



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Adana, Turkey
Sutra 7

Tula Rasi: 29.02 Tithi 17 – 18

Gulika 2:59PM – 4:39PM
Yama 11:38AM – 1:19PM
274483468 **Rahu** 4:39PM – 6:19PM

Vishakha Until 1:28PM
Vyatipata* Until 11:59PM
Vanija Until 8:23PM
Dvitiya Until 9:01AM

Ganesha: Blue *Sunrise:* 4:58AM
Muruqa: Yellow *Sunset:* 6:19PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Adana, Turkey
Sun 1 Sutra 8

Vrischika Rasi: 12.38 Tithi 18 – 19

Gulika 1:19PM – 2:59PM
Yama 9:58AM – 11:38AM
274483468 **Rahu** 6:37AM – 8:17AM

Anuradha Until 1:13PM
Variyan Until 10:23PM
Bava Until 7:39PM
Tritiya Until 7:54AM

Ganesha: Blue *Sunrise:* 4:57AM
Muruqa: Yellow *Sunset:* 6:20PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey
Sun 2 Sutra 9

Vrischika Rasi: 25.49 Tithi 19 – 20

Gulika 11:38AM – 1:19PM
Yama 8:17AM – 9:57AM
274483468 **Rahu** 2:59PM – 4:40PM

Jyeshtha* Until 1:35PM
Parigha* Until 9:27PM
Kaulava Until 7:43PM
Chaturthi* Until 7:33AM

Ganesha: Blue *Sunrise:* 4:55AM
Muruqa: Yellow *Sunset:* 6:21PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 1:35PM
Then Creative Work - Amrita Yoga

Devaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey
Sun 3 Sutra 10

Dhanus Rasi: 8.35 Tithi 20 – 21

Gulika 9:57AM – 11:38AM
Yama 6:35AM – 8:16AM
284483468 **Rahu** 11:38AM – 1:19PM

Mula* Until 3:04PM
Shiva Until 9:09PM
Gara Until 8:36PM
Panchami Until 8:02AM

Ganesha: Yellow *Sunrise:* 4:54AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 3:04PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey
Sun 4 Sutra 11

Dhanus Rasi: 21 Tithi 21 – 22

Gulika 8:15AM – 9:56AM
Yama 4:53AM – 6:34AM
284483469 **Rahu** 1:19PM – 3:00PM

Purvashadha* Until 5:08PM
Siddha Until 9:23PM
Visti Until 10:12PM
Shashthi* Until 9:18AM

Ganesha: Yellow *Sunrise:* 4:53AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 5:08PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey
Sun 5 Sutra 12

Makara Rasi: 3.08 Tithi 22 – 23

Gulika 6:33AM – 8:14AM
Yama 3:00PM – 4:42PM
284583469 **Rahu** 9:56AM – 11:37AM

Uttarashadha Until 7:35PM
Sadhya Until 10:04PM
Balava Until 12:22AM Sat
Saptami Until 11:13AM

Ganesha: Red *Sunrise:* 4:51AM
Muruqa: Yellow *Sunset:* 6:23PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey
Sun 6 Sutra 13

Makara Rasi: 15.04 Tithi 23 – 24

Gulika 4:50AM – 6:32AM
Yama 1:19PM – 3:01PM
294583469 **Rahu** 8:14AM – 9:56AM

Shravana Until 10:44PM
Subha Until 11:01PM
Taitila Until 2:51AM Sun
Ashtami* Until 1:34PM

Ganesha: Green *Sunrise:* 4:50AM
Muruqa: Yellow *Sunset:* 6:24PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Adana, Turkey Sun 7 Sutra 14
Makara Rasi: 26.54	Tithi 24 – 25	Gulika Yama	3:01PM – 4:43PM 11:37AM – 1:19PM	Dhanishtha Until 1:48AM Mon Sukla Until 12:01AM Mon Vanija Until 5:24AM Mon Navami* Until 4:06PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple	Sunrise: 4:49AM Sunset: 6:25PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	
Routine Work Marana Yoga Until 1:48AM Mon Then Creative Work - Siddha Yoga		294583469	Rahu 4:43PM – 6:25PM		Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2		Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti* Karana Dashamyam Titau				Adana, Turkey Sun 8 Sutra 15
Kumbha Rasi: 8.44	Tithi 25	Gulika Yama	1:19PM – 3:01PM 9:55AM – 11:37AM	Shatabhishak Until 4:34AM Tue Brahma Until 12:57AM Tue Visti Until 6:36PM Dashami Until 6:36PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple	Sunrise: 4:48AM Sunset: 6:26PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	
Family Home Evening Creative Work Siddha Yoga Until 4:34AM Tue Then Routine Work - Marana Yoga		294583469	Rahu 6:30AM – 8:12AM		Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Adana, Turkey Sun 9 Sutra 16
Kumbha Rasi: 20.37	Tithi 26	Gulika Yama	11:37AM – 1:19PM 8:12AM – 9:54AM	Purvaproshtapada* Until 7:21AM Wed Indra Until 1:39AM Wed Bava Until 7:46AM Ekadashi* Until 8:49PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 4:47AM Sunset: 6:27PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	
Routine Work Marana Yoga Until 7:21AM Wed Then Creative Work - Siddha Yoga		214583469	Rahu 3:02PM – 4:44PM		Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 17
Meena Rasi: 2.38	Tithi 27	Gulika Yama	9:54AM – 11:37AM 6:28AM – 8:11AM	Purvaproshtapada* Until 7:21AM Vaidhriti* Until 1:59AM Thu Kaulava Until 9:47AM Dvadashi* Until 10:36PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 4:46AM Sunset: 6:28PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	
Creative Work Amrita Yoga Until 7:21AM Then Creative Work - Siddha Yoga		214583469	Rahu 11:37AM – 1:19PM		Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 18
Meena Rasi: 14.5	Tithi 28	Gulika Yama	8:10AM – 9:54AM 4:44AM – 6:27AM	Uttaraproshtapada Until 9:31AM Vishkambha* Until 1:56AM Fri Gara Until 11:19AM Trayodashi* Until 11:52PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 4:44AM Sunset: 6:29PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	
Creative Work Siddha Yoga Until 11:01AM Then Creative Work - Amrita Yoga		215583469	Rahu 1:20PM – 3:03PM		Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

6		Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 19
Meena Rasi: 27.17	Tithi 29	Gulika Yama	6:27AM – 8:10AM 3:03PM – 4:46PM	Revati Until 11:01AM Priti Until 1:28AM Sat Visti Until 12:19PM Chaturdashi* Until 12:36AM Sat	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 4:43AM Sunset: 6:30PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase	
Creative Work Siddha Yoga Until 11:01AM Then Creative Work - Amrita Yoga		215583469	Rahu 9:53AM – 11:36AM		Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 20
Mesha Rasi: 9.57	Tithi 30	Gulika Yama	4:42AM – 6:26AM 1:20PM – 3:03PM	Ashvini Until 12:18PM Ayushman Until 12:34AM Sun Catuspada Until 12:47PM Amavasya* Until 12:47AM Sun	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 4:42AM Sunset: 6:30PM	Vikarin 5121 Moon 4 - Phase 3 Amavasya	
Creative Work Siddha Yoga		225583469	Rahu 8:09AM – 9:53AM		Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Retreat Star		Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Adana, Turkey Sun 14 Sutra 21
Mesha Rasi: 22.53	Tithi 1	Gulika Yama	3:04PM – 4:48PM 11:36AM – 1:20PM	Bharani Until 12:55PM Saubhagya Until 11:18PM Kintughna Until 12:43PM Prathama* Until 12:30AM Mon	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 4:41AM Sunset: 6:31PM	Vikarin 5121 Moon 4 - Phase 3 Prathama	
Routine Work Prabalarishta Yoga Until 12:55PM Then Creative Work - Siddha Yoga		225583469	Rahu 4:48PM – 6:31PM		Vaisaka+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Adana, Turkey Sun 15 Sutra 22
1		Gulika 1:20PM – 3:04PM	Krittika Until 12:58PM	Ganesha: Purple	<i>Sunrise:</i> 4:40AM	Vikarin 5121
Vrishabha Rasi: 6.02	Tithi 2	Yama 9:52AM – 11:36AM	Sobhana Until 9:43PM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:24AM – 8:08AM	Balava Until 12:13PM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 11:49PM	Moon – White	Bhuloka Day	
Until 12:58PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Adana, Turkey Sun 16 Sutra 23
2		Gulika 11:36AM – 1:20PM	Rohini Until 12:56PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:39AM	Vikarin 5121
Vrishabha Rasi: 19.25	Tithi 3	Yama 8:08AM – 9:52AM	Athiganda* Until 7:50PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 4
	235583469	Rahu 3:05PM – 4:49PM	Taitila Until 11:21AM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 10:46PM	Moon – Yellow	Bhuloka Day	
Until 12:56PM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau				Adana, Turkey Sun 17 Sutra 24
3		Gulika 9:52AM – 11:36AM	Mrigashira Until 12:27PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:38AM	Vikarin 5121
Mithuna Rasi: 2.59	Tithi 4	Yama 6:23AM – 8:07AM	Sukarma Until 5:44PM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 4
	235583469	Rahu 11:36AM – 1:21PM	Vanija Until 10:10AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 9:27PM	Moon – Yellow	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Adana, Turkey Sun 18 Sutra 25
4		Gulika 8:07AM – 9:51AM	Ardra Until 11:35AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:37AM	Vikarin 5121
Mithuna Rasi: 16.41	Tithi 5	Yama 4:37AM – 6:22AM	Dhriti Until 3:28PM	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 4
	235583469	Rahu 1:21PM – 3:05PM	Bava Until 8:43AM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Panchami Until 7:54PM	Moon – Yellow	Bhuloka Day	
Until 11:35AM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Adana, Turkey Sun 19 Sutra 26
5		Gulika 6:21AM – 8:06AM	Punarvasu Until 10:48AM	Ganesha: Orange	<i>Sunrise:</i> 4:36AM	Vikarin 5121
Kataka Rasi: 0.32	Tithi 6	Yama 3:06PM – 4:51PM	Shula* Until 12:59PM	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 4
	245583469	Rahu 9:51AM – 11:36AM	Kaulava Until 7:04AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 6:09PM	Moon – Blue	Devaloka Day	
Until 10:48AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Adana, Turkey Sun 20 Sutra 27
6		Gulika 4:35AM – 6:20AM	Pushya Until 9:40AM	Ganesha: Orange	<i>Sunrise:</i> 4:35AM	Vikarin 5121
Kataka Rasi: 14.31	Tithi 7 – 8	Yama 1:21PM – 3:06PM	Ganda* Until 10:22AM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 4
	245583469	Rahu 8:06AM – 9:51AM	Visti Until 3:11AM Sun	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 4:12PM	Moon – Blue	Devaloka Day	
Until 9:40AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Adana, Turkey Sun 21 Sutra 28
Retreat Star		Gulika 3:07PM – 4:52PM	Ashlesha* Until 8:14AM	Ganesha: Clear	<i>Sunrise:</i> 4:34AM	Vikarin 5121
Kataka Rasi: 28.35	Tithi 8 – 9	Yama 11:36AM – 1:21PM	Vridhhi Until 7:38AM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 4
	246583469	Rahu 4:52PM – 6:37PM	Balava Until 1:00AM Mon	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 2:05PM	Moon – Blue	Devaloka Day	
Until 8:14AM		Mother's Day		Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Adana, Turkey Sun 22 Sutra 29
Retreat Star		Gulika 1:21PM – 3:07PM	Magha* Until 6:55AM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Vikarin 5121
Simha Rasi: 12.46	Tithi 9 – 10	Yama 9:50AM – 11:36AM	Vyaghata* Until 1:46AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 4
	256583469	Rahu 6:19AM – 8:05AM	Taitila Until 10:41PM	Nataraja: Clear		Navami
Family Home Evening			Navami* Until 11:50AM	Moon – Red	Bhuloka Day	
Routine Work Marana Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Until 6:55AM						
Then Creative Work - Siddha Yoga						

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey Sun 23 Sutra 30
Simha Rasi: 27.02	Tithi 10 – 11	Gulika	11:36AM – 1:22PM	Uttaraphalguni Until 3:37AM Wed	Ganesha: White	<i>Sunrise: 4:32AM</i>	Vikarin 5121	
		Yama	8:04AM – 9:50AM	Harshana Until 10:45PM	Muruqa: Yellow	<i>Sunset: 6:39PM</i>	Moon 4 - Phase 5	
		266583469 Rahu	3:07PM – 4:53PM	Vanija Until 8:19PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga			Dashami Until 9:29AM	Moon – Red		Bhuloka Day	
Until 3:37AM Wed					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau				Adana, Turkey Sun 24 Sutra 31
Kanya Rasi: 11.19	Tithi 11 – 12	Gulika	9:50AM – 11:36AM	Hasta Until 2:11AM Thu	Ganesha: Yellow	<i>Sunrise: 4:32AM</i>	Vikarin 5121	
		Yama	6:18AM – 8:04AM	Vajra* Until 7:44PM	Muruqa: Yellow	<i>Sunset: 6:40PM</i>	Moon 4 - Phase 5	
		266583469 Rahu	11:36AM – 1:22PM	Balava Until 4:45AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 7:06AM	Moon – Green		Devaloka Day	
Until 2:11AM Thu					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 25 Sutra 32
Kanya Rasi: 25.35	Tithi 13	Gulika	8:03AM – 9:50AM	Chitra Until 12:45AM Fri	Ganesha: Yellow	<i>Sunrise: 4:31AM</i>	Vikarin 5121	
		Yama	4:31AM – 6:17AM	Siddhi Until 4:49PM	Muruqa: Yellow	<i>Sunset: 6:41PM</i>	Moon 4 - Phase 5	
		266583469 Rahu	1:22PM – 3:08PM	Kaulava Until 3:39PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 2:34AM Fri	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			
					<i>Pradosha Vrata</i>			

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 26 Sutra 33
Tula Rasi: 9.44	Tithi 14	Gulika	6:16AM – 8:03AM	Svati Until 11:26PM	Ganesha: Yellow	<i>Sunrise: 4:30AM</i>	Vikarin 5121	
		Yama	3:09PM – 4:55PM	Vyatipata* Until 2:05PM	Muruqa: Yellow	<i>Sunset: 6:42PM</i>	Moon 4 - Phase 5	
		266583469 Rahu	9:49AM – 11:36AM	Gara Until 1:35PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:39AM Sat	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sun 27 Sutra 34
Copper Retreat Star		Gulika	4:29AM – 6:16AM	Vishakha Until 10:48PM	Ganesha: Blue	<i>Sunrise: 4:29AM</i>	Vikarin 5121	
Tula Rasi: 23.42	Tithi 15	Yama	1:23PM – 3:09PM	Variyan Until 11:37AM	Muruqa: Yellow	<i>Sunset: 6:42PM</i>	Moon 4 - Phase 5	
		266583469 Rahu	8:03AM – 9:49AM	Visti Until 11:52AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 11:09PM	Moon – Orange		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Sunday, May 19, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey Sun 28 Sutra 35
Silver Retreat Star		Gulika	3:10PM – 4:56PM	Anuradha Until 10:33PM	Ganesha: Yellow	<i>Sunrise: 4:29AM</i>	Vikarin 5121	
Vrischika Rasi: 7.23	Tithi 16	Yama	11:36AM – 1:23PM	Parigha* Until 9:32AM	Muruqa: Yellow	<i>Sunset: 6:43PM</i>	Moon 4 - Phase 5	
		277583469 Rahu	4:56PM – 6:43PM	Balava Until 10:36AM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga			Prathama* Until 10:10PM	Moon – Orange		Devaloka Day	
					Vaisaka-Vaikasi			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.46 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 1:23PM – 3:10PM
Yama 9:49AM – 11:36AM
Rahu 6:15AM – 8:02AM

Jyeshtha* Until 10:47PM
Shiva Until 7:56AM
Tailila Until 9:56AM
Dvitiya Until 9:49PM

Adana, Turkey
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:28AM
Muruqa: Yellow *Sunset:* 6:44PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.47 Tithi 18

Creative Work Amrita Yoga
Until 11:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 11:36AM – 1:23PM
Yama 8:02AM – 9:49AM
Rahu 3:10PM – 4:58PM

Mula* Until 11:59PM
Siddha Until 6:50AM
Vanija Until 9:55AM
Tritya Until 10:10PM

Adana, Turkey
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:27AM
Muruqa: Yellow *Sunset:* 6:45PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.28 Tithi 19

Creative Work Amrita Yoga
Until 1:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 9:49AM – 11:36AM
Yama 6:14AM – 8:01AM
Rahu 11:36AM – 1:23PM

Purvashadha* Until 1:43AM Thu
Sadhya Until 6:18AM
Bava Until 10:37AM
Chaturthi* Until 11:12PM

Adana, Turkey
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:26AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 28.5 Tithi 20

Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 8:01AM – 9:49AM
Yama 4:26AM – 6:13AM
Rahu 1:24PM – 3:11PM

Uttarashadha Until 3:52AM Fri
Subha Until 6:19AM
Kaulava Until 11:59AM
Panchami Until 12:51AM Fri

Adana, Turkey
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:26AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 10.58 Tithi 21

Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:13AM – 8:01AM
Yama 3:12PM – 5:00PM
Rahu 9:48AM – 11:36AM

Shravana Until 6:47AM Sat
Sukla Until 6:45AM
Gara Until 1:54PM
Shashthi* Until 2:59AM Sat

Adana, Turkey
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:25AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 22.56 Tithi 22

Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:25AM – 6:13AM
Yama 1:24PM – 3:12PM
Rahu 8:00AM – 9:48AM

Shravana Until 6:47AM
Brahma Until 7:31AM
Visti Until 4:11PM
Saptami Until 5:22AM Sun

Adana, Turkey
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:25AM
Muruqa: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 4.49 Tithi 23

Routine Work Marana Yoga
Until 9:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Indra/Vaidhriti* Yoga Balava Karana Ashtamyam Titau

Gulika 3:13PM – 5:01PM
Yama 11:36AM – 1:24PM
Rahu 5:01PM – 6:49PM

Dhanishtha Until 9:44AM
Indra Until 8:29AM
Balava Until 6:37PM
Ashtami* Until 7:47AM Mon

Adana, Turkey
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:24AM
Muruqa: Yellow *Sunset:* 6:49PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 16.4 Tithi 23 – 24

Family Home Evening
Creative Work Siddha Yoga
Until 12:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shalabhishak/Purvaprossthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gulika 1:25PM – 3:13PM
Yama 9:48AM – 11:37AM
Rahu 6:12AM – 8:00AM

Shatabhishak Until 12:32PM
Vaidhriti* Until 9:25AM
Tailila Until 8:57PM
Ashtami* Until 7:47AM

Adana, Turkey
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Blue *Sunrise:* 4:24AM
Muruqa: Yellow *Sunset:* 6:50PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi


1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Adana, Turkey Sun 9 Sutra 44
Kumbha Rasi: 28.36	Tithi 24 – 25	Gulika 11:37AM – 1:25PM	Purvaproshtapada* Until 3:26PM	Ganesha: Purple	<i>Sunrise:</i> 4:23AM	Vikarin 5121	
		Yama 8:00AM – 9:48AM	Vishkambha* Until 10:12AM	Muruqa: Yellow	<i>Sunset:</i> 6:50PM	Moon 5 - Phase 7	
		318683469 Rahu 3:13PM – 5:02PM	Vanija Until 11:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 10:00AM	Moon – Clear		Sivaloka Day	
Until 3:26PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Adana, Turkey Sun 10 Sutra 45
Meena Rasi: 10.4	Tithi 25 – 26	Gulika 9:48AM – 11:37AM	Uttaraproshtapada Until 5:45PM	Ganesha: Purple	<i>Sunrise:</i> 4:23AM	Vikarin 5121	
		Yama 6:11AM – 8:00AM	Priti Until 10:43AM	Muruqa: Yellow	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		318683469 Rahu 11:37AM – 1:25PM	Bava Until 12:34AM Thu	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:50AM	Moon – Clear		Sivaloka Day	
Until 5:45PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Adana, Turkey Sun 11 Sutra 46
Meena Rasi: 22.57	Tithi 26 – 27	Gulika 7:59AM – 9:48AM	Revati Until 7:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:22AM	Vikarin 5121	
		Yama 4:22AM – 6:11AM	Ayushman Until 10:47AM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7	
		318683469 Rahu 1:26PM – 3:14PM	Kaulava Until 1:33AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 1:07PM	Moon – Clear		Sivaloka Day	
Until 7:22PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Adana, Turkey Sun 12 Sutra 47
Mesha Rasi: 5.29	Tithi 27 – 28	Gulika 6:11AM – 7:59AM	Ashvini Until 8:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM	Vikarin 5121	
		Yama 3:15PM – 5:03PM	Saubhagya Until 10:23AM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7	
		328683469 Rahu 9:48AM – 11:37AM	Gara Until 1:54AM Sat	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:47PM	Moon – White		Devaloka Day	
Until 8:42PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey Sun 13 Sutra 48
Mesha Rasi: 18.2	Tithi 28 – 29	Gulika 4:21AM – 6:10AM	Bharani Until 9:14PM	Ganesha: White	<i>Sunrise:</i> 4:21AM	Vikarin 5121	
		Yama 1:26PM – 3:15PM	Sobhana Until 9:30AM	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 5 - Phase 7	
		329683469 Rahu 7:59AM – 9:48AM	Visti Until 1:37AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:49PM	Moon – White		Bhuloka Day	
Until 9:14PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Adana, Turkey Sun 14 Sutra 49
Retreat Star		Gulika 3:15PM – 5:05PM	Krittika Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 4:21AM	Vikarin 5121	
Vrishabha Rasi: 1.3	Tithi 29 – 30	Yama 11:37AM – 1:26PM	Athiganda* Until 8:05AM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 7	
		329683469 Rahu 5:05PM – 6:54PM	Catuspada Until 12:44AM Mon	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:14PM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Adana, Turkey Sun 15 Sutra 50
Vrishabha Rasi: 14.58	Tithi 30 – 1	Gulika 1:27PM – 3:16PM	Rohini Until 8:37PM	Ganesha: Green	<i>Sunrise:</i> 4:21AM	Vikarin 5121	
Family Home Evening		Yama 9:48AM – 11:37AM	Sukarma Until 6:14AM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 7	
		339683469 Rahu 6:10AM – 7:59AM	Kintughna Until 11:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 12:05PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Adana, Turkey Sun 16 Sutra 51 Vikarin 5121
339683469	Gulika 11:38AM – 1:27PM Yama 7:59AM – 9:48AM Rahu 3:16PM – 5:06PM	Mrigashira Until 7:39PM Shula* Until 1:28AM Wed Balava Until 9:35PM Prathama* Until 10:30AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:20AM Sunset: 6:55PM	Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Vishabha Rasi: 28.44 Tithi 1 – 2		Creative Work Siddha Yoga Until 7:39PM Then Routine Work - Marana Yoga			

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Adana, Turkey Sun 17 Sutra 52 Vikarin 5121
339683461	Gulika 9:48AM – 11:38AM Yama 6:09AM – 7:59AM Rahu 11:38AM – 1:27PM	Ardra Until 6:14PM Ganda* Until 10:42PM Taitila Until 7:31PM Dvitiya Until 8:34AM	Ganesha: Green Muruqa: Yellow Nataraja: Yellow Moon – Yellow	Sunrise: 4:20AM Sunset: 6:55PM	Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 12.43 Tithi 2 – 3		Creative Work Siddha Yoga			

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau	Adana, Turkey Sun 18 Sutra 53 Vikarin 5121
349683461	Gulika 7:59AM – 9:48AM Yama 4:20AM – 6:09AM Rahu 1:27PM – 3:17PM	Punarvasu Until 4:55PM Vridhi Until 7:48PM Visti Until 4:04AM Fri Tritiya Until 6:23AM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 4:20AM Sunset: 6:56PM	Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 26.51 Tithi 3 – 4		Creative Work Amrita Yoga			

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Adana, Turkey Sun 19 Sutra 54 Vikarin 5121
349683461	Gulika 6:09AM – 7:59AM Yama 3:17PM – 5:07PM Rahu 9:48AM – 11:38AM	Pushya Until 3:21PM Dhruva Until 4:49PM Bava Until 2:54PM Panchami Until 1:42AM Sat	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 4:20AM Sunset: 6:57PM	Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Kataka Rasi: 11.05 Tithi 5		Routine Work Marana Yoga			

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Adana, Turkey Sun 20 Sutra 55 Vikarin 5121
349683461	Gulika 4:19AM – 6:09AM Yama 1:28PM – 3:18PM Rahu 7:59AM – 9:49AM	Ashlesha* Until 1:38PM Vyaghata* Until 1:50PM Kaulava Until 12:32PM Shashthi* Until 11:20PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 4:19AM Sunset: 6:57PM	Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Kataka Rasi: 25.22 Tithi 6		Routine Work Marana Yoga Until 1:38PM Then Creative Work - Amrita Yoga			

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Adana, Turkey Sun 21 Sutra 56 Vikarin 5121
351683461	Gulika 3:18PM – 5:08PM Yama 11:38AM – 1:28PM Rahu 5:08PM – 6:58PM	Magha* Until 12:14PM Harshana Until 10:53AM Gara Until 10:12AM Saptami Until 9:03PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:19AM Sunset: 6:58PM	Moon 5 - Phase 8 3rd Phase Devaloka Day
Simha Rasi: 9.37 Tithi 7		Routine Work Marana Yoga Until 12:14PM Then Creative Work - Siddha Yoga			

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Adana, Turkey Sun 22 Sutra 57 Vikarin 5121
351683461	Gulika 1:29PM – 3:18PM Yama 9:49AM – 11:39AM Rahu 6:09AM – 7:59AM	Purvaphalguni Until 10:48AM Vajra* Until 8:00AM Visti Until 7:58AM Ashtami* Until 6:52PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:19AM Sunset: 6:58PM	Moon 5 - Phase 8 Ashtami Devaloka Day
Simha Rasi: 23.49 Tithi 8		Creative Work Siddha Yoga			


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Adana, Turkey Sun 23 Sutra 58 Vikarin 5121
351683461	Gulika 11:39AM – 1:29PM Yama 7:59AM – 9:49AM Rahu 3:19PM – 5:09PM	Uttaraphalguni Until 9:21AM Vyatipata* Until 2:36AM Wed Taitila Until 3:53AM Wed Navami* Until 4:49PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:19AM Sunset: 6:59PM	Moon 5 - Phase 8 Navami Devaloka Day
Kanya Rasi: 7.56 Tithi 9 – 10		Creative Work Amrita Yoga Until 9:21AM Then Creative Work - Siddha Yoga			

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau		Adana, Turkey Sun 24 Sutra 59	
Kanya Rasi: 21.58	Tithi 10 – 11	Gulika	9:49AM – 11:39AM	Hasta Until 8:21AM	Ganesha: White	<i>Sunrise: 4:19AM</i>	Vikarin 5121
		Yama	6:09AM – 7:59AM	Variyan Until 12:07AM Thu	Muruqa: Yellow	<i>Sunset: 6:59PM</i>	Moon 5 - Phase 9
		Rahu	11:39AM – 1:29PM	Varija Until 2:08AM Thu	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga			Dashami Until 2:58PM	Moon – Green	Bhuloka Day	
Until 8:21AM					Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 25 Sutra 60	
Tula Rasi: 5.5	Tithi 11 – 12	Gulika	7:59AM – 9:49AM	Chitra Until 7:25AM	Ganesha: White	<i>Sunrise: 4:19AM</i>	Vikarin 5121
		Yama	4:19AM – 6:09AM	Parigha* Until 9:51PM	Muruqa: Yellow	<i>Sunset: 7:00PM</i>	Moon 5 - Phase 9
		Rahu	1:29PM – 3:19PM	Bava Until 12:39AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 1:20PM	Moon – Green	Bhuloka Day	
Until 7:25AM					Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Adana, Turkey Sun 26 Sutra 61	
Tula Rasi: 19.33	Tithi 12 – 13	Gulika	6:09AM – 7:59AM	Svati Until 6:37AM	Ganesha: White	<i>Sunrise: 4:19AM</i>	Vikarin 5121
		Yama	3:20PM – 5:10PM	Shiva Until 7:52PM	Muruqa: Blue	<i>Sunset: 7:00PM</i>	Moon 5 - Phase 9
		Rahu	9:49AM – 11:39AM	Kaulava Until 11:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 12:00PM	Moon – Green	Devaloka Day	
		Vaikasi Visakam			Jyeshtha-Vaikasi		
				<i>Pradosha Vrata</i>			

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 27 Sutra 62	
Vrischika Rasi: 3.04	Tithi 13 – 14	Gulika	4:19AM – 6:09AM	Vishakha Until 6:27AM	Ganesha: White	<i>Sunrise: 4:19AM</i>	Vikarin 5121
		Yama	1:30PM – 3:20PM	Siddha Until 6:09PM	Muruqa: Blue	<i>Sunset: 7:00PM</i>	Moon 5 - Phase 9
		Rahu	7:59AM – 9:50AM	Gara Until 10:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 11:01AM	Moon – Orange	Subha Sivaloka Day	
					Jyeshtha-Ani		

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau		Adana, Turkey Sutra 63	
Copper Retreat Star		Gulika	3:20PM – 5:11PM	Anuradha Until 6:33AM	Ganesha: White	<i>Sunrise: 4:19AM</i>	Vikarin 5121
Vrischika Rasi: 16.21	Tithi 14 – 15	Yama	11:40AM – 1:30PM	Sadhya Until 4:49PM	Muruqa: Blue	<i>Sunset: 7:01PM</i>	Moon 5 - Phase 9
		Rahu	5:11PM – 7:01PM	Visti Until 10:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga			Chaturdashi* Until 10:29AM	Moon – Orange	Subha Sivaloka Day	
		Father's Day			Jyeshtha-Ani		

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Adana, Turkey Sutra 64	
Vrischika Rasi: 29.22	Tithi 15 – 16	Gulika	1:30PM – 3:21PM	Jyeshtha* Until 6:59AM	Ganesha: White	<i>Sunrise: 4:19AM</i>	Vikarin 5121
Family Home Evening		Yama	9:50AM – 11:40AM	Subha Until 3:55PM	Muruqa: Blue	<i>Sunset: 7:01PM</i>	Moon 5 - Phase 9
		Rahu	6:09AM – 8:00AM	Balava Until 10:39PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga			Purnima* Until 10:27AM	Moon – Orange	Subha Sivaloka Day	
					Jyeshtha-Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Adana, Turkey
Sutra 65

Dhanus Rasi: 12.08 Tithi 16 – 17

381793461

Gulika 11:40AM – 1:31PM
Yama 8:00AM – 9:50AM
Rahu 3:21PM – 5:11PM

Mula* Until 8:16AM
Sukla Until 3:26PM
Taitila Until 11:28PM
Prathama* Until 10:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:19AM
Sunset: 7:01PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Adana, Turkey
Sun 1 Sutra 66

Dhanus Rasi: 24.37 Tithi 17 – 18

382793461

Gulika 9:50AM – 11:41AM
Yama 6:10AM – 8:00AM
Rahu 11:41AM – 1:31PM

Purvashadha* Until 9:57AM
Brahma Until 3:24PM
Vanija Until 12:49AM Thu
Dvitiya Until 12:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:19AM
Sunset: 7:02PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Trilya/Chatrthyam Titau

Adana, Turkey
Sun 2 Sutra 67

Makara Rasi: 6.53 Tithi 18 – 19

382793461

Gulika 8:00AM – 9:50AM
Yama 4:20AM – 6:10AM
Rahu 1:31PM – 3:21PM

Uttarashadha Until 11:59AM
Indra Until 3:47PM
Bava Until 2:40AM Fri
Tritiya Until 1:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 7:02PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey
Sun 3 Sutra 68

Makara Rasi: 18.57 Tithi 19 – 20

392793461

Gulika 6:10AM – 8:00AM
Yama 3:22PM – 5:12PM
Rahu 9:51AM – 11:41AM

Shravana Until 2:46PM
Vaidhriti* Until 4:27PM
Kaulava Until 4:51AM Sat
Chaturthi* Until 3:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 7:02PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 2:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vishkambha*/Priti Yoga Taitila Karana Panchamyam Titau

Adana, Turkey
Sun 4 Sutra 69

Kumbha Rasi: 0.53 Tithi 20

392793461

Gulika 4:20AM – 6:10AM
Yama 1:31PM – 3:22PM
Rahu 8:01AM – 9:51AM

Dhanishtha Until 5:39PM
Vishkambha* Until 5:21PM
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 7:02PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey
Sun 5 Sutra 70

Kumbha Rasi: 12.46 Tithi 21

392793461

Gulika 3:22PM – 5:12PM
Yama 11:41AM – 1:32PM
Rahu 5:12PM – 7:03PM

Shatabhishak Until 8:27PM
Priti Until 6:20PM
Gara Until 7:13AM
Shashthi* Until 8:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 7:03PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Adana, Turkey
Sun 6 Sutra 71

Kumbha Rasi: 24.38 Tithi 22

312793461

Gulika 1:32PM – 3:22PM
Yama 9:51AM – 11:42AM
Rahu 6:11AM – 8:01AM

Purvaproshtapada* Until 11:29PM
Ayushman Until 7:12PM
Visti Until 9:35AM
Saptami Until 10:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 7:03PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

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Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey
Sun 7 Sutra 72

Meena Rasi: 6.35 Tithi 23

312793461

Gulika 11:42AM – 1:32PM
Yama 8:01AM – 9:52AM
Rahu 3:22PM – 5:13PM

Uttaraproshtapada Until 2:03AM Wed
Saubhagya Until 7:53PM
Balava Until 11:45AM
Ashtami* Until 12:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:21AM
Sunset: 7:03PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 2:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey
Sun 8 Sutra 73

Meena Rasi: 18.4 Tithi 24

312793461

Gulika 9:52AM – 11:42AM
Yama 6:11AM – 8:02AM
Rahu 11:42AM – 1:32PM

Revati Until 3:59AM Thu
Sobhana Until 8:14PM
Taitila Until 1:31PM
Navami* Until 2:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:21AM
Sunset: 7:03PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time

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1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Adana, Turkey Sun 16 Sutra 81
Kataka Rasi: 6.17	Tithi 2 – 3	Gulika 8:04AM – 9:54AM	Pushya Until 10:58PM	Ganesha: Yellow <i>Sunrise:</i> 4:24AM	Vikarin 5121
		Yama 4:24AM – 6:14AM	Harshana Until 1:19AM Fri	Muruqa: Blue <i>Sunset:</i> 7:03PM	Moon 6 - Phase 12
		343793461 Rahu 1:33PM – 3:23PM	Taitila Until 2:10AM Fri	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:39PM	Moon – Blue	Sivaloka Day
Until 10:58PM				Ashada*Ani	
Then Creative Work - Siddha Yoga					

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Adana, Turkey Sun 17 Sutra 82
Kataka Rasi: 20.58	Tithi 3 – 4	Gulika 6:15AM – 8:04AM	Ashlesha* Until 8:37PM	Ganesha: Yellow <i>Sunrise:</i> 4:25AM	Vikarin 5121
		Yama 3:23PM – 5:13PM	Vajra* Until 9:45PM	Muruqa: Blue <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12
		343793461 Rahu 9:54AM – 11:44AM	Vanija Until 11:08PM	Nataraja: Yellow	3rd Phase
Routine Work	Marana Yoga		Tritiya Until 12:37PM	Moon – Blue	Sivaloka Day
				Ashada*Ani	

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Adana, Turkey Sun 18 Sutra 83
Simha Rasi: 5.38	Tithi 4 – 5	Gulika 4:25AM – 6:15AM	Magha* Until 6:37PM	Ganesha: White <i>Sunrise:</i> 4:25AM	Vikarin 5121
		Yama 1:33PM – 3:23PM	Siddhi Until 6:17PM	Muruqa: Blue <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12
		353793461 Rahu 8:05AM – 9:54AM	Bava Until 8:11PM	Nataraja: Yellow	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 9:37AM	Moon – Red	Subha Sivaloka Day
Until 6:37PM				Ashada*Ani	
Then Creative Work - Siddha Yoga					

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Taitila Karana Panchami/Shashthyam Titau	Adana, Turkey Sun 19 Sutra 84
Simha Rasi: 20.13	Tithi 5 – 6	Gulika 3:23PM – 5:12PM	Purvaphalguni Until 4:40PM	Ganesha: Yellow <i>Sunrise:</i> 4:26AM	Vikarin 5121
		Yama 11:44AM – 1:33PM	Vyatipata* Until 2:59PM	Muruqa: Blue <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12
		453793461 Rahu 5:12PM – 7:02PM	Taitila Until 4:10AM Mon	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:46AM	Moon – Red	Sivaloka Day
Until 4:40PM				Ashada*Ani	
Then Creative Work - Amrita Yoga					

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau	Adana, Turkey Sun 20 Sutra 85
Kanya Rasi: 4.38	Tithi 7	Gulika 1:34PM – 3:23PM	Uttaraphalguni Until 2:52PM	Ganesha: Yellow <i>Sunrise:</i> 4:27AM	Vikarin 5121
Family Home Evening		Yama 9:55AM – 11:44AM	Variyan Until 11:53AM	Muruqa: Blue <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12
		453793461 Rahu 6:16AM – 8:05AM	Gara Until 3:00PM	Nataraja: Yellow	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:53AM Tue	Moon – Red	Sivaloka Day
		Chidambaram Abhishekam		Ashada*Ani	

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau	Adana, Turkey Sun 21 Sutra 86
Kanya Rasi: 18.49	Tithi 8	Gulika 11:44AM – 1:34PM	Hasta Until 1:43PM	Ganesha: White <i>Sunrise:</i> 4:27AM	Vikarin 5121
		Yama 8:06AM – 9:55AM	Parigha* Until 9:06AM	Muruqa: Blue <i>Sunset:</i> 7:01PM	Moon 6 - Phase 12
		463793461 Rahu 3:23PM – 5:12PM	Visti Until 12:54PM	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:00AM Wed	Moon – Green	Subha Sivaloka Day
				Ashada*Ani	

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau	Adana, Turkey Sun 22 Sutra 87
Tula Rasi: 2.44	Tithi 9	Gulika 9:55AM – 11:44AM	Chitra Until 12:50PM	Ganesha: Yellow <i>Sunrise:</i> 4:28AM	Vikarin 5121
		Yama 6:17AM – 8:06AM	Shiva Until 6:39AM	Muruqa: Blue <i>Sunset:</i> 7:01PM	Moon 6 - Phase 12
		463893461 Rahu 11:44AM – 1:34PM	Balava Until 11:14AM	Nataraja: Yellow	Navami
Creative Work	Siddha Yoga		Navami* Until 10:32PM	Moon – Green	Sivaloka Day
				Ashada*Ani	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 88
	Tula Rasi: 16.23	Tithi 10	Gulika 8:06AM – 9:56AM	Svati Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:28AM	Vikarin 5121
			Yama 4:28AM – 6:17AM	Sadhya Until 2:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 13
	463893461		Rahu 1:34PM – 3:23PM	Taitila Until 10:00AM	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Dashami Until 9:32PM	Moon – Green		Sivaloka Day	
	Until 12:15PM			Ashada*Ani			
	Then Creative Work - Siddha Yoga						

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 89
	Tula Rasi: 29.47	Tithi 11	Gulika 6:18AM – 8:07AM	Vishakha Until 12:25PM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Vikarin 5121
			Yama 3:23PM – 5:11PM	Subha Until 1:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13
	473893461		Rahu 9:56AM – 11:45AM	Vanija Until 9:13AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:00PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 90
	Vrischika Rasi: 12.55	Tithi 12	Gulika 4:30AM – 6:18AM	Anuradha Until 12:54PM	Ganesha: White	<i>Sunrise:</i> 4:30AM	Vikarin 5121
			Yama 1:34PM – 3:22PM	Sukla Until 12:29AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13
	473893461		Rahu 8:07AM – 9:56AM	Bava Until 8:56AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:56PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 91
	Vrischika Rasi: 25.49	Tithi 13	Gulika 3:22PM – 5:11PM	Jyeshtha* Until 1:43PM	Ganesha: White	<i>Sunrise:</i> 4:30AM	Vikarin 5121
			Yama 11:45AM – 1:34PM	Brahma Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13
	473893461		Rahu 5:11PM – 7:00PM	Kaulava Until 9:07AM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 9:22PM	Moon – Orange		Devaloka Day	
	Until 1:43PM			Ashada*Ani			
	Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 92
	Dhanus Rasi: 8.28	Tithi 14	Gulika 1:34PM – 3:22PM	Mula* Until 3:18PM	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	Vikarin 5121
			Yama 9:57AM – 11:45AM	Indra Until 11:41PM	Muruqa: Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	483893461		Rahu 6:20AM – 8:08AM	Gara Until 9:47AM	Nataraja: Yellow		4th Phase
Family Home Evening	Siddha Yoga		Chaturdashi* Until 10:16PM	Moon – Light Blue		Sivaloka Day	
	Until 3:18PM			Ashada*Ani			
	Then Routine Work - Marana Yoga						

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sun 27 Sutra 93
	Dhanus Rasi: 20.55	Tithi 15	Gulika 11:45AM – 1:33PM	Purvashadha* Until 5:10PM	Ganesha: Clear	<i>Sunrise:</i> 4:32AM	Vikarin 5121
			Yama 8:08AM – 9:57AM	Vaidhriti* Until 11:48PM	Muruqa: Blue	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13
	483893461		Rahu 3:22PM – 5:10PM	Visti Until 10:54AM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:37PM	Moon – Light Blue		Sivaloka Day	
	Until 5:10PM			Ashada*Ani			
	Then Routine Work - Prabalarishta Yoga						
		Partial Lunar Eclipse Satguru Purnima					

0	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey Sun 28 Sutra 94
	Makara Rasi: 3.11	Tithi 16	Gulika 9:57AM – 11:45AM	Uttarashadha Until 7:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Vikarin 5121
			Yama 6:21AM – 8:09AM	Vishkambha* Until 12:14AM Thu	Muruqa: Blue	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13
	484893462		Rahu 11:45AM – 1:33PM	Balava Until 12:28PM	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:23AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day	
	Until 7:18PM			Ashada*Ani			
	Then Creative Work - Siddha Yoga						



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Sun 1 Sutra 95

Makara Rasi: 15.17 Tithi 17

Gulika 8:09AM – 9:57AM
Yama 4:33AM – 6:21AM
494893462 **Rahu** 1:33PM – 3:21PM

Shravana Until 10:05PM
Priti Until 12:57AM Fri
Taitila Until 2:24PM
Dvitiya Until 3:28AM Fri

Ganesha: Clear *Sunrise: 4:33AM*
Muruqa: Blue *Sunset: 6:57PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Adana, Turkey

Sun 2 Sutra 96

Makara Rasi: 27.16 Tithi 18

Gulika 6:22AM – 8:10AM
Yama 3:21PM – 5:09PM
494893462 **Rahu** 9:57AM – 11:45AM

Dhanishtha Until 12:57AM Sat
Ayushman Until 1:49AM Sat
Vanija Until 4:37PM
Tritiya Until 5:47AM Sat

Ganesha: Clear *Sunrise: 4:34AM*
Muruqa: Blue *Sunset: 6:57PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 12:57AM Sat

Then Creative Work - Amrita Yoga

Ashada-Adi

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Adana, Turkey

Sun 3 Sutra 97

Kumbha Rasi: 9.1 Tithi 19

Gulika 4:35AM – 6:22AM
Yama 1:33PM – 3:21PM
494893462 **Rahu** 8:10AM – 9:58AM

Shatabhishak Until 3:45AM Sun
Saubhagya Until 2:48AM Sun
Bava Until 7:00PM
Chaturthi* Until 8:12AM Sun

Ganesha: Clear *Sunrise: 4:35AM*
Muruqa: Blue *Sunset: 6:56PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 3:45AM Sun

Then Creative Work - Siddha Yoga

Ashada-Adi

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 4 Sutra 98

Kumbha Rasi: 21.01 Tithi 19 – 20

Gulika 3:21PM – 5:08PM
Yama 11:45AM – 1:33PM
414893462 **Rahu** 5:08PM – 6:56PM

Purvaproshtapada* Until 6:53AM Mon
Sobhana Until 3:46AM Mon
Kaulava Until 9:25PM
Chaturthi* Until 8:12AM

Ganesha: Clear *Sunrise: 4:35AM*
Muruqa: Blue *Sunset: 6:56PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey

Sun 5 Sutra 99

Meena Rasi: 2.53 Tithi 20 – 21

Family Home Evening

Gulika 1:33PM – 3:20PM
Yama 9:58AM – 11:46AM
414893462 **Rahu** 6:23AM – 8:11AM

Purvaproshtapada* Until 6:53AM
Athiganda* Until 4:35AM Tue
Gara Until 11:42PM
Panchami Until 10:34AM

Ganesha: Clear *Sunrise: 4:36AM*
Muruqa: Blue *Sunset: 6:55PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga
Until 6:53AM

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 6 Sutra 100

Meena Rasi: 14.49 Tithi 21 – 22

Gulika 11:46AM – 1:33PM
Yama 8:11AM – 9:58AM
414893462 **Rahu** 3:20PM – 5:07PM

Uttaraproshtapada Until 9:40AM
Sukarma Until 5:11AM Wed
Visti Until 1:42AM Wed
Shashthi* Until 12:44PM

Ganesha: Clear *Sunrise: 4:37AM*
Muruqa: Blue *Sunset: 6:54PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 9:40AM

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 7 Sutra 101

Meena Rasi: 26.53 Tithi 22 – 23

Gulika 9:59AM – 11:46AM
Yama 6:25AM – 8:12AM
414893462 **Rahu** 11:46AM – 1:33PM

Revati Until 11:57AM
Dhriti Until 5:26AM Thu
Balava Until 3:16AM Thu
Saptami Until 2:32PM

Ganesha: Clear *Sunrise: 4:38AM*
Muruqa: Blue *Sunset: 6:54PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day

Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 8 Sutra 102

Mesha Rasi: 9.08 Tithi 23 – 24

Gulika 8:12AM – 9:59AM
Yama 4:38AM – 6:25AM
424893462 **Rahu** 1:32PM – 3:19PM

Ashvini Until 2:04PM
Shula* Until 5:10AM Fri
Taitila Until 4:13AM Fri
Ashtami* Until 3:48PM

Ganesha: White *Sunrise: 4:38AM*
Muruqa: Blue *Sunset: 6:53PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Until 2:04PM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Ashada-Adi


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Adana, Turkey Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 21.4	Tithi 24 – 25	Gulika 6:26AM – 8:12AM	Bharani Until 3:23PM	Ganesha: White	<i>Sunrise:</i> 4:39AM		
		Yama 3:19PM – 5:05PM	Ganda* Until 4:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:52PM		Moon 7 - Phase 15
		424893462 Rahu 9:59AM – 11:46AM	Vanija Until 4:27AM Sat	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 4:25PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Adana, Turkey Sun 10 Sutra 104 Vikarin 5121	
Virshabha Rasi: 4.32	Tithi 25 – 26	Gulika 4:40AM – 6:26AM	Krittika Until 3:49PM	Ganesha: White	<i>Sunrise:</i> 4:40AM		
		Yama 1:32PM – 3:18PM	Vriddhi Until 2:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 6:51PM		Moon 7 - Phase 15
		424893462 Rahu 8:13AM – 9:59AM	Bava Until 3:55AM Sun	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:16PM	Moon – White		Subha Subha Sivaloka Day	
						Ashada-Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 11 Sutra 105 Vikarin 5121	
Virshabha Rasi: 14.7	Tithi 26 – 27	Gulika 3:18PM – 5:04PM	Rohini Until 3:47PM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM		
		Yama 11:46AM – 1:32PM	Dhruva Until 12:53AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:50PM		Moon 7 - Phase 15
		424893462 Rahu 5:04PM – 6:50PM	Kaulava Until 2:36AM Mon	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:20PM	Moon – Yellow		Subha Sivaloka Day	
						Ashada-Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Adana, Turkey Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 1.29	Tithi 27 – 28	Gulika 1:32PM – 3:18PM	Mrigashira Until 2:51PM	Ganesha: White	<i>Sunrise:</i> 4:42AM		
Family Home Evening		Yama 10:00AM – 11:46AM	Vyaghata* Until 10:14PM	Muruqa: Blue	<i>Sunset:</i> 6:50PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 Rahu 6:28AM – 8:14AM	Gara Until 12:35AM Tue	Nataraja: White			2nd Phase
Until 2:51PM			Dvadashi* Until 1:39PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada-Adi	
						Pradosha Vrata (Fasting)	

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 15.38	Tithi 28 – 29	Gulika 11:45AM – 1:31PM	Ardra Until 1:07PM	Ganesha: White	<i>Sunrise:</i> 4:42AM		
		Yama 8:14AM – 10:00AM	Harshana Until 7:07PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 7 - Phase 15
		424893462 Rahu 3:17PM – 5:03PM	Visti Until 9:57PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 11:19AM	Moon – Yellow		Sivaloka Day	
Until 1:07PM						Ashada-Adi	
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Adana, Turkey Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 10:00AM – 11:45AM	Punarvasu Until 11:09AM	Ganesha: Green	<i>Sunrise:</i> 4:43AM		
Kataka Rasi: 0.1	Tithi 29 – 30	Yama 6:29AM – 8:14AM	Vajra* Until 3:33PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM		Moon 7 - Phase 15
		424893462 Rahu 11:45AM – 1:31PM	Catuspada Until 6:52PM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27AM	Moon – Blue		Sivaloka Day	
						Ashada-Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Adana, Turkey Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 14.59	Tithi 1	Gulika 8:15AM – 10:00AM	Pushya Until 8:40AM	Ganesha: Green	<i>Sunrise:</i> 4:44AM		
		Yama 4:44AM – 6:29AM	Siddhi Until 11:43AM	Muruqa: Blue	<i>Sunset:</i> 6:47PM		Moon 7 - Phase 15
		424893462 Rahu 1:31PM – 3:16PM	Kintughna Until 3:28PM	Nataraja: White			Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:41AM Fri	Moon – Blue		Sivaloka Day	
Until 8:40AM						Sravana-Adi	
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau	Adana, Turkey Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 0.01	Tithi 2	Gulika 6:30AM – 8:15AM	Magha* Until 3:13AM Sat	Ganesha: White <i>Sunrise:</i> 4:45AM	
		Yama 3:16PM – 5:01PM	Vyatipata* Until 7:45AM	Muruqa: Blue <i>Sunset:</i> 6:46PM	Moon 7 - Phase 16
		455893462 Rahu 10:00AM – 11:45AM	Balava Until 11:55AM	Nataraja: White	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red	Sivaloka Day
Until 3:13AM Sat				Sravana•Adi	
Then Creative Work - Siddha Yoga					

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau	Adana, Turkey Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 15.04	Tithi 3	Gulika 4:46AM – 6:30AM	Purvaphalguni Until 12:36AM Sun	Ganesha: White <i>Sunrise:</i> 4:46AM	
		Yama 1:30PM – 3:15PM	Parigha* Until 11:49PM	Muruqa: Blue <i>Sunset:</i> 6:45PM	Moon 7 - Phase 16
		455893462 Rahu 8:15AM – 10:00AM	Taitila Until 8:22AM	Nataraja: White	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:37PM	Moon – Red	Sivaloka Day
Until 12:36AM Sun				Sravana•Adi	
Then Creative Work - Amrita Yoga					

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Adana, Turkey Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 0	Tithi 4 – 5	Gulika 3:15PM – 4:59PM	Uttaraphalguni Until 10:06PM	Ganesha: Yellow <i>Sunrise:</i> 4:46AM	
		Yama 11:45AM – 1:30PM	Shiva Until 8:08PM	Muruqa: Blue <i>Sunset:</i> 6:44PM	Moon 7 - Phase 16
		455993462 Rahu 4:59PM – 6:44PM	Bava Until 1:51AM Mon	Nataraja: White	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:20PM	Moon – Red	Subha Sivaloka Day
				Sravana•Adi	

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Adana, Turkey Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 14.43	Tithi 5 – 6	Gulika 1:30PM – 3:14PM	Hasta Until 8:17PM	Ganesha: White <i>Sunrise:</i> 4:47AM	
Family Home Evening		Yama 10:01AM – 11:45AM	Siddha Until 4:45PM	Muruqa: Blue <i>Sunset:</i> 6:43PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:32AM – 8:16AM	Kaulava Until 11:10PM	Nataraja: White	3rd Phase
Until 8:17PM			Panchami Until 12:26PM	Moon – Green	Subha Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana•Adi	

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Adana, Turkey Sun 20 Sutra 114 Vikarin 5121
Kanya Rasi: 29.06	Tithi 6 – 7	Gulika 11:45AM – 1:29PM	Chitra Until 6:52PM	Ganesha: White <i>Sunrise:</i> 4:48AM	
		Yama 8:17AM – 10:01AM	Sadhya Until 1:48PM	Muruqa: Blue <i>Sunset:</i> 6:42PM	Moon 7 - Phase 16
		465993462 Rahu 3:13PM – 4:58PM	Gara Until 9:02PM	Nataraja: White	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:00AM	Moon – Green	Subha Subha Sivaloka Day
				Sravana•Adi	

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Adana, Turkey Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 13.06	Tithi 7 – 8	Gulika 10:01AM – 11:45AM	Svati Until 5:54PM	Ganesha: White <i>Sunrise:</i> 4:49AM	
		Yama 6:33AM – 8:17AM	Subha Until 11:21AM	Muruqa: Blue <i>Sunset:</i> 6:41PM	Moon 7 - Phase 16
		465993462 Rahu 11:45AM – 1:29PM	Visti Until 7:30PM	Nataraja: White	Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:10AM	Moon – Green	Subha Subha Sivaloka Day
				Sravana•Adi	

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Adana, Turkey Sun 22 Sutra 116 Vikarin 5121
Tula Rasi: 26.43	Tithi 8 – 9	Gulika 8:17AM – 10:01AM	Vishakha Until 5:54PM	Ganesha: Purple <i>Sunrise:</i> 4:50AM	
		Yama 4:50AM – 6:33AM	Sukla Until 9:25AM	Muruqa: Blue <i>Sunset:</i> 6:40PM	Moon 7 - Phase 16
		476993462 Rahu 1:28PM – 3:12PM	Balava Until 6:39PM	Nataraja: White	Navami
Creative Work	Siddha Yoga		Ashtami* Until 6:59AM	Moon – Orange	Sivaloka Day
				Sravana•Adi	

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Adana, Turkey Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 9.57	Tithi 9 – 10	Gulika 6:34AM – 8:18AM	Anuradha Until 6:24PM	Ganesha: Purple <i>Sunrise:</i> 4:51AM	Vikarin 5121
		Yama 3:12PM – 4:55PM	Brahma Until 8:02AM	Muruqa: Blue <i>Sunset:</i> 6:39PM	Moon 7 - Phase 17
	476993462	Rahu 10:01AM – 11:45AM	Taitila Until 6:28PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:28AM	Moon – Orange	Sivaloka Day
Until 6:24PM				Sravana*Adi	
Then Routine Work - Marana Yoga					


2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Adana, Turkey Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 22.5	Tithi 10 – 11	Gulika 4:51AM – 6:35AM	Jyeshtha* Until 7:22PM	Ganesha: Purple <i>Sunrise:</i> 4:51AM	Vikarin 5121
		Yama 1:28PM – 3:11PM	Indra Until 7:10AM	Muruqa: Blue <i>Sunset:</i> 6:37PM	Moon 7 - Phase 17
	476993462	Rahu 8:18AM – 10:01AM	Vanija Until 6:55PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:36AM	Moon – Orange	Sivaloka Day
				Sravana*Adi	

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau	Adana, Turkey Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 5.28	Tithi 11 – 12	Gulika 3:10PM – 4:53PM	Mula* Until 9:12PM	Ganesha: Clear <i>Sunrise:</i> 4:52AM	Vikarin 5121
		Yama 11:44AM – 1:27PM	Vaidhriti* Until 6:45AM	Muruqa: Blue <i>Sunset:</i> 6:36PM	Moon 7 - Phase 17
	486993462	Rahu 4:53PM – 6:36PM	Bava Until 7:56PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:20AM	Moon – Light Blue	Subha Sivaloka Day
Until 9:12PM				Sravana*Adi	
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Adana, Turkey Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 17.5	Tithi 12 – 13	Gulika 1:27PM – 3:10PM	Purvashadha* Until 11:20PM	Ganesha: Clear <i>Sunrise:</i> 4:53AM	Vikarin 5121
Family Home Evening		Yama 10:01AM – 11:44AM	Vishkambha* Until 6:46AM	Muruqa: Blue <i>Sunset:</i> 6:35PM	Moon 7 - Phase 17
	486993462	Rahu 6:36AM – 8:19AM	Kaulava Until 9:25PM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Dvadashi Until 8:36AM	Moon – Light Blue	Subha Sivaloka Day
				Sravana*Adi	

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 0.02	Tithi 13 – 14	Gulika 11:44AM – 1:26PM	Uttarashadha Until 1:38AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:54AM	Vikarin 5121
		Yama 8:19AM – 10:01AM	Priti Until 7:07AM	Muruqa: Blue <i>Sunset:</i> 6:34PM	Moon 7 - Phase 17
	486993462	Rahu 3:09PM – 4:51PM	Gara Until 11:16PM	Nataraja: White	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 10:17AM	Moon – Light Blue	Subha Sivaloka Day
Until 1:38AM Wed				Sravana*Adi	
Then Creative Work - Siddha Yoga					

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau	Adana, Turkey Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:01AM – 11:44AM	Shravana Until 4:33AM Thu	Ganesha: White <i>Sunrise:</i> 4:55AM	Vikarin 5121
Makara Rasi: 12.05	Tithi 14 – 15	Yama 6:37AM – 8:19AM	Ayushman Until 7:42AM	Muruqa: Blue <i>Sunset:</i> 6:33PM	Moon 7 - Phase 17
	496993462	Rahu 11:44AM – 1:26PM	Vistii Until 1:25AM Thu	Nataraja: White	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:18PM	Moon – Purple	Sivaloka Day
		Raksha Bandhan		Sravana*Adi	

Thursday, August 15, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Adana, Turkey Sutra 123 Vikarin 5121
Makara Rasi: 24.02	Tithi 15 – 16	Gulika 8:20AM – 10:02AM	Dhanishtha Until 7:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 4:56AM – 6:38AM	Saubhagya Until 8:29AM	Muruqa: Blue <i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
	497993462	Rahu 1:26PM – 3:08PM	Balava Until 3:44AM Fri	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:32PM	Moon – Purple	Subha Sivaloka Day
				Sravana*Adi	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 5.56 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 6:38AM – 8:20AM
Yama 3:07PM – 4:49PM
Rahu 10:02AM – 11:43AM

Dhanishtha Until 7:27AM
Sobhana Until 9:24AM
Taitila Until 6:10AM Sat
Prathama* Until 4:55PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Adi

Sunrise: 4:56AM
Sunset: 6:30PM

Adana, Turkey
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 17.48 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 10:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 4:57AM – 6:39AM
Yama 1:25PM – 3:06PM
Rahu 8:20AM – 10:02AM

Shatabhishak Until 10:16AM
Athiganda* Until 10:21AM
Taitila Until 6:10AM
Dvitiya Until 7:21PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple
Sravana-Avani

Sunrise: 4:57AM
Sunset: 6:29PM

Adana, Turkey
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

2

Sunday, August 18, 2019

Kumbha Rasi: 29.4 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 1:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 3:05PM – 4:47PM
Yama 11:43AM – 1:24PM
Rahu 4:47PM – 6:28PM

Purvaproshtapada* Until 1:25PM
Sukarma Until 11:18AM
Vanija Until 8:35AM
Tritiya Until 9:45PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 4:58AM
Sunset: 6:28PM

Adana, Turkey
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 11.33 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:24PM – 3:05PM
Yama 10:02AM – 11:43AM
Rahu 6:40AM – 8:21AM

Uttaraproshtapada Until 4:16PM
Dhriti Until 12:12PM
Bava Until 10:55AM
Chaturthi* Until 12:00AM Tue

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 4:59AM
Sunset: 6:27PM

Adana, Turkey
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 23.3 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:42AM – 1:23PM
Yama 8:21AM – 10:02AM
Rahu 3:04PM – 4:45PM

Revati Until 6:46PM
Shula* Until 12:54PM
Kaulava Until 1:03PM
Panchami Until 1:59AM Wed

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear
Sravana-Avani

Sunrise: 5:00AM
Sunset: 6:25PM

Adana, Turkey
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 5.34 Tilthi 21

527993462

Routine Work Marana Yoga

Until 9:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashtyayam Titau

Gulika 10:02AM – 11:42AM
Yama 6:41AM – 8:21AM
Rahu 11:42AM – 1:23PM

Ashvini Until 9:14PM
Ganda* Until 1:22PM
Gara Until 2:52PM
Shashti* Until 3:35AM Thu

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:01AM
Sunset: 6:24PM

Adana, Turkey
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 17.49 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 11:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 8:22AM – 10:02AM
Yama 5:01AM – 6:42AM
Rahu 1:22PM – 3:02PM

Bharani Until 11:04PM
Vridhhi Until 1:30PM
Visti Until 4:13PM
Saptami Until 4:39AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:01AM
Sunset: 6:23PM

Adana, Turkey
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 0.17 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 12:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:42AM – 8:22AM
Yama 3:01PM – 4:41PM
Rahu 10:02AM – 11:42AM

Krittika Until 12:07AM Sat
Dhruva Until 1:09PM
Balava Until 4:58PM
Ashtami* Until 5:03AM Sat

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White
Sravana-Avani

Sunrise: 5:02AM
Sunset: 6:21PM

Adana, Turkey
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.04 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 12:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:03AM – 6:43AM
Yama 1:21PM – 3:01PM
Rahu 8:22AM – 10:02AM

Rohini Until 12:45AM Sun
Vyaghata* Until 12:16PM
Taitila Until 5:00PM
Navami* Until 4:42AM Sun

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – Yellow
Sravana-Avani

Sunrise: 5:03AM
Sunset: 6:20PM

Adana, Turkey
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyam Titau				Adana, Turkey Sun 16 Sutra 140
	Kanya Rasi: 8.55	Tithi 3	Gulika 2:54PM – 4:31PM	Uttaraphalguni Until 7:35AM	Ganesha: Clear	Sunrise: 5:10AM	Vikarin 5121
			Yama 11:39AM – 1:16PM	Sadhya Until 6:07AM	Muruqa: Blue	Sunset: 6:09PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 Rahu 4:31PM – 6:09PM	Taitila Until 3:14PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:31AM Mon	Bhadrapada-Avani	Sivaloka Day		

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Adana, Turkey Sun 17 Sutra 141
	Kanya Rasi: 23.53	Tithi 4	Gulika 1:16PM – 2:53PM	Chitra Until 2:56AM Tue	Ganesha: Orange	Sunrise: 5:10AM	Vikarin 5121
	Family Home Evening		Yama 10:02AM – 11:39AM	Sukla Until 10:35PM	Muruqa: Blue	Sunset: 6:07PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 Rahu 6:47AM – 8:25AM	Vanija Until 11:57AM	Nataraja: Clear		3rd Phase
Until 2:56AM Tue Then Creative Work - Siddha Yoga			Ganesha Chaturthi	Chaturthi* Until 10:28PM	Bhadrapada-Avani	Sivaloka Day	

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Adana, Turkey Sun 18 Sutra 142
	Tula Rasi: 8.3	Tithi 5	Gulika 11:38AM – 1:15PM	Svati Until 1:15AM Wed	Ganesha: Orange	Sunrise: 5:11AM	Vikarin 5121
			Yama 8:25AM – 10:02AM	Brahma Until 7:28PM	Muruqa: Blue	Sunset: 6:06PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 Rahu 2:52PM – 4:29PM	Bava Until 9:10AM	Nataraja: Clear		3rd Phase
			Panchami Until 8:00PM	Bhadrapada-Avani	Sivaloka Day		

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Adana, Turkey Sun 19 Sutra 143
	Tula Rasi: 22.4	Tithi 6	Gulika 10:02AM – 11:38AM	Vishakha Until 12:35AM Thu	Ganesha: Green	Sunrise: 5:12AM	Vikarin 5121
			Yama 6:49AM – 8:25AM	Indra Until 4:57PM	Muruqa: Blue	Sunset: 6:04PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 Rahu 11:38AM – 1:15PM	Kaulava Until 7:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 6:14PM	Bhadrapada-Avani	Subha Sivaloka Day		

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Adana, Turkey Sun 20 Sutra 144
	Vrischika Rasi: 6.22	Tithi 7 – 8	Gulika 8:25AM – 10:02AM	Anuradha Until 12:35AM Fri	Ganesha: Orange	Sunrise: 5:13AM	Vikarin 5121
			Yama 5:13AM – 6:49AM	Vaidhriti* Until 3:04PM	Muruqa: Blue	Sunset: 6:03PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	571193463 Rahu 1:14PM – 2:50PM	Visti Until 5:08AM Fri	Nataraja: Clear		3rd Phase
Until 12:35AM Fri Then Routine Work - Marana Yoga			Saptami Until 5:17PM	Bhadrapada-Avani	Sivaloka Day		

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Adana, Turkey Sun 21 Sutra 145
	Retreat Star		Gulika 6:50AM – 8:26AM	Jyeshtha* Until 1:13AM Sat	Ganesha: Orange	Sunrise: 5:14AM	Vikarin 5121
	Vrischika Rasi: 19.37	Tithi 8 – 9	Yama 2:49PM – 4:25PM	Vishkambha* Until 1:50PM	Muruqa: Blue	Sunset: 6:01PM	Moon 8 - Phase 20
			571193463 Rahu 10:02AM – 11:37AM	Balava Until 5:25AM Sat	Nataraja: Clear		Ashtami
Routine Work Marana Yoga Until 1:13AM Sat Then Creative Work - Siddha Yoga			Ashtami* Until 5:10PM	Bhadrapada-Avani	Sivaloka Day		

D	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Adana, Turkey Sun 22 Sutra 146
	Retreat Star		Gulika 5:14AM – 6:50AM	Mula* Until 2:56AM Sun	Ganesha: Green	Sunrise: 5:14AM	Vikarin 5121
	Dhanus Rasi: 2.26	Tithi 9 – 10	Yama 1:13PM – 2:48PM	Priti Until 1:15PM	Muruqa: Blue	Sunset: 6:00PM	Moon 8 - Phase 20
			581193463 Rahu 8:26AM – 10:01AM	Taitila Until 6:27AM Sun	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Navami* Until 5:49PM	Bhadrapada-Avani	Devaloka Day		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashmyam Titau			Adana, Turkey Sun 23 Sutra 147
Dhanus Rasi: 14.54	Tithi 10	Gulika 2:48PM – 4:23PM	Purvashadha* Until 5:05AM Mon	Ganesha: Green <i>Sunrise: 5:15AM</i>	Vikarin 5121
		Yama 11:37AM – 1:12PM	Ayushman Until 1:11PM	Muruqa: Blue <i>Sunset: 5:58PM</i>	Moon 8 - Phase 21
	581193463	Rahu 4:23PM – 5:58PM	Taitila Until 6:27AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	Devaloka Day
Until 5:05AM Mon		Grandparent's Day	Dashami Until 7:10PM	Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Adana, Turkey Sun 24 Sutra 148
Dhanus Rasi: 27.07	Tithi 11	Gulika 1:12PM – 2:47PM	Uttarashadha Until 7:30AM Tue	Ganesha: Green <i>Sunrise: 5:16AM</i>	Vikarin 5121
Family Home Evening		Yama 10:01AM – 1:36AM	Saubhagya Until 1:34PM	Muruqa: Blue <i>Sunset: 5:57PM</i>	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	Rahu 6:51AM – 8:26AM	Vanija Until 8:05AM	Nataraja: Clear	4th Phase
Until 7:30AM Tue			Ekadashi Until 9:03PM	Moon – Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Adana, Turkey Sun 25 Sutra 149
Makara Rasi: 9.1	Tithi 12	Gulika 11:36AM – 1:11PM	Uttarashadha Until 7:30AM	Ganesha: Green <i>Sunrise: 5:17AM</i>	Vikarin 5121
		Yama 8:26AM – 10:01AM	Sobhana Until 2:16PM	Muruqa: Blue <i>Sunset: 5:55PM</i>	Moon 8 - Phase 21
	581193463	Rahu 2:46PM – 4:21PM	Bava Until 10:09AM	Nataraja: Clear	4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 11:16PM	Moon – Light Blue	Devaloka Day
Until 7:30AM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Adana, Turkey Sun 26 Sutra 150
Makara Rasi: 21.05	Tithi 13	Gulika 10:01AM – 11:36AM	Shravana Until 10:32AM	Ganesha: Red <i>Sunrise: 5:18AM</i>	Vikarin 5121
		Yama 6:52AM – 8:27AM	Athiganda* Until 3:07PM	Muruqa: Blue <i>Sunset: 5:54PM</i>	Moon 8 - Phase 21
	591193463	Rahu 11:36AM – 1:10PM	Kaulava Until 12:29PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 1:41AM Thu	Moon – Purple	Sivaloka Day
Until 10:32AM		Avani Avittam		Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Adana, Turkey Sun 27 Sutra 151
Kumbha Rasi: 2.57	Tithi 14	Gulika 8:27AM – 10:01AM	Dhanishtha Until 1:31PM	Ganesha: Red <i>Sunrise: 5:18AM</i>	Vikarin 5121
		Yama 5:18AM – 6:53AM	Sukarma Until 4:04PM	Muruqa: Blue <i>Sunset: 5:52PM</i>	Moon 8 - Phase 21
	591193463	Rahu 1:10PM – 2:44PM	Gara Until 2:57PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:09AM Fri	Moon – Purple	Sivaloka Day
		Chidambaram Abhishekam		Bhadrapada-Avani	

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Adana, Turkey Sutra 152
Copper Retreat Star		Gulika 6:53AM – 8:27AM	Shatabhishak Until 4:20PM	Ganesha: Red <i>Sunrise: 5:19AM</i>	Vikarin 5121
Kumbha Rasi: 14.48	Tithi 15	Yama 2:43PM – 4:17PM	Dhriti Until 5:01PM	Muruqa: Purple <i>Sunset: 5:51PM</i>	Moon 8 - Phase 21
	591113463	Rahu 10:01AM – 11:35AM	Visti Until 5:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 6:36AM Sat	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Adana, Turkey Sutra 153
Silver Retreat Star		Gulika 5:20AM – 6:54AM	Purvaproshtapada* Until 7:25PM	Ganesha: Red <i>Sunrise: 5:20AM</i>	Vikarin 5121
Kumbha Rasi: 26.4	Tithi 15 – 16	Yama 1:08PM – 2:42PM	Shula* Until 5:53PM	Muruqa: Purple <i>Sunset: 5:49PM</i>	Moon 8 - Phase 21
	511113463	Rahu 8:27AM – 10:01AM	Balava Until 7:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Purnima* Until 6:36AM	Moon – Clear	Sivaloka Day
Until 7:25PM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Adana, Turkey

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 8.35 Tithi 16 - 17

512113463

Gulika

2:41PM - 4:14PM

Uttaraproshtapada Until 10:13PM

Ganesha: Yellow

Sunrise: 5:21AM

Yama

11:34AM - 1:08PM

Ganda* Until 6:40PM

Muruqa: Purple

Sunset: 5:48PM

Rahu

4:14PM - 5:48PM

Taitila Until 10:03PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga

Prathama* Until 8:55AM

Bhadrapada*Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Trityayam Titau

Adana, Turkey

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 20.33 Tithi 17 - 18

512113463

Gulika

1:07PM - 2:40PM

Revati Until 12:39AM Tue

Ganesha: Yellow

Sunrise: 5:22AM

Yama

10:01AM - 11:34AM

Vriddhi Until 7:20PM

Muruqa: Purple

Sunset: 5:46PM

Rahu

6:55AM - 8:28AM

Vanija Until 12:06AM Tue

Nataraja: Clear

Moon - Clear

Sivaloka Day

Creative Work Siddha Yoga

Dvitiya Until 11:05AM

Bhadrapada*Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Adana, Turkey

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 3 Tithi 18 - 19

522113463

Gulika

11:34AM - 1:06PM

Ashvini Until 3:11AM Wed

Ganesha: White

Sunrise: 5:23AM

Yama

8:28AM - 10:01AM

Dhruva Until 7:46PM

Muruqa: Purple

Sunset: 5:45PM

Rahu

2:39PM - 4:12PM

Bava Until 1:55AM Wed

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Tritiya Until 1:02PM

Bhadrapada*Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 14.46 Tithi 19 - 20

522113463

Gulika

10:01AM - 11:33AM

Bharani Until 5:13AM Thu

Ganesha: White

Sunrise: 5:23AM

Yama

6:56AM - 8:28AM

Vyaghata* Until 7:59PM

Muruqa: Purple

Sunset: 5:43PM

Rahu

11:33AM - 1:06PM

Kaulava Until 3:23AM Thu

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 2:41PM

Bhadrapada*Puratasi

Until 5:13AM Thu
Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Adana, Turkey

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 27.04 Tithi 20 - 21

522113463

Gulika

8:29AM - 10:01AM

Krittika Until 6:39AM Fri

Ganesha: White

Sunrise: 5:24AM

Yama

5:24AM - 6:56AM

Harshana Until 7:55PM

Muruqa: Purple

Sunset: 5:42PM

Rahu

1:05PM - 2:37PM

Gara Until 4:26AM Fri

Nataraja: Clear

Moon - White

Devaloka Day

Routine Work Marana Yoga

Panchami Until 3:57PM

Bhadrapada*Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashti/Saptamyam Titau

Adana, Turkey

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 9.34 Tithi 21 - 22

522113463

Gulika

6:57AM - 8:29AM

Krittika Until 6:39AM

Ganesha: White

Sunrise: 5:25AM

Yama

2:36PM - 4:08PM

Vajra* Until 7:24PM

Muruqa: Purple

Sunset: 5:40PM

Rahu

10:01AM - 11:33AM

Visti Until 4:55AM Sat

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Shashti* Until 4:44PM

Bhadrapada*Puratasi

Until 6:39AM
Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 22.19 Tithi 22 - 23

532113463

Gulika

5:26AM - 6:57AM

Rohini Until 7:52AM

Ganesha: Clear

Sunrise: 5:26AM

Yama

1:04PM - 2:35PM

Siddhi Until 6:26PM

Muruqa: Purple

Sunset: 5:39PM

Rahu

8:29AM - 10:01AM

Balava Until 4:45AM Sun

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Saptami Until 4:54PM

Bhadrapada*Puratasi

Until 7:52AM
Then Creative Work - Siddha Yoga

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Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vysatipata*Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 5.23 Tithi 23 - 24

532213463

Gulika

2:34PM - 4:06PM

Mrigashira Until 8:17AM

Ganesha: Orange

Sunrise: 5:27AM

Yama

11:32AM - 1:03PM

Vyatipata* Until 4:55PM

Muruqa: Purple

Sunset: 5:37PM

Rahu

4:06PM - 5:37PM

Taitila Until 3:52AM Mon

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 4:23PM

Bhadrapada*Puratasi

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Adana, Turkey

Sun 8 Sutra 162

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 18.51 Tithi 24 - 25

532213463

Gulika

1:02PM - 2:34PM

Ardra Until 7:50AM

Ganesha: Orange

Sunrise: 5:27AM

Yama

10:00AM - 11:31AM

Variyan Until 2:48PM

Muruqa: Purple

Sunset: 5:36PM

Rahu

6:58AM - 8:29AM

Vanija Until 2:16AM Tue

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Navami* Until 3:08PM

Bhadrapada*Puratasi

Until 7:50AM
Then Creative Work - Amrita Yoga

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/7Bava Karana Dashami/Ekadashyam Titau	Adana, Turkey Sun 9 Sutra 163
Kataka Rasi: 2.45	Tithi 25 – 26	Gulika 11:31AM – 1:02PM	Punarvasu Until 6:59AM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM	Vikarin 5121
		Yama 8:30AM – 10:00AM	Parigha* Until 12:08PM	Muruqa: Purple <i>Sunset:</i> 5:34PM	Moon 9 - Phase 23
	542213463	Rahu 2:33PM – 4:03PM	Bava Until 11:59PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:11PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Adana, Turkey Sun 10 Sutra 164
Kataka Rasi: 17.04	Tithi 26 – 27	Gulika 10:00AM – 11:31AM	Ashlesha* Until 2:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 5:29AM	Vikarin 5121
		Yama 7:00AM – 8:30AM	Shiva Until 8:56AM	Muruqa: Purple <i>Sunset:</i> 5:32PM	Moon 9 - Phase 23
	542213463	Rahu 11:31AM – 1:01PM	Kaulava Until 9:07PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:36AM	Moon – Blue	Devaloka Day
Until 2:57AM Thu				Bhadrapada•Puratasi	
Then Creative Work - Amrita Yoga					

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau	Adana, Turkey Sun 11 Sutra 165
Simha Rasi: 1.48	Tithi 27 – 28	Gulika 8:30AM – 10:00AM	Magha* Until 12:26AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 5:30AM – 7:00AM	Sadhya Until 1:18AM Fri	Muruqa: Purple <i>Sunset:</i> 5:31PM	Moon 9 - Phase 23
	552213463	Rahu 1:01PM – 2:31PM	Vanija Until 3:59AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 7:29AM	Moon – Red	Devaloka Day
Until 12:26AM Fri				Bhadrapada•Puratasi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau	Adana, Turkey Sun 12 Sutra 166
Simha Rasi: 16.5	Tithi 29	Gulika 7:01AM – 8:30AM	Purvaphalguni Until 9:31PM	Ganesha: Purple <i>Sunrise:</i> 5:31AM	Vikarin 5121
		Yama 2:30PM – 4:00PM	Subha Until 9:07PM	Muruqa: Purple <i>Sunset:</i> 5:29PM	Moon 9 - Phase 23
	552213463	Rahu 10:00AM – 11:30AM	Visti Until 2:09PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:15AM Sat	Moon – Red	Devaloka Day
				Bhadrapada•Puratasi	

Retreat Star		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada/7Naga* Karana Amavasyayam Titau	Adana, Turkey Sun 13 Sutra 167
Kanya Rasi: 2.02	Tithi 30	Gulika 5:32AM – 7:01AM	Uttaraphalguni Until 6:24PM	Ganesha: Light Blue <i>Sunrise:</i> 5:32AM	Vikarin 5121
		Yama 12:59PM – 2:29PM	Sukla Until 4:51PM	Muruqa: Purple <i>Sunset:</i> 5:28PM	Moon 9 - Phase 23
	652213463	Rahu 8:31AM – 10:00AM	Catuspada Until 10:22AM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:28PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi	

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna/Balava Karana Prathama/Dvitiyayam Titau	Adana, Turkey Sun 14 Sutra 168
Kanya Rasi: 17.14	Tithi 1 – 2	Gulika 2:28PM – 3:57PM	Hasta Until 3:39PM	Ganesha: Light Blue <i>Sunrise:</i> 5:32AM	Vikarin 5121
		Yama 11:29AM – 12:59PM	Brahma Until 12:39PM	Muruqa: Purple <i>Sunset:</i> 5:26PM	Moon 9 - Phase 23
	663213463	Rahu 3:57PM – 5:26PM	Kintughna Until 6:37AM	Nataraja: Clear	Prathama
Creative Work	Amrita Yoga		Prathama* Until 4:47PM	Moon – Green	Devaloka Day
Until 3:39PM		Navaratri Begins		Ashvina•Puratasi	
Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Adana, Turkey Sun 15 Sutra 169	
Tula Rasi: 2.18	Tithi 2 – 3	Gulika	12:58PM – 2:27PM	Chitra Until 1:02PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:33AM	Vikarin 5121
Family Home Evening	663213463	Yama	10:00AM – 11:29AM	Indra Until 8:41AM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu	7:02AM – 8:31AM	Taitila Until 11:54PM	Nataraja: Clear		3rd Phase
Until 1:02PM				Dvitiya Until 1:24PM	Moon – Green		Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi		

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Adana, Turkey Sun 16 Sutra 170	
Tula Rasi: 17.02	Tithi 3 – 4	Gulika	11:29AM – 12:57PM	Svati Until 10:45AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:34AM	Vikarin 5121
	663213463	Yama	8:31AM – 10:00AM	Vishkambha* Until 1:54AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	2:26PM – 3:55PM	Vanija Until 9:17PM	Nataraja: Clear		3rd Phase
Until 10:45AM				Tritiya Until 10:30AM	Moon – Green		Devaloka Day
Then Routine Work - Marana Yoga					Ashvina+Puratasi		

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Adana, Turkey Sun 17 Sutra 171	
Vrischika Rasi: 1.2	Tithi 4 – 5	Gulika	10:00AM – 11:28AM	Vishakha Until 9:23AM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM	Vikarin 5121
	673213463	Yama	7:03AM – 8:32AM	Priti Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	11:28AM – 12:57PM	Bava Until 7:22PM	Nataraja: Clear		3rd Phase
				Chaturthi* Until 8:13AM	Moon – Orange		Devaloka Day
					Ashvina+Puratasi		

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Adana, Turkey Sun 18 Sutra 172	
Vrischika Rasi: 15.1	Tithi 5 – 6	Gulika	8:32AM – 10:00AM	Anuradha Until 8:38AM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	Vikarin 5121
	673213463	Yama	5:36AM – 7:04AM	Ayushman Until 9:29PM	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	12:56PM – 2:24PM	Kaulava Until 6:17PM	Nataraja: Clear		3rd Phase
Until 8:38AM				Panchami Until 6:42AM	Moon – Orange		Devaloka Day
Then Routine Work - Prabalarishta Yoga					Ashvina+Puratasi		

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Adana, Turkey Sun 19 Sutra 173	
Vrischika Rasi: 28.29	Tithi 6 – 7	Gulika	7:04AM – 8:32AM	Jyeshtha* Until 8:36AM	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Vikarin 5121
	673213463	Yama	2:23PM – 3:51PM	Saubhagya Until 8:19PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 24
Routine Work Marana Yoga		Rahu	10:00AM – 11:28AM	Gara Until 6:06PM	Nataraja: Clear		3rd Phase
Until 8:36AM				Shashthi* Until 6:03AM	Moon – Orange		Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi		

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Adana, Turkey Sun 20 Sutra 174	
Dhanus Rasi: 11.21	Tithi 7 – 8	Gulika	5:38AM – 7:05AM	Mula* Until 9:45AM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Vikarin 5121
	683213463	Yama	12:55PM – 2:23PM	Sobhana Until 7:51PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	8:33AM – 10:00AM	Visti Until 6:47PM	Nataraja: Clear		Ashtami
				Saptami Until 6:19AM	Moon – Light Blue		Sivaloka Day
		Durga Ashtami			Ashvina+Puratasi		

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Adana, Turkey Sun 21 Sutra 175	
Dhanus Rasi: 23.49	Tithi 8 – 9	Gulika	2:22PM – 3:49PM	Purvashadha* Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Vikarin 5121
	683213463	Yama	11:27AM – 12:54PM	Athiganda* Until 7:55PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	3:49PM – 5:16PM	Balava Until 8:14PM	Nataraja: Clear		Navami
Until 11:32AM				Ashtami* Until 7:24AM	Moon – Light Blue		Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			Ashvina+Puratasi		

1	Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Adana, Turkey
	Makara Rasi: 6.01	Tithi 9 – 10	Gulika 12:54PM – 2:21PM	Uttarashadha Until 1:46PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Sun 22 Sutra 176
	Family Home Evening	683213463	Yama 10:00AM – 11:27AM	Sukarma Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Vikarin 5121
	Routine Work Marana Yoga		Rahu 7:06AM – 8:33AM	Taitila Until 10:17PM	Nataraja: Clear		Moon 9 - Phase 25
Until 1:46PM			Navami* Until 9:11AM	Moon – Light Blue		4th Phase	
Then Creative Work - Amrita Yoga				Ashvina+Puratasi		Sivaloka Day	


2	Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey
	Makara Rasi: 17.59	Tithi 10 – 11	Gulika 11:27AM – 12:53PM	Shravana Until 4:45PM	Ganesha: White	<i>Sunrise:</i> 5:40AM	Sun 23 Sutra 177
	Family Home Evening	693213464	Yama 8:33AM – 10:00AM	Dhriti Until 9:18PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Vikarin 5121
	Routine Work Siddha Yoga		Rahu 2:20PM – 3:47PM	Vanija Until 12:40AM Wed	Nataraja: Purple		Moon 9 - Phase 25
Until 1:46PM			Dashami Until 11:25AM	Moon – Purple		4th Phase	
Then Creative Work - Amrita Yoga		Vijaya Dasami		Ashvina+Puratasi		Sivaloka Day	

3	Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey
	Makara Rasi: 29.52	Tithi 11 – 12	Gulika 10:00AM – 11:26AM	Dhanishtha Until 7:46PM	Ganesha: White	<i>Sunrise:</i> 5:41AM	Sun 24 Sutra 178
	Family Home Evening	693213464	Yama 7:07AM – 8:34AM	Shula* Until 10:13PM	Muruqa: Purple	<i>Sunset:</i> 5:12PM	Vikarin 5121
	Routine Work Prabalarishta Yoga		Rahu 11:26AM – 12:53PM	Bava Until 3:13AM Thu	Nataraja: Purple		Moon 9 - Phase 25
Until 7:46PM			Ekadashi Until 1:55PM	Moon – Purple		4th Phase	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi		Sivaloka Day	

4	Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey
	Kumbha Rasi: 11.42	Tithi 12 – 13	Gulika 8:34AM – 10:00AM	Shatabhishak Until 10:36PM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Sun 25 Sutra 179
	Family Home Evening	693213464	Yama 5:42AM – 7:08AM	Ganda* Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Vikarin 5121
	Routine Work Siddha Yoga		Rahu 12:52PM – 2:18PM	Kaulava Until 5:43AM Fri	Nataraja: Purple		Moon 9 - Phase 25
Until 7:46PM			Dvadashi Until 4:27PM	Moon – Purple		4th Phase	
Then Creative Work - Siddha Yoga		Kadaitswami Mahasamadhi		Ashvina+Puratasi		Sivaloka Day	
				<i>Pradosha Vrata</i>			

5	Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila Karana Trayodashyam Titau				Adana, Turkey
	Kumbha Rasi: 23.34	Tithi 13	Gulika 7:09AM – 8:34AM	Purvaproshtapada* Until 1:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:43AM	Sun 26 Sutra 180
	Family Home Evening	613213464	Yama 2:17PM – 3:43PM	Vriddhi Until 12:00AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Vikarin 5121
	Routine Work Siddha Yoga		Rahu 10:00AM – 11:26AM	Taitila Until 6:53PM	Nataraja: Purple		Moon 9 - Phase 25
Until 7:46PM			Trayodashi Until 6:53PM	Moon – Clear		4th Phase	
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Ashvina+Puratasi		Sivaloka Day	

6	Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey
	Meena Rasi: 5.29	Tithi 14	Gulika 5:44AM – 7:09AM	Uttaraproshtapada Until 4:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:44AM	Sun 27 Sutra 181
	Family Home Evening	613213464	Yama 12:51PM – 2:17PM	Dhruva Until 12:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Vikarin 5121
	Routine Work Siddha Yoga		Rahu 8:35AM – 10:00AM	Gara Until 8:04AM	Nataraja: Purple		Moon 9 - Phase 25
Until 4:21AM Sun			Chaturdashi* Until 9:08PM	Moon – Clear		4th Phase	
Then Creative Work - Amrita Yoga				Ashvina+Puratasi		Sivaloka Day	

	Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey
	Copper Retreat Star		Gulika 2:16PM – 3:41PM	Revati Until 6:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM	Sun 28 Sutra 182
	Meena Rasi: 17.29	Tithi 15	Yama 11:25AM – 12:51PM	Vyaghata* Until 1:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Vikarin 5121
	Family Home Evening	614213464	Rahu 3:41PM – 5:06PM	Visti Until 10:11AM	Nataraja: Purple		Moon 9 - Phase 25
Routine Work Amrita Yoga			Purnima* Until 11:07PM	Moon – Clear		Purnima	
Until 6:38AM Mon				Ashvina+Puratasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

Monday, October 14, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey
	Meena Rasi: 29.35	Tithi 16	Gulika 12:50PM – 2:15PM	Revati Until 6:38AM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM	Sun 29 Sutra 183
	Family Home Evening	614213464	Yama 10:00AM – 11:25AM	Harshana Until 1:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Vikarin 5121
	Routine Work Siddha Yoga		Rahu 7:10AM – 8:35AM	Balava Until 12:02PM	Nataraja: Purple		Moon 9 - Phase 25
Until 7:46PM			Prathama* Until 12:50AM Tue	Moon – Clear		Prathama	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi		Subha Sivaloka Day	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 11.49 Tithi 17

624213464

Gulika 11:25AM – 12:49PM
Yama 8:36AM – 10:00AM
Rahu 2:14PM – 3:39PM

Ashvini Until 8:57AM
Vajra* Until 1:25AM Wed
Taitila Until 1:35PM
Dvitiya Until 2:13AM Wed

Ganesha: White *Sunrise:* 5:46AM
Muruqa: Purple *Sunset:* 5:03PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Adana, Turkey

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.1 Tithi 18

624213464

Gulika 10:00AM – 11:25AM
Yama 7:12AM – 8:36AM
Rahu 11:25AM – 12:49PM

Bharani Until 10:48AM
Siddhi Until 1:11AM Thu
Vanija Until 2:49PM
Tritiya Until 3:17AM Thu

Ganesha: White *Sunrise:* 5:47AM
Muruqa: Purple *Sunset:* 5:02PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 10:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Adana, Turkey

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 6.4 Tithi 19

624313464

Gulika 8:36AM – 10:00AM
Yama 5:48AM – 7:12AM
Rahu 12:48PM – 2:13PM

Krittika Until 12:09PM
Vyatipata* Until 12:40AM Fri
Bava Until 3:42PM
Chaturthi* Until 3:58AM Fri

Ganesha: Yellow *Sunrise:* 5:48AM
Muruqa: Purple *Sunset:* 5:01PM
Nataraja: Purple
Moon – White
Subha Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.21 Tithi 20

634313464

Gulika 7:13AM – 8:37AM
Yama 2:12PM – 3:36PM
Rahu 10:00AM – 11:24AM

Rohini Until 1:27PM
Varyan Until 11:49PM
Kaulava Until 4:11PM
Panchami Until 4:14AM Sat

Ganesha: White *Sunrise:* 5:49AM
Muruqa: Purple *Sunset:* 4:59PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Adana, Turkey

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.14 Tithi 21

634313464

Gulika 5:50AM – 7:14AM
Yama 12:48PM – 2:11PM
Rahu 8:37AM – 10:01AM

Mrigashira Until 2:09PM
Parigha* Until 10:36PM
Gara Until 4:13PM
Shashthi* Until 4:01AM Sun

Ganesha: White *Sunrise:* 5:50AM
Muruqa: Purple *Sunset:* 4:58PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Adana, Turkey

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.21 Tithi 22

634313464

Gulika 2:10PM – 3:33PM
Yama 11:24AM – 12:47PM
Rahu 3:33PM – 4:57PM

Ardra Until 2:12PM
Shiva Until 8:59PM
Visti Until 3:44PM
Saptami Until 3:15AM Mon

Ganesha: White *Sunrise:* 5:51AM
Muruqa: Purple *Sunset:* 4:57PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 28.46 Tithi 23

644313464

Gulika 12:47PM – 2:10PM
Yama 10:01AM – 11:24AM
Rahu 7:15AM – 8:38AM

Punarvasu Until 2:01PM
Siddha Until 6:54PM
Balava Until 2:41PM
Ashtami* Until 1:56AM Tue

Ganesha: Clear *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 4:55PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 2:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 12.31 Tithi 24

644313464

Gulika 11:24AM – 12:46PM
Yama 8:38AM – 10:01AM
Rahu 2:09PM – 3:31PM

Pushya Until 1:07PM
Sadhya Until 4:21PM
Taitila Until 1:04PM
Navami* Until 12:02AM Wed

Ganesha: Clear *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 4:54PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau	Adana, Turkey Sun 9 Sutra 192 Vikarin 5121
Kataka Rasi: 26.37	Tithi 25	Gulika 10:01AM – 11:23AM	Ashlesha* Until 11:32AM	Ganesha: Clear <i>Sunrise: 5:54AM</i>	
		Yama 7:16AM – 8:39AM	Subha Until 1:24PM	Muruqa: Purple <i>Sunset: 4:53PM</i>	Moon 10 - Phase 27
Creative Work	Siddha Yoga	644313464 Rahu 11:23AM – 12:46PM	Vanija Until 10:55AM	Nataraja: Purple	2nd Phase
			Dashami Until 9:38PM	Moon – Blue	Subha Sivaloka Day
				Ashvina•Aipasi	

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau	Adana, Turkey Sun 10 Sutra 193 Vikarin 5121
Simha Rasi: 11.02	Tithi 26	Gulika 8:39AM – 10:01AM	Magha* Until 9:45AM	Ganesha: Purple <i>Sunrise: 5:55AM</i>	
		Yama 5:55AM – 7:17AM	Sukla Until 10:02AM	Muruqa: Purple <i>Sunset: 4:52PM</i>	Moon 10 - Phase 27
Creative Work	Amrita Yoga	654313464 Rahu 12:45PM – 2:07PM	Bava Until 8:16AM	Nataraja: Purple	2nd Phase
Until 9:45AM			Ekadashi* Until 6:47PM	Moon – Red	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina•Aipasi	

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau	Adana, Turkey Sun 11 Sutra 194 Vikarin 5121
Simha Rasi: 25.45	Tithi 27 – 28	Gulika 7:18AM – 8:40AM	Purvaphalguni Until 7:27AM	Ganesha: Clear <i>Sunrise: 5:56AM</i>	
		Yama 2:07PM – 3:29PM	Brahma Until 6:22AM	Muruqa: Purple <i>Sunset: 4:50PM</i>	Moon 10 - Phase 27
Creative Work	Siddha Yoga	655313464 Rahu 10:01AM – 11:23AM	Gara Until 1:59AM Sat	Nataraja: Purple	2nd Phase
			Dvadashi* Until 3:38PM	Moon – Red	Subha Sivaloka Day
				Ashvina•Aipasi	
				<i>Pradosha Vrata (Fasting)</i>	

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey Sun 12 Sutra 195 Vikarin 5121
Kanya Rasi: 10.39	Tithi 28 – 29	Gulika 5:57AM – 7:18AM	Hasta Until 2:19AM Sun	Ganesha: Orange <i>Sunrise: 5:57AM</i>	
		Yama 12:45PM – 2:06PM	Vaidhriti* Until 10:34PM	Muruqa: Purple <i>Sunset: 4:49PM</i>	Moon 10 - Phase 27
Routine Work	Marana Yoga	665313464 Rahu 8:40AM – 10:01AM	Visti Until 10:37PM	Nataraja: Purple	2nd Phase
Until 2:19AM Sun			Trayodashi* Until 12:17PM	Moon – Green	Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi	

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Adana, Turkey Sun 13 Sutra 196 Vikarin 5121
Kanya Rasi: 25.37	Tithi 29 – 30	Gulika 2:05PM – 3:27PM	Chitra Until 11:48PM	Ganesha: Orange <i>Sunrise: 5:58AM</i>	
		Yama 11:23AM – 12:44PM	Vishkambha* Until 6:40PM	Muruqa: Purple <i>Sunset: 4:48PM</i>	Moon 10 - Phase 27
Creative Work	Siddha Yoga	665313464 Rahu 3:27PM – 4:48PM	Catuspada Until 7:18PM	Nataraja: Purple	Amavasya
			Chaturdashi* Until 8:55AM	Moon – Green	Subha Sivaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi	

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau	Adana, Turkey Sun 14 Sutra 197 Vikarin 5121
Tula Rasi: 10.29	Tithi 1	Gulika 12:44PM – 2:05PM	Svati Until 9:24PM	Ganesha: Orange <i>Sunrise: 5:59AM</i>	
Family Home Evening		Yama 10:02AM – 11:23AM	Priti Until 2:57PM	Muruqa: Purple <i>Sunset: 4:47PM</i>	Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 7:20AM – 8:41AM	Kintughna Until 4:12PM	Nataraja: Purple	Prathama
Until 9:24PM			Prathama* Until 2:47AM Tue	Moon – Green	Subha Sivaloka Day
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Adana, Turkey Sun 15 Sutra 198	
Tula Rasi: 25.07	Tithi 2	Gulika 11:23AM – 12:44PM	Vishakha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM		Vikarin 5121
		Yama 8:41AM – 10:02AM	Ayushman Until 11:32AM	Muruqa: Purple	<i>Sunset:</i> 4:46PM		Moon 10 - Phase 28
		675313464 Rahu 2:04PM – 3:25PM	Balava Until 1:31PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:21AM Wed	Moon – Orange		Subha Sivaloka Day	
Until 7:42PM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Adana, Turkey Sun 16 Sutra 199	
Virshika Rasi: 9.24	Tithi 3	Gulika 10:02AM – 11:23AM	Anuradha Until 6:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM		Vikarin 5121
		Yama 7:21AM – 8:42AM	Saubhagya Until 8:34AM	Muruqa: Purple	<i>Sunset:</i> 4:45PM		Moon 10 - Phase 28
		675313464 Rahu 11:23AM – 12:43PM	Taitila Until 11:22AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:33PM	Moon – Orange		Subha Sivaloka Day	
				Kartika•Aipasi			

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Adana, Turkey Sun 17 Sutra 200	
Virshika Rasi: 23.14	Tithi 4	Gulika 8:42AM – 10:02AM	Jyeshtha* Until 5:51PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM		Vikarin 5121
		Yama 6:02AM – 7:22AM	Sobhana Until 6:11AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM		Moon 10 - Phase 28
		675313464 Rahu 12:43PM – 2:03PM	Vanija Until 9:57AM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:31PM	Moon – Orange		Subha Sivaloka Day	
Until 5:51PM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Adana, Turkey Sun 18 Sutra 201	
Dhanus Rasi: 6.37	Tithi 5	Gulika 7:23AM – 8:43AM	Mula* Until 6:20PM	Ganesha: Purple	<i>Sunrise:</i> 6:03AM		Vikarin 5121
		Yama 2:03PM – 3:22PM	Sukarma Until 3:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:42PM		Moon 10 - Phase 28
		685313464 Rahu 10:03AM – 11:23AM	Bava Until 9:21AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 9:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 6:20PM				Kartika•Aipasi			
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Adana, Turkey Sun 19 Sutra 202	
Dhanus Rasi: 19.33	Tithi 6	Gulika 6:04AM – 7:24AM	Purvashadha* Until 7:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:04AM		Vikarin 5121
		Yama 12:42PM – 2:02PM	Dhriti Until 2:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:41PM		Moon 10 - Phase 28
		685313464 Rahu 8:43AM – 10:03AM	Kaulava Until 9:37AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:02PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 7:31PM				Kartika•Aipasi			
Then Routine Work - Marana Yoga		Skanda Shasthi					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Adana, Turkey Sun 20 Sutra 203	
Makara Rasi: 2.05	Tithi 7	Gulika 2:01PM – 3:21PM	Uttarashadha Until 9:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 11:23AM – 12:42PM	Shula* Until 2:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:40PM		Moon 10 - Phase 28
		685313464 Rahu 3:21PM – 4:40PM	Gara Until 10:42AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 11:30PM	Moon – Light Blue		Subha Subha Sivaloka Day	
				Kartika•Aipasi			

Monday, November 4, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Adana, Turkey Sun 21 Sutra 204	
Makara Rasi: 14.19	Tithi 8	Gulika 12:42PM – 2:01PM	Shravana Until 11:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:06AM		Vikarin 5121
Family Home Evening		Yama 10:03AM – 11:23AM	Ganda* Until 3:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:39PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 7:25AM – 8:44AM	Visti Until 12:29PM	Nataraja: Purple			Ashtami
Until 11:57PM			Ashtami* Until 1:33AM Tue	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Kartika•Aipasi			

Tuesday, November 5, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Adana, Turkey Sun 22 Sutra 205	
Makara Rasi: 26.2	Tithi 9	Gulika 11:23AM – 12:42PM	Dhanishtha Until 2:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:07AM		Vikarin 5121
		Yama 8:45AM – 10:04AM	Vriddhi Until 4:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:38PM		Moon 10 - Phase 28
		696313464 Rahu 2:01PM – 3:19PM	Balava Until 2:45PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 3:58AM Wed	Moon – Purple		Sivaloka Day	
				Kartika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey
	Kumbha Rasi: 8.14	Tithi 10	Gulika 10:04AM – 11:23AM	Shatabhishak Until 5:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:08AM	Sun 23 Sutra 206
			Yama 7:27AM – 8:45AM	Dhruva Until 5:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:37PM	Vikarin 5121
	Creative Work	Siddha Yoga	696313464 Rahu 11:23AM – 12:41PM	Taitila Until 5:16PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
			Dashami Until 6:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey
	Kumbha Rasi: 20.05	Tithi 10 – 11	Gulika 8:46AM – 10:04AM	Purvaproshtapada* Until 8:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	Sun 24 Sutra 207
			Yama 6:09AM – 7:27AM	Vyaghata* Until 6:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:36PM	Vikarin 5121
	Creative Work	Siddha Yoga	716313464 Rahu 12:41PM – 2:00PM	Vanija Until 7:47PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
			Dashami Until 6:31AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey
	Meena Rasi: 1.58	Tithi 11 – 12	Gulika 7:28AM – 8:46AM	Purvaproshtapada* Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	Sun 25 Sutra 208
			Yama 1:59PM – 3:17PM	Vyaghata* Until 6:04AM	Muruqa: Purple	<i>Sunset:</i> 4:36PM	Vikarin 5121
	Creative Work	Siddha Yoga	716313464 Rahu 10:05AM – 11:23AM	Bava Until 10:08PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
			Ekadashi Until 8:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey
	Meena Rasi: 13.56	Tithi 12 – 13	Gulika 6:11AM – 7:29AM	Uttaraproshtapada Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 6:11AM	Sun 26 Sutra 209
			Yama 12:41PM – 1:59PM	Harshana Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 4:35PM	Vikarin 5121
	Creative Work	Siddha Yoga	716313464 Rahu 8:47AM – 10:05AM	Kaulava Until 12:12AM Sun	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
			Dvadashi Until 11:11AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			
				<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey
	Meena Rasi: 26.02	Tithi 13 – 14	Gulika 1:58PM – 3:16PM	Revati Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM	Sun 27 Sutra 210
			Yama 11:23AM – 12:41PM	Vajra* Until 7:08AM	Muruqa: Purple	<i>Sunset:</i> 4:34PM	Vikarin 5121
	Creative Work	Amrita Yoga	716313464 Rahu 3:16PM – 4:34PM	Gara Until 1:52AM Mon	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
			Trayodashi Until 1:03PM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey
	Mesha Rasi: 8.17	Tithi 14 – 15	Gulika 12:41PM – 1:58PM	Ashvini Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Sutra 211
	Family Home Evening		Yama 10:06AM – 11:23AM	Siddhi Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Vikarin 5121
	Creative Work	Siddha Yoga	727313464 Rahu 7:31AM – 8:48AM	Visti Until 3:07AM Tue	Nataraja: Purple		Moon 10 - Phase 29 Purnima
			Chaturdashi* Until 2:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

6	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey
	Mesha Rasi: 20.43	Tithi 15 – 16	Gulika 11:23AM – 12:40PM	Bharani Until 5:19PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	Sutra 212
			Yama 8:49AM – 10:06AM	Vyatipata* Until 7:03AM	Muruqa: Purple	<i>Sunset:</i> 4:32PM	Vikarin 5121
	Creative Work	Siddha Yoga	727413464 Rahu 1:58PM – 3:15PM	Balava Until 3:57AM Wed	Nataraja: Purple		Moon 10 - Phase 29 Prathama
			Purnima* Until 3:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Adana, Turkey

Sun 1 Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 3.21 Tithi 16 - 17

727413464

Gulika

10:06AM - 11:23AM

Yama

7:32AM - 8:49AM

Rahu

11:23AM - 12:40PM

Krittika Until 6:19PM

Variyan Until 6:30AM

Taitila Until 4:22AM Thu

Prathama* Until 4:11PM

Ganesha: White

Sunrise: 6:15AM

Muruqa: Purple

Sunset: 4:31PM

Nataraja: Purple

Moon - White

Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 2 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 16.1 Tithi 17 - 18

737413464

Gulika

8:50AM - 10:07AM

Yama

6:16AM - 7:33AM

Rahu

12:40PM - 1:57PM

Rohini Until 7:14PM

Shiva Until 4:31AM Fri

Vanija Until 4:23AM Fri

Dvitiya Until 4:24PM

Ganesha: Clear

Sunrise: 6:16AM

Muruqa: Purple

Sunset: 4:31PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Adana, Turkey

Sun 3 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 29.11 Tithi 18 - 19

737413464

Gulika

7:34AM - 8:50AM

Yama

1:57PM - 3:13PM

Rahu

10:07AM - 11:24AM

Mrigashira Until 7:38PM

Siddha Until 3:03AM Sat

Bava Until 4:02AM Sat

Tritiya Until 4:14PM

Ganesha: Clear

Sunrise: 6:17AM

Muruqa: Purple

Sunset: 4:30PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 4 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.23 Tithi 19 - 20

737413464

Gulika

6:18AM - 7:35AM

Yama

12:40PM - 1:57PM

Rahu

8:51AM - 10:07AM

Ardra Until 7:32PM

Sadhya Until 1:19AM Sun

Kaulava Until 3:20AM Sun

Chaturthi* Until 3:42PM

Ganesha: Clear

Sunrise: 6:18AM

Muruqa: Purple

Sunset: 4:29PM

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey

Sun 5 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 25.46 Tithi 20 - 21

747413465

Gulika

1:56PM - 3:12PM

Yama

11:24AM - 12:40PM

Rahu

3:12PM - 4:29PM

Punarvasu Until 7:24PM

Subha Until 11:20PM

Gara Until 2:17AM Mon

Panchami Until 2:50PM

Ganesha: Purple

Sunrise: 6:19AM

Muruqa: Purple

Sunset: 4:29PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 6 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 9.21 Tithi 21 - 22

748413465

Gulika

12:40PM - 1:56PM

Yama

10:08AM - 11:24AM

Rahu

7:36AM - 8:52AM

Pushya Until 6:46PM

Sukla Until 9:03PM

Visti Until 12:53AM Tue

Shashthi* Until 1:37PM

Ganesha: Clear

Sunrise: 6:20AM

Muruqa: Purple

Sunset: 4:28PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Adana, Turkey

Sun 7 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 23.08 Tithi 22 - 23

748413465

Gulika

11:24AM - 12:40PM

Yama

8:53AM - 10:09AM

Rahu

1:56PM - 3:12PM

Ashlesha* Until 5:40PM

Brahma Until 6:31PM

Balava Until 11:10PM

Saptami Until 12:03PM

Ganesha: Clear

Sunrise: 6:21AM

Muruqa: Purple

Sunset: 4:27PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 8 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 7.07 Tithi 23 - 24

758413465

Gulika

10:09AM - 11:25AM

Yama

7:38AM - 8:54AM

Rahu

11:25AM - 12:40PM

Magha* Until 4:32PM

Indra Until 3:44PM

Taitila Until 9:08PM

Ashtami* Until 10:10AM

Ganesha: White

Sunrise: 6:22AM

Muruqa: Purple

Sunset: 4:27PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Adana, Turkey Sun 9 Sutra 221 Vikarin 5121
Simha Rasi: 21.18	Tithi 24 – 25	Gulika 8:54AM – 10:10AM	Purvaphalguni Until 2:59PM	Ganesha: White <i>Sunrise:</i> 6:24AM	
		Yama 6:24AM – 7:39AM	Vaidhriti* Until 12:42PM	Muruqa: Purple <i>Sunset:</i> 4:26PM	Moon 11 - Phase 31
		758413465 Rahu 12:40PM – 1:56PM	Vanija Until 6:49PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau	Adana, Turkey Sun 10 Sutra 222 Vikarin 5121
Kanya Rasi: 5.4	Tithi 26	Gulika 7:40AM – 8:55AM	Uttaraphalguni Until 1:03PM	Ganesha: White <i>Sunrise:</i> 6:25AM	
		Yama 1:55PM – 3:11PM	Vishkambha* Until 9:29AM	Muruqa: Purple <i>Sunset:</i> 4:26PM	Moon 11 - Phase 31
		758413465 Rahu 10:10AM – 11:25AM	Bava Until 4:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 1:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau	Adana, Turkey Sun 11 Sutra 223 Vikarin 5121
Kanya Rasi: 20.08	Tithi 27	Gulika 6:26AM – 7:41AM	Hasta Until 11:16AM	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	
		Yama 12:40PM – 1:55PM	Priti Until 6:09AM	Muruqa: Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 31
		768413465 Rahu 8:55AM – 10:10AM	Kaulava Until 1:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashti* Until 12:17AM Sun	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Adana, Turkey Sun 12 Sutra 224 Vikarin 5121
Tula Rasi: 4.38	Tithi 28	Gulika 1:55PM – 3:10PM	Chitra Until 9:20AM	Ganesha: Blue <i>Sunrise:</i> 6:27AM	
		Yama 11:26AM – 12:41PM	Saubhagya Until 11:25PM	Muruqa: Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 31
		769413465 Rahu 3:10PM – 4:25PM	Gara Until 10:59AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
				<i>Pradosha Vrata (Fasting)</i>	

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Adana, Turkey Sun 13 Sutra 225 Vikarin 5121
Tula Rasi: 19.06	Tithi 29	Gulika 12:41PM – 1:55PM	Svati Until 7:21AM	Ganesha: Blue <i>Sunrise:</i> 6:28AM	
Family Home Evening		Yama 10:11AM – 11:26AM	Sobhana Until 8:15PM	Muruqa: Purple <i>Sunset:</i> 4:24PM	Moon 11 - Phase 31
		769413465 Rahu 7:42AM – 8:57AM	Visti Until 8:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 7:14PM	Moon – Green	Devaloka Day
Until 7:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Adana, Turkey Sun 14 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.23	Tithi 30 – 1	Gulika 11:26AM – 12:41PM	Anuradha Until 4:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:29AM	
		Yama 8:57AM – 10:12AM	Athiganda* Until 5:20PM	Muruqa: Purple <i>Sunset:</i> 4:24PM	Moon 11 - Phase 31
		779413465 Rahu 1:55PM – 3:10PM	Catuspada Until 6:09AM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Adana, Turkey Sun 15 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.25	Tithi 1 – 2	Gulika 10:12AM – 11:27AM	Jyeshtha* Until 3:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:30AM	
		Yama 7:44AM – 8:58AM	Sukarma Until 2:49PM	Muruqa: Purple <i>Sunset:</i> 4:24PM	Moon 11 - Phase 31
		779413465 Rahu 11:27AM – 12:41PM	Balava Until 2:55AM Thu	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey
Meena Rasi: 9.57	Tithi 10	711413465	Gulika 7:51AM – 9:04AM Yama 1:56PM – 3:09PM Rahu 10:17AM – 11:30AM	Uttaraproshtapada Until 7:27PM Siddhi Until 12:59PM Taitila Until 2:00PM Dashami Until 3:05AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear Margasira-Karttikai	Sunrise: 6:38AM Sunset: 4:22PM	Sun 24	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase Sivaloka Day
Creative Work	Siddha Yoga							

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey
Meena Rasi: 21.56	Tithi 11	711513465	Gulika 6:39AM – 7:52AM Yama 12:43PM – 1:56PM Rahu 9:05AM – 10:18AM	Revati Until 9:46PM Vyatipata* Until 1:31PM Vanija Until 4:07PM Ekadashi Until 4:59AM Sun	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear Margasira-Karttikai	Sunrise: 6:39AM Sunset: 4:22PM	Sun 25	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase Subha Sivaloka Day
Routine Work	Prabalarishta Yoga							
Until 9:46PM								
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey
Mesha Rasi: 4.05	Tithi 12	721513465	Gulika 1:57PM – 3:09PM Yama 11:31AM – 12:44PM Rahu 3:09PM – 4:22PM	Ashvini Until 11:59PM Varyan Until 1:43PM Bava Until 5:47PM Dvadashi Until 6:24AM Mon	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White Margasira-Karttikai	Sunrise: 6:40AM Sunset: 4:22PM	Sun 26	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase Sivaloka Day
Creative Work	Siddha Yoga							
Until 11:59PM								
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey
Mesha Rasi: 16.26	Tithi 12 – 13	721513465	Gulika 12:44PM – 1:57PM Yama 10:19AM – 11:31AM Rahu 7:53AM – 9:06AM	Bharani Until 1:30AM Tue Parigha* Until 1:31PM Kaulava Until 6:55PM Dvadashi Until 6:24AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White Margasira-Karttikai	Sunrise: 6:40AM Sunset: 4:22PM	Sun 27	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase Sivaloka Day
Family Home Evening								
Creative Work	Siddha Yoga							

Pradosha Vrata

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey
Mesha Rasi: 29.02	Tithi 13 – 14	721513465	Gulika 11:32AM – 12:45PM Yama 9:07AM – 10:19AM Rahu 1:57PM – 3:10PM	Krittika Until 2:18AM Wed Shiva Until 12:54PM Gara Until 7:29PM Trayodashi Until 7:15AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White Margasira-Karttikai	Sunrise: 6:41AM Sunset: 4:22PM	Sun 28	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase Sivaloka Day
Creative Work	Siddha Yoga							

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey
Copper Retreat Star			Gulika 10:20AM – 11:32AM Yama 7:55AM – 9:07AM Rahu 11:32AM – 12:45PM	Rohini Until 2:52AM Thu Siddha Until 11:49AM Visti Until 7:28PM Chaturdashi* Until 7:31AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow Margasira-Karttikai	Sunrise: 6:42AM Sunset: 4:23PM	Sun 29	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima Sivaloka Day
Vrishabha Rasi: 11.54	Tithi 14 – 15	731523465						
Creative Work	Siddha Yoga							
Until 2:52AM Thu								
Then Routine Work - Marana Yoga								

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey
Silver Retreat Star			Gulika 9:08AM – 10:20AM Yama 6:43AM – 7:55AM Rahu 12:45PM – 1:58PM	Mrigashira Until 2:48AM Fri Sadhya Until 10:20AM Balava Until 6:55PM Purnima* Until 7:14AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow Margasira-Karttikai	Sunrise: 6:43AM Sunset: 4:23PM	Sun 30	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama Devaloka Day
Vrishabha Rasi: 25.03	Tithi 15 – 16	732523465						
Routine Work	Marana Yoga							
Until 2:48AM Fri								
Then Creative Work - Siddha Yoga								
			Vinayaga Viratam Begins					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Adana, Turkey

Sutra 243

Mithuna Rasi: 8.28 Tithi 16 - 17

732523465

Gulika 7:56AM - 9:08AM
Yama 1:58PM - 3:11PM
Rahu 10:21AM - 11:33AM

Ardra Until 2:09AM Sat
Subha Until 8:28AM
Gara Until 5:16AM Sat
Prathama* Until 6:27AM

Ganesha: Clear *Sunrise: 6:44AM*

Muruqa: Clear *Sunset: 4:23PM*

Nataraja: Clear

Moon - Yellow

Devaloka Day

Margasira-Karttikai

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 244

Mithuna Rasi: 22.06 Tithi 18

742523465

Gulika 6:44AM - 7:57AM
Yama 12:46PM - 1:58PM
Rahu 9:09AM - 10:21AM

Punarvasu Until 1:29AM Sun
Sukla Until 6:15AM
Vanija Until 4:34PM
Tritiya Until 3:45AM Sun

Ganesha: Purple *Sunrise: 6:44AM*

Muruqa: Clear *Sunset: 4:23PM*

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey

Sun 2 Sutra 245

Kataka Rasi: 5.56 Tithi 19

742523465

Gulika 1:59PM - 3:11PM
Yama 11:34AM - 12:47PM
Rahu 3:11PM - 4:24PM

Pushya Until 12:25AM Mon
Indra Until 1:11AM Mon
Bava Until 2:55PM
Chaturthi* Until 2:00AM Mon

Ganesha: Purple *Sunrise: 6:45AM*

Muruqa: Clear *Sunset: 4:24PM*

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 246

Kataka Rasi: 19.55 Tithi 20

742523465

Gulika 12:47PM - 1:59PM
Yama 10:22AM - 11:35AM
Rahu 7:58AM - 9:10AM

Ashlesha* Until 11:02PM
Vaidhriti* Until 10:24PM
Kaulava Until 1:04PM
Panchami Until 12:04AM Tue

Ganesha: Purple *Sunrise: 6:46AM*

Muruqa: Clear *Sunset: 4:24PM*

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

Family Home Evening

Until 11:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Sun 4 Sutra 247

Simha Rasi: 4 Tithi 21

852523465

Gulika 11:35AM - 12:47PM
Yama 9:11AM - 10:23AM
Rahu 2:00PM - 3:12PM

Magha* Until 9:50PM
Vishkambha* Until 7:33PM
Gara Until 11:06AM
Shashthi* Until 10:03PM

Ganesha: Purple *Sunrise: 6:46AM*

Muruqa: Clear *Sunset: 4:24PM*

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Adana, Turkey

Sun 5 Sutra 248

Simha Rasi: 18.08 Tithi 22

852523465

Gulika 10:24AM - 11:36AM
Yama 7:59AM - 9:11AM
Rahu 11:36AM - 12:48PM

Purvaphalguni Until 8:27PM
Priti Until 4:40PM
Visti Until 9:02AM
Saptami Until 7:59PM

Ganesha: Purple *Sunrise: 6:47AM*

Muruqa: Clear *Sunset: 4:25PM*

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 6 Sutra 249

Kanya Rasi: 2.17 Tithi 23 - 24

852523465

Gulika 9:12AM - 10:24AM
Yama 6:47AM - 8:00AM
Rahu 12:48PM - 2:01PM

Uttaraphalguni Until 6:55PM
Ayushman Until 1:44PM
Balava Until 6:57AM
Ashtami* Until 5:54PM

Ganesha: Purple *Sunrise: 6:47AM*

Muruqa: Clear *Sunset: 4:25PM*

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

Ashtami

Amrita Yoga

Until 6:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Adana, Turkey

Sun 7 Sutra 250

Kanya Rasi: 16.26 Tithi 24 - 25

862523465

Gulika 8:00AM - 9:12AM
Yama 2:01PM - 3:13PM
Rahu 10:25AM - 11:37AM

Hasta Until 5:41PM
Saubhagya Until 10:50AM
Vanija Until 2:51AM Sat
Navami* Until 3:50PM

Ganesha: Clear *Sunrise: 6:48AM*

Muruqa: Clear *Sunset: 4:25PM*

Nataraja: Clear

Moon - Green

Devaloka Day

Margasira-Markali

Moon 12 - Phase 34

Navami

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Adana, Turkey Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 0.34	Tithi 25 – 26	862523465	Gulika 6:49AM – 8:01AM Yama 12:49PM – 2:02PM Rahu 9:13AM – 10:25AM	Chitra Until 4:22PM Sobhana Until 7:59AM Bava Until 12:54AM Sun	Ganesha: Clear <i>Sunrise: 6:49AM</i> Muruqa: Clear <i>Sunset: 4:26PM</i> Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Dashami Until 1:51PM	Devaloka Day Margasira*Markali
Until 4:22PM					
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Adana, Turkey Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 14.38	Tithi 26 – 27	862523465	Gulika 2:02PM – 3:14PM Yama 11:38AM – 12:50PM Rahu 3:14PM – 4:26PM	Svati Until 3:03PM Sukarma Until 2:33AM Mon Kaulava Until 11:07PM	Ganesha: Clear <i>Sunrise: 6:49AM</i> Muruqa: Clear <i>Sunset: 4:26PM</i> Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Ekadashi* Until 11:58AM	Devaloka Day Margasira*Markali
Until 3:03PM					
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Adana, Turkey Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 28.35	Tithi 27 – 28	872523465	Gulika 12:50PM – 2:03PM Yama 10:26AM – 11:38AM Rahu 8:02AM – 9:14AM	Vishakha Until 2:13PM Dhriti Until 12:07AM Tue Gara Until 9:34PM	Ganesha: White <i>Sunrise: 6:50AM</i> Muruqa: Clear <i>Sunset: 4:27PM</i> Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Dvadashi* Until 10:17AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:13PM					
Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)			
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.23	Tithi 28 – 29	872523465	Gulika 11:39AM – 12:51PM Yama 9:14AM – 10:27AM Rahu 2:03PM – 3:15PM	Anuradha Until 1:31PM Shula* Until 9:54PM Visti Until 8:19PM	Ganesha: White <i>Sunrise: 6:50AM</i> Muruqa: Clear <i>Sunset: 4:27PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Trayodashi* Until 8:52AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:31PM					
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Adana, Turkey Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 25.58	Tithi 29 – 30	872523465	Gulika 10:27AM – 11:39AM Yama 8:03AM – 9:15AM Rahu 11:39AM – 12:51PM	Jyeshtha* Until 1:02PM Ganda* Until 8:02PM Catuspada Until 7:29PM	Ganesha: White <i>Sunrise: 6:50AM</i> Muruqa: Clear <i>Sunset: 4:28PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Chaturdashi* Until 7:49AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:02PM					
Then Routine Work - Marana Yoga					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Adana, Turkey Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.19	Tithi 30 – 1	883523465	Gulika 9:15AM – 10:28AM Yama 6:51AM – 8:03AM Rahu 12:52PM – 2:04PM	Mula* Until 1:19PM Vriddhi Until 6:34PM Kintughna Until 7:09PM	Ganesha: Orange <i>Sunrise: 6:51AM</i> Muruqa: Clear <i>Sunset: 4:29PM</i> Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Amavasya* Until 7:14AM	Devaloka Day Pausha*Markali

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau	Adana, Turkey Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 22.22	Tithi 1 – 2	Gulika 8:03AM – 9:16AM	Purvashadha* Until 1:59PM	Ganesha: Orange <i>Sunrise:</i> 6:51AM	
		Yama 2:05PM – 3:17PM	Dhruva Until 5:31PM	Muruqa: Clear <i>Sunset:</i> 4:29PM	Moon 12 - Phase 36
		883523466 Rahu 10:28AM – 11:40AM	Balava Until 7:22PM	Nataraja: Orange	3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 7:10AM	Moon – Light Blue	Devaloka Day
Until 1:59PM				Pausa-Markali	
Then Routine Work - Marana Yoga					

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Trityayam Titau	Adana, Turkey Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 5.09	Tithi 2 – 3	Gulika 6:52AM – 8:04AM	Uttarashadha Until 3:04PM	Ganesha: Orange <i>Sunrise:</i> 6:52AM	
		Yama 12:53PM – 2:05PM	Vyaghata* Until 4:56PM	Muruqa: Clear <i>Sunset:</i> 4:30PM	Moon 12 - Phase 36
		883523466 Rahu 9:16AM – 10:28AM	Taitila Until 8:12PM	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:42AM	Moon – Light Blue	Devaloka Day
Until 3:04PM				Pausa-Markali	
Then Creative Work - Siddha Yoga					

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritya/Chaturtham Titau	Adana, Turkey Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 17.4	Tithi 3 – 4	Gulika 2:06PM – 3:18PM	Shravana Until 5:02PM	Ganesha: Clear <i>Sunrise:</i> 6:52AM	
		Yama 11:41AM – 12:54PM	Harshana Until 4:48PM	Muruqa: Clear <i>Sunset:</i> 4:31PM	Moon 12 - Phase 36
		893523466 Rahu 3:18PM – 4:31PM	Vanija Until 9:37PM	Nataraja: Orange	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:49AM	Moon – Purple	Devaloka Day
Until 5:02PM				Pausa-Markali	
Then Routine Work - Marana Yoga					

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Adana, Turkey Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 29.55	Tithi 4 – 5	Gulika 12:54PM – 2:07PM	Dhanishtha Until 7:20PM	Ganesha: Clear <i>Sunrise:</i> 6:52AM	
Family Home Evening		Yama 10:29AM – 11:42AM	Vajra* Until 5:03PM	Muruqa: Clear <i>Sunset:</i> 4:31PM	Moon 12 - Phase 36
		893523466 Rahu 8:05AM – 9:17AM	Bava Until 11:31PM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:29AM	Moon – Purple	Devaloka Day
				Pausa-Markali	

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Adana, Turkey Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 12.01	Tithi 5 – 6	Gulika 11:42AM – 12:55PM	Shatabhishak Until 9:50PM	Ganesha: Clear <i>Sunrise:</i> 6:52AM	
		Yama 9:17AM – 10:30AM	Siddhi Until 5:36PM	Muruqa: Clear <i>Sunset:</i> 4:32PM	Moon 12 - Phase 36
		893523466 Rahu 2:07PM – 3:20PM	Kaulava Until 1:48AM Wed	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Panchami Until 12:36PM	Moon – Purple	Devaloka Day
				Pausa-Markali	

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Adana, Turkey Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 23.58	Tithi 6 – 7	Gulika 10:31AM – 11:43AM	Purvaprosarthpada* Until 12:54AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:53AM	
		Yama 8:05AM – 9:18AM	Vyatipata* Until 6:21PM	Muruqa: Clear <i>Sunset:</i> 4:34PM	Moon 12 - Phase 36
		813623466 Rahu 11:43AM – 12:56PM	Gara Until 4:17AM Thu	Nataraja: Orange	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:01PM	Moon – Clear	Bhuloka Day
Until 12:54AM Thu				Pausa-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends			

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Varyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Adana, Turkey Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 5.51	Tithi 7 – 8	Gulika 9:18AM – 10:31AM	Uttaraprosarthpada Until 3:48AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:53AM	
		Yama 6:53AM – 8:06AM	Variyan Until 7:08PM	Muruqa: Clear <i>Sunset:</i> 4:34PM	Moon 12 - Phase 36
		813623466 Rahu 12:56PM – 2:09PM	Visti Until 6:46AM Fri	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:31PM	Moon – Clear	Bhuloka Day
				Pausa-Markali	Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Adana, Turkey Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 17.44	Tithi 8	Gulika 8:06AM – 9:19AM	Revati Until 6:23AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:53AM	
		Yama 2:10PM – 3:22PM	Parigha* Until 7:51PM	Muruqa: Clear <i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
		813623466 Rahu 10:31AM – 11:44AM	Visti Until 6:46AM	Nataraja: Orange	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:55PM	Moon – Clear	Bhuloka Day
				Pausa-Markali	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Adana, Turkey Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 29.43	Tithi 9	Gulika 6:53AM – 8:06AM	Revati Until 6:23AM	Ganesha: Blue <i>Sunrise:</i> 6:53AM	
		Yama 12:57PM – 2:10PM	Shiva Until 8:21PM	Muruqa: Clear <i>Sunset:</i> 4:36PM	Moon 12 - Phase 36
		813623466 Rahu 9:19AM – 10:32AM	Balava Until 9:02AM	Nataraja: Orange	Navami
Routine Work	Prabalarishta Yoga		Navami* Until 10:01PM	Moon – Clear	Bhuloka Day
Until 6:23AM				Pausa-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


1		Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 11.5	Tithi 10	Gulika 2:11PM – 3:24PM	Ashvini Until 8:54AM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM			
		Yama 11:45AM – 12:58PM	Siddha Until 8:27PM	Muruqa: Clear	<i>Sunset:</i> 4:37PM			Moon 12 - Phase 37
	823623466	Rahu 3:24PM – 4:37PM	Taitila Until 10:54AM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga			Moon – White			Devaloka Day	
Until 8:54AM		Subramuniyaswami Jayanti	Dashami Until 11:36PM	Pausha-Markali				
Then Routine Work - Prabararishta Yoga								

2		Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.11	Tithi 11	Gulika 12:59PM – 2:12PM	Bharani Until 10:44AM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM			
Family Home Evening		Yama 10:32AM – 11:45AM	Sadhya Until 8:06PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM			Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 Rahu 8:06AM – 9:19AM	Vanija Until 12:11PM	Nataraja: Orange				4th Phase
Until 10:44AM		Vaikuntha Ekadasi	Ekadashi Until 12:33AM Tue	Moon – White			Devaloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali				

3		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 6.5	Tithi 12	Gulika 11:46AM – 12:59PM	Krittika Until 11:45AM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM			
		Yama 9:19AM – 10:33AM	Subha Until 7:13PM	Muruqa: Clear	<i>Sunset:</i> 4:39PM			Moon 12 - Phase 37
	823623466	Rahu 2:12PM – 3:26PM	Bava Until 12:47PM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga			Moon – White			Devaloka Day	
Until 11:45AM			Dvadashi Until 12:47AM Wed	Pausha-Markali				
Then Creative Work - Amrita Yoga								

4		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 19.49	Tithi 13	Gulika 10:33AM – 11:46AM	Rohini Until 12:22PM	Ganesha: White	<i>Sunrise:</i> 6:53AM			
		Yama 8:06AM – 9:20AM	Sukla Until 5:44PM	Muruqa: Clear	<i>Sunset:</i> 4:40PM			Moon 12 - Phase 37
	833623466	Rahu 11:46AM – 1:00PM	Kaulava Until 12:38PM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga			Moon – Yellow			Bhuloka Day	
			Trayodashi Until 12:17AM Thu	Pausha-Markali			Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata</i>					

5		Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.1	Tithi 14	Gulika 9:20AM – 10:33AM	Mrigashira Until 12:09PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM			
		Yama 6:53AM – 8:06AM	Brahma Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM			Moon 12 - Phase 37
	834623466	Rahu 1:00PM – 2:14PM	Gara Until 11:48AM	Nataraja: Orange				4th Phase
Routine Work	Marana Yoga			Moon – Yellow			Devaloka Day	
			Chaturdashi* Until 11:07PM	Pausha-Markali				

		Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sutra 271 Vikarin 5121
Mithuna Rasi: 16.54	Tithi 15	Gulika 8:06AM – 9:20AM	Ardra Until 11:10AM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM			
		Yama 2:14PM – 3:28PM	Indra Until 1:16PM	Muruqa: Clear	<i>Sunset:</i> 4:42PM			Moon 12 - Phase 37
	834623466	Rahu 10:34AM – 11:47AM	Visti Until 10:19AM	Nataraja: Orange				Purnima
Creative Work	Siddha Yoga			Moon – Yellow			Devaloka Day	
		Penumbral Lunar Eclipse	Purnima* Until 9:22PM	Pausha-Markali				
		Ardra Darshanam						

Saturday, January 11, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey Sutra 272 Vikarin 5121
Kataka Rasi: 0.58	Tithi 16	Gulika 6:53AM – 8:06AM	Punarvasu Until 9:59AM	Ganesha: White	<i>Sunrise:</i> 6:53AM			
		Yama 1:01PM – 2:15PM	Vaidhriti* Until 10:22AM	Muruqa: Clear	<i>Sunset:</i> 4:43PM			Moon 12 - Phase 37
	844623466	Rahu 9:20AM – 10:34AM	Balava Until 8:20AM	Nataraja: Orange				Prathama
Creative Work	Siddha Yoga			Moon – Blue			Sivaloka Day	
			Prathama* Until 7:10PM	Pausha-Markali				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.17 Tithi 17 – 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha*7Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika

2:16PM – 3:30PM

Yama

11:48AM – 1:02PM

Rahu

3:30PM – 4:43PM

Pushya Until 8:17AM

Vishkambha* Until 7:12AM

Vanija Until 3:21AM Mon

Dvitiya Until 4:40PM

Ganesha: White

Sunrise: 6:52AM

Muruqa: Clear

Sunset: 4:43PM

Nataraja: Orange

Moon – Blue

Pausha-Markali

Sivaloka Day

Adana, Turkey

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

1

Monday, January 13, 2020

Kataka Rasi: 29.46 Tithi 18 – 19

Family Home Evening

844623466

Creative Work Siddha Yoga

Until 6:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika

1:02PM – 2:16PM

Yama

10:34AM – 11:48AM

Rahu

8:06AM – 9:20AM

Ashlesha* Until 6:13AM

Ayushman Until 12:24AM Tue

Bava Until 12:39AM Tue

Tritiya Until 1:59PM

Ganesha: White

Sunrise: 6:52AM

Muruqa: Clear

Sunset: 4:44PM

Nataraja: Orange

Moon – Blue

Pausha-Markali

Sivaloka Day

Adana, Turkey

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

2

Tuesday, January 14, 2020

Simha Rasi: 14.19 Tithi 19 – 20

Creative Work Siddha Yoga

Until 2:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika

11:49AM – 1:03PM

Yama

9:20AM – 10:35AM

Rahu

2:17PM – 3:31PM

Purvaphalguni Until 2:23AM Wed

Saubhagya Until 8:58PM

Kaulava Until 9:57PM

Chaturthi* Until 11:16AM

Ganesha: Clear

Sunrise: 6:52AM

Muruqa: Clear

Sunset: 4:45PM

Nataraja: Orange

Moon – Red

Pausha-Thai

Devaloka Day

Adana, Turkey

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

3

Wednesday, January 15, 2020

Simha Rasi: 28.5 Tithi 20 – 21

Creative Work Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika

10:35AM – 11:49AM

Yama

8:06AM – 9:20AM

Rahu

11:49AM – 1:03PM

Uttaraphalguni Until 12:26AM Thu

Sobhana Until 5:40PM

Gara Until 7:24PM

Panchami Until 8:38AM

Ganesha: Clear

Sunrise: 6:52AM

Muruqa: Clear

Sunset: 4:46PM

Nataraja: Orange

Moon – Red

Pausha-Thai

Devaloka Day

Adana, Turkey

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

4

Thursday, January 16, 2020

Kanya Rasi: 13.14 Tithi 21 – 22

Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika

9:20AM – 10:35AM

Yama

6:51AM – 8:06AM

Rahu

1:04PM – 2:18PM

Hasta Until 11:00PM

Athiganda* Until 2:30PM

Bava Until 3:59AM Fri

Shashthi* Until 6:11AM

Ganesha: Purple

Sunrise: 6:51AM

Muruqa: Clear

Sunset: 4:48PM

Nataraja: Orange

Moon – Green

Pausha-Thai

Sivaloka Day

Adana, Turkey

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 27.27 Tithi 23

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika

8:06AM – 9:20AM

Yama

2:19PM – 3:34PM

Rahu

10:35AM – 11:50AM

Chitra Until 9:43PM

Sukarma Until 11:35AM

Balava Until 3:01PM

Ashtami* Until 2:06AM Sat

Ganesha: Purple

Sunrise: 6:51AM

Muruqa: Clear

Sunset: 4:49PM

Nataraja: Orange

Moon – Green

Pausha-Thai

Sivaloka Day

Adana, Turkey

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 11.28 Tithi 24

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika

6:51AM – 8:05AM

Yama

1:05PM – 2:20PM

Rahu

9:20AM – 10:35AM

Svati Until 8:39PM

Dhriti Until 8:56AM

Taitila Until 1:19PM

Navami* Until 12:35AM Sun

Ganesha: Purple

Sunrise: 6:51AM

Muruqa: Clear

Sunset: 4:50PM

Nataraja: Orange

Moon – Green

Pausha-Thai

Sivaloka Day

Adana, Turkey

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Dashamyam Titau				Adana, Turkey	
	Tula Rasi: 25.15	Tithi 25	874623466	Sun 8	Sutra 280	Vikarin 5121		
	Routine Work	Marana Yoga	Gulika 2:20PM – 3:36PM Yama 11:50AM – 1:05PM Rahu 3:36PM – 4:51PM	Vishakha Until 8:14PM Shula* Until 6:33AM Vanija Until 11:58AM Dashami Until 11:26PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 6:50AM Sunset: 4:51PM	Moon 1 - Phase 39 2nd Phase	Devaloka Day

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Adana, Turkey		
	Vrischika Rasi: 8.49	Tithi 26	874623466	Sun 9	Sutra 281	Vikarin 5121			
	Family Home Evening	Creative Work	Siddha Yoga	Gulika 1:06PM – 2:21PM Yama 10:35AM – 11:51AM Rahu 8:05AM – 9:20AM	Anuradha Until 8:02PM Vriddhi Until 2:45AM Tue Bava Until 11:01AM Ekadashi* Until 10:40PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 6:50AM Sunset: 4:52PM	Moon 1 - Phase 39 2nd Phase	Devaloka Day

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Adana, Turkey	
	Vrischika Rasi: 22.1	Tithi 27	875623466	Sun 10	Sutra 282	Vikarin 5121		
	Routine Work	Marana Yoga	Gulika 11:51AM – 1:06PM Yama 9:20AM – 10:35AM Rahu 2:22PM – 3:37PM	Jyeshtha* Until 8:05PM Dhruva Until 1:17AM Wed Kaulava Until 10:27AM Dvadashi* Until 10:18PM	Ganesha: Purple Muruqa: Clear Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 6:49AM Sunset: 4:53PM	Moon 1 - Phase 39 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Adana, Turkey	
	Dhanus Rasi: 5.18	Tithi 28	885623466	Sun 11	Sutra 283	Vikarin 5121		
	Routine Work	Marana Yoga	Gulika 10:36AM – 11:51AM Yama 8:04AM – 9:20AM Rahu 11:51AM – 1:07PM	Mula* Until 8:51PM Vyaghata* Until 12:10AM Thu Gara Until 10:18AM Trayodashi* Until 10:21PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 6:49AM Sunset: 4:54PM	Moon 1 - Phase 39 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Adana, Turkey	
	Dhanus Rasi: 18.14	Tithi 29	885623466	Sun 12	Sutra 284	Vikarin 5121		
	Creative Work	Siddha Yoga	Gulika 9:20AM – 10:36AM Yama 6:48AM – 8:04AM Rahu 1:07PM – 2:23PM	Purvashadha* Until 9:51PM Harshana Until 11:23PM Visti* Until 10:34AM Chaturdashi* Until 10:50PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 6:48AM Sunset: 4:55PM	Moon 1 - Phase 39 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM

●	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Adana, Turkey	
	Retreat Star		885623466	Sun 13	Sutra 285	Vikarin 5121		
	Makara Rasi: 0.57	Tithi 30	Gulika 8:04AM – 9:20AM Yama 2:24PM – 3:40PM Rahu 10:36AM – 11:52AM	Uttarashadha Until 11:07PM Vajra* Until 10:54PM Catuspada Until 11:15AM Amavasya* Until 11:44PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 6:47AM Sunset: 4:56PM	Moon 1 - Phase 39 Amavasya	Bhuloka Day Devaloka Time: 3:PM to 6:PM

●	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Adana, Turkey	
	Retreat Star		995623466	Sun 14	Sutra 286	Vikarin 5121		
	Makara Rasi: 13.28	Tithi 1	Gulika 6:47AM – 8:03AM Yama 1:08PM – 2:25PM Rahu 9:19AM – 10:36AM	Shravana Until 1:08AM Sun Siddhi Until 10:46PM Kintughna Until 12:23PM Prathama* Until 1:05AM Sun	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sunrise: 6:47AM Sunset: 4:57PM	Moon 1 - Phase 39 Prathama	Bhuloka Day Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Adana, Turkey Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 25.49	Tithi 2	Gulika 2:25PM – 3:42PM	Dhanishtha Until 3:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:46AM		
		Yama 11:52AM – 1:09PM	Vyatipata* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 1 - Phase 40	
		995723466 Rahu 3:42PM – 4:58PM	Balava Until 1:56PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 2:50AM Mon	Moon – Purple			Devaloka Day
Until 3:21AM Mon				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau			Adana, Turkey Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 7.59	Tithi 3	Gulika 1:09PM – 2:26PM	Shatabhishak Until 5:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:46AM		
Family Home Evening		Yama 10:36AM – 11:52AM	Variyan Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 8:02AM – 9:19AM	Taitila Until 3:52PM	Nataraja: Orange		3rd Phase	
Until 5:45AM Tue			Tritiya Until 4:56AM Tue	Moon – Purple			Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija Karana Chaturthyam Titau			Adana, Turkey Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 20.02	Tithi 4	Gulika 11:53AM – 1:10PM	Purvaprossthapada* Until 8:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:45AM		
		Yama 9:19AM – 10:36AM	Parigha* Until 12:02AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 40	
		915723466 Rahu 2:26PM – 3:43PM	Vanija Until 6:06PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 7:18AM Wed	Moon – Clear			Sivaloka Day
Until 8:44AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau			Adana, Turkey Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 1.58	Tithi 4 – 5	Gulika 10:36AM – 11:53AM	Purvaprossthapada* Until 8:44AM	Ganesha: Green	<i>Sunrise:</i> 6:44AM		
		Yama 8:01AM – 9:18AM	Shiva Until 12:51AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 40	
		915723466 Rahu 11:53AM – 1:10PM	Bava Until 8:34PM	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 7:18AM	Moon – Clear			Sivaloka Day
Until 8:44AM				Magha-Thai			
Then Creative Work - Siddha Yoga							

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Adana, Turkey Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 13.51	Tithi 5 – 6	Gulika 9:18AM – 10:36AM	Uttaraprossthapada Until 11:41AM	Ganesha: Green	<i>Sunrise:</i> 6:43AM		
		Yama 6:43AM – 8:01AM	Siddha Until 1:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 40	
		915723466 Rahu 1:10PM – 2:28PM	Kaulava Until 11:06PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 9:49AM	Moon – Clear			Sivaloka Day
Until 2:26PM				Magha-Thai			
Then Creative Work - Amrita Yoga							

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Adana, Turkey Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 25.43	Tithi 6 – 7	Gulika 8:00AM – 9:18AM	Revati Until 2:26PM	Ganesha: Orange	<i>Sunrise:</i> 6:43AM		
		Yama 2:28PM – 3:46PM	Sadhya Until 2:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 40	
		916723466 Rahu 10:35AM – 11:53AM	Gara Until 1:32AM Sat	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 12:19PM	Moon – Clear			Devaloka Day
Until 2:26PM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau			Adana, Turkey Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 7.39	Tithi 7 – 8	Gulika 6:43AM – 8:00AM	Ashvini Until 5:20PM	Ganesha: Green	<i>Sunrise:</i> 6:43AM		
		Yama 1:11PM – 2:28PM	Subha Until 2:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 40	
		926723466 Rahu 9:18AM – 10:35AM	Vistil Until 3:40AM Sun	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:38PM	Moon – White			Bhuloka Day
Until 7:39PM				Magha-Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Adana, Turkey Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 19.43	Tithi 8 – 9	Gulika 2:29PM – 3:47PM	Bharani Until 7:39PM	Ganesha: Green	<i>Sunrise:</i> 6:42AM		
		Yama 11:53AM – 1:11PM	Sukla Until 3:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 1 - Phase 40	
		926723466 Rahu 3:47PM – 5:05PM	Balava Until 5:18AM Mon	Nataraja: Orange		Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 4:32PM	Moon – White			Bhuloka Day
Until 7:39PM				Magha-Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Adana, Turkey Sun 23 Sutra 295	
1		Gulika 1:11PM – 2:30PM	Krittika Until 9:12PM	Ganesha: Green <i>Sunrise:</i> 6:41AM	Vikarin 5121
Vrishabha Rasi: 1.59	Tithi 9 – 10	Yama 10:35AM – 11:53AM	Brahma Until 2:42AM Tue	Muruqa: Clear <i>Sunset:</i> 5:06PM	Moon 1 - Phase 41
Family Home Evening	926723466	Rahu 7:59AM – 9:17AM	Taitila Until 6:13AM Tue	Nataraja: Orange	4th Phase
Routine Work Marana Yoga			Navami* Until 5:50PM	Moon – White	Bhuloka Day
Until 9:12PM				Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Adana, Turkey Sun 24 Sutra 296	
2		Gulika 11:53AM – 1:12PM	Rohini Until 10:20PM	Ganesha: Red <i>Sunrise:</i> 6:40AM	Vikarin 5121
Vrishabha Rasi: 14.33	Tithi 10	Yama 9:17AM – 10:35AM	Indra Until 1:44AM Wed	Muruqa: Clear <i>Sunset:</i> 5:07PM	Moon 1 - Phase 41
	936723467	Rahu 2:30PM – 3:48PM	Taitila Until 6:13AM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga			Dashami Until 6:21PM	Moon – Yellow	Devaloka Day
Until 10:20PM				Magha*Thai	
Then Creative Work - Siddha Yoga					

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Ekadashyam Titau		Adana, Turkey Sun 25 Sutra 297	
3		Gulika 10:35AM – 11:54AM	Mrigashira Until 10:29PM	Ganesha: Red <i>Sunrise:</i> 6:39AM	Vikarin 5121
Vrishabha Rasi: 27.31	Tithi 11	Yama 7:58AM – 9:16AM	Vaidhriti* Until 12:05AM Thu	Muruqa: Clear <i>Sunset:</i> 5:08PM	Moon 1 - Phase 41
	936723467	Rahu 11:54AM – 1:12PM	Vanija Until 6:19AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:02PM	Moon – Yellow	Devaloka Day
				Magha*Thai	

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Adana, Turkey Sun 26 Sutra 298	
4		Gulika 9:16AM – 10:35AM	Ardra Until 9:41PM	Ganesha: Red <i>Sunrise:</i> 6:38AM	Vikarin 5121
Mithuna Rasi: 10.54	Tithi 12 – 13	Yama 6:38AM – 7:57AM	Vishkambha* Until 9:48PM	Muruqa: Clear <i>Sunset:</i> 5:09PM	Moon 1 - Phase 41
	936723467	Rahu 1:12PM – 2:31PM	Kaulava Until 4:03AM Fri	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dvadashi Until 4:54PM	Moon – Yellow	Devaloka Day
Until 9:41PM				Magha*Thai	
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 27 Sutra 299	
5		Gulika 7:56AM – 9:15AM	Punarvasu Until 8:28PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM	Vikarin 5121
Mithuna Rasi: 24.46	Tithi 13 – 14	Yama 2:32PM – 3:51PM	Priti Until 6:57PM	Muruqa: Clear <i>Sunset:</i> 5:10PM	Moon 1 - Phase 41
	947723467	Rahu 10:35AM – 11:54AM	Gara Until 1:50AM Sat	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 3:00PM	Moon – Blue	Bhuloka Day
Until 8:28PM				Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau		Adana, Turkey Sutra 300	
○	Copper Retreat Star	Gulika 6:36AM – 7:56AM	Pushya Until 6:31PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Vikarin 5121
Kataka Rasi: 9.03	Tithi 14 – 15	Yama 1:13PM – 2:32PM	Ayushman Until 3:36PM	Muruqa: Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 41
	947723467	Rahu 9:15AM – 10:34AM	Visiti Until 11:03PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 12:29PM	Moon – Blue	Bhuloka Day
Until 6:31PM		Thai Pusam		Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Adana, Turkey Sutra 301	
○	Silver Retreat Star	Gulika 2:33PM – 3:53PM	Ashlesha* Until 4:01PM	Ganesha: Blue <i>Sunrise:</i> 6:35AM	Vikarin 5121
Kataka Rasi: 23.42	Tithi 15 – 16	Yama 11:54AM – 1:13PM	Saubhagya Until 11:54AM	Muruqa: Clear <i>Sunset:</i> 5:12PM	Moon 1 - Phase 41
	947723467	Rahu 3:53PM – 5:12PM	Balava Until 7:54PM	Nataraja: Clear	Prathama
Creative Work Siddha Yoga			Purnima* Until 9:30AM	Moon – Blue	Bhuloka Day
Until 4:01PM				Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Adana, Turkey

Sutra 302

Vikarin 5121

Simha Rasi: 9 Tithi 16 - 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 1:33PM

Then Creative Work - Siddha Yoga

Gulika 1:14PM - 2:34PM

Yama 10:34AM - 11:54AM

Rahu 7:54AM - 9:14AM

Magha* Until 1:33PM

Sobhana Until 7:59AM

Gara Until 2:47AM Tue

Prathama* Until 6:13AM

Ganesha: Red Sunrise: 6:34AM

Muruqa: Clear Sunset: 5:13PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Tuesday, February 11, 2020

1

Simha Rasi: 23.37 Tithi 18

Creative Work Siddha Yoga

Until 10:52AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Gulika 11:54AM - 1:14PM

Yama 9:14AM - 10:34AM

Rahu 2:34PM - 3:54PM

Purvaphalguni Until 10:52AM

Sukarma Until 11:57PM

Vanija Until 1:06PM

Tritiya Until 11:24PM

Ganesha: Red Sunrise: 6:33AM

Muruqa: Clear Sunset: 5:14PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Wednesday, February 12, 2020

2

Kanya Rasi: 8.35 Tithi 19

Creative Work Amrita Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Adana, Turkey

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Gulika 10:33AM - 11:54AM

Yama 7:53AM - 9:13AM

Rahu 11:54AM - 1:14PM

Uttaraphalguni Until 8:08AM

Dhriti Until 8:07PM

Bava Until 9:47AM

Chaturthi* Until 8:11PM

Ganesha: Red Sunrise: 6:32AM

Muruqa: Clear Sunset: 5:15PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Thursday, February 13, 2020

3

Kanya Rasi: 23.22 Tithi 20 - 21

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Gulika 9:12AM - 10:33AM

Yama 6:31AM - 7:52AM

Rahu 1:14PM - 2:35PM

Chitra Until 3:58AM Fri

Shula* Until 4:32PM

Kaulava Until 6:43AM

Panchami Until 5:19PM

Ganesha: Green Sunrise: 6:31AM

Muruqa: Clear Sunset: 5:16PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Friday, February 14, 2020

4

Tula Rasi: 7.52 Tithi 21 - 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Gulika 7:51AM - 9:12AM

Yama 2:36PM - 3:57PM

Rahu 10:33AM - 11:54AM

Svati Until 2:23AM Sat

Ganda* Until 1:20PM

Visti Until 1:54AM Sat

Shashthi* Until 2:53PM

Ganesha: White Sunrise: 6:30AM

Muruqa: Clear Sunset: 5:18PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Saturday, February 15, 2020

Retreat Star

Tula Rasi: 22.01 Tithi 22 - 23

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Gulika 6:29AM - 7:50AM

Yama 1:15PM - 2:36PM

Rahu 9:11AM - 10:33AM

Vishakha Until 1:39AM Sun

Vridhi Until 10:35AM

Balava Until 12:19AM Sun

Saptami Until 1:01PM

Ganesha: Clear Sunrise: 6:29AM

Muruqa: Clear Sunset: 5:19PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 5.47 Tithi 23 - 24

Routine Work Marana Yoga

Until 1:23AM Mon

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Gulika 2:37PM - 3:58PM

Yama 11:54AM - 1:15PM

Rahu 3:58PM - 5:20PM

Anuradha Until 1:23AM Mon

Dhruva Until 8:17AM

Taitila Until 11:22PM

Ashtami* Until 11:44AM

Ganesha: Clear Sunrise: 6:28AM

Muruqa: Clear Sunset: 5:20PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

1	Monday, February 17, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Adana, Turkey Sun 7 Sutra 309 Vikarin 5121
	Vrischika Rasi: 19.13 Tithi 24 – 25	Gulika 1:15PM – 2:37PM Yama 10:32AM – 11:54AM	Jyeshtha* Until 1:33AM Tue Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange
	Family Home Evening 978723467	Rahu 7:48AM – 9:10AM	Sunrise: 6:27AM Sunset: 5:21PM Moon 2 - Phase 43 2nd Phase
	Creative Work Siddha Yoga Until 1:33AM Tue Then Creative Work - Amrita Yoga		Devaloka Day

2	Tuesday, February 18, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau	Adana, Turkey Sun 8 Sutra 310 Vikarin 5121
	Dhanus Rasi: 2.19 Tithi 25 – 26	Gulika 11:54AM – 1:16PM Yama 9:09AM – 10:32AM	Mula* Until 2:36AM Wed Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue
	988723467	Rahu 2:38PM – 4:00PM	Sunrise: 6:25AM Sunset: 5:22PM Moon 2 - Phase 43 2nd Phase
	Creative Work Amrita Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM


3	Wednesday, February 19, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Adana, Turkey Sun 9 Sutra 311 Vikarin 5121
	Dhanus Rasi: 15.07 Tithi 26 – 27	Gulika 10:31AM – 11:53AM Yama 7:47AM – 9:09AM	Purvashadha* Until 3:58AM Thu Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue
	988723467	Rahu 11:53AM – 1:16PM	Sunrise: 6:24AM Sunset: 5:23PM Moon 2 - Phase 43 2nd Phase
	Creative Work Amrita Yoga Until 3:58AM Thu Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Thursday, February 20, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Adana, Turkey Sun 10 Sutra 312 Vikarin 5121
	Dhanus Rasi: 27.43 Tithi 27 – 28	Gulika 9:08AM – 10:31AM Yama 6:23AM – 7:46AM	Uttarashadha Until 5:35AM Fri Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue
	989823467	Rahu 1:16PM – 2:39PM	Sunrise: 6:23AM Sunset: 5:24PM Moon 2 - Phase 43 2nd Phase
	Routine Work Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5	Friday, February 21, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey Sun 11 Sutra 313 Vikarin 5121
	Makara Rasi: 10.07 Tithi 28 – 29	Gulika 7:45AM – 9:08AM Yama 2:39PM – 4:02PM	Shravana Until 7:52AM Sat Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple
	999823467	Rahu 10:30AM – 11:53AM	Sunrise: 6:22AM Sunset: 5:25PM Moon 2 - Phase 43 2nd Phase
	Routine Work Marana Yoga Until 7:52AM Sat Then Creative Work - Siddha Yoga	Mahasivaratri (Lunar) Mahasivaratri (Solar)	Trayodashi* Until 1:55PM Magha-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

6	Saturday, February 22, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Adana, Turkey Sun 12 Sutra 314 Vikarin 5121
	Makara Rasi: 22.22 Tithi 29 – 30	Gulika 6:21AM – 7:44AM Yama 1:16PM – 2:39PM	Shravana Until 7:52AM Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple
	999823467	Rahu 9:07AM – 10:30AM	Sunrise: 6:21AM Sunset: 5:26PM Moon 2 - Phase 43 2nd Phase
	Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Sunday, February 23, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Adana, Turkey Sun 13 Sutra 315 Vikarin 5121
	Retreat Star	Gulika 2:40PM – 4:03PM Yama 11:53AM – 1:16PM	Dhanishtha Until 10:16AM Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple
	Kumbha Rasi: 4.31 Tithi 30 – 1	Rahu 4:03PM – 5:27PM	Sunrise: 6:19AM Sunset: 5:27PM Moon 2 - Phase 43 Amavasya
	Routine Work Marana Yoga Until 10:16AM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star	Monday, February 24, 2020	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosrthapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau	Adana, Turkey Sun 14 Sutra 316 Vikarin 5121
	Kumbha Rasi: 16.33 Tithi 1	Gulika 1:17PM – 2:40PM Yama 10:29AM – 11:53AM	Shatabhishak Until 12:43PM Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple
	Family Home Evening 999823467	Rahu 7:42AM – 9:05AM	Sunrise: 6:18AM Sunset: 5:28PM Moon 2 - Phase 43 Prathama
	Creative Work Siddha Yoga Until 12:43PM Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau	Adana, Turkey Sun 15 Sutra 317 Vikarin 5121
Kumbha Rasi: 28.31	Tithi 2	919823467	Gulika 11:53AM – 1:17PM Yama 9:05AM – 10:29AM Rahu 2:41PM – 4:05PM	Purvaproshtapada* Until 3:41PM Sadhya Until 6:02AM Wed Balava Until 9:00AM Dvitiya Until 10:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi
Routine Work	Marana Yoga				Devaloka Day
Until 3:41PM					
Then Creative Work - Amrita Yoga					
2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trilyayam Titau	Adana, Turkey Sun 16 Sutra 318 Vikarin 5121
Meena Rasi: 10.25	Tithi 3	919823467	Gulika 10:28AM – 11:53AM Yama 7:40AM – 9:04AM Rahu 11:53AM – 1:17PM	Uttaraproshtapada Until 6:36PM Sadhya Until 6:02AM Taitila Until 11:27AM Tritiya Until 12:41AM Thu	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi
Creative Work	Siddha Yoga				Devaloka Day
Until 6:36PM					
Then Routine Work - Marana Yoga					
3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau	Adana, Turkey Sun 17 Sutra 319 Vikarin 5121
Meena Rasi: 22.17	Tithi 4	919823467	Gulika 9:03AM – 10:28AM Yama 6:14AM – 7:39AM Rahu 1:17PM – 2:42PM	Revati Until 9:25PM Subha Until 6:55AM Vanija Until 1:58PM Chaturthi* Until 3:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi
Creative Work	Siddha Yoga				Devaloka Day
Until 9:25PM					
Then Creative Work - Amrita Yoga					
					Subramuniyaswami Siva Vision Day
4		Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau	Adana, Turkey Sun 18 Sutra 320 Vikarin 5121
Mesha Rasi: 4.09	Tithi 5	921823467	Gulika 7:38AM – 9:02AM Yama 2:42PM – 4:07PM Rahu 10:27AM – 11:52AM	Ashvini Until 12:29AM Sat Sukla Until 7:45AM Bava Until 4:27PM Panchami Until 5:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi
Creative Work	Amrita Yoga				Bhuloka Day
Until 12:29AM Sat					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					
5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava Karana Shashthyam Titau	Adana, Turkey Sun 19 Sutra 321 Vikarin 5121
Mesha Rasi: 16.04	Tithi 6	921823467	Gulika 6:11AM – 7:37AM Yama 1:17PM – 2:42PM Rahu 9:02AM – 10:27AM	Bharani Until 3:10AM Sun Brahma Until 8:31AM Kaulava Until 6:45PM Shashthi* Until 7:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi
Creative Work	Siddha Yoga				Bhuloka Day
Until 5:16AM Mon					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					
6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Adana, Turkey Sun 20 Sutra 322 Vikarin 5121
Mesha Rasi: 28.05	Tithi 6 – 7	921833467	Gulika 2:43PM – 4:09PM Yama 11:52AM – 1:17PM Rahu 4:09PM – 5:35PM	Krittika Until 5:16AM Mon Indra Until 9:05AM Gara Until 8:41PM Shashthi* Until 7:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi
Creative Work	Siddha Yoga				Bhuloka Day
Until 5:16AM Mon					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					
Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau	Adana, Turkey Sun 21 Sutra 323 Vikarin 5121
Vrishabha Rasi: 10.17	Tithi 7 – 8	931833467	Gulika 1:17PM – 2:44PM Yama 10:25AM – 11:51AM Rahu 7:33AM – 8:59AM	Rohini Until 7:04AM Tue Vaidhriti* Until 9:14AM Visiti Until 10:01PM Saptami Until 9:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi
Family Home Evening					Devaloka Day
Creative Work	Amrita Yoga				
Until 7:04AM Tue					
Then Creative Work - Siddha Yoga					
Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Adana, Turkey Sun 22 Sutra 324 Vikarin 5121
Vrishabha Rasi: 22.46	Tithi 8 – 9	931833467	Gulika 11:51AM – 1:18PM Yama 8:59AM – 10:25AM Rahu 2:44PM – 4:10PM	Rohini Until 7:04AM Vishkambha* Until 8:54AM Balava Until 10:36PM Ashtami* Until 10:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi
Creative Work	Amrita Yoga				Devaloka Day
Until 7:04AM					
Then Creative Work - Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Adana, Turkey Sun 23 Sutra 325	
Mithuna Rasi: 5.37	Tithi 9 – 10	Gulika 10:24AM – 11:51AM	Mrigashira Until 7:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Vikarin 5121	
		Yama 7:31AM – 8:58AM	Priti Until 7:57AM	Muruqa: Orange	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 45	
931833467	Rahu 11:51AM – 1:18PM		Taitila Until 10:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 10:33AM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Adana, Turkey Sun 24 Sutra 326	
Mithuna Rasi: 18.54	Tithi 10 – 11	Gulika 8:57AM – 10:24AM	Ardra Until 7:47AM	Ganesha: Red	<i>Sunrise:</i> 6:03AM	Vikarin 5121	
		Yama 6:03AM – 7:30AM	Ayushman Until 6:18AM	Muruqa: Orange	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 45	
131833467	Rahu 1:18PM – 2:45PM		Vanija Until 9:09PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 9:49AM	Moon – Yellow		Devaloka Day	
Until 7:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 25 Sutra 327	
Kataka Rasi: 2.41	Tithi 11 – 12	Gulika 7:29AM – 8:56AM	Punarvasu Until 7:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM	Vikarin 5121	
		Yama 2:45PM – 4:12PM	Sobhana Until 1:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 45	
141833467	Rahu 10:23AM – 11:51AM		Bava Until 7:10PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:14AM	Moon – Blue		Bhuloka Day	
Until 7:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Adana, Turkey Sun 26 Sutra 328	
Kataka Rasi: 16.58	Tithi 13	Gulika 6:00AM – 7:28AM	Ashlesha* Until 3:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:00AM	Vikarin 5121	
		Yama 1:18PM – 2:45PM	Athiganda* Until 9:29PM	Muruqa: Orange	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 45	
141833467	Rahu 8:55AM – 10:23AM		Kaulava Until 4:29PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 2:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Adana, Turkey Sun 27 Sutra 329	
Simha Rasi: 1.42	Tithi 14	Gulika 2:46PM – 4:13PM	Magha* Until 12:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:59AM	Vikarin 5121	
		Yama 11:50AM – 1:18PM	Sukarma Until 5:34PM	Muruqa: Orange	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 45	
151833467	Rahu 4:13PM – 5:41PM		Gara Until 1:15PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 11:27PM	Moon – Red		Devaloka Day	
Until 12:33AM Mon		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Adana, Turkey Sutra 330	
Copper Retreat Star		Gulika 1:18PM – 2:46PM	Purvaphalguni Until 9:34PM	Ganesha: White	<i>Sunrise:</i> 5:57AM	Vikarin 5121	
Simha Rasi: 16.46	Tithi 15	Yama 10:22AM – 11:50AM	Dhriti Until 1:23PM	Muruqa: Orange	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 7:25AM – 8:54AM	Visti Until 9:38AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 7:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Adana, Turkey Sutra 331	
Silver Retreat Star		Gulika 11:50AM – 1:18PM	Uttaraphalguni Until 6:22PM	Ganesha: White	<i>Sunrise:</i> 5:56AM	Vikarin 5121	
Kanya Rasi: 2.01	Tithi 16 – 17	Yama 8:53AM – 10:21AM	Shula* Until 9:01AM	Muruqa: Orange	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 45	
152833467	Rahu 2:46PM – 4:15PM		Taitila Until 1:59AM Wed	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 3:53PM	Moon – Red		Sivaloka Day	
Until 6:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.17 Tithi 17 - 18

162833467

Gulika

10:21AM - 11:49AM

Yama

7:23AM - 8:52AM

Rahu

11:49AM - 1:18PM

Hasta Until 3:31PM

Vriddhi Until 12:31AM Thu

Vanija Until 10:18PM

Dvitiya Until 12:06PM

Ganesha: Clear

Sunrise: 5:54AM

Muruqa: Orange

Sunset: 5:44PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Until 3:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Adana, Turkey

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 2.25 Tithi 18 - 19

162833467

Gulika

8:51AM - 10:20AM

Yama

5:53AM - 7:22AM

Rahu

1:18PM - 2:47PM

Chitra Until 12:49PM

Dhruva Until 8:36PM

Bava Until 6:57PM

Tritiya Until 8:33AM

Ganesha: Clear

Sunrise: 5:53AM

Muruqa: Orange

Sunset: 5:45PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.14 Tithi 20

162833467

Gulika

7:21AM - 8:50AM

Yama

2:47PM - 4:17PM

Rahu

10:19AM - 11:49AM

Svati Until 10:24AM

Vyaghata* Until 5:06PM

Kaulava Until 4:04PM

Panchami Until 2:50AM Sat

Ganesha: Clear

Sunrise: 5:51AM

Muruqa: Orange

Sunset: 5:46PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.38 Tithi 21

172833467

Gulika

5:50AM - 7:20AM

Yama

1:18PM - 2:48PM

Rahu

8:49AM - 10:19AM

Vishakha Until 8:51AM

Harshana Until 2:08PM

Gara Until 1:49PM

Shashthi* Until 12:56AM Sun

Ganesha: Purple

Sunrise: 5:50AM

Muruqa: Orange

Sunset: 5:47PM

Nataraja: Clear

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Adana, Turkey

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.35 Tithi 22

172833468

Gulika

2:48PM - 4:18PM

Yama

11:48AM - 1:18PM

Rahu

4:18PM - 5:48PM

Anuradha Until 7:52AM

Vajra* Until 11:44AM

Visti Until 12:17PM

Saptami Until 11:48PM

Ganesha: Purple

Sunrise: 5:49AM

Muruqa: Orange

Sunset: 5:48PM

Nataraja: Purple

Moon - Orange

Subha Sivaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.04 Tithi 23

172933468

Gulika

1:18PM - 2:48PM

Yama

10:18AM - 11:48AM

Rahu

7:17AM - 8:47AM

Jyeshtha* Until 7:31AM

Siddhi Until 9:58AM

Balava Until 11:33AM

Ashtami* Until 11:28PM

Ganesha: Clear

Sunrise: 5:47AM

Muruqa: Orange

Sunset: 5:49PM

Nataraja: Purple

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.08 Tithi 24

182933468

Gulika

11:48AM - 1:18PM

Yama

8:47AM - 10:17AM

Rahu

2:49PM - 4:19PM

Mula* Until 8:13AM

Vyatipata* Until 8:50AM

Taitila Until 11:36AM

Navami* Until 11:52PM

Ganesha: Purple

Sunrise: 5:46AM

Muruqa: Orange

Sunset: 5:49PM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Phalguna-Panguni

Creative Work Amrita Yoga

Until 8:13AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Adana, Turkey
Dhanus Rasi: 24.5	Tithi 25	182933468	Gulika 10:16AM – 11:47AM Yama 7:15AM – 8:46AM Rahu 11:47AM – 1:18PM	Purvashadha* Until 9:29AM Variyan Until 8:14AM Vanija Until 12:21PM Dashami Until 12:57AM Thu	Sun 8 Sutra 339 Vikarin 5121 Moon 3 - Phase 47 2nd Phase Devaloka Day
Creative Work	Amrita Yoga			Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 5:44AM Sunset: 5:50PM

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Adana, Turkey
Makara Rasi: 7.16	Tithi 26	182933468	Gulika 8:45AM – 10:16AM Yama 5:43AM – 7:14AM Rahu 1:18PM – 2:49PM	Uttarashadha Until 11:10AM Parigha* Until 8:07AM Bava Until 1:42PM Ekadashi* Until 2:32AM Fri	Sun 9 Sutra 340 Vikarin 5121 Moon 3 - Phase 47 2nd Phase Devaloka Day
Routine Work	Marana Yoga			Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 5:43AM Sunset: 5:51PM
Until 11:10AM					
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Adana, Turkey
Makara Rasi: 19.29	Tithi 27	192933468	Gulika 7:13AM – 8:44AM Yama 2:49PM – 4:21PM Rahu 10:15AM – 11:47AM	Shravana Until 1:37PM Shiva Until 8:23AM Kaulava Until 3:30PM Dvadashi* Until 4:29AM Sat	Sun 10 Sutra 341 Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Routine Work	Marana Yoga			Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 5:41AM Sunset: 5:52PM
Until 1:37PM					
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Adana, Turkey
Kumbha Rasi: 1.33	Tithi 28	192933468	Gulika 5:40AM – 7:11AM Yama 1:18PM – 2:50PM Rahu 8:43AM – 10:15AM	Dhanishtha Until 4:12PM Siddha Until 8:53AM Gara Until 5:36PM Trayodashi* Until 6:42AM Sun	Sun 11 Sutra 342 Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work	Siddha Yoga			Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 5:40AM Sunset: 5:53PM
Until 4:12PM					
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata (Fasting)</i>

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey
Kumbha Rasi: 13.32	Tithi 28 – 29	192933468	Gulika 2:50PM – 4:22PM Yama 11:46AM – 1:18PM Rahu 4:22PM – 5:54PM	Shatabhishak Until 6:48PM Sadhya Until 9:34AM Visti Until 7:53PM Trayodashi* Until 6:42AM	Sun 12 Sutra 343 Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work	Siddha Yoga			Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 5:38AM Sunset: 5:54PM

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Adana, Turkey
Kumbha Rasi: 25.28	Tithi 29 – 30	113933468	Gulika 1:18PM – 2:50PM Yama 10:13AM – 11:46AM Rahu 7:09AM – 8:41AM	Purvaproshtapada* Until 9:51PM Subha Until 10:22AM Catuspada Until 10:17PM Chaturdashi* Until 9:03AM	Sun 13 Sutra 344 Vikarin 5121 Moon 3 - Phase 47 Amavasya Sivaloka Day
Family Home Evening				Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Phalguna-Panguni	Sunrise: 5:37AM Sunset: 5:55PM
Routine Work	Marana Yoga				
Until 9:51PM					
Then Creative Work - Siddha Yoga					

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Adana, Turkey
Meena Rasi: 7.21	Tithi 30 – 1	113933468	Gulika 11:45AM – 1:18PM Yama 8:40AM – 10:13AM Rahu 2:51PM – 4:23PM	Uttaraproshtapada Until 12:47AM Wed Sukla Until 11:12AM Kintughna Until 12:43AM Wed Amavasya* Until 11:28AM	Sun 14 Sutra 345 Vikarin 5121 Moon 3 - Phase 47 Prathama Sivaloka Day
Creative Work	Amrita Yoga			Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Chaitra-Panguni	Sunrise: 5:35AM Sunset: 5:56PM
Until 12:47AM Wed			Yugadhi		
Then Routine Work - Marana Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Adana, Turkey Sun 15 Sutra 346	
Meena Rasi: 19.14	Tithi 1 – 2	Gulika 10:12AM – 11:45AM	Revati Until 3:33AM Thu	Ganesha: Yellow	Sunrise: 5:34AM		Vikarin 5121
		Yama 7:07AM – 8:39AM	Brahma Until 12:04PM	Muruqa: Orange	Sunset: 5:57PM		Moon 3 - Phase 48
		113933468 Rahu 11:45AM – 1:18PM	Balava Until 3:10AM Thu	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 1:55PM	Chaitra-Panguni		Sivaloka Day	
Until 3:33AM Thu							
Then Creative Work - Amrita Yoga							

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Adana, Turkey Sun 16 Sutra 347	
Mesha Rasi: 1.07	Tithi 2 – 3	Gulika 8:39AM – 10:12AM	Ashvini Until 6:36AM Fri	Ganesha: Red	Sunrise: 5:32AM		Vikarin 5121
		Yama 5:32AM – 7:05AM	Indra Until 12:55PM	Muruqa: Orange	Sunset: 5:57PM		Moon 3 - Phase 48
		123933468 Rahu 1:18PM – 2:51PM	Taitila Until 5:33AM Fri	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 4:21PM	Chaitra-Panguni		Sivaloka Day	
Until 6:36AM Fri		Chellappaswami Mahasamadhi					
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Tritiyayam Titau		Adana, Turkey Sun 17 Sutra 348	
Mesha Rasi: 13.02	Tithi 3	Gulika 7:04AM – 8:38AM	Ashvini Until 6:36AM	Ganesha: Red	Sunrise: 5:31AM		Vikarin 5121
		Yama 2:51PM – 4:25PM	Vaidhriti* Until 1:41PM	Muruqa: Orange	Sunset: 5:58PM		Moon 3 - Phase 48
		123933468 Rahu 10:11AM – 11:45AM	Gara Until 6:40PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:40PM	Chaitra-Panguni		Sivaloka Day	
Until 6:36AM							
Then Creative Work - Siddha Yoga							

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturtham Titau		Adana, Turkey Sun 18 Sutra 349	
Mesha Rasi: 24.59	Tithi 4	Gulika 5:29AM – 7:03AM	Bharani Until 9:19AM	Ganesha: Red	Sunrise: 5:29AM		Vikarin 5121
		Yama 1:18PM – 2:52PM	Vishkambha* Until 2:20PM	Muruqa: Orange	Sunset: 5:59PM		Moon 3 - Phase 48
		123933468 Rahu 8:37AM – 10:10AM	Vanija Until 7:47AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:47PM	Chaitra-Panguni		Sivaloka Day	
Until 9:19AM							
Then Creative Work - Amrita Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Adana, Turkey Sun 19 Sutra 350	
Vrishabha Rasi: 7.04	Tithi 5	Gulika 2:52PM – 4:26PM	Krittika Until 11:37AM	Ganesha: Red	Sunrise: 5:28AM		Vikarin 5121
		Yama 11:44AM – 1:18PM	Priti Until 2:46PM	Muruqa: Orange	Sunset: 6:00PM		Moon 3 - Phase 48
		123933468 Rahu 4:26PM – 6:00PM	Bava Until 9:44AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:33PM	Chaitra-Panguni		Sivaloka Day	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Adana, Turkey Sun 20 Sutra 351	
Vrishabha Rasi: 19.17	Tithi 6	Gulika 1:18PM – 2:52PM	Rohini Until 1:50PM	Ganesha: Blue	Sunrise: 5:26AM		Vikarin 5121
Family Home Evening		Yama 10:09AM – 11:44AM	Ayushman Until 2:50PM	Muruqa: Orange	Sunset: 6:01PM		Moon 3 - Phase 48
		133933468 Rahu 7:01AM – 8:35AM	Kaulava Until 11:16AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 11:49PM	Chaitra-Panguni		Subha Sivaloka Day	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Adana, Turkey Sun 21 Sutra 352	
Mithuna Rasi: 1.45	Tithi 7	Gulika 11:43AM – 1:18PM	Mrigashira Until 3:17PM	Ganesha: Blue	Sunrise: 5:25AM		Vikarin 5121
		Yama 8:34AM – 10:09AM	Saubhagya Until 2:26PM	Muruqa: Orange	Sunset: 6:02PM		Moon 3 - Phase 48
		133933468 Rahu 2:53PM – 4:27PM	Gara Until 12:13PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:25AM Wed	Chaitra-Panguni		Subha Sivaloka Day	
Until 3:17PM							
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Adana, Turkey Sun 22 Sutra 353	
Mithuna Rasi: 14.32	Tithi 8	Gulika 10:09AM – 11:43AM	Ardra Until 3:53PM	Ganesha: Blue	Sunrise: 5:25AM		Vikarin 5121
		Yama 6:59AM – 8:34AM	Sobhana Until 1:29PM	Muruqa: Orange	Sunset: 6:02PM		Moon 3 - Phase 48
		133933468 Rahu 11:43AM – 1:18PM	Visti Until 12:26PM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:14AM Thu	Chaitra-Panguni		Subha Sivaloka Day	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Adana, Turkey Sun 23 Sutra 354	
Mithuna Rasi: 27.43	Tithi 9	Gulika 8:33AM – 10:08AM	Punarvasu Until 3:59PM	Ganesha: Yellow	Sunrise: 5:23AM		Vikarin 5121
		Yama 5:23AM – 6:58AM	Athiganda* Until 11:52AM	Muruqa: Orange	Sunset: 6:03PM		Moon 3 - Phase 48
		143933468 Rahu 1:18PM – 2:53PM	Balava Until 11:51AM	Nataraja: Purple			Navami
Creative Work	Amrita Yoga		Navami* Until 11:13PM	Chaitra-Panguni		Sivaloka Day	
		Sri Rama Navami					


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey
	Kataka Rasi: 11.2	Tithi 10	Gulika 6:57AM – 8:32AM	Pushya Until 3:08PM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	Sun 24 Sutra 355
			Yama 2:53PM – 4:28PM	Sukarma Until 9:37AM	Muruqa: Orange	<i>Sunset:</i> 6:04PM	Vikarin 5121
	Routine Work	Marana Yoga	143933468 Rahu 10:08AM – 11:43AM	Taitila Until 10:26AM	Nataraja: Purple		Moon 3 - Phase 49
			Dashami Until 9:25PM	Moon – Blue		4th Phase	
				Chaitra•Panguni		Sivaloka Day	

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey
	Kataka Rasi: 25.28	Tithi 11	Gulika 5:20AM – 6:56AM	Ashlesha* Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	Sun 25 Sutra 356
			Yama 1:18PM – 2:53PM	Dhriti Until 6:46AM	Muruqa: Orange	<i>Sunset:</i> 6:05PM	Vikarin 5121
	Routine Work	Marana Yoga	143933468 Rahu 8:31AM – 10:07AM	Vanija Until 8:15AM	Nataraja: Purple		Moon 3 - Phase 49
			Ekadashi Until 6:54PM	Moon – Blue		4th Phase	
			Yogaswami Mahasamadhi	Chaitra•Panguni		Sivaloka Day	
			Until 1:24PM				
			Then Creative Work - Amrita Yoga				

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey
	Simha Rasi: 10.02	Tithi 12 – 13	Gulika 2:54PM – 4:30PM	Magha* Until 11:19AM	Ganesha: White	<i>Sunrise:</i> 5:19AM	Sun 26 Sutra 357
			Yama 11:42AM – 1:18PM	Ganda* Until 11:29PM	Muruqa: Orange	<i>Sunset:</i> 6:05PM	Vikarin 5121
	Routine Work	Marana Yoga	153933468 Rahu 4:30PM – 6:05PM	Kaulava Until 2:05AM Mon	Nataraja: Purple		Moon 3 - Phase 49
			Dvadashi Until 3:47PM	Moon – Red		4th Phase	
				Chaitra•Panguni		Subha Sivaloka Day	
			Then Creative Work - Siddha Yoga	<i>Pradosha Vrata</i>			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey
	Simha Rasi: 24.59	Tithi 13 – 14	Gulika 1:18PM – 2:54PM	Purvaphalguni Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Sun 27 Sutra 358
	Family Home Evening		Yama 10:06AM – 11:42AM	Vridhhi Until 7:21PM	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Vikarin 5121
	Creative Work	Siddha Yoga	154933468 Rahu 6:54AM – 8:30AM	Gara Until 10:23PM	Nataraja: Purple		Moon 3 - Phase 49
			Trayodashi Until 12:15PM	Moon – Red		4th Phase	
				Chaitra•Panguni		Sivaloka Day	

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey
	Copper Retreat Star		Gulika 11:42AM – 1:18PM	Hasta Until 2:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:16AM	Sun 28 Sutra 359
	Kanya Rasi: 10.12	Tithi 14 – 15	Yama 8:29AM – 10:05AM	Dhruva Until 3:01PM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Vikarin 5121
			164933468 Rahu 2:54PM – 4:31PM	Visti Until 6:31PM	Nataraja: Purple		Moon 3 - Phase 49
			Chaturdashi* Until 8:27AM	Moon – Green		Purnima	
			Panguni Uttiram	Chaitra•Panguni		Devaloka Day	
			Hanuman Jayanti				

○	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey
	Silver Retreat Star		Gulika 10:05AM – 11:41AM	Chitra Until 11:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	Sun 29 Sutra 360
	Kanya Rasi: 25.3	Tithi 16	Yama 6:51AM – 8:28AM	Vyaghata* Until 10:40AM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Vikarin 5121
			164934468 Rahu 11:41AM – 1:18PM	Balava Until 2:39PM	Nataraja: Purple		Moon 3 - Phase 49
			Prathama* Until 12:45AM Thu	Moon – Green		Prathama	
				Chaitra•Panguni		Devaloka Day	
			Creative Work	Siddha Yoga			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 10.43 Tithi 17

164134468

Gulika 8:27AM – 10:04AM
Yama 5:13AM – 6:50AM
Rahu 1:18PM – 2:55PM

Svati Until 8:39PM
Harshana Until 6:27AM
Taitila Until 10:57AM
Dvitiya Until 9:12PM

Ganesha: White *Sunrise:* 5:13AM

Muruqa: Clear *Sunset:* 6:09PM

Nataraja: Purple
Moon – Green

Devaloka Day

Chaitra•Panguni

Creative Work Amrita Yoga

Until 8:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Adana, Turkey
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 25.42 Tithi 18

174134468

Gulika 6:49AM – 8:26AM
Yama 2:55PM – 4:33PM
Rahu 10:03AM – 11:41AM

Vishakha Until 6:27PM
Siddhi Until 10:54PM
Vanija Until 7:36AM
Tritiya Until 6:06PM

Ganesha: Yellow *Sunrise:* 5:12AM

Muruqa: Clear *Sunset:* 6:10PM

Nataraja: Purple
Moon – Orange

Sivaloka Day

Chaitra•Panguni

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virshika Rasi: 10.17 Tithi 19 – 20

174134468

Gulika 5:10AM – 6:48AM
Yama 1:18PM – 2:56PM
Rahu 8:25AM – 10:03AM

Anuradha Until 4:43PM
Vyatipata* Until 7:51PM
Kaulava Until 2:36AM Sun
Chaturthi* Until 3:34PM

Ganesha: Yellow *Sunrise:* 5:10AM

Muruqa: Clear *Sunset:* 6:11PM

Nataraja: Purple
Moon – Orange

Sivaloka Day

Chaitra•Panguni

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Vriyaji/Parigaha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Adana, Turkey
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virshika Rasi: 24.25 Tithi 20 – 21

174134468

Gulika 2:56PM – 4:34PM
Yama 11:40AM – 1:18PM
Rahu 4:34PM – 6:12PM

Jyeshtha* Until 3:33PM
Vriyaji Until 5:23PM
Gara Until 1:12AM Mon
Panchami Until 1:47PM

Ganesha: Yellow *Sunrise:* 5:09AM

Muruqa: Clear *Sunset:* 6:12PM

Nataraja: Purple
Moon – Orange

Sivaloka Day

Chaitra•Panguni

Routine Work Marana Yoga

Until 3:33PM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigaha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 8.03 Tithi 21 – 22

184134468

Gulika 1:18PM – 2:56PM
Yama 10:02AM – 11:40AM
Rahu 6:46AM – 8:24AM

Mula* Until 3:31PM
Parigaha* Until 3:36PM
Visti Until 12:39AM Tue
Shashthi* Until 12:48PM

Ganesha: Blue *Sunrise:* 5:08AM

Muruqa: Clear *Sunset:* 6:12PM

Nataraja: Purple
Moon – Light Blue

Devaloka Day

Chaitra•Chaitra

Creative Work Siddha Yoga

Until 3:31PM

Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 21.13 Tithi 22 – 23

284134468

Gulika 11:40AM – 1:18PM
Yama 8:23AM – 10:01AM
Rahu 2:57PM – 4:35PM

Purvashadha* Until 4:09PM
Shiva Until 2:30PM
Balava Until 12:57AM Wed
Saptami Until 12:41PM

Ganesha: Yellow *Sunrise:* 5:06AM

Muruqa: Clear *Sunset:* 6:13PM

Nataraja: Purple
Moon – Light Blue

Sivaloka Day

Chaitra•Chaitra

Creative Work Siddha Yoga

Until 4:09PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 3.58 Tithi 23 – 24

284134468

Gulika 10:01AM – 11:39AM
Yama 6:43AM – 8:22AM
Rahu 11:39AM – 1:18PM

Uttarashadha Until 5:24PM
Siddha Until 2:00PM
Taitila Until 1:59AM Thu
Ashtami* Until 1:22PM

Ganesha: Yellow *Sunrise:* 5:05AM

Muruqa: Clear *Sunset:* 6:14PM

Nataraja: Purple
Moon – Light Blue

Sivaloka Day

Chaitra•Chaitra

Creative Work Amrita Yoga

Until 5:24PM

Then Creative Work - Siddha Yoga

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Adana, Turkey			
			Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 7 Sutra 4			
	Makara Rasi: 16.23	Tithi 24 – 25	Gulika 8:21AM – 10:00AM	Shravana Until 7:36PM	Ganesha: Blue <i>Sunrise:</i> 5:03AM	Sarvari 5122
	294134468	Rahu 1:18PM – 2:57PM	Yama 5:03AM – 6:42AM	Sadhya Until 2:02PM	Muruqa: Clear <i>Sunset:</i> 6:15PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga		Vanija Until 3:38AM Fri	Nataraja: Purple	2nd Phase	
		Chidambaram Abhishekam	Navami* Until 2:44PM	Moon – Purple	Devaloka Day	
				Chaitra*Chaitra		


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Adana, Turkey			
			Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau Sun 8 Sutra 5			
	Makara Rasi: 28.34	Tithi 25 – 26	Gulika 6:41AM – 8:21AM	Dhanishtha Until 10:07PM	Ganesha: Blue <i>Sunrise:</i> 5:02AM	Sarvari 5122
	294134468	Rahu 10:00AM – 11:39AM	Yama 2:57PM – 4:37PM	Subha Until 2:30PM	Muruqa: Clear <i>Sunset:</i> 6:16PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga		Bava Until 5:43AM Sat	Nataraja: Purple	2nd Phase	
			Dashami Until 4:37PM	Moon – Purple	Devaloka Day	
				Chaitra*Chaitra		

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Adana, Turkey			
			Shatabhishak Nakshatra Sukla/Brahma Yoga Balava Karana Ekadashyam Titau Sun 9 Sutra 6			
	Kumbha Rasi: 10.35	Tithi 26	Gulika 5:01AM – 6:40AM	Shatabhishak Until 12:46AM Sun	Ganesha: Yellow <i>Sunrise:</i> 5:01AM	Sarvari 5122
	295134468	Rahu 8:20AM – 9:59AM	Yama 1:18PM – 2:58PM	Sukla Until 3:12PM	Muruqa: Clear <i>Sunset:</i> 6:17PM	Moon 4 - Phase 1
Creative Work	Amrita Yoga		Balava Until 6:51PM	Nataraja: Purple	2nd Phase	
Until 12:46AM Sun			Ekadashi* Until 6:51PM	Moon – Purple	Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra		

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Adana, Turkey			
			Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10 Sutra 7			
	Kumbha Rasi: 22.3	Tithi 27	Gulika 2:58PM – 4:38PM	Purvaproshtapada* Until 3:53AM Mon	Ganesha: Yellow <i>Sunrise:</i> 4:59AM	Sarvari 5122
	215134468	Rahu 4:38PM – 6:18PM	Yama 11:39AM – 1:18PM	Brahma Until 4:04PM	Muruqa: Clear <i>Sunset:</i> 6:18PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga		Kaulava Until 8:03AM	Nataraja: Purple	2nd Phase	
			Dvadashi* Until 9:15PM	Moon – Clear	Sivaloka Day	
				Chaitra*Chaitra		

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Adana, Turkey			
			Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 8			
	Meena Rasi: 4.22	Tithi 28	Gulika 1:18PM – 2:58PM	Uttaraproshtapada Until 6:51AM Tue	Ganesha: Yellow <i>Sunrise:</i> 4:58AM	Sarvari 5122
	215134468	Rahu 6:38AM – 8:18AM	Yama 9:58AM – 11:38AM	Indra Until 5:00PM	Muruqa: Clear <i>Sunset:</i> 6:19PM	Moon 4 - Phase 1
Family Home Evening			Gara Until 10:30AM	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Clear	Sivaloka Day	
				Chaitra*Chaitra		
				<i>Pradosha Vrata (Fasting)</i>		

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Adana, Turkey			
			Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 9			
	Meena Rasi: 16.14	Tithi 29	Gulika 11:38AM – 1:18PM	Uttaraproshtapada Until 6:51AM	Ganesha: Yellow <i>Sunrise:</i> 4:57AM	Sarvari 5122
	215134468	Rahu 2:59PM – 4:39PM	Yama 8:17AM – 9:58AM	Vaidhriti* Until 5:53PM	Muruqa: Clear <i>Sunset:</i> 6:20PM	Moon 4 - Phase 1
Creative Work	Amrita Yoga		Visti Until 12:56PM	Nataraja: Purple	2nd Phase	
Until 6:51AM			Chaturdashi* Until 2:06AM Wed	Moon – Clear	Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra		

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Adana, Turkey			
	Retreat Star		Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 13 Sutra 10			
	Meena Rasi: 28.08	Tithi 30	Gulika 9:57AM – 11:38AM	Revati Until 9:35AM	Ganesha: Yellow <i>Sunrise:</i> 4:55AM	Sarvari 5122
	215134468	Rahu 11:38AM – 1:19PM	Yama 6:36AM – 8:17AM	Vishkambha* Until 6:43PM	Muruqa: Clear <i>Sunset:</i> 6:20PM	Moon 4 - Phase 1
Routine Work	Marana Yoga		Catuspada Until 3:17PM	Nataraja: Purple	Amavasya	
			Amavasya* Until 4:23AM Thu	Moon – Clear	Sivaloka Day	
				Chaitra*Chaitra		

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Adana, Turkey			
			Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 14 Sutra 11			
	Mesha Rasi: 10.04	Tithi 1	Gulika 8:16AM – 9:57AM	Ashvini Until 12:31PM	Ganesha: Red <i>Sunrise:</i> 4:54AM	Sarvari 5122
	225134468	Rahu 1:19PM – 3:00PM	Yama 4:54AM – 6:35AM	Priti Until 7:27PM	Muruqa: Clear <i>Sunset:</i> 6:21PM	Moon 4 - Phase 1
Creative Work	Amrita Yoga		Kintughna Until 5:29PM	Nataraja: Purple	Prathama	
Until 12:31PM			Prathama* Until 6:29AM Fri	Moon – White	Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra		

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Adana, Turkey			
			Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 15 Sutra 12			
	Mesha Rasi: 22.04	Tithi 1 – 2	Gulika 6:34AM – 8:15AM	Bharani Until 3:06PM	Ganesha: Red <i>Sunrise:</i> 4:53AM	Sarvari 5122
	225134469	Rahu	Yama 3:00PM – 4:41PM	Ayushman Until 7:59PM	Muruqa: Clear <i>Sunset:</i> 6:22PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	9:56AM – 11:38AM	Balava Until 7:28PM	Nataraja: Clear	3rd Phase	
			Prathama* Until 6:29AM	Moon – White	Devaloka Day	
				Vaisaka-Chaitra		

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Adana, Turkey			
			Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau Sun 16 Sutra 13			
	Vrishabha Rasi: 4.11	Tithi 2 – 3	Gulika 4:52AM – 6:33AM	Krittika Until 5:16PM	Ganesha: Red <i>Sunrise:</i> 4:52AM	Sarvari 5122
	225134469	Rahu	Yama 1:19PM – 3:00PM	Saubhagya Until 8:19PM	Muruqa: Clear <i>Sunset:</i> 6:23PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	8:15AM – 9:56AM	Taitila Until 9:11PM	Nataraja: Clear	3rd Phase	
			Dvitiya Until 8:21AM	Moon – White	Devaloka Day	
				Vaisaka-Chaitra		

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Adana, Turkey			
			Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau Sun 17 Sutra 14			
	Vrishabha Rasi: 16.25	Tithi 3 – 4	Gulika 3:01PM – 4:42PM	Rohini Until 7:26PM	Ganesha: Yellow <i>Sunrise:</i> 4:51AM	Sarvari 5122
	235134469	Rahu	Yama 11:37AM – 1:19PM	Sobhana Until 8:24PM	Muruqa: Clear <i>Sunset:</i> 6:24PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	4:42PM – 6:24PM	Vanija Until 10:32PM	Nataraja: Clear	3rd Phase	
			Tritiya Until 9:53AM	Moon – Yellow	Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra		

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Adana, Turkey			
			Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 15			
	Vrishabha Rasi: 28.48	Tithi 4 – 5	Gulika 1:19PM – 3:01PM	Mrigashira Until 9:00PM	Ganesha: Yellow <i>Sunrise:</i> 4:49AM	Sarvari 5122
	235134469	Rahu	Yama 9:55AM – 11:37AM	Athiganda* Until 8:07PM	Muruqa: Clear <i>Sunset:</i> 6:25PM	Moon 4 - Phase 2
Family Home Evening	Creative Work	6:31AM – 8:13AM	Bava Until 11:27PM	Nataraja: Clear	3rd Phase	
Until 9:00PM	Then Creative Work - Siddha Yoga		Chaturthi* Until 11:02AM	Moon – Yellow	Devaloka Day	
		Adi Sankara Jayanthi		Vaisaka-Chaitra		

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Adana, Turkey			
			Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 16			
	Mithuna Rasi: 11.24	Tithi 5 – 6	Gulika 11:37AM – 1:19PM	Ardra Until 9:55PM	Ganesha: Blue <i>Sunrise:</i> 4:48AM	Sarvari 5122
	236134469	Rahu	Yama 8:13AM – 9:55AM	Sukarma Until 7:27PM	Muruqa: Clear <i>Sunset:</i> 6:26PM	Moon 4 - Phase 2
Routine Work	Marana Yoga	3:01PM – 4:44PM	Kaulava Until 11:49PM	Nataraja: Clear	3rd Phase	
Until 9:55PM	Then Creative Work - Siddha Yoga		Panchami Until 11:41AM	Moon – Yellow	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Adana, Turkey			
			Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 17			
	Mithuna Rasi: 24.16	Tithi 6 – 7	Gulika 9:54AM – 11:37AM	Punarvasu Until 10:33PM	Ganesha: Yellow <i>Sunrise:</i> 4:47AM	Sarvari 5122
	246134469	Rahu	Yama 6:29AM – 8:12AM	Dhriti Until 6:19PM	Muruqa: Clear <i>Sunset:</i> 6:27PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	11:37AM – 1:19PM	Gara Until 11:34PM	Nataraja: Clear	3rd Phase	
			Shashthi* Until 11:45AM	Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Adana, Turkey			
	Retreat Star		Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 18			
	Kataka Rasi: 7.27	Tithi 7 – 8	Gulika 8:11AM – 9:54AM	Pushya Until 10:23PM	Ganesha: Yellow <i>Sunrise:</i> 4:46AM	Sarvari 5122
	246134469	Rahu	Yama 4:46AM – 6:29AM	Shula* Until 4:39PM	Muruqa: Clear <i>Sunset:</i> 6:28PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	1:19PM – 3:02PM	Visti Until 10:40PM	Nataraja: Clear	Ashtami	
Until 10:23PM	Then Creative Work - Siddha Yoga		Saptami Until 11:11AM	Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Adana, Turkey			
	Retreat Star		Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 19			
	Kataka Rasi: 21	Tithi 8 – 9	Gulika 6:27AM – 8:10AM	Ashlesha* Until 9:24PM	Ganesha: Yellow <i>Sunrise:</i> 4:44AM	Sarvari 5122
	246134469	Rahu	Yama 3:03PM – 4:46PM	Ganda* Until 2:27PM	Muruqa: Clear <i>Sunset:</i> 6:29PM	Moon 4 - Phase 2
Routine Work	Marana Yoga	9:53AM – 11:36AM	Balava Until 9:06PM	Nataraja: Clear	Navami	
			Ashtami* Until 9:57AM	Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Adana, Turkey Sun 23 Sutra 20	
Simha Rasi: 4.56	Tithi 9 – 10	Gulika Yama	4:42AM – 6:26AM 1:20PM – 3:03PM	Magha* Until 8:06PM Vriddhi Until 11:45AM	Ganesha: White Muruqa: Clear	Sunrise: 4:42AM Sunset: 6:30PM	Sarvari 5122 Moon 4 - Phase 3
	256134469	Rahu	8:09AM – 9:53AM	Taitila Until 6:55PM Navami* Until 8:04AM	Nataraja: Clear Moon – Red	Bhuloka Day Devaloka Time: 3:PM to 6:PM	4th Phase
Creative Work Amrita Yoga Until 8:06PM Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Adana, Turkey Sun 24 Sutra 21	
Simha Rasi: 19.16	Tithi 11	Gulika Yama	3:04PM – 4:47PM 11:36AM – 1:20PM	Purvaphalguni Until 6:08PM Dhruva Until 8:34AM	Ganesha: White Muruqa: Clear	Sunrise: 4:41AM Sunset: 6:31PM	Sarvari 5122 Moon 4 - Phase 3
	256134469	Rahu	4:47PM – 6:31PM	Vanija Until 4:11PM Ekadashi Until 2:38AM Mon	Nataraja: Clear Moon – Red	Bhuloka Day Devaloka Time: 3:PM to 6:PM	4th Phase
Creative Work Siddha Yoga Until 6:08PM Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Adana, Turkey Sun 25 Sutra 22	
Kanya Rasi: 3.57	Tithi 12	Gulika Yama	1:20PM – 3:04PM 9:52AM – 11:36AM	Uttaraphalguni Until 3:36PM Harshana Until 1:10AM Tue	Ganesha: Clear Muruqa: Clear	Sunrise: 4:40AM Sunset: 6:32PM	Sarvari 5122 Moon 4 - Phase 3
Family Home Evening	256234469	Rahu	6:24AM – 8:08AM	Bava Until 1:02PM Dvadashi Until 11:20PM	Nataraja: Clear Moon – Red	Devaloka Day	4th Phase
Creative Work Siddha Yoga							

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Adana, Turkey Sun 26 Sutra 23	
Kanya Rasi: 18.53	Tithi 13	Gulika Yama	11:36AM – 1:20PM 8:08AM – 9:52AM	Hasta Until 1:05PM Vajra* Until 9:09PM	Ganesha: Clear Muruqa: Clear	Sunrise: 4:39AM Sunset: 6:33PM	Sarvari 5122 Moon 4 - Phase 3
	267234469	Rahu	3:04PM – 4:49PM	Kaulava Until 9:36AM Trayodashi Until 7:48PM	Nataraja: Clear Moon – Green	Devaloka Day	4th Phase
Creative Work Siddha Yoga							
<i>Pradosha Vrata</i>							

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Adana, Turkey Sun 27 Sutra 24	
Tula Rasi: 3.56	Tithi 14 – 15	Gulika Yama	9:52AM – 11:36AM 6:23AM – 8:07AM	Chitra Until 10:19AM Siddhi Until 5:06PM	Ganesha: Clear Muruqa: Clear	Sunrise: 4:38AM Sunset: 6:34PM	Sarvari 5122 Moon 4 - Phase 3
	267234469	Rahu	11:36AM – 1:20PM	Gara Until 6:02AM Chaturdashi* Until 4:14PM	Nataraja: Clear Moon – Green	Devaloka Day	4th Phase
Creative Work Siddha Yoga							

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Adana, Turkey Sutra 25	
Tula Rasi: 18.59	Tithi 15 – 16	Gulika Yama	8:07AM – 9:51AM 4:37AM – 6:22AM	Svati Until 7:28AM Vyatipata* Until 1:09PM	Ganesha: Clear Muruqa: Clear	Sunrise: 4:37AM Sunset: 6:35PM	Sarvari 5122 Moon 4 - Phase 3
	267234469	Rahu	1:21PM – 3:05PM	Balava Until 11:07PM Purnima* Until 12:45PM	Nataraja: Clear Moon – Green	Devaloka Day	Purnima
Creative Work Amrita Yoga Until 7:28AM Then Creative Work - Siddha Yoga							
		Budha Purnima (Tamil Nadu)					

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Adana, Turkey Sutra 26	
Vrischika Rasi: 3.52	Tithi 16 – 17	Gulika Yama	6:21AM – 8:06AM 3:06PM – 4:51PM	Anuradha Until 3:03AM Sat Variyan Until 9:25AM	Ganesha: Purple Muruqa: Clear	Sunrise: 4:36AM Sunset: 6:35PM	Sarvari 5122 Moon 4 - Phase 3
	277234469	Rahu	9:51AM – 11:36AM	Taitila Until 8:07PM Prathama* Until 9:33AM	Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Prathama
Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda