



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

**Gulika** 4:01PM – 5:48PM  
**Yama** 12:25PM – 2:13PM  
**Rahu** 5:48PM – 7:36PM

**Vishakha** **Until 12:28PM**  
**Vyatipata\*** **Until 10:59PM**  
**Vanija** **Until 7:23PM**  
**Dvitiya** **Until 8:01AM**

**Ganesha:** Blue *Sunrise: 5:15AM*  
**Muruqa:** Yellow *Sunset: 7:36PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Bremen, Germany  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 13.12 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

**Gulika** 2:13PM – 4:01PM  
**Yama** 10:37AM – 12:25PM  
**Rahu** 7:01AM – 8:49AM

**Anuradha** **Until 12:13PM**  
**Variyan** **Until 9:23PM**  
**Bava** **Until 6:39PM**  
**Tritiya** **Until 6:54AM**

**Ganesha:** Blue *Sunrise: 5:13AM*  
**Muruqa:** Yellow *Sunset: 7:38PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Bremen, Germany  
Sun 1  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 26.22 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 12:25PM – 2:14PM  
**Yama** 8:48AM – 10:36AM  
**Rahu** 4:02PM – 5:51PM

**Jyeshtha\*** **Until 12:35PM**  
**Parigha\*** **Until 8:27PM**  
**Kaulava** **Until 6:43PM**  
**Chaturthi\*** **Until 6:33AM**

**Ganesha:** Blue *Sunrise: 5:10AM*  
**Muruqa:** Yellow *Sunset: 7:39PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Bremen, Germany  
Sun 2  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 9.07 Tithi 20 – 21

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:36AM – 12:25PM  
**Yama** 6:57AM – 8:47AM  
**Rahu** 12:25PM – 2:14PM

**Mula\*** **Until 2:04PM**  
**Shiva** **Until 8:09PM**  
**Gara** **Until 7:36PM**  
**Panchami** **Until 7:02AM**

**Ganesha:** Yellow *Sunrise: 5:08AM*  
**Muruqa:** Yellow *Sunset: 7:41PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra\*Chaitra**

Bremen, Germany  
Sun 3  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 21.31 Tithi 21 – 22

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:45AM – 10:35AM  
**Yama** 5:06AM – 6:56AM  
**Rahu** 2:14PM – 4:04PM

**Purvashadha\*** **Until 4:08PM**  
**Siddha** **Until 8:23PM**  
**Visti** **Until 9:12PM**  
**Shashthi\*** **Until 8:18AM**

**Ganesha:** Yellow *Sunrise: 5:06AM*  
**Muruqa:** Yellow *Sunset: 7:43PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Bremen, Germany  
Sun 4  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**D**

**Friday, April 26, 2019**

**Retreat Star**

Makara Rasi: 3.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 6:54AM – 8:44AM  
**Yama** 4:05PM – 5:55PM  
**Rahu** 10:34AM – 12:24PM

**Uttarashadha** **Until 6:35PM**  
**Sadhya** **Until 9:04PM**  
**Balava** **Until 11:22PM**  
**Saptami** **Until 10:13AM**

**Ganesha:** Red *Sunrise: 5:04AM*  
**Muruqa:** Yellow *Sunset: 7:45PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Bremen, Germany  
Sun 5  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Devaloka Day**

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 15.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:02AM – 6:52AM  
**Yama** 2:15PM – 4:05PM  
**Rahu** 8:43AM – 10:34AM

**Shravana** **Until 9:44PM**  
**Subha** **Until 10:01PM**  
**Taitila** **Until 1:51AM Sun**  
**Ashtami\*** **Until 12:34PM**

**Ganesha:** Green *Sunrise: 5:02AM*  
**Muruqa:** Yellow *Sunset: 7:47PM*  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra\*Chaitra**

Bremen, Germany  
Sun 6  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Bremen, Germany Sun 7 Sutra 14
Makara Rasi: 27.23	Tithi 24 – 25	<b>Gulika</b> 4:06PM – 5:57PM	<b>Dhanishtha</b> <b>Until 12:48AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:00AM</i>		Vikarin 5121
		Yama 12:24PM – 2:15PM	Sukla <b>Until 11:01PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 7:48PM</i>		Moon 4 - Phase 3
		294583469 <b>Rahu</b> 5:57PM – 7:48PM	Vanija <b>Until 4:24AM Mon</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 3:06PM</b>	Moon – Purple	<b>Bhuloka Day</b>	
Until 12:48AM Mon				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Bremen, Germany Sun 8 Sutra 15
Kumbha Rasi: 9.13	Tithi 25 – 26	<b>Gulika</b> 2:15PM – 4:07PM	<b>Shatabhishak</b> <b>Until 3:34AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise: 4:58AM</i>		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:32AM – 12:24PM	Brahma <b>Until 11:57PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 7:50PM</i>		Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:49AM – 8:41AM	Bava <b>Until 6:46AM Tue</b>	<b>Nataraja:</b> Clear		2nd Phase
Until 3:34AM Tue			<b>Dashami</b> <b>Until 5:36PM</b>	Moon – Purple	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Bremen, Germany Sun 9 Sutra 16
Kumbha Rasi: 21.07	Tithi 26	<b>Gulika</b> 12:24PM – 2:16PM	<b>Purvaproshtapada*</b> <b>Until 6:21AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:56AM</i>		Vikarin 5121
		Yama 8:40AM – 10:32AM	Indra <b>Until 12:39AM Wed</b>	<b>Muruqa:</b> Yellow <i>Sunset: 7:52PM</i>		Moon 4 - Phase 3
		214583469 <b>Rahu</b> 4:08PM – 6:00PM	Bava <b>Until 6:46AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 7:49PM</b>	Moon – Clear	<b>Bhuloka Day</b>	
Until 6:21AM Wed				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Bremen, Germany Sun 10 Sutra 17
Meena Rasi: 3.08	Tithi 27	<b>Gulika</b> 10:31AM – 12:24PM	<b>Purvaproshtapada*</b> <b>Until 6:21AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:54AM</i>		Vikarin 5121
		Yama 6:46AM – 8:39AM	Vaidhriti* <b>Until 12:59AM Thu</b>	<b>Muruqa:</b> Yellow <i>Sunset: 7:54PM</i>		Moon 4 - Phase 3
		214583469 <b>Rahu</b> 12:24PM – 2:16PM	Kaulava <b>Until 8:47AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 9:36PM</b>	Moon – Clear	<b>Bhuloka Day</b>	
Until 6:21AM				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Bremen, Germany Sun 11 Sutra 18
Meena Rasi: 15.22	Tithi 28	<b>Gulika</b> 8:38AM – 10:31AM	<b>Uttaraproshtapada</b> <b>Until 8:31AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:52AM</i>		Vikarin 5121
		Yama 4:52AM – 6:45AM	Vishkambha* <b>Until 12:56AM Fri</b>	<b>Muruqa:</b> Yellow <i>Sunset: 7:55PM</i>		Moon 4 - Phase 3
		215583469 <b>Rahu</b> 2:16PM – 4:09PM	Gara <b>Until 10:19AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 10:52PM</b>	Moon – Clear	<b>Bhuloka Day</b>	
Until 10:01AM				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

*Pradosha Vrata (Fasting)*

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Bremen, Germany Sun 12 Sutra 19
Meena Rasi: 27.48	Tithi 29	<b>Gulika</b> 6:43AM – 8:37AM	<b>Revati</b> <b>Until 10:01AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:50AM</i>		Vikarin 5121
		Yama 4:10PM – 6:04PM	Priti <b>Until 12:28AM Sat</b>	<b>Muruqa:</b> Yellow <i>Sunset: 7:57PM</i>		Moon 4 - Phase 3
		215583469 <b>Rahu</b> 10:30AM – 12:23PM	Visti <b>Until 11:19AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:36PM</b>	Moon – Clear	<b>Bhuloka Day</b>	
Until 10:01AM				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Bremen, Germany Sun 13 Sutra 20
Mesha Rasi: 10.29	Tithi 30	<b>Gulika</b> 4:48AM – 6:42AM	<b>Ashvini</b> <b>Until 11:18AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:48AM</i>		Vikarin 5121
		Yama 2:17PM – 4:11PM	Ayushman <b>Until 11:34PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 7:59PM</i>		Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:36AM – 10:29AM	Catuspada <b>Until 11:47AM</b>	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 11:47PM</b>	Moon – White	<b>Bhuloka Day</b>	
Until 11:55AM				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Bremen, Germany Sun 14 Sutra 21
Mesha Rasi: 23.26	Tithi 1	<b>Gulika</b> 4:12PM – 6:06PM	<b>Bharani</b> <b>Until 11:55AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:46AM</i>		Vikarin 5121
		Yama 12:23PM – 2:18PM	Saubhagya <b>Until 10:18PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 8:01PM</i>		Moon 4 - Phase 3
		225583469 <b>Rahu</b> 6:06PM – 8:01PM	Kintughna <b>Until 11:43AM</b>	<b>Nataraja:</b> Clear		Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 11:30PM</b>	Moon – White	<b>Bhuloka Day</b>	
Until 11:55AM				<b>Vaisaka*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau			Bremen, Germany Sun 15 Sutra 22
<b>1</b>		<b>Gulika</b> 2:18PM – 4:13PM	<b>Krittika</b> Until 11:58AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:44AM	Vikarin 5121
Vrishabha Rasi: 7	Tithi 2	Yama 10:28AM – 12:23PM	Sobhana Until 8:43PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:02PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:39AM – 8:34AM	Balava Until 11:13AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 10:49PM	Moon – White	<b>Bhuloka Day</b>
Until 11:58AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau			Bremen, Germany Sun 16 Sutra 23
<b>2</b>		<b>Gulika</b> 12:23PM – 2:18PM	<b>Rohini</b> Until 11:56AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:42AM	Vikarin 5121
Vrishabha Rasi: 19.59	Tithi 3	Yama 8:33AM – 10:28AM	Athiganda* Until 6:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:06PM	Moon 4 - Phase 4
	235583469	<b>Rahu</b> 4:14PM – 6:09PM	Taitila Until 10:21AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			Taitila Until 10:21AM	Moon – Yellow	<b>Bhuloka Day</b>
Until 11:56AM		<b>Akshaya Tritiya</b>	<b>Tritiya</b> Until 9:46PM	<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Vishti* Karana Chaturthyam Titau			Bremen, Germany Sun 17 Sutra 24
<b>3</b>		<b>Gulika</b> 10:27AM – 12:23PM	<b>Mrigashira</b> Until 11:27AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:40AM	Vikarin 5121
Mithuna Rasi: 3.33	Tithi 4	Yama 6:36AM – 8:32AM	Sukarma Until 4:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:06PM	Moon 4 - Phase 4
	235583469	<b>Rahu</b> 12:23PM – 2:19PM	Vanija Until 9:10AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 8:27PM	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau			Bremen, Germany Sun 18 Sutra 25
<b>4</b>		<b>Gulika</b> 8:31AM – 10:27AM	<b>Ardra</b> Until 10:35AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:38AM	Vikarin 5121
Mithuna Rasi: 17.16	Tithi 5	Yama 4:38AM – 6:35AM	Dhriti Until 2:28PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:07PM	Moon 4 - Phase 4
	235583469	<b>Rahu</b> 2:19PM – 4:15PM	Bava Until 7:43AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			Panchami Until 6:54PM	Moon – Yellow	<b>Bhuloka Day</b>
Until 10:35AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau			Bremen, Germany Sun 19 Sutra 26
<b>5</b>		<b>Gulika</b> 6:33AM – 8:30AM	<b>Punarvasu</b> Until 9:48AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:37AM	Vikarin 5121
Kataka Rasi: 1.07	Tithi 6 – 7	Yama 4:16PM – 6:13PM	Shula* Until 11:59AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:09PM	Moon 4 - Phase 4
	245583469	<b>Rahu</b> 10:26AM – 12:23PM	Kaulava Until 6:04AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 5:09PM	Moon – Blue	<b>Devaloka Day</b>
Until 9:48AM				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau			Bremen, Germany Sun 20 Sutra 27
<b>6</b>		<b>Gulika</b> 4:35AM – 6:32AM	<b>Pushya</b> Until 8:40AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:35AM	Vikarin 5121
Kataka Rasi: 15.05	Tithi 7 – 8	Yama 2:20PM – 4:17PM	Ganda* Until 9:22AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:11PM	Moon 4 - Phase 4
	245583469	<b>Rahu</b> 8:29AM – 10:26AM	Vishti Until 2:11AM Sun	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 3:12PM	Moon – Blue	<b>Devaloka Day</b>
Until 8:40AM				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Bremen, Germany Sun 21 Sutra 28
<b>Retreat Star</b>		<b>Gulika</b> 4:18PM – 6:15PM	<b>Ashlesha*</b> Until 7:14AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:33AM	Vikarin 5121
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 12:23PM – 2:20PM	Vridhhi Until 6:38AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:12PM	Moon 4 - Phase 4
	246583469	<b>Rahu</b> 6:15PM – 8:12PM	Balava Until 12:00AM Mon	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 1:05PM	Moon – Blue	<b>Devaloka Day</b>
Until 7:14AM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					


<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Bremen, Germany Sun 22 Sutra 29
<b>Retreat Star</b>		<b>Gulika</b> 2:21PM – 4:18PM	<b>Purvaphalguni</b> Until 4:22AM Tue	<b>Ganesha:</b> White <i>Sunrise:</i> 4:31AM	Vikarin 5121
Simha Rasi: 13.22	Tithi 9 – 10	Yama 10:25AM – 12:23PM	Vyaghata* Until 12:46AM Tue	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:14PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 6:29AM – 8:27AM	Taitila Until 9:41PM	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga			Navami* Until 10:50AM	Moon – Red	<b>Bhuloka Day</b>
Until 4:22AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>1</b>		<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Bremen, Germany Sun 23 Sutra 30
Simha Rasi: 27.38	Tithi 10 – 11	<b>Gulika</b> 12:23PM – 2:21PM	<b>Uttaraphalguni</b> Until 2:37AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
		Yama 8:26AM – 10:25AM	Harshana Until 9:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:16PM	Moon 4 - Phase 5	
	256583469	<b>Rahu</b> 4:19PM – 6:17PM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:29AM	Moon – Red		<b>Bhuloka Day</b>	
Until 2:37AM Wed				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau			Bremen, Germany Sun 24 Sutra 31
Kanya Rasi: 11.55	Tithi 11 – 12	<b>Gulika</b> 10:24AM – 12:23PM	<b>Hasta</b> Until 1:11AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama 6:27AM – 8:25AM	Vajra* Until 6:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:17PM	Moon 4 - Phase 5	
	266583469	<b>Rahu</b> 12:23PM – 2:21PM	Balava Until 3:45AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 6:06AM	Moon – Green		<b>Devaloka Day</b>	
Until 1:11AM Thu				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Bremen, Germany Sun 25 Sutra 32
Kanya Rasi: 26.11	Tithi 13	<b>Gulika</b> 8:25AM – 10:24AM	<b>Chitra</b> Until 11:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:27AM	Vikarin 5121	
		Yama 4:27AM – 6:26AM	Siddhi Until 3:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:19PM	Moon 4 - Phase 5	
	266583469	<b>Rahu</b> 2:22PM – 4:21PM	Kaulava Until 2:39PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 1:34AM Fri	Moon – Green		<b>Devaloka Day</b>	
Until 11:45PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Bremen, Germany Sun 26 Sutra 33
Tula Rasi: 10.19	Tithi 14	<b>Gulika</b> 6:24AM – 8:24AM	<b>Svati</b> Until 10:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:25AM	Vikarin 5121	
		Yama 4:22PM – 6:21PM	Vyatipata* Until 1:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:21PM	Moon 4 - Phase 5	
	266583469	<b>Rahu</b> 10:23AM – 12:23PM	Gara Until 12:35PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:39PM	Moon – Green		<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

		<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Bremen, Germany Sun 27 Sutra 34
<b>Copper Retreat Star</b>		<b>Gulika</b> 4:24AM – 6:23AM	<b>Vishakha</b> Until 9:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:24AM	Vikarin 5121	
Tula Rasi: 24.17	Tithi 15	Yama 2:23PM – 4:22PM	Variyan Until 10:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:22PM	Moon 4 - Phase 5	
	276583469	<b>Rahu</b> 8:23AM – 10:23AM	Visti Until 10:52AM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:09PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Sunday, May 19, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Bremen, Germany Sutra 35
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:23PM – 6:23PM	<b>Anuradha</b> Until 9:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:22AM	Vikarin 5121	
Vrischika Rasi: 7.58	Tithi 16	Yama 12:23PM – 2:23PM	Parigha* Until 8:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:24PM	Moon 4 - Phase 5	
	277583469	<b>Rahu</b> 6:23PM – 8:24PM	Balava Until 9:36AM	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 9:10PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 21.19 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:23PM – 4:24PM  
**Yama** 10:22AM – 12:23PM  
**Rahu** 6:21AM – 8:22AM

**Jyeshtha\* Until 9:47PM**  
Shiva Until 6:56AM  
Taitila Until 8:56AM  
**Dvitiya Until 8:49PM**

Bremen, Germany  
Sun 1 Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Yellow *Sunrise:* 4:21AM  
**Muruqa:** Yellow *Sunset:* 8:25PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**  
**Vaisaka-Vaikasi**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 4.19 Tithi 18  
Creative Work Amrita Yoga  
Until 10:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 12:23PM – 2:24PM  
**Yama** 8:21AM – 10:22AM  
**Rahu** 4:25PM – 6:26PM

**Mula\* Until 10:59PM**  
Sadhya Until 5:18AM Wed  
Vanija Until 8:55AM  
**Tritiya Until 9:10PM**

Bremen, Germany  
Sun 2 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 4:19AM  
**Muruqa:** Yellow *Sunset:* 8:27PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 16.59 Tithi 19  
Creative Work Amrita Yoga  
Until 12:43AM Thu  
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 10:22AM – 12:23PM  
**Yama** 6:19AM – 8:20AM  
**Rahu** 12:23PM – 2:24PM

**Purvashadha\* Until 12:43AM Thu**  
Subha Until 5:19AM Thu  
Bava Until 9:37AM  
**Chaturthi\* Until 10:12PM**

Bremen, Germany  
Sun 3 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 4:18AM  
**Muruqa:** Yellow *Sunset:* 8:28PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 29.21 Tithi 20  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 8:20AM – 10:21AM  
**Yama** 4:17AM – 6:18AM  
**Rahu** 2:25PM – 4:26PM

**Uttarashadha Until 2:52AM Fri**  
Sukla Until 5:45AM Fri  
Kaulava Until 10:59AM  
**Panchami Until 11:51PM**

Bremen, Germany  
Sun 4 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 4:17AM  
**Muruqa:** Yellow *Sunset:* 8:30PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**4**

**Friday, May 24, 2019**

Makara Rasi: 11.29 Tithi 21  
Routine Work Marana Yoga  
Until 5:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:17AM – 8:19AM  
**Yama** 4:27PM – 6:29PM  
**Rahu** 10:21AM – 12:23PM

**Shravana Until 5:47AM Sat**  
Brahma Until 6:31AM Sat  
Gara Until 12:54PM  
**Shashthi\* Until 1:59AM Sat**

Bremen, Germany  
Sun 5 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Green *Sunrise:* 4:15AM  
**Muruqa:** Yellow *Sunset:* 8:31PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, May 25, 2019**

Makara Rasi: 23.26 Tithi 22  
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika** 4:14AM – 6:16AM  
**Yama** 2:26PM – 4:28PM  
**Rahu** 8:19AM – 10:21AM

**Dhanishtha Until 8:44AM Sun**  
Brahma Until 6:31AM  
Visti Until 3:11PM  
**Saptami Until 4:22AM Sun**

Bremen, Germany  
Sun 6 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Green *Sunrise:* 4:14AM  
**Muruqa:** Yellow *Sunset:* 8:32PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 5.18 Tithi 23  
Routine Work Marana Yoga  
Until 8:44AM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 4:29PM – 6:31PM  
**Yama** 12:23PM – 2:26PM  
**Rahu** 6:31PM – 8:34PM

**Dhanishtha Until 8:44AM**  
Indra Until 7:29AM  
Balava Until 5:37PM  
**Ashtami\* Until 6:47AM Mon**

Bremen, Germany  
Sun 7 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Ganesha:** Blue *Sunrise:* 4:13AM  
**Muruqa:** Yellow *Sunset:* 8:34PM  
**Nataraja:** Clear  
Moon – Purple

**Sivaloka Day**  
**Vaisaka-Vaikasi**

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 17.1 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:32AM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:26PM – 4:29PM  
**Yama** 10:20AM – 12:23PM  
**Rahu** 6:15AM – 8:18AM

**Shatabhishak Until 11:32AM**  
Vaidhriti\* Until 8:25AM  
Taitila Until 7:57PM  
**Ashtami\* Until 6:47AM**

Bremen, Germany  
Sun 8 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Ganesha:** Blue *Sunrise:* 4:12AM  
**Muruqa:** Yellow *Sunset:* 8:35PM  
**Nataraja:** Clear  
Moon – Purple

**Sivaloka Day**  
**Vaisaka-Vaikasi**


<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Bremen, Germany Sun 9	Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	<b>Gulika</b>	12:24PM – 2:27PM	<b>Purvaproshtapada* Until 2:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:11AM	Vikarin 5121	
		Yama	8:17AM – 10:20AM	Vishkamba* Until 9:12AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:37PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	4:30PM – 6:33PM	Vanija Until 10:00PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga			<b>Navami* Until 9:00AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:26PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Bremen, Germany Sun 10	Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	<b>Gulika</b>	10:20AM – 12:24PM	<b>Uttaraproshtapada Until 4:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:09AM	Vikarin 5121	
		Yama	6:13AM – 8:17AM	Priti Until 9:43AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:38PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	12:24PM – 2:27PM	Bava Until 11:34PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 10:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 4:45PM					<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Bremen, Germany Sun 11	Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	<b>Gulika</b>	8:16AM – 10:20AM	<b>Revati Until 6:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:08AM	Vikarin 5121	
		Yama	4:08AM – 6:12AM	Ayushman Until 9:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:39PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	2:28PM – 4:31PM	Kaulava Until 12:33AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 12:07PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:22PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Bremen, Germany Sun 12	Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	<b>Gulika</b>	6:12AM – 8:16AM	<b>Ashvini Until 7:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:08AM	Vikarin 5121	
		Yama	4:32PM – 6:36PM	Saubhagya Until 9:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:40PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b>	10:20AM – 12:24PM	Gara Until 12:54AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 12:47PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 7:42PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Bremen, Germany Sun 13	Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	<b>Gulika</b>	4:07AM – 6:11AM	<b>Bharani Until 8:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:07AM	Vikarin 5121	
		Yama	2:28PM – 4:33PM	Sobhana Until 8:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:41PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	8:15AM – 10:20AM	Visti Until 12:37AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 12:49PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 8:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Bremen, Germany Sun 14	Sutra 49
<b>Retreat Star</b>		<b>Gulika</b>	4:33PM – 6:38PM	<b>Krittika Until 8:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:06AM	Vikarin 5121	
Vrishabha Rasi: 2.03	Tithi 29 – 30	Yama	12:24PM – 2:29PM	Athiganda* Until 7:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:43PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	6:38PM – 8:43PM	Catuspada Until 11:44PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 12:14PM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Bremen, Germany Sun 15	Sutra 50
Vrishabha Rasi: 15.32	Tithi 30 – 1	<b>Gulika</b>	2:29PM – 4:34PM	<b>Rohini Until 7:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:05AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:19AM – 12:24PM	Dhriti Until 3:01AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:44PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b>	6:10AM – 8:15AM	Kintughna Until 10:22PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga			<b>Amavasya* Until 11:05AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Bremen, Germany Sun 16 Sutra 51
Vrishabha Rasi: 29.18	Tithi 1 – 2	<b>Gulika</b> 12:24PM – 2:30PM	<b>Mrigashira Until 6:39PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:04AM	Vikarin 5121
		Yama 8:14AM – 10:19AM	Shula* Until 12:28AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:45PM	Moon 5 - Phase 8
		339683461 <b>Rahu</b> 4:35PM – 6:40PM	Balava Until 8:35PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 9:30AM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>
Until 6:39PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Bremen, Germany Sun 17 Sutra 52
Mithuna Rasi: 13.17	Tithi 2 – 3	<b>Gulika</b> 10:19AM – 12:25PM	<b>Ardra Until 5:14PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:03AM	Vikarin 5121
		Yama 6:09AM – 8:14AM	Ganda* Until 9:42PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:46PM	Moon 5 - Phase 8
		339683461 <b>Rahu</b> 12:25PM – 2:30PM	Taitila Until 6:31PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:34AM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Bremen, Germany Sun 18 Sutra 53
Mithuna Rasi: 27.26	Tithi 4	<b>Gulika</b> 8:14AM – 10:19AM	<b>Punarvasu Until 3:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:03AM	Vikarin 5121
		Yama 4:03AM – 6:08AM	Vridhi Until 6:48PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:47PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 2:30PM – 4:36PM	Vanija Until 4:15PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 3:04AM Fri</b>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Bremen, Germany Sun 19 Sutra 54
Kataka Rasi: 11.41	Tithi 5	<b>Gulika</b> 6:08AM – 8:14AM	<b>Pushya Until 2:21PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:02AM	Vikarin 5121
		Yama 4:36PM – 6:42PM	Dhruva Until 3:49PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:48PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 10:19AM – 12:25PM	Bava Until 1:54PM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 12:42AM Sat</b>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Bremen, Germany Sun 20 Sutra 55
Kataka Rasi: 25.58	Tithi 6	<b>Gulika</b> 4:02AM – 6:08AM	<b>Ashlesha* Until 12:38PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:02AM	Vikarin 5121
		Yama 2:31PM – 4:37PM	Vyaghata* Until 12:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:49PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 8:13AM – 10:19AM	Kaulava Until 11:32AM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 10:20PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>
Until 12:38PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Bremen, Germany Sun 21 Sutra 56
Simha Rasi: 10.13	Tithi 7	<b>Gulika</b> 4:37PM – 6:44PM	<b>Magha* Until 11:14AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:01AM	Vikarin 5121
		Yama 12:25PM – 2:31PM	Harshana Until 9:53AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:50PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 6:44PM – 8:50PM	Gara Until 9:12AM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Saptami Until 8:03PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Until 11:14AM					
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Bremen, Germany Sun 22 Sutra 57
Simha Rasi: 24.25	Tithi 8 – 9	<b>Gulika</b> 2:32PM – 4:38PM	<b>Purvaphalguni Until 9:48AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:01AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:19AM – 12:26PM	Vajra* Until 7:00AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:50PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 6:07AM – 8:13AM	Visti Until 6:58AM	<b>Nataraja:</b> Yellow	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:52PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Bremen, Germany Sun 23 Sutra 58
Kanya Rasi: 8.32	Tithi 9 – 10	<b>Gulika</b> 12:26PM – 2:32PM	<b>Uttaraphalguni Until 8:21AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:00AM	Vikarin 5121
		Yama 8:13AM – 10:19AM	Vyatipata* Until 1:36AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:51PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 4:38PM – 6:45PM	Taitila Until 2:53AM Wed	<b>Nataraja:</b> Yellow	Navami
Creative Work	Amrita Yoga		<b>Navami* Until 3:49PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Until 8:21AM					
Then Creative Work - Siddha Yoga					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time


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<b>1</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasla/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bremen, Germany Sun 24 Sutra 59
	Kanya Rasi: 22.32	Tithi 10 - 11	<b>Gulika</b> 10:19AM - 12:26PM Yama 6:06AM - 8:13AM 361683461 <b>Rahu</b> 12:26PM - 2:32PM	<b>Hasta</b> <b>Until 7:21AM</b> Variyan <b>Until 11:07PM</b> Vanija <b>Until 1:08AM Thu</b> <b>Dashami</b> <b>Until 1:58PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon - Green	<b>Sunrise:</b> 4:00AM <b>Sunset:</b> 8:52PM	Vikarin 5121 Moon 5 - Phase 9 4th Phase
Routine Work Marana Yoga Until 7:21AM Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>2</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bremen, Germany Sun 25 Sutra 60
	Tula Rasi: 6.25	Tithi 11 - 12	<b>Gulika</b> 8:13AM - 10:19AM Yama 4:00AM - 6:06AM 361683461 <b>Rahu</b> 2:33PM - 4:39PM	<b>Chitra</b> <b>Until 6:25AM</b> Parigha* <b>Until 8:51PM</b> Bava <b>Until 11:39PM</b> <b>Ekadashi</b> <b>Until 12:20PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon - Green	<b>Sunrise:</b> 4:00AM <b>Sunset:</b> 8:53PM	Vikarin 5121 Moon 5 - Phase 9 4th Phase
Creative Work Siddha Yoga Until 6:25AM Then Creative Work - Amrita Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>3</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bremen, Germany Sun 26 Sutra 61
	Tula Rasi: 20.07	Tithi 12 - 13	<b>Gulika</b> 6:06AM - 8:13AM Yama 4:40PM - 6:46PM 371693461 <b>Rahu</b> 10:20AM - 12:26PM	<b>Vishakha</b> <b>Until 5:27AM Sat</b> Shiva <b>Until 6:52PM</b> Kaulava <b>Until 10:29PM</b> <b>Dvadashi</b> <b>Until 11:00AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Orange	<b>Sunrise:</b> 3:59AM <b>Sunset:</b> 8:53PM	Vikarin 5121 Moon 5 - Phase 9 4th Phase
Creative Work Siddha Yoga			<b>Sivaloka Day</b> <i>Pradosha Vrata</i>				

<b>4</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bremen, Germany Sun 27 Sutra 62
	Vrischika Rasi: 3.38	Tithi 13 - 14	<b>Gulika</b> 3:59AM - 6:06AM Yama 2:33PM - 4:40PM 371793461 <b>Rahu</b> 8:13AM - 10:20AM	<b>Anuradha</b> <b>Until 5:33AM Sun</b> Siddha <b>Until 5:09PM</b> Gara <b>Until 9:43PM</b> <b>Trayodashi</b> <b>Until 10:01AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Orange	<b>Sunrise:</b> 3:59AM <b>Sunset:</b> 8:54PM	Vikarin 5121 Moon 5 - Phase 9 4th Phase
Creative Work Siddha Yoga Until 5:33AM Sun Then Routine Work - Marana Yoga			<b>Subha Sivaloka Day</b> <b>Jyeshtha-Ani</b>				

	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Bremen, Germany Sutra 63
	Vrischika Rasi: 16.54	Tithi 14 - 15	<b>Gulika</b> 4:40PM - 6:47PM Yama 12:27PM - 2:34PM 371793461 <b>Rahu</b> 6:47PM - 8:54PM	<b>Jyeshtha*</b> <b>Until 6:00AM Mon</b> Sadhya <b>Until 3:49PM</b> Visti <b>Until 9:25PM</b> <b>Chaturdashi*</b> <b>Until 9:29AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Orange	<b>Sunrise:</b> 3:59AM <b>Sunset:</b> 8:54PM	Vikarin 5121 Moon 5 - Phase 9 Purnima
Routine Work Marana Yoga Until 6:00AM Mon Then Creative Work - Siddha Yoga			<b>Subha Sivaloka Day</b> <b>Father's Day</b> <b>Jyeshtha-Ani</b>				

<b>Monday, June 17, 2019</b>	<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bremen, Germany Sutra 64
	Vrischika Rasi: 29.55	Tithi 15 - 16	<b>Gulika</b> 2:34PM - 4:41PM Yama 10:20AM - 12:27PM 371793461 <b>Rahu</b> 6:06AM - 8:13AM	<b>Jyeshtha*</b> <b>Until 6:00AM</b> Subha <b>Until 2:55PM</b> Balava <b>Until 9:39PM</b> <b>Purnima*</b> <b>Until 9:27AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Orange	<b>Sunrise:</b> 3:59AM <b>Sunset:</b> 8:55PM	Vikarin 5121 Moon 5 - Phase 9 Prathama
Family Home Evening Creative Work Siddha Yoga Until 6:00AM Then Routine Work - Marana Yoga			<b>Subha Sivaloka Day</b> <b>Jyeshtha-Ani</b>				

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha\* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bremen, Germany  
Sutra 66

Dhanus Rasi: 12.39 Tithi 16 – 17

**Gulika** 12:27PM – 2:34PM  
Yama 8:13AM – 10:20AM  
381793461 **Rahu** 4:41PM – 6:48PM

**Mula\* Until 7:16AM**  
Sukla Until 2:26PM  
Taitila Until 10:28PM  
**Prathama\* Until 9:58AM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:59AM  
**Sunset:** 8:55PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

Until 7:16AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Bremen, Germany  
Sun 1 Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

**Gulika** 10:20AM – 12:27PM  
Yama 6:06AM – 8:13AM  
382793461 **Rahu** 12:27PM – 2:34PM

**Purvashadha\* Until 8:57AM**  
Brahma Until 2:24PM  
Vanija Until 11:49PM  
**Dvitiya Until 11:03AM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:59AM  
**Sunset:** 8:55PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Trilya/Chatrthyam Titau

Bremen, Germany  
Sun 2 Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

**Gulika** 8:13AM – 10:20AM  
Yama 3:59AM – 6:06AM  
382793461 **Rahu** 2:35PM – 4:42PM

**Uttarashadha Until 10:59AM**  
Indra Until 2:47PM  
Bava Until 1:40AM Fri  
**Tritya Until 12:40PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:59AM  
**Sunset:** 8:56PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 10:59AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bremen, Germany  
Sun 3 Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

**Gulika** 6:07AM – 8:14AM  
Yama 4:42PM – 6:49PM  
392793461 **Rahu** 10:21AM – 12:28PM

**Shravana Until 1:46PM**  
Vaidhriti\* Until 3:27PM  
Kaulava Until 3:51AM Sat  
**Chaturthi\* Until 2:42PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:59AM  
**Sunset:** 8:56PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 1:46PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bremen, Germany  
Sun 4 Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

**Gulika** 4:00AM – 6:07AM  
Yama 2:35PM – 4:42PM  
392793461 **Rahu** 8:14AM – 10:21AM

**Dhanishtha Until 4:39PM**  
Vishkambha\* Until 4:21PM  
Gara Until 6:13AM Sun  
**Panchami Until 5:00PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:00AM  
**Sunset:** 8:56PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Bremen, Germany  
Sun 5 Sutra 70

Kumbha Rasi: 13.16 Tithi 21

**Gulika** 4:42PM – 6:49PM  
Yama 12:28PM – 2:35PM  
392793461 **Rahu** 6:49PM – 8:56PM

**Shatabhishak Until 7:27PM**  
Priti Until 5:20PM  
Gara Until 6:13AM  
**Shashthi\* Until 7:24PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:00AM  
**Sunset:** 8:56PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Bremen, Germany  
Sun 6 Sutra 71

Kumbha Rasi: 25.08 Tithi 22

**Gulika** 2:35PM – 4:42PM  
Yama 10:21AM – 12:28PM  
312793461 **Rahu** 6:07AM – 8:14AM

**Purvaproshtapada\* Until 10:29PM**  
Ayushman Until 6:12PM  
Visti Until 8:35AM  
**Saptami Until 9:41PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:00AM  
**Sunset:** 8:56PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 10:29PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Bremen, Germany  
Sun 7 Sutra 72

Meena Rasi: 7.05 Tithi 23

**Gulika** 12:29PM – 2:35PM  
Yama 8:15AM – 10:22AM  
312793461 **Rahu** 4:42PM – 6:49PM

**Uttaraproshtapada Until 1:03AM Wed**  
Saubhagya Until 6:53PM  
Balava Until 10:45AM  
**Ashtami\* Until 11:40PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:01AM  
**Sunset:** 8:56PM

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga

Until 1:03AM Wed

Then Routine Work - Marana Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Bremen, Germany  
Sun 8 Sutra 73

Meena Rasi: 19.1 Tithi 24

**Gulika** 10:22AM – 12:29PM  
Yama 6:08AM – 8:15AM  
312793461 **Rahu** 12:29PM – 2:36PM

**Revati Until 2:59AM Thu**  
Sobhana Until 7:14PM  
Taitila Until 12:31PM  
**Navami\* Until 1:10AM Thu**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:01AM  
**Sunset:** 8:56PM

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

Until 2:59AM Thu

Then Creative Work - Amrita Yoga

**Sivaloka Day**

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Bremen, Germany Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	<b>Gulika</b> 8:15AM – 10:22AM	<b>Ashvini</b> Until 4:38AM Fri	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:02AM		Vikarin 5121
		Yama 4:02AM – 6:08AM	Athiganda* Until 7:06PM	<b>Muruqa:</b> Blue	<b>Sunset:</b> 8:56PM		Moon 6 - Phase 11
		322793461 <b>Rahu</b> 2:36PM – 4:43PM	Vanija Until 1:43PM	<b>Nataraja:</b> Yellow			2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 2:04AM Fri	Moon – White		<b>Devaloka Day</b>	
Until 4:38AM Fri				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Bremen, Germany Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	<b>Gulika</b> 6:09AM – 8:16AM	<b>Bharani</b> Until 5:26AM Sat	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:02AM		Vikarin 5121
		Yama 4:43PM – 6:49PM	Sukarma Until 6:27PM	<b>Muruqa:</b> Blue	<b>Sunset:</b> 8:56PM		Moon 6 - Phase 11
		322793461 <b>Rahu</b> 10:22AM – 12:29PM	Bava Until 2:16PM	<b>Nataraja:</b> Yellow			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 2:15AM Sat	Moon – White		<b>Devaloka Day</b>	
Until 5:26AM Sat				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Bremen, Germany Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	<b>Gulika</b> 4:03AM – 6:09AM	<b>Krittika</b> Until 5:22AM Sun	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:03AM		Vikarin 5121
		Yama 2:36PM – 4:43PM	Dhriti Until 5:14PM	<b>Muruqa:</b> Blue	<b>Sunset:</b> 8:56PM		Moon 6 - Phase 11
		322793461 <b>Rahu</b> 8:16AM – 10:23AM	Kaulava Until 2:06PM	<b>Nataraja:</b> Yellow			2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 1:43AM Sun	Moon – White		<b>Devaloka Day</b>	
Until 5:22AM Sun				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Bremen, Germany Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	<b>Gulika</b> 4:43PM – 6:49PM	<b>Rohini</b> Until 4:56AM Mon	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:03AM		Vikarin 5121
		Yama 12:29PM – 2:36PM	Shula* Until 3:25PM	<b>Muruqa:</b> Blue	<b>Sunset:</b> 8:56PM		Moon 6 - Phase 11
		322793461 <b>Rahu</b> 6:49PM – 8:56PM	Gara Until 1:12PM	<b>Nataraja:</b> Yellow			2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 12:29AM Mon	Moon – Yellow		<b>Devaloka Day</b>	
Until 4:56AM Mon				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bremen, Germany Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	<b>Gulika</b> 2:36PM – 4:43PM	<b>Mrigashira</b> Until 3:46AM Tue	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:04AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:23AM – 12:30PM	Ganda* Until 1:06PM	<b>Muruqa:</b> Blue	<b>Sunset:</b> 8:55PM		Moon 6 - Phase 11
		322793461 <b>Rahu</b> 6:10AM – 8:17AM	Visti Until 11:39AM	<b>Nataraja:</b> Yellow			2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 10:39PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 3:46AM Tue				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bremen, Germany Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	<b>Gulika</b> 12:30PM – 2:36PM	<b>Ardra</b> Until 1:59AM Wed	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:05AM		Vikarin 5121
		Yama 8:17AM – 10:24AM	Vridhhi Until 10:20AM	<b>Muruqa:</b> Blue	<b>Sunset:</b> 8:55PM		Moon 6 - Phase 11
		322793461 <b>Rahu</b> 4:42PM – 6:49PM	Catuspada Until 9:33AM	<b>Nataraja:</b> Yellow			Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 8:18PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 1:59AM Wed				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Bremen, Germany Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	<b>Gulika</b> 10:24AM – 12:30PM	<b>Punarvasu</b> Until 12:08AM Thu	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:05AM		Vikarin 5121
		Yama 6:12AM – 8:18AM	Dhruva Until 7:12AM	<b>Muruqa:</b> Blue	<b>Sunset:</b> 8:55PM		Moon 6 - Phase 11
		343793461 <b>Rahu</b> 12:30PM – 2:36PM	Kintughna Until 7:00AM	<b>Nataraja:</b> Yellow			Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:36PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 12:08AM Thu				<b>Ashada-Ani</b>			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Bremen, Germany Sun 16 Sutra 81
Kataka Rasi: 6.53	Tithi 2 - 3	<b>Gulika</b> 8:18AM - 10:24AM	<b>Pushya</b> Until 9:58PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:06AM	Vikarin 5121	
		Yama 4:06AM - 6:12AM	Harshana Until 12:19AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:54PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 2:36PM - 4:42PM	Taitila Until 1:10AM Fri	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 2:39PM	Moon - Blue		<b>Sivaloka Day</b>	
Until 9:58PM				<b>Ashada-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Bremen, Germany Sun 17 Sutra 82
Kataka Rasi: 21.34	Tithi 3 - 4	<b>Gulika</b> 6:13AM - 8:19AM	<b>Ashlesha*</b> Until 7:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:07AM	Vikarin 5121	
		Yama 4:42PM - 6:48PM	Vajra* Until 8:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:54PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:25AM - 12:30PM	Vanija Until 10:08PM	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> Until 11:37AM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Ashada-Ani</b>			

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Bremen, Germany Sun 18 Sutra 83
Simha Rasi: 6.15	Tithi 4 - 5	<b>Gulika</b> 4:08AM - 6:14AM	<b>Magha*</b> Until 5:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:08AM	Vikarin 5121	
		Yama 2:36PM - 4:42PM	Siddhi Until 5:17PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 12	
		353793461 <b>Rahu</b> 8:19AM - 10:25AM	Bava Until 7:11PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 8:37AM	Moon - Red		<b>Subha Sivaloka Day</b>	
Until 5:37PM				<b>Ashada-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Bremen, Germany Sun 19 Sutra 84
Simha Rasi: 20.5	Tithi 6	<b>Gulika</b> 4:41PM - 6:47PM	<b>Purvaphalguni</b> Until 3:40PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:09AM	Vikarin 5121	
		Yama 12:31PM - 2:36PM	Vyatipata* Until 1:59PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:52PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 6:47PM - 8:52PM	Kaulava Until 4:27PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 3:10AM Mon	Moon - Red		<b>Sivaloka Day</b>	
Until 3:40PM				<b>Ashada-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Bremen, Germany Sun 20 Sutra 85
Kanya Rasi: 5.14	Tithi 7	<b>Gulika</b> 2:36PM - 4:41PM	<b>Uttaraphalguni</b> Until 1:52PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:10AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:26AM - 12:31PM	Variyan Until 10:53AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:52PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 6:15AM - 8:20AM	Gara Until 2:00PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 12:53AM Tue	Moon - Red		<b>Sivaloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Ashada-Ani</b>			

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Bremen, Germany Sun 21 Sutra 86
Kanya Rasi: 19.24	Tithi 8	<b>Gulika</b> 12:31PM - 2:36PM	<b>Hasta</b> Until 12:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:11AM	Vikarin 5121	
		Yama 8:21AM - 10:26AM	Parigha* Until 8:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:51PM	Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 4:41PM - 6:46PM	Visti Until 11:54AM	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 11:00PM	Moon - Green		<b>Subha Sivaloka Day</b>	
				<b>Ashada-Ani</b>			

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Bremen, Germany Sun 22 Sutra 87
Tula Rasi: 3.19	Tithi 9	<b>Gulika</b> 10:26AM - 12:31PM	<b>Chitra</b> Until 11:50AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:12AM	Vikarin 5121	
		Yama 6:17AM - 8:22AM	Siddha Until 3:32AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:50PM	Moon 6 - Phase 12	
		463893461 <b>Rahu</b> 12:31PM - 2:36PM	Balava Until 10:14AM	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:32PM	Moon - Green		<b>Sivaloka Day</b>	
				<b>Ashada-Ani</b>			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>		<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau	Bremen, Germany Sun 23 Sutra 88
Tula Rasi: 16.58	Tithi 10	<b>Gulika</b> 8:22AM – 10:27AM	<b>Svati</b> <b>Until 11:15AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:13AM	Vikarin 5121
		Yama 4:13AM – 6:18AM	Sadhya <b>Until 1:48AM</b> Fri	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:49PM	Moon 6 - Phase 13
		463893461 <b>Rahu</b> 2:36PM – 4:40PM	Taitila <b>Until 9:00AM</b>	<b>Nataraja:</b> Yellow	4th Phase
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 8:32PM</b>	Moon – Green	<b>Sivaloka Day</b>
Until 11:15AM				<b>Ashada•Ani</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau	Bremen, Germany Sun 24 Sutra 89
Vrischika Rasi: 0.2	Tithi 11	<b>Gulika</b> 6:19AM – 8:23AM	<b>Vishakha</b> <b>Until 11:25AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:14AM	Vikarin 5121
		Yama 4:40PM – 6:44PM	Subha <b>Until 12:28AM</b> Sat	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:49PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 10:27AM – 12:31PM	Vanija <b>Until 8:13AM</b>	<b>Nataraja:</b> Yellow	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 8:00PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Ashada•Ani</b>	

<b>3</b>		<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau	Bremen, Germany Sun 25 Sutra 90
Vrischika Rasi: 13.28	Tithi 12	<b>Gulika</b> 4:16AM – 6:20AM	<b>Anuradha</b> <b>Until 11:54AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:16AM	Vikarin 5121
		Yama 2:35PM – 4:39PM	Sukla <b>Until 11:29PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:47PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 8:24AM – 10:27AM	Bava <b>Until 7:56AM</b>	<b>Nataraja:</b> Yellow	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 7:56PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Ashada•Ani</b>	

<b>4</b>		<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Bremen, Germany Sun 26 Sutra 91
Vrischika Rasi: 26.2	Tithi 13	<b>Gulika</b> 4:39PM – 6:43PM	<b>Jyeshtha*</b> <b>Until 12:43PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:17AM	Vikarin 5121
		Yama 12:32PM – 2:35PM	Brahma <b>Until 10:53PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:46PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 6:43PM – 8:46PM	Kaulava <b>Until 8:07AM</b>	<b>Nataraja:</b> Yellow	4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 8:22PM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 12:43PM				<b>Ashada•Ani</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

<b>5</b>		<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau	Bremen, Germany Sun 27 Sutra 92
Dhanus Rasi: 9	Tithi 14	<b>Gulika</b> 2:35PM – 4:38PM	<b>Mula*</b> <b>Until 2:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:18AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:28AM – 12:32PM	Indra <b>Until 10:41PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:45PM	Moon 6 - Phase 13
		483893461 <b>Rahu</b> 6:21AM – 8:25AM	Gara <b>Until 8:47AM</b>	<b>Nataraja:</b> Yellow	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 9:16PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Until 2:18PM				<b>Ashada•Ani</b>	
Then Routine Work - Marana Yoga					

		<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau	Bremen, Germany Sun 27 Sutra 93
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:32PM – 2:35PM	<b>Purvashadha*</b> <b>Until 4:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:19AM	Vikarin 5121
Dhanus Rasi: 21.26	Tithi 15	Yama 8:26AM – 10:29AM	Vaidhriti* <b>Until 10:48PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:44PM	Moon 6 - Phase 13
		483893461 <b>Rahu</b> 4:38PM – 6:41PM	Visti <b>Until 9:54AM</b>	<b>Nataraja:</b> Yellow	Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 10:37PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Until 4:10PM				<b>Ashada•Adi</b>	
Then Routine Work - Prabalarishta Yoga		<b>Partial Lunar Eclipse</b> <b>Satguru Purnima</b>			

<b>Wednesday, July 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau	Bremen, Germany Sun 27 Sutra 94
Makara Rasi: 3.41	Tithi 16	<b>Gulika</b> 10:29AM – 12:32PM	<b>Uttarashadha</b> <b>Until 6:18PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:21AM	Vikarin 5121
		Yama 6:23AM – 8:26AM	Vishkambha* <b>Until 11:14PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:43PM	Moon 6 - Phase 13
		484893462 <b>Rahu</b> 12:32PM – 2:35PM	Balava <b>Until 11:28AM</b>	<b>Nataraja:</b> White	Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> <b>Until 12:23AM</b> Thu	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 6:18PM				<b>Ashada•Adi</b>	
Then Creative Work - Siddha Yoga					



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 15.47 Tithi 17  
Creative Work Siddha Yoga

494893462  
Gulika  
Yama  
Rahu

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau  
8:27AM – 10:29AM  
4:22AM – 6:24AM  
2:34PM – 4:37PM  
**Shravana Until 9:05PM**  
Priti Until 11:57PM  
Taitila Until 1:24PM  
Dvitiya Until 2:28AM Fri

Ganesha: Clear Sunrise: 4:22AM  
Muruga: Blue Sunset: 8:42PM  
Nataraja: White  
Moon – Purple  
**Ashada-Adi**

Bremen, Germany  
Sun 1 Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**1**

**Friday, July 19, 2019**

Makara Rasi: 27.46 Tithi 18  
Creative Work Siddha Yoga

494893462  
Gulika  
Yama  
Rahu

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
6:25AM – 8:28AM  
4:36PM – 6:38PM  
10:30AM – 12:32PM  
**Dhanishtha Until 11:57PM**  
Ayushman Until 12:49AM Sat  
Vanija Until 3:37PM  
Tritiya Until 4:47AM Sat

Ganesha: Clear Sunrise: 4:23AM  
Muruga: Blue Sunset: 8:41PM  
Nataraja: White  
Moon – Purple  
**Ashada-Adi**

Bremen, Germany  
Sun 2 Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 9.39 Tithi 19  
Creative Work Amrita Yoga  
Until 2:45AM Sun  
Then Creative Work - Siddha Yoga

494893462  
Gulika  
Yama  
Rahu

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau  
4:25AM – 6:27AM  
2:34PM – 4:36PM  
8:28AM – 10:30AM  
**Shatabhishak Until 2:45AM Sun**  
Saubhagya Until 1:48AM Sun  
Bava Until 6:00PM  
Chaturthi\* Until 7:12AM Sun

Ganesha: Clear Sunrise: 4:25AM  
Muruga: Blue Sunset: 8:39PM  
Nataraja: White  
Moon – Purple  
**Ashada-Adi**

Bremen, Germany  
Sun 3 Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 21.31 Tithi 19 – 20  
Creative Work Siddha Yoga

414893462  
Gulika  
Yama  
Rahu

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
4:35PM – 6:37PM  
12:32PM – 2:34PM  
6:37PM – 8:38PM  
**Purvaproshtapada\* Until 5:53AM Mon**  
Sobhana Until 2:46AM Mon  
Kaulava Until 8:25PM  
Chaturthi\* Until 7:12AM

Ganesha: Clear Sunrise: 4:26AM  
Muruga: Blue Sunset: 8:38PM  
Nataraja: White  
Moon – Clear  
**Ashada-Adi**

Bremen, Germany  
Sun 4 Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**4**

**Monday, July 22, 2019**

Meena Rasi: 3.23 Tithi 20 – 21  
**Family Home Evening**  
Creative Work Siddha Yoga

414893462  
Gulika  
Yama  
Rahu

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau  
2:33PM – 4:34PM  
10:31AM – 12:32PM  
6:29AM – 8:30AM  
**Uttaraproshtapada Until 8:40AM Tue**  
Athiganda\* Until 3:35AM Tue  
Gara Until 10:42PM  
Panchami Until 9:34AM

Ganesha: Clear Sunrise: 4:28AM  
Muruga: Blue Sunset: 8:37PM  
Nataraja: White  
Moon – Clear  
**Ashada-Adi**

Bremen, Germany  
Sun 5 Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 15.19 Tithi 21 – 22  
Creative Work Amrita Yoga  
Until 8:40AM  
Then Creative Work - Siddha Yoga

414893462  
Gulika  
Yama  
Rahu

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
12:32PM – 2:33PM  
8:31AM – 10:31AM  
4:34PM – 6:34PM  
**Uttaraproshtapada Until 8:40AM**  
Sukarma Until 4:11AM Wed  
Visti Until 12:42AM Wed  
Shashthi\* Until 11:44AM

Ganesha: Clear Sunrise: 4:29AM  
Muruga: Blue Sunset: 8:35PM  
Nataraja: White  
Moon – Clear  
**Ashada-Adi**

Bremen, Germany  
Sun 6 Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**Retreat Star**

**Wednesday, July 24, 2019**

Meena Rasi: 27.23 Tithi 22 – 23  
Routine Work Marana Yoga

414893462  
Gulika  
Yama  
Rahu

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
10:32AM – 12:32PM  
6:31AM – 8:31AM  
12:32PM – 2:33PM  
**Revati Until 10:57AM**  
Dhriti Until 4:26AM Thu  
Balava Until 2:16AM Thu  
Saptami Until 1:32PM

Ganesha: Clear Sunrise: 4:30AM  
Muruga: Blue Sunset: 8:34PM  
Nataraja: White  
Moon – Clear  
**Ashada-Adi**

Bremen, Germany  
Sun 7 Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

**Subha Sivaloka Day**

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 9.4 Tithi 23 – 24  
Creative Work Amrita Yoga  
Until 1:04PM  
Then Creative Work - Siddha Yoga

424893462  
Gulika  
Yama  
Rahu

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
8:32AM – 10:32AM  
4:32AM – 6:32AM  
2:32PM – 4:32PM  
**Ashvini Until 1:04PM**  
Shula\* Until 4:10AM Fri  
Taitila Until 3:13AM Fri  
Ashtami\* Until 2:48PM

Ganesha: White Sunrise: 4:32AM  
Muruga: Blue Sunset: 8:32PM  
Nataraja: White  
Moon – White  
**Ashada-Adi**

Bremen, Germany  
Sun 8 Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami

**Subha Subha Sivaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Bremen, Germany Sun 9 Sutra 103	
Mesha Rasi: 22.11	Tithi 24 – 25	<b>Gulika</b> 6:33AM – 8:33AM	<b>Bharani</b> Until 2:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:33AM		Vikarin 5121
		Yama 4:31PM – 6:31PM	Ganda* Until 3:22AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:31PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	424893462 <b>Rahu</b> 10:32AM – 12:32PM	Vanija Until 3:27AM Sat	<b>Nataraja:</b> White			2nd Phase
			<b>Navami*</b> Until 3:25PM	Moon – White		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bremen, Germany Sun 10 Sutra 104	
Vrishabha Rasi: 5.04	Tithi 25 – 26	<b>Gulika</b> 4:35AM – 6:34AM	<b>Krittika</b> Until 2:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:35AM		Vikarin 5121
		Yama 2:31PM – 4:31PM	Vriddhi Until 1:57AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:29PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 <b>Rahu</b> 8:34AM – 10:33AM	Bava Until 2:55AM Sun	<b>Nataraja:</b> White			2nd Phase
			<b>Dashami</b> Until 3:16PM	Moon – White		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Bremen, Germany Sun 11 Sutra 105	
Vrishabha Rasi: 18.21	Tithi 26 – 27	<b>Gulika</b> 4:30PM – 6:29PM	<b>Rohini</b> Until 2:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:37AM		Vikarin 5121
		Yama 12:32PM – 2:31PM	Dhruva Until 11:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:28PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	434893462 <b>Rahu</b> 6:29PM – 8:28PM	Kaulava Until 1:36AM Mon	<b>Nataraja:</b> White			2nd Phase
			<b>Ekadashi*</b> Until 2:20PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Bremen, Germany Sun 12 Sutra 106	
Mithuna Rasi: 2.04	Tithi 27 – 28	<b>Gulika</b> 2:31PM – 4:29PM	<b>Mrigashira</b> Until 1:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:38AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:34AM – 12:32PM	Vyaghata* Until 9:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:26PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 <b>Rahu</b> 6:37AM – 8:35AM	Gara Until 11:35PM	<b>Nataraja:</b> White			2nd Phase
Until 1:51PM			<b>Dvadashi*</b> Until 12:39PM	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Bremen, Germany Sun 13 Sutra 107	
Mithuna Rasi: 16.14	Tithi 28 – 29	<b>Gulika</b> 12:32PM – 2:30PM	<b>Ardra</b> Until 12:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:40AM		Vikarin 5121
		Yama 8:36AM – 10:34AM	Harshana Until 6:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:24PM		Moon 7 - Phase 15
Routine Work	Marana Yoga	435893462 <b>Rahu</b> 4:28PM – 6:26PM	Visti Until 8:57PM	<b>Nataraja:</b> White			2nd Phase
Until 12:07PM			<b>Trayodashi*</b> Until 10:19AM	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>			

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Bremen, Germany Sun 14 Sutra 108	
<b>Retreat Star</b>		<b>Gulika</b> 10:34AM – 12:32PM	<b>Punarvasu</b> Until 10:09AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:41AM		Vikarin 5121
Kataka Rasi: 0.46	Tithi 29 – 30	Yama 6:39AM – 8:37AM	Vajra* Until 2:33PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:23PM		Moon 7 - Phase 15
Creative Work	Siddha Yoga	445893462 <b>Rahu</b> 12:32PM – 2:30PM	Naga Until 4:11AM Thu	<b>Nataraja:</b> White			Amavasya
			<b>Chaturdashi*</b> Until 7:27AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Bremen, Germany Sun 15 Sutra 109	
Kataka Rasi: 15.37	Tithi 1	<b>Gulika</b> 8:37AM – 10:35AM	<b>Pushya</b> Until 7:40AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM		Vikarin 5121
		Yama 4:43AM – 6:40AM	Siddhi Until 10:43AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:21PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	445893462 <b>Rahu</b> 2:29PM – 4:26PM	Kintughna Until 2:28PM	<b>Nataraja:</b> White			Prathama
Until 7:40AM			<b>Prathama*</b> Until 12:41AM Fri	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Bremen, Germany Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.38	Tithi 2	<b>Gulika</b> 6:41AM – 8:38AM	<b>Magha* Until 2:13AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:44AM		
		Yama 4:26PM – 6:22PM	Vyatipata* Until 6:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:19PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 10:35AM – 12:32PM	Balava Until 10:55AM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 9:07PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 2:13AM Sat				<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Bremen, Germany Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.41	Tithi 3 – 4	<b>Gulika</b> 4:46AM – 6:43AM	<b>Purvaphalguni Until 11:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:46AM		
		Yama 2:28PM – 4:25PM	Parigha* Until 10:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:17PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 8:39AM – 10:35AM	Taitila Until 7:22AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 5:37PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 11:36PM				<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bremen, Germany Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0.37	Tithi 4 – 5	<b>Gulika</b> 4:24PM – 6:20PM	<b>Uttaraphalguni Until 9:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM		
		Yama 12:32PM – 2:28PM	Shiva Until 7:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:16PM		Moon 7 - Phase 16
		455993462 <b>Rahu</b> 6:20PM – 8:16PM	Bava Until 12:51AM Mon	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 2:20PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana*Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bremen, Germany Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 15.19	Tithi 5 – 6	<b>Gulika</b> 2:27PM – 4:23PM	<b>Hasta Until 7:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:49AM		
<b>Family Home Evening</b>		Yama 10:36AM – 12:32PM	Siddha Until 3:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:14PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 6:45AM – 8:40AM	Kaulava Until 10:10PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 11:26AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
Until 7:17PM				<b>Sravana*Adi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Bremen, Germany Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.41	Tithi 6 – 7	<b>Gulika</b> 12:31PM – 2:27PM	<b>Chitra Until 5:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM		
		Yama 8:41AM – 10:36AM	Sadhya Until 12:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:12PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 4:22PM – 6:17PM	Gara Until 8:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:00AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bremen, Germany Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.41	Tithi 7 – 8	<b>Gulika</b> 10:37AM – 12:31PM	<b>Svati Until 4:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM		
		Yama 6:47AM – 8:42AM	Subha Until 10:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:10PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 12:31PM – 2:26PM	Visti Until 6:30PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:10AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Bremen, Germany Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 27.16	Tithi 9	<b>Gulika</b> 8:43AM – 10:37AM	<b>Vishakha Until 4:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:54AM		
		Yama 4:54AM – 6:49AM	Sukla Until 8:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:08PM		Moon 7 - Phase 16
		476993462 <b>Rahu</b> 2:25PM – 4:20PM	Balava Until 5:39PM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 5:28AM Fri</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			


<b>1</b>	<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Bremen, Germany Sun 23 Sutra 117
	Wrischika Rasi: 10.29	Tithi 10	<b>Gulika</b> 6:50AM – 8:44AM Yama 4:19PM – 6:12PM 476993462 <b>Rahu</b> 10:37AM – 12:31PM	<b>Anuradha</b> Until 5:24PM Brahma Until 7:02AM Taitila Until 5:28PM Dashami Until 5:36AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Orange	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 8:06PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 5:24PM Then Routine Work - Marana Yoga							


<b>2</b>	<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Vishti* Karana Ekadashyam Titau				Bremen, Germany Sun 24 Sutra 118
	Wrischika Rasi: 23.23	Tithi 11	<b>Gulika</b> 4:58AM – 6:51AM Yama 2:24PM – 4:18PM 476993462 <b>Rahu</b> 8:44AM – 10:38AM	<b>Jyeshtha*</b> Until 6:22PM Indra Until 6:10AM Vanija Until 5:55PM Ekadashi Until 6:20AM Sun	<b>Ganesha:</b> Purple <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Orange	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 8:04PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>3</b>	<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vishti*/Bava Karana Ekadashi/Dvadashyam Titau				Bremen, Germany Sun 25 Sutra 119
	Dhanus Rasi: 5.59	Tithi 11 – 12	<b>Gulika</b> 4:16PM – 6:09PM Yama 12:31PM – 2:24PM 486993462 <b>Rahu</b> 6:09PM – 8:02PM	<b>Mula*</b> Until 8:12PM Vishkambha* Until 5:46AM Mon Bava Until 6:56PM Ekadashi Until 6:20AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 8:02PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga Until 8:12PM Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bremen, Germany Sun 26 Sutra 120
	Dhanus Rasi: 18.21	Tithi 12 – 13	<b>Gulika</b> 2:23PM – 4:15PM Yama 10:38AM – 12:31PM 486993462 <b>Rahu</b> 6:53AM – 8:46AM	<b>Purvashadha*</b> Until 10:20PM Priti Until 6:07AM Tue Kaulava Until 8:25PM Dvadashi Until 7:36AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 8:00PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase <b>Subha Sivaloka Day</b>
Family Home Evening Routine Work Marana Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bremen, Germany Sun 27 Sutra 121
	Makara Rasi: 0.32	Tithi 13 – 14	<b>Gulika</b> 12:30PM – 2:22PM Yama 8:47AM – 10:39AM 486993462 <b>Rahu</b> 4:14PM – 6:06PM	<b>Uttarashadha</b> Until 12:38AM Wed Priti Until 6:07AM Gara Until 10:16PM Trayodashi Until 9:17AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	<b>Sunrise:</b> 5:03AM <b>Sunset:</b> 7:58PM	Vikarin 5121 Moon 7 - Phase 17 4th Phase <b>Subha Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 12:38AM Wed Then Creative Work - Siddha Yoga							

	<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Chaturdashi/Purnimayam Titau				Bremen, Germany Sutra 122
	Makara Rasi: 12.35	Tithi 14 – 15	<b>Gulika</b> 10:39AM – 12:30PM Yama 6:56AM – 8:47AM 496993462 <b>Rahu</b> 12:30PM – 2:22PM	<b>Shravana</b> Until 3:33AM Thu Ayushman Until 6:42AM Vishti Until 12:25AM Thu Chaturdashi* Until 11:18AM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 5:04AM <b>Sunset:</b> 7:56PM	Vikarin 5121 Moon 7 - Phase 17 Purnima <b>Sivaloka Day</b>
Creative Work Siddha Yoga Raksha Bandhan							

	<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bremen, Germany Sutra 123
	Makara Rasi: 24.32	Tithi 15 – 16	<b>Gulika</b> 8:48AM – 10:39AM Yama 5:06AM – 6:57AM 497993462 <b>Rahu</b> 2:21PM – 4:12PM	<b>Dhanishtha</b> Until 6:27AM Fri Saubhagya Until 7:29AM Balava Until 2:44AM Fri Purnima* Until 1:32PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 5:06AM <b>Sunset:</b> 7:54PM	Vikarin 5121 Moon 7 - Phase 17 Prathama <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							





**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 6.26    Tilthi 16 – 17

497993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda\* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

**Gulika**    6:58AM – 8:49AM  
Yama        4:11PM – 6:01PM  
**Rahu**        10:39AM – 12:30PM

**Dhanishtha** **Until 6:27AM**  
Sobhana **Until 8:24AM**  
Tailila **Until 5:10AM Sat**  
**Prathama\* Until 3:55PM**

**Ganesha:** Yellow    *Sunrise: 5:08AM*  
**Muruqa:** Blue        *Sunset: 7:52PM*  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

Bremen, Germany  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 18.17    Tilthi 17

497993462

Creative Work    Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara Karana Dvitiyayam Titau

**Gulika**    5:10AM – 7:00AM  
Yama        2:20PM – 4:10PM  
**Rahu**        8:50AM – 10:40AM

**Shatabhishak** **Until 9:16AM**  
Athiganda\* **Until 9:21AM**  
Gara **Until 6:21PM**  
**Dvitiya Until 6:21PM**

**Ganesha:** Yellow    *Sunrise: 5:10AM*  
**Muruqa:** Blue        *Sunset: 7:50PM*  
**Nataraja:** White  
Moon – Purple  
**Sravana-Avani**

Bremen, Germany  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**2**

**Sunday, August 18, 2019**

Meena Rasi: 0.09    Tilthi 18

517993462

Creative Work    Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Trilyayam Titau

**Gulika**    4:09PM – 5:58PM  
Yama        12:29PM – 2:19PM  
**Rahu**        5:58PM – 7:48PM

**Purvaproshtapada\* Until 12:25PM**  
Sukarma **Until 10:18AM**  
Vanija **Until 7:35AM**  
**Tritiya Until 8:45PM**

**Ganesha:** White    *Sunrise: 5:11AM*  
**Muruqa:** Blue        *Sunset: 7:48PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Bremen, Germany  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**3**

**Monday, August 19, 2019**

Meena Rasi: 12.02    Tilthi 19

517993462

**Family Home Evening**

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    2:18PM – 4:07PM  
Yama        10:40AM – 12:29PM  
**Rahu**        7:02AM – 8:51AM

**Uttaraproshtapada Until 3:16PM**  
Dhriti **Until 11:12AM**  
Bava **Until 9:55AM**  
**Chaturthi\* Until 11:00PM**

**Ganesha:** White    *Sunrise: 5:13AM*  
**Muruqa:** Blue        *Sunset: 7:45PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Bremen, Germany  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 24    Tilthi 20

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Tailila Karana Panchamyam Titau

**Gulika**    12:29PM – 2:18PM  
Yama        8:52AM – 10:40AM  
**Rahu**        4:06PM – 5:55PM

**Revati Until 5:46PM**  
Shula\* **Until 11:54AM**  
Kaulava **Until 12:03PM**  
**Panchami Until 12:59AM Wed**

**Ganesha:** White    *Sunrise: 5:15AM*  
**Muruqa:** Blue        *Sunset: 7:43PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Bremen, Germany  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 6.05    Tilthi 21

527993462

Routine Work    Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    10:41AM – 12:29PM  
Yama        7:04AM – 8:53AM  
**Rahu**        12:29PM – 2:17PM

**Ashvini Until 8:14PM**  
Ganda\* **Until 12:22PM**  
Gara **Until 1:52PM**  
**Shashthi\* Until 2:35AM Thu**

**Ganesha:** Clear    *Sunrise: 5:16AM*  
**Muruqa:** Blue        *Sunset: 7:41PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Bremen, Germany  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 18.2    Tilthi 22

528993462

Creative Work    Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    8:53AM – 10:41AM  
Yama        5:18AM – 7:06AM  
**Rahu**        2:16PM – 4:04PM

**Bharani Until 10:04PM**  
Vridhhi **Until 12:30PM**  
Visti **Until 3:13PM**  
**Saptami Until 3:39AM Fri**

**Ganesha:** White    *Sunrise: 5:18AM*  
**Muruqa:** Blue        *Sunset: 7:39PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Bremen, Germany  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**Friday, August 23, 2019**

**Retreat Star**

Vrishabha Rasi: 0.49    Tilthi 23

528993462

Creative Work    Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    7:07AM – 8:54AM  
Yama        4:02PM – 5:50PM  
**Rahu**        10:41AM – 12:28PM

**Krittika Until 11:07PM**  
Dhruva **Until 12:09PM**  
Balava **Until 3:58PM**  
**Ashtami\* Until 4:03AM Sat**

**Ganesha:** White    *Sunrise: 5:20AM*  
**Muruqa:** Blue        *Sunset: 7:37PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Bremen, Germany  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 13.37    Tilthi 24

538993462

Creative Work    Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Tailila/Gara Karana Navamyam Titau

**Gulika**    5:22AM – 7:08AM  
Yama        2:15PM – 4:01PM  
**Rahu**        8:55AM – 10:41AM

**Rohini Until 11:45PM**  
Vyaghata\* **Until 11:16AM**  
Tailila **Until 4:00PM**  
**Navami\* Until 3:42AM Sun**

**Ganesha:** Clear    *Sunrise: 5:22AM*  
**Muruqa:** Blue        *Sunset: 7:34PM*  
**Nataraja:** White  
Moon – Yellow  
**Sravana-Avani**

Bremen, Germany  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau	Bremen, Germany Sun 9 Sutra 133
Wrishabha Rasi: 26.47	Tithi 25	<b>Gulika</b> 4:00PM – 5:46PM	<b>Mrigashira</b> Until 11:27PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:23AM	Vikarin 5121
		Yama 12:28PM – 2:14PM	Harshana Until 9:46AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:32PM	Moon 8 - Phase 19
538993462	<b>Rahu</b> 5:46PM – 7:32PM		Vanija Until 3:14PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:33AM Mon	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>2</b>		<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Bremen, Germany Sun 10 Sutra 134
Mithuna Rasi: 10.25	Tithi 26	<b>Gulika</b> 2:13PM – 3:59PM	<b>Ardra</b> Until 10:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:42AM – 12:27PM	Vajra* Until 7:37AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:30PM	Moon 8 - Phase 19
538993462	<b>Rahu</b> 7:11AM – 8:56AM		Bava Until 1:42PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 12:38AM Tue	Moon – Yellow	<b>Subha Sivaloka Day</b>
Until 10:15PM				<b>Sravana-Avani</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Bremen, Germany Sun 11 Sutra 135
Mithuna Rasi: 24.3	Tithi 27	<b>Gulika</b> 12:27PM – 2:12PM	<b>Punarvasu</b> Until 8:39PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM	Vikarin 5121
		Yama 8:57AM – 10:42AM	Vyatipata* Until 1:36AM Wed	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:28PM	Moon 8 - Phase 19
548993462	<b>Rahu</b> 3:57PM – 5:42PM		Kaulava Until 11:26AM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 10:03PM	Moon – Blue	<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>4</b>		<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau	Bremen, Germany Sun 12 Sutra 136
Kataka Rasi: 9.02	Tithi 28	<b>Gulika</b> 10:42AM – 12:27PM	<b>Pushya</b> Until 6:20PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:28AM	Vikarin 5121
		Yama 7:13AM – 8:58AM	Varyan Until 9:51PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:25PM	Moon 8 - Phase 19
549993463	<b>Rahu</b> 12:27PM – 2:11PM		Gara Until 8:34AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:55PM	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana-Avani</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Bremen, Germany Sun 13 Sutra 137
Kataka Rasi: 23.56	Tithi 29 – 30	<b>Gulika</b> 8:58AM – 10:42AM	<b>Ashlesha*</b> Until 3:29PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 5:30AM – 7:14AM	Parigha* Until 5:49PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:23PM	Moon 8 - Phase 19
549193463	<b>Rahu</b> 2:11PM – 3:55PM		Catuspada Until 1:31AM Fri	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:23PM	Moon – Blue	<b>Sivaloka Day</b>
Until 3:29PM				<b>Sravana-Avani</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Bremen, Germany Sun 14 Sutra 138
Simha Rasi: 9.06	Tithi 30 – 1	<b>Gulika</b> 7:15AM – 8:59AM	<b>Magha*</b> Until 12:39PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:32AM	Vikarin 5121
		Yama 3:53PM – 5:37PM	Shiva Until 1:36PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:21PM	Moon 8 - Phase 19
559193463	<b>Rahu</b> 10:43AM – 12:26PM		Kintughna Until 9:41PM	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 11:36AM	Moon – Red	<b>Sivaloka Day</b>
Until 12:39PM		<b>Varalakshmi Vratam</b>		<b>Sravana-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Bremen, Germany Sun 15 Sutra 139
Simha Rasi: 24.21	Tithi 1 – 2	<b>Gulika</b> 5:33AM – 7:17AM	<b>Purvaphalguni</b> Until 9:37AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:33AM	Vikarin 5121
		Yama 2:09PM – 3:52PM	Siddha Until 9:18AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:18PM	Moon 8 - Phase 19
559193463	<b>Rahu</b> 9:00AM – 10:43AM		Kaulava Until 4:00AM Sun	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:45AM	Moon – Red	<b>Sivaloka Day</b>
Until 9:37AM				<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

1	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trityayam Titau				Bremen, Germany Sun 16 Sutra 140
	Kanya Rasi: 9.32	Tithi 3	<b>Gulika</b> 3:51PM – 5:33PM	<b>Uttaraphalguni</b> Until 6:35AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	Vikarin 5121
			Yama 12:26PM – 2:08PM	Subha Until 1:11AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:16PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 <b>Rahu</b> 5:33PM – 7:16PM	Taitila Until 2:14PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 12:31AM Mon	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

2	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Bremen, Germany Sun 17 Sutra 141
	Kanya Rasi: 24.3	Tithi 4	<b>Gulika</b> 2:07PM – 3:49PM	<b>Chitra</b> Until 1:56AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:43AM – 12:25PM	Sukla Until 9:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:14PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 <b>Rahu</b> 7:19AM – 9:01AM	Vanija Until 10:57AM	<b>Nataraja:</b> Clear		3rd Phase
Until 1:56AM Tue Then Creative Work - Siddha Yoga			<b>Ganesha Chaturthi</b>	<b>Chaturthi*</b> Until 9:28PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>	

3	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Bremen, Germany Sun 18 Sutra 142
	Tula Rasi: 9.06	Tithi 5	<b>Gulika</b> 12:25PM – 2:07PM	<b>Svati</b> Until 12:15AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:39AM	Vikarin 5121
			Yama 9:02AM – 10:43AM	Brahma Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:11PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 <b>Rahu</b> 3:48PM – 5:30PM	Bava Until 8:10AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 7:00PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

4	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Bremen, Germany Sun 19 Sutra 143
	Tula Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b> 10:44AM – 12:25PM	<b>Vishakha</b> Until 11:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:40AM	Vikarin 5121
			Yama 7:21AM – 9:02AM	Indra Until 3:57PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:09PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 <b>Rahu</b> 12:25PM – 2:06PM	Kaulava Until 6:02AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 5:14PM	<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>		

5	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bremen, Germany Sun 20 Sutra 144
	Vrischika Rasi: 6.56	Tithi 7 – 8	<b>Gulika</b> 9:03AM – 10:44AM	<b>Anuradha</b> Until 11:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:42AM	Vikarin 5121
			Yama 5:42AM – 7:23AM	Vaidhriti* Until 2:04PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	571193463 <b>Rahu</b> 2:05PM – 3:45PM	Visti Until 4:08AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Until 11:35PM Then Routine Work - Prabalarishta Yoga			<b>Saptami</b> Until 4:17PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

D	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bremen, Germany Sun 21 Sutra 145
	<b>Retreat Star</b>		<b>Gulika</b> 7:24AM – 9:04AM	<b>Jyeshtha*</b> Until 12:13AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:44AM	Vikarin 5121
	Vrischika Rasi: 20.09	Tithi 8 – 9	Yama 3:44PM – 5:24PM	Vishkambha* Until 12:50PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	571193463 <b>Rahu</b> 10:44AM – 12:24PM	Balava Until 4:25AM Sat	<b>Nataraja:</b> Clear		Ashtami
Until 12:13AM Sat Then Creative Work - Siddha Yoga			<b>Ashtami*</b> Until 4:10PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

D	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bremen, Germany Sun 22 Sutra 146
	<b>Retreat Star</b>		<b>Gulika</b> 5:45AM – 7:25AM	<b>Mula*</b> Until 1:56AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:45AM	Vikarin 5121
	Dhanus Rasi: 2.57	Tithi 9 – 10	Yama 2:03PM – 3:43PM	Priti Until 12:15PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	581193463 <b>Rahu</b> 9:05AM – 10:44AM	Taitila Until 5:27AM Sun	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> Until 4:49PM	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>		

<b>1 Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau			Bremen, Germany Sun 23 Sutra 147
Dhanus Rasi: 15.25	Tithi 10	<b>Gulika</b> 3:41PM – 5:20PM	<b>Purvashadha* Until 4:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:47AM	Vikarin 5121
		Yama 12:23PM – 2:02PM	Ayushman Until 12:11PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:59PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 5:20PM – 6:59PM	Gara Until 6:10PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue	<b>Devaloka Day</b>
Until 4:05AM Mon		<b>Grandparent's Day</b>	<b>Dashami Until 6:10PM</b>	<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

<b>2 Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Bremen, Germany Sun 24 Sutra 148
Dhanus Rasi: 27.38	Tithi 11	<b>Gulika</b> 2:01PM – 3:40PM	<b>Uttarashadha Until 6:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:49AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:44AM – 12:23PM	Saubhagya Until 12:34PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:57PM	Moon 8 - Phase 21
Routine Work	Marana Yoga	<b>Rahu</b> 7:27AM – 9:06AM	Vanija Until 7:05AM	<b>Nataraja:</b> Clear	4th Phase
Until 6:30AM Tue			<b>Ekadashi Until 8:03PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>	

<b>3 Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Bremen, Germany Sun 25 Sutra 149
Makara Rasi: 9.4	Tithi 12	<b>Gulika</b> 12:23PM – 2:01PM	<b>Uttarashadha Until 6:30AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:51AM	Vikarin 5121
		Yama 9:07AM – 10:45AM	Sobhana Until 1:16PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:55PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 3:39PM – 5:17PM	Bava Until 9:09AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Prabalarishta Yoga		<b>Dvadashi Until 10:16PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 6:30AM				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Bremen, Germany Sun 26 Sutra 150
Makara Rasi: 21.34	Tithi 13	<b>Gulika</b> 10:45AM – 12:22PM	<b>Shravana Until 9:32AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:52AM	Vikarin 5121
		Yama 7:30AM – 9:07AM	Athiganda* Until 2:07PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:52PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 12:22PM – 2:00PM	Kaulava Until 11:29AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:41AM Thu</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 9:32AM		<b>Avani Avittam</b>	<b>Pradosha Vrata</b>	<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5 Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Bremen, Germany Sun 27 Sutra 151
Kumbha Rasi: 3.26	Tithi 14	<b>Gulika</b> 9:08AM – 10:45AM	<b>Dhanishtha Until 12:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 5:54AM – 7:31AM	Sukarma Until 3:04PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:50PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 1:59PM – 3:36PM	Gara Until 1:57PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:09AM Fri</b>	Moon – Purple	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	<b>Bhadrapada-Avani</b>		

<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Bremen, Germany Sutra 152
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:32AM – 9:09AM	<b>Shatabhishak Until 3:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:56AM	Vikarin 5121
Kumbha Rasi: 15.17	Tithi 15	Yama 3:34PM – 5:11PM	Dhriti Until 4:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:47PM	Moon 8 - Phase 21
	591113463	<b>Rahu</b> 10:45AM – 12:22PM	Visti Until 4:24PM	<b>Nataraja:</b> Clear	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 5:36AM Sat</b>	Moon – Purple	<b>Sivaloka Day</b>
			<b>Bhadrapada-Avani</b>		

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau			Bremen, Germany Sutra 153
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:57AM – 7:33AM	<b>Purvaproshtapada* Until 6:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:57AM	Vikarin 5121
Kumbha Rasi: 27.1	Tithi 16	Yama 1:57PM – 3:33PM	Shula* Until 4:53PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:45PM	Moon 8 - Phase 21
	511113463	<b>Rahu</b> 9:09AM – 10:45AM	Balava Until 6:48PM	<b>Nataraja:</b> Clear	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 7:55AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 6:25PM			<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda \*Vridhdi Yoga Kaulava/Taitilla Karana Prathama/Dvitiyayam Titau

Bremen, Germany  
Sutra 154

Meena Rasi: 9.04 Tithi 16 – 17

**Gulika** 3:32PM – 5:07PM  
Yama 12:21PM – 1:56PM  
**Rahu** 5:07PM – 6:43PM

**Uttaraproshtapada** Until 9:13PM  
Ganda\* Until 5:40PM  
Taitilla Until 9:03PM  
Prathama\* Until 7:55AM

**Ganesha:** Yellow *Sunrise:* 5:59AM  
**Muruqa:** Purple *Sunset:* 6:43PM

Moon 9 - Phase 22  
1st Phase

Creative Work Amrita Yoga

Nataraja: Clear  
Moon – Clear  
**Sivaloka Day**  
Bhadrapada\*Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vridhdi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bremen, Germany  
Sun 1 Sutra 155

Meena Rasi: 21.03 Tithi 17 – 18

**Gulika** 1:55PM – 3:30PM  
Yama 10:46AM – 12:20PM  
**Rahu** 7:36AM – 9:11AM

**Revati** Until 11:39PM  
Vridhdi Until 6:20PM  
Vanija Until 11:06PM  
Dvitiya Until 10:05AM

**Ganesha:** Yellow *Sunrise:* 6:01AM  
**Muruqa:** Purple *Sunset:* 6:40PM

Moon 9 - Phase 22  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

Nataraja: Clear  
Moon – Clear  
**Sivaloka Day**  
Bhadrapada\*Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Bremen, Germany  
Sun 2 Sutra 156

Mesha Rasi: 3.06 Tithi 18 – 19

**Gulika** 12:20PM – 1:55PM  
Yama 9:11AM – 10:46AM  
**Rahu** 3:29PM – 5:03PM

**Ashvini** Until 2:11AM Wed  
Dhruva Until 6:46PM  
Bava Until 12:55AM Wed  
Tritiya Until 12:02PM

**Ganesha:** White *Sunrise:* 6:02AM  
**Muruqa:** Purple *Sunset:* 6:38PM

Moon 9 - Phase 22  
1st Phase

Creative Work Siddha Yoga

Nataraja: Clear  
Moon – White  
**Devaloka Day**  
Bhadrapada\*Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bremen, Germany  
Sun 3 Sutra 157

Mesha Rasi: 15.16 Tithi 19 – 20

**Gulika** 10:46AM – 12:20PM  
Yama 7:38AM – 9:12AM  
**Rahu** 12:20PM – 1:54PM

**Bharani** Until 4:13AM Thu  
Vyaghata\* Until 6:59PM  
Kaulava Until 2:23AM Thu  
Chaturthi\* Until 1:41PM

**Ganesha:** White *Sunrise:* 6:04AM  
**Muruqa:** Purple *Sunset:* 6:35PM

Moon 9 - Phase 22  
1st Phase

Creative Work Siddha Yoga  
Until 4:13AM Thu  
Then Routine Work - Marana Yoga

Nataraja: Clear  
Moon – White  
**Devaloka Day**  
Bhadrapada\*Puratasi

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Taitilla/Gara Karana Panchami/Shashthyam Titau

Bremen, Germany  
Sun 4 Sutra 158

Mesha Rasi: 27.35 Tithi 20 – 21

**Gulika** 9:13AM – 10:46AM  
Yama 6:06AM – 7:39AM  
**Rahu** 1:53PM – 3:26PM

**Krittika** Until 5:39AM Fri  
Harshana Until 6:55PM  
Gara Until 3:26AM Fri  
Panchami Until 2:57PM

**Ganesha:** White *Sunrise:* 6:06AM  
**Muruqa:** Purple *Sunset:* 6:33PM

Moon 9 - Phase 22  
1st Phase

Routine Work Marana Yoga

Nataraja: Clear  
Moon – White  
**Devaloka Day**  
Bhadrapada\*Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bremen, Germany  
Sun 5 Sutra 159

Vrisabha Rasi: 10.05 Tithi 21 – 22

**Gulika** 7:40AM – 9:13AM  
Yama 3:25PM – 4:58PM  
**Rahu** 10:46AM – 12:19PM

**Rohini** Until 6:52AM Sat  
Vajra\* Until 6:24PM  
Visti Until 3:55AM Sat  
Shashthi\* Until 3:44PM

**Ganesha:** Clear *Sunrise:* 6:08AM  
**Muruqa:** Purple *Sunset:* 6:30PM

Moon 9 - Phase 22  
1st Phase

Routine Work Marana Yoga  
Until 6:52AM Sat  
Then Creative Work - Siddha Yoga

Nataraja: Clear  
Moon – Yellow  
**Sivaloka Day**  
Bhadrapada\*Puratasi

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bremen, Germany  
Sun 6 Sutra 160

Vrisabha Rasi: 22.51 Tithi 22 – 23

**Gulika** 6:09AM – 7:42AM  
Yama 1:51PM – 3:23PM  
**Rahu** 9:14AM – 10:46AM

**Rohini** Until 6:52AM  
Siddhi Until 5:26PM  
Balava Until 3:45AM Sun  
Saptami Until 3:54PM

**Ganesha:** Clear *Sunrise:* 6:09AM  
**Muruqa:** Purple *Sunset:* 6:28PM

Moon 9 - Phase 22  
1st Phase

Creative Work Amrita Yoga  
Until 6:52AM  
Then Creative Work - Siddha Yoga

Nataraja: Clear  
Moon – Yellow  
**Sivaloka Day**  
Bhadrapada\*Puratasi



Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitilla Karana Ashtami/Navamyam Titau

Bremen, Germany  
Sun 7 Sutra 161

Mithuna Rasi: 5.56 Tithi 23 – 24

**Gulika** 3:22PM – 4:54PM  
Yama 12:18PM – 1:50PM  
**Rahu** 4:54PM – 6:26PM

**Mrigashira** Until 7:17AM  
Vyatipata\* Until 3:55PM  
Taitilla Until 2:52AM Mon  
Ashtami\* Until 3:23PM

**Ganesha:** Orange *Sunrise:* 6:11AM  
**Muruqa:** Purple *Sunset:* 6:26PM

Moon 9 - Phase 22  
Ashtami

Creative Work Siddha Yoga

Nataraja: Clear  
Moon – Yellow  
**Sivaloka Day**  
Bhadrapada\*Puratasi

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Bremen, Germany  
Sun 8 Sutra 162

Mithuna Rasi: 19.25 Tithi 24 – 25

**Gulika** 1:49PM – 3:21PM  
Yama 10:47AM – 12:18PM  
**Rahu** 7:44AM – 9:15AM

**Ardra** Until 6:50AM  
Variyan Until 1:48PM  
Vanija Until 1:16AM Tue  
Navami\* Until 2:08PM

**Ganesha:** Orange *Sunrise:* 6:13AM  
**Muruqa:** Purple *Sunset:* 6:23PM

Moon 9 - Phase 22  
Navami

Family Home Evening  
Creative Work Siddha Yoga  
Until 6:50AM  
Then Creative Work - Amrita Yoga

Nataraja: Clear  
Moon – Yellow  
**Sivaloka Day**  
Bhadrapada\*Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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1	<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Bremen, Germany Sun 9 Sutra 163
	Kataka Rasi: 3.2	Tithi 25 – 26	<b>Gulika</b>	12:18PM – 1:48PM	<b>Pushya</b> <b>Until 4:18AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:14AM	Vikarin 5121
			Yama	9:16AM – 10:47AM	Parigha* Until 11:08AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:21PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b>	3:19PM – 4:50PM	Bava Until 10:59PM	<b>Nataraja:</b> Clear	2nd Phase
				<b>Dashami</b> <b>Until 12:11PM</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

2	<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bremen, Germany Sun 10 Sutra 164
	Kataka Rasi: 17.41	Tithi 26 – 27	<b>Gulika</b>	10:47AM – 12:17PM	<b>Ashlesha*</b> <b>Until 1:57AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:16AM	Vikarin 5121
			Yama	7:46AM – 9:17AM	Shiva Until 7:56AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:18PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b>	12:17PM – 1:48PM	Kaulava Until 8:07PM	<b>Nataraja:</b> Clear	2nd Phase
				<b>Ekadashi*</b> <b>Until 9:36AM</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		
						Then Creative Work - Amrita Yoga	

3	<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau				Bremen, Germany Sun 11 Sutra 165
	Simha Rasi: 2.25	Tithi 27 – 28	<b>Gulika</b>	9:17AM – 10:47AM	<b>Magha*</b> <b>Until 11:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Vikarin 5121
			Yama	6:18AM – 7:48AM	Sadhya Until 12:18AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:16PM	Moon 9 - Phase 23
	Creative Work	Amrita Yoga	552213463 <b>Rahu</b>	1:47PM – 3:16PM	Vanija Until 2:59AM Fri	<b>Nataraja:</b> Clear	2nd Phase
				<b>Dvadashi*</b> <b>Until 6:29AM</b>	Moon – Red	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		
					<i>Pradosha Vrata (Fasting)</i>		
						Then Creative Work - Siddha Yoga	

4	<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Bremen, Germany Sun 12 Sutra 166
	Simha Rasi: 17.28	Tithi 29	<b>Gulika</b>	7:49AM – 9:18AM	<b>Purvaphalguni</b> <b>Until 8:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:20AM	Vikarin 5121
			Yama	3:15PM – 4:44PM	Subha Until 8:07PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:14PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	552213463 <b>Rahu</b>	10:47AM – 12:17PM	Visti Until 1:09PM	<b>Nataraja:</b> Clear	2nd Phase
				<b>Chaturdashi*</b> <b>Until 11:15PM</b>	Moon – Red	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

●	<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Bremen, Germany Sun 13 Sutra 167
	<b>Retreat Star</b>		<b>Gulika</b>	6:21AM – 7:50AM	<b>Uttaraphalguni</b> <b>Until 5:24PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:21AM	Vikarin 5121
	Kanya Rasi: 2.4	Tithi 30	Yama	1:45PM – 3:14PM	Sukla Until 3:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM	Moon 9 - Phase 23
	Routine Work	Marana Yoga	652213463 <b>Rahu</b>	9:19AM – 10:48AM	Catuspada Until 9:22AM	<b>Nataraja:</b> Clear	Amavasya
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Amavasya*</b> <b>Until 7:28PM</b>	Moon – Red	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

●	<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bremen, Germany Sun 14 Sutra 168
	<b>Retreat Star</b>		<b>Gulika</b>	3:12PM – 4:41PM	<b>Hasta</b> <b>Until 2:39PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:23AM	Vikarin 5121
	Kanya Rasi: 17.53	Tithi 1 – 2	Yama	12:16PM – 1:44PM	Brahma Until 11:39AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:09PM	Moon 9 - Phase 23
	Creative Work	Amrita Yoga	663213463 <b>Rahu</b>	4:41PM – 6:09PM	Balava Until 2:04AM Mon	<b>Nataraja:</b> Clear	Prathama
				<b>Prathama*</b> <b>Until 3:47PM</b>	Moon – Green	<b>Devaloka Day</b>	
		<b>Navaratri Begins</b>			<b>Ashvina•Puratasi</b>		
						Then Creative Work - Siddha Yoga	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bremen, Germany Sun 15 Sutra 169 Vikarin 5121	
Tula Rasi: 2.55	Tithi 2 – 3	<b>Gulika</b>	1:43PM – 3:11PM	<b>Chitra Until 12:02PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:25AM	
<b>Family Home Evening</b>	663213463	Yama	10:48AM – 12:16PM	Indra Until 7:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		<b>Rahu</b>	7:53AM – 9:20AM	Taitila Until 10:54PM	<b>Nataraja:</b> Clear		3rd Phase
Until 12:02PM				<b>Dvitiya Until 12:24PM</b>	Moon – Green		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashvina+Puratasi</b>		

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Bremen, Germany Sun 16 Sutra 170 Vikarin 5121	
Tula Rasi: 17.38	Tithi 3 – 4	<b>Gulika</b>	12:15PM – 1:42PM	<b>Svati Until 9:45AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:27AM	
	663213463	Yama	9:21AM – 10:48AM	Vishkambha* Until 12:54AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	3:10PM – 4:37PM	Vanija Until 8:17PM	<b>Nataraja:</b> Clear		3rd Phase
Until 9:45AM				<b>Tritiya Until 9:30AM</b>	Moon – Green		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashvina+Puratasi</b>		

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bremen, Germany Sun 17 Sutra 171 Vikarin 5121	
Vrischika Rasi: 1.56	Tithi 4 – 5	<b>Gulika</b>	10:48AM – 12:15PM	<b>Vishakha Until 8:23AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	
	673213463	Yama	7:55AM – 9:22AM	Priti Until 10:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	12:15PM – 1:42PM	Bava Until 6:22PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Chaturthi* Until 7:13AM</b>	Moon – Orange		<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>		

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Bremen, Germany Sun 18 Sutra 172 Vikarin 5121	
Vrischika Rasi: 15.44	Tithi 6	<b>Gulika</b>	9:22AM – 10:49AM	<b>Anuradha Until 7:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:30AM	
	673213463	Yama	6:30AM – 7:56AM	Ayushman Until 8:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	1:41PM – 3:07PM	Kaulava Until 5:17PM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:38AM				<b>Shashthi* Until 5:03AM Fri</b>	Moon – Orange		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Ashvina+Puratasi</b>		

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Bremen, Germany Sun 19 Sutra 173 Vikarin 5121	
Vrischika Rasi: 29.02	Tithi 7	<b>Gulika</b>	7:57AM – 9:23AM	<b>Jyeshtha* Until 7:36AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	
	673213463	Yama	3:06PM – 4:31PM	Saubhagya Until 7:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
Routine Work Marana Yoga		<b>Rahu</b>	10:49AM – 12:14PM	Gara Until 5:06PM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:36AM				<b>Saptami Until 5:19AM Sat</b>	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashvina+Puratasi</b>		

<b>Retreat Star</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Bremen, Germany Sun 20 Sutra 174 Vikarin 5121	
Dhanus Rasi: 11.52	Tithi 8	<b>Gulika</b>	6:34AM – 7:59AM	<b>Mula* Until 8:45AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	
	683213463	Yama	1:39PM – 3:04PM	Sobhana Until 6:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	9:24AM – 10:49AM	Visti Until 5:47PM	<b>Nataraja:</b> Clear		Ashtami
				<b>Ashtami* Until 6:24AM Sun</b>	Moon – Light Blue		<b>Sivaloka Day</b>
		<b>Durga Ashtami</b>			<b>Ashvina+Puratasi</b>		

<b>Retreat Star</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bremen, Germany Sun 21 Sutra 175 Vikarin 5121	
Dhanus Rasi: 24.2	Tithi 8 – 9	<b>Gulika</b>	3:03PM – 4:27PM	<b>Purvashadha* Until 10:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	
	683213463	Yama	12:14PM – 1:38PM	Athiganda* Until 6:55PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	4:27PM – 5:52PM	Balava Until 7:14PM	<b>Nataraja:</b> Clear		Navami
Until 10:32AM				<b>Ashtami* Until 6:24AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>			<b>Ashvina+Puratasi</b>		

<b>1</b>	<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bremen, Germany Sun 22 Sutra 176
	Makara Rasi: 6.31	Tithi 9 – 10	<b>Gulika</b> 1:38PM – 3:02PM	<b>Uttarashadha</b> Until 12:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Vikarin 5121
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 8:01AM – 9:25AM	Sukarma Until 7:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 25	
Routine Work	Marana Yoga		Taitila Until 9:17PM	<b>Nataraja:</b> Clear		4th Phase	
Until 12:46PM			<b>Navami*</b> Until 8:11AM	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>			

<b>2</b>	<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Bremen, Germany Sun 23 Sutra 177
	Makara Rasi: 18.29	Tithi 10 – 11	<b>Gulika</b> 12:13PM – 1:37PM	<b>Shravana</b> Until 3:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM	Vikarin 5121
693213464		<b>Rahu</b> 3:00PM – 4:24PM	Dhriti Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25	
Creative Work	Siddha Yoga		Vanija Until 11:40PM	<b>Nataraja:</b> Purple		4th Phase	
		<b>Vijaya Dasami</b>	<b>Dashami</b> Until 10:25AM	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

<b>3</b>	<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bremen, Germany Sun 24 Sutra 178
	Kumbha Rasi: 0.22	Tithi 11 – 12	<b>Gulika</b> 10:50AM – 12:13PM	<b>Dhanishtha</b> Until 6:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM	Vikarin 5121
693213464		<b>Rahu</b> 12:13PM – 1:36PM	Shula* Until 9:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25	
Routine Work	Prabalarishta Yoga		Bava Until 2:13AM Thu	<b>Nataraja:</b> Purple		4th Phase	
Until 6:46PM			<b>Ekadashi</b> Until 12:55PM	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>			

<b>4</b>	<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bremen, Germany Sun 25 Sutra 179
	Kumbha Rasi: 12.12	Tithi 12 – 13	<b>Gulika</b> 9:28AM – 10:50AM	<b>Shatabhishak</b> Until 9:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	Vikarin 5121
693213464		<b>Rahu</b> 1:35PM – 2:58PM	Ganda* Until 10:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25	
Creative Work	Siddha Yoga		Kaulava Until 4:43AM Fri	<b>Nataraja:</b> Purple		4th Phase	
		<b>Kadaitswami Mahasamadhi</b>	<b>Dvadashi</b> Until 3:27PM	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Ashvina+Puratasi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bremen, Germany Sun 26 Sutra 180
	Kumbha Rasi: 24.04	Tithi 13 – 14	<b>Gulika</b> 8:06AM – 9:28AM	<b>Purvaproshtapada*</b> Until 12:40AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:44AM	Vikarin 5121
613213464		<b>Rahu</b> 10:50AM – 12:12PM	Vriddhi Until 11:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 25	
Creative Work	Siddha Yoga		Gara Until 7:04AM Sat	<b>Nataraja:</b> Purple		4th Phase	
		<b>Chidambaram Abhishekam</b>	<b>Trayodashi</b> Until 5:53PM	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

<b>6</b>	<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Bremen, Germany Sun 27 Sutra 181
	Meena Rasi: 5.58	Tithi 14	<b>Gulika</b> 6:46AM – 8:08AM	<b>Uttaraproshtapada</b> Until 3:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:46AM	Vikarin 5121
613213464		<b>Rahu</b> 9:29AM – 10:51AM	Dhruva Until 11:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25	
Creative Work	Siddha Yoga		Gara Until 7:04AM	<b>Nataraja:</b> Purple		4th Phase	
Until 3:21AM Sun			<b>Chaturdashi*</b> Until 8:08PM	Moon – Clear		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>			

	<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Bremen, Germany Sutra 182
	Meena Rasi: 17.59	Tithi 15	<b>Gulika</b> 2:54PM – 4:15PM	<b>Revati</b> Until 5:38AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:48AM	Vikarin 5121
614213464		<b>Rahu</b> 4:15PM – 5:36PM	Vyaghata* Until 12:08AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25	
Creative Work	Amrita Yoga		Visti Until 9:11AM	<b>Nataraja:</b> Purple		Purnima	
Until 5:38AM Mon			<b>Purnima*</b> Until 10:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>			

<b>Monday, October 14, 2019</b>	<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Bremen, Germany Sutra 183
	Mesha Rasi: 0.05	Tithi 16	<b>Gulika</b> 1:32PM – 2:53PM	<b>Ashvini</b> Until 7:57AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:50AM	Vikarin 5121
624213464		<b>Rahu</b> 8:10AM – 9:31AM	Harshana Until 12:25AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25	
<b>Family Home Evening</b>			Balava Until 11:02AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:50PM	Moon – White		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bremen, Germany

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 12.19

Tithi 17

624213464

Gulika

12:11PM – 1:31PM

Ashvini Until 7:57AM

Ganesha: White

Sunrise: 6:51AM

Yama

9:31AM – 10:51AM

Vajra\* Until 12:25AM Wed

Muruqa: Purple

Sunset: 5:31PM

Rahu

2:51PM – 4:11PM

Taitila Until 12:35PM

Nataraja: Purple

Moon – White Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Dvitiya Until 1:13AM Wed

Ashvina•Puratasi

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bremen, Germany

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.41

Tithi 18

624213464

Gulika

10:52AM – 12:11PM

Bharani Until 9:48AM

Ganesha: White

Sunrise: 6:53AM

Yama

8:13AM – 9:32AM

Siddhi Until 12:11AM Thu

Muruqa: Purple

Sunset: 5:29PM

Rahu

12:11PM – 1:31PM

Vanija Until 1:49PM

Nataraja: Purple

Moon – White Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Tritiya Until 2:17AM Thu

Ashvina•Puratasi

Until 9:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Bremen, Germany

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 7.12

Tithi 19

624313464

Gulika

9:33AM – 10:52AM

Krittika Until 11:09AM

Ganesha: Yellow

Sunrise: 6:55AM

Yama

6:55AM – 8:14AM

Vyatipata\* Until 11:40PM

Muruqa: Purple

Sunset: 5:27PM

Rahu

1:30PM – 2:49PM

Bava Until 2:42PM

Nataraja: Purple

Moon – White Subha Sivaloka Day

Routine Work Marana Yoga

Chaturthi\* Until 2:58AM Fri

Ashvina•Aipasi

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Bremen, Germany

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.53

Tithi 20

634313464

Gulika

8:15AM – 9:34AM

Rohini Until 12:27PM

Ganesha: White

Sunrise: 6:57AM

Yama

2:48PM – 4:06PM

Varyan Until 10:49PM

Muruqa: Purple

Sunset: 5:25PM

Rahu

10:52AM – 12:11PM

Kaulava Until 3:11PM

Nataraja: Purple

Moon – Yellow Sivaloka Day

Routine Work Marana Yoga

Panchami Until 3:14AM Sat

Ashvina•Aipasi

Until 12:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Bremen, Germany

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.46

Tithi 21

634313464

Gulika

6:59AM – 8:17AM

Mrigashira Until 1:09PM

Ganesha: White

Sunrise: 6:59AM

Yama

1:29PM – 2:46PM

Parigha\* Until 9:36PM

Muruqa: Purple

Sunset: 5:22PM

Rahu

9:35AM – 10:53AM

Gara Until 3:13PM

Nataraja: Purple

Moon – Yellow Sivaloka Day

Creative Work Siddha Yoga

Shashthi\* Until 3:01AM Sun

Ashvina•Aipasi

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Bremen, Germany

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.55

Tithi 22

634313464

Gulika

2:45PM – 4:03PM

Ardra Until 1:12PM

Ganesha: White

Sunrise: 7:01AM

Yama

12:10PM – 1:28PM

Shiva Until 7:59PM

Muruqa: Purple

Sunset: 5:20PM

Rahu

4:03PM – 5:20PM

Visti Until 2:44PM

Nataraja: Purple

Moon – Yellow Sivaloka Day

Creative Work Siddha Yoga

Saptami Until 2:15AM Mon

Ashvina•Aipasi

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Bremen, Germany

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 29.2

Tithi 23

644313464

Gulika

1:27PM – 2:44PM

Punarvasu Until 1:01PM

Ganesha: Clear

Sunrise: 7:02AM

Yama

10:53AM – 12:10PM

Siddha Until 5:54PM

Muruqa: Purple

Sunset: 5:18PM

Family Home Evening

Rahu

8:19AM – 9:36AM

Balava Until 1:41PM

Nataraja: Purple

Moon – Blue Subha Sivaloka Day

Creative Work Amrita Yoga

Ashtami\* Until 12:56AM Tue

Ashvina•Aipasi

Until 1:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Bremen, Germany

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 13.05

Tithi 24

644313464

Gulika

12:10PM – 1:27PM

Pushya Until 12:07PM

Ganesha: Clear

Sunrise: 7:04AM

Yama

9:37AM – 10:54AM

Sadhya Until 3:21PM

Muruqa: Purple

Sunset: 5:16PM

Creative Work Siddha Yoga

Rahu

2:43PM – 3:59PM

Taitila Until 12:04PM

Nataraja: Purple

Moon – Blue Subha Sivaloka Day

Navami\* Until 11:02PM


Ashvina•Aipasi

<b>1</b>	<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Bremen, Germany Sun 9 Sutra 192
	Kataka Rasi: 27.12	Tithi 25	<b>Gulika</b> 10:54AM – 12:10PM	<b>Ashlesha* Until 10:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	Vikarin 5121
			Yama 8:22AM – 9:38AM	Subha Until 12:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	644313464 <b>Rahu</b> 12:10PM – 1:26PM	Vanija Until 9:55AM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami Until 8:38PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>2</b>	<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bremen, Germany Sun 10 Sutra 193
	Simha Rasi: 11.39	Tithi 26 – 27	<b>Gulika</b> 9:39AM – 10:54AM	<b>Magha* Until 8:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:08AM	Vikarin 5121
			Yama 7:08AM – 8:23AM	Sukla Until 9:02AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 27
	Creative Work	Amrita Yoga	654313464 <b>Rahu</b> 1:25PM – 2:41PM	Bava Until 7:16AM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi* Until 5:47PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>3</b>	<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillala/Gara Karana Dvadashi/Trayodashyam Titau				Bremen, Germany Sun 11 Sutra 194
	Simha Rasi: 26.22	Tithi 27 – 28	<b>Gulika</b> 8:25AM – 9:40AM	<b>Purvaphalguni Until 6:27AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:10AM	Vikarin 5121
			Yama 2:40PM – 3:55PM	Indra Until 1:31AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	655313464 <b>Rahu</b> 10:55AM – 12:10PM	Gara Until 12:59AM Sat	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadashi* Until 2:38PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bremen, Germany Sun 12 Sutra 195
	Kanya Rasi: 11.16	Tithi 28 – 29	<b>Gulika</b> 7:12AM – 8:26AM	<b>Hasta Until 1:19AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:12AM	Vikarin 5121
			Yama 1:24PM – 2:38PM	Vaidhriti* Until 9:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 27
	Routine Work	Marana Yoga	665313464 <b>Rahu</b> 9:41AM – 10:55AM	Visti Until 9:37PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi* Until 11:17AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

	<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bremen, Germany Sun 13 Sutra 196
	<b>Retreat Star</b>		<b>Gulika</b> 2:37PM – 3:51PM	<b>Chitra Until 10:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:14AM	Vikarin 5121
	Kanya Rasi: 26.14	Tithi 29 – 30	Yama 12:09PM – 1:23PM	Vishkambha* Until 5:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	665313464 <b>Rahu</b> 3:51PM – 5:05PM	Catuspada Until 6:18PM	<b>Nataraja:</b> Purple		Amavasya
			<b>Chaturdashi* Until 7:55AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>Retreat Star</b>	<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Bremen, Germany Sun 14 Sutra 197
	Tula Rasi: 11.05	Tithi 1	<b>Gulika</b> 1:23PM – 2:36PM	<b>Svati Until 8:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:15AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:56AM – 12:09PM	Priti Until 1:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 27
	Creative Work	Amrita Yoga	665313464 <b>Rahu</b> 8:29AM – 9:42AM	Kintughna Until 3:12PM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama* Until 1:47AM Tue</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Bremen, Germany Sun 15 Sutra 198	
Tula Rasi: 25.43	Tithi 2	<b>Gulika</b> 12:09PM – 1:22PM	<b>Vishakha</b> <b>Until 6:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM		Vikarin 5121
		Yama 9:43AM – 10:56AM	Ayushman <b>Until 10:32AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b> 2:35PM – 3:48PM	Balava <b>Until 12:31PM</b>	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> <b>Until 11:21PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 6:42PM				<b>Kartika-Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Bremen, Germany Sun 16 Sutra 199	
Virshika Rasi: 9.59	Tithi 3	<b>Gulika</b> 10:57AM – 12:09PM	<b>Anuradha</b> <b>Until 5:29PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM		Vikarin 5121
		Yama 8:32AM – 9:44AM	Saubhagya <b>Until 7:34AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b> 12:09PM – 1:22PM	Taitila <b>Until 10:22AM</b>	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 9:33PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Bremen, Germany Sun 17 Sutra 200	
Virshika Rasi: 23.49	Tithi 4	<b>Gulika</b> 9:45AM – 10:57AM	<b>Jyeshtha*</b> <b>Until 4:51PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:21AM		Vikarin 5121
		Yama 7:21AM – 8:33AM	Athiganda* <b>Until 3:24AM Fri</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b> 1:21PM – 2:33PM	Vanija <b>Until 8:57AM</b>	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> <b>Until 8:31PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 4:51PM				<b>Kartika-Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Bremen, Germany Sun 18 Sutra 201	
Dhanus Rasi: 7.1	Tithi 5	<b>Gulika</b> 8:35AM – 9:46AM	<b>Mula*</b> <b>Until 5:20PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:23AM		Vikarin 5121
		Yama 2:32PM – 3:44PM	Sukarma <b>Until 2:18AM Sat</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b> 10:58AM – 12:09PM	Bava <b>Until 8:21AM</b>	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 8:21PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 5:20PM				<b>Kartika-Aipasi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Bremen, Germany Sun 19 Sutra 202	
Dhanus Rasi: 20.05	Tithi 6	<b>Gulika</b> 7:25AM – 8:36AM	<b>Purvashadha*</b> <b>Until 6:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:25AM		Vikarin 5121
		Yama 1:20PM – 2:31PM	Dhriti <b>Until 1:53AM Sun</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b> 9:47AM – 10:58AM	Kaulava <b>Until 8:37AM</b>	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 9:02PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 6:31PM				<b>Kartika-Aipasi</b>			
Then Routine Work - Marana Yoga		<b>Skanda Shasthi</b>					

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Bremen, Germany Sun 20 Sutra 203	
Makara Rasi: 2.37	Tithi 7	<b>Gulika</b> 2:30PM – 3:41PM	<b>Uttarashadha</b> <b>Until 8:16PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:27AM		Vikarin 5121
		Yama 12:09PM – 1:20PM	Shula* <b>Until 1:59AM Mon</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b> 3:41PM – 4:52PM	Gara <b>Until 9:42AM</b>	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> <b>Until 10:30PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Bremen, Germany Sun 21 Sutra 204	
Makara Rasi: 14.49	Tithi 8	<b>Gulika</b> 1:19PM – 2:29PM	<b>Shravana</b> <b>Until 10:57PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:29AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:59AM – 12:09PM	Ganda* <b>Until 2:32AM Tue</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM		Moon 10 - Phase 28
		696313464 <b>Rahu</b> 8:39AM – 9:49AM	Visti <b>Until 11:29AM</b>	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> <b>Until 12:33AM Tue</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 10:57PM				<b>Kartika-Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Bremen, Germany Sun 22 Sutra 205	
Makara Rasi: 26.5	Tithi 9	<b>Gulika</b> 12:09PM – 1:19PM	<b>Dhanishtha</b> <b>Until 1:49AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:30AM		Vikarin 5121
		Yama 9:50AM – 11:00AM	Vriddhi <b>Until 3:21AM Wed</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM		Moon 10 - Phase 28
		696313464 <b>Rahu</b> 2:29PM – 3:38PM	Balava <b>Until 1:45PM</b>	<b>Nataraja:</b> Purple			Navami
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 2:58AM Wed</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Bremen, Germany
	Kumbha Rasi: 8.43	Tithi 10	<b>Gulika</b> 11:00AM – 12:09PM	<b>Shatabhishak</b> <b>Until 4:39AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:32AM	Sun 23 Sutra 206
			Yama 8:42AM – 9:51AM	Dhruva <b>Until 4:14AM Thu</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Vikarin 5121
	696313464	<b>Rahu</b> 12:09PM – 1:18PM		Taitila <b>Until 4:16PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 5:31AM Thu</b>	Moon – Purple		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Bremen, Germany
	Kumbha Rasi: 20.34	Tithi 11	<b>Gulika</b> 9:52AM – 11:01AM	<b>Purvaproshtapada*</b> <b>Until 7:44AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:34AM	Sun 24 Sutra 207
			Yama 7:34AM – 8:43AM	Vyaghata* <b>Until 5:04AM Fri</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:44PM	Vikarin 5121
	716313464	<b>Rahu</b> 1:18PM – 2:27PM		Vanija <b>Until 6:47PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 7:58AM Fri</b>	Moon – Clear		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bremen, Germany
	Meena Rasi: 2.28	Tithi 11 – 12	<b>Gulika</b> 8:44AM – 9:53AM	<b>Purvaproshtapada*</b> <b>Until 7:44AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:36AM	Sun 25 Sutra 208
			Yama 2:26PM – 3:34PM	Harshana <b>Until 5:44AM Sat</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:43PM	Vikarin 5121
	716313464	<b>Rahu</b> 11:01AM – 12:09PM		Bava <b>Until 9:08PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 7:58AM</b>	Moon – Clear		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bremen, Germany
	Meena Rasi: 14.26	Tithi 12 – 13	<b>Gulika</b> 7:38AM – 8:46AM	<b>Uttaraproshtapada</b> <b>Until 10:25AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:38AM	Sun 26 Sutra 209
			Yama 1:17PM – 2:25PM	Vajra* <b>Until 6:08AM Sun</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Vikarin 5121
	716313464	<b>Rahu</b> 9:54AM – 11:02AM		Kaulava <b>Until 11:12PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 10:11AM</b>	Moon – Clear		4th Phase	
Until 10:25AM				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bremen, Germany
	Meena Rasi: 26.32	Tithi 13 – 14	<b>Gulika</b> 2:24PM – 3:32PM	<b>Revati</b> <b>Until 12:37PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:40AM	Sun 27 Sutra 210
			Yama 12:10PM – 1:17PM	Vajra* <b>Until 6:08AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:39PM	Vikarin 5121
	716313464	<b>Rahu</b> 3:32PM – 4:39PM		Gara <b>Until 12:52AM Mon</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Amrita Yoga		<b>Trayodashi</b> <b>Until 12:03PM</b>	Moon – Clear		4th Phase	
Until 12:37PM				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Bremen, Germany
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:17PM – 2:24PM	<b>Ashvini</b> <b>Until 2:45PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:42AM	Sutra 211
	Mesha Rasi: 8.48	Tithi 14 – 15	Yama 11:03AM – 12:10PM	Siddhi <b>Until 6:15AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:38PM	Vikarin 5121
	<b>Family Home Evening</b>	727313464	<b>Rahu</b> 8:49AM – 9:56AM	Visti <b>Until 2:07AM Tue</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 1:32PM</b>	Moon – White		Purnima	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bremen, Germany
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:10PM – 1:16PM	<b>Bharani</b> <b>Until 4:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:44AM	Sutra 212
	Mesha Rasi: 21.15	Tithi 15 – 16	Yama 9:57AM – 11:03AM	Vyatipata* <b>Until 6:03AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM	Vikarin 5121
	727413464	<b>Rahu</b> 2:23PM – 3:29PM		Balava <b>Until 2:57AM Wed</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 2:34PM</b>	Moon – White		Prathama	
				<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bremen, Germany

Sutra 213

Vikarin 5121

Vrishabha Rasi: 3.53 Tithi 16 – 17

Gulika 11:04AM – 12:10PM

Krittika Until 5:19PM

Ganesha: White Sunrise: 7:45AM

Moon 11 - Phase 30

1st Phase

Yama 8:52AM – 9:58AM

Parigha\* Until 4:39AM Thu

Muruqa: Purple Sunset: 4:34PM

Creative Work Amrita Yoga

Rahu 12:10PM – 1:16PM

Taitila Until 3:22AM Thu

Nataraja: Purple

Sivaloka Day

Moon – White

Kartika-Aipasi

Until 5:19PM

Then Creative Work - Siddha Yoga

1 Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bremen, Germany

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 16.43 Tithi 17 – 18

Gulika 9:59AM – 11:04AM

Rohini Until 6:14PM

Ganesha: Clear Sunrise: 7:47AM

Moon 11 - Phase 30

1st Phase

Yama 7:47AM – 8:53AM

Shiva Until 3:31AM Fri

Muruqa: Purple Sunset: 4:33PM

Routine Work Marana Yoga

Rahu 1:16PM – 2:21PM

Vanija Until 3:23AM Fri

Nataraja: Purple

Subha Sivaloka Day

Moon – Yellow

Kartika-Aipasi

2 Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Bremen, Germany

Sun 2 Sutra 215

Vikarin 5121

Vrishabha Rasi: 29.43 Tithi 18 – 19

Gulika 8:54AM – 10:00AM

Mrigashira Until 6:38PM

Ganesha: Clear Sunrise: 7:49AM

Moon 11 - Phase 30

1st Phase

Yama 2:21PM – 3:26PM

Siddha Until 2:03AM Sat

Muruqa: Purple Sunset: 4:31PM

Creative Work Siddha Yoga

Rahu 11:05AM – 12:10PM

Bava Until 3:02AM Sat

Nataraja: Purple

Subha Sivaloka Day

Moon – Yellow

Kartika-Aipasi

3 Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bremen, Germany

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 12.56 Tithi 19 – 20

Gulika 7:51AM – 8:56AM

Ardra Until 6:32PM

Ganesha: Clear Sunrise: 7:51AM

Moon 11 - Phase 30

1st Phase

Yama 1:15PM – 2:20PM

Sadhya Until 12:19AM Sun

Muruqa: Purple Sunset: 4:30PM

Creative Work Siddha Yoga

Rahu 10:01AM – 11:06AM

Kaulava Until 2:20AM Sun

Nataraja: Purple

Subha Sivaloka Day

Moon – Yellow

Kartika-Kartikai

4 Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bremen, Germany

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 26.2 Tithi 20 – 21

Gulika 2:20PM – 3:24PM

Punarvasu Until 6:24PM

Ganesha: Purple Sunrise: 7:53AM

Moon 11 - Phase 30

1st Phase

Yama 12:11PM – 1:15PM

Subha Until 10:20PM

Muruqa: Purple Sunset: 4:28PM

Creative Work Siddha Yoga

Rahu 3:24PM – 4:28PM

Gara Until 1:17AM Mon

Nataraja: Clear

Devaloka Day

Moon – Blue

Kartika-Kartikai

5 Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bremen, Germany

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 9.55 Tithi 21 – 22

Gulika 1:15PM – 2:19PM

Pushya Until 5:46PM

Ganesha: Clear Sunrise: 7:54AM

Moon 11 - Phase 30

1st Phase

Yama 11:07AM – 12:11PM

Sukla Until 8:03PM

Muruqa: Purple Sunset: 4:27PM

Family Home Evening

Rahu 8:59AM – 10:03AM

Visti Until 11:53PM

Nataraja: Clear

Sivaloka Day

Moon – Blue

Kartika-Kartikai

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamy/Ashlamyam Titau

Bremen, Germany

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 23.43 Tithi 22 – 23

Gulika 12:11PM – 1:15PM

Ashlesha\* Until 4:40PM

Ganesha: Clear Sunrise: 7:56AM

Moon 11 - Phase 30

Ashtami

Yama 10:04AM – 11:07AM

Brahma Until 5:31PM

Muruqa: Purple Sunset: 4:26PM

Creative Work Siddha Yoga

Rahu 2:18PM – 3:22PM

Balava Until 10:10PM

Nataraja: Clear

Sivaloka Day

Moon – Blue

Kartika-Kartikai

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bremen, Germany

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 7.42 Tithi 23 – 24

Gulika 11:08AM – 12:11PM

Magha\* Until 3:32PM

Ganesha: White Sunrise: 7:58AM

Moon 11 - Phase 30

Navami

Yama 9:01AM – 10:05AM

Indra Until 2:44PM

Muruqa: Purple Sunset: 4:24PM

Creative Work Siddha Yoga

Rahu 12:11PM – 1:15PM

Taitila Until 8:08PM

Nataraja: Clear

Subha Sivaloka Day

Moon – Red

Kartika-Kartikai

Until 3:32PM

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Bremen, Germany Sun 8 Sutra 221
Simha Rasi: 21.54	Tithi 24 – 25	<b>Gulika</b> 10:06AM – 11:09AM	<b>Purvaphalguni</b> Until 1:59PM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:00AM	Vikarin 5121
		Yama 8:00AM – 9:03AM	Vaidhrili* Until 11:42AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:23PM	Moon 11 - Phase 31
		758413465 <b>Rahu</b> 1:14PM – 2:17PM	Visti Until 4:33AM Fri	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:59AM	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Ekadashyam Titau	Bremen, Germany Sun 9 Sutra 222
Kanya Rasi: 6.16	Tithi 26	<b>Gulika</b> 9:04AM – 10:07AM	<b>Uttaraphalguni</b> Until 12:03PM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:02AM	Vikarin 5121
		Yama 2:17PM – 3:19PM	Vishkambha* Until 8:29AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:22PM	Moon 11 - Phase 31
		758413465 <b>Rahu</b> 11:09AM – 12:12PM	Bava Until 3:17PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:57AM Sat	Moon – Red	<b>Subha Sivaloka Day</b>
Until 12:03PM				<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Bremen, Germany Sun 10 Sutra 223
Kanya Rasi: 20.44	Tithi 27	<b>Gulika</b> 8:03AM – 9:05AM	<b>Hasta</b> Until 10:16AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:03AM	Vikarin 5121
		Yama 1:14PM – 2:16PM	Ayushman Until 1:45AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:21PM	Moon 11 - Phase 31
		768413465 <b>Rahu</b> 10:08AM – 11:10AM	Kaulava Until 12:39PM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 11:17PM	Moon – Green	<b>Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Bremen, Germany Sun 11 Sutra 224
Tula Rasi: 5.15	Tithi 28	<b>Gulika</b> 2:16PM – 3:18PM	<b>Chitra</b> Until 8:20AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:05AM	Vikarin 5121
		Yama 12:12PM – 1:14PM	Saubhagya Until 10:25PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:20PM	Moon 11 - Phase 31
		769413465 <b>Rahu</b> 3:18PM – 4:20PM	Gara Until 9:59AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:40PM	Moon – Green	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Bremen, Germany Sun 12 Sutra 225
Tula Rasi: 19.41	Tithi 29	<b>Gulika</b> 1:14PM – 2:16PM	<b>Svati</b> Until 6:21AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:07AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 11:11AM – 12:13PM	Sobhana Until 7:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:19PM	Moon 11 - Phase 31
		769413465 <b>Rahu</b> 9:08AM – 10:10AM	Visti Until 7:26AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:14PM	Moon – Green	<b>Devaloka Day</b>
Until 6:21AM				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Bremen, Germany Sun 13 Sutra 226
Vrischika Rasi: 3.58	Tithi 30 – 1	<b>Gulika</b> 12:13PM – 1:14PM	<b>Anuradha</b> Until 3:42AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:08AM	Vikarin 5121
		Yama 10:11AM – 11:12AM	Athiganda* Until 4:20PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:18PM	Moon 11 - Phase 31
		779413465 <b>Rahu</b> 2:15PM – 3:16PM	Kintughna Until 3:16AM Wed	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 4:08PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Bremen, Germany Sun 14 Sutra 227
Vrischika Rasi: 17.59	Tithi 1 – 2	<b>Gulika</b> 11:12AM – 12:13PM	<b>Jyeshtha*</b> Until 2:53AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:10AM	Vikarin 5121
		Yama 9:11AM – 10:12AM	Sukarma Until 1:49PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:17PM	Moon 11 - Phase 31
		779413465 <b>Rahu</b> 12:13PM – 1:14PM	Balava Until 1:55AM Thu	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:30PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bremen, Germany Sun 15 Sutra 228 Vikarin 5121	
Dhanus Rasi: 1.39	Tithi 2 – 3	<b>Gulika</b> 10:13AM – 11:13AM	<b>Mula* Until 3:02AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:11AM		
		Yama 8:11AM – 9:12AM	Dhriti Until 11:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:16PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 1:14PM – 2:15PM	Taitila Until 1:15AM Fri	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:29PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:02AM Fri				<b>Margasira•Karttikai</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bremen, Germany Sun 16 Sutra 229 Vikarin 5121	
Dhanus Rasi: 14.56	Tithi 3 – 4	<b>Gulika</b> 9:13AM – 10:13AM	<b>Purvashadha* Until 3:45AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:13AM		
		Yama 2:14PM – 3:15PM	Shula* Until 10:16AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:15PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 11:14AM – 12:14PM	Vanija Until 1:19AM Sat	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 1:10PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:45AM Sat				<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bremen, Germany Sun 17 Sutra 230 Vikarin 5121	
Dhanus Rasi: 27.51	Tithi 4 – 5	<b>Gulika</b> 8:15AM – 9:14AM	<b>Uttarashadha Until 5:01AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:15AM		
		Yama 1:14PM – 2:14PM	Ganda* Until 9:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:14PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:14AM – 11:14AM	Bava Until 2:08AM Sun	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 1:37PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:01AM Sun				<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bremen, Germany Sun 18 Sutra 231 Vikarin 5121	
Makara Rasi: 10.25	Tithi 5 – 6	<b>Gulika</b> 2:14PM – 3:14PM	<b>Shravana Until 7:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:16AM		
		Yama 12:15PM – 1:14PM	Vridhhi Until 9:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:13PM		Moon 11 - Phase 32
		799413465 <b>Rahu</b> 3:14PM – 4:13PM	Kaulava Until 3:39AM Mon	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 2:47PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:16AM Mon				<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Bremen, Germany Sun 19 Sutra 232 Vikarin 5121	
Makara Rasi: 22.41	Tithi 6 – 7	<b>Gulika</b> 1:15PM – 2:14PM	<b>Shravana Until 7:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:17AM		
<b>Family Home Evening</b>		Yama 11:16AM – 12:15PM	Dhruva Until 9:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:13PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 9:17AM – 10:16AM	Gara Until 5:42AM Tue	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:35PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:16AM				<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saptamyam Titau		Bremen, Germany Sun 20 Sutra 233 Vikarin 5121	
Kumbha Rasi: 4.44	Tithi 7	<b>Gulika</b> 12:16PM – 1:15PM	<b>Dhanishtha Until 9:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:19AM		
		Yama 10:17AM – 11:16AM	Vyaghata* Until 9:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:12PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:14PM – 3:13PM	Vanija Until 6:51PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:51AM				<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Bremen, Germany Sun 21 Sutra 234 Vikarin 5121	
Kumbha Rasi: 16.4	Tithi 8	<b>Gulika</b> 11:17AM – 12:16PM	<b>Shatabhishak Until 12:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:20AM		
		Yama 9:19AM – 10:18AM	Harshana Until 10:27AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:11PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 12:16PM – 1:15PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 12:33PM				<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Bremen, Germany Sun 22 Sutra 235 Vikarin 5121	
Kumbha Rasi: 28.32	Tithi 9	<b>Gulika</b> 10:19AM – 11:18AM	<b>Purvaproshtapada* Until 3:39PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:22AM		
		Yama 8:22AM – 9:20AM	Vajra* Until 11:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:11PM		Moon 11 - Phase 32
		711413465 <b>Rahu</b> 1:15PM – 2:14PM	Balava Until 10:36AM	<b>Nataraja:</b> Clear			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 11:48PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Margasira•Karttikai</b>			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Bremen, Germany Sun 23 Sutra 236
Meena Rasi: 10.27	Tithi 10	<b>Gulika</b> 9:21AM – 10:20AM	<b>Uttaraproshtapada</b> Until 6:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:23AM		Vikarin 5121	
		Yama 2:14PM – 3:12PM	Siddhi Until 11:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:10PM		Moon 11 - Phase 33	
		711413465 <b>Rahu</b> 11:18AM – 12:17PM	Taitila Until 1:00PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:05AM Sat	Moon – Clear			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Bremen, Germany Sun 24 Sutra 237
Meena Rasi: 22.27	Tithi 11	<b>Gulika</b> 8:24AM – 9:23AM	<b>Revati</b> Until 8:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:24AM		Vikarin 5121	
		Yama 1:15PM – 2:14PM	Vyatipata* Until 12:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:10PM		Moon 11 - Phase 33	
		711513465 <b>Rahu</b> 10:21AM – 11:19AM	Vanija Until 3:07PM	<b>Nataraja:</b> Clear			4th Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 3:59AM Sun	Moon – Clear			<b>Subha Sivaloka Day</b>	
Until 8:46PM				<b>Margasira-Karttikai</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Bremen, Germany Sun 25 Sutra 238
Mesha Rasi: 5	Tithi 12	<b>Gulika</b> 2:14PM – 3:12PM	<b>Ashvini</b> Until 10:59PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:26AM		Vikarin 5121	
		Yama 12:18PM – 1:16PM	Varyan Until 12:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:10PM		Moon 11 - Phase 33	
		721513465 <b>Rahu</b> 3:12PM – 4:10PM	Bava Until 4:47PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dvodashi</b> Until 5:24AM Mon	Moon – White			<b>Sivaloka Day</b>	
Until 10:59PM				<b>Margasira-Karttikai</b>				
Then Routine Work - Prabalarishta Yoga								

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bremen, Germany Sun 26 Sutra 239
Mesha Rasi: 16.58	Tithi 13	<b>Gulika</b> 1:16PM – 2:14PM	<b>Bharani</b> Until 12:30AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:27AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama 11:20AM – 12:18PM	Parigha* Until 12:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:09PM		Moon 11 - Phase 33	
		721513465 <b>Rahu</b> 9:25AM – 10:22AM	Kaulava Until 5:55PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:15AM Tue	Moon – White			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bremen, Germany Sun 27 Sutra 240
Mesha Rasi: 29.34	Tithi 13 – 14	<b>Gulika</b> 12:19PM – 1:16PM	<b>Krittika</b> Until 1:18AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:28AM		Vikarin 5121	
		Yama 10:23AM – 11:21AM	Shiva Until 11:54AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:09PM		Moon 11 - Phase 33	
		721513465 <b>Rahu</b> 2:14PM – 3:12PM	Gara Until 6:29PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:15AM	Moon – White			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				
				<b>Krittika Deepam</b>				

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Bremen, Germany Sutra 241
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:22AM – 12:19PM	<b>Rohini</b> Until 1:52AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:29AM		Vikarin 5121	
Virshabha Rasi: 12.27	Tithi 14 – 15	Yama 9:27AM – 10:24AM	Siddha Until 10:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:09PM		Moon 11 - Phase 33	
		731523465 <b>Rahu</b> 12:19PM – 1:17PM	Visti Until 6:28PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:31AM	Moon – Yellow			<b>Sivaloka Day</b>	
Until 1:52AM Thu				<b>Margasira-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Bremen, Germany Sutra 242
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:25AM – 11:22AM	<b>Mrigashira</b> Until 1:48AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:30AM		Vikarin 5121	
Virshabha Rasi: 25.36	Tithi 15 – 16	Yama 8:30AM – 9:27AM	Sadhya Until 9:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:09PM		Moon 11 - Phase 33	
		732523465 <b>Rahu</b> 1:17PM – 2:14PM	Kaulava Until 5:27AM Fri	<b>Nataraja:</b> Clear			Prathama	
Routine Work	Marana Yoga		<b>Purnima*</b> Until 6:14AM	Moon – Yellow			<b>Devaloka Day</b>	
Until 1:48AM Fri				<b>Margasira-Karttikai</b>				
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Begins</b>						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Bremen, Germany

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 9.01 Tithi 17

732523465

**Gulika** 9:28AM – 10:26AM

**Yama** 2:14PM – 3:12PM

**Rahu** 11:23AM – 12:20PM

**Ardra Until 1:09AM Sat**

**Subha Until 7:28AM**

**Taitila Until 4:56PM**

**Dvitiya Until 4:16AM Sat**

**Ganesha:** Clear **Sunrise:** 8:31AM

**Muruqa:** Clear **Sunset:** 4:09PM

**Nataraja:** Clear

**Moon – Yellow**

**Margasira-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bremen, Germany

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 22.41 Tithi 18

742523465

**Gulika** 8:32AM – 9:29AM

**Yama** 1:18PM – 2:15PM

**Rahu** 10:26AM – 11:23AM

**Punarvasu Until 12:29AM Sun**

**Brahma Until 2:49AM Sun**

**Vanija Until 3:34PM**

**Tritiya Until 2:45AM Sun**

**Ganesha:** Purple **Sunrise:** 8:32AM

**Muruqa:** Clear **Sunset:** 4:09PM

**Nataraja:** Clear

**Moon – Blue**

**Margasira-Karttikai**

**Bhuloka Day**

**Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Bremen, Germany

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 6.31 Tithi 19

742523465

**Gulika** 2:15PM – 3:12PM

**Yama** 12:21PM – 1:18PM

**Rahu** 3:12PM – 4:09PM

**Pushya Until 11:25PM**

**Indra Until 12:11AM Mon**

**Bava Until 1:55PM**

**Chaturthi\* Until 1:00AM Mon**

**Ganesha:** Purple **Sunrise:** 8:33AM

**Muruqa:** Clear **Sunset:** 4:09PM

**Nataraja:** Clear

**Moon – Blue**

**Margasira-Karttikai**

**Bhuloka Day**

**Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Bremen, Germany

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 20.31 Tithi 20

742523465

**Gulika** 1:18PM – 2:15PM

**Yama** 11:25AM – 12:21PM

**Rahu** 9:31AM – 10:28AM

**Ashlesha\* Until 10:02PM**

**Vaidhriti\* Until 9:24PM**

**Kaulava Until 12:04PM**

**Panchami Until 11:04PM**

**Ganesha:** Purple **Sunrise:** 8:34AM

**Muruqa:** Clear **Sunset:** 4:09PM

**Nataraja:** Clear

**Moon – Blue**

**Margasira-Markali**

**Bhuloka Day**

**Devaloka Time: 3:PM to 6:PM**

Family Home Evening

Creative Work Siddha Yoga

Until 10:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Bremen, Germany

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 4.35 Tithi 21

852523465

**Gulika** 12:22PM – 1:19PM

**Yama** 10:28AM – 11:25AM

**Rahu** 2:16PM – 3:12PM

**Magha\* Until 8:50PM**

**Vishkambha\* Until 6:33PM**

**Gara Until 10:06AM**

**Shashthi\* Until 9:03PM**

**Ganesha:** Purple **Sunrise:** 8:35AM

**Muruqa:** Clear **Sunset:** 4:09PM

**Nataraja:** Clear

**Moon – Red**

**Margasira-Markali**

**Bhuloka Day**

**Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Bremen, Germany

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 18.43 Tithi 22

852523465

**Gulika** 11:26AM – 12:22PM

**Yama** 9:32AM – 10:29AM

**Rahu** 12:22PM – 1:19PM

**Purvaphalguni Until 7:27PM**

**Priti Until 3:40PM**

**Visti Until 8:02AM**

**Saptami Until 6:59PM**

**Ganesha:** Purple **Sunrise:** 8:35AM

**Muruqa:** Clear **Sunset:** 4:10PM

**Nataraja:** Clear

**Moon – Red**

**Margasira-Markali**

**Bhuloka Day**

**Devaloka Time: 3:PM to 6:PM**

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Bremen, Germany

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

**Gulika** 10:30AM – 11:26AM

**Yama** 8:36AM – 9:33AM

**Rahu** 1:20PM – 2:16PM

**Uttaraphalguni Until 5:55PM**

**Ayushman Until 12:44PM**

**Taitila Until 3:53AM Fri**

**Ashtami\* Until 4:54PM**

**Ganesha:** Purple **Sunrise:** 8:36AM

**Muruqa:** Clear **Sunset:** 4:10PM

**Nataraja:** Clear

**Moon – Red**

**Margasira-Markali**

**Bhuloka Day**

**Devaloka Time: 3:PM to 6:PM**

Amrita Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Bremen, Germany

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

**Gulika** 9:33AM – 10:30AM

**Yama** 2:17PM – 3:14PM

**Rahu** 11:27AM – 12:23PM

**Hasta Until 4:41PM**

**Saubhagya Until 9:50AM**

**Vanija Until 1:51AM Sat**

**Navami\* Until 2:50PM**

**Ganesha:** Clear **Sunrise:** 8:37AM

**Muruqa:** Clear **Sunset:** 4:10PM

**Nataraja:** Clear

**Moon – Green**

**Margasira-Markali**

**Devaloka Day**

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bremen, Germany Sun 8 Sutra 251	
Tula Rasi: 1.09	Tithi 25 – 26	<b>Gulika</b> 8:37AM – 9:34AM	<b>Chitra</b> Until 3:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:37AM		Vikarin 5121
		Yama 1:21PM – 2:17PM	Sobhana Until 6:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:11PM		Moon 12 - Phase 35
	862523465	<b>Rahu</b> 10:31AM – 11:27AM	Bava Until 11:54PM	<b>Nataraja:</b> Clear			2nd Phase
Routine Work	Marana Yoga			Moon – Green		<b>Devaloka Day</b>	
Until 3:22PM		<b>Day 1 of Pancha Ganapati</b>	<b>Dashami</b> Until 12:51PM	<b>Margasira*Markali</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Bremen, Germany Sun 9 Sutra 252	
Tula Rasi: 15.13	Tithi 26 – 27	<b>Gulika</b> 2:18PM – 3:15PM	<b>Svati</b> Until 2:03PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:38AM		Vikarin 5121
		Yama 12:25PM – 1:21PM	Sukarma Until 1:33AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:11PM		Moon 12 - Phase 35
	862523465	<b>Rahu</b> 3:15PM – 4:11PM	Kaulava Until 10:07PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Devaloka Day</b>	
Until 2:03PM		<b>Day 2 of Pancha Ganapati</b>	<b>Ekadashi*</b> Until 10:58AM	<b>Margasira*Markali</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau		Bremen, Germany Sun 10 Sutra 253	
Tula Rasi: 29.1	Tithi 27 – 28	<b>Gulika</b> 1:22PM – 2:18PM	<b>Vishakha</b> Until 1:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:38AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 11:28AM – 12:25PM	Dhriti Until 11:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:12PM		Moon 12 - Phase 35
	872523465	<b>Rahu</b> 9:35AM – 10:32AM	Gara Until 8:34PM	<b>Nataraja:</b> Clear			2nd Phase
Routine Work	Marana Yoga			Moon – Orange		<b>Bhuloka Day</b>	
Until 1:13PM		<b>Day 3 of Pancha Ganapati</b>	<b>Dvadashi*</b> Until 9:17AM	<b>Margasira*Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Bremen, Germany Sun 11 Sutra 254	
Vrischika Rasi: 12.57	Tithi 28 – 29	<b>Gulika</b> 12:26PM – 1:22PM	<b>Anuradha</b> Until 12:31PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:39AM		Vikarin 5121
		Yama 10:32AM – 11:29AM	Shula* Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:12PM		Moon 12 - Phase 35
	872523465	<b>Rahu</b> 2:19PM – 3:16PM	Visti Until 7:19PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Bhuloka Day</b>	
Until 12:31PM		<b>Day 4 of Pancha Ganapati</b>	<b>Trayodashi*</b> Until 7:52AM	<b>Margasira*Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Bremen, Germany Sun 12 Sutra 255	
<b>Retreat Star</b>		<b>Gulika</b> 11:29AM – 12:26PM	<b>Jyeshtha*</b> Until 12:02PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:39AM		Vikarin 5121
Vrischika Rasi: 26.32	Tithi 29 – 30	Yama 9:36AM – 10:33AM	Ganda* Until 7:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:13PM		Moon 12 - Phase 35
	872523465	<b>Rahu</b> 12:26PM – 1:23PM	Catuspada Until 6:29PM	<b>Nataraja:</b> Clear			Amavasya
Creative Work	Siddha Yoga			Moon – Orange		<b>Bhuloka Day</b>	
Until 12:02PM		<b>Day 5 of Pancha Ganapati</b>	<b>Chaturdashi*</b> Until 6:49AM	<b>Margasira*Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Bremen, Germany Sun 13 Sutra 256	
<b>Retreat Star</b>		<b>Gulika</b> 10:33AM – 11:30AM	<b>Mula*</b> Until 12:19PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:39AM		Vikarin 5121
Dhanus Rasi: 9.52	Tithi 30 – 1	Yama 8:39AM – 9:36AM	Vriddhi Until 5:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:14PM		Moon 12 - Phase 35
	883523465	<b>Rahu</b> 1:23PM – 2:20PM	Kintughna Until 6:09PM	<b>Nataraja:</b> Clear			Prathama
Creative Work	Siddha Yoga			Moon – Light Blue		<b>Devaloka Day</b>	
		<b>Annular Solar Eclipse</b>	<b>Amavasya*</b> Until 6:14AM	<b>Pausha*Markali</b>			

<b>1</b>		<b>Friday, December 27, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dviliyayam Titau		Bremen, Germany Sun 14 Sutra 257	
Dhanus Rasi: 22.55	Tithi 1 – 2	<b>Gulika</b> 9:36AM – 10:33AM	<b>Purvashadha* Until 12:59PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:40AM			Vikarin 5121	
		Yama 2:21PM – 3:18PM	Dhruva Until 4:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM			Moon 12 - Phase 36	
		883523466 <b>Rahu</b> 11:30AM – 12:27PM	Balava Until 6:22PM	<b>Nataraja:</b> Orange				3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 6:10AM</b>	<b>Moon – Light Blue</b>			<b>Devaloka Day</b>		
Until 12:59PM				<b>Pausha-Markali</b>					
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Saturday, December 28, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitilla Karana Dviliya/Tritilyayam Titau		Bremen, Germany Sun 15 Sutra 258	
Makara Rasi: 5.41	Tithi 2 – 3	<b>Gulika</b> 8:40AM – 9:37AM	<b>Uttarashadha Until 2:04PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:40AM			Vikarin 5121	
		Yama 1:25PM – 2:21PM	Vyaghata* Until 3:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM			Moon 12 - Phase 36	
		883523466 <b>Rahu</b> 10:34AM – 11:31AM	Taitilla Until 7:12PM	<b>Nataraja:</b> Orange				3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya Until 6:42AM</b>	<b>Moon – Light Blue</b>			<b>Devaloka Day</b>		
Until 2:04PM				<b>Pausha-Markali</b>					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Sunday, December 29, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bremen, Germany Sun 16 Sutra 259	
Makara Rasi: 18.1	Tithi 3 – 4	<b>Gulika</b> 2:22PM – 3:19PM	<b>Shravana Until 4:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:40AM			Vikarin 5121	
		Yama 12:28PM – 1:25PM	Harshana Until 3:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:16PM			Moon 12 - Phase 36	
		893523466 <b>Rahu</b> 3:19PM – 4:16PM	Vanija Until 8:37PM	<b>Nataraja:</b> Orange				3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 7:49AM</b>	<b>Moon – Purple</b>			<b>Devaloka Day</b>		
Until 4:02PM				<b>Pausha-Markali</b>					
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Monday, December 30, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bremen, Germany Sun 17 Sutra 260	
Kumbha Rasi: 0.26	Tithi 4 – 5	<b>Gulika</b> 1:26PM – 2:23PM	<b>Dhanishtha Until 6:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:40AM			Vikarin 5121	
		Yama 11:31AM – 12:29PM	Vajra* Until 4:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:17PM			Moon 12 - Phase 36	
<b>Family Home Evening</b>		893523466 <b>Rahu</b> 9:37AM – 10:34AM	Bava Until 10:31PM	<b>Nataraja:</b> Orange				3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:29AM</b>	<b>Moon – Purple</b>			<b>Devaloka Day</b>		
				<b>Pausha-Markali</b>					

<b>5</b>		<b>Tuesday, December 31, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bremen, Germany Sun 18 Sutra 261	
Kumbha Rasi: 12.31	Tithi 5 – 6	<b>Gulika</b> 12:29PM – 1:26PM	<b>Shatabhishak Until 8:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:40AM			Vikarin 5121	
		Yama 10:34AM – 11:32AM	Siddhi Until 4:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:18PM			Moon 12 - Phase 36	
		893523466 <b>Rahu</b> 2:24PM – 3:21PM	Kaulava Until 12:48AM Wed	<b>Nataraja:</b> Orange				3rd Phase	
Routine Work	Marana Yoga		<b>Panchami Until 11:36AM</b>	<b>Moon – Purple</b>			<b>Devaloka Day</b>		
				<b>Pausha-Markali</b>					

<b>6</b>		<b>Wednesday, January 1, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata*/Variyan Yoga Taitilla/Gara Karana Shashthi/Saptamyam Titau		Bremen, Germany Sun 19 Sutra 262	
Kumbha Rasi: 24.27	Tithi 6 – 7	<b>Gulika</b> 11:32AM – 12:30PM	<b>Purvaprosarthpada* Until 11:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:40AM			Vikarin 5121	
		Yama 9:37AM – 10:35AM	Vyatipata* Until 5:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:20PM			Moon 12 - Phase 36	
		813623466 <b>Rahu</b> 12:30PM – 1:28PM	Gara Until 3:17AM Thu	<b>Nataraja:</b> Orange				3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 2:01PM</b>	<b>Moon – Clear</b>			<b>Bhuloka Day</b>		
Until 11:54PM				<b>Pausha-Markali</b>			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>							

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bremen, Germany Sun 20 Sutra 263	
Meena Rasi: 6.2	Tithi 7 – 8	<b>Gulika</b> 10:35AM – 11:33AM	<b>Uttaraprosarthpada Until 2:48AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:39AM			Vikarin 5121	
		Yama 8:39AM – 9:37AM	Variyan Until 6:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:22PM			Moon 12 - Phase 36	
		813623466 <b>Rahu</b> 1:28PM – 2:26PM	Visti Until 5:46AM Fri	<b>Nataraja:</b> Orange				3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 4:31PM</b>	<b>Moon – Clear</b>			<b>Bhuloka Day</b>		
				<b>Pausha-Markali</b>			Devaloka Time: 3:PM to 6:PM		

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau		Bremen, Germany Sun 21 Sutra 264	
Meena Rasi: 18.14	Tithi 8	<b>Gulika</b> 9:37AM – 10:35AM	<b>Revati Until 5:23AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:39AM			Vikarin 5121	
		Yama 2:27PM – 3:25PM	Parigha* Until 6:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM			Moon 12 - Phase 36	
		813623466 <b>Rahu</b> 11:33AM – 12:31PM	Bava Until 6:55PM	<b>Nataraja:</b> Orange				Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 6:55PM</b>	<b>Moon – Clear</b>			<b>Bhuloka Day</b>		
				<b>Pausha-Markali</b>			Devaloka Time: 3:PM to 6:PM		

<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Bremen, Germany Sun 22 Sutra 265	
Mesha Rasi: 0.13	Tithi 9	<b>Gulika</b> 8:39AM – 9:37AM	<b>Ashvini Until 7:54AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:39AM			Vikarin 5121	
		Yama 1:30PM – 2:28PM	Shiva Until 7:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM			Moon 12 - Phase 36	
		823623466 <b>Rahu</b> 10:35AM – 11:33AM	Balava Until 8:02AM	<b>Nataraja:</b> Orange				Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 9:01PM</b>	<b>Moon – White</b>			<b>Devaloka Day</b>		
Until 7:54AM Sun				<b>Pausha-Markali</b>					
Then Routine Work - Prabalarishta Yoga									

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau		Bremen, Germany Sun 23 Sutra 266 Vikarin 5121		
Mesha Rasi: 12.21	Tithi 10	Gulika 2:29PM – 3:27PM	Ashvini Until 7:54AM	Ganesha: Yellow	Sunrise: 8:39AM	Muruqa: Clear	Sunset: 4:25PM	Moon 12 - Phase 37 4th Phase
823623466	Rahu 3:27PM – 4:25PM	Yama 12:32PM – 1:30PM	Siddha Until 7:27PM	Nataraja: Orange		Moon – White		Devaloka Day
Creative Work	Siddha Yoga	Subramuniyaswami Jayanti		Dashami Until 10:36PM		Pausha-Markali		
Until 7:54AM								
Then Routine Work - Prabalarishta Yoga								
<b>2</b>		<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau		Bremen, Germany Sun 24 Sutra 267 Vikarin 5121		
Mesha Rasi: 24.43	Tithi 11	Gulika 1:31PM – 2:30PM	Bharani Until 9:44AM	Ganesha: Yellow	Sunrise: 8:38AM	Muruqa: Clear	Sunset: 4:27PM	Moon 12 - Phase 37 4th Phase
823623466	Rahu 9:37AM – 10:35AM	Yama 11:34AM – 12:32PM	Sadhya Until 7:06PM	Nataraja: Orange		Moon – White		Devaloka Day
Family Home Evening	Siddha Yoga	Vanija Until 11:11AM		Ekadashi Until 11:33PM		Pausha-Markali		
Creative Work	Siddha Yoga	Vaikuntha Ekadasi						
Until 9:44AM								
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau		Bremen, Germany Sun 25 Sutra 268 Vikarin 5121		
Vrishabha Rasi: 7.22	Tithi 12	Gulika 12:33PM – 1:32PM	Krittika Until 10:45AM	Ganesha: Yellow	Sunrise: 8:38AM	Muruqa: Clear	Sunset: 4:28PM	Moon 12 - Phase 37 4th Phase
823623466	Rahu 2:30PM – 3:29PM	Yama 10:35AM – 11:34AM	Subha Until 6:13PM	Nataraja: Orange		Moon – White		Devaloka Day
Creative Work	Siddha Yoga	Bava Until 11:47AM		Dvadashi Until 11:47PM		Pausha-Markali		
Until 10:45AM								
Then Creative Work - Amrita Yoga								
<b>4</b>		<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Bremen, Germany Sun 26 Sutra 269 Vikarin 5121		
Vrishabha Rasi: 20.22	Tithi 13	Gulika 11:34AM – 12:33PM	Rohini Until 11:22AM	Ganesha: White	Sunrise: 8:37AM	Muruqa: Clear	Sunset: 4:29PM	Moon 12 - Phase 37 4th Phase
833623466	Rahu 12:33PM – 1:32PM	Yama 9:35AM – 10:35AM	Sukla Until 4:44PM	Nataraja: Orange		Moon – Yellow		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga	Kaulava Until 11:38AM		Trayodashi Until 11:17PM		Pausha-Markali		
<i>Pradosha Vrata</i>								
<b>5</b>		<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau		Bremen, Germany Sun 27 Sutra 270 Vikarin 5121		
Mithuna Rasi: 3.44	Tithi 14	Gulika 10:35AM – 11:34AM	Mrigashira Until 11:09AM	Ganesha: Yellow	Sunrise: 8:36AM	Muruqa: Clear	Sunset: 4:31PM	Moon 12 - Phase 37 4th Phase
834623466	Rahu 1:33PM – 2:32PM	Yama 8:36AM – 9:36AM	Brahma Until 2:44PM	Nataraja: Orange		Moon – Yellow		Devaloka Day
Routine Work	Marana Yoga	Gara Until 10:48AM		Chaturdashi* Until 10:07PM		Pausha-Markali		
<b>○</b>		<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau		Bremen, Germany Sutra 271 Vikarin 5121		
Mithuna Rasi: 17.29	Tithi 15	Gulika 9:35AM – 10:35AM	Ardra Until 10:10AM	Ganesha: Yellow	Sunrise: 8:36AM	Muruqa: Clear	Sunset: 4:32PM	Moon 12 - Phase 37 Purnima
834623466	Rahu 11:35AM – 12:34PM	Yama 2:33PM – 3:33PM	Indra Until 12:16PM	Nataraja: Orange		Moon – Yellow		Devaloka Day
Creative Work	Siddha Yoga	Visti Until 9:19AM		Purnima* Until 8:22PM		Pausha-Markali		
Penumbral Lunar Eclipse Ardra Darshanam								
<b>○</b>		<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau		Bremen, Germany Sutra 272 Vikarin 5121		
Kataka Rasi: 1.34	Tithi 16	Gulika 8:35AM – 9:35AM	Punarvasu Until 8:59AM	Ganesha: White	Sunrise: 8:35AM	Muruqa: Clear	Sunset: 4:34PM	Moon 12 - Phase 37 Prathama
844623466	Rahu 10:35AM – 11:35AM	Yama 1:34PM – 2:34PM	Vaidhriti* Until 9:22AM	Nataraja: Orange		Moon – Blue		Sivaloka Day
Creative Work	Siddha Yoga	Balava Until 7:20AM		Prathama* Until 6:10PM		Pausha-Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\*7/Prithi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:35PM - 3:35PM  
Yama 12:35PM - 1:35PM  
Rahu 3:35PM - 4:35PM

Pushya Until 7:17AM  
Vishkambha\* Until 6:12AM  
Vanija Until 2:21AM Mon  
Dvitiya Until 3:40PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sunrise: 8:34AM  
Sunset: 4:35PM

Bremen, Germany  
Sun 1 Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

854623466

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:36PM - 2:36PM  
Yama 11:35AM - 12:35PM  
Rahu 9:34AM - 10:34AM

Magha\* Until 3:21AM Tue  
Ayushman Until 11:24PM  
Bava Until 11:39PM  
Tritiya Until 12:59PM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Sunrise: 8:34AM  
Sunset: 4:37PM

Bremen, Germany  
Sun 2 Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:36PM - 1:36PM  
Yama 10:34AM - 11:35AM  
Rahu 2:37PM - 3:38PM

Purvaphalguni Until 1:23AM Wed  
Saubhagya Until 7:58PM  
Kaulava Until 8:57PM  
Chaturthi\* Until 10:16AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 8:33AM  
Sunset: 4:39PM

Bremen, Germany  
Sun 3 Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukhtayam  
Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:35AM - 12:36PM  
Yama 9:33AM - 10:34AM  
Rahu 12:36PM - 1:37PM

Uttaraphalguni Until 11:26PM  
Sobhana Until 4:40PM  
Gara Until 6:24PM  
Panchami Until 7:38AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 8:32AM  
Sunset: 4:40PM

Bremen, Germany  
Sun 4 Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

864623466

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukhtayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 10:34AM - 11:35AM  
Yama 8:31AM - 9:32AM  
Rahu 1:38PM - 2:39PM

Hasta Until 10:00PM  
Athiganda\* Until 1:30PM  
Visti Until 4:04PM  
Saptami Until 2:59AM Fri

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:31AM  
Sunset: 4:42PM

Bremen, Germany  
Sun 5 Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:31AM - 10:33AM  
Yama 2:40PM - 3:42PM  
Rahu 11:35AM - 12:37PM

Chitra Until 8:43PM  
Sukarma Until 10:35AM  
Balava Until 2:01PM  
Ashtami\* Until 1:06AM Sat

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:30AM  
Sunset: 4:44PM

Bremen, Germany  
Sun 6 Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati Nakshatra Dhriti/Shula\* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 8:29AM - 9:31AM  
Yama 1:39PM - 2:41PM  
Rahu 10:33AM - 11:35AM

Svati Until 7:39PM  
Dhriti Until 7:56AM  
Tailila Until 12:19PM  
Navami\* Until 11:35PM

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:29AM  
Sunset: 4:45PM

Bremen, Germany  
Sun 7 Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

Sivaloka Day


<b>1</b>	<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Bremen, Germany Sun 8 Sutra 280
	Tula Rasi: 25.49	Tithi 25	<b>Gulika</b> 2:42PM – 3:45PM	<b>Vishakha</b> Until 7:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:28AM	Vikarin 5121
			Yama 12:37PM – 1:40PM	Ganda* Until 3:30AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	874623466 <b>Rahu</b> 3:45PM – 4:47PM	Vanija Until 10:58AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dashami</b> Until 10:26PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			


<b>2</b>	<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Bremen, Germany Sun 9 Sutra 281
	Vrischika Rasi: 9.23	Tithi 26	<b>Gulika</b> 1:40PM – 2:43PM	<b>Anuradha</b> Until 7:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:26AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 11:35AM – 12:38PM	Vriddhi Until 1:45AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	874623466 <b>Rahu</b> 9:29AM – 10:32AM	Bava Until 10:01AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Ekadashi*</b> Until 9:40PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>3</b>	<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Bremen, Germany Sun 10 Sutra 282
	Vrischika Rasi: 22.43	Tithi 27	<b>Gulika</b> 12:38PM – 1:41PM	<b>Jyeshtha*</b> Until 7:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:25AM	Vikarin 5121
			Yama 10:32AM – 11:35AM	Dhruva Until 12:17AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	875623466 <b>Rahu</b> 2:44PM – 3:47PM	Kaulava Until 9:27AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dvadashi*</b> Until 9:18PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>	<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Bremen, Germany Sun 11 Sutra 283
	Dhanus Rasi: 5.5	Tithi 28	<b>Gulika</b> 11:35AM – 12:38PM	<b>Mula*</b> Until 7:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:24AM	Vikarin 5121
			Yama 9:27AM – 10:31AM	Vyaghata* Until 11:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 <b>Rahu</b> 12:38PM – 1:42PM	Gara Until 9:18AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Trayodashi*</b> Until 9:21PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Bremen, Germany Sun 12 Sutra 284
	Dhanus Rasi: 18.46	Tithi 29	<b>Gulika</b> 10:31AM – 11:34AM	<b>Purvashadha*</b> Until 8:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:23AM	Vikarin 5121
			Yama 8:23AM – 9:27AM	Harshana Until 10:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	885623466 <b>Rahu</b> 1:42PM – 2:46PM	Visti* Until 9:34AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Chaturdashi*</b> Until 9:50PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Bremen, Germany Sun 13 Sutra 285
	<b>Retreat Star</b>		<b>Gulika</b> 9:26AM – 10:30AM	<b>Uttarashadha</b> Until 10:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:21AM	Vikarin 5121
	Makara Rasi: 1.28	Tithi 30	Yama 2:47PM – 3:52PM	Vajra* Until 9:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 <b>Rahu</b> 11:34AM – 12:39PM	Catuspada Until 10:15AM	<b>Nataraja:</b> Orange		Amavasya
			<b>Amavasya*</b> Until 10:44PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Bremen, Germany Sun 14 Sutra 286
	<b>Retreat Star</b>		<b>Gulika</b> 8:20AM – 9:25AM	<b>Shravana</b> Until 12:08AM Sun	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:20AM	Vikarin 5121
	Makara Rasi: 13.59	Tithi 1	Yama 1:44PM – 2:48PM	Siddhi Until 9:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:58PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	995623466 <b>Rahu</b> 10:29AM – 11:34AM	Kintughna Until 11:23AM	<b>Nataraja:</b> Orange		Prathama
			<b>Prathama*</b> Until 12:05AM Sun	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Magha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bremen, Germany Sun 15 Sutra 287
Makara Rasi: 26.19	Tithi 2	<b>Gulika</b> 2:49PM – 3:55PM	<b>Dhanishtha</b> Until 2:21AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:18AM		Vikarin 5121	
		Yama 12:39PM – 1:44PM	Vyatipata* Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM		Moon 1 - Phase 40	
		995723466 <b>Rahu</b> 3:55PM – 5:00PM	Balava Until 12:56PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 1:50AM Mon	Moon – Purple		<b>Devaloka Day</b>		
Until 2:21AM Mon				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Bremen, Germany Sun 16 Sutra 288
Kumbha Rasi: 8.29	Tithi 3	<b>Gulika</b> 1:45PM – 2:51PM	<b>Shatabhishak</b> Until 4:45AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:17AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama 11:34AM – 12:39PM	Variyan Until 10:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 9:23AM – 10:28AM	Taitila Until 2:52PM	<b>Nataraja:</b> Orange			3rd Phase	
Until 4:45AM Tue			<b>Tritiya</b> Until 3:56AM Tue	Moon – Purple		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>				

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Bremen, Germany Sun 17 Sutra 289
Kumbha Rasi: 20.32	Tithi 4	<b>Gulika</b> 12:40PM – 1:46PM	<b>Purvaprossthapada*</b> Until 7:44AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:15AM		Vikarin 5121	
		Yama 10:28AM – 11:34AM	Parigha* Until 11:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 2:52PM – 3:58PM	Vanija Until 5:06PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 6:18AM Wed	Moon – Clear		<b>Sivaloka Day</b>		
Until 7:44AM Wed				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bremen, Germany Sun 18 Sutra 290
Meena Rasi: 2.28	Tithi 4 – 5	<b>Gulika</b> 11:33AM – 12:40PM	<b>Purvaprossthapada*</b> Until 7:44AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:14AM		Vikarin 5121	
		Yama 9:20AM – 10:27AM	Shiva Until 11:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 12:40PM – 1:46PM	Bava Until 7:34PM	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 6:18AM	Moon – Clear		<b>Sivaloka Day</b>		
Until 7:44AM				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bremen, Germany Sun 19 Sutra 291
Meena Rasi: 14.2	Tithi 5 – 6	<b>Gulika</b> 10:26AM – 11:33AM	<b>Uttaraprossthapada</b> Until 10:41AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:12AM		Vikarin 5121	
		Yama 8:12AM – 9:19AM	Siddha Until 12:40AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:07PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 1:47PM – 2:54PM	Kaulava Until 10:06PM	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 8:49AM	Moon – Clear		<b>Sivaloka Day</b>		
				<b>Magha-Thai</b>				

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bremen, Germany Sun 20 Sutra 292
Meena Rasi: 26.13	Tithi 6 – 7	<b>Gulika</b> 9:18AM – 10:25AM	<b>Revati</b> Until 1:26PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:11AM		Vikarin 5121	
		Yama 2:55PM – 4:02PM	Sadhya Until 1:25AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM		Moon 1 - Phase 40	
		916723466 <b>Rahu</b> 11:33AM – 12:40PM	Gara Until 12:32AM Sat	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 11:19AM	Moon – Clear		<b>Devaloka Day</b>		
Until 1:26PM				<b>Magha-Thai</b>				
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bremen, Germany Sun 21 Sutra 293
Mesha Rasi: 8.09	Tithi 7 – 8	<b>Gulika</b> 8:11AM – 9:18AM	<b>Ashvini</b> Until 4:20PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:11AM		Vikarin 5121	
		Yama 1:47PM – 2:55PM	Subha Until 1:57AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 10:25AM – 11:33AM	Visti Until 2:40AM Sun	<b>Nataraja:</b> Orange			Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 1:38PM	Moon – White		<b>Bhuloka Day</b>		
				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM		

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bremen, Germany Sun 22 Sutra 294
Mesha Rasi: 20.13	Tithi 8 – 9	<b>Gulika</b> 2:56PM – 4:03PM	<b>Bharani</b> Until 6:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:09AM		Vikarin 5121	
		Yama 12:40PM – 1:48PM	Sukla Until 2:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 4:03PM – 5:11PM	Balava Until 4:18AM Mon	<b>Nataraja:</b> Orange			Navami	
Routine Work	Prabalarishta Yoga		<b>Ashtami*</b> Until 3:32PM	Moon – White		<b>Bhuloka Day</b>		
Until 6:39PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritu Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Bremen, Germany Sun 23 Sutra 295
<b>1</b>		<b>Gulika</b> 1:49PM – 2:57PM	<b>Krittika Until 8:12PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:07AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 11:32AM – 12:40PM	Brahma Until 1:42AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:13PM
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 9:16AM – 10:24AM	Taitila Until 5:13AM Tue	<b>Nataraja:</b> Orange
Routine Work Marana Yoga			Navami* Until 4:50PM	Moon – White
Until 8:12PM				<b>Magha*Thai</b>
Then Creative Work - Amrita Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritu Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau		Bremen, Germany Sun 24 Sutra 296
<b>2</b>		<b>Gulika</b> 12:40PM – 1:49PM	<b>Rohini Until 9:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:06AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 10:23AM – 11:32AM	Indra Until 12:44AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:15PM
<b>Creative Work</b> Amrita Yoga	936723467	<b>Rahu</b> 2:58PM – 4:06PM	Vanija Until 5:19AM Wed	<b>Nataraja:</b> Clear
Until 9:20PM			Dashami Until 5:21PM	Moon – Yellow
Then Creative Work - Siddha Yoga				<b>Magha*Thai</b>
				<b>Devaloka Day</b>

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritu Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Bremen, Germany Sun 25 Sutra 297
<b>3</b>		<b>Gulika</b> 11:31AM – 12:40PM	<b>Mrigashira Until 9:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:04AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 9:13AM – 10:22AM	Vaidhriti* Until 11:05PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:17PM
<b>Creative Work</b> Siddha Yoga	936723467	<b>Rahu</b> 12:40PM – 1:50PM	Bava Until 4:35AM Thu	<b>Nataraja:</b> Clear
Until 8:12PM			Ekadashi Until 5:02PM	Moon – Yellow
Then Creative Work - Siddha Yoga				<b>Magha*Thai</b>
				<b>Devaloka Day</b>

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritu Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Bremen, Germany Sun 26 Sutra 298
<b>4</b>		<b>Gulika</b> 10:21AM – 11:31AM	<b>Ardra Until 8:41PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:02AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 8:02AM – 9:12AM	Vishkambha* Until 8:48PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:19PM
<b>Routine Work</b> Marana Yoga	936723467	<b>Rahu</b> 1:50PM – 3:00PM	Kaulava Until 3:03AM Fri	<b>Nataraja:</b> Clear
Until 8:41PM			Dvadashi Until 3:54PM	Moon – Yellow
Then Creative Work - Amrita Yoga				<b>Magha*Thai</b>
				<b>Devaloka Day</b>
				<i>Pradosha Vrata</i>

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritu Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Bremen, Germany Sun 27 Sutra 299
<b>5</b>		<b>Gulika</b> 9:10AM – 10:21AM	<b>Punarvasu Until 7:28PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:00AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 3:01PM – 4:11PM	Priti Until 5:57PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM
<b>Creative Work</b> Siddha Yoga	947723467	<b>Rahu</b> 11:31AM – 12:41PM	Gara Until 12:50AM Sat	<b>Nataraja:</b> Clear
Until 7:28PM			Trayodashi Until 2:00PM	Moon – Blue
Then Routine Work - Marana Yoga				<b>Magha*Thai</b>
				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritu Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Bremen, Germany Sutra 300
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 7:59AM – 9:09AM	<b>Pushya Until 5:31PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:59AM
Kataka Rasi: 9.39	Tithi 14 – 15	Yama 1:51PM – 3:02PM	Ayushman Until 2:36PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:23PM
<b>Creative Work</b> Siddha Yoga	947723467	<b>Rahu</b> 10:20AM – 11:30AM	Visti Until 10:03PM	<b>Nataraja:</b> Clear
Until 5:31PM			Chaturdashi* Until 11:29AM	Moon – Blue
Then Routine Work - Marana Yoga		<b>Thai Pusam</b>		<b>Magha*Thai</b>
				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritu Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Bremen, Germany Sutra 301
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:03PM – 4:14PM	<b>Ashlesha* Until 3:01PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:57AM
Kataka Rasi: 24.19	Tithi 15 – 16	Yama 12:41PM – 1:52PM	Saubhagya Until 10:54AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:25PM
<b>Creative Work</b> Siddha Yoga	947723467	<b>Rahu</b> 4:14PM – 5:25PM	Balava Until 6:54PM	<b>Nataraja:</b> Clear
Until 3:01PM			Purnima* Until 8:30AM	Moon – Blue
Then Routine Work - Marana Yoga				<b>Magha*Thai</b>
				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bremen, Germany

Sutra 302

Simha Rasi: 9.14 Tithi 17

Gulika 1:52PM - 3:04PM

Magha\* Until 12:33PM

Ganesha: Red Sunrise: 7:55AM

Vikarin 5121

Family Home Evening 957723467

Yama 11:29AM - 12:41PM

Sobhana Until 6:59AM

Muruqa: Clear Sunset: 5:27PM

Moon 2 - Phase 42

Routine Work Marana Yoga

Rahu 9:06AM - 10:18AM

Taitila Until 3:31PM

Nataraja: Clear

1st Phase

Until 12:33PM

Dvitiya Until 1:47AM Tue

Moon - Red

Devaloka Day

Then Creative Work - Siddha Yoga

Magha\*Thai

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bremen, Germany

Sun 1 Sutra 303

1

Simha Rasi: 24.14 Tithi 18

Gulika 12:41PM - 1:53PM

Purvaphalguni Until 9:52AM

Ganesha: Red Sunrise: 7:53AM

Vikarin 5121

957723467

Yama 10:17AM - 11:29AM

Sukarma Until 10:57PM

Muruqa: Clear Sunset: 5:29PM

Moon 2 - Phase 42

Creative Work Siddha Yoga

Rahu 3:05PM - 4:17PM

Vanija Until 12:06PM

Nataraja: Clear

1st Phase

Until 9:52AM

Tritiya Until 10:24PM

Moon - Red

Devaloka Day

Then Creative Work - Amrita Yoga

Magha\*Thai

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Bremen, Germany

Sun 2 Sutra 304

2

Kanya Rasi: 9.12 Tithi 19

Gulika 11:28AM - 12:41PM

Uttaraphalguni Until 7:08AM

Ganesha: Red Sunrise: 7:51AM

Vikarin 5121

957723467

Yama 9:03AM - 10:16AM

Dhriti Until 7:07PM

Muruqa: Clear Sunset: 5:31PM

Moon 2 - Phase 42

Creative Work Amrita Yoga

Rahu 12:41PM - 1:53PM

Bava Until 8:47AM

Nataraja: Clear

1st Phase

Until 7:08AM

Chaturthi\* Until 7:11PM

Moon - Red

Devaloka Day

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bremen, Germany

Sun 3 Sutra 305

3

Kanya Rasi: 23.58 Tithi 20 - 21

Gulika 10:15AM - 11:28AM

Chitra Until 2:58AM Fri

Ganesha: Green Sunrise: 7:49AM

Vikarin 5121

967723467

Yama 7:49AM - 9:02AM

Shula\* Until 3:32PM

Muruqa: Clear Sunset: 5:33PM

Moon 2 - Phase 42

Creative Work Siddha Yoga

Rahu 1:54PM - 3:07PM

Gara Until 3:03AM Fri

Nataraja: Clear

1st Phase

Panchami Until 4:19PM

Moon - Green

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhdi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bremen, Germany

Sun 4 Sutra 306

4

Tula Rasi: 8.28 Tithi 21 - 22

Gulika 9:00AM - 10:14AM

Svati Until 1:23AM Sat

Ganesha: White Sunrise: 7:47AM

Vikarin 5121

968723467

Yama 3:08PM - 4:21PM

Ganda\* Until 12:20PM

Muruqa: Clear Sunset: 5:35PM

Moon 2 - Phase 42

Creative Work Siddha Yoga

Rahu 11:27AM - 12:41PM

Visti Until 12:54AM Sat

Nataraja: Clear

1st Phase

Shashthi\* Until 1:53PM

Moon - Green

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bremen, Germany

Sun 5 Sutra 307

Tula Rasi: 22.36 Tithi 22 - 23

Gulika 7:45AM - 8:59AM

Vishakha Until 12:39AM Sun

Ganesha: Clear Sunrise: 7:45AM

Vikarin 5121

978723467

Yama 1:55PM - 3:09PM

Vridhdi Until 9:35AM

Muruqa: Clear Sunset: 5:36PM

Moon 2 - Phase 42

Creative Work Siddha Yoga

Rahu 10:13AM - 11:27AM

Balava Until 11:19PM

Nataraja: Clear

Ashtami

Saptami Until 12:01PM

Moon - Orange

Devaloka Day

Magha\*Mas

Then Routine Work - Marana Yoga

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bremen, Germany

Sun 6 Sutra 308

Vrischika Rasi: 6.22 Tithi 23 - 24

Gulika 3:10PM - 4:24PM

Anuradha Until 12:23AM Mon

Ganesha: Clear Sunrise: 7:43AM

Vikarin 5121

978723467

Yama 12:41PM - 1:55PM

Dhruva Until 7:17AM

Muruqa: Clear Sunset: 5:38PM

Moon 2 - Phase 42

Routine Work Marana Yoga

Rahu 4:24PM - 5:38PM

Taitila Until 10:22PM

Nataraja: Clear

Navami

Ashtami\* Until 10:44AM

Moon - Orange

Devaloka Day

Magha\*Mas

Then Creative Work - Siddha Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Bremen, Germany Sun 7 Sutra 309 Vikarin 5121
<b>1</b>	Vrischika Rasi: 19.46 Tithi 24 – 25 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 12:33AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:56PM – 3:10PM Yama 11:26AM – 12:41PM <b>Rahu</b> 8:56AM – 10:11AM	<b>Jyeshtha* Until 12:33AM Tue</b> Harshana Until 4:12AM Tue Vanija Until 10:01PM <b>Navami* Until 10:06AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Magha-Masi</b>	<i>Sunrise:</i> 7:41AM <i>Sunset:</i> 5:40PM	Moon 2 - Phase 43 2nd Phase <b>Devaloka Day</b>

<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Bremen, Germany Sun 8 Sutra 310 Vikarin 5121
<b>2</b>	Dhanus Rasi: 2.5 Tithi 25 – 26 <b>988723467</b> Creative Work Amrita Yoga	<b>Gulika</b> 12:41PM – 1:56PM Yama 10:10AM – 11:25AM <b>Rahu</b> 3:11PM – 4:27PM	<b>Mula* Until 1:36AM Wed</b> Vajra* Until 3:19AM Wed Bava Until 10:16PM <b>Dashami Until 10:03AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 7:39AM <i>Sunset:</i> 5:42PM	Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bremen, Germany Sun 9 Sutra 311 Vikarin 5121
<b>3</b>	Dhanus Rasi: 15.39 Tithi 26 – 27 <b>988723467</b> Creative Work Amrita Yoga Until 2:58AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 11:25AM – 12:40PM Yama 8:53AM – 10:09AM <b>Rahu</b> 12:40PM – 1:56PM	<b>Purvashadha* Until 2:58AM Thu</b> Siddhi Until 2:49AM Thu Kaulava Until 11:01PM <b>Ekadashi* Until 10:34AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 5:44PM	Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Bremen, Germany Sun 10 Sutra 312 Vikarin 5121
<b>4</b>	Dhanus Rasi: 28.14 Tithi 27 – 28 <b>989823467</b> Routine Work Marana Yoga	<b>Gulika</b> 10:07AM – 11:24AM Yama 7:35AM – 8:51AM <b>Rahu</b> 1:57PM – 3:13PM	<b>Uttarashadha Until 4:35AM Fri</b> Vyatipata* Until 2:40AM Fri Gara Until 12:12AM Fri <b>Dvadashi* Until 11:32AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 7:35AM <i>Sunset:</i> 5:46PM	Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata (Fasting)*

<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bremen, Germany Sun 11 Sutra 313 Vikarin 5121
<b>5</b>	Makara Rasi: 10.38 Tithi 28 – 29 <b>999823467</b> Routine Work Marana Yoga Until 6:52AM Sat Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:49AM – 10:06AM Yama 3:14PM – 4:31PM <b>Rahu</b> 11:23AM – 12:40PM	<b>Shravana Until 6:52AM Sat</b> Varyan Until 2:45AM Sat Visti Until 1:45AM Sat <b>Trayodashi* Until 12:55PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Masi</b>	<i>Sunrise:</i> 7:32AM <i>Sunset:</i> 5:48PM	Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bremen, Germany Sun 12 Sutra 314 Vikarin 5121
<b>Retreat Star</b>	Makara Rasi: 22.53 Tithi 29 – 30 <b>999823467</b> Creative Work Siddha Yoga	<b>Gulika</b> 7:30AM – 8:48AM Yama 1:58PM – 3:15PM <b>Rahu</b> 10:05AM – 11:23AM	<b>Shravana Until 6:52AM</b> Parigha* Until 3:04AM Sun Catuspada Until 3:36AM Sun <b>Chaturdashi* Until 2:37PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Masi</b>	<i>Sunrise:</i> 7:30AM <i>Sunset:</i> 5:50PM	Moon 2 - Phase 43 Amavasya <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bremen, Germany Sun 13 Sutra 315 Vikarin 5121
<b>Retreat Star</b>	Kumbha Rasi: 5.01 Tithi 30 – 1 <b>999823467</b> Routine Work Marana Yoga Until 9:16AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:16PM – 4:34PM Yama 12:40PM – 1:58PM <b>Rahu</b> 4:34PM – 5:52PM	<b>Dhanishtha Until 9:16AM</b> Shiva Until 3:36AM Mon Kintughna Until 5:42AM Mon <b>Amavasya* Until 4:36PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Phalguna-Masi</b>	<i>Sunrise:</i> 7:28AM <i>Sunset:</i> 5:52PM	Moon 2 - Phase 43 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau				Bremen, Germany Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Tithi 1 999823467	<b>Gulika</b> 1:58PM – 3:17PM Yama 11:21AM – 12:40PM <b>Rahu</b> 8:44AM – 10:03AM	<b>Shatabhishak</b> Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM <b>Prathama*</b> Until 6:48PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 7:26AM <b>Sunset:</b> 5:54PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Bremen, Germany Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	<b>Gulika</b> 12:40PM – 1:59PM Yama 10:02AM – 11:21AM <b>Rahu</b> 3:18PM – 4:37PM	<b>Purvaprosnthapada*</b> Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM <b>Dvitiya</b> Until 9:11PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:24AM <b>Sunset:</b> 5:56PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Bremen, Germany Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	<b>Gulika</b> 11:20AM – 12:40PM Yama 8:41AM – 10:01AM <b>Rahu</b> 12:40PM – 1:59PM	<b>Uttaraprosnthapada</b> Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM <b>Tritiya</b> Until 11:41PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:22AM <b>Sunset:</b> 5:58PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Bremen, Germany Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	<b>Gulika</b> 9:59AM – 11:19AM Yama 7:19AM – 8:39AM <b>Rahu</b> 1:59PM – 3:19PM	<b>Revati</b> Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM <b>Chaturthi*</b> Until 2:12AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 5:59PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Bremen, Germany Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 8:38AM – 9:58AM Yama 3:20PM – 4:41PM <b>Rahu</b> 11:19AM – 12:39PM	<b>Ashvini</b> Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM <b>Panchami</b> Until 4:37AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:17AM <b>Sunset:</b> 6:01PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Bremen, Germany Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Tithi 6 921823467	<b>Gulika</b> 7:15AM – 8:36AM Yama 2:00PM – 3:21PM <b>Rahu</b> 9:57AM – 11:18AM	<b>Bharani</b> Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM <b>Shashthi*</b> Until 6:45AM Sun	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:15AM <b>Sunset:</b> 6:03PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Bremen, Germany Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>	Mesha Rasi: 28.35 Creative Work Siddha Yoga Until 4:16AM Mon Then Creative Work - Amrita Yoga	Tithi 6 – 7 921833467	<b>Gulika</b> 3:23PM – 4:45PM Yama 12:39PM – 2:01PM <b>Rahu</b> 4:45PM – 6:07PM	<b>Krittika</b> Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM <b>Shashthi*</b> Until 6:45AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 6:07PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bremen, Germany Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>	Vrishabha Rasi: 10.48 Family Home Evening Creative Work Amrita Yoga Until 6:04AM Tue Then Creative Work - Siddha Yoga	Tithi 7 – 8 931833467	<b>Gulika</b> 2:01PM – 3:24PM Yama 11:16AM – 12:38PM <b>Rahu</b> 8:31AM – 9:53AM	<b>Rohini</b> Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM <b>Saptami</b> Until 8:25AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:08AM <b>Sunset:</b> 6:09PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>
<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bremen, Germany Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>	Vrishabha Rasi: 23.17 Creative Work Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga	Tithi 8 – 9 931833467	<b>Gulika</b> 12:38PM – 2:01PM Yama 9:52AM – 11:15AM <b>Rahu</b> 3:24PM – 4:48PM	<b>Rohini</b> Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM <b>Ashtami*</b> Until 9:23AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 6:11PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Bremen, Germany Sun 23 Sutra 325	
Mithuna Rasi: 6.09	Tithi 9 – 10	<b>Gulika</b> 11:14AM – 12:38PM	<b>Mrigashira</b> Until 6:55AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:03AM		Vikarin 5121
		Yama 8:27AM – 9:51AM	Priti Until 6:57AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 45
931833467	<b>Rahu</b> 12:38PM – 2:02PM		Taitila Until 9:19PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:33AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Bremen, Germany Sun 24 Sutra 326	
Mithuna Rasi: 19.28	Tithi 10 – 11	<b>Gulika</b> 9:49AM – 11:14AM	<b>Ardra</b> Until 6:47AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:01AM		Vikarin 5121
		Yama 7:01AM – 8:25AM	Saubhagya Until 2:58AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 45
131833467	<b>Rahu</b> 2:02PM – 3:26PM		Vanija Until 8:09PM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 8:49AM	Moon – Yellow		<b>Devaloka Day</b>	
Until 6:47AM				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Bremen, Germany Sun 25 Sutra 327	
Kataka Rasi: 3.16	Tithi 11 – 12	<b>Gulika</b> 8:23AM – 9:48AM	<b>Punarvasu</b> Until 6:05AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:59AM		Vikarin 5121
		Yama 3:27PM – 4:52PM	Sobhana Until 12:00AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:16PM		Moon 2 - Phase 45
141833467	<b>Rahu</b> 11:13AM – 12:37PM		Bava Until 6:10PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:14AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 6:05AM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Bremen, Germany Sun 26 Sutra 328	
Kataka Rasi: 17.34	Tithi 13	<b>Gulika</b> 6:56AM – 8:22AM	<b>Ashlesha*</b> Until 2:07AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:56AM		Vikarin 5121
		Yama 2:02PM – 3:28PM	Athiganda* Until 8:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 45
141833467	<b>Rahu</b> 9:47AM – 11:12AM		Kaulava Until 3:29PM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 1:54AM Sun	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

*Pradosha Vrata*

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Bremen, Germany Sun 27 Sutra 329	
Simha Rasi: 2.19	Tithi 14	<b>Gulika</b> 3:28PM – 4:54PM	<b>Magha*</b> Until 11:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:54AM		Vikarin 5121
		Yama 12:37PM – 2:03PM	Sukarma Until 4:34PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:20PM		Moon 2 - Phase 45
151833467	<b>Rahu</b> 4:54PM – 6:20PM		Gara Until 12:15PM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 10:27PM	Moon – Red		<b>Devaloka Day</b>	
Until 11:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Bremen, Germany Sutra 330	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:03PM – 3:29PM	<b>Purvaphalguni</b> Until 8:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:52AM		Vikarin 5121
Simha Rasi: 17.24	Tithi 15	Yama 11:10AM – 12:37PM	Dhriti Until 12:23PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:22PM		Moon 2 - Phase 45
<b>Family Home Evening</b>	152833467	<b>Rahu</b> 8:18AM – 9:44AM	Visti Until 8:38AM	<b>Nataraja:</b> Clear			Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:43PM	Moon – Red		<b>Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Masi</b>			

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Bremen, Germany Sutra 331	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:36PM – 2:03PM	<b>Uttaraphalguni</b> Until 5:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:49AM		Vikarin 5121
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 9:43AM – 11:10AM	Shula* Until 8:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM		Moon 2 - Phase 45
152833467	<b>Rahu</b> 3:30PM – 4:57PM		Taitila Until 12:59AM Wed	<b>Nataraja:</b> Clear			Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 2:53PM	Moon – Red		<b>Sivaloka Day</b>	
Until 5:22PM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika

11:09AM - 12:36PM

Yama

8:14AM - 9:42AM

Rahu

12:36PM - 2:04PM

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bremen, Germany

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Hasta Until 2:31PM

Vriddhi Until 11:31PM

Vanija Until 9:18PM

Dvitiya Until 11:06AM

Ganesha: Clear

Sunrise: 6:47AM

Muruqa: Orange

Sunset: 6:25PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

1

Thursday, March 12, 2020

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika

9:40AM - 11:08AM

Yama

6:45AM - 8:12AM

Rahu

2:04PM - 3:32PM

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Bremen, Germany

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Chitra Until 11:49AM

Dhruva Until 7:36PM

Balava Until 4:25AM Fri

Tritiya Until 7:33AM

Ganesha: Clear

Sunrise: 6:45AM

Muruqa: Orange

Sunset: 6:27PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

2

Friday, March 13, 2020

Tula Rasi: 17.5 Tithi 20

162833467

Gulika

8:11AM - 9:39AM

Yama

3:32PM - 5:01PM

Rahu

11:07AM - 12:36PM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Bremen, Germany

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Svati Until 9:24AM

Vyaghata\* Until 4:06PM

Kaulava Until 3:04PM

Panchami Until 1:50AM Sat

Ganesha: Clear

Sunrise: 6:42AM

Muruqa: Orange

Sunset: 6:29PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

3

Saturday, March 14, 2020

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika

6:40AM - 8:09AM

Yama

2:04PM - 3:33PM

Rahu

9:38AM - 11:06AM

Creative Work Siddha Yoga

Karadayyan Nombu (Tamil Nadu)

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Bremen, Germany

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vishakha Until 7:51AM

Harshana Until 1:08PM

Gara Until 12:49PM

Shashthi\* Until 11:56PM

Ganesha: Purple

Sunrise: 6:40AM

Muruqa: Orange

Sunset: 6:31PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

4

Sunday, March 15, 2020

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika

3:34PM - 5:03PM

Yama

12:35PM - 2:04PM

Rahu

5:03PM - 6:33PM

Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Bremen, Germany

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Anuradha Until 6:52AM

Vajra\* Until 10:44AM

Visti Until 11:17AM

Saptami Until 10:48PM

Ganesha: Purple

Sunrise: 6:37AM

Muruqa: Orange

Sunset: 6:33PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

D

Monday, March 16, 2020

Retreat Star

Vrischika Rasi: 29.37 Tithi 23

Family Home Evening

172933468

Gulika

2:05PM - 3:35PM

Yama

11:05AM - 12:35PM

Rahu

8:05AM - 9:35AM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Bremen, Germany

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Jyeshtha\* Until 6:31AM

Siddhi Until 8:58AM

Balava Until 10:33AM

Ashtami\* Until 10:28PM

Ganesha: Clear

Sunrise: 6:35AM

Muruqa: Orange

Sunset: 6:33PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Tuesday, March 17, 2020

Retreat Star

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika

12:35PM - 2:05PM

Yama

9:34AM - 11:04AM

Rahu

3:35PM - 5:06PM

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Bremen, Germany

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Mula\* Until 7:13AM

Vyatipata\* Until 7:50AM

Taitila Until 10:36AM

Navami\* Until 10:52PM

Ganesha: Purple

Sunrise: 6:33AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>	<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Bremen, Germany
	Dhanus Rasi: 25.22	Tithi 25	<b>Gulika</b> 11:03AM – 12:34PM	<b>Purvashadha* Until 8:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:30AM	Sun 8 Sutra 339
	182933468	<b>Rahu</b> 12:34PM – 2:05PM	Yama 8:01AM – 9:32AM	Variyan Until 7:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:38PM	Vikarin 5121
	Creative Work Amrita Yoga			Vanija Until 11:21AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
			<b>Dashami Until 11:57PM</b>	Moon – Light Blue		2nd Phase	
				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Bremen, Germany
	Makara Rasi: 7.46	Tithi 26	<b>Gulika</b> 9:31AM – 11:02AM	<b>Uttarashadha Until 10:10AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	Sun 9 Sutra 340
	182933468	<b>Rahu</b> 2:05PM – 3:37PM	Yama 6:28AM – 7:59AM	Parigha* Until 7:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Vikarin 5121
	Routine Work Marana Yoga			Bava Until 12:42PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Until 10:10AM			<b>Ekadashi* Until 1:32AM Fri</b>	Moon – Light Blue		2nd Phase	
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bremen, Germany
	Makara Rasi: 19.59	Tithi 27	<b>Gulika</b> 7:58AM – 9:30AM	<b>Shravana Until 12:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Sun 10 Sutra 341
	192933468	<b>Rahu</b> 11:02AM – 12:34PM	Yama 3:38PM – 5:10PM	Shiva Until 7:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Vikarin 5121
	Routine Work Marana Yoga			Kaulava Until 2:30PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Until 12:37PM			<b>Dvadashi* Until 3:29AM Sat</b>	Moon – Purple		2nd Phase	
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Bremen, Germany
	Kumbha Rasi: 2.03	Tithi 28	<b>Gulika</b> 6:23AM – 7:56AM	<b>Dhanishtha Until 3:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Sun 11 Sutra 342
	192933468	<b>Rahu</b> 9:28AM – 11:01AM	Yama 2:06PM – 3:38PM	Siddha Until 7:53AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:44PM	Vikarin 5121
	Creative Work Siddha Yoga			Gara Until 4:36PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Until 3:12PM			<b>Trayodashi* Until 5:42AM Sun</b>	Moon – Purple		2nd Phase	
Then Creative Work - Amrita Yoga				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvashadha Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau				Bremen, Germany
	Kumbha Rasi: 14.02	Tithi 29	<b>Gulika</b> 3:39PM – 5:12PM	<b>Shatabhishak Until 5:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	Sun 12 Sutra 343
	192933468	<b>Rahu</b> 5:12PM – 6:45PM	Yama 12:33PM – 2:06PM	Sadhya Until 8:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:45PM	Vikarin 5121
	Creative Work Siddha Yoga			Visti Until 6:53PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
			<b>Chaturdashi* Until 8:03AM Mon</b>	Moon – Purple		2nd Phase	
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

	<b>Monday, March 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bremen, Germany
	<b>Retreat Star</b>		<b>Gulika</b> 2:06PM – 3:40PM	<b>Purvashadha* Until 8:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:18AM	Sun 13 Sutra 344
	Kumbha Rasi: 25.58	Tithi 29 – 30	Yama 10:59AM – 12:33PM	Subha Until 9:22AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:47PM	Vikarin 5121
	<b>Family Home Evening</b>	113933468	<b>Rahu</b> 7:52AM – 9:25AM	Catuspada Until 9:17PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work Marana Yoga			<b>Chaturdashi* Until 8:03AM</b>	Moon – Clear		Amavasya	
Until 8:51PM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Tuesday, March 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bremen, Germany
	Meena Rasi: 7.51	Tithi 30 – 1	<b>Gulika</b> 12:32PM – 2:07PM	<b>Uttarashadha* Until 11:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:16AM	Sun 14 Sutra 345
	113933468	<b>Rahu</b> 3:41PM – 5:15PM	Yama 9:24AM – 10:58AM	Sukla Until 10:12AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:49PM	Vikarin 5121
	Creative Work Amrita Yoga			Kintughna Until 11:43PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Until 11:47PM			<b>Amavasya* Until 10:28AM</b>	Moon – Clear		Prathama	
Then Creative Work - Siddha Yoga		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Bremen, Germany Sun 15 Sutra 346	
Meena Rasi: 19.44	Tithi 1 – 2	113933468	<b>Gulika</b> 10:57AM – 12:32PM Yama 7:48AM – 9:23AM <b>Rahu</b> 12:32PM – 2:07PM	<b>Revati Until 2:33AM Thu</b> Brahma Until 11:04AM Balava Until 2:10AM Thu <b>Prathama* Until 12:55PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 6:51PM	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 2:33AM Thu Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bremen, Germany Sun 16 Sutra 347	
Mesha Rasi: 1.37	Tithi 2 – 3	123933468	<b>Gulika</b> 9:21AM – 10:57AM Yama 6:11AM – 7:46AM <b>Rahu</b> 2:07PM – 3:42PM	<b>Ashvini Until 5:36AM Fri</b> Indra Until 11:55AM Taitila Until 4:33AM Fri <b>Dvitiya Until 3:21PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 6:11AM <b>Sunset:</b> 6:53PM	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 5:36AM Fri Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi					

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bremen, Germany Sun 17 Sutra 348	
Mesha Rasi: 13.31	Tithi 3 – 4	123933468	<b>Gulika</b> 7:44AM – 9:20AM Yama 3:43PM – 5:19PM <b>Rahu</b> 10:56AM – 12:31PM	<b>Bharani Until 8:19AM Sat</b> Vaidhriti* Until 12:41PM Vanija Until 6:47AM Sat <b>Tritiya Until 5:40PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 6:09AM <b>Sunset:</b> 6:54PM	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:19AM Sat Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Bremen, Germany Sun 18 Sutra 349	
Mesha Rasi: 25.29	Tithi 4	123933468	<b>Gulika</b> 6:06AM – 7:43AM Yama 2:07PM – 3:44PM <b>Rahu</b> 9:19AM – 10:55AM	<b>Bharani Until 8:19AM</b> Vishkambha* Until 1:20PM Vanija Until 6:47AM <b>Chaturthi* Until 7:47PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 6:06AM <b>Sunset:</b> 6:56PM	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:19AM Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Bremen, Germany Sun 19 Sutra 350	
Vrishabha Rasi: 7.34	Tithi 5	123933468	<b>Gulika</b> 3:44PM – 5:21PM Yama 12:31PM – 2:08PM <b>Rahu</b> 5:21PM – 6:58PM	<b>Krittika Until 10:37AM</b> Priti Until 1:46PM Bava Until 8:44AM <b>Panchami Until 9:33PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 6:58PM	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Bremen, Germany Sun 20 Sutra 351	
Vrishabha Rasi: 19.48	Tithi 6	133933468	<b>Gulika</b> 2:08PM – 3:45PM Yama 10:53AM – 12:31PM <b>Rahu</b> 7:39AM – 9:16AM	<b>Rohini Until 12:50PM</b> Ayushman Until 1:50PM Kaulava Until 10:16AM <b>Shashthi* Until 10:49PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 6:01AM <b>Sunset:</b> 7:00PM	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b>
Family Home Evening Creative Work Amrita Yoga							

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Bremen, Germany Sun 21 Sutra 352	
Mithuna Rasi: 2.16	Tithi 7	133933468	<b>Gulika</b> 12:30PM – 2:08PM Yama 9:15AM – 10:52AM <b>Rahu</b> 3:46PM – 5:24PM	<b>Mrigashira Until 2:17PM</b> Saubhagya Until 1:26PM Gara Until 11:13AM <b>Saptami Until 11:25PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 7:01PM	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 2:17PM Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Bremen, Germany Sun 22 Sutra 353	
Mithuna Rasi: 15.04	Tithi 8	133933468	<b>Gulika</b> 10:52AM – 12:30PM Yama 7:37AM – 9:15AM <b>Rahu</b> 12:30PM – 2:08PM	<b>Ardra Until 2:53PM</b> Sobhana Until 12:29PM Visti Until 11:26AM <b>Ashtami* Until 11:14PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 7:01PM	Moon 3 - Phase 48 Ashtami <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Bremen, Germany Sun 23 Sutra 354	
Mithuna Rasi: 28.16	Tithi 9	143933468	<b>Gulika</b> 9:13AM – 10:52AM Yama 5:57AM – 7:35AM <b>Rahu</b> 2:08PM – 3:47PM	<b>Punarvasu Until 2:59PM</b> Athiganda* Until 10:52AM Balava Until 10:51AM <b>Navami* Until 10:13PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Blue <b>Chaitra•Panguni</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 7:03PM	Moon 3 - Phase 48 Navami <b>Sivaloka Day</b>
Creative Work Amrita Yoga		Sri Rama Navami					


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Bremen, Germany Sun 24 Sutra 355
Kataka Rasi: 11.55	Tithi 10	<b>Gulika</b> 7:33AM – 9:12AM	<b>Pushya</b> Until 2:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
		Yama 3:47PM – 5:26PM	Sukarma Until 8:37AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:05PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:51AM – 12:30PM	Taitila Until 9:26AM	<b>Nataraja:</b> Purple		4th Phase	
			Dashami Until 8:25PM	Moon – Blue		<b>Sivaloka Day</b>	
		Yogaswami Mahasamadhi		Chaitra•Panguni			

<b>2</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Bremen, Germany Sun 25 Sutra 356
Kataka Rasi: 26.04	Tithi 11 – 12	<b>Gulika</b> 5:52AM – 7:31AM	<b>Ashlesha*</b> Until 12:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:52AM	Vikarin 5121	
		Yama 2:09PM – 3:48PM	Shula* Until 2:20AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:07PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 9:11AM – 10:50AM	Vanija Until 7:15AM	<b>Nataraja:</b> Purple		4th Phase	
Until 12:24PM			Ekadashi Until 5:54PM	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

<b>3</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Bremen, Germany Sun 26 Sutra 357
Simha Rasi: 10.39	Tithi 12 – 13	<b>Gulika</b> 3:49PM – 5:29PM	<b>Magha*</b> Until 10:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM	Vikarin 5121	
		Yama 12:29PM – 2:09PM	Ganda* Until 10:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:09PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	153933468 <b>Rahu</b> 5:29PM – 7:09PM	Kaulava Until 1:05AM Mon	<b>Nataraja:</b> Purple		4th Phase	
Until 10:19AM			Dvadashi Until 2:47PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			
			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Bremen, Germany Sun 27 Sutra 358
Simha Rasi: 25.37	Tithi 13 – 14	<b>Gulika</b> 2:09PM – 3:50PM	<b>Purvaphalguni</b> Until 7:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:47AM	Vikarin 5121	
Family Home Evening		Yama 10:48AM – 12:29PM	Vridhhi Until 6:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:10PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:28AM – 9:08AM	Gara Until 9:23PM	<b>Nataraja:</b> Purple		4th Phase	
			Trayodashi Until 11:15AM	Moon – Red		<b>Sivaloka Day</b>	
				Chaitra•Panguni			

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Bremen, Germany Sun 28 Sutra 359
Kanya Rasi: 10.5	Tithi 14 – 15	<b>Gulika</b> 12:29PM – 2:09PM	<b>Hasta</b> Until 1:34AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:45AM	Vikarin 5121	
		Yama 9:07AM – 10:48AM	Dhruva Until 2:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:12PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:50PM – 5:31PM	Bava Until 3:33AM Wed	<b>Nataraja:</b> Purple		Purnima	
			Chaturdashi* Until 7:27AM	Moon – Green		<b>Devaloka Day</b>	
		Panguni Uttiram		Chaitra•Panguni			
		Hanuman Jayanti					

<b>5</b>		<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Bremen, Germany Sun 29 Sutra 360
Kanya Rasi: 26.08	Tithi 16	<b>Gulika</b> 10:47AM – 12:28PM	<b>Chitra</b> Until 10:33PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:43AM	Vikarin 5121	
		Yama 7:24AM – 9:05AM	Vyaghata* Until 9:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 12:28PM – 2:10PM	Balava Until 1:39PM	<b>Nataraja:</b> Purple		Prathama	
			Prathama* Until 11:45PM	Moon – Green		<b>Devaloka Day</b>	
				Chaitra•Panguni			





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bremen, Germany  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 11.21 Tithi 17  
164134468  
Creative Work Amrita Yoga  
Until 7:39PM  
Then Creative Work - Siddha Yoga

**Gulika** 9:04AM – 10:46AM  
Yama 5:40AM – 7:22AM  
Rahu 2:10PM – 3:52PM

**Svati Until 7:39PM**  
Vajra\* Until 1:28AM Fri  
Taitila Until 9:57AM  
Dvitiya Until 8:12PM

**Ganesha:** White *Sunrise:* 5:40AM  
**Muruqa:** Clear *Sunset:* 7:16PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Bremen, Germany  
Sun 1 Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 26.19 Tithi 18 – 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:20AM – 9:03AM  
Yama 3:53PM – 5:35PM  
Rahu 10:45AM – 12:28PM

**Vishakha Until 5:27PM**  
Siddhi Until 9:54PM  
Vanija Until 6:36AM  
Tritiya Until 5:06PM

**Ganesha:** Yellow *Sunrise:* 5:38AM  
**Muruqa:** Clear *Sunset:* 7:18PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bremen, Germany  
Sun 2 Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 10.53 Tithi 19 – 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 5:36AM – 7:19AM  
Yama 2:10PM – 3:53PM  
Rahu 9:02AM – 10:44AM

**Anuradha Until 3:43PM**  
Vyatipata\* Until 6:51PM  
Kaulava Until 1:36AM Sun  
Chaturthi\* Until 2:34PM

**Ganesha:** Yellow *Sunrise:* 5:36AM  
**Muruqa:** Clear *Sunset:* 7:19PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Vriyari/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bremen, Germany  
Sun 3 Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 24.59 Tithi 20 – 21  
174134468  
Routine Work Marana Yoga  
Until 2:33PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:54PM – 5:38PM  
Yama 12:27PM – 2:11PM  
Rahu 5:38PM – 7:21PM

**Jyeshtha\* Until 2:33PM**  
Vriyari Until 4:23PM  
Gara Until 12:12AM Mon  
Panchami Until 12:47PM

**Ganesha:** Yellow *Sunrise:* 5:33AM  
**Muruqa:** Clear *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bremen, Germany  
Sun 4 Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 8.37 Tithi 21 – 22  
184134468  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 2:31PM  
Then Routine Work - Marana Yoga

**Gulika** 2:11PM – 3:55PM  
Yama 10:43AM – 12:27PM  
Rahu 7:15AM – 8:59AM

**Mula\* Until 2:31PM**  
Parigha\* Until 2:36PM  
Visti Until 11:39PM  
Shashthi\* Until 11:48AM

**Ganesha:** Blue *Sunrise:* 5:31AM  
**Muruqa:** Clear *Sunset:* 7:23PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

**D**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bremen, Germany  
Sun 5 Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 21.46 Tithi 22 – 23  
284134468  
Creative Work Siddha Yoga  
Until 3:09PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:27PM – 2:11PM  
Yama 8:58AM – 10:42AM  
Rahu 3:56PM – 5:40PM

**Purvashadha\* Until 3:09PM**  
Shiva Until 1:30PM  
Balava Until 11:57PM  
Saptami Until 11:41AM

**Ganesha:** Yellow *Sunrise:* 5:29AM  
**Muruqa:** Clear *Sunset:* 7:25PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bremen, Germany  
Sun 6 Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 4.29 Tithi 23 – 24  
284134468  
Creative Work Amrita Yoga  
Until 4:24PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:41AM – 12:26PM  
Yama 7:11AM – 8:56AM  
Rahu 12:26PM – 2:11PM

**Uttarashadha Until 4:24PM**  
Siddha Until 1:00PM  
Taitila Until 12:59AM Thu  
Ashtami\* Until 12:22PM

**Ganesha:** Yellow *Sunrise:* 5:26AM  
**Muruqa:** Clear *Sunset:* 7:26PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

1 Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Bremen, Germany Sun 7 Sutra 4	
Makara Rasi: 16.54	Tithi 24 – 25	Gulika 8:55AM – 10:41AM	Shravana Until 6:36PM	Ganesha: Blue	Sunrise: 5:24AM	Sarvari 5122	
		Yama 5:24AM – 7:10AM	Sadhya Until 1:02PM	Muruqa: Clear	Sunset: 7:28PM	Moon 4 - Phase 1	
294134468		Rahu 2:12PM – 3:57PM	Vanija Until 2:38AM Fri	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 1:44PM	Moon – Purple			Devaloka Day
		Chidambaram Abhishekam		Chaitra+Chaitra			

2 Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Bremen, Germany Sun 8 Sutra 5	
Makara Rasi: 29.04	Tithi 25 – 26	Gulika 7:08AM – 8:54AM	Dhanishtha Until 9:07PM	Ganesha: Blue	Sunrise: 5:22AM	Sarvari 5122	
		Yama 3:58PM – 5:44PM	Subha Until 1:30PM	Muruqa: Clear	Sunset: 7:30PM	Moon 4 - Phase 1	
294134468		Rahu 10:40AM – 12:26PM	Bava Until 4:43AM Sat	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 3:37PM	Moon – Purple			Devaloka Day
				Chaitra+Chaitra			

3 Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bremen, Germany Sun 9 Sutra 6	
Kumbha Rasi: 11.05	Tithi 26 – 27	Gulika 5:20AM – 7:06AM	Shatabhishak Until 11:46PM	Ganesha: Yellow	Sunrise: 5:20AM	Sarvari 5122	
		Yama 2:12PM – 3:59PM	Sukla Until 2:12PM	Muruqa: Clear	Sunset: 7:32PM	Moon 4 - Phase 1	
295134468		Rahu 8:53AM – 10:39AM	Kaulava Until 7:03AM Sun	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 5:51PM	Moon – Purple			Sivaloka Day
Until 11:46PM				Chaitra+Chaitra			
Then Routine Work - Marana Yoga							

4 Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bremen, Germany Sun 10 Sutra 7	
Kumbha Rasi: 22.59	Tithi 27	Gulika 4:00PM – 5:47PM	Purvaproshtapada* Until 2:53AM Mon	Ganesha: Yellow	Sunrise: 5:17AM	Sarvari 5122	
		Yama 12:26PM – 2:13PM	Brahma Until 3:04PM	Muruqa: Clear	Sunset: 7:34PM	Moon 4 - Phase 1	
215134468		Rahu 5:47PM – 7:34PM	Kaulava Until 7:03AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:15PM	Moon – Clear			Sivaloka Day
				Chaitra+Chaitra			

5 Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Bremen, Germany Sun 11 Sutra 8	
Meena Rasi: 4.52	Tithi 28	Gulika 2:13PM – 4:00PM	Uttaraproshtapada Until 5:51AM Tue	Ganesha: Yellow	Sunrise: 5:15AM	Sarvari 5122	
Family Home Evening		Yama 10:38AM – 12:25PM	Indra Until 4:00PM	Muruqa: Clear	Sunset: 7:35PM	Moon 4 - Phase 1	
215134468		Rahu 7:03AM – 8:50AM	Gara Until 9:30AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 10:42PM	Moon – Clear			Sivaloka Day
				Chaitra+Chaitra			
				Pradosha Vrata (Fasting)			

6 Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Bremen, Germany Sun 12 Sutra 9	
Meena Rasi: 16.44	Tithi 29	Gulika 12:25PM – 2:13PM	Revati Until 8:35AM Wed	Ganesha: Yellow	Sunrise: 5:13AM	Sarvari 5122	
		Yama 8:49AM – 10:37AM	Vaidhriti* Until 4:53PM	Muruqa: Clear	Sunset: 7:37PM	Moon 4 - Phase 1	
215134468		Rahu 4:01PM – 5:49PM	Visti Until 11:56AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:06AM Wed	Moon – Clear			Sivaloka Day
Until 8:35AM Wed				Chaitra+Chaitra			
Then Routine Work - Marana Yoga							

Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Bremen, Germany Sun 13 Sutra 10	
Meena Rasi: 28.37	Tithi 30	Gulika 10:36AM – 12:25PM	Revati Until 8:35AM	Ganesha: Yellow	Sunrise: 5:11AM	Sarvari 5122	
		Yama 6:59AM – 8:48AM	Vishkambha* Until 5:43PM	Muruqa: Clear	Sunset: 7:39PM	Moon 4 - Phase 1	
215134468		Rahu 12:25PM – 2:13PM	Catuspada Until 2:17PM	Nataraja: Purple		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 3:23AM Thu	Moon – Clear			Sivaloka Day
				Chaitra+Chaitra			

Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Bremen, Germany Sun 14 Sutra 11	
Meena Rasi: 10.34	Tithi 1	Gulika 8:47AM – 10:36AM	Ashvini Until 11:31AM	Ganesha: Red	Sunrise: 5:09AM	Sarvari 5122	
		Yama 5:09AM – 6:58AM	Priti Until 6:27PM	Muruqa: Clear	Sunset: 7:41PM	Moon 4 - Phase 1	
225134468		Rahu 2:14PM – 4:03PM	Kintughna Until 4:29PM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 5:29AM Fri	Moon – White			Sivaloka Day
Until 11:31AM				Vaisaka+Chaitra			
Then Creative Work - Siddha Yoga							

<b>1</b>	<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau				Bremen, Germany Sun 15	Sutra 12
	Mesha Rasi: 22.35	Tithi 2	<b>Gulika</b> 6:56AM – 8:46AM	<b>Bharani</b> Until 2:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
			Yama 4:04PM – 5:53PM	Ayushman Until 6:59PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 2	
	225134469	<b>Rahu</b> 10:35AM – 12:25PM	Balava Until 6:28PM	<b>Nataraja:</b> Clear	Moon – White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:21AM Sat	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>		

<b>2</b>	<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Bremen, Germany Sun 16	Sutra 13
	Vrishabha Rasi: 4.41	Tithi 2 – 3	<b>Gulika</b> 5:04AM – 6:54AM	<b>Krittika</b> Until 4:16PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM	Sarvari 5122	
			Yama 2:14PM – 4:04PM	Saubhagya Until 7:19PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 2	
	225134469	<b>Rahu</b> 8:44AM – 10:34AM	Taitila Until 8:11PM	<b>Nataraja:</b> Clear	Moon – White		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 7:21AM	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>		

<b>3</b>	<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Bremen, Germany Sun 17	Sutra 14
	Vrishabha Rasi: 16.55	Tithi 3 – 4	<b>Gulika</b> 4:05PM – 5:56PM	<b>Rohini</b> Until 6:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
			Yama 12:24PM – 2:15PM	Sobhana Until 7:24PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 2	
	235134469	<b>Rahu</b> 5:56PM – 7:46PM	Vanija Until 9:32PM	<b>Nataraja:</b> Clear	Moon – Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 8:53AM	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>		

<b>4</b>	<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bremen, Germany Sun 18	Sutra 15
	Vrishabha Rasi: 29.19	Tithi 4 – 5	<b>Gulika</b> 2:15PM – 4:06PM	<b>Mrigashira</b> Until 8:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM	Sarvari 5122	
	<b>Family Home Evening</b>		Yama 10:33AM – 12:24PM	Athiganda* Until 7:07PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 2	
	235134469	<b>Rahu</b> 6:51AM – 8:42AM	Bava Until 10:27PM	<b>Nataraja:</b> Clear	Moon – Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 10:02AM	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>		

<b>5</b>	<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bremen, Germany Sun 19	Sutra 16
	Mithuna Rasi: 11.56	Tithi 5 – 6	<b>Gulika</b> 12:24PM – 2:15PM	<b>Ardra</b> Until 8:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:58AM	Sarvari 5122	
			Yama 8:41AM – 10:32AM	Sukarma Until 6:27PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 2	
	236134469	<b>Rahu</b> 4:07PM – 5:58PM	Kaulava Until 10:49PM	<b>Nataraja:</b> Clear	Moon – Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami</b> Until 10:41AM	<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

<b>6</b>	<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bremen, Germany Sun 20	Sutra 17
	Mithuna Rasi: 24.49	Tithi 6 – 7	<b>Gulika</b> 10:32AM – 12:24PM	<b>Punarvasu</b> Until 9:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Sarvari 5122	
			Yama 6:48AM – 8:40AM	Dhriti Until 5:19PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:51PM	Moon 4 - Phase 2	
	246134469	<b>Rahu</b> 12:24PM – 2:16PM	Gara Until 10:34PM	<b>Nataraja:</b> Clear	Moon – Blue		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 10:45AM	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>		

<b>D</b>	<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bremen, Germany Sun 21	Sutra 18
	<b>Retreat Star</b>		<b>Gulika</b> 8:39AM – 10:31AM	<b>Pushya</b> Until 9:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM	Sarvari 5122	
	Kataka Rasi: 8.01	Tithi 7 – 8	Yama 4:54AM – 6:47AM	Shula* Until 3:39PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 2	
	246134469	<b>Rahu</b> 2:16PM – 4:08PM	Visti Until 9:40PM	<b>Nataraja:</b> Clear	Moon – Blue		Ashtami	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 10:11AM	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>		

<b>D</b>	<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhii Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bremen, Germany Sun 22	Sutra 19
	<b>Retreat Star</b>		<b>Gulika</b> 6:43AM – 8:37AM	<b>Ashlesha*</b> Until 8:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
	Kataka Rasi: 21.34	Tithi 8 – 9	Yama 4:10PM – 6:03PM	Ganda* Until 1:27PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 2	
	246134469	<b>Rahu</b> 10:30AM – 12:23PM	Balava Until 8:06PM	<b>Nataraja:</b> Clear	Moon – Blue		Navami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 8:57AM	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Bremen, Germany Sun 23 Sutra 20	
Simha Rasi: 5.32	Tithi 9 – 10	<b>Gulika</b> 4:48AM – 6:42AM	<b>Magha* Until 7:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Sarvari 5122	
		Yama 2:17PM – 4:11PM	Vriddhi Until 10:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:58PM	Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 8:36AM – 10:30AM	Gara Until 4:36AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Navami* Until 7:04AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 7:06PM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Bremen, Germany Sun 24 Sutra 21	
Simha Rasi: 19.53	Tithi 11	<b>Gulika</b> 4:12PM – 6:06PM	<b>Purvaphalguni Until 5:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:46AM	Sarvari 5122	
		Yama 12:23PM – 2:17PM	Dhruva Until 7:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:00PM	Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 6:06PM – 8:00PM	Vanija Until 3:11PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 1:38AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 5:08PM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Bremen, Germany Sun 25 Sutra 22	
Kanya Rasi: 4.34	Tithi 12	<b>Gulika</b> 2:18PM – 4:12PM	<b>Uttaraphalguni Until 2:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:28AM – 12:23PM	Harshana Until 12:10AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:02PM	Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 6:39AM – 8:34AM	Bava Until 12:02PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 10:20PM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Bremen, Germany Sun 26 Sutra 23	
Kanya Rasi: 19.31	Tithi 13	<b>Gulika</b> 12:23PM – 2:18PM	<b>Hasta Until 12:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Sarvari 5122	
		Yama 8:38AM – 10:28AM	Vajra* Until 8:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:03PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 4:13PM – 6:08PM	Kaulava Until 8:36AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 6:48PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			
						<i>Pradosha Vrata</i>	

<b>5</b>		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Bremen, Germany Sun 27 Sutra 24	
Tula Rasi: 4.34	Tithi 14 – 15	<b>Gulika</b> 10:27AM – 12:23PM	<b>Chitra Until 9:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Sarvari 5122	
		Yama 6:36AM – 8:32AM	Siddhi Until 4:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:05PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 12:23PM – 2:18PM	Visli Until 1:29AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:14PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

		<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Bremen, Germany Sun 27 Sutra 24	
Tula Rasi: 19.37	Tithi 15 – 16	<b>Gulika</b> 8:31AM – 10:27AM	<b>Svati Until 6:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM	Sarvari 5122	
		Yama 4:39AM – 6:35AM	Vyatipata* Until 12:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:07PM	Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 2:19PM – 4:15PM	Balava Until 10:07PM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Amrita Yoga		<b>Purnima* Until 11:45AM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 6:28AM		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Friday, May 8, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Bremen, Germany Sun 26 Sutra 26	
Vrischika Rasi: 4.28	Tithi 16 – 17	<b>Gulika</b> 6:33AM – 8:30AM	<b>Anuradha Until 2:03AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:37AM	Sarvari 5122	
		Yama 4:16PM – 6:12PM	Variyan Until 8:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:09PM	Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 10:26AM – 12:23PM	Taitila Until 7:07PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 8:33AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda