



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 19.09 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 5:15AM – 6:57AM
Yama 1:46PM – 3:28PM
264483468 **Rahu** 8:39AM – 10:21AM

Svati Until 7:17AM
Siddhi Until 7:09PM
Taitila Until 2:51PM
Dvitiya Until 2:01AM Sun

Syracuse, NY
Sutra 6
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Red *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 6:52PM

Nataraja: Purple
Moon – Green

Sivaloka Day

1

Sunday, April 21, 2019

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 3:29PM – 5:11PM
Yama 12:03PM – 1:46PM
274483468 **Rahu** 5:11PM – 6:54PM

Vishakha Until 6:28AM
Vyatipata* Until 4:59PM
Vanija Until 1:23PM
Tritiya Until 12:54AM Mon

Syracuse, NY
Sun 1
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 6:54PM

Nataraja: Purple
Moon – Orange

Devaloka Day

2

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:46PM – 3:29PM
Yama 10:20AM – 12:03PM
274483468 **Rahu** 6:55AM – 8:37AM

Anuradha Until 6:13AM
Variyan Until 3:23PM
Bava Until 12:39PM
Chaturthi* Until 12:33AM Tue

Syracuse, NY
Sun 2
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:12AM
Muruqa: Yellow *Sunset:* 6:55PM

Nataraja: Purple
Moon – Orange

Devaloka Day

3

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:03PM – 1:46PM
Yama 8:37AM – 10:20AM
274483468 **Rahu** 3:29PM – 5:13PM

Jyeshtha* Until 6:35AM
Parigha* Until 2:27PM
Kaulava Until 12:43PM
Panchami Until 1:02AM Wed

Syracuse, NY
Sun 3
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 6:56PM

Nataraja: Purple
Moon – Orange

Devaloka Day

4

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:19AM – 12:03PM
Yama 6:52AM – 8:36AM
284483468 **Rahu** 12:03PM – 1:46PM

Mula* Until 8:04AM
Shiva Until 2:09PM
Gara Until 1:36PM
Shashthi* Until 2:18AM Thu

Syracuse, NY
Sun 4
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Yellow *Sunrise:* 5:09AM
Muruqa: Yellow *Sunset:* 6:57PM

Nataraja: Purple
Moon – Light Blue

Sivaloka Day

5

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:35AM – 10:19AM
Yama 5:07AM – 6:51AM
284483469 **Rahu** 1:47PM – 3:30PM

Purvashadha* Until 10:08AM
Siddha Until 2:23PM
Visti Until 3:12PM
Saptami Until 4:13AM Fri

Syracuse, NY
Sun 5
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Yellow *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 6:58PM

Nataraja: Clear
Moon – Light Blue

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:50AM – 8:34AM
Yama 3:31PM – 5:15PM
284583469 **Rahu** 10:18AM – 12:03PM

Uttarashadha Until 12:35PM
Sadhya Until 3:04PM
Balava Until 5:22PM
Ashtami* Until 6:34AM Sat

Syracuse, NY
Sun 6
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Ganesha: Red *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 6:59PM

Nataraja: Clear
Moon – Light Blue

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:04AM – 6:49AM
Yama 1:47PM – 3:31PM
294583469 **Rahu** 8:33AM – 10:18AM

Shravana Until 3:44PM
Subha Until 4:01PM
Taitila Until 7:51PM
Ashtami* Until 6:34AM

Syracuse, NY
Sun 7
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Ganesha: Green *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 7:01PM

Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Syracuse, NY Sun 8 Sutra 14
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika 3:32PM – 5:17PM	Dhanishtha Until 6:48PM	Ganesha: Green	<i>Sunrise:</i> 5:03AM	Vikarin 5121
		Yama 12:02PM – 1:47PM	Sukla Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3
		294583469 Rahu 5:17PM – 7:02PM	Vanija Until 10:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:06AM	Moon – Purple		Bhuloka Day
Until 6:48PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Syracuse, NY Sun 9 Sutra 15
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika 1:47PM – 3:32PM	Shatabhishak Until 9:34PM	Ganesha: Green	<i>Sunrise:</i> 5:01AM	Vikarin 5121
Family Home Evening		Yama 10:17AM – 12:02PM	Brahma Until 5:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:46AM – 8:32AM	Bava Until 12:46AM Tue	Nataraja: Clear		2nd Phase
Until 9:34PM			Dashami Until 11:36AM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Syracuse, NY Sun 10 Sutra 16
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika 12:02PM – 1:47PM	Purvaproshtapada* Until 12:21AM We	Ganesha: Purple	<i>Sunrise:</i> 5:00AM	Vikarin 5121
		Yama 8:31AM – 10:16AM	Indra Until 6:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 3
		214583469 Rahu 3:33PM – 5:18PM	Kaulava Until 2:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:49PM	Moon – Clear		Bhuloka Day
Until 12:21AM Wed				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau				Syracuse, NY Sun 11 Sutra 17
Meena Rasi: 6.1	Tithi 27 – 28	Gulika 10:16AM – 12:02PM	Uttaraproshtapada Until 2:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:58AM	Vikarin 5121
		Yama 6:44AM – 8:30AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3
		214583469 Rahu 12:02PM – 1:48PM	Gara Until 4:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadhshi* Until 3:36PM	Moon – Clear		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Syracuse, NY Sun 12 Sutra 18
Meena Rasi: 18.26	Tithi 28 – 29	Gulika 8:29AM – 10:16AM	Revati Until 4:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 4:57AM	Vikarin 5121
		Yama 4:57AM – 6:43AM	Vishkambha* Until 6:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3
		215583469 Rahu 1:48PM – 3:34PM	Visti Until 5:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:52PM	Moon – Clear		Bhuloka Day
Until 4:01AM Fri				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Syracuse, NY Sun 13 Sutra 19
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika 6:42AM – 8:29AM	Ashvini Until 5:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 3:34PM – 5:21PM	Priti Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3
		225583469 Rahu 10:15AM – 12:02PM	Catuspada Until 5:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36PM	Moon – White		Bhuloka Day
Until 5:18AM Sat				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Syracuse, NY Sun 14 Sutra 20
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika 4:54AM – 6:41AM	Bharani Until 5:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Vikarin 5121
		Yama 1:48PM – 3:35PM	Ayushman Until 5:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 3
		225583469 Rahu 8:28AM – 10:15AM	Kintughna Until 5:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:47PM	Moon – White		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Syracuse, NY Sun 15 Sutra 21
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika 3:36PM – 5:23PM	Krittika Until 5:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121
		Yama 12:01PM – 1:48PM	Saubhagya Until 4:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3
		225583469 Rahu 5:23PM – 7:10PM	Balava Until 5:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:30PM	Moon – White		Bhuloka Day
Until 5:58AM Mon				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019
 1
 Vishabha Rasi: 9.56 Tihti 2 – 3
Family Home Evening
 Creative Work Amrita Yoga
 Until 5:56AM Tue
 Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
 Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Syracuse, NY
 Sun 16 Sutra 22

Gulika 1:49PM – 3:36PM	Rohini Until 5:56AM Tue	Ganesha: Purple <i>Sunrise:</i> 4:52AM	Vikarin 5121
Yama 10:14AM – 12:01PM	Sobhana Until 2:43PM	Muruqa: Yellow <i>Sunset:</i> 7:11PM	Moon 4 - Phase 4
Rahu 6:39AM – 8:27AM	Taitila Until 4:21AM Tue	Nataraja: Clear	3rd Phase
	Dvitiya Until 4:49PM	Moon – White	
		Vaisaka-Chaitra	Bhuloka Day
			Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019
 2
 Vishabha Rasi: 23.22 Tihti 3 – 4
 Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
 Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Syracuse, NY
 Sun 17 Sutra 23

Gulika 12:01PM – 1:49PM	Mrigashira Until 5:27AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 4:51AM	Vikarin 5121
Yama 8:26AM – 10:14AM	Athiganda* Until 12:50PM	Muruqa: Yellow <i>Sunset:</i> 7:12PM	Moon 4 - Phase 4
Rahu 3:37PM – 5:24PM	Vanija Until 3:10AM Wed	Nataraja: Clear	3rd Phase
	Tritiya Until 3:46PM	Moon – Yellow	
Akshaya Tritiya		Vaisaka-Chaitra	Bhuloka Day
			Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019
 3
 Mithuna Rasi: 6.58 Tihti 4 – 5
 Creative Work Siddha Yoga
 Until 4:35AM Thu
 Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
 Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Syracuse, NY
 Sun 18 Sutra 24

Gulika 10:13AM – 12:01PM	Ardra Until 4:35AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 4:49AM	Vikarin 5121
Yama 6:37AM – 8:25AM	Sukarma Until 10:44AM	Muruqa: Yellow <i>Sunset:</i> 7:13PM	Moon 4 - Phase 4
Rahu 12:01PM – 1:49PM	Bava Until 1:43AM Thu	Nataraja: Clear	3rd Phase
	Chaturthi* Until 2:27PM	Moon – Yellow	
		Vaisaka-Chaitra	Bhuloka Day
			Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019
 4
 Mithuna Rasi: 20.43 Tihti 5 – 6
 Creative Work Amrita Yoga
 Until 3:48AM Fri
 Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
 Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Syracuse, NY
 Sun 19 Sutra 25

Gulika 8:25AM – 10:13AM	Punarvasu Until 3:48AM Fri	Ganesha: Orange <i>Sunrise:</i> 4:48AM	Vikarin 5121
Yama 4:48AM – 6:36AM	Dhriti Until 8:28AM	Muruqa: Yellow <i>Sunset:</i> 7:14PM	Moon 4 - Phase 4
Rahu 1:49PM – 3:38PM	Kaulava Until 12:04AM Fri	Nataraja: Clear	3rd Phase
	Panchami Until 12:54PM	Moon – Blue	
		Vaisaka-Chaitra	Devaloka Day

Friday, May 10, 2019
 5
 Kataka Rasi: 5 Tihti 6 – 7
 Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
 Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau Syracuse, NY
 Sun 20 Sutra 26

Gulika 6:35AM – 8:24AM	Pushya Until 2:40AM Sat	Ganesha: Orange <i>Sunrise:</i> 4:47AM	Vikarin 5121
Yama 3:38PM – 5:27PM	Ganda* Until 6:00AM	Muruqa: Yellow <i>Sunset:</i> 7:15PM	Moon 4 - Phase 4
Rahu 10:12AM – 12:01PM	Gara Until 10:13PM	Nataraja: Clear	3rd Phase
	Shashthi* Until 11:09AM	Moon – Blue	
		Vaisaka-Chaitra	Devaloka Day

Saturday, May 11, 2019
 Retreat Star
 Kataka Rasi: 18.36 Tihti 7 – 8
 Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
 Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Syracuse, NY
 Sun 21 Sutra 27

Gulika 4:46AM – 6:35AM	Ashlesha* Until 1:14AM Sun	Ganesha: Orange <i>Sunrise:</i> 4:46AM	Vikarin 5121
Yama 1:50PM – 3:39PM	Vriddhi Until 12:38AM Sun	Muruqa: Yellow <i>Sunset:</i> 7:16PM	Moon 4 - Phase 4
Rahu 8:23AM – 10:12AM	Visti Until 8:11PM	Nataraja: Clear	Ashtami
	Saptami Until 9:12AM	Moon – Blue	
		Vaisaka-Chaitra	Devaloka Day

Sunday, May 12, 2019
 Retreat Star
 Simha Rasi: 2.43 Tihti 8 – 9
 Routine Work Marana Yoga
 Until 11:55PM
 Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
 Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau Syracuse, NY
 Sun 22 Sutra 28

Gulika 3:39PM – 5:28PM	Magha* Until 11:55PM	Ganesha: White <i>Sunrise:</i> 4:45AM	Vikarin 5121
Yama 12:01PM – 1:50PM	Dhruva Until 9:44PM	Muruqa: Yellow <i>Sunset:</i> 7:17PM	Moon 4 - Phase 4
Rahu 5:28PM – 7:17PM	Balava Until 6:00PM	Nataraja: Clear	Navami
	Ashtami* Until 7:05AM	Moon – Red	
Mother's Day		Vaisaka-Chaitra	Bhuloka Day
			Devaloka Time: 3:PM to 6:PM

1	Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Syracuse, NY Sun 23 Sutra 29
	Simha Rasi: 16.56	Tithi 10	Gulika 1:50PM – 3:40PM	Purvaphalguni Until 10:22PM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121
	Family Home Evening	256583469	Rahu 6:33AM – 8:22AM	Vyaghata* Until 6:46PM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga		Taitila Until 3:41PM	Nataraja: Clear		4th Phase
			Dashami Until 2:29AM Tue	Moon – Red		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	


2	Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Syracuse, NY Sun 24 Sutra 30
	Kanya Rasi: 1.12	Tithi 11	Gulika 12:01PM – 1:51PM	Uttaraphalguni Until 8:37PM	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121
		256583469	Rahu 3:40PM – 5:30PM	Harshana Until 3:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 5
	Creative Work	Amrita Yoga		Vanija Until 1:19PM	Nataraja: Clear		4th Phase
			Ekadashi Until 12:06AM Wed	Moon – Red		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	


3	Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau				Syracuse, NY Sun 25 Sutra 31
	Kanya Rasi: 15.29	Tithi 12	Gulika 10:11AM – 12:01PM	Hasta Until 7:11PM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	Vikarin 5121
		266583469	Rahu 12:01PM – 1:51PM	Vajra* Until 12:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 5
	Routine Work	Marana Yoga		Bava Until 10:56AM	Nataraja: Clear		4th Phase
			Dvadashi Until 9:45PM	Moon – Green		Devaloka Day	
				Vaisaka-Vaikasi			

4	Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Syracuse, NY Sun 26 Sutra 32
	Kanya Rasi: 29.44	Tithi 13	Gulika 8:21AM – 10:11AM	Chitra Until 5:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	Vikarin 5121
		266583469	Rahu 1:51PM – 3:41PM	Siddhi Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga		Kaulava Until 8:39AM	Nataraja: Clear		4th Phase
			Trayodashi Until 7:34PM	Moon – Green		Devaloka Day	
				Vaisaka-Vaikasi			

Pradosha Vrata

5	Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Syracuse, NY Sun 27 Sutra 33
	Tula Rasi: 13.5	Tithi 14 – 15	Gulika 6:30AM – 8:20AM	Svati Until 4:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:39AM	Vikarin 5121
		266583469	Rahu 10:11AM – 12:01PM	Vyatipata* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga		Gara Until 6:35AM	Nataraja: Clear		4th Phase
			Chaturdashi* Until 5:39PM	Moon – Green		Devaloka Day	
				Vaisaka-Vaikasi			

	Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Syracuse, NY Sun 28 Sutra 34
	Copper Retreat Star		Gulika 4:38AM – 6:29AM	Vishakha Until 3:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:38AM	Vikarin 5121
	Tula Rasi: 27.43	Tithi 15 – 16	Rahu 8:20AM – 10:10AM	Parigha* Until 2:32AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 5
		276583469		Balava Until 3:36AM Sun	Nataraja: Clear		Purnima
			Purnima* Until 4:09PM	Moon – Orange		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

	Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Syracuse, NY Sun 29 Sutra 35
	Silver Retreat Star		Gulika 3:43PM – 5:34PM	Anuradha Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	Vikarin 5121
	Vrischika Rasi: 11.2	Tithi 16 – 17	Rahu 5:34PM – 7:25PM	Shiva Until 12:56AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 5
		277583469		Taitila Until 2:56AM Mon	Nataraja: Clear		Prathama
			Prathama* Until 3:10PM	Moon – Orange		Devaloka Day	
				Vaisaka-Vaikasi			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:52PM – 3:43PM
Yama 10:10AM – 12:01PM
Rahu 6:28AM – 8:19AM

Jyeshtha* Until 3:47PM
Siddha Until 11:50PM
Vanija Until 2:55AM Tue
Dvitiya Until 2:49PM

Syracuse, NY
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:36AM
Muruga: Yellow *Sunset:* 7:26PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19
Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:01PM – 1:53PM
Yama 8:18AM – 10:10AM
Rahu 3:44PM – 5:35PM

Mula* Until 4:59PM
Sadhya Until 11:18PM
Bava Until 3:37AM Wed
Tritiya Until 3:10PM

Syracuse, NY
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:36AM
Muruga: Yellow *Sunset:* 7:27PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:10AM – 12:01PM
Yama 6:26AM – 8:18AM
Rahu 12:01PM – 1:53PM

Purvashadha* Until 6:43PM
Subha Until 11:19PM
Kaulava Until 4:59AM Thu
Chaturthi* Until 4:12PM

Syracuse, NY
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:35AM
Muruga: Yellow *Sunset:* 7:28PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:18AM – 10:09AM
Yama 4:34AM – 6:26AM
Rahu 1:53PM – 3:45PM

Uttarashadha Until 8:52PM
Sukla Until 11:45PM
Gara Until 6:54AM Fri
Panchami Until 5:51PM

Syracuse, NY
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:34AM
Muruga: Yellow *Sunset:* 7:29PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:25AM – 8:17AM
Yama 3:46PM – 5:38PM
Rahu 10:09AM – 12:01PM

Shravana Until 11:47PM
Brahma Until 12:31AM Sat
Gara Until 6:54AM
Shashthi* Until 7:59PM

Syracuse, NY
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:33AM
Muruga: Yellow *Sunset:* 7:30PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:32AM – 6:25AM
Yama 1:54PM – 3:46PM
Rahu 8:17AM – 10:09AM

Dhanishtha Until 2:44AM Sun
Indra Until 1:29AM Sun
Visti Until 9:11AM
Saptami Until 10:22PM

Syracuse, NY
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:32AM
Muruga: Yellow *Sunset:* 7:31PM
Nataraja: Clear
Moon – Purple

Devaloka Day
Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23
Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:47PM – 5:39PM
Yama 12:02PM – 1:54PM
Rahu 5:39PM – 7:32PM

Shatabhishak Until 5:32AM Mon
Vaidhriti* Until 2:25AM Mon
Balava Until 11:37AM
Ashtami* Until 12:47AM Mon

Syracuse, NY
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:32AM
Muruga: Yellow *Sunset:* 7:32PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 20.08 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:54PM – 3:47PM
Yama 10:09AM – 12:02PM
Rahu 6:24AM – 8:16AM

Purvaproshtapada* Until 8:26AM Tue
Vishkambha* Until 3:12AM Tue
Taitila Until 1:57PM
Navami* Until 3:00AM Tue

Syracuse, NY
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Purple *Sunrise:* 4:31AM
Muruga: Yellow *Sunset:* 7:32PM
Nataraja: Clear
Moon – Clear

Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Syracuse, NY
Meena Rasi: 2.06	Tithi 25	Gulika	12:02PM – 1:55PM	Purvaproshtapada* Until 8:26AM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Sun 9	Sutra 44
		Yama	8:16AM – 10:09AM	Priti Until 3:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:33PM		Vikarin 5121
		318683469 Rahu	3:48PM – 5:40PM	Vanija Until 4:00PM	Nataraja: Clear			Moon 5 - Phase 7
Routine Work	Marana Yoga			Dashami Until 4:50AM Wed	Moon – Clear			2nd Phase
Until 8:26AM					Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Syracuse, NY
Meena Rasi: 14.14	Tithi 26	Gulika	10:09AM – 12:02PM	Uttaraproshtapada Until 10:45AM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Sun 10	Sutra 45
		Yama	6:23AM – 8:16AM	Ayushman Until 3:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:33PM		Vikarin 5121
		318683469 Rahu	12:02PM – 1:55PM	Bava Until 5:34PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM Thu	Moon – Clear			2nd Phase
Until 10:45AM					Vaisaka-Vaikasi		Sivaloka Day	
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Syracuse, NY
Meena Rasi: 26.35	Tithi 26 – 27	Gulika	8:16AM – 10:09AM	Revati Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:29AM	Sun 11	Sutra 46
		Yama	4:29AM – 6:22AM	Saubhagya Until 3:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:33PM		Vikarin 5121
		318683469 Rahu	1:55PM – 3:49PM	Kaulava Until 6:33PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM	Moon – Clear			2nd Phase
Until 12:22PM					Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Syracuse, NY
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika	6:22AM – 8:15AM	Ashvini Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	Sun 12	Sutra 47
		Yama	3:49PM – 5:42PM	Sobhana Until 2:30AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:36PM		Vikarin 5121
		328683469 Rahu	10:09AM – 12:02PM	Gara Until 6:54PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Dvadashi* Until 6:47AM	Moon – White			2nd Phase
Until 1:42PM					Vaisaka-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Syracuse, NY
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika	4:28AM – 6:22AM	Bharani Until 2:14PM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Sun 13	Sutra 48
		Yama	1:56PM – 3:49PM	Athiganda* Until 1:05AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:37PM		Vikarin 5121
		329683469 Rahu	8:15AM – 10:09AM	Visti Until 6:37PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Trayodashi* Until 6:49AM	Moon – White			2nd Phase
Until 2:14PM					Vaisaka-Vaikasi		Bhuloka Day	
Then Creative Work - Amrita Yoga							Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Syracuse, NY
Vrishabha Rasi: 5.24	Tithi 29 – 30	Gulika	3:50PM – 5:44PM	Krittika Until 2:02PM	Ganesha: White	<i>Sunrise:</i> 4:27AM	Sun 14	Sutra 49
		Yama	12:02PM – 1:56PM	Sukarma Until 11:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:37PM		Vikarin 5121
		329683469 Rahu	5:44PM – 7:37PM	Naga Until 5:05AM Mon	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – White			Amavasya
					Vaisaka-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

Retreat Star		Monday, June 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Syracuse, NY
Vrishabha Rasi: 18.58	Tithi 1	Gulika	1:57PM – 3:50PM	Rohini Until 1:37PM	Ganesha: Green	<i>Sunrise:</i> 4:27AM	Sun 15	Sutra 50
Family Home Evening		Yama	10:09AM – 12:03PM	Dhriti Until 9:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM		Vikarin 5121
		339683469 Rahu	6:21AM – 8:15AM	Kintughna Until 4:22PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Prathama* Until 3:30AM Tue	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Syracuse, NY Sun 16 Sutra 51
Mithuna Rasi: 2.47	Tithi 2	Gulika Yama	12:03PM – 1:57PM 8:15AM – 10:09AM	Mrigashira Until 12:39PM Shula* Until 6:28PM	Ganesha: Green <i>Sunrise: 4:27AM</i> Muruqa: Yellow <i>Sunset: 7:39PM</i>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Creative Work	Siddha Yoga	339683461 Rahu	3:51PM – 5:45PM	Balava Until 2:35PM Dvitiya Until 1:34AM Wed	Nataraja: Clear Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:39PM						
Then Routine Work - Marana Yoga						

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Tritiyayam Titau		Syracuse, NY Sun 17 Sutra 52
Mithuna Rasi: 16.49	Tithi 3	Gulika Yama	10:09AM – 12:03PM 6:20AM – 8:15AM	Ardra Until 11:14AM Ganda* Until 3:42PM	Ganesha: Green <i>Sunrise: 4:26AM</i> Muruqa: Yellow <i>Sunset: 7:40PM</i>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Creative Work	Siddha Yoga	339683461 Rahu	12:03PM – 1:57PM	Taitila Until 12:31PM Tritiya Until 11:23PM	Nataraja: Yellow Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau		Syracuse, NY Sun 18 Sutra 53
Kataka Rasi: 1	Tithi 4	Gulika Yama	8:14AM – 10:09AM 4:26AM – 6:20AM	Punarvasu Until 9:55AM Vridhi Until 12:48PM	Ganesha: White <i>Sunrise: 4:26AM</i> Muruqa: Yellow <i>Sunset: 7:40PM</i>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Creative Work	Amrita Yoga	349683461 Rahu	1:57PM – 3:52PM	Vanija Until 10:15AM Chaturthi* Until 9:04PM	Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Syracuse, NY Sun 19 Sutra 54
Kataka Rasi: 15.15	Tithi 5	Gulika Yama	6:20AM – 8:14AM 3:52PM – 5:47PM	Pushya Until 8:21AM Dhruva Until 9:49AM	Ganesha: White <i>Sunrise: 4:26AM</i> Muruqa: Yellow <i>Sunset: 7:41PM</i>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Routine Work	Marana Yoga	349683461 Rahu	10:09AM – 12:03PM	Bava Until 7:54AM Panchami Until 6:42PM	Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Syracuse, NY Sun 20 Sutra 55
Kataka Rasi: 29.32	Tithi 6 – 7	Gulika Yama	4:25AM – 6:20AM 1:58PM – 3:53PM	Ashlesha* Until 6:38AM Vyaghata* Until 6:50AM	Ganesha: White <i>Sunrise: 4:25AM</i> Muruqa: Yellow <i>Sunset: 7:42PM</i>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Routine Work	Marana Yoga	349683461 Rahu	8:14AM – 10:09AM	Gara Until 3:12AM Sun Shashthi* Until 4:20PM	Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 6:38AM						
Then Creative Work - Amrita Yoga						

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Syracuse, NY Sun 21 Sutra 56
Simha Rasi: 13.46	Tithi 7 – 8	Gulika Yama	3:53PM – 5:48PM 12:04PM – 1:58PM	Purvaphalguni Until 3:48AM Mon Vajra* Until 1:00AM Mon	Ganesha: Yellow <i>Sunrise: 4:25AM</i> Muruqa: Yellow <i>Sunset: 7:42PM</i>	Vikarin 5121 Moon 5 - Phase 8 Ashtami
Creative Work	Siddha Yoga	351683461 Rahu	5:48PM – 7:42PM	Visti Until 12:58AM Mon Saptami Until 2:03PM	Nataraja: Yellow Moon – Red	Devaloka Day

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Syracuse, NY Sun 22 Sutra 57
Simha Rasi: 27.57	Tithi 8 – 9	Gulika Yama	1:59PM – 3:53PM 10:09AM – 12:04PM	Uttaraphalguni Until 2:21AM Tue Siddhi Until 10:14PM	Ganesha: Yellow <i>Sunrise: 4:25AM</i> Muruqa: Yellow <i>Sunset: 7:43PM</i>	Vikarin 5121 Moon 5 - Phase 8 Navami
Family Home Evening		351683461 Rahu	6:20AM – 8:14AM	Balava Until 10:51PM Ashtami* Until 11:52AM	Nataraja: Yellow Moon – Red	Devaloka Day
Creative Work	Siddha Yoga					


1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Syracuse, NY
	Kanya Rasi: 12.02	Tithi 9 – 10	Gulika 12:04PM – 1:59PM	Hasta Until 1:21AM Wed	Ganesha: White	<i>Sunrise:</i> 4:25AM	Sun 23 Sutra 58
			Yama 8:14AM – 10:09AM	Vyatipata* Until 7:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM	Vikarin 5121
	361683461	Rahu 3:54PM – 5:49PM	Taitila Until 8:53PM	Navami* Until 9:49AM	Nataraja: Yellow		Moon 5 - Phase 9 4th Phase
Creative Work	Siddha Yoga			Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Syracuse, NY
	Kanya Rasi: 26.01	Tithi 10 – 11	Gulika 10:09AM – 12:04PM	Chitra Until 12:25AM Thu	Ganesha: White	<i>Sunrise:</i> 4:25AM	Sun 24 Sutra 59
			Yama 6:19AM – 8:14AM	Variyan Until 5:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Vikarin 5121
	361683461	Rahu 12:04PM – 1:59PM	Vanija Until 7:08PM	Dashami Until 7:58AM	Nataraja: Yellow		Moon 5 - Phase 9 4th Phase
Creative Work	Siddha Yoga			Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 12:25AM Thu	Then Creative Work - Amrita Yoga			Jyeshtha-Vaikasi			

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Syracuse, NY
	Tula Rasi: 9.52	Tithi 11 – 12	Gulika 8:14AM – 10:09AM	Svati Until 11:37PM	Ganesha: White	<i>Sunrise:</i> 4:24AM	Sun 25 Sutra 60
			Yama 4:24AM – 6:19AM	Parigha* Until 2:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Vikarin 5121
	361683461	Rahu 1:59PM – 3:54PM	Balava Until 5:00AM Fri	Ekadashi Until 6:20AM	Nataraja: Yellow		Moon 5 - Phase 9 4th Phase
Creative Work	Amrita Yoga			Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 11:37PM	Then Creative Work - Siddha Yoga			Jyeshtha-Vaikasi			

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Syracuse, NY
	Tula Rasi: 23.31	Tithi 13	Gulika 6:19AM – 8:15AM	Vishakha Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 4:24AM	Sun 26 Sutra 61
			Yama 3:55PM – 5:50PM	Shiva Until 12:52PM	Muruqa: Blue	<i>Sunset:</i> 7:45PM	Vikarin 5121
	371693461	Rahu 10:10AM – 12:05PM	Kaulava Until 4:29PM	Trayodashi Until 4:01AM Sat	Nataraja: Yellow		Moon 5 - Phase 9 4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Syracuse, NY
	Vrischika Rasi: 6.58	Tithi 14	Gulika 4:24AM – 6:20AM	Anuradha Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 4:24AM	Sun 27 Sutra 62
			Yama 2:00PM – 3:55PM	Siddha Until 11:09AM	Muruqa: Blue	<i>Sunset:</i> 7:45PM	Vikarin 5121
	371793461	Rahu 8:15AM – 10:10AM	Gara Until 3:43PM	Chaturdashi* Until 3:29AM Sun	Nataraja: Yellow		Moon 5 - Phase 9 4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Subha Sivaloka Day	
				Jyeshtha-Ani			

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Syracuse, NY
	Copper Retreat Star		Gulika 3:55PM – 5:50PM	Jyeshtha* Until 11:59PM	Ganesha: White	<i>Sunrise:</i> 4:24AM	Sun 28 Sutra 63
	Vrischika Rasi: 20.11	Tithi 15	Yama 12:05PM – 2:00PM	Sadhya Until 9:49AM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Vikarin 5121
	371793461	Rahu 5:50PM – 7:46PM	Visti Until 3:25PM	Purnima* Until 3:27AM Mon	Nataraja: Yellow		Moon 5 - Phase 9 Purnima
Routine Work	Marana Yoga			Moon – Orange		Subha Sivaloka Day	
Until 11:59PM	Then Creative Work - Amrita Yoga	Father's Day		Jyeshtha-Ani			

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Syracuse, NY
	Dhanus Rasi: 3.07	Tithi 16	Gulika 2:00PM – 3:56PM	Mula* Until 1:16AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:24AM	Sun 29 Sutra 64
	Family Home Evening		Yama 10:10AM – 12:05PM	Subha Until 8:55AM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Vikarin 5121
	381793461	Rahu 6:20AM – 8:15AM	Balava Until 3:39PM	Prathama* Until 3:58AM Tue	Nataraja: Yellow		Moon 5 - Phase 9 Prathama
Creative Work	Siddha Yoga			Moon – Light Blue		Sivaloka Day	
				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Syracuse, NY
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

Gulika 12:05PM – 2:01PM
Yama 8:15AM – 10:10AM
381793461 **Rahu** 3:56PM – 5:51PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:46PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti* Karana Tritiyayam Titau

Syracuse, NY
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

Gulika 10:10AM – 12:06PM
Yama 6:20AM – 8:15AM
382793461 **Rahu** 12:06PM – 2:01PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:47PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Syracuse, NY
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

Gulika 8:15AM – 10:11AM
Yama 4:25AM – 6:20AM
392793461 **Rahu** 2:01PM – 3:56PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:47PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Syracuse, NY
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

Gulika 6:20AM – 8:16AM
Yama 3:57PM – 5:52PM
392793461 **Rahu** 10:11AM – 12:06PM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:47PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Syracuse, NY
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

Gulika 4:25AM – 6:21AM
Yama 2:02PM – 3:57PM
392793461 **Rahu** 8:16AM – 10:11AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:47PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Syracuse, NY
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

Gulika 3:57PM – 5:52PM
Yama 12:06PM – 2:02PM
392793461 **Rahu** 5:52PM – 7:47PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visti Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise:* 4:26AM
Muruqa: Blue *Sunset:* 7:47PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 7:47PM
Then Creative Work - Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Syracuse, NY
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

Family Home Evening

Gulika 2:02PM – 3:57PM
Yama 10:11AM – 12:07PM
312793461 **Rahu** 6:21AM – 8:16AM

Purvaproshtapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise:* 4:26AM
Muruqa: Blue *Sunset:* 7:48PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Syracuse, NY
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

Gulika 12:07PM – 2:02PM
Yama 8:17AM – 10:12AM
312793461 **Rahu** 3:57PM – 5:52PM

Uttaraproshtapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise:* 4:26AM
Muruqa: Blue *Sunset:* 7:48PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Syracuse, NY
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

Gulika 10:12AM – 12:07PM
Yama 6:22AM – 8:17AM
312793461 **Rahu** 12:07PM – 2:02PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise:* 4:27AM
Muruqa: Blue *Sunset:* 7:48PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 7:10PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Syracuse, NY Sun 9 Sutra 74
Mesha Rasi: 4.35	Tithi 25	Gulika 8:17AM – 10:12AM	Ashvini Until 10:38PM	Ganesha: Blue	<i>Sunrise:</i> 4:27AM		Vikarin 5121	
		Yama 4:27AM – 6:22AM	Athiganda* Until 1:06PM	Muruqa: Blue	<i>Sunset:</i> 7:48PM		Moon 6 - Phase 11	
		322793461 Rahu 2:02PM – 3:58PM	Vanija Until 7:43AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 8:04PM	Moon – White		Devaloka Day		
Until 10:38PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Syracuse, NY Sun 10 Sutra 75
Mesha Rasi: 17.14	Tithi 26	Gulika 6:22AM – 8:17AM	Bharani Until 11:26PM	Ganesha: Blue	<i>Sunrise:</i> 4:27AM		Vikarin 5121	
		Yama 3:58PM – 5:53PM	Sukarma Until 12:27PM	Muruqa: Blue	<i>Sunset:</i> 7:48PM		Moon 6 - Phase 11	
		322793461 Rahu 10:12AM – 12:08PM	Bava Until 8:16AM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:15PM	Moon – White		Devaloka Day		
				Jyeshtha-Ani				

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Syracuse, NY Sun 11 Sutra 76
Vrishabha Rasi: 0.15	Tithi 27	Gulika 4:28AM – 6:23AM	Krittika Until 11:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:28AM		Vikarin 5121	
		Yama 2:03PM – 3:58PM	Dhriti Until 11:14AM	Muruqa: Blue	<i>Sunset:</i> 7:48PM		Moon 6 - Phase 11	
		322793461 Rahu 8:18AM – 10:13AM	Kaulava Until 8:06AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 7:43PM	Moon – White		Devaloka Day		
				Jyeshtha-Ani				

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Syracuse, NY Sun 12 Sutra 77
Vrishabha Rasi: 13.38	Tithi 28	Gulika 3:58PM – 5:53PM	Rohini Until 10:56PM	Ganesha: Blue	<i>Sunrise:</i> 4:28AM		Vikarin 5121	
		Yama 12:08PM – 2:03PM	Shula* Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 7:48PM		Moon 6 - Phase 11	
		322793461 Rahu 5:53PM – 7:48PM	Gara Until 7:12AM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:29PM	Moon – Yellow		Devaloka Day		
				Jyeshtha-Ani				
				<i>Pradosha Vrata (Fasting)</i>				

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Syracuse, NY Sun 13 Sutra 78
Vrishabha Rasi: 27.25	Tithi 29 – 30	Gulika 2:03PM – 3:58PM	Mrigashira Until 9:46PM	Ganesha: Blue	<i>Sunrise:</i> 4:29AM		Vikarin 5121	
Family Home Evening		Yama 10:13AM – 12:08PM	Ganda* Until 7:06AM	Muruqa: Blue	<i>Sunset:</i> 7:47PM		Moon 6 - Phase 11	
		322793461 Rahu 6:24AM – 8:18AM	Catuspada Until 3:33AM Tue	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:39PM	Moon – Yellow		Devaloka Day		
Until 9:46PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

●		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Syracuse, NY Sun 14 Sutra 79
Retreat Star		Gulika 12:08PM – 2:03PM	Ardra Until 7:59PM	Ganesha: Red	<i>Sunrise:</i> 4:29AM		Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:19AM – 10:14AM	Dhruva Until 1:12AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:47PM		Moon 6 - Phase 11	
		333793461 Rahu 3:58PM – 5:52PM	Kintughna Until 1:00AM Wed	Nataraja: Yellow			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 2:18PM	Moon – Yellow		Sivaloka Day		
Until 7:59PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
		Total Solar Eclipse						

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Syracuse, NY Sun 15 Sutra 80
Mithuna Rasi: 25.57	Tithi 1 – 2	Gulika 10:14AM – 12:08PM	Punarvasu Until 6:08PM	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM		Vikarin 5121	
		Yama 6:24AM – 8:19AM	Vyaghata* Until 9:49PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM		Moon 6 - Phase 11	
		343793461 Rahu 12:08PM – 2:03PM	Balava Until 10:10PM	Nataraja: Yellow			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:36AM	Moon – Blue		Sivaloka Day		
				Ashada-Ani				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Syracuse, NY Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 – 3	Gulika 8:20AM – 10:14AM	Pushya Until 3:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
		Yama 4:30AM – 6:25AM	Harshana Until 6:19PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12	
		343793461 Rahu 2:03PM – 3:58PM	Taitila Until 7:10PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 8:39AM	Moon – Blue		Sivaloka Day	
Until 3:58PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau			Syracuse, NY Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	Gulika 6:25AM – 8:20AM	Ashlesha* Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	Vikarin 5121	
		Yama 3:58PM – 5:52PM	Vajra* Until 2:45PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12	
		343793461 Rahu 10:14AM – 12:09PM	Vanija Until 4:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 2:37AM Sat	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau			Syracuse, NY Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	Gulika 4:32AM – 6:26AM	Magha* Until 11:37AM	Ganesha: White	<i>Sunrise:</i> 4:32AM	Vikarin 5121	
		Yama 2:03PM – 3:58PM	Siddhi Until 11:17AM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 12	
		343793461 Rahu 8:20AM – 10:15AM	Bava Until 1:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 11:46PM	Moon – Red		Subha Sivaloka Day	
Until 11:37AM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Syracuse, NY Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	Gulika 3:57PM – 5:52PM	Purvaphalguni Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM	Vikarin 5121	
		Yama 12:09PM – 2:03PM	Vyatipata* Until 7:59AM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 12	
		453793461 Rahu 5:52PM – 7:46PM	Kaulava Until 10:27AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:10PM	Moon – Red		Sivaloka Day	
Until 9:40AM				Ashada*Ani			
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam					

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Syracuse, NY Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	Gulika 2:03PM – 3:57PM	Uttaraphalguni Until 7:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Vikarin 5121	
Family Home Evening		Yama 10:15AM – 12:09PM	Parigha* Until 2:06AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 12	
		453793461 Rahu 6:27AM – 8:21AM	Gara Until 8:00AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 6:53PM	Moon – Red		Sivaloka Day	
				Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Syracuse, NY Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 – 9	Gulika 12:09PM – 2:03PM	Hasta Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 4:34AM	Vikarin 5121	
		Yama 8:22AM – 10:15AM	Shiva Until 11:39PM	Muruqa: Blue	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 12	
		463793461 Rahu 3:57PM – 5:51PM	Balava Until 4:14AM Wed	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 5:00PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Syracuse, NY Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 – 10	Gulika 10:16AM – 12:10PM	Svati Until 5:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM	Vikarin 5121	
		Yama 6:28AM – 8:22AM	Siddha Until 9:32PM	Muruqa: Blue	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 12	
		463893461 Rahu 12:10PM – 2:03PM	Taitila Until 3:00AM Thu	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 3:32PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Syracuse, NY Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	Gulika 8:22AM – 10:16AM	Vishakha Until 5:25AM Fri	Ganesha: White <i>Sunrise:</i> 4:35AM	Vikarin 5121
			Yama 4:35AM – 6:29AM	Sadhya Until 7:48PM	Muruqa: Blue <i>Sunset:</i> 7:44PM	Moon 6 - Phase 13
	473893461	Rahu 2:03PM – 3:57PM	Vanija Until 2:13AM Fri		Nataraja: Yellow	4th Phase
Creative Work	Siddha Yoga	Dashami Until 2:32PM		Moon – Orange	Devaloka Day	
Ashada•Ani						

2	Friday, July 12, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Syracuse, NY Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 6:29AM – 8:23AM	Anuradha Until 5:54AM Sat	Ganesha: White <i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 3:57PM – 5:50PM	Subha Until 6:28PM	Muruqa: Blue <i>Sunset:</i> 7:44PM	Moon 6 - Phase 13
	473893461	Rahu 10:16AM – 12:10PM	Bava Until 1:56AM Sat		Nataraja: Yellow	4th Phase
Creative Work	Siddha Yoga	Ekadashi Until 2:00PM		Moon – Orange	Devaloka Day	
Ashada•Ani						

3	Saturday, July 13, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Syracuse, NY Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 4:37AM – 6:30AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White <i>Sunrise:</i> 4:37AM	Vikarin 5121
			Yama 2:03PM – 3:56PM	Sukla Until 5:29PM	Muruqa: Blue <i>Sunset:</i> 7:43PM	Moon 6 - Phase 13
	473893461	Rahu 8:23AM – 10:17AM	Kaulava Until 2:07AM Sun		Nataraja: Yellow	4th Phase
Creative Work	Siddha Yoga	Dvadashi Until 1:56PM		Moon – Orange	Devaloka Day	
Until 6:43AM Sun		<i>Pradosha Vrata</i>				
Then Creative Work - Amrita Yoga						

4	Sunday, July 14, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Syracuse, NY Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 3:56PM – 5:49PM	Jyeshtha* Until 6:43AM	Ganesha: White <i>Sunrise:</i> 4:38AM	Vikarin 5121
			Yama 12:10PM – 2:03PM	Brahma Until 4:53PM	Muruqa: Blue <i>Sunset:</i> 7:42PM	Moon 6 - Phase 13
	473893461	Rahu 5:49PM – 7:42PM	Gara Until 2:47AM Mon		Nataraja: Yellow	4th Phase
Routine Work	Marana Yoga	Trayodashi Until 2:22PM		Moon – Orange	Devaloka Day	
Until 6:43AM						
Then Creative Work - Amrita Yoga						

5	Monday, July 15, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Syracuse, NY Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 2:03PM – 3:56PM	Mula* Until 8:18AM	Ganesha: Clear <i>Sunrise:</i> 4:38AM	Vikarin 5121
			Yama 10:17AM – 12:10PM	Indra Until 4:41PM	Muruqa: Blue <i>Sunset:</i> 7:42PM	Moon 6 - Phase 13
	483893461	Rahu 6:31AM – 8:24AM	Visti Until 3:54AM Tue		Nataraja: Yellow	4th Phase
Family Home Evening		Chaturdashi* Until 3:16PM		Moon – Light Blue	Sivaloka Day	
Creative Work	Siddha Yoga					
Until 8:18AM						
Then Routine Work - Marana Yoga						

○	Tuesday, July 16, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Syracuse, NY Sun 28 Sutra 93
	Dhanus Rasi: 24.31	Tithi 15 – 16	Gulika 12:10PM – 2:03PM	Purvashadha* Until 10:10AM	Ganesha: Clear <i>Sunrise:</i> 4:39AM	Vikarin 5121
			Yama 8:25AM – 10:17AM	Vaidhriti* Until 4:48PM	Muruqa: Blue <i>Sunset:</i> 7:41PM	Moon 6 - Phase 13
	483893461	Rahu 3:56PM – 5:48PM	Balava Until 5:28AM Wed		Nataraja: Yellow	Purnima
Creative Work	Siddha Yoga	Purnima* Until 4:37PM		Moon – Light Blue	Sivaloka Day	
Until 10:10AM						
Then Routine Work - Prabalarishta Yoga						
		Partial Lunar Eclipse Satguru Purnima		Ashada•Adi		

○	Wednesday, July 17, 2019	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Syracuse, NY Sun 29 Sutra 94
	Makara Rasi: 6.44	Tithi 16	Gulika 10:18AM – 12:10PM	Uttarashadha Until 12:18PM	Ganesha: Purple <i>Sunrise:</i> 4:40AM	Vikarin 5121
			Yama 6:33AM – 8:25AM	Vishkambha* Until 5:14PM	Muruqa: Blue <i>Sunset:</i> 7:40PM	Moon 6 - Phase 13
	484893462	Rahu 12:10PM – 2:03PM	Kaulava Until 6:23PM		Nataraja: White	Prathama
Creative Work	Amrita Yoga	Prathama* Until 6:23PM		Moon – Light Blue	Subha Subha Sivaloka Day	
Until 12:18PM						
Then Creative Work - Siddha Yoga						



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:26AM – 10:18AM **Shravana Until 3:05PM**
Yama 4:41AM – 6:33AM Priti Until 5:57PM
Rahu 2:03PM – 3:55PM Taitila Until 7:24AM
Dvitiya Until 8:28PM

Syracuse, NY Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:41AM
Muruga: Blue Sunset: 7:40PM
Nataraja: White
Moon – Purple **Subha Sivaloka Day**
Ashada-Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 6:34AM – 8:26AM **Dhanishtha Until 5:57PM**
Yama 3:55PM – 5:47PM Ayushman Until 6:49PM
Rahu 10:18AM – 12:10PM Vanija Until 9:37AM
Tritiya Until 10:47PM

Syracuse, NY Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:42AM
Muruga: Blue Sunset: 7:39PM
Nataraja: White
Moon – Purple **Subha Sivaloka Day**
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 4:43AM – 6:35AM **Shatabhishak Until 8:45PM**
Yama 2:02PM – 3:54PM Saubhagya Until 7:48PM
Rahu 8:27AM – 10:19AM Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Syracuse, NY Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:43AM
Muruga: Blue Sunset: 7:38PM
Nataraja: White
Moon – Purple **Subha Sivaloka Day**
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:54PM – 5:46PM **Purvaproshtapada* Until 11:53PM**
Yama 12:11PM – 2:02PM Sobhana Until 8:46PM
Rahu 5:46PM – 7:37PM Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Syracuse, NY Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:44AM
Muruga: Blue Sunset: 7:37PM
Nataraja: White
Moon – Clear **Subha Sivaloka Day**
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 2:02PM – 3:53PM **Uttaraproshtapada Until 2:40AM Tue**
Yama 10:19AM – 12:11PM Athiganda* Until 9:35PM
Rahu 6:36AM – 8:28AM Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Syracuse, NY Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:45AM
Muruga: Blue Sunset: 7:36PM
Nataraja: White
Moon – Clear **Subha Sivaloka Day**
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau
Gulika 12:11PM – 2:02PM **Revati Until 4:57AM Wed**
Yama 8:28AM – 10:19AM Sukarma Until 10:11PM
Rahu 3:53PM – 5:44PM Visti Until 6:42PM
Saptami Until 7:32AM Wed

Syracuse, NY Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:46AM
Muruga: Blue Sunset: 7:35PM
Nataraja: White
Moon – Clear **Subha Sivaloka Day**
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:20AM – 12:11PM **Ashvini Until 7:04AM Thu**
Yama 6:38AM – 8:29AM Dhriti Until 10:26PM
Rahu 12:11PM – 2:02PM Balava Until 8:16PM
Saptami Until 7:32AM

Syracuse, NY Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: White Sunrise: 4:47AM
Muruga: Blue Sunset: 7:34PM
Nataraja: White
Moon – White **Subha Subha Sivaloka Day**
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:29AM – 10:20AM **Ashvini Until 7:04AM**
Yama 4:48AM – 6:38AM Shula* Until 10:10PM
Rahu 2:01PM – 3:52PM Taitila Until 9:13PM
Ashtami* Until 8:48AM

Syracuse, NY Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 4:48AM
Muruga: Blue Sunset: 7:34PM
Nataraja: White
Moon – White **Subha Subha Sivaloka Day**
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Syracuse, NY
			Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 103
	Mesha Rasi: 25.23	Tithi 24 – 25	Gulika 6:39AM – 8:30AM	Bharani Until 8:23AM	Ganesha: White	<i>Sunrise:</i> 4:49AM	Vikarin 5121
	424893462	Rahu 10:20AM – 12:11PM	Yama 3:52PM – 5:42PM	Ganda* Until 9:22PM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15
Creative Work	Siddha Yoga		Vanija Until 9:27PM	Nataraja: White		2nd Phase	
			Navami* Until 9:25AM	Moon – White		Subha Subha Sivaloka Day	
				Ashada*Adi			

2	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Syracuse, NY
			Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 104
	Vrishabha Rasi: 8.21	Tithi 25 – 26	Gulika 4:50AM – 6:40AM	Krittika Until 8:49AM	Ganesha: White	<i>Sunrise:</i> 4:50AM	Vikarin 5121
	424893462	Rahu 8:30AM – 10:20AM	Yama 2:01PM – 3:51PM	Vriddhi Until 7:57PM	Muruqa: Blue	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15
Creative Work	Amrita Yoga		Bava Until 8:55PM	Nataraja: White		2nd Phase	
			Dashami Until 9:16AM	Moon – White		Subha Subha Sivaloka Day	
				Ashada*Adi			

3	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam				Syracuse, NY
			Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 105
	Vrishabha Rasi: 21.44	Tithi 26 – 27	Gulika 3:51PM – 5:40PM	Rohini Until 8:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Vikarin 5121
	424893462	Rahu 5:40PM – 7:30PM	Yama 12:11PM – 2:01PM	Dhruva Until 5:53PM	Muruqa: Blue	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 15
Creative Work	Siddha Yoga		Kaulava Until 7:36PM	Nataraja: White		2nd Phase	
			Ekadashi* Until 8:20AM	Moon – Yellow		Subha Sivaloka Day	
				Ashada*Adi			

4	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Syracuse, NY
			Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 106
	Mithuna Rasi: 5.34	Tithi 27 – 28	Gulika 2:00PM – 3:50PM	Mrigashira Until 7:51AM	Ganesha: White	<i>Sunrise:</i> 4:52AM	Vikarin 5121
	435893462	Rahu 6:41AM – 8:31AM	Yama 10:21AM – 12:11PM	Vyaghata* Until 3:14PM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 15
Family Home Evening	Creative Work	Amrita Yoga	Vanija Until 4:19AM Tue	Nataraja: White		2nd Phase	
Until 7:51AM			Dvadashi* Until 6:39AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Syracuse, NY
			Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 107
	Mithuna Rasi: 19.5	Tithi 29	Gulika 12:10PM – 2:00PM	Ardra Until 6:07AM	Ganesha: White	<i>Sunrise:</i> 4:53AM	Vikarin 5121
	435893462	Rahu 3:49PM – 5:39PM	Yama 8:32AM – 10:21AM	Harshana Until 12:07PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 15
Routine Work	Marana Yoga		Visti Until 2:57PM	Nataraja: White		2nd Phase	
Until 6:07AM			Chaturdashi* Until 1:27AM Wed	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi			

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Syracuse, NY
	Retreat Star		Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 108
	Kataka Rasi: 4.28	Tithi 30	Gulika 10:21AM – 12:10PM	Pushya Until 1:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:54AM	Vikarin 5121
	445893462	Rahu 12:10PM – 2:00PM	Yama 6:43AM – 8:32AM	Vajra* Until 8:33AM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 15
Creative Work	Siddha Yoga		Catuspada Until 11:52AM	Nataraja: White		Amavasya	
			Amavasya* Until 10:11PM	Moon – Blue		Sivaloka Day	
				Ashada*Adi			

Retreat Star	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Syracuse, NY
			Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 109
	Kataka Rasi: 19.22	Tithi 1	Gulika 8:33AM – 10:21AM	Ashlesha* Until 10:50PM	Ganesha: Green	<i>Sunrise:</i> 4:55AM	Vikarin 5121
	445893462	Rahu 1:59PM – 3:48PM	Yama 4:55AM – 6:44AM	Vyatipata* Until 12:45AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 15
Creative Work	Siddha Yoga		Kintughna Until 8:28AM	Nataraja: White		Prathama	
Until 10:50PM			Prathama* Until 6:41PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Syracuse, NY Sun 16 Sutra 110	
Simha Rasi: 4.24	Tithi 2 – 3	Gulika 6:44AM – 8:33AM	Magha* Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 4:56AM		Vikarin 5121
		Yama 3:48PM – 5:36PM	Variyan Until 8:43PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM		Moon 7 - Phase 16
		455893462 Rahu 10:22AM – 12:10PM	Taitila Until 1:22AM Sat	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:07PM	Moon – Red		Sivaloka Day	
Until 8:13PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Syracuse, NY Sun 17 Sutra 111	
Simha Rasi: 19.26	Tithi 3 – 4	Gulika 4:57AM – 6:45AM	Purvaphalguni Until 5:36PM	Ganesha: White	<i>Sunrise:</i> 4:57AM		Vikarin 5121
		Yama 1:59PM – 3:47PM	Parigha* Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM		Moon 7 - Phase 16
		455893462 Rahu 8:34AM – 10:22AM	Vanija Until 9:57PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:37AM	Moon – Red		Sivaloka Day	
Until 5:36PM				Sravana-Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Syracuse, NY Sun 18 Sutra 112	
Kanya Rasi: 4.19	Tithi 4 – 5	Gulika 3:46PM – 5:34PM	Uttaraphalguni Until 3:06PM	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM		Vikarin 5121
		Yama 12:10PM – 1:58PM	Shiva Until 1:08PM	Muruqa: Blue	<i>Sunset:</i> 7:22PM		Moon 7 - Phase 16
		455993462 Rahu 5:34PM – 7:22PM	Bava Until 6:51PM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:20AM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana-Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Syracuse, NY Sun 19 Sutra 113	
Kanya Rasi: 18.57	Tithi 6	Gulika 1:58PM – 3:46PM	Hasta Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 4:59AM		Vikarin 5121
Family Home Evening		Yama 10:22AM – 12:10PM	Siddha Until 9:45AM	Muruqa: Blue	<i>Sunset:</i> 7:21PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:47AM – 8:35AM	Kaulava Until 4:10PM	Nataraja: White			3rd Phase
Until 1:17PM			Shashthi* Until 3:00AM Tue	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana-Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Syracuse, NY Sun 20 Sutra 114	
Tula Rasi: 3.13	Tithi 7	Gulika 12:10PM – 1:57PM	Chitra Until 11:52AM	Ganesha: White	<i>Sunrise:</i> 5:00AM		Vikarin 5121
		Yama 8:35AM – 10:22AM	Sadhya Until 6:48AM	Muruqa: Blue	<i>Sunset:</i> 7:20PM		Moon 7 - Phase 16
		465993462 Rahu 3:45PM – 5:32PM	Gara Until 2:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:10AM Wed	Moon – Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Syracuse, NY Sun 21 Sutra 115	
Tula Rasi: 17.07	Tithi 8	Gulika 10:23AM – 12:10PM	Svati Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 5:01AM		Vikarin 5121
		Yama 6:48AM – 8:35AM	Sukla Until 2:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:18PM		Moon 7 - Phase 16
		465993462 Rahu 12:10PM – 1:57PM	Visti Until 12:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:59PM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Syracuse, NY Sun 22 Sutra 116	
Vrischika Rasi: 0.37	Tithi 9	Gulika 8:36AM – 10:23AM	Vishakha Until 10:54AM	Ganesha: Purple	<i>Sunrise:</i> 5:02AM		Vikarin 5121
		Yama 5:02AM – 6:49AM	Brahma Until 1:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:17PM		Moon 7 - Phase 16
		476993462 Rahu 1:57PM – 3:43PM	Balava Until 11:39AM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 11:28PM	Moon – Orange		Sivaloka Day	
				Sravana-Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Syracuse, NY Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	Gulika 6:50AM – 8:36AM	Anuradha Until 11:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	
		Yama 3:43PM – 5:29PM	Indra Until 12:10AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 17
476993462	Rahu 10:23AM – 12:10PM		Taitila Until 11:28AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day
Until 11:24AM		Varalakshmi Vratam	Dashami Until 11:36PM	Sravana*Adi		
Then Routine Work - Marana Yoga						

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Syracuse, NY Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	Gulika 5:04AM – 6:51AM	Jyeshtha* Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	
		Yama 1:56PM – 3:42PM	Vaidhriti* Until 11:45PM	Muruqa: Blue	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 17
476993462	Rahu 8:37AM – 10:23AM		Vanija Until 11:55AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day
Until 9:33PM			Ekadashi Until 12:20AM Sun	Sravana*Adi		
Then Routine Work - Marana Yoga						

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Syracuse, NY Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	Gulika 3:41PM – 5:27PM	Mula* Until 2:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:06AM	
		Yama 12:09PM – 1:55PM	Vishkambha* Until 11:46PM	Muruqa: Blue	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
486993462	Rahu 5:27PM – 7:13PM		Bava Until 12:56PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		Subha Sivaloka Day
Until 2:12PM			Dvadashi Until 1:36AM Mon	Sravana*Adi		
Then Creative Work - Siddha Yoga						

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Syracuse, NY Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	Gulika 1:55PM – 3:40PM	Purvashadha* Until 4:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:07AM	
		Yama 10:23AM – 12:09PM	Priti Until 12:07AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 17
486993462	Rahu 6:52AM – 8:38AM		Kaulava Until 2:25PM	Nataraja: White		4th Phase
Family Home Evening				Moon – Light Blue		Subha Sivaloka Day
Routine Work	Marana Yoga		Trayodashi Until 3:17AM Tue	Sravana*Adi		

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Syracuse, NY Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	Gulika 12:09PM – 1:54PM	Uttarashadha Until 6:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:08AM	
		Yama 8:38AM – 10:24AM	Ayushman Until 12:42AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 17
486993462	Rahu 3:39PM – 5:25PM		Gara Until 4:16PM	Nataraja: White		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Subha Sivaloka Day
Until 6:38PM			Chaturdashi* Until 5:18AM Wed	Sravana*Adi		
Then Creative Work - Siddha Yoga						

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau		Syracuse, NY Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:24AM – 12:09PM	Shravana Until 9:33PM	Ganesha: White	<i>Sunrise:</i> 5:09AM	
Makara Rasi: 15.35	Tithi 15	Yama 6:54AM – 8:39AM	Saubhagya Until 1:29AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
496993462	Rahu 12:09PM – 1:54PM		Visti Until 6:25PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
Until 9:33PM		Raksha Bandhan	Purnima* Until 7:32AM Thu	Sravana*Adi		
Then Routine Work - Prabalarishta Yoga						

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Syracuse, NY Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:39AM – 10:24AM	Dhanishtha Until 12:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:10AM – 6:55AM	Sobhana Until 2:24AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 17
497993462	Rahu 1:53PM – 3:38PM		Balava Until 8:44PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Moon – Purple		Subha Sivaloka Day
Until 9:33PM			Purnima* Until 7:32AM	Sravana*Adi		
Then Routine Work - Prabalarishta Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Syracuse, NY
Sutra 124

Kumbha Rasi: 9.24 Tithi 16 – 17

497993462

Gulika 6:55AM – 8:40AM
Yama 3:37PM – 5:21PM
Rahu 10:24AM – 12:08PM

Shatabhishak Until 3:16AM Sat
Athiganda* Until 3:21AM Sat
Taitila Until 11:10PM
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:11AM*
Muruqa: Blue *Sunset: 7:06PM*
Nataraja: White
Moon – Purple

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Syracuse, NY
Sun 1 Sutra 125

Kumbha Rasi: 21.15 Tithi 17 – 18

517993462

Gulika 5:12AM – 6:56AM
Yama 1:52PM – 3:36PM
Rahu 8:40AM – 10:24AM

Purvaproshtapada* Until 6:25AM Sun
Sukarma Until 4:18AM Sun
Vanija Until 1:35AM Sun
Dvitiya Until 12:21PM

Ganesha: White *Sunrise: 5:12AM*
Muruqa: Blue *Sunset: 7:04PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Syracuse, NY
Sun 2 Sutra 126

Meena Rasi: 3.07 Tithi 18 – 19

517993462

Gulika 3:35PM – 5:19PM
Yama 12:08PM – 1:52PM
Rahu 5:19PM – 7:03PM

Purvaproshtapada* Until 6:25AM
Dhriti Until 5:12AM Mon
Bava Until 3:55AM Mon
Tritiya Until 2:45PM

Ganesha: White *Sunrise: 5:13AM*
Muruqa: Blue *Sunset: 7:03PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Syracuse, NY
Sun 3 Sutra 127

Meena Rasi: 15.02 Tithi 19 – 20

517993462

Gulika 1:51PM – 3:34PM
Yama 10:24AM – 12:08PM
Rahu 6:58AM – 8:41AM

Uttaraproshtapada Until 9:16AM
Shula* Until 5:54AM Tue
Kaulava Until 6:03AM Tue
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise: 5:14AM*
Muruqa: Blue *Sunset: 7:01PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Amrita Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Syracuse, NY
Sun 4 Sutra 128

Meena Rasi: 27.01 Tithi 20

517993462

Gulika 12:07PM – 1:50PM
Yama 8:41AM – 10:24AM
Rahu 3:33PM – 5:16PM

Revati Until 11:46AM
Ganda* Until 6:22AM Wed
Kaulava Until 6:03AM
Panchami Until 6:59PM

Ganesha: White *Sunrise: 5:15AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Syracuse, NY
Sun 5 Sutra 129

Mesha Rasi: 9.07 Tithi 21

528993462

Gulika 10:24AM – 12:07PM
Yama 6:59AM – 8:42AM
Rahu 12:07PM – 1:50PM

Ashvini Until 2:14PM
Ganda* Until 6:22AM
Gara Until 7:52AM
Shashthi* Until 8:35PM

Ganesha: White *Sunrise: 5:16AM*
Muruqa: Blue *Sunset: 6:58PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Syracuse, NY
Sun 6 Sutra 130

Mesha Rasi: 21.25 Tithi 22

528993462

Gulika 8:42AM – 10:25AM
Yama 5:18AM – 7:00AM
Rahu 1:49PM – 3:32PM

Bharani Until 4:04PM
Vridhhi Until 6:30AM
Visti Until 9:13AM
Saptami Until 9:39PM

Ganesha: White *Sunrise: 5:18AM*
Muruqa: Blue *Sunset: 6:56PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Syracuse, NY
Sun 7 Sutra 131

Vrishabha Rasi: 3.59 Tithi 23

528993462

Gulika 7:01AM – 8:43AM
Yama 3:31PM – 5:13PM
Rahu 10:25AM – 12:07PM

Krittika Until 5:07PM
Dhruva Until 6:09AM
Balava Until 9:58AM
Ashtami* Until 10:03PM

Ganesha: White *Sunrise: 5:19AM*
Muruqa: Blue *Sunset: 6:55PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Syracuse, NY
Sun 8 Sutra 132

Vrishabha Rasi: 16.52 Tithi 24

538993462

Gulika 5:20AM – 7:01AM
Yama 1:48PM – 3:30PM
Rahu 8:43AM – 10:25AM

Rohini Until 5:45PM
Harshana Until 3:46AM Sun
Taitila Until 10:00AM
Navami* Until 9:42PM

Ganesha: Clear *Sunrise: 5:20AM*
Muruqa: Blue *Sunset: 6:53PM*
Nataraja: White
Moon – Yellow

Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

Sravana-Avani

1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Syracuse, NY
	Mithuna Rasi: 0.09	Tithi 25	Sun 9	Sutra 133			
			538993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	2nd Phase		
		Gulika	3:29PM – 5:10PM	Mrigashira	Until 5:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM
		Yama	12:06PM – 1:47PM	Vajra*	Until 1:37AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:51PM
		Rahu	5:10PM – 6:51PM	Vanija	Until 9:14AM	Nataraja: White	
				Dashami	Until 8:33PM	Moon – Yellow	Subha Sivaloka Day
						Sravana-Avani	

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Syracuse, NY
	Mithuna Rasi: 13.53	Tithi 26	Sun 10	Sutra 134			
	Family Home Evening		538993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	2nd Phase		
		Gulika	1:47PM – 3:28PM	Ardra	Until 4:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM
		Yama	10:25AM – 10:06PM	Siddhi	Until 10:52PM	Muruqa: Blue	<i>Sunset:</i> 6:50PM
		Rahu	7:03AM – 8:44AM	Bava	Until 7:42AM	Nataraja: White	
				Ekadashi*	Until 6:38PM	Moon – Yellow	Subha Sivaloka Day
						Sravana-Avani	

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Syracuse, NY
	Mithuna Rasi: 28.06	Tithi 27 – 28	Sun 11	Sutra 135			
			548993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	2nd Phase		
		Gulika	12:06PM – 1:46PM	Punarvasu	Until 2:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:23AM
		Yama	8:44AM – 10:25AM	Vyatipata*	Until 7:36PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM
		Rahu	3:27PM – 5:07PM	Gara	Until 2:34AM Wed	Nataraja: White	
				Dvadashi*	Until 4:03PM	Moon – Blue	Sivaloka Day
						Sravana-Avani	
							<i>Pradosha Vrata (Fasting)</i>

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Syracuse, NY
	Kataka Rasi: 12.44	Tithi 28 – 29	Sun 12	Sutra 136			
			549193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	2nd Phase		
		Gulika	10:25AM – 12:05PM	Pushya	Until 12:20PM	Ganesha: Orange	<i>Sunrise:</i> 5:24AM
		Yama	7:04AM – 8:45AM	Variyan	Until 3:51PM	Muruqa: Blue	<i>Sunset:</i> 6:46PM
		Rahu	12:05PM – 1:46PM	Visti	Until 11:12PM	Nataraja: Clear	
				Trayodashi*	Until 12:55PM	Moon – Blue	Sivaloka Day
						Sravana-Avani	

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Syracuse, NY
	Retreat Star		Sun 13	Sutra 137			
	Kataka Rasi: 27.43	Tithi 29 – 30	549193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	Amavasya		
		Gulika	8:45AM – 10:25AM	Ashlesha*	Until 9:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM
		Yama	5:25AM – 7:05AM	Parigha*	Until 11:49AM	Muruqa: Blue	<i>Sunset:</i> 6:45PM
		Rahu	1:45PM – 3:25PM	Catuspada	Until 7:31PM	Nataraja: Clear	
				Chaturdashi*	Until 9:23AM	Moon – Blue	Sivaloka Day
						Sravana-Avani	

Retreat Star	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Syracuse, NY
	Retreat Star		Sun 14	Sutra 138			
	Simha Rasi: 12.55	Tithi 1	559193463	Vikarin 5121			
	Routine Work	Marana Yoga		Moon 8 - Phase 19	Prathama		
		Gulika	7:06AM – 8:45AM	Magha*	Until 6:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM
		Yama	3:24PM – 5:03PM	Shiva	Until 7:36AM	Muruqa: Blue	<i>Sunset:</i> 6:43PM
		Rahu	10:25AM – 12:05PM	Kintughna	Until 3:41PM	Nataraja: Clear	
				Prathama*	Until 1:45AM Sat	Moon – Red	Sivaloka Day
						Bhadrapada-Avani	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Syracuse, NY Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 28.1	Tithi 2	Gulika 5:27AM – 7:07AM	Uttaraphalguni Until 12:35AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:27AM			
		Yama 1:44PM – 3:23PM	Sadhya Until 11:07PM	Muruqa: Blue	<i>Sunset:</i> 6:41PM			Moon 8 - Phase 20
		559193463 Rahu 8:46AM – 10:25AM	Balava Until 11:52AM	Nataraja: Clear				3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:00PM	Moon – Red			Sivaloka Day	
Until 12:35AM Sun				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

2		Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Syracuse, NY Sun 16 Sutra 140 Vikarin 5121
Kanya Rasi: 13.19	Tithi 3	Gulika 3:22PM – 5:01PM	Hasta Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:28AM			
		Yama 12:04PM – 1:43PM	Subha Until 7:11PM	Muruqa: Blue	<i>Sunset:</i> 6:40PM			Moon 8 - Phase 20
		569193463 Rahu 5:01PM – 6:40PM	Taitila Until 8:14AM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:31PM	Moon – Green			Sivaloka Day	
Until 10:06PM				Bhadrapada-Avani				
Then Creative Work - Siddha Yoga								

3		Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Syracuse, NY Sun 17 Sutra 141 Vikarin 5121
Kanya Rasi: 28.11	Tithi 4 – 5	Gulika 1:42PM – 3:21PM	Chitra Until 7:56PM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM			
Family Home Evening		Yama 10:25AM – 12:04PM	Sukla Until 3:35PM	Muruqa: Blue	<i>Sunset:</i> 6:38PM			Moon 8 - Phase 20
		569193463 Rahu 7:08AM – 8:47AM	Bava Until 2:10AM Tue	Nataraja: Clear				3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 3:28PM	Moon – Green			Sivaloka Day	
Until 7:56PM				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

4		Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Syracuse, NY Sun 18 Sutra 142 Vikarin 5121
Tula Rasi: 12.41	Tithi 5 – 6	Gulika 12:03PM – 1:42PM	Svati Until 6:15PM	Ganesha: Orange	<i>Sunrise:</i> 5:31AM			
		Yama 8:47AM – 10:25AM	Brahma Until 12:28PM	Muruqa: Blue	<i>Sunset:</i> 6:36PM			Moon 8 - Phase 20
		569193463 Rahu 3:20PM – 4:58PM	Kaulava Until 12:02AM Wed	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:00PM	Moon – Green			Sivaloka Day	
Until 6:15PM				Bhadrapada-Avani				
Then Routine Work - Marana Yoga								

5		Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Syracuse, NY Sun 19 Sutra 143 Vikarin 5121
Tula Rasi: 26.43	Tithi 6 – 7	Gulika 10:25AM – 12:03PM	Vishakha Until 5:35PM	Ganesha: Green	<i>Sunrise:</i> 5:32AM			
		Yama 7:10AM – 8:47AM	Indra Until 9:57AM	Muruqa: Blue	<i>Sunset:</i> 6:34PM			Moon 8 - Phase 20
		579193463 Rahu 12:03PM – 1:41PM	Gara Until 10:41PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:14AM	Moon – Orange			Subha Sivaloka Day	
				Bhadrapada-Avani				

Retreat Star		Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau				Syracuse, NY Sun 20 Sutra 144 Vikarin 5121
Vrischika Rasi: 10.17	Tithi 7 – 8	Gulika 8:48AM – 10:25AM	Anuradha Until 5:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM			
		Yama 5:33AM – 7:10AM	Vaidhriti* Until 8:04AM	Muruqa: Blue	<i>Sunset:</i> 6:33PM			Moon 8 - Phase 20
		571193463 Rahu 1:40PM – 3:18PM	Visti Until 10:08PM	Nataraja: Clear				Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:17AM	Moon – Orange			Sivaloka Day	
Until 5:35PM				Bhadrapada-Avani				
Then Routine Work - Prabalarishta Yoga								

Retreat Star		Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Syracuse, NY Sun 21 Sutra 145 Vikarin 5121
Vrischika Rasi: 23.23	Tithi 8 – 9	Gulika 7:11AM – 8:48AM	Jyeshtha* Until 6:13PM	Ganesha: Orange	<i>Sunrise:</i> 5:34AM			
		Yama 3:17PM – 4:54PM	Vishkambha* Until 6:50AM	Muruqa: Blue	<i>Sunset:</i> 6:31PM			Moon 8 - Phase 20
		571193463 Rahu 10:25AM – 12:02PM	Balava Until 10:25PM	Nataraja: Clear				Navami
Routine Work	Marana Yoga		Ashtami* Until 10:10AM	Moon – Orange			Sivaloka Day	
Until 6:13PM				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Syracuse, NY
	Dhanus Rasi: 6.06	Tithi 9 – 10	581193463	Gulika 5:35AM – 7:12AM Yama 1:39PM – 3:16PM Rahu 8:48AM – 10:25AM	Mula* Until 7:56PM Priti Until 6:15AM Taitila Until 11:27PM Navami* Until 10:49AM	Ganesha: Green <i>Sunrise:</i> 5:35AM Muruqa: Blue <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga							


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Syracuse, NY
	Dhanus Rasi: 18.29	Tithi 10 – 11	581193463	Gulika 3:15PM – 4:51PM Yama 12:02PM – 1:38PM Rahu 4:51PM – 6:27PM	Purvashadha* Until 10:05PM Ayushman Until 6:11AM Vanija Until 1:05AM Mon Dashami Until 12:10PM	Ganesha: Green <i>Sunrise:</i> 5:36AM Muruqa: Blue <i>Sunset:</i> 6:27PM Nataraja: Clear Moon – Light Blue	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga Until 10:05PM Then Creative Work - Amrita Yoga		Grandparent's Day					

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Syracuse, NY
	Makara Rasi: 0.39	Tithi 11 – 12	581193463	Gulika 1:37PM – 3:13PM Yama 10:25AM – 12:01PM Rahu 7:13AM – 8:49AM	Uttarashadha Until 12:30AM Tue Saubhagya Until 6:34AM Bava Until 3:09AM Tue Ekadashi Until 2:03PM	Ganesha: Green <i>Sunrise:</i> 5:37AM Muruqa: Blue <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Light Blue	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
Family Home Evening Routine Work Marana Yoga Until 12:30AM Tue Then Creative Work - Siddha Yoga							

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Syracuse, NY
	Makara Rasi: 12.38	Tithi 12 – 13	591193463	Gulika 12:01PM – 1:37PM Yama 8:50AM – 10:25AM Rahu 3:12PM – 4:48PM	Shravana Until 3:32AM Wed Sobhana Until 7:16AM Kaulava Until 5:29AM Wed Dvadashi Until 4:16PM	Ganesha: Red <i>Sunrise:</i> 5:38AM Muruqa: Blue <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Purple	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga Until 3:32AM Wed Then Routine Work - Prabalarishta Yoga		Pradosha Vrata					

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Syracuse, NY
	Makara Rasi: 24.32	Tithi 13	591193463	Gulika 10:25AM – 12:01PM Yama 7:15AM – 8:50AM Rahu 12:01PM – 1:36PM	Dhanishtha Until 6:31AM Thu Athiganda* Until 8:07AM Taitila Until 6:41PM Trayodashi Until 6:41PM	Ganesha: Red <i>Sunrise:</i> 5:39AM Muruqa: Blue <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Purple	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
Routine Work Prabalarishta Yoga Until 6:31AM Thu Then Creative Work - Siddha Yoga		Chidambaram Abhishekam					

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Syracuse, NY
	Kumbha Rasi: 6.24	Tithi 14	591193463	Gulika 8:50AM – 10:25AM Yama 5:40AM – 7:15AM Rahu 1:35PM – 3:10PM	Dhanishtha Until 6:31AM Sukarma Until 9:04AM Gara Until 7:57AM Chaturdashi* Until 9:09PM	Ganesha: Red <i>Sunrise:</i> 5:40AM Muruqa: Blue <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – Purple	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga		Avani Avittam					

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Syracuse, NY	
	Copper Retreat Star		Kumbha Rasi: 18.16	Tithi 15	591113463	Gulika 7:16AM – 8:51AM Yama 3:09PM – 4:44PM Rahu 10:25AM – 12:00PM	Shatabhishak Until 9:20AM Dhriti Until 10:01AM Visti Until 10:24AM Purnima* Until 11:36PM	Ganesha: Red <i>Sunrise:</i> 5:41AM Muruqa: Purple <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Purple
Creative Work Siddha Yoga								

7	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Syracuse, NY	
	Silver Retreat Star		Meena Rasi: 0.08	Tithi 16	511113463	Gulika 5:43AM – 7:17AM Yama 1:34PM – 3:08PM Rahu 8:51AM – 10:25AM	Purvaprosarthapada* Until 12:25PM Shula* Until 10:53AM Balava Until 12:48PM Prathama* Until 1:55AM Sun	Ganesha: Red <i>Sunrise:</i> 5:43AM Muruqa: Purple <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Clear
Routine Work Marana Yoga Until 12:25PM Then Creative Work - Siddha Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Syracuse, NY
Sun 1 Sutra 154

Meena Rasi: 12.04 Tithi 17

512113463

Gulika 3:07PM – 4:41PM
Yama 11:59AM – 1:33PM
Rahu 4:41PM – 6:15PM

Uttaraproshtapada Until 3:13PM
Ganda* Until 11:40AM
Taitila Until 3:03PM
Dvitiya Until 4:05AM Mon

Ganesha: Yellow *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 6:15PM*
Nataraja: Clear
Moon – Clear

Sivaloka Day

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Syracuse, NY
Sun 2 Sutra 155

Meena Rasi: 24.03 Tithi 18

512113463

Gulika 1:32PM – 3:06PM
Yama 10:25AM – 11:59AM
Rahu 7:18AM – 8:52AM

Revati Until 5:39PM
Vridhhi Until 12:20PM
Vanija Until 5:06PM
Tritiya Until 6:02AM Tue

Ganesha: Yellow *Sunrise: 5:45AM*
Muruqa: Purple *Sunset: 6:13PM*
Nataraja: Clear
Moon – Clear

Sivaloka Day

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Syracuse, NY
Sun 3 Sutra 156

Mesha Rasi: 6.08 Tithi 18 – 19

522113463

Gulika 11:59AM – 1:32PM
Yama 8:52AM – 10:25AM
Rahu 3:05PM – 4:38PM

Ashvini Until 8:11PM
Dhruva Until 12:46PM
Bava Until 6:55PM
Tritiya Until 6:02AM

Ganesha: White *Sunrise: 5:46AM*
Muruqa: Purple *Sunset: 6:11PM*
Nataraja: Clear
Moon – White

Devaloka Day

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Syracuse, NY
Sun 4 Sutra 157

Mesha Rasi: 18.2 Tithi 19 – 20

522113463

Gulika 10:25AM – 11:58AM
Yama 7:20AM – 8:53AM
Rahu 11:58AM – 1:31PM

Bharani Until 10:13PM
Vyaghata* Until 12:59PM
Kaulava Until 8:23PM
Chaturthi* Until 7:41AM

Ganesha: White *Sunrise: 5:47AM*
Muruqa: Purple *Sunset: 6:09PM*
Nataraja: Clear
Moon – White

Devaloka Day

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Until 10:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Syracuse, NY
Sun 5 Sutra 158

Vrishabha Rasi: 0.41 Tithi 20 – 21

522113463

Gulika 8:53AM – 10:25AM
Yama 5:48AM – 7:20AM
Rahu 1:30PM – 3:03PM

Krittika Until 11:39PM
Harshana Until 12:55PM
Gara Until 9:26PM
Panchami Until 8:57AM

Ganesha: White *Sunrise: 5:48AM*
Muruqa: Purple *Sunset: 6:08PM*
Nataraja: Clear
Moon – White

Devaloka Day

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Syracuse, NY
Sun 6 Sutra 159

Vrishabha Rasi: 13.15 Tithi 21 – 22

532113463

Gulika 7:21AM – 8:53AM
Yama 3:02PM – 4:34PM
Rahu 10:25AM – 11:57AM

Rohini Until 12:52AM Sat
Vajra* Until 12:24PM
Visti Until 9:55PM
Shashthi* Until 9:44AM

Ganesha: Clear *Sunrise: 5:49AM*
Muruqa: Purple *Sunset: 6:06PM*
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Until 12:52AM Sat

Then Creative Work - Siddha Yoga



Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Syracuse, NY
Sun 7 Sutra 160

Vrishabha Rasi: 26.05 Tithi 22 – 23

532113463

Gulika 5:50AM – 7:22AM
Yama 1:29PM – 3:01PM
Rahu 8:54AM – 10:25AM

Mrigashira Until 1:17AM Sun
Siddhi Until 11:26AM
Balava Until 9:45PM
Saptami Until 9:54AM

Ganesha: Clear *Sunrise: 5:50AM*
Muruqa: Purple *Sunset: 6:04PM*
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Syracuse, NY
Sun 8 Sutra 161

Mithuna Rasi: 9.16 Tithi 23 – 24

532213463

Gulika 2:59PM – 4:31PM
Yama 11:57AM – 1:28PM
Rahu 4:31PM – 6:02PM

Ardra Until 12:50AM Mon
Vyatipata* Until 9:55AM
Taitila Until 8:52PM
Ashtami* Until 9:23AM

Ganesha: Orange *Sunrise: 5:51AM*
Muruqa: Purple *Sunset: 6:02PM*
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Moon 9 - Phase 22
Navami

Creative Work Siddha Yoga

Until 12:50AM Mon

Then Creative Work - Amrita Yoga


1		Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Syracuse, NY Sun 9 Sutra 162 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 24 – 25	Gulika 1:27PM – 2:58PM	Punarvasu Until 11:59PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:52AM	
Family Home Evening	542213463	Yama 10:25AM – 11:56AM	Variyan Until 7:48AM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 7:23AM – 8:54AM	Vanija Until 7:16PM	Nataraja: Clear		2nd Phase
Until 11:59PM			Navami* Until 8:08AM	Moon – Blue		Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi		

2		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Syracuse, NY Sun 10 Sutra 163 Vikarin 5121
Kataka Rasi: 6.53	Tithi 25 – 26	Gulika 11:56AM – 1:27PM	Pushya Until 10:18PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:54AM	
	542213463	Yama 8:55AM – 10:25AM	Shiva Until 1:56AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 2:57PM – 4:28PM	Balava Until 3:36AM Wed	Nataraja: Clear		2nd Phase
			Dashami Until 6:11AM	Moon – Blue		Devaloka Day
				Bhadrapada-Puratasi		

3		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Syracuse, NY Sun 11 Sutra 164 Vikarin 5121
Kataka Rasi: 21.2	Tithi 27	Gulika 10:25AM – 11:56AM	Ashlesha* Until 7:57PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:55AM	
	542213463	Yama 7:25AM – 8:55AM	Siddha Until 10:17PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 11:56AM – 1:26PM	Kaulava Until 2:07PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 12:29AM Thu	Moon – Blue		Devaloka Day
				Bhadrapada-Puratasi		

4		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Syracuse, NY Sun 12 Sutra 165 Vikarin 5121
Simha Rasi: 6.1	Tithi 28	Gulika 8:56AM – 10:25AM	Magha* Until 5:26PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	
	552213463	Yama 5:56AM – 7:26AM	Sadhya Until 6:18PM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 1:25PM – 2:55PM	Gara Until 10:47AM	Nataraja: Clear		2nd Phase
Until 5:26PM			Trayodashi* Until 8:59PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi		
			<i>Pradosha Vrata (Fasting)</i>			

5		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Syracuse, NY Sun 13 Sutra 166 Vikarin 5121
Simha Rasi: 21.15	Tithi 29 – 30	Gulika 7:26AM – 8:56AM	Purvaphalguni Until 2:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	
	552213463	Yama 2:54PM – 4:24PM	Subha Until 2:07PM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 10:25AM – 11:55AM	Visti Until 7:09AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 5:15PM	Moon – Red		Devaloka Day
				Bhadrapada-Puratasi		

		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Syracuse, NY Sun 14 Sutra 167 Vikarin 5121
Retreat Star		Gulika 5:58AM – 7:27AM	Uttaraphalguni Until 11:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:58AM	
Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:24PM – 2:53PM	Sukla Until 9:51AM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 23
	653213463	Rahu 8:56AM – 10:25AM	Kintughna Until 11:37PM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga			Amavasya* Until 1:28PM	Moon – Red		Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Syracuse, NY Sun 15 Sutra 168 Vikarin 5121
Kanya Rasi: 21.4	Tithi 1 – 2	Gulika 2:52PM – 4:21PM	Hasta Until 8:39AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:59AM	
	663213463	Yama 11:54AM – 1:23PM	Indra Until 1:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 4:21PM – 5:50PM	Balava Until 8:04PM	Nataraja: Clear		Prathama
Until 8:39AM			Prathama* Until 9:47AM	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga		Navaratri Begins		Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Syracuse, NY Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:22PM – 2:51PM	Chitra Until 6:02AM	Ganesha: Light Blue <i>Sunrise: 6:00AM</i>
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:26AM – 11:54AM	Vaidhriti* Until 10:03PM	Muruqa: Purple <i>Sunset: 5:48PM</i>
Family Home Evening	663213463	Rahu 7:29AM – 8:57AM	Gara Until 3:30AM Tue	Nataraja: Clear
Routine Work Prabalarishta Yoga			Dvitiya Until 6:24AM	Moon – Green
Until 6:02AM				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthyam Titau		Syracuse, NY Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:54AM – 1:22PM	Vishakha Until 2:23AM Wed	Ganesha: Purple <i>Sunrise: 6:01AM</i>
Tula Rasi: 21.16	Tithi 4	Yama 8:58AM – 10:26AM	Vishkambha* Until 6:54PM	Muruqa: Purple <i>Sunset: 5:46PM</i>
673213463		Rahu 2:50PM – 4:18PM	Vanija Until 2:17PM	Nataraja: Clear
Routine Work Marana Yoga			Chaturthi* Until 1:13AM Wed	Moon – Orange
Until 2:23AM Wed				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Syracuse, NY Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:26AM – 11:53AM	Anuradha Until 1:38AM Thu	Ganesha: Purple <i>Sunrise: 6:02AM</i>
Vrischika Rasi: 5.26	Tithi 5	Yama 7:30AM – 8:58AM	Priti Until 4:22PM	Muruqa: Purple <i>Sunset: 5:44PM</i>
673213463		Rahu 11:53AM – 1:21PM	Bava Until 12:22PM	Nataraja: Clear
Creative Work Siddha Yoga			Panchami Until 11:42PM	Moon – Orange
Until 1:38AM Thu				Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Syracuse, NY Sun 19 Sutra 172 Vikarin 5121
4		Gulika 8:58AM – 10:26AM	Jyeshtha* Until 1:36AM Fri	Ganesha: Purple <i>Sunrise: 6:04AM</i>
Vrischika Rasi: 19.06	Tithi 6	Yama 6:04AM – 7:31AM	Ayushman Until 2:29PM	Muruqa: Purple <i>Sunset: 5:42PM</i>
673213463		Rahu 1:20PM – 2:48PM	Kaulava Until 11:17AM	Nataraja: Clear
Routine Work Prabalarishta Yoga			Shashthi* Until 11:03PM	Moon – Orange
Until 1:36AM Fri				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Syracuse, NY Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:32AM – 8:59AM	Mula* Until 2:45AM Sat	Ganesha: Clear <i>Sunrise: 6:05AM</i>
Dhanus Rasi: 2.17	Tithi 7	Yama 2:47PM – 4:14PM	Saubhagya Until 1:19PM	Muruqa: Purple <i>Sunset: 5:41PM</i>
683213463		Rahu 10:26AM – 11:53AM	Gara Until 11:06AM	Nataraja: Clear
Creative Work Amrita Yoga			Saptami Until 11:19PM	Moon – Light Blue
Until 2:45AM Sat				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Syracuse, NY Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 6:06AM – 7:33AM	Purvashadha* Until 4:32AM Sun	Ganesha: Clear <i>Sunrise: 6:06AM</i>
Dhanus Rasi: 15.01	Tithi 8	Yama 1:19PM – 2:46PM	Sobhana Until 12:51PM	Muruqa: Purple <i>Sunset: 5:39PM</i>
683213463		Rahu 8:59AM – 10:26AM	Visti Until 11:47AM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 12:24AM Sun	Moon – Light Blue
Until 4:32AM Sun				Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Syracuse, NY Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:45PM – 4:11PM	Uttarashadha Until 6:46AM Mon	Ganesha: Clear <i>Sunrise: 6:07AM</i>
Dhanus Rasi: 27.24	Tithi 9	Yama 11:52AM – 1:18PM	Athiganda* Until 12:55PM	Muruqa: Purple <i>Sunset: 5:37PM</i>
683213463		Rahu 4:11PM – 5:37PM	Balava Until 1:14PM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 2:11AM Mon	Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Syracuse, NY Sun 23 Sutra 176
1		Gulika 1:18PM – 2:44PM	Uttarashadha Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Vikarin 5121
Makara Rasi: 9.31	Tithi 10	Yama 10:26AM – 11:52AM	Sukarma Until 1:28PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:34AM – 9:00AM	Taitila Until 3:17PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dashami Until 4:25AM Tue	Moon – Light Blue		Sivaloka Day
Until 6:46AM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Syracuse, NY Sun 24 Sutra 177
2		Gulika 11:52AM – 1:17PM	Shravana Until 9:45AM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Vikarin 5121
Makara Rasi: 21.28	Tithi 11	Yama 9:00AM – 10:26AM	Dhriti Until 2:18PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
	693213464	Rahu 2:43PM – 4:08PM	Vanija Until 5:40PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:55AM Wed	Moon – Purple		Sivaloka Day
		Vijaya Dasami		Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Syracuse, NY Sun 25 Sutra 178
3		Gulika 10:26AM – 11:51AM	Dhanishtha Until 12:46PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Vikarin 5121
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:36AM – 9:01AM	Shula* Until 3:13PM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
	693213464	Rahu 11:51AM – 1:16PM	Bava Until 8:13PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 6:55AM	Moon – Purple		Sivaloka Day
Until 12:46PM		Kadaitswami Mahasamadhi		Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Syracuse, NY Sun 26 Sutra 179
4		Gulika 9:01AM – 10:26AM	Shatabhishak Until 3:36PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Vikarin 5121
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:12AM – 7:37AM	Ganda* Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
	693213464	Rahu 1:16PM – 2:41PM	Kaulava Until 10:43PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:27AM	Moon – Purple		Sivaloka Day
				Ashvina+Puratasi		
				<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Syracuse, NY Sun 27 Sutra 180
5		Gulika 7:37AM – 9:02AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Vikarin 5121
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:40PM – 4:04PM	Vridhhi Until 5:00PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
	613213464	Rahu 10:26AM – 11:51AM	Gara Until 1:04AM Sat	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:53AM	Moon – Clear		Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Syracuse, NY Sutra 181
○	Copper Retreat Star	Gulika 6:14AM – 7:38AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:14AM	Vikarin 5121
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:15PM – 2:39PM	Dhruva Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
	613213464	Rahu 9:02AM – 10:26AM	Vistil Until 3:11AM Sun	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 2:08PM	Moon – Clear		Sivaloka Day
Until 9:21PM				Ashvina+Puratasi		
Then Routine Work - Prabalarishta Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Syracuse, NY Sutra 182
○	Silver Retreat Star	Gulika 2:38PM – 4:02PM	Revati Until 11:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Vikarin 5121
Meena Rasi: 21	Tithi 15 – 16	Yama 11:50AM – 1:14PM	Vyaghata* Until 6:08PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 25
	614213464	Rahu 4:02PM – 5:25PM	Balava Until 5:02AM Mon	Nataraja: Purple		Prathama
Creative Work Amrita Yoga			Purnima* Until 4:07PM	Moon – Clear		Subha Sivaloka Day
Until 11:38PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08 Tithi 16 – 17
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:13PM – 2:37PM
Yama 10:27AM – 11:50AM
Rahu 7:40AM – 9:03AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 1:57AM Tue
Harshana Until 6:25PM
Taitila Until 6:35AM Tue
Prathama* Until 5:50PM

Ganesha: White *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 5:24PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina•Puratasi

Syracuse, NY
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

1

Tuesday, October 15, 2019

Mesha Rasi: 15.24 Tithi 17
624213464

Creative Work Siddha Yoga
Until 3:48AM Wed
Then Creative Work - Amrita Yoga

Gulika 11:50AM – 1:13PM
Yama 9:04AM – 10:27AM
Rahu 2:36PM – 3:59PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bharani Until 3:48AM Wed
Vajra* Until 6:25PM
Taitila Until 6:35AM
Dvitiya Until 7:13PM

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:22PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina•Puratasi

Syracuse, NY
Sun 1
Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

2

Wednesday, October 16, 2019

Mesha Rasi: 27.48 Tithi 18
624213464

Creative Work Amrita Yoga
Until 5:09AM Thu
Then Routine Work - Marana Yoga

Gulika 10:27AM – 11:50AM
Yama 7:41AM – 9:04AM
Rahu 11:50AM – 1:12PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Krittika Until 5:09AM Thu
Siddhi Until 6:11PM
Vanija Until 7:49AM
Tritiya Until 8:17PM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 5:20PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina•Puratasi

Syracuse, NY
Sun 2
Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

3

Thursday, October 17, 2019

Vrishabha Rasi: 10.21 Tithi 19
634313464

Routine Work Marana Yoga
Until 6:27AM Fri
Then Creative Work - Siddha Yoga

Gulika 9:05AM – 10:27AM
Yama 6:20AM – 7:42AM
Rahu 1:12PM – 2:34PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 6:27AM Fri
Vyatipata* Until 5:40PM
Bava Until 8:42AM
Chaturthi* Until 8:58PM

Ganesha: White *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:19PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina•Aipasi

Syracuse, NY
Sun 3
Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

4

Friday, October 18, 2019

Vrishabha Rasi: 23.05 Tithi 20
634313464

Routine Work Marana Yoga
Until 6:27AM
Then Creative Work - Siddha Yoga

Gulika 7:43AM – 9:05AM
Yama 2:33PM – 3:55PM
Rahu 10:27AM – 11:49AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rohini Until 6:27AM
Variyan Until 4:49PM
Kaulava Until 9:11AM
Panchami Until 9:14PM

Ganesha: White *Sunrise:* 6:21AM
Muruqa: Purple *Sunset:* 5:17PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina•Aipasi

Syracuse, NY
Sun 4
Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

5

Saturday, October 19, 2019

Mithuna Rasi: 6.02 Tithi 21
634313464

Creative Work Siddha Yoga

Gulika 6:22AM – 7:44AM
Yama 1:11PM – 2:32PM
Rahu 9:06AM – 10:27AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 7:09AM
Parigha* Until 3:36PM
Gara Until 9:13AM
Shashthi* Until 9:01PM

Ganesha: White *Sunrise:* 6:22AM
Muruqa: Purple *Sunset:* 5:16PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina•Aipasi

Syracuse, NY
Sun 5
Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

6

Sunday, October 20, 2019

Mithuna Rasi: 19.14 Tithi 22
634313464

Creative Work Siddha Yoga

Gulika 2:31PM – 3:53PM
Yama 11:49AM – 1:10PM
Rahu 3:53PM – 5:14PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Ardra Until 7:12AM
Shiva Until 1:59PM
Visti* Until 8:44AM
Saptami Until 8:15PM

Ganesha: White *Sunrise:* 6:24AM
Muruqa: Purple *Sunset:* 5:14PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina•Aipasi

Syracuse, NY
Sun 6
Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

D

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 2.44 Tithi 23
644313464

Family Home Evening
Creative Work Amrita Yoga
Until 7:01AM
Then Creative Work - Siddha Yoga

Gulika 1:10PM – 2:31PM
Yama 10:28AM – 11:49AM
Rahu 7:46AM – 9:07AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Punarvasu Until 7:01AM
Siddha Until 11:54AM
Balava Until 7:41AM
Ashtami* Until 6:56PM

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 5:12PM
Nataraja: Purple
Moon – Blue **Subha Sivaloka Day**
Ashvina•Aipasi

Syracuse, NY
Sun 7
Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35 Tithi 24 – 25
644313464

Creative Work Siddha Yoga

Gulika 11:49AM – 1:09PM
Yama 9:07AM – 10:28AM
Rahu 2:30PM – 3:50PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Pushya Until 6:07AM
Sadhya Until 9:21AM
Taitila Until 6:04AM
Navami* Until 5:02PM

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 5:11PM
Nataraja: Purple
Moon – Blue **Subha Sivaloka Day**
Ashvina•Aipasi

Syracuse, NY
Sun 8
Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Syracuse, NY Sun 9	Sutra 192 Vikarin 5121
Simha Rasi: 0.47	Tithi 25 – 26	Gulika 10:28AM – 11:48AM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:27AM		
		Yama 7:48AM – 9:08AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:09PM		Moon 10 - Phase 27
	654313464	Rahu 11:48AM – 1:09PM	Bava Until 1:16AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Syracuse, NY Sun 10	Sutra 193 Vikarin 5121
Simha Rasi: 15.19	Tithi 26 – 27	Gulika 9:08AM – 10:28AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:29AM		
		Yama 6:29AM – 7:48AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:08PM		Moon 10 - Phase 27
	654313464	Rahu 1:08PM – 2:28PM	Kaulava Until 10:15PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Syracuse, NY Sun 11	Sutra 194 Vikarin 5121
Kanya Rasi: 0.05	Tithi 27 – 28	Gulika 7:49AM – 9:09AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM		
		Yama 2:27PM – 3:47PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 5:06PM		Moon 10 - Phase 27
	655313464	Rahu 10:29AM – 11:48AM	Gara Until 6:59PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day	
Until 9:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Syracuse, NY Sun 12	Sutra 195 Vikarin 5121
Kanya Rasi: 15.01	Tithi 29	Gulika 6:31AM – 7:50AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM		
		Yama 1:07PM – 2:27PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 5:05PM		Moon 10 - Phase 27
	665313464	Rahu 9:10AM – 10:29AM	Visti Until 3:37PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

●		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Syracuse, NY Sun 13	Sutra 196 Vikarin 5121
Retreat Star		Gulika 2:26PM – 3:45PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:32AM		
Kanya Rasi: 29.58	Tithi 30	Yama 11:48AM – 1:07PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 5:04PM		Moon 10 - Phase 27
	665313464	Rahu 3:45PM – 5:04PM	Catuspada Until 12:18PM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Syracuse, NY Sun 14	Sutra 197 Vikarin 5121
Tula Rasi: 14.47	Tithi 1	Gulika 1:06PM – 2:25PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:34AM		
Family Home Evening		Yama 10:29AM – 11:48AM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	Rahu 7:52AM – 9:11AM	Kintughna Until 9:12AM	Nataraja: Purple			Prathama
Until 2:24PM			Prathama* Until 7:47PM	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau		Syracuse, NY Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 29.19	Tithi 2 – 3	Gulika 11:48AM – 1:06PM	Vishakha Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM		
		Yama 9:11AM – 10:30AM	Saubhagya Until 1:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 28
		675313464 Rahu 2:24PM – 3:42PM	Balava Until 6:31AM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 5:21PM	Moon – Orange			Subha Sivaloka Day
Until 12:42PM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga							
2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Syracuse, NY Sun 16 Sutra 199 Vikarin 5121	
Vischika Rasi: 13.29	Tithi 3 – 4	Gulika 10:30AM – 11:48AM	Anuradha Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM		
		Yama 7:54AM – 9:12AM	Sobhana Until 11:11PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 28
		675313464 Rahu 11:48AM – 1:06PM	Vanija Until 2:57AM Thu	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:33PM	Moon – Orange			Subha Sivaloka Day
				Kartika•Aipasi			
3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Syracuse, NY Sun 17 Sutra 200 Vikarin 5121	
Vischika Rasi: 27.11	Tithi 4 – 5	Gulika 9:13AM – 10:30AM	Jyeshtha* Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM		
		Yama 6:37AM – 7:55AM	Athiganda* Until 9:24PM	Muruqa: Purple	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 28
		675313464 Rahu 1:05PM – 2:23PM	Bava Until 2:21AM Fri	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 2:31PM	Moon – Orange			Subha Sivaloka Day
Until 10:51AM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga							
4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Syracuse, NY Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika 7:56AM – 9:13AM	Mula* Until 11:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM		
		Yama 2:22PM – 3:39PM	Sukarma Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 28
		685313464 Rahu 10:30AM – 11:48AM	Kaulava Until 2:37AM Sat	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 2:21PM	Moon – Light Blue			Subha Subha Sivaloka Day
Until 11:20AM		Skanda Shasthi		Kartika•Aipasi			
Then Routine Work - Prabalarishta Yoga							
5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Syracuse, NY Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika 6:40AM – 7:57AM	Purvashadha* Until 12:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:40AM		
		Yama 1:05PM – 2:22PM	Dhriti Until 7:53PM	Muruqa: Purple	<i>Sunset:</i> 4:55PM		Moon 10 - Phase 28
		685313464 Rahu 9:14AM – 10:31AM	Gara Until 3:42AM Sun	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:02PM	Moon – Light Blue			Subha Subha Sivaloka Day
Until 12:31PM				Kartika•Aipasi			
Then Routine Work - Marana Yoga							
6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Syracuse, NY Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 5.41	Tithi 7 – 8	Gulika 2:21PM – 3:37PM	Uttarashadha Until 2:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:41AM		
		Yama 11:48AM – 1:04PM	Shula* Until 7:59PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM		Moon 10 - Phase 28
		685313464 Rahu 3:37PM – 4:54PM	Visti Until 5:29AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 4:30PM	Moon – Light Blue			Subha Subha Sivaloka Day
				Kartika•Aipasi			
Monday, November 4, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Syracuse, NY Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 17.5	Tithi 8	Gulika 1:04PM – 2:20PM	Shravana Until 4:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:42AM		
Family Home Evening		Yama 10:31AM – 11:48AM	Ganda* Until 8:32PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM		Moon 10 - Phase 28
		696313464 Rahu 7:59AM – 9:15AM	Bava Until 6:33PM	Nataraja: Purple			Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 6:33PM	Moon – Purple			Sivaloka Day
Until 4:57PM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga							
Tuesday, November 5, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Syracuse, NY Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 29.49	Tithi 9	Gulika 11:48AM – 1:04PM	Dhanishtha Until 7:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:44AM		
		Yama 9:16AM – 10:32AM	Vriddhi Until 9:21PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM		Moon 10 - Phase 28
		696313464 Rahu 2:20PM – 3:36PM	Balava Until 7:45AM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 8:58PM	Moon – Purple			Sivaloka Day
Until 7:49PM				Kartika•Aipasi			
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau	Syracuse, NY Sun 23 Sutra 206 Vikarin 5121
Kumbha Rasi: 11.41	Tithi 10	Gulika 10:32AM – 11:48AM	Shatabhishak Until 10:39PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 6:45AM Sunset: 4:50PM Moon 10 - Phase 29 4th Phase
696313464	Rahu 11:48AM – 1:03PM	Yama 8:01AM – 9:16AM	Dhruva Until 10:14PM Tailila Until 10:16AM Dashami Until 11:31PM	Kartika•Aipasi	Sivaloka Day
Creative Work	Siddha Yoga				
Until 10:39PM					
Then Creative Work - Amrita Yoga					
2		Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau	Syracuse, NY Sun 24 Sutra 207 Vikarin 5121
Kumbha Rasi: 23.32	Tithi 11	Gulika 9:17AM – 10:32AM	Purvaproshtapada* Until 1:44AM Fri	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:46AM Sunset: 4:49PM Moon 10 - Phase 29 4th Phase
716313464	Rahu 1:03PM – 2:18PM	Yama 6:46AM – 8:02AM	Vyaghata* Until 11:04PM Vanija Until 12:47PM Ekadashi Until 1:58AM Fri	Kartika•Aipasi	Subha Sivaloka Day
Creative Work	Siddha Yoga				
Until 10:39PM					
Then Creative Work - Amrita Yoga					
3		Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau	Syracuse, NY Sun 25 Sutra 208 Vikarin 5121
Meena Rasi: 5.26	Tithi 12	Gulika 8:03AM – 9:18AM	Uttaraproshtapada Until 4:25AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:48AM Sunset: 4:48PM Moon 10 - Phase 29 4th Phase
716313464	Rahu 10:33AM – 11:48AM	Yama 2:18PM – 3:33PM	Harshana Until 11:44PM Bava Until 3:08PM Dvadashi Until 4:11AM Sat	Kartika•Aipasi	Subha Sivaloka Day
Creative Work	Siddha Yoga				
Until 4:25AM Sat					
Then Routine Work - Prabalarishta Yoga					
4		Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Tailila Karana Trayodashyam Titau	Syracuse, NY Sun 26 Sutra 209 Vikarin 5121
Meena Rasi: 17.27	Tithi 13	Gulika 6:49AM – 8:04AM	Revati Until 6:37AM Sun	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:49AM Sunset: 4:47PM Moon 10 - Phase 29 4th Phase
716313464	Rahu 9:18AM – 10:33AM	Yama 1:03PM – 2:17PM	Vajra* Until 12:08AM Sun Kaulava Until 5:12PM Trayodashi Until 6:03AM Sun	Kartika•Aipasi	Subha Sivaloka Day
Routine Work	Prabalarishta Yoga				
Until 6:37AM Sun					
Then Creative Work - Siddha Yoga					
5		Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Syracuse, NY Sun 27 Sutra 210 Vikarin 5121
Meena Rasi: 29.35	Tithi 13 – 14	Gulika 2:17PM – 3:31PM	Revati Until 6:37AM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:50AM Sunset: 4:46PM Moon 10 - Phase 29 4th Phase
716313464	Rahu 3:31PM – 4:46PM	Yama 11:48AM – 1:02PM	Siddhi Until 12:15AM Mon Gara Until 6:52PM Trayodashi Until 6:03AM	Kartika•Aipasi	Subha Sivaloka Day
Creative Work	Amrita Yoga				
Until 6:37AM					
Then Creative Work - Siddha Yoga					
○		Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Syracuse, NY Sutra 211 Vikarin 5121
Mesha Rasi: 11.54	Tithi 14 – 15	Gulika 1:02PM – 2:16PM	Ashvini Until 8:45AM	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	Sunrise: 6:51AM Sunset: 4:45PM Moon 10 - Phase 29 Purnima
727413464	Rahu 8:06AM – 9:20AM	Yama 10:34AM – 11:48AM	Vyatipata* Until 12:03AM Tue Visti Until 8:07PM Chaturdashi* Until 7:32AM	Kartika•Aipasi	Sivaloka Day
Family Home Evening	Siddha Yoga				
Creative Work					
○		Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Syracuse, NY Sutra 212 Vikarin 5121
Mesha Rasi: 24.23	Tithi 15 – 16	Gulika 11:48AM – 1:02PM	Bharani Until 10:19AM	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	Sunrise: 6:53AM Sunset: 4:44PM Moon 10 - Phase 29 Prathama
727413464	Rahu 2:16PM – 3:30PM	Yama 9:20AM – 10:34AM	Variyan Until 11:30PM Balava Until 8:57PM Purnima* Until 8:34AM	Kartika•Aipasi	Sivaloka Day
Creative Work	Siddha Yoga				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

**Wednesday, November 13, 2019****Gold Retreat Star**Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Syracuse, NY

Sutra 213

Vikarin 5121

Vrishabha Rasi: 7.04 Tithi 16 – 17

Gulika 10:35AM – 11:48AM

Krittika Until 11:19AM

Ganesha: White Sunrise: 6:54AM

Moon 11 - Phase 30

Yama 8:08AM – 9:21AM

Parigha* Until 10:39PM

Muruga: Purple Sunset: 4:43PM

1st Phase

Rahu 11:48AM – 1:02PM

Taitila Until 9:22PM

Nataraja: Purple

Moon – White

Sivaloka Day

Creative Work Amrita Yoga

Until 11:19AM

Prathama* Until 9:11AM

Kartika-Aipasi

Then Creative Work - Siddha Yoga

1**Thursday, November 14, 2019**Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Syracuse, NY

Sun 1

Sutra 214

Vikarin 5121

Vrishabha Rasi: 19.56 Tithi 17 – 18

Gulika 9:22AM – 10:35AM

Rohini Until 12:14PM

Ganesha: Clear Sunrise: 6:55AM

Moon 11 - Phase 30

Yama 6:55AM – 8:09AM

Shiva Until 9:31PM

Muruga: Purple Sunset: 4:42PM

1st Phase

Rahu 1:02PM – 2:15PM

Vanija Until 9:23PM

Nataraja: Purple

Moon – Yellow

Subha Sivaloka Day

Routine Work Marana Yoga

Dvitiya Until 9:24AM

Kartika-Aipasi

2**Friday, November 15, 2019**Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Syracuse, NY

Sun 2

Sutra 215

Vikarin 5121

Mithuna Rasi: 3.01 Tithi 18 – 19

Gulika 8:10AM – 9:23AM

Mrigashira Until 12:38PM

Ganesha: Clear Sunrise: 6:57AM

Moon 11 - Phase 30

Yama 2:15PM – 3:28PM

Siddha Until 8:03PM

Muruga: Purple Sunset: 4:41PM

1st Phase

Rahu 10:36AM – 11:49AM

Bava Until 9:02PM

Nataraja: Purple

Moon – Yellow

Subha Sivaloka Day

Creative Work Siddha Yoga

Tritiya Until 9:14AM

Kartika-Aipasi

3**Saturday, November 16, 2019**Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Syracuse, NY

Sun 3

Sutra 216

Vikarin 5121

Mithuna Rasi: 16.16 Tithi 19 – 20

Gulika 6:58AM – 8:11AM

Ardra Until 12:32PM

Ganesha: Clear Sunrise: 6:58AM

Moon 11 - Phase 30

Yama 1:02PM – 2:14PM

Sadhya Until 6:19PM

Muruga: Purple Sunset: 4:40PM

1st Phase

Rahu 9:23AM – 10:36AM

Kaulava Until 8:20PM

Nataraja: Purple

Moon – Yellow

Subha Sivaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 8:42AM

Kartika-Kartikai

4**Sunday, November 17, 2019**Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Syracuse, NY

Sun 4

Sutra 217

Vikarin 5121

Mithuna Rasi: 29.42 Tithi 20 – 21

Gulika 2:14PM – 3:27PM

Punarvasu Until 12:24PM

Ganesha: Clear Sunrise: 6:59AM

Moon 11 - Phase 30

Yama 11:49AM – 1:02PM

Subha Until 4:20PM

Muruga: Purple Sunset: 4:39PM

1st Phase

Rahu 3:27PM – 4:39PM

Gara Until 7:17PM

Nataraja: Clear

Moon – Blue

Sivaloka Day

Creative Work Siddha Yoga

Panchami Until 7:50AM

Kartika-Kartikai

5**Monday, November 18, 2019**Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Syracuse, NY

Sun 5

Sutra 218

Vikarin 5121

Kataka Rasi: 13.21 Tithi 21 – 22

Gulika 1:02PM – 2:14PM

Pushya Until 11:46AM

Ganesha: Clear Sunrise: 7:00AM

Moon 11 - Phase 30

Yama 10:37AM – 11:49AM

Sukla Until 2:03PM

Muruga: Purple Sunset: 4:38PM

1st Phase

Rahu 8:13AM – 9:25AM

Bava Until 5:03AM Tue

Nataraja: Clear

Moon – Blue

Sivaloka Day

Creative Work Siddha Yoga

Shashthi* Until 6:37AM

Kartika-Kartikai

D**Tuesday, November 19, 2019****Retreat Star**Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Syracuse, NY

Sun 6

Sutra 219

Vikarin 5121

Kataka Rasi: 27.11 Tithi 23

Gulika 11:50AM – 1:02PM

Ashlesha* Until 10:40AM

Ganesha: Clear Sunrise: 7:02AM

Moon 11 - Phase 30

Yama 9:26AM – 10:38AM

Brahma Until 11:31AM

Muruga: Purple Sunset: 4:37PM

Ashtami

Rahu 2:13PM – 3:25PM

Balava Until 4:10PM

Nataraja: Clear

Moon – Blue

Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 3:10AM Wed

Kartika-Kartikai

Wednesday, November 20, 2019**Retreat Star**Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Syracuse, NY

Sun 7

Sutra 220

Vikarin 5121

Simha Rasi: 11.14 Tithi 24

Gulika 10:38AM – 11:50AM

Magha* Until 9:32AM

Ganesha: White Sunrise: 7:03AM

Moon 11 - Phase 30

Yama 8:15AM – 9:26AM

Indra Until 8:44AM

Muruga: Purple Sunset: 4:37PM

Navami

Rahu 11:50AM – 1:01PM

Taitila Until 2:08PM

Nataraja: Clear

Moon – Red

Subha Sivaloka Day

Creative Work Siddha Yoga

Navami* Until 12:59AM Thu

Kartika-Kartikai

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau	Syracuse, NY Sun 8 Sutra 221
Simha Rasi: 25.28	Tithi 25	Gulika 9:27AM – 10:39AM	Purvaphalguni Until 7:59AM	Ganesha: White <i>Sunrise: 7:04AM</i>	Vikarin 5121
		Yama 7:04AM – 8:16AM	Vishkambha* Until 2:29AM Fri	Muruqa: Purple <i>Sunset: 4:36PM</i>	Moon 11 - Phase 31
Creative Work	Siddha Yoga	Rahu 1:01PM – 2:13PM	Vanija Until 11:49AM	Nataraja: Clear	2nd Phase
			Dashami Until 10:33PM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau	Syracuse, NY Sun 9 Sutra 222
Kanya Rasi: 9.52	Tithi 26	Gulika 8:17AM – 9:28AM	Uttaraphalguni Until 6:03AM	Ganesha: White <i>Sunrise: 7:05AM</i>	Vikarin 5121
		Yama 2:13PM – 3:24PM	Priti Until 11:09PM	Muruqa: Purple <i>Sunset: 4:35PM</i>	Moon 11 - Phase 31
Creative Work	Siddha Yoga	Rahu 10:39AM – 11:50AM	Bava Until 9:17AM	Nataraja: Clear	2nd Phase
Until 6:03AM			Ekadashi* Until 7:57PM	Moon – Red	Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Karttika-Karttikai	

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Syracuse, NY Sun 10 Sutra 223
Kanya Rasi: 24.22	Tithi 27 – 28	Gulika 7:06AM – 8:17AM	Chitra Until 2:20AM Sun	Ganesha: Yellow <i>Sunrise: 7:06AM</i>	Vikarin 5121
		Yama 1:02PM – 2:13PM	Ayushman Until 7:45PM	Muruqa: Purple <i>Sunset: 4:35PM</i>	Moon 11 - Phase 31
Routine Work	Marana Yoga	Rahu 9:29AM – 10:40AM	Kaulava Until 6:39AM	Nataraja: Clear	2nd Phase
Until 2:20AM Sun			Dvadashi* Until 5:17PM	Moon – Green	Sivaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Syracuse, NY Sun 11 Sutra 224
Tula Rasi: 8.52	Tithi 28 – 29	Gulika 2:12PM – 3:23PM	Svati Until 12:21AM Mon	Ganesha: Blue <i>Sunrise: 7:08AM</i>	Vikarin 5121
		Yama 11:51AM – 1:02PM	Saubhagya Until 4:25PM	Muruqa: Purple <i>Sunset: 4:34PM</i>	Moon 11 - Phase 31
Creative Work	Siddha Yoga	Rahu 3:23PM – 4:34PM	Visti Until 1:26AM Mon	Nataraja: Clear	2nd Phase
Until 12:21AM Mon			Trayodashi* Until 2:40PM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Karttika-Karttikai	

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Syracuse, NY Sun 12 Sutra 225
Tula Rasi: 23.17	Tithi 29 – 30	Gulika 1:02PM – 2:12PM	Vishakha Until 10:54PM	Ganesha: Blue <i>Sunrise: 7:09AM</i>	Vikarin 5121
Family Home Evening		Yama 10:41AM – 11:51AM	Sobhana Until 1:15PM	Muruqa: Purple <i>Sunset: 4:33PM</i>	Moon 11 - Phase 31
Routine Work	Marana Yoga	Rahu 8:19AM – 9:30AM	Catuspada Until 11:09PM	Nataraja: Clear	Amavasya
Until 10:54PM			Chaturdashi* Until 12:14PM	Moon – Orange	Devaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai	

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Syracuse, NY Sun 13 Sutra 226
Vrischika Rasi: 7.3	Tithi 30 – 1	Gulika 11:51AM – 1:02PM	Anuradha Until 9:42PM	Ganesha: Blue <i>Sunrise: 7:10AM</i>	Vikarin 5121
		Yama 9:31AM – 10:41AM	Athiganda* Until 10:20AM	Muruqa: Purple <i>Sunset: 4:33PM</i>	Moon 11 - Phase 31
Creative Work	Siddha Yoga	Rahu 2:12PM – 3:23PM	Kintughna Until 9:16PM	Nataraja: Clear	Prathama
Until 9:42PM			Amavasya* Until 10:08AM	Moon – Orange	Devaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai	

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Syracuse, NY Sun 14	Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	Gulika 10:42AM – 11:52AM	Jyeshtha* Until 8:53PM	Ganesha: Blue	<i>Sunrise:</i> 7:11AM		
		Yama 8:21AM – 9:31AM	Sukarma Until 7:49AM	Muruqa: Purple	<i>Sunset:</i> 4:32PM		Moon 11 - Phase 32
		779413465 Rahu 11:52AM – 1:02PM	Balava Until 7:55PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 8:30AM	Moon – Orange		Devaloka Day	
Until 8:53PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Syracuse, NY Sun 15	Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	Gulika 9:32AM – 10:42AM	Mula* Until 9:02PM	Ganesha: Blue	<i>Sunrise:</i> 7:12AM		
		Yama 7:12AM – 8:22AM	Shula* Until 4:16AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:32PM		Moon 11 - Phase 32
		789413465 Rahu 1:02PM – 2:12PM	Taitila Until 7:15PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:29AM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchayam Titau		Syracuse, NY Sun 16	Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	Gulika 8:23AM – 9:33AM	Purvashadha* Until 9:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:13AM		
		Yama 2:12PM – 3:22PM	Ganda* Until 3:21AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 32
		789413465 Rahu 10:43AM – 11:52AM	Vanija Until 7:19PM	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 7:10AM	Moon – Light Blue		Devaloka Day	
Until 9:45PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturchi/Panchamyam Titau		Syracuse, NY Sun 17	Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	Gulika 7:15AM – 8:24AM	Uttarashadha Until 11:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:15AM		
		Yama 1:02PM – 2:12PM	Vriddhi Until 3:01AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 32
		789413465 Rahu 9:34AM – 10:43AM	Bava Until 8:08PM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Chaturchi* Until 7:37AM	Moon – Light Blue		Devaloka Day	
Until 11:01PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Syracuse, NY Sun 18	Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	Gulika 2:12PM – 3:21PM	Shravana Until 1:16AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 7:16AM		
		Yama 11:53AM – 1:03PM	Dhruva Until 3:09AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 32
		799413465 Rahu 3:21PM – 4:31PM	Kaulava Until 9:39PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:47AM	Moon – Purple		Sivaloka Day	
Until 1:16AM Mon				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Syracuse, NY Sun 19	Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	Gulika 1:03PM – 2:12PM	Dhanishtha Until 3:51AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:17AM		
Family Home Evening		Yama 10:44AM – 11:54AM	Vyaghata* Until 3:41AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 32
		791413465 Rahu 8:26AM – 9:35AM	Gara Until 11:42PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:35AM	Moon – Purple		Sivaloka Day	
Until 3:51AM Tue				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Syracuse, NY Sun 20	Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	Gulika 11:54AM – 1:03PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:18AM		
		Yama 9:36AM – 10:45AM	Harshana Until 4:27AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 32
		791413465 Rahu 2:12PM – 3:21PM	Visti Until 2:05AM Wed	Nataraja: Clear			Ashtami
Routine Work	Marana Yoga		Saptami Until 12:51PM	Moon – Purple		Sivaloka Day	
Until 6:33AM Wed				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Syracuse, NY Sun 21	Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	Gulika 10:46AM – 11:54AM	Shatabhishak Until 6:33AM	Ganesha: Clear	<i>Sunrise:</i> 7:19AM		
		Yama 8:28AM – 9:37AM	Vajra* Until 5:15AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 32
		791413465 Rahu 11:54AM – 1:03PM	Balava Until 4:36AM Thu	Nataraja: Clear			Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:19PM	Moon – Purple		Sivaloka Day	
Until 6:33AM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Syracuse, NY
Meena Rasi: 1.31	Tithi 9 – 10	711413465	Gulika 9:37AM – 10:46AM Yama 7:20AM – 8:29AM Rahu 1:04PM – 2:12PM	Purvaproshtapada* Until 9:39AM Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri Navami* Until 5:48PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:20AM Sunset: 4:30PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
								Margasira-Karttikai

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Syracuse, NY
Meena Rasi: 13.26	Tithi 10	711413465	Gulika 8:29AM – 9:38AM Yama 2:12PM – 3:21PM Rahu 10:47AM – 11:55AM	Uttaraproshtapada Until 12:27PM Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM Dashami Until 8:05PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:21AM Sunset: 4:30PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
								Margasira-Karttikai

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Syracuse, NY
Meena Rasi: 25.28	Tithi 11	711513465	Gulika 7:22AM – 8:30AM Yama 1:04PM – 2:13PM Rahu 9:39AM – 10:47AM	Revati Until 2:46PM Vyatipata* Until 6:31AM Vanija Until 9:07AM Ekadashi Until 9:59PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:22AM Sunset: 4:30PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga							Subha Sivaloka Day
Until 2:46PM								Margasira-Karttikai
Then Creative Work - Siddha Yoga								

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Syracuse, NY
Mesha Rasi: 7.4	Tithi 12	721513465	Gulika 2:13PM – 3:21PM Yama 11:56AM – 1:04PM Rahu 3:21PM – 4:29PM	Ashvini Until 4:59PM Variyan Until 6:43AM Bava Until 10:47AM Dvadashi Until 11:24PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:23AM Sunset: 4:29PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 4:59PM								Margasira-Karttikai
Then Routine Work - Prabalarishta Yoga								

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Syracuse, NY
Mesha Rasi: 20.05	Tithi 13	721513465	Gulika 1:05PM – 2:13PM Yama 10:48AM – 11:57AM Rahu 8:32AM – 9:40AM	Bharani Until 6:30PM Parigha* Until 6:31AM Kaulava Until 11:55AM Trayodashi Until 12:15AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:24AM Sunset: 4:29PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening								Sivaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai
Until 6:30PM								
Then Routine Work - Marana Yoga								<i>Pradosha Vrata</i>

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Syracuse, NY
Vrishabha Rasi: 2.46	Tithi 14	721513465	Gulika 11:57AM – 1:05PM Yama 9:41AM – 10:49AM Rahu 2:13PM – 3:21PM	Krittika Until 7:18PM Siddha Until 4:49AM Wed Gara Until 12:29PM Chaturdashi* Until 12:31AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:25AM Sunset: 4:30PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 7:18PM								Margasira-Karttikai
Then Creative Work - Amrita Yoga								

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Syracuse, NY
Copper Retreat Star			Gulika 10:50AM – 11:58AM Yama 8:33AM – 9:41AM Rahu 11:58AM – 1:06PM	Rohini Until 7:52PM Sadhya Until 3:20AM Thu Visti Until 12:28PM Purnima* Until 12:14AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:25AM Sunset: 4:30PM		Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 15.43	Tithi 15	731523465						Sivaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Syracuse, NY		
Silver Retreat Star			Gulika 9:42AM – 10:50AM Yama 7:26AM – 8:34AM Rahu 1:06PM – 2:14PM	Mrigashira Until 7:48PM Subha Until 1:28AM Fri Balava Until 11:55AM Prathama* Until 11:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:26AM Sunset: 4:30PM		Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Vrishabha Rasi: 28.56	Tithi 16	732523465						Devaloka Day
Routine Work	Marana Yoga							Margasira-Karttikai
								Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Syracuse, NY

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika 8:35AM – 9:43AM
Yama 2:14PM – 3:22PM
Rahu 10:51AM – 11:58AM

Ardra Until 7:09PM
Sukla Until 11:15PM
Taitila Until 10:56AM
Dvitiya Until 10:16PM

Ganesha: Clear *Sunrise:* 7:27AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Syracuse, NY

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika 7:28AM – 8:36AM
Yama 1:07PM – 2:14PM
Rahu 9:43AM – 10:51AM

Punarvasu Until 6:29PM
Brahma Until 8:49PM
Vanija Until 9:34AM
Tritiya Until 8:45PM

Ganesha: Purple *Sunrise:* 7:28AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Syracuse, NY

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika 2:15PM – 3:23PM
Yama 11:59AM – 1:07PM
Rahu 3:23PM – 4:30PM

Pushya Until 5:25PM
Indra Until 6:11PM
Bava Until 7:55AM
Chaturthi* Until 7:00PM

Ganesha: Purple *Sunrise:* 7:29AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Syracuse, NY

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika 1:08PM – 2:15PM
Yama 10:52AM – 12:00PM
Rahu 8:37AM – 9:45AM

Ashlesha* Until 4:02PM
Vaidhrili* Until 3:24PM
Kaulava Until 6:04AM
Panchami Until 5:04PM

Ganesha: Clear *Sunrise:* 7:29AM
Muruqa: Clear *Sunset:* 4:31PM
Nataraja: Clear
Moon – Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Syracuse, NY

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika 12:00PM – 1:08PM
Yama 9:45AM – 10:53AM
Rahu 2:16PM – 3:23PM

Magha* Until 2:50PM
Vishkambha* Until 12:33PM
Visti Until 2:02AM Wed
Shashthi* Until 3:03PM

Ganesha: Purple *Sunrise:* 7:30AM
Muruqa: Clear *Sunset:* 4:31PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Syracuse, NY

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika 10:53AM – 12:01PM
Yama 8:38AM – 9:46AM
Rahu 12:01PM – 1:08PM

Purvaphalguni Until 1:27PM
Priti Until 9:40AM
Balava Until 11:57PM
Saptami Until 12:59PM

Ganesha: Purple *Sunrise:* 7:31AM
Muruqa: Clear *Sunset:* 4:31PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Syracuse, NY

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika 9:46AM – 10:54AM
Yama 7:31AM – 8:39AM
Rahu 1:09PM – 2:17PM

Uttaraphalguni Until 11:55AM
Ayushman Until 6:44AM
Taitila Until 9:53PM
Ashtami* Until 10:54AM

Ganesha: Purple *Sunrise:* 7:31AM
Muruqa: Clear *Sunset:* 4:32PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Syracuse, NY Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 8:39AM – 9:47AM Yama 2:17PM – 3:24PM Rahu 10:54AM – 12:02PM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:32AM Sunset: 4:32PM	Moon 12 - Phase 35 2nd Phase
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga						Devaloka Day	
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Syracuse, NY Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 7:32AM – 8:40AM Yama 1:10PM – 2:17PM Rahu 9:47AM – 10:55AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:32AM Sunset: 4:32PM	Moon 12 - Phase 35 2nd Phase
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati				Devaloka Day	
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Syracuse, NY Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 2:18PM – 3:25PM Yama 12:03PM – 1:10PM Rahu 3:25PM – 4:33PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:33AM Sunset: 4:33PM	Moon 12 - Phase 35 2nd Phase
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati				Devaloka Day	
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Syracuse, NY Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 1:11PM – 2:18PM Yama 10:56AM – 12:03PM Rahu 8:41AM – 9:48AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:33AM Sunset: 4:34PM	Moon 12 - Phase 35 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati		Pradosha Vrata (Fasting)		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Syracuse, NY Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 12:04PM – 1:12PM Yama 9:49AM – 10:56AM Rahu 2:19PM – 3:27PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:34AM Sunset: 4:34PM	Moon 12 - Phase 35 2nd Phase
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati				Bhuloka Day Devaloka Time: 3:PM to 6:PM	
		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Syracuse, NY Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 10:57AM – 12:04PM Yama 8:42AM – 9:49AM Rahu 12:04PM – 1:12PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:34AM Sunset: 4:35PM	Moon 12 - Phase 35 Amavasya
Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati				Devaloka Day	
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Syracuse, NY Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 9:50AM – 10:57AM Yama 7:35AM – 8:42AM Rahu 1:13PM – 2:20PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 7:35AM Sunset: 4:35PM	Moon 12 - Phase 35 Prathama
Creative Work Siddha Yoga		Annular Solar Eclipse				Devaloka Day	

Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Syracuse, NY
1	Dhanus Rasi: 26.08	Tithi 2	Gulika 8:43AM – 9:50AM	Purvashadha* Until 6:59AM	Ganesha: Orange	Sun 14 Sutra 257
			Yama 2:21PM – 3:28PM	Dhruva Until 10:31AM	Muruqa: Clear	Vikarin 5121
		883523466	Rahu 10:58AM – 12:05PM	Balava Until 12:22PM	Nataraja: Orange	Moon 12 - Phase 36
	Routine Work Prabalarishta Yoga			Dvitiya Until 12:42AM Sat	Moon – Light Blue	3rd Phase
	Until 6:59AM				Devaloka Day	
	Then Routine Work - Marana Yoga				Pausha-Markali	

Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Syracuse, NY
2	Makara Rasi: 8.49	Tithi 3	Gulika 7:35AM – 8:43AM	Uttarashadha Until 8:04AM	Ganesha: Orange	Sun 15 Sutra 258
			Yama 1:14PM – 2:21PM	Vyaghata* Until 9:56AM	Muruqa: Clear	Vikarin 5121
		883523466	Rahu 9:51AM – 10:58AM	Taitila Until 1:12PM	Nataraja: Orange	Moon 12 - Phase 36
	Routine Work Marana Yoga			Tritiya Until 1:49AM Sun	Moon – Light Blue	3rd Phase
	Until 8:04AM				Devaloka Day	
	Then Creative Work - Siddha Yoga				Pausha-Markali	

Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Syracuse, NY
3	Makara Rasi: 21.16	Tithi 4	Gulika 2:22PM – 3:30PM	Shravana Until 10:02AM	Ganesha: Clear	Sun 16 Sutra 259
			Yama 12:06PM – 1:14PM	Harshana Until 9:48AM	Muruqa: Clear	Vikarin 5121
		893523466	Rahu 3:30PM – 4:38PM	Vanija Until 2:37PM	Nataraja: Orange	Moon 12 - Phase 36
	Creative Work Amrita Yoga			Chaturthi* Until 3:29AM Mon	Moon – Purple	3rd Phase
	Until 10:02AM				Devaloka Day	
	Then Routine Work - Marana Yoga				Pausha-Markali	

Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Syracuse, NY
4	Kumbha Rasi: 3.28	Tithi 5	Gulika 1:15PM – 2:23PM	Dhanishtha Until 12:20PM	Ganesha: Clear	Sun 17 Sutra 260
	Family Home Evening		Yama 10:59AM – 12:07PM	Vajra* Until 10:03AM	Muruqa: Clear	Vikarin 5121
	Creative Work Siddha Yoga	893523466	Rahu 8:43AM – 9:51AM	Bava Until 4:31PM	Nataraja: Orange	Moon 12 - Phase 36
				Panchami Until 5:36AM Tue	Moon – Purple	3rd Phase
					Devaloka Day	
					Pausha-Markali	

Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthyam Titau				Syracuse, NY
5	Kumbha Rasi: 15.3	Tithi 6	Gulika 12:07PM – 1:15PM	Shatabhishak Until 2:50PM	Ganesha: Clear	Sun 18 Sutra 261
			Yama 9:52AM – 11:00AM	Siddhi Until 10:36AM	Muruqa: Clear	Vikarin 5121
		893523466	Rahu 2:23PM – 3:31PM	Kaulava Until 6:48PM	Nataraja: Orange	Moon 12 - Phase 36
	Routine Work Marana Yoga			Shashthi* Until 8:01AM Wed	Moon – Purple	3rd Phase
					Devaloka Day	
					Pausha-Markali	

Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Syracuse, NY
6	Kumbha Rasi: 27.26	Tithi 6 – 7	Gulika 11:00AM – 12:08PM	Purvaproshtapada* Until 5:54PM	Ganesha: Blue	Sun 19 Sutra 262
			Yama 8:44AM – 9:52AM	Vyatipata* Until 11:21AM	Muruqa: Clear	Vikarin 5121
		813623466	Rahu 12:08PM – 1:17PM	Gara Until 9:17PM	Nataraja: Orange	Moon 12 - Phase 36
	Creative Work Amrita Yoga			Shashthi* Until 8:01AM	Moon – Clear	3rd Phase
	Until 5:54PM				Bhuloka Day	
	Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM	
					Pausha-Markali	

Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Syracuse, NY
Retreat Star	Meena Rasi: 9.19	Tithi 7 – 8	Gulika 9:52AM – 11:01AM	Uttaraproshtapada Until 8:48PM	Ganesha: Blue	Sun 20 Sutra 263
			Yama 7:36AM – 8:44AM	Variyan Until 12:08PM	Muruqa: Clear	Vikarin 5121
		813623466	Rahu 1:17PM – 2:25PM	Visti Until 11:46PM	Nataraja: Orange	Moon 12 - Phase 36
	Creative Work Siddha Yoga			Saptami Until 10:31AM	Moon – Clear	Ashtami
					Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	
					Pausha-Markali	

Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Syracuse, NY
Retreat Star	Meena Rasi: 21.13	Tithi 8 – 9	Gulika 8:44AM – 9:53AM	Revati Until 11:23PM	Ganesha: Blue	Sun 21 Sutra 264
			Yama 2:26PM – 3:34PM	Parigha* Until 12:51PM	Muruqa: Clear	Vikarin 5121
		813623466	Rahu 11:01AM – 12:09PM	Balava Until 2:02AM Sat	Nataraja: Orange	Moon 12 - Phase 36
	Creative Work Siddha Yoga			Ashtami* Until 12:55PM	Moon – Clear	Navami
	Until 11:23PM				Bhuloka Day	
	Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM	
					Pausha-Markali	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Syracuse, NY Sun 22 Sutra 265 Vikarin 5121
	Mesha Rasi: 3.14	Tithi 9 – 10	Gulika 7:36AM – 8:44AM Yama 1:18PM – 2:27PM Rahu 9:53AM – 11:01AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:36AM Sunset: 4:44PM	Moon 12 - Phase 37 4th Phase
	Creative Work	Siddha Yoga	Then Routine Work - Prabalarishta Yoga		Devaloka Day		

2	Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Syracuse, NY Sun 23 Sutra 266 Vikarin 5121
	Mesha Rasi: 15.25	Tithi 10 – 11	Gulika 2:27PM – 3:36PM Yama 12:10PM – 1:19PM Rahu 3:36PM – 4:45PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:36AM Sunset: 4:45PM	Moon 12 - Phase 37 4th Phase
	Routine Work	Prabalarishta Yoga	Then Routine Work - Marana Yoga		Devaloka Day		

3	Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Syracuse, NY Sun 24 Sutra 267 Vikarin 5121
	Mesha Rasi: 27.5	Tithi 11 – 12	Gulika 1:19PM – 2:28PM Yama 11:02AM – 12:11PM Rahu 8:44AM – 9:53AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:36AM Sunset: 4:46PM	Moon 12 - Phase 37 4th Phase
	Family Home Evening	Marana Yoga	Then Creative Work - Amrita Yoga		Devaloka Day		


4	Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Syracuse, NY Sun 25 Sutra 268 Vikarin 5121
	Vrishabha Rasi: 10.35	Tithi 12 – 13	Gulika 12:11PM – 1:20PM Yama 9:53AM – 11:02AM Rahu 2:29PM – 3:38PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:36AM Sunset: 4:47PM	Moon 12 - Phase 37 4th Phase
	Creative Work	Amrita Yoga	Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Pradosha Vrata

5	Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Syracuse, NY Sun 26 Sutra 269 Vikarin 5121
	Vrishabha Rasi: 23.4	Tithi 13 – 14	Gulika 11:03AM – 12:12PM Yama 8:44AM – 9:53AM Rahu 12:12PM – 1:21PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:35AM Sunset: 4:48PM	Moon 12 - Phase 37 4th Phase
	Creative Work	Siddha Yoga	Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

6	Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Syracuse, NY Sun 27 Sutra 270 Vikarin 5121
	Mithuna Rasi: 7.08	Tithi 14 – 15	Gulika 9:54AM – 11:03AM Yama 7:35AM – 8:44AM Rahu 1:21PM – 2:30PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:35AM Sunset: 4:49PM	Moon 12 - Phase 37 4th Phase
	Routine Work	Marana Yoga	Then Creative Work - Siddha Yoga		Devaloka Day		

Ardra Darshanam

	Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Syracuse, NY Sun 27 Sutra 271 Vikarin 5121
	Mithuna Rasi: 20.58	Tithi 15 – 16	Gulika 8:44AM – 9:54AM Yama 2:31PM – 3:41PM Rahu 11:03AM – 12:12PM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue	Sunrise: 7:35AM Sunset: 4:50PM	Moon 12 - Phase 37 Purnima
	Creative Work	Siddha Yoga	Then Routine Work - Marana Yoga		Sivaloka Day		

Penumbra Lunar Eclipse

7	Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Syracuse, NY Sun 28 Sutra 272 Vikarin 5121
	Kataka Rasi: 5.07	Tithi 16 – 17	Gulika 7:34AM – 8:44AM Yama 1:22PM – 2:32PM Rahu 9:54AM – 11:03AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue	Sunrise: 7:34AM Sunset: 4:51PM	Moon 12 - Phase 37 Prathama
	Creative Work	Siddha Yoga	Then Routine Work - Marana Yoga		Sivaloka Day		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Syracuse, NY

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 3:43PM - 4:52PM

Gulika 2:33PM - 3:43PM

Yama 12:13PM - 1:23PM

Ashlesha* Until 11:13PM

Priti Until 8:51PM

Vanija Until 8:21PM

Dvitiya Until 9:40AM

Ganesha: White

Sunrise: 7:34AM

Muruqa: Clear

Sunset: 4:52PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Syracuse, NY

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:44AM - 9:54AM

Gulika 1:24PM - 2:34PM

Yama 11:04AM - 12:14PM

Magha* Until 9:21PM

Ayushman Until 5:24PM

Balava Until 4:16AM Tue

Tritiya Until 6:59AM

Ganesha: Clear

Sunrise: 7:34AM

Muruqa: Clear

Sunset: 4:53PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Syracuse, NY

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 2:34PM - 3:44PM

Gulika 12:14PM - 1:24PM

Yama 9:54AM - 11:04AM

Purvaphalguni Until 7:23PM

Saubhagya Until 1:58PM

Kaulava Until 2:57PM

Panchami Until 1:38AM Wed

Ganesha: Clear

Sunrise: 7:33AM

Muruqa: Clear

Sunset: 4:53PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Syracuse, NY

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:14PM - 1:25PM

Gulika 11:04AM - 12:14PM

Yama 8:43AM - 9:54AM

Uttaraphalguni Until 5:26PM

Sobhana Until 10:40AM

Gara Until 12:24PM

Shashthi* Until 11:11PM

Ganesha: Clear

Sunrise: 7:33AM

Muruqa: Clear

Sunset: 4:56PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Syracuse, NY

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 17.24 Tithi 22

844623466 Rahu 1:25PM - 2:36PM

Gulika 9:53AM - 11:04AM

Yama 7:32AM - 8:43AM

Hasta Until 4:00PM

Athiganda* Until 7:30AM

Visti Until 10:04AM

Saptami Until 8:59PM

Ganesha: Purple

Sunrise: 7:32AM

Muruqa: Clear

Sunset: 4:57PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Syracuse, NY

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 11:04AM - 12:15PM

Gulika 8:42AM - 9:53AM

Yama 2:37PM - 3:47PM

Chitra Until 2:43PM

Dhriti Until 1:56AM Sat

Balava Until 8:01AM

Ashtami* Until 7:06PM

Ganesha: Purple

Sunrise: 7:32AM

Muruqa: Clear

Sunset: 4:58PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Syracuse, NY

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Tula Rasi: 15.31 Tithi 24 - 25

844623466 Rahu 9:53AM - 11:04AM

Gulika 7:31AM - 8:42AM

Yama 1:26PM - 2:37PM

Svati Until 1:39PM

Shula* Until 11:33PM

Taitila Until 6:19AM

Navami* Until 5:35PM

Ganesha: Purple

Sunrise: 7:31AM

Muruqa: Clear

Sunset: 4:59PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga


1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Syracuse, NY Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 25 – 26	Gulika 2:38PM – 3:49PM	Vishakha Until 1:14PM	Ganesha: Clear <i>Sunrise: 7:30AM</i>	
		Yama 12:16PM – 1:27PM	Ganda* Until 9:30PM	Muruqa: Clear <i>Sunset: 5:01PM</i>	Moon 1 - Phase 39
Routine Work	Marana Yoga	874623466 Rahu 3:49PM – 5:01PM	Bava Until 4:01AM Mon	Nataraja: Orange	2nd Phase
			Dashami Until 4:26PM	Moon – Orange	Devaloka Day
				Pausha*Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau	Syracuse, NY Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika 1:27PM – 2:39PM	Anuradha Until 1:02PM	Ganesha: Clear <i>Sunrise: 7:30AM</i>	
Family Home Evening		Yama 11:04AM – 12:16PM	Vriddhi Until 7:45PM	Muruqa: Clear <i>Sunset: 5:02PM</i>	Moon 1 - Phase 39
Creative Work	Siddha Yoga	874623466 Rahu 8:41AM – 9:53AM	Kaulava Until 3:27AM Tue	Nataraja: Orange	2nd Phase
			Ekadashi* Until 3:40PM	Moon – Orange	Devaloka Day
				Pausha*Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau	Syracuse, NY Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika 12:16PM – 1:28PM	Jyeshtha* Until 1:05PM	Ganesha: Purple <i>Sunrise: 7:29AM</i>	
		Yama 9:53AM – 11:04AM	Dhruva Until 6:17PM	Muruqa: Clear <i>Sunset: 5:03PM</i>	Moon 1 - Phase 39
Routine Work	Marana Yoga	875623466 Rahu 2:40PM – 3:51PM	Gara Until 3:18AM Wed	Nataraja: Orange	2nd Phase
Until 1:05PM			Dvadashti* Until 3:18PM	Moon – Orange	Bhuloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Pausha*Thai	Devaloka Time: 3:PM to 6:PM

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Syracuse, NY Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika 11:04AM – 12:16PM	Mula* Until 1:51PM	Ganesha: Light Blue <i>Sunrise: 7:28AM</i>	
		Yama 8:40AM – 9:52AM	Vyaghata* Until 5:10PM	Muruqa: Clear <i>Sunset: 5:05PM</i>	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 Rahu 12:16PM – 1:28PM	Visti Until 3:34AM Thu	Nataraja: Orange	2nd Phase
Until 1:51PM			Trayodashi* Until 3:21PM	Moon – Light Blue	Bhuloka Day
Then Creative Work - Amrita Yoga				Pausha*Thai	Devaloka Time: 3:PM to 6:PM

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Syracuse, NY Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika 9:52AM – 11:04AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue <i>Sunrise: 7:28AM</i>	
		Yama 7:28AM – 8:40AM	Harshana Until 4:23PM	Muruqa: Clear <i>Sunset: 5:06PM</i>	Moon 1 - Phase 39
Creative Work	Siddha Yoga	885623466 Rahu 1:29PM – 2:41PM	Catuspada Until 4:15AM Fri	Nataraja: Orange	2nd Phase
Until 2:51PM			Chaturdashi* Until 3:50PM	Moon – Light Blue	Bhuloka Day
Then Routine Work - Marana Yoga				Pausha*Thai	Devaloka Time: 3:PM to 6:PM

		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Syracuse, NY Sun 13 Sutra 285 Vikarin 5121
Retreat Star		Gulika 8:39AM – 9:52AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue <i>Sunrise: 7:27AM</i>	
Makara Rasi: 4.37	Tithi 30 – 1	Yama 2:42PM – 3:55PM	Vajra* Until 3:54PM	Muruqa: Clear <i>Sunset: 5:07PM</i>	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 Rahu 11:04AM – 12:17PM	Kintughna Until 5:23AM Sat	Nataraja: Orange	Amavasya
			Amavasya* Until 4:44PM	Moon – Light Blue	Bhuloka Day
				Pausha*Thai	Devaloka Time: 3:PM to 6:PM

Saturday, January 25, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Syracuse, NY Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	Gulika 7:26AM – 8:39AM	Shravana Until 6:08PM	Ganesha: Light Blue <i>Sunrise: 7:26AM</i>	
		Yama 1:30PM – 2:43PM	Siddhi Until 3:46PM	Muruqa: Clear <i>Sunset: 5:08PM</i>	Moon 1 - Phase 39
Creative Work	Siddha Yoga	995623466 Rahu 9:52AM – 11:04AM	Bava Until 6:05PM	Nataraja: Orange	Prathama
			Prathama* Until 6:05PM	Moon – Purple	Bhuloka Day
				Magha*Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau	Syracuse, NY Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	Gulika 2:44PM – 3:57PM	Dhanishtha Until 8:21PM	Ganesha: Orange <i>Sunrise:</i> 7:25AM	
		Yama 12:17PM – 1:30PM	Vyatipata* Until 3:57PM	Muruqa: Clear <i>Sunset:</i> 5:10PM	Moon 1 - Phase 40
		995723466 Rahu 3:57PM – 5:10PM	Balava Until 6:56AM	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:50PM	Moon – Purple	Devaloka Day
Until 8:21PM				Magha-Thai	
Then Creative Work - Siddha Yoga					

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau	Syracuse, NY Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:31PM – 2:44PM	Shatabhishak Until 10:45PM	Ganesha: Orange <i>Sunrise:</i> 7:24AM	
Family Home Evening		Yama 11:04AM – 12:18PM	Variyan Until 4:23PM	Muruqa: Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 Rahu 8:37AM – 9:51AM	Taitila Until 8:52AM	Nataraja: Orange	3rd Phase
Until 10:45PM			Tritiya Until 9:56PM	Moon – Purple	Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai	

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturtham Titau	Syracuse, NY Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:18PM – 1:31PM	Purvaproshtapada* Until 1:44AM Wed	Ganesha: Green <i>Sunrise:</i> 7:23AM	
		Yama 9:50AM – 11:04AM	Parigha* Until 5:02PM	Muruqa: Clear <i>Sunset:</i> 5:12PM	Moon 1 - Phase 40
		915723466 Rahu 2:45PM – 3:59PM	Vanija Until 11:06AM	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 12:18AM Wed	Moon – Clear	Sivaloka Day
Until 1:44AM Wed				Magha-Thai	
Then Creative Work - Siddha Yoga					

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	Syracuse, NY Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	Gulika 11:04AM – 12:18PM	Uttaraproshtapada Until 4:41AM Thu	Ganesha: Green <i>Sunrise:</i> 7:22AM	
		Yama 8:36AM – 9:50AM	Shiva Until 5:51PM	Muruqa: Clear <i>Sunset:</i> 5:14PM	Moon 1 - Phase 40
		915723466 Rahu 12:18PM – 1:32PM	Bava Until 1:34PM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:49AM Thu	Moon – Clear	Sivaloka Day
				Magha-Thai	

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau	Syracuse, NY Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	Gulika 9:50AM – 11:04AM	Revati Until 7:26AM Fri	Ganesha: Orange <i>Sunrise:</i> 7:21AM	
		Yama 7:21AM – 8:35AM	Siddha Until 6:40PM	Muruqa: Clear <i>Sunset:</i> 5:15PM	Moon 1 - Phase 40
		916723466 Rahu 1:32PM – 2:47PM	Kaulava Until 4:06PM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 5:19AM Fri	Moon – Clear	Devaloka Day
Until 7:26AM Fri				Magha-Thai	
Then Creative Work - Amrita Yoga					

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau	Syracuse, NY Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	Gulika 8:35AM – 9:49AM	Revati Until 7:26AM	Ganesha: Orange <i>Sunrise:</i> 7:20AM	
		Yama 2:47PM – 4:02PM	Sadhya Until 7:25PM	Muruqa: Clear <i>Sunset:</i> 5:16PM	Moon 1 - Phase 40
		916723466 Rahu 11:04AM – 12:18PM	Gara Until 6:32PM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:38AM Sat	Moon – Clear	Devaloka Day
Until 7:26AM				Magha-Thai	
Then Creative Work - Amrita Yoga					

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Syracuse, NY Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 7:20AM – 8:35AM	Ashvini Until 10:20AM	Ganesha: Green <i>Sunrise:</i> 7:20AM	
		Yama 1:33PM – 2:47PM	Subha Until 7:57PM	Muruqa: Clear <i>Sunset:</i> 5:16PM	Moon 1 - Phase 40
		926723466 Rahu 9:49AM – 11:04AM	Visti Until 8:40PM	Nataraja: Orange	Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – White	Bhuloka Day
				Magha-Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Syracuse, NY Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 2:48PM – 4:03PM	Bharani Until 12:39PM	Ganesha: Green <i>Sunrise:</i> 7:19AM	
		Yama 12:18PM – 1:33PM	Sukla Until 8:05PM	Muruqa: Clear <i>Sunset:</i> 5:18PM	Moon 1 - Phase 40
		926723466 Rahu 4:03PM – 5:18PM	Balava Until 10:18PM	Nataraja: Orange	Navami
Routine Work	Prabalarishta Yoga		Ashtami* Until 9:32AM	Moon – White	Bhuloka Day
Until 12:39PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					


1	Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Syracuse, NY Sun 23
	Vrishabha Rasi: 5.37	Tithi 9 – 10	Gulika	1:34PM – 2:49PM	Krittika Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 7:18AM
	Family Home Evening	926723466	Yama	11:03AM – 12:18PM	Brahma Until 7:42PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM
	Routine Work	Marana Yoga	Rahu	8:33AM – 9:48AM	Taitila Until 11:13PM	Nataraja: Orange	Moon 1 - Phase 41
	Until 2:12PM				Navami* Until 10:50AM	Moon – White	4th Phase
Then Creative Work - Amrita Yoga					Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM


2	Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Syracuse, NY Sun 24
	Vrishabha Rasi: 18.17	Tithi 10 – 11	Gulika	12:19PM – 1:34PM	Rohini Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 7:17AM
		936723467	Yama	9:48AM – 11:03AM	Indra Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM
	Creative Work	Amrita Yoga	Rahu	2:49PM – 4:05PM	Vanija Until 11:19PM	Nataraja: Clear	Moon 1 - Phase 41
	Until 3:20PM				Dashami Until 11:21AM	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga					Magha*Thai	Devaloka Day	

3	Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Syracuse, NY Sun 25
	Mithuna Rasi: 1.22	Tithi 11 – 12	Gulika	11:03AM – 12:19PM	Mrigashira Until 3:29PM	Ganesha: Red	<i>Sunrise:</i> 7:16AM
		936723467	Yama	8:31AM – 9:47AM	Vaidhriti* Until 5:05PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM
	Creative Work	Siddha Yoga	Rahu	12:19PM – 1:34PM	Bava Until 10:35PM	Nataraja: Clear	Moon 1 - Phase 41
	Until 3:20PM				Ekadashi Until 11:02AM	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga					Magha*Thai	Devaloka Day	

4	Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Syracuse, NY Sun 26
	Mithuna Rasi: 14.54	Tithi 12 – 13	Gulika	9:47AM – 11:03AM	Ardra Until 2:41PM	Ganesha: Red	<i>Sunrise:</i> 7:14AM
		936723467	Yama	7:14AM – 8:31AM	Vishkambha* Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM
	Routine Work	Marana Yoga	Rahu	1:35PM – 2:51PM	Kaulava Until 9:03PM	Nataraja: Clear	Moon 1 - Phase 41
	Until 2:41PM				Dvadashi Until 9:54AM	Moon – Yellow	4th Phase
Then Creative Work - Amrita Yoga					Magha*Thai	Devaloka Day	
<i>Pradosha Vrata</i>							

5	Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Syracuse, NY Sun 27
	Mithuna Rasi: 28.53	Tithi 13 – 14	Gulika	8:30AM – 9:46AM	Punarvasu Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:13AM
		947723467	Yama	2:52PM – 4:08PM	Priti Until 11:57AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM
	Creative Work	Siddha Yoga	Rahu	11:02AM – 12:19PM	Gara Until 6:50PM	Nataraja: Clear	Moon 1 - Phase 41
	Until 1:28PM				Trayodashi Until 8:00AM	Moon – Blue	4th Phase
Then Routine Work - Marana Yoga					Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

	Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Syracuse, NY Sun 28
	Copper Retreat Star		Gulika	7:12AM – 8:29AM	Pushya Until 11:31AM	Ganesha: Blue	<i>Sunrise:</i> 7:12AM
	Kataka Rasi: 13.17	Tithi 15	Yama	1:36PM – 2:52PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 5:26PM
		947723467	Rahu	9:45AM – 11:02AM	Visti Until 4:03PM	Nataraja: Clear	Moon 1 - Phase 41
	Creative Work	Siddha Yoga			Purnima* Until 2:30AM Sun	Moon – Blue	Purnima
Until 11:31AM					Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

	Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Syracuse, NY Sun 29
	Silver Retreat Star		Gulika	2:53PM – 4:10PM	Ashlesha* Until 9:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:11AM
	Kataka Rasi: 28.02	Tithi 16	Yama	12:19PM – 1:36PM	Sobhana Until 12:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:27PM
		947723467	Rahu	4:10PM – 5:27PM	Balava Until 12:54PM	Nataraja: Clear	Moon 1 - Phase 41
	Creative Work	Siddha Yoga			Prathama* Until 11:13PM	Moon – Blue	Prathama
Until 9:01AM					Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 12.59 Tithi 17
Family Home Evening
Routine Work Marana Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:36PM – 2:54PM
Yama 11:02AM – 12:19PM
Rahu 8:27AM – 9:44AM

Magha* Until 6:33AM
Athiganda* Until 8:56PM
Taitila Until 9:31AM
Dvitiya Until 7:47PM

Syracuse, NY
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise: 7:09AM*
Muruqa: Clear *Sunset: 5:28PM*
Nataraja: Clear
Moon – Red

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 27.59 Tithi 18 – 19
Creative Work Amrita Yoga
Until 1:08AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:19PM – 1:37PM
Yama 9:44AM – 11:01AM
Rahu 2:54PM – 4:12PM

Uttaraphalguni Until 1:08AM Wed
Sukarma Until 4:57PM
Vanija Until 6:06AM
Tritiya Until 4:24PM

Syracuse, NY
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Red *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 5:30PM*
Nataraja: Clear
Moon – Red

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 12.55 Tithi 19 – 20
Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:01AM – 12:19PM
Yama 8:25AM – 9:43AM
Rahu 12:19PM – 1:37PM

Hasta Until 10:56PM
Dhriti Until 1:07PM
Kaulava Until 11:43PM
Chaturthi* Until 1:11PM

Syracuse, NY
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: Green *Sunrise: 7:07AM*
Muruqa: Clear *Sunset: 5:31PM*
Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 27.38 Tithi 20 – 21
Creative Work Siddha Yoga
Until 8:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:42AM – 11:01AM
Yama 7:05AM – 8:24AM
Rahu 1:37PM – 2:56PM

Chitra Until 8:58PM
Shula* Until 9:32AM
Gara Until 9:03PM
Panchami Until 10:19AM

Syracuse, NY
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: White *Sunrise: 7:05AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 12.02 Tithi 21 – 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:23AM – 9:42AM
Yama 2:56PM – 4:15PM
Rahu 11:00AM – 12:19PM

Svati Until 7:23PM
Ganda* Until 6:20AM
Visti Until 6:54PM
Shashthi* Until 7:53AM

Syracuse, NY
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Ganesha: White *Sunrise: 7:04AM*
Muruqa: Clear *Sunset: 5:34PM*
Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 26.04 Tithi 22 – 23
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Gulika 7:03AM – 8:22AM
Yama 1:38PM – 2:57PM
Rahu 9:41AM – 11:00AM

Vishakha Until 6:39PM
Dhruva Until 1:17AM Sun
Kaulava Until 4:44AM Sun
Saptami Until 6:01AM

Syracuse, NY
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Ganesha: Clear *Sunrise: 7:03AM*
Muruqa: Clear *Sunset: 5:35PM*
Nataraja: Clear
Moon – Orange

Devaloka Day

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 9.44 Tithi 24
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:58PM – 4:17PM
Yama 12:19PM – 1:38PM
Rahu 4:17PM – 5:36PM

Anuradha Until 6:23PM
Vyaghata* Until 11:30PM
Taitila Until 4:22PM
Navami* Until 4:06AM Mon

Syracuse, NY
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Ganesha: Clear *Sunrise: 7:01AM*
Muruqa: Clear *Sunset: 5:36PM*
Nataraja: Clear
Moon – Orange

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau	Syracuse, NY Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 23.04	Tithi 25	Gulika 1:38PM – 2:58PM	Jyeshtha* Until 6:33PM	Ganesha: Clear <i>Sunrise:</i> 7:00AM	
Family Home Evening	978723467	Yama 10:59AM – 12:19PM	Harshana Until 10:12PM	Muruqa: Clear <i>Sunset:</i> 5:38PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 8:20AM – 9:39AM	Vanija Until 4:01PM	Nataraja: Clear	2nd Phase
			Dashami Until 4:03AM Tue	Moon – Orange	Devaloka Day
				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	Syracuse, NY Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 26	Gulika 12:19PM – 1:39PM	Mula* Until 7:36PM	Ganesha: Purple <i>Sunrise:</i> 6:58AM	
	988723467	Yama 9:39AM – 10:59AM	Vajra* Until 9:19PM	Muruqa: Clear <i>Sunset:</i> 5:39PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 2:59PM – 4:19PM	Bava Until 4:16PM	Nataraja: Clear	2nd Phase
Until 7:36PM			Ekadashi* Until 4:34AM Wed	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau	Syracuse, NY Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 18.49	Tithi 27	Gulika 10:58AM – 12:19PM	Purvashadha* Until 8:58PM	Ganesha: Purple <i>Sunrise:</i> 6:57AM	
	988723467	Yama 8:17AM – 9:38AM	Siddhi Until 8:49PM	Muruqa: Clear <i>Sunset:</i> 5:40PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 12:19PM – 1:39PM	Kaulava Until 5:01PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 5:32AM Thu	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau	Syracuse, NY Sun 10 Sutra 312 Vikarin 5121
Makara Rasi: 1.2	Tithi 28	Gulika 9:37AM – 10:58AM	Uttarashadha Until 10:35PM	Ganesha: Purple <i>Sunrise:</i> 6:55AM	
	989823467	Yama 6:55AM – 8:16AM	Vyatipata* Until 8:40PM	Muruqa: Clear <i>Sunset:</i> 5:42PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 1:39PM – 3:00PM	Gara Until 6:12PM	Nataraja: Clear	2nd Phase
Until 10:35PM			Trayodashi* Until 6:55AM Fri	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata (Fasting)</i>		

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Syracuse, NY Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 13.42	Tithi 28 – 29	Gulika 8:15AM – 9:36AM	Shravana Until 12:52AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:54AM	
	999823467	Yama 3:01PM – 4:22PM	Variyan Until 8:45PM	Muruqa: Clear <i>Sunset:</i> 5:43PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 10:57AM – 12:18PM	Visti Until 7:45PM	Nataraja: Clear	2nd Phase
Until 12:52AM Sat			Trayodashi* Until 6:55AM	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

Retreat Star		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau	Syracuse, NY Sun 12 Sutra 314 Vikarin 5121
Makara Rasi: 25.55	Tithi 29 – 30	Gulika 6:52AM – 8:14AM	Dhanishtha Until 3:16AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:52AM	
	999823467	Yama 1:40PM – 3:01PM	Parigha* Until 9:04PM	Muruqa: Clear <i>Sunset:</i> 5:44PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 9:35AM – 10:57AM	Catuspada Until 9:36PM	Nataraja: Clear	Amavasya
			Chaturdashy* Until 8:37AM	Moon – Purple	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Syracuse, NY Sun 13 Sutra 315 Vikarin 5121
Kumbha Rasi: 8.02	Tithi 30 – 1	Gulika 3:02PM – 4:24PM	Shatabhishak Until 5:43AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:51AM	
	999823467	Yama 12:18PM – 1:40PM	Shiva Until 9:36PM	Muruqa: Clear <i>Sunset:</i> 5:45PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 4:24PM – 5:45PM	Kintughna Until 11:42PM	Nataraja: Clear	Prathama
Until 5:43AM Mon			Amavasya* Until 10:36AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Syracuse, NY Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 20.03 Tithi 1 – 2	Gulika 1:40PM – 3:02PM	Purvaproshtapada* Until 8:41AM Tue	Ganesha: Orange <i>Sunrise: 6:49AM</i>	Muruqa: Clear <i>Sunset: 5:47PM</i>	Moon 2 - Phase 44 3rd Phase
Family Home Evening	919823467	Rahu 8:11AM – 9:34AM	Siddha Until 10:15PM	Nataraja: Clear		
Routine Work Marana Yoga			Balava Until 2:00AM Tue	Moon – Clear		Devaloka Day
Until 8:41AM Tue			Prathama* Until 12:48PM	Phalguna-Masi		
Then Creative Work - Amrita Yoga						

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Syracuse, NY Sun 15 Sutra 317 Vikarin 5121
2	Meena Rasi: 1.59 Tithi 2 – 3	Gulika 12:18PM – 1:40PM	Purvaproshtapada* Until 8:41AM	Ganesha: Orange <i>Sunrise: 6:48AM</i>	Muruqa: Clear <i>Sunset: 5:48PM</i>	Moon 2 - Phase 44 3rd Phase
Routine Work	919823467	Rahu 3:03PM – 4:25PM	Sadhya Until 11:02PM	Nataraja: Clear		
Marana Yoga			Taitila Until 4:27AM Wed	Moon – Clear		Devaloka Day
Until 8:41AM			Dvitiya Until 3:11PM	Phalguna-Masi		
Then Creative Work - Amrita Yoga						

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Syracuse, NY Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 13.53 Tithi 3 – 4	Gulika 10:55AM – 12:18PM	Uttaraproshtapada Until 11:36AM	Ganesha: Orange <i>Sunrise: 6:46AM</i>	Muruqa: Clear <i>Sunset: 5:49PM</i>	Moon 2 - Phase 44 3rd Phase
Creative Work	919823467	Rahu 12:18PM – 1:41PM	Subha Until 11:55PM	Nataraja: Clear		
Siddha Yoga			Vanija Until 6:58AM Thu	Moon – Clear		Devaloka Day
Until 11:36AM			Tritiya Until 5:41PM	Phalguna-Masi		
Then Routine Work - Marana Yoga						

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau				Syracuse, NY Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 25.45 Tithi 4	Gulika 9:31AM – 10:54AM	Revati Until 2:25PM	Ganesha: Orange <i>Sunrise: 6:44AM</i>	Muruqa: Clear <i>Sunset: 5:51PM</i>	Moon 2 - Phase 44 3rd Phase
Creative Work	919823467	Rahu 1:41PM – 3:04PM	Sukla Until 12:45AM Fri	Nataraja: Clear		
Siddha Yoga			Vanija Until 6:58AM	Moon – Clear		Devaloka Day
Until 2:25PM			Chaturthi* Until 8:12PM	Phalguna-Masi		
Then Creative Work - Amrita Yoga						
			Subramuniyaswami Siva Vision Day			

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Syracuse, NY Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 7.37 Tithi 5	Gulika 8:06AM – 9:30AM	Ashvini Until 5:29PM	Ganesha: Purple <i>Sunrise: 6:43AM</i>	Muruqa: Clear <i>Sunset: 5:52PM</i>	Moon 2 - Phase 44 3rd Phase
Creative Work	921823467	Rahu 10:54AM – 12:17PM	Brahma Until 1:31AM Sat	Nataraja: Clear		
Amrita Yoga			Bava Until 9:27AM	Moon – White		Bhuloka Day
Until 5:29PM			Panchami Until 10:37PM	Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Syracuse, NY Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 19.33 Tithi 6	Gulika 6:41AM – 8:05AM	Bharani Until 8:10PM	Ganesha: Purple <i>Sunrise: 6:41AM</i>	Muruqa: Clear <i>Sunset: 5:53PM</i>	Moon 2 - Phase 44 3rd Phase
Creative Work	921823467	Rahu 9:29AM – 10:53AM	Indra Until 2:05AM Sun	Nataraja: Clear		
Siddha Yoga			Kaulava Until 11:45AM	Moon – White		Bhuloka Day
Until 8:10PM			Shashthi* Until 12:45AM Sun	Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Syracuse, NY Sun 20 Sutra 322 Vikarin 5121
Retreat Star		Gulika 3:06PM – 4:31PM	Krittika Until 10:16PM	Ganesha: Purple <i>Sunrise: 6:38AM</i>	Muruqa: Orange <i>Sunset: 5:56PM</i>	Moon 2 - Phase 44 3rd Phase
Vrishabha Rasi: 1.37	Tithi 7	Rahu 4:31PM – 5:56PM	Vaidhriti* Until 2:14AM Mon	Nataraja: Clear		
Creative Work	921833467		Gara Until 1:41PM	Moon – White		Bhuloka Day
Siddha Yoga			Saptami Until 2:25AM Mon	Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Until 12:04AM Tue						
Then Creative Work - Siddha Yoga						

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Syracuse, NY Sun 21 Sutra 323 Vikarin 5121
Retreat Star		Gulika 1:42PM – 3:07PM	Rohini Until 12:04AM Tue	Ganesha: Clear <i>Sunrise: 6:36AM</i>	Muruqa: Orange <i>Sunset: 5:57PM</i>	Moon 2 - Phase 44 Ashtami
Vrishabha Rasi: 13.53	Tithi 8	Rahu 8:01AM – 9:26AM	Vishkambha* Until 1:54AM Tue	Nataraja: Clear		
Family Home Evening	931833467		Visti Until 3:01PM	Moon – Yellow		Devaloka Day
Creative Work			Ashtami* Until 3:23AM Tue	Phalguna-Masi		
Amrita Yoga						
Until 12:04AM Tue						
Then Creative Work - Siddha Yoga						

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Syracuse, NY Sun 22 Sutra 324 Vikarin 5121
Retreat Star		Gulika 12:16PM – 1:42PM	Mrigashira Until 12:55AM Wed	Ganesha: Clear <i>Sunrise: 6:35AM</i>	Muruqa: Orange <i>Sunset: 5:58PM</i>	Moon 2 - Phase 44 Navami
Vrishabha Rasi: 26.28	Tithi 9	Rahu 3:07PM – 4:33PM	Priti Until 12:57AM Wed	Nataraja: Clear		
Creative Work	931833467		Balava Until 3:36PM	Moon – Yellow		Devaloka Day
Siddha Yoga			Navami* Until 3:33AM Wed	Phalguna-Masi		
Until 12:04AM Tue						
Then Creative Work - Siddha Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Syracuse, NY Sun 23 Sutra 325
Mithuna Rasi: 9.26	Tithi 10	Gulika 10:50AM – 12:16PM	Ardra Until 12:47AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:33AM	Vikarin 5121
		Yama 7:59AM – 9:24AM	Ayushman Until 11:18PM	Muruqa: Orange	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 45
		131833467 Rahu 12:16PM – 1:42PM	Taitila Until 3:19PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:49AM Thu	Moon – Yellow		Devaloka Day
Until 12:47AM Thu				Phalguna-Masi		
Then Creative Work - Amrita Yoga						


2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau		Syracuse, NY Sun 24 Sutra 326
Mithuna Rasi: 22.52	Tithi 11	Gulika 9:24AM – 10:50AM	Punarvasu Until 12:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Vikarin 5121
		Yama 6:31AM – 7:57AM	Saubhagya Until 8:58PM	Muruqa: Orange	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 45
		141833467 Rahu 1:42PM – 3:08PM	Vanija Until 2:09PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 1:14AM Fri	Moon – Blue		Bhuloka Day
Until 12:05AM Fri				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Syracuse, NY Sun 25 Sutra 327
Kataka Rasi: 6.48	Tithi 12	Gulika 7:56AM – 9:23AM	Pushya Until 10:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 3:09PM – 4:35PM	Sobhana Until 6:00PM	Muruqa: Orange	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45
		141833467 Rahu 10:49AM – 12:16PM	Bava Until 12:10PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 10:53PM	Moon – Blue		Bhuloka Day
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Syracuse, NY Sun 26 Sutra 328
Kataka Rasi: 21.13	Tithi 13	Gulika 6:28AM – 7:55AM	Ashlesha* Until 8:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 1:42PM – 3:09PM	Athiganda* Until 2:29PM	Muruqa: Orange	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 45
		141833467 Rahu 9:22AM – 10:48AM	Kaulava Until 9:29AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 7:54PM	Moon – Blue		Bhuloka Day
Until 8:07PM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau		Syracuse, NY Sun 27 Sutra 329
Simha Rasi: 6.04	Tithi 14 – 15	Gulika 3:10PM – 4:37PM	Magha* Until 5:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Vikarin 5121
		Yama 12:15PM – 1:42PM	Sukarma Until 10:34AM	Muruqa: Orange	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45
		151833467 Rahu 4:37PM – 6:04PM	Gara Until 6:15AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:27PM	Moon – Red		Devaloka Day
Until 5:33PM		Chidambaram Abhishekam		Phalguna-Masi		
Then Creative Work - Siddha Yoga						

		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Syracuse, NY Sutra 330
Copper Retreat Star		Gulika 1:42PM – 3:10PM	Purvaphalguni Until 2:34PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Vikarin 5121
Simha Rasi: 21.12	Tithi 15 – 16	Yama 10:47AM – 12:15PM	Dhriti Until 6:23AM	Muruqa: Orange	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 45
Family Home Evening		152833467 Rahu 7:52AM – 9:20AM	Balava Until 10:49PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:43PM	Moon – Red		Sivaloka Day
		Holi		Phalguna-Masi		

Tuesday, March 10, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Syracuse, NY Sutra 331
Kanya Rasi: 6.29	Tithi 16 – 17	Gulika 12:15PM – 1:43PM	Uttaraphalguni Until 11:22AM	Ganesha: White	<i>Sunrise:</i> 6:23AM	Vikarin 5121
		Yama 9:19AM – 10:47AM	Ganda* Until 9:41PM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
		152833467 Rahu 3:11PM – 4:39PM	Taitila Until 6:59PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 8:53AM	Moon – Red		Sivaloka Day
Until 11:22AM				Phalguna-Masi		
Then Creative Work - Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Syracuse, NY

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

Gulika 10:46AM – 12:14PM
Yama 7:49AM – 9:18AM
Rahu 12:14PM – 1:43PM

Hasta **Until 8:31AM**
Vriddhi **Until 5:31PM**
Vanija **Until 3:18PM**

Ganesha: Clear *Sunrise: 6:21AM*
Muruqa: Orange *Sunset: 6:08PM*
Nataraja: Clear

Moon – Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Syracuse, NY

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

Gulika 9:17AM – 10:45AM
Yama 6:19AM – 7:48AM
Rahu 1:43PM – 3:11PM

Svati **Until 3:24AM Fri**
Dhruva **Until 1:36PM**
Bava **Until 11:57AM**
Chaturthi* Until 10:25PM

Ganesha: Clear *Sunrise: 6:19AM*
Muruqa: Orange *Sunset: 6:09PM*
Nataraja: Clear

Moon – Green
Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Syracuse, NY

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

Gulika 7:46AM – 9:16AM
Yama 3:12PM – 4:41PM
Rahu 10:45AM – 12:14PM

Vishakha **Until 1:51AM Sat**
Vyaghata* **Until 10:06AM**
Kaulava **Until 9:04AM**
Panchami **Until 7:50PM**

Ganesha: Purple *Sunrise: 6:17AM*
Muruqa: Orange *Sunset: 6:10PM*
Nataraja: Clear

Moon – Orange
Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Syracuse, NY

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

Gulika 6:16AM – 7:45AM
Yama 1:43PM – 3:12PM
Rahu 9:15AM – 10:44AM

Anuradha **Until 12:52AM Sun**
Harshana **Until 7:08AM**
Gara **Until 6:49AM**
Shashthi* Until 5:56PM

Ganesha: Purple *Sunrise: 6:16AM*
Muruqa: Orange *Sunset: 6:11PM*
Nataraja: Purple

Moon – Orange
Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Syracuse, NY

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

Gulika 3:13PM – 4:43PM
Yama 12:13PM – 1:43PM
Rahu 4:43PM – 6:13PM

Jyeshtha* **Until 12:31AM Mon**
Siddhi **Until 2:58AM Mon**
Balava **Until 4:33AM Mon**
Saptami **Until 4:48PM**

Ganesha: Clear *Sunrise: 6:14AM*
Muruqa: Orange *Sunset: 6:13PM*
Nataraja: Purple

Moon – Orange
Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Syracuse, NY

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

Gulika 1:43PM – 3:13PM
Yama 10:43AM – 12:13PM
Rahu 7:42AM – 9:12AM

Mula* **Until 1:13AM Tue**
Vyatipata* **Until 1:50AM Tue**
Taitila **Until 4:36AM Tue**
Ashtami* **Until 4:28PM**

Ganesha: Purple *Sunrise: 6:12AM*
Muruqa: Orange *Sunset: 6:14PM*
Nataraja: Purple

Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Syracuse, NY

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

Gulika 12:13PM – 1:43PM
Yama 9:11AM – 10:42AM
Rahu 3:14PM – 4:44PM

Purvashadha* **Until 2:29AM Wed**
Variyan **Until 1:14AM Wed**
Vanija **Until 5:21AM Wed**
Navami* **Until 4:52PM**

Ganesha: Purple *Sunrise: 6:10AM*
Muruqa: Orange *Sunset: 6:15PM*
Nataraja: Purple

Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Syracuse, NY Sun 8 Sutra 339 Vikarin 5121
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 10:41AM – 12:12PM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:09AM	
		Yama 7:39AM – 9:10AM	Parigha* Until 1:07AM Thu	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		182933468 Rahu 12:12PM – 1:43PM	Bava Until 6:42AM Thu	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue	Devaloka Day
Until 4:10AM Thu				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Syracuse, NY Sun 9 Sutra 340 Vikarin 5121
Makara Rasi: 10.5	Tithi 26	Gulika 9:09AM – 10:41AM	Shravana Until 6:37AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:07AM	
		Yama 6:07AM – 7:38AM	Shiva Until 1:23AM Fri	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 47
		192933468 Rahu 1:43PM – 3:15PM	Bava Until 6:42AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau	Syracuse, NY Sun 10 Sutra 341 Vikarin 5121
Makara Rasi: 23.01	Tithi 27	Gulika 7:37AM – 9:08AM	Shravana Until 6:37AM	Ganesha: Clear <i>Sunrise:</i> 6:05AM	
		Yama 3:15PM – 4:47PM	Siddha Until 1:53AM Sat	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 3 - Phase 47
		192933468 Rahu 10:40AM – 12:12PM	Kaulava Until 8:30AM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple	Sivaloka Day
Until 6:37AM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Syracuse, NY Sun 11 Sutra 342 Vikarin 5121
Kumbha Rasi: 5.04	Tithi 28	Gulika 6:03AM – 7:35AM	Dhanishtha Until 9:12AM	Ganesha: Clear <i>Sunrise:</i> 6:03AM	
		Yama 1:43PM – 3:15PM	Sadhya Until 2:34AM Sun	Muruqa: Orange <i>Sunset:</i> 6:20PM	Moon 3 - Phase 47
		192933468 Rahu 9:07AM – 10:39AM	Gara Until 10:36AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple	Sivaloka Day
Until 9:12AM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Syracuse, NY Sun 12 Sutra 343 Vikarin 5121
Kumbha Rasi: 17.01	Tithi 29	Gulika 3:16PM – 4:48PM	Shatabhishak Until 11:48AM	Ganesha: White <i>Sunrise:</i> 6:01AM	
		Yama 12:11PM – 1:44PM	Subha Until 3:22AM Mon	Muruqa: Orange <i>Sunset:</i> 6:21PM	Moon 3 - Phase 47
		193933468 Rahu 4:48PM – 6:21PM	Visti Until 12:53PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple	Subha Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Syracuse, NY Sun 13 Sutra 344 Vikarin 5121
Kumbha Rasi: 28.56	Tithi 30	Gulika 1:44PM – 3:16PM	Purvaproshtapada* Until 2:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:00AM	
Family Home Evening		Yama 10:38AM – 12:11PM	Sukla Until 4:12AM Tue	Muruqa: Orange <i>Sunset:</i> 6:22PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:32AM – 9:05AM	Catuspada Until 3:17PM	Nataraja: Purple	Amavasya
Until 2:51PM			Amavasya* Until 4:28AM Tue	Moon – Clear	Sivaloka Day
Then Creative Work - Siddha Yoga				Phalguna-Panguni	

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau	Syracuse, NY Sun 14 Sutra 345 Vikarin 5121
Meena Rasi: 10.49	Tithi 1	Gulika 12:10PM – 1:44PM	Uttaraproshtapada Until 5:47PM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		Yama 9:04AM – 10:37AM	Brahma Until 5:04AM Wed	Muruqa: Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 47
		113933468 Rahu 3:17PM – 4:50PM	Kintughna Until 5:43PM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear	Sivaloka Day
Until 5:47PM		Yugadhi		Chaitra-Panguni	
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Syracuse, NY Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 10:37AM – 12:10PM Yama 7:30AM – 9:03AM Rahu 12:10PM – 1:44PM	Revati Until 8:33PM Indra Until 5:55AM Thu Balava Until 8:10PM Prathama* Until 6:55AM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear	Sunrise: 5:56AM Sunset: 6:24PM Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Routine Work	Marana Yoga				
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Syracuse, NY Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 9:02AM – 10:36AM Yama 5:54AM – 7:28AM Rahu 1:44PM – 3:18PM	Ashvini Until 11:36PM Vaidhriti* Until 6:41AM Fri Taitila Until 10:33PM Dvitiya Until 9:21AM	Ganesha: Red Muruqa: Orange Nataraja: Purple Moon – White	Sunrise: 5:54AM Sunset: 6:25PM Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi			
Until 11:36PM					
Then Creative Work - Siddha Yoga					
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Syracuse, NY Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:27AM – 9:01AM Yama 3:18PM – 4:52PM Rahu 10:35AM – 12:10PM	Bharani Until 2:19AM Sat Vaidhriti* Until 6:41AM Vanija Until 12:47AM Sat Tritiya Until 11:40AM	Ganesha: Red Muruqa: Orange Nataraja: Purple Moon – White	Sunrise: 5:53AM Sunset: 6:27PM Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 2:19AM Sat					
Then Creative Work - Amrita Yoga					
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Syracuse, NY Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 5:51AM – 7:25AM Yama 1:44PM – 3:19PM Rahu 9:00AM – 10:35AM	Krittika Until 4:37AM Sun Vishkambha* Until 7:20AM Bava Until 2:44AM Sun Chaturthi* Until 1:47PM	Ganesha: Red Muruqa: Orange Nataraja: Purple Moon – White	Sunrise: 5:51AM Sunset: 6:28PM Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga				
Until 4:37AM Sun					
Then Creative Work - Siddha Yoga					
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Syracuse, NY Sun 19 Sutra 350 Vikarin 5121
Shrabha Rasi: 10.37	Tithi 5 – 6	Gulika 3:19PM – 4:54PM Yama 12:09PM – 1:44PM Rahu 4:54PM – 6:29PM	Rohini Until 6:50AM Mon Priti Until 7:46AM Kaulava Until 4:16AM Mon Panchami Until 3:33PM	Ganesha: Blue Muruqa: Orange Nataraja: Purple Moon – Yellow	Sunrise: 5:49AM Sunset: 6:29PM Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 6:50AM Mon					
Then Creative Work - Amrita Yoga					
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Syracuse, NY Sun 20 Sutra 351 Vikarin 5121
Shrabha Rasi: 22.53	Tithi 6 – 7	Gulika 1:44PM – 3:19PM Yama 10:33AM – 12:09PM Rahu 7:23AM – 8:58AM	Rohini Until 6:50AM Ayushman Until 7:50AM Gara Until 5:13AM Tue Shashthi* Until 4:49PM	Ganesha: Blue Muruqa: Orange Nataraja: Purple Moon – Yellow	Sunrise: 5:47AM Sunset: 6:30PM Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Family Home Evening					
Creative Work	Amrita Yoga				
Tuesday, March 31, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Syracuse, NY Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 12:08PM – 1:44PM Yama 8:57AM – 10:33AM Rahu 3:20PM – 4:56PM	Mrigashira Until 8:17AM Saubhagya Until 7:26AM Visti Until 5:26AM Wed Saptami Until 5:25PM	Ganesha: Blue Muruqa: Orange Nataraja: Purple Moon – Yellow	Sunrise: 5:46AM Sunset: 6:31PM Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 8:17AM					
Then Routine Work - Marana Yoga					
Wednesday, April 1, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Syracuse, NY Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 10:33AM – 12:08PM Yama 7:21AM – 8:57AM Rahu 12:08PM – 1:44PM	Ardra Until 8:53AM Sobhana Until 6:29AM Balava Until 4:51AM Thu Ashtami* Until 5:14PM	Ganesha: Blue Muruqa: Orange Nataraja: Purple Moon – Yellow	Sunrise: 5:46AM Sunset: 6:31PM Moon 3 - Phase 48 Ashtami Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Thursday, April 2, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Syracuse, NY Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 8:56AM – 10:32AM Yama 5:44AM – 7:20AM Rahu 1:44PM – 3:20PM	Punarvasu Until 8:59AM Sukarma Until 2:37AM Fri Taitila Until 3:26AM Fri Navami* Until 4:13PM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Blue	Sunrise: 5:44AM Sunset: 6:32PM Moon 3 - Phase 48 Navami Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga	Sri Rama Navami			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Syracuse, NY Sun 24 Sutra 355
Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 7:18AM – 8:55AM	Pushya Until 8:08AM	Ganesha: Yellow <i>Sunrise:</i> 5:42AM	Vikarin 5121
		Yama 3:21PM – 4:57PM	Dhriti Until 11:46PM	Muruqa: Orange <i>Sunset:</i> 6:34PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:31AM – 12:08PM	Vanija Until 1:15AM Sat	Nataraja: Purple	4th Phase
			Yogaswami Mahasamadhi	Moon – Blue	Sivaloka Day
			Dashami Until 2:25PM	Chaitra•Panguni	

2 Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Syracuse, NY Sun 25 Sutra 356
Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 5:40AM – 7:17AM	Ashlesha* Until 6:24AM	Ganesha: Yellow <i>Sunrise:</i> 5:40AM	Vikarin 5121
		Yama 1:44PM – 3:21PM	Shula* Until 8:20PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 8:54AM – 10:31AM	Bava Until 10:25PM	Nataraja: Purple	4th Phase
Until 6:24AM			Ekadashi Until 11:54AM	Moon – Blue	Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra•Panguni	

3 Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Syracuse, NY Sun 26 Sutra 357
Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:22PM – 4:59PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 12:07PM – 1:44PM	Ganda* Until 4:29PM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 Rahu 4:59PM – 6:36PM	Kaulava Until 7:05PM	Nataraja: Purple	4th Phase
			Dvadashi Until 8:47AM	Moon – Red	Subha Sivaloka Day
				Chaitra•Panguni	
				<i>Pradosha Vrata</i>	

4 Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Syracuse, NY Sun 27 Sutra 358
Simha Rasi: 29.25	Tithi 14	Gulika 1:44PM – 3:22PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear <i>Sunrise:</i> 5:37AM	Vikarin 5121
Family Home Evening		Yama 10:29AM – 12:07PM	Vridhhi Until 12:21PM	Muruqa: Orange <i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:14AM – 8:52AM	Gara Until 3:23PM	Nataraja: Purple	4th Phase
			Chaturdashi* Until 1:27AM Tue	Moon – Red	Sivaloka Day
				Chaitra•Panguni	

○ Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Syracuse, NY Sun 27 Sutra 359
Copper Retreat Star		Gulika 12:07PM – 1:45PM	Hasta Until 7:34PM	Ganesha: Purple <i>Sunrise:</i> 5:35AM	Vikarin 5121
Kanya Rasi: 14.4	Tithi 15	Yama 8:51AM – 10:29AM	Dhruva Until 8:01AM	Muruqa: Orange <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:22PM – 5:00PM	Visti Until 11:31AM	Nataraja: Purple	Purnima
			Purnima* Until 9:33PM	Moon – Green	Devaloka Day
		Panguni Uttiram		Chaitra•Panguni	
		Hanuman Jayanti			

Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitilia Karana Prathama/Dvitiyayam Titau			Syracuse, NY Sun 27 Sutra 360
Silver Retreat Star		Gulika 10:28AM – 12:06PM	Chitra Until 4:33PM	Ganesha: Purple <i>Sunrise:</i> 5:33AM	Vikarin 5121
Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:12AM – 8:50AM	Harshana Until 11:27PM	Muruqa: Clear <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 12:06PM – 1:45PM	Balava Until 7:39AM	Nataraja: Purple	Prathama
			Prathama* Until 5:45PM	Moon – Green	Devaloka Day
				Chaitra•Panguni	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Syracuse, NY
Sun 1
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.07 Tithi 17 - 18
164134468
Creative Work Amrita Yoga
Until 1:39PM
Then Creative Work - Siddha Yoga

Gulika 8:49AM - 10:27AM
Yama 5:32AM - 7:10AM
Rahu 1:45PM - 3:23PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Purple
Moon - Green
Chaitra+Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Syracuse, NY
Sun 2
Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 30 Tithi 18 - 19
174134468
Creative Work Siddha Yoga

Gulika 7:09AM - 8:48AM
Yama 3:24PM - 5:03PM
Rahu 10:27AM - 12:06PM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 5:30AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Syracuse, NY
Sun 3
Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 14.28 Tithi 19 - 20
174134468
Creative Work Siddha Yoga

Gulika 5:28AM - 7:08AM
Yama 1:45PM - 3:24PM
Rahu 8:47AM - 10:26AM

Anuradha Until 9:43AM
Vyatipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Syracuse, NY
Sun 4
Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 28.26 Tithi 20 - 21
174134468
Routine Work Marana Yoga
Until 8:33AM
Then Creative Work - Amrita Yoga

Gulika 3:25PM - 5:04PM
Yama 12:05PM - 1:45PM
Rahu 5:04PM - 6:44PM

Jyeshtha* Until 8:33AM
Varyan Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:44PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Syracuse, NY
Sun 5
Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.56 Tithi 22
Family Home Evening
184134468
Creative Work Siddha Yoga
Until 8:31AM
Then Routine Work - Marana Yoga

Gulika 1:45PM - 3:25PM
Yama 10:25AM - 12:05PM
Rahu 7:05AM - 8:45AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:25AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Devaloka Day

D

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Syracuse, NY
Sun 6
Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 24.59 Tithi 23
284134468
Creative Work Siddha Yoga
Until 9:09AM
Then Routine Work - Prabalarishta Yoga

Gulika 12:05PM - 1:45PM
Yama 8:44AM - 10:24AM
Rahu 3:26PM - 5:06PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 5:23AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Syracuse, NY
Sun 7
Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 7.37 Tithi 23 - 24
284134468
Creative Work Amrita Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Gulika 10:24AM - 12:05PM
Yama 7:02AM - 8:43AM
Rahu 12:05PM - 1:45PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 5:22AM
Muruqa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Syracuse, NY Sun 8	Sutra 4
Makara Rasi: 19.58	Tithi 24 – 25	Gulika 8:42AM – 10:23AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:20AM		Sarvari 5122
		Yama 5:20AM – 7:01AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 6:49PM		Moon 4 - Phase 1
294134468		Rahu 1:45PM – 3:26PM	Vanija Until 8:38PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visli/Bava Karana Dashami/Ekadashyam Titau		Syracuse, NY Sun 9	Sutra 5
Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 7:00AM – 8:41AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:18AM		Sarvari 5122
		Yama 3:27PM – 5:08PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 6:50PM		Moon 4 - Phase 1
294134468		Rahu 10:23AM – 12:04PM	Bava Until 10:43PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 9:37AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Syracuse, NY Sun 10	Sutra 6
Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 5:17AM – 6:59AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM		Sarvari 5122
		Yama 1:46PM – 3:27PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM		Moon 4 - Phase 1
295134468		Rahu 8:40AM – 10:22AM	Kaulava Until 1:03AM Sun	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple		Sivaloka Day	
Until 5:46PM				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Syracuse, NY Sun 11	Sutra 7
Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:28PM – 5:10PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:15AM		Sarvari 5122
		Yama 12:04PM – 1:46PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 6:52PM		Moon 4 - Phase 1
215134468		Rahu 5:10PM – 6:52PM	Gara Until 3:30AM Mon	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:15PM	Moon – Clear		Sivaloka Day	
Until 8:53PM				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Syracuse, NY Sun 12	Sutra 8
Meena Rasi: 7.5	Tithi 28 – 29	Gulika 1:46PM – 3:28PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM		Sarvari 5122
Family Home Evening		Yama 10:21AM – 12:03PM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 6:53PM		Moon 4 - Phase 1
215134468		Rahu 6:56AM – 8:39AM	Vistil Until 5:56AM Tue	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:42PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau		Syracuse, NY Sun 13	Sutra 9
Meena Rasi: 19.42	Tithi 29	Gulika 12:03PM – 1:46PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM		Sarvari 5122
		Yama 8:38AM – 10:20AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM		Moon 4 - Phase 1
215134468		Rahu 3:29PM – 5:12PM	Sakuni Until 7:06PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06PM	Moon – Clear		Sivaloka Day	
Until 2:35AM Wed				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Syracuse, NY Sun 14	Sutra 10
Mesha Rasi: 2	Tithi 30	Gulika 10:20AM – 12:03PM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:11AM		Sarvari 5122
		Yama 6:54AM – 8:37AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 6:56PM		Moon 4 - Phase 1
225134468		Rahu 12:03PM – 1:46PM	Catuspada Until 8:17AM	Nataraja: Purple			Amavasya
Routine Work	Marana Yoga		Amavasya* Until 9:23PM	Moon – White		Sivaloka Day	
Until 5:31AM Thu				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Syracuse, NY Sun 15	Sutra 11
Mesha Rasi: 13.34	Tithi 1	Gulika 8:36AM – 10:19AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:09AM		Sarvari 5122
		Yama 5:09AM – 6:52AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM		Moon 4 - Phase 1
225134468		Rahu 1:46PM – 3:30PM	Kintughna Until 10:29AM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:29PM	Moon – White		Sivaloka Day	
				Vaisaka*Chaitra			

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Syracuse, NY Sun 16 Sutra 12
Mesha Rasi: 25.35	Tithi 2	Gulika 6:51AM – 8:35AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 5:07AM	Sarvari 5122
		Yama 3:30PM – 5:14PM	Ayushman Until 12:59PM	Muruḡa: Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2
		225134469 Rahu 10:19AM – 12:03PM	Balava Until 12:28PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 1:21AM Sat	Moon – White		Devaloka Day
				Vaisaka-Chaitra		

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Syracuse, NY Sun 17 Sutra 13
Shrabha Rasi: 7.44	Tithi 3	Gulika 5:06AM – 6:50AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 5:06AM	Sarvari 5122
		Yama 1:47PM – 3:31PM	Saubhagya Until 1:19PM	Muruḡa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2
		225134469 Rahu 8:34AM – 10:18AM	Taitila Until 2:11PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 2:53AM Sun	Moon – White		Devaloka Day
		Akshaya Tritiya		Vaisaka-Chaitra		

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Syracuse, NY Sun 18 Sutra 14
Shrabha Rasi: 20	Tithi 4	Gulika 3:31PM – 5:16PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Sarvari 5122
		Yama 12:02PM – 1:47PM	Sobhana Until 1:24PM	Muruḡa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2
		235134469 Rahu 5:16PM – 7:00PM	Vanija Until 3:32PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:02AM Mon	Moon – Yellow		Devaloka Day
				Vaisaka-Chaitra		

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Syracuse, NY Sun 19 Sutra 15
Mithuna Rasi: 2.27	Tithi 5	Gulika 1:47PM – 3:32PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	Sarvari 5122
Family Home Evening		Yama 10:17AM – 12:02PM	Athiganda* Until 1:07PM	Muruḡa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	236134469 Rahu 6:48AM – 8:33AM	Bava Until 4:27PM	Nataraja: Clear		3rd Phase
Until 2:00PM			Panchami Until 4:41AM Tue	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Syracuse, NY Sun 20 Sutra 16
Mithuna Rasi: 15.08	Tithi 6	Gulika 12:02PM – 1:47PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	Sarvari 5122
		Yama 8:32AM – 10:17AM	Sukarma Until 12:27PM	Muruḡa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2
		236134469 Rahu 3:32PM – 5:17PM	Kaulava Until 4:49PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 4:45AM Wed	Moon – Yellow		Bhuloka Day
Until 2:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Syracuse, NY Sun 21 Sutra 17
Mithuna Rasi: 28.05	Tithi 7	Gulika 10:16AM – 12:02PM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM	Sarvari 5122
		Yama 6:46AM – 8:31AM	Dhriti Until 11:19AM	Muruḡa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2
		246134469 Rahu 12:02PM – 1:47PM	Gara Until 4:34PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:11AM Thu	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		Syracuse, NY Sun 22 Sutra 18
Kataka Rasi: 11.22	Tithi 8	Gulika 8:30AM – 10:16AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:59AM	Sarvari 5122
		Yama 4:59AM – 6:44AM	Shula* Until 9:39AM	Muruḡa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 2
		246134469 Rahu 1:48PM – 3:33PM	Visli Until 3:40PM	Nataraja: Clear		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 2:57AM Fri	Moon – Blue		Devaloka Day
Until 3:23PM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau		Syracuse, NY Sun 23 Sutra 19
Kataka Rasi: 25.01	Tithi 9	Gulika 6:42AM – 8:29AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sarvari 5122
		Yama 3:34PM – 5:21PM	Ganda* Until 7:27AM	Muruḡa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2
		246134469 Rahu 10:15AM – 12:02PM	Balava Until 2:06PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 1:04AM Sat	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Syracuse, NY Sun 24 Sutra 20
Simha Rasi: 9.05	Tithi 10	Gulika 4:55AM – 6:41AM	Magha* Until 1:06PM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Sarvari 5122		
		Yama 1:48PM – 3:35PM	Dhruva Until 1:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3		
		256134469 Rahu 8:28AM – 10:15AM	Taitila Until 11:55AM	Nataraja: Clear		4th Phase		
Creative Work	Amrita Yoga		Dashami Until 10:36PM	Moon – Red		Bhuloka Day		
Until 1:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Syracuse, NY Sun 25 Sutra 21
Simha Rasi: 23.31	Tithi 11	Gulika 3:35PM – 5:22PM	Purvaphalguni Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 4:53AM	Sarvari 5122		
		Yama 12:01PM – 1:48PM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 3		
		256134469 Rahu 5:22PM – 7:09PM	Vanija Until 9:11AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Ekadashi Until 7:38PM	Moon – Red		Bhuloka Day		
Until 11:08AM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Syracuse, NY Sun 26 Sutra 22
Kanya Rasi: 8.17	Tithi 12 – 13	Gulika 1:49PM – 3:36PM	Uttaraphalguni Until 8:36AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Sarvari 5122		
Family Home Evening		Yama 10:14AM – 12:01PM	Harshana Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3		
		256234469 Rahu 6:39AM – 8:27AM	Bava Until 6:02AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Dvadashi Until 4:20PM	Moon – Red		Devaloka Day		
				Vaisaka*Chaitra				
						<i>Pradosha Vrata</i>		

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Syracuse, NY Sun 27 Sutra 23
Kanya Rasi: 23.16	Tithi 13 – 14	Gulika 12:01PM – 1:49PM	Hasta Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Sarvari 5122		
		Yama 8:26AM – 10:14AM	Vajra* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3		
		267234469 Rahu 3:36PM – 5:24PM	Gara Until 11:02PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 12:48PM	Moon – Green		Devaloka Day		
				Vaisaka*Chaitra				

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Syracuse, NY Sun 28 Sutra 24
Tula Rasi: 8.2	Tithi 14 – 15	Gulika 10:13AM – 12:01PM	Svati Until 12:28AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Sarvari 5122		
		Yama 6:37AM – 8:25AM	Siddhi Until 10:06AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3		
		267234469 Rahu 12:01PM – 1:49PM	Visti Until 7:29PM	Nataraja: Clear		Purnima		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:14AM	Moon – Green		Devaloka Day		
		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra				

5		Thursday, May 7, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Syracuse, NY Sun 29 Sutra 25
Tula Rasi: 23.21	Tithi 16	Gulika 8:25AM – 10:13AM	Vishakha Until 10:08PM	Ganesha: Purple	<i>Sunrise:</i> 4:48AM	Sarvari 5122		
		Yama 4:48AM – 6:36AM	Vyatipata* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3		
		277234469 Rahu 1:49PM – 3:37PM	Balava Until 4:07PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga		Prathama* Until 2:33AM Fri	Moon – Orange		Bhuloka Day		
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda