15AM	Nataraja: Orange	Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 11:44PM	Moon – Light Blue	Bhuloka Day	
				Pausha*Thai	Devaloka Time: 3:PM to 6:PM	

	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam			Cape Town, South Africa
	Retreat Star		Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Sun 14 Sutra 286
	Makara Rasi: 13.28	Tithi 1	Gulika 6:03AM – 7:47AM	Shravana Until 1:08AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:03AM	Vikarin 5121
			Yama 2:44PM – 4:28PM	Siddhi Until 10:46PM	Muruqa: Clear <i>Sunset:</i> 7:56PM	Moon 1 - Phase 39
		995623466 Rahu 9:31AM – 11:15AM	Kintughna Until 12:23PM	Nataraja: Orange	Prathama	
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sun	Moon – Purple	Bhuloka Day	
Until 1:08AM Sun				Magha*Thai	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 287
	Makara Rasi: 25.49	Tithi 2	Gulika 4:28PM – 6:11PM Yama 1:00PM – 2:44PM 995723466 Rahu 6:11PM – 7:55PM	Dhanishtha Until 3:21AM Mon Vyatipata* Until 10:57PM Balava Until 1:56PM Dvitiya Until 2:50AM Mon	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha-Thai	Sunrise: 6:04AM Sunset: 7:55PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga					Devaloka Day
							Until 3:21AM Mon Then Creative Work - Siddha Yoga

2	Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Cape Town, South Africa Sun 16 Sutra 288
	Kumbha Rasi: 7.59	Tithi 3	Gulika 2:44PM – 4:27PM Yama 11:16AM – 1:00PM 995723466 Rahu 7:49AM – 9:32AM	Shatabhishak Until 5:45AM Tue Variyan Until 11:23PM Taitila Until 3:52PM Tritiya Until 4:56AM Tue	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha-Thai	Sunrise: 6:05AM Sunset: 7:55PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Family Home Evening	Creative Work	Siddha Yoga				Devaloka Day
							Until 5:45AM Tue Then Routine Work - Marana Yoga

3	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija Karana Chaturthyam Titau				Cape Town, South Africa Sun 17 Sutra 289
	Kumbha Rasi: 20.02	Tithi 4	Gulika 1:00PM – 2:44PM Yama 9:33AM – 11:16AM 915723466 Rahu 4:27PM – 6:11PM	Purvaprossthapada* Until 8:44AM Wed Parigha* Until 12:02AM Wed Vanija Until 6:06PM Chaturthi* Until 7:18AM Wed	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 6:06AM Sunset: 7:54PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga					Sivaloka Day
							Until 8:44AM Wed Then Creative Work - Siddha Yoga

4	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 290
	Meena Rasi: 1.58	Tithi 4 – 5	Gulika 11:17AM – 1:00PM Yama 7:50AM – 9:33AM 915723466 Rahu 1:00PM – 2:43PM	Purvaprossthapada* Until 8:44AM Shiva Until 12:51AM Thu Bava Until 8:34PM Chaturthi* Until 7:18AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 6:07AM Sunset: 7:54PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Amrita Yoga					Sivaloka Day
							Until 8:44AM Then Creative Work - Siddha Yoga

5	Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 291
	Meena Rasi: 13.51	Tithi 5 – 6	Gulika 9:34AM – 11:17AM Yama 6:08AM – 7:51AM 915723466 Rahu 2:43PM – 4:27PM	Uttaraprossthapada Until 11:41AM Siddha Until 1:40AM Fri Kaulava Until 11:06PM Panchami Until 9:49AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 6:08AM Sunset: 7:53PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
							Until 8:44AM Then Creative Work - Siddha Yoga

6	Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cape Town, South Africa Sun 20 Sutra 292
	Meena Rasi: 25.43	Tithi 6 – 7	Gulika 7:52AM – 9:35AM Yama 4:26PM – 6:09PM 916723466 Rahu 11:18AM – 1:00PM	Revati Until 2:26PM Sadhya Until 2:25AM Sat Gara Until 1:32AM Sat Shashthi* Until 12:19PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 6:09AM Sunset: 7:52PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day
							Until 2:26PM Then Creative Work - Amrita Yoga

D	Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 21 Sutra 293
	Mesha Rasi: 7.39	Tithi 7 – 8	Gulika 6:09AM – 7:52AM Yama 2:43PM – 4:26PM 926723466 Rahu 9:35AM – 11:18AM	Ashvini Until 5:20PM Subha Until 2:57AM Sun Vistil Until 3:40AM Sun Saptami Until 2:38PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha-Thai	Sunrise: 6:09AM Sunset: 7:52PM	Vikarin 5121 Moon 1 - Phase 40 Ashtami
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM
							Until 7:39PM Then Creative Work - Siddha Yoga

D	Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 22 Sutra 294
	Mesha Rasi: 19.43	Tithi 8 – 9	Gulika 4:26PM – 6:09PM Yama 1:01PM – 2:43PM 926723466 Rahu 6:09PM – 7:51PM	Bharani Until 7:39PM Sukla Until 3:05AM Mon Balava Until 5:18AM Mon Ashtami* Until 4:32PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha-Thai	Sunrise: 6:10AM Sunset: 7:51PM	Vikarin 5121 Moon 1 - Phase 40 Navami
	Routine Work	Prabalarishta Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM
							Until 7:39PM Then Creative Work - Siddha Yoga


1	Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Cape Town, South Africa Sun 23 Sutra 295
	Vrishabha Rasi: 1.59	Tithi 9 – 10	Gulika 2:43PM – 4:26PM	Krittika Until 9:12PM	Ganesha: Green	<i>Sunrise:</i> 6:11AM
	Family Home Evening	926723466	Yama 11:18AM – 1:01PM	Brahma Until 2:42AM Tue	Muruḡa: Clear	<i>Sunset:</i> 7:51PM
	Routine Work Marana Yoga		Rahu 7:53AM – 9:36AM	Taitila Until 6:13AM Tue	Nataraja: Orange	Moon 1 - Phase 41
	Until 9:12PM			Navami* Until 5:50PM	Moon – White	Bhuloka Day
Then Creative Work - Amrita Yoga				Magha-Thai	Devaloka Time: 3:PM to 6:PM	


2	Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau			Cape Town, South Africa Sun 24 Sutra 296
	Vrishabha Rasi: 14.33	Tithi 10	Gulika 1:01PM – 2:43PM	Rohini Until 10:20PM	Ganesha: Red	<i>Sunrise:</i> 6:12AM
		936723467	Yama 9:36AM – 11:19AM	Indra Until 1:44AM Wed	Muruḡa: Clear	<i>Sunset:</i> 7:50PM
	Creative Work Amrita Yoga		Rahu 4:25PM – 6:08PM	Taitila Until 6:13AM	Nataraja: Clear	Moon 1 - Phase 41
	Until 10:20PM			Dashami Until 6:21PM	Moon – Yellow	Devaloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		

3	Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau			Cape Town, South Africa Sun 25 Sutra 297
	Vrishabha Rasi: 27.31	Tithi 11	Gulika 11:19AM – 1:01PM	Mrigashira Until 10:29PM	Ganesha: Red	<i>Sunrise:</i> 6:13AM
		936723467	Yama 7:55AM – 9:37AM	Vaidhriti* Until 12:05AM Thu	Muruḡa: Clear	<i>Sunset:</i> 7:49PM
	Creative Work Siddha Yoga		Rahu 1:01PM – 2:43PM	Vanija Until 6:19AM	Nataraja: Clear	Moon 1 - Phase 41
				Ekadashi Until 6:02PM	Moon – Yellow	Devaloka Day
				Magha-Thai		

4	Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 298
	Mithuna Rasi: 10.54	Tithi 12 – 13	Gulika 9:37AM – 11:19AM	Ardra Until 9:41PM	Ganesha: Red	<i>Sunrise:</i> 6:14AM
		936723467	Yama 6:14AM – 7:56AM	Vishkambha* Until 9:48PM	Muruḡa: Clear	<i>Sunset:</i> 7:48PM
	Routine Work Marana Yoga		Rahu 2:43PM – 4:25PM	Kaulava Until 4:03AM Fri	Nataraja: Clear	Moon 1 - Phase 41
	Until 9:41PM			Dvadashi Until 4:54PM	Moon – Yellow	Devaloka Day
Then Creative Work - Amrita Yoga				Magha-Thai		
<i>Pradosha Vrata</i>						

5	Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 299
	Mithuna Rasi: 24.46	Tithi 13 – 14	Gulika 7:56AM – 9:38AM	Punarvasu Until 8:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM
		947723467	Yama 4:24PM – 6:06PM	Priti Until 6:57PM	Muruḡa: Clear	<i>Sunset:</i> 7:47PM
	Creative Work Siddha Yoga		Rahu 11:19AM – 1:01PM	Gara Until 1:50AM Sat	Nataraja: Clear	Moon 1 - Phase 41
	Until 8:28PM			Trayodashi Until 3:00PM	Moon – Blue	Bhuloka Day
Then Routine Work - Marana Yoga				Magha-Thai	Devaloka Time: 3:PM to 6:PM	

	Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Cape Town, South Africa Sutra 300
	Kataka Rasi: 9.03	Tithi 14 – 15	Gulika 6:16AM – 7:57AM	Pushya Until 6:31PM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM
		947723467	Yama 2:42PM – 4:24PM	Ayushman Until 3:36PM	Muruḡa: Clear	<i>Sunset:</i> 7:47PM
	Creative Work Siddha Yoga		Rahu 9:38AM – 11:20AM	Visti Until 11:03PM	Nataraja: Clear	Moon 1 - Phase 41
	Until 6:31PM			Chaturdashi* Until 12:29PM	Moon – Blue	Bhuloka Day
Then Routine Work - Marana Yoga			Thai Pusam	Magha-Thai	Devaloka Time: 3:PM to 6:PM	

	Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Cape Town, South Africa Sutra 301
	Kataka Rasi: 23.42	Tithi 15 – 16	Gulika 4:23PM – 6:05PM	Ashlesha* Until 4:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:17AM
		947723467	Yama 1:01PM – 2:42PM	Saubhagya Until 11:54AM	Muruḡa: Clear	<i>Sunset:</i> 7:46PM
	Creative Work Siddha Yoga		Rahu 6:05PM – 7:46PM	Balava Until 7:54PM	Nataraja: Clear	Moon 1 - Phase 41
	Until 4:01PM			Purnima* Until 9:30AM	Moon – Blue	Bhuloka Day
Then Routine Work - Marana Yoga				Magha-Thai	Devaloka Time: 3:PM to 6:PM	



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 9 Tithi 16 – 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 1:33PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 2:42PM – 4:23PM
Yama 11:20AM – 1:01PM
Rahu 7:58AM – 9:39AM

Magha* Until 1:33PM
Sobhana Until 7:59AM
Gara Until 2:47AM Tue
Prathama* Until 6:13AM

Cape Town, South Africa
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise: 6:18AM*
Muruqa: Clear *Sunset: 7:45PM*
Nataraja: Clear
Moon – Red

Magha*Thai
Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 23.37 Tithi 18
957723467
Creative Work Siddha Yoga
Until 10:52AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti* Karana Tritiyayam Titau

Gulika 1:01PM – 2:42PM
Yama 9:40AM – 11:20AM
Rahu 4:22PM – 6:03PM

Purvaphalguni Until 10:52AM
Sukarma Until 11:57PM
Vanija Until 1:06PM
Tritiya Until 11:24PM

Cape Town, South Africa
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise: 6:19AM*
Muruqa: Clear *Sunset: 7:44PM*
Nataraja: Clear
Moon – Red

Magha*Thai
Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 8.35 Tithi 19
957723467
Creative Work Amrita Yoga
Until 8:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 11:21AM – 1:01PM
Yama 8:00AM – 9:40AM
Rahu 1:01PM – 2:42PM

Uttaraphalguni Until 8:08AM
Dhriti Until 8:07PM
Bava Until 9:47AM
Chaturthi* Until 8:11PM

Cape Town, South Africa
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise: 6:19AM*
Muruqa: Clear *Sunset: 7:43PM*
Nataraja: Clear
Moon – Red

Magha*Thai
Devaloka Day

3

Thursday, February 13, 2020

Kanya Rasi: 23.22 Tithi 20 – 21
967723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Gulika 9:41AM – 11:21AM
Yama 6:20AM – 8:01AM
Rahu 2:41PM – 4:21PM

Chitra Until 3:58AM Fri
Shula* Until 4:32PM
Kaulava Until 6:43AM
Panchami Until 5:19PM

Cape Town, South Africa
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Green *Sunrise: 6:20AM*
Muruqa: Clear *Sunset: 7:42PM*
Nataraja: Clear
Moon – Green

Magha*Masi
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 7.52 Tithi 21 – 22
968723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Gulika 8:01AM – 9:41AM
Yama 4:21PM – 6:01PM
Rahu 11:21AM – 1:01PM

Svati Until 2:23AM Sat
Ganda* Until 1:20PM
Vistii Until 1:54AM Sat
Shashthi* Until 2:53PM

Cape Town, South Africa
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: White *Sunrise: 6:21AM*
Muruqa: Clear *Sunset: 7:41PM*
Nataraja: Clear
Moon – Green

Magha*Masi
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 22.01 Tithi 22 – 23
978723467
Creative Work Siddha Yoga
Until 1:39AM Sun
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 6:22AM – 8:02AM
Yama 2:41PM – 4:20PM
Rahu 9:42AM – 11:21AM

Vishakha Until 1:39AM Sun
Vriddhi Until 10:35AM
Balava Until 12:19AM Sun
Saptami Until 1:01PM

Cape Town, South Africa
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Ganesha: Clear *Sunrise: 6:22AM*
Muruqa: Clear *Sunset: 7:40PM*
Nataraja: Clear
Moon – Orange

Magha*Masi
Devaloka Day

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 5.47 Tithi 23 – 24
978723467
Routine Work Marana Yoga
Until 1:23AM Mon
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 4:20PM – 5:59PM
Yama 1:01PM – 2:40PM
Rahu 5:59PM – 7:39PM

Anuradha Until 1:23AM Mon
Dhruva Until 8:17AM
Taitila Until 11:22PM
Ashtami* Until 11:44AM

Cape Town, South Africa
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Ganesha: Clear *Sunrise: 6:23AM*
Muruqa: Clear *Sunset: 7:39PM*
Nataraja: Clear
Moon – Orange

Magha*Masi
Devaloka Day

1	Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Cape Town, South Africa	
			Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 309	
	Gulika	2:40PM - 4:19PM	Jyeshtha* Until 1:33AM Tue	Ganesha: Clear	Sunrise: 6:24AM		Vikarin 5121	
	Yama	11:22AM - 1:01PM	Vyaghata* Until 6:30AM	Muruqa: Clear	Sunset: 7:38PM		Moon 2 - Phase 43	
Family Home Evening		98723467	Rahu	8:03AM - 9:43AM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga					Moon - Orange	Devaloka Day		
Until 1:33AM Tue								
Then Creative Work - Amrita Yoga								

2	Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Cape Town, South Africa	
			Mula* Nakshatra Vajra* Yoga Visli*/Bava Karana Dashami/Ekodashyam Titau				Sun 8 Sutra 310	
	Gulika	1:01PM - 2:40PM	Mula* Until 2:36AM Wed	Ganesha: Purple	Sunrise: 6:25AM		Vikarin 5121	
	Yama	9:43AM - 11:22AM	Vajra* Until 4:19AM Wed	Muruqa: Clear	Sunset: 7:37PM		Moon 2 - Phase 43	
Dhanus Rasi: 2.19 Tithi 25 - 26		988723467	Rahu	4:19PM - 5:58PM	Nataraja: Clear		2nd Phase	
Creative Work Amrita Yoga					Moon - Light Blue	Bhuloka Day		
							Devaloka Time: 3:PM to 6:PM	


3	Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Cape Town, South Africa	
			Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 311	
	Gulika	11:22AM - 1:01PM	Purvashadha* Until 3:58AM Thu	Ganesha: Purple	Sunrise: 6:26AM		Vikarin 5121	
	Yama	8:05AM - 9:43AM	Siddhi Until 3:49AM Thu	Muruqa: Clear	Sunset: 7:36PM		Moon 2 - Phase 43	
Dhanus Rasi: 15.07 Tithi 26 - 27		988723467	Rahu	1:01PM - 2:39PM	Nataraja: Clear		2nd Phase	
Creative Work Amrita Yoga					Moon - Light Blue	Bhuloka Day		
Until 3:58AM Thu							Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

4	Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Cape Town, South Africa	
			Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 312	
	Gulika	9:44AM - 11:22AM	Uttarashadha Until 5:35AM Fri	Ganesha: Purple	Sunrise: 6:27AM		Vikarin 5121	
	Yama	6:27AM - 8:05AM	Vyatipata* Until 3:40AM Fri	Muruqa: Clear	Sunset: 7:35PM		Moon 2 - Phase 43	
Dhanus Rasi: 27.43 Tithi 27 - 28		989823467	Rahu	2:39PM - 4:18PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga					Moon - Light Blue	Bhuloka Day		
							Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata (Fasting)

5	Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Cape Town, South Africa	
			Shravana Nakshatra Varyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 313	
	Gulika	8:06AM - 9:44AM	Shravana Until 7:52AM Sat	Ganesha: Light Blue	Sunrise: 6:28AM		Vikarin 5121	
	Yama	4:17PM - 5:55PM	Varyan Until 3:45AM Sat	Muruqa: Clear	Sunset: 7:33PM		Moon 2 - Phase 43	
Makara Rasi: 10.07 Tithi 28 - 29		999823467	Rahu	11:22AM - 1:01PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga					Moon - Purple	Bhuloka Day		
Until 7:52AM Sat							Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

6	Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Cape Town, South Africa	
			Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 314	
	Gulika	6:29AM - 8:07AM	Shravana Until 7:52AM	Ganesha: Light Blue	Sunrise: 6:29AM		Vikarin 5121	
	Yama	2:38PM - 4:16PM	Parigha* Until 4:04AM Sun	Muruqa: Clear	Sunset: 7:32PM		Moon 2 - Phase 43	
Makara Rasi: 22.22 Tithi 29 - 30		999823467	Rahu	9:45AM - 11:22AM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga					Moon - Purple	Bhuloka Day		
							Devaloka Time: 3:PM to 6:PM	

	Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Cape Town, South Africa	
	Retreat Star		Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 315	
	Gulika	4:16PM - 5:53PM	Dhanishtha Until 10:16AM	Ganesha: Light Blue	Sunrise: 6:30AM		Vikarin 5121	
	Yama	1:00PM - 2:38PM	Shiva Until 4:36AM Mon	Muruqa: Clear	Sunset: 7:31PM		Moon 2 - Phase 43	
Kumbha Rasi: 4.31 Tithi 30 - 1		999823467	Rahu	5:53PM - 7:31PM	Nataraja: Clear		Amavasya	
Routine Work Marana Yoga					Moon - Purple	Bhuloka Day		
Until 10:16AM							Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

Monday, February 24, 2020	Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Cape Town, South Africa	
			Shatabhishak/Purvaprosrothapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 316	
	Gulika	2:38PM - 4:15PM	Shatabhishak Until 12:43PM	Ganesha: Light Blue	Sunrise: 6:30AM		Vikarin 5121	
	Yama	11:23AM - 1:00PM	Siddha Until 5:15AM Tue	Muruqa: Clear	Sunset: 7:30PM		Moon 2 - Phase 43	
Kumbha Rasi: 16.33 Tithi 1		999823467	Rahu	8:08AM - 9:45AM	Nataraja: Clear		Prathama	
Family Home Evening					Moon - Purple	Bhuloka Day		
Creative Work Siddha Yoga							Devaloka Time: 3:PM to 6:PM	
Until 12:43PM								
Then Routine Work - Marana Yoga								

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1	Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Cape Town, South Africa Sun 15 Sutra 317 Vikarin 5121
	Kumbha Rasi: 28.31	Tithi 2	Gulika 1:00PM – 2:37PM Yama 9:46AM – 11:23AM 919823467 Rahu 4:14PM – 5:52PM	Purvaproshtapada* Until 3:41PM Sadhya Until 6:02AM Wed Balava Until 9:00AM Dvitiya Until 10:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:31AM Sunset: 7:29PM	Moon 2 - Phase 44 3rd Phase Devaloka Day
	Routine Work Marana Yoga Until 3:41PM Then Creative Work - Amrita Yoga						

2	Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trilyayam Titau				Cape Town, South Africa Sun 16 Sutra 318 Vikarin 5121
	Meena Rasi: 10.25	Tithi 3	Gulika 11:23AM – 1:00PM Yama 8:09AM – 9:46AM 919823467 Rahu 1:00PM – 2:37PM	Uttaraproshtapada Until 6:36PM Sadhya Until 6:02AM Taitila Until 11:27AM Tritiya Until 12:41AM Thu	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:32AM Sunset: 7:28PM	Moon 2 - Phase 44 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 6:36PM Then Routine Work - Marana Yoga						

3	Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Chaturtham Titau				Cape Town, South Africa Sun 17 Sutra 319 Vikarin 5121
	Meena Rasi: 22.17	Tithi 4	Gulika 9:46AM – 11:23AM Yama 6:33AM – 8:10AM 919823467 Rahu 2:36PM – 4:13PM	Revati Until 9:25PM Subha Until 6:55AM Vanija Until 1:58PM Chaturthi* Until 3:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:33AM Sunset: 7:26PM	Moon 2 - Phase 44 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 9:25PM Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day				

4	Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 320 Vikarin 5121
	Mesha Rasi: 4.09	Tithi 5	Gulika 8:10AM – 9:47AM Yama 4:12PM – 5:49PM 921823467 Rahu 11:23AM – 1:00PM	Ashvini Until 12:29AM Sat Sukla Until 7:45AM Bava Until 4:27PM Panchami Until 5:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:34AM Sunset: 7:25PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga Until 12:29AM Sat Then Creative Work - Siddha Yoga						

5	Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava Karana Shashtham Titau				Cape Town, South Africa Sun 19 Sutra 321 Vikarin 5121
	Mesha Rasi: 16.04	Tithi 6	Gulika 6:35AM – 8:11AM Yama 2:35PM – 4:12PM 921823467 Rahu 9:47AM – 11:23AM	Bharani Until 3:10AM Sun Brahma Until 8:31AM Kaulava Until 6:45PM Shashthi* Until 7:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:35AM Sunset: 7:24PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga						

6	Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cape Town, South Africa Sun 20 Sutra 322 Vikarin 5121
	Mesha Rasi: 28.05	Tithi 6 – 7	Gulika 4:10PM – 5:46PM Yama 12:59PM – 2:35PM 921833467 Rahu 5:46PM – 7:21PM	Krittika Until 5:16AM Mon Indra Until 9:05AM Gara Until 8:41PM Shashthi* Until 7:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:36AM Sunset: 7:21PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 5:16AM Mon Then Creative Work - Amrita Yoga						

D	Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 21 Sutra 323 Vikarin 5121
	Retreat Star		Gulika 2:34PM – 4:09PM Yama 11:23AM – 12:59PM 931833467 Rahu 8:13AM – 9:48AM	Rohini Until 7:04AM Tue Vaidhriti* Until 9:14AM Visiti Until 10:01PM Saptami Until 9:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:37AM Sunset: 7:20PM	Moon 2 - Phase 44 Ashtami Devaloka Day
	Vrishabha Rasi: 10.17 Tithi 7 – 8 Family Home Evening Creative Work Amrita Yoga Until 7:04AM Tue Then Creative Work - Siddha Yoga						

D	Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 22 Sutra 324 Vikarin 5121
	Retreat Star		Gulika 12:58PM – 2:34PM Yama 9:48AM – 11:23AM 931833467 Rahu 4:09PM – 5:44PM	Rohini Until 7:04AM Vishkambha* Until 8:54AM Balava Until 10:36PM Ashtami* Until 10:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:38AM Sunset: 7:19PM	Moon 2 - Phase 44 Navami Devaloka Day
	Vrishabha Rasi: 22.46 Tithi 8 – 9 Creative Work Amrita Yoga Until 7:04AM Then Creative Work - Siddha Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Cape Town, South Africa Sun 23 Sutra 325
	Mithuna Rasi: 5.37	Tithi 9 – 10	Gulika 11:23AM – 12:58PM	Mrigashira Until 7:55AM	Ganesha: Clear <i>Sunrise:</i> 6:39AM	Vikarin 5121
	931833467	Rahu 12:58PM – 2:33PM	Yama 8:14AM – 9:49AM	Priti Until 7:57AM	Muruqa: Orange <i>Sunset:</i> 7:18PM	Moon 2 - Phase 45
	Creative Work Siddha Yoga			Taitila Until 10:19PM	Nataraja: Clear	4th Phase
			Navami* Until 10:33AM	Moon – Yellow	Devaloka Day	
				Phalguna-Masi		

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Cape Town, South Africa Sun 24 Sutra 326
	Mithuna Rasi: 18.54	Tithi 10 – 11	Gulika 9:49AM – 11:23AM	Ardra Until 7:47AM	Ganesha: Red <i>Sunrise:</i> 6:40AM	Vikarin 5121
	131833467	Rahu 2:33PM – 4:07PM	Yama 6:40AM – 8:14AM	Ayushman Until 6:18AM	Muruqa: Orange <i>Sunset:</i> 7:16PM	Moon 2 - Phase 45
	Routine Work Marana Yoga			Vanija Until 9:09PM	Nataraja: Clear	4th Phase
Until 7:47AM			Dashami Until 9:49AM	Moon – Yellow	Devaloka Day	
Then Creative Work - Amrita Yoga				Phalguna-Masi		

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Cape Town, South Africa Sun 25 Sutra 327
	Kataka Rasi: 2.41	Tithi 11 – 12	Gulika 8:15AM – 9:49AM	Punarvasu Until 7:05AM	Ganesha: Blue <i>Sunrise:</i> 6:40AM	Vikarin 5121
	141833467	Rahu 11:23AM – 12:58PM	Yama 4:06PM – 5:41PM	Sobhana Until 1:00AM Sat	Muruqa: Orange <i>Sunset:</i> 7:15PM	Moon 2 - Phase 45
	Creative Work Siddha Yoga			Bava Until 7:10PM	Nataraja: Clear	4th Phase
Until 7:05AM			Ekadashi Until 8:14AM	Moon – Blue	Bhuloka Day	
Then Routine Work - Marana Yoga				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM	

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 328
	Kataka Rasi: 16.58	Tithi 13	Gulika 6:41AM – 8:15AM	Ashlesha* Until 3:07AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:41AM	Vikarin 5121
	141833467	Rahu 9:49AM – 11:23AM	Yama 2:32PM – 4:06PM	Athiganda* Until 9:29PM	Muruqa: Orange <i>Sunset:</i> 7:14PM	Moon 2 - Phase 45
	Routine Work Marana Yoga			Kaulava Until 4:29PM	Nataraja: Clear	4th Phase
			Trayodashi Until 2:54AM Sun	Moon – Blue	Bhuloka Day	
				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>		

5	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 329
	Simha Rasi: 1.42	Tithi 14	Gulika 4:05PM – 5:39PM	Magha* Until 12:33AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:42AM	Vikarin 5121
	151833467	Rahu 5:39PM – 7:13PM	Yama 12:57PM – 2:31PM	Sukarma Until 5:34PM	Muruqa: Orange <i>Sunset:</i> 7:13PM	Moon 2 - Phase 45
	Routine Work Marana Yoga			Gara Until 1:15PM	Nataraja: Clear	4th Phase
Until 12:33AM Mon			Chaturdashi* Until 11:27PM	Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Phalguna-Masi		

	Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Cape Town, South Africa Sutra 330
	Simha Rasi: 16.46	Tithi 15	Gulika 2:31PM – 4:04PM	Purvaphalguni Until 9:34PM	Ganesha: White <i>Sunrise:</i> 6:43AM	Vikarin 5121
	Family Home Evening	152833467	Yama 11:23AM – 12:57PM	Dhriti Until 1:23PM	Muruqa: Orange <i>Sunset:</i> 7:11PM	Moon 2 - Phase 45
	Creative Work Siddha Yoga		Rahu 8:16AM – 9:50AM	Visti Until 9:38AM	Nataraja: Clear	Purnima
		Holi	Purnima* Until 7:43PM	Moon – Red	Sivaloka Day	
				Phalguna-Masi		

	Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Cape Town, South Africa Sutra 331
	Kanya Rasi: 2.01	Tithi 16 – 17	Gulika 12:57PM – 2:30PM	Uttaraphalguni Until 6:22PM	Ganesha: White <i>Sunrise:</i> 6:44AM	Vikarin 5121
	152833467	Rahu 4:03PM – 5:37PM	Yama 9:50AM – 11:23AM	Shula* Until 9:01AM	Muruqa: Orange <i>Sunset:</i> 7:10PM	Moon 2 - Phase 45
	Creative Work Amrita Yoga			Taitila Until 1:59AM Wed	Nataraja: Clear	Prathama
Until 6:22PM			Prathama* Until 3:53PM	Moon – Red	Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Masi		



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.17 Tithi 17 - 18

162833467

Gulika 11:23AM - 12:57PM
Yama 8:17AM - 9:50AM
Rahu 12:57PM - 2:30PM

Hasta **Until 3:31PM**
Vriddhi **Until 12:31AM** Thu
Vanija **Until 10:18PM**
Dvitiya **Until 12:06PM**

Ganesha: Clear *Sunrise: 6:44AM*
Muruqa: Orange *Sunset: 7:09PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga
Until 3:31PM
Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Cape Town, South Africa

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 2.25 Tithi 18 - 19

162833467

Gulika 9:51AM - 11:23AM
Yama 6:45AM - 8:18AM
Rahu 2:29PM - 4:02PM

Chitra **Until 12:49PM**
Dhruva **Until 8:36PM**
Bava **Until 6:57PM**
Tritiya **Until 8:33AM**

Ganesha: Clear *Sunrise: 6:45AM*
Muruqa: Orange *Sunset: 7:07PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga
Until 12:49PM
Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.14 Tithi 20

162833467

Gulika 8:18AM - 9:51AM
Yama 4:01PM - 5:33PM
Rahu 11:23AM - 12:56PM

Svati **Until 10:24AM**
Vyaghata* **Until 5:06PM**
Kaulava **Until 4:04PM**
Panchami **Until 2:50AM** Sat

Ganesha: Clear *Sunrise: 6:46AM*
Muruqa: Orange *Sunset: 7:06PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.38 Tithi 21

172833467

Gulika 6:47AM - 8:19AM
Yama 2:28PM - 4:00PM
Rahu 9:51AM - 11:23AM

Vishakha **Until 8:51AM**
Harshana **Until 2:08PM**
Gara **Until 1:49PM**
Shashthi* **Until 12:56AM** Sun

Ganesha: Purple *Sunrise: 6:47AM*
Muruqa: Orange *Sunset: 7:05PM*
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga
Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Cape Town, South Africa

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.35 Tithi 22

172833468

Gulika 3:59PM - 5:31PM
Yama 12:55PM - 2:27PM
Rahu 5:31PM - 7:03PM

Anuradha **Until 7:52AM**
Vajra* **Until 11:44AM**
Visti **Until 12:17PM**
Saptami **Until 11:48PM**

Ganesha: Purple *Sunrise: 6:48AM*
Muruqa: Orange *Sunset: 7:03PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.04 Tithi 23

172933468

Gulika 2:27PM - 3:59PM
Yama 11:23AM - 12:55PM
Rahu 8:20AM - 9:52AM

Jyeshtha* **Until 7:31AM**
Siddhi **Until 9:58AM**
Balava **Until 11:33AM**
Ashtami* **Until 11:28PM**

Ganesha: Clear *Sunrise: 6:48AM*
Muruqa: Orange *Sunset: 7:02PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga
Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.08 Tithi 24

182933468

Gulika 12:55PM - 2:26PM
Yama 9:52AM - 11:23AM
Rahu 3:58PM - 5:29PM

Mula* **Until 8:13AM**
Vyatipata* **Until 8:50AM**
Taitila **Until 11:36AM**
Navami* **Until 11:52PM**

Ganesha: Purple *Sunrise: 6:49AM*
Muruqa: Orange *Sunset: 7:01PM*
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga
Until 8:13AM
Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Cape Town, South Africa Sun 8 Sutra 339
Dhanus Rasi: 24.5	Tithi 25	Gulika 11:23AM – 12:55PM	Purvashadha* Until 9:29AM	Ganesha: Purple <i>Sunrise:</i> 6:50AM	Vikarin 5121
		Yama 8:21AM – 9:52AM	Variyan Until 8:14AM	Muruqa: Orange <i>Sunset:</i> 6:59PM	Moon 3 - Phase 47
182933468	Rahu 12:55PM – 2:26PM		Vanija Until 12:21PM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 12:57AM Thu	Moon – Light Blue	Devaloka Day
				Phalguna-Panguni	

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Cape Town, South Africa Sun 9 Sutra 340
Makara Rasi: 7.16	Tithi 26	Gulika 9:52AM – 11:23AM	Uttarashadha Until 11:10AM	Ganesha: Purple <i>Sunrise:</i> 6:51AM	Vikarin 5121
		Yama 6:51AM – 8:21AM	Parigha* Until 8:07AM	Muruqa: Orange <i>Sunset:</i> 6:58PM	Moon 3 - Phase 47
182933468	Rahu 2:25PM – 3:56PM		Bava Until 1:42PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 2:32AM Fri	Moon – Light Blue	Devaloka Day
Until 11:10AM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Cape Town, South Africa Sun 10 Sutra 341
Makara Rasi: 19.29	Tithi 27	Gulika 8:22AM – 9:53AM	Shravana Until 1:37PM	Ganesha: Clear <i>Sunrise:</i> 6:51AM	Vikarin 5121
		Yama 3:55PM – 5:26PM	Shiva Until 8:23AM	Muruqa: Orange <i>Sunset:</i> 6:57PM	Moon 3 - Phase 47
192933468	Rahu 11:23AM – 12:54PM		Kaulava Until 3:30PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 4:29AM Sat	Moon – Purple	Sivaloka Day
Until 1:37PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Cape Town, South Africa Sun 11 Sutra 342
Kumbha Rasi: 1.33	Tithi 28	Gulika 6:52AM – 8:22AM	Dhanishtha Until 4:12PM	Ganesha: Clear <i>Sunrise:</i> 6:52AM	Vikarin 5121
		Yama 2:24PM – 3:54PM	Siddha Until 8:53AM	Muruqa: Orange <i>Sunset:</i> 6:55PM	Moon 3 - Phase 47
192933468	Rahu 9:53AM – 11:23AM		Gara Until 5:36PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM Sun	Moon – Purple	Sivaloka Day
Until 4:12PM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Cape Town, South Africa Sun 12 Sutra 343
Kumbha Rasi: 13.32	Tithi 28 – 29	Gulika 3:54PM – 5:24PM	Shatabhishak Until 6:48PM	Ganesha: Clear <i>Sunrise:</i> 6:53AM	Vikarin 5121
		Yama 12:53PM – 2:23PM	Sadhya Until 9:34AM	Muruqa: Orange <i>Sunset:</i> 6:54PM	Moon 3 - Phase 47
192933468	Rahu 5:24PM – 6:54PM		Visti Until 7:53PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:42AM	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Cape Town, South Africa Sun 13 Sutra 344
Kumbha Rasi: 25.28	Tithi 29 – 30	Gulika 2:23PM – 3:53PM	Purvaproshtapada* Until 9:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:54AM	Vikarin 5121
Family Home Evening		Yama 11:23AM – 12:53PM	Subha Until 10:22AM	Muruqa: Orange <i>Sunset:</i> 6:52PM	Moon 3 - Phase 47
113933468	Rahu 8:23AM – 9:53AM		Catuspada Until 10:17PM	Nataraja: Purple	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 9:03AM	Moon – Clear	Sivaloka Day
Until 9:51PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Cape Town, South Africa Sun 14 Sutra 345
Meena Rasi: 7.21	Tithi 30 – 1	Gulika 12:53PM – 2:22PM	Uttaraproshtapada Until 12:47AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:54AM	Vikarin 5121
		Yama 9:53AM – 11:23AM	Sukla Until 11:12AM	Muruqa: Orange <i>Sunset:</i> 6:51PM	Moon 3 - Phase 47
113933468	Rahu 3:52PM – 5:22PM		Kintughna Until 12:43AM Wed	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Amavasya* Until 11:28AM	Moon – Clear	Sivaloka Day
Until 12:47AM Wed		Yugadhi		Chaitra-Panguni	
Then Routine Work - Marana Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Cape Town, South Africa Sun 15 Sutra 346
Meena Rasi: 19.14	Tithi 1 – 2	Gulika 11:23AM – 12:52PM	Revati Until 3:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:55AM	Vikarin 5121
		Yama 8:24AM – 9:54AM	Brahma Until 12:04PM	Muruqa: Orange <i>Sunset:</i> 6:50PM	Moon 3 - Phase 48
		113933468 Rahu 12:52PM – 2:22PM	Balava Until 3:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 1:55PM	Chaitra•Panguni	Sivaloka Day
Until 3:33AM Thu					
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Cape Town, South Africa Sun 16 Sutra 347
Mesha Rasi: 1.07	Tithi 2 – 3	Gulika 9:54AM – 11:23AM	Ashvini Until 6:36AM Fri	Ganesha: Red <i>Sunrise:</i> 6:56AM	Vikarin 5121
		Yama 6:56AM – 8:25AM	Indra Until 12:55PM	Muruqa: Orange <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
		123933468 Rahu 2:21PM – 3:50PM	Taitila Until 5:33AM Fri	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 4:21PM	Chaitra•Panguni	Sivaloka Day
Until 6:36AM Fri		Chellappaswami Mahasamadhi			
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Tritiyayam Titau	Cape Town, South Africa Sun 17 Sutra 348
Mesha Rasi: 13.02	Tithi 3	Gulika 8:25AM – 9:54AM	Ashvini Until 6:36AM	Ganesha: Red <i>Sunrise:</i> 6:56AM	Vikarin 5121
		Yama 3:49PM – 5:18PM	Vaidhriti* Until 1:41PM	Muruqa: Orange <i>Sunset:</i> 6:47PM	Moon 3 - Phase 48
		123933468 Rahu 11:23AM – 12:52PM	Gara Until 6:40PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:40PM	Chaitra•Panguni	Sivaloka Day
Until 6:36AM					
Then Creative Work - Siddha Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthya Titau	Cape Town, South Africa Sun 18 Sutra 349
Mesha Rasi: 24.59	Tithi 4	Gulika 6:57AM – 8:26AM	Bharani Until 9:19AM	Ganesha: Red <i>Sunrise:</i> 6:57AM	Vikarin 5121
		Yama 2:20PM – 3:49PM	Vishkambha* Until 2:20PM	Muruqa: Orange <i>Sunset:</i> 6:46PM	Moon 3 - Phase 48
		123933468 Rahu 9:54AM – 11:23AM	Vanija Until 7:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:47PM	Chaitra•Panguni	Sivaloka Day
Until 9:19AM					
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Cape Town, South Africa Sun 19 Sutra 350
Vrishabha Rasi: 7.04	Tithi 5	Gulika 3:48PM – 5:16PM	Krittika Until 11:37AM	Ganesha: Red <i>Sunrise:</i> 6:58AM	Vikarin 5121
		Yama 12:51PM – 2:20PM	Priti Until 2:46PM	Muruqa: Orange <i>Sunset:</i> 6:44PM	Moon 3 - Phase 48
		123933468 Rahu 5:16PM – 6:44PM	Bava Until 9:44AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:33PM	Chaitra•Panguni	Sivaloka Day

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Cape Town, South Africa Sun 20 Sutra 351
Vrishabha Rasi: 19.17	Tithi 6	Gulika 2:19PM – 3:47PM	Rohini Until 1:50PM	Ganesha: Blue <i>Sunrise:</i> 6:59AM	Vikarin 5121
Family Home Evening		Yama 11:23AM – 12:51PM	Ayushman Until 2:50PM	Muruqa: Orange <i>Sunset:</i> 6:43PM	Moon 3 - Phase 48
		133933468 Rahu 8:27AM – 9:55AM	Kaulava Until 11:16AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 11:49PM	Chaitra•Panguni	Subha Sivaloka Day

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Cape Town, South Africa Sun 21 Sutra 352
Mithuna Rasi: 1.45	Tithi 7	Gulika 12:51PM – 2:18PM	Mrigashira Until 3:17PM	Ganesha: Blue <i>Sunrise:</i> 6:59AM	Vikarin 5121
		Yama 9:55AM – 11:23AM	Saubhagya Until 2:26PM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 48
		133933468 Rahu 3:46PM – 5:14PM	Gara Until 12:13PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:25AM Wed	Chaitra•Panguni	Subha Sivaloka Day
Until 3:17PM					
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Cape Town, South Africa Sun 22 Sutra 353
Mithuna Rasi: 14.32	Tithi 8	Gulika 11:23AM – 12:51PM	Ardra Until 3:53PM	Ganesha: Blue <i>Sunrise:</i> 6:59AM	Vikarin 5121
		Yama 8:27AM – 9:55AM	Sobhana Until 1:29PM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 48
		133933468 Rahu 12:51PM – 2:18PM	Visti Until 12:26PM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:14AM Thu	Chaitra•Panguni	Subha Sivaloka Day

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Cape Town, South Africa Sun 23 Sutra 354
Mithuna Rasi: 27.43	Tithi 9	Gulika 9:55AM – 11:23AM	Punarvasu Until 3:59PM	Ganesha: Yellow <i>Sunrise:</i> 7:00AM	Vikarin 5121
		Yama 7:00AM – 8:28AM	Athiganda* Until 11:52AM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Moon 3 - Phase 48
		143933468 Rahu 2:18PM – 3:45PM	Balava Until 11:51AM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 11:13PM	Chaitra•Panguni	Sivaloka Day
		Sri Rama Navami			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Cape Town, South Africa Sun 24 Sutra 355 Vikarin 5121
	Kataka Rasi: 11.2	Tithi 10	Gulika 8:28AM – 9:55AM	Pushya Until 3:08PM	Ganesha: Yellow	<i>Sunrise:</i> 7:01AM	
			Yama 3:45PM – 5:12PM	Sukarma Until 9:37AM	Muruqa: Orange	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
	143933468	Rahu 11:23AM – 12:50PM	Taitila Until 10:26AM		Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dashami Until 9:25PM	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Cape Town, South Africa Sun 25 Sutra 356 Vikarin 5121
	Kataka Rasi: 25.28	Tithi 11	Gulika 7:02AM – 8:29AM	Ashlesha* Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	
			Yama 2:17PM – 3:44PM	Dhriti Until 6:46AM	Muruqa: Orange	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
	143933468	Rahu 9:56AM – 11:23AM	Vanija Until 8:15AM		Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 6:54PM	Moon – Blue		Sivaloka Day	
Until 1:24PM		Yogaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 357 Vikarin 5121
	Simha Rasi: 10.02	Tithi 12 – 13	Gulika 3:43PM – 5:10PM	Magha* Until 11:19AM	Ganesha: White	<i>Sunrise:</i> 7:02AM	
			Yama 12:49PM – 2:16PM	Ganda* Until 11:29PM	Muruqa: Orange	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
	153933468	Rahu 5:10PM – 6:37PM	Kaulava Until 2:05AM Mon		Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvodashi Until 3:47PM	Moon – Red		Subha Sivaloka Day	
Until 11:19AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 358 Vikarin 5121
	Simha Rasi: 24.59	Tithi 13 – 14	Gulika 2:16PM – 3:42PM	Purvaphalguni Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 7:03AM	
			Yama 11:23AM – 12:49PM	Vridhhi Until 7:21PM	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 49
	154933468	Rahu 8:30AM – 9:56AM	Gara Until 10:23PM		Nataraja: Purple		4th Phase
Family Home Evening			Trayodashi Until 12:15PM	Moon – Red		Sivaloka Day	
Creative Work	Siddha Yoga			Chaitra•Panguni			

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hashta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Cape Town, South Africa Sun 28 Sutra 359 Vikarin 5121
	Copper Retreat Star		Gulika 12:49PM – 2:15PM	Hashta Until 2:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:04AM	
	Kanya Rasi: 10.12	Tithi 14 – 15	Yama 9:56AM – 11:23AM	Dhruva Until 3:01PM	Muruqa: Orange	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 49
	164933468	Rahu 3:41PM – 5:08PM	Visti Until 6:31PM		Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Moon – Green		Devaloka Day	
		Panguni Uttiram		Chaitra•Panguni			
		Hanuman Jayanti					

5	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Cape Town, South Africa Sun 29 Sutra 360 Vikarin 5121
	Silver Retreat Star		Gulika 11:23AM – 12:49PM	Chitra Until 11:33PM	Ganesha: Purple	<i>Sunrise:</i> 7:05AM	
	Kanya Rasi: 25.3	Tithi 16	Yama 8:31AM – 9:57AM	Vyaghata* Until 10:40AM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 49
	164934468	Rahu 12:49PM – 2:15PM	Balava Until 2:39PM		Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:45AM Thu	Moon – Green		Devaloka Day	
				Chaitra•Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa
Sutra 361

Tula Rasi: 10.43 Tithi 17

Gulika 9:57AM – 11:23AM
Yama 7:05AM – 8:31AM
164134468 **Rahu** 2:14PM – 3:40PM

Svati Until 8:39PM
Harshana Until 6:27AM
Taitila Until 10:57AM
Dvitiya Until 9:12PM

Ganesha: White *Sunrise: 7:05AM*
Muruqa: Clear *Sunset: 6:31PM*
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga
Until 8:39PM
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Cape Town, South Africa
Sun 1 Sutra 362

Tula Rasi: 25.42 Tithi 18

Gulika 8:31AM – 9:57AM
Yama 3:39PM – 5:05PM
174134468 **Rahu** 11:23AM – 12:48PM

Vishakha Until 6:27PM
Siddhi Until 10:54PM
Vanija Until 7:36AM
Tritiya Until 6:06PM

Ganesha: Yellow *Sunrise: 7:06AM*
Muruqa: Clear *Sunset: 6:30PM*
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa
Sun 2 Sutra 363

Virschika Rasi: 10.17 Tithi 19 – 20

Gulika 7:07AM – 8:32AM
Yama 2:13PM – 3:38PM
174134468 **Rahu** 9:57AM – 11:23AM

Anuradha Until 4:43PM
Vyatipata* Until 7:51PM
Kaulava Until 2:36AM Sun
Chaturthi* Until 3:34PM

Ganesha: Yellow *Sunrise: 7:07AM*
Muruqa: Clear *Sunset: 6:29PM*
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Vriyaji/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Cape Town, South Africa
Sun 3 Sutra 364

Virschika Rasi: 24.25 Tithi 20 – 21

Gulika 3:38PM – 5:03PM
Yama 12:48PM – 2:13PM
174134468 **Rahu** 5:03PM – 6:28PM

Jyeshtha* Until 3:33PM
Vriyaji Until 5:23PM
Gara Until 1:12AM Mon
Panchami Until 1:47PM

Ganesha: Yellow *Sunrise: 7:07AM*
Muruqa: Clear *Sunset: 6:28PM*
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga
Until 3:33PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa
Sun 4 Sutra 1

Dhanus Rasi: 8.03 Tithi 21 – 22

Family Home Evening

Gulika 2:12PM – 3:37PM
Yama 11:22AM – 12:47PM
184134468 **Rahu** 8:33AM – 9:58AM

Mula* Until 3:31PM
Parigha* Until 3:36PM
Visti Until 12:39AM Tue
Shashthi* Until 12:48PM

Ganesha: Blue *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 6:26PM*
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga
Until 3:31PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa
Sun 5 Sutra 2

Dhanus Rasi: 21.13 Tithi 22 – 23

Gulika 12:47PM – 2:12PM
Yama 9:58AM – 11:22AM
284134468 **Rahu** 3:36PM – 5:01PM

Purvashadha* Until 4:09PM
Shiva Until 2:30PM
Balava Until 12:57AM Wed
Saptami Until 12:41PM

Ganesha: Yellow *Sunrise: 7:09AM*
Muruqa: Clear *Sunset: 6:25PM*
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Ashtami

Creative Work Siddha Yoga
Until 4:09PM
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa
Sun 6 Sutra 3

Makara Rasi: 3.58 Tithi 23 – 24

Gulika 11:22AM – 12:47PM
Yama 8:34AM – 9:58AM
284134468 **Rahu** 12:47PM – 2:11PM

Uttarashadha Until 5:24PM
Siddha Until 2:00PM
Taitila Until 1:59AM Thu
Ashtami* Until 1:22PM

Ganesha: Yellow *Sunrise: 7:10AM*
Muruqa: Clear *Sunset: 6:24PM*
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Navami

Creative Work Amrita Yoga
Until 5:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 7 Sutra 4
	Makara Rasi: 16.23	Tithi 24 – 25	Gulika 9:58AM – 11:22AM	Shravana Until 7:36PM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	Sarvari 5122
			Yama 7:10AM – 8:34AM	Sadhya Until 2:02PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1
	294134468		Rahu 2:11PM – 3:35PM	Vanija Until 3:38AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Moon – Purple		Devaloka Day	
			Navami* Until 2:44PM	Chaitra*Chaitra			


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 8 Sutra 5
	Makara Rasi: 28.34	Tithi 25 – 26	Gulika 8:35AM – 9:59AM	Dhanishtha Until 10:07PM	Ganesha: Blue	<i>Sunrise:</i> 7:11AM	Sarvari 5122
			Yama 3:34PM – 4:58PM	Subha Until 2:30PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 1
	294134468		Rahu 11:23AM – 12:46PM	Bava Until 5:43AM Sat	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		Devaloka Day	
			Dashami Until 4:37PM	Chaitra*Chaitra			


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava Karana Ekadashyam Titau				Cape Town, South Africa Sun 9 Sutra 6
	Kumbha Rasi: 10.35	Tithi 26	Gulika 7:12AM – 8:35AM	Shatabhishak Until 12:46AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:12AM	Sarvari 5122
			Yama 2:10PM – 3:33PM	Sukla Until 3:12PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 1
	295134468		Rahu 9:59AM – 11:23AM	Balava Until 6:51PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Purple		Sivaloka Day	
			Ekadashi* Until 6:51PM	Chaitra*Chaitra			
Until 12:46AM Sun							
Then Creative Work - Siddha Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Cape Town, South Africa Sun 10 Sutra 7
	Kumbha Rasi: 22.3	Tithi 27	Gulika 3:33PM – 4:56PM	Purvaproshtapada* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 7:13AM	Sarvari 5122
			Yama 12:46PM – 2:09PM	Brahma Until 4:04PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 4 - Phase 1
	215134468		Rahu 4:56PM – 6:19PM	Kaulava Until 8:03AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		Sivaloka Day	
			Dvadashi* Until 9:15PM	Chaitra*Chaitra			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Cape Town, South Africa Sun 11 Sutra 8
	Meena Rasi: 4.22	Tithi 28	Gulika 2:09PM – 3:32PM	Uttaraproshtapada Until 6:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 7:13AM	Sarvari 5122
			Yama 11:23AM – 12:46PM	Indra Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 1
	215134468		Rahu 8:36AM – 9:59AM	Gara Until 10:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		Sivaloka Day	
			Trayodashi* Until 11:42PM	Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Cape Town, South Africa Sun 12 Sutra 9
	Meena Rasi: 16.14	Tithi 29	Gulika 12:45PM – 2:08PM	Uttaraproshtapada Until 6:51AM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM	Sarvari 5122
			Yama 10:00AM – 11:23AM	Vaidhriti* Until 5:53PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 1
	215134468		Rahu 3:31PM – 4:54PM	Visti Until 12:56PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Clear		Sivaloka Day	
			Chaturdashi* Until 2:06AM Wed	Chaitra*Chaitra			
Until 6:51AM							
Then Creative Work - Siddha Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 10
	Meena Rasi: 28.08	Tithi 30	Gulika 11:23AM – 12:45PM	Revati Until 9:35AM	Ganesha: Yellow	<i>Sunrise:</i> 7:15AM	Sarvari 5122
			Yama 8:37AM – 10:00AM	Vishkambha* Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 4 - Phase 1
	215134468		Rahu 12:45PM – 2:08PM	Catuspada Until 3:17PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga			Moon – Clear		Sivaloka Day	
			Amavasya* Until 4:23AM Thu	Chaitra*Chaitra			

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Cape Town, South Africa Sun 14 Sutra 11
	Mesha Rasi: 10.04	Tithi 1	Gulika 10:00AM – 11:23AM	Ashvini Until 12:31PM	Ganesha: Red	<i>Sunrise:</i> 7:16AM	Sarvari 5122
			Yama 7:16AM – 8:38AM	Priti Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 4 - Phase 1
	225134468		Rahu 2:07PM – 3:30PM	Kintughna Until 5:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Moon – White		Sivaloka Day	
			Prathama* Until 6:29AM Fri	Vaisaka*Chaitra			
Until 12:31PM							
Then Creative Work - Siddha Yoga							

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 12	
Mesha Rasi: 22.04	Tithi 1 – 2	Gulika 8:38AM – 10:01AM	Bharani Until 3:06PM	Ganesha: Red	<i>Sunrise:</i> 7:16AM			Sarvari 5122	
		Yama 3:29PM – 4:51PM	Ayushman Until 7:59PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM		Moon 4 - Phase 2		
225134469	Rahu 11:23AM – 12:45PM		Balava Until 7:28PM	Nataraja: Clear			3rd Phase		
Creative Work	Siddha Yoga		Prathama* Until 6:29AM	Moon – White			Devaloka Day		
				Vaisaka-Chaitra					

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Cape Town, South Africa Sun 16 Sutra 13	
Vrishabha Rasi: 4.11	Tithi 2 – 3	Gulika 7:17AM – 8:39AM	Krittika Until 5:16PM	Ganesha: Red	<i>Sunrise:</i> 7:17AM			Sarvari 5122	
		Yama 2:07PM – 3:29PM	Saubhagya Until 8:19PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM		Moon 4 - Phase 2		
225134469	Rahu 10:01AM – 11:23AM		Taitila Until 9:11PM	Nataraja: Clear			3rd Phase		
Creative Work	Amrita Yoga		Dvitiya Until 8:21AM	Moon – White			Devaloka Day		
				Vaisaka-Chaitra					

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Cape Town, South Africa Sun 17 Sutra 14	
Vrishabha Rasi: 16.25	Tithi 3 – 4	Gulika 3:28PM – 4:50PM	Rohini Until 7:26PM	Ganesha: Yellow	<i>Sunrise:</i> 7:18AM			Sarvari 5122	
		Yama 12:45PM – 2:06PM	Sobhana Until 8:24PM	Muruqa: Clear	<i>Sunset:</i> 6:11PM		Moon 4 - Phase 2		
235134469	Rahu 4:50PM – 6:11PM		Vanija Until 10:32PM	Nataraja: Clear			3rd Phase		
Creative Work	Siddha Yoga		Tritiya Until 9:53AM	Moon – Yellow			Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra					

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 15	
Vrishabha Rasi: 28.48	Tithi 4 – 5	Gulika 2:06PM – 3:27PM	Mrigashira Until 9:00PM	Ganesha: Yellow	<i>Sunrise:</i> 7:18AM			Sarvari 5122	
Family Home Evening		Yama 11:23AM – 12:44PM	Athiganda* Until 8:07PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM		Moon 4 - Phase 2		
235134469	Rahu 8:40AM – 10:01AM		Bava Until 11:27PM	Nataraja: Clear			3rd Phase		
Creative Work	Amrita Yoga		Chaturthi* Until 11:02AM	Moon – Yellow			Devaloka Day		
Until 9:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 16	
Mithuna Rasi: 11.24	Tithi 5 – 6	Gulika 12:44PM – 2:06PM	Ardra Until 9:55PM	Ganesha: Blue	<i>Sunrise:</i> 7:19AM			Sarvari 5122	
		Yama 10:02AM – 11:23AM	Sukarma Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM		Moon 4 - Phase 2		
236134469	Rahu 3:27PM – 4:48PM		Kaulava Until 11:49PM	Nataraja: Clear			3rd Phase		
Routine Work	Marana Yoga		Panchami Until 11:41AM	Moon – Yellow			Bhuloka Day		
Until 9:55PM				Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cape Town, South Africa Sun 20 Sutra 17	
Mithuna Rasi: 24.16	Tithi 6 – 7	Gulika 11:23AM – 12:44PM	Punarvasu Until 10:33PM	Ganesha: Yellow	<i>Sunrise:</i> 7:20AM			Sarvari 5122	
		Yama 8:41AM – 10:02AM	Dhriti Until 6:19PM	Muruqa: Clear	<i>Sunset:</i> 6:08PM		Moon 4 - Phase 2		
246134469	Rahu 12:44PM – 2:05PM		Gara Until 11:34PM	Nataraja: Clear			3rd Phase		
Creative Work	Siddha Yoga		Shashthi* Until 11:45AM	Moon – Blue			Devaloka Day		
				Vaisaka-Chaitra					

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 21 Sutra 18	
Kataka Rasi: 7.27	Tithi 7 – 8	Gulika 10:02AM – 11:23AM	Pushya Until 10:23PM	Ganesha: Yellow	<i>Sunrise:</i> 7:21AM			Sarvari 5122	
		Yama 7:21AM – 8:42AM	Shula* Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM		Moon 4 - Phase 2		
246134469	Rahu 2:05PM – 3:26PM		Visti Until 10:40PM	Nataraja: Clear			Ashtami		
Creative Work	Amrita Yoga		Saptami Until 11:11AM	Moon – Blue			Devaloka Day		
Until 10:23PM				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 22 Sutra 19	
Kataka Rasi: 21	Tithi 8 – 9	Gulika 8:43AM – 10:03AM	Ashlesha* Until 9:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:22AM			Sarvari 5122	
		Yama 3:25PM – 4:45PM	Ganda* Until 2:27PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM		Moon 4 - Phase 2		
246134469	Rahu 11:23AM – 12:44PM		Balava Until 9:06PM	Nataraja: Clear			Navami		
Routine Work	Marana Yoga		Ashtami* Until 9:57AM	Moon – Blue			Devaloka Day		
				Vaisaka-Chaitra					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Cape Town, South Africa Sun 23 Sutra 20	
Simha Rasi: 4.56	Tithi 9 – 10	Gulika 7:23AM – 8:43AM	Magha* Until 8:06PM	Ganesha: White	<i>Sunrise:</i> 7:23AM	Sarvari 5122		
		Yama 2:04PM – 3:24PM	Vriddhi Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 4 - Phase 3		
	256134469	Rahu 10:03AM – 11:23AM	Taitila Until 6:55PM	Nataraja: Clear		4th Phase		
Creative Work	Amrita Yoga		Navami* Until 8:04AM	Moon – Red		Bhuloka Day		
Until 8:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

2		Sunday, May 3, 2020			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Cape Town, South Africa Sun 24 Sutra 21	
Simha Rasi: 19.16	Tithi 11	Gulika 3:24PM – 4:44PM	Purvaphalguni Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 7:24AM	Sarvari 5122		
		Yama 12:44PM – 2:04PM	Dhruva Until 8:34AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 4 - Phase 3		
	256134469	Rahu 4:44PM – 6:04PM	Vanija Until 4:11PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Ekadashi Until 2:38AM Mon	Moon – Red		Bhuloka Day		
Until 6:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

3		Monday, May 4, 2020			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Cape Town, South Africa Sun 25 Sutra 22	
Kanya Rasi: 3.57	Tithi 12	Gulika 2:03PM – 3:23PM	Uttaraphalguni Until 3:36PM	Ganesha: Clear	<i>Sunrise:</i> 7:24AM	Sarvari 5122		
Family Home Evening		Yama 11:24AM – 12:44PM	Harshana Until 1:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:03PM	Moon 4 - Phase 3		
	256234469	Rahu 8:44AM – 10:04AM	Bava Until 1:02PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Dvadashi Until 11:20PM	Moon – Red		Devaloka Day		
				Vaisaka*Chaitra				

4		Tuesday, May 5, 2020			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Cape Town, South Africa Sun 26 Sutra 23		
Kanya Rasi: 18.53	Tithi 13	Gulika 12:43PM – 2:03PM	Hasta Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 7:25AM	Sarvari 5122			
		Yama 10:04AM – 11:24AM	Vajra* Until 9:09PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 4 - Phase 3			
	267234469	Rahu 3:23PM – 4:42PM	Kaulava Until 9:36AM	Nataraja: Clear		4th Phase			
Creative Work	Siddha Yoga		Trayodashi Until 7:48PM	Moon – Green		Devaloka Day			
				Vaisaka*Chaitra					
				<i>Pradosha Vrata</i>					

5		Wednesday, May 6, 2020			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Cape Town, South Africa Sun 27 Sutra 24	
Tula Rasi: 3.56	Tithi 14 – 15	Gulika 11:24AM – 12:43PM	Chitra Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	Sarvari 5122		
		Yama 8:45AM – 10:05AM	Siddhi Until 5:06PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 4 - Phase 3		
	267234469	Rahu 12:43PM – 2:03PM	Gara Until 6:02AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 4:14PM	Moon – Green		Devaloka Day		
				Vaisaka*Chaitra				

		Thursday, May 7, 2020			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Cape Town, South Africa Sutra 25	
Tula Rasi: 18.59	Tithi 15 – 16	Gulika 10:05AM – 11:24AM	Svati Until 7:28AM	Ganesha: Clear	<i>Sunrise:</i> 7:27AM	Sarvari 5122		
		Yama 7:27AM – 8:46AM	Vyatipata* Until 1:09PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Moon 4 - Phase 3		
	267234469	Rahu 2:02PM – 3:22PM	Balava Until 11:07PM	Nataraja: Clear		Purnima		
Creative Work	Amrita Yoga		Purnima* Until 12:45PM	Moon – Green		Devaloka Day		
Until 7:28AM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								

Friday, May 8, 2020		Silver Retreat Star			Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Cape Town, South Africa Sutra 26	
Vrischika Rasi: 3.52	Tithi 16 – 17	Gulika 8:46AM – 10:05AM	Anuradha Until 3:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:27AM	Sarvari 5122		
		Yama 3:21PM – 4:40PM	Variyan Until 9:25AM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 3		
	277234469	Rahu 11:24AM – 12:43PM	Taitila Until 8:07PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga		Prathama* Until 9:33AM	Moon – Orange		Bhuloka Day		
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda