



Saturday, April 20, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA
Sutra 6

Tula Rasi: 20.55 Tithi 17

Gulika 5:27AM – 7:07AM
Yama 1:49PM – 3:29PM
274483468 **Rahu** 8:47AM – 10:28AM

Vishakha Until 3:28AM Sun
Siddhi Until 4:09PM
Taitila Until 11:51AM
Dvitiya Until 11:01PM

Ganesha: Blue *Sunrise:* 5:27AM
Muruqa: Yellow *Sunset:* 6:50PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Devaloka Day

1

Sunday, April 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA
Sun 1 Sutra 7

Vrischika Rasi: 4.46 Tithi 18

Gulika 3:30PM – 5:10PM
Yama 12:08PM – 1:49PM
274483468 **Rahu** 5:10PM – 6:51PM

Anuradha Until 3:13AM Mon
Vyatipata* Until 1:59PM
Vanija Until 10:23AM
Tritiya Until 9:54PM

Ganesha: Blue *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 6:51PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 3:13AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

2

Monday, April 22, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA
Sun 2 Sutra 8

Vrischika Rasi: 18.11 Tithi 19

Family Home Evening

Gulika 1:49PM – 3:30PM
Yama 10:27AM – 12:08PM
274483468 **Rahu** 7:05AM – 8:46AM

Jyeshtha* Until 3:35AM Tue
Variyan Until 12:23PM
Bava Until 9:39AM
Chaturthi* Until 9:33PM

Ganesha: Blue *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:52PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 3:35AM Tue
Then Creative Work - Amrita Yoga

Devaloka Day

3

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA
Sun 3 Sutra 9

Dhanus Rasi: 1.11 Tithi 20

Gulika 12:08PM – 1:49PM
Yama 8:45AM – 10:26AM
284483468 **Rahu** 3:30PM – 5:12PM

Mula* Until 5:04AM Wed
Parigha* Until 11:27AM
Kaulava Until 9:43AM
Panchami Until 10:02PM

Ganesha: Yellow *Sunrise:* 5:23AM
Muruqa: Yellow *Sunset:* 6:53PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

4

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA
Sun 4 Sutra 10

Dhanus Rasi: 13.48 Tithi 21

Gulika 10:26AM – 12:08PM
Yama 7:03AM – 8:44AM
284483468 **Rahu** 12:08PM – 1:49PM

Purvashadha* Until 7:08AM Thu
Shiva Until 11:09AM
Gara Until 10:36AM
Shashthi* Until 11:18PM

Ganesha: Yellow *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 6:54PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Amrita Yoga
Until 7:08AM Thu
Then Routine Work - Marana Yoga

Sivaloka Day

5

Thursday, April 25, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saplamyam Titau

St. Helena, CA
Sun 5 Sutra 11

Dhanus Rasi: 26.05 Tithi 22

Gulika 8:44AM – 10:26AM
Yama 5:20AM – 7:02AM
284483469 **Rahu** 1:49PM – 3:31PM

Purvashadha* Until 7:08AM
Siddha Until 11:23AM
Visti* Until 12:12PM
Saptami Until 1:13AM Fri

Ganesha: Yellow *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:55PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 7:08AM
Then Routine Work - Marana Yoga

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA
Sun 6 Sutra 12

Makara Rasi: 8.07 Tithi 23

Gulika 7:01AM – 8:43AM
Yama 3:31PM – 5:14PM
284583469 **Rahu** 10:25AM – 12:07PM

Uttarashadha Until 9:35AM
Sadhya Until 12:04PM
Balava Until 2:22PM
Ashtami* Until 3:34AM Sat

Ganesha: Red *Sunrise:* 5:19AM
Muruqa: Yellow *Sunset:* 6:56PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA
Sun 7 Sutra 13

Makara Rasi: 20.01 Tithi 24

Gulika 5:17AM – 7:00AM
Yama 1:49PM – 3:32PM
294583469 **Rahu** 8:42AM – 10:25AM

Shravana Until 12:44PM
Subha Until 1:01PM
Taitila Until 4:51PM
Navami* Until 6:06AM Sun

Ganesha: Green *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 6:57PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau	St. Helena, CA
Kumbha Rasi: 1.5	Tithi 24 – 25	294583469	Gulika 3:32PM – 5:15PM Yama 12:07PM – 1:50PM Rahu 5:15PM – 6:58PM	Dhanishtha Until 3:48PM Sukla Until 2:01PM Vanija Until 7:24PM Navami* Until 6:06AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple	Sunrise: 5:16AM Sunset: 6:58PM	Sun 8 Sutra 14 Vikarin 5121 Moon 4 - Phase 3 2nd Phase
Routine Work Marana Yoga Until 3:48PM Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM			

2		Monday, April 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	St. Helena, CA
Kumbha Rasi: 13.4	Tithi 25 – 26	294583469	Gulika 1:50PM – 3:33PM Yama 10:24AM – 12:07PM Rahu 6:58AM – 8:41AM	Shatabhishak Until 6:34PM Brahma Until 2:57PM Bava Until 9:46PM Dashami Until 8:36AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple	Sunrise: 5:15AM Sunset: 6:59PM	Sun 9 Sutra 15 Vikarin 5121 Moon 4 - Phase 3 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 6:34PM Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM			

3		Tuesday, April 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	St. Helena, CA
Kumbha Rasi: 25.36	Tithi 26 – 27	214583469	Gulika 12:07PM – 1:50PM Yama 8:40AM – 10:23AM Rahu 3:33PM – 5:16PM	Purvaproshtapada* Until 9:21PM Indra Until 3:39PM Kaulava Until 11:47PM Ekadashi* Until 10:49AM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:14AM Sunset: 6:59PM	Sun 10 Sutra 16 Vikarin 5121 Moon 4 - Phase 3 2nd Phase
Routine Work Marana Yoga Until 9:21PM Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM			

4		Wednesday, May 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau	St. Helena, CA
Meena Rasi: 7.42	Tithi 27 – 28	214583469	Gulika 10:23AM – 12:06PM Yama 6:56AM – 8:40AM Rahu 12:06PM – 1:50PM	Uttaraproshtapada Until 11:31PM Vaidhriti* Until 3:59PM Gara Until 1:19AM Thu Dvadashi* Until 12:36PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:13AM Sunset: 7:00PM	Sun 11 Sutra 17 Vikarin 5121 Moon 4 - Phase 3 2nd Phase
Creative Work Siddha Yoga Until 11:31PM Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM			

Pradosha Vrata (Fasting)

5		Thursday, May 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	St. Helena, CA
Meena Rasi: 19.59	Tithi 28 – 29	215583469	Gulika 8:39AM – 10:23AM Yama 5:11AM – 6:55AM Rahu 1:50PM – 3:34PM	Revati Until 1:01AM Fri Vishkambha* Until 3:56PM Visti Until 2:19AM Fri Trayodashi* Until 1:52PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:11AM Sunset: 7:01PM	Sun 12 Sutra 18 Vikarin 5121 Moon 4 - Phase 3 2nd Phase
Creative Work Siddha Yoga Until 1:01AM Fri Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM			

●		Friday, May 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	St. Helena, CA
Retreat Star							
Mesha Rasi: 2.32	Tithi 29 – 30	225583469	Gulika 6:54AM – 8:38AM Yama 3:34PM – 5:18PM Rahu 10:22AM – 12:06PM	Ashvini Until 2:18AM Sat Priti Until 3:28PM Catuspada Until 2:47AM Sat Chaturdashi* Until 2:36PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 5:10AM Sunset: 7:02PM	Sun 13 Sutra 19 Vikarin 5121 Moon 4 - Phase 3 Amavasya
Creative Work Amrita Yoga Until 2:18AM Sat Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM			

Retreat Star		Saturday, May 4, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	St. Helena, CA
Mesha Rasi: 15.19	Tithi 30 – 1	225583469	Gulika 5:09AM – 6:53AM Yama 1:50PM – 3:35PM Rahu 8:38AM – 10:22AM	Bharani Until 2:55AM Sun Ayushman Until 2:34PM Kintughna Until 2:43AM Sun Amavasya* Until 2:47PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 5:09AM Sunset: 7:03PM	Sun 14 Sutra 20 Vikarin 5121 Moon 4 - Phase 3 Prathama
Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 15 Sutra 21
Mesha Rasi: 28.2	Tithi 1 – 2	Gulika 3:35PM – 5:20PM Yama 12:06PM – 1:51PM 225583469 Rahu 5:20PM – 7:04PM	Krittika Until 2:58AM Mon Saubhagya Until 1:18PM Balava Until 2:13AM Mon Prathama* Until 2:30PM	Ganesha: Purple <i>Sunrise:</i> 5:08AM Muruqa: Yellow <i>Sunset:</i> 7:04PM Nataraja: Clear Moon – White
Creative Work	Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:58AM Mon Then Creative Work - Amrita Yoga				

2 Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Helena, CA Sun 16 Sutra 22
Vrishabha Rasi: 11.35	Tithi 2 – 3	Gulika 1:51PM – 3:36PM Yama 10:21AM – 12:06PM 235583469 Rahu 6:52AM – 8:36AM	Rohini Until 2:56AM Tue Sobhana Until 11:43AM Taitila Until 1:21AM Tue Dvitiya Until 1:49PM	Ganesha: Light Blue <i>Sunrise:</i> 5:07AM Muruqa: Yellow <i>Sunset:</i> 7:05PM Nataraja: Clear Moon – Yellow
Family Home Evening	Amrita Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:56AM Tue Then Creative Work - Siddha Yoga				

3 Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Helena, CA Sun 17 Sutra 23
Vrishabha Rasi: 25.03	Tithi 3 – 4	Gulika 12:06PM – 1:51PM Yama 8:36AM – 10:21AM 235583469 Rahu 3:36PM – 5:21PM	Mrigashira Until 2:27AM Wed Athiganda* Until 9:50AM Vanija Until 12:10AM Wed Tritiya Until 12:46PM	Ganesha: Light Blue <i>Sunrise:</i> 5:06AM Muruqa: Yellow <i>Sunset:</i> 7:06PM Nataraja: Clear Moon – Yellow
Creative Work	Siddha Yoga	Akshaya Tritiya		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:56AM Tue Then Creative Work - Siddha Yoga				

4 Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 18 Sutra 24
Mithuna Rasi: 8.4	Tithi 4 – 5	Gulika 10:21AM – 12:06PM Yama 6:50AM – 8:35AM 235583469 Rahu 12:06PM – 1:51PM	Ardra Until 1:35AM Thu Sukarma Until 7:44AM Bava Until 10:43PM Chaturthi* Until 11:27AM	Ganesha: Light Blue <i>Sunrise:</i> 5:05AM Muruqa: Yellow <i>Sunset:</i> 7:07PM Nataraja: Clear Moon – Yellow
Creative Work	Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:35AM Thu Then Creative Work - Amrita Yoga				

5 Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Helena, CA Sun 19 Sutra 25
Mithuna Rasi: 22.27	Tithi 5 – 6	Gulika 8:35AM – 10:20AM Yama 5:04AM – 6:49AM 245583469 Rahu 1:51PM – 3:37PM	Punarvasu Until 12:48AM Fri Shula* Until 2:59AM Fri Kaulava Until 9:04PM Panchami Until 9:54AM	Ganesha: Orange <i>Sunrise:</i> 5:04AM Muruqa: Yellow <i>Sunset:</i> 7:08PM Nataraja: Clear Moon – Blue
Creative Work	Amrita Yoga			Devaloka Day
Until 12:48AM Fri Then Routine Work - Marana Yoga				

6 Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Helena, CA Sun 20 Sutra 26
Kataka Rasi: 6.2	Tithi 6 – 7	Gulika 6:49AM – 8:34AM Yama 3:37PM – 5:23PM 245583469 Rahu 10:20AM – 12:06PM	Pushya Until 11:40PM Ganda* Until 12:22AM Sat Gara Until 7:13PM Shashthi* Until 8:09AM	Ganesha: Orange <i>Sunrise:</i> 5:03AM Muruqa: Yellow <i>Sunset:</i> 7:09PM Nataraja: Clear Moon – Blue
Routine Work	Marana Yoga			Devaloka Day
Until 10:14PM Then Creative Work - Amrita Yoga				

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 27
Kataka Rasi: 20.22	Tithi 7 – 8	Gulika 5:02AM – 6:48AM Yama 1:52PM – 3:38PM 246583469 Rahu 8:34AM – 10:20AM	Ashlesha* Until 10:14PM Vriddhi Until 9:38PM Bava Until 4:05AM Sun Saptami Until 6:12AM	Ganesha: Clear <i>Sunrise:</i> 5:02AM Muruqa: Yellow <i>Sunset:</i> 7:10PM Nataraja: Clear Moon – Blue
Routine Work	Marana Yoga			Devaloka Day
Until 10:14PM Then Creative Work - Amrita Yoga				


Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau		St. Helena, CA Sun 22 Sutra 28
Simha Rasi: 4.29	Tithi 9	Gulika 3:38PM – 5:24PM Yama 12:06PM – 1:52PM 256583469 Rahu 5:24PM – 7:11PM	Magha* Until 8:55PM Dhruva Until 6:44PM Balava Until 3:00PM Navami* Until 1:50AM Mon	Ganesha: White <i>Sunrise:</i> 5:01AM Muruqa: Yellow <i>Sunset:</i> 7:11PM Nataraja: Clear Moon – Red
Routine Work	Marana Yoga	Mother's Day		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 8:55PM Then Creative Work - Siddha Yoga				

1	Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA
	Simha Rasi: 18.43	Tithi 10	Gulika 1:52PM – 3:39PM	Purvaphalguni Until 7:22PM	Ganesha: White	<i>Sunrise:</i> 5:00AM	Sun 23 Sutra 29
	Family Home Evening	256583469	Yama 10:19AM – 12:06PM	Vyaghata* Until 3:46PM	Muruqa: Yellow	<i>Sunset:</i> 7:11PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 6:46AM – 8:33AM	Taitila Until 12:41PM	Nataraja: Clear		Moon 4 - Phase 5
			Dashami Until 11:29PM	Moon – Red		4th Phase	
				Vaisaka-Chaitra		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA
	Kanya Rasi: 2.59	Tithi 11	Gulika 12:06PM – 1:52PM	Uttaraphalguni Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 4:59AM	Sun 24 Sutra 30
		256583469	Yama 8:32AM – 10:19AM	Harshana Until 12:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:12PM	Vikarin 5121
	Creative Work Amrita Yoga		Rahu 3:39PM – 5:26PM	Vanija Until 10:19AM	Nataraja: Clear		Moon 4 - Phase 5
Until 5:37PM			Ekadashi Until 9:06PM	Moon – Red		4th Phase	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA
	Kanya Rasi: 17.16	Tithi 12	Gulika 10:19AM – 12:06PM	Hasta Until 4:11PM	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	Sun 25 Sutra 31
		266583469	Yama 6:45AM – 8:32AM	Vajra* Until 9:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:13PM	Vikarin 5121
	Routine Work Marana Yoga		Rahu 12:06PM – 1:53PM	Bava Until 7:56AM	Nataraja: Clear		Moon 4 - Phase 5
Until 4:11PM			Dvadashi Until 6:45PM	Moon – Green		4th Phase	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi		Devaloka Day	

4	Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyailpata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Tula Rasi: 1.3	Tithi 13 – 14	Gulika 8:31AM – 10:19AM	Chitra Until 2:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Sun 26 Sutra 32
		266583469	Yama 4:57AM – 6:44AM	Siddhi Until 6:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:14PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 1:53PM – 3:40PM	Gara Until 3:35AM Fri	Nataraja: Clear		Moon 4 - Phase 5
Until 2:45PM			Trayodashi Until 4:34PM	Moon – Green		4th Phase	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi		Devaloka Day	
				<i>Pradosha Vrata</i>			

	Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA
	Copper Retreat Star		Gulika 6:44AM – 8:31AM	Svati Until 1:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sun 27 Sutra 33
	Tula Rasi: 15.35	Tithi 14 – 15	Yama 3:40PM – 5:28PM	Variyan Until 1:37AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Vikarin 5121
		266583469	Rahu 10:18AM – 12:06PM	Visti Until 1:52AM Sat	Nataraja: Clear		Moon 4 - Phase 5
Creative Work Siddha Yoga			Chaturdashi* Until 2:39PM	Moon – Green		Purnima	
				Vaisaka-Vaikasi		Devaloka Day	

5	Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA
	Silver Retreat Star		Gulika 4:56AM – 6:43AM	Vishakha Until 12:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Sun 28 Sutra 34
	Tula Rasi: 29.26	Tithi 15 – 16	Yama 1:53PM – 3:41PM	Parigha* Until 11:32PM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Vikarin 5121
		276583469	Rahu 8:31AM – 10:18AM	Balava Until 12:36AM Sun	Nataraja: Clear		Moon 4 - Phase 5
Creative Work Siddha Yoga			Purnima* Until 1:09PM	Moon – Orange		Prathama	
				Vaisaka-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, May 19, 2019
Gold Retreat Star

Vrischika Rasi: 13.01 Tithi 16 – 17
Routine Work Marana Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 3:41PM – 5:29PM
Yama 12:06PM – 1:54PM
Rahu 5:29PM – 7:17PM

Anuradha Until 12:33PM
Shiva Until 9:56PM
Taitila Until 11:56PM
Prathama* Until 12:10PM

Ganesha: Yellow Sunrise: 4:55AM
Muruga: Yellow Sunset: 7:17PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

St. Helena, CA
Sutra 35
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Monday, May 20, 2019

Vrischika Rasi: 26.14 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:54PM – 3:42PM
Yama 10:18AM – 12:06PM
Rahu 6:42AM – 8:30AM

Jyeshtha* Until 12:47PM
Siddha Until 8:50PM
Vanija Until 11:55PM
Dvitiya Until 11:49AM

Ganesha: Yellow Sunrise: 4:54AM
Muruga: Yellow Sunset: 7:18PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

St. Helena, CA
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Tuesday, May 21, 2019

Dhanus Rasi: 9.07 Tithi 18 – 19
Creative Work Amrita Yoga
Until 1:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:06PM – 1:54PM
Yama 8:30AM – 10:18AM
Rahu 3:42PM – 5:30PM

Mula* Until 1:59PM
Sadhya Until 8:18PM
Bava Until 12:37AM Wed
Tritiya Until 12:10PM

Ganesha: Red Sunrise: 4:53AM
Muruga: Yellow Sunset: 7:18PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

St. Helena, CA
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Wednesday, May 22, 2019

Dhanus Rasi: 21.4 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:18AM – 12:06PM
Yama 6:41AM – 8:29AM
Rahu 12:06PM – 1:54PM

Purvashadha* Until 3:43PM
Subha Until 8:19PM
Kaulava Until 1:59AM Thu
Chaturthi* Until 1:12PM

Ganesha: Red Sunrise: 4:53AM
Muruga: Yellow Sunset: 7:19PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

St. Helena, CA
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Thursday, May 23, 2019

Makara Rasi: 3.55 Tithi 20 – 21
Routine Work Marana Yoga
Until 5:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:29AM – 10:18AM
Yama 4:52AM – 6:41AM
Rahu 1:55PM – 3:43PM

Uttarashadha Until 5:52PM
Sukla Until 8:45PM
Gara Until 3:54AM Fri
Panchami Until 2:51PM

Ganesha: Red Sunrise: 4:52AM
Muruga: Yellow Sunset: 7:20PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

St. Helena, CA
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

5

Friday, May 24, 2019

Makara Rasi: 15.58 Tithi 21 – 22
Routine Work Marana Yoga
Until 8:47PM
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 6:40AM – 8:29AM
Yama 3:43PM – 5:32PM
Rahu 10:17AM – 12:06PM

Shravana Until 8:47PM
Brahma Until 9:31PM
Visti Until 6:11AM Sat
Shashthi* Until 4:59PM

Ganesha: Green Sunrise: 4:51AM
Muruga: Yellow Sunset: 7:21PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

St. Helena, CA
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

6

Saturday, May 25, 2019

Makara Rasi: 27.53 Tithi 22
Creative Work Siddha Yoga
Until 11:44PM
Then Creative Work - Amrita Yoga

298683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:51AM – 6:40AM
Yama 1:55PM – 3:44PM
Rahu 8:28AM – 10:17AM

Dhanishtha Until 11:44PM
Indra Until 10:29PM
Visti Until 6:11AM
Saptami Until 7:22PM

Ganesha: Red Sunrise: 4:51AM
Muruga: Yellow Sunset: 7:22PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

St. Helena, CA
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day



Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 9.45 Tithi 23
Creative Work Siddha Yoga
Until 2:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:44PM – 5:33PM
Yama 12:06PM – 1:55PM
Rahu 5:33PM – 7:22PM

Shatabhishak Until 2:32AM Mon
Vaidhriti* Until 11:25PM
Balava Until 8:37AM
Ashtami* Until 9:47PM

Ganesha: Blue Sunrise: 4:50AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

St. Helena, CA
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 21.38 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 5:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:56PM – 3:45PM
Yama 10:17AM – 12:06PM
Rahu 6:39AM – 8:28AM

Purvaproshtapada* Until 5:26AM Tue
Vishkambha* Until 12:12AM Tue
Taitila Until 10:57AM
Navami* Until 12:00AM Tue

Ganesha: Purple Sunrise: 4:50AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

St. Helena, CA
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA
Meena Rasi: 3.37	Tithi 25	Gulika	12:07PM – 1:56PM	Uttaraproshtpada Until 7:45AM Wed	Ganesha: Purple	<i>Sunrise: 4:49AM</i>	Sun 9	Sutra 44
		Yama	8:28AM – 10:17AM	Priti Until 12:43AM Wed	Muruqa: Yellow	<i>Sunset: 7:24PM</i>		Vikarin 5121
		318683469 Rahu	3:45PM – 5:35PM	Vanija Until 1:00PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Dashami Until 1:50AM Wed	Moon – Clear			2nd Phase
Until 7:45AM Wed					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
Meena Rasi: 15.46	Tithi 26	Gulika	10:17AM – 12:07PM	Uttaraproshtpada Until 7:45AM	Ganesha: Purple	<i>Sunrise: 4:49AM</i>	Sun 10	Sutra 45
		Yama	6:38AM – 8:28AM	Ayushman Until 12:47AM Thu	Muruqa: Yellow	<i>Sunset: 7:25PM</i>		Vikarin 5121
		318683469 Rahu	12:07PM – 1:56PM	Bava Until 2:34PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 3:07AM Thu	Moon – Clear			2nd Phase
Until 7:45AM					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				St. Helena, CA
Meena Rasi: 28.08	Tithi 27	Gulika	8:27AM – 10:17AM	Revati Until 9:22AM	Ganesha: Purple	<i>Sunrise: 4:48AM</i>	Sun 11	Sutra 46
		Yama	4:48AM – 6:38AM	Saubhagya Until 12:23AM Fri	Muruqa: Yellow	<i>Sunset: 7:25PM</i>		Vikarin 5121
		318683469 Rahu	1:56PM – 3:46PM	Kaulava Until 3:33PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Dvadashi* Until 3:47AM Fri	Moon – Clear			2nd Phase
Until 9:22AM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
Mesha Rasi: 10.49	Tithi 28	Gulika	6:38AM – 8:27AM	Ashvini Until 10:42AM	Ganesha: Clear	<i>Sunrise: 4:48AM</i>	Sun 12	Sutra 47
		Yama	3:46PM – 5:36PM	Sobhana Until 11:30PM	Muruqa: Yellow	<i>Sunset: 7:26PM</i>		Vikarin 5121
		328683469 Rahu	10:17AM – 12:07PM	Gara Until 3:54PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Trayodashi* Until 3:49AM Sat	Moon – White			2nd Phase
Until 10:42AM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
Mesha Rasi: 23.47	Tithi 29	Gulika	4:47AM – 6:37AM	Bharani Until 11:14AM	Ganesha: White	<i>Sunrise: 4:47AM</i>	Sun 13	Sutra 48
		Yama	1:57PM – 3:47PM	Athiganda* Until 10:05PM	Muruqa: Yellow	<i>Sunset: 7:27PM</i>		Vikarin 5121
		329683469 Rahu	8:27AM – 10:17AM	Visti Until 3:37PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Chaturdashi* Until 3:14AM Sun	Moon – White			2nd Phase
Until 11:14AM					Vaisaka-Vaikasi			Bhuloka Day
Then Creative Work - Amrita Yoga								Devaloka Time: 3:PM to 6:PM

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA
Retreat Star		Gulika	3:47PM – 5:37PM	Krittika Until 11:02AM	Ganesha: White	<i>Sunrise: 4:47AM</i>	Sun 14	Sutra 49
Vrishabha Rasi: 7.05	Tithi 30	Yama	12:07PM – 1:57PM	Sukarma Until 8:14PM	Muruqa: Yellow	<i>Sunset: 7:27PM</i>		Vikarin 5121
		329683469 Rahu	5:37PM – 7:27PM	Catuspada Until 2:44PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Amavasya* Until 2:05AM Mon	Moon – White			Amavasya
					Vaisaka-Vaikasi			Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

Monday, June 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA		
Retreat Star		Gulika	1:58PM – 3:48PM	Rohini Until 10:37AM	Ganesha: Green	<i>Sunrise: 4:47AM</i>	Sun 15	Sutra 50
Vrishabha Rasi: 20.4	Tithi 1	Yama	10:17AM – 12:07PM	Dhriti Until 6:01PM	Muruqa: Yellow	<i>Sunset: 7:28PM</i>		Vikarin 5121
Family Home Evening		339683469 Rahu	6:37AM – 8:27AM	Kintughna Until 1:22PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Prathama* Until 12:30AM Tue	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi			Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
Mithuna Rasi: 4.32	Tithi 2	Gulika	12:08PM – 1:58PM	Mrigashira Until 9:39AM	Ganesha: Green	<i>Sunrise: 4:46AM</i>	Sun 16	Sutra 51
		Yama	8:27AM – 10:17AM	Shula* Until 3:28PM	Muruqa: Yellow	<i>Sunset: 7:29PM</i>		Vikarin 5121
		339683461 Rahu	3:48PM – 5:38PM	Balava Until 11:35AM	Nataraja: Clear			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Dvitiya Until 10:34PM	Moon – Yellow			3rd Phase
Until 9:39AM					Jyeshtha-Vaikasi		Bhuloka Day	
Then Routine Work - Marana Yoga							Devaloka Time: 3:PM to 6:PM	

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
Mithuna Rasi: 18.35	Tithi 3	Gulika	10:17AM – 12:08PM	Ardra Until 8:14AM	Ganesha: Green	<i>Sunrise: 4:46AM</i>	Sun 17	Sutra 52
		Yama	6:36AM – 8:27AM	Ganda* Until 12:42PM	Muruqa: Yellow	<i>Sunset: 7:29PM</i>		Vikarin 5121
		339683461 Rahu	12:08PM – 1:58PM	Taitila Until 9:31AM	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Tritiya Until 8:23PM	Moon – Yellow			3rd Phase
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA
Kataka Rasi: 2.47	Tithi 4	Gulika	8:27AM – 10:17AM	Punarvasu Until 6:55AM	Ganesha: White	<i>Sunrise: 4:46AM</i>	Sun 18	Sutra 53
		Yama	4:46AM – 6:36AM	Vridhhi Until 9:48AM	Muruqa: Yellow	<i>Sunset: 7:30PM</i>		Vikarin 5121
		349683461 Rahu	1:58PM – 3:49PM	Vanija Until 7:15AM	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Amrita Yoga			Chaturthi* Until 6:04PM	Moon – Blue			3rd Phase
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA
Kataka Rasi: 17.02	Tithi 5 – 6	Gulika	6:36AM – 8:27AM	Ashlesha* Until 3:38AM Sat	Ganesha: White	<i>Sunrise: 4:46AM</i>	Sun 19	Sutra 54
		Yama	3:49PM – 5:40PM	Dhruva Until 6:49AM	Muruqa: Yellow	<i>Sunset: 7:30PM</i>		Vikarin 5121
		349683461 Rahu	10:17AM – 12:08PM	Kaulava Until 2:32AM Sat	Nataraja: Yellow			Moon 5 - Phase 8
Routine Work	Marana Yoga			Panchami Until 3:42PM	Moon – Blue			3rd Phase
Until 3:38AM Sat					Jyeshtha-Vaikasi		Bhuloka Day	
Then Creative Work - Amrita Yoga							Devaloka Time: 3:PM to 6:PM	

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				St. Helena, CA
Simha Rasi: 1.19	Tithi 6 – 7	Gulika	4:45AM – 6:36AM	Magha* Until 2:14AM Sun	Ganesha: Clear	<i>Sunrise: 4:45AM</i>	Sun 20	Sutra 55
		Yama	1:59PM – 3:50PM	Harshana Until 12:53AM Sun	Muruqa: Yellow	<i>Sunset: 7:31PM</i>		Vikarin 5121
		359683461 Rahu	8:27AM – 10:18AM	Gara Until 12:12AM Sun	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Amrita Yoga			Shashthi* Until 1:20PM	Moon – Red			3rd Phase
Until 2:14AM Sun					Jyeshtha-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
Simha Rasi: 15.33	Tithi 7 – 8	Gulika	3:50PM – 5:41PM	Purvaphalguni Until 12:48AM Mon	Ganesha: Yellow	<i>Sunrise: 4:45AM</i>	Sun 21	Sutra 56
		Yama	12:08PM – 1:59PM	Vajra* Until 10:00PM	Muruqa: Yellow	<i>Sunset: 7:32PM</i>		Vikarin 5121
		351683461 Rahu	5:41PM – 7:32PM	Visti Until 9:58PM	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Saptami Until 11:03AM	Moon – Red			Ashtami
					Jyeshtha-Vaikasi		Devaloka Day	

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
Simha Rasi: 29.43	Tithi 8 – 9	Gulika	1:59PM – 3:50PM	Uttaraphalguni Until 11:21PM	Ganesha: Yellow	<i>Sunrise: 4:45AM</i>	Sun 22	Sutra 57
		Yama	10:18AM – 12:09PM	Siddhi Until 7:14PM	Muruqa: Yellow	<i>Sunset: 7:32PM</i>		Vikarin 5121
Family Home Evening		351683461 Rahu	6:36AM – 8:27AM	Balava Until 7:51PM	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Ashtami* Until 8:52AM	Moon – Red			Navami
					Jyeshtha-Vaikasi		Devaloka Day	

1		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata*/Variyan Yoga Kaulava/Gara Karana Navami/Dashmyam Titau				St. Helena, CA
Kanya Rasi: 13.48		Tithi 9 – 10		361683461		Sun 23		Sutra 58
Creative Work		Siddha Yoga		Gulika	12:09PM – 2:00PM	Hasta Until 10:21PM	Ganesha: White	Sunrise: 4:45AM
				Yama	8:27AM – 10:18AM	Vyatipata* Until 4:36PM	Muruqa: Yellow	Sunset: 7:33PM
				Rahu	3:51PM – 5:42PM	Gara Until 4:58AM Wed	Nataraja: Yellow	Moon 5 - Phase 9
						Navami* Until 6:49AM	Moon – Green	4th Phase
							Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

2		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA
Kanya Rasi: 27.46		Tithi 11		361683461		Sun 24		Sutra 59
Creative Work		Siddha Yoga		Gulika	10:18AM – 12:09PM	Chitra Until 9:25PM	Ganesha: White	Sunrise: 4:45AM
				Yama	6:36AM – 8:27AM	Variyan Until 2:07PM	Muruqa: Yellow	Sunset: 7:33PM
				Rahu	12:09PM – 2:00PM	Vanija Until 4:08PM	Nataraja: Yellow	Moon 5 - Phase 9
						Ekadashi Until 3:20AM Thu	Moon – Green	4th Phase
							Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA
Tula Rasi: 11.35		Tithi 12		361683461		Sun 25		Sutra 60
Creative Work		Amrita Yoga		Gulika	8:27AM – 10:18AM	Svati Until 8:37PM	Ganesha: White	Sunrise: 4:45AM
Until 8:37PM				Yama	4:45AM – 6:36AM	Parigha* Until 11:51AM	Muruqa: Yellow	Sunset: 7:33PM
Then Creative Work - Siddha Yoga				Rahu	2:00PM – 3:51PM	Bava Until 2:39PM	Nataraja: Yellow	Moon 5 - Phase 9
						Dvadashi Until 2:00AM Fri	Moon – Green	4th Phase
							Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

4		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA
Tula Rasi: 25.13		Tithi 13		371693461		Sun 26		Sutra 61
Creative Work		Siddha Yoga		Gulika	6:36AM – 8:27AM	Vishakha Until 8:27PM	Ganesha: Clear	Sunrise: 4:45AM
				Yama	3:52PM – 5:43PM	Shiva Until 9:52AM	Muruqa: Blue	Sunset: 7:34PM
				Rahu	10:18AM – 12:09PM	Kaulava Until 1:29PM	Nataraja: Yellow	Moon 5 - Phase 9
						Trayodashi Until 1:01AM Sat	Moon – Orange	4th Phase
				Vaikasi Visakam			Jyeshtha-Vaikasi	Sivaloka Day
						<i>Pradosha Vrata</i>		

5		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA
Vrischika Rasi: 8.38		Tithi 14		371793461		Sun 27		Sutra 62
Creative Work		Siddha Yoga		Gulika	4:45AM – 6:36AM	Anuradha Until 8:33PM	Ganesha: White	Sunrise: 4:45AM
				Yama	2:01PM – 3:52PM	Siddha Until 8:09AM	Muruqa: Blue	Sunset: 7:34PM
				Rahu	8:27AM – 10:18AM	Gara Until 12:43PM	Nataraja: Yellow	Moon 5 - Phase 9
						Chaturdashi* Until 12:29AM Sun	Moon – Orange	4th Phase
							Jyeshtha-Ani	Subha Sivaloka Day

○		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA
Copper Retreat Star		Vrischika Rasi: 21.49		Tithi 15		371793461		Sutra 63
Routine Work		Marana Yoga		Gulika	3:52PM – 5:43PM	Jyeshtha* Until 8:59PM	Ganesha: White	Sunrise: 4:45AM
Until 8:59PM				Yama	12:10PM – 2:01PM	Sadhya Until 6:49AM	Muruqa: Blue	Sunset: 7:35PM
Then Creative Work - Amrita Yoga				Rahu	5:43PM – 7:35PM	Visti Until 12:25PM	Nataraja: Yellow	Moon 5 - Phase 9
				Father's Day		Purnima* Until 12:27AM Mon	Moon – Orange	Purnima
							Jyeshtha-Ani	Subha Sivaloka Day

Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA		
Silver Retreat Star		Dhanus Rasi: 4.43		Tithi 16		381793461		Sutra 64
Family Home Evening		Creative Work		Siddha Yoga				
Until 10:16PM				Gulika	2:01PM – 3:52PM	Mula* Until 10:16PM	Ganesha: Clear	Sunrise: 4:45AM
Then Routine Work - Marana Yoga				Yama	10:19AM – 12:10PM	Sukla Until 5:26AM Tue	Muruqa: Blue	Sunset: 7:35PM
				Rahu	6:36AM – 8:28AM	Balava Until 12:39PM	Nataraja: Yellow	Moon 5 - Phase 9
						Prathama* Until 12:58AM Tue	Moon – Light Blue	Prathama
							Jyeshtha-Ani	Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Taitila/Gara Karana Dvilyayam Titau

St. Helena, CA
Sun 1
Sutra 65

Dhanus Rasi: 17.22 Tithi 17

381793461

Gulika 12:10PM – 2:01PM
Yama 8:28AM – 10:19AM
Rahu 3:53PM – 5:44PM

Purvashadha* Until 11:57PM

Brahma Until 5:24AM Wed
Taitila Until 1:28PM

Dvitiya Until 2:03AM Wed

Ganesha: Clear *Sunrise:* 4:45AM
Muruqa: Blue *Sunset:* 7:35PM

Nataraja: Yellow
Moon – Light Blue

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 11:57PM

Then Routine Work - Prabararishta Yoga

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vanija/Visti* Karana Trityayam Titau

St. Helena, CA
Sun 2
Sutra 66

Dhanus Rasi: 29.45 Tithi 18

382793461

Gulika 10:19AM – 12:10PM
Yama 6:37AM – 8:28AM
Rahu 12:10PM – 2:02PM

Uttarashadha Until 1:59AM Thu

Indra Until 5:47AM Thu
Vanija Until 2:49PM

Tritiya Until 3:40AM Thu

Ganesha: Purple *Sunrise:* 4:45AM
Muruqa: Blue *Sunset:* 7:36PM

Nataraja: Yellow
Moon – Light Blue

Devaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 1:59AM Thu

Then Creative Work - Siddha Yoga

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA
Sun 3
Sutra 67

Makara Rasi: 11.56 Tithi 19

392793461

Gulika 8:28AM – 10:19AM
Yama 4:46AM – 6:37AM
Rahu 2:02PM – 3:53PM

Shravana Until 4:46AM Fri

Vaidhriti* Until 6:27AM Fri
Bava Until 4:40PM

Chaturthi* Until 5:42AM Fri

Ganesha: Clear *Sunrise:* 4:46AM
Muruqa: Blue *Sunset:* 7:36PM

Nataraja: Yellow
Moon – Purple

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Panchamyam Titau

St. Helena, CA
Sun 4
Sutra 68

Makara Rasi: 23.56 Tithi 20

392793461

Gulika 6:37AM – 8:28AM
Yama 3:53PM – 5:45PM
Rahu 10:20AM – 12:11PM

Dhanishtha Until 7:39AM Sat

Vaidhriti* Until 6:27AM
Kaulava Until 6:51PM

Panchami Until 8:00AM Sat

Ganesha: Clear *Sunrise:* 4:46AM
Muruqa: Blue *Sunset:* 7:36PM

Nataraja: Yellow
Moon – Purple

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 7:39AM Sat

Then Creative Work - Amrita Yoga

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA
Sun 5
Sutra 69

Kumbha Rasi: 5.5 Tithi 20 – 21

392793461

Gulika 4:46AM – 6:37AM
Yama 2:02PM – 3:54PM
Rahu 8:29AM – 10:20AM

Dhanishtha Until 7:39AM

Vishkambha* Until 7:21AM
Gara Until 9:13PM

Panchami Until 8:00AM

Ganesha: Clear *Sunrise:* 4:46AM
Muruqa: Blue *Sunset:* 7:36PM

Nataraja: Yellow
Moon – Purple

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 7:39AM

Then Creative Work - Amrita Yoga

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA
Sun 6
Sutra 70

Kumbha Rasi: 17.43 Tithi 21 – 22

392793461

Gulika 3:54PM – 5:45PM
Yama 12:11PM – 2:03PM
Rahu 5:45PM – 7:36PM

Shatabhishak Until 10:27AM

Priti Until 8:20AM
Visti Until 11:35PM

Shashthi* Until 10:24AM

Ganesha: Clear *Sunrise:* 4:46AM
Muruqa: Blue *Sunset:* 7:36PM

Nataraja: Yellow
Moon – Purple

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

D

Monday, June 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA
Sun 7
Sutra 71

Kumbha Rasi: 29.36 Tithi 22 – 23

312793461

Gulika 2:03PM – 3:54PM
Yama 10:20AM – 12:11PM
Rahu 6:38AM – 8:29AM

Purvaproshtapada* Until 1:29PM

Ayushman Until 9:12AM
Balava Until 1:45AM Tue

Saptami Until 12:41PM

Ganesha: Yellow *Sunrise:* 4:47AM
Muruqa: Blue *Sunset:* 7:36PM

Nataraja: Yellow
Moon – Clear

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Routine Work Marana Yoga

Until 1:29PM

Then Creative Work - Siddha Yoga

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA
Sun 8
Sutra 72

Meena Rasi: 11.35 Tithi 23 – 24

312793461

Gulika 12:12PM – 2:03PM
Yama 8:29AM – 10:20AM
Rahu 3:54PM – 5:45PM

Uttaraproshtapada Until 4:03PM

Saubhagya Until 9:53AM
Taitila Until 3:31AM Wed

Ashtami* Until 2:40PM

Ganesha: Yellow *Sunrise:* 4:47AM
Muruqa: Blue *Sunset:* 7:37PM

Nataraja: Yellow
Moon – Clear

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
Navami

Creative Work Amrita Yoga

Until 4:03PM

Then Creative Work - Siddha Yoga


1	Wednesday, June 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA
	Meena Rasi: 23.45	Tithi 24 – 25	Gulika 10:21AM – 12:12PM	Revati Until 5:59PM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Sun 9 Vikarin 5121
			Yama 6:38AM – 8:30AM	Sobhana Until 10:14AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11
	Routine Work	Marana Yoga	312793461 Rahu 12:12PM – 2:03PM	Vanija Until 4:43AM Thu	Nataraja: Yellow		2nd Phase
			Navami* Until 4:10PM	Moon – Clear		Sivaloka Day	
				Jyeshtha-Ani			

2	Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Mesha Rasi: 6.09	Tithi 25 – 26	Gulika 8:30AM – 10:21AM	Ashvini Until 7:38PM	Ganesha: Blue	<i>Sunrise:</i> 4:48AM	Sun 10 Vikarin 5121
			Yama 4:48AM – 6:39AM	Athiganda* Until 10:06AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11
	Creative Work	Amrita Yoga	322793461 Rahu 2:03PM – 3:54PM	Bava Until 5:16AM Fri	Nataraja: Yellow		2nd Phase
			Dashami Until 5:04PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			
				Then Creative Work - Siddha Yoga			

3	Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Mesha Rasi: 18.51	Tithi 26 – 27	Gulika 6:39AM – 8:30AM	Bharani Until 8:26PM	Ganesha: Blue	<i>Sunrise:</i> 4:48AM	Sun 11 Vikarin 5121
			Yama 3:54PM – 5:46PM	Sukarma Until 9:27AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	322793461 Rahu 10:21AM – 12:12PM	Kaulava Until 5:06AM Sat	Nataraja: Yellow		2nd Phase
			Ekadashi* Until 5:15PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

4	Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Vrishabha Rasi: 1.54	Tithi 27 – 28	Gulika 4:48AM – 6:39AM	Krittika Until 8:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:48AM	Sun 12 Vikarin 5121
			Yama 2:04PM – 3:55PM	Dhriti Until 8:14AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11
	Creative Work	Amrita Yoga	322793461 Rahu 8:30AM – 10:21AM	Gara Until 4:12AM Sun	Nataraja: Yellow		2nd Phase
			Dvadashi* Until 4:43PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Vrishabha Rasi: 15.2	Tithi 28 – 29	Gulika 3:55PM – 5:46PM	Rohini Until 7:56PM	Ganesha: Blue	<i>Sunrise:</i> 4:49AM	Sun 13 Vikarin 5121
			Yama 12:13PM – 2:04PM	Shula* Until 6:25AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	332793461 Rahu 5:46PM – 7:37PM	Visti Until 2:39AM Mon	Nataraja: Yellow		2nd Phase
			Trayodashi* Until 3:29PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			

	Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
	Retreat Star		Gulika 2:04PM – 3:55PM	Mrigashira Until 6:46PM	Ganesha: Blue	<i>Sunrise:</i> 4:49AM	Sun 14 Vikarin 5121
	Vrishabha Rasi: 29.1	Tithi 29 – 30	Yama 10:22AM – 12:13PM	Vriddhi Until 1:20AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 11
	Family Home Evening		332793461 Rahu 6:40AM – 8:31AM	Catuspada Until 12:33AM Tue	Nataraja: Yellow		Amavasya
			Chaturdashi* Until 1:39PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			
				Then Creative Work - Siddha Yoga			

6	Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
	Retreat Star		Gulika 12:13PM – 2:04PM	Ardra Until 4:59PM	Ganesha: Red	<i>Sunrise:</i> 4:50AM	Sun 15 Vikarin 5121
	Mithuna Rasi: 13.2	Tithi 30 – 1	Yama 8:31AM – 10:22AM	Dhruva Until 10:12PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 11
	Routine Work	Marana Yoga	333793461 Rahu 3:55PM – 5:46PM	Kintughna Until 10:00PM	Nataraja: Yellow		Prathama
			Amavasya* Until 11:18AM	Moon – Yellow		Sivaloka Day	
				Ashada-Ani			
			Total Solar Eclipse	Then Creative Work - Siddha Yoga			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 16 Sutra 80	
Mithuna Rasi: 27.46	Tithi 1 – 2	Gulika 10:22AM – 12:13PM	Punarvasu Until 3:08PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 6:41AM – 8:32AM	Vyaghata* Until 6:49PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	343793461 Rahu 12:13PM – 2:04PM	Balava Until 7:10PM	Nataraja: Yellow		3rd Phase	
			Prathama* Until 8:36AM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

2		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau		St. Helena, CA Sun 17 Sutra 81	
Kataka Rasi: 12.23	Tithi 3	Gulika 8:32AM – 10:23AM	Pushya Until 12:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
		Yama 4:51AM – 6:41AM	Harshana Until 3:19PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	343793461 Rahu 2:04PM – 3:55PM	Taitila Until 4:10PM	Nataraja: Yellow		3rd Phase	
Until 12:58PM			Tritiya Until 2:37AM Fri	Moon – Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

3		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visti* Karana Chaturthyam Titau		St. Helena, CA Sun 18 Sutra 82	
Kataka Rasi: 27.05	Tithi 4	Gulika 6:42AM – 8:32AM	Ashlesha* Until 10:37AM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
		Yama 3:55PM – 5:45PM	Vajra* Until 11:45AM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
Routine Work	Marana Yoga	343793461 Rahu 10:23AM – 12:14PM	Vanija Until 1:08PM	Nataraja: Yellow		3rd Phase	
			Chaturthi* Until 11:37PM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

4		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		St. Helena, CA Sun 19 Sutra 83	
Simha Rasi: 11.44	Tithi 5	Gulika 4:52AM – 6:42AM	Magha* Until 8:37AM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama 2:04PM – 3:55PM	Siddhi Until 8:17AM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	453793461 Rahu 8:33AM – 10:23AM	Bava Until 10:11AM	Nataraja: Yellow		3rd Phase	
Until 8:37AM			Panchami Until 8:46PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

5		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyyan Yoga Kaulava/Taitila Karana Shashthyam Titau		St. Helena, CA Sun 20 Sutra 84	
Simha Rasi: 26.15	Tithi 6	Gulika 3:55PM – 5:45PM	Purvaphalguni Until 6:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama 12:14PM – 2:04PM	Variyan Until 1:53AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	453793461 Rahu 5:45PM – 7:35PM	Kaulava Until 7:27AM	Nataraja: Yellow		3rd Phase	
Until 6:40AM			Shashthi* Until 6:10PM	Moon – Red		Sivaloka Day	
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam		Ashada*Ani			

6		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 85	
Kanya Rasi: 10.34	Tithi 7 – 8	Gulika 2:04PM – 3:55PM	Hasta Until 3:43AM Tue	Ganesha: White	<i>Sunrise:</i> 4:53AM	Vikarin 5121	
Family Home Evening		Yama 10:24AM – 12:14PM	Parigha* Until 11:06PM	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	463793461 Rahu 6:43AM – 8:34AM	Visti Until 2:54AM Tue	Nataraja: Yellow		3rd Phase	
			Saptami Until 3:53PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

☾		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Helena, CA Sun 22 Sutra 86	
Retreat Star		Gulika 12:14PM – 2:04PM	Chitra Until 2:50AM Wed	Ganesha: White	<i>Sunrise:</i> 4:54AM	Vikarin 5121	
Kanya Rasi: 24.39	Tithi 8 – 9	Yama 8:34AM – 10:24AM	Shiva Until 8:39PM	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	463793461 Rahu 3:54PM – 5:45PM	Balava Until 1:14AM Wed	Nataraja: Yellow		Ashtami	
			Ashtami* Until 2:00PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

☽		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 23 Sutra 87	
Retreat Star		Gulika 10:24AM – 12:14PM	Svati Until 2:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Vikarin 5121	
Tula Rasi: 8.28	Tithi 9 – 10	Yama 6:44AM – 8:34AM	Siddha Until 6:32PM	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	463893461 Rahu 12:14PM – 2:04PM	Taitila Until 12:00AM Thu	Nataraja: Yellow		Navami	
			Navami* Until 12:32PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 88
	Tula Rasi: 22	Tithi 10 – 11	Gulika 8:35AM – 10:25AM	Vishakha Until 2:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:55AM	Vikarin 5121
			Yama 4:55AM – 6:45AM	Sadhya Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 2:04PM – 3:54PM	Vanija Until 11:13PM	Nataraja: Yellow		4th Phase
			Dashami Until 11:32AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 89
	Vischika Rasi: 5.17	Tithi 11 – 12	Gulika 6:45AM – 8:35AM	Anuradha Until 2:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:56AM	Vikarin 5121
			Yama 3:54PM – 5:44PM	Subha Until 3:28PM	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:25AM – 12:15PM	Bava Until 10:56PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 11:00AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 90
	Vischika Rasi: 18.19	Tithi 12 – 13	Gulika 4:56AM – 6:46AM	Jyeshtha* Until 3:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:56AM	Vikarin 5121
			Yama 2:04PM – 3:54PM	Sukla Until 2:29PM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:35AM – 10:25AM	Kaulava Until 11:07PM	Nataraja: Yellow		4th Phase
			Dvadashi Until 10:56AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			
				<i>Pradosha Vrata</i>			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 91
	Dhanus Rasi: 1.07	Tithi 13 – 14	Gulika 3:54PM – 5:43PM	Mula* Until 5:18AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Vikarin 5121
			Yama 12:15PM – 2:04PM	Brahma Until 1:53PM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	483893461 Rahu 5:43PM – 7:33PM	Gara Until 11:47PM	Nataraja: Yellow		4th Phase
			Trayodashi Until 11:22AM	Moon – Light Blue		Sivaloka Day	
				Ashada•Ani			

	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sun 28 Sutra 92
	Dhanus Rasi: 13.41	Tithi 14 – 15	Gulika 2:04PM – 3:54PM	Purvashadha* Until 7:10AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Vikarin 5121
	Family Home Evening		Yama 10:26AM – 12:15PM	Indra Until 1:41PM	Muruqa: Blue	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	483893461 Rahu 6:47AM – 8:36AM	Visti Until 12:54AM Tue	Nataraja: Yellow		Purnima
			Chaturdashi* Until 12:16PM	Moon – Light Blue		Sivaloka Day	
			Satguru Purnima	Ashada•Ani			

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sun 29 Sutra 93
	Dhanus Rasi: 26.03	Tithi 15 – 16	Gulika 12:15PM – 2:04PM	Purvashadha* Until 7:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Vikarin 5121
			Yama 8:37AM – 10:26AM	Vaidhriti* Until 1:48PM	Muruqa: Blue	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 3:53PM – 5:42PM	Balava Until 2:28AM Wed	Nataraja: Yellow		Prathama
			Purnima* Until 1:37PM	Moon – Light Blue		Sivaloka Day	
			Partial Lunar Eclipse	Ashada•Adi			



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 94

Makara Rasi: 8.14 Tithi 16 - 17

Gulika 10:26AM - 12:15PM
Yama 6:48AM - 8:37AM
494893462 **Rahu** 12:15PM - 2:04PM

Uttarashadha Until 9:18AM
Vishkambha* Until 2:14PM
Taitila Until 4:24AM Thu
Prathama* Until 3:23PM

Ganesha: Purple
Muruqa: Blue
Nataraja: White
Moon - Light Blue
Ashada-Adi

Sunrise: 4:59AM
Sunset: 7:31PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 9:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 95

Makara Rasi: 20.17 Tithi 17 - 18

Gulika 8:37AM - 10:26AM
Yama 5:00AM - 6:49AM
494893462 **Rahu** 2:04PM - 3:53PM

Shravana Until 12:05PM
Priti Until 2:57PM
Vanija Until 6:37AM Fri
Dvitiya Until 5:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada-Adi

Sunrise: 5:00AM
Sunset: 7:30PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 96

Kumbha Rasi: 2.13 Tithi 18

Gulika 6:49AM - 8:38AM
Yama 3:53PM - 5:41PM
494893462 **Rahu** 10:27AM - 12:15PM

Dhanishtha Until 2:57PM
Ayushman Until 3:49PM
Vanija Until 6:37AM
Tritiya Until 7:47PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada-Adi

Sunrise: 5:01AM
Sunset: 7:30PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

St. Helena, CA

Sun 3 Sutra 97

Kumbha Rasi: 14.06 Tithi 19

Gulika 5:01AM - 6:50AM
Yama 2:04PM - 3:52PM
494893462 **Rahu** 8:38AM - 10:27AM

Shatabhishak Until 5:45PM
Saubhagya Until 4:48PM
Bava Until 9:00AM
Chaturthi* Until 10:12PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada-Adi

Sunrise: 5:01AM
Sunset: 7:29PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 5:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 4 Sutra 98

Kumbha Rasi: 25.57 Tithi 20

Gulika 3:52PM - 5:40PM
Yama 12:15PM - 2:04PM
414893462 **Rahu** 5:40PM - 7:28PM

Purvaproshtapada* Until 8:53PM
Sobhana Until 5:46PM
Kaulava Until 11:25AM
Panchami Until 12:34AM Mon

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada-Adi

Sunrise: 5:02AM
Sunset: 7:28PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 8:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 5 Sutra 99

Meena Rasi: 7.51 Tithi 21

Family Home Evening

Gulika 2:03PM - 3:52PM
Yama 10:27AM - 12:15PM
414893462 **Rahu** 6:51AM - 8:39AM

Uttaraproshtapada Until 11:40PM
Athiganda* Until 6:35PM
Gara Until 1:42PM
Shashthi* Until 2:44AM Tue

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada-Adi

Sunrise: 5:03AM
Sunset: 7:28PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

St. Helena, CA

Sun 6 Sutra 100

Meena Rasi: 19.5 Tithi 22

Gulika 12:15PM - 2:03PM
Yama 8:40AM - 10:27AM
414893462 **Rahu** 3:51PM - 5:39PM

Revati Until 1:57AM Wed
Sukarma Until 7:11PM
Visti Until 3:42PM
Saptami Until 4:32AM Wed

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada-Adi

Sunrise: 5:04AM
Sunset: 7:27PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 1:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

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Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 7 Sutra 101

Mesha Rasi: 1.58 Tithi 23

Gulika 10:28AM - 12:15PM
Yama 6:52AM - 8:40AM
424893462 **Rahu** 12:15PM - 2:03PM

Ashvini Until 4:04AM Thu
Dhriti Until 7:26PM
Balava Until 5:16PM
Ashtami* Until 5:48AM Thu

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada-Adi

Sunrise: 5:05AM
Sunset: 7:26PM

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Until 4:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila Karana Navamyam Titau

St. Helena, CA

Sun 8 Sutra 102

Mesha Rasi: 14.19 Tithi 24

Gulika 8:40AM - 10:28AM
Yama 5:05AM - 6:53AM
424893462 **Rahu** 2:03PM - 3:50PM

Bharani Until 5:23AM Fri
Shula* Until 7:10PM
Taitila Until 6:13PM
Navami* Until 6:25AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada-Adi

Sunrise: 5:05AM
Sunset: 7:25PM

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		St. Helena, CA Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 26.59	Tithi 24 – 25	Gulika 6:54AM – 8:41AM	Krittika Until 5:49AM Sat	Ganesha: White	<i>Sunrise:</i> 5:06AM		
		Yama 3:50PM – 5:37PM	Ganda* Until 6:22PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM		Moon 7 - Phase 15
		424893462 Rahu 10:28AM – 12:15PM	Vanija Until 6:27PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:25AM	Moon – White		Subha Subha Sivaloka Day	
Until 5:49AM Sat							
Then Creative Work - Amrita Yoga							

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 10 Sutra 104 Vikarin 5121	
Vrishabha Rasi: 10	Tithi 25 – 26	Gulika 5:07AM – 6:54AM	Rohini Until 5:47AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM		
		Yama 2:02PM – 3:50PM	Vriddhi Until 4:57PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM		Moon 7 - Phase 15
		434893462 Rahu 8:41AM – 10:28AM	Balava Until 5:20AM Sun	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 6:16AM	Moon – Yellow		Subha Sivaloka Day	
Until 5:47AM Sun							
Then Creative Work - Siddha Yoga							

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Helena, CA Sun 11 Sutra 105 Vikarin 5121	
Vrishabha Rasi: 23.27	Tithi 27	Gulika 3:49PM – 5:36PM	Mrigashira Until 4:51AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM		
		Yama 12:15PM – 2:02PM	Dhruva Until 2:53PM	Muruqa: Blue	<i>Sunset:</i> 7:23PM		Moon 7 - Phase 15
		434893462 Rahu 5:36PM – 7:23PM	Kaulava Until 4:36PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:39AM Mon	Moon – Yellow		Subha Sivaloka Day	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 7.2	Tithi 28	Gulika 2:02PM – 3:49PM	Ardra Until 3:07AM Tue	Ganesha: White	<i>Sunrise:</i> 5:09AM		
Family Home Evening		Yama 10:29AM – 12:15PM	Vyaghata* Until 12:14PM	Muruqa: Blue	<i>Sunset:</i> 7:22PM		Moon 7 - Phase 15
		435893462 Rahu 6:55AM – 8:42AM	Gara Until 2:35PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:19AM Tue	Moon – Yellow		Sivaloka Day	

Pradosha Vrata (Fasting)

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Helena, CA Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 21.38	Tithi 29	Gulika 12:15PM – 2:02PM	Punarvasu Until 1:09AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:10AM		
		Yama 8:42AM – 10:29AM	Harshana Until 9:07AM	Muruqa: Blue	<i>Sunset:</i> 7:21PM		Moon 7 - Phase 15
		445893462 Rahu 3:48PM – 5:35PM	Visti Until 11:57AM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:27PM	Moon – Blue		Sivaloka Day	

Retreat Star		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 14 Sutra 108 Vikarin 5121	
Kataka Rasi: 6.19	Tithi 30	Gulika 10:29AM – 12:15PM	Pushya Until 10:40PM	Ganesha: Green	<i>Sunrise:</i> 5:10AM		
		Yama 6:57AM – 8:43AM	Siddhi Until 1:43AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:20PM		Moon 7 - Phase 15
		445893462 Rahu 12:15PM – 2:01PM	Catuspada Until 8:52AM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:11PM	Moon – Blue		Sivaloka Day	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		St. Helena, CA Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 21.14	Tithi 1 – 2	Gulika 8:43AM – 10:29AM	Ashlesha* Until 7:50PM	Ganesha: Green	<i>Sunrise:</i> 5:11AM		
		Yama 5:11AM – 6:57AM	Vyatipata* Until 9:45PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM		Moon 7 - Phase 15
		445893462 Rahu 2:01PM – 3:47PM	Balava Until 1:55AM Fri	Nataraja: White			Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:41PM	Moon – Blue		Sivaloka Day	
Until 7:50PM							
Then Creative Work - Amrita Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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1		Friday, August 2, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dviliya/Tritiyam Titau	St. Helena, CA
Simha Rasi: 6.17	Tithi 2 – 3	455893462	Gulika 6:58AM – 8:44AM Yama 3:47PM – 5:32PM Rahu 10:29AM – 12:15PM	Magha* Until 5:13PM Variyan Until 5:43PM Taitila Until 10:22PM Dvitiya Until 12:07PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Red	Sunrise: 5:12AM Sunset: 7:18PM	Sun 16 Sutra 110 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Routine Work	Marana Yoga						Sivaloka Day
Until 5:13PM							
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau	St. Helena, CA
Simha Rasi: 21.19	Tithi 3 – 4	455893462	Gulika 5:13AM – 6:59AM Yama 2:01PM – 3:46PM Rahu 8:44AM – 10:30AM	Purvaphalguni Until 2:36PM Parigha* Until 1:49PM Vanija Until 6:57PM Tritiya Until 8:37AM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Red	Sunrise: 5:13AM Sunset: 7:17PM	Sun 17 Sutra 111 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Creative Work	Siddha Yoga						Sivaloka Day
Until 2:36PM							
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	St. Helena, CA
Kanya Rasi: 6.1	Tithi 5	455993462	Gulika 3:45PM – 5:31PM Yama 12:15PM – 2:00PM Rahu 5:31PM – 7:16PM	Uttaraphalguni Until 12:06PM Shiva Until 10:08AM Bava Until 3:51PM Panchami Until 2:26AM Mon	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Red	Sunrise: 5:14AM Sunset: 7:16PM	Sun 18 Sutra 112 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Creative Work	Amrita Yoga						Subha Sivaloka Day
			Nag Panchami				
Then Routine Work - Marana Yoga							

4		Monday, August 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashtham Titau	St. Helena, CA
Kanya Rasi: 20.45	Tithi 6	465993462	Gulika 2:00PM – 3:45PM Yama 10:30AM – 12:15PM Rahu 7:00AM – 8:45AM	Hasta Until 10:17AM Siddha Until 6:45AM Kaulava Until 1:10PM Shashthi* Until 12:00AM Tue	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green	Sunrise: 5:15AM Sunset: 7:15PM	Sun 19 Sutra 113 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Family Home Evening	Siddha Yoga						Subha Subha Sivaloka Day
Until 10:17AM							
Then Routine Work - Prabararishta Yoga							

5		Tuesday, August 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau	St. Helena, CA
Tula Rasi: 4.59	Tithi 7	465993462	Gulika 12:15PM – 1:59PM Yama 8:45AM – 10:30AM Rahu 3:44PM – 5:29PM	Chitra Until 8:52AM Subha Until 1:21AM Wed Gara Until 11:02AM Saptami Until 10:10PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green	Sunrise: 5:16AM Sunset: 7:14PM	Sun 20 Sutra 114 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Creative Work	Siddha Yoga						Subha Subha Sivaloka Day

Retreat Star		Wednesday, August 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau	St. Helena, CA
Tula Rasi: 18.49	Tithi 8	466993462	Gulika 10:30AM – 12:15PM Yama 7:01AM – 8:46AM Rahu 12:15PM – 1:59PM	Svati Until 7:54AM Sukla Until 11:25PM Visti Until 9:30AM Ashtami* Until 8:59PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Green	Sunrise: 5:17AM Sunset: 7:13PM	Sun 21 Sutra 115 Vikarin 5121 Moon 7 - Phase 16 Ashtami
Creative Work	Siddha Yoga						Subha Sivaloka Day

Retreat Star		Thursday, August 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau	St. Helena, CA
Vrischika Rasi: 2.16	Tithi 9	476993462	Gulika 8:46AM – 10:30AM Yama 5:17AM – 7:02AM Rahu 1:59PM – 3:43PM	Vishakha Until 7:54AM Brahma Until 10:02PM Balava Until 8:39AM Navami* Until 8:28PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 5:17AM Sunset: 7:12PM	Sun 22 Sutra 116 Vikarin 5121 Moon 7 - Phase 16 Navami
Creative Work	Siddha Yoga						Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1		Friday, August 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	St. Helena, CA Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 15.22	Tithi 10	Gulika 7:02AM – 8:46AM	Anuradha Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM		
		Yama 3:42PM – 5:26PM	Indra Until 9:10PM	Muruqa: Blue	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 17	
		476993462 Rahu 10:30AM – 12:14PM	Taitila Until 8:28AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day	
Until 8:24AM		Varalakshmi Vratam	Dashami Until 8:36PM	Sravana*Adi			
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	St. Helena, CA Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 28.08	Tithi 11	Gulika 5:19AM – 7:03AM	Jyeshtha* Until 9:22AM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM		
		Yama 1:58PM – 3:42PM	Vaidhriti* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17	
		476993462 Rahu 8:47AM – 10:30AM	Vanija Until 8:55AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day	
			Ekadashi Until 9:20PM	Sravana*Adi			

3		Sunday, August 11, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	St. Helena, CA Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 10.38	Tithi 12	Gulika 3:41PM – 5:25PM	Mula* Until 11:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM		
		Yama 12:14PM – 1:58PM	Vishkambha* Until 8:46PM	Muruqa: Blue	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 17	
		486993462 Rahu 5:25PM – 7:08PM	Bava Until 9:56AM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga			Moon – Light Blue		Subha Sivaloka Day	
Until 11:12AM			Dvadashi Until 10:36PM	Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	St. Helena, CA Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 22.56	Tithi 13	Gulika 1:57PM – 3:40PM	Purvashadha* Until 1:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM		
Family Home Evening		Yama 10:31AM – 12:14PM	Priti Until 9:07PM	Muruqa: Blue	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 17	
Routine Work	Marana Yoga	486993462 Rahu 7:04AM – 8:47AM	Kaulava Until 11:25AM	Nataraja: White		4th Phase	
				Moon – Light Blue		Subha Sivaloka Day	
			Trayodashi Until 12:17AM Tue	Sravana*Adi			
			<i>Pradosha Vrata</i>				

5		Tuesday, August 13, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	St. Helena, CA Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 5.04	Tithi 14	Gulika 12:14PM – 1:57PM	Uttarashadha Until 3:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM		
		Yama 8:48AM – 10:31AM	Ayushman Until 9:42PM	Muruqa: Blue	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17	
		486993462 Rahu 3:40PM – 5:23PM	Gara Until 1:16PM	Nataraja: White		4th Phase	
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Subha Sivaloka Day	
Until 3:38PM			Chaturdashi* Until 2:18AM Wed	Sravana*Adi			
Then Creative Work - Siddha Yoga							

		Wednesday, August 14, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau	St. Helena, CA Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:31AM – 12:13PM	Shravana Until 6:33PM	Ganesha: White	<i>Sunrise:</i> 5:23AM		
Makara Rasi: 17.05	Tithi 15	Yama 7:05AM – 8:48AM	Saubhagya Until 10:29PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 17	
		496993462 Rahu 12:13PM – 1:56PM	Visti Until 3:25PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day	
Until 6:33PM		Raksha Bandhan	Purnima* Until 4:32AM Thu	Sravana*Adi			
Then Routine Work - Prabalarishta Yoga							

0		Thursday, August 15, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau	St. Helena, CA Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:48AM – 10:31AM	Dhanishtha Until 9:27PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM		
Makara Rasi: 29	Tithi 16	Yama 5:24AM – 7:06AM	Sobhana Until 11:24PM	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 17	
		497993462 Rahu 1:56PM – 3:38PM	Balava Until 5:44PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Moon – Purple		Subha Sivaloka Day	
			Prathama* Until 6:55AM Fri	Sravana*Adi			



Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA
Sutra 124

Kumbha Rasi: 10.53 Tithi 16 – 17

497993462

Gulika 7:07AM – 8:49AM
Yama 3:37PM – 5:20PM
Rahu 10:31AM – 12:13PM

Shatabhishak Until 12:16AM Sat
Athiganda* Until 12:21AM Sat
Taitila Until 8:10PM
Prathama* Until 6:55AM

Ganesha: Yellow
Muruqa: Blue
Nataraja: White
Moon – Purple

Sunrise: 5:24AM
Sunset: 7:02PM

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:16AM Sat

Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA
Sun 1 Sutra 125

Kumbha Rasi: 22.44 Tithi 17 – 18

517993462

Gulika 5:25AM – 7:07AM
Yama 1:55PM – 3:37PM
Rahu 8:49AM – 10:31AM

Purvaproshtapada* Until 3:25AM Sun
Sukarma Until 1:18AM Sun
Vanija Until 10:35PM
Dvitiya Until 9:21AM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear

Sunrise: 5:25AM
Sunset: 7:00PM

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 3:25AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA
Sun 2 Sutra 126

Meena Rasi: 5 Tithi 18 – 19

517993462

Gulika 3:36PM – 5:17PM
Yama 12:13PM – 1:54PM
Rahu 5:17PM – 6:59PM

Uttaraproshtapada Until 6:16AM Mon
Dhriti Until 2:12AM Mon
Bava Until 12:55AM Mon
Tritiya Until 11:45AM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear

Sunrise: 5:26AM
Sunset: 6:59PM

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Amrita Yoga

Until 6:16AM Mon

Then Creative Work - Siddha Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA
Sun 3 Sutra 127

Meena Rasi: 16.31 Tithi 19 – 20

517993462

Gulika 1:54PM – 3:35PM
Yama 10:31AM – 12:12PM
Rahu 7:08AM – 8:50AM

Uttaraproshtapada Until 6:16AM
Shula* Until 2:54AM Tue
Kaulava Until 3:03AM Tue
Chaturthi* Until 2:00PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear

Sunrise: 5:27AM
Sunset: 6:58PM

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Siddha Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA
Sun 4 Sutra 128

Meena Rasi: 28.31 Tithi 20 – 21

517993462

Gulika 12:12PM – 1:53PM
Yama 8:50AM – 10:31AM
Rahu 3:34PM – 5:15PM

Revati Until 8:46AM
Ganda* Until 3:22AM Wed
Gara Until 4:52AM Wed
Panchami Until 3:59PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – Clear

Sunrise: 5:28AM
Sunset: 6:56PM

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA
Sun 5 Sutra 129

Mesha Rasi: 10.39 Tithi 21 – 22

528993462

Gulika 10:31AM – 12:12PM
Yama 7:10AM – 8:50AM
Rahu 12:12PM – 1:53PM

Ashvini Until 11:14AM
Vriddhi Until 3:30AM Thu
Visti Until 6:13AM Thu
Shashthi* Until 5:35PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White

Sunrise: 5:29AM
Sunset: 6:55PM

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 11:14AM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA
Sun 6 Sutra 130

Mesha Rasi: 22.59 Tithi 22

528993462

Gulika 8:51AM – 10:31AM
Yama 5:30AM – 7:10AM
Rahu 1:52PM – 3:33PM

Bharani Until 1:04PM
Dhruva Until 3:09AM Fri
Visti Until 6:13AM
Saptami Until 6:39PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White

Sunrise: 5:30AM
Sunset: 6:54PM

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 1:04PM

Then Routine Work - Marana Yoga

Retreat Star

Friday, August 23, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA
Sun 7 Sutra 131

Vrishabha Rasi: 5.34 Tithi 23

528993462

Gulika 7:11AM – 8:51AM
Yama 3:32PM – 5:12PM
Rahu 10:31AM – 12:11PM

Krittika Until 2:07PM
Vyaghata* Until 2:16AM Sat
Balava Until 6:58AM
Ashtami* Until 7:03PM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon – White

Sunrise: 5:31AM
Sunset: 6:52PM

Moon 8 - Phase 18
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 2:07PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA
Sun 8 Sutra 132

Vrishabha Rasi: 18.3 Tithi 24

538993462

Gulika 5:31AM – 7:11AM
Yama 1:51PM – 3:31PM
Rahu 8:51AM – 10:31AM

Rohini Until 2:45PM
Harshana Until 12:46AM Sun
Taitila Until 7:00AM
Navami* Until 6:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon – Yellow

Sunrise: 5:31AM
Sunset: 6:51PM

Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 2:45PM

Then Creative Work - Siddha Yoga

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1 Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
Mithuna Rasi: 1.51	Tithi 25 – 26	Gulika 3:30PM – 5:10PM	Mrigashira Until 2:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	Sun 9 Sutra 133
		Yama 12:11PM – 1:51PM	Vajra* Until 10:37PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM	Vikarin 5121
		538993462 Rahu 5:10PM – 6:49PM	Vanija Until 6:14AM	Nataraja: White		Moon 8 - Phase 19
Creative Work	Siddha Yoga		Dashami Until 5:33PM	Moon – Yellow		2nd Phase
				Subha Sivaloka Day		
				Sravana-Avani		

2 Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
Mithuna Rasi: 15.38	Tithi 26 – 27	Gulika 1:50PM – 3:29PM	Ardra Until 1:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:33AM	Sun 10 Sutra 134
Family Home Evening		Yama 10:31AM – 12:11PM	Siddhi Until 7:52PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Vikarin 5121
Creative Work	Siddha Yoga	538993462 Rahu 7:13AM – 8:52AM	Kaulava Until 2:26AM Tue	Nataraja: White		Moon 8 - Phase 19
Until 1:15PM			Ekadashi* Until 3:38PM	Moon – Yellow		2nd Phase
Then Creative Work - Amrita Yoga				Subha Sivaloka Day		
				Sravana-Avani		

3 Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Varyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
Mithuna Rasi: 29.54	Tithi 27 – 28	Gulika 12:10PM – 1:49PM	Punarvasu Until 11:39AM	Ganesha: Purple	<i>Sunrise:</i> 5:34AM	Sun 11 Sutra 135
		Yama 8:52AM – 10:31AM	Vyatipata* Until 4:36PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Vikarin 5121
		548993462 Rahu 3:28PM – 5:07PM	Gara Until 11:34PM	Nataraja: White		Moon 8 - Phase 19
Creative Work	Siddha Yoga		Dvadashi* Until 1:03PM	Moon – Blue		2nd Phase
				Sivaloka Day		
				Sravana-Avani		
				<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varyan/Parigha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
Kataka Rasi: 14.35	Tithi 28 – 29	Gulika 10:31AM – 12:10PM	Pushya Until 9:20AM	Ganesha: Orange	<i>Sunrise:</i> 5:35AM	Sun 12 Sutra 136
		Yama 7:14AM – 8:53AM	Variyan Until 12:51PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Vikarin 5121
		549193463 Rahu 12:10PM – 1:49PM	Visti Until 8:12PM	Nataraja: Clear		Moon 8 - Phase 19
Creative Work	Siddha Yoga		Trayodashi* Until 9:55AM	Moon – Blue		2nd Phase
				Sivaloka Day		
				Sravana-Avani		

Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
Retreat Star		Gulika 8:53AM – 10:31AM	Ashlesha* Until 6:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:36AM	Sun 13 Sutra 137
Kataka Rasi: 29.36	Tithi 29 – 30	Yama 5:36AM – 7:14AM	Parigha* Until 8:49AM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Vikarin 5121
		549193463 Rahu 1:48PM – 3:27PM	Naga Until 2:36AM Fri	Nataraja: Clear		Moon 8 - Phase 19
Creative Work	Siddha Yoga		Chaturdashi* Until 6:23AM	Moon – Blue		Amavasya
Until 6:29AM				Sivaloka Day		
Then Creative Work - Amrita Yoga				Sravana-Avani		

Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA
Retreat Star		Gulika 7:15AM – 8:53AM	Purvaphalguni Until 12:37AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Sun 14 Sutra 138
Simha Rasi: 14.49	Tithi 1	Yama 3:26PM – 5:04PM	Siddha Until 12:18AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Vikarin 5121
		559193463 Rahu 10:31AM – 12:09PM	Kintughna Until 12:41PM	Nataraja: Clear		Moon 8 - Phase 19
Creative Work	Siddha Yoga		Prathama* Until 10:45PM	Moon – Red		Prathama
Until 12:37AM Sat				Sivaloka Day		
Then Routine Work - Marana Yoga				Bhadrapada-Avani		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
	Kanya Rasi: 0.04	Tithi 2	559193463	Gulika 5:38AM – 7:15AM Yama 1:47PM – 3:25PM Rahu 8:53AM – 10:31AM	Uttaraphalguni Until 9:35PM Sadhya Until 8:07PM Balava Until 8:52AM Dvitiya Until 7:00PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sun 15 Sutra 139 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Routine Work	Marana Yoga					Sivaloka Day
							Bhadrapada-Avani

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				St. Helena, CA
	Kanya Rasi: 15.11	Tithi 3 – 4	569193463	Gulika 3:24PM – 5:02PM Yama 12:09PM – 1:46PM Rahu 5:02PM – 6:39PM	Hasta Until 7:06PM Subha Until 4:11PM Vanija Until 1:57AM Mon Tritiya Until 3:31PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sun 16 Sutra 140 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Amrita Yoga					Sivaloka Day
	Until 7:06PM	Then Creative Work - Siddha Yoga					Bhadrapada-Avani

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
	Tula Rasi: 0.01	Tithi 4 – 5	569193463	Gulika 1:46PM – 3:23PM Yama 10:31AM – 12:08PM Rahu 7:17AM – 8:54AM	Chitra Until 4:56PM Sukla Until 12:35PM Bava Until 11:10PM Chaturthi* Until 12:28PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sun 17 Sutra 141 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Family Home Evening	Prabalarishta Yoga					Sivaloka Day
	Until 4:56PM	Then Creative Work - Amrita Yoga					Bhadrapada-Avani

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA
	Tula Rasi: 14.28	Tithi 5 – 6	569193463	Gulika 12:08PM – 1:45PM Yama 8:54AM – 10:31AM Rahu 3:22PM – 4:59PM	Svati Until 3:15PM Brahma Until 9:28AM Kaulava Until 9:02PM Panchami Until 10:00AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sun 18 Sutra 142 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
	Until 3:15PM	Then Routine Work - Marana Yoga					Bhadrapada-Avani

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhrithi* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
	Tula Rasi: 28.26	Tithi 6 – 7	579193463	Gulika 10:31AM – 12:08PM Yama 7:18AM – 8:54AM Rahu 12:08PM – 1:44PM	Vishakha Until 2:35PM Indra Until 6:57AM Gara Until 7:41PM Shashthi* Until 8:14AM	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Orange	Sun 19 Sutra 143 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga					Subha Sivaloka Day
							Bhadrapada-Avani

D	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
	Retreat Star		571193463	Gulika 8:55AM – 10:31AM Yama 5:42AM – 7:18AM Rahu 1:44PM – 3:20PM	Anuradha Until 2:35PM Vishkambha* Until 3:50AM Fri Visti Until 7:08PM Saptami Until 7:17AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sun 20 Sutra 144 Vikarin 5121 Moon 8 - Phase 20 Ashtami
	Vrischika Rasi: 11.56	Tithi 7 – 8					Sivaloka Day
	Creative Work	Siddha Yoga					Bhadrapada-Avani

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
	Retreat Star		571193463	Gulika 7:19AM – 8:55AM Yama 3:19PM – 4:55PM Rahu 10:31AM – 12:07PM	Jyeshtha* Until 3:13PM Priti Until 3:15AM Sat Balava Until 7:25PM Ashtami* Until 7:10AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sun 21 Sutra 145 Vikarin 5121 Moon 8 - Phase 20 Navami
	Vrischika Rasi: 24.59	Tithi 8 – 9					Sivaloka Day
	Routine Work	Marana Yoga					Bhadrapada-Avani

1		Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	St. Helena, CA Sun 22 Sutra 146
Dhanus Rasi: 7.4	Tithi 9 – 10	Gulika 5:44AM – 7:19AM	Mula* Until 4:56PM	Ganesha: Green <i>Sunrise:</i> 5:44AM	Vikarin 5121
		Yama 1:43PM – 3:18PM	Ayushman Until 3:11AM Sun	Muruqa: Blue <i>Sunset:</i> 6:30PM	Moon 8 - Phase 21
		581193463 Rahu 8:55AM – 10:31AM	Taitila Until 8:27PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:49AM	Moon – Light Blue	Devaloka Day
				Bhadrapada-Avani	


2		Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	St. Helena, CA Sun 23 Sutra 147
Dhanus Rasi: 20.01	Tithi 10 – 11	Gulika 3:17PM – 4:53PM	Purvashadha* Until 7:05PM	Ganesha: Green <i>Sunrise:</i> 5:45AM	Vikarin 5121
		Yama 12:06PM – 1:42PM	Saubhagya Until 3:34AM Mon	Muruqa: Blue <i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
		581193463 Rahu 4:53PM – 6:28PM	Vanija Until 10:05PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:10AM	Moon – Light Blue	Devaloka Day
Until 7:05PM		Grandparent's Day		Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

3		Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	St. Helena, CA Sun 24 Sutra 148
Makara Rasi: 2.09	Tithi 11 – 12	Gulika 1:41PM – 3:16PM	Uttarashadha Until 9:30PM	Ganesha: Green <i>Sunrise:</i> 5:45AM	Vikarin 5121
Family Home Evening		Yama 10:31AM – 12:06PM	Sobhana Until 4:16AM Tue	Muruqa: Blue <i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
		581193463 Rahu 7:21AM – 8:56AM	Bava Until 12:09AM Tue	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 11:03AM	Moon – Light Blue	Devaloka Day
Until 9:30PM				Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

4		Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	St. Helena, CA Sun 25 Sutra 149
Makara Rasi: 14.08	Tithi 12 – 13	Gulika 12:06PM – 1:41PM	Shravana Until 12:32AM Wed	Ganesha: Red <i>Sunrise:</i> 5:46AM	Vikarin 5121
		Yama 8:56AM – 10:31AM	Athiganda* Until 5:07AM Wed	Muruqa: Blue <i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
		591193463 Rahu 3:16PM – 4:50PM	Kaulava Until 2:29AM Wed	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:16PM	Moon – Purple	Sivaloka Day
Until 12:32AM Wed				Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5		Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	St. Helena, CA Sun 26 Sutra 150
Makara Rasi: 26.02	Tithi 13 – 14	Gulika 10:31AM – 12:05PM	Dhanishtha Until 3:31AM Thu	Ganesha: Red <i>Sunrise:</i> 5:47AM	Vikarin 5121
		Yama 7:22AM – 8:56AM	Sukarma Until 6:04AM Thu	Muruqa: Blue <i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
		591193463 Rahu 12:05PM – 1:40PM	Gara Until 4:57AM Thu	Nataraja: Clear	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 3:41PM	Moon – Purple	Sivaloka Day
Until 3:31AM Thu		Chidambaram Abhishekam		Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

6		Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija Karana Chaturdashyam Titau	St. Helena, CA Sun 27 Sutra 151
Kumbha Rasi: 7.53	Tithi 14	Gulika 8:57AM – 10:31AM	Shatabhishak Until 6:20AM Fri	Ganesha: Red <i>Sunrise:</i> 5:48AM	Vikarin 5121
		Yama 5:48AM – 7:22AM	Sukarma Until 6:04AM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 8 - Phase 21
		591113463 Rahu 1:39PM – 3:14PM	Vanija Until 6:09PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:09PM	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

		Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau	St. Helena, CA Sun 27 Sutra 152
Copper Retreat Star		Gulika 7:23AM – 8:57AM	Shatabhishak Until 6:20AM	Ganesha: Red <i>Sunrise:</i> 5:49AM	Vikarin 5121
Kumbha Rasi: 19.44	Tithi 15	Yama 3:13PM – 4:47PM	Dhriti Until 7:01AM	Muruqa: Purple <i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
		591113463 Rahu 10:31AM – 12:05PM	Visti Until 7:24AM	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:36PM	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

Saturday, September 14, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau	St. Helena, CA Sun 28 Sutra 153
Silver Retreat Star		Gulika 5:50AM – 7:23AM	Purvaprosarthapada* Until 9:25AM	Ganesha: Red <i>Sunrise:</i> 5:50AM	Vikarin 5121
Meena Rasi: 1.37	Tithi 16	Yama 1:38PM – 3:12PM	Shula* Until 7:53AM	Muruqa: Purple <i>Sunset:</i> 6:19PM	Moon 8 - Phase 21
		511113463 Rahu 8:57AM – 10:31AM	Balava Until 9:48AM	Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Prathama* Until 10:55PM	Moon – Clear	Sivaloka Day
Until 9:25AM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Dvilyayam Titau

St. Helena, CA

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 13.33 Tithi 17

512113463

Gulika 3:11PM - 4:44PM
Yama 12:04PM - 1:37PM
Rahu 4:44PM - 6:17PM

Uttaraproshtapada Until 12:13PM
Ganda* Until 8:40AM
Tailila Until 12:03PM

Ganesha: Yellow Sunrise: 5:51AM
Muruga: Purple Sunset: 6:17PM
Nataraja: Clear
Moon - Clear

Sivaloka Day

Bhadrapada-Avani

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 25.34 Tithi 18

512113463

Gulika 1:37PM - 3:10PM
Yama 10:31AM - 12:04PM
Rahu 7:25AM - 8:58AM

Revati Until 2:39PM
Vridhi Until 9:20AM
Vanija Until 2:06PM

Ganesha: Yellow Sunrise: 5:51AM
Muruga: Purple Sunset: 6:16PM
Nataraja: Clear
Moon - Clear

Sivaloka Day

Bhadrapada-Puratasi

Family Home Evening
Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturtham Titau

St. Helena, CA

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 7.39 Tithi 19

522113463

Gulika 12:03PM - 1:36PM
Yama 8:58AM - 10:31AM
Rahu 3:09PM - 4:41PM

Ashvini Until 5:11PM
Dhruva Until 9:46AM
Bava Until 3:55PM

Ganesha: White Sunrise: 5:52AM
Muruga: Purple Sunset: 6:14PM
Nataraja: Clear
Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

St. Helena, CA

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 19.52 Tithi 20

522113463

Gulika 10:30AM - 12:03PM
Yama 7:26AM - 8:58AM
Rahu 12:03PM - 1:35PM

Bharani Until 7:13PM
Vyaghata* Until 9:59AM
Kaulava Until 5:23PM

Ganesha: White Sunrise: 5:53AM
Muruga: Purple Sunset: 6:13PM
Nataraja: Clear
Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 7:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara Karana Shashthiyam Titau

St. Helena, CA

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 2.14 Tithi 21

522113463

Gulika 8:58AM - 10:30AM
Yama 5:54AM - 7:26AM
Rahu 1:35PM - 3:07PM

Krittika Until 8:39PM
Harshana Until 9:55AM
Gara Until 6:26PM

Ganesha: White Sunrise: 5:54AM
Muruga: Purple Sunset: 6:11PM
Nataraja: Clear
Moon - White

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Shashthi* Until 6:44AM Fri

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 14.5 Tithi 21 - 22

532113463

Gulika 7:27AM - 8:59AM
Yama 3:06PM - 4:38PM
Rahu 10:30AM - 12:02PM

Rohini Until 9:52PM
Vajra* Until 9:24AM
Visti Until 6:55PM

Ganesha: Clear Sunrise: 5:55AM
Muruga: Purple Sunset: 6:09PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 9:52PM

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 27.43 Tithi 22 - 23

532113463

Gulika 5:56AM - 7:27AM
Yama 1:33PM - 3:05PM
Rahu 8:59AM - 10:30AM

Mrigashira Until 10:17PM
Siddhi Until 8:26AM
Balava Until 6:45PM

Ganesha: Clear Sunrise: 5:56AM
Muruga: Purple Sunset: 6:08PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 10.57 Tithi 23 - 24

532213463

Gulika 3:04PM - 4:35PM
Yama 12:02PM - 1:33PM
Rahu 4:35PM - 6:06PM

Ardra Until 9:50PM
Vyatipata* Until 6:55AM
Gara Until 5:08AM Mon

Ganesha: Orange Sunrise: 5:57AM
Muruga: Purple Sunset: 6:06PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Ashtami* Until 6:23AM

1		Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Vanija/Visli* Karana Dashamyam Titau	St. Helena, CA Sun 9 Sutra 162 Vikarin 5121
Mithuna Rasi: 24.35	Tithi 25	Gulika 1:32PM – 3:03PM	Punarvasu Until 8:59PM	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM	
Family Home Evening	542213463	Yama 10:30AM – 12:01PM	Parigha* Until 2:08AM Tue	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 7:28AM – 8:59AM	Vanija Until 4:16PM	Nataraja: Clear	2nd Phase
Until 8:59PM			Dashami Until 3:11AM Tue	Moon – Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada•Puratasi	

2		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau	St. Helena, CA Sun 10 Sutra 163 Vikarin 5121
Kataka Rasi: 8.4	Tithi 26	Gulika 12:01PM – 1:31PM	Pushya Until 7:18PM	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM	
	542213463	Yama 9:00AM – 10:30AM	Shiva Until 10:56PM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 3:02PM – 4:33PM	Bava Until 1:59PM	Nataraja: Clear	2nd Phase
			Ekadashi* Until 12:36AM Wed	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

3		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	St. Helena, CA Sun 11 Sutra 164 Vikarin 5121
Kataka Rasi: 23.1	Tithi 27	Gulika 10:30AM – 12:00PM	Ashlesha* Until 4:57PM	Ganesha: Light Blue <i>Sunrise:</i> 5:59AM	
	542213463	Yama 7:30AM – 9:00AM	Siddha Until 7:17PM	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 12:00PM – 1:31PM	Kaulava Until 11:07AM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 9:29PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

4		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau	St. Helena, CA Sun 12 Sutra 165 Vikarin 5121
Simha Rasi: 8.02	Tithi 28 – 29	Gulika 9:00AM – 10:30AM	Magha* Until 2:26PM	Ganesha: Purple <i>Sunrise:</i> 6:00AM	
	552213463	Yama 6:00AM – 7:30AM	Sadhya Until 3:18PM	Muruqa: Purple <i>Sunset:</i> 6:00PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 1:30PM – 3:00PM	Gara Until 7:47AM	Nataraja: Clear	2nd Phase
Until 2:26PM			Trayodashi* Until 5:59PM	Moon – Red	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada•Puratasi	
			<i>Pradosha Vrata (Fasting)</i>		

Retreat Star		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	St. Helena, CA Sun 13 Sutra 166 Vikarin 5121
Simha Rasi: 23.09	Tithi 29 – 30	Gulika 7:31AM – 9:00AM	Purvaphalguni Until 11:31AM	Ganesha: Light Blue <i>Sunrise:</i> 6:01AM	
	652213463	Yama 2:59PM – 4:29PM	Subha Until 11:07AM	Muruqa: Purple <i>Sunset:</i> 5:58PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 10:30AM – 12:00PM	Catuspada Until 12:22AM Sat	Nataraja: Clear	Amavasya
			Chaturdashi* Until 2:15PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi	

Retreat Star		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	St. Helena, CA Sun 14 Sutra 167 Vikarin 5121
Kanya Rasi: 8.23	Tithi 30 – 1	Gulika 6:02AM – 7:31AM	Uttaraphalguni Until 8:24AM	Ganesha: Purple <i>Sunrise:</i> 6:02AM	
	653213463	Yama 1:29PM – 2:58PM	Sukla Until 6:51AM	Muruqa: Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 23
Routine Work Marana Yoga		Rahu 9:01AM – 10:30AM	Kintughna Until 8:37PM	Nataraja: Clear	Prathama
			Amavasya* Until 10:28AM	Moon – Red	Devaloka Day
		Navaratri Begins		Ashvina•Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1 Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 15 Sutra 168 Vikarin 5121
Kanya Rasi: 23.32	Tithi 1 – 2	Gulika 2:57PM – 4:26PM	Chitra Until 3:02AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:03AM
		Yama 11:59AM – 1:28PM	Indra Until 10:41PM	Muruqa: Purple <i>Sunset:</i> 5:55PM
	663213463	Rahu 4:26PM – 5:55PM	Kaulava Until 3:24AM Mon	Nataraja: Clear
Creative Work Siddha Yoga			Prathama* Until 6:47AM	Moon – Green
Until 3:02AM Mon				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

2 Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau		St. Helena, CA Sun 16 Sutra 169 Vikarin 5121
Tula Rasi: 8.29	Tithi 3	Gulika 1:28PM – 2:56PM	Svati Until 12:45AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:04AM
Family Home Evening		Yama 10:30AM – 11:59AM	Vaidhriti* Until 7:03PM	Muruqa: Purple <i>Sunset:</i> 5:54PM
Creative Work Amrita Yoga	663213463	Rahu 7:33AM – 9:01AM	Taitila Until 1:54PM	Nataraja: Clear
Until 12:45AM Tue			Tritiya Until 12:30AM Tue	Moon 9 - Phase 24
Then Routine Work - Marana Yoga				3rd Phase
				Devaloka Day
				Ashvina+Puratasi

3 Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visiti* Karana Chaturthyam Titau		St. Helena, CA Sun 17 Sutra 170 Vikarin 5121
Tula Rasi: 23.03	Tithi 4	Gulika 11:58AM – 1:27PM	Vishakha Until 11:23PM	Ganesha: Purple <i>Sunrise:</i> 6:05AM
		Yama 9:02AM – 10:30AM	Vishkambha* Until 3:54PM	Muruqa: Purple <i>Sunset:</i> 5:52PM
	673213463	Rahu 2:55PM – 4:24PM	Vanija Until 11:17AM	Nataraja: Clear
Routine Work Marana Yoga			Chaturthi* Until 10:13PM	Moon – Orange
Until 11:23PM				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

4 Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		St. Helena, CA Sun 18 Sutra 171 Vikarin 5121
Vrischika Rasi: 7.1	Tithi 5	Gulika 10:30AM – 11:58AM	Anuradha Until 10:38PM	Ganesha: Purple <i>Sunrise:</i> 6:06AM
		Yama 7:34AM – 9:02AM	Priti Until 1:22PM	Muruqa: Purple <i>Sunset:</i> 5:51PM
	673213463	Rahu 11:58AM – 1:26PM	Bava Until 9:22AM	Nataraja: Clear
Creative Work Siddha Yoga			Panchami Until 8:42PM	Moon – Orange
				Devaloka Day
				Ashvina+Puratasi

5 Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		St. Helena, CA Sun 19 Sutra 172 Vikarin 5121
Vrischika Rasi: 20.46	Tithi 6	Gulika 9:02AM – 10:30AM	Jyeshtha* Until 10:36PM	Ganesha: Purple <i>Sunrise:</i> 6:07AM
		Yama 6:07AM – 7:34AM	Ayushman Until 11:29AM	Muruqa: Purple <i>Sunset:</i> 5:49PM
	673213463	Rahu 1:26PM – 2:53PM	Kaulava Until 8:17AM	Nataraja: Clear
Routine Work Prabalarishta Yoga			Shashthi* Until 8:03PM	Moon – Orange
Until 10:36PM				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

6 Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		St. Helena, CA Sun 20 Sutra 173 Vikarin 5121
Dhanus Rasi: 3.54	Tithi 7	Gulika 7:35AM – 9:02AM	Mula* Until 11:45PM	Ganesha: Clear <i>Sunrise:</i> 6:07AM
		Yama 2:53PM – 4:20PM	Saubhagya Until 10:19AM	Muruqa: Purple <i>Sunset:</i> 5:48PM
	683213463	Rahu 10:30AM – 11:58AM	Gara Until 8:06AM	Nataraja: Clear
Creative Work Amrita Yoga			Saptami Until 8:19PM	Moon – Light Blue
Until 11:45PM				Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Retreat Star Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 174 Vikarin 5121
Dhanus Rasi: 16.35	Tithi 8	Gulika 6:08AM – 7:36AM	Purvashadha* Until 1:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:08AM
		Yama 1:24PM – 2:52PM	Sobhana Until 9:51AM	Muruqa: Purple <i>Sunset:</i> 5:46PM
	683213463	Rahu 9:03AM – 10:30AM	Visiti Until 8:47AM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 9:24PM	Moon – Light Blue
Until 1:32AM Sun		Durga Ashtami		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Retreat Star Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		St. Helena, CA Sun 22 Sutra 175 Vikarin 5121
Dhanus Rasi: 28.56	Tithi 9	Gulika 2:51PM – 4:18PM	Uttarashadha Until 3:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:09AM
		Yama 11:57AM – 1:24PM	Athiganda* Until 9:55AM	Muruqa: Purple <i>Sunset:</i> 5:45PM
	683213463	Rahu 4:18PM – 5:45PM	Balava Until 10:14AM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 11:11PM	Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 176
1		Gulika 1:23PM – 2:50PM	Shravana Until 6:45AM Tue	Ganesha: White	<i>Sunrise:</i> 6:10AM	Vikarin 5121
Makara Rasi: 11.01	Tithi 10	Yama 10:30AM – 11:57AM	Sukarma Until 10:28AM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
Family Home Evening	693213463	Rahu 7:37AM – 9:03AM	Taitila Until 12:17PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga				Moon – Purple		Devaloka Day
Until 6:45AM Tue		Vijaya Dasami	Dashami Until 1:25AM Tue	Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 177
2		Gulika 11:56AM – 1:23PM	Shravana Until 6:45AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Vikarin 5121
Makara Rasi: 22.57	Tithi 11	Yama 9:04AM – 10:30AM	Dhriti Until 11:18AM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
	693213464	Rahu 2:49PM – 4:15PM	Vanija Until 2:40PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga				Moon – Purple		Sivaloka Day
			Ekadashi Until 3:55AM Wed	Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 178
3		Gulika 10:30AM – 11:56AM	Dhanishtha Until 9:46AM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Vikarin 5121
Kumbha Rasi: 4.48	Tithi 12	Yama 7:38AM – 9:04AM	Shula* Until 12:13PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 25
	693213464	Rahu 11:56AM – 1:22PM	Bava Until 5:13PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple		Sivaloka Day
Until 9:46AM		Kadaitswami Mahasamadhi	Dvadashi Until 6:27AM Thu	Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 179
4		Gulika 9:04AM – 10:30AM	Shatabhishak Until 12:36PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Vikarin 5121
Kumbha Rasi: 16.38	Tithi 12 – 13	Yama 6:13AM – 7:39AM	Ganda* Until 1:09PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
	693213464	Rahu 1:22PM – 2:47PM	Kaulava Until 7:43PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga				Moon – Purple		Sivaloka Day
			Dvadashi Until 6:27AM	Ashvina+Puratasi		
						<i>Pradosha Vrata</i>

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 180
5		Gulika 7:39AM – 9:05AM	Purvaproshtapada* Until 3:40PM	Ganesha: Blue	<i>Sunrise:</i> 6:14AM	Vikarin 5121
Kumbha Rasi: 28.31	Tithi 13 – 14	Yama 2:46PM – 4:12PM	Vridhi Until 2:00PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
	613213464	Rahu 10:30AM – 11:56AM	Gara Until 10:04PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga				Moon – Clear		Sivaloka Day
		Chidambaram Abhishekam	Trayodashi Until 8:53AM	Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 181
○	Copper Retreat Star	Gulika 6:15AM – 7:40AM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM	Vikarin 5121
Meena Rasi: 10.28	Tithi 14 – 15	Yama 1:20PM – 2:45PM	Dhruva Until 2:40PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
	613213464	Rahu 9:05AM – 10:30AM	Visti Until 12:11AM Sun	Nataraja: Purple		Purnima
Creative Work Siddha Yoga				Moon – Clear		Sivaloka Day
Until 6:21PM			Chaturdashi* Until 11:08AM	Ashvina+Puratasi		
Then Routine Work - Prabalarishta Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 182
○	Silver Retreat Star	Gulika 2:45PM – 4:09PM	Revati Until 8:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Vikarin 5121
Meena Rasi: 22.31	Tithi 15 – 16	Yama 11:55AM – 1:20PM	Vyaghata* Until 3:08PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
	614213464	Rahu 4:09PM – 5:34PM	Balava Until 2:02AM Mon	Nataraja: Purple		Prathama
Creative Work Amrita Yoga				Moon – Clear		Subha Sivaloka Day
Until 8:38PM			Purnima* Until 1:07PM	Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 4.4 Tithi 16 – 17

Family Home Evening 624213464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 183

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Gulika 1:19PM – 2:44PM
Yama 10:30AM – 11:55AM
Rahu 7:41AM – 9:06AM

Ashvini Until 10:57PM
Harshana Until 3:25PM
Taitila Until 3:35AM Tue
Prathama* Until 2:50PM

Ganesha: White *Sunrise: 6:17AM*
Muruqa: Purple *Sunset: 5:33PM*
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Tuesday, October 15, 2019

1

Mesha Rasi: 16.56 Tithi 17 – 18

624213464

Creative Work Siddha Yoga

Until 12:48AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Gulika 11:55AM – 1:19PM
Yama 9:06AM – 10:30AM
Rahu 2:43PM – 4:07PM

Bharani Until 12:48AM Wed
Vajra* Until 3:25PM
Vanija Until 4:49AM Wed
Dvitiya Until 4:13PM

Ganesha: White *Sunrise: 6:18AM*
Muruqa: Purple *Sunset: 5:31PM*
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Wednesday, October 16, 2019

2

Mesha Rasi: 29.22 Tithi 18 – 19

624213464

Creative Work Amrita Yoga

Until 2:09AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

St. Helena, CA

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Gulika 10:30AM – 11:54AM
Yama 7:43AM – 9:07AM
Rahu 11:54AM – 1:18PM

Krittika Until 2:09AM Thu
Siddhi Until 3:11PM
Bava Until 5:42AM Thu
Tritiya Until 5:17PM

Ganesha: White *Sunrise: 6:19AM*
Muruqa: Purple *Sunset: 5:30PM*
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Thursday, October 17, 2019

3

Vrishabha Rasi: 11.56 Tithi 19 – 20

634313464

Routine Work Marana Yoga

Until 3:27AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Gulika 9:07AM – 10:31AM
Yama 6:20AM – 7:43AM
Rahu 1:18PM – 2:41PM

Rohini Until 3:27AM Fri
Vyatipata* Until 2:40PM
Kaulava Until 6:11AM Fri
Chaturthi* Until 5:58PM

Ganesha: White *Sunrise: 6:20AM*
Muruqa: Purple *Sunset: 5:29PM*
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Friday, October 18, 2019

4

Vrishabha Rasi: 24.41 Tithi 20

634313464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Gulika 7:44AM – 9:07AM
Yama 2:41PM – 4:04PM
Rahu 10:31AM – 11:54AM

Mrigashira Until 4:09AM Sat
Variyan Until 1:49PM
Kaulava Until 6:11AM
Panchami Until 6:14PM

Ganesha: White *Sunrise: 6:21AM*
Muruqa: Purple *Sunset: 5:27PM*
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Saturday, October 19, 2019

5

Mithuna Rasi: 7.4 Tithi 21

634313464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthiyam Titau

St. Helena, CA

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Gulika 6:22AM – 7:45AM
Yama 1:17PM – 2:40PM
Rahu 9:08AM – 10:31AM

Ardra Until 4:12AM Sun
Parigha* Until 12:36PM
Gara Until 6:13AM
Shashthi* Until 6:01PM

Ganesha: White *Sunrise: 6:22AM*
Muruqa: Purple *Sunset: 5:26PM*
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Sunday, October 20, 2019

6

Mithuna Rasi: 20.54 Tithi 22 – 23

644313464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Gulika 2:39PM – 4:02PM
Yama 11:54AM – 1:16PM
Rahu 4:02PM – 5:24PM

Punarvasu Until 4:01AM Mon
Shiva Until 10:59AM
Balava Until 4:41AM Mon
Saptami Until 5:15PM

Ganesha: Clear *Sunrise: 6:23AM*
Muruqa: Purple *Sunset: 5:24PM*
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Monday, October 21, 2019

D

Retreat Star

Kataka Rasi: 4.27 Tithi 23 – 24

Family Home Evening 644313464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Gulika 1:16PM – 2:38PM
Yama 10:31AM – 11:53AM
Rahu 7:46AM – 9:09AM

Pushya Until 3:07AM Tue
Siddha Until 8:54AM
Taitila Until 3:04AM Tue
Ashtami* Until 3:56PM

Ganesha: Clear *Sunrise: 6:24AM*
Muruqa: Purple *Sunset: 5:23PM*
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 18.21 Tithi 24 – 25

644313464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Gulika 11:53AM – 1:15PM
Yama 9:09AM – 10:31AM
Rahu 2:38PM – 4:00PM

Ashlesha* Until 1:32AM Wed
Sadhya Until 6:21AM
Vanija Until 12:55AM Wed
Navami* Until 2:02PM

Ganesha: Clear *Sunrise: 6:25AM*
Muruqa: Purple *Sunset: 5:22PM*
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 192	
Simha Rasi: 2.35	Tithi 25 – 26	Gulika 10:31AM – 11:53AM	Magha* Until 11:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama 7:48AM – 9:09AM	Sukla Until 12:02AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 27	
	654313464	Rahu 11:53AM – 1:15PM	Bava Until 10:16PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:38AM	Moon – Red		Sivaloka Day	
Until 11:45PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga							

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 193	
Simha Rasi: 17.08	Tithi 26 – 27	Gulika 9:10AM – 10:31AM	Purvaphalguni Until 9:27PM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Vikarin 5121	
		Yama 6:27AM – 7:48AM	Brahma Until 8:22PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 27	
	654313464	Rahu 1:15PM – 2:36PM	Kaulava Until 7:15PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 194	
Kanya Rasi: 1.56	Tithi 28	Gulika 7:49AM – 9:10AM	Uttaraphalguni Until 6:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Vikarin 5121	
		Yama 2:35PM – 3:57PM	Indra Until 4:31PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 27	
	655313464	Rahu 10:32AM – 11:53AM	Gara Until 3:59PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 2:17AM Sat	Moon – Red		Subha Sivaloka Day	
Until 6:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 195	
Kanya Rasi: 16.53	Tithi 29	Gulika 6:29AM – 7:50AM	Hasta Until 4:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:29AM	Vikarin 5121	
		Yama 1:14PM – 2:35PM	Vaidhriti* Until 12:34PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 27	
	665313464	Rahu 9:11AM – 10:32AM	Visti Until 12:37PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 10:55PM	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 196	
Retreat Star		Gulika 2:34PM – 3:55PM	Chitra Until 1:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:30AM	Vikarin 5121	
Tula Rasi: 1.49	Tithi 30	Yama 11:53AM – 1:13PM	Vishkambha* Until 8:40AM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 10 - Phase 27	
		665313464 Rahu 3:55PM – 5:16PM	Catuspada Until 9:18AM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 7:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 14 Sutra 197	
Tula Rasi: 16.37	Tithi 1 – 2	Gulika 1:13PM – 2:33PM	Svati Until 11:24AM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Vikarin 5121	
Family Home Evening		Yama 10:32AM – 11:53AM	Ayushman Until 1:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27	
	665313464	Rahu 7:51AM – 9:12AM	Kintughna Until 6:12AM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 4:47PM	Moon – Green		Subha Sivaloka Day	
Until 11:24AM		Skanda Shasthi Begins		Kartika-Aipasi			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA
Wrischika Rasi: 1.07	Tithi 2 – 3	675313464	Gulika 11:53AM – 1:13PM Yama 9:12AM – 10:32AM Rahu 2:33PM – 3:53PM	Vishakha Until 9:42AM Saubhagya Until 10:34PM Taitila Until 1:22AM Wed Dvitiya Until 2:21PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:32AM Sunset: 5:13PM	Sun 15	Sutra 198 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Routine Work Marana Yoga								Subha Sivaloka Day
Until 9:42AM								Kartika•Aipasi
Then Creative Work - Siddha Yoga								

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				St. Helena, CA
Wrischika Rasi: 15.13	Tithi 3 – 4	675313464	Gulika 10:33AM – 11:53AM Yama 7:53AM – 9:13AM Rahu 11:53AM – 1:12PM	Anuradha Until 8:29AM Sobhana Until 8:11PM Vanija Until 11:57PM Tritiya Until 12:33PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:33AM Sunset: 5:12PM	Sun 16	Sutra 199 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Creative Work Siddha Yoga								Subha Sivaloka Day
								Kartika•Aipasi

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
Wrischika Rasi: 28.52	Tithi 4 – 5	675313464	Gulika 9:13AM – 10:33AM Yama 6:34AM – 7:54AM Rahu 1:12PM – 2:32PM	Jyeshtha* Until 7:51AM Athiganda* Until 6:24PM Bava Until 11:21PM Chaturthi* Until 11:31AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:34AM Sunset: 5:11PM	Sun 17	Sutra 200 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Routine Work Prabalarishta Yoga								Subha Sivaloka Day
Until 7:51AM								Kartika•Aipasi
Then Creative Work - Siddha Yoga								

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA
Dhanus Rasi: 12.04	Tithi 5 – 6	685313464	Gulika 7:55AM – 9:14AM Yama 2:31PM – 3:50PM Rahu 10:33AM – 11:52AM	Mula* Until 8:20AM Sukarma Until 5:18PM Kaulava Until 11:37PM Panchami Until 11:21AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:35AM Sunset: 5:10PM	Sun 18	Sutra 201 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Creative Work Amrita Yoga								Subha Subha Sivaloka Day
Until 8:20AM								Kartika•Aipasi
Then Routine Work - Prabalarishta Yoga								

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
Dhanus Rasi: 24.49	Tithi 6 – 7	685313464	Gulika 6:36AM – 7:55AM Yama 1:11PM – 2:31PM Rahu 9:14AM – 10:33AM	Purvashadha* Until 9:31AM Dhriti Until 4:53PM Gara Until 12:42AM Sun Shashthi* Until 12:02PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:36AM Sunset: 5:09PM	Sun 19	Sutra 202 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Creative Work Siddha Yoga								Subha Subha Sivaloka Day
Until 9:31AM								Kartika•Aipasi
Then Routine Work - Marana Yoga								

Retreat Star		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
Makara Rasi: 7.13	Tithi 7 – 8	686313464	Gulika 2:30PM – 3:49PM Yama 11:52AM – 1:11PM Rahu 3:49PM – 5:08PM	Uttarashadha Until 11:16AM Shula* Until 4:59PM Visti Until 2:29AM Mon Saptami Until 1:30PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:37AM Sunset: 5:08PM	Sun 20	Sutra 203 Vikarin 5121 Moon 10 - Phase 28 Ashtami
Creative Work Amrita Yoga								Subha Sivaloka Day
								Kartika•Aipasi

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
Makara Rasi: 19.21	Tithi 8 – 9	696313464	Gulika 1:11PM – 2:29PM Yama 10:34AM – 11:52AM Rahu 7:57AM – 9:15AM	Shravana Until 1:57PM Ganda* Until 5:32PM Balava Until 4:45AM Tue Ashtami* Until 3:33PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 6:38AM Sunset: 5:06PM	Sun 21	Sutra 204 Vikarin 5121 Moon 10 - Phase 28 Navami
Family Home Evening								Sivaloka Day
Creative Work Amrita Yoga								Kartika•Aipasi
Until 1:57PM								
Then Creative Work - Siddha Yoga								

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau	St. Helena, CA Sun 22 Sutra 205
Kumbha Rasi: 1.18	Tithi 9 – 10	696313464	Gulika 11:52AM – 1:11PM Yama 9:16AM – 10:34AM Rahu 2:29PM – 3:47PM	Dhanishtha Until 4:49PM Vriddhi Until 6:21PM Tailila Until 7:16AM Wed Navami* Until 5:58PM	Ganesha: Purple <i>Sunrise: 6:39AM</i> Muruqa: Purple <i>Sunset: 5:05PM</i> Nataraja: Purple Moon – Purple Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga					
Until 4:49PM					
Then Routine Work - Marana Yoga					

2		Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau	St. Helena, CA Sun 23 Sutra 206
Kumbha Rasi: 13.1	Tithi 10	696313464	Gulika 10:35AM – 11:53AM Yama 7:59AM – 9:17AM Rahu 11:53AM – 1:11PM	Shatabhishak Until 7:39PM Dhruva Until 7:14PM Tailila Until 7:16AM Dashami Until 8:31PM	Ganesha: Purple <i>Sunrise: 6:41AM</i> Muruqa: Purple <i>Sunset: 5:04PM</i> Nataraja: Purple Moon – Purple Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga					
Until 7:39PM					
Then Creative Work - Amrita Yoga					

3		Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau	St. Helena, CA Sun 24 Sutra 207
Kumbha Rasi: 25.01	Tithi 11	716313464	Gulika 9:17AM – 10:35AM Yama 6:42AM – 7:59AM Rahu 1:10PM – 2:28PM	Purvaproshtapada* Until 10:44PM Vyaghata* Until 8:04PM Vanija Until 9:47AM Ekadashi Until 10:58PM	Ganesha: Yellow <i>Sunrise: 6:42AM</i> Muruqa: Purple <i>Sunset: 5:03PM</i> Nataraja: Purple Moon – Clear Subha Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga					

4		Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau	St. Helena, CA Sun 25 Sutra 208
Meena Rasi: 6.56	Tithi 12	716313464	Gulika 8:00AM – 9:18AM Yama 2:28PM – 3:45PM Rahu 10:35AM – 11:53AM	Uttaraproshtapada Until 1:25AM Sat Harshana Until 8:44PM Bava Until 12:08PM Dvadashi Until 1:11AM Sat	Ganesha: Yellow <i>Sunrise: 6:43AM</i> Muruqa: Purple <i>Sunset: 5:03PM</i> Nataraja: Purple Moon – Clear Subha Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga					
Until 1:25AM Sat					
Then Routine Work - Prabalarishta Yoga					

5		Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Tailila Karana Trayodashyam Titau	St. Helena, CA Sun 26 Sutra 209
Meena Rasi: 18.58	Tithi 13	716313464	Gulika 6:44AM – 8:01AM Yama 1:10PM – 2:27PM Rahu 9:18AM – 10:36AM	Revati Until 3:37AM Sun Vajra* Until 9:08PM Kaulava Until 2:12PM Trayodashi Until 3:03AM Sun	Ganesha: Yellow <i>Sunrise: 6:44AM</i> Muruqa: Purple <i>Sunset: 5:02PM</i> Nataraja: Purple Moon – Clear Subha Sivaloka Day Kartika•Aipasi
Routine Work Prabalarishta Yoga					
Until 3:37AM Sun					
Then Creative Work - Siddha Yoga					

6		Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau	St. Helena, CA Sun 27 Sutra 210
Mesha Rasi: 1.07	Tithi 14	726313464	Gulika 2:27PM – 3:44PM Yama 11:53AM – 1:10PM Rahu 3:44PM – 5:01PM	Ashvini Until 5:45AM Mon Siddhi Until 9:15PM Gara Until 3:52PM Chaturdashi* Until 4:32AM Mon	Ganesha: White <i>Sunrise: 6:45AM</i> Muruqa: Purple <i>Sunset: 5:01PM</i> Nataraja: Purple Moon – White Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga					

○		Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau	St. Helena, CA Sutra 211
Copper Retreat Star					
Mesha Rasi: 13.27	Tithi 15	727413464	Gulika 1:10PM – 2:26PM Yama 10:36AM – 11:53AM Rahu 8:03AM – 9:19AM	Bharani Until 7:19AM Tue Vyatipata* Until 9:03PM Visti Until 5:07PM Purnima* Until 5:34AM Tue	Ganesha: White <i>Sunrise: 6:46AM</i> Muruqa: Purple <i>Sunset: 5:00PM</i> Nataraja: Purple Moon – White Sivaloka Day Kartika•Aipasi
Family Home Evening					
Creative Work Siddha Yoga					

○		Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau	St. Helena, CA Sutra 212
Silver Retreat Star					
Mesha Rasi: 25.58	Tithi 16	727413464	Gulika 11:53AM – 1:10PM Yama 9:20AM – 10:37AM Rahu 2:26PM – 3:43PM	Bharani Until 7:19AM Variyan Until 8:30PM Balava Until 5:57PM Prathama* Until 6:11AM Wed	Ganesha: White <i>Sunrise: 6:47AM</i> Muruqa: Purple <i>Sunset: 4:59PM</i> Nataraja: Purple Moon – White Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vishabha Rasi: 8.4 Tithi 16 - 17

727413464

Creative Work Amrita Yoga

Until 8:19AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 10:37AM - 11:53AM
Yama 8:04AM - 9:21AM
Rahu 11:53AM - 1:09PM
Krittika Until 8:19AM
Parigha* Until 7:39PM
Taitila Until 6:22PM
Prathama* Until 6:11AM

Ganesha: White
Muruqa: Purple
Nataraja: Purple
Moon - White
Sunrise: 6:48AM
Sunset: 4:58PM
Karttika-Aipasi

Sivaloka Day

1

Thursday, November 14, 2019

Vishabha Rasi: 21.34 Tithi 17 - 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 9:21AM - 10:37AM
Yama 6:49AM - 8:05AM
Rahu 1:09PM - 2:25PM
Rohini Until 9:14AM
Shiva Until 6:31PM
Vanija Until 6:23PM
Dvitiya Until 6:24AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Purple
Moon - Yellow
Sunrise: 6:49AM
Sunset: 4:57PM
Karttika-Aipasi

Subha Sivaloka Day

2

Friday, November 15, 2019

Mithuna Rasi: 4.39 Tithi 18 - 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 8:06AM - 9:22AM
Yama 2:25PM - 3:41PM
Rahu 10:38AM - 11:54AM
Mrigashira Until 9:38AM
Siddha Until 5:03PM
Bava Until 6:02PM
Tritiya Until 6:14AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Purple
Moon - Yellow
Sunrise: 6:50AM
Sunset: 4:57PM
Karttika-Aipasi

Subha Sivaloka Day

3

Saturday, November 16, 2019

Mithuna Rasi: 17.56 Tithi 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 6:51AM - 8:07AM
Yama 1:09PM - 2:25PM
Rahu 9:23AM - 10:38AM
Ardra Until 9:32AM
Sadhya Until 3:19PM
Kaulava Until 5:20PM
Panchami Until 4:50AM Sun

Ganesha: Clear
Muruqa: Purple
Nataraja: Purple
Moon - Yellow
Sunrise: 6:51AM
Sunset: 4:56PM
Karttika-Kartikai

Subha Sivaloka Day

4

Sunday, November 17, 2019

Kataka Rasi: 1.24 Tithi 21

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 2:25PM - 3:40PM
Yama 11:54AM - 1:09PM
Rahu 3:40PM - 4:55PM
Punarvasu Until 9:24AM
Subha Until 1:20PM
Gara Until 4:17PM
Shashthi* Until 3:37AM Mon

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Blue
Sunrise: 6:53AM
Sunset: 4:55PM
Karttika-Kartikai

Sivaloka Day

5

Monday, November 18, 2019

Kataka Rasi: 15.04 Tithi 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Gulika 1:09PM - 2:24PM
Yama 10:39AM - 11:54AM
Rahu 8:09AM - 9:24AM
Pushya Until 8:46AM
Sukla Until 11:03AM
Visti Until 2:53PM
Saptami Until 2:03AM Tue

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Blue
Sunrise: 6:54AM
Sunset: 4:55PM
Karttika-Kartikai

Sivaloka Day

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 28.56 Tithi 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Gulika 11:54AM - 1:09PM
Yama 9:25AM - 10:39AM
Rahu 2:24PM - 3:39PM
Ashlesha* Until 7:40AM
Brahma Until 8:31AM
Balava Until 1:10PM
Ashtami* Until 12:10AM Wed

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Blue
Sunrise: 6:55AM
Sunset: 4:54PM
Karttika-Kartikai

Sivaloka Day

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 13 Tithi 24

758413465

Creative Work Siddha Yoga

Until 6:32AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Gulika 10:40AM - 11:55AM
Yama 8:10AM - 9:25AM
Rahu 11:55AM - 1:09PM
Magha* Until 6:32AM
Vaidhriti* Until 2:42AM Thu
Taitila Until 11:08AM
Navami* Until 9:59PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Red
Sunrise: 6:56AM
Sunset: 4:53PM
Karttika-Kartikai

Subha Sivaloka Day

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		St. Helena, CA Sun 8 Sutra 221	
Simha Rasi: 27.16	Tithi 25	Gulika	9:26AM – 10:40AM	Uttaraphalguni Until 3:03AM Fri	Ganesha: White	<i>Sunrise:</i> 6:57AM	Vikarin 5121
		Yama	6:57AM – 8:11AM	Vishkambha* Until 11:29PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 31
	Amrita Yoga	758413465 Rahu	1:09PM – 2:24PM	Vanija Until 8:49AM	Nataraja: Clear		2nd Phase
				Dashami Until 7:33PM	Moon – Red		Subha Sivaloka Day
					Karttika-Karttikai		

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 9 Sutra 222	
Kanya Rasi: 11.41	Tithi 26 – 27	Gulika	8:12AM – 9:26AM	Hasta Until 1:16AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:58AM	Vikarin 5121
		Yama	2:24PM – 3:38PM	Priti Until 8:09PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31
	768413465	Rahu	10:41AM – 11:55AM	Bava Until 6:17AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Ekadashi* Until 4:57PM	Moon – Green		Sivaloka Day
Until 1:16AM Sat					Karttika-Karttikai		
Then Routine Work - Marana Yoga							

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 10 Sutra 223	
Kanya Rasi: 26.11	Tithi 27 – 28	Gulika	6:59AM – 8:13AM	Chitra Until 11:20PM	Ganesha: Yellow	<i>Sunrise:</i> 6:59AM	Vikarin 5121
		Yama	1:09PM – 2:24PM	Ayushman Until 4:45PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31
	768413465	Rahu	9:27AM – 10:41AM	Gara Until 12:59AM Sun	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Dvadashi* Until 2:17PM	Moon – Green		Sivaloka Day
Until 11:20PM					Karttika-Karttikai		
Then Creative Work - Siddha Yoga							
					<i>Pradosha Vrata (Fasting)</i>		

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 11 Sutra 224	
Tula Rasi: 10.41	Tithi 28 – 29	Gulika	2:24PM – 3:37PM	Svati Until 9:21PM	Ganesha: Blue	<i>Sunrise:</i> 7:00AM	Vikarin 5121
		Yama	11:56AM – 1:10PM	Saubhagya Until 1:25PM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 31
	769413465	Rahu	3:37PM – 4:51PM	Visti Until 10:26PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 11:40AM	Moon – Green		Devaloka Day
Until 9:21PM					Karttika-Karttikai		
Then Routine Work - Marana Yoga							

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		St. Helena, CA Sun 12 Sutra 225	
Tula Rasi: 25.04	Tithi 29 – 30	Gulika	1:10PM – 2:23PM	Vishakha Until 7:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:01AM	Vikarin 5121
Family Home Evening		Yama	10:42AM – 11:56AM	Sobhana Until 10:15AM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 31
	779413465	Rahu	8:15AM – 9:28AM	Catuspada Until 8:09PM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Chaturdashi* Until 9:14AM	Moon – Orange		Devaloka Day
Until 7:54PM					Karttika-Karttikai		
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		St. Helena, CA Sun 13 Sutra 226	
Vrischika Rasi: 9.16	Tithi 30 – 1	Gulika	11:56AM – 1:10PM	Anuradha Until 6:42PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM	Vikarin 5121
		Yama	9:29AM – 10:43AM	Athiganda* Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 31
	779413465	Rahu	2:23PM – 3:37PM	Kintughna Until 6:16PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Amavasya* Until 7:08AM	Moon – Orange		Devaloka Day
Until 6:42PM					Margasira-Karttikai		
Then Routine Work - Marana Yoga							

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau	St. Helena, CA Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 23.09	Tithi 2	Gulika 10:43AM – 11:57AM	Jyeshtha* Until 5:53PM	Ganesha: Blue <i>Sunrise:</i> 7:03AM	
		Yama 8:16AM – 9:30AM	Dhriti Until 2:47AM Thu	Muruqa: Purple <i>Sunset:</i> 4:50PM	Moon 11 - Phase 32
		779413465 Rahu 11:57AM – 1:10PM	Balava Until 4:55PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 4:29AM Thu	Moon – Orange	Devaloka Day
Until 5:53PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau	St. Helena, CA Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 6.41	Tithi 3	Gulika 9:31AM – 10:44AM	Mula* Until 6:02PM	Ganesha: Blue <i>Sunrise:</i> 7:04AM	
		Yama 7:04AM – 8:17AM	Shula* Until 1:16AM Fri	Muruqa: Purple <i>Sunset:</i> 4:50PM	Moon 11 - Phase 32
		789413465 Rahu 1:10PM – 2:23PM	Taitila Until 4:15PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 4:10AM Fri	Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau	St. Helena, CA Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 19.5	Tithi 4	Gulika 8:18AM – 9:31AM	Purvashadha* Until 6:45PM	Ganesha: Blue <i>Sunrise:</i> 7:05AM	
		Yama 2:23PM – 3:37PM	Ganda* Until 12:21AM Sat	Muruqa: Purple <i>Sunset:</i> 4:50PM	Moon 11 - Phase 32
		789413465 Rahu 10:44AM – 11:57AM	Vanija Until 4:19PM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Chaturthi* Until 4:37AM Sat	Moon – Light Blue	Devaloka Day
Until 6:45PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau	St. Helena, CA Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 3	Tithi 5	Gulika 7:06AM – 8:19AM	Uttarashadha Until 8:01PM	Ganesha: Blue <i>Sunrise:</i> 7:06AM	
		Yama 1:11PM – 2:24PM	Vriddhi Until 12:01AM Sun	Muruqa: Purple <i>Sunset:</i> 4:49PM	Moon 11 - Phase 32
		789413465 Rahu 9:32AM – 10:45AM	Bava Until 5:08PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Panchami Until 5:47AM Sun	Moon – Light Blue	Devaloka Day
Until 8:01PM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Kaulava Karana Shashthyam Titau	St. Helena, CA Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 15.02	Tithi 6	Gulika 2:24PM – 3:36PM	Shravana Until 10:16PM	Ganesha: Yellow <i>Sunrise:</i> 7:07AM	
		Yama 11:58AM – 1:11PM	Dhruva Until 12:09AM Mon	Muruqa: Purple <i>Sunset:</i> 4:49PM	Moon 11 - Phase 32
		799413465 Rahu 3:36PM – 4:49PM	Kaulava Until 6:39PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 7:35AM Mon	Moon – Purple	Sivaloka Day
Until 10:16PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	St. Helena, CA Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 27.13	Tithi 6 – 7	Gulika 1:11PM – 2:24PM	Dhanishtha Until 12:51AM Tue	Ganesha: Clear <i>Sunrise:</i> 7:08AM	
Family Home Evening		Yama 10:46AM – 11:58AM	Vyaghata* Until 12:41AM Tue	Muruqa: Purple <i>Sunset:</i> 4:49PM	Moon 11 - Phase 32
Creative Work Siddha Yoga		791413465 Rahu 8:21AM – 9:33AM	Gara Until 8:42PM	Nataraja: Clear	3rd Phase
Until 12:51AM Tue			Shashthi* Until 7:35AM	Moon – Purple	Sivaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai	

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	St. Helena, CA Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 9.13	Tithi 7 – 8	Gulika 11:59AM – 1:11PM	Shatabhishak Until 3:33AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:09AM	
		Yama 9:34AM – 10:46AM	Harshana Until 1:27AM Wed	Muruqa: Purple <i>Sunset:</i> 4:49PM	Moon 11 - Phase 32
		791413465 Rahu 2:24PM – 3:36PM	Visti Until 11:05PM	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 9:51AM	Moon – Purple	Sivaloka Day
Until 3:33AM Wed				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	St. Helena, CA Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 21.07	Tithi 8 – 9	Gulika 10:47AM – 11:59AM	Purvaproshtapada* Until 6:39AM Thu	Ganesha: Yellow <i>Sunrise:</i> 7:10AM	
		Yama 8:22AM – 9:35AM	Vajra* Until 2:15AM Thu	Muruqa: Purple <i>Sunset:</i> 4:49PM	Moon 11 - Phase 32
		711413465 Rahu 11:59AM – 1:12PM	Balava Until 1:36AM Thu	Nataraja: Clear	Navami
Creative Work Amrita Yoga			Ashtami* Until 12:19PM	Moon – Clear	Sivaloka Day
Until 6:39AM Thu				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				St. Helena, CA
Meena Rasi: 3	Tithi 9 – 10	711413465	Gulika 9:35AM – 10:47AM Yama 7:11AM – 8:23AM Rahu 1:12PM – 2:24PM	Purvaproshtapada* Until 6:39AM Siddhi Until 2:59AM Fri Taitila Until 4:00AM Fri Navami* Until 2:48PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:11AM Sunset: 4:49PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
								Margasira-Karttikai

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
Meena Rasi: 14.56	Tithi 10 – 11	711413465	Gulika 8:24AM – 9:36AM Yama 2:24PM – 3:36PM Rahu 10:48AM – 12:00PM	Uttaraproshtapada Until 9:27AM Vyatipata* Until 3:31AM Sat Vanija Until 6:07AM Sat Dashami Until 5:05PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:12AM Sunset: 4:49PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
								Margasira-Karttikai

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA
Meena Rasi: 26.59	Tithi 11	711513465	Gulika 7:13AM – 8:25AM Yama 1:13PM – 2:25PM Rahu 9:37AM – 10:49AM	Revati Until 11:46AM Varyan Until 3:43AM Sun Vanija Until 6:07AM Ekadashi Until 6:59PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:13AM Sunset: 4:49PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga							Subha Sivaloka Day
Until 11:46AM								Margasira-Karttikai
Then Creative Work - Siddha Yoga								

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA
Mesha Rasi: 9.13	Tithi 12	721513465	Gulika 2:25PM – 3:37PM Yama 12:01PM – 1:13PM Rahu 3:37PM – 4:49PM	Ashvini Until 1:59PM Parigha* Until 3:31AM Mon Bava Until 7:47AM Dvadashi Until 8:24PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:13AM Sunset: 4:49PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 1:59PM								Margasira-Karttikai
Then Routine Work - Prabalarishta Yoga								

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA
Mesha Rasi: 21.4	Tithi 13	721513465	Gulika 1:13PM – 2:25PM Yama 10:50AM – 12:01PM Rahu 8:26AM – 9:38AM	Bharani Until 3:30PM Shiva Until 2:54AM Tue Kaulava Until 8:55AM Trayodashi Until 9:15PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:14AM Sunset: 4:49PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening	Siddha Yoga							Sivaloka Day
Until 3:30PM								Margasira-Karttikai
Then Routine Work - Marana Yoga								Pradosha Vrata

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA
Vrishabha Rasi: 4.22	Tithi 14	721513465	Gulika 12:02PM – 1:14PM Yama 9:38AM – 10:50AM Rahu 2:25PM – 3:37PM	Krittika Until 4:18PM Siddha Until 1:49AM Wed Gara Until 9:29AM Chaturdashi* Until 9:31PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:15AM Sunset: 4:49PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 4:18PM								Margasira-Karttikai
Then Creative Work - Amrita Yoga								

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA
Copper Retreat Star			Gulika 10:51AM – 12:02PM Yama 8:27AM – 9:39AM Rahu 12:02PM – 1:14PM	Rohini Until 4:52PM Sadhya Until 12:20AM Thu Visti Until 9:28AM Purnima* Until 9:14PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:16AM Sunset: 4:49PM		Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 17.21	Tithi 15	731523465						Sivaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA		
Silver Retreat Star			Gulika 9:40AM – 10:51AM Yama 7:17AM – 8:28AM Rahu 1:14PM – 2:26PM	Mrigashira Until 4:48PM Subha Until 10:28PM Balava Until 8:55AM Prathama* Until 8:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:17AM Sunset: 4:49PM		Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Mithuna Rasi: 0.37	Tithi 16	732523465						Devaloka Day
Routine Work	Marana Yoga							Margasira-Karttikai
								Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 14.07 Tithi 17

732523465

Gulika 8:29AM – 9:40AM
Yama 2:26PM – 3:38PM
Rahu 10:52AM – 12:03PM

Ardra Until 4:09PM
Sukla Until 8:15PM
Taitila Until 7:56AM
Dvitiya Until 7:16PM

Ganesha: Clear *Sunrise: 7:17AM*
Muruqa: Clear *Sunset: 4:49PM*
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau

St. Helena, CA

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 27.51 Tithi 18 – 19

742523465

Gulika 7:18AM – 8:29AM
Yama 1:15PM – 2:27PM
Rahu 9:41AM – 10:52AM

Punarvasu Until 3:29PM
Brahma Until 5:49PM
Vanija Until 6:34AM
Tritiya Until 5:45PM

Ganesha: Purple *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 11.45 Tithi 19 – 20

742523465

Gulika 2:27PM – 3:38PM
Yama 12:04PM – 1:16PM
Rahu 3:38PM – 4:50PM

Pushya Until 2:25PM
Indra Until 3:11PM
Kaulava Until 3:04AM Mon
Chaturthi* Until 4:00PM

Ganesha: Purple *Sunrise: 7:19AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

St. Helena, CA

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 25.47 Tithi 20 – 21

842523465

Family Home Evening

Creative Work Siddha Yoga

Until 1:02PM

Then Routine Work - Marana Yoga

Gulika 1:16PM – 2:27PM
Yama 10:53AM – 12:05PM
Rahu 8:31AM – 9:42AM

Ashlesha* Until 1:02PM
Vaidhrili* Until 12:24PM
Gara Until 1:06AM Tue
Panchami Until 2:04PM

Ganesha: Clear *Sunrise: 7:19AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Clear
Moon – Blue
Margasira-Markali

Devaloka Day

Markali Pillaiyar

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 9.53 Tithi 21 – 22

852523465

Creative Work Siddha Yoga

Gulika 12:05PM – 1:17PM
Yama 9:43AM – 10:54AM
Rahu 2:28PM – 3:39PM

Magha* Until 11:50AM
Vishkambha* Until 9:33AM
Visiti Until 11:02PM
Shashthi* Until 12:03PM

Ganesha: Purple *Sunrise: 7:20AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

St. Helena, CA

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 24.02 Tithi 22 – 23

852523465

Creative Work Amrita Yoga

Gulika 10:54AM – 12:06PM
Yama 8:32AM – 9:43AM
Rahu 12:06PM – 1:17PM

Purvaphalguni Until 10:27AM
Priti Until 6:40AM
Balava Until 8:57PM
Saptami Until 9:59AM

Ganesha: Purple *Sunrise: 7:21AM*
Muruqa: Clear *Sunset: 4:51PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 8.11 Tithi 23 – 24

852523465

Amrita Yoga

Until 8:55AM

Then Routine Work - Marana Yoga

Gulika 9:44AM – 10:55AM
Yama 7:21AM – 8:33AM
Rahu 1:18PM – 2:29PM

Uttaraphalguni Until 8:55AM
Saubhagya Until 12:50AM Fri
Taitila Until 6:53PM
Ashtami* Until 7:54AM

Ganesha: Purple *Sunrise: 7:21AM*
Muruqa: Clear *Sunset: 4:51PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA
Kanya Rasi: 22.2	Tithi 25	862523465	Gulika 8:33AM – 9:44AM Yama 2:29PM – 3:40PM Rahu 10:56AM – 12:07PM	Hasta Until 7:41AM Sobhana Until 9:59PM Vanija Until 4:51PM Dashami Until 3:51AM Sat	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:22AM Sunset: 4:52PM	Sun 8 Sutra 250 Vikarin 5121 Moon 12 - Phase 35 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Until 7:41AM Then Creative Work - Siddha Yoga								

2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
Tula Rasi: 6.26	Tithi 26	862523465	Gulika 7:22AM – 8:34AM Yama 1:19PM – 2:30PM Rahu 9:45AM – 10:56AM	Chitra Until 6:22AM Athiganda* Until 7:12PM Bava Until 2:54PM Ekadashi* Until 1:58AM Sun	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:22AM Sunset: 4:52PM	Sun 9 Sutra 251 Vikarin 5121 Moon 12 - Phase 35 2nd Phase	Devaloka Day
Routine Work Marana Yoga Until 6:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati						

3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				St. Helena, CA
Tula Rasi: 20.28	Tithi 27	872523465	Gulika 2:30PM – 3:41PM Yama 12:08PM – 1:19PM Rahu 3:41PM – 4:53PM	Vishakha Until 4:13AM Mon Sukarma Until 4:33PM Kaulava Until 1:07PM Dvadashi* Until 12:17AM Mon	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:23AM Sunset: 4:53PM	Sun 10 Sutra 252 Vikarin 5121 Moon 12 - Phase 35 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 4:13AM Mon Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati						

4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
Vrischika Rasi: 4.21	Tithi 28	872523465	Gulika 1:20PM – 2:31PM Yama 10:57AM – 12:08PM Rahu 8:35AM – 9:46AM	Anuradha Until 3:31AM Tue Dhriti Until 2:07PM Gara Until 11:34AM Trayodashi* Until 10:52PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:23AM Sunset: 4:53PM	Sun 11 Sutra 253 Vikarin 5121 Moon 12 - Phase 35 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Family Home Evening Creative Work Siddha Yoga Until 3:31AM Tue Then Routine Work - Marana Yoga		Day 3 of Pancha Ganapati <i>Pradosha Vrata (Fasting)</i>						

5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
Vrischika Rasi: 18.04	Tithi 29	872523465	Gulika 12:09PM – 1:20PM Yama 9:46AM – 10:58AM Rahu 2:31PM – 3:43PM	Jyeshtha* Until 3:02AM Wed Shula* Until 11:54AM Visti Until 10:19AM Chaturdashi* Until 9:49PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:24AM Sunset: 4:54PM	Sun 12 Sutra 254 Vikarin 5121 Moon 12 - Phase 35 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga		Day 4 of Pancha Ganapati						

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA		
Retreat Star		Dhanus Rasi: 1.34	Tithi 30	883523465	Gulika 10:58AM – 12:09PM Yama 8:35AM – 9:47AM Rahu 12:09PM – 1:21PM	Mula* Until 3:19AM Thu Ganda* Until 10:02AM Catuspada Until 9:29AM Amavasya* Until 9:14PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 7:24AM Sunset: 4:54PM	Sun 13 Sutra 255 Vikarin 5121 Moon 12 - Phase 35 Amavasya	Devaloka Day
Routine Work Marana Yoga Until 3:19AM Thu Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati								

Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA				
Retreat Star		Dhanus Rasi: 14.47	Tithi 1	883523466	Gulika 9:47AM – 10:58AM Yama 7:25AM – 8:36AM Rahu 1:21PM – 2:32PM	Purvashadha* Until 3:59AM Fri Vriddhi Until 8:34AM Kintughna Until 9:09AM Prathama* Until 9:10PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 7:25AM Sunset: 4:55PM	Sun 14 Sutra 256 Vikarin 5121 Moon 12 - Phase 35 Prathama	Devaloka Day
Creative Work Siddha Yoga Until 3:59AM Fri Then Routine Work - Marana Yoga		Annular Solar Eclipse								

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
Dhanus Rasi: 27.44	Tithi 2	Gulika 8:36AM – 9:48AM	Uttarashadha Until 5:04AM Sat	Ganesha: Orange	<i>Sunrise:</i> 7:25AM	Sun 15	Sutra 257	Vikarin 5121
		Yama 2:33PM – 3:44PM	Dhruva Until 7:31AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM			Moon 12 - Phase 36
		883523466 Rahu 10:59AM – 12:10PM	Balava Until 9:22AM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:42PM	Moon – Light Blue				Devaloka Day
Until 5:04AM Sat				Pausha-Markali				
Then Creative Work - Siddha Yoga								

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
Makara Rasi: 10.23	Tithi 3	Gulika 7:25AM – 8:37AM	Shravana Until 7:02AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:25AM	Sun 16	Sutra 258	Vikarin 5121
		Yama 1:22PM – 2:34PM	Vyaghata* Until 6:56AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM			Moon 12 - Phase 36
		893523466 Rahu 9:48AM – 10:59AM	Taitila Until 10:12AM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:49PM	Moon – Purple				Devaloka Day
Until 7:02AM Sun				Pausha-Markali				
Then Routine Work - Marana Yoga								

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA
Makara Rasi: 22.47	Tithi 4	Gulika 2:34PM – 3:46PM	Shravana Until 7:02AM	Ganesha: Clear	<i>Sunrise:</i> 7:25AM	Sun 17	Sutra 259	Vikarin 5121
		Yama 12:11PM – 1:23PM	Harshana Until 6:48AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM			Moon 12 - Phase 36
		893523466 Rahu 3:46PM – 4:57PM	Vanija Until 11:37AM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 12:29AM Mon	Moon – Purple				Devaloka Day
Until 7:02AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
Kumbha Rasi: 4.59	Tithi 5	Gulika 1:23PM – 2:35PM	Dhanishtha Until 9:20AM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	Sun 18	Sutra 260	Vikarin 5121
Family Home Evening		Yama 11:00AM – 12:12PM	Vajra* Until 7:03AM	Muruqa: Clear	<i>Sunset:</i> 4:58PM			Moon 12 - Phase 36
		893523466 Rahu 8:37AM – 9:49AM	Bava Until 1:31PM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:36AM Tue	Moon – Purple				Devaloka Day
				Pausha-Markali				

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA
Kumbha Rasi: 17	Tithi 6	Gulika 12:12PM – 1:24PM	Shatabhishak Until 11:50AM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	Sun 19	Sutra 261	Vikarin 5121
		Yama 9:49AM – 11:01AM	Siddhi Until 7:36AM	Muruqa: Clear	<i>Sunset:</i> 4:59PM			Moon 12 - Phase 36
		893523466 Rahu 2:35PM – 3:47PM	Kaulava Until 3:48PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 5:01AM Wed	Moon – Purple				Devaloka Day
				Pausha-Markali				

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Gara Karana Saptamyam Titau				St. Helena, CA
Kumbha Rasi: 28.55	Tithi 7	Gulika 11:01AM – 12:13PM	Purvaproshtapada* Until 2:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:26AM	Sun 20	Sutra 262	Vikarin 5121
		Yama 8:38AM – 9:50AM	Vyatipata* Until 8:21AM	Muruqa: Clear	<i>Sunset:</i> 5:00PM			Moon 12 - Phase 36
		813623466 Rahu 12:13PM – 1:25PM	Gara Until 6:17PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Saptami Until 7:31AM Thu	Moon – Clear				Bhuloka Day
Until 2:54PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

☾		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
Meena Rasi: 10.48	Tithi 7 – 8	Gulika 9:50AM – 11:02AM	Uttaraproshtapada Until 5:48PM	Ganesha: Blue	<i>Sunrise:</i> 7:26AM	Sun 21	Sutra 263	Vikarin 5121
		Yama 7:26AM – 8:38AM	Variyan Until 9:08AM	Muruqa: Clear	<i>Sunset:</i> 5:01PM			Moon 12 - Phase 36
		813623466 Rahu 1:26PM – 2:37PM	Visti Until 8:46PM	Nataraja: Orange				Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:31AM	Moon – Clear				Bhuloka Day
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM

☾		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
Meena Rasi: 22.43	Tithi 8 – 9	Gulika 8:38AM – 9:50AM	Revati Until 8:23PM	Ganesha: Blue	<i>Sunrise:</i> 7:26AM	Sun 22	Sutra 264	Vikarin 5121
		Yama 2:38PM – 3:50PM	Parigha* Until 9:51AM	Muruqa: Clear	<i>Sunset:</i> 5:02PM			Moon 12 - Phase 36
		813623466 Rahu 11:02AM – 12:14PM	Balava Until 11:02PM	Nataraja: Orange				Navami
Creative Work	Siddha Yoga		Ashtami* Until 9:55AM	Moon – Clear				Bhuloka Day
Until 8:23PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	St. Helena, CA Sun 23 Sutra 265 Vikarin 5121
Mesha Rasi: 4.44	Tithi 9 – 10	Gulika 7:26AM – 8:38AM	Ashvini Until 10:54PM	Ganesha: Yellow <i>Sunrise:</i> 7:26AM	
		Yama 1:27PM – 2:39PM	Shiva Until 10:21AM	Muruqa: Clear <i>Sunset:</i> 5:03PM	Moon 12 - Phase 37
	823623466	Rahu 9:51AM – 11:03AM	Taitila Until 12:54AM Sun	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga		Navami* Until 12:01PM	Moon – White	Devaloka Day
				Pausha-Markali	

2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	St. Helena, CA Sun 24 Sutra 266 Vikarin 5121
Mesha Rasi: 16.57	Tithi 10 – 11	Gulika 2:39PM – 3:52PM	Bharani Until 12:44AM Mon	Ganesha: Yellow <i>Sunrise:</i> 7:26AM	
		Yama 12:15PM – 1:27PM	Siddha Until 10:27AM	Muruqa: Clear <i>Sunset:</i> 5:04PM	Moon 12 - Phase 37
	823623466	Rahu 3:52PM – 5:04PM	Vanija Until 2:11AM Mon	Nataraja: Orange	4th Phase
Routine Work	Prabalarishta Yoga		Dashami Until 1:36PM	Moon – White	Devaloka Day
Until 12:44AM Mon		Subramuniyaswami Jayanti		Pausha-Markali	
Then Routine Work - Marana Yoga					

3		Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	St. Helena, CA Sun 25 Sutra 267 Vikarin 5121
Mesha Rasi: 29.25	Tithi 11 – 12	Gulika 1:28PM – 2:40PM	Krittika Until 1:45AM Tue	Ganesha: Yellow <i>Sunrise:</i> 7:26AM	
Family Home Evening		Yama 11:03AM – 12:16PM	Sadhya Until 10:06AM	Muruqa: Clear <i>Sunset:</i> 5:05PM	Moon 12 - Phase 37
	823623466	Rahu 8:39AM – 9:51AM	Bava Until 2:47AM Tue	Nataraja: Orange	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 2:33PM	Moon – White	Devaloka Day
Until 1:45AM Tue				Pausha-Markali	
Then Creative Work - Amrita Yoga					

4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	St. Helena, CA Sun 26 Sutra 268 Vikarin 5121
Virshabha Rasi: 12.11	Tithi 12 – 13	Gulika 12:16PM – 1:28PM	Rohini Until 2:22AM Wed	Ganesha: White <i>Sunrise:</i> 7:26AM	
		Yama 9:51AM – 11:04AM	Subha Until 9:13AM	Muruqa: Clear <i>Sunset:</i> 5:06PM	Moon 12 - Phase 37
	833623466	Rahu 2:41PM – 3:53PM	Kaulava Until 2:38AM Wed	Nataraja: Orange	4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 2:47PM	Moon – Yellow	Bhuloka Day
Until 2:22AM Wed				Pausha-Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					
				<i>Pradosha Vrata</i>	

5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	St. Helena, CA Sun 27 Sutra 269 Vikarin 5121
Virshabha Rasi: 25.2	Tithi 13 – 14	Gulika 11:04AM – 12:16PM	Mrigashira Until 2:09AM Thu	Ganesha: White <i>Sunrise:</i> 7:26AM	
		Yama 8:39AM – 9:51AM	Sukla Until 7:44AM	Muruqa: Clear <i>Sunset:</i> 5:06PM	Moon 12 - Phase 37
	833623466	Rahu 12:16PM – 1:29PM	Gara Until 1:48AM Thu	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:17PM	Moon – Yellow	Bhuloka Day
Until 2:09AM Thu				Pausha-Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	St. Helena, CA Sutra 270 Vikarin 5121
Mithuna Rasi: 8.51	Tithi 14 – 15	Gulika 9:51AM – 11:04AM	Ardra Until 1:10AM Fri	Ganesha: Yellow <i>Sunrise:</i> 7:26AM	
		Yama 7:26AM – 8:39AM	Indra Until 3:16AM Fri	Muruqa: Clear <i>Sunset:</i> 5:07PM	Moon 12 - Phase 37
	834623466	Rahu 1:29PM – 2:42PM	Visti Until 12:19AM Fri	Nataraja: Orange	Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 1:07PM	Moon – Yellow	Devaloka Day
Until 1:10AM Fri		Ardra Darshanam		Pausha-Markali	
Then Creative Work - Siddha Yoga					

Friday, January 10, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	St. Helena, CA Sutra 271 Vikarin 5121
Mithuna Rasi: 22.43	Tithi 15 – 16	Gulika 8:39AM – 9:52AM	Punarvasu Until 11:59PM	Ganesha: White <i>Sunrise:</i> 7:26AM	
		Yama 2:43PM – 3:56PM	Vaidhriti* Until 12:22AM Sat	Muruqa: Clear <i>Sunset:</i> 5:08PM	Moon 12 - Phase 37
	844623466	Rahu 11:04AM – 12:17PM	Balava Until 10:20PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Purnima* Until 11:22AM	Moon – Blue	Sivaloka Day
Until 11:59PM		Penumbra Lunar Eclipse		Pausha-Markali	
Then Routine Work - Marana Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Saturday, January 11, 2020

Gold Retreat Star

Kataka Rasi: 6.54 Tithi 16 – 17

844623466

Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika
Yama
Rahu

7:26AM – 8:39AM
1:31PM – 2:44PM
9:52AM – 11:05AM

Pushya Until 10:17PM
Vishkambha* Until 9:12PM
Taitila Until 7:58PM
Prathama* Until 9:10AM

Ganesha: White *Sunrise:* 7:26AM
Muruqa: Clear *Sunset:* 5:09PM
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sivaloka Day

St. Helena, CA
Sutra 272
Vikarin 5121
Moon 1 - Phase 38
1st Phase

1

Sunday, January 12, 2020

Kataka Rasi: 21.19 Tithi 17 – 18

844623466

Creative Work Siddha Yoga
Until 8:13PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Gulika
Yama
Rahu

2:44PM – 3:57PM
12:18PM – 1:31PM
3:57PM – 5:10PM

Ashlesha* Until 8:13PM
Priti Until 5:51PM
Visti Until 3:59AM Mon
Dvitiya Until 6:40AM

Ganesha: White *Sunrise:* 7:25AM
Muruqa: Clear *Sunset:* 5:10PM
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sivaloka Day

St. Helena, CA
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

2

Monday, January 13, 2020

Simha Rasi: 5.5 Tithi 19

854623466

Family Home Evening
Routine Work Marana Yoga
Until 6:21PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturtham Titau

Gulika
Yama
Rahu

1:32PM – 2:45PM
11:05AM – 12:18PM
8:38AM – 9:52AM

Magha* Until 6:21PM
Ayushman Until 2:24PM
Bava Until 2:39PM
Chaturthi* Until 1:16AM Tue

Ganesha: Clear *Sunrise:* 7:25AM
Muruqa: Clear *Sunset:* 5:11PM
Nataraja: Orange
Moon – Red
Pausha-Markali

Devaloka Day

St. Helena, CA
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

3

Tuesday, January 14, 2020

Simha Rasi: 20.23 Tithi 20

854623466

Creative Work Siddha Yoga
Until 4:23PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika
Yama
Rahu

12:19PM – 1:32PM
9:52AM – 11:05AM
2:46PM – 3:59PM

Thai Pongal

Purvaphalguni Until 4:23PM
Saubhagya Until 10:58AM
Kaulava Until 11:57AM
Panchami Until 10:38PM

Ganesha: Clear *Sunrise:* 7:25AM
Muruqa: Clear *Sunset:* 5:13PM
Nataraja: Orange
Moon – Red
Pausha-Thai

Devaloka Day

St. Helena, CA
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

4

Wednesday, January 15, 2020

Kanya Rasi: 4.51 Tithi 21

854623466

Creative Work Amrita Yoga
Until 2:26PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika
Yama
Rahu

11:05AM – 12:19PM
8:38AM – 9:52AM
12:19PM – 1:33PM

Uttaraphalguni Until 2:26PM
Sobhana Until 7:40AM
Gara Until 9:24AM
Shashthi* Until 8:11PM

Ganesha: Clear *Sunrise:* 7:25AM
Muruqa: Clear *Sunset:* 5:14PM
Nataraja: Orange
Moon – Red
Pausha-Thai

Devaloka Day

St. Helena, CA
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

5

Thursday, January 16, 2020

Kanya Rasi: 19.11 Tithi 22 – 23

864623466

Routine Work Marana Yoga
Until 1:00PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika
Yama
Rahu

9:52AM – 11:06AM
7:24AM – 8:38AM
1:33PM – 2:47PM

Hasta Until 1:00PM
Sukarma Until 1:35AM Fri
Visti Until 7:04AM
Saptami Until 5:59PM

Ganesha: Purple *Sunrise:* 7:24AM
Muruqa: Clear *Sunset:* 5:15PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

St. Helena, CA
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

D

Friday, January 17, 2020

Retreat Star

Tula Rasi: 3.19 Tithi 23 – 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika
Yama
Rahu

8:38AM – 9:52AM
2:48PM – 4:02PM
11:06AM – 12:20PM

Chitra Until 11:43AM
Dhriti Until 10:56PM
Taitila Until 3:19AM Sat
Ashtami* Until 4:06PM

Ganesha: Purple *Sunrise:* 7:24AM
Muruqa: Clear *Sunset:* 5:16PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

St. Helena, CA
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 17.14 Tithi 24 – 25

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika
Yama
Rahu

7:23AM – 8:37AM
1:34PM – 2:48PM
9:52AM – 11:06AM

Svati Until 10:39AM
Shula* Until 8:33PM
Vanija Until 1:58AM Sun
Navami* Until 2:35PM

Ganesha: Purple *Sunrise:* 7:23AM
Muruqa: Clear *Sunset:* 5:17PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

St. Helena, CA
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Wrischika Rasi: 0.56	Tithi 25 – 26	Gulika	2:49PM – 4:04PM	Vishakha Until 10:14AM	Ganesha: Clear	Sun 8 Sutra 280
			Yama	12:20PM – 1:35PM	Ganda* Until 6:30PM	Muruqa: Clear	Vikarin 5121
	Routine Work	Marana Yoga	874623466 Rahu	4:04PM – 5:18PM	Bava Until 1:01AM Mon	Nataraja: Orange	Moon 1 - Phase 39 2nd Phase
				Dashami Until 1:26PM	Moon – Orange	Devaloka Day	
					Pausha*Thai		

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Wrischika Rasi: 14.25	Tithi 26 – 27	Gulika	1:35PM – 2:50PM	Anuradha Until 10:02AM	Ganesha: Clear	Sun 9 Sutra 281
	Family Home Evening		Yama	11:06AM – 12:21PM	Vriddhi Until 4:45PM	Muruqa: Clear	Vikarin 5121
	Creative Work	Siddha Yoga	874623466 Rahu	8:37AM – 9:51AM	Kaulava Until 12:27AM Tue	Nataraja: Orange	Moon 1 - Phase 39 2nd Phase
				Ekadashi* Until 12:40PM	Moon – Orange	Devaloka Day	
					Pausha*Thai		

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Wrischika Rasi: 27.4	Tithi 27 – 28	Gulika	12:21PM – 1:36PM	Jyeshtha* Until 10:05AM	Ganesha: Purple	Sun 10 Sutra 282
			Yama	9:51AM – 11:06AM	Dhruva Until 3:17PM	Muruqa: Clear	Vikarin 5121
	Routine Work	Marana Yoga	875623466 Rahu	2:51PM – 4:05PM	Gara Until 12:18AM Wed	Nataraja: Orange	Moon 1 - Phase 39 2nd Phase
				Dvadashi* Until 12:18PM	Moon – Orange	Bhuloka Day	
					Pausha*Thai	Devaloka Time: 3:PM to 6:PM	
					<i>Pradosha Vrata (Fasting)</i>		

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Dhanus Rasi: 10.43	Tithi 28 – 29	Gulika	11:06AM – 12:21PM	Mula* Until 10:51AM	Ganesha: Light Blue	Sun 11 Sutra 283
			Yama	8:36AM – 9:51AM	Vyaghata* Until 2:10PM	Muruqa: Clear	Vikarin 5121
	Routine Work	Marana Yoga	885623466 Rahu	12:21PM – 1:36PM	Visti Until 12:34AM Thu	Nataraja: Orange	Moon 1 - Phase 39 2nd Phase
				Trayodashi* Until 12:21PM	Moon – Light Blue	Bhuloka Day	
					Pausha*Thai	Devaloka Time: 3:PM to 6:PM	

	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
	Retreat Star		Gulika	9:51AM – 11:06AM	Purvashadha* Until 11:51AM	Ganesha: Light Blue	Sun 12 Sutra 284
	Dhanus Rasi: 23.33	Tithi 29 – 30	Yama	7:21AM – 8:36AM	Harshana Until 1:23PM	Muruqa: Clear	Vikarin 5121
	Creative Work	Siddha Yoga	885623466 Rahu	1:37PM – 2:52PM	Catuspada Until 1:15AM Fri	Nataraja: Orange	Moon 1 - Phase 39 Amavasya
				Chaturdashi* Until 12:50PM	Moon – Light Blue	Bhuloka Day	
					Pausha*Thai	Devaloka Time: 3:PM to 6:PM	

Retreat Star	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
	Retreat Star		Gulika	8:35AM – 9:51AM	Uttarashadha Until 1:07PM	Ganesha: Light Blue	Sun 13 Sutra 285
	Makara Rasi: 6.11	Tithi 30 – 1	Yama	2:53PM – 4:08PM	Vajra* Until 12:54PM	Muruqa: Clear	Vikarin 5121
	Routine Work	Marana Yoga	885623466 Rahu	11:06AM – 12:22PM	Kintughna Until 2:23AM Sat	Nataraja: Orange	Moon 1 - Phase 39 Prathama
				Amavasya* Until 1:44PM	Moon – Light Blue	Bhuloka Day	
					Magha*Thai	Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Saturday, January 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA
	Makara Rasi: 18.38	Tithi 1 – 2	995623466	Gulika 7:19AM – 8:35AM Yama 1:38PM – 2:53PM Rahu 9:51AM – 11:06AM	Shravana Until 3:08PM Siddhi Until 12:46PM Balava Until 3:56AM Sun Prathama* Until 3:05PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 14 Sutra 286 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA
	Kumbha Rasi: 0.55	Tithi 2 – 3	995723466	Gulika 2:54PM – 4:10PM Yama 12:22PM – 1:38PM Rahu 4:10PM – 5:26PM	Dhanishtha Until 5:21PM Vyatipata* Until 12:57PM Taitila Until 5:52AM Mon Dvitiya Until 4:50PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 15 Sutra 287 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga				Devaloka Day	
	Until 5:21PM	Then Creative Work - Siddha Yoga					

3	Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Gara Karana Tritiyayam Titau				St. Helena, CA
	Kumbha Rasi: 13.01	Tithi 3	995723466	Gulika 1:38PM – 2:55PM Yama 11:06AM – 12:22PM Rahu 8:34AM – 9:50AM	Shatabhishak Until 7:45PM Variyan Until 1:23PM Gara Until 6:56PM Tritiya Until 6:56PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 16 Sutra 288 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				Devaloka Day	
	Until 7:45PM	Then Routine Work - Marana Yoga					

4	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA
	Kumbha Rasi: 25.01	Tithi 4	915723466	Gulika 12:22PM – 1:39PM Yama 9:50AM – 11:06AM Rahu 2:55PM – 4:12PM	Purvaproshtapada* Until 10:44PM Parigha* Until 2:02PM Vanija Until 8:06AM Chaturthi* Until 9:18PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 17 Sutra 289 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga				Sivaloka Day	
	Until 10:44PM	Then Creative Work - Amrita Yoga					

5	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
	Meena Rasi: 6.55	Tithi 5	915723466	Gulika 11:06AM – 12:23PM Yama 8:33AM – 9:49AM Rahu 12:23PM – 1:39PM	Uttaraproshtapada Until 1:41AM Thu Shiva Until 2:51PM Bava Until 10:34AM Panchami Until 11:49PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 18 Sutra 290 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				Sivaloka Day	

6	Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA
	Meena Rasi: 18.47	Tithi 6	916723466	Gulika 9:49AM – 11:06AM Yama 7:15AM – 8:32AM Rahu 1:40PM – 2:57PM	Revati Until 4:26AM Fri Siddha Until 3:40PM Kaulava Until 1:06PM Shashthi* Until 2:19AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 19 Sutra 291 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				Devaloka Day	
	Until 4:26AM Fri	Then Creative Work - Amrita Yoga					

Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA
Retreat Star		926723466	Gulika 8:32AM – 9:49AM Yama 2:57PM – 4:14PM Rahu 11:06AM – 12:23PM	Ashvini Until 7:20AM Sat Sadhya Until 4:25PM Gara Until 3:32PM Saptami Until 4:38AM Sat	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sun 20 Sutra 292 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
Creative Work	Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 7:20AM Sat	Then Creative Work - Siddha Yoga					

☾	Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA
	Retreat Star		926723466	Gulika 7:15AM – 8:32AM Yama 1:40PM – 2:57PM Rahu 9:49AM – 11:06AM	Ashvini Until 7:20AM Subha Until 4:57PM Visti Until 5:40PM Ashtami* Until 6:32AM Sun	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sun 21 Sutra 293 Vikarin 5121 Moon 1 - Phase 40 Ashtami
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
Retreat Star		926723466	Gulika 2:58PM – 4:15PM Yama 12:23PM – 1:40PM Rahu 4:15PM – 5:33PM	Bharani Until 9:39AM Sukla Until 5:05PM Balava Until 7:18PM Ashtami* Until 6:32AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sun 22 Sutra 294 Vikarin 5121 Moon 1 - Phase 40 Navami
Routine Work	Prabalarishta Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 9:39AM	Then Creative Work - Siddha Yoga					

Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				St. Helena, CA Sun 23 Sutra 295 Vikarin 5121
1		Gulika 1:41PM – 2:58PM	Krittika Until 11:12AM	Ganesha: Green	<i>Sunrise:</i> 7:13AM	
Vrishabha Rasi: 7.11	Tithi 9 – 10	Yama 11:06AM – 12:23PM	Brahma Until 4:42PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41
Family Home Evening	926723467	Rahu 8:30AM – 9:48AM	Taitila Until 8:13PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Navami* Until 7:50AM	Moon – White		Bhuloka Day
Until 11:12AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 296 Vikarin 5121
2		Gulika 12:23PM – 1:41PM	Rohini Until 12:20PM	Ganesha: Red	<i>Sunrise:</i> 7:12AM	
Vrishabha Rasi: 19.54	Tithi 10 – 11	Yama 9:48AM – 11:05AM	Indra Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 41
	936723467	Rahu 2:59PM – 4:17PM	Vanija Until 8:19PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Dashami Until 8:21AM	Moon – Yellow		Devaloka Day
Until 12:20PM				Magha-Thai		
Then Creative Work - Siddha Yoga						

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 297 Vikarin 5121
3		Gulika 11:05AM – 12:23PM	Mrigashira Until 12:29PM	Ganesha: Red	<i>Sunrise:</i> 7:11AM	
Mithuna Rasi: 3.02	Tithi 11 – 12	Yama 8:29AM – 9:47AM	Vaidhriti* Until 2:05PM	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41
	936723467	Rahu 12:23PM – 1:42PM	Bava Until 7:35PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 8:02AM	Moon – Yellow		Devaloka Day
				Magha-Thai		

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 298 Vikarin 5121
4		Gulika 9:47AM – 11:05AM	Ardra Until 11:41AM	Ganesha: Red	<i>Sunrise:</i> 7:10AM	
Mithuna Rasi: 16.37	Tithi 12 – 13	Yama 7:10AM – 8:28AM	Vishkambha* Until 11:48AM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41
	936723467	Rahu 1:42PM – 3:00PM	Kaulava Until 6:03PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dvadashi Until 6:54AM	Moon – Yellow		Devaloka Day
Until 11:41AM				Magha-Thai		
Then Creative Work - Amrita Yoga						

Pradosha Vrata

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 299 Vikarin 5121
5		Gulika 8:28AM – 9:46AM	Punarvasu Until 10:28AM	Ganesha: Blue	<i>Sunrise:</i> 7:09AM	
Kataka Rasi: 0.4	Tithi 14	Yama 3:01PM – 4:20PM	Priti Until 8:57AM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 41
	947723467	Rahu 11:05AM – 12:24PM	Gara Until 3:50PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 2:29AM Sat	Moon – Blue		Bhuloka Day
Until 10:28AM		Thai Pusam		Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA Sutra 300 Vikarin 5121
○		Gulika 7:08AM – 8:27AM	Pushya Until 8:31AM	Ganesha: Blue	<i>Sunrise:</i> 7:08AM	
Kataka Rasi: 15.07	Tithi 15	Yama 1:43PM – 3:01PM	Saubhagya Until 1:54AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41
	947723467	Rahu 9:46AM – 11:05AM	Visti Until 1:03PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga			Purnima* Until 11:30PM	Moon – Blue		Bhuloka Day
Until 8:31AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA Sutra 301 Vikarin 5121
○		Gulika 3:02PM – 4:21PM	Ashlesha* Until 6:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:07AM	
Kataka Rasi: 29.53	Tithi 16	Yama 12:24PM – 1:43PM	Sobhana Until 9:59PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 41
	947723467	Rahu 4:21PM – 5:40PM	Balava Until 9:54AM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 8:13PM	Moon – Blue		Bhuloka Day
Until 6:01AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 14.51 Tithi 17 – 18
Family Home Evening 957723467
Creative Work Siddha Yoga
Until 12:52AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda/Sukarma Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA
Sun 1 Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 1:43PM – 3:03PM
Yama 11:04AM – 12:24PM
Rahu 8:25AM – 9:45AM
Purvaphalguni Until 12:52AM Tue
Athiganda* Until 5:56PM
Taitila Until 6:31AM
Dvitiya Until 4:47PM
Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon – Red
Magha+Thai

Sunrise: 7:06AM
Sunset: 5:42PM
Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 29.52 Tithi 18 – 19
957723467
Creative Work Amrita Yoga
Until 10:08PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA
Sun 2 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 12:24PM – 1:43PM
Yama 9:44AM – 11:04AM
Rahu 3:03PM – 4:23PM
Uttaraphalguni Until 10:08PM
Sukarma Until 1:57PM
Bava Until 11:47PM
Tritiya Until 1:24PM
Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon – Red
Magha+Thai

Sunrise: 7:05AM
Sunset: 5:43PM
Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 14.46 Tithi 19 – 20
967723467
Routine Work Marana Yoga
Until 7:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA
Sun 3 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 11:04AM – 12:24PM
Yama 8:24AM – 9:44AM
Rahu 12:24PM – 1:44PM
Hasta Until 7:56PM
Dhriti Until 10:07AM
Kaulava Until 8:43PM
Chaturthi* Until 10:11AM
Ganesha: Green
Muruqa: Clear
Nataraja: Clear
Moon – Green
Magha+Thai

Sunrise: 7:04AM
Sunset: 5:44PM
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 29.26 Tithi 20 – 21
968723467
Creative Work Siddha Yoga
Until 5:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA
Sun 4 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 9:43AM – 11:03AM
Yama 7:02AM – 8:23AM
Rahu 1:44PM – 3:04PM
Chitra Until 5:58PM
Shula* Until 6:32AM
Gara Until 6:03PM
Panchami Until 7:19AM
Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Green
Magha+Masi

Sunrise: 7:02AM
Sunset: 5:45PM
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 13.49 Tithi 22
968723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vriddhi Yoga Visti/Bava Karana Saptamyam Titau

St. Helena, CA
Sun 5 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Gulika 8:22AM – 9:42AM
Yama 3:05PM – 4:25PM
Rahu 11:03AM – 12:24PM
Svati Until 4:23PM
Vriddhi Until 12:35AM Sat
Visti Until 3:54PM
Saptami Until 3:01AM Sat
Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Green
Magha+Masi

Sunrise: 7:01AM
Sunset: 5:46PM
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 27.48 Tithi 23
978723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA
Sun 6 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Gulika 7:00AM – 8:21AM
Yama 1:44PM – 3:05PM
Rahu 9:42AM – 11:03AM
Vishakha Until 3:39PM
Dhruva Until 10:17PM
Balava Until 2:19PM
Ashtami* Until 1:44AM Sun
Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon – Orange
Magha+Masi

Sunrise: 7:00AM
Sunset: 5:47PM
Devaloka Day

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 11.26 Tithi 24
978723467
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA
Sun 7 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Gulika 3:06PM – 4:27PM
Yama 12:24PM – 1:45PM
Rahu 4:27PM – 5:48PM
Anuradha Until 3:23PM
Vyaghata* Until 8:30PM
Taitila Until 1:22PM
Navami* Until 1:06AM Mon
Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon – Orange
Magha+Masi

Sunrise: 6:59AM
Sunset: 5:48PM
Devaloka Day

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau	St. Helena, CA Sun 8 Sutra 309 Vikarin 5121
Vrischika Rasi: 24.42	Tithi 25	Gulika 1:45PM – 3:06PM	Jyeshtha* Until 3:33PM	Ganesha: Clear <i>Sunrise:</i> 6:58AM	
Family Home Evening	978723467	Yama 11:02AM – 12:23PM	Harshana Until 7:12PM	Muruqa: Clear <i>Sunset:</i> 5:49PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 8:19AM – 9:41AM	Vanija Until 1:01PM	Nataraja: Clear	2nd Phase
			Dashami Until 1:03AM Tue	Moon – Orange	Devaloka Day
				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	St. Helena, CA Sun 9 Sutra 310 Vikarin 5121
Dhanus Rasi: 7.41	Tithi 26	Gulika 12:23PM – 1:45PM	Mula* Until 4:36PM	Ganesha: Purple <i>Sunrise:</i> 6:55AM	
	988723467	Yama 9:40AM – 11:02AM	Vajra* Until 6:19PM	Muruqa: Clear <i>Sunset:</i> 5:50PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 3:07PM – 4:29PM	Bava Until 1:16PM	Nataraja: Clear	2nd Phase
Until 4:36PM			Ekadashi* Until 1:34AM Wed	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Dvadashyam Titau	St. Helena, CA Sun 10 Sutra 311 Vikarin 5121
Dhanus Rasi: 20.23	Tithi 27	Gulika 11:01AM – 12:23PM	Purvashadha* Until 5:58PM	Ganesha: Purple <i>Sunrise:</i> 6:55AM	
	988723467	Yama 8:17AM – 9:39AM	Siddhi Until 5:49PM	Muruqa: Clear <i>Sunset:</i> 5:51PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 12:23PM – 1:45PM	Kaulava Until 2:01PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 2:32AM Thu	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	St. Helena, CA Sun 11 Sutra 312 Vikarin 5121
Makara Rasi: 2.54	Tithi 28	Gulika 9:39AM – 11:01AM	Uttarashadha Until 7:35PM	Ganesha: Purple <i>Sunrise:</i> 6:54AM	
	989823467	Yama 6:54AM – 8:16AM	Vyatipata* Until 5:40PM	Muruqa: Clear <i>Sunset:</i> 5:53PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 1:46PM – 3:08PM	Gara Until 3:12PM	Nataraja: Clear	2nd Phase
Until 7:35PM			Trayodashi* Until 3:55AM Fri	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata (Fasting)</i>		

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	St. Helena, CA Sun 12 Sutra 313 Vikarin 5121
Makara Rasi: 15.14	Tithi 29	Gulika 8:15AM – 9:38AM	Shravana Until 9:52PM	Ganesha: Light Blue <i>Sunrise:</i> 6:53AM	
	999823467	Yama 3:08PM – 4:31PM	Variyan Until 5:45PM	Muruqa: Clear <i>Sunset:</i> 5:54PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 11:00AM – 12:23PM	Visti Until 4:45PM	Nataraja: Clear	2nd Phase
Until 9:52PM			Chaturdashi* Until 5:37AM Sat	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

Retreat Star		Saturday, February 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada* Karana Amavasyayam Titau	St. Helena, CA Sun 13 Sutra 314 Vikarin 5121
Makara Rasi: 27.26	Tithi 30	Gulika 6:51AM – 8:14AM	Dhanishtha Until 12:16AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:51AM	
	999823467	Yama 1:46PM – 3:09PM	Parigha* Until 6:04PM	Muruqa: Clear <i>Sunset:</i> 5:55PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 9:37AM – 11:00AM	Catuspada Until 6:36PM	Nataraja: Clear	Amavasya
			Amavasya* Until 7:36AM Sun	Moon – Purple	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	St. Helena, CA Sun 14 Sutra 315 Vikarin 5121
Kumbha Rasi: 9.32	Tithi 30 – 1	Gulika 3:09PM – 4:33PM	Shatabhishak Until 2:43AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:50AM	
	999823467	Yama 12:23PM – 1:46PM	Shiva Until 6:36PM	Muruqa: Clear <i>Sunset:</i> 5:56PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 4:33PM – 5:56PM	Kintughna Until 8:42PM	Nataraja: Clear	Prathama
Until 2:43AM Mon			Amavasya* Until 7:36AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 21.32 Family Home Evening Routine Work Marana Yoga Until 5:41AM Tue Then Creative Work - Amrita Yoga	Tithi 1 – 2 919823467	Gulika 1:46PM – 3:10PM Yama 10:59AM – 12:23PM Rahu 8:12AM – 9:36AM	Purvaproshtapada* Until 5:41AM Tue Siddha Until 7:15PM Balava Until 11:00PM Prathama* Until 9:48AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:49AM Sunset: 5:57PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 317 Vikarin 5121
2	Meena Rasi: 3.29 Creative Work Amrita Yoga Until 8:36AM Wed Then Routine Work - Marana Yoga	Tithi 2 – 3 919823467	Gulika 12:23PM – 1:46PM Yama 9:35AM – 10:59AM Rahu 3:10PM – 4:34PM	Uttaraproshtapada Until 8:36AM Wed Sadhya Until 8:02PM Taitila Until 1:27AM Wed Dvitiya Until 12:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:47AM Sunset: 5:58PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				St. Helena, CA Sun 17 Sutra 318 Vikarin 5121
3	Meena Rasi: 15.22 Creative Work Siddha Yoga Until 8:36AM Then Routine Work - Marana Yoga	Tithi 3 – 4 919823467	Gulika 10:58AM – 12:22PM Yama 8:10AM – 9:34AM Rahu 12:22PM – 1:46PM	Uttaraproshtapada Until 8:36AM Subha Until 8:55PM Vanija Until 3:58AM Thu Tritiya Until 2:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:46AM Sunset: 5:59PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA Sun 18 Sutra 319 Vikarin 5121
4	Meena Rasi: 27.14 Creative Work Siddha Yoga Until 11:25AM Then Creative Work - Amrita Yoga	Tithi 4 – 5 919823467	Gulika 9:33AM – 10:58AM Yama 6:44AM – 8:09AM Rahu 1:47PM – 3:11PM	Revati Until 11:25AM Sukla Until 9:45PM Bava Until 6:27AM Fri Chaturthi* Until 5:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:44AM Sunset: 6:00PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 19 Sutra 320 Vikarin 5121
5	Mesha Rasi: 9.07 Creative Work Amrita Yoga Until 2:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	Gulika 8:08AM – 9:33AM Yama 3:11PM – 4:36PM Rahu 10:57AM – 12:22PM	Ashvini Until 2:29PM Brahma Until 10:31PM Bava Until 6:27AM Panchami Until 7:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:43AM Sunset: 6:01PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA Sun 20 Sutra 321 Vikarin 5121
6	Mesha Rasi: 21.03 Creative Work Siddha Yoga Until 5:10PM Then Creative Work - Amrita Yoga	Tithi 6 921823467	Gulika 6:42AM – 8:07AM Yama 1:47PM – 3:12PM Rahu 9:32AM – 10:57AM	Bharani Until 5:10PM Indra Until 11:05PM Kaulava Until 8:45AM Shashthi* Until 9:45PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:42AM Sunset: 6:02PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA Sun 21 Sutra 322 Vikarin 5121
Retreat Star						
7	Vrishabha Rasi: 3.08 Creative Work Siddha Yoga	Tithi 7 921833467	Gulika 3:13PM – 4:38PM Yama 12:21PM – 1:47PM Rahu 4:38PM – 6:04PM	Krittika Until 7:16PM Vaidhriti* Until 11:14PM Gara Until 10:41AM Saptami Until 11:25PM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:39AM Sunset: 6:04PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 22 Sutra 323 Vikarin 5121
Retreat Star						
8	Vrishabha Rasi: 15.26 Family Home Evening Creative Work Amrita Yoga	Tithi 8 931833467	Gulika 1:47PM – 3:13PM Yama 10:55AM – 12:21PM Rahu 8:03AM – 9:29AM	Rohini Until 9:04PM Vishkambha* Until 10:54PM Visti Until 12:01PM Ashtami* Until 12:23AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:37AM Sunset: 6:05PM Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 23 Sutra 324 Vikarin 5121
Retreat Star						
9	Vrishabha Rasi: 28.04 Creative Work Siddha Yoga Until 9:55PM Then Routine Work - Marana Yoga	Tithi 9 931833467	Gulika 12:21PM – 1:47PM Yama 9:28AM – 10:55AM Rahu 3:14PM – 4:40PM	Mrigashira Until 9:55PM Priti Until 9:57PM Balava Until 12:36PM Navami* Until 12:33AM Wed	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:36AM Sunset: 6:06PM Moon 2 - Phase 44 Navami Devaloka Day


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
			Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 325
	Mithuna Rasi: 11.05	Tithi 10	Gulika 10:54AM – 12:21PM	Ardra Until 9:47PM	Ganesha: Red	<i>Sunrise:</i> 6:34AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 8:01AM – 9:28AM	Ayushman Until 8:18PM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
		131833467 Rahu 12:21PM – 1:47PM	Taitila Until 12:19PM	Nataraja: Clear		4th Phase	
			Dashami Until 11:49PM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
			Punarvasu Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 326
	Mithuna Rasi: 24.35	Tithi 11	Gulika 9:27AM – 10:54AM	Punarvasu Until 9:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Vikarin 5121
	Creative Work	Amrita Yoga	Yama 6:33AM – 8:00AM	Saubhagya Until 5:58PM	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45
		141833467 Rahu 1:47PM – 3:14PM	Vanija Until 11:09AM	Nataraja: Clear		4th Phase	
			Ekadashi Until 10:14PM	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
			Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 26 Sutra 327
	Kataka Rasi: 8.35	Tithi 12	Gulika 7:59AM – 9:26AM	Pushya Until 7:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama 3:15PM – 4:42PM	Sobhana Until 3:00PM	Muruqa: Orange	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 45
		141833467 Rahu 10:53AM – 12:20PM	Bava Until 9:10AM	Nataraja: Clear		4th Phase	
			Dvadashi Until 7:53PM	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
			Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 328
	Kataka Rasi: 23.04	Tithi 13 – 14	Gulika 6:30AM – 7:58AM	Ashlesha* Until 5:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama 1:48PM – 3:15PM	Athiganda* Until 11:29AM	Muruqa: Orange	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 45
		141833467 Rahu 9:25AM – 10:53AM	Kaulava Until 6:29AM	Nataraja: Clear		4th Phase	
			Trayodashi Until 4:54PM	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>			

	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
			Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 329
	Simha Rasi: 7.56	Tithi 14 – 15	Gulika 3:15PM – 4:43PM	Magha* Until 2:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama 12:20PM – 1:48PM	Sukarma Until 7:34AM	Muruqa: Orange	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 45
		151833467 Rahu 4:43PM – 6:11PM	Visti Until 11:38PM	Nataraja: Clear		Purnima	
			Chaturdashi* Until 1:27PM	Moon – Red		Devaloka Day	
				Phalguna-Masi			
				Chidambaram Abhishekam			
				Holi			

Monday, March 9, 2020	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				St. Helena, CA
			Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 330
	Simha Rasi: 23.07	Tithi 15 – 16	Gulika 1:48PM – 3:16PM	Purvaphalguni Until 11:34AM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Vikarin 5121
	Family Home Evening		Yama 10:51AM – 12:20PM	Shula* Until 11:01PM	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45
		152833467 Rahu 7:55AM – 9:23AM	Balava Until 7:49PM	Nataraja: Clear		Prathama	
			Purnima* Until 9:43AM	Moon – Red		Sivaloka Day	
				Phalguna-Masi			



Tuesday, March 10, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA
Sutra 331

Kanya Rasi: 8.23 Tithi 17

152833467

Gulika 12:19PM – 1:48PM
Yama 9:22AM – 10:51AM
Rahu 3:16PM – 4:45PM

Uttaraphalguni Until 8:22AM
Ganda* Until 6:41PM
Taitila Until 3:59PM
Dvitiya Until 2:06AM Wed

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Orange *Sunset:* 6:13PM
Nataraja: Clear
Moon – Red
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga
Until 8:22AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, March 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA
Sun 1 Sutra 332

Kanya Rasi: 23.37 Tithi 18

162833467

Gulika 10:50AM – 12:19PM
Yama 7:53AM – 9:21AM
Rahu 12:19PM – 1:48PM

Chitra Until 2:49AM Thu
Vriddhi Until 2:31PM
Vanija Until 12:18PM
Tritiya Until 10:33PM

Ganesha: Clear *Sunrise:* 6:24AM
Muruqa: Orange *Sunset:* 6:14PM
Nataraja: Clear
Moon – Green
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga
Until 2:49AM Thu
Then Creative Work - Amrita Yoga

Devaloka Day

2

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA
Sun 2 Sutra 333

Tula Rasi: 8.38 Tithi 19

162833467

Gulika 9:21AM – 10:50AM
Yama 6:22AM – 7:52AM
Rahu 1:48PM – 3:17PM

Svati Until 12:24AM Fri
Dhruva Until 10:36AM
Bava Until 8:57AM
Chaturthi* Until 7:25PM

Ganesha: Clear *Sunrise:* 6:22AM
Muruqa: Orange *Sunset:* 6:15PM
Nataraja: Clear
Moon – Green
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga
Until 12:24AM Fri
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA
Sun 3 Sutra 334

Tula Rasi: 23.17 Tithi 20 – 21

172833467

Gulika 7:50AM – 9:20AM
Yama 3:17PM – 4:47PM
Rahu 10:49AM – 12:18PM

Vishakha Until 10:51PM
Vyaghata* Until 7:06AM
Kaulava Until 6:04AM
Panchami Until 4:50PM

Ganesha: Purple *Sunrise:* 6:21AM
Muruqa: Orange *Sunset:* 6:16PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga
Then Creative Work - Siddha Yoga

Sivaloka Day

Karadaiyan Nombu (Tamil Nadu)

4

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA
Sun 4 Sutra 335

Vrischika Rasi: 7.31 Tithi 21 – 22

172833468

Gulika 6:19AM – 7:49AM
Yama 1:48PM – 3:17PM
Rahu 9:19AM – 10:48AM

Anuradha Until 9:52PM
Vajra* Until 1:44AM Sun
Visti Until 2:17AM Sun
Shashthi* Until 2:56PM

Ganesha: Purple *Sunrise:* 6:19AM
Muruqa: Orange *Sunset:* 6:17PM
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

5

Sunday, March 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA
Sun 5 Sutra 336

Vrischika Rasi: 21.16 Tithi 22 – 23

172933468

Gulika 3:18PM – 4:48PM
Yama 12:18PM – 1:48PM
Rahu 4:48PM – 6:18PM

Jyeshtha* Until 9:31PM
Siddhi Until 11:58PM
Balava Until 1:33AM Mon
Saptami Until 1:48PM

Ganesha: Clear *Sunrise:* 6:18AM
Muruqa: Orange *Sunset:* 6:18PM
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
Ashtami

Routine Work Marana Yoga
Until 9:31PM
Then Creative Work - Amrita Yoga

Sivaloka Day

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA
Sun 6 Sutra 337

Dhanus Rasi: 4.34 Tithi 23 – 24

182933468

Gulika 1:48PM – 3:18PM
Yama 10:47AM – 12:18PM
Rahu 7:47AM – 9:17AM

Mula* Until 10:13PM
Vyatipata* Until 10:50PM
Taitila Until 1:36AM Tue
Ashtami* Until 1:28PM

Ganesha: Purple *Sunrise:* 6:16AM
Muruqa: Orange *Sunset:* 6:19PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 46
Navami

Family Home Evening
Creative Work Siddha Yoga
Until 10:13PM
Then Routine Work - Marana Yoga

Devaloka Day

1		Tuesday, March 17, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		St. Helena, CA Sun 7 Sutra 338	
Dhanus Rasi: 17.28	Tithi 24 – 25	182933468	Gulika 12:17PM – 1:48PM Yama 9:16AM – 10:47AM Rahu 3:19PM – 4:49PM	Purvashadha* Until 11:29PM Variyan Until 10:14PM Vanija Until 2:21AM Wed Navami* Until 1:52PM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 6:15AM Sunset: 6:20PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 11:29PM Then Routine Work - Prabararishta Yoga							

2		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 8 Sutra 339	
Makara Rasi: 0.02	Tithi 25 – 26	182933468	Gulika 10:46AM – 12:17PM Yama 7:44AM – 9:15AM Rahu 12:17PM – 1:48PM	Uttarashadha Until 1:10AM Thu Parigha* Until 10:07PM Bava Until 3:42AM Thu Dashami Until 2:57PM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 6:13AM Sunset: 6:21PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 1:10AM Thu Then Creative Work - Siddha Yoga							

3		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 9 Sutra 340	
Makara Rasi: 12.22	Tithi 26 – 27	192933468	Gulika 9:14AM – 10:45AM Yama 6:12AM – 7:43AM Rahu 1:48PM – 3:19PM	Shravana Until 3:37AM Fri Shiva Until 10:23PM Kaulava Until 5:30AM Fri Ekadashi* Until 4:32PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:12AM Sunset: 6:22PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Siddha Yoga							

4		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taitila Karana Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 341	
Makara Rasi: 24.31	Tithi 27	192933468	Gulika 7:42AM – 9:13AM Yama 3:19PM – 4:51PM Rahu 10:45AM – 12:16PM	Dhanishtha Until 6:12AM Sat Siddha Until 10:53PM Taitila Until 6:29PM Dvadashi* Until 6:29PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:10AM Sunset: 6:23PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:12AM Sat Then Creative Work - Amrita Yoga							

5		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 342	
Kumbha Rasi: 6.34	Tithi 28	192933468	Gulika 6:09AM – 7:40AM Yama 1:48PM – 3:20PM Rahu 9:12AM – 10:44AM	Dhanishtha Until 6:12AM Sadhya Until 11:34PM Gara Until 7:36AM Trayodashi* Until 8:42PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:09AM Sunset: 6:24PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:12AM Then Creative Work - Amrita Yoga							

6		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 343	
Kumbha Rasi: 18.31	Tithi 29	193933468	Gulika 3:20PM – 4:52PM Yama 12:16PM – 1:48PM Rahu 4:52PM – 6:24PM	Shatabhishak Until 8:48AM Subha Until 12:22AM Mon Visti Until 9:53AM Chaturdashi* Until 11:03PM	Ganesha: White Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:07AM Sunset: 6:24PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

●		Monday, March 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 344			
Retreat Star		Meena Rasi: 0.25 Family Home Evening Routine Work Marana Yoga Until 11:51AM Then Creative Work - Siddha Yoga		113933468	Gulika 1:48PM – 3:20PM Yama 10:43AM – 12:15PM Rahu 7:38AM – 9:10AM	Purvaproshtapada* Until 11:51AM Sukla Until 1:12AM Tue Catuspada Until 12:17PM Amavasya* Until 1:28AM Tue	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Phalguna-Panguni	Sunrise: 6:06AM Sunset: 6:25PM	Vikarin 5121 Moon 3 - Phase 47 Amavasya Sivaloka Day

Retreat Star		Tuesday, March 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Helena, CA Sun 14 Sutra 345		
Meena Rasi: 12.18 Tithi 1 Creative Work Amrita Yoga Until 2:47PM Then Creative Work - Siddha Yoga		113933468		Gulika 12:15PM – 1:48PM Yama 9:10AM – 10:42AM Rahu 3:21PM – 4:54PM Yugadhi	Uttaraproshtapada Until 2:47PM Brahma Until 2:04AM Wed Kintughna Until 2:43PM Prathama* Until 3:55AM Wed	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Chaitra-Panguni	Sunrise: 6:04AM Sunset: 6:26PM	Vikarin 5121 Moon 3 - Phase 47 Prathama Sivaloka Day

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		St. Helena, CA Sun 15 Sutra 346	
Meena Rasi: 24.11	Tithi 2	Gulika 10:42AM – 12:15PM	Revati Until 5:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:02AM		Vikarin 5121
		Yama 7:36AM – 9:09AM	Indra Until 2:55AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:27PM		Moon 3 - Phase 48
113933468	Rahu 12:15PM – 1:48PM		Balava Until 5:10PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:21AM Thu	Moon – Clear		Sivaloka Day	
				Chaitra•Panguni			

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Helena, CA Sun 16 Sutra 347	
Mesha Rasi: 6.04	Tithi 2 – 3	Gulika 9:08AM – 10:41AM	Ashvini Until 8:36PM	Ganesha: Red	<i>Sunrise:</i> 6:01AM		Vikarin 5121
		Yama 6:01AM – 7:34AM	Vaidhriti* Until 3:41AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:28PM		Moon 3 - Phase 48
123933468	Rahu 1:48PM – 3:21PM		Taitila Until 7:33PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 6:21AM	Moon – White		Sivaloka Day	
Until 8:36PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Helena, CA Sun 17 Sutra 348	
Mesha Rasi: 18	Tithi 3 – 4	Gulika 7:33AM – 9:07AM	Bharani Until 11:19PM	Ganesha: Red	<i>Sunrise:</i> 5:59AM		Vikarin 5121
		Yama 3:22PM – 4:55PM	Vishkambha* Until 4:20AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:29PM		Moon 3 - Phase 48
123933468	Rahu 10:41AM – 12:14PM		Vanija Until 9:47PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:40AM	Moon – White		Sivaloka Day	
				Chaitra•Panguni			

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 18 Sutra 349	
Vrishabha Rasi: 0	Tithi 4 – 5	Gulika 5:58AM – 7:32AM	Krittika Until 1:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:58AM		Vikarin 5121
		Yama 1:48PM – 3:22PM	Priti Until 4:46AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:30PM		Moon 3 - Phase 48
123933468	Rahu 9:06AM – 10:40AM		Bava Until 11:44PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:47AM	Moon – White		Sivaloka Day	
Until 1:37AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Helena, CA Sun 19 Sutra 350	
Vrishabha Rasi: 12.08	Tithi 5 – 6	Gulika 3:22PM – 4:57PM	Rohini Until 3:50AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:56AM		Vikarin 5121
		Yama 12:14PM – 1:48PM	Ayushman Until 4:50AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:31PM		Moon 3 - Phase 48
123933468	Rahu 4:57PM – 6:31PM		Kaulava Until 1:16AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 12:33PM	Moon – Yellow		Subha Sivaloka Day	
Until 3:50AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Helena, CA Sun 20 Sutra 351	
Vrishabha Rasi: 24.27	Tithi 6 – 7	Gulika 1:48PM – 3:23PM	Mrigashira Until 5:17AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:55AM		Vikarin 5121
Family Home Evening		Yama 10:39AM – 12:13PM	Saubhagya Until 4:26AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:32PM		Moon 3 - Phase 48
123933468	Rahu 7:29AM – 9:04AM		Gara Until 2:13AM Tue	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 1:49PM	Moon – Yellow		Subha Sivaloka Day	
Until 5:17AM Tue				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 352	
Mithuna Rasi: 7.02	Tithi 7 – 8	Gulika 12:13PM – 1:48PM	Ardra Until 5:53AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:53AM		Vikarin 5121
		Yama 9:03AM – 10:38AM	Sobhana Until 3:29AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:33PM		Moon 3 - Phase 48
123933468	Rahu 3:23PM – 4:58PM		Visti Until 2:26AM Wed	Nataraja: Purple			Ashtami
Routine Work	Marana Yoga		Saptami Until 2:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 5:53AM Wed				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Helena, CA Sun 22 Sutra 353	
Mithuna Rasi: 19.58	Tithi 8 – 9	Gulika 10:38AM – 12:13PM	Punarvasu Until 5:59AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:53AM		Vikarin 5121
		Yama 7:28AM – 9:03AM	Athiganda* Until 1:52AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:33PM		Moon 3 - Phase 48
123933468	Rahu 12:13PM – 1:48PM		Balava Until 1:51AM Thu	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Ashtami* Until 2:14PM	Moon – Yellow		Subha Sivaloka Day	
Until 5:59AM Thu		Sri Rama Navami		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Thursday, April 2, 2020 Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam St. Helena, CA
Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 354

Kataka Rasi: 3.2 Tithi 9 – 10 143933468	Gulika 9:02AM – 10:37AM	Pushya Until 5:08AM Fri	Ganesha: Yellow <i>Sunrise: 5:52AM</i>	Vikarin 5121
	Yama 5:52AM – 7:27AM	Sukarma Until 11:37PM	Muruqa: Orange <i>Sunset: 6:34PM</i>	Moon 3 - Phase 49
	Rahu 1:48PM – 3:23PM	Taitila Until 12:26AM Fri	Nataraja: Purple	4th Phase

Creative Work Amrita Yoga
Until 5:08AM Fri
Then Routine Work - Marana Yoga

Sivaloka Day
Chaitra•Panguni

2 Friday, April 3, 2020 Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam St. Helena, CA
Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 355

Kataka Rasi: 17.1 Tithi 10 – 11 143933468	Gulika 7:26AM – 9:01AM	Ashlesha* Until 3:24AM Sat	Ganesha: Yellow <i>Sunrise: 5:50AM</i>	Vikarin 5121
	Yama 3:24PM – 4:59PM	Dhriti Until 8:46PM	Muruqa: Orange <i>Sunset: 6:35PM</i>	Moon 3 - Phase 49
	Rahu 10:37AM – 12:12PM	Vanija Until 10:15PM	Nataraja: Purple	4th Phase

Routine Work Marana Yoga
Until 3:24AM Sat
Then Creative Work - Amrita Yoga

Sivaloka Day
Chaitra•Panguni

3 Saturday, April 4, 2020 Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam St. Helena, CA
Magha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 356

Simha Rasi: 1.29 Tithi 11 – 12 153933468	Gulika 5:49AM – 7:25AM	Magha* Until 1:19AM Sun	Ganesha: White <i>Sunrise: 5:49AM</i>	Vikarin 5121
	Yama 1:48PM – 3:24PM	Shula* Until 5:20PM	Muruqa: Orange <i>Sunset: 6:36PM</i>	Moon 3 - Phase 49
	Rahu 9:00AM – 10:36AM	Bava Until 7:25PM	Nataraja: Purple	4th Phase

Creative Work Amrita Yoga
Until 1:19AM Sun
Then Creative Work - Siddha Yoga

Subha Sivaloka Day
Chaitra•Panguni

4 Sunday, April 5, 2020 Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam St. Helena, CA
Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 357

Simha Rasi: 16.13 Tithi 13 153933468	Gulika 3:24PM – 5:00PM	Purvaphalguni Until 10:38PM	Ganesha: White <i>Sunrise: 5:47AM</i>	Vikarin 5121
	Yama 12:12PM – 1:48PM	Ganda* Until 1:29PM	Muruqa: Orange <i>Sunset: 6:37PM</i>	Moon 3 - Phase 49
	Rahu 5:00PM – 6:37PM	Kaulava Until 4:05PM	Nataraja: Purple	4th Phase

Creative Work Siddha Yoga
Until 10:38PM
Then Creative Work - Amrita Yoga

Subha Sivaloka Day
Chaitra•Panguni

Pradosha Vrata

5 Monday, April 6, 2020 Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam St. Helena, CA
Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 358

Kanya Rasi: 1.19 Tithi 14 154933468	Gulika 1:48PM – 3:25PM	Uttaraphalguni Until 7:32PM	Ganesha: Clear <i>Sunrise: 5:46AM</i>	Vikarin 5121
	Yama 10:35AM – 12:12PM	Vridhhi Until 9:21AM	Muruqa: Orange <i>Sunset: 6:38PM</i>	Moon 3 - Phase 49
	Rahu 7:22AM – 8:59AM	Gara Until 12:23PM	Nataraja: Purple	4th Phase

Creative Work Siddha Yoga

Sivaloka Day
Chaitra•Panguni

○ Tuesday, April 7, 2020 Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam St. Helena, CA
Copper Retreat Star Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau Sun 28 Sutra 359

Kanya Rasi: 16.35 Tithi 15 164934468	Gulika 12:11PM – 1:48PM	Hasta Until 4:34PM	Ganesha: Purple <i>Sunrise: 5:44AM</i>	Vikarin 5121
	Yama 8:58AM – 10:35AM	Vyaghata* Until 12:40AM Wed	Muruqa: Clear <i>Sunset: 6:39PM</i>	Moon 3 - Phase 49
	Rahu 3:25PM – 5:02PM	Visti Until 8:31AM	Nataraja: Purple	Purnima

Creative Work Siddha Yoga

Devaloka Day
Chaitra•Panguni

Panguni Uttiram
Hanuman Jayanti

Wednesday, April 8, 2020 Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam St. Helena, CA
Silver Retreat Star Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau Sun 29 Sutra 360

Tula Rasi: 1.52 Tithi 16 – 17 164934468	Gulika 10:34AM – 12:11PM	Chitra Until 1:33PM	Ganesha: Purple <i>Sunrise: 5:43AM</i>	Vikarin 5121
	Yama 7:20AM – 8:57AM	Harshana Until 8:27PM	Muruqa: Clear <i>Sunset: 6:39PM</i>	Moon 3 - Phase 49
	Rahu 12:11PM – 1:48PM	Taitila Until 12:57AM Thu	Nataraja: Purple	Prathama

Creative Work Siddha Yoga

Devaloka Day
Chaitra•Panguni

Prathama* **Until 2:45PM**



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 17 Tithi 17 - 18
164134468
Creative Work Amrita Yoga
Until 10:39AM
Then Creative Work - Siddha Yoga

Gulika 8:56AM - 10:33AM
Yama 5:41AM - 7:19AM
Rahu 1:48PM - 3:26PM

Svati Until 10:39AM
Vajra* Until 4:28PM
Vanija Until 9:36PM
Dvitiya Until 11:12AM

Ganesha: White *Sunrise:* 5:41AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Purple
Moon - Green
Chaitra•Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipata* Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

St. Helena, CA
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 1.5 Tithi 18 - 19
174134468
Creative Work Siddha Yoga

Gulika 7:17AM - 8:55AM
Yama 3:26PM - 5:04PM
Rahu 10:33AM - 12:10PM

Vishakha Until 8:27AM
Siddhi Until 12:54PM
Bava Until 6:46PM
Tritiya Until 8:06AM

Ganesha: Yellow *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Purple
Moon - Orange
Chaitra•Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 16.14 Tithi 20
174134468
Creative Work Siddha Yoga

Gulika 5:38AM - 7:16AM
Yama 1:48PM - 3:26PM
Rahu 8:54AM - 10:32AM

Anuradha Until 6:43AM
Vyatipata* Until 9:51AM
Kaulava Until 4:36PM
Panchami Until 3:47AM Sun

Ganesha: Yellow *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon - Orange
Chaitra•Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 0.1 Tithi 21
184134468
Creative Work Amrita Yoga
Until 5:31AM Mon
Then Routine Work - Marana Yoga

Gulika 3:27PM - 5:05PM
Yama 12:10PM - 1:48PM
Rahu 5:05PM - 6:43PM

Mula* Until 5:31AM Mon
Varyan Until 7:23AM
Gara Until 3:12PM
Shashthi* Until 2:48AM Mon

Ganesha: Blue *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Panguni

Devaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

St. Helena, CA
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 13.35 Tithi 22
184134468
Family Home Evening
Routine Work Marana Yoga
Until 6:09AM Tue
Then Routine Work - Prabalarishta Yoga

Gulika 1:48PM - 3:27PM
Yama 10:31AM - 12:10PM
Rahu 7:14AM - 8:53AM

Tamil New Year

Purvashadha* Until 6:09AM Tue
Shiva Until 4:30AM Tue
Visti Until 2:39PM
Saptami Until 2:41AM Tue

Ganesha: Blue *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:44PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Devaloka Day

●

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 26.35 Tithi 23
284134468
Creative Work Siddha Yoga
Until 6:09AM
Then Routine Work - Prabalarishta Yoga

Gulika 12:09PM - 1:48PM
Yama 8:52AM - 10:31AM
Rahu 3:27PM - 5:06PM

Purvashadha* Until 6:09AM
Siddha Until 4:00AM Wed
Balava Until 2:57PM
Ashtami* Until 3:22AM Wed

Ganesha: Yellow *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 9.11 Tithi 24
284134468
Creative Work Amrita Yoga
Until 7:24AM
Then Creative Work - Siddha Yoga

Gulika 10:30AM - 12:09PM
Yama 7:12AM - 8:51AM
Rahu 12:09PM - 1:48PM

Chidambaram Abhishekam

Uttarashadha Until 7:24AM
Sadhya Until 4:02AM Thu
Taitila Until 3:59PM
Navami* Until 4:44AM Thu

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visiti* Karana Dashamyam Titau				St. Helena, CA
	Makara Rasi: 21.29	Tithi 25	Gulika 8:50AM – 10:30AM	Shravana Until 9:36AM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Sun 8 Sutra 4
			Yama 5:31AM – 7:11AM	Subha Until 4:30AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Sarvari 5122
	294134468	Rahu 1:48PM – 3:28PM		Vanija Until 5:38PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dashami Until 6:37AM Fri	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Visiti/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Kumbha Rasi: 3.35	Tithi 25 – 26	Gulika 7:09AM – 8:49AM	Dhanishtha Until 12:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Sun 9 Sutra 5
			Yama 3:28PM – 5:08PM	Sukla Until 5:12AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Sarvari 5122
	294134468	Rahu 10:29AM – 12:09PM		Bava Until 7:43PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dashami Until 6:37AM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Kumbha Rasi: 15.34	Tithi 26 – 27	Gulika 5:28AM – 7:08AM	Shatabhishak Until 2:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM	Sun 10 Sutra 6
			Yama 1:49PM – 3:29PM	Brahma Until 6:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Sarvari 5122
	295134468	Rahu 8:48AM – 10:28AM		Kaulava Until 10:03PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Amrita Yoga		Ekadashi* Until 8:51AM	Moon – Purple		2nd Phase	
Until 2:46PM				Chaitra+Chaitra		Sivaloka Day	
Then Routine Work - Marana Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Kumbha Rasi: 27.27	Tithi 27 – 28	Gulika 3:29PM – 5:09PM	Purvaproshtapada* Until 5:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Sun 11 Sutra 7
			Yama 12:08PM – 1:49PM	Brahma Until 6:04AM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Sarvari 5122
	215134468	Rahu 5:09PM – 6:50PM		Gara Until 12:30AM Mon	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dvadashi* Until 11:15AM	Moon – Clear		2nd Phase	
Until 5:53PM				Chaitra+Chaitra		Sivaloka Day	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Meena Rasi: 9.19	Tithi 28 – 29	Gulika 1:49PM – 3:29PM	Uttaraproshtapada Until 8:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sun 12 Sutra 8
			Yama 10:27AM – 12:08PM	Indra Until 7:00AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Sarvari 5122
	215134468	Rahu 7:06AM – 8:47AM		Visiti Until 2:56AM Tue	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Trayodashi* Until 1:42PM	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Sivaloka Day	

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
	Meena Rasi: 21.11	Tithi 29 – 30	Gulika 12:08PM – 1:49PM	Revati Until 11:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Sun 13 Sutra 9
			Yama 8:46AM – 10:27AM	Vaidhriti* Until 7:53AM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Sarvari 5122
	215134468	Rahu 3:30PM – 5:11PM		Catuspada Until 5:17AM Wed	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Chaturdashi* Until 4:06PM	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Sivaloka Day	

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga* Karana Amavasyayam Titau				St. Helena, CA
	Retreat Star		Gulika 10:26AM – 12:08PM	Ashvini Until 2:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:23AM	Sun 14 Sutra 10
	Mesha Rasi: 3.05	Tithi 30	Yama 7:04AM – 8:45AM	Vishkambha* Until 8:43AM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Sarvari 5122
	225134468	Rahu 12:08PM – 1:49PM		Naga Until 6:23PM	Nataraja: Purple		Moon 4 - Phase 1
Routine Work	Marana Yoga		Amavasya* Until 6:23PM	Moon – White		Amavasya	
Until 2:31AM Thu				Chaitra+Chaitra		Sivaloka Day	
Then Creative Work - Siddha Yoga							

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA
	Retreat Star		Gulika 8:45AM – 10:26AM	Bharani Until 5:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:22AM	Sun 15 Sutra 11
	Mesha Rasi: 15.04	Tithi 1	Yama 5:22AM – 7:03AM	Priti Until 9:27AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Sarvari 5122
	225134468	Rahu 1:49PM – 3:31PM		Kintughna Until 7:29AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Prathama* Until 8:29PM	Moon – White		Prathama	
				Vaisaka+Chaitra		Sivaloka Day	

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
Mesha Rasi: 27.06	Tithi 2	Gulika 7:02AM – 8:44AM	Krittika Until 7:16AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:20AM	Sun 16	Sutra 12	Sarvari 5122
		Yama 3:31PM – 5:13PM	Ayushman Until 9:59AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM			Moon 4 - Phase 2
		225134469 Rahu 10:26AM – 12:07PM	Balava Until 9:28AM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 10:21PM	Moon – White				Devaloka Day
Until 7:16AM Sat				Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga								

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
Shrabha Rasi: 9.16	Tithi 3	Gulika 5:19AM – 7:01AM	Krittika Until 7:16AM	Ganesha: Red	<i>Sunrise:</i> 5:19AM	Sun 17	Sutra 13	Sarvari 5122
		Yama 1:49PM – 3:31PM	Saubhagya Until 10:19AM	Muruqa: Clear	<i>Sunset:</i> 6:55PM			Moon 4 - Phase 2
		225134469 Rahu 8:43AM – 10:25AM	Taitila Until 11:11AM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 11:53PM	Moon – White				Devaloka Day
		Akshaya Tritiya		Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistil* Karana Chaturthyam Titau				St. Helena, CA
Shrabha Rasi: 21.33	Tithi 4	Gulika 3:32PM – 5:14PM	Rohini Until 9:26AM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	Sun 18	Sutra 14	Sarvari 5122
		Yama 12:07PM – 1:49PM	Sobhana Until 10:24AM	Muruqa: Clear	<i>Sunset:</i> 6:56PM			Moon 4 - Phase 2
		235134469 Rahu 5:14PM – 6:56PM	Vanija Until 12:32PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:02AM Mon	Moon – Yellow				Devaloka Day
				Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
Mithuna Rasi: 4.01	Tithi 5	Gulika 1:49PM – 3:32PM	Mrigashira Until 11:00AM	Ganesha: Blue	<i>Sunrise:</i> 5:16AM	Sun 19	Sutra 15	Sarvari 5122
Family Home Evening		Yama 10:24AM – 12:07PM	Athiganda* Until 10:07AM	Muruqa: Clear	<i>Sunset:</i> 6:57PM			Moon 4 - Phase 2
Creative Work	Amrita Yoga	236134469 Rahu 6:59AM – 8:42AM	Bava Until 1:27PM	Nataraja: Clear				3rd Phase
Until 11:00AM			Panchami Until 1:41AM Tue	Moon – Yellow				Bhuloka Day
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra				Devaloka Time: 3:PM to 6:PM

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA
Mithuna Rasi: 16.44	Tithi 6	Gulika 12:07PM – 1:50PM	Ardra Until 11:55AM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM	Sun 20	Sutra 16	Sarvari 5122
		Yama 8:41AM – 10:24AM	Sukarma Until 9:27AM	Muruqa: Clear	<i>Sunset:</i> 6:58PM			Moon 4 - Phase 2
		236134469 Rahu 3:32PM – 5:15PM	Kaulava Until 1:49PM	Nataraja: Clear				3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 1:45AM Wed	Moon – Yellow				Bhuloka Day
Until 11:55AM				Vaisaka-Chaitra				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				St. Helena, CA
Mithuna Rasi: 29.43	Tithi 7	Gulika 10:23AM – 12:07PM	Punarvasu Until 12:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM	Sun 21	Sutra 17	Sarvari 5122
		Yama 6:57AM – 8:40AM	Dhriti Until 8:19AM	Muruqa: Clear	<i>Sunset:</i> 6:59PM			Moon 4 - Phase 2
		246134469 Rahu 12:07PM – 1:50PM	Gara Until 1:34PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:11AM Thu	Moon – Blue				Devaloka Day
				Vaisaka-Chaitra				

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ashtamyam Titau				St. Helena, CA
Kataka Rasi: 13.03	Tithi 8	Gulika 8:40AM – 10:23AM	Pushya Until 12:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:13AM	Sun 22	Sutra 18	Sarvari 5122
		Yama 5:13AM – 6:56AM	Shula* Until 6:39AM	Muruqa: Clear	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 2
		246134469 Rahu 1:50PM – 3:33PM	Vistil Until 12:40PM	Nataraja: Clear				Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 11:57PM	Moon – Blue				Devaloka Day
Until 12:23PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA
Kataka Rasi: 26.46	Tithi 9	Gulika 6:54AM – 8:38AM	Ashlesha* Until 11:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Sun 23	Sutra 19	Sarvari 5122
		Yama 3:34PM – 5:18PM	Vriddhi Until 1:45AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 4 - Phase 2
		246134469 Rahu 10:22AM – 12:06PM	Balava Until 11:06AM	Nataraja: Clear				Navami
Routine Work	Marana Yoga		Navami* Until 10:04PM	Moon – Blue				Devaloka Day
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		St. Helena, CA Sun 24 Sutra 20	
Simha Rasi: 10.52	Tithi 10	Gulika 5:09AM – 6:54AM	Magha* Until 10:06AM	Ganesha: White	<i>Sunrise:</i> 5:09AM	Sarvari 5122			
		Yama 1:50PM – 3:35PM	Dhruva Until 10:34PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3			
		256134469 Rahu 8:38AM – 10:22AM	Taitila Until 8:55AM	Nataraja: Clear		4th Phase			
Creative Work	Amrita Yoga		Dashami Until 7:36PM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 10:06AM				Vaisaka*Chaitra					
Then Creative Work - Siddha Yoga									

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 21	
Simha Rasi: 25.21	Tithi 11 – 12	Gulika 3:35PM – 5:19PM	Purvaphalguni Until 8:08AM	Ganesha: White	<i>Sunrise:</i> 5:08AM	Sarvari 5122			
		Yama 12:06PM – 1:50PM	Vyaghata* Until 7:00PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 3			
		256134469 Rahu 5:19PM – 7:04PM	Vanija Until 6:11AM	Nataraja: Clear		4th Phase			
Creative Work	Siddha Yoga		Ekadashi Until 4:38PM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 8:08AM				Vaisaka*Chaitra					
Then Creative Work - Amrita Yoga									

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 22	
Kanya Rasi: 10.09	Tithi 12 – 13	Gulika 1:51PM – 3:35PM	Hasta Until 3:05AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:07AM	Sarvari 5122			
Family Home Evening		Yama 10:21AM – 12:06PM	Harshana Until 3:10PM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3			
		266234469 Rahu 6:52AM – 8:37AM	Kaulava Until 11:36PM	Nataraja: Clear		4th Phase			
Creative Work	Siddha Yoga		Dvadashi Until 1:20PM	Moon – Green		Sivaloka Day			
				Vaisaka*Chaitra					

Pradosha Vrata

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 23	
Kanya Rasi: 25.09	Tithi 13 – 14	Gulika 12:06PM – 1:51PM	Chitra Until 12:19AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:06AM	Sarvari 5122			
		Yama 8:36AM – 10:21AM	Vajra* Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3			
		267234469 Rahu 3:36PM – 5:21PM	Gara Until 8:02PM	Nataraja: Clear		4th Phase			
Creative Work	Siddha Yoga		Trayodashi Until 9:48AM	Moon – Green		Devaloka Day			
				Vaisaka*Chaitra					

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		St. Helena, CA Sun 24 Sutra 24	
Copper Retreat Star		Gulika 10:21AM – 12:06PM	Svati Until 9:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM	Sarvari 5122			
Tula Rasi: 10.13	Tithi 14 – 15	Yama 6:50AM – 8:35AM	Siddhi Until 7:06AM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3			
		267234469 Rahu 12:06PM – 1:51PM	Bava Until 2:45AM Thu	Nataraja: Clear		Purnima			
Creative Work	Siddha Yoga		Chaturdashi* Until 6:14AM	Moon – Green		Devaloka Day			
		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra					

Thursday, May 7, 2020		Silver Retreat Star				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		St. Helena, CA Sun 25 Sutra 25	
Tula Rasi: 25.13	Tithi 16	Gulika 8:35AM – 10:20AM	Vishakha Until 7:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	Sarvari 5122			
		Yama 5:04AM – 6:49AM	Variyan Until 11:25PM	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3			
		277234469 Rahu 1:51PM – 3:37PM	Balava Until 1:07PM	Nataraja: Clear		Prathama			
Creative Work	Siddha Yoga		Prathama* Until 11:33PM	Moon – Orange		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Vaisaka*Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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