



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Gulika 4:15PM – 6:03PM
Yama 12:41PM – 2:28PM
Rahu 6:03PM – 7:50PM

Vishakha **Until 12:28PM**
Vyatipata* **Until 10:59PM**
Vanija **Until 7:23PM**
Dvitiya **Until 8:01AM**

Ganesha: Blue *Sunrise: 5:33AM*
Muruqa: Yellow *Sunset: 7:50PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Amsterdam, Netherlands
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 13.12 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:29PM – 4:16PM
Yama 10:53AM – 12:41PM
Rahu 7:18AM – 9:06AM

Anuradha **Until 12:13PM**
Variyan **Until 9:23PM**
Bava **Until 6:39PM**
Tritiya **Until 6:54AM**

Ganesha: Blue *Sunrise: 5:30AM*
Muruqa: Yellow *Sunset: 7:51PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Amsterdam, Netherlands
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 26.22 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:41PM – 2:29PM
Yama 9:05AM – 10:53AM
Rahu 4:17PM – 6:05PM

Jyeshtha* **Until 12:35PM**
Parigha* **Until 8:27PM**
Kaulava **Until 6:43PM**
Chaturthi* **Until 6:33AM**

Ganesha: Blue *Sunrise: 5:28AM*
Muruqa: Yellow *Sunset: 7:53PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Amsterdam, Netherlands
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 9.07 Tithi 20 – 21

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:52AM – 12:41PM
Yama 7:15AM – 9:03AM
Rahu 12:41PM – 2:29PM

Mula* **Until 2:04PM**
Shiva **Until 8:09PM**
Gara **Until 7:36PM**
Panchami **Until 7:02AM**

Ganesha: Yellow *Sunrise: 5:26AM*
Muruqa: Yellow *Sunset: 7:55PM*
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Amsterdam, Netherlands
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 21.31 Tithi 21 – 22

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:02AM – 10:51AM
Yama 5:24AM – 7:13AM
Rahu 2:29PM – 4:18PM

Purvashadha* **Until 4:08PM**
Siddha **Until 8:23PM**
Visti **Until 9:12PM**
Shashthi* **Until 8:18AM**

Ganesha: Yellow *Sunrise: 5:24AM*
Muruqa: Yellow *Sunset: 7:56PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Amsterdam, Netherlands
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

D

Friday, April 26, 2019

Retreat Star

Makara Rasi: 3.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:12AM – 9:01AM
Yama 4:19PM – 6:09PM
Rahu 10:51AM – 12:40PM

Uttarashadha **Until 6:35PM**
Sadhya **Until 9:04PM**
Balava **Until 11:22PM**
Saptami **Until 10:13AM**

Ganesha: Red *Sunrise: 5:22AM*
Muruqa: Yellow *Sunset: 7:58PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Amsterdam, Netherlands
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 15.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:20AM – 7:10AM
Yama 2:30PM – 4:20PM
Rahu 9:00AM – 10:50AM

Shravana **Until 9:44PM**
Subha **Until 10:01PM**
Taitila **Until 1:51AM Sun**
Ashtami* **Until 12:34PM**

Ganesha: Green *Sunrise: 5:20AM*
Muruqa: Yellow *Sunset: 8:00PM*
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Amsterdam, Netherlands
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1	Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Amsterdam, Netherlands Sun 7 Sutra 14	
	Makara Rasi: 27.23	Tithi 24 – 25	Gulika 4:21PM – 6:11PM Yama 12:40PM – 2:30PM Rahu 6:11PM – 8:02PM	Dhanishtha Until 12:48AM Mon Sukla Until 11:01PM Vanija Until 4:24AM Mon Navami* Until 3:06PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple	Sunrise: 5:18AM Sunset: 8:02PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga						
Until 12:48AM Mon Then Creative Work - Siddha Yoga								


2	Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Amsterdam, Netherlands Sun 8 Sutra 15	
	Kumbha Rasi: 9.13	Tithi 25 – 26	Gulika 2:31PM – 4:22PM Yama 10:49AM – 12:40PM Rahu 7:07AM – 8:58AM	Shatabhishak Until 3:34AM Tue Brahma Until 11:57PM Bava Until 6:46AM Tue Dashami Until 5:36PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple	Sunrise: 5:16AM Sunset: 8:03PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Family Home Evening	Siddha Yoga						
Until 3:34AM Tue Then Routine Work - Marana Yoga								


3	Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Amsterdam, Netherlands Sun 9 Sutra 16	
	Kumbha Rasi: 21.07	Tithi 26	Gulika 12:40PM – 2:31PM Yama 8:57AM – 10:48AM Rahu 4:22PM – 6:14PM	Purvaprossthapada* Until 6:21AM Wed Indra Until 12:39AM Wed Bava Until 6:46AM Ekadashi* Until 7:49PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:14AM Sunset: 8:05PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga						
Until 6:21AM Wed Then Creative Work - Siddha Yoga								

4	Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Amsterdam, Netherlands Sun 10 Sutra 17	
	Meena Rasi: 3.08	Tithi 27	Gulika 10:48AM – 12:39PM Yama 7:04AM – 8:56AM Rahu 12:39PM – 2:31PM	Purvaprossthapada* Until 6:21AM Vaidhriti* Until 12:59AM Thu Kaulava Until 8:47AM Dvadashi* Until 9:36PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:12AM Sunset: 8:07PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga						
Until 6:21AM Then Creative Work - Siddha Yoga								

5	Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Amsterdam, Netherlands Sun 11 Sutra 18	
	Meena Rasi: 15.22	Tithi 28	Gulika 8:55AM – 10:47AM Yama 5:10AM – 7:03AM Rahu 2:32PM – 4:24PM	Uttaraprossthapada Until 8:31AM Vishkambha* Until 12:56AM Fri Gara Until 10:19AM Trayodashi* Until 10:52PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:10AM Sunset: 8:08PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga						
Until 10:01AM Then Creative Work - Amrita Yoga								

6	Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Amsterdam, Netherlands Sun 12 Sutra 19	
	Meena Rasi: 27.48	Tithi 29	Gulika 7:01AM – 8:54AM Yama 4:25PM – 6:17PM Rahu 10:46AM – 12:39PM	Revati Until 10:01AM Priti Until 12:28AM Sat Visti Until 11:19AM Chaturdashi* Until 11:36PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:08AM Sunset: 8:10PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga						
Until 10:01AM Then Creative Work - Amrita Yoga								

	Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Amsterdam, Netherlands Sun 13 Sutra 20	
	Retreat Star		Gulika 5:06AM – 7:00AM Yama 2:32PM – 4:25PM Rahu 8:53AM – 10:46AM	Ashvini Until 11:18AM Ayushman Until 11:34PM Catuspada Until 11:47AM Amavasya* Until 11:47PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 5:06AM Sunset: 8:12PM	Vikarin 5121 Moon 4 - Phase 3 Amavasya	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Mesha Rasi: 10.29	Tithi 30						
Creative Work Siddha Yoga								

	Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Amsterdam, Netherlands Sun 14 Sutra 21	
	Retreat Star		Gulika 4:26PM – 6:20PM Yama 12:39PM – 2:33PM Rahu 6:20PM – 8:13PM	Bharani Until 11:55AM Saubhagya Until 10:18PM Kintughna Until 11:43AM Prathama* Until 11:30PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 5:05AM Sunset: 8:13PM	Vikarin 5121 Moon 4 - Phase 3 Prathama	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Mesha Rasi: 23.26	Tithi 1						
Routine Work Prabalarishta Yoga Until 11:55AM Then Creative Work - Siddha Yoga								

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau			Amsterdam, Netherlands Sun 15 Sutra 22
1		Gulika 2:33PM – 4:27PM	Krittika Until 11:58AM	Ganesha: Purple <i>Sunrise:</i> 5:03AM	Vikarin 5121
Vrishabha Rasi: 7	Tithi 2	Yama 10:45AM – 12:39PM	Sobhana Until 8:43PM	Muruqa: Yellow <i>Sunset:</i> 8:15PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:57AM – 8:51AM	Balava Until 11:13AM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 10:49PM	Moon – White	Bhuloka Day
Until 11:58AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau			Amsterdam, Netherlands Sun 16 Sutra 23
2		Gulika 12:39PM – 2:33PM	Rohini Until 11:56AM	Ganesha: Light Blue <i>Sunrise:</i> 5:01AM	Vikarin 5121
Vrishabha Rasi: 19.59	Tithi 3	Yama 8:50AM – 10:44AM	Athiganda* Until 6:50PM	Muruqa: Yellow <i>Sunset:</i> 8:17PM	Moon 4 - Phase 4
Creative Work Amrita Yoga	235583469	Rahu 4:28PM – 6:22PM	Taitila Until 10:21AM	Nataraja: Clear	3rd Phase
Until 11:56AM		Akshaya Tritiya	Tritiya Until 9:46PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau			Amsterdam, Netherlands Sun 17 Sutra 24
3		Gulika 10:44AM – 12:39PM	Mrigashira Until 11:27AM	Ganesha: Light Blue <i>Sunrise:</i> 4:59AM	Vikarin 5121
Mithuna Rasi: 3.33	Tithi 4	Yama 6:54AM – 8:49AM	Sukarma Until 4:44PM	Muruqa: Yellow <i>Sunset:</i> 8:18PM	Moon 4 - Phase 4
Creative Work Siddha Yoga	235583469	Rahu 12:39PM – 2:34PM	Vanija Until 9:10AM	Nataraja: Clear	3rd Phase
Until 11:56AM			Chaturthi* Until 8:27PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau			Amsterdam, Netherlands Sun 18 Sutra 25
4		Gulika 8:48AM – 10:43AM	Ardra Until 10:35AM	Ganesha: Light Blue <i>Sunrise:</i> 4:57AM	Vikarin 5121
Mithuna Rasi: 17.16	Tithi 5	Yama 4:57AM – 6:53AM	Dhriti Until 2:28PM	Muruqa: Yellow <i>Sunset:</i> 8:20PM	Moon 4 - Phase 4
Routine Work Marana Yoga	235583469	Rahu 2:34PM – 4:29PM	Bava Until 7:43AM	Nataraja: Clear	3rd Phase
Until 10:35AM			Panchami Until 6:54PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau			Amsterdam, Netherlands Sun 19 Sutra 26
5		Gulika 6:51AM – 8:47AM	Punarvasu Until 9:48AM	Ganesha: Orange <i>Sunrise:</i> 4:56AM	Vikarin 5121
Kataka Rasi: 1.07	Tithi 6 – 7	Yama 4:30PM – 6:26PM	Shula* Until 11:59AM	Muruqa: Yellow <i>Sunset:</i> 8:22PM	Moon 4 - Phase 4
Creative Work Siddha Yoga	245583469	Rahu 10:43AM – 12:39PM	Kaulava Until 6:04AM	Nataraja: Clear	3rd Phase
Until 9:48AM			Shashthi* Until 5:09PM	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Amsterdam, Netherlands Sun 20 Sutra 27
6		Gulika 4:54AM – 6:50AM	Pushya Until 8:40AM	Ganesha: Orange <i>Sunrise:</i> 4:54AM	Vikarin 5121
Kataka Rasi: 15.05	Tithi 7 – 8	Yama 2:35PM – 4:31PM	Ganda* Until 9:22AM	Muruqa: Yellow <i>Sunset:</i> 8:23PM	Moon 4 - Phase 4
Creative Work Siddha Yoga	245583469	Rahu 8:46AM – 10:42AM	Visti Until 2:11AM Sun	Nataraja: Clear	3rd Phase
Until 8:40AM			Saptami Until 3:12PM	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Amsterdam, Netherlands Sun 21 Sutra 28
Retreat Star		Gulika 4:32PM – 6:28PM	Ashlesha* Until 7:14AM	Ganesha: Clear <i>Sunrise:</i> 4:52AM	Vikarin 5121
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 12:39PM – 2:35PM	Vridhhi Until 6:38AM	Muruqa: Yellow <i>Sunset:</i> 8:25PM	Moon 4 - Phase 4
Creative Work Siddha Yoga	246583469	Rahu 6:28PM – 8:25PM	Balava Until 12:00AM Mon	Nataraja: Clear	Ashtami
Until 7:14AM		Mother's Day	Ashtami* Until 1:05PM	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Amsterdam, Netherlands Sun 22 Sutra 29
Retreat Star		Gulika 2:36PM – 4:33PM	Purvaphalguni Until 4:22AM Tue	Ganesha: White <i>Sunrise:</i> 4:51AM	Vikarin 5121
Simha Rasi: 13.22	Tithi 9 – 10	Yama 10:42AM – 12:39PM	Vyaghata* Until 12:46AM Tue	Muruqa: Yellow <i>Sunset:</i> 8:26PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 6:48AM – 8:45AM	Taitila Until 9:41PM	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Navami* Until 10:50AM	Moon – Red	Bhuloka Day
Until 4:22AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Amsterdam, Netherlands Sun 23 Sutra 30	
Simha Rasi: 27.38	Tithi 10 – 11	Gulika	12:39PM – 2:36PM	Uttaraphalguni Until 2:37AM Wed	Ganesha: White	<i>Sunrise:</i> 4:49AM	Vikarin 5121	
		Yama	8:44AM – 10:41AM	Harshana Until 9:45PM	Muruqa: Yellow	<i>Sunset:</i> 8:28PM	Moon 4 - Phase 5	
		266583469 Rahu	4:33PM – 6:31PM	Vanija Until 7:19PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga			Dashami Until 8:29AM	Moon – Red		Bhuloka Day	
Until 2:37AM Wed					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau			Amsterdam, Netherlands Sun 24 Sutra 31	
Kanya Rasi: 11.55	Tithi 11 – 12	Gulika	10:41AM – 12:39PM	Hasta Until 1:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Vikarin 5121	
		Yama	6:45AM – 8:43AM	Vajra* Until 6:44PM	Muruqa: Yellow	<i>Sunset:</i> 8:30PM	Moon 4 - Phase 5	
		266583469 Rahu	12:39PM – 2:36PM	Balava Until 3:45AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 6:06AM	Moon – Green		Devaloka Day	
Until 1:11AM Thu					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Amsterdam, Netherlands Sun 25 Sutra 32	
Kanya Rasi: 26.11	Tithi 13	Gulika	8:42AM – 10:40AM	Chitra Until 11:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Vikarin 5121	
		Yama	4:46AM – 6:44AM	Siddhi Until 3:49PM	Muruqa: Yellow	<i>Sunset:</i> 8:31PM	Moon 4 - Phase 5	
		266583469 Rahu	2:37PM – 4:35PM	Kaulava Until 2:39PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 1:34AM Fri	Moon – Green		Devaloka Day	
Until 11:45PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>			

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Amsterdam, Netherlands Sun 26 Sutra 33	
Tula Rasi: 10.19	Tithi 14	Gulika	6:43AM – 8:42AM	Svati Until 10:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Vikarin 5121	
		Yama	4:36PM – 6:34PM	Vyatipata* Until 1:05PM	Muruqa: Yellow	<i>Sunset:</i> 8:33PM	Moon 4 - Phase 5	
		266583469 Rahu	10:40AM – 12:39PM	Gara Until 12:35PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 11:39PM	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Amsterdam, Netherlands Sun 27 Sutra 34	
Tula Rasi: 24.17	Tithi 15	Gulika	4:43AM – 6:42AM	Vishakha Until 9:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
		Yama	2:37PM – 4:36PM	Variyan Until 10:37AM	Muruqa: Yellow	<i>Sunset:</i> 8:34PM	Moon 4 - Phase 5	
		276583469 Rahu	8:41AM – 10:40AM	Visti Until 10:52AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 10:09PM	Moon – Orange		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Sunday, May 19, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Amsterdam, Netherlands Sutra 35	
Vrischika Rasi: 7.58	Tithi 16	Gulika	4:37PM – 6:36PM	Anuradha Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama	12:39PM – 2:38PM	Parigha* Until 8:32AM	Muruqa: Yellow	<i>Sunset:</i> 8:36PM	Moon 4 - Phase 5	
		277583469 Rahu	6:36PM – 8:36PM	Balava Until 9:36AM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga			Prathama* Until 9:10PM	Moon – Orange		Devaloka Day	
					Vaisaka-Vaikasi			



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 21.19 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:38PM – 4:38PM
Yama 10:39AM – 12:39PM
Rahu 6:40AM – 8:39AM

Jyeshtha* Until 9:47PM
Shiva Until 6:56AM
Taitila Until 8:56AM
Dvitiya Until 8:49PM

Amsterdam, Netherlands
Sun 1 Sutra 36
Vikarin 5121

Ganesha: Yellow **Sunrise:** 4:40AM
Muruqa: Yellow **Sunset:** 8:37PM
Nataraja: Clear
Moon – Orange

Moon 5 - Phase 6
1st Phase

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 4.19 Tithi 18
Creative Work Amrita Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:39PM – 2:39PM
Yama 8:39AM – 10:39AM
Rahu 4:39PM – 6:39PM

Mula* Until 10:59PM
Sadhya Until 5:18AM Wed
Vanija Until 8:55AM
Tritiya Until 9:10PM

Amsterdam, Netherlands
Sun 2 Sutra 37
Vikarin 5121

Ganesha: Red **Sunrise:** 4:39AM
Muruqa: Yellow **Sunset:** 8:37PM
Nataraja: Clear
Moon – Light Blue

Moon 5 - Phase 6
1st Phase

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.59 Tithi 19
Creative Work Amrita Yoga
Until 12:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:38AM – 12:39PM
Yama 6:38AM – 8:38AM
Rahu 12:39PM – 2:39PM

Purvashadha* Until 12:43AM Thu
Subha Until 5:19AM Thu
Bava Until 9:37AM
Chaturthi* Until 10:12PM

Amsterdam, Netherlands
Sun 3 Sutra 38
Vikarin 5121

Ganesha: Red **Sunrise:** 4:38AM
Muruqa: Yellow **Sunset:** 8:40PM
Nataraja: Clear
Moon – Light Blue

Moon 5 - Phase 6
1st Phase

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 29.21 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:38AM – 10:38AM
Yama 4:36AM – 6:37AM
Rahu 2:39PM – 4:40PM

Uttarashadha Until 2:52AM Fri
Sukla Until 5:45AM Fri
Kaulava Until 10:59AM
Panchami Until 11:51PM

Amsterdam, Netherlands
Sun 4 Sutra 39
Vikarin 5121

Ganesha: Red **Sunrise:** 4:36AM
Muruqa: Yellow **Sunset:** 8:41PM
Nataraja: Clear
Moon – Light Blue

Moon 5 - Phase 6
1st Phase

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 11.29 Tithi 21
Routine Work Marana Yoga
Until 5:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:36AM – 8:37AM
Yama 4:41PM – 6:42PM
Rahu 10:38AM – 12:39PM

Shravana Until 5:47AM Sat
Brahma Until 6:31AM Sat
Gara Until 12:54PM
Shashthi* Until 1:59AM Sat

Amsterdam, Netherlands
Sun 5 Sutra 40
Vikarin 5121

Ganesha: Green **Sunrise:** 4:35AM
Muruqa: Yellow **Sunset:** 8:43PM
Nataraja: Clear
Moon – Purple

Moon 5 - Phase 6
1st Phase

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 23.26 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 4:34AM – 6:35AM
Yama 2:40PM – 4:42PM
Rahu 8:36AM – 10:38AM

Dhanishtha Until 8:44AM Sun
Brahma Until 6:31AM
Visti Until 3:11PM
Saptami Until 4:22AM Sun

Amsterdam, Netherlands
Sun 6 Sutra 41
Vikarin 5121

Ganesha: Green **Sunrise:** 4:34AM
Muruqa: Yellow **Sunset:** 8:44PM
Nataraja: Clear
Moon – Purple

Moon 5 - Phase 6
1st Phase

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 5.18 Tithi 23
Routine Work Marana Yoga
Until 8:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:42PM – 6:44PM
Yama 12:39PM – 2:41PM
Rahu 6:44PM – 8:45PM

Dhanishtha Until 8:44AM
Indra Until 7:29AM
Balava Until 5:37PM
Ashtami* Until 6:47AM Mon

Amsterdam, Netherlands
Sun 7 Sutra 42
Vikarin 5121

Ganesha: Blue **Sunrise:** 4:33AM
Muruqa: Yellow **Sunset:** 8:45PM
Nataraja: Clear
Moon – Purple

Moon 5 - Phase 6
Ashtami

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 17.1 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 11:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:41PM – 4:43PM
Yama 10:37AM – 12:39PM
Rahu 6:34AM – 8:35AM

Shatabhishak Until 11:32AM
Vaidhriti* Until 8:25AM
Taitila Until 7:57PM
Ashtami* Until 6:47AM

Amsterdam, Netherlands
Sun 8 Sutra 43
Vikarin 5121

Ganesha: Blue **Sunrise:** 4:32AM
Muruqa: Yellow **Sunset:** 8:47PM
Nataraja: Clear
Moon – Purple

Moon 5 - Phase 6
Navami

Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Amsterdam, Netherlands Sun 9 Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	Gulika	12:39PM – 2:42PM	Purvaproshtapada* Until 2:26PM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Vikarin 5121
		Yama	8:35AM – 10:37AM	Vishkambha* Until 9:12AM	Muruqa: Yellow	<i>Sunset:</i> 8:48PM	Moon 5 - Phase 7
		318683469 Rahu	4:44PM – 6:46PM	Vanija Until 10:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 9:00AM	Moon – Clear		Sivaloka Day
Until 2:26PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Amsterdam, Netherlands Sun 10 Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	Gulika	10:37AM – 12:39PM	Uttaraproshtapada Until 4:45PM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Vikarin 5121
		Yama	6:32AM – 8:35AM	Priti Until 9:43AM	Muruqa: Yellow	<i>Sunset:</i> 8:49PM	Moon 5 - Phase 7
		318683469 Rahu	12:39PM – 2:42PM	Bava Until 11:34PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 10:50AM	Moon – Clear		Sivaloka Day
Until 4:45PM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Amsterdam, Netherlands Sun 11 Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	Gulika	8:34AM – 10:37AM	Revati Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:29AM	Vikarin 5121
		Yama	4:29AM – 6:31AM	Ayushman Until 9:47AM	Muruqa: Yellow	<i>Sunset:</i> 8:50PM	Moon 5 - Phase 7
		318683469 Rahu	2:42PM – 4:45PM	Kaulava Until 12:33AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:07PM	Moon – Clear		Sivaloka Day
Until 6:22PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Amsterdam, Netherlands Sun 12 Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	Gulika	6:31AM – 8:34AM	Ashvini Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	Vikarin 5121
		Yama	4:46PM – 6:49PM	Saubhagya Until 9:23AM	Muruqa: Yellow	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 7
		328683469 Rahu	10:37AM – 12:40PM	Gara Until 12:54AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 12:47PM	Moon – White		Devaloka Day
Until 7:42PM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Amsterdam, Netherlands Sun 13 Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	Gulika	4:27AM – 6:30AM	Bharani Until 8:14PM	Ganesha: White	<i>Sunrise:</i> 4:27AM	Vikarin 5121
		Yama	2:43PM – 4:46PM	Sobhana Until 8:30AM	Muruqa: Yellow	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 7
		329683469 Rahu	8:33AM – 10:37AM	Visti Until 12:37AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 12:49PM	Moon – White		Bhuloka Day
Until 8:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Amsterdam, Netherlands Sun 14 Sutra 49
Retreat Star		Gulika	4:47PM – 6:50PM	Krittika Until 8:02PM	Ganesha: White	<i>Sunrise:</i> 4:26AM	Vikarin 5121
Vrishabha Rasi: 2.03	Tithi 29 – 30	Yama	12:40PM – 2:43PM	Athiganda* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 7
		329683469 Rahu	6:50PM – 8:54PM	Catuspada Until 11:44PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 12:14PM	Moon – White		Bhuloka Day
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Amsterdam, Netherlands Sun 15 Sutra 50
Vrishabha Rasi: 15.32	Tithi 30 – 1	Gulika	2:44PM – 4:48PM	Rohini Until 7:37PM	Ganesha: Green	<i>Sunrise:</i> 4:25AM	Vikarin 5121
Family Home Evening		Yama	10:36AM – 12:40PM	Dhriti Until 3:01AM Tue	Muruqa: Yellow	<i>Sunset:</i> 8:55PM	Moon 5 - Phase 7
		339683469 Rahu	6:29AM – 8:33AM	Kintughna Until 10:22PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 11:05AM	Moon – Yellow		Bhuloka Day
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Amsterdam, Netherlands Sun 16 Sutra 51
Vrishabha Rasi: 29.18	Tithi 1 – 2	Gulika 12:40PM – 2:44PM	Mrigashira Until 6:39PM	Ganesha: Green <i>Sunrise:</i> 4:25AM	Vikarin 5121
		Yama 8:32AM – 10:36AM	Shula* Until 12:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 8:56PM	Moon 5 - Phase 8
		339683461 Rahu 4:48PM – 6:52PM	Balava Until 8:35PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 9:30AM	Moon – Yellow	Bhuloka Day
Until 6:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Amsterdam, Netherlands Sun 17 Sutra 52
Mithuna Rasi: 13.17	Tithi 2 – 3	Gulika 10:36AM – 12:40PM	Ardra Until 5:14PM	Ganesha: Green <i>Sunrise:</i> 4:24AM	Vikarin 5121
		Yama 6:28AM – 8:32AM	Ganda* Until 9:42PM	Muruqa: Yellow <i>Sunset:</i> 8:57PM	Moon 5 - Phase 8
		339683461 Rahu 12:40PM – 2:45PM	Taitila Until 6:31PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:34AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Amsterdam, Netherlands Sun 18 Sutra 53
Mithuna Rasi: 27.26	Tithi 4	Gulika 8:32AM – 10:36AM	Punarvasu Until 3:55PM	Ganesha: White <i>Sunrise:</i> 4:23AM	Vikarin 5121
		Yama 4:23AM – 6:28AM	Vridhi Until 6:48PM	Muruqa: Yellow <i>Sunset:</i> 8:58PM	Moon 5 - Phase 8
		349683461 Rahu 2:45PM – 4:49PM	Vanija Until 6:15PM	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:04AM Fri	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Amsterdam, Netherlands Sun 19 Sutra 54
Kataka Rasi: 11.41	Tithi 5	Gulika 6:27AM – 8:32AM	Pushya Until 2:21PM	Ganesha: White <i>Sunrise:</i> 4:23AM	Vikarin 5121
		Yama 4:50PM – 6:54PM	Dhruva Until 3:49PM	Muruqa: Yellow <i>Sunset:</i> 8:59PM	Moon 5 - Phase 8
		349683461 Rahu 10:36AM – 12:41PM	Bava Until 1:54PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Panchami Until 12:42AM Sat	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Amsterdam, Netherlands Sun 20 Sutra 55
Kataka Rasi: 25.58	Tithi 6	Gulika 4:22AM – 6:27AM	Ashlesha* Until 12:38PM	Ganesha: White <i>Sunrise:</i> 4:22AM	Vikarin 5121
		Yama 2:46PM – 4:50PM	Vyaghata* Until 12:50PM	Muruqa: Yellow <i>Sunset:</i> 9:00PM	Moon 5 - Phase 8
		349683461 Rahu 8:32AM – 10:36AM	Kaulava Until 11:32AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 10:20PM	Moon – Blue	Bhuloka Day
Until 12:38PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Amsterdam, Netherlands Sun 21 Sutra 56
Simha Rasi: 10.13	Tithi 7	Gulika 4:51PM – 6:56PM	Magha* Until 11:14AM	Ganesha: Yellow <i>Sunrise:</i> 4:22AM	Vikarin 5121
		Yama 12:41PM – 2:46PM	Harshana Until 9:53AM	Muruqa: Yellow <i>Sunset:</i> 9:01PM	Moon 5 - Phase 8
		351683461 Rahu 6:56PM – 9:01PM	Gara Until 9:12AM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Saptami Until 8:03PM	Moon – Red	Devaloka Day
Until 11:14AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Amsterdam, Netherlands Sun 22 Sutra 57
Simha Rasi: 24.25	Tithi 8 – 9	Gulika 2:46PM – 4:51PM	Purvaphalguni Until 9:48AM	Ganesha: Yellow <i>Sunrise:</i> 4:21AM	Vikarin 5121
Family Home Evening		Yama 10:36AM – 12:41PM	Vajra* Until 7:00AM	Muruqa: Yellow <i>Sunset:</i> 9:01PM	Moon 5 - Phase 8
		351683461 Rahu 6:26AM – 8:31AM	Visti Until 6:58AM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	

Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Amsterdam, Netherlands Sun 23 Sutra 58
Kanya Rasi: 8.32	Tithi 9 – 10	Gulika 12:42PM – 2:47PM	Uttaraphalguni Until 8:21AM	Ganesha: Yellow <i>Sunrise:</i> 4:21AM	Vikarin 5121
		Yama 8:31AM – 10:36AM	Vyatipata* Until 1:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 9:02PM	Moon 5 - Phase 8
		351683461 Rahu 4:52PM – 6:57PM	Taitila Until 2:53AM Wed	Nataraja: Yellow	Navami
Creative Work	Amrita Yoga		Navami* Until 3:49PM	Moon – Red	Devaloka Day
Until 8:21AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Amsterdam, Netherlands Sun 24 Sutra 59	
	Kanya Rasi: 22.32	Tithi 10 – 11	Gulika 10:36AM – 12:42PM	Hasta Until 7:21AM	Ganesha: White	<i>Sunrise:</i> 4:21AM	Vikarin 5121	
			Yama 6:26AM – 8:31AM	Variyan Until 11:07PM	Muruqa: Yellow	<i>Sunset:</i> 9:03PM	Moon 5 - Phase 9	
		361683461	Rahu 12:42PM – 2:47PM	Vanija Until 1:08AM Thu	Nataraja: Yellow		4th Phase	
Routine Work Marana Yoga Until 7:21AM Then Creative Work - Siddha Yoga			Dashami Until 1:58PM		Bhuloka Day Devaloka Time: 3:PM to 6:PM			

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Amsterdam, Netherlands Sun 25 Sutra 60	
	Tula Rasi: 6.25	Tithi 11 – 12	Gulika 8:31AM – 10:37AM	Chitra Until 6:25AM	Ganesha: White	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
			Yama 4:20AM – 6:26AM	Parigha* Until 8:51PM	Muruqa: Yellow	<i>Sunset:</i> 9:03PM	Moon 5 - Phase 9	
		361683461	Rahu 2:47PM – 4:53PM	Bava Until 11:39PM	Nataraja: Yellow		4th Phase	
Creative Work Siddha Yoga Until 6:25AM Then Creative Work - Amrita Yoga			Ekadashi Until 12:20PM		Bhuloka Day Devaloka Time: 3:PM to 6:PM			

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Amsterdam, Netherlands Sun 26 Sutra 61	
	Tula Rasi: 20.07	Tithi 12 – 13	Gulika 6:26AM – 8:31AM	Vishakha Until 5:27AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
			Yama 4:53PM – 6:59PM	Shiva Until 6:52PM	Muruqa: Blue	<i>Sunset:</i> 9:04PM	Moon 5 - Phase 9	
		371693461	Rahu 10:37AM – 12:42PM	Kaulava Until 10:29PM	Nataraja: Yellow		4th Phase	
Creative Work Siddha Yoga			Vaikasi Visakam	Dvadashi Until 11:00AM	Sivaloka Day			
<i>Pradosha Vrata</i>								

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Amsterdam, Netherlands Sun 27 Sutra 62	
	Vrischika Rasi: 3.38	Tithi 13 – 14	Gulika 4:20AM – 6:26AM	Anuradha Until 5:33AM Sun	Ganesha: White	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
			Yama 2:48PM – 4:53PM	Siddha Until 5:09PM	Muruqa: Blue	<i>Sunset:</i> 9:05PM	Moon 5 - Phase 9	
		371793461	Rahu 8:31AM – 10:37AM	Gara Until 9:43PM	Nataraja: Yellow		4th Phase	
Creative Work Siddha Yoga Until 5:33AM Sun Then Routine Work - Marana Yoga			Trayodashi Until 10:01AM		Subha Sivaloka Day			

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Amsterdam, Netherlands Sutra 63	
	Copper Retreat Star		Gulika 4:54PM – 6:59PM	Jyeshtha* Until 6:00AM Mon	Ganesha: White	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
	Vrischika Rasi: 16.54	Tithi 14 – 15	Yama 12:42PM – 2:48PM	Sadhya Until 3:49PM	Muruqa: Blue	<i>Sunset:</i> 9:05PM	Moon 5 - Phase 9	
		371793461	Rahu 6:59PM – 9:05PM	Visti Until 9:25PM	Nataraja: Yellow		Purnima	
Routine Work Marana Yoga Until 6:00AM Mon Then Creative Work - Siddha Yoga			Father's Day	Chaturdashi* Until 9:29AM	Subha Sivaloka Day			

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Amsterdam, Netherlands Sutra 64	
	Silver Retreat Star		Gulika 2:48PM – 4:54PM	Jyeshtha* Until 6:00AM	Ganesha: White	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
	Vrischika Rasi: 29.55	Tithi 15 – 16	Yama 10:37AM – 12:43PM	Subha Until 2:55PM	Muruqa: Blue	<i>Sunset:</i> 9:06PM	Moon 5 - Phase 9	
		371793461	Rahu 6:26AM – 8:31AM	Balava Until 9:39PM	Nataraja: Yellow		Prathama	
Creative Work Siddha Yoga Until 6:00AM Then Routine Work - Marana Yoga			Purnima* Until 9:27AM		Subha Sivaloka Day			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Amsterdam, Netherlands
Sutra 66

Dhanus Rasi: 12.39 Tithi 16 – 17

382793461

Gulika 12:43PM – 2:49PM
Yama 8:31AM – 10:37AM
Rahu 4:54PM – 7:00PM

Mula* Until 7:16AM
Sukla Until 2:26PM
Taitila Until 10:28PM
Prathama* Until 9:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 9:06PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 7:16AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Amsterdam, Netherlands
Sun 1 Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

382793461

Gulika 10:37AM – 12:43PM
Yama 6:26AM – 8:31AM
Rahu 12:43PM – 2:49PM

Purvashadha* Until 8:57AM
Brahma Until 2:24PM
Vanija Until 11:49PM
Dvitiya Until 11:03AM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 9:06PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Amsterdam, Netherlands
Sun 2 Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

382793461

Gulika 8:32AM – 10:37AM
Yama 4:20AM – 6:26AM
Rahu 2:49PM – 4:55PM

Uttarashadha Until 10:59AM
Indra Until 2:47PM
Bava Until 1:40AM Fri
Tritiya Until 12:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 9:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 10:59AM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Amsterdam, Netherlands
Sun 3 Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

392793461

Gulika 6:26AM – 8:32AM
Yama 4:55PM – 7:01PM
Rahu 10:38AM – 12:44PM

Shravana Until 1:46PM
Vaidhrili* Until 3:27PM
Kaulava Until 3:51AM Sat
Chaturthi* Until 2:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 9:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 1:46PM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Amsterdam, Netherlands
Sun 4 Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

392793461

Gulika 4:20AM – 6:26AM
Yama 2:50PM – 4:55PM
Rahu 8:32AM – 10:38AM

Dhanishtha Until 4:39PM
Vishkambha* Until 4:21PM
Gara Until 6:13AM Sun
Panchami Until 5:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 9:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 4:39PM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Amsterdam, Netherlands
Sun 5 Sutra 70

Kumbha Rasi: 13.16 Tithi 21

392793461

Gulika 4:56PM – 7:01PM
Yama 12:44PM – 2:50PM
Rahu 7:01PM – 9:07PM

Shatabhishak Until 7:27PM
Priti Until 5:20PM
Gara Until 6:13AM
Shashthi* Until 7:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:21AM
Sunset: 9:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Amsterdam, Netherlands
Sun 6 Sutra 71

Kumbha Rasi: 25.08 Tithi 22

312793461

Gulika 2:50PM – 4:56PM
Yama 10:38AM – 12:44PM
Rahu 6:27AM – 8:33AM

Purvaproshtapada* Until 10:29PM
Ayushman Until 6:12PM
Visti Until 8:35AM
Saptami Until 9:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:21AM
Sunset: 9:07PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 10:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Amsterdam, Netherlands
Sun 7 Sutra 72

Meena Rasi: 7.05 Tithi 23

312793461

Gulika 12:44PM – 2:50PM
Yama 8:33AM – 10:39AM
Rahu 4:56PM – 7:02PM

Uttaraproshtapada Until 1:03AM Wed
Saubhagya Until 6:53PM
Balava Until 10:45AM
Ashtami* Until 11:40PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:21AM
Sunset: 9:07PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 1:03AM Wed
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Amsterdam, Netherlands
Sun 8 Sutra 73

Meena Rasi: 19.1 Tithi 24

312793461

Gulika 10:39AM – 12:45PM
Yama 6:27AM – 8:33AM
Rahu 12:45PM – 2:50PM

Revati Until 2:59AM Thu
Sobhana Until 7:14PM
Taitila Until 12:31PM
Navami* Until 1:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:22AM
Sunset: 9:07PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 2:59AM Thu
Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Amsterdam, Netherlands Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	Gulika 8:33AM – 10:39AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 4:22AM	Vikarin 5121	
		Yama 4:22AM – 6:28AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 9:07PM	Moon 6 - Phase 11	
		322793461 Rahu 2:50PM – 4:56PM	Vanija Until 1:43PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White			Devaloka Day
Until 4:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Amsterdam, Netherlands Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	Gulika 6:28AM – 8:34AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 4:23AM	Vikarin 5121	
		Yama 4:56PM – 7:02PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 9:07PM	Moon 6 - Phase 11	
		322793461 Rahu 10:39AM – 12:45PM	Bava Until 2:16PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 2:15AM Sat	Moon – White			Devaloka Day
Until 5:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Amsterdam, Netherlands Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	Gulika 4:23AM – 6:29AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 4:23AM	Vikarin 5121	
		Yama 2:51PM – 4:56PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 9:07PM	Moon 6 - Phase 11	
		322793461 Rahu 8:34AM – 10:40AM	Kaulava Until 2:06PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White			Devaloka Day
Until 5:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Amsterdam, Netherlands Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	Gulika 4:56PM – 7:01PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 4:24AM	Vikarin 5121	
		Yama 12:45PM – 2:51PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 9:07PM	Moon 6 - Phase 11	
		322793461 Rahu 7:01PM – 9:07PM	Gara Until 1:12PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow			Devaloka Day
Until 4:56AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga			Pradosha Vrata (Fasting)				
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Amsterdam, Netherlands Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	Gulika 2:51PM – 4:56PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 4:25AM	Vikarin 5121	
Family Home Evening		Yama 10:40AM – 12:45PM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 9:06PM	Moon 6 - Phase 11	
		322793461 Rahu 6:30AM – 8:35AM	Visti* Until 11:39AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Yellow			Devaloka Day
Until 3:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Amsterdam, Netherlands Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	Gulika 12:46PM – 2:51PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 4:25AM	Vikarin 5121	
		Yama 8:35AM – 10:41AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 9:06PM	Moon 6 - Phase 11	
		322793461 Rahu 4:56PM – 7:01PM	Catuspada Until 9:33AM	Nataraja: Yellow		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow			Devaloka Day
Until 1:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Amsterdam, Netherlands Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 10:41AM – 12:46PM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 4:26AM	Vikarin 5121	
		Yama 6:31AM – 8:36AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 9:06PM	Moon 6 - Phase 11	
		343793461 Rahu 12:46PM – 2:51PM	Kintughna Until 7:00AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue			Sivaloka Day
Until 12:08AM Thu				Ashada-Ani			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Amsterdam, Netherlands Sun 16 Sutra 81	
Kataka Rasi: 6.53	Tithi 2 - 3	Gulika 8:36AM - 10:41AM	Pushya Until 9:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:27AM	Vikarin 5121		
		Yama 4:27AM - 6:32AM	Harshana Until 12:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 9:05PM	Moon 6 - Phase 12		
		343793461 Rahu 2:51PM - 4:56PM	Taitila Until 1:10AM Fri	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga		Dvitiya Until 2:39PM	Moon - Blue		Sivaloka Day		
Until 9:58PM				Ashada-Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Amsterdam, Netherlands Sun 17 Sutra 82	
Kataka Rasi: 21.34	Tithi 3 - 4	Gulika 6:32AM - 8:37AM	Ashlesha* Until 7:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:28AM	Vikarin 5121		
		Yama 4:55PM - 7:00PM	Vajra* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 9:05PM	Moon 6 - Phase 12		
		343793461 Rahu 10:42AM - 12:46PM	Vanija Until 10:08PM	Nataraja: Yellow		3rd Phase		
Routine Work	Marana Yoga		Tritiya Until 11:37AM	Moon - Blue		Sivaloka Day		
				Ashada-Ani				

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Amsterdam, Netherlands Sun 18 Sutra 83	
Simha Rasi: 6.15	Tithi 4 - 5	Gulika 4:29AM - 6:33AM	Magha* Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Vikarin 5121		
		Yama 2:51PM - 4:55PM	Siddhi Until 5:17PM	Muruqa: Blue	<i>Sunset:</i> 9:04PM	Moon 6 - Phase 12		
		353793461 Rahu 8:37AM - 10:42AM	Bava Until 7:11PM	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga		Chaturthi* Until 8:37AM	Moon - Red		Subha Sivaloka Day		
Until 5:37PM				Ashada-Ani				
Then Creative Work - Siddha Yoga								

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Amsterdam, Netherlands Sun 19 Sutra 84	
Simha Rasi: 20.5	Tithi 6	Gulika 4:55PM - 6:59PM	Purvaphalguni Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:29AM	Vikarin 5121		
		Yama 12:46PM - 2:51PM	Vyatipata* Until 1:59PM	Muruqa: Blue	<i>Sunset:</i> 9:03PM	Moon 6 - Phase 12		
		453793461 Rahu 6:59PM - 9:03PM	Kaulava Until 4:27PM	Nataraja: Yellow		3rd Phase		
Creative Work	Siddha Yoga		Shashthi* Until 3:10AM Mon	Moon - Red		Sivaloka Day		
Until 3:40PM				Ashada-Ani				
Then Creative Work - Amrita Yoga								

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Amsterdam, Netherlands Sun 20 Sutra 85	
Kanya Rasi: 5.14	Tithi 7	Gulika 2:51PM - 4:55PM	Uttaraphalguni Until 1:52PM	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Vikarin 5121		
Family Home Evening		Yama 10:43AM - 12:47PM	Varyan Until 10:53AM	Muruqa: Blue	<i>Sunset:</i> 9:03PM	Moon 6 - Phase 12		
		453793461 Rahu 6:34AM - 8:39AM	Gara Until 2:00PM	Nataraja: Yellow		3rd Phase		
Creative Work	Siddha Yoga		Saptami Until 12:53AM Tue	Moon - Red		Sivaloka Day		
		Chidambaram Abhishekam		Ashada-Ani				

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Amsterdam, Netherlands Sun 21 Sutra 86	
Kanya Rasi: 19.24	Tithi 8	Gulika 12:47PM - 2:51PM	Hasta Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 4:31AM	Vikarin 5121		
		Yama 8:39AM - 10:43AM	Parigha* Until 8:06AM	Muruqa: Blue	<i>Sunset:</i> 9:02PM	Moon 6 - Phase 12		
		463793461 Rahu 4:54PM - 6:58PM	Visti Until 11:54AM	Nataraja: Yellow		Ashtami		
Creative Work	Siddha Yoga		Ashtami* Until 11:00PM	Moon - Green		Subha Sivaloka Day		
				Ashada-Ani				

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Amsterdam, Netherlands Sun 22 Sutra 87	
Tula Rasi: 3.19	Tithi 9	Gulika 10:43AM - 12:47PM	Chitra Until 11:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM	Vikarin 5121		
		Yama 6:36AM - 8:40AM	Siddha Until 3:32AM Thu	Muruqa: Blue	<i>Sunset:</i> 9:01PM	Moon 6 - Phase 12		
		463893461 Rahu 12:47PM - 2:51PM	Balava Until 10:14AM	Nataraja: Yellow		Navami		
Creative Work	Siddha Yoga		Navami* Until 9:32PM	Moon - Green		Sivaloka Day		
				Ashada-Ani				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Amsterdam, Netherlands Sun 23 Sutra 88	
	Tula Rasi: 16.58	Tithi 10	Gulika 8:40AM – 10:44AM	Svati Until 11:15AM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM	Vikarin 5121	
			Yama 4:34AM – 6:37PM	Sadhya Until 1:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 9:01PM	Moon 6 - Phase 13	
		463893461	Rahu 2:50PM – 4:54PM	Taitila Until 9:00AM	Nataraja: Yellow		4th Phase	
Creative Work Amrita Yoga						Sivaloka Day		
Until 11:15AM			Dashami Until 8:32PM			Ashada•Ani		
Then Creative Work - Siddha Yoga								

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Amsterdam, Netherlands Sun 24 Sutra 89	
	Vrischika Rasi: 0.2	Tithi 11	Gulika 6:38AM – 8:41AM	Vishakha Until 11:25AM	Ganesha: White	<i>Sunrise:</i> 4:35AM	Vikarin 5121	
			Yama 4:53PM – 6:57PM	Subha Until 12:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 9:00PM	Moon 6 - Phase 13	
		473893461	Rahu 10:44AM – 12:47PM	Vanija Until 8:13AM	Nataraja: Yellow		4th Phase	
Creative Work Siddha Yoga						Devaloka Day		
			Ekadashi Until 8:00PM			Ashada•Ani		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Amsterdam, Netherlands Sun 25 Sutra 90	
	Vrischika Rasi: 13.28	Tithi 12	Gulika 4:36AM – 6:39AM	Anuradha Until 11:54AM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121	
			Yama 2:50PM – 4:53PM	Sukla Until 11:29PM	Muruqa: Blue	<i>Sunset:</i> 8:59PM	Moon 6 - Phase 13	
		473893461	Rahu 8:42AM – 10:44AM	Bava Until 7:56AM	Nataraja: Yellow		4th Phase	
Creative Work Siddha Yoga						Devaloka Day		
			Dvadashi Until 7:56PM			Ashada•Ani		

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Amsterdam, Netherlands Sun 26 Sutra 91	
	Vrischika Rasi: 26.2	Tithi 13	Gulika 4:53PM – 6:55PM	Jyeshtha* Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 4:37AM	Vikarin 5121	
			Yama 12:47PM – 2:50PM	Brahma Until 10:53PM	Muruqa: Blue	<i>Sunset:</i> 8:58PM	Moon 6 - Phase 13	
		473893461	Rahu 6:55PM – 8:58PM	Kaulava Until 8:07AM	Nataraja: Yellow		4th Phase	
Routine Work Marana Yoga						Devaloka Day		
Until 12:43PM			Trayodashi Until 8:22PM			Ashada•Ani		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>					

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Amsterdam, Netherlands Sun 27 Sutra 92	
	Dhanus Rasi: 9	Tithi 14	Gulika 2:50PM – 4:52PM	Mula* Until 2:18PM	Ganesha: Clear	<i>Sunrise:</i> 4:38AM	Vikarin 5121	
	Family Home Evening		Yama 10:45AM – 12:47PM	Indra Until 10:41PM	Muruqa: Blue	<i>Sunset:</i> 8:57PM	Moon 6 - Phase 13	
		483893461	Rahu 6:40AM – 8:43AM	Gara Until 8:47AM	Nataraja: Yellow		4th Phase	
Creative Work Siddha Yoga						Sivaloka Day		
Until 2:18PM			Chaturdashi* Until 9:16PM			Ashada•Ani		
Then Routine Work - Marana Yoga								

○	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Amsterdam, Netherlands Sun 28 Sutra 93	
	Copper Retreat Star		Gulika 12:48PM – 2:50PM	Purvashadha* Until 4:10PM	Ganesha: Clear	<i>Sunrise:</i> 4:39AM	Vikarin 5121	
	Dhanus Rasi: 21.26	Tithi 15	Yama 8:43AM – 10:46AM	Vaidhriti* Until 10:48PM	Muruqa: Blue	<i>Sunset:</i> 8:56PM	Moon 6 - Phase 13	
		483893461	Rahu 4:52PM – 6:54PM	Visti Until 9:54AM	Nataraja: Yellow		Purnima	
Creative Work Siddha Yoga						Sivaloka Day		
Until 4:10PM			Purnima* Until 10:37PM			Ashada•Adi		
Then Routine Work - Prabalarishta Yoga			Partial Lunar Eclipse Satguru Purnima					

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Amsterdam, Netherlands Sun 29 Sutra 94	
	Silver Retreat Star		Gulika 10:46AM – 12:48PM	Uttarashadha Until 6:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:41AM	Vikarin 5121	
	Makara Rasi: 3.41	Tithi 16	Yama 6:42AM – 8:44AM	Vishkambha* Until 11:14PM	Muruqa: Blue	<i>Sunset:</i> 8:55PM	Moon 6 - Phase 13	
		484893462	Rahu 12:48PM – 2:49PM	Balava Until 11:28AM	Nataraja: White		Prathama	
Creative Work Amrita Yoga						Subha Subha Sivaloka Day		
Until 6:18PM			Prathama* Until 12:23AM Thu			Ashada•Adi		
Then Creative Work - Siddha Yoga								



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 15.47 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:45AM – 10:46AM
Yama 4:42AM – 6:43AM
Rahu 2:49PM – 4:51PM
Shravana Until 9:05PM
Priti Until 11:57PM
Taitila Until 1:24PM
Dvitiya Until 2:28AM Fri

Amsterdam, Netherlands
Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:42AM
Muruqa: Blue Sunset: 8:53PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Makara Rasi: 27.46 Tithi 18
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 6:44AM – 8:45AM
Yama 4:50PM – 6:51PM
Rahu 10:47AM – 12:48PM
Dhanishtha Until 11:57PM
Ayushman Until 12:49AM Sat
Vanija Until 3:37PM
Tritiya Until 4:47AM Sat

Amsterdam, Netherlands
Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:43AM
Muruqa: Blue Sunset: 8:52PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 9.39 Tithi 19
Creative Work Amrita Yoga
Until 2:45AM Sun
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau
Gulika 4:45AM – 6:45AM
Yama 2:49PM – 4:49PM
Rahu 8:46AM – 10:47AM
Shatabhishak Until 2:45AM Sun
Saubhagya Until 1:48AM Sun
Bava Until 6:00PM
Chaturthi* Until 7:12AM Sun

Amsterdam, Netherlands
Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:45AM
Muruqa: Blue Sunset: 8:51PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 21.31 Tithi 19 – 20
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 4:49PM – 6:49PM
Yama 12:48PM – 2:48PM
Rahu 6:49PM – 8:50PM
Purvaproshtapada* Until 5:53AM Mon
Sobhana Until 2:46AM Mon
Kaulava Until 8:25PM
Chaturthi* Until 7:12AM

Amsterdam, Netherlands
Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:46AM
Muruqa: Blue Sunset: 8:50PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 3.23 Tithi 20 – 21
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 2:48PM – 4:48PM
Yama 10:48AM – 12:48PM
Rahu 6:47AM – 8:48AM
Uttaraproshtapada Until 8:40AM Tue
Athiganda* Until 3:35AM Tue
Gara Until 10:42PM
Panchami Until 9:34AM

Amsterdam, Netherlands
Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:47AM
Muruqa: Blue Sunset: 8:49PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 15.19 Tithi 21 – 22
Creative Work Amrita Yoga
Until 8:40AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 12:48PM – 2:48PM
Yama 8:48AM – 10:48AM
Rahu 4:48PM – 6:47PM
Uttaraproshtapada Until 8:40AM
Sukarma Until 4:11AM Wed
Visti Until 12:42AM Wed
Shashthi* Until 11:44AM

Amsterdam, Netherlands
Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:49AM
Muruqa: Blue Sunset: 8:47PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Meena Rasi: 27.23 Tithi 22 – 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:48AM – 12:48PM
Yama 6:50AM – 8:49AM
Rahu 12:48PM – 2:47PM
Revati Until 10:57AM
Dhriti Until 4:26AM Thu
Balava Until 2:16AM Thu
Saptami Until 1:32PM

Amsterdam, Netherlands
Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: Clear Sunrise: 4:50AM
Muruqa: Blue Sunset: 8:46PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 9.4 Tithi 23 – 24
Creative Work Amrita Yoga
Until 1:04PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:50AM – 10:49AM
Yama 4:52AM – 6:51AM
Rahu 2:47PM – 4:46PM
Ashvini Until 1:04PM
Shula* Until 4:10AM Fri
Taitila Until 3:13AM Fri
Ashtami* Until 2:48PM

Amsterdam, Netherlands
Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 4:52AM
Muruqa: Blue Sunset: 8:44PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Amsterdam, Netherlands Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 22.11	Tithi 24 – 25	Gulika 6:52AM – 8:50AM	Bharani Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 4:53AM		
		Yama 4:45PM – 6:44PM	Ganda* Until 3:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 8:43PM		Moon 7 - Phase 15
		424893462 Rahu 10:49AM – 12:48PM	Vanija Until 3:27AM Sat	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 3:25PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantā Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Amsterdam, Netherlands Sun 10 Sutra 104 Vikarin 5121	
Wrishabha Rasi: 5.04	Tithi 25 – 26	Gulika 4:54AM – 6:53AM	Krittika Until 2:49PM	Ganesha: White	<i>Sunrise:</i> 4:54AM		
		Yama 2:46PM – 4:45PM	Vriddhi Until 1:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 8:41PM		Moon 7 - Phase 15
		424893462 Rahu 8:51AM – 10:50AM	Bava Until 2:55AM Sun	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 3:16PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Amsterdam, Netherlands Sun 11 Sutra 105 Vikarin 5121	
Wrishabha Rasi: 18.21	Tithi 26 – 27	Gulika 4:44PM – 6:42PM	Rohini Until 2:47PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM		
		Yama 12:48PM – 2:46PM	Dhruva Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 8:40PM		Moon 7 - Phase 15
		424893462 Rahu 6:42PM – 8:40PM	Kaulava Until 1:36AM Mon	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:20PM	Moon – Yellow		Subha Sivaloka Day	
						Ashada-Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Amsterdam, Netherlands Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 2.04	Tithi 27 – 28	Gulika 2:46PM – 4:43PM	Mrigashira Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 4:57AM		
Family Home Evening		Yama 10:50AM – 12:48PM	Vyaghata* Until 9:14PM	Muruqa: Blue	<i>Sunset:</i> 8:38PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 Rahu 6:55AM – 8:53AM	Gara Until 11:35PM	Nataraja: White			2nd Phase
Until 1:51PM			Dvadashi* Until 12:39PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada-Adi	
						Pradosha Vrata (Fasting)	

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Amsterdam, Netherlands Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 16.14	Tithi 28 – 29	Gulika 12:48PM – 2:45PM	Ardra Until 12:07PM	Ganesha: White	<i>Sunrise:</i> 4:59AM		
		Yama 8:53AM – 10:51AM	Harshana Until 6:07PM	Muruqa: Blue	<i>Sunset:</i> 8:37PM		Moon 7 - Phase 15
		435893462 Rahu 4:42PM – 6:40PM	Visti Until 8:57PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 10:19AM	Moon – Yellow		Sivaloka Day	
Until 12:07PM						Ashada-Adi	
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Amsterdam, Netherlands Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 10:51AM – 12:48PM	Punarvasu Until 10:09AM	Ganesha: Green	<i>Sunrise:</i> 5:01AM		
Kataka Rasi: 0.46	Tithi 29 – 30	Yama 6:57AM – 8:54AM	Vajra* Until 2:33PM	Muruqa: Blue	<i>Sunset:</i> 8:35PM		Moon 7 - Phase 15
		445893462 Rahu 12:48PM – 2:45PM	Naga Until 4:11AM Thu	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 7:27AM	Moon – Blue		Sivaloka Day	
						Ashada-Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Amsterdam, Netherlands Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 15.37	Tithi 1	Gulika 8:55AM – 10:51AM	Pushya Until 7:40AM	Ganesha: Green	<i>Sunrise:</i> 5:02AM		
		Yama 5:02AM – 6:58AM	Siddhi Until 10:43AM	Muruqa: Blue	<i>Sunset:</i> 8:33PM		Moon 7 - Phase 15
		445893462 Rahu 2:44PM – 4:41PM	Kintughna Until 2:28PM	Nataraja: White			Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:41AM Fri	Moon – Blue		Sivaloka Day	
Until 7:40AM						Sravana-Adi	
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Amsterdam, Netherlands Sun 16 Sutra 110	
Simha Rasi: 0.38	Tithi 2	Gulika 7:00AM – 8:56AM	Magha* Until 2:13AM Sat	Ganesha: White	<i>Sunrise:</i> 5:04AM		Vikarin 5121
		Yama 4:40PM – 6:36PM	Vyatipata* Until 6:45AM	Muruqa: Blue	<i>Sunset:</i> 8:32PM		Moon 7 - Phase 16
		455893462 Rahu 10:52AM – 12:48PM	Balava Until 10:55AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day	
Until 2:13AM Sat				Sravana*Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Amsterdam, Netherlands Sun 17 Sutra 111	
Simha Rasi: 15.41	Tithi 3 – 4	Gulika 5:05AM – 7:01AM	Purvaphalguni Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 5:05AM		Vikarin 5121
		Yama 2:43PM – 4:39PM	Parigha* Until 10:49PM	Muruqa: Blue	<i>Sunset:</i> 8:30PM		Moon 7 - Phase 16
		455893462 Rahu 8:56AM – 10:52AM	Taitila Until 7:22AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:37PM	Moon – Red		Sivaloka Day	
Until 11:36PM				Sravana*Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Amsterdam, Netherlands Sun 18 Sutra 112	
Kanya Rasi: 0.37	Tithi 4 – 5	Gulika 4:38PM – 6:33PM	Uttaraphalguni Until 9:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM		Vikarin 5121
		Yama 12:48PM – 2:43PM	Shiva Until 7:08PM	Muruqa: Blue	<i>Sunset:</i> 8:28PM		Moon 7 - Phase 16
		455993462 Rahu 6:33PM – 8:28PM	Bava Until 12:51AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 2:20PM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana*Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Amsterdam, Netherlands Sun 19 Sutra 113	
Kanya Rasi: 15.19	Tithi 5 – 6	Gulika 2:42PM – 4:37PM	Hasta Until 7:17PM	Ganesha: White	<i>Sunrise:</i> 5:08AM		Vikarin 5121
Family Home Evening		Yama 10:53AM – 12:47PM	Siddha Until 3:45PM	Muruqa: Blue	<i>Sunset:</i> 8:26PM		Moon 7 - Phase 16
		465993462 Rahu 7:03AM – 8:58AM	Kaulava Until 10:10PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 11:26AM	Moon – Green		Subha Subha Sivaloka Day	
Until 7:17PM				Sravana*Adi			
Then Routine Work - Prabalarishta Yoga							

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Amsterdam, Netherlands Sun 20 Sutra 114	
Kanya Rasi: 29.41	Tithi 6 – 7	Gulika 12:47PM – 2:42PM	Chitra Until 5:52PM	Ganesha: White	<i>Sunrise:</i> 5:10AM		Vikarin 5121
		Yama 8:59AM – 10:53AM	Sadhya Until 12:48PM	Muruqa: Blue	<i>Sunset:</i> 8:25PM		Moon 7 - Phase 16
		465993462 Rahu 4:36PM – 6:30PM	Gara Until 8:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Amsterdam, Netherlands Sun 21 Sutra 115	
Tula Rasi: 13.41	Tithi 7 – 8	Gulika 10:53AM – 12:47PM	Svati Until 4:54PM	Ganesha: White	<i>Sunrise:</i> 5:12AM		Vikarin 5121
		Yama 7:05AM – 8:59AM	Subha Until 10:21AM	Muruqa: Blue	<i>Sunset:</i> 8:23PM		Moon 7 - Phase 16
		465993462 Rahu 12:47PM – 2:41PM	Visti Until 6:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Amsterdam, Netherlands Sun 22 Sutra 116	
Tula Rasi: 27.16	Tithi 9	Gulika 9:00AM – 10:54AM	Vishakha Until 4:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:13AM		Vikarin 5121
		Yama 5:13AM – 7:07AM	Sukla Until 8:25AM	Muruqa: Blue	<i>Sunset:</i> 8:21PM		Moon 7 - Phase 16
		476993462 Rahu 2:41PM – 4:34PM	Balava Until 5:39PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 5:28AM Fri	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1	Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Amsterdam, Netherlands Sun 23 Sutra 117
	Wrischika Rasi: 10.29	Tithi 10	476993462	Gulika 7:08AM – 9:01AM Yama 4:33PM – 6:26PM Rahu 10:54AM – 12:47PM	Anuradha Until 5:24PM Brahma Until 7:02AM Taitila Until 5:28PM Dashami Until 5:36AM Sat	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 5:15AM Sunset: 8:19PM Moon 7 - Phase 17 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day
	Until 5:24PM						
Then Routine Work - Marana Yoga							

2	Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Vishti* Karana Ekadashyam Titau				Amsterdam, Netherlands Sun 24 Sutra 118
	Wrischika Rasi: 23.23	Tithi 11	476993462	Gulika 5:16AM – 7:09AM Yama 2:39PM – 4:32PM Rahu 9:02AM – 10:54AM	Jyeshtha* Until 6:22PM Indra Until 6:10AM Vanija Until 5:55PM Ekadashi Until 6:20AM Sun	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 5:16AM Sunset: 8:17PM Moon 7 - Phase 17 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day
	Then Routine Work - Marana Yoga						

3	Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vishti*/Bava Karana Ekadashi/Dvadashyam Titau				Amsterdam, Netherlands Sun 25 Sutra 119
	Dhanus Rasi: 5.59	Tithi 11 – 12	486993462	Gulika 4:31PM – 6:23PM Yama 12:47PM – 2:39PM Rahu 6:23PM – 8:15PM	Mula* Until 8:12PM Vishkambha* Until 5:46AM Mon Bava Until 6:56PM Ekadashi Until 6:20AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:18AM Sunset: 8:15PM Moon 7 - Phase 17 4th Phase
	Creative Work Amrita Yoga						Subha Sivaloka Day
	Until 8:12PM						
Then Creative Work - Siddha Yoga							

4	Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Amsterdam, Netherlands Sun 26 Sutra 120
	Dhanus Rasi: 18.21	Tithi 12 – 13	486993462	Gulika 2:38PM – 4:30PM Yama 10:55AM – 12:46PM Rahu 7:11AM – 9:03AM	Purvashadha* Until 10:20PM Priti Until 6:07AM Tue Kaulava Until 8:25PM Dvadashi Until 7:36AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:20AM Sunset: 8:13PM Moon 7 - Phase 17 4th Phase
	Family Home Evening						Subha Sivaloka Day
	Routine Work Marana Yoga						
<i>Pradosha Vrata</i>							

5	Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Amsterdam, Netherlands Sun 27 Sutra 121
	Makara Rasi: 0.32	Tithi 13 – 14	486993462	Gulika 12:46PM – 2:38PM Yama 9:04AM – 10:55AM Rahu 4:29PM – 6:20PM	Uttarashadha Until 12:38AM Wed Priti Until 6:07AM Gara Until 10:16PM Trayodashi Until 9:17AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 5:21AM Sunset: 8:11PM Moon 7 - Phase 17 4th Phase
	Routine Work Prabalarishta Yoga						Subha Sivaloka Day
	Until 12:38AM Wed						
Then Creative Work - Siddha Yoga							

○	Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Chaturdashi/Purnimayam Titau				Amsterdam, Netherlands Sutra 122	
	Copper Retreat Star			496993462	Gulika 10:55AM – 12:46PM Yama 7:14AM – 9:04AM Rahu 12:46PM – 2:37PM	Shravana Until 3:33AM Thu Ayushman Until 6:42AM Vishti Until 12:25AM Thu Chaturdashi* Until 11:18AM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 5:23AM Sunset: 8:09PM Moon 7 - Phase 17 Purnima
	Creative Work Siddha Yoga						Sivaloka Day	
	Raksha Bandhan							

○	Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Amsterdam, Netherlands Sutra 123	
	Silver Retreat Star			497993462	Gulika 9:05AM – 10:56AM Yama 5:25AM – 7:15AM Rahu 2:36PM – 4:27PM	Dhanishtha Until 6:27AM Fri Saubhagya Until 7:29AM Balava Until 2:44AM Fri Purnima* Until 1:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 5:25AM Sunset: 8:07PM Moon 7 - Phase 17 Prathama
	Creative Work Siddha Yoga						Subha Sivaloka Day	
	Then Routine Work - Marana Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 6.26 Tilthi 16 – 17
497993462
Creative Work Siddha Yoga

Gulika 7:16AM – 9:06AM
Yama 4:25PM – 6:15PM
Rahu 10:56AM – 12:46PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau
Dhanishtha Until 6:27AM
Sobhana Until 8:24AM
Tailita Until 5:10AM Sat
Prathama* Until 3:55PM

Ganesha: Yellow *Sunrise:* 5:26AM
Muruqa: Blue *Sunset:* 8:05PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Savana-Adi

Amsterdam, Netherlands
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

1

Saturday, August 17, 2019

Kumbha Rasi: 18.17 Tilthi 17
497993462
Creative Work Amrita Yoga
Until 9:16AM
Then Routine Work - Marana Yoga

Gulika 5:28AM – 7:17AM
Yama 2:35PM – 4:24PM
Rahu 9:07AM – 10:56AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproskthapada* Nakshatra Athiganda*/Sukarma Yoga Gara Karana Dvitiyayam Titau
Shatabhishak Until 9:16AM
Athiganda* Until 9:21AM
Gara Until 6:21PM
Dvitiya Until 6:21PM

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Blue *Sunset:* 8:03PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Savana-Avani

Amsterdam, Netherlands
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

2

Sunday, August 18, 2019

Meena Rasi: 0.09 Tilthi 18
517993462
Creative Work Siddha Yoga
Until 12:25PM
Then Creative Work - Amrita Yoga

Gulika 4:23PM – 6:12PM
Yama 12:45PM – 2:34PM
Rahu 6:12PM – 8:01PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproskthapada*/Uttaraproskthapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Triliyayam Titau
Purvaproskthapada* Until 12:25PM
Sukarma Until 10:18AM
Vanija Until 7:35AM
Tritiya Until 8:45PM

Ganesha: White *Sunrise:* 5:29AM
Muruqa: Blue *Sunset:* 8:01PM
Nataraja: White
Moon – Clear
Subha Subha Sivaloka Day
Savana-Avani

Amsterdam, Netherlands
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

3

Monday, August 19, 2019

Meena Rasi: 12.02 Tilthi 19
517993462
Family Home Evening
Creative Work Siddha Yoga

Gulika 2:34PM – 4:22PM
Yama 10:57AM – 12:45PM
Rahu 7:20AM – 9:08AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproskthapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau
Uttaraproskthapada Until 3:16PM
Dhriti Until 11:12AM
Bava Until 9:55AM
Chaturthi* Until 11:00PM

Ganesha: White *Sunrise:* 5:31AM
Muruqa: Blue *Sunset:* 7:59PM
Nataraja: White
Moon – Clear
Subha Subha Sivaloka Day
Savana-Avani

Amsterdam, Netherlands
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

4

Tuesday, August 20, 2019

Meena Rasi: 24 Tilthi 20
517993462
Creative Work Siddha Yoga

Gulika 12:45PM – 2:33PM
Yama 9:09AM – 10:57AM
Rahu 4:21PM – 6:09PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Tailita Karana Panchamyam Titau
Revati Until 5:46PM
Shula* Until 11:54AM
Kaulava Until 12:03PM
Panchami Until 12:59AM Wed

Ganesha: White *Sunrise:* 5:33AM
Muruqa: Blue *Sunset:* 7:57PM
Nataraja: White
Moon – Clear
Subha Subha Sivaloka Day
Savana-Avani

Amsterdam, Netherlands
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

5

Wednesday, August 21, 2019

Mesha Rasi: 6.05 Tilthi 21
527993462
Routine Work Marana Yoga
Until 8:14PM
Then Creative Work - Siddha Yoga

Gulika 10:57AM – 12:45PM
Yama 7:22AM – 9:09AM
Rahu 12:45PM – 2:32PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau
Ashvini Until 8:14PM
Ganda* Until 12:22PM
Gara Until 1:52PM
Shashthi* Until 2:35AM Thu

Ganesha: Clear *Sunrise:* 5:34AM
Muruqa: Blue *Sunset:* 7:55PM
Nataraja: White
Moon – White
Subha Sivaloka Day
Savana-Avani

Amsterdam, Netherlands
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

6

Thursday, August 22, 2019

Mesha Rasi: 18.2 Tilthi 22
528993462
Creative Work Siddha Yoga
Until 10:04PM
Then Routine Work - Marana Yoga

Gulika 9:10AM – 10:57AM
Yama 5:36AM – 7:23AM
Rahu 2:31PM – 4:18PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau
Bharani Until 10:04PM
Vridhhi Until 12:30PM
Visti Until 3:13PM
Saptami Until 3:39AM Fri

Ganesha: White *Sunrise:* 5:36AM
Muruqa: Blue *Sunset:* 7:53PM
Nataraja: White
Moon – White
Sivaloka Day
Savana-Avani

Amsterdam, Netherlands
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 0.49 Tilthi 23
528993462
Creative Work Siddha Yoga
Until 11:07PM
Then Routine Work - Marana Yoga

Gulika 7:24AM – 9:11AM
Yama 4:17PM – 6:04PM
Rahu 10:57AM – 12:44PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau
Krittika Until 11:07PM
Dhruva Until 12:09PM
Balava Until 3:58PM
Ashtami* Until 4:03AM Sat

Ganesha: White *Sunrise:* 5:38AM
Muruqa: Blue *Sunset:* 7:50PM
Nataraja: White
Moon – White
Sivaloka Day
Savana-Avani

Amsterdam, Netherlands
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Saturday, August 24, 2019
Retreat Star

Vrishabha Rasi: 13.37 Tilthi 24
538993462
Creative Work Amrita Yoga
Until 11:45PM
Then Creative Work - Siddha Yoga

Gulika 5:39AM – 7:25AM
Yama 2:30PM – 4:16PM
Rahu 9:12AM – 10:58AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Tailita/Gara Karana Navamyam Titau
Rohini Until 11:45PM
Vyaghata* Until 11:16AM
Tailita Until 4:00PM
Navami* Until 3:42AM Sun

Ganesha: Clear *Sunrise:* 5:39AM
Muruqa: Blue *Sunset:* 7:48PM
Nataraja: White
Moon – Yellow
Subha Sivaloka Day
Savana-Avani

Amsterdam, Netherlands
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau				Amsterdam, Netherlands Sun 9 Sutra 133	
	538993462	Gulika 4:15PM – 6:00PM Yama 12:44PM – 2:29PM Rahu 6:00PM – 7:46PM	Mrigashira Until 11:27PM Harshana Until 9:46AM Vanija Until 3:14PM Dashami Until 2:33AM Mon	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:41AM Sunset: 7:46PM	Subha Sivaloka Day	Vikarin 5121 Moon 8 - Phase 19 2nd Phase	
	Vishabha Rasi: 26.47 Tithi 25		Creative Work Siddha Yoga					
	Creative Work Siddha Yoga							


2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Amsterdam, Netherlands Sun 10 Sutra 134	
	538993462	Gulika 2:28PM – 4:14PM Yama 10:58AM – 12:43PM Rahu 7:28AM – 9:13AM	Ardra Until 10:15PM Vajra* Until 7:37AM Bava Until 1:42PM Ekadashi* Until 12:38AM Tue	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:43AM Sunset: 7:44PM	Subha Sivaloka Day	Vikarin 5121 Moon 8 - Phase 19 2nd Phase	
	Mithuna Rasi: 10.25 Tithi 26		Family Home Evening Creative Work Siddha Yoga Until 10:15PM Then Creative Work - Amrita Yoga					
	Creative Work Siddha Yoga							

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Amsterdam, Netherlands Sun 11 Sutra 135	
	548993462	Gulika 12:43PM – 2:28PM Yama 9:14AM – 10:58AM Rahu 4:12PM – 5:57PM	Punarvasu Until 8:39PM Vyatipata* Until 1:36AM Wed Kaulava Until 11:26AM Dvadashi* Until 10:03PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 5:44AM Sunset: 7:42PM	Sivaloka Day	Vikarin 5121 Moon 8 - Phase 19 2nd Phase	
	Mithuna Rasi: 24.3 Tithi 27		Creative Work Siddha Yoga					
	Creative Work Siddha Yoga							

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau				Amsterdam, Netherlands Sun 12 Sutra 136	
	549993463	Gulika 10:58AM – 12:43PM Yama 7:30AM – 9:14AM Rahu 12:43PM – 2:27PM	Pushya Until 6:20PM Varyan Until 9:51PM Gara Until 8:34AM Trayodashi* Until 6:55PM	Ganesha: Light Blue Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 5:46AM Sunset: 7:39PM	Devaloka Day	Vikarin 5121 Moon 8 - Phase 19 2nd Phase	
	Kataka Rasi: 9.02 Tithi 28		Creative Work Siddha Yoga					
	Creative Work Siddha Yoga							

Pradosha Vrata (Fasting)

5	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Amsterdam, Netherlands Sun 13 Sutra 137	
	549193463	Gulika 9:15AM – 10:59AM Yama 5:48AM – 7:31AM Rahu 2:26PM – 4:10PM	Ashlesha* Until 3:29PM Parigha* Until 5:49PM Catuspada Until 1:31AM Fri Chaturdashi* Until 3:23PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 5:48AM Sunset: 7:37PM	Sivaloka Day	Vikarin 5121 Moon 8 - Phase 19 2nd Phase	
	Kataka Rasi: 23.56 Tithi 29 – 30		Creative Work Siddha Yoga Until 3:29PM Then Creative Work - Amrita Yoga					
	Creative Work Siddha Yoga							

	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Amsterdam, Netherlands Sun 14 Sutra 138	
	559193463	Gulika 7:32AM – 9:16AM Yama 4:08PM – 5:52PM Rahu 10:59AM – 12:42PM	Magha* Until 12:39PM Shiva Until 1:36PM Kintughna Until 9:41PM Amavasya* Until 11:36AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:49AM Sunset: 7:35PM	Sivaloka Day	Vikarin 5121 Moon 8 - Phase 19 Amavasya	
	Simha Rasi: 9.06 Tithi 30 – 1		Routine Work Marana Yoga Until 12:39PM Then Creative Work - Siddha Yoga					
	Creative Work Siddha Yoga							

6	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Amsterdam, Netherlands Sun 15 Sutra 139	
	559193463	Gulika 5:51AM – 7:34AM Yama 2:24PM – 4:07PM Rahu 9:16AM – 10:59AM	Purvaphalguni Until 9:37AM Siddha Until 9:18AM Kaulava Until 4:00AM Sun Prathama* Until 7:45AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:51AM Sunset: 7:33PM	Sivaloka Day	Vikarin 5121 Moon 8 - Phase 19 Prathama	
	Simha Rasi: 24.21 Tithi 1 – 2		Creative Work Siddha Yoga Until 9:37AM Then Routine Work - Marana Yoga					
	Creative Work Siddha Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trityayam Titau				Amsterdam, Netherlands Sun 16 Sutra 140 Vikarin 5121
	Kanya Rasi: 9.32	Tithi 3	Gulika 4:06PM – 5:48PM	Uttaraphalguni Until 6:35AM	Ganesha: Clear	Sunrise: 5:52AM	
			Yama 12:41PM – 2:24PM	Subha Until 1:11AM Mon	Muruqa: Blue	Sunset: 7:30PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 Rahu 5:48PM – 7:30PM	Taitila Until 2:14PM	Nataraja: Clear		3rd Phase
			Tritiya Until 12:31AM Mon	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Amsterdam, Netherlands Sun 17 Sutra 141 Vikarin 5121
	Kanya Rasi: 24.3	Tithi 4	Gulika 2:23PM – 4:05PM	Chitra Until 1:56AM Tue	Ganesha: Orange	Sunrise: 5:54AM	
	Family Home Evening		Yama 10:59AM – 12:41PM	Sukla Until 9:35PM	Muruqa: Blue	Sunset: 7:28PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 Rahu 7:36AM – 9:18AM	Vanija Until 10:57AM	Nataraja: Clear		3rd Phase
			Ganesha Chaturthi	Chaturthi* Until 9:28PM	Moon – Green	Sivaloka Day	
				Bhadrapada-Avani			

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Amsterdam, Netherlands Sun 18 Sutra 142 Vikarin 5121
	Tula Rasi: 9.06	Tithi 5	Gulika 12:41PM – 2:22PM	Svati Until 12:15AM Wed	Ganesha: Orange	Sunrise: 5:56AM	
			Yama 9:18AM – 11:00AM	Brahma Until 6:28PM	Muruqa: Blue	Sunset: 7:26PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 Rahu 4:03PM – 5:45PM	Bava Until 8:10AM	Nataraja: Clear		3rd Phase
			Panchami Until 7:00PM	Moon – Green		Sivaloka Day	
				Bhadrapada-Avani			

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Amsterdam, Netherlands Sun 19 Sutra 143 Vikarin 5121
	Tula Rasi: 23.15	Tithi 6 – 7	Gulika 11:00AM – 12:40PM	Vishakha Until 11:35PM	Ganesha: Green	Sunrise: 5:57AM	
			Yama 7:38AM – 9:19AM	Indra Until 3:57PM	Muruqa: Blue	Sunset: 7:24PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 Rahu 12:40PM – 2:21PM	Kaulava Until 6:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 5:14PM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada-Avani			

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Amsterdam, Netherlands Sun 20 Sutra 144 Vikarin 5121
	Vrischika Rasi: 6.56	Tithi 7 – 8	Gulika 9:20AM – 11:00AM	Anuradha Until 11:35PM	Ganesha: Orange	Sunrise: 5:59AM	
			Yama 5:59AM – 7:39AM	Vaidhriti* Until 2:04PM	Muruqa: Blue	Sunset: 7:21PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	571193463 Rahu 2:20PM – 4:01PM	Visti Until 4:08AM Fri	Nataraja: Clear		3rd Phase
			Saptami Until 4:17PM	Moon – Orange		Sivaloka Day	
				Bhadrapada-Avani			

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Amsterdam, Netherlands Sun 21 Sutra 145 Vikarin 5121
	Vrischika Rasi: 20.09	Tithi 8 – 9	Gulika 7:40AM – 9:20AM	Jyeshtha* Until 12:13AM Sat	Ganesha: Orange	Sunrise: 6:01AM	
			Yama 3:59PM – 5:39PM	Vishkambha* Until 12:50PM	Muruqa: Blue	Sunset: 7:19PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	571193463 Rahu 11:00AM – 12:40PM	Balava Until 4:25AM Sat	Nataraja: Clear		Ashtami
			Ashtami* Until 4:10PM	Moon – Orange		Sivaloka Day	
				Bhadrapada-Avani			

D	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Amsterdam, Netherlands Sun 22 Sutra 146 Vikarin 5121
	Dhanus Rasi: 2.57	Tithi 9 – 10	Gulika 6:02AM – 7:42AM	Mula* Until 1:56AM Sun	Ganesha: Green	Sunrise: 6:02AM	
			Yama 2:19PM – 3:58PM	Priti Until 12:15PM	Muruqa: Blue	Sunset: 7:17PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	581193463 Rahu 9:21AM – 11:00AM	Taitila Until 5:27AM Sun	Nataraja: Clear		Navami
			Navami* Until 4:49PM	Moon – Light Blue		Devaloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau				Amsterdam, Netherlands Sun 23 Sutra 147	
	Dhanus Rasi: 15.25	Tithi 10	Gulika 3:57PM – 5:35PM	Purvashadha* Until 4:05AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:04AM	Vikarin 5121	
			Yama 12:39PM – 2:18PM	Ayushman Until 12:11PM	Muruqa: Blue	<i>Sunset:</i> 7:14PM	Moon 8 - Phase 21	
	581193463	Rahu 5:35PM – 7:14PM	Gara Until 6:10PM		Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Grandparent's Day		Dashami Until 6:10PM		Bhadrapada-Avani		Devaloka Day
Until 4:05AM Mon								
Then Routine Work - Marana Yoga								

2	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Amsterdam, Netherlands Sun 24 Sutra 148	
	Dhanus Rasi: 27.38	Tithi 11	Gulika 2:17PM – 3:55PM	Uttarashadha Until 6:30AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:06AM	Vikarin 5121	
			Yama 11:00AM – 12:39PM	Saubhagya Until 12:34PM	Muruqa: Blue	<i>Sunset:</i> 7:12PM	Moon 8 - Phase 21	
	581193463	Rahu 7:44AM – 9:22AM	Vanija Until 7:05AM		Nataraja: Clear		4th Phase	
Family Home Evening		Ekadashi Until 8:03PM		Bhadrapada-Avani		Devaloka Day		
Routine Work Marana Yoga								
Until 6:30AM Tue								
Then Creative Work - Siddha Yoga								

3	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Amsterdam, Netherlands Sun 25 Sutra 149	
	Makara Rasi: 9.4	Tithi 12	Gulika 12:38PM – 2:16PM	Uttarashadha Until 6:30AM	Ganesha: Green	<i>Sunrise:</i> 6:07AM	Vikarin 5121	
			Yama 9:23AM – 11:01AM	Sobhana Until 1:16PM	Muruqa: Blue	<i>Sunset:</i> 7:10PM	Moon 8 - Phase 21	
	581193463	Rahu 3:54PM – 5:32PM	Bava Until 9:09AM		Nataraja: Clear		4th Phase	
Routine Work Prabalarishta Yoga		Dvadashi Until 10:16PM		Bhadrapada-Avani		Devaloka Day		
Until 6:30AM								
Then Creative Work - Siddha Yoga								

4	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Amsterdam, Netherlands Sun 26 Sutra 150	
	Makara Rasi: 21.34	Tithi 13	Gulika 11:01AM – 12:38PM	Shravana Until 9:32AM	Ganesha: Red	<i>Sunrise:</i> 6:09AM	Vikarin 5121	
			Yama 7:46AM – 9:23AM	Athiganda* Until 2:07PM	Muruqa: Blue	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 21	
	591193463	Rahu 12:38PM – 2:15PM	Kaulava Until 11:29AM		Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Avani Avittam		Trayodashi Until 12:41AM Thu		Bhadrapada-Avani		Sivaloka Day
Until 9:32AM								
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>				

5	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Amsterdam, Netherlands Sun 27 Sutra 151	
	Kumbha Rasi: 3.26	Tithi 14	Gulika 9:24AM – 11:01AM	Dhanishtha Until 12:31PM	Ganesha: Red	<i>Sunrise:</i> 6:11AM	Vikarin 5121	
			Yama 6:11AM – 7:47AM	Sukarma Until 3:04PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 8 - Phase 21	
	591193463	Rahu 2:14PM – 3:51PM	Gara Until 1:57PM		Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Chidambaram Abhishekam		Chaturdashi* Until 3:09AM Fri		Bhadrapada-Avani		Sivaloka Day
Until 6:25PM								
Then Creative Work - Siddha Yoga								

O	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Amsterdam, Netherlands Sutra 152	
	Copper Retreat Star		Gulika 7:48AM – 9:25AM	Shatabhishak Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 6:12AM	Vikarin 5121	
	Kumbha Rasi: 15.17	Tithi 15	Yama 3:50PM – 5:26PM	Dhriti Until 4:01PM	Muruqa: Purple	<i>Sunset:</i> 7:03PM	Moon 8 - Phase 21	
	591113463	Rahu 11:01AM – 12:37PM	Visti Until 4:24PM		Nataraja: Clear		Purnima	
Creative Work Siddha Yoga		Purnima* Until 5:36AM Sat		Bhadrapada-Avani		Sivaloka Day		
Until 6:25PM								
Then Creative Work - Siddha Yoga								

O	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau				Amsterdam, Netherlands Sutra 153	
	Silver Retreat Star		Gulika 6:14AM – 7:50AM	Purvaproshtapada* Until 6:25PM	Ganesha: Red	<i>Sunrise:</i> 6:14AM	Vikarin 5121	
	Kumbha Rasi: 27.1	Tithi 16	Yama 2:13PM – 3:49PM	Shula* Until 4:53PM	Muruqa: Purple	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 21	
	511113463	Rahu 9:25AM – 11:01AM	Balava Until 6:48PM		Nataraja: Clear		Prathama	
Routine Work Marana Yoga		Prathama* Until 7:55AM Sun		Bhadrapada-Avani		Sivaloka Day		
Until 6:25PM								
Then Creative Work - Siddha Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtpada Nakshatra Ganda Vridhi Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Amsterdam, Netherlands
Sutra 154

Meena Rasi: 9.04 Tithi 16 – 17

512113463

Gulika 3:47PM – 5:23PM
Yama 12:37PM – 2:12PM
Rahu 5:23PM – 6:58PM

Uttaraproshtpada Until 9:13PM
Ganda* Until 5:40PM
Tailita Until 9:03PM
Prathama* Until 7:55AM

Ganesha: Yellow **Sunrise:** 6:15AM
Muruqa: Purple **Sunset:** 6:58PM
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Amsterdam, Netherlands
Sun 1 Sutra 155

Meena Rasi: 21.03 Tithi 17 – 18

512113463

Gulika 2:11PM – 3:46PM
Yama 11:01AM – 12:36PM
Rahu 7:52AM – 9:27AM

Revati Until 11:39PM
Vridhi Until 6:20PM
Vanija Until 11:06PM
Dvitiya Until 10:05AM

Ganesha: Yellow **Sunrise:** 6:17AM
Muruqa: Purple **Sunset:** 6:55PM
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Vava Karana Tritiya/Chaturthyam Titau

Amsterdam, Netherlands
Sun 2 Sutra 156

Mesha Rasi: 3.06 Tithi 18 – 19

522113463

Gulika 12:36PM – 2:10PM
Yama 9:27AM – 11:02AM
Rahu 3:45PM – 5:19PM

Ashvini Until 2:11AM Wed
Dhruva Until 6:46PM
Bava Until 12:55AM Wed
Tritiya Until 12:02PM

Ganesha: White **Sunrise:** 6:19AM
Muruqa: Purple **Sunset:** 6:53PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Amsterdam, Netherlands
Sun 3 Sutra 157

Mesha Rasi: 15.16 Tithi 19 – 20

522113463

Gulika 11:02AM – 12:36PM
Yama 7:54AM – 9:28AM
Rahu 12:36PM – 2:09PM

Bharani Until 4:13AM Thu
Vyaghata* Until 6:59PM
Kaulava Until 2:23AM Thu
Chaturthi* Until 1:41PM

Ganesha: White **Sunrise:** 6:20AM
Muruqa: Purple **Sunset:** 6:51PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Until 4:13AM Thu
Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Tailita/Gara Karana Panchami/Shashtyam Titau

Amsterdam, Netherlands
Sun 4 Sutra 158

Mesha Rasi: 27.35 Tithi 20 – 21

522113463

Gulika 9:29AM – 11:02AM
Yama 6:22AM – 7:55AM
Rahu 2:09PM – 3:42PM

Krittika Until 5:39AM Fri
Harshana Until 6:55PM
Gara Until 3:26AM Fri
Panchami Until 2:57PM

Ganesha: White **Sunrise:** 6:22AM
Muruqa: Purple **Sunset:** 6:48PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Amsterdam, Netherlands
Sun 5 Sutra 159

Vrishabha Rasi: 10.05 Tithi 21 – 22

532113463

Gulika 7:57AM – 9:29AM
Yama 3:40PM – 5:13PM
Rahu 11:02AM – 12:35PM

Rohini Until 6:52AM Sat
Vajra* Until 6:24PM
Visti Until 3:55AM Sat
Shashthi* Until 3:44PM

Ganesha: Clear **Sunrise:** 6:24AM
Muruqa: Purple **Sunset:** 6:46PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Sivaloka Day

Until 6:52AM Sat
Then Creative Work - Siddha Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Amsterdam, Netherlands
Sun 6 Sutra 160

Vrishabha Rasi: 22.51 Tithi 22 – 23

532113463

Gulika 6:25AM – 7:58AM
Yama 2:07PM – 3:39PM
Rahu 9:30AM – 11:02AM

Rohini Until 6:52AM
Siddhi Until 5:26PM
Balava Until 3:45AM Sun
Saptami Until 3:54PM

Ganesha: Clear **Sunrise:** 6:25AM
Muruqa: Purple **Sunset:** 6:44PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Until 6:52AM

Then Creative Work - Siddha Yoga

Sunday, September 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatiyata*/Variyan Yoga Kaulava/Tailita Karana Ashtami/Navamyam Titau

Amsterdam, Netherlands
Sun 7 Sutra 161

Mithuna Rasi: 5.56 Tithi 23 – 24

532213463

Gulika 3:38PM – 5:09PM
Yama 12:34PM – 2:06PM
Rahu 5:09PM – 6:41PM

Mrigashira Until 7:17AM
Vyatiyata* Until 3:55PM
Tailita Until 2:52AM Mon
Ashtami* Until 3:23PM

Ganesha: Orange **Sunrise:** 6:27AM
Muruqa: Purple **Sunset:** 6:41PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Monday, September 23, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Amsterdam, Netherlands
Sun 8 Sutra 162

Mithuna Rasi: 19.25 Tithi 24 – 25

532213463

Gulika 2:05PM – 3:36PM
Yama 11:03AM – 12:34PM
Rahu 8:00AM – 9:31AM

Ardra Until 6:50AM
Variyan Until 1:48PM
Vanija Until 1:16AM Tue
Navami* Until 2:08PM

Ganesha: Orange **Sunrise:** 6:29AM
Muruqa: Purple **Sunset:** 6:39PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
Navami

Creative Work Siddha Yoga

Sivaloka Day

Until 6:50AM

Then Creative Work - Amrita Yoga


Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Amsterdam, Netherlands Sun 9 Sutra 163	
Kataka Rasi: 3.2	Tithi 25 – 26	Gulika	12:33PM – 2:04PM	Pushya Until 4:18AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:30AM		Vikarin 5121
		Yama	9:32AM – 11:03AM	Parigha* Until 11:08AM	Muruqa: Purple <i>Sunset:</i> 6:37PM		Moon 9 - Phase 23
		542213463 Rahu	3:35PM – 5:06PM	Bava Until 10:59PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 12:11PM	Moon – Blue	Devaloka Day	
					Bhadrapada•Puratasi		

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Amsterdam, Netherlands Sun 10 Sutra 164	
Kataka Rasi: 17.41	Tithi 26 – 27	Gulika	11:03AM – 12:33PM	Ashlesha* Until 1:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:32AM		Vikarin 5121
		Yama	8:02AM – 9:33AM	Shiva Until 7:56AM	Muruqa: Purple <i>Sunset:</i> 6:34PM		Moon 9 - Phase 23
		542213463 Rahu	12:33PM – 2:03PM	Kaulava Until 8:07PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 9:36AM	Moon – Blue	Devaloka Day	
Until 1:57AM Thu					Bhadrapada•Puratasi		
Then Creative Work - Amrita Yoga							

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau		Amsterdam, Netherlands Sun 11 Sutra 165	
Simha Rasi: 2.25	Tithi 27 – 28	Gulika	9:33AM – 11:03AM	Magha* Until 11:26PM	Ganesha: Purple <i>Sunrise:</i> 6:34AM		Vikarin 5121
		Yama	6:34AM – 8:03AM	Sadhya Until 12:18AM Fri	Muruqa: Purple <i>Sunset:</i> 6:32PM		Moon 9 - Phase 23
		552213463 Rahu	2:03PM – 3:32PM	Vanija Until 2:59AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 6:29AM	Moon – Red	Devaloka Day	
Until 11:26PM					Bhadrapada•Puratasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Amsterdam, Netherlands Sun 12 Sutra 166	
Simha Rasi: 17.28	Tithi 29	Gulika	8:05AM – 9:34AM	Purvaphalguni Until 8:31PM	Ganesha: Purple <i>Sunrise:</i> 6:35AM		Vikarin 5121
		Yama	3:31PM – 5:00PM	Subha Until 8:07PM	Muruqa: Purple <i>Sunset:</i> 6:29PM		Moon 9 - Phase 23
		552213463 Rahu	11:03AM – 12:32PM	Visti Until 1:09PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 11:15PM	Moon – Red	Devaloka Day	
					Bhadrapada•Puratasi		

		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Amsterdam, Netherlands Sun 13 Sutra 167	
Retreat Star		Gulika	6:37AM – 8:06AM	Uttaraphalguni Until 5:24PM	Ganesha: Light Blue <i>Sunrise:</i> 6:37AM		Vikarin 5121
Kanya Rasi: 2.4	Tithi 30	Yama	2:01PM – 3:30PM	Sukla Until 3:51PM	Muruqa: Purple <i>Sunset:</i> 6:27PM		Moon 9 - Phase 23
		652213463 Rahu	9:35AM – 11:03AM	Catuspada Until 9:22AM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 7:28PM	Moon – Red	Devaloka Day	
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada•Puratasi		

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Amsterdam, Netherlands Sun 14 Sutra 168	
Kanya Rasi: 17.53	Tithi 1 – 2	Gulika	3:28PM – 4:57PM	Hasta Until 2:39PM	Ganesha: Light Blue <i>Sunrise:</i> 6:39AM		Vikarin 5121
		Yama	12:32PM – 2:00PM	Brahma Until 11:39AM	Muruqa: Purple <i>Sunset:</i> 6:25PM		Moon 9 - Phase 23
		663213463 Rahu	4:57PM – 6:25PM	Balava Until 2:04AM Mon	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Prathama* Until 3:47PM	Moon – Green	Devaloka Day	
Until 2:39PM		Navaratri Begins			Ashvina•Puratasi		
Then Creative Work - Siddha Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Amsterdam, Netherlands Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.55	Tithi 2 – 3	Gulika 1:59PM – 3:27PM	Chitra Until 12:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:40AM	
Family Home Evening	663213463	Yama 11:04AM – 12:31PM	Indra Until 7:41AM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu 8:08AM – 9:36AM	Taitila Until 10:54PM	Nataraja: Clear	3rd Phase
Until 12:02PM			Dvitiya Until 12:24PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau	Amsterdam, Netherlands Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.38	Tithi 3 – 4	Gulika 12:31PM – 1:58PM	Svati Until 9:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:42AM	
	663213463	Yama 9:37AM – 11:04AM	Vishkambha* Until 12:54AM Wed	Muruqa: Purple <i>Sunset:</i> 6:20PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 3:26PM – 4:53PM	Vanija Until 8:17PM	Nataraja: Clear	3rd Phase
Until 9:45AM			Tritiya Until 9:30AM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Amsterdam, Netherlands Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.56	Tithi 4 – 5	Gulika 11:04AM – 12:31PM	Vishakha Until 8:23AM	Ganesha: Purple <i>Sunrise:</i> 6:44AM	
	673213463	Yama 8:11AM – 9:37AM	Priti Until 10:22PM	Muruqa: Purple <i>Sunset:</i> 6:18PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 12:31PM – 1:58PM	Bava Until 6:22PM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 7:13AM	Moon – Orange	Devaloka Day
				Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Amsterdam, Netherlands Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.44	Tithi 6	Gulika 9:38AM – 11:04AM	Anuradha Until 7:38AM	Ganesha: Purple <i>Sunrise:</i> 6:45AM	
	673213463	Yama 6:45AM – 8:12AM	Ayushman Until 8:29PM	Muruqa: Purple <i>Sunset:</i> 6:15PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 1:57PM – 3:23PM	Kaulava Until 5:17PM	Nataraja: Clear	3rd Phase
Until 7:38AM			Shashthi* Until 5:03AM Fri	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau	Amsterdam, Netherlands Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 29.02	Tithi 7	Gulika 8:13AM – 9:39AM	Jyeshtha* Until 7:36AM	Ganesha: Purple <i>Sunrise:</i> 6:47AM	
	673213463	Yama 3:22PM – 4:47PM	Saubhagya Until 7:19PM	Muruqa: Purple <i>Sunset:</i> 6:13PM	Moon 9 - Phase 24
Routine Work Marana Yoga		Rahu 11:04AM – 12:30PM	Gara Until 5:06PM	Nataraja: Clear	3rd Phase
Until 7:36AM			Saptami Until 5:19AM Sat	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau	Amsterdam, Netherlands Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.52	Tithi 8	Gulika 6:49AM – 8:14AM	Mula* Until 8:45AM	Ganesha: Clear <i>Sunrise:</i> 6:49AM	
	683213463	Yama 1:55PM – 3:20PM	Sobhana Until 6:51PM	Muruqa: Purple <i>Sunset:</i> 6:11PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 9:39AM – 11:05AM	Visti Until 5:47PM	Nataraja: Clear	Ashtami
			Ashtami* Until 6:24AM Sun	Moon – Light Blue	Sivaloka Day
		Durga Ashtami		Ashvina+Puratasi	

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Amsterdam, Netherlands Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 24.2	Tithi 8 – 9	Gulika 3:19PM – 4:44PM	Purvashadha* Until 10:32AM	Ganesha: Clear <i>Sunrise:</i> 6:51AM	
	683213463	Yama 12:30PM – 1:54PM	Athiganda* Until 6:55PM	Muruqa: Purple <i>Sunset:</i> 6:09PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 4:44PM – 6:09PM	Balava Until 7:14PM	Nataraja: Clear	Navami
Until 10:32AM			Ashtami* Until 6:24AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Amsterdam, Netherlands Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:54PM – 3:18PM	Uttarashadha Until 12:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	
Makara Rasi: 6.31	Tithi 9 – 10	Yama 11:05AM – 12:29PM	Sukarma Until 7:28PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 8:16AM – 9:41AM	Taitila Until 9:17PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Navami* Until 8:11AM	Moon – Light Blue		Sivaloka Day
Until 12:46PM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Amsterdam, Netherlands Sun 23 Sutra 177 Vikarin 5121
2		Gulika 12:29PM – 1:53PM	Shravana Until 3:45PM	Ganesha: White	<i>Sunrise:</i> 6:54AM	
Makara Rasi: 18.29	Tithi 10 – 11	Yama 9:41AM – 11:05AM	Dhriti Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 3:16PM – 4:40PM	Vanija Until 11:40PM	Nataraja: Purple		4th Phase
Routine Work Siddha Yoga			Vijaya Dasami	Moon – Purple		Sivaloka Day
Until 12:46PM			Dashami Until 10:25AM	Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Amsterdam, Netherlands Sun 24 Sutra 178 Vikarin 5121
3		Gulika 11:05AM – 12:29PM	Dhanishtha Until 6:46PM	Ganesha: White	<i>Sunrise:</i> 6:56AM	
Kumbha Rasi: 0.22	Tithi 11 – 12	Yama 8:19AM – 9:42AM	Shula* Until 9:13PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 12:29PM – 1:52PM	Bava Until 2:13AM Thu	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 12:55PM	Moon – Purple		Sivaloka Day
Until 6:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Amsterdam, Netherlands Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:43AM – 11:06AM	Shatabhishak Until 9:36PM	Ganesha: White	<i>Sunrise:</i> 6:57AM	
Kumbha Rasi: 12.12	Tithi 12 – 13	Yama 6:57AM – 8:20AM	Ganda* Until 10:09PM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 1:51PM – 3:14PM	Kaulava Until 4:43AM Fri	Nataraja: Purple		4th Phase
Routine Work Siddha Yoga			Dvadashi Until 3:27PM	Moon – Purple		Sivaloka Day
Until 6:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						
		Kadaitswami Mahasamadhi				
			<i>Pradosha Vrata</i>			

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Amsterdam, Netherlands Sun 26 Sutra 180 Vikarin 5121
5		Gulika 8:21AM – 9:44AM	Purvaproshtapada* Until 12:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:59AM	
Kumbha Rasi: 24.04	Tithi 13 – 14	Yama 3:13PM – 4:35PM	Vriddhi Until 11:00PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 11:06AM – 12:28PM	Gara Until 7:04AM Sat	Nataraja: Purple		4th Phase
Routine Work Siddha Yoga			Trayodashi Until 5:53PM	Moon – Clear		Sivaloka Day
Until 3:21AM Sun				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						
		Chidambaram Abhishekam				

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Amsterdam, Netherlands Sun 27 Sutra 181 Vikarin 5121
6		Gulika 7:01AM – 8:23AM	Uttaraproshtapada Until 3:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 7:01AM	
Meena Rasi: 5.58	Tithi 14	Yama 1:50PM – 3:11PM	Dhruva Until 11:40PM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 9:44AM – 11:06AM	Gara Until 7:04AM	Nataraja: Purple		4th Phase
Routine Work Siddha Yoga			Chaturdashi* Until 8:08PM	Moon – Clear		Sivaloka Day
Until 3:21AM Sun				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Amsterdam, Netherlands Sun 28 Sutra 182 Vikarin 5121
0		Gulika 3:10PM – 4:31PM	Revati Until 5:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 7:03AM	
Meena Rasi: 17.59	Tithi 15	Yama 12:28PM – 1:49PM	Vyaghata* Until 12:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 25
Copper Retreat Star	614213464	Rahu 4:31PM – 5:53PM	Visti Until 9:11AM	Nataraja: Purple		Purnima
Routine Work Amrita Yoga			Purnima* Until 10:07PM	Moon – Clear		Subha Sivaloka Day
Until 5:38AM Mon				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Amsterdam, Netherlands Sun 29 Sutra 183 Vikarin 5121
1		Gulika 1:48PM – 3:09PM	Ashvini Until 7:57AM Tue	Ganesha: White	<i>Sunrise:</i> 7:04AM	
Mesha Rasi: 0.05	Tithi 16	Yama 11:07AM – 12:27PM	Harshana Until 12:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 25
Silver Retreat Star	624213464	Rahu 8:25AM – 9:46AM	Balava Until 11:02AM	Nataraja: Purple		Prathama
Routine Work Siddha Yoga			Prathama* Until 11:50PM	Moon – White		Subha Subha Sivaloka Day
Until 5:38AM Mon				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Amsterdam, Netherlands

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 12.19 Tithi 17

624213464

Gulika 12:27PM - 1:47PM
Yama 9:47AM - 11:07AM
Rahu 3:08PM - 4:28PM

Ashvini Until 7:57AM
Vajra* Until 12:25AM Wed
Taitila Until 12:35PM
Dvitiya Until 1:13AM Wed

Ganesha: White Sunrise: 7:06AM
Muruga: Purple Sunset: 5:48PM
Nataraja: Purple
Moon - White Subha Subha Sivaloka Day
Ashvina-Puratasi

Creative Work Siddha Yoga

1 Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Amsterdam, Netherlands

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.41 Tithi 18

624213464

Gulika 11:07AM - 12:27PM
Yama 8:28AM - 9:47AM
Rahu 12:27PM - 1:47PM

Bharani Until 9:48AM
Siddhi Until 12:11AM Thu
Vanija Until 1:49PM
Tritiya Until 2:17AM Thu

Ganesha: White Sunrise: 7:08AM
Muruga: Purple Sunset: 5:46PM
Nataraja: Purple
Moon - White Subha Subha Sivaloka Day
Ashvina-Puratasi

Creative Work Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

2 Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Amsterdam, Netherlands

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrisabha Rasi: 7.12 Tithi 19

624313464

Gulika 9:48AM - 11:07AM
Yama 7:10AM - 8:29AM
Rahu 1:46PM - 3:05PM

Krittika Until 11:09AM
Vyatipata* Until 11:40PM
Bava Until 2:42PM
Chaturthi* Until 2:58AM Fri

Ganesha: Yellow Sunrise: 7:10AM
Muruga: Purple Sunset: 5:44PM
Nataraja: Purple
Moon - White Subha Sivaloka Day
Ashvina-Aipasi

Routine Work Marana Yoga

3 Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Amsterdam, Netherlands

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrisabha Rasi: 19.53 Tithi 20

624313464

Gulika 8:30AM - 9:49AM
Yama 3:04PM - 4:23PM
Rahu 11:08AM - 12:27PM

Rohini Until 12:27PM
Varyan Until 10:49PM
Kaulava Until 3:11PM
Panchami Until 3:14AM Sat

Ganesha: White Sunrise: 7:11AM
Muruga: Purple Sunset: 5:42PM
Nataraja: Purple
Moon - Yellow Sivaloka Day
Ashvina-Aipasi

Routine Work Marana Yoga

Until 12:27PM

Then Creative Work - Siddha Yoga

4 Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Amsterdam, Netherlands

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.46 Tithi 21

624313464

Gulika 7:13AM - 8:31AM
Yama 1:45PM - 3:03PM
Rahu 9:50AM - 11:08AM

Mrigashira Until 1:09PM
Parigha* Until 9:36PM
Gara Until 3:13PM
Shashthi* Until 3:01AM Sun

Ganesha: White Sunrise: 7:13AM
Muruga: Purple Sunset: 5:40PM
Nataraja: Purple
Moon - Yellow Sivaloka Day
Ashvina-Aipasi

Creative Work Siddha Yoga

5 Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Amsterdam, Netherlands

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.55 Tithi 22

624313464

Gulika 3:02PM - 4:20PM
Yama 12:26PM - 1:44PM
Rahu 4:20PM - 5:38PM

Ardra Until 1:12PM
Shiva Until 7:59PM
Visti Until 2:44PM
Saptami Until 2:15AM Mon

Ganesha: White Sunrise: 7:15AM
Muruga: Purple Sunset: 5:38PM
Nataraja: Purple
Moon - Yellow Sivaloka Day
Ashvina-Aipasi

Creative Work Siddha Yoga

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Amsterdam, Netherlands

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 29.2 Tithi 23

644313464

Gulika 1:43PM - 3:01PM
Yama 11:09AM - 12:26PM
Rahu 8:34AM - 9:51AM

Punarvasu Until 1:01PM
Siddha Until 5:54PM
Balava Until 1:41PM
Ashtami* Until 12:56AM Tue

Ganesha: Clear Sunrise: 7:17AM
Muruga: Purple Sunset: 5:35PM
Nataraja: Purple
Moon - Blue Subha Sivaloka Day
Ashvina-Aipasi

Family Home Evening

Creative Work Amrita Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Amsterdam, Netherlands

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 13.05 Tithi 24

644313464

Gulika 12:26PM - 1:43PM
Yama 9:52AM - 11:09AM
Rahu 3:00PM - 4:16PM

Pushya Until 12:07PM
Sadhya Until 3:21PM
Taitila Until 12:04PM
Navami* Until 11:02PM

Ganesha: Clear Sunrise: 7:18AM
Muruga: Purple Sunset: 5:33PM
Nataraja: Purple
Moon - Blue Subha Sivaloka Day
Ashvina-Aipasi


Creative Work Siddha Yoga

1	Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Amsterdam, Netherlands Sun 9 Sutra 192	
	Kataka Rasi: 27.12	Tithi 25	Gulika 11:09AM – 12:26PM	Ashlesha* Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM	Vikarin 5121	
			Yama 8:37AM – 9:53AM	Subha Until 12:24PM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 27	
	Creative Work	Siddha Yoga	644313464 Rahu 12:26PM – 1:42PM	Vanija Until 9:55AM	Nataraja: Purple		2nd Phase	
			Dashami Until 8:38PM	Moon – Blue		Subha Sivaloka Day		
				Ashvina•Aipasi				

2	Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Amsterdam, Netherlands Sun 10 Sutra 193	
	Simha Rasi: 11.39	Tithi 26 – 27	Gulika 9:54AM – 11:10AM	Magha* Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 7:22AM	Vikarin 5121	
			Yama 7:22AM – 8:38AM	Sukla Until 9:02AM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 10 - Phase 27	
	Creative Work	Amrita Yoga	654313464 Rahu 1:42PM – 2:57PM	Bava Until 7:16AM	Nataraja: Purple		2nd Phase	
Until 8:45AM			Ekadashi* Until 5:47PM	Moon – Red		Sivaloka Day		
Then Creative Work - Siddha Yoga				Ashvina•Aipasi				

3	Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillal/Gara Karana Dvadashi/Trayodashyam Titau				Amsterdam, Netherlands Sun 11 Sutra 194	
	Simha Rasi: 26.22	Tithi 27 – 28	Gulika 8:39AM – 9:55AM	Purvaphalguni Until 6:27AM	Ganesha: Clear	<i>Sunrise:</i> 7:24AM	Vikarin 5121	
			Yama 2:56PM – 4:12PM	Indra Until 1:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 27	
	Creative Work	Siddha Yoga	655313464 Rahu 11:10AM – 12:25PM	Gara Until 12:59AM Sat	Nataraja: Purple		2nd Phase	
			Dvadashi* Until 2:38PM	Moon – Red		Subha Sivaloka Day		
				Ashvina•Aipasi				
				<i>Pradosha Vrata (Fasting)</i>				

4	Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Amsterdam, Netherlands Sun 12 Sutra 195	
	Kanya Rasi: 11.16	Tithi 28 – 29	Gulika 7:26AM – 8:41AM	Hasta Until 1:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 7:26AM	Vikarin 5121	
			Yama 1:40PM – 2:55PM	Vaidhriti* Until 9:34PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 27	
	Routine Work	Marana Yoga	665313464 Rahu 9:56AM – 11:10AM	Visti Until 9:37PM	Nataraja: Purple		2nd Phase	
Until 1:19AM Sun			Trayodashi* Until 11:17AM	Moon – Green		Subha Sivaloka Day		
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi				

	Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Amsterdam, Netherlands Sun 13 Sutra 196	
	Retreat Star		Gulika 2:54PM – 4:09PM	Chitra Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 7:27AM	Vikarin 5121	
	Kanya Rasi: 26.14	Tithi 29 – 30	Yama 12:25PM – 1:40PM	Vishkambha* Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 27	
	Creative Work	Siddha Yoga	665313464 Rahu 4:09PM – 5:23PM	Catuspada Until 6:18PM	Nataraja: Purple		Amavasya	
			Chaturdashi* Until 7:55AM	Moon – Green		Subha Sivaloka Day		
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi				

Retreat Star	Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Amsterdam, Netherlands Sun 14 Sutra 197	
	Tula Rasi: 11.05	Tithi 1	Gulika 1:39PM – 2:53PM	Svati Until 8:24PM	Ganesha: Orange	<i>Sunrise:</i> 7:29AM	Vikarin 5121	
	Family Home Evening		Yama 11:11AM – 12:25PM	Priti Until 1:57PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 27	
	Creative Work	Amrita Yoga	665313464 Rahu 8:43AM – 9:57AM	Kintughna Until 3:12PM	Nataraja: Purple		Prathama	
Until 8:24PM			Prathama* Until 1:47AM Tue	Moon – Green		Subha Sivaloka Day		
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi				

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Amsterdam, Netherlands Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 25.43	Tithi 2	Gulika 12:25PM – 1:39PM	Vishakha Until 6:42PM	Ganesha: Clear <i>Sunrise: 7:31AM</i>	Vikarin 5121
		Yama 9:58AM – 11:12AM	Ayushman Until 10:32AM	Muruqa: Purple <i>Sunset: 5:19PM</i>	Moon 10 - Phase 28
		675313464 Rahu 2:52PM – 4:06PM	Balava Until 12:31PM	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 11:21PM	Moon – Orange	Subha Sivaloka Day
Until 6:42PM				Kartika•Aipasi	
Then Creative Work - Siddha Yoga					

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Amsterdam, Netherlands Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 9.59	Tithi 3	Gulika 11:12AM – 12:25PM	Anuradha Until 5:29PM	Ganesha: Clear <i>Sunrise: 7:33AM</i>	Vikarin 5121
		Yama 8:46AM – 9:59AM	Saubhagya Until 7:34AM	Muruqa: Purple <i>Sunset: 5:17PM</i>	Moon 10 - Phase 28
		675313464 Rahu 12:25PM – 1:38PM	Taitila Until 10:22AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Orange	Subha Sivaloka Day
				Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau	Amsterdam, Netherlands Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 23.49	Tithi 4	Gulika 10:00AM – 11:12AM	Jyeshtha* Until 4:51PM	Ganesha: Clear <i>Sunrise: 7:35AM</i>	Vikarin 5121
		Yama 7:35AM – 8:47AM	Athiganda* Until 3:24AM Fri	Muruqa: Purple <i>Sunset: 5:15PM</i>	Moon 10 - Phase 28
		675313464 Rahu 1:38PM – 2:50PM	Vanija Until 8:57AM	Nataraja: Purple	3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 8:31PM	Moon – Orange	Subha Sivaloka Day
Until 4:51PM				Kartika•Aipasi	
Then Creative Work - Siddha Yoga					

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Amsterdam, Netherlands Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 7.1	Tithi 5	Gulika 8:49AM – 10:01AM	Mula* Until 5:20PM	Ganesha: Purple <i>Sunrise: 7:37AM</i>	Vikarin 5121
		Yama 2:49PM – 4:01PM	Sukarma Until 2:18AM Sat	Muruqa: Purple <i>Sunset: 5:13PM</i>	Moon 10 - Phase 28
		685313464 Rahu 11:13AM – 12:25PM	Bava Until 8:21AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:21PM	Moon – Light Blue	Subha Subha Sivaloka Day
Until 5:20PM				Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga					

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau	Amsterdam, Netherlands Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 20.05	Tithi 6	Gulika 7:38AM – 8:50AM	Purvashadha* Until 6:31PM	Ganesha: Purple <i>Sunrise: 7:38AM</i>	Vikarin 5121
		Yama 1:37PM – 2:48PM	Dhriti Until 1:53AM Sun	Muruqa: Purple <i>Sunset: 5:12PM</i>	Moon 10 - Phase 28
		685313464 Rahu 10:02AM – 11:13AM	Kaulava Until 8:37AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:02PM	Moon – Light Blue	Subha Subha Sivaloka Day
Until 6:31PM		Skanda Shasthi		Kartika•Aipasi	
Then Routine Work - Marana Yoga					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Amsterdam, Netherlands Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 2.37	Tithi 7	Gulika 2:47PM – 3:59PM	Uttarashadha Until 8:16PM	Ganesha: Purple <i>Sunrise: 7:40AM</i>	Vikarin 5121
		Yama 12:25PM – 1:36PM	Shula* Until 1:59AM Mon	Muruqa: Purple <i>Sunset: 5:10PM</i>	Moon 10 - Phase 28
		685313464 Rahu 3:59PM – 5:10PM	Gara Until 9:42AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Saptami Until 10:30PM	Moon – Light Blue	Subha Subha Sivaloka Day
				Kartika•Aipasi	

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Amsterdam, Netherlands Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 14.49	Tithi 8	Gulika 1:36PM – 2:46PM	Shravana Until 10:57PM	Ganesha: Purple <i>Sunrise: 7:42AM</i>	Vikarin 5121
Family Home Evening		Yama 11:14AM – 12:25PM	Ganda* Until 2:32AM Tue	Muruqa: Purple <i>Sunset: 5:08PM</i>	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 8:53AM – 10:03AM	Visti Until 11:29AM	Nataraja: Purple	Ashtami
Until 10:57PM			Ashtami* Until 12:33AM Tue	Moon – Purple	Sivaloka Day
Then Creative Work - Siddha Yoga				Kartika•Aipasi	

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Amsterdam, Netherlands Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 26.5	Tithi 9	Gulika 12:25PM – 1:35PM	Dhanishtha Until 1:49AM Wed	Ganesha: Purple <i>Sunrise: 7:44AM</i>	Vikarin 5121
		Yama 10:04AM – 11:15AM	Vriddhi Until 3:21AM Wed	Muruqa: Purple <i>Sunset: 5:06PM</i>	Moon 10 - Phase 28
		696313464 Rahu 2:46PM – 3:56PM	Balava Until 1:45PM	Nataraja: Purple	Navami
Creative Work	Siddha Yoga		Navami* Until 2:58AM Wed	Moon – Purple	Sivaloka Day
				Kartika•Aipasi	


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Amsterdam, Netherlands
	Kumbha Rasi: 8.43	Tithi 10	Gulika 11:15AM – 12:25PM	Shatabhishak Until 4:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:46AM	Sun 23 Sutra 206
			Yama 8:55AM – 10:05AM	Dhruva Until 4:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Vikarin 5121
	696313464	Rahu 12:25PM – 1:35PM		Taitila Until 4:16PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dashami Until 5:31AM Thu	Moon – Purple		4th Phase	
				Karttika-Aipasi		Sivaloka Day	

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Amsterdam, Netherlands
	Kumbha Rasi: 20.34	Tithi 11	Gulika 10:06AM – 11:16AM	Purvaproshtapada* Until 7:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:47AM	Sun 24 Sutra 207
			Yama 7:47AM – 8:57AM	Vyaghata* Until 5:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Vikarin 5121
	716313464	Rahu 1:35PM – 2:44PM		Vanija Until 6:47PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM Fri	Moon – Clear		4th Phase	
				Karttika-Aipasi		Subha Sivaloka Day	

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Amsterdam, Netherlands
	Meena Rasi: 2.28	Tithi 11 – 12	Gulika 8:58AM – 10:07AM	Purvaproshtapada* Until 7:44AM	Ganesha: Yellow	<i>Sunrise:</i> 7:49AM	Sun 25 Sutra 208
			Yama 2:43PM – 3:52PM	Harshana Until 5:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Vikarin 5121
	716313464	Rahu 11:16AM – 12:25PM		Bava Until 9:08PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM	Moon – Clear		4th Phase	
				Karttika-Aipasi		Subha Sivaloka Day	

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Amsterdam, Netherlands
	Meena Rasi: 14.26	Tithi 12 – 13	Gulika 7:51AM – 9:00AM	Uttaraproshtapada Until 10:25AM	Ganesha: Yellow	<i>Sunrise:</i> 7:51AM	Sun 26 Sutra 209
			Yama 1:34PM – 2:42PM	Vajra* Until 6:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Vikarin 5121
	716313464	Rahu 10:08AM – 11:17AM		Kaulava Until 11:12PM	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Dvadashi Until 10:11AM	Moon – Clear		4th Phase	
Until 10:25AM				Karttika-Aipasi		Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Amsterdam, Netherlands
	Meena Rasi: 26.32	Tithi 13 – 14	Gulika 2:42PM – 3:50PM	Revati Until 12:37PM	Ganesha: Yellow	<i>Sunrise:</i> 7:53AM	Sun 27 Sutra 210
			Yama 12:25PM – 1:33PM	Vajra* Until 6:08AM	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Vikarin 5121
	716313464	Rahu 3:50PM – 4:58PM		Gara Until 12:52AM Mon	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Amrita Yoga		Trayodashi Until 12:03PM	Moon – Clear		4th Phase	
Until 12:37PM				Karttika-Aipasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Amsterdam, Netherlands
	Copper Retreat Star		Gulika 1:33PM – 2:41PM	Ashvini Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 7:55AM	Sutra 211
	Mesha Rasi: 8.48	Tithi 14 – 15	Yama 11:18AM – 12:25PM	Siddhi Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Vikarin 5121
	Family Home Evening	727313464	Rahu 9:02AM – 10:10AM	Visti Until 2:07AM Tue	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Chaturdashi* Until 1:32PM	Moon – White		Purnima	
				Karttika-Aipasi		Subha Sivaloka Day	

6	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Amsterdam, Netherlands
	Silver Retreat Star		Gulika 12:26PM – 1:33PM	Bharani Until 4:19PM	Ganesha: White	<i>Sunrise:</i> 7:56AM	Sutra 212
	Mesha Rasi: 21.15	Tithi 15 – 16	Yama 10:11AM – 11:18AM	Vyatipata* Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Vikarin 5121
	727413464	Rahu 2:40PM – 3:47PM		Balava Until 2:57AM Wed	Nataraja: Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		Purnima* Until 2:34PM	Moon – White		Prathama	
				Karttika-Aipasi		Sivaloka Day	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vrishabha Rasi: 3.53 Tithi 16 - 17

727413464

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigraha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Amsterdam, Netherlands

Sun 1 Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 11:19AM - 12:26PM

Yama 9:05AM - 10:12AM

Rahu 12:26PM - 1:33PM

Krittika Until 5:19PM

Parigraha* Until 4:39AM Thu

Taitila Until 3:22AM Thu

Prathama* Until 3:11PM

Ganesha: White Sunrise: 7:58AM

Muruga: Purple Sunset: 4:53PM

Nataraja: Purple
Moon - White

Kartika-Aipasi

Sivaloka Day

1

Thursday, November 14, 2019

Vrishabha Rasi: 16.43 Tithi 17 - 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Amsterdam, Netherlands

Sun 2 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 10:13AM - 11:19AM

Yama 8:00AM - 9:06AM

Rahu 1:32PM - 2:39PM

Rohini Until 6:14PM

Shiva Until 3:31AM Fri

Vanija Until 3:23AM Fri

Dvitiya Until 3:24PM

Ganesha: Clear Sunrise: 8:00AM

Muruga: Purple Sunset: 4:52PM

Nataraja: Purple
Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

2

Friday, November 15, 2019

Vrishabha Rasi: 29.43 Tithi 18 - 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Amsterdam, Netherlands

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 9:08AM - 10:14AM

Yama 2:38PM - 3:44PM

Rahu 11:20AM - 12:26PM

Mrigashira Until 6:38PM

Siddha Until 2:03AM Sat

Bava Until 3:02AM Sat

Tritiya Until 3:14PM

Ganesha: Clear Sunrise: 8:02AM

Muruga: Purple Sunset: 4:50PM

Nataraja: Purple
Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

3

Saturday, November 16, 2019

Mithuna Rasi: 12.56 Tithi 19 - 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Amsterdam, Netherlands

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 8:04AM - 9:09AM

Yama 1:32PM - 2:38PM

Rahu 10:15AM - 11:21AM

Ardra Until 6:32PM

Sadhya Until 12:19AM Sun

Kaulava Until 2:20AM Sun

Chaturthi* Until 2:42PM

Ganesha: Clear Sunrise: 8:04AM

Muruga: Purple Sunset: 4:49PM

Nataraja: Purple
Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

4

Sunday, November 17, 2019

Mithuna Rasi: 26.2 Tithi 20 - 21

747413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Amsterdam, Netherlands

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 2:37PM - 3:42PM

Yama 12:26PM - 1:32PM

Rahu 3:42PM - 4:48PM

Punarvasu Until 6:24PM

Subha Until 10:20PM

Gara Until 1:17AM Mon

Panchami Until 1:50PM

Ganesha: Purple Sunrise: 8:05AM

Muruga: Purple Sunset: 4:48PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Devaloka Day

5

Monday, November 18, 2019

Kataka Rasi: 9.55 Tithi 21 - 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Amsterdam, Netherlands

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 1:32PM - 2:36PM

Yama 11:22AM - 12:27PM

Rahu 9:12AM - 10:17AM

Pushya Until 5:46PM

Sukla Until 8:03PM

Visti Until 11:53PM

Shashthi* Until 12:37PM

Ganesha: Clear Sunrise: 8:07AM

Muruga: Purple Sunset: 4:46PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Sivaloka Day

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 23.43 Tithi 22 - 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamyam/Ashlamyam Titau

Amsterdam, Netherlands

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Gulika 12:27PM - 1:31PM

Yama 10:18AM - 11:22AM

Rahu 2:36PM - 3:40PM

Ashlesha* Until 4:40PM

Brahma Until 5:31PM

Balava Until 10:10PM

Saptami Until 11:03AM

Ganesha: Clear Sunrise: 8:09AM

Muruga: Purple Sunset: 4:45PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 7.42 Tithi 23 - 24

758413465

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Amsterdam, Netherlands

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Gulika 11:23AM - 12:27PM

Yama 9:15AM - 10:19AM

Rahu 12:27PM - 1:31PM

Magha* Until 3:32PM

Indra Until 2:44PM

Taitila Until 8:08PM

Ashtami* Until 9:10AM

Ganesha: White Sunrise: 8:10AM

Muruga: Purple Sunset: 4:44PM

Nataraja: Clear
Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Amsterdam, Netherlands Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 21.54	Tithi 24 – 25	Gulika 10:20AM – 11:24AM	Purvaphalguni Until 1:59PM	Ganesha: White <i>Sunrise:</i> 8:12AM	
		Yama 8:12AM – 9:16AM	Vaidhriti* Until 11:42AM	Muruqa: Purple <i>Sunset:</i> 4:43PM	Moon 11 - Phase 31
		758413465 Rahu 1:31PM – 2:35PM	Visti Until 4:33AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Ekadashyam Titau	Amsterdam, Netherlands Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 6.16	Tithi 26	Gulika 9:17AM – 10:21AM	Uttaraphalguni Until 12:03PM	Ganesha: White <i>Sunrise:</i> 8:14AM	
		Yama 2:34PM – 3:38PM	Vishkambha* Until 8:29AM	Muruqa: Purple <i>Sunset:</i> 4:41PM	Moon 11 - Phase 31
		758413465 Rahu 11:24AM – 12:28PM	Bava Until 3:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 12:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Amsterdam, Netherlands Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 20.44	Tithi 27	Gulika 8:15AM – 9:19AM	Hasta Until 10:16AM	Ganesha: Yellow <i>Sunrise:</i> 8:15AM	
		Yama 1:31PM – 2:34PM	Ayushman Until 1:45AM Sun	Muruqa: Purple <i>Sunset:</i> 4:40PM	Moon 11 - Phase 31
		768413465 Rahu 10:22AM – 11:25AM	Kaulava Until 12:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 11:17PM	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Amsterdam, Netherlands Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 5.15	Tithi 28	Gulika 2:34PM – 3:36PM	Chitra Until 8:20AM	Ganesha: Blue <i>Sunrise:</i> 8:17AM	
		Yama 12:28PM – 1:31PM	Saubhagya Until 10:25PM	Muruqa: Purple <i>Sunset:</i> 4:39PM	Moon 11 - Phase 31
		769413465 Rahu 3:36PM – 4:39PM	Gara Until 9:59AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Amsterdam, Netherlands Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 19.41	Tithi 29	Gulika 1:31PM – 2:33PM	Svati Until 6:21AM	Ganesha: Blue <i>Sunrise:</i> 8:19AM	
Family Home Evening		Yama 11:26AM – 12:28PM	Sobhana Until 7:15PM	Muruqa: Purple <i>Sunset:</i> 4:38PM	Moon 11 - Phase 31
		769413465 Rahu 9:21AM – 10:24AM	Visti Until 7:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 6:14PM	Moon – Green	Devaloka Day
Until 6:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Amsterdam, Netherlands Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.58	Tithi 30 – 1	Gulika 12:29PM – 1:31PM	Anuradha Until 3:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 8:20AM	
		Yama 10:25AM – 11:27AM	Athiganda* Until 4:20PM	Muruqa: Purple <i>Sunset:</i> 4:37PM	Moon 11 - Phase 31
		779413465 Rahu 2:33PM – 3:35PM	Kintughna Until 3:16AM Wed	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Amsterdam, Netherlands Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.59	Tithi 1 – 2	Gulika 11:27AM – 12:29PM	Jyeshtha* Until 2:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 8:22AM	
		Yama 9:24AM – 10:25AM	Sukarma Until 1:49PM	Muruqa: Purple <i>Sunset:</i> 4:36PM	Moon 11 - Phase 31
		779413465 Rahu 12:29PM – 1:31PM	Balava Until 1:55AM Thu	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Amsterdam, Netherlands Sun 15 Sutra 228	
Dhanus Rasi: 1.39	Tithi 2 – 3	Gulika 10:26AM – 11:28AM	Mula* Until 3:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 8:23AM		Vikarin 5121
		Yama 8:23AM – 9:25AM	Dhriti Until 11:47AM	Muruqa: Purple	<i>Sunset:</i> 4:35PM		Moon 11 - Phase 32
		789413465 Rahu 1:31PM – 2:32PM	Taitila Until 1:15AM Fri	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 1:29PM	Moon – Light Blue		Devaloka Day	
Until 3:02AM Fri				Margasira•Karttikai			
Then Routine Work - Prabalarishta Yoga							

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Amsterdam, Netherlands Sun 16 Sutra 229	
Dhanus Rasi: 14.56	Tithi 3 – 4	Gulika 9:26AM – 10:27AM	Purvashadha* Until 3:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 8:25AM		Vikarin 5121
		Yama 2:32PM – 3:33PM	Shula* Until 10:16AM	Muruqa: Purple	<i>Sunset:</i> 4:35PM		Moon 11 - Phase 32
		789413465 Rahu 11:29AM – 12:30PM	Vanija Until 1:19AM Sat	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 1:10PM	Moon – Light Blue		Devaloka Day	
Until 3:45AM Sat				Margasira•Karttikai			
Then Routine Work - Marana Yoga							

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Amsterdam, Netherlands Sun 17 Sutra 230	
Dhanus Rasi: 27.51	Tithi 4 – 5	Gulika 8:26AM – 9:27AM	Uttarashadha Until 5:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 8:26AM		Vikarin 5121
		Yama 1:31PM – 2:32PM	Ganda* Until 9:21AM	Muruqa: Purple	<i>Sunset:</i> 4:34PM		Moon 11 - Phase 32
		789413465 Rahu 10:28AM – 11:29AM	Bava Until 2:08AM Sun	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 1:37PM	Moon – Light Blue		Devaloka Day	
Until 5:01AM Sun				Margasira•Karttikai			
Then Creative Work - Amrita Yoga							

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Amsterdam, Netherlands Sun 18 Sutra 231	
Makara Rasi: 10.25	Tithi 5 – 6	Gulika 2:32PM – 3:33PM	Shravana Until 7:16AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 8:28AM		Vikarin 5121
		Yama 12:31PM – 1:31PM	Vridhi Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 4:33PM		Moon 11 - Phase 32
		799413465 Rahu 3:33PM – 4:33PM	Kaulava Until 3:39AM Mon	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 2:47PM	Moon – Purple		Sivaloka Day	
Until 7:16AM Mon				Margasira•Karttikai			
Then Creative Work - Siddha Yoga							

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Amsterdam, Netherlands Sun 19 Sutra 232	
Makara Rasi: 22.41	Tithi 6 – 7	Gulika 1:31PM – 2:32PM	Shravana Until 7:16AM	Ganesha: Clear	<i>Sunrise:</i> 8:29AM		Vikarin 5121
Family Home Evening		Yama 11:31AM – 12:31PM	Dhruva Until 9:09AM	Muruqa: Purple	<i>Sunset:</i> 4:33PM		Moon 11 - Phase 32
		791413465 Rahu 9:30AM – 10:30AM	Gara Until 5:42AM Tue	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:35PM	Moon – Purple		Sivaloka Day	
Until 7:16AM				Margasira•Karttikai			
Then Creative Work - Siddha Yoga							

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau		Amsterdam, Netherlands Sun 20 Sutra 233	
Kumbha Rasi: 4.44	Tithi 7	Gulika 12:31PM – 1:31PM	Dhanishtha Until 9:51AM	Ganesha: Clear	<i>Sunrise:</i> 8:31AM		Vikarin 5121
		Yama 10:31AM – 11:31AM	Vyaghata* Until 9:41AM	Muruqa: Purple	<i>Sunset:</i> 4:32PM		Moon 11 - Phase 32
		791413465 Rahu 2:32PM – 3:32PM	Vanija Until 6:51PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:51PM	Moon – Purple		Sivaloka Day	
Until 9:51AM				Margasira•Karttikai			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Amsterdam, Netherlands Sun 21 Sutra 234	
Kumbha Rasi: 16.4	Tithi 8	Gulika 11:32AM – 12:32PM	Shatabhishak Until 12:33PM	Ganesha: Clear	<i>Sunrise:</i> 8:32AM		Vikarin 5121
		Yama 9:32AM – 10:32AM	Harshana Until 10:27AM	Muruqa: Purple	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 32
		791413465 Rahu 12:32PM – 1:32PM	Visti Until 8:05AM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 9:19PM	Moon – Purple		Sivaloka Day	
Until 12:33PM				Margasira•Karttikai			
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Amsterdam, Netherlands Sun 22 Sutra 235	
Kumbha Rasi: 28.32	Tithi 9	Gulika 10:33AM – 11:32AM	Purvaproshtapada* Until 3:39PM	Ganesha: Yellow	<i>Sunrise:</i> 8:33AM		Vikarin 5121
		Yama 8:33AM – 9:33AM	Vajra* Until 11:15AM	Muruqa: Purple	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 32
		711413465 Rahu 1:32PM – 2:32PM	Balava Until 10:36AM	Nataraja: Clear			Navami
Creative Work	Siddha Yoga		Navami* Until 11:48PM	Moon – Clear		Sivaloka Day	
				Margasira•Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Amsterdam, Netherlands Sun 23 Sutra 236	
Meena Rasi: 10.27	Tithi 10	Gulika 9:34AM – 10:34AM	Uttaraproshtpada Until 6:27PM	Ganesha: Yellow	<i>Sunrise:</i> 8:35AM			Vikarin 5121	
		Yama 2:32PM – 3:31PM	Siddhi Until 11:59AM	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 33		
		711413465 Rahu 11:33AM – 12:33PM	Taitila Until 1:00PM	Nataraja: Clear			4th Phase		
Creative Work	Siddha Yoga		Dashami Until 2:05AM Sat	Moon – Clear			Sivaloka Day		
				Margasira-Karttikai					

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Amsterdam, Netherlands Sun 24 Sutra 237	
Meena Rasi: 22.27	Tithi 11	Gulika 8:36AM – 9:35AM	Revati Until 8:46PM	Ganesha: White	<i>Sunrise:</i> 8:36AM		Vikarin 5121		
		Yama 1:32PM – 2:32PM	Vyatipata* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 33		
		711513465 Rahu 10:34AM – 11:34AM	Vanija Until 3:07PM	Nataraja: Clear			4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 3:59AM Sun	Moon – Clear			Subha Sivaloka Day		
Until 8:46PM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Amsterdam, Netherlands Sun 25 Sutra 238	
Mesha Rasi: 5	Tithi 12	Gulika 2:32PM – 3:31PM	Ashvini Until 10:59PM	Ganesha: Clear	<i>Sunrise:</i> 8:37AM		Vikarin 5121		
		Yama 12:33PM – 1:33PM	Variyan Until 12:43PM	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 33		
		721513465 Rahu 3:31PM – 4:30PM	Bava Until 4:47PM	Nataraja: Clear			4th Phase		
Creative Work	Siddha Yoga		Dvadashi Until 5:24AM Mon	Moon – White			Sivaloka Day		
Until 10:59PM				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Amsterdam, Netherlands Sun 26 Sutra 239	
Mesha Rasi: 16.58	Tithi 13	Gulika 1:33PM – 2:32PM	Bharani Until 12:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 8:38AM		Vikarin 5121		
Family Home Evening		Yama 11:35AM – 12:34PM	Parigha* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 33		
		721513465 Rahu 9:37AM – 10:36AM	Kaulava Until 5:55PM	Nataraja: Clear			4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 6:15AM Tue	Moon – White			Sivaloka Day		
				Margasira-Karttikai					
				<i>Pradosha Vrata</i>					

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Amsterdam, Netherlands Sun 27 Sutra 240	
Mesha Rasi: 29.34	Tithi 13 – 14	Gulika 12:34PM – 1:33PM	Krittika Until 1:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 8:39AM		Vikarin 5121		
		Yama 10:37AM – 11:36AM	Shiva Until 11:54AM	Muruqa: Purple	<i>Sunset:</i> 4:29PM		Moon 11 - Phase 33		
		721513465 Rahu 2:32PM – 3:31PM	Gara Until 6:29PM	Nataraja: Clear			4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 6:15AM	Moon – White			Sivaloka Day		
				Margasira-Karttikai					
				Krittika Deepam					

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Amsterdam, Netherlands Sutra 241	
Copper Retreat Star		Gulika 11:36AM – 12:35PM	Rohini Until 1:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 8:41AM		Vikarin 5121		
Vrishabha Rasi: 12.27	Tithi 14 – 15	Yama 9:39AM – 10:38AM	Siddha Until 10:49AM	Muruqa: Clear	<i>Sunset:</i> 4:29PM		Moon 11 - Phase 33		
		731523465 Rahu 12:35PM – 1:33PM	Visti Until 6:28PM	Nataraja: Clear			Purnima		
Creative Work	Siddha Yoga		Chaturdashi* Until 6:31AM	Moon – Yellow			Sivaloka Day		
Until 1:52AM Thu				Margasira-Karttikai					
Then Routine Work - Marana Yoga									

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Amsterdam, Netherlands Sutra 242	
Silver Retreat Star		Gulika 10:38AM – 11:37AM	Mrigashira Until 1:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 8:42AM		Vikarin 5121		
Vrishabha Rasi: 25.36	Tithi 15 – 16	Yama 8:42AM – 9:40AM	Sadhya Until 9:20AM	Muruqa: Clear	<i>Sunset:</i> 4:29PM		Moon 11 - Phase 33		
		732523465 Rahu 1:34PM – 2:32PM	Kaulava Until 5:27AM Fri	Nataraja: Clear			Prathama		
Routine Work	Marana Yoga		Purnima* Until 6:14AM	Moon – Yellow			Devaloka Day		
Until 1:48AM Fri				Margasira-Karttikai					
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Amsterdam, Netherlands

Sutra 243

Vikarin 5121

Mithuna Rasi: 9.01 Tithi 17

Gulika 9:41AM – 10:39AM
Yama 2:32PM – 3:31PM
Rahu 11:37AM – 12:36PM

Ardra Until 1:09AM Sat

Subha Until 7:28AM

Taitila Until 4:56PM

Dvitiya Until 4:16AM Sat

Ganesha: Clear Sunrise: 8:43AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Clear

Moon – Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Moon 12 - Phase 34

1st Phase

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Amsterdam, Netherlands

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 22.41 Tithi 18

Gulika 8:43AM – 9:42AM
Yama 1:34PM – 2:33PM
Rahu 10:40AM – 11:38AM

Punarvasu Until 12:29AM Sun

Brahma Until 2:49AM Sun

Vanija Until 3:34PM

Tritiya Until 2:45AM Sun

Ganesha: Purple Sunrise: 8:43AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Moon 12 - Phase 34

1st Phase

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Amsterdam, Netherlands

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 6.31 Tithi 19

Gulika 2:33PM – 3:31PM
Yama 12:37PM – 1:35PM
Rahu 3:31PM – 4:29PM

Pushya Until 11:25PM

Indra Until 12:11AM Mon

Bava Until 1:55PM

Chaturthi* Until 1:00AM Mon

Ganesha: Purple Sunrise: 8:44AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Moon 12 - Phase 34

1st Phase

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Amsterdam, Netherlands

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 20.31 Tithi 20

Family Home Evening

Creative Work Siddha Yoga

Until 10:02PM

Then Routine Work - Marana Yoga

Gulika 1:35PM – 2:33PM
Yama 11:39AM – 12:37PM
Rahu 9:43AM – 10:41AM

Markali Pillaiyar

Ashlesha* Until 10:02PM

Vaidhriti* Until 9:24PM

Kaulava Until 12:04PM

Panchami Until 11:04PM

Ganesha: Purple Sunrise: 8:45AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Clear

Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthiyam Titau

Amsterdam, Netherlands

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 4.35 Tithi 21

Gulika 12:38PM – 1:36PM
Yama 10:42AM – 11:40AM
Rahu 2:34PM – 3:32PM

Magha* Until 8:50PM

Vishkambha* Until 6:33PM

Gara Until 10:06AM

Shashthi* Until 9:03PM

Ganesha: Purple Sunrise: 8:46AM

Muruqa: Clear Sunset: 4:30PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Moon 12 - Phase 34

1st Phase

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saplamyam Titau

Amsterdam, Netherlands

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 18.43 Tithi 22

Gulika 11:40AM – 12:38PM
Yama 9:45AM – 10:43AM
Rahu 12:38PM – 1:36PM

Purvaphalguni Until 7:27PM

Priti Until 3:40PM

Visti Until 8:02AM

Saptami Until 6:59PM

Ganesha: Purple Sunrise: 8:47AM

Muruqa: Clear Sunset: 4:30PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Moon 12 - Phase 34

1st Phase

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Amsterdam, Netherlands

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 2.53 Tithi 23 – 24

Gulika 10:43AM – 11:41AM
Yama 8:47AM – 9:45AM
Rahu 1:37PM – 2:34PM

Uttaraphalguni Until 5:55PM

Ayushman Until 12:44PM

Taitila Until 3:53AM Fri

Ashtami* Until 4:54PM

Ganesha: Purple Sunrise: 8:47AM

Muruqa: Clear Sunset: 4:30PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 5:55PM

Then Routine Work - Marana Yoga

Moon 12 - Phase 34

Ashtami

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Amsterdam, Netherlands

Sun 7 Sutra 250

Vikarin 5121

Kanya Rasi: 17.02 Tithi 24 – 25

Gulika 9:46AM – 10:44AM
Yama 2:35PM – 3:33PM
Rahu 11:41AM – 12:39PM

Hasta Until 4:41PM

Saubhagya Until 9:50AM

Vanija Until 1:51AM Sat

Navami* Until 2:50PM

Ganesha: Clear Sunrise: 8:48AM

Muruqa: Clear Sunset: 4:31PM

Nataraja: Clear

Moon – Green

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

Moon 12 - Phase 34


Navami

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Amsterdam, Netherlands Sun 8 Sutra 251
Tula Rasi: 1.09	Tithi 25 – 26	Gulika 8:49AM – 9:46AM	Chitra Until 3:22PM	Ganesha: Clear <i>Sunrise:</i> 8:49AM	Vikarin 5121
		Yama 1:38PM – 2:35PM	Sobhana Until 6:59AM	Muruqa: Clear <i>Sunset:</i> 4:31PM	Moon 12 - Phase 35
	862523465	Rahu 10:44AM – 11:42AM	Bava Until 11:54PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Green	Devaloka Day
Until 3:22PM		Day 1 of Pancha Ganapati	Dashami Until 12:51PM	Margasira-Markali	
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Amsterdam, Netherlands Sun 9 Sutra 252
Tula Rasi: 15.13	Tithi 26 – 27	Gulika 2:36PM – 3:34PM	Svati Until 2:03PM	Ganesha: Clear <i>Sunrise:</i> 8:49AM	Vikarin 5121
		Yama 12:40PM – 1:38PM	Sukarma Until 1:33AM Mon	Muruqa: Clear <i>Sunset:</i> 4:31PM	Moon 12 - Phase 35
	862523465	Rahu 3:34PM – 4:31PM	Kaulava Until 10:07PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Green	Devaloka Day
Until 2:03PM		Day 2 of Pancha Ganapati	Ekadashi* Until 10:58AM	Margasira-Markali	
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Amsterdam, Netherlands Sun 10 Sutra 253
Tula Rasi: 29.1	Tithi 27 – 28	Gulika 1:39PM – 2:36PM	Vishakha Until 1:13PM	Ganesha: White <i>Sunrise:</i> 8:50AM	Vikarin 5121
Family Home Evening		Yama 11:43AM – 12:41PM	Dhriti Until 11:07PM	Muruqa: Clear <i>Sunset:</i> 4:32PM	Moon 12 - Phase 35
	872523465	Rahu 9:47AM – 10:45AM	Gara Until 8:34PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Orange	Bhuloka Day
Until 1:13PM		Day 3 of Pancha Ganapati	Dvadashi* Until 9:17AM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Amsterdam, Netherlands Sun 11 Sutra 254
Vrischika Rasi: 12.57	Tithi 28 – 29	Gulika 12:41PM – 1:39PM	Anuradha Until 12:31PM	Ganesha: White <i>Sunrise:</i> 8:50AM	Vikarin 5121
		Yama 10:46AM – 11:44AM	Shula* Until 8:54PM	Muruqa: Clear <i>Sunset:</i> 4:33PM	Moon 12 - Phase 35
	872523465	Rahu 2:37PM – 3:35PM	Visti Until 7:19PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Orange	Bhuloka Day
Until 12:31PM		Day 4 of Pancha Ganapati	Trayodashi* Until 7:52AM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Amsterdam, Netherlands Sun 12 Sutra 255
Retreat Star		Gulika 11:44AM – 12:42PM	Jyeshtha* Until 12:02PM	Ganesha: White <i>Sunrise:</i> 8:50AM	Vikarin 5121
Vrischika Rasi: 26.32	Tithi 29 – 30	Yama 9:48AM – 10:46AM	Ganda* Until 7:02PM	Muruqa: Clear <i>Sunset:</i> 4:33PM	Moon 12 - Phase 35
	872523465	Rahu 12:42PM – 1:40PM	Catuspada Until 6:29PM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga			Moon – Orange	Bhuloka Day
Until 12:02PM		Day 5 of Pancha Ganapati	Chaturdashi* Until 6:49AM	Margasira-Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Amsterdam, Netherlands Sun 13 Sutra 256
Dhanus Rasi: 9.52	Tithi 30 – 1	Gulika 10:47AM – 11:44AM	Mula* Until 12:19PM	Ganesha: Orange <i>Sunrise:</i> 8:51AM	Vikarin 5121
		Yama 8:51AM – 9:49AM	Vriddhi Until 5:34PM	Muruqa: Clear <i>Sunset:</i> 4:34PM	Moon 12 - Phase 35
	883523465	Rahu 1:40PM – 2:38PM	Kintughna Until 6:09PM	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga			Moon – Light Blue	Devaloka Day
		Annular Solar Eclipse	Amavasya* Until 6:14AM	Pausha-Markali	

1		Friday, December 27, 2019				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dviliyayam Titau	Amsterdam, Netherlands Sun 14 Sutra 257
Dhanus Rasi: 22.55	Tithi 1 – 2	Gulika 9:49AM – 10:47AM	Purvashadha* Until 12:59PM	Ganesha: Orange	<i>Sunrise:</i> 8:51AM	Vikarin 5121	
		Yama 2:39PM – 3:37PM	Dhruva Until 4:31PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36	
		883523466 Rahu 11:45AM – 12:43PM	Balava Until 6:22PM	Nataraja: Orange		3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 6:10AM	Moon – Light Blue		Devaloka Day	
Until 12:59PM				Pausha-Markali			
Then Routine Work - Marana Yoga							

2		Saturday, December 28, 2019				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dviliya/Triliyayam Titau	Amsterdam, Netherlands Sun 15 Sutra 258
Makara Rasi: 5.41	Tithi 2 – 3	Gulika 8:51AM – 9:49AM	Uttarashadha Until 2:04PM	Ganesha: Orange	<i>Sunrise:</i> 8:51AM	Vikarin 5121	
		Yama 1:41PM – 2:40PM	Vyaghata* Until 3:56PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 36	
		883523466 Rahu 10:47AM – 11:45AM	Taitila Until 7:12PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 6:42AM	Moon – Light Blue		Devaloka Day	
Until 2:04PM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

3		Sunday, December 29, 2019				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Triliya/Chaturthyam Titau	Amsterdam, Netherlands Sun 16 Sutra 259
Makara Rasi: 18.1	Tithi 3 – 4	Gulika 2:40PM – 3:38PM	Shravana Until 4:02PM	Ganesha: Clear	<i>Sunrise:</i> 8:51AM	Vikarin 5121	
		Yama 12:44PM – 1:42PM	Harshana Until 3:48PM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 36	
		893523466 Rahu 3:38PM – 4:37PM	Vanija Until 8:37PM	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 7:49AM	Moon – Purple		Devaloka Day	
Until 4:02PM				Pausha-Markali			
Then Routine Work - Marana Yoga							

4		Monday, December 30, 2019				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Amsterdam, Netherlands Sun 17 Sutra 260
Kumbha Rasi: 0.26	Tithi 4 – 5	Gulika 1:43PM – 2:41PM	Dhanishtha Until 6:20PM	Ganesha: Clear	<i>Sunrise:</i> 8:51AM	Vikarin 5121	
Family Home Evening		Yama 11:46AM – 12:44PM	Vajra* Until 4:03PM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 36	
		893523466 Rahu 9:50AM – 10:48AM	Bava Until 10:31PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 9:29AM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

5		Tuesday, December 31, 2019				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Amsterdam, Netherlands Sun 18 Sutra 261
Kumbha Rasi: 12.31	Tithi 5 – 6	Gulika 12:45PM – 1:43PM	Shatabhishak Until 8:50PM	Ganesha: Clear	<i>Sunrise:</i> 8:51AM	Vikarin 5121	
		Yama 10:48AM – 11:46AM	Siddhi Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36	
		893523466 Rahu 2:42PM – 3:40PM	Kaulava Until 12:48AM Wed	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 11:36AM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

6		Wednesday, January 1, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Amsterdam, Netherlands Sun 19 Sutra 262
Kumbha Rasi: 24.27	Tithi 6 – 7	Gulika 11:47AM – 12:46PM	Purvaproshtapada* Until 11:54PM	Ganesha: Blue	<i>Sunrise:</i> 8:51AM	Vikarin 5121	
		Yama 9:50AM – 10:48AM	Vyatipata* Until 5:21PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 36	
		813623466 Rahu 12:46PM – 1:45PM	Gara Until 3:17AM Thu	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 2:01PM	Moon – Clear		Bhuloka Day	
Until 11:54PM				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

Retreat Star		Thursday, January 2, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Amsterdam, Netherlands Sun 20 Sutra 263
Meena Rasi: 6.2	Tithi 7 – 8	Gulika 10:49AM – 11:47AM	Uttaraproshtapada Until 2:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 8:51AM	Vikarin 5121	
		Yama 8:51AM – 9:50AM	Variyan Until 6:08PM	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Moon 12 - Phase 36	
		813623466 Rahu 1:45PM – 2:44PM	Visti Until 5:46AM Fri	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 4:31PM	Moon – Clear		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau	Amsterdam, Netherlands Sun 21 Sutra 264
Meena Rasi: 18.14	Tithi 8	Gulika 9:50AM – 10:49AM	Revati Until 5:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 8:51AM	Vikarin 5121	
		Yama 2:45PM – 3:44PM	Parigha* Until 6:51PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 36	
		813623466 Rahu 11:48AM – 12:47PM	Bava Until 6:55PM	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 6:55PM	Moon – Clear		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Amsterdam, Netherlands Sun 22 Sutra 265
Mesha Rasi: 0.13	Tithi 9	Gulika 8:50AM – 9:50AM	Ashvini Until 7:54AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 8:50AM	Vikarin 5121	
		Yama 1:46PM – 2:46PM	Shiva Until 7:21PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 36	
		823623466 Rahu 10:49AM – 11:48AM	Balava Until 8:02AM	Nataraja: Orange		Navami	
Creative Work	Siddha Yoga		Navami* Until 9:01PM	Moon – White		Devaloka Day	
Until 7:54AM Sun				Pausha-Markali			
Then Routine Work - Prabalarishta Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Amsterdam, Netherlands Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.21	Tithi 10	Gulika 2:47PM – 3:46PM	Ashvini Until 7:54AM	Ganesha: Yellow <i>Sunrise:</i> 8:50AM	
		Yama 12:48PM – 1:47PM	Siddha Until 7:27PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 12 - Phase 37
	823623466	Rahu 3:46PM – 4:45PM	Taitila Until 9:54AM	Nataraja: Orange	4th Phase
Creative Work Siddha Yoga				Moon – White	Devaloka Day
Until 7:54AM		Subramuniyaswami Jayanti	Dashami Until 10:36PM	Pausha-Markali	
Then Routine Work - Prabalarishta Yoga					

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Amsterdam, Netherlands Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.43	Tithi 11	Gulika 1:48PM – 2:47PM	Bharani Until 9:44AM	Ganesha: Yellow <i>Sunrise:</i> 8:50AM	
Family Home Evening		Yama 11:49AM – 12:48PM	Sadhya Until 7:06PM	Muruqa: Clear <i>Sunset:</i> 4:47PM	Moon 12 - Phase 37
Creative Work Siddha Yoga	823623466	Rahu 9:49AM – 10:49AM	Vanija Until 11:11AM	Nataraja: Orange	4th Phase
Until 9:44AM				Moon – White	Devaloka Day
Then Routine Work - Marana Yoga		Vaikuntha Ekadasi	Ekadashi Until 11:33PM	Pausha-Markali	

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Amsterdam, Netherlands Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.22	Tithi 12	Gulika 12:49PM – 1:48PM	Krittika Until 10:45AM	Ganesha: Yellow <i>Sunrise:</i> 8:49AM	
		Yama 10:49AM – 11:49AM	Subha Until 6:13PM	Muruqa: Clear <i>Sunset:</i> 4:48PM	Moon 12 - Phase 37
	823623466	Rahu 2:48PM – 3:48PM	Bava Until 11:47AM	Nataraja: Orange	4th Phase
Creative Work Siddha Yoga				Moon – White	Devaloka Day
Until 10:45AM			Dvadashi Until 11:47PM	Pausha-Markali	
Then Creative Work - Amrita Yoga					

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Amsterdam, Netherlands Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.22	Tithi 13	Gulika 11:49AM – 12:49PM	Rohini Until 11:22AM	Ganesha: White <i>Sunrise:</i> 8:49AM	
		Yama 9:49AM – 10:49AM	Sukla Until 4:44PM	Muruqa: Clear <i>Sunset:</i> 4:49PM	Moon 12 - Phase 37
	833623466	Rahu 12:49PM – 1:49PM	Kaulava Until 11:38AM	Nataraja: Orange	4th Phase
Creative Work Siddha Yoga				Moon – Yellow	Bhuloka Day
			Trayodashi Until 11:17PM	Pausha-Markali	Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata</i>

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Amsterdam, Netherlands Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.44	Tithi 14	Gulika 10:49AM – 11:49AM	Mrigashira Until 11:09AM	Ganesha: Yellow <i>Sunrise:</i> 8:48AM	
		Yama 8:48AM – 9:49AM	Brahma Until 2:44PM	Muruqa: Clear <i>Sunset:</i> 4:51PM	Moon 12 - Phase 37
	834623466	Rahu 1:50PM – 2:50PM	Gara Until 10:48AM	Nataraja: Orange	4th Phase
Routine Work Marana Yoga				Moon – Yellow	Devaloka Day
			Chaturdashi* Until 10:07PM	Pausha-Markali	

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Amsterdam, Netherlands Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 9:48AM – 10:49AM	Ardra Until 10:10AM	Ganesha: Yellow <i>Sunrise:</i> 8:48AM	
Mithuna Rasi: 17.29	Tithi 15	Yama 2:51PM – 3:52PM	Indra Until 12:16PM	Muruqa: Clear <i>Sunset:</i> 4:52PM	Moon 12 - Phase 37
	834623466	Rahu 11:49AM – 12:50PM	Visti Until 9:19AM	Nataraja: Orange	Purnima
Creative Work Siddha Yoga				Moon – Yellow	Devaloka Day
		Penumbral Lunar Eclipse	Purnima* Until 8:22PM	Pausha-Markali	
		Ardra Darshanam			

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Amsterdam, Netherlands Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 8:47AM – 9:48AM	Punarvasu Until 8:59AM	Ganesha: White <i>Sunrise:</i> 8:47AM	
Kataka Rasi: 1.34	Tithi 16	Yama 1:51PM – 2:52PM	Vaidhriti* Until 9:22AM	Muruqa: Clear <i>Sunset:</i> 4:54PM	Moon 12 - Phase 37
	844623466	Rahu 10:49AM – 11:49AM	Balava Until 7:20AM	Nataraja: Orange	Prathama
Creative Work Siddha Yoga				Moon – Blue	Sivaloka Day
			Prathama* Until 6:10PM	Pausha-Markali	



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:53PM - 3:54PM
Yama 12:51PM - 1:52PM
Rahu 3:54PM - 4:55PM

Pushya Until 7:17AM
Vishkambha* Until 6:12AM
Vanija Until 2:21AM Mon
Dvitiya Until 3:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 8:46AM
Sunset: 4:55PM

Amsterdam, Netherlands
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

844623466

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:52PM - 2:54PM
Yama 11:50AM - 12:51PM
Rahu 9:47AM - 10:48AM

Magha* Until 3:21AM Tue
Ayushman Until 11:24PM
Bava Until 11:39PM
Tritiya Until 12:59PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Markali

Sunrise: 8:45AM
Sunset: 4:57PM

Amsterdam, Netherlands
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

844623466

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:51PM - 1:53PM
Yama 10:48AM - 11:50AM
Rahu 2:55PM - 3:57PM

Purvaphalguni Until 1:23AM Wed
Saubhagya Until 7:58PM
Kaulava Until 8:57PM
Chaturthi* Until 10:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 8:45AM
Sunset: 4:58PM

Amsterdam, Netherlands
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

844623466

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:50AM - 12:52PM
Yama 9:46AM - 10:48AM
Rahu 12:52PM - 1:54PM

Uttaraphalguni Until 11:26PM
Sobhana Until 4:40PM
Gara Until 6:24PM
Panchami Until 7:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 8:44AM
Sunset: 5:00PM

Amsterdam, Netherlands
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

844623466

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:47AM - 11:50AM
Yama 8:43AM - 9:45AM
Rahu 1:54PM - 2:57PM

Hasta Until 10:00PM
Athiganda* Until 1:30PM
Visti Until 4:04PM
Saptami Until 2:59AM Fri

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 8:43AM
Sunset: 5:01PM

Amsterdam, Netherlands
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:45AM - 10:47AM
Yama 2:58PM - 4:00PM
Rahu 11:50AM - 12:52PM

Chitra Until 8:43PM
Sukarma Until 10:35AM
Balava Until 2:01PM
Ashtami* Until 1:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 8:42AM
Sunset: 5:03PM

Amsterdam, Netherlands
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 8:41AM - 9:44AM
Yama 1:56PM - 2:59PM
Rahu 10:47AM - 11:50AM

Svati Until 7:39PM
Dhriti Until 7:56AM
Tailila Until 12:19PM
Navami* Until 11:35PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 8:41AM
Sunset: 5:05PM

Amsterdam, Netherlands
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Amsterdam, Netherlands Sun 8 Sutra 280	
	Tula Rasi: 25.49	Tithi 25	Gulika 3:00PM – 4:03PM	Vishakha Until 7:14PM	Ganesha: Clear	<i>Sunrise:</i> 8:40AM	Vikarin 5121	
			Yama 12:53PM – 1:56PM	Ganda* Until 3:30AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 39	
	Routine Work	Marana Yoga	874623466 Rahu 4:03PM – 5:06PM	Vanija Until 10:58AM	Nataraja: Orange		2nd Phase	
			Dashami Until 10:26PM	Moon – Orange		Devaloka Day		
				Pausha*Thai				

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Amsterdam, Netherlands Sun 9 Sutra 281	
	Vrischika Rasi: 9.23	Tithi 26	Gulika 1:57PM – 3:01PM	Anuradha Until 7:02PM	Ganesha: Clear	<i>Sunrise:</i> 8:39AM	Vikarin 5121	
	Family Home Evening		Yama 11:50AM – 12:53PM	Vriddhi Until 1:45AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Moon 1 - Phase 39	
	Creative Work	Siddha Yoga	874623466 Rahu 9:42AM – 10:46AM	Bava Until 10:01AM	Nataraja: Orange		2nd Phase	
			Ekadashi* Until 9:40PM	Moon – Orange		Devaloka Day		
				Pausha*Thai				

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Amsterdam, Netherlands Sun 10 Sutra 282	
	Vrischika Rasi: 22.43	Tithi 27	Gulika 12:54PM – 1:58PM	Jyeshtha* Until 7:05PM	Ganesha: Purple	<i>Sunrise:</i> 8:37AM	Vikarin 5121	
			Yama 10:46AM – 11:50AM	Dhruva Until 12:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 1 - Phase 39	
	Routine Work	Marana Yoga	875623466 Rahu 3:02PM – 4:06PM	Kaulava Until 9:27AM	Nataraja: Orange		2nd Phase	
			Dvadashi* Until 9:18PM	Moon – Orange		Bhuloka Day		
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM		

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Amsterdam, Netherlands Sun 11 Sutra 283	
	Dhanus Rasi: 5.5	Tithi 28	Gulika 11:50AM – 12:54PM	Mula* Until 7:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:36AM	Vikarin 5121	
			Yama 9:41AM – 10:45AM	Vyaghata* Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 39	
	Routine Work	Marana Yoga	885623466 Rahu 12:54PM – 1:58PM	Gara Until 9:18AM	Nataraja: Orange		2nd Phase	
			Trayodashi* Until 9:21PM	Moon – Light Blue		Bhuloka Day		
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM		
				<i>Pradosha Vrata (Fasting)</i>				

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Amsterdam, Netherlands Sun 12 Sutra 284	
	Dhanus Rasi: 18.46	Tithi 29	Gulika 10:45AM – 11:49AM	Purvashadha* Until 8:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:35AM	Vikarin 5121	
			Yama 8:35AM – 9:40AM	Harshana Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 39	
	Creative Work	Siddha Yoga	885623466 Rahu 1:59PM – 3:04PM	Visti* Until 9:34AM	Nataraja: Orange		2nd Phase	
			Chaturdashi* Until 9:50PM	Moon – Light Blue		Bhuloka Day		
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM		

	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Amsterdam, Netherlands Sun 13 Sutra 285	
	Retreat Star		Gulika 9:39AM – 10:44AM	Uttarashadha Until 10:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:34AM	Vikarin 5121	
	Makara Rasi: 1.28	Tithi 30	Yama 3:05PM – 4:10PM	Vajra* Until 9:54PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 39	
	Routine Work	Marana Yoga	885623466 Rahu 11:49AM – 12:54PM	Catuspada Until 10:15AM	Nataraja: Orange		Amavasya	
			Amavasya* Until 10:44PM	Moon – Light Blue		Bhuloka Day		
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM		

Retreat Star	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Amsterdam, Netherlands Sun 14 Sutra 286	
	Makara Rasi: 13.59	Tithi 1	Gulika 8:32AM – 9:38AM	Shravana Until 12:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 8:32AM	Vikarin 5121	
			Yama 2:00PM – 3:06PM	Siddhi Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 39	
	Creative Work	Siddha Yoga	995623466 Rahu 10:44AM – 11:49AM	Kintughna Until 11:23AM	Nataraja: Orange		Prathama	
			Prathama* Until 12:05AM Sun	Moon – Purple		Bhuloka Day		
				Magha*Thai		Devaloka Time: 3:PM to 6:PM		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Amsterdam, Netherlands Sun 15 Sutra 287
	Makara Rasi: 26.19	Tithi 2	Gulika 3:07PM – 4:13PM Yama 12:55PM – 2:01PM Rahu 4:13PM – 5:19PM	Dhanishtha Until 2:21AM Mon Vyatipata* Until 9:57PM Balava Until 12:56PM Dvitiya Until 1:50AM Mon	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha-Thai	Sunrise: 8:31AM Sunset: 5:19PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga					Devaloka Day
		Until 2:21AM Mon					
		Then Creative Work - Siddha Yoga					

2	Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Amsterdam, Netherlands Sun 16 Sutra 288
	Kumbha Rasi: 8.29	Tithi 3	Gulika 2:02PM – 3:08PM Yama 11:49AM – 12:55PM Rahu 9:36AM – 10:42AM	Shatabhishak Until 4:45AM Tue Variyan Until 10:23PM Taitila Until 2:52PM Tritiya Until 3:56AM Tue	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha-Thai	Sunrise: 8:30AM Sunset: 5:21PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Family Home Evening	Siddha Yoga					Devaloka Day
		Until 4:45AM Tue					
		Then Routine Work - Marana Yoga					

3	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Amsterdam, Netherlands Sun 17 Sutra 289
	Kumbha Rasi: 20.32	Tithi 4	Gulika 12:55PM – 2:02PM Yama 10:42AM – 11:49AM Rahu 3:09PM – 4:16PM	Purvaprossthapada* Until 7:44AM Wed Parigha* Until 11:02PM Vanija Until 5:06PM Chaturthi* Until 6:18AM Wed	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 8:28AM Sunset: 5:22PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga					Sivaloka Day
		Until 7:44AM Wed					
		Then Creative Work - Siddha Yoga					

4	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*Uttaraprossthapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Amsterdam, Netherlands Sun 18 Sutra 290
	Meena Rasi: 2.28	Tithi 4 – 5	Gulika 11:48AM – 12:56PM Yama 9:34AM – 10:41AM Rahu 12:56PM – 2:03PM	Purvaprossthapada* Until 7:44AM Shiva Until 11:51PM Bava Until 7:34PM Chaturthi* Until 6:18AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 8:27AM Sunset: 5:24PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Amrita Yoga					Sivaloka Day
		Until 7:44AM					
		Then Creative Work - Siddha Yoga					

5	Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Amsterdam, Netherlands Sun 19 Sutra 291
	Meena Rasi: 14.2	Tithi 5 – 6	Gulika 10:40AM – 11:48AM Yama 8:25AM – 9:33AM Rahu 2:03PM – 3:11PM	Uttaraprossthapada Until 10:41AM Siddha Until 12:40AM Fri Kaulava Until 10:06PM Panchami Until 8:49AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 8:25AM Sunset: 5:26PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
		Until 1:26PM					
		Then Creative Work - Amrita Yoga					

6	Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Amsterdam, Netherlands Sun 20 Sutra 292
	Meena Rasi: 26.13	Tithi 6 – 7	Gulika 9:32AM – 10:40AM Yama 3:12PM – 4:20PM Rahu 11:48AM – 12:56PM	Revati Until 1:26PM Sadhya Until 1:25AM Sat Gara Until 12:32AM Sat Shashthi* Until 11:19AM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 8:24AM Sunset: 5:28PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day
		Until 1:26PM					
		Then Creative Work - Amrita Yoga					

D	Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Amsterdam, Netherlands Sun 21 Sutra 293
	Mesha Rasi: 8.09	Tithi 7 – 8	Gulika 8:24AM – 9:32AM Yama 2:04PM – 3:12PM Rahu 10:40AM – 11:48AM	Ashvini Until 4:20PM Subha Until 1:57AM Sun Visti Until 2:40AM Sun Saptami Until 1:38PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha-Thai	Sunrise: 8:24AM Sunset: 5:28PM	Vikarin 5121 Moon 1 - Phase 40 Ashtami
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Until 6:39PM					
		Then Creative Work - Siddha Yoga					

D	Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Amsterdam, Netherlands Sun 22 Sutra 294
	Mesha Rasi: 20.13	Tithi 8 – 9	Gulika 3:13PM – 4:21PM Yama 12:56PM – 2:04PM Rahu 4:21PM – 5:30PM	Bharani Until 6:39PM Sukla Until 2:05AM Mon Balava Until 4:18AM Mon Ashtami* Until 3:32PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha-Thai	Sunrise: 8:22AM Sunset: 5:30PM	Vikarin 5121 Moon 1 - Phase 40 Navami
	Routine Work	Prabalarishta Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Until 6:39PM					
		Then Creative Work - Siddha Yoga					

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Amsterdam, Netherlands Sun 23 Sutra 295	
1		Gulika 2:05PM – 3:14PM	Krittika Until 8:12PM	Ganesha: Green	<i>Sunrise:</i> 8:20AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 11:47AM – 12:56PM	Brahma Until 1:42AM Tue	Muruḡa: Clear	<i>Sunset:</i> 5:32PM
Family Home Evening	926723466	Rahu 9:29AM – 10:38AM	Taitila Until 5:13AM Tue	Nataraja: Orange	Moon 1 - Phase 41
Routine Work	Marana Yoga		Navami* Until 4:50PM	Moon – White	4th Phase
Until 8:12PM				Magha*Thai	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Amsterdam, Netherlands Sun 24 Sutra 296	
2		Gulika 12:56PM – 2:06PM	Rohini Until 9:20PM	Ganesha: Red	<i>Sunrise:</i> 8:19AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 10:38AM – 11:47AM	Indra Until 12:44AM Wed	Muruḡa: Clear	<i>Sunset:</i> 5:34PM
	936723467	Rahu 3:15PM – 4:24PM	Vanija Until 5:19AM Wed	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Amrita Yoga		Dashami Until 5:21PM	Moon – Yellow	4th Phase
Until 9:20PM				Magha*Thai	Devaloka Day
Then Creative Work - Siddha Yoga					

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Amsterdam, Netherlands Sun 25 Sutra 297	
3		Gulika 11:46AM – 12:56PM	Mrigashira Until 9:29PM	Ganesha: Red	<i>Sunrise:</i> 8:17AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 9:27AM – 10:37AM	Vaidhriti* Until 11:05PM	Muruḡa: Clear	<i>Sunset:</i> 5:35PM
	936723467	Rahu 12:56PM – 2:06PM	Bava Until 4:35AM Thu	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		Ekadashi Until 5:02PM	Moon – Yellow	4th Phase
				Magha*Thai	Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Amsterdam, Netherlands Sun 26 Sutra 298	
4		Gulika 10:36AM – 11:46AM	Ardra Until 8:41PM	Ganesha: Red	<i>Sunrise:</i> 8:15AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 8:15AM – 9:26AM	Vishkambha* Until 8:48PM	Muruḡa: Clear	<i>Sunset:</i> 5:37PM
	936723467	Rahu 2:07PM – 3:17PM	Kaulava Until 3:03AM Fri	Nataraja: Clear	Moon 1 - Phase 41
Routine Work	Marana Yoga		Dvadashi Until 3:54PM	Moon – Yellow	4th Phase
Until 8:41PM				Magha*Thai	Devaloka Day
Then Creative Work - Amrita Yoga					

Pradosha Vrata

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Amsterdam, Netherlands Sun 27 Sutra 299	
5		Gulika 9:24AM – 10:35AM	Punarvasu Until 7:28PM	Ganesha: Blue	<i>Sunrise:</i> 8:14AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 3:18PM – 4:29PM	Priti Until 5:57PM	Muruḡa: Clear	<i>Sunset:</i> 5:39PM
	947723467	Rahu 11:46AM – 12:56PM	Gara Until 12:50AM Sat	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		Trayodashi Until 2:00PM	Moon – Blue	4th Phase
Until 7:28PM				Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Amsterdam, Netherlands Sutra 300	
○		Gulika 8:12AM – 9:23AM	Pushya Until 5:31PM	Ganesha: Blue	<i>Sunrise:</i> 8:12AM
Kataka Rasi: 9.39	Tithi 14 – 15	Yama 2:08PM – 3:19PM	Ayushman Until 2:36PM	Muruḡa: Clear	<i>Sunset:</i> 5:41PM
	947723467	Rahu 10:34AM – 11:45AM	Visti Until 10:03PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		Chaturdashi* Until 11:29AM	Moon – Blue	Purnima
Until 5:31PM		Thai Pusam		Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Amsterdam, Netherlands Sutra 301	
○		Gulika 3:20PM – 4:31PM	Ashlesha* Until 3:01PM	Ganesha: Blue	<i>Sunrise:</i> 8:10AM
Kataka Rasi: 24.19	Tithi 15 – 16	Yama 12:57PM – 2:08PM	Saubhagya Until 10:54AM	Muruḡa: Clear	<i>Sunset:</i> 5:43PM
	947723467	Rahu 4:31PM – 5:43PM	Balava Until 6:54PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work	Siddha Yoga		Purnima* Until 8:30AM	Moon – Blue	Prathama
Until 3:01PM				Magha*Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 9.14 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 12:33PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Amsterdam, Netherlands
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 2:09PM – 3:21PM
Yama 11:44AM – 12:57PM
Rahu 9:20AM – 10:32AM

Magha* Until 12:33PM
Sobhana Until 6:59AM
Taitila Until 3:31PM
Dvitiya Until 1:47AM Tue

Ganesha: Red *Sunrise:* 8:08AM
Muruqa: Clear *Sunset:* 5:45PM
Nataraja: Clear
Moon – Red
Magha*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 24.14 Tithi 18
Creative Work Siddha Yoga
Until 9:52AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti* Karana Tritiyayam Titau

Amsterdam, Netherlands
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 12:57PM – 2:09PM
Yama 10:31AM – 11:44AM
Rahu 3:22PM – 4:34PM

Purvaphalguni Until 9:52AM
Sukarma Until 10:57PM
Vanija Until 12:06PM
Tritiya Until 10:24PM

Ganesha: Red *Sunrise:* 8:06AM
Muruqa: Clear *Sunset:* 5:47PM
Nataraja: Clear
Moon – Red
Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 9.12 Tithi 19
Creative Work Amrita Yoga
Until 7:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Amsterdam, Netherlands
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 11:44AM – 12:57PM
Yama 9:18AM – 10:31AM
Rahu 12:57PM – 2:10PM

Uttaraphalguni Until 7:08AM
Dhriti Until 7:07PM
Bava Until 8:47AM
Chaturthi* Until 7:11PM

Ganesha: Red *Sunrise:* 8:05AM
Muruqa: Clear *Sunset:* 5:49PM
Nataraja: Clear
Moon – Red
Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Kanya Rasi: 23.58 Tithi 20 – 21
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Amsterdam, Netherlands
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 10:30AM – 11:43AM
Yama 8:03AM – 9:16AM
Rahu 2:10PM – 3:24PM

Chitra Until 2:58AM Fri
Shula* Until 3:32PM
Gara Until 3:03AM Fri
Panchami Until 4:19PM

Ganesha: Green *Sunrise:* 8:03AM
Muruqa: Clear *Sunset:* 5:50PM
Nataraja: Clear
Moon – Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 8.28 Tithi 21 – 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhdi Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Amsterdam, Netherlands
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 9:15AM – 10:29AM
Yama 3:24PM – 4:38PM
Rahu 11:43AM – 12:57PM

Svati Until 1:23AM Sat
Ganda* Until 12:20PM
Visti Until 12:54AM Sat
Shashthi* Until 1:53PM

Ganesha: White *Sunrise:* 8:01AM
Muruqa: Clear *Sunset:* 5:52PM
Nataraja: Clear
Moon – Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 22.36 Tithi 22 – 23
Creative Work Siddha Yoga
Until 12:39AM Sun
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Amsterdam, Netherlands
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Gulika 7:59AM – 9:13AM
Yama 2:11PM – 3:25PM
Rahu 10:28AM – 11:42AM

Vishakha Until 12:39AM Sun
Vridhdi Until 9:35AM
Balava Until 11:19PM
Saptami Until 12:01PM

Ganesha: Clear *Sunrise:* 7:59AM
Muruqa: Clear *Sunset:* 5:54PM
Nataraja: Clear
Moon – Orange
Magha*Masi

Devaloka Day

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 6.22 Tithi 23 – 24
Routine Work Marana Yoga
Until 12:23AM Mon
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Amsterdam, Netherlands
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Gulika 3:26PM – 4:41PM
Yama 12:56PM – 2:11PM
Rahu 4:41PM – 5:56PM

Anuradha Until 12:23AM Mon
Dhruva Until 7:17AM
Taitila Until 10:22PM
Ashtami* Until 10:44AM

Ganesha: Clear *Sunrise:* 7:57AM
Muruqa: Clear *Sunset:* 5:56PM
Nataraja: Clear
Moon – Orange
Magha*Masi

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Amsterdam, Netherlands Sun 7 Sutra 309	
1	Vrischika Rasi: 19.46 Tithi 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 12:33AM Tue Then Creative Work - Amrita Yoga	Gulika 2:12PM – 3:27PM Yama 11:41AM – 12:56PM Rahu 9:10AM – 10:26AM	Jyeshtha* Until 12:33AM Tue Harshana Until 4:12AM Tue Vanija Until 10:01PM Navami* Until 10:06AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Magha-Masi	Sunrise: 7:55AM Sunset: 5:58PM Moon 2 - Phase 43 2nd Phase Devaloka Day

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau		Amsterdam, Netherlands Sun 8 Sutra 310	
2	Dhanus Rasi: 2.5 Tithi 25 – 26 Creative Work Amrita Yoga	Gulika 12:56PM – 2:12PM Yama 10:25AM – 11:40AM Rahu 3:28PM – 4:44PM	Mula* Until 1:36AM Wed Vajra* Until 3:19AM Wed Bava Until 10:16PM Dashami Until 10:03AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:53AM Sunset: 6:00PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Amsterdam, Netherlands Sun 9 Sutra 311	
3	Dhanus Rasi: 15.39 Tithi 26 – 27 Creative Work Amrita Yoga Until 2:58AM Thu Then Routine Work - Marana Yoga	Gulika 11:40AM – 12:56PM Yama 9:07AM – 10:23AM Rahu 12:56PM – 2:13PM	Purvashadha* Until 2:58AM Thu Siddhi Until 2:49AM Thu Kaulava Until 11:01PM Ekadashi* Until 10:34AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:51AM Sunset: 6:02PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Amsterdam, Netherlands Sun 10 Sutra 312	
4	Dhanus Rasi: 28.14 Tithi 27 – 28 Routine Work Marana Yoga	Gulika 10:22AM – 11:39AM Yama 7:49AM – 9:06AM Rahu 2:13PM – 3:30PM	Uttarashadha Until 4:35AM Fri Vyatipata* Until 2:40AM Fri Gara Until 12:12AM Fri Dvadashi* Until 11:32AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:49AM Sunset: 6:04PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Amsterdam, Netherlands Sun 11 Sutra 313	
5	Makara Rasi: 10.38 Tithi 28 – 29 Routine Work Marana Yoga Until 6:52AM Sat Then Creative Work - Siddha Yoga	Gulika 9:04AM – 10:21AM Yama 3:31PM – 4:48PM Rahu 11:39AM – 12:56PM	Shravana Until 6:52AM Sat Varyan Until 2:45AM Sat Vistil Until 1:45AM Sat Trayodashi* Until 12:55PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 7:47AM Sunset: 6:05PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Amsterdam, Netherlands Sun 12 Sutra 314	
Retreat Star	Makara Rasi: 22.53 Tithi 29 – 30 Creative Work Siddha Yoga	Gulika 7:45AM – 9:02AM Yama 2:14PM – 3:32PM Rahu 10:20AM – 11:38AM	Shravana Until 6:52AM Parigha* Until 3:04AM Sun Catuspada Until 3:36AM Sun Chaturdashi* Until 2:37PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 7:45AM Sunset: 6:07PM Moon 2 - Phase 43 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Amsterdam, Netherlands Sun 13 Sutra 315	
Retreat Star	Kumbha Rasi: 5.01 Tithi 30 – 1 Routine Work Marana Yoga Until 9:16AM Then Creative Work - Siddha Yoga	Gulika 3:32PM – 4:51PM Yama 12:56PM – 2:14PM Rahu 4:51PM – 6:09PM	Dhanishtha Until 9:16AM Shiva Until 3:36AM Mon Kintughna Until 5:42AM Mon Amavasya* Until 4:36PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi	Sunrise: 7:42AM Sunset: 6:09PM Moon 2 - Phase 43 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau			Amsterdam, Netherlands Sun 14 Sutra 316	
1	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Tithi 1 999823467	Gulika 2:14PM – 3:33PM Yama 11:37AM – 12:56PM Rahu 8:59AM – 10:18AM	Shatabhishak Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM Prathama* Until 6:48PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:40AM Sunset: 6:11PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau			Amsterdam, Netherlands Sun 15 Sutra 317	
2	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	Gulika 12:55PM – 2:15PM Yama 10:17AM – 11:36AM Rahu 3:34PM – 4:53PM	Purvaproshtapada* Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM Dvitiya Until 9:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 7:38AM Sunset: 6:13PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau			Amsterdam, Netherlands Sun 16 Sutra 318	
3	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	Gulika 11:36AM – 12:55PM Yama 8:56AM – 10:16AM Rahu 12:55PM – 2:15PM	Uttaraproshtapada Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM Tritiya Until 11:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 7:36AM Sunset: 6:15PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau			Amsterdam, Netherlands Sun 17 Sutra 319	
4	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	Gulika 10:15AM – 11:35AM Yama 7:34AM – 8:54AM Rahu 2:15PM – 3:36PM	Revati Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM Chaturthi* Until 2:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 7:34AM Sunset: 6:16PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau			Amsterdam, Netherlands Sun 18 Sutra 320	
5	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	Gulika 8:53AM – 10:13AM Yama 3:37PM – 4:57PM Rahu 11:34AM – 12:55PM	Ashvini Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM Panchami Until 4:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 7:32AM Sunset: 6:18PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau			Amsterdam, Netherlands Sun 19 Sutra 321	
6	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Tithi 6 921823467	Gulika 7:29AM – 8:51AM Yama 2:16PM – 3:37PM Rahu 10:12AM – 11:33AM	Bharani Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM Shashthi* Until 6:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 7:29AM Sunset: 6:20PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Amsterdam, Netherlands Sun 20 Sutra 322	
Retreat Star			Gulika 3:39PM – 5:01PM Yama 12:54PM – 2:17PM Rahu 5:01PM – 6:24PM	Krittika Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM Shashthi* Until 6:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Sunrise: 7:25AM Sunset: 6:24PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Amsterdam, Netherlands Sun 21 Sutra 323	
Retreat Star			Gulika 2:17PM – 3:40PM Yama 11:31AM – 12:54PM Rahu 8:46AM – 10:09AM	Rohini Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM Saptami Until 8:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 7:23AM Sunset: 6:26PM Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Amsterdam, Netherlands Sun 22 Sutra 324	
Retreat Star			Gulika 12:54PM – 2:17PM Yama 10:07AM – 11:31AM Rahu 3:41PM – 5:04PM	Rohini Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM Ashtami* Until 9:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 7:21AM Sunset: 6:27PM Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Amsterdam, Netherlands Sun 23 Sutra 325	
Mithuna Rasi: 6.09	Tithi 9 – 10	Gulika 11:30AM – 12:54PM	Mrigashira Until 6:55AM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	Vikarin 5121	
		Yama 8:42AM – 10:06AM	Priti Until 6:57AM	Muruqa: Orange	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 45	
931833467	Rahu 12:54PM – 2:18PM		Taitila Until 9:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 9:33AM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Amsterdam, Netherlands Sun 24 Sutra 326	
Mithuna Rasi: 19.28	Tithi 10 – 11	Gulika 10:05AM – 11:29AM	Ardra Until 6:47AM	Ganesha: Red	<i>Sunrise:</i> 7:16AM	Vikarin 5121	
		Yama 7:16AM – 8:40AM	Saubhagya Until 2:58AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 45	
131833467	Rahu 2:18PM – 3:42PM		Vanija Until 8:09PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 8:49AM	Moon – Yellow		Devaloka Day	
Until 6:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Amsterdam, Netherlands Sun 25 Sutra 327	
Kataka Rasi: 3.16	Tithi 11 – 12	Gulika 8:39AM – 10:04AM	Punarvasu Until 6:05AM	Ganesha: Blue	<i>Sunrise:</i> 7:14AM	Vikarin 5121	
		Yama 3:43PM – 5:08PM	Sobhana Until 12:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 45	
141833467	Rahu 11:28AM – 12:53PM		Bava Until 6:10PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:14AM	Moon – Blue		Bhuloka Day	
Until 6:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Amsterdam, Netherlands Sun 26 Sutra 328	
Kataka Rasi: 17.34	Tithi 13	Gulika 7:12AM – 8:37AM	Ashlesha* Until 2:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 7:12AM	Vikarin 5121	
		Yama 2:18PM – 3:44PM	Athiganda* Until 8:29PM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 45	
141833467	Rahu 10:02AM – 11:28AM		Kaulava Until 3:29PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 1:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Amsterdam, Netherlands Sun 27 Sutra 329	
Simha Rasi: 2.19	Tithi 14	Gulika 3:45PM – 5:10PM	Magha* Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 7:09AM	Vikarin 5121	
		Yama 12:53PM – 2:19PM	Sukarma Until 4:34PM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45	
151833467	Rahu 5:10PM – 6:36PM		Gara Until 12:15PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 10:27PM	Moon – Red		Devaloka Day	
Until 11:33PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Amsterdam, Netherlands Sutra 330	
Copper Retreat Star		Gulika 2:19PM – 3:45PM	Purvaphalguni Until 8:34PM	Ganesha: White	<i>Sunrise:</i> 7:07AM	Vikarin 5121	
Simha Rasi: 17.24	Tithi 15	Yama 11:26AM – 12:53PM	Dhriti Until 12:23PM	Muruqa: Orange	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 8:33AM – 10:00AM	Visti Until 8:38AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Amsterdam, Netherlands Sutra 331	
Silver Retreat Star		Gulika 12:52PM – 2:19PM	Uttaraphalguni Until 5:22PM	Ganesha: White	<i>Sunrise:</i> 7:05AM	Vikarin 5121	
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 9:58AM – 11:25AM	Shula* Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 45	
152833467	Rahu 3:46PM – 5:13PM		Taitila Until 12:59AM Wed	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 2:53PM	Moon – Red		Sivaloka Day	
Until 5:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Amsterdam, Netherlands

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika 11:25AM - 12:52PM
Yama 8:30AM - 9:57AM
Rahu 12:52PM - 2:19PM

Hasta **Until 2:31PM**
Vriddhi **Until 11:31PM**
Vanija **Until 9:18PM**
Dvitiya **Until 11:06AM**

Ganesha: Clear *Sunrise: 7:02AM*
Muruqa: Orange *Sunset: 6:42PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Amsterdam, Netherlands

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika 9:56AM - 11:24AM
Yama 7:00AM - 8:28AM
Rahu 2:20PM - 3:48PM

Chitra **Until 11:49AM**
Dhruva **Until 7:36PM**
Balava **Until 4:25AM Fri**
Tritiya **Until 7:33AM**

Ganesha: Clear *Sunrise: 7:00AM*
Muruqa: Orange *Sunset: 6:43PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Amsterdam, Netherlands

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.5 Tithi 20

162833467

Gulika 8:26AM - 9:55AM
Yama 3:48PM - 5:17PM
Rahu 11:23AM - 12:51PM

Svati **Until 9:24AM**
Vyaghata* **Until 4:06PM**
Kaulava **Until 3:04PM**
Panchami **Until 1:50AM Sat**

Ganesha: Clear *Sunrise: 6:58AM*
Muruqa: Orange *Sunset: 6:45PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Amsterdam, Netherlands

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika 6:55AM - 8:24AM
Yama 2:20PM - 3:49PM
Rahu 9:53AM - 11:22AM

Vishakha **Until 7:51AM**
Harshana **Until 1:08PM**
Gara **Until 12:49PM**
Shashthi* **Until 11:56PM**

Ganesha: Purple *Sunrise: 6:55AM*
Muruqa: Orange *Sunset: 6:47PM*
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Amsterdam, Netherlands

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika 3:50PM - 5:19PM
Yama 12:51PM - 2:20PM
Rahu 5:19PM - 6:49PM

Anuradha **Until 6:52AM**
Vajra* **Until 10:44AM**
Visti **Until 11:17AM**
Saptami **Until 10:48PM**

Ganesha: Purple *Sunrise: 6:53AM*
Muruqa: Orange *Sunset: 6:49PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Amsterdam, Netherlands

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.37 Tithi 23

172933468

Gulika 2:21PM - 3:50PM
Yama 11:21AM - 12:51PM
Rahu 8:21AM - 9:51AM

Jyeshtha* **Until 6:31AM**
Siddhi **Until 8:58AM**
Balava **Until 10:33AM**
Ashtami* **Until 10:28PM**

Ganesha: Clear *Sunrise: 6:51AM*
Muruqa: Orange *Sunset: 6:50PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Amsterdam, Netherlands

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika 12:50PM - 2:21PM
Yama 9:49AM - 11:20AM
Rahu 3:51PM - 5:22PM

Mula* **Until 7:13AM**
Vyatipata* **Until 7:50AM**
Taitila **Until 10:36AM**
Navami* **Until 10:52PM**

Ganesha: Purple *Sunrise: 6:48AM*
Muruqa: Orange *Sunset: 6:52PM*
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Amsterdam, Netherlands Sun 8 Sutra 339
Dhanus Rasi: 25.22	Tithi 25	Gulika 11:19AM – 12:50PM	Purvashadha* Until 8:29AM	Ganesha: Purple <i>Sunrise:</i> 6:46AM	Vikarin 5121
		Yama 8:17AM – 9:48AM	Variyan Until 7:14AM	Muruqa: Orange <i>Sunset:</i> 6:54PM	Moon 3 - Phase 47
182933468	Rahu 12:50PM – 2:21PM		Vanija Until 11:21AM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 11:57PM	Moon – Light Blue	Devaloka Day
				Phalguna-Panguni	

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Amsterdam, Netherlands Sun 9 Sutra 340
Makara Rasi: 7.46	Tithi 26	Gulika 9:47AM – 11:18AM	Uttarashadha Until 10:10AM	Ganesha: Purple <i>Sunrise:</i> 6:44AM	Vikarin 5121
		Yama 6:44AM – 8:15AM	Parigha* Until 7:07AM	Muruqa: Orange <i>Sunset:</i> 6:56PM	Moon 3 - Phase 47
182933468	Rahu 2:21PM – 3:53PM		Bava Until 12:42PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:32AM Fri	Moon – Light Blue	Devaloka Day
Until 10:10AM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Amsterdam, Netherlands Sun 10 Sutra 341
Makara Rasi: 19.59	Tithi 27	Gulika 8:13AM – 9:45AM	Shravana Until 12:37PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM	Vikarin 5121
		Yama 3:53PM – 5:25PM	Shiva Until 7:23AM	Muruqa: Orange <i>Sunset:</i> 6:57PM	Moon 3 - Phase 47
192933468	Rahu 11:17AM – 12:49PM		Kaulava Until 2:30PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 3:29AM Sat	Moon – Purple	Sivaloka Day
Until 12:37PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Amsterdam, Netherlands Sun 11 Sutra 342
Kumbha Rasi: 2.03	Tithi 28	Gulika 6:39AM – 8:12AM	Dhanishtha Until 3:12PM	Ganesha: Clear <i>Sunrise:</i> 6:39AM	Vikarin 5121
		Yama 2:22PM – 3:54PM	Siddha Until 7:53AM	Muruqa: Orange <i>Sunset:</i> 6:59PM	Moon 3 - Phase 47
192933468	Rahu 9:44AM – 11:17AM		Gara Until 4:36PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 5:42AM Sun	Moon – Purple	Sivaloka Day
Until 3:12PM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau	Amsterdam, Netherlands Sun 12 Sutra 343
Kumbha Rasi: 14.02	Tithi 29	Gulika 3:55PM – 5:28PM	Shatabhishak Until 5:48PM	Ganesha: Clear <i>Sunrise:</i> 6:37AM	Vikarin 5121
		Yama 12:49PM – 2:22PM	Sadhya Until 8:34AM	Muruqa: Orange <i>Sunset:</i> 7:01PM	Moon 3 - Phase 47
192933468	Rahu 5:28PM – 7:01PM		Visti Until 6:53PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:03AM Mon	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvashrothapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Amsterdam, Netherlands Sun 13 Sutra 344
Kumbha Rasi: 25.58	Tithi 29 – 30	Gulika 2:22PM – 3:56PM	Purvashrothapada* Until 8:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:34AM	Vikarin 5121
Family Home Evening	113933468	Yama 11:15AM – 12:48PM	Subha Until 9:22AM	Muruqa: Orange <i>Sunset:</i> 7:03PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	Rahu 8:08AM – 9:41AM	Catuspada Until 9:17PM	Nataraja: Purple	Amavasya
Until 8:51PM			Chaturdashi* Until 8:03AM	Moon – Clear	Sivaloka Day
Then Creative Work - Siddha Yoga				Phalguna-Panguni	

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashrothapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Amsterdam, Netherlands Sun 14 Sutra 345
Meena Rasi: 7.51	Tithi 30 – 1	Gulika 12:48PM – 2:22PM	Uttarashrothapada Until 11:47PM	Ganesha: Yellow <i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 9:40AM – 11:14AM	Sukla Until 10:12AM	Muruqa: Orange <i>Sunset:</i> 7:04PM	Moon 3 - Phase 47
113933468	Rahu 3:56PM – 5:30PM		Kintughna Until 11:43PM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Amavasya* Until 10:28AM	Moon – Clear	Sivaloka Day
Until 11:47PM		Yugadhi		Chaitra-Panguni	
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Amsterdam, Netherlands Sun 15 Sutra 346
Meena Rasi: 19.44	Tithi 1 – 2	Gulika 11:13AM – 12:48PM	Revati Until 2:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 8:04AM – 9:39AM	Brahma Until 11:04AM	Muruqa: Orange <i>Sunset:</i> 7:06PM	Moon 3 - Phase 48
		113933468 Rahu 12:48PM – 2:22PM	Balava Until 2:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 12:55PM	Moon – Clear	Sivaloka Day
Until 2:33AM Thu				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Amsterdam, Netherlands Sun 16 Sutra 347
Mesha Rasi: 1.37	Tithi 2 – 3	Gulika 9:37AM – 11:13AM	Ashvini Until 5:36AM Fri	Ganesha: Red <i>Sunrise:</i> 6:27AM	Vikarin 5121
		Yama 6:27AM – 8:02AM	Indra Until 11:55AM	Muruqa: Orange <i>Sunset:</i> 7:08PM	Moon 3 - Phase 48
		123933468 Rahu 2:23PM – 3:58PM	Taitila Until 4:33AM Fri	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:21PM	Moon – White	Sivaloka Day
Until 5:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Amsterdam, Netherlands Sun 17 Sutra 348
Mesha Rasi: 13.31	Tithi 3 – 4	Gulika 8:01AM – 9:36AM	Bharani Until 8:19AM Sat	Ganesha: Red <i>Sunrise:</i> 6:25AM	Vikarin 5121
		Yama 3:58PM – 5:34PM	Vaidhriti* Until 12:41PM	Muruqa: Orange <i>Sunset:</i> 7:10PM	Moon 3 - Phase 48
		123933468 Rahu 11:12AM – 12:47PM	Vanija Until 6:47AM Sat	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:40PM	Moon – White	Sivaloka Day
Until 8:19AM Sat				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau	Amsterdam, Netherlands Sun 18 Sutra 349
Mesha Rasi: 25.29	Tithi 4	Gulika 6:23AM – 7:59AM	Bharani Until 8:19AM	Ganesha: Red <i>Sunrise:</i> 6:23AM	Vikarin 5121
		Yama 2:23PM – 3:59PM	Vishkambha* Until 1:20PM	Muruqa: Orange <i>Sunset:</i> 7:11PM	Moon 3 - Phase 48
		123933468 Rahu 9:35AM – 11:11AM	Vanija Until 6:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:47PM	Moon – White	Sivaloka Day
Until 8:19AM				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Amsterdam, Netherlands Sun 19 Sutra 350
Virshabha Rasi: 7.34	Tithi 5	Gulika 4:00PM – 5:36PM	Krittika Until 10:37AM	Ganesha: Red <i>Sunrise:</i> 6:20AM	Vikarin 5121
		Yama 12:47PM – 2:23PM	Priti Until 1:46PM	Muruqa: Orange <i>Sunset:</i> 7:13PM	Moon 3 - Phase 48
		123933468 Rahu 5:36PM – 7:13PM	Bava Until 8:44AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:33PM	Moon – White	Sivaloka Day
				Chaitra•Panguni	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Amsterdam, Netherlands Sun 20 Sutra 351
Virshabha Rasi: 19.48	Tithi 6	Gulika 2:23PM – 4:01PM	Rohini Until 12:50PM	Ganesha: Blue <i>Sunrise:</i> 6:18AM	Vikarin 5121
Family Home Evening		Yama 11:09AM – 12:46PM	Ayushman Until 1:50PM	Muruqa: Orange <i>Sunset:</i> 7:15PM	Moon 3 - Phase 48
		133933468 Rahu 7:55AM – 9:32AM	Kaulava Until 10:16AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 10:49PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Amsterdam, Netherlands Sun 21 Sutra 352
Mithuna Rasi: 2.16	Tithi 7	Gulika 12:46PM – 2:24PM	Mrigashira Until 2:17PM	Ganesha: Blue <i>Sunrise:</i> 6:16AM	Vikarin 5121
		Yama 9:31AM – 11:08AM	Saubhagya Until 1:26PM	Muruqa: Orange <i>Sunset:</i> 7:16PM	Moon 3 - Phase 48
		133933468 Rahu 4:01PM – 5:39PM	Gara Until 11:13AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:25PM	Moon – Yellow	Subha Sivaloka Day
Until 2:17PM				Chaitra•Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Amsterdam, Netherlands Sun 22 Sutra 353
Mithuna Rasi: 15.04	Tithi 8	Gulika 11:08AM – 12:46PM	Ardra Until 2:53PM	Ganesha: Blue <i>Sunrise:</i> 6:16AM	Vikarin 5121
		Yama 7:53AM – 9:31AM	Sobhana Until 12:29PM	Muruqa: Orange <i>Sunset:</i> 7:16PM	Moon 3 - Phase 48
		133933468 Rahu 12:46PM – 2:24PM	Visti Until 11:26AM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:14PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau	Amsterdam, Netherlands Sun 23 Sutra 354
Mithuna Rasi: 28.16	Tithi 9	Gulika 9:30AM – 11:08AM	Punarvasu Until 2:59PM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM	Vikarin 5121
		Yama 6:13AM – 7:52AM	Athiganda* Until 10:52AM	Muruqa: Orange <i>Sunset:</i> 7:18PM	Moon 3 - Phase 48
		143933468 Rahu 2:24PM – 4:02PM	Balava Until 10:51AM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 10:13PM	Moon – Blue	Sivaloka Day
		Sri Rama Navami		Chaitra•Panguni	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Amsterdam, Netherlands Sun 24 Sutra 355
Kataka Rasi: 11.55	Tithi 10	Gulika 7:50AM – 9:28AM	Pushya Until 2:08PM	Ganesha: Yellow <i>Sunrise:</i> 6:11AM	Vikarin 5121
		Yama 4:03PM – 5:41PM	Sukarma Until 8:37AM	Muruqa: Orange <i>Sunset:</i> 7:20PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 11:07AM – 12:45PM	Taitila Until 9:26AM	Nataraja: Purple	4th Phase
				Moon – Blue	Sivaloka Day
		Yogaswami Mahasamadhi	Dashami Until 8:25PM	Chaitra•Panguni	

2 Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Amsterdam, Netherlands Sun 25 Sutra 356
Kataka Rasi: 26.04	Tithi 11 – 12	Gulika 6:09AM – 7:48AM	Ashlesha* Until 12:24PM	Ganesha: Yellow <i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 2:24PM – 2:24PM	Shula* Until 2:20AM Sun	Muruqa: Orange <i>Sunset:</i> 7:22PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 9:27AM – 11:06AM	Vanija Until 7:15AM	Nataraja: Purple	4th Phase
Until 12:24PM				Moon – Blue	Sivaloka Day
Then Creative Work - Amrita Yoga			Ekadashi Until 5:54PM	Chaitra•Panguni	

3 Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Amsterdam, Netherlands Sun 26 Sutra 357
Simha Rasi: 10.39	Tithi 12 – 13	Gulika 4:04PM – 5:44PM	Magha* Until 10:19AM	Ganesha: White <i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 12:45PM – 2:04PM	Ganda* Until 10:29PM	Muruqa: Orange <i>Sunset:</i> 7:23PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	153933468 Rahu 5:44PM – 7:23PM	Kaulava Until 1:05AM Mon	Nataraja: Purple	4th Phase
Until 10:19AM				Moon – Red	Subha Sivaloka Day
Then Creative Work - Siddha Yoga			Dvadashi Until 2:47PM	Chaitra•Panguni	
			<i>Pradosha Vrata</i>		

4 Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Amsterdam, Netherlands Sun 27 Sutra 358
Simha Rasi: 25.37	Tithi 13 – 14	Gulika 2:25PM – 4:05PM	Purvaphalguni Until 7:38AM	Ganesha: Clear <i>Sunrise:</i> 6:04AM	Vikarin 5121
Family Home Evening		Yama 11:05AM – 12:45PM	Vriddhi Until 6:21PM	Muruqa: Orange <i>Sunset:</i> 7:25PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:44AM – 9:24AM	Gara Until 9:23PM	Nataraja: Purple	4th Phase
				Moon – Red	Sivaloka Day
			Trayodashi Until 11:15AM	Chaitra•Panguni	

○ Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Amsterdam, Netherlands Sutra 359
Copper Retreat Star		Gulika 12:44PM – 2:25PM	Hasta Until 1:34AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:02AM	Vikarin 5121
Kanya Rasi: 10.5	Tithi 14 – 15	Yama 9:23AM – 11:04AM	Dhruva Until 2:01PM	Muruqa: Orange <i>Sunset:</i> 7:27PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 4:06PM – 5:46PM	Bava Until 3:33AM Wed	Nataraja: Purple	Purnima
				Moon – Green	Devaloka Day
		Panguni Uttiram	Chaturdashi* Until 7:27AM	Chaitra•Panguni	
		Hanuman Jayanti			

Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Amsterdam, Netherlands Sutra 360
Silver Retreat Star		Gulika 11:03AM – 12:44PM	Chitra Until 10:33PM	Ganesha: Purple <i>Sunrise:</i> 6:00AM	Vikarin 5121
Kanya Rasi: 26.08	Tithi 16	Yama 7:41AM – 9:22AM	Vyaghata* Until 9:40AM	Muruqa: Clear <i>Sunset:</i> 7:28PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 12:44PM – 2:25PM	Balava Until 1:39PM	Nataraja: Purple	Prathama
				Moon – Green	Devaloka Day
			Prathama* Until 11:45PM	Chaitra•Panguni	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Amsterdam, Netherlands
Sutra 361

Tula Rasi: 11.21 Tithi 17

Gulika 9:21AM – 11:02AM
Yama 5:57AM – 7:39AM
164134468 **Rahu** 2:25PM – 4:07PM

Svati Until 7:39PM
Vajra* Until 1:28AM Fri
Taitila Until 9:57AM
Dvitiya Until 8:12PM

Ganesha: White *Sunrise:* 5:57AM
Muruqa: Clear *Sunset:* 7:30PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga
Until 7:39PM
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Amsterdam, Netherlands
Sun 1 Sutra 362

Tula Rasi: 26.19 Tithi 18 – 19

Gulika 7:37AM – 9:19AM
Yama 4:08PM – 5:50PM
174134468 **Rahu** 11:01AM – 12:44PM

Vishakha Until 5:27PM
Siddhi Until 9:54PM
Vanija Until 6:36AM
Tritiya Until 5:06PM

Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: Clear *Sunset:* 7:32PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Amsterdam, Netherlands
Sun 2 Sutra 363

Virchika Rasi: 10.53 Tithi 19 – 20

Gulika 5:53AM – 7:35AM
Yama 2:26PM – 4:08PM
174134468 **Rahu** 9:18AM – 11:01AM

Anuradha Until 3:43PM
Vyatipata* Until 6:51PM
Kaulava Until 1:36AM Sun
Chaturthi* Until 2:34PM

Ganesha: Yellow *Sunrise:* 5:53AM
Muruqa: Clear *Sunset:* 7:34PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Amsterdam, Netherlands
Sun 3 Sutra 364

Virchika Rasi: 24.59 Tithi 20 – 21

Gulika 4:09PM – 5:52PM
Yama 12:43PM – 2:26PM
174134468 **Rahu** 5:52PM – 7:35PM

Jyeshtha* Until 2:33PM
Varyani Until 4:23PM
Gara Until 12:12AM Mon
Panchami Until 12:47PM

Ganesha: Yellow *Sunrise:* 5:51AM
Muruqa: Clear *Sunset:* 7:35PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga
Until 2:33PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Amsterdam, Netherlands
Sun 4 Sutra 1

Dhanus Rasi: 8.37 Tithi 21 – 22

Family Home Evening

Gulika 2:26PM – 4:10PM
Yama 10:59AM – 12:43PM
184134468 **Rahu** 7:32AM – 9:16AM

Mula* Until 2:31PM
Parigha* Until 2:36PM
Visti Until 11:39PM
Shashthi* Until 11:48AM

Ganesha: Blue *Sunrise:* 5:48AM
Muruqa: Clear *Sunset:* 7:37PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga
Until 2:31PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Amsterdam, Netherlands
Sun 5 Sutra 2

Dhanus Rasi: 21.46 Tithi 22 – 23

Gulika 12:42PM – 2:27PM
Yama 9:14AM – 10:58AM
284134468 **Rahu** 4:11PM – 5:55PM

Purvashadha* Until 3:09PM
Shiva Until 1:30PM
Balava Until 11:57PM
Saptami Until 11:41AM

Ganesha: Yellow *Sunrise:* 5:46AM
Muruqa: Clear *Sunset:* 7:39PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Ashtami

Creative Work Siddha Yoga
Until 3:09PM
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Amsterdam, Netherlands
Sun 6 Sutra 3

Makara Rasi: 4.29 Tithi 23 – 24

Gulika 10:58AM – 12:42PM
Yama 7:29AM – 9:13AM
284134468 **Rahu** 12:42PM – 2:27PM

Uttarashadha Until 4:24PM
Siddha Until 1:00PM
Taitila Until 12:59AM Thu
Ashtami* Until 12:22PM

Ganesha: Yellow *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 7:41PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Navami

Creative Work Amrita Yoga
Until 4:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Amsterdam, Netherlands Sun 7 Sutra 4	
	Makara Rasi: 16.54	Tithi 24 – 25	Gulika 9:12AM – 10:57AM	Shravana Until 6:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:42AM	Sarvari 5122	
			Yama 5:42AM – 7:27AM	Sadhya Until 1:02PM	Muruqa: Clear	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 1	
	Creative Work	Siddha Yoga	294134468 Rahu 2:27PM – 4:12PM	Vanija Until 2:38AM Fri	Nataraja: Purple		2nd Phase	
		Chidambaram Abhishekam		Navami* Until 1:44PM	Chaitra+Chaitra	Devaloka Day		


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Amsterdam, Netherlands Sun 8 Sutra 5	
	Makara Rasi: 29.04	Tithi 25 – 26	Gulika 7:25AM – 9:11AM	Dhanishtha Until 9:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:40AM	Sarvari 5122	
			Yama 4:13PM – 5:58PM	Subha Until 1:30PM	Muruqa: Clear	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 1	
	Creative Work	Siddha Yoga	294134468 Rahu 10:56AM – 12:42PM	Bava Until 4:43AM Sat	Nataraja: Purple		2nd Phase	
				Dashami Until 3:37PM	Chaitra+Chaitra	Devaloka Day		

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Amsterdam, Netherlands Sun 9 Sutra 6	
	Kumbha Rasi: 11.05	Tithi 26 – 27	Gulika 5:37AM – 7:23AM	Shatabhishak Until 11:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	Sarvari 5122	
			Yama 2:28PM – 4:14PM	Sukla Until 2:12PM	Muruqa: Clear	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 1	
	Creative Work	Amrita Yoga	295134468 Rahu 9:09AM – 10:55AM	Kaulava Until 7:03AM Sun	Nataraja: Purple		2nd Phase	
		Until 11:46PM Then Routine Work - Marana Yoga		Ekadashi* Until 5:51PM	Chaitra+Chaitra	Sivaloka Day		

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Amsterdam, Netherlands Sun 10 Sutra 7	
	Kumbha Rasi: 22.59	Tithi 27	Gulika 4:14PM – 6:01PM	Purvaproshtapada* Until 2:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	Sarvari 5122	
			Yama 12:41PM – 2:28PM	Brahma Until 3:04PM	Muruqa: Clear	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 1	
	Creative Work	Siddha Yoga	215134468 Rahu 6:01PM – 7:47PM	Kaulava Until 7:03AM	Nataraja: Purple		2nd Phase	
				Dvadashi* Until 8:15PM	Chaitra+Chaitra	Sivaloka Day		

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Amsterdam, Netherlands Sun 11 Sutra 8	
	Meena Rasi: 4.52	Tithi 28	Gulika 2:28PM – 4:15PM	Uttaraproshtapada Until 5:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Sarvari 5122	
	Family Home Evening		Yama 10:54AM – 12:41PM	Indra Until 4:00PM	Muruqa: Clear	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 1	
	Creative Work	Siddha Yoga	215134468 Rahu 7:20AM – 9:07AM	Gara Until 9:30AM	Nataraja: Purple		2nd Phase	
				Trayodashi* Until 10:42PM	Chaitra+Chaitra	Sivaloka Day		
		<i>Pradosha Vrata (Fasting)</i>						

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Amsterdam, Netherlands Sun 12 Sutra 9	
	Meena Rasi: 16.44	Tithi 29	Gulika 12:41PM – 2:28PM	Revati Until 8:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Sarvari 5122	
			Yama 9:06AM – 10:53AM	Vaidhriti* Until 4:53PM	Muruqa: Clear	<i>Sunset:</i> 7:51PM	Moon 4 - Phase 1	
	Creative Work	Siddha Yoga	215134468 Rahu 4:16PM – 6:03PM	Visti Until 11:56AM	Nataraja: Purple		2nd Phase	
		Until 8:35AM Wed Then Routine Work - Marana Yoga		Chaturdashi* Until 1:06AM Wed	Chaitra+Chaitra	Sivaloka Day		

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Amsterdam, Netherlands Sun 13 Sutra 10	
	Retreat Star		Gulika 10:53AM – 12:41PM	Revati Until 8:35AM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Sarvari 5122	
	Meena Rasi: 28.37	Tithi 30	Yama 7:17AM – 9:05AM	Vishkambha* Until 5:43PM	Muruqa: Clear	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 1	
	Routine Work	Marana Yoga	215134468 Rahu 12:41PM – 2:29PM	Catuspada Until 2:17PM	Nataraja: Purple		Amavasya	
				Amavasya* Until 3:23AM Thu	Chaitra+Chaitra	Sivaloka Day		

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Amsterdam, Netherlands Sun 14 Sutra 11	
	Mesha Rasi: 10.34	Tithi 1	Gulika 9:04AM – 10:52AM	Ashvini Until 11:31AM	Ganesha: Red	<i>Sunrise:</i> 5:27AM	Sarvari 5122	
			Yama 5:27AM – 7:15AM	Priti Until 6:27PM	Muruqa: Clear	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 1	
	Creative Work	Amrita Yoga	225134468 Rahu 2:29PM – 4:17PM	Kintughna Until 4:29PM	Nataraja: Purple		Prathama	
		Until 11:31AM Then Creative Work - Siddha Yoga		Prathama* Until 5:29AM Fri	Vaisaka+Chaitra	Sivaloka Day		

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau				Amsterdam, Netherlands Sun 15 Sutra 12	
	Mesha Rasi: 22.35	Tithi 2	Gulika 7:14AM – 9:02AM	Bharani Until 2:06PM	Ganesha: Red	<i>Sunrise:</i> 5:25AM	Sarvari 5122	
			Yama 4:18PM – 6:07PM	Ayushman Until 6:59PM	Muruḡa: Clear	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 2	
	225134469	Rahu 10:51AM – 12:40PM	Balava Until 6:28PM	Dvitiya Until 7:21AM Sat	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Amsterdam, Netherlands Sun 16 Sutra 13	
	Wrishabha Rasi: 4.41	Tithi 2 – 3	Gulika 5:23AM – 7:12AM	Krittika Until 4:16PM	Ganesha: Red	<i>Sunrise:</i> 5:23AM	Sarvari 5122	
			Yama 2:30PM – 4:19PM	Saubhagya Until 7:19PM	Muruḡa: Clear	<i>Sunset:</i> 7:58PM	Moon 4 - Phase 2	
	225134469	Rahu 9:01AM – 10:51AM	Taitila Until 8:11PM	Dvitiya Until 7:21AM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Amsterdam, Netherlands Sun 17 Sutra 14	
	Wrishabha Rasi: 16.55	Tithi 3 – 4	Gulika 4:20PM – 6:10PM	Rohini Until 6:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	Sarvari 5122	
			Yama 12:40PM – 2:30PM	Sobhana Until 7:24PM	Muruḡa: Clear	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 2	
	235134469	Rahu 6:10PM – 7:59PM	Vanija Until 9:32PM	Tritiya Until 8:53AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra				

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Amsterdam, Netherlands Sun 18 Sutra 15	
	Wrishabha Rasi: 29.19	Tithi 4 – 5	Gulika 2:30PM – 4:20PM	Mrigashira Until 8:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	Sarvari 5122	
	Family Home Evening		Yama 10:50AM – 12:40PM	Athiganda* Until 7:07PM	Muruḡa: Clear	<i>Sunset:</i> 8:01PM	Moon 4 - Phase 2	
	235134469	Rahu 7:09AM – 8:59AM	Bava Until 10:27PM	Chaturthi* Until 10:02AM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Yellow		Devaloka Day		
Until 8:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Amsterdam, Netherlands Sun 19 Sutra 16	
	Mithuna Rasi: 11.56	Tithi 5 – 6	Gulika 12:40PM – 2:30PM	Ardra Until 8:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:17AM	Sarvari 5122	
			Yama 8:58AM – 10:49AM	Sukarma Until 6:27PM	Muruḡa: Clear	<i>Sunset:</i> 8:03PM	Moon 4 - Phase 2	
	236134469	Rahu 4:21PM – 6:12PM	Kaulava Until 10:49PM	Panchami Until 10:41AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga			Moon – Yellow		Bhuloka Day		
Until 8:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Amsterdam, Netherlands Sun 20 Sutra 17	
	Mithuna Rasi: 24.49	Tithi 6 – 7	Gulika 10:48AM – 12:40PM	Punarvasu Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:15AM	Sarvari 5122	
			Yama 7:06AM – 8:57AM	Dhriti Until 5:19PM	Muruḡa: Clear	<i>Sunset:</i> 8:04PM	Moon 4 - Phase 2	
	246134469	Rahu 12:40PM – 2:31PM	Gara Until 10:34PM	Shashthi* Until 10:45AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Amsterdam, Netherlands Sun 21 Sutra 18	
	Retreat Star		Gulika 8:56AM – 10:48AM	Pushya Until 9:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
	Kataka Rasi: 8.01	Tithi 7 – 8	Yama 5:13AM – 7:04AM	Shula* Until 3:39PM	Muruḡa: Clear	<i>Sunset:</i> 8:06PM	Moon 4 - Phase 2	
	246134469	Rahu 2:31PM – 4:23PM	Visti Until 9:40PM	Saptami Until 10:11AM	Nataraja: Clear		Ashtami	
Creative Work	Amrita Yoga			Moon – Blue		Devaloka Day		
Until 9:23PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Amsterdam, Netherlands Sun 22 Sutra 19	
	Retreat Star		Gulika 7:01AM – 8:54AM	Ashlesha* Until 8:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Sarvari 5122	
	Kataka Rasi: 21.34	Tithi 8 – 9	Yama 4:24PM – 6:17PM	Ganda* Until 1:27PM	Muruḡa: Clear	<i>Sunset:</i> 8:10PM	Moon 4 - Phase 2	
	246134469	Rahu 10:47AM – 12:39PM	Balava Until 8:06PM	Ashtami* Until 8:57AM	Nataraja: Clear		Navami	
Routine Work	Marana Yoga			Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Amsterdam, Netherlands Sun 23 Sutra 20	
Simha Rasi: 5.32	Tithi 9 – 10	Gulika 5:07AM – 7:00AM	Magha* Until 7:06PM	Ganesha: White	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 2:32PM – 4:25PM	Vriddhi Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 8:11PM	Moon 4 - Phase 3	
		256134469 Rahu 8:53AM – 10:46AM	Gara Until 4:36AM Sun	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 7:04AM	Moon – Red		Bhuloka Day	
Until 7:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Amsterdam, Netherlands Sun 24 Sutra 21	
Simha Rasi: 19.53	Tithi 11	Gulika 4:26PM – 6:19PM	Purvaphalguni Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 5:05AM	Sarvari 5122	
		Yama 12:39PM – 2:32PM	Dhruva Until 7:34AM	Muruqa: Clear	<i>Sunset:</i> 8:13PM	Moon 4 - Phase 3	
		256134469 Rahu 6:19PM – 8:13PM	Vanija Until 3:11PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 1:38AM Mon	Moon – Red		Bhuloka Day	
Until 5:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Amsterdam, Netherlands Sun 25 Sutra 22	
Kanya Rasi: 4.34	Tithi 12	Gulika 2:33PM – 4:27PM	Uttaraphalguni Until 2:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	Sarvari 5122	
Family Home Evening		Yama 10:45AM – 12:39PM	Harshana Until 12:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 8:15PM	Moon 4 - Phase 3	
		256234469 Rahu 6:57AM – 8:51AM	Bava Until 12:02PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:20PM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Amsterdam, Netherlands Sun 26 Sutra 23	
Kanya Rasi: 19.31	Tithi 13	Gulika 12:39PM – 2:33PM	Hasta Until 12:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Sarvari 5122	
		Yama 8:50AM – 10:44AM	Vajra* Until 8:09PM	Muruqa: Clear	<i>Sunset:</i> 8:16PM	Moon 4 - Phase 3	
		267234469 Rahu 4:28PM – 6:22PM	Kaulava Until 8:36AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:48PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			
				<i>Pradosha Vrata</i>			

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Amsterdam, Netherlands Sun 27 Sutra 24	
Tula Rasi: 4.34	Tithi 14 – 15	Gulika 10:44AM – 12:39PM	Chitra Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Sarvari 5122	
		Yama 6:54AM – 8:49AM	Siddhi Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 8:18PM	Moon 4 - Phase 3	
		267234469 Rahu 12:39PM – 2:34PM	Visti Until 1:29AM Thu	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:14PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Amsterdam, Netherlands Sun 27 Sutra 24	
Tula Rasi: 19.37	Tithi 15 – 16	Gulika 8:48AM – 10:43AM	Svati Until 6:28AM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Sarvari 5122	
		Yama 4:58AM – 6:53AM	Vyatipata* Until 12:09PM	Muruqa: Clear	<i>Sunset:</i> 8:20PM	Moon 4 - Phase 3	
		267234469 Rahu 2:34PM – 4:29PM	Balava Until 10:07PM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 11:45AM	Moon – Green		Devaloka Day	
Until 6:28AM		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Amsterdam, Netherlands Sun 26 Sutra 26	
Vrischika Rasi: 4.28	Tithi 16 – 17	Gulika 6:52AM – 8:47AM	Anuradha Until 2:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	Sarvari 5122	
		Yama 4:30PM – 6:26PM	Variyan Until 8:25AM	Muruqa: Clear	<i>Sunset:</i> 8:21PM	Moon 4 - Phase 3	
		277234469 Rahu 10:43AM – 12:39PM	Taitila Until 7:07PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:33AM	Moon – Orange		Bhuloka Day	
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda