



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Cairo, Egypt  
Sutra 7

Tula Rasi: 29.02 Tithi 17 – 18

**Gulika** 3:10PM – 4:48PM  
Yama 11:54AM – 1:32PM  
274483468 **Rahu** 4:48PM – 6:26PM

**Vishakha** Until 1:28PM  
Vyatipata\* Until 11:59PM  
Vanija Until 8:23PM  
Dvitiya Until 9:01AM

**Ganesha:** Blue *Sunrise:* 5:23AM  
**Muruqa:** Yellow *Sunset:* 6:26PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**1**

**Monday, April 22, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

Cairo, Egypt  
Sun 1  
Sutra 8

Vrischika Rasi: 12.38 Tithi 18 – 19

**Gulika** 1:32PM – 3:10PM  
Yama 10:16AM – 11:54AM  
274483468 **Rahu** 7:00AM – 8:38AM

**Anuradha** Until 1:13PM  
Variyan Until 10:23PM  
Bava Until 7:39PM  
Tritiya Until 7:54AM

**Ganesha:** Blue *Sunrise:* 5:22AM  
**Muruqa:** Yellow *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Family Home Evening**  
Creative Work Siddha Yoga

**Devaloka Day**

**2**

**Tuesday, April 23, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt  
Sun 2  
Sutra 9

Vrischika Rasi: 25.49 Tithi 19 – 20

**Gulika** 11:54AM – 1:32PM  
Yama 8:37AM – 10:16AM  
274483468 **Rahu** 3:11PM – 4:49PM

**Jyeshtha\*** Until 1:35PM  
Parigha\* Until 9:27PM  
Kaulava Until 7:43PM  
Chaturthi\* Until 7:33AM

**Ganesha:** Blue *Sunrise:* 5:21AM  
**Muruqa:** Yellow *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Routine Work Marana Yoga  
Until 1:35PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**3**

**Wednesday, April 24, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cairo, Egypt  
Sun 3  
Sutra 10

Dhanus Rasi: 8.35 Tithi 20 – 21

**Gulika** 10:15AM – 11:54AM  
Yama 6:58AM – 8:37AM  
284483468 **Rahu** 11:54AM – 1:32PM

**Mula\*** Until 3:04PM  
Shiva Until 9:09PM  
Gara Until 8:36PM  
Panchami Until 8:02AM

**Ganesha:** Yellow *Sunrise:* 5:20AM  
**Muruqa:** Yellow *Sunset:* 6:28PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Routine Work Marana Yoga  
Until 3:04PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**4**

**Thursday, April 25, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cairo, Egypt  
Sun 4  
Sutra 11

Dhanus Rasi: 21 Tithi 21 – 22

**Gulika** 8:36AM – 10:15AM  
Yama 5:19AM – 6:57AM  
284483469 **Rahu** 1:32PM – 3:11PM

**Purvashadha\*** Until 5:08PM  
Siddha Until 9:23PM  
Visti Until 10:12PM  
Shashthi\* Until 9:18AM

**Ganesha:** Yellow *Sunrise:* 5:19AM  
**Muruqa:** Yellow *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Creative Work Siddha Yoga  
Until 5:08PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt  
Sun 5  
Sutra 12

Makara Rasi: 3.08 Tithi 22 – 23

**Gulika** 6:57AM – 8:36AM  
Yama 3:11PM – 4:50PM  
284583469 **Rahu** 10:15AM – 11:53AM

**Uttarashadha** Until 7:35PM  
Sadhya Until 10:04PM  
Balava Until 12:22AM Sat  
Saptami Until 11:13AM

**Ganesha:** Red *Sunrise:* 5:18AM  
**Muruqa:** Yellow *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

Routine Work Marana Yoga

**Devaloka Day**

**Saturday, April 27, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt  
Sun 6  
Sutra 13

Makara Rasi: 15.04 Tithi 23 – 24

**Gulika** 5:17AM – 6:56AM  
Yama 1:32PM – 3:12PM  
294583469 **Rahu** 8:35AM – 10:14AM

**Shravana** Until 10:44PM  
Subha Until 11:01PM  
Taitila Until 2:51AM Sun  
Ashtami\* Until 1:34PM

**Ganesha:** Green *Sunrise:* 5:17AM  
**Muruqa:** Yellow *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra•Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 26.54	Tithi 24 – 25	<b>Gulika</b> 3:12PM – 4:51PM	<b>Dhanishtha</b> Until 1:48AM Mon	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:16AM	
		Yama 11:53AM – 1:33PM	Sukla Until 12:01AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b> 4:51PM – 6:31PM	Vanija Until 5:24AM Mon	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 4:06PM	Moon – Purple		<b>Bhuloka Day</b>
Until 1:48AM Mon				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti* Karana Dashamyam Titau				Cairo, Egypt Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 8.44	Tithi 25	<b>Gulika</b> 1:33PM – 3:12PM	<b>Shatabhishak</b> Until 4:34AM Tue	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM	
<b>Family Home Evening</b>		Yama 10:13AM – 11:53AM	Brahma Until 12:57AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:54AM – 8:34AM	Visti Until 6:36PM	<b>Nataraja:</b> Clear		2nd Phase
Until 4:34AM Tue			<b>Dashami</b> Until 6:36PM	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Cairo, Egypt Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 20.37	Tithi 26	<b>Gulika</b> 11:53AM – 1:33PM	<b>Purvaproshtapada*</b> Until 7:21AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	
		Yama 8:33AM – 10:13AM	Indra Until 1:39AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 3:12PM – 4:52PM	Bava Until 7:46AM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 8:49PM	Moon – Clear		<b>Bhuloka Day</b>
Until 7:21AM Wed				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Cairo, Egypt Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 2.38	Tithi 27	<b>Gulika</b> 10:13AM – 11:53AM	<b>Purvaproshtapada*</b> Until 7:21AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM	
		Yama 6:53AM – 8:33AM	Vaidhriti* Until 1:59AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 11:53AM – 1:33PM	Kaulava Until 9:47AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 10:36PM	Moon – Clear		<b>Bhuloka Day</b>
Until 7:21AM				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Cairo, Egypt Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 14.5	Tithi 28	<b>Gulika</b> 8:32AM – 10:12AM	<b>Uttaraproshtapada</b> Until 9:31AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:12AM	
		Yama 5:12AM – 6:52AM	Vishkambha* Until 1:56AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 1:33PM – 3:13PM	Gara Until 11:19AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:52PM	Moon – Clear		<b>Bhuloka Day</b>
Until 11:01AM				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

*Pradosha Vrata (Fasting)*

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Cairo, Egypt Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 27.17	Tithi 29	<b>Gulika</b> 6:52AM – 8:32AM	<b>Revati</b> Until 11:01AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:11AM	
		Yama 3:13PM – 4:53PM	Priti Until 1:28AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 10:12AM – 11:53AM	Visti Until 12:19PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:36AM Sat	Moon – Clear		<b>Bhuloka Day</b>
Until 11:01AM				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cairo, Egypt Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 9.57	Tithi 30	<b>Gulika</b> 5:10AM – 6:51AM	<b>Ashvini</b> Until 12:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:10AM	
		Yama 1:33PM – 3:13PM	Ayushman Until 12:34AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:31AM – 10:12AM	Catuspada Until 12:47PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:47AM Sun	Moon – White		<b>Bhuloka Day</b>
Until 12:55PM				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Cairo, Egypt Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 22.53	Tithi 1	<b>Gulika</b> 3:14PM – 4:54PM	<b>Bharani</b> Until 12:55PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:10AM	
		Yama 11:52AM – 1:33PM	Saubhagya Until 11:18PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 4:54PM – 6:35PM	Kintughna Until 12:43PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> Until 12:30AM Mon	Moon – White		<b>Bhuloka Day</b>
Until 12:55PM				<b>Vaisaka+Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cairo, Egypt Sun 15 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:33PM – 3:14PM	<b>Krittika</b> Until 12:58PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:09AM	
Vrishabha Rasi: 6.02	Tithi 2	Yama 10:11AM – 11:52AM	Sobhana Until 9:43PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:50AM – 8:30AM	Balava Until 12:13PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya</b> Until 11:49PM	Moon – White		<b>Bhuloka Day</b>
Until 12:58PM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Cairo, Egypt Sun 16 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:52AM – 1:33PM	<b>Rohini</b> Until 12:56PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:08AM	
Vrishabha Rasi: 19.25	Tithi 3	Yama 8:30AM – 10:11AM	Athiganda* Until 7:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 3:14PM – 4:55PM	Taitila Until 11:21AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Tritiya</b> Until 10:46PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 12:56PM		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau				Cairo, Egypt Sun 17 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:11AM – 11:52AM	<b>Mrigashira</b> Until 12:27PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:07AM	
Mithuna Rasi: 2.59	Tithi 4	Yama 6:48AM – 8:30AM	Sukarma Until 5:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 11:52AM – 1:33PM	Vanija Until 10:10AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> Until 9:27PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:29AM – 10:11AM	<b>Ardra</b> Until 11:35AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:06AM	
Mithuna Rasi: 16.41	Tithi 5	Yama 5:06AM – 6:48AM	Dhriti Until 3:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 1:33PM – 3:15PM	Bava Until 8:43AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Panchami</b> Until 7:54PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 11:35AM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Cairo, Egypt Sun 19 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:47AM – 8:29AM	<b>Punarvasu</b> Until 10:48AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:06AM	
Kataka Rasi: 0.32	Tithi 6	Yama 3:15PM – 4:57PM	Shula* Until 12:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 4
245583469		<b>Rahu</b> 10:10AM – 11:52AM	Kaulava Until 7:04AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 6:09PM	Moon – Blue		<b>Devaloka Day</b>
Until 10:48AM				<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 20 Sutra 27 Vikarin 5121
<b>6</b>		<b>Gulika</b> 5:05AM – 6:47AM	<b>Pushya</b> Until 9:40AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:05AM	
Kataka Rasi: 14.31	Tithi 7 – 8	Yama 1:34PM – 3:15PM	Ganda* Until 10:22AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 4
245583469		<b>Rahu</b> 8:28AM – 10:10AM	Visti Until 3:11AM Sun	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Saptami</b> Until 4:12PM	Moon – Blue		<b>Devaloka Day</b>
Until 9:40AM				<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 21 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:16PM – 4:58PM	<b>Ashlesha*</b> Until 8:14AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	
Kataka Rasi: 28.35	Tithi 8 – 9	Yama 11:52AM – 1:34PM	Vridhhi Until 7:38AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 4
246583469		<b>Rahu</b> 4:58PM – 6:40PM	Balava Until 1:00AM Mon	<b>Nataraja:</b> Clear		Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 2:05PM	Moon – Blue		<b>Devaloka Day</b>
Until 8:14AM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 22 Sutra 29 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 1:34PM – 3:16PM	<b>Magha*</b> Until 6:55AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:04AM	
Simha Rasi: 12.46	Tithi 9 – 10	Yama 10:10AM – 11:52AM	Vyaghata* Until 1:46AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 4
256583469		<b>Rahu</b> 6:46AM – 8:28AM	Taitila Until 10:41PM	<b>Nataraja:</b> Clear		Navami
<b>Family Home Evening</b>			<b>Navami*</b> Until 11:50AM	Moon – Red		<b>Bhuloka Day</b>
Routine Work Marana Yoga				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Until 6:55AM						
Then Creative Work - Siddha Yoga						


<b>1</b>		<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 23 Sutra 30 Vikarin 5121
Simha Rasi: 27.02	Tithi 10 – 11	<b>Gulika</b>	<b>11:52AM – 1:34PM</b>	<b>Uttaraphalguni Until 3:37AM Wed</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:03AM</i>		
		Yama	8:27AM – 10:10AM	Harshana Until 10:45PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:41PM</i>	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	<b>3:16PM – 4:59PM</b>	Vanija Until 8:19PM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 9:29AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 3:37AM Wed					<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 24 Sutra 31 Vikarin 5121
Kanya Rasi: 11.19	Tithi 11 – 12	<b>Gulika</b>	<b>10:09AM – 11:52AM</b>	<b>Hasta Until 2:11AM Thu</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:02AM</i>		
		Yama	6:45AM – 8:27AM	Vajra* Until 7:44PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:42PM</i>	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	<b>11:52AM – 1:34PM</b>	Balava Until 4:45AM Thu	<b>Nataraja: Clear</b>		4th Phase	
Routine Work	Marana Yoga			<b>Ekadashi Until 7:06AM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 2:11AM Thu					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cairo, Egypt Sun 25 Sutra 32 Vikarin 5121
Kanya Rasi: 25.35	Tithi 13	<b>Gulika</b>	<b>8:27AM – 10:09AM</b>	<b>Chitra Until 12:45AM Fri</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:02AM</i>		
		Yama	5:02AM – 6:44AM	Siddhi Until 4:49PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:42PM</i>	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	<b>1:34PM – 3:17PM</b>	Kaulava Until 3:39PM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 2:34AM Fri</b>	Moon – Green		<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			

*Pradosha Vrata*

<b>4</b>		<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 26 Sutra 33 Vikarin 5121
Tula Rasi: 9.44	Tithi 14	<b>Gulika</b>	<b>6:44AM – 8:26AM</b>	<b>Svati Until 11:26PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:01AM</i>		
		Yama	3:17PM – 5:00PM	Vyatipata* Until 2:05PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:43PM</i>	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	<b>10:09AM – 11:52AM</b>	Gara Until 1:35PM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 12:39AM Sat</b>	Moon – Green		<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			

		<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Cairo, Egypt Sun 27 Sutra 34 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>5:00AM – 6:43AM</b>	<b>Vishakha Until 10:48PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:00AM</i>		
Tula Rasi: 23.42	Tithi 15	Yama	1:35PM – 3:18PM	Variyan Until 11:37AM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:43PM</i>	Moon 4 - Phase 5	
		266583469 <b>Rahu</b>	<b>8:26AM – 10:09AM</b>	Visti Until 11:52AM	<b>Nataraja: Clear</b>		Purnima	
Creative Work	Siddha Yoga			<b>Purnima* Until 11:09PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>0</b>		<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Cairo, Egypt Sun 28 Sutra 35 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>3:18PM – 5:01PM</b>	<b>Anuradha Until 10:33PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:00AM</i>		
Vrischika Rasi: 7.23	Tithi 16	Yama	11:52AM – 1:35PM	Parigha* Until 9:32AM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:44PM</i>	Moon 4 - Phase 5	
		277583469 <b>Rahu</b>	<b>5:01PM – 6:44PM</b>	Balava Until 10:36AM	<b>Nataraja: Clear</b>		Prathama	
Routine Work	Marana Yoga			<b>Prathama* Until 10:10PM</b>	Moon – Orange		<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 20.46 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 1:35PM – 3:18PM  
**Yama** 10:09AM – 11:52AM  
**Rahu** 6:43AM – 8:26AM  
**Jyeshtha\* Until 10:47PM**  
Shiva Until 7:56AM  
Taitila Until 9:56AM  
**Dvitiya Until 9:49PM**

**Ganesha:** Yellow *Sunrise:* 4:59AM  
**Muruqa:** Yellow *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**Devaloka Day**

Cairo, Egypt  
Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 3.47 Tithi 18

Creative Work Amrita Yoga  
Until 11:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 11:52AM – 1:35PM  
**Yama** 8:25AM – 10:09AM  
**Rahu** 3:19PM – 5:02PM  
**Mula\* Until 11:59PM**  
Siddha Until 6:50AM  
Vanija Until 9:55AM  
**Tritiya Until 10:10PM**

**Ganesha:** Red *Sunrise:* 4:59AM  
**Muruqa:** Yellow *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Cairo, Egypt  
Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 16.28 Tithi 19

Creative Work Amrita Yoga  
Until 1:43AM Thu  
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika** 10:09AM – 11:52AM  
**Yama** 6:42AM – 8:25AM  
**Rahu** 11:52AM – 1:36PM  
**Purvashadha\* Until 1:43AM Thu**  
Sadhya Until 6:18AM  
Bava Until 10:37AM  
**Chaturthi\* Until 11:12PM**

**Ganesha:** Red *Sunrise:* 4:58AM  
**Muruqa:** Yellow *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Cairo, Egypt  
Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 28.5 Tithi 20

Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 8:25AM – 10:09AM  
**Yama** 4:58AM – 6:41AM  
**Rahu** 1:36PM – 3:19PM  
**Uttarashadha Until 3:52AM Fri**  
Subha Until 6:19AM  
Kaulava Until 11:59AM  
**Panchami Until 12:51AM Fri**

**Ganesha:** Red *Sunrise:* 4:58AM  
**Muruqa:** Yellow *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Cairo, Egypt  
Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**4**

**Friday, May 24, 2019**

Makara Rasi: 10.58 Tithi 21

Routine Work Marana Yoga  
Until 6:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:41AM – 8:25AM  
**Yama** 3:20PM – 5:03PM  
**Rahu** 10:09AM – 11:52AM  
**Shravana Until 6:47AM Sat**  
Sukla Until 6:45AM  
Gara Until 1:54PM  
**Shashthi\* Until 2:59AM Sat**

**Ganesha:** Green *Sunrise:* 4:57AM  
**Muruqa:** Yellow *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Cairo, Egypt  
Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**5**

**Saturday, May 25, 2019**

Makara Rasi: 22.56 Tithi 22

Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 4:57AM – 6:41AM  
**Yama** 1:36PM – 3:20PM  
**Rahu** 8:25AM – 10:09AM  
**Shravana Until 6:47AM**  
Brahma Until 7:31AM  
Visti\* Until 4:11PM  
**Saptami Until 5:22AM Sun**

**Ganesha:** Green *Sunrise:* 4:57AM  
**Muruqa:** Yellow *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Cairo, Egypt  
Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 4.49 Tithi 23

Routine Work Marana Yoga  
Until 9:44AM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shalabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava Karana Ashtamyam Titau

**Gulika** 3:20PM – 5:04PM  
**Yama** 11:52AM – 1:36PM  
**Rahu** 5:04PM – 6:48PM  
**Dhanishtha Until 9:44AM**  
Indra Until 8:29AM  
Balava Until 6:37PM  
**Ashtami\* Until 7:47AM Mon**

**Ganesha:** Blue *Sunrise:* 4:57AM  
**Muruqa:** Yellow *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Cairo, Egypt  
Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**

**Retreat Star**

Kumbha Rasi: 16.4 Tithi 23 – 24

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 12:32PM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shalabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:37PM – 3:21PM  
**Yama** 10:09AM – 11:53AM  
**Rahu** 6:40AM – 8:24AM  
**Shatabhishak Until 12:32PM**  
Vaidhriti\* Until 9:25AM  
Taitila Until 8:57PM  
**Ashtami\* Until 7:47AM**

**Ganesha:** Blue *Sunrise:* 4:56AM  
**Muruqa:** Yellow *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Cairo, Egypt  
Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Cairo, Egypt Sun 9 Sutra 44 Vikarin 5121
Kumbha Rasi: 28.36	Tithi 24 – 25	<b>Gulika</b> 11:53AM – 1:37PM	<b>Purvaproshtapada* Until 3:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM		
		Yama 8:24AM – 10:09AM	Vishkambha* Until 10:12AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:49PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 3:21PM – 5:05PM	Vanija Until 11:00PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Navami* Until 10:00AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 3:26PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Cairo, Egypt Sun 10 Sutra 45 Vikarin 5121
Meena Rasi: 10.4	Tithi 25 – 26	<b>Gulika</b> 10:09AM – 11:53AM	<b>Uttaraproshtapada Until 5:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM		
		Yama 6:40AM – 8:24AM	Priti Until 10:43AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 11:53AM – 1:37PM	Bava Until 12:34AM Thu	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 11:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 5:45PM				<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Cairo, Egypt Sun 11 Sutra 46 Vikarin 5121
Meena Rasi: 22.57	Tithi 26 – 27	<b>Gulika</b> 8:24AM – 10:09AM	<b>Revati Until 7:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:55AM		
		Yama 4:55AM – 6:40AM	Ayushman Until 10:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 1:37PM – 3:22PM	Kaulava Until 1:33AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 1:07PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:22PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Cairo, Egypt Sun 12 Sutra 47 Vikarin 5121
Mesha Rasi: 5.29	Tithi 27 – 28	<b>Gulika</b> 6:40AM – 8:24AM	<b>Ashvini Until 8:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:55AM		
		Yama 3:22PM – 5:07PM	Saubhagya Until 10:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b> 10:09AM – 11:53AM	Gara Until 1:54AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 1:47PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 8:42PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Cairo, Egypt Sun 13 Sutra 48 Vikarin 5121
Mesha Rasi: 18.2	Tithi 28 – 29	<b>Gulika</b> 4:55AM – 6:39AM	<b>Bharani Until 9:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM		
		Yama 1:38PM – 3:22PM	Sobhana Until 9:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 8:24AM – 10:09AM	Visti Until 1:37AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 1:49PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 9:14PM				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Cairo, Egypt Sun 14 Sutra 49 Vikarin 5121
Vrishabha Rasi: 1.3	Tithi 29 – 30	<b>Gulika</b> 3:23PM – 5:08PM	<b>Krittika Until 9:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM		
		Yama 11:53AM – 1:38PM	Athiganda* Until 8:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 5:08PM – 6:52PM	Catuspada Until 12:44AM Mon	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:14PM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Monday, June 3, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Cairo, Egypt Sun 15 Sutra 50 Vikarin 5121
Vrishabha Rasi: 14.58	Tithi 30 – 1	<b>Gulika</b> 1:38PM – 3:23PM	<b>Rohini Until 8:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:54AM		
<b>Family Home Evening</b>		Yama 10:09AM – 11:54AM	Sukarma Until 6:14AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b> 6:39AM – 8:24AM	Kintughna Until 11:22PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Amavasya* Until 12:05PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Cairo, Egypt Sun 16 Sutra 51 Vikarin 5121
339683461	<b>Gulika</b> 11:54AM – 1:39PM <b>Yama</b> 8:24AM – 10:09AM <b>Rahu</b> 3:23PM – 5:08PM	<b>Mrigashira</b> <b>Until 7:39PM</b> Shula* Until 1:28AM Wed Balava Until 9:35PM <b>Prathama* Until 10:30AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:53PM	Moon 5 - Phase 8 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Vrishabha Rasi: 28.44 Tithi 1 – 2 Creative Work Siddha Yoga Until 7:39PM Then Routine Work - Marana Yoga						

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Cairo, Egypt Sun 17 Sutra 52 Vikarin 5121
339683461	<b>Gulika</b> 10:09AM – 11:54AM <b>Yama</b> 6:39AM – 8:24AM <b>Rahu</b> 11:54AM – 1:39PM	<b>Ardra</b> <b>Until 6:14PM</b> Ganda* Until 10:42PM Taitila Until 7:31PM <b>Dvitiya Until 8:34AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:54PM	Moon 5 - Phase 8 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 12.43 Tithi 2 – 3 Creative Work Siddha Yoga						

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Visiti* Karana Tritiya/Chaturthyam Titau		Cairo, Egypt Sun 18 Sutra 53 Vikarin 5121
349683461	<b>Gulika</b> 8:24AM – 10:09AM <b>Yama</b> 4:54AM – 6:39AM <b>Rahu</b> 1:39PM – 3:24PM	<b>Punarvasu</b> <b>Until 4:55PM</b> Vridhi Until 7:48PM Visiti Until 4:04AM Fri <b>Tritiya Until 6:23AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:54PM	Moon 5 - Phase 8 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 26.51 Tithi 3 – 4 Creative Work Amrita Yoga						

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Cairo, Egypt Sun 19 Sutra 54 Vikarin 5121
349683461	<b>Gulika</b> 6:39AM – 8:24AM <b>Yama</b> 3:24PM – 5:10PM <b>Rahu</b> 10:09AM – 11:54AM	<b>Pushya</b> <b>Until 3:21PM</b> Dhruva Until 4:49PM Bava Until 2:54PM <b>Panchami Until 1:42AM Sat</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:55PM	Moon 5 - Phase 8 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Kataka Rasi: 11.05 Tithi 5 Routine Work Marana Yoga						

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Cairo, Egypt Sun 20 Sutra 55 Vikarin 5121
349683461	<b>Gulika</b> 4:54AM – 6:39AM <b>Yama</b> 1:40PM – 3:25PM <b>Rahu</b> 8:24AM – 10:09AM	<b>Ashlesha*</b> <b>Until 1:38PM</b> Vyaghata* Until 1:50PM Kaulava Until 12:32PM <b>Shashthi* Until 11:20PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:55PM	Moon 5 - Phase 8 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Kataka Rasi: 25.22 Tithi 6 Routine Work Marana Yoga Until 1:38PM Then Creative Work - Amrita Yoga						

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Cairo, Egypt Sun 21 Sutra 56 Vikarin 5121
351683461	<b>Gulika</b> 3:25PM – 5:10PM <b>Yama</b> 11:55AM – 1:40PM <b>Rahu</b> 5:10PM – 6:56PM	<b>Magha*</b> <b>Until 12:14PM</b> Harshana Until 10:53AM Gara Until 10:12AM <b>Saptami Until 9:03PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:56PM	Moon 5 - Phase 8 3rd Phase	<b>Devaloka Day</b>
Simha Rasi: 9.37 Tithi 7 Routine Work Marana Yoga Until 12:14PM Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Cairo, Egypt Sun 22 Sutra 57 Vikarin 5121
351683461	<b>Gulika</b> 1:40PM – 3:25PM <b>Yama</b> 10:09AM – 11:55AM <b>Rahu</b> 6:39AM – 8:24AM	<b>Purvaphalguni</b> <b>Until 10:48AM</b> Vajra* Until 8:00AM Visti Until 7:58AM <b>Ashtami* Until 6:52PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:56PM	Moon 5 - Phase 8 Ashtami	<b>Devaloka Day</b>
Simha Rasi: 23.49 Tithi 8 Family Home Evening Creative Work Siddha Yoga						


<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Cairo, Egypt Sun 23 Sutra 58 Vikarin 5121
351683461	<b>Gulika</b> 11:55AM – 1:40PM <b>Yama</b> 8:24AM – 10:10AM <b>Rahu</b> 3:26PM – 5:11PM	<b>Uttaraphalguni</b> <b>Until 9:21AM</b> Vyatipata* Until 2:36AM Wed Taitila Until 3:53AM Wed <b>Navami* Until 4:49PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:56PM	Moon 5 - Phase 8 Navami	<b>Devaloka Day</b>
Kanya Rasi: 7.56 Tithi 9 – 10 Creative Work Amrita Yoga Until 9:21AM Then Creative Work - Siddha Yoga						

<b>1</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 59 Vikarin 5121
	Kanya Rasi: 21.58	Tithi 10 – 11	<b>Gulika</b> 10:10AM – 11:55AM	<b>Hasta</b> <b>Until 8:21AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	
		361683461	Yama 6:39AM – 8:24AM	Variyan <b>Until 12:07AM</b> Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 9
Routine Work	Marana Yoga		<b>Rahu</b> 11:55AM – 1:41PM	Varija <b>Until 2:08AM</b> Thu	<b>Nataraja:</b> Yellow		4th Phase
Until 8:21AM				<b>Dashami</b> <b>Until 2:58PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 60 Vikarin 5121
	Tula Rasi: 5.5	Tithi 11 – 12	<b>Gulika</b> 8:24AM – 10:10AM	<b>Chitra</b> <b>Until 7:25AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	
		361683461	Yama 4:54AM – 6:39AM	Parigha* <b>Until 9:51PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Rahu</b> 1:41PM – 3:26PM	Bava <b>Until 12:39AM</b> Fri	<b>Nataraja:</b> Yellow		4th Phase
Until 7:25AM				<b>Ekadashi</b> <b>Until 1:20PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 61 Vikarin 5121
	Tula Rasi: 19.33	Tithi 12 – 13	<b>Gulika</b> 6:39AM – 8:25AM	<b>Svati</b> <b>Until 6:37AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	
		361693461	Yama 3:27PM – 5:12PM	Shiva <b>Until 7:52PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Rahu</b> 10:10AM – 11:56AM	Kaulava <b>Until 11:29PM</b>	<b>Nataraja:</b> Yellow		4th Phase
				<b>Dvadashi</b> <b>Until 12:00PM</b>	Moon – Green	<b>Devaloka Day</b>	
			<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>		
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 62 Vikarin 5121
	Vrischika Rasi: 3.04	Tithi 13 – 14	<b>Gulika</b> 4:54AM – 6:39AM	<b>Vishakha</b> <b>Until 6:27AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	
		371793461	Yama 1:41PM – 3:27PM	Siddha <b>Until 6:09PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Rahu</b> 8:25AM – 10:10AM	Gara <b>Until 10:43PM</b>	<b>Nataraja:</b> Yellow		4th Phase
				<b>Trayodashi</b> <b>Until 11:01AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
					<b>Jyeshtha-Ani</b>		

	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau				Cairo, Egypt Sutra 63 Vikarin 5121
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:27PM – 5:13PM	<b>Anuradha</b> <b>Until 6:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	
Vrischika Rasi: 16.21	Tithi 14 – 15		Yama 11:56AM – 1:42PM	Sadhya <b>Until 4:49PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 9
		371793461	<b>Rahu</b> 5:13PM – 6:58PM	Visti <b>Until 10:25PM</b>	<b>Nataraja:</b> Yellow		Purnima
Routine Work	Marana Yoga			<b>Chaturdashi*</b> <b>Until 10:29AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
			<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		

<b>Monday, June 17, 2019</b>	<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cairo, Egypt Sutra 64 Vikarin 5121
	Vrischika Rasi: 29.22	Tithi 15 – 16	<b>Gulika</b> 1:42PM – 3:27PM	<b>Jyeshtha*</b> <b>Until 6:59AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	
<b>Family Home Evening</b>		371793461	Yama 10:11AM – 11:56AM	Subha <b>Until 3:55PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Rahu</b> 6:40AM – 8:25AM	Balava <b>Until 10:39PM</b>	<b>Nataraja:</b> Yellow		Prathama
				<b>Purnima*</b> <b>Until 10:27AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
					<b>Jyeshtha-Ani</b>		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cairo, Egypt  
Sutra 65

Dhanus Rasi: 12.08 Tithi 16 - 17

381793461

**Gulika** 11:56AM - 1:42PM  
Yama 8:25AM - 10:11AM  
**Rahu** 3:28PM - 5:13PM

**Mula\* Until 8:16AM**  
Sukla Until 3:26PM  
Taitila Until 11:28PM  
**Prathama\* Until 10:58AM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:54AM  
**Sunset:** 6:59PM

Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Cairo, Egypt  
Sun 1  
Sutra 66

Dhanus Rasi: 24.37 Tithi 17 - 18

382793461

**Gulika** 10:11AM - 11:57AM  
Yama 6:40AM - 8:25AM  
**Rahu** 11:57AM - 1:42PM

**Purvashadha\* Until 9:57AM**  
Brahma Until 3:24PM  
Vanija Until 12:49AM Thu  
**Dvitiya Until 12:03PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:54AM  
**Sunset:** 6:59PM

Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili\* Yoga Visti/Bava Karana Trilya/Chaturthyam Titau

Cairo, Egypt  
Sun 2  
Sutra 67

Makara Rasi: 6.53 Tithi 18 - 19

382793461

**Gulika** 8:26AM - 10:11AM  
Yama 4:54AM - 6:40AM  
**Rahu** 1:42PM - 3:28PM

**Uttarashadha Until 11:59AM**  
Indra Until 3:47PM  
Bava Until 2:40AM Fri  
**Tritya Until 1:40PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:54AM  
**Sunset:** 6:59PM

Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt  
Sun 3  
Sutra 68

Makara Rasi: 18.57 Tithi 19 - 20

392793461

**Gulika** 6:40AM - 8:26AM  
Yama 3:28PM - 5:14PM  
**Rahu** 10:11AM - 11:57AM

**Shravana Until 2:46PM**  
Vaidhrili\* Until 4:27PM  
Kaulava Until 4:51AM Sat  
**Chaturthi\* Until 3:42PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:55AM  
**Sunset:** 7:00PM

Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 2:46PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vishkambha\*/Priti Yoga Taitila Karana Panchamyam Titau

Cairo, Egypt  
Sun 4  
Sutra 69

Kumbha Rasi: 0.53 Tithi 20

392793461

**Gulika** 4:55AM - 6:40AM  
Yama 1:43PM - 3:28PM  
**Rahu** 8:26AM - 10:12AM

**Dhanishtha Until 5:39PM**  
Vishkambha\* Until 5:21PM  
Taitila Until 6:00PM  
**Panchami Until 6:00PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:55AM  
**Sunset:** 7:00PM

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Cairo, Egypt  
Sun 5  
Sutra 70

Kumbha Rasi: 12.46 Tithi 21

392793461

**Gulika** 3:29PM - 5:14PM  
Yama 11:57AM - 1:43PM  
**Rahu** 5:14PM - 7:00PM

**Shatabhishak Until 8:27PM**  
Priti Until 6:20PM  
Gara Until 7:13AM  
**Shashthi\* Until 8:24PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:55AM  
**Sunset:** 7:00PM

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Cairo, Egypt  
Sun 6  
Sutra 71

Kumbha Rasi: 24.38 Tithi 22

312793461

**Gulika** 1:43PM - 3:29PM  
Yama 10:12AM - 11:58AM  
**Rahu** 6:41AM - 8:26AM

**Purvaproshtapada\* Until 11:29PM**  
Ayushman Until 7:12PM  
Visti Until 9:35AM  
**Saptami Until 10:41PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:55AM  
**Sunset:** 7:00PM

Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**D**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt  
Sun 7  
Sutra 72

Meena Rasi: 6.35 Tithi 23

312793461

**Gulika** 11:58AM - 1:43PM  
Yama 8:27AM - 10:12AM  
**Rahu** 3:29PM - 5:15PM

**Uttaraproshtapada Until 2:03AM Wed**  
Saubhagya Until 7:53PM  
Balava Until 11:45AM  
**Ashtami\* Until 12:40AM Wed**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:56AM  
**Sunset:** 7:00PM

Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga

Until 2:03AM Wed

Then Routine Work - Marana Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Cairo, Egypt  
Sun 8  
Sutra 73

Meena Rasi: 18.4 Tithi 24

312793461

**Gulika** 10:13AM - 11:58AM  
Yama 6:41AM - 8:27AM  
**Rahu** 11:58AM - 1:44PM

**Revati Until 3:59AM Thu**  
Sobhana Until 8:14PM  
Taitila Until 1:31PM  
**Navami\* Until 2:10AM Thu**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:56AM  
**Sunset:** 7:00PM

Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

**Sivaloka Day**


<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Cairo, Egypt Sun 9 Sutra 74 Vikarin 5121
Mesha Rasi: 0.57	Tithi 25	322793461	<b>Gulika</b> 8:27AM – 10:13AM <b>Yama</b> 4:56AM – 6:42AM <b>Rahu</b> 1:44PM – 3:29PM	<b>Ashvini Until 5:38AM Fri</b> Athiganda* Until 8:06PM Vanija Until 2:43PM <b>Dashami Until 3:04AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:56AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:00PM <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 5:38AM Fri Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Cairo, Egypt Sun 10 Sutra 75 Vikarin 5121
Mesha Rasi: 13.31	Tithi 26	322793461	<b>Gulika</b> 6:42AM – 8:28AM <b>Yama</b> 3:30PM – 5:15PM <b>Rahu</b> 10:13AM – 11:59AM	<b>Bharani Until 6:26AM Sat</b> Sukarma Until 7:27PM Bava Until 3:16PM <b>Ekadashi* Until 3:15AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:56AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:01PM <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 6:26AM Sat Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Cairo, Egypt Sun 11 Sutra 76 Vikarin 5121
Mesha Rasi: 26.25	Tithi 27	322793461	<b>Gulika</b> 4:57AM – 6:42AM <b>Yama</b> 1:44PM – 3:30PM <b>Rahu</b> 8:28AM – 10:13AM	<b>Bharani Until 6:26AM</b> Dhriti Until 6:14PM Kaulava Until 3:06PM <b>Dvadashi* Until 2:43AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:57AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:01PM <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 6:26AM Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Cairo, Egypt Sun 12 Sutra 77 Vikarin 5121
Vrishabha Rasi: 9.41	Tithi 28	322793461	<b>Gulika</b> 3:30PM – 5:15PM <b>Yama</b> 11:59AM – 1:44PM <b>Rahu</b> 5:15PM – 7:01PM	<b>Krittika Until 6:22AM</b> Shula* Until 4:25PM Gara Until 2:12PM <b>Trayodashi* Until 1:29AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:57AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:01PM <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Cairo, Egypt Sun 13 Sutra 78 Vikarin 5121
Vrishabha Rasi: 23.22	Tithi 29	332793461	<b>Gulika</b> 1:44PM – 3:30PM <b>Yama</b> 10:14AM – 11:59AM <b>Rahu</b> 6:43AM – 8:28AM	<b>Mrigashira Until 4:46AM Tue</b> Ganda* Until 2:06PM Visti Until 12:39PM <b>Chaturdashi* Until 11:39PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:58AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:01PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	Moon 6 - Phase 11 2nd Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 4:46AM Tue Then Routine Work - Marana Yoga						

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Cairo, Egypt Sun 14 Sutra 79 Vikarin 5121		
<b>Retreat Star</b>		Mithuna Rasi: 7.23	Tithi 30	332793461	<b>Gulika</b> 11:59AM – 1:45PM <b>Yama</b> 8:29AM – 10:14AM <b>Rahu</b> 3:30PM – 5:15PM	<b>Ardra Until 2:59AM Wed</b> Vridhhi Until 11:20AM Catuspada Until 10:33AM <b>Amavasya* Until 9:18PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:58AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:01PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	Moon 6 - Phase 11 Amavasya <b>Devaloka Day</b>
Routine Work Marana Yoga Until 2:59AM Wed Then Creative Work - Siddha Yoga		<b>Total Solar Eclipse</b>						

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Cairo, Egypt Sun 15 Sutra 80 Vikarin 5121
Mithuna Rasi: 21.43	Tithi 1	343793461	<b>Gulika</b> 10:14AM – 11:59AM <b>Yama</b> 6:44AM – 8:29AM <b>Rahu</b> 11:59AM – 1:45PM	<b>Punarvasu Until 1:08AM Thu</b> Dhruva Until 8:12AM Kintughna Until 8:00AM <b>Prathama* Until 6:36PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:58AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:01PM <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada-Ani</b>	Moon 6 - Phase 11 Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 1:08AM Thu Then Creative Work - Amrita Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Cairo, Egypt Sun 16 Sutra 81 Vikarin 5121
Kataka Rasi: 6.17	Tithi 2 – 3	<b>Gulika</b> 8:29AM – 10:14AM	<b>Pushya</b> <b>Until 10:58PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM		
		Yama 4:59AM – 6:44AM	Harshana Until 1:19AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 1:45PM – 3:30PM	Taitila Until 2:10AM Fri	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> <b>Until 3:39PM</b>	Moon – Blue			<b>Sivaloka Day</b>
Until 10:58PM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Cairo, Egypt Sun 17 Sutra 82 Vikarin 5121
Kataka Rasi: 20.58	Tithi 3 – 4	<b>Gulika</b> 6:44AM – 8:30AM	<b>Ashlesha*</b> <b>Until 8:37PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM		
		Yama 3:30PM – 5:15PM	Vajra* Until 9:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:15AM – 12:00PM	Vanija Until 11:08PM	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> <b>Until 12:37PM</b>	Moon – Blue			<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>			

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Cairo, Egypt Sun 18 Sutra 83 Vikarin 5121
Simha Rasi: 5.38	Tithi 4 – 5	<b>Gulika</b> 5:00AM – 6:45AM	<b>Magha*</b> <b>Until 6:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM		
		Yama 1:45PM – 3:30PM	Siddhi Until 6:17PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12	
		353793461 <b>Rahu</b> 8:30AM – 10:15AM	Bava Until 8:11PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> <b>Until 9:37AM</b>	Moon – Red			<b>Subha Sivaloka Day</b>
Until 6:37PM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Taitila Karana Panchami/Shashthyam Titau			Cairo, Egypt Sun 19 Sutra 84 Vikarin 5121
Simha Rasi: 20.13	Tithi 5 – 6	<b>Gulika</b> 3:30PM – 5:15PM	<b>Purvaphalguni</b> <b>Until 4:40PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM		
		Yama 12:00PM – 1:45PM	Vyatipata* Until 2:59PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 5:15PM – 7:00PM	Taitila Until 4:10AM Mon	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 6:46AM</b>	Moon – Red			<b>Sivaloka Day</b>
Until 4:40PM				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Cairo, Egypt Sun 20 Sutra 85 Vikarin 5121
Kanya Rasi: 4.38	Tithi 7	<b>Gulika</b> 1:45PM – 3:30PM	<b>Uttaraphalguni</b> <b>Until 2:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:01AM		
<b>Family Home Evening</b>		Yama 10:15AM – 12:00PM	Variyan Until 11:53AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 6:45AM – 8:30AM	Gara Until 3:00PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 1:53AM Tue</b>	Moon – Red			<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>			

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Cairo, Egypt Sun 21 Sutra 86 Vikarin 5121
Kanya Rasi: 18.49	Tithi 8	<b>Gulika</b> 12:00PM – 1:45PM	<b>Hasta</b> <b>Until 1:43PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:01AM		
		Yama 8:31AM – 10:16AM	Parigha* Until 9:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 3:30PM – 5:15PM	Visti Until 12:54PM	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 12:00AM Wed</b>	Moon – Green			<b>Subha Sivaloka Day</b>
				<b>Ashada*Ani</b>			

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Cairo, Egypt Sun 22 Sutra 87 Vikarin 5121
Tula Rasi: 2.44	Tithi 9	<b>Gulika</b> 10:16AM – 12:01PM	<b>Chitra</b> <b>Until 12:50PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM		
		Yama 6:46AM – 8:31AM	Shiva Until 6:39AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12	
		463893461 <b>Rahu</b> 12:01PM – 1:45PM	Balava Until 11:14AM	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 10:32PM</b>	Moon – Green			<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 88
	Tula Rasi: 16.23	Tithi 10	<b>Gulika</b> 8:31AM – 10:16AM	<b>Svati</b> Until 12:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM	Vikarin 5121
			Yama 5:02AM – 6:47AM	Sadhya Until 2:48AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	463893461	<b>Rahu</b> 1:45PM – 3:30PM	Taitila Until 10:00AM		<b>Nataraja:</b> Yellow		4th Phase
Creative Work Amrita Yoga		<b>Dashami</b> Until 9:32PM		<b>Ashada*Ani</b>		<b>Sivaloka Day</b>	
Until 12:15PM							
Then Creative Work - Siddha Yoga							


<b>2</b>	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 89
	Tula Rasi: 29.47	Tithi 11	<b>Gulika</b> 6:47AM – 8:32AM	<b>Vishakha</b> Until 12:25PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:03AM	Vikarin 5121
			Yama 3:30PM – 5:15PM	Subha Until 1:28AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	473893461	<b>Rahu</b> 10:16AM – 12:01PM	Vanija Until 9:13AM		<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga		<b>Ekadashi</b> Until 9:00PM		<b>Ashada*Ani</b>		<b>Devaloka Day</b>	
Until 12:15PM							
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 90
	Vrischika Rasi: 12.55	Tithi 12	<b>Gulika</b> 5:03AM – 6:48AM	<b>Anuradha</b> Until 12:54PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:03AM	Vikarin 5121
			Yama 1:45PM – 3:30PM	Sukla Until 12:29AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	473893461	<b>Rahu</b> 8:32AM – 10:16AM	Bava Until 8:56AM		<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga		<b>Dvadashi</b> Until 8:56PM		<b>Ashada*Ani</b>		<b>Devaloka Day</b>	
Until 12:15PM							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 91
	Vrischika Rasi: 25.49	Tithi 13	<b>Gulika</b> 3:30PM – 5:14PM	<b>Jyeshtha*</b> Until 1:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:04AM	Vikarin 5121
			Yama 12:01PM – 1:45PM	Brahma Until 11:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	473893461	<b>Rahu</b> 5:14PM – 6:59PM	Kaulava Until 9:07AM		<b>Nataraja:</b> Yellow		4th Phase
Routine Work Marana Yoga		<b>Trayodashi</b> Until 9:22PM		<b>Ashada*Ani</b>		<b>Devaloka Day</b>	
Until 1:43PM							
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 92
	Dhanus Rasi: 8.28	Tithi 14	<b>Gulika</b> 1:45PM – 3:30PM	<b>Mula*</b> Until 3:18PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Vikarin 5121
			Yama 10:17AM – 12:01PM	Indra Until 11:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13
	483893461	<b>Rahu</b> 6:48AM – 8:33AM	Gara Until 9:47AM		<b>Nataraja:</b> Yellow		4th Phase
Family Home Evening		<b>Chaturdashi*</b> Until 10:16PM		<b>Ashada*Ani</b>		<b>Sivaloka Day</b>	
Creative Work Siddha Yoga							
Until 3:18PM							
Then Routine Work - Marana Yoga							

	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Cairo, Egypt Sun 28 Sutra 93
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:01PM – 1:45PM	<b>Purvashadha*</b> Until 5:10PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Vikarin 5121
	Dhanus Rasi: 20.55	Tithi 15	Yama 8:33AM – 10:17AM	Vaidhriti* Until 11:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13
	483893461	<b>Rahu</b> 3:30PM – 5:14PM	Visti Until 10:54AM		<b>Nataraja:</b> Yellow		Purnima
Creative Work Siddha Yoga		<b>Purnima*</b> Until 11:37PM		<b>Ashada*Ani</b>		<b>Sivaloka Day</b>	
Until 5:10PM							
Then Routine Work - Prabalarishta Yoga							
		<b>Partial Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Cairo, Egypt Sun 29 Sutra 94
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:17AM – 12:01PM	<b>Uttarashadha</b> Until 7:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM	Vikarin 5121
	Makara Rasi: 3.11	Tithi 16	Yama 6:49AM – 8:33AM	Vishkambha* Until 12:14AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13
	484893462	<b>Rahu</b> 12:01PM – 1:45PM	Balava Until 12:28PM		<b>Nataraja:</b> White		Prathama
Creative Work Amrita Yoga		<b>Prathama*</b> Until 1:23AM Thu		<b>Ashada*Ani</b>		<b>Subha Subha Sivaloka Day</b>	
Until 7:18PM							
Then Creative Work - Siddha Yoga							



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Cairo, Egypt  
Sun 1  
Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Makara Rasi: 15.17 Tithi 17  
494893462 Rahu  
Creative Work Siddha Yoga

**Gulika** 8:34AM – 10:18AM  
Yama 5:06AM – 6:50AM  
Rahu 1:45PM – 3:29PM

**Shravana Until 10:05PM**  
Priti Until 12:57AM Fri  
Taitila Until 2:24PM  
Dvitiya Until 3:28AM Fri

**Ganesha:** Clear *Sunrise: 5:06AM*  
**Muruqa:** Blue *Sunset: 6:57PM*  
**Nataraja:** White  
Moon – Purple  
**Subha Sivaloka Day**  
**Ashada-Adi**

**1**

**Friday, July 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cairo, Egypt  
Sun 2  
Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Makara Rasi: 27.16 Tithi 18  
494893462 Rahu  
Creative Work Siddha Yoga  
Until 12:57AM Sat  
Then Creative Work - Amrita Yoga

**Gulika** 6:50AM – 8:34AM  
Yama 3:29PM – 5:13PM  
Rahu 10:18AM – 12:02PM

**Dhanishtha Until 12:57AM Sat**  
Ayushman Until 1:49AM Sat  
Vanija Until 4:37PM  
Tritiya Until 5:47AM Sat

**Ganesha:** Clear *Sunrise: 5:06AM*  
**Muruqa:** Blue *Sunset: 6:57PM*  
**Nataraja:** White  
Moon – Purple  
**Subha Sivaloka Day**  
**Ashada-Adi**

**2**

**Saturday, July 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Cairo, Egypt  
Sun 3  
Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Kumbha Rasi: 9.1 Tithi 19  
494893462 Rahu  
Creative Work Amrita Yoga  
Until 3:45AM Sun  
Then Creative Work - Siddha Yoga

**Gulika** 5:07AM – 6:51AM  
Yama 1:45PM – 3:29PM  
Rahu 8:34AM – 10:18AM

**Shatabhishak Until 3:45AM Sun**  
Saubhagya Until 2:48AM Sun  
Bava Until 7:00PM  
Chaturthi\* Until 8:12AM Sun

**Ganesha:** Clear *Sunrise: 5:07AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** White  
Moon – Purple  
**Subha Sivaloka Day**  
**Ashada-Adi**

**3**

**Sunday, July 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt  
Sun 4  
Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Kumbha Rasi: 21.01 Tithi 19 – 20  
414893462 Rahu  
Creative Work Siddha Yoga

**Gulika** 3:29PM – 5:12PM  
Yama 12:02PM – 1:45PM  
Rahu 5:12PM – 6:56PM

**Purvaproshtapada\* Until 6:53AM Mon**  
Sobhana Until 3:46AM Mon  
Kaulava Until 9:25PM  
Chaturthi\* Until 8:12AM

**Ganesha:** Clear *Sunrise: 5:07AM*  
**Muruqa:** Blue *Sunset: 6:56PM*  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Ashada-Adi**

**4**

**Monday, July 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Cairo, Egypt  
Sun 5  
Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Meena Rasi: 2.53 Tithi 20 – 21  
414893462 Rahu  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 6:53AM  
Then Creative Work - Siddha Yoga

**Gulika** 1:45PM – 3:28PM  
Yama 10:18AM – 12:02PM  
Rahu 6:51AM – 8:35AM

**Purvaproshtapada\* Until 6:53AM**  
Athiganda\* Until 4:35AM Tue  
Gara Until 11:42PM  
Panchami Until 10:34AM

**Ganesha:** Clear *Sunrise: 5:08AM*  
**Muruqa:** Blue *Sunset: 6:55PM*  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Ashada-Adi**

**5**

**Tuesday, July 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada\*Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cairo, Egypt  
Sun 6  
Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Meena Rasi: 14.49 Tithi 21 – 22  
414893462 Rahu  
Creative Work Amrita Yoga  
Until 9:40AM  
Then Creative Work - Siddha Yoga

**Gulika** 12:02PM – 1:45PM  
Yama 8:35AM – 10:18AM  
Rahu 3:28PM – 5:12PM

**Uttaraproshtapada Until 9:40AM**  
Sukarma Until 5:11AM Wed  
Visti Until 1:42AM Wed  
Shashthi\* Until 12:44PM

**Ganesha:** Clear *Sunrise: 5:09AM*  
**Muruqa:** Blue *Sunset: 6:55PM*  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Ashada-Adi**

**Retreat Star**

**Wednesday, July 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt  
Sun 7  
Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

Meena Rasi: 26.53 Tithi 22 – 23  
414893462 Rahu  
Routine Work Marana Yoga

**Gulika** 10:19AM – 12:02PM  
Yama 6:52AM – 8:35AM  
Rahu 12:02PM – 1:45PM

**Revati Until 11:57AM**  
Dhriti Until 5:26AM Thu  
Balava Until 3:16AM Thu  
Saptami Until 2:32PM

**Ganesha:** Clear *Sunrise: 5:09AM*  
**Muruqa:** Blue *Sunset: 6:54PM*  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Ashada-Adi**

**Thursday, July 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt  
Sun 8  
Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami

Mesha Rasi: 9.08 Tithi 23 – 24  
424893462 Rahu  
Creative Work Amrita Yoga  
Until 2:04PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:36AM – 10:19AM  
Yama 5:10AM – 6:53AM  
Rahu 1:45PM – 3:28PM

**Ashvini Until 2:04PM**  
Shula\* Until 5:10AM Fri  
Taitila Until 4:13AM Fri  
Ashtami\* Until 3:48PM

**Ganesha:** White *Sunrise: 5:10AM*  
**Muruqa:** Blue *Sunset: 6:54PM*  
**Nataraja:** White  
Moon – White  
**Subha Subha Sivaloka Day**  
**Ashada-Adi**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Cairo, Egypt Sutra 103 Vikarin 5121
Mesha Rasi: 21.4	Tithi 24 – 25	<b>Gulika</b> 6:53AM – 8:36AM	<b>Bharani</b> <b>Until 3:23PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM	Sun 9	
		Yama 3:27PM – 5:10PM	Ganda* <b>Until 4:22AM Sat</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:53PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	424893462 <b>Rahu</b> 10:19AM – 12:02PM	Vanija <b>Until 4:27AM Sat</b>	<b>Nataraja:</b> White			2nd Phase
			<b>Navami* Until 4:25PM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Cairo, Egypt Sutra 104 Vikarin 5121
Wrishabha Rasi: 4.32	Tithi 25 – 26	<b>Gulika</b> 5:11AM – 6:54AM	<b>Krittika</b> <b>Until 3:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM	Sun 10	
		Yama 1:44PM – 3:27PM	Vriddhi <b>Until 2:57AM Sun</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:52PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 <b>Rahu</b> 8:36AM – 10:19AM	Bava <b>Until 3:55AM Sun</b>	<b>Nataraja:</b> White			2nd Phase
			<b>Dashami Until 4:16PM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Cairo, Egypt Sutra 105 Vikarin 5121
Wrishabha Rasi: 14.77	Tithi 26 – 27	<b>Gulika</b> 3:27PM – 5:09PM	<b>Rohini</b> <b>Until 3:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:12AM	Sun 11	
		Yama 12:02PM – 1:44PM	Dhruva <b>Until 12:53AM Mon</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:52PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	434893462 <b>Rahu</b> 5:09PM – 6:52PM	Kaulava <b>Until 2:36AM Mon</b>	<b>Nataraja:</b> White			2nd Phase
			<b>Ekadashi* Until 3:20PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau			Cairo, Egypt Sutra 106 Vikarin 5121
Mithuna Rasi: 1.29	Tithi 27 – 28	<b>Gulika</b> 1:44PM – 3:26PM	<b>Mrigashira</b> <b>Until 2:51PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:12AM	Sun 12	
<b>Family Home Evening</b>		Yama 10:19AM – 12:02PM	Vyaghata* <b>Until 10:14PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:51PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 <b>Rahu</b> 6:55AM – 8:37AM	Gara <b>Until 12:35AM Tue</b>	<b>Nataraja:</b> White			2nd Phase
Until 2:51PM			<b>Dvadashi* Until 1:39PM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Cairo, Egypt Sutra 107 Vikarin 5121
Mithuna Rasi: 15.38	Tithi 28 – 29	<b>Gulika</b> 12:02PM – 1:44PM	<b>Ardra</b> <b>Until 1:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM	Sun 13	
		Yama 8:37AM – 10:19AM	Harshana <b>Until 7:07PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:51PM		Moon 7 - Phase 15
Routine Work	Marana Yoga	435893462 <b>Rahu</b> 3:26PM – 5:08PM	Visti <b>Until 9:57PM</b>	<b>Nataraja:</b> White			2nd Phase
Until 1:07PM			<b>Trayodashi* Until 11:19AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>			

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Cairo, Egypt Sutra 108 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 10:20AM – 12:02PM	<b>Punarvasu</b> <b>Until 11:09AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:13AM	Sun 14	
Kataka Rasi: 0.1	Tithi 29 – 30	Yama 6:55AM – 8:38AM	Vajra* <b>Until 3:33PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:50PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	445893462 <b>Rahu</b> 12:02PM – 1:44PM	Catuspada <b>Until 6:52PM</b>	<b>Nataraja:</b> White			Amavasya
			<b>Chaturdashi* Until 8:27AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Cairo, Egypt Sutra 109 Vikarin 5121
Kataka Rasi: 14.59	Tithi 1	<b>Gulika</b> 8:38AM – 10:20AM	<b>Pushya</b> <b>Until 8:40AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:14AM	Sun 15	
		Yama 5:14AM – 6:56AM	Siddhi <b>Until 11:43AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:49PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	445893462 <b>Rahu</b> 1:43PM – 3:25PM	Kintughna <b>Until 3:28PM</b>	<b>Nataraja:</b> White			Prathama
Until 8:40AM			<b>Prathama* Until 1:41AM Fri</b>	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Cairo, Egypt Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 0.01	Tithi 2	<b>Gulika</b> 6:56AM – 8:38AM	<b>Magha* Until 3:13AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM	
		Yama 3:25PM – 5:07PM	Vyatipata* Until 7:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 16
		455893462 <b>Rahu</b> 10:20AM – 12:01PM	Balava Until 11:55AM	<b>Nataraja:</b> White		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 10:07PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 3:13AM Sat				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Cairo, Egypt Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 15.04	Tithi 3	<b>Gulika</b> 5:15AM – 6:57AM	<b>Purvaphalguni Until 12:36AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM	
		Yama 1:43PM – 3:25PM	Parigha* Until 11:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 16
		455893462 <b>Rahu</b> 8:38AM – 10:20AM	Taitila Until 8:22AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 6:37PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 12:36AM Sun				<b>Sravana*Adi</b>		
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Cairo, Egypt Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 0	Tithi 4 – 5	<b>Gulika</b> 3:24PM – 5:05PM	<b>Uttaraphalguni Until 10:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	
		Yama 12:01PM – 1:43PM	Shiva Until 8:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 16
		455993462 <b>Rahu</b> 5:05PM – 6:47PM	Bava Until 1:51AM Mon	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 3:20PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Cairo, Egypt Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 14.43	Tithi 5 – 6	<b>Gulika</b> 1:42PM – 3:24PM	<b>Hasta Until 8:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	
<b>Family Home Evening</b>		Yama 10:20AM – 12:01PM	Siddha Until 4:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 6:58AM – 8:39AM	Kaulava Until 11:10PM	<b>Nataraja:</b> White		3rd Phase
Until 8:17PM			<b>Panchami Until 12:26PM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga		<b>Nag Panchami</b>		<b>Sravana*Adi</b>		

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Cairo, Egypt Sun 20 Sutra 114 Vikarin 5121
Kanya Rasi: 29.06	Tithi 6 – 7	<b>Gulika</b> 12:01PM – 1:42PM	<b>Chitra Until 6:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:17AM	
		Yama 8:39AM – 10:20AM	Sadhya Until 1:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 16
		465993462 <b>Rahu</b> 3:23PM – 5:04PM	Gara Until 9:02PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 10:00AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Cairo, Egypt Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 13.06	Tithi 7 – 8	<b>Gulika</b> 10:20AM – 12:01PM	<b>Svati Until 5:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:18AM	
		Yama 6:58AM – 8:39AM	Subha Until 11:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 16
		465993462 <b>Rahu</b> 12:01PM – 1:42PM	Visti Until 7:30PM	<b>Nataraja:</b> White		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 8:10AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cairo, Egypt Sun 22 Sutra 116 Vikarin 5121
Tula Rasi: 26.43	Tithi 8 – 9	<b>Gulika</b> 8:40AM – 10:20AM	<b>Vishakha Until 5:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM	
		Yama 5:18AM – 6:59AM	Sukla Until 9:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 16
		476993462 <b>Rahu</b> 1:42PM – 3:22PM	Balava Until 6:39PM	<b>Nataraja:</b> White		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 6:59AM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Cairo, Egypt Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 9.57	Tithi 9 – 10	<b>Gulika</b> 6:59AM – 8:40AM	<b>Anuradha</b> Until 6:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:19AM	
		Yama 3:22PM – 5:02PM	Brahma Until 8:02AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 17
	476993462	<b>Rahu</b> 10:20AM – 12:01PM	Taitila Until 6:28PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:28AM	Moon – Orange		<b>Sivaloka Day</b>
Until 6:24PM				<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						


<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Cairo, Egypt Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 22.5	Tithi 10 – 11	<b>Gulika</b> 5:19AM – 7:00AM	<b>Jyeshtha*</b> Until 7:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:19AM	
		Yama 1:41PM – 3:21PM	Indra Until 7:10AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 17
	476993462	<b>Rahu</b> 8:40AM – 10:20AM	Vanija Until 6:55PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:36AM	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau		Cairo, Egypt Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 5.28	Tithi 11 – 12	<b>Gulika</b> 3:21PM – 5:01PM	<b>Mula*</b> Until 9:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM	
		Yama 12:00PM – 1:41PM	Vaidhriti* Until 6:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 5:01PM – 6:41PM	Bava Until 7:56PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 7:20AM	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 9:12PM				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Cairo, Egypt Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 17.5	Tithi 12 – 13	<b>Gulika</b> 1:40PM – 3:20PM	<b>Purvashadha*</b> Until 11:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
<b>Family Home Evening</b>		Yama 10:20AM – 12:00PM	Vishkambha* Until 6:46AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 7:01AM – 8:40AM	Kaulava Until 9:25PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 8:36AM	Moon – Light Blue		<b>Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Cairo, Egypt Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 0.02	Tithi 13 – 14	<b>Gulika</b> 12:00PM – 1:40PM	<b>Uttarashadha</b> Until 1:38AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
		Yama 8:41AM – 10:20AM	Priti Until 7:07AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 3:20PM – 4:59PM	Gara Until 11:16PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi</b> Until 10:17AM	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 1:38AM Wed				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau		Cairo, Egypt Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:20AM – 12:00PM	<b>Shravana</b> Until 4:33AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:22AM	
Makara Rasi: 12.05	Tithi 14 – 15	Yama 7:01AM – 8:41AM	Ayushman Until 7:42AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 17
	496993462	<b>Rahu</b> 12:00PM – 1:39PM	Vistii Until 1:25AM Thu	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:18PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Raksha Bandhan</b>		<b>Sravana*Adi</b>		

<b>Thursday, August 15, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Cairo, Egypt Sutra 123 Vikarin 5121
Makara Rasi: 24.02	Tithi 15 – 16	<b>Gulika</b> 8:41AM – 10:20AM	<b>Dhanishtha</b> Until 7:27AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	
		Yama 5:22AM – 7:02AM	Saubhagya Until 8:29AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 17
	497993462	<b>Rahu</b> 1:39PM – 3:18PM	Balava Until 3:44AM Fri	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 2:32PM	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		





**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 5.56    Tilthi 16 – 17

497993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

**Gulika**    7:02AM – 8:41AM  
Yama        3:18PM – 4:57PM  
**Rahu**        10:20AM – 12:00PM

**Dhanishtha** **Until 7:27AM**  
Sobhana **Until 9:24AM**  
Taitila **Until 6:10AM Sat**  
**Prathama\* Until 4:55PM**

**Ganesha:** Yellow    *Sunrise: 5:23AM*  
**Muruqa:** Blue        *Sunset: 6:36PM*  
**Nataraja:** White  
Moon – Purple

Cairo, Egypt  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**Sravana-Adi**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 17.48    Tilthi 17

497993462

Creative Work    Amrita Yoga

Until 10:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

**Gulika**    5:24AM – 7:02AM  
Yama        1:38PM – 3:17PM  
**Rahu**        8:41AM – 10:20AM

**Shatabhishak** **Until 10:16AM**  
Athiganda\* **Until 10:21AM**  
Taitila **Until 6:10AM**  
**Dvitiya Until 7:21PM**

**Ganesha:** Yellow    *Sunrise: 5:24AM*  
**Muruqa:** Blue        *Sunset: 6:35PM*  
**Nataraja:** White  
Moon – Purple

Cairo, Egypt  
Sun 1  
Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**Sravana-Avani**

**2**

**Sunday, August 18, 2019**

Kumbha Rasi: 29.4    Tilthi 18

517993462

Creative Work    Siddha Yoga

Until 1:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika**    3:17PM – 4:55PM  
Yama        11:59AM – 1:38PM  
**Rahu**        4:55PM – 6:34PM

**Purvaproshtapada\* Until 1:25PM**  
Sukarma **Until 11:18AM**  
Vanija **Until 8:35AM**  
**Tritiya Until 9:45PM**

**Ganesha:** White    *Sunrise: 5:24AM*  
**Muruqa:** Blue        *Sunset: 6:34PM*  
**Nataraja:** White  
Moon – Clear

Cairo, Egypt  
Sun 2  
Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**Sravana-Avani**

**3**

**Monday, August 19, 2019**

Meena Rasi: 11.33    Tilthi 19

517993462

**Family Home Evening**

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    1:37PM – 3:16PM  
Yama        10:20AM – 11:59AM  
**Rahu**        7:03AM – 8:42AM

**Uttaraproshtapada Until 4:16PM**  
Dhriti **Until 12:12PM**  
Bava **Until 10:55AM**  
**Chaturthi\* Until 12:00AM Tue**

**Ganesha:** White    *Sunrise: 5:25AM*  
**Muruqa:** Blue        *Sunset: 6:33PM*  
**Nataraja:** White  
Moon – Clear

Cairo, Egypt  
Sun 3  
Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 23.3    Tilthi 20

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    11:59AM – 1:37PM  
Yama        8:42AM – 10:20AM  
**Rahu**        3:15PM – 4:54PM

**Revati Until 6:46PM**  
Shula\* **Until 12:54PM**  
Kaulava **Until 1:03PM**  
**Panchami Until 1:59AM Wed**

**Ganesha:** White    *Sunrise: 5:25AM*  
**Muruqa:** Blue        *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Clear

Cairo, Egypt  
Sun 4  
Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 5.34    Tilthi 21

527993462

Routine Work    Marana Yoga

Until 9:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhi\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    10:20AM – 11:58AM  
Yama        7:04AM – 8:42AM  
**Rahu**        11:58AM – 1:37PM

**Ashvini Until 9:14PM**  
Ganda\* **Until 1:22PM**  
Gara **Until 2:52PM**  
**Shashthi\* Until 3:35AM Thu**

**Ganesha:** Clear    *Sunrise: 5:26AM*  
**Muruqa:** Blue        *Sunset: 6:31PM*  
**Nataraja:** White  
Moon – White

Cairo, Egypt  
Sun 5  
Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**Sravana-Avani**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 17.49    Tilthi 22

528993462

Creative Work    Siddha Yoga

Until 11:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    8:42AM – 10:20AM  
Yama        5:26AM – 7:04AM  
**Rahu**        1:36PM – 3:14PM

**Bharani Until 11:04PM**  
Vridhi **Until 1:30PM**  
Visti **Until 4:13PM**  
**Saptami Until 4:39AM Fri**

**Ganesha:** White    *Sunrise: 5:26AM*  
**Muruqa:** Blue        *Sunset: 6:30PM*  
**Nataraja:** White  
Moon – White

Cairo, Egypt  
Sun 6  
Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**Sravana-Avani**

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vrishabha Rasi: 0.17    Tilthi 23

528993462

Creative Work    Siddha Yoga

Until 12:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    7:05AM – 8:42AM  
Yama        3:13PM – 4:51PM  
**Rahu**        10:20AM – 11:58AM

**Krittika Until 12:07AM Sat**  
Dhruva **Until 1:09PM**  
Balava **Until 4:58PM**  
**Ashtami\* Until 5:03AM Sat**

**Ganesha:** White    *Sunrise: 5:27AM*  
**Muruqa:** Blue        *Sunset: 6:29PM*  
**Nataraja:** White  
Moon – White

Cairo, Egypt  
Sun 7  
Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Sravana-Avani**

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 13.04    Tilthi 24

538993462

Creative Work    Amrita Yoga

Until 12:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    5:28AM – 7:05AM  
Yama        1:35PM – 3:13PM  
**Rahu**        8:43AM – 10:20AM

**Rohini Until 12:45AM Sun**  
Vyaghata\* **Until 12:16PM**  
Taitila **Until 5:00PM**  
**Navami\* Until 4:42AM Sun**

**Ganesha:** Clear    *Sunrise: 5:28AM*  
**Muruqa:** Blue        *Sunset: 6:28PM*  
**Nataraja:** White  
Moon – Yellow

Cairo, Egypt  
Sun 8  
Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

**Sravana-Avani**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Cairo, Egypt Sun 9 Sutra 133 Vikarin 5121
Wishabha Rasi: 26.14	Tithi 25	<b>Gulika</b> 3:12PM – 4:49PM	<b>Mrigashira</b> Until 12:27AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:28AM			
		Yama 11:57AM – 1:35PM	Harshana Until 10:46AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:27PM		Moon 8 - Phase 19	
		538993462 <b>Rahu</b> 4:49PM – 6:27PM	Vanija Until 4:14PM	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:33AM Mon	Moon – Yellow		<b>Subha Sivaloka Day</b>		
						<b>Sravana-Avani</b>		

<b>2</b>		<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Cairo, Egypt Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 9.5	Tithi 26	<b>Gulika</b> 1:34PM – 3:11PM	<b>Ardra</b> Until 11:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM			
<b>Family Home Evening</b>		Yama 10:20AM – 11:57AM	Vajra* Until 8:37AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:25PM		Moon 8 - Phase 19	
Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 7:06AM – 8:43AM	Bava Until 2:42PM	<b>Nataraja:</b> White			2nd Phase	
Until 11:15PM			<b>Ekadashi*</b> Until 1:38AM Tue	Moon – Yellow		<b>Subha Sivaloka Day</b>		
Then Creative Work - Amrita Yoga						<b>Sravana-Avani</b>		

<b>3</b>		<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Cairo, Egypt Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 23.55	Tithi 27	<b>Gulika</b> 11:57AM – 1:34PM	<b>Punarvasu</b> Until 9:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:29AM			
		Yama 8:43AM – 10:20AM	Vyatipata* Until 2:36AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:24PM		Moon 8 - Phase 19	
		548993462 <b>Rahu</b> 3:11PM – 4:47PM	Kaulava Until 12:26PM	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 11:03PM	Moon – Blue		<b>Sivaloka Day</b>		
						<b>Sravana-Avani</b>		

<b>4</b>		<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau				Cairo, Egypt Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 8.25	Tithi 28	<b>Gulika</b> 10:20AM – 11:57AM	<b>Pushya</b> Until 7:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:30AM			
		Yama 7:06AM – 8:43AM	Varyan Until 10:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:23PM		Moon 8 - Phase 19	
		549993463 <b>Rahu</b> 11:57AM – 1:33PM	Gara Until 9:34AM	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 7:55PM	Moon – Blue		<b>Devaloka Day</b>		
						<b>Sravana-Avani</b>		
						<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cairo, Egypt Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 23.19	Tithi 29 – 30	<b>Gulika</b> 8:43AM – 10:20AM	<b>Ashlesha*</b> Until 4:29PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:30AM			
		Yama 5:30AM – 7:07AM	Parigha* Until 6:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:22PM		Moon 8 - Phase 19	
		549193463 <b>Rahu</b> 1:33PM – 3:09PM	Visti Until 6:12AM	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 4:23PM	Moon – Blue		<b>Sivaloka Day</b>		
Until 4:29PM						<b>Sravana-Avani</b>		
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cairo, Egypt Sun 14 Sutra 138 Vikarin 5121
Simha Rasi: 8.28	Tithi 30 – 1	<b>Gulika</b> 7:07AM – 8:43AM	<b>Magha*</b> Until 1:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM			
		Yama 3:08PM – 4:45PM	Shiva Until 2:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:21PM		Moon 8 - Phase 19	
		559193463 <b>Rahu</b> 10:20AM – 11:56AM	Kintughna Until 10:41PM	<b>Nataraja:</b> Clear			Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 12:36PM	Moon – Red		<b>Sivaloka Day</b>		
Until 1:39PM						<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga		<b>Varalakshmi Vratam</b>						

<b>Retreat Star</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cairo, Egypt Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 23.43	Tithi 1 – 2	<b>Gulika</b> 5:31AM – 7:08AM	<b>Purvaphalguni</b> Until 10:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM			
		Yama 1:32PM – 3:08PM	Siddha Until 10:18AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:20PM		Moon 8 - Phase 19	
		559193463 <b>Rahu</b> 8:44AM – 10:20AM	Balava Until 6:52PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:45AM	Moon – Red		<b>Sivaloka Day</b>		
Until 10:37AM						<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyam Titau				Cairo, Egypt Sun 16 Sutra 140
	Kanya Rasi: 8.55	Tithi 3	<b>Gulika</b> 3:07PM – 4:43PM	<b>Uttaraphalguni</b> Until 7:35AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	Vikarin 5121
			Yama 11:55AM – 1:31PM	Sadhya Until 6:07AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 <b>Rahu</b> 4:43PM – 6:19PM	Taitila Until 3:14PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 1:31AM Mon	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

<b>2</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Cairo, Egypt Sun 17 Sutra 141
	Kanya Rasi: 23.53	Tithi 4	<b>Gulika</b> 1:31PM – 3:06PM	<b>Chitra</b> Until 2:56AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:33AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:19AM – 11:55AM	Sukla Until 10:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 <b>Rahu</b> 7:08AM – 8:44AM	Vanija Until 11:57AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Ganesha Chaturthi</b>	<b>Chaturthi*</b> Until 10:28PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>	

<b>3</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 142
	Tula Rasi: 8.3	Tithi 5	<b>Gulika</b> 11:55AM – 1:30PM	<b>Svati</b> Until 1:15AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:33AM	Vikarin 5121
			Yama 8:44AM – 10:19AM	Brahma Until 7:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 <b>Rahu</b> 3:05PM – 4:41PM	Bava Until 9:10AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 8:00PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

<b>4</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Cairo, Egypt Sun 19 Sutra 143
	Tula Rasi: 22.4	Tithi 6	<b>Gulika</b> 10:19AM – 11:54AM	<b>Vishakha</b> Until 12:35AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:34AM	Vikarin 5121
			Yama 7:09AM – 8:44AM	Indra Until 4:57PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 <b>Rahu</b> 11:54AM – 1:29PM	Kaulava Until 7:02AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 6:14PM	<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>		

<b>5</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 20 Sutra 144
	Vrischika Rasi: 6.22	Tithi 7 – 8	<b>Gulika</b> 8:44AM – 10:19AM	<b>Anuradha</b> Until 12:35AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:34AM	Vikarin 5121
			Yama 5:34AM – 7:09AM	Vaidhriti* Until 3:04PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	571193463 <b>Rahu</b> 1:29PM – 3:04PM	Visti Until 5:08AM Fri	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> Until 5:17PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

<b>6</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 21 Sutra 145
	<b>Retreat Star</b>		<b>Gulika</b> 7:09AM – 8:44AM	<b>Jyeshtha*</b> Until 1:13AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:35AM	Vikarin 5121
	Vrischika Rasi: 19.37	Tithi 8 – 9	Yama 3:03PM – 4:38PM	Vishkambha* Until 1:50PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	571193463 <b>Rahu</b> 10:19AM – 11:54AM	Balava Until 5:25AM Sat	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami*</b> Until 5:10PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

<b>7</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 22 Sutra 146
	<b>Retreat Star</b>		<b>Gulika</b> 5:35AM – 7:10AM	<b>Mula*</b> Until 2:56AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:35AM	Vikarin 5121
	Dhanus Rasi: 2.26	Tithi 9 – 10	Yama 1:28PM – 3:02PM	Priti Until 1:15PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	581193463 <b>Rahu</b> 8:44AM – 10:19AM	Taitila Until 6:27AM Sun	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> Until 5:49PM	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Cairo, Egypt Sun 23 Sutra 147
Dhanus Rasi: 14.54	Tithi 10	<b>Gulika</b> 3:02PM – 4:36PM	<b>Purvashadha* Until 5:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:36AM	Vikarin 5121
		Yama 11:53AM – 1:27PM	Ayushman Until 1:11PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 4:36PM – 6:10PM	Taitila Until 6:27AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	<b>Devaloka Day</b>
Until 5:05AM Mon		<b>Grandparent's Day</b>	<b>Dashami Until 7:10PM</b>	<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

<b>2 Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Cairo, Egypt Sun 24 Sutra 148
Dhanus Rasi: 27.07	Tithi 11	<b>Gulika</b> 1:27PM – 3:01PM	<b>Uttarashadha Until 7:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:36AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:19AM – 11:53AM	Saubhagya Until 1:34PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	<b>Rahu</b> 7:10AM – 8:44AM	Vanija Until 8:05AM	<b>Nataraja:</b> Clear	4th Phase
Until 7:30AM Tue			<b>Ekadashi Until 9:03PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>	

<b>3 Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Cairo, Egypt Sun 25 Sutra 149
Makara Rasi: 9.1	Tithi 12	<b>Gulika</b> 11:52AM – 1:26PM	<b>Uttarashadha Until 7:30AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:37AM	Vikarin 5121
		Yama 8:45AM – 10:18AM	Sobhana Until 2:16PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:08PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 3:00PM – 4:34PM	Bava Until 10:09AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Prabalarishta Yoga			<b>Dvadashi Until 11:16PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 7:30AM				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cairo, Egypt Sun 26 Sutra 150
Makara Rasi: 21.05	Tithi 13	<b>Gulika</b> 10:18AM – 11:52AM	<b>Shravana Until 10:32AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:37AM	Vikarin 5121
		Yama 7:11AM – 8:45AM	Athiganda* Until 3:07PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:06PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 11:52AM – 1:26PM	Kaulava Until 12:29PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga			<b>Trayodashi Until 1:41AM Thu</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 10:32AM		<b>Avani Avittam</b>		<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

<b>5 Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Cairo, Egypt Sun 27 Sutra 151
Kumbha Rasi: 2.57	Tithi 14	<b>Gulika</b> 8:45AM – 10:18AM	<b>Dhanishtha Until 1:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:38AM	Vikarin 5121
		Yama 5:38AM – 7:11AM	Sukarma Until 4:04PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:05PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 1:25PM – 2:58PM	Gara Until 2:57PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 4:09AM Fri</b>	Moon – Purple	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>	

<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Cairo, Egypt Sutra 152
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:12AM – 8:45AM	<b>Shatabhishak Until 4:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:39AM	Vikarin 5121
Kumbha Rasi: 14.48	Tithi 15	Yama 2:58PM – 4:31PM	Dhriti Until 5:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM	Moon 8 - Phase 21
	591113463	<b>Rahu</b> 10:18AM – 11:51AM	Visti Until 5:24PM	<b>Nataraja:</b> Clear	Purnima
Creative Work Siddha Yoga			<b>Purnima* Until 6:36AM Sat</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Bhadrapada-Avani</b>	

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Cairo, Egypt Sutra 153
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:39AM – 7:12AM	<b>Purvaprosarthapada* Until 7:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:39AM	Vikarin 5121
Kumbha Rasi: 26.4	Tithi 15 – 16	Yama 1:24PM – 2:57PM	Shula* Until 5:53PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:03PM	Moon 8 - Phase 21
	511113463	<b>Rahu</b> 8:45AM – 10:18AM	Balava Until 7:48PM	<b>Nataraja:</b> Clear	Prathama
Routine Work Marana Yoga			<b>Purnima* Until 6:36AM</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 7:25PM				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cairo, Egypt

Sutra 154

Vikarin 5121

Meena Rasi: 8.35 Tithi 16 – 17

512113463

Gulika

2:56PM – 4:29PM

Uttaraproshtapada Until 10:13PM

Ganesha: Yellow

Sunrise: 5:40AM

Yama

11:51AM – 1:23PM

Ganda\* Until 6:40PM

Muruqa: Purple

Sunset: 6:01PM

Moon 9 - Phase 22

Creative Work Amrita Yoga

Rahu

4:29PM – 6:01PM

Taitila Until 10:03PM

Nataraja: Clear

Moon – Clear

1st Phase

Prathama\* Until 8:55AM

Bhadrapada\*Avani

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Trityayam Titau

Cairo, Egypt

Sutra 155

Vikarin 5121

Meena Rasi: 20.33 Tithi 17 – 18

512113463

Gulika

1:23PM – 2:55PM

Revati Until 12:39AM Tue

Ganesha: Yellow

Sunrise: 5:40AM

Yama

10:18AM – 11:50AM

Vriddhi Until 7:20PM

Muruqa: Purple

Sunset: 6:00PM

Moon 9 - Phase 22

Family Home Evening

Rahu

7:13AM – 8:45AM

Vanija Until 12:06AM Tue

Nataraja: Clear

Moon – Clear

1st Phase

Dvitiya Until 11:05AM

Bhadrapada\*Avani

Sivaloka Day

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Cairo, Egypt

Sutra 156

Vikarin 5121

Mesha Rasi: 3 Tithi 18 – 19

522113463

Gulika

11:50AM – 1:22PM

Ashvini Until 3:11AM Wed

Ganesha: White

Sunrise: 5:41AM

Yama

8:45AM – 10:18AM

Dhruva Until 7:46PM

Muruqa: Purple

Sunset: 5:59PM

Moon 9 - Phase 22

Creative Work Siddha Yoga

Rahu

2:54PM – 4:27PM

Bava Until 1:55AM Wed

Nataraja: Clear

Moon – White

1st Phase

Tritiya Until 1:02PM

Bhadrapada\*Puratasi

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt

Sutra 157

Vikarin 5121

Mesha Rasi: 14.46 Tithi 19 – 20

522113463

Gulika

10:17AM – 11:49AM

Bharani Until 5:13AM Thu

Ganesha: White

Sunrise: 5:41AM

Yama

7:13AM – 8:45AM

Vyaghata\* Until 7:59PM

Muruqa: Purple

Sunset: 5:58PM

Moon 9 - Phase 22

Creative Work Siddha Yoga

Rahu

11:49AM – 1:21PM

Kaulava Until 3:23AM Thu

Nataraja: Clear

Moon – White

1st Phase

Chaturthi\* Until 2:41PM

Bhadrapada\*Puratasi

Devaloka Day

Until 5:13AM Thu

Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Cairo, Egypt

Sutra 158

Vikarin 5121

Mesha Rasi: 27.04 Tithi 20 – 21

522113463

Gulika

8:45AM – 10:17AM

Krittika Until 6:39AM Fri

Ganesha: White

Sunrise: 5:42AM

Yama

5:42AM – 7:14AM

Harshana Until 7:55PM

Muruqa: Purple

Sunset: 5:56PM

Moon 9 - Phase 22

Routine Work Marana Yoga

Rahu

1:21PM – 2:53PM

Gara Until 4:26AM Fri

Nataraja: Clear

Moon – White

1st Phase

Panchami Until 3:57PM

Bhadrapada\*Puratasi

Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cairo, Egypt

Sutra 159

Vikarin 5121

Vrishabha Rasi: 9.34 Tithi 21 – 22

522113463

Gulika

7:14AM – 8:46AM

Krittika Until 6:39AM

Ganesha: White

Sunrise: 5:42AM

Yama

2:52PM – 4:24PM

Vajra\* Until 7:24PM

Muruqa: Purple

Sunset: 5:55PM

Moon 9 - Phase 22

Creative Work Siddha Yoga

Rahu

10:17AM – 11:49AM

Visti Until 4:55AM Sat

Nataraja: Clear

Moon – White

1st Phase

Shashthi\* Until 4:44PM

Bhadrapada\*Puratasi

Devaloka Day

Until 6:39AM

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt

Sutra 160

Vikarin 5121

Vrishabha Rasi: 22.19 Tithi 22 – 23

532113463

Gulika

5:43AM – 7:14AM

Rohini Until 7:52AM

Ganesha: Clear

Sunrise: 5:43AM

Yama

1:20PM – 2:51PM

Siddhi Until 6:26PM

Muruqa: Purple

Sunset: 5:54PM

Moon 9 - Phase 22

Creative Work Amrita Yoga

Rahu

8:46AM – 10:17AM

Balava Until 4:45AM Sun

Nataraja: Clear

Moon – Yellow

1st Phase

Saptami Until 4:54PM

Bhadrapada\*Puratasi

Sivaloka Day

Until 7:52AM

Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vysatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt

Sutra 161

Vikarin 5121

Mithuna Rasi: 5.23 Tithi 23 – 24

532213463

Gulika

2:50PM – 4:21PM

Mrigashira Until 8:17AM

Ganesha: Orange

Sunrise: 5:43AM

Yama

11:48AM – 1:19PM

Vyatipata\* Until 4:55PM

Muruqa: Purple

Sunset: 5:53PM

Moon 9 - Phase 22

Creative Work Siddha Yoga

Rahu

4:21PM – 5:53PM

Taitila Until 3:52AM Mon

Nataraja: Clear

Moon – Yellow

Ashtami

Ashtami\* Until 4:23PM

Bhadrapada\*Puratasi

Sivaloka Day

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cairo, Egypt

Sutra 162

Vikarin 5121

Mithuna Rasi: 18.51 Tithi 24 – 25

532213463

Gulika

1:19PM – 2:50PM

Ardra Until 7:50AM

Ganesha: Orange

Sunrise: 5:44AM

Yama

10:17AM – 11:48AM

Variyan Until 2:48PM

Muruqa: Purple

Sunset: 5:51PM

Moon 9 - Phase 22

Family Home Evening

Rahu

7:15AM – 8:46AM

Vanija Until 2:16AM Tue

Nataraja: Clear

Moon – Yellow

Navami

Navami\* Until 3:08PM

Bhadrapada\*Puratasi

Sivaloka Day

Creative Work Siddha Yoga

1	<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 9 Sutra 163 Vikarin 5121
	Kataka Rasi: 2.45	Tithi 25 – 26	542213463	<b>Gulika</b> 11:47AM – 1:18PM	<b>Punarvasu</b> Until 6:59AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 8:46AM – 10:17AM	Parigha* Until 12:08PM	<b>Nataraja:</b> Clear	
				<b>Rahu</b> 2:49PM – 4:19PM	Bava Until 11:59PM	Moon – Blue	<b>Devaloka Day</b> <b>Bhadrapada•Puratasi</b>
<b>Dashami</b> Until 1:11PM							

2	<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 10 Sutra 164 Vikarin 5121
	Kataka Rasi: 17.04	Tithi 26 – 27	542213463	<b>Gulika</b> 10:16AM – 11:47AM	<b>Ashlesha*</b> Until 2:57AM Thu	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM	Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:16AM – 8:46AM	Shiva Until 8:56AM	<b>Nataraja:</b> Clear	
	Until 2:57AM Thu	Then Creative Work - Amrita Yoga		<b>Rahu</b> 11:47AM – 1:17PM	Kaulava Until 9:07PM	Moon – Blue	<b>Devaloka Day</b> <b>Bhadrapada•Puratasi</b>
<b>Ekadashi*</b> Until 10:36AM							

3	<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 11 Sutra 165 Vikarin 5121
	Simha Rasi: 1.48	Tithi 27 – 28	552213463	<b>Gulika</b> 8:46AM – 10:16AM	<b>Magha*</b> Until 12:26AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 23 2nd Phase
	Creative Work	Amrita Yoga		Yama 5:46AM – 7:16AM	Sadhya Until 1:18AM Fri	<b>Nataraja:</b> Clear	
	Until 12:26AM Fri	Then Creative Work - Siddha Yoga		<b>Rahu</b> 1:17PM – 2:47PM	Vanija Until 3:59AM Fri	Moon – Red	<b>Devaloka Day</b> <b>Bhadrapada•Puratasi</b>
<b>Dvadashi*</b> Until 7:29AM <i>Pradosha Vrata (Fasting)</i>							

4	<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Cairo, Egypt Sun 12 Sutra 166 Vikarin 5121
	Simha Rasi: 16.5	Tithi 29	552213463	<b>Gulika</b> 7:16AM – 8:46AM	<b>Purvaphalguni</b> Until 9:31PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:46PM	Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga		Yama 2:46PM – 4:16PM	Subha Until 9:07PM	<b>Nataraja:</b> Clear	
				<b>Rahu</b> 10:16AM – 11:46AM	Visti Until 2:09PM	Moon – Red	<b>Devaloka Day</b> <b>Bhadrapada•Puratasi</b>
<b>Chaturdashi*</b> Until 12:15AM Sat							

●	<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada/Naga* Karana Amavasyayam Titau				Cairo, Egypt Sun 13 Sutra 167 Vikarin 5121
	<b>Retreat Star</b>			<b>Gulika</b> 5:47AM – 7:17AM	<b>Uttaraphalguni</b> Until 6:24PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 23 Amavasya
	Kanya Rasi: 2.02	Tithi 30	652213463	Yama 1:16PM – 2:46PM	Sukla Until 4:51PM	<b>Nataraja:</b> Clear	
	Routine Work	Marana Yoga		<b>Rahu</b> 8:46AM – 10:16AM	Catuspada Until 10:22AM	Moon – Red	<b>Devaloka Day</b> <b>Bhadrapada•Puratasi</b>
<b>Mahalaya Amavasai (Tamil Nadu)</b> <b>Amavasya*</b> Until 8:28PM							

●	<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna/Balava Karana Prathama/Dvitiyayam Titau				Cairo, Egypt Sun 14 Sutra 168 Vikarin 5121
	<b>Retreat Star</b>			<b>Gulika</b> 2:45PM – 4:14PM	<b>Hasta</b> Until 3:39PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:44PM	Moon 9 - Phase 23 Prathama
	Kanya Rasi: 17.14	Tithi 1 – 2	663213463	Yama 11:46AM – 1:15PM	Brahma Until 12:39PM	<b>Nataraja:</b> Clear	
	Creative Work	Amrita Yoga		<b>Rahu</b> 4:14PM – 5:44PM	Kintughna Until 6:37AM	Moon – Green	<b>Devaloka Day</b> <b>Ashvina•Puratasi</b>
<b>Navaratri Begins</b> <b>Prathama*</b> Until 4:47PM							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Cairo, Egypt Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.18	Tithi 2 – 3	<b>Gulika</b>	1:15PM – 2:44PM	<b>Chitra</b> <b>Until 1:02PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:48AM
<b>Family Home Evening</b>	663213463	Yama	10:16AM – 11:45AM	Indra <b>Until 8:41AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:43PM
Routine Work	Prabalarishta Yoga	<b>Rahu</b>	7:17AM – 8:47AM	Taitila <b>Until 11:54PM</b>	<b>Nataraja:</b> Clear
Until 1:02PM				Dvitiya <b>Until 1:24PM</b>	Moon – Green
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b> Ashvina+Puratasi

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Cairo, Egypt Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.02	Tithi 3 – 4	<b>Gulika</b>	11:45AM – 1:14PM	<b>Svati</b> <b>Until 10:45AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:48AM
	663213463	Yama	8:47AM – 10:16AM	Vishkambha* <b>Until 1:54AM Wed</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM
Creative Work	Siddha Yoga	<b>Rahu</b>	2:43PM – 4:12PM	Vanija <b>Until 9:17PM</b>	<b>Nataraja:</b> Clear
Until 10:45AM				Tritiya <b>Until 10:30AM</b>	Moon – Green
Then Routine Work - Marana Yoga					<b>Devaloka Day</b> Ashvina+Puratasi

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Cairo, Egypt Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.2	Tithi 4 – 5	<b>Gulika</b>	10:16AM – 11:45AM	<b>Vishakha</b> <b>Until 9:23AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM
	673213463	Yama	7:18AM – 8:47AM	Priti <b>Until 11:22PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM
Creative Work	Siddha Yoga	<b>Rahu</b>	11:45AM – 1:14PM	Bava <b>Until 7:22PM</b>	<b>Nataraja:</b> Clear
Until 10:45AM				Chaturthi* <b>Until 8:13AM</b>	Moon – Orange
Then Routine Work - Marana Yoga					<b>Devaloka Day</b> Ashvina+Puratasi

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Cairo, Egypt Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.1	Tithi 5 – 6	<b>Gulika</b>	8:47AM – 10:16AM	<b>Anuradha</b> <b>Until 8:38AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:50AM
	673213463	Yama	5:50AM – 7:18AM	Ayushman <b>Until 9:29PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:39PM
Creative Work	Siddha Yoga	<b>Rahu</b>	1:13PM – 2:42PM	Kaulava <b>Until 6:17PM</b>	<b>Nataraja:</b> Clear
Until 8:38AM				Panchami <b>Until 6:42AM</b>	Moon – Orange
Then Routine Work - Prabalarishta Yoga					<b>Devaloka Day</b> Ashvina+Puratasi

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Cairo, Egypt Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 28.29	Tithi 6 – 7	<b>Gulika</b>	7:19AM – 8:47AM	<b>Jyeshtha*</b> <b>Until 8:36AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:50AM
	673213463	Yama	2:41PM – 4:09PM	Saubhagya <b>Until 8:19PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:38PM
Routine Work	Marana Yoga	<b>Rahu</b>	10:16AM – 11:44AM	Gara <b>Until 6:06PM</b>	<b>Nataraja:</b> Clear
Until 8:36AM				Shashthi* <b>Until 6:03AM</b>	Moon – Orange
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b> Ashvina+Puratasi

<b>Retreat Star</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Cairo, Egypt Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.21	Tithi 7 – 8	<b>Gulika</b>	5:51AM – 7:19AM	<b>Mula*</b> <b>Until 9:45AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:51AM
	683213463	Yama	1:12PM – 2:40PM	Sobhana <b>Until 7:51PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM
Creative Work	Siddha Yoga	<b>Rahu</b>	8:47AM – 10:15AM	Visti <b>Until 6:47PM</b>	<b>Nataraja:</b> Clear
Until 11:32AM				Saptami <b>Until 6:19AM</b>	Moon – Light Blue
Then Creative Work - Amrita Yoga		Durga Ashtami			<b>Sivaloka Day</b> Ashvina+Puratasi

<b>Retreat Star</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Cairo, Egypt Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 23.49	Tithi 8 – 9	<b>Gulika</b>	2:39PM – 4:07PM	<b>Purvashadha*</b> <b>Until 11:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:51AM
	683213463	Yama	11:43AM – 1:11PM	Athiganda* <b>Until 7:55PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM
Creative Work	Siddha Yoga	<b>Rahu</b>	4:07PM – 5:35PM	Balava <b>Until 8:14PM</b>	<b>Nataraja:</b> Clear
Until 11:32AM				Ashtami* <b>Until 7:24AM</b>	Moon – Light Blue
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			<b>Sivaloka Day</b> Ashvina+Puratasi

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 22 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:11PM – 2:39PM	<b>Uttarashadha</b> Until 1:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM	
Makara Rasi: 6.01	Tithi 9 – 10	Yama 10:15AM – 11:43AM	Sukarma Until 8:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:20AM – 8:48AM	Taitila Until 10:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 9:11AM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 1:46PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 23 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:43AM – 1:10PM	<b>Shravana</b> Until 4:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:53AM	
Makara Rasi: 17.59	Tithi 10 – 11	Yama 8:48AM – 10:15AM	Dhriti Until 9:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
<b>693213464</b>		<b>Rahu</b> 2:38PM – 4:06PM	Vanija Until 12:40AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:25AM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 24 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:15AM – 11:43AM	<b>Dhanishtha</b> Until 7:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:53AM	
Makara Rasi: 29.52	Tithi 11 – 12	Yama 7:21AM – 8:48AM	Shula* Until 10:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
<b>693213464</b>		<b>Rahu</b> 11:43AM – 1:10PM	Bava Until 3:13AM Thu	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 1:55PM	Moon – Purple		<b>Sivaloka Day</b>
Until 7:46PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 25 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:48AM – 10:15AM	<b>Shatabhishak</b> Until 10:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:54AM	
Kumbha Rasi: 11.42	Tithi 12 – 13	Yama 5:54AM – 7:21AM	Ganda* Until 11:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25
<b>693213464</b>		<b>Rahu</b> 1:09PM – 2:37PM	Kaulava Until 5:43AM Fri	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 4:27PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>		

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Taitila Karana Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:21AM – 8:48AM	<b>Purvaproshtpada*</b> Until 1:40AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:54AM	
Kumbha Rasi: 23.34	Tithi 13	Yama 2:36PM – 4:03PM	Vriddhi Until 12:00AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
<b>613213464</b>		<b>Rahu</b> 10:15AM – 11:42AM	Taitila Until 6:53PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:53PM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 181 Vikarin 5121
<b>6</b>		<b>Gulika</b> 5:55AM – 7:22AM	<b>Uttaraproshtpada</b> Until 4:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:55AM	
Meena Rasi: 5.29	Tithi 14	Yama 1:08PM – 2:35PM	Dhruva Until 12:40AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
<b>613213464</b>		<b>Rahu</b> 8:48AM – 10:15AM	Gara Until 8:04AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 4:21AM Sun				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Cairo, Egypt Sun 28 Sutra 182 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:34PM – 4:01PM	<b>Revati</b> Until 6:38AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	
Meena Rasi: 17.29	Tithi 15	Yama 11:42AM – 1:08PM	Vyaghata* Until 1:08AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
<b>614213464</b>		<b>Rahu</b> 4:01PM – 5:27PM	Visti Until 10:11AM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 11:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 6:38AM Mon				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Cairo, Egypt Sun 29 Sutra 183 Vikarin 5121
<b>○</b>		<b>Gulika</b> 1:08PM – 2:34PM	<b>Revati</b> Until 6:38AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	
Meena Rasi: 29.35	Tithi 16	Yama 10:15AM – 11:41AM	Harshana Until 1:25AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
<b>614213464</b>		<b>Rahu</b> 7:23AM – 8:49AM	Balava Until 12:02PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 12:50AM Tue	Moon – Clear		<b>Subha Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Cairo, Egypt Sun 1 Sutra 184 Vikarin 5121

Mesha Rasi: 11.49 Tithi 17

624213464

Gulika 11:41AM - 1:07PM  
Yama 8:49AM - 10:15AM  
Rahu 2:33PM - 3:59PM

Ashvini Until 8:57AM  
Vajra\* Until 1:25AM Wed  
Taitila Until 1:35PM  
Dvitiya Until 2:13AM Wed

Ganesha: White Sunrise: 5:57AM  
Muruga: Purple Sunset: 5:25PM  
Nataraja: Purple  
Moon - White Subha Subha Sivaloka Day  
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cairo, Egypt Sun 2 Sutra 185 Vikarin 5121

Mesha Rasi: 24.1 Tithi 18

624213464

Gulika 10:15AM - 11:41AM  
Yama 7:23AM - 8:49AM  
Rahu 11:41AM - 1:07PM

Bharani Until 10:48AM  
Siddhi Until 1:11AM Thu  
Vanija Until 2:49PM  
Tritiya Until 3:17AM Thu

Ganesha: White Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:24PM  
Nataraja: Purple  
Moon - White Subha Subha Sivaloka Day  
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 10:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Cairo, Egypt Sun 3 Sutra 186 Vikarin 5121

Vrishabha Rasi: 6.4 Tithi 19

624313464

Gulika 8:49AM - 10:15AM  
Yama 5:58AM - 7:24AM  
Rahu 1:06PM - 2:32PM

Krittika Until 12:09PM  
Vyatipata\* Until 12:40AM Fri  
Bava Until 3:42PM  
Chaturthi\* Until 3:58AM Fri

Ganesha: Yellow Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:23PM  
Nataraja: Purple  
Moon - White Subha Sivaloka Day  
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Cairo, Egypt Sun 4 Sutra 187 Vikarin 5121

Vrishabha Rasi: 19.21 Tithi 20

634313464

Gulika 7:24AM - 8:50AM  
Yama 2:31PM - 3:57PM  
Rahu 10:15AM - 11:40AM

Rohini Until 1:27PM  
Variyan Until 11:49PM  
Kaulava Until 4:11PM  
Panchami Until 4:14AM Sat

Ganesha: White Sunrise: 5:59AM  
Muruga: Purple Sunset: 5:22PM  
Nataraja: Purple  
Moon - Yellow Sivaloka Day  
Ashvina+Aipasi

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthayam Titau

Cairo, Egypt Sun 5 Sutra 188 Vikarin 5121

Mithuna Rasi: 2.14 Tithi 21

634313464

Gulika 6:00AM - 7:25AM  
Yama 1:05PM - 2:31PM  
Rahu 8:50AM - 10:15AM

Mrigashira Until 2:09PM  
Parigha\* Until 10:36PM  
Gara Until 4:13PM  
Shashthi\* Until 4:01AM Sun

Ganesha: White Sunrise: 6:00AM  
Muruga: Purple Sunset: 5:21PM  
Nataraja: Purple  
Moon - Yellow Sivaloka Day  
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Cairo, Egypt Sun 6 Sutra 189 Vikarin 5121

Mithuna Rasi: 15.21 Tithi 22

634313464

Gulika 2:30PM - 3:55PM  
Yama 11:40AM - 1:05PM  
Rahu 3:55PM - 5:20PM

Ardra Until 2:12PM  
Shiva Until 8:59PM  
Visti Until 3:44PM  
Saptami Until 3:15AM Mon

Ganesha: White Sunrise: 6:00AM  
Muruga: Purple Sunset: 5:20PM  
Nataraja: Purple  
Moon - Yellow Sivaloka Day  
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt Sun 7 Sutra 190 Vikarin 5121

Mithuna Rasi: 28.46 Tithi 23

644313464

Gulika 1:05PM - 2:29PM  
Yama 10:15AM - 11:40AM  
Rahu 7:26AM - 8:50AM

Punarvasu Until 2:01PM  
Siddha Until 6:54PM  
Balava Until 2:41PM  
Ashtami\* Until 1:56AM Tue

Ganesha: Clear Sunrise: 6:01AM  
Muruga: Purple Sunset: 5:19PM  
Nataraja: Purple  
Moon - Blue Subha Sivaloka Day  
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 2:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Cairo, Egypt Sun 8 Sutra 191 Vikarin 5121

Kataka Rasi: 12.31 Tithi 24

644313464

Gulika 11:40AM - 1:04PM  
Yama 8:51AM - 10:15AM  
Rahu 2:29PM - 3:53PM

Pushya Until 1:07PM  
Sadhya Until 4:21PM  
Taitila Until 1:04PM  
Navami\* Until 12:02AM Wed

Ganesha: Clear Sunrise: 6:02AM  
Muruga: Purple Sunset: 5:18PM  
Nataraja: Purple  
Moon - Blue Subha Sivaloka Day  
Ashvina+Aipasi

Creative Work Siddha Yoga

1	<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Cairo, Egypt Sun 9 Sutra 192 Vikarin 5121
	Kataka Rasi: 26.37	Tithi 25	<b>Gulika</b> 10:15AM – 11:40AM	<b>Ashlesha* Until 11:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:02AM	
			Yama 7:27AM – 8:51AM	Subha Until 1:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	644313464 <b>Rahu</b> 11:40AM – 1:04PM	Vanija Until 10:55AM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami Until 9:38PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

2	<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Cairo, Egypt Sun 10 Sutra 193 Vikarin 5121
	Simha Rasi: 11.02	Tithi 26	<b>Gulika</b> 8:51AM – 10:15AM	<b>Magha* Until 9:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:03AM	
			Yama 6:03AM – 7:27AM	Sukla Until 10:02AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 10 - Phase 27
	Creative Work	Amrita Yoga	654313464 <b>Rahu</b> 1:04PM – 2:28PM	Bava Until 8:16AM	<b>Nataraja:</b> Purple		2nd Phase
Until 9:45AM			<b>Ekadashi* Until 6:47PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>			

3	<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 11 Sutra 194 Vikarin 5121
	Simha Rasi: 25.45	Tithi 27 – 28	<b>Gulika</b> 7:28AM – 8:52AM	<b>Purvaphalguni Until 7:27AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	
			Yama 2:27PM – 3:51PM	Brahma Until 6:22AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	655313464 <b>Rahu</b> 10:15AM – 11:39AM	Gara Until 1:59AM Sat	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadashi* Until 3:38PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

4	<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 12 Sutra 195 Vikarin 5121
	Kanya Rasi: 10.39	Tithi 28 – 29	<b>Gulika</b> 6:04AM – 7:28AM	<b>Hasta Until 2:19AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:04AM	
			Yama 1:03PM – 2:27PM	Vaidhriti* Until 10:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27
	Routine Work	Marana Yoga	665313464 <b>Rahu</b> 8:52AM – 10:16AM	Visti Until 10:37PM	<b>Nataraja:</b> Purple		2nd Phase
Until 2:19AM Sun			<b>Trayodashi* Until 12:17PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina•Aipasi</b>			

●	<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cairo, Egypt Sun 13 Sutra 196 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 2:26PM – 3:50PM	<b>Chitra Until 11:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	
	Kanya Rasi: 25.37	Tithi 29 – 30	Yama 11:39AM – 1:03PM	Vishkambha* Until 6:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	665313464 <b>Rahu</b> 3:50PM – 5:13PM	Catuspada Until 7:18PM	<b>Nataraja:</b> Purple		Amavasya
			<b>Chaturdashi* Until 8:55AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>			

●	<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Cairo, Egypt Sun 14 Sutra 197 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 1:02PM – 2:26PM	<b>Svati Until 9:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:06AM	
	Tula Rasi: 10.29	Tithi 1	Yama 10:16AM – 11:39AM	Priti Until 2:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 27
	<b>Family Home Evening</b>		665313464 <b>Rahu</b> 7:29AM – 8:52AM	Kintughna Until 4:12PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 2:47AM Tue</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 9:24PM		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Cairo, Egypt Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 25.07	Tithi 2	<b>Gulika</b>	<b>11:39AM – 1:02PM</b>	<b>Vishakha</b> Until 7:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	
		Yama	8:53AM – 10:16AM	Ayushman Until 11:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	2:25PM – 3:48PM	Balava Until 1:31PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga			<b>Dvitiya</b> Until 12:21AM Wed	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 7:42PM					<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau			Cairo, Egypt Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 9.24	Tithi 3	<b>Gulika</b>	<b>10:16AM – 11:39AM</b>	<b>Anuradha</b> Until 6:29PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	
		Yama	7:30AM – 8:53AM	Saubhagya Until 8:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	11:39AM – 1:02PM	Taitila Until 11:22AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			<b>Tritiya</b> Until 10:33PM	Moon – Orange		<b>Subha Sivaloka Day</b>
					<b>Kartika•Aipasi</b>		

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau			Cairo, Egypt Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 23.14	Tithi 4	<b>Gulika</b>	<b>8:54AM – 10:16AM</b>	<b>Jyeshtha*</b> Until 5:51PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	
		Yama	6:08AM – 7:31AM	Sobhana Until 6:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	1:02PM – 2:24PM	Vanija Until 9:57AM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Prabalarishta Yoga			<b>Chaturthi*</b> Until 9:31PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 5:51PM					<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Cairo, Egypt Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 6.37	Tithi 5	<b>Gulika</b>	<b>7:31AM – 8:54AM</b>	<b>Mula*</b> Until 6:20PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:09AM	
		Yama	2:24PM – 3:46PM	Sukarma Until 3:18AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
		685313464 <b>Rahu</b>	10:16AM – 11:39AM	Bava Until 9:21AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			<b>Panchami</b> Until 9:21PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 6:20PM					<b>Kartika•Aipasi</b>		
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau			Cairo, Egypt Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 19.33	Tithi 6	<b>Gulika</b>	<b>6:10AM – 7:32AM</b>	<b>Purvashadha*</b> Until 7:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM	
		Yama	1:01PM – 2:23PM	Dhriti Until 2:53AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
		685313464 <b>Rahu</b>	8:54AM – 10:17AM	Kaulava Until 9:37AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi*</b> Until 10:02PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 7:31PM					<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau			Cairo, Egypt Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 2.05	Tithi 7	<b>Gulika</b>	<b>2:23PM – 3:45PM</b>	<b>Uttarashadha</b> Until 9:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM	
		Yama	11:39AM – 1:01PM	Shula* Until 2:59AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 28
		685313464 <b>Rahu</b>	3:45PM – 5:07PM	Gara Until 10:42AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			<b>Saptami</b> Until 11:30PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
					<b>Kartika•Aipasi</b>		

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Cairo, Egypt Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 14.19	Tithi 8	<b>Gulika</b>	<b>1:01PM – 2:23PM</b>	<b>Shravana</b> Until 11:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:11AM	
<b>Family Home Evening</b>		Yama	10:17AM – 11:39AM	Ganda* Until 3:32AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 <b>Rahu</b>	7:33AM – 8:55AM	Visti Until 12:29PM	<b>Nataraja:</b> Purple		Ashtami
Until 11:57PM				<b>Ashtami*</b> Until 1:33AM Tue	Moon – Purple		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Kartika•Aipasi</b>		

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau			Cairo, Egypt Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 26.2	Tithi 9	<b>Gulika</b>	<b>11:39AM – 1:01PM</b>	<b>Dhanishtha</b> Until 2:49AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:12AM	
		Yama	8:55AM – 10:17AM	Vriddhi Until 4:21AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
		696313464 <b>Rahu</b>	2:22PM – 3:44PM	Balava Until 2:45PM	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga			<b>Navami*</b> Until 3:58AM Wed	Moon – Purple		<b>Sivaloka Day</b>
					<b>Kartika•Aipasi</b>		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.14	Tithi 10	<b>Gulika</b> 10:17AM – 11:39AM	<b>Shatabhishak</b> Until 5:39AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:13AM	
			Yama 7:34AM – 8:56AM	Dhruva Until 5:14AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	696313464 <b>Rahu</b> 11:39AM – 1:00PM	Taitila Until 5:16PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 6:31AM Thu	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.05	Tithi 10 – 11	<b>Gulika</b> 8:56AM – 10:18AM	<b>Purvaproshtapada*</b> Until 8:44AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:14AM	
			Yama 6:14AM – 7:35AM	Vyaghata* Until 6:04AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 <b>Rahu</b> 1:00PM – 2:22PM	Vanija Until 7:47PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 6:31AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 1.58	Tithi 11 – 12	<b>Gulika</b> 7:36AM – 8:57AM	<b>Purvaproshtapada*</b> Until 8:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:14AM	
			Yama 2:21PM – 3:42PM	Vyaghata* Until 6:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 <b>Rahu</b> 10:18AM – 11:39AM	Bava Until 10:08PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi</b> Until 8:58AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 13.56	Tithi 12 – 13	<b>Gulika</b> 6:15AM – 7:36AM	<b>Uttaraproshtapada</b> Until 11:25AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:15AM	
			Yama 1:00PM – 2:21PM	Harshana Until 6:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	716313464 <b>Rahu</b> 8:57AM – 10:18AM	Kaulava Until 12:12AM Sun	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi</b> Until 11:11AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.02	Tithi 13 – 14	<b>Gulika</b> 2:21PM – 3:41PM	<b>Revati</b> Until 1:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:16AM	
			Yama 11:39AM – 1:00PM	Vajra* Until 7:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 29
	Creative Work	Amrita Yoga	716313464 <b>Rahu</b> 3:41PM – 5:02PM	Gara Until 1:52AM Mon	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi</b> Until 1:03PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Cairo, Egypt Sun 27 Sutra 211 Vikarin 5121
	Mesha Rasi: 8.17	Tithi 14 – 15	<b>Gulika</b> 1:00PM – 2:20PM	<b>Ashvini</b> Until 3:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	
	<b>Family Home Evening</b>		Yama 10:19AM – 11:39AM	Siddhi Until 7:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	727313464 <b>Rahu</b> 7:37AM – 8:58AM	Visti Until 3:07AM Tue	<b>Nataraja:</b> Purple		Purnima
			<b>Chaturdashi*</b> Until 2:32PM	Moon – White		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cairo, Egypt Sun 28 Sutra 212 Vikarin 5121
	Mesha Rasi: 20.43	Tithi 15 – 16	<b>Gulika</b> 11:39AM – 1:00PM	<b>Bharani</b> Until 5:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM	
			Yama 8:58AM – 10:19AM	Vyatipata* Until 7:03AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	727413464 <b>Rahu</b> 2:20PM – 3:41PM	Balava Until 3:57AM Wed	<b>Nataraja:</b> Purple		Prathama
			<b>Purnima*</b> Until 3:34PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Varyan/Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cairo, Egypt

Sun 1 Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

727413464 Rahu

Gulika 10:19AM - 11:39AM

Yama 7:39AM - 8:59AM

Rahu 11:39AM - 1:00PM

Krittika Until 6:19PM

Variyan Until 6:30AM

Taitila Until 4:22AM Thu

Prathama\* Until 4:11PM

Ganesha: White

Muruqa: Purple

Nataraja: Purple

Moon - White

Karttika-Aipasi

Sunrise: 6:18AM

Sunset: 5:01PM

Sivaloka Day

Creative Work Amrita Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

1 Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cairo, Egypt

Sun 2 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Rahu

Gulika 8:59AM - 10:20AM

Yama 6:19AM - 7:39AM

Rahu 1:00PM - 2:20PM

Rohini Until 7:14PM

Shiva Until 4:31AM Fri

Vanija Until 4:23AM Fri

Dvitiya Until 4:24PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Sunrise: 6:19AM

Sunset: 5:00PM

Subha Sivaloka Day

Routine Work Marana Yoga

2 Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Cairo, Egypt

Sun 3 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Rahu

Gulika 7:40AM - 9:00AM

Yama 2:20PM - 3:40PM

Rahu 10:20AM - 11:40AM

Mrigashira Until 7:38PM

Siddha Until 3:03AM Sat

Bava Until 4:02AM Sat

Tritiya Until 4:14PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Sunrise: 6:20AM

Sunset: 4:59PM

Subha Sivaloka Day

Creative Work Siddha Yoga

3 Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt

Sun 4 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Rahu

Gulika 6:21AM - 7:41AM

Yama 1:00PM - 2:19PM

Rahu 9:00AM - 10:20AM

Ardra Until 7:32PM

Sadhya Until 1:19AM Sun

Kaulava Until 3:20AM Sun

Chaturthi\* Until 3:42PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Karttika-Kartikai

Sunrise: 6:21AM

Sunset: 4:59PM

Subha Sivaloka Day

Creative Work Siddha Yoga

4 Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cairo, Egypt

Sun 5 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

747413465 Rahu

Gulika 2:19PM - 3:39PM

Yama 11:40AM - 1:00PM

Rahu 3:39PM - 4:59PM

Punarvasu Until 7:24PM

Subha Until 11:20PM

Gara Until 2:17AM Mon

Panchami Until 2:50PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Karttika-Kartikai

Sunrise: 6:22AM

Sunset: 4:59PM

Devaloka Day

Creative Work Siddha Yoga

5 Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cairo, Egypt

Sun 6 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Rahu

Gulika 1:00PM - 2:19PM

Yama 10:21AM - 11:40AM

Rahu 7:42AM - 9:01AM

Pushya Until 6:46PM

Sukla Until 9:03PM

Visti Until 12:53AM Tue

Shashthi\* Until 1:37PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Karttika-Kartikai

Sunrise: 6:23AM

Sunset: 4:58PM

Sivaloka Day

Creative Work Siddha Yoga

Retreat Star Tuesday, November 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Cairo, Egypt

Sun 7 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

748413465 Rahu

Gulika 11:41AM - 1:00PM

Yama 9:02AM - 10:21AM

Rahu 2:19PM - 3:38PM

Ashlesha\* Until 5:40PM

Brahma Until 6:31PM

Balava Until 11:10PM

Saptami Until 12:03PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Karttika-Kartikai

Sunrise: 6:23AM

Sunset: 4:58PM

Sivaloka Day

Creative Work Siddha Yoga

Retreat Star Wednesday, November 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt

Sun 8 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Rahu

Gulika 10:22AM - 11:41AM

Yama 7:43AM - 9:03AM

Rahu 11:41AM - 1:00PM

Magha\* Until 4:32PM

Indra Until 3:44PM

Taitila Until 9:08PM

Ashtami\* Until 10:10AM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Red

Karttika-Kartikai

Sunrise: 6:24AM

Sunset: 4:57PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Cairo, Egypt Sun 9 Sutra 221 Vikarin 5121
Simha Rasi: 21.18	Tithi 24 – 25	<b>Gulika</b> 9:03AM – 10:22AM	<b>Purvaphalguni</b> Until 2:59PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	
		<b>Yama</b> 6:25AM – 7:44AM	Vaidhriti* Until 12:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 31
		<b>Rahu</b> 1:00PM – 2:19PM	Vanija Until 6:49PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 7:59AM	Moon – Red		<b>Subha Sivaloka Day</b>
						<b>Karttika-Karttikai</b>

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau		Cairo, Egypt Sun 10 Sutra 222 Vikarin 5121
Kanya Rasi: 5.4	Tithi 26	<b>Gulika</b> 7:45AM – 9:04AM	<b>Uttaraphalguni</b> Until 1:03PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
		<b>Yama</b> 2:19PM – 3:38PM	Vishkambha* Until 9:29AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 31
		<b>Rahu</b> 10:22AM – 11:41AM	Bava Until 4:17PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 2:57AM Sat	Moon – Red		<b>Subha Sivaloka Day</b>
Until 1:03PM						<b>Karttika-Karttikai</b>
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitilla Karana Dvadashyam Titau		Cairo, Egypt Sun 11 Sutra 223 Vikarin 5121
Kanya Rasi: 20.08	Tithi 27	<b>Gulika</b> 6:27AM – 7:45AM	<b>Hasta</b> Until 11:16AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	
		<b>Yama</b> 1:00PM – 2:19PM	Priti Until 6:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 31
		<b>Rahu</b> 9:04AM – 10:23AM	Kaulava Until 1:39PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 12:17AM Sun	Moon – Green		<b>Sivaloka Day</b>
						<b>Karttika-Karttikai</b>

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Cairo, Egypt Sun 12 Sutra 224 Vikarin 5121
Tula Rasi: 4.38	Tithi 28	<b>Gulika</b> 2:19PM – 3:38PM	<b>Chitra</b> Until 9:20AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:28AM	
		<b>Yama</b> 11:42AM – 1:00PM	Saubhagya Until 11:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 31
		<b>Rahu</b> 3:38PM – 4:56PM	Gara Until 10:59AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:40PM	Moon – Green		<b>Devaloka Day</b>
						<b>Karttika-Karttikai</b>
						<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Cairo, Egypt Sun 13 Sutra 225 Vikarin 5121
Tula Rasi: 19.06	Tithi 29	<b>Gulika</b> 1:01PM – 2:19PM	<b>Svati</b> Until 7:21AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:28AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:24AM – 11:42AM	Sobhana Until 8:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 31
		<b>Rahu</b> 7:47AM – 9:05AM	Visti Until 8:26AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 7:14PM	Moon – Green		<b>Devaloka Day</b>
Until 7:21AM						<b>Karttika-Karttikai</b>
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Cairo, Egypt Sun 14 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.23	Tithi 30 – 1	<b>Gulika</b> 11:42AM – 1:01PM	<b>Anuradha</b> Until 4:42AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:29AM	
		<b>Yama</b> 9:06AM – 10:24AM	Athiganda* Until 5:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 31
		<b>Rahu</b> 2:19PM – 3:37PM	Catuspada Until 6:09AM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 5:08PM	Moon – Orange		<b>Devaloka Day</b>
						<b>Karttika-Karttikai</b>

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Cairo, Egypt Sun 15 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.25	Tithi 1 – 2	<b>Gulika</b> 10:25AM – 11:43AM	<b>Jyeshtha*</b> Until 3:53AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:30AM	
		<b>Yama</b> 7:48AM – 9:06AM	Sukarma Until 2:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 31
		<b>Rahu</b> 11:43AM – 1:01PM	Balava Until 2:55AM Thu	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:30PM	Moon – Orange		<b>Devaloka Day</b>
						<b>Margasira-Karttikai</b>

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Cairo, Egypt Sun 16 Sutra 228 Vikarin 5121
Dhanus Rasi: 1.05	Tithi 2 – 3	<b>Gulika</b> 9:07AM – 10:25AM	<b>Mula* Until 4:02AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:31AM	
		<b>Yama</b> 6:31AM – 7:49AM	<b>Dhriti Until 12:47PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 1:01PM – 2:19PM	<b>Taitila Until 2:15AM Fri</b>	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 2:29PM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>
Until 4:02AM Fri					
Then Routine Work - Prabalarishta Yoga					

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Cairo, Egypt Sun 17 Sutra 229 Vikarin 5121
Dhanus Rasi: 14.24	Tithi 3 – 4	<b>Gulika</b> 7:50AM – 9:08AM	<b>Purvashadha* Until 4:45AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM	
		<b>Yama</b> 2:19PM – 3:37PM	<b>Shula* Until 11:16AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 10:26AM – 11:43AM	<b>Vanija Until 2:19AM Sat</b>	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Tritiya Until 2:10PM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>
Until 4:45AM Sat					
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Cairo, Egypt Sun 18 Sutra 230 Vikarin 5121
Dhanus Rasi: 27.19	Tithi 4 – 5	<b>Gulika</b> 6:33AM – 7:50AM	<b>Uttarashadha Until 6:01AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:33AM	
		<b>Yama</b> 1:02PM – 2:20PM	<b>Ganda* Until 10:21AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 9:08AM – 10:26AM	<b>Bava Until 3:08AM Sun</b>	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Chaturthi* Until 2:37PM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>
Until 6:01AM Sun					
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Cairo, Egypt Sun 19 Sutra 231 Vikarin 5121
Makara Rasi: 9.53	Tithi 5 – 6	<b>Gulika</b> 2:20PM – 3:37PM	<b>Uttarashadha Until 6:01AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:33AM	
		<b>Yama</b> 11:44AM – 1:02PM	<b>Vridhi Until 10:01AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 3:37PM – 4:55PM	<b>Kaulava Until 4:39AM Mon</b>	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 3:47PM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Cairo, Egypt Sun 20 Sutra 232 Vikarin 5121
Makara Rasi: 22.1	Tithi 6 – 7	<b>Gulika</b> 1:02PM – 2:20PM	<b>Shravana Until 8:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:34AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:27AM – 11:45AM	<b>Dhruva Until 10:09AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
Creative Work Amrita Yoga		<b>Rahu</b> 7:52AM – 9:09AM	<b>Gara Until 6:42AM Tue</b>	<b>Nataraja:</b> Clear	3rd Phase
Until 8:16AM			<b>Shashthi* Until 5:35PM</b>	<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Cairo, Egypt Sun 21 Sutra 233 Vikarin 5121
Kumbha Rasi: 4.14	Tithi 7	<b>Gulika</b> 11:45AM – 1:03PM	<b>Dhanishtha Until 10:51AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:35AM	
		<b>Yama</b> 9:10AM – 10:27AM	<b>Vyaghata* Until 10:41AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 2:20PM – 3:38PM	<b>Gara Until 6:42AM</b>	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 7:51PM</b>	<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>
Until 10:51AM					
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Cairo, Egypt Sun 22 Sutra 234 Vikarin 5121
Kumbha Rasi: 16.1	Tithi 8	<b>Gulika</b> 10:28AM – 11:45AM	<b>Shatabhishak Until 1:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:36AM	
		<b>Yama</b> 7:53AM – 9:11AM	<b>Harshana Until 11:27AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 11:45AM – 1:03PM	<b>Visti Until 9:05AM</b>	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 10:19PM</b>	<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>
Until 1:33PM					
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Cairo, Egypt Sun 23 Sutra 235 Vikarin 5121
Kumbha Rasi: 28.03	Tithi 9	<b>Gulika</b> 9:11AM – 10:28AM	<b>Purvaproshtapada* Until 4:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:36AM	
		<b>Yama</b> 6:36AM – 7:54AM	<b>Vajra* Until 12:15PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 1:03PM – 2:20PM	<b>Balava Until 11:36AM</b>	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga			<b>Navami* Until 12:48AM Fri</b>	<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau		Cairo, Egypt Sun 24 Sutra 236 Vikarin 5121
Meena Rasi: 9.57	Tithi 10	<b>Gulika</b> 7:54AM – 9:12AM	<b>Uttaraproshtapada</b> Until 7:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:37AM	
		Yama 2:21PM – 3:38PM	Siddhi Until 12:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 33
		711413465 <b>Rahu</b> 10:29AM – 11:46AM	Taitila Until 2:00PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:05AM Sat	Moon – Clear		<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau		Cairo, Egypt Sun 25 Sutra 237 Vikarin 5121
Meena Rasi: 21.56	Tithi 11	<b>Gulika</b> 6:38AM – 7:55AM	<b>Revati</b> Until 9:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	
		Yama 1:04PM – 2:21PM	Vyatiyata* Until 1:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 33
		711513465 <b>Rahu</b> 9:12AM – 10:29AM	Vanija Until 4:07PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 4:59AM Sun	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 9:46PM				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau		Cairo, Egypt Sun 26 Sutra 238 Vikarin 5121
Mesha Rasi: 4.05	Tithi 12	<b>Gulika</b> 2:21PM – 3:38PM	<b>Ashvini</b> Until 11:59PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	
		Yama 11:47AM – 1:04PM	Variyan Until 1:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 33
		721513465 <b>Rahu</b> 3:38PM – 4:56PM	Bava Until 5:47PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 6:24AM Mon	Moon – White		<b>Sivaloka Day</b>
Until 11:59PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Prabalarishta Yoga						

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Cairo, Egypt Sun 27 Sutra 239 Vikarin 5121
Mesha Rasi: 16.26	Tithi 12 – 13	<b>Gulika</b> 1:05PM – 2:22PM	<b>Bharani</b> Until 1:30AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	
<b>Family Home Evening</b>		Yama 10:31AM – 11:48AM	Parigha* Until 1:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 33
		721513465 <b>Rahu</b> 7:56AM – 9:13AM	Kaulava Until 6:55PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 6:24AM	Moon – White		<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		
				<i>Pradosha Vrata</i>		

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Cairo, Egypt Sun 28 Sutra 240 Vikarin 5121
Mesha Rasi: 29.02	Tithi 13 – 14	<b>Gulika</b> 11:48AM – 1:05PM	<b>Krittika</b> Until 2:18AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	
		Yama 9:14AM – 10:31AM	Shiva Until 12:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 33
		721513465 <b>Rahu</b> 2:22PM – 3:39PM	Gara Until 7:29PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:15AM	Moon – White		<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		
		<b>Krittika Deepam</b>				

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Cairo, Egypt Sun 29 Sutra 241 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:32AM – 11:48AM	<b>Rohini</b> Until 2:52AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:41AM	
Vrishabha Rasi: 11.54	Tithi 14 – 15	Yama 7:58AM – 9:15AM	Siddha Until 11:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 33
		731523465 <b>Rahu</b> 11:48AM – 1:05PM	Visti Until 7:28PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:31AM	Moon – Yellow		<b>Sivaloka Day</b>
Until 2:52AM Thu				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>○</b>		<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Cairo, Egypt Sun 30 Sutra 242 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:15AM – 10:32AM	<b>Mrigashira</b> Until 2:48AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:42AM	
Vrishabha Rasi: 25.03	Tithi 15 – 16	Yama 6:42AM – 7:58AM	Sadhya Until 10:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 33
		732523465 <b>Rahu</b> 1:06PM – 2:23PM	Balava Until 6:55PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 7:14AM	Moon – Yellow		<b>Devaloka Day</b>
Until 2:48AM Fri				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Begins</b>				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Cairo, Egypt

Sutra 243

Vikarin 5121

Mithuna Rasi: 8.28 Tithi 16 - 17

732523465

**Gulika** 7:59AM - 9:16AM  
**Yama** 2:23PM - 3:40PM  
**Rahu** 10:33AM - 11:49AM

**Ardra Until 2:09AM Sat**

Subha Until 8:28AM

Gara Until 5:16AM Sat

**Prathama\* Until 6:27AM**

**Ganesha:** Clear **Sunrise:** 6:42AM

**Muruqa:** Clear **Sunset:** 4:57PM

**Nataraja:** Clear

Moon - Yellow

**Margasira-Karttikai**

**Devaloka Day**

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cairo, Egypt

Sutra 244

Vikarin 5121

Mithuna Rasi: 22.06 Tithi 18

742523465

**Gulika** 6:43AM - 8:00AM  
**Yama** 1:07PM - 2:23PM  
**Rahu** 9:16AM - 10:33AM

**Punarvasu Until 1:29AM Sun**

Sukla Until 6:15AM

Vanija Until 4:34PM

**Tritiya Until 3:45AM Sun**

**Ganesha:** Purple **Sunrise:** 6:43AM

**Muruqa:** Clear **Sunset:** 4:57PM

**Nataraja:** Clear

Moon - Blue

**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Sun 1

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Cairo, Egypt

Sutra 245

Vikarin 5121

Kataka Rasi: 5.56 Tithi 19

742523465

**Gulika** 2:24PM - 3:41PM  
**Yama** 11:50AM - 1:07PM  
**Rahu** 3:41PM - 4:57PM

**Pushya Until 12:25AM Mon**

Indra Until 1:11AM Mon

Bava Until 2:55PM

**Chaturthi\* Until 2:00AM Mon**

**Ganesha:** Purple **Sunrise:** 6:43AM

**Muruqa:** Clear **Sunset:** 4:57PM

**Nataraja:** Clear

Moon - Blue

**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Sun 2

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Tailita Karana Panchamyam Titau

Cairo, Egypt

Sutra 246

Vikarin 5121

Kataka Rasi: 19.55 Tithi 20

742523465

**Gulika** 1:08PM - 2:24PM  
**Yama** 10:34AM - 11:51AM  
**Rahu** 8:01AM - 9:17AM

**Ashlesha\* Until 11:02PM**

Vaidhriti\* Until 10:24PM

Kaulava Until 1:04PM

**Panchami Until 12:04AM Tue**

**Ganesha:** Purple **Sunrise:** 6:44AM

**Muruqa:** Clear **Sunset:** 4:58PM

**Nataraja:** Clear

Moon - Blue

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Sun 3

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

Family Home Evening

Until 11:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Cairo, Egypt

Sutra 247

Vikarin 5121

Simha Rasi: 4 Tithi 21

852523465

**Gulika** 11:51AM - 1:08PM  
**Yama** 9:18AM - 10:35AM  
**Rahu** 2:25PM - 3:41PM

**Magha\* Until 9:50PM**

Vishkambha\* Until 7:33PM

Gara Until 11:06AM

**Shashthi\* Until 10:03PM**

**Ganesha:** Purple **Sunrise:** 6:45AM

**Muruqa:** Clear **Sunset:** 4:58PM

**Nataraja:** Clear

Moon - Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Sun 4

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Cairo, Egypt

Sutra 248

Vikarin 5121

Simha Rasi: 18.08 Tithi 22

852523465

**Gulika** 10:35AM - 11:52AM  
**Yama** 8:02AM - 9:19AM  
**Rahu** 11:52AM - 1:08PM

**Purvaphalguni Until 8:27PM**

Priti Until 4:40PM

Visti Until 9:02AM

**Saptami Until 7:59PM**

**Ganesha:** Purple **Sunrise:** 6:45AM

**Muruqa:** Clear **Sunset:** 4:58PM

**Nataraja:** Clear

Moon - Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Sun 5

Moon 12 - Phase 34

1st Phase

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Cairo, Egypt

Sutra 249

Vikarin 5121

Kanya Rasi: 2.17 Tithi 23 - 24

852523465

**Gulika** 9:19AM - 10:36AM  
**Yama** 6:46AM - 8:02AM  
**Rahu** 1:09PM - 2:26PM

**Uttaraphalguni Until 6:55PM**

Ayushman Until 1:44PM

Balava Until 6:57AM

**Ashtami\* Until 5:54PM**

**Ganesha:** Purple **Sunrise:** 6:46AM

**Muruqa:** Clear **Sunset:** 4:59PM

**Nataraja:** Clear

Moon - Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Sun 6

Moon 12 - Phase 34

Ashtami

Amrita Yoga

Until 6:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cairo, Egypt

Sutra 250

Vikarin 5121

Kanya Rasi: 16.26 Tithi 24 - 25

862523465

**Gulika** 8:03AM - 9:20AM  
**Yama** 2:26PM - 3:43PM  
**Rahu** 10:36AM - 11:53AM

**Hasta Until 5:41PM**

Saubhagya Until 10:50AM

Vanija Until 2:51AM Sat

**Navami\* Until 3:50PM**

**Ganesha:** Clear **Sunrise:** 6:46AM

**Muruqa:** Clear **Sunset:** 4:59PM

**Nataraja:** Clear

Moon - Green

**Margasira-Markali**

**Devaloka Day**

Sun 7

Moon 12 - Phase 34

Navami

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


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<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Cairo, Egypt Sun 8 Sutra 251 Vikarin 5121		
Tula Rasi: 0.34	Tithi 25 – 26	<b>Gulika</b> 6:47AM – 8:04AM	<b>Chitra</b> Until 4:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:47AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 35
		Yama 1:10PM – 2:27PM	Sobhana Until 7:59AM	<b>Nataraja:</b> Clear		Moon – Green		2nd Phase
		862523465 <b>Rahu</b> 9:20AM – 10:37AM	Bava Until 12:54AM Sun					
Routine Work	Marana Yoga		<b>Day 1 of Pancha Ganapati</b>	<b>Dashami</b> Until 1:51PM		<b>Margasira-Markali</b>		<b>Devaloka Day</b>
Until 4:22PM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Cairo, Egypt Sun 9 Sutra 252 Vikarin 5121		
Tula Rasi: 14.38	Tithi 26 – 27	<b>Gulika</b> 2:27PM – 3:44PM	<b>Svati</b> Until 3:03PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:47AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 35
		Yama 11:54AM – 1:10PM	Sukarma Until 2:33AM Mon	<b>Nataraja:</b> Clear		Moon – Green		2nd Phase
		862523465 <b>Rahu</b> 3:44PM – 5:00PM	Kaulava Until 11:07PM					
Creative Work	Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>	<b>Ekadashi*</b> Until 11:58AM		<b>Margasira-Markali</b>		<b>Devaloka Day</b>
Until 3:03PM								
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Cairo, Egypt Sun 10 Sutra 253 Vikarin 5121		
Tula Rasi: 28.35	Tithi 27 – 28	<b>Gulika</b> 1:11PM – 2:28PM	<b>Vishakha</b> Until 2:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 35
<b>Family Home Evening</b>		Yama 10:38AM – 11:54AM	Dhriti Until 12:07AM Tue	<b>Nataraja:</b> Clear		Moon – Orange		2nd Phase
		872523465 <b>Rahu</b> 8:05AM – 9:21AM	Gara Until 9:34PM					
Routine Work	Marana Yoga		<b>Day 3 of Pancha Ganapati</b>	<b>Dvadashi*</b> Until 10:17AM		<b>Margasira-Markali</b>		<b>Bhuloka Day</b>
Until 2:13PM								Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								<i>Pradosha Vrata (Fasting)</i>

<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Cairo, Egypt Sun 11 Sutra 254 Vikarin 5121		
Vrischika Rasi: 12.23	Tithi 28 – 29	<b>Gulika</b> 11:55AM – 1:11PM	<b>Anuradha</b> Until 1:31PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 35
		Yama 9:22AM – 10:38AM	Shula* Until 9:54PM	<b>Nataraja:</b> Clear		Moon – Orange		2nd Phase
		872523465 <b>Rahu</b> 2:28PM – 3:45PM	Visti Until 8:19PM					
Creative Work	Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>	<b>Trayodashi*</b> Until 8:52AM		<b>Margasira-Markali</b>		<b>Bhuloka Day</b>
Until 1:31PM								Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga								

		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Cairo, Egypt Sun 12 Sutra 255 Vikarin 5121		
<b>Retreat Star</b>		<b>Gulika</b> 10:39AM – 11:55AM	<b>Jyeshtha*</b> Until 1:02PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 35
Vrischika Rasi: 25.58	Tithi 29 – 30	Yama 8:05AM – 9:22AM	Ganda* Until 8:02PM	<b>Nataraja:</b> Clear		Moon – Orange		Amavasya
		872523465 <b>Rahu</b> 11:55AM – 1:12PM	Catuspada Until 7:29PM					
Creative Work	Siddha Yoga		<b>Day 5 of Pancha Ganapati</b>	<b>Chaturdashi*</b> Until 7:49AM		<b>Margasira-Markali</b>		<b>Bhuloka Day</b>
Until 1:02PM								Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga								

<b>Thursday, December 26, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Cairo, Egypt Sun 13 Sutra 256 Vikarin 5121		
Dhanus Rasi: 9.19	Tithi 30 – 1	<b>Gulika</b> 9:23AM – 10:39AM	<b>Mula*</b> Until 1:19PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 35
		Yama 6:49AM – 8:06AM	Vriddhi Until 6:34PM	<b>Nataraja:</b> Clear		Moon – Light Blue		Prathama
		883523465 <b>Rahu</b> 1:12PM – 2:29PM	Kintughna Until 7:09PM					
Creative Work	Siddha Yoga		<b>Annular Solar Eclipse</b>	<b>Amavasya*</b> Until 7:14AM		<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyam Titau				Cairo, Egypt
Dhanus Rasi: 22.22	Tithi 1 – 2	<b>Gulika</b> 8:06AM – 9:23AM	<b>Purvashadha* Until 1:59PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:50AM	Sun 14	Sutra 257	Vikarin 5121
		Yama 2:30PM – 3:46PM	Dhruva Until 5:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:03PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 10:40AM – 11:56AM	Balava Until 7:22PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 7:10AM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 1:59PM				<b>Pausa-Markali</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Cairo, Egypt
Makara Rasi: 5.09	Tithi 2 – 3	<b>Gulika</b> 6:50AM – 8:07AM	<b>Uttarashadha Until 3:04PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:50AM	Sun 15	Sutra 258	Vikarin 5121
		Yama 1:14PM – 2:30PM	Vyaghata* Until 4:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 9:23AM – 10:40AM	Taitila Until 8:12PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 7:42AM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 3:04PM				<b>Pausa-Markali</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Cairo, Egypt
Makara Rasi: 17.4	Tithi 3 – 4	<b>Gulika</b> 2:31PM – 3:48PM	<b>Shravana Until 5:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:50AM	Sun 16	Sutra 259	Vikarin 5121
		Yama 11:57AM – 1:14PM	Harshana Until 4:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 3:48PM – 5:04PM	Vanija Until 9:37PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 8:49AM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 5:02PM				<b>Pausa-Markali</b>				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cairo, Egypt
Makara Rasi: 29.55	Tithi 4 – 5	<b>Gulika</b> 1:15PM – 2:31PM	<b>Dhanishtha Until 7:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM	Sun 17	Sutra 260	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:41AM – 11:58AM	Vajra* Until 5:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 8:07AM – 9:24AM	Bava Until 11:31PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 10:29AM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Pausa-Markali</b>				

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt
Kumbha Rasi: 12.01	Tithi 5 – 6	<b>Gulika</b> 11:58AM – 1:15PM	<b>Shatabhishak Until 9:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM	Sun 18	Sutra 261	Vikarin 5121
		Yama 9:25AM – 10:41AM	Siddhi Until 5:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 2:32PM – 3:49PM	Kaulava Until 1:48AM Wed	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 12:36PM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Pausa-Markali</b>				

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt
Kumbha Rasi: 23.58	Tithi 6 – 7	<b>Gulika</b> 10:42AM – 11:59AM	<b>Purvaprosarthpada* Until 12:54AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM	Sun 19	Sutra 262	Vikarin 5121
		Yama 8:08AM – 9:25AM	Vyatipata* Until 6:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:07PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 11:59AM – 1:16PM	Gara Until 4:17AM Thu	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 3:01PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 12:54AM Thu				<b>Pausa-Markali</b>			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>						

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Varyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt
Meena Rasi: 5.51	Tithi 7 – 8	<b>Gulika</b> 9:26AM – 10:43AM	<b>Uttaraprosarthpada Until 3:48AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM	Sun 20	Sutra 263	Vikarin 5121
		Yama 6:52AM – 8:09AM	Varyan Until 7:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 1:17PM – 2:34PM	Visti Until 6:46AM Fri	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:31PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Pausa-Markali</b>			Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Cairo, Egypt
Meena Rasi: 17.44	Tithi 8	<b>Gulika</b> 8:09AM – 9:26AM	<b>Revati Until 6:23AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM	Sun 21	Sutra 264	Vikarin 5121
		Yama 2:34PM – 3:51PM	Parigha* Until 7:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 10:43AM – 12:00PM	Visti Until 6:46AM	<b>Nataraja:</b> Orange				Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 7:55PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Pausa-Markali</b>			Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Cairo, Egypt
Meena Rasi: 29.43	Tithi 9	<b>Gulika</b> 6:52AM – 8:09AM	<b>Revati Until 6:23AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM	Sun 22	Sutra 265	Vikarin 5121
		Yama 1:18PM – 2:35PM	Shiva Until 8:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 9:26AM – 10:44AM	Balava Until 9:02AM	<b>Nataraja:</b> Orange				Navami
Routine Work	Prabalarishta Yoga		<b>Navami* Until 10:01PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 6:23AM				<b>Pausa-Markali</b>			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 11.5	Tithi 10	<b>Gulika</b> 2:36PM – 3:53PM	<b>Ashvini</b> Until 8:54AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:52AM	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 37
		Yama 12:01PM – 1:18PM	Siddha Until 8:27PM	<b>Muruqa:</b> Clear		4th Phase
	823623466	<b>Rahu</b> 3:53PM – 5:10PM	Taitila Until 10:54AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 8:54AM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami</b> Until 11:36PM	<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2 Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.11	Tithi 11	<b>Gulika</b> 1:19PM – 2:36PM	<b>Bharani</b> Until 10:44AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:52AM	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 37
<b>Family Home Evening</b>		Yama 10:44AM – 12:02PM	Sadhya Until 8:06PM	<b>Muruqa:</b> Clear		4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 8:10AM – 9:27AM	Vanija Until 12:11PM	<b>Nataraja:</b> Orange		
Until 10:44AM				Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 12:33AM Tue	<b>Pausha-Markali</b>		

<b>3 Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 6.5	Tithi 12	<b>Gulika</b> 12:02PM – 1:19PM	<b>Krittika</b> Until 11:45AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:52AM	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 37
		Yama 9:27AM – 10:45AM	Subha Until 7:13PM	<b>Muruqa:</b> Clear		4th Phase
	823623466	<b>Rahu</b> 2:37PM – 3:54PM	Bava Until 12:47PM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 11:45AM			<b>Dvadashi</b> Until 12:47AM Wed	<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 19.49	Tithi 13	<b>Gulika</b> 10:45AM – 12:02PM	<b>Rohini</b> Until 12:22PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:53AM	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 37
		Yama 8:10AM – 9:27AM	Sukla Until 5:44PM	<b>Muruqa:</b> Clear		4th Phase
	833623466	<b>Rahu</b> 12:02PM – 1:20PM	Kaulava Until 12:38PM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Yellow		<b>Bhuloka Day</b>
			<b>Trayodashi</b> Until 12:17AM Thu	<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
			<i>Pradosha Vrata</i>			

<b>5 Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.1	Tithi 14	<b>Gulika</b> 9:28AM – 10:45AM	<b>Mrigashira</b> Until 12:09PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:53AM	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 37
		Yama 6:53AM – 8:10AM	Brahma Until 3:44PM	<b>Muruqa:</b> Clear		4th Phase
	834623466	<b>Rahu</b> 1:20PM – 2:38PM	Gara Until 11:48AM	<b>Nataraja:</b> Orange		
Routine Work	Marana Yoga			Moon – Yellow		<b>Devaloka Day</b>
			<b>Chaturdashi*</b> Until 11:07PM	<b>Pausha-Markali</b>		

<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Cairo, Egypt Sun 28 Sutra 271 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:10AM – 9:28AM	<b>Ardra</b> Until 11:10AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:53AM	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 37
Mithuna Rasi: 16.54	Tithi 15	Yama 2:39PM – 3:56PM	Indra Until 1:16PM	<b>Muruqa:</b> Clear		Purnima
		<b>Rahu</b> 10:46AM – 12:03PM	Visti Until 10:19AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>	<b>Purnima*</b> Until 9:22PM	<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				

<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Cairo, Egypt Sun 29 Sutra 272 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:53AM – 8:10AM	<b>Punarvasu</b> Until 9:59AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:53AM	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 37
Kataka Rasi: 0.58	Tithi 16	Yama 1:21PM – 2:39PM	Vaidhriti* Until 10:22AM	<b>Muruqa:</b> Clear		Prathama
		<b>Rahu</b> 9:28AM – 10:46AM	Balava Until 8:20AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Blue		<b>Sivaloka Day</b>
			<b>Prathama*</b> Until 7:10PM	<b>Pausha-Markali</b>		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.17 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Vishkambha\*7Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:40PM - 3:58PM  
Yama 12:04PM - 1:22PM  
Rahu 3:58PM - 5:16PM

Pushya Until 8:17AM  
Vishkambha\* Until 7:12AM  
Vanija Until 3:21AM Mon  
Dvitiya Until 4:40PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sunrise: 6:52AM  
Sunset: 5:16PM

Sun 1  
Cairo, Egypt  
Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 29.46 Tithi 18 - 19

844623466

Family Home Evening  
Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha\*/Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:22PM - 2:40PM  
Yama 10:46AM - 12:04PM  
Rahu 8:10AM - 9:28AM

Ashlesha\* Until 6:13AM  
Ayushman Until 12:24AM Tue  
Bava Until 12:39AM Tue  
Tritiya Until 1:59PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sunrise: 6:52AM  
Sunset: 5:16PM

Sun 2  
Cairo, Egypt  
Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.19 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 2:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:05PM - 1:23PM  
Yama 9:29AM - 10:47AM  
Rahu 2:41PM - 3:59PM

Purvaphalguni Until 2:23AM Wed  
Saubhagya Until 8:58PM  
Kaulava Until 9:57PM  
Chaturthi\* Until 11:16AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 6:52AM  
Sunset: 5:17PM

Sun 3  
Cairo, Egypt  
Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 28.5 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:47AM - 12:05PM  
Yama 8:10AM - 9:29AM  
Rahu 12:05PM - 1:23PM

Uttaraphalguni Until 12:26AM Thu  
Sobhana Until 5:40PM  
Gara Until 7:24PM  
Panchami Until 8:38AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 6:52AM  
Sunset: 5:18PM

Sun 4  
Cairo, Egypt  
Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.14 Tithi 21 - 22

864623466

Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda\*/Sukarma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 9:29AM - 10:47AM  
Yama 6:52AM - 8:10AM  
Rahu 1:24PM - 2:42PM

Hasta Until 11:00PM  
Athiganda\* Until 2:30PM  
Bava Until 3:59AM Fri  
Shashthi\* Until 6:11AM

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 6:52AM  
Sunset: 5:19PM

Sun 5  
Cairo, Egypt  
Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 27.27 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:10AM - 9:29AM  
Yama 2:43PM - 4:01PM  
Rahu 10:47AM - 12:06PM

Chitra Until 9:43PM  
Sukarma Until 11:35AM  
Balava Until 3:01PM  
Ashtami\* Until 2:06AM Sat

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 6:52AM  
Sunset: 5:20PM

Sun 6  
Cairo, Egypt  
Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 11.28 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 6:52AM - 8:10AM  
Yama 1:25PM - 2:43PM  
Rahu 9:29AM - 10:47AM

Svati Until 8:39PM  
Dhriti Until 8:56AM  
Taitila Until 1:19PM  
Navami\* Until 12:35AM Sun

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 6:52AM  
Sunset: 5:21PM

Sun 7  
Cairo, Egypt  
Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

Sivaloka Day

<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Cairo, Egypt Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 25.15	Tithi 25	<b>Gulika</b> 2:44PM – 4:03PM	<b>Vishakha</b> Until 8:14PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:51AM	
		Yama 12:06PM – 1:25PM	Shula* Until 6:33AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b> 4:03PM – 5:22PM	Vanija Until 11:58AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 11:26PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Cairo, Egypt Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 8.49	Tithi 26	<b>Gulika</b> 1:26PM – 2:45PM	<b>Anuradha</b> Until 8:02PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:51AM	
<b>Family Home Evening</b>		Yama 10:48AM – 12:07PM	Vriddhi Until 2:45AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b> 8:10AM – 9:29AM	Bava Until 11:01AM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 10:40PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Cairo, Egypt Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 22.1	Tithi 27	<b>Gulika</b> 12:07PM – 1:26PM	<b>Jyeshtha*</b> Until 8:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:51AM	
		Yama 9:29AM – 10:48AM	Dhruva Until 1:17AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:23PM	Moon 1 - Phase 39
		875623466 <b>Rahu</b> 2:45PM – 4:04PM	Kaulava Until 10:27AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 10:18PM	Moon – Orange	<b>Bhuloka Day</b>
Until 8:05PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Cairo, Egypt Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 5.18	Tithi 28	<b>Gulika</b> 10:48AM – 12:07PM	<b>Mula*</b> Until 8:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:50AM	
		Yama 8:10AM – 9:29AM	Vyaghata* Until 12:10AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:24PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 12:07PM – 1:27PM	Gara Until 10:18AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 10:21PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 8:51PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					
				<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Cairo, Egypt Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 18.14	Tithi 29	<b>Gulika</b> 9:29AM – 10:48AM	<b>Purvashadha*</b> Until 9:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:50AM	
		Yama 6:50AM – 8:09AM	Harshana Until 11:23PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:25PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 1:27PM – 2:46PM	Visti* Until 10:34AM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:50PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 9:51PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Cairo, Egypt Sun 13 Sutra 285 Vikarin 5121
Makara Rasi: 0.57	Tithi 30	<b>Gulika</b> 8:09AM – 9:29AM	<b>Uttarashadha</b> Until 11:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:50AM	
		Yama 2:47PM – 4:06PM	Vajra* Until 10:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:26PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 10:48AM – 12:08PM	Catuspada Until 11:15AM	<b>Nataraja:</b> Orange	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 11:44PM	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Cairo, Egypt Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 13.28	Tithi 1	<b>Gulika</b> 6:49AM – 8:09AM	<b>Shravana</b> Until 1:08AM Sun	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:49AM	
		Yama 1:28PM – 2:47PM	Siddhi Until 10:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:27PM	Moon 1 - Phase 39
		995623466 <b>Rahu</b> 9:29AM – 10:48AM	Kintughna Until 12:23PM	<b>Nataraja:</b> Orange	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:05AM Sun	Moon – Purple	<b>Bhuloka Day</b>
Until 1:08AM Sun				<b>Magha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cairo, Egypt Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 25.49	Tithi 2	<b>Gulika</b> 2:48PM – 4:08PM	<b>Dhanishtha</b> Until 3:21AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:49AM			
		Yama 12:08PM – 1:28PM	Vyatipata* Until 10:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM		Moon 1 - Phase 40	
		995723466 <b>Rahu</b> 4:08PM – 5:28PM	Balava Until 1:56PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 2:50AM Mon	Moon – Purple				<b>Devaloka Day</b>
Until 3:21AM Mon				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Cairo, Egypt Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 7.59	Tithi 3	<b>Gulika</b> 1:28PM – 2:48PM	<b>Shatabhishak</b> Until 5:45AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:48AM			
<b>Family Home Evening</b>		Yama 10:48AM – 12:08PM	Variyan Until 11:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:08AM – 9:28AM	Taitila Until 3:52PM	<b>Nataraja:</b> Orange			3rd Phase	
Until 5:45AM Tue			<b>Tritiya</b> Until 4:56AM Tue	Moon – Purple				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>				

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija Karana Chaturthyam Titau				Cairo, Egypt Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 20.02	Tithi 4	<b>Gulika</b> 12:09PM – 1:29PM	<b>Purvaprossthapada*</b> Until 8:44AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:48AM			
		Yama 9:28AM – 10:48AM	Parigha* Until 12:02AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 2:49PM – 4:09PM	Vanija Until 6:06PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 7:18AM Wed	Moon – Clear				<b>Sivaloka Day</b>
Until 8:44AM Wed				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*Uttaraprossthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 1.58	Tithi 4 – 5	<b>Gulika</b> 10:48AM – 12:09PM	<b>Purvaprossthapada*</b> Until 8:44AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:47AM			
		Yama 8:08AM – 9:28AM	Shiva Until 12:51AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 12:09PM – 1:29PM	Bava Until 8:34PM	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 7:18AM	Moon – Clear				<b>Sivaloka Day</b>
Until 8:44AM				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 13.51	Tithi 5 – 6	<b>Gulika</b> 9:28AM – 10:48AM	<b>Uttaraprossthapada</b> Until 11:41AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:47AM			
		Yama 6:47AM – 8:07AM	Siddha Until 1:40AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 1:30PM – 2:50PM	Kaulava Until 11:06PM	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 9:49AM	Moon – Clear				<b>Sivaloka Day</b>
Until 2:26PM				<b>Magha-Thai</b>				
Then Creative Work - Amrita Yoga								

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 25.43	Tithi 6 – 7	<b>Gulika</b> 8:07AM – 9:28AM	<b>Revati</b> Until 2:26PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:46AM			
		Yama 2:51PM – 4:11PM	Sadhya Until 2:25AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM		Moon 1 - Phase 40	
		916723466 <b>Rahu</b> 10:48AM – 12:09PM	Gara Until 1:32AM Sat	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 12:19PM	Moon – Clear				<b>Devaloka Day</b>
Until 2:26PM				<b>Magha-Thai</b>				
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 7.39	Tithi 7 – 8	<b>Gulika</b> 6:46AM – 8:07AM	<b>Ashvini</b> Until 5:20PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:46AM			
		Yama 1:30PM – 2:51PM	Subha Until 2:57AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 9:28AM – 10:48AM	Vistil Until 3:40AM Sun	<b>Nataraja:</b> Orange			Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 2:38PM	Moon – White				<b>Bhuloka Day</b>
Until 7:39PM				<b>Magha-Thai</b>				<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 19.43	Tithi 8 – 9	<b>Gulika</b> 2:51PM – 4:12PM	<b>Bharani</b> Until 7:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:46AM			
		Yama 12:09PM – 1:30PM	Sukla Until 3:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 4:12PM – 5:33PM	Balava Until 5:18AM Mon	<b>Nataraja:</b> Orange			Navami	
Routine Work	Prabalarishta Yoga		<b>Ashtami*</b> Until 4:32PM	Moon – White				<b>Bhuloka Day</b>
Until 7:39PM				<b>Magha-Thai</b>				<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga								

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Cairo, Egypt Sun 23 Sutra 295 Vikarin 5121
<b>1</b>	926723466	<b>Gulika</b> 1:30PM – 2:52PM Yama 10:48AM – 12:09PM <b>Rahu</b> 8:06AM – 9:27AM	<b>Krittika Until 9:12PM</b> Brahma Until 2:42AM Tue Taitila Until 6:13AM Tue Navami* Until 5:50PM	Ganesha: Green Sunrise: 6:45AM Muruga: Clear Sunset: 5:34PM Nataraja: Orange Moon – White Magha-Thai
Vrishabha Rasi: 1.59 Tithi 9 – 10 Family Home Evening Routine Work Marana Yoga Until 9:12PM Then Creative Work - Amrita Yoga				Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Cairo, Egypt Sun 24 Sutra 296 Vikarin 5121
<b>2</b>	936723467	<b>Gulika</b> 12:09PM – 1:31PM Yama 9:27AM – 10:48AM <b>Rahu</b> 2:52PM – 4:13PM	<b>Rohini Until 10:20PM</b> Indra Until 1:44AM Wed Taitila Until 6:13AM Dashami Until 6:21PM	Ganesha: Red Sunrise: 6:44AM Muruga: Clear Sunset: 5:35PM Nataraja: Clear Moon – Yellow Magha-Thai
Vrishabha Rasi: 14.33 Tithi 10 Creative Work Amrita Yoga Until 10:20PM Then Creative Work - Siddha Yoga				Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Cairo, Egypt Sun 25 Sutra 297 Vikarin 5121
<b>3</b>	936723467	<b>Gulika</b> 10:48AM – 12:10PM Yama 8:05AM – 9:27AM <b>Rahu</b> 12:10PM – 1:31PM	<b>Mrigashira Until 10:29PM</b> Vaidhriti* Until 12:05AM Thu Vanija Until 6:19AM Ekadashi Until 6:02PM	Ganesha: Red Sunrise: 6:44AM Muruga: Clear Sunset: 5:35PM Nataraja: Clear Moon – Yellow Magha-Thai
Vrishabha Rasi: 27.31 Tithi 11 Creative Work Siddha Yoga				Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Cairo, Egypt Sun 26 Sutra 298 Vikarin 5121
<b>4</b>	936723467	<b>Gulika</b> 9:26AM – 10:48AM Yama 6:43AM – 8:05AM <b>Rahu</b> 1:31PM – 2:53PM	<b>Ardra Until 9:41PM</b> Vishkambha* Until 9:48PM Kaulava Until 4:03AM Fri Dvadashi Until 4:54PM	Ganesha: Red Sunrise: 6:43AM Muruga: Clear Sunset: 5:36PM Nataraja: Clear Moon – Yellow Magha-Thai
Mithuna Rasi: 10.54 Tithi 12 – 13 Routine Work Marana Yoga Until 9:41PM Then Creative Work - Amrita Yoga				Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

Pradosha Vrata

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Cairo, Egypt Sun 27 Sutra 299 Vikarin 5121
<b>5</b>	947723467	<b>Gulika</b> 8:04AM – 9:26AM Yama 2:53PM – 4:15PM <b>Rahu</b> 10:48AM – 12:10PM	<b>Punarvasu Until 8:28PM</b> Priti Until 6:57PM Gara Until 1:50AM Sat Trayodashi Until 3:00PM	Ganesha: Blue Sunrise: 6:42AM Muruga: Clear Sunset: 5:37PM Nataraja: Clear Moon – Blue Magha-Thai
Mithuna Rasi: 24.46 Tithi 13 – 14 Creative Work Siddha Yoga Until 8:28PM Then Routine Work - Marana Yoga				Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Cairo, Egypt Sutra 300 Vikarin 5121
<b>○</b>	947723467	<b>Gulika</b> 6:42AM – 8:04AM Yama 1:32PM – 2:54PM <b>Rahu</b> 9:26AM – 10:48AM	<b>Pushya Until 6:31PM</b> Ayushman Until 3:36PM Visti Until 11:03PM Chaturdashi* Until 12:29PM	Ganesha: Blue Sunrise: 6:42AM Muruga: Clear Sunset: 5:38PM Nataraja: Clear Moon – Blue Magha-Thai
Kataka Rasi: 9.03 Tithi 14 – 15 Creative Work Siddha Yoga Until 6:31PM Then Routine Work - Marana Yoga		Thai Pusam		Moon 1 - Phase 41 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Cairo, Egypt Sutra 301 Vikarin 5121
<b>○</b>	947723467	<b>Gulika</b> 2:54PM – 4:17PM Yama 12:10PM – 1:32PM <b>Rahu</b> 4:17PM – 5:39PM	<b>Ashlesha* Until 4:01PM</b> Saubhagya Until 11:54AM Balava Until 7:54PM Purnima* Until 9:30AM	Ganesha: Blue Sunrise: 6:41AM Muruga: Clear Sunset: 5:39PM Nataraja: Clear Moon – Blue Magha-Thai
Kataka Rasi: 23.42 Tithi 15 – 16 Creative Work Siddha Yoga Until 4:01PM Then Routine Work - Marana Yoga				Moon 1 - Phase 41 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Alhiganda\* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Cairo, Egypt

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9 Tithi 16 - 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 1:33PM

Then Creative Work - Siddha Yoga

Gulika 1:32PM - 2:55PM

Yama 10:47AM - 12:10PM

Rahu 8:03AM - 9:25AM

Magha\* Until 1:33PM

Sobhana Until 7:59AM

Gara Until 2:47AM Tue

Prathama\* Until 6:13AM

Ganesha: Red Sunrise: 6:40AM

Muruqa: Clear Sunset: 5:40PM

Nataraja: Clear

Moon - Red

Magha\*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cairo, Egypt

Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 23.37 Tithi 18

Creative Work Siddha Yoga

Until 10:52AM

Then Creative Work - Amrita Yoga

Gulika 12:10PM - 1:32PM

Yama 9:25AM - 10:47AM

Rahu 2:55PM - 4:18PM

Purvaphalguni Until 10:52AM

Sukarma Until 11:57PM

Vanija Until 1:06PM

Tritiya Until 11:24PM

Ganesha: Red Sunrise: 6:39AM

Muruqa: Clear Sunset: 5:40PM

Nataraja: Clear

Moon - Red

Magha\*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Cairo, Egypt

Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 8.35 Tithi 19

Creative Work Amrita Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Gulika 10:47AM - 12:10PM

Yama 8:01AM - 9:24AM

Rahu 12:10PM - 1:33PM

Uttaraphalguni Until 8:08AM

Dhriti Until 8:07PM

Bava Until 9:47AM

Chaturthi\* Until 8:11PM

Ganesha: Red Sunrise: 6:39AM

Muruqa: Clear Sunset: 5:41PM

Nataraja: Clear

Moon - Red

Magha\*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Cairo, Egypt

Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.22 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 9:24AM - 10:47AM

Yama 6:38AM - 8:01AM

Rahu 1:33PM - 2:56PM

Chitra Until 3:58AM Fri

Shula\* Until 4:32PM

Kaulava Until 6:43AM

Panchami Until 5:19PM

Ganesha: Green Sunrise: 6:38AM

Muruqa: Clear Sunset: 5:42PM

Nataraja: Clear

Moon - Green

Magha\*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cairo, Egypt

Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 7.52 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 8:00AM - 9:23AM

Yama 2:56PM - 4:20PM

Rahu 10:47AM - 12:10PM

Svati Until 2:23AM Sat

Ganda\* Until 1:20PM

Visti Until 1:54AM Sat

Shashthi\* Until 2:53PM

Ganesha: White Sunrise: 6:37AM

Muruqa: Clear Sunset: 5:43PM

Nataraja: Clear

Moon - Green

Magha\*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt

Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.01 Tithi 22 - 23

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

Gulika 6:36AM - 7:59AM

Yama 1:33PM - 2:57PM

Rahu 9:23AM - 10:46AM

Vishakha Until 1:39AM Sun

Vridhhi Until 10:35AM

Balava Until 12:19AM Sun

Saptami Until 1:01PM

Ganesha: Clear Sunrise: 6:36AM

Muruqa: Clear Sunset: 5:44PM

Nataraja: Clear

Moon - Orange

Magha\*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt

Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 5.47 Tithi 23 - 24

Routine Work Marana Yoga

Until 1:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 2:57PM - 4:21PM

Yama 12:10PM - 1:33PM

Rahu 4:21PM - 5:44PM

Anuradha Until 1:23AM Mon

Dhruva Until 8:17AM

Taitila Until 11:22PM

Ashtami\* Until 11:44AM

Ganesha: Clear Sunrise: 6:35AM

Muruqa: Clear Sunset: 5:44PM

Nataraja: Clear

Moon - Orange

Magha\*Masi

Devaloka Day

<b>1</b>	<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Cairo, Egypt
	Gulika	1:34PM - 2:57PM	<b>Jyeshtha* Until 1:33AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	Sun 7	Sutra 309
	Yama	10:46AM - 12:10PM	Vyaghata* Until 6:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 43	Vikarin 5121
	<b>Family Home Evening</b>	98723467 <b>Rahu</b>	7:58AM - 9:22AM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Siddha Yoga			Vanija Until 11:01PM	Moon - Orange	<b>Devaloka Day</b>		
Until 1:33AM Tue			<b>Navami* Until 11:06AM</b>	<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Cairo, Egypt
	Gulika	12:10PM - 1:34PM	<b>Mula* Until 2:36AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:33AM	Sun 8	Sutra 310
	Yama	9:21AM - 10:46AM	Vajra* Until 4:19AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 43	Vikarin 5121
	<b>Family Home Evening</b>	988723467 <b>Rahu</b>	2:58PM - 4:22PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Amrita Yoga			Bava Until 11:16PM	Moon - Light Blue	<b>Bhuloka Day</b>		
Until 1:33AM Tue			<b>Dashami Until 11:03AM</b>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Amrita Yoga							


<b>3</b>	<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt
	Gulika	10:45AM - 12:10PM	<b>Purvashadha* Until 3:58AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	Sun 9	Sutra 311
	Yama	7:57AM - 9:21AM	Siddhi Until 3:49AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 43	Vikarin 5121
	<b>Family Home Evening</b>	988723467 <b>Rahu</b>	12:10PM - 1:34PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Amrita Yoga			Kaulava Until 12:01AM Thu	Moon - Light Blue	<b>Bhuloka Day</b>		
Until 3:58AM Thu			<b>Ekadashi* Until 11:34AM</b>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt
	Gulika	9:20AM - 10:45AM	<b>Uttarashadha Until 5:35AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM	Sun 10	Sutra 312
	Yama	6:31AM - 7:56AM	Vyatipata* Until 3:40AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 43	Vikarin 5121
	<b>Family Home Evening</b>	989823467 <b>Rahu</b>	1:34PM - 2:58PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work Marana Yoga			Gara Until 1:12AM Fri	Moon - Light Blue	<b>Bhuloka Day</b>		
Until 1:33AM Tue			<b>Dvadashi* Until 12:32PM</b>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Routine Work - Marana Yoga							

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt
	Gulika	7:55AM - 9:20AM	<b>Shravana Until 7:52AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:30AM	Sun 11	Sutra 313
	Yama	2:59PM - 4:23PM	Varyan Until 3:45AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 43	Vikarin 5121
	<b>Family Home Evening</b>	999823467 <b>Rahu</b>	10:45AM - 12:09PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work Marana Yoga			Vistii Until 2:45AM Sat	Moon - Purple	<b>Bhuloka Day</b>		
Until 7:52AM Sat			<b>Trayodashi* Until 1:55PM</b>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cairo, Egypt
	Gulika	6:30AM - 7:54AM	<b>Shravana Until 7:52AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:30AM	Sun 12	Sutra 314
	Yama	1:34PM - 2:59PM	Parigha* Until 4:04AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 43	Vikarin 5121
	<b>Family Home Evening</b>	999823467 <b>Rahu</b>	9:19AM - 10:44AM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Siddha Yoga			Catuspada Until 4:36AM Sun	Moon - Purple	<b>Bhuloka Day</b>		
Until 1:33AM Tue			<b>Chaturdashi* Until 3:37PM</b>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga							

	<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cairo, Egypt
	<b>Retreat Star</b>		<b>Dhanishtha Until 10:16AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:29AM	Sun 13	Sutra 315
	Kumbha Rasi: 4.31	Tithi 30 - 1	Shiva Until 4:36AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 43	Vikarin 5121
	<b>Family Home Evening</b>	999823467 <b>Rahu</b>	4:25PM - 5:50PM	<b>Nataraja:</b> Clear		Amavasya	
Routine Work Marana Yoga			Kintughna Until 6:42AM Mon	Moon - Purple	<b>Bhuloka Day</b>		
Until 10:16AM			<b>Amavasya* Until 5:36PM</b>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga							

<b>Monday, February 24, 2020</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosrothapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Cairo, Egypt
	Gulika	1:34PM - 3:00PM	<b>Shatabhishak Until 12:43PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:27AM	Sun 14	Sutra 316
	Yama	10:44AM - 12:09PM	Siddha Until 5:15AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 43	Vikarin 5121
	<b>Family Home Evening</b>	999823467 <b>Rahu</b>	7:53AM - 9:18AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work Siddha Yoga			Kintughna Until 6:42AM	Moon - Purple	<b>Bhuloka Day</b>		
Until 12:43PM			<b>Prathama* Until 7:48PM</b>	<b>Phalgun-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Routine Work - Marana Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau	Cairo, Egypt Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 28.31	Tithi 2	<b>Gulika</b> Yama	<b>12:09PM – 1:34PM</b> 9:18AM – 10:43AM	<b>Purvaproshtapada* Until 3:41PM</b> Sadhya Until 6:02AM Wed Balava Until 9:00AM Dvitiya Until 10:11PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>
919823467	<b>Rahu</b>	<b>3:00PM – 4:26PM</b>			Sunrise: 6:26AM Sunset: 5:51PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 3:41PM Then Creative Work - Amrita Yoga					
<b>2</b>		<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trilyayam Titau	Cairo, Egypt Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 10.25	Tithi 3	<b>Gulika</b> Yama	<b>10:43AM – 12:09PM</b> 7:51AM – 9:17AM	<b>Uttaraproshtapada Until 6:36PM</b> Sadhya Until 6:02AM Taitila Until 11:27AM Tritiya Until 12:41AM Thu	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>
919823467	<b>Rahu</b>	<b>12:09PM – 1:34PM</b>			Sunrise: 6:25AM Sunset: 5:52PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 6:36PM Then Routine Work - Marana Yoga					
<b>3</b>		<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau	Cairo, Egypt Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 22.17	Tithi 4	<b>Gulika</b> Yama	<b>9:16AM – 10:42AM</b> 6:24AM – 7:50AM	<b>Revati Until 9:25PM</b> Subha Until 6:55AM Vanija Until 1:58PM Chaturthi* Until 3:12AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>
919823467	<b>Rahu</b>	<b>1:34PM – 3:01PM</b>			Sunrise: 6:24AM Sunset: 5:53PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 9:25PM Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day			
<b>4</b>		<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau	Cairo, Egypt Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 4.09	Tithi 5	<b>Gulika</b> Yama	<b>7:50AM – 9:16AM</b> 3:01PM – 4:27PM	<b>Ashvini Until 12:29AM Sat</b> Sukla Until 7:45AM Bava Until 4:27PM Panchami Until 5:37AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>
921823467	<b>Rahu</b>	<b>10:42AM – 12:08PM</b>			Sunrise: 6:23AM Sunset: 5:53PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 12:29AM Sat Then Creative Work - Siddha Yoga					
<b>5</b>		<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava Karana Shashthyam Titau	Cairo, Egypt Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 16.04	Tithi 6	<b>Gulika</b> Yama	<b>6:22AM – 7:49AM</b> 1:35PM – 3:01PM	<b>Bharani Until 3:10AM Sun</b> Brahma Until 8:31AM Kaulava Until 6:45PM Shashthi* Until 7:45AM Sun	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>
921823467	<b>Rahu</b>	<b>9:15AM – 10:42AM</b>			Sunrise: 6:22AM Sunset: 5:54PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga					
<b>6</b>		<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Cairo, Egypt Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 28.05	Tithi 6 – 7	<b>Gulika</b> Yama	<b>3:02PM – 4:28PM</b> 12:08PM – 1:35PM	<b>Krittika Until 5:16AM Mon</b> Indra Until 9:05AM Gara Until 8:41PM Shashthi* Until 7:45AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>
921833467	<b>Rahu</b>	<b>4:28PM – 5:55PM</b>			Sunrise: 6:20AM Sunset: 5:55PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 5:16AM Mon Then Creative Work - Amrita Yoga					
<b>Retreat Star</b>		<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau	Cairo, Egypt Sun 21 Sutra 323 Vikarin 5121
Vrishabha Rasi: 10.17	Tithi 7 – 8	<b>Gulika</b> Yama	<b>1:35PM – 3:02PM</b> 10:40AM – 12:07PM	<b>Rohini Until 7:04AM Tue</b> Vaidhriti* Until 9:14AM Visiti Until 10:01PM Saptami Until 9:25AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>
931833467	<b>Rahu</b>	<b>7:46AM – 9:13AM</b>			Sunrise: 6:19AM Sunset: 5:56PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 7:04AM Tue Then Creative Work - Siddha Yoga					
<b>Retreat Star</b>		<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Cairo, Egypt Sun 22 Sutra 324 Vikarin 5121
Vrishabha Rasi: 22.46	Tithi 8 – 9	<b>Gulika</b> Yama	<b>12:07PM – 1:35PM</b> 9:13AM – 10:40AM	<b>Rohini Until 7:04AM</b> Vishkambha* Until 8:54AM Balava Until 10:36PM Ashtami* Until 10:23AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>
931833467	<b>Rahu</b>	<b>3:02PM – 4:29PM</b>			Sunrise: 6:18AM Sunset: 5:57PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 7:04AM Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Cairo, Egypt Sutra 325
Mithuna Rasi: 5.37	Tithi 9 – 10	<b>Gulika</b> 10:39AM – 12:07PM	<b>Mrigashira</b> Until 7:55AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	Sun 23
		Yama 7:44AM – 9:12AM	Priti Until 7:57AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:57PM	Vikarin 5121
		931833467 <b>Rahu</b> 12:07PM – 1:35PM	Taitila Until 10:19PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45
Creative Work	Siddha Yoga		<b>Navami*</b> Until 10:33AM	Moon – Yellow		4th Phase
				<b>Phalguna-Masi</b>		<b>Devaloka Day</b>

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Cairo, Egypt Sutra 326
Mithuna Rasi: 18.54	Tithi 10 – 11	<b>Gulika</b> 9:11AM – 10:39AM	<b>Ardra</b> Until 7:47AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:16AM	Sun 24
		Yama 6:16AM – 7:43AM	Ayushman Until 6:18AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Vikarin 5121
		131833467 <b>Rahu</b> 1:35PM – 3:02PM	Vanija Until 9:09PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45
Routine Work	Marana Yoga		<b>Dashami</b> Until 9:49AM	Moon – Yellow		4th Phase
Until 7:47AM				<b>Phalguna-Masi</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Cairo, Egypt Sutra 327
Kataka Rasi: 2.41	Tithi 11 – 12	<b>Gulika</b> 7:42AM – 9:11AM	<b>Punarvasu</b> Until 7:05AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:14AM	Sun 25
		Yama 3:03PM – 4:31PM	Sobhana Until 1:00AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Vikarin 5121
		141833467 <b>Rahu</b> 10:39AM – 12:07PM	Bava Until 7:10PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 8:14AM	Moon – Blue		4th Phase
Until 7:05AM				<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Cairo, Egypt Sutra 328
Kataka Rasi: 16.58	Tithi 13	<b>Gulika</b> 6:13AM – 7:42AM	<b>Ashlesha*</b> Until 3:07AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:13AM	Sun 26
		Yama 1:35PM – 3:03PM	Athiganda* Until 9:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Vikarin 5121
		141833467 <b>Rahu</b> 9:10AM – 10:38AM	Kaulava Until 4:29PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:54AM Sun	Moon – Blue		4th Phase
				<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata*

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Cairo, Egypt Sutra 329
Simha Rasi: 1.42	Tithi 14	<b>Gulika</b> 3:03PM – 4:32PM	<b>Magha*</b> Until 12:33AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:12AM	Sun 27
		Yama 12:06PM – 1:35PM	Sukarma Until 5:34PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:00PM	Vikarin 5121
		151833467 <b>Rahu</b> 4:32PM – 6:00PM	Gara Until 1:15PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 11:27PM	Moon – Red		4th Phase
Until 12:33AM Mon		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Cairo, Egypt Sutra 330
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:35PM – 3:03PM	<b>Purvaphalguni</b> Until 9:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:11AM	Sun 28
Simha Rasi: 16.46	Tithi 15	Yama 10:37AM – 12:06PM	Dhriti Until 1:23PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:01PM	Vikarin 5121
<b>Family Home Evening</b>		152833467 <b>Rahu</b> 7:40AM – 9:08AM	Visti Until 9:38AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 7:43PM	Moon – Red		Purnima
		<b>Holi</b>		<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Cairo, Egypt Sutra 331
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:06PM – 1:34PM	<b>Uttaraphalguni</b> Until 6:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	Sun 29
Kanya Rasi: 2.01	Tithi 16 – 17	Yama 9:08AM – 10:37AM	Shula* Until 9:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:01PM	Vikarin 5121
		152833467 <b>Rahu</b> 3:03PM – 4:32PM	Taitila Until 1:59AM Wed	<b>Nataraja:</b> Clear		Moon 2 - Phase 45
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 3:53PM	Moon – Red		Prathama
Until 6:22PM				<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyyam Titau

Cairo, Egypt

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.17 Tithi 17 - 18

162833467

Gulika

10:36AM - 12:05PM

Yama

7:38AM - 9:07AM

Rahu

12:05PM - 1:34PM

Hasta Until 3:31PM

Vriddhi Until 12:31AM Thu

Vanija Until 10:18PM

Dvitiya Until 12:06PM

Ganesha: Clear

Sunrise: 6:09AM

Muruqa: Orange

Sunset: 6:02PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 3:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Cairo, Egypt

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 2.25 Tithi 18 - 19

162833467

Gulika

9:06AM - 10:36AM

Yama

6:07AM - 7:37AM

Rahu

1:34PM - 3:04PM

Chitra Until 12:49PM

Dhruva Until 8:36PM

Bava Until 6:57PM

Tritiya Until 8:33AM

Ganesha: Clear

Sunrise: 6:07AM

Muruqa: Orange

Sunset: 6:03PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Cairo, Egypt

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.14 Tithi 20

162833467

Gulika

7:36AM - 9:05AM

Yama

3:04PM - 4:34PM

Rahu

10:35AM - 12:05PM

Svati Until 10:24AM

Vyaghata\* Until 5:06PM

Kaulava Until 4:04PM

Panchami Until 2:50AM Sat

Ganesha: Clear

Sunrise: 6:06AM

Muruqa: Orange

Sunset: 6:03PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Cairo, Egypt

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.38 Tithi 21

172833467

Gulika

6:05AM - 7:35AM

Yama

1:34PM - 3:04PM

Rahu

9:05AM - 10:35AM

Vishakha Until 8:51AM

Harshana Until 2:08PM

Gara Until 1:49PM

Shashthi\* Until 12:56AM Sun

Ganesha: Purple

Sunrise: 6:05AM

Muruqa: Orange

Sunset: 6:04PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Cairo, Egypt

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.35 Tithi 22

172833468

Gulika

3:04PM - 4:34PM

Yama

12:04PM - 1:34PM

Rahu

4:34PM - 6:04PM

Anuradha Until 7:52AM

Vajra\* Until 11:44AM

Visti Until 12:17PM

Saptami Until 11:48PM

Ganesha: Purple

Sunrise: 6:04AM

Muruqa: Orange

Sunset: 6:04PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.04 Tithi 23

172933468

Gulika

1:34PM - 3:04PM

Yama

10:34AM - 12:04PM

Rahu

7:33AM - 9:03AM

Jyeshtha\* Until 7:31AM

Siddhi Until 9:58AM

Balava Until 11:33AM

Ashtami\* Until 11:28PM

Ganesha: Clear

Sunrise: 6:03AM

Muruqa: Orange

Sunset: 6:05PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Cairo, Egypt

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.08 Tithi 24

182933468

Gulika

12:04PM - 1:34PM

Yama

9:03AM - 10:33AM

Rahu

3:05PM - 4:35PM

Mula\* Until 8:13AM

Vyatipata\* Until 8:50AM

Taitila Until 11:36AM

Navami\* Until 11:52PM

Ganesha: Purple

Sunrise: 6:01AM

Muruqa: Orange

Sunset: 6:06PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 8:13AM

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Cairo, Egypt
Dhanus Rasi: 24.5	Tithi 25	<b>Gulika</b> 10:33AM – 12:03PM	<b>Purvashadha* Until 9:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:00AM	Sun 8 Sutra 339
		Yama 7:31AM – 9:02AM	Variyan Until 8:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:06PM	Vikarin 5121
		182933468 <b>Rahu</b> 12:03PM – 1:34PM	Vanija Until 12:21PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		<b>Dashami Until 12:57AM Thu</b>	Moon – Light Blue		2nd Phase
				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Cairo, Egypt
Makara Rasi: 7.16	Tithi 26	<b>Gulika</b> 9:01AM – 10:32AM	<b>Uttarashadha Until 11:10AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:59AM	Sun 9 Sutra 340
		Yama 5:59AM – 7:30AM	Parigha* Until 8:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:07PM	Vikarin 5121
		182933468 <b>Rahu</b> 1:34PM – 3:05PM	Bava Until 1:42PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Ekadashi* Until 2:32AM Fri</b>	Moon – Light Blue		2nd Phase
Until 11:10AM				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Cairo, Egypt
Makara Rasi: 19.29	Tithi 27	<b>Gulika</b> 7:29AM – 9:00AM	<b>Shravana Until 1:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 10 Sutra 341
		Yama 3:05PM – 4:36PM	Shiva Until 8:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM	Vikarin 5121
		192933468 <b>Rahu</b> 10:31AM – 12:03PM	Kaulava Until 3:30PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Dvadashi* Until 4:29AM Sat</b>	Moon – Purple		2nd Phase
Until 1:37PM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Cairo, Egypt
Kumbha Rasi: 1.33	Tithi 28	<b>Gulika</b> 5:57AM – 7:28AM	<b>Dhanishtha Until 4:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	Sun 11 Sutra 342
		Yama 1:34PM – 3:05PM	Siddha Until 8:53AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM	Vikarin 5121
		192933468 <b>Rahu</b> 8:59AM – 10:31AM	Gara Until 5:36PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		<b>Trayodashi* Until 6:42AM Sun</b>	Moon – Purple		2nd Phase
Until 4:12PM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Cairo, Egypt
Kumbha Rasi: 13.32	Tithi 28 – 29	<b>Gulika</b> 3:05PM – 4:37PM	<b>Shatabhishak Until 6:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Sun 12 Sutra 343
		Yama 12:02PM – 1:34PM	Sadhya Until 9:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM	Vikarin 5121
		192933468 <b>Rahu</b> 4:37PM – 6:09PM	Visti Until 7:53PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		<b>Trayodashi* Until 6:42AM</b>	Moon – Purple		2nd Phase
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Cairo, Egypt
Kumbha Rasi: 25.28	Tithi 29 – 30	<b>Gulika</b> 1:34PM – 3:06PM	<b>Purvaproshtapada* Until 9:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:54AM	Sun 13 Sutra 344
<b>Family Home Evening</b>		Yama 10:30AM – 12:02PM	Subha Until 10:22AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM	Vikarin 5121
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 7:26AM – 8:58AM	Catuspada Until 10:17PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Until 9:51PM			<b>Chaturdashi* Until 9:03AM</b>	Moon – Clear		Amavasya
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Cairo, Egypt
Meena Rasi: 7.21	Tithi 30 – 1	<b>Gulika</b> 12:01PM – 1:34PM	<b>Uttaraproshtapada Until 12:47AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:53AM	Sun 14 Sutra 345
		Yama 8:57AM – 10:29AM	Sukla Until 11:12AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:10PM	Vikarin 5121
		113933468 <b>Rahu</b> 3:06PM – 4:38PM	Kintughna Until 12:43AM Wed	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		<b>Amavasya* Until 11:28AM</b>	Moon – Clear		Prathama
Until 12:47AM Wed		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Cairo, Egypt Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 19.14	Tithi 1 – 2	<b>Gulika</b> 10:29AM – 12:01PM	<b>Revati Until 3:33AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:52AM	
		Yama 7:24AM – 8:56AM	Brahma Until 12:04PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:11PM	Moon 3 - Phase 48
		113933468 <b>Rahu</b> 12:01PM – 1:34PM	Balava Until 3:10AM Thu	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 1:55PM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
Until 3:33AM Thu					
Then Creative Work - Amrita Yoga					

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Cairo, Egypt Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 1.07	Tithi 2 – 3	<b>Gulika</b> 8:56AM – 10:28AM	<b>Ashvini Until 6:36AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:51AM	
		Yama 5:51AM – 7:23AM	Indra Until 12:55PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:11PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 1:33PM – 3:06PM	Taitila Until 5:33AM Fri	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 4:21PM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
Until 6:36AM Fri		<b>Chellappaswami Mahasamadhi</b>			
Then Creative Work - Siddha Yoga					

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Tritiyayam Titau	Cairo, Egypt Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 13.02	Tithi 3	<b>Gulika</b> 7:22AM – 8:55AM	<b>Ashvini Until 6:36AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:49AM	
		Yama 3:06PM – 4:39PM	Vaidhriti* Until 1:41PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:12PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:28AM – 12:01PM	Gara Until 6:40PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 6:40PM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
Until 6:36AM					
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau	Cairo, Egypt Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 24.59	Tithi 4	<b>Gulika</b> 5:48AM – 7:21AM	<b>Bharani Until 9:19AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:48AM	
		Yama 1:33PM – 3:06PM	Vishkambha* Until 2:20PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:12PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 8:54AM – 10:27AM	Vanija Until 7:47AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:47PM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
Until 9:19AM					
Then Creative Work - Amrita Yoga					

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Cairo, Egypt Sun 19 Sutra 350 Vikarin 5121
Vrishabha Rasi: 7.04	Tithi 5	<b>Gulika</b> 3:07PM – 4:40PM	<b>Krittika Until 11:37AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:47AM	
		Yama 12:00PM – 1:33PM	Priti Until 2:46PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:13PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 4:40PM – 6:13PM	Bava Until 9:44AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 10:33PM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Cairo, Egypt Sun 20 Sutra 351 Vikarin 5121
Vrishabha Rasi: 19.17	Tithi 6	<b>Gulika</b> 1:33PM – 3:07PM	<b>Rohini Until 1:50PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:46AM	
<b>Family Home Evening</b>		Yama 10:26AM – 12:00PM	Ayushman Until 2:50PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:14PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 7:19AM – 8:53AM	Kaulava Until 11:16AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 11:49PM</b>	<b>Chaitra-Panguni</b>	<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Cairo, Egypt Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 1.45	Tithi 7	<b>Gulika</b> 11:59AM – 1:33PM	<b>Mrigashira Until 3:17PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:44AM	
		Yama 8:52AM – 10:26AM	Saubhagya Until 2:26PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:14PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:07PM – 4:41PM	Gara Until 12:13PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 12:25AM Wed</b>	<b>Chaitra-Panguni</b>	<b>Subha Sivaloka Day</b>
Until 3:17PM					
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Cairo, Egypt Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 14.32	Tithi 8	<b>Gulika</b> 10:26AM – 11:59AM	<b>Ardra Until 3:53PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:44AM	
		Yama 7:18AM – 8:52AM	Sobhana Until 1:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:14PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 11:59AM – 1:33PM	Visti Until 12:26PM	<b>Nataraja:</b> Purple	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 12:14AM Thu</b>	<b>Chaitra-Panguni</b>	<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Cairo, Egypt Sun 23 Sutra 354 Vikarin 5121
Mithuna Rasi: 27.43	Tithi 9	<b>Gulika</b> 8:51AM – 10:25AM	<b>Punarvasu Until 3:59PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:43AM	
		Yama 5:43AM – 7:17AM	Athiganda* Until 11:52AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:15PM	Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:33PM – 3:07PM	Balava Until 11:51AM	<b>Nataraja:</b> Purple	Navami
Creative Work	Amrita Yoga		<b>Navami* Until 11:13PM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
		<b>Sri Rama Navami</b>			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Cairo, Egypt Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 11.2	Tithi 10	<b>Gulika</b> 7:16AM – 8:50AM	<b>Pushya</b> Until 3:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:42AM		
		Yama 3:07PM – 4:41PM	Sukarma Until 9:37AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 49	
		143933468 <b>Rahu</b> 10:25AM – 11:59AM	Taitila Until 10:26AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 9:25PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>2</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau			Cairo, Egypt Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 25.28	Tithi 11	<b>Gulika</b> 5:41AM – 7:15AM	<b>Ashlesha*</b> Until 1:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:41AM		
		Yama 1:33PM – 3:07PM	Dhriti Until 6:46AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49	
		143933468 <b>Rahu</b> 8:50AM – 10:24AM	Vanija Until 8:15AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 6:54PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 1:24PM		<b>Yogaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau			Cairo, Egypt Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 10.02	Tithi 12 – 13	<b>Gulika</b> 3:07PM – 4:42PM	<b>Magha*</b> Until 11:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:40AM		
		Yama 11:58AM – 1:33PM	Ganda* Until 11:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 49	
		153933468 <b>Rahu</b> 4:42PM – 6:17PM	Kaulava Until 2:05AM Mon	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga		<b>Dvodashi</b> Until 3:47PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 11:19AM				<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Cairo, Egypt Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 24.59	Tithi 13 – 14	<b>Gulika</b> 1:33PM – 3:08PM	<b>Purvaphalguni</b> Until 8:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:39AM		
<b>Family Home Evening</b>		Yama 10:23AM – 11:58AM	Vridhhi Until 7:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:13AM – 8:48AM	Gara Until 10:23PM	<b>Nataraja:</b> Purple		4th Phase	
			<b>Trayodashi</b> Until 12:15PM	Moon – Red		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hashta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Cairo, Egypt Sun 28 Sutra 359 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:58AM – 1:33PM	<b>Hashta</b> Until 2:34AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:37AM		
Kanya Rasi: 10.12	Tithi 14 – 15	Yama 8:48AM – 10:23AM	Dhruva Until 3:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 49	
		164933468 <b>Rahu</b> 3:08PM – 4:43PM	Visti Until 6:31PM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:27AM	Moon – Green		<b>Devaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>			
		<b>Hanuman Jayanti</b>					

<b>5</b>		<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Cairo, Egypt Sun 29 Sutra 360 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:22AM – 11:57AM	<b>Chitra</b> Until 11:33PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:36AM		
Kanya Rasi: 25.3	Tithi 16	Yama 7:12AM – 8:47AM	Vyaghata* Until 10:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 49	
		164934468 <b>Rahu</b> 11:57AM – 1:33PM	Balava Until 2:39PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 12:45AM Thu	Moon – Green		<b>Devaloka Day</b>	
				<b>Chaitra•Panguni</b>			





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Cairo, Egypt  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 10.43 Tithi 17

**Gulika** 8:46AM – 10:22AM  
Yama 5:35AM – 7:11AM  
164134468 **Rahu** 1:33PM – 3:08PM

**Svati Until 8:39PM**  
Harshana Until 6:27AM  
Taitila Until 10:57AM  
**Dvitiya Until 9:12PM**

**Ganesha:** White *Sunrise:* 5:35AM  
**Muruqa:** Clear *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 8:39PM  
Then Creative Work - Siddha Yoga

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cairo, Egypt  
Sun 1  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 25.42 Tithi 18

**Gulika** 7:10AM – 8:45AM  
Yama 3:08PM – 4:44PM  
174134468 **Rahu** 10:21AM – 11:57AM

**Vishakha Until 6:27PM**  
Siddhi Until 10:54PM  
Vanija Until 7:36AM  
**Tritiya Until 6:06PM**

**Ganesha:** Yellow *Sunrise:* 5:34AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt  
Sun 2  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 10.17 Tithi 19 – 20

**Gulika** 5:33AM – 7:09AM  
Yama 1:32PM – 3:08PM  
174134468 **Rahu** 8:45AM – 10:21AM

**Anuradha Until 4:43PM**  
Vyatipata\* Until 7:51PM  
Kaulava Until 2:36AM Sun  
**Chaturthi\* Until 3:34PM**

**Ganesha:** Yellow *Sunrise:* 5:33AM  
**Muruqa:** Clear *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Vriyaji/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Cairo, Egypt  
Sun 3  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 24.25 Tithi 20 – 21

**Gulika** 3:09PM – 4:45PM  
Yama 11:56AM – 1:32PM  
174134468 **Rahu** 4:45PM – 6:21PM

**Jyeshtha\* Until 3:33PM**  
Vriyaji Until 5:23PM  
Gara Until 1:12AM Mon  
**Panchami Until 1:47PM**

**Ganesha:** Yellow *Sunrise:* 5:32AM  
**Muruqa:** Clear *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 3:33PM  
Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cairo, Egypt  
Sun 4  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 8.03 Tithi 21 – 22

**Family Home Evening**

**Gulika** 1:32PM – 3:09PM  
Yama 10:20AM – 11:56AM  
184134468 **Rahu** 7:07AM – 8:43AM

**Mula\* Until 3:31PM**  
Parigha\* Until 3:36PM  
Visti Until 12:39AM Tue  
**Shashthi\* Until 12:48PM**

**Ganesha:** Blue *Sunrise:* 5:31AM  
**Muruqa:** Clear *Sunset:* 6:22PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:31PM  
Then Routine Work - Marana Yoga

**Tamil New Year**

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt  
Sun 5  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 21.13 Tithi 22 – 23

**Gulika** 11:56AM – 1:32PM  
Yama 8:43AM – 10:19AM  
284134468 **Rahu** 3:09PM – 4:46PM

**Purvashadha\* Until 4:09PM**  
Shiva Until 2:30PM  
Balava Until 12:57AM Wed  
**Saptami Until 12:41PM**

**Ganesha:** Yellow *Sunrise:* 5:29AM  
**Muruqa:** Clear *Sunset:* 6:22PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 4:09PM  
Then Routine Work - Prabalarishta Yoga

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt  
Sun 6  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 3.58 Tithi 23 – 24

**Gulika** 10:19AM – 11:56AM  
Yama 7:05AM – 8:42AM  
284134468 **Rahu** 11:56AM – 1:32PM

**Uttarashadha Until 5:24PM**  
Siddha Until 2:00PM  
Taitila Until 1:59AM Thu  
**Ashtami\* Until 1:22PM**

**Ganesha:** Yellow *Sunrise:* 5:28AM  
**Muruqa:** Clear *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 5:24PM  
Then Creative Work - Siddha Yoga

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 7 Sutra 4
	Makara Rasi: 16.23	Tithi 24 – 25	<b>Gulika</b> 8:41AM – 10:18AM	<b>Shravana</b> Until 7:36PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:27AM	Sarvari 5122
			Yama 5:27AM – 7:04AM	Sadhya Until 2:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1
	294134468		<b>Rahu</b> 1:32PM – 3:09PM	Vanija Until 3:38AM Fri	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Moon – Purple		<b>Devaloka Day</b>	
			<b>Navami*</b> Until 2:44PM	<b>Chaitra*Chaitra</b>			


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 8 Sutra 5
	Makara Rasi: 28.34	Tithi 25 – 26	<b>Gulika</b> 7:03AM – 8:41AM	<b>Dhanishtha</b> Until 10:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:26AM	Sarvari 5122
			Yama 3:10PM – 4:47PM	Subha Until 2:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 1
	294134468		<b>Rahu</b> 10:18AM – 11:55AM	Bava Until 5:43AM Sat	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		<b>Devaloka Day</b>	
			<b>Dashami</b> Until 4:37PM	<b>Chaitra*Chaitra</b>			


<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava Karana Ekadashyam Titau				Cairo, Egypt Sun 9 Sutra 6
	Kumbha Rasi: 10.35	Tithi 26	<b>Gulika</b> 5:25AM – 7:02AM	<b>Shatabhishak</b> Until 12:46AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM	Sarvari 5122
			Yama 1:32PM – 3:10PM	Sukla Until 3:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 1
	295134468		<b>Rahu</b> 8:40AM – 10:17AM	Balava Until 6:51PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Purple		<b>Sivaloka Day</b>	
			<b>Ekadashi*</b> Until 6:51PM	<b>Chaitra*Chaitra</b>			
Until 12:46AM Sun							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Cairo, Egypt Sun 10 Sutra 7
	Kumbha Rasi: 22.3	Tithi 27	<b>Gulika</b> 3:10PM – 4:48PM	<b>Purvaproshtapada*</b> Until 3:53AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM	Sarvari 5122
			Yama 11:55AM – 1:32PM	Brahma Until 4:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 4:48PM – 6:25PM	Kaulava Until 8:03AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>	
			<b>Dvadashi*</b> Until 9:15PM	<b>Chaitra*Chaitra</b>			

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Cairo, Egypt Sun 11 Sutra 8
	Meena Rasi: 4.22	Tithi 28	<b>Gulika</b> 1:32PM – 3:10PM	<b>Uttaraproshtapada</b> Until 6:51AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:23AM	Sarvari 5122
			Yama 10:17AM – 11:54AM	Indra Until 5:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 7:01AM – 8:39AM	Gara Until 10:30AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>	
			<b>Trayodashi*</b> Until 11:42PM	<b>Chaitra*Chaitra</b>			
			<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Cairo, Egypt Sun 12 Sutra 9
	Meena Rasi: 16.14	Tithi 29	<b>Gulika</b> 11:54AM – 1:32PM	<b>Uttaraproshtapada</b> Until 6:51AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	Sarvari 5122
			Yama 8:38AM – 10:16AM	Vaidhriti* Until 5:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 3:10PM – 4:48PM	Visti Until 12:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Clear		<b>Sivaloka Day</b>	
			<b>Chaturdashi*</b> Until 2:06AM Wed	<b>Chaitra*Chaitra</b>			
Until 6:51AM							
Then Creative Work - Siddha Yoga							

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cairo, Egypt Sun 13 Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 10:16AM – 11:54AM	<b>Revati</b> Until 9:35AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	Sarvari 5122
	Meena Rasi: 28.08	Tithi 30	Yama 6:59AM – 8:37AM	Vishkambha* Until 6:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 11:54AM – 1:32PM	Catuspada Until 3:17PM	<b>Nataraja:</b> Purple		Amavasya
Routine Work	Marana Yoga			Moon – Clear		<b>Sivaloka Day</b>	
			<b>Amavasya*</b> Until 4:23AM Thu	<b>Chaitra*Chaitra</b>			

	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Cairo, Egypt Sun 14 Sutra 11
	<b>Retreat Star</b>		<b>Gulika</b> 8:37AM – 10:15AM	<b>Ashvini</b> Until 12:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:20AM	Sarvari 5122
	Mesha Rasi: 10.04	Tithi 1	Yama 5:20AM – 6:58AM	Priti Until 7:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 1
	225134468		<b>Rahu</b> 1:32PM – 3:11PM	Kintughna Until 5:29PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga			Moon – White		<b>Sivaloka Day</b>	
			<b>Prathama*</b> Until 6:29AM Fri	<b>Vaisaka*Chaitra</b>			
Until 12:31PM							
Then Creative Work - Siddha Yoga							

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cairo, Egypt Sun 15 Sutra 12
Mesha Rasi: 22.04	Tithi 1 – 2	<b>Gulika</b> 6:58AM – 8:36AM	<b>Bharani Until 3:06PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:19AM			Sarvari 5122
		Yama 3:11PM – 4:50PM	Ayushman Until 7:59PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:28PM			Moon 4 - Phase 2
		225134469 <b>Rahu</b> 10:15AM – 11:54AM	Balava Until 7:28PM	<b>Nataraja:</b> Clear				3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 6:29AM</b>	Moon – White			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Cairo, Egypt Sun 16 Sutra 13
Vrishabha Rasi: 4.11	Tithi 2 – 3	<b>Gulika</b> 5:18AM – 6:57AM	<b>Krittika Until 5:16PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:18AM			Sarvari 5122
		Yama 1:32PM – 3:11PM	Saubhagya Until 8:19PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:29PM			Moon 4 - Phase 2
		225134469 <b>Rahu</b> 8:36AM – 10:15AM	Taitila Until 9:11PM	<b>Nataraja:</b> Clear				3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 8:21AM</b>	Moon – White			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Cairo, Egypt Sun 17 Sutra 14
Vrishabha Rasi: 16.25	Tithi 3 – 4	<b>Gulika</b> 3:11PM – 4:51PM	<b>Rohini Until 7:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:17AM			Sarvari 5122
		Yama 11:53AM – 1:32PM	Sobhana Until 8:24PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:30PM			Moon 4 - Phase 2
		235134469 <b>Rahu</b> 4:51PM – 6:30PM	Vanija Until 10:32PM	<b>Nataraja:</b> Clear				3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 9:53AM</b>	Moon – Yellow			<b>Devaloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>				

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 15
Vrishabha Rasi: 28.48	Tithi 4 – 5	<b>Gulika</b> 1:32PM – 3:12PM	<b>Mrigashira Until 9:00PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM			Sarvari 5122
<b>Family Home Evening</b>		Yama 10:14AM – 11:53AM	Athiganda* Until 8:07PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:30PM			Moon 4 - Phase 2
Creative Work	Amrita Yoga	235134469 <b>Rahu</b> 6:55AM – 8:35AM	Bava Until 11:27PM	<b>Nataraja:</b> Clear				3rd Phase
Until 9:00PM			<b>Chaturthi* Until 11:02AM</b>	Moon – Yellow			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>				

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt Sun 19 Sutra 16
Mithuna Rasi: 11.24	Tithi 5 – 6	<b>Gulika</b> 11:53AM – 1:32PM	<b>Ardra Until 9:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:15AM			Sarvari 5122
		Yama 8:34AM – 10:13AM	Sukarma Until 7:27PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:31PM			Moon 4 - Phase 2
		236134469 <b>Rahu</b> 3:12PM – 4:51PM	Kaulava Until 11:49PM	<b>Nataraja:</b> Clear				3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 11:41AM</b>	Moon – Yellow			<b>Bhuloka Day</b>	
Until 9:55PM				<b>Vaisaka-Chaitra</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt Sun 20 Sutra 17
Mithuna Rasi: 24.16	Tithi 6 – 7	<b>Gulika</b> 10:13AM – 11:53AM	<b>Punarvasu Until 10:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM			Sarvari 5122
		Yama 6:54AM – 8:33AM	Dhriti Until 6:19PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:32PM			Moon 4 - Phase 2
		246134469 <b>Rahu</b> 11:53AM – 1:33PM	Gara Until 11:34PM	<b>Nataraja:</b> Clear				3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 11:45AM</b>	Moon – Blue			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 21 Sutra 18
Kataka Rasi: 7.27	Tithi 7 – 8	<b>Gulika</b> 8:33AM – 10:13AM	<b>Pushya Until 10:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM			Sarvari 5122
		Yama 5:13AM – 6:53AM	Shula* Until 4:39PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:32PM			Moon 4 - Phase 2
		246134469 <b>Rahu</b> 1:33PM – 3:12PM	Visti Until 10:40PM	<b>Nataraja:</b> Clear				Ashtami
Creative Work	Amrita Yoga		<b>Saptami Until 11:11AM</b>	Moon – Blue			<b>Devaloka Day</b>	
Until 10:23PM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 22 Sutra 19
Kataka Rasi: 21	Tithi 8 – 9	<b>Gulika</b> 6:52AM – 8:32AM	<b>Ashlesha* Until 9:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM			Sarvari 5122
		Yama 3:13PM – 4:53PM	Ganda* Until 2:27PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:34PM			Moon 4 - Phase 2
		246134469 <b>Rahu</b> 10:12AM – 11:52AM	Balava Until 9:06PM	<b>Nataraja:</b> Clear				Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 9:57AM</b>	Moon – Blue			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau			Cairo, Egypt Sun 23 Sutra 20
Simha Rasi: 4.56	Tithi 9 – 10	<b>Gulika</b> 5:11AM – 6:51AM	<b>Magha* Until 8:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
		Yama 1:33PM – 3:13PM	Vriddhi Until 11:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 8:31AM – 10:12AM	Taitila Until 6:55PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Navami* Until 8:04AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 8:06PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Cairo, Egypt Sun 24 Sutra 21
Simha Rasi: 19.16	Tithi 11	<b>Gulika</b> 3:14PM – 4:54PM	<b>Purvaphalguni Until 6:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM	Sarvari 5122	
		Yama 11:52AM – 1:33PM	Dhruva Until 8:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 4:54PM – 6:35PM	Vanija Until 4:11PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 2:38AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 6:08PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau			Cairo, Egypt Sun 25 Sutra 22
Kanya Rasi: 3.57	Tithi 12	<b>Gulika</b> 1:33PM – 3:14PM	<b>Uttaraphalguni Until 3:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:11AM – 11:52AM	Harshana Until 1:10AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 6:50AM – 8:31AM	Bava Until 1:02PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 11:20PM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cairo, Egypt Sun 26 Sutra 23
Kanya Rasi: 18.53	Tithi 13	<b>Gulika</b> 11:52AM – 1:33PM	<b>Hasta Until 1:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM	Sarvari 5122	
		Yama 8:30AM – 10:11AM	Vajra* Until 9:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:14PM – 4:55PM	Kaulava Until 9:36AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:48PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			
						<i>Pradosha Vrata</i>	

<b>5</b>		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau			Cairo, Egypt Sun 27 Sutra 24
Tula Rasi: 3.56	Tithi 14 – 15	<b>Gulika</b> 10:11AM – 11:52AM	<b>Chitra Until 10:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 6:48AM – 8:30AM	Siddhi Until 5:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 11:52AM – 1:33PM	Gara Until 6:02AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 4:14PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

		<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Cairo, Egypt Sun 25 Sutra 25
Tula Rasi: 18.59	Tithi 15 – 16	<b>Gulika</b> 8:29AM – 10:11AM	<b>Svati Until 7:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 5:07AM – 6:48AM	Vyatipata* Until 1:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 1:33PM – 3:15PM	Balava Until 11:07PM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Amrita Yoga		<b>Purnima* Until 12:45PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 7:28AM				<b>Vaisaka*Chaitra</b>			
Then Creative Work - Siddha Yoga		<b>Budha Purnima (Tamil Nadu)</b>					

<b>Friday, May 8, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Cairo, Egypt Sun 26 Sutra 26
Vrischika Rasi: 3.52	Tithi 16 – 17	<b>Gulika</b> 6:47AM – 8:29AM	<b>Anuradha Until 3:03AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	Sarvari 5122	
		Yama 3:15PM – 4:57PM	Variyan Until 9:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 10:10AM – 11:52AM	Taitila Until 8:07PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 9:33AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda